

Garth Youth Project Report 2024-2025

This report outlines the achievements of the Garth Youth Project during the year 2024-25 and presents our plans for the upcoming year, 2025-26. Building on the successes of the previous year, we have continued to enhance our community engagement, expand our sports offerings, and support the emotional health of our participants. Our commitment to serving and empowering individuals across all age groups remains steadfast.

Community Engagement and Sports Utilisation

The 4G football pitch has continued to be a cornerstone of our community engagement efforts. In 2024-25, we have further maximised its use, hosting over 200 events, including training sessions, friendly matches, and tournaments for local sports clubs, schools, and community organisations. The pitch has fostered social interaction and physical activity, attracting participants from diverse backgrounds and age groups.

This year, we expanded our sports offerings to include volleyball and yoga, alongside our existing programmes in football, basketball, netball, and fitness classes. Our "Sports for All" initiative has grown, providing tailored sessions for individuals with disabilities and ensuring inclusivity in all activities. Feedback from participants has remained overwhelmingly positive, with many expressing gratitude for the variety and accessibility of our sports programmes.

Emotional Health Workshops

Recognising the ongoing importance of emotional well-being, we have successfully delivered a series of workshops aimed at supporting school-age children and young adults. In 2024, we introduced new themes such as emotional intelligence, conflict resolution, and self-care, building on our previous offerings. These workshops have provided a safe and nurturing environment for participants to address their emotional challenges and develop essential coping mechanisms.

Through interactive activities and discussions, we have encouraged self-expression and resilience-building. Collaborating with local schools and educational professionals, we have reached over 300 children and young adults, helping them overcome barriers to learning and fostering a renewed enthusiasm for education.

Youth Club Activities and Participation

Our youth club has continued to thrive, offering 15 hours of open access activities each week. In 2024, we introduced new themed nights, such as "Cultural Exchange Night" and "STEM Saturdays," which have attracted an even broader range of participants. Our youth club now serves over 100 young people, with consistent engagement from both age groups (8-12 years and 12-18 years).

Activities have focused on promoting creativity, social interaction, and personal growth. We have incorporated more educational workshops, including financial literacy and career guidance, to equip our young participants with essential life skills. The positive relationships fostered within the club have contributed to increased self-confidence and community cohesion among the youth.

Outreach to Older Community Members

In 2024, we continued our efforts to engage older community members through initiatives such as Fun Day Fridays and parents' lunch clubs. These events have provided opportunities for adults to connect, socialise, and participate in enjoyable activities. The success of these initiatives has led us to plan more regular events for adults, including workshops on health and wellness, digital literacy, and creative hobbies.

We have also launched a "Mentorship Programme," pairing older community members with younger participants to foster intergenerational relationships and knowledge sharing. This initiative has been well-received, promoting inclusivity and community connection across all age groups.

Plans for 2025-26

Looking ahead to the year 2025-26, we are excited to announce that we will continue to expand our activities focused on mental and emotional health through sports, supported by the Levelling Up Fund. Our main priorities will include:

1. **Developing New Sports Programmes:** We will introduce new initiatives that promote teamwork, resilience, and emotional well-being, integrating physical activity with mental health education.
2. **Enhancing Existing Programmes**:** We aim to incorporate more diverse sports and recreational activities, ensuring that all young people can find something that resonates with them.
3. ****Expanding Outreach Efforts:** We will strengthen our outreach to underrepresented groups within the community, ensuring that our programmes are accessible to all.
4. **Increasing Community Partnerships:** We will seek to collaborate with additional local organisations and stakeholders to enhance our offerings and reach a broader audience.

In summary, the year 2024-25 has been a significant period for the Garth Youth Project, as we have effectively engaged our community and expanded our services. We look forward to building on these successes in the coming year.

Written by Anji Tinley

**YOUTH AND COMMUNITY PROJECT TRADING AS GARTH YOUTH & COMMUNITY PROJECT
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

YOUTH AND COMMUNITY PROJECT Trading As GARTH YOUTH & COMMUNITY PROJECT

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YOUTH AND COMMUNITY PROJECT Trading As GARTH YOUTH & COMMUNITY PROJECT
Business Details
For The Year Ended 31 March 2024

Proprietor

GARTH YOUTH AND COMMUNITY PROJECT

Accountants

SIMPLE SOLUTIONS
UNIT 8 JOHNSTON BUSINESS PARK
JOHNSTON
HAVERFORDWEST
PEMBROKESHIRE
SA62 3PL

YOUTH AND COMMUNITY PROJECT Trading As GARTH YOUTH & COMMUNITY PROJECT
Accounts Approval Statement
For The Year Ended 31 March 2024

I approve these unaudited accounts which comprise a Profit and Loss Account, Balance Sheet and related notes.
I acknowledge my responsibility for the accounts including the provision of all the information and explanations necessary for the completion.

Signed

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GARTH YOUTH AND COMMUNITY PROJECT

YOUTH AND COMMUNITY PROJECT Trading As GARTH YOUTH & COMMUNITY PROJECT
Accountant's Report
For The Year Ended 31 March 2024

In accordance with the engagement letter dated , we have prepared the accounts, which comprise the Profit and Loss account, the Balance Sheet and the related notes, from the accounting records, information and explanations provided to us.

This report is made to you in accordance with the terms of our engagement. Our work has been undertaken to enable us to prepare the accounts on your behalf and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than to you, the client, for our work or for this report.

You have approved and acknowledged your responsibility for these accounts.

We have not been instructed to complete an audit of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records, information or explanations you have provided. Therefore we do not express any opinion on the accounts.

Signed

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SIMPLE SOLUTIONS
UNIT 8 JOHNSTON BUSINESS PARK
JOHNSTON
HAVERFORDWEST
PEMBROKESHIRE
SA62 3PL

YOUTH AND COMMUNITY PROJECT Trading As GARTH YOUTH & COMMUNITY PROJECT
Profit and Loss Account
For The Year Ended 31 March 2024

	2024		2023	
	£	£	£	£
Turnover				
Unrestricted Income		116,722		172,386
Expenditure				
Wages and salaries	50,681		56,546	
Employers NI	1,092		361	
Travel expenses	741		2,409	
Heat & light	12,000		6,714	
Cleaning	172		-	
Computer software, consumables and maintenance	411		1,499	
Repairs, renewals and maintenance	26,463		24,369	
Insurance	1,205		1,150	
Printing, postage and stationery	196		1,369	
Telecommunications and data costs	1,679		1,594	
Internet costs	755		-	
Accountancy fees	540		820	
Payroll fees	400		-	
Bank charges	105		-	
Coffee shop	10,028		6,075	
Workshops	-		1,834	
Ppe	98		-	
Football Pitch	55,214		-	
		161,780		104,740
NET LOSS		(45,058)		67,646

YOUTH AND COMMUNITY PROJECT Trading As GARTH YOUTH & COMMUNITY PROJECT
Balance Sheet
As At 31 March 2024

		2024	2023
	Notes	£	£
FIXED ASSETS			
Tangible Assets	2	55,023	55,023
CURRENT ASSETS			
Cash at bank and in hand		8,466	24,385
CURRENT LIABILITIES			
Trade creditors		14,223	455
Other Taxes and Social Security		15,371	-
		29,594	455
NET CURRENT ASSETS (LIABILITIES)		(21,128)	23,930
TOTAL ASSETS LESS CURRENT LIABILITIES		33,895	78,953
NET ASSETS		33,895	78,953
CAPITAL ACCOUNT			
Balance at 1 April 2023		78,953	11,307
Profit/(Loss) for the period/year		(45,058)	67,646
Balance Carried Forward		33,895	78,953

YOUTH AND COMMUNITY PROJECT Trading As GARTH YOUTH & COMMUNITY PROJECT
Notes to the Accounts
For The Year Ended 31 March 2024

1. Accounting Policy

These unaudited accounts have been completed in accordance with UK Generally Accepted Accounting Practice guidelines and provides sufficient and relevant information to enable completion of a tax return.

2. Tangible Assets

	Land & Property Freehold £
Cost	
As at 1 April 2023	55,023
As at 31 March 2024	55,023
Net Book Value	
As at 31 March 2024	55,023
As at 1 April 2023	55,023

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