Carers Plus Yorkshire Ltd

England & Wales · Charity number 1046228

Details

Other names	SCARBOROUGH AND RYEDALE CARERS RESOURCE
Status	Registered
Legal form	Charitable company
Company number	03042108
Registered	1995-05-05
Register	View on the Charity Commission register

Contact

Address	96 High Street Snainton Scarborough YO13 9AJ
Phone	01723850155
Email	admin@carersplus.net
Website	www.carersplus.net

Activities

Objects: To provide a resource for the relief of illness and suffering in such ways as the charity from time to time think fit in, particularly but not exclusively, the North Yorkshire and East Riding of Yorkshire areas

Activities: Supporting both Young and Adult CarersProviding advice, information and support to individual carers and vulnerable adults. Campaigning in support of carers, promoting carers rights. Encouraging professionals to recognise the role of carers and to work in equal partnership with carers.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

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Geography

- **Area of benefit:** SCARBOROUGH AND RYEDALE REGION AND IN ADJACENT AREAS
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,283,871	£1,264,593	£721,089	39
2024-03-31	£1,277,169	£1,263,373	£701,811	40
2023-03-31	£1,382,056	£1,274,072	£688,015	34
2022-03-31	£1,121,115	£970,054	£580,030	34
2021-03-31	£864,755	£701,044	£428,970	26

Trustees

Name	Role	Appointed
John Michael Hunt	Chair	2014-01-30
ALISON MATTHEWS		2019-03-13
Dorn Pryce		2025-05-07
Dorree Gallie		2024-06-11
Lynne Janette Taylor-Holt		2022-07-28
Neil Fitzpatrick		2020-09-16
Teresa Bennion		2018-02-24

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Carers Plus Yorkshire Ltd

England & Wales - Charity number 1046228

Accounts

Company number: 03042108
(England & Wales)

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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ACCOUNTS

Year ended 31 March 2025

Carers Plus Yorkshire Ltd
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CHAIRS REPORT

Chairs Report 2025/2026

I had the pleasure of becoming Chair of Trustees in November 2024 after my previous roles as Vice-Chair and Treasurer. I have been a committed Trustee to Carers Plus Yorkshire of over 7 years and previously used the services when I cared for my mother for many years with dementia. This has been an exciting year to take on this role as 2025 is the charities 30th year and we will be celebrating various events throughout the year.

On behalf of the Board of Trustees and our staff team I am very pleased to present this year's Annual Report and accounts for your information and scrutiny. I hope you will take the opportunity to read the Trustees Report which summarises some of the key achievements of our charity over the last year and the accounts which show the continuing solidity of our financial affairs

I am pleased to report that his has been another positive year for our Charity with a significant growth in the number of people we have been able to support. Commissioners as varied as the North Yorkshire Council, the NHS/ICB, Children in Need, Armed Forces Military Covenant and the Big Lottery have recognised the quality of the services we provide, and we thank them for their confidence in us.
Our services continue to be focused on the needs of the individual and the communities in which they live. Alongside our core offer to Adult Carers, Young Carers and Young Adult carers we have a portfolio of complementary services that support other vulnerable people in our local area, such as the Home from Hospital service, employability support and support to veterans. Increasing the range of services we provide makes our Charity more secure as It means we can build on the skills of our staff, share the fixed costs across these projects and support more vulnerable people across what amounts to over half of North Yorkshire and parts of East Riding of Yorkshire.

As you can see from the accounts our financial position has been very stable, but uncertainty for future finances due to changes of Government is something we are aware of and working to put ourselves in the best position to ensure the long-term future for the charity funding, we continue to strive for long term sustainability in all aspects of our work. The bulk of funding comes from our commissioners, but we have been successful in developing donations and support from the local business and professional community. I would like to thank them for their support.

The demand for our services continues to grow and the difficulties faced by carers and other vulnerable people are well documented by the stresses of the rising cost of living and reduced services. There is increasing pressure on the NHS and social services, nationally and locally, and our role is to complement and support the work of the statutory sector. We see ourselves as trusted partners and are treated as such. This is down to building strong partnerships across all sectors.

The quality of our services is dependent on a skilled and committed team. I would also like to thank Elizabeth McPherson our CEO, the staff team, trustees and volunteers for all their hard work over the last year. Building on the skills and knowledge of our staff team is a key part of our long-term strategy of sustainability and growth.

I hope you find the Trustees Report and Accounts informative and that you will continue to support the work of our Charity.

Written by John Suddaby
Chair of Trustees

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TRUSTEES' REPORT

2024-2025 has continued to be an exciting and positive year for CPY. Building on the success of 2023-2024 and the acquisition of new geographical reach, CPY has continued to develop its activity across three key districts over the course of 2024-2025. Our work is now comfortably embedded over Scarborough, Whitby and Ryedale/Hambleton and Richmondshire and the East Riding of Yorkshire – mainly focused around Bridlington Town and local villages. Each area with a slightly different portfolio but with a core of unpaid carer work at its heart to ensure we keep our focus and future aspirations centred on our main aims and objectives.

Carers Plus Yorkshire, brand and name is widely known now as a charity that delivers high quality services across our whole portfolio and is both reactive and responsive to the needs of an expanding client base. We strive to be seen as the go-to organisation for carers and those we serve in our local communities.

The Management Team has had a few changes with key personnel leaving but that gave an opportunity to review what was needed and restructure the roles. With that in mind we now have a full time Head of Operations, Office Manager, Finance Manager, a Development and Fundraising Manager and dedicated Home from Hospital Manager. The Senior Management is key to support a consistent and quality service ensuring a strong future for CPY and those we serve.

The Management Team has worked tirelessly building on new and existing partnerships to ensure that our Charity is embedded in the right partnerships at the right time to maximise impact for our clients. We strive to stay current with and keep up to date with local, regional and national initiatives. This includes ensuring we are appropriately represented at strategic and operational meetings, and be in a position to influence thinking (particularly around the engagement/needs of carers) and be ready to secure funding when it becomes available for application.

Our mission statement and values are at the heart of CPY and those that work for us are fully committed and understand what it means to work for the charity. Mission: 'Carers Plus Yorkshire enables unpaid Carers and those we support in the Community to be heard, to feel empowered to improve their own wellbeing, and to make positive changes in their day to day lives.' Throughout the year we have had evidence of clients, professionals and wider colleagues turning to us for information and support – real evidence of our growing value as a 'go-to' organisation.

CPY is proud to be part of this wonderful unique and varied sector – The Voluntary Sector is different to any other sectors, including statutory (Health and Social Care) and private (small or large profit-making businesses).

CPY primary purpose is to create social impact rather than profit. It is independent from local and national government and distinct from the private sector. There are over 7000 voluntary, community or social enterprise groups across NY with a paid and voluntary work force.

CPY are governed by a committed and skilled Board of Trustees who are in themselves volunteers, giving their time for free but their main aim is to lead the charity so it can make a real difference to the people they serve, through positive outcomes and impact.

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TRUSTEES' REPORT *(Continued)*

Carer Services:

Adult Carers Service:

The service remains busy in terms of the number of Adult Carers accessing the service.

- We continue to see a particular increased interest from Parent Carers who are mostly navigating long waiting lists for their children being assessed for neurodiverse conditions. Whilst we cannot influence these waiting lists, we are working closely with other services, both statutory and VSCE to ensure that parent carers are able to keep channel of communication open. We have built an informative social network of Parents across the patches, providing the opportunity for like-minded parents to share lived experiences, gain IAG and receive specialist support via guest speakers at groups and workshops. This has developed a strong peer support network for people to access support, avoiding 'carer crisis',
- Emotional and mental health of unpaid carers continues to take a significant amount of caseload work, with the listening ear forming an integral element of our support. Whilst we recognise that this is 'not all for us to carry', carers tell us how important it is to have someone to talk to about how they feel about the impact of caring. As part of the introduction of a reviewed pathway of support in 24/25 – we have added a 'check in' and follow up call system for carers, which offers then the confidence that when their action plan is complete, they can still receive a call or attend a drop-in appointment to see an advisor and gain that much needed emotional support.
- Through our 'Carer Connections' (Big Lottery Funded) provision in Hambleton and Richmondshire we continue to develop a more focused approach to categorising work around specific carer needs. The project, which has been refunded to 2027, syncs perfectly with the revised pathway, offering carers continued engagement with the adult service, through groups and drops ins on pathway 2.
- Specific carer needs have been categorised by need and groups allow carers to seek support (through advisors and peers) at the right place and time. This provision is categorised into the following 'cared for conditions': veterans and veteran carers, carers of those with mental health, Memory Loss and Parent Carers and 'Life Beyond Caring'. This work has mostly been undertaken in the form of drops in, groups, social gatherings, and workshops to allow carers to connect with other people managing the same challenges.
- Our Armed Forces work is embedded and integral in key areas of our geography, we now have projects in both SWR and HR. Funded by the Armed Forces Covenant Trust and Veterans Foundation respectively, this added value offers the specialism of our veteran advisers to reach more communities, and tackle loneliness and isolation in this population of carers. Not only does this specialist knowledge help carers and non-carers to navigate caring through our pathway of 1:1 support, the comradery that has developed through socially connecting Armed Forces Families, is something that is celebrated at several 'at place' hubs across our areas. Feedback from the commissioning team visits have been 'you can clearly sense a strong feeling of community when you walk into the group, social connection at its best!'

- The Carers Star assessment continues to provide us with the intelligence of areas of support, and the difference that our support makes. We can measure the journey of change for carers as they progress through the pathway. Using a holistic, person centred / solution focussed assessment tool has presented carers with greater ownership and personal self-direction.
- The Carers Star is used to evaluate outcomes with a carer and evidence the progress made against the 7 outcome areas at the most appropriate points in their journey with us. The data below is taken from the reporting function on the Outcome Star Online for this reporting period:

- 89% of carers made progress in any one outcome area
- 76% of carers made progress in any two outcome areas
- 58% of carers made progress in any three+ outcome areas

Young Carers Service:
The young carers service (for those 8-18) has continued to build across Scarborough, Whitby, Ryedale and Hambleton & Richmondshire areas.

Scarborough is most certainly the busiest patch of the areas that we work in. Depth of work with young people has increased, with the need for lots of partnership work with CYPS and social care required to ensure that we are meeting the needs of these young people.

This year the added capacity of the team, because of our Children in Need Funding, has allowed us the resource to further develop the work of young carers within schools. Young Carers have told us through voice and influence work, that better support in schools for carers would make a significant difference to how they feel. Young Carer Action Day, saw us launch a campaign to raise the profile of YC's in school. Statistics show that there is 1 in 5 YC's in every classroom, and that on average a YC missed 27 days of school (that's over 5 weeks of learning missed in comparison to their peers). We recognise we cannot make the desired impact in silo, so are busy recruiting school staff as YC Leads and upskilling through staff training.

The challenges that young people are currently facing remain consistent around emotional impact opposed to practical impact of care – we are supporting this through 1:1 and group work but it is quite a lengthy process.

SEN remains a significant element of our work, either a young person caring in a household with significant SEN or with their own additional needs. This is ongoing – we have requested a statement from NYV CYPS about how we support young carers with their own SEN.

Sibling Project (UK Shared Prosperity Funded – 12 months)
Our project was a pilot to work with young carers and parent carers with a whole family approach. The project has allowed us to gather the evidence to better understand what young carers need to support them to allow them to lead 'a life as close to their non-carer peers' as possible, and how we can help the whole family unit beyond the young carer themselves, focussing on inclusive provision where families gain some time for themselves without compromising the needs of the whole family.

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TRUSTEES' REPORT *(Continued)*

The main successes from the project were:

- Peer to peer support – families budding with new families who joined the project to provide lived experience and a support network to encourage them to engage.
- SEND Marketplace – we have hosted 2 hugely successful events, where several providers of SEND activity provision, were available to meet and talk to families about but is available locally in their area. These events were extremely powerful for both the families and the facilitators and also will provide longevity of the project beyond the funding.
- A monthly sibling's group has been established and will continue to support young carers who care for a brother or sister – it offers them 'time for self'.
- Building self-esteem and resilience of young people, who were being emotionally impacted by their role as a sibling young carer.

Parent carers tell us they find the IAG talks with external professionals fascinating. They are able to learn and take away strategies to help them better understand certain situations within their caring role. The sessions have allowed them to explore their own emotions and feelings towards caring with neurodiversity, de-stigmatising conversation, and occurrences when they are out and about as a family.

Providing guest speakers to better inform and support families has been integral to the difference made to some of the families within the project. We have provided workbooks and strategies for families to navigate together with the guidance of professional / specialist support where needed.

The Resilience Workshops have been extremely powerful, allowing parents to recognise the unique challenges that come with parenting SEND children.

The courses provided have helped parent carers and siblings better understand that resilience is the capacity to recover quickly from difficulties, setbacks, or challenges. That it involves the ability to adapt and bounce back in the face of adversity, stress, or trauma and that they can maintain a positive outlook and find effective ways to cope with life's challenges as unpaid carers.

Community Services:
'At Place' work continues to thrive, we have taken our work 'out' to local communities across Scarborough, Ryedale, Whitby and more recently in Hambleton & Richmondshire - this has seen CPY venture into new premises, develop new partnerships and continue service delivery over the course of the year.

Our Neighbourhood: CPY continue to be the first point of contact for referrals into Our Neighbourhood, to support those adults experience loneliness and isolation, although we are aware that often the sector will directly refer to an organisation directly based on the need of the client (e.g., for befriending referrals can be made directly to MIND) and for community and mental health group provision, referrers often signpost directly to Cavca and other VCSE organisations such as Scarborough Survivors, Sparks, More for Books, Age UK etc.
Referrals made to CPY are triaged on a booked advice line call to ensure that we signpost and support clients to receive help 'at the right place, right time'.

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TRUSTEES' REPORT *(Continued)*

The ambition of the work continues to be about building the resilience of our communities so that people can live the life they want, where they want, supported by the resources available in their own community.
Working 'at place' within our localities has been a success of this year – we are more present and visible within the community as a respected VSCE partner.

Current challenges remain that for some referrals received, group provision is not suitable for the client. We have clients referred to us who are a long way from leaving the home, or their social and emotional needs must be met on a more individual basis before integration into group can be considered. This can be a challenge, because not only do the team not have capacity carry a 1:1 caseload, but also, often the referral is beyond our specialism (carers) or expertise – often mental health. It is crucial that we are able refer clients on to Mental health services, but sadly some people referred are too far away from accessing low level prevention work. This leads to some inappropriate referrals coming in, where the need cannot be met, and clients can feel a little passed from pillar to post, as mental health and statutory services have long wait times.

Home from Hospital continues to deliver services to those needing support to return home safely from their hospital stay. Staff will contact the client within 24 hours of discharge and most times if practical on the day of discharge to arrange a visit to assess the home and ensure the client has food and feeling supported on returning home. It continues to be challenging in terms of volume as we try to support the NHS management to ensure discharges are as smooth as possible. The team respond with positivity to the flow of clients and so far, have managed to meet the timescales of discharges beyond our agreed annual targets. Changes to the senior management, our Home from Hospital Manager who has led this service from day one retired in March, but the mantal has been passed on within the team as we welcome our new Home from Hospital Manager to develop and streamline the service over the next year.

Volunteering: Volunteers support and are often the backbone of Carers Plus Yorkshire's group sessions. They allow us to operate with one support worker and volunteer(s) to ensure that all areas of the session are covered.
We have volunteers who are parent carers with lived experience, veteran volunteers who support our work at Friendly Forces and Tea & Toast, the Soroptimists offer volunteers on a rota to operate the refreshments at groups at TOT, allowing the CPY staff to support and offer advice where needed in the groups. We also facilitate a weekly volunteer led walking group, known as Stepping Out. These walks are accredited by Ramblers Association, and the volunteers receive Ramblers Walk Leaders qualification, as well as CPY volunteer training including, safeguarding, boundaries and GDPR, first aid and mental health first aid.

Where relevant and appropriate volunteers will be recruited and shared / gifted across the partnership for relevant volunteering, particularly befriending.

RISE 2 Thrive : We received another year's funding to deliver the RISE 2 Thrive project to continue with our work supporting clients to get back into employment and/or learn skills to bring them nearer the job market. This project has a huge impact on the lives it has supported – support that included clients gaining training/retraining, confidence and removal of barriers previously preventing employment. RISE has been funded by UKSPF until March 2025 with Better Connect as the lead partner.

Digital Inclusion Offer (UK Shared Prosperity Funding 12 months)

Through our digital learning courses, we have had 20 unique learners from across a range of service users including veterans and carers. Of those 20, 70% were aged 65+, there was a 50/50 male/ female ratio and 75% identified as having a disability. Being able to offer these learning sessions, supported by Adult Education using the technology provided by the digital inclusion funding and the trained digital champions supporting, we have been able to reach those who may not usually access digital learning to learn and extend their skills and confidence.

Our Caring with Active Confidence courses in Whitby used the technology in all sessions to share a variety of tools from benefit checkers, online wellbeing apps to different online tools for conditions relating to the cared for such as dementia, mental ill health and neurodiversity. As well as using the technology in sessions, we were able to showcase and promote the different ways carers can get regular support and digital help from our groups, drop-ins and digital champion 1 to 1 support as well as sharing with external providers that supported the facilitation of sessions what digital inclusion support was available and where.

Our digital champion who runs our employability projects has used the tablets and laptops regularly with her service users supporting them to job search online, complete job applications and create CVs on Canva. Participants have also accessed 'Learn My Way' online platform to build and develop skills in a range of areas relating to digital literacy and competency. All skills essential to getting back into the workforce confidently and all enabled by the provision of our digital inclusion technology.

Our digital champion and income maximisation adviser have held sessions with carers showing them how to access their Universal Credit journals, completing benefits checks and applying for benefits and blue badges etc online. Through these sessions carers have been able to have greater confidence and independence in accessing services with the guidance and support of Tara. This means that in future they will be able to access and complete aspects of their benefit claims/ journals themselves whereas previously they would have needed to access support in completing these things or asked someone to do it on their behalf.

Our community digital champion has supported service users in a variety of ways in our drop- in sessions including help with setting up and using online shopping apps to check best price and order white goods. They have also supported Adult Learning in the delivery of digital skills courses at The One Twenty.

We have had some wonderful learning and fun sessions using our conferencing technology at The One Twenty. Sessions have included learning sign language via Zoom where we were able to get the group of service users together in The One Twenty to access the session rather than all individually at home. Some carers who were unable to attend in person were shown how to access the sessions online from home, so all were included. We have also provided training sessions using the technology and online learning of how to use Teams should service users want to meet staff virtually rather than face to face. Our neurodiversity information and support online webinars and Q&A have also seen a wide variety of service users accessing these sessions online both at home and at our spaces using our digital technology.

Partnerships and collaborations

Partnership working with trusted network of organisations continues to grow, these included VCSE, Local Authority and the Health sector. As with all partnership development, it relies on building positive/trusted relationships, and this takes time and energy to ensure mutual benefit, integrity and true equality when working with others. We have built on our work this year with Health (NHS and ICB's) as well as the CEO being a proactive member of NYC steering group for their CQC assessment and carer development opportunities.

Within our working partner relationships, we also look to our values and the ethos of the charity, such that we have been able to surround the organisation and our clients with partnerships that have values like ours. We aim to enhance our work and more importantly maximise the shared impact we have across our full geography for each and every client, group and service.

Over this financial year, we have taken a step back and looked at what do we want to deliver on and what are we best at. We have a wide range of funders and contracts and at the heart of everything we do is the unpaid carer. Moving forward we are consolidating what we have in our portfolio and ensuring that we are being consistent with our partners and our quality of services. Longer term sustainability is key for a strong future of CPY and one we are striving to deliver on.

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TRUSTEES' REPORT *(Continued)*

Numbers and Impact

Whilst we recognise statistics only tell part of the story, we are keen to report the overall impact of our work on new clients. When collating an annual picture, the figures below capture the new referrals to each area of our service:

- Adult Carers Service – 895
- Young Adult Carers Service - 25
- Young Carers Service - 181
- Income Maximisation – 276
- Bridlington Carers Service - 60
- RISE Project (Employability) – 47
- 50 not out (employability) - 52
- Home from Hospital (North Yorkshire) - 1,710
- Home from Hospital (East Riding) - 647
- Our Neighbourhood - 291
- NHS Volunteers - 19

Total new referrals **4203**

Each year numbers continue to increase and demand for services grow; these direct referral figures do not demonstrate the overall level of engagement and interventions offered by the team. The team continue to work way beyond capacity to provide the best services for all the clients we support. The increased numbers show how much the service is needed but also demonstrates the professionalism and quality of support and we could not provide this without such knowledgeable and skilled staff.

Shared Values:

- **Respectful:** Listening, exploring and providing an open, inclusive and supportive environment, where people can build on their strengths and thrive.
- **Resourceful:** Armed and grounded with the information we gather, our services and practice incorporate the needs and aspirations of the people we meet.
- **Committed:** We are solution-focused; operating in the reality of the moment, with understanding, experience and respect.
- **Sharing**: Working together with people and partners, to make a real difference to individual lives, families and communities; supporting the principle of 'us being stronger and better together'.

Core Objectives:

Carers Plus Yorkshire: the **'go-to'** organisation offering support to Carers and the wider community across the coast and vale. We seek to operate through four underpinning objectives:

- To offer **independent, high quality, information advice and support** through a range of services relevant to our local communities and in the interest of improving personal health and wellbeing.

- To proactively **represent the voice and needs** of the communities we serve; to listen, to respond and thereby influence the commissioning and delivery of services to accurately reflect needs.

- To **raise awareness** of the support available and ensure the localities we serve take full advantage of our services – especially by reaching out to those who are hidden in our communities and need encouragement to access advice and information.

- To **work in partnership** through **meaningful collaborations** with a wide range of other organisations, maximising the resources and services available across our geographical area.

Financial review

As in previous years the charity has actively applied for funding for the general running of the charity and has kept a close control over its expenditure. At 31 March 2025 the charity's unrestricted funds showed a deficit of £44,489 (2024: surplus of £31,079). The charity has used £10,010 of its unrestricted reserves to cover overspends on various restricted fund projects. At 31 March 2025 unrestricted funds totalled £380,574 (2024: £435,073) which is above its stated reserves policy and is held to cover any shortfalls in funding on its long running projects, as noted. Of this amount £11,684 (2024: £13,703) is held as designated unrestricted funds for the purpose of Young Carers projects.

The charity, in line with the restrictions and timescales placed upon its restricted funds, has utilised the funds provided to it in the previous year. The results in these financial statements show the Charity's restricted funds with a surplus in the year of £63,767 (2024: Deficit of £17,283). At 31 March 2025, following the fund transfer mentioned above, restricted funds held by the charity total £340,515 (2024: £266,738) and these funds will be expended on their specific projects in the forthcoming financial year.

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TRUSTEES' REPORT *(Continued)*

Investment policy
The Board of Trustees have considered the most appropriate policy for investing funds and has found that the CAF Charity Service meets their requirements for security of funds and achieves a competitive rate of interest as well as allowing easy access to the capital.

Reserves policy
The Trustees consider sufficient reserves should be held to fulfil their duty of prudence and to fulfil the cost and legal obligations to wind up the charity should it be necessary. However, it is the view of the Trustees that this must be balanced by the need to invest in services to fulfil our charitable purpose. The Reserves Policy was reviewed in March 2025 as follows:

1. The Trustees consider that unrestricted cash reserves are required for the following reasons:

    a) To enable CPY to maintain its core contracted services for a period of 3 months
    b) To provide for non-funded staffing costs such as redundancy, staff sickness or parental leave arrangements and from unforeseen compliance costs relating to new or changing legislation
    c) To provide alternative funding to meet any shortfall against a planned deficit budget
    d) Contractual obligations for current lease arrangements

2. Amount of cash reserves to be held:
   The amount set for the above reasons will fluctuate annually, but as a general rule* the equivalent of 3 months running costs will be held.
   *If CPY is deemed financially and contractually secure, Trustees can agree to access reserves for development purposes.

3. Cash reserves sufficient for the immediate future are already held and the Trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget.

4. The Trustees will monitor the level of cash reserves when considering the quarterly reports from the Treasurer of the Board of Trustees

Cash reserves sufficient for the immediate future are already held and the trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget. Reserves are monitored by the Board of Trustees on a quarterly basis.

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TRUSTEES' REPORT *(Continued)*

Reference and administrative details

Full name of the charity:	Carers Plus Yorkshire Ltd
Company registration number	03042108 (England & Wales)
Registered charity number	1046228
Registered office of the charity	96 High Street Snainton Scarborough YO13 9AJ

Advisors

Independent auditors	Philip Burley & Co Chartered Accountants and Registered Auditors 28 Bagdale Whitby North Yorkshire YO21 1QL
Bankers	HSBC Plc 27 Market Place Malton North Yorkshire YO17 7LU CAFBANK Limited PO Box 289 West Malling ME19 4TA Virgin Money 24 Huntriss Row Scarborough YO11 2EG

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year end were as follows:-

	Appointed	Resigned
John Michael Hunt	22 January 2014	-
John Suddaby	10 October 2017	Passed away 27 August 2025
Teresa Bennion	24 February 2018	-
Edith Hardy-Lloyd	3 October 2018	-
Alison Matthews	13 March 2019	-
Neil Fitzpatrick	16 September 2020	-
Lynne Janette Taylor-Holt	28 July 2022	-
Dorree Gallie	11 June 2024	-
Dorn Pryce	7 May 2025	

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TRUSTEES' REPORT *(Continued)*

Key management personnel

Chief Executive Officer	Elizabeth McPherson

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 April 1995 and registered as a charity on 5 May 1995.

As of 30th June 2022 the Articles of Association were amended to reflect the name change and the increase in geographical cover.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the trustees of the charity are elected at the Annual General Meeting to serve a period of three years, subject to ratification at each Annual General Meeting.

Appointment of trustees, induction and training

Identification of potential new Trustees is assisted by a skills audit of the current Board. Any gaps in skills or experience can then inform targeted recruitment. Carers Plus Yorkshire's only members are only those as appointed as Trustees of the Charity. New Trustees can be co-opted by the Board at any time through the year, co-opted Trustees are then nominated and elected at the next AGM. The recruitment process is by written application and interview with the Chair and Chief Executive Officer. The Chair then recommends their nomination or co-option to the Board.

Newly appointed Trustees are registered with both the Charity Commission and Companies House. They undergo full induction into the organisation, including shadowing staff to get first-hand knowledge of work 'on the ground'. Relevant and appropriate training is on-going.

Organisation

The board of trustees administers the charity. The board normally meets 6 weekly.
A Chief Executive Officer is appointed by the trustees to manage the day-today operations of the charity. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters

Related parties and co-operation with other organisations

None of the trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity with any contractual relationship with a related party must be disclosed to the full board of trustees. In the current year no such related party transactions were reported.

Pay policy for senior staff

The trustees and the Chief Officer comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a daily basis. All trustees give their time freely and no trustee received remuneration in the year. Details of trustees' expenses and related party transactions are disclosed in note 8 to the accounts.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
TRUSTEES' REPORT *(Continued)*

Risk management
The Board of Trustees have identified the major risks to which the charity is exposed. These are reviewed continually as are the systems established to mitigate those risks.

Responsibilities of the trustees
Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that year. In preparing those accounts the trustees are required to:-

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Trustee – John Michael Hunt

Dated: 12/11/2025

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

Opinion
We have audited the financial statements of Carers Plus Yorkshire Ltd (the "charitable company") for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of Opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and have fulfilled our ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

Other information

The trustees are responsible for the other information contained within the annual report. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the charitable company; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions to prepare a strategic report or in preparing the Trustees' Annual Report.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of financial statements
We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the charitable company to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the audit of the charitable company. We remain solely responsible for our audit opinion.

Because of the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 13 of the Companies Act 2006. Our audit has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members, as a body, and the charitable company's trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

Stewart Michael Davies
Senior Statutory Auditor
for and on behalf of:
Philip Burley & Co
Statutory Auditor
28 Bagdale
Whitby
YO21 1QL

Date:

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
for the year ended 31 March 2025

	Notes	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total £	2024 Total £
Income from:					
Donations and legacies	2	8,330	3,373	11,703	4,714
Charitable activities	3	409,814	848,000	1,257,814	1,261,580
Income from other activities	4	10,206	120	10,326	7,253
Investment income	5	4,028	-	4,028	3,622
Total income		432,378	851,493	1,283,871	1,277,169
Expenditure on:					
Raising funds		2,139	-	2,139	4,564
Charitable activities		474,728	787,726	1,262,454	1,258,809
Total resources expended	6	476,867	787,726	1,264,593	1,263,373
Net income	8	(44,489)	63,767	19,278	13,796
Transfer between funds		(10,010)	10,010	-	-
Net movement in funds		(54,499)	73,777	19,278	13,796
Total funds at 1 April 2024		435,073	266,738	701,811	688,015
Total funds at 31 March 2025	15	380,574	340,515	721,089	701,811

All income and expenditure derive from continuing activities.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
BALANCE SHEET
As at 31 March 2025

	Notes	£	2025 £	2024 £
FIXED ASSETS				
Tangible assets	11		39,539	27,428
CURRENT ASSETS				
Debtors	12	39,429		15,803
Cash at bank and in hand		942,139		986,797
		981,568		1,002,600
CREDITORS: Amounts falling due within one year	13	300,018		328,217
NET CURRENT ASSETS			681,550	674,383
NET ASSETS	14		721,089	701,811
UNRESTRICTED FUNDS				
General funds		368,890		421,370
Designated funds		11,684		13,703
			380,574	435,073
RESTRICTED FUNDS				
Restricted funds			340,515	266,738
TOTAL FUNDS	15		721,089	701,811

The trustees and directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The notes on pages 16 to 25 form an integral part of these accounts.

The income and expenditure account has not been delivered to the Registrar of Companies.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the trustees and directors on XXXX and signed on their behalf by:

....

Trustee – John Michael Hunt Trustee – Dorn Pryce

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

	2025	2024
	£	£
A. Cash Flow from operating activities		
Net Income	19,278	13,796
Adjustments for:		
Amortisation of non-current asset		
Depreciation (including obsolescence) of non-current asset	13,514	12,550
Interest paid		
(Profit) / loss on sale of fixed assets (net)		
Operating profit before working capital changes	**32,792**	**26,346**
Adjustments for: (Δ Net Working Capital)		
(Increase) / decrease in loans and receivables	(23,626)	426
Increase / (decrease) in trade payable	6,168	(1,315)
Increase / (decrease) in other current liabilities	(34,367)	(16,942)
Δ Net Working Capital (From 01.04.24 to 31.03.25)	**(51,825)**	**(17,831)**
Cash (used in)/generated from operating activities	**(19,033)**	**8,515**
B. Cash flow from investing activities:		
Purchase of property, plant, and equipment	(25,625)	(7,020)
Cash (used in)/from investing activities	**(25,625)**	**(7,020)**
Free Cash Flow (FCF) - (A+B)	**(44,658)**	**1,495**
C. Cash flow from financing activities		
Net cash (used in)/from financing activities	-	-
Net (decrease)/increase in cash and cash equivalents (FCF + C)	**(44,658)**	**1,495**
Cash and cash equivalents at the beginning of the year (Bank Balance + CIL)	**986,797**	**985,302**
Cash and cash equivalents at the end of the year (Bank Balance + CIL)	**942,139**	**986,797**
-Bank balance	942,139	986,797

Notes:

1. Cash flow statement has been prepared under the indirect method.
2. Cash and cash equivalents represent Petty cash and bank balances.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparation

The accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with:

a) The Charities Act 2011
b) The Companies Act 2006
c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: (FRS102)
d) Accounting and Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

Public Benefit

The charity meets the definition of a public benefit entity as defined by FRS102.

Going concern basis

The trustees and directors consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Recognition of incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Revenue grants are recognised in the SOFA so as to match them with the expenditure towards which they are intended to contribute.

Grants which contribute towards specific expenditure on fixed assets are credited to the statement of Financial Activities over the expected useful lives of the related assets.

Contractual income and performance related grants

These are only included in the SOFA once the related goods or services have been delivered.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

1. ACCOUNTING POLICIES *(Continued)*

Investment income
Investment income is included in the accounts when receivable.

Liability recognition
Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Governance costs
Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Support costs
Support costs include central functions and have been allocated to fund categories on a basis consistent with the use of resources and the staff hours incurred.

Pensions
The Company operates a defined contribution pension scheme. Contributions payable for the year are charged to the profit and loss account.

Operating leases
Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Unrestricted funds
Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds. Unrestricted funds can be transferred to cover deficits on restricted funds only on the agreement of the trustees.

Designated funds
Designated funds are unrestricted funds earmarked by the charity for particular purposes.

Restricted funds
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Tangible fixed assets
Tangible assets are included at cost and depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment	33.50%	Reducing balance basis

All capital expenditure is capitalised irrespective of value.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted	Restricted	2025 Total	2024 Total
	£	£	£	£
Donations and legacies				
Donations	8,330	3,373	11,703	4,714

3. INCOME FROM CHARITABLE ACTIVITIES

Carers and Holdings grants	-	8,925	8,925	5,474
Carers Resource service contract funding - NYCC Adult & Community Services North Yorkshire & York PCT	402,124	-	402,124	402,124
Scarborough Whitby & Ryedale Mind	-	-	-	27,069
Children in Need	-	17,698	17,698	21,630
2 Ridings	-	-	-	10,000
Action Towards Inclusion	-	-	-	7,856
Wellbeing & Prevention Service	700	-	700	-
Home from Hospital	-	202,187	202,187	202,187
Starfish grant	-	-	-	23,570
Home 2 Hospital grant	-	67,505	67,505	68,570
Northallerton Making Carers Count (2021 – 2024)	-	14,992	14,992	59,132
Young Carers Day funding	750	-	750	-
Young Carers Connect – Inspire grant	-	1,000	1,000	-
East Riding (Help for Health & Smile Foundation)	-	44,075	44,075	44,345
Rotary Club of Scarborough	-	-	-	500
NYCC - |Eastfield (120 Eastway)	-	36,658	36,658	24,814
NHS Voluntary Services	-	11,139	11,139	11,139
HMRA (50% as request for payment)	-	-	-	42,524
Brid Carers (WB) – Smile Foundation	-	-	-	3,825
Beyond Housing Grants	-	500	500	-
VCSE Vaccination project	6,000	-	6,000	-
CFY Building Better Connections	-	-	-	12,468
TCMH Catterick Garrison	-	-	-	21,500
NYC Fund (HFS Food Support)	-	5,000	5,000	-
NYCC – NATE Holding grant	-	-	-	(700)
Big Lottery – Network to Success	-	-	-	80,603

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

	Unrestricted	Restricted	2025 Total	2024 Total
	£	£	£	
Big Lottery YAC (Apr 23 – Mar 26)	-	121,361	121,361	50,000
Age UK Bursary	240	-	240	240
ICB Grant	-	-	-	2,000
SHIC Funding	-	51,050	51,050	53,917
AFCF – No One Left Behind funding	-	41,648	41,648	38,908
North Yorkshire Sport – Yoga Classes grant	-	1,500	1,500	-
RISE Claim	-	2,108	2,108	27,885
UKSPF Sibling Carers grant	-	20,000	20,000	-
UK Shared Prosperity Fund	-	40,000	40,000	20,000
UKSPF Digital Inclusion Fund	-	35,164	35,164	-
Carers Trust - Income Maximisation	-	50,000	50,000	-
YC Connections - Time For Me	-	10,000	10,000	-
Veterans Foundation Grant	-	20,000	20,000	-
RISE2THRIVE Family resource	-	45,490	45,490	-
	409,814	848,000	1,257,814	1,261,580

4. INCOME FROM OTHER ACTIVITIES

Miscellaneous income	10,206	120	10,326	7,253
	10,206	120	10,326	7,253

5. INVESTMENT INCOME

Bank interest receivable	4,028	-	4,028	3,622

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

6. ANALYSIS OF EXPENDITURE

Raising funds				
Conferences and Networking	2,139	-	2,139	4,564
	2,139	-	2,139	4,564
Charitable activities				
Staff costs	378,357	634,502	1,012,859	996,718
Volunteer expenses	348	547	895	497
Travel expenses	20,202	23,015	43,217	43,470
Premises costs	21,026	36,985	58,011	64,047
Recruitment and staff training costs	2,928	4,225	7,153	8,342
Office equipment costs	4,689	16,038	20,727	17,139
Depreciation	6,039	7,475	13,514	12,550
Communications	7,664	8,986	16,650	16,622
Printing, stationery and postage	594	4,003	4,597	12,713
Advertising and publicity	721	4,328	5,049	6,072
Books, periodicals & subscriptions	2,614	782	3,396	2,059
Insurance	3,130	3,586	6,716	6,575
Health Care Expenses	5,923	-	5,923	3,094
Carers' grants and events expenses	-	7,390	7,390	6,369
Project activity expenses	2,145	33,669	35,814	34,368
Sundry expenses	4,857	1,890	6,747	13,608
Accountancy	3,382	300	3,682	3,824
Auditor fees	6,180	-	6,180	5,179
Consultancy and sessional work fees	-	-	-	2,618
Legal and professional fees	2,745	-	2,745	2,382
Bank charges	161	5	166	187
AGM expenses	57	-	57	191
Fundraising expenses	966	-	966	185
	474,728	787,726	1,262,454	1,258,809
Total	476,867	787,726	1,264,593	1,263,373

7. SUPPORT COSTS

	Unrestricted	Restricted	2025 Total	2024 Total
	£	£	£	£
Charitable activities:				
General office and finance staff costs	16,053	27,164	43,217	43,470
Premises costs	1,077	1,823	2,900	3,202
Communications	309	523	832	831
	17,439	29,510	46,949	47,503

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

8. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging: -

	2025	2024
Depreciation	13,514	12,550
Trustees remuneration	-	-

There were no related party transactions in the year.

9. STAFF COSTS AND NUMBERS

Staff costs were as follows:-

Wages and salaries	907,321	898,712
Social security costs	74,066	69,514
Pension	31,472	28,492
	1,012,859	996,718

No employee received emoluments of more than £60,000. The average number of employees during the year was 38.5 (2024: 40).

10. TAXATION

The company is accepted as a charity for tax purposes and is exempt from tax on its income or gains to the extent that they are applied for charitable purposes.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

11. TANGIBLE FIXED ASSETS

	Plant and machinery etc.
	£
COST	
At 1 April 2024	107,457
Additions	25,625
Disposals	-
At 31 March 2025	133,082
DEPRECIATION	
At 1 April 2024	80,029
Charge for year	13,514
Eliminated on disposals	-
At 31 March 2025	93,543
NET BOOK VALUE	
At 31 March 2025	39,539
At 31 March 2024	27,428

12. DEBTORS: Amounts falling due within one year

	2025	2024
	£	£
Trade debtors	35,149	12,025
Other debtors	4,280	3,778
	39,429	15,803

13. CREDITORS: Amounts falling due within one year

	2025	2024
Performance related grants received in advance	254,731	286,893
Tax and social security	16,666	15,130
Other creditors	28,621	26,194
	300,018	328,217

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General funds	Designated funds	Restricted funds	Total funds
Tangible fixed assets	11,992	-	27,547	39,539
Investments	-	-	-	-
Current assets	521,663	11,684	448,221	981,568
Current liabilities	(164,765)	-	(135,253)	(300,018)
	368,890	11,684	340,515	721,089

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

15. MOVEMENTS IN FUNDS

	Balance 1 April 2024	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2025
Restricted funds					
Carers and holding grants	360	8,925	7 390	-	1,895
Capital Grants	779	-	8	-	771
Big Lottery Reaching Communities	201	-	67	-	134
Action Towards Inclusion	8,032	-	19	-	8,013
Wellbeing & Prevention Service	3,839	-	137	-	3,702
Home from Hospital	48,631	202,187	207,148	-	43,670
Big Lottery Community Fund YACs	-	-	34	34	-
Hospital 2 Home	17,176	67,505	64,858	-	19,823
Caring with Active Confidence	66	20	22	-	64
BBC Children in Need - Starfish 2	495	-	174	-	321
Community Support Organisation	19,723	-	49	-	19,674
Coronavirus funds	2,647	-	888	-	1,759
Community Connect - Big Lottery	170	-	57	-	113
Winter Volunteering (NHS Humber)	5,658	11,139	9,689	-	7,108
Veterans – Armed Forces Covenant Fund	1,643	500	977	-	1,166
NYCC Northallerton Young	-	-	32	32	-
Northallerton Making Carers Count	(12,518)	14,993	63	-	2,412
East Riding (Help for Heath & Smile Foundation)	802	-	131	-	671
Big Lottery – Network to Success	1,127	-	304	-	823
Hull CCG East Riding HFH	967	-	-	-	967
CFY – System Pressures MH Support	6,189	-	-	-	6,189
Brid Carers (WB) – Smile Foundation	3,892	44,075	41,566	-	6,401
HRCC Asset Transfer	87,424	-	652	-	86,772
Festival of Green	3,192	-	-	-	3,192
Active Humber	7,865	-	-	-	7,865
Eastfield project (120 Westway)	(12,142)	37,151	29,543	-	(4,534)
Transforming Community Mental Health	4,848	54,399	43,368	-	15,879
Peer support (NYCC)	19,978	-	-	-	19,978
HWRA	6,568	-	-	-	6,568
CFY Building Better connections	17,935	-	-	-	17,935
6 charities Together	(8)	-	-	8	-
Force for Change (AFCF)	-	500	-	-	500
Rise	-	2,108	44	-	2,064
Big Lottery YAC(Apr 23 – Mar 26)	933	50,000	49,956	-	977
Not just me MIND Woodsmith	889	-	-	-	889
Shared Prosperity - £20K Comm Conversations	(182)	-	(182)	-	-
Armed Forces – No One Left Behind	7,761	40,648	46,422	-	1,987
Children in Need – Core	11,798	17,698	39,432	9,936	-
BL Carer Connections	-	71,361	71,358	-	3
Shared Prosperity - £20k Sibling Carers	-	20,000	19,509	-	491

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

	Balance 1 April 2024	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2025
Shared Prosperity 50+ £40k	-	40,130	38,465	-	1,665
Time for Me £10,000	-	10,000	9,649	-	351
RISE2Thrive	-	45,490	39,734	-	5,756
Young Carers Connect - Inspire £1,000.00	-	1,000	832	-	168
Income Maximisation & Fuel Poverty	-	50,000	42,384	-	7,616
UKSPF Digital Inclusion Program SWR	-	18,965	8,599	-	10,366
UKSPF Digital Inclusion Program Ham/Rich	-	16,199	3,397	-	12,802
Veterans Foundation	-	20,000	4,742	-	15,258
HFS6 Food Support £5k NYC	-	5,000	4,919	-	81
North Yorkshire Sport Ltd	-	1,500	1,290	-	210
Total restricted funds	266,738	851,493	787,726	10,010	340,515
Unrestricted funds					
General funds	345,686	243,354	311,655	(9,978)	267,407
Northallerton general funds	75,684	189,024	163,193	(32)	101,483
Designated funds Snainton YC	12,019	-	2,019	-	10,000
Designated funds Northallerton YC	1,684	-	-	-	1,684
Total unrestricted funds	435,073	432,378	476,867	(10,010)	380,574
Total funds	701,811	1,283,871	1,264,593	-	721,089

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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Carers' grants enable local/regional/national grant giving organisations to support carers' identified needs and provide much needed financial assistance to them and their families. These are funds held on behalf of the carers.

Capital Grants were grants received to cover the cost of new equipment and furniture.

Big Lottery Fund – Reaching Communities is a four-year grant towards the costs of a further project to support adult carers (16 – 35 years old). This project finished in July 2019, the closing balance as shown at 31st March 2025 of £134, consists of fixed asset to be depreciated in future years.

Action Towards Inclusion was originally a three-year grant funding to assist organisations to support vulnerable people (including carers) who are facing all sorts of barriers in returning to work, training or education. The lead partner is Your Consortium, and the funding is part of the national Building Opportunities programme which is jointly funded by the Big Lottery and European Social Fund. Delivery on this project finished in September 2019; we were lucky to receive an extension of the project for a further 3 years and then a second extension of 9-months to secure the project up to June 2023. The closing balance as shown at 31st March 2025 of £8,013 consist of fixed assets of £39 to be depreciated in future years and a useable fund of £7,974.

Wellbeing and Prevention service – working title of 'My Neighbourhood' – funded by NYCC, My Neighbourhood connects communities and provides support to people who may be isolated, lonely or need a bit of extra help. The service is for anyone aged 18 or over, not necessarily a carer and is delivered in partnership with Ryedale Carers Support. The closing balance as shown at 31st March 2025 of £3,702, consists of fixed assets of £275 to be depreciated in future years and a useable fund of £3,427.

Home from Hospital is a service for anyone aged 18 or over, to provide short-term help to those who are returning from hospital and need some support. Help includes anything from essential food shopping to organising ongoing support with other agencies. It does not provide personal care. CPY are subcontracted by Harrogate Carers Resource to deliver Home from Hospital in the Scarborough, Whitby and Ryedale areas. The closing balance as shown at 31st March 2025 of £43,670, consists of fixed assets of £214 to be depreciated in future years and a useable fund of £43,456.

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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

15. MOVEMENTS IN FUNDS – continued
Purpose of restricted funds – continued

Big Lottery Community Fund YACs – a continuation of the Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their - potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers.

Hospital 2 Home is a contract with East Riding of Yorkshire Council, providing a service similar to Home from Hospital in North Yorkshire. Short-term help for those who live in the East Riding of Yorkshire, mainly Bridlington and Driffield areas, being discharged from hospital. The contract was originally a 12-month project; we were fortunate enough to have the contract extended. The closing balance as shown at 31st March 2025 of £19,823, consists of fixed assets of £123 to be depreciated over future years and a useable fund of £19,700.

Caring with Active Confidence is for carers 18+ years old, to come together to gain peer support and share experiences. Sessions are planned with carers involvement and carers help to facilitate the group as volunteers. These sessions have been mainly running virtually through Zoom when Covid-19 has prevented any face-to-face sessions. The original funding for this project came from a Carers Trust grant and we managed to secure further funding from 2 Ridings to extend sessions. At 31st March 2025, a total of £64 relates fixed assets to be depreciated over future years.

Starfish 2 is a three-year project funded by BBC Children in Need and carried on from the original and successful 'Starfish' Project. The project is for Young Carers and enables us to extend support we can offer through the core NYCC contract. Starfish 2 focusses on helping young carers look forward, helping them gain skills and confidence needed to move forward with their lives. Also, to empower them to help other young carers through voice and representation – to inform adults with influence. At 31st March 2025, a total of £347 relates to fixed assets to be depreciated over future years, with any resulting deficit to be covered by general reserves.

Community Support Organisation set up by NYCC as part of their response to the Covid-19 outbreak. A partnership between Carers Plus Yorkshire, Ryedale Carers Support, Ryedale Community Transport to help co-ordinate a number of localised Covid-19 networks across the Ryedale area to help Ryedale communities meet the challenges of Covid-19. The closing balance as shown at 31st March 2025 of £19,674, consists of fixed assets of £98 to be depreciated over future years and a useable fund of £19,576.

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15. MOVEMENTS IN FUNDS – continued
Purpose of restricted funds – continued

Coronavirus Funds is a collection of 10 separate funding streams including 2 Ridings, Triangle Trust, NYCC, National Lottery Community Fund, Carers Trust and Ryedale District Council. The funding primarily aimed to maximise the support that Carers Plus Yorkshire could provide during the Covid-19 pandemic. This enabled us to employ new staff and offering more hours to current members of staff. Working from home provided new challenges so the funding helped to buy new IT equipment for our staff, in particular laptops; these were necessary to help our clients whilst working in the office was not possible. Other expenditure included staff wellbeing calls, client materials and personal protective equipment. The closing balance as shown at 31st March 2025 of £1,759 consists of fixed assets to be depreciated over future years.

Community Connect was funding by the Big Lottery. This paid for a community link worker and a volunteer co-ordinator for a six-month period. The project is completed, the closing balance as shown at 31st March 2025 of £113 consists of fixed assets to be depreciated in future years.

Winter Volunteering from NHS Humber was funding for the development of a volunteer coordinator to recruit and focus volunteer support in Malton Hospital. The funding originally covered 4 months over the winter period until 31st March 2021, with an initial extension given of 6 months and the project finally being extended to June 2024.

Veterans – Armed Forces Covenant Fund is designed to support veteran carers and those who are caring for veterans to build the confidence, skills and knowledge they need to 'care with confidence'. The project is 2 year funded post ending in April 2023. The closing balance of £1,166 consists of fixed assets of £198 to be depreciated in future years and a useable fund of £968.

NYCC Northallerton Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age in the Hambleton & Richmondshire areas. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit of £32 cleared by transfer from unrestricted reserves.

Northallerton Making Carers Count is a 2 ½ year long project funded by Carers Trust ending in March 2024. The project was to expand our Young Carer and Young Adult Carer services into the Hambleton and Richmondshire areas. The closing balance of £2,412 consists of fixed assets of £125 to be depreciated in future years and a useable fund of £2,287.

East Riding (Help for Heath & Smile Foundation) is a fund to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £671 consist of fixed assets of £260 to be depreciated over future years and a useable fund of £411.

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for the year ended 31 March 2025

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

Big Lottery – Network to Success is a 2 year fund to complement our core adult services in Hambleton and Richmondshire areas with a series of specialist spokes. These will be helping those living with Dementia and memory loss, poor mental health, veteran caring (for carers of veterans and veteran carers), after caring, life as a parent carer, voice and representation (effecting change).

Hull CCG East Riding HFH is a 12 month fund to complement the existing home from hospital fund in the East Riding of Yorkshire.

CFY - System Pressures MH is a one-year grant from Community First Yorkshire and was a project to support and encourage volunteering in the Malton area.

Brid Carers (WB) - Smile Foundation is a grant fund from East Riding Council to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £6,401 consists of fixed assets of £196 to be depreciated in future years and a useable fund of £6,205.

HRCC Asset Transfer is the final transfer of assets held by Hambleton and Richmondshire Carers Centre on the day they ceased trading. The transfer had been agreed by all parties in the merger process. The balance of £86,772 consists of fixed assets of £1,295 to be depreciated over future years and a useable fund of £85,477, which is to be used in the Hambleton & Richmondshire area in the following years.

Festival of Green is a grant funded by Humber Coast and Vale and the Smile Foundation for a project to deliver an outdoor festival linked to green social prescribing services programme and is in collaborations of seven project partners.

Active Humber – a project in partnership with Active Humber which is funded by the Together fund and is a 6-month project to help aid growth and recovery post Covid-19 pandemic for carers by providing sporting related group activities in the Bridlington area.

Eastfield project (120 Westway) is funded by North Yorkshire Council for one year to help set up a Community Hub in Eastfield and to deliver activities in the local area. The closing deficit of £4,534 is much improved on the 2024 closing deficit of £12,142 and is due to NYC falling behind on payments. This is expected to be rectified in 2025/26, with any interim cash deficit covered by general reserves as required.

TCMH are Transforming Community Mental Health grants from North Yorkshire Council which consist of small one-year grants to help with access to low level mental health support.

Peer support (NYCC) – to establish a bank of volunteers for matching with carers for mutual support. Based in Hambleton and Richmondshire.

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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

HWRA – is a one-year grant funding from NHS Hull Clinical Commissioning Group and with lead partner Humber and Wolds Rural Action to develop and test the Micro provider model to stimulate in health and social care as a career especially in rural areas where access is limited.

CFY Building Better connections is a one-year grant from Community First Yorkshire and is a project to tackling loneliness and isolation in North Yorkshire.

6 charities Together is a themed facilitator organised by Cuppa Connect who are the main contract lead for the funding. We receive a small one-year grant from six different charities to attend a monthly cuppa club in six different areas.

Force for Change (AFCF) is a one-year project funded by the Armed Forces Covenant Fund and is designed to develop a service for military families and individuals who have additional care and support needs within their home environment.

RISE is a one-year project funded through Better Connect and is and employability project designed to help and support unpaid carers develop new skills and interest both voluntary and paid employment.

Big Lottery YAC (Apr 23 - Mar 26) – a three-year grant for the continuation of our Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers.

not just me MIND Woodsmith is a grant funded by the Woodsmith Foundation and is a partnership with Scarborough, Whitby and Ryedale Mind. The project is to support people over 65 with poor mental health with one-to-one support whilst creating new inclusive social activities for people living in Whitby and Filey.

Shared Prosperity - £20k Comm Conversations is a project funded by the UK government through the UK Shared Prosperity Fund aiming to improve the balance of community voice within the decisions made in (and for) Hunmanby area. By capturing the 'Voices of Hunmanby' through a variety of means, we will ensure residents are heard and their ideas/concerns/ambitions.

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NOTES TO THE FINANCIAL STATEMENTS
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15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

Armed Forces - No One Left Behind is a two-year grant starting January 23 and is funded by the Armed Forces Covenant Fund and is to help support veteran carers or people caring for a veteran. The project aims to give advice and guidance to veterans and help them access the right support at the right time and provide support through locality-based groups to reduce isolation, nurture peer support and build friendships.

Children in Need – Core is a three-year core grant funding from BBC Children in Need. The funding is for our Young Carer service and focuses on helping and supporting young carers aged 8-18 years old. This funding enables us to extend support and uplift the capacity we can offer through the core North Yorkshire Council contract.

Big Lottery Carer Connections (BL Carer Connections) is a three-year grant to complement our core adult services in Hambleton and Richmondshire areas with a series of specialist spokes. These will be helping those living with memory loss, poor mental health, veteran caring (for carers of veterans and veteran carers), life as a parent carer, voice and representation (effecting change).

Shared Prosperity - £20k Sibling Carers is a one-year grant funded by the UK government through the UK Shared Prosperity Fund and the project will provide inclusive group sessions and social opportunities for families of neurodiverse children to support emotional wellbeing, reduce stigma, and strengthen relationships, while gathering evidence on the potential long-term benefits of introducing a 'SEN Family Worker' role within the team to enhance community impact in Scarborough.

Shared Prosperity 50+ £40k is a one-year grant funded by the UK government through the UK Shared Prosperity Fund and the project aims to support carers aged 50+ and isolated individuals to overcome barriers to learning and employment by building skills, confidence, and social connections, helping them return to or remain in work, training, or volunteering.

Time for Me £10,000.00 consists of a small one-year grant which aims to build a sustainable, community-based support network for unpaid carers, reducing loneliness, increasing resilience, and improving wellbeing through peer groups, outreach hubs, and accessible activities.

Rise2Thrive is a one-year project funded through Better Connect and is and employability project designed to help and support unpaid carers develop new skills and interest both voluntary and paid employment.

Young Carers Connect – Inspire £1,000.00 this is a small grant to provide activities for our Young Carer service and focuses on helping and supporting young carers aged 8-18 years old.

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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2025

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

Income Maximisation & Fuel Poverty is a two-year grant and is our Caring with Money Matters project. Carers Plus Yorkshire will provide income maximisation support for unpaid carers through 1:1 advice, helplines, workshops, drop-ins, digital hubs, and targeted presentations, helping carers manage finances, access benefits, and address fuel poverty. The service includes micro-grants for immediate crises, collaborative support with local partners, and outreach for under-represented carers such as parent and young adult carers. Sustainability will be achieved through peer mentors, ongoing partnerships, and funding applications, ensuring carers continue to receive guidance and develop financial confidence beyond the project.

UKSPF Digital Inclusion Program SWR is a one-year grant funded by the UK government through the UK Shared Prosperity fund and is a project to support carers (8+) and non-carers (18+) with limited digital access in the Scarborough, Whitby and Ryedale area by providing free technology and building digital literacy and confidence. Activities include group sessions, online learning, and skill development to improve daily life, access services, and enhance employability. The closing balance of £10,366 consists of £9,518 of fixed assets to be depreciated over future years, and a useable fund of £848.

UKSPF Digital Inclusion Program Ham/Rich is a one-year grant funded by the UK government through the UK Shared Prosperity fund. This project is to help support carers (8+) and non-carers (18+) with limited digital access in the Hambleton and Richmondshire area and is to empower our service users and others to increase their independence and wellbeing by supporting them to access digital technology, increase digital literacy and build confidence, in navigating the ever-changing digital space. The closing balance of £12,802 consists of £11,776 of fixed assets to be depreciated over future years, and a useable fund of £1,026.

Veterans Foundation is a grant funded through the Veterans Foundation and is a project that will expand personalised 1:1 and group support for veteran carers in Hambleton and Richmondshire. It focuses on building trust and confidence through relationship building, social engagement, and tailored learning opportunities covering areas like mental health, resilience, finance, and peer support to help veterans become more independent and resilient in their caring roles.

HFS6 Food Support £5k NYC is a small grant from North Yorkshire Council. The project will support CPY work with the local Food Bank to deliver crisis parcels, as well as deliver educational activities and provide warm space.

North Yorkshire Sport Ltd will deliver "Carers from the Couch," online and in-person sessions for adult unpaid carers to boost physical activity, wellbeing, and resilience through exercise, mindfulness, and outdoor activities, supported by engagement packs.

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for the year ended 31 March 2025

16. PENSION CONTRIBUTIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions payable by the charity to the scheme for the year totalled £31,472 (2024: £28,492). At 31 March 2025 pension contributions payable by the charity to the scheme totalling £nil (2024: £3,193) were outstanding and are included in other creditors.

17. ANNUAL COMMITMENTS UNDER OPERATING LEASES

At 31 March 2025, the charity had an annual operating lease commitment which expires as follows:-

	2025	2024
Land and buildings – within one year	24,958	31,600
– within two to five years	30,293	37,060
– more than five years	-	-
	======	======

The charity renewed its six-year lease on premises in Snainton in April 2021 for a further six years at £13,500 pa, increasing to £15,000 from April 2024. The lease for the Northallerton office was transferred to the charity with an end date of November 2025 at £8,500 pa. A new lease commencing November 2025 at £493pm, including service charges, has been agreed for 3 years running to November 2028. In May 2023, the Charity commenced a further lease at Eastfield of £6,100 per annum, running for 18 months until November 2025. This will not be extended, with an informal agreement in place to use space at the Westway Open Arms, Eastfield, for one day per week for £2,000 for an initial 6 months.

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INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2025

		2025	2024
Income		£	£
	NYCC Carers' Resource service	402,124	402,124
	Carers' grants	23,917	5,474
	Other grants	710,412	701,748
	Donations	11,703	4,714
	Miscellaneous income	10,326	7,254
	Big Lottery Fund – Young Adult Carers	121,361	50,000
	Big Lottery Fund – Network to Success	-	80,603
	BBC Children in Need	-	21,630
	Interest receivable	4,028	3,622
		1,283,871	1,277,169
less:	Expenses		
	Salaries and wages	981,387	968,226
	Pensions	31,472	28,492
	Volunteer expenses	895	497
	Travel expenses	43,217	43,470
	Rent	38,074	37,812
	Heat, light and power	10,279	4,768
	Water rates	2,162	1,949
	Recruitment expenses	1,833	2,066
	Staff training costs	5,320	6,276
	AGM expenses	57	191
	Fundraising expenses	966	185
	Buildings maintenance	7,496	19,462
	Office equipment maintenance	18,186	16,357
	Equipment leasing	3,767	3,657
	Photocopier charges	1,308	1,262
	Postage	1,957	2,514
	Telephone and internet	16,649	16,622
	Books, periodicals and subscriptions	3,396	3,134
	Printing and stationery	1,332	3,139
	Advertising and publicity	5,049	3,872
	Cleaning	5,412	4,859
	Insurance	6,716	6,575
	Conferences and networking expenses	2,139	4,565
	Accountancy	3,682	3,824
	Consultancy fees	-	2,619
	Legal and professional fees	2,745	2,382
	Auditor fees	6,180	5,179
	Bank charges	166	187

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INCOME AND EXPENDITURE ACCOUNT *(Continued)*
for the year ended 31 March 2025

Carers' grants and events expenses	7,390	6,369
Health care expenses	5,923	3,094
Project activities & related expenses	35,814	44,173
Miscellaneous expenses	1,335	3,046
Depreciation	13,480	12,550
	1,265,784	1,263,373
SURPLUS OF INCOME OVER EXPENDITURE	18,087	13,796

Carers Plus Yorkshire Ltd

England & Wales - Charity number 1046228

Accounts

Company number: 03042108
(England & Wales)

Carers Plus Yorkshire Ltd
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ACCOUNTS

Year ended 31 March 2024

Carers Plus Yorkshire Ltd
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CHAIRS REPORT

Chairs Report 2023/2024

On behalf of the Board of Trustees and our staff team I am very pleased to present this year's Annual Report and accounts for your information and scrutiny. I hope you will take the opportunity to read the Trustees Report which summarises some of the key achievements of our charity over the last year and the accounts which show the continuing solidity of our financial affairs.
I am pleased to report that his has been another very positive year for our Charity with a significant growth in the number of people we have been able to support. Commissioners as varied as the County Council, the NHS, Children in Need and the Big Lottery have recognised the quality of the services we provide and we thank them for their confidence in us.

Most importantly our core funding from North Yorkshire Council has been confirmed for a further five years with a possible extension of an additional three years. This is a heartening vote of confidence in the quality of the services we offer and the hard work of our staff and volunteers.

Our services have continued to be delivered against the background of the recovery from the COVID pandemic which has presented considerable operational challenges. Our services continue to be focused on the needs of the individual and the communities in which they live. Alongside our core offer to Adult Carers, Young Carers and Young Adult carers we have a portfolio of complementary services that support other vulnerable people in our local area, such as the Home from Hospital services and support to veterans. Increasing the range of services, we provide makes our Charity more secure, as it means we can build on the skills of our staff, share the fixed costs across these projects and support more vulnerable people across what amounts to over half of North Yorkshire.

We have also established a presence in the Bridlington area of the East Riding of Yorkshire delivering a home from hospital service funded by the Local Authority and Humber Coast and Vale NHS Partnership.

As you can see from the accounts our financial position is very stable with a growth in our income over the last year. The bulk of funding comes from our commissioners but we have been successful in developing donations and support from the local business and professional community. I would like to thank them for their support.

The demand for our services continues to grow and the difficulties faced by carers and other vulnerable people are well documented by the stresses of recovery from the Covid pandemic and the pressures of the rising cost of living. There is increasing pressure on the NHS and social services nationally and locally and our role is to complement and support the work of the statutory sector.

The quality of our services is dependent on a skilled and committed team, I would like to thank our staff team, Trustees and volunteers for all their hard work over the last year. Building on the skills and knowledge of our staff team is a key part of our long-term strategy of sustainability and growth.

I hope you find the Trustees Report and Accounts informative and that you will continue to support the work of our Charity.

Michael Hunt Chair of Trustees

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TRUSTEES' REPORT

2023-2024 has continued to be an exciting and positive year for CPY. Building on the success of 2022-2023 and the acquisition of new geographical reach, CPY has continued to develop its activity across three key districts over the course of 2023-2024. Our work is now comfortably embedded over Scarborough, Whitby and Ryedale/Hambleton and Richmondshire and the East Riding of Yorkshire – mainly focused around Bridlington Town and local villages. Each area with a slightly different portfolio but with a core of unpaid carer work at its heart to ensure we keep our focus and future aspirations centred on our main aims and objectives.

Carers Plus Yorkshire, brand and name is widely known now as a charity that delivers high quality services across our whole portfolio and is both reactive and responsive to the needs of an expanding client base. We strive to be seen as the go-to organisation for carers and those we serve in our local communities.

The Management Team has had a few changes with key personnel leaving but that gave an opportunity to review what was needed and restructure the roles. With that in mind we now have a full time Head of Operations, Office Manager, Finance Manager, a Development and Fundraising Manager and dedicated Home from Hospital Manager. The Senior Management is key to support a consistent and quality service ensuring a strong future for CPY and those we serve.

The Management Team has worked tirelessly building on new and existing partnerships to ensure that our Charity is embedded in the right partnerships at the right time to maximise impact for our clients. We strive to stay current with and keep up to date with local, regional and national initiatives. This includes ensuring we are appropriately represented at strategic and operational meetings, and be in a position to influence thinking (particularly around the engagement/needs of carers) and be ready to secure funding when it becomes available for application.

Our mission statement and values are at the heart of CPY and those that work for us are fully committed and understand what it means to work for the charity. Mission: 'Carers Plus Yorkshire enables unpaid Carers and those we support in the Community to be heard, to feel empowered to improve their own wellbeing, and to make positive changes in their day to day lives.' Throughout the year we have had evidence of clients, professionals and wider colleagues turning to us for information and support – real evidence of our growing value as a 'go-to' organisation.

CPY is proud to be part of this wonderful unique and varied sector – The Voluntary Sector is different to any other sectors, including statutory (Health and Social Care) and private (small or large profit-making businesses).

CPY primary purpose is to create social impact rather than profit. It is independent from local and national government and distinct from the private sector. There are over 7000 voluntary, community or social enterprise groups across NY with a paid and voluntary work force.

CPY are governed by a committed and skilled Board of Trustees who are in themselves volunteers, giving their time for free but their main aim is to lead the charity so it can make a real difference to the people they serve, through positive outcomes and impact.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued)*

Carer Services:

Adult Carers Service:

The service remains busy in terms of the number of Adult Carers accessing the service.

- We continue to see a particular increased interest from Parent Carers who are mostly navigating long waiting lists for their children being assessed for neurodiverse conditions. Whilst we cannot influence these waiting lists, we are working closely with other services, both statutory and VSCE to ensure that parent carers are able to keep channel of communication open. We have built an informative social network of Parents across the patches, providing the opportunity for like-minded parents to share lived experiences, gain IAG and receive specialist support via guest speakers at groups and workshops. This has developed a strong peer support network for people to access support, avoiding 'carer crisis',
- Through our 'Network to Success' provision in Hambleton and Richmondshire we have developed a more focused approach to categorising work around specific carer needs, the success of this work in 22-23 has meant that The Big Lottery have continued to fund the project for 24-27. Specific carer needs have been categorised by level of need that we have been experiencing during this reporting period, 'spokes' have included focused group work on: Carers supporting veterans and veteran carers, carers of those with mental health, Memory Loss and Parent Carers and 'Life Beyond Caring', supporting carers to navigate when life / relationships change due to the impact of caring. This work has mostly been undertaken in the form of drops in, groups, social gatherings, and workshops to allow carers to connect with other people managing the same challenges.
- Our Armed Forces work is embedded and integral in key areas of our geography. Funded by the Armed Forces Covenant Trust for the third year has allowed our veteran advisor to reaching more communities, and tackle loneliness and isolation of this population of carers. Not only does this specialist knowledge helping carers and non-carers to navigate caring through our pathway of 1:1 support, the comradery that has developed through socially connecting Armed Forces Families, is something that is celebrated at several 'at place' hubs across our areas.
- The successful introduction of a new 'assessment, monitoring and review' tool called the 'Outcomes Star' has been pivotal in changing the way we work with carers on their 'journey of change'; it has presented them with greater ownership and personal self-direction. All incoming referrals complete this impact assessment tool, The Carers Star. This strength based, holistic assessment, explores seven key outcome areas: health, the caring role, managing at home, time for yourself, how you feel, finances & work. The Carers Star is used collaboratively with the carer at different points of the adult service pathway. This allows the advisor to measure the impact of caring and monitor and evaluate their 'journey of change' whilst in service.
- The Carers Star is used to evaluate outcomes with a carer and evidence the progress made against the 7 outcome areas at the most appropriate points in their journey with us. The data below is taken from the reporting function on the Outcome Star Online for this reporting period:
- 94% of carers made progress in any one outcome area
- 85% of carers made progress in any two outcome areas
- 69% of carers made progress in any three+ outcome areas

Young Carers Service:
The young carers service (for those 8-18) has continued to build across Scarborough, Whitby, Ryedale and Hambleton & Richmondshire areas. We have been able to add capacity to the team in Scarborough, Whitby, Ryedale following a successful application for core funding from Children in Need.

Scarborough is most certainly the busiest patch of the areas that we work in. Depth of work with young people has increased, with the need for lots of partnership work with CYPS and social care required to ensure that we are meeting the needs of these young people.

Our work has included the development of our school support offer via staff carer champion training, school assemblies and 'hubs' established in several schools. Young Carers have told us through voice and influence work, that better support in schools for carers would make a significant difference to how they feel. Through the continued expansion of our Carers Champion Training, we have aimed to take this to schools in our perpetual attempt to provide a broader network of teachers and wider educational professionals who can better support young carers in schools.

Young carers follow a pathway of support, from assessment to support plan (using My Star / Carers Star). Whilst the core of our work remains in the support of young carers via 1:1 provision, we have developed a clear exit narrative for these young people to 'move on' from 1:1 work, via small group learning experiences and social connectivity. The ambition is for them to feel empowered and able to cope with their caring role, so that their connection to the service can move onto a light touch support via hubs, groups and activity experiences. We have also worked with several young people to empower then to share their voice through our Young Ambassadors programme, the intention of which is to shape and influence the service going forward.

Community Services:
'At Place' work continues to thrive, we have taken our work 'out' to local communities across Scarborough, Ryedale, Whitby - this has seen CPY venture into new premises, new partnerships and new service delivery over the course of the year.

Our Neighbourhood: The 'wellbeing and prevention' contract from which My Neighbourhood was born, was replaced this year with multiple smaller bids to develop a patchwork of opportunities across the Scarborough, Whitby and Ryedale area. This has required, more than ever, working in partnership with other VCSE organisations to meet the needs of client in the wider community who are experiencing loneliness and isolation (carers and non-carers 18+).
This transition has been more challenging behind the scenes, with the staff team being required to redirect their work and layer their workload to meet the outputs of the new contracts. This transition period has been an opportunity work closely as a service to map, plan and deliver what is required at place. Social connection appears to be key; participants want an open, welcoming, safe space in which to connect with CPY, other organisations and each other. Staying healthy, independent, and connected with their community has been key, and this does look different in differing areas of our geography. When working within the wider community, sometimes with more vulnerable clients, the staff team are required to differentiate our offer based on need and demographic of clients.

Home from Hospital has had its most challenging year in terms of volume and ferocity of referrals; with little 'let-up' over the summer months, the inevitable winter pressures have seen record numbers accessing the service as we try to support the NHS management of its internal crisis. The team has been amazing in responding to the constant flow of clients, taking more clients from Accident and Emergency departments than ever before, reducing admissions and offering department staff the reassurances needed to confidently send patients home confident in the knowledge they are followed up and supported.

Volunteering: This year we have worked to refocus our paperwork, our training, our support offer and our range of opportunities. We have allocated the front end of our volunteering offer to two members of staff, one based at the Snainton Office and one in Northallerton, they work with our admin team to ensure that there is a first point of contact for volunteer expressing an interest in supporting the organisation and its plethora of services.

Our offer developed throughout the year included:

- **NHS volunteering -** organised and developed on behalf of Humber NHS Teaching Foundation Trust (this will not continue post June 2024)
- **Carers Champion Training -** an introductory training programme for employees to become a Carers Champion volunteer within their own workplace – this has extended to schools carer training, and has been well received by those attending.
- **Peer Support Volunteers -** working with our young adult carers, Parent Carers and/or adult carers, we sometimes need to identify (and deploy) those carers who have been through our service are in a position to support others due to their level of experience, confidence and clarity of listening/thinking.
- **Facilitator Volunteers -** as demand grows and capacity of the staff team are stretched, we recognise the need for volunteers at our groups and activities. Volunteers are integral to the sustainability of our provision and we are working towards a recruitment drive to enrol a range of roles, including; walk leaders, crafters, catering, admin and befriending volunteers.

RISE: The RISE project superseded our previously known employability and training support, Action Towards Inclusion. This project has a huge impact on the lives it has supported – support that included clients gaining training/retraining, confidence and removal of barriers previously preventing employment. RISE is a similar project with less outputs (18) and has been funded by UKSPF until March 2024 when it will be reprofiled.

Outreach Support

Outreach work has increased within this reporting period, we have now taken on the lease of a of a 'hub space' in Eastfield (The One Twenty) which has allowed for an increased presence in the area. Drop-In sessions for advice are in operation, carer workshops and social sessions are taking place with a focus on parent carers, veteran carers, young carers and at present. The space is allowing us to raise the profile of CPY in a vulnerable community. Good relationships are being forged with GP surgeries, the resident's association, the Free Fridge, Eastfield Pact and the council.

We are also at place in Whitby at Kirkham Community Centre offering collaborative carer groups with TEWV, Whitby Caring Together and Dementia Forward.

In Ryedale and Hambleton & Richmondshire we have a regular monthly presence at the 'One Stop Shops' and Cuppa Connect events. The SHIC partnerships offer an opportunity for us to network with other organisations and raise the profile of carers at all of the sessions. We offer a first point of referral at all of the localities with a Carer Advisor available to meet with carers. The sessions are a good opportunity for signposting clients to relevant support services.
In its continuance, outreach work remains client-centred and client-led. Much of our feedback highlights how informative and helpful the sessions and advice are and how the support received has improved the lives of the carer and cared-for. Socialising and having time for themselves has boosted carers' confidence and meeting people in similar situations and sharing experiences made them realise they are not alone. This model of outreach support ensures there is 'no closed door'; and networks and resources are available via a hub/group/drop-in/safe space; with peer-to-peer support at its heart.

Partnerships and collaborations
Our collaborative partnership with a widening network of organisations, sectors and funders has supported our successful positioning over the course of the year. As we move forward these will continue to take time and energy to ensure mutual benefit, integrity and true equality when working with others.

We continue to be selective in our working relationships such that we have been able to surround the organisation and our clients with partnerships that will add value to our work and more importantly maximise the shared impact we have across our full geography for each and every client, group and service.

Contractually we have purposefully extended the range of funders, and contracts we hold without compromising our core focus on unpaid carers. We feel moving forward it is more important than ever to 'consolidate' what we have in our portfolio at present, by being consistent with our partners and collaborators, as well ensuring quality is not compromised and we focus on long term sustainability.

Carers Plus Yorkshire Ltd
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TRUSTEES' REPORT *(Continued)*

Numbers and Impact

Whilst we recognise statistics only tell part of the story, we are keen to report the overall impact of our work on new clients. When collating an annual picture, the figures below capture the new referrals to each area of our service:

- Adult Carers Service – 896
- Young Adult Carers Service - 33
- Young Carers Service - 185
- Bridlington Carers Service - 85
- RISE Project (Employability) - 18
- Home from Hospital (North Yorkshire) - 1,684
- Home from Hospital (East Riding) - 642
- Our Neighbourhood - 291
- NHS Volunteers - 14
- Parent Carer Connect Project (Peer Mentoring) – 10

Total new referrals **3858**

Each year numbers continue to increase and demand for services grow; these direct referral figures do not demonstrate the overall level of engagement and interventions offered by the team. The team continue to work way beyond capacity to provide the best services for all the clients we support. The increased numbers show how much the service is needed but also demonstrates the professionalism and quality of support and we could not provide this without such knowledgeable and skilled staff.

Shared Values:

- **Respectful:** Listening, exploring and providing an open, inclusive and supportive environment, where people can build on their strengths and thrive.
- **Resourceful:** Armed and grounded with the information we gather, our services and practice incorporate the needs and aspirations of the people we meet.
- **Committed:** We are solution-focused; operating in the reality of the moment, with understanding, experience and respect.
- **Sharing**: Working together with people and partners, to make a real difference to individual lives, families and communities; supporting the principle of 'us being stronger and better together'.

Core Objectives:

Carers Plus Yorkshire: the **'go-to'** organisation offering support to Carers and the wider community across the coast and vale. We seek to operate through four underpinning objectives:

- To offer **independent, high quality, information advice and support** through a range of services relevant to our local communities and in the interest of improving personal health and wellbeing.

- To proactively **represent the voice and needs** of the communities we serve; to listen, to respond and thereby influence the commissioning and delivery of services to accurately reflect needs.

- To **raise awareness** of the support available and ensure the localities we serve take full advantage of our services – especially by reaching out to those who are hidden in our communities and need encouragement to access advice and information.

- To **work in partnership** through **meaningful collaborations** with a wide range of other organisations, maximising the resources and services available across our geographical area.

Financial review

As in previous years the charity has actively applied for funding for the general running of the charity and has kept a close control over its expenditure. At 31 March 2024 the charity's unrestricted funds showed a surplus of income over expenditure of £31,079 (2023: surplus of £50,050). The charity has used £625 of this surplus to cover overspends on various restricted fund projects. At 31 March 2024 unrestricted funds totalled £435,073 (2023: 404,619) which is above its stated reserves policy and is held to cover any shortfalls in funding on its long running projects, as noted. Of this amount £13,703 (2023: £22,053) is held as designated unrestricted funds for the purpose of Young Carers projects.

The charity, in line with the restrictions and timescales placed upon its restricted funds, has utilised the funds provided to it in the previous year. The results in these financial statements show the Charity's restricted funds with a deficit in the year of £17,283 (2023: surplus of £57,935). At 31 March 2024 restricted funds held by the charity total £266,738 (2023: £283,396) and these funds will be expended on their specific projects in the forthcoming financial year.

Investment policy

The Board of Trustees have considered the most appropriate policy for investing funds and has found that the CAF Charity Service meets their requirements for security of funds and achieves a competitive rate of interest as well as allowing easy access to the capital.

Reserves policy

The Trustees consider sufficient reserves should be held to fulfil their duty of prudence and to fulfil the cost and legal obligations to wind up the charity should it be necessary. However, it is the view of the Trustees that this must be balanced by the need to invest in services to fulfil our charitable purpose. The Reserves Policy was reviewed in March 2023 as follows:

1. The Trustees consider that unrestricted cash reserves are required for the following reasons:

    a) To enable CPY to maintain its core contracted services for a period of 3 months
    b) To provide for non-funded staffing costs such as redundancy, staff sickness or parental leave arrangements and from unforeseen compliance costs relating to new or changing legislation
    c) To provide alternative funding to meet any shortfall against a planned deficit budget
    d) Contractual obligations for current lease arrangements

2. Amount of cash reserves to be held:
   The amount set for the above reasons will fluctuate annually, but as a general rule* the equivalent of 3 months running costs will be held.
   *If CPY is deemed financially and contractually secure, Trustees can agree to access reserves for development purposes.

3. Cash reserves sufficient for the immediate future are already held and the Trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget.

4. The Trustees will monitor the level of cash reserves when considering the quarterly reports from the Treasurer of the Board of Trustees

Cash reserves sufficient for the immediate future are already held and the trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget. Reserves are monitored by the Board of Trustees on a quarterly basis.

Reference and administrative details

Full name of the charity:	Carers Plus Yorkshire Ltd
Company registration number	03042108 (England & Wales)
Registered charity number	1046228
Registered office of the charity	96 High Street Snainton Scarborough YO13 9AJ

Advisors

Independent auditors	Philip Burley & Co Chartered Accountants and Registered Auditors 28 Bagdale Whitby North Yorkshire YO21 1QL
Bankers	HSBC Plc 27 Market Place Malton North Yorkshire YO17 7LU CAFBANK Limited PO Box 289 West Malling ME19 4TA Virgin Money 24 Huntriss Row Scarborough YO11 2EG

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year end were as follows:-

	Appointed	Resigned
John Michael Hunt	22 January 2014	-
John Suddaby	10 October 2017	-
Teresa Bennion	24 February 2018	-
Edith Hardy-Lloyd	3 October 2018	-
Alison Matthews	13 March 2019	-
Neil Fitzpatrick	16 September 2020	-
Lynne Janette Taylor-Holt	28 July 2022	-

Carers Plus Yorkshire Ltd
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TRUSTEES' REPORT *(Continued)*

Key management personnel

Chief Executive Officer	Elizabeth McPherson

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 April 1995 and registered as a charity on 5 May 1995.

As of 30th June 2022 the Articles of Association were amended to reflect the name change and the increase in geographical cover.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the trustees of the charity are elected at the Annual General Meeting to serve a period of three years, subject to ratification at each Annual General Meeting.

Appointment of trustees, induction and training

Identification of potential new Trustees is assisted by a skills audit of the current Board. Any gaps in skills or experience can then inform targeted recruitment. Carers Plus Yorkshire's only members are only those as appointed as Trustees of the Charity. New Trustees can be co-opted by the Board at any time through the year, co-opted Trustees are then nominated and elected at the next AGM. The recruitment process is by written application and interview with the Chair and Chief Executive Officer. The Chair then recommends their nomination or co-option to the Board.

Newly appointed Trustees are registered with both the Charity Commission and Companies House. They undergo full induction into the organisation, including shadowing staff to get first-hand knowledge of work 'on the ground'. Relevant and appropriate training is on-going.

Organisation

The board of trustees administers the charity. The board normally meets 6 weekly.
A Chief Executive Officer is appointed by the trustees to manage the day-today operations of the charity. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters

Related parties and co-operation with other organisations

None of the trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity with any contractual relationship with a related party must be disclosed to the full board of trustees. In the current year no such related party transactions were reported.

Pay policy for senior staff

The trustees and the Chief Officer comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a daily basis. All trustees give their time freely and no trustee received remuneration in the year. Details of trustees' expenses and related party transactions are disclosed in note 8 to the accounts.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued)*

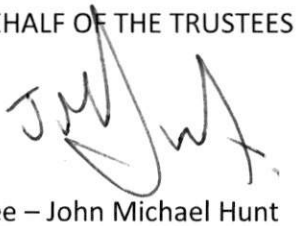
Risk management
The Board of Trustees have identified the major risks to which the charity is exposed. These are reviewed continually as are the systems established to mitigate those risks.

Responsibilities of the trustees
Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that year. In preparing those accounts the trustees are required to:-

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES



Trustee – John Michael Hunt

Dated: 27 November 2024

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

Opinion

We have audited the financial statements of Carers Plus Yorkshire Ltd (the "charitable company") for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and have fulfilled our ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilties of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information contained within the annual report. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept; or
  the financial statements are not in agreement with the accounting records and returns;
- or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions to prepare a strategic report or in preparing the Trustees' Annual Report.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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Report of the Independent Auditors to the Trustees of Carers Plus Yorkshire Ltd

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.

- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the charitable company to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the audit of the charitable company. We remain solely responsible for our audit opinion.

Because of the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 13 of the Companies Act 2006. Our audit has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members, as a body, and the charitable company's trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

Stewart Davies
Senior Statutory Auditor
for and on behalf of:
Philip Burley & Co
Statutory Auditor
28 Bagdale
Whitby
YO21 1QL

Date: 27 November 2024

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
for the year ended 31 March 2024

	Notes	2024 Unrestricted funds	2024 Restricted funds	2024 Total	2023 Total
		£	£	£	£
Income from:					
Donations and legacies	2	2,381	2,333	4,714	40,764
Charitable activities	3	416,832	844,748	1,261,580	1,338,590
Income from other activities	4	7,150	103	7,253	1,212
Investment income	5	3,622	-	3,622	1,490
Total income		429,985	847,184	1,277,169	1,382,056
Expenditure on:					
Raising funds		3,818	746	4,564	2,793
Charitable activities		395,088	863,721	1,258,809	1,271,279
Total resources expended	6	398,906	864,467	1,263,373	1,274,072
Net income	8	31,079	(17,283)	13,796	107,984
Transfer between funds		(625)	625	-	-
Net movement in funds		30,454	(16,658)	13,796	107,984
Total funds at 1 April 2023		404,619	283,396	688,015	580,030
Total funds at 31 March 2024	15	435,073	266,738	701,811	688,015

All income and expenditure derive from continuing activities.

Carers Plus Yorkshire Ltd
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BALANCE SHEET
As at 31 March 2024

	Notes	£	2024 £	2023 £
FIXED ASSETS				
Tangible assets	11		27,428	32,958
CURRENT ASSETS				
Debtors	12	15,803		16,229
Cash at bank and in hand		986,797		985,302
		1,002,600		1,001,531
CREDITORS: Amounts falling due within one year	13	328,217		346,474
NET CURRENT ASSETS			674,383	655,057
NET ASSETS	14		701,811	688,015
UNRESTRICTED FUNDS				
General funds		421,370		382,566
Designated funds		13,703		22,053
			435,073	404,619
RESTRICTED FUNDS				
Restricted funds			266,738	283,396
TOTAL FUNDS	15		701,811	688,015

The trustees and directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The notes on pages 16 to 25 form an integral part of these accounts.

The income and expenditure account has not been delivered to the Registrar of Companies.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the trustees and directors on 27 November 2024 and signed on their behalf by:

.....
Trustee – John Michael Hunt

J W. Suddaby
.....
Trustee – John Suddaby

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

	2024	2023
	£	£
A. Cash Flow from operating activities		
B. Net Income	13,796	107,985
Adjustments for:		
Amortisation of non-current asset		
Depreciation (including obsolescence) of non-current asset	12,550	11,600
Interest paid		
(Profit) / loss on sale of fixed assets (net)		
Operating profit before working capital changes	**26,346**	**119,585**
Adjustments for: (Δ Net Working Capital)		
(Increase) / decrease in loans and receivables	426	40,017
Increase / (decrease) in trade payable	(1,315)	(1,460)
Increase / (decrease) in other current liabilities	(16,942)	81,449
Δ Net Working Capital (From 01.04.22 to 31.03.23)	**(17,831)**	**120,006**
Cash (used in)/generated from operating activities	**8,515**	**239,591**
C. Cash flow from investing activities:		
Purchase of property, plant, and equipment	(7,020)	(13,842)
Cash (used in)/from investing activities	**(7,020)**	**(13,842)**
Free Cash Flow (FCF) - (A+B)	**1,495**	**225,749**
D. Cash flow from financing activities		
Net cash (used in)/from financing activities	-	-
Net (decrease)/increase in cash and cash equivalents (FCF + C)	**1,495**	**225,749**
Cash and cash equivalents at the beginning of the year (Bank Balance + CIL)	**985,302**	**759,553**
Cash and cash equivalents at the end of the year (Bank Balance + CIL)	**986,797**	**985,302**
-Bank balance	986,797	985,302

Notes:

1. Cash flow statement has been prepared under the indirect method.
2. Cash and cash equivalents represent Petty cash and bank balances.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparation
The accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with:

a) The Charities Act 2011
b) The Companies Act 2006
c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: (FRS102)
d) Accounting and Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

Public Benefit
The charity meets the definition of a public benefit entity as defined by FRS102.

Going concern basis
The trustees and directors consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Recognition of incoming resources
These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Grants and donations
Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Revenue grants are recognised in the SOFA so as to match them with the expenditure towards which they are intended to contribute.

Grants which contribute towards specific expenditure on fixed assets are credited to the statement of Financial Activities over the expected useful lives of the related assets.

Contractual income and performance related grants
These are only included in the SOFA once the related goods or services have been delivered.

Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

1. ACCOUNTING POLICIES *(Continued)*

Investment income
Investment income is included in the accounts when receivable.

Liability recognition
Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Governance costs
Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Support costs
Support costs include central functions and have been allocated to fund categories on a basis consistent with the use of resources and the staff hours incurred.

Pensions
The Company operates a defined contribution pension scheme. Contributions payable for the year are charged to the profit and loss account.

Operating leases
Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Unrestricted funds
Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds. Unrestricted funds can be transferred to cover deficits on restricted funds only on the agreement of the trustees.

Designated funds
Designated funds are unrestricted funds earmarked by the charity for particular purposes.

Restricted funds
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Tangible fixed assets
Tangible assets are included at cost and depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment	33.50%	Straight line basis

All capital expenditure is capitalised irrespective of value.

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted	Restricted	2024 Total	2023 Total
	£	£	£	£
Donations and legacies				
Donations	2,381	2,333	4,714	40,764

3. INCOME FROM CHARITABLE ACTIVITIES

Carers and Holdings grants	-	5,474	5,474	4,396
Carers Resource service contract funding - NYCC Adult & Community Services North Yorkshire & York PCT	402,124	-	402,124	271,377
NYCC Young Carers Service	-	-	-	116,178
Scarborough Whitby & Ryedale Mind	-	27,069	27,069	2,000
Children in Need	-	21,630	21,630	500
2 Ridings	-	10,000	10,000	1,700
Action Towards Inclusion	-	7,856	7,856	48,725
The Carers Resource – Veterans Project	-	-	-	35,583
Wellbeing & Prevention Service	-	-	-	90,444
Home from Hospital	-	202,187	202,187	202,141
Starfish grant	-	23,570	23,570	47,139
Home 2 Hospital grant	-	68,570	68,570	39,420
Community Fund YAC's	-	-	-	17,161
Community Support Organisation grant	-	-	-	74,625
Northallerton Making Carers Count (2021 – 2024)	-	59,132	59,132	61,386
NHS Volunteering	-	-	-	27,327
East Riding (Help for Health & Smile Foundation)	-	44,345	44,345	15,000
Rotary Club of Scarborough	-	500	500	500
NYCC - |Eastfield (120 Eastway)	-	24,814	24,814	-
NHS App Funding	-	-	-	1,333
NHS Voluntary Services	-	11,139	11,139	41,008
HMRA (50% as request for payment)	-	42,524	42,524	23,194
Brid Carers (WB) – Smile Foundation	-	3,825	3,825	24,796
Yorkshire Housing Grants	-	-	-	1,200
Beating the Squeeze	-	-	-	2,000
Warm Welcome Fund Grant	-	-	-	120
Woodsmith Cost of Living Grant	-	-	-	3,000
Integration of VCSE activity (Beyond Housing)	-	-	-	5,000
Sandra McCabe, Scarborough	-	-	-	2,700
CFY - System Pressures MH support	-	-	-	6,500
CFY Building Better Connections	12,468	-	12,468	17,935
TCMH Catterick Garrison	-	21,500	21,500	26,000
Food Bank Support (Stronger Communities)	-	-	-	10,000
Hull CCG East Riding HFH (Mar 22 - Feb 23)	-	-	-	21,083
Active Humber	-	-	-	7,865
Northallerton General	-	-	-	5,000
Healthwatch MH consultations	-	-	-	3,000

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

	Unrestricted	Restricted	2024 Total	2023 Total
	£	£	£	
NYCC – NATE Holding grant	-	(700)	(700)	700
NYCC Peer Support Grant	-	-	-	20,000
Big Lottery – Network to Success	-	80,603	80,603	60,554
Big Lottery YAC (Apr 23 – Mar 26)	-	50,000	50,000	-
Age UK Bursary	240	-	240	-
ICB Grant	2,000	-	2,000	-
SHIC Funding	-	53,917	53,917	-
AFCF – No One Left Behind funding	-	38,908	38,908	-
RISE Claim	-	27,885	27,885	-
UK Shared Prosperity Fund	-	20,000	20,000	-
	416,832	844,748	1,261,580	1,338,590

4. INCOME FROM OTHER ACTIVITIES

Miscellaneous income	7,150	103	7,253	1,212
	7,150	103	7,253	1,212

5. INVESTMENT INCOME

Bank interest receivable	3,622	-	3,622	1,490

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

6. ANALYSIS OF EXPENDITURE

Raising funds				
Conferences and Networking	3,818	746	4,564	2,793
	3,818	746	4,564	2,793
Charitable activities				
Staff costs	313,232	683,486	996,718	1,016,779
Volunteer expenses	101	396	497	1,090
Travel expenses	8,166	35,304	43,470	46,171
Premises costs	12,803	51,244	64,047	32,245
Recruitment and staff training costs	4,561	3,781	8,342	10,652
Office equipment costs	4,100	13,039	17,139	15,775
Depreciation	7,871	4,679	12,550	11,600
Communications	6,606	10,016	16,622	14,622
Printing, stationery and postage	1,041	11,672	12,713	7,379
Advertising and publicity	1,053	5,019	6,072	5,355
Books, periodicals & subscriptions	834	1,225	2,059	2,617
Insurance	3,675	2,900	6,575	5,630
Health Care Expenses	3,094	-	3,094	2,206
Carers' grants and events expenses	317	6,052	6,369	11,426
Project activity expenses	5,502	28,866	34,368	58,557
Sundry expenses	11,228	2,380	13,608	5,510
Accountancy	2,624	1,200	3,824	3,093
Auditor fees	5,179	-	5,179	4,950
Consultancy and sessional work fees	1,838	780	2,618	14,674
Legal and professional fees	700	1,682	2,382	13
Bank charges	187	-	187	210
AGM expenses	191	-	191	75
Fundraising expenses	185	-	185	648
	395,088	863,721	1,258,809	1,271,279
Total	398,906	864,467	1,263,373	1,274,072

7. SUPPORT COSTS

	Unrestricted	Restricted	2024 Total	2023 Total
	£	£	£	£
Charitable activities:				
General office and finance staff costs	13,515	29,955	43,470	26,266
Premises costs	996	2,206	3,202	1,897
Communications	258	573	831	860
	14,769	32,734	47,503	29,023

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

8. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging: -

	2024	2023
Depreciation	12,550	11,600
Trustees remuneration	-	-

There were no related party transactions in the year.

9. STAFF COSTS AND NUMBERS

Staff costs were as follows:-

Wages and salaries	898,712	918,102
Social security costs	69,514	70,182
Pension	28,492	28,496
	996,718	1,016,780

No employee received emoluments of more than £60,000. The average number of employees during the year was 40 (2023: 44).

10. TAXATION

The company is accepted as a charity for tax purposes and is exempt from tax on its income or gains to the extent that they are applied for charitable purposes.

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

11. TANGIBLE FIXED ASSETS

	Plant and machinery etc.
	£
COST	
At 1 April 2023	100,437
Additions	7,020
Disposals	-
At 31 March 2024	107,457
DEPRECIATION	
At 1 April 2023	67,479
Charge for year	12,550
Eliminated on disposals	-
At 31 March 2024	80,029
NET BOOK VALUE	
At 31 March 2024	27,428
At 31 March 2023	32,958

12. DEBTORS: Amounts falling due within one year

	2024	2023
	£	£
Trade debtors	12,025	6,642
Other debtors	3,778	9,587
	15,803	16,299

13. CREDITORS: Amounts falling due within one year

	2024	2023
Performance related grants received in advance	286,893	317,032
Tax and social security	15,130	16,550
Other creditors	26,194	12,892
	328,217	346,474

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General funds	Designated funds	Restricted funds	Total funds
Tangible fixed assets	17,304	-	10,124	27,428
Investments	-	-	-	-
Current assets	610,798	13,703	378,099	1,002,600
Current liabilities	(206,732)	-	(121,485)	(328,217)
	421,370	13,703	266,738	701,811

Carers Plus Yorkshire Ltd

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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

15. MOVEMENTS IN FUNDS

	Balance 1 April 2023	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2024
Restricted funds					
Carers and holding grants	850	5,474	5,964	-	360
Capital Grants	38	-	(741)	-	779
Big Lottery Reaching Communities	303	-	102	-	201
Action Towards Inclusion	205	7,856	29	-	8,032
Wellbeing & Prevention Service	4,294	-	455	-	3,839
Home from Hospital	36,209	202,187	189,765	-	48,631
Big Lottery Community Fund YACs	-	-	50	50	-
Hospital 2 Home	6,433	68,570	57,828	-	17,176
Caring with Active Confidence	99	-	33	-	66
BBC Children in Need - Starfish 2	443	23,570	23,517	-	495
Community Support Organisation	20,456	-	733	-	19,723
Coronavirus funds	3,980	-	1,333	-	2,647
Community Connect - Big Lottery	255	-	85	-	170
Winter Volunteering (NHS Humber)	32,970	11,139	38,451	-	5,658
Veterans – Armed Forces Covenant Fund	5,536	10,507	14,400	-	1,643
NYCC Northallerton Young	-	-	48	48	-
Northallerton Making Carers Count	2,965	59,132	74,615	-	(12,518)
East Riding (Help for Heath & Smile Foundation)	1,000	-	198	-	802
Big Lottery – Network to Success	1,573	80,603	81,049	-	1,127
Hull CCG East Riding HFH	967	-	-	-	967
CFY – System Pressures MH Support	6,189	-	-	-	6,189
Brid Carers (WB) – Smile Foundation	2,616	48,170	46,894	-	3,892
HRCC Asset Transfer	88,404	-	980	-	87,424
Festival of Green	3,192	-	-	-	3,192
Active Humber	7,865	-	-	-	7,865
Eastfield project (120 Westway)	(887)	25,444	36,699	-	(12,142)
Transforming Community Mental Health	15,000	77,591	87,743	-	4,848
Peer support (NYCC)	19,978	-	-	-	19,978
HWRA	3,836	42,523	39,791	-	6,568
CFY Building Better connections	17,935	-	-	-	17,935
6 charities Together	(8)	-	-	-	(8)
Holding Grants	700	(700)	-	-	-
Force for Change (AFCF)	-	9,500	10,000	500	-
Rise	-	27,885	27,885	-	-
Big Lottery YAC(Apr 23 – Mar 26)	-	50,000	49,067	-	933
#I Will Two Ridings	-	10,000	10,027	27	-
Not just me MIND Woodsmith	-	27,069	26,180	-	889
Shared Prosperity - £20K Comm Conversations	-	20,000	20,182	-	(182)
Armed Forces – No One Left Behind	-	19,034	11,273	-	7,761
Children in Need – Core	-	21,630	9,832	-	11,798
Total restricted funds	283,396	847,184	864,467	625	266,738

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

	Balance 1 April 2023	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2024
Unrestricted funds					
General funds	382,367	240,941	277,045	(577)	345,686
Northallerton general funds	199	189,044	113,511	(48)	75,684
Designated funds Snainton YC	20,369	-	8,350	-	12,019
Designated funds Northallerton YC	1,684	-	-	-	1,684
Total unrestricted funds	404,619	429,985	398,906	(625)	435,073
Total funds	688,015	1,277,169	1,263,373	-	701,811

15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Carers' grants enable local/regional/national grant giving organisations to support carers' identified needs and provide much needed financial assistance to them and their families. These are funds held on behalf of the carers.

Capital Grants were grants received to cover the cost of new equipment and furniture.

Big Lottery Fund – Reaching Communities is a four-year grant towards the costs of a further project to support adult carers (16 – 35 years old). This project finished in July 2019, the closing balance as shown at 31st March 2024 of £201, consists of fixed asset to be depreciated in future years.

Action Towards Inclusion was originally a three-year grant funding to assist organisations to support vulnerable people (including carers) who are facing all sorts of barriers in returning to work, training or education. The lead partner is Your Consortium, and the funding is part of the national Building Opportunities programme which is jointly funded by the Big Lottery and European Social Fund. Delivery on this project finished in September 2019; we were lucky to receive an extension of the project for a further 3 years and then a second extension of 9-months to secure the project up to June 2023. The closing balance as shown at 31st March 2024 of £8,032 consist of fixed assets of £58 to be depreciated in future years and a useable fund of £7,974.

Wellbeing and Prevention service – working title of 'My Neighbourhood' – funded by NYCC, My Neighbourhood connects communities and provides support to people who may be isolated, lonely or need a bit of extra help. The service is for anyone aged 18 or over, not necessarily a carer and is delivered in partnership with Ryedale Carers Support. The closing balance as shown at 31st March 2024 of £3,839, consists of fixed assets of £412 to be depreciated in future years and a useable fund of £3,427.

Home from Hospital is a service for anyone aged 18 or over, to provide short-term help to those who are returning from hospital and need some support. Help includes anything from essential food shopping to organising ongoing support with other agencies. It does not provide personal

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

15. MOVEMENTS IN FUNDS – continued
Purpose of restricted funds – continued

care. CPY are subcontracted by Harrogate Carers Resource to deliver Home from Hospital in the Scarborough, Whitby and Ryedale areas. The closing balance as shown at 31st March 2024 of £48,631, consists of fixed assets of £321 to be depreciated in future years and a useable fund of £48,310.

Big Lottery Community Fund YACs – a continuation of the Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers.

Hospital 2 Home is a new contract with East Riding of Yorkshire Council, providing a service similar to Home from Hospital in North Yorkshire. Short-term help for those who live in the East Riding of Yorkshire, mainly Bridlington and Driffield areas, being discharged from hospital. The contract was originally a 12-month project; we were fortunate enough to have the contract extended a further 14 months to finish March 2023. The closing balance as shown at 31st March 2024 of £17,176, consists of fixed assets of £186 to be depreciated over future years and a useable fund of £16,990.

Caring with Active Confidence is for carers 18+ years old, to come together to gain peer support and share experiences. Sessions are planned with carers involvement and carers help to facilitate the group as volunteers. These sessions have been mainly running virtually through Zoom when Covid-19 has prevented any face-to-face sessions. The original funding for this project came from a Carers Trust grant and we managed to secure further funding from 2 Ridings to extend sessions into 2021. The closing balance as shown at 31st March 2024 of £66 consists of fixed assets to be depreciated in future years.

Starfish 2 is a three-year project funded by BBC Children in Need and carried on from the original and successful 'Starfish' Project. The project is for Young Carers and enables us to extend support we can offer through the core NYCC contract. Starfish 2 focusses on helping young carers look forward, helping them gain skills and confidence needed to move forward with their lives. Also, to empower them to help other young carers through voice and representation – to inform adults with influence. The closing balance as shown at 31st March 2024 of £495 consist of fixed assets to be depreciated over future years.

Community Support Organisation set up by NYCC as part of their response to the Covid-19 outbreak. A partnership between Carers Plus Yorkshire, Ryedale Carers Support, Ryedale Community Transport to help co-ordinate a number of localised Covid-19 networks across the Ryedale area to help Ryedale communities meet the challenges of Covid-19. The closing balance as shown at 31st March 2024 of £19,723, consists of fixed assets of £147 to be depreciated over future years and a useable fund of £19,576.

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

15. MOVEMENTS IN FUNDS – continued
Purpose of restricted funds – continued

Coronavirus Funds is a collection of 10 separate funding streams including 2 Ridings, Triangle Trust, NYCC, National Lottery Community Fund, Carers Trust and Ryedale District Council. The funding primarily aimed to maximise the support that Carers Plus Yorkshire could provide during the Covid-19 pandemic. This enabled us to employ new staff and offering more hours to current members of staff. Working from home provided new challenges so the funding helped to buy new IT equipment for our staff, in particular laptops; these were necessary to help our clients whilst working in the office was not possible. Other expenditure included staff wellbeing calls, client materials and personal protective equipment. The closing balance as shown at 31st March 2024 of £2,647 consists of fixed assets to be depreciated over future years.

Community Connect was funding by the Big Lottery. This paid for a community link worker and a volunteer co-ordinator for a six-month period. The project is completed, the closing balance as shown at 31st March 2024 of £170 consists of fixed assets to be depreciated in future years.

Winter Volunteering from NHS Humber was funding for the development of a volunteer coordinator to recruit and focus volunteer support in Malton Hospital. The funding originally covered 4 months over the winter period until 31st March 2021, with an initial extension given of 6 months and the project finally being extended to June 2024.

Veterans – Armed Forces Covenant Fund is designed to support veteran carers and those who are caring for veterans to build the confidence, skills and knowledge they need to 'care with confidence'. The project is 2 year funded post ending in April 2023. The closing balance of £1,643 consists of fixed assets of £297 to be depreciated in future years and a useable fund of £1,346.

NYCC Northallerton Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age in the Hambleton & Richmondshire areas. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit of £48 cleared by transfer from unrestricted reserves.

Northallerton Making Carers Count is a 2 ½ year long project funded by Carers Trust ending in March 2024. The project was to expand our Young Carer and Young Adult Carer services into the Hambleton and Richmondshire areas. The closing deficit balance of £12,518 was cleared by final payment received in May 2024 following submissions of required monitoring reports.

East Riding (Help for Heath & Smile Foundation) is a fund to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £802 consist of fixed assets of £391 to be depreciated over future years and a useable fund of £411.

Carers Plus Yorkshire Ltd
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2024

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

Big Lottery – Network to Success is a 2 year fund to complement our core adult services in Hambleton and Richmondshire areas with a series of specialist spokes. These will be helping those living with Dementia and memory loss, poor mental health, veteran caring (for carers of veterans and veteran carers), after caring, life as a parent carer, voice and representation (effecting change). The closing deficit will be covered by future funding.

Hull CCG East Riding HFH is a 12 month fund to complement the existing home from hospital fund in the East Riding of Yorkshire. The closing balance of £967 is to be used in the 2024/25 financial year.

CFY - System Pressures MH is a one-year grant from Community First Yorkshire and was a project to support and encourage volunteering in the Malton area.

Brid Carers (WB) - Smile Foundation is a grant fund from East Riding Council to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £3,892 consists of fixed assets of £295 to be depreciated in future years and a useable fund of £3,597.
HRCC Asset Transfer is the final transfer of assets held by Hambleton and Richmondshire Carers Centre on the day they ceased trading. The transfer had been agreed by all parties in the merger process. The balance of £87,424 consists of fixed assets of £1,947 to be depreciated over future years and a useable fund of £85,477, which is to be used in the Hambleton & Richmondshire area in the following years.

Festival of Green is a grant funded by Humber Coast and Vale and the Smile Foundation for a project to deliver an outdoor festival linked to green social prescribing services programme and is in collaborations of seven project partners.

Active Humber – a project in partnership with Active Humber which is funded by the Together fund and is a 6-month project to help aid growth and recovery post Covid-19 pandemic for carers by providing sporting related group activities in the Bridlington area.

Eastfield project (120 Westway) is funded by North Yorkshire Council for one year to help set up a Community Hub in Eastfield and to deliver activities in the local area.

TCMH are Transforming Community Mental Health grants from North Yorkshire Council which consist of small one-year grants to help with access to low level mental health support.

Peer support (NYCC) – to establish a bank of volunteers for matching with carers for mutual support. Based in Hambleton and Richmondshire.

HWRA – is a one-year grant funding from NHS Hull Clinical Commissioning Group and with lead partner Humber and Wolds Rural Action to develop and test the Micro provider model to stimulate in health and social care as a career especially in rural areas where access is limited.

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

CFY Building Better connections is a one-year grant from Community First Yorkshire and is a project to tackling loneliness and isolation in North Yorkshire.

6 charities Together is a themed facilitator organised by Cuppa Connect who are the main contract lead for the funding. We receive a small one-year grant from six different charities to attend a monthly cuppa club in six different areas.

Holding Grants are carers' grants enable local/regional/national grant giving organisations to support carers' identified needs and provide much needed financial assistance to them and their families. These are funds held on behalf of the carers.

Force for Change (AFCF) is a one-year project funded by the Armed Forces Covenant Fund and is designed to develop a service for military families and individuals who have additional care and support needs within their home environment.

RISE is a one-year project funded through Better Connect and is and employability project designed to help and support unpaid carers develop new skills and interest both voluntary and paid employment and

Big Lottery YAC (Apr 23 - Mar 26) – a three-year grant for the continuation of our Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers.

#iwill Two Ridings is a one-year grant and is for a project to empower Young Carers to have a voice. The project is to develop a Young Carer Schools Mentor Programme across our Young Carer Service.

not just me MIND Woodsmith is a grant funded by the Woodsmith Foundation and is a partnership with Scarborough, Whitby and Ryedale Mind. The project is to support people over 65 with poor mental health with one-to-one support whilst creating new inclusive social activities for people living in Whitby and Filey.

Shared Prosperity - £20k Comm Conversations is a project funded by the UK government through the UK Shared Prosperity Fund aiming to improve the balance of community voice within the decisions made in (and for) Hunmanby area. By capturing the 'Voices of Hunmanby' through a variety of means, we will ensure residents are heard and their ideas/concerns/ambitions.

Armed Forces - No One Left Behind is a two-year grant starting January 23 and is funded by the Armed Forces Covenant Fund and is to help support veteran carers or people caring for a veteran. The project aims to give advice and guidance to veterans and help them access the right support at the right time and provide support through locality-based groups to reduce isolation, nurture peer support and build friendships.

Carers Plus Yorkshire Ltd
(A company limited by guarantee and not having
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INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2024

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

Children in Need – Core is a three-year core grant funding from BBC Children in Need. The funding is for our Young Carer service and focuses on helping and supporting young carers aged 8-18 years old. This funding enables us to extend support and uplift the capacity we can offer through the core North Yorkshire Council contract.

16. PENSION CONTRIBUTIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions payable by the charity to the scheme for the year totalled £28,492 (2023: £28,496). At 31 March 2024 pension contributions payable by the charity to the scheme totalling £3,193 (2023: £nil) were outstanding and are included in other creditors.

17. ANNUAL COMMITMENTS UNDER OPERATING LEASES

At 31 March 2024, the charity had an annual operating lease commitment which expires as follows:-

	2024	2023
Land and buildings – within one year	31,600	22,000
– within two to five years	37,060	53,500
– more than five years	-	-
	======	======

The charity renewed its six-year lease on premises in Snainton in April 2021 for a further six years at £13,500 pa, increasing to £15,000 from April 2024. The lease for the Northallerton office was transferred to the charity with an end date of November 2025 at £8,500 pa, with a review scheduled during 2024 and the rent expected to increase to £10,500 pa from April 2024. In May 2023, the Charity commenced a further lease at Eastfield of £6,100 per annum, running for 18 months until November 2025.

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for the year ended 31 March 2024

		2024	2023
Income		£	£
	NYCC Carers' Resource service	402,124	271,377
	NYCC Young Carers Service	-	116,178
	Carers' grants	5,474	4,396
	Other grants	701,748	885,586
	Donations	4,714	40,764
	Miscellaneous income	7,254	1,212
	Big Lottery Fund – Young Adult Carers	50,000	-
	Big Lottery Fund – Network to Success	80,603	60,553
	BBC Children in Need	21,630	500
	Interest receivable	3,622	1,490
		1,277,169	1,382,056
less:	Expenses		
	Salaries and wages	968,226	988,284
	Pensions	28,492	28,495
	Volunteer expenses	497	1,090
	Travel expenses	43,470	46,171
	Rent	37,812	20,725
	Heat, light and power	4,768	5,367
	Water rates	1,949	1,434
	Recruitment expenses	2,066	2,221
	Staff training costs	6,276	8,451
	AGM expenses	191	75
	Fundraising expenses	185	648
	Buildings maintenance	19,462	4,700
	Office equipment maintenance	16,357	11,557
	Equipment leasing	3,657	4,218
	Photocopier charges	1,262	1,480
	Postage	2,514	3,047
	Telephone and internet	16,622	14,622
	Books, periodicals and subscriptions	3,134	2,617
	Printing and stationery	3,139	2,852
	Advertising and publicity	3,872	5,355
	Cleaning	4,859	3,266
	Insurance	6,575	5,630
	Accountancy	3,824	3,093
	Auditor fess	5,179	4,950
	Consultancy fees	2,619	14,674
	Legal and professional fees	2,382	13
	Conferences and networking expenses	4,565	2,793
	Bank charges	187	210

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INCOME AND EXPENDITURE ACCOUNT *(Continued)*
for the year ended 31 March 2024

Carers' events	317	6,090
Carers' expenses	88	1,394
Carers' grants	5,964	3,941
Health care expenses	3,094	2,206
Project activities & related expenses	44.173	58,557
Coronavirus	-	-
Miscellaneous expenses	3,046	2,246
Interest payable	-	-
Depreciation	12,550	11,600
	1,263,373	1,274,072
SURPLUS OF INCOME OVER EXPENDITURE	13,796	107,985

30th Birthday celebration and fundraising ideas

Staff were asked at the waterpark day for ideas and suggestions of ways they think we should celebrate our 30th birthday. This list was collated, and several ideas were selected as possible events/ ideas to run. The ideas are:

- Afternoon Tea with a possible visit from Princess Anne (Through Carers Trust)
- 30 tasks carers and staff can be involved in over the year this could include things like 30,000 steps in a month, 30 days of mindfulness etc.
- Celebrate 30 achievements.
- Celebrating positive partnerships such as Armed Forces.
- CPY video
- Group blanket creation- each group creates squares to make a large blanket celebrating 30 years.
- Giving tree for carers
- Bingo event
- Games Night
- Picnic in the park
- Charity Night – Northallerton WMC have offered us another May '25
- Treat bags for Home from Hospital staff to give out
- Raise £30 with 30 suggestions of how to raise it
- Bake Off Competition and raffle cakes off afterwards
- Snaintonbury Music Festival- instead connect with Staxtonbury and see if we can do something?

Lily and Conor have started searching the archives for previous newsletters and materials we can use as part of the celebrations. Conor will also create a 30th birthday version of our logo to use during the year.

The birthday celebrations also offer a great opportunity to explore event sponsorship/ match funding/ staff volunteering with local businesses as well as the fundraising opportunities that can link with some of the suggested events. Ali will be starting to make connections with businesses including The Crown Spa Hotel who already support us through their Christmas Fair. She will also be community asset mapping to see where we have connections already that could be explored for fundraising or volunteer support.

There is a small team of staff who meet regularly to plan and organise the birthday events as well as a Trello board to document ideas and assign specific jobs to staff.

Carers Plus Yorkshire Ltd

England & Wales - Charity number 1046228

Accounts

Company number: 03042108
(England & Wales)

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FINAL ACCOUNTS

Year ended 31 March 2023

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CHAIRS REPORT

Chairs Report 2022/2023

On behalf of the Board of Trustees and our staff team I am very pleased to present this year's Annual Report and accounts for your information and scrutiny. I hope you will take the opportunity to read the Trustees Report which summarises some of the key achievements of our charity over the last year and the accounts which show the continuing solidity of our financial affairs. I am pleased to report that his has been another very positive year for our Charity with a significant growth in the number of people we have been able to support. Commissioners as varied as the County Council, the NHS, Children in Need and the Big Lottery have recognised the quality of the services we provide, and we thank them for their confidence in us.

Most importantly our core funding from North Yorkshire Council has been confirmed for a further five years with a possible extension of an additional three years. This is a heartening vote of confidence in the quality of the services we offer and the hard work of our staff and volunteers.

Our services have continued to be delivered against the background of the recovery from the COVID pandemic which had presented considerable operational challenges. Our services continue to be focused on the needs of the individual and the communities in which they live. Alongside our core offer to Adult Carers, Young Carers and Young Adult carers we have a portfolio of complementary services that support other vulnerable people in our local area, such as the Home from Hospital service and support to veterans. Increasing the range of services we provide makes our Charity more secure, as it means we can build on the skills of our staff, share the fixed costs across these projects and support more vulnerable people across what amounts to over half of North Yorkshire.

We have also established a presence in the Bridlington area of the East Riding of Yorkshire delivering a home from hospital service funded by the Local Authority and Humber Coast and Vale NHS Partnership.

As you can see from the accounts our financial position is very stable with a growth in our income over the last year. The bulk of funding comes from our commissioners, but we have been successful in developing donations and support from the local business and professional community. I would like to thank them for their support.

The demand for our services continues to grow and the difficulties faced by carers and other vulnerable people are well documented by the stresses of recovery from the Covid pandemic and the pressures of the rising cost of living. There is increasing pressure on the NHS and social services nationally and locally and our role is to complement and support the work of the statutory sector.

The quality of our services is dependent on a skilled and committed team I would also like to thank our staff team, Trustees and volunteers for all their hard work over the last year. Building on the skills and knowledge of our staff team is a key part of our long-term strategy of sustainability and growth.

I hope you find the Trustees Report and Accounts informative and that you will continue to support the work of our Charity.

Michael Hunt Chair of Trustees

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TRUSTEES' REPORT

2022-2023 has been an incredibly fast paced, expansive and exciting year for CPY. Building on the success of 2021-2022 and the acquisition of new geographical reach, CPY has consolidated its activity across three key districts over the course of 2022-2023. Our work is now comfortably extended over: Scarborough, Whitby and Ryedale / Hambleton and Richmondshire and the East Riding of Yorkshire. Each area with a slightly different portfolio but with a core of unpaid carer work at its heart to ensure we keep our focus and unique contributions at the fore.

In our full year operating as Carers Plus Yorkshire, our brand and name has become synonymous with high quality delivery, both reactive and responsive to the needs of an expanding client base.

Whilst the delivery team has tirelessly delivered on the ground (more about this later), the Management Team has worked on partnerships, existing and new, to ensure that our Charity is embedded in the right partnerships at the right time to maximise impact for our clients. This work has included ensuring we are appropriately represented at strategic and operational meetings, have been in a position to influence thinking (particularly around the engagement/needs of carers), and be ready to secure funding when it becomes available for application.

This year we are confident our mission statement has really hit home with our internal team, our clients and those we work with externally. *Mission: 'Carers Plus Yorkshire enables unpaid Carers and those we support in the Community to be heard, to feel empowered to improve their own wellbeing, and to make positive changes in their day to day lives.'* Throughout the year we have had evidence of clients, professionals and wider colleagues turning to us for information, guidance and support – real evidence of our growing value as a 'go-to' organisation.

As we come to the end of this year, we leave behind us some of our important work around the COVID 19 pandemic. We are delighted this work is drawing to a close, but still recognise that in all aspects of our current and continuing work the Cost-of-Living crisis has seamlessly taken COVID's space in terms of its impact on community's vulnerabilities. Throughout the majority of this year, we have worked to support and guide multi-sector collaborations to keep communities a little safer, and a significant number of clients moving forward with their day to day lives.

Highlights from our specialist and free services to carers and non-carers include:

Carer Services:

Adult Carers Service:
The service continues to grow in terms of the number of Adult Carers accessing the service.
We have seen particular increased interest from Parent Carers and have built an informative social network of Parents across the patches. This has proved a perfect model to combine our specialist internal support, attract relevant external specialist input, and develop a strong peer support network for people to access inside and outside of our shared time together.

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TRUSTEES' REPORT *(Continued)*

- Through our 'Network to Success' provision in Hambleton and Richmondshire we have developed a more focused approach to categorising work around specific carer needs - our 'spokes' have included focused work on: Carers supporting veterans and veteran carers, carers of those with serious mental health, Memory Loss and Support After-Caring.
- Our Armed Forces work is growing across each area with the help of two former serving personnel now on the team - their insight and specialist knowledge is helping carers and non-carers to navigate civilian life more comfortably. The ability of CPY to differentiate its service, language and approach has been key to the success of building a strong network and friendship groups at a local level.
- Our work with external partners to be part of the 'Transforming Community Mental Health' agenda has led to the development of a spotlight on 'Carers of someone with a Serious Mental Illness'; we have worked with Tees Esk and Wear Valley to co-facilitate groups (now well established) that allow Carers to ask the questions they really need too and to share their experiences for the benefit of others.
- The successful introduction of a new 'assessment, monitoring and review' tool called the 'Outcomes Star' has been pivotal in changing the way we work with carers on their 'journey of change'; it has presented them with greater ownership and personal self-direction.

Young Carers Service:
The young carers service (for those 8-18) has continued to build across Scarborough, Whitby, Ryedale and Hambleton & Richmondshire areas. Notwithstanding the year being about bringing together a consistency of practice in our two key areas, we have worked to introduce a new assessment, monitoring and review tool (the Young Carers Star) to help drive forward action planning for their future.

Our work has included the development of our school support offer. We have a keen ambition to continue building on this in recognition that Young Carers are often in their ward for the largest amount of time in any one day – understanding and support in the school setting is paramount. Through the development and expansion of our Carers Champion Training we have started to take this to schools to further help a broad network of teachers and wider educational professionals understand the agenda.

Community Services:
'At Place' has been the theme of the year for our communities' work – driven by a multi-sector agenda, we have taken our work 'out' to very local communities across Scarborough, Ryedale, Whitby - this has seen CPY venture into new premises, new partnerships and new service delivery over the course of the year. This year has felt busier than most:

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TRUSTEES' REPORT *(Continued)*

My Neighbourhood: As we successfully worked through our final year of a 4.5 year long 'wellbeing and prevention' contract, we have been successful in securing multiple smaller bids to replace this contract funding and develop a patchwork of opportunities across the Scarborough, Whitby and Ryedale area. Whilst this transition has been challenging behind the scenes and will inevitably be more complex to manage than the previous one, the opportunities have given us a new platform on which to energise, innovate and stimulate very local level engagement.

Home from Hospital has had its most challenging year in terms of volume and ferocity of referrals; with little 'let-up' over the summer months, the inevitable winter pressures have seen record numbers accessing the service as we try to support the NHS management of its internal crisis. The team has been amazing in responding to the constant flow of clients, taking more clients from Accident and Emergency departments than ever before, reducing admissions and offering department staff the reassurances needed to confidently send patients home confident in the knowledge they are followed up and supported.

Volunteering: This year has helped us to reflect on our volunteering offer and ambitions; we have worked to refocus our paperwork, our training, our support offer and our range of opportunities. Our offer developed throughout the year included:

- **NHS volunteering** - organised and developed on behalf of Humber NHS Teaching Foundation Trust
- **Carers Champion Training** - an introductory training programme for employees to become a Carers Champion volunteer within their own workplace
- **Peer Support Volunteers:** working with our young adult carers, Parent Carers and/or adult carers, we sometimes need to identify (and deploy) those carers who have been through or are confident with their 'journey of change' and are in a position to support others due to their level of experience, confidence and clarity of listening/thinking.

Action towards Inclusion: we have completed our final year of Action Towards Inclusion (our employability and training support). This service has had huge impact on the 120 lives it has supported – support that included clients gaining training/retraining, confidence and removal of barriers previously preventing employment; its impact has seen all clients move forward with their lives, emotionally, educationally, and financially as they move into new employment opportunities. Through the expertise of our specialist worker, we have been reapproached to work on the next phase of the provision in 23/24 - this will see a slight re-focus of the provision as the funding base changes from European Social Funding to Local Government based 'levelling-up' monies.

Different ways of working - spaces and places
What a difference a year makes! Hybrid working is now well established and no longer associated with just a COVID compliant way of working, but an essential to meet the needs of a busy work life. We see the flexibility for the staff is essential to ensure time is maximised and client needs are met.

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TRUSTEES' REPORT *(Continued)*

Our expansion into more structured places and spaces at a community level adds an additional dimension to the 'home or office' scenario and allows our staff team to have ultimate control of how and where they can most effectively work. We still are asking staff to be in the office on specific days (now dedicated to team or service catch-ups so the connectivity between colleagues is not lost). One of the good things to take forward as a legacy of COVID has been the team's ability to operate virtually, as 'one' even if the physical connectivity is not always possible.

In terms of our clients, it appears this year 'the more is the merrier' in terms of us developing physical opportunities to connect - in many respects we feel our 'normal' pre-covid levels of activity face to face have returned. That said, the development of more sophisticated and diverse options to connect in-person and/or digitally has given us the perfect combination of 'choice' for all.

Different ways of working – partnerships and collaborations
Our collaborative partnership with a broadening network of organisations, sectors and funders has supported our successful positioning over the course of the year. As we move forward these will continue to take time and energy to ensure mutual benefit, integrity and true equality when working with others.

We have been (and will continue to be) selective in our working relationships such that we have been able to surround the organisation and our clients with partnerships that will add value to our work and more importantly maximise the shared impact we have across our full geography for each and every client, group and service.

Contractually we have purposefully extended the range of funders, donors and contracts we hold without compromising a very focused core of work. We feel moving forward it is more important than ever to 'consolidate' what we have in our portfolio at present, safe in the knowledge that maturing this at depth is consistent with our partners and collaborators wishes, as well as giving our clients more security and sustainable access.

Numbers and Impact
Whilst we recognise statistics only tell part of the story, we are keen to report the overall impact of our work on new clients. When collating an annual picture, the figures below capture the new referrals to each area of our service:

• Adult Carer Service	1,039
• Young Adult Carers Service	55
• Young Carers Service	185
• Action Towards Inclusion	35
• My Neighbourhood	336
• NHS Volunteering	45
• Home from Hospital (North Yorkshire)	1375
• Home from Hospital (East Riding)	542
• Community Services	263
Total new referrals	**3952**

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TRUSTEES' REPORT *(Continued)*

This year has been staggering in terms of numbers coming through and into service; these direct referral figures mask the overall level of engagement and interventions offered by the team to those registered and not registered with us (ie: not registered might include when clients attend open groups and do not require full registration with us and/or the number of interventions happening to support each referral).

Unwaveringly the Board of Trustees has helped to navigate the Charity through a very fast paced year. A year that has brought many new opportunities, a changing make-up of finances, and a 'shift in' the team dynamics as our staff and management team grows into a new internal structure to maximise the ground-level, day to day support for clients and partners.

Shared Values:

- **Respectful:** Listening, exploring and providing an open, inclusive and supportive environment, where people can build on their strengths and thrive
- **Resourceful:** Armed and grounded with the information we gather, our services and practice incorporate the needs and aspirations of the people we meet
- **Committed:** We are solution-focused; operating in the reality of the moment, with understanding, experience and respect.
- **Sharing**: Working together with people and partners, to make a real difference to individual lives, families and communities; supporting the principle of 'us being stronger and better together'.

Core Objectives:

Carers Plus Yorkshire: the **'go-to'** organisation offering support to Carers and the wider community across the coast and vale. We seek to operate through four underpinning objectives:

- To offer **independent, high quality, information advice and support** through a range of services relevant to our local communities and in the interest of improving personal health and wellbeing
- To proactively **represent the voice and needs** of the communities we serve; to listen, to respond and thereby influence the commissioning and delivery of services to accurately reflect needs
- To **raise awareness** of the support available and ensure the localities we serve take full advantage of our services – especially by reaching out to those who are hidden in our communities and need encouragement to access advice and information
- To **work in partnership** through **meaningful collaborations** with a wide range of other organisations; maximising the resources and services available across our geographical area.

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TRUSTEES' REPORT *(Continued)*

Financial review

As in previous years the charity has actively applied for funding for the general running of the charity and has kept a close control over its expenditure. At 31 March 2023 the charity's unrestricted funds showed a surplus of income over expenditure of £50,050 (2022: surplus of £107,906). The charity has used £15,536 of this surplus to cover overspends on various Young Carers projects. At 31 March 2023 unrestricted funds totalled £404,619 (2022: £380,195) which is above its stated reserves policy (below) and is held to cover any shortfalls in funding on its long running projects, as noted. Of this amount, £22,053 (2022: £15,237) is held as designated unrestricted funds for the purpose of Young Carers projects.

The charity, in line with the restrictions and timescales placed upon its restricted funds, has utilised the funds provided to it in the previous year. The results in these financial statements show the Charity's restricted funds with a surplus of income over expenditure in the year of £57,935 (2022: £43,154). At 31 March 2023 restricted funds held by the charity total £283,396 (2022: £199,835) and these funds will be expended on their specific projects in the forthcoming financial year.

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TRUSTEES' REPORT *(Continued)*

Investment policy
The Board of Trustees have considered the most appropriate policy for investing funds and has found that the CAF Charity Service meets their requirements for security of funds and achieves a competitive rate of interest as well as allowing easy access to the capital.

Reserves policy
The Trustees consider sufficient reserves should be held to fulfil their duty of prudence and to fulfil the cost and legal obligations to wind up the charity should it be necessary. However, it is the view of the Trustees that this must be balanced by the need to invest in services to fulfil our charitable purpose. The Reserves Policy was reviewed in March 2023 as follows:

1. The Trustees consider that unrestricted cash reserves are required for the following reasons:

    a) To enable CPY to maintain its core contracted services for a period of 3 months
    b) To provide for non-funded staffing costs such as redundancy, staff sickness or parental leave arrangements and from unforeseen compliance costs relating to new or changing legislation
    c) To provide alternative funding to meet any shortfall against a planned deficit budget
    d) Contractual obligations for current lease arrangements

2. Amount of cash reserves to be held:
   The amount set for the above reasons will fluctuate annually, but as a general rule* the equivalent of 3 months running costs will be held.
   *If CPY is deemed financially and contractually secure, Trustees can agree to access reserves for development purposes.

3. Cash reserves sufficient for the immediate future are already held and the Trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget.

4. The Trustees will monitor the level of cash reserves when considering the quarterly reports from the Treasurer of the Board of Trustees

Cash reserves sufficient for the immediate future are already held and the trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget. Reserves are monitored by the Board of Trustees on a quarterly basis.

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TRUSTEES' REPORT *(Continued)*

Reference and administrative details

Full name of the charity:	Carers Plus Yorkshire Limited
Company registration number	03042108 (England & Wales)
Registered charity number	1046228
Registered office of the charity	96 High Street Snainton Scarborough YO13 9AJ

Advisors

Independent auditors	J W Smith & Co Ltd Chartered Accountants 17A Yorkersgate Malton North Yorkshire YO17 7AA
Bankers	HSBC Plc 27 Market Place Malton North Yorkshire YO17 7LU
	CAFBANK Limited PO Box 289 West Malling ME19 4TA
	Virgin Money 24 Huntriss Row Scarborough YO11 2EG

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year end were as follows:-

	Appointed	Resigned
Neil Daniel	11 September 2012	30 November 2022
John Michael Hunt	22 January 2014	-
John Suddaby	10 October 2017	-
Teresa Bennion	24 February 2018	-
Edith Hardy-Lloyd	3 October 2018	-
Alison Matthews	13 March 2019	-
Neil Fitzpatrick	16 September 2020	-
Lynne Janette Taylor-Holt	28 July 2022	-

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TRUSTEES' REPORT *(Continued)*

Key management personnel

Chief Executive Officer — Elizabeth McPherson

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 April 1995 and registered as a charity on 5 May 1995.

As of 30th June 2022 the Articles of Association were amended to reflect the name change and the increase in geographical cover.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the trustees of the charity are elected at the Annual General Meeting to serve a period of three years, subject to ratification at each Annual General Meeting.

Appointment of trustees, induction and training

Identification of potential new Trustees is assisted by a skills audit of the current Board. Any gaps in skills or experience can then inform targeted recruitment. Carers Plus Yorkshire's only members are only those as appointed as Trustees of the Charity. New Trustees can be co-opted by the Board at any time through the year, co-opted Trustees are then nominated and elected at the next AGM. The recruitment process is by written application and interview with the Chair and Chief Executive Officer. The Chair then recommends their nomination or co-option to the Board.

Newly appointed Trustees are registered with both the Charity Commission and Companies House. They undergo full induction into the organisation, including shadowing staff to get first-hand knowledge of work 'on the ground'. Relevant and appropriate training is on-going.

Organisation

The board of trustees administers the charity. The board normally meets 6 weekly.
A Chief Executive Officer is appointed by the trustees to manage the day-today operations of the charity. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters

Related parties and co-operation with other organisations

None of the trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity with any contractual relationship with a related party must be disclosed to the full board of trustees. In the current year no such related party transactions were reported.

Pay policy for senior staff

The trustees and the Chief Officer comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a daily basis. All trustees give their time freely and no trustee received remuneration in the year. Details of trustees' expenses and related party transactions are disclosed in note 8 to the accounts.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
TRUSTEES' REPORT *(Continued)*

Risk management
The Board of Trustees have identified the major risks to which the charity is exposed. These are reviewed continually as are the systems established to mitigate those risks.

Responsibilities of the trustees
Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that year. In preparing those accounts the trustees are required to:-

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Trustee – John Michael Hunt

Dated: 22 September 2023

Independent Auditor's Report to the Members of Carers Plus Yorkshire Ltd

Opinion

We have audited the financial statements of Carers Plus Yorkshire Ltd (the 'charity') for the year ended 31 March 2023, which comprise the Statement of Financial Activities, Balance Sheet and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of its results for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Members of Carers Plus Yorkshire Ltd

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

The trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.

Independent Auditor's Report to the Members of Carers Plus Yorkshire Ltd

- Conclude on the appropriateness of the trustees use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the charity to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the charity audit. We remain solely responsible for our audit opinion.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

.....

Jonathan Morley FCA (Senior Statutory Auditor)
For and on behalf of J W Smith & Co Ltd, Statutory Auditor

17A Yorkersgate
Malton
North Yorkshire
YO17 7AA

Dated: 22 September 2023

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
for the year ended 31 March 2023

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total £	2022 Total £
Income from:					
Donations and legacies	2	4,260	36,505	40,764	33,122
Charitable activities	3	319,796	1,018,794	1,338,590	953,434
Other trading activities	4	1,053	159	1,212	2,021
Investment income	5	1,490	-	1,490	112
Coronavirus funds		-	-	-	36,225
Merger funds		-	-	-	2,018
HRCC asset transfer income		-	-	-	94,182
Total income		326,599	1,055,457	1,382,057	1,121,115
Expenditure on:					
Raising funds		2,754	39	2,793	1,816
Charitable activities		273,795	997,484	1,271,279	968,239
Total resources expended	6	276,549	997,523	1,274,072	970,054
Net income	8	50,050	57,935	107,985	151,060
Transfer between funds		(25,626)	25,626	-	-
Net movement in funds		24,424	83,561	107,985	151,060
Total funds at 1 April 2022		380,195	199,835	580,030	428,970
Total funds at 31 March 2023	15	404,619	283,396	688,015	580,030

All income and expenditure derive from continuing activities.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
BALANCE SHEET
As at 31 March 2023

	Notes	£	2023 £	2022 £
FIXED ASSETS				
Tangible assets	11		32,958	30,716
CURRENT ASSETS				
Debtors	12	16,229		56,246
Cash at bank and in hand		985,302		759,553
		1,001,530		815,799
CREDITORS: Amounts falling due within one year	13	346,474		266,485
NET CURRENT ASSETS			655,057	549,314
NET ASSETS	14		688,015	580,030
UNRESTRICTED FUNDS				
General funds		382,566		364,958
Designated funds		22,053		15,237
			404,619	380,195
RESTRICTED FUNDS				
Restricted funds			283,396	199,835
TOTAL FUNDS	15		688,015	580,030

The trustees and directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The notes on pages 16 to 25 form an integral part of these accounts.

The income and expenditure account has not been delivered to the Registrar of Companies.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the trustees and directors on 22 September 2023 and signed on their behalf by:

.....
Trustee – John Michael Hunt

J.W. Suddaby
.....
Trustee – JOHN SUDDABY

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
CASH FLOW STATEMENT
for the year ended 31 March 2023

	2023	2022
	£	£
A. Cash Flow from operating activities		
B. Net Income	107,985	151,060
Adjustments for:		
Depreciation (including obsolescence) of non-current asset	11,600	9,949
Operating profit before working capital changes	**119,585**	**161,009**
Adjustments for: (Δ Net Working Capital)		
(Increase) / decrease in loans and receivables	40,017	(42,446)
Increase / (decrease) in trade payable	(1,460)	2,257
Increase / (decrease) in other current liabilities	81,449	39,509
Δ Net Working Capital (From 01.04.22 to 31.03.23)	**120,006**	**(680)**
Cash (used in)/generated from operating activities	**239,590**	**160,329**
C. Cash flow from investing activities:		
Purchase of property, plant, and equipment	(13,841)	(22,232)
Cash (used in)/from investing activities	**(13,841)**	**(22,232)**
Free Cash Flow (FCF) - (A+B)	**225,749**	**138,097**
D. Cash flow from financing activities	-	-
Net cash (used in)/from financing activities	-	-
Net (decrease)/increase in cash and cash equivalents (FCF + C)	**225,749**	**138,097**
Cash and cash equivalents at the beginning of the year (Bank Balance + CIL)	**759,553**	**621,456**
Cash and cash equivalents at the end of the year (Bank Balance + CIL)	**985,302**	**759,553**
-Bank balance	985,302	759,553

Notes:

1. Cash flow statement has been prepared under the indirect method.
2. Cash and cash equivalents represent Petty cash and bank balances.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparation
The accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with:

a) The Charities Act 2011
b) The Companies Act 2006
c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: (FRS102)
d) Accounting and Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

Cashflow exemption
Exemption has been taken from preparing a cashflow statement on the grounds that the charitable company qualifies as a small charity.

Public Benefit
The charity meets the definition of a public benefit entity as defined by FRS102.

Going concern basis
The trustees and directors consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Recognition of incoming resources
These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability;

Grants and donations
Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Revenue grants are recognised in the SOFA so as to match them with the expenditure towards which they are intended to contribute.

Grants which contribute towards specific expenditure on fixed assets are credited to the statement of Financial Activities over the expected useful lives of the related assets.

Contractual income and performance related grants
These are only included in the SOFA once the related goods or services have been delivered.

Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

1. ACCOUNTING POLICIES *(Continued)*

Investment income
Investment income is included in the accounts when receivable.

Liability recognition
Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Governance costs
Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Support costs
Support costs include central functions and have been allocated to fund categories on a basis consistent with the use of resources and the staff hours incurred.

Pensions
The Company operates a defined contribution pension scheme. Contributions payable for the year are charged to the profit and loss account.

Operating leases
Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Unrestricted funds
Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds. Unrestricted funds can be transferred to cover deficits on restricted funds only on the agreement of the trustees.

Designated funds
Designated funds are unrestricted funds earmarked by the charity for particular purposes.

Restricted funds
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Tangible fixed assets
Tangible assets are included at cost and depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment	33.50%	Straight line basis

All capital expenditure is capitalised irrespective of value.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Donations and legacies				
Donations	4,260	36,505	40,764	33,122

3. INCOME FROM CHARITABLE ACTIVITIES

Carers' grants	-	4,396	4,396	4,795
Carers Resource service contract funding - NYCC Adult & Community Services North Yorkshire & York PCT	271,377	-	271,377	245,262
NYCC Young Carers Service	24,791	91,387	116,178	118,072
Scarborough Whitby & Ryedale Mind	2,000	-	2,000	-
Children in Need	-	500	500	-
2 Ridings	-	1,700	1,700	5,222
Action Towards Inclusion	-	48,725	48,725	50,761
The Carers Resource – Veterans Project	-	35,583	35,583	33,542
Wellbeing & Prevention Service	-	90,444	90,444	82,728
Home from Hospital	-	202,141	202,141	102,348
Triangle Trust	-	-	-	14,251
Starfish grant	-	47,139	47,139	46,929
Home 2 Hospital grant	-	39,420	39,420	38,549
Community Fund YAC's	-	17,161	17,161	50,453
Community Support Organisation grant	-	74,625	74,625	17,300
Northallerton Making Carers Count (2021 – 2024)	-	61,386	61,386	25,958
Carers with Active Confidence grants	-	-	-	320
NHS Volunteering	-	27,327	27,327	19,608
East Riding (Help for Health & Smile Foundation)	-	15,000	15,000	20,000
AC Service Restricted Income – Northallerton Adult	-	-	-	5,270
Freemasons Funding	-	-	-	37,272
Community Conversations (Eastfield) Funding	-	-	-	19,954
The Everyone Project (Mindfulness)	-	-	-	750
Beecan Green Social Prescribing	-	-	-	10,000
Rotary Club of Scarborough – Eastfield	-	500	500	-
NHS App Engagement (Mar 22 – Mar 23)	-	-	-	666
NHS App Funding	1,333	-	1,333	-
NHS Voluntary Services	-	41,008	41,008	-
HMRA (50% as request for payment)	-	23,194	23,194	-
Brid Carers (WB) – Smile Foundation	1,275	23,521	24,796	-
Yorkshire Housing Grants	1,200	-	1,200	
Brothers Trim Funding	-	-	-	750
FFTF Grant	-	-	-	800
Adult Mental Health (RDC Income)	-	-	-	1,875
Beating the Squeeze	2,000	-	2,000	-
Warm Welcome Fund Grant	120	-	120	-
Woodsmith Cost of Living Grant	3,000	-	3,000	-
Integration of VCSE activity (Beyond Housing)	5,000	-	5,000	-

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

	Unrestricted	Restricted	2023 Total	2022 Total
	£	£	£	
Sandra McCabe – Scarborough	2,700	-	2,700	-
CFY – System Pressures MH Support	-	6,500	6,500	-
CFY Building Better Connections	-	17,935	17,935	-
TCMH Catterick Garrison	-	26,000	26,000	-
Food Bank Support (Stronger Communities)	-	10,000	10,000	-
Hull CCG East Riding HFM	-	21,083	21,083	-
Active Humber	-	7,865	7,865	-
Northallerton General	5,000	-	5,000	-
Healthwatch MH consultations	-	3,000	3,000	-
NYCC – NATE Holding grant	-	700	700	-
NYCC Peer Support Grant	-	20,000	20,000	-
Big Lottery – Network to Success	-	60,553	60,553	-
	319,796	1,018,794	1,338,590	953,435

4. INCOME FROM OTHER ACTIVITIES

Insurance Claim	-	-	-	506
Miscellaneous income	1,053	159	1,212	1,515
	1,053	159	1,212	2,021

5. INVESTMENT INCOME

Bank interest receivable	1,490	-	1,490	112

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

6. ANALYSIS OF EXPENDITURE

Raising funds				
Conferences and Networking	2,754	39	2,793	1,816
	2,754	39	2,793	1,816
Charitable activities				
Staff costs	207,717	809,063	1,016,779	733,627
Volunteer expenses	-	1,090	1,090	2,364
Travel expenses	2,251	43,920	46,171	26,266
Premises costs	14,225	18,020	32,245	28,039
Recruitment and staff training costs	5,715	4,937	10,652	14,637
Office equipment costs	3,397	12,379	15,775	15,707
Depreciation	5,210	6,390	11,600	9,949
Communications	3,415	11,207	14,622	14,504
Printing, stationery and postage	395	6,984	7,379	10,199
Advertising and publicity	2,100	3,254	5,355	13,694
Books, periodicals & subscriptions	373	2,224	2,617	2,929
Insurance	2,690	2,940	5,630	4,587
Health Care Expenses	2,206	-	2,206	-
Carers' grants and events expenses	153	11,273	11,426	12,105
Project activity expenses	12,781	45,776	58,557	29,352
Sundry expenses	1,926	3,585	5,511	5,866
Accountancy	572	2,521	3,093	2,846
Auditor fees	4,950	-	4,950	4,500
Consultancy and sessional work fees	2,774	11,900	14,674	30,312
Legal and professional fees	13	-	13	5,252
Bank charges	210	-	210	157
AGM expenses	75	-	75	18
Fundraising expenses	648	-	648	-
Coronavirus costs	-	-	-	1,328
	273,795	997,484	1,271,279	968,239
Total	276,549	997,523	1,274,072	970,054

7. SUPPORT COSTS

	Unrestricted	Restricted	2023 Total	2022 Total
	£	£	£	£
Charitable activities:				
General office and finance staff costs	4,875	21,391	26,266	26,266
Premises costs	352	1,545	1,897	1,649
Communications	160	700	860	853
	5,387	23,636	29,023	28,768

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

8. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging: -

	2023	2022
Depreciation	11,600	9,949
Trustees remuneration	-	-

There were no related party transactions in the year.

9. STAFF COSTS AND NUMBERS

Staff costs were as follows:-

Wages and salaries	918,102	663,391
Social security costs	70,182	50,595
Pension	28,496	19,641
	1,016,780	733,627

No employee received emoluments of more than £60,000. The average number of employees during the year was 44 (2022: 34).

10. TAXATION

The company is accepted as a charity for tax purposes and is exempt from tax on its income or gains to the extent that they are applied for charitable purposes.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

11. TANGIBLE FIXED ASSETS

	Plant and machinery etc.
	£
COST	
At 1 April 2022	86,596
Additions	13,841
Disposals	-
At 31 March 2023	100,437
DEPRECIATION	
At 1 April 2022	55,879
Charge for year	11,600
Eliminated on disposals	-
At 31 March 2023	67,479
NET BOOK VALUE	
At 31 March 2023	32,958
At 31 March 2022	30,716

12. DEBTORS: Amounts falling due within one year

	2023	2022
	£	£
Trade debtors	6,642	49,920
Other debtors	9,587	6,326
	16,229	56,246

13. CREDITORS: Amounts falling due within one year

	2023	2022
Performance related grants received in advance	317,032	228,712
Tax and social security	-	20,690
Other creditors	29,442	17,083
	346,474	224,719

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General funds	Designated funds	Restricted funds	Total funds
Tangible fixed assets	18,613	-	14,344	32,958
Investments	-	-	-	-
Current assets	587,124	22,053	392,355	1,001,531
Current liabilities	(223,171)	-	(123,303)	(346,474)
	382,566	22,053	283,396	688,015

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

15. MOVEMENTS IN FUNDS

	Balance 1 April 2022	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2023
Restricted funds					
Carers and holding grants	395	4,396	3,941	-	850
Capital Grants	57	-	19	-	38
Big Lottery Reaching Communities	455	-	152	-	303
NYCC Young Carers	-	65,730	71,746	6,016	-
BBC Children in Need – Starfish 1	-	-	-	-	-
Action Towards Inclusion	(1,922)	48,725	46,597	-	205
NY Sport - Tackling Inequalities Fund	2,914	-	2,914	-	-
Wellbeing & Prevention Service	15,317	83,784	94,807	-	4,294
Home from Hospital	26,488	202,142	192,422	-	36,209
Sirius Minerals Foundation	4,546	-	4,546	-	-
Young Carers Projects	-	450	4,537	4,087	-
Big Lottery Community Fund YACs	5,089	17,161	22,249	-	-
Hospital 2 Home	2,836	39,484	35,887	-	6,433
Caring with Active Confidence	149	-	140	90	99
BBC Children in Need - Starfish 2	1,186	47,639	48,382	-	443
Scarborough Foundation	5,500	-	5,500	-	-
Community Support Organisation	12,869	74,625	67,038	-	20,456
Coronavirus funds	5,986	-	2,006	-	3,980
Community Connect - Big Lottery	831	-	576	-	255
Winter Volunteering (NHS Humber)	1,486	68,335	36,851	-	32,970
Freemasons – Stronger Together	11,105	-	11,105	-	-
Veterans – Armed Forces Covenant Fund	3,603	35,583	33,650	-	5,536
Northallerton Young	-	61,712	67,145	5,433	-
Northallerton Making Carers Count	4,317	61,386	62,738	-	2,965
East Riding (Help for Heath & Smile Foundation)	6,858	15,000	20,858	-	1,000
Big Lottery – Network to Success	(120)	60,553	58,861	-	1,572
Hull CCG East Riding HFH	11	21,083	20,126	-	967
CFY – System Pressures MH Support	-	6,500	311	-	6,189
Brid Carers (WB) – Smile Foundation	-	23,521	20,905	-	2,616
HRCC Asset Transfer	89,878	-	1,474	-	88,404
TCMH Catterick Garrison	-	11,000	11,000	-	-
Festival of Green	-	-	6,808	10,000	3,192
Food bank support	-	10,000	10,000	-	-
Active Humber	-	7,865	-	-	7,865
Eastfield project (120 Westway)	-	500	1,389	-	(899)
Two Ridings cost of living crisis grant	-	1,700	1,700	-	-
Healthwatch MH consultations	-	3,000	3,000	-	-
Transforming Community Mental Health	-	15,000	-	-	15,000
Peer support (NYCC)	-	20,000	22	-	19,978
HWRA	-	23,194	19,359	-	3,835
CFY Building Better connections	-	17,935	-	-	17,935
Cash of causes – Soup, BAP & Banter	-	4,000	4,000	-	-
Cash of causes – Veterans GRPS	-	2,755	2,755	-	-

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NOTES TO THE FINANCIAL STATEMENTS
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	Balance 1 April 2022	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2023
6 charities Together	-	-	8	-	(8)
Holding Grants	-	700	-	-	700
Total restricted funds	199,835	1,055,457	997,523	25,626	283,396
Unrestricted funds					
General funds	362,948	174,965	135,353	(20,193)	382,367
Northallerton general funds	2,011	133,784	130,162	(5,433)	199
Designated funds Snainton YC	15,237	16,100	10,968	-	20,369
Designated funds Northallerton YC	-	1,750	66	-	1,684
Total unrestricted funds	380,196	326,599	276,549	(25,626)	404,619
Total funds	580,030	1,382,057	1,274,072	-	688,015

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15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Carers' grants enable local/regional/national grant giving organisations to support carers' identified needs and provide much needed financial assistance to them and their families. These are funds held on behalf of the carers.

Big Lottery Fund – Reaching Communities is a four year grant towards the costs of a further project to support adult carers (16 – 35 years old). This project finished in July 2019, the closing balance as shown at 31st March 2023 of £303 consists of fixed asset to be depreciated in future years.

NYCC Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit in the fund of £6,016 being covered by transfer from unrestricted reserves.

Action Towards Inclusion was originally a three-year grant funding to assist organisations to support vulnerable people (including carers) who are facing all sorts of barriers in returning to work, training or education. The lead partner is Your Consortium, and the funding is part of the national Building Opportunities programme which is jointly funded by the Big Lottery and European Social Fund. Delivery on this project finished in September 2019; we were lucky to receive an extension of the project for a further 3 years and then a second extension of 9-months to secure the project up to June 2023. The closing balance as shown at 31st March 2023 of £205 includes fixed assets of £87 to be depreciated in future years.

NY Sport – Tackling Inequalities was a fund aimed at developing a programme of Health & Wellbeing to Young Carers aged 8 – 18 and to help fund the costs of the Adult Caring with Active Confidence Sessions.

Capital Grants were grants received to cover the cost of new computer equipment and furniture. The closing balance as shown at 31st March 2023 of £38 consists of fixed assets to be depreciated in future years.

Wellbeing and Prevention service – working title of 'My Neighbourhood' – funded by NYCC, My Neighbourhood connects communities and provides support to people who may be isolated, lonely or need a bit of extra help. The service is for anyone aged 18 or over, not necessarily a carer and is delivered in partnership with Ryedale Carers Support. The closing balance as shown at 31st March 2023 of £4,294, includes fixed assets of £620 to be depreciated in future years.

Home from Hospital is a service for anyone aged 18 or over, to provide short-term help to those who are returning from hospital and need some support. Help includes anything from essential food shopping to organising ongoing support with other agencies. It does not provide personal care. CPY are subcontracted by Harrogate Carers Resource to deliver Home from Hospital in the Scarborough, Whitby and Ryedale areas. The closing balance as shown at 31st March 2023 of £36,209 includes fixed assets of £482 to be depreciated in future years.

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15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Sirius Minerals Foundation was funding to help pay for extra staff time to cope with the workload of Covid-19. It also funded client bursaries and engagement packs in the Ryedale area.

Young Carer Projects are funds provided by various organisations, individuals and collections specifically for work with Young Carers. The funds will provide the resources for varying purposes from fun activities to structured workshops. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit in the fund of £4,087 being covered by transfer from unrestricted reserves.

Big Lottery Community Fund YACs – a continuation of the Young Adult Carer project, again funded by the Big Lottery. Funding finished in July 2022. The project aimed to support young adult carers aged 16-35 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers. Supporting Young Adult Carers is now embedded into our core work, we are grateful to the Big Lottery for continued funding for this specific group of carers. The new funding starts in April 2023 for 3 years.

Hospital 2 Home is a new contract with East Riding of Yorkshire Council, providing a service similar to Home from Hospital in North Yorkshire. Short-term help for those who live in the East Riding of Yorkshire, mainly Bridlington and Driffield areas, being discharged from hospital. The contract was originally a 12-month project; we were fortunate enough to have the contract extended year on year, with the current contract going to March 2024. The closing balance as shown at 31st March 2023 of £6,433 includes fixed assets of £279 to be depreciated over future years.

Caring with Active Confidence is for carers 18+ years old, to come together to gain peer support and share experiences. Sessions are planned with carers involvement and carers help to facilitate the group as volunteers. These sessions have been mainly running virtually through Zoom when Covid-19 has prevented any face-to-face sessions. The original funding for this project came from a Carers Trust grant and we managed to secure further funding from 2 Ridings to extend sessions. The closing balance as shown at 31st March 2023 of £99 consists of fixed assets to be depreciated in future years.

Starfish 2 funded by BBC Children in Need and carried on from the original and successful 'Starfish' Project. Originally a 3 year project and extended for a further year, finishing Sept 2023. The project is for Young Carers and enables us to extend support we can offer through the core NYCC contract. Starfish 2 focusses on helping young carers look forward, helping them gain skills and confidence needed to move forward with their lives. Also, to empower them to help other young carers through voice and representation – to inform adults with influence. The fund includes fixed assets to be depreciated in future years of £783.

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15. MOVEMENTS IN FUNDS – continued
Purpose of restricted funds – continued

Scarborough Foundation is for supporting Young Carers with various activities, including a monthly Youth Club and individual bursaries to Young Carers to improve their 'social mobility'. Other aspects to the funding include positive mindset coaching with an external facilitator which helped young carers with stress reduction and mental resilience.

Going Further Going Higher is a 2 year project funded by Carers Trust. Only 4 Network Partners in the country were awarded the project. The project aims to increase recruitment and retention rates of YAC's in further or higher education, by empowering and training Young Adult Carers to act as Ambassadors in their colleges. They will help to create a more inclusive environment for new students who are also Young Adult Carers.

YAC Quilters is another fund gained through Carers Trust for supporting Young Adult Carers through activities. This was a 9-month project to employ a dedicated activity worker to support the core service currently provided to YAC's through the Big Lottery Community Fund.

Community Support Organisation set up by NYCC as part of their response to the Covid-19 outbreak. A partnership between Carers Plus Yorkshire, Ryedale Carers Support, Ryedale Community Transport to help co-ordinate a number of localised Covid-19 networks across the Ryedale area to help Ryedale communities meet the challenges of Covid-19. The closing balance as shown at 31st March 2023 of £20,456 consists of fixed assets of £221 to be depreciated over future years.

Coronavirus Funds is a collection of 10 separate funding streams including 2 Ridings, Triangle Trust, NYCC, National Lottery Community Fund, Carers Trust and Ryedale District Council. The funding primarily aimed to maximise the support that Carers Plus Yorkshire could provide during the Covid-19 pandemic. This enabled us to employ new staff and offering more hours to current members of staff. Working from home provided new challenges so the funding helped to buy new IT equipment for our staff, in particular laptops; these were necessary to help our clients whilst working in the office was not possible. Other expenditure included staff wellbeing calls, client materials and personal protective equipment. The closing balance as shown at 31st March 2023 of £3,980 consists of fixed assets to be depreciated over future years.

Adult Mental Health involved two funders – 2 Ridings and Ryedale District Council. The funding allowed us to appoint an external mental health specialist who would offer direct 1 to 1 support to our adult carers allowing us to better equip them before challenges took hold.

Community Connect was funding by the Big Lottery. This paid for a community link worker and a volunteer co-ordinator for a six-month period. The project is completed, the closing balance as shown at 31st March 2023 of £255 consists of fixed assets to be depreciated in future years.

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

Winter Volunteering from NHS Humber was funding for the development of a volunteer coordinator to recruit and focus volunteer support in Malton Hospital. The current funding is until December 2023.

Freemasons – Stronger Together is a one-year project finishing in May 2022 from the Masonic Foundation. The fund provided support to our core adult services with a new member of staff and added resources for groups.

Veterans – Armed Forces Covenant Fund is designed to support veteran carers and those who are caring for veterans to build the confidence, skills and knowledge they need to 'care with confidence'. The project was originally funded for 2 years until April 2023 and has been extended for a further year. The closing balance of £5,536 includes fixed assets of £447 to be depreciated in future years.

NYCC Northallerton Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age in the Hambleton & Richmondshire areas. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit in the fund of £5,433 being covered by transfer from unrestricted reserves.

Northallerton Making Carers Count is a 2 ½ year long project funded by Carers Trust ending in March 2024. The project was to expand our Young Carer and Young Adult Carer services into the Hambleton and Richmondshire areas. The closing balance of £2,965 includes of fixed assets of £283 to be depreciated over future years.

East Riding (Smile Foundation) is a fund to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £1,000 consist of fixed assets of £589 to be depreciated over future years and a useable fund of £411.

Brid Carers (Smile Foundation) – as East Riding (Smile Foundation) above. To support the carers support network for unpaid carers in the Bridlington area.

Community Conversations (Eastfield) is fund from Scarborough Council aiming to improve the balance of community voice within the decisions made in (and for) Eastfield's journey of change. By capturing the 'Voices of Eastfield' through a variety of means, we will ensure residents are heard and their ideas/concerns/ambitions.

Big Lottery – Network to Success is a 2 year fund to complement our core adult services in Hambleton and Richmondshire areas with a series of specialist spokes. These will be helping those living with Dementia and memory loss, poor mental health, veteran caring (for carers of veterans and veteran carers), after caring, life as a parent carer, voice and representation (effecting change).

Hull CCG East Riding HFH is a 12 month fund to complement the existing home from hospital fund in the East Riding of Yorkshire.

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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2023

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

HRCC Asset Transfer is the final transfer of assets held by Hambleton and Richmondshire Carers Centre on the day they ceased trading. The transfer had been agreed by all parties in the merger process. The balance of £88,404 consists of fixed assets of £2,927 to be depreciated over future years and a useable fund of £85,477, which is to be used in the Hambleton & Richmondshire area in the following years.

TCMH Catterick Garrison – to support groups of carers in Hambleton & Richmondshire offering peer support.

Active Humber – supporting Carer activities in the East Riding.

Eastfield project (120 Westway) – a new project starting spring 2023. Funding from North Yorkshire Council for one year to set up a Community Hub and to deliver activities in the local area.

Transforming Community Mental Health grants – the first of various small grants for one year starting April 2023 to help with access to low level mental health support.

Peer Support (NYCC) – to establish a bank of volunteers for matching with carers for mutual support. Based in Hambleton and Richmondshire.

HWRA – to help establish a network of micro providers in and for local areas. Funded by Humber and Wolds Rural Action.

16. PENSION CONTRIBUTIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions payable by the charity to the scheme for the year totalled £28,495 (2022: £19,641). At 31 March 2023 pension contributions payable by the charity to the scheme totalling £nil (2022: £nil) were outstanding and are included in other creditors.

17. ANNUAL COMMITMENTS UNDER OPERATING LEASES

At 31 March 2023, the charity had an annual operating lease commitment which expires as follows:-

	2023	2022
Land and buildings – within one year	22,000	22,000
– within two to five years	53,500	75,500
– more than five years	-	-
	======	======

The charity renewed its six year lease on premises in Snainton in April 2021 for a further six years at £13,500 pa, increasing to £15,000 from April 2024. The lease for the Northallerton office was transferred to the charity with an end date of November 2025 at £8,500 pa, with a review scheduled for November 2023.

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INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2023

		2023	2022
Income		£	£
	NYCC Carers' Resource service	453,256	363,334
	Carers' grants	65,782	4,794
	Other grants	741,337	585,306
	Donations	40,764	33,122
	Fundraising events	-	-
	Coronavirus funds	-	36,225
	Miscellaneous income	1,212	2,021
	Big Lottery Fund – Young Adult Carers	17,161	-
	Big Lottery Fund – Network to Success	60,553	-
	BBC Children in Need	500	-
	Merger Income	-	2,018
	Interest receivable	1,490	112
		1,382,057	1,026,933
Oher Income			
	HRCC asset transfer income	-	94,182
		-	94,182
less:	Expenses		
	Salaries and wages	988,284	713,986
	Pensions	28,495	19,641
	Volunteer expenses	1,090	2,364
	Travel expenses	46,171	26,266
	Rent	20,725	21,971
	Heat, light and power	5,367	2,970
	Water rates	1,434	1,466
	Recruitment expenses	2,221	4,062
	Staff training costs	8,451	10,576
	AGM expenses	75	18
	Fundraising epenses	648	-
	Buildings maintenance	4,719	1,631
	Office equipment maintenance	11,557	13,466
	Equipment leasing	4,218	2,241
	Photocopier charges	1,480	2,148
	Postage	3,047	3,449
	Telephone and internet	14,622	14,504
	Books, periodicals and subscriptions	2,617	2,929
	Printing and stationery	2,852	4,602
	Advertising and publicity	5,355	13,694
	Cleaning	3,266	2,748
	Insurance	5,630	4,587
	Accountancy	3,093	2,846
	Auditor fess	4,950	4,500
	Consultancy fees	14,674	30,312
	Legal and professional fees	13	8,252
	Conferences and networking expenses	2,793	1,816
	Bank charges	210	157

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INCOME AND EXPENDITURE ACCOUNT *(Continued)*
for the year ended 31 March 2023

Carers' events	6,090	4,989
Carers' expenses	1,394	2,716
Carers' grants	3,941	4,400
Health care expenses	2,206	-
Project activities & related expenses	58,557	29,352
Coronavirus	-	1,328
Miscellaneous expenses	2,246	3,118
Interest payable	-	-
Depreciation	11,600	9,949
	1,274,072	970,053
SURPLUS OF INCOME OVER EXPENDITURE	107,984	151,060

Carers Plus Yorkshire Ltd

England & Wales - Charity number 1046228

Accounts

Company number: 03042108
(England & Wales)

Carers Plus Yorkshire Limited
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FINAL ACCOUNTS

Year ended 31 March 2022

Carers Plus Yorkshire Limited
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CHAIRS REPORT

Chairs Report 2021/2022

On behalf of the Board of Trustees and our staff team I am very pleased to present this year's Annual Report and accounts for your information and scrutiny. I hope you will take the opportunity to read the Trustees Report which summarises some of the key achievements of our charity over the last year and the accounts which show the continuing solidity of our financial affairs.

I am pleased to report that his has been another very positive year for our Charity with a significant growth in the number of people we have been able to support. Commissioners as varied as the County Council, the NHS, Children in Need and the Big Lottery have recognised the quality of the services we provide and we thank them for their confidence in us.

Our services have continued to be delivered against the background of the COVID pandemic which has presented considerable operational challenges. Our staff team have responded with innovative ways of working to maintain contact with service users and a new and sustainable blend of 'hybrid' working based on flexible home and office working has been established. Rurality presents a huge challenge with a 'patch' that stretches from the east coast to upper Wensleydale.

One of the most significant events of the last year has been the formal name change of Scarborough and Ryedale Carers Resource to Carers Plus Yorkshire. This took place in May 2021 and was the culmination of almost two years work with a neighbouring Carers charity and commissioners. This resulted in our being responsible for the delivery of carers services across Hambleton and Richmondshire following the novation, or transfer, of contracts from the County Council. One of the key elements in our revised Business Plan is to improve and strengthen services in those areas which are less developed than in the Scarborough and Ryedale areas and we have already made significant steps to this end.

Alongside our core offer to Adult Carers, Young Carers and Young Adult carers we have a portfolio of complementary services that support other vulnerable people in our local area, such as My Neighbourhood, the Home from Hospital service and support to veterans. Increasing the range of services we provide makes our Charity more secure as It means we can build on the skills of our staff, share the fixed costs across these projects and support more vulnerable people across what amounts to over half of North Yorkshire. We have also established a presence in the Bridlington area of the East Riding of Yorkshire delivering a home from hospital service funded by the Local Authority and Humber Coast and Vale NHS Partnership.

As you can see from the accounts our financial position is very stable with a growth in our income over the last year. The bulk of funding comes from our commissioners but we have been successful in developing donations and support from the local business and professional community. I would like to thank them for their support. Technically outside the financial year we are reporting on, but very importantly, I can confirm that the core funding for our adult and children's carers services has been secured for a further 7 years.

The demand for our services continues to grow and the difficulties faced by carers and other vulnerable people are well documented by the stresses of recovery from the Covid pandemic and the pressures of the rising cost of living. There is increasing pressure on the NHS and social services nationally and locally and our role is to complement and support the work of the statutory sector.

The quality of our services is dependent on a skilled and committed team, I would like to thank our staff team, Trustees and volunteers for all their hard work over the last year. Building on the skills and knowledge of our staff team is a key part of our long-term strategy of sustainability and growth.

I hope you find the Trustees Report and Accounts informative and that you will continue to support the work of our Charity.

Michael Hunt Chair of Trustees

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TRUSTEES' REPORT

2021-2022 has been an exceptionally memorable year for the Charity; whilst this report will feature some of the operational detail and delivery, it is our change in name and the background work behind this move that has occupied much of our strategic energies across the year.

On the 20th May 2021 Scarborough & Ryedale Carers Resource officially changed its name to Carers Plus Yorkshire Ltd and launched its new branding and name during Carers Week 7th June 2021. This significant moment for the charity created huge 'noise' across many marketing/communications platforms including the launch of our new website, social media, radio and in the printed word as well as a huge campaign to ensure we experienced minimum disruption to service and connectivity to our partners and clients. We were delighted that all associated with Carers Plus Yorkshire (CPY) quickly embraced the changes and supported the dissemination of our now well-established new look and feel.

On the 1st July 2021 we took the Carers Plus Yorkshire name across into Hambleton and Richmondshire, joining forces with Hambleton & Richmondshire Carers Centre and starting the delivery of novated Carers contracts and services across these districts. Over the following 6 months we were delighted to have secured external funding, in addition to the core commissioned service, which doubled funding resources and helped us build a strong staff team, comprising of existing and new staff. Our ambition in this area has been to re-establish a 'go-to' carers service which had been significantly impacted by a reduced presence during covid.

Overall, our year has been an extraordinary 12 months, bringing some unique challenges and opportunities that have tested our resilience, capacity and adaptability like never before. Our most marked achievement as we close the financial year, has been the establishment of our mission, objectives and values across a new geography. We have been determined to ensure the CPY brand and experience has remained consistently high quality, timely and delivered through an exceptionally talented and skilled team. We are confident we have risen to the challenge.

Our free services for carers and non-carers have continued to become embedded and yet have not stood still. The list below is an overview of the services now delivered following a strong year of successful bidding, recruitment and partnership working:

Carer Services:

- Adult Carers Service: supporting unpaid Carers 18 – 108 in Scarborough, Whitby, Ryedale, Hambleton and Richmondshire. In addition, we have secured and now deliver social and emotional support for carers in East Riding.

- Young Adult Carers: supporting Carers 16-30 with their general and specific caring needs, including parent carers (for those caring for young children <18). Following new funding streams, we have also introduced this specialist service in Hambleton and Richmondshire (previously not catered for as a specialist service).

- Young Carers: supporting young people 8-18 who are impacted by a caring situation within their family unit/living arrangements. With services boosted in Hambleton and Richmondshire with additional investment secured through Carers Trust.

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TRUSTEES' REPORT *(Continued)*

- Commissioned Services: We are also delighted to report, that in this year, we successfully completed a major tendering exercise issued by NYCC to retain the contract for our all-age support service; this has secured our engagement for the next 3 years, with the potential to add a further 2 + 2 years, a total of 7 years if we continue to deliver with quality and impact.

Community Services: Services for any adult (carers/non-carers):

- Home from Hospital - North Yorkshire and East Riding: supporting clients over 18 who may need additional support to return home comfortably and confidently after a stay in hospital. We are delighted to report in 2021-2022 we have been able to secure additional staffing resources (in NY and ER) to add to the patient outcomes of this exceptionally busy service through 'system pressure funding' from Humber Coast and Vale Healthcare Partnership. We have also worked through a significant commissioning process to secure the service for a further 5 years with the potential to add a further 2 years.

- My Neighbourhood: for clients experiencing a period of isolation and/or loneliness. Continuing to attract a number of associated projects that add value to the overall delivery of this well-being and prevention service. Projects added to the core delivery include:
  - Community Conversations in Eastfield (a community on the outskirts of Scarborough) ensuring the area listens and responds to the needs and wishes of the residents as it looks to plan a substantial investment secured for the area
  - NHS Volunteering – expanded from Ryedale, CPY now cover the promotion, training and support required to recruit and retain NHS volunteers in Scarborough, Whitby and Ryedale hospitals on behalf of Humber Teaching NHS Foundation Trust.

- Action Towards Inclusion: targeted at supporting clients to achieve their employment and training ambitions – receiving a further 12-month extension in year for the most successful delivery partners - including CPY.

- Community Services: a service initially developed to support those impacted by the pandemic in Ryedale; now looking to support those requiring a helping hand to reduce anxiety and to address the increasing burden of 'cost of living' rises. This discrete service in Ryedale has provided:
  - A single point of contract for the public to call and seek support of any kind
  - Secured significant funds to support food poverty in the area
  - Developed a network of partners working to build an understanding of green social prescribing
  - Support the development of 'community one stops'.

The Board of Trustees has continued their unwavering commitment towards the charity using their wealth of experience to help guide the way forward; ensuring at every step of the way we confidently moved through to the recovery phase, post pandemic. With their support we were able to navigate the organisation's support and commitment to helping our staff team, and the communities and individuals we serve and the partners we work with to begin to establish a new normal.

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TRUSTEES' REPORT *(Continued)*

Different ways of working
As we moved through the year, our ability to develop hybrid practices for both staff and clients was confidently implemented. With the remission of COVID, reduction in restrictions, and the effectiveness of the vaccination programme, we were able to re-introduce physical meetings alongside virtual opportunities. As an organisation working with vulnerable clients, we were cautious in our approach and worked at the pace of our clients to introduce 'options' for all.

For the staff team we introduced a rota of returning to the office – mindful of the team's productivity and desire to maintain an element of home working but importantly rebuilding the valuable interaction that having staff in the office can bring. With a staff team that included a number of 'COVID-recruited' members, bringing staff together was vital to ensure we created 'one team' and maximised the learning new and existing staff could bring each other.

In terms of our clients, we had to balance opportunities for those keen to return to 'normal' and those still very anxious to engage in group/in-person meetings. To this end, over the year we developed opportunities that incorporated a mixture of 'small' group gatherings, hybrid meetings and solely virtual experiences. The benefits of virtual connections has now become embedded in our work - a legacy of covid that will benefit many carers and community members who are perhaps less confident to return to normal at present, who struggle to leave their 'cared-for', are housebound and/or those who have logistical barriers to accessing in-person opportunities.

As we opened-up our in-person support opportunities, we responded by exploring our potential to develop an infrastructure of 'at place' service delivery. We developed new spaces and places in which to take our services out to communities, rather than expecting communities to come to us. The expansion of our footprint over the year has significantly helped us to consider a place-based model of delivery as we built a new modus-operandi for the extended team.

Numbers and Impact
Whilst we recognise statistics only tell part of the story, we are keen to report the overall impact of our work on new clients. When collating an annual picture, the figures below capture the new referrals to each area of our service:

• Adult Carer Service	831
• Young Adult Carers Service	49
• Young Carers Service	121
• Action Towards Inclusion	34
• My Neighbourhood	246
o NHS Vounteering	27
• Home from Hospital (North Yorkshire)	838
• Home from Hospital (East Riding)	340
• Community Services	280
Total new referrals	**2766**

In declaring our new referrals numbers this masks the actual number of carers and community members we work with on a longer-term and at a 'low level'. Low level often includes clients who remain connected with us, accessing opportunities that help them to maintain a balanced and confident lifestyle in their particular circumstances. If we were to include these clients, we are delighted to report we have supported nearly 5000 individuals in 2021-2022.

Partnerships
Our collaborative partnership with a broadening network of organisations and sectors has supported our successful positioning over the course of the year.

Our contractual relationships with partners including Humber Teaching NHS Foundation Trust, Humber Coast and Vale Healthcare Partnership, Hey Smile Foundation and a number of Primary Care Networks have strengthened our understanding and ability to bridge the 'gap' between sectors and contribute to addressing health inequalities and system pressures.

Our relationship with VCSE colleagues has continued to build trust, collaborative opportunities and shared expertise – truly demonstrating we are 'stronger together', whilst levelling-up the value of the sector in the eyes of commissioners, and others who have influence over our future integration to important strategic and operational platforms. We (both as an individual charity and as a collaborative) have been able to seek support when needed, as well as operate with generous leadership when partners have required our support.

Our commitment to our funders has been a priority this year, especially as we looked to secure extensions and new opportunities from existing funders as well as building new relationships with new funding streams. Throughout the year, we have continued to develop partnerships with: The Carers Resource (Harrogate), NHS Trusts, PCN's and CCG's, the Armed Forces Covenant Fund, Carers Trust, The Big Lottery, BBC Children in Need, Freemasons, The Carers Trust and Triangle Trust.

One Year Business Plan
Over the course of 2021-2022 we operated with an interim one-year business plan, designed to carry us through a transition year. In terms of strategic thinking and development, we have used the year to reflect on the expansion of our service footprint, the building of a full complement of talented staff, and the values of the organisation moving forward. As we closed the financial year we were proud to have constructed a new Business Plan that feels strong and gives us direction for the next 5 years (with a newly published Business Plan 2022 – 2027).

Our reflections have led us to:
Mission: Carers Plus Yorkshire enables unpaid Carers and those we support in the Community, to be heard, to feel empowered to improve their own wellbeing, and to make positive changes in their day to day lives.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
TRUSTEES' REPORT *(Continued)*

Shared Values:

- **Respectful:** Listening, exploring and providing an open, inclusive and supportive environment, where people can build on their strengths and thrive
- **Resourceful:** Armed and grounded with the information we gather, our services and practice incorporate the needs and aspirations of the people we meet
- **Committed:** We are solution-focused; operating in the reality of the moment, with understanding, experience and respect.
- **Sharing**: Working together with people and partners, to make a real difference to individual lives, families and communities; supporting the principle of 'us being stronger and better together'.

Core Objectives:

Carers Plus Yorkshire: the **'go-to'** organisation offering support to Carers and the wider community across the coast and vale. We seek to operate through four underpinning objectives:

- To offer **independent, high quality, information advice and support** through a range of services relevant to our local communities and in the interest of improving personal health and wellbeing
- To proactively **represent the voice and needs** of the communities we serve; to listen, to respond and thereby influence the commissioning and delivery of services to accurately reflect needs
- To **raise awareness** of the support available and ensure the localities we serve take full advantage of our services – especially by reaching out to those who are hidden in our communities and need encouragement to access advice and information
- To **work in partnership** through **meaningful collaborations** with a wide range of other organisations; maximising the resources and services available across our geographical area.

Financial review

As in previous years the charity has actively applied for funding for the general running of the charity and has kept a close control over its expenditure. These results reflect this policy, with the charity's unrestricted funds showing a surplus of income over expenditure of £107,906 (2021: surplus of £79,647). The charity has used £25,397 of this surplus to cover overspends on projects. The largest overspends being £16,518 on the NYCC Young Carers Project and £8,879 on the Northallerton Young Carers Project. At 31 March 2022 unrestricted funds totalled £380,195 (2021: £293,472) which is above its stated reserves policy (below) and is held to cover any shortfalls in funding on its long running projects, as noted. It was agreed during the year that the £45,000 brought forward designated funds relating to the merger with Hambleton and Richmondshire Carers Centre would be re-designated back to General unrestricted funds. After consulting with the Charity Commission, it was agreed that part of the restricted Young Carers Projects fund was to be classed as designated unrestricted funds moving forward, to be spent as the charity deems appropriate across the various active Young Carer projects. As such, incoming and outgoing resources were designated as appropriate, whilst an amount of £4,214 relating to the brought forward balance held in the restricted Young Carers Project fund was transferred to the designated unrestricted fund.

The charity, in line with the restrictions and timescales placed upon its restricted funds, has utilised the funds provided to it in the previous year. The results in these financial statements show the Charity's restricted funds with a surplus of income over expenditure in the year of £43,154 (2021: £84,064). At 31 March 2022 restricted funds held by the charity total £199,835 (2021: £135,498) and these funds will be expended on their specific projects in the forthcoming financial year.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued)*

Investment policy
The Board of Trustees have considered the most appropriate policy for investing funds and has found that the CAF Charity Service meets their requirements for security of funds and achieves a competitive rate of interest as well as allowing easy access to the capital.

Reserves policy
The Trustees consider sufficient reserves should be held to fulfil their duty of prudence and to fulfil the cost and legal obligations to wind up the charity should it be necessary. However, it is the view of the Trustees that this must be balanced by the need to invest in services to fulfil our charitable purpose. The Reserves Policy was reviewed in March 2022 as follows:

1. The Trustees consider that unrestricted cash reserves are required for the following reasons:

    a) To enable CPY to maintain its core contracted services for a period of 3 months
    b) To provide for non-funded staffing costs such as redundancy, staff sickness or parental leave arrangements and from unforeseen compliance costs relating to new or changing legislation
    c) To provide alternative funding to meet any shortfall against a planned deficit budget
    d) Contractual obligations for current lease arrangements

2. Amount of cash reserves to be held:
   The amount set for the above reasons will fluctuate annually, but as a general rule* the equivalent of 3 months running costs will be held.
   *If CPY is deemed financially and contractually secure, Trustees can agree to access reserves for development purposes.

3. Cash reserves sufficient for the immediate future are already held and the Trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget.

4. The Trustees will monitor the level of cash reserves when considering the quarterly reports from the Treasurer of the Board of Trustees

Cash reserves sufficient for the immediate future are already held and the trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget. Reserves are monitored by the Board of Trustees on a quarterly basis.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued*

Reference and administrative details

Full name of the charity:	Carers Plus Yorkshire Limited
Company registration number	03042108 (England & Wales)
Registered charity number	1046228
Registered office of the charity	96 High Street Snainton Scarborough YO13 9AJ

Advisors

Independent auditors	J W Smith & Co Ltd Chartered Accountants 17A Yorkersgate Malton North Yorkshire YO17 7AA
Bankers	HSBC Plc 27 Market Place Malton North Yorkshire YO17 7LU
	CAFBANK Limited PO Box 289 West Malling ME19 4TA
	Virgin Money 24 Huntriss Row Scarborough YO11 2EG

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year end were as follows:-

	Appointed	Resigned
Neil Daniel	11 September 2012	-
John Michael Hunt	22 January 2014	-
John Suddaby	10 October 2017	-
Teresa Bennion	24 February 2018	-
Edith Hardy-Lloyd	3 October 2018	-
Alison Matthews	13 March 2019	-
Neil Fitzpatrick	16 September 2020	-

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
TRUSTEES' REPORT *(Continued)*

Key management personnel

Chief Executive Officer	Elizabeth McPherson

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 April 1995 and registered as a charity on 5 May 1995.

As of 30th June 2021 the Articles of Association were amended to reflect the name change and the increase in geographical cover.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the trustees of the charity are elected at the Annual General Meeting to serve a period of three years, subject to ratification at each Annual General Meeting.

Appointment of trustees, induction and training

Identification of potential new Trustees is assisted by a skills audit of the current Board. Any gaps in skills or experience can then inform targeted recruitment. Carers Plus Yorkshire's only members are only those as appointed as Trustees of the Charity. New Trustees can be co-opted by the Board at any time through the year, co-opted Trustees are then nominated and elected at the next AGM. The recruitment process is by written application and interview with the Chair and Chief Executive Officer. The Chair then recommends their nomination or co-option to the Board.

Newly appointed Trustees are registered with both the Charity Commission and Companies House. They undergo full induction into the organisation, including shadowing staff to get first-hand knowledge of work 'on the ground'. Relevant and appropriate training is on-going.

Organisation

The board of trustees administers the charity. The board normally meets 6 weekly.
A Chief Executive Officer is appointed by the trustees to manage the day-today operations of the charity. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters

Related parties and co-operation with other organisations

None of the trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity with any contractual relationship with a related party must be disclosed to the full board of trustees. In the current year no such related party transactions were reported.

Pay policy for senior staff

The trustees and the Chief Officer comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a daily basis. All trustees give their time freely and no trustee received remuneration in the year. Details of trustees' expenses and related party transactions are disclosed in note 8 to the accounts.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
TRUSTEES' REPORT *(Continued)*

Risk management
The Board of Trustees have identified the major risks to which the charity is exposed. These are reviewed continually as are the systems established to mitigate those risks.

Responsibilities of the trustees
Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that year. In preparing those accounts the trustees are required to:-

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Trustee – John Michael Hunt

Dated: 23 September 2022

Independent Auditor's Report to the Members of Carers Plus Yorkshire Ltd

Opinion

We have audited the financial statements of Carers Plus Yorkshire Ltd (the 'charity') for the year ended 31 March 2022, which comprise the Statement of Financial Activities, Balance Sheet and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022 and of its results for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Members of Carers Plus Yorkshire Ltd

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

The trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.

Independent Auditor's Report to the Members of Carers Plus Yorkshire Ltd

- Conclude on the appropriateness of the trustees use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the charity to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the charity audit. We remain solely responsible for our audit opinion.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

.....

Jonathan Money FCA (Senior Statutory Auditor)
For and on behalf of J W Smith & Co Ltd, Statutory Auditor

17A Yorkersgate
Malton
North Yorkshire
YO17 7AA

Dated: 23 September 2022

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having a share capital and registered as a charity)
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
for the year ended 31 March 2022

	Notes	2022 Unrestricted funds	2022 Restricted funds	2022 Total	2021 Total
		£	£	£	£
Income from:					
Donations and legacies	2	3,092	30,030	33,122	10,714
Charitable activities	3	275,678	677,756	953,434	695,299
Other trading activities	4	2,021	-	2,021	2,593
Investment income	5	112	-	112	168
Coronavirus funds		-	36,225	36,225	132,788
Merger funds		-	2,018	2,018	20,900
Other income (Furlough grant)		-	-	-	2,293
HRCC asset transfer income		-	94,182	94,182	-
Total income		280,904	840,211	1,121,115	864,755
Expenditure on:					
Raising funds		1,707	109	1,816	566
Charitable activities		171,291	796,948	968,239	700,478
Total resources expended	6	172,997	797,057	970,054	701,044
Net income	8	107,906	43,154	151,060	163,711
Transfer between funds		(21,183)	21,183	-	-
Net movement in funds		86,723	64,337	151,060	163,711
Total funds at 1 April 2021		293,472	135,498	428,970	265,259
Total funds at 31 March 2022	15	380,195	199,835	580,030	428,970

All income and expenditure derive from continuing activities.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
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BALANCE SHEET
As at 31 March 2022

	Notes	£	2022 £	2021 £
FIXED ASSETS				
Tangible assets	11		30,716	18,434
CURRENT ASSETS				
Debtors	12	56,246		13,800
Cash at bank and in hand		759,553		621,456
		815,799		635,255
CREDITORS: Amounts falling due within one year	13	266,485		224,719
NET CURRENT ASSETS			549,314	410,536
NET ASSETS	14		580,030	428,970
UNRESTRICTED FUNDS				
General funds		364,958		248,472
Designated funds		15,237		45,000
			380,195	293,472
RESTRICTED FUNDS				
Restricted funds			199,835	135,498
TOTAL FUNDS	15		580,030	428,970

The trustees and directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The notes on pages 16 to 25 form an integral part of these accounts.

The income and expenditure account has not been delivered to the Registrar of Companies.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the trustees and directors on 23 September 2022 and signed on their behalf by:

Trustee – John Michael Hunt

Trustee – Neil Daniel

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparation

The accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with:

a) The Charities Act 2011
b) The Companies Act 2006
c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: (FRS102)
d) Accounting and Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

Cashflow exemption

Exemption has been taken from preparing a cashflow statement on the grounds that the charitable company qualifies as a small charity.

Public Benefit

The charity meets the definition of a public benefit entity as defined by FRS102.

Going concern basis

The trustees and directors consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Recognition of incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability;

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Revenue grants are recognised in the SOFA so as to match them with the expenditure towards which they are intended to contribute.

Grants which contribute towards specific expenditure on fixed assets are credited to the statement of Financial Activities over the expected useful lives of the related assets.

Contractual income and performance related grants

These are only included in the SOFA once the related goods or services have been delivered.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

1. ACCOUNTING POLICIES *(Continued)*

Investment income
Investment income is included in the accounts when receivable.

Liability recognition
Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Governance costs
Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Support costs
Support costs include central functions and have been allocated to fund categories on a basis consistent with the use of resources and the staff hours incurred.

Pensions
The Company operates a defined contribution pension scheme. Contributions payable for the year are charged to the profit and loss account.

Operating leases
Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Unrestricted funds
Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds. Unrestricted funds can be transferred to cover deficits on restricted funds only on the agreement of the trustees.

Designated funds
Designated funds are unrestricted funds earmarked by the charity for particular purposes.

Restricted funds
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Tangible fixed assets
Tangible assets are included at cost and depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment	33.50%	Straight line basis

All capital expenditure is capitalised irrespective of value.

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted	Restricted	2022 Total	2021 Total
	£	£	£	£
Donations and legacies				
Donations	3,092	30,030	33,122	10,714

3. INCOME FROM CHARITABLE ACTIVITIES

Carers' grants	-	4,795	4,795	6,011
Carers Resource service contract funding - NYCC Adult & Community Services North Yorkshire & York PCT	245,262	-	245,262	144,292
NYCC Young Carers Service	17,130	100,942	118,072	73,005
Big Lottery Fund – Reaching Communities	-	-	-	42,293
BBC Children in Need – Curiosity Funding	-	-	-	27,091
2 Ridings	-	5,222	5,222	-
Action Towards Inclusion	-	50,761	50,761	41,918
The Carers Resource – Veterans Project	-	33,542	33,542	-
Wellbeing & Prevention Service	-	82,728	82,728	81,904
Home from Hospital	-	102,348	102,348	91,080
Triangle Trust	-	14,251	14,251	24,895
Starfish grant	-	46,929	46,929	44,861
Home 2 Hospital grant	-	38,549	38,549	35,632
Community Fund YAC's	-	50,453	50,453	48,054
Malton & Norton Rotary Club	-	-	-	3,397
Community Support Organisation grant	-	17,300	17,300	-
Northallerton Making Carers Count (2021 – 2024)	-	25,958	25,958	-
Carers with Active Confidence grants	320	-	320	5,826
NHS Volunteering	-	19,608	19,608	4,250
Young Carers Action Day Funding	-	-	-	350
Connecting Carers	-	-	-	6,000
Funding for Awning Fund	-	-	-	3,840
Sport Grant	-	-	-	5,500
Carers Respite Support & Development	-	-	-	5,000
East Riding (Help for Health & Smile Foundation)	-	20,000	20,000	-
AC Service Restricted Income – Northallerton Adult	-	5,270	5,270	-
Freemasons Funding	-	37,272	37,272	-
Community Conversations (Eastfield) Funding	-	9,954	19,954	-
The Everyone Project (Mindfulness)	750	-	750	-
Beecan Green Social Prescribing	10,000	-	10,000	-
NHS App Engagement (Mar 22 – Mar 23)	666	-	666	-
Brothers Trim Funding	750	-	750	-
FFTF Grant	800	-	800	-
Adult Mental Health (RDC Income)	-	1,875	1,875	-
	275,678	677,756	953,434	695,299

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

		Unrestricted	Restricted	2022 Total	2021 Total
		£	£	£	
4.	INCOME FROM OTHER ACTIVITIES				
	Insurance claim	506	-	506	-
	Miscellaneous income	1,515	-	1,515	2,593
		2,021	-	2,021	2,593
5.	INVESTMENT INCOME				
	Bank interest receivable	112	-	112	168
6.	ANALYSIS OF EXPENDITURE				
	Raising funds				
	Conferences and Networking	1,707	109	1,816	566
		1,707	109	1,816	566
	Charitable activities				
	Staff costs	112,428	621,200	733,627	558,55
	Volunteer expenses	6	2,358	2,364	1,116
	Travel expenses	4,076	22,190	26,266	8,966
	Premises costs	6,988	21,051	28,039	14,402
	Recruitment and staff training costs	6,362	8,276	14,637	4,951
	Office equipment costs	3,099	12,608	15,707	9,224
	Depreciation	2,916	7,033	9,946	5,885
	Communications	4,817	9,687	14,504	10,118
	Printing, stationery and postage	860	10,075	10,199	6,049
	Advertising and publicity	3,620	10,075	13,694	4,412
	Focus newsletter and leaflets	-	-	-	2,218
	Books, periodicals & subscriptions	1,269	1,661	2,929	2,226
	Insurance	940	3,646	4,587	3,676
	Carers' grants and events expenses	676	11,428	12,105	19,263
	Project activity expenses	4,485	24,867	29,352	16,473
	Sundry expenses	2,232	3,634	5,866	5,689
	Accountancy	1,493	1,353	2,846	2,830
	Auditor fees	4,500	-	4,500	-
	Consultancy and sessional work fees	10,267	20,046	30,312	20,991
	Legal and professional fees	83	8,169	8,252	879
	Bank charges	157	-	157	101
	AGM expenses	18	-	18	-
	Coronavirus costs	-	1,328	1,328	2,451
	Interest payable	-	-	-	3
		171,291	796,948	968,239	700,478
	Total	172,997	797,057	970,054	701,044

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

7. SUPPORT COSTS

	Unrestricted	Restricted	2022 Total	2021 Total
	£	£	£	£
Charitable activities:				
General office and finance staff costs	4,875	21,391	26,266	29,368
Premises costs	306	1,343	1,649	1,372
Communications	158	695	853	964
	5,339	23,429	28,768	31,704

8. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging: -

	2022	2021
Depreciation	9,949	5,885
Trustees remuneration	-	-

There were no related party transactions in the year.

9. STAFF COSTS AND NUMBERS

Staff costs were as follows:-

Wages and salaries	663,391	507,441
Social security costs	50,595	35,274
Pension	19,641	15,840
	733,627	558,555

No employee received emoluments of more than £60,000. The average number of employees during the year was 34 (2021: 26).

10. TAXATION

The company is accepted as a charity for tax purposes and is exempt from tax on its income or gains to the extent that they are applied for charitable purposes.

Carers Plus Yorkshire Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

11. TANGIBLE FIXED ASSETS

	Plant and machinery etc.
	£
COST	
At 1 April 2021	64,362
Additions	22,232
Disposals	-
At 31 March 2022	86,594
DEPRECIATION	
At 1 April 2021	45,928
Charge for year	9,950
Eliminated on disposals	-
At 31 March 2022	55,878
NET BOOK VALUE	
At 31 March 2022	30,716
At 31 March 2021	18,434

12. DEBTORS: Amounts falling due within one year

	2022	2021
	£	£
Trade debtors	49,920	5,750
Other debtors	6,326	8,050
	56,246	13,800

13. CREDITORS: Amounts falling due within one year

	2022	2021
Performance related grants received in advance	228,712	208,532
Tax and social security	20,690	7,874
Other creditors	17,083	8,313
	266,485	224,719

Carers Plus Yorkshire Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General funds	Designated funds	Restricted funds	Total funds
Tangible fixed assets	14,283	-	16,433	30,716
Investments	-	-	-	-
Current assets	499,193	15,237	302,370	815,800
Current liabilities	(148,518)	-	(117,968)	(266,486)
	364,958	15,237	199,835	580,030

Carers Plus Yorkshire Limited
(A company limited by guarantee and not having a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

15. MOVEMENTS IN FUNDS

	Balance 1 April 2021	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2022
Restricted funds					
Carers and holding grants	-	4,795	4,400	-	395
Capital Grants	86	-	29	-	57
Big Lottery Reaching Communities	684	-	229	-	455
NYCC Young Carers	-	71,288	87,806	16,518	-
Action Towards Inclusion	(1,845)	50,761	50,838	-	(1,922)
NY Sport - Tackling Inequalities Fund	3,343	-	429	-	2,914
Wellbeing & Prevention Service	18,900	82,728	86,311	-	15,317
Home from Hospital	25,688	102,348	101,547	-	26,488
Sirius Minerals Foundation	1,000	4,000	454	-	4,546
Carers Respite Support & Devl Fund (YAC)	1,000	-	1,000	-	-
Young Carers Projects	7,218	6,122	9,126	(4,214)	-
Triangle Trust	750	14,251	15,001	-	-
Big Lottery Community Fund YACs	10,125	50,543	55,489	-	5,089
Hospital 2 Home	1,062	36,632	34,858	-	2,836
Caring with Active Confidence	1,673	-	1,524	-	149
BBC Children in Need - Starfish 2	2,462	46,929	48,205	-	1,186
Scarborough Foundation	2,600	5,500	2,600	-	5,500
Going Further Going Higher	2,768	-	2,768	-	-
YAC Quilters	484	-	484	-	-
Community Support Organisation	21,011	53,525	61,667	-	12,869
Coronavirus funds	9,997	-	4,011	-	5,986
Adult Mental Health	2,804	1,875	4,679	-	-
Community Connect - Big Lottery	1,024	-	193	-	831
Winter Volunteering (NHS Humber)	-	19,609	18,123	-	1,486
Merger	22,664	2,018	24,682	-	-
Freemasons – Stronger Together	-	37,272	26,167	-	11,105
Veterans – Armed Forces Covenant Fund	-	33,542	29,939	-	3,603
Northallerton Young	-	46,284	55,163	8,879	-
Northallerton Making Carers Count	-	25,958	21,641	-	4,317
East Riding (Help for Heath & Smile Foundation)	-	20,000	13,142	-	6,858
Community Conversations (Eastfield)	-	19,954	19,954	-	-
Big Lottery – Network to Success	-	-	120	-	(120)
Hull CCG East Riding HFH	-	1,917	1,906	-	11
HRCC Asset Transfer	-	94,182	4,304	-	89,878
Northallerton Masonic Foundation	-	3,750	3,750	-	-
Northallerton WG Edwards	-	1,520	1,520	-	-
Northallerton Hedley Foundation	-	3,000	3,000	-	-
Total restricted funds	135,498	840,212	797,058	21,183	199,440
Unrestricted funds					
General funds	248,472	164,809	69,936	19,603	362,948
Northallerton general funds	-	99,212	97,201	-	2,011
Designated funds for merger costs	45,000	-	-	(45,000)	-
Designated funds Young Carers	-	16,884	5,861	4,214	15,237
Total unrestricted funds	293,472	280,904	172,997	(21,183)	380,196
Total funds	428,970	1,121,116	970,056	-	580,030

Carers Plus Yorkshire Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Carers' grants enable local/regional/national grant giving organisations to support carers' identified needs and provide much needed financial assistance to them and their families. These are funds held on behalf of the carers.

Big Lottery Fund – Reaching Communities is a four year grant towards the costs of a further project to support adult carers (16 – 35 years old). This project finished in July 2019, the closing balance as shown at 31st March 2022 of £455, consists of fixed asset to be depreciated in future years.

NYCC Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit in the fund of £16,518 being covered by transfer from unrestricted reserves.

Action Towards Inclusion was originally a three-year grant funding to assist organisations to support vulnerable people (including carers) who are facing all sorts of barriers in returning to work, training or education. The lead partner is Your Consortium, and the funding is part of the national Building Opportunities programme which is jointly funded by the Big Lottery and European Social Fund. Delivery on this project finished in September 2019; we were lucky to receive an extension of the project for a further 3 years and then a second extension of 9-months to secure the project up to June 2023. The closing deficit as shown at 31st March 2022 of £1,922 plus depreciation to be charged in future years of £131 gives a total deficit of £2,053 which will be covered by future funding.

NY Sport – Tackling Inequalities is a fund aimed at developing a programme of Health & Wellbeing to Young Carers aged 8 – 18 and to help fund the costs of the Adult Caring with Active Confidence Sessions. The closing balance as shown at 31st March 2022 of £2,914 is to be used in the 2022/23 financial year.

Capital Grants were grants received to cover the cost of new computer equipment and furniture. The balance on the fund at the end of the year is the net book value of the computer equipment and furniture included on the Balance Sheet under Fixed Assets. The closing balance as shown at 31st March 2022 of £57 consists of fixed assets to be depreciated in future years.

Wellbeing and Prevention service – working title of 'My Neighbourhood' – funded by NYCC, My Neighbourhood connects communities and provides support to people who may be isolated, lonely or need a bit of extra help. The service is for anyone aged 18 or over, not necessarily a carer and is delivered in partnership with Ryedale Carers Support. The closing balance as shown at 31st March 2022 of £15,317, consists of fixed assets of £934 to be depreciated in future years and a useable fund of £14,383.

Home from Hospital is a service for anyone aged 18 or over, to provide short-term help to those who are returning from hospital and need some support. Help includes anything from essential food shopping to organising ongoing support with other agencies. It does not provide personal care. CPY are subcontracted by Harrogate Carers Resource to deliver Home from Hospital in the Scarborough, Whitby and Ryedale areas. The closing balance as shown at 31st March 2022 of £26,488, consists of fixed assets of £726 to be depreciated in future years and a useable fund of £25,762.

Carers Plus Yorkshire Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Sirius Minerals Foundation is funding to help pay for extra staff time to cope with the workload of Covid-19. It also funded client bursaries and engagement packs in the Ryedale area. The closing balance as shown at 31st March 2022 of £4,546 is to be used in the 2022/23 financial year.

Carers Respite Support & Development Fund (YAC) is to develop a 'Young Adult Carer (YAC) Library' that will provide an online reference platform hosting many of the tools, skills and confidence-boosters needed to give our YACs the very best start to their future social mobility and progression.

Young Carer Projects are funds provided by various organisations, individuals and collections specifically for work with Young Carers. The funds will provide the resources for varying purposes from fun activities to structured workshops. One of the major funding pots was provided by the Malton & Norton Rotary which let Young Carers access pots of money to aid with well-being, support with the impact of their caring role and building self-confidence. Other funders include The Mayor's Community Fund and the Whitby Endeavour Rotary. After consulting with the Charity Commission, it was agreed that part of the fund was to be classed as designated unrestricted funds moving forward, to be spent as the charity deems appropriate across the various active Young Carer projects. As such, incoming and outgoing resources were designated as appropriate, whilst an amount of £4,214 relating to the brought forward balance held in the restricted Young Carers Project fund was transferred to designated unrestricted fund.

Triangle Trust is a 3 year grant allowing the capacity to look at making the organization more sustainable for the future, to explore options for diversification and a broader range of funders and services.

Big Lottery Community Fund YACs – a continuation of the Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers. The closing balance as shown at 31st March 2022 of £5,089, consists of fixed assets of £230 to be depreciated over future years plus a useable fund of £4,859.

Hospital 2 Home is a new contract with East Riding of Yorkshire Council, providing a service similar to Home from Hospital in North Yorkshire. Short-term help for those who live in the East Riding of Yorkshire, mainly Bridlington and Driffield areas, being discharged from hospital. The contract was originally a 12-month project; we were fortunate enough to have the contract extended a further 14 months to finish March 2022. The closing balance as shown at 31st March 2022 of £2,836, consists of fixed assets of £418 to be depreciated over future years and a useable fund of £2,418.

Carers Plus Yorkshire Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

15. MOVEMENTS IN FUNDS – continued
Purpose of restricted funds – continued

Caring with Active Confidence is for carers 18+ years old, to come together to gain peer support and share experiences. Sessions are planned with carers involvement and carers help to facilitate the group as volunteers. These sessions have been mainly running virtually through Zoom when Covid-19 has prevented any face-to-face sessions. The original funding for this project came from a Carers Trust grant and we managed to secure further funding from 2 Ridings to extend sessions into 2021. The closing balance as shown at 31st March 2022 of £149 consists of fixed assets to be depreciated in future years.

Starfish 2 is a three-year project funded by BBC Children in Need and carried on from the original and successful 'Starfish' Project. The project is for Young Carers and enables us to extend support we can offer through the core NYCC contract. Starfish 2 focusses on helping young carers look forward, helping them gain skills and confidence needed to move forward with their lives. Also, to empower them to help other young carers through voice and representation – to inform adults with influence. The closing balance as shown at 31st March 2022 of £1,186, consists of fixed assets of £487 to be depreciated in future years and a useable fund of £699.

Scarborough Foundation is for supporting Young Carers with various activities, including a monthly Youth Club and individual bursaries to Young Carers to improve their 'social mobility'. Other aspects to the funding include positive mindset coaching with an external facilitator which helped young carers with stress reduction and mental resilience.

Going Further Going Higher is a 2 year project funded by Carers Trust. Only 4 Network Partners in the country were awarded the project. The project aims to increase recruitment and retention rates of YAC's in further or higher education, by empowering and training Young Adult Carers to act as Ambassadors in their colleges. They will help to create a more inclusive environment for new students who are also Young Adult Carers.

YAC Quilters is another fund gained through Carers Trust for supporting Young Adult Carers through activities. This was a 9-month project to employ a dedicated activity worker to support the core service currently provided to YAC's through the Big Lottery Community Fund.

Community Support Organisation set up by NYCC as part of their response to the Covid-19 outbreak. A partnership between Carers Plus Yorkshire, Ryedale Carers Support, Ryedale Community Transport to help co-ordinate a number of localised Covid-19 networks across the Ryedale area to help Ryedale communities meet the challenges of Covid-19. The closing balance as shown at 31st March 2022 of £12,869, consists of fixed assets of £332 to be depreciated over future years and a useable fund of £12,537.

Carers Plus Yorkshire Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

15. MOVEMENTS IN FUNDS - continued
Purpose of restricted funds – continued

Coronavirus Funds is a collection of 10 separate funding streams including 2 Ridings, Triangle Trust, NYCC, National Lottery Community Fund, Carers Trust and Ryedale District Council. The funding primarily aimed to maximise the support that Carers Plus Yorkshire could provide during the Covid-19 pandemic. This enabled us to employ new staff and offering more hours to current members of staff. Working from home provided new challenges so the funding helped to buy new IT equipment for our staff, in particular laptops; these were necessary
to help our clients whilst working in the office was not possible. Other expenditure included staff wellbeing calls, client materials and personal protective equipment. The closing balance as shown at 31st March 2022 of £5,986 consists of fixed assets to be depreciated over future years.

Adult Mental Health involved two funders – 2 Ridings and Ryedale District Council. The funding allowed us to appoint an external mental health specialist who would offer direct 1 to 1 support to our adult carers allowing us to better equip them before challenges took hold.

Community Connect was funding by the Big Lottery. This paid for a community link worker and a volunteer co-ordinator for a six-month period. The project is completed, the closing balance as shown at 31st March 2022 of £831 consists of fixed assets to be depreciated in future years.

Winter Volunteering from NHS Humber was funding for the development of a volunteer coordinator to recruit and focus volunteer support in Malton Hospital. The funding originally covered 4 months over the winter period until 31st March 2021, but we were fortunate to have this extended a further 6 months.

Merger funding was an NYCC Stronger Communities grant to help pay for the Scarborough Ryedale Carers Resource and Hambleton & Richmondshire Carers Centre merger. There was also a contribution from each of the respective organisations. The funding helped pay for consultancy, HR support, IT support, website and brand development.

Freemasons – Stronger Together is a one-year project finishing in May 2022 from the Masonic Foundation. The fund provided support to our core adult services with a new member of staff and added resources for groups. The closing balance of 11,105 will be used in the 2022/23 financial year.

Veterans – Armed Forces Covenant Fund is designed to support veteran carers and those who are caring for veterans to build the confidence, skills and knowledge they need to 'care with confidence'. The project is 2 year funded post ending in April 2023. The closing balance of £3,603 consists of fixed assets of £554 to be depreciated in future years and a useable fund of £3,049.

NYCC Northallerton Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age in the Hambleton & Richmondshire areas. Trustees recognise that this project needs to be subsidised by our unrestricted reserves, with a closing deficit in the fund of £8,879 being covered by transfer from unrestricted reserves.

Northallerton Making Carers Count is a 2 ½ year long project funded by Carers Trust ending in March 2024. The project was to expand our Young Carer and Young Adult Carer services into the Hambleton and Richmondshire areas. The closing balance of £4,317 consist of fixed assets of £425 to be depreciated over future years and a useable fund of £3,892.

Carers Plus Yorkshire Limited
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2022

15. MOVEMENTS IN FUNDS - continued

Purpose of restricted funds – continued

East Riding (Help for Heath & Smile Foundation) is a fund to establish a carers support network for unpaid, family carers across the Bridlington area. The closing balance of £6,858 consist of fixed assets of £546 to be depreciated over future years and a useable fund of £6,112.

Community Conversations (Eastfield) is fund from Scarborough Council aiming to improve the balance of community voice within the decisions made in (and for) Eastfield's journey of change. By capturing the 'Voices of Eastfield' through a variety of means, we will ensure residents are heard and their ideas/concerns/ambitions.

Big Lottery – Network to Success is a 2 year fund to complement our core adult services in Hambleton and Richmondshire areas with a series of specialist spokes. These will be helping those living with Dementia and memory loss, poor mental health, veteran caring (for carers of veterans and veteran carers), after caring, life as a parent carer, voice and representation (effecting change). The closing deficit will be covered by future funding.

Hull CCG East Riding HFH is a 12 month fund to complement the existing home from hospital fund in the East Riding of Yorkshire. The closing balance of £11 is to be used in the 2022/23 financial year.

HRCC Asset Transfer is the final transfer of assets held by Hambleton and Richmondshire Carers Centre on the day they ceased trading. The transfer had been agreed by all parties in the merger process. The balance of £89,878 consists of fixed assets of £4,401 to be depreciated over future years and a useable fund of £85,477, which is to be used in the Hambleton & Richmondshire area in the following years.

Northallerton Masonic, WG Edwards and Hedley foundation are 3 funds to provide various support across the Hambleton and Richmondshire area.

16. PENSION CONTRIBUTIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions payable by the charity to the scheme for the year totalled £19,641 (2021: £15,840).At 31 March 2022 pension contributions payable by the charity to the scheme totalling £nil (2021: £nil) were outstanding and are included in other creditors.

17. ANNUAL COMMITMENTS UNDER OPERATING LEASES

At 31 March 2022, the charity had an annual operating lease commitment which expires as follows:-

	2022	2021
Land and buildings – within one year	22,000	13,500
– within two to five years	75,500	52,500
– more than five years	-	15,000
	======	======

The charity renewed its six year lease on premises in Snainton in April 2021 for a further six years at £13,500 pa, increasing to £15,000 from April 2024. The lease for the Northallerton office was transferred to the charity with an end date of November 2025 at £8,500 pa, with a review scheduled for November 2023.

Carers Plus Yorkshire Limited
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INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2022

		2022	2021
		£	£
Income			
	NYCC Carers' Resource service	363,334	217,297
	Carers' grants	30,753	9,408
	Other grants	509,395	426,201
	Donations	33,122	10,714
	Fundraising events	-	-
	Coronavirus funds	36,225	132,788
	Miscellaneous income	2,021	2,593
	Big Lottery Fund – Young Adult Carers	50,453	42,393
	BBC Children in Need	-	-
	Merger Income	2,018	20,900
	Interest receivable	112	168
		1,026,933	862,462
Oher Income			
	Furlough grant	-	2,293
	HRCC asset transfer income	94,182	-
		94,182	2,293
less:	Expenses		
	Salaries and wages	713,986	542,715
	Pensions	19,641	15,840
	Volunteer expenses	2,364	1,116
	Travel expenses	26,266	8,966
	Rent	21,971	12,000
	Heat, light and power	2,970	2.230
	Water rates	1,466	172
	Recruitment expenses	4,062	562
	Staff training costs	10,576	4,389
	AGM expenses	18	-
	Buildings maintenance	1,631	372
	Office equipment maintenance	13,466	8,068
	Equipment leasing	2,241	1,156
	Photocopier charges	2,148	1,102
	Postage	3,449	3,073
	Telephone and internet	14,504	10,118
	Books, periodicals and subscriptions	2,929	2,226
	Printing and stationery	4,602	2,976
	Advertising and publicity	13,694	4,412
	Cleaning	2.748	644
	Insurance	4,587	3,676
	Focus newsletter	-	2,218
	Accountancy	2,846	2,830
	Auditor fess	4,500	-
	Consultancy fees	30,312	22,091
	Legal and professional fees	8,252	879
	Conferences and networking expenses	1,816	566
	Bank charges	157	101

Carers Plus Yorkshire Limited
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INCOME AND EXPENDITURE ACCOUNT *(Continued)*
for the year ended 31 March 2022

Carers' events	4,989	5,841
Carers' expenses	2,716	7,424
Carers' grants	4,400	5,998
Project activities & related expenses	29,352	16,473
Coronavirus	1,328	2,451
Miscellaneous expenses	3,118	2,471
Interest payable	-	3
Depreciation	9,949	5,885
	970,053	701,044
SURPLUS OF INCOME OVER EXPENDITURE	151,060	163,711

Carers Plus Yorkshire Ltd

England & Wales - Charity number 1046228

Accounts

Company number: 03042108
(England & Wales)

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having a share capital and registered as a charity)

ACCOUNTS

Year ended 31 March 2021

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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CHAIRS REPORT

Chairs Report 2020/2021

I am pleased to present this year's Annual Report for your information and scrutiny. I hope you will take the opportunity to read the Trustees Report which summarises the key achievements of our charity over the last year and the Accounts which show the continuing solidity of our financial affairs.

It has been the most extraordinary year in the life of our charity. Like everybody else we have had to respond to the Covid pandemic and the restrictions that have been placed on all our lives. This has meant that we had to change the way we deliver our services to Carers and other vulnerable people who need our support and to ensure that our staff are working in a safe environment. We have continued to provide all our services and have been given the opportunity to grow them as we became the County Council's nominated Community Support Organisation for the Ryedale area to offer support and services to residents during the pandemic.

In addition our charity has been the lead partner in the work towards a merger with Hambleton and Richmondshire Carers Resource. This has taken a considerable amount of work over the last year and the transfer of services and staff from that organisation will be completed on the 1st July 2021. Also changing in the coming year will be our name - to reflect our growing geographical footprint we will be making a formal name change to Carers Plus Yorkshire. It is our intention to grow and develop services in the Hambleton and Richmondshire area alongside our existing services in Scarborough, Ryedale and the East Riding.

I am pleased to report that his has been another very positive year for our Charity with a significant growth in the number of local people we have been able to support. Commissioners as varied as the County Council, the NHS, Children in Need and the Big Lottery have recognised the quality of the services we provide, and I thank them for their confidence in us. The quality of our services has also been recognised by the Carers Trust as we are now one of the few organisations to receive the Excellence for Carers Award nationally.

The Trustees Report below sets out the range of services we offer and describes some of the challenges we have faced delivering them during the pandemic.

As you can see from the accounts our financial position is very stable with a growth in our income over the last year. The bulk of funding comes from our commissioners, but we have been successful in developing donations and support from the local business and professional community. I would like to thank them for their support.

The demand for our services continues to grow and the difficulties faced by carers and other vulnerable people are well documented and exacerbated by the coronovirus pandemic. There is increasing pressure on the NHS and social services nationally and locally and our role is to complement and support the work of the statutory sector and to provide flexible and innovative services.

The quality of our services is dependent on a skilled and committed team. I would also like to thank our staff team, Trustees and volunteers for all their hard work over the last year. Building on the skills and knowledge of our staff team is a key part of our long-term strategy of sustainability and growth.

I hope you find the Trustees Report and Accounts informative and that you will continue to support the work of our Charity.

Michael Hunt

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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TRUSTEES' REPORT

The trustees present their annual report with the financial statements of the charity for the year ended 31 March 2021.

The financial statements comply with the Companies Act 2006, the Charities Act 2011, the Statement of Recommended Practice for Charities and with the charity's governing documents.

The trustees confirm that the charity has complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission. This report illustrates how the charity delivers public benefit.

This year has been an extraordinary year in our working history; the year has brought us some significant and unique challenges that have tested our resilience and adaptability like never before.

There have been many strategic and operational barriers to overcome, but there has also been some important consequential learning as we worked to resolve challenges met.

Our free services for carers and non-carers have continued to develop and extend, as well widen the areas we cover from Scarborough Borough and Ryedale District to East Riding of Yorkshire and soon Hambleton & Richmondshire – below is a list of all the services we now provide:

Carer Services:

- **Adult Carers Service:** supporting unpaid Carers 18 – 108!
- **Young Adult Carers:** supporting Carers 16-30 with their general and specific caring needs, including parent carers (for those caring for young children <18)
- **Young Carers:** supporting young people 8-18 who are impacted by a caring situation within their family unit/living arrangements

Services for Adults (carers and non-carers):

- **Home from Hospital - North Yorkshire & East Riding:** supporting clients over 18 who may need additional support to return home comfortably and confidently after a stay in hospital.
- **My Neighbourhood:** for clients experiencing a period of isolation and/or loneliness.
- **Action Towards Inclusion:** targeted at supporting clients to achieve their employment and training ambitions.

New service:

- **Community Services:** a service initially developed to support those impacted by the pandemic in Ryedale; now looking to support those requiring a helping hand to reduce anxiety and return to everyday life. 2020-2021 has dominated the development of our work in this area through the commissioning of Scarborough & Ryedale Carers Resource to operate as the 'Community Support Organisation' in Ryedale - one of 23 organisations commissioned by NYCC to manage the practical support for those directly impacted by covid - financially, health wise and emotionally.

2020-2021 has been completely immersed in managing and navigating the Charity through unprecedented times. As the pandemic took hold and we were, as a nation, instructed to 'stay at home', we are proud to say we stepped up to the plate and empowered all staff to work from home within the first week - without losing functionality or connectivity with their peers, colleagues, and

clients. Plans for our 25th celebratory year were cancelled as a new priority swept our carer and wider community audiences.

The Board of Trustees has continued their unwavering commitment towards the charity using their wealth of experience to help guide the way forward; ensuring at every step of the way and through all periods of lockdown and restrictions, our staff team and clients have felt safe, supported and well-equipped to remain accessible (and open) throughout the year.

Investment in information technology and PPE, alongside additional staff time and staff welfare interventions were afforded through the generosity of many of our partners and funders as we secured additional COVID focused funding. This has been essential in the temporary and permanent operating procedures and adjustments we have made as an organisation internally, with partners and with our clients.

Over the course of this year, we have creatively continued to provide 1:1 support to 589 adult carers, 54 young adult carers and 133 young carers – across these services we have also provided many hours of virtual group support (a significantly extended and welcomed service addition).

We have also supported:

- 555 clients within the NYCC Home from Hospital service and ERY Home from Hospital 185 clients,
- My Neighbourhood service 357 clients.
- Action Towards Inclusion, 49 clients
- Community Service: 2607 residents across Ryedale

Together this represents a total of 4529 clients benefitting from direct support in this financial year. Some enquiries are answered in just one call, often involving supported signposting or referring to other services.

Adapting our services has been essential and in doing so we have recruited, trained and supported an army of volunteers to help with increased need to provide a listening ear, reduce loneliness and keeping people connected.

It was important throughout the year to ensure we continued to represent the voices and needs of carers (and the wider community); we relayed to those who commissioned and funded services, the issues facing carers, and others, within local communities and developed a significant programme of digital learning that allowed the hardest to reach remained connected.

Covid-19 dominated our practices and thinking this year – we developed clear risk assessments for each stage and phase of the pandemic's journey. Whilst much of our work was confined to virtual and telephone contacts, we ensured those unable to access support in this way were supported through covid-safe alternatives. This flexibility has been invaluable in managing and supporting some of the extremely challenging and exhausted clients we have interacted with. As we reviewed the year and our impact, we have been able to better understand the increased contact time our staff team has given – reduced travel time and increased accessibility has afforded more contact hours much needed to support our clients this year.

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued)*

The increased use of IT and virtual connectivity has created a legacy from covid that will resonate with our charity and clients forever. We have been staggered at the resilience, patience and determination of clients young and aging, to get connected. Supported by the Carers Trust and Two Ridings Community Foundation amongst others, we have been able to purchase and distribute on 'long loan' wifi kits and Amazon Fire Tablets to many of our carers. Without this practical support, and the 'doorstep IT training' patiently delivered by the team, many Carers and others we support, would not have been able to connect to our organisation, other social options and most importantly family and friends.

Partnerships
Our collaborative partnership with Hambleton and Richmondshire Carers Centre (focused on the Young Carer and Adult Carer Services) has developed over the course of the year into a formal joining of forces. With support from the NYCC Stronger Communities team, our two separate charities have worked towards becoming one organisation in 2021-2022. In early May 2021 we saw the first step of this development resulting in SRCR adopting a new name 'Carers Plus Yorkshire', colleagues (and core contracts) from Hambleton & Richmondshire will join us on 1st July 2021.

We have continued to develop partnerships with many existing and new organisations and funders including: The Carers Resource (Harrogate), healthcare professionals (including NHS Trusts, PCN's and CCG's), the Armed Forces Covenant Fund, Carers Trust, The Big Lottery, BBC Children in Need, Triangle Trust, as well as colleagues from within the VCSE (locally, regionally and nationally).

Our Senior Management Team has been transformed over the course of the year, now established to build on the strengths of our core managers and distributing the operational management of the organisation appropriately. This has allowed the Chief Executive Officer the ability to focus on the Charity's longer-term future and strategic direction with the Board of Trustees. Within the SMT we now have: Business Development Manager (Deputy CEO), Office and Finance Manager, Service Manager and Quality Assurance lead.

Adult Carer Service
We have had over 1144 enquires from carers and professionals for information and support. Each year, and more so this year due to Covid 19, we note that the complexity, level of need and intensity of case management is increasing.

This year we have experienced a particular spike in carer enquiries around mental health care needs (for both the carer and cared for); we repeatedly heard of needs not being met effectively by statutory services due to increased demand for services and limitations/restrictions imposed throughout the pandemic. To address this need within our service, we supported the staff to gain additional training and skills to ensure they were equipped to manage the increase in demand and intensity of contacts. We also ensured they were supported with a strong welfare provision.

The first point of contact for all carers continues to be through our 'carers advice line', we increased the availability of this service to 5 days a week to meet demand, manned on a rota by experienced adult carer engagement advisors, a significant number of callers were supported with immediate and effective support.

Covid brought about several adaptations to working practices, with advice and support predominantly offered via telephone contact or online, and for much of the year from our staff teams homes. As restrictions reduced, we adjusted and responded to covid-safe practices, where possible introducing garden meets and doorstep conversations.

More than ever, the need for carer group sessions (Caring with Active Confidence) were considered a priority; throughout the year fortnightly virtual sessions ensured social connectively helped to bring carers together, afford moments of respite and laughter, and broke, for many, extended periods of loneliness and isolation. Sessions were exceptionally well received, often seeing carers accessing and mastering IT for the first time and engaging in virtual sessions that shone a spotlight on the importance of self-care, emotional wellbeing and sharing stories and lockdown experiences.

Our undertaking of Carers Conversations (formerly Carers Assessments) helped to establish carers needs and shared actions/requirements to support carers throughout a very challenging year.

Young Carer Service

We provided support to 133 young carers across the Coast and Ryedale District in 2020-2021, which presents a continuing rise in the profile and engagement of young carers across our area.

As with the vast majority of all young people, young carers were out of schools for a significant percentage of the academic year; home schooling presented a challenging time for many of our families and young people, increasing stress levels at home and reducing respite from caring roles.

The Young Carer team worked hard to maintain communications with the young carer leads in education establishments and, where essential, worked to secure limited school places for those young carers who really needed to be in school in order to focus on their learning and gain respite.

The additional support from our Starfish project (funded by the BBC Children in Need) continued to be an excellent complement to the core service. The project afforded us to quickly develop a strong and frequent programme of online activities and intentions, including youth clubs, mindfulness practice, positive minds coaching, yoga, boxing, quizzes, healthy eating & creative arts to name few. These sessions were important to offer connectivity for many who were locked down in busy and demanding home environments.

The Young Carer's Youth Council met frequently to help us review provision and ensure appropriate activities and interventions were developed. The feedback gained over the financial year from our young carers and their families, has been wonderfully positive. The development in young carers confidence/self-esteem during what has been a difficult year has been paramount to their resilience.

Young Adult Carer Project

Despite the pandemic limitations, our work with Young Adult Carers continued to flourish in year 2 of the BIG Lottery funded project. The project saw structured development in its 1-1 and small group activities and focused on young people aged 16-30 years old.

For some of the young adult carers, we observed that online opportunities were often more favoured and engaging for them – allowing them to connect as and when appropriate in a way that presented 'least intrusive' time commitments. Young Adult Carers are an incredibly responsible community of carers, dedicated to their ongoing learning/training and often very absorbed in their caring responsibilities (including parent carers who clearly had increased pressures to support and home school their children whilst managing their caring responsibilities – with no respite opportunities).

Virtual support was relentless, with a substantial cohort of young adult carers accessing regular 'chat, chill & cuppa' clubs to combat feelings of being 'trapped', heightened anxiety and loneliness. Small group activities, especially our internal 'positive minds' sessions proved powerful, allowing participants to establish a 'tool kit' of techniques to aid their emotional health. With the support of funding secured to combat the impact of covid, we were able to offer specialist external support through the services of a life coach who proved invaluable for those carers experiencing more significant challenges in managing issues associated with the impact of COVID.

Home from Hospital Service
March 2021 marked the completion of our third full year of delivery under the Home from Hospital contract. We remain a strong partner and subcontractor of The Carers Resource - Harrogate (who are the lead contractor for the overall North Yorkshire service).

The pandemic had a significant impact on the service during the course of the year; our staff team were unable to access the hospital sites and elective surgeries were halted - together this had the potential to drastically and immediate impact on our referral numbers. The team worked hard to keep connected with the most appropriate leads in GP surgeries, hospital sites and wider healthcare professionals - to their credit, referrals were lowered BUT remained sufficient to provide a valuable service. Through weekly attendance at multi-disciplinary meetings, the profile of the service remained high, and with adaptation the service, supported a number of essential discharges that contributed to much needed bed availability/capacity. The team throughout were prepared (with appropriate PPE) to continue an adapted service for covid positive discharges. The hospital regularly expressed their gratitude for this essential service at a very challenging time for the NHS.

In terms of service adaptation, welfare checks were moved from home visits to telephone, covid safe shops were maintained via 'doorstep drops' and partnership working with covid response teams allowed clients to receive a safe service. As restrictions eased in the latter part of the financial year, the team resumed covid safe practice and slowly but surely, they have accessed the hospital wards and discharge hubs seeing an increase in referrals.

In March 2021 our pilot East Riding of Yorkshire Home from Hospital Service was extended by 12 months, allowing this extended reach to be available until March 2022. The East Riding service continued throughout to have a visible presence in Bridlington Hospital.

My Neighbourhood Service
The My Neighbourhood service continued to thrive despite the pandemic; the team and our offer has responded commendably to the circumstances and needs of those referred into service.

Scarborough and Ryedale Carers Resource
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TRUSTEES' REPORT *(Continued)*

With the contracts focused on the reduction of isolation and loneliness across the Scarborough, Whitby and Ryedale, the significant impact of Covid19 meant the service became in higher demand as lockdown drove the potential for isolation higher and general community activity ceased.

Over the course of the last 12 months we have supported 357 individuals, albeit virtually. We have endeavoured to continue to offer innovative ways to engage those who seek new friendships and ways to connect. The year has seen significant growth in our volunteering provision - with existing and new volunteers trained and supported to offer virtual/phone conversations, complete essential 'shop and drop' services, and help us to establish covid-safe engagement opportunities such as letter writing, jigsaw and book swaps. Our contract partners Ryedale Carers Support have worked alongside us to ensure the service's significant client base were all supported individually.

To the myriad of community groups we worked with pre-pandemic, we offered our support to the volunteer organisers and their immediate communities to ensure they remained connected and prepared to 're-start' when government restrictions lifted.

Ryedale Community Support Organisation (CSO)
The CSO has been an additional function to our services this year. Focused on the Ryedale area and supporting over 1472 individuals and 1135 households. The service has contributed to the safety and welfare of Ryedale residents throughout lockdowns and restrictions by enabling those needing to self-isolate and/or clinically extremely vulnerable to access support such as shopping, prescription runs, befriending, pet care and financial support.

In addition the CSO has managed:

- And contributed to the distribution of significant food resources across the district - embedding in partnership with Community Smart CiC, weekly shipments from Fareshare, emergency food hampers and a meals service for the most vulnerable both in the height of early lockdowns and throughout relaxed restrictions over the course of the year
- Recruited, trained and continue to support over 200 volunteers to support our work over the course of the year - latterly managing the volunteer element of the vaccine clinics and their successful vaccination programme.

Though adjusting to the changing need of the locality, this service will continue throughout 2021 in the first instance as we work to support Ryedale residents to return to everyday life.

Fundraising
This year has been a unique year for both income and expenditure; bittersweet in terms of availability and securing funds and fundraising. The pandemic has prevented us from fundraising as planned for our 25th Anniversary year and for the developments we would have welcomed in any other 'business as usual' year (for areas such as social interventions/carer respite, substance misuse, sibling carers or parent carers).

However, in terms of much needed income to respond to the challenges of the pandemic, we have been grateful for the support offered by funders existing and new. Our existing funders offered unwavering support for our services to be adapted as needed, with no question of deferring

payments, reprofiling or reporting service changes. All current funders, without exception supported us to do whatever was necessary to support our clients.

We were fortunate to identify several new funds/funders to support with the increased cost throughout the year. These funds were welcomed and afforded the Charity:

- sufficient IT equipment to ensure staff were agile and could work from home
- additional IT equipment for carers
- increased staff welfare provision
- increased client welfare (support through external life coaching)
- additional management hours needed for internal support
- essential PPE
- Enhanced zoom connectivity (a new concept to us all!)
- Engagement packs for our clients

In total we saw £132,788 that can be directly attributed to COVID related income. This income has helped to manage the challenges presented.

Future Strategy

Throughout 2020-2021 our organisation has worked alongside Hambleton & Richmondshire Carers Centre to plan and develop a formal joining of our charities. With the support of NYCC Stronger Communities we have worked through the crucial elements of due diligence, that has enabled the Boards of Trustees from both organisations to have the confidence to combine forces under the new name 'Carers Plus Yorkshire Ltd'. In May 2021 we adopted the new name to services in Scarborough, Whitby and Ryedale, and from 1st July 2021, Carer services across Hambleton and Richmondshire will become deliverable through Carers Plus Yorkshire. The Senior Management Team at Scarborough & Ryedale Carers Resource have dedicated significant work hours to ensure all necessary actions were complete for this joining and the rebranding of the charities.

Ahead of these changes, Scarborough & Ryedale Carers Resource had produced a 5-year business plan (2020 – 2025), this plan will now be reviewed in light of the extension of our geography and be redrafted for 2022, when we will also be clearer about the retendering of the Carers Services contract (due to be tendered in September 2021).

For 2021-2022 our 'living/working' vision and mission are as follows:

Vision: Carers Plus Yorkshire believes unpaid carers and those we support in the wider community should feel listened to, supported and empowered to live their best possible life.

Mission: Carers Plus Yorkshire enables those we support to be heard, enhance their resilience, improve their wellbeing, and make positive changes in their day to day lives.
Core Objectives: As we move forward and learn to live with the virus, our ambition is to help all carers and those we support in the wider community return confidently to their new everyday lives - as such, we believe our core objectives and values will remain as before:

Carers Plus Yorkshire: the **'go-to'** organisation offering support to Carers and the wider community across the coast and vale.

We seek to operate through four underpinning objectives:

- To offer **independent, high quality, information advice and support** through a range of services relevant to our local communities and in the interest of improving personal health and wellbeing
- To proactively **represent the voice and needs** of the communities we serve; to listen, to respond and thereby influence the commissioning and delivery of services to accurately reflect needs
- To **raise awareness** of the support available and ensure the localities we serve take full advantage of our services – especially by reaching out to those who are hidden in our communities and need encouragement to access advice and information
- To **work in partnership** through **meaningful collaborations** with a wide range of other organisations; maximising the resources and services available across our geographical area.

Our Values matter

- **Supportive** of our team and the community we serve
- **Respectful** of the people we meet and the lives we share
- **Committed** to making a difference
- **Resourceful** in our approach and in our actions
- **Sharing** of our expertise and supportive of partnership working

Financial review

As in previous years the charity has actively applied for funding for the general running of the charity and has kept a close control over its expenditure. These results reflect this policy, with the charity's unrestricted funds showing a surplus of income over expenditure of £79,647 (2020: surplus of £51,678). The charity has used £8,199 of this surplus to cover overspends on projects. The largest overspend being £8,199 on the NYCC Young Carers Project. At 31 March 2021 unrestricted funds totalled £293,472 (2020: £222,024) which is above its stated reserves policy (below) and is held to cover any shortfalls in funding on its long running projects, as noted. It was agreed during the year to designate £45,000 of General Funds into the 2021-22 budget to contribute to service manager salaries and other associated costs relating to the merger with Hambleton and Richmondshire Carers Centre.

The charity, in line with the restrictions and timescales placed upon its restricted funds, has utilised the funds provided to it in the previous year. The results in these financial statements show a surplus of income over expenditure in the year of £84,064 (2020: deficit of income over expenditure £28,668). At 31 March 2021 restricted funds held by the charity total £135,498 (2020: £43,235) and these funds will be expended on their specific projects in the forthcoming financial year.

Investment policy

The Board of Trustees have considered the most appropriate policy for investing funds and has found that the CAF Charity Service meets their requirements for security of funds and achieves a competitive rate of interest as well as allowing easy access to the capital.

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued)*

Reserves policy

The Trustees consider sufficient reserves should be held to fulfil their duty of prudence and to fulfil the cost and legal obligations to wind up the charity should it be necessary. However, it is the view of the Trustees that this must be balanced by the need to invest in services to fulfil our charitable purpose. The Reserves Policy was reviewed in March 2021 as follows:

1. The Trustees consider that unrestricted cash reserves are required for the following reasons:

    a) To enable SRCR to maintain its core contracted services for a period of 3 months
    b) To provide for non-funded staffing costs such as redundancy, staff sickness or parental leave arrangements and from unforeseen compliance costs relating to new or changing legislation
    c) To provide alternative funding to meet any shortfall against a planned deficit budget
    d) Contractual obligations for current lease arrangements

2. Amount of cash reserves to be held:
   The amount set for the above reasons will fluctuate annually, but as a general rule, the equivalent of 3 months running costs will be held.

3. Cash reserves sufficient for the immediate future are already held and the Trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget.

4. The Trustees will monitor the level of cash reserves when considering the quarterly reports from the Treasurer of the Board of Trustees

Cash reserves sufficient for the immediate future are already held and the trustees will endeavour to maintain them at an appropriate level by taking account of future provision requirements when setting the annual budget. Reserves are monitored by the Board of Trustees on a quarterly basis.

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued*

Reference and administrative details

Full name of the charity:	Scarborough and Ryedale Carers Resource
Company registration number	03042108 (England & Wales)
Registered charity number	1046228
Registered office of the charity	96 High Street Snainton Scarborough YO13 9AJ

Advisors

Independent examiner	S P Harrison BFP FCA Townsend Harrison Limited Chartered Accountants 13 Yorkersgate Malton North Yorkshire YO17 7AA
Bankers	HSBC Plc 27 Market Place Malton North Yorkshire YO17 7LU CAFBANK Limited PO Box 289 West Malling ME19 4TA Virgin Money 24 Huntriss Row Scarborough YO11 2EG

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purposes of charity law. The trustees and officers serving during the year and since the year end were as follows:-

	Appointed	Resigned
Neil Daniel	11 September 2012	-
John Michael Hunt	22 January 2014	-
John Suddaby	10 October 2017	-
Teresa Bennion	24 February 2018	-
Edith Hardy-Lloyd	3 October 2018	-
Alison Matthews	13 March 2019	-
Neil Fitzpatrick	16 September 2020	-

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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TRUSTEES' REPORT *(Continued)*

Key management personnel

Chief Executive Officer — Elizabeth McPherson

Structure, governance and management

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 April 1995 and registered as a charity on 5 May 1995.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the trustees of the charity are elected at the Annual General Meeting to serve a period of three years, subject to ratification at each Annual General Meeting.

Appointment of trustees, induction and training

Identification of potential new Trustees is assisted by a skills audit of the current Board. Any gaps in skills or experience can then inform targeted recruitment. Scarborough & Ryedale Carers Resource is a member organisation and as such, any member can be nominated and elected to be a Trustee at an AGM. New Trustees can be co-opted by the Board at any time through the year, co-opted Trustees are then nominated and elected at the next AGM. The recruitment process is by written application and interview with the Chair and Chief Officer. The Chair then recommends their nomination or co-option to the Board.

Newly appointed Trustees are registered with both the Charity Commission and Companies House. They undergo full induction into the organisation, including shadowing staff to get first-hand knowledge of work 'on the ground'. Relevant and appropriate training is on-going.

Organisation

The board of trustees administers the charity. The board normally meets quarterly.
A Chief Officer is appointed by the trustees to manage the day-today operations of the charity. To facilitate effective operations the Chief Officer has delegated authority, within terms of delegation approved by the trustees, for operational matters.

Related parties and co-operation with other organisations

None of the trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity with any contractual relationship with a related party must be disclosed to the full board of trustees. In the current year no such related party transactions were reported.

The charity has a collaborative partnership with Hambleton and Richmondshire Carers Centre which in 2014/15 secured the North Yorkshire County Council and Clinical Commissioning Groups three year Carers Information and Support Services Tender for both young carers and adult carers. The contract has been extended for the maximum time and is due to end in June 2021.

Pay policy for senior staff

The trustees and the Chief Officer comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a daily basis. All trustees give their time freely and no trustee received remuneration in the year. Details of trustees' expenses and related party transactions are disclosed in note 8 to the accounts.

The pay of the Chief Officer is reviewed annually.

Risk management
The Board of Trustees have identified the major risks to which the charity is exposed. These are reviewed continually as are the systems established to mitigate those risks.

Responsibilities of the trustees
Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that year. In preparing those accounts the trustees are required to:-

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that
  the charity will continue its activities.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Trustee – John Michael Hunt

Dated: 1 July 2021

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF
SCARBOROUGH AND RYEDALE CARERS RESOURCE

I report on the accounts for the year ended 31 March 2021 set out on pages fourteen to twenty five.

Respective responsibilities of trustees and examiner
The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. The charity's income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiners' report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below:

Independent examiners' statement
In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- the accounts having been prepared on an accruals basis, fail to comply with the relevant accounting requirements under section 396 of the Companies Act 2006, and are not consistent with the Charities SORP (FRS102);
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.

S P Harrison BFP FCA
Townsend Harrison Limited
Chartered Accountants
13 Yorkersgate
Malton
YO17 7AA

Date: 28 July 2021

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
for the year ended 31 March 2021

	Notes	2021 Unrestricted funds	2021 Restricted funds	2021 Total	2020 Total
		£	£	£	£
Income from:					
Donations and legacies	2	8,118	2,597	10,714	18,550
Charitable activities	3	144,292	551,007	695,299	613,826
Other trading activities	4	1,139	1,454	2,593	9,386
Investment income	5	168	-	168	307
Coronavirus funds		-	132,788	132,788	-
Merger funds		-	20,900	20,900	-
Other income (Furlough grant)		2,293	-	2,293	-
Total income		156,010	708,745	864,755	642,069
Expenditure on:					
Raising funds		383	182	566	7,600
Charitable activities		75,980	624,499	700,478	611,459
Total resources expended	6	76,363	624,681	701,044	619,059
Net income	8	79,647	84,064	163,711	23,010
Transfer between funds		(8,199)	8,199	-	-
Net movement in funds		71,448	92,263	163,711	23,010
Total funds at 1 April 2020		222,024	43,235	265,259	242,249
Total funds at 31 March 2021	15	293,472	135,498	428,970	265,259

All income and expenditure derive from continuing activities.

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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BALANCE SHEET
As at 31 March 2021

	Notes	£	2021 £	2020 £
FIXED ASSETS				
Tangible assets	11		18,434	6,208
CURRENT ASSETS				
Debtors	12	13,800		12,571
Cash at bank and in hand		621,456		432,735
		635,255		445,306
CREDITORS: Amounts falling due within one year	13	224,719		186,255
NET CURRENT ASSETS			410,536	259,051
NET ASSETS	14		428,970	265,259
UNRESTRICTED FUNDS				
General funds		248,472		222,024
Designated funds for merger costs		45,000		-
			293,472	222,024
RESTRICTED FUNDS				
Restricted funds			135,498	43,235
TOTAL FUNDS	15		428,970	265,259

The trustees and directors confirm that for the year ended 31 March 2021:

- the company is entitled to exemption from audit under Section 477 of the Companies Act 2006; and
- members have not required the company to obtain an audit of its accounts for the year in question in accordance with Section 476 of the Companies Act 2006.

The trustees and directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The notes on pages 16 to 25 form an integral part of these accounts.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the trustees and directors on 1 July 2021 and signed on their behalf by:

Trustee – John Michael Hunt

N.J. Daniel

Trustee – Neil Daniel

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparation
The accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with:

a) The Charities Act 2011
b) The Companies Act 2006
c) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: (FRS102)
d) Accounting and Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

Cashflow exemption
Exemption has been taken from preparing a cashflow statement on the grounds that the charitable company qualifies as a small charity.

Public Benefit
The charity meets the definition of a public benefit entity as defined by FRS102.

Going concern basis
The trustees and directors consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Recognition of incoming resources
These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability;

Grants and donations
Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Revenue grants are recognised in the SOFA so as to match them with the expenditure towards which they are intended to contribute.

Grants which contribute towards specific expenditure on fixed assets are credited to the statement of Financial Activities over the expected useful lives of the related assets.

Contractual income and performance related grants
These are only included in the SOFA once the related goods or services have been delivered.

Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

1. ACCOUNTING POLICIES *(Continued)*

Investment income
Investment income is included in the accounts when receivable.

Liability recognition
Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Governance costs
Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Support costs
Support costs include central functions and have been allocated to fund categories on a basis consistent with the use of resources and the staff hours incurred.

Pensions
The Company operates a defined contribution pension scheme. Contributions payable for the year are charged to the profit and loss account.

Operating leases
Rentals payable under operating leases are charged to the Statement of Financial Activities as incurred over the term of the lease.

Unrestricted funds
Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds. Unrestricted funds can be transferred to cover deficits on restricted funds only on the agreement of the trustees.

Designated funds
Designated funds are unrestricted funds earmarked by the charity for particular purposes.

Restricted funds
Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Tangible fixed assets
Tangible assets are included at cost and depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment	33.50%	Straight line basis

All capital expenditure is capitalised irrespective of value.

Scarborough and Ryedale Carers Resource
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted	Restricted	2021 Total	2020 Total
	£	£	£	£
Donations and legacies				
Donations	8,118	2,597	10,714	18,550

3. INCOME FROM CHARITABLE ACTIVITIES

Carers' grants	-	6,011	6,011	5,740
Carers Resource service contract funding - NYCC Adult & Community Services North Yorkshire & York PCT	144,292	-	144,292	142,011
NYCC Young Carers Service	-	73,005	73,005	71,288
Big Lottery Fund – Reaching Communities	-	42,393	42,393	19,318
BBC Children in Need	-	-	-	5,520
BBC Children in Need – Curiosity Funding	-	27,091	27,091	-
Carers Trust	-	-	-	9,509
2 Ridings	-	-	-	7,198
Action Towards Inclusion	-	41,918	41,918	55,323
The Carers Resource – Veterans Project	-	-	-	10,125
Wellbeing & Prevention Service	-	81,904	81,904	82,579
Home from Hospital	-	91,080	91,080	91,495
Triangle Trust	-	24,895	24,895	32,045
Essential Life Skills	-	-	-	6,649
Whitby Charities One For All	-	-	-	1,000
Ryedale School Hub	-	-	-	360
Dying Matters Event	-	-	-	1,000
Starfish grant	-	44,861	44,861	26,280
Home 2 Hospital grant	-	35,632	35,632	5,939
Community Fund YAC's	-	48,054	48,054	31,579
Malton & Norton Rotary Club	-	3,397	3,397	853
Community Support Organisation grant	-	-	-	315
Carers with Active Confidence grants	-	5,826	5,826	6,700
Stronger Communities grant	-	-	-	1,000
NHS Volunteering	-	4,250	4,250	-
Young Carers Action Day Funding	-	350	350	-
Connecting Carers	-	6,000	6,000	-
Funding for Awning Fund	-	3,840	3,840	-
Sport Grant	-	5,500	5,500	-
Carers Respite Support & Development	-	5,000	5,000	-
	144,292	551,007	695,299	613,826

Scarborough and Ryedale Carers Resource
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

		Unrestricted £	Restricted £	2021 Total £	2020 Total
4.	INCOME FROM OTHER ACTIVITIES				
	Fundraising	-	-	-	8,758
	Miscellaneous income	1,139	1,454	2,593	628
		1,139	1,454	2,593	9,386
5.	INVESTMENT INCOME				
	Bank interest receivable	168	-	168	307
6.	ANALYSIS OF EXPENDITURE				
	Raising funds				
	Fundraising expenses	-	-	-	3,233
	Conferences and Networking	383	182	566	4,367
		383	182	566	7,600
	Charitable activities				
	Staff costs	55,477	503,078	558,555	461,571
	Volunteer expenses	-	1,116	1,116	1,048
	Travel expenses	162	8,803	8,966	29,683
	Premises costs	-	14,402	14,402	18,131
	Recruitment and staff training costs	2,053	2,897	4,951	4,381
	Office equipment costs	204	9,020	9,224	8,747
	Depreciation	1,199	4,686	5,885	5,234
	Communications	2,538	7,580	10,118	7,986
	Printing, stationery and postage	31	6,018	6,049	6,411
	Advertising and publicity	373	4,038	4,412	5,278
	Focus newsletter and leaflets	1,396	822	2,218	2,453
	Books, periodicals & subscriptions	1,713	513	2,226	2,140
	Insurance	210	3,466	3,676	2,598
	Carers' grants and events expenses	1,096	18,167	19,263	28,293
	Project activity expenses	569	15,904	16,473	12,767
	Sundry expenses	2,883	1,709	4,591	1,937
	Accountancy	1,944	886	2,830	2,921
	Consultancy and sessional work fees	3,147	18,943	20,991	5,908
	Legal and professional fees	879	-	879	2,927
	Bank charges	101	-	101	92
	Committee expenses	-	-	-	595
	AGM expenses	-	-	-	358
	Coronavirus costs		2,451	2,451	-
	Interest payable	3	-	3	-
		76,980	624,499	700,478	611,459
	Total	76,363	624,681	701,044	619,059

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
a share capital and registered as a charity)
NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

7. SUPPORT COSTS

	Unrestricted	Restricted	2021 Total	2020 Total
	£	£	£	£
Charitable activities:				
General office and finance staff costs	6,644	22,724	29,368	29,368
Premises costs	302	1,070	1,372	1,727
Communications	212	752	964	761
	1,345	9,705	31,704	31,856

8. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging:-

	2021	2020
Depreciation	5,885	5,234
Trustees remuneration	-	-

There were no related party transactions in the year.

9. STAFF COSTS AND NUMBERS

Staff costs were as follows:-

Wages and salaries	507,441	418,575
Social security costs	35,274	29,297
Pension	15,840	13,699
	558,555	461,571

No employee received emoluments of more than £60,000. The average number of employees during the year was 26 (2020: 21).

10. TAXATION

The company is accepted as a charity for tax purposes and is exempt from tax on its income or gains to the extent that they are applied for charitable purposes.

Scarborough and Ryedale Carers Resource
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

11. TANGIBLE FIXED ASSETS

	Plant and machinery etc.
	£
COST	
At 1 April 2020	46,251
Additions	18,111
Disposals	-
At 31 March 2021	64,363
DEPRECIATION	
At 1 April 2020	40,043
Charge for year	5,885
Eliminated on disposals	-
At 31 March 2021	45,929
NET BOOK VALUE	
At 31 March 2021	18,434
At 31 March 2020	6,208

12. DEBTORS: Amounts falling due within one year

	2021	2020
	£	£
Trade debtors	5,750	7,208
Other debtors	8,050	5,363
	13,800	12,571

13. CREDITORS: Amounts falling due within one year

	2021	2020
Performance related grants received in advance	208,532	169,786
Tax and social security	7,874	8,510
Other creditors	8,313	7,959
	224,719	186,255

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	General funds	Designated funds	Restricted funds	Total funds
Tangible fixed assets	2,962	-	15,472	18,434
Investments	-	-	-	-
Current assets	383,072	45,000	207,183	635,255
Current liabilities	(137,562)	-	(87,157)	(224,719)
	248,472	45,000	135,498	428,970

Scarborough and Ryedale Carers Resource
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

15. MOVEMENTS IN FUNDS

	Balance 1 April 2020	Incoming resources	Outgoing resources	Transfers	Balance 31 March 2021
Restricted funds					
Carers' and Holding grants	-	6,011	6,011	-	-
Big Lottery Reaching Communities	1,029	-	345	-	684
NYCC Young Carers	-	73,613	81,812	8,199	-
Action Towards Inclusion	(2,916)	41,918	40,847	-	(1,845)
NY Sport - Tackling Inequalities Fund	-	5,550	2,157	-	3,343
Capital Grants	130	-	44	-	86
Wellbeing & Prevention Service	12,589	81,904	75,593	-	18,900
Home from Hospital	12,691	91,080	78,083	-	25,688
Sirius Minerals Foundation	-	8,972	7,972	-	1,000
Youth Loneliness Project	1,321	-	1,321	-	-
Carers Respite Support & Devl Fund (YAC)	-	5,000	4,000	-	1,000
Young Carers Projects	4,164	6,028	2,975	-	7,218
Triangle Trust	165	24,895	24,311	-	750
Big Lottery Community Fund YACs	3,051	48,054	40,980	-	10,125
Hospital 2 Home	3,948	35,632	38,518	-	1,062
Caring with Active Confidence	752	5,826	4,905	-	1,673
BBC Children in Need - Starfish 2	2,860	44,861	45,259	-	2,462
Scarborough Foundation	-	8,741	6,140	-	2,600
Going Further Going Higher	2,268	2,500	2,000	-	2,768
YAC Quilters	1,183	15,850	16,549	-	484
Community Support Organisation	-	45,410	24,399	-	21,011
Coronavirus funds	-	51,547	41,550	-	9,997
Adult Mental Health	-	11,875	9,071	-	2,804
Community Connect - Big Lottery	-	42,393	41,369	-	1,024
Winter Volunteering (NHS Humber)	-	4,250	4,250	-	-
Merger	-	25,900	3,233	-	22,667
CAF Resilience Fund	-	14,984	14,984	-	-
Connecting Carers - Carers Trust	-	6,000	6,000	-	-
Total restricted funds	43,235	708,745	624,681	8,199	135,498
Unrestricted funds					
General funds	222,024	111,010	76,363	(8,199)	248,472
Designated funds for merger costs	-	45,000	-	-	45,000
Total unrestricted funds	222,024	156,010	76,363	(8,199)	293,472
Total funds	265,259	864,755	701,044	-	428,970

Scarborough and Ryedale Carers Resource
(A company limited by guarantee and not having
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Carers' grants enable local/regional/national grant giving organisations to support carers' identified needs and provide much needed financial assistance to them and their families. These are funds held on behalf of the carers.

Big Lottery Fund – Reaching Communities is a four year grant towards the costs of a further project to support adult carers (16 – 35 years old). This project finished in July 2019, the closing balance as shown at 31st March 2021 of £684 is made up of fixed assets to be depreciated in future years.

NYCC Young Carers is the contract with NYCC for providing a support service to Young Carers from 8 – 18 years of age. Trustees recognise that this project needs to be subsidised by our unrestricted reserves.

Action Towards Inclusion was originally a three-year grant funding to assist organisations to support vulnerable people (including carers) who are facing all sorts of barriers in returning to work, training or education. The lead partner is Your Consortium, and the funding is part of the national Building Opportunities programme which is jointly funded by the Big Lottery and European Social Fund. Delivery on this project finished in September 2019; we were lucky to receive an extension of the project for a further 3 years and then a second extension of 9-months to secure the project up to June 2023. The closing deficit as shown at 31st March 2021 of £1,845 plus depreciation to be charged in future years of £197 gives a total deficit of £2,042 which will be covered by future funding.

NY Sport – Tackling Inequalities is a fund aimed at developing a programme of Health & Wellbeing to Young Carers aged 8 – 18 and to help fund the costs of the Adult Caring with Active Confidence Sessions. The closing balance as shown at 31st March 2021 of £3343 is to be used in the 2021/22 financial year.

Capital Grants were grants received to cover the cost of new computer equipment and furniture. The balance on the fund at the end of the year is the net book value of the computer equipment and furniture included on the Balance Sheet under Fixed Assets. The closing balance as shown at 31st March 2021 of £86 consists of fixed assets to be depreciated in future years.

Wellbeing and Prevention service – working title of 'My Neighbourhood' – funded by NYCC, My Neighbourhood connects communities and provides support to people who may be isolated, lonely or need a bit of extra help. The service is for anyone aged 18 or over, not necessarily a carer and is delivered in partnership with Ryedale Carers Support. The closing balance as shown at 31st March 2021 of £18,900, consists of fixed assets of £1,405 to be depreciated in future years and a useable fund of £17,495.

Home from Hospital is a service for anyone aged 18 or over, to provide short-term help to those who are returning from hospital and need some support. Help includes anything from essential food shopping to organising ongoing support with other agencies. It does not provide personal care. SRCR are subcontracted by Harrogate Carers Resource to deliver Home from Hospital in the Scarborough, Whitby and Ryedale areas. The closing balance as shown at 31st March 2021 of £25,688, consists of fixed assets of £1,092 to be depreciated in future years and a useable fund of £24,596.

Scarborough and Ryedale Carers Resource
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

15. MOVEMENTS IN FUNDS

Purpose of restricted funds

Sirius Minerals Foundation is funding to help pay for extra staff time to cope with the workload of Covid-19. It also funded client bursaries and engagement packs in the Ryedale area. The closing balance as shown at 31st March 2021 of £1,000 is to be used in the 2021/22 financial year.

Youth Loneliness Project is funded by the Co-op Foundation and allows for activities and workshops around young carers managing their emotions around loneliness.

Carers Respite Support & Development Fund (YAC) is to develop a 'Young Adult Carer (YAC) Library' that will provide an online reference platform hosting many of the tools, skills and confidence-boosters needed to give our YACs the very best start to their future social mobility and progression. The closing balance as shown at 31st March 2021 of £1,000 is to be used in the 2021/22 financial year.

Young Carer Projects are funds provided by various organisations, individuals and collections specifically for work with Young Carers. The funds will provide the resources for varying purposes from fun activities to structured workshops. One of the major funding pots was provided by the Malton & Norton Rotary which let Young Carers access pots of money to aid with well-being, support with the impact of their caring role and building self-confidence. Other funders include The Mayor's Community Fund and the Whitby Endeavour Rotary. The closing balance as shown at 31st March 2021 of £7,218 to be used in the 2021/22 financial year.

Triangle Trust is a 3 year grant allowing the capacity to look at making the organization more sustainable for the future, to explore options for diversification and a broader range of funders and services. The closing balance as shown at 31st March 2021 of £750 is to be used in the 2021/22 financial year.

Big Lottery Community Fund YACs – a continuation of the Young Adult Carer project, again funded by the Big Lottery. Aimed at supporting young adult carers aged 16-25 to equip them with the confidence and skills to remedy life issues that may prevent them progressing and reaching their potential. To encourage them to see past their caring role to a future where they can achieve personally and professionally with the same opportunities as their non-caring peers. The closing balance as shown at 31st March 2021 of £10,125, consists of fixed assets of £345 to be depreciated over future years plus a useable fund of £9,780.

Hospital 2 Home is a new contract with East Riding of Yorkshire Council, providing a service similar to Home from Hospital in North Yorkshire. Short-term help for those who live in the East Riding of Yorkshire, mainly Bridlington and Driffield areas, being discharged from hospital. The contract was originally a 12-month project; we were fortunate enough to have the contract extended a further 14 months to finish March 2022. The closing balance as shown at 31st March 2021 of £1,062, consists of fixed assets of £629 to be depreciated over future years and a useable fund of £433.

Caring with Active Confidence is for carers 18+ years old, to come together to gain peer support and share experiences. Sessions are planned with carers involvement and carers help to facilitate the group as volunteers. These sessions have been mainly running virtually through Zoom when Covid-19 has prevented any face-to-face sessions. The original funding for this project came from a Carers Trust grant and we managed to secure further funding from 2 Ridings to extend sessions into 2021. The closing balance as shown at 31st March 2021 of £1,673, consists of fixed assets of £224 to be depreciated in future years and a useable fund of £1,449.

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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

15. MOVEMENTS IN FUNDS - continued

Purpose of restricted funds – continued

Starfish 2 is a three-year project funded by BBC Children in Need and carried on from the original and successful 'Starfish' Project. The project is for Young Carers and enables us to extend support we can offer through the core NYCC contract. Starfish 2 focusses on helping young carers look forward, helping them gain skills and confidence needed to move forward with their lives. Also, to empower them to help other young carers through voice and representation – to inform adults with influence. The closing balance as shown at 31st March 2021 of £2,462, consists of fixed assets of £734 to be depreciated in future years and a useable fund of £1,728.

Scarborough Foundation is for supporting Young Carers with various activities, including a monthly Youth Club and individual bursaries to Young Carers to improve their 'social mobility'. Other aspects to the funding include positive mindset coaching with an external facilitator which helped young carers with stress reduction and mental resilience. The closing balance as shown at 31st March 2021 of £2,600 is to be used in the 2021/22 financial year.

Going Further Going Higher is a 2 year project funded by Carers Trust. Only 4 Network Partners in the country were awarded the project. The project aims to increase recruitment and retention rates of YAC's in further or higher education, by empowering and training Young Adult Carers to act as Ambassadors in their colleges. They will help to create a more inclusive environment for new students who are also Young Adult Carers. The closing balance as shown at 31st March 2021 of £2,768 is to be used in the 2021/22 financial year.

YAC Quilters is another fund gained through Carers Trust for supporting Young Adult Carers through activities. This is a 9-month project to employ a dedicated activity worker to support the core service currently provided to YAC's through the Big Lottery Community Fund. This project has finished, and the closing balance as shown at 31st March 2021 of £484 consists of fixed assets to be depreciated over future years.

Community Support Organisation set up by NYCC as part of their response to the Covid-19 outbreak. A partnership between Scarborough & Ryedale Carers Resource, Ryedale Carers Support, Ryedale Community Transport to help co-ordinate a number of localised Covid-19 networks across the Ryedale area to help Ryedale communities meet the challenges of Covid-19. The closing balance as shown at 31st March 2021 of £21,011, consists of fixed assets of £500 to be depreciated over future years and a useable fund of £20,511.

Coronavirus Funds is a collection of 10 separate funding streams including 2 Ridings, Triangle Trust, NYCC, National Lottery Community Fund, Carers Trust and Ryedale District Council. The funding primarily aimed to maximise the support that Scarborough & Ryedale Carers Resource could provide during the Covid-19 pandemic. This enabled us to employ new staff and offering more hours to current members of staff. Working from home provided new challenges so the funding helped to buy new IT equipment for our staff, in particular laptops; these were necessary to help our clients whilst working in the office was not possible. Other expenditure included staff wellbeing calls, client materials and personal protective equipment. The closing balance as shown at 31st March 2021 of £9,997, consists of fixed assets of £8,517 to be depreciated over future years and a useable fund of £1,480. The main reason for high fixed asset costs was the laptops that were bought.

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NOTES TO THE FINANCIAL STATEMENTS
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15. MOVEMENTS IN FUNDS - continued

Purpose of restricted funds – continued

Adult Mental Health involved two funders – 2 Ridings and Ryedale District Council. The funding allowed us to appoint an external mental health specialist who would offer direct 1 to 1 support to our adult carers allowing us to better equip them before challenges took hold. The closing balance as shown at 31st March 2021 of £2,804 will be used in the 2021/22 financial year.

Community Connect was funding by the Big Lottery. This paid for a community link worker and a volunteer co-ordinator for a six-month period. The project is completed, the closing balance as shown at 31st March 2021 of £1,024 consists of fixed assets to be depreciated in future years.

Winter Volunteering from NHS Humber was funding for the deployment of a volunteer coordinator to recruit and focus volunteer support in Malton Hospital. The funding originally covered 4 months over the winter period until 31st March 2021, but we were fortunate to have this extended a further 6 months.

Merger funding was an NYCC Stronger Communities grant to help pay for the Scarborough Ryedale Carers Resource and Hambleton & Richmondshire Carers Centre merger. There was also a contribution from each of the respective organisations. The funding helped pay for consultancy, HR support, IT support, website and brand development. The closing balance as shown at 31st March 2021 of £22,667 will be used in the 2021/22 financial year.

CAF Resilience was a fund that secured external welfare support & clinical supervision for staff, supporting their positive wellbeing & good mental health. It also added crucial support hours & capacity to our young adult carer team and our specialist mental health adviser time.

Connecting Carers was a Carers Trust grant to facilitate the continued use of digital platforms to connect with many of our carers. Covid-19 meant many of our carers became increasingly isolated, this funding helped pay for IT equipment such as Wi-Fi dongles so that the carers could participate in Zoom sessions.

16. PENSION CONTRIBUTIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions payable by the charity to the scheme for the year totalled £15,840 (2020: £13,699).

At 31 March 2021 pension contributions payable by the charity to the scheme totalling £nil (2020: £nil) were outstanding and are included in other creditors.

Scarborough and Ryedale Carers Resource
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NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 March 2021

17. ANNUAL COMMITMENTS UNDER OPERATING LEASES

At 31 March 2021, the charity had an annual operating lease commitment which expires as follows:-

	2021	2020
Land and buildings – within one year	12,000	-
– within two to five years	-	12,000
– more than five years	-	-
	======	======

The charity renewed its six year lease on premises in Snainton in April 2015 for a further six years, with a break clause after three years.

Other – within one year	-	-
– within two to five years	1,486	1,452
	======	======

The lease on the franking machine runs for a minimum period of 6 years from May 2011, and the lease for the photocopier was taken out in February 2013 for a minimum period of 5 years.

18. POST BALANCE SHEET EVENT

After the Balance Sheet date, the Charity underwent a merger with Hambleton & Richmondshire Carers Centre. The merger was undertaken in order to strengthen the Charity's offering to its clients and partners across a significant part of North Yorkshire. The transition of services across Hambleton & Richmondshire will be led by the Charity whilst maintaining services in Scarborough, Whitby and Ryedale.

Scarborough and Ryedale Carers Resource
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INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2021

		2021	2020
Income		£	£
	NYCC Carers' Resource service	217,297	213,299
	Carers' grants	9,408	5,740
	Other grants	426,201	369,949
	Donations	10,714	18,550
	Fundraising events	-	8,758
	Coronavirus funds	132,788	-
	Miscellaneous income	2,593	628
	Big Lottery Fund – Young Adult Carers	42,393	19,318
	BBC Children in Need	-	5,520
	Merger Income	20,900	-
	Interest receivable	168	307
		862,462	642,069
Oher Income			
	Furlough grant	2,293	-
		2,293	-
less:	Expenses		
	Salaries and wages	542,715	447,872
	Pensions	15,840	13,699
	Volunteer expenses	1,116	1,048
	Travel expenses	8,966	29,683
	Rent	12,000	12,000
	Heat, light and power	2,230	1,839
	Water rates	172	187
	Recruitment expenses	562	1,114
	Staff training costs	4,389	3,267
	Committee expenses	-	595
	AGM expenses	-	358
	Fundraising expenses	-	3,233
	Buildings maintenance	372	4,105
	Office equipment maintenance	8,068	7,362
	Equipment leasing	1,156	1,385
	Photocopier charges	1,102	1,873
	Postage	3,073	2,295
	Telephone and internet	10,118	7,986
	Books, periodicals and subscriptions	2,226	2,140
	Printing and stationery	2,976	2,243
	Advertising and publicity	4,412	5,278
	Cleaning	644	761
	Insurance	3,676	2,598
	Focus newsletter	2,218	1,298
	Leaflets	-	1,155
	Accountancy	2,830	2,921
	Consultancy fees	22,091	5,908
	Legal and professional fees	879	2,927
	Conferences and networking expenses	566	4,367

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INCOME AND EXPENDITURE ACCOUNT *(Continued)*
for the year ended 31 March 2021

Bank charges	101	92
Carers' events	5,841	11,294
Carers' expenses	7,424	11,270
Carers' grants	5,998	5,729
Project activities & related expenses	16,473	12,767
Coronavirus	2,451	-
Miscellaneous expenses	2,471	1,176
Interest payable	3	-
Depreciation	5,885	5,234
	701,044	619,059
SURPLUS OF INCOME OVER EXPENDITURE	163,711	23,010