

CORE ARTS

England & Wales · Charity number 1043588

Details

Status	Registered
Legal form	Charitable company
Company number	02985939
Registered	1995-01-24
Register	View on the Charity Commission register

Contact

Address	Core Arts 1 St. Barnabas Terrace London E9 6DJ
Phone	02085109990
Email	mail@corearts.co.uk
Website	www.corearts.co.uk

Activities

Objects: THE CHARITY'S OBJECTS (OBJECTS) ARE SPECIFICALLY RESTRICTED TO THE FOLLOWING: TO RELIEVE THE NEED OF PERSONS SUFFERING FROM MENTAL ILLNESS AND/OR THOSE AT RISK OF SOCIAL EXCLUSION, BY THE ENCOURAGEMENT OF PARTICIPATION IN CREATIVE ACTIVITIES, PARTICULARLY, BUT NOT EXCLUSIVELY, ARTS, MUSIC, MULTIMEDIA, SPORTS AND HORTICULTURE AND TO RELIEVE THE NEED OF PEOPLE WITH MENTAL HEALTH DISABILITIES BY ARRANGING WORK FOR THEM.

Activities: Relieving persons suffering from mental illness by the encouragement of participation in creative activities, particularly, but not exclusively, painting, photography, printing, music and creative writing.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment
- **Who:** People With Disabilities

Geography

- **Area of benefit:** NOT DEFINED IN PRACTICE LONDON
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,333,657	£1,181,901	£2,297,633	20
2024-03-31	£1,081,412	£1,097,938	£2,183,784	17
2023-03-31	£1,200,381	£1,192,315	£2,230,836	18
2022-03-31	£1,077,396	£1,042,118	£2,260,926	21
2021-03-31	£1,041,397	£862,744	£2,295,024	19
2020-03-31	£977,848	£918,045	£1,541,351	17

Trustees

Name	Role	Appointed
Vivienne Havell	Chair	2019-05-22
Benjamin Keir Gooch		2026-04-29
Claire Elise Glasgow		2026-04-29
Dr MARK SALTER		
Ellen Faith Willetts		2021-09-15
Shaun Adams		2016-11-16

CORE ARTS

England & Wales - Charity number 1043588

Accounts

Company Number: 02985939

Charity Number: 1043588

Core Arts
Audited Consolidated Financial Statements
For the Year Ended
31 March 2025

Core Arts

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Core Arts

Legal and Administrative Details

Directors	Vivienne Havell Stuart Edward Glyn Jones Mark Steven Salter Shaun Adams Ellen Faith Willetts
Company Secretary	Vivienne Havell Stuart Jones
Company Number	02985939
Charity Number	1043588 (England and Wales)
Bankers	HSBC 1-3 Bishopsgate London EC2N 3AQ
Senior Statutory Auditor	Mr Sheetal Shah
Auditors	INNOVI ADVISORS LTD Chartered Certified Accountants & Statutory Auditors 163 Herne Hill London England, SE24 9LR
Registered Office	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ
Business Address	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ

Group Trustees Report Core Arts

The trustees are pleased to present their annual trustees' report together with the financial statements of the group for the year ended 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governing Document

The charity is a charitable company limited by guarantee and was set up on 2 November 1994 and registered as a charity on 24 January 1995. It is governed by Articles of Association for a Charitable Company. (The New Articles of Association of Core Arts was adopted by a special resolution of the charity passed on the 7th June 2016.)

Objectives and activities for the public benefit

The annual report has been updated for new public benefit reporting requirements. In particular, the report explains how the trustees have used our public benefit guidance and explains in more detail which groups used and benefited from the charities services.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The principal activities of the company are to relieve the need of persons suffering from mental health illness and /or those at risk of social exclusion, by the encouragement of participation in creative activities, particularly, but not exclusively, arts, music, multimedia, sports and horticulture and to relieve the need of people with mental health disabilities by arranging work for them.

Core Arts exists to enrich the lives of socially excluded people with severe mental health issues Through professional educational input and emotional support, we are able to develop and promote the individuals artistic and creative ability
Our aim is to empower and equip service users to achieve their personal goals and aspirations and make a full contribution to society

Strategic Aims

- To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths
- To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.
- To expand and develop Social Firms and Social Enterprises in order to
 1. Increase service users' confidence and self esteem through their engagement with a practical working enterprise
 2. To increase the service users' employability
 3. To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives
- To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

Core Arts

The financial position of the charity at the end of the financial year is as detailed in the attached financial statements.

How our activities deliver public benefit our main activities and who we try to help are as described in our objectives and activities listed above. All our charitable activities focus on these objectives to further our charitable purposes for the public benefit. The activities and outcomes during the year under review are as described overleaf.

CORE ARTS Overview 2025

Our members had complex care needs including contact with the criminal justice system, drug and alcohol dependency and homelessness. We have proven in the past 30 years that we are unique in our ability to engage this group, especially young African and Caribbean men who are overrepresented in the mental health services. In this financial year we had 1500+ individuals adults referred to our service from across 22 London Boroughs. Core's diversity is clear in our demographics. We have a targeted support program for LGBTQIA+ adults suffering mental health issues.

Members are referred over the funding annum from NHS contracts. We also supported people to access personal health budgets to support their recovery goals. We also have bespoke program for digital only members with our zoom classes 6 days a week.

Full reports on other projects for 2025 are downloadable from our website under the publication section. <https://www.corearts.co.uk/publications/>

We focus on the most excluded groups in society and fight to improve their capacity to cope with their mental health, build confidence through creative education and progression pathways to develop the individual through a service user led ethos to allow them greater control over their future. We challenge the negative stereotypes and the stigma facing people with mental health issues by promotion of their positive attributes and strengths. We develop the artistic potential of our learners through high quality education, working alongside established musicians and artists and increase their access to the benefits of the arts.

Core Art is currently engaging clients on section 117c directly referred by NHS East London Federation Trust with substantial and critical mental health needs, supporting members to be social included in a creative and empowering community alongside accessing opportunities to learning and achievement and advice and guidance.

Core Arts Service: Core Arts is committed to excellence and innovative responses to health care needs in our community.

Core Arts is a service user guided organisation, reflected through our board of trustees; in 2024-2025 we had 69% service users or ex service users on the board.

Our key responses to our members health needs is to provide a constructive educational environment where they feel safe and empowered to learn and progress. Setting their own creative learning pathways where they are enabled to work in a serious way to achieve their goals. This creates an environment where people termed hard to reach feel ownership and want to attend and progress. Education: CORE provides 97+ creative workshops a week under 5 departments: Art, Music, Sport, Multi-media and Horticulture; to engage our members in lifelong learning and improvement of skills.

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The development of Social Enterprises offers our members supported work experience with alternative business models to allow for periods of ill health. This opens up to them the possibility of future employment. Supporting Social Networks: Core Arts has developed ways to engage with those excluded from society by helping to set up supportive networks for those who face continuous exclusion in their everyday lives. This includes pastoral care with one-to-one support, mentoring and buddy systems. For many of our members Core Arts becomes their family and with that comes all levels of support from emotional to practical.

The partnership contracts have significantly improved the patient experience of care, especially inpatients or those who are socially isolated. Core Arts has been recognised as a resource by inpatient teams and considered for patients as part of any leave or discharge plan. The service is also easily accessible to persons under high support care coordinators such as the Rehab and Recovery team or Assertive Outreach Service offering a consistent, routine building support service, supporting those who are most disengaged or hard to engage. It is widely agreed that instant access is crucial when working with clients that have varied momentum and stability.

EVENTS

Events: CORE organises an extensive events program and through the year plus educational trips and excursions per year, showcasing our members' talents and abilities through gigs, exhibitions, poetry readings and conferences. This not only helps develop confidence and talent but also provides an important link with the general community to help combat stigma and fear of people with mental health issues. Of the many events and opportunities, the **highlights this year were:**

- Our partnership with the British Museum and the Victoria and Albert Museum, for educational history trips for our members continues with numerous trips to their excellent shows, and community preview events.
- Partnership with Kew Gardens, for educational horticultural trips for our members, again an excellent resource for our landscape department.
- Inside Out A collaborative group exhibition involving Royal College of Arts and Core Arts students to celebrate Mental Health Awareness Week at the Core Arts gallery
- Bernie Plastiras and Felix Condua Art Opening Private View at the Core Arts gallery
- BIG FASHION SHOW At the Core Arts Gallery showcasing work from our fashion students and logic electronic musicians.
- Crafts Fair An excellent summer crafts fair in June at Core Arts hall where our members were able to sell their creative works directly to the community. This event was in partnership with London Open Garden Squares.
- Summer Gig music festival Summer Gig music festival in the hall
- CLUB CORE Art opening and Poetry recitals in the Core Arts hall
- For Mental health week - Tuesday 10, Wednesday 11, Thursday 12 October events/classes on the Canal Boat –
- CLUB CORE Music Social -on a Friday afternoon
- CLUB CORE PRESENTS -Day of the Dead Music night
- Chess tournament Friday in the Core Arts hall.
- Table tennis tournament Friday in the Core Arts hall.

Please check our website and Facebook for a full report on events:

www.corearts.co.uk

<http://www.facebook.com/coreartshackney>

<https://twitter.com/coreartshackney>

<https://vimeo.com/corearts>

<https://www.instagram.com/coreartshackney/>

New Projects from 2022-23

Core Arts: three new creative centres for mental health 2022

We have a future vision where creative arts education, sport and horticulture are an integrated part of the support offer available for those with severe and enduring mental health conditions and for disadvantaged communities, improving mental health and inclusion for all. To achieve the above, we aim to create a number of flag-ship projects that work alongside our creative award-winning centre in Hackney. In 2021 and 2022 we began all three projects and look forwards to creating innovative excellent community services in Hackney in 2025 -26.

***NEW* Homerton Community Garden- Core Arts & St Barnabas Terrace Community Garden –**

Created a new community garden and teaching hub in the heart of Homerton empowering participants to create a safe accessible community space that offers inclusive respite from the urban bustle surrounding it and a resource for green education and vocational pathways into the green sector. To support adults with severe mental ill-health, enhance community cohesion and challenge mental health stigma. Teaching sustainable horticulture, responding to the local need for safe green spaces to increase community wellbeing. Collaboratively transforming 1,276 m2 of underused land behind St Barnabas church E9 into a co-designed and user-led community garden bordering Core Arts' Creative Education Centre at 1 St Barnabas Terrace.

Core's community garden has enabled greater numbers of people, most adversely impacted by COVID-19, to lead more resilient, creative, and socially connected lives using horticulture, engaging with the natural world within an integrated community setting. Empowering people to impact positively on their environment, and thereby on themselves, to promote recovery and ongoing self-care; using shared common goals to better prepare for future challenges.

***NEW* Core Arts Flag-Ship @ the River Lea**

A new community creative education facility, open 7 days a week for adults with mental health issues with free long-term mooring on the Queen Elizabeth Olympic site and assistance from our Partners the Canal and Riverside Trust. A place where disadvantaged, marginalized and disabled community can have assisted access to creative timetabled sessions on a refurbished Canal Boat, transformed into an inclusive community hub of creativity and free events. A travelling centre that can go to the point of need using the canal networks in Greater London and adjoining counties. Providing projects at the point of need in a fully equipped boat.

The new floating Core Arts Flag Ship – offering creative education sessions and events on the canal, 6 days a week, to excluded adults, with a youth focus on 18- to 25-year-olds with mental health issues- Plus opportunities to engage with mainstream venues which they would not be able to access on their own. Developing the self-esteem and progression opportunities of adults who suffer from severe and enduring mental ill health and have very low economic activity and high stigmatisation and marginalisation will be the primary outcome of the project.

The new boat capital funds have been raised and the boat has been commissioned and the building has started. We have been piloting the youth classes on the existing canal boat so we are fully ready to start delivery once the new boat is completed.

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***NEW* *Core Turbine Hall @ Eastway Depot**

Our vision is for the transformation of the depot from a place of 'storage' into a thriving hub of social enterprise enabling local community and voluntary organisations to work collaboratively to deliver a rich package of services that reduce poverty, raise aspirations and increase individual and community wellbeing. We offer a collaborative service model that begins with co-location, but ends with the delivery of truly integrated services that provide residents in Hackney's most deprived communities with a menu of health, education, cultural, training, leisure and employment opportunities that can be accessed through the **Eastway Community Hub**. The container spaces are reaching completion and we have begun to rent the spaces to community groups and we have started to advertise the rentals for the large Depot building the Turbine Hall to create new earned income for the charity.

AWARDS

Recent Awards 2022-2025

Landscape department

GOLD + OVERALL WINNER 'Roof Garden' Award 2025 L in Bloom

OUTSTANDING 'It's Your Neighbourhood' Award 2025 L in Bloom

GOLD 'Our Community' Award 2025 L in Bloom

Green Flag Award 2022/23

GOLD + OVERALL WINNER 'Environment Challenge' Award 2022 L in Bloom

GOLD Award Chelsea Flower Show 2022

Sports Department

- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project – who won the Digital Clinical Transformation Award for a Digital Recovery Platform for Severe Mental Illness. 2021 winner
- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project –2021 Highly commended for their Digitizing patient services initiative for Severe Mental Illness. 2021 Highly commended
- London Sports shortlisted for The Health & Wellbeing Award 2022 results in March 23

*Core Arts are featured in the Science Museum New Medicine Galleries in 'Rethinking Treatments', open for the next 25 years. We are represented by our charity founder and Director Paul Monks and we have been chosen to showcase our work as innovators using creative education to improve mental health. For more information, please click Link

<https://www.sciencemuseum.org.uk/see-and-do/medicine-wellcome-galleries>

ELFT /CCG referrals

Core Arts supports the health care teams by providing information regarding patients in terms of routine, attendance, progress and early intervention. ELFT statistics approximately a third of patients are readmitted within 3 months, Core Arts is specifically targeting this client group to reduce health care usage by 96%.

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Social Enterprises

Core Arts has two Social Enterprises providing high quality services:

1. Core Design exists to provide graphic design services - to handle commercial and community design activities. www.coredesignlondon.co.uk
2. Award winning Core Landscapes - bringing about social change locally through inclusive environmental projects through the use of meanwhile spaces. <http://www.core-landscapes.co.uk>

Partnership

As an organisation we can evidence 30 years of partnership working with the NHS, the Homerton Hospital, John Howard Centre (MSU) and CMHT's across London. We have been jointly commissioned to work constructively within the borough aims and providing services to those who are hard to engage and particularly vulnerable due to their mental health support needs. Core Arts is an attractive service to persons who experience mental health issues, promoting positive mental health through creativity and the arts by providing a non-clinical, motivational and strengths focussed environment.

Core Arts - learning and education environment for persons with severe and enduring mental health needs, who have significant health problems limiting their ability to engage with mainstream opportunities of education. The service provides creative sessions and workshops/ courses in a non-clinical environment likened to a creative arts college whilst the patient is undergoing inpatient treatment or under CPA. The service works with patients that are difficult to engage in any activities, may reject a mental health diagnosis/ service and are especially versed at engaging those from the medium secure unit John Howard Centre and Wolfson House and work closely with mental health NHS staff to provide a treatment plan which includes meaningful occupation/ structured use of time and increased self-awareness/quality of life.

Evidence and Outcome based

The service is in very close proximity to all inpatient mental health services in Hackney (including TCOS) and offers choice and control to those with limited choice regarding vital aspects of their immediate environment and engagement with mental health services. The service plays a vital role in social support systems, relationships and risk management as well as encouraging other social roles and responsibilities through improving motivation; self- esteem and strengths orientated goal setting. The service is supportive and psychologically informed however, promotes boundaries with expectations that patients will conform to a mainstream setting and are therefore able to demonstrate this as part of their recovery.

Core Arts has a significant role to play in a person's self-management and promoting independence and discharge from services. Core Arts has a numerous case studies, which can evidence the impact the service has had on individuals and their recovery and map the client development with reviews and self- assessment (including evidence-based reporting).

Particularly evidenced in the following areas:

- Identity in mental health and recovery
- Improve engagement with NHS resources (appropriate use of clinical services)
- Self-esteem and confidence/survivor stories
- Increase social network and support through social events and participation
- Peer support and promote positive mental health through talent and inspiring networks
- Promotes the use of creativity and the arts in long term wellbeing
- Access to learning and education and move on pathways
- Motivation for life-long learning and adult education and skills.

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- Activities and peer support whilst on the ward as part of treatment plan
- Improved quality of life and access to opportunities
- Increase in discharges from ward/ sections/CPA and reduce likelihood of admission

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

The main aim of the service is to provide a real life, adult environment and support skill development in order to enable patients to regain self-esteem, promote social norms and encourage move on to mainstream education, progression or work activities and sustained achievement through a better sense of identity and acceptance of mental illness (through breaking down internal stigma).

Core Arts appeals to service users who do not traditionally engage in mental health services; therefore, we reach persons who may otherwise not engage. Based in Hackney where the level of mental health service needs, as concluded by the Sainsbury Centre for Mental Health, is 87% above the national average.

We consider the following outcomes:

- **Connecting with others:** Core Arts provides those who are experiencing mental health issues and at risk for social exclusion an opportunity to interact with others who have had similar experiences and to build relationships with them. A necessary support system can be established here - especially for those who do not have social support systems (or family) in place.
- **Peer support and mentoring:** the emphasis on creative expression, progression and learning through creative activity allows members creative freedom to regain confidence and reconstruct own identity as an artist/competent individual.
- **Skill Development/access to learning:** Creative skill development is the main focus at Core Arts and establishes human capital (self-investment/own assets/strengths) for each member. Learning and skill development, completion of projects & goals can continue regardless of mental health difficulties. Engagement in the creative process encourages skill development in cognitive process as well, such as planning, decision-making, problem solving etc.
- **Self-esteem building:** In addition to skill development, social factors, such as the support and affirmation from tutors as one's artwork/composition is appreciated, encourages improvements in the member's self-perception and beliefs about their potential and actualise/realise achievements.
- **Development of artist identity (changing the label):** The opportunities for creative skill development and the validation of ability.
- **Bridging Opportunities:** Members are able to take on greater responsibility through volunteering positions at Core Arts, work training and build employable skills. They are also able to establish relationships with the community through the exhibitions and event opportunities made available

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to members/local networks/arts community.

- Being active & structured activities; impact on motivation, routine and lifestyle and wellbeing. Core Arts timetable plus daytime/evening and various weekend events as part of events program.
- Education and Progression routes/achievements; Core Arts have established move on opportunities for members to continue personal development (away from mental health services)
- Non clinical environment in preparation for mainstream opportunities (of which is not currently able to engage due to support needs)
- Keeping Safe/risk management/well-being; early intervention and communication with services (Core Arts supported communication & intervention) re: welfare, safeguarding, self-care.
- Less crisis admissions/less CMHT input/less dependency on NHS services & access from the wards- part of treatment plan/ rehabilitation.

As an extension of the psychiatric units and NHS provision in Hackney for 25 years, we have offered community involvement to those who might otherwise not be able. We have a consultant psychiatrist as trustee on the board and act as a base for patients on s.17 on leave from hospital. Naturally we support the CPA document for many areas including activities and learning as well as a risk management plan. We engage those who are considered the most vulnerable and those unable or unwilling to engage elsewhere.

Core Arts users are not obliged to use the service, the service is available to those who choose it as part of their treatment/self-management; many case studies provide insight into the impact of the service on individuals who manage their mental health.

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

Outcomes for those with critical and substantial needs;

- Improved satisfaction of inpatient services/choice and control of treatment plan
- Increase activities available to inpatients and outpatients
- Shorter hospital admissions
- Increased risk management at discharge (step down provision)
- Increased discharge from CPA due to service engagement (duty of care)
- Increased discharged of MSU clients, as part of community planning
- Increased patients involved in learning and education as part of CPA (skill development irrelevant of fluctuations in MH)
- Improved engagement with treatment plans (including behaviour management and medication management)
- Reduced crisis admissions
- Increase access to provision/speed of access
- Increased engagement of hard-to-reach groups specifically BME males.
- Increase in signposting/ referrals to voluntary sector agencies for support regarding housing/benefits and substance use concerns (as agreed with care team)
- Improved sense of wellbeing/confidence and self-esteem/ personal achievement (reduced

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dependency on care team)

- Increase support network for persons who are socially excluded (single)
- Increased engagement in mainstream opportunities for this client group
- Support families and carers to maintain relationships by providing meaningful occupation/ respite/promoting independence

The service promotes four of the CCG strategic priorities:

- Improve the equality of health care for Hackney and City of London residents; Aimed at disadvantaged group - severe and enduring mental health/BME. Ensuring people feel supported to manage their condition.
- Ensure our health care system is affordable of high quality and improves patient experience; Service feedback from patients is excellent/service will continue to engage inpatients for excellent value for money and improve patient satisfaction in Hackney.
- Develop integrated out of hospital services to mitigate the increasing cost of hospital based unscheduled care; Structured pathway of service availability is established/ service improves activities offered by NHS and treatment plan leading to reduced use of inpatient care. Avoid crisis admissions and support the crisis pathway of support. NHS (England) Outcomes 2015/16 readmissions within 30 days of discharge.
- Reducing premature death in people with serious mental illness: people with severe mental illness who have received a list of physical checks. Core Arts communicates directly with GP to support any engagement with physical health intervention and as part of the welfare support at Core Arts promotes health and signposts to various health centres & can host projects also. Integrated approach regarding physical health and mental health services and support to engage with life prolonging treatments and support.

Clinically:

Long term conditions and the management of these, specifically increasing the quality of life to those who suffer severe mental illness. Targeted to BAME groups and the high proportion of black males on the hospital wards.

And nationally support the CCG aims regarding:

Reducing avoidable emergency admissions;

Improving patient experience of hospital services

Volunteer programme

Core Arts has a tried and tested volunteer programme in which there are levels of service engagement, peer support and volunteers that assist tutors to plan and run sessions, become trained tutors (PTTLS) and deliver workshops. Core Arts also facilitates volunteering as peer leaders, such as running the core council or leading the weekly tours. Volunteers can choose to get expenses or they can access more workshops for their invested time (time bank) Core Arts also promotes management opportunities and 60% of the trustee board are current or ex members of Core Arts. Through the experience of responsibilities, job profiles and expectations (including the code of respect) patients are able to use their experiences to apply for further opportunities and develop CV's alongside their ability and confidence. Core Arts workforce and staffing relies upon peer membership and supportive members to engage new members, and promote and inspire recovery and ability. Members progress to qualifications, such as access courses, masters, NVQ's, external volunteering and employment which greatly enhance a persons' well-being, quality of life and contribution to society. Core Arts is open in the evening two days a week, and offers those who are in work or have commitments elsewhere to be able to continue to engage to enhance their well-being.

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Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

REVIEW OF ACTIVITIES AND PERFORMANCE

INTRODUCTION:

Core Arts is a Leading Mental Health Day Care Service

- Core Arts has 30 years' experience in providing best practice and best value in Mental Health Creative Day Care in London.
- Based in Hackney it promotes positive mental health and wellbeing through creative learning.
- Providing quality education, training, Employment and social enterprise initiatives enabling people who experience mental health issues to overcome barriers, fulfill their potential and participate fully in their community.
- Our mission is to support and promote recovery, social inclusion and mental wellbeing through the arts and enhance service user experience.

Core Arts offer a fully equipped and staffed Creative Day Service

- Offering access to 97 creative classes a week under four departments: Arts, Music, Multimedia, Horticulture and Sport.
- Open studios and resources to work on self-directed projects. 3 bookable studios, 4 exhibition spaces, 2 art studios & an ICT Suite.
- 52 professional PGCE/PTTLS equivalent, established and practicing tutors offering excellent education and inspiration in the creative arts. Effective individual guidance and support in personalised progression and skills development.
- 19 staff on PAYE and 52 self-employed tutors working the equivalent.
- 140 volunteers per week, working as tutors assistants per week offering 1:1 individual support and guidance.
- Individual assessment of referral and Creative Work Plan goal-setting with achievable objectives to promote success and provide personalised service tailored to the individuals needs and aims.

Progression Pathways

- Opportunities for clients to progress to public performances, exhibitions, publishing, further education, volunteering, work experience opportunities and employment.
- Placements in our award winning innovative Social Enterprises:
 - Core Landscapes (Horticulture company)
 - Core Design (Graphic Design company). In the year March 2025 the company had been struck off. The company was re-instated at Companies House on 02 March 2025.
- Opportunities to volunteer, develop existing skills and experience work like activity and training; including contributing to the running of Core Arts through the members Involvement Scheme and Core Council.

Community Events and Social Inclusion

- Core Arts offers an internal and external events program with over 50 events a year, giving members opportunities to exhibit, perform and socialise in a safe space.
- The hall has a 300 capacity, with a fully equipped stage run by technical staff, special guest artists and bands and a fully licensed bar.

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- Partnerships and networking opportunities offered regularly to clients with creative institutions across London, the UK and abroad.

Outcomes

- Service users are supported to gain education, training, volunteering and/or other experience and qualifications through increased opportunities including those in mainstream settings which enable them to acquire or enhance their skills, gain or re-gain employment and/or become involved in other meaningful and socially inclusive activities
- Improved communication and social skills, self-confidence and motivation, and reduced sense of social isolation
- Reduction in admission and re-admission to in-patient services for users of this project
- Diversion from criminal justice system for service users, particularly those with forensic histories.

Core Arts is open all year for referrals for over 18's experiencing and managing severe and enduring mental health issues

- Refer your clients to Core Arts to access creative education that will improve their opportunities, promote their well-being, give structure to their day and prevent isolation.
- Safe and enabling environment which promotes positive mental health, choice and greater independence
- Open communication with wards, providing feedback and joint working to sustain membership.

OUR REFERRAL PROCESS

How to Refer to Our Service

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

Eligibility for membership of Core Arts is the following

CCG/Recovery Alliance Hackney:

Persons with severe and enduring mental health issues and are currently engaging with clinical mental health care team, inpatient, CPA or S.117 due to high support needs (NHS referral necessary)

Persons looking for meaningful activity, social inclusion, structure, routine and development opportunities (risk management and support package)

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Hackney Mental Health Network:

Persons with mild to severe mental health issues, outpatients or persons who manage their mental health via their GP, medication or therapy. May have a history of mental health and previous contact with services.

Persons looking to engage with time-bound skill development courses, which encourage goal setting, increased self-esteem, personal development through the participation of creative activities. As a member you will have access to a variety of sessions and workshops run by professional tutors, with experience of the creative industries

Sports Programme

Persons with mild to severe and enduring mental health issues wishing to participate in health and sports activities which are inclusive and suitable to a range of abilities (GP referral required)

Personalisation and Personal Budgets

Core Arts encourages self-referrals, we will contact agencies on behalf of an individual to support the referral, to ensure multi-disciplinary support planning for Core Arts membership and duty of care for the individual if there are concerns regarding health or welfare.

The three Membership Managers are the first point of contact for referrers, clients and existing members;

- Assessment of suitability for the service, current artistic skills and any support needs upon referral to the service.
- Thorough induction, and creative goal setting, including objectives for managing any identified needs.
- Recovery, strengths and solution focused support through 1:1 support sessions
- Initial and ongoing partnership working with support services involving the member, as required such as CPA feedback, assertive preventative planning, and signposting to relevant agencies.
- Creative Personal Development; evidence progression and achievements through creative work plans.
- Progression: encourage and facilitate further development such as volunteering, member involvement scheme or courses and work training

PROGRESSION TOWARDS MEETING OUR STRATEGIC OBJECTIVES

OBJECTIVE 1

➤To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths

External

Our remit is to provide opportunities for all our members and ex members to reintegrate back into society and showcase their creative talents.

Partnerships have ranged from:

- International partners with Bavaria www.bezirkskliniken-schwaben.de,
- RHS Chelsea Flower show
- Church of England
- Research partners with New Philanthropy Capital.

Core Arts

- Partnership with Trusts and Foundations: Tudor Trust , City Bridge Trust, , Lloyds Foundation, Act Foundation , Taurus Trust, AKO foundation.
- Horticulture Partners: Capital Growth, Groundwork, Transport for London, Balfour Beatty, Serco, Bouyers, East London Business Alliance (ELBA) Deutsche bank, Barclays Wealth,
- Educational Partners from The Learning Trust, East London University, St Marys University College, Queen Marys university London, LSE.
- Local partners such as Whitechapel Gallery, The Freud Museum, Willian Morris Museum, Hackney Museum, East London Business alliance, Mind, HCVS, HVC, Chats Palace, Hackney College, Cycling Club Hackney, The Sovereign, Libraries, bookshops and local venues.
- Music and art Exhibitions at the British Museum, Wellcome Collection, Tate Exchange, Science Museum Medicine galleries.
- Poetry readings and book sales at bookshops across London and selling on Amazon.
- Partnership with media organisations: BBC, Channel 4, The Community Channel, Rethink, LBC all made videos, radio.

OBJECTIVE 2

➤To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.

Non Remit Clients

- 15% discretion is applied by Core Arts for persons who display a high level of skill or added value whose presence at the centre is beneficial to service user experience and the organisation (role model for new members/peer support element). This percentage/allowance also includes a small number of persons who may otherwise fall through the gap, as they are unconventional or find it difficult to conform/express themselves and are considered socially isolated, excluded and vulnerable by the health services, i.e. their GP.

OBJECTIVE 3

- To expand and develop Social Firms and Social Enterprises in order to
- 1Increase service users' confidence and self-esteem through their engagement with a practical working enterprise
 - 2To increase the service users' employability
 - 3To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives

Associated social enterprises and social firms continue to be actively encouraged by Core Arts with the following objectives in mind:

- To provide members with a bridge to the outside world.
It can be hard for members who have lost confidence through mental health issues to launch back into the community. The experience of building and working for a social business in a supportive environment can be an excellent way to start to gain self-esteem and experience.
- To challenge prejudice.
Challenging prejudice about mental health issues is central to the ethos of Core Arts. The development of successful social businesses by Core Arts members contributes to this mission.

Core Arts

- To encourage ownership and responsibility.
Part of the road to recovery for those who suffer from mental health issues is to take responsibility and to feel involved in something where individual contributions count. Associated small businesses can provide exactly this, with members being encouraged to pursue their ideas with the support of Core Arts.
- Maintaining focus on the central work of Core Arts.
Core Arts is committed to providing creative activities and structured support programmes to help its members. Associated social businesses are created as legally and financially autonomous organisations. Core Arts will therefore be protected from any risk of these ventures. Also, the time devoted by Core Arts in supporting these ventures is limited and appropriately managed.
- To gain income for Core Arts.
In some (but not all) cases, associated businesses can provide income for Core Arts. Also, the existence of some of these associated businesses will help publicise the work of Core Arts, making the task of fundraising easier.

1. Core Landscapes <http://www.core-landscapes.co.uk>

Established in 2006: Core Landscapes is a Social Enterprise owned by Core Arts. We provide professional garden design for private gardens and public spaces, landscape design, landscaping, maintenance and project management services. From 2010 we have been running a commercial nursery in East London. We are committed, wherever it is appropriate, to providing training and meaningful work experience to people who have mental health issues. **Profits go back to Core Arts.**

The aims of the project are to:

- Promote mental health for all by empowering individuals and communities to improve their environment.
- Combat discrimination against individuals and groups with mental health problems, and promote their social inclusion.
- Offer a care package that will include training, meaningful work experience and volunteering opportunities. This approach will help to address the social isolation of individuals with severe mental health issues by helping to improve social skills and social networks.
- Involve service users in the service planning process of their environment.
- Develop and evaluate occupational activities which maximise social participation, enhance self-esteem and promote exercise and healthy living.
- Develop research tools with service users to assess how the environment of their services can best meet their needs.

The business aims of the project are to:

- Gain professional experience in running a horticultural training and maintenance project at the highest standard.
- Provide Core Arts with show piece gardens to obtain further contracts in neighbouring boroughs and community spaces in central London.

Core Arts

- Have a satisfied influential customer, who will provide good references.
- Make a profit for Core Arts and act as a trading and employment arm for the charity.

Project Partners for Core Landscape project:

• RHS Chelsea Flower show, RHS, St Barnabas Church, Tower Hamlets, Barts NHS Trust and Newham Council, GLA, Groundwork and Ecominds and London Catalyst has provided us with funds to support a volunteer and work training project on this site for the next two years we have over 16 professional partners in this project that work alongside our members and the community volunteers and groups including Fabric, Deutsche bank, Barclays Wealth, ELBA, LBH Newham regeneration Teams and Guibes developers. Canning Town and Custom House Regeneration team: Sarah Braithwaite and Sam Clark, Living Places: Anita Nadkarni Fabric Architects, University of East London (UEL) London Borough of Newham Council;, Arts and Leisure, Community Leaders and Engagement, Parks, Groundwork, East London Business Alliance (ELBA), Capital Growth, Community Payback, Parkside Gardening, Canals and Riverside Trust.

2. Core Design

Based at Core Arts www.coredesignlondon.co.uk

- Established in 1999: This social enterprise exists to provide excellent graphic design services, for example brochures, flyers, posters, logos, websites and annual reports. Core Design attracts many repeat jobs from satisfied clients and, in a highly competitive industry, turning in a good profit is an excellent result. Profits go back to Core Arts.
- Where possible and reasonable, Core Design aims to provide members of Core Arts with work experience. Members of Core Arts are paid for their artwork, photography and for reviewing documentation. Core Design also provides graphic design work for Core Arts at cost. Core Design supports the mission of Core Arts by raising awareness of the centre's work through its clients, and thereby improving Core's links with other organisation's.

OBJECTIVE 4

➤To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

- We have continued to be competitive and innovative in these challenging times for community social health and wellbeing services. This is partly reflected in the increase in referrals from across London, from boroughs where they have no comparable service. Currently 22 boroughs refer. We also believe that our flexible approach to each members application and the bespoke funding package they bring, increasingly makes us an attractive service for support workers and case managers, who are themselves still learning how to best to promote and support personal budgets in mental health.

As this success in attracting membership has currently been built on word of mouth we have decided to invest, over the coming years, in promoting our service to potential membership from across the neighbouring boroughs. Not only do we know there is a demand for what we offer but there is also the mechanisms for gaining access to Personal Budgets to buy the service.

Core Arts

- Continued Professional Development is integral and embedded in all our Trustees, staff and volunteer support. We continue to develop our staff skills both internally and externally through appropriate training and peer mentoring.
- The senior management team has been preparing the organization for tender readiness and will continue review and refine policies and procedures to ensure no opportunity is missed.
- Our volunteers program numbers over 140 yearly. These are externally recruited, qualified creative professionals offering their skills and experience free to support our service delivery, enhancing and expanding our client's opportunities and learning in the creative fields.
- Our intern placement program places university students from UK Universities and from abroad in our creative centre as tutor assistants, giving them valuable work experience .

Directors

The following served as directors during the year covered by these accounts:

Vivienne Havell

Gary Paul Molloy - Resigned on 14 June 2025

Stuart Edward Glyn Jones

Mark Steven Salter

Shaun Adams

Ellen Faith Willetts

The directors at the time the financial statements were approved are as follows:

Vivienne Havell

Stuart Edward Glyn Jones

Mark Steven Salter

Shaun Adams

Ellen Faith Willetts

Directors' Responsibilities

The charity trustees (who are also the directors for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial period. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing these financial statements, the directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;

Core Arts

- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the company will continue to provide services.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the Financial Statements comply with the Company Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditors in connection with preparing their report) of which the company's auditors are unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information

Financial Review

The principal funding sources of the charity during the reporting period are as detailed in Note 4 of the accounts. These sources include earned contracts, donations, grants, and fundraising activities, all of which have been vital in supporting the charity's mission and programs.

These funds have been utilised to support the key objectives of the charity, as detailed in the Trustees' Report. The resources have been allocated to various programs and activities that align with the charity's mission, ensuring the effective achievement of its goals.

Reserves Policy

As of 31st March 2025, total funds amounted to £2,287,055 (2024: £2,158,114), as detailed in Note 16 of the accounts.

The Trustees have carefully reviewed the budgets for the 2025/26 financial year, including the reserves and secured income. They have determined that there is sufficient funding in place to prepare these financial statements on a going concern basis.

A designated reserve of £210,000, which represents four months of our yearly expenditure is held to enable the orderly closure of the charity should this become necessary.

Total unrestricted reserves at 31 March 2025 amount to £1,492,126, of which £1,400,193 represents the revaluation reserve on the freehold property and £859,845 is represented by other tangible fixed assets. The net current asset position within unrestricted funds shows a deficit of £98,672, primarily due to timing differences. The trustees are satisfied that the overall unrestricted reserves position remains strong, underpinned

by significant property equity which could be drawn upon if required through facilities secured against the freehold.

⤴ Decision Making

The directors meet about once every 2 months to review the progress of the charity and to make any decisions that are needed to keep Core Arts in pursuit of its objectives. A manager and development director are appointed by the directors to manage the day-to-day running and development of the charity. In turn, the development director and manager appoint staff and volunteers to further the work of Core Arts. In addition, Core Council, a group of members of the charity, meet about once every 2 weeks to discuss the progress of Core Arts and to make recommendations to the directors and managers.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of Core Arts, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the Core Arts Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note twenty to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Directors Selection Method

The trustees are elected at the Annual General Meeting and any other time when a vacancy arises. The tenure of office is from date of appointment to the next Annual General Meeting.

New Trustees are inducted by the Chair, Vice- Chair, CEO and Deputy CEO and Finance and offered training as necessary. The Board meets at least six times a year. Day-to-day management of the charity has been delegated to the CEO. The CEO is supported by staff and volunteers, if applicable, and a scheme of delegation is in place.

Risk Review

Financial – Core Arts continues to increase its annual income and expenditure, hence the potential to increase the risk of financial mismanagement is obvious.

Core Arts

In order to address this situation, the post of Finance Worker has been created. The main aim of this worker is to reduce or eliminate the risk by implementing financial systems and to report to the Management and Director on the financial state of Core Arts.

Service delivery – As Core Arts has increased, the number of workshops it runs have also increased. It means we must have and continue to develop a sound approach to service delivery. This is accomplished by training for staff, volunteers and members to ensure that standards are maintained and improved.

Key aims for 2025/26

- consolidating the recent growth of the organisation.
- creating a series of spaces for our members.
- Develop and deliver a refreshed membership offer for individuals.

Auditors

Innovi Advisors Ltd are deemed to be reappointed in accordance with the Section 487(2) of the Companies Act 2006.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

This report was approved by the board on 22 May 2026 and signed on its behalf by:



Vivienne Havell
(Director)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CORE ARTS

Opinion

We have audited the financial statements of Core Arts (the 'parent company') and its subsidiaries (the 'group') for the year ended 31 March 2025 which comprise the Consolidated Statement of Financial Activities, Consolidated Balance Sheet, Consolidated Cash Flow Statement and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and of the parent company affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's and the parent company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information in the Report of the Trustees, but does not include the financial statements and our Report of the Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CORE ARTS

materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the group and the parent company and its environment obtained in the course of the audit, we have not identified material misstatements in the Group Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies' exemption from the requirement to prepare a Group Strategic Report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page nineteen, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and the parent company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent company or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CORE ARTS

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks applicable to the Company and the sector in which they operate.

We focused on specific laws and regulations which we considered may have a direct impact material effect on the financial statements, or the operations of the company which included the Companies Act 2006, the Charities Act 2011, taxation legislation, data protection, anti-bribery, employment, environmental and health and safety legislation;

- Identifying and assessing the design effectiveness of controls management has in place to prevent and detect fraud;
- Understanding how those charged with governance considered and addressed the potential for override of controls;
- Challenging assumptions and judgments made by management in its significant accounting estimates;
- Assessing the extent of compliance with the relevant laws and regulations.
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to involve the completeness and timing of income recognition and the override of controls by management.

To address the risk of fraud in relation to revenue recognition, we:

- Performed detailed substantive testing to address completeness and accuracy of income;
- Assessed the appropriateness and application of the accounting policy concerning income recognition; and
- Performed detailed cut-off testing either side of the balance sheet date.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships;
- Identifying and testing journal entries, in particular those with unusual account combinations, unusual words or unusual users
- Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias;
- Investigated the rationale behind significant or unusual transactions.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

INDEPENDENT AUDITORS'S REPORT TO THE MEMBERS OF CORE ARTS

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Auditors.

Use of our report

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in a Report of the Auditors and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mr Sheetal Shah (Senior Statutory Auditor)
for and on behalf of INNOVI ADVISORS LTD
Chartered Certified Accountants
& Statutory Auditors
163 Herne Hill
London
England, SE24 9LR

Date: 23/05/2026

CORE ARTS

**Consolidated Statement of Financial Activities (Including Income & Expenditure Accounts)
for the year ended 31 March 2025**

	Note	Unrestricted Fund	Designated Fund	Restricted Fund	Group 2025	Group 2024	Charity 2025	Charity 2024
		£	£	£	£	£	£	£
Income and Expenditure								
Incoming Resources								
Incoming resources from generated funds:								
Voluntary Income:								
Donations	3	3,472	-	-	3,472	14,919	3,472	14,919
Grants -others	4.2	5,000	-	264,140	269,140	304,979	269,140	304,979
Trading income	17	-	-	-	-	19,400	-	-
Other operating income		-	-	-	-	-	-	-
Investment income		3,952	-	-	3,952	3,675	3,952	3,675
		<u>12,424</u>	<u>-</u>	<u>264,140</u>	<u>276,564</u>	<u>342,973</u>	<u>276,564</u>	<u>323,573</u>
Incoming resources from charitable activities								
Earned income - contracts	4.1	576,159	-	421,574	997,733	701,985	997,733	701,985
Earned income - others		59,359	-	-	59,359	36,455	59,359	36,455
Total Incoming Resources		<u>647,943</u>	<u>-</u>	<u>685,714</u>	<u>1,333,657</u>	<u>1,081,412</u>	<u>1,333,657</u>	<u>1,062,012</u>
Expenditure								
Fundraising & Publicity costs of grants and dc	6	23,324	-	-	23,324	23,324	23,324	23,324
Trading Expenses	17	22,996	-	-	22,996	27,367	-	-
Charitable activities-delivering contracts	5	661,087	-	474,493	1,135,580	1,072,917	1,155,950	1,072,917
Total Expenditure		<u>707,408</u>	<u>-</u>	<u>474,493</u>	<u>1,181,901</u>	<u>1,123,608</u>	<u>1,179,274</u>	<u>1,096,241</u>
Net Income/(expenditure) and net movements in func		59,465	-	211,221	151,756	42,196	154,382	34,229
Corporation tax		-	-	-	-	-	-	-
Reconciliation of funds								
Total Funds Brought Forward at 01/04/2024		1,582,117	210,000	373,708	2,165,825	2,230,836	2,173,777	2,230,821
Gains and losses on revaluation of fixed assets for the charity's own use							-	-
Movement on revaluation reserve		(30,526)	-	-	(30,526)	(30,526)	(30,526)	(30,526)
Total Funds Carried Forward at 31/03/2025		<u>1,492,126</u>	<u>210,000</u>	<u>584,929</u>	<u>2,287,055</u>	<u>2,158,114</u>	<u>2,297,633</u>	<u>2,166,066</u>

All transactions are derived from continuing activities.

All recognised gains and losses are included in the statement of Financial Activities.

CORE ARTS
Consolidated and Charity Balance Sheet
as at 31 March 2025

	Note	Group 2025	Group 2024	Charity 2025	Charity 2024
		£	£	£	£
Fixed Assets					
Tangible Assets	10	2,791,996	2,604,877	2,791,996	2,604,877
Investments	11	-	-	5	5
		<u>2,791,996</u>	<u>2,604,877</u>	<u>2,792,001</u>	<u>2,604,882</u>
Current Assets					
Debtors	12	170,446	70,632	185,935	76,769
Cash at Bank and in Hand		<u>310,371</u>	<u>368,025</u>	<u>295,505</u>	<u>353,158</u>
		<u>480,817</u>	<u>438,657</u>	<u>481,440</u>	<u>429,927</u>
Creditors: Amounts falling due within one year	13	<u>316,513</u>	<u>197,020</u>	<u>306,564</u>	<u>180,345</u>
Net Current Assets		164,304	241,637	174,877	249,582
Total Assets Less Current Liabilities		2,956,300	2,846,514	2,966,877	2,854,464
Creditors: Amounts falling due over one year	14	669,244	678,460	669,244	678,460
Net Assets		<u><u>2,287,055</u></u>	<u><u>2,168,054</u></u>	<u><u>2,297,633</u></u>	<u><u>2,176,004</u></u>
Represented By:					
Restricted Funds	15	584,929	373,708	584,929	373,708
Movement in Reserves	16	-	(7,952)	-	-
Unrestricted Funds	16	1,492,126	1,592,295	1,502,704	1,592,295
Designated Fund	16	<u>210,000</u>	<u>210,000</u>	<u>210,000</u>	<u>210,000</u>
		<u><u>2,287,055</u></u>	<u><u>2,168,051</u></u>	<u><u>2,297,633</u></u>	<u><u>2,176,003</u></u>

The financial statements have been prepared in accordance with the provision applicable to companies subject to the small companies regime.

The financial statements were approved by the board on 22 / May 2026 and signed on its behalf by



Vivienne Havell
(Director)

Registration number: 02985939

CORE ARTS
Consolidated Statement of Cash Flows
Year ended 31 March 2025

	Note	2025	2024
		£	£
Cash used in operating activities			
Net movement in funds		151,756	(42,196)
Deduct additions of fixed assets			
Add back depreciation		52,800	52,800
Deduct interest income			
in investing activities		(3,952)	(3,675)
Deduct movement in revaluation		(30,526)	(30,526)
Decrease (increase) in debtors		(99,814)	30,290
Increase (decrease) in creditors		119,493	66,826
		<u>189,757</u>	<u>73,519</u>
Cash flows from investing activities			
Interest income		3,952	3,675
Purchase of fixed assets		(239,920)	(148,713)
		<u>(235,967)</u>	<u>(145,038)</u>
Cash provided by (used in) investing activities			
Cash flows from financing activities			
Repayment of borrowing			
Net movement in borrowing		(9,216)	(26,784)
Purchase of fixed assets			
Cash used in financing activities		<u>(9,216)</u>	<u>(26,784)</u>
		<u>(55,426)</u>	<u>(98,303)</u>
Increase (decrease) in cash and cash equivalent in the year			
Cash and cash equivalent at the beginning of the year		368,025	456,388
		<u>310,371</u>	<u>358,086</u>
Total cash and cash equivalent at the end of the year			

Reconciliation of net incoming resources to net cash inflow from charitable activities

Cash used in operating activities

Net movement in funds		151,756	(42,196)
Add back depreciation		52,800	52,800
Deduct interest income			
in investing activities		(3,952)	(3,675)
Deduct movement in revaluation		(30,526)	(30,526)
Decrease (increase) in debtors		(99,814)	30,290
Increase (decrease) in creditors		119,493	66,826
		<u>189,757</u>	<u>73,519</u>

CORE ARTS
Notes to the Consolidated Accounts
for the year ended 31 March 2025

1. Accounting Policies

1.1 Accounting Convention

The financial statements have been prepared in accordance with Accounting and Reporting by charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and Charities Act 2011.

The statement of financial activities (SoFA) and balance sheet consolidate the financial statements of the charity and its subsidiaries. The results of the subsidiaries are consolidated on a line by line basis.

The accounts are prepared in sterling, which is the functional currency of the group. Monetary amounts in these financial statements are rounded to the nearest £1.

The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Legal Status of the Charity

The charity is a private company limited by guarantee incorporated in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The registered office of the charity is sited at 1 St. Barnabas Terrace, Homerton, London, United Kingdom, E9 6DJ

1.3 Group Financial Statements

The financial statements consolidate the results of the charity and its wholly owned subsidiaries on a line-by-line basis. A separate Statement of Financial Activities and Income and Expenditure Account for the charity has not been presented because the charity has taken advantage of the exemption afforded by Companies Act 2006, s.408.

1.4 Fund Accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. The aim and purpose of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds of the charity restricted for specific services undertaken by the charity.

The cost of raising and administering such funds are charged against the specific fund.

The aim and use of each material designated and restricted fund is set out in the notes to the financial statements.

1.5 Incoming Resources

1.5a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- *the charity becomes entitled to the resources;
- *it is more likely than not that the trustees will receive the resources; and
- *the monetary value can be measured with sufficient reliability.

1.5b Donated goods and services/facilities

Gifts in kind for use by the charity are included in the SoFA when receivable. Donated fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided it can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent of expense under the appropriate heading in the SoFA.

1.5c Sales

Trading income represent the invoiced value of services rendered.

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2025

1.5d Investment Income

Investment income is included when receivable.

1.5e Grants

Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

1.6 Fixed Assets and Depreciation

Depreciation is provided at rates calculated to write off the cost or valuation, less estimated residual value of each asset over the expected useful life as follows:

Freehold Property	2% on cost
Machinery	20% on cost
Fixtures Fittings & Equipment	20% on cost
Motor Vehicle	25% on cost

Items of expenditure are capitalised when purchase price exceeds £500

Tangible fixed assets are stated at cost less accumulated depreciation.

Freehold property is stated at its Fair value.

1.7 Resources Expended

All expenditure is accounted for on accrual basis.

1.8 Volunteers

The value of the services provided by volunteers is not incorporated into these financial statements. Further details of their contribution is provided in the trustees' report.

1.9 Capital Grants

Capital grants have been treated in accordance with the SORP, they are recognised as incoming resources on receipt, this is not in accordance with the Companies Act. The Companies Act requires the income to be deferred and released to the income and expenditure account on a straight line basis over the life of the associated assets.

The trustees consider that the requirements of the SORP override the Companies Act requirement in order to give a true and fair view.

1.10 Restricted Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criteria is charged to the fund.

1.11 Unrestricted Funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

1.12 Designated Funds

These comprise unrestricted funds that have been set aside by the directors for specific purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

1.13 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Accrued income is included at the best estimate of the amounts receivable at the balance sheet date.

1.14 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.15 Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2025

1.16 Taxation

As a charity the organisation is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

No tax charges have arisen in the Charity.

1.17 Critical accounting estimates and judgements

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results.

No judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies. The key assumptions concerning the future and key sources of estimation of uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the financial year include:

- estimation of the useful economic life of freehold property, furniture and fixtures, plant and machinery; motor vehicle and
- the revaluation of the freehold property;

1.18 Financial instruments

The organisation only has financial assets and financial liabilities of a kind that qualify as basic financial Instruments.

Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.19 Pensions

The trustees agreed that from 1st April 2016 the organisation will automatically enrol staff into the NEST Pension scheme, which is funded by contributions from employees and employer, unless staff opt out of the scheme. The scheme is a money purchase defined contribution scheme and in the year ended 31 March 25 the total contribution was £13,108 (2024 £9,803).

CORE ARTS**Notes to the Consolidated Accounts
for the year ended 31 March 2025****2. Going Concern**

In assessing the going concern position of the Company and the Group, the Trustees have produced detailed, yet adaptable, business plans that consider the Group's forecast and projected activities, the related financial budgets, cash flows and liquidity for the period to March 2027, which is a period of at least 12 months from the date of approval of the financial statements.

At the year end the group has net current assets of £164,304 and net assets of £2,287,055. The results for the year show the group has been profitable and generating positive cash flows.

The trustees are constantly reviewing forecasts and taking appropriate actions to ensure the operations continue without interruption. Examples of actions taken include developing new income streams and seeking further funding sources.

Based on this information and supporting action plans, the trustees have a reasonable expectation that the group will continue to operate in its current form for the foreseeable future.

Therefore the group continues to adopt the going concern basis in preparing its financial statements.

	Charity 2025			Charity 2024		
	£			£		
3. Donations						
Unrestricted income	3,472			14,919		
	<u>3,472</u>			<u>14,919</u>		
4. Income	2025			2024		
	Restricted	Unrestricted	Designated	Restricted	Unrestricted	Designated
	£	£	£	£	£	£
4.1 Earned Contracts						
Persona Budget income	-	141,625	-	-	167,070	-
City & Hackney Mind	-	182,052	-	-	165,754	-
PHB Income-Advocacy	-	38,082	-	-	20,040	-
Landscapes income EASTLNHS-contract	-	19,400	-	-	19,400	-
East London NHS Foundation Trust	-	195,000	-	-	150,000	-
PHB Workers TUPE	259,600	-	-	-	-	-
The Learning Trust	44,474	-	-	63,801	-	-
NHS City & Hackney CCG (Sport) Slippage	27,500	-	-	25,920	-	-
NHS City & Hackney CCG (Sport)	90,000	-	-	90,000	-	-
	<u>421,574</u>	<u>576,159</u>	<u>-</u>	<u>179,721</u>	<u>522,264</u>	<u>-</u>
4.2 Other Grants						
Groundwork London	4,200	-	-	-	-	-
Sport England	6,795	-	-	-	-	-
Chimo Trust	50,000	-	-	-	-	-
City Bridge Trust	-	-	-	44,764	-	-
The Prudence Trust	-	-	-	90,000	-	-
The Taurus Trust	-	5,000	-	-	5,000	-
The Clothworkers Fund	-	-	-	27,000	-	-
London Groundworks	-	-	-	25,000	-	-
LBH- Community Garden	-	-	-	1,000	-	-
London Council	49,000	-	-	3,100	-	-
Wolson Trust	75,000	-	-	-	-	-
De Laszlo Foundation	-	-	-	10,500	-	-
Kusama Trust UK	-	-	-	32,100	-	-
London Legacy Dev Corp	50,125	-	-	66,515	-	-
London Marathon	18,750	-	-	-	-	-
Metropolitan Public Gardens	650	-	-	-	-	-
The National Garden School	5,000	-	-	-	-	-
Lee Valley	4,620	-	-	-	-	-
	<u>264,140</u>	<u>5,000</u>	<u>-</u>	<u>299,979</u>	<u>5,000</u>	<u>-</u>

CORE ARTS

**Notes to the Consolidated Accounts
for the year ended 31 March 2025**

5. Charitable activities

	Unrest- icted 2025 £	Designated 2025 £	Restricted 2025 £	Total 2025 £	Total 2024 £
Salaries	273,343	-	292,869	566,213	486,957
Employer's National Insurance	29,098	-	23,807	52,905	45,422
Employer's Pension	7,865	-	5,243	13,108	10,824
Services	28,014	-	-	28,014	33,433
Training	2,495	-	-	2,495	21
Insurance	-	-	-	-	6,343
Sessional Workers and expenses	77,170	-	105,703	182,873	189,168
Equipment	2,998	-	-	2,998	3,578
Printing, Postage and Stationery	1,170	-	-	1,170	2,097
Alarm Maintenance	3,055	-	-	3,055	2,334
Telephone	9,728	-	-	9,728	9,012
Subscriptions & Publications	12,859	-	-	12,859	17,768
Business Development	-	-	-	-	-
DEPO running costs	36,183	-	-	36,183	13,397
Covid - 19 Safety Expenses	-	-	-	-	390
Motor & Travelling Expenses	6,571	-	-	6,571	11,908
Building Expenses	48,670	-	-	48,670	60,766
Consultancy Fees	3,864	-	-	3,864	3,105
Publicity and promotion	340	-	-	340	-
Hospitality	2,548	-	-	2,548	3,965
Food and Drink	2,595	-	-	2,595	2,758
General admin	2,413	-	-	2,413	148
Bank charges	1,565	-	-	1,565	497
Loan Interest	49,677	-	-	49,677	24,409
Recruitment Expenses	1,292	-	-	1,292	2,329
IT Development	30,908	-	-	30,908	12,009
Payroll Cost	2,211	-	-	2,211	1,991
Website	2,434	-	-	2,434	-
Events	4,676	-	-	4,676	5,692
Other Projects	3,902	-	-	3,902	2,187
Horticultural Project	(20,370)	-	39,870	19,500	23,361
Church Garden	-	-	-	-	31,140
Core Design	1,544	-	-	1,544	1,579
Depo Project	-	-	-	-	-
Bad Debts	3,426	-	-	3,426	9,937
Provision for Bad Debts	-	-	-	-	6,937
Governance Costs (see note 7)	13,570	-	-	13,570	25,182
Depreciation - Freehold Property	15,274	-	7,000	22,274	22,274
Depreciation - F F & E	-	-	-	-	-
	<u>661,087</u>	<u>-</u>	<u>474,493</u>	<u>1,135,580</u>	<u>1,072,918</u>

of the £1,072,918 in 2024, £453,742 was charged to restricted funds and £619,174 was charged to unrestricted funds.

CORE ARTS

**Notes to the Consolidated Accounts
for the year ended 31 March 2025**

5.1 Charitable activities

**Analysis of Expenditure on charitable activities between Direct Costs & Support Costs: Relief of hardship, distress and illness
of persons suffering from mental health illness and those at risk of social exclusion.**

	Direct Costs 2025 £	Support Costs 2025 £	Total 2025 £	Direct Costs 2024 £	Support Costs 2024 £	Total 2024 £
Staff Costs	608,902	23,324	632,226	519,879	23,324	543,203
Services	28,014	-	28,014	33,433	-	33,433
Training	2,495	-	2,495	21	-	21
Insurance	-	-	-	6,343	-	6,343
Sessional Workers and expenses	182,873	-	182,873	189,168	-	189,168
Equipment	-	2,998	2,998	-	3,578	3,578
Printing, Postage and Stationery	1,170	-	1,170	2,097	-	2,097
Alarm Maintenance	-	3,055	3,055	-	2,334	2,334
Telephone	-	9,728	9,728	-	9,012	9,012
Subscriptions & Publications	12,859	-	12,859	17,768	-	17,768
Depo Running Costs	36,183	-	36,183	13,397	-	13,397
Covid - 19 Safety Expenses	-	-	-	390	-	390
Motor & Travelling Expenses	-	6,571	6,571	-	11,908	11,908
Building Expenses	-	48,670	48,670	-	60,765	60,765
Consultancy Fees	3,864	-	3,864	3,105	-	3,105
Publicity and promotion	-	340	340	-	-	-
Hospitality	2,548	-	2,548	3,965	-	3,965
Food and Drink	2,595	-	2,595	2,758	-	2,758
General admin	-	2,413	2,413	-	148	148
Bank charges	1,565	-	1,565	497	-	497
Loan Interest	49,677	-	49,677	24,409	-	24,409
Recruitment Expenses	1,292	-	1,292	2,329	-	2,329
IT Development	-	30,908	30,908	-	12,009	12,009
Payroll Cost	2,211	-	2,211	1,991	-	1,991
Website	2,434	-	2,434	-	-	-
Events	4,676	-	4,676	5,692	-	5,692
Other Projects	3,902	-	3,902	2,187	-	2,187
Horticultural Project	19,500	-	19,500	23,362	-	23,362
Church Garden	-	-	-	31,140	-	31,140
Core Design	1,544	-	1,544	1,579	-	1,579
Depo Project	-	-	-	-	-	-
Provision for Bad Debts	-	-	-	6,937	-	6,937
Bad Debts	3,426	-	3,426	9,937	-	9,937
Governance Costs (see note 5.3)	13,570	-	13,570	25,182	-	25,182
Depreciation - Freehold Property	22,274	-	22,274	22,274	-	22,274
Depreciation - F F & E	-	-	-	-	-	-
	1,007,574	128,007	1,135,580	949,840	123,078	1,072,918

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2025

5.2 Analysis of Support Costs Apportioned

	<u>2025</u>		<u>2024</u>
	Charitable Activities		Charitable Activities
	£		£
Staff Costs	23,324		23,324
Office Costs	73,434		87,745
Publicity and Fundraising	340		-
Communication	<u>30,908</u>		<u>12,009</u>
	<u><u>128,007</u></u>		<u><u>123,078</u></u>

5.3 Governance costs

Governance Costs	<u><u>13,570</u></u>		<u><u>25,182</u></u>
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Governance costs are included in expenditure on charitable activities and include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

CORE ARTS

**Notes to the Consolidated Accounts
for the year ended 31 March 2025**

6. Fundraising and Publicity

	Unrest- icted	Designated	Restricted	Total	Total
	2025	2025	2025	2025	2024
	£	£	£	£	£
Salaries	23,324	-	-	23,324	23,324
	<u>23,324</u>	<u>-</u>	<u>-</u>	<u>23,324</u>	<u>23,324</u>

of the £23,324 in 2024 , all of it was charged to unrestricted funds.

	Unrest- icted	Designated	Restricted	Total	Total
	2025	2025	2025	2025	2024
	£	£	£	£	£
7. Governance costs					
Salaries	-	-	-	-	7,613
Audit	13,500	-	-	13,500	17,400
TrusteeMwrtng Costs	70	-	-	70	169
	<u>13,570</u>	<u>-</u>	<u>-</u>	<u>13,570</u>	<u>25,182</u>

8. Staff Costs

	Group	Group	Charity	Charity
	2025	2024	2025	2024
	£	£	£	£
Salaries	580,079	500,812	566,213	486,957
Employer's National Insurance	55,701	48,218	52,905	45,422
Pension Costs	13,108	9,803	13,108	10,446
	<u>648,888</u>	<u>558,833</u>	<u>632,226</u>	<u>542,825</u>

one employee earned in excess of £60,000

The average number of employees analysed by function was:

	2025	2024
Charity	20	17
Subsidiary	2	2
	<u>22</u>	<u>19</u>

Key management personnel in the organisation

The amount paid to key management personnel included in salaries is £76,536. The CEO and trustees are considered as key management personnel. None of the trustees received a salary.

9 Directors/Trustees

The directors/trustees do not receive any remuneration for their services and are not reimbursed for their expenses.

No trustee or other persons related to the charity had any personal interest in any contract or transaction entered into during the year (2024: NIL)

CORE ARTS
Notes to the Consolidated Accounts
For the Year Ended 31 March 2025

10. Fixed Assets

	Furniture Fixtures & Equipment	Freehold Property	Motor Vehicles	Machinery	Leasehold Property Under Const	Plant & Machinery Under Const	Total
	£	£	£	£	£	£	£
Cost							
At 1 April 2024	137,388	2,640,000	28,373	15,419	327,680.00	163,642	3,312,502
Addition	854	-	-	-	-	239,065	239,920
At 31 March 2025	138,242	2,640,000	28,373	15,419	327,680	402,707	3,552,421
Depreciation:							
At 1 April 2024	137,388	526,446	28,373	15,419	-	-	707,626
Charge for the year	-	52,800	-	-	-	-	52,800
At 31 March 2025	137,388	579,246	28,373	15,419	-	-	760,426
Net Book Value:							
At 31 March 2025	854	2,060,754	-	-	327,680	402,707	2,791,996
At 31 March 2024	1	2,113,554	-	-	327,680	163,642	2,604,877

The freehold property was revalued on 30 January 2019 at £2,640,000 by Mr Christian Dadd BSc (Hons) MRICS an RICS registered Valuer of Clarke Hillyer.

The freehold property is stated at a revalued amount, reflecting the fair market value of the property. The property was revalued in 2017 and 2020, and the revaluation surplus was included in the revaluation reserve.

The valuation was based on the comparable sales prices of other D1 properties sold in the area with assumptions on the state of building being confirmed by a building survey.

11. Fixed Asset Investment

	Subsidiary Undertaking Shares
	£
Cost	
At 31 March 2025	5
At 31 March 2024	5

The investment represents 100% holding in both Core Design (London) Ltd and Core Landscapes Ltd, companies which are incorporated in the United Kingdom.

	Group 2025	Group 2024	Charity 2025	Charity 2024
	£	£	£	£
12. Debtors				
Trade Debtors	162,803	76,461	162,803	76,461
Less Provision for Bad Debts	(7,797)	(7,797)	(7,797)	(7,797)
Other Debtors	-	-	-	-
Prepayments	15,440	1,968	14,940	1,181
Amount Owed By Subsidiary Undertaking	-	-	15,990	6,924
	170,446	70,632	185,935	76,769

**13. Creditors: Amounts falling due
within one year**

	Group 2025	Group 2024	Charity 2025	Charity 2024
	£	£	£	£
Trade Creditors	45,042	40,249	42,382	37,589
Other Creditors	3,864	4,875	3,864	3,954
Amount Received On Account	5,333	5,333	-	-
Client Account	133,499	-	133,499	-
Amount received in advance	224	224	224	224
Amount Owed To Subsidiary Undertaking	-	-	5	5
Mortgage Loan	51,192	51,192	51,192	51,192
Other Taxes & Social Security	37,372	48,216	37,372	48,216
Unallocated income	5,155	3,710	5,155	3,710
Grants Received in Advance	3,654	3,654	3,654	3,654
Accruals	31,178	39,567	29,217	31,800
	316,513	197,020	306,564	180,344

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2025

14. Creditors: Amounts falling due over one year

	Group 2025	Group 2024	Charity 2025	Charity 2024
	£	£	£	£
Mortgage Loan	669,244	678,460	669,244	678,460

Loans

Repayable in five years or more

Mortgage Loan	669,244	678,460	669,244	678,460
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The mortgage loan is secured by a first fixed legal charge with full title guarantee over the freehold property known as The Barnabas Centre comprising 1 St Barnabas and 109 Homerton High Street London E9 6DJ.

Commercial Mortgage Details:

Terms of repayment:	300 months at a monthly repayment of £4266.05
Current rate of interest:	2.47% over Base Rate
Total amount secured:	£756,436
Last Repayment:	15th March 2044

15. Restricted Funds

	Balance at	Movement In Resources			Balance at
	1 April 2024	Incoming Capital Memo	Incoming Revenue	Outgoing Capital Memo	31 March 2025
	£	£		£	£
PHB Income-Advocacy	-		259,600		52,971
Groundwork London	-		4,200		-
Sport England	-		6,795		-
Capital Grant Property Purchase	252,000		-		245,000
The Prudence Trust	87,684		-		87,684
The Clothworkers Fund	25,274		-		25,274
De Laszlo Foundation	8,750		-	8,750	-
London Legacy Dev Corp	-		50,125		-
London Marathon	-		18,750		-
Metropolitan Public Gardens	-		650		-
Lee Valley	-		5,000		-
The National Garden School	-		4,620		-
British Cycling	-		-		-
Chimo Trust	-	50,000	-		50,000
Wolson Trust	-	75,000	-		75,000
London Council	-	49,000	-		49,000
Learning Trust	-		44,474		-
CCG Sport	-		27,500		-
NHS	-		90,000		-
	373,708	174,000	511,714	-	584,929

Restricted funds represent funds received for specific projects and activities. Any balance at the year end is committed and will be used for the same project/activity in the following year.

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2025

16. Analysis of Net Assets Between Funds

	Restricted £	Unrestricted £	Non-Charitable Trading Funds £	Designated £	Revaluation 2025	Total £
	2025	2025	2025	2025	2025	2025
Current Assets	52,971	(98,672)	-	210,000	-	164,299
Tangible Fixed Assets	531,958	859,845	-	-	1,400,193	2,791,996
Loan	-	(669,244)	-	-	-	(669,244)
Investments	-	5	-	-	-	5
	584,929	91,933	-	210,000	1,400,193	2,287,055

Designated Fund

These are funds designated for specific purposes as follows:

£210,000 - representing four months of the charity's annual expenditure for the orderly closure of the charity if it ever becomes necessary.

Unrestricted Fund

The unrestricted fund at 31 March 2025 totals £1,492,126 of which £1,400,193 represents the revaluation reserve on the freehold property and £859,845 is represented by tangible fixed assets.

The net current asset position within unrestricted funds shows a deficit of £98,672, primarily due to timing differences.

The trustees are satisfied that the overall unrestricted reserves position remains strong, underpinned by significant property equity which could be drawn upon if required through facilities secured against the freehold.

17. Subsidiary Company

The company owns the whole of the issued ordinary share capital of Core Design (London) Ltd, company no. 04366112,

a company incorporated in UK on 4 February 2002 whose registered office is Solar House - Pf 915 High Road, London N12 8QJ.

The subsidiary is used for commercial activities but during the year it was dormant. It also owns the whole of the issued ordinary shares of another company, Core Landscapes Ltd, company no. 06538866, a company incorporated in UK on 19 March 2008, whose registered office is Solar House - Pf 915 High Road, North Finchley, London, England, N12 8QJ.

The subsidiary is also used for commercial activities. All activities have been consolidated on a line by line basis in the SOFA. A summary of the results of the subsidiaries are shown below.

	Core Core Design (London) Ltd		Core Core Design (London) Ltd	
	£	£	£	£
	2025	2025	2024	2024
Trading Income	-	20,370	-	19,400
Cost of Sales	-	12,147	-	11,613
Administration	420	10,429	2,263	13,491
	420	22,576	2,263	25,104
Operating Profit/(Loss)	(420)	(2,206)	(2,263)	(5,704)
Bank Interest Received	-	-	-	-
Other income	-	-	-	-
Corporation tax	-	-	-	-
Surplus	(420)	(2,206)	(2,263)	(5,704)

The aggregate of the assets, liabilities and funds were:

Assets	14,700	671	14,698	699
Liabilities	(15,989)	(9,955)	(15,569)	(7,780)
Shareholder Funds	(1,289)	(9,284)	(871)	(7,081)

CORE ARTS

**Notes to the Consolidated Accounts
for the year ended 31 March 2025**

	2025	2024
	£	£
18. Investments and Cash at Bank		
Cash and cash equivalents at the end of the reporting period		
Current asset investments:		
Bank deposits with maturity > 3 months	<u>-</u>	<u>-</u>
Cash at bank and in hand:		
Cash and bank balances	<u>310,371</u>	<u>368,024</u>

CORE ARTS

England & Wales - Charity number 1043588

Accounts

CORE ARTS

**Consolidated Statement of Financial Activities (Including Income & Expenditure Accounts)
for the year ended 31 March 2024**

	Note	Unrestricted Fund	Designated Fund	Restricted Fund	Group 2024	Group 2023	Charity 2024	Charity 2023
		£	£	£	£	£	£	£
Income and Expenditure								
Incoming Resources								
Incoming resources from generated funds:								
Voluntary Income:								
Donations	3	14,919	-	-	14,919	6,331	14,919	6,331
Grants -others	4.2	5,000	-	299,979	304,979	386,170	304,979	386,170
Trading income	17	19,400	-	-	19,400	27,000	-	-
Other operating income		-	-	-	-	-	-	-
Investment income		3,675	-	-	3,675	832	3,675	832
		<u>42,994</u>	<u>-</u>	<u>299,979</u>	<u>342,973</u>	<u>420,333</u>	<u>323,573</u>	<u>393,333</u>
Incoming resources from charitable activities								
Earned income - contracts	4.1	522,264	-	179,721	701,985	740,065	701,985	740,065
Earned income - others		36,455	-	-	36,455	39,984	36,455	39,984
Total Incoming Resources		<u>601,713</u>	<u>-</u>	<u>479,700</u>	<u>1,081,412</u>	<u>1,200,381</u>	<u>1,062,012</u>	<u>1,173,382</u>
Expenditure								
Fundraising & Publicity costs of grants and d	6	23,324	-	-	23,324	20,283	23,324	20,283
Trading Expenses	17	22,817	-	-	22,817	21,386	-	-
Charitable activities-delivering contracts	5	598,054	-	453,742	1,051,797	1,150,646	1,051,797	1,150,646
Total Expenditure		<u>644,196</u>	<u>-</u>	<u>453,742</u>	<u>1,097,938</u>	<u>1,192,315</u>	<u>1,075,121</u>	<u>1,170,929</u>
Net Income/(expenditure) and net movements in fund		42,483	-	25,957	16,526	8,067	13,109	2,453
Corporation tax		-	-	-	-	-	-	-
Reconciliation of funds								
Total Funds Brought Forward at 01/04/2023		1,673,085	210,000	347,751	2,230,836	2,260,926	2,230,821	2,266,526
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-	-	-
Movement on revaluation reserve		30,526	-	-	30,526	38,158	30,526	38,158
Total Funds Carried Forward at 31/03/2024		<u>1,600,076</u>	<u>210,000</u>	<u>373,708</u>	<u>2,183,784</u>	<u>2,230,835</u>	<u>2,187,186</u>	<u>2,230,821</u>

CORE ARTS**Consolidated and Charity Balance Sheet
as at 31 March 2024**

	Note	Group 2024	Group 2023	Charity 2024	Charity 2023
		£	£	£	£
Fixed Assets					
Tangible Assets	10	2,604,877	2,508,964	2,604,877	2,508,964
Investments	11	-	-	5	5
		<u>2,604,877</u>	<u>2,508,964</u>	<u>2,604,882</u>	<u>2,508,969</u>
Current Assets					
Debtors	12	79,570	100,921	83,705	104,003
Cash at Bank and in Hand		368,025	456,388	353,158	441,522
		<u>447,594</u>	<u>557,310</u>	<u>436,863</u>	<u>545,526</u>
Creditors: Amounts falling due within one year	13	<u>190,227</u>	<u>130,194</u>	<u>176,098</u>	<u>118,429</u>
Net Current Assets		257,367	427,116	260,765	427,096
Total Assets Less Current Liabilities		2,862,244	2,936,080	2,865,647	2,936,065
Creditors: Amounts falling due over one year	14	678,460	705,244	678,460	705,244
Net Assets		<u>2,183,783</u>	<u>2,230,836</u>	<u>2,187,187</u>	<u>2,230,821</u>
Represented By:					
Restricted Funds	15	347,788	347,751	347,788	347,751
Non-Charitable Trading Funds	16	15	15	-	-
Unrestricted Funds	16	1,625,982	1,673,070	1,629,399	1,673,070
Designated Fund	16	210,000	210,000	210,000	210,000
		<u>2,183,785</u>	<u>2,230,836</u>	<u>2,187,187</u>	<u>2,230,821</u>

The financial statements have been prepared in accordance with the provision applicable to companies subject to the small companies regime.

The financial statements were approved by the board on ____/____/2024 and signed on its behalf by

Vivienne Havell
(Director)

Registration number: 02985939

CORE ARTS

Consolidated Statement of Cash Flows

Year ended 31 March 2024

	Note	2024	2023
		£	£
Cash used in operating activities			
Net movement in funds	-	51,056	8,067
Deduct additions of fixed assets	-	95,913	284,570
Add back depreciation		52,800	65,707
Deduct interest income			
in investing activities	-	3,675	832
Deduct movement in revaluation	-	30,526	38,158
Decrease (increase) in debtors		3,082	139,655
Increase (decrease) in creditors		60,033	24,731
		<u>- 65,255</u>	<u>- 85,400</u>
Cash flows from investing activities			
Interest income		3,675	832
Cash provided by (used in) investing activities		<u>3,675</u>	<u>832</u>
Cash flows from financing activities			
Repayment of borrowing			
Net movement in borrowing	-	26,784	25,982
Purchase of fixed assets			
Cash used in financing activities	-	<u>26,784</u>	<u>25,982</u>
Increase (decrease) in cash and cash equivalent in the year	-	<u>88,363</u>	<u>110,550</u>
Cash and cash equivalent at the beginning of the year		456,388	566,937
Total cash and cash equivalent at the end of the year		<u>368,025</u>	<u>456,387</u>
		368,025	
		0	
Reconciliation of net incoming resources to net cash inflow from charitable activities			
Cash used in operating activities			
Net movement in funds	-	51,056	8,067
Deduct additions of fixed assets	-	95,913	284,570
Add back depreciation		52,800	65,707
Deduct interest income			
in investing activities	-	3,675	832
Deduct movement in revaluation	-	30,526	38,158
Decrease (increase) in debtors		3,082	139,655
Increase (decrease) in creditors		60,033	24,731
		<u>- 65,255</u>	<u>- 85,401</u>

CORE ARTS

England & Wales - Charity number 1043588

Accounts

Company Number: 02985939

Charity Number: 1043588

Core Arts
Audited Consolidated Financial Statements
For the Year Ended
31 March 2023

Core Arts

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Core Arts

Legal and Administrative Details

Directors	Vivienne Havell Stuart Edward Glyn Jones Mark Steven Salter Shaun Adams Ellen Faith Willetts
Company Secretary	Vivienne Havell Stuart Jones
Company Number	02985939
Charity Number	1043588 (England and Wales)
Bankers	HSBC 1-3 Bishopsgate London EC2N 3AQ
Senior Statutory Auditor	Faustino Franco
Auditors	Perlin Franco Statutory Auditors & Chartered Accountants Solar House, 915 High Road, North Finchley, London, N12 8QJ
Registered Office	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ
Business Address	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ

Group Trustees Report Core Arts

The trustees are pleased to present their annual trustees' report together with the financial statements of the group for the year ended 31 March 2023 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governing Document

The charity is a charitable company limited by guarantee and was set up on 2 November 1994 and registered as a charity on 24 January 1995. It is governed by Articles of Association for a Charitable Company. (The New Articles of Association of Core Arts was adopted by a special resolution of the charity passed on the 7th June 2016.)

Objectives and activities for the public benefit

The annual report has been updated for new public benefit reporting requirements. In particular, the report explains how the trustees have used our public benefit guidance and explains in more detail which groups used and benefited from the charities services.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The principal activities of the company are to relieve the need of persons suffering from mental health illness and /or those at risk of social exclusion, by the encouragement of participation in creative activities, particularly, but not exclusively, arts, music, multimedia, sports and horticulture and to relieve the need of people with mental health disabilities by arranging work for them.

Core Arts exists to enrich the lives of socially excluded people with severe mental health issues Through professional educational input and emotional support, we are able to develop and promote the individuals artistic and creative ability
Our aim is to empower and equip service users to achieve their personal goals and aspirations and make a full contribution to society

Strategic Aims

- To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths
- To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.
- To expand and develop Social Firms and Social Enterprises in order to
 1. Increase service users' confidence and self esteem through their engagement with a practical working enterprise
 2. To increase the service users' employability

3. To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives

➤To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

Core Arts

The financial position of the charity at the end of the financial year is as detailed in the attached financial statements.

How our activities deliver public benefit our main activities and who we try to help are as described in our objectives and activities listed above. All our charitable activities focus on these objectives to further our charitable purposes for the public benefit. The activities and outcomes during the year under review are as described overleaf.

CORE ARTS Overview 2023

Our members had complex care needs including contact with the criminal justice system, drug and alcohol dependency and homelessness. We have proven in the past 30 years that we are unique in our ability to engage this group, especially young African and Caribbean men who are overrepresented in the mental health services. In this financial year we had 1500+ individuals adults referred to our service from across 22 London Boroughs. Core's diversity is clear in our demographics. We have a targeted support program for LGBTQIA+ adults suffering mental health issues.

Members are referred over the funding annum from NHS contracts. We also supported people to access personal health budgets to support their recovery goals. We also have bespoke program for digital only members with our zoom classes 6 days a week.

Full reports on other projects for 2023 are downloadable from our website under the publication section. <https://www.corearts.co.uk/publications/>

We focus on the most excluded groups in society and fight to improve their capacity to cope with their mental health, build confidence through creative education and progression pathways to develop the individual through a service user led ethos to allow them greater control over their future. We challenge the negative stereotypes and the stigma facing people with mental health issues by promotion of their positive attributes and strengths. We develop the artistic potential of our learners through high quality education, working alongside established musicians and artists and increase their access to the benefits of the arts.

Core Art is currently engaging clients on section 117c directly referred by NHS East London Federation Trust with substantial and critical mental health needs, supporting members to be social included in a creative and empowering community alongside accessing opportunities to learning and achievement and advice and guidance.

Core Arts Service: Core Arts is committed to excellence and innovative responses to health care needs in our community.

Core Arts is a service user guided organisation, reflected through our board of trustees; in 2022-2023 we had 69% service users or ex service users on the board.

Our key responses to our members health needs is to provide a constructive educational environment where they feel safe and empowered to learn and progress. Setting their own creative learning pathways where they are enabled to work in a serious way to achieve their goals. This creates an environment where people termed hard to reach feel ownership and want to attend and progress. Education: CORE provides 97+ creative workshops a week under 5 departments: Art, Music, Sport, Multi-media and Horticulture; to engage our members in lifelong learning and improvement of skills.

Core Arts

The development of Social Enterprises offers our members supported work experience with alternative business models to allow for periods of ill health. This opens up to them the possibility of future employment. Supporting Social Networks: Core Arts has developed ways to engage with those excluded from society by helping to set up supportive networks for those who face continuous exclusion in their everyday lives. This includes pastoral care with one-to-one support, mentoring and buddy systems. For many of our members Core Arts becomes their family and with that comes all levels of support from emotional to practical.

The partnership contracts have significantly improved the patient experience of care, especially inpatients or those who are socially isolated. Core Arts has been recognised as a resource by inpatient teams and considered for patients as part of any leave or discharge plan. The service is also easily accessible to persons under high support care coordinators such as the Rehab and Recovery team or Assertive Outreach Service offering a consistent, routine building support service, supporting those who are most disengaged or hard to engage. It is widely agreed that instant access is crucial when working with clients that have varied momentum and stability.

EVENTS

Events: CORE organises an extensive events program and through the year plus educational trips and excursions per year, showcasing our members' talents and abilities through gigs, exhibitions, poetry readings and conferences. This not only helps develop confidence and talent but also provides an important link with the general community to help combat stigma and fear of people with mental health issues. Of the many events and opportunities, the **highlights this year were:**

- Our partnership with the British Museum and the Victoria and Albert Museum, for educational history trips for our members continues with numerous trips to their excellent shows, and community preview events.
- Partnership with Kew Gardens, for educational horticultural trips for our members, again an excellent resource for our landscape department.
- Inside Out A collaborative group exhibition involving Royal College of Arts and Core Arts students to celebrate Mental Health Awareness Week at the Core Arts gallery
- Bernie Plastiras and Felix Condua Art Opening Private View at the Core Arts gallery
- BIG FASHION SHOW At the Core Arts Gallery showcasing work from our fashion students and logic electronic musicians.
- Crafts Fair An excellent summer crafts fair in June at Core Arts hall where our members were able to sell their creative works directly to the community. This event was in partnership with London Open Garden Squares.
- Summer Gig music festival Summer Gig music festival in the hall
- CLUB CORE Art opening and Poetry recitals in the Core Arts hall
- For Mental health week - Tuesday 10, Wednesday 11, Thursday 12 October events/classes on the Canal Boat –
- CLUB CORE Music Social -on a Friday afternoon
- CLUB CORE PRESENTS -Day of the Dead Music night
- Chess tournament Friday in the Core Arts hall.
- Table tennis tournament Friday in the Core Arts hall.

Please check our website and Facebook for a full report on events:

www.corearts.co.uk

<http://www.facebook.com/coreartshackney>

<https://twitter.com/coreartshackney>

<https://vimeo.com/corearts>

<https://www.instagram.com/coreartshackney/>

New Projects 2022-23

Core Arts: three new creative centres for mental health 2022

We have a future vision where creative arts education, sport and horticulture are an integrated part of the support offer available for those with severe and enduring mental health conditions and for disadvantaged communities, improving mental health and inclusion for all. To achieve the above, we aim to create a number of flag-ship projects that work alongside our creative award-winning centre in Hackney. In 2021 and 2022 we began all three projects and look forwards to creating innovative excellent community services in Hackney in 2023 -24.

***NEW* Homerton Community Garden- Core Arts & St Barnabas Terrace Community Garden –**

Created a new community garden and teaching hub in the heart of Homerton empowering participants to create a safe accessible community space that offers inclusive respite from the urban bustle surrounding it and a resource for green education and vocational pathways into the green sector. To support adults with severe mental ill-health, enhance community cohesion and challenge mental health stigma. Teaching sustainable horticulture, responding to the local need for safe green spaces to increase community wellbeing. Collaboratively transforming 1,276 m2 of underused land behind St Barnabas church E9 into a co-designed and user-led community garden bordering Core Arts' Creative Education Centre at 1 St Barnabas Terrace.

Core's community garden has enabled greater numbers of people, most adversely impacted by COVID-19, to lead more resilient, creative, and socially connected lives using horticulture, engaging with the natural world within an integrated community setting. Empowering people to impact positively on their environment, and thereby on themselves, to promote recovery and ongoing self-care; using shared common goals to better prepare for future challenges.

***NEW* Core Arts Flag-Ship @ the River Lea**

A new community creative education facility, open 7 days a week for adults with mental health issues with free long-term mooring on the Queen Elizabeth Olympic site and assistance from our Partners the Canal and Riverside Trust. A place where disadvantaged, marginalized and disabled community can have assisted access to creative timetabled sessions on a refurbished Canal Boat, transformed into an inclusive community hub of creativity and free events. A travelling centre that can go to the point of need using the canal networks in Greater London and adjoining counties. Providing projects at the point of need in a fully equipped boat.

The new floating Core Arts Flag Ship – offering creative education sessions and events on the canal, 6 days a week, to excluded adults, with a youth focus on 18- to 25-year-olds with mental health issues- Plus opportunities to engage with mainstream venues which they would not be able to access on their own. Developing the self-esteem and progression opportunities of adults who suffer from severe and enduring mental ill health and have very low economic activity and high stigmatisation and marginalisation will be the primary outcome of the project.

The new boat capital funds have been raised and the boat has been commissioned and the building has started. We have been piloting the youth classes on the existing canal boat so we are fully ready to start delivery once the new boat is completed.

***NEW* *Core Turbine Hall @ Eastway Depot**

Our vision is for the transformation of the depot from a place of 'storage' into a thriving hub of social enterprise enabling local community and voluntary organisations to work collaboratively to deliver a rich package of services that reduce poverty, raise aspirations and increase individual and community wellbeing. We offer a collaborative service model that begins with co-location, but ends with the delivery of truly integrated services that provide residents in Hackney's most deprived communities with a menu of health, education, cultural, training, leisure and employment opportunities that can be accessed through the **Eastway Community Hub**. The container spaces are reaching completion and we have begun to rent the spaces to community groups and we have started to advertise the rentals for the large Depot building the Turbine Hall to create new earned income for the charity.

AWARDS

Recent Awards 2022-2023

Landscape department

GOLD + OVERALL WINNER 'Roof Garden' Award 2023 L in Bloom

OUTSTANDING 'It's Your Neighbourhood' Award 2023 L in Bloom

GOLD 'Our Community' Award 2023 L in Bloom

Green Flag Award 2022/23

GOLD + OVERALL WINNER 'Environment Challenge' Award 2022 L in Bloom

GOLD Award Chelsea Flower Show 2022

Sports Department

- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project – who won the Digital Clinical Transformation Award for a Digital Recovery Platform for Severe Mental Illness. 2021 winner
- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project –2021 Highly commended for their Digitizing patient services initiative for Severe Mental Illness. 2021 Highly commended
- London Sports shortlisted for The Health & Wellbeing Award 2022 results in March 23

*Core Arts are featured in the Science Museum New Medicine Galleries in 'Rethinking Treatments', open for the next 25 years. We are represented by our charity founder and Director Paul Monks and we have been chosen to showcase our work as innovators using creative education to improve mental health. For more information, please click Link

<https://www.sciencemuseum.org.uk/see-and-do/medicine-welcome-galleries>

ELFT /CCG referrals

Core Arts supports the health care teams by providing information regarding patients in terms of routine, attendance, progress and early intervention. ELFT statistics approximately a third of patients are readmitted within 3 months, Core Arts is specifically targeting this client group to reduce health care usage by 96%.

Social Enterprises

Core Arts has two Social Enterprises providing high quality services:

1. Core Design exists to provide graphic design services - to handle commercial and community design activities. www.coredesignlondon.co.uk
2. Award winning Core Landscapes - bringing about social change locally through inclusive environmental projects through the use of meanwhile spaces. <http://www.core-landscapes.co.uk>

Partnership

As an organisation we can evidence 30 years of partnership working with the NHS, the Homerton Hospital, John Howard Centre (MSU) and CMHT's across London. We have been jointly commissioned to work constructively within the borough aims and providing services to those who are hard to engage and particularly vulnerable due to their mental health support needs. Core Arts is an attractive service to persons who experience mental health issues, promoting positive mental health through creativity and the arts by providing a non-clinical, motivational and strengths focussed environment.

Core Arts - learning and education environment for persons with severe and enduring mental health needs, who have significant health problems limiting their ability to engage with mainstream opportunities of education. The service provides creative sessions and workshops/ courses in a non-clinical environment likened to a creative arts college whilst the patient is undergoing inpatient treatment or under CPA. The service works with patients that are difficult to engage in any activities, may reject a mental health diagnosis/ service and are especially versed at engaging those from the medium secure unit John Howard Centre and Wolfson House and work closely with mental health NHS staff to provide a treatment plan which includes meaningful occupation/ structured use of time and increased self-awareness/quality of life.

Evidence and Outcome based

The service is in very close proximity to all inpatient mental health services in Hackney (including TCOS) and offers choice and control to those with limited choice regarding vital aspects of their immediate environment and engagement with mental health services. The service plays a vital role in social support systems, relationships and risk management as well as encouraging other social roles and responsibilities through improving motivation; self- esteem and strengths orientated goal setting. The service is supportive and psychologically informed however, promotes boundaries with expectations that patients will conform to a mainstream setting and are therefore able to demonstrate this as part of their recovery.

Core Arts has a significant role to play in a person's self-management and promoting independence and discharge from services. Core Arts has a numerous case studies, which can evidence the impact the service has had on individuals and their recovery and map the client development with reviews and self- assessment (including evidence-based reporting).

Particularly evidenced in the following areas:

- Identity in mental health and recovery
- Improve engagement with NHS resources (appropriate use of clinical services)
- Self-esteem and confidence/survivor stories
- Increase social network and support through social events and participation
- Peer support and promote positive mental health through talent and inspiring networks
- Promotes the use of creativity and the arts in long term wellbeing
- Access to learning and education and move on pathways
- Motivation for life-long learning and adult education and skills.

Core Arts

- Activities and peer support whilst on the ward as part of treatment plan
- Improved quality of life and access to opportunities
- Increase in discharges from ward/ sections/CPA and reduce likelihood of admission

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

The main aim of the service is to provide a real life, adult environment and support skill development in order to enable patients to regain self-esteem, promote social norms and encourage move on to mainstream education, progression or work activities and sustained achievement through a better sense of identity and acceptance of mental illness (through breaking down internal stigma).

Core Arts appeals to service users who do not traditionally engage in mental health services; therefore, we reach persons who may otherwise not engage. Based in Hackney where the level of mental health service needs, as concluded by the Sainsbury Centre for Mental Health, is 87% above the national average.

We consider the following outcomes:

- **Connecting with others:** Core Arts provides those who are experiencing mental health issues and at risk for social exclusion an opportunity to interact with others who have had similar experiences and to build relationships with them. A necessary support system can be established here - especially for those who do not have social support systems (or family) in place.
- **Peer support and mentoring:** the emphasis on creative expression, progression and learning through creative activity allows members creative freedom to regain confidence and reconstruct own identity as an artist/competent individual.
- **Skill Development/access to learning:** Creative skill development is the main focus at Core Arts and establishes human capital (self-investment/own assets/strengths) for each member. Learning and skill development, completion of projects & goals can continue regardless of mental health difficulties. Engagement in the creative process encourages skill development in cognitive process as well, such as planning, decision-making, problem solving etc.
- **Self-esteem building:** In addition to skill development, social factors, such as the support and affirmation from tutors as one's artwork/composition is appreciated, encourages improvements in the member's self-perception and beliefs about their potential and actualise/realise achievements.
- **Development of artist identity (changing the label):** The opportunities for creative skill development and the validation of ability.
- **Bridging Opportunities:** Members are able to take on greater responsibility through volunteering positions at Core Arts, work training and build employable skills. They are also able to establish relationships with the community through the exhibitions and event opportunities made available

Core Arts

to members/local networks/arts community.

- Being active & structured activities; impact on motivation, routine and lifestyle and wellbeing. Core Arts timetable plus daytime/evening and various weekend events as part of events program.
- Education and Progression routes/achievements; Core Arts have established move on opportunities for members to continue personal development (away from mental health services)
- Non clinical environment in preparation for mainstream opportunities (of which is not currently able to engage due to support needs)
- Keeping Safe/risk management/well-being; early intervention and communication with services (Core Arts supported communication & intervention) re: welfare, safeguarding, self-care.
- Less crisis admissions/less CMHT input/less dependency on NHS services & access from the wards- part of treatment plan/ rehabilitation.

As an extension of the psychiatric units and NHS provision in Hackney for 25 years, we have offered community involvement to those who might otherwise not be able. We have a consultant psychiatrist as trustee on the board and act as a base for patients on s.17 on leave from hospital. Naturally we support the CPA document for many areas including activities and learning as well as a risk management plan. We engage those who are considered the most vulnerable and those unable or unwilling to engage elsewhere.

Core Arts users are not obliged to use the service, the service is available to those who choose it as part of their treatment/self-management; many case studies provide insight into the impact of the service on individuals who manage their mental health.

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

Outcomes for those with critical and substantial needs;

- Improved satisfaction of inpatient services/choice and control of treatment plan
- Increase activities available to inpatients and outpatients
- Shorter hospital admissions
- Increased risk management at discharge (step down provision)
- Increased discharge from CPA due to service engagement (duty of care)
- Increased discharged of MSU clients, as part of community planning
- Increased patients involved in learning and education as part of CPA (skill development irrelevant of fluctuations in MH)
- Improved engagement with treatment plans (including behaviour management and medication management)
- Reduced crisis admissions
- Increase access to provision/speed of access
- Increased engagement of hard-to-reach groups specifically BME males.
- Increase in signposting/ referrals to voluntary sector agencies for support regarding housing/benefits and substance use concerns (as agreed with care team)
- Improved sense of wellbeing/confidence and self-esteem/ personal achievement (reduced

Core Arts

dependency on care team)

- Increase support network for persons who are socially excluded (single)
- Increased engagement in mainstream opportunities for this client group
- Support families and carers to maintain relationships by providing meaningful occupation/ respite/promoting independence

The service promotes four of the CCG strategic priorities:

- Improve the equality of health care for Hackney and City of London residents;
Aimed at disadvantaged group - severe and enduring mental health/BME. Ensuring people feel supported to manage their condition.
- Ensure our health care system is affordable of high quality and improves patient experience;
Service feedback from patients is excellent/service will continue to engage inpatients for excellent value for money and improve patient satisfaction in Hackney.
- Develop integrated out of hospital services to mitigate the increasing cost of hospital based unscheduled care;
Structured pathway of service availability is established/ service improves activities offered by NHS and treatment plan leading to reduced use of inpatient care. Avoid crisis admissions and support the crisis pathway of support. NHS (England) Outcomes 2015/16 readmissions within 30 days of discharge.
- Reducing premature death in people with serious mental illness: people with severe mental illness who have received a list of physical checks. Core Arts communicates directly with GP to support any engagement with physical health intervention and as part of the welfare support at Core Arts promotes health and signposts to various health centres & can host projects also. Integrated approach regarding physical health and mental health services and support to engage with life prolonging treatments and support.

Clinically:

Long term conditions and the management of these, specifically increasing the quality of life to those who suffer severe mental illness. Targeted to BAME groups and the high proportion of black males on the hospital wards.

And nationally support the CCG aims regarding:

Reducing avoidable emergency admissions;

Improving patient experience of hospital services

Volunteer programme

Core Arts has a tried and tested volunteer programme in which there are levels of service engagement, peer support and volunteers that assist tutors to plan and run sessions, become trained tutors (PTTLS) and deliver workshops. Core Arts also facilitates volunteering as peer leaders, such as running the core council or leading the weekly tours. Volunteers can choose to get expenses or they can access more workshops for their invested time (time bank) Core Arts also promotes management opportunities and 60% of the trustee board are current or ex members of Core Arts. Through the experience of responsibilities, job profiles and expectations (including the code of respect) patients are able to use their experiences to apply for further opportunities and develop CV's alongside their ability and confidence. Core Arts workforce and staffing relies upon peer membership and supportive members to engage new members, and promote and inspire recovery and ability. Members progress to qualifications, such as access courses, masters, NVQ's, external volunteering and employment which greatly enhance a persons' well-being, quality of life and contribution to society. Core Arts is open in the evening two days a week, and offers those who are in work or have commitments elsewhere to be able to continue to engage to enhance their well-being.

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Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

REVIEW OF ACTIVITIES AND PERFORMANCE

INTRODUCTION:

Core Arts is a Leading Mental Health Day Care Service

- Core Arts has 30 years' experience in providing best practice and best value in Mental Health Creative Day Care in London.
- Based in Hackney it promotes positive mental health and wellbeing through creative learning.
- Providing quality education, training, Employment and social enterprise initiatives enabling people who experience mental health issues to overcome barriers, fulfill their potential and participate fully in their community.
- Our mission is to support and promote recovery, social inclusion and mental wellbeing through the arts and enhance service user experience.

Core Arts offer a fully equipped and staffed Creative Day Service

- Offering access to 97 creative classes a week under four departments: Arts, Music, Multimedia, Horticulture and Sport.
- Open studios and resources to work on self-directed projects. 3 bookable studios, 4 exhibition spaces, 2 art studios & an ICT Suite.
- 52 professional PGCE/PTTLS equivalent, established and practicing tutors offering excellent education and inspiration in the creative arts. Effective individual guidance and support in personalised progression and skills development.
- 19 staff on PAYE and 52 self-employed tutors working the equivalent.
- 140 volunteers per week, working as tutors assistants per week offering 1:1 individual support and guidance.
- Individual assessment of referral and Creative Work Plan goal-setting with achievable objectives to promote success and provide personalised service tailored to the individuals needs and aims.

Progression Pathways

- Opportunities for clients to progress to public performances, exhibitions, publishing, further education, volunteering, work experience opportunities and employment.
- Placements in our award winning innovative Social Enterprises:
 - Core Landscapes (Horticulture company)
 - Core Design (Graphic Design company). In the year March 2023 the company had been struck off. The company was re-instated at Companies House on 02 March 2023.
- Opportunities to volunteer, develop existing skills and experience work like activity and training; including contributing to the running of Core Arts through the members Involvement Scheme and Core Council.

Community Events and Social Inclusion

- Core Arts offers an internal and external events program with over 50 events a year, giving members opportunities to exhibit, perform and socialise in a safe space.
- The hall has a 300 capacity, with a fully equipped stage run by technical staff, special guest artists and bands and a fully licensed bar.

Core Arts

- Partnerships and networking opportunities offered regularly to clients with creative institutions across London, the UK and abroad.

Outcomes

- Service users are supported to gain education, training, volunteering and/or other experience and qualifications through increased opportunities including those in mainstream settings which enable them to acquire or enhance their skills, gain or re-gain employment and/or become involved in other meaningful and socially inclusive activities
- Improved communication and social skills, self-confidence and motivation, and reduced sense of social isolation
- Reduction in admission and re-admission to in-patient services for users of this project
- Diversion from criminal justice system for service users, particularly those with forensic histories.

Core Arts is open all year for referrals for over 18's experiencing and managing severe and enduring mental health issues

- Refer your clients to Core Arts to access creative education that will improve their opportunities, promote their well-being, give structure to their day and prevent isolation.
- Safe and enabling environment which promotes positive mental health, choice and greater independence
- Open communication with wards, providing feedback and joint working to sustain membership.

OUR REFERRAL PROCESS

How to Refer to Our Service

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

Eligibility for membership of Core Arts is the following

CCG/Recovery Alliance Hackney:

Persons with severe and enduring mental health issues and are currently engaging with clinical mental health care team, inpatient, CPA or S.117 due to high support needs (NHS referral necessary)

Persons looking for meaningful activity, social inclusion, structure, routine and development opportunities (risk management and support package)

Core Arts

Hackney Mental Health Network:

Persons with mild to severe mental health issues, outpatients or persons who manage their mental health via their GP, medication or therapy. May have a history of mental health and previous contact with services.

Persons looking to engage with time-bound skill development courses, which encourage goal setting, increased self-esteem, personal development through the participation of creative activities. As a member you will have access to a variety of sessions and workshops run by professional tutors, with experience of the creative industries

Sports Programme

Persons with mild to severe and enduring mental health issues wishing to participate in health and sports activities which are inclusive and suitable to a range of abilities (GP referral required)

Personalisation and Personal Budgets

Core Arts encourages self-referrals, we will contact agencies on behalf of an individual to support the referral, to ensure multi-disciplinary support planning for Core Arts membership and duty of care for the individual if there are concerns regarding health or welfare.

The three Membership Managers are the first point of contact for referrers, clients and existing members;

- Assessment of suitability for the service, current artistic skills and any support needs upon referral to the service.
- Thorough induction, and creative goal setting, including objectives for managing any identified needs.
- Recovery, strengths and solution focused support through 1:1 support sessions
- Initial and ongoing partnership working with support services involving the member, as required such as CPA feedback, assertive preventative planning, and signposting to relevant agencies.
- Creative Personal Development; evidence progression and achievements through creative work plans.
- Progression: encourage and facilitate further development such as volunteering, member involvement scheme or courses and work training

PROGRESSION TOWARDS MEETING OUR STRATEGIC OBJECTIVES

OBJECTIVE 1

➤To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths

External

Our remit is to provide opportunities for all our members and ex members to reintegrate back into society and showcase their creative talents.

Partnerships have ranged from:

- International partners with Bavaria www.bezirkskliniken-schwaben.de,
- RHS Chelsea Flower show
- Church of England
- Research partners with New Philanthropy Capital.

Core Arts

- Partnership with Trusts and Foundations: Tudor Trust , City Bridge Trust , , Lloyds Foundation, Act Foundation , Taurus Trust, AKO foundation.
- Horticulture Partners: Capital Growth, Groundwork, Transport for London, Balfour Beatty, Serco, Bouyers, East London Business Alliance (ELBA) Deutsche bank, Barclays Wealth,
- Educational Partners from The Learning Trust, East London University, St Marys University College, Queen Marys university London, LSE.
- Local partners such as Whitechapel Gallery, The Freud Museum, Willian Morris Museum, Hackney Museum, East London Business alliance, Mind, HCVS, HVC, Chats Palace, Hackney College, Cycling Club Hackney, The Sovereign, Libraries, bookshops and local venues.
- Music and art Exhibitions at the British Museum, Wellcome Collection, Tate Exchange, Science Museum Medicine galleries.
- Poetry readings and book sales at bookshops across London and selling on Amazon.
- Partnership with media organisations: BBC, Channel 4, The Community Channel, Rethink, LBC all made videos, radio.

OBJECTIVE 2

➤To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.

Non Remit Clients

- 15% discretion is applied by Core Arts for persons who display a high level of skill or added value whose presence at the centre is beneficial to service user experience and the organisation (role model for new members/peer support element). This percentage/allowance also includes a small number of persons who may otherwise fall through the gap, as they are unconventional or find it difficult to conform/express themselves and are considered socially isolated, excluded and vulnerable by the health services, i.e. their GP.

OBJECTIVE 3

➤To expand and develop Social Firms and Social Enterprises in order to

- 1Increase service users' confidence and self-esteem through their engagement with a practical working enterprise
- 2To increase the service users' employability
- 3To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives

Associated social enterprises and social firms continue to be actively encouraged by Core Arts with the following objectives in mind:

- To provide members with a bridge to the outside world.
It can be hard for members who have lost confidence through mental health issues to launch back into the community. The experience of building and working for a social business in a supportive environment can be an excellent way to start to gain self-esteem and experience.
- To challenge prejudice.
Challenging prejudice about mental health issues is central to the ethos of Core Arts. The development of successful social businesses by Core Arts members contributes to this mission.

Core Arts

- To encourage ownership and responsibility.
Part of the road to recovery for those who suffer from mental health issues is to take responsibility and to feel involved in something where individual contributions count. Associated small businesses can provide exactly this, with members being encouraged to pursue their ideas with the support of Core Arts.
- Maintaining focus on the central work of Core Arts.
Core Arts is committed to providing creative activities and structured support programmes to help its members. Associated social businesses are created as legally and financially autonomous organisations. Core Arts will therefore be protected from any risk of these ventures. Also, the time devoted by Core Arts in supporting these ventures is limited and appropriately managed.
- To gain income for Core Arts.
In some (but not all) cases, associated businesses can provide income for Core Arts. Also, the existence of some of these associated businesses will help publicise the work of Core Arts, making the task of fundraising easier.

1. Core Landscapes <http://www.core-landscapes.co.uk>

Established in 2006: Core Landscapes is a Social Enterprise owned by Core Arts. We provide professional garden design for private gardens and public spaces, landscape design, landscaping, maintenance and project management services. From 2010 we have been running a commercial nursery in East London. We are committed, wherever it is appropriate, to providing training and meaningful work experience to people who have mental health issues. **Profits go back to Core Arts.**

The aims of the project are to:

- Promote mental health for all by empowering individuals and communities to improve their environment.
- Combat discrimination against individuals and groups with mental health problems, and promote their social inclusion.
- Offer a care package that will include training, meaningful work experience and volunteering opportunities. This approach will help to address the social isolation of individuals with severe mental health issues by helping to improve social skills and social networks.
- Involve service users in the service planning process of their environment.
- Develop and evaluate occupational activities which maximise social participation, enhance self-esteem and promote exercise and healthy living.
- Develop research tools with service users to assess how the environment of their services can best meet their needs.

The business aims of the project are to:

- Gain professional experience in running a horticultural training and maintenance project at the highest standard.
- Provide Core Arts with show piece gardens to obtain further contracts in neighbouring boroughs and community spaces in central London.

Core Arts

- Have a satisfied influential customer, who will provide good references.
- Make a profit for Core Arts and act as a trading and employment arm for the charity.

Project Partners for Core Landscape project:

• RHS Chelsea Flower show, RHS, St Barnabas Church, Tower Hamlets, Barts NHS Trust and Newham Council, GLA, Groundwork and Ecominds and London Catalyst has provided us with funds to support a volunteer and work training project on this site for the next two years we have over 16 professional partners in this project that work alongside our members and the community volunteers and groups including Fabric, Deutsche bank, Barclays Wealth, ELBA, LBH Newham regeneration Teams and Guibes developers. Canning Town and Custom House Regeneration team: Sarah Braithwaite and Sam Clark, Living Places: Anita Nadkarni Fabric Architects, University of East London (UEL) London Borough of Newham Council; Arts and Leisure, Community Leaders and Engagement, Parks, Groundwork, East London Business Alliance (ELBA), Capital Growth, Community Payback, Parkside Gardening, Canals and Riverside Trust.

2. Core Design

Based at Core Arts www.coredesignlondon.co.uk

- Established in 1999: This social enterprise exists to provide excellent graphic design services, for example brochures, flyers, posters, logos, websites and annual reports. Core Design attracts many repeat jobs from satisfied clients and, in a highly competitive industry, turning in a good profit is an excellent result. Profits go back to Core Arts.
- Where possible and reasonable, Core Design aims to provide members of Core Arts with work experience. Members of Core Arts are paid for their artwork, photography and for reviewing documentation. Core Design also provides graphic design work for Core Arts at cost. Core Design supports the mission of Core Arts by raising awareness of the centre's work through its clients, and thereby improving Core's links with other organisations.

OBJECTIVE 4

➤ To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

- We have continued to be competitive and innovative in these challenging times for community social health and wellbeing services. This is partly reflected in the increase in referrals from across London, from boroughs where they have no comparable service. Currently 22 boroughs refer. We also believe that our flexible approach to each members application and the bespoke funding package they bring, increasingly makes us an attractive service for support workers and case managers, who are themselves still learning how to best to promote and support personal budgets in mental health.

As this success in attracting membership has currently been built on word of mouth we have decided to invest, over the coming years, in promoting our service to potential membership from across the neighbouring boroughs. Not only do we know there is a demand for what we offer but there is also the mechanisms for gaining access to Personal Budgets to buy the service.

Core Arts

- Continued Professional Development is integral and embedded in all our Trustees, staff and volunteer support. We continue to develop our staff skills both internally and externally through appropriate training and peer mentoring.
- The senior management team has been preparing the organization for tender readiness and will continue review and refine policies and procedures to ensure no opportunity is missed.
- Our volunteers program numbers over 140 yearly. These are externally recruited, qualified creative professionals offering their skills and experience free to support our service delivery, enhancing and expanding our client's opportunities and learning in the creative fields.
- Our intern placement program places university students from UK Universities and from abroad in our creative centre as tutor assistants, giving them valuable work experience .

Directors

The following served as directors during the year covered by these accounts:

Vivienne Havell

Gary Paul Molloy - Resigned on 14 June 2023

Stuart Edward Glyn Jones

Mark Steven Salter

Shaun Adams

Ellen Faith Willetts

The directors at the time the financial statements were approved are as follows:

Vivienne Havell

Stuart Edward Glyn Jones

Mark Steven Salter

Shaun Adams

Ellen Faith Willetts

Directors' Responsibilities

The charity trustees (who are also the directors for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial period. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing these financial statements, the directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;

Core Arts

- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the company will continue to provide services.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the Financial Statements comply with the Company Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditors in connection with preparing their report) of which the company's auditors are unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information

Financial Review

The principal funding sources of the charity during the reporting period are as detailed in Note 4 of the accounts. These sources include earned contracts, donations, grants, and fundraising activities, all of which have been vital in supporting the charity's mission and programs.

These funds have been utilised to support the key objectives of the charity, as detailed in the Trustees' Report. The resources have been allocated to various programs and activities that align with the charity's mission, ensuring the effective achievement of its goals.

Reserves Policy

As of 31st March 2023, total funds amounted to £2,230,836 (2022: £2,260,926), as detailed in Note 16 of the accounts.

The Trustees have carefully reviewed the budgets for the 2023/24 financial year, including the reserves and secured income. They have determined that there is sufficient funding in place to prepare these financial statements on a going concern basis.

A designated reserve of £210,000, which represents four months of our yearly expenditure is held to enable the orderly closure of the charity should this become necessary. If, in the unlikely eventuality that Core Arts had to close, four months salaries and running costs are sometimes used by charities as a reasonable figure to provide an orderly closure of the project.

As at 31 March 2023 there were free **unrestricted reserves of £216,378** which will be used to support the organisation's future activities.

⚡ Decision Making

The directors meet about once every 2 months to review the progress of the charity and to make any decisions that are needed to keep Core Arts in pursuit of its objectives. A manager and development director are appointed by the directors to manage the day-to-day running and development of the charity. In turn, the development director and manager appoint staff and volunteers to further the work of Core Arts. In addition, Core Council, a group of members of the charity, meet about once every 2 weeks to discuss the progress of Core Arts and to make recommendations to the directors and managers.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of Core Arts, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the Core Arts Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note twenty to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Directors Selection Method

The trustees are elected at the Annual General Meeting and any other time when a vacancy arises. The tenure of office is from date of appointment to the next Annual General Meeting.

New Trustees are inducted by the Chair, Vice- Chair, CEO and Deputy CEO and Finance and offered training as necessary. The Board meets at least six times a year. Day-to-day management of the charity has been delegated to the CEO. The CEO is supported by staff and volunteers, if applicable, and a scheme of delegation is in place.

Risk Review

Financial – Core Arts continues to increase its annual income and expenditure, hence the potential to increase the risk of financial mismanagement is obvious.

In order to address this situation, the post of Finance Worker has been created. The main aim of this worker is to reduce or eliminate the risk by implementing financial systems and to report to the Management and Director on the financial state of Core Arts.

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Service delivery – As Core Arts has increased, the number of workshops it runs have also increased. It means we must have and continue to develop a sound approach to service delivery. This is accomplished by training for staff, volunteers and members to ensure that standards are maintained and improved.

Key aims for 2023/24

- consolidating the recent growth of the organisation.
- creating a series of spaces for our members.
- Develop and deliver a refreshed membership offer for individuals.

Auditors

Perlin Franco are deemed to be reappointed in accordance with the Section 487(2) of the Companies Act 2006.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

This report was approved by the board on 27th September 2024 and signed on its behalf by:



Vivienne Havell
(Director)

Registration number: 02985939

Core Arts

Report of the Independent Auditors to the Members of Core Arts

Opinion

We have audited the financial statements of Core Arts (the 'parent company') and its subsidiaries (the 'group') for the year ended 31 March 2023 which comprise the Consolidated Statement of Financial Activities, Consolidated Balance Sheet, Consolidated Cash Flow Statement and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and of the parent company affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's and the parent company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information in the Report of the Trustees, but does not include the financial statements and our Report of the Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees have been prepared in accordance with applicable legal requirements.

Report of the Independent Auditors to the Members of Core Arts

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the group and the parent company and its environment obtained in the course of the audit, we have not identified material misstatements in the Group Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies' exemption from the requirement to prepare a Group Strategic Report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page nineteen, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and the parent company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent company or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks applicable to the Company and the sector in which they operate.

We focused on specific laws and regulations which we considered may have a direct impact material effect on the financial statements, or the operations of the company which included the Companies Act 2006, the Charities Act 2011, taxation legislation, data protection, anti-bribery, employment, environmental and health and safety legislation;

- Identifying and assessing the design effectiveness of controls management has in place to prevent and detect fraud;
- Understanding how those charged with governance considered and addressed the potential for override of controls;
- Challenging assumptions and judgments made by management in its significant accounting estimates;
- Assessing the extent of compliance with the relevant laws and regulations.
- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to involve the completeness and timing of income recognition and the override of controls by management.

To address the risk of fraud in relation to revenue recognition, we:

- Performed detailed substantive testing to address completeness and accuracy of income;
- Assessed the appropriateness and application of the accounting policy concerning income recognition; and
- Performed detailed cut-off testing either side of the balance sheet date.

Report of the Independent Auditors to the Members of Core Arts

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships;
- Identifying and testing journal entries, in particular those with unusual account combinations, unusual words or unusual users
- Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias;
- Investigated the rationale behind significant or unusual transactions.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Auditors.

Use of our report

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in a Report of the Auditors and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Faustino Franco (Senior Statutory Auditor)
for and on behalf of Perlin Franco
Chartered Accountants
& Statutory Auditors
Solar House - PF
915 High Road
North Finchley
London
N12 8QJ

Date: 27th September 2024

CORE ARTS

**Consolidated Statement of Financial Activities (Including Income & Expenditure Accounts)
for the year ended 31 March 2023**

Note	Unrestricted Fund	Designated Fund	Restricted Fund	Group 2023	Group 2022 (restated)	Charity 2023	Charity 2022 (restated)
	£	£	£	£	£	£	£
Income and Expenditure							
Incoming Resources							
Incoming resources from generated funds:							
Voluntary Income:							
Donations	3	6,331	-	6,331	10,168	6,331	10,168
Grants -others	4.2	8,248	-	377,922	386,170	386,170	290,410
Trading income	17	27,000	-	27,000	20,500	-	-
Other operating income		-	-	-	921	-	-
Investment income		832	-	832	20	832	20
		<u>42,411</u>	<u>-</u>	<u>420,333</u>	<u>322,019</u>	<u>393,333</u>	<u>300,598</u>
Incoming resources from charitable activities							
Earned income - contracts	4.1	477,027	-	263,037	740,065	740,065	737,101
Earned income - others		39,984	-	-	39,984	39,984	18,276
Total Incoming Resources		<u>559,422</u>	<u>-</u>	<u>640,960</u>	<u>1,200,381</u>	<u>1,077,396</u>	<u>1,055,975</u>
Expenditure							
Fundraising & Publicity costs of grants and dona	6	20,283	-	-	20,283	18,582	18,582
Trading Expenses	17	21,385	-	-	21,386	21,916	-
Charitable activities-delivering contracts	5	550,316	-	600,330	1,150,646	1,150,646	1,001,620
Total Expenditure		<u>591,984</u>	<u>-</u>	<u>600,330</u>	<u>1,192,315</u>	<u>1,042,118</u>	<u>1,020,202</u>
Net Income/(expenditure) and net movements in funds for -		32,562	-	40,630	8,067	35,278	35,773
Corporation tax		-	-	-	-	-	-
Reconciliation of funds							
Total Funds Brought Forward at 01/04/2022		1,743,805	210,000	307,121	2,260,926	2,263,806	2,266,526
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-	-
Movement on revaluation reserve		- 38,158	-	-	38,158	- 38,158	38,158
Total Funds Carried Forward at 31/03/2023		<u>1,673,085</u>	<u>210,000</u>	<u>347,751</u>	<u>2,230,835</u>	<u>2,230,821</u>	<u>2,266,526</u>

CORE ARTS
Consolidated and Charity Balance Sheet
as at 31 March 2023

	Note	Group 2023	Group 2022 (restated)	Charity 2023	Charity 2022 (restated)
		£	£	£	£
Fixed Assets					
Tangible Assets	10	2,508,964	2,290,102	2,508,964	2,290,102
Investments	11	-	-	5	5
		<u>2,508,964</u>	<u>2,290,102</u>	<u>2,508,969</u>	<u>2,290,107</u>
Current Assets					
Debtors	12	100,921	240,576	104,003	250,126
Cash at Bank and in Hand		456,388	566,937	441,522	552,071
		<u>557,310</u>	<u>807,513</u>	<u>545,526</u>	<u>802,197</u>
Creditors: Amounts falling due within one year	13	<u>130,194</u>	<u>105,463</u>	<u>118,429</u>	<u>94,552</u>
Net Current Assets		427,116	702,050	427,096	707,645
Total Assets Less Current Liabilities		2,936,080	2,992,152	2,936,065	2,997,752
Creditors: Amounts falling due over one year	14	705,244	731,226	705,244	731,226
Net Assets		<u>2,230,836</u>	<u>2,260,926</u>	<u>2,230,821</u>	<u>2,266,526</u>
Represented By:					
Restricted Funds	15	347,751	307,121	347,751	307,121
Non-Charitable Trading Funds	16	15	5,600	-	-
Unrestricted Funds	16	1,673,070	1,749,405	1,673,070	1,749,405
Designated Fund	16	210,000	210,000	210,000	210,000
		<u>2,230,836</u>	<u>2,260,926</u>	<u>2,230,821</u>	<u>2,266,526</u>

The financial statements have been prepared in accordance with the provision applicable to companies subject to the small companies regime.

The financial statements were approved by the board on 27th September 2024 and signed on its behalf by



Vivienne Havell
(Director)

Registration number: 02985939

CORE ARTS
Consolidated Statement of Cash Flows
Year ended 31 March 2023

	Note	2023	2022
		£	(restated) £
Cash used in operating activities			
Net movement in funds		8,067	93,317
Deduct additions of fixed assets	-	284,570	58,039
Add back depreciation		65,707	61,393
Deduct interest income			
in investing activities	-	832	20
Deduct movement in revaluation	-	38,158	38,158
Decrease (increase) in debtors		139,655	83,454
Increase (decrease) in creditors		24,731	35,831
		<u>- 85,400</u>	<u>106,116</u>
Cash flows from investing activities			
Interest income		832	20
		<u>832</u>	<u>20</u>
Cash provided by (used in) investing activities			
Cash flows from financing activities			
Repayment of borrowing			
Net movement in borrowing	-	25,982	25,147
Purchase of fixed assets			
Cash used in financing activities	-	<u>25,982</u>	<u>25,147</u>
	-	<u>110,550</u>	<u>80,989</u>
Increase (decrease) in cash and cash equivalent in the year			
Cash and cash equivalent at the beginning of the year		566,937	485,948
		<u>456,387</u>	<u>566,937</u>
Reconciliation of net incoming resources to net cash inflow from charitable activities			
Cash used in operating activities			
Net movement in funds		8,067	93,317
Deduct additions of fixed assets	-	284,570	58,039
Add back depreciation		65,707	61,393
Deduct interest income			
in investing activities	-	832	20
Deduct movement in revaluation	-	38,158	38,158
Decrease (increase) in debtors		139,655	83,454
Increase (decrease) in creditors		24,731	35,831
		<u>85,400</u>	<u>106,116</u>

1. Accounting Policies

1.1 Accounting Convention

The financial statements have been prepared in accordance with Accounting and Reporting by charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and Charities Act 2011.

The statement of financial activities (SOFA) and balance sheet consolidate the financial statements of the charity and its subsidiaries. The results of the subsidiaries are consolidated on a line by line basis.

The accounts are prepared in sterling, which is the functional currency of the group. Monetary amounts in these financial statements are rounded to the nearest £1.

The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Legal Status of the Charity

The charity is a private company limited by guarantee incorporated in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office of the charity is sited at
The registered office of the charity is sited at 1 St. Barnabas Terrace, Homerton, London, United Kingdom, E9 6DJ

1.3 Group Financial Statements

The financial statements consolidate the results of the charity and its wholly owned subsidiaries on a line-by-line basis. A separate Statement of Financial Activities and Income and Expenditure Account for the charity has not been presented because the charity has taken advantage of the exemption afforded by Companies Act 2006, s.408.

1.4 Fund Accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. The aim and purpose of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds of the charity restricted for specific services undertaken by the charity. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each material designated and restricted fund is set out in the notes to the financial statements.

1.5 Incoming Resources

1.5a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- *the charity becomes entitled to the resources;
- *it is more likely than not that the trustees will receive the resources; and
- *the monetary value can be measured with sufficient reliability.

1.5b Donated goods and services/facilities

Gifts in kind for use by the charity are included in the SoFA when receivable. Donated fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided it can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent of expense under the appropriate heading in the SoFA.

1.5c Sales

Trading income represent the invoiced value of services rendered.

CORE ARTS
Notes to the Consolidated Accounts
for the year ended 31 March 2023

1.5d Investment Income

Investment income is included when receivable.

1.5e Grants

Grants, where entitlement is not and not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

1.6 Fixed Assets and Depreciation

Depreciation is provided at rates calculated to write off the cost or valuation, less estimated residual value of each asset over the expected useful life as follows:

Freehold Property	2% on cost
Machinery	20% on cost
Fixtures Fittings & Equipment	20% on cost
Motor Vehicle	25% on cost

Items of expenditure are capitalised when purchase price exceeds £500

Tangible fixed assets are stated at cost less accumulated depreciation.

Freehold property is stated at its Fair value.

1.7 Resources Expended

All expenditure is accounted for on accrual basis.

1.8 Volunteers

The value of the services provided by volunteers is not incorporated into these financial statements. Further details of their contribution is provided in the trustees' report.

1.9 Capital Grants

Capital grants have been treated in accordance with the SORP, they are recognised as incoming resources on receipt, this is not in accordance with the Companies Act. The Companies Act requires the income to be deferred and released to the income and expenditure account on a straight line basis over the life of the associated assets.

The SORP is very important, therefore the directors have undertaken a true and fair override.

1.6 Restricted Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criteria is charged to the fund.

1.7 Unrestricted Funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

1.8 Designated Funds

These comprise unrestricted funds that have been set aside by the directors for specific purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

1.9 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Accrued income is included at the best estimate of the amounts receivable at the balance sheet date.

1.10 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.11 Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2023

1.12 Taxation

As a charity the organisation is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

No tax charges have arisen in the Charity.

1.13 Critical accounting estimates and judgements

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results.

No judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies. The key assumptions concerning the future and key sources of estimation of uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the financial year include:

- estimation of the useful economic life of freehold property, furniture and fixtures, plant and machinery; motor vehicle and
- the revaluation of the freehold property;

1.14 Financial instruments

The organisation only has financial assets and financial liabilities of a kind that qualify as basic financial Instruments.

Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.15 Pensions

The trustees agreed that from 1st April 2016 the organisation will automatically enrol staff into the NEST Pension scheme, which is funded by contributions from employees and employer, unless staff opt out of the scheme. The scheme is a money purchase defined contribution scheme and in the year 31 March 23 the total contribution was £110,297 (2022 £86,931).

CORE ARTS

**Notes to the Consolidated Accounts
for the year ended 31 March 2023**

2. Going Concern

In assessing the going concern position of the Company and the Group, the Trustees have produced detailed, yet adaptable, business plans that consider the Group's forecast and projected activities, the related financial budgets, cash flows and liquidity for the period to August 2025, which is a period of at least 12 months from the date of approval of the financial statements.

At the year end the group has net current assets of £427,116 and net assets of £2,230,836. The results for the year show the group has been profitable and generating positive cash flows.

The trustee are constantly reviewing forecasts and taking appropriate actions to ensure the operations continue without interruption. Examples of actions taken include developing new income streams and seeking further funding sources.

Based on this information and supporting action plans, the trustees have a reasonable expectation that the group will continue to operate in its current form for the foreseeable future.

Therefore the group continues to adopt the going concern basis in preparing its financial statements.

	Charity 2023		Charity 2022					
	£		£					
3. Donations								
Unrestricted income	<u>6,331</u>		<u>10,168</u>					
	<u>6,331</u>		<u>10,168</u>					
4. Income	2023		2022		2022		2022	
	Restricted	Unrestricted	Designated	Restricted	Unrestricted	Designated	Restricted	Designated
	£	£	£	£	£	£	£	£
4.1 Earned Contracts								
Persona Budget income	-	159,118	-	-	152,428	-	-	-
City & Hackney Mind	-	164,884	-	-	166,196	-	-	-
PHB income	-	3,025	-	-	-	-	-	-
Landscapes income EASTLNHS-contract	-	-	-	-	19,400	-	-	-
East London NHS Foundation Trust	-	150,000	-	-	150,000	-	-	-
Single Point of Entry (SPOE)	27,999	-	-	114,418	-	-	-	-
The Learning Trust	50,038	-	-	33,159	-	-	-	-
Healthwatch Hackney - City & Hackney CCG	95,000	-	-	-	-	-	-	-
Royal Horticultural Society	-	-	-	11,500	-	-	-	-
NHS City & Hackney CCG (Sport)	90,000	-	-	90,000	-	-	-	-
	<u>263,037</u>	<u>477,027</u>	-	<u>249,077</u>	<u>488,024</u>	-	-	-
4.2 Other Grants								
East End Community Foundation	-	-	-	2,900	-	-	-	-
Sported Foundation Grant	-	-	-	200	-	-	-	-
Ako Foundation	-	-	-	-	95,000	-	-	-
City Bridge Trust	105,236	-	-	47,040	-	-	-	-
The Prudence Trust	90,000	-	-	-	-	-	-	-
The Taurus Trust	-	5,000	-	-	5,000	-	-	-
Merchant Taylors' Company	-	-	-	16,084	-	-	-	-
London Community Response Fund	-	-	-	10,000	-	-	-	-
Growback Greener Fund	29,000	-	-	11,548	-	-	-	-
Our Space Award - Groundwork	-	-	-	16,000	-	-	-	-
Lottery COVID-19 Response Fund	-	-	-	69,246	-	-	-	-
Community Athletic GLA_Sport Unites	-	-	-	17,392	-	-	-	-
De Laszlo Foundation	9,000	-	-	-	-	-	-	-
Kusama Trust UK	32,100	-	-	-	-	-	-	-
Leathersellers Company Trust	5,000	-	-	-	-	-	-	-
London Legacy Dev Corp	49,433	-	-	-	-	-	-	-
GLA (Sport Unites)	4,348	-	-	-	-	-	-	-
ESC Lottery Fund	10,000	-	-	-	-	-	-	-
National lottery	10,000	-	-	-	-	-	-	-
Chelsea relocation	-	3,248	-	-	-	-	-	-
Comic Relief	6,805	-	-	-	-	-	-	-
British Cycling	27,000	-	-	-	-	-	-	-
	<u>377,922</u>	<u>8,248</u>	-	<u>190,410</u>	<u>100,000</u>	-	-	-

CORE ARTS

Notes to the Consolidated Accounts
for the year ended 31 March 2023

5. Charitable activities

	Unrestricted	Designated	Restricted	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Salaries	155,841	-	343,518	499,359	453,583
Employer's National Insurance	15,604	-	36,410	52,014	38,016
Employer's Pension	3,134	-	7,312	10,446	9,803
Services	27,616	-	-	27,616	24,755
Training	1,190	-	-	1,190	6,791
Insurance	6,254	-	-	6,254	4,772
Sessional Workers and expenses	87,656	-	122,145	209,801	193,752
Equipment	4,581	-	-	4,581	6,115
Printing, Postage and Stationery	1,757	-	-	1,757	2,342
Alarm Maintenance	2,745	-	-	2,745	2,602
Telephone	10,181	-	-	10,181	8,984
Subscriptions & Publications	11,152	-	-	11,152	13,000
Business Development	-	-	-	-	-
SPOE Other Expenses	-	-	-	-	420
Covid - 19 Safety Expenses	-	-	-	-	3,312
Motor & Travelling Expenses	8,641	-	-	8,641	7,908
Building Expenses	56,630	-	7,276	63,906	53,062
Consultancy Fees	3,210	-	-	3,210	3,657
Publicity and promotion	1,839	-	-	1,839	89
Hospitality	2,553	-	-	2,553	2,526
Food and Drink	1,780	-	-	1,780	2,973
General admin	4,199	-	-	4,199	1,676
Bank charges	488	-	-	488	653
Loan Interest	25,209	-	-	25,209	26,045
Recruitment Expenses	149	-	-	149	2,035
IT Development	36,909	-	-	36,909	31,806
Payroll Cost	1,558	-	-	1,558	1,859
Website	-	-	-	-	1,275
Events	5,021	-	-	5,021	60
Other Projects	1,479	-	-	1,479	342
Horticultural Project	-	-	10,651	10,651	31,626
Church Garden	783	-	66,018	66,801	4,867
Core Design	2,034	-	-	2,034	864
Depo Project	-	-	-	-	2,400
Bad Debts	24,974	-	-	24,974	26,920
Provision for Bad Debts	6,634	-	-	6,634	-
Governance Costs (see note 5)	17,966	-	-	17,966	7,495
Depreciation - Freehold Property	15,274	-	7,000	22,274	22,274
Depreciation - F F & E	5,275	-	-	5,275	961
	550,316	-	600,330	1,150,646	1,001,620

of the £1,001,620 in 2022, ££426,446 was charged to restricted funds and £575,174 was charged to unrestricted funds.

CORE ARTS

Notes to the Consolidated Accounts
for the year ended 31 March 2023

5.1 Charitable activities

Analysis of Expenditure on charitable activities between Direct Costs & Support Costs: Relief of hardship, distress and illness of persons suffering from mental health illness and those at risk of social exclusion.

	Direct Costs 2023 £	Support Costs 2023 £	Total 2023 £	Direct Costs 2022 £	Support Costs 2022 £	Total 2022 £
Staff Costs	534,742	27,077	561,819	479,872	21,530	501,402
Services	27,616	-	27,616	24,755	-	24,755
Training	1,190	-	1,190	6,791	-	6,791
Insurance	6,254	-	6,254	4,772	-	4,772
Sessional Workers and expenses	209,801	-	209,801	193,752	-	193,752
Equipment	-	4,581	4,581	-	6,115	6,115
Printing, Postage and Stationery	1,757	-	1,757	2,342	-	2,342
Alarm Maintenance	-	2,745	2,745	-	2,602	2,602
Telephone	-	10,181	10,181	-	8,984	8,984
Subscriptions & Publications	11,152	-	11,152	13,000	-	13,000
SPOE Other Expenses	-	-	-	420	-	420
Covid - 19 Safety Expenses	-	-	-	-	3,312	3,312
Motor & Travelling Expenses	-	8,641	8,641	-	7,908	7,908
Building Expenses	-	63,906	63,906	-	53,062	53,062
Consultancy Fees	3,210	-	3,210	3,657	-	3,657
Publicity and promotion	1,839	-	1,839	89	-	89
Hospitality	2,553	-	2,553	2,526	-	2,526
Food and Drink	1,780	-	1,780	2,973	-	2,973
General admin	-	4,199	4,199	-	1,676	1,676
Bank charges	488	-	488	653	-	653
Loan Interest	25,209	-	25,209	26,045	-	26,045
Recruitment Expenses	149	-	149	2,035	-	2,035
IT Development	-	36,909	36,909	-	31,806	31,806
Payroll Cost	1,558	-	1,558	1,859	-	1,859
Website	-	-	-	-	1,275	1,275
Events	5,021	-	5,021	60	-	60
Other Projects	1,479	-	1,479	342	-	342
Horticultural Project	10,651	-	10,651	31,626	-	31,626
Church Garden	66,801	-	66,801	4,867	-	4,867
Core Design	2,034	-	2,034	864	-	864
Depo Project	-	-	-	2,400	-	2,400
Provision for Bad Debts	6,634	-	6,634	-	-	-
Bad Debts	24,974	-	24,974	26,920	-	26,920
Governance Costs (see note 5.3)	17,966	-	17,966	7,495	-	7,495
Depreciation - Freehold Property	22,274	-	22,274	22,274	-	22,274
Depreciation - F F & E	5,275	-	5,275	961	-	961
	992,407	158,239	1,150,646	863,350	138,270	1,001,620

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2023

5.2 Analysis of Support Costs Apportioned

	<u>2023</u>	<u>2022</u>
	Charitable Activities	Charitable Activities
	£	£
Staff Costs	27,077	21,530
Office Costs	94,253	83,659
Communication	36,909	33,081
	<u>158,239</u>	<u>138,270</u>

5.3 Governance costs

Governance Costs (see note 7)	<u>17,966</u>	<u>7,495</u>
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Governance costs are included in expenditure on charitable activities and include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

CORE ARTS

Notes to the Consolidated Accounts
for the year ended 31 March 2023

6. Fundraising and Publicity

	Unrest- icted	Designated	Restricted	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
Salaries	20,283	-	-	20,283	18,582
	<u>20,283</u>	<u>-</u>	<u>-</u>	<u>20,283</u>	<u>18,582</u>

of the £20,283 in 2023, all of it was charged to unrestricted funds.

	Unrest- icted	Designated	Restricted	Total	Total
	2023	2023	2023	2023	2022
	£	£	£	£	£
7. Governance costs					
Salaries	3,566	-	-	3,566	3,295
Audit	14,400	-	-	14,400	2,000
Accountancy	-	-	-	-	2,200
	<u>17,966</u>	<u>-</u>	<u>-</u>	<u>17,966</u>	<u>7,495</u>

8. Staff Costs

	Group	Group	Charity	Charity
	2023	2022	2023	2022
	£	£	£	£
Salaries	513,214	489,315	499,359	475,460
Employer's National Insurance	54,810	38,016	52,014	38,016
Pension Costs	9,803	9,803	10,446	9,803
	<u>577,828</u>	<u>537,134</u>	<u>561,820</u>	<u>523,279</u>

one employee earned in excess of £60,000

The average number of employees analysed by function was:

	2023	2022
Charity	18	17
Subsidiary	<u>2</u>	<u>3</u>
	<u>20</u>	<u>20</u>

Key management personnel in the organisation

The amount paid to key management personnel included in salaries is £96,791. The CEO and trustees are considered as key management personnel. None of the trustees received a salary.

9 Directors/Trustees

The directors/trustees do not receive any remuneration for their services and are not reimbursed for their expenses.

No trustee or other persons related to the charity had any personal interest in any contract or transaction entered into during the year (2022: NIL)

CORE ARTS
Notes to the Consolidated Accounts
for the Year Ended 31 March 2023

10. Fixed Assets

	Furniture Fixtures & Equipment	Freehold Property	Motor Vehicles	Machinery	Leasehold Property Under Const	Plant & Machinery Under Const	Total
	£	£	£	£	£	£	£
Cost							
At 1 April 2022	137,388	2,640,000	28,373	15,419	-	58,039	2,879,219
Addition	-	-	-	-	263,034	21,536	284,570
At 31 March 2023	137,388	2,640,000	28,373	15,419	263,034	79,575	3,163,789
Depreciation:							
At 1 April 2022	132,112	413,214	28,373	15,419	-	-	589,118
Charge for the year	5,275	60,432	-	-	-	-	65,707
At 31 March 2023	137,387	473,646	28,373	15,419	-	-	654,825
Net Book Value:							
At 31 March 2023	1	2,166,354	-	-	263,034	79,575	2,508,964
At 31 March 2022	5,276	2,226,786	-	-	-	58,039	2,290,101

The freehold property was revalued on 30 January 2019 at £2,640,000 by Mr Christian Dadd BSc (Hons) MRICS an RICS registered Valuer of Clarke Hillyer.

The freehold property is stated at a revalued amount, reflecting the fair market value of the property. The property was revalued in 2017 and 2020, and the revaluation surplus was included in the revaluation reserve.

The valuation was based on the comparable sales prices of other D1 properties sold in the area with assumptions on the state of building being confirmed by a building survey.

11. Fixed Asset Investment

	Subsidiary Undertaking Shares	£
Cost		
At 31 March 2023		5
At 31 March 2022		5

The investment represents 100% holding in both Core Design (London) Ltd and Core Landscapes Ltd, companies which are incorporated in the United Kingdom.

	Group 2023	Group 2022 (restated)	Charity 2023	Charity 2022 (restated)
	£	£	£	£
12. Debtors				
Trade Debtors	103,247	226,287	101,307	185,547
Less Provision for Bad Debts	- 6,634	-	6,634	-
Other Debtors	3,798	8,181	3,075	8,181
Prepayments	510	6,108	-	6,108
Amount Owed By Subsidiary Undertaking	-	-	6,255	50,290
	100,921	240,576	104,003	250,126

CORE ARTS
Notes to the Consolidated Accounts
For the Year Ended 31 March 2023

**13. Creditors: Amounts falling due
within one year**

	Group 2023	Group 2022	Charity 2023	Charity 2022
	£	£	£	£
Trade Creditors	34,223	31,806	30,643	24,658
Other Creditors	3,816	-	3,816	4,488
Amount Received On Account	5,333	5,333	-	-
Amount received in advance	224	224	224	224
Amount Owed To Subsidiary Undertaking	-	-	5	5
Mortgage Loan	51,192	51,193	51,192	51,193
Other Taxes & Social Security	14,496	463	14,496	-
Grants Received in Advance	3,654	3,654	3,654	3,654
Accruals	17,256	12,790	14,400	10,330
	<u>130,194</u>	<u>105,463</u>	<u>118,429</u>	<u>94,552</u>

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2023

14. Creditors: Amounts falling due over one year

	Group 2023	Group 2022	Charity 2023	Charity 2022
	£	£	£	£
Mortgage Loan	705,244	731,226	705,244	731,226
Loans				
Repayable in five years or more				
Mortgage Loan	705,244	731,226	705,244	731,226

The mortgage loan is secured by a first fixed legal charge with full title guarantee over the freehold property known as The Barnabas Centre comprising 1 St Barnabas and 109 Homerton High Street London E9 6DJ.

Commercial Mortgage Details:

Terms of repayment:	300 months at a monthly repayment of £4266.05
Current rate of interest:	2.47% over Base Rate
Total amount secured:	£756,436
Last Repayment:	15th March 2044

15. Restricted Funds

	Balance at 1 April 2022	Movement In Resources			Balance at 31 March 2023
	£	Incoming Capital Memo £	Incoming Revenue	Outgoing Capital Memo £	£
Single Point Of Entry (SPOE)	17,590	-	-	17,590	-
Groundwork London	11,548	-	-	11,548	-
Community Atheletic GLA	11,983	-	-	11,983	-
Capital Grant Property Purchase	266,000	-	-	7,000	259,000
City Bridge Trust	-	105,236	-	105,236	-
The Prudence Trust	-	90,000	-	8,249	81,751
The Taurus Trust	-	-	-	-	-
Merchant Taylors' Company	-	-	-	-	-
London Community Response Fund	-	-	-	-	-
Groundwork London	-	29,000	-	29,000	-
Ground Work_Roof-top Rain Gardening	-	-	-	-	-
Lottery COVID-19 Response Fund	-	-	-	-	-
Community Atheletic GLA_Sport Unites	-	-	-	-	-
De Laszlo Foundation	-	9,000	-	2,000	7,000
Kusama Trust UK	-	32,100	-	32,100	-
Leathersellers Company Trust	-	5,000	-	5,000	-
London Legacy Dev Corp	-	49,433	-	49,433	-
GLA (Sport Unites)	-	4,348	-	4,348	-
ESC Lottery Fund	-	10,000	-	10,000	-
National lottery	-	10,000	-	10,000	-
Chelsea relocation	-	-	-	-	-
Comic Relief	-	6,805	-	6,805	-
British Cycling	-	27,000	-	27,000	-
	<u>307,121</u>	<u>-</u>	<u>377,922</u>	<u>-</u>	<u>337,292</u>
					<u>347,751</u>

Restricted funds represent funds received for specific projects and activities. Any balance at the year end is committed and will be used for the same project/activity in the following year.

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2023

16. Analysis of Net Assets Between Funds

	Restricted £	Unrestricted Non-Charitable £ Trading Funds	Designated £	Revaluation	Total £
	2023	2023	2023	2023	2023
Current Assets	88,751	128,345	20	-	427,116
Tangible Fixed Assets	259,000	793,272	-	1,456,692	2,508,964
Loan	-	705,244	-	-	705,244
Investments	-	5	5	-	-
	<u>347,751</u>	<u>216,378</u>	<u>15</u>	<u>1,456,692</u>	<u>2,230,836</u>

Designated Fund

These are funds designated for specific purposes as follows:

£210,000 - representing four months of the charity's annual expenditure for the orderly closure of the charity if it ever becomes necessary.

Unrestricted Fund

The unrestricted fund of £216,378 will mainly be used to continue the development of three new creative centres for mental health, namely:-

- Core Arts & St Barnabas Community Garden
 - Core Flag-ship @ River Lea
 - Core Turbine Hall @ Hackney Wick
- which were ongoing at 31 March 2023.

17. Subsidiary Company

The company owns the whole of the issued ordinary share capital of Core Design (London) Ltd, company no. 04366112, a company incorporated in UK on 4 February 2002 whose registered office is Solar House - Pf 915 High Road, London N12 8QJ. The subsidiary is used for commercial activities but during the year it was dormant. It also owns the whole of the issued ordinary shares of another company, Core Landscapes Ltd, company no. 06538866, a company incorporated in UK on 19 March 2008, whose registered office is Solar House - Pf 915 High Road, North Finchley, London, England, N12 8QJ.

The subsidiary is also used for commercial activities. All activities have been consolidated on a line by line basis in the SOFA. A summary of the results of the subsidiaries are shown below.

	Core Design (London) Ltd £	Core Landscapes Ltd £	Core Design (London) Ltd £	Core Landscapes Ltd £
	2023	2023	2022	2022
Trading Income	-	27,000	-	20,500
Cost of Sales	-	10,342	-	10,443
Administration	492	10,551	1,002	10,471
	<u>492</u>	<u>20,893</u>	<u>1,002</u>	<u>20,914</u>
Operating Profit/(Loss)	-	492	6,107	1,002
Bank Interest Received	-	-	-	-
Other income	-	-	-	921
Corporation tax	-	-	-	-
Surplus	<u>-</u>	<u>492</u>	<u>6,107</u>	<u>1,002</u>
The aggregate of the assets, liabilities and funds were:				
Assets	14,700	2,621	14,700	40,911
Liabilities	-	13,306	-	3,995
Shareholder Funds	<u>1,394</u>	<u>-</u>	<u>1,374</u>	<u>-</u>
	<u>14,700</u>	<u>2,621</u>	<u>14,700</u>	<u>40,911</u>

CORE ARTS

Notes to the Consolidated Accounts for the year ended 31 March 2023

	2023	2022
	£	£
18. Investments and Cash at Bank		
Cash and cash equivalents at the end of the reporting period		
Current asset investments:		
Bank deposits with maturity > 3months	<u>-</u>	<u>-</u>
Cash at bank and in hand:		
Cash and bank balances	<u>456,387</u>	<u>566,937</u>

19. Prior Year Error

In the financial statements for the year ended 31 March 2022, Leasehold Property Under Construction with a value of £58,039 were incorrectly classified as Prepayments under current assets instead of Fixed Assets. This misclassification has been identified as an error and corrected in the current year of 31 March 2023.

(b) Correction of Each Financial Statement Line Affected:

The following adjustments were made to correct the prior period error for the financial year 2022:

* **Prepayments:** Decreased by £58,039.

* **Leasehold Property Under Construction:** Increased by £58,039.

(b) Correction at the Beginning of the Earliest Prior Period Presented:

The financial statements for the year ended 31 March 2022 have been restated to reflect the correct classification of the Leasehold Property Under Construction. The impact on the opening balances at the beginning of 2022 has been adjusted as follows:

* **Prepayments:** Decreased by 58,039.

* **Leasehold Property Under Construction :** Increased by £58,039.

CORE ARTS

England & Wales - Charity number 1043588

Accounts

Company Number: 02985939
Charity Number: 1043588

Core Arts
Directors' Report and Financial Statements
For the Year Ended
31 March 2022

Augustus & Co
Chartered Certified Accountants

Core Arts

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Core Arts

Legal and Administrative Details

Directors	Vivienne Havell Gary Paul Molloy Stuart Edward Glyn Jones Mark Steven Salter Shaun Adams Ellen Faith Willetts (Appointed 15.09.2021)
Company Number	02985939
Charity Number	1043588
Bankers	HSBC 34 Mare Street London E8 1HU
Auditors	Augustus & Co Chartered Certified Accountant 374 Ley Street Ilford Essex IG1 4AE
Registered Office	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ
Business Address	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ

Core Arts

Directors' Report

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governing Document

The charity is a charitable company limited by guarantee and was set up on 2 November 1994 and registered as a charity on 24 January 1995. It is governed by Articles of Association for a Charitable Company. (The New Articles of Association of Core Arts was adopted by a special resolution of the charity passed on the 7th June 2016.)

Objectives and activities

The principal activities of the company are to relieve the need of persons suffering from mental health illness and /or those at risk of social exclusion, by the encouragement of participation in creative activities, particularly, but not exclusively, arts, music, multimedia, sports and horticulture and to relieve the need of people with mental health disabilities by arranging work for them.

Core Arts exists to enrich the lives of socially excluded people with severe mental health issues Through professional educational input and emotional support we are able to develop and promote the individuals artistic and creative ability
Our aim is to empower and equip service users to achieve their personal goals and aspirations and make a full contribution to society

Strategic Aims

- To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths
- To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.
- To expand and develop Social Firms and Social Enterprises in order to
 1. Increase service users' confidence and self-esteem through their engagement with a practical working enterprise
 2. To increase the service users' employability
 3. To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives
- To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

Results

The financial position of the charity at the end of the financial year is as detailed in the attached financial statements.

Core Arts

How our activities deliver public benefit

Our main activities and who we try to help are as described in our objectives and activities listed above.

All our charitable activities focus on these objectives to further our charitable purposes for the public benefit.

The activities and outcomes during the year under review are as described below.

CORE ARTS Overview 2022

Our members had complex care needs including contact with the criminal justice system, drug and alcohol dependency and homelessness. We have proven in the past 30 years that we are unique in our ability to engage this group, especially young African and Caribbean men who are overrepresented in the mental health services. In this financial year we had 1500+ individuals adults referred to our service from across 22 London Boroughs. Core's diversity is clear in our demographics. We have a targeted support program for LGBTQIA+ adults suffering mental health issues.

Members are referred over the funding annum from NHS contracts. We also supported people to access personal health budgets to support their recovery goals. We also have bespoke program for digital only members with our zoom classes 6 days a week.

Full reports on other projects for 2021-22 are downloadable from our website under the publication section. <https://www.corearts.co.uk/publications/>

We focus on the most excluded groups in society and fight to improve their capacity to cope with their mental health, build confidence through creative education and progression pathways to develop the individual through a service user led ethos to allow them greater control over their future. We challenge the negative stereotypes and the stigma facing people with mental health issues by promotion of their positive attributes and strengths. We develop the artistic potential of our learners through high quality education, working alongside established musicians and artists and increase their access to the benefits of the arts.

Core Art is currently engaging clients on section 117c directly referred by NHS East London Federation Trust with substantial and critical mental health needs, supporting members to be social included in a creative and empowering community alongside accessing opportunities to learning and achievement and advice and guidance.

Core Arts Service: Core Arts is committed to excellence and innovative responses to health care needs in our community.

Core Arts is a service user guided organisation, reflected through our board of trustees; in 2021-2022 we had 69% service users or ex-service users on the board.

Our key responses to our members health needs is to provide a constructive educational environment where they feel safe and empowered to learn and progress. Setting their own creative learning pathways where they are enabled to work in a serious way to achieve their goals. This creates an environment where people termed hard to reach feel ownership and want to attend and progress. Education: CORE provides 97+ creative workshops a week under 5 departments: Art, Music, Sport, Multi-media and Horticulture; to engage our members in lifelong learning and improvement of skills.

Core Arts

The development of Social Enterprises offer our members supported work experience with alternative business models to allow for periods of ill health. This opens up to them the possibility of future employment. Supporting Social Networks; Core Arts has developed ways to engage with those excluded from society by helping to set up supportive networks for those who face continuous exclusion in their everyday lives. This includes pastoral care with one to one support, mentoring and buddy systems. For many of our members Core Arts becomes their family and with that comes all levels of support from emotional to practical.

The partnership contracts have significantly improved the patient experience of care, especially inpatients or those who are socially isolated. Core Arts has been recognised as a resource by inpatient teams and considered for patients as part of any leave or discharge plan. The service is also easily accessible to persons under high support care coordinators such as the Rehab and Recovery team or Assertive Outreach Service offering a consistent, routine building support service, supporting those who are most disengaged or hard to engage. It is widely agreed that instant access is crucial when working with clients that have varied momentum and stability.

EVENTS

Events: CORE organises an extensive events program and through the year plus educational trips and excursions per year, showcasing our members' talents and abilities through gigs, exhibitions, poetry readings and conferences. This not only helps develop confidence and talent but also provides an important link with the general community to help combat stigma and fear of people with mental health issues. Of the many events and opportunities the highlights this year were:

- RHS Chelsea flower show 2022 where our 'front Garden revolution' garden won Gold
- Frank Bangay memorial book and art show at Core Arts in February 2022 celebrating his life and poetry works.
- An excellent summer crafts fair in June at Core Arts hall where our members were able to sell their creative works directly to the community. This event was in partnership with London Open Garden Squares.
- Our partnership with the British Museum and the Victoria and Albert Museum, for educational history trips for our members continues with numerous trips to their excellent shows, and community preview events.
- Partnership with Kew Gardens, for educational horticultural trips for our members, again an excellent resource for our landscape department.

Please check our website and Facebook for a full report on events:

www.corearts.co.uk

<http://www.facebook.com/coreartshackney>

<https://twitter.com/coreartshackney>

<https://vimeo.com/corearts>

<https://www.instagram.com/coreartshackney/>

Core Arts

New Projects 2021-22

Core Arts: three new creative centres for mental health 2022

We have a future vision where creative arts education, sport and horticulture are an integrated part of the support offer available for those with severe and enduring mental health conditions and for disadvantaged communities, improving mental health and inclusion for all. To achieve the above we aim to create a number of flag-ship projects that work alongside our creative award winning centre in Hackney. In 2021 and 2022 we began all three projects and look forwards to creating innovative excellent community services in Hackney in 2023.

***NEW* Homerton Community Garden- Core Arts & St Barnabas Terrace Community Garden**

To create a new community garden and teaching hub in the heart of Homerton empowering participants to create a safe accessible community space that offers inclusive respite from the urban bustle surrounding it and a resource for green education and vocational pathways into the green sector. To support adults with severe mental ill-health, enhance community cohesion and challenge mental health stigma. Teaching sustainable horticulture, responding to the local need for safe green spaces to increase community wellbeing. Collaboratively transforming 1,276 m2 of underused land behind St Barnabas church E9 into a co-designed and user-led community garden bordering Core Arts' Creative Education Centre at 1 St Barnabas Terrace.

Core's community garden will enable greater numbers of people, most adversely impacted by COVID-19, to lead more resilient, creative, and socially connected lives using horticulture, engaging with the natural world within an integrated community setting. Empowering people to impact positively on their environment, and thereby on themselves, to promote recovery and ongoing self-care; using shared common goals to better prepare for future challenges.

***NEW* Core Arts Flag-Ship @ the River Lea**

A new community creative education facility, open 7 days a week for adults with mental health issues with free long term mooring on the Queen Elizabeth Olympic site and assistance from our Partners the Canal and Riverside Trust. A place where disadvantaged, marginalized and disabled community can have assisted access to creative timetabled sessions on a refurbished Canal Boat, transformed into an inclusive community hub of creativity and free events. A travelling centre that can go to the point of need using the canal networks in Greater London and adjoining counties. Providing projects at the point of need in a fully equipped boat.

The new floating Core Arts Flag Ship – offering creative education sessions and events on the canal, 6 days a week, to excluded adults, with a youth focus on 18 to 25 year olds with mental health issues- Plus opportunities to engage with mainstream venues which they would not be able to access on their own. Developing the self-esteem and progression opportunities of adults who suffer from severe and enduring mental ill health and have very low economic activity and high stigmatisation and marginalisation will be the primary outcome of the project.

Core Arts

***NEW* *Core Turbine Hall @ Eastway Depot**

Our vision is for the transformation of the depot from a place of 'storage' into a thriving hub of social enterprise enabling local community and voluntary organisations to work collaboratively to deliver a rich package of services that reduce poverty, raise aspirations and increase individual and community wellbeing. We offer a collaborative service model that begins with co-location, but ends with the delivery of truly integrated services that provide residents in Hackney's most deprived communities with a menu of health, education, cultural, training, leisure and employment opportunities that can be accessed through the *Eastway Community Hub*.

AWARDS

Recent Awards 2021-2022

Landscape department

- RHS Chelsea flower show 2022 where our 'front Garden revolution' garden won Gold
- GOLD + OVERALL WINNER 'Environment Challenge' Award 2022 London in Bloom
- GOLD Award RHS Chelsea Flower Show 2022
- Green Flag Award 2022/23
- OUTSTANDING 'It's Your Neighbourhood' Award 2022 London in Bloom
- SILVER GILT 'Our Community' Award 2022 L in Bloom

Sports Department

- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project – who won the Digital Clinical Transformation Award for a Digital Recovery Platform for Severe Mental Illness. 2021 winner
- HSJ wards for our collaboration - Core Arts, City and Hackney ICP, North East London CCG, East London Foundation Trust and The Advocacy Project –2021 Highly commended for their Digitizing patient services initiative for Severe Mental Illness. 2021 Highly commended
- London Sports shortlisted for The Health & Wellbeing Award 2022 results in March 23

*Core Arts are featured in the Science Museum New Medicine Galleries in 'Rethinking Treatments', open for the next 25 years. We are represented by our charity founder and Director Paul Monks and we have been chosen to showcase our work as innovators using creative education to improve mental health. For more information please click link

<https://www.sciencemuseum.org.uk/see-and-do/medicine-welcome-galleries>

ELFT /CCG referrals

Core Arts supports the health care teams by providing information regarding patients in terms of routine, attendance, progress and early intervention. ELFT statistics approximately a third of patients are readmitted within 3 months, Core Arts is specifically targeting this client group to reduce health care usage by 96%.

Social Enterprises

Core Arts has two Social Enterprises providing high quality services:

1. Core Design exists to provide graphic design services - www.coredesignlondon.co.uk
2. Award winning Core Landscapes - bringing about social change locally through inclusive environmental projects through the use of meanwhile spaces. <http://www.core-landscapes.co.uk>

Core Arts

Partnership

As an organisation we can evidence 30 years of partnership working with the NHS, the Homerton Hospital, John Howard Centre (MSU) and CMHT's across London. We have been jointly commissioned to work constructively within the borough aims and providing services to those who are hard to engage and particularly vulnerable due to their mental health support needs. Core Arts is an attractive service to persons who experience mental health issues, promoting positive mental health through creativity and the arts by providing a non-clinical, motivational and strengths focussed environment.

Core Arts - learning and education environment for persons with severe and enduring mental health needs, who have significant health problems limiting their ability to engage with mainstream opportunities of education. The service provides creative sessions and workshops/ courses in a non-clinical environment likened to a creative arts college whilst the patient is undergoing inpatient treatment or under CPA. The service works with patients that are difficult to engage in any activities, may reject a mental health diagnosis/ services and are especially versed at engaging those from the medium secure unit John Howard Centre and Wolfson House and work closely with mental health NHS staff to provide a treatment plan which includes meaningful occupation/ structured use of time and increased self-awareness/quality of life.

Evidence and Outcome based

The service is in very close proximity to all inpatient mental health services in Hackney (including TCOS) and offers choice and control to those with limited choice regarding vital aspects of their immediate environment and engagement with mental health services. The service plays a vital role in social support systems, relationships and risk management as well as encouraging other social roles and responsibilities through improving motivation; self-esteem and strengths orientated goal setting. The service is supportive and psychologically informed however, promotes boundaries with expectations that patients will conform to a mainstream setting and are therefore able to demonstrate this as part of their recovery.

Core Arts has a significant role to play in a person's self-management and promoting independence and discharge from services. Core Arts has a numerous case studies, which can evidence the impact the service has had on individuals and their recovery and map the client development with reviews and self-assessment (including evidence based reporting).

Particularly evidenced in the following areas:

- Identity in mental health and recovery
- Improve engagement with NHS resources (appropriate use of clinical services)
- Self-esteem and confidence/survivor stories
- Increase social network and support through social events and participation
- Peer support and promote positive mental health through talent and inspiring networks
- Promotes the use of creativity and the arts in long term wellbeing
- Access to learning and education and move on pathways
- Motivation for life-long learning and adult education and skills.
- Activities and peer support whilst on the ward as part of treatment plan
- Improved quality of life and access to opportunities
- Increase in discharges from ward/ sections/CPA and reduce likelihood of admission

Core Arts

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

The main aim of the service is to provide a real life, adult environment and support skill development in order to enable patients to regain self-esteem, promote social norms and encourage move on to mainstream education, progression or work activities and sustained achievement through a better sense of identity and acceptance of mental illness (through breaking down internal stigma).

Core Arts appeals to service users who do not traditionally engage in mental health services, therefore we reach persons who may otherwise not engage. Based in Hackney where the level of mental health service needs, as concluded by the Sainsbury Centre for Mental Health, is 87% above the national average.

We consider the following outcomes:

- **Connecting with others:** Core Arts provides those who are experiencing mental health issues and at risk for social exclusion an opportunity to interact with others who have had similar experiences and to build relationships with them. A necessary support system can be established here - especially for those who do not have social support systems (or family) in place.
- **Peer support and mentoring:** the emphasis on creative expression, progression and learning through creative activity allows members creative freedom to regain confidence and reconstruct own identity as an artist/competent individual.
- **Skill Development/access to learning:** Creative skill development is the main focus at Core Arts and establishes human capital (self-investment/own assets/strengths) for each member. Learning and skill development, completion of projects & goals can continue regardless of mental health difficulties. Engagement in the creative process encourages skill development in cognitive process as well, such as planning, decision-making, problem solving etc.
- **Self-esteem building:** In addition to skill development, social factors, such as the support and affirmation from tutors as one's artwork/composition is appreciated, encourages improvements in the member's self-perception and beliefs about their potential and actualise/realise achievements.
- **Development of artist identity (changing the label):** The opportunities for creative skill development and the validation of ability.
- **Bridging Opportunities:** Members are able to take on greater responsibility through volunteering positions at Core Arts, work training and build employable skills. They are also able to establish relationships with the community through the exhibitions and event opportunities made available to members/local networks/arts community.

Core Arts

- Being active & structured activities; impact on motivation, routine and lifestyle and wellbeing. Core Arts timetable plus daytime/evening and various weekend events as part of events program.
- Education and Progression routes/achievements; Core Arts have established move on opportunities for members to continue personal development (away from mental health services)
- Non clinical environment in preparation for mainstream opportunities (of which is not currently able to engage due to support needs)
- Keeping Safe/risk management/well-being; early intervention and communication with services (Core Arts supported communication & intervention) re: welfare, safeguarding, self-care.
- Less crisis admissions/less CMHT input/less dependency on NHS services & access from the wards- part of treatment plan/ rehabilitation.

As an extension of the psychiatric units and NHS provision in Hackney for 25 years, we have offered community involvement to those who might otherwise not be able. We have a consultant psychiatrist as trustee on the board and act as a base for patients on s.17 on leave from hospital. Naturally we support the CPA document for many areas including activities and learning as well as a risk management plan. We engage those who are considered the most vulnerable and those unable or unwilling to engage elsewhere.

Core Arts users are not obliged to use the service, the service is available to those who choose it as part of their treatment/self-management; many case studies provide insight into the impact of the service on individuals who manage their mental health.

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

Outcomes for those with critical and substantial needs;

- Improved satisfaction of inpatient services/choice and control of treatment plan
- Increase activities available to inpatients and outpatients
- Shorter hospital admissions
- Increased risk management at discharge (step down provision)
- Increased discharge from CPA due to service engagement (duty of care)
- Increased discharged of MSU clients, as part of community planning
- Increased patients involved in learning and education as part of CPA (skill development irrelevant of fluctuations in MH)
- Improved engagement with treatment plans (including behaviour management and medication management)
- Reduced crisis admissions
- Increase access to provision/speed of access
- Increased engagement of hard to reach groups specifically BME males.
- Increase in signposting/ referrals to voluntary sector agencies for support regarding housing/benefits and substance use concerns (as agreed with care team)
- Improved sense of wellbeing/confidence and self-esteem/ personal achievement (reduced dependency on care team)
- Increase support network for persons who are socially excluded (single)
- Increased engagement in mainstream opportunities for this client group

Core Arts

- Support families and carers to maintain relationships by providing meaningful occupation/ respite/promoting independence

The service promotes three of the CCG strategic priorities:

- Improve the equality of health care for Hackney and City of London residents;
Aimed at disadvantaged group - severe and enduring mental health/BME. Ensuring people feel supported to manage their condition.
- Ensure our health care system is affordable of high quality and improves patient experience;
Service feedback from patients is excellent/service will continue to engage inpatients for excellent value for money and improve patient satisfaction in Hackney.
- Develop integrated out of hospital services to mitigate the increasing cost of hospital based unscheduled care;
Structured pathway of service availability is established/ service improves activities offered by NHS and treatment plan leading to reduced use of inpatient care. Avoid crisis admissions and support the crisis pathway of support. NHS (England) Outcomes 2015/16 readmissions within 30 days of discharge.
- Reducing premature death in people with serious mental illness; people with severe mental illness who have received a list of physical checks. Core Arts communicates directly with GP to support any engagement with physical health intervention and as part of the welfare support at Core Arts promotes health and signposts to various health centres & can host projects also. Integrated approach regarding physical health and mental health services and support to engage with life prolonging treatments and support.

Clinically:

Long term conditions and the management of these, specifically increasing the quality of life to those who suffer severe mental illness. Targeted to BAME groups and the high proportion of black males on the hospital wards.

And nationally support the CCG aims regarding:
Reducing avoidable emergency admissions;
Improving patient experience of hospital services

Volunteer programme

Core Arts has a tried and tested volunteer programme in which there are levels of service engagement, peer support and volunteers that assist tutors to plan and run sessions, become trained tutors (PTTLS) and deliver workshops. Core Arts also facilitates volunteering as peer leaders, such as running the core council or leading the weekly tours. Volunteers can choose to get expenses or they can access more workshops for their invested time (time bank) Core Arts also promotes management opportunities and 60% of the trustee board are current or ex members of Core Arts. Through the experience of responsibilities, job profiles and expectations (including the code of respect) patients are able to use their experiences to apply for further opportunities and develop CV's alongside their ability and confidence. Core Arts workforce and staffing relies upon peer membership and supportive members to engage new members, and promote and inspire recovery and ability. Members progress to qualifications, such as access courses, masters, NVQ's, external volunteering and employment which greatly enhance a persons' well-being, quality of life and contribution to society. Core Arts is open in the evening two days a week, and offers those who are in work or have commitments elsewhere to be able to continue to engage to enhance their well-being.

Core Arts

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

REVIEW OF ACTIVITIES AND PERFORMANCE

INTRODUCTION:

Core Arts is a Leading Mental Health Day Care Service

- Core Arts has 30 years' experience in providing best practice and best value in Mental Health Creative Day Care in London.
- Based in Hackney it promotes positive mental health and wellbeing through creative learning.
- Providing quality education, training, Employment and social enterprise initiatives enabling people who experience mental health issues to overcome barriers, fulfil their potential and participate fully in their community.
- Our mission is to support and promote recovery, social inclusion and mental wellbeing through the arts and enhance service user experience.

Core Arts offer a fully equipped and staffed Creative Day Service

- Offering access to 97 creative classes a week under four departments: Arts, Music, Multimedia, Horticulture and Sport.
- Open studios and resources to work on self-directed projects. 3 bookable studios, 4 exhibition spaces, 2 art studios & an ICT Suite.
- 52 professional PGCE/PTTLS equivalent, established and practicing tutors offering excellent education and inspiration in the creative arts. Effective individual guidance and support in personalised progression and skills development.
- 19 staff on PAYE and 52 self-employed tutors working the equivalent.
- 140 volunteers per week, working as tutors assistants per week offering 1:1 individual support and guidance.
- Individual assessment of referral and Creative Work Plan goal-setting with achievable objectives to promote success and provide personalised service tailored to the individuals' needs and aims.

Progression Pathways

- Opportunities for clients to progress to public performances, exhibitions, publishing, further education, volunteering, work experience opportunities and employment.
- Placements in our award winning innovative Social Enterprises:
 - Core Landscapes (Horticulture Company)
 - Core Design (Graphic Design Company)
- Opportunities to volunteer, develop existing skills and experience work like activity and training; including contributing to the running of Core Arts through the members Involvement Scheme and Core Council.

Core Arts

Community Events and Social Inclusion

- Core Arts offers an internal and external events program with over 50 events a year, giving members opportunities to exhibit, perform and socialise in a safe space.
- The hall has a 300 capacity, with a fully equipped stage run by technical staff, special guest artists and bands and a fully licensed bar.
- Partnerships and networking opportunities offered regularly to clients with creative institutions across London, the UK and abroad.

Outcomes

- Service users are supported to gain education, training, volunteering and/or other experience and qualifications through increased opportunities including those in mainstream settings which enable them to acquire or enhance their skills, gain or re-gain employment and/or become involved in other meaningful and socially inclusive activities
- Improved communication and social skills, self-confidence and motivation, and reduced sense of social isolation
- Reduction in admission and re-admission to in-patient services for users of this project
- Diversion from criminal justice system for service users, particularly those with forensic histories.

Core Arts is open all year for referrals for over 18's experiencing and managing severe and enduring mental health issues

- Refer your clients to Core Arts to access creative education that will improve their opportunities, promote their well-being, give structure to their day and prevent isolation.
- Safe and enabling environment which promotes positive mental health, choice and greater independence
- Open communication with wards, providing feedback and joint working to sustain membership.

OUR REFERRAL PROCESS

How to Refer to Our Service

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

Core Arts

Eligibility for membership of Core Arts is the following

CCG/Recovery Alliance Hackney:

Persons with severe and enduring mental health issues and are currently engaging with clinical mental health care team, inpatient, CPA or S.117 due to high support needs (NHS referral necessary)

Persons looking for meaningful activity, social inclusion, structure, routine and development opportunities (risk management and support package)

Hackney Mental Health Network:

Persons with mild to severe mental health issues, outpatients or persons who manage their mental health via their GP, medication or therapy. May have a history of mental health and previous contact with services.

Persons looking to engage with time-bound skill development courses, which encourage goal setting, increased self-esteem, personal development through the participation of creative activities.

As a member you will have access to a variety of sessions and workshops run by professional tutors, with experience of the creative industries

Sports Programme

Persons with mild to severe and enduring mental health issues wishing to participate in health and sports activities which are inclusive and suitable to a range of abilities (GP referral required)

Personalisation and Personal Budgets

Core Arts encourages self-referrals, we will contact agencies on behalf of an individual to support the referral, to ensure multi-disciplinary support planning for Core Arts membership and duty of care for the individual if there are concerns regarding health or welfare.

The three Membership Managers are the first point of contact for referrers, clients and existing members;

- Assessment of suitability for the service, current artistic skills and any support needs upon referral to the service.
- Thorough induction, and creative goal setting, including objectives for managing any identified needs.
- Recovery, strengths and solution focused support through 1:1 support sessions
- Initial and ongoing partnership working with support services involving the member, as required such as CPA feedback, assertive preventative planning, and signposting to relevant agencies.
- Creative Personal Development; evidence progression and achievements through creative work plans.
- Progression: encourage and facilitate further development such as volunteering, member involvement scheme or courses and work training

Core Arts

PROGRESSION TOWARDS MEETING OUR STRATEGIC OBJECTIVES

OBJECTIVE 1

➤ To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths

External

Our remit is to provide opportunities for all our members and ex members to reintegrate back into society and showcase their creative talents.

Partnerships have ranged from:

- International partners with Bavaria www.bezirkskliniken-schwaben.de.
- RHS Chelsea Flower show
- Church of England
- Research partners with New Philanthropy Capital.
- Partnership with Trusts and Foundations: Tudor Trust , City Bridge Trust , Lloyds Foundation, Act Foundation , Taurus Trust, AKO foundation.
- Horticulture Partners: Capital Growth, Groundwork, Transport for London, Balfour Beatty, Serco, Bouyers, East London Business Alliance (ELBA) Deutsche bank, Barclays Wealth,
- Educational Partners from The Learning Trust, East London University, St Marys University College, Queen Marys University London, LSE.
- Local partners such as Whitechapel Gallery, The Freud Museum, Willian Morris Museum, Hackney Museum, East London Business alliance, Mind, HCVS, HVC, Chats Palace, Hackney College, Cycling Club Hackney, The Sovereign, Libraries, bookshops and local venues.
- Music and art Exhibitions at the British Museum, Wellcome Collection, Tate Exchange, Science Museum Medicine galleries.
- Poetry readings and book sales at bookshops across London and selling on Amazon.
- Partnership with media organisations: BBC, Channel 4, The Community Channel, Rethink, LBC all made videos, radio.

OBJECTIVE 2

➤ To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.

Non Remit Clients

- 15% discretion is applied by Core Arts for persons who display a high level of skill or added value whose presence at the centre is beneficial to service user experience and the organisation (role model for new members/peer support element). This percentage/allowance also includes a small number of persons who may otherwise fall through the gap, as they are unconventional or find it difficult to conform/express themselves and are considered socially isolated, excluded and vulnerable by the health services, ie their GP.

Core Arts

OBJECTIVE 3

➤To expand and develop Social Firms and Social Enterprises in order to

1. Increase service users' confidence and self-esteem through their engagement with a practical working enterprise
2. To increase the service users' employability
3. To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives

Associated social enterprises and social firms continue to be actively encouraged by Core Arts with the following objectives in mind:

- To provide members with a bridge to the outside world.
It can be hard for members who have lost confidence through mental health issues to launch back into the community. The experience of building and working for a social business in a supportive environment can be an excellent way to start to gain self-esteem and experience.
- To challenge prejudice.
Challenging prejudice about mental health issues is central to the ethos of Core Arts. The development of successful social businesses by Core Arts members contributes to this mission.
- To encourage ownership and responsibility.
Part of the road to recovery for those who suffer from mental health issues is to take responsibility and to feel involved in something where individual contributions count. Associated small businesses can provide exactly this, with members being encouraged to pursue their ideas with the support of Core Arts.
- Maintaining focus on the central work of Core Arts.
Core Arts is committed to providing creative activities and structured support programmes to help its members. Associated social businesses are created as legally and financially autonomous organisations. Core Arts will therefore be protected from any risk of these ventures. Also the time devoted by Core Arts in supporting these ventures is limited and appropriately managed.
- To gain income for Core Arts.
In some (but not all) cases, associated businesses can provide income for Core Arts. Also, the existence of some of these associated businesses will help publicise the work of Core Arts, making the task of fundraising easier.

1. Core Landscapes <http://www.core-landscapes.co.uk>

Established in 2006: Core Landscapes is a Social Enterprise owned by Core Arts. We provide professional garden design for private gardens and public spaces, landscape design, landscaping, maintenance and project management services. From 2010 we have been running a commercial nursery in East London. We are committed, wherever it is appropriate, to providing training and meaningful work experience to people who have mental health issues. Profits go back to Core Arts.

The aims of the project are to:

- Promote mental health for all by empowering individuals and communities to improve their environment.

Core Arts

- Combat discrimination against individuals and groups with mental health problems, and promote their social inclusion.
- Offer a care package that will include training, meaningful work experience and volunteering opportunities. This approach will help to address the social isolation of individuals with severe mental health issues by helping to improve social skills and social networks.
- Involve service users in the service planning process of their environment.
- Develop and evaluate occupational activities which maximise social participation, enhance self-esteem and promote exercise and healthy living.
- Develop research tools with service users to assess how the environment of their services can best meet their needs.

The business aims of the project are to:

- Gain professional experience in running a horticultural training and maintenance project at the highest standard.
- Provide Core Arts with show piece gardens to obtain further contracts in neighbouring boroughs and community spaces in central London.
- Have a satisfied influential customer, who will provide good references.
- Make a profit for Core Arts and act as a trading and employment arm for the charity.

Project Partners for Core Landscape project:

• RHS Chelsea Flower show, RHS, St Barnabas Church, Tower Hamlets, Barts NHS Trust and Newham Council, GLA, Groundwork and Ecominds and London Catalyst has provided us with funds to support a volunteer and work training project on this site for the next two years we have over 16 professional partners in this project that work alongside our members and the community volunteers and groups including Fabric, Deutsche bank, Barclays Wealth, ELBA, LBH Newham regeneration Teams and Guides developers. Canning Town and Custom House Regeneration team: Sarah Braithwaite and Sam Clark, Living Places: Anita Nadkarni Fabric Architects, University of East London (UEL) London Borough of Newham Council, Arts and Leisure, Community Leaders and Engagement, Parks, Groundwork, East London Business Alliance (ELBA), Capital Growth, Community Payback, Parkside Gardening, Canals and Riverside Trust.

2. Core Design

Based at Core Arts www.coredesignlondon.co.uk

- Established in 1999: This social enterprise exists to provide excellent graphic design services, for example brochures, flyers, posters, logos, websites and annual reports. Core Design attracts many repeat jobs from satisfied clients and, in a highly competitive industry, turning in a good profit is an excellent result.
- Where possible and reasonable, Core Design aims to provide members of Core Arts with work experience. Members of Core Arts are paid for their artwork, photography and for reviewing documentation. Core Design also provides graphic design work for Core Arts at cost. Core Design supports the mission of Core Arts by raising awareness of the centre's work through its clients, and thereby improving Core's links with other organisations.

Core Arts

OBJECTIVE 4

➤ To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

- We have continued to be competitive and innovative in these challenging times for community social health and wellbeing services. This is partly reflected in the increase in referrals from across London, from boroughs where they have no comparable service. Currently 22 boroughs refer. We also believe that our flexible approach to each member's application and the bespoke funding package they bring, increasingly makes us an attractive service for support workers and case managers, who are themselves still learning how to best to promote and support personal budgets in mental health.

As this success in attracting membership has currently been built on word of mouth we have decided to invest, over the coming years, in promoting our service to potential membership from across the neighbouring boroughs. Not only do we know there is a demand for what we offer but there is also the mechanisms for gaining access to Personal Budgets to buy the service.

- Continued Professional Development is integral and embedded in all our Trustees, staff and volunteer support. We continue to develop our staff skills both internally and externally through appropriate training and peer mentoring.
- The senior management team has been preparing the organization for tender readiness and will continue review and refine policies and procedures to ensure no opportunity is missed.
- Our volunteers program numbers over 140 yearly. These are externally recruited, qualified creative professionals offering their skills and experience free to support our service delivery, enhancing and expanding our client's opportunities and learning in the creative fields.
- Our intern placement program places university students from UK Universities and from abroad in our creative centre as tutor assistants, giving them valuable work experience.

Core Arts

Directors

The following served as directors during the year covered by these accounts:

Vivienne Havell
Gary Paul Molloy
Stuart Edward Glyn Jones
Mark Steven Salter
Shaun Adams
Ellen Faith Willetts (Appointed 15/09/2021)

The directors at the time the financial statements were approved are as follows:

Vivienne Havell
Gary Paul Molloy
Stuart Edward Glyn Jones
Mark Steven Salter
Shaun Adams
Ellen Faith Willetts

Directors' Responsibilities

The charity trustees (who are also the directors for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial period. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing these financial statements, the directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the Financial Statements on the going concern basis unless it is inappropriate to presume that the company will continue to provide services.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the Financial Statements comply with the Company Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

Core Arts

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditors in connection with preparing their report) of which the company's auditors are unaware, and
- the directors have taken all the steps that they ought to have taken as directors in order to make themselves aware of any relevant audit information and to establish that the company's auditors are aware of that information

Reserves Policy

A designated reserve of £210,000, which represents four months of our yearly expenditure is held to enable the orderly closure of the charity should this become necessary. If, in the unlikely eventuality that Core Arts had to close, four months salaries and running costs are sometimes used by charities as a reasonable figure to provide an orderly closure of the project.

As at 31 March 2022 there were free unrestricted reserves of £254,556 which will be used to support the organisation's future activities, and in particular 3 new creative centres for mental health.

▲ Decision Making

The directors meet about once every 2 months to review the progress of the charity and to make any decisions that are needed to keep Core Arts in pursuit of its objectives. A manager and development director are appointed by the directors to manage the day-to-day running and development of the charity. In turn, the development director and manager appoint staff and volunteers to further the work of Core Arts. In addition, Core Council, a group of members of the charity, meet about once every 2 weeks to discuss the progress of Core Arts and to make recommendations to the directors and managers.

Directors Selection Method

The directors are elected at the Annual General Meeting and any other time when a vacancy arises. The tenure of office is from date of appointment to the next Annual General Meeting.

Risk Review

Financial – Core Arts continues to increase its annual income and expenditure, hence the potential to increase the risk of financial mismanagement is obvious.

In order to address this situation the post of Finance Worker has been created. The main aim of this worker is to reduce or eliminate the risk by implementing financial systems and to report to the Management and Director on the financial state of Core Arts.

Core Arts

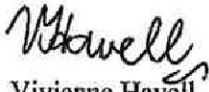
Service delivery – As Core Arts has increased, the number of workshops it runs have also increased. It means we must have and continue to develop a sound approach to service delivery. This is accomplished by training for staff, volunteers and members to ensure that standards are maintained and improved.

Auditors

Augustus & Co are deemed to be reappointed in accordance with the Section 487(2) of the Companies Act 2006.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

This report was approved by the board on 16 January 2023 and signed on its behalf by:



Vivienne Havell
(Director)

Core Arts

Independent auditors' report to the Members of Core Arts

We have audited the financial statements of Core Arts, the charitable company for the year ended 31 March 2022 which comprise the Statement of Financial Activity, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group and charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the entity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Core Arts

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for company law purposes, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees' were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 6 the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Core Arts

Discussions were held with the trustees with a view to identifying those laws and regulations that could be expected to have a material impact on the financial statements. During the engagement team briefing, the outcomes of these discussions and enquiries were shared with the team, as well as consideration as to where and how fraud may occur in the entity.

The following laws and regulations were identified as being of significance to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements include UK financial reporting standards, Company Law, Charity Law, Tax and Pensions legislation, and distributable profits legislation.
- It is considered that there are no laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and those charged with governance as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence; review of trustee minutes; testing the appropriateness of entries in the nominal ledger, including journal entries; reviewing transactions around the end of the reporting period; and the performance of analytical procedures to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



A A Boafo - Brewu (senior statutory auditor)

For and on behalf of Augustus & Co
Chartered Certified Accountants and
Statutory Auditor

374 Ley Street
Ilford
Essex IG1 4AE

Dated: 17 January 2023

CORE ARTS

**Consolidated Statement of Financial Activities (Including Income & Expenditure Accounts)
for the year ended 31 March 2022**

	Note	Unrest- ricted Fund £	Desig- nated Fund £	Restricted Fund £	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Income and Expenditure								
Incoming Resources								
Incoming resources from generated funds:								
Voluntary income:								
Donations	3	10,168			10,168	2,656	10,168	2,656
Grants - others	4.2	100,000		190,410	290,410	264,554	290,410	264,554
Trading income	5	20,500			20,500	19,400		
Other operating income		921			921	0		
Investment income		20			20	95	20	95
		<u>131,609</u>	<u>0</u>	<u>190,410</u>	<u>322,019</u>	<u>286,705</u>	<u>300,598</u>	<u>267,305</u>
Incoming resources from charitable activities:								
Earned income - contracts	4.1	488,024		249,077	737,101	769,526	737,101	769,526
Earned income - others		18,276			18,276	24,315	18,276	24,315
Total Incoming Resources		<u>637,909</u>	<u>0</u>	<u>439,487</u>	<u>1,077,396</u>	<u>1,080,546</u>	<u>1,055,975</u>	<u>1,061,146</u>
Expenditure								
Fundraising & Publicity costs of grants and donations	7	18,582			18,582	15,109	18,582	15,109
Trading Expenses	6	21,916			21,916	19,540		
Charitable activities-delivering contracts	5	575,174		426,446	1,001,620	861,474	1,001,620	861,474
Total Expenditure		<u>615,672</u>	<u>0</u>	<u>426,446</u>	<u>1,042,118</u>	<u>896,123</u>	<u>1,020,202</u>	<u>876,583</u>
Net Income/(expenditure) and net movements in funds for the year		<u>22,237</u>	<u>0</u>	<u>13,041</u>	<u>35,278</u>	<u>184,423</u>	<u>35,773</u>	<u>184,563</u>
Corporation tax								
Reconciliation of funds								
Total Funds Brought Forward at 01/04/2021		1,759,726	210,000	294,080	2,263,806	2,306,201	2,268,911	2,311,166
Gains and losses on revaluation of fixed assets for the charity's own use						-188,660		-188,660
Revision of prior year balances								
Movement on revaluation reserve		-38,158			-38,158	-38,158	-38,158	-38,158
Total Funds Carried Forward at 31/03/2022		<u>1,743,805</u>	<u>210,000</u>	<u>307,121</u>	<u>2,260,926</u>	<u>2,263,806</u>	<u>2,266,526</u>	<u>2,268,911</u>

The notes on pages 27 to 33 form part of these financial statements

Core Arts

**Consolidated and Charity Balance Sheet
as at 31 March 2022**

	Note	Group 2022 £	Group 2021	Charity 2022 £	Charity 2021 £
Fixed Assets					
Tangible Assets	11	2,232,063	2,293,456	2,232,063	2,293,456
Investments	12			5	5
		<u>2,232,063</u>	<u>2,293,456</u>	<u>2,232,068</u>	<u>2,293,461</u>
Current Assets					
Debtors	13	298,615	382,069	308,165	389,558
Cash at Bank and in Hand		<u>566,937</u>	<u>485,948</u>	<u>552,071</u>	<u>471,082</u>
		865,552	868,017	860,236	860,640
Creditors: Amounts falling due within one year	14	<u>105,463</u>	<u>141,294</u>	<u>94,552</u>	<u>128,817</u>
Net Current Assets		760,089	726,723	765,684	731,823
Total Assets Less Current Liabilities		2,992,152	3,020,179	2,997,752	3,025,284
Creditors: Amounts falling due over one year	15	731,226	756,373	731,226	756,373
Net Assets		<u>2,260,926</u>	<u>2,263,806</u>	<u>2,266,526</u>	<u>2,268,911</u>
Represented By:					
Restricted Funds	16	307,121	294,080	307,121	294,080
Non-Charitable Trading Funds	17	-5,600	-5,105		
Unrestricted Funds	17	1,749,405	1,764,831	1,749,405	1,764,831
Designated Fund	17	<u>210,000</u>	<u>210,000</u>	<u>210,000</u>	<u>210,000</u>
		<u>2,260,926</u>	<u>2,263,806</u>	<u>2,266,526</u>	<u>2,268,911</u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board on 16 January 2023 and signed on its behalf by


Vivienne Havell

(Director)

Registration number: 02985939

The notes on pages 27 to 33 form part of these financial statements.

Core Arts
Statement of Cash Flows
Year ended 31 March 2022

	2022	2021
	£	£
Cash used in operating activities		
Net movement in funds	35,278	184,423
Add back depreciation	61,393	61,393
Deduct interest income in investing activities	- 20	- 95
Deduct opening balances revised	-	- 188,660
Deduct movement in revaluation	- 38,158	- 38,158
Decrease (increase) in debtors	83,454	34,620
Increase (decrease) in creditors	- 35,831	24,567
	<u>106,116</u>	<u>78,090</u>
Cash flows from investing activities		
Interest income	20	95
Cash provided by (used in) Investing activities	<u>20</u>	<u>95</u>
Cash flows from financing activities		
Repayment of borrowing		
Net movement in borrowing	- 25,147	- 23,069
Purchase of fixed assets	-	- 3,487
Cash used in financing activities	<u>- 25,147</u>	<u>- 26,556</u>
Increase (decrease) in cash and cash equivalents in the year	<u>80,989</u>	<u>51,629</u>
Cash and cash equivalents at the beginning of the year	485,948	434,319
Total cash and cash equivalents at the end of the year	<u>566,937</u>	<u>485,948</u>

Core Arts
Notes to Accounts
for the year ended 31 March 2022

1. Accounting Policies

1.1 Accounting Convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The statement of financial activities (SOFA) and balance sheet consolidate the financial statements of the charity and its subsidiaries. The results of the subsidiaries are consolidated on a line by line basis.

1.2 Incoming Resources

Grants are the amounts due for the year whether or not actually received in the year.

Donations are the actual amounts received in the year.

Sales represent the invoiced value of services rendered.

1.3 Depreciation

Depreciation is provided at rates calculated to write off the cost or valuation, less estimated residual value of each asset over the expected useful life as follows:

Freehold property	2% on cost
Machinery	20% on cost
Fixtures Fittings & Equipment	20% on cost
Motor Vehicle	10% on cost

Items of expenditure are capitalised when purchase price exceeds £500

1.4 Resources Expended

All expenditure is accounted for on accrual basis.

1.5 Capital Grants

Capital grants have been treated in accordance with the SORP, they are recognised as incoming resources on receipt, this is not in accordance with the Companies Act. The Companies Act requires the income to be deferred and released to the income and expenditure account on a straight line basis over the life of the associated assets.

The SORP is very important, therefore the directors have undertaken a true and fair override.

1.6 Restricted Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criteria is charged to the fund.

1.7 Unrestricted Funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

1.8 Designated Funds

These comprise unrestricted funds that have been set aside by the directors for specific purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Core Arts
Notes To Accounts
for the year ended 31 March 2022

2. Going Concern

The trustees have carefully reviewed the groups's forecasts and projections in the light of the Covid-19 pandemic, and based on increased funding received, have reasonable expectation that the group has adequate resources to operate for the foreseeable future.

At the year end the group has net current assets of £760,089 and net assets of £2,260,926. The results for the year show the group has been profitable and generating positive cash flows.

The trustees are constantly reviewing forecasts and taking appropriate actions to ensure the operations continue without interruption. Examples of actions taken include developing new income streams and seeking further funding sources.

Based on this information and the supporting action plans, the trustees have a reasonable expectation that the group will continue to operate in its current form for the foreseeable future.

Therefore the group continues to adopt the going concern basis in preparing its financial statements.

	Charity 2022 £		Charity 2021 £	
3. Donations				
Unrestricted income	10,168		2,656	
	<u>10,168</u>		<u>2,656</u>	
4. Income	2022		2021	
	Restricted	Unrestricted	Restricted	Unrestricted
	£	£	£	£
4.1 Earned Contracts				
Personal Budget Income		152,428		161,864
City & Hackney Mind		166,196		196,045
PHB Income				
Landscape income EASTLNHS-contract		19,400		
East London NHS Foundation Trust		150,000		150,000
Single Point Of Entry (SPOE)	114,418		107,807	
The Learning Trust	33,159		35,677	
Connect Hackney CVS			28,333	
Royal Horticultural Society	11,500			
NHS City & Hackney CCG (Sport)	90,000		90,000	
	<u>249,077</u>	<u>488,024</u>	<u>0</u>	<u>507,709</u>
4.2 Trust Grants				
East End Community Foundation	2,900			
Sported Foundation Grant	200			
Ako Foundation		95,000		
City Bridge Trust	47,040			
The Prudence Trust				50,000
The Taurus Trust		5,000		5,000
Merchant Taylors' Company	16,084		3,216	
London Community Response Fund	10,000		13,788	
Groundwork London	11,548		8,000	
Groundwork London_Growback Greener			9,548	
Leathersellers' Company Charitable Trust			5,000	
Groundwork London_Roof-top Rain Gardening	18,000			
Lottery COVID-19 Response Fund	68,246		85,120	
Lloyds Bank Trust			18,580	
Community Athletic GLA_Sport Unites	17,392			
Comic Relief			66,292	
	<u>190,410</u>	<u>100,000</u>	<u>0</u>	<u>55,000</u>
	<u>0</u>		<u>209,554</u>	<u>0</u>

Core Arts

Notes To Accounts
for the year ended 31 March 2022

5. Trading Income and Costs

	2022	2021
	£	£
Trading Income	<u>20,500</u>	<u>19,400</u>
Cost of Sales	3,600	1,767
Administration	<u>18,316</u>	<u>17,773</u>
	<u>21,916</u>	<u>19,540</u>
Operating Profit/(Loss)	-1,416	-140
Other income	921	
Surplus/(Deficit)	<u>-495</u>	<u>-140</u>

6. Charitable activities

	Unrest- icted	Designated Restricted	Total	Total
	£	£	2022 £	2021 £
Salaries	143,821	309,762	453,583	454,429
Employer's National Insurance	11,405	26,611	38,016	31,494
Employer's Pension	2,941	6,862	9,803	9,772
Services	24,755		24,755	9,925
Training	6,791		6,791	2,043
Insurance	4,772		4,772	4,679
Sessional Workers and Expenses	132,666	61,086	193,752	151,745
Equipment	6,115		6,115	1,735
Printing, Postage and Stationery	2,342		2,342	1,818
Alarm Maintenance	2,602		2,602	2,418
Telephone	8,984		8,984	9,432
Subscriptions & Publications	13,000		13,000	9,180
Business Development			0	19,400
SPOE Other Expenses	420		420	281
Covid - 19 Safety Expenses	3,000	312	3,312	4,539
Motor & Travelling Expenses	7,908		7,908	5,218
Building Expenses	45,070	7,992	53,062	42,327
Consultancy Fees	3,657		3,657	3,035
Publicity and Promotion	89		89	521
Hospitality	2,526		2,526	975
Food and Drink	2,973		2,973	3,182
General Admin	1,676		1,676	716
Bank Charges	653		653	2,039
Loan Interest	26,045		26,045	28,124
Recruitment Expenses	2,035		2,035	440
IT Development	31,806		31,806	4,235
Payroll Cost	1,859		1,859	1,247
Website	1,275		1,275	1,169
Events	60		60	0
Other projects	147	195	342	80
Horticultural Project	25,000	6,626	31,626	9,850
Church Garden	4,867		4,867	0
Core Design Project	864		864	2,050
Depo Project	2,400		2,400	9,090
Bad Debts	26,920		26,920	2,067
Governance costs (see note 5)	7,495		7,495	6,241
Depreciation - Freehold Property	15,274	7,000	22,274	22,274
Depreciation - F F & E	961		961	3,704
	<u>575,174</u>	<u>0</u>	<u>426,446</u>	<u>1,001,620</u>
				<u>861,474</u>

Of the £861,474 in 2021, £457,291 was charged to restricted funds and £404,183 charged to unrestricted funds.

Core Arts

Notes to Accounts for the year ended 31 March 2022

7. Fundraising and Publicity	Unrest-	Designated	Restricted	Total	Total
	icted			2022	2021
	£		£	£	£
Salaries	18,582			18,582	15,109
	<u>18,582</u>		0	<u>18,582</u>	<u>15,109</u>

Of the £15,109 in 2021, all of it was charged to unrestricted funds.

8. Governance costs	Unrest-	Designated	Restricted	Total	Total
	icted			2022	2021
	£		£	£	£
Salaries	3,295			3,295	2,161
Audit	2,000			2,000	2,000
Accountancy	2,200			2,200	2,080
	<u>7,495</u>		0	<u>7,495</u>	<u>6,241</u>

9. Staff Costs	Group	Group	Charity	Charity
	2022	2021	2022	2021
Salaries	489,315	483,393	475,460	469,538
Employer's National Insurance	38,016	31,494	38,016	31,494
Pension Costs	9,803	9,772	9,803	9,772
	<u>537,134</u>	<u>524,659</u>	<u>523,279</u>	<u>510,804</u>

One employee earned in excess of £60,000

The average number of employees analysed by function was:

	2022	2021
Charity	18	17
Subsidiary Undertakings	3	3
	<u>21</u>	<u>20</u>

The amount paid to key management personnel included in salaries is £63,916. The trustees are considered as key management personnel but none of them receives a salary.

10. Directors

The directors of the charity do not receive any remuneration for their services and are not reimbursed for their expenses.

Core Arts
Notes to Accounts
For the Year Ended 31 March 2022

11. Fixed Assets

	Furniture Fixtures & Equipment	Freehold Property	Motor Vehicles	Machinery	Total
	£			£	£
Cost					
At 1 April 2021	137,388	2,640,000	28,373	15,419	2,821,180
Addition					0
Revaluation					0
Disposal					0
At 31 March 2022	<u>137,388</u>	<u>2,640,000</u>	<u>28,373</u>	<u>15,419</u>	<u>2,821,180</u>
Depreciation:					
At 1 April 2021	131,151	352,782	28,373	15,419	527,725
Charge for the year	961	60,432			61,393
Disposal					
At 31 March 2022	<u>132,112</u>	<u>413,214</u>	<u>28,373</u>	<u>15,419</u>	<u>589,118</u>
Net Book Value:					
At 31 March 2022	<u>5,276</u>	<u>2,226,786</u>	<u>0</u>	<u>0</u>	<u>2,232,063</u>
At 31 March 2021	<u>6,237</u>	<u>2,287,218</u>	<u>0</u>	<u>0</u>	<u>2,293,456</u>

The freehold property was revalued on 30 January 2019 at £2,640,000 by Mr Christian Dadd BSc (Hons) MRICS an RICS Registered Valuer of Clarke Hillyer.

The valuation was based on the comparable sales prices of other D1 properties sold in the area with assumptions on the state of building being confirmed by a building survey.

12. Fixed Asset Investment

	Subsidiary Undertaking Shares	Total
	£	£
Cost		
At 31 March 2021	<u>5</u>	<u>5</u>
At 31 March 2020	<u>5</u>	<u>5</u>

The investment represents 100% holding in both Core Design(London) Ltd and Core Landscapes Ltd, companies which are incorporated in United Kingdom.

13. Debtors

	Group 2022	Group 2021	Charity 2022	Charity 2021
	£	£	£	£
Trade Debtors	226,287	382,069	185,547	341,329
Other debtors	8,181		8,181	
Prepayments	64,147		64,147	
Amount Owed By Subsidiary Undertaking			50,290	48,229
	<u>298,615</u>	<u>382,069</u>	<u>308,165</u>	<u>389,558</u>

14. Creditors: Amounts falling due within one year

	Group 2022	Group 2021	Charity 2022	Charity 2021
	£	£	£	£
Trade Creditors	31,806	26,573	29,146	23,913
Amount Received On Account	5,333	5,333		
Amount received in advance	224	224	224	224
Amount Owed To Subsidiary Undertaking			5	5
Mortgage Loan	51,193	51,193	51,193	51,193
Other Taxes & Social Security	463	24,921		23,753
Grants Received In Advance	3,654	19,738	3,654	19,738
Accruals	12,790	13,312	10,330	9,991
	<u>105,463</u>	<u>141,294</u>	<u>94,552</u>	<u>128,817</u>

Core Arts

Notes to Accounts
for the year ended 31 March 2022

15. Creditors: Amounts falling due over one year

	Group 2022	Group 2022	Charity 2021	Charity 2021
	£	£	£	£
Mortgage Loan	731,226	731,226	756,373	756,373

Loans

Repayable in five years or more

Mortgage loan	731,226	731,226	756,373	756,373
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The mortgage loan is secured by a first fixed legal charge with full title guarantee over the freehold property known as The Barnabas Centre comprising 1 St Barnabas Terrace and 109 Homerton High Street London E9 6DJ.

16. Restricted Funds

	Balance at 1 April 2021	Movement In Resources			Balance at 31 March 2022	
	£	Incoming Capital £	Incoming Revenue	Outgoing Capital Depreciation £	Outgoing Revenue £	£
Single Point Of Entry (SPOE)			114,418		96,828	17,590
The Learning Trust			33,159		33,159	
City Bridge Trust			47,040		47,040	
Royal Horticultura Society			11,500		11,500	
NHS City & Hackney CCG (Sport)			90,000		90,000	
East End Community Foundation			2,900		2,900	
Sported Foundation Trust			200		200	
Merchant Taylors' Company			16,084		16,084	
London Community Response Fund			10,000		10,000	
Groundwork London			11,548		11,548	
Groundwork London_Roof-top Rain Gardening			16,000		4,452	11,548
Lottery COVID-19 Response Fund			69,246		69,246	
Community Atheletic GLA_Sport Unites			17,392		5,409	11,983
Comic Relief	21,080				21,080	
Capital Grant for Property Purchase	273,000				7,000	266,000
	294,080	0	439,487	7,000	419,446	307,121

Restricted funds represent funds received for specific projects and activities. Any balance at the year end is committed and will be used for the same project/activity in the following year.

Core Arts

Notes to Accounts for the year ended 31 March 2022

17. Analysis of Net Assets Between Funds

	Restricted	Unrestricted Non-Charitable Trading Funds	Designated Revaluation	Total
	£	£	£	£
Current Assets	41,121	514,564	210,000	760,089
Fixed Assets	266,000	471,213		2,232,063
Loan		-731,226		-731,226
Investment		5	-5	0
	<u>307,121</u>	<u>254,556</u>	<u>-5,600</u>	<u>2,260,926</u>

Designated Fund

This is a fund designated for a specific purpose as follows:

£210,000 - representing four months of the charity's annual expenditure for the orderly closure of the charity if it ever becomes necessary.

Unrestricted Fund

The unrestricted fund of £254,556 will mainly be used to continue the development of three new creative centres for mental health, namely: -

Core Arts & St Barnabas Community Garden

Core Flag-ship @ River Lea

Core Turbine Hall @ Hackney Wick

which were ongoing as at 31 March 2022.

18. Subsidiary Companies

The company owns the whole of the issued ordinary share capital of Core Design (London) Ltd, a company incorporated in UK on 4 February 2002. The subsidiary is used for commercial activities but during the year it was dormant. It also owns the whole of the issued ordinary shares of another company, Core Landscapes Ltd, a company incorporated in UK on 19 March 2008. This subsidiary is also used for commercial activities. All activities have been consolidated on a line by line basis in the SOFA. A summary of the results of the subsidiaries are shown below.

	Core Design (London) Ltd 2022	Core Landscapes Ltd 2022	Core Design (London) Ltd 2021	Core Landscapes Ltd 2021
Trading Income		20,500		19,400
Cost of Sales		3,600		1,767
Administration	1,002	17,314	305	17,468
	<u>1,002</u>	<u>20,914</u>	<u>305</u>	<u>19,235</u>
Operating Profit/(Loss)	-1,002	-414	-305	165
Bank Interest Received				
Other income		921		
Corporation tax				
Surplus	<u>-1,002</u>	<u>507</u>	<u>-305</u>	<u>165</u>

The aggregate of the assets, liabilities and funds were:

Assets	14,700	40,911	14,700	40,911
Liabilities	-12,814	-48,392	-11,812	-48,899
Shareholder Funds	<u>1,886</u>	<u>-7,481</u>	<u>2,888</u>	<u>-7,988</u>

CORE ARTS

England & Wales - Charity number 1043588

Accounts

Company Number: 02985939
Charity Number: 1043588

DRAFT

Core Arts

Legal and Administrative Details

Directors	Anne Marie Bibby Gary Paul Molloy Stuart Edward Glyn Jones Mark Steven Salter Shaun Adams Sophie O'Neill
Company Number	02985939
Charity Number	1043588
Bankers	HSBC 34 Mare Street London E8 1HU
Auditors	Augustus & Co Chartered Certified Accountant 374 Ley Street Ilford Essex IG1 4AE
Registered Office	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ
Business Address	1 St Barnabas Terrace Homerton High Street Homerton London E9 6DJ

Core Arts

Directors' Report

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governing Document

The charity is a charitable company limited by guarantee and was set up on 2 November 1994 and registered as a charity on 24 January 1995. It is governed by Articles of Association for a Charitable Company. (The New Articles of Association of Core Arts was adopted by a special resolution of the charity passed on the 7th June 2016.)

Objectives and activities

The principal activities of the company are to relieve the need of persons suffering from mental health illness and /or those at risk of social exclusion, by the encouragement of participation in creative activities, particularly, but not exclusively, arts, music, multimedia, sports and horticulture and to relieve the need of people with mental health disabilities by arranging work for them.

Core Arts exists to enrich the lives of socially excluded people with severe mental health issues Through professional educational input and emotional support we are able to develop and promote the individuals artistic and creative ability
Our aim is to empower and equip service users to achieve their personal goals and aspirations and make a full contribution to society

Strategic Aims

- To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths
- To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.
- To expand and develop Social Firms and Social Enterprises in order to
 - 1 Increase service users' confidence and self esteem through their engagement with a practical working enterprise
 - 2 To increase the service users' employability
 - 3 To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives
- To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.

▲ Results

The financial position of the charity at the end of the financial year is as detailed in the attached financial statements.

Core Arts

How our activities deliver public benefit

Our main activities and who we try to help are as described in our objectives and activities listed above.

All our charitable activities focus on these objectives to further our charitable purposes for the public benefit.

The activities and outcomes during the year under review are as described below.

CORE ARTS Overview 2021

Our members had complex care needs including contact with the criminal justice system, drug and alcohol dependency and homelessness. We have proven in the past 29 years that we are unique in our ability to engage this group, especially young African and Caribbean men who are overrepresented in the mental health services. In this financial year we had 1300 individuals adults referred to our service from across 12 London Boroughs. Core's diversity is clear in our demographics.

764 members referred over the funding annum from NHS contracts , of which 85 were digital online members, as part of our Covid response to offer online activities which can be engaged with from the safety of home. We also supported 166 SMI support calls to Core Support during this time, signposting individuals to relevant services or resolving the issue whilst on the call as part of the advice and guidance given. We delivered 72 1:1 digital support sessions to persons to reduce the digital divide caused by national lockdowns. We also supported people to access personal health budgets to support their recovery goals.

Statistics of the 764 tracked members on NHS contracts referral

64% male

70% BAME

99% on CPA on referral, 3 discharged and 25 discharges from the wards avoiding readmission

Over 50% cluster 12/13

92% non admission rate over the pandemic (10 out of 115 used inpatient services)

2 gained employment during this tough time to find it and 3 volunteering, 1 into education.

3 people supported to gain long term ASC direct payments funding to continue accessing core arts

72 early interventions from the team to support appropriate clinical support

17 PHB applications to support individual recovery goals

99%. Reported improved quality of life

23% uptick SMI sports membership

100% reported living a healthier lifestyle

15% moved onto Wellbeing Network support

44% moved on/closed over the annum

100% improved resilience using the arts

100% improved understanding of MH

85% reported skill set achievement

85% improved confidence and self esteem

78% improved social inclusion/networks

99% adherence to the code of respect

90% improved Warwick and Edinburgh (emotional wellbeing) scores

Core Arts

Full reports on other projects for 2020-21 are downloadable from our website under the publication section.

<https://www.corearts.co.uk/publications/>

We focus on the most excluded groups in society and fight to improve their capacity to cope with their mental health, build confidence through creative education and progression pathways to develop the individual through a service user led ethos to allow them greater control over their future. We challenge the negative stereotypes and the stigma facing people with mental health issues by promotion of their positive attributes and strengths. We develop the artistic potential of our learners through high quality education, working alongside established musicians and artists and increase their access to the benefits of the arts.

Core Art is currently engaging clients on section 117c directly referred by NHS East London Federation Trust with substantial and critical mental health needs, supporting members to be social included in a creative and empowering community alongside accessing opportunities to learning and achievement and advice and guidance.

Core Arts Service: Core Arts is committed to excellence and innovative responses to health care needs in our community.

Core Arts is a service user guided organisation, reflected through our board of trustees; in 2020-2021 we had 69% service users or ex service users on the board.

Our key responses to our members health needs is to provide a constructive educational environment where they feel safe and empowered to learn and progress. Setting their own creative learning pathways where they are enabled to work in a serious way to achieve their goals. This creates an environment where people termed hard to reach feel ownership and want to attend and progress. Education: CORE provides 85 creative workshops a week under 5 departments: Art, Music, Sport, Multi-media and Horticulture; to engage our members in lifelong learning and improvement of skills.

Events: CORE organises an extensive events program and through the lockdown we provided online events hosting over 65 events, educational trips and excursions per year, showcasing our members' talents and abilities through gigs, exhibitions, poetry readings and conferences. This not only helps develop confidence and talent but also provides an important link with the general community to help combat stigma and fear of people with mental health issues. Of the many events and opportunities the highlights this year were:

- Partnership with the British Museum and the Victoria and albert Museum, for educational history trips for our members.
 - Partnership with Kew Gardens, for educational horticultural trips for our members.
 - Partnership with Survivors poets for live poetry events.
 - Mark Lane zoom gardeners question time event
 - 'Time to Shine 'was our first face to face event after the lockdown showcasing our music and poetry. We held a number of poetry evenings and published 3 catalogues of art works and poetry.
- Core Arts also ran a successful weekly zoom quiz night every Friday.

Core Arts

Please check our website and facebook for a full report on events:

www.corearts.co.uk

<http://www.facebook.com/coreartshackney>

<https://twitter.com/coreartshackney>

<https://vimeo.com/corearts>

<https://www.instagram.com/coreartshackney/>

The development of Social Enterprises offer our members supported work experience with alternative business models to allow for periods of ill health. This opens up to them the possibility of future employment. Supporting Social Networks: Core Arts has developed ways to engage with those excluded from society by helping to set up supportive networks for those who face continuous exclusion in their everyday lives. This includes pastoral care with one to one support, mentoring and buddy systems. For many of our members Core Arts becomes their family and with that comes all levels of support from emotional to practical.

The partnership contracts have significantly improved the patient experience of care, especially inpatients or those who are socially isolated. Core Arts has been recognised as a resource by inpatient teams and considered for patients as part of any leave or discharge plan. The service is also easily accessible to persons under high support care coordinators such as the Rehab and Recovery team or Assertive Outreach Service offering a consistent, routine building support service, supporting those who are most disengaged or hard to engage. It is widely agreed that instant access is crucial when working with clients that have varied momentum and stability.

Awards 2019-2021

- GOLD 'Our Community Award' London in Bloom 2021
- Green Flag Award 2021
- GOLD 'Environmental Challenge' 2021
- OUTSTANDING 'It's Your Neighbourhood' Award 2021
- BEST NATURE PROJECT 'Social Prescribing Award' Defra finalist 2019
- 'London Sport 'Best community sports project '2021 shortlisted results on 6th Dec 21
- Marsh Award 2019 Core Sport won the 'Innovative Peer Support' category. London.
- Sports and Recreation Alliance -Mental Health Sports programme Winners 2020 (UK Wide)
- The UK wide HSJ Awards 2020: Mental health innovation of the year- WINNER: City and Hackney Clinical Commissioning Group, East London Foundation Trust, City and Hackney GP Confederation, Core Sport and Clinical Effectiveness Group – An Alliance Model for Primary Care SMI Physical Health
- The UK wide HSJ Awards 2020: Mental health innovation of the year- WINNER: City and Hackney Clinical Commissioning Group, East London Foundation Trust, City and Hackney GP Confederation, Core Sport and Clinical Effectiveness Group – An Alliance Model for Primary Care SMI Physical Health

<https://www.hsj.co.uk/the-hsj-awards/hsj-awards-2020-mental-health-innovation-of-the-year/7026219.article>

*Core Arts are featured in the Science Museum New Medicine Galleries in 'Rethinking Treatments', open for the next 25 years. We are represented by our charity founder and Director Paul Monks and we have been chosen to showcase our work as innovators using creative education to improve mental health. For more information please click Link

<https://www.sciencemuseum.org.uk/see-and-do/medicine-welcome-galleries>

Core Arts

ELFT /CCG referrals

Core Arts supports the health care teams by providing information regarding patients in terms of routine, attendance, progress and early intervention. ELFT statistics approximately a third of patients are readmitted within 3 months, Core Arts is specifically targeting this client group to reduce health care usage by 96%.

Social Enterprises

Core Arts has two Social Enterprises providing high quality services:

1. Core Design exists to provide graphic design services - www.coredesignlondon.co.uk
2. Award winning Core Landscapes - bringing about social change locally through inclusive environmental projects through the use of meanwhile spaces. <http://www.core-landscapes.co.uk>

Partnership

As an organisation we can evidence 29 years of partnership working with the NHS, the Homerton Hospital, John Howard Centre (MSU) and CMHT's across London. We have been jointly commissioned to work constructively within the borough aims and providing services to those who are hard to engage and particularly vulnerable due to their mental health support needs. Core Arts is an attractive service to persons who experience mental health issues, promoting positive mental health through creativity and the arts by providing a non-clinical, motivational and strengths focussed environment.

Core Arts - learning and education environment for persons with severe and enduring mental health needs, who have significant health problems limiting their ability to engage with mainstream opportunities of education. The service provides creative sessions and workshops/ courses in a non-clinical environment likened to a creative arts college whilst the patient is undergoing inpatient treatment or under CPA. The service works with patients that are difficult to engage in any activities, may reject a mental health diagnosis/ services and are especially versed at engaging those from the medium secure unit John Howard Centre and Wolfson House and work closely with mental health NHS staff to provide a treatment plan which includes meaningful occupation/ structured use of time and increased self-awareness/quality of life.

Evidence and Outcome based

The service is in very close proximity to all inpatient mental health services in Hackney (including TCOS) and offers choice and control to those with limited choice regarding vital aspects of their immediate environment and engagement with mental health services. The service plays a vital role in social support systems, relationships and risk management as well as encouraging other social roles and responsibilities through improving motivation; self- esteem and strengths orientated goal setting. The service is supportive and psychologically informed however, promotes boundaries with expectations that patients will conform to a mainstream setting and are therefore able to demonstrate this as part of their recovery.

Core Arts has a significant role to play in a persons self-management and promoting independence and discharge from services. Core Arts has a numerous case studies, which can evidence the impact the service has had on individuals and their recovery and map the client development with reviews and self- assessment (including evidence based reporting).

Core Arts

Particularly evidenced in the following areas:

- Identity in mental health and recovery
- Improve engagement with NHS resources (appropriate use of clinical services)
- Self-esteem and confidence/survivor stories
- Increase social network and support through social events and participation
- Peer support and promote positive mental health through talent and inspiring networks
- Promotes the use of creativity and the arts in long term wellbeing
- Access to learning and education and move on pathways
- Motivation for life-long learning and adult education and skills.
- Activities and peer support whilst on the ward as part of treatment plan
- Improved quality of life and access to opportunities
- Increase in discharges from ward/ sections/CPA and reduce likelihood of admission

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

The main aim of the service is to provide a real life, adult environment and support skill development in order to enable patients to regain self-esteem, promote social norms and encourage move on to mainstream education, progression or work activities and sustained achievement through a better sense of identity and acceptance of mental illness (through breaking down internal stigma).

Core Arts appeals to service users who do not traditionally engage in mental health services, therefore we reach persons who may otherwise not engage. Based in Hackney where the level of mental health service needs, as concluded by the Sainsbury Centre for Mental Health, is 87% above the national average.

We consider the following outcomes:

- **Connecting with others:** Core Arts provides those who are experiencing mental health issues and at risk for social exclusion an opportunity to interact with others who have had similar experiences and to build relationships with them. A necessary support system can be established here - especially for those who do not have social support systems (or family) in place.
- **Peer support and mentoring:** the emphasis on creative expression, progression and learning through creative activity allows members creative freedom to regain confidence and reconstruct own identity as an artist/competent individual.
- **Skill Development/access to learning:** Creative skill development is the main focus at Core Arts and establishes human capital (self-investment/own assets/strengths) for each member. Learning and skill development, completion of projects & goals can continue regardless of mental health difficulties. Engagement in the creative process encourages skill development in cognitive process as well, such as planning, decision-making, problem solving etc.

- Self-esteem building: In addition to skill development, social factors, such as the support and affirmation from tutors as one's artwork/composition is appreciated, encourages improvements in the member's self-perception and beliefs about their potential and actualise/realise achievements.
- Development of artist identity (changing the label): The opportunities for creative skill development and the validation of ability.
- Bridging Opportunities: Members are able to take on greater responsibility through volunteering positions at Core Arts, work training and build employable skills. They are also able to establish relationships with the community through the exhibitions and event opportunities made available to members/local networks/arts community.
- Being active & structured activities; impact on motivation, routine and lifestyle and wellbeing. Core Arts timetable plus daytime/evening and various weekend events as part of events program.
- Education and Progression routes/achievements; Core Arts have established move on opportunities for members to continue personal development (away from mental health services)
- Non clinical environment in preparation for mainstream opportunities (of which is not currently able to engage due to support needs)
- Keeping Safe/risk management/well-being; early intervention and communication with services (Core Arts supported communication & intervention) re: welfare, safeguarding, self-care.
- Less crisis admissions/less CMHT input/less dependency on NHS services & access from the wards- part of treatment plan/ rehabilitation.

As an extension of the psychiatric units and NHS provision in Hackney for 25 years, we have offered community involvement to those who might otherwise not be able. We have a consultant psychiatrist as trustee on the board and act as a base for patients on s.17 on leave from hospital. Naturally we support the CPA document for many areas including activities and learning as well as a risk management plan. We engage those who are considered the most vulnerable and those unable or unwilling to engage elsewhere.

Core Arts users are not obliged to use the service, the service is available to those who choose it as part of their treatment/self-management; many case studies provide insight into the impact of the service on individuals who manage their mental health.

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

Outcomes for those with critical and substantial needs;

- Improved satisfaction of inpatient services/choice and control of treatment plan
- Increase activities available to inpatients and outpatients
- Shorter hospital admissions
- Increased risk management at discharge (step down provision)
- Increased discharge from CPA due to service engagement (duty of care)
- Increased discharged of MSU clients, as part of community planning
- Increased patients involved in learning and education as part of CPA (skill development irrelevant of fluctuations in MH)

Core Arts

- Improved engagement with treatment plans (including behaviour management and medication management)
- Reduced crisis admissions
- Increase access to provision/speed of access
- Increased engagement of hard to reach groups specifically BME males.
- Increase in signposting/ referrals to voluntary sector agencies for support regarding housing/benefits and substance use concerns (as agreed with care team)
- Improved sense of wellbeing/confidence and self-esteem/ personal achievement (reduced dependency on care team)
- Increase support network for persons who are socially excluded (single)
- Increased engagement in mainstream opportunities for this client group
- Support families and carers to maintain relationships by providing meaningful occupation/ respite/promoting independence

The service promotes three of the CCG strategic priorities:

- Improve the equality of health care for Hackney and City of London residents; Aimed at disadvantaged group - severe and enduring mental health/BME. Ensuring people feel supported to manage their condition.
- Ensure our health care system is affordable of high quality and improves patient experience; Service feedback from patients is excellent/service will continue to engage inpatients for excellent value for money and improve patient satisfaction in Hackney.
- Develop integrated out of hospital services to mitigate the increasing cost of hospital based unscheduled care; Structured pathway of service availability is established/ service improves activities offered by NHS and treatment plan leading to reduced use of inpatient care. Avoid crisis admissions and support the crisis pathway of support. NHS (England) Outcomes 2015/16 readmissions within 30 days of discharge.
- Reducing premature death in people with serious mental illness: people with severe mental illness who have received a list of physical checks. Core Arts communicates directly with GP to support any engagement with physical health intervention and as part of the welfare support at Core Arts promotes health and signposts to various health centres & can host projects also. Integrated approach regarding physical health and mental health services and support to engage with life prolonging treatments and support.

Clinically:

Long term conditions and the management of these, specifically increasing the quality of life to those who suffer severe mental illness. Targeted to BAME groups and the high proportion of black males on the hospital wards.

And Nationally support the CCG aims regarding:

Reducing avoidable emergency admissions;
Improving patient experience of hospital services

Core Arts

Volunteer programme

Core Arts has a tried and tested volunteer programme in which there are levels of service engagement, peer support and volunteers that assist tutors to plan and run sessions, become trained tutors (PTTLS) and deliver workshops. Core Arts also facilitates volunteering as peer leaders, such as running the core council or leading the weekly tours. Volunteers can choose to get expenses or they can access more workshops for their invested time (time bank) Core Arts also promotes management opportunities and 60% of the trustee board are current or ex members of Core Arts. Through the experience of responsibilities, job profiles and expectations (including the code of respect) patients are able to use their experiences to apply for further opportunities and develop CV's alongside their ability and confidence. Core Arts workforce and staffing relies upon peer membership and supportive members to engage new members, and promote and inspire recovery and ability. Members progress to qualifications, such as access courses, masters, NVQ's, external volunteering and employment which greatly enhance a persons' well-being, quality of life and contribution to society. Core Arts is open in the evening two days a week, and offers those who are in work or have commitments elsewhere to be able to continue to engage to enhance their well-being.

Core Arts users are not obliged to use the service, the service is available to those who choose it as part of their treatment/self-management; many case studies provide insight into the impact of the service on individuals who manage their mental health.

Service users progress through further education in mainstream settings and discharge from secondary care services (to GP support) and many volunteer within the service to support the recovery of others or gain skills in which they teach others (peer support).

REVIEW OF ACTIVITIES AND PERFORMANCE

INTRODUCTION:

Core Arts is a Leading Mental Health Day Care Service

- Core Arts has 29 years experience in providing best practice and best value in Mental Health Creative Day Care in London.
- Based in Hackney it promotes positive mental health and wellbeing through creative learning.
- Providing quality education, training, Employment and social enterprise initiatives enabling people who experience mental health issues to overcome barriers, fulfill their potential and participate fully in their community.
- Our mission is to support and promote recovery, social inclusion and mental wellbeing through the arts and enhance service user experience.

Core Arts

Core Arts offer a fully equipped and staffed Creative Day Service

- Offering access to 85 creative classes a week under four departments: Arts, Music, Multimedia, Horticulture and Sport.
- Open studios and resources to work on self-directed projects. 3 bookable studios, 4 exhibition spaces, 2 art studios & an ICT Suite.
- 45 professional PGCE/PTTLS equivalent, established and practicing tutors offering excellent education and inspiration in the creative arts. Effective individual guidance and support in personalised progression and skills development.
- 17 staff on PAYE and 52 self-employed tutors working the equivalent.
- 120 creative volunteers per week, working as tutors assistants per week offering 1:1 individual support and guidance.
- Individual assessment of referral and Creative Work Plan goal-setting with achievable objectives to promote success and provide personalised service tailored to the individuals needs and aims.

Progression Pathways

- Opportunities for clients to progress to public performances, exhibitions, publishing, further education, volunteering, work experience opportunities and employment.
- Placements in our award winning innovative Social Enterprises:
 - Core Landscapes (Horticulture company)
 - Core Design (Graphic Design company)
- Opportunities to volunteer, develop existing skills and experience work like activity and training; including contributing to the running of Core Arts through the members Involvement Scheme and Core Council.

Community Events and Social Inclusion

- Core Arts offers an internal and external events program with over 55 events a year, giving members opportunities to exhibit, perform and socialise in a safe space.
- The hall has a 300 capacity, with a fully equipped stage run by technical staff, special guest artists and bands and a fully licensed bar.
- Partnerships and networking opportunities offered regularly to clients with creative institutions across London, the UK and abroad.

Outcomes

- Service users are supported to gain education, training, volunteering and/or other experience and qualifications through increased opportunities including those in mainstream settings which enable them to acquire or enhance their skills, gain or re-gain employment and/or become involved in other meaningful and socially inclusive activities
- Improved communication and social skills, self-confidence and motivation, and reduced sense of social isolation
- Reduction in admission and re-admission to in-patient services for users of this project
- Diversion from criminal justice system for service users, particularly those with forensic histories.

Core Arts

Core Arts is open all year for referrals for over 18's experiencing and managing severe and enduring mental health issues

- Refer your clients to Core Arts to access creative education that will improve their opportunities, promote their well-being, give structure to their day and prevent isolation.
- Safe and enabling environment which promotes positive mental health, choice and greater independence
- Open communication with wards, providing feedback and joint working to sustain membership.

OUR REFERRAL PROCESS

How to Refer to Our Service

The service currently works in partnership with the ELFT and the CCG, specifically the Occupational Therapy (OT) departments at the Homerton Centre for Mental Health (inpatients) and discharge planning including CPA as well as the specialist community mental health teams in the borough (AOS/ R&R/ EQUIP) and locality teams. Core Arts is also a subcontracted partner of the City and Hackney Wellbeing Network, a service aimed at persons who have experienced moderate to severe mental health issues and which to access support services to support their wellbeing and recovery. Core Arts has established new referral routes through this pathway alongside a new programme geared towards sports and health achievements. These new contracts have engaged the primary care support teams, such as GP's and therapy departments referring to Core Arts.

Eligibility for membership of Core Arts is the following

CCG/Recovery Alliance Hackney:

Persons with severe and enduring mental health issues and are currently engaging with clinical mental health care team, inpatient, CPA or S.117 due to high support needs (NHS referral necessary)

Persons looking for meaningful activity, social inclusion, structure, routine and development opportunities (risk management and support package)

Hackney Mental Health Network:

Persons with mild to severe mental health issues, outpatients or persons who manage their mental health via their GP, medication or therapy. May have a history of mental health and previous contact with services.

Persons looking to engage with time-bound skill development courses, which encourage goal setting, increased self-esteem, personal development through the participation of creative activities. As a member you will have access to a variety of sessions and workshops run by professional tutors, with experience of the creative industries

Sports Programme

Persons with mild to severe and enduring mental health issues wishing to participate in health and sports activities which are inclusive and suitable to a range of abilities (GP referral required)

Core Arts

Personalisation and Personal Budgets

Core Arts encourages self-referrals, we will contact agencies on behalf of an individual to support the referral, to ensure multi-disciplinary support planning for Core Arts membership and duty of care for the individual if there are concerns regarding health or welfare.

The three Membership Managers are the first point of contact for referrers, clients and existing members;

- Assessment of suitability for the service, current artistic skills and any support needs upon referral to the service.
- Thorough induction, and creative goal setting, including objectives for managing any identified needs.
- Recovery, strengths and solution focused support through 1:1 support sessions
- Initial and ongoing partnership working with support services involving the member, as required such as CPA feedback, assertive preventative planning, and signposting to relevant agencies.
- Creative Personal Development; evidence progression and achievements through creative work plans.
- Progression: encourage and facilitate further development such as volunteering, member involvement scheme or courses and work training

PROGRESSION TOWARDS MEETING OUR STRATEGIC OBJECTIVES

OBJECTIVE 1

➤ To challenge negative stereotypes and the stigma facing people with mental health problems by the promotion of their positive attributes and strengths

External

Our remit is to provide opportunities for all our members and ex members to reintegrate back into society and showcase their creative talents.

Partnerships have ranged from:

- International partners with Bavaria www.bezirkskliniken-schwaben.de,
- Research partners with New Philanthropy Capital.
- Partnership with Trusts and Foundations: Tudor Trust , City Bridge Trust , , Lloyds Foundation, Act Foundation , Taurus Trust, AKO foundation.
- Horticulture Partners: Capital Growth, Groundwork, Transport for London, Balfour Beatty, Serco, Bouyers, East London Business Alliance (ELBA) Deutsche bank, Barclays Wealth,
- Educational Partners from The Learning Trust, East London University, St Marys University College, Queen Marys university London, LSE.
- Local partners such as Whitechapel Gallery, The Freud Museum, Willian Morris Museum, Hackney Museum, East London Business alliance, Mind, HCVS, HVC, Chats Palace, Hackney College, Cycling Club Hackney, The Sovereign, Libraries, bookshops and local venues.
- Music and art Exhibitions at the British Museum, Wellcome Collection, Tate Exchange, Science Museum Medicine galleries.
- Poetry readings and book sales at bookshops across London and selling on Amazon.
- Partnership with media organisations: BBC, Channel 4, The Community Channel, Rethink, LBC all made videos, radio.

OBJECTIVE 2

➤ To develop the artistic and creative potential of our service users and increase their access to the benefits of the arts.

Non Remit Clients

• 15% discretion is applied by Core Arts for persons who display a high level of skill or added value who's presence at the centre is beneficial to service user experience and the organisation (role model for new members/peer support element). This percentage/allowance also includes a small number of persons who may otherwise fall through the gap, as they are unconventional or find it difficult to conform/express themselves and are considered socially isolated, excluded and vulnerable by the health services, ie their GP.

OBJECTIVE 3

➤ To expand and develop Social Firms and Social Enterprises in order to

- 1 Increase service users' confidence and self-esteem through their engagement with a practical working enterprise
- 2 To increase the service users' employability
- 3 To generate income for Core Arts to enable the organisation achieve its charitable aims and objectives

Associated social enterprises and social firms continue to be actively encouraged by Core Arts with the following objectives in mind:

- To provide members with a bridge to the outside world.
It can be hard for members who have lost confidence through mental health issues to launch back into the community. The experience of building and working for a social business in a supportive environment can be an excellent way to start to gain self-esteem and experience.
- To challenge prejudice.
Challenging prejudice about mental health issues is central to the ethos of Core Arts. The development of successful social businesses by Core Arts members contributes to this mission.
- To encourage ownership and responsibility.
Part of the road to recovery for those who suffer from mental health issues is to take responsibility and to feel involved in something where individual contributions count. Associated small businesses can provide exactly this, with members being encouraged to pursue their ideas with the support of Core Arts.
- Maintaining focus on the central work of Core Arts.
Core Arts is committed to providing creative activities and structured support programmes to help its members. Associated social businesses are created as legally and financially autonomous organisations. Core Arts will therefore be protected from any risk of these ventures. Also the time devoted by Core Arts in supporting these ventures is limited and appropriately managed.

Core Arts

- To gain income for Core Arts.
In some (but not all) cases, associated businesses can provide income for Core Arts. Also, the existence of some of these associated businesses will help publicise the work of Core Arts, making the task of fundraising easier.

1. Core Landscapes <http://www.core-landscapes.co.uk>

Established in 2006: Core Landscapes is a Social Enterprise owned by Core Arts. We provide professional garden design for private gardens and public spaces, landscape design, landscaping, maintenance and project management services. From 2010 we have been running a commercial nursery in East London. We are committed, wherever it is appropriate, to providing training and meaningful work experience to people who have mental health issues. Profits go back to Core Arts.

The aims of the project are to:

- Promote mental health for all by empowering individuals and communities to improve their environment.
- Combat discrimination against individuals and groups with mental health problems, and promote their social inclusion.
- Offer a care package that will include training, meaningful work experience and volunteering opportunities. This approach will help to address the social isolation of individuals with severe mental health issues by helping to improve social skills and social networks.
- Involve service users in the service planning process of their environment.
- Develop and evaluate occupational activities which maximise social participation, enhance self-esteem and promote exercise and healthy living.
- Develop research tools with service users to assess how the environment of their services can best meet their needs.

The business aims of the project are to:

- Gain professional experience in running a horticultural training and maintenance project at the highest standard.
- Provide Core Arts with show piece gardens to obtain further contracts in neighbouring boroughs and community spaces in central London.
- Have a satisfied influential customer, who will provide good references.
- Make a profit for Core Arts and act as a trading and employment arm for the charity.

Recent Developments:

- New Partnership with the Canals and Riverside Trust.

Core Arts

Project Partners for Core Landscape project:

•Tower Hamlets, Barts NHS Trust and Newham Council, GLA, Groundwork and Ecominds and London Catalyst has provided us with funds to support a volunteer and work training project on this site for the next two years we have over 16 professional partners in this project that work alongside our members and the community volunteers and groups including Fabric, Deutsche bank, Barclays Wealth, ELBA, LBH Newham regeneration Teams and Guibes developers. Canning Town and Custom House Regeneration team: Sarah Braithwaite and Sam Clark, Living Places: Anita Nadkarni Fabric Architects, University of East London (UEL) London Borough of Newham Council:, Arts and Leisure, Community Leaders and Engagement, Parks, Groundwork, East London Business Alliance (ELBA), Capital Growth, Community Payback, Parkside Gardening, Canals and Riverside Trust.

2. Core Design

Based at Core Arts www.coredesignlondon.co.uk

- Established in 1999: This social enterprise exists to provide excellent graphic design services, for example brochures, flyers, posters, logos, websites and annual reports. Core Design attracts many repeat jobs from satisfied clients and, in a highly competitive industry, turning in a good profit is an excellent result.
- Where possible and reasonable, Core Design aims to provide members of Core Arts with work experience. Members of Core Arts are paid for their artwork, photography and for reviewing documentation. Core Design also provides graphic design work for Core Arts at cost. Core Design supports the mission of Core Arts by raising awareness of the centre's work through its clients, and thereby improving Core's links with other organisations..

OBJECTIVE 4

- To expand the strategic and operational management capacity to ensure that the organisation is fit for purpose.
- We have continued to be competitive and innovative in these challenging times for community social health and wellbeing services. This is partly reflected in the increase in referrals from across London, from boroughs where they have no comparable service. Currently 16 boroughs refer. We also believe that our flexible approach to each members application and the bespoke funding package they bring, increasingly makes us an attractive service for support workers and case managers, who are themselves still learning how to best to promote and support personal budgets in mental health.

Core Arts

As this success in attracting membership has currently been built on word of mouth we have decided to invest, over the coming years, in promoting our service to potential membership from across the neighbouring boroughs. Not only do we know there is a demand for what we offer but there is also the mechanisms for gaining access to Personal Budgets to buy the service.

- Continued Professional Development is integral and embedded in all our Trustees, staff and volunteer support. We continue to develop our staff skills both internally and externally through appropriate training and peer mentoring.
- The senior management team has been preparing the organization for tender readiness and will continue review and refine policies and procedures to ensure no opportunity is missed.
- Our volunteers program numbers over 150 yearly. These are externally recruited, qualified creative professionals offering their skills and experience free to support our service delivery, enhancing and expanding our clients opportunities and learning in the creative fields.

CORE ARTS
STATEMENT OF FINANCIAL ACTIVITIES (Incorporating Income and Expenditure)
FOR THE YEAR ENDED 31 MARCH 2021

	Restricted Funds £	Unrestricted Funds £	Designated Funds £	Total 2021 £	Total 2020 £
Incoming Resources					
Donations	0	2,656	0	2,656	8,660
Grants - Other	209,554	55,000	0	264,554	132,309
Investment Income	0	96	0	96	190
	209,554	57,752	0	267,306	141,159
Earned Income - Contracts	261,817	507,359	0	769,176	786,997
Earned Income - Others	0	4,915	0	4,915	20,292
Total Incoming Resources	471,371	570,026	0	1,041,397	948,448
Resources Expended					
Direct Charitable Expenditure	457,291	390,344	0	847,635	908,028
Fundraising & Publicity Costs	0	15,109	0	15,109	15,363
Total Resources Expended	457,291	405,453	0	862,744	923,391
Net Income/(Expenditure) for year	14,080	164,573	0	178,653	25,057
Movement on Revaluations Reserves	0	-38,158	0	-38,158	701,842
Funds Brought Forward	280,000	1,664,529	210,000	2,154,529	1,427,630
Funds Carried Forward	294,080	1,790,944	210,000	2,295,024	2,154,529

**CORE ARTT
BALANCE SHEET
AS AT 31 MARCH 2021**

	£	2021 £	£	2020 £
Fixed Assets				
Tangible assets		2,293,456		2,351,362
Investments		<u>5</u>		<u>5</u>
		<u>2,293,461</u>		<u>2,351,367</u>
Current Assets				
Debtors	427,378		269,909	
Cash at Bank and in Hand	<u>471,083</u>		<u>419,504</u>	
	898,461		689,413	
Creditors: Amounts Falling Due Within One Year	<u>117,455</u>		<u>106,809</u>	
Net Current Assets		781,006		582,604
Total Assets Less Current Liabilities		<u>3,074,466</u>		<u>2,933,971</u>
Creditors: Amounts falling due Over One Year		779,443		779,442
Net Assets		<u><u>2,295,024</u></u>		<u><u>2,154,529</u></u>
Funds				
Restricted Funds		294,080		280,000
Unrestricted Funds		1,790,944		1,664,529
Designated Funds		<u>210,000</u>		<u>210,000</u>
Total Funds		<u><u>2,295,024</u></u>		<u><u>2,154,529</u></u>
Director			0	