

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2023

Registered Company No. 02990385
Registered Charity No. 1042760 (England & Wales)
Registered Charity No. SC039845 (Scotland)

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

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**THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 DECEMBER 2023**

Registered Office St. Saviour's House, 39-41 Union Street, London, SE1 1SD

Registered Company Number 02990385

Registered Charity Number 1042760 - England & Wales
SC039845 - Scotland

Directors and Trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law. The trustees and officers serving during the year and since the year end were as follows:

Professor Stephen Scott	President
Dr Gordana Milavić	Chair
Dr Mark Lovell	Deputy Chair and Director of CPD and Training
Professor Kathy Sylva	Honorary Treasurer
Professor Samuele Cortese	Academic Secretary (Resigned 22 September 2023)
Professor Tamsin Ford	Member
Dr Carole Homden	Member
Dr Dennis Ougrin	Member
Mr Harold Bennison	Member
Professor Francesca Happé	Member (Resigned 17 January 2024)
Mrs Laura Hanks	Member
Professor Barry Carpenter	Member (Resigned 22 September 2023)
Dr Cornelius Ani	Member
Dr Eunice Ayodeji	Member
Dr Soumitra Datta	Member
Dr Tina Rae	Member (Resigned 25 September 2023)
Professor Prathiba Chitsabesan	Member

Key Management Personnel

Chief Executive

Mr Martin Pratt

Senior Management Team

Mrs Prabha Choubina	Publications Director
Mrs Megan Archer	Events & CPD Manager and Deputy CEO
Mr Matt Kempen	Marketing Manager

Advisors

Bankers	National Westminster Bank plc, 214 High Holborn, London, WC1 7BX
Auditors	Azets, Regis House, 45 King William Street, London, EC4R 9AN
Investment Advisors	Leagold Miller, 500 High Road, Woodford Green, Essex IG8 0PN
Solicitors	Russell-Cooke, 2 Putney Hill, London, SW15 6AB

TRUSTEES REPORT TO THE MEMBERS OF THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees, who are also directors for the purposes of company law, present their report, together with the financial statements, for the year ended 31 December 2023.

Structure, Governance and Management

Governing Document

The Association is a company limited by guarantee governed by its Memorandum and Articles of Association dated November 15, 1994, as amended by special resolution on February 1, 2021. The liability of members of the company is limited to £1 each. It is registered with the Charity Commission for England and Wales and with the Office of the Scottish Charity Register.

Appointment of Trustees

Our Trustees are elected by members at the Annual General Meeting. The Board can appoint a Trustee to fill a vacancy in the membership of the Board. They will hold office until the next Annual General Meeting when they may be elected by the members. The induction process for new trustees includes discussions with current and retiring Trustees, meetings with the Chief Executive and provision of key information. This information includes a copy of the latest set of audited accounts, the Memorandum and Articles of Association of the Company, the latest minutes of meetings, a brief history of the Charity, and the Charity Commission's Publication "The Essential Trustee". A list of staff is provided, together with a list of other Trustees.

Management Structure

Our governing body is the Board of Trustees which meets four times a year. The Board appoints a Chief Executive to manage the day-to-day operations of the Association.

Officers of the Board are appointed from among the Trustees and include the Chair, Deputy Chair, Honorary Treasurer, Academic Secretary, Director of CPD and Training and Branch Liaison Officer. Board meetings are attended by the Chief Executive, members of the senior management team and Editors in Chief of the Associations journals in an ex-officio capacity.

The key management referred to in the financial statements of the charitable company comprises the Trustees, the Chief Executive and the senior management team. The Trustees do not receive any remuneration for this role.

Culture and Ethics

The Association engenders a corporate culture which ensures that trustees, branch officers and employees understand their responsibility for appropriate behaviour, that the Board actively seeks to cultivate and sustain an ethical corporate culture and that the Association takes active measures to ensure that its ethical standards are adhered to in all aspects of its business.

Pay Policy for Senior Staff

We are committed to paying all staff a fair level of pay that aims (as part of an overall package of benefits) to attract and keep appropriately qualified staff to lead, manage, support and deliver the charity's aims. In 2019, the Association was accredited as a Living Wage Employer by the Living Wage Foundation.

With the exception of the Chief Executive all salaries are reviewed on an annual basis by the CEO and the Deputy CEO. The salary of the CEO is reviewed by the Board as part of the appraisal process.

We have adopted and works to confirm with the guidelines issued by The National Council for Voluntary Organisations (NCVO) on remuneration "Setting and Communicating Remuneration Policies. A quick guide for charities".

Investment Policy

We do not rely on investment income to finance projects, developments or initiatives. The Board has a socially responsible investment policy to maximize the value of its assets whilst balancing present and future needs and minimizing exposure to risk.

Fundraising

We do not undertake any fundraising activities to finance projects, developments or initiatives.

Aims and Objectives

Our charity's purposes as set out in the objects contained in the company's Memorandum of Association are the advancement of all matters concerning the mental health and development of children, young people and their families by promoting and disseminating scientific research and scholarship and their implications for the evidence-base of multi-disciplinary clinical practice.

Principal Activities

Principal among our activities are:

Publications:

The publication of high-standing, international journals, including the academic, authoritative and highly cited monthly Journal of Child Psychology & Psychiatry (JCPP) and the practical, clinically relevant, quarterly Child & Adolescent Mental Health (CAMH). Also, The Bridge, an online magazine presenting the most clinically relevant research from our two peer review journals as well as interesting and important studies from the wider literature, helping members to learn and augment their existing CPD activities.

Conferences and training:

A combination of online and face-to face events which cover the latest advances in research and treatment-methods which, together with our flagship Jack Tizard, Emanuel Miller and Judy Dunn international conferences and other CPD initiatives, promote evidence-based practice and support the professional CAMH community.

**TRUSTEES REPORT TO THE MEMBERS OF
THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023**

Public Benefit

The Trustees confirm that they have referred to the directive contained in the Charity Commission general guidance on public benefit when reviewing our charity's aims and objectives and in planning future activities.

Our current activities, developing priorities, progressing initiatives and targeted strategic plans reflect our role in supporting the professional CAMH community and, thus, facilitating the advance of research across academia, and the improvement to services and service delivery for all those working within clinical practice. This will continue to bring optimal benefit to all those using the services and relying on the expertise of clinicians and excellence of research in translating results into best evidence-based practice.

Achievements and Performance

ACAMH continued to benefit from the marked shift in online delivery or learning, which led to an expanding international audience, including delegates from countries we had previously never seen interest from, thereby allowing us to further accelerate our vision of 'Sharing best evidence, improving practice'.

The Association continued its successful online dissemination activity, with over one million web visits.

Our excellent podcast series was further expanded with the creation of three mini-series, led by ACAMH young ambassadors, around the topics of RESHAPE, OxWell, and Racism and Mental Health.

Our ACEs Special Interest Group ran seven free webinars across the years, attracting over 6000 registrations.

Full time Undergraduate / Masters membership tier

Following the launch of the new membership tier, Interest from students in joining ACAMH was clear, with over 500 new applications welcomed, including some from overseas bodies, the £5 fee making it accessible for most.

In amongst other benefits, many students also took advantage of the offer to attend any ACAMH event for a £5 fee, as often as desired during their studies (except for specialist events like Master Classes), thereby facilitating access to speakers and talks that they may traditionally never have been able to comfortably afford to access.

Increasing international impact

The initiative to award anyone working in a Low and Middle Income Country (as defined by the OECD) free ACAMH membership started to gain traction, with 110 professionals taking up the offer.

That year also saw the official formation of the *Egyptian Association for Child and Adolescent Mental Health (EACAMH)*, a development that had been in the planning for several years. In line with ACAMH, core to EACAMH's remit is the sharing of evidence-based research to improve practice, and the association plans to make this as accessible as possible in order that other individuals, groups, and associations in the region

can benefit from the wide range of resources EACAMH will have to offer, as well as promoting the outputs of ACAMH.

Diversity

ACAMH has always worked to ensure that its policies and practices are shaped by the perspectives of diverse groups within society generally and the mental health and allied professions more specifically. As part of this ongoing commitment, the Association worked towards enacting a policy enshrining these principles.

Journals

The journals continued to show growth throughout 2023 despite the shift towards Open Access publishing.

The Journal of Child Psychology & Psychiatry (JCPP) has recruited a set of junior editors to assist senior editors. The new system is not only helping the senior editors by reducing their workload but also training the junior editors.

Child and Adolescent Mental Health (CAMH) The journal gained a massive increase in Impact Factor (a calculation based on citations received by the papers published in the journal and hence the impact on research) – it increased to 6.1 from previous year's 4.1.

JCPP Advances (JCPPA) which was launched in Aug 2020 and opened for submission in Oct 2020, successfully met an important milestone – it was indexed in PubMedCentral in addition to DOAJ (directory of open access journals) and PsycINFO, the abstracting and indexing database of American Psychology Association.

The plans for journals in 2024 include growth in terms of publication output, improving diversity and inclusion practices, improving production times and therefore author experience.

Events and CPD activity

Online-only events continued to be the norm in 2023 with a mixture of free and paid webinars covering a variety of topics.

The Emanuel Miller international conference *Suicide and Self-harm; The Research, The Evidence, The Interventions* in March 2023 and the Jack Tizard international conference *Tackling Adverse Childhood Experiences - State of the Art and Options for Action* featured speakers of international reputation and generated significant interest from delegates, including many from outside the UK.

The impact of the online-only approach is not restricted to our flagship conferences, World class speakers can, and do, take part in smaller events and delegates from around the world are able to join our smaller events or webinar series.

Formats of the webinars continued to be flexible and reflect the time constraints of our delegates. Our prices continue to be accessible to all and free events play their part in our programme of events.

Development of our dedicated CPD video portal

The development of ACAMH's new CPD portal continued apace, with a raft of developments, and agreement on its formal name – ACAMH Learn.

Over the course of the year our Content Producer commissioned and recorded over 75 high quality talks involving global experts, easily surpassing the 50 planned.

To support content discovery, a starter taxonomy of over 4500 terms was developed, and work started on tagging every piece of content on both the main ACAMH website, and ACAMH Learn, a huge task given the over 1000 blogs and research digests alone. To support this work going forward we employed a dedicated specialist to ensure both accuracy and timely adding of tags.

Underscoring the scale of the project, our newly appointed eCPD Manager further developed a comprehensive project management system, coupled with a raft of innovations, including the rolling out of a streamlined online platform for signing off speaker consent and COI forms, thereby saving considerable time on what has previously been a very manual process.

ACAMH Awards – celebrating success

ACAMH awards reached its 5th successful year. We received over 100 nominations across 13 categories. The ACAMH awards are seen as a recognition of quality research and service and is valued by nominees. Prof. Kathy Sylva received the President's Medal (which was renamed as Michael Rutter Medal for Lifetime Contribution to Child and Adolescent Mental Health) for distinguished contribution to the field of child and adolescent mental health.

The online event ran smoothly and to time. The nominees from across many time zones (Australia, New Zealand, Brazil, USA, UK, Pakistan, to name a few) participated from the comfort of their living rooms.

We have ambitions to grow further to recognise the work of many more researchers and practitioners further afield.

Future plans – looking ahead in 2024

Our core strategy of developing a growing, trusted online resource for anyone looking for expert analysis of the latest research in child and youth mental health continues. Our goal is to drive positive change for children, young people, and their families. Building on this foundation, we work towards our vision of 'Sharing best evidence, improving practice.'

ACAMH is dedicated to finding innovative ways to connect with our members and the wider world. By mid-2024, we'll launch 'ACAMH Learn,' a major step forward featuring a wealth of video-based educational content. Our popular webinars show that there's a global appetite for easily accessible knowledge.

We'll keep building on the success of our online events to grow our international reach. Our aim is to support the growth of professional organizations worldwide—collaborating, not competing.

Promotion of our Undergraduate/Masters and International membership tier to as many students as possible, in the UK and beyond.

We're working with our Content Producer to explore the best way to translate a significant portion of ACAMH materials into at least one other major language.

Our three journals are vital to ACAMH's scientific work. We'll develop strategies to integrate key findings into ACAMH Learn and the wider ACAMH website.

Risk management

The Trustees are responsible for overseeing an effective, flexible, and responsive risk management strategy. The Board seeks to achieve a balanced approach in respect of all material and relevant risks, considering the wider context together with internal plans. The Association has a risk register in place with risks reassessed on an ongoing basis.

The Board can confirm that:

- the risk management policy is reviewed to optimise fitness for purpose
- internal systems of checks and balances have been established to ensure that all necessary steps can be, and have been, taken to identify and pro-actively manage risks
- appropriate levels of risk have been always maintained and
- the management of risk is integrated into business strategy and processes and embedded into all levels of the Association

The current main risks identified are as follows:

Reliance on income from the Association's three journals

Income from publication of our journals represents approximately 60% of our annual income, with income from JCPP being predominant. We continue to seek ways to diversify our sources of income to reduce reliance on income publications. This includes, but is not limited to, letting out office space within our building and ensuring conferences and training events are financially viable.

Reputational risk

The reputation of our journals is compromised by the publication of any paper which is later found to be based on fraudulent data or has an undisclosed conflict of interest. In addition to the potential financial implications of loss of confidence in the integrity of our journals, there is a possible further risk of litigation. Safeguards and processes have been put in place to mitigate this risk.

Financial Review

The Association is reporting a surplus for the year of £896,696 (2022: £39,059) with income from publications remaining the primary source of revenue. The freehold property owned by the Association has been redesignated from a tangible fixed asset to an investment property and is included at £1,950,000 following a professional valuation. The Association has continued to generate income through membership subscriptions, event and conference activities and the letting of office space. This self-sufficiency has enabled it to remain independent and free to apply income in the best possible way to achieve its objectives and optimise benefits to members and the wider child and adolescent mental health community.

**TRUSTEES REPORT TO THE MEMBERS OF
THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023**

Reserves Policy

The current economic climate reinforces the importance of having a reserves policy in place and of retaining sufficient funds to manage the Association's activities through less stable periods. The Trustees' policy is to have reserves equal to no less than six months' operating costs to provide a hedge against uncertainties surrounding the core income and to even out any fluctuations in operating revenues. The Trustees are satisfied that the required level of reserves, currently identified as £577,000, is adequately covered by the year-end unrestricted funds.

The 'free reserves' of the Association at December 31, 2023, were £3,649,939 (2022: £1,647,658). These reserves are defined as the resources the charity can make available to spend on charitable purposes once it has met its existing commitments and covered its other planned expenditure. The Trustees recognise that the current level of free reserves is more than the stated policy. The Trustees continue to be mindful of this, and will continue to explore new initiatives that will maximise impact and delivery of charitable objectives.

Funds Held at the end of the Year

At the end of the year, the Association had unrestricted funds totaling £3,775,107 (2022: £2,878,411). The trustees designated a fixed asset reserve of £6,413 (2022: £995,064) being the net book value fixed assets to reflect the fact that this amount could only be realised by disposing of the assets held by charity in use and did not therefore form a part of the free reserves. Provision for the ongoing maintenance of the building is £38,438. A further £80,317 has been designated to fund the ongoing development of the CPD video portal. Restricted funds of £21,035 are held in respect of the activities of the Child and Adolescent Intellectual Disability Psychiatrist Network (CAIDPN).

Trustees Responsibility Statement

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the

**TRUSTEES REPORT TO THE MEMBERS OF
THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023**

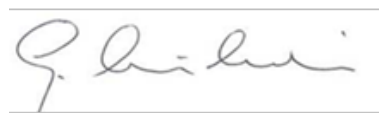
assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the Statement of Recommended Practice: 'Accounting and Reporting by Charities' (SORP 2015) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to smaller entities.

By Order of the Board:



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Dr Gordana Milavić
Chair

27 September 2024

**INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF
THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
FOR THE YEAR ENDED 31 DECEMBER 2023**

Opinion

We have audited the financial statements of The Association for Child and Adolescent Mental Health (the 'charitable company') for the year ended 31 December 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2023 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our

**INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF
THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
FOR THE YEAR ENDED 31 DECEMBER 2023**

knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF
THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
FOR THE YEAR ENDED 31 DECEMBER 2023**

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Azets Audit Services Limited

John Howard (Senior Statutory Auditor)
For and on behalf of Azets Audit Services Limited
Chartered Accountants and Statutory Auditor
Regis House, 45 King William Street
London, EC4R 9AN

Date: 27 September 2024

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023

	Note	Unrestricted 2023	Restricted 2023	Total 2023	Total 2022
		£	£	£	£
INCOME					
Donations and legacies		7,592	-	7,592	279
Charitable activities:					
Membership services		147,749	-	147,749	118,320
Conferences & training		234,562	-	234,562	274,095
Publications		752,254	-	752,254	735,820
		<u>1,134,565</u>	<u>-</u>	<u>1,134,565</u>	<u>1,128,235</u>
Other trading activities: property income		55,958	-	55,958	46,948
Investments		32,068	-	32,068	8,876
TOTAL INCOME		<u>1,230,183</u>	<u>-</u>	<u>1,230,183</u>	<u>1,184,338</u>
EXPENDITURE					
Charitable activities:					
Membership services		44,557	-	44,557	29,225
Conferences & training		240,296	-	240,296	246,604
Resources & Education		433,703	-	433,703	371,746
Publications		580,401	-	580,401	478,352
TOTAL EXPENDITURE	3	<u>1,298,957</u>	<u>-</u>	<u>1,298,957</u>	<u>1,125,927</u>
Net (expenditure)/ income before gains on investments		(68,774)	-	(68,774)	58,411
Gains/(losses) on investments		965,475	-	965,475	(19,352)
NET INCOME/(EXPENDITURE) & NET MOVEMENT IN FUNDS		<u>896,701</u>	<u>-</u>	<u>896,701</u>	<u>39,059</u>
TOTAL FUNDS BROUGHT FORWARD		<u>2,878,406</u>	<u>21,035</u>	<u>2,899,441</u>	<u>2,860,382</u>
TOTAL FUNDS CARRIED FORWARD		<u>3,775,107</u>	<u>21,035</u>	<u>3,796,142</u>	<u>2,899,441</u>

All of the above results are derived from continuing activities.

The notes on the following pages form part of these financial statements

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2023

			2023		2022
	Note	£	£	£	£
FIXED ASSETS					
Tangible fixed assets	8		6,413		995,064
Intangible fixed assets	7		31,907		32,003
Investments	9		146,427		139,513
Investment Property	9		1,950,000		-
			<u>2,134,747</u>		<u>1,166,580</u>
CURRENT ASSETS					
Debtors	10	365,465		314,993	
Short term deposits		1,305,530		1,208,220	
Cash at bank and in hand		297,657		364,949	
		<u>1,968,652</u>		<u>1,888,162</u>	
Creditors: amounts falling due within one year	11	(307,257)		(155,301)	
NET CURRENT ASSETS			<u>1,661,395</u>		<u>1,732,861</u>
NET ASSETS			<u><u>3,796,142</u></u>		<u><u>2,899,441</u></u>
FUNDS					
Restricted funds	12		21,035		21,035
Unrestricted funds					
Designated funds	12	125,168		1,230,748	
General fund	12	3,649,939		1,647,658	
			<u>3,775,107</u>		<u>2,878,406</u>
			<u><u>3,796,142</u></u>		<u><u>2,899,441</u></u>

Approved by the trustees on 27 September 2024 and signed on their behalf by: -



Dr Gordana Milavić
Chair

The notes on the following pages form part of these financial statements

**INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF
THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
FOR THE YEAR ENDED 31 DECEMBER 2023**

	2023		2022	
	£	£	£	£
Net cash (used in)/ provided by operating activities				
Net movement in funds	896,701		39,059	
Add back depreciation/amortisation charge	22,753		65,502	
Losses on investments	279		15,085	
Less interest income	(32,068)		(8,876)	
(Increase) in debtors	(50,472)		(146,034)	
Increase in creditors	151,956		49,914	
Net cash (used in)/ provided by operating activities		989,149		14,650
Net cash (used in) investing activities				
Interest income	32,068		8,876	
Revaluation of investments properties	(960,356)		-	
Purchase of investments	(21,082)		(18,051)	
Proceeds from sale of investments	13,884		21,242	
Purchase of tangible fixed assets	(4,550)		(2,973)	
Purchase of intangible fixed assets	(19,095)		(16,034)	
Net cash (used in) investing activities		(959,131)		(6,940)
 Increase in cash and cash equivalents in the year		30,018		7,710
 Cash and cash equivalents at the beginning of the year		1,573,169		1,565,459
 Total cash and cash equivalents at the end of the year		1,603,187		1,573,169
 Analysis of cash and cash equivalents				
Cash at bank and in hand		297,657		364,949
Short term deposits		1,305,530		1,208,220
		1,603,187		1,573,169

**THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

1. ACCOUNTING POLICIES

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

d) Estimation uncertainty

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Subscription income is recognised in the year in which it relates, income relating to the following year is deferred.

Publication income is accounted for in the year in which it relates.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

g) Fund accounting

Restricted funds – these are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the Charity for particular purposes.

Designated funds – these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of the provision of training events and other educational activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Expenditure is allocated to the particular activity where the cost relates directly to that activity. Support, overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the basis of the staff costs directly attributed to each activity.

j) Operating leases

Rental charges are charged on a straight-line basis over the term of the lease.

k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £500. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- | | |
|----------------------|----------|
| • Freehold premises | 50 years |
| • Office fixtures | 10 years |
| • Office equipment | 4 years |
| • Computer equipment | 3 years |
| • Website | 3 years |
| • Plant & machinery | 10 years |

l) Listed investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. Any change in fair value will be recognised in the statement of financial activities. The charity does not acquire put options, derivatives or other complex financial instruments.

m) Investment properties

Investment properties are included in the balance sheet at fair value and are not depreciated. Any change in fair value is recognised in the statement of financial activities. In 2023, there has been a change in the use of property, and so the tangible fixed asset property has been re-classified as investment property and revalued.

n) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

o) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023**

p) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

q) Pension costs

The Association contributes a fixed percentage of employee's salaries to members own pension schemes. The cost of the contributions is charged to the Statement of Financial Activities as and when these are paid.

r) Legal Status

This charitable company is incorporated in England & Wales, its registered office is St Saviour's House, 39-41 Union Street, London SE1 1SD. Please see the reference and administrative details section on page 1 for more details.

2. BOARD OF MANAGEMENT AND STAFF

At present, no remuneration is payable to members of the Board in their capacities as honorary officers.

Board members who, in their professional capacities as experts in their subject area, are invited to present at one of the Association's conferences, may receive a small honorarium payment is made in line with all speakers, in appreciation of their contribution.

Total expenses of £nil were paid during 2023 in respect of Board members' attendance at meetings (2022: £nil). These were incurred by £nil (2022: £nil) of the board members.

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

3. EXPENDITURE

	Direct Staff costs £	Other Direct costs £	Support costs £	Total 2023 £	Total 2022 £
Charitable activities					
Membership services	15,653	8,521	20,383	44,557	29,225
Resources & Education	99,039	205,698	128,966	433,703	371,746
National conferences & training	61,047	99,755	79,494	240,296	246,604
Publications	160,013	212,024	208,364	580,401	478,352
	335,752	525,998	437,207	1,298,957	1,125,927

Support costs are detailed in Note 5 and are allocated on the basis of direct staff costs.

4. NET MOVEMENT IN FUNDS

This is stated after charging:	2023 £	2022 £
Auditors' remuneration for audit (excluding VAT)	9,775	8,500
Depreciation & Amortisation	22,753	46,970

5. SUPPORT COSTS

	2023 £	2022 £
Governance	10,216	10,760
Staff costs	153,842	100,606
Legal and professional	64,610	52,202
Office	113,950	133,477
Establishment	94,589	89,890
	437,207	386,935

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

6. STAFF COSTS AND KEY MANAGEMENT PERSONNEL

	2,023	2022
	£	£
Gross salaries	416,776	312,671
Social security	40,889	29,853
Pensions	31,929	26,471
	489,594	368,995

The average number of employees (head count based on number of staff employed) in the year was 9 (2022: 8).

1 employee received remuneration of between £80,000 and £89,999 in the year (2022: 1).

The key management personnel of the Charity comprise the trustees, the Chief Executive and the senior management team. The Trustees do not receive any remuneration for their role as a Trustee. The total employee benefits of the key management personnel of the Charity were £293,184 (2022: £262,707).

7. INTANGIBLE FIXED ASSETS

	Website	Total
	£	£
Cost		
At 1 January 2023	136,374	136,374
Additions in the year	19,095	19,095
Disposals in the year	-	-
At 31 December 2023	155,469	155,469
Amortisation		
At 1 January 2023	104,371	104,371
Charge for the year	19,191	19,191
Disposals in the year	-	-
At 31 December 2023	123,562	123,562
Net book value		
At 31 December 2023	31,907	31,907
At 31 December 2022	32,003	32,003

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

8. TANGIBLE FIXED ASSETS

	Fixtures			
	Freehold and	Computer		
	Premises equipment	equipment		
	£	£	£	Total
				£
Cost				
At 1 January 2023	1,000,000	329,086	33,063	1,362,149
Additions in the year	-	2,332	2,218	4,550
Disposals in the year	-	-	-	-
Transfer to Investment Property	(1,000,000)	(289,100)	-	(1,289,100)
At 31 December 2023	-	42,318	35,281	77,599
Depreciation				
At 1 January 2023	151,519	187,505	28,061	367,085
Charge for the year		543	3,019	3,562
Transfer to Investment Property	(151,519)	(147,942)		(299,461)
Disposals in the year	-	-	-	-
At 31 December 2023	-	40,106	31,080	71,186
Net book value				
At 31 December 2023	-	2,212	4,201	6,413
At 31 December 2022	848,481	141,581	5,002	995,064

All of the above assets are used for charitable purposes.

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

9. FIXED ASSET INVESTMENTS

	2,023	2022
Investments	£	£
At market value:		
At 1 January 2023	128,313	151,933
Purchases at cost	21,082	18,051
Disposal proceeds	(13,884)	(21,242)
Increase (decrease) increase in market value	5,110	(20,429)
Market value at 31 December 2023	140,621	128,313
Cash on deposit and dealing account	5,806	11,200
At 31 December 2023	146,427	139,513
Historical cost of managed portfolio	140,449	136,213
Investment Property		
Fair value at the start of the year	-	-
Transfer from tangible assets	1,000,000	-
Revaluation during the year	950,000	-
Fair value at the end of the year	1,950,000	£ Nil

The property was revalued by Price Taylor LLP, Chartered Surveyors, on 22 April 2024.

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

10. DEBTORS	2,023	2022
Due within one year	£	£
Trade debtors	57,789	66,196
Prepayments	28,109	8,860
Sundry debtors and accrued income	269,523	238,235
VAT	10,044	1,702
	<u>365,465</u>	<u>314,993</u>
11. CREDITORS	2,023	2022
Due within one year	£	£
Trade creditors	75,222	30,441
Accruals	112,950	36,602
Deferred income	89,062	39,031
Taxation and social security	11,803	16,766
Pensions	88	3,218
Other creditors	18,132	29,243
VAT	-	-
	<u>307,257</u>	<u>155,301</u>
Deferred income		
At 1 January	39,031	40,927
Released in the year	(39,031)	(40,927)
Incoming resources deferred in the current year	89,062	39,031
At 31 December	<u>89,062</u>	<u>39,031</u>

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

12. STATEMENT OF FUNDS

	Brought forward £	Income £	Expenditure £	Transfers and gains £	Carried forward £
Restricted funds					
CAIDPN	21,035	-	-	-	21,035
Total restricted funds	21,035	-	-	-	21,035
Designated funds					
Fixed asset reserve	995,064	-	(3,562)	(985,089)	6,413
Building maintenance	71,990	-	(33,552)	-	38,438
Video portal	163,694	-	(83,377)	-	80,317
Total designated funds	1,230,748	-	(120,491)	(985,089)	125,168
General fund	1,647,658	1,230,183	(1,178,466)	1,950,564	3,649,939
TOTAL FUNDS	2,899,441	1,230,183	(1,298,957)	965,475	3,796,142

Designated funds

Fixed asset reserve

The fixed asset reserve is equal to the net book value of the Association's fixed assets.

Building maintenance

For major maintenance programmes which include installing new alarm systems and mechanical ventilation.

Video portal

Funding to build a video resource in child and adolescent mental health to support members worldwide and further improve its outreach.

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

12. STATEMENT OF FUNDS - 2022 (Comparative)

	Brought forward £	Income £	Expenditure £	Transfers and gains £	Carried forward £
Restricted funds					
Clinical research course	30,140	-	(30,140)	-	-
Caidpn	21,035	-	-	-	21,035
Total restricted funds	51,175	-	(30,140)	-	21,035
Designated funds					
Fixed asset reserve	1,247,411	-	(46,970)	(205,377)	995,064
Clinical research course	25,000	-	(25,000)	-	-
Building maintenance	71,990	-	-	-	71,990
Video portal	286,764	-	(123,070)	-	163,694
Total designated funds	1,631,165	-	(195,040)	(205,377)	1,230,748
General fund	1,178,042	1,184,343	(900,747)	186,025	1,647,663
TOTAL FUNDS	2,860,382	1,184,343	(1,125,927)	(19,352)	2,899,446

13. RELATED PARTIES

There are no related party transactions in the year (2022: none).

The Trustees did not receive any remuneration during the year (2022: £nil). Expenses totalling £1,943 (2022: £nil) were reimbursed to 2 Trustees in the year.

THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH
NOTES TO THE FINANCIAL STATEMENTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2023

14. COMPARATIVE SOFA

	Note	Unrestricted 2022	Restricted 2022	Total 2022
		£	£	£
INCOME				
Donations and legacies		279	-	279
Charitable activities:				
Membership services		118,320	-	118,320
Conferences & training		274,095	-	274,095
Publications		735,820	-	735,820
		<u>1,128,235</u>	<u>-</u>	<u>1,128,235</u>
Other trading activities: property income		46,948	-	46,948
Investments		8,876	-	8,876
TOTAL INCOME		<u>1,184,338</u>	<u>-</u>	<u>1,184,338</u>
EXPENDITURE				
Charitable activities:				
Membership services		29,225	-	29,225
Conferences & training		216,464	30,140	246,604
Resources & Education		371,746	-	371,746
Publications		478,352	-	478,352
TOTAL EXPENDITURE		<u>1,095,787</u>	<u>30,140</u>	<u>1,125,927</u>
Net (expenditure)/ income before gains on investments		88,551	(30,140)	58,411
Gains/(losses) on investments		(19,352)	-	(19,352)
NET (EXPENDITURE)/ INCOME		<u>69,199</u>	<u>(30,140)</u>	<u>39,059</u>
TOTAL FUNDS BROUGHT FORWARD		2,809,207	51,175	2,860,382
TOTAL FUNDS CARRIED FORWARD		<u>2,878,406</u>	<u>21,035</u>	<u>2,899,441</u>