



ANNUAL REPORT

&

ACCOUNTS

31ST MARCH 2022

Registered Charity Number: 1042852

**Brewers
Chartered Accountants
Bourne House, Queen Street, Gomshall. GU8 9LY**

CONNECT COUNSELLING SERVICE

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The logo for Connect Counselling Service features the word 'connect' in a blue, lowercase, sans-serif font. The 'c' is stylized as two interlocking circles. Below 'connect' is the word 'Counselling Service' in a black, sans-serif font, with 'Counselling' and 'Service' on separate lines.

connect

Counselling Service

8 Portesbery Road,
Camberley
Surrey
GU153TA

Telephone: 01276 24210

Website: www.connectcounselling.org.uk

Email: info@connectcounselling.org.uk

Mission Statement:

*'Connect is a professional counselling service,
a Christian organisation serving the community'*

CONNECT COUNSELLING SERVICE

LEGAL AND ADMINISTRATIVE INFORMATION

Connect Counselling Service, of 8 Portesbery Road, Camberley, Surrey GU15 3TA, is registered with the Charity Commissioners (No. 1042852). Connect is a charitable trust and its governing document is a trust deed. Connect is administered by the trustees who meet quarterly. Trustees are elected by the board of trustees. The CEO, Emma Laporte, Treasurer, Sandra Fogwill and periodically a counsellor representative attend Trustee meetings.

Trustees

Steve Isherwood (Chairman) from 1st July 2021

Retired Army Officer

Eila Rochfort

Solicitor

Revd Andreas Sistig

Vicar of St Anne's Church, Bagshot

Charles Garraway

Academic Consultant and University Fellow

Alison de Winter

Careers Consultant

Revd Mike Thomason

Minister of High Cross, Camberley

Professional Organisations

Connect abides by

The British Association for Counsellors and Psychotherapists (BACP) Ethical Framework for the Counselling Professions.

and The Association of Christian Counsellors (ACC).

Connect's Bankers are:

CAF Bank, Kings Hill, West Malling, Kent, ME19 4TA

Lloyds Bank pie, Obelisk Way, Camberley, Surrey, GU15 3SE

Connect Accountant:

Sandra Fogwill FCMA

Connect's Independent Examiner is:

Andrew Skilton ACA of Brewers Chartered Accountants, Bourne House, Queen Street, Gomshall. GU5 9LY

Connect's solicitors are:

Neale, Turk, Rochfort, 12 King's Ride, Camberley, Surrey, GU15 4JG

The Service

Connect Counselling Service provides professional counselling to individual adults over 18, couples and family groups of any age, irrespective of their financial status, gender, sexual orientation, religion or ethnic origin.

The organisation is a member of the British Association for Counselling and Psychotherapy (BACP) and adheres to the BACP Ethical Framework for the Counselling Professions. In addition, we are a member of The Association of Christian Counsellors (ACC).

Connect was originally set up by a group of local churches in 1994. The service operates within a Christian ethos which means that our management, staff and volunteers are practising Christians. Our motivation is to provide a counselling service to the community, that is within the reach of as many people as possible.

Connect applied for Accredited Service Status in 2019 to the BACP and have been granted further Accreditation until 2024 providing we continue to maintain our high standards of service.



Connect offers the community support through professional counselling, addressing issues that affect mental health, impacting families, relationships, employment and everyday life. The team at Connect work together in their different roles to provide a professional, caring service that is accountable and can respond to the needs of our community, ensuring that we are adaptable and accessible to those who are struggling.

Trustees Report 2021 - 2022

Connect Counselling Service has been working in the community for 28 years. The service offers general counselling to the public, training placements and occasional workshops for counsellors in the area. Connect works under a Christian ethos. The organisation continues to evolve to meet the needs of the community and has worked through the Covid-19 pandemic; subsequent lockdown and life beyond, to provide an essential service.

It has been a challenging year for Connect, but we are still a vibrant counselling service. Coming through a pandemic was a challenge for all and our unforeseen instability in Management has been difficult, but not insurmountable. Deep gratitude is extended to Wendy Coope (Counselling Team Manager) for keeping Connect afloat by skilfully doing her role and taking on the additional role of stand-in CEO, between CEO appointments.

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We recognise that it can be difficult to make first contact and so we ensure that our service is easy to access and provides a warm welcome to those who approach the service.

"Excellent service"

"Coming to Connect has been the best thing for me"

The Clients

The health of a community is impacted by the wellbeing of each individual living and working within it. One in five (21%) of adults in the UK experienced some form of Depression during January to March 2021, which is more than double that before the pandemic (ACC, 2021). Since the pandemic, ongoing research shows a marked effect on mental health. Isolation, limited social interactions, tensions amongst families living together in lockdown, along with the fear of infection has caused distress and has contributed to a rise in anxiety and depression and impacting those already vulnerable. The highest rates of depressive illness have been found to be people aged between 16 to 39 and adults over 70 (ACC, 2021).



"Being able to talk comfortably and confidently has helped me open up"

Clients come to Connect with a variety of problems and concerns ranging from depression, anxiety, stress, relationship difficulties, abuse, bereavement, or other trauma.

These concerns can often be aggravated by redundancy or if struggling financially, and more recently, from the huge increases in cost of living. Clients come from a broad expanse of society. Many are unemployed, are single parents or come from broken and fragmented families.

Counselling was given remotely in the pandemic. Now we are back to Face-to-Face sessions at Connect, unless by exception, for example, a person is housebound. If, following assessment, a client requires a different option to Connect, a more appropriate route is suggested. However, no one is ever turned away due to lack of funds.

Counselling is not an easy thing to undertake, and it requires determination and commitment from individuals to work through their concerns with their counsellor, but it can make a real difference to someone's life. Seventy-six percent of those who have had therapy or counselling would recommend it to friends and family (BACP, 2019). Nearly 80% of people get better (BACP, 2005).

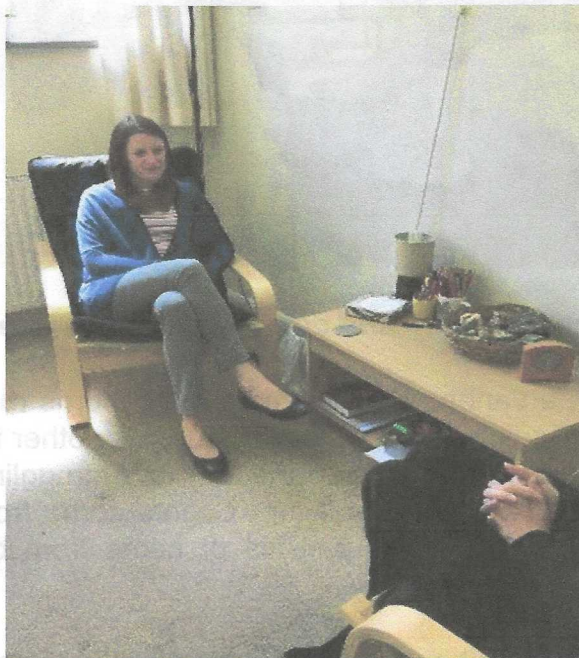
"I feel so much stronger and have a better understanding of my life."

Clients contact Connect themselves to request counselling. They do not need a referral from another professional. However, many clients contact Connect following a recommendation from their GP or via the Community Mental Health Team. Others hear about Connect by word of mouth or through our website.

- One hundred and thirty-eight people attended an initial appointment for counselling this year, to be considered as new clients
- This is compared to 75 the previous year and 173 the year before that.
- We delivered 1154 sessions, which is compared to 1588 sessions held last year and 2,384 the year before that. This includes Couples.

We very much value feedback from clients, both as an encouragement, but also to ensure we address any concerns raised, so that our service is the best that it can be. I would therefore like to thank all the clients who expressed themselves so eloquently and allowed us to use their comments. Throughout this report, client comments have been written in bold italics. The most recently received client comment, about overall feelings was;

"It has been fantastic for me. It was hard at times, but now I can see me and my life through different eyes. Everyone should be counselled!"



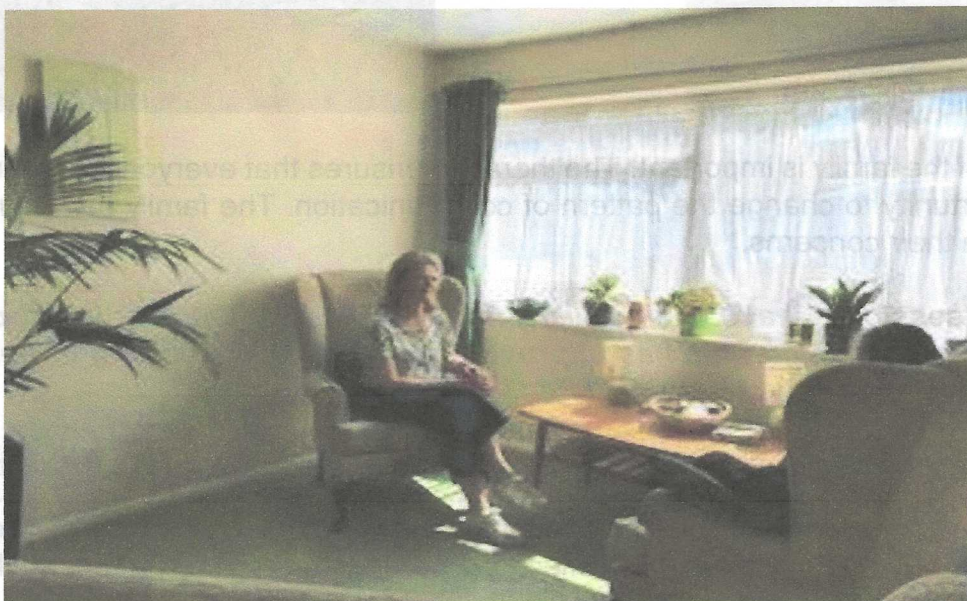
Here at Connect, we can offer something very different to counselling through the NHS, which tends to use only one model and has constraints on how many sessions can be offered to each client.

- Our clients request counselling for themselves and do not need to go through any referral system.
- Sessions are held weekly with a counsellor and can continue for as long as necessary. The numbers of sessions vary depending on the needs of the client and if appropriate can continue up to two years or more. However, most clients find a few months to a year about right.
- Our counsellors use various professional models and approaches when working with their clients and are always client-led, working at the client's own pace.
- This gives our service flexibility to support clients in the way most suited to each individuals' needs.

If for any reason we need to bring sessions to a close or a break, we try and ensure there are several weeks to prepare clients for this to happen.

The Counselling Team

Individual Counselling: We currently have the capacity to provide 32 counsellors working with individuals and they work, on average, with three clients at a time. A number of counsellors left Connect in the last year and Wendy is working hard to build the team back up. New trainees start with one client; then have a second client and finally a third client. This impacts the number of clients that can be seen, and our waiting lists are long (currently 31 people are waiting to be allocated a counsellor. A further 17 are waiting to start the process).



"I will always be grateful to my counsellor for what she has done for me"

The counsellors are supported in their work through professional supervision in line with BACP Ethical Framework for best practice. There are seven supervision groups for counsellors working with individual clients, with four counsellors in each group. These are led by our Supervisors, Helen, Carolyn, Penelope and Richard. We are looking to recruit an additional supervisor.

"Supportive and caring."

Couples Counselling: Alongside individual work, there are counsellors who have undertaken additional training to work with couples. They are supported by Penelope in additional supervision groups. We currently have three counsellors who can offer appointments to couples.

"Counselling is a very good place for couples who are struggling."

Family Therapy: During the lockdown it was not possible to offer family therapy remotely. However Penelope is back working with families of all ages at the Connect office and she is now joined by Steven and Laurie.

An important aim in Family Therapy is to provide neutral space for everybody to be heard. Relationships and communication can often play a part in difficulties, so taking the time to come together and begin to explore the struggles they face is the first step. Toys and drawings will often be used to enable a child to express themselves more openly.



Each member of the family is important. The therapist ensures that everyone is given an equal voice and opportunity to change the pattern of communication. The family can then focus on working through their concerns.

"Counselling sessions have helped my daughter very much in coping and understanding her feelings. This has improved my own understanding of her feelings and how best I can continue to support her."

Clients usually respond positively to the therapists and work hard to improve their situation.



With the consent of the clients, therapy is provided with open reflections from the therapist with the family in their sessions.

This means that the therapists, working as a team, can reflect constructively between themselves on what they are hearing in the session and the family can then respond to this reflection.

This is sometimes used in systemic practice and generally clients like the opportunity to reflect and it can be very helpful to them.

"I feel we are making significant progress. I am genuinely surprised by our individual responses to problems and situations discussed during the sessions and genuinely impressed by the observations made by our therapists."

Counsellor Training - As well as counselling clients, Connect offers training to counsellors through supervised placements for trainees studying in the local Colleges and Universities. Covid-19 proved a fresh challenge for those undertaking training. Some counsellors were able to use remote counselling, others needed further experience and training. Colleges have provided training for counsellors in remote work and allowing trainees to count some online working towards their client hours required to qualify.

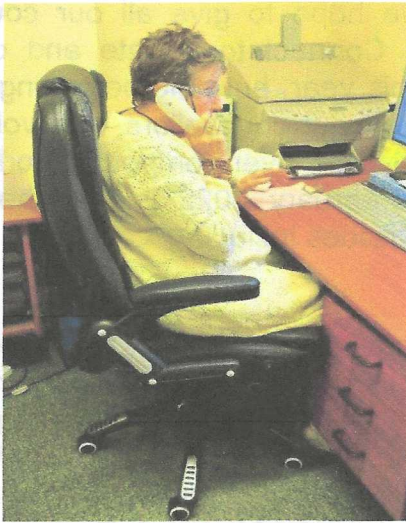
In order to continue professional development, we hope to give all our counsellors the opportunity to attend training workshops through Connect to update and develop their counselling skills. This has not been possible yet this year, but time-permitting, we hope to soon. When possible, in-house training is given to new counsellors and voluntary office helpers. The desire is there, the challenge is prioritising it over competing work to keep the service going. Feedback from counsellors since February 2022 is that they would like Continuing Professional Development on a range of issues including

Most of the counsellors begin their time with Connect on placement while undertaking counsellor training at College or University. Once qualified, many continue as part of the team, still as volunteers, offering their wealth of experience to the service and working for the good of the community. My thanks go to all these trained counsellors who give of their time and expertise on a voluntary basis at Connect and for all the extra work involved in supporting their clients during lockdown and the transition out of lockdown and beyond. Every amount of time they give is valued and this is particularly true where trained counsellors undertake Intake Assessment Appointments. Special thanks to Steven in this regard.

The Office Team

Cathie Russell retired in July 2021 and was briefly replaced by a new Director, before Emma Laporte took the reins in February 2022. Emma works closely with Wendy and Jan to keep operations running smoothly.

The 'Family' of Connect operates on fuel of Prayer, warmth and support. Counselling Team Manager, Wendy Coope continues to manage the ever-changing team of counsellors, and the clients accessing the service, and ensuring best practice at all times. Office Manager Jan Mulliner runs the office and manages her team of voluntary office helpers. She ensures there is someone in reception to greet clients arriving for face-to-face sessions, answer the phone and help with any administration.



**Counselling Team Manager
Wendy Coope**



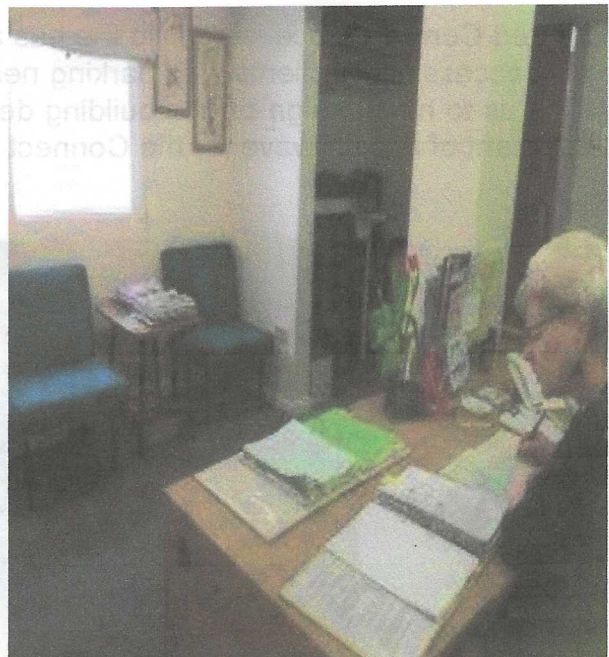
**Office Manager
Jan Mulliner**



**Chief Executive Officer
Dr. Emma Laporte**

As CEO, Emma underpins all aspects of Connect operations and personnel. Securing funding is a high priority, as is actively valuing all members of the Connect family. Working with the Trustees, Treasurer, Wendy and Jan, she advances the strategic development of Connect and over time, makes steps to modernise the charity regarding internal processes and cost efficiency. She also is the office helper when needed, Communications lead, Human Resources figure, digital facilitator, and a spectrum of roles in between. The role can be considered ambitious to squeeze into three days.

The Office Helpers are the life blood of Connects service. As clients and counsellors come and go throughout the day, the office helper remains in reception, along with the office staff, to ensure that no counselling sessions take place without someone else in the building. Two clients who were ending their counselling recently bought chocolates for the Office Helpers as their contribution to the experience of Connect Counselling Service is really appreciated.



"Thank you, you are all providing a worthwhile service"

"Friendly and professional"

The counselling rooms are undergoing providing a calm and comfortable space. It is hoped that modernising these rooms will take place in time, perhaps by securing external sponsorship of each room, to provide an updated setting.

We offer our premises as a base for Street Angels a nationwide cross-church initiative, who provide and support the public out on the streets of Camberley on Friday and Saturday nights.

The Premises



8 Portesbery Road, Camberley, GU15 3TA.

Our rented Connect office is near to the bus and train station in the centre of Camberley and is easily accessible to clients with parking nearby. We are very grateful to Karen of VSNS for enabling us to have a sign on the building denoting Connect Counselling Service and for her procurement of a microwave for the Connect family to use at meal times!



The counselling rooms are unchanging, providing a calm and comfortable space. It is hoped that modernising these rooms will take place in time, perhaps by securing external sponsorship of each room, to provide an updated setting.

We offer our premises as a base for Street Angels, a nationwide cross-church initiative, who befriend and support the public out on the streets of Camberley on Friday and Saturday nights.

Finances

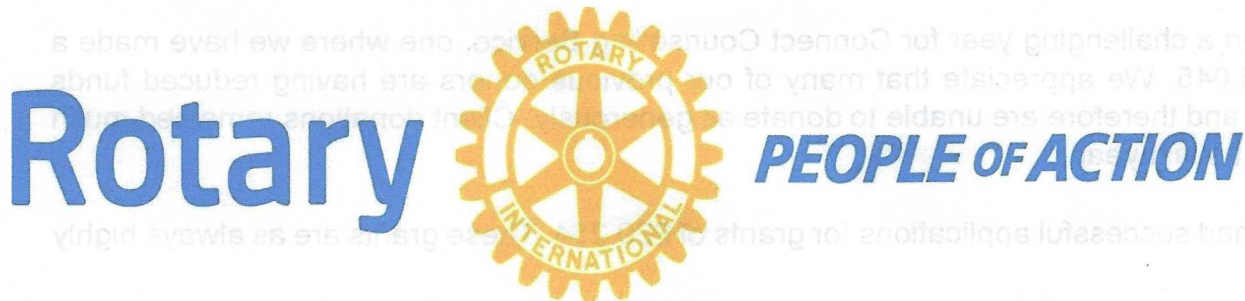
Our Treasurer Sandra Fogwill, a chartered management accountant, is responsible for producing our financial accounts. Internal policies are in place to ensure compliance of all financial procedures including named personnel and two signatories required on any bank transactions.

Running a service on donations and requested funding is challenging, and without our supporters, it would not be possible, so we as always have been greatly encouraged by the generosity and commitment of so many over these very difficult 12 months.

Funded by



We were also extremely grateful for £10,000 the Community Foundation for Surrey in July 2021



Farnborough Rotary showed their support one again and gave us £500 towards our work.

The grant given to us in January 2022 by Frimley Fuel Allotments for £10,000 was most welcome.



FRIMLEY FUEL
ALLOTMENTS

All these funders enabled us to maintain our service through the pandemic for which we are very grateful.

Fundraising

Aside from Grant applications, internal fundraising has been on hold, with events cancelled due to the pandemic. Connect was sustained in this period by supporter donations which has been invaluable and our thanks to these faithful individuals and Churches and supporters.

Client Donations

By securing funds through different means we continue to provide a service where clients can give a voluntary donation towards each session, rather than have a set fee which may exclude those struggling with finances. If clients are eligible for Gift Aid, we can claim accordingly, relying on permission from the HMRC, given historically. This gives us a very helpful addition to our funds.

Client donations are important, for as well as covering some of our costs, it also helps clients to commit to the process and recognise the worth of the work they are undertaking. However, as many come to us in times of crisis and in great distress with very little money, this is always secondary to us offering the support they are requesting.

As donations are voluntary, our sessions continue irrespective of a donation and funding from other sources remains essential for us to provide our services to all with no fixed fees.

Financial Review

It has been a challenging year for Connect Counselling Service, one where we have made a loss of £5,045. We appreciate that many of our previous donors are having reduced funds available, and therefore are unable to donate as generously. Client donations remained much the same as last year.

We have had successful applications for grants of £20,254. These grants are as always highly valued.

A combination of circumstances has meant that we have been unable to have any fundraising events directly organised by Connect. We are very grateful for the donors who organised their own events, and donated the proceeds

Despite lower salary costs related to having several months without a CEO, total expenditure increased by £2,214. The higher costs are due to using the Connect office for more sessions and covid precautions are still an added cost. We hope 2022-23 will be a more normal year.

Our reserves policy is to hold 6 months of operating service costs which is £45,000 (calculated as total anticipated expenditure £90,000). Based on the unrestricted reserves at 31 March 2022 of £66,076 and the forecasts and budgets produced, the charity has sufficient funds to continue for the foreseeable future which is defined as one year from the date of signing these accounts. These unrestricted reserves provide stability and would be used as necessary to continue operating the service in times of difficulty.

Like many charities, a significant proportion of Connect's income is in the form of un-pledged donations, the size and timing of which are uncertain and so we are thankful for the faithfulness of all our supporters again this year.

We have reviewed what we believe to be the major risks affecting Connect and systems are in place to mitigate those risks. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

I confirm, on behalf of the Trustees that we have complied with the duty in section 4 of the 2006 Act to have due regard to public benefit guidance published by the Charity Commission.

Final Comment

I took over as Chair of Trustees from Dr Jane Orr at the AGM in 2021. Jane gave many years of service to Connect Counselling Service as a Trustee and many thanks are due to her for her invaluable contribution.

We started this reporting year with the impact of the Covid pandemic and lockdown measures largely still in force. A big thank you is due to every member of staff, volunteers, and supporters who enabled the work of Connect to continue via various mechanisms during this difficult time. Their hard work, commitment and generosity of time, skills, and funds provided the essential and varied support necessary for Connect to continue offering a place of safety, acceptance and hope to our clients. Praise God that, as lockdown measures have been relaxed, we have been able to return to a more normal service.

Connect is a Charitable Trust with a Board of Trustees to provide governance on its operations. The Trustees share a common commitment to the work of Connect and provide support and guidance accordingly. The diversity and wealth of experience in the group is greatly valued. Trustees meet quarterly and immediately prior to the AGM; guidelines and responsibilities from the Charity Commission are observed and regulatory requirements met as appropriate.

Day to day, Connect is run by the CEO, along with a support staff of a Counselling Team Manager and Office Manager, all assisted by a team of voluntary helpers without whom the service would struggle. Operational decisions are made by the appropriate manager with reference to their line manager, the CEO, who may seek advice from the Trustees as required.

Connect continues to be a valuable resource in the community and is a BACP accredited service, trusted by professionals and public alike. It gives a place of safety and confidentiality for those struggling with issues impacting their lives where counselling can offer healing and release to their situation. The addition of lockdown restrictions and associated self-isolation have been shown to bring further difficulties to existing anxiety concerns and the impact of this on mental health remains despite the effects of the pandemic subsiding.

In Feb 2022 we were pleased to appoint a new CEO in Dr Emma Laporte, who joins us not only as a qualified counsellor but someone with a wealth of life experience in several spheres. The Trustees look forward to working with her as Connect moves forward in 2022.

Col (retd) Steve Isherwood

Chair of Trustees

June 2022



Final Comment

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Independent Examiner's Report to the Trustees of Connect Counselling Service

I report to the trustees on my examination of the financial statements of Connect Counselling service ('the charity') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- ▶ accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- ▶ the financial statements do not accord with those records; or
- ▶ the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Andrew Skilton ACA
Brewers Chartered Accountants
Bourne House
Queen Street
Gomshall
Surrey

CONNECT COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 31ST MARCH 2022

		Unrestricted	Restricted	Total Funds	Total Funds
	Note	Funds £	Funds £	2022 £	2021 £
INCOME					
Donations and legacies					
Donations, grants and similar funding	2	35,647	20,254	55,901	44,638
Counselling client donations		23,891		23,891	23,741
Charitable activities					
External training income		310		310	90
Other trading activities - fundraising		350		350	10,306
Investment income - Bank interest		433		433	602
Other income	2.a				7,500
		<u>60,631</u>	<u>20,254</u>	<u>80,885</u>	<u>86,877</u>
EXPENDITURE					
Raising funds					
- manpower		2,750.00	336	3,086	11,996
- premises costs		778.00	176	954	2,915
- depreciation				0	57
- fundraising costs				0	54
- training expenditure		125.00		125	
- telephone		183.00		183	201
		<u>3,836</u>	<u>512</u>	<u>4,348</u>	<u>15,223</u>
Charitable activities					
- counselling session fees and expenses		802		802	140
- service provision	3	34,870	12,934	47,804	38,626
- support costs	4	29,283	3,693	32,976	29,727
		<u>64,955</u>	<u>16,627</u>	<u>81,582</u>	<u>68,493</u>
TOTAL EXPENDITURE		<u>68,791</u>	<u>17,139</u>	<u>85,930</u>	<u>83,716</u>
NET (EXPENDITURE)/INCOME		<u>8,160</u>	<u>3,115</u>	<u>(5,045)</u>	<u>3,161</u>
Balances brought forward as 1 April 2021	10	74,236	1,563	75,799	72,638
Balances carried forward at 31 March 2022	11	<u>66,076</u>	<u>4,678</u>	<u>70,754</u>	<u>75,799</u>

The notes on pages 22 to 26 form part of these accounts.

CONNECT COUNSELLING SERVICE

BALANCE SHEET AS AT 31 MARCH 2022

	Notes	2022	2021
		£	£
FIXED ASSETS:			
Fixtures, fittings and equipment	7	-	143
CURRENT ASSETS:			
Debtors and prepayments	8	7,454	9,673
Balances at bank		68,101	73,412
Cash in hand		56	52
		<u>75,611</u>	<u>83,137</u>
LESS CREDITORS: amounts falling due within one year			
Creditors and accruals	9	4,857	7,481
		<u>4,857</u>	<u>7,481</u>
NET CURRENT ASSETS		70,754	75,656
NET ASSETS		<u>70,754</u>	<u>75,799</u>
Represented by:			
FUNDS			
Restricted funds	10	4,678	1,563
Unrestricted funds	11	66,076	74,236
Total charity funds		<u>70,754</u>	<u>75,799</u>

The accounts were approved by the Trustees on 01 July 2022.



Trustee



Trustee

CONNECT COUNSELLING SERVICE

Notes to the Accounts for the Year to 31st March 2022

1. Accounting Policies

General

The financial statements have been prepared on an accruals basis in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

Connect Counselling Service meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

Presentational currency of the accounts is £ sterling rounded to £1.

The Financial statements have been prepared to give a 'true and fair view' and have deviated from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following 'Accounting and Reporting By Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with FRS 102 Second Edition rather than accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which was withdrawn.

Income

Donations under Gift Aid, together with the associated income tax recovery, are recognised as income when the donation is received. Grants received from the Local authority for COVID 19 have been included in other income.

Expenditure

Expenditure is charged on an accruals basis. Governance costs are those associated with compliance with constitutional and statutory requirements. This includes the Independent Examination fee.

Pension costs

The charity contributes to a money purchase scheme on behalf of its employees. The scheme is managed by True Potential.

Apportionment of costs

Certain office and salary costs have been apportioned between service provision and support costs based on trustees' estimate of use of the office and time spent by staff.

Operating leases

Rentals paid under operating leases are charged on a straight line basis under the terms of the lease.

Fixed Assets

Assets purchased with a value greater than £250 are capitalised.

Computer hardware	33% on cost
Furniture	25% on cost
Boiler & central heating	20% on cost

Debtors

Debtors are recorded at their recoverable amount - that is the amount that it is anticipated will be received, or the amount that has been paid in advance for goods or services.

CONNECT COUNSELLING SERVICE

Notes to the Accounts for the Year to 31st March 2022

1. Accounting Policies

Creditors

Creditors are measured at historic cost and are held at settlement amount net of any discounts.

Financial Instruments

The charity's financial assets and liabilities qualify as basic financial instruments and as such are initially recorded at cash, transaction or settlement value. Subsequently, current assets and liabilities are measured at cash or settlement value.

Funds

General funds represent funds of the Service that are not subject to any restriction regarding their use and are available for application for the purposes of the Connect Counselling Service.

Donations and grants given for specific purposes are treated as restricted funds and are used in the way intended by the donor.

Going Concern

The trustees have considered going concern up to one year from the date of signing these accounts. Following the outbreak of COVID-19 the trustees have revised budgets and forecasts for a conservative reduction in income and where possible will reduce excess expenditure. Following this review the trustees believe that Connect Counselling is a going concern as the level of reserves will be sufficient to cover any losses for the foreseeable future.

Estimate and Judgements

In preparing the financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. There are no areas of critical estimate or significant judgements that affects the preparation of these financial statements.

CONNECT COUNSELLING SERVICE
Notes to the Accounts for the Year to 31st March 2022

2. Income from grants and donations

	Unrestricted Funds	Restricted Funds	2022	2021
	£	£	£	£
Donations	35,647		35,647	40,563
Grants		20,254	20,254	4,075
	<u>35,647</u>	<u>20,254</u>	<u>55,901</u>	<u>44,638</u>

2.a Other income

COVID 19 grant local authority	<u>7,500</u>
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3. Service provision

	Unrestricted Funds	Restricted Funds	2022	2021
	£	£	£	£
Counselling supervision	4,033	10,414	14,447	10,786
Assessment costs				1,250
manpower	13,618	1,680	15,298	9,822
Recruitment	80		80	
Other fees	520		520	4,556
Premises costs	13,919	840	14,759	11,659
Office supplies, postage and expenses	1,487		1,487	423
Publicity	520		520	
Depreciation	143		143	29
Telephone	550		550	67
Other expenses				34
	<u>34,870</u>	<u>12,934</u>	<u>47,804</u>	<u>38,626</u>

4. Support costs

	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
manpower	14,397	1,344	15,741	17,961
Recruitment	100		100	
Other fees	1,729		1,729	1,844
Premises costs	2,418	2,349	4,767	4,858
IT	2,006		2,006	1,819
Telephone	489		489	1,072
Depreciation				57
Bank charges	208		208	279
Sundries	155		155	387
Accountancy	6,331		6,331	
Governance - Independent examiner's fee	1,450		1,450	1,450
	<u>29,283</u>	<u>3,693</u>	<u>32,976</u>	<u>29,727</u>

Support costs are charged in full to the charitable activities.
Operating lease costs were £16,500 (2021:16,500)

5. Employees' Remuneration

	2022	2021
	£	£
Gross salaries	33,917	39,091
National Insurance	2,009	2,498
Employer Pension Contributions	188	688
	<u>36,114</u>	<u>42,277</u>

The average number of paid staff for the year were 3 part-time employees (2021 - 3 part-time).
No staff member received remuneration in excess of £60,000.
Due to the size of the organisation, all staff are considered to be key management personnel.

6. Trustees' Remuneration and Expenses

No remuneration directly or indirectly out of the funds of the charity was paid or payable for the year to any trustee or to any person
No reimbursement of expenses has been made or is due to be made to any of the trustees in respect of the year.

CONNECT COUNSELLING SERVICE
Notes to the Accounts for the Year to 31st March 2022

7. Fixed Assets- Tangible Assets

	Fixtures, fittings and equipment £
Cost	
1st April 2021	6,018
Additions	
Disposals	
31st March 2022	<u>6,018</u>
Depreciation	
1st April 2021	5,875
Disposals	
Charge for the year	143
31st March 2022	<u>6,018</u>
Net Book Values	
At 31st March 2022	<u>0</u>
At 31st March 2021	<u>143</u>

8. Debtors

	2022 £	2021 £
Prepayments	750	1,403
Accrued Income	6,704	8,270
	<u>7,454</u>	<u>9,673</u>

9. Creditors

	2022 £	2021 £
Accruals	3,150	4,095
Other Creditors	1,707	3,386
	<u>4,857</u>	<u>7,481</u>

10. Restricted Funds

	Frimley Fuel £	Community Foundation £	Surrey Heath £	Total £
Balance at 1st April 2021	1,563			1,563
Funds Received in the year	10,000	10,000	254	20,254
Funds Used in the year	(6,885)	(10,000)	(254)	(17,139)
Balance at 31st March 2022	<u>4,678</u>	<u></u>	<u></u>	<u>4,678</u>

Frimley Fuel fund is used against counselling sessions in the GU15 GU16 postcode area.

11. Analysis of Net Assets by Funds

	Unrestricted funds £	Restricted funds £	Total £
Fixed Assets			
Current Assets	70,933	4,678	75,611
Current Liabilities	(4,857)		(4,857)
	<u>66,076</u>	<u>4,678</u>	<u>70,754</u>

12. Financial Commitments

Connect Counselling Services has the following annual commitments due under non-cancellable operating leases.

	2022 £	2021 £
Less than one year		
Two - five years		

13. Related Party Transactions

Individual donations from Trustees totaled £6,620. Revd. Mike Thomason is also a trustee of High Cross Church Camberley and Churches Together in Camberley and Revd. Andreas Sistig is also a trustee of The Parochial Church Council of the Ecclesiastical Parish of St Anne, Bagshot.

CONNECT COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 31ST MARCH 2021

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
INCOME			
Donations and legacies			
Donations, grants and similar funding	44,638		44,638
Counselling client donations	23,741		23,741
Charitable activities			
External training income	90		90
Other trading activities - fundraising	10,306		10,306
Investment income - Bank interest	602		602
Other income	7,500		7,500
	86,877		86,877
EXPENDITURE			
Raising funds			
- manpower	11,996		11,996
- premises costs	2,915		2,915
- depreciation	57		57
- fundraising costs	54		54
- external training expenditure			
- telephone	201		201
	15,223		15,223
Charitable activities			
- counselling session fees and expenses	140		140
- service provision	33,244	5,382	38,626
- support costs	29,727		29,727
	63,111	5,382	68,493
TOTAL EXPENDITURE	78,334	5,382	83,716
NET INCOME (EXPENDITURE)	8,543	(5,382)	3,161
Balances brought forward as 1 April 2020	65,693	6,945	72,638
Balances carried forward at 31 March 2021	74,236	1,563	75,799

The notes on pages 22 to 26 form part of these accounts.