

REGISTERED COMPANY NUMBER: 03027095 (England and Wales)
REGISTERED CHARITY NUMBER: 1045849

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2023
for
Colchester Has Active Prostate Support

Richard Sexton & Co. LLP
St Margaret's
Manor Road
Colchester
Essex

Colchester Has Active Prostate Support

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for the Year Ended 31 March 2023

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Report of the Trustees
for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's principal purpose is the promotion of awareness of men's health issues, in particular prostate cancer. This is done by giving talks to men's organisations, publishing a comprehensive Men's Health booklet and a Men's Health Passport which are also downloadable free from our website. The website covers all aspects of men's health, advertises our NHS Health Check and Prostate Cancer Screening events and provides up to date information on topical or controversial subjects such as prostate cancer screening. This work and activities cited below are scheduled to continue indefinitely.

Grantmaking

Grants are made to appropriate local groups or individuals who research into and promote awareness of Men's Health and related conditions. No such grants were made in the current year.

Members and Liability

The liability of the members is limited to £1 per member. At the 31 March 2023 there were five members.

ACHIEVEMENT AND PERFORMANCE

Business Review

The charity is run by the Trustees who receive no fees for their work in this capacity, with only bona-fide, charity-related expenses being reimbursed.

The trustees are satisfied with the charity's activities and level of donations and remuneration received in the year. In the next year the charity expects to continue the pursuit of these objectives.

During this last financial year, in addition to the activities cited above, the charity has further increased its activity and run 27 major health events at various venues across England, mainly in East Anglia, London and the Home Counties, providing health screening for aortic aneurysms, heart and stroke risk, skin cancer but principally for prostate cancer (PCa). During this period 3,029 men were screened for PCa, detecting abnormal, potentially cancerous results in 255 men, nearly 10% of those tested. The charity has also participated in a number of minor events to raise awareness.

In 2021 the charity commenced a National Prostate Cancer Screening Project in collaboration with the National Federation of Prostate Cancer Support Groups to promote and provide an increased level of prostate cancer screening at a national level, principally with the Metropolitan Grand Lodge and six Provincial Grand Lodges of Freemasons. In collaboration with other charities, nearly half of the Masonic Provinces in England offer PCa screening. This Project has now received the full support of the European Association of Urology and serves on the EU Clinical Advisory Board for PCa screening in Europe. The charity is playing an increasingly national leadership role as it continues to collaborate and recruit more UK organisations, including 3 universities, in response to a lack of a UK national PCa screening programme.

FINANCIAL REVIEW

Reserves policy

The balance on the Statement of Financial Activities represents the free reserves of the charity. The balance is made up from the surplus funds that have accumulated since the charity was created. It is the intention of the trustees that the level of reserves will cover the expenditure of the charity for a minimum of six months.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Colchester Has Active Prostate Support (Registered number: 03027095)

Report of the Trustees
for the Year Ended 31 March 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03027095 (England and Wales)

Registered Charity number
1045849

Registered office
2 Beacon End Courtyard
London Road
Sianway
Colchester
Essex
CO3 0NU

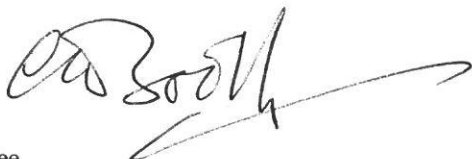
Trustees
C M Booth
M I W Passmore
Mrs M C Taylor
S P Green
J H Schultz

Company Secretary
Mrs M C Taylor

Independent Examiner
Kenneth Simpson ACA
Richard Sexton & Co. LLP
St Margaret's
Manor Road
Colchester
Essex

Solicitors
Ellisons
Wherstead Park
The Street
Wherstead
Ipswich
Suffolk
IP9 2BJ

Approved by order of the board of trustees on 21 September 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'C M Booth', with a long horizontal stroke extending to the right.

C M Booth - Trustee

Independent Examiner's Report to the Trustees of
Colchester Has Active Prostate Support

Independent examiner's report to the trustees of Colchester Has Active Prostate Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

K G Simpson,

Kenneth Simpson ACA

Richard Sexton & Co. LLP
St Margaret's
Manor Road
Colchester
Essex

Date: 21 Sept 2023

Colchester Has Active Prostate Support

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	31.3.23 Unrestricted funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		63,847	23,581
Charitable activities			
Men's health awareness		33,470	40,367
Total		<u>97,317</u>	<u>63,948</u>
EXPENDITURE ON			
Charitable activities			
Men's health awareness		59,456	50,837
General		7,639	1,432
Total		<u>67,095</u>	<u>52,269</u>
NET INCOME		30,222	11,679
RECONCILIATION OF FUNDS			
Total funds brought forward		23,900	12,221
TOTAL FUNDS CARRIED FORWARD		<u><u>54,122</u></u>	<u><u>23,900</u></u>

Balance Sheet

31 March 2023

	Notes	31.3.23 Unrestricted funds £	31.3.22 Total funds £
FIXED ASSETS			
Tangible assets	4	-	546
CURRENT ASSETS			
Debtors	5	2,718	3,341
Cash at bank		54,932	22,481
		<u>57,650</u>	<u>25,822</u>
CREDITORS			
Amounts falling due within one year	6	(3,528)	(2,468)
NET CURRENT ASSETS		<u>54,122</u>	<u>23,354</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		54,122	23,900
NET ASSETS		<u>54,122</u>	<u>23,900</u>
FUNDS	7		
Unrestricted funds		54,122	23,900
TOTAL FUNDS		<u>54,122</u>	<u>23,900</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 September 2023 and were signed on its behalf by:



C M Booth - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Depreciation - owned assets	546	647
Independent examination	672	750
	<u> </u>	<u> </u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

3. TRUSTEES' REMUNERATION AND BENEFITS

During the year £1,800 (2022 - £1,800) was paid to Mrs M C Taylor for secretarial services provided to the charity and £nil (2022: £nil) was paid to C M Booth for lecture fees.

'Trustees' expenses

During the year C Booth was reimbursed £6,723 (2022 - £1,697) in respect of expenses incurred on behalf of the charity.

4. TANGIBLE FIXED ASSETS

	Piant and machinery £
COST	
At 1 April 2022 and 31 March 2023	24,126
DEPRECIATION	
At 1 April 2022	23,580
Charge for year	546
At 31 March 2023	24,126
NET BOOK VALUE	
At 31 March 2023	-
At 31 March 2022	546

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade debtors	2,529	2,574
Other debtors	-	767
Prepayments	189	-
	<u>2,718</u>	<u>3,341</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	2,776	1,807
Accrued expenses	752	661
	<u>3,528</u>	<u>2,468</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

7. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	23,900	30,222	54,122
TOTAL FUNDS	<u>23,900</u>	<u>30,222</u>	<u>54,122</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	97,317	(67,095)	30,222
TOTAL FUNDS	<u>97,317</u>	<u>(67,095)</u>	<u>30,222</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	12,221	11,679	23,900
TOTAL FUNDS	<u>12,221</u>	<u>11,679</u>	<u>23,900</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,948	(52,269)	11,679
TOTAL FUNDS	<u>63,948</u>	<u>(52,269)</u>	<u>11,679</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	12,221	41,901	54,122
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>12,221</u>	<u>41,901</u>	<u>54,122</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	161,265	(119,364)	41,901
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>161,265</u>	<u>(119,364)</u>	<u>41,901</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.