

WOKINGHAM AND WEST BERKSHIRE MENTAL HEALTH ASSOCIATION

England & Wales · Charity number 1043426

Details

Other names	WOKINGHAM AND WEST BERKSHIRE MIND, WOKINGHAM CRISIS HOUSE
Status	Registered
Legal form	Other
Registered	1995-01-17
Register	View on the Charity Commission register

Contact

Address Wokingham And West Berkshire Mental Health Association Crisis House
Station Approach
Wokingham
Berkshire
RG40 2AP

Phone 01189792620

Email pamjenkinson@wokinghammentalhealth.org.uk

Website www.wokinghammentalhealth.org.uk

Activities

Objects: TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT IN ASSOCIATION WITH MIND IN ACCORDANCE WITH THE AIMS AND OBJECTS OF MIND

Activities: Support for mentally ill people and their carers through the provision of a drop in centre, crisis support, advice and information, befriending, and a holiday/respice caravan.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** IN PRACTICE WOKINGHAM AND DISTRICT
- Wokingham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£35,380	£15,288	-	-
2024-03-31	£45,421	£25,658	-	-
2023-03-31	£41,803	£13,472	-	-
2022-03-31	£40,100	£9,600	-	-
2021-03-31	£50,716	£17,265	-	-

Trustees

Name	Role	Appointed
PAM JENKINSON	Chair	
David King		2020-03-14
MARC SACAREAU		
MR PHIL GREEN		
Paul Anthony Maguire		2020-03-14

WOKINGHAM AND WEST BERKSHIRE MENTAL HEALTH ASSOCIATION

England & Wales - Charity number 1043426

Accounts

Annual Report: 1st January 2025 – 31st December 2025.

I am happy to report on an excellent year, for the Wokingham and West Berkshire Mental Health Association.

Drop-In Centre.

The Drop-In Centre was very well used throughout the year – with attendance numbers, and those supported, reaching a total of one thousand, six hundred, and seventy seven. In the latter part of the year, we have provided ‘warm places’ for service users who, due to limited income, cannot afford high heating bills. Our beautiful, warm rooms, have proved ideal for this purpose, and we are particularly grateful to the Berkshire Community Foundation for making us a donation of one thousand, five hundred pounds – to help with the winter fuel bills.

Crisis Intervention, Information, and Advocacy.

This service continued successfully, throughout the year. A lot of our work involves filling in forms for service users – to ensure that they continue to receive disability benefits. Frequently, people are unaware of their entitlements, so we are able to provide them with the necessary information and advocacy. We are very conscious of the fact that filling in pages and pages of forms, can be very daunting, for a mentally ill person – striving to cope with it all, alone, so we are very happy to provide this service for them. Throughout the year, we have conducted a number of Personal Independence Payment Appeals – either requesting, successfully, Mandatory Reconsideration, or, in one current case, taking it to the Appeal Court. We have also provided advocacy for people with Housing issues.

Befriending.

This service continued, successfully, throughout the year, and we have also been successful in expanding this service – attracting two, new, excellent befrienders.

Station House.

Throughout 2025, in the absence of grants, we have carried out, ourselves, necessary repairs and improvements to Station House – with our volunteers giving their time and skills, for free. Built in 1849, Station House is so old, that its upkeep and repairs have to go on all the time – not that we are complaining. Old and decrepit, to outsiders, it is the perfect retro sanctuary for Wokingham’s mentally ill people – and also occupies the perfect location for a mental health Centre – within minutes of all public transport – right in the middle of everything, and yet nowhere near anybody. Just what the doctor ordered!

Finances.

We have done well, with very generous donations, throughout the year. During the year, we have received a generous donation of £50.00 from the Wokingham Society of Friends, the Quakers. Very valuable to us, because they ensure predictable income, are the regular donations which members place, monthly, into our Bank Account. Throughout 2025, these reached a total of £1,572.00. Not to be forgotten, are gifts in kind – such as coffee, tea, and biscuits, cakes, lemonade, and coca cola, and even more pictures to add to the eight hundred that decorate the walls of the crisis house. One thing that you CAN’T do here, is to sit looking at a bare wall! In addition, are the generous amounts of money that service users put into the Centre’s Collection Box. We average a collection of around £20.00, per week, in the box – so this provides us with additional income of £1,040.00. The total of these monies covers about a third of our annual running costs, so we need to be successful with grant applications throughout 2026.

Supporting Individuals.

Good finances enable us to support individuals in private treatment and psychoanalysis – where we think that this can benefit them. We have agreed to pay for this for one of our members who is suffering from Post Traumatic Stress Disorder as a result of her son's recent suicide. She continued with this treatment in 2025. We also support individuals in a practical way. As well as continuing to pay for one of our disabled service users to get to us by taxi, we are now paying for him to have, regular podiatry, at home. His walking has improved greatly as a result of the regular treatment and care.

Obituaries.

It is sad to record that in January 2025, our recently recruited volunteer, Paul Glover, died suddenly, from a heart attack. This was particularly sad, since we had helped him to set himself up in retirement – which we predicted as being long and happy. Our members attended his funeral and wake – both being attended by large numbers of people who appreciated all that he had contributed to the local community.

Christmas.

Our 2025 Christmas Party was a great success, and, strictly speaking, we didn't close for Christmas, at all. The party was held on 23rd December. I advised our, isolated, mentally ill members, to spend 24th, Christmas Eve, going around the shops to pick up some last minute bargains. In 2025, Christmas Eve fell on a Wednesday, and Christmas Day on a Thursday – which are not opening days for our drop-in centre. We re-opened on 26th, Boxing Day, and thus kept the isolation of the mentally ill, at this nightmare time, to a minimum.

Vote of Thanks.

I wish to record thanks to all those who have supported us – either, financially, or as volunteers, in carrying out our invaluable work for mental health, throughout Wokingham and West Berkshire – during the year 2025.

Pam Jenkinson, Association President.
31st December 2025.

Wokingham & West Berkshire Mental Health Associat

Income and Expenditure Account
for the period 1st April 2024 to 31 March 2025

Income

Brought Forward

Donations

Loan

Total Income

Expenditure

Professional Cleaning

Daily & Household Expenses

Public Liability Insurance

Television

Electricity

Fire Safety

Telephone/Internet

Water Rates

Business Rates & Rent

Repairs

Psychotherapy

Welfare

Total Expenditure

Income over expenditure

Bank Accounts as at 31st March 2025

ion

£19,762.20
£12,333.74
£3,285.00
£35,380.94

£1,404.00
£4,028.97
£1,821.06
£165.00
£1,281.68
£973.56
£579.87
£328.36
£1,896.35
£1,700.00
£390.00
£720.00
£15,288.85

£20,092.09

£20,092.09

1, Arlington Close,
Bracknell,
Berks.
RG42 1YF
6 April, 2025

To Whom It May Concern:

I have examined the Accounts of The Wokingham & West Berkshire Mental Health Association for the period 1st April, 2024 to 31st March, 2025.

I confirm that this is an accurate statement of the Association's income and expenditure for this period.

Dennis M. Jenkinson

WOKINGHAM AND WEST BERKSHIRE MENTAL HEALTH ASSOCIATION

England & Wales - Charity number 1043426

Accounts

Annual Report: 1st January 2024 – 31st December 2024.

I am happy to report on an excellent year, for the Wokingham and West Berkshire Mental Health Association.

Drop-In Centre.

The Drop-In Centre was very well used throughout the year – with attendance numbers, and those supported, reaching a total of one thousand, eight hundred, and one. In the latter part of the year, we have provided ‘warm places’ for service users who, due to limited income, cannot afford high heating bills. Our beautiful, warm rooms, have proved ideal for this purpose.

Crisis Intervention, Information, and Advocacy.

This service continued successfully, throughout the year. A lot of our work involves filling in forms for service users – to ensure that they continue to receive disability benefits. Frequently, people are unaware of their entitlements, so we are able to provide them with the necessary information and advocacy. We are very conscious of the fact that filling in pages and pages of forms, can be very daunting, for a mentally ill person – striving to cope with it all, alone, so we are very happy to provide this service for them.

Befriending.

This service also continued, successfully, throughout the year, and we have also been successful in expanding this service.

Station House.

Throughout 2024, we have carried out a large number of repairs and improvements to Station House. Due to the generosity of one of our long-term volunteers, we were able to pay for repairs to a collapsed ceiling, and thus, necessary, redecoration, of our Counselling Room. This was a donation of £1,700.00. We also received a generous donation of £1000.00 from The Berkshire Masons Charitable fund – to pay for essential repairs to a roof and wall, and to complete damp-proofing. Built in 1849, Station House is so old, that its upkeep and repairs have to go on all the time – not that we are complaining. Old and decrepit, to outsiders, it is the perfect retro sanctuary for Wokingham’s mentally ill people – and also occupies the perfect location for a mental health Centre – within minutes of all public transport – right in the middle of everything, and yet nowhere near anybody. Just what the doctor ordered!

Finances.

We have done well, with very generous donations, throughout the year. In addition to those already mentioned, we have received two donations of £2,500.00 each, from the Berkshire Community Foundation. Unlike many Funding Bodies, the Foundation will help fund daily running costs – such as electricity, Business Rates, and Public Liability Insurance bills. These are crippling, but we still have to find the money to keep our services going, so we are most grateful to Funders who will support general costs. We are equally grateful to Wokingham Town Council, who, in 2024, made us a most generous donation of £4,000.00. During the year, we have also received a generous donation of £117.50 from the Wokingham Society of Friends, the Quakers. We are equally grateful for a number of other, small, but nevertheless, very useful donations – both in money, and in kind. These have included individual donations of £180.00, £134.24, and £50.00. Very valuable to us, because they ensure predictable income, are the regular donations which members place, monthly, into our Bank Account. Throughout 2024, these reached a total of £1,122.00. Not to be forgotten, are gifts in kind – such as coffee, tea, and biscuits, and also the generous amounts of money that service users put into the Centre’s Collection Box. In December 2024, we also received a full box of money collected by the mother of one of our volunteers – by placing it in her Business Premises.

Supporting Individuals.

Good finances enable us to support individuals in private treatment and psychoanalysis – where we think that this can benefit them. We have agreed to pay for this for one of our members who is suffering from Post Traumatic Stress Disorder as a result of her son's recent suicide. She commences the treatment in January 2025. We also support individuals in a practical way. As well as continuing to pay, for part of the year, for one of our disabled service users to get to us by taxi, we are now paying for him to have, regular podiatry, at home. His walking has improved greatly as a result of the regular treatment and care.

Obituaries.

It is sad to record that in 2024, Philip Grimsdell died, in tragic circumstances. We have been supporting his long-term befriender, Johnnie Hoggett. His funeral is to be held at the Caversham Crematorium, on 20th January 2025, and supporting Johnnie, and representing our Association, will be our befriender, Paul Little.

Publication of Book.

I have decided to entitle my latest book – ‘The Diamond in the Coal Bucket’ – ‘The Forty Year History of The Wokingham Crisis House.’ Long may we continue to sparkle! By 7th March 2027, we will have been running services at Station House for exactly forty years – Deo Volente! On 7th March 1987, I started the Mental Health Association in Wokingham, and our first meeting, on that day, was in Station House, so, strictly speaking, the history of the Crisis House started then – even though we didn't take the building over until March 1991.

Christmas.

Our 2024 Christmas Party was a great success. It is quite true that, at Christmas, we still receive grateful cards, from people who used our services more than twenty years ago, and, as a result of our support, turned their lives around, and are flourishing to this day! For instance, we always receive a Christmas card from a former heroin addict who stayed in the crisis house from February 2004 to January 2006. Our service enabled her to come off drugs and to re-establish her life – so decades later, she remains grateful.

Vote of Thanks.

I wish to record thanks to all those who have supported us – either, financially, or as volunteers, in carrying out our invaluable work for mental health, throughout Wokingham and West Berkshire – during the year 2024.

Pam Jenkinson, Association President.
31st December 2024.

Wokingham & West Berkshire Mental Health Association

Income and Expenditure Account

for the period 1st April 2023 to 31 March 2024

Income

Brought Forward

Donations

Loan

Total Income

Expenditure

Professional Cleaning

Daily & Household Expenses

Public Liability Insurance

Television

Electricity

Fire Safety

Telephone/Internet

Water Rates

Business Rates & Rent

Repairs

Psychotherapy

Welfare

Total Expenditure

Income over expenditure

Bank Accounts as at 31st March 2024

£28,331.56

£10,339.48

£6,750.00

£45,421.04

£1,296.00

£6,781.61

£2,217.90

£158.22

£1,616.73

£720.38

£564.99

£270.42

£1,799.09

£7,270.50

£1,525.00

£1,438.00

£25,658.84

£19,762.20

£19,762.20

1, Arlington Close,
Bracknell,
Berks.
RG42 1YF
1 June, 2024

To Whom It May Concern:

I have examined the Accounts of The Wokingham & West Berkshire Mental Health Association for the period 1st April, 2023 to 31st March, 2024.

I confirm that this is an accurate statement of the Association's income and expenditure for this period.

Dennis M. Jenkinson

WOKINGHAM AND WEST BERKSHIRE MENTAL HEALTH ASSOCIATION

England & Wales - Charity number 1043426

Accounts

Annual Report: 1st January 2023 – 31st December 2023.

I am happy to report on an excellent year, for the Wokingham and West Berkshire Mental Health Association.

Drop-In Centre.

The Drop-In Centre was very well used throughout the year – with attendance numbers, and those supported, reaching a total of one thousand, four hundred, and forty. In the latter part of the year, we have provided ‘warm places’ for service users who, due to limited income, cannot afford high heating bills. Our beautiful, warm rooms, have proved ideal for this purpose.

Crisis Intervention, Information, and Advocacy.

This service continued successfully, throughout the year. A lot of our work involves filling in forms for service users – to ensure that they continue to receive disability benefits. Frequently, people are unaware of their entitlements, so we are able to provide them with the necessary information and advocacy.

Befriending.

This service also continued, successfully, throughout the year, and we have also been successful in expanding this service.

Station House.

Throughout 2023, we have carried out a large number of repairs and improvements to Station House – both internally and externally. We have repaired the roof and ceiling of the ladies’ toilet, and damp-proofed, redecorated, and refurbished, both toilets. We have dealt with both minor, and major repairs. We fixed a leaking tap, and we are still in the process of damp-proofing, redecorating, and refurbishing, the downstairs passage area. Our original plan was to re-plaster, but all agree that the exposed brickwork looks so wonderful, and so much in keeping with the character of the house, that we are leaving it as it now is. Now people want the Victorian fire-places, currently boarded up, exposed as well! Taking advantage of the summer weather, we have carried out external repairs to windows, and redecorated extensively. We have also tamed the plants, growing on, and around, the building, and thus freed up a patio space, so that, in good weather, our service users can sit in the fresh air – this being conducive to their mental health. We have generally tidied up – by removing redundant external telephone wiring, and we have re-lagged an external water pipe – its previous lagging having disintegrated. An impressive record, but there is plenty more, still to accomplish, in 2024!

Finances.

We have done well, with very generous donations, throughout the year. In April, we received a donation of five thousand pounds from the Berkshire Community Foundation, and in December, a second donation from this, most generous, Funder, of two thousand and five hundred pounds – to help with the increases in bills during the Winter period. During the year, we have also received generous donations from the Wokingham Society of Friends, the Quakers, and we were also the recipient of four hundred and ten pounds – from a local Funeral Collection. We are equally grateful for a number of other, smaller, but nevertheless, very useful donations – both in money, and in kind. Very valuable to us, because they ensure predictable income, are the regular donations which members place, monthly, into our Bank Account. I am, nevertheless, working hard in making a number of applications to Funding Bodies, and, as a result of our application to Wokingham Town Council, we are to receive four thousand pounds at the beginning of the financial year 2024. I should mention here, the valuable work undertaken by our trustee, David King. He has approached several Funding Bodies on our behalf, and achieved success.

Supporting Individuals.

Good finances enable us to support individuals in private treatment and psychoanalysis – where we think that this can benefit them. One such member has now completed one year of therapy at the prestigious Cardinal Clinic. As a result he has made excellent progress. The psychotherapist has equipped him with exercises, with which he can continue, in order to sustain good mental health, and the Consultant Psychiatrist has arranged to see him for a follow-up appointment in April 2024 – to ensure that such progress is being maintained. We also support individuals in a practical way. We are currently paying for taxis to get one of our members to the drop-in centre. Due to cerebral palsy, his ability to walk has deteriorated, seriously. I think that he should qualify both for the Enhanced Rate for Mobility, and the Enhanced Rate for Care – with Personal Independence Payment. So I am applying for increases on his behalf – but I have assured him that we will continue to pay for the taxis until he is in receipt of the higher rates of Benefit.

Obituaries.

It is sad to record that in 2023, Richard Grimsdell, father of our member, Philip, passed away. We have been supporting Philip, and it is particularly sad, since his mother, Denise, had also, passed away in December 2020. Our Befriender, John Hoggett, is supporting Philip in his bereavement. Long-term service user, Malcolm Chalk, also passed away in 2023 – after a prolonged battle with ill health. He decided to make a generous donation to the crisis house - a few months before his death – rather than leaving us the money in his Will. We comforted and supported, Graham, Malcolm’s partner of forty-two years – who also acted as his excellent carer, during his final months. Sally Manson’s mother, Shirley, finally lost her battle with dementia, in April 2023. Shirley, together with Sally, was one of our longest-standing members – joining us right at the beginning, in 1987. We comforted Sally in her bereavement. It is also sad to record, that Rosemary Moore, a long-term supporter of the crisis house, has now lost all three of her siblings, and is very much alone. Jeanette, Rosemary’s sister – whom we knew personally - had been suffering from dementia, and died, just recently; her brother, Michael, died earlier in the year, shortly after Robert, her brother who had suffered from chronic schizophrenia, and for whom Rosemary was long-term carer, also died. Victoria, friend of our trustee, Paul, also died in 2023. We met her only a couple of times, and hoped that she would join our ranks, but it was not to be. This was, nevertheless, a sad time for Paul – who has benefited from our support. Finally, Daniela Pani, committed suicide in June 2023. We had known Daniela for decades, and she had made several suicide attempts, but it was still sad, and a shock, to learn of her premature death.

New Trustees

I am always very keen to see that, as well as having established trustees, we recruit new people, who are working with us currently. In 2023, we have been successful in recruiting two new, excellent, trustees.

Publication of Book.

I have decided to entitle my latest book – ‘The Diamond in the Coal Bucket’ – ‘The Forty Year History of The Wokingham Crisis House.’ Long may we continue to sparkle! By 7th March 2027, we will have been running services at Station House for exactly forty years – Deo Volente! On 7th March 1987, I started the Mental Health Association in Wokingham, and our first meeting, on that day, was in Station House, so, strictly speaking, the history of the Crisis House started then – even though we didn’t take the building over until March 1991.

President and Patron.

Lady Elizabeth Godsall is continuing as our President, and Patron, and is keen to see us continue, so I have, this year, supplied one of our new trustees with keys to the Crisis House, so that the service can continue to run, in my absence, if necessary. It always makes sense to have contingency plans in place, since everything is always ‘Deo Volente’!

Christmas.

Our 2023 Christmas Party was a great success. I was so pleased to read in a Christmas Card message from a former crisis house visitor, this statement - 'The Wokingham Crisis House is the diamond in the coal bucket that is the country's mental health service.' As I have explained, I am thus making the title of my forty year history, which I am currently in the process of writing - 'The Diamond in the Coal Bucket' - The Forty Year History of The Wokingham Crisis House. It is quite true that, at Christmas, we still receive grateful cards, from people who used our services more than twenty years ago, and, as a result of our support, turned their lives around, and are flourishing to this day! The value of our service can be summed up in the experience of one of our early service users. He was nineteen years old, and had lost his job, his girlfriend, and his lodgings - all in the space of a couple of days. He was standing on a bridge in Bracknell - about to jump to his death - when a member of the public grabbed him by the scruff of the neck, and frog-marched him around to the Samaritans. The Samaritans contacted me, and we took him to the crisis house. When he left us, some weeks later, he had a new job, a new girlfriend, and new lodgings - so he had no further need to commit suicide! Enough said! We need more crisis houses!

Vote of Thanks.

I wish to record thanks to all those who have supported us - either, financially, or as volunteers, in carrying out our invaluable work for mental health, throughout Wokingham and West Berkshire - during the year 2023.

Pam Jenkinson, Association President.
31st December 2023.

Wokingham & West Berkshire Mental Health Association

Income and Expenditure Account

for the period 1st April 2022 to 31 March 2023

Income

Brought Forward

Donations

Total Income

Expenditure

Professional Cleaning

Daily & Household Expenses

Public Liability Insurance

Television

Electricity

Fire Safety

Telephone/Internet

Water Rates

Business Rates & Rent

Repairs

Psychotherapy

Total Expenditure

Income over expenditure

Bank Accounts as at 31st March 2023

£30,500.34
£11,303.57

£41,803.91

£1,296.00
£3,562.88
£2,076.02
£159.00
£1,510.11
£160.49
£605.54
£175.70
£1,713.40
£253.21
£1,960.00

£13,472.35

£28,331.56

£28,331.56

1, Arlington Close,
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6 April, 2023

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Dennis M. Jenkinson

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England & Wales - Charity number 1043426

Accounts

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Drop-In Centre.

The Drop-In Centre was very well used throughout the year – with attendance numbers, and those supported, reaching a total of one thousand, four hundred, and four. In the latter part of the year, we have provided ‘warm places’ for service users who, due to limited income, cannot afford high heating bills. Our beautiful, warm rooms, have proved ideal for this purpose.

Crisis Intervention, Information, and Advocacy.

This service continued successfully, throughout the year. I wish to mention, particularly, a recent incident, which illustrates, perfectly, how vital our crisis intervention service is. One of our long-term service users had been deteriorating in health, and this culminated in his experiencing an attack of mania, in the drop-in centre, itself. His doctor had contacted the statutory crisis team – who took hours to arrive. Since there were two from the team, I assumed that, when they left with him, they would take the patient home, and have one stay with him, while the second organised a hospital bed. Fortunately, I telephoned him to see how things were going. They had left him to go home alone, even though he was deranged, and suicidal. This is where our, first class crisis service, kicked in. Our marvellous volunteer, and charity trustee, Paul Maguire, went to the man’s house immediately, and stayed with him, to look after him, for some eight hours, until nine o’clock at night, when they finally arrived to get him into hospital. It was expected that one, at least, would accompany him to hospital, in the taxi, but he was driven there, by a taxi driver, untrained in mental health, alone. The man, now recovered, says that the only quality crisis service that he received, was Paul Maguire’s. Well done, Paul!

Befriending.

This service also continued, successfully, throughout the year. Our long-term befriender, Bev Norman, has now moved to Kent, but keeps in touch, and visits us whenever she is in Wokingham.

Station House.

Throughout 2022, we have stuck to our policy, of carrying out, only essential repairs to Station House, which, nevertheless, continues to serve our purposes well. Lately, we have had to board up a smashed window, and replace a faulty lock. A bigger job, that of repairing the, partially collapsed, roof in the ladies' toilet, and consequent, necessary, redecoration, will have to wait until weather conditions are more suitable.

We are currently awaiting the issuing of a new lease on the crisis house. I am, frequently, asked the question, 'Who owns Station House?' This is the answer. Our charity, because we have paid for them all, owns the following: a small part of the building's front wall, and a large section of its left side wall, its front door, back door, the inner door handle, and all locks throughout the building. We own ten of its thirteen windows, the main lounge floor, the kitchen floor, and floor covering, the passage floor, both toilet and cloakroom floors, the floor, roof, and walls of the side covered area, part of the main building's roof, and part of the side building's roof. We also own, because we have paid for them, our four toilets, four wash basins, and taps, two showers and shower cubicles, ensuite walls, doors, fittings, and lights, three sinks, taps, and draining boards, both of our kitchens' fitted cupboards, drawers, and work surfaces, dish washer, washing machine, tumble drier, freezer, fridge, electric cooker, and two microwaves. We also own, because we have paid for them, the telephone, broadband/internet connection, computer, two televisions, electric meter, cable, two fuse boards, all electric heaters, and radiators, and our fire alarm. Furthermore, we own, because we have paid for them, all household equipment - including crockery, cutlery, cooking utensils, kettles, household linen, all furniture and furnishings - including dozens of chairs, armchairs, sofas, tables, bookshelves, cabinets, standard lamps, mirrors, clocks, a pool table, a darts board, dozens of table games, hundreds of ornaments, pictures and books, all curtains, curtain rails, and carpets, and all wallpaper and paint. Wokingham Borough Council owns what's left!

Finances.

We have done well, with very generous donations, throughout the year. In June, we received a donation of five thousand pounds from the Berkshire Community Foundation, and in August we received a donation of three thousand pounds from Newbury Building Society. Wokingham United Charities have invited us to apply for a grant from them, and we are awaiting the result of this application. Throughout the year, we have also received a regular stream of smaller, but nevertheless, very welcome, donations, and these have helped us to keep our finances healthy.

Supporting Individuals.

Good finances enable us to support individuals in private treatment and psychoanalysis - where we think that this can benefit them. We are currently paying for a depressed man to receive such excellent treatment, at the prestigious Cardinal Clinic, in Windsor. We are confident that, as a result, he will be able to continue in his professional job, and turn his life around, for the better.

Obituaries.

We are supporting our service user, Christopher, who lost both his mother, and his brother, within a short time of each other, in the summer of this year. It is also sad to record the death of Timothy Stratford. He left the Wokingham area in January 2002, but we always kept in touch. Sadly, Anna Felice-Cook passed away in December, after a battle with cancer. Anna did the illustrations for both my books on the history of the crisis house, and I am sorry that she will not be able to illustrate the third one - which I am, currently, compiling.

Publication of Book.

This was published in March 2021, the thirty-year anniversary, of the crisis house, and has continued to attract buyers throughout the year. My latest sale of a copy, was on 23rd December 2022! I am now compiling material for my third, post pandemic, history of the crisis house. This, appropriately, is entitled, 'The Continuing of the Same', and God willing, will be published in March 2026, the thirty-five year history of the crisis house.

President

Lady Elizabeth Godsall has agreed to continue as our President, provided that I am planning for the long-term future of the crisis house, as, indeed, I am. I am not so pessimistic, as many, that there will be no-one to replace me, when I, eventually, retire. Among the many, excellent, volunteers who have served us, over the years, we have included, two chartered accountants, two headmistresses, and the, then, newly retired, managing Director of, the top, engineering company, Racal. A latter day, such volunteer, would fulfil the role, admirably.

Christmas.

Our 2022 Christmas Party was a great success - now, thank God, free of covid restrictions.

Vote of Thanks.

I wish to record thanks to all those who have supported us - either, financially, or as volunteers, carrying out our invaluable work for mental health, throughout Wokingham and West Berkshire - during the year 2022.

Pam Jenkinson, Association President.
31st December 2022.

Wokingham & West Berkshire Mental Health Association

**Income and Expenditure Account
for the period 1st April 2021 to 31 March 2022**

Income

Brought Forward
Donations

Total Income

Expenditure

Professional Cleaning
Daily & Household Expenses
Public Liability Insurance
Television
Electricity
Fire Safety
Telephone/Internet
Water Rates
Business Rates & Rent
Repairs

Total Expenditure

Income over expenditure

Bank Accounts as at 31st March 2022

£33,451.53

£6,653.08

£40,104.61

£1,404.00

£2,104.10

£1,684.60

£158.52

£1,032.18

£314.49

£536.60

£171.38

£1,638.40

£560.00

£9,604.27

£30,500.34


£30,500.34

1, Arlington Close,
Bracknell,
Berks.
RG42 1YF
6 April, 2022

To Whom It May Concern:

I have examined the Accounts of The Wokingham & West Berkshire Mental Health Association for the period 1st April, 2021 to 31st March, 2022.

I confirm that this is an accurate statement of the Association's income and expenditure for this period.


Dennis M. Jenkinson

WOKINGHAM AND WEST BERKSHIRE MENTAL HEALTH ASSOCIATION

England & Wales - Charity number 1043426

Accounts

Annual Report: 1st November 2020 – 31st December 2021.

I am happy to report on an excellent, if somewhat unusual, year, for the Wokingham and West Berkshire Mental Health Association.

Drop-In Centre.

The decision, which we charity trustees, took, in March 2020, to keep the drop-in centre open, as usual, was based on what is now known, in the new jargon, as ‘focused protection’, and we have continued with this policy throughout the year – 2020 – 2021. The very old, and physically vulnerable, must shield, and be supported, by telephone and videolink. For younger, physically healthy, but mentally vulnerable people, the mental health risks of social isolation, outweigh, the physical risks of coronavirus, so the drop-in centre has been kept open for them, and we have formed, what is known in the new jargon, as a ‘bubble’. We have support, for our decision, We have been able to keep all the rules – hand-washing, social distancing, and face coverings, where appropriate, and these have been facilitated, by reduced numbers, attending the drop-in centre. Despite all, from November 2019 to December 2021, attendance at the drop-in centre, and people receiving help, from our services, reached a total of one thousand, six hundred and fifty.

Crisis Intervention, Information, and Advocacy.

This service continued successfully, throughout the year, and is covered, in detail, in our chapter, on Advocacy, in our Thirty Year History – ‘There’s A Place For Us’, which was published in March 2021.

Befriending.

This service also continued, successfully, and is described, in our chapter on Befriending.

Station House.

Throughout 2020 and 2021, we have stuck to our policy, of carrying out, only essential repairs to Station House, which, nevertheless, continues to serve our purposes well. Recently, it has been necessary to complete some rewiring – this being essential for health and safety. We are most grateful to our volunteer, Tony Heyes, for his generous donation of one hundred and seventy-five pounds – to help pay for this work/

Pets as Therapy.

Old Ferris, the cat, passed away in January 2021, and I have delayed bringing new pets to the crisis house until the coronavirus pandemic is over. Our goldfish continue to be a popular feature of the drop-in lounge – with their soothing, and calming, effect.

Finances.

During the coronavirus pandemic, donations have decreased, but we did receive a generous donation of five hundred pounds from the Wokingham Quakers, and a generous donation of three hundred pounds from the Berkshire Masons. Most welcome, is our latest donation of five thousand pounds from the Berkshire Community Foundation. The book's chapter on 'Benefactors' records our thanks to all donors, and we are most grateful for all donations – both large and small.

Obituaries.

We were sorry, this year, to hear that Alex Bryson passed away, in November 2020, after suffering a heart attack. In December 2020, Denise Grimsdell lost the long-fought battle with scleroderma, and, in January 2021, Tony Whitfield passed away – after suffering a heart attack . We sent condolences to their bereaved relatives, and we miss all three – all of whom were long-term members.

Publication of Book.

This was published in March 2021 – the thirty-year anniversary, of the crisis house, and has continued to attract buyers throughout the year.

Christmas.

Due to Covid restrictions, our Christmas parties – both in December 2020, and in 2021, were confined to our little 'bubble', but we still stuck to our traditions of having a Christmas tree, presents, cards, carols, and festive fare. I sent our usual greetings to our Patron, Lady Elizabeth Godsal, to the Wokingham Town Mayor, and to our Member of Parliament – hoping that we will be able to invite them to future gatherings – once the pandemic is over.

Vote of Thanks..

Gratitude and thanks, to all our supporters, are expressed, warmly, throughout the entire book – to which I just add, a Vote of Thanks, for the year, 2020 to 2021.

Pam Jenkinson, Association President.
31st December 2021.

Wokingham & West Berkshire Mental Health Association

Income and Expenditure Account for the period 1st April 2020 to 31 March 2021

Income

Brought Forward	£45,475.31
Fund-raising & Donations	£5,241.26
Total Income	£50,716.57

Expenditure

Professional Cleaning	£1,296.00	
Household Expenses	£1,500.00	
Travel	£1,800.00	£0.00
Public Liability Insurance	£2,029.67	
Television	£156.76	
Electricity	£1,363.48	
Fire Safety	£441.87	
Telephone/Internet	£440.98	
Water Rates	£191.31	
Business Rates & Rent	£1,713.60	
Psychotherapy	£750.00	
Repairs	£1,285.00	
Welfare	£2,080.37	
Publishing	£1,250.00	
Fee for Course	£354.00	
New Computer	£612.00	
Total Expenditure	£17,265.04	

Income over expenditure £33,451.53

Bank Accounts as at 31st March 2021 £33,451.53

1, Arlington Close,
Bracknell,
Berks.
RG42 1YF
1 June, 2021

To Whom It May Concern:

I have examined the Accounts of The Wokingham & West Berkshire Mental Health Association for the period 1st April, 2020 to 31st March, 2021.

I confirm that this is an accurate statement of the Association's income and expenditure for this period.

Dennis M. Jenkinson