

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

England & Wales · Charity number 1041925

Details

Other names CARING SUPPORT

Status Registered

Legal form Other

Registered 1994-11-03

Register [View on the Charity Commission register](#)

Contact

Address Unit 4
64-66 Londesborough Road
Scarborough
YO12 5AF

Phone 01723364808

Email info@scarboroughsupportforcarers.org

Website www.scarboroughsupportforcarers.org

Activities

Objects: TO IMPROVE THE QUALITY OF LIFE FOR THE BENEFIT OF OLDER PEOPLE, PEOPLE WITH A DISABILITY (PHYSICALLY OR MENTALLY) IN THE LOCALITY OF SCARBOROUGH BOROUGH, ITS NEIGHBOURHOOD AND SURROUNDING DISTRICTS, AND IN PARTICULAR THE RELIEF OF NEED AND HARDSHIP BY PROVIDING SUPPORT, ADVICE AND INFORMATION TO THOSE RESPONSIBLE FOR THEIR CARE.

Activities: To give Carers weekly respite time thus safeguarding their health and enabling them to continue to care at home. To operate a service that befriends socially isolated people living alone in the local community.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People

Geography

- **Area of benefit:** SCARBOROUGH AND DISTRICT
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£74,598	£66,948	-	-
2024-03-31	£57,482	£65,509	-	-
2023-03-31	£57,337	£60,111	-	-
2022-03-31	£46,853	£53,167	-	-
2021-03-31	£82,404	£48,666	-	-

Trustees

Name	Role	Appointed
FRANCES BUTTERS		
Jenny Sarchfield		2024-08-14
STEPHEN TRAFFORD		
Veronica Mellor		2023-11-14

Accounts



SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2025

CHARITY REGISTRATION NUMBER

1041925

(England & Wales)



PREPARED BY
CHAMPLEYS CHARTERED CERTIFIED ACCOUNTANTS
CHAMPLEYS MEWS, MARKET PLACE, PICKERING
YO18 7AE

Trustees

Stephen Trafford
Jenny Sarchfield
Frances Butters
Veronica Mellor

Accountants

Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

Bankers

HSBC Plc
33, St Nicholas Street
Scarborough
YO11 2HN

Scottish Widows
PO Box 883
Leeds
LS1 9TY

Principal Operating Address

Unit 4
64-66 Londesborough Road
Scarborough
YO12 5AF

The trustees present their report and the financial statements for the for the year ended 31st March 2025.

Background and Structure

The legal name of the charity is Support for Carers (Scarborough and District). The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1041925.

Support for Carers (Scarborough and District) is a registered charity formed in 1986 under the umbrella of the Scarborough Council of Voluntary Services (now Sea Change), after a pilot scheme identified the need of supporting and providing a volunteer sitting service to carers of 18+ within the Scarborough District, who through ill health, physical or psychological disabilities or increasing frailty provided care to a partner, friend or relation within their own home. It became independent in 1988 through funding secured from Health and Adult Services (HAS) and Health Authority (CCG) and in 1994 obtained charitable status.

Summary of the purposes of the Charity

- To operate a service that gives practical and emotional support, and offers respite to carers.
- To operate a befriending service to lonely and isolated people in the community.

Summary of the main activities in relation to those purposes

- To provide a respite service by the use of volunteers and group activities.
- To provide moral and emotional support individually and within a group environment.
- To work alongside statutory; voluntary and private bodies to ensure collation of information on individual needs are referred to the appropriate service.

Public Benefit Statement

Throughout the year Support for Carers Board of Trustees have had regard the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Trustees

The following persons served as Trustees during the year ended 31st March 2025:

Trustee	Office	Trustee Appointments/Resignations
Stephen Trafford	Chairman	-
Kate Robinson	Vice Chair	Resigned January 2025
Veronica Mellor	Vice Chair	-
Jenny Sarchfield	Volunteer Representative	Appointed August 2024
Frances Butters	Carer Representative	-

Staff, Management and Selection of Trustees

Current staffing consists of Shirley Lumb (Manager) Part-time (30hrs) and Cheryl Heaton (Co-ordinator) Part-time (22hrs).

The Charity currently has 50 volunteers who provide our volunteer visiting and befriending service, assist in the running of our Wednesday Group and Songs and Scones, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Support for Carers board of trustees consists of 5 individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Trustees are appointed at the annual general meeting and are recruited from local people who have an interest in the charity. The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

Risk Management

The executive committee continues to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and allows them to be mitigated to an acceptable level in the charity's day to day activities.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

The organisation is funded by North Yorkshire Council, our contractual hours are 238 per month covering 53 households with minimum support hours of 1522 per annum. These hours have been achieved by the recruitment and deployment of volunteers within peoples' homes.

Volunteer Sitting Service

Our team of 50 volunteers have provided 4674 hours of respite sitting and 153 hours of telephone befriending during this financial year compared to 5202 hours of respite sitting and 298 hours of telephone befriending the previous year. On behalf of the Trustees and staff the Chairman Mr Steve Trafford would like to thank our volunteers for their dedicated and continuous support.

Wednesday Friendship Club

The Wednesday Friendship club continues to attract both carers and the person they support by bridging the gap between no care and day care. The club offers a two-hour session of both mental and social stimulation through a variety of activities. Where needed a volunteer is paired with a member who may have difficulties taking part in activities due to failing eyesight, memory or disability. Support for Carers trustees felt it was very important for the club to continue.

We still feel that the Wednesday Friendship club gives an essential respite service to carers and people who live alone and we will continue to run this through weekly subscriptions.

Songs and Scones

Songs and Scones which is held at Ayton Village Hall on the last Thursday of each month, is a social afternoon of music, conversation, tea or coffee, scones and biscuits. This is open to carers, their dependents and anyone who is lonely or isolated.

Website

Our website covers all aspects of our work from services available, useful information, volunteering opportunities, support. (scarboroughsupportforcarers.org).

The Way Forward

As we are all aware there have been major funding cuts across both the statutory and voluntary sectors which has had a huge impact on those providing the service and more so for those using it. To safeguard our service and to continue to provide a much-needed sitting service to carers within the Scarborough and Filey district we are looking at funding opportunities from other sources.

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2025

Financial Review

The financial position of the Charity as at 31st March 2025 as more fully detailed in the accounts, can be summarised as follows:

	2025	2024
	£	£
Income	74,598	56,482
Expenditure	(66,948)	(64,509)
Net Surplus/(Deficit)	<u>7,650</u>	<u>(8,027)</u>
Unrestricted Funds	57,257	49,607
Restricted Funds	-	-
Designated Funds	25,000	25,000
Total Funds	<u>82,257</u>	<u>74,607</u>

The results for the year show a surplus of £7,650 (2024: deficit of £8,027). Total reserves amounted to £82,257 at 31st March 2025, of which £57,257 are unrestricted (2024: £74,607 total funds, of which £49,607 were unrestricted)

The results should be viewed in the context of the timing of grant money received in the year from North Yorkshire Council. A payment of £13,069 was made to the Charity on 31st March 2025, just before the year end. Given the accounts are produced on a receipts and payments basis, this payment is correctly accounted for in this year (2025), but the funding relates to the following 2026 year. When this is accounted for, the surplus for the year of £7,650 becomes a deficit of **£5,419**. While this is an improvement from the prior year deficit (£8,027), it still leaves the Charity needing to secure more funding to sustain its long term future.

The Charity's unrestricted income derives on an annual contract basis from two sources, the CCG and HAS. The executive committee is determined that in the event that the current financial support is not forthcoming, the work of Support for Carers should continue, though it may take considerable time to establish other sources of income.

The current reserves would enable the charity to continue for approximately six to twelve months, and the executive committee considers that this level should be maintained.

Reserves Policy

The reserve fund is set at £25,000 (2024: £25,000). The Trustees acknowledge that unrestricted cash reserves are required to:-

- Enable Support for Carers to maintain essential core services for a minimum of six months in the event of withdrawal of core funding.
- To provide for otherwise unfunded staffing related costs such as redundancy.
- To provide funds of last resort in the event of unavoidable cost overruns on activities that cannot otherwise be met from restricted funds.
- To give time to seek alternative sources of funding and to maintain scheme continuity in the event of limited short term funding gaps.

The Board of Trustees consider that a reserve policy of un-restricted and designated funds now cover a year of future income.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

This report was approved by Support for Carers (Scarborough and District) trustees and is signed on their behalf by:

Stephen Trafford
Chairman

Dated

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Support for Carers (Scarborough and District) for the year ended 31st March 2025, which are set out on pages 7 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Richmond FCCA
on behalf of
Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

19th May 2025

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2025

	<i>Notes</i>	2025 Breakdown By Fund			2025	2024
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Receipts						
Bank Interest		656			656	495
Donations, Legacies and Grants	3	64,312	-		64,312	44,953
Fundraising Activities and Events	4	8,973			8,973	10,264
Gift Aid		657			657	770
Total Receipts		74,598	-	-	74,598	56,482
Payments						
Charitable Activities	5	57,767	-		57,767	54,715
Support Costs	6	7,969			7,969	8,874
Governance and Administration	7	1,212			1,212	920
Total Payments		66,948	-	-	66,948	64,509
Reconciliation of Funds						
	8					
Total Funds Brought Forward	9	49,607		25,000	74,607	82,634
Transfers Between Funds		-			-	-
Surplus / (Deficit) for the Year		7,650	-	-	7,650	(8,027)
Total Funds Carried Forward						
		57,257	-	25,000	82,257	74,607

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST MARCH 2025

B1 Cash Funds

	2025	2024
	£	£
Accounts		
Current Account	41,756	31,793
Deposit Account	40,317	42,590
Cash	184	224
TOTAL FUNDS	82,257	74,607

Represented by Funds

Unrestricted	57,257	49,607
Restricted	-	-
Designated	25,000	25,000
TOTAL FUNDS	82,257	74,607

B2 Other Monetary Assets

Bank Interest	169	71
Gift Aid Claim	-	770
	169	841

B3 Investment Assets

Nil Nil

B4 Assets Retained for the Charity's Own Use

Nil Nil

B5 Liabilities

Creditors	2,610	-
Accruals	720	720
	3,330	720

For and on behalf of all the Trustees

Stephen Trafford
Chairman

Dated

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with Section 144(2) of the Charities Act 2011.

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Governance and Support Costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the trustees' annual report.

Fixed Assets for use by Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £300.

2 Nature and Purpose of Funds

Unrestricted Funds

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside to cover possible closure costs that could arise sometime in the future if there was a need. This figure is the current estimate of such costs. There has been no change in this financial year.

3 Breakdown of Donations, Legacies and Grants

	2025 Breakdown			2025	2024
	Grants	Restricted	Designated	Total	Total
	£	£	£	£	£
NYCC Grant Income	61,876	-		61,876	43,470
Other Small Grants and Donations	2,436			2,436	1,483
Total	64,312	-	-	64,312	44,953

4 Fundraising Activities and Events

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Lottery	1,549			1,549	1,450
Lunches	2,286			2,286	2,743
Memberships	240			240	407
Songs and Scones	1,114			1,114	1,621
Wednesday Friendship Group	3,426	-		3,426	3,011
Other Fundraising Activities	358			358	1,032
Total	8,973	-	-	8,973	10,264

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

5 Breakdown of Expenditure on Charitable Activities

	<i>Notes</i>	2025 Breakdown			2025	2024
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Activity and Support Group Expenditure		8,169	-		8,169	9,083
Promotion and Provision of Information		334			334	1,309
Staff Travel		567			567	1,191
Staff Training and Welfare		86			86	179
Wages and Salaries	10	48,612			48,612	42,954
Total		57,768	-	-	57,768	54,716

6 Breakdown of Expenditure on Support Costs

		2025 Breakdown			2025	2024
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Bank Charges		116			116	127
Equipment Expensed		786			786	850
Insurance		788			788	755
Postage		229			229	516
Printing and Stationery		903			903	1,014
Rent of Premises		3,000			3,000	3,000
Repairs and Maintenance		25			25	268
Software and Other Subscriptions		327			327	305
Telephone and Internet		1,307			1,307	1,001
General Expenditure		488			488	1,038
Total		7,969	-	-	7,969	8,874

7 Breakdown of Expenditure on Governance and Administration

		2025 Breakdown			2025	2024
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Accountancy and Payroll		997			997	720
Independent Examination & Report		215			215	200
Trustees Expenses	11	-			-	-
Total		1,212	-	-	1,212	920

8 Breakdown of Fund Movements (2025 - Current Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted	-	-	-		-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	49,607	74,598	66,948		57,257
Total Funds	<u>74,607</u>	<u>74,598</u>	<u>66,948</u>	<u>-</u>	<u>82,257</u>

9 Breakdown of Fund Movements (2024 - Prior Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted	-	-	-		-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	57,634	56,482	(64,509)		49,607
Total Funds	<u>82,634</u>	<u>56,482</u>	<u>(64,509)</u>	<u>-</u>	<u>74,607</u>

10 Staff Numbers, Payroll and Pension Costs

There were two staff workers in 2025 (2024: 2). All staff are payroll employed.

	2025 Breakdown			2025	2024
	Unrestricted £	Restricted £	Designated £	Total £	Total £
Direct Wages	46,317			46,317	40,653
Employer Defined Contribution Pension	2,295			2,295	2,301
Total	<u>48,612</u>	<u>-</u>	<u>-</u>	<u>48,612</u>	<u>42,954</u>

11 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions.

Accounts



SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2024

CHARITY REGISTRATION NUMBER

1041925

(England & Wales)



CHAMPLEYS

Chartered Certified Accountants

Champleys Mews

Market Place

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YO18 7AE

Trustees

Stephen Trafford
Kate Robinson
Frances Butters
Veronica Mellor

Accountants

Champleys Chartered Certified Accountants
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Bankers

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YO11 2HN

Scottish Widows
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Principal Operating Address

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SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2024

The trustees present their report and the financial statements for the for the year ended 31st March 2024.

Background and Structure

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Summary of the purposes of the Charity

- To operate a service that gives practical and emotional support, and offers respite to carers.
- To operate a befriending service to lonely and isolated people in the community.

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Public Benefit Statement

Throughout the year Support for Carers Board of Trustees have had regard the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Trustees

The following persons served as Trustees during the year ended 31st March 2024:

Trustee	Office	Trustee Appointments/Resignations
Stephen Trafford	Chairman	-
Kate Robinson	Vice Chair	-
Sylvia Graham	Volunteer Representative	Resigned 8th August 2023
Frances Butters	Carer Representative	-
Karen Brown	Volunteer Representative	Resigned 18th March 2023
Veronica Mellor	Volunteer Representative	Appointed 14th November 2023

Staff, Management and Selection of Trustees

Current staffing consists of Shirley Lumb (Manager) Part-time (30hrs) and Cheryl Heaton (Co-ordinator) Part-time (22hrs).

The Charity currently has 56 volunteers who provide our volunteer visiting and befriending service, assist in the running of our Wednesday Group and Songs and Scones, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Support for Carers board of trustees consists of 5 individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Trustees are appointed at the annual general meeting and are recruited from local people who have an interest in the charity. The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

The Chairman would like to openly thank all those involved with the organisation for their continued support and commitment over the last year.

Risk Management

The executive committee continues to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and allows them to be mitigated to an acceptable level in the charity's day to day activities.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

The organisation is funded by North Yorkshire Council, our contractual hours are 238 per month. These hours have been achieved by the recruitment and deployment of volunteers within peoples' homes.

Volunteer Sitting Service

Our team of 56 volunteers have provided 5202 hours of respite sitting and 298 hours of telephone befriending during this financial year compared to 3052 hours of respite sitting the previous year. On behalf of the Trustees and staff the Chairman Mr Steve Trafford would like to thank our volunteers for their dedicated and continuous support.

Wednesday Friendship Club

The Wednesday Friendship club continues to attract both carers and the person they support by bridging the gap between no care and day care. The club offers a two-hour session of both mental and social stimulation through a variety of activities. Where needed a volunteer is paired with a member who may have difficulties taking part in activities due to failing eyesight, memory or disability. Support for Carers trustees felt it was very important for the club to continue.

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SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2024

Financial Review

The financial position of the Charity as at 31st March 2024 as more fully detailed in the accounts, can be summarised as follows:

	2024	2023
	£	£
Income	57,482	57,337
Expenditure	(65,509)	(60,111)
Net Surplus/(Deficit)	<u>(8,027)</u>	<u>(2,774)</u>
Unrestricted Funds	49,607	57,634
Restricted Funds	-	-
Designated Funds	25,000	25,000
Total Funds	<u>74,607</u>	<u>82,634</u>

The results for the year show a deficit of £8,027. Total reserves amounted to £74,607 at 31st March 2024, of which £49,607 are unrestricted. The Charity's unrestricted income derives on an annual contract basis from two sources, the CCG and HAS. The executive committee is determined that in the event that the current financial support is not forthcoming, the work of Support for Carers should continue, though it may take considerable time to establish other sources of income.

The current reserves would enable the charity to continue for approximately six to twelve months, and the executive committee considers that this level should be maintained.

Reserves Policy

The reserve fund is set at £25,000 (2023: £25,000). The Trustees acknowledge that unrestricted cash reserves are required to:-

- Enable Support for Carers to maintain essential core services for a minimum of six months in the event of withdrawal of core funding.
- To provide for otherwise unfunded staffing related costs such as redundancy.
- To provide funds of last resort in the event of unavoidable cost overruns on activities that cannot otherwise be met from restricted funds.
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The Board of Trustees consider that a reserve policy of un-restricted and designated funds now cover a year of future income.

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- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

This report was approved by Support for Carers (Scarborough and District) trustees and is signed on their behalf by:



Stephen Trafford
Chairman

15 Aug 2024

Dated

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Support for Carers (Scarborough and District) for the year ended 31st March 2024, which are set out on pages 7 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Richmond FCCA
on behalf of
Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

14th August 2024

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2024

	<i>Notes</i>	2024 Breakdown By Fund			2024	2023
		Unrestricted £	Restricted £	Designated £	Total £	Total £
Receipts						
Bank Interest		495			495	98
Donations, Legacies and Grants	3	43,953	1,000		44,953	45,591
Fundraising Activities and Events	4	11,264			11,264	11,648
Gift Aid		770			770	-
Total Receipts		56,482	1,000	-	57,482	57,337
Payments						
Charitable Activities	5	54,537	1,000		55,537	51,723
Support Costs	6	9,052			9,052	7,001
Governance and Administration	7	920			920	1,387
Total Payments		64,509	1,000	-	65,509	60,111
Reconciliation of Funds	8					
Total Funds Brought Forward	9	57,634		25,000	82,634	85,408
Transfers Between Funds		-			-	-
Surplus / (Deficit) for the Year		(8,027)	-	-	(8,027)	(2,774)
Total Funds Carried Forward		49,607	-	25,000	74,607	82,634

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST MARCH 2024

B1 Cash Funds

	2024	2023
	£	£
Accounts		
Current Account	31,793	40,308
Deposit Account	42,590	42,095
Cash	224	231
TOTAL FUNDS	74,607	82,634

Represented by Funds

Unrestricted	49,607	57,634
Restricted	-	-
Designated	25,000	25,000
TOTAL FUNDS	74,607	82,634

B2 Other Monetary Assets

Bank Interest	169	71
Gift Aid Claim	-	770
	169	841

B3 Investment Assets

Nil Nil

B4 Assets Retained for the Charity's Own Use

Nil Nil

B5 Liabilities

Creditors	-	-
Accruals	720	720
	720	720

For and on behalf of all the Trustees



Stephen Trafford
Chairman

15 Aug 2024

Dated

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with Section 144(2) of the Charities Act 2011.

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Governance and Support Costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the trustees' annual report.

Fixed Assets for use by Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £300.

2 Nature and Purpose of Funds

Unrestricted Funds

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside to cover possible closure costs that could arise sometime in the future if there was a need. This figure is the current estimate of such costs. There has been no change in this financial year.

3 Breakdown of Donations, Legacies and Grants

	2024 Breakdown			2024	2023
	Grants	Restricted	Designated	Total	Total
	£	£	£	£	£
NYCC Grant Income	42,470	1,000		43,470	39,200
My Neighbourhood	-			-	4,809
Lord Mayors	-			-	500
Other Small Grants and Donations	1,483			1,483	1,082
Total	43,953	1,000	-	44,953	45,591

4 Fundraising Activities and Events

	2024 Breakdown			2024	2023
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Lottery	1,450			1,450	700
Lunches	2,743			2,743	1,650
Membership	200			200	85
Songs and Scones	1,621			1,621	3,222
Trips and Outings	861			861	625
Wednesday Friendship Group	4,011			4,011	4,033
Other Fundraising Activities	378			378	1,333
Total	11,264	-	-	11,264	11,648

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2024

5 Breakdown of Expenditure on Charitable Activities

	<i>Notes</i>	2024 Breakdown			2024	2023
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Activities and Support Groups		9,083	1,000		10,083	8,869
Promotion and Provision of Information		1,094			1,094	-
Staff Travel		423			423	280
Training		-			-	70
Volunteer Costs and Expenses		769			769	144
Wages, Salaries and Staff Costs	10	42,954			42,954	42,041
Website		215			215	320
Total		54,538	1,000	-	55,538	51,724

6 Breakdown of Expenditure on Support Costs

		2024 Breakdown			2024	2023
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Bank Charges		127			127	122
Equipment Expensed		850			850	168
Insurance		755			755	692
Postage		516			516	452
Printing and Stationery		1,014			1,014	1,069
Rent of Premises		3,000			3,000	2,847
Repairs and Maintenance		268			268	46
Subscriptions		305			305	379
Telephone and Internet		1,001			1,001	695
General Expenditure		1,216			1,216	531
Total		9,052	-	-	9,052	7,001

7 Breakdown of Expenditure on Governance and Administration

		2024 Breakdown			2024	2023
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Accountancy and Payroll		720			720	780
Independent Examination & Report		200			200	600
Trustees Expenses	11	-			-	7
Total		920	-	-	920	1,387

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2024

8 Breakdown of Fund Movements (2024 - Current Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted	-	1,000	1,000		-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	57,634	56,482	64,509		49,607
Total Funds	<u>82,634</u>	<u>56,482</u>	<u>64,509</u>	<u>-</u>	<u>74,607</u>

9 Breakdown of Fund Movements (2023 - Prior Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted	-	-	-		-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	60,408	57,337	(60,111)		57,634
Total Funds	<u>85,408</u>	<u>57,337</u>	<u>(60,111)</u>	<u>-</u>	<u>82,634</u>

10 Staff Numbers, Payroll and Pension Costs

There were two staff workers in 2023 (2022: 2). All staff are payroll employed.

	2024 Breakdown			2024	2023
	Unrestricted £	Restricted £	Designated £	Total £	Total £
Direct Wages	41,516			41,516	39,857
Employer Defined Contribution Pension	1,438			1,438	2,184
Employer National Insurance	-			-	-
Total	<u>42,954</u>	<u>-</u>	<u>-</u>	<u>42,954</u>	<u>42,041</u>

11 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions.

Accounts



SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2023

CHARITY REGISTRATION NUMBER

1041925

(England & Wales)



Chartered Certified Accountants

Champleys Mews

Market Place

Pickering

YO18 7AE

Trustees

Stephen Trafford
Kate Robinson
Sylvia Graham
Frances Butters
Karen Brown

Accountants

Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

Bankers

HSBC Plc
33, St Nicholas Street
Scarborough
YO11 2HN

Scottish Widows
PO Box 883
Leeds
LS1 9TY

Principal Operating Address

Unit 4
64-66 Londesborough Road
Scarborough
YO12 5AF

The trustees present their report and the financial statements for the for the year ended 31st March 2023.

Background and Structure

The legal name of the charity is Support for Carers (Scarborough and District). The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1041925.

Support for Carers (Scarborough and District) is a registered charity formed in 1986 under the umbrella of the Scarborough Council of Voluntary Services (now Seachange), after a pilot scheme identified the need of supporting and providing a volunteer sitting service to carers of 18+ within the Scarborough District, who, through ill health, physical or psychological disabilities or increasing frailty provided care to a partner, friend or relation within their own home. It became independent in 1988 through funding secured from Health and Adult Services (HAS) and Health Authority (CCG) and in 1994 obtained charitable status.

Summary of the purposes of the Charity

- To operate a service that gives practical and emotional support, and offers respite to carers.
- To operate a befriending service to lonely and isolated people in the community.

Summary of the main activities in relation to those purposes

- To provide a respite service by the use of volunteers and group activities.
- To provide moral and emotional support individually and within a group environment.
- To work alongside statutory; voluntary and private bodies to ensure collation of information on individual needs are referred to the appropriate service.

Public Benefit Statement

Throughout the year Support for Carers Board of Trustees have had regard the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Trustees

The following persons served as Trustees during the year ended 31st March 2023:

Trustee	Office	Trustee Appointments/Resignations
Stephen Trafford	Chairman	-
Kate Robinson	Vice Chair	-
Sylvia Graham	Volunteer Representative	-
Frances Butters	Carer Representative	-
Karen Brown	Volunteer Representative	-

No Trustees were appointed or resigned during the year.

Staff, Management and Selection of Trustees

Current staffing consists of Shirley Lumb (Manager) Part-time (30hrs) and Cheryl Heaton (Co-ordinator) Part-time (22hrs).

The Charity currently has 59 volunteers who provide our volunteer visiting and befriending service, assist in the running of our Wednesday Group and Songs and Scones, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Support for Carers board of trustees consists of five individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Trustees are appointed at the annual general meeting and are recruited from local people who have an interest in the charity. The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

Risk Management

The executive committee continues to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and allows them to be mitigated to an acceptable level in the charity's day to day activities.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

The Charity is jointly funded by the Clinical Commissioning Group (CCG) and Health and Adult Services (HAS), our contractual hours are 405 per month. These hours have been achieved by the recruitment and deployment of volunteers within peoples' homes.

Volunteer Sitting Service

Our team of 59 volunteers have provided 2923 hours of respite sitting and 129 hours of telephone befriending during this financial year compared to 1427 hours of respite sitting the previous year. On behalf of the Trustees and staff the Chairman Mr Steve Trafford would like to thank our volunteers for their dedicated and continuous support.

My Neighbourhood

Our team of volunteer befrienders have provided 1544 hours of visiting and 508 hours telephone befriending compared to 964 hours of service the previous year.

Our work helped to maximise local community resources and capacity to meet the needs of adults who are at risk of deteriorating health, especially through social isolation and loneliness. This aids in reducing, delaying and preventing escalation of health issues which are placing unnecessary or avoidable pressure on statutory services.

We worked in partnership with other statutory and VCSE providers to ensure we offered a complementary service that enhances the current landscape of wellbeing and prevention provision.

We also built stronger connections with current and potential referrers – ensuring we are capturing the hardest to reach communities where isolation and loneliness may be hidden challenge. Our ambition is to work even closer with our referrers to ensure provision and signposting (to and from) My Neighbourhood is supported and appropriate.

Wednesday Friendship Club

The Wednesday Friendship club continues to attract both carers and the person they support by bridging the gap between no care and day care. The club offers a two-hour session of both mental and social stimulation through a variety of activities. Where needed a volunteer is paired with a member who may have difficulties taking part in activities due to failing eyesight, memory or disability. Support for Carers trustees feel it is very important for the club to continue, and the Wednesday Friendship club gives an essential respite service to carers and people who live alone. We will continue to run the Friendship Club through weekly subscriptions.

Songs and Scones

Songs and Scones has been held at Ayton Village Hall on the last Thursday of each month throughout the year. It is a social afternoon of music, conversation, tea or coffee, scones and biscuits. It has been open to carers, their dependents and anyone who is lonely or isolated.

Website

Our website covers all aspects of our work including services available, useful information, volunteering opportunities and support (scarboroughsupportforcarers.org).

The Way Forward

As we are all aware there have been major funding cuts across both the statutory and voluntary sectors which has had a huge impact on those providing the service and more so for those using it. To safeguard our service and to continue to provide a much-needed sitting service to carers within the Scarborough and Filey district we are looking at funding opportunities from other sources.

Financial Review

The financial position of the Charity as at 31st March 2023 as more fully detailed in the accounts, can be summarised as follows:

	2023	2022
	£	£
Income	57,337	46,874
Expenditure	(60,111)	(53,169)
Net Surplus/(Deficit)	<u>(2,774)</u>	<u>(6,295)</u>
Unrestricted Funds	57,634	60,408
Restricted Funds	-	-
Designated Funds	25,000	25,000
Total Funds	<u>82,634</u>	<u>85,408</u>

The results for the year show a deficit of £2,774. Total reserves amounted to £82,634 at 31st March 2023, of which £57,634 are unrestricted. The Charity's unrestricted income primarily derives on an annual contract basis from two sources, the CCG and HAS. The executive committee has determined that in the event that financial support is not forthcoming, the work of Support for Carers should continue, even though it may take considerable time to establish other sources of income.

The current reserves would enable the charity to continue for approximately six to twelve months, and the executive committee considers that this level should be maintained.

Reserves Policy

The reserve fund is set at £25,000 (2022: £25,000). The Trustees acknowledge that unrestricted cash reserves are required to:-

- Enable Support for Carers to maintain essential core services for a minimum of six months in the event of withdrawal of core funding.
- To provide for otherwise unfunded staffing related costs such as redundancy.
- To provide funds of last resort in the event of unavoidable cost overruns on activities that cannot otherwise be met from restricted funds.
- To give time to seek alternative sources of funding and to maintain scheme continuity in the event of limited short term funding gaps.

The Board of Trustees consider that a reserve policy of un-restricted and designated funds now cover a year of future income.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

This report was approved by Support for Carers (Scarborough and District) trustees on 8th August 2023 and is signed on their behalf by:



Stephen Trafford
Chairman

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Support for Carers (Scarborough and District) for the year ended 31st March 2023, which are set out on pages 7 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Richmond FCCA
on behalf of
Champleys Chartered Certified Accountants
Champleys Mews
Market Place
Pickering
YO18 7AE

8th August 2023

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	2023 Breakdown By Fund			2023	2022
		Unrestricted £	Restricted £	Designated £	Total £	Total £
Receipts						
Bank Interest		98			98	21
Donations, Legacies and Grants	3	45,591			45,591	44,787
Fundraising Activities and Events	4	11,648			11,648	1,727
Gift Aid		-			-	339
Sundry Income		-			-	-
Total Receipts		57,337	-	-	57,337	46,874
Payments						
Charitable Activities	5	51,723			51,723	42,912
Support Costs	6	7,001			7,001	8,688
Governance and Administration	7	1,387			1,387	1,569
Other Charges		-			-	-
Total Payments		60,111	-	-	60,111	53,169
Reconciliation of Funds						
	8					
Total Funds Brought Forward	9	60,408		25,000	85,408	91,703
Transfers Between Funds		-			-	-
Surplus / (Defecit) for the Year		(2,774)	-	-	(2,774)	(6,295)
Total Funds Carried Forward		57,634	-	25,000	82,634	85,408

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST MARCH 2023

B1 Cash Funds

	2023	2022
	£	£
Accounts		
Current Account	40,308	43,040
Deposit Account	42,095	41,997
Cash	231	371
TOTAL FUNDS	82,634	85,408

Represented by Funds

Unrestricted	57,634	60,408
Restricted	-	-
Designated	25,000	25,000
TOTAL FUNDS	82,634	85,408

B2 Other Monetary Assets

Bank Interest to 31st March 2023	71	-
Gift Aid Claim	-	-
	71	-

B3 Investment Assets

Nil Nil

B4 Assets Retained for the Charity's Own Use

Nil Nil

B5 Liabilities

Creditors	-	-
Accruals	720	600
	720	600

For and on behalf of all the Trustees



Stephen Trafford

8th August 2023

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with Section 144(2) of the Charities Act 2011.

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Governance and Support Costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the trustees' annual report.

Fixed Assets for use by Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £300.

2 Nature and Purpose of Funds

Unrestricted Funds

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside to cover possible closure costs that could arise sometime in the future if there was a need. This figure is the current estimate of such costs. There has been no change in this financial year.

3 Breakdown of Donations, Legacies and Grants

	2023 Breakdown			2023	2022
	Grants	Donations	Legacies	Total	Total
	£	£	£	£	£
NYCC Grant Income	39,200			39,200	39,200
My Neighbourhood	4,809			4,809	4,872
Lord Mayors	500			500	-
Other Small Grants and Donations		1,082		1,082	715
Total	44,509	1,082	-	45,591	44,787

4 Fundraising Activities and Events

	2023 Breakdown			2023	2022
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Christmas Lunch	1,650			1,650	-
Lottery	700			700	-
Membership	85			85	100
Songs and Scones	3,222			3,222	246
Trips and Outings	625			625	261
Wednesday Friendship Group	4,033			4,033	873
Other Fundraising Activities	1,333			1,333	247
Total	11,648	-	-	11,648	1,727

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

5 Breakdown of Expenditure on Charitable Activities

	<i>Notes</i>	2023 Breakdown			2023	2022
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Activities and Support Groups		8,869			8,869	3,181
Staff Travel		280			280	419
Training		70			70	159
Volunteer Costs and Expenses		144			144	208
Wages, Salaries and Staff Costs	10	42,041			42,041	38,875
Website		320			320	70
Total		51,724	-	-	51,724	42,912

6 Breakdown of Expenditure on Support Costs

		2023 Breakdown			2023	2022
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Bank Charges		122			122	-
Equipment Expensed		168			168	492
Insurance		692			692	1,740
Postage		452			452	496
Printing and Stationery		1,069			1,069	662
Rent of Premises		2,847			2,847	2,750
Repairs and Maintenance		46			46	544
Subscriptions		379			379	480
Telephone and Internet		695			695	1,103
General Expenditure		531			531	421
Total		7,001	-	-	7,001	8,688

7 Breakdown of Expenditure on Governance and Administration

		2023 Breakdown			2023	2022
		Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Accountancy and Payroll		780			780	955
Independent Examination & Report		600			600	600
Trustees Expenses	11	7			7	14
Total		1,387	-	-	1,387	1,569

SUPPORT FOR CARERS (SCARBOROUGH AND DISTRICT)
NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

8 Breakdown of Fund Movements (2023 - Current Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted	-	-	-		-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	60,408	57,337	60,111		57,634
Total Funds	85,408	57,337	60,111	-	82,634

9 Breakdown of Fund Movements (2022 - Prior Year)

	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Restricted					
Morrison's	-	246	(959)	713	-
Wednesday Friendship	521	873	(1,595)	201	-
	521	1,119	(2,554)	914	-
Designated Funds					
Managed Closure	25,000	-	-		25,000
Unrestricted Funds	66,180	45,755	(50,613)	(914)	60,408
Total Funds	91,701	46,874	(53,167)	-	85,408

10 Staff Numbers, Payroll and Pension Costs

There were two staff workers in 2023 (2022: 2). All staff are payroll employed.

	2023 Breakdown			2023	2022
	Unrestricted £	Restricted £	Designated £	Total £	Total £
Direct Wages	39,857			39,857	37,109
Employer Defined Contribution Pension	2,184			2,184	1,766
Employer National Insurance	-			-	-
Total	42,041	-	-	42,041	38,875

11 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the charity's transactions.

Accounts

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Annual Financial Report

Year Ending 31st March 2022

**Charity
Examination
Service**

Barrie Tuck
Marchwood , Back Lane South , Middleton , Pickering ,
YO18 8NU

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

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Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

OFFICERS AND PROFESSIONAL ADVISERS

Operating Address: Unit 4
64-66 Londesborough Road
Scarborough
North Yorks
YO11 ITX

Bankers: HSBC plc
33 St. Nicholas Street
Scarborough
YO11 2HN

Scottish Widows
PO Box 883
Leeds
LS1 9TY

Independent Examiner: Barrie Tuck
Marchwood ,
Back Lane South ,
Middleton ,
Pickering ,
YO18 8NU .

Support for Carers (Scarborough and District)

Trustees Annual Report for the year ended 31st March 2022

The trustees present their annual report and financial statement for the year ended 31st March 2021. Those trustees that served during the year are shown on the next page.

Structure, Governance and Management :-

Support for Carers (Scarborough and District) is a registered charity formed in 1986 under the umbrella of the Scarborough Council of Voluntary Services (now Seachange), after a pilot scheme identified the need of supporting and providing a volunteer sitting service to carers of 18+ within the Scarborough District, who, through ill health, physical or psychological disabilities or increasing frailty provided care to a partner, friend or relation within their own home. It became independent in 1988 through funding secured from Health and Adult Services (HAS) and Health Authority (CCG) and in 1994 obtained charitable status.

The trustees are appointed at the Annual General Meeting and are recruited from local people who have an interest in the charity. The charity is controlled and directed by the elected members of the executive committee with authority to act being devolved to the chairman and vice chairman. The executive committee continues to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and then mitigated to an acceptable level in the charity's day to day activities.

Overall Aims of the Charity :-

- * To operate a service that gives practical and emotional support and offer respite to carers.
- * To operate a befriending service to lonely and isolated people in the community.

Service Outcomes :-

- * Provide a respite service by the use of volunteers and group activities.
- * Provide moral and emotional support individually and within a group environment.
- * Work alongside statutory, voluntary and private bodies to ensure collation of information on individual needs are referred to the appropriate service.

Public Benefit :-

Throughout the year, Support for Carers Board of Trustees has followed the guidelines for public benefit as set out by the Charity Commission, in achieving its overall aims and service outcomes.

Staff, volunteers and trustees:-

Current staffing consists of Shirley Lumb, Manager, Part time 30hrs and Cheryl Heaton Co-ordinator, Part time 22hrs.

We currently have 62 volunteers who between them either provide our volunteer visiting and befriending service, assist in the running of coffee clubs or sit on the board of trustees. It is compulsory that all our staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work within the organisation. Support for Carers board of trustees consists of 5 individuals who have an interest in the welfare of carers within the Scarborough & Filey district. Representation on the board consists of carers, volunteers and professionals.

The chairman would like to openly thank all those involved with the organisation for their continued support and commitment over the last year.

Support for Carers (Scarborough and District)

Trustees Annual Report for the year ended 31st March 2022 (continued)

Trustees :-

The trustees who served during the year were:-

Steve Trafford	Chairman
Kate Robinson	Vice Chair
Sylvia Graham	Volunteer Representative
Frances Butters	Carer Representative
Karen Brown	Volunteer Representative

There were no changes this year.

Review of Activities in the year:-

The organisation is jointly funded by the Clinical Commissioning Group (CCG) and Health and Adult Services (HAS), our contractual hours are 405 per month.

These hours have been achieved by the recruitment and deployment of volunteers within peoples' home.

Volunteer Sitting Service

Our team of 62 volunteer have provided 1427 hours of respite sitting, 261 hours of telephone befriending and 14 hours of client shopping during this financial year compared to 627 of respite sitting the previous year. On behalf of the Trustees and staff, the Chairman, Mr Steve Trafford would like to thank our volunteers for their dedicated and continuous support.

My Neighbourhood Befriending Service

Our team of volunteer befrienders have provided 658 hours of visiting and 306 hours of telephone befriending compared to 619 hours of service the previous year.

To maximise local community resources/capacity to meet the needs of adults who are at risk of deteriorating health, especially through social isolation and loneliness.

To reduce, delay and prevent escalation of health issues placing unnecessary or avoidable pressure on statutory services.

To work in partnership with other statutory and VCSE providers to ensure we offer a complementary service that enhances the current landscape of wellbeing and prevention provision.

Build stronger connection with current and potential referrers - ensure we are capturing the hardest to reach communities where isolation and loneliness may be a hidden challenge.

Our ambition is to work even closer with our referrers to ensure provision and signposting (to and from) My Neighbourhood is supported and appropriate.

The year has seen the charity also provide 257 telephone calls to a total of 79 hours and 169 text/emails supporting our volunteers who live alone.

Wednesday Friendship Club

The Wednesday Friendship club continues to attract both carers and the person they support by bridging the gap between no care and day care. The club offers a two-hour session of both mental and social stimulation through a variety of activities. Where needed a volunteer is paired with a member who may have difficulties taking part in activities due to failing eyesight, memory or disability. Support for Carers trustees felt it was very important for the club to continue.

We still feel that the Wednesday Friendship club gives an essential respite service to carers and we will continue to run this through weekly subscriptions.

Songs and Scones - Unable to operate since March 2020.

Songs and Scones which is held at Ayton Village Hall on the last Thursday of each month, is a social afternoon of music, conversation, scones and cake. This is open to carers, their dependents and anyone who is lonely or isolated in the more rural areas.

Website

Our website covers all aspects of our work from services available, useful information, volunteering opportunities and support. See (scarboroughsupportforcarers.org).

The Way Forward

As we are all aware there have been major funding cuts across both the statutory and voluntary sectors which has had a huge impact on those providing the service and more so for those using it. To safeguard our service and to continue to provide a much needed sitting service to carers within the Scarborough & Filey district we are looking at funding opportunities from other sources.

Support for Carers (Scarborough and District)

Trustees Annual Report for the year ended 31st March 2022 (continued)

Financial Review 2020/21 :-

The results for the year show a deficit of £6,293 but Total Reserves stand at £85,408 as at 31st March 2022 (of which £60,408 represents free unrestricted reserves).

The charity's unrestricted income derives on an annual contract basis from two sources, the CCG and HAS. The executive committee is determined that in the event that the current financial support is not forthcoming, the work of Support for Carers should continue, though it may take considerable time to establish other sources of income.

The current reserves would enable the charity to continue for approximately six to twelve months and the executive committee considers that this level should be maintained.

Reserves Policy :-

The trustees acknowledge that unrestricted cash reserves are required to:-

- * Enable Support for Carers to maintain essential core services for a minimum of 6 months in the event of the withdrawal of core funding.
- * To provide for otherwise unfunded staffing related expenses - such as redundancy costs if required.
- * To provide funds of last resort in the event of unavoidable cost overruns on activities that cannot otherwise be met from restricted funds.
- * To give time to seek alternative sources of funding and to maintain scheme continuity in the event of limited short term funding gaps.

The Board of Trustees consider that the reserve amount of unrestricted and designated funds now cover a year of future income.

Responsibilities of the trustees:-

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of the surplus or deficit for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is in-appropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with Charities Act 2011. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by Support for Carers trustees on 14th June 2022 and signed on its behalf by :

S Trafford
.....
Chairman

Dated : 14/06/2022

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Receipts & Payments Account for the year ended 31st March 2022

	31 March 2022 £	31 March 2021 £
Grants , Donations and Members Funding	46,853	82,404
TOTAL INCOME	46,853	82,404
TOTAL EXPENDITURE	53,167	48,666
OPERATING SURPLUS / (DEFICIENCY)	(6,314)	33,738
OTHER INCOME		
Interest Receivable	21	51
SURPLUS/DEFICIT FOR THE FINANCIAL YEAR	(6,293)	33,789

Support for Carers (Scarborough and District)

Statement of Financial Activities for the year ended 31st March 2022

		2022		2021					
	Notes	Restricted Funds £	Designated Funds £	Unrestricted Funds £	Total Funds £	Restricted Funds £	Designated Funds £	Unrestricted Funds £	Total Funds £
INCOMING RESOURCES									
NYCC Grant		-	-	39,200	39,200	-	-	39,200	39,200
Investment Interest		-	-	21	21	-	-	51	51
Fundraising		-	-	247	247	-	-	0	0
Other Grants		-	-	3,983	3,983	-	-	17,670	17,670
General Donations		-	-	715	715	-	-	24,201	24,201
Voluntary Income	3	1,119	-	1,589	2,708	117	-	1,216	1,333
		<u>1,119</u>	<u>0</u>	<u>45,755</u>	<u>46,874</u>	<u>117</u>	<u>0</u>	<u>82,338</u>	<u>82,455</u>
RESOURCES EXPENDED									
Direct Charitable Expenditure	4	2,554	0	41,183	43,737	79	0	39,215	39,294
Support Costs	5	0	0	7,861	7,861	0	0	7,920	7,920
Management and Administration	6	0	0	1,569	1,569	0	0	1,452	1,452
		<u>2,554</u>	<u>0</u>	<u>50,613</u>	<u>53,167</u>	<u>79</u>	<u>0</u>	<u>48,587</u>	<u>48,666</u>
Net movement in Funds		(1,435)	0	(4,858)	(6,293)	38	0	33,751	33,789
Transfers between Funds		914	0	(914)	0	0	0	0	0
Funds at 31st March 2021		521	25,000	66,180	91,701	483	25,000	32,429	57,912
Funds at 31st March 2022	9	<u>0</u>	<u>25,000</u>	<u>60,408</u>	<u>85,408</u>	<u>521</u>	<u>25,000</u>	<u>66,180</u>	<u>91,701</u>

The notes on Pages 8 to 12 form part of these financial statements.

Statement of Assets as at 31st March 2022

Independent Examination Fee for 2022 of £600

S Trafford Dated **6 - 7 - 2022**

 Chairman

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Notes to the Financial Statements for the year ended 31st March 2022

1 ACCOUNTING POLICIES

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Charities Statement of Recommended Practice: Accounting by Charities.

All income is shown in the accounts when receivable.

Expenses are allocated as they arise.

2 TRUSTEES

No trustee received a remuneration for services rendered.

No trustee, or anyone connected with a trustee, has a material interest in any of the charity's transactions.

3 VOLUNTARY INCOME

	2022			2021		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
The Mary Craven Trust	-	0	0	-	19,750	19,750
Proudfoot	-	0	0	-	2,500	2,500
All Others Below £1,000	-	715	715	-	1,951	1,951
	0	715	715	0	24,201	24,201
	=====	=====	=====	=====	=====	=====
SBC Grant	-	0	0	-	10,000	10,000
Other Grants Receivable	-	0	0	-	167	167
NYCC My Neighbourhood Grant	-	3,983	3,983	-	7,503	7,503
	0	3,983	3,983	0	17,670	17,670
	=====	=====	=====	=====	=====	=====
Membership	-	100	100	-	150	150
Other Income	0	1,489	1,489	0	1,066	1,066
Wednesday Friendship	873	0	873	117	0	117
Songs & Scones	246	0	246	0	0	0
	1,119	1,589	2,708	117	1,216	1,333
	=====	=====	=====	=====	=====	=====

4 DIRECT CHARITABLE EXPENDITURE

	2022			2021		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
Staff Costs	-	38,875	38,875	-	37,758	37,758
Staff Travel	-	419	419	-	298	298
Partnership Costs	-	21	21	-	562	562
Volunteer Expenses	-	208	208	-	57	57
Training	-	159	159	-	0	0
Activity Expenses	2,554	606	3,160	79	68	147
General Expenses	-	415	415	-	367	367
Subscriptions	-	480	480	-	105	105
	2,554	41,183	43,737	79	39,215	39,294

5 SUPPORT COSTS

	2022			2021		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
Office Expenses	-	1,232	1,232	-	1,208	1,208
Establishment Costs	-	2,750	2,750	-	2,750	2,750
Telephone	-	1,103	1,103	-	906	906
Insurance	-	1,740	1,740	-	1,536	1,536
New Equipment	-	492	492	-	490	490
Repairs & Maint	-	544	544	-	1,030	1,030
	0	7,861	7,861	0	7,920	7,920

6 MANAGEMENT AND ADMINISTRATION

			2022			2021
	Restricted	Unrestricted	Total	Restricted	Unrestricted	Total
	Funds	Funds	Funds	Funds	Funds	Funds
Independent Examination	-	600	600	-	575	575
Legal & Professional Charges	-	0	0	-	0	0
Payroll & Accounts Fees	-	955	955	-	877	877
Trustees Expenses	-	14	14	-	0	0
	0	1,569	1,569	0	1,452	1,452

7 RESTRICTED FUNDS

Wednesday Friendship

A club mainly for carers and dependants , however anybody who is lonely or isolated is also welcome to join.

The club provides various activities such as sing a longs, bingo, quizzes, games and talks from local places of interest.

See note 9 for balances remaining on these projects

8 DESIGNATED FUNDS

* *Managed Closure*

The trustees have put a reserve aside to cover possible closure costs that could arise sometime in the future if there was a need. This figure is the current estimate of such costs and there has been no change during this financial year.

9 MOVEMENT OF FUNDS

<u>2022</u>	Opening Balances	Incoming Resources	Resources Expended	Transfers	Closing Balances
<i>Restricted Funds</i> *					
Morrison's	0	246	(959)	713	0
Wednesday Friendship	521	873	(1,595)	201	0
	<u>521</u>	<u>1,119</u>	<u>(2,554)</u>	<u>914</u>	<u>0</u>
<i>Designated Funds</i>					
Managed Closure	25,000	-	-	0	25,000
	<u>25,000</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>25,000</u>
<i>Unrestricted Funds</i>	<u>66,180</u>	<u>45,755</u>	<u>(50,613)</u>	<u>(914)</u>	<u>60,408</u>
TOTAL	<u>91,701</u>	<u>46,874</u>	<u>(53,167)</u>	<u>0</u>	<u>85,408</u>

<u>2021</u>	Opening Balances	Incoming Resources	Resources Expended	Transfers	Closing Balances
<i>Restricted Funds</i> *					
Morrison's	79	0	(79)	-	0
Wednesday Friendship	404	117	0	-	521
	<u>483</u>	<u>117</u>	<u>(79)</u>	<u>0</u>	<u>521</u>
<i>Designated Funds</i>					
Managed Closure	25,000	-	-	0	25,000
	<u>25,000</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>25,000</u>
<i>Unrestricted Funds</i>	<u>32,429</u>	<u>82,338</u>	<u>(48,587)</u>	<u>0</u>	<u>66,180</u>
TOTAL FUNDS	<u>57,912</u>	<u>82,455</u>	<u>(48,666)</u>	<u>0</u>	<u>91,701</u>

10 TANGIBLE FIXED ASSETS

	2022	2021
	Total	Total
Net Book Value brought forward	0	0
Depreciation this year	0	0
Net Book Value at 31st March 2022	<u>0</u>	<u>0</u>

11 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted Funds	Designated Funds	Unrestricted Funds	2022 Total Funds	Restricted Funds	Designated Funds	Unrestricted Funds	2021 Total Funds
Current Assets	0	25,000	60,408	85,408	521	25,000	66,180	91,701
Total Assets	<u>0</u>	<u>25,000</u>	<u>60,408</u>	<u>85,408</u>	<u>521</u>	<u>25,000</u>	<u>66,180</u>	<u>91,701</u>

12 EMPLOYEES

	2022	2021
The average number of part-time employees during the year was :-	<u>2</u>	<u>2</u>
Employment Costs	2022	2021
Wages and Salaries	37,109	36,050
Social Security N.I. Costs	0	0
	<u>37,109</u>	<u>36,050</u>

13 PENSION COSTS

	2022	2021
The charity has made pension contributions to a defined contribution pension scheme for it's employees.	£1,766	£1,708

14 CONTINGENT LIABILITIES

The charity has no contingent liabilities.

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Independent Examiners Report to the trustees for the year ended 31st March 2022

I report on the accounts of Support for Carers (Scarborough and District) for the year ended 31st March 2022 as set out on pages 5 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the "2011 Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1) which gives me reasonable cause to believe that in any material respect, the requirements;
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Barrie Tuck

Date: 6th July 2022

Barrie Tuck
Independent Charity Examiner ,
Marchwood ,
Back Lane South ,
Middleton ,
Pickering ,
YO18 8NU .

Accounts

Support for Carers
(Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Annual Financial Report

Year Ending 31st March 2021

**Charity
Examination
Service**

Barrie Tuck
Marchwood , Back Lane South , Middleton , Pickering ,
YO18 8NU

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

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Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

OFFICERS AND PROFESSIONAL ADVISERS

Operating Address: Unit 4
64-66 Londesborough Road
Scarborough
North Yorks
YO11 ITX

Bankers: HSBC plc
33 St. Nicholas Street
Scarborough
YO11 2HN

Independent Examiner: Barrie Tuck
Marchwood ,
Back Lane South ,
Middleton ,
Pickering ,
YO18 8NU .

Support for Carers (Scarborough and District)

Trustees Annual Report for the year ended 31st March 2021

The trustees present their annual report and financial statement for the year ended 31st March 2021. Those trustees that served during the year are shown on the next page.

Structure, Governance and Management :-

Support for Carers (Scarborough and District) is a registered charity formed in 1986 under the umbrella of the Scarborough Council of Voluntary Services (now Seachange), after a pilot scheme identified the need of supporting and providing a volunteer sitting service to carers of 18+ within the Scarborough District, who, through ill health, physical or psychological disabilities or increasing frailty provided care to a partner, friend or relation within their own home. It became independent in 1988 through funding secured from Health and Adult Services (HAS) and Health Authority (CCG) and in 1994 obtained charitable status.

The trustees are appointed at the Annual General Meeting and are recruited from local people who have an interest in the charity. The charity is controlled and directed by the elected members of the executive committee with authority to act being devolved to the chairman and vice chairman. The executive committee continues to examine the principal areas of the charity's operations to review the major risks which may arise in each area. In the opinion of the executive committee, this review enables such risks to be identified and then mitigated to an acceptable level in the charity's day to day activities.

Overall Aims of the Charity :-

- * To operate a service that gives practical and emotional support and offer respite to carers.
- * To operate a befriending service to lonely and isolated people in the community.

Service Outcomes

- * Provide a respite service by the use of volunteers and group activities.
- * Provide moral and emotional support individually and within a group environment.
- * Work alongside statutory, voluntary and private bodies to ensure collation of information on individual needs are referred to the appropriate service.

Public Benefit :-

Throughout the year, Support for Carers Board of Trustees has followed the guidelines for public benefit as set out by the Charity Commission, in achieving its overall aims and service outcomes.

Staff, volunteers and trustees:-

Current staffing consists of Shirley Lumb, Manager, Part time 30hrs and Cheryl Heaton Co-ordinator, Part time 22hrs.

We currently have 51 volunteers who between them either provide our volunteer visiting and befriending service, assist in the running of coffee clubs or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work within the organisation. Support for Carers board of trustees consists of 5 individuals who have an interest in the welfare of carers within the Scarborough & Filey district. Representation on the board consists of carers, volunteers and professionals.

The chairman would like to openly thank all those involved with the organisation for their continued support and commitment over the last year.

Support for Carers (Scarborough and District)

Trustees Annual Report for the year ended 31st March 2020 (continued)

Trustees :-

The trustees who served during the year were:-

Steve Trafford	Chairman
Kate Robinson	Vice Chair
Sylvia Graham	Volunteer Representative
Frances Butters	Carer Representative
Karen Brown	Volunteer Representative

There were no changes this year.

Review of Activities in the year:-

The organisation is jointly funded by the Clinical Commissioning Group (CCG) and Health and Adult Services (HAS), our contractual hours are 400/380 per month.

These hours have been achieved by the recruitment and deployment of volunteers within peoples' home.

Volunteer Sitting Service

Our team of 51 volunteer have provided 627 hours of respite sitting, 611 hours of telephone befriending and 58 hours of client shopping during this financial year compared to 4,541 the the previous year. On behalf of the Trustees and staff, the Chairman, Mr Steve Trafford would like to thank our volunteers for their dedicated and continuous support through what has been an exceptionally challenging year.

My Neighbourhood Befriending Service

Our team of volunteer befrienders have provided 114 hours of visiting and 505 hours of telephone befriending compared to 693 hours of service the previous year.

To maximise local community resources/capacity to meet the needs of adults who are at risk of deteriorating health, especially through social isolation and loneliness.

To reduce, delay and prevent escalation of health issues placing unnecessary or avoidable pressure on statutory services.

To work in partnership with other statutory and VCSE providers to ensure we offer a complementary service that enhances the current landscape of wellbeing and prevention provision.

Build stronger connection with current and potential referrers - ensure we are capturing the hardest to reach communities where isolation and loneliness may be a hidden challenge.

Our ambition is to work even closer with our referrers to ensure provision and signposting (to and from) My Neighbourhood is supported and appropriate.

The year has seen the charity also provide 257 telephone calls to a total of 79 hours and 169 text/emails supporting our volunteers who live alone.

Wednesday Friendship club - Unable to operate since March 2020.

The Wednesday Friendship club continues to attract both carers and the person they support by bridging the gap between no care and day care. The club offers a two-hour session of both mental and social stimulation through a variety of activities. Where needed a volunteer is paired with a member who may have difficulties taking part in activities due to failing eyesight, memory or disability. Support for Carers trustees felt it was very important for the club to continue.

We still feel that the Wednesday Friendship club gives an essential respite service to carers and we will continue to run this through weekly subscriptions.

Songs and Scones - Unable to operate since March 2020.

Songs and Scones which is held at Ayton Village Hall on the last Thursday of each month, is a social afternoon of music, conversation, scones and cake. This is open to carers, their dependents and anyone who is lonely or isolated in the more rural areas.

Website

Our website covers all aspects of our work from services available, useful information, volunteering opportunities and support. **See (scarboroughsupportforcarers.org).**

The Way Forward

As we are all aware there have been major funding cuts across both the statutory and voluntary sectors which has had a huge impact on those providing the service and more so for those using it. To safeguard our service and to continue to provide a much needed sitting service to carers within the Scarborough & Filey district we are looking at funding opportunities from other sources.

Support for Carers (Scarborough and District)

Trustees Annual Report for the year ended 31st March 2021 (continued)

Financial Review 2020/21 :-

The results for the year show a surplus of £33,789 and Total Reserves stand at £91,701 as at 31st March 2021 (of which £66,180 represents free unrestricted reserves).

The charity's unrestricted income derives on an annual contract basis from two sources, the CCG and HAS. The executive committee is determined that in the event that the current financial support is not forthcoming, the work of Support for Carers should continue, though it may take considerable time to establish other sources of income.

The current reserves would enable the charity to continue for approximately six to twelve months and the executive committee considers that this level should be maintained.

Reserves Policy :-

The trustees acknowledge that unrestricted cash reserves are required to:-

- * Enable Support for Carers to maintain essential core services for a minimum of 6 months in the event of the withdrawal of core funding.
- * To provide for otherwise unfunded staffing related expenses - such as redundancy costs if required.
- * To provide funds of last resort in the event of unavoidable cost overruns on activities that cannot otherwise be met from restricted funds.
- * To give time to seek alternative sources of funding and to maintain scheme continuity in the event of limited short term funding gaps.

The Board of Trustees consider that the reserve amount of unrestricted and designated funds now cover a year of future income.

Responsibilities of the trustees:-

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of the surplus or deficit for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is in-appropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with Charities Act 2011. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees.

Dated :

.....

Steve Trafford

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Receipts & Payments Account for the year ended 31st March 2021

	31 March 2021 £	31 March 2020 £
Grants , Donations and Members Funding	82,404	61,838
TOTAL INCOME	82,404	61,838
TOTAL EXPENDITURE	48,666	59,880
OPERATING SURPLUS / (DEFICIENCY)	33,738	1,958
OTHER INCOME		
Interest Receivable	51	131
SURPLUS/DEFICIT FOR THE FINANCIAL YEAR	33,789	2,089

Support for Carers (Scarborough and District)

Statement of Financial Activities for the year ended 31st March 2021

		Restricted Funds	Designated Funds	Unrestricted Funds	2021 Total Funds	Restricted Funds	Designated Funds	Unrestricted Funds	2020 Total Funds
Notes		£	£	£	£	£	£	£	£
INCOMING RESOURCES									
NYCC Grant		-	-	39,200	39,200	-	-	40,924	40,924
Investment Interest		-	-	51	51	-	-	131	131
Fundraising		-	-	0	0	-	-	1,291	1,291
Other Grants		-	-	17,670	17,670	-	-	11,321	11,321
Wednesday Friendship		117	-	0	117	2,505	-	-	2,505
General Donations		-	-	24,201	24,201	-	-	1,906	1,906
Voluntary Income	3	-	-	1,216	1,216	708	-	3,183	3,891
		<u>117</u>	<u>0</u>	<u>82,338</u>	<u>82,455</u>	<u>3,213</u>	<u>0</u>	<u>58,756</u>	<u>61,969</u>
RESOURCES EXPENDED									
Direct Charitable Expenditure	4	79	0	39,215	39,294	4,880	0	43,384	48,264
Support Costs	5	0	0	7,920	7,920	0	0	8,653	8,653
Management and Administration	6	0	0	1,452	1,452	0	0	2,963	2,963
		<u>79</u>	<u>0</u>	<u>48,587</u>	<u>48,666</u>	<u>4,880</u>	<u>0</u>	<u>55,000</u>	<u>59,880</u>
Net movement in Funds		38	0	33,751	33,789	(1,667)	0	3,756	2,089
Transfers		0	0	0	0	0	0	0	0
Funds at 31st March 2020		483	25,000	32,429	57,912	2,150	25,000	28,673	55,823
Funds at 31st March 2021	9	<u>521</u>	<u>25,000</u>	<u>66,180</u>	<u>91,701</u>	<u>483</u>	<u>25,000</u>	<u>32,429</u>	<u>57,912</u>

The notes on Pages 8 to 12 form part of these financial statements.

Support for Carers (Scarborough and District)

Statement of Assets as at 31st March 2021

		2021	2020
		Total	Total
	<i>Notes</i>	£	£
Tangible Fixed Assets	10	0	0
Current Assets			
Bank Accounts		91,685	57,848
Petty Cash		<u>16</u>	<u>64</u>
		91,701	57,912
		<u><u>91,701</u></u>	<u><u>57,912</u></u>
Represented by:			
Funds:			
Restricted		521	483
Designated		25,000	25,000
Unrestricted		66,180	32,429
Total Funds	11	<u><u>91,701</u></u>	<u><u>57,912</u></u>

Outstanding Liabilities :

Independent Examination Fee for 2021 of £600

For and on behalf of the Executive Committee of Support for Carers

Dated

Steve Trafford CHAIRMAN:

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Notes to the Financial Statements for the year ended 31st March 2021

1 ACCOUNTING POLICIES

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Charities Statement of Recommended Practice: Accounting by Charities.

All income is shown in the accounts when receivable.

Expenses are allocated as they arise.

2 TRUSTEES

No trustee received a remuneration for services rendered.

No trustee, or anyone connected with a trustee, has a material interest in any of the charity's transactions.

3 VOLUNTARY INCOME

	2021			2020		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
The Mary Craven Trust	-	19,750	19,750	-	1,906	1,906
Proudfoot	-	2,500	2,500	-	-	0
All Others Below £1,000	-	1,951	1,951	-	-	0
	0	24,201	24,201	0	1,906	1,906
	=====	=====	=====	=====	=====	=====
SBC Grant	-	10,000	10,000	-	-	0
Other Grants Receivable	-	167	167	-	-	0
NYCC My Neighbourhood Grant	-	7,503	7,503	-	11,321	11,321
	0	17,670	17,670	0	11,321	11,321
	=====	=====	=====	=====	=====	=====
Membership	-	150	150	-	80	80
Other Income	0	1,066	1,066	708	3,103	3,811
	0	1,216	1,216	708	3,183	3,891
	=====	=====	=====	=====	=====	=====

4 DIRECT CHARITABLE EXPENDITURE

	2021			2020		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
Staff Costs	-	37,758	37,758	-	37,635	37,635
Staff Travel	-	298	298	-	1,027	1,027
Partnership Costs	-	562	562	-	0	0
Volunteer Expenses	-	57	57	-	2,384	2,384
Training	-	0	0	-	85	85
Activity Expenses	79	68	147	4,880	1,493	6,373
General Expenses	-	367	367	-	685	685
Subscriptions	-	105	105	-	75	75
	79	39,215	39,294	4,880	43,384	48,264

5 SUPPORT COSTS

	2021			2020		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
Office Expenses	-	1,208	1,208	-	2,116	2,116
Establishment Costs	-	2,750	2,750	-	2,750	2,750
Telephone	-	906	906	-	1,014	1,014
Insurance	-	1,536	1,536	-	1,458	1,458
New Equipment	-	490	490	-	639	639
Repairs & Maint	-	1,030	1,030	-	676	676
	0	7,920	7,920	0	8,653	8,653

6 MANAGEMENT AND ADMINISTRATION

	2021			2020		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
Independent Examination	-	575	575	-	575	575
Legal & Professional Charges	-	0	0	-	1,151	1,151
Payroll & Accounts Fees	-	877	877	-	1,181	1,181
Trustees Expenses	-	0	0	-	56	56
	0	1,452	1,452	0	2,963	2,963

7 RESTRICTED FUNDS

Wednesday Friendship

A club mainly for carers and dependants , however anybody who is lonely or isolated is also welcome to join.

The club provides various activities such as sing a longs, bingo, quizzes, games and talks from local places of interest.

See note 9 for balances remaining on these projects

8 DESIGNATED FUNDS

* *Managed Closure*

The trustees have put a reserve aside to cover possible closure costs that could arise sometime in the future if there was a need. This figure is the current estimate of such costs.

9 MOVEMENT OF FUNDS

2021	Opening Balances	Incoming Resources	Resources Expended	Transfers	Closing Balances
<i>Restricted Funds</i> *					
Morrison's	79	-	(79)	-	0
Wednesday Friendship	404	117	0	-	521
	<u>483</u>	<u>117</u>	<u>(79)</u>	<u>0</u>	<u>521</u>
<i>Designated Funds</i>					
Managed Closure	25,000	-	-	0	25,000
	<u>25,000</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>25,000</u>
<i>Unrestricted Funds</i>	<u>32,429</u>	<u>82,338</u>	<u>(48,587)</u>	<u>0</u>	<u>66,180</u>
TOTAL	<u>57,912</u>	<u>82,455</u>	<u>(48,666)</u>	<u>0</u>	<u>91,701</u>

2020	Opening Balances	Incoming Resources	Resources Expended	Transfers	Closing Balances
<i>Restricted Funds</i> *					
Morrison's	1,700	708	(2,329)	-	79
Wednesday Friendship	450	2,505	(2,551)	-	404
	<u>2,150</u>	<u>3,213</u>	<u>(4,880)</u>	<u>0</u>	<u>483</u>
<i>Designated Funds</i>					
Managed Closure	25,000	-	-	0	25,000
	<u>25,000</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>25,000</u>
<i>Unrestricted Funds</i>	<u>28,673</u>	<u>58,756</u>	<u>(55,000)</u>	<u>0</u>	<u>32,429</u>
TOTAL FUNDS	<u>55,823</u>	<u>61,969</u>	<u>(59,880)</u>	<u>0</u>	<u>57,912</u>

10 TANGIBLE FIXED ASSETS

	2021	2020
	Total	Total
Net Book Value brought forward	0	0
Depreciation this year	0	0
Net Book Value at 31st March 2021	<u>0</u>	<u>0</u>

11 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted Funds	Designated Funds	Unrestricted Funds	2021 Total Funds	Restricted Funds	Designated Funds	Unrestricted Funds	2020 Total Funds
Current Assets	521	25,000	66,180	91,701	483	25,000	32,429	57,912
Total Assets	<u>521</u>	<u>25,000</u>	<u>66,180</u>	<u>91,701</u>	<u>483</u>	<u>25,000</u>	<u>32,429</u>	<u>57,912</u>

12 EMPLOYEES

	2021	2020
The average number of part-time employees during the year was :-	<u>2</u>	<u>2</u>
Employment Costs	2021	2020
Wages and Salaries	36,050	35,962
Social Security N.I. Costs	0	0
	<u>36,050</u>	<u>35,962</u>

13 PENSION COSTS

	2021	2020
The charity has made pension contributions to a defined contribution pension scheme for it's employees.	£1,708	£1,673

14 CONTINGENT LIABILITIES

The charity has no contingent liabilities.

Support for Carers (Scarborough and District)

(REGISTERED CHARITY NUMBER 1041925)

Independent Examiners Report to the trustees for the year ended 31st March 2021

I report on the accounts of Support for Carers (Scarborough and District) for the year ended 31st March 2021 as set out on pages 5 to 12.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the "2011 Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1)

which gives me reasonable cause to believe that in any material respect, the requirements;

•

to keep accounting records in accordance with section 130 of the 2011 Act; and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date:

Barrie Tuck
Independent Charity Examiner ,
Marchwood ,
Back Lane South ,
Middleton ,
Pickering ,
YO18 8NU .