

Support for Carers  
(Scarborough and District)

( REGISTERED CHARITY NUMBER 1041925 )

# Annual Financial Report

Year Ending 31st March 2022

**Charity  
Examination  
Service**

Barrie Tuck  
Marchwood , Back Lane South , Middleton , Pickering ,  
YO18 8NU

# **Support for Carers (Scarborough and District)**

**( REGISTERED CHARITY NUMBER 1041925 )**

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# **Support for Carers (Scarborough and District)**

**( REGISTERED CHARITY NUMBER 1041925 )**

## **OFFICERS AND PROFESSIONAL ADVISERS**

Operating Address: Unit 4  
64-66 Londesborough Road  
Scarborough  
North Yorks  
YO11 ITX

Bankers: HSBC plc  
33 St. Nicholas Street  
Scarborough  
YO11 2HN  
  
Scottish Widows  
PO Box 883  
Leeds  
LS1 9TY

Independent Examiner: Barrie Tuck  
Marchwood ,  
Back Lane South ,  
Middleton ,  
Pickering ,  
YO18 8NU .

# **Support for Carers (Scarborough and District)**

## **Trustees Annual Report for the year ended 31st March 2022**

The trustees present their annual report and financial statement for the year ended 31st March 2021. Those trustees that served during the year are shown on the next page.

### **Structure, Governance and Management :-**

Support for Carers (Scarborough and District) is a registered charity formed in 1986 under the umbrella of the Scarborough Council of Voluntary Services (now Seachange), after a pilot scheme identified the need of supporting and providing a volunteer sitting service to carers of 18+ within the Scarborough District, who, through ill health, physical or psychological disabilities or increasing frailty provided care to a partner, friend or relation within their own home. It became independent in 1988 through funding secured from Health and Adult Services (HAS) and Health Authority (CCG) and in 1994 obtained charitable status.

The trustees are appointed at the Annual General Meeting and are recruited from local people who have an interest in the charity. The charity is controlled and directed by the elected members of the executive committee with authority to act being devolved to the chairman and vice chairman. The executive committee continues to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and then mitigated to an acceptable level in the charity's day to day activities.

### **Overall Aims of the Charity :-**

- \* To operate a service that gives practical and emotional support and offer respite to carers.
- \* To operate a befriending service to lonely and isolated people in the community.

### **Service Outcomes :-**

- \* Provide a respite service by the use of volunteers and group activities.
- \* Provide moral and emotional support individually and within a group environment.
- \* Work alongside statutory, voluntary and private bodies to ensure collation of information on individual needs are referred to the appropriate service.

### **Public Benefit :-**

Throughout the year, Support for Carers Board of Trustees has followed the guidelines for public benefit as set out by the Charity Commission, in achieving its overall aims and service outcomes.

### **Staff, volunteers and trustees:-**

Current staffing consists of Shirley Lumb, Manager, Part time 30hrs and Cheryl Heaton Co-ordinator, Part time 22hrs.

We currently have 62 volunteers who between them either provide our volunteer visiting and befriending service, assist in the running of coffee clubs or sit on the board of trustees. It is compulsory that all our staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work within the organisation. Support for Carers board of trustees consists of 5 individuals who have an interest in the welfare of carers within the Scarborough & Filey district. Representation on the board consists of carers, volunteers and professionals.

The chairman would like to openly thank all those involved with the organisation for their continued support and commitment over the last year.

# Support for Carers (Scarborough and District)

## Trustees Annual Report for the year ended 31st March 2022 ( continued )

### Trustees :-

The trustees who served during the year were:-

Steve Trafford	Chairman
Kate Robinson	Vice Chair
Sylvia Graham	Volunteer Representative
Frances Butters	Carer Representative
Karen Brown	Volunteer Representative

There were no changes this year.

### Review of Activities in the year:-

The organisation is jointly funded by the Clinical Commissioning Group (CCG) and Health and Adult Services (HAS), our contractual hours are 405 per month.

These hours have been achieved by the recruitment and deployment of volunteers within peoples' home.

#### Volunteer Sitting Service

Our team of 62 volunteer have provided 1427 hours of respite sitting, 261 hours of telephone befriending and 14 hours of client shopping during this financial year compared to 627 of respite sitting the previous year. On behalf of the Trustees and staff, the Chairman, Mr Steve Trafford would like to thank our volunteers for their dedicated and continuous support.

#### My Neighbourhood Befriending Service

Our team of volunteer befrienders have provided 658 hours of visiting and 306 hours of telephone befriending compared to 619 hours of service the previous year.

To maximise local community resources/capacity to meet the needs of adults who are at risk of deteriorating health, especially through social isolation and loneliness.

To reduce, delay and prevent escalation of health issues placing unnecessary or avoidable pressure on statutory services.

To work in partnership with other statutory and VCSE providers to ensure we offer a complementary service that enhances the current landscape of wellbeing and prevention provision.

Build stronger connection with current and potential referrers - ensure we are capturing the hardest to reach communities where isolation and loneliness may be a hidden challenge.

Our ambition is to work even closer with our referrers to ensure provision and signposting (to and from) My Neighbourhood is supported and appropriate.

The year has seen the charity also provide 257 telephone calls to a total of 79 hours and 169 text/emails supporting our volunteers who live alone.

#### Wednesday Friendship Club

The Wednesday Friendship club continues to attract both carers and the person they support by bridging the gap between no care and day care. The club offers a two-hour session of both mental and social stimulation through a variety of activities. Where needed a volunteer is paired with a member who may have difficulties taking part in activities due to failing eyesight, memory or disability. Support for Carers trustees felt it was very important for the club to continue.

We still feel that the Wednesday Friendship club gives an essential respite service to carers and we will continue to run this through weekly subscriptions.

#### Songs and Scones - Unable to operate since March 2020.

Songs and Scones which is held at Ayton Village Hall on the last Thursday of each month, is a social afternoon of music, conversation, scones and cake. This is open to carers, their dependents and anyone who is lonely or isolated in the more rural areas.

#### Website

Our website covers all aspects of our work from services available, useful information, volunteering opportunities and support. See ([scarboroughsupportforcarers.org](http://scarboroughsupportforcarers.org)).

#### The Way Forward

As we are all aware there have been major funding cuts across both the statutory and voluntary sectors which has had a huge impact on those providing the service and more so for those using it. To safeguard our service and to continue to provide a much needed sitting service to carers within the Scarborough & Filey district we are looking at funding opportunities from other sources.

# **Support for Carers (Scarborough and District)**

## **Trustees Annual Report for the year ended 31st March 2022 ( continued )**

### **Financial Review 2020/21 :-**

The results for the year show a deficit of £6,293 but Total Reserves stand at £85,408 as at 31st March 2022 (of which £60,408 represents free unrestricted reserves).

The charity's unrestricted income derives on an annual contract basis from two sources, the CCG and HAS. The executive committee is determined that in the event that the current financial support is not forthcoming, the work of Support for Carers should continue, though it may take considerable time to establish other sources of income.

The current reserves would enable the charity to continue for approximately six to twelve months and the executive committee considers that this level should be maintained.

### **Reserves Policy :-**

The trustees acknowledge that unrestricted cash reserves are required to:-

- \* Enable Support for Carers to maintain essential core services for a minimum of 6 months in the event of the withdrawal of core funding.
- \* To provide for otherwise unfunded staffing related expenses - such as redundancy costs if required.
- \* To provide funds of last resort in the event of unavoidable cost overruns on activities that cannot otherwise be met from restricted funds.
- \* To give time to seek alternative sources of funding and to maintain scheme continuity in the event of limited short term funding gaps.

The Board of Trustees consider that the reserve amount of unrestricted and designated funds now cover a year of future income.

### **Responsibilities of the trustees:-**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of the surplus or deficit for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is in-appropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with Charities Act 2011. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by Support for Carers trustees on 14th June 2022 and signed on its behalf by :

**S Trafford**  
.....  
Chairman

Dated : 14/06/2022

# Support for Carers (Scarborough and District)

( REGISTERED CHARITY NUMBER 1041925 )

## Receipts & Payments Account for the year ended 31st March 2022

	<b>31 March 2022 £</b>	31 March 2021 £
Grants , Donations and Members Funding	<b>46,853</b>	82,404
<b>TOTAL INCOME</b>	<b>46,853</b>	82,404
<b>TOTAL EXPENDITURE</b>	<b>53,167</b>	48,666
<b>OPERATING SURPLUS / (DEFICIENCY)</b>	<b>(6,314)</b>	33,738
<b>OTHER INCOME</b>		
Interest Receivable	<b>21</b>	51
<b>SURPLUS/DEFICIT FOR THE FINANCIAL YEAR</b>	<b>(6,293)</b>	33,789

# Support for Carers (Scarborough and District)

## Statement of Financial Activities for the year ended 31st March 2022

		2022		2021					
	Notes	Restricted Funds £	Designated Funds £	Unrestricted Funds £	Total Funds £	Restricted Funds £	Designated Funds £	Unrestricted Funds £	Total Funds £
<b>INCOMING RESOURCES</b>									
NYCC Grant		-	-	39,200	39,200	-	-	39,200	39,200
Investment Interest		-	-	21	21	-	-	51	51
Fundraising		-	-	247	247	-	-	0	0
Other Grants		-	-	3,983	3,983	-	-	17,670	17,670
General Donations		-	-	715	715	-	-	24,201	24,201
Voluntary Income	3	1,119	-	1,589	2,708	117	-	1,216	1,333
		<u>1,119</u>	<u>0</u>	<u>45,755</u>	<u>46,874</u>	<u>117</u>	<u>0</u>	<u>82,338</u>	<u>82,455</u>
<b>RESOURCES EXPENDED</b>									
Direct Charitable Expenditure	4	2,554	0	41,183	43,737	79	0	39,215	39,294
Support Costs	5	0	0	7,861	7,861	0	0	7,920	7,920
Management and Administration	6	0	0	1,569	1,569	0	0	1,452	1,452
		<u>2,554</u>	<u>0</u>	<u>50,613</u>	<u>53,167</u>	<u>79</u>	<u>0</u>	<u>48,587</u>	<u>48,666</u>
<b>Net movement in Funds</b>		(1,435)	0	(4,858)	(6,293)	38	0	33,751	33,789
<b>Transfers between Funds</b>		914	0	(914)	0	0	0	0	0
<b>Funds at 31st March 2021</b>		521	25,000	66,180	91,701	483	25,000	32,429	57,912
<b>Funds at 31st March 2022</b>	9	<u>0</u>	<u>25,000</u>	<u>60,408</u>	<u>85,408</u>	<u>521</u>	<u>25,000</u>	<u>66,180</u>	<u>91,701</u>

The notes on Pages 8 to 12 form part of these financial statements.



## Statement of Assets as at 31st March 2022

Independent Examination Fee for 2022 of £600

For and on behalf of the Executive Committee of Support for Carers

**S Trafford** Dated **6 - 7 - 2022**  
.....  
Chairman

# Support for Carers (Scarborough and District)

( REGISTERED CHARITY NUMBER 1041925 )

## Notes to the Financial Statements for the year ended 31st March 2022

### 1 ACCOUNTING POLICIES

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Charities Statement of Recommended Practice: Accounting by Charities.

All income is shown in the accounts when receivable.

Expenses are allocated as they arise.

### 2 TRUSTEES

No trustee received a remuneration for services rendered.

No trustee, or anyone connected with a trustee, has a material interest in any of the charity's transactions.

### 3 VOLUNTARY INCOME

			2022			2021
	Restricted	Unrestricted	Total	Restricted	Unrestricted	Total
	Funds	Funds	Funds	Funds	Funds	Funds
The Mary Craven Trust	-	0	0	-	19,750	19,750
Proudfoot	-	0	0	-	2,500	2,500
All Others Below £1,000	-	715	715	-	1,951	1,951
	-----	-----	-----	-----	-----	-----
	0	715	715	0	24,201	24,201
	=====	=====	=====	=====	=====	=====
SBC Grant	-	0	0	-	10,000	10,000
Other Grants Receivable	-	0	0	-	167	167
NYCC My Neighbourhood Grant	-	3,983	3,983	-	7,503	7,503
	-----	-----	-----	-----	-----	-----
	0	3,983	3,983	0	17,670	17,670
	=====	=====	=====	=====	=====	=====
Membership	-	100	100	-	150	150
Other Income	0	1,489	1,489	0	1,066	1,066
Wednesday Friendship	873	0	873	117	0	117
Songs & Scones	246	0	246	0	0	0
	-----	-----	-----	-----	-----	-----
	1,119	1,589	2,708	117	1,216	1,333
	=====	=====	=====	=====	=====	=====

#### 4 DIRECT CHARITABLE EXPENDITURE

	2022			2021		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
Staff Costs	-	38,875	38,875	-	37,758	37,758
Staff Travel	-	419	419	-	298	298
Partnership Costs	-	21	21	-	562	562
Volunteer Expenses	-	208	208	-	57	57
Training	-	159	159	-	0	0
Activity Expenses	2,554	606	3,160	79	68	147
General Expenses	-	415	415	-	367	367
Subscriptions	-	480	480	-	105	105
	2,554	41,183	43,737	79	39,215	39,294

#### 5 SUPPORT COSTS

	2022			2021		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
Office Expenses	-	1,232	1,232	-	1,208	1,208
Establishment Costs	-	2,750	2,750	-	2,750	2,750
Telephone	-	1,103	1,103	-	906	906
Insurance	-	1,740	1,740	-	1,536	1,536
New Equipment	-	492	492	-	490	490
Repairs & Maint	-	544	544	-	1,030	1,030
	0	7,861	7,861	0	7,920	7,920

## 6 MANAGEMENT AND ADMINISTRATION

			2022			2021
	Restricted	Unrestricted	Total	Restricted	Unrestricted	Total
	Funds	Funds	Funds	Funds	Funds	Funds
Independent Examination	-	600	600	-	575	575
Legal & Professional Charges	-	0	0	-	0	0
Payroll & Accounts Fees	-	955	955	-	877	877
Trustees Expenses	-	14	14	-	0	0
	0	1,569	1,569	0	1,452	1,452

## 7 RESTRICTED FUNDS

### Wednesday Friendship

*A club mainly for carers and dependants , however anybody who is lonely or isolated is also welcome to join.*

*The club provides various activities such as sing a longs, bingo, quizzes, games and talks from local places of interest.*

See note 9 for balances remaining on these projects

## 8 DESIGNATED FUNDS

### \* *Managed Closure*

The trustees have put a reserve aside to cover possible closure costs that could arise sometime in the future if there was a need. This figure is the current estimate of such costs and there has been no change during this financial year.

## 9 MOVEMENT OF FUNDS

<b><u>2022</u></b>	<b>Opening Balances</b>	<b>Incoming Resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Closing Balances</b>
<b><i>Restricted Funds</i></b> *					
Morrison's	0	246	(959)	713	0
Wednesday Friendship	521	873	(1,595)	201	0
	521	1,119	(2,554)	914	0
<b><i>Designated Funds</i></b>					
Managed Closure	25,000	-	-	0	25,000
	25,000	0	0	0	25,000
<b><i>Unrestricted Funds</i></b>					
	66,180	45,755	(50,613)	(914)	60,408
<b>TOTAL</b>	91,701	46,874	(53,167)	0	<b>85,408</b>

<b><u>2021</u></b>	<b>Opening Balances</b>	<b>Incoming Resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Closing Balances</b>
<b><i>Restricted Funds</i></b> *					
Morrison's	79	0	(79)	-	0
Wednesday Friendship	404	117	0	-	521
	483	117	(79)	0	521
<b><i>Designated Funds</i></b>					
Managed Closure	25,000	-	-	0	25,000
	25,000	0	0	0	25,000
<b><i>Unrestricted Funds</i></b>					
	32,429	82,338	(48,587)	0	66,180
<b>TOTAL FUNDS</b>	57,912	82,455	(48,666)	0	91,701

**10 TANGIBLE FIXED ASSETS**

	2022	2021
	Total	Total
Net Book Value brought forward	0	0
Depreciation this year	0	0
Net Book Value at 31st March 2022	<u>0</u>	<u>0</u>

**11 ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Restricted Funds	Designated Funds	Unrestricted Funds	2022 Total Funds	Restricted Funds	Designated Funds	Unrestricted Funds	2021 Total Funds
Current Assets	0	25,000	60,408	<b>85,408</b>	521	25,000	66,180	91,701
Total Assets	<u>0</u>	<u>25,000</u>	<u>60,408</u>	<u><b>85,408</b></u>	<u>521</u>	<u>25,000</u>	<u>66,180</u>	<u>91,701</u>

**12 EMPLOYEES**

	2022	2021
The average number of part-time employees during the year was :-	<u>2</u>	<u>2</u>
Employment Costs	2022	2021
Wages and Salaries	37,109	36,050
Social Security N.I. Costs	0	0
	<u><b>37,109</b></u>	<u><b>36,050</b></u>

**13 PENSION COSTS**

	2022	2021
The charity has made pension contributions to a defined contribution pension scheme for its employees.	<b>£1,766</b>	£1,708

**14 CONTINGENT LIABILITIES**

The charity has no contingent liabilities.

# **Support for Carers (Scarborough and District)**

**( REGISTERED CHARITY NUMBER 1041925 )**

## **Independent Examiners Report to the trustees for the year ended 31st March 2022**

I report on the accounts of Support for Carers (Scarborough and District ) for the year ended 31st March 2022 as set out on pages 5 to 12.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the "2011 Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention

- 1) which gives me reasonable cause to believe that in any material respect, the requirements;
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Barrie Tuck

Date: 6th July 2022

Barrie Tuck  
Independent Charity Examiner ,  
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Back Lane South ,  
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Pickering ,  
YO18 8NU .