

REGISTERED COMPANY NUMBER: 03027095 (England and Wales)
REGISTERED CHARITY NUMBER: 1045849

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2024
for
Colchester Has Active Prostate Support

Richard Sexton & Co. LLP
St Margaret's
Manor Road
Colchester
Essex

Colchester Has Active Prostate Support

Contents of the Financial Statements
for the Year Ended 31 March 2024

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5
Notes to the Financial Statements	6 to 9

Colchester Has Active Prostate Support

Report of the Trustees for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's principal purpose is the promotion of awareness of men's health issues, in particular prostate cancer. This is done by giving talks to men's organisations, publishing a comprehensive Men's Health booklet, a Men's Health Passport, and Prostate Cancer leaflets which are also downloadable free from our website. The website covers all aspects of men's health, advertises our NHS Health Check and Prostate Cancer Screening events and provides up to date information on topical or controversial subjects such as prostate cancer screening. This work and activities cited below are scheduled to continue indefinitely.

Grantmaking

Grants are made to appropriate local groups or individuals who research into and promote awareness of Men's Health and related conditions. No such grants were made in the current year.

Members and Liability

The liability of the members is limited to £1 per member. At the 31 March 2024 there were five members.

ACHIEVEMENT AND PERFORMANCE

Business Review

The charity is run by the Trustees who receive no fees for their work in this capacity, with only bona-fide, charity-related expenses being reimbursed.

The trustees are satisfied with the charity's activities and level of donations and remuneration received in the year. In the next year the charity expects to continue the pursuit of these objectives.

During this last financial year, in addition to the activities cited above, and despite the imitations of Covid, the charity has greatly increased its activity and run over 30 major health events at various venues across England, mainly in East Anglia, London and the Home Counties, providing health screening for heart and stroke risk, skin cancer but principally for prostate cancer (PCa). The charity has also participated in a number of minor events to raise awareness.

In 2021 the charity commenced a National Prostate Cancer Screening Project in collaboration with the National Federation of Prostate Cancer Support Groups to promote and provide an increased level of prostate cancer screening at a national level, principally with 10 Masonic Grand Lodges of Freemasons. In collaboration with other charities, nearly half of the Masonic Provinces in England offer PCa screening. This Project has now received the full support of the European Association of Urology and the Clinical Director serves on the EU Scientific Advisory Board for PCa screening in Europe. The charity is playing an increasingly national leadership role as it continues to collaborate and recruit more UK organisations, including 3 universities and major employers, in response to a lack of a UK national PCa screening programme. The charity is extending its activities to Northern Ireland.

The charity is collaborating with researchers and laboratories to introduce new biomarkers for PCa.

FINANCIAL REVIEW

Reserves policy

The balance on the Statement of Financial Activities represents the free reserves of the charity. The balance is made up from the surplus funds that have accumulated since the charity was created. It is the intention of the trustees that the level of reserves will cover the expenditure of the charity for a minimum of six months.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Colchester Has Active Prostate Support

Report of the Trustees
for the Year Ended 31 March 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03027095 (England and Wales)

Registered Charity number
1045849

Registered office
2 Beacon End Courtyard
London Road
Stanway
Colchester
Essex
CO3 0NU

Trustees
C M Booth
M I W Passmore
Mrs M C Taylor
S P Green
J H Schultz
F B Tiller (appointed 11.6.24)

Company Secretary
Mrs M C Taylor

Independent Examiner
Kenneth Simpson ACA
Richard Sexton & Co. LLP
St Margaret's
Manor Road
Colchester
Essex

Solicitors
Ellisons
Wherstead Park
The Street
Wherstead
Ipswich
Suffolk
IP9 2BJ

Approved by order of the board of trustees on 19 November 2024 and signed on its behalf by:

C M Booth - Trustee

A handwritten signature in black ink, appearing to be 'C M Booth', with a long horizontal stroke extending to the right.

Independent Examiner's Report to the Trustees of
Colchester Has Active Prostate Support

Independent examiner's report to the trustees of Colchester Has Active Prostate Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

K G Simpson

Kenneth Simpson ACA

Richard Sexton & Co. LLP
St Margaret's
Manor Road
Colchester
Essex

Date: 19/11/2024

Colchester Has Active Prostate Support

Statement of Financial Activities for the Year Ended 31 March 2024

	Notes	31.3.24 Unrestricted funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		49,861	63,847
Charitable activities			
Men's health awareness		66,819	33,470
Total		<u>116,680</u>	<u>97,317</u>
EXPENDITURE ON			
Charitable activities			
Men's health awareness		106,707	59,456
General		803	7,639
Total		<u>107,510</u>	<u>67,095</u>
NET INCOME		9,170	30,222
RECONCILIATION OF FUNDS			
Total funds brought forward		54,122	23,900
TOTAL FUNDS CARRIED FORWARD		<u><u>63,292</u></u>	<u><u>54,122</u></u>

The notes form part of these financial statements

Colchester Has Active Prostate Support

Balance Sheet
31 March 2024

	Notes	31.3.24 Unrestricted funds £	31.3.23 Total funds £
CURRENT ASSETS			
Debtors	6	5,623	2,718
Cash at bank		67,063	54,932
		<u>72,686</u>	<u>57,650</u>
CREDITORS			
Amounts falling due within one year	7	(9,394)	(3,528)
NET CURRENT ASSETS		<u>63,292</u>	<u>54,122</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		63,292	54,122
NET ASSETS		<u>63,292</u>	<u>54,122</u>
FUNDS	8		
Unrestricted funds		63,292	54,122
TOTAL FUNDS		<u>63,292</u>	<u>54,122</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19 November 2024 and were signed on its behalf by:

C M Booth - Trustee



The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation - owned assets	-	546
Independent examination	690	672
	<u>690</u>	<u>672</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

During the year £1,800 (2023 - £1,800) was paid to Mrs M C Taylor for secretarial services provided to the charity. No other fees were paid to any other trustee.

Trustees' expenses

During the year C Booth was reimbursed £1,378 (2023 - £6,723) in respect of expenses incurred on behalf of the charity.

4. STAFF COSTS

During the year there were 3 self-employed individuals and 20 volunteers who undertook work on behalf of the charity.

5. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 April 2023 and 31 March 2024	24,126
DEPRECIATION	
At 1 April 2023 and 31 March 2024	24,126
NET BOOK VALUE	
At 31 March 2024	-
At 31 March 2023	-

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Trade debtors	5,506	2,529
Prepayments	117	189
	<u>5,623</u>	<u>2,718</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	3,965	2,776
Accrued expenses	5,429	752
	<u>9,394</u>	<u>3,528</u>

8. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	54,122	9,170	63,292
TOTAL FUNDS	<u>54,122</u>	<u>9,170</u>	<u>63,292</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	116,680	(107,510)	9,170
TOTAL FUNDS	<u>116,680</u>	<u>(107,510)</u>	<u>9,170</u>

Comparatives for movement in funds

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
General fund	23,900	30,222	54,122
TOTAL FUNDS	<u>23,900</u>	<u>30,222</u>	<u>54,122</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	97,317	(67,095)	30,222
TOTAL FUNDS	<u>97,317</u>	<u>(67,095)</u>	<u>30,222</u>

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	23,900	39,392	63,292
TOTAL FUNDS	<u>23,900</u>	<u>39,392</u>	<u>63,292</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	213,997	(174,605)	39,392
TOTAL FUNDS	<u>213,997</u>	<u>(174,605)</u>	<u>39,392</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.