

REGISTERED COMPANY NUMBER: 02940649 (England and Wales)
REGISTERED CHARITY NUMBER: 1042506

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
The Asian Health Agency
(A Company Limited by Guarantee)

Grant Harrod Lerman Davis LLP
Chartered Accountants
Second Floor, Kirkland House
11-15 Peterborough Road
Harrow
Middlesex
HA1 2AX

The Asian Health Agency

Contents of the Financial Statements
for the year ended 31 March 2025

	Page
Report of the Trustees	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Cash Flow Statement	9
Notes to the Cash Flow Statement	10
Notes to the Financial Statements	11 to 15

The Asian Health Agency

**Report of the Trustees
for the year ended 31 March 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Legal Status

The Charity is constituted as a company limited by guarantee, and therefore governed by the Memorandum and the Articles of Association. The liability of the Directors is limited to £1.

Mission Statement

The mission statement of the Charity is to:

- Serve the different but equal needs within our diverse communities.
- Address the inequality and injustice within mainstream services and service providers.
- Maintain an anti-racist and anti-discriminatory position.
- SEVA (serving the communities).

The Asian Health Agency

**Report of the Trustees
for the year ended 31 March 2025**

OBJECTIVES AND ACTIVITIES

Significant activities

The charity's Senior Management Team (SMT) led by the Chairperson and including the Director, Finance Officer and CQC Senior Registered Care Manager continued to meet regularly to implement strategies and actions to identify and overcome the ongoing challenges and to ensure organisational sustainability including:

- Maintaining robust financial controls and systems including budget reviews and cashflow monitoring particularly within our Parvaaz Service, our largest income generating service
- Staff employment and retention matters

By the end of the year, the charity had started the process of considering options of the operational and financial viability of its Parvaaz service due to an increasing competitive sector and high service delivery standards. Within this context the Charity decided to restructure and limit its free provision of transport to people with disabilities.

The charity reviewed its partnership with HKM Care Limited on the development of a new 24-hour 7 days a week respite care support service for children, adults and older people in Slough due to prolonged delays in registering its Manager and an additional Location for this new service with the Care Quality Commission. This Partnership was effectively put on hold due to prolonged delays and the need to meet additional CQC requirements essential for both registrations. In addition the delays led to the premises for the proposed Location for service becoming unavailable and the proposed service being put on hold.

During the year the charity's Director worked 2 days per week.

The charity, after a great deal of delays, successfully secured 8 work permits to recruit care staff under the Government's Work Permit for Overseas Workers Scheme and recruited 4 new staff members under this Scheme during the year. The process of recruiting the remaining 4 new staff under this Scheme is ongoing and the charity, like all other employers within this Scheme is having to meet new Home Office guidelines which encourages employers within this Scheme to recruit overseas workers already in the UK.

The charity continued to support the work of Communities4Change (C4C) funded by The Big Lottery Fund's Awards For All grants programme, based at the charity's Ashra office in Southall aimed at developing a Volunteers Hub in Southall and piloting community based podcasts.

The charity supported the work of The Asian Women's Network (TAWN) on setting up a 24-Hour Women's Helpline and producing an educational documentary film on the theme of 'Asian Women and Mental Health' which will be launched in July 2025

The Charity worked with TAWN, C4C and The Monitoring Group (TMG) and supported a series of community consultation events to identify and support local volunteer led, community and partnership based programmes and activities which led to the development of Platform Southall.

The charity continues to retain its accreditation from Care Quality Commission (CQC) for its registered Personal Care services for older people in Ealing and also continues its Parvaaz service as a CQC Registered Service for provision of Personal care service to children and young people in Slough.

During the year the following services/ projects were managed directly by the Charity:

Support4Carers Ealing

Provision of domiciliary and respite care and support for Asian carers and older people in London Borough of Ealing and partnership with a local consortium.

Parvaaz: Children and Young People with Disabilities

Provision of Personal care, short breaks and support services to enable people with disabilities and complex needs to maintain and achieve independence and improve independent living skills in Slough, Berkshire

Taplow Project

Development of a 24-hour 7 day a week respite service for children and adults in Slough run in partnership with HKM Care Limited. This Service did not become operational during the year.

The Asian Health Agency

**Report of the Trustees
for the year ended 31 March 2025**

Partnerships

The Charity continued to work with several organisations including C4C, TAWN and TMG to foster and promote anti-racism and anti-inequalities initiatives and to build and support community and volunteer based responses to make mainstream services responsive and accountable to Communities of colour.

Public benefit

The charity's Parvaaz project provides respite care, support groups and other activity to promote independent living amongst young adults with disabilities and support for carers and delivers the charity's objectives to support people with disabilities and to promote healthy lifestyles and mental and physical wellness.

The charity's partnership work particularly targets isolated women and marginalised groups in Southall, contributes to its objectives to engaging marginalised individuals, promoting healthy lifestyles and improving mental and physical wellness.

STRATEGIC REPORT

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

The Charity is managed by a Board of Trustees referred to as the Management Committee (MC) which is ultimately The Trustees on the MC are elected annually at the Annual General Meeting of the Charity in accordance with the Memorandum and Articles of Association of the Charity which stipulates that at least one third of the longest serving members should retire annually. All decisions relating to the business of the Charity are made at the meetings of the MC and are recorded. All Trustees receive an induction at appointment stage and members of the MC including Chairperson, Treasurer and Secretary and individual MC members have job descriptions outlining their roles and responsibilities.

The MC is responsible for deciding the membership of the sub-committee which consist of the members of the MC who report directly to the Management Committee.

At the end of the financial year 2023-24, there were 5 Management Committee members. During the year the Management Committee made efforts to recruit new members and these efforts will continue to be made.

The Trustees do not receive remuneration or derive any other personal benefits from the activities of the charity.

The day to day business of the Charity is managed by Balraj Purewal, its Director, who is supported by a part time Finance Administrator.

The Charity organises a risk assessment outlining the key risks within its operations and business and associated measures to reduce those risks, which is reviewed regularly.

The Charity's head office operates from the Dominion Centre, 112 The Green Southall from which its support4Carers Ealing project operates. Its Parvaaz project operates from The Annexe at Rotunda Youth and Community Centre, Northampton Road, Slough.

The Asian Health Agency
Report of the Trustees
for the year ended 31 March 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

It is the policy of the Charity to maintain unrestricted funds at a sufficient level to maintain a positive cash bank balance at all times to ensure the prudent day to day financial management of the Charity.

As for the rest of the restricted funds, the surpluses are held over for the subsequent use towards the projects designated for which the funds were originally sourced.

The Charity has reviewed provisions for future redundancy costs.

It was decided that the Unrestricted Fund account would be used for the benefit of the Charity as follows:

Designated Funds

Staff Redundancy	32,000
Operational Fund	19,552
Total	51,552

Future Developments

The charity will be developing and considering specific proposals focused on our existing Parvaaz service including proposals around creating our Parvaaz service as a separate entity or C.I.C

The charity will be developing a strategy to deal with the request by our existing Director, who has been in post since the inception of our charity, and who has indicated for some time his intention to retire.

The charity will be working in Partnerships particularly with The Asian Women's Network, The Monitoring Group and Communities4Change including on registering Platform Southall as a new C.I.C and to further develop activities around promoting volunteering, community run podcasts and on the heritage and contributions of Asian communities in and around Southall.

The charity will continue to prioritize work on securing the 4 remaining work permits and recruiting new care staff under the Governments Work Permit Scheme.

The charity will be reviewing its Partnership HKM Care Limited on establishing a new Service targeted at children and adults with disabilities and consider options to register another Location and Manager for this proposed service with the CQC.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
02940649 (England and Wales)

Registered Charity number
1042506

Registered office
Dominion Centre
112 The Green
Southall
Middlesex
UB2 4BQ

Trustees
A Gebmeskrel Consultant
D L German Finance Administrator
Mrs K K Johal Assistant Director 0-19 Children's Services
Ms K Singh Community Development Officer
M Solanki Youth Development Officer
A Hussain IT Consultant

Company Secretary
B S Purewal

The Asian Health Agency

**Report of the Trustees
for the year ended 31 March 2025**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Grant Harrod Lerman Davis LLP
Chartered Accountants
Second Floor, Kirkland House
11-15 Peterborough Road
Harrow
Middlesex
HA1 2AX

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on
.....23.12.2025..... and signed on the board's behalf by:

DocuSigned by:

Balraj Purewal

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B S Purewal - Secretary

**Independent Examiner's Report to the Trustees of
The Asian Health Agency**

Independent examiner's report to the trustees of The Asian Health Agency ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

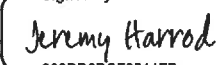
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed by:


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Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
Second Floor, Kirkland House
11-15 Peterborough Road
Harrow
Middlesex
HA1 2AX

Date: 23/12/2025

The Asian Health Agency

**Statement of Financial Activities
for the year ended 31 March 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities	2				
Charitable		8,051	633,767	641,818	590,185
EXPENDITURE ON					
Charitable activities	3				
Charitable		-	626,510	626,510	636,143
Other		7,290	-	7,290	8,462
Total		7,290	626,510	633,800	644,605
NET INCOME/(EXPENDITURE)		761	7,257	8,018	(54,420)
Transfers between funds	12	7,257	(7,257)	-	-
Net movement in funds		8,018	-	8,018	(54,420)
RECONCILIATION OF FUNDS					
Total funds brought forward		51,552	-	51,552	105,972
TOTAL FUNDS CARRIED FORWARD		59,570	-	59,570	51,552

The notes form part of these financial statements

The Asian Health Agency

Balance Sheet
31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	9	7,718	-	7,718	15,008
CURRENT ASSETS					
Debtors	10	51,062	-	51,062	60,443
Cash at bank		46,732	-	46,732	35,815
		<u>97,794</u>	<u>-</u>	<u>97,794</u>	<u>96,258</u>
CREDITORS					
Amounts falling due within one year	11	(45,942)	-	(45,942)	(59,714)
NET CURRENT ASSETS		<u>51,852</u>	<u>-</u>	<u>51,852</u>	<u>36,544</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>59,570</u>	<u>-</u>	<u>59,570</u>	<u>51,552</u>
NET ASSETS/(LIABILITIES)		<u>59,570</u>	<u>-</u>	<u>59,570</u>	<u>51,552</u>
FUNDS	12				
Unrestricted funds				59,570	51,552
TOTAL FUNDS				<u>59,570</u>	<u>51,552</u>

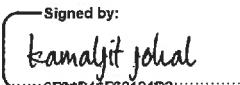
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 23/12/2025 and were signed on its behalf by:

Signed by:

 8F81B41F89194D3.....
 K. K. Johal - Trustee

The Asian Health Agency

Cash Flow Statement
for the year ended 31 March 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	10,917	(6,569)
Net cash provided by/(used in) operating activities		10,917	(6,569)
Change in cash and cash equivalents in the reporting period		10,917	(6,569)
Cash and cash equivalents at the beginning of the reporting period		35,815	42,384
Cash and cash equivalents at the end of the reporting period		46,732	35,815

The notes form part of these financial statements

The Asian Health Agency

**Notes to the Cash Flow Statement
for the year ended 31 March 2025**

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	8,018	(54,420)
Adjustments for:		
Depreciation charges	7,290	8,462
Decrease in debtors	9,381	35,444
(Decrease)/increase in creditors	(13,772)	3,945
Net cash provided by/(used in) operations	<u>10,917</u>	<u>(6,569)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	<u>35,815</u>	<u>10,917</u>	<u>46,732</u>
	<u>35,815</u>	<u>10,917</u>	<u>46,732</u>
Total	<u>35,815</u>	<u>10,917</u>	<u>46,732</u>

The notes form part of these financial statements

The Asian Health Agency

Notes to the Financial Statements
for the year ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- Straight line over 3 years
Motor vehicles	- 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INCOME FROM CHARITABLE ACTIVITIES

		2025 £	2024 £
Grants	Activity Charitable	641,818	590,185
Grants received, included in the above, are as follows:			
		2025 £	2024 £
London Borough of Ealing (Referred clients)		-	8,456
Dementia Concern		-	13,907
Slough Borough Council (Children Services)		249,328	232,763
Slough Borough Council (CTPLD Adult Services)		365,672	319,485
Slough Borough Council (DP)		18,767	14,500
		<u>633,767</u>	<u>589,111</u>

The Asian Health Agency

Notes to the Financial Statements - continued
for the year ended 31 March 2025

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 4) £	Totals £
Charitable	621,510	5,000	626,510

4. SUPPORT COSTS

	Governance costs £
Charitable	5,000

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Auditors' remuneration	5,000	5,000
Depreciation - owned assets	7,290	8,462

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

7. STAFF COSTS

	2025 £	2024 £
Wages and salaries	522,941	518,349
	522,941	518,349

The average monthly number of employees during the year was as follows:

	2025	2024
Direct staff	30	34

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Charitable	1,074	589,111	590,185
EXPENDITURE ON			
Charitable activities			
Charitable	47,032	589,111	636,143
Other	8,462	-	8,462
Total	55,494	589,111	644,605
NET INCOME/(EXPENDITURE)	(54,420)	-	(54,420)
RECONCILIATION OF FUNDS			
Total funds brought forward	105,972	-	105,972

The Asian Health Agency

**Notes to the Financial Statements - continued
for the year ended 31 March 2025**

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	51,552	-	51,552

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2024 and 31 March 2025	56,095	33,640	89,735
DEPRECIATION			
At 1 April 2024	51,375	23,352	74,727
Charge for year	4,718	2,572	7,290
At 31 March 2025	56,093	25,924	82,017
NET BOOK VALUE			
At 31 March 2025	2	7,716	7,718
At 31 March 2024	4,720	10,288	15,008

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	49,658	60,443
Prepayments and accrued income	1,404	-
	51,062	60,443

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	11,436	6,500
Social security and other taxes	4,653	5,963
Other creditors	2,353	13,451
Accruals and deferred income	27,500	33,800
	45,942	59,714

12. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	51,552	761	7,257	59,570
Restricted funds				
Parvaaz DP	-	7,257	(7,257)	-
TOTAL FUNDS	51,552	8,018	-	59,570

The Asian Health Agency

Notes to the Financial Statements - continued
for the year ended 31 March 2025

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	8,051	(7,290)	761
Restricted funds			
Parvaaz DP	633,767	(626,510)	7,257
TOTAL FUNDS	<u>641,818</u>	<u>(633,800)</u>	<u>8,018</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	105,972	(54,420)	51,552
TOTAL FUNDS	<u>105,972</u>	<u>(54,420)</u>	<u>51,552</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,074	(55,494)	(54,420)
Restricted funds			
Parvaaz DP	333,985	(333,985)	-
Ealing Consortium	22,363	(22,363)	-
Parvaaz Block	232,763	(232,763)	-
	<u>589,111</u>	<u>(589,111)</u>	<u>-</u>
TOTAL FUNDS	<u>590,185</u>	<u>(644,605)</u>	<u>(54,420)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	105,972	(53,659)	7,257	59,570
Restricted funds				
Parvaaz DP	-	7,257	(7,257)	-
TOTAL FUNDS	<u>105,972</u>	<u>(46,402)</u>	<u>-</u>	<u>59,570</u>

The Asian Health Agency

**Notes to the Financial Statements - continued
for the year ended 31 March 2025**

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,125	(62,784)	(53,659)
Restricted funds			
Parvaaz DP	967,752	(960,495)	7,257
Ealing Consortium	22,363	(22,363)	-
Parvaaz Block	232,763	(232,763)	-
	<u>1,222,878</u>	<u>(1,215,621)</u>	<u>7,257</u>
TOTAL FUNDS	<u>1,232,003</u>	<u>(1,278,405)</u>	<u>(46,402)</u>

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

14. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

15. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

