

Charity registration number 1045849 (England and Wales)

Company registration number 03027095

**COLCHESTER HAS ACTIVE PROSTATE SUPPORT**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs Marie Taylor S P Green J H Schultz Prof Christopher Booth Mark Passmore
<b>Secretary</b>	Mrs Marie Taylor
<b>Charity number (England and Wales)</b>	1045849
<b>Company number</b>	03027095
<b>Registered office</b>	2 Beacon End Courtyard London Road Stanway Colchester Essex England CO3 0NU
<b>Independent examiner</b>	Louise Worby ACA CTA Richard Sexton & Co. LLP St Margaret's Manor Road Colchester Essex
<b>Solicitors</b>	Ellisons Wherestead Park The Street Wherestead Ipswich Suffolk IP9 2BJ

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# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

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# **COLCHESTER HAS ACTIVE PROSTATE SUPPORT**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**

**FOR THE YEAR ENDED 31 MARCH 2025**

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The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

### **Objectives and activities**

#### **Objectives and aims**

The charity's principal purpose is the promotion of awareness of men's health issues, in particular prostate cancer. This is done by giving talks to men's organisations, publishing a comprehensive Men's Health booklet, a Men's Health Passport and Prostate Cancer leaflets which are also downloadable free from our website. The website covers all aspects of men's health, advertises our NHS Health Check and Prostate Screening events provides up to date information on topical or controversial subjects such as prostate cancer screening. This work and activities cited below are scheduled to continue indefinitely.

#### **Grantmaking**

Grants are made to appropriate local groups or individuals who research into and promote awareness of Men's Health and related conditions. No such grants were made in the current year.

#### **Public benefit**

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

### **Achievements and performance**

#### **Business Review**

The charity is run by the trustees who receive no fees for their work in this capacity, with only bona-fide, charity-related expenses being reimbursed.

The trustees are satisfied with the charity's activities and level of donations and remuneration received in the year. In the next year the charity expects to continue the pursuit of its objectives.

During this last financial year, in addition to the activities cited above, and despite the limitations of Covid, the charity has greatly increased its activity and run over 30 major health events at various venues across England, but mainly in East Anglia, London and the Home Counties, providing health screening for heart and stroke risk, skin cancer but principally for prostate cancer (PCa). The charity has also participated in a number of minor events to raise awareness and continues to expand.

In 2021 the charity commenced a National Prostate Cancer Screening Project in collaboration with the National Federation of Prostate Cancer Support Groups to promote and provide an increased level of prostate cancer screening at a national level, principally with 11 Masonic Grand Lodges of Freemasons. In collaboration with other charities, nearly half of the Masonic Lodges in England offer PCa screening. This Project has now received the full support of the European Association of Urology and the Clinical Director serves on the EU Scientific Advisory Board for PCa Screening in Europe. The charity is playing an increasingly national leadership role as it continues to collaborate and recruit more UK organisations, including 3 universities and major employers in response to a lack of a UK national PCa screening programme. The charity has extended its activities to Northern Ireland.

In 2024 the Charity ran the UK's first conference on PCa Screening in London and is repeating the conference in early 2026.

In 2024 the Charity recruited a Research Officer and in 2025 will recruit a Clinical Nurse Specialist as it continues to expand its activities.

The charity is collaborating with researchers and laboratories to introduce new biomarkers for PCa.

### **Financial review**

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

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### Reserves policy

The balance on the Statement of Financial Activities represents the free reserves of the charity. The balance is made up from the surplus funds that have accumulated since the charity was created. It is the intention of the trustees that the level of reserves will cover the expenditure of the charity for a minimum of six months.

### Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs Marie Taylor

S P Green

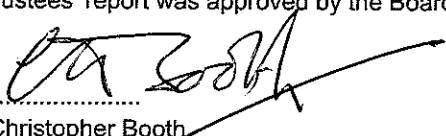
J H Schultz

Prof Christopher Booth

Mark Passmore

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



Prof Christopher Booth

Trustee

Date: 12/12/2025

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF COLCHESTER HAS ACTIVE PROSTATE SUPPORT

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I report to the trustees on my examination of the financial statements of Colchester Has Active Prostate Support (the charity) for the year ended 31 March 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.


Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006;
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Louise Worby ACA CTA**  
Richard Sexton & Co. LLP  
St Margaret's  
Manor Road  
Colchester  
Essex

Date: .....

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Income from:</b>			
Donations and legacies	2	200,446	116,679
<b>Total income</b>		<u>200,446</u>	<u>116,679</u>
<b>Expenditure on:</b>			
Raising funds		68,445	43,957
Charitable activities	3	105,528	63,552
<b>Total expenditure</b>		<u>173,973</u>	<u>107,509</u>
<b>Net income and movement in funds</b>		26,473	9,170
<b>Reconciliation of funds:</b>			
Fund balances at 1 April 2024		63,292	54,122
<b>Fund balances at 31 March 2025</b>		<u>89,765</u>	<u>63,292</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
<b>Current assets</b>					
Debtors	9	8,665		5,624	
Cash at bank and in hand		89,546		67,063	
		<u>98,211</u>		<u>72,687</u>	
<b>Creditors: amounts falling due within one year</b>	10	<u>(8,446)</u>		<u>(9,395)</u>	
<b>Net current assets</b>			<u>89,765</u>		<u>63,292</u>
<b>The funds of the charity</b>					
Unrestricted funds	11		<u>89,765</u>		<u>63,292</u>
			<u>89,765</u>		<u>63,292</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 12/12/25

  
Prof Christopher Booth  
Trustee

Company registration number 03027095 (England and Wales)



# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

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### 1 Accounting policies

#### Charity information

Colchester Has Active Prostate Support is a private company limited by guarantee incorporated in England and Wales. The registered office is 2 Beacon End Courtyard, London Road, Stanway, Colchester, Essex, CO3 0NU, England.

#### 1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

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### 1 Accounting policies

(Continued)

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	33.33% on cost
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 2 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	66,850	49,860
Grants	133,596	66,819
	<u>200,446</u>	<u>116,679</u>

### 3 Expenditure on charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Direct costs</b>		
Men's Health Day	77,021	53,946
Event costs	8,363	-
Advertising	540	720
Postage and stationery	19,604	8,886
	<u>105,528</u>	<u>63,552</u>
<b>Analysis by fund</b>		
Unrestricted funds - general	<u>105,528</u>	<u>63,552</u>

### 4 Support costs allocated to activities

	2025 £	2024 £
Insurance	488	477
Travel	2,178	3,331
Subscriptions	481	288
Secretarial fees	1,800	1,800
Office costs	1,256	-
Development management costs	43,400	24,550
Research and collation costs	17,850	12,708
Entertaining	254	-
Governance costs	738	803
	<u>68,445</u>	<u>43,957</u>
<b>Analysed between:</b>		
Fundraising	<u>68,445</u>	<u>43,957</u>

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

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<b>5</b>	<b>Net movement in funds</b>	<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the independent examination of the charity's financial statements	738	803
		<u>738</u>	<u>803</u>

### 6 Trustees

During the year C M Booth was reimbursed £6,088 (2024 - £1,378) in respect of expenses incurred on behalf of the charity.

During the year £1,800 (2024 - £1,800) was paid to Mrs M C Taylor for secretarial services provided to the charity. No other fees were paid to any other trustee.

### 7 Employees

The average monthly number of employees during the year was:

	<b>2025</b>	<b>2024</b>
	<b>Number</b>	<b>Number</b>
Total	-	-
	<u>-</u>	<u>-</u>

During the year there were 3 self-employed individuals and 20 volunteers who undertook work on behalf of the charity.

There were no employees whose annual remuneration was more than £60,000.

### 8 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

### 9 Debtors

	<b>2025</b>	<b>2024</b>
<b>Amounts falling due within one year:</b>	<b>£</b>	<b>£</b>
Trade debtors	8,615	5,507
Prepayments and accrued income	50	117
	<u>8,665</u>	<u>5,624</u>

# COLCHESTER HAS ACTIVE PROSTATE SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

### 10 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	3,824	3,965
Accruals and deferred income	4,622	5,430
	<u>8,446</u>	<u>9,395</u>

### 11 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	63,292	200,446	(173,973)	89,765
	<u>63,292</u>	<u>200,446</u>	<u>(173,973)</u>	<u>89,765</u>
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2024 £</b>
General funds	54,122	116,679	(107,509)	63,292
	<u>54,122</u>	<u>116,679</u>	<u>(107,509)</u>	<u>63,292</u>

### 12 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

## COLCHESTER HAS ACTIVE PROSTATE SUPPORT

### PROFIT AND LOSS ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2025**

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		<b>2025</b>	<b>2024</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
Cost of sales		26,473	9,170
Taxation	8	-	-
<b>Profit for the financial year</b>		<u>26,473</u>	<u>9,170</u>
<b>Total comprehensive income for the year</b>		<u>26,473</u>	<u>9,170</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.