

**REGISTERED COMPANY NUMBER: 03027095 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1045849**

Report of the Trustees and  
Financial Statements for the Year Ended 31 March 2021  
for  
Colchester Has Active Prostate Support

Richard Sexton & Co  
St Margaret's  
Manor Road  
Colchester  
Essex

Colchester Has Active Prostate Support

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for the Year Ended 31 March 2021

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## Colchester Has Active Prostate Support

### Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The charity's principal purpose is the promotion of awareness of men's health issues, in particular prostate cancer. This is done by giving talks to men's organisations, publishing a comprehensive Men's Health booklet and a Men's Health Passport which are also downloadable free from our website. The website covers all aspects of men's health, advertises our events and provides up to date information on topical or controversial subjects such as prostate cancer screening. This work and activities cited below are scheduled to continue through indefinitely.

### **Grantmaking**

Grants are made to appropriate local groups or individuals who research into and promote awareness of Men's Health and related conditions. No such grants were made in the current year.

### **Members and Liability**

The liability of the members is limited to £1 per member. At the 31 March 2021 there were 5 members.

## **ACHIEVEMENT AND PERFORMANCE**

### **Business Review**

The charity is run by the Trustees who receive no fees for their work in this capacity, with only bona-fide, charity-related expenses being reimbursed.

The trustees are satisfied with the charity's activities and level of donations and remuneration received in the year. In the next year the charity expects to continue the pursuit of its objectives.

During this last financial year, in addition to the activities cited above, and despite the limitations of Covid, the charity has run fifteen major health events at various venues across England, mainly in Essex and Suffolk, providing health screening for aortic aneurysms, heart and stroke risk, skin cancer, and prostate cancer; for this last year 1,228 men were screened, detecting 102 abnormal results. The charity has also participated in a number of minor events to raise awareness.

In 2021 the charity has commenced a National Prostate Cancer Screening Project in collaboration with the National Federation of Prostate Cancer Support Groups to promote and provide an increased level of prostate cancer screening at a national level, principally with the Metropolitan Grand Lodge, Essex and Suffolk Provincial Grand Lodges of Freemasons. The charity continues to collaborate with other charities in response to a lack of positive screening proposals from the UK National Screening Committee.

## **FINANCIAL REVIEW**

### **Reserves policy**

The balance on the Statement of Financial Activities represents the free reserves of the charity. The balance is made up from the surplus funds that have accumulated since the charity was created. It is the intention of the trustees that the level of reserves will cover the expenditure of the charity for a minimum of six months.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Company number**

03027095 (England and Wales)

Colchester Has Active Prostate Support

Report of the Trustees  
for the Year Ended 31 March 2021

**Registered Charity number**  
1045849

**Registered office**  
2 Beacon End Courtyard  
London Road  
Stanway  
Colchester  
Essex  
CO3 0NU

**Trustees**  
C M Booth  
M I W Passmore  
Mrs M C Taylor  
S P Green  
J H Schultz

**Company Secretary**  
J Pulham

**Independent Examiner**  
Kenneth Simpson ACA  
Richard Sexton & Co  
St Margaret's  
Manor Road  
Colchester  
Essex

**Solicitors**  
Pulham & Co  
Egmere House  
Market Place  
Saxmundham  
Suffolk  
IP17 1AG

Approved by order of the board of trustees on ..... 16/12/21 ..... and signed on its behalf by:

C M Booth - Trustee

Independent Examiner's Report to the Trustees of  
Colchester Has Active Prostate Support

**Independent examiner's report to the trustees of Colchester Has Active Prostate Support ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kenneth Simpson ACA  
Richard Sexton & Co  
St Margaret's  
Manor Road  
Colchester  
Essex

Date: 16 / 12 / 2021

Colchester Has Active Prostate Support

Statement of Financial Activities  
for the Year Ended 31 March 2021

	Notes	31.3.21 Unrestricted funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		9,064	47,989
<b>Charitable activities</b>			
Men's health awareness		6,960	36,221
<b>Total</b>		<u>16,024</u>	<u>84,210</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Men's health awareness		35,644	58,750
General		1,282	1,036
<b>Total</b>		<u>36,926</u>	<u>59,786</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(20,902)</u>	<u>24,424</u>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		33,123	8,699
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>12,221</u></u>	<u><u>33,123</u></u>

The notes form part of these financial statements

Colchester Has Active Prostate Support

Balance Sheet  
31 March 2021

	Notes	31.3.21 Unrestricted funds £	31.3.20 Total funds £
<b>FIXED ASSETS</b>			
Tangible assets	4	1,193	1,839
<b>CURRENT ASSETS</b>			
Debtors	5	767	8,179
Cash at bank		12,232	23,957
		<u>12,999</u>	<u>32,136</u>
<b>CREDITORS</b>			
Amounts falling due within one year	6	(1,971)	(852)
<b>NET CURRENT ASSETS</b>		<u>11,028</u>	<u>31,284</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		12,221	33,123
<b>NET ASSETS</b>		<u>12,221</u>	<u>33,123</u>
<b>FUNDS</b>	7		
Unrestricted funds		12,221	33,123
<b>TOTAL FUNDS</b>		<u>12,221</u>	<u>33,123</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Colchester Has Active Prostate Support

Balance Sheet - continued  
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....16/12/21..... and were signed on its behalf by:

C M Booth - Trustee

The notes form part of these financial statements



## Colchester Has Active Prostate Support

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 33% on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### 2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	646	101
Independent examination	600	600
	<u>600</u>	<u>600</u>

Colchester Has Active Prostate Support

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**3. TRUSTEES' REMUNERATION AND BENEFITS**

During the year £1,800 (2020 - £1,800) was paid to Mrs M C Taylor for secretarial services provided to the charity and £nil (2020: £3,300) was paid to C M Booth for lecture fees.

**Trustees' expenses**

During the year C Booth was reimbursed £438 (2020 - £5,176) in respect of expenses incurred on behalf of the charity.

**4. TANGIBLE FIXED ASSETS**

	Plant and machinery £
<b>COST</b>	
At 1 April 2020 and 31 March 2021	24,126
<b>DEPRECIATION</b>	
At 1 April 2020	22,287
Charge for year	646
At 31 March 2021	22,933
<b>NET BOOK VALUE</b>	
At 31 March 2021	1,193
At 31 March 2020	1,839

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Trade debtors	-	7,412
Other debtors	767	767
	<u>767</u>	<u>8,179</u>

Colchester Has Active Prostate Support

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Trade creditors	1,370	-
Accrued expenses	601	852
	<u>1,971</u>	<u>852</u>

**7. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	33,123	(20,902)	12,221
<b>TOTAL FUNDS</b>	<u>33,123</u>	<u>(20,902)</u>	<u>12,221</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	16,024	(36,926)	(20,902)
<b>TOTAL FUNDS</b>	<u>16,024</u>	<u>(36,926)</u>	<u>(20,902)</u>

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	8,699	24,424	33,123
<b>TOTAL FUNDS</b>	<u>8,699</u>	<u>24,424</u>	<u>33,123</u>

Colchester Has Active Prostate Support

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**7. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	84,210	(59,786)	24,424
<b>TOTAL FUNDS</b>	<u>84,210</u>	<u>(59,786)</u>	<u>24,424</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	8,699	3,522	12,221
<b>TOTAL FUNDS</b>	<u>8,699</u>	<u>3,522</u>	<u>12,221</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	100,234	(96,712)	3,522
<b>TOTAL FUNDS</b>	<u>100,234</u>	<u>(96,712)</u>	<u>3,522</u>

**8. RELATED PARTY DISCLOSURES**

At the 31 March 2021 C M Booth (trustee) owed the charity £767 (2020: £767).