

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY AND ITS APPLICATIONS TO HEALTH AND RELATED PUBLIC SERVICES, IN THE E.C. AND E.F.T.A. COUNTRIES

England & Wales · Charity number 1046731

Details

Other names EFPP

Status Registered

Legal form Other

Registered 1995-05-24

Register [View on the Charity Commission register](#)

Contact

Address Efpp
Archway Business Centre
Unit 7
19-23 Wedmore Street
London
N19 4RU

Phone 02075619240

Email janaki@efpp.org

Website www.efpp.org

Activities

Objects: TO ADVANCE EDUCATION, TRAINING AND THE DEVELOPMENT OF PSYCHOTHERAPY WHICH IS PSYCHOANALYTIC IN PRINCIPLE AND PRACTICE, CONCENTRATING PARTICULARLY ON SERVICES PROVIDED BY PUBLIC ORGANISATIONS SUCH AS HEALTH AND SOCIAL SERVICES AND OTHER THIRD PARTY AND INSURANCE FUNDED HEALTH SERVICES. TO PROMOTE FOR THE PUBLIC BENEFIT THE RELIEF OF MENTAL ILLNESS OR DISORDER BY DEVELOPING PSYCHOANALYTIC PSYCHOTHERAPY IN EUROPE IN PARTICULAR THROUGH THE DEVELOPMENT OF AN EXECUTIVE COMMITTEE STRUCTURE FOR PSYCHONALYTIC PSYCHOTHERAPY IN THE PUBLIC SECTOR, REGARDLESS OF RACE, RELIGION, GENDER OR SOCIO-ECONOMIC STATUS. TO PROMOTE RESEARCH IN PSYCHOANALYTIC PSYCHOTHERAPY.

Activities: To advance education, training, research and development of psychoanalytic psychotherapy provided by public organisations in Europe and surrounding regions and to define and protect standards of training required for a practitioner to be competent to practice on behalf of the service providers.

Classification

- **How:** Provides Human Resources, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** E.C. AND E.F.T.A. COUNTRIES

- Armenia
- Belgium
- Bulgaria
- Croatia
- Cyprus
- Czech Republic
- Denmark
- Estonia
- Finland
- France
- Georgia
- Germany
- Greece
- Israel
- Italy
- Kazakhstan
- Lithuania
- Luxembourg
- Moldova
- Netherlands
- Norway
- Poland
- Portugal
- Romania
- Russia
- Serbia
- Slovakia
- Slovenia
- Spain
- Sweden
- Switzerland
- Turkey
- Ukraine

- Islington

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£67,447	£72,274	-	-
2023-09-30	£67,542	£79,024	-	-
2022-09-30	£45,568	£47,424	-	-
2021-09-30	£48,180	£38,218	-	-
2020-09-30	£44,806	£25,977	-	-

Trustees

Name	Role	Appointed
Cristina Calarasanu		2017-05-15
Dr Alix Vann-Nicollier		2025-03-08
Gianfranco Buonfiglio		2023-03-03
Hansjorg Messner		2013-03-02
Janaki Hemaratne		2023-03-03
Keren Amouyal Amouyal		2023-09-05
Maria Eugenia Cid Rodriguez		2019-03-09
Michael Eckhardt Stasch		2021-03-06
Odile Gaveriaux		2022-03-17
Yafi Shpirer		2025-04-04

Accounts

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED

30TH SEPTEMBER 2024

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2024

CONTENTS

Page

Reference and administrative information	1
Report of the Trustees	2-10
Report of the independent examiner	11
Statement of financial activities	12-13
Balance sheet	14
Notes of the accounts	15-19

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REFERENCE AND ADMINISTRATIVE INFORMATION

AS AT 30TH SEPTEMBER 2024

REGISTRATION DETAILS	The European Federation for Psychoanalytic Psychotherapy is registered as a charity in England and Wales (number 1046731) under the name: “The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries”.
GOVERNING DOCUMENT	The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution last amended in March 2017 and originally adopted in March 1991.
CHARITY TRUSTEES	The charity trustees are the members of the Executive Committee (now referred to as the Board). Their names are set out in the Report of the Trustees. From 13th March 2009 the members of the Executive Committee are made up of two persons elected from each of the four sections of the Federation and a chairperson directly elected by the assembly of delegates. Additional members may be co-opted at the Executive Committee’s discretion.
FORMAL ADDRESS	The European Federation for Psychoanalytic Psychotherapy, C/o British Psychoanalytic Council, Suite 7, 19-23 Wedmore Street, London N19 4RU
BANKERS	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling, Kent ME19 4JQ And, PostFinance, Die Schweizerische Post, Swiss Post International, Mingerstrasse 12, P.O. Box, 3030 Berne, Switzerland
INDEPENDENT EXAMINER	P J Lucas FCCA Lucas & Co Chartered Certified Accountants Godalming, Surrey, GU7 1EQ

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

The trustees present their report together with the accounts of The European Federation for Psychoanalytic Psychotherapy (“the Federation”) for the year ended 30th September 2024. The European Federation for Psychoanalytic Psychotherapy is a registered charity, registered with the Charity Commissioners for England and Wales under number 1046731. The reference and administrative information set out on page 1 forms part of this report.

OBJECTIVES AND ACTIVITIES

The European Federation for Psychoanalytic Psychotherapy is established with the following objectives: to advance education, training and the development of psychotherapy which is psychoanalytic in principle and practice; to promote for the public benefit the relief of mental illness or disorder by developing psychoanalytic psychotherapy in Europe; and to promote research in psychoanalytic psychotherapy.

The Federation furthers its objectives as follows: by publishing the EFPP Book Series (formerly known as clinical monographs); by maintaining and developing communications with members of the profession of psychoanalytic psychotherapy throughout Europe; and by supporting the development of psychotherapy in the Federation’s four sections at national level. There have been no material changes in policy since the last report.

STRUCTURE GOVERNANCE AND MANAGEMENT

The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution, which was last amended in March 2017 and originally adopted in March 1991.

The European Federation for Psychoanalytic Psychotherapy is composed of four sections representing: (i) individual adult psychoanalytic psychotherapy; (ii) group analytic psychotherapy; (iii) child and adolescent psychoanalytic psychotherapy; and (iv) couple and family psychoanalytic psychotherapy. Each section has its own defined training standards, and these form part of the Federation’s byelaws. Sections meet as frequently as they decide, as well as at the same times as general meetings of the Federation called by the Executive Committee.

Membership of the Federation is open to all European countries. Each member country may send up to two delegates from each section to a general meeting. The delegates are appointed by the organisation or organisations from the member countries that appear to the Federation to represent the section of the profession in the country concerned.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

STRUCTURE GOVERNANCE AND MANAGEMENT (continued)

The trustees of the Federation are the members of the Executive Committee. Since 13th March 2009, with the inclusion of the fourth section, the Executive Committee has been made up of two persons elected from each section of the Federation and a chairperson. Since October 2010 the general meeting of the delegates has elected the chairperson separately and directly. The Executive Committee may co-opt additional members at its discretion subject to the number of co-opted members not exceeding 1/3rd of the total Executive Committee. The trustees are responsible for the overall management and control of the Federation and meet regularly to manage its affairs.

The Federation has no paid staff and relies heavily upon the commitment of the members of its Executive Committee, who give freely of their time and expertise in furtherance of the Federation's objectives. For administration the Federation has an Administrative Officer based in Berlin and a Finance Officer based in the UK. The Finance Officer is a co-opted trustee and is paid in a self-employed capacity for her role as internal charity financial officer.

PERFORMANCE AND ACHIEVEMENTS

All regular meetings via Zoom and in person have continued, allowing greater cooperation and ongoing collaboration on several tasks and projects.

EFPP President, Maria Eugenia Cid Rodriguez and the board was working on the most important institutional tasks in hand and addressed urgent matters.

Help Ukraine

At the beginning of 2022, the Federation was impacted strongly by the war in Ukraine that started in February and affected two EFPP constituents (UAPP and the APPU) directly. The EFPP board decided to support these constituents, morally and financially. The EFPP President and the board have from the start of the conflict declared our unwavering solidarity and support for our colleagues in need. The working group "Help Ukraine" (chaired by Hansjorg Messner and Cristina Calarasanu) has been tasked with coordinating support efforts.

This project aims to provide the following types of assistance to our Ukrainian colleagues: financial donations, professional support through seminars and teaching about trauma, supervision and other support, as required.

We also received approximately €15,000 from various countries, and from members of the EFPP, in support of Ukraine. The funds were redirected to UAPP and APPU, the two main Ukrainian psychoanalytic psychotherapy organisations.

As the conflict persists, we are planning a second appeal for support. This initiative aims to strengthen their educational and clinical efforts, enabling them to care for traumatised civilians and returning soldiers.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

EFPP Delegates Meeting

The online Delegates Meeting took place on Saturday, 9 March 2024. The programme featured two engaging presentations: the first by a delegate representing the Finnish National Network, and the second by a delegate from the Romanian National Network.

The next EFPP biennial Delegates Meeting has at the date of this report already been held, for the first time in Bucharest, Romania. This was a hybrid meeting. The organising team for the Delegates Meeting was, Cristina Calarasanu, Section Chair of PCFP and Vice President, together with Sanda Lepoiev, President of the Romanian Society.

The biennial Delegates meeting brought together the elected representatives (delegates) of the national networks and organisations of the federation. During the event, important strategic issues were discussed and democratically decided upon.

The biennial Delegates Meeting placed emphasis on EFPP's organisational structure, including section meetings to elect new Section Chairs and Board Representatives. This process supports leadership continuity and reinforces democratic decision-making.

There was a special discussion, featuring past, present, and future EFPP Presidents and Board Members, moderated by President Maria Eugenia Cid. Brian Martindale, the founder of the EFPP, expressed gratitude for the opportunity to witness the organisation's growth. The discussion addressed EFPP's origins, its evolving role in psychoanalytic psychotherapy, and its impact over the years. We hope you found this session particularly meaningful, as reconnecting with EFPP's foundation fosters a sense of belonging to the community and inspires ongoing work.

Part of the meeting was dedicated to our Ukrainian colleagues, with a space for Working in times of War. Their presentations showed us a complex and vivid picture of what has been happening in Ukraine since the war broke out and the way they have coped with the challenges and the suffering with bravery and dignity.

There was a screening of the documentary *Outsider. Freud*, followed by a discussion with the filmmaker. This session offered a fresh perspective on Freud's life and work, stimulating reflections on how psychoanalytic ideas continue to shape contemporary thought.

Furthermore, the delegates had the opportunity to provide updates on national activities and reflect on their experiences.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

EFPP Delegates Meeting (continued)

The meeting normally concluded, as normal, with the First Meeting of the New Board, setting the stage for continued collaboration and future developments within EFPP.

EFPP Research-Award

The EFPP Research Award is given every second year at the biennial Delegates meeting. The winner of the 2025 EFPP Research Award was Simon Kempe M.A., a research assistant at the International Psychoanalytic University, Berlin and a psychotherapist in training at the Institut für Psychotherapie e.V. Berlin. Normally, the members of the Scientific committee chair the presentation of the award via zoom.

EFPP Book Series

2024 was a dynamic and productive year for the EFPP Book Series, marked by significant collaborations, new publications, and exciting upcoming projects.

Recent Publications

One of the major accomplishments of the year was the publication of the Italian colleagues' book translation, *Psychoanalytic Psychotherapy Between Identity and Change*, which was successfully released by Routledge in November 2024. This publication represents an important milestone in extending psychoanalytic psychotherapy literature across linguistic and cultural boundaries.

Upcoming Publications

Routledge has accepted two new book projects, reflecting the continued growth and recognition of the EFPP Book Series:

1. **Group Analytic Psychotherapy in Europe: Assessing Current Status and Shaping Future Directions** (*title to be confirmed*) – Edited by Anna Zajenkowska and Hanne Sophie-Dahl.
2. **Couple and Family Metamorphosis: Exploring Inside and Outside Differences** (*title to be confirmed*) – Edited by Cristina Calarasanu and the editorial committee, which includes Ayse Ozalkin, Lida Anagnostaki, Veronika Garms, and Malby Oliver.

Warsaw Book Project

Another significant initiative is the book associated with the Warsaw conference. The editorial committee overseeing this project consists of:

Cristina Calarasanu – Editor-in-Chief, Anna Zajenkowska, Michael Stasch, Agnieszka Hanbowska, Edyta Fira-Krempa. This project has garnered substantial interest, with 20 proposals received from various authors who participated in the conference. Additionally, papers from three main speakers have been submitted, further enriching the content of the forthcoming publication.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

EFPP Four Section Conference

‘A Different World? Psychoanalytic Psychotherapy and Relatedness in Stormy Times’ ran for 3 days and ended on 29th September 2024. The conference was organised by Poland in conjunction with the EFPP. The organisational co-chairs from the board were Michael Stasch and Uri Levin, working along with the local organising committee headed by Anna Zajenkowska.

The conference was a resounding success, fostering insightful discussions, meaningful exchanges, and the sharing of innovative approaches in psychotherapy.

Conference Highlights

- We were thrilled to welcome participants from 30 countries, with an attendance of over 350 people.
- The majority of attendees were from the private sector, with many specializing in adult therapy. Additionally, a significant number of professionals integrated at least three of the four therapy modalities: Adults, Groups, Child & Adolescent, and Couples & Families, in their work.
- A large proportion of participants were dedicated to Adults and Groups, as well as Adults and Children & Adolescents, reflecting the growing interest in comprehensive psychoanalytic approaches.

The “Large group”

The “Large group” was formed in conjunction with the Help Ukraine project with Gila Ofer and Uri Levin as conductors. It facilitated a regular, virtual internet platform as a necessary moral support for our members in the affected country. It also allowed all other members to participate in (including members from Russia) and explore together the impact this was having.

Although attendance has declined since the pandemic, the Large Group has continued to provide a consistent virtual weekly space for many months, maintaining a stable number of regular participants.

The National Network

The national network committee consisting of the EFPP President Maria Eugenia Cid Rodriguez, Vice president, Cristina Calarasanu as well as the chair of the committee, Hansjorg Messner, oversees and coordinates the diverse national networks of the federation. In normal circumstances it is the specific national network that calls upon the committee to intervene to clarify or mediate about issues concerning the internal workings of the network and its multiple components. The focus of the committee in these instances is mainly to listen and gather an understanding of the issues in hand. In the past year we had several meetings with the Russian national network. The committee is proactive when new national networks are forged, and clarity of purpose, governance and cooperation within, as well as with the federation are

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

The National Network (continued)

established. Meetings with the networks in France, Greece and Kazakhstan have been fruitful, although meeting with the Kazakhstan network has been a challenge due to geography and time differences.

E-Journal

The EFPP e-Journal is a platform that allows all individuals, members of National Networks, regardless of their membership status in the EFPP, to publish articles on psychoanalytic psychotherapy in their preferred language. The e-Journal is published twice a year. For each of these two issues, there is a call for clinical, institutional, and educational papers on a wide range of topics so that readers, regardless of which section they belong to, can benefit from them in professional practice. The Editorial Board, have chosen the theme for the next issue: 'On Beginnings.' This theme reflects the new format of the e-journal, our own journey as beginners following in Gila Ofer's footsteps, and, above all, 'beginnings' in all their forms—clinical, institutional, and educational.

FINANCIAL REVIEW

The accounts of The European Federation for Psychoanalytic Psychotherapy have been prepared in accordance with the Charities SORP (FRS 102) “Accounting and Reporting by Charities” Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The Statement of Financial Activities shows how the Federation’s funds have been raised and applied during the year under report.

The Balance Sheet on 30th September 2024 discloses fixed assets of £1,433, investments of £24,847, monies with the banks of £52,261, other current assets of £25,439, and liabilities of £29,894.

Financial stability is vital if the Federation is to look forward with confidence to becoming even more effective in attaining its charitable objectives. The continued financial support from its members is crucial to the Federation in achieving this aim.

RESERVES

The Federation’s unrestricted funds on 30th September 2024 were £74,086, all being general funds. There is one designated fund, the purpose of which is to fund a biennial award given to authors of papers or books in the field of psychoanalytic psychotherapy that deal with a research issue or are the product of concrete research in the psychoanalytic psychotherapeutic field. There were no movements in the fund during the year and it had no opening or closing balance. Given the lack of voluntary income,

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

RESERVES (continued)

the trustees believe that it is essential that the financial reserves be maintained at a level exceeding £60,000 to protect the

Federation's ability to continue its work and to implement its plans. The charity exceeds this target, which the board considers to be satisfactory.

BOARD

The following served as members of the Board of The European Federation for Psychoanalytic Psychotherapy during the year and are serving currently:

President	Maria Eugenia Cid Rodriguez
Vice President	Cristina Calarasanu
Hon Secretary	Odile Gaverieux
Hon Treasurer	Janaki Hemaratne (co-opted member)
Conference Coordinators	Uri Levin and Michael Stasch
Editor in Chief of EFPP Book Series	Cristina Calarasanu
National Networks	Hansjoerg Messner (co-opted member)
Committee Coordinator	
Large Group Coordinator	Uri Levin (co-opted member)

Adult Psychotherapy Section

Section Coordinator/Chair	Gianfranco Buonfiglio
Representative	Karen Amouyal (Appointed as full member 8 th March 2025)

Child and Adolescent Psychotherapy Section

Section Coordinator/Chair	Piret Visnapuu Bernardt (Resigned 8 th March 2025) Odile Gaverieux (Appointed 8 th March 2025)
Representative:	Alix Vann-Nicollier (Appointed 8 th March 2025)

Group Psychotherapy Section

Section Coordinator/Chair	Anna Zajenkowska
Representative	Hanne-Sofie Johnson Dahl (Resigned 29 th November 2024)

Couple and Family Psychotherapy Section

Section Coordinator/Chair	Cristina Calarasanu
Representative	Michael Stasch

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

OTHER POST HOLDERS

Administrative/Web Secretary	Anne Gronskov Sauer
Editor in Chief of EFPP	Odile Gaverieux
Review (e-journal)	

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

RESPONSIBILITIES IN RESPECT OF THE FINANCIAL STATEMENTS

The trustees of European Federation for Psychoanalytic Psychotherapy are the members of the Executive Committee.

The trustees are required under the Charities Act 1993 to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Federation and of the surplus of income or excess of expenditure for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Federation will continue its activities.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the Federation and which enable them to ensure that the financial statements comply with the applicable law and regulations. They are also responsible for safeguarding the assets of the Federation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee on 28.05.2025 and signed on its behalf by

A handwritten signature in blue ink, appearing to read 'Eugenia Cid', with a stylized flourish above it.

Maria Eugenia Cid Rodriguez, President of EFPP.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY**

I report on the accounts for the year ended 30th September 2024, which are set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

examine the accounts under Section 145 of the 2011 Act;
follow the procedures laid down in the General Directions given by the
Charity Commission (under Section 145(5)(b) of the 2011 Act); and
state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed as Independent Examiner by P J Lucas FCCA of Lucas & Co Chartered
Certified Accountants, 11 Church Street, Godalming, Surrey GU7 1EQ on

15/07/2025.

PJL

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30TH SEPTEMBER 2024

		2024	2024	2024	2023
		Unrestricted	Restricted	Total	Total
	Note	Funds	Funds	Funds	Funds
		£	£	£	£
INCOMING RESOURCES	1(e)				
Subscriptions	1 (f)	55,741	-	55,741	42,958
Publishing income from EFPP Book Series	1 (g)	615	-	615	335
Delegates' meeting fees		817	-	817	16,168
Conferences and events		10,068	-	10,068	7,997
Exchange gains		-	-	-	662
Investment income		176	-	176	-
Interest received		30	-	30	45
Total Incoming Resources		<u>67,447</u>	<u>0</u>	<u>67,447</u>	<u>68,165</u>
RESOURCES EXPENDED	1 (h)				
Executive committee meeting costs		20,557	-	20,557	10,262
Delegates meeting costs		3,283	-	3,283	22,505
Conference expenses		7,796	-	7,796	8,719
Research awards		-	-	-	1,770
Subscriptions from members written off as unrecoverable	1 (f)	-	-	-	87
Training and support		-	-	-	1,750
Website		2,879	-	2,879	2,087
Secretarial assistance		15,587	-	15,587	17,362
Printing, stationery, postage communication		220	-	220	719
Telephone, audio and video conferencing		444	-	444	-
Accountancy and bookkeeping		13,874	-	13,874	12,715
Bank charges		761	-	761	1,074
Sundry expenses		53	-	53	-
Amortisation of website development costs		1,286	-	1,286	629
Depreciation of tangible assets	1 (i)	-	-	-	-
Unrealised investment losses		153	-	153	-
Exchange losses		5,381	-	5,381	-
Total Resources Expended		<u>72,274</u>	<u>0</u>	<u>72,274</u>	<u>79,679</u>
NET (OUTGOING) / INCOMING RESOURCES		<u>(4,827)</u>	<u>£0</u>	<u>(4,827)</u>	<u>(11,514)</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30TH SEPTEMBER 2024

(continued)

	<u>Note</u>	2024 Unrestricted <u>Funds</u> £	2024 Restricted <u>Funds</u> £	2024 Total <u>Funds</u> £	2023 Total <u>Funds</u> £
NET (OUTGOING)/INCOMING RESOURCES (Brought down)		(4,827)	-	(4,827)	(11,514)
TOTAL FUNDS BROUGHT FORWARD		77,000	1,913	78,913	90,427
TRANSFERS		1,913	(1,913)	-	-
TOTAL FUNDS CARRIED FORWARD		<u>£74,086</u>	<u>£0</u>	<u>£74,086</u>	<u>£78,913</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

BALANCE SHEET

AS AT 30TH SEPTEMBER 2024

	<u>Note</u>	<u>2024</u>		<u>2023</u>	
		£	£	£	£
FIXED ASSETS					
Computer Equipment		-		-	
Website Development		<u>1,433</u>		<u>1,886</u>	
			1,433		1886
INVESTMENTS					
CCLA			24,847		-
CURRENT ASSETS					
Debtors	4	25,439		14,490	
Cash at bank		<u>52,261</u>		<u>84,032</u>	
		77,700		98,522	
LIABILITIES					
Creditors: Due within one year	5	<u>29,894</u>		<u>21,495</u>	
NET CURRENT ASSETS			<u>47,806</u>		<u>77,027</u>
NET ASSETS AND TOTAL ASSETS			<u>74,086</u>		<u>78,913</u>
LESS CURRENT LIABILITIES					
THE FUNDS OF THE CHARITY					
RESTRICTED INCOME FUNDS	6 and 7		-		1,913
UNRESTRICTED INCOME FUNDS					
GENERAL FUND	7 and 8	74,086		49,187	
DESIGNATED FUND	7	<u>-</u>		<u>27,813</u>	
			74,086		77,000
TOTAL CHARITY FUNDS			<u><u>£74,086</u></u>		<u><u>£78,913</u></u>

Approved by the Executive Committee on 28.05.2025 and signed on its behalf by

Janaki Hemaratne

Janaki Hemaratne, Treasurer.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

1. ACCOUNTING POLICIES

(a) Basis of accounts and going concern

The accounts are prepared under the historical convention and in accordance with the Charities SORP (FRS 102) “Accounting and Reporting by Charities” Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. Advantage has been taken of the exemption from the requirement to prepare a cash flow statement for the year ended 30th September 2024.

The result for the year saw the charity record net outgoing resources of £4,827 (2023, net outgoing resources of £11,514). The accounts have been prepared on a going concern basis.

(b) Charity Registration

The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries became a registered charity on 24th May 1995 (registered with the Charity Commissioners for England and Wales number 1046731).

(c) Foreign Currencies

Transactions denominated in foreign currencies are translated into Sterling and recorded at an average rate of exchange for the period. Monetary assets and liabilities originally denominated in foreign currencies are translated into Sterling at the rates of exchange ruling at the balance sheet date. All exchange differences are charged or credited to the Statement of Financial Activities.

(d) Funds

Restricted funds are those the use of which is restricted by the conditions imposed by the donors.

Unrestricted general funds are those that are used for the general advancement of the charity’s objectives.

Unrestricted designated funds are set aside for a particular purpose or project without legally restricting the discretion to apply the funds.

(e) Incoming resources

As permitted by the Charities SORP, Appendix 5 Accounting for Smaller Charities, incoming resources are analysed by their natural resource categories rather than by activity categories.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

1. ACCOUNTING POLICIES (continued)

(e) Incoming resources (continued)

Incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income, its receipt is sufficiently certain, and its value can be measured reliably.

Deferred income represents amounts received for future periods and is credited to incoming resources in the period for which it is received.

In common with many other charities of similar size and organisation, a proportion of The European Federation for Psychoanalytic Psychotherapy's income is derived from voluntary sources, which cannot be controlled fully until entered in the accounting records. The charity's accounting procedures are intended to ensure that income received is promptly banked. Voluntary income is recorded when received by the administrator in London with the exception that certain donations are accounted for on an accruals basis when the intention to make the donation has been documented and formally notified.

(f) Subscriptions

Subscriptions are non-returnable and are accounted for on an accruals basis, the income being recognised in the period to which it relates. Subscriptions that are deemed to be irrecoverable are written off.

(g) Other incoming resources

Publishing income, including royalties and advances, is accounted for on an accruals basis in respect of periods ending before the balance sheet date for which royalty statements have been received and otherwise on a cash receipts basis or when formally set off against publishing liabilities.

(h) Resources expended

As permitted by the Charities SORP, resources expended are analysed by their natural resources categories rather than by activity categories.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

1. ACCOUNTING POLICIES (continued)

(i) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or value if donated) less depreciation. Items are not capitalised if they cost less than £100.

Depreciation is provided on the tangible fixed assets at the following rate per annum to write off the book value less estimated residual value of those assets over their estimate useful lives:

Fixtures, fittings and equipment – 33 1/3% Straight line

Website development – 25% Straight Line

2. ADMINISTRATION AND STAFF EMOLUMENTS

The European Federation for Psychoanalytic Psychotherapy have two self-employed staff paid for their services; the Administrative Secretary based in Berlin and the Finance Officer based in London.

3. RELATED PARTY TRANSACTIONS AND TRUSTEES' EXPENSES

	<u>2024</u>	<u>2023</u>
	£	£
Expenses paid to committee members acting as trustees:		
Travel, subsistence, training and support	<u>£19,009</u>	<u>£14,503</u>

The number of trustees who received expense payments was 12 (2023:11).

One trustee received £10,056 for serving as EFPP's self-employed internal Finance Officer from 1 October 2023 to 30 September 2024. No other trustees were remunerated for their services during the year ended 30 September 2024.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

4. DEBTORS

	<u>2024</u>	<u>2023</u>
	£	£
Due within one year:		
Trade debtors	2,703	1,586
Trade loan	9,982	10,414
Accrued income	10,068	-
Paypal	2,686	2,490
	<u>£25,439</u>	<u>£14,490</u>

5. CREDITORS: DUE WITHIN ONE YEAR

	<u>2024</u>	<u>2023</u>
	£	£
Creditors and accrued expenses	<u>29,894</u>	<u>21,495</u>
	<u>£29,894</u>	<u>£21,495</u>

6. RESTRICTED FUNDS

The income funds of The European Federation for Psychoanalytic Psychotherapy include restricted funds comprising the following unexpended balances of donations held on trusts to be applied for specific purposes:

	Balance 30th Sept. <u>2023</u> £	Incoming resources £	Resources expended & transfers £	Balance 30th Sept. <u>2024</u> £
EFPP Book (Monograph) (Group)	486	-	(486)	-
Electronic Database for Research literature	1,427	-	(1,427)	-
	<u>£1,913</u>	<u>£0</u>	<u>£0</u>	<u>£0</u>
	<u>£1,913</u>	<u>£0</u>	<u>(1,913)</u>	<u>£0</u>

Both restricted fund balances have been transferred to general funds in recognition that the restricted funds in question were fully expended on these projects in earlier years, without being recognised until now. Both projects have now come to an end.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2024

7. UNRESTRICTED AND RESTRICTED FUNDS

	Balance 30th Sept. <u>2023</u> £	Incoming <u>resources</u> £	Resources <u>expended</u> £	<u>Transfers</u> £	Balance 30th Sept. <u>2024</u> £
General Fund	49,187	67,447	(72,274)	29,726	74,086
Designated Funds	27,813	-	-	(27,813)	-
Restricted Funds	1,913	-	-	(1,913)	-
	<u>£78,913</u>	<u>£67,447</u>	<u>£(72,274)</u>	<u>£0</u>	<u>£74,086</u>

The EFPP Book Series designated fund is no longer required as the book series is now in publication and EFPP has no further costs to bear. Consequently, the fund has been merged with general funds.

The biennial Research Award fund was inactive during the year and had no opening or closing balance.

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted general fund £	Unrestricted designated <u>funds</u> £	Restricted <u>funds</u> £	Total funds £
Fixed assets	1,433	-	-	1,433
Investments	24,847	-	-	24,847
Net current assets	47,806	-	-	47,806
	<u>74,086</u>	<u>0</u>	<u>0</u>	<u>74,086</u>

The trustees consider that, on a fund-by-fund basis, the net assets of the charity are available and adequate to fulfil its obligations.

Accounts

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED

30TH SEPTEMBER 2023

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORTS AND ACCOUNTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

CONTENTS

Page

Reference and administrative information	1
Report of the Trustees	2-10
Report of the independent examiner	11
Statement of financial activities	12-13
Balance sheet	14
Notes of the accounts	15-19

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REFERENCE AND ADMINISTRATIVE INFORMATION

AS AT 30TH SEPTEMBER 2023

REGISTRATION DETAILS

The European Federation for Psychoanalytic Psychotherapy is registered as a charity in England and Wales (number 1046731) under the name: "The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries".

GOVERNING DOCUMENT

The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution last amended in March 2017 and originally adopted in March 1991.

CHARITY TRUSTEES

The charity trustees are the members of the Executive Committee (now referred to as the Board). Their names are set out in the Report of the Trustees.

From 13th March 2009 the members of the Executive Committee are made up of two persons elected from each of the four sections of the Federation and a chairperson directly elected by the assembly of delegates. Additional members may be co-opted at the Executive Committee's discretion.

FORMAL ADDRESS

The European Federation for Psychoanalytic Psychotherapy, C/o British Psychoanalytic Council, Suite 7, 19-23 Wedmore Street, London N19 4RU

BANKERS

CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling, Kent ME19 4JQ
And,
PostFinance,
Die Schweizerische Post,
Swiss Post International,
Mingerstrasse 12, P.O. Box, 3030
Berne, Switzerland

INDEPENDENT EXAMINER

P J Lucas FCCA
Lucas & Co
Chartered Certified Accountants
Godalming, Surrey, GU7 1EQ

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

The trustees present their report together with the accounts of The European Federation for Psychoanalytic Psychotherapy ("the Federation") for the year ended 30th September 2023. The European Federation for Psychoanalytic Psychotherapy is a registered charity, registered with the Charity Commissioners for England and Wales under number 1046731. The reference and administrative information set out on page 1 forms part of this report.

OBJECTIVES AND ACTIVITIES

The European Federation for Psychoanalytic Psychotherapy is established with the following objectives: to advance education, training and the development of psychotherapy which is psychoanalytic in principle and practice; to promote for the public benefit the relief of mental illness or disorder by developing psychoanalytic psychotherapy in Europe; and to promote research in psychoanalytic psychotherapy.

The Federation furthers its objectives as follows: by publishing the EFPP Book Series (formerly known as clinical monographs); by maintaining and developing communications with members of the profession of psychoanalytic psychotherapy throughout Europe; and by supporting the development of psychotherapy in the Federation's four sections at national level. There have been no material changes in policy since the last report.

STRUCTURE GOVERNANCE AND MANAGEMENT

The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution, which was last amended in March 2017 and originally adopted in March 1991.

The European Federation for Psychoanalytic Psychotherapy is composed of four sections representing: (i) individual adult psychoanalytic psychotherapy; (ii) group analytic psychotherapy; (iii) child and adolescent psychoanalytic psychotherapy; and (iv) couple and family psychoanalytic psychotherapy. Each section has its own defined training standards, and these form part of the Federation's byelaws. Sections meet as frequently as they decide, as well as at the same times as general meetings of the Federation called by the Executive Committee.

Membership of the Federation is open to all European countries. Each member country may send up to two delegates from each section to a general meeting. The delegates are appointed by the organisation or organisations from the member countries that appear to the Federation to represent the section of the profession in the country concerned.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

STRUCTURE GOVERNANCE AND MANAGEMENT (continued)

The trustees of the Federation are the members of the Executive Committee. Since 13th March 2009, with the inclusion of the fourth section, the Executive Committee has been made up of two persons elected from each section of the Federation and a chairperson. Since October 2010 the general meeting of the delegates has elected the chairperson separately and directly. The Executive Committee may co-opt additional members at its discretion subject to the number of co-opted members not exceeding 1/3rd of the total Executive Committee. The trustees are responsible for the overall management and control of the Federation and meet regularly to manage its affairs.

The Federation has no paid staff and relies heavily upon the commitment of the members of its Executive Committee, who give freely of their time and expertise in furtherance of the Federation's objectives. For administration the Federation has an Administrative Officer based in Berlin and a Finance Officer based in the UK. The Finance Officer is a co-opted trustee and is paid in a self-employed capacity for her role as internal charity accountant.

PERFORMANCE AND ACHIEVEMENTS

The EFPP Board was able to resume face to face meetings after the pandemic and met in Madrid in a very welcoming environment organised by the current Spanish EFPP President, Maria Eugenia Cid Rodriguez. The board was working on the most important institutional tasks in hand and addressed urgent matters.

After carefully reviewing the finances, the board made the difficult decision to increase our annual subscriptions. The change will be effective from next financial year (2023/24). We have maintained our subscriptions at the same levels, in the past six years of continuous development. However, our operating costs have increased significantly due to inflationary pressures in recent times. We have made every effort to keep this increase to a minimum.

Aiming for long-term protection from inflation, the board decided to invest part of the reserves on an Ethical Investment Fund with Churches, Charities and Local Authorities Investment Management Ltd (CCLA). CCLA is authorised and regulated by the Financial Conduct Authority, UK and follows its rules and regulations to protect investors. CCLA is the UK's largest charity fund manager well known for managing investments for charities, religious organisations and the public sector. This aims to provide a long-term total return comprising growth in capital and income.

The Fund is designed for charities looking for income distributions and aiming for long-term protection from inflation from a portfolio which reflects client based ethical and responsible investment policies.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

Help Ukraine

When the war broke out EFPP started immediately to organise and implement a project which was called the “HELP UKRAINE” project, inviting all organisations to join a common network which was aimed to provide the necessary help for the Ukrainian colleagues: financial donations, professional support through seminars and teaching about trauma, supervision and other interventions. We received approximately 15.000 euros from various countries, from members of the EFPP. The funds were directed to UAPP and APPU, the two main Ukrainian psychoanalytic psychotherapy organisations. The money was used to sustain and continue the following volunteer projects: (i) Walking together through difficult times, (ii) Trauma and childhood (iii) the volunteer supervision project "Help for helpers", with the British psychoanalysts helping Ukrainian psychotherapists working with the military, refugees and victims of violence, (iv) organising Work Discussion Groups for teachers working with displaced and orphaned children and (v) conducting the final year of a four-year training program for psychotherapists.

EFPP Delegates Meeting

The EFPP biennial Delegates meeting was held in March 2023 in Berlin. This was the first hybrid meeting, held three years after the first covid-19 lockdowns, where the delegates were finally able to meet face to face again.

The biennial delegates meeting brings together the elected representatives (delegates) of the national networks and organisations of the federation. During the event, important strategic issues are discussed and democratically decided upon.

The EFPP President, Maria Eugenia Cid was re-elected unanimously as the President for a further term. She presented a detailed report of the last two years activity and achievements. She also reminded the delegates of the difficult socio-political context surrounding the meeting and the importance of a space of togetherness and peace in which to think and share experiences, knowledge and understanding. She emphasised the need to review and reconfigure the relationship between the sections. The EFPP is a privileged institution in which the four modalities of psychoanalytic psychotherapy coexist: adults, children and adolescents, group and couples and families.

Cristina Calarasanu, EFPP's Vice President and Honorary Treasurer, thanked all the organisations for their cooperation and collaboration. She announced the end of her term as Treasurer, introducing Janaki Hemaratne as the new Honorary Treasurer and a co-opted Board member. The Board considers the co-option of external professionals as a most useful working tool and a good strategy to cope with the increasing number of tasks and the increasing complexity of institutional activities.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

There was a discussion around the topic of the Interplay of the Four Sections where questions such as ‘what do we want to know from others, where do you see convergences, when have you experienced cooperation, how could we foster interplay, where do you see obstacles’ were addressed in small discussion groups which shared their results afterwards.

Part of the meeting was dedicated to our Ukrainian colleagues, with a space for Working in times of War. Their moving presentations allowed us a complex and vivid picture of what has been happening in Ukraine since the war broke out and the way they have coped with the challenges and the suffering with bravery and dignity.

We said goodbye to Maria Tereza Diez who ended her term as Honorary Secretary and chair of C&A section. Piret Visnapuu-Bernardt was elected as the new chair of the C & A section.

Hansjorg Messner and Uri Levin also ended their terms as Adult and Group section chairs respectively. Gianfranco Buonfiglio and Anna Zajenkowska were elected as the new chairs of Adult and Group sections respectively. Hansjorg Messner and Uri Levin were co-opted as National Network coordinator and Large Group coordinator respectively.

EFPP Research-Award

The EFPP Research Award is given every second year at the biennial Delegates meeting.

The 2023 winner is Nick Midgley together with co-authors Rose Mortimer, Antonella Cirasola, Prisha Batra and Eilis Kennedy for the paper: “The Evidence-Base for Psychodynamic Psychotherapy with Children and Adolescents: A Narrative Synthesis”. The paper was published in *Frontiers in Psychology*, in April 2021. The awarded paper is an important milestone showing the evidence of effectiveness of psychodynamic psychotherapy with children and adolescents. The members of the Scientific committee chaired the presentation of the award via zoom.

EFPP Book Series

The EFPP Book Series has kept its high professional standard and enhanced the Federation’s objectives. The book series deals with current scientific issues and clinical practice within the membership and its clinicians and reaches beyond that to the international scientific community. The publisher of the Book Series is Routledge, a leading global publisher of quality academic books, journals & online references.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

The Book Series has a new editorial team, consisting of four members and coordinated by the Editor in Chief. The Book Series offered support for the Italian colleagues on their project of publishing an English version of the book "Psychoanalytic Psychotherapy between Identity and Change" edited by Luigia Crespi and Isabella Lapi. A new editorial project received the go ahead from the EFPP board to publish a book about changes, challenges and transformation of today's couples and families called, 'Couple and Family Metamorphosis: Exploring inside and outside differences'. There was an invitation to all EFPP members of all four sections to explore and write about relevant clinical experiences. A call for papers was sent out to all EFPP members.

EFPP Conferences

EFPP Conference

The board has been working on the next EFPP Conference that will take place 27-29 September 2024. This will be a Four Sections Conference, organised by Poland in conjunction with the EFPP. The organisational co-chairs from the board are Michael Stasch and Uri Levin working along with the local organising committee headed by Anna Zajenkowska.

The chosen Conference theme: "A different world? Psychoanalytic Psychotherapy and Relatedness in stormy times".

1st International Psychoanalytic Encounter on Couples and Families: IPECF 2023

The 1st Psychoanalytic International Encounter on Couple and Family organised by the IACFP, EFPP and COFAP (IPA) was held on 28-29 April 2023 online via zoom with remote simultaneous interpreting services in many languages.

The International Encounter is born from the initiative of these three major institutions meeting for the first time, with the aim of opening new lines of reflection on Clinics and Training, in the field of the family and couples, by addressing all psychoanalytic currents existing today. The event discussed clinical work and allowed participants to listen to different perspectives on the couple and family therapy material that was presented by each of the organising institutions. Colleagues from all continents and regions: the Americas (South, Central and North); Northern and Southern Europe; East and West; Asia Pacific and Africa, took part.

Discussion on training highlighted the orientations in psychoanalytic practice (Freudian, post-Freudian, European, North American and Latin American currents).

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

The “Large group”

The “Large group” was formed in conjunction with the Help Ukraine project with Gila Ofer and Uri Levin as conductors. It facilitated a regular, virtual internet platform as a necessary moral support for our members in the affected country. It also allowed all other members to participate in (including members from Russia) and explore together the impact this was having. The Large Group offered an ongoing virtual weekly space for many months.

The National Network

The national network committee consisting of the EFPP President Maria Eugenia Cid Rodriguez, Vice president, Cristina Calarasanu as well as the chair of the committee, Hansjorg Messner, oversees and coordinates the diverse national networks of the federation. In normal circumstances it is the specific national network that calls upon the committee to intervene to clarify or mediate about issues concerning the internal workings of the network and its multiple components. The focus of the committee in these instances is mainly to listen and gather an understanding of the issues in hand. In the past year we had several meetings with the Russian national network. The committee is proactive when new national networks are forged and clarity of purpose, governance and cooperation within, as well as with the federation are established. We have meetings scheduled in the near future with the networks in France, in Greece and in Kazakhstan.

Shortly after the pandemic started to be more contained, EFPP attempted to resume its usual activities, while at the same time incorporating those new activities that were introduced during the pandemic with the help of new technologies and online communication. All regular meetings via Zoom have continued, allowing greater cooperation and ongoing collaboration on several tasks and projects. At the beginning of 2022, the Federation was, however, impacted strongly by the war in Ukraine that started in February and affected two EFPP constituents directly. The board of the federation decided to support these constituents, morally and financially.

FINANCIAL REVIEW

The accounts of The European Federation for Psychoanalytic Psychotherapy have been prepared in accordance with the Charities SORP (FRS 102) “Accounting and Reporting by Charities” Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The Statement of Financial Activities shows how the Federation’s funds have been raised and applied during the year under report.

The Balance Sheet on 30th September 2023 discloses monies with the banks of £84,032, debtors of £14,490, and liabilities of £21,495.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

FINANCIAL REVIEW (continued)

Financial stability is vital if the Federation is to look forward with confidence to becoming even more effective in attaining its charitable objectives. The continued financial support from its members is crucial to the Federation in achieving this aim.

RESERVES

The Federation's unrestricted funds on 30th September 2023 were £77,000, comprising general fund, £49,187, and designated fund, £27,813. There are two designated funds. One is designed to set aside funds for the completion of the last five proposed books in the current EFPP Book Series. The other is a biennial award given to authors of papers or books in the field of psychoanalytic psychotherapy that deal with a research issue or are the product of concrete research in the psychoanalytic psychotherapeutic field. Restricted funds totalling £1,913 are held to be spent on an EFPP monograph book and on creating an electronic database for research literature. Nothing was expended on these projects during the year.

Given the lack of voluntary income, the trustees believe that it is essential that the financial reserves be maintained at a level exceeding £50,000 to protect the Federation's ability to continue its work and to implement its plans. The steps taken over the last three years to reduce costs were effective and the total funds of the charity now exceed the target, which the board considers to be satisfactory.

BOARD

The following served as members of the Board of The European Federation for Psychoanalytic Psychotherapy during the year and are serving currently:

President	Maria Eugenia Cid Rodriguez
Vice President	Hansjoerg Messner (Resigned 3 rd March 2023) Cristina Calarasanu (Appointed 3 rd March 2023)
Hon Secretary	Maria Teresa Diez Grieser (Resigned 3 rd March 2023) Odile Gaverieux (Appointed 23 rd June 2023)
Hon Treasurer	Cristina Calarasanu (Resigned 3 rd March 2023) Janaki Hemaratne (Appointed 3 rd March 2023 as a co-opted member)
Conference Coordinator	Maria Teresa Diez Grieser (Resigned 3 rd March 2023) Uri Levin and Michael Stasch (Appointed 3 rd March 2023)
Editor in Chief of EFPP Book Series	Cristina Calarasanu

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

BOARD (continued)

National Networks Committee Coordinator	Hansjoerg Messner (Appointed 3 rd March 2023 as a co-opted member)
Large Group Coordinator	Uri Levin (Appointed 3 rd March 2023 as a co-opted member)

Adult Psychotherapy Section

Section Coordinator/Chair	Hansjoerg Messner (Resigned 3 rd March 2023) Gianfranco Buonfiglio (Appointed 3 rd March 2023)
Representative	Karen Amouyal (Appointed 5 th September 2023 as a co-opted member)

Child and Adolescent Psychotherapy Section

Section Coordinator/Chair	Piret Visnapuu Bernardt (Appointed 3 rd March 2023)
Representative	Odile Gaverieux (Appointed 3 rd March 2023 as a full trustee)

Group Psychotherapy Section

Section Coordinator/Chair	Uri Levin (Resigned 3 rd March 2023) Anna Zajenkowska (Appointed 3 rd March 2023)
Representative	Hanne-Sofie Johnson Dahl (Appointed 3 rd March 2023)

Couple and Family Psychotherapy Section

Section Coordinator/Chair	Cristina Calarasanu
Representative	Michael Stasch

OTHER POST HOLDERS

Administrative/Web Secretary	Anne Gronskov Sauer
Editor in Chief of EFPP Review (e-journal)	Gila Ofer (Resigned 27 th October 2023)

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

RESPONSIBILITIES IN RESPECT OF THE FINANCIAL STATEMENTS

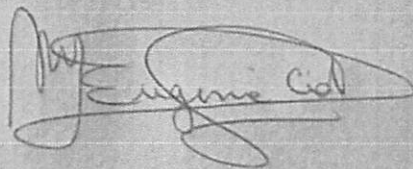
The trustees of European Federation for Psychoanalytic Psychotherapy are the members of the Executive Committee.

The trustees are required under the Charities Act 1993 to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Federation and of the surplus of income or excess of expenditure for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Federation will continue its activities.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the Federation and which enable them to ensure that the financial statements comply with the applicable law and regulations. They are also responsible for safeguarding the assets of the Federation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee on 24th July 2024 and signed on its behalf by Maria Eugenia Cid Rodriguez, President of EFPP.

A handwritten signature in dark ink, appearing to read 'Maria Eugenia Cid', is written over a horizontal line.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY**

I report on the accounts for the year ended 30th September 2023, which are set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

examine the accounts under Section 145 of the 2011 Act;
follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act;
and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed as Independent Examiner by P J Lucas FCCA of Lucas & Co Chartered Certified Accountants, 11 Church Street, Godalming, Surrey GU7 1EQ on 30 July 2024

PJL

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

		2023	2023	2023	2022
		Unrestricted	Restricted	Total	Total
	<u>Note</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
		£	£	£	£
INCOMING RESOURCES	1(e)				
Subscriptions	1 (f)	42,958	-	42,958	41,654
Publishing income from EFPP Book Series	1 (g)	335	-	335	888
Delegates' meeting fees		16,168	-	16,168	-
Conferences and events		7,997	-	7,997	1,256
Exchange gains		662	-	662	1,768
Interest received		45	-	45	2
Total Incoming Resources		68,165	0	68,165	45,568
RESOURCES EXPENDED	1 (h)				
Executive committee meeting costs		10,262	-	10,262	7,391
Delegates meeting costs		22,505	-	22,505	3,241
Conference expenses		8,719	-	8,719	-
Research awards		1,770	-	1,770	-
Subscriptions from members written off as unrecoverable	1 (f)	87	-	87	170
Training and support		1,750	-	1,750	2,547
Website		2,087	-	2,087	2,087
Secretarial assistance		17,362	-	17,362	16,809
Printing,stationery,postage communication		719	-	719	678
Computer and internet expenses		-	-	-	-
Accountancy and bookkeeping		12,715	-	12,715	10,767
Bank charges		1,074	-	1,074	754
Amortisation of website development costs		629	-	629	2,980
Depreciation of tangible assets	1 (i)	-	-	-	-
Exchange losses		-	-	-	-
Total Resources Expended		79,679	0	79,679	47,424
NET (OUTGOING) / INCOMING RESOURCES		(11,514)	£0	(11,514)	(1,856)

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30TH SEPTEMBER 2023

(continued)

	<u>Note</u>	2023 Unrestricted <u>Funds</u> £	2023 Restricted <u>Funds</u> £	2023 Total <u>Funds</u> £	2022 Total <u>Funds</u> £
NET (OUTGOING)/INCOMING RESOURCES (Brought down)		(11,514)	-	(11,514)	(1,856)
TOTAL FUNDS BROUGHT FORWARD		88,514	1,913	90,427	92,283
TOTAL FUNDS CARRIED FORWARD		<u>£77,000</u>	<u>£1,913</u>	<u>£78,913</u>	<u>£90,427</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

BALANCE SHEET

AS AT 30TH SEPTEMBER 2023

	<u>Note</u>	<u>2023</u>		<u>2022</u>	
		£	£	£	£
FIXED ASSETS					
Computer Equipment		-		-	
Website Development		<u>1,886</u>		<u>1,474</u>	
			1,886		1474
CURRENT ASSETS					
Debtors	4	14,490		1,146	
Cash at bank		<u>84,032</u>		<u>101,842</u>	
		<u>98,522</u>		<u>102,988</u>	
LIABILITIES					
Creditors: Due within one year	5	<u>21,495</u>		<u>14,035</u>	
NET CURRENT ASSETS			<u>77,027</u>		<u>88,953</u>
NET ASSETS AND TOTAL ASSETS			<u>78,913</u>		<u>90,427</u>
LESS CURRENT LIABILITIES					
THE FUNDS OF THE CHARITY					
RESTRICTED INCOME FUNDS	6 and 8		1,913		1,913
UNRESTRICTED INCOME FUNDS					
GENERAL FUND	7 and 8	49,187		61,036	
DESIGNATED FUND	7 and 8	<u>27,813</u>		<u>27,478</u>	
			77,000		88,514
TOTAL CHARITY FUNDS			<u><u>£78,913</u></u>		<u><u>£90,427</u></u>

Approved by the Executive Committee on 24/07/2024 and signed on its behalf
by Janaki Hemaratne, Treasurer.

Janaki Hemaratne

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

1. ACCOUNTING POLICIES

(a) Basis of accounts and going concern

The accounts are prepared under the historical convention and in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities" Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. Advantage has been taken of the exemption from the requirement to prepare a cash flow statement for the year ended 30th September 2023.

The result for the year saw the charity record net outgoing resources of £11,514 (2022, net outgoing resources of £1,856). The accounts have been prepared on a going concern basis.

(b) Charity Registration

The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries became a registered charity on 24th May 1995 (registered with the Charity Commissioners for England and Wales number 1046731).

(c) Foreign Currencies

Transactions denominated in foreign currencies are translated into Sterling and recorded at an average rate of exchange for the period. Monetary assets and liabilities originally denominated in foreign currencies are translated into Sterling at the rates of exchange ruling at the balance sheet date. All exchange differences are charged or credited to the Statement of Financial Activities.

(d) Funds

Restricted funds are those the use of which is restricted by the conditions imposed by the donors.

Unrestricted general funds are those that are used for the general advancement of the charity's objectives.

Unrestricted designated funds are set aside for a particular purpose or project without legally restricting the discretion to apply the funds.

(e) Incoming resources

As permitted by the Charities SORP, Appendix 5 Accounting for Smaller Charities, incoming resources are analysed by their natural resource categories rather than by activity categories.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

1. ACCOUNTING POLICIES (continued)

(e) Incoming resources (continued)

Incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income, its receipt is sufficiently certain, and its value can be measured reliably.

Deferred income represents amounts received for future periods and is credited to incoming resources in the period for which it is received.

In common with many other charities of similar size and organisation, a proportion of The European Federation for Psychoanalytic Psychotherapy's income is derived from voluntary sources, which cannot be controlled fully until entered in the accounting records. The charity's accounting procedures are intended to ensure that income received is promptly banked. Voluntary income is recorded when received by the administrator in London with the exception that certain donations are accounted for on an accruals basis when the intention to make the donation has been documented and formally notified.

(f) Subscriptions

Subscriptions are non-returnable and are accounted for on an accruals basis, the income being recognised in the period to which it relates. Subscriptions that are deemed to be irrecoverable are written off.

(g) Other incoming resources

Publishing income, including royalties and advances, is accounted for on an accruals basis in respect of periods ending before the balance sheet date for which royalty statements have been received and otherwise on a cash receipts basis or when formally set off against publishing liabilities.

(h) Resources expended

As permitted by the Charities SORP, resources expended are analysed by their natural resources categories rather than by activity categories.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

1. ACCOUNTING POLICIES (continued)

(i) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or value if donated) less depreciation. Items are not capitalised if they cost less than £100.

Depreciation is provided on the tangible fixed assets at the following rate per annum to write off the book value less estimated residual value of those assets over their estimate useful lives:

Fixtures, fittings and equipment – 33 1/3% Straight line

Website development – 25% Straight Line

2. ADMINISTRATION AND STAFF EMOLUMENTS

The European Federation for Psychoanalytic Psychotherapy have two self-employed staff paid for their services; the Administrative Secretary based in Berlin and the Finance Officer based in London.

3. RELATED PARTY TRANSACTIONS AND TRUSTEES' EXPENSES

	<u>2023</u>	<u>2022</u>
	£	£
Expenses paid to committee members acting as trustees:		
Travel, subsistence, training and support	<u>14,503</u>	<u>7,015</u>

The number of trustees who received expense payments was 11 (2022:7).

One of the trustees was paid £5,087 for her ongoing services as self-employed internal accountant to the charity from 3rd March 2023 to 30th September 2023. No other trustees were remunerated in 2023 and no trustees were remunerated in 2022.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

4. DEBTORS

	<u>2023</u>	<u>2022</u>
	£	£
Due within one year:		
Trade debtors	1586	-
Trade loan	10414	-
Prepaid expenses	0	806
Paypal	2,490	340
	<u>£14,490</u>	<u>£1,146</u>

5. CREDITORS: DUE WITHIN ONE YEAR

	<u>2023</u>	<u>2022</u>
	£	£
Deferred revenue	0	1,131
Creditors and accrued expenses	21,495	12,904
	<u>£21,495</u>	<u>£14,035</u>

6. RESTRICTED FUNDS

The income funds of The European Federation for Psychoanalytic Psychotherapy include restricted funds comprising the following unexpended balances of donations held on trusts to be applied for specific purposes:

	Balance 30th Sept. <u>2022</u>	Incoming <u>resources</u>	Resources expended & transfers	Balance 30th Sept. <u>2023</u>
	£	£	£	£
EFPP Book (Monograph) (Group)	486	-	-	486
Electronic Database for Research literature	1,427	-	-	1,427
	<u>£1,913</u>	<u>£0</u>	<u>£0</u>	<u>£1,913</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2023

7. UNRESTRICTED FUNDS

	Balance 30th Sept. <u>2022</u> £	Incoming resources £	Resources expended £	Transfers £	Balance 30th Sept. <u>2023</u> £
General Fund	61,036	67,830	(79,679)	-	49,187
Designated Fund	27,478	335	-	-	27,813
	<u>£88,514</u>	<u>£68,165</u>	<u>£(79,679)</u>	<u>£0</u>	<u>£77,000</u>

The EFPP Book Series fund has been designated to provide for the completion of the last five proposed books in the current series, including translation and editorial costs, over a period of five years. Royalty income of £335 increased the year-end balance to £27,813.

The biennial Research Award fund gave awards totalling £1,770 during the year and had no opening or closing balance.

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted general fund £	Unrestricted designated fund £	Restricted funds £	Total funds £
Net current assets	49,187	27,813	1,913	78,913
	<u>49,187</u>	<u>27,813</u>	<u>1,913</u>	<u>78,913</u>

The trustees consider that, on a fund-by-fund basis, the net assets of the charity are available and adequate to fulfil its obligations.

Accounts

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED

30TH SEPTEMBER 2022

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORTS AND ACCOUNTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

CONTENTS

Page

Reference and administrative information	1
Report of the Trustees	2-10
Report of the independent examiner	11
Statement of financial activities	12-13
Balance sheet	14
Notes of the accounts	15-19

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REFERENCE AND ADMINISTRATIVE INFORMATION

AS AT 30TH SEPTEMBER 2022

REGISTRATION DETAILS	The European Federation for Psychoanalytic Psychotherapy is registered as a charity in England and Wales (number 1046731) under the name: "The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries".
GOVERNING DOCUMENT	The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution last amended in March 2017 and originally adopted in March 1991.
CHARITY TRUSTEES	The charity trustees are the members of the Executive Committee (now referred to as the Board). Their names are set out in the Report of the Trustees. From 13th March 2009 the members of the Executive Committee are made up of two persons elected from each of the four sections of the Federation and a chairperson directly elected by the assembly of delegates. Additional members may be co-opted at the Executive Committee's discretion.
FORMAL ADDRESS	The European Federation for Psychoanalytic Psychotherapy, C/o British Psychoanalytic Council, Suite 7, 19-23 Wedmore Street, London N19 4RU
BANKERS	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling, Kent ME19 4JQ And, PostFinance, Die Schweizerische Post, Swiss Post International, Mingerstrasse 12, P.O. Box, 3030 Berne, Switzerland
INDEPENDENT EXAMINER	P J Lucas FCCA Lucas & Co Chartered Certified Accountants Godalming, Surrey, GU7 1EQ

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

The trustees present their report together with the accounts of The European Federation for Psychoanalytic Psychotherapy ("the Federation") for the year ended 30th September 2022. The European Federation for Psychoanalytic Psychotherapy is a registered charity, registered with the Charity Commissioners for England and Wales under number 1046731. The reference and administrative information set out on page 1 forms part of this report.

OBJECTIVES AND ACTIVITIES

The European Federation for Psychoanalytic Psychotherapy is established with the following objectives: to advance education, training and the development of psychotherapy which is psychoanalytic in principle and practice; to promote for the public benefit the relief of mental illness or disorder by developing psychoanalytic psychotherapy in Europe; and to promote research in psychoanalytic psychotherapy.

The Federation furthers its objectives as follows: by publishing the EFPP Book Series (formerly known as clinical monographs); by maintaining and developing communications with members of the profession of psychoanalytic psychotherapy throughout Europe; and by supporting the development of psychotherapy in the Federation's four sections at national level. Other than the inclusion (March 2009) of the Couples and Family Section, there have been no material changes in policy since the last report.

STRUCTURE GOVERNANCE AND MANAGEMENT

The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution, which was last amended in March 2017 and originally adopted in March 1991.

The European Federation for Psychoanalytic Psychotherapy is composed of four sections representing: (i) individual adult psychoanalytic psychotherapy; (ii) group analytic psychotherapy; (iii) child and adolescent psychoanalytic psychotherapy; and (iv) couple and family psychoanalytic psychotherapy. Each section has its own defined training standards, and these form part of the Federation's byelaws. Sections meet as frequently as they decide, as well as at the same times as general meetings of the Federation called by the Executive Committee.

Membership of the Federation is open to all European countries. Each member country may send up to two delegates from each section to a general meeting. The delegates are appointed by the organisation or organisations from the member countries that appear to the Federation to represent the section of the profession in the country concerned.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

STRUCTURE GOVERNANCE AND MANAGEMENT (continued)

The trustees of the Federation are the members of the Executive Committee. Since 13th March 2009, with the inclusion of the fourth section, the Executive Committee has been made up of two persons elected from each section of the Federation and a chairperson. Since October 2010 the general meeting of the delegates has elected the chairperson separately and directly. The Executive Committee may co-opt additional members at its discretion subject to the number of co-opted members not exceeding 1/3rd of the total Executive Committee. The trustees are responsible for the overall management and control of the Federation and meet regularly to manage its affairs.

The Federation has no paid staff and relies heavily upon the commitment of the members of its Executive Committee, who give freely of their time and expertise in furtherance of the Federation's objectives. For administration the Federation has an Administrative Officer based in Berlin and a Finance Officer based in the UK.

PERFORMANCE AND ACHIEVEMENTS

Shortly after the pandemic started to be more contained, EFPP attempted to resume its usual activities, while at the same time incorporating those new activities that were introduced during the pandemic with the help of new technologies and online communication. All regular meetings via Zoom have continued, allowing greater cooperation and ongoing collaboration on several tasks and projects. At the beginning of 2022, the Federation was, however, impacted strongly by the war in Ukraine that started in February and affected two EFPP constituents directly. The board of the federation decided to support these constituents, morally and financially.

Help Ukraine

The EFPP Board has openly and unequivocally condemned the invasion of Ukraine by the Russian Federation. Furthermore, the EFPP Board declared itself strongly against war as a means of resolving conflicts and differences and stated that stopping this aggression with all its atrocious effects and consequences is imperative. The EFPP declared itself in favour of peaceful and democratic European principles and international law that guarantees the integrity, sovereignty, freedom, and equality of all people. The EFPP Board strongly encouraged all the member organisations to state their position against this invasion by the Russian Federation and to ask for an immediate cessation of the aggression toward Ukraine.

EFPP Institutional and ethical principles provide a supportive space for dialogue, and respect for differences and will always advocate the search for peaceful solutions to all conflicts. The EFPP in such dramatic moments offers itself once again as an open space for sharing, thinking and understanding this experience of violence.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

PERFORMANCE AND ACHIEVEMENTS (continued)

Help Ukraine (continued)

EFPP started immediately to organise and implement a project which was called the “HELP UKRAINE” project, inviting all organisations to join a common network with the aim of providing help for our Ukrainian colleagues in the following ways: financial donations, professional support through seminars, and teaching about trauma, supervision, and other interventions. The Board worked on an institutional strategy to channel the necessary help in an ethical, transparent and effective way to demonstrate solidarity. An EFPP Resource Network Committee was formed. A very dynamic response from all the member organisations allowed the Federation to become a platform for the development and management of all these initiatives.

The “Large Group” was another response to the unfolding crisis in the Ukraine. It facilitated a regular, virtual internet platform as a necessary moral support for our members in the affected country. It also allowed all other members (including members from Russia) to participate, and to explore together the impact this was having. The Large Group offered an ongoing virtual weekly space for many months.

One Day Zoom Delegates Meeting

In March 2022 the board meeting of the EFPP coincided with a One Day Zoom Delegates Meeting dedicated to the presentation, reflection, and discussion of the Institutional Code of Ethics. This is an ethical guideline, created by an EFPP working group over the period of the previous two years. The decision to develop an Institutional Code of Ethics was taken to anchor the principles and values of the Federation, but we could not have foreseen when working on the document that the EFPP would have to face such a complex ethical situation, which affected our Ukrainian colleagues in such a dramatic and devastating way. Perhaps now more than ever, the Institutional Code of Ethics, anchored in the bylaws of the federation, stands as a fundamental instrument to contain and manage internal organisational conflicts, as well as to manage conflicts between member organisations and the federation.

The One Day Zoom Delegates Meetings will become part of the internal organization of EFPP and be implemented between the obligatory delegates meeting as prescribed by the Federation.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

PERFORMANCE AND ACHIEVEMENTS (continued)

The Institutional Code of Ethics

This year, EFPP has presented an Institutional Code of Ethics as a guideline to all members of the organisation. The guideline was the result of a two-year working group. The Institutional Code of Ethics is distinct from the clinical code of ethics. The EFPP, as an organisation of psychoanalytic professionals, sets out its ethical culture and governance in the Institutional Code of Ethics based on clear organisational ethical guidelines. These guidelines are time-limited and may evolve under the influence of organisational, professional, or social factors. Furthermore, the guidelines are intended to inspire thinking and acting in a responsible way. The ethical guidelines of the EFPP aim to preserve, respectfully and considerately, the dignity of others. They offer a blueprint to manage tensions inside and between organisations, preventing them from slipping into arbitrariness or unresolved conflict. The guidelines below are intended to create a framework in which to protect and foster a sense of belonging and sense of morality, and to act as the impetus towards progressing to a mature psychoanalytic psychotherapeutic organisation. The EFPP and its affiliated organisations are committed to ensuring organisational, ethical and professional standards are maintained in the professional practice of psychoanalytic psychotherapy.

The EFPP acts with the intention that its ethical principles should primarily regulate co-operation and relations between the membership-organisations. The EFPP identifies with European values of openness, tolerance, and respect for diversity. Its ethos is informed by these values, and one of the federation's aims is to foster a culture of diverse modalities within the federation, rooted in psychoanalytic theory and practice, as well as in the culture of psychoanalytic traditions. This ethical code reflects humanitarian values, psychoanalytic values and professional responsibilities and obligations.

Ethical issues are at the core of the EFPP, and the Institutional Code of Ethics provides the tools necessary for the EFPP member organisations to reflect on those issues and be guided by them. The Federation is considering implementing an organisational ethical committee alongside a mandatory clinical ethical committee in all member organisations.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

PERFORMANCE AND ACHIEVEMENTS (continued)

EFPP Book Series

The EFPP Book Series has kept its high professional standard and enhanced the Federation's objectives. The book series deals with current scientific issues and clinical practice within the membership and its clinicians and reaches out beyond to the international scientific community. The publisher of the Book Series is Routledge, a leading global publisher of quality academic books, journals and online references. We have finalised the next book of the series: "A Psychoanalytic Exploration of Social Trauma; The Inner Worlds of Outer Realities". The book presents a thorough introduction to social trauma from a range of perspectives, exploring several key themes, specific causes and symptoms, and clinical interventions. With chapters from a diverse range of authors, the book considers social trauma as it relates to narrative and history, group identity, the consulting room, migration, and post-traumatic conditions. These topics are explored via a range of frames, including individual therapy, group analysis, social dream matrix, large groups, case studies, narrative recollections, and cinematographic expression. The book also considers the implications of new technology in causing and treating social trauma. *A Psychoanalytic Exploration of Social Trauma* will be of great interest to psychoanalytic psychotherapists in practice and in training, to psychoanalysts, and to psychoanalytically informed professionals working with trauma.

The Book Series, currently coordinated by the new Editor in Chief, has undergone a bold project of rebranding by creating an editorial team and opening this space up to the members. This is an EFPP landmark and needs to become part of the active interest of the membership and the public at large. A new podcast called: "EFPP Book Series Walks and Talks" will be part of this project.

EFPP Conferences

Among the Sections of the Board there has been some development of clinical and theoretical seminars/study days exploring a number of different topics. The Federation was also involved, through the Couple and Family Psychotherapy Section, in the organisation of the first inter-institutional collaboration resulting in a joint conference on: "Today's training and clinical work" with other two couple and family psychoanalytic institutions.

The next EFPP Conference will take place in 2024 and will be a Four Sections Conference, organised by Poland in conjunction with the EFPP. The organisational co-chairs from the Board are Michael Stasch and Uri Levin and there is already a local organising committee working on the preliminary preparations.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

PERFORMANCE AND ACHIEVEMENTS (continued)

EFPP Conferences (continued)

The EFPP Board was able to resume face to face meetings and met in Madrid in a very welcoming environment organised by the current Spanish EFPP President, Maria Eugenia Cid Rodriguez. The Board was working on the most important institutional tasks in hand and addressed urgent matters.

The Board co-opted the Financial Officer as the new Honorary Treasurer in March 2023, and is considering co-opting other external professionals to the Board, as it believes that this is a good strategy for coping with the increasing number of tasks performed by the Board, and the very complex nature of institutional activities.

The National network

The articles that regulate the cooperation of a national network and the various organisations within it, as established by a working group, have been discussed and signed off by the Board and are now anchored in the by-laws of the constitution.

With the pandemic, new internet platforms have allowed enhanced communication between the Board and the various national networks and constituents of the EFPP. A national network co-ordinator and committee has been established to maintain a direct line of communication between national networks and the Board, the intention being to enhance cooperation between the different parts of established national networks, in view of fulfilling the objectives of the EFPP as stipulated in the constitution.

FINANCIAL REVIEW

The accounts of The European Federation for Psychoanalytic Psychotherapy have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities" Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The Statement of Financial Activities shows how the Federation's funds have been raised and applied during the year under report.

The Balance Sheet at 30th September 2022 discloses monies with the banks of £101,842, debtors of £1,146, and liabilities of £14,035.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

FINANCIAL REVIEW (continued)

Financial stability is vital if the Federation is to look forward with confidence to becoming even more effective in attaining its charitable objectives. The continued financial support from its members is crucial to the Federation in achieving this aim.

RESERVES

The Federation's unrestricted funds on 30th September 2022 were £88,514, comprising general fund, £61,036, and designated fund, £27,478. There are two designated funds. One is designed to set aside funds for the completion of the last five proposed books in the current EFPP Book Series. The other is a biennial award given to authors of papers or books in the field of psychoanalytic psychotherapy that deal with a research issue or are the product of concrete research in the psychoanalytic psychotherapeutic field. Restricted funds totalling £1,913 are held to be spent on an EFPP monograph book and on creating an electronic database for research literature. Nothing was expended on these projects during the year.

Given the lack of voluntary income, the trustees believe that it is essential that the financial reserves be maintained at a level exceeding £50,000 to protect the Federation's ability to continue its work and to implement its plans. The steps taken over the last three years to reduce costs were effective and the total funds of the charity now exceed the target, which the board considers to be satisfactory.

BOARD

The following served as members of the Board of The European Federation for Psychoanalytic Psychotherapy during the year and are serving currently:

President	Maria Eugenia Cid Rodriguez
Vice President	Hansjoerg Messner (Resigned 3 rd March 2023) Cristina Calarasanu (Appointed 3 rd March 2023)
Hon Secretary	Maria Teresa Diez Grieser (Resigned 3 rd March 2023) Position currently vacant
Hon Treasurer	Cristina Calarasanu (Resigned 3 rd March 2023) Janaki Hemaratne (Appointed 3 rd March 2023 as a co-opted member)
Conference Coordinator	Maria Teresa Diez Grieser (Resigned 3 rd March 2023) Uri Levin and Michael Stasch (Appointed 3 rd March 2023)
Editor in Chief of EFPP Book Series	Cristina Calarasanu

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

BOARD (continued)

National Networks Committee Coordinator	Hansjoerg Messner (Appointed 3 rd March 2023 as a co-opted member)
Large Group Coordinator	Uri Levin (Appointed 3 rd March 2023 as a co-opted member)

Adult Psychotherapy Section

Section Coordinator/Chair	Hansjoerg Messner (Resigned 3 rd March 2023) Gianfranco Buonfiglio (Appointed 3 rd March 2023)
Representative	Position currently vacant

Child and Adolescent Psychotherapy Section

Section Coordinator/Chair	Piret Visnapuu Bernardt (Appointed 3 rd March 2023)
Representative	Odile Gaverieux (Appointed 3 rd March 2023 as a full trustee)

Group Psychotherapy Section

Section Coordinator/Chair	Uri Levin (Resigned 3 rd March 2023) Anna Zajenkowska (Appointed 3 rd March 2023)
Representative	Hanne-Sofie Johnson Dahl (Appointed 3 rd March 2023)

Couple and Family Psychotherapy Section

Section Coordinator/Chair	Cristina Calarasanu
Representative	Michael Stasch

OTHER POST HOLDERS

Administrative/Web Secretary	Anne Gronskov Sauer
Editor in Chief of EFPP Review (e-journal)	Gila Ofer

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

RESPONSIBILITIES IN RESPECT OF THE FINANCIAL STATEMENTS

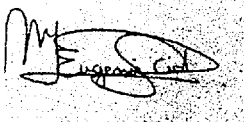
The trustees of European Federation for Psychoanalytic Psychotherapy are the members of the Executive Committee.

The trustees are required under the Charities Act 1993 to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Federation and of the surplus of income or excess of expenditure for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Federation will continue its activities.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the Federation and which enable them to ensure that the financial statements comply with the applicable law and regulations. They are also responsible for safeguarding the assets of the Federation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee on 19.05.2023 and signed on its behalf by Maria Eugenia Cid Rodriguez, President of EFPP.

A handwritten signature in black ink, appearing to read 'Maria Eugenia Cid', is written over a rectangular area of the document.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY**

I report on the accounts for the year ended 30th September 2022, which are set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

examine the accounts under Section 145 of the 2011 Act;
follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
state whether particular matters have come to my attention.

Basis of the independent examiner's report

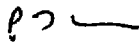
My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act;
 - and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed as Independent Examiner by P J Lucas FCCA of Lucas & Co Chartered Certified Accountants, 11 Church Street, Godalming, Surrey GU7 1EQ on 25th May 2023



THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

		£	£	£	£
INCOMING RESOURCES	1(e)				
Subscriptions	1 (f)	41,654	-	41,654	43,644
Publishing income from EFPP Book Series	1 (g)	888	-	888	680
Delegates' meeting fees		-	-	-	3,856
Conferences and events		1,256	-	1,256	
Exchange gains		1,768	-	1,768	-
Interest received		2	-	2	
Total Incoming Resources		45,568	0	45,568	48,180
RESOURCES EXPENDED	1 (h)				
Executive committee meeting costs		7,391	-	7,391	-
Delegates meeting costs		3,241	-	3,241	772
Subscriptions from members written off as unrecoverable	1 (f)	170	-	170	973
Training and support		2,547	-	2,547	-
Website		2,087	-	2,087	2,105
Secretarial assistance		16,809	-	16,809	15,858
Printing, stationery, postage communication		678	-	678	345
Computer and internet expenses		-	-	-	1,433
Accountancy and bookkeeping		10,767	-	10,767	8,028
Bank charges		754	-	754	644
Amortisation of website development costs		2,980	-	2,980	2,693
Depreciation of tangible assets	1 (i)	-	-	-	-
Exchange losses		-	-	-	5,367
Total Resources Expended		47,424	0	47,424	38,218
NET (OUTGOING) / INCOMING RESOURCES		(1,856)	£0	(1,856)	9,962

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30TH SEPTEMBER 2022

(continued)

	<u>Note</u>	2022 Unrestricted <u>Funds</u> £	2022 Restricted <u>Funds</u> £	2022 Total <u>Funds</u> £	2021 Total <u>Funds</u> £
NET (OUTGOING)/INCOMING RESOURCES (Brought down)		(1,856)	-	(1,856)	9,962
TOTAL FUNDS BROUGHT FORWARD		90,370	1,913	92,283	82,321
TOTAL FUNDS CARRIED FORWARD		<u>£88,514</u>	<u>£1,913</u>	<u>£90,427</u>	<u>£92,283</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
BALANCE SHEET
AS AT 30TH SEPTEMBER 2022

	<u>Note</u>	<u>2022</u>		<u>2021</u>	
		£	£	£	£
FIXED ASSETS					
Computer Equipment		-		-	
Website Development		<u>1,474</u>		<u>3,303</u>	
			1,474		3303
CURRENT ASSETS					
Debtors	4	1,146		-	
Cash at bank		<u>101,842</u>		<u>97,878</u>	
		<u>102,988</u>		<u>97,878</u>	
LIABILITIES					
Creditors: Due within one year	5	<u>14,035</u>		<u>8,898</u>	
NET CURRENT ASSETS			<u>88,953</u>		<u>88,980</u>
NET ASSETS AND TOTAL ASSETS			<u>90,427</u>		<u>92,283</u>
LESS CURRENT LIABILITIES					
THE FUNDS OF THE CHARITY					
RESTRICTED INCOME FUNDS	6 and 8		1,913		1,913
UNRESTRICTED INCOME FUNDS					
GENERAL FUND	7 and 8	61,036		63,780	
DESIGNATED FUND	7 and 8	<u>27,478</u>		<u>26,590</u>	
			88,514		90,370
TOTAL CHARITY FUNDS			<u>£90,427</u>		<u>£92,283</u>

Approved by the Executive Committee on 19.05.2023 and signed on its behalf by
Janaki Hemaratne, Treasurer.

Janaki Hemaratne

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

1. ACCOUNTING POLICIES

(a) Basis of accounts and going concern

The accounts are prepared under the historical convention and in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities" Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. Advantage has been taken of the exemption from the requirement to prepare a cash flow statement for the year ended 30th September 2022.

The result for the year saw the charity record net outgoing resources of £1,856 (2021, net incoming resources of £9,962). The accounts have been prepared on a going concern basis.

(b) Charity Registration

The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries became a registered charity on 24th May 1995 (registered with the Charity Commissioners for England and Wales number 1046731).

(c) Foreign Currencies

Transactions denominated in foreign currencies are translated into Sterling and recorded at an average rate of exchange for the period. Monetary assets and liabilities originally denominated in foreign currencies are translated into Sterling at the rates of exchange ruling at the balance sheet date. All exchange differences are charged or credited to the Statement of Financial Activities.

(d) Funds

Restricted funds are those the use of which is restricted by the conditions imposed by the donors.

Unrestricted general funds are those that are used for the general advancement of the charity's objectives.

Unrestricted designated funds are set aside for a particular purpose or project without legally restricting the discretion to apply the funds.

(e) Incoming resources

As permitted by the Charities SORP, Appendix 5 Accounting for Smaller Charities, incoming resources are analysed by their natural resource categories rather than by activity categories.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

1. ACCOUNTING POLICIES (continued)

(e) Incoming resources (continued)

Incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income, its receipt is sufficiently certain, and its value can be measured reliably.

Deferred income represents amounts received for future periods and is credited to incoming resources in the period for which it is received.

In common with many other charities of similar size and organisation, a proportion of The European Federation for Psychoanalytic Psychotherapy's income is derived from voluntary sources, which cannot be controlled fully until entered in the accounting records. The charity's accounting procedures are intended to ensure that income received is promptly banked. Voluntary income is recorded when received by the administrator in London with the exception that certain donations are accounted for on an accruals basis when the intention to make the donation has been documented and formally notified.

(f) Subscriptions

Subscriptions are non-returnable and are accounted for on an accruals basis, the income being recognised in the period to which it relates. Subscriptions that are deemed to be irrecoverable are written off.

(g) Other incoming resources

Publishing income, including royalties and advances, is accounted for on an accruals basis in respect of periods ending before the balance sheet date for which royalty statements have been received and otherwise on a cash receipts basis or when formally set off against publishing liabilities.

(h) Resources expended

As permitted by the Charities SORP, resources expended are analysed by their natural resources categories rather than by activity categories.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

1. ACCOUNTING POLICIES (continued)

(i) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or value if donated) less depreciation. Items are not capitalised if they cost less than £100.

Depreciation is provided on the tangible fixed assets at the following rate per annum to write off the book value less estimated residual value of those assets over their estimate useful lives:

Fixtures, fittings and equipment – 33 1/3% Straight line

Website development – 25% Straight Line

2. ADMINISTRATION AND STAFF EMOLUMENTS

The European Federation for Psychoanalytic Psychotherapy have two self-employed staff paid for their services; the Administrative Secretary based in Berlin and the Finance Officer based in London.

3. RELATED PARTY TRANSACTIONS AND TRUSTEES' EXPENSES

	<u>2022</u>	<u>2021</u>
	£	£
Expenses paid to committee members acting as trustees:		
Travel, subsistence, training and support	<u>7,015</u>	<u>1,400</u>

The number of trustees who received expense payments was 7 (2021:4).

The trustees are not remunerated.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

4. DEBTORS

	<u>2022</u>	<u>2021</u>
	£	£
Due within one year:		
Prepaid expenses	806	-
Paypal	340	-
	<u>£1,146</u>	<u>-</u>

5. CREDITORS: DUE WITHIN ONE YEAR

	<u>2022</u>	<u>2021</u>
	£	£
Deferred revenue	1,131	342
Creditors and accrued expenses	12,904	8,566
	<u>£14,035</u>	<u>£8,908</u>

6. RESTRICTED FUNDS

The income funds of The European Federation for Psychoanalytic Psychotherapy include restricted funds comprising the following unexpended balances of donations held on trusts to be applied for specific purposes:

	Balance 30th Sept. <u>2021</u>	Incoming <u>resources</u>	Resources expended & transfers	Balance 30th Sept. <u>2022</u>
	£	£	£	£
EFPP Book (Monograph) (Group)	486	-	-	486
Electronic Database for Research literature	1,427	-	-	1,427
	<u>£1,913</u>	<u>£0</u>	<u>£0</u>	<u>£1,913</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2022

7. UNRESTRICTED FUNDS

	Balance 30th Sept. 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance 30th Sept. 2022 £
General Fund	63,780	44,680	(47,424)	-	61,036
Designated Fund	26,590	888	-	-	27,478
	<u>£90,370</u>	<u>£45,568</u>	<u>£(47,424)</u>	<u>£0</u>	<u>£88,514</u>

The EFPP Book Series fund has been designated to provide for the completion of the last five proposed books in the current series, including translation and editorial costs, over a period of five years. Royalty income of £888 increased the year-end balance to £27,478.

The biennial Research Award fund was inactive during the year and had no opening or closing balance.

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted general fund £	Unrestricted designated fund £	Restricted funds £	Total funds £
Net current assets	61,036	27,478	1,913	90,427
	<u>61,036</u>	<u>27,478</u>	<u>1,913</u>	<u>90,427</u>

The trustees consider that, on a fund-by-fund basis, the net assets of the charity are available and adequate to fulfil its obligations.

Accounts

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED

30TH SEPTEMBER 2021

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

<u>CONTENTS</u>	<u>Page</u>
Reference and administrative information	1
Report of the Trustees	2-9
Report of the independent examiner	10
Statement of financial activities	11-12
Balance sheet	13
Notes of the accounts	14-18

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REFERENCE AND ADMINISTRATIVE INFORMATION

AS AT 30TH SEPTEMBER 2021

REGISTRATION DETAILS	The European Federation for Psychoanalytic Psychotherapy is registered as a charity in England and Wales (number 1046731) under the name: "The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries".
GOVERNING DOCUMENT	The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution last amended in March 2017 and originally adopted in March 1991.
CHARITY TRUSTEES	The charity trustees are the members of the Executive Committee (now referred to as the Board). Their names are set out in the Report of the Trustees. From 13th March 2009 the members of the Executive Committee are made up of two persons elected from each of the four sections of the Federation and a chairperson directly elected by the assembly of delegates. Additional members may be co-opted at the Executive Committee's discretion.
FORMAL ADDRESS	The European Federation for Psychoanalytic Psychotherapy, C/o British Psychoanalytic Council, Suite 7, 19-23 Wedmore Street, London N19 4RU
BANKERS	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling, Kent ME19 4JQ And, PostFinance,

Die Schweizerische Post,
Swiss Post International,
Mingerstrasse 12, P.O. Box, 3030
Berne, Switzerland

INDEPENDENT
EXAMINER

P J Lucas FCCA
Lucas & Co
Chartered Certified Accountants
Godalming, Surrey, GU7 1EQ

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

The trustees present their report together with the accounts of The European Federation for Psychoanalytic Psychotherapy ("the Federation") for the year ended 30th September 2021. The European Federation for Psychoanalytic Psychotherapy is a registered charity, registered with the Charity Commissioners for England and Wales under number 1046731. The reference and administrative information set out on page 1 forms part of this report.

OBJECTIVES AND ACTIVITIES

The European Federation for Psychoanalytic Psychotherapy is established to advance education, training and the development of psychotherapy which is psychoanalytic in principle and practice; to promote for the public benefit the relief of mental illness or disorder by developing psychoanalytic psychotherapy in Europe; and to promote research in psychoanalytic psychotherapy.

The Federation furthers its objectives by the publication of the EFPP Book Series (formerly known as clinical monographs); by maintaining and developing communications with members of the profession of psychoanalytic psychotherapy throughout Europe; and by supporting the development of psychotherapy in the Federation's four sections at national level. Other than the inclusion (March 2009) of the Couples and Family Section, there have been no material changes in policy since the last report.

STRUCTURE GOVERNANCE AND MANAGEMENT

The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution last amended in March 2017 and originally adopted in March 1991.

The European Federation for Psychoanalytic Psychotherapy is composed of four sections representing individual adult psychoanalytic psychotherapy; group analytic psychotherapy; child and adolescent psychoanalytic psychotherapy and couple and family psychoanalytic psychotherapy. Each section has its own defined training standards and these form part of the Federation's byelaws. Sections meet as frequently as they decide and at times of general meetings of the Federation called by the Executive Committee.

Membership of the Federation is open to all European countries. Each member country may send up to two delegates from each section to a general meeting. The delegates are appointed by the organisation or organisations from the member countries that appear to the Federation to represent the section of the profession in the country concerned.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REPORT OF THE TRUSTEES (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

STRUCTURE GOVERNANCE AND MANAGEMENT (continued)

The trustees of the Federation are the members of the Executive Committee. From 13th March 2009, with the inclusion of the fourth section, the Executive Committee was made up of two persons elected from each section of the Federation and a chairperson. Since October 2010 the general meeting of the delegates has elected the chairperson separately and directly. The Executive Committee may co-opt additional members at its discretion subject to the number of co-opted members not exceeding 1/3rd of the total Executive Committee. The trustees are responsible for the overall management and control of the Federation and meet regularly to manage its affairs.

The Federation has no paid staff and relies heavily upon the commitment of the members of its Executive Committee who give freely of their time and expertise in furtherance of the Federation's objectives. For administration the Federation has one administrative officer based in the UK and one in Europe.

PERFORMANCE AND ACHIEVEMENTS

It has been the tradition in the EFPP that the president's homeland is also the seat of the newly constituted board, and the venue of its regular meetings. Therefore after the election of the new President, Maria Eugenia Cid, the Board duly met for the first time in Madrid, Spain. At the first meeting in October 2019, the board worked for three days to accommodate the considerable agenda. This included discussing the incoming President's vision for the coming two year period, and creating systems and procedures to implement it.

Central to the new President's vision is the end of the marginalisation of the Eastern European countries, whose progress in terms of developing training programmes and organisations complying with the EFPP standards has been remarkable. The President envisions a future where the division of European countries into developed and underdeveloped countries, essentially a split between East and West, is no longer recognised. The aim is to develop a Europe-wide strategy that will allow this.

Cooperation between national networks and the EFPP board is being further strengthened and joint projects are being encouraged. One such project involves resource sharing by inviting speakers that are able to give lectures in several countries rather than in only one, hence allowing the sharing of costs and creating a platform for inter-organisational discussions. With the current level of internet technology such events can also be shared via video conferencing platforms.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORT OF THE TRUSTEES (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

The Pandemic situation which started at the beginning of 2020 has had a profound impact on the workings of the EFPP. It has caused difficulties, but has also presented opportunities through new forms of communication. EFPP Board members and delegates have been able to provide help and advice via various platforms offered to all organisations and members. Regular video conferencing meetings for each section's delegates, coordinated by the Chairs, have also been offered, together with a monthly seminar about training institutes coordinated by Peter Miest.

The pandemic added complexity to the development of the EFPP at different levels such as organisational, scientific, economic, political and emotional. We had to abruptly modify our activities. The planned scientific conferences, activities of networks and various projects had to be postponed. The pandemic also presented us with new psychotherapeutic experiences and clinical, technical and theoretical challenges. In response, the EFPP with all the organisations and networks that comprise it as an Institution, provided an active, dynamic space that allowed all networks and their members to share those new experiences. Using online platforms, study and discussion groups exchanged thoughts and articles in order to find answers to the questions the pandemic situation posed. Topics covered included clinical issues, revisiting theoretical psychoanalytic concepts, use of technology, research, organisation of assistance to health professionals and victims, crisis interventions, effect on different age groups, families, couples, groups, institutional uncertainties and politics. The Board also met

via video conferencing more frequently than before to reflect upon this new situation and to find strategies to cope with it.

Members of the EFPP Board had work meetings with the Board members of national institutions, using the new forms of communication that we have all become accustomed to. This has made it possible to discuss issues regarding national organisational culture and membership of the EFPP in a more expedient fashion than before, both for existing member organisations and for organisations seeking membership. In video conferencing meetings between section Chairs and delegates it has been possible not only to establish more personal contacts and to create a virtual space in which to get to know each other, but also to initiate specific discussions in relation to important evolving themes in the section. By the same token these discussions have allowed the overall aims of the EFPP to be conveyed. These meetings have proven to be very effective at developing a better mutual understanding of the aims of the EFPP and national networks, and forming a consensus.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORT OF THE TRUSTEES (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

The biennial Delegates Meeting was held in March 2021 via video conferencing due to the enduring challenges that the pandemic posed. Beside the work agenda proposed to the delegates, the meeting was also an opportunity to celebrate 30 years of EFPP. For this occasion, EFPP proposed to their members to have a podcast on the EFPP website, hosting interviews with the founder members of the EFPP.

Organisational Byelaws

During 2021 the Board agreed to create and implement a set of Organisational Byelaws to further strengthen the organisational structure of the EFPP. The Organisational Byelaws will include a number of important documents including a document on National Networks, the Institutional Ethical Code, a document on Representativeness and a document on the Role of Delegates. Four different working groups were set up for this task including a

working group to look at the Representation model which aims to offer a more accurate picture of the way small, medium and large organisations and National Networks are placed within the EFPP structure in terms of voting rights.

Two important topics have been concluded: firstly, the working party that worked on the Institutional Ethical Code developed a pertinent ethical code which will be part of the EFPP Organisational Byelaws and will benefit all the EFPP member institutions, being a useful tool to regulate how they function.

Secondly, a final document on National Networks has been completed, clarifying what is meant by a national network and the process of implementation, providing interesting examples of how national networks have made an impact on health system politics.

EFPP Research Award

The coordinators of the Research Award, at the 2021 biennial delegates' meeting were María Teresa Díaz and Ulrich Schultz-Venrath. They evaluated the papers submitted for the Award. The award (2,000 Euros) is usually presented to the winner during the biennial delegates meeting. Unfortunately, this time there was no suitable winner. The new coordinators of the Award are Maria Teresa and Michael Stasch.

EFPP Archives

Following a proposal from the founder of the EFPP Brian Martindale to organise the EFPP Archive, the president and the secretary of the EFPP, together with Brian Martindale, and an external archivist have created a system to recover and preserve EFPP official documents. The archive will not only recreate the narrative of the history of the EFPP in the past 30 years but also will help to better understand the evolution of each section and development of those sections over the years.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REPORT OF THE TRUSTEES (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

EFPP Book Series

The EFPP Book Series has kept its high professional standard and enhanced the Federation's objectives. The book series deals with current scientific issues and clinical practice within the membership and its clinicians and reaches out beyond to the international scientific community.

Following the EFPP Belgrade Conference in May 2018, a new book, *The Social Traumata*, is in the final stages of publication.

The publisher of the Book Series is Routledge, a leading global publisher of quality academic books, journals & online references.

EFPP Review (e-journal)

The EFPP Review (e-journal) is continuing to work well with Gila Ofer as editor-in chief, and our members have continued to endorse the idea of publishing papers online. Several papers are already on the website including *Is the Psychoanalysis Paradigm of Mind still valid?* by Miko Corlukic and Mara Tripkovic. You can access all the reviews at <https://efpp.org/resources/efpp-review/>.

EFPP Conferences

EFPP One Day Conference: Pandemic in our life, impact on our patients (a shorter version of the conference that had to be postponed due to the pandemic) was considered a fruitful event with good feedback from the attendees. The Board discussed the idea of providing online space to create similar scientific or organisational short events in future. The Board also reflected on the possibility of the next EFPP Conference being a hybrid event, allowing a live reconnection for those able to attend in person while also allowing others to join online.

EFPP Conference Grant

During 2021, the Board agreed to offer member organisations, an annual financial grant, a maximum of 2000€, towards the cost of holding psychoanalytic conferences. The member organisations have to complete and submit an application form obtained from the EFPP office to apply for the grant. The first conference grant under this scheme was offered to the Child section of the Czech Association for Psychoanalytic Psychotherapy (CSPAP) to support the international conference 'Separation' held in Prague October 9 -10 2021.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2021

EFPP Website

The transformation of the EFPP website is now complete. We are currently working on further development of the website and database. This is obviously very important and pertinent in the context of the new normal, the absence of real life interactions and the need to communicate virtually. The new website contains various technological features that allow us to share video content and to disseminate seminars amongst the members. The website allows national network sites to interconnect with the EFPP website and is developing into a large interactive network.

FINANCIAL REVIEW

The accounts of The European Federation for Psychoanalytic Psychotherapy have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities" Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The Statement of Financial Activities shows how the Federation's funds have been raised and applied during the year under report.

The Balance Sheet at 30th September 2021 discloses monies with the banks of £97,878, debtors of £Nil, and liabilities of £8,898.

Financial stability is vital if the Federation is to look forward with confidence to becoming even more effective in attaining its charitable objectives. The continued financial support from its members is crucial to the Federation in achieving this aim.

RESERVES

The Federation's unrestricted funds at 30th September 2021 were £90,370, comprising general fund, £63,781, and designated fund, £26,589. There are two designated funds. One is designed to set aside funds for the completion of the last five proposed books in the current EFPP Book Series. The other is a biennial award given to authors of papers or books in the field of psychoanalytic psychotherapy that deal with a research issue or are the product of concrete research in the psychoanalytic psychotherapeutic field. Restricted funds totalling £1,913 are held to be spent on an EFPP monograph book and on creating an electronic database for

research literature. Nothing was expended on these projects during the year._

Given the lack of voluntary income, the trustees believe that it is essential that the financial reserves be maintained at a level exceeding £50,000 to protect the Federation's ability to continue its work and to implement its plans for the future. The steps taken over the last three years to reduce costs were effective and the total funds of the charity now exceed the target, which the board considers to be satisfactory.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REPORT OF THE TRUSTEES (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

BOARD

The following served as members of the Board of The European Federation for Psychoanalytic Psychotherapy during the year and are serving currently:

President	Maria Eugenia Cid Rodriguez
Vice President	Hansjoerg Messner
Hon Secretary	Maria Teresa Diez Grieser
Hon Treasurer	Cristina Calarasanu
Conference Coordinator	Maria Teresa Diez Grieser
Editors in Chief of EFPP Book Series	Anne-Marie Schloesser (Resigned 4 th November 2021) Cristina Calarasanu (Appointed 4 th November 2021)

Adult Psychotherapy Section

Section	Hansjoerg Messner
Coordinator/Chair	
Representative	Arja Huttunen (Resigned 10 th December 2021) Gianfranco Buonfiglio (Appointed 10 th December 2021 as a Co-opted member)

Child and Adolescent Psychotherapy Section

Section	Maria Teresa Diez Grieser
Coordinator/Chair	
Representative	Piret Visnapuu

Group Psychotherapy Section

Section	Ulrich Schultz-Venrath (Resigned 6 th March 2021) Uri Levin (Appointed 6 th March 2021)
Coordinator/Chair	
Representative	Anna Zajenkowska (Appointed 6 th March 2021)

Couple and Family Psychotherapy Section

Section	Cristina Calarasanu
Coordinator/Chair	
Representative	Michael Stasch

OTHER POST HOLDERS

Administrative Secretary	Anne Gronskov Sauer
--------------------------	---------------------

Finance Officer
Editor in Chief of EFPP
Review (e-journal)
Eastern European
Coordinator
Web Coordinator
Web Secretary
Webmaster

Janaki Hemaratne
Gila Ofer

Gila Ofer (Position discontinued 6th
March 2021)
Uri Levin
Anne Gronskov Sauer
Javier A Beigbeder

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

REPORT OF THE TRUSTEES (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

RESPONSIBILITIES IN RESPECT OF THE FINANCIAL
STATEMENTS

The trustees of European Federation for Psychoanalytic Psychotherapy are the members of the Executive Committee.

The trustees are required under the Charities Act 1993 to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Federation and of the surplus of income or excess of expenditure for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Federation will continue its activities.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the Federation and which enable them to ensure that the financial statements comply with the applicable law and regulations. They are also responsible for safeguarding the assets of the Federation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee on _____ and
signed on its behalf by Maria Eugenia Cid Rodriguez, President of
EFPP.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

I report on the accounts for the year ended 30th September 2021, which are set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

examine the accounts under Section 145 of the 2011 Act;
follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act);
and
state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed as Independent Examiner by P J Lucas FCCA of Lucas & Co
Chartered Certified Accountants, 11 Church Street, Godalming, Surrey
GU7 1EQ on _____.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH SEPTEMBER 2021

		2021 Unrestricted <u>Funds</u> £	2021 Restricted <u>Funds</u> £	2021 Total <u>Funds</u> £	2020 Total <u>Funds</u> £
	<u>Note</u>				
INCOMING RESOURCES	1 (e)				
Subscriptions	1 (f)	43,644	-	43,644	42,858
Publishing income from EFPP Book Series	1 (g)	680	-	680	-
Delegates' meeting fees		3,856	-	3,856	-
Exchange gains		-	-	-	1,948
Total Incoming Resources		<u>48,180</u>	<u>0</u>	<u>48,180</u>	<u>44,806</u>
RESOURCES EXPENDED	1 (h)				
Executive committee meeting costs		-	-	-	4,935
Delegates meeting costs		772	-	772	-
Subscriptions from members written off as unrecoverable	1 (f)	973	-	973	125
Website		2,105	-	2,105	1,237
Secretarial assistance		15,858	-	15,858	7,440
Printing, stationery, postage communication		345	-	345	719
Computer and internet expenses		1,433	-	1,433	-
Accountancy and bookkeeping		8,028	-	8,028	8,064
Bank charges		644	-	644	679
Amortisation of website development costs		2,693	-	2,693	2,387
Depreciation of tangible assets	1 (i)	-	-	-	391
Exchange losses		5,367	-	5,367	-
Total Resources Expended		<u>38,218</u>	<u>0</u>	<u>38,218</u>	<u>25,977</u>
NET (OUTGOING) / INCOMING RESOURCES		<u>9,962</u>	<u>£0</u>	<u>9,962</u>	<u>18,829</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH SEPTEMBER 2021

(continued)

	<u>Note</u>	2021 Unrestricted <u>Funds</u> £	2021 Restricted <u>Funds</u> £	2021 Total <u>Funds</u> £	2020 Total <u>Funds</u> £
NET (OUTGOING)/ INCOMING RESOURCES (Brought down)		9,962	-	9,962	18,829
TOTAL FUNDS BROUGHT FORWARD		80,408	1,913	82,321	63,492
TOTAL FUNDS CARRIED FORWARD		<u>£90,370</u>	<u>£1,913</u>	<u>£92,283</u>	<u>£82,321</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

BALANCE SHEET

AS AT 30TH SEPTEMBER 2021

	<u>Note</u>	<u>2021</u>		<u>2020</u>	
		£	£	£	£
FIXED ASSETS					
Computer Equipment		-		-	
Website Development		<u>3,303</u>		<u>4,774</u>	
			3,303		4774
CURRENT ASSETS					
Debtors	4	-		2,512	
Cash at bank		<u>97,878</u>		<u>89,620</u>	
		<u>97,878</u>		<u>92,132</u>	
LIABILITIES					
Creditors: Due within one year	5	<u>8,898</u>		<u>14,585</u>	
NET CURRENT ASSETS			88,980		77,547
NET ASSETS AND TOTAL ASSETS LESS CURRENT LIABILITIES			<u>92,283</u>		<u>82,321</u>
THE FUNDS OF THE CHARITY					
RESTRICTED INCOME FUNDS	6		1,913		1,913
UNRESTRICTED INCOME FUNDS					
GENERAL FUND	7 and 8	63,781		54,499	
DESIGNATED FUND	8 and 8	<u>26,589</u>		<u>25,909</u>	
			90,370		80,408
TOTAL CHARITY FUNDS			<u>£92,283</u>		<u>£82,321</u>

Approved by the Executive Committee on _____ and
signed on its behalf by Cristina Calarasanu, Treasurer.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

1. ACCOUNTING POLICIES

(a) Basis of accounts and going concern

The accounts are prepared under the historical convention and in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities" Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. Advantage has been taken of the exemption from the requirement to prepare a cash flow statement for the year ended 30th September 2021.

The result for the year saw the charity record net incoming resources of £9,962 (2020, £18,829). The accounts have been prepared on a going concern basis.

(b) Charity Registration

The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries became a registered charity on 24th May 1995 (registered with the Charity Commissioners for England and Wales number 1046731).

(c) Foreign Currencies

Transactions denominated in foreign currencies are translated into Sterling and recorded at an average rate of exchange for the period. Monetary assets and liabilities originally denominated in foreign currencies are translated into Sterling at the rates of exchange ruling at the balance sheet date. All exchange differences are charged or credited to the Statement of Financial Activities.

(d) Funds

Restricted funds are those the use of which is restricted by the conditions imposed by the donors.

Unrestricted general funds are those that are used for the general advancement of the charity's objectives.

Unrestricted designated funds are set aside for a particular purpose or project without legally restricting the discretion to apply the funds.

(e) Incoming resources

As permitted by the Charities SORP, Appendix 5 Accounting for Smaller Charities, incoming resources are analysed by their natural resource categories rather than by activity categories.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

NOTES TO THE ACCOUNTS (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

1. ACCOUNTING POLICIES (continued)

(e) Incoming resources (continued)

Incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income, its receipt is sufficiently certain and its value can be measured reliably.

Deferred income represents amounts received for future periods and is credited to incoming resources in the period for which it is received.

In common with many other charities of similar size and organisation, a proportion of The European Federation for Psychoanalytic Psychotherapy's income is derived from voluntary sources, which cannot be controlled fully until entered in the accounting records. The charity's accounting procedures are intended to ensure that income received is promptly banked. Voluntary income is recorded when received by the administrator in London with the exception that certain donations are accounted for on an accruals basis when the intention to make the donation has been documented and formally notified.

(f) Subscriptions

Subscriptions are non-returnable and are accounted for on an accruals basis, the income being recognised in the period to which it relates. Subscriptions that are deemed to be irrecoverable are written off.

(g) Other incoming resources

Publishing income, including royalties and advances, is accounted for on an accruals basis in respect of periods ending before the balance sheet date for which royalty statements have been received and otherwise on a cash receipts basis or when formally set off against publishing liabilities.

(h) Resources expended

As permitted by the Charities SORP, resources expended are analysed by their natural resources categories rather than by activity categories.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

NOTES TO THE ACCOUNTS (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

1. ACCOUNTING POLICIES (continued)

(i) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or value if donated) less depreciation. Items are not capitalised if they cost less than £100.

Depreciation is provided on the tangible fixed assets at the following rate per annum to write off the book value less estimated residual value of those assets over their estimate useful lives:

Fixtures, fittings and equipment - 33 1/3%
Straight line
Website development - 25% Straight Line

2. ADMINISTRATION AND STAFF EMOLUMENTS

The European Federation for Psychoanalytic Psychotherapy have two self employed staff paid for their services; the Administrative Secretary based in Berlin and the Finance Officer based in London.

3. RELATED PARTY TRANSACTIONS AND TRUSTEES' EXPENSES

				<u>2021</u>	<u>2020</u>
				<u>£</u>	<u>£</u>
Expenses paid to committee members					
acting as trustees:					
Travel, subsistence, training and support				<u>1,400</u>	<u>4,898</u>

The number of trustees who received expense payments was 4 (2020:9).

The trustees are not remunerated.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

NOTES TO THE ACCOUNTS (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

4. DEBTORS

			<u>2021</u>	<u>2020</u>
			£	£
Due within one year:				
Members subscriptions			-	2,512

5. CREDITORS: DUE WITHIN ONE YEAR

			<u>2021</u>	<u>2020</u>
			£	£
Deferred revenue			342	-
Creditors and accrued expenses			8,556	14,585
			<u>£8,898</u>	<u>£14,585</u>

6. RESTRICTED FUNDS

The income funds of The European Federation for Psychoanalytic Psychotherapy include restricted funds comprising the following unexpended balances of donations held on trusts to be applied for specific purposes:

	Balance		Resources	Balance
	30th Sept.	Incoming	expended	30th Sept.
	<u>2020</u>	<u>resources</u>	<u>& transfers</u>	<u>2021</u>
	£	£	£	£
EFPP Book (Monograph) (Group)	486	-	-	486
Electronic Database for Research literature	1,427	-	-	1,427
	<u>£1,913</u>	<u>£0</u>	<u>£0</u>	<u>£1,913</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC
PSYCHOTHERAPY

NOTES TO THE ACCOUNTS (continued)

FOR THE YEAR ENDED 30TH SEPTEMBER 2021

7. UNRESTRICTED FUNDS

	£	£	£	£	£
General Fund	54,499	47,500	(38,218)	-	63,781
Designated Fund	25,909	680	-	-	26,589
	<u>£80,408</u>	<u>£48,180</u>	<u>£(38,218)</u>	<u>£0</u>	<u>£90,370</u>

The EFPP Book Series fund has been designated to provide for the completion of the last five proposed books in the current series, including translation and editorial costs, over a period of five years. Royalty income of £680 increased the year-end balance to £26,589.

The biennial Research Award fund was inactive during the year and had no opening or closing balance.

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted general fund £	Unrestricted designated fund £	Restricted funds £	Total funds £
Net current assets	63,781	26,589	1,913	92,283
	<u>63,781</u>	<u>26,589</u>	<u>1,913</u>	<u>92,283</u>

The trustees consider that, on a fund by fund basis, the net assets of the charity are available and adequate to fulfil its obligations.

Accounts

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REPORTS AND ACCOUNTS

FOR THE YEAR ENDED

30TH SEPTEMBER 2020

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORTS AND ACCOUNTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

<u>CONTENTS</u>	<u>Page</u>
Reference and administrative information	1
Report of the Trustees	2-8
Report of the independent examiner	9
Statement of financial activities	10-11
Balance sheet	12
Notes of the accounts	13-17

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

REFERENCE AND ADMINISTRATIVE INFORMATION

AS AT 30TH SEPTEMBER 2020

REGISTRATION DETAILS	The European Federation for Psychoanalytic Psychotherapy is registered as a charity in England and Wales (number 1046731) under the name: "The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries".
GOVERNING DOCUMENT	The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution last amended in March 2018 and originally adopted in March 1991.
CHARITY TRUSTEES	The charity trustees are the members of the Executive Committee (now referred to as the Board). Their names are set out in the Report of the Trustees. From 13th March 2009 the members of the Executive Committee are made up of two persons elected from each of the four sections of the Federation and a chairperson directly elected by the assembly of delegates. Additional members may be co-opted at the Executive Committee's discretion.
FORMAL ADDRESS	The European Federation for Psychoanalytic Psychotherapy, C/o British Psychoanalytic Council, Suite 7, 19-23 Wedmore Street, London N19 4RU
BANKERS	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling, Kent ME19 4JQ And, PostFinance, Die Schweizerische Post, Swiss Post International, Mingerstrasse 12, P.O. Box, 3030 Berne, Switzerland
INDEPENDENT EXAMINER	P J Lucas FCCA Lucas & Co Chartered Certified Accountants Godalming, Surrey, GU7 1EQ

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

The trustees present their report together with the accounts of The European Federation for Psychoanalytic Psychotherapy ("the Federation") for the year ended 30th September 2020. The European Federation for Psychoanalytic Psychotherapy is a registered charity, registered with the Charity Commissioners for England and Wales under number 1046731. The reference and administrative information set out on page 1 forms part of this report.

OBJECTIVES AND ACTIVITIES

The European Federation for Psychoanalytic Psychotherapy is established to advance education, training and the development of psychotherapy which is psychoanalytic in principle and practice; to promote for the public benefit the relief of mental illness or disorder by developing psychoanalytic psychotherapy in Europe; and to promote research in psychoanalytic psychotherapy.

The Federation furthers its objectives by the publication of the EFPP Book Series (formerly known as clinical monographs); by maintaining and developing communications with members of the profession of psychoanalytic psychotherapy throughout Europe; and by supporting the development of psychotherapy in the Federation's four sections at national level. Other than the inclusion (March 2009) of the Couples and Family Section, there have been no material changes in policy since the last report.

STRUCTURE GOVERNANCE AND MANAGEMENT

The European Federation for Psychoanalytic Psychotherapy is an unincorporated association governed by the Law of England and Wales and by its written constitution last amended in March 2018 and originally adopted in March 1991.

The European Federation for Psychoanalytic Psychotherapy is composed of four sections representing individual adult psychoanalytic psychotherapy; group analytic psychotherapy; child and adolescent psychoanalytic psychotherapy and couple and family psychoanalytic psychotherapy. Each section has its own defined training standards and these form part of the Federation's byelaws. Sections meet as frequently as they decide and at times of general meetings of the Federation called by the Executive Committee.

Membership of the Federation is open to all European countries. Each member country may send up to two delegates from each section to a general meeting. The delegates are appointed by the organisation or organisations from the member countries that appear to the Federation to represent the section of the profession in the country concerned.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

STRUCTURE GOVERNANCE AND MANAGEMENT (continued)

The trustees of the Federation are the members of the Executive Committee. From 13th March 2009, with the inclusion of the fourth section, the Executive Committee was made up of two persons elected from each section of the Federation and a chairperson. Since October 2010 the general meeting of the delegates has elected the chairperson separately and directly. The Executive Committee may co-opt additional members at its discretion subject to the number of co-opted members not exceeding 1/3rd of the total Executive Committee. The trustees are responsible for the overall management and control of the Federation and meet regularly to manage its affairs.

The Federation has no paid staff and relies heavily upon the commitment of the members of its Executive Committee who give freely of their time and expertise in furtherance of the Federation's objectives. For administration the Federation has one administrative officer based in the UK and one in Europe.

PERFORMANCE AND ACHIEVEMENTS

It has been the tradition in the EFPP that the president's homeland is also the seat of the newly constituted board, and the venue of its regular meetings. Therefore after the election of the new President, Maria Eugenia Cid, the Board duly met for the first time in Madrid, Spain. At the first meeting in October 2019, the board worked for three days to accommodate the considerable agenda. This included discussing the incoming President's vision for the coming two year period, and creating systems and procedures to implement it.

Central to the new President's vision is the end of the marginalisation of the Eastern European countries, whose progress in terms of developing training programmes and organisations complying with the EFPP standards has been remarkable. The President envisions a future where the division of European countries into developed and underdeveloped countries, essentially a split between East and West, is no longer recognised. The aim is to develop a Europe-wide strategy that will allow this.

Cooperation between national networks and the EFPP board is being further strengthened and joint projects are being encouraged. One such project involves resource sharing by inviting speakers that are able to give lectures in several countries rather than in only one, hence allowing the sharing of costs and creating a platform for inter-organisational discussions. With the current level of internet technology such events can also be shared via platforms such as zoom.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

The Pandemic situation which started at the beginning of 2020 has had a profound impact on the workings of the EFPP. It has caused difficulties, but has also presented opportunities through new forms of communication. EFPP Board members and delegates have been able to provide help and advice via various platforms offered to all organisations and members. These include a weekly Large Group from March until the end of May 2020 and three Social Dream Matrix meetings for all members coordinated by Uri Levin and Gila Offer. Regular zoom meetings for each section's delegates, coordinated by the Chairs, have also been offered, together with a monthly seminar about training institutes coordinated by Pieter Miest.

The new online methods of communication and the enduring challenges that the pandemic poses, have allowed us to review the framework and structure of our biennial Delegates Meeting and have led to the proposal of a hybrid structure for the upcoming meeting in March 2021.

Members of the EFPP Board are having work meetings with the Board members of national institutions, using the new forms of communication that we have all become accustomed to. This has made it possible to discuss issues regarding national organisational culture and membership of the EFPP in a more expedient fashion than before, both for existing member organisations and for organisations seeking membership.

In zoom meetings between section Chairs and delegates it has been possible not only to establish more personal contacts and to create a virtual space in which to get to know each other, but also to initiate specific discussions in relation to important evolving themes in the section. By the same token these discussions have allowed the overall aims of the EFPP to be conveyed. These meetings have proven to be very effective at developing a better mutual understanding of the aims of the EFPP and national networks, and forming a consensus.

The Board is currently developing an **Institutional Ethical Code**, with the aim of creating a more general set of ethical guidelines for all the EFPP member organisations. The Code will prescribe acceptable methods for an individual to be elected to the Board of a national organisation, their terms of office and accountability. It will also regulate organisational procedures and matters of governance applicable to all EFPP networks and organisations. A working group consisting of both Board members and national delegate members has been set up to develop the Code, which will be brought to all of the delegates of our membership for approval at a future meeting when in final draft.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

A review of member organisations enjoying observer status in the four sections of the federation was ordered and has taken place. It has been decided that organisations that have been granted observer status should hold on to this status for no longer than two years before progressing to associate membership.

EFPP Research Award

The coordinators of the Research Award, María Teresa Díaz and Ulrich Schultz-Venrath, are in the process of evaluating the papers submitted to the Award. The award is usually presented to the winner during the biennial delegates meeting.

EFPP Archives

Following a proposal from the founder of the EFPP Brian Martindale to organise the EFPP Archive, the current president, María Eugenia Cid, is mindful to take that task forward, with a view of creating an archive for the federation. This is a most work-intensive enterprise and requires a considerable financial commitment.

EFPP Book Series

The EFPP Book Series has kept its high professional standard and enhanced the Federation's objectives. The book series deals with current scientific issues and clinical practice within the membership and its clinicians and reaches out beyond to the international scientific community.

A new book, *A psychoanalytic and Socio-cultural exploration of a continent: Europe on the Couch*, edited by Anna Zajenkowska and Uri Levin, was published in December 2019. Following the EFPP Belgrade Conference in May 2018, *The Social Traumata*, another book, is a work-in-progress.

The publisher of the Book Series is Routledge, a leading global publisher of quality academic books, journals & online references.

EFPP Review (e-journal)

The EFPP Review (e-journal) is continuing to work well with Gila Ofer as editor-in-chief, and our members have continued to endorse the idea of publishing papers online. Several papers are already on the website including *Is the Psychoanalysis Paradigm of Mind still valid?* by Miko Corlukic and Mara Tripkovic. You can access all the reviews at <https://efpp.org/resources/efpp-review/>.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

EFPP website

The transformation of the EFPP website is nearing its completion, and the intention is to present it to the delegates by the end of 2020. This is obviously very important and pertinent in the context of the ongoing pandemic, the absence of real life interactions and the need to communicate virtually. The new website will be state of the art. It contain various technological features that allow us to share video content and to disseminate seminars amongst the members. The website will allow national network sites to interconnect with the EFPP website and create a large interactive network.

FINANCIAL REVIEW

The accounts of The European Federation for Psychoanalytic Psychotherapy have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities" Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The Statement of Financial Activities shows how the Federation's funds have been raised and applied during the year under report.

The Balance Sheet at 30th September 2020 discloses monies with the banks of £89,620, debtors of £2,512, and liabilities of £14,585.

Financial stability is vital if the Federation is to look forward with confidence to becoming even more effective in attaining its charitable objectives. The continued financial support from its members is crucial to the Federation in achieving this aim.

RESERVES

The Federation's unrestricted funds at 30th September 2020 were £80,408, comprising general fund, £54,499, and designated fund, £25,909. There are two designated funds. One is designed to set aside funds for the completion of the last five proposed books in the current EFPP Book Series. The other is a biennial award given to authors of papers or books in the field of psychoanalytic psychotherapy that deal with a research issue or are the product of concrete research in the psychoanalytic psychotherapeutic field. Restricted funds totalling £1,913 are held to be spent on an EFPP monograph book and on creating an electronic database for research literature. Nothing was expended on these projects during the year.

Given the lack of voluntary income, the trustees believe that it is essential that the financial reserves be maintained at a level exceeding £50,000 to protect the Federation's ability to continue its work and to implement its plans for the future. The steps taken over the last three years to reduce costs were effective and the total funds of the charity now exceed the target, which the board considers to be satisfactory.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

BOARD

The following served as members of the Board of The European Federation for Psychoanalytic Psychotherapy during the year and are serving currently:

President	Maria Eugenia Cid Rodriguez
Vice President	Hansjoerg Messner
Hon Secretary	Maria Teresa Diez Grieser
Hon Treasurer	Cristina Calarasanu
Conference Coordinator	Maria Teresa Diez Grieser
Editors in Chief of EFPP Book Series	Anne-Marie Schloesser Cristina Calarasanu

Adult Psychotherapy Section

Section Coordinator/Chair	Hansjoerg Messner
Representative	Arja Huttunen

Child and Adolescent Psychotherapy Section

Section Coordinator/Chair	Maria Teresa Diez Grieser
Representative	Piret Visnapuu

Group Psychotherapy Section

Section Coordinator/Chair	Ulrich Schultz-Venrath
Representative	Uri Levin

Couple and Family Psychotherapy Section

Section Coordinator/Chair	Cristina Calarasanu
Representative	Michael Stasch (Appointed 12 th November 2019)

OTHER POST HOLDERS

Administrative Secretary	Anne Gronskov Sauer
Finance Officer	Janaki Hemaratne
Editor in Chief of EFPP Review (e-journal)	Gila Ofer
Eastern European Coordinator	Gila Ofer
Web Coordinator	Uri Levin
Web Secretary	Anne Gronskov Sauer
Webmaster	Javier A Beigbeder (Appointed 7 th March 2020)

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
REPORT OF THE TRUSTEES (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

RESPONSIBILITIES IN RESPECT OF THE FINANCIAL STATEMENTS

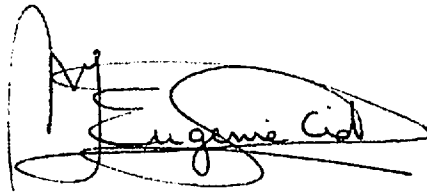
The trustees of European Federation for Psychoanalytic Psychotherapy are the members of the Executive Committee.

The trustees are required under the Charities Act 1993 to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Federation and of the surplus of income or excess of expenditure for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Federation will continue its activities.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the Federation and which enable them to ensure that the financial statements comply with the applicable law and regulations. They are also responsible for safeguarding the assets of the Federation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Executive Committee on 9th December 2020 and signed on its behalf by Maria Eugenia Cid Rodriguez, President of EFPP.

A handwritten signature in black ink, appearing to read 'Maria Eugenia Cid', with a large, stylized flourish underneath.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY**

I report on the accounts for the year ended 30th September 2020, which are set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

examine the accounts under Section 145 of the 2011 Act;
follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act;
 - and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed as Independent Examiner by P J Lucas FCCA of Lucas & Co Chartered Certified Accountants, 11 Church Street, Godalming, Surrey GU7 1EQ on 14/12/20.



THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

		2020	2020	2020	2019
		Unrestricted	Restricted	Total	Total
	<u>Note</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
		£	£	£	£
INCOMING RESOURCES	1(e)				
Subscriptions	1 (f)	42,858	-	42,858	42,841
Publishing income from EFPP Book Series	1 (g)	-	-	-	-
Delegates' meeting fees		-	-	-	14,460
Exchange gains		1,948	-	1,948	-
Total Incoming Resources		44,806	0	44,806	57,301
RESOURCES EXPENDED	1 (h)				
Executive committee					
Meetings - travel and subsistence		4,935	-	4,935	14,412
Subscriptions from members written off as unrecoverable	1 (f)	125	-	125	13
Training support, etc.		-	-	-	-
Website		1,237	-	1,237	331
Delegates' Gala/ meeting costs		-	-	-	19,828
Secretarial assistance		7,440	-	7,440	9,104
Research award		-	-	-	1,731
Publishing costs		-	-	-	-
Printing,stationery,postage communication		719	-	719	368
Accountancy and bookkeeping		8,064	-	8,064	8,052
Bank charges		679	-	679	520
Amortisation of website development costs		2,387	-	2,387	2,387
Depreciation of tangible assets	1 (i)	391	-	391	391
Exchange losses		-	-	-	1,002
Total Resources Expended		25,977	0	25,977	58,139
NET (OUTGOING) / INCOMING RESOURCES		18,829	£0	18,829	(838)

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30TH SEPTEMBER 2020

(continued)

	<u>Note</u>	2020 Unrestricted <u>Funds</u> £	2020 Restricted <u>Funds</u> £	2020 Total <u>Funds</u> £	2019 Total <u>Funds</u> £
NET (OUTGOING)/INCOMING RESOURCES (Brought down)		18,829	-	18,829	(838)
TOTAL FUNDS BROUGHT FORWARD		61,579	1,913	63,492	64,330
TOTAL FUNDS CARRIED FORWARD		<u>£80,408</u>	<u>£1,913</u>	<u>£82,321</u>	<u>£63,492</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY

BALANCE SHEET

AS AT 30TH SEPTEMBER 2020

	<u>Note</u>	<u>2020</u>		<u>2019</u>	
		£	£	£	£
FIXED ASSETS					
Computer Equipment		-		391	
Website Development		<u>4,774</u>		<u>7,162</u>	
			4,774		7553
CURRENT ASSETS					
Debtors	4	2,512		-	
Cash at bank		<u>89,620</u>		<u>63,935</u>	
		92,132		63,935	
LIABILITIES					
Creditors: Due within one year	5	<u>14,585</u>		<u>7,996</u>	
NET CURRENT ASSETS			<u>77,547</u>		<u>55,939</u>
NET ASSETS AND TOTAL ASSETS			<u>82,321</u>		<u>63,492</u>
LESS CURRENT LIABILITIES					
THE FUNDS OF THE CHARITY					
RESTRICTED INCOME FUNDS	6		1,913		1,913
UNRESTRICTED INCOME FUNDS					
GENERAL FUND	7 and 8	54,499		35,670	
DESIGNATED FUND	8 and 8	<u>25,909</u>		<u>25,909</u>	
			80,408		61,579
TOTAL CHARITY FUNDS			<u>£82,321</u>		<u>£63,492</u>

Approved by the Executive Committee on 12/09/2020 and signed on its behalf
by Cristina Calarasanu, Treasurer.



THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

1. ACCOUNTING POLICIES

(a) Basis of accounts and going concern

The accounts are prepared under the historical convention and in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities" Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011. Advantage has been taken of the exemption from the requirement to prepare a cash flow statement for the year ended 30th September 2020.

The result for the year saw the charity record net incoming resources of £19,430. The accounts have been prepared on a going concern basis.

(b) Charity Registration

The European Federation for Psychoanalytic Psychotherapy and its Applications to Health and Related Public Services, in the EC and EFTA Countries became a registered charity on 24th May 1995 (registered with the Charity Commissioners for England and Wales number 1046731).

(c) Foreign Currencies

Transactions denominated in foreign currencies are translated into Sterling and recorded at an average rate of exchange for the period. Monetary assets and liabilities originally denominated in foreign currencies are translated into Sterling at the rates of exchange ruling at the balance sheet date. All exchange differences are charged or credited to the Statement of Financial Activities.

(d) Funds

Restricted funds are those the use of which is restricted by the conditions imposed by the donors.

Unrestricted general funds are those that are used for the general advancement of the charity's objectives.

Unrestricted designated funds are set aside for a particular purpose or project without legally restricting the discretion to apply the funds.

(e) Incoming resources

As permitted by the Charities SORP, Appendix 5 Accounting for Smaller Charities, incoming resources are analysed by their natural resource categories rather than by activity categories.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

1. ACCOUNTING POLICIES (continued)

(e) Incoming resources (continued)

Incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income, its receipt is sufficiently certain and its value can be measured reliably.

Deferred income represents amounts received for future periods and is credited to incoming resources in the period for which it is received.

In common with many other charities of similar size and organisation, a proportion of The European Federation for Psychoanalytic Psychotherapy's income is derived from voluntary sources, which cannot be controlled fully until entered in the accounting records. The charity's accounting procedures are intended to ensure that income received is promptly banked. Voluntary income is recorded when received by the administrator in London with the exception that certain donations are accounted for on an accruals basis when the intention to make the donation has been documented and formally notified.

(f) Subscriptions

Subscriptions are non-returnable and are accounted for on an accruals basis, the income being recognised in the period to which it relates. Subscriptions that are deemed to be irrecoverable are written off.

(g) Other incoming resources

Publishing income, including royalties and advances, is accounted for on an accruals basis in respect of periods ending before the balance sheet date for which royalty statements have been received and otherwise on a cash receipts basis or when formally set off against publishing liabilities.

(h) Resources expended

As permitted by the Charities SORP, resources expended are analysed by their natural resources categories rather than by activity categories.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

1. ACCOUNTING POLICIES (continued)

(i) Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost (or value if donated) less depreciation. Items are not capitalised if they cost less than £100.

Depreciation is provided on the tangible fixed assets at the following rate per annum to write off the book value less estimated residual value of those assets over their estimate useful lives:

Fixtures, fittings and equipment – 33 1/3% Straight line

Website development – 25% Straight Line

2. ADMINISTRATION AND STAFF EMOLUMENTS

The European Federation for Psychoanalytic Psychotherapy have two self employed staff paid for their services; the Administrative Secretary based in Berlin and the Finance Officer based in London.

3. RELATED PARTY TRANSACTIONS AND TRUSTEES' EXPENSES

	<u>2020</u> £	<u>2019</u> £
Expenses paid for committee members acting as trustees:		
Travel, subsistence, training and support	<u>4,898</u>	<u>13,638</u>

On an average basis, the number of trustees who received the above expense was 9 (2019:10).

The trustees are not remunerated.

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

4. DEBTORS

	<u>2020</u>	<u>2019</u>
	£	£
Due within one year:		
Members subscriptions	<u>£2,512</u>	<u>£0</u>

5. CREDITORS: DUE WITHIN ONE YEAR

	<u>2020</u>	<u>2019</u>
	£	£
Deferred revenue	-	-
Creditors and accrued expenses	<u>14,585</u>	<u>7,996</u>
	<u>£14,585</u>	<u>£7,996</u>

6. RESTRICTED FUNDS

The income funds of The European Federation for Psychoanalytic Psychotherapy include restricted funds comprising the following unexpended balances of donations held on trusts to be applied for specific purposes:

	Balance 30th Sept. <u>2019</u> £	Incoming resources £	Resources expended & transfers £	Balance 30th Sept. <u>2020</u> £
EFPP Book (Monograph) (Group)	486	-	-	486
Electronic Database for Research literature	1,427	-	-	1,427
	<u>£1,913</u>	<u>£0</u>	<u>£0</u>	<u>£1,913</u>

THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY
NOTES TO THE ACCOUNTS (continued)
FOR THE YEAR ENDED 30TH SEPTEMBER 2020

7. UNRESTRICTED FUNDS

	Balance 30th Sept. <u>2019</u> £	Incoming <u>resources</u> £	Resources <u>expended</u> £	<u>Transfers</u> £	Balance 30th Sept. <u>2020</u> £
General Fund	35,670	44,806	(25,977)	-	54,499
Designated Fund	25,909	-	-	-	25,909
	<u>£61,579</u>	<u>£44,806</u>	<u>£(25,977)</u>	<u>£0</u>	<u>£80,408</u>

The EFPP Book Series fund has been designated to provide for the completion of the last five proposed books in the current series, including translation and editorial costs, over a period of five years. There was no movement on the fund in the year and the opening and closing balance was £25,909.

The biennial Research Award fund was inactive during the year and had no opening or closing balance.

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted general <u>fund</u> £	Unrestricted designated <u>fund</u> £	Restricted <u>funds</u> £	Total <u>funds</u> £
Net current assets	54,499	25,909	1,913	82,321
	<u>£54,499</u>	<u>£25,909</u>	<u>£1,913</u>	<u>£82,321</u>

The trustees consider that, on a fund by fund basis, the net assets of the charity are available and adequate to fulfil its obligations.