

# CARMARTHEN FAMILY CENTRE

England & Wales - Charity number 1047689

## Details

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**Other names** TY NI

**Status** Registered

**Legal form** Other

**Registered** 1995-07-03

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Carmarthen Family Centre - Ty Hapus  
114 Park Hall  
Carmarthen  
SA31 1JG

**Phone** 07508883857

**Email** [tyhapusandtynifamilycentres@gmail.com](mailto:tyhapusandtynifamilycentres@gmail.com)

## Activities

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**Objects:** A) TO PROMOTE THE BENEFIT OF THE INHABITANTS OF CARMARTHEN AND DISTRICT (HEREINAFTER CALLED THE AREA OF BENEFIT) WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS. TO WORK BI-LINGUALLY WITH LOCAL AUTHORITIES, VOLUNTARY ORGANISATIONS, RESIDENTS AND USERS IN A COMMON EFFORT TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE AND EDUCATION WITH THE OBJECTS OF IMPROVING THE CONDITION OF LIFE FOR THOSE LIVING IN THE AREA OF BENEFIT. B) THE ASSOCIATION SHALL BE NON PARTY IN POLITICS AND NON SECTARIAN IN RELIGION. C) TO ESTABLISH, OR SECURE THE ESTABLISHMENT OF, A FAMILY CENTRE (HEREINAFTER CALLED "THE CENTRE") AND TO MAINTAIN AND MANAGE THE SAME (WHETHER ALONE OR IN COOPERATION WITH ANY LOCAL AUTHORITY OR OTHER PERSON OR BODY)

**Activities:** Our role at Carmarthen Family Centre is to support families with young children by working in partnership to enhance family life and to offer opportunities for parents and children to improve their lives through education - empowering individuals and strengthening the communities in which they live.

## Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Economic/community Development/employment
- **Who:** Children/young People, Other Defined Groups, The General Public/mankind

## Geography

- **Area of benefit:** CARMARTHEN AND DISTRICT
- Carmarthenshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£31,189	£53,075	-	-
2024-03-31	£49,916	£43,251	-	-
2023-03-31	£56,977	£45,414	-	-
2022-03-31	£61,943	£45,823	-	-
2021-03-31	£47,425	£47,195	-	-

## Trustees

Name	Role	Appointed
<b>Emlyn Schiavone</b>	Chair	2015-09-21
DOUG ROSE		2014-09-03
Frances Elizabeth Owens		2018-01-16
HELEN THOMAS		2013-02-12
NIGEL ROBERTS		2011-04-01
RICHARD JOHN EDWARDS		2015-09-28
Rosemary Laura Rowland		2018-06-19

**CARMARTHEN FAMILY CENTRE**

England & Wales - Charity number 1047689

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# Accounts

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**Registered Charity Number: 1047689**

**CARMARTHEN FAMILY CENTRE  
ANNUAL ACCOUNTS  
FOR THE YEAR ENDING 31 MARCH 2025**

**CARMARTHEN FAMILY CENTRE**  
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**FOR THE YEAR ENDED 31 MARCH 2025**

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**CARMARTHEN FAMILY CENTRE  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

**REFERENCE AND ADMINISTRATIVE DETAILS**

<b>Registered Charity Number</b>	1047689
<b>Registered Office</b>	Ty Hapus, 114 Parc Hall, Carmarthen, SA31 1JG
<b>Trustees</b>	Emlyn Schiavone Chairperson/Trustee Rose Rowland Vice Chairperson/Trustee Doug Rose Trustee Mary Thorley Trustee Richard Edwards Trustee Nigel Roberts Trustee (Resigned September 26 <sup>th</sup> 2024) Frankie Owens Trustee (Resigned December 2 <sup>nd</sup> 2024) Janet Marchant Trustee (Joined January 30 <sup>th</sup> 2025)
<b>Bankers</b>	Lloyds Bank King Street Carmarthen Carmarthenshire
<b>Independent Examiners</b>	Harris Bassett Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

Carmarthen Family Centre is a charity governed by a constitution as adopted 6 February 1995. It is registered as a charity with the Charity Commission.

The aims and objectives of the charity are to develop at a local level skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced.

**Public Benefit**

The public benefit through having a service that provides families with children aged 0-4 years (0-11 school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families. The centre also works closely with other like-minded organisations and are able, therefore, to sign-post families in need to other professionals. By providing this service we preserve and protect the health and well-being of families and enable strong support networks and healthy relationships within families.

**Appointment of Trustees**

Trustees are appointed as set out in the constitution. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed, and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

**Trustee Induction and Training**

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

**Organisation Structure**

Chair of Trustees  
Family Centre Manager  
Play Worker  
Volunteer

Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The coordinator is responsible for keeping the order of files, office work and overseeing all other day-to-day activities at the Centre.

**Related Parties**

None

**Risk Management**

Risk Management has been reviewed in terms of safeguarding policies, risk assessments of events and trips, the undertaking of Disclosure and Barring checks and health and safety issues. The trustees feel that they have taken all reasonable steps to protect beneficiaries, staff, volunteers and the organisation itself. Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

**OBJECTIVES AND ACTIVITIES**

The object of the charity is about prevention and early intervention.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play equipment and activities.
- Empower Parents by offering training and support.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Offer outreach work to identify isolated families.
- Continue to provide courses, workshops, and play activities for parents and their children to do together.

**ACHIEVEMENT AND PERFORMANCE**

Carmarthen Family Centre is a registered charity, known as Ty Hapus, and based in the Park Hall area of Carmarthen Town North. Carmarthen Family centre first opened in 1995, and the centre operates independently of Plant Dewi as a charity.

The Ty Hapus site has been consistent in its provision over the year as a family centre. With a team of two staff, a Centre Manager and one Play Worker who have worked for the organisation for a number of years, we have been able to facilitate the activities, with a volunteer supporting the centre. All working under the guidance and support of the trustees.

The priority of the centres is to engage local families and provide professional support. Working closely with local nurseries and schools, consulting with professionals, and regularly updating our social media page to engage with the community.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

### Highlights

Providing variety of sessions, workshops, opportunities, fun days and days out, often in partnership with other agencies, throughout the year which included:

- 2 x five-week Baby massage courses.
- 2 x Language and Play, Tap, Tap Chat courses & 2 x Language and Play, Tiny Talkers courses.
- Provided opportunities for families to attend various courses and workshops including 4 x Action for Children; Empowering Parents, Active Play, Healthy Mind, Happy Mind and Healthy meals workshops with creche provided. Ciwb Cwtsh held a five-week Welsh language course at the centre and Ein Gegin provided 5 x cooking workshops.
- Multiply Maths provided 7 x weekly sessions, 3 x gardening workshops in partnership with the National Botanic Garden of Wales and a day out at the gardens with educational activities, and a festive wreath making workshop for the parents with Pendine consultancy.
- Bocs, several sessions at Abergwili Park and museum with games, picnic, outdoor nature exploring and an Autumn planting session. We attended a Crazy Clayton charity fun event, 2 x days out at the National Botanic Garden of Wales, and summer trips to Pembrey Country Park and Clerkenhill Adventure Park and Farm.
- We held several sessions throughout the year to celebrate national and international days, many in partnership with other agencies, such as, St David's day National Play Day, Chinese New Year, Remembrance Day and St Dwynwen's day. We provided various fun activity and craft sessions to celebrate Easter, and Christmas including, games and an Easter hunt at the local reservoir, a Christmas treat at Carmarthen Leisure centre soft play, A Grinch who stole Christmas workshop and a Christmas photo shoot at the Family Centre.
- Several families were provided with donated books and clothing, and nappies and sanitary products are available at the centre. Many Family centre families also enjoyed free entry to the National Botanic Garden of Wales through a card loan scheme run by Plant Dewi.
- We renovated the family room over the summer, creating a warm, calm Montessori style space that feels welcoming and homely. We also had the top tier of the garden, which was previously unused and unsafe, landscaped. Creating a well-being space with fruit trees and areas for relaxing, playing and growing fruit and vegetables.
- Staff training and professional development included Safeguarding levels A, B and C training, Ffa la la Welsh language training, Midas minibus training, Rubba Bubba massage training, Trauma Informed Practice and Neurodiversity. Additionally, staff attended a well-being network event with all other family centres in Carmarthenshire.

### Regular Group Sessions throughout the year

- Weekly baby language and play themed sessions with songs, stories and rhymes, activities and play to enhance the language and communication skills of babies', aged 0-16mths.
- Weekly toddler language and play themed sessions with songs, stories and rhymes, activities and play to enhance the language and communication skills of toddlers', aged 16mths+.
- Weekly Stay and Play sessions for all ages. Lots of free play, socialising, exploring and discovering activities, both indoors and outdoors, to enhance all areas of children's development.
- Regular walks and outdoor play and fortnightly visits to the local care home.
- Regular online links to advice and support.
- During the language and play sessions parents have had the opportunity to learn new songs, stories and activity ideas with their children. The sessions incorporated weekly themes and were held both outdoors and indoors.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

• **Outcome – From Survey**

- 100% Families feel they have reduced their isolation
- 100% Parents feel they have improved confidence
- 95% Parents feel they have improved relationships with their children
- 100% Parents feel they have improved their and their children's well-being.

**What our families tell us about the centre:**

The Centre has been very busy and feedback from parents/carers has been positive. Examples below:

"The toddler sessions have helped so much with socialising for both me and my daughter. As a family that doesn't have a lot of spare money, it's wonderful that there's a free group that my toddler can attend weekly and will help her catch up before going to nursery." JG

"My son loves the stories and songs and messy play. Coming to the centre gave me the confidence to recreate the activities at home." KB

"Before I came to the centre I worried that I would be judged and looked down on, but we always feel welcome and valued at the centre and I now encourage others to come too." TR

**Families supported**

Throughout the year Carmarthen Family Centre was consistently busy with families and preschool aged children attending the regular weekly sessions during term times, and with families with older children returning to attend sessions and events during school holidays.

Carmarthen Family Centre is regularly active on their social media page, posting updates and information regarding events and weekly sessions, and supports families online with links to opportunities and professional advice and support.

Carmarthen Family Centre supported 138 Adults, 169 Children and 120 families during the financial year of 24/25.

**Reserves Policy**

The trustees have reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant/ contract funding. In the event of such a loss the trustees wish to be able to maintain services for at least 3 months to enable other sources of funding to be secured or to make changes to existing services. The trustees therefore feel that reserves should normally be approximate to 3 – 6 months running costs. This equates to approximately £13,082 - £26,165. As of 31st March 2025, reserves held equated to £41,233. The trustees are considering designating the excess towards specific charitable activities and will continue to monitor reserves on an annual basis.

We were advised to place all donations, including those carried forward, into reserves which includes: CAF/CASS, Ken Owens Charity Donation, TK Maxx donation, The Mayor's race Donation, Paypal donation, Carmarthenshire County Council Donation and Multiply (Coleg Sir Gar) expenses & services donation.

**CARMARTHENSHIRE FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

**FINANCIAL REVIEW**

During the year the Family Centre was funded by Awards for All, Families First, Flying Start, The Postcode Community Trust, Children in Need, Garfield Weston, Tesco/Groundwork, Oakdale community Trust and Persimmon homes. Carmarthen Family Centre is grateful for the support of its funders.

**STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 28/11/25 and signed on its behalf by

  
.....

Emlyn Schiavone

**CARMARTHEN FAMILY CENTRE**

**REPORT OF THE INDEPENDENT EXAMINER  
FOR THE YEAR ENDED 31 MARCH 2025**

**Independent examiner's report to the Trustees of Carmarthen Family Centre**

I report on the accounts of the Charity for the year ended 31 March 2025, which are set out on pages 9 to 13.

*Respective responsibilities of trustees and examiner*

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

*Basis of independent examiner's report*

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

*Independent examiner's statement*

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*E. Truman*

E Truman FCA  
Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Date: 22.12.25

## CARMARTHEN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
<b>Receipts</b>					
Bank Interest Earned		85	-	85	80
Refund		30	-	30	674
Grants	2	-	20,000	20,000	48,550
Room Hire		-	-	-	300
Creche Services		897	-	897	264
Contribution to Activities		-	-	-	48
Donations		<u>10,177</u>	<u>-</u>	<u>10,177</u>	<u>-</u>
<b>Total receipts</b>		<u>11,189</u>	<u>20,000</u>	<u>31,189</u>	<u>49,916</u>
<b>Payments</b>					
<b>Charitable activities</b>					
Staff Uniforms		-	51	51	-
Snack Supplies		-	123	123	98
Party Supplies & Entertainment		-	-	-	150
Activity supplies		-	1,492	1,492	433
DBS check		-	69	69	20
Computer costs		30	436	466	657
Printing, postage and stationery		-	222	222	-
Pension recharge		-	2,037	2,037	1,513
Payroll costs		-	516	516	144
Salaries, tax and NIC	3	-	33,765	33,765	32,501
Travel		-	175	175	-
Telephone		-	173	173	353
Training		-	-	-	90
Repairs and renewals		-	503	503	828
Activities and Trips		-	793	793	401
Utilities		-	1,352	1,352	3,199
Water Rates		-	699	699	978
Sundry		-	68	68	16
Gardening		-	<u>7,994</u>	<u>7,994</u>	<u>-</u>
<b>Total charitable payments</b>		<u>30</u>	<u>50,468</u>	<u>50,498</u>	<u>41,381</u>
<b>Governance</b>	4	<u>35</u>	<u>2,542</u>	<u>2,577</u>	<u>1,870</u>
<b>Total Charitable Payments</b>		<u>65</u>	<u>53,010</u>	<u>53,075</u>	<u>43,251</u>
Net Receipts		<u>11,124</u>	<u>(33,010)</u>	<u>(21,886)</u>	<u>6,665</u>
Total Funds brought forward		23,859	41,876	65,735	59,070
Transfer between funds		<u>6,250</u>	<u>(6,250)</u>	<u>-</u>	<u>-</u>
Total Funds carried forward		<u>41,233</u>	<u>2,616</u>	<u>43,849</u>	<u>65,735</u>

The notes form part of these financial statements

## CARMARTHEN FAMILY CENTRE

BALANCE SHEET  
AS AT 31 MARCH 2025

	2025	2024
	£	£
<b>ASSETS</b>		
<b>Current assets</b>		
<b>Cash at bank and in hand</b>		
Bank	43,826	65,712
Petty cash	<u>23</u>	<u>23</u>
Total cash at bank and in hand	<u>43,849</u>	<u>65,735</u>
Total Current Assets	43,849	65,735
NET CURRENT ASSETS	43,849	65,735
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>43,849</u>	<u>65,735</u>
NET ASSETS	<u>43,849</u>	<u>65,735</u>
<b>Fund Breakdown</b>		
Unrestricted funds - Reserve	41,233	23,859
Restricted funds	<u>2,616</u>	<u>41,876</u>
Total Funds	<u>43,849</u>	<u>65,735</u>

The Financial Statements were approved by the Board of Trustees on 28/11/25 and were signed on its behalf by:-

Name Emad SCHLAVANG

Signature E. Schlavang

The notes form part of these financial statements

**CARMARTHEN FAMILY CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**Basis of Preparation**

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2019 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A.

Carmarthen Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

**INCOMING RESOURCES**

**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

**Incoming resources with related expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

**Grants and donations**

Grants and donations are only included in the SoFA when the charity has received the resources.

**Tax reclaims on donations and gifts**

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

**Contractual income and performance related grants**

This is only included in the SoFA once the related goods or services have been delivered.

**Gifts in kind**

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

**Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**CARMARTHEN FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025 Cont'd**

**Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

**Investment income**

This is included in the accounts when received.

**EXPENDITURE AND LIABILITIES****Liability recognition**

Liabilities are recognised as soon as paid by the charity.

**Governance costs**

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

**2. RESTRICTED INCOME**

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Funder	B/fwd	Income	Expenditure	Transfer between funds	C/fwd
	£	£	£	£	£
CAFCASS	5,572	-	-	(5,572)	-
Children In Need	4,169	-	4,169	-	-
Garfield Weston	-	7,500	7,500	-	-
Families and Flying Start	1,000	9,500	10,500	-	-
Tesco	1,000	-	1,000	-	-
T K Maxx	178	-	-	(178)	-
Postcode Community Trust	3,477	-	3,477	-	-
Mayor's Race	500	-	-	(500)	-
Oakdale Community Trust	-	1,000	1,000	-	-
Persimmon Homes	6,000	-	5,384	-	616
Awards for all	19,980	-	19,980	-	-
Community Foundation Wales	-	2,000	-	-	2,000
<b>Total Restricted</b>	<b><u>41,876</u></b>	<b><u>20,000</u></b>	<b><u>53,010</u></b>	<b><u>(6,250)</u></b>	<b><u>2,616</u></b>

**CARMARTHEN FAMILY CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

<b>3.</b>	<b>SALARY AND WAGES</b>	<b>£</b>
	Total staff costs comprised:	
	Wages	33,312
	Employers National Insurance	-
	Employers Pension	<u>453</u>
	<b>Total staff costs</b>	<b><u>£33,765</u></b>

The average monthly number of employees in the year was 2 .

No employees received emoluments of more than £60,000.

**4. GOVERNANCE COSTS**

There was no trustee remuneration.

Governance costs were as follows:

	<b>£</b>
Health and Safety Costs	1,221
Independence examination	624
Subscriptions	70
Insurance	<u>662</u>
Total	<b><u>2,577</u></b>

**5. RISK MANAGEMENT**

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health and Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

**6. ULTIMATE CONTROLLING PARTY**

The charity is controlled by the board of trustees.

**CARMARTHEN FAMILY CENTRE**

England & Wales - Charity number 1047689

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# Accounts

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**Registered Charity Number: 1047689**

**CARMARTHEN FAMILY CENTRE  
ANNUAL ACCOUNTS  
FOR THE YEAR ENDING 31 MARCH 2024**

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**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity Number** 1047689

**Registered Office** Ty Hapus, 114 Parc Hall, Carmarthen,  
SA31 1JG

<b>Trustees</b>	Emlyn Schiavone	Chairperson/Trustee
	Rose Rowland	Vice Chairperson/Trustee
	Doug Rose	Trustee
	Nigel Roberts	Trustee
	Richard Edwards	Trustee
	Frankie Owens	Trustee
	Mary Thorley	Trustee

**Bankers** Lloyds Bank  
King Street  
Carmarthen  
Carmarthenshire

**Independent Examiners** Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

## CARMARTHEN FAMILY CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024 Cont'd

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Carmarthen Family Centre is a charity governed by a constitution as adopted 6 February 1995. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are to develop at a local level skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced.

#### **Public Benefit**

The public benefit through having a service that provides families with children aged 0-4 years (0-11 school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families. The centre also works closely with other like-minded organisations and are able, therefore, to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

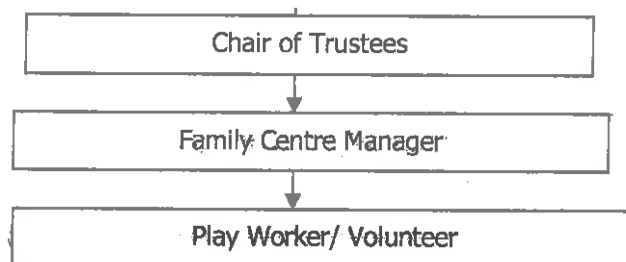
#### **Appointment of Trustees**

Trustees are appointed as set out in the constitution. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed, and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

#### **Trustee Induction and Training**

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

#### **Organisation Structure**



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

#### **Related Parties**

Plant Dewi's Family Centre Strategic manager support the Trustees and Family Centre Manager.

#### **Risk Management**

Risk Management has been reviewed in terms of safeguarding policies, risk assessments of events and trips, the undertaking of Disclosure and Barring checks and health and safety issues. The trustees feel that they have taken all reasonable steps to protect beneficiaries, staff, volunteers and the organisation itself.

## CARMARTHEN FAMILY CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024 Cont'd

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

#### OBJECTIVES AND ACTIVITIES

The object of the charity is about prevention and early intervention.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play equipment and activities.
- Empower Parents by offering training and support.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.

#### ACHIEVEMENT AND PERFORMANCE

Carmarthen Family Centre is a registered charity based in two areas of Carmarthen – in Carmarthen Town South, Ty Ni opened its doors in 1995 and in Carmarthen Town North, Ty Hapus in Park Hall opened in 2004. The centres operate independently of Plant Dewi as a charity.

The Ty Hapus site has been consistent in its provision over the year as a family centre. Ty Ni was returned to the local authority in November 2023.

With a team of two staff, a Centre Manager and one Play Worker who have worked for the organisation for a number of years, we have been able to facilitate the activities, with a volunteer supporting the centre. All working with the support of the trustees.

The priority of the centres is to engage local families and provide professional support. Working closely with local nurseries and schools, consulting with professionals, and regularly updating our social media page to engage with the community.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

**Highlights**

Providing various fun days and sessions with other agencies throughout the year including, a family fun day out with activities to the National Botanic Gardens of Wales with Plant Dewi plus several opportunities for families to visit the gardens free of charge throughout the year. An outdoor autumn forest school session with Black Mountain Adventures and we also attended an event and provided activities at Carmarthen Park to celebrate National Playday.

- 2 x five-week Baby massage courses.
- Provided opportunities for families of various courses and workshops including, 2x six-week Flying start 'Nurturing minds' and 'Discovering your child's world' parenting courses. A 'Tric a Chlic' and 'Healthy Lunchbox' workshop and a six-week budgeting course with Carmarthenshire education and learning services. Clwb Cwtsh held a six-week Welsh language course at the centre and Foothold Cymru provided 4 x Nutrition workshops.
- Weekly Multiply Maths sessions for part of the year and employment support with communities for work sessions.
- 2 x coach trips to Pembrey Country Park and Burry Port Beach and Park, other half-term fun events such as, A water play day, trips to the park for ball games and picnics, Reservoir walks and bug hunts and teddy bears picnic with stories and crafts.
- We held several sessions throughout the year to celebrate national and international days such as, St David's day and Chinese New Year, Remembrance Day and St Dwynwen's day. We provided various fun activity and craft sessions to celebrate Easter, held a Princess and Superhero summer party with PS Parties entertainment, and a Christmas party at Carmarthen Leisure centre soft play.
- Several families provided with donated books and clothing. We also held a toy and clothing swap event with New2U and a nappy library with Eco Babanod.
- Staff training and professional development including Language and Play training, Level 2 Safeguarding, Sandy Bear bereavement training and VAWDA (Violence Against Women and Domestic Abuse) awareness training.

**Regular Group Sessions throughout the year**

- Weekly baby language and play themed sessions with songs, stories and rhymes, activities and play to enhance the language and communication skills of babies', aged 0-16mths.
- Weekly toddler language and play themed sessions with songs, stories and rhymes, activities and play to enhance the language and communication skills of toddlers', aged 16mths+.
- Weekly Stay and Play sessions for all ages. Lots of free play, socialising, exploring and discovering activities, both indoors and outdoors, to enhance all areas of children's development.
- Regular walks and outdoor play and fortnightly visits to the local care home.
- Regular online links to advice and support.
- During the language and play sessions parents have had the opportunity to learn new songs, stories and activity ideas with their children. The sessions incorporated weekly themes and were held both outdoors and indoors.

## CARMARTHEN FAMILY CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024 Cont'd

#### • **Outcome – From Survey**

- 100% Families feel they have reduced their isolation
- 95% Parents feel they have improved confidence
- 100% Parents feel they have improved relationships with their children
- 95% Parents feel they have improved their and their children's well-being.

#### **What our families tell us about the centre:**

The Centre has been very busy and feedback from parents/carers has been positive. Examples below:

"They provide so many fun and educational opportunities for families. Attending the Centre is the highlight of my week." SM

"The staff are so welcoming; they genuinely care and listen without judgement that they put you at ease and give you so much confidence in your own ability. I was such a nervous first-time Mum but gained so much confidence from the sessions and made lifelong friends." CO

"I felt isolated and anxious, struggling with post-natal depression. The family Centre became a lifeline for me and my children" VB

#### **Families supported**

Throughout the year Carmarthen Family Centre was consistently busy with families and preschool aged children attending the regular weekly sessions during term times, and with families with older children returning to attend sessions and events during school holidays.

Carmarthen Family Centre is regularly active on their social media page, posting updates and information regarding events and weekly sessions, and supports families online with links to opportunities and professional advice and support.

Carmarthen Family Centre supported 154 Adults, 201 Children and 143 families during the financial year of 23/24.

#### **Reserves Policy**

The trustees have reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant/ contract funding. In the event of such a loss the trustees wish to be able to maintain services for at least 3 months to enable other sources of funding to be secured or to make changes to existing services. The trustees therefore feel that reserves should normally be approximate to 3 – 6 months running costs. This equates to approximately £13,082-£26,165. As of 31st March 2024, reserves held equated to £23,859, which is within this range. The trustees are considering designating the excess towards specific charitable activities and will continue to monitor reserves on an annual basis.

#### **FINANANCIAL REVIEW**

During the year the centre was funded by CAF/CASS, Families First and Flying Start, Children In Need, Garfield Weston, TK Maxx and Homesense Foundation, and The Postcode Community Trust. The charity is grateful for the support of its funders.

**CARMARTHENSHIRE FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

**STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on.....<sup>17<sup>th</sup> January</sup>..... and signed on its behalf by

2025



.....  
E Schiavone

**CARMARTHEN FAMILY CENTRE****REPORT OF THE INDEPENDENT EXAMINER  
FOR THE YEAR ENDED 31 MARCH 2024****Independent examiner's report to the Trustees of Carmarthen Family Centre**

I report on the accounts of the Charity for the year ended 31 March 2024, which are set out on pages 9 to 13.

*Respective responsibilities of trustees and examiner*

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

*Basis of independent examiner's report*

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

*Independent examiner's statement*

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E. Truman

E Truman FCA  
Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Date: 20.01.2025

## CARMARTHEN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
<b>Receipts</b>					
Bank Interest Earned		80	-	80	14
Utilities Refund		-	674	674	312
Grants	2	-	48,550	48,550	56,665
Room Hire		300	-	300	30
Creche Services		264	-	264	-
Contribution to Activities		48	-	48	-
<b>Total receipts</b>		<u>692</u>	<u>49,224</u>	<u>49,916</u>	<u>57,021</u>
<b>Payments</b>					
<b>Charitable activities</b>					
Room Hire		-	-	-	48
Lunch Club Supplies		-	98	98	83
Party Supplies & Entertainment		-	150	150	471
Activity supplies		-	433	433	855
DBS check		-	20	20	71
Computer costs		-	657	657	-
Printing, postage and stationery		-	-	-	37
Pension recharge		-	1,513	1,513	1,333
Payroll costs		-	144	144	534
Salaries, tax and NIC	3	264	32,237	32,501	33,867
Telephone		-	353	353	832
Training		-	90	90	24
Repairs and renewals		-	828	828	408
Trips		48	353	401	1,665
Utilities		-	3,199	3,199	3,014
Water Rates		-	978	978	-
Sundry		-	16	16	-
<b>Total charitable payments</b>		<u>312</u>	<u>41,069</u>	<u>41,381</u>	<u>43,242</u>
<b>Governance</b>	4	-	1,870	1,870	2,172
<b>Total Charitable Payments</b>		<u>312</u>	<u>42,939</u>	<u>43,251</u>	<u>45,414</u>
Net Receipts		380	6,285	6,665	11,607
Total Funds brought forward		23,479	35,591	59,070	47,463
Transfer between funds		-	-	-	-
Total Funds carried forward		<u>23,859</u>	<u>41,876</u>	<u>65,735</u>	<u>59,070</u>

The notes form part of these financial statements

## CARMARTHEN FAMILY CENTRE

BALANCE SHEET  
AS AT 31 MARCH 2024

	2024 £	2023 £
<b>ASSETS</b>		
<b>Current assets</b>		
<b>Cash at bank and in hand</b>		
Bank	65,712	59,047
Petty cash	<u>23</u>	<u>23</u>
Total cash at bank and in hand	<u>65,735</u>	<u>59,070</u>
Total Current Assets	65,735	59,070
NET CURRENT ASSETS	65,735	59,070
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>65,735</u>	<u>59,070</u>
<b>NET ASSETS</b>	<u>65,735</u>	<u>59,070</u>
<b>Fund Breakdown</b>		
Unrestricted funds - Reserve	23,859	23,479
Restricted funds	<u>41,876</u>	<u>35,591</u>
<b>Total Funds</b>	<u>65,735</u>	<u>59,070</u>

The Financial Statements were approved by the Board of Trustees on 17/1/25 and were signed on its behalf by:-

Name Emily W. SCHAYONG

Signature Chris

**CARMARTHEN FAMILY CENTRE****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**Basis of Preparation**

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2021 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A.

Carmarthen Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

**INCOMING RESOURCES****Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

**Incoming resources with related expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

**Grants and donations**

Grants and donations are only included in the SoFA when the charity has received the resources.

**Tax reclaims on donations and gifts**

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

**Contractual income and performance related grants**

This is only included in the SoFA once the related goods or services have been delivered.

**Gifts in kind**

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

**Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**CARMARTHEN FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024 Cont'd**

**Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

**Investment income**

This is included in the accounts when received.

**EXPENDITURE AND LIABILITIES****Liability recognition**

Liabilities are recognised as soon as paid by the charity.

**Governance costs**

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

**2. RESTRICTED INCOME**

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Funder	B/fwd	Income	Expenditure	C/fwd
	£	£	£	£
CAFCASS	6,710	674	1,812	5,572
Children In Need	4,630	10,000	10,461	4,169
Garfield Weston	3,900	-	3,900	-
Families and Flying Start	-	9,750	8,750	1,000
Tesco	-	1,000	-	1,000
T K Maxx	500	-	322	178
Postcode Community Trust	21,171	-	17,694	3,477
Mayor's Race	-	500	-	500
CCC Poverty Fund	(1,320)	1,320	-	-
Persimmon Homes	-	6,000	-	6,000
Awards for all	-	19,980	-	19,980
<b>Total Restricted</b>	<b><u>35,591</u></b>	<b><u>49,224</u></b>	<b><u>42,939</u></b>	<b><u>41,876</u></b>

## CARMARTHEN FAMILY CENTRE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024

<b>3. SALARY AND WAGES</b>	<b>£</b>
Total staff costs comprised:	
Wages	31,979
Employers National Insurance	-
Employers Pension	522
<b>Total staff costs</b>	<b><u>32,501</u></b>

The average monthly number of employees in the year was 2.

No employees received emoluments of more than £60,000.

**Pension Scheme**

The Company does operate a pension scheme

**4. GOVERNANCE COSTS**

There was no trustee remuneration.

Governance costs were as follows:

	<b>£</b>
Health and Safety Costs	1,188
Independence examination	612
Subscriptions	70
Insurance	-
<b>Total</b>	<b><u>1,870</u></b>

**5. RISK MANAGEMENT**

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health and Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

**6. ULTIMATE CONTROLLING PARTY**

The charity is controlled by the board of trustees.

**CARMARTHEN FAMILY CENTRE**

England & Wales - Charity number 1047689

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# Accounts

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**Registered Charity Number: 1047689**

**CARMARTHEN FAMILY CENTRE  
ANNUAL ACCOUNTS  
FOR THE YEAR ENDING 31 MARCH 2023**

**CARMARTHEN FAMILY CENTRE**  
**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

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Notes to the Financial Statements	11 - 13

**CARMARTHEN FAMILY CENTRE****REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity Number** 1047689

**Registered Office** Ty Ni, 21 Chapel Street, Woods Row,  
Carmarthen, SA31 1QE

Ty Hapus, 114 Parc Hall, Carmarthen,  
SA31 1JG

<b>Trustees</b>	Emlyn Schiavane	Chairperson/Trustee
	Rose Rowland	Vice Chairperson/Trustee
	Doug Rose	Trustee
	Nigel Roberts	Trustee
	Richard Edwards	Trustee
	Frankie Owens	Trustee
	Mary Thorley	Trustee

**Bankers** Lloyds Bank  
King Street  
Carmarthen  
Carmarthenshire

**Independent Examiners** Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

## CARMARTHEN FAMILY CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 Cont'd

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

Carmathen Family Centre is a charity governed by a constitution as adopted 6 February 1995. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are to develop at a local level skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced.

#### Public Benefit

The public benefit through having a service that provides families with children aged 0-4 years (0-11 school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families. The centre also works closely with other like-minded organisations and are able, therefore, to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

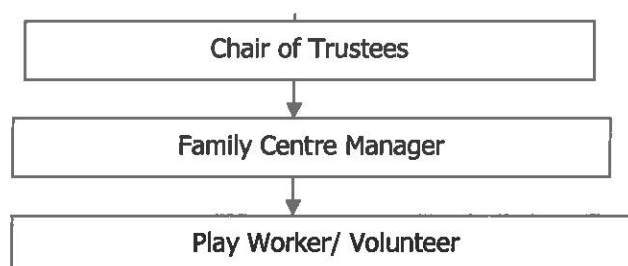
#### Appointment of Trustees

Trustees are appointed as set out in the constitution. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed, and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

#### Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

#### Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

#### Related Parties

Plant Dewi's Family Centre Strategic manager support the Trustees and Family Centre Manager.

#### Risk Management

Risk Management has been reviewed in terms of child protection policies, risk assessments of events and trips, the undertaking of Disclosure and Barring checks and health and safety issues. The trustees feel that they have taken all reasonable steps to protect beneficiaries, staff, volunteers and the organisation itself.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

**OBJECTIVES AND ACTIVITIES**

The object of the charity is about prevention and early intervention.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play equipment and activities.
- Empower Parents by offering training and support.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.

**ACHIEVEMENT AND PERFORMANCE**

Carmarthen Family Centres is a registered charity based in two areas of Carmarthen – in Carmarthen Town South, Ty Ni opened its doors in 1995 and in Carmarthen Town North, Ty Hapus in Park Hall opened in 2004. The centre's operate independently of Plant Dewi as a charity.

The Ty Hapus site has been consistent in its provision over the year as a family centre and Ty Ni as a family contact centre up until its closure in August 2022 where it was then used for outreach work.

With a team of three staff, a Centre Manager, 1 Play Worker and 1 Contact Worker who have worked for the organisation for a number of years, we have been able to facilitate the activities, with a sessional worker to cover holidays and staff sickness. All working with the support of the trustees.

The priority of both centres is to engage local families and professional support. Working closely with local nurseries and schools, consulting with professionals, and also regularly updating our social media page to engage with the community.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**

Highlights

- Community links with Carmarthenshire County council who provided funding for weekly cooking packs for families, Lunch'n play sessions and working closely with the local Flying Start nursery for some sessions to promote the family centre and maintain strong community links.
- Providing various fun days and sessions with other agencies throughout the year including, 2 x Guiding Star Journeys outdoor adventure sessions, 2 x Craft and art sessions with Arts4wellbeing, 2 x messy and sensory play sessions with Chwarae Anibendod, Half-term fun with Crazy Clayton entertainment, and beach activities, a mini beast hunt and smoothie making sessions with Threshold DAS, domestic abuse Service.
- 2 x Baby yoga courses with Rubba Bubba and a Peter Walker baby massage course.
- Various courses and workshops for families including, Action for children family links nurture programme, Storytelling and numicon workshops with Carmarthenshire education and learning services, and a Welsh language course with Clwb Cwtsh.
- 3 x coach trips to Pembrey Country Park, The Dinosaur Park, Tenby and St David's Cathedral for Plant Dewi's 20<sup>th</sup> anniversary family fun day.
- A family fun day out with activities to the National Botanic Gardens of Wales with Plant Dewi plus several opportunities for families to visit the gardens free of charge.
- Several sessions to celebrate national and international days such as, St David's day and Chinese New Year, Remembrance Day and Children in need sessions. 2 x Easter fun and craft sessions, a summer party with PS Parties entertainment, and a Christmas party with Crazy Clayton entertainment. A session of crafts and food to celebrate Plant Dewi's 20<sup>th</sup> Anniversary and a morning of Messy play with Chwarae Anibendod to celebrate National Playday.
- Several families provided with free children's books from the local university donated by a trustee. Books donated by Booktrust Cymru and Toy donations in conjunction with the Christmas toy box appeal.
- Staff training and professional development including Language and Play, Grobrain Foundation Course, Food hygiene, and Safeguarding.

Group Sessions throughout the year

- Weekly baby language and play session with themed songs, stories and rhymes, activities and play to enhance babies' language and communication skills.
- Weekly toddler language and play session with themed songs, stories and rhymes, activities and play to enhance toddlers' language and communication skills.
- Weekly Stay and Play session for all ages. Lots of free play, socialising, exploring and discovering activities, both indoors and outdoors, to enhance all areas of children's development.
- Regular online links to advice and support.
- During the language and play sessions parents have had the opportunity to learn new songs, stories and activity ideas with their children. The sessions incorporated weekly themes and were held both outdoors and indoors.

Outcome – From Survey

100% Families feel they have reduced their isolation

85% Parents feel they have improved confidence

100% Parents feel they have improved relationships with their children

90% Parents feel they have improved their and their children's well-being.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**

What our families tell us about the centre:

The centre has been very busy and feedback from parents/carers has been positive. Examples below:

"I love the support and friendliness me and my daughter get from this place! It's priceless and without it we'd really suffer" LM

"They plan wonderful activities for us to do. We always feel very welcome and always have so much fun." CO

"Having been in a very bad place at times in my life I genuinely don't know where I'd be without the support of the Family Centre and the friendships my little boy and I have made through it" PD

**Families supported**

Since reopening fully following the pandemic the family centre became consistently busy with families with preschool aged children attending the regular weekly sessions, and families with older children returning to attend the sessions during school holidays.

Carmarthen Family Centre is regularly active on their social media page, posting updates and information regarding events and weekly sessions, and supports families online with links to opportunities and professional advice and support.

Carmarthen Family Centre supported 103 Adults, 135 Children and 96 families during the financial year of 22/23.

**Reserves Policy**

The trustees have reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant/ contract funding. In the event of such a loss the trustees wish to be able to maintain services for at least 3 months to enable other sources of funding to be secured or to make changes to existing services. The trustees therefore feel that reserves should normally be approximate to 3 – 6 months running costs. This equates to approximately £13,082-£26,165. As of 31st March 2023, reserves held equated to £23,479, which is within this range. The trustees are considering designating the excess towards specific charitable activities and will continue to monitor reserves on an annual basis.

**FINANANCIAL REVIEW**

During the year the centre was funded by CAF/CASS, Families First and Flying Start, Children In Need, Awards for All, Summer of Fun, Foyle Foundation, Garfield Weston, TK Maxx and Homesense Foundation, and The Postcode Community Trust. The charity is grateful for the support of its funders.

**CARMARTHENSHIRE FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**

**STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on.....11<sup>th</sup> December '23..... and signed on its behalf by

..........

**CARMARTHEN FAMILY CENTRE****REPORT OF THE INDEPENDENT EXAMINER  
FOR THE YEAR ENDED 31 MARCH 2023****Independent examiner's report to the Trustees of Carmarthen Family Centre**

I report on the accounts of the Charity for the year ended 31 March 2023, which are set out on pages 9 to 13.

*Respective responsibilities of trustees and examiner*

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

*Basis of independent examiner's report*

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

*Independent examiner's statement*

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*E. Truman*

E Truman FCA  
Harris Bassett Limited  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Date: *16.01.24*

## CARMARTHEN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
<b>Receipts</b>					
Bank Interest Earned		14	-	14	1
Utilities Refund		-	312	312	-
Grants	2	-	56,665	56,665	61,842
Room Rental		<u>30</u>	<u>-</u>	<u>30</u>	<u>100</u>
<b>Total receipts</b>		<u>44</u>	<u>56,977</u>	<u>57,021</u>	<u>61,943</u>
<b>Payments</b>					
<b>Charitable activities</b>					
Room Hire		-	48	48	-
Lunch Club Supplies		-	83	83	-
Party Supplies & Entertainment		-	471	471	-
Activity supplies		-	855	855	48
DBS check		-	71	71	100
Computer costs		-	-	-	158
Petty cash		-	-	-	37
Printing, postage and stationery		-	37	37	195
Pension recharge		-	1,333	1,333	1,303
Payroll costs		-	534	534	444
Salaries, tax and NIC	3	-	33,867	33,867	34,863
Telephone		-	832	832	792
Training		-	24	24	430
Repairs and renewals		-	408	408	566
Trips		-	1,665	1,665	922
Utilities		-	3,014	3,014	2,522
Sundry		-	-	-	<u>30</u>
<b>Total charitable payments</b>		<u>-</u>	<u>43,242</u>	<u>43,242</u>	<u>42,410</u>
<b>Governance</b>	4	<u>-</u>	<u>2,172</u>	<u>2,172</u>	<u>3,413</u>
<b>Total Charitable Payments</b>		<u>-</u>	<u>45,414</u>	<u>45,414</u>	<u>45,823</u>
Net Receipts		44	11,563	11,607	16,120
Total Funds brought forward		23,435	24,028	47,463	31,343
Transfer between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Total Funds carried forward</b>		<u>23,479</u>	<u>35,591</u>	<u>59,070</u>	<u>47,463</u>

The notes form part of these financial statements

## CARMARTHEN FAMILY CENTRE

BALANCE SHEET  
AS AT 31 MARCH 2023

	2023 £	2022 £
<b>ASSETS</b>		
<b>Current assets</b>		
<b>Cash at bank and in hand</b>		
Bank	59,047	47,440
Petty cash	<u>23</u>	<u>23</u>
Total cash at bank and in hand	<u>59,070</u>	<u>47,463</u>
Total Current Assets	59,070	47,463
NET CURRENT ASSETS	59,070	47,463
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>59,070</u>	<u>47,463</u>
NET ASSETS	<u>59,070</u>	<u>47,463</u>
<b>Fund Breakdown</b>		
Unrestricted funds - Reserve	23,479	23,435
Restricted funds	<u>35,591</u>	<u>24,028</u>
<b>Total Funds</b>	<u>59,070</u>	<u>47,463</u>

The Financial Statements were approved by the Board of Trustees on ~~11-12-23~~ and were signed on its behalf by:-

Name EMLYN SCARVON

Signature 

The notes form part of these financial statements

**CARMARTHEN FAMILY CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**Basis of Preparation**

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2021 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A.

Carmarthen Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

**INCOMING RESOURCES**

**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

**Incoming resources with related expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

**Grants and donations**

Grants and donations are only included in the SoFA when the charity has received the resources.

**Tax reclaims on donations and gifts**

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

**Contractual income and performance related grants**

This is only included in the SoFA once the related goods or services have been delivered.

**Gifts in kind**

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

**Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**CARMARTHEN FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023 Cont'd**

**Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

**Investment income**

This is included in the accounts when received.

**EXPENDITURE AND LIABILITIES****Liability recognition**

Liabilities are recognised as soon as paid by the charity.

**Governance costs**

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

**2. RESTRICTED INCOME**

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Funder	B/fwd	Income	Expenditure	C/fwd
	£	£	£	£
Awards for All	9,176	-	(9,176)	-
Children In Need	4,714	10,500	(10,584)	4,630
CAFCASS	8,138	3,907	(5,335)	6,710
Groundwork	(1,000)	1,000	-	-
Garfield Weston	-	7,500	(3,600)	3,900
Families and Flying Start	-	7,000	(7,000)	-
Summer of Fun	-	1,555	(1,555)	-
T K Maxx	-	500	-	500
Postcode Community Trust	-	25,015	(3,844)	21,171
Foyle Foundation	3,000	-	(3,000)	-
CCC Poverty Fund	-	-	(1,320)	(1,320)
<b>Total Restricted Funds</b>	<b>24,028</b>	<b>56,977</b>	<b>(45,414)</b>	<b>35,591</b>

**CARMARTHEN FAMILY CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

<b>3.</b>	<b>SALARY AND WAGES</b>	<b>£</b>
	Total staff costs comprised:	
	Wages	32,318
	Redundancy	998
	Employers National Insurance	-
	Employers Pension	<u>551</u>
	<b>Total staff costs</b>	<b><u>33,867</u></b>

The average monthly number of employees in the year was 2.

No employees received emoluments of more than £60,000.

**Pension Scheme**

The Company does operate a pension scheme

**4. GOVERNANCE COSTS**

There was no trustee remuneration.

Governance costs were as follows:

	<b>£</b>
Health and Safety Costs	1,188
Independence examination	600
Membership Subscription	70
Insurance	<u>314</u>
<b>Total</b>	<b><u>2,172</u></b>

**5. RISK MANAGEMENT**

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health and Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

**6. ULTIMATE CONTROLLING PARTY**

The charity is controlled by the board of trustees.

**CARMARTHEN FAMILY CENTRE**

England & Wales - Charity number 1047689

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# Accounts

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**Registered Charity Number: 1047689**

**CARMARTHEN FAMILY CENTRE  
ANNUAL ACCOUNTS  
FOR THE YEAR ENDING 31 MARCH 2022**

**CARMARTHEN FAMILY CENTRE**  
**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

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**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity Number** 1047689

**Registered Office** Ty Ni, 21 Chapel Street, Woods Row,  
Carmarthen, SA31 1QE

Ty Hapus, 114 Parc Hall, Carmarthen,  
SA31 1JG

<b>Trustees</b>	Emlyn Schiavane	Chairperson/Trustee
	Helen Thomas	Vice Chairperson/Trustee
	Doug Rose	Trustee
	Nigel Roberts	Trustee
	Richard Edwards	Trustee
	Frankie Owens	Trustee
	Rose Rowland	Trustee

**Bankers** Lloyds Bank  
King Street  
Carmarthen  
Carmarthenshire

**Independent Examiners** Rimmer & May  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

## CARMARTHEN FAMILY CENTRE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022 Cont'd

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Carmarthen Family Centre is a charity governed by a constitution as adopted 6 February 1995. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are to develop at a local level skills and nurturing capacity of families, parents and carers so that the well-being and life chances of their children are enhanced.

#### **Public Benefit**

The public benefit through having a service that provides families with children aged 0-4 years (0-11 school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families. The centre also works closely with other like-minded organisations and are able, therefore, to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

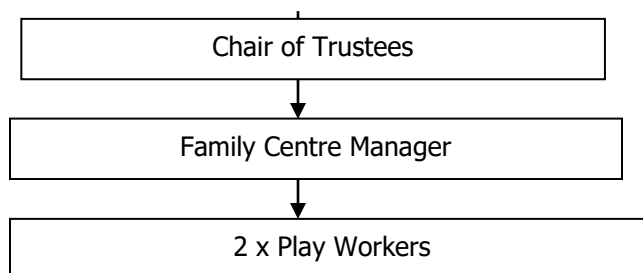
#### **Appointment of Trustees**

Trustees are appointed as set out in the constitution. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed, and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

#### **Trustee Induction and Training**

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

#### **Organisation Structure**



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The Co-ordinator is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

#### **Related Parties**

Plant Dewi's Family Centre Strategic manager support the Trustees and Family Centre Manager.

#### **Risk Management**

Risk Management has been reviewed in terms of child protection policies, risk assessments of events and trips, the undertaking of Disclosure and Barring checks and health and safety issues. The trustees feel that they have taken all reasonable steps to protect beneficiaries, staff, volunteers and the organisation itself.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022 Cont'd**

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

**OBJECTIVES AND ACTIVITIES**

The object of the charity is about prevention and early intervention.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play equipment and activities.
- Empower Parents by offering training and support.
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.

**ACHIEVEMENT AND PERFORMANCE**

Carmarthen Family Centres is a registered charity based in two areas of Carmarthen – in Carmarthen Town South, Ty Ni opened its doors in 1995 and in Carmarthen Town North, Ty Hapus in Park Hall opened in 2004. The centre's operate independently of Plant Dewi as a charity.

The Ty Hapus and Ty Ni sites have been consistent in its provision over the year. Ty Hapus as a family centre and Ty Ni as a family contact centre.

With a team of three staff, a Centre Manager, 1 Play Worker and 1 Contact Worker who have worked for the organisation for a number of years, we have been able to facilitate the activities, with a sessional worker to cover holidays and staff sickness. The previous manager left for a new post in April 2021 and a new manager took over in July 2021. During the period of no manager the centre continued to run temporarily with the support of the trustees, play worker and sessional worker.

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022 Cont'd**

The priority of both centres is to engage local families and professional support. Working closely with local nurseries and schools, consulting with professionals, and also regularly updating our social media page to engage with the community.

Highlights

- Weekly online stories and activity ideas.
- Regular online healthy meal recipes and links to advice and support.
- Community links with the local Coop to provide surplus food for families. Also with Actif Community to deliver an Actif session and working closely with the local Flying Start nursery for some sessions to promote the family centre and maintain strong community links.
- A coach trip to Folly Farm, a large farm, zoo and play centre.
- A day out to a soft play centre and bowling.
- Several celebratory national and international days such as, St David's day, Chinese New Year and a morning of play to celebrate National Playday.
- Activity packs for summer and winter holidays, book donations donated from a Trustee and toy donations in conjunction with the Christmas toy box appeal.

Group Sessions throughout the year

- Twice weekly face to face Baby Language and Play Sessions.
- Twice weekly face to face Toddler Language and Play Sessions.
- Walking Wednesdays – weekly well-being walks for parents and children in the local community.
- Lunch and play sessions for families (started latter part of the year)
- During the language and play sessions parents have had the opportunity to learn new songs, stories and activity ideas with their children. The sessions incorporated weekly themes and were held both outdoors and indoors.

Outcome – From Survey

100% Families feel they have reduced their isolation

75% Parents feel they have improved confidence

85% Parents feel they have improved relationships with their children

75% Parents feel they have improved their and their children's well-being.

What our families tell us about the centre:

Our feedback from parents/carers has been positive. Examples below:

" This place has been an absolute God send to myself and my daughter, to the point of actually putting food in our mouths and does such amazing work for the community." JG

" I don't know where I would be today without the support of the family centre, you have no idea how much support made a difference to mine and my child's life." MS

" Thank you so much for everything you do, we would be lost without the family centre." SM

**CARMARTHEN FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022 Cont'd**

Adapting during Pandemic

The start of the financial year was still during the uncertainty of the situation with Covid 19. Therefore, sessions were limited in numbers and offered outdoor play only. Online support was offered 4 days per week through our social media platform and messenger. Online stories and links were posted weekly and as restrictions eased, we were able to offer regular sessions to more families both indoors and outdoors and became consistently busy.

Carmarthen Family Centres have supported 76 Adults, 80 Children and 63 families during the financial year of 21/22.

**Reserves Policy**

The trustees have reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant/ contract funding. In the event of such a loss the trustees wish to be able to maintain services for at least 3 months to enable other sources of funding to be secured or to make changes to existing services. The trustees therefore feel that reserves should normally be approximate to 3 – 6 months running costs. This equates to approximately £13,082-£26,165. As of 31st March 2022, reserves held equated to £23,435, which is within this range. The trustees are considering designating the excess towards specific charitable activities and will continue to monitor reserves on an annual basis.

**FINANANCIAL REVIEW**

During the year the centre was funded by CAF/CASS, Families First and Flying Start, Children In Need, Oakdale, Awards for All, Winter of Wellbeing, Magic Little Grants and Foyle Foundation. The charity is grateful for the support of its funders.

**CARMARTHENSHIRE FAMILY CENTRE**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022 Cont'd**

**STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on..... and signed on its behalf by

.....

**CARMARTHEN FAMILY CENTRE**

**REPORT OF THE INDEPENDENT EXAMINER  
FOR THE YEAR ENDED 31 MARCH 2022**

**Independent examiner's report to the Trustees of Carmarthen Family Centre**

I report on the accounts of the Charity for the year ended 31 March 2022, which are set out on pages 9 to 13.

*Respective responsibilities of trustees and examiner*

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

*Basis of independent examiner's report*

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

*Independent examiner's statement*

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman FCA  
Rimmer and May  
Chartered Accountants  
19 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Date:

## CARMARTHEN FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
<b>Receipts</b>					
Bank Interest Earned		1	-	1	6
Gifts and donations		-	-	-	482
Grants	2	-	61,842	61,842	46,937
Room Rental		<u>100</u>	<u>-</u>	<u>100</u>	<u>-</u>
<b>Total receipts</b>		<u>101</u>	<u>61,842</u>	<u>61,943</u>	<u>47,425</u>
<b>Payments</b>					
<b>Charitable activities</b>					
CAFCAS		-	-	-	11,967
Shared costs		-	-	-	26,998
Ty Hapus		-	-	-	2,279
Ty Ni		-	-	-	1,086
Activity supplies		-	48	48	-
DBS check		-	100	100	-
Computer costs		-	158	158	-
Petty cash		-	37	37	-
Printing, postage and stationery		-	195	195	-
Pension recharge		-	1,303	1,303	-
Payroll costs		-	444	444	-
Salaries, tax and NIC	3	-	34,863	34,863	-
Telephone		-	792	792	-
Training		-	430	430	-
Repairs and renewals		-	566	566	-
Trips		-	922	922	-
Utilities		-	2,522	2,522	-
Sundry		<u>30</u>	<u>-</u>	<u>30</u>	<u>-</u>
<b>Total charitable payments</b>		<u>30</u>	<u>42,380</u>	<u>42,410</u>	<u>42,330</u>
<b>Governance</b>	4	<u>-</u>	<u>3,413</u>	<u>3,413</u>	<u>4,865</u>
<b>Total Charitable Payments</b>		<u>30</u>	<u>45,793</u>	<u>45,823</u>	<u>47,195</u>
Net Receipts		71	16,049	16,120	230
Total Funds brought forward		23,364	7,979	31,343	31,113
Transfer between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total Funds carried forward		<u>23,435</u>	<u>24,028</u>	<u>47,463</u>	<u>31,343</u>

The notes form part of these financial statements

## CARMARTHEN FAMILY CENTRE

BALANCE SHEET  
AS AT 31 MARCH 2022

	2022 £	2021 £
<b>ASSETS</b>		
<b>Current assets</b>		
<b>Cash at bank and in hand</b>		
Bank	47,440	31,320
Petty cash	<u>23</u>	<u>23</u>
Total cash at bank and in hand	<u>47,463</u>	<u>31,343</u>
Total Current Assets	47,463	31,343
NET CURRENT ASSETS	47,463	31,343
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>47,463</u>	<u>31,343</u>
NET ASSETS	<u>47,463</u>	<u>31,343</u>
<b>Fund Breakdown</b>		
Unrestricted funds - Reserve	23,435	23,364
Restricted funds	<u>24,028</u>	<u>7,979</u>
<b>Total Funds</b>	<u>47,463</u>	<u>31,343</u>

The Financial Statements were approved by the Board of Trustees on .....and were signed on its behalf by:-

Name .....

Signature.....

**CARMARTHEN FAMILY CENTRE****NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**Basis of Preparation**

The financial statements have been prepared on a receipts and payments basis and in accordance with Accounting and Reporting by Charities; Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – effective 1 January 2015 (Charities SORP) (FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – Section 1A.

Carmarthen Family Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties regarding the charity's ability to continue as a going concern.

**INCOMING RESOURCES****Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

**Incoming resources with related expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

**Grants and donations**

Grants and donations are only included in the SoFA when the charity has received the resources.

**Tax reclaims on donations and gifts**

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

**Contractual income and performance related grants**

This is only included in the SoFA once the related goods or services have been delivered.

**Gifts in kind**

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

**Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**CARMARTHEN FAMILY CENTRE  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022 Cont'd**

**Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

**Investment income**

This is included in the accounts when received.

**EXPENDITURE AND LIABILITIES****Liability recognition**

Liabilities are recognised as soon as paid by the charity.

**Governance costs**

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

**2. RESTRICTED INCOME**

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Funder	B/fwd	Restatement of funds	Restated b/fwd	Income	Expenditure	C/fwd
	£	£	£	£	£	£
Awards for All	(4,539)	10,000	5,461	10,000	6,285	9,176
Children In Need	4,580	(10,000)	(5,420)	19,920	9,786	4,714
CAFCASS	4,746	-	4,746	13,000	9,608	8,138
Groundwork	(1,000)	-	(1,000)	-	-	(1,000)
Waterloo Foundation	4,192	-	4,192	-	4,192	-
Families and Flying Start	-	-	-	14,000	14,000	-
Oakdale	-	-	-	500	500	-
Winter of wellbeing	-	-	-	922	922	-
Magic Little Grants	-	-	-	500	500	-
Foyle Foundation	-	-	-	3,000	-	3,000
<b>Total Restricted Funds</b>	<b>7,979</b>	<b>-</b>	<b>7,979</b>	<b>61,842</b>	<b>45,793</b>	<b>24,028</b>

**Restatement of Funds**

During the preparation of the accounts it was noted that the brought forward figure for Awards for All and Children In Need did not agree with the Centre's own allocation. A £10,000 grant received in 2020/21 from Awards for All was allocated to Children In Need on the annual accounts for the year end 31<sup>st</sup> March 2021. No grant income was received from Children In Need in that year. A restatement of funds adjustment has been made for the funders. The total brought forward figure of £7,979 was correct.

**CARMARTHEN FAMILY CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

<b>3.</b>	<b>SALARY AND WAGES</b>	<b>£</b>
	Total staff costs comprised:	
	Wages	32,575
	Employers National Insurance	1,969
	Employers Pension	<u>319</u>
	<b>Total staff costs</b>	<b><u>34,863</u></b>

The average monthly number of employees in the year was 4

No employees received emoluments of more than £60,000

**Pension Scheme**

The Company does operate a pension scheme

**4. GOVERNANCE COSTS**

There was no trustee remuneration.

Governance costs were as follows:

	<b>£</b>
Health and Safety Costs	1,188
Independence examination	514
Membership Subscription	458
Insurance	<u>1,253</u>
Total	<b><u>3,413</u></b>

**5. RISK MANAGEMENT**

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and Health and Safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

**6. ULTIMATE CONTROLLING PARTY**

The charity is controlled by the board of trustees.

**CARMARTHEN FAMILY CENTRE**

England & Wales - Charity number 1047689

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# Accounts

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**best**

*Business & Employment Support & Training*  
17 Milton Meadows  
Milton, Near Tenby  
Pembrokeshire  
SA70 8PL

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01646 651655

# **ANNUAL ACCOUNTS**

## **Carmarthen Family Centres**

**1 April 2020 to 31 March 2021**

Registered Charity Number: 1047689

**CARMARTHEN FAMILY CENTRES**  
**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

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Notes to the Financial Statements	10-11

**CARMARTHEN FAMILY CENTRES  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

**Carmarthen Family Centres**

**Trustees Accounts**

***Legal and administrative details***

**TRUSTEES**

Emlyn Schiavone	Chairperson/Trustee
Helen Thomas	Vice Chairperson / Trustee
Doug Rose	Trustee
Nigel Roberts	Trustee
Richard Edwards	Trustee
Frankie Owens	Trustee
Rose Rowland	Trustee

**REGISTERED ADDRESS**

Ty Ni  
21 Chapel Street  
Woods Row  
Carmarthen  
SA31 1QE

Ty Hapus  
114 Park Hall  
Carmarthen  
SA31 1JG

**BANKERS**

Lloyds Bank  
King Street  
Carmarthen  
Carmarthenshire

**CARMARTHEN FAMILY CENTRES  
REPORT OF THE TRUSTEES - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

Carmarthen Family Centres is a charity governed by a constitution as adopted 6<sup>th</sup> February 1995. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are to develop at a local level the skills and nurturing capacity of families, parents, and carers so that the well-being and life chances of their children are enhanced.

**Public Benefit**

The public benefit through having a service that provides families with children aged 0-4 years (0-11 school holidays) with free access to a wide variety of play activities, free accredited training/courses on parenting skills, free trips and outings, and an open-door policy promoting equal opportunities for all families. The centre also works closely with other like-minded organisations and are able, therefore, to sign-post families in need to other professionals. By providing this service we preserve and protect health and relieve stress within family relationships.

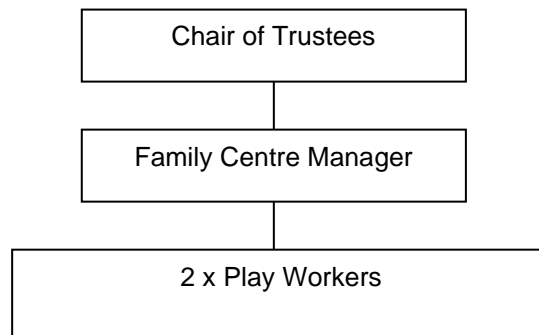
**Appointment of Trustees**

Trustees are appointed as set out in the constitution. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Nomination forms are completed, and applicants are voted onto the committee as appropriate. Committee members can also be co-opted when appropriate.

**Trustee Induction and Training**

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the family centre.

**Organisation Structure**



**CARMARTHEN FAMILY CENTRES  
REPORT OF THE TRUSTEES - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision-making regarding the day-to-day running of the centre. The Co-ordinator is responsible for keeping order of files, office work and over-seeing all other day-to-day activities at the centre.

**Related Parties**

Plant Dewi's Family Centre Strategic Manager support the Trustees and Family Centre manager.

**Risk Management**

Risk management has been reviewed in terms of child protection policies, risk assessments of events and trips, the undertaking of Disclosure and Barring checks and health and safety issues. The trustees feel that they have taken all reasonable steps to protect beneficiaries, staff, volunteers, and the organisation itself.

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks.

**OBJECTIVES AND ACTIVITIES**

The object of the charity is about prevention and early intervention.

The charity works in partnership with parents and carers. It empowers them to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centres is to ensure children:

- Have a flying start in life
- Have a range of education and learning opportunities
- Enjoy the best possible health, free from abuse
- Have access to play, leisure, and cultural activities
- Are listened to and respected and have their identity recognised
- Have a safe home and community
- Are not disadvantaged by poverty

The objectives for the next year are to:

- Provide a safe, warm, and welcoming environment.
- Provide access to various play equipment and activities.
- Empower Parents by offering training and support
- Provide opportunities to go on trips and outings.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Provide courses, workshops, play activities for parents and their children to do together.

**ACHIEVEMENT AND PERFORMANCE**

Carmarthen Family Centres is a registered charity based in two areas of Carmarthen – in Carmarthen Town South, Ty Ni opened its doors in 1995 and in Carmarthen Town North, Ty Hapus in Park Hall opened in 2004. The centres operate independently of Plant Dewi as a charity.

**CARMARTHEN FAMILY CENTRES  
REPORT OF THE TRUSTEES - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

The Ty Hapus and Ty Ni sites have been consistent in its provision over the year. Ty Hapus as a family centre and Ty Ni as a family contact centre.

With a team of three staff, a Centre Manager, 1 Play Worker and 1 Contact Worker who have worked for the organisation for a number of years, we have been able to facilitate the activities across both centres, with a sessional worker to cover holidays and staff sickness. The priority of both centres is to engage local families and professional support. An outreach plan was put in place which included a leaflet drop in the Carmarthen area, door knocking, speaking with local parents, consulting with professionals, and also continuing with social media page to re-engage the community.

**Highlights**

- Online fun sessions with Crazy Clayton. Families have enjoyed magic tricks, games and fun stories.
- Face to face contact with families in our garden for language and play sessions. Children and parents have been so excited to be back.
- Community links with local Coop to provide surplus food every week for families. Also working with Actif Community to deliver Actif Story and walking in the local community.

**Group Sessions**

- Weekly Baby and toddler Language and play sessions. Online during lockdown and in centre garden. Parents have had the opportunity to learn new songs, activity ideas with their children. 24 sessions
- Time to Shine Language and play sessions. Online during lockdown 2 courses over 7 weeks. We have had good feedback and we have seen parent's confidence build and children have improved their speech, language and communication. 14 sessions. We have worked in partnership with Flying Start as they provided resources for families.
- Cuppa and a chat session for parents. 16 sessions.
- 10-15 Activity packs to parents every fortnight. Staff have delivered packs to families.
- Cooking packs for online cooking sessions, during the centre being open.
- 3 Baby bundles to families to support preparing for a new baby.

**Courses Delivered**

- Baby massage classes were delivered online. The aim of the baby massage is to build bonds and attachments with children. It helped babies with sleep routines, constipation and colic. We have delivered 4 courses of 6-week sessions.
- Actif Story course with parents to encourage children to become more active. We have delivered 2 courses over 5 weeks to new referred families.

**Outcomes – From Survey**

100% Families feel they have reduced their Isolated  
75% Parents feel they have improved confidence  
90% Parents feel they have improved relationships with their children  
75% Parents feel they have improved their and their children's well being.

**CARMARTHEN FAMILY CENTRES  
REPORT OF THE TRUSTEES - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

**What our families tell us about the centre:**

- Our feedback from parents / carers has been positive. Examples below:
- We have really missed Ty Hapus and seeing everyone so much. It has been nice to see everyone once a week.
- My daughter has loved watching your Facebook post
- The activity packs have kept us going.
- Loved having a chat every week.

**Adapting during Pandemic**

During to the situation with Covid 19 we have had to work from home. We have had to reduce our face to face contact. Our staff members have been placed on furlough.

We continued to provide support over 4 days per week. We have delivered language and play sessions through Zoom and Skype. Also Chat sessions for parents to catch up with each other and to access support if needed. We delivered story sessions, activity packs to parents door steps with activities inside to support language, communication and numeracy. This gave us the opportunity to check in with families. Via our Facebook page we have uploaded language and play clips, activity ideas, outdoor activities, links to services, healthy cooking ideas and positive thinking quotes. Contacted families through email, telephone calls, messages and Zoom.

Carmarthen Family centres have supported **58** Adults, **62** Children and **48** families in the past year.

**Reserves Policy**

The trustees have reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant/contract funding. In the event of such a loss the trustees wish to be able to maintain services for at least 3 months to enable other sources of funding to be secured or to make changes to existing services. The trustees therefore feel that reserves should normally be approximate to 3 – 6 months' running costs. This equates to approximately £13,082-£26,165. At 31 March 2021 reserves held equated to £24,196, which is within this range. The trustees are considering designating the excess towards specific charitable activities and will continue to monitor reserves on an annual basis.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**FINANCIAL REVIEW**

**Funding kindly given to the centres from:**

Children in Need, The Archbishop of Wales Fund for Children, Awards for all from The Big Lottery Fund, Garfield Weston Foundation, Prince of Wales Charitable Fund, The Waterloo Foundation, Flying Start and Families First.

**STATEMENT OF TRUSTEES RESPONSIBILITIES**

The trustees are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

**CARMARTHEN FAMILY CENTRES  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

**Independent examiner's report to the trustees of Carmarthen Family Centres**

I report on the accounts of the charity for the period 1 April 2020 to 31 March 2021, which are set out on pages 9 to 12.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention

**Basis of independent examiner's report**

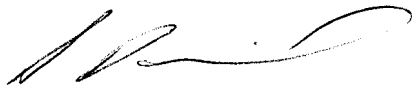
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Date 4/11/2021

Shirley David, BA Hon., Dip HE, MILM  
Consultant  
Business & Employment Support & Training  
17 Milton Meadows  
Milton, Nr Tenby  
Pembrokeshire, SA70 8PL

**CARMARTHEN FAMILY CENTRES  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

**STATEMENT OF FINANCIAL ACTIVITIES**

	Notes	Unrestricted	Restricted	31st March 2021	31st March 2020
<b>Receipts</b>					
Bank Interest Earned		6	0	6	2
Gifts and Donations Income		482	0	482	749
Grants		6,019	40,918	46,937	42,625
<b>Total Receipts</b>	<b>2</b>	<b>6,507</b>	<b>40,918</b>	<b>47,425</b>	<b>43,375</b>
<b>Payments</b>					
<b>Charitable Payments</b>					
CAFCAS	7	1,459	10,509	11,967	6,864
Shared Costs	7	4,804	22,193	26,998	25,485
Support Costs - Governance	6	133	2,516	2,649	3,050
Support Costs - Health and Safety	6	50	707	756	682
Support Costs - HR	6	60	1,401	1,461	1,297
Support Costs - IT	6	0	0	0	105
Ty Hapus	7	767	1,512	2,279	8,117
Ty Ni	7	68	1,019	1,086	6,730
<b>Total Charitable Payments</b>		<b>7,340</b>	<b>39,856</b>	<b>47,195</b>	<b>52,329</b>
<b>Total Payments</b>		<b>7,340</b>	<b>39,856</b>	<b>47,195</b>	<b>52,329</b>
<b>Net Receipts/(Payments)</b>		<b>-833</b>	<b>1,062</b>	<b>230</b>	<b>-8,954</b>
<b>Funds Brought Forward Prev Year End</b>		<b>24,196</b>	<b>6,917</b>	<b>31,113</b>	<b>40,067</b>
<b>Funds Brought Forward Current Year End</b>		<b>23,364</b>	<b>7,979</b>	<b>31,343</b>	<b>31,113</b>

**CARMARTHEN FAMILY CENTRES  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

**STATEMENT OF ASSETS AND LIABILITIES**

	Total	
	31st March 2021	31st March 2020
<b>Fixed Asset</b>		
<b>Total Fixed Asset</b>		
<b>Cash at bank and in hand</b>		
Lloyds - Parc Hall & Bevedere	2,995	2,993
Lloyds Bank	23,762	23,505
Lloyds Bus Bank 30 Day	364	364
Lloyds Bus Bank Instant	4,199	4,195
<b>Petty Cash</b>		
Petty Cash - Ty Hapus	20	6
Petty cash Ty Ni	3	51
<b>Total Petty Cash</b>	<b>23</b>	<b>57</b>
<b>Total Cash at bank and in hand</b>	<b>31,343</b>	<b>31,113</b>
<b>Current Assets</b>		
Undeposited Funds	0	0
<b>Total Current Assets</b>	<b>0</b>	<b>0</b>
<b>Net current assets</b>	<b>31,343</b>	<b>31,113</b>
<b>Net current assets (liabilities)</b>	<b>31,343</b>	<b>31,113</b>
<b>Total assets less current liabilities</b>	<b>31,343</b>	<b>31,113</b>
<b>Total net assets (liabilities)</b>	<b>31,343</b>	<b>31,113</b>
<b>Breakdown of Funds</b>		
Unrestricted Funds - Reserves	23,364	24,196
Restricted Funds	7,979	6,917
<b>Total Charity funds</b>	<b>31,343</b>	<b>31,113</b>

Signed on behalf of the trustees

Name.....

Signature.....

Date.....

**CARMARTHEN FAMILY CENTRES  
FOR THE YEAR ENDED 31 MARCH 2021**

CHARITY COMMISSION NUMBER 1102670

**Notes to the accounts for the period ended 31 March 2021.**

**1. Accounting Policies**

The accounts have been prepared on a Receipts and Payments basis and in accordance with the Accounting and Reporting by Charities - Statement of Recommended Practice SORP and applicable accounting standards. The principal accounting policies adopted in the preparation of the accounts are as follows:

Incoming Resources

Recognition of incoming resources: These are included in the Statement of Financial Activities (SoFA) when received.

Where incoming resources have related expenditure (as with fundraising and contract income) the incoming resources and related expenditure are reported gross in the SoFA.

The value of any volunteer help received is not included in the accounts but is described in the trustee's annual report.

Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Restricted funds are to be used for specified purposes as specified by the donor. Expenditure that meets these criteria is identified to the fund. Unrestricted funds are donations and other income received or generated, for the objects of the charity, without further specified purpose and is available as general funds.

**2. Restricted Fund Movements**

<b>Restricted funds breakdown</b>	<b>2020 Balance B/F</b>	<b>2020-20 Received</b>	<b>2020-20 Spent</b>	<b>2021 Balance C/F</b>
Archbishop of Wales	221	0	221	0
Awards for All	0	0	4,539	(4,539)
BBC Children in Need	0	10,000	5,420	4,580
CAFCASS	0	15,110	10,364	4,746
Families First	0	5,962	5,962	0
Flying Start	0	2,628	2,628	0
Garfield Weston	7,001	0	7001	0
Groundwork	(1000)	0	0	(1,000)
The Prince of Wales Trust	695	0	695	0
Time to Shine	0	2,218	2,218	0
Waterloo Foundation	0	5,000	808	4,192
<b>Total Restricted Funds</b>	<b>6,917</b>	<b>40,918</b>	<b>39,856</b>	<b>7,979</b>

**CARMARTHEN FAMILY CENTRES  
FOR THE YEAR ENDED 31 MARCH 2020**

CHARITY COMMISSION NUMBER 1102670

**3. Governance and Related Party Transactions**

Governance costs were as follows:

Professional fees	£ 1,128
Dues and Subscriptions	£ 203
Insurance	£ 838
Other	£ 480
<b>Total</b>	<b>£ 2,649</b>

There were no related party transactions.

**4. Designated Funds**

There were no designated funds in the current or previous year.

**5. Paid Employees**

Total staff costs were £37,805 for 5.5 salaried staff plus ad hoc sessional hours.

**6. Support Costs**

<b>Support Costs</b>	<b>Raising Funds</b>	<b>Charitable Activities</b>	<b>Total</b>
Governance	0	2,649	2,649
Finance	0	0	0
Health and Safety	0	756	756
HR	0	594	594
IT	0	0	0
<b>Total</b>	<b>0</b>	<b>3,999</b>	<b>3,999</b>

**7. Shared Costs**

Direct costs are allocated to projects and indirect costs are apportioned based on salaried hours.