

# MY WISH CHARITY

England & Wales · Charity number 1049223

## Details

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Other names	WEST SUFFOLK HOSPITAL CHARITY, WEST SUFFOLK HOSPITALS TRUST CHARITABLE FUND AND OTHER RELATED CHARITIES
Status	Registered
Legal form	Other
Registered	1995-09-15
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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**Address** West Suffolk NHS Foundation Trust  
West Suffolk Hospital  
Hardwick Lane  
Bury St. Edmunds  
IP33 2QZ

**Phone** 01284 712952

**Email** [fundraising@wsh.nhs.uk](mailto:fundraising@wsh.nhs.uk)

**Website** [www.mywishcharity.co.uk](http://www.mywishcharity.co.uk)

## Activities

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**Objects:** SEE INDIVIDUAL CONSTITUENTS

**Activities:** The Trustee's aim is that through fundraising activities, events and appeals we will further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

## Classification

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- **How:** Makes Grants To Organisations, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities

## Geography

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- Norfolk
- Suffolk

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£659,629	£566,956	£3,051,811	5
2024-03-31	£1,348,000	£589,000	£2,984,000	5
2023-03-31	£449,000	£780,000	-	-
2022-03-31	£438,000	£640,000	-	-
2021-03-31	£694,605	£549,602	£2,392,012	9

## Trustees

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Name	Role	Appointed
West Suffolk NHS Foundation Trust		1995-08-07

## Linked charities

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- WEST SUFFOLK HOSPITALS TRUST CHARITABLE FUND (1049223-1)
- SUDBURY HOSPITALS CHARITY (1049223-2)
- WEST SUFFOLK HOSPITAL CHARITY (1049223-3)
- JOYCE MARNO-EDWARDS FUND (1049223-4)
- WEST SUFFOLK HOSPITAL EDUCATION CENTRE (1049223-5)

**MY WISH CHARITY**

England & Wales - Charity number 1049223

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# Accounts

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# Trustee's Annual Report and Accounts

For year ended **31 March 2025**





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# Welcome to Our 2024/25 Annual Report and Accounts

It is with great pride and deep gratitude that we share with you our Annual Report and Accounts for 2024/25 — a reflection of what we've achieved together, thanks to the unwavering generosity and belief of our supporters.

At My WiSH Charity, we are honoured to be the official charity of the West Suffolk NHS Foundation Trust, which provides vital hospital and community healthcare to around 280,000 people across our region. We exist to make a real difference providing over £300,000 in grants last year to benefit the West Suffolk NHS Foundation Trust. We don't fund what the NHS already provides, but we deliver those vital extras: the comforts, enhancements and opportunities that transform a patient's experience, lift staff morale, and connect our community through care.

## And you make that possible. Every single time.

Over the past year, despite ongoing financial pressures facing households and charities alike, we have continued to push forward — driven by the inspiring efforts of our fundraisers, volunteers, and donors. Every penny raised has been used with care, purpose, and impact.

### This year, your support helped us achieve some incredible things:

- We took part in the Cambridge Half Marathon for the very first time — raising an amazing **£6,251**.
- Created a new community event 'Grow Your Dough' which raised **£27,145** in its first year.
- **We launched** a volunteer-led fundraising programme, empowering local champions to spread our message and raise vital funds.
- We hosted a dedicated patient forum day for those undergoing cancer treatment — creating a space to **connect, reflect, and share**.
- We **continued to fund** Schwartz Rounds for staff — safe, confidential sessions where NHS teams can talk openly about the emotional impact of their work.
- We were proud to be named **Charity Partner** at the Bury Free Press Business Awards — helping us reach even more people in our local area.
- And in a **truly special moment**, our beloved Mama B's Cancer Wellbeing Day host, Steve Trowles, was featured on BBC One's The One Show (details within this report).

Every one of these achievements started with someone who cared enough to act. Someone like you. I want to give my deepest thanks to our incredible fundraising volunteers, who speak on our behalf, who show up at events, and who give their time and energy so selflessly. And to all of our donors and fundraisers — thank you for believing in what we do.

This report is more than just numbers. It's about people. It's about impact. It's about what happens when kindness meets action.

We hope as you read through it, you'll see the difference you've made. And if you feel inspired to support us further — whether through donating, fundraising, or simply spreading the word — we'd love to hear from you.

Go to [mywishcharity.co.uk](https://mywishcharity.co.uk) 'contact us.

United, we empower your local NHS to reach new heights, ensuring every patient receives the best care possible.

With heartfelt thanks,  
**Joanne Landucci**

Head of Fundraising | [mywishcharity.co.uk](https://mywishcharity.co.uk)



## About us

My WiSH Charity is an independent registered charity (registered number 1049223) and was originally established in 1974 and was officially entered into the Central Register of Charities on 15th September 1995. The charity exists to raise funds and receive donations for the benefit of the patients and staff of West Suffolk NHS Foundation Trust.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

The charity continues to flourish and strive for these aims, and we have added to and diversified our income streams to enable a stronger flow of income so that we give maximum support to the trust and reach our fundraising potential. We are driven by the remarkable generosity of our community and the unwavering dedication of staff who are passionate about supporting their local NHS Trust.

*The charitable objectives are...*

*'For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the Services provided by West Suffolk Hospital'.*

A large yellow five-pointed star with a white outline, containing the text 'Our Vision' in a white, handwritten-style font.

### Our Vision

**Our vision** is to support the delivery of exceptional healthcare with compassion to the communities we serve, while nurturing a brighter and healthier future for West Suffolk.

At My WiSH Charity, **our mission** is to support West Suffolk and Newmarket hospitals—as well as the wider communities they serve—in achieving excellence by funding innovation, cutting-edge equipment, specialist roles, and enhanced facilities. Our goal is to help deliver a world-class patient experience that goes above and beyond what NHS funding alone can provide.

A large yellow five-pointed star with a white outline, containing the text 'Our Mission' in a white, handwritten-style font.

### Our Mission

- **Enhancing the Patient Experience:** We're committed to improving the comfort, environment, and facilities available to patients and their families, making every visit and stay more supportive and positive.
- **Investing in Technology and People:** By funding advanced medical equipment and specialist staff, we aim to raise the standard of care and ensure patients benefit from the latest in healthcare innovation.
- **Responding to Specific Needs:** We lead targeted appeals and campaigns—such as our medical robotics appeal—to ensure local patients have access to life-changing procedures, quicker recoveries, and state-of-the-art treatments.
- **Adding Value Beyond NHS Funding:** Our work complements core NHS services by providing the resources to take care to the next level, helping create a truly outstanding healthcare environment.



## The My WISH 4 outcomes for the West Suffolk NHS Foundation Trust are:

### Excellence in patient care – We will purchase items that enhance care

#### We....

- Support patient support groups with room hire and subsistence.
- Fund a Cancer Councillor to enable cancer sufferers to gain access to support they need.
- Give a birthday cake and a card for patients and a Christmas gift for patients on the ward on Christmas day
- Provide going home pack for patients for those with care packages in place.
- Enhance treatment rooms that make the patient feel comfortable, cared for and at ease. For example, galaxy lights and sound cubes were provided to enhance the birthing suites on the maternity ward.
- Provide comfort packs for those finding themselves unexpectedly in hospital and maternity comfort packs for those patients that go into labour unexpectedly.
- Fund baby memory box for parents experiencing baby loss.
- Provide various toys that allow therapists, including speech and language, occupational and physiotherapists to assess a child as they play, to adapt their therapy sessions and enhance the care they give.
- Fund equipment for rehabilitation like the Mobii interactive projector that shines games onto a tabletop or floor for the stroke ward.

### Staff health and wellbeing



#### We....

- Provide retirement vouchers for continuous employment of 25 years.
- Fund the Schwartz round scheme. This scheme is a structured by monthly forum, where staff can come together in a safe space to discuss the emotional and social aspects of working in healthcare.
- Fund and enable the creation of well-being gardens for staff to enjoy.

### Drive technology enabled care

#### We....

- Purchase a piece of equipment if it improves care. For example, a Motomed exercise bike for the neurology specialist physiotherapists or a V Scan that highlights veins, making treatment quicker and less traumatic for all ages of patient.

### Support and develop staff

#### We....

- Develop the resources available to staff in the hospitals and in the community within the hospital education centre.
- Provide funding for training for staff to attend courses and conferences. This enables staff to enhance their knowledge and to be the best they can be at their roles caring for patients.



# Highlights of the year

## 1 Elodie's Day

Elodie Waugh was diagnosed with a rare blood disorder at the age of just four. Now six, her mother, Kayleigh, was inspired to give back to the Rainbow Ward at West Suffolk Hospital in recognition of the exceptional care Elodie received.

In August 2024, Kayleigh organised a free family fun day, which successfully raised over **£12,000**. The funds will be used to purchase a specialist interactive game to enhance the hospital experience for young patients on the ward.



Photo courtesy of the Bury Free Press.

## 2 Soapbox Challenge 2024

The fifth annual **My WISH Charity Soapbox Challenge** took place in September 2024, continuing a tradition that began in 2018. Held in Bury St Edmunds, the event saw ten enthusiastic teams race down Mount Road, cheered on by a lively crowd of spectators.

Generously sponsored by **Treatt, Sealeys, Enterprise, AC Webb**, and **Bury Town Council**, the event remained free for the public to attend. Over **£13,500** was raised on the day, which went towards funding a dedicated family counsellor for the cancer unit.

## 3 Corporate Gardening Volunteering

In a wonderful show of community spirit, volunteers from **Treatt, British Gas**, and the **East of England Collaborative Procurement Hub** joined forces with to transform several courtyard spaces at West Suffolk Hospital.

Their efforts, which included rejuvenating the gardens around the Macmillan Cancer Unit, have had a profound impact on both patients and staff. The volunteers expressed a deep sense of pride and fulfilment in the difference they were able to make.

## 4 Mama B's Featured on The One Show

**Mama B's**, a wellbeing initiative founded in 2023 with local hairdresser **Steve Trowles** of Steve John Salon in Bury St Edmunds, received national recognition in August 2024. The project, which provides free monthly treatments such as oncology massage, manicures, and wig support for women undergoing cancer treatment, was featured on **BBC's The One Show** as part of its "One Big Thank You" segment, presented by Jeff Brazier.

Steve, who was inspired by the loss of his mother to cancer, has been a long-time supporter of **My WiSH Charity** and has raised almost **£36,500** to date. The feature highlighted the welcoming, supportive environment Mama B's offers to women on their cancer journey and celebrated Steve's dedication to the local community.

The charity continues to support this initiative each month, co-hosting the day, providing the lunch and any materials and equipment needed by the therapists.

## 5 Cambridge Half Marathon - March 2025

For the first time, **My WiSH Charity** purchased 12 charity places for the **Cambridge Half Marathon**, held in March 2025. The team of dedicated runners raised a remarkable **£6,251.60**. One runner, **Sophie**, shared her experience:

*"I will never forget the moment I heard my name called out from the crowd and had my own personal cheerleaders. A memory I'll hold onto forever! Thank you for allowing me to represent the charity! Hopefully we will work together again soon as I have loved every second of it!"*

## 6 Grow Your Dough - June 2024

Between April and June 2024, **My WiSH Charity** launched an exciting new fundraising initiative: **Grow Your Dough**. Participating teams were each given a £50 starter donation, with the challenge to grow the amount through a series of creative fundraising activities.

Thanks to the energy and innovation of the teams involved, the initiative raised an impressive **£27,145**, which funded a new **Activity Assistant** who worked predominantly with patients with dementia. The event was proudly sponsored by **Knights Lowe**, Chartered Accountants and Business Advisors.





With My WiSH charity funding, to the Cancer Information and Support Team, we have been able to provide much more support to cancer patients. After a cancer diagnosis, patients and their families require extra support with emotional, financial, and practical issues.

The Charity funds dedicated Hope Courses which take place 4 times a year. The course runs for 6 weeks, one morning a week for 6 weeks. Cancer patients can meet and support one another, learn how to take control of their health and wellbeing reduce stress and learn how to relax.

Another service that helps patients to be in touch with their health is the Mindful Movements Exercise classes that are supported by My WiSH. Treatment can often leave people feeling like they have a lack of energy, or they could experience muscle wastage, so it is important to exercise to give patients a boost.

An extremely valuable service that is provided by My WiSH is a full-time cancer counsellor. The service is much needed for worried patients at this highly anxious time.

My WiSH also funds an annual cancer patient forum that showcases the latest innovations in cancer research. The event gives patients the chance to explore stalls promoting local support services and provides dedicated time for them to share feedback about their experiences with West Suffolk staff. We have had great feedback from the patients on these extra services. With quotes ...

Thank you

“I didn't even know that gentle exercise would be beneficial to me. I am now motivated to continue with the classes.”



“I came away from Hope course feeling positive and ready to move on.”



“The conversations with the counsellor left me feeling positive and relieved of any anxiety. I enjoyed the experience very much.”



“I learnt so much about local organisations that offer additional help and assistance. Felt positive and reassured after the day, great to hear about other patient experiences.”

**Thank you, My WiSH charity,**  
in helping us to help cancer patients



## Motomed enhancing care for neurology patients

The Motomed bike, is thanks to donations from Jenny and allows patients to exercise while seated, to use their arms, legs or both as they play the interactive games to keep their physio sessions fun as they work on their mobility. The neurology physiotherapists are experts in caring for patients needing care and support due to illnesses such as Parkinson's or injuries such as spinal.

“It was amazing to be able to give back and thank the neurology staff for the care they gave my dad.”

Jenny, fundraiser



## Mobii Interactive projector enhancing care for stroke patients

Allowing several patients to receive therapy at once, the projector has a host of games including football, whack the coconut and quiz games helping patients to practice their co-ordination skills after a stroke.

An interactive projector is making a real difference to patients thanks to the stroke units staff as they braved a skydive as well as other activities to raise the £11,000 needed to purchase this amazing rehabilitation tool.

“This has changed the way we do therapy. We have found it's helped patients who have become withdrawn, the sensory elements can change their mood and it really brings people together”

Eleanor, occupational therapist



## Memory boxes enchancing those experiencing bereavement

We work closely with the maternity bereavement team to support those experiencing such a devastating loss. Each year we supply the team with memory boxes to ensure they can capture every precious moment a family has with their baby.

“We are so proud to work with the charity to create these boxes. They contain items to ensure parents have some treasured keepsakes of their baby. This is so important for them, and we couldn't do it without the support of the charity and their fundraisers”

Trudi, bereavement midwife





## Toys Enhancing care for young patients

The paediatric teams care for patients not only in the hospital and health centres but also in their homes. We work closely with all these teams to help make a difference to the amazing care they provide.

Toys not only act as a tool to distract and divert a child during treatment, they also work as therapy equipment helping them be assessed while they have fun.

“Xray machines and scanners can be a scary place for a small child. Toys really do help to make the environment fun, to distract them and allow us to get the tests and results we need to care for them”

Ed, paediatric radiologist





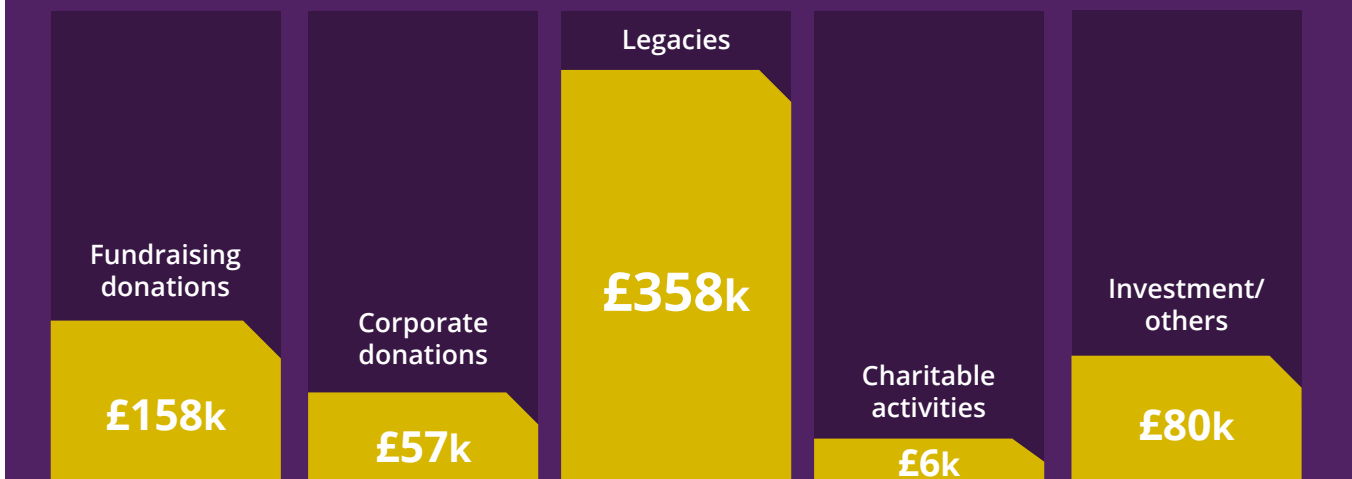
## Income generation, our achievements and performance

In this section we firstly explain how we raised the income and then the method in which we used the income for maximum impact.

**Income received: £659k**  
**Income spent: £567k**

My WiSH Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with income exceeding expenditure by £92k before investment losses.

### My WISH fundraising Income 24/25



**Donations and legacies £573k** – Our largest source of income is from the public and by local companies keen to support their local community:

- **Gifts from the public £158k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £57k** – many companies adopt charities as a way of putting something back into the community. My WiSH Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £358k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

**Charitable activities £6k - £1k** of this relates to grant income, whilst the remaining balance is other items of income that do not fit into the above categories.

**Other trading activities and investment income £80k** – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My WiSH Charity.

- **West Suffolk Hospital other organised fundraising £2k restricted / £27k unrestricted** - hospital staff fundraising for the charity.
- **Third party fundraising £35k restricted / £10k unrestricted** – people in the community doing ad hoc events and fundraising in aid of the charity.

## Expenditure 24/25 (excluding support costs):



Our charitable work was made up of five distinct areas. Note that the costs shown below include attributable support costs.

**Clinical Care & Research Posts:** The funds support a play specialist, family counsellor, a patient counsellor and the activity assistant. The cost of these 4 staff members was **£153k** in 2024/25.

£6k	Building adaptations
£51k	Staff education & welfare
£52k	Patient education & welfare
£73k	New Equipment
£153k	New Posts

**New equipment:** The charity purchases equipment that enhances the care we give to the patients. It is important to note that these pieces of equipment are not essential to the patients care as the NHS provides this. The charity often provides innovative, cutting-edge items that ensure we can go above and beyond for our patients. We spent **£73k** on new equipment. **Examples of equipment purchased this year are:**

- **Motomed bike** to provide physiotherapy for patients with Parkinsons for example.
- **Mobii interactive projector** for rehabilitation for stroke patients.
- **3 Life support dolls** used for educational purposes for both staff and for the community to learn basic life support.
- **Memory box items** at frequent points in year for baby loss.

**Adaptations to buildings:** We spent **£6k** in 2024/25 on a number of minor capital projects.

**Staff education and welfare:** We spent **£51k** on a wide variety of training and educational courses for our staff.

**Patient education and welfare:** We spent **£52k** supporting education and the welfare of patients.

## Performance against objectives

To ensure funding requests that are over £5,000 are spent appropriately, business cases will be put forward to the charitable funds board to apply for funding. This will state objectives, impact and success criteria for the proposed project.

## Our fundraising performance

Members of the My WiSH fundraising team organise My WiSH lead fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £659k compared to 2023/24 of £1,348k. The reduction was due to two large legacies received in 2023/24, which were not received in 2024/25.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fundraising as "soliciting or otherwise procuring money or other property for charitable purposes."

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any regulatory scheme. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Chief People Officer. It is impossible to apply the same rigour to members of public however the Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

## What we plan to do with your donations: our future plans

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- **Continue to engage with our community services and Newmarket Community Hospital**
- **Continue to engage and develop relationships with the wider community**
- **Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes**

Your support makes these plans possible and to help us, please do consider making a donation.

## How we manage the money

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity consists of 26 individual funds as at 31 March 2025 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds. A number of funds were closed and merged during the year which accounts for this movement in fund numbers.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

## Our payment making policy

All payments are normally made from the Charity – these funds comprise two elements:

- **Unrestricted funds** contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- **Restricted funds** (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

## Our reserves policy

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore, the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three-year reference period.

As of 31 March 2025, the unrestricted reserves held was £1,620k. The main reason for the high level of reserves is due to the movement of a large legacy of £750k which, at the approval of the Executor of the will, was moved from restricted to unrestricted funds during 2024/25. The Trustee believes that the level of reserves is sufficient.

## Our financial health: a strong balance sheet

The assets and liabilities of My WiSH Charity as at 31 March 2025 are stated below, compared with the position as at 31 March 2024.

	31 March 2025	31 March 2024
	£'000	£'000
Fixed Asset investments	1,585	1,609
Total Current Assets	1,535	1486
Creditors falling due within one year	(68)	(111)
<b>Total Net Assets</b>	<b>3,052</b>	<b>2,984</b>
<b>Total Reserves</b>		
Restricted Income Funds	1,432	2,254
Unrestricted Income Funds ('general fund'):	1,620	730
<b>Total Funds</b>	<b>3,052</b>	<b>2,984</b>

## A few helpful definitions:

**Total current assets** represent the cash held on deposit and the amounts owed to the Charity.

**Creditors falling due within one year** represent the balance of money owed within 12 months to suppliers of goods and services. £57k of this balance is owed to West Suffolk NHS Foundation Trust.

**Total net assets** represent the total assets of the Charity less the value of outstanding liabilities (monies that the Charity owes).

**Restricted income funds** represent money which is held by the Trustee which can only be used for specified purposes.

**Unrestricted income funds** are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, for the Charity, this relates to the 'general fund'.

## About investments

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd.

## How we organise our affairs: reference and administrative details

### The Charity

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

### Related Charities:

West Suffolk Hospitals Trust Charitable Fund 1049223-1

The West Suffolk Hospital Charity 1049223-3

Sudbury Hospital Charity 1049223-2

Joyce Marno-Edwards Fund 1049223-4

West Suffolk Hospital Education Centre 1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.

The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

## Strategic aims are:

- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically.
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice.
- To increase the charitable income – fundraising and donations - raised by My WiSH Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular.
- To promote legacies in a responsible way.
- To ensure all areas of the Hospital are aware of the work of My WiSH Charity and how fundraising can help each and every aspect of the trust.
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust.
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders.



## How to contact us

### **The Charity office and principal address of My WiSH Charity is:**

The Trust Fund Office  
West Suffolk NHS Foundation Trust  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
01284 713466

### **For fundraising queries please contact:**

The Head of Fundraising  
My WiSH Fundraising Office  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
01284 713466

# Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011. The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

## During 2024/25 the Trust Board consisted of:

### Non-executive Directors (NEDs)

<b>Jude Chin (Chair) **</b>	Appointed 2 June 2023
<b>Louisa Pepper</b>	Appointed 1 September 2018 until 31 August 2021 Reappointed until 31 August 2024
<b>Antoinette Jackson</b>	Appointed 1 November 2022 Reappointed until 31 October 2028
<b>Dr Geraldine O'Sullivan**</b>	Appointed 1 November 2022 – Resigned 30 April 2024
<b>Tracy Dowling**</b>	Appointed 1 November 2022 until 17 November 2023 Reappointed 1 August 2024
<b>Krishna Yergol**</b>	Appointed 1 April 2023 (previously Associate NED) Resigned 30 April 2024
<b>Michael Parsons</b>	Appointed 1 May 2023
<b>Dr Roger Petter**</b>	Appointed 1 February 2023 – Resigned 30 June 2025
<b>Alison Wigg * **</b>	Appointed 1 September 2024
<b>Paul Zollinger-Read</b>	Appointed 1 September 2024
<b>David Weaver**</b>	Appointed 1 September 2024 – Resigned 9 May 2025
<b>Heather Hancock</b>	Appointed 1 September 2024
<b>Richard Flatman</b>	Appointed 1 September 2024

### Directors

<b>Ewen Cameron**</b>	Chief Executive
<b>Craig Black</b>	Executive Director of Resources – to 26 September 2024
<b>Paul Molyneaux**</b>	Executive Medical Director (Interim) – to 3 November 2024
<b>Jeremy Over</b>	Executive Director of Workforce and Communications –to May 2025
<b>Susan Wilkinson</b>	Executive Chief Nurse – to July 2025
<b>Nicola Cottington</b>	Executive Chief Operating Officer
<b>Jonathan Rowell</b>	Executive Chief Finance Officer – Interim Chief Finance Officer from September 2024. Appointed substantively November 2025.
<b>Sam Tappenden**</b>	Executive Director of Strategy and Transformation – appointed 24 June 2024
<b>Richard Goodwin**</b>	Executive Medical Director – appointed 4 November 2024
<b>Julie Hull *</b>	Executive Chief People Officer – Interim Chief People Officer from June 2025. Appointed substantively November 2025
<b>Daniel Spooner*</b>	Executive Chief Nurse – appointed August 2025

\*Not in post during 2023/24, but in post when the Annual Report and Accounts were approved.

\*\*These Non-Executive Directors and Executive Directors are not members of the Charitable Funds Committee, but do make up the Corporate Trustee.

More details about the Trustees can be found in West Suffolk NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows (attendance noted is for the Charitable Funds Committee, which met five times in 2024/25):

	2024/25 Attendance
<b>Ewen Cameron*</b> - Chief Executive Officer	5/5
<b>Jude Chin*</b> - Chair of West Suffolk NHS Foundation Trust	4/5
<b>Jeremy Over</b> - Director of Workforce and Communications	5/5
<b>Nicola Cottingham</b> - Chief Operating Officer	4/5
<b>Jonathan Rowell</b> - Executive Chief Finance Officer	2/2
<b>Louisa Pepper</b> Non-Executive Director	1/2
<b>Antoinette Jackson</b> - Non-Executive Director	4/5
<b>Michael Parsons (Chair of the Charitable Funds Committee until March 25)</b> - Non-Executive Director	4/4
<b>Richard Flatman (Chair of the Charitable Funds Committee from March 25)</b> - Non-Executive Director	1/2
<b>Heather Hancock</b> - Non-Executive Director	1/2
<b>Paul Zollinger Read</b> - Non-Executive Director	1/2

\*The Chair and the Chief Executive attend the Charitable Funds Committee by invitation only.

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

**External auditors:**

Lovewell Blake  
 Bankside 300  
 Peachman Way  
 Broadland Business Park  
 Norwich  
 NR7 0LB

**Internal auditors:**

RSM UK Risk Assurance Services LLP Blenheim House  
 Newmarket Road  
 Bury St Edmunds  
 Suffolk  
 IP33 3SB

**Bankers:**

National Westminster Bank  
 7 Cornhill  
 Bury St Edmunds  
 Suffolk  
 IP33 1BQ



## Charity governance, structure and management arrangements

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital."

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust's Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators' guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee's Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust's facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund's resources.
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income.
- Ensure that "best practice" is followed in the conduct of all its affairs fulfilling all of its legal responsibilities.
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations.
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charity Accounts Assistant and the Assistant Director of Finance, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

## Trustee recruitment, appointment and induction

Non-Executive Members of the Trust Board are appointed by the Trust's Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

## Key management personnel

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust for their role as part of the Trust, but receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

## Risk analysis

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My WiSH Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- **Future levels of income** - My WiSH Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My WiSH Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- **Cost of living** - The cost-of-living crisis in the UK and increasing interest rates has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

However, fundraising events continue to be held (and have increased since the pandemic) and it is hoped that the level of income in 2025/26 will continue to rise. The investment performance has been volatile over the last few years and we saw a small loss in performance during 2024/25. The investment performance is improving into 2025/26.

- **Unforeseen changes in the operation of the NHS** - The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My WiSH Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.
- **Maintaining the reputation of the Charity** - The Trustee is conscious of the importance of maintaining its reputation within the community.

## Income and Expenditure

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charity Accounts Assistant and the Assistant Director of Finance look for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee.

## Wider networks

My WiSH Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

## Related parties

My WiSH Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

## Our relationship with the wider community

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

## Volunteers

### **The Trustee would like to pay tribute to:**

- Our volunteers for their time, support, and commitment.
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients.
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.

### **Please consider supporting the work of My WiSH Charity**

The challenge facing My WiSH charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community Hospital, and all the services they provide out in the community.

## What could your gift buy?

- **£2.50** could buy a birthday cake and card for a patient spending their birthday in hospital away from their home.
- **£6.00** could buy a Christmas gift and card for a patient spending their Christmas day in hospital
- **£50** can provide a baby memory box for parent suffering from baby loss
- **£150** could go towards 10 books to aid young patients newly diagnosed with diabetes
- **£200** could provide a vial of beads for the Sentimag machine/breast cancer patients – to locate the first lymph node
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

We welcome any major gifts and always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on 01284 713466 or send an email to [fundraising@wsh.nhs.uk](mailto:fundraising@wsh.nhs.uk).

Signed on behalf of the trustee:



Name: Jude Chin, Chair of West Suffolk NHS Foundation Trust, Corporate Trustee

Date: 16 December 2025



[mywishcharity.co.uk](https://mywishcharity.co.uk)

Charity no 1049223

## Statement of Trustee's responsibilities in respect of the Trustee's Annual Report and Accounts

### Trustee responsibilities

The Trustee is responsible for preparing the Trustee Annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Practice).

The law applicable to Charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

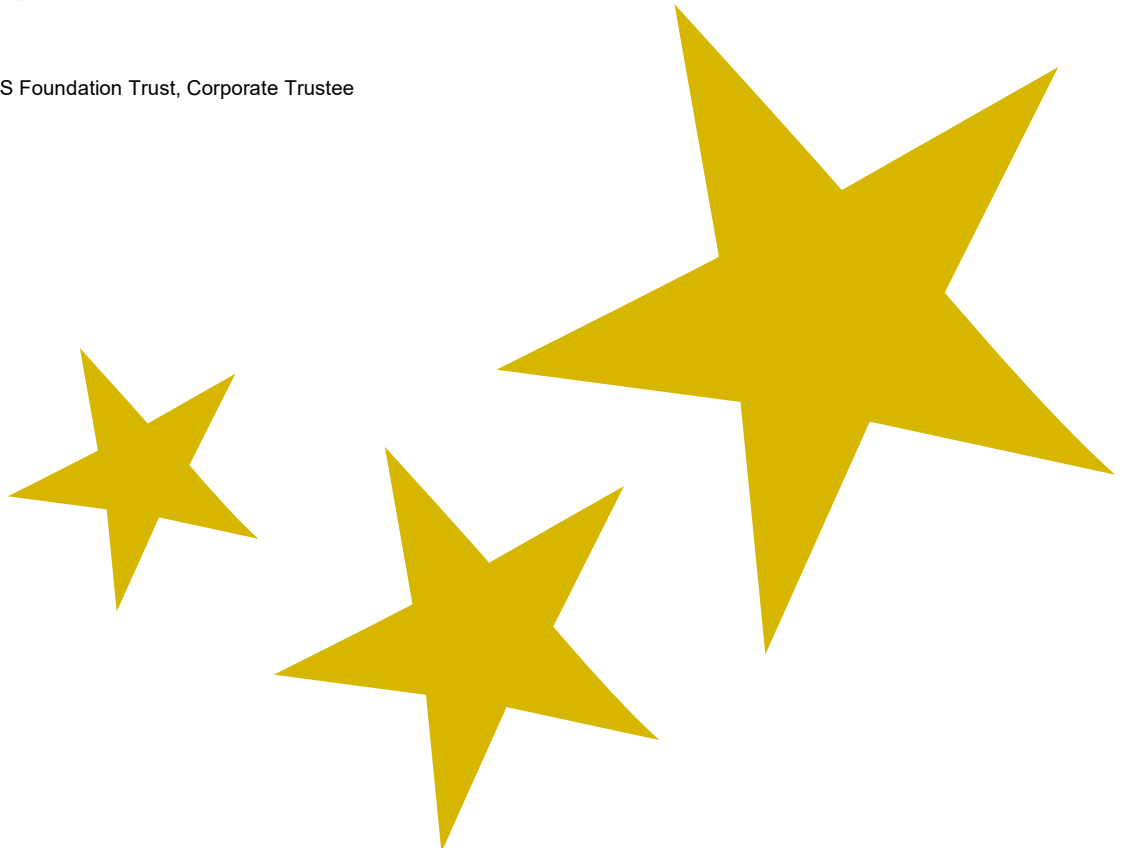
### True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Signed on behalf of the Corporate Trustee:



Jude Chin  
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee  
16 December 2025



## **Independent Auditor's Report to the Trustee of My Wish Charity**

### **Opinion**

We have audited the financial statements of My Wish Charity (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustee with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustee is responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustee's report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of the trustee**

As explained more fully in the trustee's responsibilities statement, the trustee is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustee either intends to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance;
- Enquiry of entity staff compliance functions to identify any instances of non-compliance with laws and regulations;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of activities and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor%E2%80%99s-responsibilities-for>. This description forms part of our auditor's report.

#### **Use of our report**

This report is made solely to the charity's trustee in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustee those matters we are required to state to it in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustee, for our audit work, for this report, or for the opinions we have formed.

*Lovewell Blake LLP*

For and on behalf of

Lovewell Blake LLP

Chartered accountants & statutory auditor

Bankside 300

Peachman Way

Broadland Business Park

Norwich

NR7 0LB

13/01/2026

Lovewell Blake LLP is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

## My Wish Charity Statement of Financial Activities for the year ended 31 March 2025

	Note	Unrestricted Funds 2024/25 £000	Restricted Funds 2024/25 £000	Total Funds 2024/25 £000	Unrestricted Funds 2023/24 £000	Restricted Funds 2023/24 £000	Total Funds 2023/24 £000
<b>Income and endowments from:</b>							
Donations and legacies	3	243	330	573	187	1,069	1,256
Charitable activities	4	4	2	6	42	9	51
Other trading activities	5	39	41	80	13	28	41
<b>Total Income</b>		<b>286</b>	<b>373</b>	<b>659</b>	<b>242</b>	<b>1,106</b>	<b>1,348</b>
<b>Expenditure on:</b>							
Raising funds	8	91	141	232	68	182	250
Charitable activities	9						
Clinical Care and Research Posts		36	117	153	0	71	71
Purchase of New Equipment		20	53	73	18	38	56
New Building and Refurbishment		-	6	6	4	96	100
Staff Education and Welfare		23	28	51	17	27	44
Patient Education and Welfare		17	35	52	18	50	68
<b>Total Expenditure</b>		<b>187</b>	<b>380</b>	<b>567</b>	<b>125</b>	<b>464</b>	<b>589</b>
<b>Net income/(expenditure)</b>		<b>99</b>	<b>(7)</b>	<b>92</b>	<b>117</b>	<b>642</b>	<b>759</b>
Net gain/(loss) on investments		(9)	(15)	(24)	69	148	217
<b>Net income/(expenditure) after loss on investment</b>		<b>90</b>	<b>(22)</b>	<b>68</b>	<b>186</b>	<b>790</b>	<b>976</b>
<b>Gross transfer between funds</b>	21	800	(800)	-	2	(2)	-
<b>Net movement in funds</b>		<b>890</b>	<b>(822)</b>	<b>68</b>	<b>188</b>	<b>788</b>	<b>976</b>
<b>Reconciliation of Funds:</b>							
Total funds brought forward		730	2,254	2,984	542	1,466	2,008
<b>Total funds carried forward</b>		<b>1,620</b>	<b>1,432</b>	<b>3,052</b>	<b>730</b>	<b>2,254</b>	<b>2,984</b>

All income and expenditure are derived from continuing activities.

The notes set out on pages 37 to 45 form part of these financial statements

**My Wish Charity Balance Sheet  
as at 31 March 2025**

Notes	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total	
	Funds £000 31 March 2025	Funds £000 31 March 2025	Funds £000 31 March 2025	Funds £000 31 March 2024	Funds £000 31 March 2024	Funds £000 31 March 2024	
<b>Fixed Assets</b>							
Investments	14	367	1,218	1,585	376	1,233	1,609
<b>Total Fixed Assets</b>		<b>367</b>	<b>1,218</b>	<b>1,585</b>	<b>376</b>	<b>1,233</b>	<b>1,609</b>
<b>Current Assets:</b>							
Debtors	15	704	181	885	16	987	1,003
Cash at bank	16	578	72	650	354	129	483
<b>Total Current Assets / (Liabilities)</b>		<b>1,282</b>	<b>253</b>	<b>1,535</b>	<b>370</b>	<b>1,116</b>	<b>1,486</b>
<b>Liabilities:</b>							
Creditors falling due within one year	17	(29)	(39)	(68)	(16)	(95)	(111)
<b>Net Current Assets / (Liabilities)</b>		<b>1,253</b>	<b>214</b>	<b>1,467</b>	<b>354</b>	<b>1,021</b>	<b>1,375</b>
<b>Total Assets less Current Liabilities</b>		<b>1,620</b>	<b>1,432</b>	<b>3,052</b>	<b>730</b>	<b>2,254</b>	<b>2,984</b>
<b>Net Assets</b>		<b>1,620</b>	<b>1,432</b>	<b>3,052</b>	<b>730</b>	<b>2,254</b>	<b>2,984</b>
<b>Charitable Funds</b>	21						
Restricted income funds		-	1,432	1,432	-	2,254	2,254
Unrestricted income funds		1,620	-	1,620	730	-	730
<b>Total Charitable Funds</b>		<b>1,620</b>	<b>1,432</b>	<b>3,052</b>	<b>730</b>	<b>2,254</b>	<b>2,984</b>

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 16 December 2025

Signed:



Name: Jude Chin  
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee

The notes set out on pages 37 to 45 form part of these financial statements

## My Wish Charity Statement of Cashflows

### Year Ending 31 March 2025

	Note	Total Funds 2024/25 £000	Total Funds 2023/24 £000
<b>Cash flows from operating activities:</b>			
Net cash provided by / (used in) operating activities	18	167	114
Change in cash and cash equivalents in the reporting period		167	114
Cash and cash equivalents at the beginning of the reporting period		483	369
<b>Cash and cash equivalents at the end of the reporting period</b>	16	<b>650</b>	<b>483</b>

The notes set out on pages 37 to 45 form part of these financial statements

## My Wish Charity

### 1 Accounting Policies

#### General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Trust Fund Office, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, IP33 2QZ.

#### [a] Basis of Preparation

The financial statements have been prepared under the historic cost convention, subject to revaluation.

#### Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

#### True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

#### Going Concern

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts. The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

**Operational capability** - The Charity has reviewed its structure and has adequate administration and fundraising resources to ensure that the Charity can continue to fundraise and carry out its administration function. The Charity considers resourcing at the Charitable Funds Committee.

**Market based demand** - The Charity has considered the fundraising environment particularly with the current cost of living crisis. The Committee is aware that the impact of cost of living rises may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

**Structural finance** - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period. There is a risk of a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 26). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

#### [b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose.

Those funds which are not restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 21.

#### [c] Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the monetary value of income can be measured with sufficient reliability.

## My Wish Charity

### [d] **Income from legacies**

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

### [e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### [f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

### [g] **Fundraising costs**

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs includes expenses for fundraising activities.

### [h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

### [i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities.

## My Wish Charity

### [j] **Realised and Unrealised Gains and Losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

### [k] **Debtors**

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

### [l] **Cash and Cash Equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, in interest bearing savings accounts.

### [m] **Creditors**

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

### [n] **Pensions**

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

### [o] **Investments**

Investments are recognised initially at cost. Subsequently, they are measured at fair value.

**My Wish Charity**  
**Notes to the Accounts**

**2 Related party transactions**

West Suffolk NHS Foundation Trust acts as a sole Corporate Trustee to the Charity, and as such is both a related party and the ultimate controlling party. Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £335k (2023/24: £339k) of which there is a net creditor of £57k (2023/24: £102k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

No members of the West Suffolk NHS Foundation Trust board have given donations and fundraising income without conditions to the Charity (2023/24 Nil). None of the members have received any benefit from the Charity in payment or in kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

**3 Income from donations and legacies**

	Unrestricted Funds 2024/25 £'000	Restricted Funds 2024/25 £'000	Total 2024/25 £'000	Total 2023/24 £'000
Donations from Individuals	73	85	158	194
Corporate Donations	35	22	57	22
Legacies	135	223	358	1,040
<b>Total</b>	<b>243</b>	<b>330</b>	<b>573</b>	<b>1,256</b>

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

**4 Charitable activities**

	Unrestricted Funds 2024/25 £'000	Restricted Funds 2024/25 £'000	Total 2024/25 £'000	Total 2023/24 £'000
Grant Income	1	-	1	29
Other income	3	2	5	22
<b>Total</b>	<b>4</b>	<b>2</b>	<b>6</b>	<b>51</b>

Grant income in 2023/24 mainly related to money received from the NHS Charities Together charity. Grant income from NHS Charities Together was not received in 2024/25.

**5 Other trading activities**

	Unrestricted Funds 2024/25 £'000	Restricted Funds 2024/25 £'000	Total 2024/25 £'000	Total 2023/24 £'000
West Suffolk Hospital other organised fundraising events	27	2	29	3
Third party fundraising	10	35	45	35
Investment Income	2	4	6	3
<b>Total</b>	<b>39</b>	<b>41</b>	<b>80</b>	<b>41</b>

**6 Role of Volunteers**

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

**Fund advisors**:- there are 26 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

**Fundraisers**: there are about 15 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

## My Wish Charity

### 7 Grants made to institutions

All grants are made to the West Suffolk NHS Foundation Trust. The charity does not make any grants to individuals. The grants received by the beneficiary for each category of charitable activity is disclosed in note 9.

### 8 Analysis of expenditure on raising funds

	Unrestricted Funds 2024/25 £'000	Restricted Funds 2024/25 £'000	Total 2024/25 £'000	Total 2023/24 £'000
Fundraising support costs	91	141	232	250
<b>Total</b>	91	141	232	250

### 9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour by West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2024/25 £000	Funded Activity Restricted 2024/25 £000	Funded Activity Total 2024/25 £000	Support costs 2024/25 £000	Total 2024/25 £000	Total 2023/24 £000
Clinical Care & Research Posts	30	102	132	21	153	71
Purchase of New Equipment	17	45	62	11	73	56
New Building & Refurbishment	-	6	6	-	6	100
Staff Education & Welfare	19	25	44	7	51	44
Patient Education & Welfare	15	31	46	6	52	68
<b>Total</b>	81	209	290	45	335	339

## My Wish Charity

### 10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2024/25 Total £000	2023/24 Total £000
External audit	5	6	11	9
<b>Governance Costs</b>	<b>5</b>	<b>6</b>	<b>11</b>	<b>9</b>
Computer maintenance	2	3	5	4
Salaries and related costs	24	33	57	54
Other	1	3	4	2
<b>Total support costs and overheads</b>	<b>32</b>	<b>45</b>	<b>77</b>	<b>69</b>

	Unrestricted funds £000	Restricted funds £000	2024/25 Total £000	2023/24 Total £000
Raising funds	16	16	32	20
Charitable activities	16	29	45	49
	<b>32</b>	<b>45</b>	<b>77</b>	<b>69</b>

### 11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2023/24: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment as employees of the Trust.

### 12 Analysis of recharged staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the costs are recharged by the Trust for employees providing support services to charitable activities. Support employees were the Charitable Fund Accountant, Assistant Director of Finance and members of the fundraising team. My Wish Charity has no key management personnel (2023/24: None).

#### 12a - Staff Costs and Employee Benefits

	2024/25 £000	2023/24 £000
Salaries and wages	190	210
Social Security Costs	29	30
Employers Pension Contribution	27	29
<b>Total</b>	<b>246</b>	<b>269</b>

#### 12b - Employee numbers

Average Headcount	7.0	7.0
Average Full Time Headcount	4.0	4.0
Average Part Time Headcount	1.0	1.0
Average WTE	5.0	5.0

As the charity has no employees, as such no employee had emoluments in excess of £60,000 (2023/24: None).

### 13 Auditor's remuneration

The external auditor's remuneration of £10,962 including irrecoverable VAT (2023/24: £9,060) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2023/24: none undertaken).

## My Wish Charity

### 14 Fixed asset investments

<b>Movement in listed investment</b>	<b>31 March 2025</b>	<b>31 March 2024</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Market value brought forward	1,609	1,742
Purchase/ (sale) of investment	-	(350)
Less net (loss) / gain on revaluation	(24)	217
<b>Market value as at 31 March</b>	<b>1,585</b>	<b>1,609</b>

The Charity investments are held in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date. The original cost of the investment was £1,317k.

### 15 Analysis of current assets

<b>Debtors due within one year</b>	<b>31 March 2025</b>	<b>31 March 2024</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Other debtors	885	1,003
<b>Total</b>	<b>885</b>	<b>1,003</b>

### 16 Analysis of cash and cash equivalents

	<b>31 March 2025</b>	<b>31 March 2024</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Cash in Hand	650	483
	<b>650</b>	<b>483</b>

### 17 Analysis of current liabilities

<b>Creditors due within one year</b>	<b>31 March 2025</b>	<b>31 March 2024</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Creditors	43	31
Other Accruals	25	80
<b>Total</b>	<b>68</b>	<b>111</b>

Creditors represent sums owed at the year end by the Charity. Of this amount £57k (2023/24: £102k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

## My Wish Charity

### 18 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2024/25	2023/24
	£000	£000
<b>Net (expenditure) (as per the Statement of Financial Activities)</b>	68	976
<b>Adjustments for:</b>		
(Gain)/Loss on investments	24	(217)
Redemption on investment	-	350
(Increase) / decrease in debtors	118	(882)
(Decrease) / increase in creditors	(43)	(113)
<b>Net cash provided by / (used in) operating activities</b>	<u>167</u>	<u>114</u>

### 19 Analysis of changes in net debt

	As at 1 April 2024	Cash Flows	As at 31 March 2025
	£000	£000	£000
Cash at bank and in hand	<u>483</u>	<u>167</u>	<u>650</u>

### 20 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2025 there were 3 legacies totalling £884,000 that had been notified but not received (2023/24: £1,003,100). These legacies have been accounted for as income in the year notified, and as debtors.

The Charity has been notified of other legacies, however as we are unable to quantify the value of these they have not been included in the Accounts.

## My Wish Charity

### 21 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance	Income	Expenditure	Transfers	(Loss) /gain on	Fund Balance
			1 April 2024				investments in	31 March 2025
			£000				year	£000
Macmillan Service	Donations	Patient and Staff welfare	1,106	120	(200)	(750)	(7)	269
Wish upon a Star Children's Fund (Incl SCBU)	Donations	Patient and Staff welfare	201	49	(36)	10	(2)	222
Stroke services	Donations	Patient and Staff welfare	171	31	(31)	-	(2)	169
Palliative Care	Donations	Patient and Staff welfare	120	13	(13)	-	(1.0)	119
Newmarket Hospital	Donations	Patient and Staff welfare	68	5	(5)	-	-	68
Breast Cancer Fund	Donations	Patient and Staff welfare	65	6	(6)	-	-	65
Critical Care	Donations	Patient and Staff welfare	64	10	(10)	-	(1)	63
Cardiology	Donations	Patient and Staff welfare	61	8	(8)	-	-	61
Rheumatology	Donations	Patient and Staff welfare	54	4	(4)	-	-	54
Chemical Pathology	Donations	Patient and Staff welfare	35	5	(5)	-	-	35
Orthoptic Fund	Donations	Patient and Staff welfare	34	2	(2)	-	-	34
Mercury Dementia Appeal	Donations	Patient and Staff welfare	25	3	(3)	-	-	25
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	19	6	(6)	-	-	19
Other Restricted Funds			232	111	(51)	(60)	(2)	230
Total Restricted Funds			2,254	373	(380)	(800)	(15)	1,432
Unrestricted funds	Donations	Patient and Staff welfare	730	286	(187)	800	(9)	1,620
			2,984	659	(567)	-	(24)	3,052

These are the major funds referred to in Accounting policy note 1(b). The disclosure is based on funds with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.

During the year, the transfer of a legacy was agreed with the Executors to move funds between restricted and unrestricted funds.



Helping your local NHS go further.



## How to contact us

### **The Charity office and principal address of My WISH Charity is:**

**The Trust Fund Office**  
West Suffolk NHS Foundation Trust  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
01284 713466

### **For fundraising queries please contact:**

**The Head of Fundraising**  
My Wish Fundraising Office  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
01284 713466

**MY WISH CHARITY**

England & Wales - Charity number 1049223

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# Accounts

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**My Wish Charity (Registration Number 1049223)**

**Trustee's Annual Report and Accounts**

**for year ended 31 March 2024**

# My Wish Charity

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## Foreword by the Chair of the Trustee of My Wish Charity

Welcome to our annual report for 2023/24. We are a Trustee body established as a separate legal identity from the West Suffolk NHS Foundation Trust ("The Trust") but work with them in partnership for the benefit of NHS patients and their families from West Suffolk and the surrounding area.

We exist to further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

### Key highlights of our year:

- **Opening the Butterfly Garden which provides a tranquil space for end-of-life patients and their families.**
- **Fund a patient forum day for our patients being treated for cancer.**
- **Fund staff Schwartz rounds, which give staff a safe place to explore their feelings.**
- **Receiving the certificate of Recognition from the High Sheriff**
- **Partnering with Mowgli street food, who is supporting our paediatric areas.**
- **Hosting the charity Soapbox Race.**

Your donations made this work possible and your future donations are key to our continued success.

I would like to thank the volunteers who fundraise and help us, my fellow board members, and the volunteers who work alongside the professional staff of the Trust.

I hope that like me you will be inspired by our plans. If you would like to donate, details about how to do this are set out at the end of this report. Please support us, as every pound donated counts.



Name: Jude Chin, Chair of Trustee

Date: 10 December 2024

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## **Who We Are**

My Wish Charity is an independent registered charity (registered number 1049223). We exist to raise funds and receive donations for the benefit of the patients of West Suffolk NHS Foundation Trust. By securing donations, legacies and sponsorship, My Wish Charity can provide the 'icing on the cake' to make a real difference for the patients, their families and the staff who look after them.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

## **Our mission**

By raising new money and careful management of our existing funds, My Wish Charity is able to fund expenditure to seek to support the aims and objectives of West Suffolk NHS Foundation Trust and the organisations it works with 'To serve the patients and their families receiving services from the West Suffolk NHS Foundation Trust by funding facilities, equipment, training, education and to support associated healthcare and complimentary services for patients.'

Payments are made in accordance with charity law, our constitution and the wishes and directions of donors. In making payments, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2023/24, payments of £589k (including support costs) were made. Our future plans are to continue to raise our level of fundraising that will help us work with our NHS partner to transform the health prospects for patients in our community.

The directors of West Suffolk NHS Foundation Trust acting on behalf of the Corporate Trustee believe they have complied with their duty to have regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. This is demonstrated by our activities throughout the year.

## **What we have achieved: highlights from the activities undertaken in the year**

Our key aim is to serve the NHS patients of West Suffolk Hospital, Newmarket Community Hospital and the community services that West Suffolk NHS Foundation Trust provides for the public benefit. By working with the NHS we assist patients of every walk in life, irrespective of race, creed, ethnicity or personal or family financial circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- **Enhancing the care our partner hospital can offer through new equipment and building improvements to deliver better facilities.**
- **Investment in people and in creating a caring environment for the patients receiving care, their families and visitors.**
- **Providing direct support to patients by way of information, networking support, better facilities.**

We do this through a range of programmes funded by you, our generous donors. Highlights from the main programmes undertaken in the year are detailed below to give you a wider understanding of the difference we can make together to patients today and in the future.

During that last year, sadly we are still in the recovery period of the Covid 19 pandemic, we continue to support staff, and patients. We would like to say a huge thank you to all of our amazing donors who continue to support us.

We have been able to continue to fund the Trust to employ extra staff members; and provide items and equipment to support them and their patients.

- A psychologist for staff support
- A counsellor for our patients being treated for cancer
- Fund Schwartz rounds for staff support
- Activity packs for our patients that have suffered a stroke
- Accuvein viewing devices for easier cannulation and blood taking
- Away days for our paediatric diabetic patients and their families
- Items for a comfort pack for our end of life patients loved ones
- CD players for the wards
- Vascular training aids for staff in the Emergency Department
- Exercise equipment for patient rehabilitation
- Make rooms that patients are given bad news in more of a calming environment
- Provide refreshments and provisions for a monthly wellbeing day for our patients being treated for cancer.
- A bladder scanner for Ward G5
- Toys in our community for play and rehabilitation.

**The Charity once again has been extremely well-supported by our local community, and for this we are extremely grateful.**



Years of fundraising has resulted in the opening of a special area for end-of-life patients to spend time with their loved ones.

The Butterfly Garden, at the West Suffolk Hospital, has been created thanks to funds raised by the My WiSH Charity.

An appeal was launched back in 2019 for the feature which culminated in £340,000 being collected.

Much of those funds have gone into the garden which took 16 weeks to complete and includes a glass-fronted retreat with furnishings, looking on to a garden with private seating areas, plants and shade, and a specialist wheelchair ... a perfect retreat for families and loved ones to catch up with patients coming towards the end of their life.

Volunteers have donated iconic items for the space, which is situated close to the hospital chapel, and there has been support from Neptune, in Bury St Edmunds, who donated the interior plans, materials and furnishings for the garden room.

Officially opened in September by Mark Pendlington, the High Sheriff of Suffolk, he said the feature created a “wonderful space”.

He said: “What you have created here is a very important and wonderful space and you have created this with a vision.

“It is going to be such value to so many people.

“You see this busy hospital around you and what you yearn for is just a space and this space is going to be such a wonderful asset to the hospital and the space that has been created is going to be so fantastic and help so many people.

“You just want a place of calm and tranquillity ... and the magic has happened.”

Sue Smith, My WiSH Charity head of fundraising, said seeing the garden finally open was “emotional”.

She said: “The hospital is a family and we have to work together very closely. We are humbled to be able to have this space here. You would never know you were in the middle of the hospital.

“It’s been a long journey and we’re so happy we are now able to offer this amazing facility.”

Visitors to the garden will be able to play, pets can visit and precious memories can be made at one of the most vulnerable times in life.

Sue added that the funds have been used for a variety of measures including comfort packs which contains essential items for people to stay beside the bed of their loved one, a palliative nurse, ready beds for family members to stay bedside and knitted bears to comfort patients.

The Butterfly Appeal is still open, with funds supporting end-of-life patients and their loved ones. For more information, go to [www.mywishcharity.co.uk/appeals/butterfly-appeal](http://www.mywishcharity.co.uk/appeals/butterfly-appeal)



Tony Lawrence carried out a half marathon, where he beat his previous record time, and has taken part in a skydive. He even hoped to have taken part in a marathon in Brighton, but a broken foot injury kept him side-lined.

Despite the setback Tony managed to raise £1,273 which has been directed towards the Rainbow Ward at the West Suffolk Hospital, in Bury St Edmunds.

The 31-year-old truck co-ordinator, who works for XPO Logistics and lives in the town, clocked up 1 hour 54 minutes in the Cambridge Half marathon, held in March, and in June took part in a tandem skydive from 13,000ft at UK Parachuting, in Bungay, to raise the money.

Tony, who has been a keen supporter of the My WiSH Charity, which supports the West Suffolk NHS Foundation Trust and includes the West Suffolk Hospital as well as Newmarket Hospital and community services, has raised money for critical care back in 2018 in memory of his father, and his daughter Olivia-Rose walked two miles dressed as a robot during the Covid pandemic.

But his latest initiative came after the Rainbow Ward treated and cared for his two-year-old niece Daisy, who lives with her parents Jade and Karl, in Haughley.

He said: "During the summer last year Daisy was admitted to the Rainbow Ward with a mysterious kidney problem. Over the following six weeks they treated Daisy along with her mum and dad with such kindness and compassion.

"The staff there did everything possible to make Daisy's stay comfortable.

With Daisy being non verbal it was a struggle with her medication and treatment but they strived to make it as stress free and painless for Daisy as possible.

"During her stay they worked tirelessly to transfer Daisy to a kidney specialist ward at the Queen's Medical Centre, in Nottingham, for further treatment and investigation, in

conjunction with this they were working out a way to get Daisy's treatment to a point where Daisy could come home for her birthday, which they achieved.

"Both her mum and dad, along with the rest of the family, are extremely grateful to the wonderful staff and their relentless work on the Rainbow Ward."

Tony said he was delighted to beat his personal best of two hours for the half marathon and said the skydive was set to be the "first of many" more.

"I said to the parachute instructor that I wanted to get back into the plane," he said of the sky-high thrill.

And speaking of the work carried out by staff at the Rainbow Ward, Tony added: "They are just brilliant, and I wanted to raise money for the ward because of the way they treated Daisy and her parents."

And he had a final word of praise for My WiSH saying: "They are a fabulous cause to work for because you see where the money is going directly towards."

Sally Daniels, fundraising manager, thanked Tony for his amazing fundraising and said "Tony has raised over £4,500 to date for various areas that we support. We can't thank him enough; he faces each challenge with real gusto which is just fantastic. Thanks to all who donated to his cause".



Freemasons raised £1,000 for two hospital appeals following a special celebration event at Stowmarket Golf Club.

Ala Lodge held a ladies evening organised by Lin Cadby, the wife of the outgoing master Keith Cadby, with up to 70 people attending the event.

The money they raised has gone to the Charity directed towards the WiSH Upon a Star Children's appeal and the Forget Me Not Dementia appeal.

Those attending the event gave voluntary donations to the charity after envelopes were provided on every table.

Lin said a ladies evening is planned every year for the outgoing master of the Stowmarket-based lodge and this year's was the first one since the end of the Covid pandemic.

"My father had dementia so the Forget Me Not appeal was close to my heart while the WiSH Upon a Star appeal is for children.

"I was over the moon with the amount that we raised, and everybody had a good time.

"We had a lovely three-course meal, and the golf club were brilliant. It was a nice opportunity to do it and the people attending were very, very generous.

"Freemasons raise an awful lot of money for charity, and they are great charity fundraisers."

Tanya Fifield, fundraising officer, said: "Lin has done a wonderful job at making the ladies evening a success for My WiSH Charity. They have raised a fantastic amount for two of our worthy appeals."



Colin and Sue Pearce have been landlord and landlady at the Greyhound, in Ixworth, for the past 41 years.

And during that time they have helped to raise tens of thousands of pounds for charity.

Over the past seven years they have been responsible for raising nearly £40,000 for the My WiSH Charity.

From an exercise bike for the physio department to cots for babies in the maternity unit and training tools for the breast unit to a machine which helps children with asthma for the respiratory department ... these are just some of the items they have been responsible for funding.

Now their latest efforts have resulted in £8,795 being collected and handed over to the charity to help purchase a bladder scanner for the hospital in Bury St Edmunds.

Their bonds to the hospital are deep as Colin, who lost a leg over 10 years ago, was treated for a collapsed lung prior to the Covid outbreak and spent 18 days in the respiratory unit. Sue was also treated for breast cancer and their granddaughter was also cared for in the intensive care unit.

“We owe a lot to the hospital,” said Colin. “And we are just helping to put something back so that everyone else can benefit from it.”

Over the past 18 months they have held a series of events and fundraising initiatives at the pub which culminated in the grand total being raised.

They included quiz nights, crib league matches, bowls and darts matches against the village bowls club, a Christmas golf match and Christmas Carols.

Colin also chopped wood which was sold for kindling, there were also bucket collections, donations from customers along with sales from a book and puzzle shelf.

“We set our sights on trying to raise enough money for the bladder scanner and we were successful,” said Colin.

“We started raising money for My WiSH when I lost my leg about 12 years ago and we bought some equipment for the rehab unit. We have an association with the charity and we always try and do our best to help them.”

Sally Daniels, fundraising manager, said: “Colin and Sue are just amazing. They are passionate about supporting us and have made such a difference over the years. We know they don’t do this alone so huge thanks too to all their friends and customers who support them with their fundraising.”

Sally continued: “We love to try and show what donations have bought and so it was really special to be able to introduce Colin and Sue to Ashley and Jonah. As staff they could explain what a difference having their own bladder scanner on the ward has made. We couldn’t be prouder to be The Greyhounds chosen charity.”



Running through the night and covering 100 kilometres in 16 hours has led to James Seager raising £575.

The 46-year-old father of three from Lawshall took on the challenge at Nowton Park, clocking up a total of 40 loops of the Parkrun route.

James completed the 62 miles, amounting to 20 Parkruns, running from 5.30pm through to 9.30am the following morning.

The money raised has gone to the charity, with it being directed towards the maternity ward at the hospital.

James, a member of the St Edmunds Pacers, decided to carry out the feat to repay the wonderful care and attention his 40-year-old wife Hayley received when giving birth to their daughter Bella.

“I just wanted to do something to give something back to the hospital and raise money to help the staff and ensure everyone received the same care my wife and Bella received whilst in their care,” James said.

“They were absolutely brilliant from the beginning to the end.”

He said his daughter’s birth was complex and at times dangerous and there were “life threatening” moments for the baby whose heart rate dropped.

It was hoped that Hayley, who had given birth to twin boys Bobbie and Jack, now 11 years old, was going to have a natural birth but it was decided that she would have a caesarean section as it was feared Bella may have the umbilical cord round her neck.

The delivery of the 8lb 4oz baby was a success.

“Bella had got herself into a little pickle with the cord being wrapped twice round her leg but I am pleased to say she was delivered safely,” said James.

“The outcome was brilliant but it could have been different if it was not for the staff, so we wanted to raise money for the ward.”

His twin boys joined him on the first and final laps of the run and he paid tribute to his support team and thanked West Suffolk Council for keeping the park open for him during the night.

Bella, who was born on 8 March, is doing fine and her birth completed a full house of the twins along with mum all being born at the hospital.

Tanya Fifield, fundraising officer, saw James off on his run and again the following morning as he completed the mammoth challenge. She said: “I am in awe of James, what a fantastic achievement.

“To run 62 miles is one thing but to do it overnight and on a loop of the same route is something else. We can’t thank James and his supporters enough for helping us support the maternity services”.



Dean and Melissa Davis have had to ride a roller coaster of emotions over the past five years.

For the couple, along with their three other children Archie, 16, Daisy Mae, 14, and Poppy Rae, 12, have had to deal with the trauma of younger daughter and sister Harper having a life-threatening illness.

There were times when they thought they were going to lose the eight-year-old but she has bravely fought through her illness.

Harper's life changed in 2018 while on a family holiday in Norfolk when she contracted E-coli and a rare secondary infection called hemolytic uremic syndrome which affected her kidneys and bowel.

The family's lives were turned upside down on their return home to Haverhill when the Westfield Primary Academy pupil's health deteriorated and she was taken to the West Suffolk Hospital, in Bury St Edmunds. Within 24 to 36 hours, she was transferred to a specialist unit at Nottingham Queen's Hospital.

There then began numerous round trips northwards for 48-year-old Dean and his 43-year-old wife as Harper was being treated. During this time she had a kidney transplant with the organ donated by Dean's 58-year-old sister Donna Davis, who lives in Dorset.

To add to Harper's problems, she also developed type 1 diabetes because of the infection.

"We were terrified that we could have lost our daughter," said Dean, a physical trainer who runs Kedington Fitness Centre. "I consider how lucky we are to have her here."

Beside Dean, James Willett, Dan Plumber, Karen Boxall, and Donna and Daisy Mai Brown, along with support drivers Simon Miller and Adam Thompson, who are all members of the

fitness centre, walked 106 miles from the Nottingham hospital to Haverhill and raised a huge £7,000 which was split between My Wish and Nottingham Hospital.

“It’s a route that my family have completed back and forth for surgery and care. We raised funds for the hospital which saved her life and continues to treat and support her, also our local diabetes clinic at West Suffolk Hospital as due to the infection my daughter is now Type 1 so needs care and support for this.”

“Harper has got her own scars and trauma and gets flashbacks all the time, but every day is a miracle that we see her,” he added.

Tanya Fifield, fundraising officer, supported Dean and his team and said “ Supporting Dean and his team has been the most emotional fundraising challenge that I have been a part of. I witnessed first hand the challenges of the three day trek via his social media, and was delighted to see them at the finish line to be able to show our immense gratitude.”



Infusions Group, the company behind the ICE restaurant in Rougham, has donated a sensory unit to the paediatric emergency department at the West Suffolk Hospital after spending two years fundraising for the My WiSH Charity, which supports the hospital. The unit is used to distract and calm young patients who are receiving emergency treatment.

Thanks to quiz nights, raffles and donations from their cook school, owners John and Lou Jackman were welcomed to the department with their Operations Director, Sarah Stamp, to see the unit and find out the difference the equipment will make.

The money was specifically donated to the charity's WiSH Upon A Star Children's Appeal which supports children both in the hospital and in the community and this donation focused on the emergency department.

Claire Thompson, play specialist for the unit, said "This unit is just fantastic. The lights and sounds are just a great distraction for our patients and, because it's mobile, we can move it around the department".

Sue Smith, head of fundraising, thanked Infusions and added "This is the third time Infusions have supported us and we are so grateful. They have previously donated to our Macmillan unit and our end-of-life Butterfly Garden and now children, which just shows the range of care we support".

John Jackaman, owner of the Infusions Group and ICE Restaurant said "It is always a privilege to work with Sue and her inspirational team at My WiSH – the work they do and the difference they make is incredible. We were so glad to be able to support the emergency team with this important project and it was fantastic to see the piece of equipment in action and hear from Claire, first hand, what a difference it is already making to children in trauma. We would like to say a huge thank you to our team and also to all of our generous customers who supported us to raise the money".

Sue finished by saying "We cannot thank John, Lou, Sarah and all their customers enough. They really have been incredible and made such a difference."



**We, My Wish Charity, would love to thank all our AMAZING fundraisers and volunteers that allow us to enhance the care, love and support of our patients, and staff!**

## How we funded our work, our achievements and performance

In this section we firstly explain how we raised the money and then how we spent it.

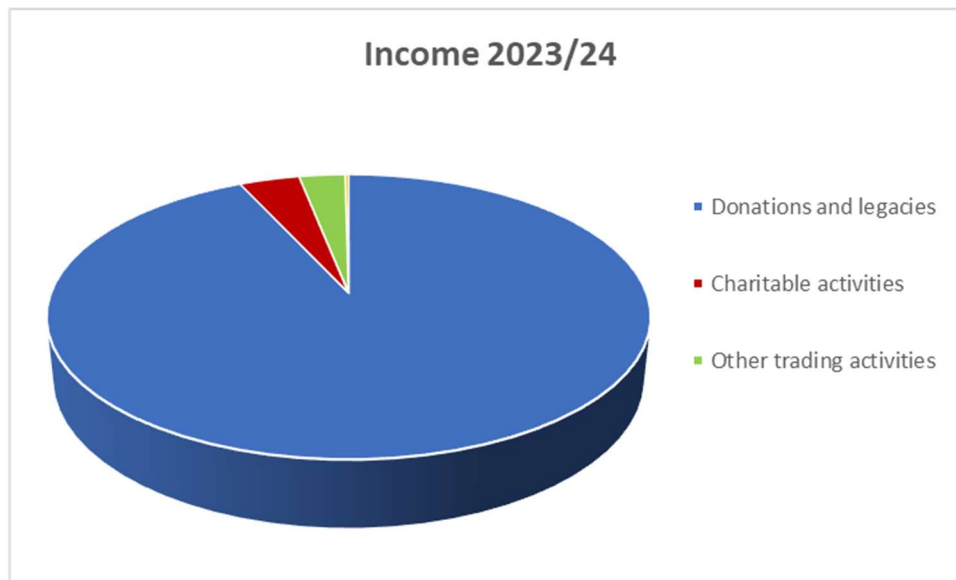
**Money received: £1,348k**

**Money spent: £589k**

My Wish Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with income exceeding expenditure by £759k before investment gains.

### Money received: sources of funds

The pie chart shows our main sources of income.



**Donations and legacies £1,256k** – Our largest source of income is from the public and by local companies keen to support their local community:

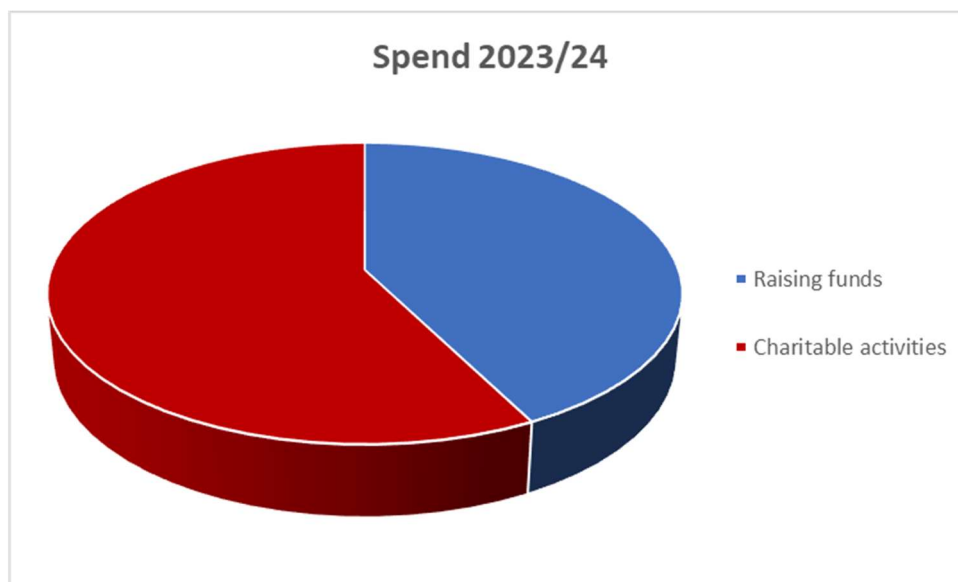
- **Gifts from the public £194k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £22k** – many companies adopt charities as a way of putting something back into the community. My Wish Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £1,040k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

**Charitable activities £51k – £29k** of this relates to grant income, whilst the remaining balance is other items of income that do not fit in to the above categories.

**Other trading activities and investment income £41k** – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My Wish Charity.

- **West Suffolk Hospital other organised fundraising £3k**
- **Third party fundraising £38k**

### **Money spent: what we spent the money on**



Our charitable work was made up of five distinct areas. The costs shown below exclude attributable support costs as set out in note 9 to the accounts:

**Clinical Care & Research Posts:** The funds support a counsellor and a nurse within the Macmillan Unit, and a children's play specialist. The cost of these staff was **£71k** in 2023/24.

**New equipment:** The NHS of course buys much of its own equipment for day to day use and has its own capital programme but NHS capital funds for large items of equipment are scarce. With advances in technology we can make a real difference in purchasing items. We spent **£56k** on new equipment. Examples of equipment purchased this year are:

- **1 Accuvien devices, to help cannulate and take blood easily**
- **1 bladder scanner**
- **Specimen cabinet**
- **DVD players, tablets & tv's for our cancer unit**

**Adaptations to buildings:** We spent **£100k** in 2023/24 on a number of minor capital projects.

**Staff education and welfare:** We spent **£44k** on a wide variety of training and educational courses for our staff.

**Patient education and welfare:** We spent **£68k** supporting education and the welfare of patients.

## **Performance against objectives**

Spending the money is only part of the story because we are concerned to achieve value for money. To ensure the money is well spent, applications for General Fund funding include questions about the objectives, impact and success criteria for the proposed project.

## **Our fundraising performance**

Members of My Wish fundraising department organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £1,348k compared to 2022/23 of £449k.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fund raising as “soliciting or otherwise procuring money or other property for charitable purposes.”

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any regulatory scheme. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Executive Director of Workforce & Communications. It is impossible to apply the same rigour to members of public however the Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

## **What we plan to do with your donations: our future plans**

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- Continue to engage with our community services and Newmarket Community Hospital
- Continue to engage and develop relationships with the wider community
- Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes

Your support makes these plans possible and to help us, please do consider making a donation.

### **How we manage the money**

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity consists of 27 individual funds (2022/23: 30) as at 31 March 2024 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds. A number of funds were closed and merged during the year which accounts for this movement in fund numbers.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

### **Our payment making policy**

All payments are normally made from the Charity – these funds comprise two elements:

- Unrestricted funds contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- Restricted funds (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

### **Our reserves policy**

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three year reference period.

As at 31 March 2024 the unrestricted reserves held was £730k. This compares to an expected average annual unrestricted income of approximately £156k. The main reason for the high

level of reserves is due to a combination of a high level of brought forward investment gains and a reduced level of unrestricted income. The Trustee believes that the level of reserves is sufficient.

### **Our financial health: a strong balance sheet**

The assets and liabilities of My Wish Charity as at 31 March 2024 are stated below, compared with the position at 31 March 2023.

	<b>31 March 2024</b>	<b>31 March 2023</b>
	£'000	£'000
Fixed Asset investments	1,609	1,742
Total Current Assets	1,486	490
Creditors falling due within one year	(111)	(224)
<b>Total Net Assets</b>	<b>2,984</b>	<b>2,008</b>
<b>Income Funds</b>		
Restricted	730	1,466
Unrestricted Income Funds ('general fund'):	2,254	542
<b>Total Funds</b>	<b>2,984</b>	<b>2,008</b>

### **A few helpful definitions:**

**Total current assets** represent the cash held on deposit and the amounts owed to the Charity.

**Creditors falling due within one year** represent the balance of money owed within 12 months to suppliers of goods and services. £102k of this balance is owed to West Suffolk NHS Foundation Trust.

**Total net assets** represent the total assets of the Charity less the value of outstanding liabilities (monies that the Charity owes).

**Restricted income funds** represent money which is held by the Trustee which can only be used for specified purposes.

**Unrestricted income funds** are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, for the Charity, this relates to the 'general fund'.

### **About investments**

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd.

## How we organise our affairs: reference and administrative details

### The Charity

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

#### Related Charities:

West Suffolk Hospitals Trust Charitable Fund	1049223-1
The West Suffolk Hospital Charity	1049223-3
Sudbury Hospital Charity	1049223-2
Joyce Marno-Edwards Fund	1049223-4
West Suffolk Hospital Education Centre	1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.

The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

Strategic aims are:

- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice
- To increase the charitable income – fundraising and donations - raised by My Wish Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular
- To promote legacies in a responsible way
- To ensure all areas of the Hospital are aware of the work of My Wish Charity and how fundraising can help each and every aspect of the trust
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders

## How to contact us

### The Charity office and principal address of My Wish Charity is:

The Trust Fund Office  
West Suffolk NHS Foundation Trust  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 712952

### For fundraising queries please contact:

The Head of Fundraising  
My Wish Fundraising Office  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 712952

## Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011. The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

During 2023/24 the Trust Board consisted of:

### Non-executive Directors (NEDs)

<b>Jude Chin (Chair)**</b>	Appointed 1 September 2021 as a NED and on 1 January 2022 was appointed the Interim Chair. On 2 June 2023 he was appointed as Chair.
<b>Louisa Pepper</b>	Appointed 1 September 2018 until 31 August 2021 Reappointed until 31 August 2024
<b>Antoinette Jackson</b>	Appointed 1 November 2022
<b>Dr Geraldine O'Sullivan**</b>	Appointed 1 November 2022 – 30 April 2024
<b>Tracy Dowling**</b>	Appointed 1 November 2022
<b>Krishna Yergol* **</b>	Appointed 1 April 2023 (previously Associate NED) – 30 April

2024

<b>Michael Parsons</b>	Appointed 1 May 2023
<b>Dr Roger Petter **</b>	Appointed 1 February 2023
<b>Alison Wigg * **</b>	Appointed 1 September 2024
<b>Paul Zollinger-Read *</b>	Appointed 1 September 2024
<b>David Weaver * **</b>	Appointed 1 September 2024
<b>Heather Hancock *</b>	Appointed 1 September 2024
<b>Richard Flatman*</b>	Appointed 1 September 2024

## **Directors**

<b>Ewen Cameron**</b>	Chief Executive – appointed 20 February 2023
<b>Craig Black</b>	Executive Director of Resources – appointed April 2011 to 26 September 2024
<b>Paul Molyneaux**</b>	Executive Medical Director (Interim) – appointed 30 June 2021 to 3 November 2024
<b>Jeremy Over</b>	Executive Director of Workforce and Communications – appointed November 2019
<b>Susan Wilkinson**</b>	Executive Chief Nurse – appointed 1 June 2020
<b>Nicola Cottington</b>	Executive Chief Operating Officer – appointed 1 November 2021

- Jonathan Rowell\*** Interim Executive Chief Finance Officer – appointed 27 September 2024
- Sam Tappenden\* \*\*** Executive Director of Strategy and Transformation – appointed 24 June 2024
- Richard Goodwin\* \*\*** Executive Medical Director – appointed 4 November 2024

\*Not in post during 2023/24, but in post when the Annual Report and Accounts were approved.

\*\* These Non-Executive Directors and Executive Directors were not members of the Charitable Funds Committee in 2023/24, but do make up the Corporate Trustee.

More details about the Trustees can be found in West Suffolk NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows (attendance noted is for the Charitable Funds Committee, which met four times in 2023/24):

	<b>2023/24 Attendance</b>
Ewen Cameron* - Chief Executive Officer	2/4
Louisa Pepper - Non-Executive Director	1/4
Craig Black - Executive Director of Resources / Deputy CEO	2/4
Jeremy Over - Director of Workforce and Communications	3/4
Nicola Cottington - Chief Operating Officer	3/4
Antoinette Jackson (chaired 1 of the 4 meetings) - Non-Executive Director	3/4
Michael Parsons (chaired 3 of the 4 meetings) - Non-Executive Director	3/4
Jude Chin* - Chair	2/4

\*The Chair and the Chief Executive are not members of the Charitable Funds Committee but attended some meetings.

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

**External auditors:**

Lovewell Blake  
Bankside 300  
Peachman Way  
Broadland Business Park  
Norwich  
NR7 0LB

**Internal auditors:**

RSM UK Risk Assurance Services LLP  
Blenheim House  
Newmarket Road  
Bury St Edmunds  
Suffolk  
IP33 3SB

**Bankers:**

National Westminster Bank  
7 Cornhill  
Bury St Edmunds  
Suffolk  
IP33 1BQ

### **Charity governance, structure and management arrangements**

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital."

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust's Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators' guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee's Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust's facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund's resources
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income
- Ensure that "best practice" is followed in the conduct of all its affairs fulfilling all of its legal responsibilities
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charity Accounts Assistant and the Assistant Director of Finance, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

### **Trustee recruitment, appointment and induction**

Non-Executive Members of the Trust Board are appointed by the Trust's Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

### **Key management personnel**

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust for their role as part of the Trust, but receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

## **Risk analysis**

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My Wish Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- ***Future levels of income***

My Wish Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My Wish Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- ***Cost of living***

The cost of living crisis in the UK and increasing interest rates has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

However, fundraising events continue to be held (and have increased since the pandemic) and it is hoped that the level of income in 2024/25 will continue to rise.

The investment performance has been volatile over the last few years, although we have seen an improvement in performance during 2023/24 resulting in a gain on the investment at the end of the year.

- ***Unforeseen changes in the operation of the NHS***

The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My Wish Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.

- ***Maintaining the reputation of the Charity***

The Trustee is conscious of the importance of maintaining its reputation within the community.

## **Income and Expenditure**

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charity Accounts Assistant and the Assistant Director of Finance look for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee.

## **Wider networks**

My Wish Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

## **Related parties**

My Wish Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

## **Our relationship with the wider community**

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

## **Volunteers**

The Trustee would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.

## **Having read all about us, please consider supporting the work of My Wish Charity**

The challenge facing My Wish charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community Hospital, and all the services they provide out in the community.

## What could your gift buy?

- **£2** could buy a birthday cake for a patient spending their birthday in hospital away from their home.
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

If you have a larger gift in mind, please talk to us. We always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on **01284 712952** or send an email to **fundraising@wsh.nhs.uk**.

Signed on behalf of the trustee:



Name: Jude Chin, Chair of Trustee

Date: 10 December 2024

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## Statement of Trustee's responsibilities in respect of the Trustee's Annual Report and Accounts

### Trustee responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Practice).

The law applicable to Charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. The Trustee is responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Signed on behalf of the Corporate Trustee:



Jude Chin  
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee  
10 December 2024

## **Independent Auditor's Report to the Trustee of My Wish Charity**

### **Opinion**

We have audited the financial statements of My Wish Charity (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustee with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the trustee's annual report, other than the financial statements and our auditor's report thereon. The trustee is responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustee's report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of the trustee**

As explained more fully in the trustee's responsibilities statement set out on page 31, the trustee is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustee either intends to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance;
- Enquiry of entity staff compliance functions to identify any instances of non-compliance with laws and regulations;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of activities and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor%E2%80%99s-responsibilities-for>. This description forms part of our auditor's report.

### **Use of our report**

This report is made solely to the charity's trustee in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustee those matters we are required to state to it in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustee, for our audit work, for this report, or for the opinions we have formed.



For and on behalf of

Lovewell Blake LLP

Chartered accountants & statutory auditor

Bankside 300

Peachman Way

Broadland Business Park

Norwich

NR7 0LB

22/01/2025

Lovewell Blake LLP is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

## My Wish Charity Statement of Financial Activities for the year ended 31 March 2024

	Note	Unrestricted Funds 2023/24 £000	Restricted Funds 2023/24 £000	Total Funds 2023/24 £000	Unrestricted Funds 2022/23 £000	Restricted Funds 2022/23 £000	Total Funds 2022/23 £000
<b>Income and endowments from:</b>							
Donations and legacies	3	187	1,069	1,256	118	230	348
Charitable activities	4	42	9	51	39	45	84
Other trading activities	5	13	28	41	14	3	17
<b>Total Income</b>		<b>242</b>	<b>1,106</b>	<b>1,348</b>	<b>171</b>	<b>278</b>	<b>449</b>
<b>Expenditure on:</b>							
Raising funds	8	68	182	250	51	152	203
Charitable activities	9						
Clinical Care and Research Posts		-	71	71	-	137	137
Purchase of New Equipment		18	38	56	(3)	112	109
New Building and Refurbishment		4	96	100	-	222	222
Staff Education and Welfare		17	27	44	10	63	73
Patient Education and Welfare		18	50	68	8	28	36
<b>Total Expenditure</b>		<b>125</b>	<b>464</b>	<b>589</b>	<b>66</b>	<b>714</b>	<b>780</b>
<b>Net income/(expenditure)</b>		<b>117</b>	<b>642</b>	<b>759</b>	<b>105</b>	<b>(436)</b>	<b>(331)</b>
Net gain/(loss) on investments		69	148	217	(6)	(29)	(35)
<b>Net income/(expenditure) after loss on investments</b>		<b>186</b>	<b>790</b>	<b>976</b>	<b>99</b>	<b>(465)</b>	<b>(366)</b>
<b>Gross transfer between funds</b>	21	<b>2</b>	<b>(2)</b>	<b>-</b>	<b>131</b>	<b>(131)</b>	<b>-</b>
<b>Net movement in funds</b>		<b>188</b>	<b>788</b>	<b>976</b>	<b>230</b>	<b>(596)</b>	<b>(366)</b>
<b>Reconciliation of Funds:</b>							
Total funds brought forward		542	1,466	2,008	312	2,062	2,374
<b>Total funds carried forward</b>		<b>730</b>	<b>2,254</b>	<b>2,984</b>	<b>542</b>	<b>1,466</b>	<b>2,008</b>

All income and expenditure are derived from continuing activities.

The notes set out on pages 38 to 46 form part of these financial statements

## My Wish Charity Balance Sheet as at 31 March 2024

Notes	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total	
	Funds £000 31 March 2024	Funds £000 31 March 2024	Funds £000 31 March 2024	Funds £000 31 March 2023	Funds £000 31 March 2023	Funds £000 31 March 2023	
<b>Fixed Assets</b>							
Investments	14	376	1,233	1,609	353	1,389	1,742
<b>Total Fixed Assets</b>		<b>376</b>	<b>1,233</b>	<b>1,609</b>	<b>353</b>	<b>1,389</b>	<b>1,742</b>
<b>Current Assets:</b>							
Debtors	15	16	987	1,003	30	91	121
Cash at bank	16	354	129	483	174	195	369
<b>Total Current Assets / (Liabilities)</b>		<b>370</b>	<b>1,116</b>	<b>1,486</b>	<b>204</b>	<b>286</b>	<b>490</b>
<b>Liabilities:</b>							
Creditors falling due within one year	17	(16)	(95)	(111)	(15)	(209)	(224)
<b>Net Current Assets / (Liabilities)</b>		<b>354</b>	<b>1,021</b>	<b>1,375</b>	<b>189</b>	<b>77</b>	<b>266</b>
<b>Total Assets less Current Liabilities</b>		<b>730</b>	<b>2,254</b>	<b>2,984</b>	<b>542</b>	<b>1,466</b>	<b>2,008</b>
<b>Net Assets</b>		<b>730</b>	<b>2,254</b>	<b>2,984</b>	<b>542</b>	<b>1,466</b>	<b>2,008</b>
<b>Charitable Funds</b>	21						
Restricted income funds		-	2,254	2,254	-	1,466	1,466
Unrestricted income funds		730	-	730	542	-	542
<b>Total Charitable Funds</b>		<b>730</b>	<b>2,254</b>	<b>2,984</b>	<b>542</b>	<b>1,466</b>	<b>2,008</b>

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 10 December 2024

Signed:



Name: Jude Chin  
Trustee

The notes set out on pages 38 to 46 form part of these financial statements

## My Wish Charity Statement of Cashflows

### Year Ending 31 March 2024

	Note	Total Funds 2023/24 £000	Total Funds 2022/23 £000
<b>Cash flows from operating activities:</b>			
Net cash provided by / (used in) operating activities	18	114	(27)
Change in cash and cash equivalents in the reporting period		114	(27)
Cash and cash equivalents at the beginning of the reporting period		369	396
<b>Cash and cash equivalents at the end of the reporting period</b>	16	<b>483</b>	<b>369</b>

The notes set out on pages 38 to 46 form part of these financial statements

## My Wish Charity

### 1 Accounting Policies

#### General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Trust Fund Office, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, IP33 2QZ.

#### [a] Basis of Preparation

The financial statements have been prepared under the historic cost convention, subject to revaluation.

#### Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

#### True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

#### Going Concern

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts. The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

**Operational capability** - The Charity has reviewed its structure and has adequate administration and fundraising resources to ensure that the Charity can continue to fundraise and carry out its administration function. The Charity considers resourcing at the Charitable Funds Committee.

**Market based demand** - The Charity has considered the fundraising environment particularly with the current cost of living crisis. The Committee is aware that the impact of cost of living rises may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

**Structural finance** - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period. There is a risk of a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 26). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

#### [b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose.

Those funds which are not restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 21.

#### [c] Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the monetary value of income can be measured with sufficient reliability.

## My Wish Charity

### [d] **Income from legacies**

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

### [e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### [f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

### [g] **Fundraising costs**

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs includes expenses for fundraising activities.

### [h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

### [i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities.

## My Wish Charity

### [j] **Realised and Unrealised Gains and Losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

### [k] **Debtors**

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

### [l] **Cash and Cash Equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, in interest bearing savings accounts.

### [m] **Creditors**

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

### [n] **Pensions**

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

### [o] **Investments**

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value.

**My Wish Charity**  
**Notes to the Accounts**

**2 Related party transactions**

West Suffolk NHS Foundation Trust acts as a sole Corporate Trustee to the Charity, and as such is both a related party and the ultimate controlling party. Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £575k (2022/23: £769k) of which there is a net creditor of £102k (2022/23: £215k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

No members of the West Suffolk NHS Foundation Trust board have given donations and fundraising income without conditions to the Charity (2022/23 3 amounting to £2,105). None of the members have received any benefit from the Charity in payment or in kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

**3 Income from donations and legacies**

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
Donations from Individuals	84	110	194	230
Corporate Donations	5	17	22	67
Legacies	98	942	1,040	51
<b>Total</b>	<b>187</b>	<b>1,069</b>	<b>1,256</b>	<b>348</b>

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

**4 Charitable activities**

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
Grant Income	27	2	29	74
Other income	15	7	22	10
<b>Total</b>	<b>42</b>	<b>9</b>	<b>51</b>	<b>84</b>

Grant income in 2023/24 mainly relates to money received from the NHS Charities Together charity and is being spent on specific staffing at West Suffolk Hospital NHS Foundation Trust.

**5 Other trading activities**

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
West Suffolk Hospital other organised fundraising events	1	2	3	2
Third party fundraising	12	26	38	15
<b>Total</b>	<b>13</b>	<b>28</b>	<b>41</b>	<b>17</b>

**6 Role of Volunteers**

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

**Fund advisors:-** there are 29 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

**Fundraisers:** there are about 25 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

## My Wish Charity

### 7 Grants made to institutions

All grants are made to the West Suffolk NHS Foundation Trust. The charity does not make any grants to individuals. The grants received by the beneficiary for each category of charitable activity is disclosed in note 9.

### 8 Analysis of expenditure on raising funds

	Unrestricted Funds 2023/24 £'000	Restricted Funds 2023/24 £'000	Total 2023/24 £'000	Total 2022/23 £'000
Fundraising support costs	68	182	250	203
<b>Total</b>	<b>68</b>	<b>182</b>	<b>250</b>	<b>203</b>

### 9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour by West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2023/24 £000	Funded Activity Restricted 2023/24 £000	Funded Activity Total 2023/24 £000	Support costs 2023/24 £000	Total 2023/24 £000	Total 2022/23 £000
Clinical Care & Research Posts	-	64	64	7	71	137
Purchase of New Equipment	15	34	49	7	56	109
New Building & Refurbishment	3	86	89	11	100	222
Staff Education & Welfare	14	24	38	6	44	73
Patient Education & Welfare	15	45	60	8	68	36
<b>Total</b>	<b>47</b>	<b>253</b>	<b>300</b>	<b>39</b>	<b>339</b>	<b>577</b>

## My Wish Charity

### 10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2023/24 Total £000	2022/23 Total £000
External audit	3	6	9	9
<b>Governance Costs</b>	<b>3</b>	<b>6</b>	<b>9</b>	<b>9</b>
Computer maintenance	1	3	4	3
Salaries and related costs	17	37	54	46
Other	1	1	2	2
<b>Total support costs and overheads</b>	<b>22</b>	<b>47</b>	<b>69</b>	<b>60</b>

	Unrestricted funds £000	Restricted funds £000	2023/24 Total £000	2022/23 Total £000
Raising funds	8	12	20	21
Charitable activities	14	35	49	39
	<b>22</b>	<b>47</b>	<b>69</b>	<b>60</b>

### 11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2022/23: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment as employees of the Trust.

### 12 Analysis of recharged staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the costs are recharged by the Trust for employees providing support services to charitable activities. Support employees were the Charitable Fund Accountant, Assistant Director of Finance and members of the fundraising team. My Wish Charity has no key management personnel (2022/23: None).

#### 12a - Staff Costs and Employee Benefits

	2023/24 £000	2022/23 £000
Salaries and wages	210	177
Social Security Costs	30	21
Employers Pension Contribution	29	22
<b>Total</b>	<b>269</b>	<b>220</b>

#### 12b - Employee numbers

	2023/24	2022/23
Average Headcount	7.0	6.9
Average Full Time Headcount	4.0	4.8
Average Part Time Headcount	3.0	2.1
Average WTE	5.0	5.9

As the charity has no employees, as such no employee had emoluments in excess of £60,000 (2021/22: None).

### 13 Auditor's remuneration

The external auditor's remuneration of £9,060 including irrecoverable VAT (2022/23: £8,634) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2022/23: none undertaken).

## My Wish Charity

### 14 Fixed asset investments

Movement in listed investment	31 March 2024	31 March 2023
	Total £000	Total £000
Market value brought forward	1,742	1,777
Purchase/(sale) of investment	(350)	-
Net gain / (loss) on revaluation	217	(35)
Market value as at 31 March	<u>1,609</u>	<u>1,742</u>

The Charity investments are held in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date. The original cost of the investment was £1,317k.

### 15 Analysis of current assets

Debtors due within one year	31 March 2024	31 March 2023
	Total £000	Total £000
Other debtors	1,003	121
<b>Total</b>	<u>1,003</u>	<u>121</u>

### 16 Analysis of cash and cash equivalents

	31 March 2024	31 March 2023
	Total £000	Total £000
Cash in Hand	483	369
	<u>483</u>	<u>369</u>

### 17 Analysis of current liabilities

Creditors due within one year	31 March 2024	31 March 2023
	Total £000	Total £000
Creditors	31	54
Other Accruals	80	170
<b>Total</b>	<u>111</u>	<u>224</u>

Creditors represent sums owed at the year end by the Charity. Of this amount £102k (2022/23: £215k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

## My Wish Charity

### 18 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2023/24	2022/23
	£000	£000
<b>Net income/(expenditure) as per the Statement of Financial Activities</b>	976	(366)
<b>Adjustments for:</b>		
(Gain)/Loss on investments	(217)	35
Redemption on investment	350	-
(Increase) / decrease in debtors	(882)	213
(Decrease) / increase in creditors	(113)	91
<b>Net cash provided by / (used in) operating activities</b>	114	(27)

### 19 Analysis of changes in net debt

	As at 1 April 2023	Cash Flows	As at 31 March 2024
	£000	£000	£000
Cash at bank and in hand	369	114	483

### 20 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2024 there were 6 legacies totalling £1,003,100 that had been notified but not received (2022/23: £120,808). These legacies have been included as income and as debtors.

The Charity has been notified of other legacies, however as we are unable to quantify the value of these they have not been included in the Accounts.

## My Wish Charity

### 21 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance	Income	Expenditure	Transfers	(Loss) /gain on	Fund Balance
			1 April 2023				investments in	31 March 2024
			£000				year	£000
Macmillan Service	Donations	Patient and Staff welfare	304	861	(104)	3	42	1,106
SCBU	Donations	Patient and Staff welfare	36	10	(27)	-	4	23
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	21	5	(9)	-	2	19
Breast Cancer Fund (ex Lizzie Duncan)	Donations	Patient and Staff welfare	59	7	(7)	-	6	65
Microbiology	Donations	Patient and Staff welfare	19	-	(4)	-	2	17
Mercury Dementia Appeal	Donations	Patient and Staff welfare	26	2	(6)	-	3	25
Orthoptic Fund	Donations	Patient and Staff welfare	27	6	(1)	1	1	34
Cardiology	Donations	Patient and Staff welfare	57	8	(10)	-	6	61
Palliative Care (including Butterfly Appeal)	Donations	Patient and Staff welfare	169	6	(65)	-	10	120
Stroke services	Donations	Patient and Staff welfare	24	147	(5)	-	5	171
Newmarket Hospital	Donations	Patient and Staff welfare	67	2	(8)	-	7	68
Wish upon a Star	Donations	Patient and Staff welfare	167	23	(33)	-	21	178
Chemical Pathology	Donations	Patient and Staff welfare	35	-	(4)	-	4	35
Critical Care	Donations	Patient and Staff welfare	60	4	(7)	-	7	64
Rheumatology	Donations	Patient and Staff welfare	44	11	(7)	-	6	54
Covid 19	Donations	Patient and Staff welfare	141	-	(92)	-	10	59
Other Restricted Funds			211	14	(75)	(6)	12	156
<b>Total Restricted Funds</b>			<b>1,466</b>	<b>1,106</b>	<b>(464)</b>	<b>(2)</b>	<b>148</b>	<b>2,254</b>
Unrestricted funds	Donations	Patient and Staff welfare	542	242	(125)	2	69	730
			<b>2,008</b>	<b>1,348</b>	<b>(589)</b>	<b>-</b>	<b>217</b>	<b>2,984</b>

These are the major funds referred to in Accounting policy note 1(b). The disclosure is based on funds with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.

**MY WISH CHARITY**

England & Wales - Charity number 1049223

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# Accounts

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**My Wish Charity (Registration Number 1049223)**

**Trustee's Annual Report and Accounts**

**for year ended 31 March 2023**

# My Wish Charity

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## Foreword by the Chair of the Trustee of My Wish Charity

Welcome to our annual report for 2022/23. We are a Trustee body established as a separate legal identity from the West Suffolk NHS Foundation Trust ("The Trust") but work with them in partnership for the benefit of NHS patients and their families from West Suffolk and the surrounding area.

We exist to further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

### Key highlights of our year:

- **Completed the Changing Places facility, which helps patients with complex needs.**
- **Providing our renal staff with an ECG machine.**
- **Introducing Gold Cup Winning racehorse Papinaeu to our patients and staff at Newmarket Hospital.**
- **Introducing memory boxes, to support bereaved parents after the loss of a baby.**
- **Having a face to face thank you event for our donors.**
- **Re introduce the charity Soapbox Race.**
- **Committed the spend for the Butterfly Project to be completed in 2023/24.**

Your donations made this work possible and your future donations are key to our continued success.

I would like to thank the volunteers who fundraise and help us, my fellow board members, and the volunteers who work alongside the professional staff of the Trust.

I hope that like me you will be inspired by our plans. If you would like to donate, details about how to do this are set out at the end of this report. Please support us, as every pound donated counts.



Name: Jude Chin, Chair of Trustee  
Date: 2 November 2023



## **Who We Are**

My Wish Charity is an independent registered charity (registered number 1049223). We exist to raise funds and receive donations for the benefit of the patients of West Suffolk NHS Foundation Trust. By securing donations, legacies and sponsorship, My Wish Charity can provide the 'icing on the cake' to make a real difference for the patients, their families and the staff who look after them.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

## **Our mission**

By raising new money and careful management of our existing funds, My Wish Charity is able to fund expenditure to seek to support the aims and objectives of West Suffolk NHS Foundation Trust and the organisations it works with 'To serve the patients and their families receiving services from the West Suffolk NHS Foundation Trust by funding facilities, equipment, training, education and to support associated healthcare and complimentary services for patients.'

Payments are made in accordance with charity law, our constitution and the wishes and directions of donors. In making payments, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2022/23, payments of £780k (including support costs) were made. Our future plans are to continue to raise our level of fundraising that will help us work with our NHS partner to transform the health prospects for patients in our community.

The directors of West Suffolk NHS Foundation Trust acting on behalf of the Corporate Trustee believe they have complied with their duty to have regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. This is demonstrated by our activities throughout the year.

## **What we have achieved: highlights from the activities undertaken in the year**

Our key aim is to serve the NHS patients of West Suffolk Hospital, Newmarket Community Hospital and the community services that West Suffolk NHS Foundation Trust provides for the public benefit. By working with the NHS we assist patients of every walk in life, irrespective of race, creed, ethnicity or personal or family financial circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- **Enhancing the care our partner hospital can offer through new equipment and building improvements to deliver better facilities.**
- **Investment in people and in creating a caring environment for the patients receiving care, their families and visitors.**
- **Providing direct support to patients by way of information, networking support, better facilities.**

We do this through a range of programmes funded by you, our generous donors. Highlights from the main programmes undertaken in the year are detailed below to give you a wider understanding of the difference we can make together to patients today and in the future.

During that last year, sadly we are still in the recovery period of the Covid 19 pandemic, we continue in the plight to support staff, and patients. We would like to say a huge thank you to all of our amazing donors who continue to support us.

We have been able to continue to fund the Trust to employ extra staff members; and provide items and equipment to support them and their patients.

- A psychologist for staff support
- A play specialist
- A digital communication officer
- A counsellor for our patients being treated for cancer
- A nurse for our end of life patients
- Activity packs for our patients that have suffered a stroke
- TV's for the side rooms on our cancer unit
- Accuvein viewing devices for easier cannulation and blood taking
- Away days for our paediatric diabetic patients and their families
- Items for a comfort pack for our end of life patients loved ones
- Provide refreshments for a monthly wellbeing day for our patients being treated for cancer

**The Charity once again has been extremely well-supported by our local community, and for this we are extremely grateful.**



More staff, visitors and patients now benefit from support given by chaplaincy colleagues at West Suffolk Hospital thanks to an upgrade to the chaplaincy's facilities.

The chaplaincy, which is situated on the ground floor of the Bury St Edmunds hospital, offers pastoral, spiritual, and religious care to West Suffolk NHS Foundation Trust (WSFT) staff as well as patients and their visitors.

The upgrades are as a result of a very kind donor, one of the chaplaincy volunteers, who provided the funding in the previous year. The new facilities include a new fully-equipped kitchen, a private room for counselling and a dedicated washing area (wudu) for Muslim colleagues and visitors.

Lead chaplain, Reverend Canon Rufin Emmanuel, said: "We're delighted to have these new facilities at the chaplaincy. An upgrade of this kind will benefit so many people from all different backgrounds who need a quiet place, those who want to pray, and those who need some comfort. A big thank you to Sue Smith from our My Wish charity, who played an amazing role in this project with the support of Darren Hailstone from our estates team."



A total of £609 was donated to My Wish with it being directed towards the Arthrose Appeal at the West Suffolk Hospital.

It's thanks to Emma Murkowski that the money has gone to the charity after she nominated it from the Numbers for a Cause fundraising group which is run by her mother and stepfather Sue and Trevor Giles, who live in Barningham, along with Sue's daughter Nicola Bevan, from Hepworth.

They run the group on their Facebook site to benefit local charities by organising an online raffle with a variety of prizes and since they started their fundraising, which began with coffee mornings pre-Covid, they have raised an amazing £10,000.

Every month a member of the group gets to choose a recipient of the funds and Emma, who lives in Risby, chose the Arthrose Appeal which was launched by a former school colleague. It aims to raise money for the fracture, orthopaedic and trauma clinics at the hospital. Emma felt the appeal was a good way to thank the orthopaedic team for the care she's received over the years due to her having severe arthritis.

Emma, 35, suffers from juvenile idiopathic arthritis and has been under the care of the clinics since she was a teenager and has undergone shoulders, elbows and hip replacements along with ankle fusions. She is now waiting to have her other hip replaced.

Her complaint is the most common type of arthritis in children under the age of 16 and can cause persistent joint pain, swelling and stiffness. Some sufferers may experience symptoms for only a few months, while others have symptoms for many years and can cause serious complications, such as growth problems, joint damage and eye inflammation.

It's a debilitating complaint and Emma said: "The appeal was set up by someone I went to school with and I thought it would be a good cause to support and thought it would help the clinics as the staff there are so, so good.

"It was not until I was 17 that it was found I had joint damage and they were so badly damaged that I required the shoulder replacement and other joints were then found to be damaged."



Footballers have helped to raise funds for the cancer unit at the West Suffolk Hospital.

The Kennett Foxes organised a five-a-side tournament at the village playing fields with teams coming from Norfolk and Cambridgeshire to take part.

A total of £151.49 was raised from the event, which included funds from a tea and cake stand, and which delighted organisers.

Neil Gilmore, who manages the girls' team and is also chairman of Kennett Football Club, supported the youngsters' efforts in raising the money which has gone to the My Wish Charity with it being directed towards the cancer unit.

Helen Starkey, whose 10-year-old daughter Polly plays for the team, has been treated at the unit for breast cancer and has now been given the all clear.

And another mother is currently undergoing treatment for brain cancer at Addenbrooke's Hospital, in Cambridge.

Helen, who lives in Fordham, said the girls were keen to raise money for the unit at the Bury St Edmunds hospital following the exceptional care she received.



Fabulous fundraisers in Great Cornard have been boosting the coffers of the My Wish Charity for the past six years.

They raise money from their monthly bingo sessions at the village's Stevenson Centre and the latest amount of £2,000 has resulted in an amazing total of £11,741.20 being handed over to the hospital charity.

Husband-and-wife team Anthony and Tracy Tatum run the sessions but it's a huge family affair as they are helped by their son and daughter-in-law Daniel and Tiff Tatum, and daughter and son-in-law Joe and Samantha Neill.

Added to that they are supported by their treasurer Marilyn Gooby and Angela Talbot and cake maker Sue Tyler. They had to stop organising the sessions during the Covid-19 pandemic but got back into the swing of things last year.

The money is raised from the sessions along with tea and cakes adding to the funds.

Tracy, 57, said she started off the fundraising after being treated at the West Suffolk Hospital for breast cancer. "I was in the back of a taxi with my family and we came up with the idea of running the bingo sessions for the charity," she said.

It started off with just a handful of people turning up at the Snooker Club, in Sudbury, before they moved to the rugby club in Cornard, then onto Old Wells School before settling down at the Stevenson Centre, with upwards of 40 people attending each session with some coming from as far away as Colchester.

It's a real community evening with a raffle, people have snacks, drinks, cakes ... and then get down to playing bingo.

Tracy said: "Everybody looks forward to it every month and the amount of people that come up to us and ask us when the next one is taking place is amazing."



It's been a roller coaster ride for Hollie Page and her fiancé Alan Simons as the couple have had to face the daunting prospect of one of them being treated at the West Suffolk Hospital after contracting Covid-19.

Alan, a detective constable with Suffolk Police, ended up on the critical care unit and is still living with long Covid while gradually returning to duty.

The 37-year-old was left fighting for his life but thanks to the dedicated care of hospital staff he is now slowly recovering.

So inspired by the treatment of her partner Hollie, who is a keen runner, decided to try and raise money for the unit and took part in the Colchester Half Marathon raising an incredible £1,671.25.

She clocked up a time of 1 hour 58 minutes which she was "delighted" with and explained how Alan came to be admitted to the Bury St Edmunds hospital.

Hollie after finishing her half marathon in May  
"He was in a very poorly way with Covid and quite simply the care he had at the hospital saved his life," she said.

It was the middle of December when they both contracted the illness and Alan then progressively went "downhill" said 42-year-old Hollie.

He was advised to go to the hospital where he was admitted and after 24 hours was moved to the critical care unit on Christmas Eve. He was eventually discharged on January 6.

Hollie, who is group account director for a digital market agency in Ipswich, said: "It wasn't just about the treatment and care, the team also went above and beyond to support him emotionally and mentally and they also did the same for me."

"During one of the scariest times in my life doctors and nurses were always reassuring, calming and they were there to help me when I needed them."

“I can honestly say that I don’t know how I would have gotten through that time without them and I am forever thankful to them bringing Als home to me safe and sound. They are incredible people.”

Hollie added: “He is still recovering and we have a long road ahead of us but he is making leaps and bounds. It’s just baby steps and I cannot fault the West Suffolk, they have the best care that you can have.”



The family links to the Rainbow Ward at the West Suffolk Hospital is strong in the Rackham family.

Jo is the matron while her husband Shaun has become a fundraiser for the children’s unit.

And his latest effort has resulted in £1,313 being raised after he took part in the London Marathon earlier this month.

Shaun, who is the area performance manager and community champion at Mizkan, which makes Branston pickle at its production site in Mildenhall Road, Bury St Edmunds, completed the course in five-and-a-half hours after suffering with painful shin splints half way round.

The 53-year-old, who lives in Wattisfield and had a heart operation back in 2013, set about getting fit again following his treatment and took up running.

“I had mitral valve surgery and was initially treated at the West Suffolk where everyone looked after me wherever I went before I went off to Papworth Hospital for the operation.”

Sally Daniels, fundraising manager, thanked Shaun for his amazing fundraising and said “If anyone knows how hard staff work to care for us all it’s their family members! To have Shaun run for My Wish to help us support young patients is just fantastic.”



From swimming two miles and cycling 100, to climbing Ben Nevis and completing thousands of “push ups”, it’s been a year of monthly challenges for Josh Wright.

For during 2022 he has carried out an epic series of strength and energy sapping events once a month which culminated in him raising £3,161 for the My Wish Charity.

The money has gone to buy an Accuvein for the Community Children’s Nursing team based at the Child Development Centre, at the West Suffolk Hospital.

It uses a near-infrared (NIR) to help clinicians see superficial veins making blood taking and cannulation so much easier. This is especially useful for young patients and children with complex care needs who are seen by the community team.

Josh, who lives on Marham Park, in Bury St Edmunds, started the year off with two half marathons on consecutive days around his home town with his father Leslie, who is in his 50s, and ended the year completing two marathons, also on consecutive days, again with Les, in December.

In between he devised challenges for every month with many of them taking place with family, friends and colleagues who he praised for their support and contribution to the fundraising.

The 28-year-old, who is a health and safety consultant with HS Direct, which is based on the Moreton Hall Industrial Estate, said he had many “highlights” and “lowlights” during the year.

“I thought of all the things that people do to raise money for charity and I thought that wouldn’t it be fun if I did it in a year.”

“I’m not athletic or physically strong but I enjoyed raising money,” he said.

He was disappointed not to reach the summit of Ben Nevis in August when bad weather preventing him just getting to the top, but he was delighted with his swim the following month, which he said he was “scared” at undertaking as he only took up the sport early last year, along with the back to back marathons in December.

He added: “It does make a difference when you know that the money is going just up the road and might help someone locally at some point.”

“I just want to say thank you to everyone who supported me who are too numerous to mention from family, friends and people who I work with.”

Sally Daniels, fundraising manager, thanked Josh for his incredible fundraising and said “It’s been a pleasure to work with Josh over the past 12 months. Not only has he had to complete that month’s challenge, he has had to train for the others too which is a huge feat especially when working full time.”

Sally went on to say “As a charity we don’t just support the West Suffolk Hospital but the whole community. The Accuvein Josh has bought will benefit young patients right across Suffolk and it was a great to be able to introduce him to the staff who could tell him just what a difference his fundraising has made.”

## **JOSH WRIGHT’S YEARLY CHALLENGE**

**January:** Two half marathons with his father Leslie in one weekend round Bury St Edmunds.

**February:** Running the equivalent distance between the HS Direct office in Bury St Edmunds to the Sheffield office with colleague Andrew Langdon.

**March:** 24-hour game marathon with work colleagues Luke Thomas and Rob Mcleay.

**April:** 100-mile cycle ride on gym bike at Sports Direct, on the Moreton Hall Industrial Estate, which took four hours and 41 minutes.

**May:** Nuclear race with Hannah Goldhawk at adventure challenge site in Brentwood.

**June:** 100km relay race involving run round outskirts of Bury St Edmunds with Matt Sharpe cycling.

**July:** Leg wax with his father Leslie and brothers Ben and Adam.

**August:** Climbing Ben Nevis between five and six hours with bad weather stopping him 30 minutes to the summit.

**September:** Two-mile swim at Sports Direct taking about two hours.

**October:** Ultra marathon, 50kms (31 miles) on outskirts of Bury St Edmunds with his father.

**November:** 3,000 push ups at home and in the gym with 300 being completed on one day.

**December:** Double marathon weekend with his father, Les, in and around Bury St Edmunds.



The charity have provided a garden as a calm and beautiful space for visitors, staff and patients. It was designed and built by A1 Trees & Landscape Builders with areas created to allow space for privacy and for wheelchair access. The garden also contains two horseshoe sculptures to reflect the Queen's love of horses and Newmarket.

The charity worked with local councillor, James Lay, who worked tirelessly to secure the donations for the project, and it was wonderful to be able to invite everyone along to see just what their generosity had provided.

Sue Smith, head of fundraising at My Wish Charity, said “We are so proud to be able to provide this outside space for staff and visitors to enjoy and it’s so wonderful to do this to commemorate her late majesty, the Queen.”

Sue went on to say “It’s been a pleasure to work with James on this project. He’s worked tirelessly to raise funds to allow us to complete the project and we can’t thank him, and the amazing donors, enough for their support. It was lovely to be able to invite all those that made it possible along to the open day. It really is a special place for all who come to the Newmarket Community Hospital.”



My Wish Charity teamed up with the maternity team at West Suffolk NHS Foundation Trust to provide ‘memory boxes’ for parents who have sadly lost a baby.

Sally Daniels, fundraising manager said: “Having a baby should be a time of great joy, but sadly this is not always the case. We thought it might offer a small amount of comfort to parents who do lose their baby to provide ‘memory boxes’ to help capture those precious moments.”

The boxes contain clay or ink print kits, a memory card for photos, a special keepsake keyring, a birth certificate, a baby blanket, forget-me-not seeds and two little rabbits (one for the parents and one for the baby), amongst other things.

Sally continued “Every situation is different, and one box doesn’t suit all, so the trained midwives will select the suitable items for each box.”

The charity provided the hospital with a bereavement suite back in 2016 to ensure parents had a safe space to both deliver their baby and to spend time with them. The boxes are a continuation of this care and the team have worked closely with both Justine Ladds, the Trust's bereavement midwife, and the local Stillbirth and Neonatal Death Charity (SANDS) group, to ensure they got the contents right.

The boxes are thanks to a donation from Molly and Jack Deal, who raised £7,280 in the previous year for My Wish after losing their baby daughter, Kendall, back in 2020. The couple, who have since gone on to have a baby boy, Ovie, said the care they were given was just amazing and having the bereavement suite as a safe space made an awful situation bearable.

**We, My Wish Charity, would love to thank all our AMAZING fundraisers and volunteers that allow us to enhance the care, love and support of our patients, and staff!**

## How we funded our work, our achievements and performance

In this section we firstly explain how we raised the money and then how we spent it.

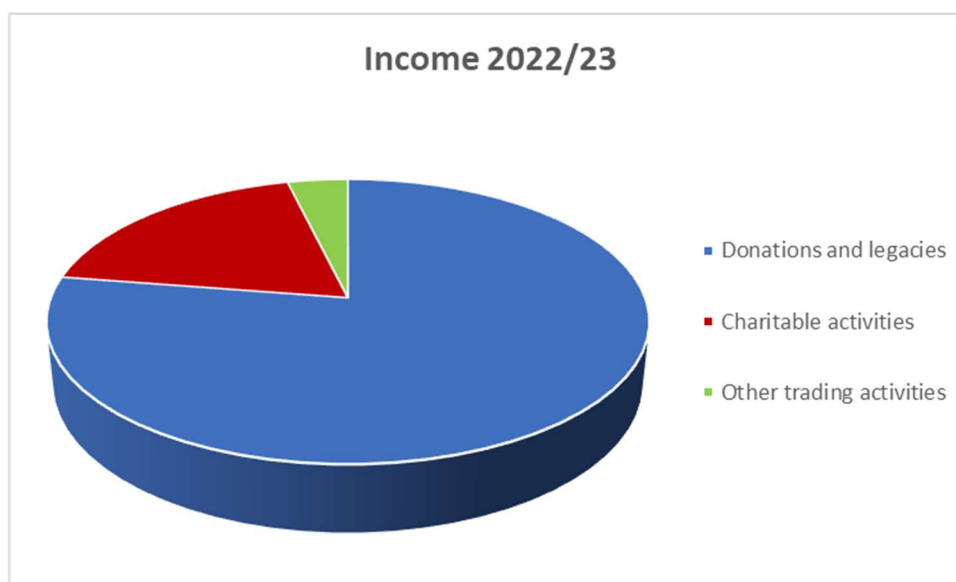
**Money received: £449k**

**Money spent: £780k**

My Wish Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with expenditure exceeding income by £331k before investment losses.

### Money received: sources of funds

The pie chart shows our main sources of income.



**Donations and legacies £348k** – Our largest source of income is from the public and by local companies keen to support their local community:

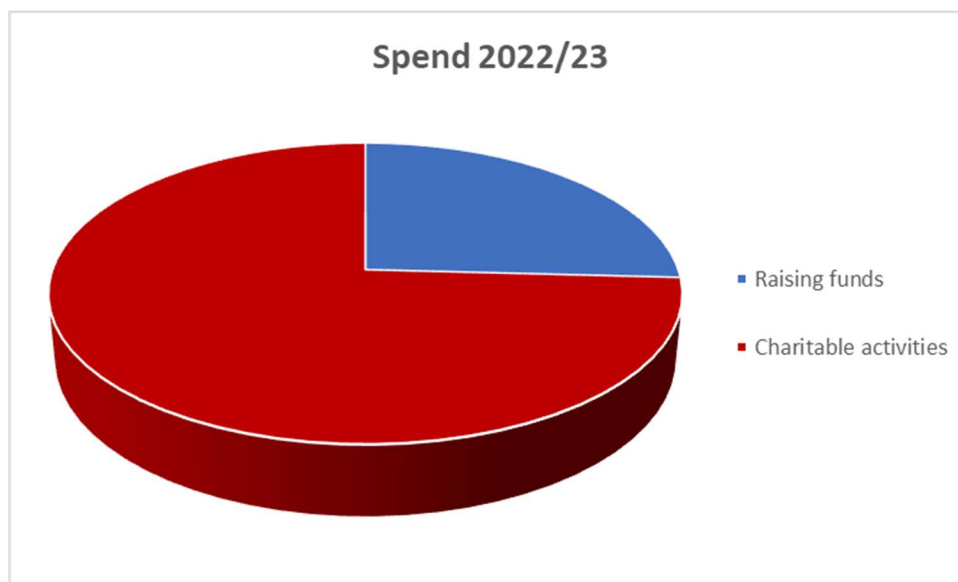
- **Gifts from the public £230k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £67k** – many companies adopt charities as a way of putting something back into the community. My Wish Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £51k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

**Charitable activities £84k** – £74k of this relates to grant income, whilst the remaining balance is other items of income that do not fit in to the above categories.

**Other trading activities £17k** – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My Wish Charity.

- **West Suffolk Hospital other organised fundraising £2k**
- **Third party fundraising £15k**

### **Money spent: what we spent the money on**



Our charitable work was made up of five distinct areas. The costs shown below exclude attributable support costs as set out in note 9 to the accounts:

**Clinical Care & Research Posts:** The funds support a counsellor and some nurses within the Macmillan Unit, a Clinical Psychologist in SCBU and a children's play specialist. The cost of these staff was **£129k** in 2022/23.

**New equipment:** The NHS of course buys much of its own equipment for day to day use and has its own capital programme but NHS capital funds for large items of equipment are scarce. With advances in technology we can make a real difference in purchasing items. We spent **£102k** on new equipment. Examples of equipment purchased this year are:

- **2 Accuvien devices, to help cannulate and take blood easily**
- **3 bladder scanners**
- **Specimen cabinet**
- **DVD players, tablets & tv's for our cancer unit**

**Adaptations to buildings:** We spent **£208k** in 2022/23 on a number of minor capital projects and the expenditure for the Butterfly Project.

**Staff education and welfare:** We spent **£67k** on a wide variety of training and educational courses for our staff.

**Patient education and welfare:** We spent **£32k** supporting education and the welfare of patients.

## **Performance against objectives**

Spending the money is only part of the story because we are concerned to achieve value for money. To ensure the money is well spent applications for General Fund funding include questions about the objectives, impact and success criteria for the proposed project.

### **Our fundraising performance**

Members of My Wish fundraising department organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £449k compared to 2021/22 of £438k.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fund raising as “soliciting or otherwise procuring money or other property for charitable purposes.”

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any undertaking to be bound by any regulatory scheme. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Executive Director of Workforce & Communications. It is impossible to apply the same rigour to members of public however the Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

### **What we plan to do with your donations: our future plans**

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- Complete the Butterfly Appeal
- Continue to engage with our community services and Newmarket Community Hospital
- Continue to engage and develop relationships with the wider community
- Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes

Your support makes these plans possible and to help us, please do consider making a donation.

### **How we manage the money**

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity consists of 30 individual funds (2020/21: 89) as at 31 March 2023 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds. A number of funds were closed and merged during the year which accounts for this movement in fund numbers.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

### **Our payment making policy**

All payments are normally made from the Charity – these funds comprise two elements:

- Unrestricted funds contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- Restricted funds (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

### **Our reserves policy**

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three year reference period.

As at 31 March 2023 the unrestricted reserves held was £542k. This compares to an expected average annual unrestricted income of approximately £93k. The main reason for the high level

of reserves is due to a combination of a high level of brought forward investment gains and a reduced level of unrestricted income. The Trustee believes that the level of reserves is sufficient.

### **Our financial health: a strong balance sheet**

The assets and liabilities of My Wish Charity as at 31 March 2023 are stated below, compared with the position at 31 March 2022.

	<b>31 March 2023</b>	<b>31 March 2022</b>
	£'000	£'000
Fixed Asset investments	1,742	1,777
Total Current Assets	490	730
Creditors falling due within one year	(224)	(133)
<b>Total Net Assets</b>	<b>2,008</b>	<b>2,374</b>
<b>Income Funds</b>		
Restricted	1,466	2,062
Unrestricted Income Funds ('general fund'):	542	312
<b>Total Funds</b>	<b>2,008</b>	<b>2,374</b>

### **A few helpful definitions:**

**Total current assets** represent the cash held on deposit and the amounts owed to the Charity.

**Creditors falling due within one year** represent the balance of money owed within 12 months to suppliers of goods and services. £215k of this balance is owed to West Suffolk NHS Foundation Trust.

**Total net assets** represent the total assets of the Charity less the value of outstanding liabilities (monies that the Charity owes).

**Restricted income funds** represent money which is held by the Trustee which can only be used for specified purposes.

**Unrestricted income funds** are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, for the Charity, this relates to the 'general fund'.

### **About investments**

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd.

## How we organise our affairs: reference and administrative details

### The Charity

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

#### Related Charities:

West Suffolk Hospitals Trust Charitable Fund	1049223-1
The West Suffolk Hospital Charity	1049223-3
Sudbury Hospital Charity	1049223-2
Joyce Marno-Edwards Fund	1049223-4
West Suffolk Hospital Education Centre	1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.

The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

Strategic aims are:

- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice
- To increase the charitable income – fundraising and donations - raised by My Wish Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular
- To promote legacies in a responsible way
- To ensure all areas of the Hospital are aware of the work of My Wish Charity and how fundraising can help each and every aspect of the trust
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders

## How to contact us

### The Charity office and principal address of My Wish Charity is:

The Trust Fund Office  
West Suffolk NHS Foundation Trust  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 712952

### For fundraising queries please contact:

The Head of Fundraising  
My Wish Fundraising Office  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 712952

## Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011. The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

During 2022/23 the Trust Board consisted of:

### Non-executive Directors (NEDs)

<b>Jude Chin (Chair)</b>	Appointed 1 September 2021 as a NED and on 1 January 2022 was appointed the Interim Chair. On 2 June 2023 he was appointed as Chair.
<b>Alan Rose</b>	Appointed 1 April 2017 until 31 March 2020. Reappointed 1 April 2020 until 31 March 2023
<b>Richard Davies**</b>	Appointed 1 March 2017 until 28 February 2020 Reappointed 1 March until 28 February 2023
<b>Louisa Pepper</b>	Appointed 1 September 2018 until 31 August 2021 Reappointed until 31 August 2024
<b>Christopher Lawrence</b>	Appointed 1 June 2021 until 31 October 2022
<b>Antoinette Jackson</b>	Appointed 1 November 2022
<b>Dr Geraldine O'Sullivan**</b>	Appointed 1 November 2022
<b>Tracy Dowling**</b>	Appointed 1 November 2022
<b>Professor Hilary McCallion</b>	Appointed 1 November 2022 until 31 March 2023
<b>Krishna Yergol* **</b>	Appointed 1 April 2023 (previously Associate NED)
<b>Michael Parsons*</b>	Appointed 1 May 2023
<b>Dr Roger Petter*</b>	Appointed 1 May 2023

## Directors

<b>Ewen Cameron</b>	Chief Executive – appointed 20 February 2023
<b>Craig Black</b>	Executive Director of Resources – appointed April 2011 to 31 August 2021 Chief Executive (Interim) – 31 August 2021 until 20 February 2023 when he returned to his substantive post of Executive Director of Resources
<b>Nick Macdonald</b>	Executive Director of Resources (Interim) – appointed 31 August 2021 until 20 February 2023
<b>Paul Molyneaux**</b>	Executive Medical Director (Interim) – appointed 30 June 2021
<b>Jeremy Over</b>	Executive Director of Workforce and Communications – appointed November 2019
<b>Susan Wilkinson**</b>	Executive Chief Nurse – appointed 1 June 2020
<b>Nicola Cottington</b>	Executive Chief Operating Officer – appointed 1 November 2021

\*Not in post during 2022/23, but in post when the Annual Report and Accounts were approved.

\*\* These Non-Executive Directors and Executive Directors are not members of the Charitable Funds Committee, but do make up the Corporate Trustee.

More details about the Trustees can be found in West Suffolk NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows (attendance noted is for the Charitable Funds Committee, which met five times in 2022/23):

		<b>2022/23 Attendance</b>	<b>2021/22 Attendance</b>
Alan Rose	- Non-Executive Director	3 / 5	1 / 3
Louisa Pepper	- Non-Executive Director	1 / 5	2 / 3
Chris Lawrence	- Non-Executive Director (Chair of Charitable Funds Committee)	3 / 3	3 / 3
Craig Black*	- Executive Director of Resources and Interim Chief Executive (until February 2023)	3 / 5	3 / 3
Jeremy Over	- Director of Workforce and Communications	3 / 5	3 / 3
Nick Macdonald	- Interim Director of Resources (until February 2023)	3 / 5	2 / 2
Nicola Cottington	- Chief Operating Officer	4 / 5	1 / 1
Antoinette Jackson	- Non-Executive Director	2 / 2	
Hilary McCallion	- Non-Executive Director	2 / 2	
Jude Chin*	- Chair	1 / 5	1 / 2

\*The Chair and the Chief Executive attend the Charitable Funds Committee by invitation only.

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

**External auditors:**

Lovewell Blake  
Bankside 300  
Peachman Way  
Broadland Business Park  
Norwich  
NR7 0LB

**Internal auditors:**

RSM UK Risk Assurance Services LLP  
Blenheim House  
Newmarket Road  
Bury St Edmunds  
Suffolk  
IP33 3SB

**Bankers:**

National Westminster Bank  
7 Cornhill  
Bury St Edmunds  
Suffolk  
IP33 1BQ

### **Charity governance, structure and management arrangements**

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital."

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust's Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators' guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee's Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust's facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund's resources
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income
- Ensure that "best practice" is followed in the conduct of all its affairs fulfilling all of its legal responsibilities
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charity Accounts Assistant and the Assistant Director of Finance, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

### **Trustee recruitment, appointment and induction**

Non-Executive Members of the Trust Board are appointed by the Trust's Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

### **Key management personnel**

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust for their role as part of the Trust, but receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

## **Risk analysis**

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My Wish Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- ***Future levels of income***

My Wish Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My Wish Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- ***Cost of living***

The cost of living crisis in the UK and increasing interest rates has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

However, fundraising events continue to be held (and have increased since the pandemic) and it is hoped that the level of income in 2023/24 will continue to rise.

The investment performance has been volatile over the last year, although we are monitoring the performance closely. Although we saw a small loss at the end of 2022/23, we still have a gain on the investment overall and the value of the investment is rising again in 2023/24.

- ***Unforeseen changes in the operation of the NHS***

The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My Wish Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.

- ***Maintaining the reputation of the Charity***

The Trustee is conscious of the importance of maintaining its reputation within the community.

## **Income and Expenditure**

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charity Accounts Assistant and the Assistant Director of Finance look for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee.

## **Wider networks**

My Wish Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

## **Related parties**

My Wish Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

## **Our relationship with the wider community**

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

## **Volunteers**

The Trustee would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.

## **Having read all about us, please consider supporting the work of My Wish Charity**

The challenge facing My Wish charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community Hospital, and all the services they provide out in the community.

## What could your gift buy?

- **£2** could buy a birthday cake for a patient spending their birthday in hospital away from their home.
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

If you have a larger gift in mind, please talk to us. We always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on **01284 712952** or send an email to **fundraising@wsh.nhs.uk**.

Signed on behalf of the trustee:



Name: Jude Chin, Chair of Trustee

Date: 2 November 2023

## Statement of Trustee's responsibilities in respect of the Trustee's Annual Report and Accounts

### Trustee responsibilities

The Trustee is responsible for preparing the Trustee Annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Practice).

The law applicable to Charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Signed on behalf of the Corporate Trustee:



Jude Chin  
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee  
2 November 2023

## **Independent Auditor's Report to the Trustee of My Wish Charity**

### **Opinion**

We have audited the financial statements of My Wish Charity (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 30, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance;
- Enquiry of entity staff compliance functions to identify any instances of non-compliance with laws and regulations;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of activities and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor%E2%80%99s-responsibilities-for>. This description forms part of our auditor's report.

### **Use of our report**

This report is made solely to the charity's trustee, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Lovewell Blake LLP*

For and on behalf of

Lovewell Blake LLP

Chartered accountants & statutory auditor

Bankside 300

Peachman Way

Broadland Business Park

Norwich

NR7 0LB

22/11/2023

Lovewell Blake LLP is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

## My Wish Charity Statement of Financial Activities for the year ended 31 March 2023

	Note	Unrestricted Funds 2022/23 £000	Restricted Funds 2022/23 £000	Total Funds 2022/23 £000	Unrestricted Funds 2021/22 £000	Restricted Funds 2021/22 £000	Total Funds 2021/22 £000
<b>Income and endowments from:</b>							
Donations and legacies	3	118	230	348	44	325	369
Charitable activities	4	39	45	84	2	54	56
Other trading activities	5	14	3	17	8	5	13
<b>Total Income</b>		<b>171</b>	<b>278</b>	<b>449</b>	<b>54</b>	<b>384</b>	<b>438</b>
<b>Expenditure on:</b>							
Raising funds	8	51	152	203	22	136	158
Charitable activities	9						
Clinical Care and Research Posts		0	137	137	0	125	125
Purchase of New Equipment		(3)	112	109	49	175	224
New Building and Refurbishment		0	222	222	(3)	52	49
Staff Education and Welfare		10	63	73	10	43	53
Patient Education and Welfare		8	28	36	5	26	31
<b>Total Expenditure</b>		<b>66</b>	<b>714</b>	<b>780</b>	<b>83</b>	<b>557</b>	<b>640</b>
<b>Net income/(expenditure)</b>		<b>105</b>	<b>(436)</b>	<b>(331)</b>	<b>(29)</b>	<b>(173)</b>	<b>(202)</b>
Net loss on investments		(6)	(29)	(35)	25	159	184
<b>Net income/(expenditure) after loss on investment</b>		<b>99</b>	<b>(465)</b>	<b>(366)</b>	<b>(4)</b>	<b>(14)</b>	<b>(18)</b>
<b>Gross transfer between funds</b>	22	<b>131</b>	<b>(131)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Net movement in funds</b>		<b>230</b>	<b>(596)</b>	<b>(366)</b>	<b>(4)</b>	<b>(14)</b>	<b>(18)</b>
<b>Reconciliation of Funds:</b>							
Total funds brought forward		312	2,062	2,374	316	2,076	2,392
<b>Total funds carried forward</b>		<b>542</b>	<b>1,466</b>	<b>2,008</b>	<b>312</b>	<b>2,062</b>	<b>2,374</b>

All income and expenditure are derived from continuing activities.

The notes set out on pages 37 to 45 form part of these financial statements

**My Wish Charity Balance Sheet  
as at 31 March 2023**

Notes	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total	
	Funds £000 31 March 2023	Funds £000 31 March 2023	Funds £000 31 March 2023	Funds £000 31 March 2022	Funds £000 31 March 2022	Funds £000 31 March 2022	
<b>Fixed Assets</b>							
Investments	14	353	1,389	1,742	359	1,418	1,777
<b>Total Fixed Assets</b>		<b>353</b>	<b>1,389</b>	<b>1,742</b>	<b>359</b>	<b>1,418</b>	<b>1,777</b>
<b>Current Assets:</b>							
Debtors	15	30	91	121	2	332	334
Cash at bank	16	174	195	369	(25)	421	396
<b>Total Current Assets / (Liabilities)</b>		<b>204</b>	<b>286</b>	<b>490</b>	<b>(23)</b>	<b>753</b>	<b>730</b>
<b>Liabilities:</b>							
Creditors falling due within one year	17	(15)	(209)	(224)	(24)	(109)	(133)
<b>Net Current Assets / (Liabilities)</b>		<b>189</b>	<b>77</b>	<b>266</b>	<b>(47)</b>	<b>644</b>	<b>597</b>
<b>Total Assets less Current Liabilities</b>		<b>542</b>	<b>1,466</b>	<b>2,008</b>	<b>312</b>	<b>2,062</b>	<b>2,374</b>
<b>Net Assets</b>		<b>542</b>	<b>1,466</b>	<b>2,008</b>	<b>312</b>	<b>2,062</b>	<b>2,374</b>
<b>Charitable Funds</b>	22						
Restricted income funds		0	1,466	1,466	0	2,062	2,062
Unrestricted income funds		542	0	542	312	0	312
<b>Total Charitable Funds</b>		<b>542</b>	<b>1,466</b>	<b>2,008</b>	<b>312</b>	<b>2,062</b>	<b>2,374</b>

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 2 November 2023

Signed:



Name: Jude Chin  
Trustee

The notes set out on pages 37 to 45 form part of these financial statements

## My Wish Charity Statement of Cashflows

### Year Ending 31 March 2023

	Note	Total Funds 2022/23 £000	Total Funds 2021/22 £000
<b>Cash flows from operating activities:</b>			
Net cash provided by / (used in) operating activities	18	<u>(27)</u>	<u>(289)</u>
Change in cash and cash equivalents in the reporting period		(27)	(289)
Cash and cash equivalents at the beginning of the reporting period		396	685
<b>Cash and cash equivalents at the end of the reporting period</b>	16	<u><b>369</b></u>	<u><b>396</b></u>

The notes set out on pages 37 to 45 form part of these financial statements

## My Wish Charity

### 1 Accounting Policies

#### General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Trust Fund Office, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, IP33 2QZ.

#### [a] Basis of Preparation

The financial statements have been prepared under the historic cost convention, subject to revaluation.

#### Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

#### True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

#### Going Concern

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts. The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

**Operational capability** - The Charity has reviewed its structure and has adequate administration and fundraising resources to ensure that the Charity can continue to fundraise and carry out its administration function. The Charity considers resourcing at the Charitable Funds Committee.

**Market based demand** - The Charity has considered the fundraising environment particularly with the current cost of living crisis. The Committee is aware that the impact of cost of living rises may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

**Structural finance** - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period. There is a risk of a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 26). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

#### [b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose.

Those funds which are not restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 22.

#### [c] Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the monetary value of income can be measured with sufficient reliability.

## My Wish Charity

### [d] **Income from legacies**

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

### [e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### [f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

### [g] **Fundraising costs**

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs includes expenses for fundraising activities.

### [h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

### [i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities.

## My Wish Charity

### [j] **Realised and Unrealised Gains and Losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

### [k] **Debtors**

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

### [l] **Cash and Cash Equivalents**

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, in interest bearing savings accounts.

### [m] **Creditors**

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

### [n] **Pensions**

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

### [o] **Investments**

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value.

## My Wish Charity

### Notes to the Accounts

#### 2 Related party transactions

West Suffolk NHS Foundation Trust acts as a sole Corporate Trustee to the Charity, and as such is both a related party and the ultimate controlling party. Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £769k (2021/22: £640k) of which there is a net creditor of £215k (2021/22: £125k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

Three members of the West Suffolk NHS Foundation Trust board have given donations and fundraising income without conditions to the Charity amounting to £2,105. None of the members have received any benefit from the Charity in payment or in kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

#### 3 Income from donations and legacies

	Unrestricted Funds 2022/23 £'000	Restricted Funds 2022/23 £'000	Total 2022/23 £'000	Total 2021/22 £'000
Donations from Individuals	64	166	230	157
Corporate Donations	12	55	67	19
Legacies	42	9	51	193
<b>Total</b>	<b>118</b>	<b>230</b>	<b>348</b>	<b>369</b>

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

#### 4 Charitable activities

	Unrestricted Funds 2022/23 £'000	Restricted Funds 2022/23 £'000	Total 2022/23 £'000	Total 2021/22 £'000
Grant Income	32	42	74	21
Other income	7	3	10	35
<b>Total</b>	<b>39</b>	<b>45</b>	<b>84</b>	<b>56</b>

Grant income in 2022/23 mainly relates to money received from the NHS Charities Together charity and is being spent on specific staffing at West Suffolk Hospital NHS Foundation Trust.

#### 5 Other trading activities

	Unrestricted Funds 2022/23 £'000	Restricted Funds 2022/23 £'000	Total 2022/23 £'000	Total 2021/22 £'000
Course fee income	0	0	0	1
West Suffolk Hospital other organised fundraising events	0	2	2	5
Third party fundraising	14	1	15	7
<b>Total</b>	<b>14</b>	<b>3</b>	<b>17</b>	<b>13</b>

#### 6 Role of Volunteers

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

**Fund advisors:-** there are 29 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

**Fundraisers:** there are about 25 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

## My Wish Charity

### 7 Grants made to institutions

All grants are made to the West Suffolk NHS Foundation Trust. The charity does not make any grants to individuals. The grants received by the beneficiary for each category of charitable activity is disclosed in note 9.

### 8 Analysis of expenditure on raising funds

	Unrestricted	Restricted	Total 2022/23 £'000	Total 2021/22 £'000
	Funds	Funds		
	2022/23	2022/23		
Fundraising support costs	51	152	203	158
<b>Total</b>	<b>51</b>	<b>152</b>	<b>203</b>	<b>158</b>

### 9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour by West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2022/23 £000	Funded Activity Restricted 2022/23 £000	Funded Activity Total 2022/23 £000	Support costs 2022/23 £000	Total 2022/23 £000	Total 2021/22 £000	
	Clinical Care & Research Posts	0	129	129	8	137	125
	Purchase of New Equipment	(2)	104	102	7	109	224
New Building & Refurbishment	0	208	208	14	222	49	
Staff Education & Welfare	8	59	67	6	73	53	
Patient Education & Welfare	6	26	32	4	36	31	
<b>Total</b>	<b>12</b>	<b>526</b>	<b>538</b>	<b>39</b>	<b>577</b>	<b>482</b>	

## My Wish Charity

### 10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2023 Total £000	2022 Total £000
External audit	3	6	9	9
<b>Governance Costs</b>	<b>3</b>	<b>6</b>	<b>9</b>	<b>9</b>
Amortisation	0	0	0	2
Computer maintenance	1	2	3	4
Salaries and related costs	16	30	46	47
Other	1	1	2	1
<b>Total support costs and overheads</b>	<b>21</b>	<b>39</b>	<b>60</b>	<b>63</b>

	Unrestricted funds £000	Restricted funds £000	2023 Total £000	2022 Total £000
Raising funds	11	10	21	16
Charitable activities	3	36	39	47
	<b>14</b>	<b>46</b>	<b>60</b>	<b>63</b>

### 11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2021/22: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment as employees of the Trust.

### 12 Analysis of recharged staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the costs are recharged by the Trust for employees providing support services to charitable activities as well as clinical members of staff supported directly by individual funds. Support employees were the Charitable Fund Accountant, Assistant Director of Finance and members of the fundraising team. My Wish Charity has no key management personnel (2021/22: None).

#### 12a - Staff Costs and Employee Benefits Recharged

	2022/23 £000	Restated 2021/22 £000
Salaries and wages	177	147
Social Security Costs	21	14
Employers Pension Contribution	27	22
<b>Total</b>	<b>225</b>	<b>183</b>

#### 12b - Employee numbers

Average Headcount	6.9	6.4
Average Full Time Headcount	4.8	3.5
Average Part Time Headcount	2.1	2.9
Average WTE	5.9	7.1

As the charity has no employees, as such no employee had emoluments in excess of £60,000 (2021/22: None).

### 13 Auditor's remuneration

The external auditor's remuneration of £8,634 including irrecoverable VAT (2021/22: £8,220) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2021/22: none undertaken).

## My Wish Charity

### 14 Fixed asset investments

<b>Movement in listed investment</b>	<b>31 March 2023</b>	<b>31 March 2022</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Market value brought forward	1,777	1,592
Less net (loss) / (gain) on revaluation	(35)	185
Market value as at 31 March	<b>1,742</b>	<b>1,777</b>

The Charity investments are held in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date. The original cost of the investment was £1,317k.

### 15 Analysis of current assets

<b>Debtors due within one year</b>	<b>31 March 2023</b>	<b>31 March 2022</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Other debtors	121	334
<b>Total</b>	<b>121</b>	<b>334</b>

### 16 Analysis of cash and cash equivalents

	<b>31 March 2023</b>	<b>31 March 2022</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Cash in Hand	369	395
	<b>369</b>	<b>395</b>

### 17 Analysis of current liabilities

<b>Creditors due within one year</b>	<b>31 March 2023</b>	<b>31 March 2022</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Creditors	54	107
Other Accruals	170	26
<b>Total</b>	<b>224</b>	<b>133</b>

Creditors represent sums owed at the year end by the Charity. Of this amount £215k (2021/22: £125k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

## My Wish Charity

### 18 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	<b>2023</b>	<b>2022</b>
	<b>£000</b>	<b>£000</b>
<b>Net (expenditure) (as per the Statement of Financial Activities)</b>	(366)	(18)
<b>Adjustments for:</b>		
Amortisation	0	2
Loss on investments	35	(184)
(Increase) / decrease in debtors	213	(124)
(Decrease) / increase in creditors	91	35
<b>Net cash provided by / (used in) operating activities</b>	(27)	(289)

### 19 Analysis of changes in net debt

	<b>As at 1 April 2022</b>	<b>Cash Flows</b>	<b>As at 31 March 2023</b>
	<b>£000</b>	<b>£000</b>	<b>£000</b>
Cash at bank and in hand	396	(27)	369

### 20 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2023 there were 4 legacies totalling £120,808 that had been notified but not received (2021/22: £332,000). These legacies have been included as income and as debtors.

The Charity has been notified of other legacies, however as we are unable to quantify the value of these they have not been included in the Accounts.

### 21 Contingent Liability

During 2022/23, the Charity was donated £50,000 by The HELP Appeal Charity to undertake feasibility works on the Heli-pad at the West Suffolk Hospital site. The works are now complete, however a balance of the donation was not spent amounting to approximately £20,464. This is shown within restricted income. This is held as a contingent liability whilst we determine whether the balance is to be returned to The HELP Appeal Charity.

## My Wish Charity

### 22 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance	Income	Expenditure	Transfers	(Loss) /gain on	Fund Balance
			1 April 2022				investments in	31 March 2023
			£000				year	£000
Macmillan Service	Donations	Patient and Staff welfare	433	58	(181)	0	(6)	304
Oncology Service	Donations	Patient and Staff welfare	16	1	(2)	0	0	15
SCBU	Donations	Patient and Staff welfare	38	8	(9)	0	(1)	36
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	24	11	(14)	0	(0.5)	21
Breast Cancer Fund (ex Lizzie Duncan)	Donations	Patient and Staff welfare	67	8	(15)	0	(1)	59
Microbiology	Donations	Patient and Staff welfare	22	-	(3)	0	0	19
Bereavement Room	Donations	Patient welfare	20	0	(4)	0	0	16
Mercury Dementia Appeal	Donations	Patient and Staff welfare	28	2	(4)	0	(0.5)	26
Orthoptic Fund	Donations	Patient and Staff welfare	14	2	(7)	18	0	27
Cardiology	Donations	Patient and Staff welfare	42	14	(29)	31	(1)	57
Palliative Care (including Butterfly Appeal)	Donations	Patient and Staff welfare	338	24	(188)	0	(5)	169
Stroke services	Donations	Patient and Staff welfare	25	8	(12)	2	1	24
Newmarket Hospital	Donations	Patient and Staff welfare	78	29	(39)	0	(1)	67
Wish upon a Star	Donations	Patient and Staff welfare	241	2	(78)	6	(4)	167
Chemical Pathology	Donations	Patient and Staff welfare	43	0	(7)	0	(1)	35
Critical Care	Donations	Patient and Staff welfare	72	1	(13)	2	(2)	60
Pharmacy Social Amenities	Donations	Patient and Staff welfare	18	3	(5)	0	0	16
Emergency Department	Donations	Patient and Staff welfare	18	0	(2)	0	0	16
Rheumatology	Donations	Patient and Staff welfare	50	1	(6)	0	(1)	44
Covid 19	Donations	Patient and Staff welfare	160	33	(50)	0	(2)	141
Other Restricted Funds			315	73	(46)	(190)	(4)	148
Total Restricted Funds			2,062	278	(714)	(131)	(29)	1,466
Unrestricted funds	Donations	Patient and Staff welfare	312	171	(66)	131	(6)	542
			2,374	449	(780)	0	(35)	2,008

These are the major funds referred to in Accounting policy note 1(b). The disclosure is based on funds with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.

**MY WISH CHARITY**

England & Wales - Charity number 1049223

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# Accounts

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**My Wish Charity (Registration Number 1049223)**

**Annual Report 2021/22**

# My Wish Charity

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## **Foreword by the Chair of the Trustee of My Wish Charity (formerly West Suffolk Hospital Charity)**

Welcome to our annual report for 2021/22. We are a Trustee body established as a separate legal identity from the West Suffolk NHS Foundation Trust ("The Trust") but work with them in partnership for the benefit of NHS patients and their families from West Suffolk and the surrounding area.

We exist to further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

### **Key highlights of our year:**

- **Continue to receive donations to our COVID Appeal to help support staff and patients.**
- **Offer staff extra training to enhance the service they provide.**
- **Reach our target to our 25 Appeal to support a play specialist post, and receive an extra year of funding.**
- **Upgrade the Chapel, this included a new rest room, a multifaith space, and a counselling room.**
- **Bringing a Changing Places toilet facility to the Trust, to help patients with complex needs.**

Your donations made this work possible and your future donations are key to our continued success.

This is my first report as Chair and I would like to thank the volunteers who fundraise and help us, my fellow board members, and the volunteers who work alongside the professional staff of the Trust.

I hope that like me you will be inspired by our plans. If you would like to donate, details about how to do this are set out at the end of this report. Please support us, as every pound donated counts.



Name: Jude Chin (Chair of Trustee)

Date: 11 January 2023



## **Who We Are**

My Wish Charity is an independent registered charity (registered number 1049223). We exist to raise funds and receive donations for the benefit of the patients of West Suffolk NHS Foundation Trust. By securing donations, legacies and sponsorship, My Wish Charity can provide the 'icing on the cake' to make a real difference for the patients, their families and the staff who look after them.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

## **Our mission**

By raising new money and careful management of our existing funds, My Wish Charity is able to fund expenditure to seek to support the aims and objectives of West Suffolk NHS Foundation Trust and the organisations it works with 'To serve the patients and their families receiving services from the West Suffolk NHS Foundation Trust by funding facilities, equipment, training, education and to support associated healthcare and complimentary services for patients.'

Payments are made in accordance with charity law, our constitution and the wishes and directions of donors. In making payments, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2021/22, payments of £623k were made. Our future plans are to continue to raise our level of fundraising that will help us work with our NHS partner to transform the health prospects for patients in our community.

The directors of West Suffolk NHS Foundation Trust acting on behalf of the Corporate Trustee believe they have complied with their duty to have regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. This is demonstrated by our activities throughout the year

## **What we have achieved: highlights from the activities undertaken in the year**

Our key aim is to serve the NHS patients of West Suffolk Hospital, Newmarket Community Hospital and the community services that West Suffolk NHS Foundation Trust provides for the public benefit. By working with the NHS we assist patients of every walk in life, irrespective of race, creed, ethnicity or personal or family financial circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- **Enhancing the care our partner hospital can offer through new equipment and building improvements to deliver better facilities**
- **Investment in people and in creating a caring environment for the patients receiving care, their families and visitors**
- **Providing direct support to patients by way of information, networking support, better facilities.**

We do this through a range of programmes funded by you, our generous donors. Highlights from the main programmes undertaken in the year are detailed below to give you a wider understanding of the difference we can make together to patients today and in the future.

During that last year, sadly we are still in the recovery period of the Covid 19 pandemic, we continue in the plight to support staff, and patients. We would like to say a huge thank you to all of our amazing donors who continue to support us.

We have been able to continue to fund the Trust to employ extra staff members; and provide items and equipment to support them and their patients.

- A psychologist for staff support
- A play specialist
- A digital communication officer
- A counsellor for our patients being treated for cancer
- Four devices to aid patients suffering from dementia, they are Reminiscence Interactive Therapy Devices (RITA) at a cost of £4,000 each

**The Charity once again has been extremely well-supported by our local community, and for this we are extremely grateful.**



The generosity of businesses towards an appeal to raise money for a hospital charity has resulted in £5,000 being raised for the cancer unit at West Suffolk Hospital

The money came from the Rotary Newmarket Christmas and New Year campaign with businesses and traders in the town contributing funds along with prizes for a raffle.

President of the club Colin McCarty chose the unit after four Rotarians had been treated by the department over the past six years.

Treasurer Peter Moore and Andrew Rycraft presented a cheque for £5,000 to Sally Daniels, the My WiSH fundraising manager, outside their Rotary lunch venue, the Heath Court Hotel, in Newmarket.

The Rotary club gave a huge thank you to all the local businesses who sponsored the appeal including A J Wealth Management, Anglia Fabrication, A Barker, Ben Burgess, Caps Cases, J Curtis, D J Evans, Fenway, FRS Roofing, Howdens, Jackson-Stops, Key Locks, MHHP Accountants, Mitchams Burwell, Morris Armitage, Huws Gray (Ridgeons), G Reynolds, Southgate of Newmarket, Test and Evaluation, Tops Tiles, Turners, Saint Andrew Bureau, M Skelton and UFAC UK, Zion Landscapes.



Rebecca Miller and Abbey Vincombe, who work in the pathology department at West Suffolk Hospital, took part in the Vitality Big Half which took place in London, in August 2021 and the pair raised a whopping £1,400 for My WiSH Charity, and it was directed to the women's chosen recipients – the Macmillan Cancer Unit and the Colorectal Department at the hospital.

Both units have a special place in the women's hearts as 25-year-old Abbey, who lives in Brandon and works in the pathology department's office, had two close family members treated for cancer while Rebecca, who lives in Bury St Edmunds and is a phlebotomist, has had major bowel surgery and also had the trials and tribulations of having to deal with her son being treated for the cancer.



A catering assistant at West Suffolk Hospital linked up with her father to tackle the three highest peaks in the UK and raised a huge £1,757 for My Wish charity.

Michaela Cooper and Paul Sims scaled Ben Nevis, in Scotland, followed by Scafell, in the Lake District, and finally Snowdon, in Wales, over a 24-hour period, on Friday, June 11 2021.

The pair took on the Three Peaks challenge in a bid to raise £1,000 as part of the Beacon of Light Challenge which was being run by the Charity, which supports the West Suffolk Hospital.

And it came after three family members were treated for Covid-19 at the hospital in Bury St Edmunds.

Sadly, the pandemic claimed the lives of the grandfather and grandmother of her husband Ben while Michaela's brother-in-law Daniel Cooper, was also struck down with the illness. Thanks to the care and attention he received at the hospital was later discharged.

"The hospital cared for all three of my family members during the pandemic. Although my brother-in-law is now progressing amazingly and is back in the swing of daily life, there was a time when we were all greatly concerned about what the future held for him."

"He cannot speak highly enough of West Suffolk Hospital's critical care unit. They did their utmost to make him feel safe, reassured and cared for, during one of the scariest times of all of our lives," said the 30-year-old, who also works part time with Daniel, 34, at his outboard engine business in Soham.

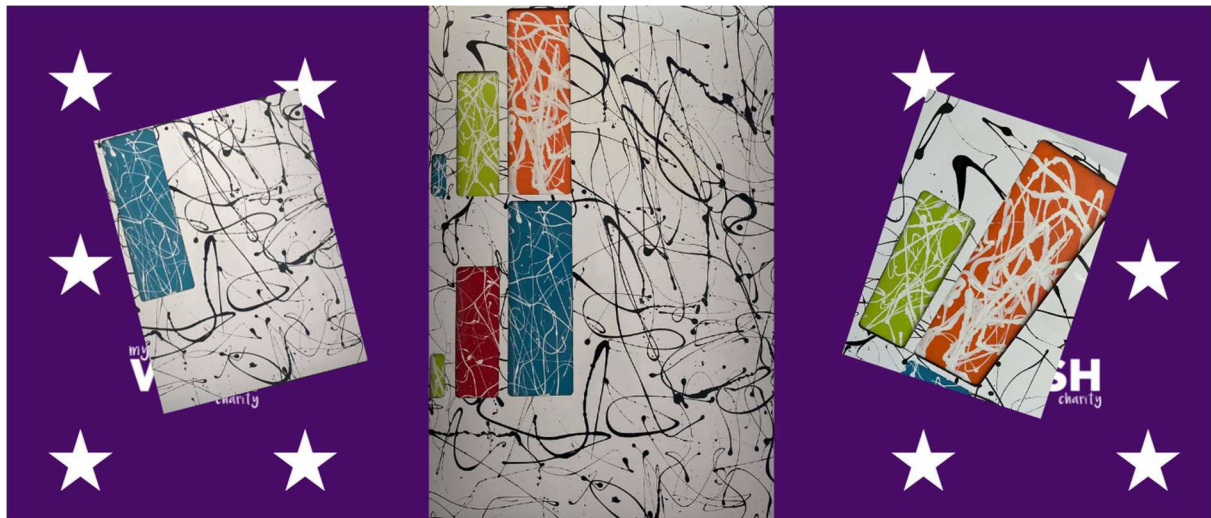
"My dad has done the Three Peaks twice and I really wanted to do it to raise money for My WiSH Charity which does so much great work for the hospital."

"Daniel was very poorly but he managed to pull through and staff were amazing looking after him."

Her 32-year-old husband acted as driver for the couple assisted by family friend Will Affleck, who both play for Bury St Edmunds Rugby Club.

Michaela, who lives in Thetford, added: “They were an important part of the challenge to ensure they got us from one place to the other while we were resting.”

“I thought it would be such a nice thing for me and my father to do together to help repay the hospital in some way and was such an achievement to complete the challenge.”



We were lucky enough to have a piece of original artwork donated by fellow local charity, Geewizz. Originally donated to them by anonymous, self named artist, The Hat, the piece was called Lucky 7 and was inspired by him meeting up with his family after the lockdown of 2020.

As a children’s charity, GeeWizz founder, Gina Long asked for us to donate any proceeds from Lucky 7 to our WiSH Upon a Star children’s appeal which is just what we are did. The item made a huge £1,000 which we directed to the appeal.

Our WiSH Upon a Star appeal supports young patients needing care from the West Suffolk NHS Foundation Trust which includes West Suffolk Hospital, Newmarket Community Hospital and all the community services. The appeal allows us to provide the extras including a play specialist for the emergency department, toys for children with complex care needs and enables us to support children who have lost a sibling.



An eight-year-old girl from Stowmarket has beaten a challenge to carry out 100 cartwheels in 10 minutes to raise money for charity.

Anaiya Dyer took up the Capt Tom Foundation (CTF) challenge smashing the target by doing 104 cartwheels in just three minutes ending up with £407.

The money was then split between the CTF and the My WiSH Charity, which supports the work at the West Suffolk Hospital, with the cash directed towards the neonatal unit where she was treated and who helped to save her life.



The youngster, who is a pupil at Abbots Hall Primary School, in Danescourt Avenue, Stowmarket, was inspired to carry out the stunt after seeing Capt Sir Tom Moore's charity walk. Her family and friends turned up at the town's Recreation Ground, in Park Road, to witness her challenge.

Her mother Kelly Dyer said her daughter, a member of the Bury Spectrum Gymnastics Club, was "really poorly" when she was born and was in a "bad way".

She came into the world a month early weighing 5lbs and had swallowed her meconium, meaning she needed the care of the neonatal unit.

Anaiya was even interviewed live on air on Heart radio's breakfast show with Jamie Theakston and Amanda Holden about her cartwheeling stunt.

Her 44-year-old mother said: "She was not breathing when she was born and she was really poorly and in a bad way for a week and had to be on a ventilator but the doctors and nursing staff were amazing and they effectively saved her life really and we are forever grateful."

"She has come a long way from there and it was a nice thing for her to do."

And Anaiya said that said she "enjoyed" the challenge adding: "I heard this voice in my head and I said I wanted to do this and it was really exciting and challenging."

Sally Daniels, fundraising manager, said "It was a pleasure to meet Anaiya and so kind of her to take on this challenge to raise money for both charities. Our neonatal unit are amazing and I know they are truly grateful for this donation which will go on to help other babies needing their special care".



Staff at the Tesco store in Newmarket have helped to raise over £1,000 in a day for the My WiSH Charity, who support West Suffolk NHS Foundation Trust, with the money benefitting the Macmillan Unit at the West Suffolk Hospital in memory of a former member of staff.

Staff raised money in memory of their colleague, Geoffrey Siago.

It came as a tribute to Geoffrey Siago, who worked in the fruit and veg department of the store in Fordham Road.

The 35-year-old died of cancer back in April 2021 prompting staff to help raise the money to support the charity, which enhances the care of patients at the hospital in Bury St Edmunds, with the money directed towards the unit which cared for him.

Geoffrey, an avid Chelsea supporter, joined Tesco back in 2019, and was a popular member of staff.

Zara Reynolds-Peirce, the community champion at the store, said the total amount raised for My WiSH amounted to £1,075.93 and was organised by staff members Becky Reville, Nicola Collis, Rachel Aylott and Sam Youtzy.

They dressed in the blue and white colours of Chelsea for the day with a series of in-store events taking place including a tombola, raffle and a square game where the winner gave back her £75 prize.

Zara said: “We wanted to do something for the hospital and in memory of Geoffrey and raise money for the hospital’s cancer unit. It was incredible to raise that amount of money in one day. A lot of people come into the store and everyone loved the tombola and raffle and it’s a really good way to generate the money.”



Nine-year-old Maisie Fox took to two wheels in a bid to raise money for the Rainbow Ward at the West Suffolk Hospital.

The youngster decided to take up the challenge after her mother Jordan ran 50 miles for charity.

So, Maisie followed in her mother’s footsteps and decided that she wanted to do something similar. Cycling a total of 55 miles, getting on her bike day after day to ride two to three miles around her village in Rickinghall, she spent a month completing the distance.

And at the completion of the challenge she “smashed” her target of £50 by raising a total of £586.25 for the Charity, with the money directed towards the Rainbow Ward.

Her mother, who helps run The Bell pub in the village, said: “We were in the middle of lockdown and I set a challenge to run 50 miles for Maggie’s Cancer Trust as I wanted to challenge myself and get a bit fitter during lockdown. I did some of the same routes as Maisie, in and around our village.”

“We sat down to talk about it and she said that she wanted to do something for the children’s ward at the hospital.”

“And she totally smashed her original target of £50 which was great.”

“All our family and friends helped to raise the money,” she added.

Maisie was treated at the West Suffolk when she was two-years-old and said some of her friends were also cared for at the hospital in Bury St Edmunds.

“I was thinking that I could bike 50 miles as my mum was also running 50 miles and I was really pleased with the amount of money that I raised,” she said.



By her own admission she can't run, walk or ride a bike in a bid to raise money for charity but she can have her head shaved, and that's just what 94-year-old Toni Gray had carried out at her home in Mildenhall.

The object of the exercise was to raise money for the My WiSH Charity with the money directed towards the Macmillan Unit, at the West Suffolk Hospital, where her son Jaimie is a patient.

The dispatch manager, who lives near his mother, is currently being treated for bowel cancer and is having chemotherapy treatment at the unit following a course of radiotherapy at Addenbrooke's Hospital, in Cambridge.

The 61-year-old was first to get hold of the clippers to trim his mother's locks and was closely followed by his brother Sean, 67, who travelled from his home in Basildon to make it a head shave family affair.

She raised an amazing £1,538.75 after initially setting a target of £60!

Toni, who has her hair cut by a mobile hairdresser every six weeks, said: “It's beginning to grow back again now but having the head shave is really the only thing I could do to raise the money.”

The idea came to her after seeing the Macmillan Cancer Support's "Brave the Shave" campaign as she wanted to do something to thank the staff at the West Suffolk for caring for her son.

Toni said: "Being 94, and not as spry as I once was, I can't run a marathon or swim the Channel, but I can shave my head for the My WiSH Charity. This is in thanks for the wonderful work by all the staff, charity workers and ancillaries at the hospital."

"It was a bit of a shock when Jaimie was diagnosed with cancer and I did feel hopeless at not being able to do anything and then I saw 'Brave to Shave'."

"I suffer from arthritis and have sight issues with macular degeneration but having the head shave was quite good fun. Family and friends watched on and we demolished a couple of bottles of wine and it was a bit of an occasion."

"Jaimie said I looked better with the head shave and people that come in and see me now say that I look wonderful."

Sean said: "My mother just wanted to raise the money for the unit and decided that as she can't run a marathon or climb a mountain that she would have her head shaved."

Sally Daniels, fundraising manager, joined the family for the event and said "It was an honour to join Toni and her boys. It was actually a really fun atmosphere and they made a real occasion out of it. The total raised is just phenomenal and will help so many people in west Suffolk who are diagnosed with cancer. Huge thanks to Toni for being such a star".



Ray Coleman's work colleagues have helped to raise £250 which has funded improvements to the patient entertainment system on one of the wards at the West Suffolk Hospital.

The 56-year-old, who works at the F-35 Training School, at RAF Marham, in Norfolk, was instrumental in choosing the My WiSH Charity to receive the funds which were directed towards the Macmillan Unit, where he has been received treatment for Non-Hodgkin Lymphoma.

He said music could only be heard in half the day treatment unit and so wanted to purchase something to help.

And staff at the training school bought special polo shirts emblazoned with the school's charity emblem "One Team One Fight Against Cancer" at £20 each and wore them each Friday donating money to the fund.

Ray, who lives in Bury St Edmunds, was diagnosed with the illness back in January 2021, and has had radiotherapy and chemotherapy treatment sessions at the West Suffolk and also at Addenbrooke's Hospital, in Cambridge.

He said: "I've been a patient at the Macmillan Unit at the hospital in Bury St Edmunds since January and spent quite a of time there in the first six months of the year and I wanted to try and give something back."

"We buy the polo tops from the manufacturers and money from the sale of them goes into our charity fund."

"Once a year the bosses get together and decide who's going to have the charity money and mine was chosen."

"When I was in the Macmillan Unit there was an old radio and if you sat near it it was quite loud but the further away you could not hear it so I thought it could do with an upgrade."

Sally Daniels, fundraising manager for My WiSH Charity, met with Ray to thank him for supporting the unit, "It was great to meet Ray and say a personal thank you from the charity. Laura, the ward manager, was already thinking about buying a new radio so this donation couldn't have come at a more perfect time. Thank you to everyone who donated."



Husband and wife Ian and Pat Jenkins are linked up with four friends for a cross country cycle ride in a bid to raise money for a hospital ward which cared for a loved one up to his final days.

The couple left their home in Mildenhall, just after 7am on Saturday, August 7, along with Tracy Canham, Dean Whitehead, Dave Allen and Rob Foord and cycled the 64 miles to Southwold.

Their target was £1,000, and they smashed that to pieces by raising £4,000, with the money directed towards the Macmillan Unit at West Suffolk Hospital.

The group were supported by a back up team of Shelby Foord, Davey Friedlander, Joy Bentley and Christine Burton, while Ruth Hounsome, who had an accident coming off her bike, did the distance on the same day on her exercise bike.

Ian, who is a purchasing manager with an engineering firm in Spalding, Lincolnshire, said the cycle ride was in memory of his father Len who was treated by the team at the Macmillan Unit, after he was diagnosed with acute myeloid leukaemia in 2019.

He had regular treatment at the hospital, but died in the unit on New Year's Day after contracting sepsis and Covid aged 86. He lived in Red Lodge with his 81-year-old wife June and celebrated their diamond wedding anniversary last year.

Ian, 57, said: "My father was always complimentary of the level of care and the staff at the unit and it continued right up until the end. We were unable to get in to say our goodbyes to him because of Covid which was awful and we wanted to give something back.



Fundraising swimmer Corinne West completed 10 miles in a bid to raise money for a hospital charity campaign to thank staff for the love and care they provided for her much loved grandmother.

The 33-year-old, who lives in Thetford, completed the distance at Thetford Leisure Centre and open water swimming at a nearby lake.

She more than doubled her target of reaching £100 by raising a total of £235 for My WiSH Charity's Butterfly Fund.

Corinne's grandmother Flo West, who lived with her 87-year-old husband Roy, in Brandon, died in June 2021 after being cared for by the palliative care team at the hospital in Bury St Edmunds.

She suffered from dementia during her later years and was a treasured relative of her granddaughter.

Corinne said: "My nan was a huge part of my life and I wanted to do something to celebrate her life and my memories with her."

"She was actually the one who taught me and my sister, Claire Slattery, to swim. I remember being on holiday in the New Forest when I was about four and nan was determined that she was going to teach me to swim, more so as she could never swim herself."

She said when her 88-year-old grandmother died she wanted to do something in a way of thanking the hospital staff.

Corinne said her grandmother was an amazing lady and she lived in London and Spain before moving to Suffolk. She even spent her 80th birthday in Thailand and along with Roy they loved to travel.

"In her last days nan was taken care of by the palliative care team at West Suffolk Hospital and they treated her with such love and dignity and allowed the family to be there to say goodbye," said Corinne.

"It was just a small thing that I did to say thank you to the hospital who made her so comfortable and they made it so peaceful and dignified."

"She always said to us 'Do what you want when you want and how you want' and she was a feisty character and her and Roy were always here there and everywhere."

Corinne, who works at Center Parcs as the resource and planning manager, said how she swam two-and-a-half miles a week

During Flo's stay at the West Suffolk on the G8 ward, she was given a bear and a blanket from the palliative care team and Roy was able to sleep beside her in one of the chair beds My WiSH purchased. He also had a comfort pack so water, tissues, wipes, toothbrush and paste etc to make sure he was comfortable. And he still has the blanket and bear.



A party for family and friends of super fundraiser Heather Damsell resulted in £1,000 being raised for My Wish charity.

She invited 38 people to the Beck Row Methodist Hall for the event as part of the NHS Big Tea and described it as a “lovely” evening.

Heather, who lives in Barton Mills, has over the years raised a total of £2,825 for the My WiSH Charity which supports the work of the West Suffolk Hospital, Newmarket Community Hospital and community services in Suffolk.

Back in 2015 and 2016 she raised £1,200 for the Macmillan Unit at the hospital, and a further £625 for the Every Heart Matters cardiac appeal in 2018. Her latest effort has boosted her fundraising to near the £3,000 mark.

Music for the tea party was provided by Brian Roy and she was further helped to organise the event by her sisters Susan Adams and Jenny Darkens along with Ken Palmer and Peter Empson. Food was provided in lunch boxes to keep it all Covid safe and everyone had a wonderful time.

Heather said the money was raised from a raffle and games and she said those who attended the tea party held on Saturday, July 31, were “very generous” and thanked them for their support.

The 74-year-old said: “We just got together and had a great time doing it and we enjoyed every minute of it.”

“We love to fundraise for the hospital and every little bit helps.”



The renal ward at the West Suffolk Hospital has been gifted a set of computer tablets thanks to a donation from the Stowmarket Chorale.

A total of six Samsung tablets along with headphones and their hygiene covers have gone to the F8 ward at the hospital in Bury St Edmunds, following the donation to My WiSH charity.

The chorale wanted to help patients watch TV and, with the Trust now using a new entertainment service called WiFi Sparks, patients without a smart device cannot access it.

But the tablets mean they can now enjoy TV, radio and magazines while on the ward.

Sue Smith, head of fundraising said “The new WiFi Sparks is a brilliant addition making patient entertainment free for everyone but we wanted to ensure those without a smart device could still watch their favourite soap or quiz show while they are in hospital or enjoy the radio or just the paper. We are so grateful for the donations we receive as they allow us to be able to provide items like this to enhance a patients stay in hospital”.



Avid runner Gary Lockwood has helped to turn his life around by pounding the streets after years fighting drug and alcohol abuse.

He completed back to back marathon distances round parts of Suffolk and Cambridgeshire from his home in Burwell raising money for the childrens' ward at the West Suffolk Hospital where his son Bobby was cared for.

The 48-year-old self-employed tiler took almost nine hours running a circular course through the towns and villages of Fordham, Isleham, Freckenham, Red Lodge, Kentford, Gazeley, Dalham, Ashley, Cheveley, Newmarket, Upware and Soham for the 52.4 miles and has now ended up with a total of £1,516.74 after setting an initial target of £1,000.

The money has gone to My WiSH Charity, with it being directed towards the Rainbow Ward and used by its health play specialist Laura Nudds to buy toys and equipment to help with her role of preparing children for procedures and reducing their anxieties through play.

His challenge came after Bobby needed urgent treatment when he was just five weeks old after a bleed from his nose wouldn't stop.

Gary, who has faced a lifetime of drug and alcohol abuse since the age of 11, said he was out in the car with his son and partner Tina Basing back in May going to a local fair when Bobby stopped breathing and suffered the long term nose bleed. The youngster, who was just five-weeks-old at the time, went into shock prompting his parents to call the paramedics who took him to hospital where he was admitted to the Rainbow Ward for a couple of nights.

"But he's as healthy as you like now," said Gary. "Although it was a bit of a worrying time for me and Tina."

He said staff on the ward were so amazing he wanted to give something back and what Gary and his 35-year-old partner said was that the staff also cared for them as well as Bobby ensuring they ate, drank and slept which was "just wonderful".

The run, which took place on August 21 2021, was supported by Gary's friend Michael Hales, who lives in Fordham, and who cycled alongside and even had to bike on one wheel for 12 miles after he suffered a puncture.

Gary, who talked frankly about his life problems, said: "I only started running in April and it got my mind away from the abuse I had been suffering. When I was young I started sniffing glue and petrol and other substances then went onto drugs and into rehab. I was going through a lot of stuff and it was quite difficult for me."

But he said how running had helped him to turn his life around as he can plough his energy into pounding the streets.

"I suffer from social anxiety now and I'm not really a people person so queueing up for a run with other people is not for me but I just like to get out and run and run which I get a buzz from."

"I'm really pleased to have raised the money and to have helped the hospital out and if my running gives a bit of hope to other people with drug and alcohol addiction then that's a bit of an achievement as well," he added.



Super fundraiser Josh Wright has been at it again boosting the funds of the My WiSH hospital charity by taking part in a marathon run round Bury St Edmunds with his father Les.

The pair made a circuit of the town in four hours 30 minutes as part of the virtual London Marathon ending up through the Moreton Hall Estate, onto Rougham and crossing the “finishing line” in Thurston, where his grandfather Ron lives. The money raised is being directed towards the Macmillan Unit, at the West Suffolk Hospital, where his grandmother Christa was treated.

She suffered from cancer and the family lost the 68-year-old last October with the run taking place close to the anniversary of her death and with a total of £1,151.50 raised.

That takes the total amount of money raised by Josh to £4,213.52 for the Charity following another marathon back in 2019 along with a 24-hour gaming marathon. He then did 13 half marathons last year followed by a full marathon for the charity’s Butterfly Appeal.

The 27-year-old, who lives in Bury St Edmunds, said the latest run was in memory of his grandmother and it was poignant that they finished it in the village where she lived.

“We ran it at the same time as the London Marathon in the capital and we did a full circuit of the town before completing it in Thurston. Running for four hours was not too bad and we went over the line together.”

“Christa was in the West Suffolk Hospital and was ill for a while and took a turn for the worse in the middle of the coronavirus lockdown last year.”

“We are a very close knit family and my grandfather wanted the money we raised to go towards the ward where she was treated as the care she received was fantastic.”

Josh added: “I think this last year and more has bought forward how much we all cherish the NHS and how much we need to help it and enhance it, which is exactly what My WiSH do.”

**We, My Wish Charity, would love to thank all our AMAZING fundraisers and volunteers that allow us to enhance the care, love and support of our patients, and staff!**

## How we funded our work, our achievements and performance

In this section we firstly explain how we raised the money and then how we spent it.

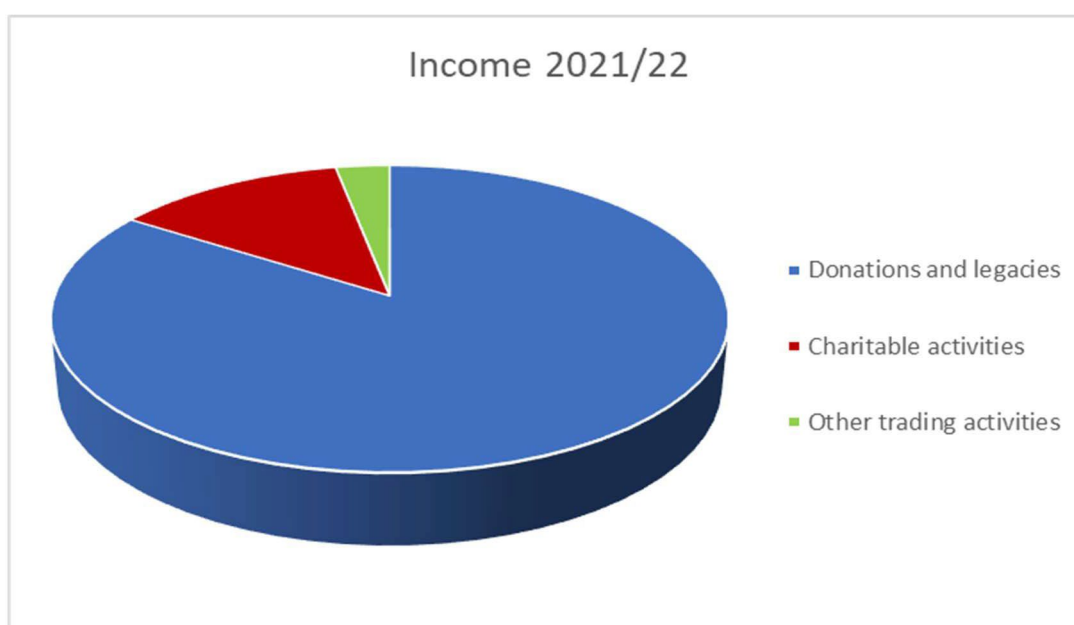
**Money received: £438k**

**Money spent: £640k**

My Wish Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with expenditure exceeding income by £202k before investment gains.

### Money received: sources of funds

The pie chart shows our main sources of income. The largest is termed voluntary income and represents gifts and donations from the public.



**Donations and legacies £369k** – Our largest source of income is from the public and by local companies keen to support their local community:

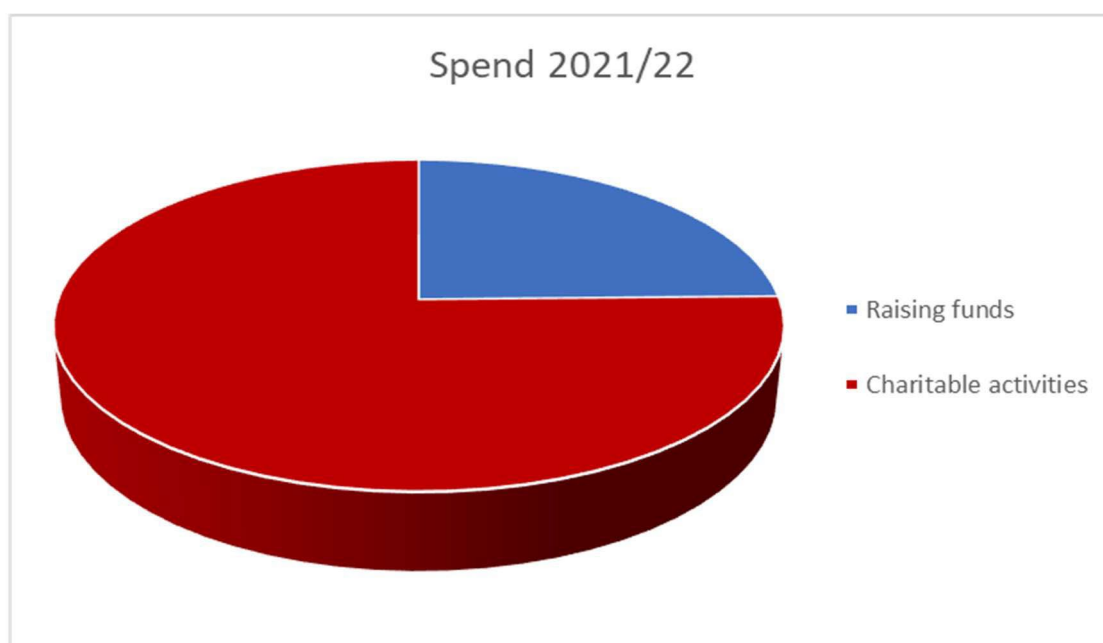
- **Gifts from the public £157k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £19k** – many companies adopt charities as a way of putting something back into the community. My Wish Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £193k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

**Charitable activities £56k** – £21k of this relates to grant income, whilst the remaining balance is other items of income that do not fit in to the above categories.

**Other trading activities £13k** – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My Wish Charity. The Coronavirus pandemic has resulted in many fundraising events being cancelled and therefore the income continues to be considerably down on previous years.

- **West Suffolk Hospital other organised fundraising £5k**
- **Course fee income £1k**
- **Third party fundraising £7k**

### Money spent: what we spent the money on



Our charitable work was made up of five distinct areas. The costs shown below exclude attributable support costs as set out in note 9 to the accounts:

**Clinical Care & Research Posts:** The funds support a counsellor and some nurses within the Macmillan Unit, a Clinical Psychologist in SCBU and a children's play specialist. The cost of these staff was **£112k** in 2021/22.

**New equipment:** The NHS of course buys much of its own equipment for day to day use and has its own capital programme but NHS capital funds for large items of equipment are scarce. With advances in technology we can make a real difference in purchasing items. We spent **£199k** on new equipment. Examples of equipment purchased this year are:

- **Patient monitors**
- **Clarus 700 retinal camera**
- **Optiflow nasal flow system (oxygen therapy)**
- **Infusomat infusion pump**
- **Intensive care trauma chair**

**Adaptations to buildings:** We spent **£46k** in 2021/22 on a number of minor capital projects including the refurbishment of the Chapel.

**Staff education and welfare:** We spent **£48k** on a wide variety of training and educational courses for our staff.

**Patient education and welfare:** We spent **£28k** supporting education and the welfare of patients.

### **Performance against objectives**

Spending the money is only part of the story because we are concerned to achieve value for money. To ensure the money is well spent applications for General Fund funding include questions about the objectives, impact and success criteria for the proposed project.

### **Our fundraising performance**

Members of My Wish fundraising department organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £438k compared to 2020/21 of £695k.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fund raising as “soliciting or otherwise procuring money or other property for charitable purposes.” Such amounts receivable are presented in our accounts as “voluntary income” and include legacies and grants.

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any undertaking to be bound by any regulatory scheme. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Executive Director of Workforce & Communications. It is impossible to apply the same rigour to members of public however the Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

## **What we plan to do with your donations: our future plans**

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- Complete the Butterfly Appeal
- Continue to engage with our community services and Newmarket Community Hospital
- Continue to engage and develop relationships with the wider community
- Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes

Your support makes these plans possible and to help us, please do consider making a donation.

## **How we manage the money**

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity is constituted of 89 individual funds (2020/21: 89) as at 31 March 2022 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

## **Our payment making policy**

All payments are normally made from the Charity – these funds comprise two elements:

- Unrestricted funds contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- Restricted funds (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

## Our reserves policy

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three year reference period.

As at 31 March 2022 the unrestricted reserves held was £312k. This compares to an expected average annual unrestricted income of approximately £110k. The main reason for the high level of reserves is due to a combination of a high level of investment gains and a reduced level of unrestricted income. The Trustee believes that the level of reserves is sufficient.

## Our financial health: a strong balance sheet

The assets and liabilities of My Wish Charity as at 31 March 2022 are stated below, compared with the position at 31 March 2021.

	31 March 2022	31 March 2021
	£'000	£'000
Fixed Assets	0	2
Fixed Asset investments	1,777	1,592
Total Current Assets	730	895
Creditors falling due within one year	(133)	(97)
<b>Total Net Assets</b>	<b>2,374</b>	<b>2,392</b>
<b>Income Funds</b>		
Restricted	2,062	2,076
Unrestricted Income Funds ('general fund'):	312	316
<b>Total Funds</b>	<b>2,374</b>	<b>2,392</b>

### A few helpful definitions:

**Total current assets** represent the cash held on deposit and the amounts owed to the Charity.

**Creditors falling due within one year** represent the balance of money owed within 12 months to suppliers of goods and services. £125k of this balance is owed to West Suffolk NHS Foundation Trust.

**Total net assets** represent the total assets of the Charity less the value of outstanding liabilities (monies that the Charity owes).

**Restricted income funds** represent money which is held by the Trustee which can only be used for specified purposes.

**Unrestricted income funds** are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, for the Charity, this relates to the 'general fund'.

### About investments

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd.

## **How we organise our affairs: reference and administrative details**

### **The Charity**

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity (formerly known as West Suffolk Hospital Charity)** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

#### **Related Charities:**

West Suffolk Hospitals Trust Charitable Fund	1049223-1
The West Suffolk Hospital Charity	1049223-3
Sudbury Hospital Charity	1049223-2
Joyce Marno-Edwards Fund	1049223-4
West Suffolk Hospital Education Centre	1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.

The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

Strategic aims are:

- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice
- To increase the charitable income – fundraising and donations - raised by My Wish Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular
- To promote legacies in a responsible way
- To ensure all areas of the Hospital are aware of the work of My Wish Charity and how fundraising can help each and every aspect of the trust
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders

## How to contact us

### The Charity office and principal address of My Wish Charity is:

The Trust Fund Office  
West Suffolk NHS Foundation Trust  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 712952

### For fundraising queries please contact:

The Head of Fundraising  
My Wish Fundraising Office  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 712952

## Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

During 2021/22 the Trust Board consisted of:

## Non-executive Directors (NEDs)

<b>Sheila Childerhouse (Chair)</b>	Appointed 1 January 2018 until 31 December 2020 reappointed 1 January 2021 until 31 January 2022
<b>Jude Chin (Chair)</b>	Appointed 1 September 2021 as an interim NED and on 1 February 2022 was appointed the Interim Chair. Jude was appointed for a one-year term as the permanent Chair on 4 July 2022.
<b>Alan Rose</b>	Appointed 1 April 2017 until 31 March 2020. Reappointed 1 April 2020 until 31 March 2023
<b>Richard Davies</b>	Appointed 1 March 2017 until 28 February 2020 Reappointed 1 March until 28 February 2023
<b>Angus Eaton</b>	Appointed 1 January 2018 until 31 December 2020 Reappointed 1 January 2021 until 31 May 2021 Stood down from 31 May 2021
<b>Louisa Pepper</b>	Appointed 1 September 2018 until 31 August 2021 Reappointed until 31 August 2024
<b>David Wilkes</b>	Appointed 31 July 2020 until 11 June 2021
<b>Rosemary Mason (Associate)</b>	Appointed 24 August 2020 until 22 June 2021
<b>Christopher Lawrence</b>	Appointed 1 June 2021 until 31 October 2022

<b>Antoinette Jackson</b>	Appointed 1 November 2022
<b>Dr Geraldine O’Sullivan</b>	Appointed 1 November 2022
<b>Tracy Dowling</b>	Appointed 1 November 2022
<b>Professor Hilary McCallion</b>	Appointed 1 November 2022
<b>Krishna Yergol</b>	Appointed 1 November 2022

## Directors

<b>Stephen Dunn</b>	Chief Executive – appointed 3 November 2014 left 31 August 2021
<b>Craig Black</b>	Executive Director of Resources – appointed April 2011 to 31 August 2021 Chief Executive (Interim) – 31 August 2021
<b>Nick Macdonald</b>	Executive Director of Resources (Interim) – appointed 31 August 2021
<b>Nick Jenkins</b>	Executive Medical Director – appointed 17 November 2016 stepped down 30 June 2021
<b>Paul Molyneux</b>	Executive Medical Director (Interim) – appointed 30 June 2021
<b>Helen Beck</b>	Executive Chief Operating officer – appointed 1 May 2017 left 31 October 2021
<b>Nicola Cottingham</b>	Executive Chief Operating officer – appointed 1 November 2021
<b>Jeremy Over</b>	Executive Director of Workforce and Communications – appointed November 2019
<b>Susan Wilkinson</b>	Executive Chief Nurse – appointed 1 June 2020

More details about the Trustees can be found in West Suffolk Hospital NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows:

		<b>2021/22 Attendance</b>	<b>2020/21 Attendance</b>
Sheila Childerhouse	- Chair	1 / 3	4 / 5
Stephen Dunn	- Chief Executive	1 / 1	5 / 5
Angus Eaton	- Non-Executive Director	1 / 1	3 / 3
David Wilkes	- Non-Executive Director	1 / 1	4 / 4
Richard Davies	- Non-Executive Director	0 / 3	0 / 3
Alan Rose	- Non-Executive Director	1 / 3	3 / 3
Louisa Pepper	- Non-Executive Director	2 / 3	0 / 3

Chris Lawrence	- Non-Executive Director	3 / 3	
Jude Chin	- Chair	1 / 2	
Rosemary Mason	Non-Executive Director	1 / 1	0 / 2
Craig Black	- Director of Resources (until August 2021) and Interim Chief Executive (August 2021)	3 / 3	4 / 5
Jeremy Over	- Director of Workforce and Communications	3 / 3	3 / 5
Helen Beck	- Chief Operating Officer	2 / 2	5 / 5
Nick Jenkins	- Executive Medical Director (until June 2021)	0 / 1	0 / 5
Paul Molyneaux	- Interim Executive Medical Director (from June 2021)	0 / 2	
Susan Wilkinson	- Executive Chief Nurse	0 / 3	0 / 3
Nick Macdonald	- Interim Director of Resources (from August 2021)	2 / 2	
Nicola Cottingham	- Chief Operating Officer	1 / 1	

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

**External auditors:**

Lovewell Blake  
Bankside 300  
Peachman Way  
Broadland Business Park  
Norwich  
NR7 0LB

**Internal auditors:**

RSM UK Risk Assurance Services LLP  
Blenheim House  
Newmarket Road  
Bury St Edmunds  
Suffolk  
IP33 3SB

**Bankers:**

National Westminster Bank  
7 Cornhill  
Bury St Edmunds  
Suffolk  
IP33 1BQ

**Charity governance, structure and management arrangements**

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital".

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust's Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators' guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee's Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust's facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund's resources
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income
- Ensure that "best practice" is followed in the conduct of all its affairs fulfilling all of its legal responsibilities
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charity Accounts Assistant and the Assistant Director of Finance, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

### **Trustee recruitment, appointment and induction**

Non-Executive Members of the Trust Board are appointed by the Trust's Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

### **Key management personnel remuneration**

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year. The Trust Director of Resources is employed by West Suffolk NHS Foundation Trust.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust and receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

### **Risk analysis**

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My Wish Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- ***Future levels of income***

My Wish Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My Wish Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- ***Impact of COVID19***

The COVID19 pandemic has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

However fundraising events are now being held again and it is hoped that the level of income in 2022/23 will continue to rise.

The investment performance has been volatile during the pandemic, although we are monitoring the performance closely and have still seen a gain in the investment during the year.

- ***Unforeseen changes in the operation of the NHS***

The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My Wish Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.

- ***Maintaining the reputation of the Charity***

The Trustee is conscious of the importance of maintaining its reputation within the community.

### **Income and Expenditure**

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charity Accounts Assistant and the Assistant Director of Finance look for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee.

### **Wider networks**

My Wish Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

### **Related parties**

My Wish Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

### **Our relationship with the wider community**

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

### **Volunteers**

The Trustee would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.
- Our ambassador Frankie Dettori has been incredibly supportive, and we are extremely grateful to him.

## Having read all about us, please consider supporting the work of My Wish Charity

The challenge facing My Wish charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community Hospital, and all the services they provide out in the community.

### What could your gift buy?

- **£2** could buy a birthday cake for a patient spending their birthday in hospital away from their home.
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

If you have a larger gift in mind, please talk to us. We always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on **01284 712952** or send an email to **fundraising@wsh.nhs.uk**.

Signed on behalf of the trustee:



Name: Jude Chin (Chair of Trustee)  
Date: 11 January 2023



## Statement of Trustee's responsibilities in respect of the Trustee's Annual Report and Accounts

### Trustee responsibilities

The Trustee is responsible for preparing the Trustee Annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Practice).

The law applicable to Charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustee is responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Corporate Trustee:



Jude Chin  
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee  
11 January 2023

## **Independent Auditor's Report to the Trustee of My Wish Charity**

**Year ended 31 March 2022**

### **Opinion**

We have audited the financial statements of My Wish Charity (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, balance sheet, statement of cash flows and the related notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **Independent Auditor's Report to the Trustee of My Wish Charity (Continued)**

**Year ended 31 March 2022**

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- the charity has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 34, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance;
- Enquiry of entity staff compliance functions to identify any instances of non-compliance with laws and regulations;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of activities and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>. This description forms part of our auditor's report

**Independent Auditor's Report to the Trustee of My Wish Charity (Continued)**

**Year ended 31 March 2022**

**Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Lovewell Blake LLP

Chartered accountants & statutory auditor

Bankside 300

Peachman Way

Broadland Business Park

Norwich

NR7 0LB

27 January 2023

Lovewell Blake LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

## My Wish Charity Statement of Financial Activities for the year ended 31 March 2022

	Note	Unrestricted Funds 2021/22 £000	Restricted Funds 2021/22 £000	Total Funds 2021/22 £000	Unrestricted Funds 2020/21 £000	Restricted Funds 2020/21 £000	Total Funds 2020/21 £000
<b>Income and endowments from:</b>							
Donations and legacies	3	44	325	369	86	289	375
Charitable activities	4	2	54	56	14	275	289
Other trading activities	5	8	5	13	4	27	31
<b>Total Income</b>		<b>54</b>	<b>384</b>	<b>438</b>	<b>104</b>	<b>591</b>	<b>695</b>
<b>Expenditure on:</b>							
Raising funds	8	22	136	158	29	134	163
Charitable activities	9						
Clinical Care and Research Posts		0	125	125	0	37	37
Purchase of New Equipment		49	175	224	30	145	175
New Building and Refurbishment		(3)	52	49	20	21	41
Staff Education and Welfare		10	43	53	(3)	89	86
Patient Education and Welfare		5	26	31	1	46	47
<b>Total Expenditure</b>		<b>83</b>	<b>557</b>	<b>640</b>	<b>77</b>	<b>472</b>	<b>549</b>
Net gains on investments		25	159	184	39	243	282
<b>Net income/(expenditure)</b>		<b>(4)</b>	<b>(14)</b>	<b>(18)</b>	<b>66</b>	<b>362</b>	<b>428</b>
<b>Net movement in funds</b>		<b>(4)</b>	<b>(14)</b>	<b>(18)</b>	<b>66</b>	<b>362</b>	<b>428</b>
<b>Reconciliation of Funds:</b>							
Total funds brought forward		316	2,076	2,392	250	1,714	1,964
<b>Total funds carried forward</b>		<b>312</b>	<b>2,062</b>	<b>2,374</b>	<b>316</b>	<b>2,076</b>	<b>2,392</b>

All income and expenditure are derived from continuing activities.

The notes set out on pages 41 to 49 form part of these financial statements

**My Wish Charity Balance Sheet  
as at 31 March 2022**

	Notes	Unrestricted Funds £000 31 March 2022	Restricted Funds £000 31 March 2022	Total Funds £000 31 March 2022	Unrestricted Funds £000 31 March 2021	Restricted Funds £000 31 March 2021	Total Funds £000 31 March 2021
<b>Fixed Assets</b>							
Intangible	14	0	0	0	0	2	2
Investments	15	359	1,418	1,777	333	1,259	1,592
<b>Total Fixed Assets</b>		<b>359</b>	<b>1,418</b>	<b>1,777</b>	<b>333</b>	<b>1,261</b>	<b>1,594</b>
<b>Current Assets:</b>							
Debtors	16	2	332	334	5	205	210
Cash at bank	17	(25)	421	396	2	683	685
<b>Total Current (Liabilities) / Assets</b>		<b>(23)</b>	<b>753</b>	<b>730</b>	<b>7</b>	<b>888</b>	<b>895</b>
<b>Liabilities:</b>							
Creditors falling due within one year	18	(24)	(109)	(133)	(24)	(73)	(97)
<b>Net Current (Liabilities) / Assets</b>		<b>(47)</b>	<b>644</b>	<b>597</b>	<b>(17)</b>	<b>815</b>	<b>798</b>
<b>Total Assets less Current Liabilities</b>		<b>312</b>	<b>2,062</b>	<b>2,374</b>	<b>316</b>	<b>2,076</b>	<b>2,392</b>
<b>Net Assets</b>		<b>312</b>	<b>2,062</b>	<b>2,374</b>	<b>316</b>	<b>2,076</b>	<b>2,392</b>
<b>Charitable Funds</b>							
Restricted income funds	24	0	2,062	2,062	0	2,076	2,076
Unrestricted income funds		312	0	312	316	0	316
<b>Total Charitable Funds</b>		<b>312</b>	<b>2,062</b>	<b>2,374</b>	<b>316</b>	<b>2,076</b>	<b>2,392</b>

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 11 January 2023

Signed:



Name: Jude Chin  
Trustee

The notes set out on pages 41 to 49 form part of these financial statements

## My Wish Charity Statement of Cashflows

### Year Ending 31 March 2022

	Note	Total Funds 2021/22 £000	Total Funds 2020/21 £000
<b>Cash flows from operating activities:</b>			
Net cash provided by / (used in) operating activities	19	(289)	197
<b>Cash flows from investing activities:</b>			
Dividends, interest and rents from investments		0	0
Purchase of investments	15	0	(167)
<b>Net cash provided by / (used in) investing activities</b>		<b>0</b>	<b>(167)</b>
Change in cash and cash equivalents in the reporting period		(289)	30
Cash and cash equivalents at the beginning of the reporting period		685	655
<b>Cash and cash equivalents at the end of the reporting period</b>	17	<b>396</b>	<b>685</b>

The notes set out on pages 41 to 49 form part of these financial statements

## My Wish Charity

### 1 Accounting Policies

#### General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Trust Fund Office, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, IP33 2QZ.

#### [a] Basis of Preparation

The financial statements have been prepared under the historic cost convention, subject to revaluation.

#### Statement of compliance

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

#### True and fair override

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

#### Going Concern

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts. The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

**Operational capability** - The Charity has reviewed its structure and has increased its administration and fundraising resources to ensure that the Charity can continue to fundraise and improve its administration function. The Charity considers resourcing at the Charitable Funds Committee.

**Market based demand** - The Charity has considered the fundraising environment particularly now that we have returned to 'business as usual' after the coronavirus pandemic. The Committee is aware that the new post covid environment and the impact of cost of living rises may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

**Structural finance** - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period.

In future years, one of the key risks to the My Wish Charity is a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 28). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

#### [b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose. The charity has no endowment funds.

Those funds which are neither restricted nor endowment income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 24.

#### [c] Income

All income is recognised once the Charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of income can be measured with sufficient reliability.

## My Wish Charity

### [d] **Income from legacies**

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

Material legacies which have been notified but not recognised as income in the Statement of Financial Activities are disclosed in a separate note to the accounts with an estimate of the amount receivable (note 20).

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

### [e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### [f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

Income from investments is allocated to funds twice a year based upon the balance of the funds held at the time of allocation.

### [g] **Fundraising costs**

The costs of generating funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs includes expenses for fundraising activities.

### [h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

### [i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities. There is no effect on the total expenditure for 2021/22 or 2020/21.

## My Wish Charity

### [j] Intangible fixed assets

#### Valuation

Intangible fixed assets are non-monetary fixed assets that do not have physical substance but are identifiable and are controlled by the Charity through custody or legal rights. Intangible fixed assets include purchased intangible assets such as software licences. Although such assets lack physical substance they provide an ongoing benefit to the Charity. FRS102 requires that intangible fixed assets must be held at their historical cost. The residual value of intangible fixed assets is nil when calculating the charge for amortisation unless evidence exists to the contrary. The carrying value of intangible assets are reviewed for impairments in periods or changes in circumstances indicate the carrying value may not be recoverable.

#### Amortisation

Amortisation on intangible assets are charged as an expense to the relevant Statement of Financial Activities category reflecting the use of the asset. Intangible assets are amortised at rates calculated to write them down to estimated residual value on a straight line basis. The intangible assets relate to software and this has been amortised over seven years.

### [k] Realised and Unrealised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

### [l] Debtors

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

### [m] Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in 90 day notice interest bearing savings accounts.

### [n] Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

### [o] Pensions

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

### [p] Investments

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value.

## My Wish Charity

### Notes to the Accounts

#### 2 Related party transactions

West Suffolk NHS Foundation Trust acts as a sole Corporate Trustee to the Charity, and as such is both a related party and the ultimate controlling party. Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £640k (2020/21: £549k) of which there is a net creditor of £125k (2020/21: £62k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

None of the members of the West Suffolk NHS Foundation Trust board or parties related to them has undertaken any transactions with the Charity or received any benefit from the Charity in payment or kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

#### 3 Income from donations and legacies

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Donations from Individuals	35	122	157	272
Corporate Donations	4	15	19	31
Legacies	5	188	193	72
<b>Total</b>	<b>44</b>	<b>325</b>	<b>369</b>	<b>375</b>

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

#### 4 Charitable activities

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Grant Income	0	21	21	253
Other income	2	33	35	36
<b>Total</b>	<b>2</b>	<b>54</b>	<b>56</b>	<b>289</b>

Grant income in 2020/21 mainly relates to money received from the NHS Charities Together charity and is being spent on projects that relate to the Coronavirus pandemic

#### 5 Other trading activities

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Course fee income	0	1	1	1
West Suffolk Hospital other organised fundraising events	5	0	5	3
Third party fundraising	3	4	7	27
<b>Total</b>	<b>8</b>	<b>5</b>	<b>13</b>	<b>31</b>

#### 6 Role of Volunteers

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

**Fund advisors:-** there are 80 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

**Fundraisers:** there are about 25 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

## My Wish Charity

### 7 Grants made to institutions

All grants are made to the West Suffolk NHS Foundation Trust. The charity does not make any grants to individuals. The grants received by the beneficiary for each category of charitable activity is disclosed in note 9.

### 8 Analysis of expenditure on raising funds

	Unrestricted Funds 2021/22 £'000	Restricted Funds 2021/22 £'000	Total 2021/22 £'000	Total 2020/21 £'000
Fundraising support costs	22	136	158	163
<b>Total</b>	22	136	158	163

### 9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour by West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2021/22 £000	Funded Activity Restricted 2021/22 £000	Funded Activity Total 2021/22 £000	Support costs 2021/22 £000	Total 2021/22 £000	Total 2020/21 £000
Clinical Care & Research Posts	0	112	112	13	125	37
Purchase of New Equipment	45	156	201	23	224	175
New Building & Refurbishment	(2)	48	46	3	49	41
Staff Education & Welfare	9	39	48	5	53	86
Patient Education & Welfare	4	24	28	3	31	47
<b>Total</b>	56	379	435	47	482	386

## My Wish Charity

### 10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2022 Total £000	2021 Total £000
External audit (2021/22 figure includes an undercharge from 2020/21)	2	7	9	7
<b>Governance Costs</b>	<b>2</b>	<b>7</b>	<b>9</b>	<b>7</b>
Amortisation	1	1	2	2
Computer maintenance	1	3	4	4
Salaries and related costs	12	35	47	35
Other	0	1	1	2
<b>Total support costs and overheads</b>	<b>16</b>	<b>47</b>	<b>63</b>	<b>50</b>

	Unrestricted funds £000	Restricted funds £000	2022 Total £000	2021 Total £000
Raising funds	2	14	16	15
Charitable activities	6	41	47	35
	<b>8</b>	<b>55</b>	<b>63</b>	<b>50</b>

### 11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2020/21: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment.

### 12 Analysis of recharged staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the Funds are recharged by the Trust for employees providing support services to charitable activities as well as clinical members of staff supported directly by individual funds. Support employees were the Charitable Fund Accountant, Technical Accountant and members of the fundraising team. No employee had emoluments in excess of £60,000 (2020/21: £nil). My Wish Charity has no key management personnel (2020/21: £nil).

#### 12a - Staff Costs and Employee Benefits

	2021/22 £000	2020/21 £000
Salaries and wages	237	169
Social Security Costs	23	14
Employers Pension Contribution	35	25
<b>Total</b>	<b>295</b>	<b>208</b>

#### 12b - Employee numbers

Average Headcount	10.3	9.4
Average Full Time Headcount	4.5	3.9
Average Part Time Head Count	5.8	5.5
Average WTE	9.2	6.7

Number of Employees earning over £60,000 (excluding employer pension contributions)	Nil	Nil
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### 13 Auditor's remuneration

The external auditor's remuneration of £8,220 including irrecoverable VAT (2020/21: £7,956) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2020/21: none undertaken).

## My Wish Charity

### 14 Intangible fixed assets

<b>Software</b>	<b>2021/22</b>	<b>2020/21</b>
<b>Cost</b>	<b>£000</b>	<b>£000</b>
At 1 April	17	17
At 31 March	<u>17</u>	<u>17</u>
<b>Accumulated amortisation</b>		
At 1 April	15	13
Provided during the year	2	2
At 31 March	<u>17</u>	<u>15</u>
 <b>Net book value</b>		
Net book value at 31 March	<u><u>0</u></u>	<u><u>2</u></u>

### 15 Fixed asset investments

<b>Movement in listed investment</b>	<b>31 March 2022</b>	<b>31 March 2021</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Market value brought forward	1,592	1,143
Add purchase of investment	0	167
Less net gain / (loss) on revaluation	185	282
Market value as at 31 March	<u><u>1,777</u></u>	<u><u>1,592</u></u>

The Charity investments are in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date. The original value of the investment was £1,317k.

## My Wish Charity

### 16 Analysis of current assets

	31 March 2022	31 March 2021
	Total £000	Total £000
Debtors due within one year		
Other debtors	334	210
<b>Total</b>	<b>334</b>	<b>210</b>

### 17 Analysis of cash and cash equivalents

	31 March 2022	31 March 2021
	Total £000	Total £000
Cash in Hand	395	685
<b>Total</b>	<b>395</b>	<b>685</b>

### 18 Analysis of current liabilities

	31 March 2022	31 March 2021
	Total £000	Total £000
Creditors due within one year		
Creditors	107	90
Other Accruals	26	7
<b>Total</b>	<b>133</b>	<b>97</b>

Creditors represent sums owed at the year end by the Charity. Of this amount £125k (2020/21: £62k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

### 19 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2022 £000	2021 £000
<b>Net income (as per the Statement of Financial Activities)</b>	(18)	428
<b>Adjustments for:</b>		
Amortisation	2	2
Gain on investments	(184)	(282)
(increase)/Decrease in debtors	(124)	54
(Decrease) / increase in creditors	35	(5)
<b>Net cash provided by / (used in) operating activities</b>	<b>(289)</b>	<b>197</b>

### 20 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2022 there were 4 legacies totalling £332,000 that had been notified but not received (2020/21: £202,000). These legacies have been included as income and as debtors.

### 21 Comparative figures

The comparative figures relate to the 12 month period between 1 April 2021 and 31 March 2022.

### 22 Post Balance Sheet Events

There are no post balance sheet events to report.

## My Wish Charity

### 24 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance			(Loss) /gain on investments in year	Fund Balance
			1 April 2021	Income	Expenditure		31 March 2022
			£000				£000
Macmillan Service	Donations	Patient and Staff welfare	536	-	(146)	43	433
Every Heart Matters	Donations	Patient and Staff welfare	22	-	(2)	2	22
Scanner Appeal	Donations	Purchase of equipment	15	-	(1)	1	15
Oncology Service	Donations	Patient and Staff welfare	17	-	(2)	1	16
SCBU	Donations	Patient and Staff welfare	36	2	(3)	3	38
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	28	3	(9)	2	24
Breast Cancer Fund (ex Lizzie Duncan)	Donations	Patient and Staff welfare	62	7	(7)	5	67
Microbiology	Donations	Patient and Staff welfare	22	-	(2)	2	22
Bereavement Room	Donations	Patient welfare	19	2	(3)	2	20
Mercury Dementia Appeal	Donations	Patient and Staff welfare	40	1	(15)	2	28
Ophthalmic Fund	Donations	Patient and Staff welfare	107	4	(99)	7	19
Cardiology	Donations	Patient and Staff welfare	36	7	(4)	3	42
Palliative Care	Donations	Patient and Staff welfare	325	17	(30)	26	338
Haematology research fund	Donations	Patient and Staff welfare	15	-	(2)	1	14
Stroke services	Donations	Patient and Staff welfare	16	-	8	1	25
Newmarket Radiology	Donations	Patient and Staff welfare	15	-	(1)	1	15
Newmarket Hospital	Donations	Patient and Staff welfare	91	8	(28)	7	78
Wish upon a Star	Donations	Patient and Staff welfare	34	219	(17)	5	241
Chemical Pathology	Donations	Patient and Staff welfare	43	-	(3)	3	43
Critical Care	Donations	Patient and Staff welfare	17	57	(4)	2	72
Pharmacy Social Amenities	Donations	Patient and Staff welfare	15	3	(2)	2	18
Emergency Department	Donations	Patient and Staff welfare	20	(1)	(2)	1	18
Rheumatology	Donations	Patient and Staff welfare	51	-	(5)	4	50
Covid 19	Donations	Patient and Staff welfare	243	10	(108)	15	160
Other Restricted Funds			251	45	(70)	18	244
Total Restricted Funds			2,076	384	(557)	159	2,062
Unrestricted funds	Donations	Patient and Staff welfare	316	54	(83)	25	312
			2,392	438	(640)	184	2,374

These are the major funds referred to in Accounting policy note 1(b). The disclosure is based on fund previously disclosed in 2020/21 and funds with brought forward incurred during the year with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.

**MY WISH CHARITY**

England & Wales - Charity number 1049223

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# Accounts

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**My Wish Charity (Registration Number 1049223)**  
**Annual Report 2020/21**

# My Wish Charity

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## **Foreword by the Chair of the Trustee of My Wish Charity (formerly West Suffolk Hospital Charity)**

Welcome to our annual report for 2020/21. We are a Trustee body established as a separate legal identity from the West Suffolk NHS Foundation Trust ("The Trust") but work with them in partnership for the benefit of NHS patients and their families from West Suffolk and the surrounding area.

We exist to further improve the provision of high quality patient care throughout the Trust, focusing on the use of modern technology in areas not covered or fully supported by central NHS funds.

### **Key highlights of our year:**

- **Launching our COVID Appeal to help support staff and patients.**
- **Offer staff extra training to enhance the service they provide.**
- **Launching our 25 Appeal to support a play specialist post.**

Your donations made this work possible and your future donations are key to our continued success.

This is my fifth report as Chair and I would like to thank the volunteers who fundraise and help us, my fellow board members, and the volunteers who work alongside the professional staff of the Trust.

I hope that like me you will be inspired by our plans. If you would like to donate, details about how to do this are set out at the end of this report. Please support us, as every pound donated counts.



**Sheila Childerhouse**

**Date: 7 December 2021**

**Chair**

## **Who We Are**

My Wish Charity is an independent registered charity (registered number 1049223). We exist to raise funds and receive donations for the benefit of the patients of West Suffolk NHS Foundation Trust. By securing donations, legacies and sponsorship, My Wish Charity can provide the 'icing on the cake' to make a real difference for the patients, their families and the staff who look after them.

Providing both acute and community care, the Trust is our key partner in fulfilling our charitable aims.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

## **Our mission**

By raising new money and careful management of our existing funds, My Wish Charity is able to fund expenditure to seek to support the aims and objectives of West Suffolk NHS Foundation Trust and the organisations it works with 'To serve the patients and their families receiving services from the West Suffolk NHS Foundation Trust by funding facilities, equipment, training, education and to support associated healthcare and complimentary services for patients.'

Payments are made in accordance with charity law, our constitution and the wishes and directions of donors. In making payments, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2020/21, payments of £549k were made. Our future plans are to continue to raise our level of fundraising that will help us work with our NHS partner to transform the health prospects for patients in our community.

The directors of West Suffolk NHS Foundation Trust acting on behalf of the Corporate Trustee believe they have complied with their duty to have regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant. This is demonstrated by our activities throughout the year

## **What we have achieved: highlights from the activities undertaken in the year**

Our key aim is to serve the NHS patients of West Suffolk Hospital, Newmarket Hospital and the community services that West Suffolk NHS Foundation Trust provides for the public benefit. By working with the NHS we assist patients of every walk in life, irrespective of race, creed, ethnicity or personal or family financial circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- **Enhancing the care our partner hospital can offer through new equipment and building improvements to deliver better facilities**
- **Investment in people and in creating a caring environment for the patients receiving care, their families and visitors**
- **Providing direct support to patients by way of information, networking support, better facilities and occasional payments.**

We do this through a range of programmes funded by you, our generous donors. Highlights from the main programmes undertaken in the year are detailed below to give you a wider understanding of the difference we can make together to patients today and in the future.

During that last year, sadly we were overcome with Covid 19, we knew straight away that we needed to support our very overworked staff in the best ways possible. We set up our Covid 19 appeal and very quickly realised that our amazing community wanted to support this. Below are **some** examples of what we have been able to do with this support, we are also extremely grateful to everyone that went above and beyond not just by donating money.

We have been able to fund the Trust to employ extra staff members;

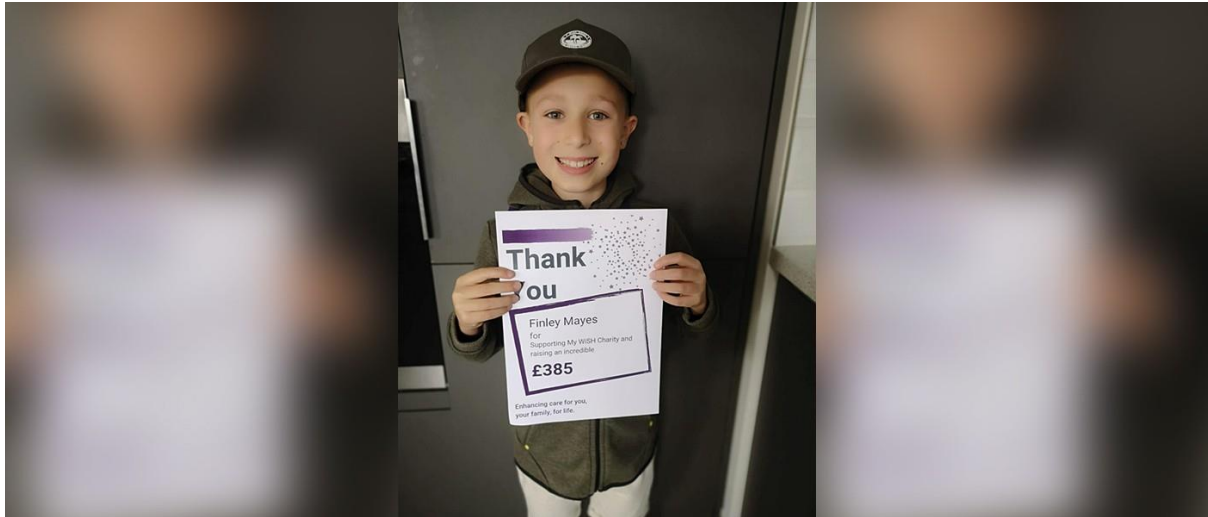
- A psychologist for staff support
- An extra chaplain
- A play specialist
- A digital communication officer

Items for staff and patient wellbeing and support;

- Welfare packs
- Calm rooms
- Art supplies for isolated patients
- Digital devices for patients to contact their loved ones while isolating
- Marquees for staff so they can take a socially distanced rest
- Revamped counselling rooms for patients who were attending appointments alone
- Outside furniture for staff to take breaks
- Defibrillators for our community staff to carry around with them
- Exercise trackers for our cardiology patients so they could be treated remotely
- Tactile murals for our community paediatric waiting areas
- TV's for our side rooms for our isolating patients



The Charity once again has been extremely well-supported by our local community, and for this we are extremely grateful.



Young Finley Mayes made the best use of his time away from school during lockdown to raise money for charity.

The seven-year-old, who lives in Kedington, ran a mile a day in aid of the Help Your NHS Hospital Covid-19 appeal.

The appeal supports the work of the West Suffolk Hospital, and is aimed at supporting patients and also the staff at the hospital in Bury St Edmunds during the pandemic.

He said he and his mother Sophie, who works part time as a social worker at the hospital, thought it would be “a helpful job” to raise money to support the NHS after being inspired by the “Clap for Carers” campaign and because staff have been doing a “brilliant job” looking after people with Covid-19.

The Kedington Primary School pupil had an initial target of £100 but exceeded that by raising a total of £385.

Sophie said: “We ran a mile every day during May just before Finley went back to school the middle of this month.

“When we started doing the ‘Clap for Carers’ that kind of gave us the idea of raising money for the hospital.

She praised all the people who supported them and added: “It was also nice to get out and about and get some fresh air and doing something healthy during the lockdown.”

And Finley added: “The first few days were fairly easy but it got harder and harder.

“Some days I had to do it on my own (when his mother was at work) and I then had to run around the front of the house in our little garden area.

“I was running one day and I tripped over and fell and hurt my knees but I kept going and they are all better now. I just wanted to raise the money for the NHS.”



Josh Wright set himself a challenge which really tested his strength both physically and mentally.

The 26-year-old customer service manager ran a total of 13 half marathons in 13 days in a bid to raise money.

He originally set his fundraising target at £750 but smashed his target by far, his final figure was an incredible £1,779!

Raising money for the charity is nothing new for Josh as his previous escapade was running a half marathon with his dad, Leslie and holding a 24-hour gaming session with friends. These raised £1,283 for the appeal.

And he has also been involved with the Soapbox Challenge being part of the HS Direct team where he works from its site on the town’s Moreton Hall Estate, in Skyliner Way.

Josh said: “I did a half marathon last year at the Norwich Showground and I wanted to do a bit more this year so decided on the 13 in 13 days.”

“The 13 runs were all round Bury from my home and all different routes and I did them after I’d finished work as I’m now working from home,” he said.

Sally Daniels, appeal manager, said “Josh is such an inspirational fundraiser. He takes on these crazy challenges and just works so hard to raise money for us. We really are so grateful”.



Caring youngsters Ella and Cameron Fisher brought a ray of sunshine into the lives of NHS staff at the West Suffolk Hospital after making luxury goody bags.

They contained an array of items including soaps, snacks, water bottles, tea bags, notebooks, pens, chocolate treats, candles, cream tea vouchers, shower gel and hand cream.

And some of the bags even contained drawings by comedian Keith Lemon as he wanted to get involved after seeing what the pair were up to via their Instagram social networking site.

And Ella, who has just turned 13, and her 11-year-old brother, who live in King Edward VII Road, in Newmarket, have also had other celebrities and famous people backing them via their website including Davina McCall and Kym Marsh.

They initially set up the project after spotting the short supply of personal protection equipment for hospital workers.

The youngsters wanted to do more as a thank you to the amazing NHS staff and decided to make and fill shoeboxes containing surprise gifts. They contacted businesses who gave them a host of items to the children and they set up a fund to purchase items after people asked if they could donate money.

Soon the shoeboxes were filled so they turned to creating the bags and so far 350 have been given out with three hospitals benefiting from their efforts ... Addenbrooke's, Newmarket and the West Suffolk, in Bury St Edmunds.

Their mother Emma said: "They said they wanted to support the NHS workers as a thank you and it just grew from there.

"The children are always looking for things to help raise money for charities and we have had a lot of dealings with the NHS and we are always grateful to them."



Friends and neighbours came out of their homes to watch five-year-old Olivia-Rose Lawrence walk past them on her way to raising over £1,300.

The five-year-old was gaily dressed in a robot costume and walked two miles round the Howard Estate, in Bury St Edmunds, during lockdown.

And the money she raised has gone to the My WiSH charity, which supports the work of the town's West Suffolk Hospital, and has been directed towards the WiSH Upon A Star appeal and the critical care unit.

Olivia-Rose, who is a pupil at the Guildhall Feoffment Community Primary School, came up with the idea for the fundraising initiative and took inspiration from Capt Sir Tom Moore who raised millions for NHS charities for walking laps of his garden.

Her father Tony, who ran three marathons in five weeks last year raising £1,000 for the hospital charity, said that his daughter came up with the idea and wanted to do something to support the West Suffolk and collected a total of £1,362.05 from her efforts.

His runs were in memory of his father Malcolm who was treated at the hospital back in 2017 and was also significant for his daughter's fundraising.

"She effectively walked round the block two times," he said. "And it was an impressive amount of money that she raised.

"She saw Capt Tom on the television and wanted to raise the money. She's a kind-hearted girl and wanted to do something similar for My WiSH. She was pleased and very excited when she finished."

The money came from family and friends plus a collection she made on the route round the estate as people came out to watch her.

Tony added: "There was a lot of people who came out and supported her and I am really proud of her and so happy that she wanted to do something."



Neil Baxter was a man on a mission during lockdown.

The photographer from Bury St Edmunds went out snapping iconic images of people and their families adjusting to the Covid-19 restriction with the clients donating money to charity.

He raised a total of £1,220 for My WiSH Charity, with the money directed towards the Help Your NHS Hospital Appeal, set up during the pandemic.

He visited people mainly from in and around the town and including places in Stowupland, Rattlesden and Brandon and as far afield as Norwich, taking doorstep portraits and he particularly enjoyed visiting those families which got creative depicting their life during the pandemic.

Neil photographed one family where the daughter had embraced home baking, the son had barely got off his games console and the mum had enjoyed the odd tippie.

His first shoot was of a couple celebrating their seventh wedding anniversary – who he also photographed on their wedding day.

“I’ve loved taking pictures of those who want to tell their lockdown story, where they have taken a bad situation and embraced it,” said Neil. “I’ve had requests from all over for me to come and take doorstep pictures, even as far afield as Norwich.”

Neil asked for donations per shoot from clients with all proceeds going to My WiSH.

He said: “Once isolation kicked in it meant I was months staying in the house doing nothing and when people started doing the ‘Clap for Carers’ I saw a few other people raising money for the NHS and felt I wanted to do the something.

“I had seen a few other photographers taking pictures on people’s doorsteps and in years to come it could be a keepsake for them to help them tell their story of the pandemic. I thought that I could offer this doorstep scheme and people could donate whatever they think it’s worth.

“I must have done between 100 and 200 houses during that time. It’s something to say thank you to the NHS and every penny that they get helps, especially when there’s a global crisis going on. And it has got me out of the house.”

Sue Smith, head of fundraising, said “Neil has taken some amazing photos which have really captured family life during lock down. We can’t thank him, and all his models, enough for their support.”



The caring and life-saving work of staff on the Macmillan Unit at the West Suffolk Hospital, in Bury St Edmunds, is something that Tracey Feeny has much to be thankful for.

She ran an impressive 10k to raising funds for the department which potentially saved the life of her husband Gareth who had a rare blood disease called immune thrombocytopenic purpura (ITP) as her way of repaying the treatment he received.

She raised a huge £981 for the Macmillan unit at the hospital which is incredible as she had set her target at £500!

Tracey, who lives in Bury St Edmunds, said her 34-year-old husband was diagnosed with the complaint in July 2019 and has been receiving treatment since then.

ITP is a bleeding disorder in which the immune system destroys platelets, which are necessary for normal blood clotting.

People with the disease have too few platelets in the blood. The normal platelet count is between 150 and 400 thousand million platelets per litre of blood but at its worse Gareth’s count was at eight.

It meant he had a critical count at risk of internal bleeding or bleeding on the brain and when platelets get this low you must stay in hospital to be prepared for a transfusion if a bleed occurs.

Tracey said: “Gareth spent a lot of time in the West Suffolk Hospital and in particular the Macmillan Unit where he had countless appointments and tests with the haematologist doctors and nurses and countless phone calls and sudden hospital visits at all hours. They were always so friendly and helpful and just made the entire nightmare as easy and

comfortable as possible, despite the hours spent waiting for platelets to rise and test results. It kept on yo-yoing all the time.

“It is mostly due to these amazing people in an amazing unit why he is in remission and back to full(ish) health again although there has been a couple of times when he has felt unwell.

“Although in remission, it could come back at any time with a vengeance and regular appointments and tests are ongoing for the foreseeable future. The Macmillan ward at West Suffolk Hospital and the doctors and nurses working there potentially saved Gareth’s life.

“I want to give directly back to this unit and I know that no amount of money will ever be enough, but I believe the unit would greatly benefit from money raised and I’m hoping to try and raise as much as possible to show our gratitude.

“There was never a truer saying than every little penny counts, especially for a unit such as Macmillan. The pennies are potentially the difference between life and death.”



Golfers, donors, plus a series of fundraising initiatives helped to raise £10,000 to support the work of carers of dementia patients at the West Suffolk Hospital.

A Captains’ Charity Day, held at Stowmarket Golf Club, attracted 96 participants split into 24 teams of four, with each team paying £160; a total of £242 was made from a cake sale; while additional money came via a bottle on the bar at the clubhouse and an auction along with suppliers to the business of men’s captain Martin Anderson donating between £2,000 and £3,000 towards the fund.

Mr Anderson linked up with ladies’ captain Joan Hunter, and senior’s captain Ian Hay for the golf day which was held in July last year.

But the coronavirus pandemic delayed them handing over a cheque to the My WiSH Charity, which supports the work of the hospital, in Bury St Edmunds, with the money directed towards the Forget Me Not Dementia Appeal.

Mr Anderson, who was the club captain for 2019/2020, said they chose the appeal which was close to his heart as his mother suffered from the complaint and died in January 2017.

“I wanted to do something to raise money for the dementia campaign as my mother died from dementia and we all agreed to do it for the same charity,” he said. “And we only just got round to doing the presentation because of the coronavirus restrictions. Many thanks to the members and sponsors for their generosity and support throughout the year.”

The money raised will be used to buy a digital reminiscence machine (DGM) and fund music and art therapy sessions for patients.

The DGM is known as a RITA (Reminiscence Interactive Therapy Activities) and is like a television crossed with a tablet. It has a touch screen and allows patient to watch TV, play music, but also play games such as bingo. It helps calm the patient, reduces falls as they are less likely to get out of bed and wander and increase patient experience.

They cost £5,000 each and the money raised by the golf club will be used by the Keeping In Touch team who work with patients across the hospital, helping them to feel less isolated and keeping them connected with their loved ones.

Maggie Woodhouse, the dementia practitioner, said: “We have a monthly dementia audit across the hospital recording that 25% to 30% of our patients are affected by dementia, delirium or confusion so supporting these patients enables a better experience and better outcomes on discharge. This interactive equipment is aimed at patients who are anxious about the hospital environment and can be used to avoid agitated behaviour and to increase the patient experience, they can be personalised to the patient, using music pictures, films and activities.”

And Sally Daniels, My WiSH fundraising manager, added: “The amount raised by the golf club is just amazing and we can’t thank Martin, Joan and Ian enough for their support. As Maggie said, we have a large number of patients who will really benefit from using the equipment and also the therapy sessions. We are so proud to continue to support our Forget Me Not Dementia appeal to ensure that, not only is the hospital stay the best it can be, but that the experience is actually enriched.”



Jasmine Ackland has lost her long locks.

But it has all been worth it. For not only has 14ins of her hair gone to a good cause it has also helped to raise money for My WiSH Charity.

The 14-year-old got a new look and confused many of her school friends at the Mildenhall College Academy, some who struggled to recognise her.

For along with the enforced absence from the college due to Covid-19 and her short hairstyle she has taken on a totally new look.

She had it cut at the Creative Hair Salon, in Thetford, and at the same time has raised £357.50 thanks to the support of family and friends and teachers at the academy. The money has been directed to the Butterfly Appeal which is run by the charity.

Her mother Rachael, who is head of science at the college her daughter attends, said that it was difficult for her to have her hair cut as she has a “tic” but her hairdresser Stephanie Fenton was “very patient and understanding.”

Jasmine has mental health problems and has been treated at the hospital for her complaint which helped her also decide on raising money for My WiSH Charity.

Rachael said: “She did not want to do it for a big national charity but a local one.

“She has had her hair long all her life but she likes her short hair now. It was a shock when she went back to school as people could not recognise her as they had not seen her for six months. It was a major change for her and some people thought that she was transitioning into a boy.”

Jasmine also feels that cutting her hair has given her a fresh start.

Sally Daniels, fundraising manager, said “Jasmine looks great with her new cut. It’s fantastic to hear that her fundraising has not only benefited families across west Suffolk but has also been a real boost to her own self esteem.”



The generosity of members of a masonic lodge in Bury St Edmunds has helped to purchase devices to help and reassure patients having MRI scans.

They have come after Bob Rider attended the West Suffolk Hospital where he is being treated for cancer.

The charity steward of the Solea Masonic Lodge had an MRI scan and discovered that the department needed a new way to play music for patients having scans as their iPods were broken.

So Mr Rider approached his members for funds and they came forward and supplied two Amazon Fires, at a cost of £50 each, which will mean patients can choose music and also children will be able to play games while they wait.

He said: "I had an MRI scan and they asked me what music I would like. When I came out I asked one of the nurses what happened with the music as it wasn't working. She explained that the iPods were broken and so I said I would see if I could do something. I went to the Lodge and we obtained the two devices."

He said the 42 members of the Lodge have a charity fund and raise money which funded the Amazon Fires which were handed over the My WiSH Charity, which supports the work at the hospital, in Bury St Edmunds.

Claire Moore, the MRI superintendent at West Suffolk, said: "We are incredibly grateful for these devices. They will allow us to play music to patients, upload MRI safety apps and show children videos or cartoons designed to reassure.

"The thought of MRI is quite intimidating, we do all we can to reassure patients but offering our patients music is a focus for them. Feedback is always positive with statements such as 'listening to 'Mr Blue Sky' helped take my mind off the scan.' The patients leave feeling that the experience was not as bad as they had feared and music choice is always an ice breaker for our nervous patients.

"Thank you on behalf of staff in MRI and all patients who will benefit."

Sally Daniels, fundraising manager, also thanked the Solea Lodge and added "As a charity, our aim is to provide the extras that the NHS cannot. Thanks to people like this we are able to do that and we can't thank the Masons enough for their continued support."



A couple from Cavenham cycled the equivalent of 300 miles to France in a bid to raise money for the bereavement and labour suites at the West Suffolk Hospital.

Molly and Jack Deal carried out the ride from their home on a static bike riding the distance from Bury St Edmunds to its French twin town of Compiègne.

And their bid to raise the money comes after their daughter was born prematurely at the hospital on New Year's Eve at just 16 weeks and six days.

Twenty-seven-year-old Molly, who is a sales executive at Treatt, said: "On the most difficult day of our lives, the midwives at West Suffolk Hospital gave us the most amazing support and kindness. To them they are just doing their jobs, but to us they are heroes.

"We named our daughter after one of the midwives who looked after us during our time in hospital.

"We were made to feel comfortable as possible on the labour ward and appreciated the personal space provided by the bereavement suite.

Molly and Jack, 31, who is an accountant, named their daughter Kendall and the couple want to recognise the very special care and attention they both received following their loss.

Molly added: "All the midwives were so caring as it was such an awful situation for us but they helped us to make it more bearable. They were just there for us and they were there for us until we went home.

"The support that we had we did not expect and we had a service for Kendall."

A campaign to fund the bereavement suite was set up by the My WiSH Charity which supports the work of the hospital and was opened in July 2018.

It provides a calm, comfortable space where families will be able to receive psychological and practical support following the loss of a baby.

Three rooms have been decorated and consist of the main bedroom, wet room and a kitchen/sitting room which is also used for counselling purposes.



Alex Badman, of Bury St Edmunds and who worked at RAF Mildenhall as operations flight deputy commander 100th Air Refuelling Wing for eight years, died in February this year of corona virus.

His daughter Katie described Alex as a loving father who always cared about children.

“His big white beard meant he was often asked to don a Father Christmas costume to hand out presents to local children in Bury St Edmunds, RAF Mildenhall and further afield,” she said.

A fund-raiser set up in his memory raised a staggering £9402!

Alex supported My Wish over several years before his death, including convincing a team from RAF Mildenhall to take part in one of the charity’s Soap Box Challenges.

The family’s connection to the charity meant they wanted to fund-raise for the #25 Appeal which supports the hospital with play therapist.

A play therapist is someone who is employed by the hospital to make visits for children more fun and less scary, in turn potentially preventing future hospital phobia.

Sally Daniels, fund-raising manager for My Wish, said the Badman family, including Jill, Alex’s wife, had been active in the charity in recent years.

“The Badman family have been great supporters of My WiSH Charity with both Jill and Alex supporting us over the years,” she said. “Alex was kind enough to share his extensive engineering knowledge with our soapbox teams back in 2019 and we know this was invaluable to everyone.

“The amount raised by the family just highlights what a special man Alex was so from all of us here at the charity we would like to express our sincere condolences and thank everyone for their donations.

“The difference the play specialist will make to our young patients means Alex is certainly leaving behind a legacy that will benefit our future generations.”



Six workmates from the Tesco store, in Newmarket, have helped to raise over £1,000 for one of the wards at the West Suffolk Hospital.

It came after one of their team at the store suffered a stroke back in July last year and was treated by staff on G8, the stroke ward of the hospital, in Bury St Edmunds.

George Carter, Luke Milner, Mark Masterton, Andrew Robertson, Connor Stanley and Louise Baron ran a half marathon last month.

They had initially set a target of £500 but the final result was double that amount with £1,070 being handed over to the My WiSH Charity.

The six, who all work in the backroom of the store dealing with the huge online shopping demand, decided to carry out the fundraising initiative after their colleague Mark Davy had the stroke. They wanted to raise the money for the ward as a way of thanking staff for the care they gave to the 31-year-old.

The run started from the store in Fordham Road and went via the High Street, past the stables and along Exning Road and back to the store.

George said: "We did not expect to get that much money but we were thrilled as Mark had had a tough time.

"It was out of the blue really, he had the stroke and lost the movement on his left side.

"Everyone did it in under three hours with one doing it in under two hours and two more just over the two-hour mark.

"We stayed together for the first 10k and we all had our own targets that we wanted to get to but it started chucking it down with rain towards the end of it."

Mark was on the stroke ward for four-and-a-half weeks after losing the movement in his left arm and left leg.

He said: "I was out and about during the day and I stayed up a bit late but when I went to bed at about midnight it all started and the room started spinning. I had to bang on the wall to get attention from my dad who called the paramedics.

"All the nurses and staff at the hospital were brilliant along with the physios and I was determined to walk out of the hospital unaided.

"I am starting to walk a bit and try and walk every day between three and four miles and go to see the physios for two hours a week."

He uses a SaebFlex, which is a high-profile splint used to support and assist the movement of the hand and arm, and added: "My hamstring is still a bit weak but I am determined to get back to normal since day one and have had long-term goals."

He paid thanks to his six workmates for carrying out the fundraising initiative.

## How we funded our work, our achievements and performance

In this section we firstly explain how we raised the money and then how we spent it.

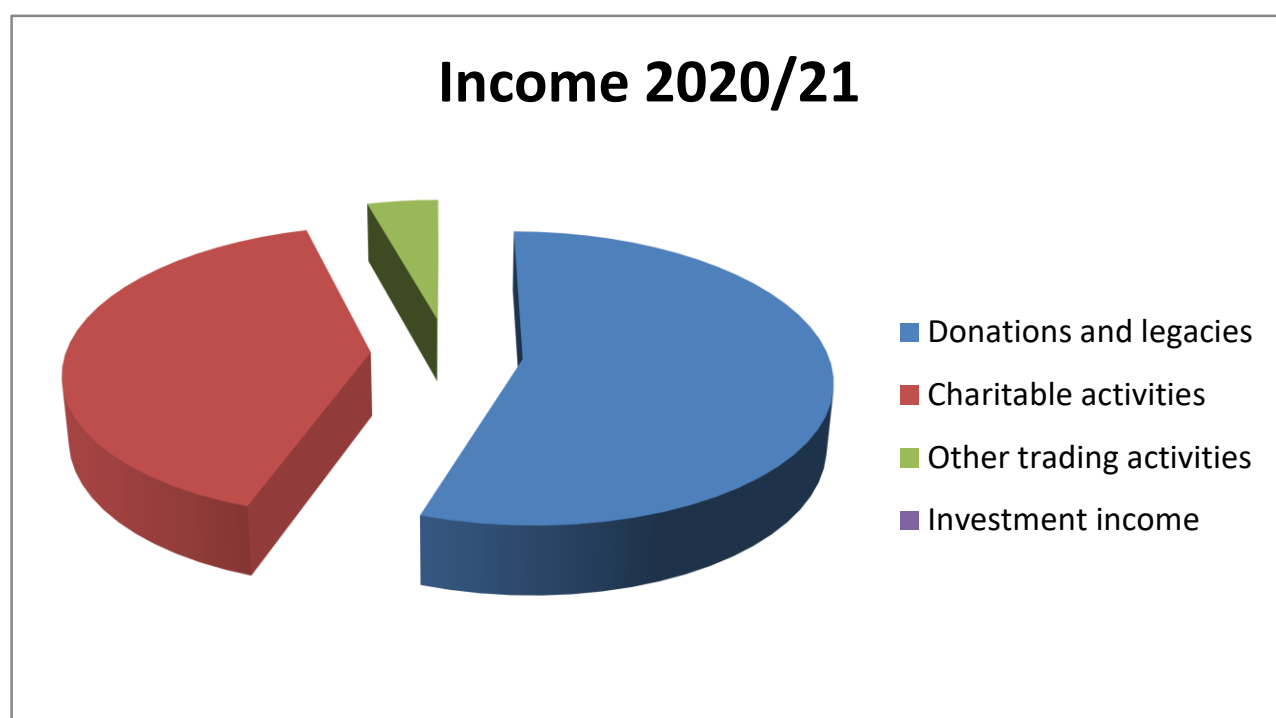
**Money received: £695k**

**Money spent: £549k**

My Wish Charity can only continue to support the work of the Trust for as long as we receive the money needed. Almost all of our income comes from the voluntary efforts of the general public. Overall, we ended the year with income exceeding expenditure by £107k before investment gains.

### Money received: sources of funds

The pie chart shows our main sources of income. The largest is termed voluntary income and represents gifts and donations from the public.



**Donations and legacies £375k** – Our largest source of income is from the public and by local companies keen to support their local community:

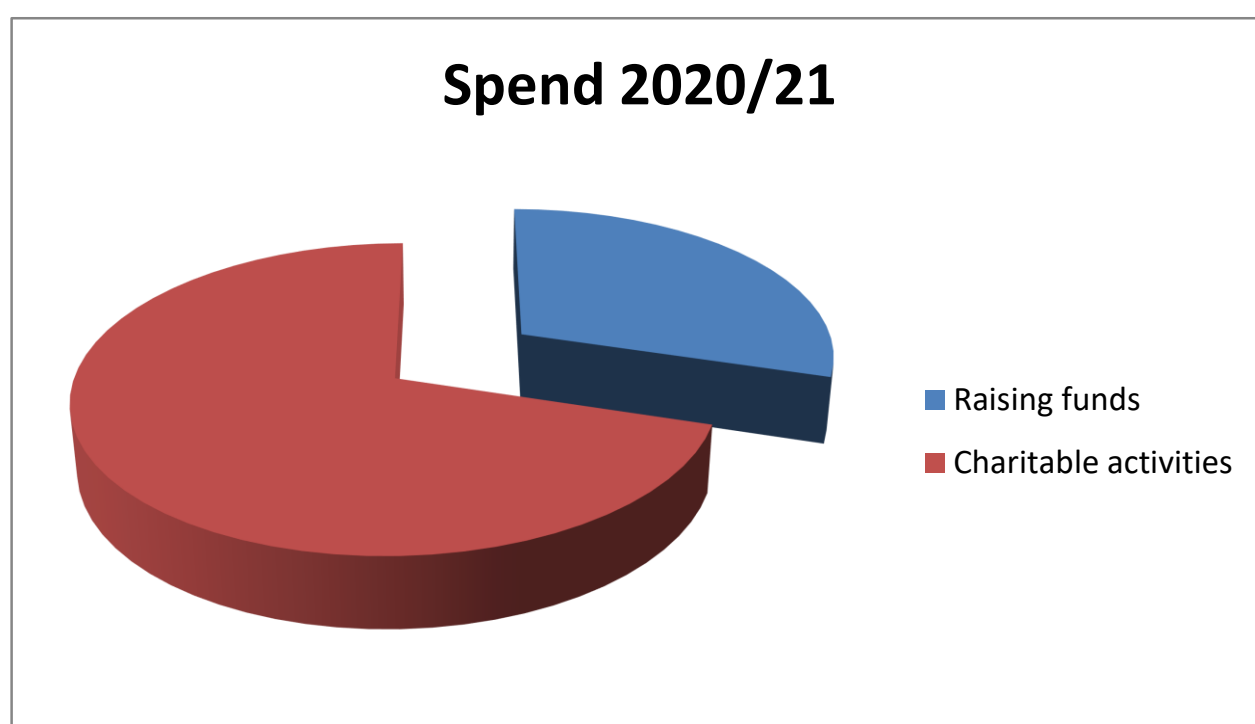
- **Gifts from the public £272k** – from a few pence in a collecting box to several hundred pounds from grateful relatives, we are fortunate to receive thousands of generous gifts each year towards our work.
- **Corporate Donations £31k** – many companies adopt charities as a way of putting something back into the community. My Wish Charity is grateful to the companies that have donated over the year and to their employees who have given their time and money to maximise the corporate support we receive.
- **Legacies £72k** – a gift in a will really is an investment in the future, and we are fortunate to be remembered by people each year.

**Charitable activities £289k** – the majority of this relates to grants received from the NHS Charities Together Charity

**Other trading activities £31k** – by supporting an existing event or organising one of their own with the knowledge and approval of the Trustee, thousands of people have had a good time whilst raising money for My Wish Charity. The Coronavirus pandemic has resulted in many fundraising events being cancelled and therefore the income is considerably down on previous years.

- **West Suffolk Hospital other organised fundraising £3k**
- **Course fee income £1k**
- **Third party fundraising £27k**

**Money spent: what we spent the money on**



Our charitable work was made up of five distinct areas. The costs shown below exclude attributable support costs as set out in note 9 to the accounts:

**Clinical Care & Research Posts:** The funds support a counsellor and a nurse within the Macmillan Unit a Clinical Psychologist in SCBU and a children's play specialist the cost of these staff was **£34k** in 2020/21.

**New equipment:** The NHS of course buys much of its own equipment for day to day use and has its own capital programme but NHS capital funds for large items of equipment are scarce. With advances in technology we can make a real difference in purchasing items. We spent **£159k** on new equipment. Examples of equipment purchased this year are:

- **Paxman scalp coolers**
- **Portascan 3D Scanner**
- **Sonosite Ultrasound System**
- **Surgery trolley and lift assist lithotome**

- **Lucas 3 Chest Compression System**
- **Clearway 2 cough assistor**

**Adaptations to buildings:** We spent **£37k** in 2020/21 on a number of minor capital projects including the refurbishment of the Lymphodema room and a drugs room.

**Staff education and welfare:** We spent **£78k** on a wide variety of training and educational courses for our staff.

**Patient education and welfare:** We spent **£43k** supporting education and the welfare of patients.

### **Performance against objectives**

Spending the money is only part of the story because we are concerned to achieve value for money. To ensure the money is well spent applications for General Fund funding include questions about the objectives, impact and success criteria for the proposed project.

### **Our fundraising performance**

Members of My Wish fundraising department organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity.

During the year the total donations, legacies and income from fundraising came to £695k compared to 2019/20 of £890k.

We benchmark our fundraising activity with our peers through the Association of NHS Charities and monitor the comparative success of campaigns and overall fundraising cost to income ratios. Compared to other NHS Trusts, although we have a low cost income ratio, there is the opportunity to increase the level of donations further.

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. Although we do not undertake widespread fundraising from the general public, the legislation defines fund raising as “soliciting or otherwise procuring money or other property for charitable purposes.” Such amounts receivable are presented in our accounts as “voluntary income” and include legacies and grants.

In relation to the above we confirm that all solicitations are managed internally, without involvement of commercial participators or professional fund-raisers, or third parties. The day-to-day management of all income generation is delegated to the fundraising team, who are accountable to the Trustee.

The charity is not bound by any undertaking to be bound by any regulatory scheme; however the charity has voluntarily registered with the Fundraising Regulator and complies with the relevant codes of practice. We have received no complaints in relation to fundraising activities.

The Charity fundraises money from two main sources, the Fundraising Team at the Charity and members of the public who fundraise on behalf of the Charity. The Fundraising Team are all employed by West Suffolk NHS Foundation Trust and as such have to undergo mandatory training that includes Safeguarding Adults, Safeguarding Children, Equality and Diversity and Human Rights. The Fundraising Team is managed proactively through the management structure and their ultimate manager is the Executive Director of Workforce & Communications. It is impossible to apply the same rigour to members of public however the

Head of Fundraising works closely with members of the public to ensure that relevant guidelines and legislation is complied with.

### **What we plan to do with your donations: our future plans**

We will achieve our mission by working with the NHS to develop the facilities to treat the community of West Suffolk. We will identify ways in which we can actively assist NHS staff to treat all patients to the best of their ability. We will also actively seek guidance from those staff members to any pieces of equipment that would enhance the care of patients, and their families. Our open invitation to the reader of our annual report and accounts is to join with us in our exciting mission of compassion for the community of West Suffolk by making a gift to secure the best care.

Our detailed plans are to:

- Complete the Butterfly Appeal
- Continue to engage with our community services and Newmarket hospital
- Continue to engage and develop relationships with the wider community
- Support the Hospital and community services in purchasing equipment and providing training in line with donor wishes

Your support makes these plans possible and to help us, please do consider making a donation.

### **How we manage the money**

The Charity was entered on the Central Register of Charities on the 15 September 1995. The Charity is constituted of 89 individual funds (2019/20: 91) as at 31 March 2021 and the notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the Charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service & Community Care Act 1990 and these funds are held on trust by the corporate body.

### **Our payment making policy**

All payments are normally made from the Charity – these funds comprise two elements:

- Unrestricted funds contain funds where the donor has not expressed any specific conditions for which the donation must be used.
- Restricted funds (which contain donations where a particular part of the Hospital or activity was nominated by the donor at the time their donation was made) are managed by nominated charity fund-holders who are responsible for the day to day running of the funds. Delegated powers of authority are in place. However, the ultimate responsibility for all such funds remains with the Corporate Trustee. Reviews are undertaken by the Charitable Funds Committee of the Charity's funds and actions are taken as required.

Exceptionally, transfers may be made from the reserves to finance grant supported projects which would otherwise be delayed due to a shortage of unrestricted funds. This discretion is only exercised where there is a significant on-going benefit and the projects are considered to be a high priority.

## Our reserves policy

The Trustee's reserves policy is to expend unrestricted income within a reasonable period of time in furtherance of the charitable objects. Under normal circumstances, a period of one year is considered to be reasonable; therefore the Charity would be expected to hold reserves approximately equal to average annual unrestricted income. The average is determined over a three year reference period.

As at 31 March 2021 the unrestricted reserves held was £316k. This compares to an expected average annual unrestricted income of approximately £174k. The main reason for the high level of reserves is due to a combination of a high level of investment gains and a reduced level of unrestricted income. The Trustee believes that the level of reserves is sufficient.

## Our financial health: a strong balance sheet

The assets and liabilities of My Wish Charity as at 31 March 2021 are stated below, compared with the position at 31 March 2020.

	31 March 2021	31 March 2020
	£'000	£'000
Fixed Assets	2	4
Fixed Asset investments	1,592	1,143
Total Current Assets	895	919
Creditors falling due within one year	(97)	(102)
<b>Total Net Assets</b>	<b>2,392</b>	<b>1,964</b>
Income Funds		
Restricted	2,076	1,714
Unrestricted Income Funds:		
Our reserve: 'general fund'	316	250
<b>Total Funds</b>	<b>2,392</b>	<b>1,964</b>

### A few helpful definitions:

**Net current assets** represent cash held on deposit less the value of accruals (money owed to others for expenses chargeable to the year) and outstanding liabilities.

**Creditors falling due within one year** represent the balance of money owed within 12 months to suppliers of goods and services.

**Restricted income funds** represent money which is held by the Trustee which can only be used for specified purposes.

**Unrestricted income funds** are funds available to be spent within the objects of the Charity which can legally be spent wholly at the discretion of the Trustee. In practice, respecting the non-binding preferences expressed by donors, the Trustee has sub categorised the unrestricted income funds under two headings.

**Our general fund** represents those funds available for distribution by the Trustee at their discretion which have not been restricted or earmarked.

## About investments

The Trustee continues to invest in a common investment fund - COIF Ethical Investment Fund managed by CCLA Investment Management Ltd. During the financial year the Charity increased its investment with a further purchase of £167,000 of units in the same fund.

### How we organise our affairs: reference and administrative details

#### The Charity

The Charitable Funds are registered with the Charity Commission under an **umbrella registration number My Wish Charity (formerly known as West Suffolk Hospital Charity)** and Other Related Charities – Register number 1049223 in accordance with the Charities Act 2011.

#### Related Charities:

West Suffolk Hospitals Trust Charitable Fund	1049223-1
The West Suffolk Hospital Charity	1049223-3
Sudbury Hospital Charity	1049223-2
Joyce Marno-Edwards Fund	1049223-4
West Suffolk Hospital Education Centre	1049223-5

The Trust Board devolved responsibility for the on-going management of funds to the Charitable Funds Committee which administers the funds on behalf of the Corporate Trustee.

The Committee meets at least three times a year. The Committee members are paid for their duties for the Trustee but do not receive any additional pay, emoluments or other financial benefit from the Charity. Whilst the Committee members are not paid for their time they can claim expenses, details of which are disclosed in the accounts.

The Charity's main fund has NHS wide objectives as follows: "The Trustee shall hold the trust fund upon trust to apply the income and, at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

Strategic aims are:

- To manage and govern the fundraising programme in line with best practice to ensure funds are raised effectively, efficiently, ethically and economically
- Fundraising should be in accordance with the Ethical Fundraising Policy of West Suffolk NHS Foundation Trust and follow the Institute of Fundraising's Codes of Fundraising Practice
- To increase the charitable income – fundraising and donations - raised by My Wish Charity. This will be through a comprehensive fundraising programme which ensures fundraising income is sustainable and regular
- To promote legacies in a responsible way
- To ensure all areas of the Hospital are aware of the work of My Wish Charity and how fundraising can help each and every aspect of the trust
- To encourage the appropriate spending of charitable funds by fundholders to enhance the experience of patients, visitors and staff throughout the Trust
- To engage and build strong relationships with partners, patients, carers, staff and other stakeholders

## How to contact us

### The Charity office and principal address of My Wish Charity is:

The Trust Fund Office  
West Suffolk NHS Foundation Trust  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 713237

### For fundraising queries please contact:

The Head of Fundraising  
My Wish Fundraising Office  
Hardwick Lane  
Bury St Edmunds  
IP33 2QZ  
☎ 01284 712952

## Our Trustee

The West Suffolk NHS Foundation Trust is the Corporate Trustee of the Charity, governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

The Corporate Trustee is responsible for deciding policy and ensuring that it is implemented.

During 2020/21 the Trust Board consisted of:

## Non-executive Directors

<b>Sheila Childerhouse (Chair)</b>	Appointed 1 January 2018 until 31 December 2020 reappointed 1 January 2021 until 31 December 2023
<b>Gary Norgate</b>	Appointed 1 September 2013 until 31 August 2016 Reappointed 1 September 2016 until 31 August 2019 Reappointed 1 September 2019 until 31 August 2020 Stepped down as NED on 31 May 2020
<b>Alan Rose</b>	Appointed 1 April 2017 until 31 March 2020. Reappointed 1 April 2020 until 31 March 2023
<b>Richard Davies</b>	Appointed 1 March 2017 until 28 February 2020 Reappointed 1 March until 28 February 2023
<b>Angus Eaton</b>	Appointed 1 January 2018 until 31 December 2020 Reappointed 1 January 2021 until 31 December 2023 Standing down with effect from 31 May 2021
<b>Louisa Pepper</b>	Appointed 1 September 2018 until 31 August 2021 Reappointed until 31 August 2024
<b>David Wilkes</b>	Appointed 31 July 2020 until 11 June 2021
<b>Rosemary Mason (Associate)</b>	Appointed 24 August 2020 until 22 June 2021

## Directors

<b>Stephen Dunn</b>	Chief Executive – appointed 3 November 2014
<b>Craig Black</b>	Executive Director of Resources – appointed April 2011
<b>Rowan Procter</b>	Executive Chief Nurse – appointed 2 November 2015 left 21 June 2020
<b>Nick Jenkins</b>	Executive Medical Director – appointed 17 November 2016 left 31 May 2021
<b>Helen Beck</b>	Executive Chief Operating officer – appointed 1 May 2017
<b>Jeremy Over</b>	Executive Director of Workforce and Communications – appointed November 2019
<b>Susan Wilkinson</b>	Executive Chief Nurse – appointed 1 June 2020

More details about the Trustees can be found in West Suffolk Hospital NHS Foundation Trust Annual Report.

The names of those people who served as agents for the Corporate Trustee on the Charitable Funds Committee, as permitted under regulation 16 of the NHS Trusts (membership and Procedures) regulations 1990 were as follows:

		<b>2020/21 Attendance</b>	<b>2019/20 Attendance</b>
Sheila Childerhouse	- Chair	4 / 5	4 / 5
Stephen Dunn	- Chief Executive	5 / 5	5 / 5
Gary Norgate	- Non-Executive Director	1 / 1	5 / 5
Angus Eaton	- Non-Executive Director	3 / 3	5 / 5
David Wilkes	- Non-Executive Director	4 / 4	
Craig Black	- Director of Resources	4 / 5	4 / 5
Helen Beck	- Chief Operating Officer	5 / 5	4 / 5
Richard Davies	- Non-Executive Director	0 / 3	
Louisa Pepper	- Non-Executive Director	0 / 3	3 / 5
Jeremy Over	- Director of Workforce and Communications	3 / 5	2 / 2

The Trustee is also assisted in their work by a number of professional advisors, as detailed below:

### External auditors:

BDO LLP  
55 Baker Street  
London  
W1U 7EU

**Internal auditors:**

RSM Risk Assurance Services LLP  
Marlborough House  
Victoria Road South  
Chelmsford  
Essex  
CM1 1LN

**Bankers:**

National Westminster Bank  
7 Cornhill  
Bury St Edmunds  
Suffolk  
IP33 1BQ

**Legal advisors:**

Mills & Reeve  
Francis House  
112 Hills Road  
Cambridge  
CB2 1PH

**Charity governance, structure and management arrangements**

The Charity was established using the Special Purposes Charity model by issuing a Declaration of Trust dated 6 March 1997. The objects clause states: "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by the West Suffolk Hospital".

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objects of each fund and by designating funds the Trustee respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff. Where funds have been received which have specific restrictions set by the donor, restricted funds are established.

The charitable funds available for spending are for staff and departments within the Trust's Directorate management structure. Each fund is managed by a designated fund holder.

The Charity has adopted the Institute of Chartered Secretaries and Administrators' guidance for an induction process for newly appointed members of the Trust Board and Charitable Funds Committee. This process currently includes information about the Charity, including the governing document, the Charitable Funds Committee Terms of Reference, Trustee's Annual Report and Accounts and information about trusteeship. An induction to the hospital and a guided tour of the beneficiary Trust's facilities and any other additional training that their roles may require is also available.

Acting for the Corporate Trustee, the Charitable Funds Committee is responsible for the overall management of the Charity. The Committee is required to:

- Control, manage and monitor the use of the fund's resources
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income

- Ensure that “best practice” is followed in the conduct of all its affairs fulfilling all of its legal responsibilities
- Ensure that any Investment Policy approved by the Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

The accounting records and the day-to-day administration of the funds are dealt with through the Charitable Trust Fund Accountant, located in the Finance Department, West Suffolk NHS Foundation Trust, Hardwick Lane, Bury St Edmunds, Suffolk, IP33 2QZ.

### **Trustee recruitment, appointment and induction**

Non-Executive Members of the Trust Board are appointed by the Trust’s Council of Governors and Executive members of the Board are subject to recruitment by the Trust Board. Members of the Trust Board and Charitable Funds Committee are not individual Trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

### **Key management personnel remuneration**

The Chief Executive of the Trust, under a scheme of delegated authority approved by the Corporate Trustee, has day to day responsibility for the management of the Charity. The Charity operates with agreed operating procedures. These have been reviewed and updated during the financial year. The Trust Director of Resources is employed by West Suffolk NHS Foundation Trust.

The Charity does not directly employ any management or employees. Employees associated with fundraising and in an administrative capacity have an appropriate amount of their time recharged from the Trust to the Charity depending on the amount of time undertaking charitable duties.

The board members of the Corporate Trustee are paid by West Suffolk NHS Foundation Trust and receive no direct remuneration for the work that they undertake for the Charity.

Details of expenses of board members of the Corporate Trustee incurred on behalf of the Charity are disclosed in note 11 to the accounts.

The board members of the Corporate Trustee are required to disclose all relevant interests and register them with the Charity and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 2 to the accounts.

### **Risk analysis**

As part of the business planning exercise carried out during the year, the Trustee has considered the major risks to which My Wish Charity is exposed. It has reviewed systems and identified steps to mitigate those risks. Four major risks have been identified and arrangements have been put in place to mitigate those risks set out below:

- ***Future levels of income***

My Wish Charity is reliant on donations to allow it to make payments to its NHS partner. If income falls then the Trust would not be able to make as many payments or enter into longer term commitments with the NHS body we support.

The Trustee mitigates the risk that income will fall by engaging with the Fundraising Department. That Department comprises dedicated fundraising experts who work with My Wish Charity to provide a co-ordinated approach to raising funds. Fundraising activity is regularly benchmarked against our peers and thorough reviews are undertaken after major campaigns and events to understand what worked well and how things could be done better.

- ***Impact of COVID19***

The COVID19 pandemic has impacted in many ways. There is the potential for loss of income and a reduction in the value of investments.

- The level of income (excluding legacies) has risen compared to 2019/20.
- The impact of the pandemic resulted in a reduction in the value of investments but this reduction has been reversed and there was a significant gain in the investment during the year.

- ***Unforeseen changes in the operation of the NHS***

The NHS is, by its very nature, subject to national changes in government policy as well as local politically driven decisions. The Trustee has identified this as a risk as it may mean initiatives or healthcare activities supported by My Wish Charity are no longer delivered in the local area. The Trustee regularly liaises with other NHS partners to understand the changes that they are facing at an early stage.

- ***Maintaining the reputation of the Charity***

The Trustee is conscious of the importance of maintaining its reputation within the community.

## **Income and Expenditure**

Income and expenditure is monitored by individual fund, on a monthly basis as part of the monthly balancing process. The Charitable Fund Accountant looks for anomalies which may indicate exposure to risk and if any are detected will bring them to the attention of the Audit Committee via the Assistant Director of Finance.

## **Wider networks**

My Wish Charity is one of over 250 NHS linked charities in England and Wales who are eligible to join the NHS Charities Together (formally known as Association of NHS Charities). As a member charity, we have the opportunity to discuss matters of common concern and exchange information and experiences, join together with others to lobby government departments and others, and to participate in conferences and seminars that offer support and education for our staff and board members.

The charity has organisational membership with the Institute of Fundraising.

The charity became a voluntary member of the new Fundraising Regulator.

## **Related parties**

My Wish Charity works closely with, and provides all of its funding to, the West Suffolk NHS Foundation Trust (the Trust). Transactions with The Trust are considered to be related party transactions which are disclosed within the financial statements accordingly.

## **Our relationship with the wider community**

The ability of the Charity to continue its vital support for the West Suffolk Hospital is dependent on its ability to maintain and increase donations from the general public. The charity also continues to forge strong relationships with members of staff of the hospital without whose co-operation the ability to make an effective contribution would be much diminished.

## **Volunteers**

The Trustee would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give of their time out of hours in support of the work on the committees, in developing ideas for charitable fundraising and expenditure with us to identify how we can help them care for the patients
- Our fundraisers who do so much to encourage others to enrich the lives of others through donations and fundraising activities.
- The Charity has a handful of regular volunteers that help out at events; their roles vary from car park duties to serving food and drink. We are indebted and extremely grateful to our volunteers as without them the charity could not run as efficiently as it does.
- Our ambassador Frankie Dettori has been incredibly supportive, and we are extremely grateful to him.

## **Having read all about us, please consider supporting the work of My Wish Charity**

The challenge facing My Wish charity in the future is to maintain and grow our support so that we can continue to make a difference to West Suffolk Hospital, Newmarket Community hospital, and all the services they provide out in the community.

## **What could your gift buy?**

- **£2** could buy a birthday cake for a patient spending their birthday in hospital away from their home.
- **£350** can provide 10 welcome home packs containing essentials for vulnerable patients going home to empty cupboards after a hospital stay.
- **£900** could pay for a therapist to have extra training to become competent in treating dysphagia (swallowing problems)
- **£1,000** could buy recliner chairs for patients who are having treatments
- **£2,000** could purchase an Automated External Defibrillator (AED) for a community staff.
- **£5,000** can buy a vein viewer machine, which locates veins easily taking any anxiety away from our young and vulnerable patients.
- **£8,000** could buy a chest compression system which delivers continuous compressions to a cardiac patient without the need of the care giver being hands on.
- **£20,000** can purchase a 3d scanner for our maternity patients.
- **£28,000** could buy a BK3500 ultrasound machine that can help detect cardiac arrest faster.
- **£50,000** could buy an Echo cardio machine.

If you have a larger gift in mind, please talk to us. We always have a number of major projects waiting funding.

If you would like to make a donation or support any of our fundraising activities, please give us a call on **01284 712952** or send an email to **fundraising@wsh.nhs.uk**.

Signed on behalf of the trustee:

A handwritten signature in blue ink, appearing to read 'S.S. Childerhouse'.

Name: Sheila Childerhouse (Chair of Trustee)

Date: 7 December 2021

## Statement of Trustees' responsibilities in respect of the Trustees' annual report and accounts

### Trustee responsibilities

The Trustee is responsible for preparing the Annual report and the financial statements in accordance with applicable law and regulations.

Charity law requires the Trustee to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under charity law the Trustee must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Statement as to disclosure to our auditors

In so far as the Trustee is aware at the time of approving our Trustee's annual report:

- there is no relevant information, being information needed by the auditor in connection with preparing their report, of which the auditor is unaware; and
- the Trustee has taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Signed on behalf of the Corporate Trustee:



Sheila Childerhouse  
Chair of West Suffolk NHS Foundation Trust, Corporate Trustee  
7 December 2021

## INDEPENDENT AUDITOR'S REPORT TO THE CORPORATE TRUSTEE OF MY WISH CHARITY

### Opinion on the financial statements

We have audited the financial statements of My Wish Charity for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2021 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Independence

We remain independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

### Conclusions related to going concern

In auditing the financial statements, we have concluded that the Corporate Trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Corporate Trustee with respect to going concern are described in the relevant sections of this report.

### Other information

The Corporate Trustee is responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially

inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatement in the Strategic report or the Trustee's report.

We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion;

- adequate accounting records have not been kept by the Charity, or returns adequate for our audit have not been received from branches not visited by us; or
- the Charity's financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of the Corporate Trustee**

As explained more fully in the Statement of Corporate Trustee's responsibilities, the Corporate Trustee is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Corporate Trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Corporate Trustee is responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under Section 149 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

### **Extent to which the audit was capable of detecting irregularities, including fraud**

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

Our procedures included the following:

- inquiring of management and those charged with governance, including obtaining and reviewing supporting documentation in respect of the Charity's and Corporate Trustee's policies and procedures relating to:
  - o identifying, evaluating and complying with laws and regulations and whether they were aware of any instances of non-compliance;
  - o detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud; and
  - o the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;
- discussing among the engagement team, regarding how and where fraud might occur in the financial statements and any potential indicators of fraud. As part of this discussion, we identified potential for fraud in the following areas: revenue recognition, and posting of unusual journals;
- obtaining an understanding of the Charity's and Corporate Trustee's framework of authority as well as other legal and regulatory frameworks that the Charity and Corporate Trustee operates in, focusing on those laws and regulations that had a direct effect on the financial statements or that had a fundamental effect on the operations of the Charity. The key laws and regulations we considered in this context included the Charities Act 2011. Other relevant laws and regulations identified include, VAT legislation and PAYE legislation.

In addition to the above, our procedures to respond to identified risks included the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with relevant laws and regulations discussed above;
- enquiring of management concerning actual and potential litigation and claims;
- reading minutes of meetings of those charged with governance and the Charitable Funds Committee and the Board of the Corporate Trustee;
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members including internal specialists and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

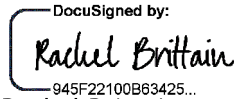
Our audit procedures were designed to respond to risks of material misstatement in the financial statements, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery, misrepresentations or through collusion. There are inherent limitations in the audit procedures performed and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we are to become aware of it.

A further description of our responsibilities for the audit of the financial statements is located at the Financial Reporting Council's ("FRC's") website at:

<https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

## Use of our report

This report is made solely to the Corporate Trustee, as a body, in accordance with Chapter 3 of Part 16 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the Charity and Corporate Trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Corporate Trustee as a body, for our audit work, for this report, or for the opinions we have formed.

DocuSigned by:  


945F22100B63425...  
Rachel Brittain

For and on behalf of BDO LLP, statutory auditor  
London, UK

9 December 2021

BDO LLP is a limited liability partnership registered in England and Wales (with registered number OC305127).

## My Wish Charity Statement of Financial Activities for the year ended 31 March 2021

	Note	Unrestricted Funds 2020/21 £000	Restricted Funds 2020/21 £000	Total Funds 2020/21 £000	Unrestricted Funds 2019/20 £000	Restricted Funds 2019/20 £000	Total Funds 2019/20 £000
<b>Income and endowments from:</b>							
Donations and legacies	3	86	289	375	202	551	753
Charitable activities	4	14	275	289	3	36	39
Other trading activities	5	4	27	31	2	96	98
Investment income	7	0	0	0	0	1	1
<b>Total Income</b>		<b>104</b>	<b>591</b>	<b>695</b>	<b>207</b>	<b>684</b>	<b>891</b>
<b>Expenditure on:</b>							
Raising funds	8	29	134	163	19	129	148
Charitable activities	9						
Clinical Care and Research Posts		0	37	37	0	54	54
Purchase of New Equipment		30	145	175	100	234	334
New Building and Refurbishment		20	21	41	0	17	17
Staff Education and Welfare		(3)	89	86	29	91	120
Patient Education and Welfare		1	46	47	18	38	56
<b>Total Expenditure</b>		<b>77</b>	<b>472</b>	<b>549</b>	<b>166</b>	<b>563</b>	<b>729</b>
Net gains / (losses) on investments		39	243	282	0	0	0
<b>Net income/(expenditure)</b>		<b>66</b>	<b>362</b>	<b>428</b>	<b>41</b>	<b>121</b>	<b>162</b>
<b>Gross transfer between funds</b>	20	0	0	0	0	0	0
<b>Net movements in funds</b>		<b>66</b>	<b>362</b>	<b>428</b>	<b>41</b>	<b>121</b>	<b>162</b>
<b>Reconciliation of Funds:</b>							
Total funds brought forward		250	1,714	1,964	209	1,593	1,802
<b>Total funds carried forward</b>		<b>316</b>	<b>2,076</b>	<b>2,392</b>	<b>250</b>	<b>1,714</b>	<b>1,964</b>

All income and expenditure are derived from continuing activities.

The notes set out on pages 38 to 46 form part of these financial statements

## My Wish Charity Balance Sheet as at 31 March 2021

	Notes	Unrestricted Funds £000 31 March 2021	Restricted Funds £000 31 March 2021	Total Funds £000 31 March 2021	Unrestricted Funds £000 31 March 2020	Restricted Funds £000 31 March 2020	Total Funds £000 31 March 2020
<b>Fixed Assets</b>							
Intangible	14	0	2	2	0	4	4
Investments	15	333	1,259	1,592	275	868	1,143
<b>Total Fixed Assets</b>		<b>333</b>	<b>1,261</b>	<b>1,594</b>	<b>275</b>	<b>872</b>	<b>1,147</b>
<b>Current Assets:</b>							
Debtors	16	5	205	210	95	169	264
Cash at bank	17	2	683	685	(101)	756	655
<b>Total Current (Liabilities) / Assets</b>		<b>7</b>	<b>888</b>	<b>895</b>	<b>(6)</b>	<b>925</b>	<b>919</b>
<b>Liabilities:</b>							
Creditors falling due within one year	18	(24)	(73)	(97)	(19)	(83)	(102)
<b>Net Current (Liabilities) / Assets</b>		<b>(17)</b>	<b>815</b>	<b>798</b>	<b>(25)</b>	<b>842</b>	<b>817</b>
<b>Total Assets less Current Liabilities</b>		<b>316</b>	<b>2,076</b>	<b>2,392</b>	<b>250</b>	<b>1,714</b>	<b>1,964</b>
<b>Net Assets</b>		<b>316</b>	<b>2,076</b>	<b>2,392</b>	<b>250</b>	<b>1,714</b>	<b>1,964</b>
<b>Charitable Funds</b>							
Restricted income funds	24	0	2,076	2,076	0	1,714	1,714
Unrestricted income funds		316	0	316	250	0	250
<b>Total Charitable Funds</b>		<b>316</b>	<b>2,076</b>	<b>2,392</b>	<b>250</b>	<b>1,714</b>	<b>1,964</b>

The financial statements were approved and authorised for issue by the Corporate Trustee and were signed on its behalf on 7 December 2021

Signed:



Name: Sheila Childerhouse  
Trustee

The notes set out on pages 38 to 46 form part of these financial statements

## My Wish Charity Statement of Cashflow

### Year Ending 31 March 2021

	Note	Total Funds 2020/21 £000	Total Funds 2019/20 £000
<b>Cash flows from operating activities:</b>			
Net cash provided by / (used in) operating activities	19	197	284
<b>Cash flows from investing activities:</b>			
Dividends, interest and rents from investments	7	0	1
Purchase of investments	15	(167)	0
<b>Net cash provided by / (used in) investing activities</b>		<b>(167)</b>	<b>1</b>
Change in cash and cash equivalents in the reporting period		30	285
Cash and cash equivalents at the beginning of the reporting period		655	370
<b>Cash and cash equivalents at the end of the reporting period</b>	17	<b>685</b>	<b>655</b>

The notes set out on pages 38 to 46 form part of these financial statements

# My Wish Charity

## 1 Accounting Policies

### [a] Basis of Preparation

The financial statements have been prepared under the historic cost convention.

The accounts (financial statements) have been prepared in accordance with the Charities Act 2011 and the Statement of Recommended Practice (FRS 102) - "Charities SORP (FRS 102)" second edition, issued in October 2019, and applicable United Kingdom accounting standards.

The Trustee considers that there are no material uncertainties about the My Wish Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

The Trustee has considered the following areas in its assessment of the Charity being a going concern, operational capability, market-based demand and structural finance.

**Operational capability** - The Charity has reviewed its structure and has increased its administration and fundraising resources to ensure that the Charity can continue to fundraise and improve its administration function. The Charity considers resourcing at the Charitable Funds Committee.

**Market based demand** - The Charity has considered the fundraising environment particularly in light of the coronavirus pandemic. Initially income has risen following increased support for the NHS and the NHS charities together appeal. The Committee is aware that the new post covid environment may produce challenges but feel the Charity has sufficient resources to manage any downturn in income.

**Structural finance** - The Charity has in place a reserves policy to ensure the continued availability to fund ongoing expenditure. The Charity does not enter into significant long term expenditure commitments that would put pressure on cash balances. The most significant creditor is West Suffolk NHS Foundation Trust and this relates to reimbursement of incurred charitable funds expenditure. This means that should income reduce significantly expenditure can be cut maintaining the financial stability of the Charity.

The main risk of failure of the Charity is if income should cease for some unspecified reason. This is felt to be extremely remote as the Charity is well supported locally and any publicity around loss of income would generate local support. However, should there be a significant drop in income then the Charity has few ongoing expenses that cannot be ceased within an appropriate time period.

In future years, one of the key risks to the My Wish Charity is a fall in income from donations or investment income but the Trustee has arrangements in place to mitigate those risks (see the Risk analysis section of the Trustee Annual Report, page 28). In addition the Charity does not have ongoing contractual commitments that would impact on the going concern assumption.

### [b] Funds

Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specified charitable purpose. The charity has no endowment funds.

Those funds which are neither restricted nor endowment income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the Trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the Trustee's discretion. The major funds held in each of these categories are disclosed in note 24.

### [c] Income

All income is recognised once the Charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of income can be measured with sufficient reliability.

## My Wish Charity

### [d] **Income from legacies**

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable; this will be once confirmation has been received from the representatives of the deceased's estate that:

- probate has been granted to pay the legacy; and
- all conditions attached to the legacy have been fulfilled or are within the charity's control.

Material legacies which have been notified but not recognised as income in the Statement of Financial Activities are disclosed in a separate note to the accounts with an estimate of the amount receivable (note 21).

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

### [e] **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### [f] **Allocation of support costs**

Support costs are those costs that do not relate to a single activity. These include some staff costs, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on the proportion of total spend.

Income from investments is allocated to funds twice a year based upon the balance of the funds held at the time of allocation.

### [g] **Fundraising costs**

The costs of generating funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fund raising costs together with investment management fees. Fund raising costs included expenses for fund raising activities.

### [h] **Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 9.

### [i] **Governance costs**

Governance costs are classified as support costs and have therefore been apportioned between fundraising activities and charitable activities. There is no effect on the total expenditure for 2019/20 or 2020/21.

## My Wish Charity

### [j] Intangible fixed assets

#### Valuation

Intangible fixed assets are non-monetary fixed assets that do not have physical substance but are identifiable and are controlled by the Charity through custody or legal rights. Intangible fixed assets include purchased intangible assets such as software licences. Although such assets lack physical substance they provide an ongoing benefit to the Charity. FRS102 requires that intangible fixed assets must be held at their historical cost. The residual value of intangible fixed assets is nil when calculating the charge for amortisation unless evidence exists to the contrary. The carrying value of intangible assets are reviewed for impairments in periods or changes in circumstances indicate the carrying value may not be recoverable.

#### Amortisation

Amortisation on intangible assets are charged as an expense to the relevant Statement of Financial Activities category reflecting the use of the asset. Intangible assets are amortised at rates calculated to write them down to estimated residual value on a straight line basis. The intangible assets relate to software and this has been amortised over seven years.

### [k] Realised and Unrealised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (purchase date if later). Unrealised gains and losses are calculated quarterly based on the change in market value in the quarter. These are apportioned to the funds based on the average fund balance for the quarter. Any realised gains and losses are apportioned to funds in accordance with the fund balances at the date of sale.

### [l] Debtors

Debtors are amounts owed to the Charity. They are measured based on the recoverable amount.

### [m] Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in 90 day notice interest bearing savings accounts.

### [n] Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

### [o] Pensions

My Wish Charity has no direct employees. Staff costs incurred in connection with the Charity are recharged at cost by the Corporate Trustee, West Suffolk NHS Foundation Trust and include pensions costs. Employees are able to join the NHS Pension Scheme in accordance with its rules. The Charity is not an employer that accesses the pension scheme directly therefore further disclosure is not required.

## My Wish Charity

### Notes to the Accounts

#### 2 Related party transactions

##### Individuals

Members of the Charitable Funds Committee are also non-executive and executive members of West Suffolk NHS Foundation Trust. The Trust is the main beneficiary of the Charity. The Charity has provided funds to The Trust for approved expenditure made on behalf of the Charity. This funding amounted to £549k (2019/20: £729k) of which there is a net creditor of £62k (2019/20: £91k) with the Trust. The expenditure is analysed in greater detail in notes 8 and 9. The Trust also recharges the Charity for members of staff who are directly involved with the Charity, the details of which are given in note 12.

None of the members of the West Suffolk NHS Foundation Trust board or parties related to them has undertaken any transactions with the Charity or received any benefit from the Charity in payment or kind. The Trustee received no honoraria or emoluments in the year. Expenses paid to the Trustee are disclosed in note 11.

The Trust makes a number of clerical and transaction staff available to the Charity, by agreement with the Trustee. These include:

- Fundraising, office and administrative staff at a cost of £173k (£157k in 2019/20)

#### 3 Income from donations and legacies

	Unrestricted Funds 2020/21 £'000	Restricted Funds 2020/21 £'000	Total 2020/21 £'000	Total 2019/20 £'000
Donations from Individuals	72	200	272	286
Corporate Donations	2	29	31	27
Legacies	12	60	72	440
<b>Total</b>	<b>86</b>	<b>289</b>	<b>375</b>	<b>753</b>

Donations from individuals are gifts from members of the public, relatives of patients and staff. Gift Aid is recovered from individual donations if a declaration is signed.

#### 4 Charitable activities

	Unrestricted Funds 2020/21 £'000	Restricted Funds 2020/21 £'000	Total 2020/21 £'000	Total 2019/20 £'000
Grant Income	7	246	253	0
Other income	7	29	36	39
<b>Total</b>	<b>14</b>	<b>275</b>	<b>289</b>	<b>39</b>

Grant income mainly relates to money received from the NHS Charities Together charity and is being spent on projects that relate to the Coronavirus pandemic.

#### 5 Other trading activities

	Unrestricted Funds 2020/21 £'000	Restricted Funds 2020/21 £'000	Total 2020/21 £'000	Total 2019/20 £'000
Course fee income	1	0	1	4
West Suffolk Hospital other organised fundraising events	0	3	3	37
Third party fundraising	3	24	27	57
<b>Total</b>	<b>4</b>	<b>27</b>	<b>31</b>	<b>98</b>

#### 6 Role of Volunteers

Like all charities My Wish Charity is reliant on a team of volunteers for our smooth running. Our volunteers perform two roles:

**Fund advisors:**- there are 92 West Suffolk NHS Foundation Trust staff who manage how the Charity's designated funds should be spent. These funds are designated (or earmarked) by the Trustee to be spent for a particular purpose or in a particular ward or department. Each fund advisor has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes. The Trustee determines what each fund can be spent on and the amount that can be spent in a year. Fund advisors who spend more than £5,000 are required to report to Charitable Fund Committee setting out what they spent the money on.

**Fundraisers:** there are about 25 local volunteers who actively fundraise for the My Wish Charity by running events and the use of collections. In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

## My Wish Charity

### 7 Gross investment income

Short term investments and deposits and cash on deposit

**Total**

Unrestricted Funds 2020/21 £'000	Restricted Funds 2020/21 £'000	Total 2020/21 £'000	Total 2019/20 £'000
0	0	0	1
0	0	0	1

### 8 Analysis of expenditure on raising funds

Fundraising support costs

**Total**

Unrestricted Funds 2020/21 £'000	Restricted Funds 2020/21 £'000	Total 2020/21 £'000	Total 2019/20 £'000
29	134	163	148
29	134	163	148

### 9 Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of funding approved expenditure.

Expenditure was approved principally in favour West Suffolk NHS Foundation Trust to carry out activities that will benefit patients. The Charity reimbursed expenditure incurred by West Suffolk NHS Foundation Trust or its staff.

	Funded Activity Unrestricted 2020/21 £000	Funded Activity Restricted 2020/21 £000	Funded Activity Total 2020/21 £000	Support costs 2020/21 £000	Total 2020/21 £000	Total 2019/20 £000
Clinical Care & Research Posts	0	34	34	3	37	54
Purchase of New Equipment	27	132	159	16	175	334
New Building & Refurbishment	18	19	37	4	41	17
Staff Education & Welfare	(3)	81	78	8	86	120
Patient Education & Welfare	1	42	43	4	47	56
<b>Total</b>	43	308	351	35	386	581

## My Wish Charity

### 10 Allocation of support costs and overheads

All support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are support costs which relate to the strategic and day to day management of a charity. The basis of allocation is the average monthly balance of each fund.

	Raising funds £000	Charitable activities £000	2021 Total £000	2020 Total £000
External audit (2019/20 figure includes an undercharge from 2018/19)	2	5	7	7
<b>Governance</b>	<b>2</b>	<b>5</b>	<b>7</b>	<b>7</b>
Amortisation	1	1	2	3
Computer maintenance	1	3	4	3
Salaries and related costs	10	25	35	28
Other	1	1	2	2
	<b>15</b>	<b>35</b>	<b>50</b>	<b>43</b>

	Unrestricted funds £000	Restricted funds £000	2021 Total £000	2020 Total £000
Raising funds	3	12	15	9
Charitable activities	5	30	35	34
	<b>8</b>	<b>42</b>	<b>50</b>	<b>43</b>

### 11 Trustee's remuneration, benefits and expenses

The board members of the Corporate Trustee receive no direct remuneration for the work that they undertake on behalf of the Charity. However, they can claim expenses to reimburse them for costs that they incur in fulfilling their duties. No board members claimed or were entitled to claim any expenses during the year (2019/20: £nil). Board members of the Corporate Trustee receive remuneration from The Corporate Trustee, West Suffolk NHS Foundation Trust, in accordance with their contracts of employment.

### 12 Analysis of staff costs and remuneration of key management personnel

The Charity does not directly employ any members of staff. However, the Funds are recharged by the Trust for employees providing support services to charitable activities as well as a clinical member of staff supported directly by an individual fund. Support employees were the Charitable Fund Accountant, Technical Accountant and members of the fundraising team. No employee had emoluments in excess of £60,000 (2019/20: £nil). My Wish Charity has no key management personnel (2019/20: £nil).

#### 12a - Staff Costs and Employee Benefits

	2020/21 £000	2019/20 £000
Salaries and wages	169	159
Social Security Costs	14	18
Employers Pension Contribution	25	30
<b>Total</b>	<b>208</b>	<b>207</b>

#### 12b - Employee numbers

Average Headcount	9.4	9.6
Average Full Time Headcount	3.9	4.0
Average Part Time Head Count	5.5	5.6
Average WTE	6.7	6.1
Number of Employees earning over £60,000 (excluding employer pension contributions)	Nil	Nil

### 13 Auditor's remuneration

The external auditor's remuneration of £6,978 including irrecoverable VAT (2019/20: £6,978) related solely to the audit of the financial statements with no other additional work undertaken by the external auditors (2019/20: none undertaken).

## My Wish Charity

### 14 Intangible fixed assets

<b>Software</b>	<b>2020/21</b>	<b>2019/20</b>
<b>Cost</b>	<b>£000</b>	<b>£000</b>
At 1 April	17	17
At 31 March	<u>17</u>	<u>17</u>
<b>Accumulated amortisation</b>		
At 1 April	13	10
Provided during the year	<u>2</u>	<u>3</u>
At 31 March	<u>15</u>	<u>13</u>
 <b>Net book value</b>		
Net book value at 31 March	<u><u>2</u></u>	<u><u>4</u></u>

### 15 Fixed asset investments

<b>Movement in fixed asset investment</b>	<b>31 March 2021</b>	<b>31 March 2020</b>
	<b>Total</b>	<b>Total</b>
	<b>£000</b>	<b>£000</b>
Market value brought forward	1,143	1,143
Add purchase of investment	167	0
Less net gain / (loss) on revaluation	<u>282</u>	<u>0</u>
Market value as at 31 March	<u><u>1,592</u></u>	<u><u>1,143</u></u>

The Charity investments are in the COIF Ethical Investment fund managed by CCLA. The valuation of the investment is based on the bid price at the year end date.

## My Wish Charity

### 16 Analysis of current assets

	31 March 2021	31 March 2020
	Total £000	Total £000
Debtors due within one year		
Other debtors	210	264
<b>Total</b>	<b>210</b>	<b>264</b>

### 17 Analysis of cash and cash equivalents

	31 March 2021	31 March 2020
	Total £000	Total £000
Cash in Hand	685	655
<b>Total</b>	<b>685</b>	<b>655</b>

### 18 Analysis of current liabilities

	31 March 2021	31 March 2020
	Total £000	Total £000
Creditors due within one year		
Trade Creditors	90	95
Other Accruals	7	7
<b>Total</b>	<b>97</b>	<b>102</b>

Creditors represent sums owed at the year end by the Charity. Of this amount £62k (2019/20: £91k) is owed to a related party, West Suffolk NHS Foundation Trust, for costs incurred by the Trust on behalf of the Charity in the furtherance of the Charity's objects.

### 19 Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2021 £000	2020 £000
<b>Net income (as per the Statement of Financial Activities)</b>	428	162
<b>Adjustments for:</b>		
Amortisation	2	3
Gain on investments	(282)	0
Dividends, interest and rents from investments	0	(1)
Decrease in debtors	54	211
(Decrease) / increase in creditors	(5)	(91)
<b>Net cash provided by / (used in) operating activities</b>	<b>197</b>	<b>284</b>

### 20 Transfer between funds

There were net transfers of £NIL (2019/20: £14) from restricted funds to unrestricted funds. These resulted from the closure of dormant

### 21 Material Legacies

Legacy income is only included in income where receipt is reasonably certain and the amount can be estimated with reasonable accuracy, or the legacy has been received. As at 31 March 2021 there were 2 legacies totalling £202,000 that had been notified but not received (2019/20: £264,000). These legacies have been included as income and as debtors.

### 22 Comparative figures

The comparative figures relate to the 12 month period between 1 April 2019 and 31 March 2020.

### 23 Post Balance Sheet Events

The Coronavirus pandemic has not had a detrimental impact on the charity since the year end.

## My Wish Charity

### 24 Analysis of charitable funds

Name of Fund	Source of Fund	Purpose	Fund Balance		Expenditure	(Loss) /gain on investments in year	Fund Balance
			1 April 2020	Income			31 March 2021
			£000				£000
Macmillan Service	Donations	Patient and Staff welfare	554	101	(187)	68	536
Every Heart Matters	Donations	Patient and Staff welfare	21	1	(3)	3	22
BD Allen Fund	Legacy	Training for Nursing Staff	23	(1)	(17)	2	7
Scanner Appeal	Donations	Purchase of equipment	15	0	(1)	1	15
Oncology Service	Donations	Patient and Staff welfare	17	0	(2)	2	17
SCBU	Donations	Patient and Staff welfare	38	10	(16)	4	36
Paediatric and Childrens Ward	Donations	Patient and Staff welfare	27	4	(7)	4	28
Breast Cancer Fund (ex Lizzie Duncan)	Donations	Patient and Staff welfare	58	2	(6)	8	62
Microbiology	Donations	Patient and Staff welfare	21	1	(2)	2	22
Bereavement Room	Donations	Patient welfare	14	6	(2)	1	19
Mercury Dementia Appeal	Donations	Patient and Staff welfare	37	11	(13)	5	40
Ophthalmic Fund	Donations	Patient and Staff welfare	89	11	(5)	12	107
Cardiology	Donations	Patient and Staff welfare	28	8	(4)	4	36
Palliative Care	Donations	Patient and Staff welfare	279	36	(29)	39	325
Haematology research fund	Donations	Patient and Staff welfare	15	0	(2)	2	15
Stroke services	Donations	Patient and Staff welfare	16	0	(2)	2	16
Newmarket Radiology	Donations	Patient and Staff welfare	15	0	(1)	1	15
Newmarket Hospital	Donations	Patient and Staff welfare	77	16	(12)	10	91
Wish upon a Star	Donations	Patient and Staff welfare	21	16	(6)	3	34
Chemical Pathology	Donations	Patient and Staff welfare	39	5	(6)	5	43
Critical Care	Donations	Patient and Staff welfare	10	7	(1)	1	17
Pharmacy Social Amenities	Donations	Patient and Staff welfare	14	2	(3)	2	15
Emergency Department	Donations	Patient and Staff welfare	11	10	(2)	1	20
Rheumatology	Donations	Patient and Staff welfare	50	0	(5)	6	51
Covid 19	Donations	Patient and Staff welfare	0	315	(93)	21	243
Other Restricted Funds			225	30	(45)	34	244
<b>Total Restricted Funds</b>			<b>1,714</b>	<b>591</b>	<b>(472)</b>	<b>243</b>	<b>2,076</b>
Unrestricted funds	Donations	Patient and Staff welfare	250	104	(77)	39	316
			<b>1,964</b>	<b>695</b>	<b>(549)</b>	<b>282</b>	<b>2,392</b>

These are the major funds referred to in Accounting policy note 1(b) the disclosure is based on fund previously disclosed in 2019/20 and funds with brought forward incurred during the year with balances greater than £15,000 and others where there were significant items of income and expenditure incurred during the year.