

**Company Number: 02985939**  
**Charity Number: 1043588**

**Core Arts**  
**Directors' Report and Financial Statements**  
**For the Year Ended**  
**31 March 2022**

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**Augustus & Co**  
**Chartered Certified Accountants**

## Core Arts

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Core Arts

Legal and Administrative Details

Directors	Vivienne Havell Gary Paul Molloy Stuart Edward Glyn Jones Mark Steven Salter Shaun Adams Ellen Faith Willetts (Appointed 15.09.2021)
Company Number	02985939
Charity Number	1043588
Bankers	HSBC 34 Mare Street London E8 1HU
Auditors	Augustus & Co Chartered Certified Accountant 374 Ley Street Ilford Essex IG1 4AE
Registered Office	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ
Business Address	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ

## Core Arts

### Directors' Report

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

### Governing Document

The charity is a charitable company limited by guarantee and was set up on 2 November 1994 and registered as a charity on 24 January 1995. It is governed by Articles of Association for a Charitable Company. (The New Articles of Association of Core Arts was adopted by a special resolution of the charity passed on the 7<sup>th</sup> June 2016.)

### Objectives and activities

The principal activities of the company are to relieve the need of persons suffering from mental health illness and /or those at risk of social exclusion, by the encouragement of participation in creative activities, particularly, but not exclusively, arts, music, multimedia, sports and horticulture and to relieve the need of people with mental health disabilities by arranging work for them.

Core Arts exists to enrich the lives of socially excluded people with severe mental health issues Through professional educational input and emotional support we are able to develop and promote the individuals artistic and creative ability  
Our aim is to empower and equip service users to achieve their personal goals and aspirations and make a full contribution to society

### Strategic Aims

- To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths
- To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.
- To expand and develop Social Firms and Social Enterprises in order to
  1. Increase service users' confidence and self-esteem through their engagement with a practical working enterprise
  2. To increase the service users' employability
  3. To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives
- To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

### Results

The financial position of the charity at the end of the financial year is as detailed in the attached financial statements.



## Core Arts

### **How our activities deliver public benefit**

Our main activities and who we try to help are as described in our objectives and activities listed above.

All our charitable activities focus on these objectives to further our charitable purposes for the public benefit.

The activities and outcomes during the year under review are as described below.

### **CORE ARTS Overview 2022**

Our members had complex care needs including contact with the criminal justice system, drug and alcohol dependency and homelessness. We have proven in the past 30 years that we are unique in our ability to engage this group, especially young African and Caribbean men who are overrepresented in the mental health services. In this financial year we had 1500+ individuals adults referred to our service from across 22 London Boroughs. Core's diversity is clear in our demographics. We have a targeted support program for LGBTQIA+ adults suffering mental health issues.

Members are referred over the funding annum from NHS contracts. We also supported people to access personal health budgets to support their recovery goals. We also have bespoke program for digital only members with our zoom classes 6 days a week.

Full reports on other projects for 2021-22 are downloadable from our website under the publication section. <https://www.corearts.co.uk/publications/>

We focus on the most excluded groups in society and fight to improve their capacity to cope with their mental health, build confidence through creative education and progression pathways to develop the individual through a service user led ethos to allow them greater control over their future. We challenge the negative stereotypes and the stigma facing people with mental health issues by promotion of their positive attributes and strengths. We develop the artistic potential of our learners through high quality education, working alongside established musicians and artists and increase their access to the benefits of the arts.

Core Art is currently engaging clients on section 117c directly referred by NHS East London Federation Trust with substantial and critical mental health needs, supporting members to be social included in a creative and empowering community alongside accessing opportunities to learning and achievement and advice and guidance.

Core Arts Service: Core Arts is committed to excellence and innovative responses to health care needs in our community.

Core Arts is a service user guided organisation, reflected through our board of trustees; in 2021-2022 we had 69% service users or ex-service users on the board.

Our key responses to our members health needs is to provide a constructive educational environment where they feel safe and empowered to learn and progress. Setting their own creative learning pathways where they are enabled to work in a serious way to achieve their goals. This creates an environment where people termed hard to reach feel ownership and want to attend and progress. Education: CORE provides 97+ creative workshops a week under 5 departments: Art, Music, Sport, Multi-media and Horticulture; to engage our members in lifelong learning and improvement of skills.

## Core Arts

The development of Social Enterprises offer our members supported work experience with alternative business models to allow for periods of ill health. This opens up to them the possibility of future employment. Supporting Social Networks: Core Arts has developed ways to engage with those excluded from society by helping to set up supportive networks for those who face continuous exclusion in their everyday lives. This includes pastoral care with one to one support, mentoring and buddy systems. For many of our members Core Arts becomes their family and with that comes all levels of support from emotional to practical.

The partnership contracts have significantly improved the patient experience of care, especially inpatients or those who are socially isolated. Core Arts has been recognised as a resource by inpatient teams and considered for patients as part of any leave or discharge plan. The service is also easily accessible to persons under high support care coordinators such as the Rehab and Recovery team or Assertive Outreach Service offering a consistent, routine building support service, supporting those who are most disengaged or hard to engage. It is widely agreed that instant access is crucial when working with clients that have varied momentum and stability.

### EVENTS

Events: CORE organises an extensive events program and through the year plus educational trips and excursions per year, showcasing our members' talents and abilities through gigs, exhibitions, poetry readings and conferences. This not only helps develop confidence and talent but also provides an important link with the general community to help combat stigma and fear of people with mental health issues. Of the many events and opportunities the highlights this year were:

- RHS Chelsea flower show 2022 where our 'front Garden revolution' garden won Gold
- Frank Bangay memorial book and art show at Core Arts in February 2022 celebrating his life and poetry works.
- An excellent summer crafts fair in June at Core Arts hall where our members were able to sell their creative works directly to the community. This event was in partnership with London Open Garden Squares.
- Our partnership with the British Museum and the Victoria and Albert Museum, for educational history trips for our members continues with numerous trips to their excellent shows, and community preview events.
- Partnership with Kew Gardens, for educational horticultural trips for our members, again an excellent resource for our landscape department.

Please check our website and Facebook for a full report on events:

[www.corearts.co.uk](http://www.corearts.co.uk)

<http://www.facebook.com/coreartshackney>

<https://twitter.com/coreartshackney>

<https://vimeo.com/corearts>

<https://www.instagram.com/coreartshackney/>

## Core Arts

### New Projects 2021-22

#### **Core Arts: three new creative centres for mental health 2022**

We have a future vision where creative arts education, sport and horticulture are an integrated part of the support offer available for those with severe and enduring mental health conditions and for disadvantaged communities, improving mental health and inclusion for all. To achieve the above we aim to create a number of flag-ship projects that work alongside our creative award winning centre in Hackney. In 2021 and 2022 we began all three projects and look forwards to creating innovative excellent community services in Hackney in 2023.

#### **\*NEW\* Homerton Community Garden- Core Arts & St Barnabas Terrace Community Garden**

To create a new community garden and teaching hub in the heart of Homerton empowering participants to create a safe accessible community space that offers inclusive respite from the urban bustle surrounding it and a resource for green education and vocational pathways into the green sector. To support adults with severe mental ill-health, enhance community cohesion and challenge mental health stigma. Teaching sustainable horticulture, responding to the local need for safe green spaces to increase community wellbeing. Collaboratively transforming 1,276 m2 of underused land behind St Barnabas church E9 into a co-designed and user-led community garden bordering Core Arts' Creative Education Centre at 1 St Barnabas Terrace.

Core's community garden will enable greater numbers of people, most adversely impacted by COVID-19, to lead more resilient, creative, and socially connected lives using horticulture, engaging with the natural world within an integrated community setting. Empowering people to impact positively on their environment, and thereby on themselves, to promote recovery and ongoing self-care; using shared common goals to better prepare for future challenges.

#### **\*NEW\* Core Arts Flag-Ship @ the River Lea**

A new community creative education facility, open 7 days a week for adults with mental health issues with free long term mooring on the Queen Elizabeth Olympic site and assistance from our Partners the Canal and Riverside Trust. A place where disadvantaged, marginalized and disabled community can have assisted access to creative timetabled sessions on a refurbished Canal Boat, transformed into an inclusive community hub of creativity and free events. A travelling centre that can go to the point of need using the canal networks in Greater London and adjoining counties. Providing projects at the point of need in a fully equipped boat.

The new floating Core Arts Flag Ship – offering creative education sessions and events on the canal, 6 days a week, to excluded adults, with a youth focus on 18 to 25 year olds with mental health issues- Plus opportunities to engage with mainstream venues which they would not be able to access on their own. Developing the self-esteem and progression opportunities of adults who suffer from severe and enduring mental ill health and have very low economic activity and high stigmatisation and marginalisation will be the primary outcome of the project.

## Core Arts

### **\*NEW\* \*Core Turbine Hall @ Eastway Depot**

Our vision is for the transformation of the depot from a place of 'storage' into a thriving hub of social enterprise enabling local community and voluntary organisations to work collaboratively to deliver a rich package of services that reduce poverty, raise aspirations and increase individual and community wellbeing. We offer a collaborative service model that begins with co-location, but ends with the delivery of truly integrated services that provide residents in Hackney's most deprived communities with a menu of health, education, cultural, training, leisure and employment opportunities that can be accessed through the *Eastway Community Hub*.

### **AWARDS**

#### **Recent Awards 2021-2022**

##### **Landscape department**

- RHS Chelsea flower show 2022 where our 'front Garden revolution' garden won Gold
- GOLD + OVERALL WINNER 'Environment Challenge' Award 2022 London in Bloom
- GOLD Award RHS Chelsea Flower Show 2022
- Green Flag Award 2022/23
- OUTSTANDING 'It's Your Neighbourhood' Award 2022 London in Bloom
- SILVER GILT 'Our Community' Award 2022 L in Bloom

##### **Sports Department**

- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project – who won the Digital Clinical Transformation Award for a Digital Recovery Platform for Severe Mental Illness. 2021 winner
- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project –2021 Highly commended for their Digitizing patient services initiative for Severe Mental Illness. 2021 Highly commended
- London Sports shortlisted for The Health & Wellbeing Award 2022 results in March 23

\*Core Arts are featured in the Science Museum New Medicine Galleries in 'Rethinking Treatments', open for the next 25 years. We are represented by our charity founder and Director Paul Monks and we have been chosen to showcase our work as innovators using creative education to improve mental health. For more information please click link

<https://www.sciencemuseum.org.uk/see-and-do/medicine-welcome-galleries>

### **ELFT /CCG referrals**

Core Arts supports the health care teams by providing information regarding patients in terms of routine, attendance, progress and early intervention. ELFT statistics approximately a third of patients are readmitted within 3 months, Core Arts is specifically targeting this client group to reduce health care usage by 96%.

### **Social Enterprises**

Core Arts has two Social Enterprises providing high quality services:

1. Core Design exists to provide graphic design services - [www.coredesignlondon.co.uk](http://www.coredesignlondon.co.uk)
2. Award winning Core Landscapes - bringing about social change locally through inclusive environmental projects through the use of meanwhile spaces. <http://www.core-landscapes.co.uk>

## Core Arts

### Partnership

As an organisation we can evidence 30 years of partnership working with the NHS, the Homerton Hospital, John Howard Centre (MSU) and CMHT's across London. We have been jointly commissioned to work constructively within the borough aims and providing services to those who are hard to engage and particularly vulnerable due to their mental health support needs. Core Arts is an attractive service to persons who experience mental health issues, promoting positive mental health through creativity and the arts by providing a non-clinical, motivational and strengths focussed environment.

Core Arts - learning and education environment for persons with severe and enduring mental health needs, who have significant health problems limiting their ability to engage with mainstream opportunities of education. The service provides creative sessions and workshops/ courses in a non-clinical environment likened to a creative arts college whilst the patient is undergoing inpatient treatment or under CPA. The service works with patients that are difficult to engage in any activities, may reject a mental health diagnosis/ services and are especially versed at engaging those from the medium secure unit John Howard Centre and Wolfson House and work closely with mental health NHS staff to provide a treatment plan which includes meaningful occupation/ structured use of time and increased self-awareness/quality of life.

### Evidence and Outcome based

The service is in very close proximity to all inpatient mental health services in Hackney (including TCOS) and offers choice and control to those with limited choice regarding vital aspects of their immediate environment and engagement with mental health services. The service plays a vital role in social support systems, relationships and risk management as well as encouraging other social roles and responsibilities through improving motivation; self-esteem and strengths orientated goal setting. The service is supportive and psychologically informed however, promotes boundaries with expectations that patients will conform to a mainstream setting and are therefore able to demonstrate this as part of their recovery.

Core Arts has a significant role to play in a person's self-management and promoting independence and discharge from services. Core Arts has a numerous case studies, which can evidence the impact the service has had on individuals and their recovery and map the client development with reviews and self-assessment (including evidence based reporting).

Particularly evidenced in the following areas:

- Identity in mental health and recovery
- Improve engagement with NHS resources (appropriate use of clinical services)
- Self-esteem and confidence/survivor stories
- Increase social network and support through social events and participation
- Peer support and promote positive mental health through talent and inspiring networks
- Promotes the use of creativity and the arts in long term wellbeing
- Access to learning and education and move on pathways
- Motivation for life-long learning and adult education and skills.
- Activities and peer support whilst on the ward as part of treatment plan
- Improved quality of life and access to opportunities
- Increase in discharges from ward/ sections/CPA and reduce likelihood of admission



## Core Arts

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

The main aim of the service is to provide a real life, adult environment and support skill development in order to enable patients to regain self-esteem, promote social norms and encourage move on to mainstream education, progression or work activities and sustained achievement through a better sense of identity and acceptance of mental illness (through breaking down internal stigma).

Core Arts appeals to service users who do not traditionally engage in mental health services, therefore we reach persons who may otherwise not engage. Based in Hackney where the level of mental health service needs, as concluded by the Sainsbury Centre for Mental Health, is 87% above the national average.

We consider the following outcomes:

- **Connecting with others:** Core Arts provides those who are experiencing mental health issues and at risk for social exclusion an opportunity to interact with others who have had similar experiences and to build relationships with them. A necessary support system can be established here - especially for those who do not have social support systems (or family) in place.
- **Peer support and mentoring:** the emphasis on creative expression, progression and learning through creative activity allows members creative freedom to regain confidence and reconstruct own identity as an artist/competent individual.
- **Skill Development/access to learning:** Creative skill development is the main focus at Core Arts and establishes human capital (self-investment/own assets/strengths) for each member. Learning and skill development, completion of projects & goals can continue regardless of mental health difficulties. Engagement in the creative process encourages skill development in cognitive process as well, such as planning, decision-making, problem solving etc.
- **Self-esteem building:** In addition to skill development, social factors, such as the support and affirmation from tutors as one's artwork/composition is appreciated, encourages improvements in the member's self-perception and beliefs about their potential and actualise/realise achievements.
- **Development of artist identity (changing the label):** The opportunities for creative skill development and the validation of ability.
- **Bridging Opportunities:** Members are able to take on greater responsibility through volunteering positions at Core Arts, work training and build employable skills. They are also able to establish relationships with the community through the exhibitions and event opportunities made available to members/local networks/arts community.

## Core Arts

- Being active & structured activities; impact on motivation, routine and lifestyle and wellbeing. Core Arts timetable plus daytime/evening and various weekend events as part of events program.
- Education and Progression routes/achievements; Core Arts have established move on opportunities for members to continue personal development (away from mental health services)
- Non clinical environment in preparation for mainstream opportunities (of which is not currently able to engage due to support needs)
- Keeping Safe/risk management/well-being; early intervention and communication with services (Core Arts supported communication & intervention) re: welfare, safeguarding, self-care.
- Less crisis admissions/less CMHT input/less dependency on NHS services & access from the wards- part of treatment plan/ rehabilitation.

As an extension of the psychiatric units and NHS provision in Hackney for 25 years, we have offered community involvement to those who might otherwise not be able. We have a consultant psychiatrist as trustee on the board and act as a base for patients on s.17 on leave from hospital. Naturally we support the CPA document for many areas including activities and learning as well as a risk management plan. We engage those who are considered the most vulnerable and those unable or unwilling to engage elsewhere.

Core Arts users are not obliged to use the service, the service is available to those who choose it as part of their treatment/self-management; many case studies provide insight into the impact of the service on individuals who manage their mental health.

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

### Outcomes for those with critical and substantial needs;

- Improved satisfaction of inpatient services/choice and control of treatment plan
- Increase activities available to inpatients and outpatients
- Shorter hospital admissions
- Increased risk management at discharge (step down provision)
- Increased discharge from CPA due to service engagement (duty of care)
- Increased discharged of MSU clients, as part of community planning
- Increased patients involved in learning and education as part of CPA (skill development irrelevant of fluctuations in MH)
- Improved engagement with treatment plans (including behaviour management and medication management)
- Reduced crisis admissions
- Increase access to provision/speed of access
- Increased engagement of hard to reach groups specifically BME males.
- Increase in signposting/ referrals to voluntary sector agencies for support regarding housing/benefits and substance use concerns (as agreed with care team)
- Improved sense of wellbeing/confidence and self-esteem/ personal achievement (reduced dependency on care team)
- Increase support network for persons who are socially excluded (single)
- Increased engagement in mainstream opportunities for this client group

## Core Arts

- Support families and carers to maintain relationships by providing meaningful occupation/ respite/promoting independence

The service promotes three of the CCG strategic priorities:

- Improve the equality of health care for Hackney and City of London residents;  
Aimed at disadvantaged group - severe and enduring mental health/BME. Ensuring people feel supported to manage their condition.
- Ensure our health care system is affordable of high quality and improves patient experience;  
Service feedback from patients is excellent/service will continue to engage inpatients for excellent value for money and improve patient satisfaction in Hackney.
- Develop integrated out of hospital services to mitigate the increasing cost of hospital based unscheduled care;  
Structured pathway of service availability is established/ service improves activities offered by NHS and treatment plan leading to reduced use of inpatient care. Avoid crisis admissions and support the crisis pathway of support. NHS (England) Outcomes 2015/16 readmissions within 30 days of discharge.
- Reducing premature death in people with serious mental illness; people with severe mental illness who have received a list of physical checks. Core Arts communicates directly with GP to support any engagement with physical health intervention and as part of the welfare support at Core Arts promotes health and signposts to various health centres & can host projects also. Integrated approach regarding physical health and mental health services and support to engage with life prolonging treatments and support.

Clinically:

Long term conditions and the management of these, specifically increasing the quality of life to those who suffer severe mental illness. Targeted to BAME groups and the high proportion of black males on the hospital wards.

And nationally support the CCG aims regarding:  
Reducing avoidable emergency admissions;  
Improving patient experience of hospital services

### Volunteer programme

Core Arts has a tried and tested volunteer programme in which there are levels of service engagement, peer support and volunteers that assist tutors to plan and run sessions, become trained tutors (PTTLS) and deliver workshops. Core Arts also facilitates volunteering as peer leaders, such as running the core council or leading the weekly tours. Volunteers can choose to get expenses or they can access more workshops for their invested time (time bank) Core Arts also promotes management opportunities and 60% of the trustee board are current or ex members of Core Arts. Through the experience of responsibilities, job profiles and expectations (including the code of respect) patients are able to use their experiences to apply for further opportunities and develop CV's alongside their ability and confidence. Core Arts workforce and staffing relies upon peer membership and supportive members to engage new members, and promote and inspire recovery and ability. Members progress to qualifications, such as access courses, masters, NVQ's, external volunteering and employment which greatly enhance a persons' well-being, quality of life and contribution to society. Core Arts is open in the evening two days a week, and offers those who are in work or have commitments elsewhere to be able to continue to engage to enhance their well-being.



## Core Arts

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

### REVIEW OF ACTIVITIES AND PERFORMANCE

#### INTRODUCTION:

##### Core Arts is a Leading Mental Health Day Care Service

- Core Arts has 30 years' experience in providing best practice and best value in Mental Health Creative Day Care in London.
- Based in Hackney it promotes positive mental health and wellbeing through creative learning.
- Providing quality education, training, Employment and social enterprise initiatives enabling people who experience mental health issues to overcome barriers, fulfil their potential and participate fully in their community.
- Our mission is to support and promote recovery, social inclusion and mental wellbeing through the arts and enhance service user experience.

##### Core Arts offer a fully equipped and staffed Creative Day Service

- Offering access to 97 creative classes a week under four departments: Arts, Music, Multimedia, Horticulture and Sport.
- Open studios and resources to work on self-directed projects. 3 bookable studios, 4 exhibition spaces, 2 art studios & an ICT Suite.
- 52 professional PGCE/PTTLS equivalent, established and practicing tutors offering excellent education and inspiration in the creative arts. Effective individual guidance and support in personalised progression and skills development.
- 19 staff on PAYE and 52 self-employed tutors working the equivalent.
- 140 volunteers per week, working as tutors assistants per week offering 1:1 individual support and guidance.
- Individual assessment of referral and Creative Work Plan goal-setting with achievable objectives to promote success and provide personalised service tailored to the individuals' needs and aims.

##### Progression Pathways

- Opportunities for clients to progress to public performances, exhibitions, publishing, further education, volunteering, work experience opportunities and employment.
- Placements in our award winning innovative Social Enterprises:
  - Core Landscapes (Horticulture Company)
  - Core Design (Graphic Design Company)
- Opportunities to volunteer, develop existing skills and experience work like activity and training; including contributing to the running of Core Arts through the members Involvement Scheme and Core Council.

## Core Arts

### Community Events and Social Inclusion

- Core Arts offers an internal and external events program with over 50 events a year, giving members opportunities to exhibit, perform and socialise in a safe space.
- The hall has a 300 capacity, with a fully equipped stage run by technical staff, special guest artists and bands and a fully licensed bar.
- Partnerships and networking opportunities offered regularly to clients with creative institutions across London, the UK and abroad.

### Outcomes

- Service users are supported to gain education, training, volunteering and/or other experience and qualifications through increased opportunities including those in mainstream settings which enable them to acquire or enhance their skills, gain or re-gain employment and/or become involved in other meaningful and socially inclusive activities
- Improved communication and social skills, self-confidence and motivation, and reduced sense of social isolation
- Reduction in admission and re-admission to in-patient services for users of this project
- Diversion from criminal justice system for service users, particularly those with forensic histories.

### Core Arts is open all year for referrals for over 18's experiencing and managing severe and enduring mental health issues

- Refer your clients to Core Arts to access creative education that will improve their opportunities, promote their well-being, give structure to their day and prevent isolation.
- Safe and enabling environment which promotes positive mental health, choice and greater independence
- Open communication with wards, providing feedback and joint working to sustain membership.

## OUR REFERRAL PROCESS

### How to Refer to Our Service

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

## Core Arts

### Eligibility for membership of Core Arts is the following

#### CCG/Recovery Alliance Hackney:

Persons with severe and enduring mental health issues and are currently engaging with clinical mental health care team, inpatient, CPA or S.117 due to high support needs (NHS referral necessary)

Persons looking for meaningful activity, social inclusion, structure, routine and development opportunities (risk management and support package)

#### Hackney Mental Health Network:

Persons with mild to severe mental health issues, outpatients or persons who manage their mental health via their GP, medication or therapy. May have a history of mental health and previous contact with services.

Persons looking to engage with time-bound skill development courses, which encourage goal setting, increased self-esteem, personal development through the participation of creative activities.

As a member you will have access to a variety of sessions and workshops run by professional tutors, with experience of the creative industries

#### Sports Programme

Persons with mild to severe and enduring mental health issues wishing to participate in health and sports activities which are inclusive and suitable to a range of abilities (GP referral required)

#### Personalisation and Personal Budgets

Core Arts encourages self-referrals, we will contact agencies on behalf of an individual to support the referral, to ensure multi-disciplinary support planning for Core Arts membership and duty of care for the individual if there are concerns regarding health or welfare.

The three Membership Managers are the first point of contact for referrers, clients and existing members;

- Assessment of suitability for the service, current artistic skills and any support needs upon referral to the service.
- Thorough induction, and creative goal setting, including objectives for managing any identified needs.
- Recovery, strengths and solution focused support through 1:1 support sessions
- Initial and ongoing partnership working with support services involving the member, as required such as CPA feedback, assertive preventative planning, and signposting to relevant agencies.
- Creative Personal Development; evidence progression and achievements through creative work plans.
- Progression: encourage and facilitate further development such as volunteering, member involvement scheme or courses and work training

## **PROGRESSION TOWARDS MEETING OUR STRATEGIC OBJECTIVES**

### **OBJECTIVE 1**

➤To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths

#### **External**

Our remit is to provide opportunities for all our members and ex members to reintegrate back into society and showcase their creative talents.

Partnerships have ranged from:

- International partners with Bavaria [www.bezirkskliniken-schwaben.de](http://www.bezirkskliniken-schwaben.de),
- RHS Chelsea Flower show
- Church of England
- Research partners with New Philanthropy Capital.
- Partnership with Trusts and Foundations: Tudor Trust , City Bridge Trust , Lloyds Foundation, Act Foundation , Taurus Trust, AKO foundation.
- Horticulture Partners: Capital Growth, Groundwork, Transport for London, Balfour Beatty, Serco, Bouyers, East London Business Alliance (ELBA) Deutsche bank, Barclays Wealth,
- Educational Partners from The Learning Trust, East London University, St Marys University College, Queen Marys University London, LSE.
- Local partners such as Whitechapel Gallery, The Freud Museum, Willian Morris Museum, Hackney Museum, East London Business alliance, Mind, HCVS, HVC, Chats Palace, Hackney College, Cycling Club Hackney, The Sovereign, Libraries, bookshops and local venues.
- Music and art Exhibitions at the British Museum, Wellcome Collection, Tate Exchange, Science Museum Medicine galleries.
- Poetry readings and book sales at bookshops across London and selling on Amazon.
- Partnership with media organisations: BBC, Channel 4, The Community Channel, Rethink, LBC all made videos, radio.

### **OBJECTIVE 2**

➤To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.

#### **Non Remit Clients**

- 15% discretion is applied by Core Arts for persons who display a high level of skill or added value whose presence at the centre is beneficial to service user experience and the organisation (role model for new members/peer support element). This percentage/allowance also includes a small number of persons who may otherwise fall through the gap, as they are unconventional or find it difficult to conform/express themselves and are considered socially isolated, excluded and vulnerable by the health services, ie their GP.

## Core Arts

### OBJECTIVE 3

➤To expand and develop Social Firms and Social Enterprises in order to

1. Increase service users' confidence and self-esteem through their engagement with a practical working enterprise
2. To increase the service users' employability
3. To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives

Associated social enterprises and social firms continue to be actively encouraged by Core Arts with the following objectives in mind:

- To provide members with a bridge to the outside world.  
It can be hard for members who have lost confidence through mental health issues to launch back into the community. The experience of building and working for a social business in a supportive environment can be an excellent way to start to gain self-esteem and experience.
- To challenge prejudice.  
Challenging prejudice about mental health issues is central to the ethos of Core Arts. The development of successful social businesses by Core Arts members contributes to this mission.
- To encourage ownership and responsibility.  
Part of the road to recovery for those who suffer from mental health issues is to take responsibility and to feel involved in something where individual contributions count. Associated small businesses can provide exactly this, with members being encouraged to pursue their ideas with the support of Core Arts.
- Maintaining focus on the central work of Core Arts.  
Core Arts is committed to providing creative activities and structured support programmes to help its members. Associated social businesses are created as legally and financially autonomous organisations. Core Arts will therefore be protected from any risk of these ventures. Also the time devoted by Core Arts in supporting these ventures is limited and appropriately managed.
- To gain income for Core Arts.  
In some (but not all) cases, associated businesses can provide income for Core Arts. Also, the existence of some of these associated businesses will help publicise the work of Core Arts, making the task of fundraising easier.

#### **1. Core Landscapes <http://www.core-landscapes.co.uk>**

Established in 2006: Core Landscapes is a Social Enterprise owned by Core Arts. We provide professional garden design for private gardens and public spaces, landscape design, landscaping, maintenance and project management services. From 2010 we have been running a commercial nursery in East London. We are committed, wherever it is appropriate, to providing training and meaningful work experience to people who have mental health issues. Profits go back to Core Arts.

The aims of the project are to:

- Promote mental health for all by empowering individuals and communities to improve their environment.

## Core Arts

- Combat discrimination against individuals and groups with mental health problems, and promote their social inclusion.
- Offer a care package that will include training, meaningful work experience and volunteering opportunities. This approach will help to address the social isolation of individuals with severe mental health issues by helping to improve social skills and social networks.
- Involve service users in the service planning process of their environment.
- Develop and evaluate occupational activities which maximise social participation, enhance self-esteem and promote exercise and healthy living.
- Develop research tools with service users to assess how the environment of their services can best meet their needs.

The business aims of the project are to:

- Gain professional experience in running a horticultural training and maintenance project at the highest standard.
- Provide Core Arts with show piece gardens to obtain further contracts in neighbouring boroughs and community spaces in central London.
- Have a satisfied influential customer, who will provide good references.
- Make a profit for Core Arts and act as a trading and employment arm for the charity.

### **Project Partners for Core Landscape project:**

• RHS Chelsea Flower show, RHS, St Barnabas Church, Tower Hamlets, Barts NHS Trust and Newham Council, GLA, Groundwork and Ecominds and London Catalyst has provided us with funds to support a volunteer and work training project on this site for the next two years we have over 16 professional partners in this project that work alongside our members and the community volunteers and groups including Fabric, Deutsche bank, Barclays Wealth, ELBA, LBH Newham regeneration Teams and Guides developers. Canning Town and Custom House Regeneration team: Sarah Braithwaite and Sam Clark, Living Places: Anita Nadkarni Fabric Architects, University of East London (UEL) London Borough of Newham Council, Arts and Leisure, Community Leaders and Engagement, Parks, Groundwork, East London Business Alliance (ELBA), Capital Growth, Community Payback, Parkside Gardening, Canals and Riverside Trust.

## **2. Core Design**

Based at Core Arts [www.coredesignlondon.co.uk](http://www.coredesignlondon.co.uk)

- Established in 1999: This social enterprise exists to provide excellent graphic design services, for example brochures, flyers, posters, logos, websites and annual reports. Core Design attracts many repeat jobs from satisfied clients and, in a highly competitive industry, turning in a good profit is an excellent result.
- Where possible and reasonable, Core Design aims to provide members of Core Arts with work experience. Members of Core Arts are paid for their artwork, photography and for reviewing documentation. Core Design also provides graphic design work for Core Arts at cost. Core Design supports the mission of Core Arts by raising awareness of the centre's work through its clients, and thereby improving Core's links with other organisations.

## Core Arts

### OBJECTIVE 4

➤ To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

- We have continued to be competitive and innovative in these challenging times for community social health and wellbeing services. This is partly reflected in the increase in referrals from across London, from boroughs where they have no comparable service. Currently 22 boroughs refer. We also believe that our flexible approach to each member's application and the bespoke funding package they bring, increasingly makes us an attractive service for support workers and case managers, who are themselves still learning how to best to promote and support personal budgets in mental health.

As this success in attracting membership has currently been built on word of mouth we have decided to invest, over the coming years, in promoting our service to potential membership from across the neighbouring boroughs. Not only do we know there is a demand for what we offer but there is also the mechanisms for gaining access to Personal Budgets to buy the service.

- Continued Professional Development is integral and embedded in all our Trustees, staff and volunteer support. We continue to develop our staff skills both internally and externally through appropriate training and peer mentoring.
- The senior management team has been preparing the organization for tender readiness and will continue review and refine policies and procedures to ensure no opportunity is missed.
- Our volunteers program numbers over 140 yearly. These are externally recruited, qualified creative professionals offering their skills and experience free to support our service delivery, enhancing and expanding our client's opportunities and learning in the creative fields.
- Our intern placement program places university students from UK Universities and from abroad in our creative centre as tutor assistants, giving them valuable work experience.



## Core Arts

### Directors

The following served as directors during the year covered by these accounts:

Vivienne Havell  
Gary Paul Molloy  
Stuart Edward Glyn Jones  
Mark Steven Salter  
Shaun Adams  
Ellen Faith Willetts (Appointed 15/09/2021)

The directors at the time the financial statements were approved are as follows:

Vivienne Havell  
Gary Paul Molloy  
Stuart Edward Glyn Jones  
Mark Steven Salter  
Shaun Adams  
Ellen Faith Willetts

### Directors' Responsibilities

The charity trustees (who are also the directors for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial period. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing these financial statements, the directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the company will continue to provide services.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the Financial Statements comply with the Company Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.



## Core Arts

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditors in connection with preparing their report ) of which the company's auditors are unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information

### Reserves Policy

A designated reserve of £210,000, which represents four months of our yearly expenditure is held to enable the orderly closure of the charity should this become necessary. If, in the unlikely eventuality that Core Arts had to close, four months salaries and running costs are sometimes used by charities as a reasonable figure to provide an orderly closure of the project.

As at 31 March 2022 there were free unrestricted reserves of £254,556 which will be used to support the organisation's future activities, and in particular 3 new creative centres for mental health.

### ▲ Decision Making

The directors meet about once every 2 months to review the progress of the charity and to make any decisions that are needed to keep Core Arts in pursuit of its objectives. A manager and development director are appointed by the directors to manage the day-to-day running and development of the charity. In turn, the development director and manager appoint staff and volunteers to further the work of Core Arts. In addition, Core Council, a group of members of the charity, meet about once every 2 weeks to discuss the progress of Core Arts and to make recommendations to the directors and managers.

### Directors Selection Method

The directors are elected at the Annual General Meeting and any other time when a vacancy arises. The tenure of office is from date of appointment to the next Annual General Meeting.

### Risk Review

Financial – Core Arts continues to increase its annual income and expenditure, hence the potential to increase the risk of financial mismanagement is obvious.

In order to address this situation the post of Finance Worker has been created. The main aim of this worker is to reduce or eliminate the risk by implementing financial systems and to report to the Management and Director on the financial state of Core Arts.

## Core Arts

Service delivery – As Core Arts has increased, the number of workshops it runs have also increased. It means we must have and continue to develop a sound approach to service delivery. This is accomplished by training for staff, volunteers and members to ensure that standards are maintained and improved.

## Auditors

Augustus & Co are deemed to be reappointed in accordance with the Section 487(2) of the Companies Act 2006.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

This report was approved by the board on 16 January 2023 and signed on its behalf by:

  
Vivienne Havell  
(Director)

Core Arts  
Independent auditors' report to the Members of Core Arts

We have audited the financial statements of Core Arts, the charitable company for the year ended 31 March 2022 which comprise the Statement of Financial Activity, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group and charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the entity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

**Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for company law purposes, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees' were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 6 the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

## Core Arts

Discussions were held with the trustees with a view to identifying those laws and regulations that could be expected to have a material impact on the financial statements. During the engagement team briefing, the outcomes of these discussions and enquiries were shared with the team, as well as consideration as to where and how fraud may occur in the entity.

The following laws and regulations were identified as being of significance to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements include UK financial reporting standards, Company Law, Charity Law, Tax and Pensions legislation, and distributable profits legislation.
- It is considered that there are no laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and those charged with governance as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence; review of trustee minutes; testing the appropriateness of entries in the nominal ledger, including journal entries; reviewing transactions around the end of the reporting period; and the performance of analytical procedures to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



**A A Bofo - Brewu (senior statutory auditor)**

**For and on behalf of Augustus & Co  
Chartered Certified Accountants and  
Statutory Auditor**

**374 Ley Street  
Ilford  
Essex IG1 4AE**

**Dated: 17 January 2023**

# CORE ARTS

## Consolidated Statement of Financial Activities (Including Income & Expenditure Accounts) for the year ended 31 March 2022

Note	Unrest- ricted Fund £	Desig- nated Fund £	Restricted Fund £	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
<b>Income and Expenditure</b>							
<b>Incoming Resources</b>							
<b>Incoming resources from generated funds:</b>							
Voluntary income:							
Donations	3	10,168		10,168	2,656	10,168	2,656
Grants - others	4.2	100,000	190,410	290,410	264,554	290,410	264,554
Trading income	5	20,500		20,500	19,400		
Other operating income		921		921	0		
Investment income		20		20	95	20	95
		131,609	0	190,410	322,019	286,705	300,598
<b>Incoming resources from charitable activities:</b>							
Earned income - contracts	4.1	488,024	249,077	737,101	769,526	737,101	769,526
Earned income - others		18,276		18,276	24,315	18,276	24,315
<b>Total Incoming Resources</b>		637,909	0	439,487	1,077,396	1,080,546	1,055,975
<b>Expenditure</b>							
<b>Fundraising &amp; Publicity costs of grants and donations</b>							
	7	18,582		18,582	15,109	18,582	15,109
Trading Expenses	6	21,916		21,916	19,540		
<b>Charitable activities-delivering contracts</b>	5	575,174	426,446	1,001,620	861,474	1,001,620	861,474
<b>Total Expenditure</b>		615,672	0	426,446	1,042,118	896,123	1,020,202
<b>Net Income/(expenditure) and net movements in funds for the year</b>		22,237	0	13,041	35,278	184,423	35,773
<b>Corporation tax</b>							
<b>Reconciliation of funds</b>							
Total Funds Brought Forward at 01/04/2021		1,759,726	210,000	294,080	2,263,806	2,306,201	2,268,911
Gains and losses on revaluation of fixed assets for the charity's own use							
Revision of prior year balances					-188,660		-188,660
Movement on revaluation reserve		-38,158		-38,158	-38,158	-38,158	-38,158
<b>Total Funds Carried Forward at 31/03/2022</b>		1,743,805	210,000	307,121	2,260,926	2,263,806	2,266,526

The notes on pages 27 to 33 form part of these financial statements

# Core Arts

## Consolidated and Charity Balance Sheet as at 31 March 2022

	Note	Group 2022 £	Group 2021	Charity 2022 £	Charity 2021 £
<b>Fixed Assets</b>					
Tangible Assets	11	2,232,063	2,293,456	2,232,063	2,293,456
Investments	12	<u>2,232,063</u>	<u>2,293,456</u>	<u>5</u>	<u>5</u>
				<u>2,232,068</u>	<u>2,293,461</u>
<b>Current Assets</b>					
Debtors	13	298,615	382,069	308,165	389,558
Cash at Bank and in Hand		<u>566,937</u>	<u>485,948</u>	<u>552,071</u>	<u>471,082</u>
		865,552	868,017	860,236	860,640
<b>Creditors: Amounts falling due within one year</b>	14	<u>105,463</u>	<u>141,294</u>	<u>94,552</u>	<u>128,817</u>
<b>Net Current Assets</b>		760,089	726,723	765,684	731,823
<b>Total Assets Less Current Liabilities</b>		2,992,152	3,020,179	2,997,752	3,025,284
<b>Creditors: Amounts falling due over one year</b>	15	731,226	756,373	731,226	756,373
<b>Net Assets</b>		<u>2,260,926</u>	<u>2,263,806</u>	<u>2,266,526</u>	<u>2,268,911</u>
<b>Represented By:</b>					
Restricted Funds	16	307,121	294,080	307,121	294,080
Non-Charitable Trading Funds	17	-5,600	-5,105		
Unrestricted Funds	17	1,749,405	1,764,831	1,749,405	1,764,831
Designated Fund	17	<u>210,000</u>	<u>210,000</u>	<u>210,000</u>	<u>210,000</u>
		<u>2,260,926</u>	<u>2,263,806</u>	<u>2,266,526</u>	<u>2,268,911</u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board on 16 January 2023 and signed on its behalf by

  
Vivienne Havell

(Director)

Registration number: 02985939

The notes on pages 27 to 33 form part of these financial statements.

**Core Arts**  
**Statement of Cash Flows**  
**Year ended 31 March 2022**

	2022 £	2021 £
<b>Cash used in operating activities</b>		
Net movement in funds	35,278	184,423
Add back depreciation	61,393	61,393
Deduct interest income in investing activities	- 20	- 95
Deduct opening balances revised	-	188,660
Deduct movement in revaluation	- 38,158	- 38,158
Decrease (increase) in debtors	83,454	34,620
Increase (decrease) in creditors	- 35,831	24,567
	<u>106,116</u>	<u>78,090</u>
<b>Cash flows from investing activities</b>		
Interest income	20	95
<b>Cash provided by (used in) Investing activities</b>	<u>20</u>	<u>95</u>
<b>Cash flows from financing activities</b>		
Repayment of borrowing		
Net movement in borrowing	- 25,147	- 23,069
Purchase of fixed assets	-	3,487
<b>Cash used in financing activities</b>	<u>- 25,147</u>	<u>- 26,556</u>
Increase (decrease) in cash and cash equivalents in the year	<u>80,989</u>	<u>51,629</u>
Cash and cash equivalents at the beginning of the year	485,948	434,319
<b>Total cash and cash equivalents at the end of the year</b>	<u>566,937</u>	<u>485,948</u>



**Core Arts**  
**Notes to Accounts**  
**for the year ended 31 March 2022**

**1. Accounting Policies**

**1.1 Accounting Convention**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The statement of financial activities (SOFA) and balance sheet consolidate the financial statements of the charity and its subsidiaries. The results of the subsidiaries are consolidated on a line by line basis.

**1.2 Incoming Resources**

Grants are the amounts due for the year whether or not actually received in the year.

Donations are the actual amounts received in the year.

Sales represent the invoiced value of services rendered.

**1.3 Depreciation**

Depreciation is provided at rates calculated to write off the cost or valuation, less estimated residual value of each asset over the expected useful life as follows:

Freehold property	2% on cost
Machinery	20% on cost
Fixtures Fittings & Equipment	20% on cost
Motor Vehicle	10% on cost

Items of expenditure are capitalised when purchase price exceeds £500

**1.4 Resources Expended**

All expenditure is accounted for on accrual basis.

**1.5 Capital Grants**

Capital grants have been treated in accordance with the SORP, they are recognised as incoming resources on receipt, this is not in accordance with the Companies Act. The Companies Act requires the income to be deferred and released to the income and expenditure account on a straight line basis over the life of the associated assets.

The SORP is very important, therefore the directors have undertaken a true and fair override.

**1.6 Restricted Funds**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criteria is charged to the fund.

**1.7 Unrestricted Funds**

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

**1.8 Designated Funds**

These comprise unrestricted funds that have been set aside by the directors for specific purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

**Core Arts**  
**Notes To Accounts**  
**for the year ended 31 March 2022**

**2. Going Concern**

The trustees have carefully reviewed the groups's forecasts and projections in the light of the Covid-19 pandemic, and based on increased funding received, have reasonable expectation that the group has adequate resources to operate for the foreseeable future.

At the year end the group has net current assets of £760,089 and net assets of £2,260,926. The results for the year show the group has been profitable and generating positive cash flows.

The trustees are constantly reviewing forecasts and taking appropriate actions to ensure the operations continue without interruption. Examples of actions taken include developing new income streams and seeking further funding sources.

Based on this information and the supporting action plans, the trustees have a reasonable expectation that the group will continue to operate in its current form for the foreseeable future.

Therefore the group continues to adopt the going concern basis in preparing its financial statements.

	Charity 2022 £		Charity 2021 £	
<b>3. Donations</b>				
Unrestricted income	10,168		2,656	
	<u>10,168</u>		<u>2,656</u>	
<b>4. Income</b>	2022		2021	
	Restricted	Unrestricted	Restricted	Unrestricted
	£	£	£	£
<b>4.1 Earned Contracts</b>				
Personal Budget Income		152,428		161,664
City & Hackney Mind		166,196		196,045
PHB Income				
Landscape income EASTLNHS-contract		19,400		
East London NHS Foundation Trust		150,000		150,000
Single Point Of Entry (SPOE)	114,418		107,807	
The Learning Trust	33,159		35,677	
Connect Hackney CVS			28,333	
Royal Horticultural Society	11,500			
NHS City & Hackney CCG (Sport)	90,000		90,000	
	<u>249,077</u>	<u>488,024</u>	<u>261,817</u>	<u>507,709</u>
<b>4.2 Trust Grants</b>				
East End Community Foundation	2,900			
Sported Foundation Grant	200			
Ako Foundation		95,000		
City Bridge Trust	47,040			
The Prudence Trust				50,000
The Taurus Trust		5,000		5,000
Merchant Taylors' Company	16,084		3,216	
London Community Response Fund	10,000		13,788	
Groundwork London	11,548		8,000	
Groundwork London_Growback Greener			9,548	
Leathersellers' Company Charitable Trust			5,000	
Groundwork London_Roof-top Rain Gardening	16,000			
Lottery COVID-19 Response Fund	69,246		85,120	
Lloyds Bank Trust			18,590	
Community Athletic GLA_Sport Unites	17,392			
Comic Relief			66,292	
	<u>190,410</u>	<u>100,000</u>	<u>209,554</u>	<u>55,000</u>
				<u>0</u>

# Core Arts

## Notes To Accounts for the year ended 31 March 2022

### 5. Trading Income and Costs

	2022	2021
	£	£
Trading Income	20,500	19,400
Cost of Sales	3,600	1,767
Administration	18,316	17,773
	<u>21,916</u>	<u>19,540</u>
Operating Profit/(Loss)	-1,416	-140
Other income	921	
Surplus/(Deficit)	<u>-495</u>	<u>-140</u>

### 6. Charitable activities

	Unrest- icted	Designated Restricted	Total	Total
	£	£	2022 £	2021 £
Salaries	143,821	309,762	453,583	454,429
Employer's National Insurance	11,405	26,611	38,016	31,494
Employer's Pension	2,941	6,862	9,803	9,772
Services	24,755		24,755	9,925
Training	6,791		6,791	2,043
Insurance	4,772		4,772	4,679
Sessional Workers and Expenses	132,666	61,086	193,752	151,745
Equipment	6,115		6,115	1,735
Printing, Postage and Stationery	2,342		2,342	1,818
Alarm Maintenance	2,602		2,602	2,418
Telephone	8,984		8,984	9,432
Subscriptions & Publications	13,000		13,000	9,180
Business Development			0	19,400
SPOE Other Expenses	420		420	281
Covid - 19 Safety Expenses	3,000	312	3,312	4,539
Motor & Travelling Expenses	7,908		7,908	5,218
Building Expenses	45,070	7,992	53,062	42,327
Consultancy Fees	3,657		3,657	3,035
Publicity and Promotion	89		89	521
Hospitality	2,526		2,526	975
Food and Drink	2,973		2,973	3,182
General Admin	1,676		1,676	716
Bank Charges	653		653	2,039
Loan Interest	26,045		26,045	28,124
Recruitment Expenses	2,035		2,035	440
IT Development	31,806		31,806	4,235
Payroll Cost	1,859		1,859	1,247
Website	1,275		1,275	1,169
Events	60		60	0
Other projects	147	195	342	80
Horticultural Project	25,000	6,626	31,626	9,850
Church Garden	4,867		4,867	0
Core Design Project	864		864	2,050
Depo Project	2,400		2,400	9,090
Bad Debts	26,920		26,920	2,067
Governance costs (see note 5)	7,495		7,495	6,241
Depreciation - Freehold Property	15,274	7,000	22,274	22,274
Depreciation - F F & E	961		961	3,704
	<u>575,174</u>	<u>0</u>	<u>426,446</u>	<u>1,001,620</u>
				<u>861,474</u>

Of the £861,474 in 2021, £457,291 was charged to restricted funds and £404,183 charged to unrestricted funds.

## Core Arts

### Notes to Accounts for the year ended 31 March 2022

7. Fundraising and Publicity	Unrest- icted	Designated	Restricted	Total	Total
				2022	2021
	£		£	£	£
Salaries	18,582			18,582	15,109
	<u>18,582</u>		<u>0</u>	<u>18,582</u>	<u>15,109</u>

Of the £15,109 in 2021, all of it was charged to unrestricted funds.

	Unrest- icted	Designated	Restricted	Total	Total
				2022	2021
	£		£	£	£
8. Governance costs					
Salaries	3,295			3,295	2,161
Audit	2,000			2,000	2,000
Accountancy	2,200			2,200	2,080
	<u>7,495</u>		<u>0</u>	<u>7,495</u>	<u>6,241</u>

	Group 2022	Group 2021	Charity 2022	Charity 2021
9. Staff Costs				
Salaries	489,315	483,393	475,460	469,538
Employer's National Insurance	38,016	31,494	38,016	31,494
Pension Costs	9,803	9,772	9,803	9,772
	<u>537,134</u>	<u>524,659</u>	<u>523,279</u>	<u>510,804</u>

One employee earned in excess of £60,000

The average number of employees analysed by function was:

	2022	2021
Charity	18	17
Subsidiary Undertakings	3	3
	<u>21</u>	<u>20</u>

The amount paid to key management personnel included in salaries is £63,916. The trustees are considered as key management personnel but none of them receives a salary.

## 10. Directors

The directors of the charity do not receive any remuneration for their services and are not reimbursed for their expenses.

**Core Arts**  
**Notes to Accounts**  
**For the Year Ended 31 March 2022**

**11. Fixed Assets**

	Furniture Fixtures & Equipment £	Freehold Property	Motor Vehicles	Machinery	Total £
<b>Cost</b>					
At 1 April 2021	137,388	2,640,000	28,373	15,419	2,821,180
Addition					0
Revaluation					0
Disposal					0
At 31 March 2022	<u>137,388</u>	<u>2,640,000</u>	<u>28,373</u>	<u>15,419</u>	<u>2,821,180</u>
<b>Depreciation:</b>					
At 1 April 2021	131,151	352,782	28,373	15,419	527,725
Charge for the year	961	60,432			61,393
Disposal					
At 31 March 2022	<u>132,112</u>	<u>413,214</u>	<u>28,373</u>	<u>15,419</u>	<u>589,118</u>
<b>Net Book Value:</b>					
At 31 March 2022	<u>5,276</u>	<u>2,226,786</u>	<u>0</u>	<u>0</u>	<u>2,232,063</u>
At 31 March 2021	<u>6,237</u>	<u>2,287,218</u>	<u>0</u>	<u>0</u>	<u>2,293,456</u>

The freehold property was revalued on 30 January 2019 at £2,640,000 by Mr Christian Dadd BSc (Hons) MRICS an RICS Registered Valuer of Clarke Hillyer.

The valuation was based on the comparable sales prices of other D1 properties sold in the area with assumptions on the state of building being confirmed by a building survey.

**12. Fixed Asset Investment**

	Subsidiary Undertaking Shares £	Total £
<b>Cost</b>		
At 31 March 2021	<u>5</u>	<u>5</u>
At 31 March 2020	<u>5</u>	<u>5</u>

The investment represents 100% holding in both Core Design(London) Ltd and Core Landscapes Ltd, companies which are incorporated in United Kingdom.

**13. Debtors**

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Trade Debtors	226,287	382,069	185,547	341,329
Other debtors	8,181		8,181	
Prepayments	64,147		64,147	
Amount Owed By Subsidiary Undertaking			50,290	48,229
	<u>298,615</u>	<u>382,069</u>	<u>308,165</u>	<u>389,558</u>

**14. Creditors: Amounts falling due within one year**

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Trade Creditors	31,806	26,573	29,146	23,913
Amount Received On Account	5,333	5,333		
Amount received in advance	224	224	224	224
Amount Owed To Subsidiary Undertaking			5	5
Mortgage Loan	51,193	51,193	51,193	51,193
Other Taxes & Social Security	463	24,921		23,753
Grants Received In Advance	3,654	19,738	3,654	19,738
Accruals	12,790	13,312	10,330	9,991
	<u>105,463</u>	<u>141,294</u>	<u>94,552</u>	<u>128,817</u>

# Core Arts

## Notes to Accounts for the year ended 31 March 2022

### 15. Creditors: Amounts falling due over one year

	Group 2022 £	Group 2022 £	Charity 2021 £	Charity 2021 £
Mortgage Loan	731,226	731,226	756,373	756,373

### Loans

Repayable in five years or more

Mortgage loan	731,226	731,226	756,373	756,373
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The mortgage loan is secured by a first fixed legal charge with full title guarantee over the freehold property known as The Barnabas Centre comprising 1 St Barnabas Terrace and 109 Homerton High Street London E9 6DJ.

### 16. Restricted Funds

	Balance at 1 April 2021 £	Movement In Resources				Balance at 31 March 2022 £
		Incoming Capital £	Incoming Revenue	Outgoing Capital Depreciation £	Outgoing Revenue £	
Single Point Of Entry (SPOE)			114,418		96,828	17,590
The Learning Trust			33,159		33,159	
City Bridge Trust			47,040		47,040	
Royal Horticultura Society			11,500		11,500	
NHS City & Hackney CCG (Sport)			90,000		90,000	
East End Community Foundation			2,900		2,900	
Sported Foundation Trust			200		200	
Merchant Taylors' Company			16,084		16,084	
London Community Response Fund			10,000		10,000	
Groundwork London			11,548		11,548	
Groundwork London_Roof-top Rain Gardening			16,000		4,452	11,548
Lottery COVID-19 Response Fund			69,246		69,246	
Community Atheletic GLA_Sport Unites			17,392		5,409	11,983
Comic Relief	21,080				21,080	
Capital Grant for Property Purchase	273,000			7,000		266,000
	294,080	0	439,487	7,000	419,446	307,121

Restricted funds represent funds received for specific projects and activities. Any balance at the year end is committed and will be used for the same project/activity in the following year.

## Core Arts

### Notes to Accounts for the year ended 31 March 2022

#### 17. Analysis of Net Assets Between Funds

	Restricted	Unrestricted Non-Charitable Trading Funds	Designated Revaluation	Total
	£	£	£	£
Current Assets	41,121	514,564	-5,595	760,089
Fixed Assets	266,000	471,213		2,232,063
Loan		-731,226		-731,226
Investment		5	-5	0
	<u>307,121</u>	<u>254,556</u>	<u>-5,600</u>	<u>2,260,926</u>

#### Designated Fund

This is a fund designated for a specific purpose as follows:

£210,000 - representing four months of the charity's annual expenditure  
for the orderly closure of the charity if it ever becomes necessary.

#### Unrestricted Fund

The unrestricted fund of £254,556 will mainly be used to continue the development of three new creative centres for mental health, namely: -

Core Arts & St Barnabas Community Garden

Core Flag-ship @ River Lea

Core Turbine Hall @ Hackney Wick

which were ongoing as at 31 March 2022.

#### 18. Subsidiary Companies

The company owns the whole of the issued ordinary share capital of Core Design (London) Ltd, a company incorporated in UK on 4 February 2002. The subsidiary is used for commercial activities but during the year it was dormant. It also owns the whole of the issued ordinary shares of another company, Core Landscapes Ltd, a company incorporated in UK on 19 March 2008. This subsidiary is also used for commercial activities. All activities have been consolidated on a line by line basis in the SOFA. A summary of the results of the subsidiaries are shown below.

	Core Design (London) Ltd 2022	Core Landscapes Ltd 2022	Core Design (London) Ltd 2021	Core Landscapes Ltd 2021
Trading Income		20,500		19,400
Cost of Sales		3,600		1,767
Administration	1,002	17,314	305	17,468
	<u>1,002</u>	<u>20,914</u>	<u>305</u>	<u>19,235</u>
Operating Profit/(Loss)	-1,002	-414	-305	165
Bank Interest Received				
Other income		921		
Corporation tax				
Surplus	<u>-1,002</u>	<u>507</u>	<u>-305</u>	<u>165</u>

The aggregate of the assets, liabilities and funds were:

Assets	14,700	40,911	14,700	40,911
Liabilities	-12,814	-48,392	-11,812	-48,899
Shareholder Funds	<u>1,886</u>	<u>-7,481</u>	<u>2,888</u>	<u>-7,988</u>