



My Wish Charity (Registration Number 1049223)
Trustee's Annual Report and Accounts
for year ended 31 March 2023

My Wish Charity

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Foreword by the Chair of the Trustee of My Wish Charity

Welcome to our annual report for 2022/23. We are a Trustee body established as a separate legal identity from the West Suffolk NHS Foundation Trust ("The Trust") but work with them in partnership for the benefit of NHS patients and their families from West Suffolk and the surrounding area.

We exist to further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

Key highlights of our year:

- **Completed the Changing Places facility, which helps patients with complex needs.**
- **Providing our renal staff with an ECG machine.**
- **Introducing Gold Cup Winning racehorse Papinaeu to our patients and staff at Newmarket Hospital.**
- **Introducing memory boxes, to support bereaved parents after the loss of a baby.**
- **Having a face to face thank you event for our donors.**
- **Re introduce the charity Soapbox Race.**
- **Committed the spend for the Butterfly Project to be completed in 2023/24.**

Your donations made this work possible and your future donations are key to our continued success.

I would like to thank the volunteers who fundraise and help us, my fellow board members, and the volunteers who work alongside the professional staff of the Trust.

I hope that like me you will be inspired by our plans. If you would like to donate, details about how to do this are set out at the end of this report. Please support us, as every pound donated counts.



Name: Jude Chin, Chair of Trustee
Date: 2 November 2023



Who We Are

My Wish Charity is an independent registered charity (registered number 1049223). We exist to raise funds and receive donations for the benefit of the patients of West Suffolk NHS Foundation Trust. By securing donations, legacies and sponsorship, My Wish Charity can provide the 'icing on the cake' to make a real difference for the patients, their families and the staff who look after them.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

Our mission

By raising new money and careful management of our existing funds, My Wish Charity is able to fund expenditure to seek to support the aims and objectives of West Suffolk NHS Foundation Trust and the organisations it works with 'To serve the patients and their families receiving services from the West Suffolk NHS Foundation Trust by funding facilities, equipment, training, education and to support associated healthcare and complimentary services for patients.'

Payments are made in accordance with charity law, our constitution and the wishes and directions of donors. In making payments, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2022/23, payments of £780k (including support costs) were made. Our future plans are to continue to raise our level of fundraising that will help us work with our NHS partner to transform the health prospects for patients in our community.

The directors of West Suffolk NHS Foundation Trust acting on behalf of the Corporate Trustee believe they have complied with their duty to have regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. This is demonstrated by our activities throughout the year.

What we have achieved: highlights from the activities undertaken in the year

Our key aim is to serve the NHS patients of West Suffolk Hospital, Newmarket Community Hospital and the community services that West Suffolk NHS Foundation Trust provides for the public benefit. By working with the NHS we assist patients of every walk in life, irrespective of race, creed, ethnicity or personal or family financial circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- **Enhancing the care our partner hospital can offer through new equipment and building improvements to deliver better facilities.**
- **Investment in people and in creating a caring environment for the patients receiving care, their families and visitors.**
- **Providing direct support to patients by way of information, networking support, better facilities.**

We do this through a range of programmes funded by you, our generous donors. Highlights from the main programmes undertaken in the year are detailed below to give you a wider understanding of the difference we can make together to patients today and in the future.

During that last year, sadly we are still in the recovery period of the Covid 19 pandemic, we continue in the plight to support staff, and patients. We would like to say a huge thank you to all of our amazing donors who continue to support us.

We have been able to continue to fund the Trust to employ extra staff members; and provide items and equipment to support them and their patients.

- A psychologist for staff support
- A play specialist
- A digital communication officer
- A counsellor for our patients being treated for cancer
- A nurse for our end of life patients
- Activity packs for our patients that have suffered a stroke
- TV's for the side rooms on our cancer unit
- Accuvein viewing devices for easier cannulation and blood taking
- Away days for our paediatric diabetic patients and their families
- Items for a comfort pack for our end of life patients loved ones
- Provide refreshments for a monthly wellbeing day for our patients being treated for cancer

The Charity once again has been extremely well-supported by our local community, and for this we are extremely grateful.



A total of £609 was donated to My Wish with it being directed towards the Arthrose Appeal at the West Suffolk Hospital.

It's thanks to Emma Murkowski that the money has gone to the charity after she nominated it from the Numbers for a Cause fundraising group which is run by her mother and stepfather Sue and Trevor Giles, who live in Barningham, along with Sue's daughter Nicola Bevan, from Hepworth.

They run the group on their Facebook site to benefit local charities by organising an online raffle with a variety of prizes and since they started their fundraising, which began with coffee mornings pre-Covid, they have raised an amazing £10,000.

Every month a member of the group gets to choose a recipient of the funds and Emma, who lives in Risby, chose the Arthrose Appeal which was launched by a former school colleague. It aims to raise money for the fracture, orthopaedic and trauma clinics at the hospital. Emma felt the appeal was a good way to thank the orthopaedic team for the care she's received over the years due to her having severe arthritis.

Emma, 35, suffers from juvenile idiopathic arthritis and has been under the care of the clinics since she was a teenager and has undergone shoulders, elbows and hip replacements along with ankle fusions. She is now waiting to have her other hip replaced.

Her complaint is the most common type of arthritis in children under the age of 16 and can cause persistent joint pain, swelling and stiffness. Some sufferers may experience symptoms for only a few months, while others have symptoms for many years and can cause serious complications, such as growth problems, joint damage and eye inflammation.

It's a debilitating complaint and Emma said: "The appeal was set up by someone I went to school with and I thought it would be a good cause to support and thought it would help the clinics as the staff there are so, so good.

"It was not until I was 17 that it was found I had joint damage and they were so badly damaged that I required the shoulder replacement and other joints were then found to be damaged."



Footballers have helped to raise funds for the cancer unit at the West Suffolk Hospital.

The Kennett Foxes organised a five-a-side tournament at the village playing fields with teams coming from Norfolk and Cambridgeshire to take part.

A total of £151.49 was raised from the event, which included funds from a tea and cake stand, and which delighted organisers.

Neil Gilmore, who manages the girls' team and is also chairman of Kennett Football Club, supported the youngsters' efforts in raising the money which has gone to the My Wish Charity with it being directed towards the cancer unit.

Helen Starkey, whose 10-year-old daughter Polly plays for the team, has been treated at the unit for breast cancer and has now been given the all clear.

And another mother is currently undergoing treatment for brain cancer at Addenbrooke's Hospital, in Cambridge.

Helen, who lives in Fordham, said the girls were keen to raise money for the unit at the Bury St Edmunds hospital following the exceptional care she received.



Fabulous fundraisers in Great Cornard have been boosting the coffers of the My Wish Charity for the past six years.

They raise money from their monthly bingo sessions at the village's Stevenson Centre and the latest amount of £2,000 has resulted in an amazing total of £11,741.20 being handed over to the hospital charity.

Husband-and-wife team Anthony and Tracy Tatum run the sessions but it's a huge family affair as they are helped by their son and daughter-in-law Daniel and Tiff Tatum, and daughter and son-in-law Joe and Samantha Neill.

Added to that they are supported by their treasurer Marilyn Gooby and Angela Talbot and cake maker Sue Tyler. They had to stop organising the sessions during the Covid-19 pandemic but got back into the swing of things last year.

The money is raised from the sessions along with tea and cakes adding to the funds.

Tracy, 57, said she started off the fundraising after being treated at the West Suffolk Hospital for breast cancer. "I was in the back of a taxi with my family and we came up with the idea of running the bingo sessions for the charity," she said.

It started off with just a handful of people turning up at the Snooker Club, in Sudbury, before they moved to the rugby club in Cornard, then onto Old Wells School before settling down at the Stevenson Centre, with upwards of 40 people attending each session with some coming from as far away as Colchester.

It's a real community evening with a raffle, people have snacks, drinks, cakes ... and then get down to playing bingo.

Tracy said: "Everybody looks forward to it every month and the amount of people that come up to us and ask us when the next one is taking place is amazing."



It's been a roller coaster ride for Hollie Page and her fiancé Alan Simons as the couple have had to face the daunting prospect of one of them being treated at the West Suffolk Hospital after contracting Covid-19.

Alan, a detective constable with Suffolk Police, ended up on the critical care unit and is still living with long Covid while gradually returning to duty.

The 37-year-old was left fighting for his life but thanks to the dedicated care of hospital staff he is now slowly recovering.

So inspired by the treatment of her partner Hollie, who is a keen runner, decided to try and raise money for the unit and took part in the Colchester Half Marathon raising an incredible £1,671.25.

She clocked up a time of 1 hour 58 minutes which she was "delighted" with and explained how Alan came to be admitted to the Bury St Edmunds hospital.

Hollie after finishing her half marathon in May

"He was in a very poorly way with Covid and quite simply the care he had at the hospital saved his life," she said.

It was the middle of December when they both contracted the illness and Alan then progressively went "downhill" said 42-year-old Hollie.

He was advised to go to the hospital where he was admitted and after 24 hours was moved to the critical care unit on Christmas Eve. He was eventually discharged on January 6.

Hollie, who is group account director for a digital market agency in Ipswich, said: "It wasn't just about the treatment and care, the team also went above and beyond to support him emotionally and mentally and they also did the same for me."

"During one of the scariest times in my life doctors and nurses were always reassuring, calming and they were there to help me when I needed them."

“I can honestly say that I don’t know how I would have gotten through that time without them and I am forever thankful to them bringing Als home to me safe and sound. They are incredible people.”

Hollie added: “He is still recovering and we have a long road ahead of us but he is making leaps and bounds. It’s just baby steps and I cannot fault the West Suffolk, they have the best care that you can have.”



The family links to the Rainbow Ward at the West Suffolk Hospital is strong in the Rackham family.

Jo is the matron while her husband Shaun has become a fundraiser for the children’s unit.

And his latest effort has resulted in £1,313 being raised after he took part in the London Marathon earlier this month.

Shaun, who is the area performance manager and community champion at Mizkan, which makes Branston pickle at its production site in Mildenhall Road, Bury St Edmunds, completed the course in five-and-a-half hours after suffering with painful shin splints half way round.

The 53-year-old, who lives in Wattisfield and had a heart operation back in 2013, set about getting fit again following his treatment and took up running.

“I had mitral valve surgery and was initially treated at the West Suffolk where everyone looked after me wherever I went before I went off to Papworth Hospital for the operation.”

Sally Daniels, fundraising manager, thanked Shaun for his amazing fundraising and said “If anyone knows how hard staff work to care for us all it’s their family members! To have Shaun run for My Wish to help us support young patients is just fantastic.”



From swimming two miles and cycling 100, to climbing Ben Nevis and completing thousands of “push ups”, it’s been a year of monthly challenges for Josh Wright.

For during 2022 he has carried out an epic series of strength and energy sapping events once a month which culminated in him raising £3,161 for the My Wish Charity.

The money has gone to buy an Accuvein for the Community Children’s Nursing team based at the Child Development Centre, at the West Suffolk Hospital.

It uses a near-infrared (NIR) to help clinicians see superficial veins making blood taking and cannulation so much easier. This is especially useful for young patients and children with complex care needs who are seen by the community team.

Josh, who lives on Marham Park, in Bury St Edmunds, started the year off with two half marathons on consecutive days around his home town with his father Leslie, who is in his 50s, and ended the year completing two marathons, also on consecutive days, again with Les, in December.

In between he devised challenges for every month with many of them taking place with family, friends and colleagues who he praised for their support and contribution to the fundraising.

The 28-year-old, who is a health and safety consultant with HS Direct, which is based on the Moreton Hall Industrial Estate, said he had many “highlights” and “lowlights” during the year.

“I thought of all the things that people do to raise money for charity and I thought that wouldn’t it be fun if I did it in a year.”

“I’m not athletic or physically strong but I enjoyed raising money,” he said.

He was disappointed not to reach the summit of Ben Nevis in August when bad weather preventing him just getting to the top, but he was delighted with his swim the following month, which he said he was “scared” at undertaking as he only took up the sport early last year, along with the back to back marathons in December.

He added: “It does make a difference when you know that the money is going just up the road and might help someone locally at some point.”

“I just want to say thank you to everyone who supported me who are too numerous to mention from family, friends and people who I work with.”

Sally Daniels, fundraising manager, thanked Josh for his incredible fundraising and said “It’s been a pleasure to work with Josh over the past 12 months. Not only has he had to complete that month’s challenge, he has had to train for the others too which is a huge feat especially when working full time.”

Sally went on to say “As a charity we don’t just support the West Suffolk Hospital but the whole community. The Accuvein Josh has bought will benefit young patients right across Suffolk and it was a great to be able to introduce him to the staff who could tell him just what a difference his fundraising has made.”

JOSH WRIGHT’S YEARLY CHALLENGE

January: Two half marathons with his father Leslie in one weekend round Bury St Edmunds.

February: Running the equivalent distance between the HS Direct office in Bury St Edmunds to the Sheffield office with colleague Andrew Langdon.

March: 24-hour game marathon with work colleagues Luke Thomas and Rob Mcleay.

April: 100-mile cycle ride on gym bike at Sports Direct, on the Moreton Hall Industrial Estate, which took four hours and 41 minutes.

May: Nuclear race with Hannah Goldhawk at adventure challenge site in Brentwood.

June: 100km relay race involving run round outskirts of Bury St Edmunds with Matt Sharpe cycling.

July: Leg wax with his father Leslie and brothers Ben and Adam.

August: Climbing Ben Nevis between five and six hours with bad weather stopping him 30 minutes to the summit.

September: Two-mile swim at Sports Direct taking about two hours.

October: Ultra marathon, 50kms (31 miles) on outskirts of Bury St Edmunds with his father.

November: 3,000 push ups at home and in the gym with 300 being completed on one day.

December: Double marathon weekend with his father, Les, in and around Bury St Edmunds.



The charity have provided a garden as a calm and beautiful space for visitors, staff and patients. It was designed and built by A1 Trees & Landscape Builders with areas created to allow space for privacy and for wheelchair access. The garden also contains two horseshoe sculptures to reflect the Queen's love of horses and Newmarket.

The charity worked with local councillor, James Lay, who worked tirelessly to secure the donations for the project, and it was wonderful to be able to invite everyone along to see just what their generosity had provided.

Sue Smith, head of fundraising at My Wish Charity, said “We are so proud to be able to provide this outside space for staff and visitors to enjoy and it’s so wonderful to do this to commemorate her late majesty, the Queen.”

Sue went on to say “It’s been a pleasure to work with James on this project. He’s worked tirelessly to raise funds to allow us to complete the project and we can’t thank him, and the amazing donors, enough for their support. It was lovely to be able to invite all those that made it possible along to the open day. It really is a special place for all who come to the Newmarket Community Hospital.”



My Wish Charity teamed up with the maternity team at West Suffolk NHS Foundation Trust to provide ‘memory boxes’ for parents who have sadly lost a baby.

Sally Daniels, fundraising manager said: “Having a baby should be a time of great joy, but sadly this is not always the case. We thought it might offer a small amount of comfort to parents who do lose their baby to provide ‘memory boxes’ to help capture those precious moments.”

The boxes contain clay or ink print kits, a memory card for photos, a special keepsake keyring, a birth certificate, a baby blanket, forget-me-not seeds and two little rabbits (one for the parents and one for the baby), amongst other things.

Sally continued “Every situation is different, and one box doesn’t suit all, so the trained midwives will select the suitable items for each box.”

The charity provided the hospital with a bereavement suite back in 2016 to ensure parents had a safe space to both deliver their baby and to spend time with them. The boxes are a continuation of this care and the team have worked closely with both Justine Ladds, the Trust's bereavement midwife, and the local Stillbirth and Neonatal Death Charity (SANDS) group, to ensure they got the contents right.

The boxes are thanks to a donation from Molly and Jack Deal, who raised £7,280 in the previous year for My Wish after losing their baby daughter, Kendall, back in 2020. The couple, who have since gone on to have a baby boy, Ovie, said the care they were given was just amazing and having the bereavement suite as a safe space made an awful situation bearable.

We, My Wish Charity, would love to thank all our AMAZING fundraisers and volunteers that allow us to enhance the care, love and support of our patients, and staff!

How we funded our work, our achievements and performance

In this section we firstly explain how we raised the money and then how we spent it.

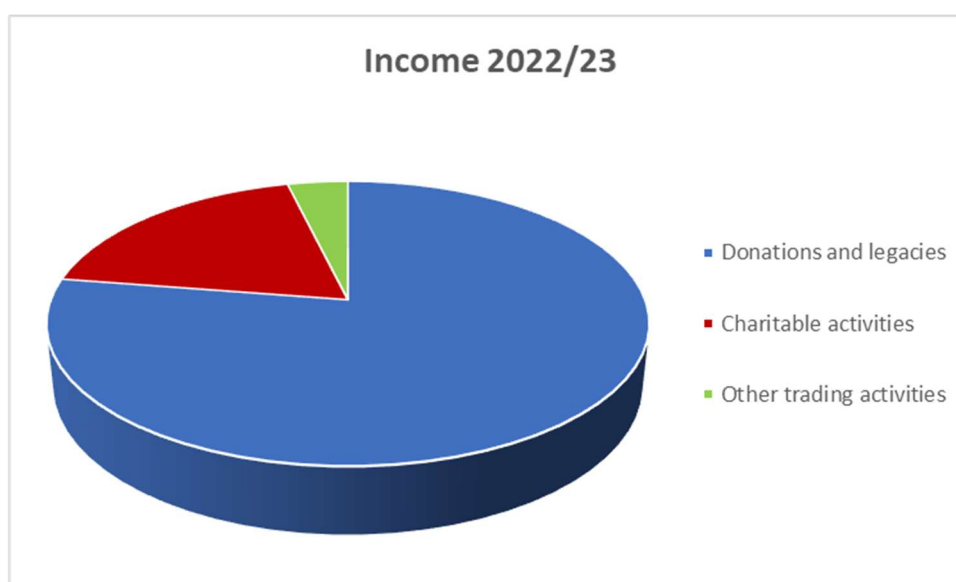
Money received: £449k

Money spent: £780k

My Wish Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with expenditure exceeding income by £331k before investment losses.

Money received: sources of funds

The pie chart shows our main sources of income.



Donations and legacies £348k – Our largest source of income is from the public and by local companies keen to support their local community:

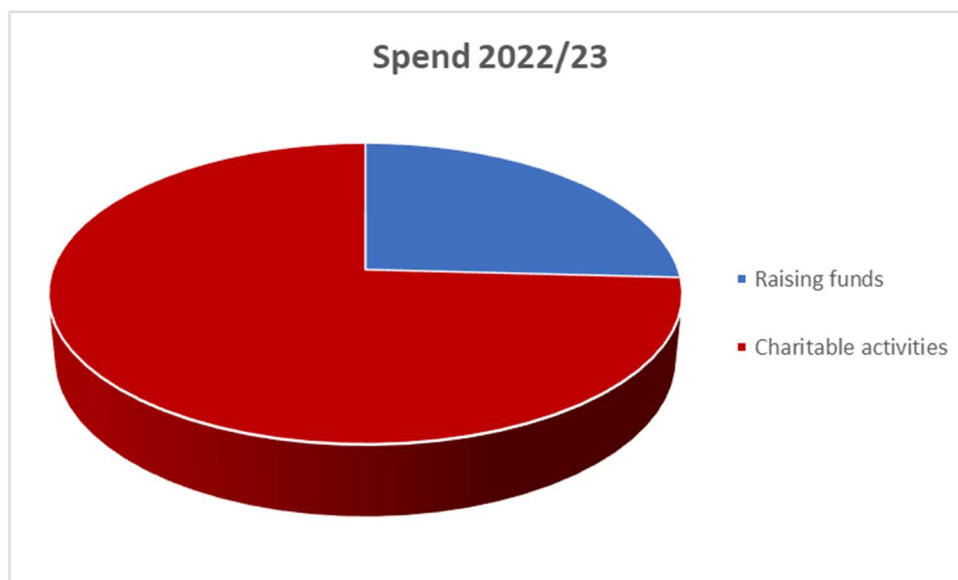
- **Gifts from the public £230k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £67k** – many companies adopt charities as a way of putting something back into the community. My Wish Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £51k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

Charitable activities £84k – £74k of this relates to grant income, whilst the remaining balance is other items of income that do not fit in to the above categories.

Other trading activities £17k – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My Wish Charity.

- **West Suffolk Hospital other organised fundraising £2k**
- **Third party fundraising £15k**

Money spent: what we spent the money on



Our charitable work was made up of five distinct areas. The costs shown below exclude attributable support costs as set out in note 9 to the accounts:

Clinical Care & Research Posts: The funds support a counsellor and some nurses within the Macmillan Unit, a Clinical Psychologist in SCBU and a children's play specialist. The cost of these staff was **£129k** in 2022/23.

New equipment: The NHS of course buys much of its own equipment for day to day use and has its own capital programme but NHS capital funds for large items of equipment are scarce. With advances in technology we can make a real difference in purchasing items. We spent **£102k** on new equipment. Examples of equipment purchased this year are:

- **2 Accuvien devices, to help cannulate and take blood easily**
- **3 bladder scanners**
- **Specimen cabinet**
- **DVD players, tablets & tv's for our cancer unit**

Adaptations to buildings: We spent **£208k** in 2022/23 on a number of minor capital projects and the expenditure for the Butterfly Project.

Staff education and welfare: We spent **£67k** on a wide variety of training and educational courses for our staff.

Patient education and welfare: We spent **£32k** supporting education and the welfare of patients.

Performance against objectives

Spending the money is only part of the story because we are concerned to achieve value for money. To ensure the money is well spent applications for General Fund funding include questions about the objectives, impact and success criteria for the proposed project.

Our fundraising performance

Members of My Wish fundraising department organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £449k compared to 2021/22 of £438k.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fund raising as “soliciting or otherwise procuring money or other property for charitable purposes.”

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any undertaking to be bound by any regulatory scheme. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Executive Director of Workforce & Communications. It is impossible to apply the same rigour to members of public however the Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

What we plan to do with your donations: our future plans

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- Complete the Butterfly Appeal
- Continue to engage with our community services and Newmarket Community Hospital
- Continue to engage and develop relationships with the wider community
- Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes

Your support makes these plans possible and to help us, please do consider making a donation.

How we manage the money

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity consists of 30 individual funds (2020/21: 89) as at 31 March 2023 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds. A number of funds were closed and merged during the year which accounts for this movement in fund numbers.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

Our payment making policy

All payments are normally made from the Charity – these funds comprise two elements:

- Unrestricted funds contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- Restricted funds (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

Our reserves policy

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three year reference period.

As at 31 March 2023 the unrestricted reserves held was £542k. This compares to an expected average annual unrestricted income of approximately £93k. The main reason for the high level

of reserves is due to a combination of a high level of brought forward investment gains and a reduced level of unrestricted income. The Trustee believes that the level of reserves is sufficient.

Our financial health: a strong balance sheet

The assets and liabilities of My Wish Charity as at 31 March 2023 are stated below, compared with the position at 31 March 2022.

	31 March 2023	31 March 2022
	£'000	£'000
Fixed Asset investments	1,742	1,777
Total Current Assets	490	730
Creditors falling due within one year	(224)	(133)
Total Net Assets	2,008	2,374
Income Funds		
Restricted	1,466	2,062
Unrestricted Income Funds ('general fund'):	542	312
Total Funds	2,008	2,374

A few helpful definitions:

Total current assets represent the cash held on deposit and the amounts owed to the Charity.

Creditors falling due within one year represent the balance of money owed within 12 months to suppliers of goods and services. £215k of this balance is owed to West Suffolk NHS Foundation Trust.

Total net assets represent the total assets of the Charity less the value of outstanding liabilities (monies that the Charity owes).

Restricted income funds represent money which is held by the Trustee which can only be used for specified purposes.

Unrestricted income funds are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, for the Charity, this relates to the 'general fund'.

About investments

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd.

How we organise our affairs: reference and administrative details

The Charity

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

Related Charities:

West Suffolk Hospitals Trust Charitable Fund	1049223-1
The West Suffolk Hospital Charity	1049223-3
Sudbury Hospital Charity	1049223-2
Joyce Marno-Edwards Fund	1049223-4
West Suffolk Hospital Education Centre	1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.

The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

Strategic aims are:

- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice
- To increase the charitable income – fundraising and donations - raised by My Wish Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular
- To promote legacies in a responsible way
- To ensure all areas of the Hospital are aware of the work of My Wish Charity and how fundraising can help each and every aspect of the trust
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders

How to contact us

The Charity office and principal address of My Wish Charity is:

The Trust Fund Office
West Suffolk NHS Foundation Trust
Hardwick Lane
Bury St Edmunds
IP33 2QZ
☎ 01284 712952

For fundraising queries please contact:

The Head of Fundraising
My Wish Fundraising Office
Hardwick Lane
Bury St Edmunds
IP33 2QZ
☎ 01284 712952

Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011. The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

During 2022/23 the Trust Board consisted of:

Non-executive Directors (NEDs)

Jude Chin (Chair)	Appointed 1 September 2021 as a NED and on 1 January 2022 was appointed the Interim Chair. On 2 June 2023 he was appointed as Chair.
Alan Rose	Appointed 1 April 2017 until 31 March 2020. Reappointed 1 April 2020 until 31 March 2023
Richard Davies**	Appointed 1 March 2017 until 28 February 2020 Reappointed 1 March until 28 February 2023
Louisa Pepper	Appointed 1 September 2018 until 31 August 2021 Reappointed until 31 August 2024
Christopher Lawrence	Appointed 1 June 2021 until 31 October 2022
Antoinette Jackson	Appointed 1 November 2022
Dr Geraldine O'Sullivan**	Appointed 1 November 2022
Tracy Dowling**	Appointed 1 November 2022
Professor Hilary McCallion	Appointed 1 November 2022 until 31 March 2023
Krishna Yergol* **	Appointed 1 April 2023 (previously Associate NED)
Michael Parsons*	Appointed 1 May 2023
Dr Roger Petter*	Appointed 1 May 2023

Directors

Ewen Cameron	Chief Executive – appointed 20 February 2023
Craig Black	Executive Director of Resources – appointed April 2011 to 31 August 2021 Chief Executive (Interim) – 31 August 2021 until 20 February 2023 when he returned to his substantive post of Executive Director of Resources
Nick Macdonald	Executive Director of Resources (Interim) – appointed 31 August 2021 until 20 February 2023
Paul Molyneaux**	Executive Medical Director (Interim) – appointed 30 June 2021
Jeremy Over	Executive Director of Workforce and Communications – appointed November 2019
Susan Wilkinson**	Executive Chief Nurse – appointed 1 June 2020
Nicola Cottington	Executive Chief Operating Officer – appointed 1 November 2021

*Not in post during 2022/23, but in post when the Annual Report and Accounts were approved.

** These Non-Executive Directors and Executive Directors are not members of the Charitable Funds Committee, but do make up the Corporate Trustee.

More details about the Trustees can be found in West Suffolk NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows (attendance noted is for the Charitable Funds Committee, which met five times in 2022/23):

		2022/23 Attendance	2021/22 Attendance
Alan Rose	- Non-Executive Director	3 / 5	1 / 3
Louisa Pepper	- Non-Executive Director	1 / 5	2 / 3
Chris Lawrence	- Non-Executive Director (Chair of Charitable Funds Committee)	3 / 3	3 / 3
Craig Black*	- Executive Director of Resources and Interim Chief Executive (until February 2023)	3 / 5	3 / 3
Jeremy Over	- Director of Workforce and Communications	3 / 5	3 / 3
Nick Macdonald	- Interim Director of Resources (until February 2023)	3 / 5	2 / 2
Nicola Cottington	- Chief Operating Officer	4 / 5	1 / 1
Antoinette Jackson	- Non-Executive Director	2 / 2	
Hilary McCallion	- Non-Executive Director	2 / 2	
Jude Chin*	- Chair	1 / 5	1 / 2

*The Chair and the Chief Executive attend the Charitable Funds Committee by invitation only.

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

External auditors:

Lovewell Blake
Bankside 300
Peachman Way
Broadland Business Park
Norwich
NR7 0LB

Internal auditors:

RSM UK Risk Assurance Services LLP
Blenheim House
Newmarket Road
Bury St Edmunds
Suffolk
IP33 3SB

Bankers:

National Westminster Bank
7 Cornhill
Bury St Edmunds
Suffolk
IP33 1BQ

Charity governance, structure and management arrangements

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital."

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust's Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators' guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee's Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust's facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund's resources
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income
- Ensure that "best practice" is followed in the conduct of all its affairs fulfilling all of its legal responsibilities
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charity Accounts Assistant and the Assistant Director of Finance, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

Trustee recruitment, appointment and induction

Non-Executive Members of the Trust Board are appointed by the Trust's Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

Key management personnel

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust for their role as part of the Trust, but receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

Risk analysis

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My Wish Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- ***Future levels of income***

My Wish Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My Wish Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- ***Cost of living***

The cost of living crisis in the UK and increasing interest rates has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

However, fundraising events continue to be held (and have increased since the pandemic) and it is hoped that the level of income in 2023/24 will continue to rise.

The investment performance has been volatile over the last year, although we are monitoring the performance closely. Although we saw a small loss at the end of 2022/23, we still have a gain on the investment overall and the value of the investment is rising again in 2023/24.

- ***Unforeseen changes in the operation of the NHS***

The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My Wish Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.

- ***Maintaining the reputation of the Charity***

The Trustee is conscious of the importance of maintaining its reputation within the community.

Income and Expenditure

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charity Accounts Assistant and the Assistant Director of Finance look for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee.

Wider networks

My Wish Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

Related parties

My Wish Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

Our relationship with the wider community

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

Volunteers

The Trustee would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.

Having read all about us, please consider supporting the work of My Wish Charity

The challenge facing My Wish charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community Hospital, and all the services they provide out in the community.

What could your gift buy?

- **£2** could buy a birthday cake for a patient spending their birthday in hospital away from their home.
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

If you have a larger gift in mind, please talk to us. We always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on **01284 712952** or send an email to **fundraising@wsh.nhs.uk**.

Signed on behalf of the trustee:



Name: Jude Chin, Chair of Trustee

Date: 2 November 2023

Statement of Trustee's responsibilities in respect of the Trustee's Annual Report and Accounts

Trustee responsibilities

The Trustee is responsible for preparing the Trustee Annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Practice).

The law applicable to Charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Signed on behalf of the Corporate Trustee:



Jude Chin
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee
2 November 2023

Independent Auditor's Report to the Trustee of My Wish Charity

Opinion

We have audited the financial statements of My Wish Charity (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 30, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance;
- Enquiry of entity staff compliance functions to identify any instances of non-compliance with laws and regulations;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of activities and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor%E2%80%99s-responsibilities-for>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustee, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Lovewell Blake LLP

For and on behalf of

Lovewell Blake LLP

Chartered accountants & statutory auditor

Bankside 300

Peachman Way

Broadland Business Park

Norwich

NR7 0LB

22/11/2023

Lovewell Blake LLP is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

My Wish Charity Statement of Financial Activities for the year ended 31 March 2023

	Note	Unrestricted Funds 2022/23 £000	Restricted Funds 2022/23 £000	Total Funds 2022/23 £000	Unrestricted Funds 2021/22 £000	Restricted Funds 2021/22 £000	Total Funds 2021/22 £000
Income and endowments from:							
Donations and legacies	3	118	230	348	44	325	369
Charitable activities	4	39	45	84	2	54	56
Other trading activities	5	14	3	17	8	5	13
Total Income		171	278	449	54	384	438
Expenditure on:							
Raising funds	8	51	152	203	22	136	158
Charitable activities	9						
Clinical Care and Research Posts		0	137	137	0	125	125
Purchase of New Equipment		(3)	112	109	49	175	224
New Building and Refurbishment		0	222	222	(3)	52	49
Staff Education and Welfare		10	63	73	10	43	53
Patient Education and Welfare		8	28	36	5	26	31
Total Expenditure		66	714	780	83	557	640
Net income/(expenditure)		105	(436)	(331)	(29)	(173)	(202)
Net loss on investments		(6)	(29)	(35)	25	159	184
Net income/(expenditure) after loss on investment		99	(465)	(366)	(4)	(14)	(18)
Gross transfer between funds	22	131	(131)	0	0	0	0
Net movement in funds		230	(596)	(366)	(4)	(14)	(18)
Reconciliation of Funds:							
Total funds brought forward		312	2,062	2,374	316	2,076	2,392
Total funds carried forward		542	1,466	2,008	312	2,062	2,374

All income and expenditure are derived from continuing activities.

The notes set out on pages 37 to 45 form part of these financial statements

My Wish Charity Balance Sheet as at 31 March 2023

	Notes	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		Funds £000 31 March 2023	Funds £000 31 March 2023	Funds £000 31 March 2023	Funds £000 31 March 2022	Funds £000 31 March 2022	Funds £000 31 March 2022
Fixed Assets							
Investments	14	353	1,389	1,742	359	1,418	1,777
Total Fixed Assets		353	1,389	1,742	359	1,418	1,777
Current Assets:							
Debtors	15	30	91	121	2	332	334
Cash at bank	16	174	195	369	(25)	421	396
Total Current Assets / (Liabilities)		204	286	490	(23)	753	730
Liabilities:							
Creditors falling due within one year	17	(15)	(209)	(224)	(24)	(109)	(133)
Net Current Assets / (Liabilities)		189	77	266	(47)	644	597
Total Assets less Current Liabilities		542	1,466	2,008	312	2,062	2,374
Net Assets		542	1,466	2,008	312	2,062	2,374
Charitable Funds	22						
Restricted income funds		0	1,466	1,466	0	2,062	2,062
Unrestricted income funds		542	0	542	312	0	312
Total Charitable Funds		542	1,466	2,008	312	2,062	2,374

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 2 November 2023

Signed:



Name: Jude Chin
Trustee

The notes set out on pages 37 to 45 form part of these financial statements

My Wish Charity Statement of Cashflows

Year Ending 31 March 2023

	Note	Total Funds 2022/23 £000	Total Funds 2021/22 £000
Cash flows from operating activities:			
Net cash provided by / (used in) operating activities	18	(27)	(289)
Change in cash and cash equivalents in the reporting period		(27)	(289)
Cash and cash equivalents at the beginning of the reporting period		396	685
Cash and cash equivalents at the end of the reporting period	16	369	396

The notes set out on pages 37 to 45 form part of these financial statements

My Wish Charity

1 Accounting Policies

General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Trust Fund Office, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, IP33 2QZ.

[a] Basis of Preparation

The financial statements have been prepared under the historic cost convention, subject to revaluation.

Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts. The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

Operational capability - The Charity has reviewed its structure and has adequate administration and fundraising resources to ensure that the Charity can continue to fundraise and carry out its administration function. The Charity considers resourcing at the Charitable Funds Committee.

Market based demand - The Charity has considered the fundraising environment particularly with the current cost of living crisis. The Committee is aware that the impact of cost of living rises may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

Structural finance - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period. There is a risk of a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 26). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

[b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose.

Those funds which are not restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 22.

[c] Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the monetary value of income can be measured with sufficient reliability.

My Wish Charity

[d] **Income from legacies**

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

[e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

[f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

[g] **Fundraising costs**

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs includes expenses for fundraising activities.

[h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

[i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities.

My Wish Charity

[j] **Realised and Unrealised Gains and Losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

[k] **Debtors**

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

[l] **Cash and Cash Equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, in interest bearing savings accounts.

[m] **Creditors**

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

[n] **Pensions**

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

[o] **Investments**

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value.

My Wish Charity

Notes to the Accounts

2 Related party transactions

West Suffolk NHS Foundation Trust acts as a sole Corporate Trustee to the Charity, and as such is both a related party and the ultimate controlling party. Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £769k (2021/22: £640k) of which there is a net creditor of £215k (2021/22: £125k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

Three members of the West Suffolk NHS Foundation Trust board have given donations and fundraising income without conditions to the Charity amounting to £2,105. None of the members have received any benefit from the Charity in payment or in kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

3 Income from donations and legacies

	Unrestricted Funds 2022/23 £'000	Restricted Funds 2022/23 £'000	Total 2022/23 £'000	Total 2021/22 £'000
Donations from Individuals	64	166	230	157
Corporate Donations	12	55	67	19
Legacies	42	9	51	193
Total	118	230	348	369

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

4 Charitable activities

	Unrestricted Funds 2022/23 £'000	Restricted Funds 2022/23 £'000	Total 2022/23 £'000	Total 2021/22 £'000
Grant Income	32	42	74	21
Other income	7	3	10	35
Total	39	45	84	56

Grant income in 2022/23 mainly relates to money received from the NHS Charities Together charity and is being spent on specific staffing at West Suffolk Hospital NHS Foundation Trust.

5 Other trading activities

	Unrestricted Funds 2022/23 £'000	Restricted Funds 2022/23 £'000	Total 2022/23 £'000	Total 2021/22 £'000
Course fee income	0	0	0	1
West Suffolk Hospital other organised fundraising events	0	2	2	5
Third party fundraising	14	1	15	7
Total	14	3	17	13

6 Role of Volunteers

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

Fund advisors:- there are 29 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

Fundraisers: there are about 25 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

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7 Grants made to institutions

All grants are made to the West Suffolk NHS Foundation Trust. The charity does not make any grants to individuals. The grants received by the beneficiary for each category of charitable activity is disclosed in note 9.

8 Analysis of expenditure on raising funds

	Unrestricted Funds 2022/23 £'000	Restricted Funds 2022/23 £'000	Total 2022/23 £'000	Total 2021/22 £'000
Fundraising support costs	51	152	203	158
Total	51	152	203	158

9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour by West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2022/23 £000	Funded Activity Restricted 2022/23 £000	Funded Activity Total 2022/23 £000	Support costs 2022/23 £000	Total 2022/23 £000	Total 2021/22 £000
Clinical Care & Research Posts	0	129	129	8	137	125
Purchase of New Equipment	(2)	104	102	7	109	224
New Building & Refurbishment	0	208	208	14	222	49
Staff Education & Welfare	8	59	67	6	73	53
Patient Education & Welfare	6	26	32	4	36	31
Total	12	526	538	39	577	482

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10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2023 Total £000	2022 Total £000
External audit	3	6	9	9
Governance Costs	3	6	9	9
Amortisation	0	0	0	2
Computer maintenance	1	2	3	4
Salaries and related costs	16	30	46	47
Other	1	1	2	1
Total support costs and overheads	21	39	60	63

	Unrestricted funds £000	Restricted funds £000	2023 Total £000	2022 Total £000
Raising funds	11	10	21	16
Charitable activities	3	36	39	47
	14	46	60	63

11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2021/22: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment as employees of the Trust.

12 Analysis of recharged staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the costs are recharged by the Trust for employees providing support services to charitable activities as well as clinical members of staff supported directly by individual funds. Support employees were the Charitable Fund Accountant, Assistant Director of Finance and members of the fundraising team. My Wish Charity has no key management personnel (2021/22: None).

12a - Staff Costs and Employee Benefits Recharged

	2022/23 £000	Restated 2021/22 £000
Salaries and wages	177	147
Social Security Costs	21	14
Employers Pension Contribution	27	22
Total	225	183

12b - Employee numbers

Average Headcount	6.9	6.4
Average Full Time Headcount	4.8	3.5
Average Part Time Headcount	2.1	2.9
Average WTE	5.9	7.1

As the charity has no employees, as such no employee had emoluments in excess of £60,000 (2021/22: None).

13 Auditor's remuneration

The external auditor's remuneration of £8,634 including irrecoverable VAT (2021/22: £8,220) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2021/22: none undertaken).

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14 Fixed asset investments

Movement in listed investment	31 March 2023	31 March 2022
	Total	Total
	£000	£000
Market value brought forward	1,777	1,592
Less net (loss) / (gain) on revaluation	(35)	185
Market value as at 31 March	<u>1,742</u>	<u>1,777</u>

The Charity investments are held in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date. The original cost of the investment was £1,317k.

15 Analysis of current assets

Debtors due within one year	31 March 2023	31 March 2022
	Total	Total
	£000	£000
Other debtors	121	334
Total	<u>121</u>	<u>334</u>

16 Analysis of cash and cash equivalents

	31 March 2023	31 March 2022
	Total	Total
	£000	£000
Cash in Hand	369	395
	<u>369</u>	<u>395</u>

17 Analysis of current liabilities

Creditors due within one year	31 March 2023	31 March 2022
	Total	Total
	£000	£000
Creditors	54	107
Other Accruals	170	26
Total	<u>224</u>	<u>133</u>

Creditors represent sums owed at the year end by the Charity. Of this amount £215k (2021/22: £125k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

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18 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2023	2022
	£000	£000
Net (expenditure) (as per the Statement of Financial Activities)	(366)	(18)
Adjustments for:		
Amortisation	0	2
Loss on investments	35	(184)
(Increase) / decrease in debtors	213	(124)
(Decrease) / increase in creditors	91	35
Net cash provided by / (used in) operating activities	<u>(27)</u>	<u>(289)</u>

19 Analysis of changes in net debt

	As at 1 April 2022 £000	Cash Flows £000	As at 31 March 2023 £000
Cash at bank and in hand	396	(27)	369

20 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2023 there were 4 legacies totalling £120,808 that had been notified but not received (2021/22: £332,000). These legacies have been included as income and as debtors.

The Charity has been notified of other legacies, however as we are unable to quantify the value of these they have not been included in the Accounts.

21 Contingent Liability

During 2022/23, the Charity was donated £50,000 by The HELP Appeal Charity to undertake feasibility works on the Heli-pad at the West Suffolk Hospital site. The works are now complete, however a balance of the donation was not spent amounting to approximately £20,464. This is shown within restricted income. This is held as a contingent liability whilst we determine whether the balance is to be returned to The HELP Appeal Charity.

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22 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance 1 April 2022 £000	Income	Expenditure	Transfers	(Loss) /gain on investments in year	Fund Balance 31 March 2023 £000
Macmillan Service	Donations	Patient and Staff welfare	433	58	(181)	0	(6)	304
Oncology Service	Donations	Patient and Staff welfare	16	1	(2)	0	0	15
SCBU	Donations	Patient and Staff welfare	38	8	(9)	0	(1)	36
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	24	11	(14)	0	(0.5)	21
Breast Cancer Fund (ex Lizzie Duncan)	Donations	Patient and Staff welfare	67	8	(15)	0	(1)	59
Microbiology	Donations	Patient and Staff welfare	22	-	(3)	0	0	19
Bereavement Room	Donations	Patient welfare	20	0	(4)	0	0	16
Mercury Dementia Appeal	Donations	Patient and Staff welfare	28	2	(4)	0	(0.5)	26
Orthoptic Fund	Donations	Patient and Staff welfare	14	2	(7)	18	0	27
Cardiology	Donations	Patient and Staff welfare	42	14	(29)	31	(1)	57
Palliative Care (including Butterfly Appeal)	Donations	Patient and Staff welfare	338	24	(188)	0	(5)	169
Stroke services	Donations	Patient and Staff welfare	25	8	(12)	2	1	24
Newmarket Hospital	Donations	Patient and Staff welfare	78	29	(39)	0	(1)	67
Wish upon a Star	Donations	Patient and Staff welfare	241	2	(78)	6	(4)	167
Chemical Pathology	Donations	Patient and Staff welfare	43	0	(7)	0	(1)	35
Critical Care	Donations	Patient and Staff welfare	72	1	(13)	2	(2)	60
Pharmacy Social Amenities	Donations	Patient and Staff welfare	18	3	(5)	0	0	16
Emergency Department	Donations	Patient and Staff welfare	18	0	(2)	0	0	16
Rheumatology	Donations	Patient and Staff welfare	50	1	(6)	0	(1)	44
Covid 19	Donations	Patient and Staff welfare	160	33	(50)	0	(2)	141
Other Restricted Funds			315	73	(46)	(190)	(4)	148
Total Restricted Funds			2,062	278	(714)	(131)	(29)	1,466
Unrestricted funds	Donations	Patient and Staff welfare	312	171	(66)	131	(6)	542
			2,374	449	(780)	0	(35)	2,008

These are the major funds referred to in Accounting policy note 1(b). The disclosure is based on funds with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.