PARENTING 2000

England & Wales · Charity number 1042989

Details

Status	Registered
Legal form	Charitable company
Company number	02997217
Registered	1994-12-21
Register	View on the Charity Commission register

Contact

Address	Parenting 2000 The Lodge Mornington Road Southport Merseyside PR9 0TS
Phone	01519207137
Email	christina.mcgarrigle@parenting2000.org.uk
Website	www.parenting2000.org.uk

Activities

Objects: TO ADVANCE THE EDUCATION OF THE PUBLIC CONCERNING SAFETY ISSUES IN EVERY DAY LIFE

Activities: We work with disadvantaged children, young people, families & individuals, providing emotional, practical support and wellbeing at an early intervention stage. We Provide a diverse range of open access and targeted youth activities, therapy from aged 6 years, whole family support, parenting programmes & activities to support mental health & wellbeing. Centres in Southport & Crosby, Merseyside.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

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Geography

- **Area of benefit:** NORTH WEST OF ENGLAND AND WALES
- Sefton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£717,204	£594,246	£605,086	19
2024-03-31	£523,561	£521,031	£482,128	20
2023-03-31	£573,372	£527,840	£479,597	20
2022-03-31	£562,850	£527,699	£434,065	19
2021-03-31	£473,754	£415,421	-	-

Trustees

Name	Role	Appointed
NIGEL EDMUND BELLAMY	Chair	
Bernadette Cox		2021-03-22
Dr Jeremy Swinson		2021-03-22
Emma Jane Andrew		2025-10-01
Julie Wallis		2021-03-22
Susan Holden		2016-11-22

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PARENTING 2000

England & Wales - Charity number 1042989

Accounts

Registered Company Limited by Guarantee Number: 02997217
Registered Charity Number: 1042989

Parenting 2000

Company Limited by Guarantee

UNAUDITED FINANCIAL STATEMENTS AND

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2025

https://parenting2000.org.uk/

PARENTING 2000

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FOR THE YEAR ENDED 31 MARCH 2025

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PARENTING 2000

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 MARCH 2025

Registered charity name:	Parenting 2000
Trustees:	Nigel Bellamy (Chair) Paul Booth Bernadette Cox Susan Holden Dr Jeremy Swinson Julie Wallis Emma Andrew (appointed 1 October 2025)
Company secretary:	Janine Lloyd
Chief executive:	Janine Lloyd
Charity registration number:	1042989
Company registration number:	02997217
Registered office address:	The Lodge, 3 Mornington Road, Southport, PR9 0TS
Independent examiner:	Oliver Grills FCA J A Fell & Co Chartered Accountants 40 Hoghton Street, Southport, PR9 0PQ
Bankers:	HSBC 49a Fishergate, Preston, Lancashire, PR1 8BH
Solicitors:	Breens Solicitors 30 Hoghton Street, Southport, PR9 0PA
ICT support:	Britannia IT Unit 1, George Business Park, Cemetery Road, Southport, PR8 5EF
HR:	John Bloor E.B.S. Law Ltd EBS Law House, Poynton, Stockport, SK12 1YH
Insurance:	Southport Insurance Brokers 36 Hoghton Street, Southport, PR9 0PQ

PARENTING 2000

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees submit their annual report and financial statements for the year ended 31 March 2025. The financial statements follow the requirements of the revised Charities Statement of Recommended Practice (FRS 102) (second edition - October 2019) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). For the purpose of charity law, directors are also the company's trustees and are responsible for making all major decisions on behalf of the company and are referred to throughout this report as trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Parenting 2000 is a company limited by guarantee governed by its Memorandum and Articles of Association dated 1 December 1994 as amended 6 January 2007. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company, each of whom agrees to contribute £10 in the event of the charity winding up.

Recruitment and appointment of the trustees

As set out in the articles of association, the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest serving one third of trustees retire each year and are able to offer themselves for re-election. When considering the co-option of trustees, the charity has regard to the requirements for any specialist skills or experience. The trustees are committed to continually reviewing the board's skills-base to enable members to best fulfil their duties and obligations.

The board of trustees, which comprises not less than 3 members, administers the charity. The board normally meets formally four times a year with more regular meetings between the Chair and Chief Executive.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery activity.

Trustee induction and training

The Chief Executive is responsible for inducting newly recruited trustees and arranging training. The training provided for new trustees will depend on their existing experience and the role they will have on the board. This is sourced through Sefton CVS, Sefton Council and independent companies. All trustees receive training and CPD in Safeguarding.

Risk management

The trustees have a risk management strategy which covers all ares of the organisation: (1) A risk register of the principal risks and uncertainties that the charity faces, which is reviewed annually; (2)The establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and (3) the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

OBJECTIVES AND ACTIVITIES

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and as such the Charity's objects and activities have been specifically developed to ensure that they comply with the Charity Commission guidance on delivering public benefit.

Our mission

To support families to face the challenges of everyday life.

Objects of the charity

To advance the education of the public regarding safety issues in everyday life and thereby to preserve and protect the moral and physical welfare of any vulnerable members of society, in particular, but not exclusively, children, throughout the North West of England and Wales.

Our values

We are here for all members of our community particularly targeting services to vulnerable children, young people and families most in need – where deprivation, poverty and emotional wellbeing dramatically affect everyday life.

ACHIEVEMENTS AND PERFORMANCE

Review and summary of the year

Demand for our services has increased benefitting over 2,000 families this year. Activities are delivered from both our centres based in Southport and Crosby as well as peripatetically from other community venues, schools and prisons where we offer a 'wrap around' approach for service users to access a range of interventions aimed at overcoming the challenges that children & young people and families face in everyday life. During the year we delivered public benefit by the following activities:

'SOUTHPORT TOGETHER'

The tragic incident in Southport on 29th July 2024 deeply affected our community. Recognising the heightened need for emotional and practical support, Parenting 2000 quickly mobilised resources and worked in close partnership with other Sefton-based agencies to provide a compassionate and structured response, reinforcing the resilience and unity of our local area." This was a shared effort with "partners in Sefton," such as Sefton Council, Sefton CVS, and NHS representatives, as part of the wider "Southport Strong Together" effort.

Parenting 2000 received financial support to deliver some additional therapy sessions for those affected by the tragedy to access necessarily extra therapy sessions additional to our standard service offer.

ALCHEMY YOUTH

We continue to deliver a wide range of both open access and targeted innovative youth diversionary activities keeping abreast of key issues facing young people. Our open access and targeted youth provision operate under the brand name 'Alchemy'.

Alchemy Youth Club runs four evenings a week for 140 young people aged 11-18 years old. Youth Club activities are shaped by our young people providing an opportunity for them to learn, engage in positive childhood experiences, develop resilience and make positive life choices.

OBJECTIVES AND ACTIVITIES (continued)

Greener Futures: Due to the success of last years project, we were selected to receive further funding from the L1 Foundation to run another cohort of our up-cycling project where our young people could learn redesign and sewing skills to upcycle their clothing from professional fashion designers/ sewing specialists. This enabled an additional 30 young people to take part in it.

Participants reported that they discovered a new interest and learnt new skills.

In addition, young people were inspired by our Southport fashion design/sewing tutor, Katie, who in autumn appeared on the ITV television show M&S 'Dress The Nation' as a contestant where she was a runner up.

Targeted Youth: We received funding for a 4th year from Merseyside Police's Stonehaven initiative, aimed to safeguard children and young people from being groomed & exploited by criminals. Our programme provided one to one youth mentoring, activities in small groups as well as preventative awareness raising interventions for young people aged 11-18 yrs. to steer them away from negative influences in the context of youth crime and embrace positive lifestyle choices with focus and drive.

During the period April 2024-2025:
- 216 young people engaged in total
- 34 young people received intensive targeted interventions
- 182 young people participated in mass delivery preventative interventions

- *"I know where I'm heading now; it all makes sense."- boy aged 14yrs*
- *"I feel like I belong somewhere good and they're proper supportive. No need to look anywhere else."* - Girl aged 15 yrs

Alchemy Against Drugs: Our Youth workers ran youth drug awareness workshops at both our centres which effectively used an educational drug display box to increase engagement and understanding of substance misuse risks. The sessions aimed to equip young people with the knowledge and skills to make informed, healthy choices about drugs and alcohol. The Young people showed a lot of interest and fed back that they learnt a lot about the risks around recreational drug use.

Youth Empowerment Fund Alchemy 919
We were funded by Merseyside Police's Youth Empowerment Fund for weekly Boxing and Football training sessions delivered by professionals at our Southport premises. We used the name 919 Alchemy as our name for our Sports Programme as it is meant to signify an opportunity for growth, this is what we will the project aimed to foster into those cyp who attend and help create a sense of self belief. The activities were very popular. 30 cyp attended the sessions.

YOUTH INVESTMENT FUND
Along with our young people, we were delighted to secure, £150,000 last year to renovate our Crosby Centre following a successful application to The Youth Investment Fund which is part of the government's Levelling Up Provision.

The refurbishment was completed in January 2025 and it enables us to provide more activities for more children and young people in our community, including mental health support and will reduce our carbon footprint.

OBJECTIVES AND ACTIVITIES (continued)

FAMILY SUPPORT

Whole Family Early Interventions: (Early Help) Support commissioned by Sefton Council where our two-family support practitioners help families by offering help at an early stage before the problems become too serious on prevalent issues such as help to get their children back into school, reduce criminal activity, domestic violence and anti-social behaviour in the home and help parents back into employment.

70 Families received Early Help Support to overcome difficulties and prevent crisis.

"I would just like to take a moment to give you some positive feedback that I have received this week from families that I have spoken to in CHAT. I have spoken to two different families this week who have both praised the support they have received from the Early Help Team at Parenting 2000. They were both extremely grateful for the support that had been given and said that the two-Family Support workers at parenting 2000 were among the most generous and understanding professionals they had ever worked with." - Social Worker

"I just want to say thank you for all you have done with this family, I was apprehensive when I was first asked about agreeing to a referral to Early Help but it was the best thing I've done. Thank you so much for all you have done for me and the family, we are so grateful" – Parent.

"The Early Help Team at Parenting 2000 is the best I have ever had. The family workers are are easy to talk to, professional but not condescending. They really do an amazing job!"

The Respiratory Parent Champion (RPC): This year we employed family worker with the role of focusing on improving children's respiratory health as part of a new Public Health Pilot programme, a response from the childhood poverty strategy, looking to address a number of problems identified as negative effects on children living in fuel poverty being dramatically exacerbated due to the cost of living crisis.

The RPC role is to work with families to improve their respiratory health and overall wellbeing of children by addressing the social determinants of health and connecting them to non-medical interventions, community resources and support services. This initiative aims to reduce the burden on healthcare services, enhance patient outcomes, foster a healthier community and enhance respiratory health in South Sefton, with specific focus on Linacre and Derby ward area. During the first year, the RPC worked with 20 families.

Child Safety Fittings: We deliver a child safety equipment fitting scheme into people's home under the Child Injury Prevention Scheme funded by Sefton MBC. Child safety equipment was fitted to 390 households with a total of 2843 items of safety equipment fitted such as stair gates, fire guards, cupboard locks etc.

THERAPY AND MENTAL HEALTH SUPPORT

Our team of professional therapeutic counsellors, registered with BACP/UKCP, provide therapeutic counselling for children young people aged six years - 25yrs and parents. 197 Children and Young People and parents accessed our Therapeutic Counselling Services this year.

OBJECTIVES AND ACTIVITIES (continued)

Over the years, C has seen many different counsellors, with many different approaches to try and support C. These have never been consistent, relevant or appropriate for C's needs, often leaving C frustrated and not heard.

Before we met your therapist, we were convinced we would be in the same situation all over again. We couldn't have been more wrong.

I just want to personally thank your therapist for his patience and understanding and for the way he really took the time to get to know C and understand what C wanted and needed out of their time together. Over the last two months, C has felt listened to, heard and validated. Your therapist has done so much in the short time they had together, and I know C has been able to make more sense of, and understanding more about what's going on with their self. This has been a huge relief and I can't tell you how much we appreciate this!

Thanks again for doing such great work with our young people, we would be lost without you!"

Feedback from parent of CYP following therapeutic counselling

Mental Health Support Groups: 60 young people and parents attended our workshops and support sessions and groups this year which were:

Youth Circle: An educational psychologist designed and led groups for young people focusing on common youth issues, attended by 12 young people this year.

Parenting Programme (Youth Connect 5): Course for parents/carers which aims to educate about teenage brain development and the impact on mental well-being. The overall aim being to improve family resilience. 25 parents attended this year.

Baby Talk Group: Our perinatal support social group, 'Baby Talk'. The group which has 20 registered members meets weekly where new and expecting parents can drop in and meet other parents, share ideas and access professional information, guidance and support.

PARTNERSHIPS

Sefton Emotional Achievement Service (SEAS): We continue to be a part of a consortium, which is a group of local charities who have come together with the aim of helping children, young people and families to aspire and achieve through providing bespoke emotional well-being support. This is delivered at the right time and right place through voluntary sector consortium working. This year we worked with a special educational needs and disabilities school and a mainstream comprehensive school on a therapeutically informed programme with the theme this year of 'Friendships and Transitions' which we designed to support year seven pupils integrate into secondary education and encourage healthy relationships & friendships inside and outside school.

Sefton Crisis Café: We continue to host and work in partnership with Sefton Crisis Café Hub for adults which is led by Sefton CVS at both our Southport and Crosby centres, Crisis Café operates 3 evenings a week (Friday – Sunday) on a drop in basis to provide an alternative access point for people aged 18yrs and above requiring out of hours support who are experiencing symptoms of mental illness. We employ two Peer Support Worker (one in each of our centres) to take referrals from the Crisis Café Team to deliver pastoral, practical support and advocacy to services daytime outside Crisis Café hours, daytime during the week.

OBJECTIVES AND ACTIVITIES (continued)

"This support is game changing in these difficult times people need to know they can find the help." – Anonymous Service User

Sefton Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) Partnership: Parenting 2000 continues to be an active member of the partnership which is part of a national NHS transformation programme that aims to improve existing Child and Adolescent Mental Health Services.

Buddy Up Plus: A Sefton CVS project that offers a weekly social opportunity for young adults aged 18 to 25 from both of our centres who have additional needs and disabilities and are at risk of social isolation which in turn has a negative impact upon their mental health. The sessions are very well attended and several alumni from Alchemy Youth have joined the group.

Specsavers: We are proud to have been selected as the official charity partner for the Specsavers Southport store. As part of their community engagement efforts, the generous staff and customers at raised an outstanding £1,073 over the Christmas period through in-store collections, directly supporting our work with local families and young people.

Children's Society and Partners Collaboration on Child Exploitation
To further our commitment to the work we do around protecting young people against criminal exploitation in our community, we continued our active work we began last year with the final year of the pilot led by the Children's Society; collaborating with a group of professionals from different agencies; Merseyside Police, Sefton Youth Services and other VCSE organisations, to engage with businesses which operate within the Night Time Economy (NTE) in Southport Town Centre to establish their understanding and perception of child exploitation within Southport and how they have/would respond to any concerns regarding a child or young person.

ANTI POVERTY MEASURES

Children and young people and their families have benefitted from the anti-poverty initiatives that Parenting 2000 has been involved in delivering:

Holiday Activity Fund (HAF) (Sefton Council): We supported 149 places for Children on free school meals, providing enhanced activities and food during school holidays.
Winter Clothes Fund (CVS): Vouchers for 21 low income families to buy winter clothes for children and young people. Youth mentors assisted some CYP to spend their vouchers wisely.
Christmas Shelter: Volunteers provided hot meals, sandwiches, cooked breakfasts and food bags to homeless and vulnerable people over the Christmas 2024 period.
Farm Food Vouchers/hampers were donated by Southport Rotary Club and Lions/Round Table donated Christmas Hampers for our families.

HOSTING IN OUR CENTRES

This year we hosted the following groups/organisations
Tyred Rides CIC, The Frantastic Day Nursery, Engage and Change CIC, Talking Matters, Sefton CVS, Buddy Up, Buddy Up Plus, Aiming High, Sefton Young Carers, Merseyside Youth Association, Southport Writers, The Venus Charity, G Master Key Martial Arts and space for 'Family time' arrangements for Sefton MBC and other local authorities

Tyred Rides CIC
In January 2025 we took the decision to close Tyred Rides CIC and enacted the process to wind up the company to focus resources on Parenting 2000's activities.

FINANCIAL REVIEW

Review and summary of the year

The results for the year and state of the charity's affairs at 31 March 2025 are set out in the financial statements on pages 11 to 21 showing income of £717,204 (2024 - £523,561) and expenditure of £594,246 (2024 - £521,031). In addition, significant building works were completed during the year and of that cost

The charity recorded a surplus of £122,958 (2024: £122,958) for the year bringing the total funds to £605,086 (2024: £482,128).

The Charity continues to occupy 3 buildings over two sites and has maintained reserves to specifically support their maintenance. The charity's cash reserves are invested in bank deposit accounts. The trustees regularly review the investment options.

Principal funding sources

The principal funding sources of the charity continues to be public sector commissions from Sefton MBC, supplemented by a number of smaller grant funds and from room hire and some private therapy services.

Reserves policy

The trustees have reviewed the Reserves Policy of the charity and have recognised the need to establish appropriate level of working capital to sustain the future operations and obligations in the event of unforeseen reductions in its income streams to be designated to cover 6 months running costs in line with Charity Commission Guidelines.

As at 31 March 2025, 6 months running costs would be equal to about £297,000. General unrestricted funds stood at £237,628 plus a designated contingency reserve of £184,922. The trustees feel that this is sufficient to maintain the services currently being run.

RELATED PARTIES AND CO-OPERATION WITH OTHER ORGANISATIONS

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

PLANS FOR FUTURE PERIODS

We recognise that it is necessary to create a more diversified income base for the sustainability of the charity and as such established a Mental Health and Wellbeing trading arm' Mindful Futures CIC' for the expansion of our commissioned therapy and ancillary well-being activities. This year we received some funds from the UK Prospect Fund to help us develop/refine our therapy data base and invoicing systems to become more efficient. We will continue to maximise and identify income generating opportunities that are aligned to our charitable mission

We are delighted to share that the future of our youth centre is secure. After the landlords of the Southport Alchemy Hall building announced their intention to sell the premises on the open market, our trustees identified a crucial opportunity. We successfully purchased the property, including the half-acre play area, on September 30, 2025.Purchasing the building and its associated land presented a unique and timely opportunity to secure the charity's future and cease paying rent. This acquisition eliminates the uncertainty of leasing and potential displacement, allowing us to invest funds currently used for rent payments directly into our programs and the long-term maintenance of the facility. Owning the property is a sound financial decision that protects our vital community resource and provides a permanent, stable home for generations of young people to come.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

a. select suitable accounting policies and apply them consistently;

b. make judgements and estimates that are reasonable and prudent;

c. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;

d. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

APPROVAL

This report was approved by the board of trustees on 3/12/2025 and signed on its behalf by:

.....

Nigel Bellamy - Trustee

PARENTING 2000

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARENTING 2000

FOR THE YEAR ENDED 31 MARCH 2025

I report to the trustees on my examination of the financial statements of Parenting 2000 ('the charity') for the year ended 31 March 2025, which are set out on pages 11 to 21.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a qualified member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that, in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2. the financial statements do not accord with those records; or

3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Oliver Grills FCA (Independent examiner)
for and on behalf of J A Fell & Co Chartered Accountants
40 Hoghton Street, Southport, PR9 0PQ

Dated: 8/12/2025

PARENTING 2000

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
INCOME FROM:							
Donations and legacies	3	13,144	-	**13,144**	2,058	-	2,058
Charitable activities	4	96,400	596,289	**692,689**	101,118	410,861	511,979
Investments	5	11,371	-	**11,371**	9,524	-	9,524
TOTAL INCOME		120,915	596,289	**717,204**	112,700	410,861	523,561
EXPENDITURE ON:							
Charitable activities	6	128,134	466,112	**594,246**	94,323	426,709	521,031
TOTAL EXPENDITURE		128,134	466,112	**594,246**	94,323	426,709	521,031
NET INCOME/(EXPENDITURE) FOR THE YEAR		(7,219)	130,177	**122,958**	18,378	(15,848)	2,530
Transfers between funds		135,806	(135,806)	-	-	-	-
Net Movement in Funds		128,587	(5,629)	122,958	18,378	(15,848)	2,530
Fund balances at 1 April 2024		476,499	5,629	**482,128**	458,121	21,477	479,598
Fund balances at 31 March 2025		**605,086**	-	**605,086**	**476,499**	**5,629**	**482,128**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 13 to 21 form part of these financial statements.

PARENTING 2000

Registered Company Limited by Guarantee Number: 02997217
Registered Charity Number: 1042989

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	Total funds 2025 £	Total funds 2024 £
FIXED ASSETS			
Tangible assets	10	182,536	62,955
		182,536	62,955
CURRENT ASSETS			
Debtors	11	10,930	12,173
Cash at bank and in hand		441,446	454,819
		452,376	466,992
CREDITORS: amounts falling due within one year	12	29,826	40,013
NET CURRENT ASSETS		**422,550**	**426,979**
TOTAL ASSETS LESS CURRENT LIABILITIES		**605,086**	**489,934**
CREDITORS: amounts falling due after more than one year	13	-	7,806
NET ASSETS		**605,086**	**482,128**
INCOME FUNDS			
Restricted funds	14	-	5,629
Unrestricted funds:			
Designated funds	15	367,458	250,708
General unrestricted funds		237,628	225,791
TOTAL FUNDS		**605,086**	**482,128**

For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 5 December 2024, and are signed on behalf of the board by:

.....
Nigel Bellamy - Trustee

The notes on pages 13 to 21 form part of these financial statements.

1 ACCOUNTING POLICIES

a Charity information

Parenting 2000 is a private company limited by guarantee incorporated in England and Wales. The registered office is The Lodge, 3 Mornington Road, Southport, PR9 0TS.

b Accounting convention

The financial statements have been prepared in accordance with the charity's memorandum and articles of association incorporated 1 December 1994, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest whole £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

c Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

d Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise unrestricted funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purpose and uses of the restricted funds are set out in the notes to the financial statements.

e Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised upon receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 ACCOUNTING POLICIES (continued)

e Income (continued)

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance obligations is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

f Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be reliably measured.

All expenditure is accounted for on an accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

g Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of the assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	5% straight line
Fixtures, fittings and equipment	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

h Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

i Cash and cash equivalents

investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 ACCOUNTING POLICIES (continued)

j **Financial instruments**

The charity has elected to apply the provision of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

k ***Retirement benefits***

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 CRITICAL ACCOUNTING ESTIMATES AND JUDGEMENTS

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2025	**Restricted funds 2025**	**Total funds 2025**	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024
	£	**£**	**£**	£	£	£
Donations and gifts	13,144	-	**13,144**	2,058	-	**2,058**
	13,144	-	**13,144**	2,058	-	**2,058**

4 INCOME FROM CHARITABLE ACTIVITES

	Unrestricted funds 2025	**Restricted funds 2025**	**Total funds 2025**	Unrestricted funds 2024	Restricted funds 2024	Total funds 2024
	£	**£**	**£**	£	£	£
Family Support						
Grants received	1,140	596,289	**597,429**	7,000	410,861	417,861
Therapeutic commissioning	34,907	-	**34,907**	22,531	-	22,531
Room hire	56,894	-	**56,894**	68,112	-	68,112
Sessional fees	-	-	**-**	-	-	-
Youth Club subscriptions	1,818	-	**1,818**	3,334	-	3,334
Miscellaneous	1,641	-	**1,641**	141	-	141
	96,400	596,289	**692,689**	101,118	410,861	511,979

5 INCOME FROM INVESTMENTS

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Interest received	11,371	-	**11,371**	9,524	-	**9,524**
	11,371	-	**11,371**	9,524	-	**9,524**

6 EXPENDITURE ON CHARITABLE ACTIVITES

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Family Support						
Staff costs	3,902	190,510	**194,412**	8,057	168,849	176,906
Travel	-	5,910	**5,910**	-	6,849	6,849
Premises	-	21,865	**21,865**	-	4,517	4,517
Counselling	18,728	61,823	**80,551**	12,037	42,448	54,485
Beneficiary activities	689	23,008	**23,697**	579	26,808	27,387
Printing, postage and stationery	-	807	**807**	-	1,118	1,118
Telephone and computers	-	1,038	**1,038**	181	959	1,140
Equipment	-	-	**-**	290	-	290
General expenses	-	3,164	**3,164**	478	1,650	2,128
Professional fees	192	16,074	**16,266**	1,875	15,707	17,582
	23,511	324,199	**347,710**	23,497	268,905	292,402
Support costs (see note 7)	101,073	141,913	**242,986**	68,486	157,804	226,289
Governance costs (see note 7)	3,550	-	**3,550**	2,340	-	2,340
	104,623	141,913	**246,536**	70,826	157,804	228,629
	128,134	466,112	**594,246**	94,323	426,709	521,031

7 SUPPORT COSTS

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Support costs:						
Staff costs	24,552	82,045	**106,597**	4,318	97,959	102,277
Staff training	694	3,597	**4,291**	96	-	96
Travel	1,238	-	**1,238**	334	372	706
Premises	11,990	53,960	**65,950**	29,704	59,473	89,177
Insurance	11,786	-	**11,786**	10,802	-	10,802
Printing, postage and stationery	367	-	**367**	176	-	176
Telephone and computers	16,394	-	**16,394**	19,437	-	19,437
General expenses	6,897	1,358	**8,255**	3,734	-	3,734
Professional fees	4,565	-	**4,565**	4,286	-	4,286
Loss on disposal of fixed assets	1,809	-	**1,809**	(7,856)	-	(7,856)
Interest payable	4,722	953	**5,675**	-	-	-
Depreciation	16,059	-	**16,059**	3,454	-	3,454
	101,073	141,913	**242,986**	68,486	157,804	226,289
Governance costs:						
Independent examination	3,550	-	**3,550**	2,340	-	2,340
	3,550	-	**3,550**	2,340	-	2,340
	104,623	141,913	**246,536**	70,826	157,804	228,629

8 TRUSTEES

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2024 - none).

9 EMPLOYEES

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	20	20

Total staff costs recognised in the year:	2025 £	2024 £
Wages and salaries	268,978	251,369
Social security costs	15,753	13,866
Pension costs	16,278	13,948
	301,009	279,183

No employees whose total employee benefits (excluding employer pension and national insurance costs) for the reporting period amounted to over £60,000 (2024 - none)

10 TANGIBLE FIXED ASSETS

	Leasehold Land and Buildings £	Fixtures, Fittings and Equipment £	Motor Vehicles £	Total £
Cost				
At 1 April 2024	206,254	178,943	8,659	393,856
Additions	117,329	20,120	-	137,449
Disposals	(2,760)	(7,440)	-	(10,200)
At 31 March 2025	**320,823**	**191,623**	**8,659**	**521,105**
Depreciation and impairment				
At 1 April 2024	143,802	178,624	8,475	330,901
Depreciation charged in the year	10,765	5,065	46	15,876
Depreciation on disposals	(945)	(7,263)		(8,208)
At 31 March 2025	**153,622**	**176,426**	**8,521**	**338,569**
Carrying amount				
At 31 March 2025	**167,201**	**15,197**	**138**	**182,536**
At 31 March 2024	62,452	319	184	62,955

11 DEBTORS

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	7,451	4,301
Other debtors	-	1,558
Prepayments and accrued income	3,479	6,314
	10,930	12,173

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Other loans	6,195	3,967
Deferred income	1,400	19,078
Trade creditors	16,095	13,485
Accruals and other creditors	6,136	3,483
	29,826	40,013

13 CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2025	2024
	£	£
Other loans	-	7,806
	-	7,806

14 RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 Apr 2023	Movement in funds		Balance at 1 Apr 2024	Movement in funds			Balance at 31 Mar 2025
		Income	Expenditure		Income	Expenditure	Transfers	
	£	£	£	£	£	£	£	£
SMBC Early Help Project	-	70,000	70,000	-	70,000	70,000	-	-
SMBC Youth Crosby	-	30,000	30,000	-	30,000	30,000	-	-
SMBC Youth Southport	-	20,000	20,000	-	20,000	20,000	-	-
SMBC Child Injury	-	54,250	54,250	-	54,250	54,250	-	-
SMBC Holiday Activity	3,515	18,660	19,750	2,425	6,320	8,745	-	-
Cheshire and Merseyside ICB	-	80,656	80,656	-	119,679	119,679	-	-
Sefton CVS projects	1,856	75,033	76,889	-	107,151	107,151	-	-
Small grants	5,830	6,600	9,646	2,784	-	2,067	717	-
LIV Investment grant	9,455	-	9,455	-	-	-	-	-
Police funding - Stonehaven	-	35,000	35,000	-	28,000	28,000		-
Burbo Bank - Girls Imperium	-	4,917	4,917	-	-	-	-	-
L1 Foundation - Greener Futures	400	-	400	-	5,000	5,000	-	-
Brighter Living North		6,009	6,009	-	2,000	2,000	-	-
Youth Investment Fund		9,736	9,736	-	-	-	-	-
Youth investment Fund Capital Grant					145,389	10,300	135,089	-
VRP - YES Fund	-	-	-	-	8,500	8,500	-	-
VRU projects	420	-	-	420	-	420	-	-
							-	
	21,476	410,861	426,709	5,629	596,289	466,112	135,806	-

15 DESIGNATED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 Apr 2023	Movement in funds Transfer In	Transfer Out	Balance at 1 Apr 2024	Movement in funds Transfer In	Transfer Out	Balance at 31 Mar 2025
	£	£	£	£	£	£	£
Fixed asset fund	69,240	-	3,454	65,786	137,449	20,699	**182,536**
Contingency fund	180,760	4,162	-	184,922	-	-	**184,922**
Other designated funds	-	-	-	-	-	-	-
	250,000	**4,162**	**3,454**	**250,708**	**137,449**	**20,699**	**367,458**

16 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds 2025	Designated Funds 2025	Restricted Funds 2025	Total Funds 2025
	£	£	£	£
Fund balances at 31 March 2025 are represented by:				
Tangible assets	-	182,536	-	**182,536**
Current assets / (liabilities)	237,628	184,922	-	**422,550**
	237,628	367,458	-	**605,086**

	Unrestricted Funds 2024	Designated Funds 2024	Restricted Funds 2024	Total Funds 2024
	£	£	£	£
Fund balances at 31 March 2024 are represented by:				
Tangible assets	-	62,955	-	62,955
Current assets / (liabilities)	236,428	184,922	5,629	426,979
Long term liabilities	(7,806)	-	-	(7,806)
	228,622	247,877	5,629	**482,128**

17 RELATED PARTY TRANSACTIONS

There were no known disclosable related party transactions during the year (2024 - none).

PARENTING 2000

England & Wales - Charity number 1042989

Accounts

Registered Company Limited by Guarantee Number: 02997217
Registered Charity Number: 1042989

Parenting 2000

Parenting 2000

Company Limited by Guarantee

UNAUDITED FINANCIAL STATEMENTS AND

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2024

FRIDAY
ADIDAØFC
A23 20/12/2024 #134
COMPANIES HOUSE

https://parenting2000.org.uk/

PARENTING 2000

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FOR THE YEAR ENDED 31 MARCH 2024

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PARENTING 2000

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 MARCH 2024

Registered charity name:	Parenting 2000
Trustees:	Nigel Bellamy (Chair) Paul Booth Bernadette Cox Susan Holden Dr Jeremy Swinson Julie Wallis
Company secretary:	Janine Hyland
Chief executive:	Janine Hyland
Charity registration number:	1042989
Company registration number:	02997217
Registered office address:	The Lodge, 3 Mornington Road, Southport, PR9 0TS
Independent examiner:	Oliver Grills FCA J A Fell & Co Chartered Accountants 40 Hoghton Street, Southport, PR9 0PQ
Bankers:	HSBC 49a Fishergate, Preston, Lancashire, PR1 8BH
Solicitors:	Appointed when required
ICT support:	Britannia IT Unit 1, George Business Park, Cemetery Road, Southport, PR8 5EF
HR:	John Bloor E.B.S. Law Ltd EBS Law House, Poynton, Stockport, SK12 1YH
Insurance:	Southport Insurance Brokers 36 Hoghton Street, Southport, PR9 0PQ

PARENTING 2000

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

The trustees submit their annual report and financial statements for the year ended 31 March 2024. The financial statements follow the requirements of the revised Charities Statement of Recommended Practice (FRS 102) (second edition - October 2019) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). For the purpose of charity law, directors are also the company's trustees and are responsible for making all major decisions on behalf of the company and are referred to throughout this report as trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Parenting 2000 is a company limited by guarantee governed by its Memorandum and Articles of Association dated 1 December 1994 as amended 6 January 2007. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company, each of whom agrees to contribute £10 in the event of the charity winding up.

Recruitment and appointment of the trustees

As set out in the articles of association, the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest serving one third of trustees retire each year and are able to offer themselves for re-election. When considering the co-option of trustees, the charity has regard to the requirements for any specialist skills or experience. The trustees are committed to continually reviewing the board's skills-base to enable members to best fulfil their duties and obligations.

The board of trustees, which comprises not less than 3 members, administers the charity. The board normally meets formally four times a year with more regular meetings between the Chair and Chief Executive.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery activity.

Trustee induction and training

The Chief Executive is responsible for inducting newly recruited trustees and arranging training. The training provided for new trustees will depend on their existing experience and the role they will have on the board. This is sourced through Sefton CVS, Sefton Council and independent companies. All trustees receive training and CPD in Safeguarding.

Risk management

The trustees have a risk management strategy which covers all ares of the organisation: (1) A risk register of the principal risks and uncertainties that the charity faces, which is reviewed annually; (2)The establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and (3) the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

OBJECTIVES AND ACTIVITIES

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and as such the Charity's objects and activities have been specifically developed to ensure that they comply with the Charity Commission guidance on delivering public benefit.

Our mission
To support families to face the challenges of everyday life.

Objects of the charity
To advance the education of the public regarding safety issues in everyday life and thereby to preserve and protect the moral and physical welfare of any vulnerable members of society, in particular, but not exclusively, children, throughout the North West of England and Wales.

Our values
We are here for all members of our community particularly targeting services to vulnerable children, young people and families most in need – where deprivation, poverty and emotional wellbeing dramatically affect everyday life.

ACHIEVEMENTS AND PERFORMANCE

Review and summary of the year
Demand for our services has increased benefitting 2,698 families this year. Activities are delivered from both our centres based in Southport and Crosby as well as peripatetically from other community venues, schools and prisons where we offer a 'wrap around' approach for service users to access a range of interventions aimed at overcoming the challenges that children & young people and families face in everyday life. During the year we delivered public benefit by the following

YOUTH WORK AND SUPPORT
Alchemy Youth: We continue to deliver a wide range of both open access and targeted innovative youth diversionary activities keeping abreast of key issues facing young people. Our open access and targeted youth provision operate under the brand name 'Alchemy'.

Alchemy Youth Club runs four evenings a week for 140 young people aged 11-18 years old. Youth Club activities are shaped by our young people providing an opportunity for them to learn, engage in positive childhood experiences, develop resilience and make positive life choices.

Greener Futures: We ran an upcycling project where our young people could learn redesign and sewing skills to upcycle their clothing from professional fashion designers/ sewing specialists. Funded by the L1 Foundation, the project was a huge success with over 55 young people taking part in it. At the end of this year we were delighted to receive confirmation that we had been selected for further funding to deliver this project again so more children can benefit.

The Girls Imperium: We successfully completed a two-year personal safety empowerment programme, where we delivered a series of boot camps to 165 girls /young women aged 9-19 years old to give them vital skills and guidance around practical personal safety knowledge and skills, Participants learnt physical skills for self- defence and mental resilience from specialist professionals.

Participants reported that the skills and guidance made them feel more in control of their lives.

OBJECTIVES AND ACTIVITIES (continued)

Made By Mitchell Guest Speaker and Masterclass 'From Harvey Nics to Alchemy'
20 Young people attended a Makeup masterclass with Celebrity Make Up Artist and business brand owner Mitchell of Made by Mitchell. Mitchell visited our Crosby Centre free of charge in the middle of a personal appearance tour of Harvey Nicols Stores. In addition to his master class our young people heard his inspirational career pathway from when he was a teenager in Bolton attending his local youth club that he credits as having an important positive influence on his life, to how he became a celebrity makeup artist and developed his brand in his early 20s. He gave insights on and the industry with his Creative Director who specialised in the packaging and product design campaigns of the brand.

Targeted Youth: We received funding for a 3rd year from Merseyside Police's Stonehaven initiative, aimed to Safeguard children and young people from being groomed & exploited by criminals. Our programme provided one to one youth mentoring, activities in small groups as well as preventative awareness raising interventions for young people aged 11-18 yrs. to steer them away from negative influences in the context of youth crime and embrace positive lifestyle choices with focus and drive.
During the period April 2023-2024:
120 young people engaged in total
32 young people received intensive targeted interventions
88 young people participated in mass delivery preventative interventions

Youth Mentoring was absolutely fantastic – I feel a lot like myself because of my Youth Mentor's guidance"

To further our commitment to the work we do around protecting young people against criminal exploitation in our community, we actively joined a new pilot led by the Children's Society; collaborating with a group of professionals from different agencies to engage with businesses which operate within the Night Time Economy (NTE) in Southport Town Centre to establish their understanding and perception of child exploitation within Southport and how they have/would respond to any concerns regarding a child or young person.

YOUTH INVESTMENT FUND
Along with our young people, we were delighted to secure, £150,000 to renovate our Crosby Centre following a successful application to The Youth Investment Fund which is part of the government's Levelling Up Provision.
The refurbishment will enable us to provide more activities for more children and young people in our community, including mental health support and will reduce our carbon footprint. Building Works are expected to be completed next year.

EARLY HELP FAMILY SUPPORT
Whole Family Working Interventions through the Sefton Troubled Families Initiatives, our two-family support workers help families by intervening at an early stage before the problems become too serious to get their children back into school, reduce criminal activity, domestic violence and anti-social behaviour in the home and help parents back into employment.
70 Families received Early Help Support to overcome difficulties and prevent crisis.

OBJECTIVES AND ACTIVITIES (continued)

'This year I could not have imagined that our family would be here. Thanks to my early help family support worker our family life has done a complete 360-degree turnaround and we are managing things well now'. I am so grateful for all your support.

'My early help family worker has been an incredible bridge in communication between ourselves and school whenever issues needed to be resolved or are brought up she's made a lot of things we are dealing with a lot easier to manage and digest. We are very thankful for her involvement in our family and all that she has done for us.'

Child Safety Fittings: We deliver a child safety equipment fitting scheme into people's home under the Child Injury Prevention Scheme funded by Sefton MBC. Child safety equipment was fitted to 365 households with a total of 2525 items of safety equipment fitted such as stair gates, fire guards, cupboard locks etc.

THERAPY AND MENTAL HEALTH SUPPORT
Our team of professional therapeutic counsellors, registered with BACP/UKCP, provide therapeutic counselling for children (aged six years and upwards), teenagers, parents/carers (all genders) individuals or couples, individual adults (all genders) and families where we operate a whole family approach to working with children and young people. 140 Children and Young People and adults accessed our Therapeutic Counselling Services this year.

Mental Health Support Groups: 129 young people and parents attended our workshops and support sessions and groups this year which were:

Youth mentoring: One to one support from a Youth worker attended by 32 young people this year.
Youth Circle: An educational psychologist designed and led groups for young people focusing on common youth issues, attended by 12 young people this year.
Parenting Programme (Youth Connect 5): Course for parents/carers which aims to educate about teenage brain development and the impact on mental well-being. The overall aim being to improve family resilience. 25 parents attended this year.
Kindness Box: For younger children incorporating the use of psycho-education so that children improve their understanding of what is happening in their brain as they grow older or when they are triggered by a certain event/person/sound was attended by 23 children in 2022 and a further 30 this year making the total 53 participants.
I feel I have a few more 'tools' to help deal with situations. Thank you." Parent/career
Baby Talk Group: Our perinatal support social group, 'Baby Talk'. The group which has 20 registered members meets weekly where new and expecting parents can drop in and meet other parents, share ideas and access professional information, guidance and support. During the summer we received funding to run a festival.
Falling Leave Bereavement Support workshop: A high quality therapeutically informed psycho-educational based group approach to help adults through their journey of grief. 32 people participated.
'Falling Leaves has been a real lifeline; the weekly topics have been so appropriate and beneficial'

OBJECTIVES AND ACTIVITIES (continued)

PARTNERSHIPS

Tyred Rides CIC continues to work in partnership with Alchemy providing information and advice on all things bicycle and cycling. Tyred Rides is Parenting 2000's Community Interest Company that recycles, sells and maintains bicycles, provides access to learning cycle maintenance skills and offers volunteering opportunities.

Sefton Emotional Achievement Service (SEAS): We continue to be a part of a consortium, which is a group of local charities who have come together with the aim of helping children, young people and families to aspire and achieve through providing bespoke emotional well-being support. This is delivered at the right time and right place through voluntary sector consortium working. This year we worked with a local high school on a therapeutically informed programme we designed to help tackle school refusal.

Sefton Crisis Café Hub: We continue to host and work in partnership with Sefton Crisis Café Hub for adults which is led by Sefton CVS at both our Southport and Crosby centres, Crisis Café operates 3 evenings a week (Friday – Sunday) to provide an alternative access point for people aged 18yrs and above requiring out of hours support where experiencing symptoms of mental illness crisis. Attendance is 48-60 people a week.
We employ two Peer Support Worker (one in each of our centres) to take referrals from the Crisis Café Team to deliver pastoral, practical support and advocacy to services daytime outside Crisis Café hours, daytime during the week.

Sefton Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) Partnership: Parenting 2000 continues to be an active member of the partnership which is part of a national NHS transformation programme that aims to improve existing Child and Adolescent Mental Health Services.

Buddy Up Plus: A Sefton CVS project offers a weekly social opportunity for young adults aged 18 to 25 from both of our centres who have additional needs and disabilities and are at risk of social isolation which in turn has a negative impact upon their mental health. Several alumni from Alchemy Youth have joined the group.

Edge Hill University: We continued our partnership with Edge Hill University and hosted 8 students who were Masters and first Degree therapy students on clinical placement. Our therapeutic lead delivered training approved by the university to the students on best practice specifically for working with children and young people in therapy.

ANTI POVERTY MEASURES

Children and young people and their families have benefitted from the anti-poverty initiatives that Parenting 2000 has been involved in delivering:

Access to Food: We provided a combination of 375 packed and cooked meals for children in the school summer holidays.
Holiday Activity Fund (HAF) (Sefton Council): We supported 146 places for Children on free school meals, providing enhanced activities and food during school holidays.
Winter Clothes Fund (CVS): Vouchers for 37 low income families to buy winter clothes for children and young people. Youth mentors assisted some CYP to spend their vouchers wisely.

OBJECTIVES AND ACTIVITIES (continued)

Winter Clothes Fund (CVS): Vouchers for 37 low income families to buy winter clothes for children and young people. Youth mentors assisted some CYP to spend their vouchers wisely.
Christmas Shelter: Volunteers provided hot meals, sandwiches, cooked breakfasts and food bags to homeless and vulnerable people over the Christmas 2023 period.
Farm Food Vouchers/hampers were donated by Southport Rotary Club and Lions/Round Table donated Christmas Hampers for our families.

HOSTING IN OUR CENTRES

This year we hosted the following groups/organisations:
Tyred Rides CIC, The Frantastic Day Nursery, Engage and Change CIC, Talking Matters, Sefton CVS, Buddy Up, Buddy Up Plus, Aiming High, Sefton Young Carers, Merseyside Youth Association, Southport Writers, The Venus Charity, G Master Key Martial Arts and space for social care contacts for Sefton, Liverpool, Wirral and Halton. Stockport and St Helens, Councils.

FINANCIAL REVIEW

Review and summary of the year

The results for the year and state of the charity's affairs at 31 March 2024 are set out in the financial statements on pages 10 to 20 showing income of £523,561 (2023 - £573,372) and expenditure of £521,031 (2023 - £527,840).

The charity recorded a surplus of £2,530 (2023: £2,530) for the year bringing the total funds to a surplus of £482,127 (2023: £479,597).

The Charity continues to occupy 3 buildings over two sites and has maintained reserves to specifically support their maintenance. The charity's cash reserves are invested in bank deposit accounts. The trustees regularly review the investment options.

Principal funding sources

The principal funding sources of the charity continues to be public sector commissions from Sefton MBC, supplemented by a number of smaller grant funds and from room hire and some private therapy services.

Reserves policy

The trustees have reviewed the Reserves Policy of the charity and have recognised the need to establish appropriate level of working capital to sustain the future operations and obligations in the event of unforeseen reductions in its income streams to be designated to cover 6 months running costs in line with Charity Commission Guidelines.

As at 31 March 2024, 6 months running costs would be equal to about £261,000. Unrestricted reserves stood at £225,791 plus a designated contingency reserve of £175,345. The trustees feel that this is sufficient to maintain the services currently being run.

FINANCIAL REVIEW (Continued)

RELATED PARTIES AND CO-OPERATION WITH OTHER ORGANISATIONS

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

PLANS FOR FUTURE PERIODS

We recognise that it is necessary to create a more diversified income base for the sustainability of the charity and as such established a Mental Health and Wellbeing trading arm 'Mindful Futures CIC' for the expansion of our commissioned therapy and ancillary well-being activities. Our Bicycle recycling and repair service 'Tyred Rides CIC' continues to generate income for the Charity and going forward we will continue to maximise and identify income generating opportunities that are aligned to our charitable mission.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

a. select suitable accounting policies and apply them consistently;

b. make judgements and estimates that are reasonable and prudent;

c. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;

d. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

APPROVAL

This report was approved by the board of trustees on 5 December 2024 and signed on its behalf by:

.....

Nigel Bellamy - trustee

PARENTING 2000

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARENTING 2000

FOR THE YEAR ENDED 31 MARCH 2024

I report to the trustees on my examination of the financial statements of Parenting 2000 ('the charity') for the year ended 31 March 2024, which are set out on pages 10 to 20.

Responsibilities and basis of report
As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a qualified member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that, in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2. the financial statements do not accord with those records; or

3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Oliver Grills FCA (Independent examiner)
for and on behalf of J A Fell & Co Chartered Accountants
40 Hoghton Street, Southport, PR9 0PQ

Dated: 11/12/24

PARENTING 2000

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
INCOME FROM:							
Donations and legacies	3	2,058	-	**2,058**	5,675	-	5,675
Charitable activities	4	101,118	410,861	**511,979**	119,036	446,613	565,649
Investments	5	9,524	-	**9,524**	2,048	-	2,048
TOTAL INCOME		112,700	410,861	**523,561**	126,759	446,613	573,372
EXPENDITURE ON:							
Charitable activities	6	94,323	426,709	**521,031**	91,640	436,200	527,840
TOTAL EXPENDITURE		94,323	426,709	**521,031**	91,640	436,200	527,840
NET INCOME/(EXPENDITURE) FOR THE YEAR		18,378	(15,848)	**2,530**	35,119	10,413	45,532
Fund balances at 1 April 2023		458,121	21,476	**479,597**	423,002	11,063	434,065
Fund balances at 31 March 2024		476,499	5,628	**482,127**	458,121	21,476	479,597

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 1 to 20 form part of these financial statements.

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	Total funds 2024 £	Total funds 2023 £
FIXED ASSETS			
Tangible assets	10	62,955	69,240
		62,955	69,240
CURRENT ASSETS			
Debtors	11	12,173	8,786
Cash at bank and in hand		454,819	435,831
		466,992	444,617
CREDITORS: amounts falling due within one year	12	40,013	22,894
NET CURRENT ASSETS		**426,979**	**421,723**
TOTAL ASSETS LESS CURRENT LIABILITIES		**489,934**	**490,963**
CREDITORS: amounts falling due after more than one year	13	7,806	11,366
NET ASSETS		**482,128**	**479,597**
INCOME FUNDS			
Restricted funds	14	5,629	21,476
Unrestricted funds:			
Designated funds	15	250,708	250,000
General unrestricted funds		225,791	208,121
TOTAL FUNDS		**482,128**	**479,597**

For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 5 December 2024, and are signed on behalf of the board by:

Nigel Bellamy - trustee

The notes on pages 1 to 20 form part of these financial statements.

1 ACCOUNTING POLICIES

a Charity information

Parenting 2000 is a private company limited by guarantee incorporated in England and Wales. The registered office is The Lodge, 3 Mornington Road, Southport, PR9 0TS.

b Accounting convention

The financial statements have been prepared in accordance with the charity's memorandum and articles of association incorporated 1 December 1994, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest whole £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

c Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

d Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise unrestricted funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purpose and uses of the restricted funds are set out in the notes to the financial statements.

e Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised upon receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 ACCOUNTING POLICIES (continued)

e Income (continued)

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance obligations is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

f Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be reliably measured.

All expenditure is accounted for on an accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

g Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of the assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	5% straight line
Fixtures, fittings and equipment	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

h Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

i Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 ACCOUNTING POLICIES (continued)

j Financial instruments

The charity has elected to apply the provision of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

k *Retirement benefits*

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 CRITICAL ACCOUNTING ESTIMATES AND JUDGEMENTS

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations and gifts	2,058	-	**2,058**	5,675	-	5,675
	2,058	-	**2,058**	5,675	-	5,675

4 INCOME FROM CHARITABLE ACTIVITES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Family Support						
Grants received	7,000	410,861	**417,861**	5,000	446,613	451,613
Therapeutic commissioning	22,531	-	**22,531**	28,597	-	28,597
Room hire	68,112	-	**68,112**	70,008	-	70,008
Sessional fees	-	-	**-**	1,225	-	1,225
Youth Club subscriptions	3,334	-	**3,334**	2,844	-	2,844
Miscellaneous	141	-	**141**	11,362	-	11,362
	101,118	410,861	**511,979**	119,036	446,613	565,649

5 INCOME FROM INVESTMENTS

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Interest received	9,524	-	**9,524**	2,048	-	2,048
	9,524	-	**9,524**	2,048	-	2,048

6 EXPENDITURE ON CHARITABLE ACTIVITES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Family Support						
Staff costs	8,057	168,849	**176,906**	-	203,942	203,942
Travel	-	6,849	**6,849**	-	7,817	7,817
Premises	-	4,517	**4,517**	-	6,128	6,128
Counselling	12,037	42,448	**54,485**	23,462	37,337	60,799
Beneficiary activities	579	26,808	**27,387**	449	25,868	26,317
Printing, postage and stationery	-	1,118	**1,118**	-	1,661	1,661
Telephone and computers	181	959	**1,140**	-	5,954	5,954
Equipment	290	-	**290**	-	3,820	3,820
General expenses	478	1,650	**2,128**	-	1,334	1,334
Professional fees	1,875	15,707	**17,582**	-	13	13
	23,497	268,905	**292,402**	23,911	293,874	317,785
Support costs (see note 7)	68,486	157,804	**226,289**	65,869	142,326	208,195
Governance costs (see note 7)	2,340	-	**2,340**	1,860	-	1,860
	70,826	157,804	**228,629**	67,729	142,326	210,055
	94,323	426,709	**521,031**	91,640	436,200	527,840

7 SUPPORT COSTS

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Support costs:						
Staff costs	4,318	97,959	**102,277**	9,003	92,473	101,476
Staff training	96	-	**96**	737	1,303	2,040
Travel	334	372	**706**	2,138	-	2,138
Premises	29,704	59,473	**89,177**	21,988	48,550	70,538
Insurance	10,802	-	**10,802**	7,731	-	7,731
Printing, postage and stationery	176	-	**176**	156	-	156
Telephone and computers	19,437	-	**19,437**	11,209	-	11,209
General expenses	3,734	-	**3,734**	4,248	-	4,248
Professional fees	4,286	-	**4,286**	4,032	-	4,032
Surplus on disposal of bus	(7,856)	-	**(7,856)**	-	-	-
Depreciation	3,454	-	**3,454**	4,627	-	4,627
	68,486	157,804	**226,289**	65,869	142,326	208,195
Governance costs:						
Independent examination	2,340	-	**2,340**	1,860		1,860
	2,340	-	**2,340**	1,860	-	1,860
	70,826	157,804	**228,629**	67,729	142,326	210,055

8 TRUSTEES

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2023 - none).

9 EMPLOYEES

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	20	20

Total staff costs recognised in the year:	2024 £	2023 £
Wages and salaries	251,369	276,734
Social security costs	13,866	15,391
Pension costs	13,948	13,293
	279,183	305,418

No employees whose total employee benefits (excluding employer pension and national insurance costs) for the reporting period amounted to over £60,000 (2023 - none)

10 TANGIBLE FIXED ASSETS

	Leasehold Land and Buildings £	Fixtures, Fittings and Equipment £	Motor Vehicles £	Total £
Cost				
At 1 April 2023	206,254	178,943	127,797	512,994
Disposals	-	-	(119,138)	(119,138)
At 31 March 2024	**206,254**	**178,943**	**8,659**	**393,856**
Depreciation and impairment				
At 1 April 2023	140,515	178,517	124,722	443,754
Depreciation charged in the year	3,287	107	61	3,455
Depreciation on disposals	-	-	(116,308)	(116,308)
At 31 March 2024	**143,802**	**178,624**	**8,475**	**330,901**
Carrying amount				
At 31 March 2024	**62,452**	**319**	**184**	**62,955**
At 31 March 2023	65,739	426	3,075	69,240

11 DEBTORS

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	4,301	2,214
Other debtors	1,558	1,558
Prepayments and accrued income	6,314	5,014
	12,173	8,786

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other loans	3,967	4,701
Deferred income	19,078	10,000
Trade creditors	13,485	5,345
Accruals and other creditors	3,483	2,848
	40,013	22,894

13 CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2024	2023
	£	£
Other loans	7,806	11,366
	7,806	11,366

14 RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 Apr 2022	Movement in funds Income	Expenditure	Balance at 1 Apr 2023	Movement in funds Income	Expenditure	**Balance at 31 Mar 2024**
	£	£	£	£	£	£	**£**
SMBC Early Help Project	-	105,000	105,000	-	70,000	70,000	-
SMBC Youth Crosby	-	30,000	30,000	-	30,000	30,000	-
SMBC Youth Southport	-	20,000	20,000	-	20,000	20,000	-
SMBC Child Injury	-	54,250	54,250	-	54,250	54,250	-
SMBC Holiday Activity	-	14,280	10,765	3,515	18,660	19,750	2,425
Sefton CCG counselling	-	54,197	54,197	-	65,008	65,008	-
Sefton CCG Therapeutic Activiti	-	-	-	-	15,648	15,648	-
Sefton CVS projects	-	61,106	59,250	1,856	75,033	76,889	-
Small grants	1,090	18,624	13,884	5,830	6,600	9,646	2,784
LIV Investment grant	9,553	-	98	9,455	-	9,455	-
Police funding - Stonehaven	-	35,000	35,000	-	35,000	35,000	-
Burbo Bank - Girls Imperium	-	9,656	9,656	-	4,917	4,917	-
Greener Futures	-	2,500	2,100	400	-	400	-
Brighter Living North					6,009	6,009	-
Youth Investment Fund					9,736	9,736	-
National Lottery	-	10,000	10,000	-	-	-	-
Police Community Cashback	-	5,000	5,000	-	-	-	-
Police Southport Town Centre	-	7,000	7,000	-	-	-	-
Street Games UK	-	20,000	20,000	-	-	-	-
VRU projects	420	-	-	420	-	-	420
	11,063	446,613	436,200	21,476	410,861	426,709	**5,629**

15 DESIGNATED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 Apr 2022	Movement in funds Transfer In	Transfer Out	Balance at 1 Apr 2023	Movement in funds Transfer In	Transfer Out	**Balance at 31 Mar 2024**
	£	£	£	£	£	£	**£**
Fixed asset fund	73,867	-	4,627	69,240	-	3,454	65,786
Contingency fund	166,556	4,627	-	171,183	4,162	-	175,345
Other designated funds	9,577	-	-	9,577	-	-	9,577
	250,000	4,627	4,627	250,000	4,162	3,454	**250,708**

16 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds 2024	Designated Funds 2024	Restricted Funds 2024	**Total Funds 2024**
	£	£	£	**£**
Fund balances at 31 March 2024 are represented by:				
Tangible assets	-	62,955	-	62,955
Current assets / (liabilities)	236,428	184,922	5,629	426,979
Long term liabilities	(7,806)	-	-	(7,806)
	228,622	247,877	5,629	**482,128**

	Unrestricted Funds 2023	Designated Funds 2023	Restricted Funds 2023	**Total Funds** 2023
	£	£	£	**£**
Fund balances at 31 March 2023 are represented by:				
Tangible assets	-	69,240	-	69,240
Current assets / (liabilities)	219,487	180,760	21,476	421,723
Long term liabilities	(11,366)	-	-	(11,366)
	208,121	250,000	21,476	**479,597**

17 RELATED PARTY TRANSACTIONS

There were no known disclosable related party transactions during the year (2023 - none).

PARENTING 2000

England & Wales - Charity number 1042989

Accounts

Registered Company Limited by Guarantee Number: 02997217
Registered Charity Number: 1042989

Parenting 2000

Parenting 2000

Company Limited by Guarantee

UNAUDITED FINANCIAL STATEMENTS AND

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2023

FRIDAY
ACIXCIKJ
A37 22/12/2023 #305
COMPANIES HOUSE

https://parenting2000.org.uk/

PARENTING 2000

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FOR THE YEAR ENDED 31 MARCH 2023

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PARENTING 2000

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 MARCH 2023

Registered charity name:	Parenting 2000
Trustees:	Nigel Bellamy (Chair) Paul Booth Bernadette Cox Susan Holden Steven McDermott Dr Jeremy Swinson Julie Wallis
Company secretary:	Janine Hyland
Chief executive:	Janine Hyland
Charity registration number:	1042989
Company registration number:	02997217
Registered office address:	The Lodge, 3 Mornington Road, Southport, PR9 0TS
Independent examiner:	Oliver Grills FCA J A Fell & Co Chartered Accountants 40 Hoghton Street, Southport, PR9 0PQ
Bankers:	HSBC 49a Fishergate, Preston, Lancashire, PR1 8BH
Solicitors:	Appointed when required
ICT support:	Britannia IT Unit 1, George Business Park, Cemetery Road, Southport, PR8 5EF
HR:	John Bloor E.B.S. Law Ltd EBS Law House, Poynton, Stockport, SK12 1YH
Insurance:	Southport Insurance Brokers 36 Hoghton Street, Southport, PR9 0PQ

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The trustees submit their annual report and financial statements for the year ended 31 March 2023. The financial statements follow the requirements of the revised Charities Statement of Recommended Practice (FRS 102) (second edition - October 2019) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). For the purpose of charity law, directors are also the company's trustees and are responsible for making all major decisions on behalf of the company and are referred to throughout this report as trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Parenting 2000 is a company limited by guarantee governed by its Memorandum and Articles of Association dated 1 December 1994 as amended 6 January 2007. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company, each of whom agrees to contribute £10 in the event of the charity winding up.

Recruitment and appointment of the trustees

As set out in the articles of association, the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest serving one third of trustees retire each year and are able to offer themselves for re-election. When considering the co-option of trustees, the charity has regard to the requirements for any specialist skills or experience. The trustees are committed to continually reviewing the board's skills-base to enable members to best fulfil their duties and obligations.

The board of trustees, which comprises not less than 3 members, administers the charity. The board normally meets formally four times a year with more regular meetings between the Chair and Chief Executive.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery activity.

Trustee induction and training

The Chief Executive is responsible for inducting newly recruited trustees and arranging training. The training provided for new trustees will depend on their existing experience and the role they will have on the board. This is sourced through Sefton CVS, Sefton Council and independent companies. All trustees receive training and CPD in Safeguarding.

Risk management

The trustees have a risk management strategy which covers all ares of the organisation: (1) A risk register of the principal risks and uncertainties that the charity faces, which is reviewed annually; (2)The establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and (3) the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

OBJECTIVES AND ACTIVITIES

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and as such the Charity's objects and activities have been specifically developed to ensure that they comply with the Charity Commission guidance on delivering public benefit.

Our mission
To support families to face the challenges of everyday life.

Objects of the charity
To advance the education of the public regarding safety issues in everyday life and thereby to preserve and protect the moral and physical welfare of any vulnerable members of society, in particular, but not exclusively, children, throughout the North West of England and Wales.

Our values
We are here for all members of our community particularly targeting services to vulnerable children, young people and families most in need – where deprivation, poverty and emotional wellbeing dramatically affect everyday life.

ACHIEVEMENTS AND PERFORMANCE

Review and summary of the year
Demand for our services has increased benefitting 2,696 families this year. Activities are delivered from both our centres based in Southport and Crosby as well as peripatetically from other community venues, schools and prisons where we offer a 'wrap around' approach for service users to access a range of interventions aimed at overcoming the challenges that children and young people and families face in everyday life. During the year we delivered public benefit by the following activities:

YOUTH WORK AND SUPPORT

Alchemy Youth: Our open access and targeted youth provision operates under the brand name 'Alchemy'. Alchemy Youth Club runs four evenings a week for 140 young people aged 11-18 years old. Youth Club activities are shaped by our young people providing an opportunity for them to learn, engage in positive childhood experiences, develop resilience and make positive life choices.

Greener Futures: We ran an upcycling project at youth club where our young people could learn redesign and sewing skills to upcycle their clothing.

The Girls Imperium: A two year programme of boot camps for girls and young women to give them vital skills and guidance to stay safe. So far we have worked with 75 young women and will continue the project to September 2023 targeting a further 90 young women for 2023-2024. Participants consulted to date reported that the skills and guidance made them feel more in control of their lives.

Targeted Youth: To divert young people aged 10-18yrs from negative behaviours in the context of youth crime and embrace positive lifestyle choices with focus and drive. We delivered two targeted programmes.

OBJECTIVES AND ACTIVITIES (continued)

Stonehaven: Funded by Merseyside Police where:
90 young people engaged in total;
30 young people received intensive targeted interventions; and
60 young people participated in mass delivery interventions.

The 11:11 Programme: Funded by The Ministry of Justice in partnership with Engage & Change CIC, we designed and delivered a 3 month CrossFit sports programme supported by lifestyle workshops and mentoring for 15 young people. Positive outcomes of the two targeted programmes reported by the young people included:

90% are making better lifestyle choices;
84% feel more knowledgeable about staying safe online;
78% reported improved personal relationships; and
61% reported improvements at school.

EARLY HELP FAMILY SUPPORT

Whole Family Working Interventions through the Sefton Troubled Families Initiatives, our family support workers help families by intervening at an early stage before the problems become too serious to get their children back into school, reduce criminal activity, domestic violence and anti-social behaviour in the home and help parents back into employment. 105 Families received Early Help Support to overcome difficulties and prevent crisis.

'My family support worker helped me to communicate & work with school to improve my son's school attendance.'

Child Safety Fittings: We deliver a child safety equipment fitting scheme into people's home under the Child Injury Prevention Scheme funded by Sefton MBC. Child safety equipment was fitted to 308 households with a total of 2,323 items of safety equipment fitted such as stair gates, fire guards, cupboard locks etc.

THERAPY AND MENTAL HEALTH SUPPORT

Our team of professional therapeutic counsellors, registered with BACP/UKCP, provide therapeutic counselling for children (aged six years and upwards), teenagers, parents/carers (all genders) individuals or couples, individual adults (all genders) and families where we operate a whole family approach to working with children and young people. 264 children and young people and adults accessed our Therapeutic Counselling Services this year.

Ticking Over Sessions: whilst clients are waiting. Demand outstrips supply for our service. As a risk mitigation strategy, from September 2022, we offered everyone on our therapy waiting list a 30 minute consultation between a therapist and parent/caregiver or alone with YCP if chosen. Sessions explore the wider variety of sign posting, self-help, community resources, including Parenting 2000's own mental health workshops and support groups. Also people on our waiting list are welcome to access a session when they feel they want. 99 people accessed a ticking over session from September to March.

Mental Health Support Groups: 100 young people and parents attended our workshops and support sessions and groups this year which were:

OBJECTIVES AND ACTIVITIES (continued)

Youth mentoring: One to one support from a Youth worker attended by 30 young people this year.
Youth Circle: An educational psychologist designed and led groups for young people focusing on common youth issues, attended by 21 young people this year.
Parenting Programme (Youth Connect 5): Course for parents/carers which aims to educate about teenage brain development and the impact on mental well-being. The overall aim being to improve family resilience. 25 parents attended this year.
Kindness Box: For younger children incorporating the use of psycho-education so that children improve their understanding of what is happening in their brain as they grow older or when they are triggered by a certain event/person/sound was attended by 23 children.
Baby Talk Group: Our perinatal support social group, 'Baby Talk'. The group which has 20 registered members meets weekly where new and expecting parents can drop in and meet other parents, share ideas and access professional information, guidance and support. During the summer we received funding to run a festival.

PARTNERSHIPS

Tyred Rides CIC continues to work in partnership with Alchemy providing information and advice on all things bicycle and cycling. Tyred Rides is Parenting 2000's Community Interest Company that recycles, sells and maintains bicycles, provides access to learning cycle maintenance skills and offers volunteering opportunities.

Sefton Emotional Achievement Service (SEAS): We continue to be a part of a consortium, which is a group of local charities who have come together with the aim of helping children, young people and families to aspire and achieve through providing bespoke emotional well-being support. This is delivered at the right time and right place through voluntary sector consortium working. This year we worked with a local high school on a therapeutically informed programme we designed to help tackle school refusal.

Sefton Crisis Café Hub: This year we expanded our partnership with Sefton Crisis Café Hub for adults which is led by Sefton CVS. At both our Southport and Crosby centres Crisis Café now operates to provide an alternative access point for people aged 18yrs and above requiring out of hours support where experiencing symptoms of mental illness crisis. Attendance is 48-60 people a week. In addition to our Southport Peer Support Worker we employed a support worker to take referrals from the new Crosby Crisis Café Team to deliver pastoral, practical support and advocacy to services users outside Crisis Café hours.

Sefton Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) Partnership: Parenting 2000 continues to be an active member of the partnership which is part of a national NHS transformation programme that aims to improve existing Child and Adolescent Mental Health Services. Our chief executive completed the Leadership in psychological therapies for Children's and young people with funding via the partnership.

Buddy Up Plus: A Sefton CVS project offers a weekly social opportunity for young adults aged 18 to 25 from both of our centres who have additional needs and disabilities and are at risk of social isolation which in turn has a negative impact upon their mental health. Several alumni from Alchemy Youth have joined the group.

OBJECTIVES AND ACTIVITIES (continued)

Edge Hill University: We continued our partnership with Edge Hill University and hosted 8 students who were Masters and first Degree therapy students on clinical placement. Our therapeutic lead delivered training approved by the university to the students on best practice specifically for working with children and young people in therapy.

ANTI POVERTY MEASURES

Children and young people and their families have benefitted from the anti-poverty initiatives that parenting 2000 has been involved in delivering:

Access to Food: We provided a combination of 535 packed and cooked meals for children in the school summer holidays;.
Holiday Activity Fund (HAF) (Sefton Council): We supported 436 CYP with enhanced activities and food during school holidays;
Winter Clothes Fund (CVS): Vouchers for 28 low income families to buy winter clothes for children and young people. Youth mentors assisted some CYP to spend their vouchers wisely; and
Christmas Shelter: Volunteers provided 300 hot meals, 400 sandwiches, 80 cooked breakfasts and 80 food bags to homeless and vulnerable people over the Christmas 2022 period. Farm Food Vouchers were donated by Southport Rotary Club and Southport Lions/Round Table donated Christmas Hampers for 24 of our families. Toys and ASDA vouchers were gifted by the Rotary Club.

HOSTING IN OUR CENTRES

This year we hosted the following groups/organisations: Tyred Rides CIC, The Frantastic Day Nursery, Engage and Change CIC, Access Sefton, Sefton CVS, Buddy Up, Buddy Up Plus, Aiming High, Sefton Young Carers, Merseyside Youth Association, Southport Writers, G Master Key Martial Arts and space for social care contacts for Sefton, Liverpool, Wirral and Halton Councils.

FINANCIAL REVIEW

Review and summary of the year

The results for the year and state of the charity's affairs at 31 March 2023 are set out in the financial statements on pages 10 to 20 showing income of £573,372 (2022 - £562,850) and expenditure of £527,840 (2022 - £527,699).

The charity recorded a surplus of £45,532 (2022: £35,151) for the year bringing the total funds to a surplus of £479,597 (2022: £434,065).

The Charity continues to occupy 3 buildings over two sites and has maintained reserves to specifically support their maintenance. The charity's cash reserves are invested in bank deposit accounts. The trustees regularly review the investment options.

Principal funding sources

The principal funding sources of the charity continues to be public sector commissions from Sefton MBC, supplemented by a number of smaller grant funds and from room hire and some private therapy services.

FINANCIAL REVIEW (continued)

Reserves policy

The trustees have reviewed the Reserves Policy of the charity and have recognised the need to establish appropriate level of working capital to sustain the future operations and obligations in the event of unforeseen reductions in its income streams to be designated to cover 6 months running costs in line with Charity Commission Guidelines.

As at 31 March 2023, 6 months running costs would be equal to about £264,000. Unrestricted reserves stood at £208,121 plus a designated contingency reserve of £171,183. The trustees feel that this is sufficient to maintain the services currently being run.

RELATED PARTIES AND CO-OPERATION WITH OTHER ORGANISATIONS

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

PLANS FOR FUTURE PERIODS

We recognise that it is necessary to create a more diversified income base for the sustainability of the charity and as such established a Mental Health and Wellbeing trading arm 'Mindful Futures CIC' for the expansion of our commissioned therapy and ancillary well-being activities. Our Bicycle recycling and repair service 'Tyred Rides CIC' continues to generate income for the Charity and going forward we will continue to maximise and identify income generating opportunities that are aligned to our charitable mission.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the year. In preparing those financial statements, the trustees are required to:

a. select suitable accounting policies and apply them consistently;

b. make judgements and estimates that are reasonable and prudent;

c. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;

d. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

APPROVAL

This report was approved by the board of trustees on 7/12/23 and signed on its behalf by:

.....

Nigel Bellamy - trustee

PARENTING 2000

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PARENTING 2000

FOR THE YEAR ENDED 31 MARCH 2023

I report to the trustees on my examination of the financial statements of Parenting 2000 ('the charity') for the year ended 31 March 2023, which are set out on pages 10 to 20.

Responsibilities and basis of report
As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a qualified member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that, in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2. the financial statements do not accord with those records; or

3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Oliver Grills FCA (Independent examiner)
for and on behalf of J A Fell & Co Chartered Accountants
40 Hoghton Street, Southport, PR9 0PQ

Dated: 7/12/2023

PARENTING 2000

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
INCOME FROM:							
Donations and legacies	3	5,675	-	**5,675**	6,228	-	6,228
Charitable activities	4	119,036	446,613	**565,649**	91,288	464,926	556,214
Investments	5	2,048	-	**2,048**	408	-	408
TOTAL INCOME		126,759	446,613	**573,372**	97,924	464,926	562,850
EXPENDITURE ON:							
Charitable activities	6	91,640	436,200	**527,840**	54,524	473,175	527,699
TOTAL EXPENDITURE		91,640	436,200	**527,840**	54,524	473,175	527,699
NET INCOME/(EXPENDITURE) FOR THE YEAR		35,119	10,413	**45,532**	43,400	(8,249)	35,151
Fund balances at 1 April 2022		423,002	11,063	**434,065**	379,602	19,312	398,914
Fund balances at 31 March 2023		458,121	21,476	**479,597**	423,002	11,063	434,065

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 1 to 20 form part of these financial statements.

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	Total funds 2023 £	Total funds 2022 £
FIXED ASSETS			
Tangible assets	**10**	69,240	73,867
		69,240	73,867
CURRENT ASSETS			
Debtors	**11**	8,786	24,539
Cash at bank and in hand		435,831	380,926
		444,617	405,465
CREDITORS: amounts falling due within one year	**12**	22,894	29,197
NET CURRENT ASSETS		**421,723**	**376,268**
TOTAL ASSETS LESS CURRENT LIABILITIES		**490,963**	**450,135**
CREDITORS: amounts falling due after more than one year	**13**	11,366	16,070
NET ASSETS		**479,597**	**434,065**
INCOME FUNDS			
Restricted funds	**14**	21,476	11,063
Unrestricted funds:			
Designated funds	**15**	250,000	250,000
General unrestricted funds		208,121	173,002
TOTAL FUNDS		**479,597**	**434,065**

For the year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on ....., and are signed on behalf of the board by:

.....

The notes on pages 1 to 20 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 ACCOUNTING POLICIES

a Charity information

Parenting 2000 is a private company limited by guarantee incorporated in England and Wales. The registered office is The Lodge, 3 Mornington Road, Southport, PR9 0TS.

b Accounting convention

The financial statements have been prepared in accordance with the charity's memorandum and articles of association incorporated 1 December 1994, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest whole £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

c Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

d Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise unrestricted funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purpose and uses of the restricted funds are set out in the notes to the financial statements.

e Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised upon receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 ACCOUNTING POLICIES (continued)

e Income (continued)

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance obligations is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

f Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be reliably measured.

All expenditure is accounted for on an accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

g Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of the assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	5% straight line
Computers	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

h Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

i Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 ACCOUNTING POLICIES (continued)

j Financial instruments

The charity has elected to apply the provision of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

k *Retirement benefits*

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 CRITICAL ACCOUNTING ESTIMATES AND JUDGEMENTS

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2023 £	**Restricted funds 2023 £**	**Total funds 2023 £**	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations and gifts	5,675	-	**5,675**	6,228	-	6,228
	5,675	-	**5,675**	6,228	-	6,228

4 INCOME FROM CHARITABLE ACTIVITES

	Unrestricted funds 2023 £	**Restricted funds 2023 £**	**Total funds 2023 £**	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Family Support						
Grants received	5,000	446,613	**451,613**	7,500	464,926	472,426
Therapeutic commissioning	28,597	-	**28,597**	17,834	-	17,834
Room hire	70,008	-	**70,008**	52,448	-	52,448
Sessional fees	1,225	-	**1,225**	1,245	-	1,245
Youth Club subscriptions	2,844	-	**2,844**	3,398	-	3,398
Minibus third party hire	-	-	-	5,795	-	5,795
Miscellaneous	11,362	-	**11,362**	3,068	-	3,068
	119,036	446,613	**565,649**	91,288	464,926	556,214

5 INCOME FROM INVESTMENTS

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Interest received	2,048	-	**2,048**	408	-	408
	2,048	-	**2,048**	408	-	408

6 EXPENDITURE ON CHARITABLE ACTIVITES

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Family Support						
Staff costs	-	203,942	**203,942**	-	249,655	249,655
Travel	-	7,817	**7,817**	-	5,412	5,412
Premises	-	6,128	**6,128**	-	10,060	10,060
Counselling	23,462	37,337	**60,799**	-	47,843	47,843
Beneficiary activities	449	25,868	**26,317**	-	34,613	34,613
Printing, postage and stationery	-	1,661	**1,661**	-	2,283	2,283
Telephone and computers	-	5,954	**5,954**	-	3,085	3,085
Equipment	-	3,820	**3,820**	-	5,287	5,287
General expenses	-	1,334	**1,334**	-	1,127	1,127
Professional fees	-	13	**13**	-	700	700
	23,911	293,874	**317,785**	-	360,065	360,065
Support costs (see note 7)	65,869	142,326	**208,195**	52,724	113,110	165,834
Governance costs (see note 7)	1,860	-	**1,860**	1,800	-	1,800
	67,729	142,326	**210,055**	54,524	113,110	167,634
	91,640	436,200	**527,840**	54,524	473,175	527,699

7 SUPPORT COSTS

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Support costs:						
Staff costs	9,003	92,473	**101,476**	-	81,276	81,276
Staff training	737	1,303	**2,040**	-	-	-
Travel	2,138	-	**2,138**	3,319	-	3,319
Premises	21,988	48,550	**70,538**	16,619	31,834	48,453
Insurance	7,731	-	**7,731**	9,045	-	9,045
Printing, postage and stationery	156	-	**156**	639	-	639
Telephone and computers	11,209	-	**11,209**	13,732	-	13,732
General expenses	4,248	-	**4,248**	557	-	557
Professional fees	4,032	-	**4,032**	3,615	-	3,615
Depreciation	4,627	-	**4,627**	5,198	-	5,198
	65,869	142,326	**208,195**	52,724	113,110	165,834
Governance costs:						
Independent examination	1,860		**1,860**	1,800	-	1,800
	1,860	-	**1,860**	1,800	-	1,800
	67,729	142,326	**210,055**	54,524	113,110	167,634

8 TRUSTEES

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2022 - none). Expenses totalling £25 (2022 - £48) were repaid to trustees during the year.

9 EMPLOYEES

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	20	19

Total staff costs recognised in the year:	2023 £	2022 £
Wages and salaries	276,734	299,045
Social security costs	15,391	17,252
Pension costs	13,293	14,634
	305,418	330,931

No employees whose total employee benefits (excluding employer pension and national insurance costs) for the reporting period amounted to over £60,000 (2022 - none)

10 TANGIBLE FIXED ASSETS

	Leasehold Land and Buildings £	Computers £	Motor Vehicles £	Total £
Cost				
At 1 April 2022	206,254	178,943	127,797	512,994
At 31 March 2023	**206,254**	**178,943**	**127,797**	**512,994**
Depreciation and impairment				
At 1 April 2022	137,055	178,375	123,697	439,127
Depreciation charged in the year	3,460	142	1,025	4,627
At 31 March 2023	**140,515**	**178,517**	**124,722**	**443,754**
Carrying amount				
At 31 March 2023	**65,739**	**426**	**3,075**	**69,240**
At 31 March 2022	69,199	568	4,100	73,867

11 DEBTORS

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	2,214	19,636
Other debtors	1,558	1,558
Prepayments and accrued income	5,014	3,345
	8,786	24,539

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other loans	4,701	3,935
Deferred income	10,000	12,000
Trade creditors	5,345	9,759
Accruals and other creditors	2,848	3,503
	22,894	29,197

13 CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023	2022
	£	£
Other loans	11,366	16,070
	11,366	16,070

14 RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 Apr 2021	Movement in funds Income	Expenditure	Balance at 1 Apr 2022	Movement in funds Income	Expenditure	**Balance at 31 Mar 2023**
	£	£	£	£	£	£	£
SMBC Early Help Project	-	105,000	105,000	-	105,000	105,000	-
SMBC Youth Crosby	-	30,000	30,000	-	30,000	30,000	-
SMBC Youth Southport	-	20,000	20,000	-	20,000	20,000	-
SMBC Child Injury	-	54,250	54,250	-	54,250	54,250	-
SMBC Holiday Activity	-	6,120	6,120	-	14,280	10,765	3,515
Social Investment Business	1,084	-	1,084	-	-	-	-
Sefton CCG counselling	7,808	60,678	68,486	-	54,197	54,197	-
Sefton CVS projects	-	65,833	65,833	-	61,106	59,250	1,856
Small grants	-	11,405	10,315	1,090	18,624	13,884	5,830
LIV Investment grant	-	10,000	447	9,553	-	98	9,455
Police funding - Stonehaven	10,000	30,000	40,000	-	35,000	35,000	-
Burbo Bank - Girls Imperium	-	-	-	-	9,656	9,656	-
Greener Futures	-	-	-	-	2,500	2,100	400
National Lottery	-	-	-	-	10,000	10,000	-
Police Community Cashback	-	8,440	8,440	-	5,000	5,000	-
Police Southport Town Centre	-	-	-	-	7,000	7,000	-
Street Games UK	-	-	-	-	20,000	20,000	-
WEA (ESF) - Wellness to work	-	19,886	19,886	-	-	-	-
WEA (ESF) - Mindful Futures	-	6,799	6,799	-	-	-	-
HEE - IAPT Trainee	-	36,515	36,515	-	-	-	-
VRU projects	420	-	-	420	-	-	420
	19,312	464,926	473,175	11,063	446,613	436,200	**21,476**

15 DESIGNATED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 Apr 2021	Movement in funds Transfer In	Transfer Out	Balance at 1 Apr 2022	Movement in funds Transfer In	Transfer Out	**Balance at 31 Mar 2023**
	£	£	£	£	£	£	**£**
Fixed asset fund	79,065	-	5,198	73,867	-	4,627	69,240
Contingency fund	15,226	151,330	-	166,556	4,627	-	171,183
Other designated funds	9,577	-	-	9,577	-	-	9,577
	103,868	151,330	5,198	250,000	4,627	4,627	**250,000**

16 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds 2023	Designated Funds 2023	Restricted Funds 2023	**Total Funds 2023**
	£	£	£	**£**
Fund balances at 31 March 2023 are represented by:				
Tangible assets	-	69,240	-	69,240
Current assets / (liabilities)	219,487	180,760	21,476	421,723
Long term liabilities	(11,366)	-	-	(11,366)
	208,121	250,000	21,476	**479,597**

	Unrestricted Funds 2022	Designated Funds 2022	Restricted Funds 2022	**Total Funds** 2022
	£	£	£	**£**
Fund balances at 31 March 2022 are represented by:				
Tangible assets	-	73,867	-	73,867
Current assets / (liabilities)	189,072	176,133	11,063	376,268
Long term liabilities	(16,070)	-	-	(16,070)
	173,002	250,000	11,063	**434,065**

17 RELATED PARTY TRANSACTIONS

There were no known disclosable related party transactions during the year (2022 - none).

PARENTING 2000

England & Wales - Charity number 1042989

Accounts

Parenting 2000
Trustees` Annual Report
&
Financial Statements
For the Year ended
31 March 2022

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2022

The trustees, who are also Directors for the purposes of the Companies Act, are pleased to present their annual report and financial statements of the charity for the year ending 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102) in preparing the annual report and financial statements of a charitable company.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charitable company's governing document, the Companies Act 2006 and 'Accounting and Reporting by Charities': Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16th July 2014 (and amended by update bulletin 1 published on 2nd February 2016).

Our Mission

To support families to face the challenges of everyday life.

Objects of the charity

The objectives of the charity are to advance the education of the public regarding safety issues in everyday life and thereby to preserve and protect the moral and physical welfare of any vulnerable members of society, in particular but not exclusively children, throughout the North West of England and Wales.

Values

Our values are the beliefs and attitudes that shape the work we do which are that we are here for all members of our community particularly targeting services to vulnerable children, young people and families most in need – where deprivation, poverty and emotional wellbeing dramatically affect everyday life.

Achieving our Objects

We strive to achieve our objects by promoting and embedding parenting skills, providing a place where all parents, carers, young people and children can access information, advice and support enabling them to meet the diverse challenges that life presents.

Public Benefit

The Charity's objects and activities have been specifically developed to ensure that they comply with the Charity Commission guidance on delivering public benefit.

REFERENCE AND ADMINISTRATIVE DETAILS

Incorporated in England and Wales on 1st December 1994

Trustees:	Nigel Edmund Bellamy (Chair) Susan Holden Steven McDermott Paul Booth Bernadette Cox Dr Jeremy Swinson Julie Wallis
Company Secretary	Janine Hyland
Chief Executive:	Janine Hyland
Charity number:	1042989
Company number:	02997217
Registered Office:	The Lodge, 3 Mornington Road, Southport, PR9 0TS
Our Advisors	
Accountant & Independent Examiner:	Oliver Grills FCA, J A Fell & Co Chartered Accountants, 40 Hoghton St, Southport PR9 0PQ
Bankers:	HSBC, 49a Fishergate , Preston, Lancashire, PR1 8BH
Solicitors:	Brownejacobson LLP, Victoria Square House, Victoria Square, Birmingham B2 4BU
ICT Support:	Britannia IT, 106 Cemetery Rd, Southport PR8 5EF
HR:	John Bloor, EBS Law, London House, London Rd S, Poynton, Stockport SK12
Insurance:	Southport Insurance Brokers, 36 Hoghton Street, Southport, PR9 0PQ

Activities, Achievement and Performance

The Charity has met the continuing challenges presented by the COVID-19 Pandemic this year and has continued to grow its expertise in delivery in providing our activities to achieve our mission, vision and values.

Activities

Demand for our services has increased. Our activities are delivered from Parenting 2000's two Centres based at Mornington Road Southport and The Youth and Community Centre Crosby as well as peripatetically from other community venues, schools and prisons.

During the Pandemic we embraced digital solutions to deliver services as a means to navigating the related disruptions. We now offer some on line service delivery and communication options to provide flexibility and choices for our service users.

We offer a 'wrap around' approach where service users can access a range of interventions all aimed at overcoming the challenges that children & young people and families face in everyday life. We are here for all members of the community to access all our services directly. In addition, we receive referrals from professionals such as GPs, social workers, CAMHS, youth offending team, schools Merseyside Police, pupil referral units, well-being centres etc.

During the year we delivered public benefit by the following activities.

Therapeutic Services

Our team of professional therapeutic counsellors, registered with BACP/UKCP, provide therapeutic counselling, for children (aged six years and upwards), teenagers, parents/carers (all genders) individuals or couples, individual adults (all genders) and families, where we operate a whole family approach to working with children and young people.

The individual therapy supports emotional issues that can affect everyday life such as relationships and family problems, anger, behaviour, anxiety, addiction, depression and low mood, stress and feeling overwhelmed and not coping, low self-esteem, lack of confidence, bullying at school / work or home, bereavement/loss, post-traumatic stress, domestic abuse (all genders and ages), issues around gender identity & sexuality and unemployment,and school or college pressures.

Sefton Emotional Achievement Service (SEAS)

We continue to be a part of a consortium, Sefton Emotional Achievement Service (SEAS) which is a group of local charities who have come together with the aim of helping children, young people and families to aspire and achieve through providing bespoke emotional well-being support, delivered at the right time and right place through voluntary sector consortium working.

Collectively, the SEAS Consortium has more than 100 years of experience in delivering services and supporting local people. The lead agency is Sefton CVS and consortium partners alongside Parenting 2000 are The Venus Charity, Merseyside Youth Association and Personal Support Services, (PSS).

Early Help family support

We provide Family Intervention Parenting (whole Family Working) through the Sefton Troubled Families Initiatives. Our family support workers help families by intervening at an early stage before the problems become too serious; to get their children back into school, reduce criminal, domestic violence and anti-social behaviour in the home and help parents back into employment.

Practical Child Safety Fittings in The Home

We deliver a child safety equipment fitting scheme into people's home under the Child Injury Prevention Scheme funded by Sefton MBC.

Alchemy Youth Provision

Our youth provision operates under the brand name 'Alchemy' where we provide a range of programmes and activities:

Youth Club

Alchemy Youth Club runs from both of our centres providing targeted and open access sessions for young people aged 9-18 years old. Youth Club activities are shaped by our young people providing an opportunity for them to learn, engage in positive childhood experiences, develop resilience and make positive life choices.

Socialisation: Celebrations, DJ, various sports, youth café, chill /film night, story time etc., plant propagation, nature trail etc.
Safe space: Pastoral support and guidance from our youth workers, self-care, peer mentoring and psychoeducational activity.
Academic enrichment: Quiet time & IT provision to support CYP with homework and studies. quizzes, debates and discussions which have involved issues such as climate change, equality and world poverty.
Life Skills: Group sessions and mentoring on increasing self-esteem, becoming more assertive, healthy relationships, dealing with conflict, dealing with bullying, personal safety on line and off line and citizenship.
Employability skills: CV writing, career information and personal presentation.
Information & guidance: Ensuring that young people can access appropriate services available to them.
Youth Circle: Help for young people aged 11-18 years, in a relaxed,nformal group, with common youth issues such as friendships and healthy relationships, being more confident, dealing with bullying, managing feelings, dealing with conflict, safe social media, worries about school and school work.

Detached Youth Mentoring (Stonehaven)

This year we introduced a new project funded by Merseyside Police's Operation Stonehaven. A targeted initiate aimed to prevent young people involved in or at risk of criminal exploitation from engaging in criminal exploitation to make positive choices by enhancing their opportunities and widening their horizons. This is achieved via a combination of supporting young people on an individual basis and/ or in very small groups of less than five with mental well-being and resilience. Led by a Youth Worker the young people were provided with mentoring and non- clinical therapeutic support, personal development and diversionary activities.

Buddy Up Plus At Alchemy

A new partnership with Sefton CVS, Buddy Up Plus offers a weekly social opportunity for young adults aged 18 to 25 from both of our centreds who have additional needs and disabilities and are at risk of social isolation, which has a negative impact upon their mental health.

The weekly clubs provide a place for eligible Alchemy Youth Club Alumini's and other participants with a place to meet other young adults similar to them and develop friendships with people they have things in common with. Where they are able chat with their friends, play games and take part in other fun activities.

'The Alchemy Big Blue Bus' (formerly The Play Bus)

Our multi use activity vehicle 'The Big Blue Bus' is used by Alchemy in partnership with Tyred Rides CIC and Brighter Living Partnership where it has been involved in engaging children, young people and families in a range of well-being and diversionary activities.

Parenting Programmes & Support Groups

We provide parenting programmes from our premises , online , at schools and in Prisons.

Youth Connect 5

Youth Connect 5 is a 5 week course for parents/carers which aims to educate about teenage brain development and the impact on mental well-being. It also gives strategies for listening to and communicating with children and young people: the overall aim being to improve family resilience.

Wellness for Work –Employability Programme

Following the success of our therapy led employability Programme for unemployed adults aged 19yrs plus we introduced Wellness to Work to help them to overcome the psychological barriers to employment and returning to education including an additional focus on navigating the related issues presented by The Pandemic.

Baby Talk

This year we introduced a perinatal support social group, 'Baby Talk' The group which has 20 registered members meets every Tuesday morning at our Southport Centre where new end expecting parents can drop in and meet other parents, share ideas, access professional information, guidance and support.

Sefton Crisis Café Hub

This year we formed a new partnership with Sefton Crisis Café Hub for adults led by Sefton CVS at our Southport centre with outreach activities in the wider community. The Crisis Café is an alternative access point for people 18 yrs. and over requiring out of hours support experiencing symptoms of mental illness which may result in crisis without support.
The café runs on a Friday, Saturday and Sunday evenings & run by a Crisis team and supports on average 8-10 people in Crisis per session.

To further support the Crisis Café service users Parenting 2000 has employed a Peer Support Worker to help and assist people on a day to day basis who are referred by the Crisis Café Team who are looking for support. This involves providing pastoral, practical support and advocacy, facilitate peer mentoring and participation amongst clients of the service and to sign post them to access other services that they may find therapeutic.

Parents Support Circle

Our facilitated drop in support group for parents/carers .

Facts about Alcohol and Drugs (FAD)

A course for parents and carers to enable them to develop awareness about drugs and alcohol. The course is designed by Parenting 2000 and has been accredited by Open Awards.

The course increases factual knowledge about drugs and alcohol and covers the causes of drugs & alcohol misuse, physical & psychological effects of drugs & alcohol, effects of misuse on others, drug & alcohol withdrawal and agencies who can offer help and support. This year we adapted the course materials and resources to run this with children and young people.

Dads Matter

The 'Dads Matter' The Dads Matter programme is a course that has been specifically designed by Parenting 2000 to help fathers/male carers and fathers-to-be, who are currently serving a custodial prison

sentence, to build on their existing parenting skills in preparation for release. The course is commissioned by HM Prisons.

Mindful Futures CIC

This year Parenting 2000 set up a trading subsidiary, a Community Interest Company Mindful Futures CIC. The new CIC will offer therapeutically led wellbeing and coaching services to individuals and organisations.

Achievements and Performance

Our services benefitted 2690 families this year.

- **558 Children and Young People Accessed our Therapeutic Counselling Services this year.**

  Feedback:

  "I can't tell you how much having these sessions and talking has helped me."

  "It is helpful to have someone to talk to" and "my favourite part of the week is coming here".

- This Year Sefton Clinical Commissioning Group provided some additional funding for a weekly evening mental heath and well-being youth drop in for CYP by funding a sessional well- being worker to support the youth mentors. As a result, **we have kept 6 young people from attending A&E**

- **Delivered Thrive Development Workshops 'Train the Trainer'**

  Parenting 2000 is committed working to the Thrive Model which is a needs led integrated, person-centred approach to delivering mental health services for children, young people and families which conceptualises need in five categories or needs based groups: Thriving, Getting Advice, Getting Help, Getting More Help and Getting Risk Support.

  This year we used our commitment and expertise to deliver workshops on the Thrive Model Workshops for other organisations

- **Sefton Children and Young People's Involving Access to Psychological Therapies (CYP IAPT) Partnership** :
  Parenting 2000 continues to be an active member of the partnership which is part of a national NHS transformation programme that aims to improve existing Child and Adolescent Mental Health Services.
  This year we employed a full time Children & Young People's IAPT Cognitive Behavioural Therapist Post Graduate Trainee.

  In September our Chief Executive began a course in Service leadership skills. NW Leadership programme: Leading transformation and change,with The Psychological Therapies Training Centre of Greater Manchester Mental Health NHS Trust, due to finish Summer 2022.

- **Partnership working with Edge Hill University**
  We continued our partnership with Edge Hill University and hosted 3 Masters Degree students and 3 degree students on clinical placement. We also hosted a Child and Youth Studies degree student on placement.

- **Child safety equipment was fitted to 264 households safety equipment** such as stair gates, fire guards, cupboard locks etc. into people's home with the Sefton Child Injury Prevention Scheme funded by Sefton MBC. We also we continued to collect vitamins from Public Health and distribute them to each of the Children's Centres in Sefton each month.

- **105 Families received Early Help Support to overcome difficulties and prevent crisis.**

  Feedback:

  ' Since we received the help and support from our Family Practitioner , life has got better as there has been an improvement of the wellbeing of our whole family.

  ' Thank you so much for always listening to me'

- **Alchemy Youth achieved a membership of 250 Children and young people aged 9 – 18 years.** Activity highlights this year include:

  - **Career mentoring** with The **Strive** programme, introducing young people to career mentors, including a record producer, police officer, Sefton Young Advisers and a gaming company.
  - **The Girls Imperium**: A two year programme of boot camps for girls and young women, to give them vital skills and guidance to staying safe.
  - **Youth Café**: Our summer holiday drop in Café provided free cooked meals for children, young people and packed lunches for families.
  - **Youth Club Trampolining Trip:** We took 69 Children and Young people for a fun day out on a Youth Club trip to Flip Out Trampolining Centre in Aintree.
  - **Youth Circle**: our Educational Psychologist developed and led e motional and mental health support groups were attended by 30 young people.
  - **Tyred Rides Tyred Rides CIC** continues to work in partnership with Alchemy providing information and advice on all things bicyle and cycling. Tyred Rides is Parenting 2000's, Community Interest Company that recycles, sells and maintains bicycles provides access to learning cycle maintenance skills and volunteering opportunities.

  Feedback
  "After their first session they said "Mum I think I have finally found somewhere I belong" Parent of boy aged 16
  "I love going out in a group, I have made friends for life" Girl aged 15
  "I have really grown in confidence and my social skills have improved" Girl aged 15
  "I have learnt its ok not to be ok and that there is help and support there when I need it"- Girl aged 14

Detached Youth Mentoring – Stonehaven

During 2021-2022 the project worked with 57 children and young people to protect them from becoming exploited by criminals: The project outcomes were as follows:

↑	Over 56 % of children and young people who attended reported improved personal relationships
↑	93 % reported that they have made new friends
↑	77% are working towards goals at school that previously they had not been able to achieve
↑	62% are enjoying school more.
↑	90% feel more knowledgeable about staying safe online.
↑	80% know how to report drug suspicions online, and to say no to drugs.
↑	80% strongly agree that they are making healthy choices regarding drugs.
↑	90% agree or strongly agree that there are more knowledgeable about the dangers and risks of county lines.
↑	Over 90% feel they are now interested in new things and feeling less anxious and stressed

Feedback

"I am self-harming less as I feel like I have someone I can talk to"-Girl aged 17

"The work they have done regarding young people's mental health is priceless and has made them so much more aware of important issues involving drugs, crime, peer pressure etc which for a vulnerable teenager is hugely important."-Parent of boy aged 17

" *They talk more openly to me about their thoughts and feelings and that is all down to the detached youth team*"- Parent of girl aged 16

" *These programmes are vital to our teens as sometimes just having someone around their age speak about drugs etc makes it more important than a parent or school.*"- Parent of boy aged 11

"*What your'e doing is amazing and it is definitely needed in Southport*" Manager of a Lord Street Business.

- **Wellness for Work :14 unemployed adults were helped to overcome psychological barriers to entering the labour market and or training** with our Wellness to Work European Social Funded (ESF) therapeutically led adult employability. From the 14 attendees, 2 people gained employment and 1 entered further education.

Feedback:

"I enjoyed the course, I feel confident and ready to try new things"

"I feel I have benefitted from the course and have gained a new confidence"

"My confidence has improved a lot, I have learnt new skills and am able to reduce my stress. The course has helped me plan for my future."

- **Youth Connect 5 Parenting courses: 35 parents accessed our courses this year.**

Feedback

"It made me stop and look at things from my daughter's perspective much more than I probably was doing before. It gave me great tips on how to manage situations and gave me perspective on the bigger picture within the family and what it is that we really need to focus on (e.g. getting on better together, finding ways to spend time together happily etc).

"I have really enjoyed learning about strategies to take a step back and listen to my children and not get so caught up in the moment."

- **Line Dancing**

During summer 2021, finding that there were few suitable facilities open at the time, a group of volunteers started a seniors line dancing group in our Alchemy Hall to encourage other senior citzens to get active.

- **Anti Poverty Measures**

  The children and young people participants and their families have benefitted from the anti- poverty initiatives that parenting 2000 has been involved in delivering

  :

  - Access to Food: We provided a combination of 535 packed and cooked meals for familiies in the school summer holidays.
  - Holiday Activity Fund (HAF) – (Sefton Council); Funding for enhanced activities and food during school holidays.
  - Winter Clothes Fund (CVS) vouchers for 45 CYP and parents of low income families to buy winner clothes. Youth mentors assisted some CYP to spend their vouchers wisely.

- **Fundraising** - Parenting 2000 were chosen as Firwood Waterloo RFC's charity of the year which raised £1,063.52

Donations:

We received Donations in cash and in kind from the following organisations and would like to thank them for their support this year:

- The Rotary Club of Southport: Who once again donated ASDA Vouchers to us. This enabled the purchase of essential items for families such as toiletries, school uniforms, shoes, clothes for job interviews. We also received beautifully presented Christmas hampers which were gratefully received by our most vulnerable families.
- Holy Trinity Church: Who made several donations to support our families
- Southport Lions Club: who donated clothing, food hampers at Christmas
- Kevin Jackson, a Local Landscape Photographer: Who last year donated the proceeds of the sale of his stunning photograph of the amazing view of the seaside resort Blackpool captured from the Sefton coast we continued to receive proceeds of sales early this year
- Southport Business Improvement District (The BID) donated some voucher for the youth mentors to take young people free of charge to their Christmas virtual winter wonderland.
- Regular food and toiletries from Marks and Spencers,
- Fruit from Tesco.
- Pizzeria Mama Mia donated a meal voucher.
- Volare donated a meal voucher
- Southport Market allowed the youth mentors to run a drug awareness session over a snack for a small group of young people
- The Bijou Cinema provided free tickets
- Tenpin Bowling Southport provided discounted tickets.
- YMCA Southport provided discounted roller skating
- Dominos have provided free Pizzas
- Community Link Foundation - £500 towards personal care products for our children and young people.
- Individual members of the community: We received several generous cash and in kind donations from members of the public to help our young people and families.
- Businesses who donated items for our fundraiser at Waterloo Rugby Club:
  LFC Foundation, Bliss Hotel, Black Norman Solicitors,Tyred Rides CIC, Cantinetta Ristorante & Bar, Southport Netball Club, Remedy,The Woollen Pig, Beauty by Gemma, Gymophobics ,The Old Bank,92 Degrees, RS Fine Chocolate, Tipple Bar (Ainsdale), Southport Football Club, Vue cinema,Cone Head and Tracey Lysaght Yoga.

The Organisations We Host at Our Centres

This year we hosted:

- The Frantastic Day Nursery
- Engage and Change CIC
- Sefton CVS;
  - Crisis Café,
  - Buddy Up
  - Buddy Up Plus,
  - Community Development Service for Black, Asian and Minority Ethnic, (BAME), Communities
- Southport Writers
- Aiming High
- Sefton Young Carers
- Catch 22
- Saturday Zumba
- G Master Key Boxing

Financial Review

The principal funding sources of the charity continues to be public sector commissions from Sefton MBC, supplemented by a number of smaller grant funds and from room hire and some private therapy services.

The Charity now occupies 3 buildings over two sites and has maintained reserves to specifically support their maintenance. The charity's cash reserves are invested in bank deposit accounts. The trustees regularly review the investment options.

Reserves Policy

The trustees have reviewed the Reserves Policy of the charity and have recognised the need to establish appropriate level of working capital to sustain the future operations and obligations in the event of unforeseen reductions in its income streams to be designated to cover 6 months running costs in line with Charity Commission Guidelines

.Plans for Future Periods

We recognise that it is necessary to create a more diversified income base for the sustainability of the charity and as such during the year we have made progress establishing a Mental Health and Wel-lbeing trading arm' Mindful Futures CIC' for the expansion of our paid for therapy and ancillary well-being activities .

Our Bicycle recycling and repair service Tyred Rides CIC continues to generate income for the Charity and going forward we will continue to maximise and identify income generating opportunities that are aligned to our charitable mission.

Structure, Governance and Management

Governing Document

Parenting 2000 is a company limited by guarantee governed by its Memorandum and Articles of Association dated 1 December 1994 as amended 6 January 2007. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company, each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election. When considering the co-option of trustees, the charity has regard to the requirements for any specialist skills or experience. The trustees are committed to continually reviewing the board's skills-base to enable members to best fulfill their duties and obligations.

Trustee induction and training

The Chief Executive provides the new trustee with an overview of the timetable of the board meetings, copies of the minutes of recent meetings, of the recent reports and accounts, of the Articles of Association, of the Conflict of Interest policy and of similar documents and explains these. The Chief Executive provides the new trustee with a tour of the Parenting 2000 activities and introduces them to the staff. The training provided for new trustees will depend on their existing experience and the role they will have on the board. This is sourced through Sefton CVS, Sefton Council and independent companies.

A Programme of continuous professional development is being developed for the Board of Trustees.
Trustees have attended a variety of Parenting 2000 events and participated in other external learning and development opportunities.

Organisation

The board of trustees, which comprises not less than 3 members, administers the charity. The board normally meets formally four times a year with more regular meetings between the Chair and Chief Executive.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery activity.

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which covers all ares of the organisation: (1) A risk register of the principal risks and uncertainties that the charity faces, which is reviewed annually.(2)The establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

Trustees' Responsibilities

The trustees, who are also the directors of Parenting 2000 for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application or resources, including the income and expenditure, of the charitable company for that year. In preparing the financial statements, the trustees are required to:

1) Select suitable accounting policies and then apply them consistently;
2) Observe the methods and principles on the Charities SORP;
3) Make judgements and estimates that are reasonable and prudent;
4) State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
5) Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the

Companies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Board of Trustees on 17/11/2022 **and signed on their behalf by.**

Nigel Bellamy, Chair of Trustees & Paul Booth **Trustee**

PARENTING 2000

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF PARENTING 2000

I report to the trustees on my examination of the financial statements of Parenting 2000 (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report
As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

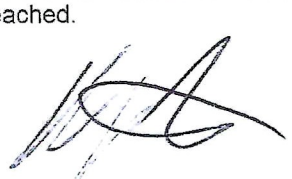
Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2 the financial statements do not accord with those records; or
3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Oliver Grills FCA

J A Fell & Co
40 Hoghton Street
Southport
PR9 0PQ

Dated: 17 November 2022

PARENTING 2000

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	3	6,228	-	6,228	4,710	-	4,710
Charitable activities	4	91,288	464,926	556,214	75,401	393,086	468,487
Investments	5	408	-	408	557	-	557
Total income		97,924	464,926	562,850	80,668	393,086	473,754
Expenditure on:							
Charitable activities	6	54,524	473,175	527,699	23,680	391,741	415,421
Net income/(expenditure) for the year/ Net movement in funds		43,400	(8,249)	35,151	56,988	1,345	58,333
Fund balances at 1 April 2021		379,602	19,312	398,914	322,614	17,966	340,580
Fund balances at 31 March 2022		423,002	11,063	434,065	379,602	19,311	398,913

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

PARENTING 2000

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	10		73,867		79,065
Current assets					
Debtors	11	24,539		60,013	
Cash at bank and in hand		380,926		273,023	
		405,465		333,036	
Creditors: amounts falling due within one year	13	(29,197)		(13,188)	
Net current assets			376,268		319,848
Total assets less current liabilities			450,135		398,913
Creditors: amounts falling due after more than one year	14		(16,070)		-
Net assets			434,065		398,913
Income funds					
Restricted funds	16		11,063		19,311
Unrestricted funds					
Designated funds	17	250,000		103,868	
General unrestricted funds		173,002		275,734	
			423,002		379,602
			434,065		398,913

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2022

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 17 November 2022

Mr Nigel Bellamy
Trustee

Company Registration No. 02997217

1 Accounting policies

Charity information

Parenting 2000 is a private company limited by guarantee incorporated in England and Wales. The registered office is The Lodge, 3 Mornington Road, Southport, PR9 0TS.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

1 Accounting policies (Continued)

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be reliably measured.

All expenditure is accounted for on an accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	5% straight line
Computers	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies (Continued)

Basic financial assets
Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities
Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities
Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Retirement benefits
Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	6,228	4,710

4 **Charitable activities**

	Family Support 2022 £	Family Support 2021 £
VRU Grants	-	15,350
Sefton MBC Grants	215,370	209,251
Sefton CCG Grants	60,678	33,110
Sefton CVS Grants	65,833	11,500
Police Funding - Stonehaven	30,000	10,000
Police Community Cashback Fund	8,440	23,431
Liv Investment Grant	10,000	-
WEA (ESF) - Wellness to Work Grant	19,886	-
WEA (ESF) - Mindful Futures Grant	6,799	13,201
Health Education England - IAPT Trainee Grant	36,515	2,540
Small Grants	11,405	5,813
Youth Endowment Fund	-	41,975
DCMS - Youth Covid Fund	-	26,915
Sefton CVS - Thrive Development Fund	7,500	-
Sefton CVS - Counselling Outreach Grant	-	2,500
Sefton CCG - South Sefton - Counselling Outreach Grant	-	15,000
Therapeutic Commissioning	17,834	10,467
Room Hire	52,448	26,166
Sessional Fees	1,245	9,630
Youth Club Subscriptions	3,398	635
Mini Bus Hire 3rd Party	5,795	1,833
Asda Foundation	-	900
Miscellaneous Income	3,067	8,270
	556,214	468,487
Analysis by fund		
Unrestricted funds	91,288	75,401
Restricted funds	464,926	393,086
	556,214	468,487

5 Investments

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Interest receivable	408	557

6 Charitable activities

	Family Support 2022 £	Family Support 2021 £
Staff costs	249,655	141,366
Travel	5,412	6,076
Premises	10,060	213
Counselling	47,843	51,560
Beneficiary activities	34,613	30,607
Insurance	-	5,958
Printing, postage and stationary	2,283	3,157
Telephone and computers	3,085	4,422
Equipment	5,287	3,643
General expenses	1,127	-
Professional fees	700	-
	360,065	247,002
Share of support costs (see note 7)	165,834	167,619
Share of governance costs (see note 7)	1,800	800
	527,699	415,421
Analysis by fund		
Unrestricted funds	54,524	23,680
Restricted funds	473,175	391,741
	527,699	415,421

7 Support costs

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Staff Costs	81,276	-	81,276	87,190	-	87,190
Travel	3,319	-	3,319	-	-	-
Premises	48,453	-	48,453	48,964	-	48,964
Insurance	9,045	-	9,045	607	-	607
PPS	639	-	639	-	-	-
Telephone and computers	13,732	-	13,732	17,152	-	17,152
Sundry	557	-	557	711	-	711
Accountancy	-	-	-	2,000	-	2,000
Professional	3,615	-	3,615	5,087	-	5,087
Depreciation	5,198	-	5,198	5,908	-	5,908
Independent examination	-	1,800	1,800	-	800	800
	165,834	1,800	167,634	167,619	800	168,419
Analysed between Charitable activities	165,834	1,800	167,634	167,619	800	168,419

Governance costs includes a charge for the independent examination fees of £1,800 with an adjustment representing a reduction in the prior year (2021: Charge £1,800)

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

2022 Number	2021 Number
19	17

10 Tangible fixed assets

	Leasehold land and buildings	Computers	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2021	206,254	178,943	127,797	512,994
At 31 March 2022	206,254	178,943	127,797	512,994
Depreciation and impairment				
At 1 April 2021	133,413	178,375	122,330	434,118
Depreciation charged in the year	3,642	-	1,367	5,009
At 31 March 2022	137,055	178,375	123,697	439,127
Carrying amount				
At 31 March 2022	69,199	568	4,100	73,867
At 31 March 2021	72,840	758	5,467	79,065

11 Debtors

	2022	2021
Amounts falling due within one year:	£	£
Trade debtors	19,636	52,264
Other debtors	1,558	1,558
Prepayments and accrued income	3,345	6,191
	24,539	60,013

12 Loans and overdrafts

	2022	2021
	£	£
Other loans	20,005	-
Payable within one year	3,935	-
Payable after one year	16,070	-

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Other loans		3,935	-
Deferred income	15	12,000	-
Trade creditors		9,759	9,046
Accruals and deferred income		3,503	4,142
		29,197	13,188

14 Creditors: amounts falling due after more than one year

	2022 £	2021 £
Other loans	16,070	-

15 Deferred income

	2022 £	2021 £
Income in advance	12,000	-

16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds		
	Balance at 1 April 2020	Incoming resources	Resources expended	Balance at 1 April 2021	Incoming resources 31	Balance at March 2022
	£	£	£	£	£	£
SMBC Early Help	-	105,000	(105,000)	-	105,000	-
SMBC Youth Crosby	-	30,000	(30,000)	-	30,000	-
SMBC Youth Southport	-	20,000	(20,000)	-	20,000	-
SMBC Child Injury	-	54,251	(54,251)	-	54,250	-
SMBC Holiday Activity Fund	-	-	-	-	6,120	-
Social Investment Business Grant (Reach)	1,084	-	-	1,084	-	-
Sefton CCG Counselling	-	33,110	(25,303)	7,807	60,678	-
Sefton CVS projects	-	11,500	(11,500)	-	65,833	-
Small Grants	1,926	5,813	7,739	-	11,405	1,090
Liv Investment Grant	-	-	-	-	10,000	9,558
Police Funding - Stonehaven	-	10,000	-	10,000	30,000	-
Police Community Cashback Fund (Police 2020)	-	23,431	(23,431)	-	8,440	-
WEA (ESF) - Wellness to Work Grant	-	-	-	-	19,886	-
WEA (ESF) - Mindful Futures Grant	-	13,201	(13,201)	-	6,799	-
Health Education England - IAPT Trainee Grant	-	2,540	(2,540)	-	36,515	-
VRU Projects	420	15,350	(15,350)	420	-	420
Supporting Families Against Youth Crime	14,536	-	(14,536)	-	-	-
Youth Endowment Fund	-	41,975	(41,975)	-	-	-
DCMS - Youth Covid Fund	-	26,915	(26,915)	-	-	-
	17966	**393086**	**391741**	**19311**	**464926**	**11063**

17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

		Movement in funds			
	Balance at 1 April 2020	Transfers	Balance at 1 April 2021	Transfers	Balance at 31 March 2022
	£	£	£	£	£
Fixed Asset fund	84,973	(5,908)	79,065	(5,198)	73,867
Contingency fund	15,226	-	15,226	151,330	166,556
Other designated funds	9,577	-	9,577	-	9,577
	109,776	(5,908)	103,868	146,132	250,000

18 Analysis of net assets between funds

	Unrestricted funds 2022	Designated funds 2022	Restricted funds 2022	Total 2022	Unrestricted funds 2021	Designated funds 2021	Restricted funds 2021	Total 2021
	£	£	£	£	£	£	£	£
Fund balances at 31 March 2022 are represented by:								
Tangible assets	-	73,867	-	73,867	-	79,065	-	79,065
Current assets/(liabilities)	189,071	176,133	11,063	376,267	275,734	24,803	19,311	319,848
Long term liabilities	(16,070)	-	-	(16,070)	-	-	-	-
	173,001	250,000	11,063	434,064	275,734	103,868	19,311	398,913

19 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

PARENTING 2000

England & Wales - Charity number 1042989

Accounts

Parenting 2000
Annual Report and Financial Statements
For the Year ended 31 March 2021

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

The trustees, who are also Directors for the purposes of the Companies Act, are pleased to present their annual report and financial statements of the charity for the year ending 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102) in preparing the annual report and financial statements of a charitable company.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charitable company's governing document, the Companies Act 2006 and 'Accounting and Reporting by Charities': Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16th July 2014 (and amended by update Bulletin 1 published on 2nd February 2016).

Our Mission

To support families to face the challenges of everyday life.

Objects of the charity

The objectives of the charity are to advance the education of the public regarding safety issues in everyday life and thereby to preserve and protect the moral and physical welfare of any vulnerable members of society, in particular but not exclusively children, throughout the North West of England and Wales.

Values

Our values are the beliefs and attitudes that shape the work we do which are that we are here for all members of our community particularly targeting services to vulnerable children, young people and families most in need – where deprivation, poverty and emotional wellbeing dramatically affect everyday life.

Achieving our Objects

We strive to achieve our objects by promoting and embedding parenting skills, providing a place where all parents, carers, young people and children can access information, advice and support enabling them to meet the diverse challenges that life presents.

Public Benefit

The Charity's objects and activities have been specifically developed to ensure that they comply with the Charity Commission guidance on delivering public benefit.

REFERENCE AND ADMINISTRATIVE DETAILS

Incorporated in England and Wales on 1st December 1994

Trustees:	Nigel Edmund Bellamy (Chair) Susan Holden Steven McDermott Paul Booth (joined 22nd March 2021) Bernadette Cox (joined 22nd March 2021) Dr Jeremy Swinson (joined 22nd March 2021) Julie Wallis (joined 22nd March 2021)
Company Secretary	Janine Hyland
Chief Executive:	Janine Hyland
Charity number:	1042989
Company number:	02997217
Registered Office:	The Lodge, 3 Mornington Road, Southport, PR9 0TS
Our Advisors	
Accountant & Independent Examiner:	Oliver Grills FCA, J A Fell & Co Chartered Accountants, 40 Hoghton St, Southport PR9 0PQ
Bankers:	HSBC, 49a Fishergate , Preston, Lancashire, PR1 8BH
Solicitors:	Brownejacobson LLP, Victoria Square House, Victoria Square, Birmingham B2 4BU
ICT Support:	Britannia IT, 106 Cemetery Rd, Southport PR8 5EF
HR:	John Bloor, EBS Law, London House, London Rd S, Poynton, Stockport SK12
Insurance:	Southport Insurance Brokers, 36 Hoghton Street, Southport, PR9 0PQ

Activities, Achievement and Performance

The Charity has met the challenges presented by the COVID-19 Pandemic this year and we have continued to grow its expertise in delivery in providing our activities to achieve our mission vision and values

Activities

Demand for our services has continued to grow. Our activities are delivered from Parenting 2000's two Centres based at Mornington Road Southport and The Youth and Community Centre Crosby as well as peripatetically from other community venues, including a doctor's surgery, schools and prisons.

Since the UK COVID-19 lockdown on 23rd March 2020 we have embraced digital solutions to continue with services and have flexibly navigated the pandemic related disruptions to successfully continue to deliver our activities.

We offer a 'wrap around' approach where service users can access a range of interventions all aimed at overcoming the challenges that children & young people and families face in everyday life. We are here for all members of the community to access all our services directly. In addition, we receive referrals from professionals such as GPs, social Workers, CAMHS, Youth Offending Team, schools Merseyside Police, Pupil Referral Units, Well-Being Centres etc.

During the year we delivered public benefit by the following activities.

Therapeutic Counselling

Our team of professional therapeutic counsellors, registered with BACP/UKCP, provide therapeutic counselling, for children (aged six years and upwards), teenagers, parents/carers (all genders) individuals or couples, individual adults (all genders) and families, where we operate a whole family approach to working with children and young people.

The individual therapy supports emotional issues that can affect everyday life such as relationships and family problems, anger, behaviour, anxiety, addiction, depression and low mood, stress and feeling overwhelmed and not coping, low self-esteem, lack of confidence, bullying at school / work or home, bereavement/loss, post-traumatic stress, domestic abuse (all genders and ages), issues around gender identity & sexuality and unemployment, school or college pressures.

Early Help family support

We provide support to families through the Sefton Turnaround Families initiative to help families resolve problems that affect them and their community. Our family support workers help families by intervening at an early stage before the problems become too serious; to get their children back into school, reduce criminal, domestic violence and anti-social behaviour in the home and help parents back into employment.

Practical Child Safety Fittings in The Home

We deliver a child safety equipment fitting scheme into people's home under the Child Injury Prevention Scheme funded by Sefton MBC.

Alchemy Youth Provision

Our youth provision operates under the brand name 'Alchemy' where we provide both targeted and open access youth clubs in both of our centres for young people aged 9-18 years old. Youth Club activities are shaped by our young people providing an opportunity for them to learn, engage in positive childhood experiences develop resilience and make positive life choices.

Socialisation: Celebrations, DJ, various sports, youth café, chill /film night, story time etc., plant propagation, nature trail etc.
Safe space: Pastoral support and guidance from our youth workers, self-care, peer mentoring, educational resources on personal safety using approved educational resources and guest speakers.
Academic enrichment: Quiet time & IT provision to support CYP with homework and studies. quizzes, debates and discussions which have involved issues such as climate change, equality and world poverty.
Life Skills: Group sessions and mentoring on increasing self-esteem, becoming more assertive, healthy relationships, dealing with conflict, dealing with bullying, personal safety on line and off line and citizenship.
Employability skills: CV writing, career information and personal presentation.
Information & guidance: Ensuring that young people can access appropriate services available to them.

'The Big Blue Bus' (formerly The Play bus)

Our multi use activity vehicle 'The Big Blue Bus' is used by Alchemy in partnership with Tyred Rides CIC and Brighter Living Partnership where it has been involved in engaging children, young people and families in a range of health & well-being and diversionary activities.

Parenting Programmes & Support Groups

We provide parenting programmes from our premises at schools and in Prisons.

Dads Matter

The '**Dads Matter'** course is designed to support family relationships during the Dads' time in prison and to give time to reflect on the impact that their imprisonment is having on their children and to develop strategies for when they are released. Evidence shows that having a parent in prison vastly increases the chances of criminal activity in their children. This is delivered by an Early Help Worker and a Children and Young People's Therapist.

Youth Connect 5

Youth Connect 5 is a 5 week course for parents/carers which aims to educate about teenage brain development and the impact on mental well-being. It also gives strategies for listening to and communicating with children and young people: the overall aim being to improve family resilience.

Parents Support Circle

Our weekly drop in support group for parents/carers staffed by our youth and one leader continued on line of our children and young people's therapists.

Mindful Futures –Employability Programme

Our new therapy led employability Programme for unemployed adults aged 19 and over to help them to overcome the psychological barriers to employment and returning to education.

Facts about Alcohol and Drugs (FAD)

A course for parents and carers to enable them to develop awareness about drugs and alcohol. The course is designed by Parenting 2000 and has been accredited by Open Awards.

The course increases factual knowledge about drugs and alcohol and covers the causes of drugs & alcohol misuse, physical & psychological effects of drugs & alcohol, effects of misuse on others, drug & alcohol withdrawal and agencies who can offer help & support.

Youth Circle

A group for 11-16 year olds, developed and led by our Educational Psychologist in Residence and delivered with the support of a youth worker to provide additional pastoral support. The course is aimed at improving young people's understanding of emotions and mental wellbeing, whilst gaining ideas and strategies to manage difficult feelings and to build the necessary confidence, self-esteem and assertiveness to make them less vulnerable to being groomed by criminal predators into gangs.

Sefton Emotional Achievement Service (SEAS)

We continue to be a part of a consortium, Sefton Emotional Achievement Service (SEAS) which is a group of local charities who have come together with the aim of helping children, young people and families to aspire and achieve through providing bespoke emotional well-being support, delivered at the right time and right place through voluntary sector consortium working.

Our consortium partners are: Sefton CVS, The Venus Charity, Personal Support Services, (PSS) Merseyside Youth Association and Sefton Women's and Children's Aid.

Achievements and Performance

Our services benefitted 1296 families this year.

- **292 Children and Young People Accessed our Therapeutic Counselling & Diversionary Services this year.** This year we also introduced 'Eco therapy' to our service; therapy combined with outdoor activity and nature, usually walking for overall wellbeing.

  Feedback:

  "I have loved going on the walking sessions on the beach because it makes me so happy to be in the open space, I enjoy it because I like jumping off the sand dunes and meditating. I have learned that I am calmer and can focus more when I am in nature."

  "Being a part of the eco project has been really cool because I have got to explore parts of Southport I have never spent a lot of time in. One session we walked around the lake and down by the pier. I had had a bad day but being there with the staff was great because it allowed me to get outside, talk and I felt better afterwards."

  "I had the best time attending the beach sessions, I felt so much more cheered up!"

  55 young people joined 'Roots and Wings' (RAW) Following our success in securing funding from the Youth Endowment Covd-19 Fund we ran RAW, our on- line therapeutic diversionary Programme of one to one and group therapy interventions to help children and young people aged 10 years to 14 years at risk of becoming involved in violent crime make better choices in life.

- **24 unemployed adults were helped to overcome psychological barriers to entering the labour market** and or training with our Mindful Futures European Social Funded (ESF) therapeutically led adult employability course which we ran online.

  Feedback:

  "I was lacking in confidence and struggled daily. I enrolled on the course and was absolutely terrified, not knowing what to expect, who else was going to be on the course and would I be too scared to speak up. Straight away I was put at ease, it was. I am so pleased to have been part of this wonderful course, being led by two lovely therapists. They were able to help with coping strategies for our confidence and anxiety and putting them into practice in our job search to gain meaningful employment"

- **85 Families received Early Help Support** to overcome difficulties and prevent crisis.

  Feedback:

  Our family practitioner really understood the problems we were dealing with and gave us the support we needed to work through them.

- **IAPT CYP**: Parenting 2000 continued to be part of the Sefton Children and Young People's Involving Access to Psychological Therapies (CYP IAPT) partnership which is part of a national NHS transformation programme that aims to improve existing Child and Adolescent Mental Health Services. In March 2021 we employed a full time Children & Young People's IAPT Cognitive Behavioural Therapist Post Graduate Trainee.

- **Partnership working with Edge Hill University:** We continued our partnership with Edge Hill University and hosted two first year students on the MSc in Counselling and Psychotherapy- Contemporary Creative Approaches. During the Covid lockdowns, our students joined our on line sessions and supported in

such groups as a children's emotional support group for our 'Raw' project, a course for parents in children's mental health and on our employability programme 'Mindful Futures'.

- **Youth Connect 5 Parenting courses**: We ran five courses online this year (one of them for Dads/male carers) and reached 51 parents/carers. The courses were delivered by a children and young people's therapist and were for parents of children and young people who have behavioural difficulties, issues with anger and emotional dysregulation. The course taught parents how the adolescent mind works so that parents can better understand how to support their child's behavior.

  Feedback

  "I wish I had known about this sooner – it has really helped me improve my relationship with my son"

- ***Parents* Support Circle**: Our weekly drop in support group for parents/carers staffed by our youth and one leader continued on line of our children and young people's therapists.

  Feedback:

  "It was helpful to share experiences and find support from other parents."

- **1109 installations of child safety equipment were fitted,** such as stair gates, fire guards, cupboard locks etc. into people's home with the Sefton Child Injury Prevention Scheme funded by Sefton MBC.

- **Alchemy Youth**: Despite the Covid-19 disruption to Youth Club which restricted our delivery most of the year to either working on line or in lots of small groups, membership rose from 100 to 251 members during the year. Our Alchemy Junior Youth Club also secured funding to continue from Police Community Cash Back Fund for ages 9-11 years in both Crosby and Southport for 12 months.
  This year members of our Youth Club contributed towards a local history exhibition the Atkinson in July. by making a film that they (our young people) called 'Hope in Our time'

  Feedback:

  "My two children are happier on days when youth club is on and have a better attitude to school." Parent

- **Alchemy Juniors**: After successfully piloting this project we secured funding from the Police Community Cash Back Fund to continue it for 12 months.
  Feedback from young people:

  I love youth club because it is so fun and I get to meet new people-, aged 11.

- **Youth Circle:** During covid-19 retractions in the autumn and winter we delivered Youth Circle to four groups of 6 young people to support their mental health during these challenging times.

  Feedback:

  "They boosted my confidence, helped my self- esteem and gave me hope for the future. I loved these sessions from doing workshops and talks to meditation it was all inspirational!" aged -15

  "The past 2 sessions have been amazing, they've helped me and they're really fun as everyone gets involved and it's really nice to talk about things." - aged, 15

  "Made me think in a different way. Made me feel a different way." - aged, 15

- **Tyred Rides Workshop Wednesdays**: Tyred Rides CIC continued to work in partnership with Alchemy providing information and advice on all things cycling, this year using the Zoom Platform.
  Feedback from young people:

- **Big Blue Bus** once again worked in Partnership with Brighter Living Partnership, Tyred Rides CIC and Alchemy Youth, where it delivered weekly family fun sessions (in small bubbles in line with Covid-19 restrictions) on Devonshire Park during August 2020.

- **Vitamin Delivery Service** - During periods when staff were able to return to the office, we continued to collect vitamins from Public Health and distribute them to each of the Children's Centres in Sefton each month.

- **Sefton for Good Free School Meals:** Once again we took part in the project for school aged children which aims to eliminate school holiday hunger. We provided 734 meals and packed lunches to local school aged children.

- **Income Generation**: We successfully secured social investment form LIVV investors to develop a CIC Wellbeing trading company to generate income for Parenting 2000

- **Trustee Recruitment**: We successfully recruited four additional trustees who have brought further skills knowledge and experience to our board

- **Southport Christmas Food Shelter**. Once again (in its 30th year) our volunteers provided meals for the homeless during Christmas week. This year they provided 100 hot meals and 100 cold meals.

- **Our Chief Executive appeared on Southport's local radio station, Sangrounder Radio** in December to talk about the work Parenting 2000 does to support people's mental health in the community.

- **Christmas Stocking Donation**: Christmas was a lot brighter this year for 100 young people thanks to a grant received by the FPC Foundation via The Community Foundation of Merseyside that enabled us to make up over 100 Christmas stockings to be distributed direct to young people & families in our community who have suffered hardships due to the COVID Pandemic.

Donations: We received Donations from the following organisations and would like to thank them for their support this year:

- **The Rotary Club of Southport:** Who once again donated ASDA Vouchers to us. This enabled the purchase of essential items for families such as toiletries, school uniforms, shoes, clothes for job interviews. We also received beautifully presented Christmas hampers which were gratefully received by our most vulnerable families.
- **Holy Trinity Church:** Who made several donations to support our families
- **Southport Lions Club:** who donated clothing, food hampers at Christmas
- **Asda:** Food hampers and essential items for our young people and families at Christmas
- **Kevin Jackson, a Local Landscape Photographer:** Who donated the proceeds of the sale of his stunning photograph of the amazing view of the seaside resort Blackpool captured from the Sefton coast.
- **The Charities Aid Foundation:** Who passed on a generous donation from a local business to help us further our charitable activities.
- **Individual members of the community:** We received several generous cash and in kind donations to help our young people during the pandemic from members of the public

The Organisations We Host at Our Centres

This year we hosted The Frantastic Day Nursery, Engage and Change CIC Groundwork UK and Mum's The Word.

Financial Review

The principal funding sources of the charity continues to be public sector commissions from Sefton MBC, supplemented by a number of smaller grant funds and from room hire and some private therapy services.

The Charity now occupies 3 buildings over two sites and has maintained reserves to specifically support their maintenance

The charity's cash reserves are invested in bank deposit accounts. The trustees are currently reviewing the investment options.

Reserves Policy

The trustees have reviewed the Reserves Policy of the charity and have recognised the need to establish appropriate level of working capital to sustain the future operations and obligations in the event of unforeseen reductions in its income streams.

We have identified that there is a need to have sufficient funds to meet contractual obligations to staff and to have sufficient funds to ensure that legal obligations relating to the buildings, such as leases, are met.

There is an allocation towards maintaining a staffing presence during this time.

Plans for Future Periods

We recognise that it is necessary to create a more diversified income base for the sustainability of the charity and as such during the year we have made progress by planning the development of a Mental Health and Wellbeing trading arm for the expansion of our paid for therapy and this year have received funds from social investor Livv Investment.

Our Bicycle recycling and repair service Tyred Rides CIC continues to grow and generate income for the Charity and going forward we will continue to maximise and identify income generating opportunities that are aligned to our charitable mission.

Structure, Governance and Management

Governing Document

Parenting 2000 is a company limited by guarantee governed by its Memorandum and Articles of Association dated 1 December 1994 as amended 6 January 2007. It is registered with the Charity Commission. Anyone over the age of 18 can become a member of the Company, each of whom agrees to contribute £10 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association the trustees are elected by members of the charitable company attending the Annual General Meeting. The longest service one third of trustees retires each year and is able to offer themselves for re-election. When considering the co-option of trustees, the charity has regard to the requirements for any specialist skills or experience. The trustees are committed to continually reviewing the board's skills-base to enable members to best fulfill their duties and obligations.

Trustee induction and training

The Chief Executive provides the new trustee with an overview of the timetable of the Board meetings, copies of the minutes of recent meetings, of the recent reports and accounts, of the Articles of Association, of the Conflict of Interest policy and of similar documents, and explains these. The Chief Executive provides the new trustee with a tour of the Parenting 2000 activities and introduces them to the staff. The training provided for new trustees will depend on their existing experience and the role they will have on the board. This is sourced through Sefton CVS, Sefton Council and independent companies.

A Programme of continuous professional development is being developed for the Board of Trustees. Trustees have attended a variety of Parenting 2000 events and participated in other external learning and development opportunities.

Organisation

The board of trustees, which comprises not less than 3 members, administers the charity. The board normally meets formally four times a year with more regular meetings between the Chair and Chief Executive.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment, and service delivery activity.

Related parties and co-operation with other organisations

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and any client or supplier is disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Risk Management

The trustees have a risk management strategy which covers all ares of the organization

- A risk register of the principal risks and uncertainties that the charity faces, which is reviewed annually
- The establishment of policies, systems and procedures to mitigate those risks identified in the annual review; and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

Trustees' Responsibilities

The trustees, who are also the directors of Parenting 2000 for the purpose of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application or resources, including the income and expenditure, of the charitable company for that year. In preparing the financial statements, the trustees are required to:

1) Select suitable accounting policies and then apply them consistently;
2) Observe the methods and principles on the Charities SORP;
3) Make judgements and estimates that are reasonable and prudent;
4) State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
5) Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the

Companies Act 2006. They are also responsible for the safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the board of trustees on 16/12/21 **and signed on their behalf.**

Mr. Nigel Bellamy
Chair of Trustees

PA Boo
Paul Andrew Boote
Trustee

PARENTING 2000

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF PARENTING 2000

I report to the trustees on my examination of the financial statements of Parenting 2000 (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in Englang and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Oliver Grills FCA

J A Fell & Co
40 Hoghton Street
Southport
PR9 0PQ

Dated: 20/12/2021

PARENTING 2000

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Income and endowments from:							
Donations and legacies	3	4,710	-	4,710	1,630	-	1,630
Charitable activities	4	75,401	393,086	468,487	184,967	208,807	393,774
Investments	5	557	-	557	480	-	480
Other income	6	-	-	-	2,270	-	2,270
Total income		80,668	393,086	473,754	189,347	208,807	398,154
Expenditure on:							
Charitable activities	7	23,680	391,741	415,421	176,349	238,376	414,725
Net income/(expenditure) for the year/ Net movement in funds		56,988	1,345	58,333	12,998	(29,569)	(16,571)
Fund balances at 1 April 2020		322,614	17,966	340,580	309,616	47,534	357,150
Fund balances at 31 March 2021		379,602	19,311	398,913	322,614	17,965	340,579

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

PARENTING 2000

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	11		79,065		84,973
Current assets					
Debtors	12	60,013		17,447	
Cash at bank and in hand		273,023		242,598	
		333,036		260,045	
Creditors: amounts falling due within one year	13	(13,188)		(4,439)	
Net current assets			319,848		255,606
Total assets less current liabilities			398,913		340,579
Income funds					
Restricted funds	14		19,311		17,965
Unrestricted funds					
Designated funds	15	103,868		109,776	
General unrestricted funds		275,734		212,838	
			379,602		322,614
			398,913		340,579

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16/12/21

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Mr Nigel Bellamy
Trustee

Company Registration No. Company Registration Number: 02997217

1 Accounting policies

Charity information

Parenting 2000 is a private company limited by guarantee incorporated in England and Wales. The registered office is The Lodge, 3 Mornington Road, Southport, PR9 0TS.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

1 Accounting policies

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be reliably measured.

All expenditure is accounted for on an accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	5% straight line
Computers	25% reducing balance
Motor vehicles	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Donations and gifts	4,710	1,630

4 Charitable activities

	Family Support 2021 £	Family Support 2020 £
Sefton MBC	209,250	216,938
Youth Crime Prevention	-	3,000
The Social Investment Business Fund	-	13,084
Grantscape	2,889	8,970
Small Grants	1,930	518
Community Foundation	-	2,000
Sefton CVS	13,000	20,602
CCG	48,110	22,320
Therapeutic Commissioning	10,467	26,929
Room Hire	26,166	58,533
Sessional Fees	9,630	17,750
Youth Club Subscriptions	635	1,548
Mini Bus Hire 3rd Party	1,833	1,470
Miscellaneous income	8,271	112
ESF Mindful Futures	12,000	-
CRG Youth Eco Therapy	1,000	-
Festival of Hope Fund	994	-
Police Funding	33,431	-
Violence Reduction	15,350	-
Youth Covid 19 Support	26,915	-
Youth Endowment Fund	41,975	-
Asda Foundation	900	-
	468,487	393,774
Analysis by fund		
Unrestricted funds	75,401	184,967
Restricted funds	393,086	208,807
	468,487	393,774

5 Investments

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Interest receivable	557	480

6 Other income

	Total	Unrestricted funds
	2021	2020
	£	£
Insurance claim receivable	-	2,270

7 Charitable activities

	Family Support 2021	**Family Support 2020**
	£	**£**
Staff costs	164,246	157,306
Travel	6,076	4,788
Premises	213	-
Counselling	51,560	50,761
Beneficiary activities	7,727	11,892
Insurance	5,958	5,404
Printing, postage and stationary	3,157	4,781
Telephone and computers	4,422	4,007
Equipment	3,643	2,646
	247,002	241,585
Share of support costs (see note 8)	167,619	171,640
Share of governance costs (see note 8)	800	1,500
	415,421	414,725
Analysis by fund		
Unrestricted funds	23,680	176,349
Restricted funds	391,741	238,376
	415,421	414,725

8 Support costs

	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Staff Costs	87,190	-	87,190	79,532	-	79,532
Premises	48,964	-	48,964	59,288	-	59,288
Insurance	607	-	607	(2,270)	-	(2,270)
Telephone and computers	17,152	-	17,152	12,286	-	12,286
Sundry	711	-	711	(1,223)	-	(1,223)
Accountancy	2,000	-	2,000	4,626	-	4,626
Professional	5,087	-	5,087	12,599	-	12,599
Depreciation	5,908	-	5,908	6,802	-	6,802
Independent examination	-	800	800	-	1,500	1,500
	167,619	800	168,419	171,640	1,500	173,140
Analysed between						
Charitable activities	167,619	800	168,419	171,640	1,500	173,140

Governance costs includes a charge for the independent examination fees of £1,800 with an adjustment representing a reduction in the prior year (2020: Charge £500)

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

2021 Number	2020 Number
17	16

11 Tangible fixed assets

	Leasehold land and buildings	Computers	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2020	206,254	178,943	127,797	512,994
At 31 March 2021	206,254	178,943	127,797	512,994
Depreciation and impairment				
At 1 April 2020	129,580	177,933	120,508	428,021
Depreciation charged in the year	3,834	252	1,822	5,908
At 31 March 2021	133,414	178,185	122,330	433,929
Carrying amount				
At 31 March 2021	72,840	758	5,467	79,065
At 31 March 2020	76,674	1,010	7,289	84,973

12 Debtors

	2021	2020
Amounts falling due within one year:	£	£
Trade debtors	52,264	13,439
Other debtors	1,558	1,558
Prepayments and accrued income	6,191	2,450
	60,013	17,447

13 Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	9,046	2,080
Accruals and deferred income	4,142	2,359
	13,188	4,439

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds		
	Balance at 1 April 2019	Incoming resources	Resources expended	Balance at 1 April 2020	Incoming resources	Resources expended	Balance at 31 March 2021
	£	£	£	£	£	£	£
VRU Projects	-	7,316	(6,896)	420	15,350	(15,350)	420
Family Intervention Programme	24,518	78,750	(103,268)	-	105,000	(105,000)	-
Grantscape Orsted Burbo Bank	-	8,969	(7,043)	1,926	2,889	(4,815)	-
Supporting Families Against Youth Crime	-	60,000	(45,464)	14,536	-	(14,536)	-
Child Injury	8,160	40,688	(48,848)	-	54,251	(54,251)	-
Social Investment Business Grant	-	13,084	(12,000)	1,084	-	-	1,084
SMBC Youth Project	-	-	-	-	50,000	(50,000)	-
CCG Counselling	-	-	-	-	33,110	(25,303)	7,807
Police Community Cashback Fund	-	-	-	-	23,431	(23,431)	-
Police Funding - Stonehaven	-	-	-	-	10,000	-	10,000
ESF Mindful Futures	-	-	-	-	13,201	(13,201)	-
Youth Endowment Fund	-	-	-	-	41,975	(41,975)	-
DCMS - Youth Covid Fund	-	-	-	-	26,915	(26,915)	-
Health Education England - IAPT Trainee	-	-	-	-	2,540	(2,540)	-
Tesco Bags for Life	-	-	-	-	500	(500)	-
Community Foundation - Christmas Stockings	-	-	-	-	1,430	(1,430)	-
Access to Food	20	-	20	-	3,000	(3,000)	-
EH L2 Pilot Delivery	-	-	-	-	7,500	(7,500)	-
ERG Youth Eco Fund	-	-	-	-	1,000	1,000	-
Festival of Hope - Atkinson	-	-	-	-	994	994	-
Groundworks - Tesco	1,220	-	1,220	-	-	-	-
ESF Fresh Start	4,983	-	4,983	-	-	-	-
Eleanor Rathbone Trust	2,872	-	2,872	-	-	-	-
PH Holt	262	-	262	-	-	-	-

14 Restricted funds

PPA 2018	1,040	-	1,040	-	-	-	-
Prison - HMP Walton	4,459	-	4,459	-	-	-	-
	47,534	208,807	(238,375)	17,966	393,086	(391,741)	19,311

15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2019	Transfers	Balance at 1 April 2020	Transfers	Balance at 31 March 2021
	£	£	£	£	£
Fixed Asset fund	91,775	(6,802)	84,973	(5,908)	79,065
Contingency fund	15,226	-	15,226	-	15,226
Other designated funds	9,577	-	9,577	-	9,577
	116,578	(6,802)	109,776	(5,908)	103,868

16 Analysis of net assets between funds

	Unrestricted funds 2021	Designated funds 2021	Restricted funds 2021	Total 2021	Unrestricted funds 2020	Designated funds 2020	Restricted funds 2020	Total 2020
	£	£	£	£	£	£	£	£
Fund balances at 31 March 2021 are represented by:								
Tangible assets	-	79,065	-	79,065	-	84,973	-	84,973
Current assets/(liabilities)	275,734	24,803	19,311	319,848	212,838	24,803	17,965	255,606
	275,734	103,868	19,311	398,913	212,838	109,776	17,965	340,579

17 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).