



My Wish Charity (Registration Number 1049223)
Trustee's Annual Report and Accounts
for year ended 31 March 2024

My Wish Charity

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Foreword by the Chair of the Trustee of My Wish Charity

Welcome to our annual report for 2023/24. We are a Trustee body established as a separate legal identity from the West Suffolk NHS Foundation Trust ("The Trust") but work with them in partnership for the benefit of NHS patients and their families from West Suffolk and the surrounding area.

We exist to further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

Key highlights of our year:

- **Opening the Butterfly Garden which provides a tranquil space for end-of-life patients and their families.**
- **Fund a patient forum day for our patients being treated for cancer.**
- **Fund staff Schwartz rounds, which give staff a safe place to explore their feelings.**
- **Receiving the certificate of Recognition from the High Sheriff**
- **Partnering with Mowgli street food, who is supporting our paediatric areas.**
- **Hosting the charity Soapbox Race.**

Your donations made this work possible and your future donations are key to our continued success.

I would like to thank the volunteers who fundraise and help us, my fellow board members, and the volunteers who work alongside the professional staff of the Trust.

I hope that like me you will be inspired by our plans. If you would like to donate, details about how to do this are set out at the end of this report. Please support us, as every pound donated counts.



Name: Jude Chin, Chair of Trustee
Date: 10 December 2024

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Who We Are

My Wish Charity is an independent registered charity (registered number 1049223). We exist to raise funds and receive donations for the benefit of the patients of West Suffolk NHS Foundation Trust. By securing donations, legacies and sponsorship, My Wish Charity can provide the 'icing on the cake' to make a real difference for the patients, their families and the staff who look after them.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

Our mission

By raising new money and careful management of our existing funds, My Wish Charity is able to fund expenditure to seek to support the aims and objectives of West Suffolk NHS Foundation Trust and the organisations it works with 'To serve the patients and their families receiving services from the West Suffolk NHS Foundation Trust by funding facilities, equipment, training, education and to support associated healthcare and complimentary services for patients.'

Payments are made in accordance with charity law, our constitution and the wishes and directions of donors. In making payments, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2023/24, payments of £589k (including support costs) were made. Our future plans are to continue to raise our level of fundraising that will help us work with our NHS partner to transform the health prospects for patients in our community.

The directors of West Suffolk NHS Foundation Trust acting on behalf of the Corporate Trustee believe they have complied with their duty to have regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. This is demonstrated by our activities throughout the year.

What we have achieved: highlights from the activities undertaken in the year

Our key aim is to serve the NHS patients of West Suffolk Hospital, Newmarket Community Hospital and the community services that West Suffolk NHS Foundation Trust provides for the public benefit. By working with the NHS we assist patients of every walk in life, irrespective of race, creed, ethnicity or personal or family financial circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- **Enhancing the care our partner hospital can offer through new equipment and building improvements to deliver better facilities.**
- **Investment in people and in creating a caring environment for the patients receiving care, their families and visitors.**
- **Providing direct support to patients by way of information, networking support, better facilities.**

We do this through a range of programmes funded by you, our generous donors. Highlights from the main programmes undertaken in the year are detailed below to give you a wider understanding of the difference we can make together to patients today and in the future.

During that last year, sadly we are still in the recovery period of the Covid 19 pandemic, we continue to support staff, and patients. We would like to say a huge thank you to all of our amazing donors who continue to support us.

We have been able to continue to fund the Trust to employ extra staff members; and provide items and equipment to support them and their patients.

- A psychologist for staff support
- A counsellor for our patients being treated for cancer
- Fund Schwartz rounds for staff support
- Activity packs for our patients that have suffered a stroke
- Accuvein viewing devices for easier cannulation and blood taking
- Away days for our paediatric diabetic patients and their families
- Items for a comfort pack for our end of life patients loved ones
- CD players for the wards
- Vascular training aids for staff in the Emergency Department
- Exercise equipment for patient rehabilitation
- Make rooms that patients are given bad news in more of a calming environment
- Provide refreshments and provisions for a monthly wellbeing day for our patients being treated for cancer.
- A bladder scanner for Ward G5
- Toys in our community for play and rehabilitation.

The Charity once again has been extremely well-supported by our local community, and for this we are extremely grateful.



Years of fundraising has resulted in the opening of a special area for end-of-life patients to spend time with their loved ones.

The Butterfly Garden, at the West Suffolk Hospital, has been created thanks to funds raised by the My WiSH Charity.

An appeal was launched back in 2019 for the feature which culminated in £340,000 being collected.

Much of those funds have gone into the garden which took 16 weeks to complete and includes a glass-fronted retreat with furnishings, looking on to a garden with private seating areas, plants and shade, and a specialist wheelchair ... a perfect retreat for families and loved ones to catch up with patients coming towards the end of their life.

Volunteers have donated iconic items for the space, which is situated close to the hospital chapel, and there has been support from Neptune, in Bury St Edmunds, who donated the interior plans, materials and furnishings for the garden room.

Officially opened in September by Mark Pendlington, the High Sheriff of Suffolk, he said the feature created a “wonderful space”.

He said: “What you have created here is a very important and wonderful space and you have created this with a vision.

“It is going to be such value to so many people.

“You see this busy hospital around you and what you yearn for is just a space and this space is going to be such a wonderful asset to the hospital and the space that has been created is going to be so fantastic and help so many people.

“You just want a place of calm and tranquillity ... and the magic has happened.”

Sue Smith, My WiSH Charity head of fundraising, said seeing the garden finally open was “emotional”.

She said: “The hospital is a family and we have to work together very closely. We are humbled to be able to have this space here. You would never know you were in the middle of the hospital.

“It’s been a long journey and we’re so happy we are now able to offer this amazing facility.”

Visitors to the garden will be able to play, pets can visit and precious memories can be made at one of the most vulnerable times in life.

Sue added that the funds have been used for a variety of measures including comfort packs which contains essential items for people to stay beside the bed of their loved one, a palliative nurse, ready beds for family members to stay bedside and knitted bears to comfort patients.

The Butterfly Appeal is still open, with funds supporting end-of-life patients and their loved ones. For more information, go to www.mywishcharity.co.uk/appeals/butterfly-appeal



Tony Lawrence carried out a half marathon, where he beat his previous record time, and has taken part in a skydive. He even hoped to have taken part in a marathon in Brighton, but a broken foot injury kept him side-lined.

Despite the setback Tony managed to raise £1,273 which has been directed towards the Rainbow Ward at the West Suffolk Hospital, in Bury St Edmunds.

The 31-year-old truck co-ordinator, who works for XPO Logistics and lives in the town, clocked up 1 hour 54 minutes in the Cambridge Half marathon, held in March, and in June took part in a tandem skydive from 13,000ft at UK Parachuting, in Bungay, to raise the money.

Tony, who has been a keen supporter of the My WiSH Charity, which supports the West Suffolk NHS Foundation Trust and includes the West Suffolk Hospital as well as Newmarket Hospital and community services, has raised money for critical care back in 2018 in memory of his father, and his daughter Olivia-Rose walked two miles dressed as a robot during the Covid pandemic.

But his latest initiative came after the Rainbow Ward treated and cared for his two-year-old niece Daisy, who lives with her parents Jade and Karl, in Haughley.

He said: "During the summer last year Daisy was admitted to the Rainbow Ward with a mysterious kidney problem. Over the following six weeks they treated Daisy along with her mum and dad with such kindness and compassion.

"The staff there did everything possible to make Daisy's stay comfortable.

With Daisy being non verbal it was a struggle with her medication and treatment but they strived to make it as stress free and painless for Daisy as possible.

"During her stay they worked tirelessly to transfer Daisy to a kidney specialist ward at the Queen's Medical Centre, in Nottingham, for further treatment and investigation, in

conjunction with this they were working out a way to get Daisy's treatment to a point where Daisy could come home for her birthday, which they achieved.

"Both her mum and dad, along with the rest of the family, are extremely grateful to the wonderful staff and their relentless work on the Rainbow Ward."

Tony said he was delighted to beat his personal best of two hours for the half marathon and said the skydive was set to be the "first of many" more.

"I said to the parachute instructor that I wanted to get back into the plane," he said of the sky-high thrill.

And speaking of the work carried out by staff at the Rainbow Ward, Tony added: "They are just brilliant, and I wanted to raise money for the ward because of the way they treated Daisy and her parents."

And he had a final word of praise for My WiSH saying: "They are a fabulous cause to work for because you see where the money is going directly towards."

Sally Daniels, fundraising manager, thanked Tony for his amazing fundraising and said "Tony has raised over £4,500 to date for various areas that we support. We can't thank him enough; he faces each challenge with real gusto which is just fantastic. Thanks to all who donated to his cause".



Freemasons raised £1,000 for two hospital appeals following a special celebration event at Stowmarket Golf Club.

Ala Lodge held a ladies evening organised by Lin Cadby, the wife of the outgoing master Keith Cadby, with up to 70 people attending the event.

The money they raised has gone to the Charity directed towards the WiSH Upon a Star Children's appeal and the Forget Me Not Dementia appeal.

Those attending the event gave voluntary donations to the charity after envelopes were provided on every table.

Lin said a ladies evening is planned every year for the outgoing master of the Stowmarket-based lodge and this year's was the first one since the end of the Covid pandemic.

"My father had dementia so the Forget Me Not appeal was close to my heart while the WiSH Upon a Star appeal is for children.

"I was over the moon with the amount that we raised, and everybody had a good time.

"We had a lovely three-course meal, and the golf club were brilliant. It was a nice opportunity to do it and the people attending were very, very generous.

"Freemasons raise an awful lot of money for charity, and they are great charity fundraisers."

Tanya Fifield, fundraising officer, said: "Lin has done a wonderful job at making the ladies evening a success for My WiSH Charity. They have raised a fantastic amount for two of our worthy appeals."



Colin and Sue Pearce have been landlord and landlady at the Greyhound, in Ixworth, for the past 41 years.

And during that time they have helped to raise tens of thousands of pounds for charity.

Over the past seven years they have been responsible for raising nearly £40,000 for the My WiSH Charity.

From an exercise bike for the physio department to cots for babies in the maternity unit and training tools for the breast unit to a machine which helps children with asthma for the respiratory department ... these are just some of the items they have been responsible for funding.

Now their latest efforts have resulted in £8,795 being collected and handed over to the charity to help purchase a bladder scanner for the hospital in Bury St Edmunds.

Their bonds to the hospital are deep as Colin, who lost a leg over 10 years ago, was treated for a collapsed lung prior to the Covid outbreak and spent 18 days in the respiratory unit. Sue was also treated for breast cancer and their granddaughter was also cared for in the intensive care unit.

"We owe a lot to the hospital," said Colin. "And we are just helping to put something back so that everyone else can benefit from it."

Over the past 18 months they have held a series of events and fundraising initiatives at the pub which culminated in the grand total being raised.

They included quiz nights, crib league matches, bowls and darts matches against the village bowls club, a Christmas golf match and Christmas Carols.

Colin also chopped wood which was sold for kindling, there were also bucket collections, donations from customers along with sales from a book and puzzle shelf.

"We set our sights on trying to raise enough money for the bladder scanner and we were successful," said Colin.

“We started raising money for My WiSH when I lost my leg about 12 years ago and we bought some equipment for the rehab unit. We have an association with the charity and we always try and do our best to help them.”

Sally Daniels, fundraising manager, said: “Colin and Sue are just amazing. They are passionate about supporting us and have made such a difference over the years. We know they don’t do this alone so huge thanks too to all their friends and customers who support them with their fundraising.”

Sally continued: “We love to try and show what donations have bought and so it was really special to be able to introduce Colin and Sue to Ashley and Jonah. As staff they could explain what a difference having their own bladder scanner on the ward has made. We couldn’t be prouder to be The Greyhounds chosen charity.”



Running through the night and covering 100 kilometres in 16 hours has led to James Seager raising £575.

The 46-year-old father of three from Lawshall took on the challenge at Nowton Park, clocking up a total of 40 loops of the Parkrun route.

James completed the 62 miles, amounting to 20 Parkruns, running from 5.30pm through to 9.30am the following morning.

The money raised has gone to the charity, with it being directed towards the maternity ward at the hospital.

James, a member of the St Edmunds Pacers, decided to carry out the feat to repay the wonderful care and attention his 40-year-old wife Hayley received when giving birth to their daughter Bella.

"I just wanted to do something to give something back to the hospital and raise money to help the staff and ensure everyone received the same care my wife and Bella received whilst in their care," James said.

"They were absolutely brilliant from the beginning to the end."

He said his daughter's birth was complex and at times dangerous and there were "life threatening" moments for the baby whose heart rate dropped.

It was hoped that Hayley, who had given birth to twin boys Bobbie and Jack, now 11 years old, was going to have a natural birth but it was decided that she would have a caesarean section as it was feared Bella may have the umbilical cord round her neck.

The delivery of the 8lb 4oz baby was a success.

"Bella had got herself into a little pickle with the cord being wrapped twice round her leg but I am pleased to say she was delivered safely," said James.

"The outcome was brilliant but it could have been different if it was not for the staff, so we wanted to raise money for the ward."

His twin boys joined him on the first and final laps of the run and he paid tribute to his support team and thanked West Suffolk Council for keeping the park open for him during the night.

Bella, who was born on 8 March, is doing fine and her birth completed a full house of the twins along with mum all being born at the hospital.

Tanya Fifield, fundraising officer, saw James off on his run and again the following morning as he completed the mammoth challenge. She said: "I am in awe of James, what a fantastic achievement.

"To run 62 miles is one thing but to do it overnight and on a loop of the same route is something else. We can't thank James and his supporters enough for helping us support the maternity services".



Dean and Melissa Davis have had to ride a roller coaster of emotions over the past five years.

For the couple, along with their three other children Archie, 16, Daisy Mae, 14, and Poppy Rae, 12, have had to deal with the trauma of younger daughter and sister Harper having a life-threatening illness.

There were times when they thought they were going to lose the eight-year-old but she has bravely fought through her illness.

Harper's life changed in 2018 while on a family holiday in Norfolk when she contracted E-coli and a rare secondary infection called hemolytic uremic syndrome which affected her kidneys and bowel.

The family's lives were turned upside down on their return home to Haverhill when the Westfield Primary Academy pupil's health deteriorated and she was taken to the West Suffolk Hospital, in Bury St Edmunds. Within 24 to 36 hours, she was transferred to a specialist unit at Nottingham Queen's Hospital.

There then began numerous round trips northwards for 48-year-old Dean and his 43-year-old wife as Harper was being treated. During this time she had a kidney transplant with the organ donated by Dean's 58-year-old sister Donna Davis, who lives in Dorset.

To add to Harper's problems, she also developed type 1 diabetes because of the infection.

"We were terrified that we could have lost our daughter," said Dean, a physical trainer who runs Kedington Fitness Centre. "I consider how lucky we are to have her here."

Beside Dean, James Willett, Dan Plumber, Karen Boxall, and Donna and Daisy Mai Brown, along with support drivers Simon Miller and Adam Thompson, who are all members of the

fitness centre, walked 106 miles from the Nottingham hospital to Haverhill and raised a huge £7,000 which was split between My Wish and Nottingham Hospital.

“It’s a route that my family have completed back and forth for surgery and care. We raised funds for the hospital which saved her life and continues to treat and support her, also our local diabetes clinic at West Suffolk Hospital as due to the infection my daughter is now Type 1 so needs care and support for this.”

“Harper has got her own scars and trauma and gets flashbacks all the time, but every day is a miracle that we see her,” he added.

Tanya Fifield, fundraising officer, supported Dean and his team and said “ Supporting Dean and his team has been the most emotional fundraising challenge that I have been a part of. I witnessed first hand the challenges of the three day trek via his social media, and was delighted to see them at the finish line to be able to show our immense gratitude.”



Infusions Group, the company behind the ICE restaurant in Rougham, has donated a sensory unit to the paediatric emergency department at the West Suffolk Hospital after spending two years fundraising for the My WiSH Charity, which supports the hospital. The unit is used to distract and calm young patients who are receiving emergency treatment.

Thanks to quiz nights, raffles and donations from their cook school, owners John and Lou Jackman were welcomed to the department with their Operations Director, Sarah Stamp, to see the unit and find out the difference the equipment will make.

The money was specifically donated to the charity's WiSH Upon A Star Children's Appeal which supports children both in the hospital and in the community and this donation focused on the emergency department.

Claire Thompson, play specialist for the unit, said "This unit is just fantastic. The lights and sounds are just a great distraction for our patients and, because it's mobile, we can move it around the department".

Sue Smith, head of fundraising, thanked Infusions and added "This is the third time Infusions have supported us and we are so grateful. They have previously donated to our Macmillan unit and our end-of-life Butterfly Garden and now children, which just shows the range of care we support".

John Jackaman, owner of the Infusions Group and ICE Restaurant said "It is always a privilege to work with Sue and her inspirational team at My WiSH – the work they do and the difference they make is incredible. We were so glad to be able to support the emergency team with this important project and it was fantastic to see the piece of equipment in action and hear from Claire, first hand, what a difference it is already making to children in trauma. We would like to say a huge thank you to our team and also to all of our generous customers who supported us to raise the money".

Sue finished by saying "We cannot thank John, Lou, Sarah and all their customers enough. They really have been incredible and made such a difference."



We, My Wish Charity, would love to thank all our AMAZING fundraisers and volunteers that allow us to enhance the care, love and support of our patients, and staff!

How we funded our work, our achievements and performance

In this section we firstly explain how we raised the money and then how we spent it.

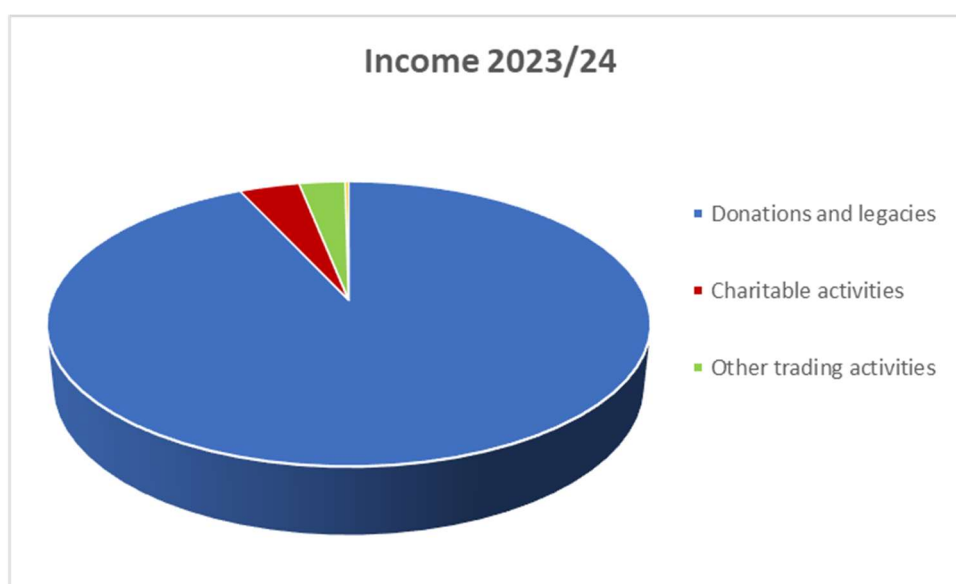
Money received: £1,348k

Money spent: £589k

My Wish Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with income exceeding expenditure by £759k before investment gains.

Money received: sources of funds

The pie chart shows our main sources of income.



Donations and legacies £1,256k – Our largest source of income is from the public and by local companies keen to support their local community:

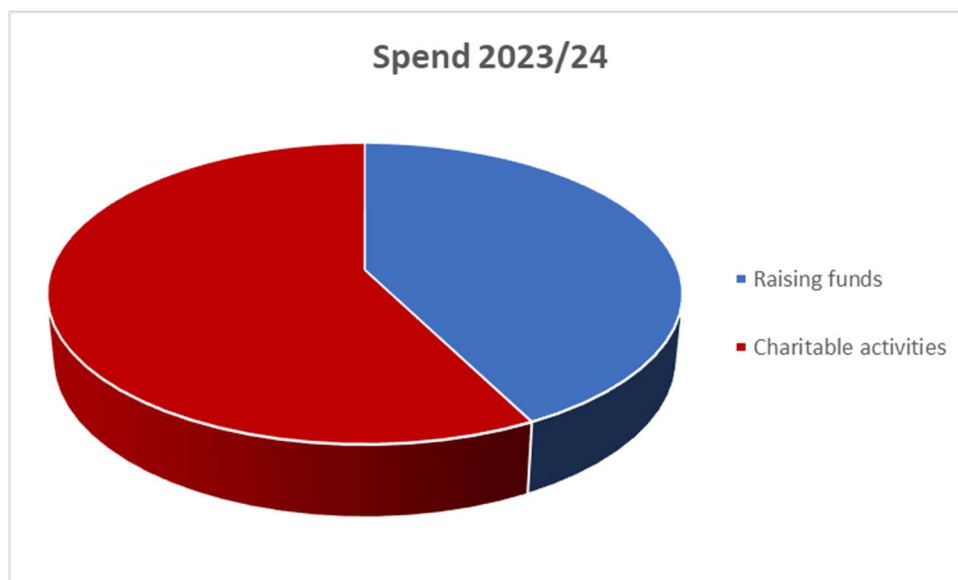
- **Gifts from the public £194k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £22k** – many companies adopt charities as a way of putting something back into the community. My Wish Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £1,040k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

Charitable activities £51k – £29k of this relates to grant income, whilst the remaining balance is other items of income that do not fit in to the above categories.

Other trading activities and investment income £41k – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My Wish Charity.

- **West Suffolk Hospital other organised fundraising £3k**
- **Third party fundraising £38k**

Money spent: what we spent the money on



Our charitable work was made up of five distinct areas. The costs shown below exclude attributable support costs as set out in note 9 to the accounts:

Clinical Care & Research Posts: The funds support a counsellor and a nurse within the Macmillan Unit, and a children's play specialist. The cost of these staff was **£71k** in 2023/24.

New equipment: The NHS of course buys much of its own equipment for day to day use and has its own capital programme but NHS capital funds for large items of equipment are scarce. With advances in technology we can make a real difference in purchasing items. We spent **£56k** on new equipment. Examples of equipment purchased this year are:

- **1 Accuvien devices, to help cannulate and take blood easily**
- **1 bladder scanner**
- **Specimen cabinet**
- **DVD players, tablets & tv's for our cancer unit**

Adaptations to buildings: We spent **£100k** in 2023/24 on a number of minor capital projects.

Staff education and welfare: We spent **£44k** on a wide variety of training and educational courses for our staff.

Patient education and welfare: We spent **£68k** supporting education and the welfare of patients.

Performance against objectives

Spending the money is only part of the story because we are concerned to achieve value for money. To ensure the money is well spent, applications for General Fund funding include questions about the objectives, impact and success criteria for the proposed project.

Our fundraising performance

Members of My Wish fundraising department organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £1,348k compared to 2022/23 of £449k.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fund raising as “soliciting or otherwise procuring money or other property for charitable purposes.”

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any regulatory scheme. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Executive Director of Workforce & Communications. It is impossible to apply the same rigour to members of public however the Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

What we plan to do with your donations: our future plans

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- Continue to engage with our community services and Newmarket Community Hospital
- Continue to engage and develop relationships with the wider community
- Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes

Your support makes these plans possible and to help us, please do consider making a donation.

How we manage the money

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity consists of 27 individual funds (2022/23: 30) as at 31 March 2024 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds. A number of funds were closed and merged during the year which accounts for this movement in fund numbers.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

Our payment making policy

All payments are normally made from the Charity – these funds comprise two elements:

- Unrestricted funds contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- Restricted funds (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

Our reserves policy

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three year reference period.

As at 31 March 2024 the unrestricted reserves held was £730k. This compares to an expected average annual unrestricted income of approximately £156k. The main reason for the high

level of reserves is due to a combination of a high level of brought forward investment gains and a reduced level of unrestricted income. The Trustee believes that the level of reserves is sufficient.

Our financial health: a strong balance sheet

The assets and liabilities of My Wish Charity as at 31 March 2024 are stated below, compared with the position at 31 March 2023.

	31 March 2024	31 March 2023
	£'000	£'000
Fixed Asset investments	1,609	1,742
Total Current Assets	1,486	490
Creditors falling due within one year	(111)	(224)
Total Net Assets	2,984	2,008
Income Funds		
Restricted	730	1,466
Unrestricted Income Funds ('general fund'):	2,254	542
Total Funds	2,984	2,008

A few helpful definitions:

Total current assets represent the cash held on deposit and the amounts owed to the Charity.

Creditors falling due within one year represent the balance of money owed within 12 months to suppliers of goods and services. £102k of this balance is owed to West Suffolk NHS Foundation Trust.

Total net assets represent the total assets of the Charity less the value of outstanding liabilities (monies that the Charity owes).

Restricted income funds represent money which is held by the Trustee which can only be used for specified purposes.

Unrestricted income funds are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, for the Charity, this relates to the 'general fund'.

About investments

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd.

How we organise our affairs: reference and administrative details

The Charity

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

Related Charities:

West Suffolk Hospitals Trust Charitable Fund	1049223-1
The West Suffolk Hospital Charity	1049223-3
Sudbury Hospital Charity	1049223-2
Joyce Marno-Edwards Fund	1049223-4
West Suffolk Hospital Education Centre	1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.


The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

Strategic aims are:


- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice
- To increase the charitable income – fundraising and donations - raised by My Wish Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular
- To promote legacies in a responsible way
- To ensure all areas of the Hospital are aware of the work of My Wish Charity and how fundraising can help each and every aspect of the trust
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders

How to contact us

The Charity office and principal address of My Wish Charity is:

The Trust Fund Office
West Suffolk NHS Foundation Trust
Hardwick Lane
Bury St Edmunds
IP33 2QZ
 01284 712952

For fundraising queries please contact:

The Head of Fundraising
My Wish Fundraising Office
Hardwick Lane
Bury St Edmunds
IP33 2QZ
 01284 712952

Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011. The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

During 2023/24 the Trust Board consisted of:

Non-executive Directors (NEDs)

Jude Chin (Chair)**

Appointed 1 September 2021 as a NED and on 1 January 2022 was appointed the Interim Chair. On 2 June 2023 he was appointed as Chair.

Louisa Pepper

Appointed 1 September 2018 until 31 August 2021

Reappointed until 31 August 2024

Antoinette Jackson

Appointed 1 November 2022

Dr Geraldine O'Sullivan**

Appointed 1 November 2022 – 30 April 2024

Tracy Dowling**

Appointed 1 November 2022

Krishna Yergol* **

Appointed 1 April 2023 (previously Associate NED) – 30 April

2024

Michael Parsons	Appointed 1 May 2023
Dr Roger Petter **	Appointed 1 February 2023
Alison Wigg * **	Appointed 1 September 2024
Paul Zollinger-Read *	Appointed 1 September 2024
David Weaver * **	Appointed 1 September 2024
Heather Hancock *	Appointed 1 September 2024
Richard Flatman*	Appointed 1 September 2024

Directors

Ewen Cameron**	Chief Executive – appointed 20 February 2023
Craig Black	Executive Director of Resources – appointed April 2011 to 26 September 2024
Paul Molyneaux**	Executive Medical Director (Interim) – appointed 30 June 2021 to 3 November 2024
Jeremy Over	Executive Director of Workforce and Communications – appointed November 2019
Susan Wilkinson**	Executive Chief Nurse – appointed 1 June 2020
Nicola Cottingham	Executive Chief Operating Officer – appointed 1 November 2021

Jonathan Rowell* Interim Executive Chief Finance Officer – appointed 27 September 2024

Sam Tappenden* ** Executive Director of Strategy and Transformation – appointed 24 June 2024

Richard Goodwin* ** Executive Medical Director – appointed 4 November 2024

*Not in post during 2023/24, but in post when the Annual Report and Accounts were approved.

** These Non-Executive Directors and Executive Directors were not members of the Charitable Funds Committee in 2023/24, but do make up the Corporate Trustee.

More details about the Trustees can be found in West Suffolk NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows (attendance noted is for the Charitable Funds Committee, which met four times in 2023/24):

	2023/24 Attendance
Ewen Cameron* - Chief Executive Officer	2/4
Louisa Pepper - Non-Executive Director	1/4
Craig Black - Executive Director of Resources / Deputy CEO	2/4
Jeremy Over - Director of Workforce and Communications	3/4
Nicola Cottingham - Chief Operating Officer	3/4
Antoinette Jackson (chaired 1 of the 4 meetings) - Non-Executive Director	3/4
Michael Parsons (chaired 3 of the 4 meetings) - Non-Executive Director	3/4
Jude Chin* - Chair	2/4

*The Chair and the Chief Executive are not members of the Charitable Funds Committee but attended some meetings.

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

External auditors:

Lovewell Blake
Bankside 300
Peachman Way
Broadland Business Park
Norwich
NR7 0LB

Internal auditors:

RSM UK Risk Assurance Services LLP
Blenheim House
Newmarket Road
Bury St Edmunds
Suffolk
IP33 3SB

Bankers:

National Westminster Bank
7 Cornhill
Bury St Edmunds
Suffolk
IP33 1BQ

Charity governance, structure and management arrangements

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital."

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust's Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators' guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee's Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust's facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund's resources
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income
- Ensure that "best practice" is followed in the conduct of all its affairs fulfilling all of its legal responsibilities
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charity Accounts Assistant and the Assistant Director of Finance, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

Trustee recruitment, appointment and induction

Non-Executive Members of the Trust Board are appointed by the Trust's Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

Key management personnel

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust for their role as part of the Trust, but receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

Risk analysis

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My Wish Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- ***Future levels of income***

My Wish Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My Wish Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- ***Cost of living***

The cost of living crisis in the UK and increasing interest rates has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

However, fundraising events continue to be held (and have increased since the pandemic) and it is hoped that the level of income in 2024/25 will continue to rise.

The investment performance has been volatile over the last few years, although we have seen an improvement in performance during 2023/24 resulting in a gain on the investment at the end of the year.

- ***Unforeseen changes in the operation of the NHS***

The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My Wish Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.

- ***Maintaining the reputation of the Charity***

The Trustee is conscious of the importance of maintaining its reputation within the community.

Income and Expenditure

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charity Accounts Assistant and the Assistant Director of Finance look for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee.

Wider networks

My Wish Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

Related parties

My Wish Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

Our relationship with the wider community

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

Volunteers

The Trustee would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.

Having read all about us, please consider supporting the work of My Wish Charity

The challenge facing My Wish charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community Hospital, and all the services they provide out in the community.

What could your gift buy?

- **£2** could buy a birthday cake for a patient spending their birthday in hospital away from their home.
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

If you have a larger gift in mind, please talk to us. We always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on **01284 712952** or send an email to **fundraising@wsh.nhs.uk**.

Signed on behalf of the trustee:



Name: Jude Chin, Chair of Trustee

Date: 10 December 2024

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Statement of Trustee's responsibilities in respect of the Trustee's Annual Report and Accounts

Trustee responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Practice).

The law applicable to Charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. The Trustee is responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Signed on behalf of the Corporate Trustee:



Jude Chin
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee
10 December 2024

Independent Auditor's Report to the Trustee of My Wish Charity

Opinion

We have audited the financial statements of My Wish Charity (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustee with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustee is responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustee's report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of the trustee

As explained more fully in the trustee's responsibilities statement set out on page 31, the trustee is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustee either intends to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance;
- Enquiry of entity staff compliance functions to identify any instances of non-compliance with laws and regulations;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of activities and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor%E2%80%99s-responsibilities-for>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustee in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustee those matters we are required to state to it in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustee, for our audit work, for this report, or for the opinions we have formed.



For and on behalf of

Lovewell Blake LLP

Chartered accountants & statutory auditor

Bankside 300

Peachman Way

Broadland Business Park

Norwich

NR7 0LB

22/01/2025

Lovewell Blake LLP is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

My Wish Charity Statement of Financial Activities for the year ended 31 March 2024

	Note	Unrestricted Funds 2023/24 £000	Restricted Funds 2023/24 £000	Total Funds 2023/24 £000	Unrestricted Funds 2022/23 £000	Restricted Funds 2022/23 £000	Total Funds 2022/23 £000
Income and endowments from:							
Donations and legacies	3	187	1,069	1,256	118	230	348
Charitable activities	4	42	9	51	39	45	84
Other trading activities	5	13	28	41	14	3	17
Total Income		242	1,106	1,348	171	278	449
Expenditure on:							
Raising funds	8	68	182	250	51	152	203
Charitable activities	9						
Clinical Care and Research Posts		-	71	71	-	137	137
Purchase of New Equipment		18	38	56	(3)	112	109
New Building and Refurbishment		4	96	100	-	222	222
Staff Education and Welfare		17	27	44	10	63	73
Patient Education and Welfare		18	50	68	8	28	36
Total Expenditure		125	464	589	66	714	780
Net income/(expenditure)		117	642	759	105	(436)	(331)
Net gain/(loss) on investments		69	148	217	(6)	(29)	(35)
Net income/(expenditure) after loss on investments		186	790	976	99	(465)	(366)
Gross transfer between funds	21	2	(2)	-	131	(131)	-
Net movement in funds		188	788	976	230	(596)	(366)
Reconciliation of Funds:							
Total funds brought forward		542	1,466	2,008	312	2,062	2,374
Total funds carried forward		730	2,254	2,984	542	1,466	2,008

All income and expenditure are derived from continuing activities.

The notes set out on pages 38 to 46 form part of these financial statements

My Wish Charity Balance Sheet as at 31 March 2024

	Notes	Unrestricted Funds £000 31 March 2024	Restricted Funds £000 31 March 2024	Total Funds £000 31 March 2024	Unrestricted Funds £000 31 March 2023	Restricted Funds £000 31 March 2023	Total Funds £000 31 March 2023
Fixed Assets							
Investments	14	376	1,233	1,609	353	1,389	1,742
Total Fixed Assets		376	1,233	1,609	353	1,389	1,742
Current Assets:							
Debtors	15	16	987	1,003	30	91	121
Cash at bank	16	354	129	483	174	195	369
Total Current Assets / (Liabilities)		370	1,116	1,486	204	286	490
Liabilities:							
Creditors falling due within one year	17	(16)	(95)	(111)	(15)	(209)	(224)
Net Current Assets / (Liabilities)		354	1,021	1,375	189	77	266
Total Assets less Current Liabilities		730	2,254	2,984	542	1,466	2,008
Net Assets		730	2,254	2,984	542	1,466	2,008
Charitable Funds	21						
Restricted income funds		-	2,254	2,254	-	1,466	1,466
Unrestricted income funds		730	-	730	542	-	542
Total Charitable Funds		730	2,254	2,984	542	1,466	2,008

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 10 December 2024

Signed:



Name: Jude Chin
Trustee

The notes set out on pages 38 to 46 form part of these financial statements

My Wish Charity Statement of Cashflows

Year Ending 31 March 2024

	Note	Total Funds 2023/24 £000	Total Funds 2022/23 £000
Cash flows from operating activities:			
Net cash provided by / (used in) operating activities	18	114	(27)
Change in cash and cash equivalents in the reporting period		114	(27)
Cash and cash equivalents at the beginning of the reporting period		369	396
Cash and cash equivalents at the end of the reporting period	16	483	369

The notes set out on pages 38 to 46 form part of these financial statements

My Wish Charity

1 Accounting Policies

General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Trust Fund Office, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, IP33 2QZ.

[a] Basis of Preparation

The financial statements have been prepared under the historic cost convention, subject to revaluation.

Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts. The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

Operational capability - The Charity has reviewed its structure and has adequate administration and fundraising resources to ensure that the Charity can continue to fundraise and carry out its administration function. The Charity considers resourcing at the Charitable Funds Committee.

Market based demand - The Charity has considered the fundraising environment particularly with the current cost of living crisis. The Committee is aware that the impact of cost of living rises may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

Structural finance - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period. There is a risk of a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 26). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

[b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose.

Those funds which are not restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 21.

[c] Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the monetary value of income can be measured with sufficient reliability.

My Wish Charity

[d] **Income from legacies**

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

[e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

[f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

[g] **Fundraising costs**

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs includes expenses for fundraising activities.

[h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

[i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities.

My Wish Charity

[j] **Realised and Unrealised Gains and Losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

[k] **Debtors**

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

[l] **Cash and Cash Equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, in interest bearing savings accounts.

[m] **Creditors**

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

[n] **Pensions**

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

[o] **Investments**

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value.

My Wish Charity

Notes to the Accounts

2 Related party transactions

West Suffolk NHS Foundation Trust acts as a sole Corporate Trustee to the Charity, and as such is both a related party and the ultimate controlling party. Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £575k (2022/23: £769k) of which there is a net creditor of £102k (2022/23: £215k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

No members of the West Suffolk NHS Foundation Trust board have given donations and fundraising income without conditions to the Charity (2022/23 3 amounting to £2,105). None of the members have received any benefit from the Charity in payment or in kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

3 Income from donations and legacies

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
Donations from Individuals	84	110	194	230
Corporate Donations	5	17	22	67
Legacies	98	942	1,040	51
Total	187	1,069	1,256	348

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

4 Charitable activities

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
Grant Income	27	2	29	74
Other income	15	7	22	10
Total	42	9	51	84

Grant income in 2023/24 mainly relates to money received from the NHS Charities Together charity and is being spent on specific staffing at West Suffolk Hospital NHS Foundation Trust.

5 Other trading activities

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
West Suffolk Hospital other organised fundraising events	1	2	3	2
Third party fundraising	12	26	38	15
Total	13	28	41	17

6 Role of Volunteers

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

Fund advisors:- there are 29 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

Fundraisers: there are about 25 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

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7 Grants made to institutions

All grants are made to the West Suffolk NHS Foundation Trust. The charity does not make any grants to individuals. The grants received by the beneficiary for each category of charitable activity is disclosed in note 9.

8 Analysis of expenditure on raising funds

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
Fundraising support costs	68	182	250	203
Total	68	182	250	203

9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour by West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2023/24 £000	Funded Activity Restricted 2023/24 £000	Funded Activity Total 2023/24 £000	Support costs 2023/24 £000	Total 2023/24 £000	Total 2022/23 £000
Clinical Care & Research Posts	-	64	64	7	71	137
Purchase of New Equipment	15	34	49	7	56	109
New Building & Refurbishment	3	86	89	11	100	222
Staff Education & Welfare	14	24	38	6	44	73
Patient Education & Welfare	15	45	60	8	68	36
Total	47	253	300	39	339	577

My Wish Charity

10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2023/24 Total £000	2022/23 Total £000
External audit	3	6	9	9
Governance Costs	3	6	9	9
Computer maintenance	1	3	4	3
Salaries and related costs	17	37	54	46
Other	1	1	2	2
Total support costs and overheads	22	47	69	60

	Unrestricted funds £000	Restricted funds £000	2023/24 Total £000	2022/23 Total £000
Raising funds	8	12	20	21
Charitable activities	14	35	49	39
	22	47	69	60

11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2022/23: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment as employees of the Trust.

12 Analysis of recharged staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the costs are recharged by the Trust for employees providing support services to charitable activities. Support employees were the Charitable Fund Accountant, Assistant Director of Finance and members of the fundraising team. My Wish Charity has no key management personnel (2022/23: None).

12a - Staff Costs and Employee Benefits

	2023/24 £000	2022/23 £000
Salaries and wages	210	177
Social Security Costs	30	21
Employers Pension Contribution	29	22
Total	269	220

12b - Employee numbers

Average Headcount	7.0	6.9
Average Full Time Headcount	4.0	4.8
Average Part Time Headcount	3.0	2.1
Average WTE	5.0	5.9

As the charity has no employees, as such no employee had emoluments in excess of £60,000 (2021/22: None).

13 Auditor's remuneration

The external auditor's remuneration of £9,060 including irrecoverable VAT (2022/23: £8,634) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2022/23: none undertaken).

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14 Fixed asset investments

Movement in listed investment	31 March 2024	31 March 2023
	Total	Total
	£000	£000
Market value brought forward	1,742	1,777
Purchase/(sale) of investment	(350)	-
Net gain / (loss) on revaluation	217	(35)
Market value as at 31 March	<u>1,609</u>	<u>1,742</u>

The Charity investments are held in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date. The original cost of the investment was £1,317k.

15 Analysis of current assets

Debtors due within one year	31 March 2024	31 March 2023
	Total	Total
	£000	£000
Other debtors	1,003	121
Total	<u>1,003</u>	<u>121</u>

16 Analysis of cash and cash equivalents

	31 March 2024	31 March 2023
	Total	Total
	£000	£000
Cash in Hand	483	369
	<u>483</u>	<u>369</u>

17 Analysis of current liabilities

Creditors due within one year	31 March 2024	31 March 2023
	Total	Total
	£000	£000
Creditors	31	54
Other Accruals	80	170
Total	<u>111</u>	<u>224</u>

Creditors represent sums owed at the year end by the Charity. Of this amount £102k (2022/23: £215k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

My Wish Charity

18 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2023/24	2022/23
	£000	£000
Net income/(expenditure) as per the Statement of Financial Activities	976	(366)
Adjustments for:		
(Gain)/Loss on investments	(217)	35
Redemption on investment	350	-
(Increase) / decrease in debtors	(882)	213
(Decrease) / increase in creditors	(113)	91
Net cash provided by / (used in) operating activities	<u>114</u>	<u>(27)</u>

19 Analysis of changes in net debt

	As at 1 April 2023	Cash Flows	As at 31 March 2024
	£000	£000	£000
Cash at bank and in hand	<u>369</u>	<u>114</u>	<u>483</u>

20 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2024 there were 6 legacies totalling £1,003,100 that had been notified but not received (2022/23: £120,808). These legacies have been included as income and as debtors.

The Charity has been notified of other legacies, however as we are unable to quantify the value of these they have not been included in the Accounts.

My Wish Charity

21 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance 1 April 2023 £000	Income	Expenditure	Transfers	(Loss) /gain on investments in year	Fund Balance 31 March 2024 £000
Macmillan Service	Donations	Patient and Staff welfare	304	861	(104)	3	42	1,106
SCBU	Donations	Patient and Staff welfare	36	10	(27)	-	4	23
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	21	5	(9)	-	2	19
Breast Cancer Fund (ex Lizzie Duncan)	Donations	Patient and Staff welfare	59	7	(7)	-	6	65
Microbiology	Donations	Patient and Staff welfare	19	-	(4)	-	2	17
Mercury Dementia Appeal	Donations	Patient and Staff welfare	26	2	(6)	-	3	25
Orthoptic Fund	Donations	Patient and Staff welfare	27	6	(1)	1	1	34
Cardiology	Donations	Patient and Staff welfare	57	8	(10)	-	6	61
Palliative Care (including Butterfly Appeal)	Donations	Patient and Staff welfare	169	6	(65)	-	10	120
Stroke services	Donations	Patient and Staff welfare	24	147	(5)	-	5	171
Newmarket Hospital	Donations	Patient and Staff welfare	67	2	(8)	-	7	68
Wish upon a Star	Donations	Patient and Staff welfare	167	23	(33)	-	21	178
Chemical Pathology	Donations	Patient and Staff welfare	35	-	(4)	-	4	35
Critical Care	Donations	Patient and Staff welfare	60	4	(7)	-	7	64
Rheumatology	Donations	Patient and Staff welfare	44	11	(7)	-	6	54
Covid 19	Donations	Patient and Staff welfare	141	-	(92)	-	10	59
Other Restricted Funds			211	14	(75)	(6)	12	156
Total Restricted Funds			1,466	1,106	(464)	(2)	148	2,254
Unrestricted funds	Donations	Patient and Staff welfare	542	242	(125)	2	69	730
			2,008	1,348	(589)	-	217	2,984

These are the major funds referred to in Accounting policy note 1(b). The disclosure is based on funds with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.