

The Person Centred Association

England & Wales · Charity number 1044077

Details

Other names	THE BRITISH ASSOCIATION FOR THE PERSON-CENTRED APPROACH, BAPCA
Status	Registered
Legal form	Other
Registered	1995-02-13
Register	View on the Charity Commission register

Contact

Address PO Box 7169
Office 145330
Poole
Dorset
BH15 9EL

Phone 00000000000

Email ADMIN@THE-PCA.ORG.UK

Website www.the-pca.org.uk

Activities

Objects: The objects of the TPCA are: 3.1 The Person Centred Association (TPCA) is a non-religious, non-profit making and non-politically aligned association whose purpose is to promote the development of Person-Centred and Experiential Psychology, Counselling and Psychotherapy and the Person-Centred Approach (PCA) throughout the United Kingdom 3.2 In pursuit of its purpose, TPCA will advance education in Person-Centred and Experiential Psychology, Counselling and Psychotherapy and the Person-Centred Approach (PCA) by such means as the Trustee Group (TG), shall decide on behalf of the membership. 3.3 TPCA operates with the principles of the Person-Centred Approach 3.4 TPCA seeks to be inclusive, anti-discriminatory and anti-oppressive. TPCA recognises the value and the human rights of all people, regardless of culture, religious affiliation, ethnicity, race, gender, age, sexual orientation, financial or social standing, educational attainment or special needs. 3.5 TPCA represents the diversity of understanding/articulation of Person-Centred Therapy and the Person-Centred Approach Nothing in this constitution shall authorise an application of the property of TPCA for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

Activities: Promote the development of Person-Centred Psychology in general and the Person-Centred Approach (PCA) throughout Great Britain.

Classification

- **How:** Makes Grants To Individuals, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training
- **Who:** The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£43,439	£39,569	-	-
2024-03-31	£35,646	£31,049	-	-
2023-03-31	£24,135	£25,484	-	-
2022-03-31	£32,806	£20,504	-	-
2021-03-31	£6,574	£9,834	-	-

Trustees

Name	Role	Appointed
Alison Drury	Chair	2023-05-21
Carys Jones		2025-10-06
David Hansen		2025-09-07
Dr LJ Potter		2025-10-06
Jessica Grasham		2025-10-06
Louise Wilson		2023-05-21
Matt Willis		2025-11-17

The Person Centred Association

England & Wales - Charity number 1044077

Accounts

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2025**

Charity Number 1044077

THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2025

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THE PERSON CENTRED ASSOCIATION

Officers and professional advisers

Registered charity name the Person-Centred Association

Charity number 1044077

Registered office Unit 145330
PO Box 7169
Poole,
BH15 9EL

Trustees Alison Drury
Sam Fox
Toral Patel
Oliver Thompson
Louise Wilson

Bankers Unity Bank
P O Box 7093
Planetary Road
Willenhall
WV1 9DG

THE PERSON CENTRED ASSOCIATION TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

The trustees present their annual report, together with the financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of officers and provisional advisers on page 1 of the unaudited return.

The Trustees

The trustees who served the charity throughout the year and up to the date of this report (unless stated otherwise) were as follows:

Alison Drury		
Toral Patel		
Oliver Thompson		
Louise Wilson		
Sam Fox	from 20 December 24	
Teresa Dowson		until 3 March 2025
Sonia Hall		until 8 January 2025
Sarah Aref		until 4 August 2024
Jules Elliott		until 4 August 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trust Deed and Objectives

The Association is an unincorporated charity whose constitution was first approved at the first Annual General Meeting of the Association on 30 June 1990. It is a Registered Charity number 1044077.

The principal objective of the Charity is to advance education in Person-Centred Psychology and the Person-Centred Approach (PCA).

Principal Activities

Promote and disseminate knowledge and practical application, study and public debate.

Establish contact with practitioners, researchers, organisations and individuals in whatever areas they consider the Person-Centred Approach (PCA) may have an appropriate application.

Develop, maintain and disseminate, as appropriate, registers and listings of practitioners, trainers, researchers, courses, service providers, service users, organisations, individuals and the like.

Contribute to the publishing of magazines, books and articles and/or through any other appropriate media.

Affiliate or co-operate with national and/or international organisations which either have similar goals or which are structured to promote the realisation of the objectives of the Association.

Initiate and support scientific, philosophical, cultural and other projects that are considered to be aimed at the realisation of the Association's objectives.

THE PERSON CENTRED ASSOCIATION

TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2025

Principal Activities (continued)

Recognise professional training for Client-Centred Psychotherapy/Counselling and applications of the PCA.

Support Local Groups set up to encourage interest in the PCA.

Organising and running national conferences in support of practitioners and trainers of the Person-Centred Approach.

Initiating new and supporting existing Person-Centred Special Interest Groups that engage with specialisms within broader Person-Centred theory and practice (neurodivergence, research, GSRD, non-pathologising approach, trauma informed, student).

Governance

The Charity is administered by a Board of Trustees (known as “the Trustee Group”), who are supported by a self-employed Engagement and Information Officer, who charges the association for her work on an hourly basis.

Trustees Recruitment and Training

Trustees are elected for a term of two years and can serve for a maximum of three consecutive terms. The constitution permits Trustees to be co-opted from the membership and the co-opt system will sometimes be employed to recruit people with particular skills needed by the association. Nine trustees were in post during this period.

Risk management

Very few of the association’s activities expose members, or the public, to physical risk. The main risk the charity is exposed to is one of financial fidelity and this is kept under periodic review by the trustees. Bank account payments must be authorised by the EIO and a Trustee. PayPal and GoCardless payments are authorised by the Engagement and Information Officer only. The risk of income misappropriation is low because nearly all of the income is received via bank transfer and there are no cash takings.

The Charity saw a 4% growth in membership numbers in the year 24/25 - from 623 to 654.

Investment policy

Surplus funds are held in bank deposit accounts that are covered by the Financial Services Compensation Scheme.

Achievements and performance

The normal activities of the Association continued this year including

- maintaining a website which provides information about the Person-Centred Approach, person-centred events, local groups, communities of practice and a national directory of person-centred trained practitioners
- publishing a quarterly magazine (Person-Centred Quarterly)
- facilitating distribution of Person-Centred and Experiential Psychotherapy (PCEP)
- dissemination of monthly newsletter
- maintaining and developing international links
- Campaigning to highlight the impact of SCoPEd on the Person Centred Approach

THE PERSON CENTRED ASSOCIATION TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

Activities for 24-25 included

- Hosting of tPCA Residential conference (June 2024) attended by 60 delegates
- Development and implementation of the tPCA strategic plan [Strategy 2024 - The Person Centred Association](#)
- Keynote presentations from two speakers at the AGM (Brian Thorne and Jan Hawkins)
- Increasing presence on social media (Facebook and LinkedIn)
- Developing and producing a series of podcasts (Project Encounter)

Public benefit

In setting out their objectives and planning their activities, the trustees have complied with the duty under the Charities Act 2011, to have due regard to the public benefit guidance published by the Charities Commission.

The Association's primary focus is educational, and this objective is met through:

- the publication of the quarterly magazine "Person-Centred Quarterly"
- the distribution of the international journal "Person-Centered and Experiential Psychotherapy"
- the organisation of conferences and workshops
- the publication of podcasts
- the organisation of Special Interest Groups

Financial review

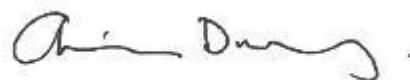
Income exceeded expenditure by £3,870, increasing the association's cash funds to £57,424 from £53,554.

At the end of the financial year, unrestricted reserves stood at £53,143 and restricted reserves at £4,281.

Reserves policy

The Trustees adopt the advice of the Charity Commission in seeking to maintain an adequate level of unrestricted funds to support the association's ongoing work. Unrestricted funds at 31 March 2025 were £53,143, which comfortably exceeds the average of the preceding four years and is considered adequate for the charity going forward.

Signed on behalf of the Trustees



Alison Drury

Chair tPCA

19th August 2025

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF RECEIPTS AND PAYMENTS
YEAR ENDED 31 MARCH 2025**

	Note	Unrestricted funds £	Restrict ed funds £	2025 £	2024 £
INCOME	1				
INCOME FROM CHARITABLE ACTIVITIES					
Members' subscriptions and sundries		16,834	-	16,834	15,279
Conference fees		<u>26,285</u>	<u>320</u>	<u>26,605</u>	<u>20,367</u>
TOTAL INCOME		<u>43,119</u>	<u>320</u>	<u>43,439</u>	<u>35,646</u>
EXPENDITURE	1				
EXPENDITURE ON CHARITABLE ACTIVITIES					
Conference costs		22,872	620	23,492	12303
Bank charges		71	-	71	72
PayPal/GoCardless fees		757	-	757	646
Administrative support		6,051	-	6,051	4,936
Stationery and IT		336	-	336	144
Project Encounter		169	-	169	264
PCE Europe		306	-	306	313
PCCS books		-	-	-	175
Seeding – local groups		-	250	250	-
PCEP journals		3,901	-	3,901	4,158
Insurance		448	-	448	-
Website maintenance and development		<u>1,676</u>	<u>-</u>	<u>1,676</u>	<u>5,758</u>
		<u>36,587</u>	<u>870</u>	<u>37,457</u>	<u>28,769</u>
EXPENDITURE ON GOVERNANCE					
Independent examination		<u>2,112</u>	<u>-</u>	<u>2,112</u>	<u>2,280</u>
		<u>38,699</u>	<u>870</u>	<u>39,569</u>	<u>31,049</u>
TOTAL EXPENDITURE		<u>38,699</u>	<u>870</u>	<u>39,569</u>	<u>31,049</u>
NET INCREASE/DECREASE IN CASH		4,420	(550)	3,870	4,597
RECONCILIATION OF FUNDS	2				
Cash balance brought forward		<u>48,723</u>	<u>4,831</u>	<u>53,554</u>	<u>48,957</u>
Cash balances carried forward		<u>53,143</u>	<u>4,281</u>	<u>57,424</u>	<u>53,554</u>

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF RECEIPTS AND PAYMENTS
YEAR ENDED 31 MARCH 2024**

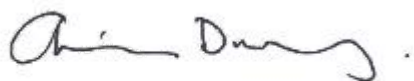
	Note	Unrestricted funds £	Restrict ed funds £	2024 £
INCOME	1			
INCOME FROM CHARITABLE ACTIVITIES				
Members' subscriptions and sundries		15,279	-	15,279
Conference fees		<u>20,337</u>	<u>30</u>	<u>20,367</u>
TOTAL INCOME		<u>35,616</u>	<u>30</u>	<u>35,646</u>
EXPENDITURE	1			
EXPENDITURE ON CHARITABLE ACTIVITIES				
Conference costs		11,775	528	12,303
Bank charges		72	-	72
PayPal/GoCardless fees		646	-	646
Administrative support		4,936	-	4,936
Stationery and IT		144	-	144
Project Encounter		264	-	264
PCE Europe		313	-	313
PCCS books		175	-	175
P-CEP journals		4,158	-	4,158
Website maintenance and development		<u>5,758</u>	<u>-</u>	<u>5,758</u>
		<u>28,241</u>	<u>528</u>	<u>28,769</u>
EXPENDITURE ON GOVERNANCE				
Independent examination		<u>2,280</u>	<u>-</u>	<u>2,280</u>
		<u>30,521</u>	<u>528</u>	<u>31,049</u>
TOTAL EXPENDITURE		<u>30,521</u>	<u>528</u>	<u>31,049</u>
NET INCREASE/DECREASE IN CASH		5,095	(498)	(4,597)
RECONCILIATION OF FUNDS	2			
Cash balance brought forward		<u>43,628</u>	<u>5,329</u>	<u>48,957</u>
Cash balances carried forward		<u>48,723</u>	<u>4,831</u>	<u>53,554</u>

There were no movements in restricted funds in the previous accounting period.

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2025**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Assets				
Cash funds				
Unity/NatWest	51,841	4,281	56,122	51,619
PayPal	1,302	-	1,302	1,935
GoCardless	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total cash funds	<u>53,143</u>	<u>4,281</u>	<u>57,424</u>	<u>53,554</u>
Known liabilities				
	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Accrued costs				
Accountancy/independent examination	<u>1,800</u>	<u>-</u>	<u>1,800</u>	<u>1,020</u>

The unaudited financial statements were approved by the Trustees on 19th August 2025 and were signed on their behalf by:



Alison Drury

Chair tPCA

THE PERSON CENTRED ASSOCIATION REPORT AND FINANCIAL STATEMENTS

STATEMENT OF ASSETS AS AT 31 MARCH 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Assets			
Cash funds			
Unity/NatWest	46,788	4,831	51,619
PayPal	1,935	-	1,935
Go Cardless	<u>-</u>	<u>-</u>	<u>-</u>
	<u>48,723</u>	<u>4,831</u>	<u>53,554</u>
 Known liabilities			
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Accrued costs			
Independent examination/accountancy	<u>1,020</u>	<u>-</u>	<u>1,020</u>

The unaudited financial statements were approved by the Trustees on 13 August 2024 and were signed on their behalf by:



Oliver Thompson

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025**

1.ACCOUNTING POLICIES

(i) Reporting framework

The financial statements have been prepared under the historical cost convention.

(ii) Receipts

Income is recognised at the point of receipt.

(iii) Payments

Expenditure is recognised at the point of payment.

2.RESTRICTED FUNDS

	2025 Bursary £	2025 Seeding £	2025 Total £	2024 Bursary £	2024 Seeding £	2024 Total £
At 1 April	1,270	3,561	4,831	1,768	3,561	5,329
Donations	-	-	-	-	-	-
Local groups	-	(250)	(250)	-	-	-
Conference fees	320	-	320	30	-	30
Conference costs	<u>(620)</u>	<u>-</u>	<u>(620)</u>	<u>(528)</u>	<u>-</u>	<u>(528)</u>
At 31 March	<u>970</u>	<u>3,311</u>	<u>4,281</u>	<u>1,270</u>	<u>3,561</u>	<u>4,831</u>

Restricted funds can only be used for their specified purpose. The bursary fund is available for help with educational costs and the seeding fund, which originated from funds passed over to us on the closure of the Chiltern and Thames local group, may be used only to support other local groups.

3.DESIGNATED FUNDS

Project Encounter, established in the previous accounting period with an allocation of £1,000, aims to create and disseminate podcasts about the person-centred approach through interviews with tPCA members. The funding provided for the purchase of recording equipment and other related expenses. Expenditure in the current year of £169 was incurred out of a brought forward balance of £736; leaving £567 carrying forward, within total unrestricted funds of £53,143, for use in future accounting periods.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE PERSON CENTRED ASSOCIATION

I report to the trustees on my examination of the accounts of The Person Centred Association for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of The Person Centred Association you are responsible for the preparation of accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Person Centred Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe in any material respect:

1. accounting records were not kept in respect of The Person Centred Association as required by section 130 of the Act; or
2. the accounts do not accord with the accounting records; or
3. the accounts did not comply with the applicable accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to obtain a proper understanding of the accounts to be reached.



Melvin Bailey FCCA DChA

**Rogers Spencer
Chartered Certified Accountants
Newstead House
Pelham Road
Nottingham
NG5 1AP**

19 August 2025

The Person Centred Association

England & Wales - Charity number 1044077

Accounts

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2024**

Charity Number 1044077

THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2024

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THE PERSON CENTRED ASSOCIATION

Officers and professional advisers

Registered charity name The British Association for the Person-Centred Approach

Charity number 1044077

Registered office TPCA
5 Windsor Lodge,
39a Windsor Avenue,
Surrey, KT3 5HS

Trustees Teresa Dowson
Alison Drury
Sonia Hall
Toral Patel
Oliver Thompson
Louise Wilson

Bankers Unity Bank
P O Box 7093
Planetary Road
Willenhall
WV1 9DG

THE PERSON CENTRED ASSOCIATION TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

The trustees present their annual report, together with the financial statements of the charity for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of officers and provisional advisers on page 1 of the unaudited return.

The Trustees

The trustees who served the charity throughout the year and up to the date of this report (unless stated otherwise) were as follows:

Teresa Dowson		
Toral Patel		
L J Potter		
Alison Drury	from 21 May 2023	
Louise Wilson	from 21 May 2023	
Oliver Thompson	from 13 August 2023	
Mark Williams	from 13 August 2023	until 31 March 2024
Sonia Hall	from 7 January 2024	
Jane Peacock		until 12 April 2023
Jonno Ward		until 11 June 2023
L J Potter		until 31 March 2024
Sarah Aref		until 4 August 2024
Julie Elliott		until 4 August 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trust Deed and Objectives

The Association is an unincorporated charity whose constitution was first approved at the first Annual General Meeting of the Association on 30 June 1990. It is a Registered Charity number 1044077.

The principal objective of the Charity is to advance education in Person-Centred Psychology and the Person-Centred Approach (PCA).

Principal Activities

Promote and disseminate knowledge and practical application, study and public debate.

Establish contact with practitioners, researchers, organisations and individuals in whatever areas they consider the Person-Centred Approach (PCA) may have an appropriate application. Also promoting and carrying out, research, surveys and investigations and publishing the results.

Develop, maintain and disseminate, as appropriate, registers and listings of practitioners, trainers, researchers, courses, service providers, service users, organisations, individuals and the like.

Contribute to the publishing of magazines, books and articles and/or through any other appropriate media.

Affiliate or co-operate with national and/or international organisations which either have similar goals or which are structured to promote the realisation of the objectives of the Association.

Initiate and support scientific, philosophical, cultural and other projects that are considered to be aimed at the realisation of the Association's objectives.

THE PERSON CENTRED ASSOCIATION

TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

Principal Activities (continued)

Recognise professional training for Client-Centred Psychotherapy/Counselling and applications of the PCA.

Support Local Groups set up to encourage interest in the PCA.

Organising and running national conferences in support of practitioners and trainers of the Person-Centred Approach.

Initiating new, and supporting existing Person-Centred Communities of Practice that engage with specialisms within broader Person-Centred theory and practice (neurodivergence, research, GSRD, non-pathologising approach, trauma informed).

Governance

The Charity is administered by a Board of Trustees (known as “the Trustees’ Group”), who are supported by an administrator. She is self-employed and charges the Association for her work on an hourly basis.

Trustees Recruitment and Training

Trustees are elected for a term of two years and can serve for a maximum of three consecutive terms. The constitution permits Trustees to be co-opted from the membership and the co-opt system will sometimes be employed to recruit people with particular skills needed by the association.

Risk management

Very few of the association’s activities expose members, or the public, to physical risk. The main risk the charity is exposed to is one of financial fidelity and this is kept under periodic review by the trustees. Bank account, PayPal and Worldpay payments can be authorized solely by the Treasurer. The risk of income misappropriation is low because nearly all of the income is received via bank transfer and there are no cash takings.

The Trustees are mindful of the financial position of the association have put measures in place to address the decline in membership numbers that appear to bearing fruit. However, caution is required to ensure the association remains viable over the longer term.

Investment policy

Surplus funds are held in bank deposit accounts that are covered by the Financial Services Compensation Scheme.

Achievements and performance

The normal activities of the Association continued this year including

- maintaining a website which provides information about the Person-Centred Approach, person-centred events, local groups, communities of practice and a national directory of person-centred trained practitioners
- publishing a quarterly magazine (Person-Centred Quarterly)
- facilitating distribution of Person-Centred and Experiential Psychotherapy (PCEP)
- dissemination of monthly newsletter
- maintaining and developing international links
- Campaigning to highlight the impact of SCoPEd on the Person Centred Approach

THE PERSON CENTRED ASSOCIATION TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Activities for 23-24 included

- Hosting of tPCA Trainers' Conference (July 2023) which was attended by 36 delegates.
- Hosting of a GSRD Conference (November 2023), attended by 45 delegates
- Distribution of Keynote presentation from GSRD conference
- Developing and producing a series of podcasts (Project Encounter)
- Development of new CoPs (research and neurodivergence)
- Review of local groups and the way tPCA engages with them.
- Development of a strategic plan for tPCA

Principal Activities (continued)

- Developing and producing a series of podcasts (Project Encounter)
- Development of new CoPs (research and neurodivergence)
- Review of local groups and the way tPCA engages with them.
- Development of a strategic plan for tPCA

Public benefit

In setting out their objectives and planning their activities, the trustees have complied with the duty under the Charities Act 2011, to have due regard to the public benefit guidance published by the Charities Commission.

The Association's primary focus is educational, and this objective is met through:

- the publication of the quarterly magazine "Person-Centred Quarterly"
- the distribution of the international journal "Person-Centered and Experiential Psychotherapy"
- the organisation of conferences and workshops
- the publication of podcasts
- the organisation of Special Interest Groups

Financial review

Income exceeded expenditure by £4,597, increasing the association's cash funds to £53,554 from £48,957.

At the end of the financial year, unrestricted reserves stood at £48,723 and restricted at reserves at £4,831.

Reserves policy

The Trustees adopt the advice of the Charity Commission in seeking to maintain an adequate level of unrestricted funds to support the association's ongoing work. They are particularly mindful that the biannual conference exposes the funds to greater financial risk. The association's membership has increased over the last year.

Signed on behalf of the Trustees



Oliver Thompson

13 August 2024

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF RECEIPTS AND PAYMENTS
YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted funds £	Restricted funds £	2024 £	2023 £
INCOME	1				
INCOME FROM CHARITABLE ACTIVITIES					
Members' subscriptions and sundries		15,279	-	15,279	16,059
Conference fees		<u>20,337</u>	<u>30</u>	<u>20,367</u>	<u>8,076</u>
TOTAL INCOME		<u>35,616</u>	<u>30</u>	<u>35,646</u>	<u>24,135</u>
EXPENDITURE	1				
EXPENDITURE ON CHARITABLE ACTIVITIES					
Conference costs		11,775	528	12,303	12,949
Bank charges		72	-	72	72
PayPal/GoCardless fees		646	-	646	389
Administrative support		4,936	-	4,936	3,492
Travel expenses		-	-	-	344
Stationery and IT		144	-	144	48
Project Encounter		264	-	264	-
PCE Europe		313	-	313	332
PCCS books		175	-	175	-
Professional services		-	-	-	-
NEAPCEPC		-	-	-	-
P-CEP journals		4,158	-	4,158	3,855
Insurance		-	-	-	-
Website maintenance and development		<u>5,758</u>	<u>-</u>	<u>5,758</u>	<u>3,223</u>
		<u>28,241</u>	<u>528</u>	<u>28,769</u>	<u>24,074</u>
EXPENDITURE ON GOVERNANCE					
Independent examination		<u>2,280</u>	<u>-</u>	<u>2,280</u>	<u>780</u>
		<u>30,521</u>	<u>528</u>	<u>31,049</u>	<u>25,484</u>
TOTAL EXPENDITURE		<u>30,521</u>	<u>528</u>	<u>31,049</u>	<u>25,484</u>
NET INCREASE/DECREASE IN CASH		5,095	(498)	4,597	(1,349)
RECONCILIATION OF FUNDS	2				
Cash balance brought forward		<u>43,628</u>	<u>5,329</u>	<u>48,957</u>	<u>50,306</u>
Cash balances carried forward		<u>48,723</u>	<u>4,831</u>	<u>53,554</u>	<u>48,957</u>

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF RECEIPTS AND PAYMENTS
YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted funds £	Restricted funds £	2023 £
INCOME	1			
INCOME FROM CHARITABLE ACTIVITIES				
Members' subscriptions and sundries		15,958	101	16,059
Conference fees		<u>8,076</u>	<u>-</u>	<u>8,076</u>
TOTAL INCOME		<u>24,034</u>	<u>101</u>	<u>24,135</u>
EXPENDITURE	1			
EXPENDITURE ON CHARITABLE ACTIVITIES				
Conference costs		12,949	-	12,949
Bank charges		72	-	72
PayPal/GoCardless fees		389	-	389
Administrative support		3,492	-	3,492
Travel expenses		344	-	344
Stationery and IT		48	-	48
Charity Commission		-	-	-
PCE Europe		332	-	332
PCCS books		-	-	-
Professional services		-	-	-
NEAPCEPC		-	-	-
P-CEP journals		3,855	-	3,855
Insurance		-	-	-
Website maintenance and development		<u>3,223</u>	<u>-</u>	<u>3,223</u>
		<u>24,704</u>	<u>-</u>	<u>24,704</u>
EXPENDITURE ON GOVERNANCE				
Independent examination		<u>780</u>	<u>-</u>	<u>780</u>
		<u>25,484</u>	<u>-</u>	<u>25,484</u>
TOTAL EXPENDITURE		<u>25,484</u>	<u>-</u>	<u>25,484</u>
NET INCREASE/DECREASE IN CASH		(1,450)	101	(1,349)
RECONCILIATION OF FUNDS	2			
Cash balance brought forward		<u>45,078</u>	<u>5,228</u>	<u>50,306</u>
Cash balances carried forward		<u>43,628</u>	<u>5,329</u>	<u>48,957</u>

There were no movements in restricted funds in the previous accounting period.

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2024**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Assets				
Cash funds				
Unity/NatWest	46,788	4,831	51,619	46,464
PayPal	1,935	-	1,935	2,493
GoCardless	-	-	-	-
Total cash funds	<u>48,723</u>	<u>4,831</u>	<u>53,554</u>	<u>48,957</u>
Known liabilities				
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Accrued costs				
Accountancy/independent examination	<u>1,020</u>	-	<u>1,020</u>	<u>1,527</u>

The unaudited financial statements were approved by the Trustees on...13 August 2024 and were signed on their behalf by:



Oliver Thompson

STATEMENT OF ASSETS AS AT 31 MARCH 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Assets			
Cash funds			
Unity/NatWest	41,135	5,329	46,464
PayPal	2,493	-	2,493
Go Cardless	-	-	-
	<u>43,628</u>	<u>5,329</u>	<u>48,957</u>
 Known liabilities			
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Accrued costs			
Independent examination/accountancy	<u>1,572</u>	<u>-</u>	<u>1,572</u>

The unaudited financial statements were approved by the Trustees on 31 August 2023 and were signed on their behalf by:

L J Potter

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

1.ACCOUNTING POLICIES

(i) Reporting framework

The financial statements have been prepared under the historical cost convention.

(ii) Receipts

Income is recognised at the point of receipt.

(iii) Payments

Expenditure is recognised at the point of payment.

2.RESTRICTED FUNDS

	2024 Bursary £	2024 Seeding £	2024 Total £	2023 Bursary £	2023 Seeding £	2023 Total £
At 1 April	1,768	3,561	5,329	1,667	3,561	5,228
Donations	-	-	-	101	-	101
Conference fees	30	-	30	-	-	-
Conference costs	<u>(528)</u>	<u>-</u>	<u>(528)</u>	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March	<u>1,270</u>	<u>3,561</u>	<u>4,831</u>	<u>1,768</u>	<u>3,561</u>	<u>5,329</u>

Restricted funds can only be used for their specified purpose. The bursary fund is available for help with educational costs and the seeding fund, which originated from funds passed over to us on the closure of the Chiltern and Thames local group, may be used only to support other local groups.

3.DESIGNATED FUNDS

During the year the trustees earmarked £1,000 of funding towards Project Encounter. The aim of this project is to create and disseminate podcasts about the person-centred approach through interviews with tPCA members. The funding will be used to purchase recording equipment and cover expenses. As at 31 March 2024, this fund had incurred expenditure of £264, leaving an unspent balance on this fund of £736 included within in total unrestricted funds of £48,723.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE PERSON CENTRED ASSOCIATION

I report to the trustees on my examination of the accounts of The Person Centred Association for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of The Person Centred Association you are responsible for the preparation of accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Person Centred Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe in any material respect:

1. accounting records were not kept in respect of The Person Centred Association as required by section 130 of the Act; or
2. the accounts do not accord with the accounting records; or
3. the accounts did not comply with the applicable accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to obtain a proper understanding of the accounts to be reached.



Melvin Bailey FCCA DChA

**Rogers Spencer
Chartered Certified Accountants
Newstead House
Pelham Road
Nottingham
NG5 1AP**

14 August 2024

The Person Centred Association

England & Wales - Charity number 1044077

Accounts

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022**

Charity Number 1044077

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022**

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THE PERSON CENTRED ASSOCIATION

Officers and professional advisers

Registered charity name The British Association for the Person-Centred Approach

Charity number 1044077

Registered office TPCA, PO Box 143, Ross-on-Wye. HR9 9AH

Trustees

Michelle Harwood
Seb Heid
Janet Tolan
Saffiyah Patel
Jayne Beetham-Hatto
Dr L J Potter

Bankers

NatWest
102 High Road
Loughton
Essex
IG10 4AS

THE PERSON CENTRED ASSOCIATION

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

The trustees present their annual report, together with the financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of officers and provisional advisers on page 1 of the unaudited return.

The Trustees

The trustees who served the charity throughout the year and up to the date of this report (unless stated otherwise) were as follows:

Janet Tolan	
Seb Heid	
Michelle Harwood	
Sara Callen	until 25 September 2021
Rhianna Broadway	until 25 September 2021
Shirl Hicks	until 25 September 2021
Dr L J Potter	from 25 September 2021
Jayne Beetham-Hatto	from 25 September 2021
Safiyah Patel	from 19 March 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trust Deed and Objectives

The Association is an unincorporated charity whose constitution was first approved at the first Annual General Meeting of the Association on 30 June 1990. It is a Registered Charity number 1044077.

The principal objective of the Charity is to advance education in Person-Centred Psychology and the Person-Centred Approach (PCA).

Principal Activities

Promote and disseminate knowledge and practical application, study and public debate.

Establish contact with practitioners, researchers, organisations and individuals in whatever areas they consider the Person-Centred Approach (PCA) may have an appropriate application. Also promoting and carrying out, research, surveys and investigations and publishing the results.

Develop, maintain and disseminate, as appropriate, registers and listings of practitioners, trainers, researchers, courses, service providers, service users, organisations, individuals and the like.

Contribute to the publishing of magazines, books and articles and/or through any other appropriate media.

Affiliate or co-operate with national and/or international organisations which either have similar goals or which are structured to promote the realisation of the objectives of the Association.

Initiate and support scientific, philosophical, cultural and other projects that are considered to be aimed at the realisation of the Association's objectives.

THE PERSON CENTRED ASSOCIATION

TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Principal Activities (continued)

Recognise professional training for Client-Centred Psychotherapy/Counselling and applications of the PCA.

Support Local Groups set up to encourage interest in the PCA.

Organise events to promote or facilitate any of the above.

Governance

The Charity is administered by a Board of Trustees (known as “the Trustees’ Group”), who are supported by an administrator. She is employed by PCCS books Ltd, who charge the Association for her work on an hourly basis. During the period this report refers to there were ten Trustees. There are no employees.

Trustees Recruitment and Training

Trustees are required to stand for re-election each year and there is no current maximum of their period of service. The constitution permits Trustees to be co-opted from the membership and the co-opt system will sometimes be employed to recruit people with particular skills the association needs.

Risk management

Very few of the association’s activities expose members, or the public, to physical risk. The main risk the charity is exposed to is one of financial fidelity and this is kept under periodic review by the trustees. Bank account, PayPal and Worldpay payments can be authorized solely by the Treasurer. The risk of income misappropriation is low because nearly all of the income is received via bank transfer and there are no cash takings.

The Trustees are mindful of the financial position of the association have put measures in place to address the decline in membership numbers that appear to bearing fruit. However, caution is required to ensure the association remains viable over the longer term.

Investment policy

Surplus funds are held in bank deposit accounts that are covered by the Financial Services Compensation Scheme.

Achievements and performance

The normal activities of the Association continued this year including

- publishing a quarterly magazine (Person-Centred Quarterly)
- facilitating distribution of a respected international journal
- maintaining a website which provides information about the Person-Centred Approach, person-centred events, local groups, special interest groups and a national directory of person-centred trained practitioners
- dissemination of monthly newsletter
- Delivery of tPCA Trainers’ Conference: Sharing Experiences. 1-3 July, 2021

- Collaboration with Onlinevents to offer online workshops on the PCA and a 50% discount for members of tPCA to the online resource library.
-
- Maintaining and developing international links, which include organisational membership of PCE Europe, member of the World Association for the Person Centred Psychotherapy and Counselling
-
- Campaigning to highlight the impact of SCoPEd on the Person Centred Approach.
-
- Recruitment of a paid Administrator - the new post holder will start in April 2022.

THE PERSON CENTRED ASSOCIATION

TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Public benefit

In setting out their objectives and planning their activities, the trustees have complied with the duty under the Charities Act 2011, to have due regard to the public benefit guidance published by the Charities Commission.

The Association's primary focus is educational, and this objective is met through:
the publication of the quarterly newsletter
the distribution of the international journal "Person-Centered and Experiential Psychotherapy"

Financial review

There was a significantly higher level of activity compared with 2020-21, which was blighted by the pandemic, with a surplus of income over expenditure of £11,338.

At the end of the financial year, unrestricted reserves stood at £32,796 and restricted at reserves at £5,228.

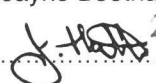
Reserves policy

The Trustees adopt the advice of the Charity Commission in seeking to maintain an adequate level of unrestricted funds to support the association's ongoing work. They are particularly mindful that the biannual conference exposes the funds to greater financial risk and, in addition, the Association's membership has been gradually reducing over the last few years.

62 High Street
Stony Stratford
Milton Keynes
MK11 1AQ

Signed on behalf of the Trustees

Jayne Beetham-Hatto

 29/5
.....2023

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF RECEIPTS AND PAYMENTS
YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds £	Restricted funds £	2022 £	2021 £
INCOME	1				
INCOME FROM CHARITABLE ACTIVITIES					
Members' subscriptions and sundries		13,414	-	13,414	6,574
Conference fees		<u>19,392</u>	<u>-</u>	<u>19,392</u>	<u>(1,219)</u>
		<u>32,806</u>	<u>-</u>	<u>32,806</u>	<u>5,355</u>
INVESTMENT INCOME					
Bank interest		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
TOTAL INCOME		<u>32,806</u>	<u>-</u>	<u>32,806</u>	<u>5,355</u>
EXPENDITURE	1				
EXPENDITURE ON CHARITABLE ACTIVITIES					
Conference costs		10,799	-	10,799	-
Bank charges		54	-	54	18
PayPal/GoCardless fees		286	-	286	-
Administrative support		2,792	-	2,792	954
Charity Commission		224	-	224	-
PCCS books		1,067	-	1,067	-
Professional services		2,045	-	2,045	-
NEAPCEPC		435	-	435	227
P-CEP journals		2,189	-	2,189	-
Insurance		278	-	278	135
Website maintenance and development		<u>355</u>	<u>-</u>	<u>355</u>	<u>6,565</u>
		<u>20,524</u>	<u>-</u>	<u>20,524</u>	<u>7,899</u>
EXPENDITURE ON GOVERNANCE					
Independent examination		<u>-</u>	<u>-</u>	<u>-</u>	<u>708</u>
		<u>-</u>	<u>-</u>	<u>-</u>	<u>708</u>
TOTAL EXPENDITURE		<u>20,524</u>	<u>-</u>	<u>20,524</u>	<u>8,607</u>
NET INCREASE/DECREASE IN CASH		<u>12,282</u>	<u>-</u>	<u>12,282</u>	<u>(3,252)</u>
RECONCILIATION OF FUNDS	2				
Cash balance brought forward		<u>32,796</u>	<u>5,228</u>	<u>38,024</u>	<u>41,276</u>
Cash balances carried forward		<u>45,078</u>	<u>5,228</u>	<u>50,306</u>	<u>38,024</u>

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2022**

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Assets				
Cash funds				
Unity/NatWest	29,761	5,228	34,989	37,298
PayPal	12,391	-	12,391	726
GoCardless	<u>2,926</u>	<u>-</u>	<u>2,926</u>	<u>-</u>
Total cash funds	<u>45,078</u>	<u>5,228</u>	<u>50,306</u>	<u>38,024</u>

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Liabilities				
Accrued costs				
Independent examiner	<u>852</u>	<u>-</u>	<u>852</u>	<u>-</u>

The unaudited financial statements were approved by the Trustees on 29 May 2023 and were signed on their behalf by:


.....
Jayne Beetham-Hatto

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS**

STATEMENT OF ASSETS AS AT 31 MARCH 2021

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Current assets				
Bank balances				
Unity/NatWest	32,070	5,228	37,298	10,937
NatWest deposit	-	-	-	21,548
PayPal	<u>726</u>	<u>-</u>	<u>726</u>	<u>8,791</u>
	<u>32,796</u>	<u>5,228</u>	<u>38,024</u>	<u>41,276</u>
Net assets	<u>32,796</u>	<u>5,228</u>	<u>38,024</u>	<u>41,276</u>
Represented by:				
Association funds	<u>32,796</u>	<u>5,228</u>	<u>38,024</u>	<u>41,276</u>

The unaudited financial statements were approved by the Trustees on 19 March 2022 and were signed on their behalf by:

Michelle Harwood

**THE PERSON CENTRED ASSOCIATION
REPORT AND FINANCIAL STATEMENTS
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022**

1.ACCOUNTING POLICIES

(i) Reporting framework

The financial statements have been prepared under the historical cost convention.

(ii) Receipts

Income is recognised at the point of receipt.

(iii) Payments

Expenditure is recognised at the point of payment.

2.RESTRICTED FUNDS

	2022 Bursary £	2022 Seeding £	2022 Total £	2021 Bursary £	2021 Seeding £	2021 Total £
At 1 April	1,667	3,561	5,228	1,667	3,661	5,328
Awards in year	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March	<u>1,667</u>	<u>3,561</u>	<u>5,228</u>	<u>1,667</u>	<u>3,561</u>	<u>5,228</u>

Restricted funds can only be used for their specified purpose. The bursary fund is available for help with educational costs and the seeding fund, which originated from funds passed over to us on the closure of the Chiltern and Thames local group, may be used only to support other local groups.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE PERSON CENTRED ASSOCIATION

I report to the trustees on my examination of the accounts of The Person Centred Association for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of The Person Centred Association you are responsible for the preparation of accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of The Person Centred Association's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe in any material respect:

1. accounting records were not kept in respect of The Person Centred Association as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to obtain a proper understanding of the accounts to be reached.



Melvin Bailey FCCA DChA

**Rogers Spencer
Chartered Certified Accountants
Newstead House
Pelham Road
Nottingham
NG5 1AP**

30 May 2023

