

Ryan Neuro Therapy Centre

England & Wales · Charity number 1044584

Details

Other names	S C M S T C, SUTTON AND CROYDON MULTIPLE SCLEROSIS THERAPY CENTRE, Ryan Neuro Therapy Centre, SUTTON & CROYDON MS THERAPY CENTRE, The Ryan MS Therapy Centre
Status	Registered
Legal form	Charitable company
Company number	03003308
Registered	1995-02-28
Register	View on the Charity Commission register

Contact

Address	The Ryan Neuro Therapy Centre Bradbury House Lloyd Avenue Coulsdon CR5 2QS
Phone	020 86601181
Email	contact@ryanneurotherapy.org
Website	www.ryanneurotherapy.org

Activities

Objects: The charity's objects ('Objects') are specifically restricted to the following: The provision and continuance of a therapy Centre to support people with MS and other neurological conditions by the delivery of physiotherapy and other therapies as may be beneficial to the health and welfare of all such persons. [Nothing in the Articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 and/or section 2 of the Charities Act (Northern Ireland) 2008.]

Activities: The delivery of physio and other therapies as may be beneficial to the health and welfare of people living with multiple sclerosis and other neurological conditions.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

Geography

- **Area of benefit:** SUTTON AND CROYDON AND SURROUNDING DISTRICTS
- Croydon
- Surrey
- Sutton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£306,392	£300,572	-	-
2024-03-31	£260,577	£264,428	-	-
2023-03-31	£214,833	£257,428	-	-
2022-03-31	£210,156	£214,229	-	-
2021-03-31	£177,093	£206,356	-	-

Trustees

Name	Role	Appointed
Anthea Dendy		2026-04-13
Dr JULIE ANN FRANCES TAYLOR		2012-09-12
Eileen Jackman		2025-01-01
Joanne Elizabeth Wanda Kibbey		2017-01-18
Maja Louisa Willhoft		2025-11-11
Sophie Earles-Barrett		2026-04-29
Susan Ann Rose Anthony		2026-03-31

Ryan Neuro Therapy Centre

England & Wales - Charity number 1044584

Accounts

Charity Registration No. 1044584

Company Registration No. 03003308

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2025

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
LEGAL & ADMINISTRATIVE INFORMATION**

Trustees (all of whom are directors)	R Bowden (Chair) J Cottrell (Resigned 16/09/2024) D Gibbs (Resigned 16/10/2024) J Taylor M Jewell (Resigned 16/09/2024) J Kibbey E Jackman (Co-opted 01/01/2025) P Connor (Co-opted 02/03/2025)
Company Secretary (and director)	J Taylor
Charity number	1044584
Company number	03003308
Registered office	Ryan Neuro Therapy Centre Bradbury House Lloyd Avenue Coulsdon Surrey CR5 2QS
Independent Examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Bankers	HSBC 90 Eden Street Kingston Upon Thames Surrey KT1 1DJ Lloyds Bank 25 Gresham Street EC2V 7HN London

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
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Ryan Neuro Therapy Centre
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their Annual Report and the Financial Statements for the year to 31 March 2025. The accounts have been prepared in accordance with the accounting policies set out in Note 2 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, Charities SORP (FRS102).

PRINCIPAL OBJECTIVES AND ACTIVITIES

The Company was formed on 20 December 1994 as a Company Limited by Guarantee, with the name Sutton and Croydon MS Therapy Centre. The Company was registered as a Charity in February 1995.

The objectives of the Charity are the provision and continuance of a therapy centre to support people with MS and other neurological conditions by the delivery of physio and other therapies as may be beneficial to the health and welfare of all such persons. To achieve these aims, the Charity purchased freehold premises at The Mount, Lloyd Avenue, Coulsdon on 1 May 1997.

An extension to the premises was completed during 2003, enabling the Charity to continue to meet the increasing demand for its therapy services to people with multiple sclerosis.

On the 27th November 2018, the Company and Charity name was changed to The Ryan MS Therapy Centre to demonstrate that the Therapy Centre did not have a specific catchment area for its members.

On 14th September 2023, the Company and Charity name was changed to The Ryan Neuro Therapy Centre to encapsulate the therapy provided for additional neurological conditions.

The main therapy provided by the Centre is that of physiotherapy. Since the COVID pandemic, the Charity has adapted and developed its services to provide much more support to its members and their carers. The details of this provision are covered later in this report under Achievements, Performance and Financial Review and demonstrates the Charity's commitment to providing the best possible therapy offering to all its members and their carers.

The Centre receives no statutory revenue funding and relies on the income entirely from its own fundraising activities and on donations from both members and external sources. Raising income is therefore a key activity for all staff, members and the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Memorandum and Articles of Association govern the Charity, and this was last updated in 2023.

Trustees

The Trustees who have served since 1 April 2024 are as follows: **Richard Bowden, Paul Connor, Jack Cottrell, Eileen Jackman, Mel Jewell, Joanne Kibbey, Julie Taylor and David Gibbs.**

Jack Cottrell and Mel Jewell resigned in September 2024 and David Gibbs on 16 October 2024. Eileen Jackman and Paul Connor joined in 2025 as co-opted Trustees.

The members generally vote trustees onto the board at the AGM, although the board can appoint co-opted members, as required and have them ratified by the members at the following AGM.

Each of the Voluntary Trustees is responsible for an area of the charitable business, which involves them in the day-to-day running of its affairs and of its decision-making. Four of the Trustees have personal experience of MS, providing valuable insight on how to meet the needs of its members. The Trustees have continued to meet monthly

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

to ensure the maintenance and upkeep of the Centre and to make decisions regarding staffing and therapy offerings.

The Trustees are responsible for ensuring that appropriate policies and procedures are in place for the running of the Centre and to meet our legal obligations. To comply with European GDPR regulations for data protection, we have an effective system in place to protect the interests of all those whose data we keep on our database.

In preparing the financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for ensuring proper accounting records are kept, which disclose with reasonable accuracy at any time the financial position of the funds of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Under the Charities Act 2011, the Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the Charity's funds situation and of the results for the year.

The Trustees have paid due regard to Charity Commission guidance on public benefit.

Staff

During the year, the Charity employed:

- 6 members of staff (equating to 3.5 FTE) - Operations and Membership Manager; Fundraiser for Grants and Trusts; Therapy Manager; Deputy Therapy Manager; Senior Physiotherapist and an Administrative Officer.
- 11 contractors – 5 Physiotherapists, 5 Assistant Physiotherapists and an Occupational Therapist.
- The Charity has continued to receive Living Wage certification. Ensuring a living wage for all staff is important to recruitment and for Grant and Trust applications.

Volunteers

During the 2024/25 financial year, 16 volunteers contributed their time and skills across a range of activities, including refreshments, bookings, registration, answering phone calls, supporting the administrative team, gardening, managing the 200 Club, physiotherapy, running the second-hand stall, and raising funds through the online sale of donated items.

In addition, the Board of Trustees provided further support as five more volunteers. Altogether, volunteers contributed approximately 3100 hours over the year—equivalent to 1.7 full-time employees—and saved the Centre an estimated £37,000 annually, based on the National Living Wage.

ACHIEVEMENTS, PERFORMANCE AND FINANCIAL REVIEW

Therapy Provision

Throughout the year, therapy provision has continued to offer members up to two hours of support at the Centre each week. This included:

- Two 45-minute classes or gym sessions
- A 30-minute refreshment break

For members requiring a more tailored approach, 1-to-1 appointments remained available. Additionally, all members were offered a review with one of our physiotherapists to update their individual treatment plans.

Two one-hour **online exercise classes** were held every Tuesday. Recorded versions of these sessions were uploaded to our website, allowing members to access and exercise at their convenience. These online offerings continue to be very popular.

Our **Occupational Therapy service** has also made a significant impact, providing personalised 1-to-1 advice for members and their carers. These practical interventions have helped transform daily living for those managing a disability. Home visits have been conducted as needed to assess and recommend appropriate adaptations to living environments.

We introduced **three new classes** tailored specifically for members with Parkinson's disease, accommodating different ability levels to better meet individual needs.

To keep gym sessions engaging and enjoyable, we've continued to update our equipment. A notable addition is a set of **reaction training lights**, which have quickly become a favourite among members. These lights offer a fun and lightly competitive way to improve coordination, balance, and movement.

To support professional development within our team, we launched a **monthly training program** for physiotherapy assistants. This runs alongside whole-team training sessions, ensuring we continue to provide the highest standard of evidence-based care.

We remain committed to supporting not only our members but also their carers and the broader community. To this end, we continue to offer several **subsidised services**, including:

- MSK (musculoskeletal) assessments and support
- Reiki therapy
- Combined Yoga/Pilates classes for friends and family

Additional Paid Services are available for Members and Carers which include:

- TENS machine hire – A non-invasive method for pain relief
- Podiatry services
- Beauty therapies and massage
- Members' Shop – Providing access to recommended physiotherapy and disability

Ryan Neuro Therapy Centre

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

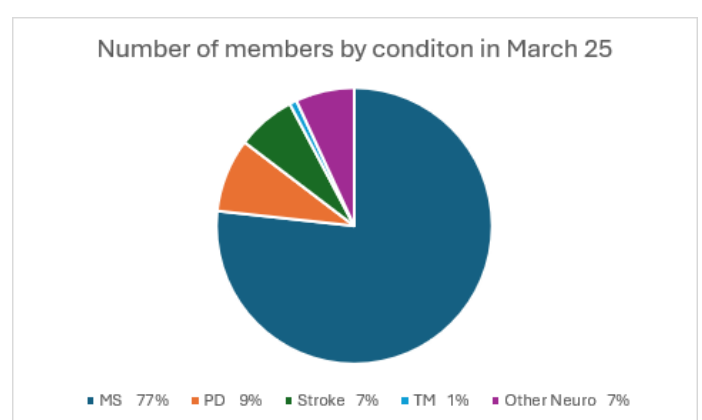
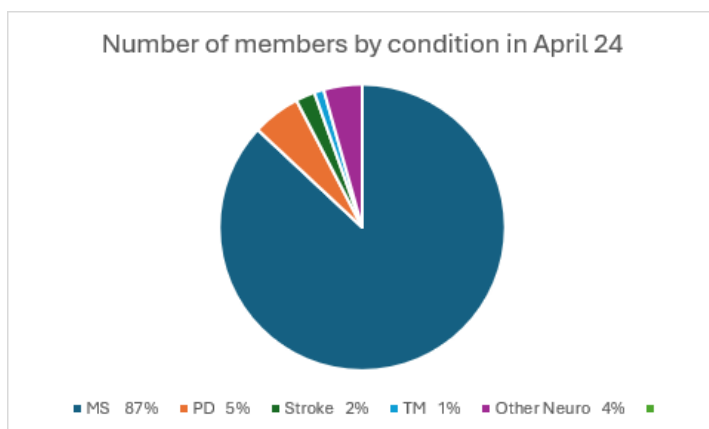
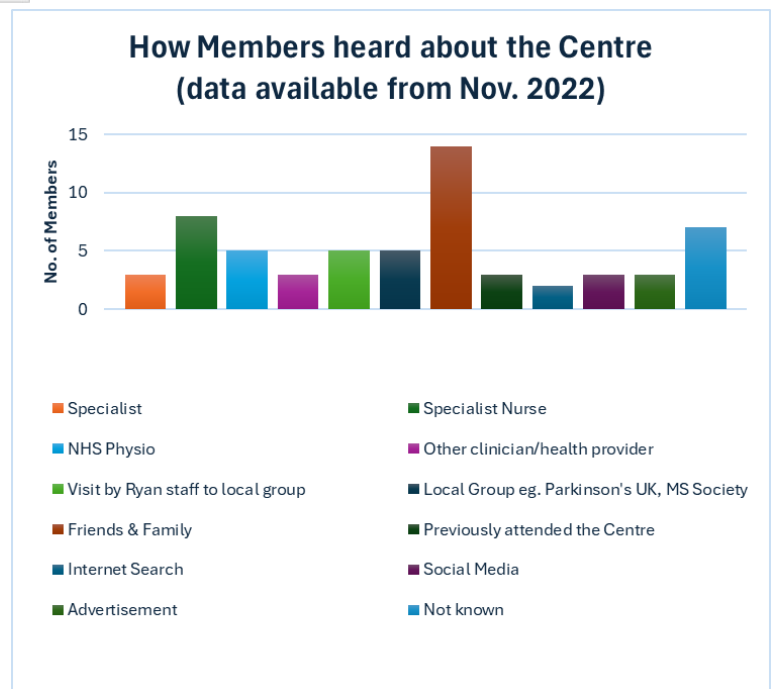
• Membership



The Centre supported 131 members over the course of the year, a decrease from 150 the previous year. Of these, 116 were attending members living with a neurological condition. The decline in membership was largely due to the archiving those members not attending anymore. In addition, the figures reflect the archiving of former supporting members who no longer have any contact with the Centre.

Our members predominately live in the Sutton and Croydon Local Authorities areas, but the chart shows that members come from a much wider geographical area.

Over the year the staff team have actively engaged with several external organisations, distributing marketing materials and delivering presentations. As a result of ongoing promotional efforts, there was a significant rise in enquiries and new member assessments toward the end of the year. Members have been surveyed to find out how they heard about the Centre and its excellent facilities. This helps us to focus on how and where to market the Centre going forward. The chart below shows the results of our survey.



Ryan Neuro Therapy Centre

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

While Multiple Sclerosis remains the most common condition among our members, the Centre has seen a steady increase in individuals with a broader range of neurological conditions.

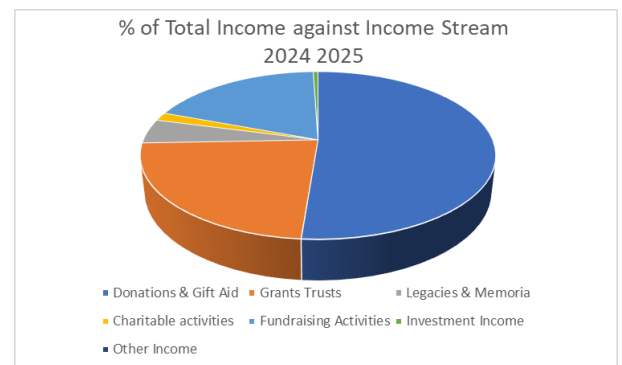
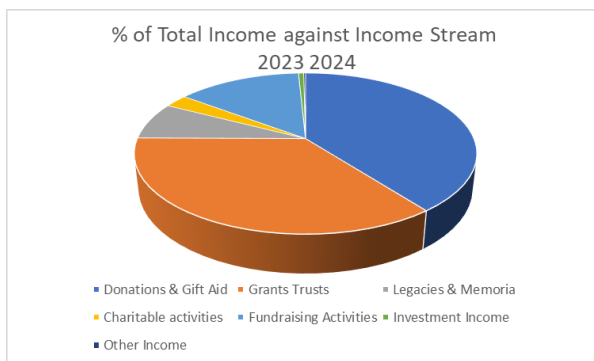
The charts above show how the membership has changed over the financial year with the main increases in members with Parkinsons and those having had a Stroke.

Financial Outturn

Income

The income for the Centre is dependent on the continuation of regular member donations which includes general donations from the public and supporters, together with income from fundraising activities and Grants and Trusts.

The total income this year was £306,392 compared to £260,577 in the year 23/24. The charts compare the percentage of the funds that each income stream has provided in years 24/25 and 23/24.



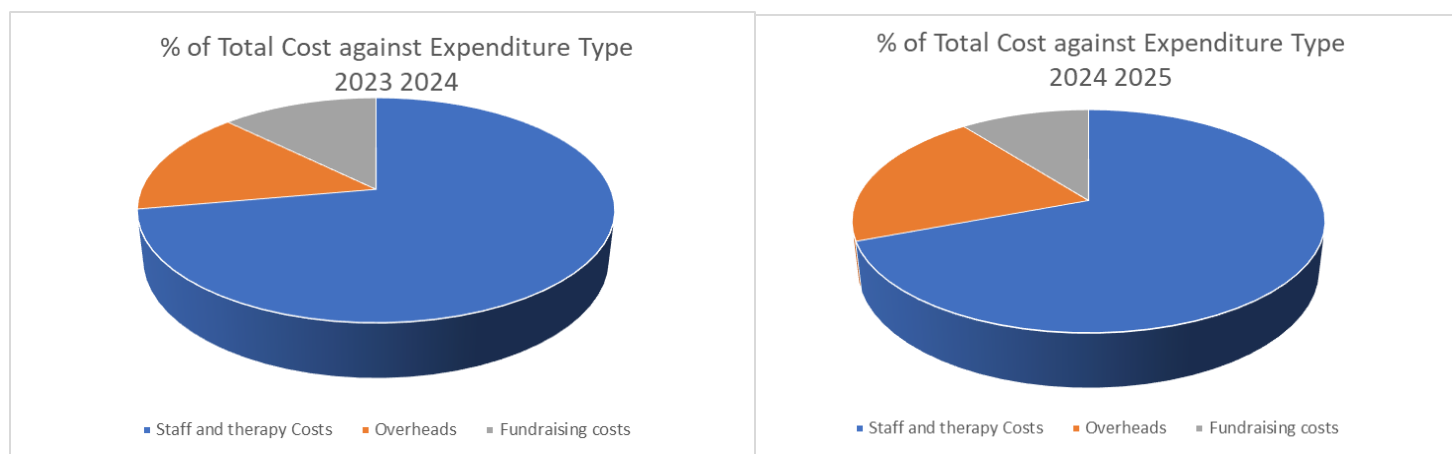
- Our total donations (excluding gift aid) have increased by 45% from last year (23/24 tax year). This increase is due to a rise in both the number of members and the average donation from our members and supporters.
- Trust fundraising has been a key focus for the Charity again this last year and this has raised £74,461 towards our costs of £300,572 ie 25% of our total expenditure. This is a lower percentage than in previous years and indicates the increase in competition between charities in getting this type of funding.
- The Centre was supported by 16 Trusts and Foundations in 2024/25 as follows:
 - 1 large award of £25,000 from Garfield Weston Foundation
 - The Axis Foundation of £7,222
 - 14 further trusts raised between £500 and £5,000: February Foundation, Truemark Trust, Childwick Trust, St James Place, The Souter CT, Warbutons CT, The Bruce Wake Trust, Parkinsons UK, Anton Jurgens, Netherby Trust, Tandridge Together, Shanly Foundation, The Hedley Foundation and Arnold Clark Community Fund.
- It is likely that Grant and Trust funding will be increasingly more difficult to achieve in the coming years, and the Centre must find alternative ways to cover its costs.
- Income from Fundraising Activities increased significantly this year (£56,316 in 24/25 compared with £36,373 in 23/24), mainly due to several externally led sponsored sporting events. Although 'fundraising activities' income is important, it should be noted that it only provides 18% of the income required to cover the costs of the Centre.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

• Expenditure

The total costs this year were £300,572 (compared with £264,428 the previous year). The increase in costs has arisen from:

- An increase in Physiotherapy and Centre staff costs
- Cost of living increases in energy and general upkeep of the Centre.
- Major works on the Centre drains amounting to an additional cost of £15,387. This was an unexpected/unplanned cost.



The above charts show that the major cost to the Centre is staff and that overall, the percentage cost for staff has not changed significantly since the previous year.

End of Year Outturn and Reserves

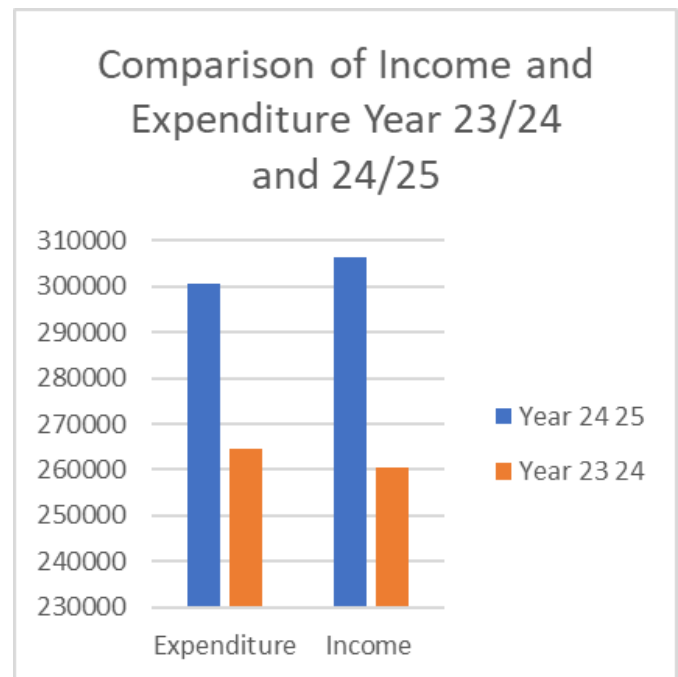
The Centre has made a small surplus in the year ending 31st March 2025 of £5,820 (2024: Deficit of £3,851)

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

The chart shows a comparison of income and expenditure for the last two years.

On 31 March 2025 the charity had:

- Total reserves of £459,384 (previous year £453,564), made up of total unrestricted funds of £324,196 (previous year £318,376) and restricted funds of £115,188 (previous year £115,188).
- Identified the need to continue to assign designated funds for the maintenance of the Bradbury House property.
 - The sum of £20,000 remains designated for the further repairs to the roof and the land boundaries (walls and fences).
- Total fixed assets of £318,344.



- Total free reserves of £121,040 (Total reserves less fixed assets and designated funds). This equates to 4 months of core activity based on expected annual costs going forward.

The Trustees had set a reserves policy such that they are maintained at a level which ensures 6-12 months of our core activity can continue during a period of unforeseen difficulty. The losses incurred over the last few years have not enabled us to build our reserves and the charity is now in a position where it needs to find new income streams to pay for the much-needed therapy for people with neurological conditions.

PLANS FOR FUTURE PERIODS

One of our biggest challenges is the increasing staffing, maintenance, and overhead costs for the Centre without the equivalent increase in income. This will deplete our reserves further if we do not take appropriate action.

The Trustees have developed a business plan for the coming year to:

- Ensure that our reserves are not reduced any further.
- Continue to improve the therapy provision provided for people with a wide range of neurological conditions.

The plan focuses on the following:

- Increasing donations and gift aid totals to raise funds to cover >45% of our predicted 25/26 costs.
- Developing new income streams to raise additional funds of >5% of our costs.
- Achieving income from Grants and Trusts to cover >30% of our costs, by improving our prospect research and strengthening our case for support.
- Maintain and build our Fundraising Activities and Events to cover >20% of our costs.
- Continuing to market the Centre provision to increase membership by contacting specialist nurses, GPs, and groups that provide support to people with a wide range of neurological conditions.
- Grow attendance in our newly established Parkinson's classes by increasing awareness and engagement.
- Develop an income-generating arm of the organisation to support long-term financial stability, including the introduction of new paid classes for the wider community.
- Embed a culture of continuous learning within the team to build capacity and maintain high standards of treatment and care.

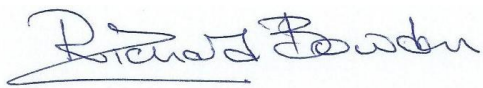
Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

- Expand the Occupational Therapy service to offer a broader range of classes and deliver a more comprehensive, person-centred service.
- Continuing to approach local businesses to provide financial support/sponsorship.
- Marketing the breadth of facilities available at the Centre for local groups to hire.

Approved by the Trustees and signed on their behalf by:

Richard Bowden
Chairman

Dated: 19/08/2025

A handwritten signature in blue ink, appearing to read 'Richard Bowden', is written over a light blue horizontal line.

Ryan Neuro Therapy Centre
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE RYAN MS THERAPY CENTRE

I report to the trustees on my examination of the accounts of Ryan Neuro Therapy Centre for the year ended 31 March 2025 which are set out on pages 10 to 20.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Cummins FCCA FCIE
Independent Examiner
for and on behalf of TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated:

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 31 MARCH 2025

		Restricted funds	Unrestricted funds	Designated funds	Total 2025	Total 2024
<u>Income from:</u>	Notes	£	£	£	£	£
Donations and legacies	3	74,461	168,054	-	242,515	215,238
Charitable activities	4	-	4,878	-	4,878	6,872
Fundraising activities	5	-	56,316	-	56,316	36,373
Investment income		-	2,683	-	2,683	1,544
Other income		-	-	-	-	550
Total income		74,461	231,931	-	306,392	260,577
<u>Expenditure on:</u>						
Fundraising costs	6	-	29,863	-	29,863	33,434
Charitable activities costs	7	74,461	196,248	-	270,709	230,994
Total expenditure		74,461	226,111	-	300,572	264,428
Net income/(expenditure)		-	5,820	-	5,820	(3,851)
Transfer between funds	16	-	-	-	-	-
Net movement in funds		-	5,820	-	5,820	(3,851)
Fund balances at 1 April 2024	15	115,188	318,376	20,000	453,564	457,415
Fund balances at 31 March 2025	15	115,188	324,196	20,000	459,384	453,564

All activities are classified as continuing. There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2025

	Notes	2025 £	2024 £
Fixed assets			
Property, plant and equipment	12	318,344	302,147
Current Assets			
Stock		1,077	1,034
Debtors	13	490	7,678
Investment funds		59,731	57,789
Cash and cash equivalents		121,931	96,495
		<u>183,229</u>	<u>162,996</u>
Current Liabilities			
Creditors	14	<u>(42,189)</u>	<u>(11,579)</u>
Net current assets		141,040	151,417
Total assets less current liabilities		<u>459,384</u>	<u>453,564</u>
Represented by:			
Restricted funds	16	115,188	115,188
Unrestricted funds	15	324,196	318,376
Designated funds	17	20,000	20,000
		<u>459,384</u>	<u>453,564</u>

For the financial year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

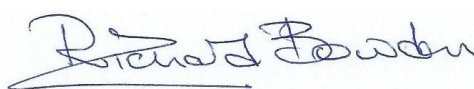
These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorized for issue on 19/08/2025 and are signed on its behalf by:

Julie Taylor
Director



Richard Bowden
Director



Company Registration No. 03003308
Charity Registration No. 1044584

The notes on pages 12 – 20 form part of the financial statements.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1.0 Company information

Ryan Neuro Therapy Centre (03003308) is a charity and company limited by guarantee incorporated in England and Wales. The registered office is Bradbury House, Lloyd Avenue, Coulsdon, Surrey, CR5 2QS.

2.0 Accounting policies

2.1 Accounting Conventions

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The Ryan Neuro Therapy Centre meets the definition of a public benefit entity under FRS 102. There are no material uncertainties about the charity's ability to continue as a going concern.

2.2 Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Designated funds are funds which have been set aside by trustees to be spent on a specific purpose.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.3 Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is possible that the income will be received, and the amount of income can be measured reliably.

2.4 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

2.0 Accounting policies (continued)

2.5 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Physio Equipment	10% reducing balance
Office Equipment	10% reducing balance
Computer Equipment	25% reducing balance

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

2.6 Stock

Stock is stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition.

Stock held for distribution at no or nominal consideration are measured at the lower of replacement cost and cost, adjusted where applicable for any loss of service potential.

At each reporting date, an assessment is made for impairment. Any excess of the carrying amount of stock over its estimated selling price less costs to complete and sell is recognised as an impairment loss in profit or loss. Reversals of impairment losses are also recognised in profit or loss.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Investments

Investments, including cash equivalents on deposit, are included at fair value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities.

2.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

2.0 Accounting policies (continued)

2.10 Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.12 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised. The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

3 Income from donations and legacies

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Donations with gift aid	-	153,912	153,912	103,015
Grants and trusts	74,461	-	74,461	92,761
Legacies and memoria	-	14,142	14,142	19,462
	<u>74,461</u>	<u>168,054</u>	<u>242,515</u>	<u>215,238</u>

4 Income from charitable activities

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Sales of goods for members	-	242	242	505
Hire of equipment	-	120	120	10
Other therapies	-	4,516	4,516	6,357
	<u>-</u>	<u>4,878</u>	<u>4,878</u>	<u>6,872</u>

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

5 Income from fundraising activities

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Internal fundraising				
Easter	-	238	238	2,025
Christmas	-	3,144	3,144	3,248
Sporting (Internal led)	-	531	531	-
Schools (Internal led)	-	203	203	-
Corporate and community	-	1,587	1,587	229
Table sales	-	4,094	4,094	3,291
Ebay	-	648	648	930
Rotaries	-	2,500	2,500	1,289
Online giving	-	566	566	775
Other internal fundraising	-	2,989	2,989	3,811
	-	16,500	16,500	15,598
External fundraising				
Sporting (External led)	-	20,868	20,868	6,863
Corporate and community	-	2,426	2,426	3,323
Online giving	-	824	824	817
Other external fundraising	-	10,134	10,134	3,288
	-	34,252	34,252	14,291
Collections				
Instore Token Scheme	-	-	-	400
Others	-	73	73	250
	-	73	73	650
Other fundraising				
Letting of premises	-	-	-	375
200 Club	-	5,491	5,491	5,459
	-	5,491	5,491	5,834
	-	56,316	56,316	36,373

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

6 Fundraising costs

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Fundraising Staff Costs	-	29,605	29,605	33,325
Staging Events and Activities	-	-	-	88
Advertising and Marketing	-	258	258	21
	-	29,863	29,863	33,434

7 Charitable activities costs

	Restricted funds	Unrestricted funds	Total 2025	Total 2024
	£	£	£	£
Therapies				
Physiotherapy costs	74,461	88,343	162,804	152,741
OT costs	-	5,116	5,116	5,266
Other therapy costs	-	720	720	2,209
Depreciation	-	8,853	8,853	8,299
Support costs	-	93,216	93,216	62,479
	74,461	196,248	270,709	230,994

	Total 2025	Total 2024
	£	£
Support costs above include:		
Staff costs	26,898	30,649
Governance	3,831	2,358
Other costs	62,487	29,472
	93,216	62,479

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

8 Staff costs

	Total 2025	Total 2024
	£	£
Wages and salaries	143,351	135,694
Social security cost	4,295	6,201
Employer pension contributions (defined contribution plan)	7,366	4,012
Subcontractor costs	88,675	68,335
	243,687	214,242

The charity employed 6 employees during the year (2023: 6).

There were no employees whose annual emoluments were £60,000 or more (2024: none).

The key management personnel of the charity comprise senior physiotherapist, administrator and events organiser, operations manager, therapy manager, deputy therapy manager, grants and trusts fundraiser. The total employee benefits of the key management personnel of the charity were £144,657 (2024: £104,016).

9 Total expenditure

	Staff costs	Depreciation	Other costs	Total 2025	Total 2024
	£	£	£	£	£
Charitable activities	214,082	8,853	47,774	270,709	230,994
Raising funds	29,605	-	258	29,863	33,434
	243,687	8,853	48,032	300,572	264,428

10 Independent examination fee

	Total 2025	Total 2024
	£	£
Independent examination fee	2,040	1,860
	2,040	1,860

11 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

12 Fixed assets

	Freehold Property	Physio Equipment	Fixtures, Fittings & Equipment	Computer Equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2024	231,950	98,222	61,297	30,865	422,334
Additions	-	19,958	1,118	3,974	25,050
	<u>231,950</u>	<u>118,180</u>	<u>62,415</u>	<u>34,839</u>	<u>447,384</u>
Depreciation					
At 1 April 2024	-	58,538	43,666	17,983	120,187
Depreciation charged in the year	-	4,319	1,992	2,542	8,853
	<u>-</u>	<u>62,857</u>	<u>45,658</u>	<u>20,525</u>	<u>129,040</u>
Carrying amount					
At 31 March 2025	231,950	55,323	16,757	14,314	318,344
At 31 March 2024	<u>231,950</u>	<u>39,684</u>	<u>17,631</u>	<u>12,882</u>	<u>302,147</u>

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

13 Debtors

The following debts are receivable within one year:

	Total 2025	Total 2024
	£	£
Trade debtors	<u>490</u>	<u>7,678</u>
	<u>490</u>	<u>7,678</u>

14 Creditors

The following creditors are payable within one year:

	Total 2025	Total 2024
	£	£
Trade creditors	11,672	4,057
Accruals and deferred income	26,098	1,860
Taxes and social security costs	-	4,638
Other creditors	<u>4,419</u>	<u>1,024</u>
	<u>42,189</u>	<u>11,579</u>

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

15 Analysis of net assets between funds

Fund balances at 31 March 2025 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	203,156	-	318,344
Current assets	-	163,229	20,000	183,229
Creditors: amounts falling due within one year	-	(42,189)	-	(42,189)
	115,188	324,196	20,000	459,384

Fund balances at 31 March 2024 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	186,959	-	302,147
Current assets	-	142,996	20,000	162,996
Creditors: amounts falling due within one year	-	(11,579)	-	(11,579)
	115,188	318,376	20,000	453,564

16 Restricted funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Building	115,188	-	-	-	115,188
Therapies	-	65,608	(65,608)	-	-
Equipment	-	8,853	(8,853)	-	-
	115,188	74,461	(74,461)	-	115,188

Building - The building was granted to the charity by the Bradbury Trust.

Therapies - Monies entrusted to the charity to spend directly on the provision of physiotherapy for MS sufferers.

Equipment - This fund relates to income that is received for the purchase of particular equipment.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

17 Designated funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Property	20,000	-	-	-	20,000
	20,000	-	-	-	20,000

Property – Funds assigned to the maintenance of Bradbury House.

18 Control

During the year the charity was controlled by the Trustees.

19 Related party transactions

None of the Trustees (or any persons connected with them) received any remuneration during the year or received any reimbursement of expenditure.

Document Activity Report

Document Sent

Fri, 15 Aug 2025 13:23:30 GMT

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Ryan Neuro Therapy Centre

England & Wales - Charity number 1044584

Accounts

Charity Registration No. 1044584

Company Registration No. 03003308

**Ryan Neuro Therapy Centre
Formerly Known As The Ryan MS Therapy Centre
(LIMITED BY GUARANTEE)**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2024

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
LEGAL & ADMINISTRATIVE INFORMATION

Trustees (all of whom are directors)	R Bowden (Chair) J Cottrell D Gibbs J Taylor M Jewell J Kibbey
Company Secretary (and director)	J Taylor
Charity number	1044584
Company number	03003308
Registered office	Ryan Neuro Therapy Centre Bradbury House Lloyd Avenue Coulsdon Surrey CR5 2QS
Independent Examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Bankers	HSBC 90 Eden Street Kingston Upon Thames Surrey KT1 1DJ Lloyds Bank 312 London Road Waterlooville Hampshire PO7 7DX

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
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Statement of Financial Activities	7
Balance Sheet	8
Notes to the Accounts	9 – 17

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their Annual Report and the Financial Statements for the year to 31 March 2024. The accounts have been prepared in accordance with the accounting policies set out in Note 2 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, Charities SORP (FRS102).

PRINCIPAL OBJECTIVES AND ACTIVITIES

The Company was formed on 20 December 1994 as a Company Limited by Guarantee, with the name Sutton and Croydon MS Therapy Centre. The Company was registered as a Charity in February 1995.

The objectives of the Charity are the provision and continuance of a therapy centre to support people with MS and other neurological conditions by the delivery of physio and other therapies as may be beneficial to the health and welfare of all such persons. To achieve these aims, the Charity purchased freehold premises at The Mount, Lloyd Avenue, Coulsdon on 1 May 1997.

An extension to the premises was completed during 2003, enabling the Charity to continue to meet the increasing demand for its therapy services to people with multiple sclerosis.

On the 27th November 2018, the Company and Charity name was changed to The Ryan MS Therapy Centre to demonstrate that the Therapy Centre did not have a specific catchment area for its members.

On 14th September 2023, the Company and Charity name was changed to The Ryan Neuro Therapy Centre to encapsulate the therapy provided for additional neurological conditions.

The main therapy provided by the Centre is that of physiotherapy. Prior to the COVID19 pandemic the physiotherapy was provided in classes and groups throughout the week, Monday to Friday. Space in the Centre was available for members to gather for refreshments and socialise and other alternative therapies were made available where possible. It is the Charity's policy to develop and improve services on a continuing basis.

Since the COVID pandemic, the Charity has adapted and developed these services to provide much more support to its members. The details of this provision are covered later in this report under Achievements, Performance and Financial Review and demonstrates the Charity's commitment to providing the best possible therapy offering to its members and their carers.

The Centre receives no statutory revenue funding and relies for its income entirely on its own fundraising activities and on donations from both members and external sources. Raising income is therefore a key activity for all staff, members and the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who have served since 1 April 2023 are as follows:

Richard Bowden
Jack Cottrell
David Gibbs
Amy Jago
Mel Jewell
Joanne Kibbey
Julie Taylor

Amy Jago resigned during 2023.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The members generally vote trustees onto the board at the AGM, although the board can appoint co-opted members, as required and have them ratified by the members at the following AGM.

Each of the 7 Voluntary Trustees is responsible for an area of the charitable business, which involves them in the day-to-day running of its affairs and of its decision-making. Four of the trustees have personal experience of MS, providing valuable insight on how to meet the needs of its members. All the Trustees have continued to meet monthly to ensure the maintenance and upkeep of the Centre and to make decisions regarding staffing and therapy offerings.

The Memorandum and Articles of Association govern the Charity, and this was last updated in 2023.

During the year, the Charity employed:

- 6 members of staff (equating to 3.5 FTE) Operations and Membership Manager; Fundraiser; Therapy Manager; Deputy Therapy Manager; Senior Physiotherapist and an Administrative Officer.
- 12 contractors – 6 physiotherapists, 5 Assistant Physiotherapists and an Occupational Therapist.

The charity has continued to receive Living Wage certification. Ensuring a living wage for all staff is important to recruitment and for Grant and Trust applications.

In the past the Charity has been very fortunate to have many volunteers work at the Centre. There are now 13 volunteers helping with refreshments, registration, gardening, 200 club, physiotherapy and running the second-hand stall. The Trustees make up a further 7 volunteers. In total the volunteers worked approximately 2100 hours over the year. This equates to 1.2 FTE and continues to save us around £24,000 per annum (calculated using the National Living Wage).

The Trustees are responsible for ensuring that appropriate policies and procedures are in place for the running of the Centre and to meet our legal obligations. To comply with European GDPR regulations for data protection, we have an effective system in place to protect the interests of all those whose data we keep on our database.

In preparing the financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for ensuring proper accounting records are kept, which disclose with reasonable accuracy at any time the financial position of the funds of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Under the Charities Act 2011, the Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the Charity's funds situation and of the results for the year.

The Trustees have paid due regard to Charity Commission guidance on public benefit.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS, PERFORMANCE AND FINANCIAL REVIEW

Therapy

The therapy provision over the year continued to give members up to 2 hours at the Centre each week. Members received: 45 mins class, 30 mins refreshment break and chat and a further 45 mins on equipment. 1-2-1 appointments were still available instead of the class format for those that needed them.

Two, one-hour online exercise classes were continued on Tuesdays. Recorded classes uploaded on our website are being used by members to exercise at additional times throughout the week if they wish. These classes have continued to prove popular with members.

The Occupational Therapy service has also been successful providing 1-2-1 advice to members and their carers, transforming their lives with practical interventions for living day to day with a disability. Home visits have also been carried out to ensure the living spaces and adaptations are appropriate, where necessary.

The therapy team have introduced new classes for its members. In October, a combined Yoga and Pilates class "Yogalates" and an Advanced Balance Workshop were added to the timetable, thus widening the scope of our offering.

To ensure that gym sessions remain fresh, engaging and fun, we have acquired a range of new equipment. This includes a punch bag, boxing gloves, battle ropes, hand weights, medicine balls, hoops, ladders and a variety of games to develop hand eye co-ordination.

Following research into demand and availability of space, we opened our doors to other neurological conditions, including Parkinsons and Stroke. This change involved extra training for the therapy team in other neurological conditions and this was provided by a Specialist Neuro Physiotherapist.

To support the people who care for our members and the wider community, we developed several subsidised services. In addition to our MSK service, we added Reiki to our paid for services and following a suggestion from a family member we introduced a Yoga/ Pilates class for friends and Family.

Other paid services available to our members and carers include:

- Tens Machine hire – a non-invasive technique for pain relief
- Podiatry
- Beauty therapies and massage
- Members Shop to enable them to purchase recommended physiotherapy and disability equipment.

No further student placements were organised this year, but it is hoped that we will be able to support this opportunity in the coming years.

Membership

Our membership numbers at the end of the financial year were 150 (previous year 183). 110 of these were attending members with a neurological condition. These numbers are slightly less than previous years due to lapsing and archiving members who were no longer able to attend the Centre.

Assessments for new members continued throughout the year, gradually increasing our total attending numbers. Following the expansion of our services to other neurological conditions, there was a steady flow of enquiries and assessments – leading to several new members with Parkinsons or people who have had a stroke.

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The staff team have continued to work on new Marketing and Membership materials. The change of name in September meant that much of the stationary, marketing leaflets and banners required updating. In addition, work on a revised website was undertaken to highlight the wide based therapy provision for many neurological conditions.

Over the year the team have engaged with organisations representing people with other neurological conditions, inviting them to visit the Centre to see the work that it does. This has spread the word within the community leading to more enquiries and new members.

Financials

The income for the Centre is dependent on the continuation of regular member donations and fundraising which includes general donations from the public and supporters.

Most members have continued to generously support us financially throughout the year by donating monthly. Our total donations (including gift aid)) have increased by 10% from last year (22/23 tax year).

The Hiring of the premises outside normal working hours has been slow again this year but we are hoping that with our marketing campaign going forward, income levels will improve.

Trust fundraising has been a key focus for the charity again and raised £92,761 towards our costs of £264,428 ie 35% of our total expenditure. It is encouraging that many of the awards, were from Trusts who have supported us previously, several of whom are getting to know the Centre more by visiting us.

In summary we were supported by 22 Trusts and Foundations in 2023/24 as follows:

- 3 large awards; £9,511 from the Edward Gosling Trust,
- £9,676 from The National Lottery Community Fund and,
- £24,131 from The Postcode Society Trust for core funding.
- 5 trusts donated £1,000 and below,
- 12 further trusts raised between £1,890 and £5,000, including The Souter Charitable Trust, James Tudor Foundation, Croydon Relief in Need, Netherby Trust, Surrey Community Foundation, Sutton Physical Activity Fund, Shanly Foundation, St James Place Foundation, Ros Harding Trust, Albert Hunt Trust, London Catalyst and Hospital Saturday Fund.

In addition, we were donated equipment by 2 others:

- Aims2cure were supportive once more by buying an inflatable hoist,
- and the ASDA foundation funded boxercise equipment, for a new class, which is now a favourite session.

Our overall fundraising income increased by approximately 21%, with the increase resulting from the successes in grant and trust applications and more importantly a new focus on fundraising events. Internal and external fundraising activity has increased by 26% from the last tax year (22/23).

The total costs this year were £264,428 (2023: £257,428) with the income of £260,577 (2023: £214,833), giving a loss of £3,851 (2023: £42,595).

On 31 March 2024 the charity had total reserves of £453,564 (2023: £457,415), made up of unrestricted funds of £318,376 (2023: £322,227) and restricted funds of £115,118 (2023: £115,118). The Trustees have identified the need to continue to assign funds to the maintenance of the Bradbury House property. The sum of £20,000 remains designated for the further repairs to the roof and the land boundaries (walls and fences).

Ryan Neuro Therapy Centre
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

The free reserves on 31 March 2024 are £131,417 (£151,417 less designated funds) which equates to 6 months of core activity.

The Trustees had set a reserves policy such that they are maintained at a level which ensures 9-12 months of our core activity can continue during a period of unforeseen difficulty. Unfortunately, the loss made last year has depleted our reserves which has meant that we currently have only 6 months reserves available. All reserves are maintained in a readily realisable form such as investments and interest accounts.

PLANS FOR FUTURE PERIODS

One of our biggest challenges is the increasing staffing, maintenance, and overhead costs for the Centre without the equivalent increase in income. This will deplete our reserves further if we do not take appropriate action.

The Trustees have developed a business plan for the coming year to:

- Ensure that our reserves are not reduced any further.
- Continue to improve the therapy provision provided for people with a wide range of neurological conditions.

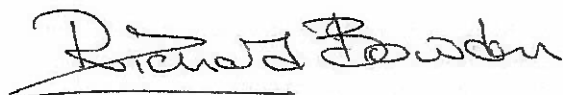
The plan focuses on the following:

- Marketing the Centre provision to increase membership by contacting specialist nurses, GPs, and groups that provide support to people with a wide range of neurological conditions.
- Strengthening our engagement with trusts, by welcoming their Trustees to the centre.
- Improving our impact and outcome measures especially for neurological conditions other than MS.
- Training of physiotherapy team to improve their understanding of other neurological conditions (other than MS) so that they are confident in providing the appropriate therapy to the members.
- Developing relationships with local businesses to provide financial support/sponsorship.
- Wider publicising of our fee-paying therapy provision of MSK and Neuro-rehabilitation and development of new paid classes for the wider community.
- Marketing the breadth of facilities available at the Centre for local groups to hire.

Approved by the Trustees and signed on their behalf by:

Richard Bowden
Chairman

Dated: 19/08/2024



Ryan Neuro Therapy Centre
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE RYAN MS THERAPY CENTRE

I report to the trustees on my examination of the accounts of Ryan Neuro Therapy Centre for the year ended 31 March 2024 which are set out on pages 7 to 17.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Mark Cummins FCCA FCIE
for and on behalf of TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated:

22 August 2024

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 31 MARCH 2024**

		Restricted funds	Unrestricted funds	Designated funds	Total 2024	Total 2023
<u>Income from:</u>	Notes	£	£	£	£	£
Donations and legacies	3	92,761	122,477	-	215,238	185,107
Charitable activities	4	-	6,872	-	6,872	-
Fundraising activities	5	-	36,373	-	36,373	28,413
Investment income		-	1,544	-	1,544	803
Other income		-	550	-	550	510
Total income		92,761	167,816	-	260,577	214,833
<u>Expenditure on:</u>						
Fundraising costs	6	-	33,434	-	33,434	35,538
Charitable activities costs	7	90,871	140,123	-	230,994	221,890
Total expenditure		90,871	173,557	-	264,428	257,428
Net income/(expenditure)		1,890	(5,741)	-	(3,851)	(42,595)
Transfer between funds	16	(1,890)	1,890	-	-	-
Net movement in funds		-	(3,851)	-	(3,851)	(42,595)
Fund balances at 1 April 2023	15	115,188	322,227	20,000	457,415	500,010
Fund balances at 31 March 2024	15	115,188	318,376	20,000	453,564	457,415

All activities are classified as continuing. There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2024

	Notes	2024 £	2023 £
Fixed assets			
Property, plant and equipment	12	302,147	291,379
Current Assets			
Stock		1,034	916
Debtors	13	7,678	1,672
Investment funds		57,789	97,240
Cash and cash equivalents		96,495	71,644
		<u>162,996</u>	<u>171,472</u>
Current Liabilities			
Creditors	14	<u>(11,579)</u>	<u>(5,436)</u>
Net current assets		151,417	166,036
Total assets less current liabilities		<u>453,564</u>	<u>457,415</u>
Represented by:			
Restricted funds	16	115,188	115,188
Unrestricted funds		318,376	322,227
Designated funds	17	<u>20,000</u>	<u>20,000</u>
		<u>453,564</u>	<u>457,415</u>

For the financial year ended 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

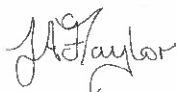
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

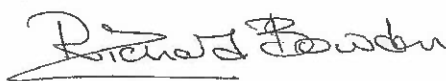
These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorized for issue on 19/08/2024 and are signed on its behalf by:

Julie Taylor
Director



Richard Bowden
Director



Company Registration No. 03003308
Charity Registration No. 1044584

The notes on pages 9 – 17 form part of the financial statements.

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

1.0 Company information

Ryan Neuro Therapy Centre (03003308) is a charity and company limited by guarantee incorporated in England and Wales. The registered office is Bradbury House, Lloyd Avenue, Coulsdon, Surrey, CR5 2QS.

2.0 Accounting policies

2.1 Accounting Conventions

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The Ryan Neuro Therapy Centre meets the definition of a public benefit entity under FRS 102. There are no material uncertainties about the charity's ability to continue as a going concern.

2.2 Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Designated funds are funds which have been set aside by trustees to be spent on a specific purpose.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.3 Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is possible that the income will be received, and the amount of income can be measured reliably.

2.4 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

**Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

2.0 Accounting policies (continued)

2.5 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Physio Equipment	10% reducing balance
Office Equipment	10% reducing balance
Computer Equipment	25% reducing balance

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

2.6 Stock

Stock is stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition.

Stock held for distribution at no or nominal consideration are measured at the lower of replacement cost and cost, adjusted where applicable for any loss of service potential.

At each reporting date, an assessment is made for impairment. Any excess of the carrying amount of stock over its estimated selling price less costs to complete and sell is recognised as an impairment loss in profit or loss. Reversals of impairment losses are also recognised in profit or loss.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Investments

Investments, including cash equivalents on deposit, are included at fair value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities.

2.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

2.0 Accounting policies (continued)

2.10 Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.12 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised. The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

3 Income from donations and legacies

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Donations with gift aid	-	103,015	103,015	93,713
Grants and trusts	92,761	-	92,761	89,078
Legacies and memoria	-	19,462	19,462	2,316
	<u>92,761</u>	<u>122,477</u>	<u>215,238</u>	<u>185,107</u>

4 Income from charitable activities

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Sales of goods for members	-	505	505	-
Hire of equipment	-	10	10	-
Other therapies	-	6,357	6,357	-
	<u>-</u>	<u>6,872</u>	<u>6,872</u>	<u>-</u>

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

5 Income from fundraising activities

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Internal fundraising				
Easter	-	2,025	2,025	828
Christmas	-	3,248	3,248	2,585
Sporting (Internal led)	-	-	-	2,356
Quizzes	-	-	-	48
Corporate and community	-	229	229	143
Table sales	-	3,291	3,291	2,589
Ebay	-	930	930	386
Rotaries	-	1,289	1,289	400
Online giving	-	775	775	954
Recycling	-	-	-	17
Other internal fundraising	-	3,811	3,811	348
	-	15,598	15,598	10,654
External fundraising				
Sporting (External led)	-	6,863	6,863	2,122
Corporate and community	-	3,323	3,323	3,616
Online giving	-	817	817	463
Other external fundraising	-	3,288	3,288	3,637
	-	14,291	14,291	9,838
Collections				
Instore Token Scheme	-	400	400	2,899
Others	-	250	250	22
	-	650	650	2,921
Other fundraising				
Letting of premises	-	375	375	-
200 Club	-	5,459	5,459	5,000
	-	5,834	5,834	5,000
	-	36,373	36,373	28,413

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

6 Fundraising costs

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Fundraising Staff Costs	-	33,325	33,325	35,492
Staging Events and Activities	-	88	88	20
Advertising and Marketing	-	21	21	26
	-	33,434	33,434	35,538

7 Charitable activities costs

	Restricted funds	Unrestricted funds	Total 2024	Total 2023
	£	£	£	£
Therapies				
Physiotherapy costs	85,605	67,136	152,741	151,331
OT costs	5,266	-	5,266	-
Other therapy costs	-	2,209	2,209	-
Depreciation	-	8,299	8,299	6,790
Support costs	-	62,479	62,479	63,769
	90,871	140,123	230,994	221,890

	Total 2024	Total 2023
	£	£
Support costs above include:		
Staff costs	30,649	28,124
Governance	2,358	1,450
Other costs	29,472	34,195
	62,479	63,769

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

8 Staff costs

	Total 2024	Total 2023
	£	£
Wages and salaries	135,694	127,946
Social security cost	6,201	7,783
Employer pension contributions (defined contribution plan)	4,012	11,783
Subcontractor costs	68,335	67,398
	214,242	214,910

The charity employed 6 employees during the year (2023: 6).

There were no employees whose annual emoluments were £60,000 or more (2023: none).

The key management personnel of the charity comprise Bonnita Apperley, Jane Legg, Sarah-Jane Ward and Karen Williams. The total employee benefits of the key management personnel of the charity were £104,016 (2023: £108,838).

9 Total expenditure

	Staff costs	Depreciation	Other costs	Total 2024	Total 2023
	£	£	£	£	£
Charitable activities	180,917	8,299	41,778	230,994	221,890
Raising funds	33,325	-	109	33,434	35,538
	214,242	8,299	41,887	264,428	257,428

10 Independent examination fee

	Total 2024	Total 2023
	£	£
Independent examination fee	1,860	1,740
	1,860	1,740

11 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

12 Fixed assets

	Freehold Property	Physio Equipment	Fixtures, Fittings & Equipment	Computer Equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2023	231,950	87,387	61,154	22,776	403,267
Additions	-	10,835	143	8,089	19,067
	<u>231,950</u>	<u>98,222</u>	<u>61,297</u>	<u>30,865</u>	<u>422,334</u>
Depreciation					
At 1 April 2023	-	55,471	41,156	15,261	111,888
Depreciation charged in the year	-	3,067	2,510	2,722	8,299
	<u>-</u>	<u>58,538</u>	<u>43,666</u>	<u>17,983</u>	<u>120,187</u>
Carrying amount					
At 31 March 2024	<u>231,950</u>	<u>39,684</u>	<u>17,631</u>	<u>12,882</u>	<u>302,147</u>
At 31 March 2023	<u>231,950</u>	<u>31,916</u>	<u>19,998</u>	<u>7,515</u>	<u>291,379</u>

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

13 Debtors

The following debts are receivable within one year:

	Total 2024	Total 2023
	£	£
Trade debtors	<u>7,678</u>	<u>1,672</u>
	<u>7,678</u>	<u>1,672</u>

14 Creditors

The following creditors are payable within one year:

	Total 2024	Total 2023
	£	£
Trade creditors	4,057	274
Accruals and deferred income	1,860	1,740
Taxes and social security costs	4,638	2,440
Other creditors	<u>1,024</u>	<u>982</u>
	<u>11,579</u>	<u>5,436</u>

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

15 Analysis of net assets between funds

Fund balances at 31 March 2024 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	186,959	-	302,147
Current assets	-	142,996	20,000	162,996
Creditors: amounts falling due within one year	-	(11,579)	-	(11,579)
	<u>115,188</u>	<u>318,376</u>	<u>20,000</u>	<u>453,564</u>

Fund balances at 31 March 2023 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	176,191	-	291,379
Current assets	-	151,472	20,000	171,472
Creditors: amounts falling due within one year	-	(5,436)	-	(5,436)
	<u>115,188</u>	<u>322,227</u>	<u>20,000</u>	<u>457,415</u>

16 Restricted funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Building	115,188	-	-	-	115,188
Therapies	-	90,376	(90,376)	-	-
Equipment	-	2,385	(495)	(1,890)	-
	<u>115,188</u>	<u>92,761</u>	<u>(90,871)</u>	<u>(1,890)</u>	<u>115,188</u>

Building - The building was granted to the charity by the Bradbury Trust.

Therapies - Monies entrusted to the charity to spend directly on the provision of physiotherapy for MS sufferers.

Equipment - This fund relates to income that is received for the purchase of particular equipment. The transfer to general funds of £1,890 was for the purchase of a new hoist, for which restricted monies had been received during the year.

Ryan Neuro Therapy Centre
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

17 Designated funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Property	20,000	-	-	-	20,000
	<u>20,000</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>20,000</u>

Property – Funds assigned to the maintenance of Bradbury House.

18 Control

During the year the charity was controlled by the Trustees.

19 Related party transactions

None of the Trustees (or any persons connected with them) received any remuneration during the year or received any reimbursement of expenditure.

Document Activity Report

Document Sent

Tue, 27 Aug 2024 13:29:00 GMT

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Ryan Neuro Therapy Centre

England & Wales - Charity number 1044584

Accounts

Charity Registration No. 1044584

Company Registration No. 03003308

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2023

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
LEGAL & ADMINISTRATIVE INFORMATION**

Trustees (all of whom are directors)	R Bowden (Chair) J Cottrell D Gibbs A Jago M Jewell J Kibbey J Taylor
Company Secretary (and director)	J Taylor (appointed 31/10/2022)
Charity number	1044584
Company number	03003308
Registered office	The Ryan MS Therapy Centre Bradbury House Lloyd Avenue Coulson Surrey CR5 2QS
Independent Examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Bankers	HSBC 90 Eden Street Kingston Upon Thames Surrey KT1 1DJ Lloyds Bank 312 London Road Waterlooville Hampshire PO7 7DX

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
CONTENTS**

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**THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2023**

The Trustees present their Annual Report and the Financial Statements for the year to 31 March 2023. The accounts have been prepared in accordance with the accounting policies set out in Note 2 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, Charities SORP (FRS102).

PRINCIPAL OBJECTIVES AND ACTIVITIES

The Company was formed on 20 December 1994 as a Company Limited by Guarantee, with the name Sutton and Croydon MS Therapy Centre. The Company was registered as a Charity in February 1995.

The objectives of the Charity are the provision and continuance of a therapy centre to support people with MS by the delivery of physio and other therapies as may be beneficial to the health and welfare of all such persons. To achieve these aims, the Charity purchased freehold premises at The Mount, Lloyd Avenue, Coulsdon on 1 May 1997.

An extension to the premises was completed during 2003, enabling the Charity to continue to meet the increasing demand for its therapy services to people with multiple sclerosis.

On the 27th November 2018, the Company and Charity name was changed to The Ryan MS Therapy Centre to demonstrate that the Therapy Centre did not have a specific catchment area for its members.

The main therapy provided by the Centre is that of physiotherapy. Prior to the COVID-19 pandemic the physiotherapy was provided in classes and groups throughout the week, Monday to Friday. Space in the Centre was available for members to gather for refreshments and socialise and other alternative therapies were made available where possible. It is the Charity's policy to develop and improve services on a continuing basis.

Since the COVID-19 pandemic, the Charity has adapted and developed these services to provide much more support to its members. The details of this provision are covered later in this report under Achievements, Performance and Financial Review and demonstrates the Charity's commitment to providing the best possible therapy offering to its members and their carers.

The Centre receives no statutory revenue funding and relies for its income entirely on its own fundraising activities and on donations from both members and external sources. Raising income is therefore a key activity for all staff, members and the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who have served since 1 April 2022 are as follows:

Richard Bowden
Jack Cottrell
David Gibbs
Mel Jewell
Joanne Kibbey
Julie Taylor

A new Trustee, Amy Jago was appointed at the 2022 AGM.

THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2023

The members generally vote trustees onto the board at the AGM, although the board can appoint co-opted members, as required and have them ratified by the members at the following AGM.

Each of the 7 Voluntary Trustees is responsible for an area of the charitable business, which involves them in the day-to-day running of its affairs and of its decision-making. Four of the trustees have personal experience of MS, providing valuable insight on how to meet the needs of its members. All the Trustees have continued to meet monthly to ensure the maintenance and upkeep of the Centre and to make decisions regarding staffing and therapy offerings.

The Memorandum and Articles of Association govern the Charity, and this was last updated in 2018.

During the year, the Charity employed:

- 6 members of staff (equating to 3.5 FTE) Operations and Membership Manager; Fundraiser; Therapy Manager; Deputy Therapy Manager; Senior Physiotherapist and an Administrative Officer.
- 12 contractors – 6 physiotherapists, 5 Assistant Physiotherapists and an Occupational Therapist (6 months only).

As part of our ongoing development we applied and received Living Wage certification. Ensuring a living wage for all staff is important to recruitment and is starting to be a question within Grant and Trust applications.

In the past the Charity has been very fortunate to have many volunteers work at the Centre. There are now 13 volunteers helping with refreshments, registration, gardening, 200 club, physiotherapy and running the second-hand stall. The Trustees make up a further 7 volunteers. In total the volunteers worked approximately 2100 hours over the year. This equates to 1.2 FTE and saves us around £20,000 per annum (calculated using the National Living Wage).

The Trustees are responsible for ensuring that appropriate policies and procedures are in place for the running of the Centre and to meet our legal obligations. To comply with European GDPR regulations for data protection, we have an effective system in place to protect the interests of all those whose data we keep on our database.

In preparing the financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for ensuring proper accounting records are kept, which disclose with reasonable accuracy at any time the financial position of the funds of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE RYAN MS THERAPY CENTRE

TRUSTEES' REPORT

FOR THE PERIOD ENDED 31 MARCH 2023

Under the Charities Act 2011, the Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the Charity's funds situation and of the results for the year.

The trustees have paid due regard to Charity Commission guidance on public benefit.

ACHIEVEMENTS, PERFORMANCE AND FINANCIAL REVIEW

Therapy

The therapy provision over the year continued to give members up to 2 hours at the Centre each week. Members received: 45 mins class, 30 mins refreshment break and chat and a further 45 mins on equipment. 1-2-1 appointments were still available instead of the class format for those that needed them.

Two, one-hour Online exercise classes were continued on Tuesdays. Recorded classes uploaded on our website are being used by members to exercise at additional times throughout the week if they wished. These classes have continued to prove popular with members.

In September 2022 an Occupational Therapist joined our team of physiotherapists to provide 1-2-1 advice to members and set up group courses on subjects such as Fatigue and Pain Management. This service has proved popular with members and their carers, transforming their lives with practical interventions on how to live day to day with disability. The Trustees have agreed to continue this service for at least a further 6 months in the year 23/24 with the hope that further funding can be found.

As the year progressed several new therapy offerings and services were introduced. All these were provided over and above the class therapies and are chargeable additions to our portfolio, with the aim of providing a valuable service to the wider community and raising much needed funds to meet our operational costs. These included:

- Musculoskeletal Physiotherapy Service for carers and relatives – providing therapy for the relief of neck and back pain, sports injuries and joint problems.
- Tens Machine hire – a non-invasive technique for pain relief.
- Podiatry
- Beauty therapies and massage
- An updated Members Shop to enable them to purchase recommended physiotherapy and disability equipment.

This year we had one Physiotherapy Student at the Centre for a 6-week placement. The placement was very successful. The student was able to share information on new techniques etc that they were learning about at College, so the learning process went both ways. We would consider having further students in the future.

To further build our relationships with MS Nurse Specialists in the Community we have hosted two successful visits from MS Nurses in East Surrey and Epsom. We are currently exploring ways to work together in providing additional support to our members and publicising our facilities to a wider audience.

THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2023

Membership

Our membership numbers at the end of the financial year were up from previous years to 183. 133 of these have MS (93 of whom regularly attend), and 50 were supporters. Supporters include Staff, Trustees, Member carers/relatives and fundraisers.

Assessments for new members continued throughout the year, gradually increasing our total attending numbers. The assessment process was reviewed and overhauled to improve its efficiency and the prospective new member experience.

The staff team have worked on new Marketing and Membership material in the form of leaflets and booklets. These leaflets provide information on all the different therapies available to our members, carers and relatives. In addition, this literature will be used for a marketing campaign in the coming year to boost membership and ensure that we are providing help to as many people as possible.

Financials

The income for the Centre is totally dependent on the continuation of regular member donations and fundraising which includes general donations from the public and supporters.

We do not charge a fee for attending, but we invite members to make a confidential voluntary donation towards their classes. Whilst most members have continued to support us financially throughout the year our total donations (including gift aid)) have decreased by 10% from last year (21/22 tax year). Much of this reduction is likely to be attributed to the cost of living increase which has meant that some people are unable to be as generous with their donations as they did once before.

Our overall fundraising income increased by approximately 3%, with the increase resulting from an excellent success in grant and trust applications again this year. Internal and external fundraising activity income was down this year which may be due in part to the cost of living crisis but also due to changes in staffing which lead to less events being organised throughout the year.

Our success in grant/trust applications has raised £89,078.

- We were awarded grants from: The Postcode Society Trust, The February Foundation, The Shanly Foundation, The National Lottery Community Fund and Garfield Weston.
- We have also been able to update equipment that was purchased when the building was bought and adapted to be fully accessible in 1995, including our hoists, thanks to the Boshier Hinton Foundation, and The Percy Bilton Charity.
- Thanks to Screwfix, we now have new internal, self-opening doors that provide greater independence for our members, and keep the Centre warmer.
- Two new services have been possible thanks to The Hedley Foundation who funded new TENS machines to help our members with pain management, and The Charles Lewis Foundation who provided the first 6 months of funding of our New Occupational Service.

The Hiring of the premises outside normal working hours has been slow again this year but we are hoping that with our marketing campaign going forward, income levels will improve.

The total costs this year were £257,428 (2022: £214,229) with the income of £214,833 (2022: £210,156), giving a loss of £42,595 (2022: £4,073).

**THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2023**

At 31 March 2023 the charity had total reserves of £457,415 (2022: £500,010), made up of unrestricted funds of £322,227 (2022: £358,496), restricted funds of £115,188 (2022: £121,514), and designated funds of £20,000 (2022: £20,000).

The free reserves at 31 March 2023 is £146,036 (2022: £205,781) which equates to 7 months of core activity.

The Trustees had set a reserves policy such that they are maintained at a level which ensures 9-12 months of our core activity can continue during a period of unforeseen difficulty. Unfortunately, this year's loss has meant that we currently have only 7 months reserves available. To ensure that our reserves are not reduced any further in the coming year the Trustees are looking at ways of expanding our current business to increase our income further and reduce costs. All reserves are maintained in a readily realisable form such as investments and interest accounts.

PLANS FOR FUTURE PERIODS

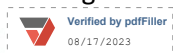
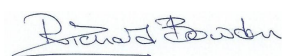
One of our biggest challenges is the increasing staffing, maintenance and overhead costs for the Centre without the equivalent increase in income. The current rate of inflation and the further increases in our costs will have an impact on the coming year's financials if we do not action changes to our business model.

Diversification and improved utilisation of the centre and its facilities will be the focus going forward together with a thrust to improve our fundraising opportunities. The number of fundraising events held in the next financial year will be increased with the aim of targeting a wider audience and increasing the income raised. To achieve these objectives a Marketing Strategy and plan will be developed to advertise and promote:

- The therapy and services available to
 - our current members;
 - new potential members in the community;
 - medical professionals who could refer MS patients for therapy.
- The availability of the Centre facilities and equipment for hire and their associated costs.
- Our capability to provide therapy for other neurological conditions such as Parkinson's and Transverse Myelitis.
- Our capability to provide 1-2-1 therapy for neuro rehabilitation.
- Fundraising events and activities to both the wider community and our members and supporters.
- Our requirement for corporate and community support/sponsorship.

Current therapy offerings will be reviewed, and new classes developed to meet the current and future needs of our Members, including the introduction of Pilates and Yoga based chair exercises and the possibility of introducing further chargeable therapies including Reiki and Tai Chi. More evaluation techniques will be incorporated into the therapies to show the impact of grant and trust donations and to strengthen further applications.

Approved by the Trustees and signed on their behalf by:



Richard Bowden
Chairman

Dated: 16/08/23

THE RYAN MS THERAPY CENTRE
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE RYAN MS THERAPY CENTRE

I report to the trustees on my examination of the accounts of The Ryan MS Therapy Centre for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Mark Cummins FCCA FCIE
for and on behalf of TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated:

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 31 MARCH 2023

		Restricted funds	Unrestricted funds	Designated funds	Total 2023	Total 2022
<u>Income from:</u>	Notes	£	£	£	£	£
Donations and legacies	3	89,078	96,029	-	185,107	170,312
Fundraising activities	4	-	28,413	-	28,413	37,101
Investment income		-	803	-	803	1,606
Other income		-	510	-	510	1,137
Total income		89,078	125,755	-	214,833	210,156
<u>Expenditure on:</u>						
Fundraising costs	5	-	35,538	-	35,538	44,057
Charitable activities costs	6	90,904	130,986	-	221,890	170,172
Total expenditure		90,904	166,524	-	257,428	214,229
Net income/(expenditure)		1,826	(40,769)	-	(42,595)	(4,073)
Transfer between funds	15	(4,500)	4,500	-	-	-
Net movement in funds		(6,326)	(36,269)	-	(42,595)	(4,073)
Fund balances at 1 April 2022	14	121,514	358,496	20,000	500,010	504,083
Fund balances at 31 March 2023	14	115,188	322,227	20,000	457,415	500,010

All activities are classified as continuing. There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2023**

		2023	2022
	Notes	£	£
Fixed assets			
Property, plant and equipment	11	291,379	287,900
Current Assets			
Stock		916	596
Debtors	12	1,672	-
Investment funds		97,240	96,964
Cash and cash equivalents		71,644	146,188
		171,472	243,748
Current Liabilities			
Creditors	13	(5,436)	(31,638)
Net current assets		166,036	212,110
Total assets less current liabilities		457,415	500,010
Represented by:			
Restricted funds	15	115,188	121,514
Unrestricted funds		322,227	358,496
Designated funds	16	20,000	20,000
		457,415	500,010

For the financial year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

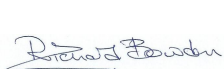
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorized for issue on and are signed on its behalf by:


Julie Taylor
Director


Richard Bowden
Director

The notes attached here form part of the financial statements.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

1.0 Company information

The Ryan MS Therapy Centre (03003308) is a charity and company limited by guarantee incorporated in England and Wales. The registered office is Bradbury House, Lloyd Avenue, Coulsdon, Surrey, CR5 2QS.

2.0 Accounting policies

2.1 Accounting Conventions

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The Ryan MS Therapy Centre meets the definition of a public benefit entity under FRS 102. There are no material uncertainties about the charity's ability to continue as a going concern.

2.2 Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.3 Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is possible that the income will be received, and the amount of income can be measured reliably.

2.4 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

2.5 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Physio Equipment	10% reducing balance
Office Equipment	10% reducing balance
Computer Equipment	25% reducing balance

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

2.6 Stock

Stock is stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition.

Stock held for distribution at no or nominal consideration are measured at the lower of replacement cost and cost, adjusted where applicable for any loss of service potential.

At each reporting date, an assessment is made for impairment. Any excess of the carrying amount of stock over its estimated selling price less costs to complete and sell is recognised as an impairment loss in profit or loss. Reversals of impairment losses are also recognised in profit or loss.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Investments

Investments, including cash equivalents on deposit, are included at fair value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities.

2.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

2.10 Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.12 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised. The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

3 Income from donations and legacies

	Restricted funds	Unrestricted funds	Total 2023	Total 2022
	£	£	£	£
Donations with gift aid	-	93,713	93,713	103,037
Grants and trusts	89,078	-	89,078	66,130
Legacies and memoria	-	2,316	2,316	1,145
	<u>89,078</u>	<u>96,029</u>	<u>185,107</u>	<u>170,312</u>

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

4 Income from fundraising activities

	Restricted funds	Unrestricted funds	Total 2023	Total 2022
	£	£	£	£
Internal fundraising				
Easter	-	828	828	55
Christmas	-	2,585	2,585	3,213
Sporting (Internal led)	-	2,356	2,356	8,055
Quizzes	-	48	48	-
Schools (Internal led)	-	-	-	1,261
Corporate and community	-	143	143	249
Table sales	-	2,589	2,589	1,830
Ebay	-	386	386	398
Rotaries	-	400	400	535
Online giving	-	954	954	1,049
Recycling	-	17	17	232
Other internal fundraising	-	348	348	715
	-	10,654	10,654	17,592
External fundraising				
Sporting (External led)	-	2,122	2,122	1,910
Corporate and community	-	3,616	3,616	4,187
Online giving	-	463	463	579
Other external fundraising	-	3,637	3,637	5,308
	-	9,838	9,838	11,984
Collections				
Instore Token Scheme	-	2,899	2,899	1,867
Others	-	22	22	418
	-	2,921	2,921	2,285
Letting of premises				
200 Club	-	5,000	5,000	5,240
	-	5,000	5,000	5,240
	-	28,413	28,413	37,101

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

5 Fundraising costs

	Restricted funds	Unrestricted funds	Total 2023	Total 2022
	£	£	£	£
Fundraising Staff Costs	-	35,492	35,492	42,859
Staging Events and Activities	-	20	20	1,198
Advertising and Marketing	-	26	26	-
	<u>-</u>	<u>35,538</u>	<u>35,538</u>	<u>44,057</u>

6 Charitable activities costs

	Restricted funds	Unrestricted funds	Total 2023	Total 2022
	£	£	£	£
Therapies				
Physiotherapy costs	84,578	66,753	151,331	85,951
Depreciation	6,326	464	6,790	6,212
Support costs	-	63,769	63,769	78,009
	<u>90,904</u>	<u>130,986</u>	<u>221,890</u>	<u>170,172</u>

	Total 2023	Total 2022
	£	£
Support costs above include:		
Staff costs	28,124	44,800
Governance	1,450	1,320
Other costs	34,195	31,889
	<u>63,769</u>	<u>78,009</u>

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

7 Staff costs

	Total 2023	Total 2022
	£	£
Wages and salaries	127,946	99,885
Social security cost	7,783	3,666
Employer pension contributions (defined contribution plan)	11,783	2,787
Subcontractor costs	67,398	67,272
	214,910	173,610

The charity employed 6 employees during the year (2022: 5).

There were no employees whose annual emoluments were £60,000 or more (2022: none).

The key management personnel of the charity comprise Bonnita Apperley, Jane Legg, Sarah-Jane Ward and Karen Williams. The total employee benefits of the key management personnel of the charity were £108,838 (2022: £82,657).

8 Total expenditure

	Staff costs	Depreciation	Other costs	Total 2023	Total 2022
	£	£	£	£	£
Charitable activities	179,418	6,790	35,682	221,890	170,172
Raising funds	35,492	-	46	35,538	44,057
	214,910	6,790	35,728	257,428	214,229

9 Independent examination fee

	Total 2023	Total 2022
	£	£
Independent examination fee	1,740	1,320
	1,740	1,320

10 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

11 Fixed assets

	Freehold Property	Physio Equipment	Fixtures, Fittings & Equipment	Computer Equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2022	231,950	77,739	60,533	22,776	392,998
Additions	-	9,648	621	-	10,269
	<u>231,950</u>	<u>87,387</u>	<u>61,154</u>	<u>22,776</u>	<u>403,267</u>
Depreciation					
At 1 April 2022	-	52,423	39,232	13,443	105,098
Depreciation charged in the year	-	3,048	1,924	1,818	6,790
	<u>-</u>	<u>55,471</u>	<u>41,156</u>	<u>15,261</u>	<u>111,888</u>
Carrying amount					
At 31 March 2023	231,950	31,916	19,998	7,515	291,379
At 31 March 2022	<u>231,950</u>	<u>25,316</u>	<u>21,301</u>	<u>9,333</u>	<u>287,900</u>

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

12 Debtors

The following creditors are payable within one year:

	Total 2023	Total 2022
	£	£
Trade debtors	<u>1,672</u>	-
	<u>1,672</u>	<u>-</u>

13 Creditors

The following creditors are payable within one year:

	Total 2023	Total 2022
	£	£
Trade creditors	274	10,813
Accruals and deferred income	1,740	20,825
Taxes and social security costs	2,440	-
Other creditors	982	-
	<u>5,436</u>	<u>31,638</u>

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

14 Analysis of net assets between funds

Fund balances at 31 March 2023 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	176,191	-	291,379
Current assets	-	151,472	20,000	171,472
Creditors: amounts falling due within one year	-	(5,436)	-	(5,436)
	115,188	322,227	20,000	457,415

Fund balances at 31 March 2022 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	172,712	-	287,900
Current assets	6,326	217,422	20,000	243,748
Creditors: amounts falling due within one year	-	(31,638)	-	(31,638)
	121,514	358,496	20,000	500,010

15 Restricted funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Building	115,188	-	-	-	115,188
Therapies	-	84,578	(84,578)	-	-
Equipment	6,326	4,500	(6,326)	(4,500)	-
	121,514	89,078	(90,904)	(4,500)	115,188

Building - The building was granted to the charity by the Bradbury Trust.

Therapies - Monies entrusted to the charity to spend directly on the provision of physiotherapy for MS sufferers.

Equipment - This fund relates to income that is received for the purchase of particular equipment. The transfer to general funds of £4,500 was for the purchase of a new hoist, for which restricted monies had been received during the year.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2023

16 Designated funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Property	20,000	-	-	-	20,000
	20,000	-	-	-	20,000

Property – Funds assigned to the maintenance of Bradbury House.

17 Control

During the year the charity was controlled by the Trustees.

18 Related party transactions

None of the Trustees (or any persons connected with them) received any remuneration during the year or received any reimbursement of expenditure.

Accounts

Charity Registration No. 1044584

Company Registration No. 03003308

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2022

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
LEGAL & ADMINISTRATIVE INFORMATION**

Trustees (all of whom are directors)	R Bowden (Chair) J Cottrell D Gibbs M Jewell J Kibbey J Taylor
Company Secretary (and director)	D White
Charity number	1044584
Company number	03003308
Registered office	The Ryan MS Therapy Centre Bradbury House Lloyd Avenue Coulson Surrey CR5 2QS
Independent Examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steypning West Sussex BN44 3TN
Bankers	HSBC 90 Eden Street Kingston Upon Thames Surrey KT1 1DJ Lloyds Bank 312 London Road Waterlooville Hampshire PO7 7DX

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
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Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Accounts	9 – 17

THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2022

The Trustees present their Annual Report and the Financial Statements for the year to 31 March 2022. The accounts have been prepared in accordance with the accounting policies set out in Note 2 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, Charities SORP (FRS102).

PRINCIPAL OBJECTIVES AND ACTIVITIES

The Company was formed on 20 December 1994 as a Company Limited by Guarantee, with the name Sutton and Croydon MS Therapy Centre. The Company was registered as a Charity in February 1995.

The objectives of the Charity are the provision and continuance of a therapy centre to support people with MS by the delivery of physio and other therapies as may be beneficial to the health and welfare of all such persons. To achieve these aims, the Charity purchased freehold premises at The Mount, Lloyd Avenue, Coulsdon on 1 May 1997.

An extension to the premises was completed during 2003, enabling the Charity to continue to meet the increasing demand for its therapy services to people with multiple sclerosis.

On the 27th November 2018, the Company and Charity name was changed to The Ryan MS Therapy Centre to demonstrate that the Therapy Centre did not have a specific catchment area for its members.

The main therapy provided by the Centre is that of physiotherapy. Prior to the COVID19 pandemic the physiotherapy was provided in classes and groups throughout the week, Monday to Friday. Space in the Centre was available for members to gather for refreshments and socialise and other alternative therapies were made available where possible. It is the Charity's policy to develop and improve services on a continuing basis.

Since the lockdown in March 2020, the Charity was able to adapt these services to provide as much support to its members during the pandemic. Monitoring of the government and CSP guidelines throughout this period allowed the Therapy Team to make continuous improvements to the therapy provision. The details of this provision are covered later in this report under Achievements, Performance and Financial Review and demonstrates the Charity's commitment to providing the best possible therapy offering to its members.

The Centre receives no statutory revenue funding and relies for its income entirely on its own fundraising activities and on donations from both members and external sources. Raising income is therefore a key activity for all staff, members and the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who have served since 1 April 2021 are as follows:

Richard Bowden
Jack Cottrell
David Gibbs
Mel Jewell
Joanne Kibbey
Julie Taylor

THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2022

The members generally vote trustees onto the board at the AGM, although the board can appoint co-opted members, as required and have them ratified by the members at the following AGM.

Each of the 5 Voluntary Trustees is responsible for an area of the charitable business, which involves them in the day-to-day running of its affairs and of its decision-making. Four of the trustees have personal experience of MS, providing valuable insight on how to meet the needs of its members. All the Trustees have continued to meet monthly to ensure the maintenance and upkeep of the Centre and to make decisions regarding staffing and therapy offerings.

The Memorandum and Articles of Association govern the Charity, and this was last updated in 2018.

During the year, the Charity employed:

- 4 members of staff (equating to 3 FTE) Operations and Membership Manager; Fundraising and Governance Manager; Therapy Manager and a Corporate and Community Fundraiser.
- 13 contractors – 8 physiotherapists and 5 Assistant Physiotherapists.

In the past the Charity has been very fortunate to have many volunteers work at the Centre, but due to COVID19 restrictions they were unable to help for most of the year. More recently some restrictions have eased allowing several of them to return. There are now 11 volunteers helping with refreshments, registration and other administrative tasks.

The Trustees are responsible for ensuring that appropriate policies and procedures are in place for the running of the Centre and to meet our legal obligations. To comply with European GDPR regulations for data protection, we have an effective system in place to protect the interests of all those whose data we keep on our database.

In preparing the financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for ensuring proper accounting records are kept, which disclose with reasonable accuracy at any time the financial position of the funds of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Under the Charities Act 2011, the Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the Charity's funds situation and of the results for the year.

The trustees have paid due regard to Charity Commission guidance on public benefit.

**THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2022**

ACHIEVEMENTS, PERFORMANCE AND FINANCIAL REVIEW

At the start of the financial year, the therapy provision continued with 1-2-1 appointments lasting 45 minutes for members, with time for questions after. Each member was offered an appointment every fortnight, together with the opportunity of accessing the online classes as well. Staggering start times and limiting the number of people in the centre at any point in time allowed us to provide up to 40 individual 1-2-1 appointments. Strict PPE protocols were continued.

During the year, two changes were made to the therapy offerings for the members with MS. The first development was to offer limited classes alongside the 1-2-1 appointments previously provided. Members were able to book either a 1-2-1 appointment or a class each week. Classes were limited to 6 participants and held three days a week (Monday, Wednesday, alternate Thursday/Friday).

Once CSP restrictions relating to COVID19 were eased, the final changes to the therapy offerings for this financial year were introduced. Following the completion of a membership survey, it was clear that members wished to be able to spend a greater time at the centre each visit – both for longer therapy sessions and the all-important socialising time. This would bring the offering closer to the pre-COVID one but with slightly fewer people in the Centre at any one time. The new therapy provided members with 2 hours at the Centre each week. Each member session provided: 45 minute class, 30 minute refreshment break and chat, and a further 45 minutes on equipment. The size of the classes was limited to 8. Those members still needing a 1-2-1 appointment were offered these instead of the class format.

To help manage these sessions, we implemented Cliniko, a web-based clinic management system which enabled us to book appointments, manage cancellations and monitor attendance. In addition we transferred all patient notes, including photos and documents to Cliniko which allows the Physiotherapy team to view all members' records online. The system allowed treatment records to be audited and recalls generated for annual reassessment.

Two, one-hour online exercise classes were continued on Tuesdays. Recorded classes were uploaded to our website for members to exercise at additional times throughout the week if they wished. These classes have continued to prove popular with members.

The Centre was successfully approved to become a Physiotherapy Student Assessment Centre and our first student will be arriving in May 2022 for a 6-week placement.

Our membership numbers at the end of the financial year were up from previous years to 175. 140 of these have MS (88 of whom regularly attend and 2 new members), and 35 were supporters.

Assessments for new members continued throughout the year, gradually increasing our total attending numbers. A review of the assessment process is currently underway to improve the efficiency and prospective new member experience.

The income for the Centre is totally dependent on the continuation of regular member donations and fundraising which includes general donations from the public. Whilst most members have continued to support us financially throughout the year, there are still some who have reduced or stopped their donations. These factors have continued to result in a significant reduction (25%) in our regular and general donations in the 21/22 tax year compared with pre-pandemic.

THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2022

Our overall fundraising income increased by approximately 30%, with much of the increase resulting from external fundraising activities. The following fundraising areas were still severely affected by the consequences of the pandemic: collections; organised events such as quizzes and Christmas/Easter fundraising activities.

A key focus of our fundraising this year was to apply to carefully selected Grant and Trusts which was successful as it resulted in an increase in funds of 250% on 20/21.

We know the importance of providing Trusts with data to demonstrate the impact of our services. To this end we use The Multiple Sclerosis Impact Scale (MSIS), to record the results of our interventions on our members both physically and psychologically, and we also capture testimonials and quotes from members. We took the opportunity to refresh this activity, when the Centre reopened in September 2020, which reinforced the value of ongoing physiotherapy, but equally showed the value of social interaction and our ongoing emotional support, which has been helpful in our applications.

The range of fundraising that was successful this year included the following;

- support from several Waitrose stores via their Community Matters Scheme,
- new online events such as a Christmas Cake Raffle and Virtual Duck Race.
- Facebook fundraisers.
- Trusts including Croydon Relief in Need, Ros Harding Foundation, The Garfield Weston Foundation, Shanly Foundation, Card Factory and TNL community fund.
- Money raised from Amazon smile and Give as you Live.
- 200 Club.
- Recycling of Books and DVDs.

Income from the hiring of the premises outside of normal working hours has been slow but looks to be a promising area for future income generation.

The total costs this year were £214,229 (2021: £206,356) with the income of £210,156 (2021: £177,093), giving a loss of £4,073 (2021: £29,263).

At 31 March 2022 the charity had total reserves of £500,010 (2021: £504,083), made up of unrestricted funds of £358,496 (2021: £376,357), restricted funds of £121,514 (2021: £127,726), and designated funds of £20,000 (2021: £nil).

The free reserves at 31 March 2022 is £212,110 (2021: £218,942) which equates to 9 months of core activity.

The Trustees have set a reserves policy such that they are maintained at a level which ensures 9-12 months of our core activity can continue during a period of unforeseen difficulty (£189,000 - £257,000 based on the forecast expenditure for the year 22/23). This policy is reviewed each year. The level of reserves has been set following consideration of the risks associated with each income and expenditure streams within our business plan. These reserves are to be maintained in a readily realisable form such as investments and interest accounts.

**THE RYAN MS THERAPY CENTRE
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2022**

PLANS FOR FUTURE PERIODS

One of our biggest challenges is the increasing staffing, maintenance and overhead costs for the Centre. The current rate of inflation and the significant increases in energy costs will have a major impact on the coming year's financials.

Fundraising has been a significant challenge of the last two years. The focus for the coming year will continue to be in the areas of Grants and Trusts. Further development of internal fundraising activities will depend on therapy restrictions. At this present time, it is difficult to know how long it will be before the COVID19 restrictions ease enough for us to increase the class sizes and return to the previous level of our extensive fundraising activities.

Last year we had hoped that we would be able to introduce a hand function assessment tool and hand function training for all our members but with the current restrictions this has been postponed. Hopefully we will be able to bring this into our therapy offerings later in the coming year. In addition, we are investigating an Occupational Therapy offering to commence in September as a trial and the introduction of Pilates classes and Yoga sessions once Covid restrictions are further eased.

Providing a holistic approach to the wellbeing of our members with MS and their carers is very important to the philosophy of the charity. It is intended to develop our services further to include massage, podiatry, beauty therapy for the wellbeing of members and muscular skeletal physiotherapy for their carers.

Hiring of the Centre and facilities is an income stream that we wish to pursue further in the coming year as it has been slow so far to date. Some publicity will be required to raise awareness locally of our facilities.

Approved by the Trustees and signed on their behalf by:

Richard Bowden
Chairman

Dated:

THE RYAN MS THERAPY CENTRE
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE RYAN MS THERAPY CENTRE

I report to the trustees on my examination of the accounts of The Ryan MS Therapy Centre for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Mark Cummins FCCA FCIE
for and on behalf of TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated:

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 31 MARCH 2022

		Restricted funds	Unrestricted funds	Designated funds	Total 2022	Total 2021
<u>Income from:</u>	Notes	£	£	£	£	£
Donations and legacies	3	59,970	110,342	-	170,312	146,359
Fundraising activities	4	-	37,101	-	37,101	29,027
Investment income		-	1,606	-	1,606	1,707
Other income		-	1,137	-	1,137	-
Total income		59,970	150,186	-	210,156	177,093
<u>Expenditure on:</u>						
Fundraising costs	5	-	44,057	-	44,057	48,000
Charitable activities costs	6	66,182	103,990	-	170,172	158,356
Total expenditure		66,182	148,047	-	214,229	206,356
Net income/(expenditure)		(6,212)	2,139	-	(4,073)	(29,263)
Gains/(losses) on investments		-	-	-	-	3,917
Transfer between funds		-	(20,000)	20,000	-	-
Net movement in funds		(6,212)	(17,861)	20,000	(4,073)	(25,346)
Fund balances at 1 April 2021	13	127,726	376,357	-	504,083	529,429
Fund balances at 31 March 2022	13	121,514	358,496	20,000	500,010	504,083

All activities are classified as continuing. There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2022

		2022	2021
	Notes	£	£
Fixed assets			
Property, plant and equipment	11	287,900	285,141
Current Assets			
Stock		596	596
Investment funds		96,964	95,987
Cash and cash equivalents		<u>146,188</u>	<u>152,229</u>
		243,748	248,812
Current Liabilities			
Creditors	12	<u>(31,638)</u>	<u>(29,870)</u>
Net current assets		212,110	218,942
Total assets less current liabilities		<u>500,010</u>	<u>504,083</u>
Represented by:			
Restricted funds	14	121,514	127,726
Unrestricted funds		358,496	376,357
Designated funds	15	<u>20,000</u>	-
		<u>500,010</u>	<u>504,083</u>

For the financial year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorized for issue on and are signed on its behalf by:

.....
Julie Taylor
Director

.....
Richard Bowden
Director

The notes attached here form part of the financial statements.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

1.0 Company information

The Ryan MS Therapy Centre (03003308) is a charity and company limited by guarantee incorporated in England and Wales. The registered office is Bradbury House, Lloyd Avenue, Coulsdon, Surrey, CR5 2QS.

2.0 Accounting policies

2.1 Accounting Conventions

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

The Ryan MS Therapy Centre meets the definition of a public benefit entity under FRS 102. There are no material uncertainties about the charity's ability to continue as a going concern.

2.2 Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.3 Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is possible that the income will be received, and the amount of income can be measured reliably.

2.4 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

2.5 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Physio Equipment	10% reducing balance
Office Equipment	10% reducing balance
Computer Equipment	25% reducing balance

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

2.6 Stock

Stock is stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition.

Stock held for distribution at no or nominal consideration are measured at the lower of replacement cost and cost, adjusted where applicable for any loss of service potential.

At each reporting date, an assessment is made for impairment. Any excess of the carrying amount of stock over its estimated selling price less costs to complete and sell is recognised as an impairment loss in profit or loss. Reversals of impairment losses are also recognised in profit or loss.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Investments

Investments, including cash equivalents on deposit, are included at fair value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities.

2.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

2.10 Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.12 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised. The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

3 Income from donations and legacies

	Restricted funds	Unrestricted funds	Total 2022	Total 2021
	£	£	£	£
Donations with gift aid	-	103,037	103,037	91,577
Grants and trusts	59,970	6,160	66,130	50,780
Legacies and memoria	-	1,145	1,145	4,002
	<u>59,970</u>	<u>110,342</u>	<u>170,312</u>	<u>146,359</u>

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

4 Income from fundraising activities

	Restricted funds	Unrestricted funds	Total 2022	Total 2021
	£	£	£	£
Internal fundraising				
Easter	-	55	55	274
Christmas	-	3,213	3,213	692
Sporting (Internal led)	-	8,055	8,055	5,580
Spring fundraiser	-	-	-	3
Schools (Internal led)	-	1,261	1,261	1,440
Corporate and community	-	249	249	5,553
Table sales	-	1,830	1,830	390
Ebay	-	398	398	18
Rotaries	-	535	535	1,250
Online giving	-	1,049	1,049	946
Recycling	-	232	232	173
Other internal fundraising	-	715	715	414
	-	17,592	17,592	16,733
External fundraising				
Sporting (External led)	-	1,910	1,910	1,642
Corporate and community	-	4,187	4,187	2,924
Online giving	-	579	579	449
Other external fundraising	-	5,308	5,308	-
	-	11,984	11,984	5,015
Collections				
Instore Token Scheme	-	1,867	1,867	2,393
Others	-	418	418	274
	-	2,285	2,285	2,667
Letting of premises				
200 Club	-	5,240	5,240	4,612
	-	5,240	5,240	4,612
	-	37,101	37,101	29,027

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

5 Fundraising costs

	Restricted funds	Unrestricted funds	Total 2022	Total 2021
	£	£	£	£
Fundraising Staff Costs	-	42,859	42,859	46,971
Staging Events and Activities	-	1,198	1,198	804
Advertising and Marketing	-	-	-	225
	<u>-</u>	<u>44,057</u>	<u>44,057</u>	<u>48,000</u>

6 Charitable activities costs

	Restricted funds	Unrestricted funds	Total 2022	Total 2021
	£	£	£	£
Therapies				
Physiotherapy costs	59,970	25,981	85,951	67,020
Depreciation	6,212	-	6,212	5,488
Support costs	-	78,009	78,009	85,848
	<u>66,182</u>	<u>103,990</u>	<u>170,172</u>	<u>158,356</u>

	Total 2022	Total 2021
	£	£
Support costs above include:		
Staff costs	44,800	33,755
Governance	1,320	1,320
Other costs	31,889	50,773
	<u>78,009</u>	<u>85,848</u>

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

7 Staff costs

	Total 2022	Total 2021
	£	£
Wages and salaries	99,885	96,389
Social security cost	3,666	4,254
Employer pension contributions (defined contribution plan)	2,787	1,408
Subcontractor costs	67,272	45,695
	173,610	147,746

The charity employed 5 employees during the year (2021: 4).

There were no employees whose annual emoluments were £60,000 or more (2021: none).

The key management personnel of the charity comprise Bonnita Apperley, Brenda Hemstead and Dawn White. The total employee benefits of the key management personnel of the charity were £82,657 (2021: £79,787).

8 Total expenditure

	Staff costs	Depreciation	Other costs	Total 2022	Total 2021
	£	£	£	£	£
Charitable activities	130,751	6,212	33,209	170,172	158,356
Raising funds	42,859	-	1,198	44,057	48,000
	173,610	6,212	34,407	214,229	206,356

9 Independent examination fee

	Total 2022	Total 2021
	£	£
Independent examination fee	1,320	1,320
	1,320	1,320

10 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

11 Fixed assets

	Freehold Property	Physio Equipment	Fixtures, Fittings & Equipment	Computer Equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2021	231,950	77,334	57,328	17,415	384,027
Additions	-	405	3,205	5,361	8,971
	<u>231,950</u>	<u>77,739</u>	<u>60,533</u>	<u>22,776</u>	<u>392,998</u>
Depreciation					
At 1 April 2021	-	49,541	37,221	12,124	98,886
Depreciation charged in the year	-	2,882	2,011	1,319	6,212
	<u>-</u>	<u>52,423</u>	<u>39,232</u>	<u>13,443</u>	<u>105,098</u>
Carrying amount					
At 31 March 2022	231,950	25,316	21,301	9,333	287,900
At 31 March 2021	<u>231,950</u>	<u>27,793</u>	<u>20,107</u>	<u>5,291</u>	<u>285,141</u>

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

12 Creditors

The following creditors are payable within one year:

	Total 2022	Total 2021
	£	£
Trade creditors	10,813	14,505
Accruals and deferred income	20,825	12,820
Taxes and social security costs	-	1,813
Other creditors	-	732
	<u>31,638</u>	<u>29,870</u>

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

13 Analysis of net assets between funds

Fund balances at 31 March 2022 are represented by:

	Restricted Funds	Unrestricted Funds	Designated Funds	Total Funds
	£	£	£	£
Tangible fixed assets	115,188	172,712	-	287,900
Current assets	6,326	217,422	20,000	243,748
Creditors: amounts falling due within one year	-	(31,638)	-	(31,638)
	121,514	358,496	20,000	500,010

Fund balances at 31 March 2021 are represented by:

	Restricted Funds	Unrestricted Funds	Total Funds
	£	£	£
Tangible fixed assets	115,188	169,953	285,141
Current assets	12,538	236,274	248,812
Creditors: amounts falling due within one year	-	(29,870)	(29,870)
	127,726	376,357	504,803

14 Restricted funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Building	115,188	-	-	-	115,188
Therapies	-	59,970	(59,970)	-	-
Equipment	12,538	-	(6,212)	-	6,326
	127,726	59,970	(66,182)	-	121,514

Building - The building was granted to the charity by the Bradbury Trust.

Therapies - Monies entrusted to the charity to spend directly on the provision of physiotherapy for MS sufferers.

Equipment - This fund relates to income that is received for the purchase of particular equipment.

15 Designated funds

	Bfwd	Income	Expenditure	Transfers	Cfwd
	£	£	£	£	£
Property	-	-	-	20,000	20,000
	-	-	-	20,000	20,000

Property – Funds assigned to the maintenance of Bradbury House.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2022

16 Control

During the year the charity was controlled by the Trustees.

17 Related party transactions

None of the Trustees (or any persons connected with them) received any remuneration during the year or received any reimbursement of expenditure.

Ryan Neuro Therapy Centre

England & Wales - Charity number 1044584

Accounts

REGISTERED COMPANY NUMBER: 03003308

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2021

REGISTERED CHARITY NO. 1044584

tc accounts • tax • legal • financial planning

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR TO 31 MARCH 2020

Trustees (all of whom are directors)	R Bowden (Chair) J Cottrell D Gibbs R Hudson M Jewell J Kibbey J Taylor
Company Secretary (and director)	D White
Charity number	1044584
Company number	03003308
Registered office	The Ryan MS Therapy Centre Bradbury House Lloyd Avenue Coulsdon Surrey CR5 2QS
Independent Examiner	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Main bankers	HSBC 90 Eden Street Kingston Upon Thames Surrey KT1 1DJ Lloyds Bank 312 London Road Waterlooville Hampshire PO7 7DX

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

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FOR THE YEAR TO 31 MARCH 2021**

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**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

TRUSTEES' REPORT

FOR THE YEAR TO 31 MARCH 2021

The Trustees present their Annual Report and the Financial Statements for the year to 31 March 2021. The accounts have been prepared in accordance with the accounting policies set out in Note 2 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and the Statement of Recommended Practice, Charities SORP (FRS102).

PRINCIPAL OBJECTIVES AND ACTIVITIES

The Company was formed on 20 December 1994 as a Company Limited by Guarantee, with the name Sutton and Croydon MS Therapy Centre. The Company was registered as a Charity in February 1995.

The objectives of the Charity are the provision and continuance of a therapy centre to support people with MS by the delivery of physio and other therapies as may be beneficial to the health and welfare of all such persons. To achieve these aims, the Charity purchased freehold premises at The Mount, Lloyd Avenue, Coulsdon on 1 May 1997.

An extension to the premises was completed during 2003, enabling the Charity to continue to meet the increasing demand for its therapy services to people with multiple sclerosis.

On the 27th November 2018, the Company and Charity name was changed to The Ryan MS Therapy Centre in order to demonstrate that the Therapy Centre did not have a specific catchment area for its members.

The main therapy provided by the Centre is that of physiotherapy. Prior to the COVID19 pandemic the physiotherapy was provided in classes and groups throughout the week, Monday to Friday. Space in the Centre was available for members to gather for refreshments and socialise and other alternative therapies were made available where possible. It is the Charity's policy to develop and improve services on a continuing basis.

However, since the lockdown in March 2020, the Charity has not been able to provide the same services to their members. More details of the therapy provision over the last year is covered later in this report under Achievements, Performance and Financial Review.

The Centre receives no statutory revenue funding and relies for its income entirely on its own fundraising activities and on donations from both members and external sources. Raising income is therefore a key activity for all staff, members and the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who have served since 1 April 2020 are as follows:

Richard Bowden
Jack Cottrell
David Gibbs
Rilla Hudson (retired November 2020)
Mel Jewell
Joanne Kibbey
Julie Taylor

The members generally vote trustees onto the board at the AGM, although the board can appoint co-opted members, as required and have them ratified by the members at the following AGM.

Each of the 6 Voluntary Trustees is responsible for an area of the charitable business, which therefore involves them in the day-to-day running of its affairs and of its decision-making. All the Trustees have continued to meet monthly to ensure the maintenance and upkeep of the Centre and to make decisions regarding the furloughing of staff and introduction of some limited therapy services.

The Memorandum and Articles of Association govern the Charity and this was last updated in 2018.

During the year, the Charity employed 2 office staff, a Corporate and Community Fundraiser, a Senior Physiotherapist, 3 contracted Assistant Physiotherapists and 8 contracted Physiotherapists. The Office staff and Corporate and Community Fundraiser were on full and flexible furlough throughout the year.

Although the charity is fortunate to have had over 27 voluntary staff working within the Centre in previous years, the COVID19 restrictions have meant that they were no longer able to help.

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR TO 31 MARCH 2021

The Trustees are responsible for ensuring that appropriate policies and procedures are in place for the running of the Centre and to meet our legal obligations. In order to comply with European GDPR regulations for data protection, we have an effective system in place to protect the interests of all those whose data we keep on our database.

In preparing the financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for ensuring proper accounting records are kept, which disclose with reasonable accuracy at any time the financial position of the funds of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Under the Charities Act 2011, the Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the Charity's funds situation and of the results for the year.

The trustees have paid due regard to Charity Commission guidance on public benefit.

ACHIEVEMENTS, PERFORMANCE AND FINANCIAL REVIEW

As this has been a very difficult year with three lockdowns and the associated restrictions we have been unable to provide the normal therapy services to our members. During the first lock down the physiotherapists commenced providing the members with three online physiotherapy classes which were popular with many of our more ambulant members.

Once restrictions eased the physiotherapists began planning the introduction of further services to the members. In August, with the trustee's approval, the physiotherapists commenced 1-2-1 appointments of 45 minutes each on three days a week. Each member was offered an appointment every fortnight, together with the opportunity of accessing the online classes as well. Staggering start times and limiting the number of people in the centre at any point in time allowed us to provide up to 40 individual 1-2-1 appointments. Strict PPE protocols were implemented, and all physiotherapists attended training sessions on how to put on and take off PPE.

The online classes were presented live, four days a week and recorded so that they could be accessed as many times as the members wished throughout the coming days and weeks. This regime was continued for the remainder of the year except for the months of January – March when government restrictions were increased and the recommendations from the Chartered Society of Physiotherapists were changed.

In addition to online exercise classes, meditation sessions were also recorded for our members to access.

The new online classes have proved very popular with most of our Centre based membership, keeping them active whilst in lockdown. They have also allowed us to become more inclusive by giving those, who would be unable to get to our Centre, direct access to specialised exercise, regardless of where they live in the World. The versatility of these classes means that they are likely to continue in some form when we return to 'normal' in the future.

Our membership numbers continued to be on a par with those of March 2020, with 126 attending members, 6 online only members and 48 supporting members.

For most of this year, with the country in lockdown, we were unable to offer assessments for potential new members and we have only recently been able to provide Covid safe assessments which have resulted in 3 new Members.

The income for the Centre is totally dependent on the continuation of regular member donations and fundraising. Whilst most of our members have continued to support us financially throughout the year, some have had to reduce their donation or stop it altogether. This has resulted in a significant reduction (25%) in our regular and general donations in the 20/21 tax year.

Our overall fundraising income decreased by 45 % from 2019/20. The following areas were severely affected; Collections were down by 78%, and our own internally organised events such as Quizzes plus Christmas and Easter fundraising were unable to take place resulting in a further 63% reduction from the previous year. Trust income was also reduced by 40% despite this being our focus for most of the year. Income for many charities have been severely affected by the pandemic which has led to increased competition for Grant and Trust monies.

THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR TO 31 MARCH 2021

We were fortunate to receive donations of equipment when specific asks were made. This included 3 exercise bikes from Aims2Cure, 4 tablets for use by the physio team donated by a member and a year's worth of PPE from the National Lottery.

The range of fundraising that was successful this year included the following:

- Support from several Waitrose stores via their Community Matters Scheme
- New online events such as Christmas Cake Raffle and Virtual Balloon Race
- Online sponsored events
- Facebook fundraisers
- Trusts including Croydon Relief in Need, Ross Harding Foundation, Card Factory and TNL Community Fund
- Money raised from Amazon Smile and Give as You Live
- 200 Club
- Recycle books and DVDs

Throughout 2020 our fundraising team has also taken the opportunity to review and improve fundraising activity including, refining processes, engaging more effectively with supporters and volunteers, setting up new online events, strengthening our case for support to trusts and changing our online donation platform in a bid to keep costs low. All of which will strengthen our fundraising activity for the future.

During this very difficult year, we have had to undertake some necessary repairs and maintenance to the buildings. With much of the centre closed prior to September, we were able to get significant repairs completed to the site drainage system, automatic front doors, alarm system, fire escape doors and toilets/sinks. In addition, in March we had major repairs carried out on the roof which had been leaking in several places.

Bearing in mind the difficult year that we have had, the financial outcomes for the year were better than anticipated at the start of the pandemic. The Government Grants covering up to 80% of the furloughed staff costs and the Grants and Trusts monies successfully obtained has helped enormously.

The total costs this year were £206,356 (2020: £236,782) with the income of £177,093 (2020: £251,879), giving a loss of £25,346 (2020: profit £16,045). At 31 March 2021 the charity had total reserves of £504,083 (2020: £529,429), made up of unrestricted funds of £376,357 (2020: £396,215) and restricted funds of £127,726 (2020: £133,214). Total free reserves stood at £218,912 which equates to just under 11 months of our typical pre-Covid running costs (£20,000).

The Trustees have set a reserves policy such that they are maintained at a level which ensures 9-12 months of our core activity can continue during a period of unforeseen difficulty (£180,000 - £240,000). This policy is reviewed each year. The level has been calculated following consideration of the risks associated with each income and expenditure streams within our business plan. These reserves are to be maintained in a readily realisable form such as investments and interest accounts.

PLANS FOR FUTURE PERIODS

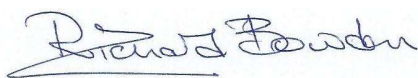
One of our biggest challenges is to bring in more fundraising income each new year to account for increasing staffing and maintenance costs for the Centre.

At the present time, it is difficult to know how long it will be before the COVID 19 restrictions ease enough for us to commence face to face classes and return to our extensive fundraising activities. The Trustees and staff will be reviewing the situation on a regular basis so that plans can be in place in readiness for loosening of restrictions when they happen.

Once we can reopen the Centre, we intend to introduce a hand function assessment tool and hand function training for all our members. In addition, we plan to become a student placement Centre for physiotherapy students which will provide us with both a source for understanding new physiotherapy methods and potential future members of staff.

We will be looking at ways of generating income from the hire of the Centre and its facilities.

This report has been prepared in accordance with the provisions of the Companies Act 2006 relating to small companies.



Richard Bowden

Chairman

28/9/21

Dated

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

FOR THE YEAR TO 31 MARCH 2021

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE RYAN MS THERAPY CENTRE**

I report on the accounts of the charitable company for the year ended 31 March 2021, which are set out on pages 5 to

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Cummins FCCA, FCIE
for and on behalf of TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyping
West Sussex,
BN44 3TN

Dated.....

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 31 MARCH 2021**

	Notes	Restricted Funds	2021 Unrestricted Funds	Total Funds	Restricted Funds	2020 Unrestricted Funds	Total Funds
		£	£	£	£	£	£
Income from:							
Donations and legacies	3	25,181	121,178	146,359	46,724	149,823	196,547
Charitable activities	4	-	-	-	-	562	562
Fundraising activities	5	-	29,027	29,027	-	52,622	52,622
Investment income		-	1,707	1,707	-	2,148	2,148
Total income		25,181	151,912	177,093	46,724	205,155	251,879
Expenditure on:							
Fundraising costs	6	-	48,000	48,000	-	42,420	42,420
Charitable activities costs	7	30,669	127,687	158,356	58,128	136,234	194,362
Total expenditure		30,669	175,687	206,356	58,128	178,654	236,782
Net income/(expenditure)		(5,488)	(23,775)	(29,263)	(11,404)	26,501	15,097
Other recognised gains and losses							
Gains/(losses) on investments		-	3,917	3,917	-	948	948
Net movement in funds		(5,488)	(19,858)	(25,346)	(11,404)	27,449	16,045
Fund balance brought forward At 1 April 2020		133,214	396,215	529,429	144,618	368,766	513,384
Fund balances carried forward At 31 March 2021	15	127,726	376,357	504,083	133,214	396,215	529,429

All activities are continuing.

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Property, plant and equipment	12		285,141		277,534
Current Assets:					
Stock		596		596	
Debtors	13	-		18,350	
Investment funds		95,987		151,243	
Cash and cash equivalents		152,229		84,810	
		<u>248,812</u>		<u>254,999</u>	
Current Liabilities:					
Creditors	14	(29,870)		(3,104)	
Net current assets			218,942		251,895
Total assets less current liabilities			<u>504,083</u>		<u>529,429</u>
Represented by:					
Restricted funds:	16		127,726		133,214
Unrestricted funds:			376,357		396,215
			<u>504,083</u>		<u>529,429</u>

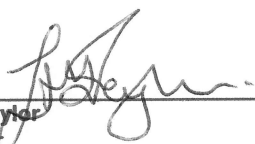
For the financial year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

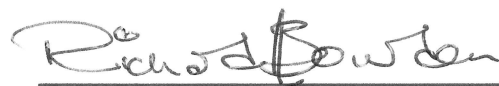
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on and are signed on its behalf by:


Julie Taylor
Director


Richard Bowden
Director

Company Registration No. 03003308

The notes attached hereto form part of the financial statements

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS

FOR THE YEAR TO 31 MARCH 2021

1 COMPANY INFORMATION

The Ryan MS Therapy Centre (03003308) is a charity and company limited by guarantee incorporated in England and Wales. The registered office is Bradbury House, Lloyd Avenue, Coulsdon, Surrey, CR5 2QS.

2 ACCOUNTING POLICIES

2.1 Accounting Conventions

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The Ryan MS Therapy Centre meets the definition of a public benefit entity under FRS 102. There are no material uncertainties about the charity's ability to continue as a going concern.

2.2 Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2.3 Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is possible that the income will be received, and the amount of income can be measured reliably.

2.4 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

2.5 Property, plant and equipment

Property, plant and equipment are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Physio Equipment	10% reducing balance
Office Equipment	10% reducing balance
Computer Equipment	25% reducing balance

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR TO 31 MARCH 2021

2 ACCOUNTING POLICIES (CONTINUED)

2.6 Stock

Stock is stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the inventories to their present location and condition.

Stock held for distribution at no or nominal consideration are measured at the lower of replacement cost and cost, adjusted where applicable for any loss of service potential.

At each reporting date, an assessment is made for impairment. Any excess of the carrying amount of stock over its estimated selling price less costs to complete and sell is recognised as an impairment loss in profit or loss. Reversals of impairment losses are also recognised in profit or loss.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Investments

Investments, including cash equivalents on deposit, are included at fair value at the balance sheet date. Any gain or loss on revaluation is taken to the Statement of Financial Activities.

2.9 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2.10 Creditors and provisions

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.12 Accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised. The trustees do not consider that there are any critical estimates or areas of judgement that need to be brought to the attention of the readers of the financial statements.

3 INCOME FROM DONATIONS AND LEGACIES

	Restricted Funds £	Unrestricted Funds £	<u>2021</u> Total Funds £	Restricted Funds £	Unrestricted Funds £	<u>2020</u> Total Funds £
Donations with gift aid	-	91,577	91,577		115,596	115,596
Other donations	-	-	-	4,868	3,363	8,231
Grants and trusts	25,181	25,599	50,780	41,856		41,856
Legacies and memoria	-	4,002	4,002		30,864	30,864
	25,181	121,178	146,359	46,724	149,823	196,547

Included within grants and trusts above are Coronavirus Job Retention Scheme grants of £25,599 (2020: £nil).

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR TO 31 MARCH 2021

4 INCOME FROM CHARITABLE ACTIVITIES

	Restricted Funds £	Unrestricted Funds £	<u>2021</u> Total Funds £	Restricted Funds £	Unrestricted Funds £	<u>2020</u> Total Funds £
Sales of goods for members	-	-	-	-	163	81
Income for alternative therapies	-	-	-	-	399	492
	-	-	-	-	562	573

5 INCOME FROM FUNDRAISING ACTIVITIES

	Restricted Funds £	Unrestricted Funds £	<u>2021</u> Total Funds £	Restricted Funds £	Unrestricted Funds £	<u>2020</u> Total Funds £
INTERNAL FUNDRAISING						
- Easter	-	274	274	-	1,437	1,437
- Christmas	-	692	692	-	5,888	5,888
- Sporting (Internal led)	-	5,580	5,580	-	5,252	5,252
- Spring fundraiser	-	3	3	-	1,603	1,603
- Schools (Internal Led)	-	1,440	1,440	-	654	654
- Quizzes	-	-	-	-	1,577	1,577
- Corporate and community	-	5,553	5,553	-	7,221	7,221
- Table sales	-	390	390	-	2,945	2,945
- Ebay	-	18	18	-	226	226
- Rotaries	-	1,250	1,250	-	-	-
- Online giving	-	946	946	-	1,216	1,216
- Recycling	-	173	173	-	-	-
- Other internal fundraising	-	414	414	-	1,592	1,592
						-
EXTERNAL FUNDRAISING						
- Sporting (External led)	-	1,642	1,642	-	1,334	1,334
- Corporate and community	-	2,924	2,924	-	1,150	1,150
- Online giving	-	449	449	-	433	433
- Other external fundraising	-	-	-	-	4,035	4,035
						-
COLLECTIONS						
Asda	-	-	-	-	824	824
Instore Token Scheme	-	2,393	2,393	-	-	-
Sainsburys	-	-	-	-	5,410	5,410
Waitrose community matters	-	-	-	-	2,301	2,301
Tesco	-	-	-	-	711	711
Rotary collections	-	-	-	-	1,620	1,620
Others	-	274	274	-	1,192	1,192
						-
LETTING OF PREMISES						
Hire of premises	-	-	-	-	25	25
200 Club	-	4,612	4,612	-	3,976	3,976
	-	29,027	29,027	-	52,622	52,622

6 FUNDRAISING COSTS

	Restricted Funds £	Unrestricted Funds £	<u>2021</u> Total Funds £	Restricted Funds £	Unrestricted Funds £	<u>2020</u> Total Funds £
Fundraising Staff Costs	-	46,971	46,971	-	39,966	39,966
Staging Events and Activities	-	804	804	-	1,206	1,206
Advertising and Marketing	-	225	225	-	1,248	1,248
	-	48,000	48,000	-	42,420	42,420

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR TO 31 MARCH 2021

7 CHARITABLE ACTIVITIES COSTS

	Restricted Funds £	Unrestricted Funds £	2021 Total Funds £	Restricted Funds £	Unrestricted Funds £	2020 Total Funds £
THERAPIES						
Physiotherapy costs	25,181	41,839	67,020	46,624	53,374	99,998
Depreciation	5,488	-	5,488	5,662	-	5,662
Support costs	-	85,848	85,848	5,842	82,679	88,521
SALES OF GOODS						
Cost of goods sold & written off	-	-	-	-	134	134
Support costs	-	-	-	-	47	47
	30,669	127,687	158,356	58,128	136,234	194,362

Support costs above include:

	2021 £	2020 £
Staff Costs		
Governance	33,755	53,623
Other Costs	1,320	3,046
	50,773	31,852
	85,848	88,521

8 STAFF COSTS

NUMBER OF EMPLOYEES

The charity employed 4 employees during the year (2020: 4).

STAFF COSTS AND OTHER EMOLUMENTS

	2021 £	2020 £
Wages and salaries	96,389	75,884
Social security cost	4,254	3,364
Employer pension contributions (defined contribution plan)	1,408	2,114
Subcontractor costs	45,695	111,496
	147,746	192,858

There were no employees whose annual emoluments were £60,000 or more (2020: none).

The key management personnel of the charity comprise Bonnita Apperley, Brenda Hemstead and Dawn White. The total employee benefits of the key management personnel of the charity were £79,787 (2020: £78,983).

9 TOTAL EXPENDITURE

	Staff costs £	Depreciation £	Other costs £	2021 Total £	2020 Total £
Charitable activities	100,775	5,488	52,093	158,356	194,294
Raising funds	46,971	-	1,029	48,000	42,420
	147,746	5,488	53,122	206,356	236,714

10 INDEPENDENT EXAMINATION FEE

	2021 £	2020 £
Independent examination fee	1,320	1,320

11 TAXATION

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR TO 31 MARCH 2021

12 FIXED ASSETS

	Freehold Property	Physio Equipment	Fixtures, Fittings & Equipment	Computer Equipment	Total
	£	£	£	£	£
Cost					
At 1 April 2020	231,950	74,537	50,620	13,825	370,932
Additions	-	2,797	6,708	3,590	13,095
	<u>231,950</u>	<u>77,334</u>	<u>57,328</u>	<u>17,415</u>	<u>384,027</u>
Depreciation and impairment					
At 1 April 2020	-	46,661	35,601	11,136	93,398
Depreciation charged in the year	-	2,880	1,620	988	5,488
	<u>-</u>	<u>49,541</u>	<u>37,221</u>	<u>12,124</u>	<u>98,886</u>
Carrying amount					
At 31 March 2021	<u>231,950</u>	<u>27,793</u>	<u>20,107</u>	<u>5,291</u>	<u>285,141</u>
At 31 March 2020	<u>231,950</u>	<u>27,876</u>	<u>15,019</u>	<u>2,689</u>	<u>277,534</u>

The trustees consider the useful economic life of the property to be 50 years. In accordance with FRS 102 depreciation is recognised so as to write off the cost of the property, less its residual value, over its useful economic life. The trustees have assessed that the residual value of the property, based on the current market conditions, is likely to be sufficiently high such that depreciation is immaterial to be provided for within these financial statements.

13 DEBTORS

	2021 £	2020 £
The following debtors are estimated to be received within one year:		
Income tax recoverable	-	18,350
	<u>-</u>	<u>18,350</u>

14 CREDITORS

	2021 £	2020 £
The following creditors are payable within one year:		
Trade creditors	14,505	-
Accruals and deferred income	12,820	3,104
Taxes and social security costs	1,813	-
Other creditors	732	-
	<u>29,870</u>	<u>3,104</u>

15 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund balances at 31 March 2021 are represented by:			
Tangible fixed assets	115,188	169,953	285,141
Current assets	12,538	236,274	248,812
Creditors: amounts falling due within one year	-	(29,870)	(29,870)
	<u>127,726</u>	<u>376,357</u>	<u>504,083</u>
Fund balances at 31 March 2020 are represented by:			
Tangible fixed assets	115,188	162,346	277,534
Current assets	18,026	236,973	254,999
Creditors: amounts falling due within one year	-	(3,104)	(3,104)
	<u>133,214</u>	<u>396,215</u>	<u>529,429</u>

**THE RYAN MS THERAPY CENTRE
(LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR TO 31 MARCH 2021

16 RESTRICTED FUNDS

	Bfwd £	Income £	Expenditure £	Transfers £	Cfwd £
Building	115,188	-	-	-	115,188
Therapies	-	25,181	(25,181)	-	-
Equipment	18,026	-	(5,488)	-	12,538
	133,214	25,181	(30,669)	-	127,726

Building - The building was granted to the charity by the Bradbury Trust.

Therapies - Monies entrusted to the charity to spend directly on the provision of physiotherapy for MS sufferers.

Equipment - This fund relates to income that is received for the purchase of particular equipment.

17 CONTROL

During the year the charity was controlled by the Trustees.

18 RELATED PARTY TRANSACTIONS

None of the Trustees (or any persons connected with them) received any remuneration during the year or received any reimbursement of expenditure.

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