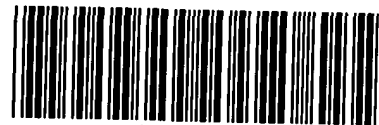


REGISTERED COMPANY NUMBER: 03030938 (England and Wales)  
REGISTERED CHARITY NUMBER: 1045123

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**  
**FOR**  
**WEST WALES ACTION FOR MENTAL HEALTH**

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04/09/2024

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COMPANIES HOUSE

Charles & Co  
Chartered Certified Accountants  
3 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

**WEST WALES ACTION FOR MENTAL HEALTH**

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**FOR THE YEAR ENDED 31 MARCH 2024**

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# **WEST WALES ACTION FOR MENTAL HEALTH**

## **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

Our charity's objectives are to promote and protect mental health and assist those suffering from mental health conditions or otherwise requiring advice or treatment in Carmarthenshire, Pembrokeshire & Ceredigion, providing and assisting in the provision of support, treatment, advice, training and such other services as the trustees may determine from time to time.

Our mission is to improve mental health across West Wales and we do this by delivering the following core functions:-

- 1) Development & Consultancy
- 2) Facilitating joint working
- 3) Information
- 4) Training Services
- 5) Health promotion
- 6) Service User and Carer Involvement

#### **Public benefit**

Our main activities and those we try to help are described below. All activities undertaken are to further our charitable purposes for the public benefit.

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard for the public benefit guidance published by The Charity Commission for England and Wales.

### **FINANCIAL REVIEW**

#### **Principal funding sources**

The charity's main funders in relation to our core functions are; The Welsh Government via Hywel Dda Health Board, Carmarthenshire County Council and Ceredigion and Pembrokeshire County Councils.

#### **Reserves policy**

The charity recognises and accepts its responsibilities as a charity, a company limited by guarantee and an employer to protect the financial viability and continuation of the organisation. In accordance with good practice it is agreed that monies are allocated towards a reserve.

The purpose of the reserve is to ensure cash flow, provide the opportunity to attract alternative funding should existing funding be subject to cutbacks and to ensure that in the event of funding being ceased, the organisation would still be able to fulfill its financial and legal obligations upon winding up.

As at the 31st March 2024, West Wales Action for Mental Health (WWAMH) has £166,062 of unrestricted funds, included within this is £31,000 designated funds.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **Recruitment and appointment of new trustees**

Trustees are identified via word of mouth, CV's or by previous knowledge having come into contact with them during the course of our work.

#### **Organisational structure**

We have a board of trustees that meet every two months to administer the charity. The director is employed by the WWAMH board to manage the day to day running of the charity.

## WEST WALES ACTION FOR MENTAL HEALTH

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Induction and training of new trustees**

New trustees are invited to an initial meeting to get a flavour of our work, WWAMH has a comprehensive induction pack which contains information about our organisation, roles and responsibilities as trustees, a trustee contract, memorandum and articles of association, policies and procedures and other key information. Trustees have the opportunity to attend any training they feel necessary to help fulfil their role.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

03030938 (England and Wales)

##### **Registered Charity number**

1045123

##### **Registered office**

18 Queen Street  
Carmarthen  
Dyfed  
SA31 1JT

##### **Trustees**

R B Bamforth  
Miss K E Bowen  
E M Daymond  
A M S Kenwright (resigned 27.4.23)  
Mrs L Hall-Morgan  
Mrs M A Robinson  
Ms E Wilkinson  
Miss J L Hill  
Ms C J Young

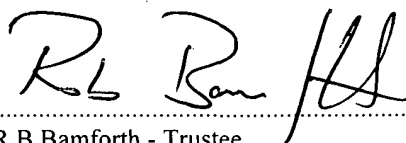
##### **Company Secretary**

E M Daymond

##### **Independent Examiner**

Charles & Co  
Chartered Certified Accountants  
3 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

Approved by order of the board of trustees on 22/8/2024 and signed on its behalf by:



R B Bamforth - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**WEST WALES ACTION FOR MENTAL HEALTH**

**Independent examiner's report to the trustees of West Wales Action For Mental Health ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



R.A. Williams  
The Association of Chartered Certified Accountants

Charles & Co  
Chartered Certified Accountants  
3 Murray Street  
Llanelli  
Carmarthenshire  
SA15 1AQ

5 July 2024

**WEST WALES ACTION FOR MENTAL HEALTH**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		311	-	311	326
<b>Charitable activities</b>					
Grants		2,600	214,919	217,519	239,792
Investment income	2	3,489	-	3,489	650
<b>Total</b>		<u>6,400</u>	<u>214,919</u>	<u>221,319</u>	<u>240,768</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	3				
Grants		<u>(2,097)</u>	<u>208,583</u>	<u>206,486</u>	<u>230,881</u>
Net gains on investments		<u>-</u>	<u>-</u>	<u>-</u>	<u>431,000</u>
<b>NET INCOME</b>		8,497	6,336	14,833	440,887
<b>Transfers between funds</b>	10	<u>12,712</u>	<u>(12,712)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		21,209	(6,376)	14,833	440,887
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		144,853	9,379	154,232	(286,655)
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>166,062</u>	<u>3,003</u>	<u>169,065</u>	<u>154,232</u>

The notes form part of these financial statements

# WEST WALES ACTION FOR MENTAL HEALTH

## BALANCE SHEET 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		171,221	3,003	174,224	157,860
<b>CREDITORS</b>					
Amounts falling due within one year	9	(5,159)	-	(5,159)	(3,628)
<b>NET CURRENT ASSETS</b>		<u>166,062</u>	<u>3,003</u>	<u>169,065</u>	<u>154,232</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>166,062</u>	<u>3,003</u>	<u>169,065</u>	<u>154,232</u>
<b>NET ASSETS</b>		<u><u>166,062</u></u>	<u><u>3,003</u></u>	<u><u>169,065</u></u>	<u><u>154,232</u></u>
<b>FUNDS</b>	10				
Unrestricted funds				166,062	144,853
Restricted funds				<u>3,003</u>	<u>9,379</u>
<b>TOTAL FUNDS</b>				<u><u>169,065</u></u>	<u><u>154,232</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

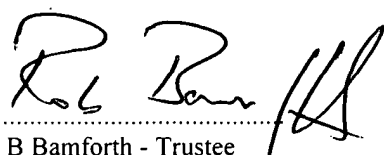
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22/3/2024 and were signed on its behalf by:

  
R B Bamforth - Trustee

The notes form part of these financial statements

## **WEST WALES ACTION FOR MENTAL HEALTH**

### **NOTES TO THE FINANCIAL STATEMENTS** **FOR THE YEAR ENDED 31 MARCH 2024**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings                      -    25% on cost

IT Equipment is written off in full in the year of purchase due to its short life nature.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### **Pension costs and other post-retirement benefits**

The company operates a defined benefit pension scheme. An actuarial valuation is done each year. Any deficits are recognised in the accounts as a contingent liability.



**WEST WALES ACTION FOR MENTAL HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**2. INVESTMENT INCOME**

	2024	2023
	£	£
Interest Received	3,489	650
	<u>          </u>	<u>          </u>

**3. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs £	Totals £
Grants	204,950	1,536	206,486
	<u>          </u>	<u>          </u>	<u>          </u>

**4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Auditors' remuneration for non audit work	1,536	1,536
Other operating leases	11,000	11,000
	<u>          </u>	<u>          </u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**6. STAFF COSTS**

	2024	2023
	£	£
Wages and salaries	136,046	141,199
Social security costs	4,758	6,020
Other pension costs	19,000	22,000
	<u>          </u>	<u>          </u>
	<u>159,804</u>	<u>169,219</u>

The average monthly number of employees during the year was as follows:

	2024	2023
	6	6
Charitable Activities	<u>          </u>	<u>          </u>

No employees received emoluments in excess of £60,000.

**WEST WALES ACTION FOR MENTAL HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	326	-	326
<b>Charitable activities</b>			
Grants	18,251	221,541	239,792
Investment income	650	-	650
<b>Total</b>	<u>19,227</u>	<u>221,541</u>	<u>240,768</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Grants	<u>9,939</u>	<u>220,942</u>	<u>230,881</u>
Net gains on investments	<u>431,000</u>	<u>-</u>	<u>431,000</u>
<b>NET INCOME</b>	440,288	599	440,887
<b>Transfers between funds</b>	<u>1</u>	<u>(1)</u>	<u>-</u>
<b>Net movement in funds</b>	440,289	598	440,887
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	(295,436)	8,781	(286,655)
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>144,853</u></u>	<u><u>9,379</u></u>	<u><u>154,232</u></u>

**8. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2023 and 31 March 2024	<u>18,563</u>
<b>DEPRECIATION</b>	
At 1 April 2023 and 31 March 2024	<u>18,563</u>
<b>NET BOOK VALUE</b>	
At 31 March 2024	<u><u>-</u></u>
At 31 March 2023	<u><u>-</u></u>

**WEST WALES ACTION FOR MENTAL HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade creditors	5,159	3,628
	<u>5,159</u>	<u>3,628</u>

**10. MOVEMENT IN FUNDS**

	At 1.4.23	Net movement in funds	Transfers between funds	At 31.3.24
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	113,853	8,497	12,712	135,062
Development(Designated) Fund	30,000	-	-	30,000
Interpretors (Designated) Fund	1,000	-	-	1,000
	<u>144,853</u>	<u>8,497</u>	<u>12,712</u>	<u>166,062</u>
<b>Restricted funds</b>				
Ceredigion Dev Worker	52	84	-	136
Pembrokeshire Dev Worker	-	1,666	-	1,666
Spirituality	616	(616)	-	-
Golfing Project	3,105	-	(3,105)	-
Mental Health Forums	1,277	(76)	-	1,201
Hywel Dda	4,329	5,278	(9,607)	-
	<u>9,379</u>	<u>6,336</u>	<u>(12,712)</u>	<u>3,003</u>
<b>TOTAL FUNDS</b>	<u>154,232</u>	<u>14,833</u>	<u>-</u>	<u>169,065</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	6,400	2,097	8,497
<b>Restricted funds</b>			
Ceredigion Dev Worker	20,310	(20,226)	84
Pembrokeshire Dev Worker	14,310	(12,644)	1,666
Spirituality	-	(616)	(616)
Mental Health Forums	-	(76)	(76)
Hywel Dda	180,299	(175,021)	5,278
	<u>214,919</u>	<u>(208,583)</u>	<u>6,336</u>
<b>TOTAL FUNDS</b>	<u>221,319</u>	<u>(206,486)</u>	<u>14,833</u>

**WEST WALES ACTION FOR MENTAL HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**10. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General fund	105,564	9,288	(999)	113,853
Pension Fund	(431,000)	431,000	-	-
Development(Designated) Fund	30,000	-	-	30,000
Interpretors (Designated) Fund	-	-	1,000	1,000
	<u>(295,436)</u>	<u>440,288</u>	<u>1</u>	<u>144,853</u>
<b>Restricted funds</b>				
Ceredigion Dev Worker	4,289	(4,237)	-	52
Pembrokeshire Dev Worker	-	(10,730)	10,730	-
Spirituality	616	-	-	616
Golfing Project	3,817	(712)	-	3,105
Mental Health Forums	59	1,218	-	1,277
Hywel Dda	-	15,060	(10,731)	4,329
	<u>8,781</u>	<u>599</u>	<u>(1)</u>	<u>9,379</u>
<b>TOTAL FUNDS</b>	<u>(286,655)</u>	<u>440,887</u>	<u>-</u>	<u>154,232</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	19,227	(9,939)	-	9,288
Pension Fund	-	-	431,000	431,000
	<u>19,227</u>	<u>(9,939)</u>	<u>431,000</u>	<u>440,288</u>
<b>Restricted funds</b>				
Ceredigion Dev Worker	21,256	(25,493)	-	(4,237)
Pembrokeshire Dev Worker	14,310	(25,040)	-	(10,730)
Golfing Project	-	(712)	-	(712)
Mental Health Forums	1,256	(38)	-	1,218
Hywel Dda	184,719	(169,659)	-	15,060
	<u>221,541</u>	<u>(220,942)</u>	<u>-</u>	<u>599</u>
<b>TOTAL FUNDS</b>	<u>240,768</u>	<u>(230,881)</u>	<u>431,000</u>	<u>440,887</u>

**WEST WALES ACTION FOR MENTAL HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**10. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	105,564	17,785	11,713	135,062
Pension Fund	(431,000)	431,000	-	-
Development(Designated) Fund	30,000	-	-	30,000
Interpretors (Designated) Fund	-	-	1,000	1,000
	<u>(295,436)</u>	<u>448,785</u>	<u>12,713</u>	<u>166,062</u>
<b>Restricted funds</b>				
Ceredigion Dev Worker	4,289	(4,153)	-	136
Pembrokeshire Dev Worker	-	(9,064)	10,730	1,666
Spirituality	616	(616)	-	-
Golfing Project	3,817	(712)	(3,105)	-
Mental Health Forums	59	1,142	-	1,201
Hywel Dda	-	20,338	(20,338)	-
	<u>8,781</u>	<u>6,935</u>	<u>(12,713)</u>	<u>3,003</u>
<b>TOTAL FUNDS</b>	<u>(286,655)</u>	<u>455,720</u>	<u>-</u>	<u>169,065</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	25,627	(7,842)	-	17,785
Pension Fund	-	-	431,000	431,000
	<u>25,627</u>	<u>(7,842)</u>	<u>431,000</u>	<u>448,785</u>
<b>Restricted funds</b>				
Ceredigion Dev Worker	41,566	(45,719)	-	(4,153)
Pembrokeshire Dev Worker	28,620	(37,684)	-	(9,064)
Spirituality	-	(616)	-	(616)
Golfing Project	-	(712)	-	(712)
Mental Health Forums	1,256	(114)	-	1,142
Hywel Dda	365,018	(344,680)	-	20,338
	<u>436,460</u>	<u>(429,525)</u>	<u>-</u>	<u>6,935</u>
<b>TOTAL FUNDS</b>	<u>462,087</u>	<u>(437,367)</u>	<u>431,000</u>	<u>455,720</u>

**WEST WALES ACTION FOR MENTAL HEALTH**  
**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**11. EMPLOYEE BENEFIT OBLIGATIONS**

Dyfed Pension fund

Local Government Pension Scheme

The date of the most recent actuarial valuation was 31st March 2024.

The total surplus relating to defined benefit schemes for the year recognised in the profit and loss was NIL (2023-£431,000)

Reconciliation of scheme assets and liabilities to assets and liabilities recognised  
Any actuarial deficit is recognised in the financial statements whilst actuarial surpluses are not.  
The amounts recognised in the statement of financial position are as follows:

	2024 £	2023 £
Fair value of scheme assets	1,620,000	1,487,000
Present Value of defined benefit obligation	(1,400,000)	(1,371,000)
	<hr/>	<hr/>
Defined benefit pension scheme surplus (deficit)	220,000	116,000

Defined Benefit Obligation

Changes in the defined benefit obligation are as follows:

	2024 £
Present value at start of year	1,371,000
Current Service Cost	20,000
Interest	66,000
Members' Contributions	6,000
Past Service Cost	-
Remeasurements (Gains)	(11,000)
Benefits/transfers paid	(52,000)
	<hr/>
Present value at end of year	1,400,000

Fair Value of scheme assets

Changes in the fair value of scheme assets are as follows:

Fair Value at start of year	1,487,000
Interest income	72,000
Remeasurements (assets)	88,000
Administration Expenses	-
Employer Contributions	19,000
Member contributions	6,000
Benefits Paid	(52,000)
	<hr/>
Fair value at end of year	1,620,000

**WEST WALES ACTION FOR MENTAL HEALTH**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

**WEST WALES ACTION FOR MENTAL HEALTH**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	311	326
<b>Investment income</b>		
Interest Received	3,489	650
<b>Charitable activities</b>		
Grants	217,519	239,792
<b>Total incoming resources</b>	221,319	240,768
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	136,046	141,199
Social security	4,758	6,020
Pensions	19,000	22,000
Rent Paid	11,000	11,000
Insurance	245	903
Telephone	3,377	3,485
Postage and stationery	2,274	2,264
Advertising	296	1,147
Sundries	27,954	41,327
	204,950	229,345
 <b>Support costs</b>		
<b>Governance costs</b>		
Auditors' remuneration for non audit work	1,536	1,536
<b>Total resources expended</b>	206,486	230,881
<b>Net income before gains and losses</b>	14,833	9,887
 <b>Realised recognised gains and losses</b>		
Actuarial Losses on Pension	-	431,000
<b>Net income</b>	14,833	440,887

This page does not form part of the statutory financial statements