

Charity registration number 1042121 (England and Wales)

Company registration number 02967126

YOUTH ACCESS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025



YOUTH ACCESS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr D P Mobbs Ms O Willybiro Mrs C L Finlay Mr C T Martin Mr C L Taylor Ms V Dzimwasha Mr J R Parkin Mrs R Arscott
Secretary	Ms C Harrison
Charity number (England and Wales)	1042121
Company number	02967126
Registered office	Nightingale House 46-48 East Street Epsom Surrey United Kingdom KT17 1HQ
Independent examiner	Hazel Day Xeinadin Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ

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CONTENTS

	Page
Chair and CEO introduction	1
Trustees' report	2 - 12
Independent examiner's report	13
Statement of financial activities	14
Balance sheet	15
Notes to the financial statements	16 - 25

YOUTH ACCESS

CHAIR AND CEO INTRODUCTION

FOR THE YEAR ENDED 31 MARCH 2025

In the last twelve months, arm in arm with our 133 members, we have demonstrated the power of working collectively. Across the country, our youth advice and counselling service members have supported approximately 485,000 young people, providing vital open-access services at a time when young people face increasingly complex challenges – from housing instability to mounting mental health pressures and systemic gaps in support for those navigating the transition to adulthood.

Our members remain deeply committed to their local communities, as like us, they know that open-access, holistic services can make a transformative difference in young people's lives. The early intervention, whole-life support that the Youth Access model provides stops problems from getting worse and equips young people with the tools they need to grow into healthy adults.

Despite the persistent challenges of insecure, short-term funding that many of our members face, this year has been marked by significant progress towards our vision: ensuring all young people can access free support from community-based services that respect their rights and meet their individual needs.

Three years into our ambitious 2022-2027 strategy, we have achieved significant milestones across our strategic goals of Increasing Access to services for young people who need them; Driving Equity to ensure services better meet the needs of typically marginalised young people and Improving Experiences for young people within member services.

When an early general election was called in May, we were ready. Our key policy asks, developed in partnership with young advisors and members, called on all parties to ensure access to youth advice and counselling services; provide mental health support that meets young people's needs and rights; and deliver a fair plan for young people in social welfare. Three major political parties made commitments to introducing community support for young people's mental health in their manifestos, mirroring what we've been championing for years: early-intervention, whole-life support.

The elected Government's commitment to develop Young Futures Hubs acknowledges the vital role member services play and reflects the incredible impact of several years of campaigning alongside young people, members and our partners in the Fund the Hubs coalition. We are proud to see our members receive the recognition and support they deserve for their superb work. The challenge is now to hold the Government to account, so that the implementation of the policy delivers what young people need.

As we look ahead, we do so with renewed energy and evidence of what we can achieve together. This year has shown the tangible difference we make when young people, members and Youth Access work in genuine partnership. We remain committed to ensuring every young person has access to the support they need to thrive on the path to adulthood.

Dan Mobbs & Cassandra Harrison
Chairman & CEO

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities

Our vision

Our vision is that all young people can access free support on their journey into adulthood from community-based advice and counselling services that respect their rights and meet their individual needs.

Our values

Bold

We are progressive in our thinking and courageous in our challenge of the system. We take a rights-based approach and are committed to dismantling inequalities in society. We trust in the power of young people's lived experience and passionately champion the support our members provide to meet young people's needs and rights.

Collaborative

We achieve our goals arm-in-arm with others. Working alongside young people and our network of members across the country, we are a powerful collective advocating for change. We bring this unique contribution and insight to collaborations with partners across the youth, mental health, and advice sectors.

Responsive

We are driven by the views of young people and our members, the evidence, and knowledge from practice. As these change, so do our approaches. We are tenacious but adapt our methods to the external environment to maximise opportunities to achieve our vision.

Strategic goals

The 2024/25 year marked the third year of our 2022-27 strategy. We focused on building upon the foundations established in the previous years to realise our vision.

Increasing access

Young people can access youth advice and counselling services with sufficient capacity.

Driving equity

Youth advice and counselling services engage with and access more young people from worst-served groups.

Improving experience

Youth advice and counselling services are designed and run effectively according to evidence, good practice and young people's voices.

Our full strategy is available on our website. The strategy is underpinned by a theory of change with an aligned monitoring and evaluation framework. We continue to develop our capacity and capability to measure the impact of our work, evidenced by our annual Impact and Learning report.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Achievements and performance

1. Increasing access

Working with young people

We know that young people have the power and passion to produce positive change in the world. We are committed to providing young people with the support and tools to help channel their drive and energy into impactful action.

This year we have continued to work arm in arm with young people across each of our strategic goals and put into practice what young people told us in their guiding principles for youth-led social action. In partnership with our members and other organisations, we have worked with 88 young people across a variety of projects this year.

In every project, young people have shown a strong commitment to driving change in their communities. Throughout this report, you will find examples of young people co-designing and co-delivering a wide range of work including programmes:

- to build the skills confidence and power of young people as change makers
- to increase access for young people racialised as black through decolonising therapeutic approaches
- to lead local and national influencing
- to conduct research and evaluations of our impact

General election

When an early general election was called in May, we were ready and armed with our key policy asks. These were developed in partnership with young advisors and informed by consultations with member services and the young people they work with.

Together, we called on all political parties to pledge to take three steps to address the social, health and economic factors shaping young people's lives and wellbeing:

1. Young people in all communities able to access local communities able to youth advice and counselling access youth advice and services counselling services
2. Mental health support that meets young people's needs that meets young people's and right needs and rights
3. A fair plan for young people in social welfare policy and people in social welfare policy and decision-making

"This is the chance and now is the time to seize it!"

-Youth Advisors, Kyra and Ryan

Our key policy asks were widely promoted within our membership and beyond. It was a huge success to see three political parties commit to introducing community support for young people's mental health in their manifestos.

We also hosted two webinars to help members get involved before and after the election, covering topics such as youth voter registration, rules for charity campaigning and establishing relationships with candidates and newly elected parliamentary representatives.

We were thrilled to see members engage in a myriad influencing activities, including local hustings, voter registration events, sending letters to newly elected parliamentarians, and promoting our collective key policy asks. We also launched our local influencing library of resources for members, providing useful materials such as help with stakeholder mapping and how to write strong policy briefings. Following the webinars, attendees' average confidence in working with the new government grew from 4.8/10 to 7.8/10 and working with newly elected representatives grew from 4.6/10 to 8.2/10.

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Fund the Hubs

Since 2020, we've partnered with [Fund the Hubs campaign](#) to amplify our call for a national network of early support hubs, like our members, in every local area so that all young people can access timely support and advice for issues affecting their mental health and wellbeing. The campaign was successful in securing £15 million of funding for Early Support Hubs with an evaluation – a big win for advancing the model and strengthening member provision for young people in their local communities.

We welcomed the new Government's commitment to rolling out hubs with drop-in mental health support in every local community in the form of Young Futures hubs. However, we know that for this rollout to be a success, the implementation and delivery of hubs must be grounded in what is effective and the type of support that young people say they want and need. That's why we consulted with sector representatives, existing hub providers and young people through a series of workshops to gather important insights to support the Government in the development of Young Futures Hubs.

Backed by 60 organisations, the message in our publication, [A blueprint for Young Futures hubs](#) was clear. The Government does not need to reinvent the wheel. Through establishing sustainable funding for existing hubs such as our members' services, alongside the development of new hubs in areas currently underserved, the Government can ensure that every young person has access to effective support within their local community.

"Investing in hubs is an investment in our future. Work with us to build a positive and healthy future, or we may not see it. Young people, your future voters, will remember the choices you make."

- Fiona Annis, Warith Rawahi and Grace Ward

Research published this year by the [Education Policy Institute](#) in partnership with Youth Access further demonstrates significant geographic disparities in the availability of early mental health services for young people.

We continue to engage with senior government officials to demonstrate the value of the Youth Access model of advice and counselling services, while connecting them with members and centring the voices of young people.

Youth action pilot

Youth Access wants to empower more young people to advocate for the changes they want to see in the mental health system and beyond.

This year, we delivered a Youth Action Pilot in partnership with three member organisations: No Limits, No5 Young People and YPAS. The pilot supported youth practitioners and young leaders in growing their youth action skills and confidence, and in developing a series of local youth-led campaigns.

The learning programme provided members and young people with dedicated resources to guide them step-by-step, from identifying key issues affecting young people to planning and delivering a campaign, while receiving tailored training and support sessions led by Youth Access.

The pilot included an in-depth evaluation to learn what worked and where there is room for improvement to ensure the most impactful future roll-out.

A total of 32 young people took part in various roles, including codesigning the shape of the national learning sessions, leading the delivery of the youth campaign sessions at a local level and being part of a group of dedicated campaigners with a passion to improve existing provision in their local communities.

At the end of the six-month pilot, the average level of knowledge of social action across the survey respondents increased by 36% and the average level of confidence increased by 23%. 100% of young respondents felt heard and included during the project.

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

OMOF Away Day spotlight

To mark five years since the launch of the Our Minds Our Future programme, we co-designed an away day with a group of young campaigners to reflect, share and celebrate five years of young people driving change in the mental health system, in partnership with Promo Cymru.

During our online planning sessions, we discussed change-making, shared knowledge and strengths of creating change, and collaboratively designed the Youth Action Away Day. During our residential in Bristol, young people looked at current research on mental health issues in the UK and internationally, presented their findings and collaboratively reflected on the manifestos in line with this Context.

The project provided a platform for young people to build confidence and develop their skills, laying the groundwork for continued progress in youth mental health services.

2. Driving equity

Equity webinars

Equity continues to be a key facet of our work and strategic goal. Understanding underserved groups is essential for providing an inclusive and open-access service for all young people. We know that the experts are individuals from these communities.

That's why, working with lived- experience experts, we co-hosted a series of webinars for our members to help them better reach and serve these groups. These inspiring collaborative webinars explored:

- How to work with gender-diverse young people led by member, the Young People's Advisory Service
- An exploration of the Black Mental Health Manifesto with The Centre for Mental Health
- Understanding the experiences of the Romani Gypsy, Roma and Traveller young people with The Traveller Movement

Each webinar is now available to rewatch in our Member area, offering on-demand online training with lived experience experts. 58 members attended our equity webinars this year and many provided positive feedback:

"Well presented, easy to understand, human, knowledgeable, and generous!"

"A really detailed and interesting session with an engaging presentation. Everyone should do this training!"

"Being present with such passionate individuals supporting an important cause was invaluable. Please keep up the great work, and I will do my utmost to follow your example."

"The presenters' knowledge and lived experiences were incredibly educational."

Guiding principles for youth-led social action

Created in collaboration with young people from Kent Refugee Action Network (KRAN), The Traveller Movement, Gendered Intelligence, Young Persons Advisory Service Liverpool and 42nd Street Manchester, the guiding principles share their advice on beginning or boosting your approach to youth-led social action and leading real-world change.

The principles offer a framework for harnessing and amplifying young people's power and voices. The principles are a product of the diverse insights of the young people involved, all working in change-leading roles locally and nationally.

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

The principles are designed for any organisation that seeks to channel young people's energy into impactful action and to inspire young people who wish to take on a leadership role in change-making spaces. The principles aim to transform spaces so that they are:

- Rooted in a culture of genuine youth leadership
- Inclusive to young people from all walks of life, especially those who are often excluded from social action spaces
- Impactful, contributing to real change in the world

The principles can apply to a wide range of organisations, including NHS bodies, research institutions, education and policymakers, so young people wanted to reach as many groups as possible.

As such, we decided to launch the principles at an online event to help attendees explore how they can embed them in their organisation and take a pledge to do so. We also produced a social media campaign working closely with a young illustrator, and a podcast hosted by some of the young people involved in producing the principles. The resource has been downloaded 251 times so far and 80% of young people said their confidence grew as a result of the project.

"[I]believe in myself a lot more and realise that I too can be an expert in things, and that my lived experience is enough/ valuable to be able to teach someone something."

- young person involved in the development of the guiding principles

We'd like to thank partners at The Young Changemakers Programme (The Diana Award), Children in Need's We Move Fund, No5 Young People and Free to Be You for their support on this project.

Equity co-production

Last year we delivered phase one of our equity strategy, with a scoping review and collection of briefings.

This work aimed to better understand which groups of young people remain under-served, the barriers these young people face in accessing support, and how our members and other services can ensure young people can access resources, opportunities and outcomes equitably.

This year, we built on those foundations and the learning from our Community of Practice on racially responsive services with a co-production project which aims to collate and share insights into what makes emotional or therapeutic support accessible and effective for Black young people.

Working with an equity, participation and progressive leadership consultant, we brought together learning from four organisations which work specifically with young people of Black heritage and the young people they serve.

We wanted to go beyond the statistics to illustrate the specific challenges faced by this community and in turn understand the approaches most valued by Black young people and the professionals supporting them, to help others in addressing and dismantling racial inequities in therapeutic support.

We took a co-production approach to this research, gathering insights from young people and professionals through a range of channels best suited to their schedules and capacity including:

- A survey for organisations and young people to share thoughts, experiences and expertise, which 8 young people and 15 professionals completed.
- Online consultation sessions to discuss experiences, what's working and what makes emotional support feel accessible, inclusive, and effective for Black young people. 6 young people and 9 professionals took part in these sessions.
- An in-person workshop in London to exchange expertise and discuss the approach to producing the final report. 3 young people and 4 professionals attended the workshop.

The insights will soon be shared with youth services all over the country, and will feed into further strategy, training and projects to build better services. We are also evaluating young people's and professionals' experiences of their involvement in the project to inform future work.

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3. Improving experience

Member meet

In November, youth advice and counselling service leaders gathered for an inspiring day of talks, networking and collaboration at this year's Member meet.

Our annual event provides members with a much-needed space to come together in person and collaborate. Our members ensured it was a day full of energy, insight, and connection as we explored the future of youth advice and counselling services. We kicked off the day with guest speaker Matt Lee, Head of Children and Young People's Mental Health Policy at the Department of Health and Social Care, who shared insights on the Government's plans for children and young people's mental health.

Members shared their enthusiasm for collaboration and had an open discussion on the challenges and opportunities that lie ahead for their services. The afternoon focused on knowledge exchange sessions, allowing members to dive deep into various topics with other services to share challenges, insights and solutions.

We concluded the day with our first Member meet social, giving attendees time to check out and unwind after a jam-packed day. We found the event enormously valuable, and we were thrilled to hear that members did too.

"Feel inspired that others are having same challenges and somehow as charities we keep carrying on and doing our absolute best to inspire and empower the young people we work with"

- Youth Access member

Our networks

Thanks to the ongoing success of our networks, we have continued to deliver and grow these quarterly online spaces for our members to connect and share their insights, challenges and solutions with staff in similar roles across the UK.

This year, we added a Comms Network to our roster, enabling staff responsible for their services' communications and marketing to connect with peers to share experiences and work collaboratively.

Our network offer in the last 12 months has included:

- Advice Network
- CEO Network
- Comms Network
- Counselling Network
- Evaluation Network
- Income Generation Network

We have consistently received positive feedback from network members:

"This network has been hugely beneficial in sharing ideas and best practice across many organisations, and the support it provides as a solo comms person is incredible!"

"As a CEO, it has been the loneliest and most stressed out I've ever been in my career. This forum has been a really important lifeline for me"

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Youth researcher group

This year, we built on last year's success of training young people as researchers through the [Our Minds Our Future programme](#), as researchers continued their training and worked with us to conduct a focus group and further interviews.

The young people involved played a pivotal role in conducting research and evaluations of the programme itself, enabling us to really understand into the programme's impact. The young researchers also led interviews with peers involved in the social action pilot project and facilitated a focus group with participants from the Away Day, hosted in collaboration with our partners at Promo Cymru.

"My experience working with Youth Access and NMCG Consulting has been so rewarding - I've been able to develop a unique and valuable skill set that I will carry with me through the rest of my career."

- Tilly

"I am really grateful for the opportunity to work as a young researcher with NMCG and Youth Access as it has provided me with a unique opportunity to develop skills in research and gain valuable work experience."

- Rain

Financial review

The annual financial statements are attached to this report. These have been prepared in accordance with the policies summarised on pages 16 to 18. There was a deficit from all activities of £21,122 (2024: surplus of £50,523) on total incoming resources of £396,419 (2024: £439,504). Of this deficit £47,858 was planned expenditure which has been spent from the designated strategic development fund leaving a surplus of £26,736 to increase free reserves. There was an unrealised loss in the value of the investments of £34,102, increasing the total deficit for the year to £55,224. The value of the investments is held in a separate designated fund so the loss on the investments has impacted the balance of that designated fund.

Income and fundraising

The bulk of Youth Access' income this year is from trusts and foundations, with a combination of restricted and unrestricted grants from existing supporters.

Investment income was generated during the year totalling £35,703 (2024: £29,576). During the year, trustees transferred £87,436 from a savings account into the CCLA Charities Ethical Investment Fund, in which the proceeds of the 2022/23 property sale were already invested, in line with Youth Access' investment policy. We continue to generate a small amount of income from membership subscriptions.

Expenditure

Total expenditure in the year was £417,541, of which £47,858 was planned expenditure from the strategic development designated funds. Total expenditure was a 7% increase on the previous year. Expenditure on raising funds totalled £29,462. Our support costs were £250,779. Staff costs represent 53% of total expenditure, totalling £222,457.

Going concern

Having taken into account this and all of the available information about the future, which is at least but not limited to 12 months from the date when the financial statements are authorised for issue, the trustees have concluded there are no material uncertainties that call into doubt Youth Access' ability to continue in operation for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Reserves levels and reserves policy

The reserves reflect amounts of incoming resources for the current and prior periods not yet spent. For the 2024/25 budgetary period, the Board of Trustees has examined the charity's requirements for reserves in light of the main risks to the organisation.

The target for the level of unrestricted funds not committed or invested in tangible fixed assets held by the charity is 3 months' running costs in addition to the costs of winding up the charity based on the draft 2025/26 budget. This target is £142,051. In order to provide a quality, effective and efficient service to its beneficiaries the trustees have set a reserves level that, in the event of funding not being sufficient to cover expenses in the future, will enable a smooth transition to a lower level of service. The Board also recognises that holding an excessive level of reserves can limit the amount spent on charitable activities, thereby reducing the potential benefits the charity can provide.

Designated funds

£773,831 designated for financial investment to generate unrestricted income, in line with Youth Access' investment policy statement, to support organisational sustainability. Since March 2024, there has been:

- an increase of £87,436 due to a transfer into the investment account from general funds; and
- an unrealised loss in the value of the investments of £34,102.

£188,507 designated for the strategic development of the organisation. Since March 2024, £47,858 of expenditure has been made from the fund in line with its agreed purpose.

The charity has total funds at the year end of £1,163,957 (2024: £1,219,181) of which £ 1,163,957 (2024: £1,219,181) are unrestricted. The charity has free reserves not committed or invested in tangible fixed assets of £201,619.

Structure, governance and management

The charity is a company limited by guarantee incorporated in September 1994 and is governed by its articles which were updated and adopted in March 2013.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr D P Mobbs

Ms O Willybiro

Ms S J Benton

(Resigned 12 December 2024)

Mrs C L Finlay

Mr C T Martin

Mr C L Taylor

Ms V Dzimwasha

Mr J R Parkin

Mrs R Arscott

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2025**

Management

The Board delegates responsibility for the day-to-day management Youth Access to our Chief Executive Cassandra Harrison, who is responsible for delivering the agreed strategy and ensuring the charity adheres to its policies.

The Board

The Board of Trustees is responsible for the strategic governance of the charity. In the year ending 31 March 2025, the number of Trustees serving on the Board was eight.

The Board of Trustees meets a minimum of four times a year and is responsible for setting our overall strategy. At each meeting the Board receives written reports on all aspects of our work.

Trustees received externally-delivered training and development in this financial year, the aims of which were to:

- Encourage reflection and open discussion about issues of equity.
- Build understanding of power, privilege and oppression and how they manifest within Youth Access, our members' services, and our sector.
- Enable trustees to be confident to take action in fulfilling their responsibilities and in supporting/holding Youth Access executive accountable for driving equity within the organisation and beyond.

YOUTH ACCESS

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Finance, Audit & Risk Committee

The Board delegates certain areas of governance to the Finance, Audit and Risk Committee.

The role of the Committee is to ensure that Youth Access manages its finances and risks effectively and efficiently in support of its charitable objectives.

The Committee is responsible for:

1. Finance

- Ensure the affordability and financial sustainability of Youth Access' charitable activities.
- Oversee the budget process, including scrutiny of the annual budget and making recommendations to the Board regarding approval.
- Monitor and review performance against budget, including scrutiny of management accounts and to advise the Board on progress and any action required.
- Oversee and review reserves policy and management of reserves.
- Oversee financial policies and the financial control framework.

2. Audit or independent examination

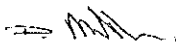
- Review the Annual Report and Accounts and make recommendations to the Board regarding approval.
- Oversee the process for selecting the external auditor or independent examination and make appropriate recommendations to the Board.
- Seek assurance on the planned activity, results, effectiveness, and cost of the external auditors.
- Oversee the adequacy and timeliness of the Executive's response to issues identified by audit activity, including the external auditors' or independent examiners' management letter.
- Review the findings of the audit and discuss any major issues which arise, any accounting and audit judgements and levels of error identified.

3. Risk

- Oversee the development, maintenance and implementation of risk management policies and processes, to ensure the effective management of risk at the appropriate level.
- Advise the Board on the overall risk appetite, and the principal and emerging risks.
- Advise the Board on the risk aspects of proposed changes to strategy and plans.
- Promote a culture of risk awareness and accountability: ensuring an awareness by Youth Access staff of risks and equipping them with the skills and tools they need to manage risk effectively.
- Review the risk register prior to discussion at the Board, to ensure that key strategic risks are correctly recorded on the register, taking account of their probability and impact; and that there is clear accountability for agreed mitigations.
- Monitor delivery of agreed mitigations and regularly consider emerging risks for escalation to the risk register.
- Monitor complaints and whistleblowing reported incidents, evaluate trends in reported incidents and approve proposals for further investigation or action.

The Committee comprises three trustees. They meet at least six times per year with the Chief Executive and senior members of staff.

The trustees' report was approved by the Board of Trustees.


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Mr D P Mobbs
Trustee

Date: 12/12/2025
.....

YOUTH ACCESS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUTH ACCESS

I report to the trustees on my examination of the financial statements of Youth Access (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

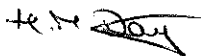
Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



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Date: 21/03/2025

YOUTH ACCESS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income and endowments from:							
Donations and legacies	2	57,075	298,696	355,771	58,182	346,665	404,847
Other trading activities	3	4,945	-	4,945	4,980	-	4,980
Investments	4	35,703	-	35,703	29,576	-	29,576
Other income	5	-	-	-	100	-	100
Total income		97,723	298,696	396,419	92,838	346,665	439,503
Expenditure on:							
Charitable activities	6	118,845	298,696	417,541	41,269	347,711	388,980
Total expenditure		118,845	298,696	417,541	41,269	347,711	388,980
Net gains/(losses) on investments	11	(34,102)	-	(34,102)	74,323	-	74,323
Net income/(expenditure) and movement in funds		(55,224)	-	(55,224)	125,892	(1,046)	124,846
Reconciliation of funds:							
Fund balances at 1 April 2024		1,219,181	-	1,219,181	1,093,289	1,046	1,094,335
Fund balances at 31 March 2025		1,163,957	-	1,163,957	1,219,181	-	1,219,181

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

YOUTH ACCESS

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	13		-		427
Investments	14		773,831		720,323
			<u>773,831</u>		<u>720,750</u>
Current assets					
Debtors	15	11,390		10,463	
Cash at bank and in hand		507,935		710,768	
		<u>519,325</u>		<u>721,231</u>	
Creditors: amounts falling due within one year	16	<u>(129,199)</u>		<u>(222,800)</u>	
Net current assets			<u>390,126</u>		<u>498,431</u>
Total assets less current liabilities			<u><u>1,163,957</u></u>		<u><u>1,219,181</u></u>
The funds of the charity					
Unrestricted funds	20		<u>1,163,957</u>		<u>1,219,181</u>
			<u><u>1,163,957</u></u>		<u><u>1,219,181</u></u>


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 12/12/2025



 Mr D P Mobbs
 Trustee

Company registration number 02967126 (England and Wales)

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Youth Access is a private company limited by guarantee incorporated in England and Wales. The registered office is Nightingale House, 46-48 East Street, Epsom, Surrey, KT17 1HQ, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	Over 5 years
Computers	Over 3 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	572	-	572	1,683	-	1,683
Grants	56,503	298,696	355,199	56,499	346,665	403,164
	<u>57,075</u>	<u>298,696</u>	<u>355,771</u>	<u>58,182</u>	<u>346,665</u>	<u>404,847</u>

3 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Membership subscriptions and sponsorships	<u>4,945</u>	<u>4,980</u>

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	22,405	10,093
Interest receivable	13,298	19,483
	<u>35,703</u>	<u>29,576</u>

5 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Net gain on disposal of tangible fixed assets	-	100
	<u>-</u>	<u>100</u>

6 Expenditure on charitable activities

	Activities undertaken directly 2025 £	Activities undertaken directly 2024 £
Direct costs		
Project costs	166,652	128,529
Premises costs	110	155
	<u>166,762</u>	<u>128,684</u>
Share of support and governance costs (see note 7)		
Support	238,892	248,787
Governance	11,887	11,509
	<u>417,541</u>	<u>388,980</u>
Analysis by fund		
Unrestricted funds	118,845	41,269
Restricted funds	298,696	347,711
	<u>417,541</u>	<u>388,980</u>

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

7 Support costs allocated to activities

	2025 £	2024 £
Staff costs	222,457	230,697
Depreciation	426	753
Staff development	902	1,095
Office costs	12,462	12,351
Professional fees	2,645	3,892
Governance costs	11,887	11,508
	<u>250,779</u>	<u>260,296</u>
Analysed between:		
Activities undertaken directly	<u>250,779</u>	<u>260,296</u>

	2025 £	2024 £
Governance costs comprise:		
Audit fees	3,200	3,000
Accountancy	4,933	6,926
Governance costs	3,104	918
Trustees expenses	650	664
	<u>11,887</u>	<u>11,508</u>

8 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	3,200	3,000
Depreciation of owned tangible fixed assets	426	753
Loss/(profit) on disposal of tangible fixed assets	-	(100)
	<u></u>	<u></u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

Trustees' expenses

During the year, no trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31st March 2025 expenses were paid to 3 (2024 - 3) trustees totalling £650 (2024 - £664).

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

10 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
4	5

Employment costs

	2025 £	2024 £
Wages and salaries	198,856	206,793
Social security costs	17,175	17,261
Other pension costs	6,426	6,643
	<u>222,457</u>	<u>230,697</u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2025 Number	2024 Number
£70,001 - £80,000	<u>1</u>	<u>1</u>

11 Gains and losses on investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Gains/(losses) arising on:		
Revaluation of investments	<u>(34,102)</u>	<u>74,323</u>

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

13 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2024	15,766	2,283	18,049
Disposals	(15,766)	-	(15,766)
At 31 March 2025	-	2,283	2,283
Depreciation and impairment			
At 1 April 2024	15,765	1,857	17,622
Depreciation charged in the year	-	426	426
Eliminated in respect of disposals	(15,765)	-	(15,765)
At 31 March 2025	-	2,283	2,283
Carrying amount			
At 31 March 2024	1	426	427

14 Fixed asset investments

	Listed investments £
Cost or valuation	
At 1 April 2024	720,323
Additions	87,610
Valuation changes	(34,102)
At 31 March 2025	773,831
Carrying amount	
At 31 March 2025	773,831
At 31 March 2024	720,323

15 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	4,000	-
Other debtors	120	4,136
Prepayments and accrued income	7,270	6,327
	11,390	10,463

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

16 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Deferred income	17	109,145	200,412
Trade creditors		14,853	11,133
Other creditors		871	7,506
Accruals		4,330	3,749
		<u>129,199</u>	<u>222,800</u>

17 Deferred income

	2025 £	2024 £
Other deferred income	<u>109,145</u>	<u>200,412</u>

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	<u>109,145</u>	<u>200,412</u>
Movements in the year:		
Deferred income at 1 April 2024	200,412	141,847
Released from previous periods	(200,412)	(141,847)
Resources deferred in the year	<u>109,145</u>	<u>200,412</u>
Deferred income at 31 March 2025	<u>109,145</u>	<u>200,412</u>

Deferred income relates to monies received on grants that span the year end, money is deferred to cover the work to be carried out by the Charity in the following period.

18 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	<u>6,426</u>	<u>6,643</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
Big Lottery	-	223,196	(223,196)	-
Prudence Trust	-	45,500	(45,500)	-
The AIM Foundation	-	30,000	(30,000)	-
	-	298,696	(298,696)	-
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
University College London	1,046	-	(1,046)	-
Big Lottery	-	266,665	(266,665)	-
Prudence Trust	-	50,000	(50,000)	-
The AIM Foundation	-	30,000	(30,000)	-
	1,046	346,665	(347,711)	-

National Lottery Community Fund (Big Lottery)

The funds to develop young person centered mental health provision across the UK.

University College London

The funds supported engagement of young people and Youth Access members in research on young person-centred health models.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2025 £
General fund	262,319	97,723	(70,987)	(87,436)	-	201,619
Investments	720,497	-	-	87,436	(34,102)	773,831
Strategic development	236,365	-	(47,858)	-	-	188,507
	1,219,181	97,723	(118,845)	-	(34,102)	1,163,957

YOUTH ACCESS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

20 Unrestricted funds (Continued)

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2024 £
General fund	357,115	92,838	(12,634)	(175,000)	-	262,319
Investments	646,174	-	-	-	74,323	720,497
Strategic development	90,000	-	(28,635)	175,000	-	236,365
	<u>1,093,289</u>	<u>92,838</u>	<u>(41,269)</u>	<u>-</u>	<u>74,323</u>	<u>1,219,181</u>

21 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).