

REGISTERED CHARITY NUMBER: 1048931

Report of the Trustees and  
Financial Statements for the Year Ended 31 March 2025  
for  
North East London Community Health Care  
Charity

360 Accountants Limited  
18-19 Albion Street  
Hull  
East Yorkshire  
HU1 3TG

**North East London Community Health Care  
Charity**

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for the Year Ended 31 March 2025**

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## Reference and Administrative Details for the Year Ended 31 March 2025

|                                  |   |
|----------------------------------|---|
| <b>TRUSTEE</b>                   | <p>The North East London Foundation Trust (NELFT) is the sole corporate trustee of the North East London Community Health Care Charity. The corporate trustee's responsibilities are therefore carried out by NELFT Trust Board of Directors. The Board of Directors for this reporting period are listed below:</p> <p>Eileen Taylor – Trust Chair<br/>Susan Lees – Vice-Chair and Non-Executive Director<br/>Jasbir Sandhu – Non-Executive Director<br/>Liz Delauney – Non-Executive Director<br/>Colin Lynch – Non-Executive Director<br/>Deborah Wheeler – Non-Executive Director<br/>Dr Zaeem Haq – Non-Executive Director<br/>Neil Swift – Non-Executive Director<br/>Dr Caroline Dollery – Non-Executive Director<br/>Paul Calaminus - Chief Executive Officer<br/>Dr Mohit Venkataram - Deputy Chief Executive Officer<br/>Navin Kalia – Chief Financial Officer<br/>Simon Hart – Executive Director of People and Culture<br/>Wellington Makala – Executive Chief Nursing Officer/ Executive Director of AHP and Psychological Professions<br/>Caroline Allum – Executive Medical Director<br/>Brid Johnson – Chief Operating Officer<br/>Clare Burns – Executive Director of Partnerships<br/>Dr Judith Friedman – Executive Director of Allied Health Professions, Psychological Professions and Social Work (from September 2025)<br/>Dr Helene Brown – Acting Medical (from January 2025)<br/>Malcolm Young – Executive Director of Finance (left July 2024)<br/>Selina Douglas – Executive Director of Partnerships (left April 2024)</p> |
| <b>PRINCIPAL ADDRESS</b>         | <p>NELFT, CEME Centre<br/>West Wing<br/>Marsh Way<br/>Rainham RM13 8GQ</p>  |
| <b>REGISTERED CHARITY NUMBER</b> | <p>1048931</p>  |
| <b>INDEPENDENT EXAMINER</b>      | <p>360 Accountants Limited<br/>18-19 Albion Street<br/>Hull HU1 3TG</p>   |

**Reference and Administrative Details for the Year Ended 31 March 2025**

**BANKERS** National Westminster Bank  
120/122 High Street  
Hornchurch RM12 4UL

**INVESTMENT  
MANAGERS** Rathbones  
30 Gresham Street  
London EC2V 7QN

## **Chair's Report for the Year Ended 31 March 2025**

Welcome to our annual report for the financial period 2024-2025. The NELFT NHS Charity is the working name of the North East London Community Healthcare Charity. We are an NHS charity whose corporate trustee is the Board of North East London Foundation Trust (NELFT). The NELFT NHS Charity supports NELFT to deliver what NHS funding cannot.

Our key achievements in 2024-25 include:

- The completion of our community support project in conjunction with Kingsley Hall to support vulnerable people within the community of Barking and Dagenham. The project was a success with many local businesses getting involved with the project and allowing for a much higher number of beneficiaries than was expected originally.
- Our Health and Wellbeing Grant from NHS Charities Together being implemented to support the creation and development of staff areas across 42 of our sites. This allowed staff to be able to use their staff areas for their breaks with comfortable seating and giving them well earned respite from their busy roles.
- Rebranding the charity to be more in line with those people who we support; the branding of NELFT NHS Charity helps us to be recognised in line with
- Delivering our Circle of Wishes and completing 35 wishes for our services across the course of the year.
- Providing over 400 presents for our inpatients on Christmas Day across our wards in London, Essex and Kent.
- Implementing a new Charity Operating Group with members of the group being staff members and patient involvement representatives, giving their time to allow for open discussions about the charity and requests from the charity being agreed from a multidisciplinary perspective.

The past twelve months have been a look back at what has been achieved throughout the pandemic and how to move forward with the support from local businesses, volunteers and communities with the charity to ensure that local people are aware of the NELFT NHS Charity and the difference that it makes for our service users.

As the NELFT NHS Charity journey continues we will continue to work closely with our staff, patients and communities to identify ways we can have an impact as a charity.

If you would like to support the NELFT NHS Charity, please do get in touch with our charity team. Whether it is through fundraising events, regular material or monetary donations or volunteering your time to support the charity, what you can help to provide is what keeps the NELFT NHS Charity able to give back to our services users and services within NELFT.

Eileen Taylor –Chair of NELFT NHS Foundation Trust

## **Report of the Trustees for the Year Ended 31 March 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019).

### **Who We Are**

The NELFT NHS Charity is the working name of the North East London Community Healthcare Charity. It is a registered charity (registered number 1048931). We exist to support North East London Foundation Trust (NELFT) for the benefit of the patients of NELFT. By attracting donations, legacies and sponsorship, along with running fundraising activities, the NELFT NHS Charity can make a real difference for our service users, carers, their families and the staff who look after them.

NELFT provides an extensive range of integrated community and mental health services for people living in the London boroughs of Barking & Dagenham, Havering, Redbridge and Waltham Forest and community health services for people living in the South West Essex areas of Basildon, Brentwood and Thurrock. We provide an Emotional Wellbeing Mental Health Service for children and young people across the whole of Essex. We are the provider of all age eating disorder services and child and adolescent mental health services across Kent and Medway.

### **Our Values**

We share our values with NELFT as it is important have one core set of values to provide an underlying consistency to how we all work. These values are:

- We are kind
- We are respectful
- We work together with our communities

It is the responsibility of the Corporate Trustee, staff, and volunteers to demonstrate these values in their actions and decisions, and those who apply for grants must ensure that these values are embedded in the application.

### **Our Vision**

Our vision is to be a leading charity in our community, supporting our community to enhance their NHS Trust.



## Report of the Trustees for the Year Ended 31 March 2025

### **Our Beneficiaries**

The NELFT NHS Charity will focus on enhancing and enriching the lives of NELFT service users and carers as the primary beneficiaries of the charity's work.

NELFT staff are also able to benefit from the charity's work and the work that is done within the Trust. Improved wellbeing for staff has been a focus this year; happy staff work better and therefore this leads to a better service which in turn improves patient experience. The charity is thrilled to be able to continue with this work into the following year thanks to a grant from NHS Charities Together that will allow for this to continue.

The role of the charity is to enrich, enhance, support and innovate to enable service users and carers to experience the highest quality of care it is possible to deliver.

### **Our Mission**

Our mission is to support NELFT in providing the best care by the best people by improving the patient experience of our service users, carers, staff and communities above and beyond that which is provided by the NHS.

### **Fencing for Mayflower Community Hospital Gardening Area**

The team requested fencing for the area created to support gardening groups at the Mayflower Community Hospital which provides services for those with long-term conditions. This would then provide a safer space for those wishing to undertake horticultural therapy, especially young people.



## **Report of the Trustees for the Year Ended 31 March 2025**

### **ACHIEVEMENTS AND PERFORMANCE**

The NELFT NHS Charity focuses on providing benefits to NHS patients through investing in environments, patient activities, staff wellbeing, innovation and non-essential equipment. The charity has continued to see support from grateful service users and families as well as involving the local communities. With this increased support the NELFT NHS Charity can look towards larger projects and supporting further within NELFT than it has been able to in the past. The charity continues to encourage these supporters to remain involved to further support what is possible.

#### **TOTAL INCOME**

49,000

Donations (£20,000)

Fundraising (£13,000)

Grants (£12,000)

Investment Income (£4,000)

## **Report of the Trustees for the Year Ended 31 March 2025**

The NELFT NHS Charity received donations, fundraising and legacies of £33,000 during this financial period.

### **Donations to the NELFT NHS Charity**

The charity thanks all those who have donated to the charity over the financial period 2024-2025. Your donations help to support the NELFT NHS Charity to do more and support our NHS services. Thank you to those who are regular monthly supporters and if you are interested in supporting in this way please do get in touch.

### **Fundraising by the Charity**

The NELFT NHS Charity continued to raise funds for the charity and promote fundraising activities within the organisation.

The NELFT NHS Charity continues to be involved with Your Charity Lottery and this is advertised to staff through the website. The charity is also signed up to EasyFundraising for supporters to be able to donate through their online shopping.



The charity also took on the Microhive donations this financial year from NELFT staff members. This is where the pennies from staff members payslips are taken and donated to the charity. So, if a payslip is £1,000.51 then 51p is donated the charity.

### **Paediatric Physiotherapy Team Away Day Fundraising**

The paediatric physiotherapy team used their team away day to combine it with an opportunity to raise funds for the NELFT NHS Charity. Completing a 22 km walk and crossing over 12 bridges in Central London on their away day, the team raised £1,200!



## **Report of the Trustees for the Year Ended 31 March 2025**

### **Grant Income**

There was £12,000 given to the NELFT NHS Charity in grants.

Grants were received during this financial period from the Kusuma Trust, the BUPA Foundation and from the Grace Trust. All of these grants were given to support our adolescent mental health inpatient units and sensory areas to help the young people understand their sensory needs.



### Case Study: NHS Charities Together Stage 2 Grant

The NELFT NHS Charity worked together with three strategic lead community groups in the London Borough of Barking & Dagenham to deliver and led on a roll out of community based mental health divergents and post crisis support to ten other smaller community groups. It was planned that over 250 individuals would benefit from this support throughout the two year period.

The community groups included options such as housing support, photograph groups, walking groups, peer support groups, coffee mornings, financial support and advice and performing arts groups. After the first twelve months it was shown that the groups were successful and funding was given for another ten groups.

To support the mental health and wellbeing of the community, three volunteers were trained with mental health first aid. It was planned that these volunteers would be available on an ad hoc basis but, due to the success of the groups, these volunteers attended most sessions. They also ended up offering wellbeing advice, not only to the users of the groups but also to those running the groups. It was noted that there was an improvement in mental health to those running the groups as well as those involved in attending the groups due to this additional intervention. In turn, over 100 staff and volunteers from the groups were up-skilled across 24 months.

All of the groups benefited from the elements of learning together and also working with the mental health first aid trainers. The groups effectively evolved from the first aid trainer being the leader and they joined with groups across the project to help deliver during group sessions as well.

There ended up being a really wide range of intervention in both georographic spread, age, demographic and need. This mix was cross representative of the borough. There was a good mix of groups and it was reflective of beneficiaries that were seen; parenting, disability etc. Helped to make the learning rich due to the different groups that were involved in the project and supporting the local community

There were a number of other community groups and also civic society partners that got involved and supported our beneficiaries when our funded groups were not running either through further support or offering advice. This in turn lead to a creation of a local services map which showed over 1000 other community groups and civic society partners where people could reach out for further mental health interventions.

#### Outcomes:

- High impact of improved wellbeing of volunteers and staff involved in delivery. Group sessions had open sharing and front line volunteers had a safe space to be open with each other. Out of that feedback 1:1 sessions with the mental health first aider were accessed and supported those front line people.
- The ability to scale out to other aspects of civic society and how open people are to collaborate and support and how much support is actually taking place within these settings (ie the local shop or hairdressers) and how much local residents support each other. Highlights not only a need but also the social resilience that people have – people helping people.
- The project served to notice that a big part of wellbeing is over and above what the clinical care piece is and how the community can support with the additional bits (ie helping with housing or food or talking to vulnerable people or helping to complete and fill in forms). People can be in care for longer as there is not enough post crisis support in the NHS that can be delivered easily that could be completed within the community. Effective working at both ends of NHS and the local community will support to get these people back within the community post crisis during the journey.

The project funding came to an end in July 2024. It was confirmed that over this two year period these community groups gave a delivery of community based interventions to more than 1200 vulnerable people across the two years of delivery; almost 1,000 more intervention than what had originally been planned.



## **Report of the Trustees for the Year Ended 31 March 2025**

This was a lower performing year than the previous year. NHS Charities Together grants had been a high income source for the past few years. In addition to this there had been some changes within the charity which had created some lower income months while administrative changes occurred for the charity.

As these changes — including growing and nurturing a strong volunteer base, raising the charity's profile locally, and working in partnership with local community interest companies (CICs) to strengthen and deepen collaborative relationships — are implemented in the following financial period, it is anticipated that they will help to generate a more diverse range of income streams which, over the longer term, will support greater sustainability for the charity.

Fundraising activities is benchmarked against peers throughout NHS Charities together and the team monitors the comparative success of campaigns and overall fundraising cost to income ratios. The NELFT NHS Charity performed under the average range of the national comparison when compared with other mental health and community trusts. The charity spent time last year reviewing their strategic objectives and plans and rebranding the charity which may have also taken some time away from our fundraising plans.

## Report of the Trustees for the Year Ended 31 March 2025

### Investment Performance

For the year ending 31 March 2025, the portfolio returned 3.96% in gross terms, whilst the benchmark returned 3.11% and the ARC Sterling Balanced Asset Charities index returned 3.44%.

During the year, the best performing asset classes in absolute terms were Emerging Markets and Alternative Assets rising 6.2% and 9.7%, respectively. Within Alternative Assets, gold lead the way via the holding of the Invesco Physical Secured Gold linked Notes tracker. Overseas Fixed Income delivered a healthy 5.1%.

The worst relative performers versus the constituent benchmarks, were the USA and generalist international equity funds such as Schroder Global Alternative Energy.

At the end of the reporting period, the portfolio was valued at £180,317 and had an income yield of 2.69% producing an income of £4000 in the year. No funds were withdrawn from the portfolio during this period.

### **NHS Charities Together Grant: Staff Health and Wellbeing**

The NELFT NHS Charity received a grant from NHS Charities Together to support staff wellbeing.

The charity used the funding to improve staff areas and over 40 different sites were able to benefit from the funding

Staff have commented that it has helped their own wellbeing being able to have a space that they can take time away from their roles to have a break



## Report of the Trustees for the Year Ended 31 March 2025

### **ENSURING YOUR FUNDS ARE SPENT WISELY**

#### **Circle of Wishes**

The Circle of Wishes is the way in which staff, patients, family, friends and members of the community can apply for funding to support NELFT services. This application form is available to staff to complete. Each request is submitted to the charity team and then presented to the Charity Operating Group, which meets monthly to provide operational guidance for the charity team and make decisions about grant requests.

The funding for these applications are made in accordance with charity law, our constitution, the wishes of applicants and directions of donors. In applying for funding, the charity endeavours to reflect the wishes of patients and staff by supporting their application as much as possible. In accordance with best practice the charity works to ensure that donor's wishes and requests go to the team or service the donor has given for.

In 2024-2025 there were 92 wishes that were requested, of these the NELFT NHS Charity managed to successfully grant 35 of these wishes. There were 23 requests that were declined due to not being within the scope of the charitable objects and 30 requests that were part of a larger grant project of staff wellbeing. The remaining four have been moved into the new financial year to be completed.

During the financial period of 2024/2025, the NELFT NHS Charity provided funding for

#### Patient activities

- Support given to both of the NELFT adolescent inpatient units (Brookside and Kent and Medway Adolescent Hospital) during the school holidays by providing funding for the young people to undertake activities both on and off site.
- The inpatient units to give presents for all patients that were on site during the Christmas period.
- Garden hoses and plants for the Long-Term Condition Centre at Mayflower Community Hospital which will support wheelchair and prosthetic service users to have horticultural therapy.
- Duffel bags for Kent and Medway Adolescent Hospital to give to Look After Children an item of their own when they attend the unit with their own items in plastic bags; often they are asked to leave quickly, and they are forced to put all their items inside a black bin bag and these bags will provide them with a sense of dignity.
- Sensory items for the Older Adult Mental Health teams to undertake sensory awareness group sessions.
- Support for the Refugee Psychology service to enable them to assist service users with funding for emergency items.



## Report of the Trustees for the Year Ended 31 March 2025

### NELFT Environments

- Items for the sensory garden at Kent and Medway Adolescent Hospital.
- Furniture and appliances for staff rooms to support staff health and wellbeing.
- Fencing of the garden area for the Mayflower Community Hospital to keep the horticultural groups safe from traffic.

### The NELFT Community

- Completion of the Stage 2 Community Partnership grant within the Barking and Dagenham area which, ended up benefitting over 1,000 members of the community.
- Funding for Global Majority Network Christmas Event with local third sector groups who support vulnerable families over the festive period.

To ensure that charity's funds are well spent, applications for funding are put through the Circle of Wishes programme which allows an equal and fair system for all to be able to apply for funding. Applications are reviewed by a multidisciplinary panel on a monthly basis, and this group makes the decision for approval and review.

Once a wish has been completed, a funding summary is sent to the applicants for completion. This summary provides the charity the ability to monitor and evaluate the support in which is being given to NELFT and what the difference being made is. The information given on the summary allows the charity to understand how the funding given has been spent and how this has improved patient experience and care within NELFT. It monitors to ensure that the funds are not being used where government funding should but also supports with cases where funding through the charity should be business as usual due to the impact it has had on the improvement of patient experience. The summary also informs the future grant making policy as well as providing a basis for assessing performance.

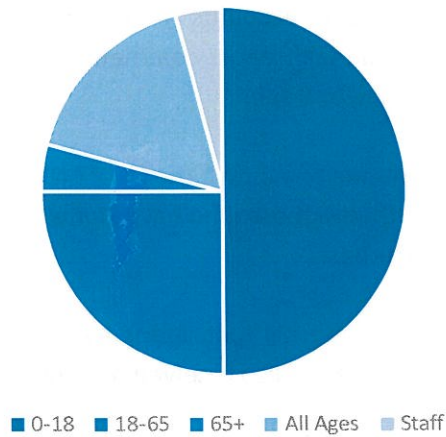
### **Christmas Presents for Inpatients**

Over 400 service users who spent Christmas Day on one of the NELFT Wards received a gift from the NELFT NHS Charity. The items included motivational cards and boredom busters!

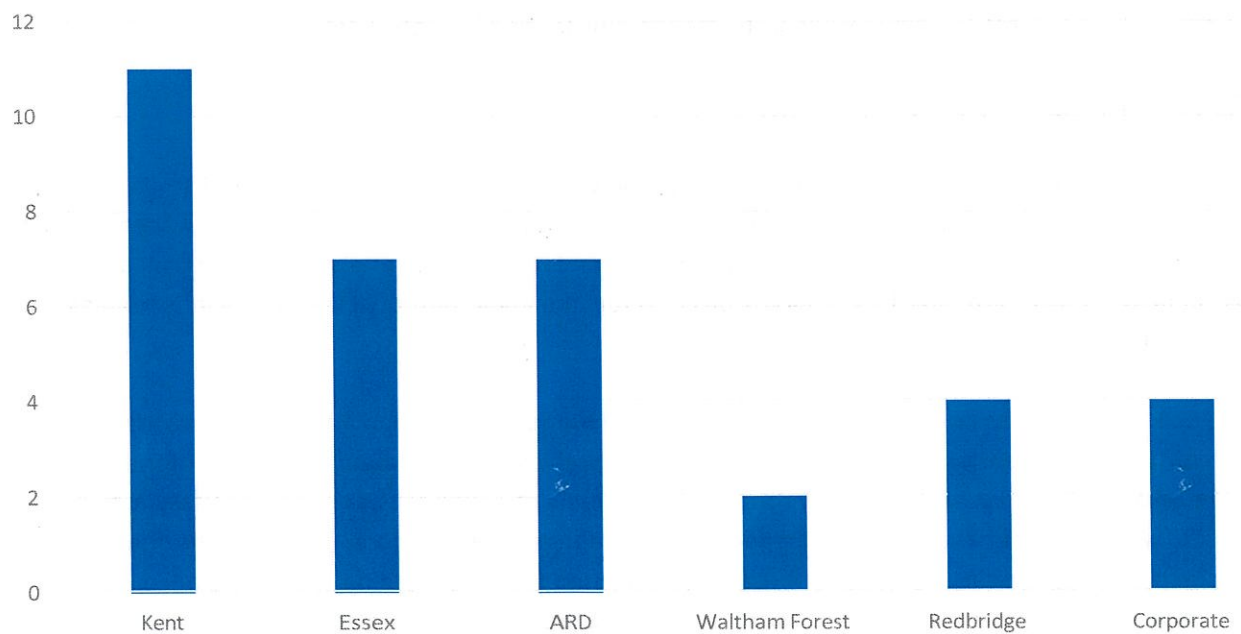
Members of the Board enjoyed playing 'Santa' and delivering the presents to the wards



### Circle of Wishes Approved by Beneficiary Ages



### Wishes Granted by Directorate





## Report of the Trustees of the year ended 31 March 2025

### **FINANCIAL REVIEW**

#### **Principal funding sources**

The following figures are taken from the full accounts. If more details are required, please refer to the full accounts. This part of the trustee's annual report comments on key features of those accounts. This section explains how money was raised and spent.

Donations (£20,000): The public continue to support the NELFT NHS Charity with donations to the Charity to support our mission. The charity thanks those who have kindly donated throughout the year and those who continue to support on a regular basis.

Fundraising (£13,000): Along with our internal fundraising events, including the May Step Challenge to support National Walking month, the charity also received money from Our Charity Lottery on a quarterly basis and Microhive.

Other grants (£12,000): Grants were received this financial year from Kusuma Trust, Bupa Foundation and The Grace Trust.

Investment Income (£4,000): The Committee have agreed that any investment income we receive is reinvested with Investec. Investment performance is described in further detail above.

#### **Reserves Policy**

The Corporate Trustee has a policy of spending wisely and charitable funds entrusted to its care. The policy is that the funds must be spent for the purposes for which they were received and, at the time, most beneficial to the recipients. Funds should not be accumulated, unless for a specific purpose, and should be spent promptly. The target for reserves was to retain the equivalent of at least one year's running costs of the Charity.

The Charitable Fund is comprised of four funds, the one endowment fund and three unrestricted funds, one for Essex and Kent and one for London locality as well as a general fund. All bids for funds received were taken to the Charity Operating Group, which consists of a number of multidisciplinary members of NELFT, who volunteer their time to attend these meetings. The decisions regarding the funding were discussed during these meetings with those who requested the funding to be open and transparent about the decision making processes. The Charity Operating Group met monthly from September 2024 and so requests were reviewed on a monthly basis.

## Report of the Trustees of the year ended 31 March 2025

### **FUTURE PLANS**

To achieve its mission, the charity works with NELFT staff, service, service users and the local community to develop the facilities and environments to treat service users of all ages with mental and physical health conditions. This includes growing and nurturing a strong volunteer base, raising the charity's profile locally, and working in partnership with local community interest companies (CICs) to strengthen and deepen collaborative relationships.

The past twelve months were a journey of working out what was right for us as an NHS Charity. The rebranding to the NELFT NHS Charity was to ensure that it is recognised as a brand within our local communities as a more identifiable charity that works alongside NELFT to support those who need our help. New systems were put in place as well as a multidisciplinary committee to review all requests for funding. This committee meets monthly to openly review requests and discuss with different perspectives from the committee.

The NELFT NHS Charity plans to continue to build on public support and interest. Creating wider visibility across all sites and getting support from local businesses to become a well-known entity within the local areas this will help to garner interest from the wider community and in turn allow for more funding to be allocated to our services to improve patient experience within NELFT.

The charity's ambitions continue to be to support NELFT to be the best NHS mental health and community trust it can be and to improve the experience of patients and the working lives of staff. In addition to the work being completed to plan for the future of the NELFT NHS Charity, the charity continues to raise income to fulfil any requests including those which help its work with NHS partners to transform the health prospects for patients with mental and physical health conditions in the community.

Your support makes these plans possible so please consider helping us by making a donation to the NELFT NHS Charity or get in touch to see how best to support at [Charity@nelft.nhs.uk](mailto:Charity@nelft.nhs.uk).



## **Report of the Trustees of the year ended 31 March 2025**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The Charity is controlled by its governing document, the NELFT deed of trust, and constitutes an unincorporated charity.

North East London Community Health Care Charity (working name Health Way Foundation) was formerly known as BHB Community Trust Charity when associated with BHB Community Health Care NHS Trust. The Trust was dissolved on 31 March 2001, and the services provided by the Trust became the responsibility of the new Trust named in transfer orders issued by the department of Health.

By similar transfer orders, Redbridge Health Care NHS Trust, and Forest Health Care NHS Trust were also dissolved on 31 March 2001. The Charitable Funds associated with these Trusts were therefore passed on to their successor organisations, of which North East London NHS Foundation Trust was one. Divisions of the available monies was made on the basis of internal records which identified the services which had generated them.

In Accordance with the direction contained within the transfer order issued by the Regional Health Authority, the total resources held by the former BHB community trust Charity remain under the administration of North East London NHS Foundation Trust. The interests of each successor organisation are represented with the membership of the Charitable Fund Committee.

#### **Recruitment and appointment of new trustees**

North East London NHS Foundation Trust is the Corporate Trustee of the Charity and there is no appointment of trustees. All new appointments of the Trust Board only act as agents of the Corporate Trustee.

#### **The Charitable Funds Committee**

The Trust Board has agreed the terms of reference of a Charitable Funds Committee to provide assurance that the Trust's charitable activities are within the law and regulations set by the Charity Commission and that best practice is followed with regard to the stewardship of all funds held. The committee is authorised by the board to monitor all aspects of charitable activity within the Trust and act on its behalf in fulfilling the legal duties and responsibilities of trustees in managing funds.

Membership consists of three non-executive directors, one of whom will act as chair, three executive directors and the Director of Communications, Engagement and Charitable Funds (as the operational lead).



## Report of the Trustees of the year ended 31 March 2025

The duties of the Committee on behalf of the Trust, as corporate trustee, will include the following.

- To manage the Charitable Funds within their respective terms and within law, equity regulation, good practice, and audit recommendation.
- Contribute to and approve the Charity Strategy and objectives, ensuring consistency with the Trust's overall strategic direction and values.
- To ensure that the risks of the charitable funds are identified and review the risk register on a quarterly basis.
- Oversee the implementation of an infrastructure appropriate to the efficient and effective running of the Charity including resource, marketing materials, database, equipment, banking, insurance, and legal services.
- Review the Charity's income and expenditure ensuring it meets the Charity's objectives and is in line with legislative requirements.
- To encourage and promote the charitable functions of the trust.
- To approve spending plans and authorise expenditure above the delegated limits of individual fund managers, any request over £10,000 are to come to the committee for approval.
- To establish and review investment strategy and monitor the performance of the portfolio.
- To review audit recommendations relating to the funds and ensure that they are implemented in a timely manner.

The Charitable Funds Committee is a strategic, oversight, and assurance committee focused on the raising and management of charitable funds. The committee met on four occasions during 2024/25.

| Charitable Funds Committee |                               |
|----------------------------|-------------------------------|
| Director                   | Attended<br>(Actual/possible) |
| Non-Executive Director     |                               |
| Jasbir Sandur (Chair)      | 4 of 4                        |
| Colin Lynch                | 2 of 4                        |
| Neil Swift                 | 4 of 4                        |
| Executive Directors        |                               |
| Mohit Venkataram           | 4 of 4                        |
| Wellington Makala          | 2 of 4                        |
| Navin Kalia                | 4 of 4                        |

## **Report of the Trustees of the year ended 31 March 2025**

### **Risk Management**

The Corporate Trustee has a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The major risks to which the Charity is exposed have been identified and considered through a risk register. This is regularly reviewed by the Charitable Funds Committee.

The most significant risks identified have mitigating factors against them to reduce the risk to the charity.

Investment losses are high risk so there are procedures in place to review the investment policy and to ensure that both spending and firm financial commitments remain in line with income. There is also a risk to cover support costs with unrestricted funding.

Income and expenditure are monitored in total and is compared with prior year trends as part of the risk management process to avoid unforeseen calls on reserves. The accounts are subject to an independent review.

The Charitable Funds Committee receives a quarterly report on Charitable Funds spend. The Committee Chair provides an update to the Trust Board.

Approved by order of the board of trustees on 22 January 2026 and signed on its behalf by:

**Eileen Taylor – Chair of NELFT NHS Foundation Trust**

A handwritten signature in black ink, appearing to read 'E Taylor', written in a cursive style.

**Independent Examiner's Report to the Trustees of North East London Community Healthcare  
Charity**

**Independent examiner's report to the trustees of the North East London Community Health Care  
Charity**

I report to the charity trustees on my examination of the accounts of North East London Community Health Care Charity (the Trust) for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("The Act")

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sophie Holmes  
ACA FCCA  
360 Accountants Limited  
18-19 Albion Street  
Hull  
East Yorkshire  
HU1 3TG  
Date: 16/12/2025

**Statement of Financial Activities for the Year Ended 31 March 2025**

|  | Notes | Unrestricted<br>Fund<br>£ | Endowment<br>Fund<br>£ | 31/03/25<br>Total<br>Funds<br>£ | 31/03/24<br>Total<br>Funds<br>£ |
|--|-------|---------------------------|------------------------|---------------------------------|---------------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>                    |       |                           |                        |                                 |                                 |
| Donations and legacies                               |       | 33,000                    |                        | 33,000                          | 25,000                          |
| Investment income                                    | 2     | 3,000                     | 1,000                  | 4,000                           | 4,000                           |
| Other income   |       | 12,000                    |                        | 12,000                          | 278,000                         |
| <b>Total</b>   |       | <b>48,000</b>             | <b>1,000</b>           | <b>49,000</b>                   | <b>307,000</b>                  |
| <b>EXPENDITURE ON</b>                                |       |                           |                        |                                 |                                 |
| Raising funds  |       | 1,000                     | 1,000                  | 2,000                           | 2,000                           |
| <b>Charitable activities</b>                         |       |                           |                        |                                 |                                 |
| Costs associated with raising donations and legacies |       | 87,000                    |                        | 87,000                          | 69,000                          |
| Other expenditure                                    |       | 96,000                    |                        | 96,000                          | 92,000                          |
| <b>Total</b>   |       | <b>184,000</b>            | <b>1,000</b>           | <b>185,000</b>                  | <b>163,000</b>                  |
| Net Gains (losses) on investments                    |       | 2,000                     |                        | 2,000                           | 9,000                           |
| <b>NET INCOME (EXPENDITURE)</b>                      |       | <b>(134,000)</b>          |                        | <b>(134,000)</b>                | <b>153,000</b>                  |
| <b>RECONCILLATION OF FUNDS</b>                       |       |                           |                        |                                 |                                 |
| Total funds brought forward                          |       | 372,000                   | 9,000                  | 381,000                         | 228,000                         |
| <b>TOTAL FUNDS CARRIED FORWARD</b>                   | 4     | <b>238,000</b>            | <b>9,000</b>           | <b>247,000</b>                  | <b>381,000</b>                  |
|  |       |                           |                        |                                 |                                 |
|  |       |                           |                        |                                 |                                 |
|  |       |                           |                        |                                 |                                 |
|  |       |                           |                        |                                 |                                 |



**Balance Sheet for Year Ended 31 March 2025**

|  | Notes | Unrestricted<br>Fund<br>£ | Endowment<br>Fund<br>£ | 31/03/25<br>Total<br>Funds<br>£ | 31/03/24<br>Total<br>Funds<br>£ |
|--|-------|---------------------------|------------------------|---------------------------------|---------------------------------|
| <b>FIXED ASSETS</b>                          |       |                           |                        |                                 |                                 |
| Investment property                          | 5     | 179,000                   |                        | 179,000                         | 173,000                         |
|  |       |                           |                        |                                 |                                 |
| <b>CURRENT ASSETS</b>                        |       |                           |                        |                                 |                                 |
| Debtors                                      | 6     | -                         | -                      |                                 |                                 |
| Cash at bank                                 |       | 95,000                    | 9,000                  | 104,000                         | 238,000                         |
| Total  |       | <u>95,000</u>             | <u>9,000</u>           | <u>104,000</u>                  | <u>238,000</u>                  |
|  |       |                           |                        |                                 |                                 |
| <b>CREDITORS</b>                             |       |                           |                        |                                 |                                 |
| Amounts falling due within one year          | 7     | (36,000)                  |                        | (36,000)                        | (30,000)                        |
|  |       |                           |                        |                                 |                                 |
| <b>NET CURRENT ASSETS</b>                    |       | <u>59,000</u>             | <u>9,000</u>           | <u>68,000</u>                   | <u>208,000</u>                  |
|  |       |                           |                        |                                 |                                 |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>238,000</u>            | <u>9,000</u>           | <u>247,000</u>                  | <u>381,000</u>                  |
|  |       |                           |                        |                                 |                                 |
| <b>NET ASSETS</b>                            |       | <u>238,000</u>            | <u>9,000</u>           | <u>247,000</u>                  | <u>381,000</u>                  |
|  |       |                           |                        |                                 |                                 |
|  |       |                           |                        |                                 |                                 |
|  |       |                           |                        |                                 |                                 |
| <b>FUNDS</b>                                 | 8     |                           |                        |                                 |                                 |
| Unrestricted funds                           |       |                           |                        | 238,000                         | 372,000                         |
| Endowments funds                             |       |                           |                        | 9,000                           | 9,000                           |
|  |       |                           |                        |                                 |                                 |
| <b>TOTAL FUNDS</b>                           |       |                           |                        | <u>247,000</u>                  | <u>381,000</u>                  |
|  |       |                           |                        |                                 |                                 |
|  |       |                           |                        |                                 |                                 |

The financial statements were approved by the Board of Trustees and authorised for issue on 22 January 2026 and were signed on its behalf by:

**Dr Mohit Venkataram – Deputy Chief Executive Office of NELFT NHS Foundation Trust**



**Eileen Taylor – Chair of NELFT NHS Foundation Trust**





**Cash Flow Statement for the Year Ended 31 March 2025**

|   | Notes | 31/03/25<br>£    | 31/03/24<br>£  |
|---|-------|------------------|----------------|
| <b>Cash Flows from operating activities</b>                               |       |                  |                |
| Cash generated from operations  | 1     | (130,000)        | 146,000        |
| Net cash provided by operating activities                                 |       | <u>(130,000)</u> | <u>146,000</u> |
| <b>Cash flows from investing activities</b>                               |       |                  |                |
| Purchase of investment property   |       | (63,000)         | (25,000)       |
| Sale of investment property   |       | 59,000           | 22,000         |
| Net cash (used in) provided by investing activities                       |       | <u>(4,000)</u>   | <u>3,000</u>   |
| <b>Cash flows from financing activities</b>                               |       |                  |                |
| Income attributable to endowment  |       | 1,000            | 1,000          |
| Expenditure attributable to endowment                                     |       | <u>(1,000)</u>   | <u>(1,000)</u> |
| Net cash provided by/(used in) financing activities                       |       | -                | -              |
| <b>Change in cash and cash equivalents in the reporting period</b>        |       | <u>(134,000)</u> | <u>143,000</u> |
| <b>Cash and cash equivalents at the beginning of the reporting period</b> |       | 238,000          | 95,000         |
| <b>Cash and cash equivalents at the end of the reporting period</b>       | 2     | <u>104,000</u>   | <u>238,000</u> |
|   |       |                  |                |
|   |       |                  |                |
|   |       |                  |                |
|   |       |                  |                |

Foot notes

Cash generated from operations showing a negative in 2025 relates to a reduction in NHS grant funding as well as expenditure exceeding income for the year.

Purchase and Sale of investment property does not relate to property but to investing performance of shares activities of the charity.

**Notes to the Cash Flow Statement for the Year Ended 31 March 2025**

**1. RECONCILIATION OF NET INCOME (EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

|   |  |  |  | <b>31/03/25</b>         | <b>31/03/24</b>       |
|---|--|--|--|-------------------------|-----------------------|
|   |  |  |  | <b>£</b>                | <b>£</b>              |
| <b>Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)</b> |  |  |  | <b>(134,000)</b>        | <b>153,000</b>        |
| <b>Adjustments for:</b>   |  |  |  |                         |                       |
| (Gain)/losses on investments  |  |  |  | <b>(2,000)</b>          | <b>9,000</b>          |
| Income attributable to endowment  |  |  |  | <b>(1,000)</b>          | <b>(1,000)</b>        |
| Expenditure attributable to endowment   |  |  |  | <b>1,000</b>            | <b>1,000</b>          |
| Decrease/(increase) in debtors  |  |  |  |                         |                       |
| (Decrease)/increase in creditors  |  |  |  | <b>6,000</b>            | <b>2,000</b>          |
|   |  |  |  |                         |                       |
| <b>Net Cash provided by operations</b>  |  |  |  | <b><u>(130,000)</u></b> | <b><u>146,000</u></b> |
|   |  |  |  |                         |                       |

**2. ANALYSIS OF CHANGES IN NET FUNDS**

|                 |  |  | <b>At 01/04/24</b>    | <b>Cash Flow</b>        | <b>At 31/03/25</b>    |
|-----------------|--|--|-----------------------|-------------------------|-----------------------|
|                 |  |  | <b>£</b>              | <b>£</b>                | <b>£</b>              |
| <b>Net Cash</b> |  |  |                       |                         |                       |
| Cash at Bank    |  |  | <b>238,000</b>        | <b>(134,000)</b>        | <b>104,000</b>        |
|                 |  |  |                       |                         |                       |
| <b>Total</b>    |  |  | <b><u>238,000</u></b> | <b><u>(134,000)</u></b> | <b><u>104,000</u></b> |
|                 |  |  |                       |                         |                       |

## **Notes to the Financial Statements for the Year Ended 31 March 2025**

### **1. ACCOUNTING POLICIES**

#### **Basics of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

The charity constitutes a public benefit entity as defined by FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items of fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £000.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented.

#### **Income and endowments**

All incoming resources are recognised once the charity has entitlement to the resources, if it is certain that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability. Incoming resources from endowment funds are restricted.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity. This is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due. This is normally upon notification by our investment advisor of the dividend yield of the investment portfolio.

#### **Expenditure recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

#### **Expenditure on raising funds**

The costs of generating funds consists of investment management costs.

#### **Costs of charitable activities**

Costs of charitable activities include governance costs and an apportionment of support costs.



## **Notes to the Financial Statements for the Year Ended 31 March 2025 – continued**

### **Fixed assets investments**

Investment property is shown at most recent valuation. Any aggregate surplus or deficit arising from changes in fair value is recognised in the Statement of Financial Activities.

Investments are initially recognised at their transaction value and are subsequently measured at their fair value (market value) as at the Balance Sheet date. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund Structure**

Restricted funds are funds which are to be used in accordance with specific restriction imposed by the donor. Where the restriction requires the gift to be invested to produce income, but the trustee has the power to spend the capital, it is classed as expended endowment.

Unrestricted funds comprise those funds which the trustee is free to use for any purpose in furtherance of the charitable objectives. Unrestricted funds include designated funds, where the donor has made known their non-binding wishes or where the trustee, at its discretion, has created a fund for a specific purpose.

The charity currently has:

One expendable endowment – Brown Bequest and

Three unrestricted funds – Essex and Kent, London and General.

### **Cash and cash equivalents**

Previously cash held with Investec for the purchase of shares on the market were shown together with the fixed asset investment on the face of the balance sheet. As these are very liquid funds and can be recalled at any time, they are now included within cash and cash equivalents.

### **Released gains and losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening market value (or date of purchase if later).

## **2. INVESTMENT INCOME**

|           | <b>31/03/25</b><br><b>£</b> | <b>31/03/24</b><br><b>£</b> |
|-----------|-----------------------------|-----------------------------|
| Dividends | <b>4,000</b>                | 4,000                       |



**Notes to the Financial Statements for the Year Ended 31 March 2025 - continued**

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There was no trustee remuneration, other benefits or expenses paid for the year ended 31<sup>st</sup> March 2025.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31<sup>st</sup> March 2025 nor for the year ended 31<sup>st</sup> March 2024.

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|  |  | <b>Unrestricted<br/>Funds<br/>£</b> | <b>Endowment<br/>Funds<br/>£</b> | <b>Total Funds<br/>£</b> |
|--|--|-------------------------------------|----------------------------------|--------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>                    |  |                                     |                                  |                          |
| Donations and legacies                               |  | 25,000                              |                                  | 25,000                   |
| Investment income                                    |  | 3,000                               | 1,000                            | 4,000                    |
| Other income   |  | 278,000                             |                                  | 278,000                  |
|  |  |                                     |                                  |                          |
| <b>Total</b>   |  | <u>306,000</u>                      | <u>1,000</u>                     | <u>307,000</u>           |
|  |  |                                     |                                  |                          |
| <b>EXPENDITURE ON</b>                                |  |                                     |                                  |                          |
| Raising funds  |  | 1,000                               | 1,000                            | 2,000                    |
|  |  |                                     |                                  |                          |
| <b>Charitable activities</b>                         |  |                                     |                                  |                          |
| Costs associated with raising donations and legacies |  | 69,000                              |                                  | 69,000                   |
| Other expenditure                                    |  | 92,000                              |                                  | 92,000                   |
|  |  |                                     |                                  |                          |
| <b>Total</b>   |  | <u>162,000</u>                      | <u>1,000</u>                     | <u>163,000</u>           |
|  |  |                                     |                                  |                          |
| Net gains/(losses) on investments                    |  | 6,000                               | 3,000                            | 9,000                    |
|  |  |                                     |                                  |                          |
| <b>NET INCOME/(EXPENDITURE)</b>                      |  | <u>150,000</u>                      | <u>3,000</u>                     | <u>153,000</u>           |
|  |  |                                     |                                  |                          |
| <b>RECONCILIATION OF FUNDS</b>                       |  |                                     |                                  |                          |
|  |  |                                     |                                  |                          |
| <b>Total funds brought forward</b>                   |  | 222,000                             | 6,000                            | 228,000                  |
|  |  |                                     |                                  |                          |
| <b>TOTAL FUNDS CARRIED FORWARD</b>                   |  | <u>372,000</u>                      | <u>9,000</u>                     | <u>381,000</u>           |

**Notes to the Financial Statements for the Year Ended 31 March 2025 – continued**

**5. INVESTMENT PROPERTY**

|  |  |  |  | £                     |
|--|--|--|--|-----------------------|
| <b>FAIR VALUE</b>                              |  |  |  |                       |
| At 1 April 2024                                |  |  |  | <b>173,000</b>        |
| Additions                                      |  |  |  | <b>63,000</b>         |
| Disposals                                      |  |  |  | <b>(59,000)</b>       |
| Revaluation                                    |  |  |  | <b>2,000</b>          |
|  |  |  |  |                       |
| At 31 March 2025                               |  |  |  | <b><u>179,000</u></b> |
|  |  |  |  |                       |
| <b>NET BOOK VALUE</b>                          |  |  |  |                       |
| At 31 March 2025                               |  |  |  | <b><u>179,000</u></b> |
|  |  |  |  |                       |
| At 31 March 2024                               |  |  |  | <b><u>173,000</u></b> |
|  |  |  |  |                       |
| Fair value at 31 March 2024 is represented by: |  |  |  |                       |
| Cost   |  |  |  | <b><u>179,000</u></b> |

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                      |  |  | 31/03/25<br>£ | 31/03/24<br>£ |
|----------------------|--|--|---------------|---------------|
| Trade debtors        |  |  | -             | -             |
| Other debtors        |  |  | -             | -             |
|                      |  |  |               |               |
| <b>Total debtors</b> |  |  | -             | -             |

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                        |  |  | 31/03/25<br>£        | 31/03/24<br>£        |
|------------------------|--|--|----------------------|----------------------|
| Trade creditors        |  |  | <b>36,000</b>        | 29,000               |
| Other creditors        |  |  |                      | 1,000                |
|                        |  |  |                      |                      |
| <b>Total creditors</b> |  |  | <b><u>36,000</u></b> | <b><u>30,000</u></b> |

**Notes to the Financial Statements for the Year Ended 31 March 2025 – continued**

**8. MOVEMENT IN FUNDS**

|                           |  | At 1/04/24<br>£       | Net<br>Movement<br>in Funds<br>£ | At 31/03/25<br>£      |
|---------------------------|--|-----------------------|----------------------------------|-----------------------|
| <b>Unrestricted Funds</b> |  |                       |                                  |                       |
| General Fund              |  | 372,000               | (134,000)                        | 238,000               |
|                           |  |                       |                                  |                       |
| <b>Endowment funds</b>    |  |                       |                                  |                       |
| Endowment                 |  | 9,000                 |                                  | 9,000                 |
|                           |  |                       |                                  |                       |
| <b>TOTAL FUNDS</b>        |  | <b><u>381,000</u></b> | <b><u>(134,000)</u></b>          | <b><u>247,000</u></b> |

Net movement in funds, included in the above are as follows

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Gains and<br>losses<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|--------------------------|---------------------------|
| <b>Unrestricted Funds</b> |                            |                            |                          |                           |
| General Fund              | 48,000                     | (184,000)                  | 2,000                    | (134,000)                 |
|                           |                            |                            |                          |                           |
| <b>Endowment Funds</b>    |                            |                            |                          |                           |
| Endowment                 | 1,000                      | (1,000)                    | -                        | -                         |
|                           |                            |                            |                          |                           |
| <b>TOTAL FUNDS</b>        | <b><u>49,000</u></b>       | <b><u>(185,000)</u></b>    | <b><u>2,000</u></b>      | <b><u>(134,000)</u></b>   |



**Notes to the Financial Statements for the Year Ended 31 March 2025 - continued**

|                           |  | At 1/04/23<br>£ | Net Movement in<br>Funds<br>£ | At 31/03/24<br>£ |
|---------------------------|--|-----------------|-------------------------------|------------------|
| <b>Unrestricted Funds</b> |  |                 |                               |                  |
| General Fund              |  | 222,000         | 150,000                       | 372,000          |
|                           |  |                 |                               |                  |
| <b>Endowment funds</b>    |  |                 |                               |                  |
| Endowment                 |  | 6,000           | 3,000                         | 9,000            |
|                           |  |                 |                               |                  |
| <b>TOTAL FUNDS</b>        |  | <u>228,000</u>  | <u>153,000</u>                | <u>381,000</u>   |

Comparative net movement in funds, included in the above are as follows

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Gains and losses<br>£ | Movement in<br>funds<br>£ |
|---------------------------|----------------------------|----------------------------|-----------------------|---------------------------|
| <b>Unrestricted Funds</b> |                            |                            |                       |                           |
| General Fund              | 306,000                    | (162,000)                  | 6,000                 | 150,000                   |
|                           |                            |                            |                       |                           |
| <b>Endowment Funds</b>    |                            |                            |                       |                           |
| Endowment                 | 1,000                      | (1,000)                    | 3,000                 | 3,000                     |
|                           |                            |                            |                       |                           |
| <b>TOTAL FUNDS</b>        | <u>307,000</u>             | <u>(163,000)</u>           | <u>9,000</u>          | <u>153,000</u>            |

A current year 12 months and prior year 12 months combined position is as follows

|                           |  | At 01/04/23<br>£ | Net Movement in<br>Funds<br>£ | At 31/03/25<br>£ |
|---------------------------|--|------------------|-------------------------------|------------------|
| <b>Unrestricted Funds</b> |  |                  |                               |                  |
| General Fund              |  | 222,000          | 16,000                        | 238,000          |
|                           |  |                  |                               |                  |
| <b>Endowment funds</b>    |  |                  |                               |                  |
| Endowment                 |  | 6,000            | 3,000                         | 9,000            |
|                           |  |                  |                               |                  |
| <b>TOTAL FUNDS</b>        |  | <u>228,000</u>   | <u>19,000</u>                 | <u>247,000</u>   |

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Gains and losses<br>£ | Movement in<br>funds<br>£ |
|---------------------------|----------------------------|----------------------------|-----------------------|---------------------------|
| <b>Unrestricted Funds</b> |                            |                            |                       |                           |
| General Fund              | 354,000                    | (346,000)                  | 8,000                 | 16,000                    |
|                           |                            |                            |                       |                           |
| <b>Endowment Funds</b>    |                            |                            |                       |                           |
| Endowment                 | 2,000                      | (2,000)                    | 3,000                 | 3,000                     |
|                           |                            |                            |                       |                           |
| <b>TOTAL FUNDS</b>        | <b><u>356,000</u></b>      | <b><u>(348,000)</u></b>    | <b><u>11,000</u></b>  | <b><u>19,000</u></b>      |

## 9. RELATED PARTY DISCLOSURES

North East London Foundation Trust (NELFT) is the Corporate Trustee of the Charity. The Charity has provided funding to the NHS Foundation Trust for approved expenditure made on behalf of the charity. Neither the Corporate Trustee nor any member of the Trust Board has received honoraria, emoluments or expenses in the year and the Trustee has not purchased trustee indemnity insurance. The board members of the corporate trustee are agents of the NHS body in its capacity as trustee and not charity trustees themselves and must rely on the protections which apply by virtue of their role as board members of the NHS body.

**Detailed Statement of Financial Activities for the Year Ended 31 March 2025**

|   |  |  | 31/03/25<br>£    | 31/03/24<br>£  |
|---|--|--|------------------|----------------|
| <b>INCOME AND ENDOWMENTS</b>                            |  |  |                  |                |
|   |  |  |                  |                |
| <b>Donations and legacies</b>                           |  |  |                  |                |
| Donations   |  |  | 33,000           | 25,000         |
|   |  |  |                  |                |
| <b>Investment income</b>                                |  |  |                  |                |
| Dividends   |  |  | 4,000            | 4,000          |
|   |  |  |                  |                |
| <b>Other income</b>                                     |  |  |                  |                |
| Other income  |  |  | 12,000           | 278,000        |
|   |  |  |                  |                |
| <b>Total incoming resources</b>                         |  |  | <b>49,000</b>    | <b>307,000</b> |
|   |  |  |                  |                |
| <b>EXPENDITURE</b>                                      |  |  |                  |                |
|   |  |  |                  |                |
| <b>Raising donations and legacies</b>                   |  |  |                  |                |
| Investment management costs                             |  |  | 2,000            | 2,000          |
|   |  |  |                  |                |
| <b>Charitable activities</b>                            |  |  |                  |                |
| Independent examiner's fee                              |  |  | 1,000            | 1,000          |
|   |  |  |                  |                |
| <b>Support Costs</b>                                    |  |  |                  |                |
|   |  |  |                  |                |
| <b>Other</b>  |  |  |                  |                |
| Admin Support   |  |  | 85,000           | 68,000         |
| Patient Welfare and Amenities                           |  |  | 17,000           | 31,000         |
| Charities activities                                    |  |  | 80,000           | 61,000         |
|   |  |  |                  |                |
| <b>Total resources expended</b>                         |  |  | <b>185,000</b>   | <b>163,000</b> |
|   |  |  |                  |                |
| <b>Net income/(expenditure) before gains and losses</b> |  |  | <b>(136,000)</b> | <b>144,000</b> |
|   |  |  |                  |                |
| <b>Realised recognised gains and losses</b>             |  |  |                  |                |
| Realised gains/(losses) on fixed asset investments      |  |  | 2,000            | 9,000          |
|   |  |  |                  |                |
| <b>Net income expenditure</b>                           |  |  | <b>(134,000)</b> | <b>153,000</b> |



### Acknowledgements

We consistently provide those additional extras to the NELFT supporting them to provide outstanding care, and improved patient experience.

We are extremely grateful for every single donation that we receive whether this is of time, in memory of a loved one, financial or physical. A huge thank you goes to our supporters, community groups and businesses that have helped to support our work throughout 2024/25.

To continue to find out what we're supporting visit our website, <https://www.nelft.nhs.uk/nelft-nhs-charity>. You can also find us on social media.

Thank you from all of us at the NELFT NHS Charity.

## **GET INVOLVED YOUR SUPPORT CAN MAKE A DIFFERENCE**

**In order to support the communities across the areas we provide care now and into the future, our charity is the perfect way for you to support.**

**We would love for you to be able to support us, so get in touch!**

