



SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2024

CHARITY REGISTRATION NUMBER

1041925

(England & Wales)



CHAMPLEYS

Chartered Certified Accountants

Champleys Mews

Market Place

Pickering

YO18 7AE

Trustees

Stephen Trafford
Kate Robinson
Frances Butters
Veronica Mellor

Accountants

Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

Bankers

HSBC Plc
33, St Nicholas Street
Scarborough
YO11 2HN

Scottish Widows
PO Box 883
Leeds
LS1 9TY

Principal Operating Address

Unit 4
64-66 Londesborough Road
Scarborough
YO12 5AF

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2024

The trustees present their report and the financial statements for the for the year ended 31st March 2024.

Background and Structure

The legal name of the charity is Support for Carers (Scarborough and District). The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1041925.

Support for Carers (Scarborough and District) is a registered charity formed in 1986 under the umbrella of the Scarborough Council of Voluntary Services (now Sea Change), after a pilot scheme identified the need of supporting and providing a volunteer sitting service to carers of 18+ within the Scarborough District, who through ill health, physical or psychological disabilities or increasing frailty provided care to a partner, friend or relation within their own home. It became independent in 1988 through funding secured from Health and Adult Services (HAS) and Health Authority (CCG) and in 1994 obtained charitable status.

Summary of the purposes of the Charity

- To operate a service that gives practical and emotional support, and offers respite to carers.
- To operate a befriending service to lonely and isolated people in the community.

Summary of the main activities in relation to those purposes

- To provide a respite service by the use of volunteers and group activities.
- To provide moral and emotional support individually and within a group environment.
- To work alongside statutory; voluntary and private bodies to ensure collation of information on individual needs are referred to the appropriate service.

Public Benefit Statement

Throughout the year Support for Carers Board of Trustees have had regard the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Trustees

The following persons served as Trustees during the year ended 31st March 2024:

Trustee	Office	Trustee Appointments/Resignations
Stephen Trafford	Chairman	-
Kate Robinson	Vice Chair	-
Sylvia Graham	Volunteer Representative	Resigned 8th August 2023
Frances Butters	Carer Representative	-
Karen Brown	Volunteer Representative	Resigned 18th March 2023
Veronica Mellor	Volunteer Representative	Appointed 14th November 2023

Staff, Management and Selection of Trustees

Current staffing consists of Shirley Lumb (Manager) Part-time (30hrs) and Cheryl Heaton (Co-ordinator) Part-time (22hrs).

The Charity currently has 56 volunteers who provide our volunteer visiting and befriending service, assist in the running of our Wednesday Group and Songs and Scones, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Support for Carers board of trustees consists of 5 individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Trustees are appointed at the annual general meeting and are recruited from local people who have an interest in the charity. The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

The Chairman would like to openly thank all those involved with the organisation for their continued support and commitment over the last year.

Risk Management

The executive committee continues to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and allows them to be mitigated to an acceptable level in the charity's day to day activities.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

The organisation is funded by North Yorkshire Council, our contractual hours are 238 per month. These hours have been achieved by the recruitment and deployment of volunteers within peoples' homes.

Volunteer Sitting Service

Our team of 56 volunteers have provided 5202 hours of respite sitting and 298 hours of telephone befriending during this financial year compared to 3052 hours of respite sitting the previous year. On behalf of the Trustees and staff the Chairman Mr Steve Trafford would like to thank our volunteers for their dedicated and continuous support.

Wednesday Friendship Club

The Wednesday Friendship club continues to attract both carers and the person they support by bridging the gap between no care and day care. The club offers a two-hour session of both mental and social stimulation through a variety of activities. Where needed a volunteer is paired with a member who may have difficulties taking part in activities due to failing eyesight, memory or disability. Support for Carers trustees felt it was very important for the club to continue.

We still feel that the Wednesday Friendship club gives an essential respite service to carers and people who live alone and we will continue to run this through weekly subscriptions.

Songs and Scones

Songs and Scones which is held at Ayton Village Hall on the last Thursday of each month, is a social afternoon of music, conversation, tea or coffee, scones and biscuits. This is open to carers, their dependents and anyone who is lonely or isolated.

Website

Our website covers all aspects of our work from services available, useful information, volunteering opportunities, support. (scarboroughsupportforcarers.org).

The Way Forward

As we are all aware there have been major funding cuts across both the statutory and voluntary sectors which has had a huge impact on those providing the service and more so for those using it. To safeguard our service and to continue to provide a much-needed sitting service to carers within the Scarborough and Filey district we are looking at funding opportunities from other sources.

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2024

Financial Review

The financial position of the Charity as at 31st March 2024 as more fully detailed in the accounts, can be summarised as follows:

	2024	2023
	£	£
Income	57,482	57,337
Expenditure	(65,509)	(60,111)
Net Surplus/(Deficit)	<u>(8,027)</u>	<u>(2,774)</u>
Unrestricted Funds	49,607	57,634
Restricted Funds	-	-
Designated Funds	25,000	25,000
Total Funds	<u>74,607</u>	<u>82,634</u>

The results for the year show a deficit of £8,027. Total reserves amounted to £74,607 at 31st March 2024, of which £49,607 are unrestricted. The Charity's unrestricted income derives on an annual contract basis from two sources, the CCG and HAS. The executive committee is determined that in the event that the current financial support is not forthcoming, the work of Support for Carers should continue, though it may take considerable time to establish other sources of income.

The current reserves would enable the charity to continue for approximately six to twelve months, and the executive committee considers that this level should be maintained.

Reserves Policy

The reserve fund is set at £25,000 (2023: £25,000). The Trustees acknowledge that unrestricted cash reserves are required to:-

- Enable Support for Carers to maintain essential core services for a minimum of six months in the event of withdrawal of core funding.
- To provide for otherwise unfunded staffing related costs such as redundancy.
- To provide funds of last resort in the event of unavoidable cost overruns on activities that cannot otherwise be met from restricted funds.
- To give time to seek alternative sources of funding and to maintain scheme continuity in the event of limited short term funding gaps.

The Board of Trustees consider that a reserve policy of un-restricted and designated funds now cover a year of future income.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

This report was approved by Support for Carers (Scarborough and District) trustees and is signed on their behalf by:



Stephen Trafford
Chairman

15 Aug 2024

Dated

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Support for Carers (Scarborough and District) for the year ended 31st March 2024, which are set out on pages 7 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Richmond FCCA
on behalf of
Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

14th August 2024

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2024

	<i>Notes</i>	2024 Breakdown By Fund			2024	2023
		Unrestricted £	Restricted £	Designated £	Total £	Total £
Receipts						
Bank Interest		495			495	98
Donations, Legacies and Grants	3	43,953	1,000		44,953	45,591
Fundraising Activities and Events	4	11,264			11,264	11,648
Gift Aid		770			770	-
Total Receipts		56,482	1,000	-	57,482	57,337
Payments						
Charitable Activities	5	54,537	1,000		55,537	51,723
Support Costs	6	9,052			9,052	7,001
Governance and Administration	7	920			920	1,387
Total Payments		64,509	1,000	-	65,509	60,111
Reconciliation of Funds	8					
Total Funds Brought Forward	9	57,634		25,000	82,634	85,408
Transfers Between Funds		-			-	-
Surplus / (Deficit) for the Year		(8,027)	-	-	(8,027)	(2,774)
Total Funds Carried Forward		49,607	-	25,000	74,607	82,634

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST MARCH 2024

B1 Cash Funds

	2024	2023
	£	£
Accounts		
Current Account	31,793	40,308
Deposit Account	42,590	42,095
Cash	224	231
TOTAL FUNDS	74,607	82,634

Represented by Funds

Unrestricted	49,607	57,634
Restricted	-	-
Designated	25,000	25,000
TOTAL FUNDS	74,607	82,634

B2 Other Monetary Assets

Bank Interest	169	71
Gift Aid Claim	-	770
	169	841

B3 Investment Assets

Nil Nil

B4 Assets Retained for the Charity's Own Use

Nil Nil

B5 Liabilities

Creditors	-	-
Accruals	720	720
	720	720

For and on behalf of all the Trustees



Stephen Trafford
Chairman

15 Aug 2024

Dated

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with Section 144(2) of the Charities Act 2011.

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Governance and Support Costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the trustees' annual report.

Fixed Assets for use by Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £300.

2 Nature and Purpose of Funds

Unrestricted Funds

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside to cover possible closure costs that could arise sometime in the future if there was a need. This figure is the current estimate of such costs. There has been no change in this financial year.

3 Breakdown of Donations, Legacies and Grants

	2024 Breakdown			2024	2023
	Grants	Restricted	Designated	Total	Total
	£	£	£	£	£
NYCC Grant Income	42,470	1,000		43,470	39,200
My Neighbourhood	-			-	4,809
Lord Mayors	-			-	500
Other Small Grants and Donations	1,483			1,483	1,082
Total	43,953	1,000	-	44,953	45,591

4 Fundraising Activities and Events

	2024 Breakdown			2024	2023
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Lottery	1,450			1,450	700
Lunches	2,743			2,743	1,650
Membership	200			200	85
Songs and Scones	1,621			1,621	3,222
Trips and Outings	861			861	625
Wednesday Friendship Group	4,011			4,011	4,033
Other Fundraising Activities	378			378	1,333
Total	11,264	-	-	11,264	11,648

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2024

5 Breakdown of Expenditure on Charitable Activities

	<i>Notes</i>	2024 Breakdown			2024	2023
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Activities and Support Groups		9,083	1,000		10,083	8,869
Promotion and Provision of Information		1,094			1,094	-
Staff Travel		423			423	280
Training		-			-	70
Volunteer Costs and Expenses		769			769	144
Wages, Salaries and Staff Costs	10	42,954			42,954	42,041
Website		215			215	320
Total		54,538	1,000	-	55,538	51,724

6 Breakdown of Expenditure on Support Costs

	2024 Breakdown			2024	2023
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Bank Charges	127			127	122
Equipment Expensed	850			850	168
Insurance	755			755	692
Postage	516			516	452
Printing and Stationery	1,014			1,014	1,069
Rent of Premises	3,000			3,000	2,847
Repairs and Maintenance	268			268	46
Subscriptions	305			305	379
Telephone and Internet	1,001			1,001	695
General Expenditure	1,216			1,216	531
Total	9,052	-	-	9,052	7,001

7 Breakdown of Expenditure on Governance and Administration

	2024 Breakdown			2024	2023
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Accountancy and Payroll	720			720	780
Independent Examination & Report	200			200	600
Trustees Expenses	-			-	7
Total	920	-	-	920	1,387

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2024

8 Breakdown of Fund Movements (2024 - Current Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted	-	1,000	1,000		-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	57,634	56,482	64,509		49,607
Total Funds	<u>82,634</u>	<u>56,482</u>	<u>64,509</u>	<u>-</u>	<u>74,607</u>

9 Breakdown of Fund Movements (2023 - Prior Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted	-	-	-		-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	60,408	57,337	(60,111)		57,634
Total Funds	<u>85,408</u>	<u>57,337</u>	<u>(60,111)</u>	<u>-</u>	<u>82,634</u>

10 Staff Numbers, Payroll and Pension Costs

There were two staff workers in 2023 (2022: 2). All staff are payroll employed.

	2024 Breakdown			2024	2023
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Direct Wages	41,516			41,516	39,857
Employer Defined Contribution Pension	1,438			1,438	2,184
Employer National Insurance	-			-	-
Total	<u>42,954</u>	<u>-</u>	<u>-</u>	<u>42,954</u>	<u>42,041</u>

11 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions.