

CYNON VALLEY P.A.L.S. PLAY AND LEISURE FOR CHILDREN WITH DISABILITIES

England & Wales · Charity number 1046862

Details

Other names	CYNON VALLEY PLAY AND LEISURE FOR CHILDREN WITH SPECIAL NEEDS, CYNON VALLEY P.A.L.S, CYNON VALLEY PALS
Status	Registered
Legal form	Other
Registered	1995-06-05
Register	View on the Charity Commission register

Contact

Address	18 Cwrt Y Gamlas Rhydyfelin Pontypridd Mid Glamorgan CF37 5ND
Phone	07967 845056
Email	info@cynonvalleypals.co.uk
Website	www.cynonvalleypals.co.uk

Activities

Objects: THE OBJECTS OF P.A.L.S. SHALL BE TO RELIEVE CHILDREN WITH DISABILITIES IN PARTICULAR BY THE PROVISION OF:A. PLAY AND LEISURE ACTIVITIES FOR YOUNG CHILDREN WITH DISABILITIES.B. RESPITE FOR FAMILIES OF YOUNG CHILDREN WITH DISABILITIES.C. SUPPORT TO EACH CHILD ACCORDING TO HIS/HER NEED AND ABILITY DURING ACTIVITIESD. A SAFE, STIMULATING PLAY ENVIRONMENT WITHIN THE AREA OF NEEDE. THE SUPPORT OF INTEGRATED ACTIVITIES WHERE POSSIBLE AND TO LIASE WITH COMMUNITY PROJECTSF. IDENTIFICATION, ACCORDING TO CRITERIA SET BY THE COMMITTEE, THOSE YOUNG CHILDREN WITH DISABILITIES WHO COULD BENEFIT FROM, AND BE SAFELY ACCOMMODATED ON, SUCH SCHEMES.G. PROVIDE SUPPORT FOR PARENTS.

Activities: Cynon Valley PALS provides Play And Leisure Services for children with disabilities in the Cynon Valley, South Wales. We provide activities during school holidays and various trips/activities throughout the year for children aged 3-19yrs.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** Disability, Amateur Sport
- **Who:** Children/young People, People With Disabilities

Geography

- **Area of benefit:** NOT DEFINED IN PRACTICE CYNON VALLEY
- Rhondda Cynon Taff

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£50,553	£35,011	-	-
2024-04-30	£49,508	£43,069	-	-
2023-04-30	£72,024	£52,290	-	-
2022-04-30	£27,658	£27,339	-	-
2021-04-30	£52,952	£54,107	-	-

Trustees

Name	Role	Appointed
Lowri Matthews	Chair	2019-09-05
Camilla Harding		2023-01-19
Faye Matthews		2021-09-22
Hannah Scobie		2023-01-19
Laura Painter		2023-01-19
Lisa Walstow		2016-06-30
Martyn Vardon		2022-10-18
Meirion Townsend		2024-06-19
Paul Shrubbs		2015-06-04
Rebecca Shrubbs		2015-06-04
Rhian Smith		2019-09-05

Accounts

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Charity No. 1046862

Trustees' Report and Unaudited Accounts

30 April 2025

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities
Contents

	Pages
Trustees' Annual Report	2 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Statement of Cash flows	8
Notes to the Accounts	9 to 14
Detailed Statement of Financial Activities	15 to 16

The trustees present their report with the unaudited financial statements of the charity for the year ended 30 April 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1046862

Principal Office

18 Cwrt Y Gamlas
Rhydyfelin
Pontypridd
CF37 5ND

Trustees

The following trustees served during the year:

C. Harding
F. Matthews
L. Matthews
L. Painter
H. Scobie
P. Shrubbs
R. Shrubbs
R. Smith
M. Townsend
M. Vardon
L. Walstow

Accountants

ClearWay Accounting
167-169 Great Portland St.
London
W1W 5PF

OBJECTIVES AND ACTIVITIES

The objects of the charity are to relieve children with disabilities through the provision of: A) Play and leisure activities for young children with disabilities. B) Respite for families of young children with disabilities. C) Provide support to each child according to his/her need and ability during activities. D) Provide a safe stimulating play environment within the area of need. E) The support of integrated activities where possible and to liaise with community projects. F) Identification of those young children with disabilities who could benefit from, and be safely accommodated on, such schemes. G) Provide support for parents.

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Trustees Annual Report

We held a full programme of activities this year. In May 2024, representatives of Cynon Valley PALS, Hayley Vardon and Lowri Matthews, attended the King's Garden Party at Buckingham Palace.

For our Summer Playscheme we again tried to keep to similar activities on the same day each week in order to give the children a sense of routine. On Mondays we had visits to Splashpad and picnic in the park. Tuesdays contained varying activities including trips to the cinema in Aberdare Coliseum and local trips such as Daerwynno, Parc Play and Colliers Adventure Farm. Wednesdays we enjoyed family lunch and our regular session at Dragons Den. Thursdays were our trip day and this year saw us attend; Weston Super Mare/Pulton's Park, Plantasia, Pembrey Country Park, Noah's Ark Zoo, Swansea Jack Boat and Margam Park. We had multi sports at the Ron Jones Stadium, Cwm Cycling and swimming on Fridays. Saturdays were our regularly scheduled Lido sessions. On Sundays we enjoyed swimming in Aberfan.

In September, we had two visits to Circus Starr, one in Cardiff and one in Swansea.

During October Half Term we went to Family Lunch at Ynys View Café, cycling with Cwm Cycling and enjoyed our family swim session at the Sobell Centre. We enjoyed Mindful Crafts. We had our Halloween party at Dragons Den. We attended Horse Riding and Swimming at Aberfan Leisure Centre, and also had lots of fun at Daerwynno. We also provided Crafty Collages as an at home activity.

We had a busy Christmas period once again. We saw Santa at Rhondda Heritage Park and Colliers Adventure Farm. We went to the pantomime at New Theatre Cardiff. We had our Christmas party at Dragons Den. We also enjoyed a Breakfast with Santa at Brewers Fayre in Aberdare. We also enjoyed Christmas Crafts with Molly and Christmas activities and stories with the Gingerbread Man. We again entered Team PALS into the Nos Galan Road Races.

In February Half Term we had a few of our regular half-term activities which included Family Lunch, at both Ynys View Cwm Cycling, Family Swim, Cinema and Horse Riding. We also had a half-term party at Dragons Den. We enjoyed a session at Vertigo Trampoline Park and a trip to see Gruffalo Live.

At Easter we had a busy two weeks. We got to go and see Milkshake Live! at Aberdare Coliseum. We enjoyed going to Ynys View Cafe for family lunch, Cwm Cycling and swimming. We took part in Easter activities at Daerwynno. We had an Easter party at Dragons Den. We had an exclusive Easter session at Colliers Adventure Farm. We went surfing with Surfability at Caswell Bay. Our weekly sessions at Ponty Lido started. We also enjoyed a visit to see Chitty Chitty Bang Bang, a trip to St Fagans Museum and Vertigo Trampoline Park. We also visited Brecon Mountain Railway for a trip to see the Easter Bunny.

Throughout the year our regular sessions at Lido Ponty, Coliseum Cinema, Dragons Den and Cwm Cycling continued.

We continue to evaluate the services that we provide to our families and are always looking for new ways to meet the needs of the children and the families we support. The focus for next year will be to continue to find ways of working and supporting families, taking into account the cost-of-living crisis and continue to bear in mind the Charity Commissions guidance on public benefit.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

**Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities
Trustees Annual Report**

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees



Lowri Matthews (Feb 25, 2026 20:55:42 GMT)

L. Matthews

Trustee

13 February 2026

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Independent Examiners Report

Independent Examiner's Report to the trustees of Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

I report to the trustees on my examination of the financial statements of Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities for the year ended 30 April 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Christopher Pavett

Christopher Pavett (Feb 23, 2026 17:44:58 GMT)

Christopher Pavett FCA
ClearWay Accounting
167-169 Great Portland St.
London

W1W 5PF
13 February 2026

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Statement of Financial Activities

for the year ended 30 April 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:					
Donations and legacies	3	21,051	-	21,051	11,628
Charitable activities	4	11,820	-	11,820	12,801
Investments	5	612	-	612	499
Other	6	-	17,070	17,070	24,570
Total		33,483	17,070	50,553	49,498
Expenditure on:					
Raising funds	7	-	-	-	600
Charitable activities	8	12,486	17,070	29,556	36,908
Other	9	5,455	-	5,455	5,551
Total		17,941	17,070	35,011	43,059
Net gains on investments		-	-	-	-
Net income		15,542	-	15,542	6,439
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		15,542	-	15,542	6,439
Other gains and losses					
Net movement in funds		15,542	-	15,542	6,439
Reconciliation of funds:					
Total funds brought forward		73,165	-	73,165	66,726
Total funds carried forward		88,707	-	88,707	73,165

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Balance Sheet

at 30 April 2025

Charity No. 1046862		2025 £	2024 £
Current assets			
Cash at bank and in hand		88,707	73,267
		<u>88,707</u>	<u>73,267</u>
Creditors: Amount falling due within one year	11	-	(102)
		<u>88,707</u>	<u>73,165</u>
Net current assets		88,707	73,165
Total assets less current liabilities		<u>88,707</u>	<u>73,165</u>
Net assets excluding pension asset or liability		<u>88,707</u>	<u>73,165</u>
Total net assets		<u><u>88,707</u></u>	<u><u>73,165</u></u>
The funds of the charity			
Restricted funds	12		
Unrestricted funds	12		
General funds		88,707	73,165
		<u>88,707</u>	<u>73,165</u>
Reserves	12		
Total funds		<u><u>88,707</u></u>	<u><u>73,165</u></u>

Approved by the trustees on 13 February 2026

And signed on their behalf by:

Martyn Vardon

Martyn Vardon (Feb 23, 2026 18:48:04 GMT)

M. Vardon

Trustee

13 February 2026

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities**Statement of Cash flows**

for the year ended 30 April 2025

	2025	2024
	£	£
Cash flows from operating activities		
Net income per Statement of Financial Activities	15,542	6,439
Adjustments for:		
Dividends, interest and rents from investments	(17,682)	(25,069)
(Decrease)/Increase in trade and other payables	(102)	102
Net cash used in operating activities	<u>(2,242)</u>	<u>(18,528)</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	17,682	25,069
Net cash from investing activities	<u>17,682</u>	<u>25,069</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	15,440	6,541
Cash and cash equivalents at the beginning of the year	73,267	-
Cash and cash equivalents at the end of the year	<u>88,707</u>	<u>6,541</u>
Components of cash and cash equivalents		
Cash and bank balances	88,707	73,267
	<u>88,707</u>	<u>73,267</u>

for the year ended 30 April 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

Notes to the Accounts

2 Statement of Financial Activities - prior year

	Unrestricted funds 2024 £	Total funds 2024 £
Income and endowments from:		
Donations and legacies	11,628	11,628
Charitable activities	12,801	12,801
Investments	499	499
Other	24,570	24,570
Total	<u>49,498</u>	<u>49,498</u>
Expenditure on:		
Raising funds	600	600
Charitable activities	36,908	36,908
Other	5,551	5,551
Total	<u>43,059</u>	<u>43,059</u>
Net income	<u>6,439</u>	<u>6,439</u>
Net income before other gains/(losses)	6,439	6,439
Other gains and losses:		
Net movement in funds	<u>6,439</u>	<u>6,439</u>
Reconciliation of funds:		
Total funds brought forward	66,726	66,726
Total funds carried forward	<u><u>73,165</u></u>	<u><u>73,165</u></u>

3 Income from donations and legacies

	Unrestricted £	Total 2025 £	Total 2024 £
Fundraising	16,271	16,271	7,522
Donations	4,619	4,619	3,760
Gift Aid Claimed	161	161	346
	<u>21,051</u>	<u>21,051</u>	<u>11,628</u>

4 Income from charitable activities

	Unrestricted £	Total 2025 £	Total 2024 £
Parent / Guardian Contributions	11,820	11,820	12,801
	<u>11,820</u>	<u>11,820</u>	<u>12,801</u>

Notes to the Accounts

5 Income from investments

	Unrestricted	Total 2025	Total 2024
	£	£	£
Interest Income	612	612	499
	<u>612</u>	<u>612</u>	<u>499</u>

6 Other income

	Restricted	Total 2025	Total 2024
	£	£	£
Grants	17,070	17,070	24,570
	<u>17,070</u>	<u>17,070</u>	<u>24,570</u>

7 Expenditure on raising funds

	Total 2025	Total 2024
	£	£
<i>Fundraising trading costs</i>		
Fundraising	-	600
	<u>-</u>	<u>600</u>

8 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Parent / Guardian Contributions	12,450	17,070	29,520	29,963
	36	-	36	6,945
<i>Governance costs</i>	<u>12,486</u>	<u>17,070</u>	<u>29,556</u>	<u>36,908</u>

9 Other expenditure

	Unrestricted	Total 2025	Total 2024
	£	£	£
Employee costs	4,995	4,995	4,995
General administrative costs	460	460	556
	<u>5,455</u>	<u>5,455</u>	<u>5,551</u>

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Notes to the Accounts

10 Staff costs

	2025	2024
Salaries and wages	4,995	4,995
	<u>4,995</u>	<u>4,995</u>

No employee received emoluments in excess of £60,000.

11 Creditors:

amounts falling due within one year

	2025	2024
	£	£
Trade creditors	-	102
	<u>-</u>	<u>102</u>

12 Movement in funds

	At 1 May 2024	Incoming resources (including other gains/losses)	Resources expended	At 30 April 2025
	£	£	£	£
Restricted funds:				
Restricted income funds:				
Restricted Grants	-	17,070	(17,070)	-
<i>Total</i>	<u>-</u>	<u>17,070</u>	<u>(17,070)</u>	<u>-</u>
Unrestricted funds:				
General funds	73,165	33,483	(17,941)	88,707
Total funds	<u>73,165</u>	<u>50,553</u>	<u>(35,011)</u>	<u>88,707</u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Restricted Grants

13 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Net current assets	88,707	88,707
	<u>88,707</u>	<u>88,707</u>

Notes to the Accounts

14 Reconciliation of net debt

	At 1 May 2024	Cash flows	At 30 April 2025
	£	£	£
Cash and cash equivalents	73,267	15,440	88,707
	<u>73,267</u>	<u>15,440</u>	<u>88,707</u>
Net debt	<u>73,267</u>	<u>15,440</u>	<u>88,707</u>

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities

Detailed Statement of Financial Activities

for the year ended 30 April 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:				
Donations and legacies				
Fundraising	16,271	-	16,271	7,522
Donations	4,619	-	4,619	3,760
Gift Aid Claimed	161	-	161	346
	<u>21,051</u>	<u>-</u>	<u>21,051</u>	<u>11,628</u>
Charitable activities				
Parent / Guardian Contributions	11,820	-	11,820	12,801
	<u>11,820</u>	<u>-</u>	<u>11,820</u>	<u>12,801</u>
Investments				
Interest Income	612	-	612	499
	<u>612</u>	<u>-</u>	<u>612</u>	<u>499</u>
Other				
Grants	-	17,070	17,070	24,570
	<u>-</u>	<u>17,070</u>	<u>17,070</u>	<u>24,570</u>
Total income and endowments	33,483	17,070	50,553	49,498
Expenditure on:				
Costs of other trading activities				
Fundraising	-	-	-	600
	<u>-</u>	<u>-</u>	<u>-</u>	<u>600</u>
Total of expenditure on raising funds	-	-	-	600
Charitable activities				
Parent / Guardian Contributions	12,450	17,070	29,520	29,963
	36	-	36	6,945
	<u>12,486</u>	<u>17,070</u>	<u>29,556</u>	<u>36,908</u>
Total of expenditure on charitable activities	12,486	17,070	29,556	36,908
Employee costs				
Salaries/wages	4,995	-	4,995	4,995
	<u>4,995</u>	<u>-</u>	<u>4,995</u>	<u>4,995</u>
General administrative costs, including depreciation and amortisation				
Sundry expenses	460	-	460	556
	<u>460</u>	<u>-</u>	<u>460</u>	<u>556</u>
Total of expenditure of other costs	5,455	-	5,455	5,551
Total expenditure	17,941	17,070	35,011	43,059

Cynon Valley P.A.L.S. Play and Leisure for Children with Disabilities**Detailed Statement of Financial Activities**

Net gains on investments	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
Net income	15,542	-	15,542	6,439
	<hr/>	<hr/>	<hr/>	<hr/>
Net income before other gains/(losses)	15,542	-	15,542	6,439
Other Gains	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
Net movement in funds	15,542	-	15,542	6,439
	<hr/>	<hr/>	<hr/>	<hr/>
Reconciliation of funds:				
Total funds brought forward	73,165	-	73,165	66,726
	<hr/>	<hr/>	<hr/>	<hr/>
Total funds carried forward	88,707	-	88,707	73,165
	<hr/>	<hr/>	<hr/>	<hr/>

CYNON VALLEY P.A.L.S. PLAY AND LEISURE FOR CHILDREN WITH DISABILITIES

England & Wales - Charity number 1046862

Accounts



Chair Annual Report

*Year ending- 30th April
2024*

Charity No: 1046862

www.cynonvalleypals.co.uk

email: cynonvalleypals@aol.com

Status

The organisation is a registered charity which registered 5th June 1995 and is governed by a constitution. Under the rules of the constitution the members of the management committee are elected at the AGM.

Management Committee 2023 - 2024

Throughout the year we have had a few changes to our Management Committee.

Rebecca Lydon has stepped down from her role on the Committee. Lisa Walstow has made the decision to resign as Chair to become Vice-Chair. We have a number of volunteers who have expressed interest in joining the Management Committee.

Lowri Matthews – Chair
Lisa Walstow- Vice-Chair
Rebecca Shrubbs- Treasurer
Martyn Vardon - Treasurer
Faye Matthews - Secretary
Paul Shrubbs
Rhian Smith
Laura Painter
Katrina Whale
Hannah Scobie
Camilla Harding
Rhian Davies

Principle Address

3, Hillcrest Avenue, Aberaman, Aberdare, CF44 6YH

The Management Committee present it's report and financial statements for the year ending 30th April 2024

We held a full programme of activities this year. In May 2023, we held a Coronation Party at Dragons Den. During the May Half-Term we restarted our sessions at the Lido and Aberdare Splash Park. We also attended Daerwynno, Horse Riding, Cwm Cycling, a family meal at the Brynffynon Hotel, Cinema, Surfing with Surfability and swimming at Aberfan. We also hosted our 28th Birthday Party at Dragons Den.

For our Summer Playscheme we again tried to keep to similar activities on the same day each week in order to give the children a sense of routine. On Mondays we had Family Lunch, Cwm Cycling and Splashpad. Tuesdays were our trip days and we visited Longleat, Brecon Canal Boat Trip, Mountain View Ranch, Pembrey Country Park and Weston Super Mare. Wednesdays we enjoyed trips to the cinema, horseriding and our regular Dragons Den visits. Thursdays were local activities and we visited Colliers Adventure Farm, Daerwynno, Summit Centre and Plantasia. We had multi sports at the Ron Jones Stadium and swimming on Fridays. Saturdays were our regularly scheduled Lido sessions. On Sundays we enjoyed a variety of activities including, Parc Play, cinema trips, Trago Playcentre and a trip to Gwili Steam Railway. We also went to see Winnie the Pooh at the Millenium Centre.

In September we enjoyed a visit to Circus Starr at Pagett Rooms in Penarth

During October Half Term we went to Family Lunch at Ynys View Café, cycling with Cwm Cycling and enjoyed our family swim session at the Sobell Centre. We enjoyed a visit to Aberdare Coliseum Theatre for King of Nothing Puppet Show and to the cinema. We had our Halloween party at Dragons Den. We had Family Lunch at Brynffynon Hotel and an exclusive session at Kingdom of Chaos. We attended Horse Riding and Swimming at Aberfan Leisure Centre.

We had a busy Christmas period with a trip to Brecon Mountain Railway to visit Santa. We saw Santa at Rhondda Heritage Park and Colliers Adventure Farm. We went to the pantomimes at Aberdare Coliseum and New Theatre Cardiff. We had our Christmas party at Dragons Den. We also enjoyed a Breakfast with Santa at Brewers Fayre in Aberdare. We again entered Team PALS into the Nos Galan Road Races.

In January we started to distribute the Winter Warm Packs. These ran as 'Winter Warm Hubs' at Dragons Den in addition to our monthly session. January also saw us visit the Wales Millennium Centre for the show 'Aladdin'.

In February Half Term we attended Trago Playzone and Egni. We also had a few of our regular half-term activities which included Family Lunch, at both Ynys View and the Brynffynon, Cwm Cycling, Family Swim, Cinema and Horse Riding. We also put on a number of different activities which included Golf and Bowling, Lunch at Frankie&Bennys and Vertigo Trampoline Park. We ended half-term with our Warm Hub at Dragons Den.

In March we hosted our final Winter Warm Hub and also had a visit to the Wales Millennium Centre to see 'Bluey's Big Play'.

At Easter we had a busy two weeks. We were able to gift a number of children toys thanks to donations leftover from Christmas from St David's Centre. We also got to go and see Fireman Sam at Aberdare Coliseum.

We enjoyed going to Cwm Cycling. We took part in Easter activities at Daerwynno. We had an Easter party at Dragons Den. We went horse riding at Smugglers and had an exclusive Easter session at Colliers Adventure Farm. We went surfing to with Surfability at Caswell Bay. Our weekly sessions at Ponty Lido started. We also enjoyed visits to the Cinema.

At the end of April we were also presented with our King's Award for Voluntary Service by Peter Vaughan, the Lord-Lieutenant of Glamorgan. This was a fantastic opportunity for us to share the work of Cynon Valley PALS and our upcoming plans.

Throughout the year our regular sessions at Lido Ponty, Coliseum Cinema, Dragons Den and Cwm Cycling continued.

Fundraising

Nos Galan - £1176.88

Choc Free February - £1401.00

Zippering for PALS - £250.75
One Lottery – £615.48
Raffles - £414.32
Donation Tubs – £3.00
Stalls- £117.50
Celebrate 28- £1204.25
Badges and Pins- £80.00
Charity Night- £667.00
Calendars- £174.60
Christmas Fundraising- £159.05
Rotary Raffle- £1000.00
Band Fundraiser- £250.00
Facebook Birthdays- £7.83

Grants- ALL HAVE SPENT

Pen Y Cymoedd- £1,100.00
Interlink- £520.00
Interlink- £1,000.00
Magic Little Grants- £500.00
National Lottery Awards For All- £10,000.00
National Grid Community Matters- £9,450.00
Charity Foundation Wales- £2,000.00

Donations

Aberdare Town FC- £101.50
Amazon Smile- £19.17
Blaengwawr Close- £125.00
Bonus Ball- £470.00
Facebook Donations- £64.00
Laura Painter- £60.00
L Evans- £40.00
K Langmead- £60.00
Mr Hill- £20.00
Mr Jones and Mr Furnish- £1000.00
Paypal Donation- £0.01
R. Smith- £15.00
S. Day- £14.00
T. Harris- £20.00
Townsend- £90.00
Townsend's Golden Wedding- £50.00
Whitehall Golf Club- £1600.00
Y. Halford- £12.00

Future Strategy

We continue to evaluate the services that we provide to our families and are always looking for new ways to meet the needs of the children and the families we support. The focus for

next year will be to continue to find ways of working and supporting families, taking in to account the cost-of-living crisis. We need more committee members to help out.

Risk Review

The management committee has conducted its own review of the major risks to which the charity is exposed and has set out plans to minimize these risks.

Risk 1- The charity's current committee is small in number and some roles are vacant

- Job descriptions for roles to be circulated
- Training for all committee members to be arranged.

Risk 2- We need more people to help out at and lead in person activities

- Readvertise for a playscheme leader
- Training for all volunteers to be arranged.

Risk 3- Financial stability

- although PALS have a good amount of money in the accounts a lot of this is restricted and can only be used for specific spending.
- fundraising is proving more difficult in the current climate and the number of grants available for have dramatically decreased
- continue to apply for grants as they are available
- continue with fundraising including monthly raffles, fundraising events

Financial Review

The attached accounts were presented by the treasurer. A review of financial practise was carried out. A review of policies was carried out.

Policies Review

A review of all current policies was carried out.

Responsibilities of the Management Committee

The Charity Commission required the Management Committee to prepare financial statements for each financial year. They must ensure that the accounts are prepared and formally approve them, along with the annual report.

This report has been prepared in accordance with the Statement of Recommended Practice (SORP)- Accounting and Reporting by Charity, and has been approved by the Management Committee on June 14th 2024, signed on its behalf by;

Lowri Matthews (Chair)

Rebecca and Martyn are happy to continue in the role as Treasurers. We will ask if anyone has any links to accounts that could assist in formulating reports. Possibly investigate funding an accountant with grant funding by applying through admin fees.

Meirion Townsend will join the management committee.

Katrina Whale has resigned from the management committee.

Cynon Valley PALS Account Summary - Year Ended 30 April 2024

Income			
	Restricted Funds	Unrestricted Funds	Total
Fundraising		£7,521.66	£7,521.66
Parent Contributions		£12,810.73	£12,810.73
Donations		£3,760.68	£3,760.68
Grants			
Pen Y Cymoedd	£1,100.00		£1,100.00
Interlink	£520.00		£520.00
Awards For All	£10,000.00		£10,000.00
Community Fund for Wales	£2,000.00		£2,000.00
National Grid Energy	£9,450.00		£9,450.00
Magic Little Grants	£500.00		£500.00
Interlink	£1,000.00		£1,000.00
Total			£24,570.00
Gift Aid			£346.17
Interest			£499.16
Total Income			£49,508.40
Expenditure			
Admin			£5,334.03
Fundraising			£600.00
Trips			£13,053.60
Playscheme			£16,909.04
Family Support			£6,944.64
Refunds			£10.00
Publicity			£217.68
Total Expenditure			£43,068.99
Surplus / Deficit			£6,439.41

Independent Examiner's Report

Report to the trustees / members of Cynon Valley PALS, charity number 1046862 on accounts for the year ended April 30th 2024.

I report to the trustees on my examination of the accounts of Cynon Valley PALS ("the Trust") for the year ended April 30th 2024.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). You consider that the Trust is exempt from audit for the year ended April 30th 2024 under the Act and is eligible for independent examination. I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: C. S. Chick

Date: 27/2/25

Name: Mrs Cheryl Chick

Relevant professional qualification(s) or body (if any): Retired bank clerk

Address: 7, Hillcrest Avenue, Aberaman, Aberdare, CF44 6YH

CYNON VALLEY P.A.L.S. PLAY AND LEISURE FOR CHILDREN WITH DISABILITIES

England & Wales - Charity number 1046862

Accounts



Chair Annual Report

*Year ending- 30th April
2023*

Charity No: 1046862

www.cynonvalleypals.co.uk

email: cynonvalleypals@aol.com

Status

The organisation is a registered charity which registered 5th June 1995 and is governed by a constitution. Under the rules of the constitution the members of the management committee are elected at the AGM.

Management Committee 2022 - 2023

Lisa Walstow- Chair

Lowri Matthews – Chair

Rebecca Shrubbs- Treasurer

Martyn Vardon - Treasurer

Faye Matthews - Secretary

Paul Shrubbs

Rhian Smith

Rebecca Lydon

Laura Painter

Katrina Whale

Hannah Scobie

Camilla Harding

Rhian Davies

Principle Address

3, Hillcrest Avenue, Aberaman, Aberdare, CF44 6YH

The Management Committee present it's report and financial statements for the year
ending 30th April 2023

We held a full programme of activities this year. In May Half Term of 2022 we held a funday at Daerwynno, a Platinum Jubilee Party and an exclusive session at Parc Play.

For our Summer Playscheme we again tried to keep to similar activities on the same day each week in order to give the children a sense of routine. On Mondays we had Cwm Cycling and family swimming. Tuesdays were our trip days and we visited Longleat, Noah's Ark, Weston Super Mare, Mountain View Ranch and Plantasia. Wednesdays we enjoyed family lunches and our regular Dragons Den visits. Thursdays were local activities and we visited Daerwynno, Parc Play and enjoyed watching the Lion King at the Wales Millenium Centre. We had multi sports at the Ron Jones Stadium on Fridays. Weekends were busy with Ponty Lido and swimming and inflatables in Aberfan on Sundays.

In September we held a Zipping for PALS fundraiser at Zip World Tower.

During October Half Term we did a cooking session with Cooking Together. We went cycling with Cwm Cycling and enjoyed our family swim session at the Sobell Centre. We had our Halloween party at Dragons Den. We visited Daerwynno for a pumpkin trail. We had our first visit to Egni Activity Centre and went horse riding at Smugglers. We joined StreetWise for an exclusive street dance activity.

We had a busy Christmas period with a trip on the Polar Express in Devon. We saw Santa at Rhondda Heritage Park and enjoyed Christmas Sunday lunch at Mountain Ash Golf Club. We went to the pantomimes at Aberdare Coliseum and New Theatre Cardiff. We had two Christmas parties at Dragons Den. We again entered Tam PALS into the Nos Galan Road Races.

In February Half Term we went cycling with Cwm Cycling and enjoyed our family swim session at the Sobell Centre. We had a Valentines party at Dragons Den. We visited Egni Activity Centre and went horse riding at Smugglers. We again joined StreetWise for an exclusive street dance activity.

At Easter we had a busy two weeks. We went swimming at Aberfan and Sobell Centre. We enjoyed going to Cwm Cycling. We took part in Easter activities at Daerwynno. We had an Easter party at Dragons Den. We enjoyed family meals at Brynffynon. We went horse riding at Smugglers and had an exclusive session at Parc Play. We went surfing to with Surfability at Caswell Bay. Our weekly sessions at Ponty Lido started. We also went to see Hey Duggee at Wales Millenium Centre. We had a washed out visit to Folly Farm but we enjoyed despite the rain.

Throughout the year our regular sessions at Lido Ponty, Coliseum Cinema, Dragons Den and Cwm Cycling continued. We trialed Dragons Den sessions on the first and third Wednesday of the month but due to low numbers it was reduced back to once a month.

Fundraising

Nos Galan - £605

Choc Free March - £1730

Zippering for PALS - £719.50

One Lottery – £681.46

Bonus Ball – £1966

Raffles - £869.52

Shaws Fundraiser – £100.54

Vincent's Zipwire - £450

Nataly Churchill – £1323.05

Donation Tubs – £29.54

Fetes - £143

O'Leary Run - £155

Pens - £10

Clare & Carol Swansea Half Marathon - £1224

PayPal Giving - £1696.53

Grants

Awards For All - £10,000.00

Community Fund for Wales - £2,000.00

Magic Little Grants - £500.00

Summer of Fun - £9,502.00

Western Power Holiday Hunger - £2,500.00

Comic Relief - £7,726.00

Trivallis - £5,000.00

Interlink - £1,000.00

Greggs - £500.00

Donations

Aberdare Golf Club - £1675

Amazon Smile - £28.65

Blaengwawr Close - £103

Cerys Hamer - £535.62

Christmas Cards - £80

Crystal Matthews - £125.04

Cwmaman Club - £1000

Kath & Andy - £50

Mr Jones & Mr Furnish - £1000

Shrubbs - £20

Townsend - £90

Future Strategy

We continue to evaluate the services that we provide to our families and are always looking for new ways to meet the needs of the children and the families we support. The focus for next year will be to continue to find ways of working and supporting families, taking in to account the cost-of-living crisis. We need more committee members to help out.

Risk Review

The management committee has conducted its own review of the major risks to which the charity is exposed and has set out plans to minimize these risks.

Risk 1- The charity's current committee is small in number and some roles are vacant

- Job descriptions for roles to be circulated
- Training for all committee members to be arranged.

Risk 2- We need more people to help out at and lead in person activities

- Readvertise for a playscheme leader
- Training for all volunteers to be arranged.

Risk 3- Financial stability

- although PALS have a good amount of money in the accounts a lot of this is restricted and can only be used for specific spending.
- fundraising is proving more difficult in the current climate and the number of grants available for have dramatically decreased
- continue to apply for grants as they are available
- continue with fundraising including monthly raffles, fundraising events

Financial Review

The attached accounts were presented by the treasurer. A review of financial practise was carried out. A review of the reserves policy was carried out on October 3rd 2023.

Policies Review

A review of all current policies was carried out.

Responsibilities of the Management Committee

The Charity Commission required the Management Committee to prepare financial statements for each financial year. They must ensure that the accounts are prepared and formally approve them, along with the annual report.

This report has been prepared in accordance with the Statement of Recommended Practice (SORP)- Accounting and Reporting by Charity, and has been approved by the Management Committee on October 24th 2023, signed on its behalf by;

Lisa Walstow (Chair)

Lowri Matthews (Chair)

Cynon Valley PALS Account Summary - Year Ended 30 April 2023

Income							
					Restricted Funds	Unrestricted Funds	Total
Fundraising						£11,703.14	£11,703.14
Parent Contributions						£15,252.34	£15,252.34
Refunds In						£1,545.69	£1,545.69
Donations						£4,707.31	£4,707.31
Grants							
	Awards For All				£10,000.00		£10,000.00
	Community Fund for Wales				£2,000.00		£2,000.00
	Magic Little Grants				£500.00		£500.00
	Summer of Fun				£9,502.00		£9,502.00
	Western Power Holiday Hunger				£2,500.00		£2,500.00
	Comic Relief				£7,726.00		£7,726.00
	Trivallis				£5,000.00		£5,000.00
	Interlink				£1,000.00		£1,000.00
	Greggs				£500.00		£500.00
	Total						£38,728.00
Interest							£87.63
Total Income							£72,024.11
Expenditure							
Admin							£4,251.23
Fundraising							£683.50
Trips							£19,389.58
Playscheme							£26,620.00
Misc							£8.99
Family Support							£950.10
Refunds							£88.00
Publicity							£299.04
Total Expenditure							£52,290.44
Surplus / Deficit							£19,733.67

Independent Examiner's Report

Report to the trustees / members of Cynon Valley PALS, charity number 1046862 on accounts for the year ended April 30th 2023.

I report to the trustees on my examination of the accounts of Cynon Valley PALS ("the Trust") for the year ended April 30th 2023.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). You consider that the Trust is exempt from audit for the year ended April 30th 2023 under the Act and is eligible for independent examination. I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: C S Chick

Date: 21/2/24

Name: Mrs Cheryl Chick

Relevant professional qualification(s) or body (if any): Retired bank clerk

Address: 7, Hillcrest Avenue, Aberaman, Aberdare, CF44 6YH

CYNON VALLEY P.A.L.S. PLAY AND LEISURE FOR CHILDREN WITH DISABILITIES

England & Wales - Charity number 1046862

Accounts

Chair Annual Report

*Year ending- 30th April
2022*



Charity No: 1046862

www.cynonvalleypals.co.uk

email: cynonvalleypals@aol.com

Status

The organisation is a registered charity which registered 5th June 1995 and is governed by a constitution. Under the rules of the constitution the members of the management committee are elected at the AGM.

Management Committee 2021 - 2022

Miss Lisa Walstow- Chairperson

Miss Lowri Matthews – Vice Chair

Mrs Rebecca Shrubbs- Treasurer

Mrs Faye Matthews - Secretary

Mr Paul Shrubbs

Miss Rhian Smith

Mrs Rebecca Lydon

Mrs Hayley Vardon- Development Officer

Mrs Ailsa Reynolds has resigned from the Management Committee.

Principle Address

3, Hillcrest Avenue, Aberaman, Aberdare, CF44 6YH

The Management Committee present it's report and financial statements for the year ending

30th April 2022

For the third year running our programme was disrupted due to Covid 19. However, we were able to run an almost full year of activities.

May Half Term began with a Pizzeria Fakeaway with Cooking Together. Continuing the food theme we planted and grew our own strawberries. We also took part in a birthday challenge where our children had to count their steps to see if we could reach 26 miles, one for every year that Cynon Valley PALS has been running.

For our Summer Playscheme we tried to keep to similar activities on the same day each week in order to give the children a sense of routine. We offered family swim sessions at Lido Ponty, Mini Olympics at Ron Jones Stadium, sessions at Dragon's Den, Trago Playzone and Vertigo Trampoline Park. We ran a trip to Folly Farm. We also visited Abercynon Community Gardens and Daerwynno Outdoor Centre. We had an exclusive session in the new Splash Pad at Aberdare Park.

In September we held a Zipping for PALS fundraiser at Zip World Tower. We went surfing at Caswell Bay with Surfability through September and October.

During October Half Term we did a cooking session with Cooking Together which was very popular. We had our regular session at Dragons Den. We visited Parc Play in Cardiff and Trago Playzone.

With Covid cases again rising, our Christmas activities were again disrupted. We started off with a visit to Santa's Toy Mine. We had breakfast with Santa at Brewers Fayre, Aberaman and a Christmas Party at Dragon's Den. We took part in a Christmas Cook along with Cooking Together. We held our annual trip to the pantomime at New Theatre, Cardiff. Unfortunately, due to covid restrictions our trip to see Beauty and the Beast at Wales Millennium Centre was cancelled. Due to donations and funding we were able to gift advent calendars, gift vouchers, toys, games and sensory items and Christmas toys to the children.

In January we began our monthly Family Food and Craft evenings at Takitas. In February half term we enjoyed cooking with Cooking Together. We visited Daerwynno for outdoor activities and enjoyed our regular Dragons Den session.

During the Easter holidays we were able to resume our popular swimming sessions at Sobell Leisure Centre. We visited Parc Play Daerwynno and Dragons Den. We enjoyed another surfing session at Caswell Bay. We also had our first exclusive visit to Plantasia in Swansea.

Fundraising

Nos Galan - £2923

Choc Free February - £1644

Zippering for PALS - £3137

One Lottery – £871.32

Bonus Ball – £429

Amazon Smile - £5

Raffles - £392.96

Grants

Arnold Clark - £1000

Summer of Fun - £2603.75

Winter Wellbeing - £5649.70

Sydney Albert Fund - £250

Donations

Maes Gwyn - £300

Darrenlas - £110

Rhian Clark - £50

Future Strategy

We continue to evaluate the services that we provide to our families and are always looking for new ways to meet the needs of the children and the families we support. Focus for next year will be to find new ways of working and supporting families, taking in to account the cost of living crisis. We need more committee members to help out.

Risk Review

The management committee has conducted its own review of the major risks to which the charity is exposed and has set out plans to minimize these risks.

Risk 1- The charity's current committee is small in number

- Adverts for additional committee members will be arranged.
- Training for all committee members to be arranged.

Risk 2- We need more people to help put at and lead in person activities

- Adverts for playscheme volunteers will be arranged.
- Training for all volunteers to be arranged.

Risk 3- Financial stability

- although PALS have a good amount of money in the accounts a lot of this is protected and can only be used for specific spending, mainly food deliveries.
 - fundraising is proving more difficult in the current climate and while grants to provide support during lockdown have been numerous, these are no longer being offered and the number of grants available for running costs have dramatically decreased
- continue to apply for grants as they are available
- implement new ideas for fundraising including monthly raffles, fundraising events

Financial Review

The attached accounts were presented by the treasurer. A review of financial practise was carried out.

Policies Review

A review of all current policies was carried out.

Responsibilities of the Management Committee

The Charity Commission required the Management Committee to prepare financial statements for each financial year. They must ensure that the accounts are prepared and formally approve them, along with the annual report.

This report has been prepared in accordance with the Statement of Recommended Practice (SORP)- Accounting and Reporting by Charity, and has been approved by the Management Committee on October 18th 2022, signed on its behalf by;

Lisa Walstow (Chair)

Cynon Valley PALS
Final Accounts 2021 – 2022

INCOME	
Parent Contributions	£6807.00
Bonus Ball	£710.00
Fundraising	£8158.64
Donations	£680.01
Grants	£9503.45
One Lottery	£871.32
Refunds In	£925.25
Interest	£2.12
TOTAL INCOME	£27,657.79
EXPENDITURE	
Playscheme Activities	£14298.73
Administration	£314.19
Refunds Out	£240.00
Trips	£4172.45
Development Officer	£3200.00
Family Support	£3772.03
Fundraising Expenses	£829.00
Miscellaneous	£513.01
TOTAL EXPENDITURE	£27,339.41

CYNON VALLEY P.A.L.S. PLAY AND LEISURE FOR CHILDREN WITH DISABILITIES

England & Wales - Charity number 1046862

Accounts

Chair Annual Report

*Year ending- 30th
April 2021*



Charity No: 1046862

www.cynonvalleypals.co.uk email: cynonvalleypals@aol.com

Status

The organisation is a registered charity which registered 5th June 1995 and is governed by a constitution. Under the rules of the constitution the members of the management committee are elected at the AGM. It has been agreed that a period of 3 years will be served, subject to ratification at each AGM.

Management Committee

Miss L Walstow- Chairperson

Mrs R Shrubbs- Treasurer

Mrs A Reynolds- Secretary

Mr P Shrubbs

Miss L Morgan

Miss R Smith

Mrs H Vardon- Development Officer

Miss S Ingram has resigned from the Management Committee.

Principle Address

3, Hillcrest Avenue, Aberaman, Aberdare, CF44 6YH

The Management Committee present it's report and financial statements for the year ending 30th April 2021

Our programme this year was again disrupted due to Covid 19. We began the year in lockdown and unable to hold any face to face activities. We continued to provide fruit and vegetable deliveries to our families throughout the year including a Christmas hamper. We were also able to provide sensory and art equipment to families through grant funding. We were able to supply pumpkins for carving during October Half Term and daffodils for Mothering Sunday.

We began to offer online / virtual activities starting with the Cynon Valley PALS Summer Art Extravaganza. We asked the children to produce a piece of art showing something that they had done during the summer. Everyone who took part was given personalized coloured pencils as a prize. We posted a video of all the artwork.

As restrictions eased, our first activity which was run with Cynon Valley Museum was a family Sports Day at Ron Jones Stadium, Aberdare. The children enjoyed taking part in sports day activities and all were presented with a medal.

Our Dragons Den sessions resumed in August and were held in September and October too before the centre closed once again.

In conjunction with Cynon Valley Museum we held a live music activity via Zoom on Saturday 17th October where musicians, Rachael & Beatrice played live especially for us.

As we were again in lockdown for October Half Term we held more virtual activities. We held The Great PALS Bake Off with Richard from Cooking Together who delivered ingredients and made three videos showing us how to make Halloween treats. We invited families to take part in a virtual Halloween / Light and Bright Dress up where families sent us pictures of them dressed up and we shared the video to social media.

During Half Term we set a Calendar Challenge where we asked children to design a picture for a 2021 PALS calendar. We also took part in a virtual Touch Trust session via Zoom.

In November we held a virtual coffee and cake morning for parents on Zoom in conjunction with Cynon Valley Museum. Cap Coch Coffee delivered a coffee and cake parcel to everyone taking part

Our Christmas events were again disrupted by lockdowns so all events were virtual or distanced. We sent out a craft pack to families and then posted details of how to make the crafts online. We were very fortunate that Santa found time in his busy schedule to make a socially distanced visit to our families with a gift. We had tea with Santa where we sent out afternoon tea to the children who then watched a specially prepared video of When the Elves saved Christmas. We also held a virtual Christmas Celebration where our children submitted a video or photograph which we shared on social media. We were treated to another concert from string duet, Rachael and Beatrice via Zoom.

During February Half Term our activities centred around the Very Hungry Caterpillar. We held another bake off with Richard from Cooking Together who again provided ingredients and videos for us to make Afternoon Tea. We shared videos of The Very Hungry Caterpillar for the children to enjoy. We set craft activities to go alongside The Very Hungry Caterpillar to complete at home. We also posted videos for the children to join in our Butterfly Boogie.

During the Easter holidays we sent out a craft pack to families and then posted details of how to make the crafts online. We sent out Grow your own sunflower kits for the children to plant. We also set an Easter Nature trail for the children to follow.

Easter Trail

Fundraising

25 Year Challenge by JR - £1155

Nos Galan - £1677

Easter Raffle - £303.48

Christmas Card Appeal - £95

Grants

Asda Foundation - £30

Transformation Fund - £7,480

WCVA -

Interlink Covid Grant - £250

Western Power Grant - £750

Donations

Mr J and Mr F - £1000

Future Strategy

We continue to evaluate the services that we provide to our families and are always looking for new ways to meet the needs of the children and the families we support. Focus for next year will be to find new ways of working and supporting families, taking in to account the COVID 19 restrictions. We desperately need more committee members as some roles are vacant.

Risk Review

The management committee has conducted its own review of the major risks to which the charity is exposed and has set out plans to minimize these risks.

Risk 1- The charity is still unable to provide a full programme of in person activities as COVID cases remain high.

- Gradually begin to transition safely from virtual to in person activities.

Risk 2- The charity's current committee is small in number

- Adverts for additional committee members will be arranged.

- Training for all committee members to be arranged.

Risk 3- Financial stability

- although PALS have a good amount of money in the accounts a lot of this is protected and can only be used for specific spending, mainly food deliveries.

- fundraising is proving more difficult in the current climate and while grants to provide support during lockdown have been numerous, these are no longer being offered and the number of grants available for running costs have dramatically decreased

- continue to apply for grants as they are available and look for new ideas for fundraising events.

Financial Review

The attached accounts were presented by the treasurer. A review of financial practise was carried out. It is recommended that all transactions are authorized by two trustees.

Responsibilities of the Management Committee

The Charity Commission required the Management Committee to prepare financial statements for each financial year. They must ensure that the accounts are prepared and formally approve them, along with the annual report.

This report has been prepared in accordance with the Statement of Recommended Practice (SORP)- Accounting and Reporting by Charity, and has been approved by the Management Committee on September 28th 2021, signed on its behalf by;

Lisa Walstow

Cynon Valley PALS Accounts 2020 - 2021X

X	TOTAL INCOME
PARENTAL CONTRIBUTIONS	£ 1,015.16
MISC	£ 1,264.44
FUNDRAISING	£ 7,308.62
DONATIONS	£ 2,368.88
INTEREST	£ 2.66
GRANTS	£ 40,795.00
ONE LOTTERY	£ 196.92
(INCOMING BACS TRANSFERS BETWEEN PALS ACCOUNTS)	£ 16,596.17
TOTAL ACCOUNT INCOME	£ 69,547.85
ACTUAL INCOME NOT INCLUDING TRANSFERS	£ 52,951.68
	TOTAL EXPENDITURE
PLAYSCHEME/COVID ACTIVITIES	£ 10,701.12
VOLUNTEER EXPENSES	£ -
MISC	£ 2,182.34
TRIPS	£ -
CHARGES	£ -
WORKSHOPS	£ -
DEVELOPMENT OFFICER	£ 1,840.00
REFUND PARENTAL CONS COVID 19	£ -
COVID 19 SUPPLIES	£ 39,383.43
(OUTGOING BACS TRANSFERS BETWEEN PALS ACCOUNTS)	£ 16,596.17
TOTAL ACCOUNT EXPENDITURE	£ 70,703.06
ACTUAL EXPENDITURE NOT INCLUDING TRANSFERS	£54,106.89

