



My Wish Charity (Registration Number 1049223)

Annual Report 2021/22

My Wish Charity

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Foreword by the Chair of the Trustee of My Wish Charity (formerly West Suffolk Hospital Charity)

Welcome to our annual report for 2021/22. We are a Trustee body established as a separate legal identity from the West Suffolk NHS Foundation Trust ("The Trust") but work with them in partnership for the benefit of NHS patients and their families from West Suffolk and the surrounding area.

We exist to further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

Key highlights of our year:

- **Continue to receive donations to our COVID Appeal to help support staff and patients.**
- **Offer staff extra training to enhance the service they provide.**
- **Reach our target to our 25 Appeal to support a play specialist post, and receive an extra year of funding.**
- **Upgrade the Chapel, this included a new rest room, a multifaith space, and a counselling room.**
- **Bringing a Changing Places toilet facility to the Trust, to help patients with complex needs.**

Your donations made this work possible and your future donations are key to our continued success.

This is my first report as Chair and I would like to thank the volunteers who fundraise and help us, my fellow board members, and the volunteers who work alongside the professional staff of the Trust.

I hope that like me you will be inspired by our plans. If you would like to donate, details about how to do this are set out at the end of this report. Please support us, as every pound donated counts.



Name: Jude Chin (Chair of Trustee)

Date: 11 January 2023



Who We Are

My Wish Charity is an independent registered charity (registered number 1049223). We exist to raise funds and receive donations for the benefit of the patients of West Suffolk NHS Foundation Trust. By securing donations, legacies and sponsorship, My Wish Charity can provide the 'icing on the cake' to make a real difference for the patients, their families and the staff who look after them.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

Our mission

By raising new money and careful management of our existing funds, My Wish Charity is able to fund expenditure to seek to support the aims and objectives of West Suffolk NHS Foundation Trust and the organisations it works with 'To serve the patients and their families receiving services from the West Suffolk NHS Foundation Trust by funding facilities, equipment, training, education and to support associated healthcare and complimentary services for patients.'

Payments are made in accordance with charity law, our constitution and the wishes and directions of donors. In making payments, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2021/22, payments of £623k were made. Our future plans are to continue to raise our level of fundraising that will help us work with our NHS partner to transform the health prospects for patients in our community.

The directors of West Suffolk NHS Foundation Trust acting on behalf of the Corporate Trustee believe they have complied with their duty to have regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. This is demonstrated by our activities throughout the year

What we have achieved: highlights from the activities undertaken in the year

Our key aim is to serve the NHS patients of West Suffolk Hospital, Newmarket Community Hospital and the community services that West Suffolk NHS Foundation Trust provides for the public benefit. By working with the NHS we assist patients of every walk in life, irrespective of race, creed, ethnicity or personal or family financial circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- **Enhancing the care our partner hospital can offer through new equipment and building improvements to deliver better facilities**
- **Investment in people and in creating a caring environment for the patients receiving care, their families and visitors**
- **Providing direct support to patients by way of information, networking support, better facilities.**

We do this through a range of programmes funded by you, our generous donors. Highlights from the main programmes undertaken in the year are detailed below to give you a wider understanding of the difference we can make together to patients today and in the future.

During that last year, sadly we are still in the recovery period of the Covid 19 pandemic, we continue in the plight to support staff, and patients. We would like to say a huge thank you to all of our amazing donors who continue to support us.

We have been able to continue to fund the Trust to employ extra staff members; and provide items and equipment to support them and their patients.

- A psychologist for staff support
- A play specialist
- A digital communication officer
- A counsellor for our patients being treated for cancer
- Four devices to aid patients suffering from dementia, they are Reminiscence Interactive Therapy Devices (RITA) at a cost of £4,000 each

The Charity once again has been extremely well-supported by our local community, and for this we are extremely grateful.



The generosity of businesses towards an appeal to raise money for a hospital charity has resulted in £5,000 being raised for the cancer unit at West Suffolk Hospital

The money came from the Rotary Newmarket Christmas and New Year campaign with businesses and traders in the town contributing funds along with prizes for a raffle.

President of the club Colin McCarty chose the unit after four Rotarians had been treated by the department over the past six years.

Treasurer Peter Moore and Andrew Rycraft presented a cheque for £5,000 to Sally Daniels, the My WiSH fundraising manager, outside their Rotary lunch venue, the Heath Court Hotel, in Newmarket.

The Rotary club gave a huge thank you to all the local businesses who sponsored the appeal including A J Wealth Management, Anglia Fabrication, A Barker, Ben Burgess, Caps Cases, J Curtis, D J Evans, Fenway, FRS Roofing, Howdens, Jackson-Stops, Key Locks, MHHP Accountants, Mitchams Burwell, Morris Armitage, Huws Gray (Ridgeons), G Reynolds, Southgate of Newmarket, Test and Evaluation, Tops Tiles, Turners, Saint Andrew Bureau, M Skelton and UFAC UK, Zion Landscapes.



Rebecca Miller and Abbey Vinecombe, who work in the pathology department at West Suffolk Hospital, took part in the Vitality Big Half which took place in London, in August 2021 and the pair raised a whopping £1,400 for My WiSH Charity, and it was directed to the women's chosen recipients – the Macmillan Cancer Unit and the Colorectal Department at the hospital.

Both units have a special place in the women's hearts as 25-year-old Abbey, who lives in Brandon and works in the pathology department's office, had two close family members treated for cancer while Rebecca, who lives in Bury St Edmunds and is a phlebotomist, has had major bowel surgery and also had the trials and tribulations of having to deal with her son being treated for the cancer.



A catering assistant at West Suffolk Hospital linked up with her father to tackle the three highest peaks in the UK and raised a huge £1,757 for My Wish charity.

Michaela Cooper and Paul Sims scaled Ben Nevis, in Scotland, followed by Scafell, in the Lake District, and finally Snowdon, in Wales, over a 24-hour period, on Friday, June 11 2021.

The pair took on the Three Peaks challenge in a bid to raise £1,000 as part of the Beacon of Light Challenge which was being run by the Charity, which supports the West Suffolk Hospital.

And it came after three family members were treated for Covid-19 at the hospital in Bury St Edmunds.

Sadly, the pandemic claimed the lives of the grandfather and grandmother of her husband Ben while Michaela's brother-in-law Daniel Cooper, was also struck down with the illness. Thanks to the care and attention he received at the hospital was later discharged.

"The hospital cared for all three of my family members during the pandemic. Although my brother-in-law is now progressing amazingly and is back in the swing of daily life, there was a time when we were all greatly concerned about what the future held for him."

"He cannot speak highly enough of West Suffolk Hospital's critical care unit. They did their utmost to make him feel safe, reassured and cared for, during one of the scariest times of all of our lives," said the 30-year-old, who also works part time with Daniel, 34, at his outboard engine business in Soham.

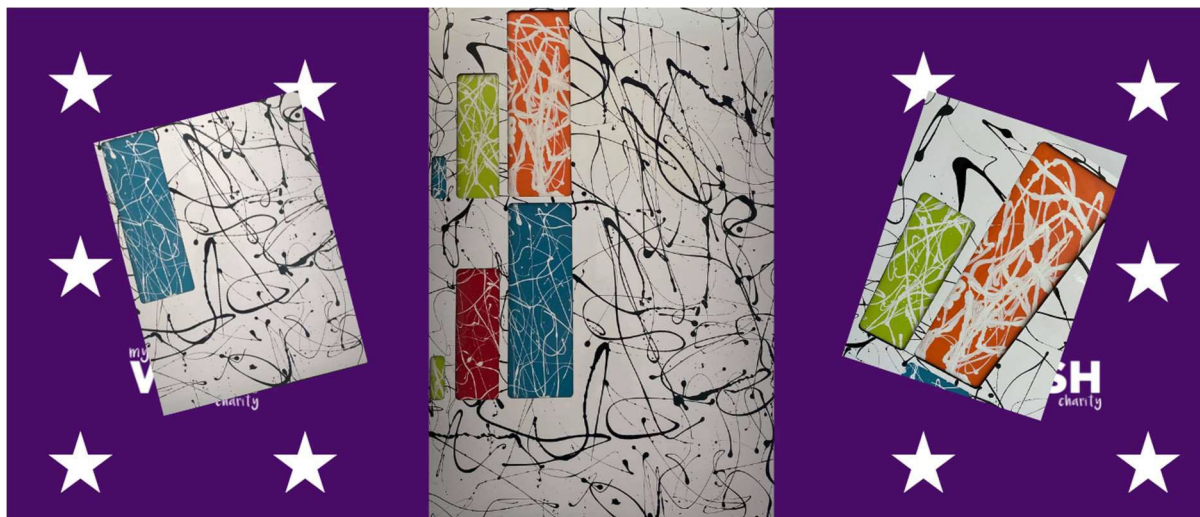
"My dad has done the Three Peaks twice and I really wanted to do it to raise money for My WiSH Charity which does so much great work for the hospital."

"Daniel was very poorly but he managed to pull through and staff were amazing looking after him."

Her 32-year-old husband acted as driver for the couple assisted by family friend Will Affleck, who both play for Bury St Edmunds Rugby Club.

Michaela, who lives in Thetford, added: “They were an important part of the challenge to ensure they got us from one place to the other while we were resting.”

“I thought it would be such a nice thing for me and my father to do together to help repay the hospital in some way and was such an achievement to complete the challenge.”



We were lucky enough to have a piece of original artwork donated by fellow local charity, Geewizz. Originally donated to them by anonymous, self named artist, The Hat, the piece was called Lucky 7 and was inspired by him meeting up with his family after the lockdown of 2020.

As a children’s charity, GeeWizz founder, Gina Long asked for us to donate any proceeds from Lucky 7 to our WiSH Upon a Star children’s appeal which is just what we are did. The item made a huge £1,000 which we directed to the appeal.

Our WiSH Upon a Star appeal supports young patients needing care from the West Suffolk NHS Foundation Trust which includes West Suffolk Hospital, Newmarket Community Hospital and all the community services. The appeal allows us to provide the extras including a play specialist for the emergency department, toys for children with complex care needs and enables us to support children who have lost a sibling.



An eight-year-old girl from Stowmarket has beaten a challenge to carry out 100 cartwheels in 10 minutes to raise money for charity.

Anaiya Dyer took up the Capt Tom Foundation (CTF) challenge smashing the target by doing 104 cartwheels in just three minutes ending up with £407.

The money was then split between the CTF and the My WiSH Charity, which supports the work at the West Suffolk Hospital, with the cash directed towards the neonatal unit where she was treated and who helped to save her life.



The youngster, who is a pupil at Abbots Hall Primary School, in Danescourt Avenue, Stowmarket, was inspired to carry out the stunt after seeing Capt Sir Tom Moore's charity walk. Her family and friends turned up at the town's Recreation Ground, in Park Road, to witness her challenge.

Her mother Kelly Dyer said her daughter, a member of the Bury Spectrum Gymnastics Club, was "really poorly" when she was born and was in a "bad way".

She came into the world a month early weighing 5lbs and had swallowed her meconium, meaning she needed the care of the neonatal unit.

Anaiya was even interviewed live on air on Heart radio's breakfast show with Jamie Theakston and Amanda Holden about her cartwheeling stunt.

Her 44-year-old mother said: "She was not breathing when she was born and she was really poorly and in a bad way for a week and had to be on a ventilator but the doctors and nursing staff were amazing and they effectively saved her life really and we are forever grateful."

"She has come a long way from there and it was a nice thing for her to do."

And Anaiya said that said she "enjoyed" the challenge adding: "I heard this voice in my head and I said I wanted to do this and it was really exciting and challenging."

Sally Daniels, fundraising manager, said "It was a pleasure to meet Anaiya and so kind of her to take on this challenge to raise money for both charities. Our neonatal unit are amazing and I know they are truly grateful for this donation which will go on to help other babies needing their special care".



Staff at the Tesco store in Newmarket have helped to raise over £1,000 in a day for the My WiSH Charity, who support West Suffolk NHS Foundation Trust, with the money benefitting the Macmillan Unit at the West Suffolk Hospital in memory of a former member of staff.

Staff raised money in memory of their colleague, Geoffrey Siago.

It came as a tribute to Geoffrey Siago, who worked in the fruit and veg department of the store in Fordham Road.

The 35-year-old died of cancer back in April 2021 prompting staff to help raise the money to support the charity, which enhances the care of patients at the hospital in Bury St Edmunds, with the money directed towards the unit which cared for him.

Geoffrey, an avid Chelsea supporter, joined Tesco back in 2019, and was a popular member of staff.

Zara Reynolds-Peirce, the community champion at the store, said the total amount raised for My WiSH amounted to £1,075.93 and was organised by staff members Becky Reville, Nicola Collis, Rachel Aylott and Sam Youtzy.

They dressed in the blue and white colours of Chelsea for the day with a series of in-store events taking place including a tombola, raffle and a square game where the winner gave back her £75 prize.

Zara said: "We wanted to do something for the hospital and in memory of Geoffrey and raise money for the hospital's cancer unit. It was incredible to raise that amount of money in one day. A lot of people come into the store and everyone loved the tombola and raffle and it's a really good way to generate the money."



Nine-year-old Maisie Fox took to two wheels in a bid to raise money for the Rainbow Ward at the West Suffolk Hospital.

The youngster decided to take up the challenge after her mother Jordan ran 50 miles for charity.

So, Maisie followed in her mother's footsteps and decided that she wanted to do something similar. Cycling a total of 55 miles, getting on her bike day after day to ride two to three miles around her village in Rickingham, she spent a month completing the distance.

And at the completion of the challenge she "smashed" her target of £50 by raising a total of £586.25 for the Charity, with the money directed towards the Rainbow Ward.

Her mother, who helps run The Bell pub in the village, said: "We were in the middle of lockdown and I set a challenge to run 50 miles for Maggie's Cancer Trust as I wanted to challenge myself and get a bit fitter during lockdown. I did some of the same routes as Maisie, in and around our village."

"We sat down to talk about it and she said that she wanted to do something for the children's ward at the hospital."

“And she totally smashed her original target of £50 which was great.”

“All our family and friends helped to raise the money,” she added.

Maisie was treated at the West Suffolk when she was two-years-old and said some of her friends were also cared for at the hospital in Bury St Edmunds.

“I was thinking that I could bike 50 miles as my mum was also running 50 miles and I was really pleased with the amount of money that I raised,” she said.



By her own admission she can't run, walk or ride a bike in a bid to raise money for charity but she can have her head shaved, and that's just what 94-year-old Toni Gray had carried out at her home in Mildenhall.

The object of the exercise was to raise money for the My WiSH Charity with the money directed towards the Macmillan Unit, at the West Suffolk Hospital, where her son Jaimie is a patient.

The dispatch manager, who lives near his mother, is currently being treated for bowel cancer and is having chemotherapy treatment at the unit following a course of radiotherapy at Addenbrooke's Hospital, in Cambridge.

The 61-year-old was first to get hold of the clippers to trim his mother's locks and was closely followed by his brother Sean, 67, who travelled from his home in Basildon to make it a head shave family affair.

She raised an amazing £1,538.75 after initially setting a target of £60!

Toni, who has her hair cut by a mobile hairdresser every six weeks, said: “It's beginning to grow back again now but having the head shave is really the only thing I could do to raise the money.”

The idea came to her after seeing the Macmillan Cancer Support's "Brave the Shave" campaign as she wanted to do something to thank the staff at the West Suffolk for caring for her son.

Toni said: "Being 94, and not as spry as I once was, I can't run a marathon or swim the Channel, but I can shave my head for the My WiSH Charity. This is in thanks for the wonderful work by all the staff, charity workers and ancillaries at the hospital."

"It was a bit of a shock when Jaimie was diagnosed with cancer and I did feel hopeless at not being able to do anything and then I saw 'Brave to Shave'."

"I suffer from arthritis and have sight issues with macular degeneration but having the head shave was quite good fun. Family and friends watched on and we demolished a couple of bottles of wine and it was a bit of an occasion."

"Jaimie said I looked better with the head shave and people that come in and see me now say that I look wonderful."

Sean said: "My mother just wanted to raise the money for the unit and decided that as she can't run a marathon or climb a mountain that she would have her head shaved."

Sally Daniels, fundraising manager, joined the family for the event and said "It was an honour to join Toni and her boys. It was actually a really fun atmosphere and they made a real occasion out of it. The total raised is just phenomenal and will help so many people in west Suffolk who are diagnosed with cancer. Huge thanks to Toni for being such a star".



Ray Coleman's work colleagues have helped to raise £250 which has funded improvements to the patient entertainment system on one of the wards at the West Suffolk Hospital.

The 56-year-old, who works at the F-35 Training School, at RAF Marham, in Norfolk, was instrumental in choosing the My WiSH Charity to receive the funds which were directed towards the Macmillan Unit, where he has been received treatment for Non-Hodgkin Lymphoma.

He said music could only be heard in half the day treatment unit and so wanted to purchase something to help.

And staff at the training school bought special polo shirts emblazoned with the school's charity emblem "One Team One Fight Against Cancer" at £20 each and wore them each Friday donating money to the fund.

Ray, who lives in Bury St Edmunds, was diagnosed with the illness back in January 2021, and has had radiotherapy and chemotherapy treatment sessions at the West Suffolk and also at Addenbrooke's Hospital, in Cambridge.

He said: "I've been a patient at the Macmillan Unit at the hospital in Bury St Edmunds since January and spent quite a of time there in the first six months of the year and I wanted to try and give something back."

"We buy the polo tops from the manufacturers and money from the sale of them goes into our charity fund."

"Once a year the bosses get together and decide who's going to have the charity money and mine was chosen."

"When I was in the Macmillan Unit there was an old radio and if you sat near it it was quite loud but the further away you could not hear it so I thought it could do with an upgrade."

Sally Daniels, fundraising manager for My WiSH Charity, met with Ray to thank him for supporting the unit, "It was great to meet Ray and say a personal thank you from the charity. Laura, the ward manager, was already thinking about buying a new radio so this donation couldn't have come at a more perfect time. Thank you to everyone who donated."



Husband and wife Ian and Pat Jenkins are linked up with four friends for a cross country cycle ride in a bid to raise money for a hospital ward which cared for a loved one up to his final days.

The couple left their home in Mildenhall, just after 7am on Saturday, August 7, along with Tracy Canham, Dean Whitehead, Dave Allen and Rob Foord and cycled the 64 miles to Southwold.

Their target was £1,000, and they smashed that to pieces by raising £4,000, with the money directed towards the Macmillan Unit at West Suffolk Hospital.

The group were supported by a back up team of Shelby Foord, Davey Friedlander, Joy Bentley and Christine Burton, while Ruth Hounsome, who had an accident coming off her bike, did the distance on the same day on her exercise bike.

Ian, who is a purchasing manager with an engineering firm in Spalding, Lincolnshire, said the cycle ride was in memory of his father Len who was treated by the team at the Macmillan Unit, after he was diagnosed with acute myeloid leukaemia in 2019.

He had regular treatment at the hospital, but died in the unit on New Year's Day after contracting sepsis and Covid aged 86. He lived in Red Lodge with his 81-year-old wife June and celebrated their diamond wedding anniversary last year.

Ian, 57, said: "My father was always complimentary of the level of care and the staff at the unit and it continued right up until the end. We were unable to get in to say our goodbyes to him because of Covid which was awful and we wanted to give something back.



Fundraising swimmer Corinne West completed 10 miles in a bid to raise money for a hospital charity campaign to thank staff for the love and care they provided for her much loved grandmother.

The 33-year-old, who lives in Thetford, completed the distance at Thetford Leisure Centre and open water swimming at a nearby lake.

She more than doubled her target of reaching £100 by raising a total of £235 for My WiSH Charity's Butterfly Fund.

Corinne's grandmother Flo West, who lived with her 87-year-old husband Roy, in Brandon, died in June 2021 after being cared for by the palliative care team at the hospital in Bury St Edmunds.

She suffered from dementia during her later years and was a treasured relative of her granddaughter.

Corinne said: "My nan was a huge part of my life and I wanted to do something to celebrate her life and my memories with her."

"She was actually the one who taught me and my sister, Claire Slattery, to swim. I remember being on holiday in the New Forest when I was about four and nan was determined that she was going to teach me to swim, more so as she could never swim herself."

She said when her 88-year-old grandmother died she wanted to do something in a way of thanking the hospital staff.

Corinne said her grandmother was an amazing lady and she lived in London and Spain before moving to Suffolk. She even spent her 80th birthday in Thailand and along with Roy they loved to travel.

"In her last days nan was taken care of by the palliative care team at West Suffolk Hospital and they treated her with such love and dignity and allowed the family to be there to say goodbye," said Corinne.

"It was just a small thing that I did to say thank you to the hospital who made her so comfortable and they made it so peaceful and dignified."

"She always said to us 'Do what you want when you want and how you want' and she was a feisty character and her and Roy were always here there and everywhere."

Corinne, who works at Center Parcs as the resource and planning manager, said how she swam two-and-a-half miles a week

During Flo's stay at the West Suffolk on the G8 ward, she was given a bear and a blanket from the palliative care team and Roy was able to sleep beside her in one of the chair beds My WiSH purchased. He also had a comfort pack so water, tissues, wipes, toothbrush and paste etc to make sure he was comfortable. And he still has the blanket and bear.



A party for family and friends of super fundraiser Heather Damsell resulted in £1,000 being raised for My Wish charity.

She invited 38 people to the Beck Row Methodist Hall for the event as part of the NHS Big Tea and described it as a “lovely” evening.

Heather, who lives in Barton Mills, has over the years raised a total of £2,825 for the My WiSH Charity which supports the work of the West Suffolk Hospital, Newmarket Community Hospital and community services in Suffolk.

Back in 2015 and 2016 she raised £1,200 for the Macmillan Unit at the hospital, and a further £625 for the Every Heart Matters cardiac appeal in 2018. Her latest effort has boosted her fundraising to near the £3,000 mark.

Music for the tea party was provided by Brian Roy and she was further helped to organise the event by her sisters Susan Adams and Jenny Darkens along with Ken Palmer and Peter Empson. Food was provided in lunch boxes to keep it all Covid safe and everyone had a wonderful time.

Heather said the money was raised from a raffle and games and she said those who attended the tea party held on Saturday, July 31, were “very generous” and thanked them for their support.

The 74-year-old said: “We just got together and had a great time doing it and we enjoyed every minute of it.”

“We love to fundraise for the hospital and every little bit helps.”



The renal ward at the West Suffolk Hospital has been gifted a set of computer tablets thanks to a donation from the Stowmarket Choral.

A total of six Samsung tablets along with headphones and their hygiene covers have gone to the F8 ward at the hospital in Bury St Edmunds, following the donation to My WiSH charity.

The choral wanted to help patients watch TV and, with the Trust now using a new entertainment service called WiFi Sparks, patients without a smart device cannot access it.

But the tablets mean they can now enjoy TV, radio and magazines while on the ward.

Sue Smith, head of fundraising said “The new WiFi Sparks is a brilliant addition making patient entertainment free for everyone but we wanted to ensure those without a smart device could still watch their favourite soap or quiz show while they are in hospital or enjoy the radio or just the paper. We are so grateful for the donations we receive as they allow us to be able to provide items like this to enhance a patients stay in hospital”.



Avid runner Gary Lockwood has helped to turn his life around by pounding the streets after years fighting drug and alcohol abuse.

He completed back to back marathon distances round parts of Suffolk and Cambridgeshire from his home in Burwell raising money for the childrens' ward at the West Suffolk Hospital where his son Bobby was cared for.

The 48-year-old self-employed tiler took almost nine hours running a circular course through the towns and villages of Fordham, Isleham, Freckenham, Red Lodge, Kentford, Gazeley, Dalham, Ashley, Cheveley, Newmarket, Upware and Soham for the 52.4 miles and has now ended up with a total of £1,516.74 after setting an initial target of £1,000.

The money has gone to My WiSH Charity, with it being directed towards the Rainbow Ward and used by its health play specialist Laura Nudds to buy toys and equipment to help with her role of preparing children for procedures and reducing their anxieties through play.

His challenge came after Bobby needed urgent treatment when he was just five weeks old after a bleed from his nose wouldn't stop.

Gary, who has faced a lifetime of drug and alcohol abuse since the age of 11, said he was out in the car with his son and partner Tina Basing back in May going to a local fair when Bobby stopped breathing and suffered the long term nose bleed. The youngster, who was just five-weeks-old at the time, went into shock prompting his parents to call the paramedics who took him to hospital where he was admitted to the Rainbow Ward for a couple of nights.

"But he's as healthy as you like now," said Gary. "Although it was a bit of a worrying time for me and Tina."

He said staff on the ward were so amazing he wanted to give something back and what Gary and his 35-year-old partner said was that the staff also cared for them as well as Bobby ensuring they ate, drank and slept which was "just wonderful".

The run, which took place on August 21 2021, was supported by Gary's friend Michael Hales, who lives in Fordham, and who cycled alongside and even had to bike on one wheel for 12 miles after he suffered a puncture.

Gary, who talked frankly about his life problems, said: "I only started running in April and it got my mind away from the abuse I had been suffering. When I was young I started sniffing glue and petrol and other substances then went onto drugs and into rehab. I was going through a lot of stuff and it was quite difficult for me."

But he said how running had helped him to turn his life around as he can plough his energy into pounding the streets.

"I suffer from social anxiety now and I'm not really a people person so queueing up for a run with other people is not for me but I just like to get out and run and run which I get a buzz from."

"I'm really pleased to have raised the money and to have helped the hospital out and if my running gives a bit of hope to other people with drug and alcohol addiction then that's a bit of an achievement as well," he added.



Super fundraiser Josh Wright has been at it again boosting the funds of the My WiSH hospital charity by taking part in a marathon run round Bury St Edmunds with his father Les.

The pair made a circuit of the town in four hours 30 minutes as part of the virtual London Marathon ending up through the Moreton Hall Estate, onto Rougham and crossing the “finishing line” in Thurston, where his grandfather Ron lives. The money raised is being directed towards the Macmillan Unit, at the West Suffolk Hospital, where his grandmother Christa was treated.

She suffered from cancer and the family lost the 68-year-old last October with the run taking place close to the anniversary of her death and with a total of £1,151.50 raised.

That takes the total amount of money raised by Josh to £4,213.52 for the Charity following another marathon back in 2019 along with a 24-hour gaming marathon. He then did 13 half marathons last year followed by a full marathon for the charity’s Butterfly Appeal.

The 27-year-old, who lives in Bury St Edmunds, said the latest run was in memory of his grandmother and it was poignant that they finished it in the village where she lived.

“We ran it at the same time as the London Marathon in the capital and we did a full circuit of the town before completing it in Thurston. Running for four hours was not too bad and we went over the line together.”

“Christa was in the West Suffolk Hospital and was ill for a while and took a turn for the worse in the middle of the coronavirus lockdown last year.”

“We are a very close knit family and my grandfather wanted the money we raised to go towards the ward where she was treated as the care she received was fantastic.”

Josh added: “I think this last year and more has brought forward how much we all cherish the NHS and how much we need to help it and enhance it, which is exactly what My WiSH do.”

We, My Wish Charity, would love to thank all our AMAZING fundraisers and volunteers that allow us to enhance the care, love and support of our patients, and staff!

How we funded our work, our achievements and performance

In this section we firstly explain how we raised the money and then how we spent it.

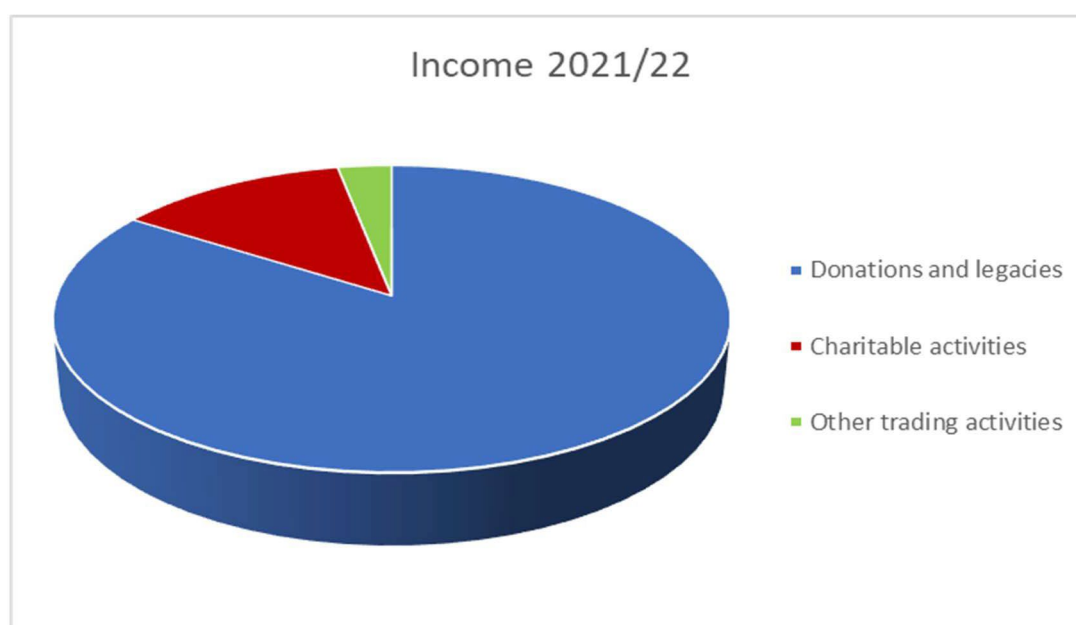
Money received: £438k

Money spent: £640k

My Wish Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with expenditure exceeding income by £202k before investment gains.

Money received: sources of funds

The pie chart shows our main sources of income. The largest is termed voluntary income and represents gifts and donations from the public.



Donations and legacies £369k – Our largest source of income is from the public and by local companies keen to support their local community:

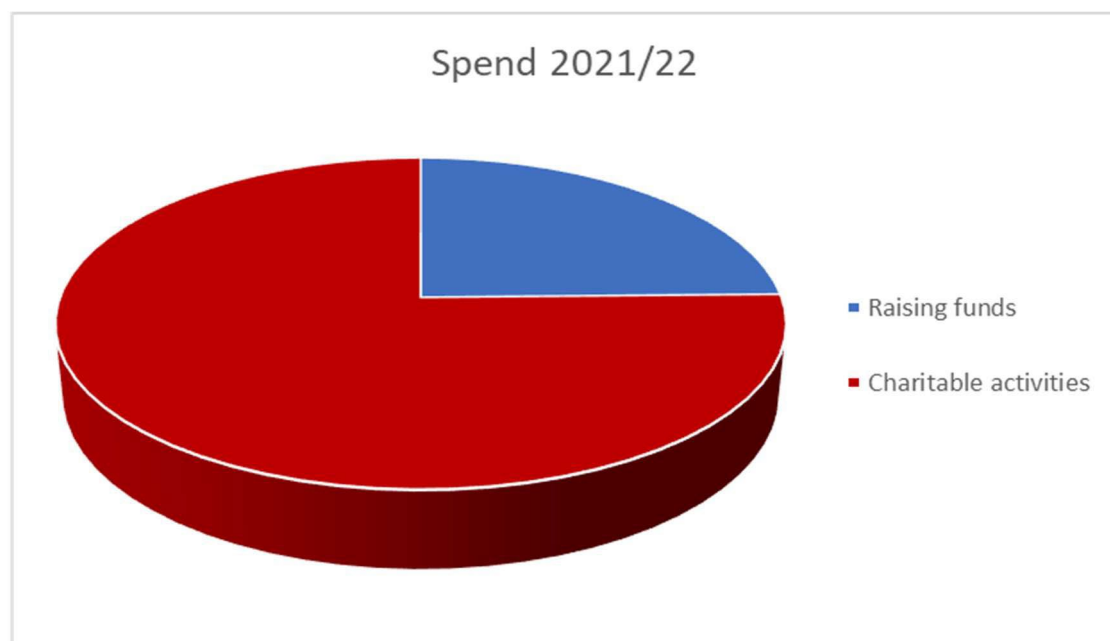
- **Gifts from the public £157k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £19k** – many companies adopt charities as a way of putting something back into the community. My Wish Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £193k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

Charitable activities £56k – £21k of this relates to grant income, whilst the remaining balance is other items of income that do not fit in to the above categories.

Other trading activities £13k – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My Wish Charity. The Coronavirus pandemic has resulted in many fundraising events being cancelled and therefore the income continues to be considerably down on previous years.

- **West Suffolk Hospital other organised fundraising £5k**
- **Course fee income £1k**
- **Third party fundraising £7k**

Money spent: what we spent the money on



Our charitable work was made up of five distinct areas. The costs shown below exclude attributable support costs as set out in note 9 to the accounts:

Clinical Care & Research Posts: The funds support a counsellor and some nurses within the Macmillan Unit, a Clinical Psychologist in SCBU and a children's play specialist. The cost of these staff was **£112k** in 2021/22.

New equipment: The NHS of course buys much of its own equipment for day to day use and has its own capital programme but NHS capital funds for large items of equipment are scarce. With advances in technology we can make a real difference in purchasing items. We spent **£199k** on new equipment. Examples of equipment purchased this year are:

- **Patient monitors**
- **Clarus 700 retinal camera**
- **Optiflow nasal flow system (oxygen therapy)**
- **Infusomat infusion pump**
- **Intensive care trauma chair**

Adaptations to buildings: We spent **£46k** in 2021/22 on a number of minor capital projects including the refurbishment of the Chapel.

Staff education and welfare: We spent **£48k** on a wide variety of training and educational courses for our staff.

Patient education and welfare: We spent **£28k** supporting education and the welfare of patients.

Performance against objectives

Spending the money is only part of the story because we are concerned to achieve value for money. To ensure the money is well spent applications for General Fund funding include questions about the objectives, impact and success criteria for the proposed project.

Our fundraising performance

Members of My Wish fundraising department organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £438k compared to 2020/21 of £695k.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fund raising as “soliciting or otherwise procuring money or other property for charitable purposes.” Such amounts receivable are presented in our accounts as “voluntary income” and include legacies and grants.

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any undertaking to be bound by any regulatory scheme. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Executive Director of Workforce & Communications. It is impossible to apply the same rigour to members of public however the Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

What we plan to do with your donations: our future plans

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- Complete the Butterfly Appeal
- Continue to engage with our community services and Newmarket Community Hospital
- Continue to engage and develop relationships with the wider community
- Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes

Your support makes these plans possible and to help us, please do consider making a donation.

How we manage the money

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity is constituted of 89 individual funds (2020/21: 89) as at 31 March 2022 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

Our payment making policy

All payments are normally made from the Charity – these funds comprise two elements:

- Unrestricted funds contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- Restricted funds (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

Our reserves policy

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three year reference period.

As at 31 March 2022 the unrestricted reserves held was £312k. This compares to an expected average annual unrestricted income of approximately £110k. The main reason for the high level of reserves is due to a combination of a high level of investment gains and a reduced level of unrestricted income. The Trustee believes that the level of reserves is sufficient.

Our financial health: a strong balance sheet

The assets and liabilities of My Wish Charity as at 31 March 2022 are stated below, compared with the position at 31 March 2021.

	31 March 2022	31 March 2021
	£'000	£'000
Fixed Assets	0	2
Fixed Asset investments	1,777	1,592
Total Current Assets	730	895
Creditors falling due within one year	(133)	(97)
Total Net Assets	2,374	2,392
Income Funds		
Restricted	2,062	2,076
Unrestricted Income Funds ('general fund'):	312	316
Total Funds	2,374	2,392

A few helpful definitions:

Total current assets represent the cash held on deposit and the amounts owed to the Charity.

Creditors falling due within one year represent the balance of money owed within 12 months to suppliers of goods and services. £125k of this balance is owed to West Suffolk NHS Foundation Trust.

Total net assets represent the total assets of the Charity less the value of outstanding liabilities (monies that the Charity owes).

Restricted income funds represent money which is held by the Trustee which can only be used for specified purposes.

Unrestricted income funds are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, for the Charity, this relates to the 'general fund'.

About investments

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd.

How we organise our affairs: reference and administrative details

The Charity

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity (formerly known as West Suffolk Hospital Charity)** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

Related Charities:

West Suffolk Hospitals Trust Charitable Fund	1049223-1
The West Suffolk Hospital Charity	1049223-3
Sudbury Hospital Charity	1049223-2
Joyce Marno-Edwards Fund	1049223-4
West Suffolk Hospital Education Centre	1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.

The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

Strategic aims are:

- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice
- To increase the charitable income – fundraising and donations - raised by My Wish Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular
- To promote legacies in a responsible way
- To ensure all areas of the Hospital are aware of the work of My Wish Charity and how fundraising can help each and every aspect of the trust
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders

How to contact us

The Charity office and principal address of My Wish Charity is:

The Trust Fund Office
West Suffolk NHS Foundation Trust
Hardwick Lane
Bury St Edmunds
IP33 2QZ
☎ 01284 712952

For fundraising queries please contact:

The Head of Fundraising
My Wish Fundraising Office
Hardwick Lane
Bury St Edmunds
IP33 2QZ
☎ 01284 712952

Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

During 2021/22 the Trust Board consisted of:

Non-executive Directors (NEDs)

Sheila Childerhouse (Chair)	Appointed 1 January 2018 until 31 December 2020 reappointed 1 January 2021 until 31 January 2022
Jude Chin (Chair)	Appointed 1 September 2021 as an interim NED and on 1 February 2022 was appointed the Interim Chair. Jude was appointed for a one-year term as the permanent Chair on 4 July 2022.
Alan Rose	Appointed 1 April 2017 until 31 March 2020. Reappointed 1 April 2020 until 31 March 2023
Richard Davies	Appointed 1 March 2017 until 28 February 2020 Reappointed 1 March until 28 February 2023
Angus Eaton	Appointed 1 January 2018 until 31 December 2020 Reappointed 1 January 2021 until 31 May 2021 Stood down from 31 May 2021
Louisa Pepper	Appointed 1 September 2018 until 31 August 2021 Reappointed until 31 August 2024
David Wilkes	Appointed 31 July 2020 until 11 June 2021
Rosemary Mason (Associate)	Appointed 24 August 2020 until 22 June 2021
Christopher Lawrence	Appointed 1 June 2021 until 31 October 2022

Antoinette Jackson	Appointed 1 November 2022
Dr Geraldine O'Sullivan	Appointed 1 November 2022
Tracy Dowling	Appointed 1 November 2022
Professor Hilary McCallion	Appointed 1 November 2022
Krishna Yergol	Appointed 1 November 2022

Directors

Stephen Dunn	Chief Executive – appointed 3 November 2014 left 31 August 2021
Craig Black	Executive Director of Resources – appointed April 2011 to 31 August 2021 Chief Executive (Interim) – 31 August 2021
Nick Macdonald	Executive Director of Resources (Interim) – appointed 31 August 2021
Nick Jenkins	Executive Medical Director – appointed 17 November 2016 stepped down 30 June 2021
Paul Molyneaux	Executive Medical Director (Interim) – appointed 30 June 2021
Helen Beck	Executive Chief Operating officer – appointed 1 May 2017 left 31 October 2021
Nicola Cottingham	Executive Chief Operating officer – appointed 1 November 2021
Jeremy Over	Executive Director of Workforce and Communications – appointed November 2019
Susan Wilkinson	Executive Chief Nurse – appointed 1 June 2020

More details about the Trustees can be found in West Suffolk Hospital NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows:

	2021/22 Attendance	2020/21 Attendance
Sheila Childerhouse - Chair	1 / 3	4 / 5
Stephen Dunn - Chief Executive	1 / 1	5 / 5
Angus Eaton - Non-Executive Director	1 / 1	3 / 3
David Wilkes - Non-Executive Director	1 / 1	4 / 4
Richard Davies - Non-Executive Director	0 / 3	0 / 3
Alan Rose - Non-Executive Director	1 / 3	3 / 3
Louisa Pepper - Non-Executive Director	2 / 3	0 / 3

Chris Lawrence	- Non-Executive Director	3 / 3	
Jude Chin	- Chair	1 / 2	
Rosemary Mason	Non-Executive Director	1 / 1	0 / 2
Craig Black	- Director of Resources (until August 2021) and Interim Chief Executive (August 2021)	3 / 3	4 / 5
Jeremy Over	- Director of Workforce and Communications	3 / 3	3 / 5
Helen Beck	- Chief Operating Officer	2 / 2	5 / 5
Nick Jenkins	- Executive Medical Director (until June 2021)	0 / 1	0 / 5
Paul Molyneaux	- Interim Executive Medical Director (from June 2021)	0 / 2	
Susan Wilkinson	- Executive Chief Nurse	0 / 3	0 / 3
Nick Macdonald	- Interim Director of Resources (from August 2021)	2 / 2	
Nicola Cottingham	- Chief Operating Officer	1 / 1	

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

External auditors:

Lovewell Blake
Bankside 300
Peachman Way
Broadland Business Park
Norwich
NR7 0LB

Internal auditors:

RSM UK Risk Assurance Services LLP
Blenheim House
Newmarket Road
Bury St Edmunds
Suffolk
IP33 3SB

Bankers:

National Westminster Bank
7 Cornhill
Bury St Edmunds
Suffolk
IP33 1BQ

Charity governance, structure and management arrangements

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: “For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital”.

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust’s Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators’ guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee’s Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust’s facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund’s resources
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income
- Ensure that “best practice” is followed in the conduct of all its affairs fulfilling all of its legal responsibilities
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charity Accounts Assistant and the Assistant Director of Finance, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

Trustee recruitment, appointment and induction

Non-Executive Members of the Trust Board are appointed by the Trust’s Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

Key management personnel remuneration

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year. The Trust Director of Resources is employed by West Suffolk NHS Foundation Trust.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust and receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

Risk analysis

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My Wish Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- ***Future levels of income***

My Wish Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My Wish Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- ***Impact of COVID19***

The COVID19 pandemic has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

However fundraising events are now being held again and it is hoped that the level of income in 2022/23 will continue to rise.

The investment performance has been volatile during the pandemic, although we are monitoring the performance closely and have still seen a gain in the investment during the year.

- ***Unforeseen changes in the operation of the NHS***

The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My Wish Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.

- ***Maintaining the reputation of the Charity***

The Trustee is conscious of the importance of maintaining its reputation within the community.

Income and Expenditure

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charity Accounts Assistant and the Assistant Director of Finance look for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee.

Wider networks

My Wish Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

Related parties

My Wish Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

Our relationship with the wider community

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

Volunteers

The Trustee would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.
- Our ambassador Frankie Dettori has been incredibly supportive, and we are extremely grateful to him.

Having read all about us, please consider supporting the work of My Wish Charity

The challenge facing My Wish charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community Hospital, and all the services they provide out in the community.

What could your gift buy?

- **£2** could buy a birthday cake for a patient spending their birthday in hospital away from their home.
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

If you have a larger gift in mind, please talk to us. We always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on **01284 712952** or send an email to **fundraising@wsh.nhs.uk**.

Signed on behalf of the trustee:



Name: Jude Chin (Chair of Trustee)
Date: 11 January 2023

Statement of Trustee's responsibilities in respect of the Trustee's Annual Report and Accounts

Trustee responsibilities

The Trustee is responsible for preparing the Trustee Annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Practice).

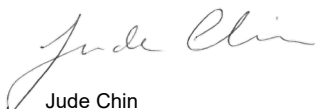
The law applicable to Charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustee is responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Corporate Trustee:



Jude Chin
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee
11 January 2023

Independent Auditor's Report to the Trustee of My Wish Charity

Year ended 31 March 2022

Opinion

We have audited the financial statements of My Wish Charity (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, balance sheet, statement of cash flows and the related notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Trustee of My Wish Charity (Continued)

Year ended 31 March 2022

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- the charity has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 34, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance;
- Enquiry of entity staff compliance functions to identify any instances of non-compliance with laws and regulations;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of activities and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>. This description forms part of our auditor's report

Independent Auditor's Report to the Trustee of My Wish Charity (Continued)

Year ended 31 March 2022

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Lovewell Blake LLP

Chartered accountants & statutory auditor

Bankside 300

Peachman Way

Broadland Business Park

Norwich

NR7 0LB

27 January 2023

Lovewell Blake LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

My Wish Charity Statement of Financial Activities for the year ended 31 March 2022

	Note	Unrestricted Funds 2021/22 £000	Restricted Funds 2021/22 £000	Total Funds 2021/22 £000	Unrestricted Funds 2020/21 £000	Restricted Funds 2020/21 £000	Total Funds 2020/21 £000
Income and endowments from:							
Donations and legacies	3	44	325	369	86	289	375
Charitable activities	4	2	54	56	14	275	289
Other trading activities	5	8	5	13	4	27	31
Total Income		54	384	438	104	591	695
Expenditure on:							
Raising funds	8	22	136	158	29	134	163
Charitable activities	9						
Clinical Care and Research Posts		0	125	125	0	37	37
Purchase of New Equipment		49	175	224	30	145	175
New Building and Refurbishment		(3)	52	49	20	21	41
Staff Education and Welfare		10	43	53	(3)	89	86
Patient Education and Welfare		5	26	31	1	46	47
Total Expenditure		83	557	640	77	472	549
Net gains on investments		25	159	184	39	243	282
Net income/(expenditure)		(4)	(14)	(18)	66	362	428
Net movement in funds		(4)	(14)	(18)	66	362	428
Reconciliation of Funds:							
Total funds brought forward		316	2,076	2,392	250	1,714	1,964
Total funds carried forward		312	2,062	2,374	316	2,076	2,392

All income and expenditure are derived from continuing activities.

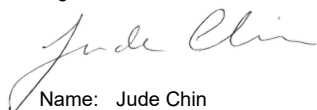
The notes set out on pages 41 to 49 form part of these financial statements

My Wish Charity Balance Sheet as at 31 March 2022

	Notes	Unrestricted Funds £000 31 March 2022	Restricted Funds £000 31 March 2022	Total Funds £000 31 March 2022	Unrestricted Funds £000 31 March 2021	Restricted Funds £000 31 March 2021	Total Funds £000 31 March 2021
Fixed Assets							
Intangible	14	0	0	0	0	2	2
Investments	15	359	1,418	1,777	333	1,259	1,592
Total Fixed Assets		359	1,418	1,777	333	1,261	1,594
Current Assets:							
Debtors	16	2	332	334	5	205	210
Cash at bank	17	(25)	421	396	2	683	685
Total Current (Liabilities) / Assets		(23)	753	730	7	888	895
Liabilities:							
Creditors falling due within one year	18	(24)	(109)	(133)	(24)	(73)	(97)
Net Current (Liabilities) / Assets		(47)	644	597	(17)	815	798
Total Assets less Current Liabilities		312	2,062	2,374	316	2,076	2,392
Net Assets		312	2,062	2,374	316	2,076	2,392
Charitable Funds	24						
Restricted income funds		0	2,062	2,062	0	2,076	2,076
Unrestricted income funds		312	0	312	316	0	316
Total Charitable Funds		312	2,062	2,374	316	2,076	2,392

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 11 January 2023

Signed:



Name: Jude Chin
Trustee

The notes set out on pages 41 to 49 form part of these financial statements

My Wish Charity Statement of Cashflows

Year Ending 31 March 2022

	Note	Total Funds 2021/22 £000	Total Funds 2020/21 £000
Cash flows from operating activities:			
Net cash provided by / (used in) operating activities	19	(289)	197
Cash flows from investing activities:			
Dividends, interest and rents from investments		0	0
Purchase of investments	15	0	(167)
Net cash provided by / (used in) investing activities		0	(167)
 Change in cash and cash equivalents in the reporting period		 (289)	 30
 Cash and cash equivalents at the beginning of the reporting period		 685	 655
 Cash and cash equivalents at the end of the reporting period	 17	 396	 685

The notes set out on pages 41 to 49 form part of these financial statements

My Wish Charity

1 Accounting Policies

General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Trust Fund Office, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, IP33 2QZ.

[a] Basis of Preparation

The financial statements have been prepared under the historic cost convention, subject to revaluation.

Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts. The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

Operational capability - The Charity has reviewed its structure and has increased its administration and fundraising resources to ensure that the Charity can continue to fundraise and improve its administration function. The Charity considers resourcing at the Charitable Funds Committee.

Market based demand - The Charity has considered the fundraising environment particularly now that we have returned to 'business as usual' after the coronavirus pandemic. The Committee is aware that the new post covid environment and the impact of cost of living rises may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

Structural finance - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period.

In future years, one of the key risks to the My Wish Charity is a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 28). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

[b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose. The charity has no endowment funds.

Those funds which are neither restricted nor endowment income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 24.

[c] Income

All income is recognised once the Charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of income can be measured with sufficient reliability.

My Wish Charity

[d] **Income from legacies**

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

Material legacies which have been notified but not recognised as income in the Statement of Financial Activities are disclosed in a separate note to the accounts with an estimate of the amount receivable (note 20).

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

[e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

[f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

Income from investments is allocated to funds twice a year based upon the balance of the funds held at the time of allocation.

[g] **Fundraising costs**

The costs of generating funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs includes expenses for fundraising activities.

[h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

[i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities. There is no effect on the total expenditure for 2021/22 or 2020/21.

My Wish Charity

[j] Intangible fixed assets

Valuation

Intangible fixed assets are non-monetary fixed assets that do not have physical substance but are identifiable and are controlled by the Charity through custody or legal rights. Intangible fixed assets include purchased intangible assets such as software licences. Although such assets lack physical substance they provide an ongoing benefit to the Charity. FRS102 requires that intangible fixed assets must be held at their historical cost. The residual value of intangible fixed assets is nil when calculating the charge for amortisation unless evidence exists to the contrary. The carrying value of intangible assets are reviewed for impairments in periods or changes in circumstances indicate the carrying value may not be recoverable.

Amortisation

Amortisation on intangible assets are charged as an expense to the relevant Statement of Financial Activities category reflecting the use of the asset. Intangible assets are amortised at rates calculated to write them down to estimated residual value on a straight line basis. The intangible assets relate to software and this has been amortised over seven years.

[k] Realised and Unrealised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

[l] Debtors

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

[m] Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in 90 day notice interest bearing savings accounts.

[n] Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

[o] Pensions

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

[p] Investments

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value.

My Wish Charity

Notes to the Accounts

2 Related party transactions

West Suffolk NHS Foundation Trust acts as a sole Corporate Trustee to the Charity, and as such is both a related party and the ultimate controlling party. Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £640k (2020/21: £549k) of which there is a net creditor of £125k (2020/21: £62k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

None of the members of the West Suffolk NHS Foundation Trust board or parties related to them has undertaken any transactions with the Charity or received any benefit from the Charity in payment or kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

3 Income from donations and legacies

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Donations from Individuals	35	122	157	272
Corporate Donations	4	15	19	31
Legacies	5	188	193	72
Total	44	325	369	375

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

4 Charitable activities

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Grant Income	0	21	21	253
Other income	2	33	35	36
Total	2	54	56	289

Grant income in 2020/21 mainly relates to money received from the NHS Charities Together charity and is being spent on projects that relate to the Coronavirus pandemic.

5 Other trading activities

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Course fee income	0	1	1	1
West Suffolk Hospital other organised fundraising events	5	0	5	3
Third party fundraising	3	4	7	27
Total	8	5	13	31

6 Role of Volunteers

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

Fund advisors:- there are 80 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

Fundraisers: there are about 25 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

My Wish Charity

7 Grants made to institutions

All grants are made to the West Suffolk NHS Foundation Trust. The charity does not make any grants to individuals. The grants received by the beneficiary for each category of charitable activity is disclosed in note 9.

8 Analysis of expenditure on raising funds

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Fundraising support costs	22	136	158	163
Total	22	136	158	163

9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour by West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2021/22 £000	Funded Activity Restricted 2021/22 £000	Funded Activity Total 2021/22 £000	Support costs 2021/22 £000	Total 2021/22 £000	Total 2020/21 £000
Clinical Care & Research Posts	0	112	112	13	125	37
Purchase of New Equipment	45	156	201	23	224	175
New Building & Refurbishment	(2)	48	46	3	49	41
Staff Education & Welfare	9	39	48	5	53	86
Patient Education & Welfare	4	24	28	3	31	47
Total	56	379	435	47	482	386

My Wish Charity

10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2022 Total £000	2021 Total £000
External audit (2021/22 figure includes an undercharge from 2020/21)	2	7	9	7
Governance Costs	2	7	9	7
Amortisation	1	1	2	2
Computer maintenance	1	3	4	4
Salaries and related costs	12	35	47	35
Other	0	1	1	2
Total support costs and overheads	16	47	63	50

	Unrestricted funds £000	Restricted funds £000	2022 Total £000	2021 Total £000
Raising funds	2	14	16	15
Charitable activities	6	41	47	35
	8	55	63	50

11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2020/21: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment.

12 Analysis of recharged staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the Funds are recharged by the Trust for employees providing support services to charitable activities as well as clinical members of staff supported directly by individual funds. Support employees were the Charitable Fund Accountant, Technical Accountant and members of the fundraising team. No employee had emoluments in excess of £60,000 (2020/21: £nil). My Wish Charity has no key management personnel (2020/21: £nil).

12a - Staff Costs and Employee Benefits

	2021/22 £000	2020/21 £000
Salaries and wages	237	169
Social Security Costs	23	14
Employers Pension Contribution	35	25
Total	295	208

12b - Employee numbers

Average Headcount	10.3	9.4
Average Full Time Headcount	4.5	3.9
Average Part Time Head Count	5.8	5.5
Average WTE	9.2	6.7

Number of Employees earning over £60,000 (excluding employer pension contributions)	Nil	Nil
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13 Auditor's remuneration

The external auditor's remuneration of £8,220 including irrecoverable VAT (2020/21: £7,956) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2020/21: none undertaken).

My Wish Charity

14 Intangible fixed assets

Software	2021/22	2020/21
Cost	£000	£000
At 1 April	17	17
At 31 March	17	17
Accumulated amortisation		
At 1 April	15	13
Provided during the year	2	2
At 31 March	17	15
Net book value		
Net book value at 31 March	0	2

15 Fixed asset investments

Movement in listed investment	31 March 2022	31 March 2021
	Total	Total
	£000	£000
Market value brought forward	1,592	1,143
Add purchase of investment	0	167
Less net gain / (loss) on revaluation	185	282
Market value as at 31 March	1,777	1,592

The Charity investments are in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date. The original value of the investment was £1,317k.

My Wish Charity

16 Analysis of current assets

	31 March 2022	31 March 2021
	Total £000	Total £000
Debtors due within one year		
Other debtors	334	210
Total	334	210

17 Analysis of cash and cash equivalents

	31 March 2022	31 March 2021
	Total £000	Total £000
Cash in Hand	395	685
	395	685

18 Analysis of current liabilities

	31 March 2022	31 March 2021
	Total £000	Total £000
Creditors due within one year		
Creditors	107	90
Other Accruals	26	7
Total	133	97

Creditors represent sums owed at the year end by the Charity. Of this amount £125k (2020/21: £62k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

19 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2022 £000	2021 £000
Net income (as per the Statement of Financial Activities)	(18)	428
Adjustments for:		
Amortisation	2	2
Gain on investments	(184)	(282)
(increase)/Decrease in debtors	(124)	54
(Decrease) / increase in creditors	35	(5)
Net cash provided by / (used in) operating activities	(289)	197

20 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2022 there were 4 legacies totalling £332,000 that had been notified but not received (2020/21: £202,000). These legacies have been included as income and as debtors.

21 Comparative figures

The comparative figures relate to the 12 month period between 1 April 2021 and 31 March 2022.

22 Post Balance Sheet Events

There are no post balance sheet events to report.

My Wish Charity

24 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance	Income	Expenditure	(Loss) /gain on	Fund Balance
			1 April 2021			investments in	31 March 2022
			£000			year	£000
Macmillan Service	Donations	Patient and Staff welfare	536	-	(146)	43	433
Every Heart Matters	Donations	Patient and Staff welfare	22	-	(2)	2	22
Scanner Appeal	Donations	Purchase of equipment	15	-	(1)	1	15
Oncology Service	Donations	Patient and Staff welfare	17	-	(2)	1	16
SCBU	Donations	Patient and Staff welfare	36	2	(3)	3	38
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	28	3	(9)	2	24
Breast Cancer Fund (ex Lizzie Duncan)	Donations	Patient and Staff welfare	62	7	(7)	5	67
Microbiology	Donations	Patient and Staff welfare	22	-	(2)	2	22
Bereavement Room	Donations	Patient welfare	19	2	(3)	2	20
Mercury Dementia Appeal	Donations	Patient and Staff welfare	40	1	(15)	2	28
Ophthalmic Fund	Donations	Patient and Staff welfare	107	4	(99)	7	19
Cardiology	Donations	Patient and Staff welfare	36	7	(4)	3	42
Palliative Care	Donations	Patient and Staff welfare	325	17	(30)	26	338
Haematology research fund	Donations	Patient and Staff welfare	15	-	(2)	1	14
Stroke services	Donations	Patient and Staff welfare	16	-	8	1	25
Newmarket Radiology	Donations	Patient and Staff welfare	15	-	(1)	1	15
Newmarket Hospital	Donations	Patient and Staff welfare	91	8	(28)	7	78
Wish upon a Star	Donations	Patient and Staff welfare	34	219	(17)	5	241
Chemical Pathology	Donations	Patient and Staff welfare	43	-	(3)	3	43
Critical Care	Donations	Patient and Staff welfare	17	57	(4)	2	72
Pharmacy Social Amenities	Donations	Patient and Staff welfare	15	3	(2)	2	18
Emergency Department	Donations	Patient and Staff welfare	20	(1)	(2)	1	18
Rheumatology	Donations	Patient and Staff welfare	51	-	(5)	4	50
Covid 19	Donations	Patient and Staff welfare	243	10	(108)	15	160
Other Restricted Funds			251	45	(70)	18	244
Total Restricted Funds			2,076	384	(557)	159	2,062
Unrestricted funds	Donations	Patient and Staff welfare	316	54	(83)	25	312
			2,392	438	(640)	184	2,374

These are the major funds referred to in Accounting policy note 1(b). The disclosure is based on fund previously disclosed in 2020/21 and funds with brought forward incurred during the year with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.