

Company number: 2958336

Charity Number: 1040407

Yorkshire MESMAC

Group report and financial statements

For the year ended 31 March 2021

Yorkshire MESMAC
Reference and administrative information
for the year ended 31 March 2021

Company number 2958336

Charity number 1040407

Registered office and operational address 22/23 Blayds Yard
Leeds LS1 4AD

Board of Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Stephen Bridge	Chair
Stephen Hopker	Chair Governance Committee
Kenneth Leigh	Chair HR Committee
Susan Pascoe	Treasurer & Chair Finance & Business Development Committee
Andrew Goodchild	
Colin Lea	
Eric Smith	
Craig Hassall	
Penny Brown	
Kirsten Foster	appointed August 2020
Adam Best	appointed August 2020
Chris Kelly	appointed August 2020
Adam Paver	appointed February 2021
Richard Holder	appointed February 2021
Mike Eakins	appointed February 2021

Company secretary Liz Carey

Key management personnel	Tom Doyle	Chief Executive
	Ellen Hill	Operations Manager - HR
	Paul Storey	Operations Manager - Technical
	Liz Carey	Finance & Administration Manager

Auditors Slade & Cooper Limited
Beehive Mill, Jersey St., Ancoats, Manchester, M4 6JG

Bankers Yorkshire Bank plc
94 – 96 Briggate, Leeds, LS1 6NP

Yorkshire MESMAC
Trustees' annual report
for the year ended 31 March 2021

The trustees present their report and the audited financial statements for the year ended 31st March 2021. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

Our Charity's purposes as set out in the objects contained in the Company's memorandum and articles of association are to:

To preserve and protect health, physical and mental and in particular good sexual health for the benefit of the community in general with an emphasis on those communities that shoulder the highest burden of poor health, including but not limited to; men who have sex with men, LGBT+ young people and adults, women, people of colour and other people marginalised because of their race, ethnicity or nationality, people using drugs and sex workers. To support and develop strong communities which create the environment for better health outcomes and the reduction of health inequalities.¹

VISION

Building communities that have the knowledge, skills, and resources needed to make choices about our lives free from exploitation, stigma and fear.

MISSION

Working with most at risk communities to eliminate health and social inequalities.

We **AIM** to

Build an HIV and STI aware population that has knowledge, skills, and resources and access to a range of high quality, timely services.

Eliminate stigma and prejudice faced by People living with HIV (PLWH) and Sexually Transmitted Infections (STI's).

Eliminate Homophobia, Biphobia and Transphobia.

Improve the mental health of our target populations

Our **OBJECTIVES** are to:

Work with service users, service providers and funders to develop; safe, responsive, accessible, inclusive, timely and appropriate services.

Where appropriate and possible, directly provide such services.

¹ Within this report the following term will be used

LGBTQ+ this is used to describe Lesbian, Gay, Bisexual, Trans and Queer or Questioning people or communities. The + denotes the multiple communities who make up LGBT+ people.

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Develop mechanisms and forums which ensure that service users and other community members are central to and participate in the planning and delivery of services.

Work in partnership with other groups, individuals and organisations to benefit our target communities.

Ensure that all workers in the organisation, are supported and valued and have access to personal and professional development.

Our VALUES in everything we do

We are Inclusive; we respect people, value diversity and are committed to equity

We aim for Quality, Excellence and Continuous Improvement, based on the views of our service users, effective use of technology, resources and our people.

We know services are better when people are able to **participate in their Development and Delivery** - as service users, volunteers, staff and partners. We recognise and value the contribution of volunteers, service users and staff in our organisation and in their communities.

We - service users, volunteers, partners and staff - are **Proud** to be part of Yorkshire MESMAC Group of Services.

We ensure Value for Money. Each pound that we receive can only be spent once, we will ensure that we use each one to maximise the value to our communities.

Chair's introduction

We have had an exciting, and at times, challenging year. I am proud of the leadership and resilience shown by our staff and volunteers, meeting challenges head-on with openness, honesty and creativity.

Leading up to and through the various Government Covid-19 restrictions, the staff planned and delivered the majority of our services online. The one notable area where this was not always possible was community-based HIV testing and sexual health screening. In this case, we have used our digital reach to promote local and national postal schemes. A major concern was that Covid-19 would cement in health inequalities that exist and increase social isolation. Following a successful trial with equipment donated by a local company, we secured funding and supplied tablets for our most vulnerable beneficiaries, allowing us to keep in touch and for them to be able to access our and others' online services. The community testing services were brought back whenever restrictions allowed.

A key feature of how Yorkshire MESMAC operates is 'generous leadership', working with and sharing key resources with others, in order to improve the lives of our beneficiaries. Over the past year, this has taken many forms, from open source digital innovations to training and mentoring. We have also volunteered our expertise in developing community-based testing services in the planning of local test and treat services, as well as offering members of staff as vaccination volunteers.

As the shape of the HIV epidemic changes and how it affects people individually also changes, it is important that our services keep pace with developments and help shape other services to meet the new realities. We recommit ourselves to contributing to reaching the goal of eliminating HIV transmission by 2030. We have seen our social support services championing the needs of people living with HIV and dealing with the crisis,

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with compassionate professionalism. Key to this is the close relationship staff have built with clinical HIV services across our patch and wider afield.

Our mental health services continue to innovate. In addition to our in house counselling service and therapeutic group work, we are able to offer access to psychological services through Leeds IAPT services. All of these services have gone online during the Covid-19 epidemic. Indeed we were awarded funds by Comic Relief, to run a project to improve beneficiaries' Mental Health and Wellbeing and reduce social isolation in Bradford, Leeds and Wakefield Local Authorities.

We continue to work with seldom heard, marginalised and underserved populations to develop services. We do this across the life course from tackling LGBTQ+ bullying in schools to The Sage Project working with older LGBTQ+ people and training for care home staff.

We work in partnership with other organisations who work with marginalised groups; to further our aims, for example we are partners in The Leeds Solidarity Network with 3 other charities: Basis Yorkshire, Leeds Asylum Seekers Support Network, and Leeds GATE who work with Sex Workers, Asylum Seekers and Refugees and Gypsy and Travellers respectively. The network, has been successful in winning a grant from The Kings Fund and Comic Relief to explore how statutory and voluntary sector organisations can better work together to benefit in particular, the most marginalised.

This year saw us nominated for a National Diversity Awards in the LGBT Community Organisation Category, which we are incredibly proud of. We have since been shortlisted for the award which will be presented to the winner in 2022.

Volunteers play a key role in helping us increase the scope and quality of our work, and we look forward to our activities being enriched by their perspective, insights and time over the coming year.

During the last twelve months, trustees have been working on the planning and implementation of a stronger Equality, Diversity and Inclusion strategy, reaching out to similar organisations and our own staff members to help develop it. Part of the work included a training session on the role of the Board, given to staff members by the Chair which was part of the work being done to improve staff/Board communications. This work is being very well received.

As we look forward we are keen to develop new partnerships both nationally and locally, we believe that there needs to be a better offer for young people and people with mental health issues. The care and treatment of Trans+ people have suffered through lack of research, particularly research that puts Trans individuals front and centre. We want to change this and together with the Open University, we have been successful in securing funding for a major national research project and we want to do more. The trustees will be meeting with the Senior Management Team later in the year to discuss these in our next five year plan.

We are concerned about the national dialogue towards LGBTQ+ people at the moment, in particular towards members the transgender and gender non-conforming community. It is having a noticeable impact on service users and their wellbeing. We would like to see debates based on facts not fear and misinformation. We will continue to do our part in helping to see that LGBTQ+ people are treated with the respect and dignity they deserve.

In setting objectives and planning the charity's activities, the Trustees have paid due regard to the guidance on public benefit published by the Charity Commission.

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OUR SERVICES

Our work is focused around 3 main areas against on which we will later report our activities.

HIV & SEXUAL HEALTH
COMMUNITY DEVELOPMENT
MENTAL HEALTH

Over the period of this report each area of activity has been impacted on by the Covid-19 epidemic. For example, face-to-face sexual health testing and screening has had to be halted, in those areas, where available, we facilitated and promoted online offers. We were able to maintain our online condom offer and supported the Leeds Local Authority C-Card Scheme.

Through the negotiation of a contract variation in Wakefield, we were also able to support some of Wakefield's most vulnerable residents to self-isolate when they received a positive Covid-19 test. This has meant our team has been using its skills and its reach to support people enduring multiple health inequalities and exclusion from other more mainstream services.

The Hull team was featured twice in PHE's Covid-19 best practice report for its work with MSM and CSW during the early stages of the pandemic.

<https://phelibrary.koha-ptfs.co.uk/practice-examples/srhc19/>

New Approaches

Covid-19 brought into even starker relief the mental health issues faced by many of the communities we work with. Through a range of grants from Comic Relief, Leeds and Bradford Local Authorities and donations from and disadvantaged services users.

Case Study 1

Service user B is a single mother of two older teenage sons, and who is living with HIV. She was confined to a residential home after her discharge from hospital for nearly 8 months up to January 2021. Due to Covid 19 restrictions, her sons were not allowed to visit her, which caused many challenges for her especially that nobody was taking care of her sons. The tablet helped her to keep inconstant communication with her sons as well as remotely managing their welfare. She is also using it as a language translation tool as English is not her first language. She said that constant communication with her sons is what kept her alive during the trying time.

Case Study 2

Service user G is a young LGBT person who joined our services at the onset of lockdown. He was faced with many social and emotional challenges because of his sexuality that were causing him to contemplate taking his life. He also was hooked in by some older people who were taking advantage of his vulnerability. The tablet completely changed his life as he was able to join the online youth peer support group meetings where he got support from staff and other service users. He is currently doing well and has regained his confidence and is continuing with online group meetings.

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Through this grant from Comic Relief we were also able to increase our online counselling offer both in terms of number of sessions and widening the criteria for counselling. We delivered over 340 counselling sessions during the pandemic through this funding stream. We are particularly proud that, with agreed investment from the Board of Trustees, we were able to extend the SAGE worker's contract beyond March 2021; their work during the pandemic has been essential in ensuring that older LGBTQ+ folk in Leeds were kept in touch with, were linked into services and had access to online services via our free tablets and data packages. Through the support of a National Lottery Awards for All Grant scheme we were able to support some of our most vulnerable PLWHIV in Wakefield and Bradford who were experiencing Covid-19 related financial hardship, digital exclusion, or destitution through the implementation of a voucher scheme for those in need.

Feedback from that enhanced offer included:

'I am a single mum and I lost my only source of extra income when Covid happened. The additional support saved Christmas in our house. I don't know what I would have done without it.'

'I am retired and was visiting family in Africa when Covid happened. It took me a long time and a lot of money I didn't have to get home because of the first lockdown. The vouchers put food on my table and got me through what would otherwise have been a very bleak period.'

'I had been unemployed for over 18 months when Covid arrived. I am still suffering with grief from the loss of my father. I am in receipt of JSA although I don't feel well enough to work. The vouchers allowed me to keep the heating on this winter.'

'I am a single mum of two children. The youngest is 11 months. I don't know what I would have done without the additional support.'

'I tested positive for HIV 12 months before the first lockdown and I remain very anxious about it. I have a number of additional health issues such as COPD and arthritis amongst others, so I have a lot of appointments that I have to attend. I have been turned down for PIP and live alone in my three bedroom house that I have lived in since a child. I have developed social anxiety since my HIV diagnosis and feel unable to work even if there were jobs to go to. My vouchers really helped me to attend all my appointments and keep food on the table.'

In Wakefield we were successful in securing £35,000 to support vaccine roll out to the MARPs we serve, in particular to Black majority Church Leadership and to Asylum Seekers, Refugees, those living with no recourse to public funds, commercial sex workers and PLWHIV. Of particular relevance to our core HIV work, this has meant we have been able to support PLWHIV who will not disclose their HIV status to their GP to access vaccine. We developed a programme of training for all front-line staff in Wakefield who might have a conversation with a vaccine hesitant client, or who might want to learn how to promote Covid-19 vaccination within an atmosphere of acceptance and compassion. In this training we covered the following learning outcomes,

- 1) to understand the stages of change as related to health behaviours and how they might impact on people's decision to take up the Covid-19 vaccine,
- 2) To understand what Motivational Interviewing is, to understand it's role in responding to vaccine hesitancy, and how to adopt an MI approach in your brief intervention,
- 3) To understand how to tailor a brief intervention to the needs, beliefs, and aspirations of different types of vaccine hesitant client.

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Bradford COVID Prevention

Since October 2020 Bradford staff have been delivering Covid-19 work alongside their day to day work with service users and communities that the project supports. A Making Every Contact Count (MECC) approach was directed mainly towards members of the LGBTQ+ community, PLWHIV and African communities in Bradford. Food parcels, masks, sanitisers and disinfectant wipes were distributed to those in need to help protect them from the virus. Staff have also been involved in online outreach using various tools such as WhatsApp, Facebook, websites and phones to encourage people to test and vaccinate. A Bradford staff member is also part of Bradford Test and Trace Team that meets every fortnight to strategise Covid-19 interventions to most at risk populations such as asylum seekers, commercial sex workers and people using drugs. This work has enabled our Bradford team to establish partnerships with other key organisations that offer services to the people we support, for example; our partnership with Bevan House Healthcare Trust has helped us to establish a referral pathway for individuals who are not registered with GPs (for various reasons) to do so with their trust so that they can also receive vaccinations and other medical support.

HIV AND SEXUAL HEALTH

Yorkshire MESMAC wants people to have the best sex with the least harm, whether that is physical or mental harm. Our HIV and Sexual Health work aims to:

Increase the number of people in North and West Yorkshire, Hull and Rotherham, who are aware of their HIV status through community based HIV testing.

Widen Access to HIV testing/information/reaching more communities.

Make people more confident to negotiate safer sex and reduce risk.

Give more people information about public health issues and where/how to access support.

Help people to have a better understanding of HIV and enable them to manage HIV better.

Help people to be better able to discuss HIV with peer support networks.

Create more HIV awareness in asylum seeker and refugee communities.

We work in the following ways to do this.

One to One Support (1:2:1)

This is offered, either through self-referral or a referral from partnership agencies and services.

Service users attend the 1:2:1 service for a wide range of issues including; STI/HIV transmission and infection issues; living with HIV; safer sex information; sexual exploitation; sexuality; homophobic/biphobic/transphobic incidents; testing; isolation; family problems; immigration; return to work and benefits; mental health issues; housing needs; relationships issues; gender identity; coming out. Motivational Interviewing, a useful tool to support individuals to strengthen their motivations to change, has been incorporated in to the majority of 1:2:1s and post HIV test discussions. All staff delivering HIV and sexual health services receive training in this technique.

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Service users accessing one to one support are often successfully signposted/referred to other Yorkshire MESMAC services such as groups and counselling alongside other external local support services/organisations.

Our service users included Gay men, Bisexual males and MSM Communities, African Communities, Migrant Workers, LGBTQ+ Communities, anyone at risk of HIV infection, People Living With and People Affected by HIV and Commercial Sex Workers.

For many of them 1:2:1 support is a stepping stone to engagement in other services either within Yorkshire MESMAC or external services e.g. a dedicated drugs and alcohol project.

In 20-21

- We provided 6368 support sessions via 1:2:1 interventions across West and North Yorkshire, Rotherham and Hull.
- Hull provided 1:2:1 sessions which supported 3,378 service users. The majority of these were done over the telephone or online. Some face to face 1:2:1s did take place and social distancing and lockdown restrictions were adhered to.
- Leeds almost doubled 1:2:1 appointments to 324. Staff have continued to conduct these appointments by telephone and online whilst working from home, as well as via testing appointments.
- We made 2732 external referrals of which 2151 in 20-21 were to GUM clinics, including online testing options.
- Bradford delivered 412 1:2:1 interventions via telephone, Zoom and WhatsApp depending on the needs of the service user.

Community Testing

Includes HIV and STI testing in non- clinical settings at times and places to enable most at-risk populations to take part. Our testing service offers HIV testing and Chlamydia and Gonorrhoea screening in all areas where we work. Service users can also access Syphilis testing in Hull, Rotherham, Wakefield, York, North Yorkshire and Bradford.

The online booking system www.bookatest.com has been a useful means of enabling people to access testing more effectively, despite the limited service we were able to offer during the Covid-19 lockdowns.

This booking system allowed us to reintroduce community testing quicker as we were able to manage service user's appointments and therefore flows in our buildings. Something that for example, a drop-in would not allow. We were the first community organisation to reintroduce HIV POCT in the country, quickly producing updated risk assessments and protocols and working closely with local Public Health teams.

During times where Covid-19 restrictions have meant we have not been able to deliver face to face testing we have referred into home testing options and supported our service users to continue regular screening.

In 20-21

- Although our HIV testing offer in Wakefield has been restricted by Covid-19 restrictions we were still able to test a total of 76 service users, with many of those being at high risk of HIV transmission, each of these interventions were an opportunity to promote a range of precautionary practices including PEPSE and PrEP.

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- In Wakefield over National HIV Testing Week we undertook increased online outreach; with a total of 1346 community outreach contacts. These contacts were made on a range of platforms where Most at Risk Populations (MARPSs) go to negotiate sex and relationships, including Grindr, Fabguys, and Fabswingers. When Covid restrictions eased we were able to access Urban House and Cedar Court to support local groups of asylum seekers. The purposes of this outreach was to increase knowledge of precautionary behaviours including testing and PrEP, as well as to promote uptake of Covid-19 vaccination. Online meetings were held with Black Majority Church Leaders to promote Covid-19 vaccine, and to increase knowledge and skills in discussing PrEP with congregants.
- Numbers for testing and outreach would be significantly higher in a regular year because of the delayed HIV testing week & lack of big focus events like Leeds Pride. However, Yorkshire MESMAC Leeds still delivered 180 HIV POCTs and 175 chlamydia & gonorrhoea triple site screens during the 2020-2021 period.
- Leeds Prevention 2020-2021 did reopen in a Covid-19 secure way to enable the building to be open to the people most in need of an HIV test & sexual health screening whenever local restrictions allowed.
- It is worth noting that the testing team have had a significant number of conversations during 2020-2021 about Covid-19 as part of our pre testing discussion procedure. This is to help with risk mitigation alongside discussions about other public health interventions in 1-2-1s. There have also been risk mitigation conversations around both Covid-19 and HIV with men who were continuing to hook up during the various lockdowns.
- In Bradford we have a Faith Leaders network which was established during 'Testing Faith' work. We continue to deliver relevant work (prevention & COVID 19) within this network using social WhatsApp and Zoom links.

Yorkshire MESMAC conducted the annual service user survey in Q3 2020-2021. 100% of respondents to the Leeds Prevention service rated the service as very good, and all would recommend us to their friends/family.

Some comments from the survey:

- Well organised and felt comfortable with Covid measures

- Didn't feel rushed and very thorough

- It was good that everything felt so secure

- The staff member was really helpful and made me feel at ease about the test, it really helped not feeling alone or judged.

- In the 3 months prior to the Covid-19 pandemic (January, February and March 2020) our York and North Yorkshire service developed a new testing service in conjunction with our partners at YorSexualHealth's specialist clinical outreach team. The 'Testing Plus' sessions took place at our York office - allowing people from Most at Risk Populations to obtain testing, support and hepatitis and HPV vaccinations from both a Yorkshire MESMAC worker as well as a clinic nurse. Following our return to face-to-face working in August 2020 we restarted the sessions, this time on an appointment only basis and within Covid-19 guidelines. With the end of the PrEP trial and introduction of PrEP on prescription in November last year we were able to add PrEP assessment and prescribing to the services available at these sessions. This led to the first ever community based PrEP prescriptions being carried out in North Yorkshire - where at-risk people unable to access regular clinical services obtained their PrEP medication at our city centre office.

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- As a means of thinking outside-the-box following on from the pandemic and the numerous issues that it threw up in regards to continuing to provide services to those most in need, we have created in York a 24 hour testing service. This is in the form of two security boxes attached to the outer wall of our York office. In one box are screening kits which provide HIV, syphilis, chlamydia and gonorrhoea testing, and in the other box are safer sex packs containing condoms and lube. Access to the boxes is through a pass code which changes on a weekly basis. The boxes mean that service users can access testing kits and safer sex supplies at any time of day; to obtain the code they will simply need to text/call one of our York workers who will explain to them the process, take some monitoring information and direct them to a video which goes through the different components of the testing kits and how they work.

Outreach

We use outreach to raise awareness of the issues and services and in “normal” times we contact people in a variety of settings including places of worship, schools colleges, specialist shops e.g. African barbers, as well as via events such as World AIDS day and health promotion events in the areas we work in.

Outreach staff offer information, support, sexual health promotion, sexual health resources and opportunities to get an HIV test. It is **Targeted Outreach** to reach people who are distanced or disenfranchised from the usual channels of information and sources of support, focused for example on making contact with men where they meet to socialise and/or have sex, or reaching communities where they gather together e.g. places of worship.

However, during 20-21 and the restrictions imposed by the Covid-19 pandemic staff have further developed our **Virtual Outreach** offer to reach people via digital means. This outreach has been a crucial tool in maintaining service delivery throughout lockdown and has enabled us to successfully support MSM, Trans People and Commercial Sex Workers throughout the ongoing crisis.

We have a high profile presence on Facebook, Twitter etc. as well as on specialist sites such as African Singles, Bareback RT, Grindr and Growlr. These sites allow us to target tailored messages tightly and quickly to key populations.

In 20-21

- We reached 24374 people in total.
- Hull provided 1,475 outreach sessions (virtual & face to face) reaching 14,227 service users.
- 459 visits (both face to face and virtual) were made to commercial sex workers and venues/homes. 1,869 commercial sex workers received an intervention with 41.5% of them being through a mass intervention.
- Wakefield staff made a total of 3331 community outreach contacts in the year, the majority of these were made online for the purposes of promoting HIV and STI testing, particularly home self-sampling services. Over National HIV Testing Week we undertook increased online outreach; with a total of 1346 community outreach contacts made in the quarter where National HIV Testing week fell. These contacts were made on a range of platforms where Most at Risk populations (MARPSs) go to negotiate sex and relationships, including Grindr, Fabguys, and Fabswingers.
- Black African people Living with HIV appeared to shoulder a disproportionate impact of Covid-19 related hardship and digital exclusion, in Wakefield we responded to this by distributing devices and data SIM cards in order that they could access ongoing support.

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- The Leeds Prevention team made the most out of online resources such as apps, websites, dating sites for outreach while person facing work was not allowed. We developed a suite of resources in relation to safer sex in the context of social distancing, and information of how to safely start or re-start PrEP after lockdown lifted.
- In York and North York's we carry out online outreach to female CSW's through platforms such as Adultwork.
- 2854 community outreach contacts were made in Leeds throughout 20-21.
- Online outreach in York and North Yorkshire increased to 176 sessions being delivered.
- Bradford made a total of 583 community outreach contacts during 20-21. The majority of these were online on sites such as Grindr, Scruffs Fabguys, WhatsApp, Bradford Refugee Forum, Facebook, Zoom, Bradford University, and Online Faith Leaders Forum. The remainder were through physical outreach to Public Sex Environments to engage with MSM who were still hooking up throughout the pandemic.

Safer Sex Resources

Covid-19 restrictions meant that our condom and lube distribution was focused on our postal service rather than more traditional methods of through bars, saunas, PSE sites, or in person to service users. In addition to providing condoms and lube to MARPs in all our areas, we have negotiated with commissioners in Hull and Rotherham to extend this service to the wider population during the pandemic. We have also delivered postal condoms to young people in the Leeds area who are registered with the C-Card scheme.

This extended service, plus increased uptake from MARPs due to the closer of offices, bars etc. has seen the number of people accessing postal condoms increase by 67% on last year.

HIV Support Services for people living with and affected by HIV

Are delivered as part of our integrated prevention service in Bradford via the Our project and Begin in Wakefield.

Social Support services aim to move PLWHIV from a cycle of dependency to independence and self-sustainability by improving their emotional wellbeing, and life chances, increasing their ability to make informed choices about their physical health and combat HIV-related stigma. Both projects also support partners and children.

In 20-21

- Bradford had 10 new service users and worked with a total of 165 active service users. The Wakefield team worked intensively with 51 PLWHIV this year, 15 of whom were new to the service, and 2 were newly diagnosed PLWHIV this year. This is a significant increase on last year's delivery. Each service user has a care plan in place, which is tailored to provide more intensive support at the point of referral. One of the newly diagnosed people referred to us had a CD4 counts below 200 at the point of diagnosis and was suffering with poor health due to their HIV. Yorkshire MESMAC worked with these individuals intensively through weekly home/hospital visits and developed a support plan to encourage the service user with adherence to medication and adjusting to living well with HIV.
- In Bradford, 104 sessions were directly delivered to PLWHIV through peer support groups, which covered positive self-management, therapeutic support and sexual health.

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- The teams also provide information and advice to reduce the impact of HIV on people's everyday lives, including sign-posting and referrals to appropriate health support services and health support on non-HIV related issues, smoking cessation, sexual health, healthy eating and drugs and alcohol.
- Another scheme funds access to formula milk, sterilisers and feeding bottles for HIV+ mothers for the first year of their baby's life to reduce the risk of mother to baby transmission of HIV through breastmilk; in 20-21 6 families accessed the scheme with 7 babies benefiting.
- In Wakefield the team are particularly proud of the number of Positive Self-Management sessions they delivered in the year, with a total of 94 sessions delivered. We credit this success to a number of factors, firstly we have seen a steady increase in referrals from clinical providers for PLWHIV in need of social support, secondly we have seen many longstanding service users need to re-engage due to Covid-19 related issues (including for support to isolate, or to shield, or because of increased anxiety and isolation), and thirdly due to the overwhelming demand of those enduring financial hardship and destitution in response to the imposition of the winter lockdown.
- We were able to secure funds from the National Lottery's Awards for All scheme to support those PLWHIV with the highest needs in both Wakefield and Bradford. We look forward to continuing this increased support for PLWHIV in the district.
- The Wakefield Local Service Coordinator led on the development of training for professionals on using Motivational Interviewing techniques to respond to Covid-19 vaccine hesitancy. This training was delivered to over one hundred professionals including faith leaders, mental health professionals, sexual health professionals, and workers in homelessness services. Feedback from this training was positive, with reports that workers felt increased confidence and skills in working with vaccine hesitant service users.

Tailored Services for Young People

Despite Covid-19, we delivered essential support for LGBTQ+ youth in Bradford, York & North Yorkshire to ensure they received safe and appropriate services, using online communications where appropriate. We provided emotional support, individually and in groups to help them deal with isolation in school and college, address issues relating to their sexual and gender identities and provided sexual health information and support with relationships. We also worked with other service providers to develop their services for young LGBTQ+ people and were involved in facilitating healthy policies that strategically tackle the barriers faced by LGBTQ+ youth.

During the restrictions imposed by the Covid-19 pandemic the Hull service was unable to provide its usual young people's drop-ins or face to face 1:2:1 support. Services were quickly adapted and virtual drop-ins were conducted through Facebook so young people could reach out over messenger services knowing there was someone to respond immediately. Clinical outreach services were seeing a reduction in venues where they could reach young people for contraception. We have worked closely with them over the last year to provide a joint young people's clinic from our building to reach the most vulnerable young people.

The Youth Activation volunteers were unable to attend in-person during this period. We continued to maintain contact online and provide support where needed as many young people were finding the early stages of lockdown very challenging. These young volunteers were kept engaged with focus groups, supporting recruitment and social media campaigns. Our success at keeping young volunteers engaged has meant that they have now started transitioning to adult volunteers, continuing their commitment to the organisation and improving their skills and employability.

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RSE support for schools during restrictions has been challenging, with many schools unable to host sessions. From 20-21 we were able to work with the schools to support with online sessions and plan in a schedule to in person sessions for the following year.

In 20-21

- We more than doubled to 99 the LGBTQ+ youth group sessions in York and North Yorkshire - Harrogate, Skipton, Scarborough and Selby in partnership with North Yorkshire County Council; delivering 64 workshops to them.
- In York our LGBTQ+ Youth Group has developed strongly throughout the Covid-19 pandemic, with weekly sessions taking place over Zoom and the group growing to include over 25 young people from York and elsewhere in North Yorkshire. The format of the group has changed in the past year to ensure that more workshop based activities occur on a regular basis, and that this is done through strong partnership working; bringing in professionals from the Drug & Alcohol service, North Yorkshire Police, homelessness services and others.
- BLAGY youth group (Bradford) continues to be a valued service for young LGBTQ+ people between the ages of 14 and 25 in the Bradford district. There are 20 service users, 9 of whom are Trans/non binary. Quarterly planning sessions which are young person led help to steer and develop the service in line with the needs and interests of the group members. During this period, due to Covid-19 the group has been delivered completely online, the group members adapted successfully to this change and attendance and new referrals have both been consistently high. Sessions delivered include; Sexual Health, Gender Identity, Mental Health, a music workshop and a flag sewing session for Keighley Pride. We look forward to meeting face to face but moving forward we will retain some online provision as some young people prefer it and it reduces access issues for young people living more rurally.
- The Hull Youth Activation Team recruited and trained 2 peer educator volunteers. There were limited activities that peer educator/volunteers could participate in during the pandemic but there are still 14 active peer mentors waiting for restrictions to ease.
- The restrictions imposed by the Covid-19 pandemic meant that normal methods of engagement with young people in Hull were not possible. The Youth Team devised a package of online support with tailored resources that could be used for 1-2-1 sessions over the phone, text and messenger. This suite of resources covered topics such as consent, healthy relationships and staying safe online.
- The Hull team started a programme of street-based outreach to reach young people while school and college visits were impossible. Routes were planned throughout the city, with extra focus in areas of high deprivation. Engagement with the street-based outreach was high leading to many onward referrals into contraception, testing and termination services.
- Following the success of the street-based outreach, the Hull team have been providing 'walk and talk' 1-2-1 sessions for young people. This has enabled us to provide face to face support whilst still adhering to Covid-19 guidance. The 'walk and talk' sessions provide a neutral environment for young people to talk about their issues at their own pace. We have found that many young people prefer their sessions to be done in this way as it is less stressful than being sat in front of someone in a small room. Both the street-based outreach and 'walk and talk' sessions will remain in the service offer once Covid-19 restrictions are lifted.
- In partnership with the local Sexual Health clinical provider, the Hull team co-hosts a weekly contraception clinic at our office. This clinic targets the most vulnerable young people which are referred in by our workers and local youth services. At the clinic young people can access the full range of long-acting reversible

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contraception from the outreach nurse and more holistic support and screening from our workers. This approach has been well received by young people who would never have accessed clinical settings.

- During 20-21 there was a change in staff in Rotherham. The service now has a new Community Development Worker responsible for working with young people. The change in staff has provided a new approach to youth engagement in Rotherham finding new ways to engage young people in their own sexual health including bespoke social media and linking with college programmes to coproduce resources.
- Direct delivery of RSE did not happen in 2020/21 due to Covid-19. However contact and planning was kept up with Aspire (non-English speaking section), Hull College, Ganton Special School, Boulevard Academy, Kelvin Hall School and Marvell College with staff support sessions recommencing 21st April 2021 and pupil-facing sessions starting 27th April 2021.

Improved Acceptability and Access to Clinical Services

We offered training, advice and support to commissioners and clinical colleagues, and have developed partnerships and consortia with clinical providers to improve services' referral mechanisms and pathways. This year we are particularly proud to have worked with our clinical partners, YorSexual Health, Leeds Sexual Health Rotherham Integrated Sexual Health Services and Locala to develop tailored community based clinical sexual health services for Trans folk, sex workers and young people delivered from our premises, where possible.

During Covid-19 we used our community reach both real world and online to promote online sexual health testing where available.

- The 'Testing Plus' sessions took place at our York office - allowing people from Most at Risk Populations to obtain testing, support and hepatitis and HPV vaccinations from both a Yorkshire MESMAC worker as well as a clinic nurse. We have now been able to add PrEP assessment and prescribing to the services available at these sessions. This led to the first ever community based PrEP prescriptions being carried out in North Yorkshire - where at-risk people unable to access regular clinical services obtained their PrEP medication at our city centre office.
- Since April 2021 we've initiated a new pilot in which the Testing Plus service is carried out in clinic. Yorkshire MESMAC workers carry out outreach and arrange appointments, meet the attendees at the clinic and introduce them to the nursing staff who carry out screening, vaccinations and PrEP assessments. The results have been fantastic - with over 50% of those attending having never accessed clinical services before, and a large number being given vaccinations and prescribed PrEP. The results have been compiled into a report written jointly by YSH and Yorkshire MESMAC which has been shared with Public Health England as a success story in regards to engaging at-risk groups with clinical services in a post-pandemic landscape. A similar service is also being developed in Leeds to run alongside our popular Testing Times+ sessions.

Improving Reproductive & Sexual Health Outcomes for Gypsy & Traveller Women in York

At the end of 2020, our York service was successful in obtaining funding through PHE's Innovation Fund for a new 12 month project. The project is a partnership between Yorkshire MESMAC and York Travellers Trust seeking to work with Gypsy and Traveller Women around reproductive and sexual health. It trains up Traveller Trust staff on numerous reproductive/sexual health topics, produces new resources suitable and culturally competent for Gypsy & Traveller Women and runs focus groups and peer support groups to look at where services are currently working and, where they are not.

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Group Development and Group Support

Is offered to Lesbian, Gay, Bisexual and Trans+ community groups (including groups for young LGBTQ+ people). Such groups reduce social isolation, explore common concerns and create forums for people to take collective/mutual action to address these.

In usual times, we provided free meeting space, refreshments, access to computers and photocopiers, help with funding applications, support for management committees/steering groups, etc. However, Covid-19 has seen a reduction in this offer as groups were unable to use our building for face to face meeting, we were able to ensure that the groups we facilitate went online and the additional tablets and data helped particularly isolated people attend online groups.

We chaired the Northern and Midlands Panel Comic Relief - Intermediary Fund, this saw us distributing £191,715.50 Covid-19 relief money to small charities undertaking work with LGBT groups across The Midlands and Northern England.

In 20-21

- In Bradford, the peer mental health support group set-up to offer support to service users and other people living in Bradford and Wakefield with mental health support needs. This became a self-run sustainable group.
- In the last year Yorkshire MESMAC Bradford continued to work with PLWHIV and members of the young LGBTQ+ community. Weekly peer support group sessions were mainly conducted online (Zoom) due to Covid-19 restrictions. There were 302 service users who attended structured workshops, which includes; best sex least harm (safer sex), therapeutic and positive self-management.

Training and Consultancy

We offer training and consultancy for professionals wishing to increase the acceptability and accessibility of their services to communities experiencing health inequalities; including training around cultural sensitivity, breaking down barriers to access and understanding stigma. We continue to develop our training strategy across the areas covered by Yorkshire MESMAC.

In 20-21

- Most training came to an abrupt end due to Covid-19. It took until late summer for online training to be created and take off again. Wakefield City Council LGBTQ+ Awareness training began in January 2021, and it is planned to return to face to face from September 2021. LGBTQ+ training for Leeds City Council is now online as is LGBTQ+ training for Leeds Teaching Hospital Trust. We are also planning to create and deliver Unconscious Bias training for a schools Trust across Bradford.
- Our Training and Comms Coordinator is now qualified to deliver Train the Trainer training for Making Every Contact Count for Mental Health (MH) and is now delivering the training for trainers to professionals across

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West Yorkshire and Harrogate and Humber, Coast and Vale. By the end of the year, all Yorkshire MESMAC staff should be trained in delivering MECC for MH in our work.

- Despite all training moving online, this transition has proved successful with very positive feedback and a wider reach across Yorkshire.

Rainbow Badges Project

This work was commissioned by various NHS trust services in Bradford to review the success of the Rainbow Badges initiative in Bradford NHS Trusts. Yorkshire MESMAC and Equity Partnership were asked to create a survey for our service users to fill in and feedback on. The course of this work changed due to Covid-19 and we faced challenges of engagement from service users. We have started our work with The Proud Trust to deliver training for the Rainbow Flag Award Project. This was delayed from 2020 due to Covid-19, but has been monthly online since March.

Love Tank

Long Time No Syphilis, Innovation Fund project. Yorkshire MESMAC developed a 5 part training programme for sexual health professionals to have a greater understanding of Syphilis, with the aim of reducing Syphilis cases among high risk populations. Two cohorts were delivered, followed by a train the trainer session. Despite Covid-19, we delivered these sessions to great success online.

COMMUNITY DEVELOPMENT

Our community development projects aimed to increase our communities' collective capacity to deliver services which improve health and wellbeing.

SAGE

Supports older LGBTQ+ people in Leeds who are experiencing social isolation and loneliness through provision of a drop-in service and other events, provision of volunteer support and developing opportunities to volunteer, while building the skills of the professionals who work with them.

April 2020 to March 2021 was the final year in the six-year project entitled SAGE, funded through the Big Lottery's Ageing Well Programme, Time to Shine, which is administered by Leeds Older People's Forum. The SAGE programme during this time was delivered in partnership with Age UK Leeds. In this year we continued supporting individuals who are isolated and lonely, strengthening networks within the LGBTQ+ community in Leeds.

In 20-21

- A second Community Development Worker was engaged to support SAGE in its final year.
- Staff worked to develop the digital skills of selected service users through the securing of tablets with contracts for internet access for the most isolated and potentially vulnerable members of the SAGE group.
- Despite the Covid-19 pandemic, using the Zoom platform, engagement with service users was actually increased over the period from twice a month to four times a month. This meant, alongside regular 1:2:1

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work, SAGE was able to significantly decrease the feeling of isolation for service users and to allow them to raise any issues that the group could support them on.

- An on-going WhatsApp group has also been developed to allow for social interaction of an everyday nature, further decreasing social isolation during the lockdown period.
- A 25-minute video was made to promote SAGE for the Silver Pride weekend which helped to find new members, identify new funding sources and promote the unique personal stories of the LGBTQ+ community. These videos are available on YouTube for a wider audience.
- Funding was sourced for a celebration on International Day of Older People.
- Several new connections to the academic world were made to support research development for the older LGBTQ+ community.

West Yorkshire Queer Stories

Queer Stories was a 2 year oral history project funded by the Heritage Lottery Fund and was completed in May 2020. The project celebrated LGBTQ+ cultures and communities in West Yorkshire by collecting Oral History Testimonies and material heritage, creating interactive elements such as artworks, resources, tours and workshops inspired by these materials. The content is now curated by West Yorkshire Archive Service and providing continued engagement through the website.

The West Yorkshire Queer Stories project has raised the visibility of the vibrancy of queer heritage throughout the region that has previously been under appreciated and overlooked, and was supported by 75 volunteers between the ages of 18 to 80 and student placements.

A book containing the stories and photographs has been published as a companion to the website acting to further preserve the project's legacy.

GOW - Gender Outreach Workers

Are employed by Leeds Gender Identity Service (GIS) and hosted at Yorkshire MESMAC where we provide support and links into local LGBTQ+ communities. Currently the GOW provides one to one and group support to Trans people on the waiting list for Leeds GIS around a number of issues to help manage some of their concerns around transitioning such as access to hormones, name changes, voice training etc. The GOW has been instrumental in meeting a wide variety of Trans people's needs including starting mental health groups, sexual health needs, etc. and ensuring all the services they are involved in, whether delivered themselves or referred into, are accessible for Trans people from across Yorkshire and the North of England.

During Covid-19 the GOW was limited to small numbers of online one to one appointments although face to face services are being risk assessed for reopening safely. Due to Covid-19 we have been unable to recruit to the vacant GOW post; again this is under review and we hope to start recruitment soon.

ICTA Open University

This research project is a partnership between the Open University (lead researcher), community expert researchers based in charities, of which Yorkshire MESMAC is one, and a number of Gender Identity services across England and Wales. The research seeks to assess various models of health care for Trans adults especially around the integration of wider health care into any transitioning services the Trans adults involved in the research are engaged in or have been through. The project has been running for a number of years

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and Yorkshire MESMAC's research and community development team are involved in the analysis of findings and development of dissemination tools for professionals and the public. During 2020-21 significant work was developed around carrying out in-depth interviews with Trans adults and GIS professionals online in ways that meet ethical requirements.

The move to online project meetings, interviews, analysis and more has been a success for this project as has the engagement of Trans people of colour; as expert researchers, staff working on the project have been able to further hear the experiences of Trans people who also experience racism.

Healthy Communities Together:

This first phase of the project (March 2021 - November 2021) is a partnership between Leeds Solidarity Network members, Leeds Clinical Commissioning Group and Leeds City Council Public Health Team. The Leeds Solidarity Network comprises Leeds Asylum Seekers Support Network, Yorkshire MESMAC, Leeds GATE and Basis Yorkshire who work for and with asylum seekers and refugees, LGBTQ+ folk, Gypsies and Travellers and Sex Workers, respectively.

Funded by the National Lottery and supported by the King's Fund, who are providing leadership consultancy and policy environment assistance to the project, we seek to investigate the ways in which Leeds systems create the extreme health inequalities faced by these marginalised communities. We will map these systems, the key players, policies and fulcrums for change with the intention during the next phase of the project (Jan. 2022 – till Dec. 2024) of working collaboratively on developing new ways to commission from the margins. During this first phase our aim is to produce a plan which evidences where and how we might make change in order to secure additional three year funding to aid in the reduction of health inequalities in Leeds.

MENTAL HEALTH

Our mental health support and projects aim to improve acceptability and access to mental health services for those most in need.

Yorkshire MESMAC Counselling Service

We provided counselling to gay, bisexual and homosexually active men; female partners of men who are attracted to men; young lesbian, gay, bisexual, trans or questioning people under the age of 25 in Leeds, Bradford and Wakefield districts and people living with or affected by HIV in Bradford and Wakefield areas. In the Bradford and Airedale area, this offer is also extended to lesbians and bisexual women, trans+ individuals aged 25 and over and commercial sex workers (any sexuality/gender expression).

During Covid-19 we quickly set up services with colleagues from the Bradford Counselling Collective staffing a grief and loss line and offering additional remote counselling session to anyone affected by Covid-19. Our team of 11 qualified freelance counsellors and 1 seconded IAPT specialist counsellor, are all experienced in working with our particular target groups. The pandemic has created many challenges in work and business situations but we are proud of the way in which our counsellors rose to the challenges of providing much needed support during this time. From the very first day of lockdown we supported our counsellors in setting up and using on-line video/telephone platforms so our service could continue to be provided as members of the communities we serve struggled with adapting to loss, anxiety and isolation experienced during lockdown and the ongoing changing restrictions throughout the year. There was no break in the service we provided,

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support has been consistent and although initially there were a few clients who wanted to wait until face-to-face support returned, after the initial 3 months of lockdown, most of these took up the offer of remote support. The counselling service continues on a remote support basis, with all clients taking up remote support.

We used CORE IMS to provide an objective measure of the effectiveness of counselling on the wider aspects of an individual's mental and physical health. During this period service users brought a very wide range of issues to their counselling sessions, usually presenting with multiple issues augmented in relation to the effect of the pandemic including depression/anxiety (re: Covid-19), relationship problems and domestic violence (intensified during lockdown), anxiety relating to sexuality and/or sexual health and an increase in gender dysphoria (as gender identity clinic waiting lists/surgery dates were cancelled/rescheduled during lockdown), living with HIV and low self-esteem. Clients are allocated between 6 - 8 sessions and generally there are no waiting lists so clients were, on average, assessed and allocated a counsellor within 2 weeks. There were a few weeks during this period when although allocated a counsellor, some clients had to wait slightly longer for their first appointment due to their counsellor being busy with private clients. Availability of counselling slots was monitored every month during this period and continues to be monitored so clients are aware of the demand for our services.

We also continue to have a social media presence on Facebook and other platforms where we promote our support groups and therapeutic workshops and highlight topics of mental health interest. During the pandemic topics have mainly related to building resilience and coping mechanisms during these difficult and ever changing times with signposting to self-help guidance/tools and other helping agencies.

In 20 - 21

- 209 service users were referred for counselling during this year, 23 more than the previous year. 25 people were referred via Yorkshire MESMAC staff, 10 through internal support groups/therapeutic workshops, 16 from other voluntary organisations/external groups; 8 from GPs/NHS services and a further 150 via self-referrals. 175 SUs have completed their sessions/are closed, 34 SUs are in progress.
- Problems/issues identified at assessment had improved at the end of the therapy review in 92% of cases.
- Of the 118 people for whom we have results, 85% of people demonstrated an improvement in all issues with 7% showing a partial improvement.

Let's Get Better Together

This project offers therapeutic interventions around mental health in individual or group sessions, particularly supporting lesbians and trans+ people to access psychological therapies.

In 20-21

- The counselling service continued to engage new trans+ and women into the service; 22 new LBQT+ people were supported through remote 1:2:1 counselling, 3 of these individuals were specifically supported with mental health issues.
- 15 x remote LGBTQ+ therapeutic workshops were run through Zoom with a total of 91 attendances. Topics and themes were identified during remote wellbeing support groups as detailed below, - mainly around emerging needs as lockdown and ongoing restrictions changed and continued. Our therapeutic workshops addressed:
 - Managing our wellbeing during lockdown

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- Managing anxiety during lockdown
- Managing emotions during lockdown
- Intimacy and relationships during lockdown
- Perspectives and priorities post lockdown
- The changing face of relationships during lockdown
- Improving sleep
- Mindfulness during lockdown
- Managing and maintaining friendships during and post lockdown
- Seasonal beliefs/practice which help maintain positive mental health during difficult times
- Dealing with seasonal blues
- Maintaining positive mental health during ongoing lockdown restrictions
- Sex and mental health – online safety, consent, negotiating relationships and sex
- Sex and mental health – coercion
- Sex and mental health – gay scene pressures, sex/validation

48 weekly remote LGBTQ+ wellbeing support group sessions have been run through Zoom with a total of 282 attendances. Facilitated by a trained therapist, supported by a sessional worker, these have included elements of co-counselling and peer support. Previously these face-to-face support groups were run monthly in Bradford and Skipton venues but weekly sessions have been necessary to support the mental health of LGBTQ+ people during the ever-changing situation of the lockdown restrictions. Many of our regular attendees have struggled with their mental health due to the isolation and anxiety of the pandemic.

As with our counselling service, support groups and therapeutic workshops ran consistently, even over the Christmas period which was very difficult for some people as new lockdown measures were introduced.

Men's Total Health Project

The Men's Total Health project was started in 2018 funded by Comic Relief to help support the mental health of anyone identifying as GBT+ (masculine some or most of the time).

We aim to look at breaking down barriers to support with mental health for young GBT+ people through SEA (Self-Esteem Awareness) sessions aimed at addressing common issues they face e.g. dealing with emotions, low self-esteem, managing anxiety and stress. From these workshops, we aim to identify suitable young people with the necessary lived life experiences to train as peer mentors through accredited certificated training. We also aim to support sports and leisure facilities to break down barriers to GBT+ people engaging with and participating in their sports and leisure facilities. This is achieved through Sports Buddy training in general LGBTQ+ awareness/good practice working with and supporting LGBTQ+ people.

Early attendance and participation was good, however, as with much of our face-to-face work, the project was hit by Covid-19. In particular affecting, recruitment via schools and colleges which used their limited learner contact to focus on core curricular activity.

We reduced weekly worker time and thanks to the flexibility and understanding of Comic Relief have extended the project, which will now run until December 2021 with further focus on running SEA courses and engaging young people into sports activities through the trained Sports Buddies and the organisations/activities they run.

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Living Well Project

Supports people to access psychological services through online outreach and resources developed by LGBTQ+ young people, and adapted the delivery methods of our work to online where face to face delivery was not possible

In 20-21

- We ran 21 training for professionals courses to 246 professionals in Bradford Craven Airedale and Wharfedale, an increase on 19-20
- Delivered 44 peer support sessions to young LGBTQ+ people. Within these sessions, we have delivered 22 workshops covering a wide range of topics including practical info and support for Trans youth, peer support for queer youth, broader understanding of LGBTQ+ identities, mental health and personal journeys discussion.

Suicide and Self-harm Prevention

- This project was mainly delivered online, supporting members of the LGBTQ+ community, mainly men who have sex with men (MSM) around suicide and self-harm prevention. Yorkshire MESMAC Bradford Prevention team, and the Digital Engagement Worker (DEW) worked together to research and deliberate the appropriate language to use on banner adverts for hook up sites. Research was focused on providers like The Samaritans and Andy's Man Club, for suitable wording that could be made accessible for MSM in Bradford.
- The team considered the variety of hook up apps MSM use, and where greatest diversity in terms of age and ethnicity might be reached. Grindr, Facebook and Instagram adverts were used to convey essential messages to these groups. Staff also used peer support group sessions and one to ones to talk to service users about this support.

Older LGBTQ+ Adults Project

This project has been working to achieve the independence and sustainability of 2 older people's groups in Bradford throughout the year.

Digital Meetings - Throughout the pandemic it has been challenging to engage older people using digital technologies. The women have engaged better than men and have managed to access online platforms independently and become established as a digital group. The men have a wide range of complex needs, some wanting to get online and others either being disenfranchised or apathetic towards digital meetings. This is reflected in the numbers attending the groups, with men averaging 1-3 people a session and women 10+. There is a large difference between the average age of the men's group and women's group and this could be potentially be contributing to the issue.

Heightened 1-1 support - There has been an increase in the support being offered to the men's group, specifically through a number of complex cases that have been referred in by Adult Social Services. The CDW has been having weekly catch ups with these service users and liaising with the Adult Social Services team, the police, hospitals and Community Psychiatric Nurse (CPN) teams alongside other services to best help support these people around issues including sexual assault, suicide attempts, sextortion and homelessness.

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Reopening face to face group services – More recently there has been work ongoing to reintroduce some face to face provision for the groups, especially considering the social isolation and loneliness that these communities face, alongside the poor digital take up from the men. The groups are now risk assessed and approved to be meeting up in person. The risk assessment is for both the men's and women's groups to meet in groups of up to 8 people.

BEHIND THE SCENES

We deliver web-based services through our website www.mesmac.co.uk and develop health promotion materials in line with the Information Standard principles which means that the information we produce is high quality, evidence-based, balanced, user-led, clear and accurate.

This year 45,854 people have used our website.

Yorkshire MESMAC has continued to meet the requirements of the **Investors in People** Standard.

VOLUNTEERING

We offer volunteering opportunities within most of our services and are committed to involving and engaging members of LGBTQ+ communities, people who are most at risk of HIV transmission and PLWH. We also value the time that people within the communities that we serve put aside to better support the sexual health of their communities. We are happy to say 85 volunteers have retained their volunteer status with us during 20-21.

FINANCIAL REVIEW

Income in 2020-21 was £1,842,209, slightly down on the previous year which was reflected across all income streams but in particular from trading activities which were adversely affected by Covid-19. Our unrestricted net income was £176,909 in part due to a reduction in expenditure costs as direct result of Covid-19 restrictions. We also made further unrealised gains on investment of £188,234 resulting from a changed emphasis in our portfolio of investments and the economic environment.

We continue to secure short term funds from a variety of none recurrent funding sources, across all areas of our work, but with a particular emphasis this year on addressing the impact of Covid-19 on our most vulnerable service users. Our income from donations has continued to rise over this period.

This year we have continued to manage some small grants for emerging community groups particularly serving the Trans community. Donations remain small but growing with a significant legacy gifted to us and disclosed in note 26. The income from our Trading Company allows trading income generated to be entirely ring fenced from grant funding.

Our Senior Management and Finance Team need congratulating managing our finances through this difficult period.

Reserves

The Board of Trustees (BOT) regularly reviews the charity's reserves requirement. Based on this our policy is to aim to maintain at minimum three months of budgeted expenditure as net current assets in reserves with the aim of reaching 6 months and to include monies to cover 100% outstanding commitments on our

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leasehold properties, calculating a minimum commitment on all leases of 5 years and including the cost of any required dilapidations and reparation works to the buildings.

The overall target this year using our budgeted expenditure is £1,209,408 the present level of net current assets and fixed asset investments available to the charity mainly in cash is £1,612,374 which means we have exceeded our overall target this year.

The Trustees aim to use funds from these cash balances to support the organisation's development in particular our Mental Health and Wellbeing offer and to expand our geographical footprint, where feasible.

In the current economic climate we feel it is essential that we maintain a strong reserve position and ensure the most appropriate use of funds. Our focus is on ensuring that investment in long term operational and financial sustainability has the highest impact on the needs of our service users.

Review of Reserves

The charity had total reserves at the end of the reporting period of	£ 2,137,720
Amount of that total that was restricted to specific use by funders was	£ 219,400
Leaving unrestricted amounts of	£ 1,918,320
Within unrestricted funds are amounts designated of	£ 211,520
The only material amounts are	£ 200,737
Which represents the net book value of property and leasehold improvements and will reduce in line with the charity's depreciation policy	
And	£ 90,000
To increase the capacity of the Senior Management team and appoint a Coordinator, to drive forward our Mental Health services by early 2022. Both to be self-financing by March 2023.	
The general fund remaining after designations is	£ 1,613,536
Of which	£ 1,162
Would only be realisable by disposing of tangible fixed assets leaving	£ 1,612,374
Of free reserves	

Going Concern

As Trustees we consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. We have formed this view based on the following factors:-

- Our current contract and financial performance plus cash and investments position together with our prudent reserves policy
- We have multiple funding streams and, a well-developed management and governance structure, which has an inbuilt flexibility to adapt to mitigate potential loss of contracts which is further mitigated as employees working on such contracts would be covered by TUPE to transfer to a new service provider
- We actively manage business risks. We adopt a planning process, including budget projections which takes into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure.
- Given the timeframes inherent in the main areas of our funding the charity would have time to plan and reconfigure the organisational structure in line with any radical change in income and potential geographical reach.

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Remuneration policy for key management personnel

The overall goal of Yorkshire MESMAC's pay policy is always to offer fair pay to attract and keep appropriately qualified staff to lead, manage, support and/or deliver the charity's aims.

Trustees are ultimately responsible for setting remuneration levels for the charity's senior staff.

In deciding levels of pay and rewards Trustees consider:

- the purposes, aims and values of the charity and its beneficiaries needs
- how this impacts on overall pay policy for all employees, and for the senior staff in particular, including whether a 'discount' compared with pay for similar roles in other sectors is appropriate
- the types of skills, experiences and competencies that the charity needs from its senior staff, the specific scope of these roles and the link to pay
- the charity's current business plan and how the implementation of this plan may affect the number of senior staff the charity needs to employ or recruit and the nature of these roles
- the charity's ability to pay – this includes the cost to the charity of raising pay, and whether it is sustainable, and how appropriate the level of pay, and any pay increase, is in the context of the charity, as measured against the needs of its charitable purposes and beneficiaries
- the likely impact on, and views of, beneficiaries, donors, funders, volunteers and potential volunteers, where appropriate

Yorkshire MESMAC senior management team (currently Operations Managers, Finance/Administration Manager and CEO) are linked to the appropriate point on the NJC pay scale, decided by the criteria above. Trustees review of senior pay at regular intervals to ensure we offer fair pay to attract and retain staff.

Principal sources of funding

Principal sources of Funding continue to be from government grants for example HIV prevention and social support work in Bradford, Hull, Leeds, are provided through local authorities.

In Rotherham and North Yorkshire & York we have partnerships with the local sexual health services Rotherham NHS Foundation Trust and YorSexual Health.

The psychological therapies part of our mental health work in Bradford is commissioned by Bradford District Care Trust. Bradford Districts Clinical Commissioning Group supported online outreach and resources developed by LGBTQ+ young people to improve mental health and wellbeing.

Bradford local authority funds the Older People's Day Opportunities Project and working to prevent suicide in LGBTQI+ communities.

Time to Shine LGBTQ+ Community Development Programme in Leeds continued to be funded by the Big Lottery until March 2021.

The Heritage Lottery Fund provided 95% of the income for Queer Stories an LGBTQ+ Oral History project which finished in May 2020. Comic Relief continued to fund the Men's Total Health Project.

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Alongside the short-term projects funded by, the Erasmus Programme and partnership work via the PHE Innovations fund, we received a number of interim grants to support our response to the Covid-19 pandemic to mitigate the impact this had on our most vulnerable service users facing mental health, financial and digital challenges. Further work was also funded in Bradford and latterly Wakefield to encourage marginalised communities with vaccine take-up.

Investment policy

Investment Objective

To hold sufficient unrestricted reserves to meet the reserves policy designed to maintain the charity through difficult financial periods and to maintain the real value of those reserves and to generate income from those reserves to supplement the costs of providing the range of services provided by Yorkshire MESMAC.

To maintain sufficient liquidity in the form of bank deposits to cover any short term liquidity requirements.

To invest any additional reserves above a liquidity requirement with a total return investment objective seeking income generation with an additional aim of at least maintaining the value of those reserves over time after adjusting for RPI inflation.

Risk Profile

The Investments are to be managed at a *medium* level of risk. This means that there will be moderate risk to the invested capital but increased opportunities for longer-term growth in both capital and income. The prospects of short-term volatility are consequentially greater.

The investment portfolio will be broadly balanced between equities and non-equities by the use of cash deposits and collective investments exposed to a diversified spread of equities and fixed interest investments. There may be some exposure to other asset classes within such funds.

Investment Restrictions

There are to be no specific investment restrictions.

Investment Management

The trustees have decided not to appoint a discretionary investment manager at this stage but to utilise collective investment funds to achieve diversification. It is felt that at this stage the likely overall value invested does not justify the costs of an external discretionary investment manager.

The investments will be monitored by the Finance Administration Manager, the CEO and the Finance Business Development Committee (FBDC) on a regular basis.

Asset Collective Allocation (excluding cash deposits)

Charitable Investment Funds – 100%

Communication and Review Process

Investment held will be monitored by the Finance Administration Manager and periodically reviewed by the CEO and the FBDC at their meetings 4 times a year.

Yorkshire MESMAC
Trustees' annual report
for the year ended 31 March 2021

Current Cash Assets

Current cash assets continued to be distributed across a number of unconnected banks to ensure the funds are secure and by managing these deposits carefully we have increased income modestly while managing risk.

PLANS FOR FUTURE PERIODS (2021-22)

In order to meet our aims it is essential that Yorkshire MESMAC Group of Services protects current sources of funding and attracts additional and sustainable funding revenues. We know that local authorities' Public Health Budgets are under continuing strain and will continue to be so as a result of Covid-19, taken together with competitive tendering we will need to continue to identify and develop new ways of working and new strategic partnerships/joint ventures local, regionally and nationally.

Covid-19 will continue to have a disproportionate impact on the communities we work with for years to come. Mental health and Wellbeing issues, in particular, have been thrown into stark relief. The Board of Trustees has taken the decision to invest in a strategic role in the organisation that will drive forward our mental health and wellbeing offer and ensure that mental health enjoys a parity of esteem with sexual health across the organisation.

In order to improve the sexual health offer across our area we are committed to working in partnership with clinical colleagues, to improve their offer and widen our own to Most at Risk Populations (MARPS). We know that HIV and STIs are not a static or stable epidemic; as it changes we must react in order to ensure that those at most risk and those in most need are properly served. As new technologies emerge and become financially viable we need to harness them.

Following the success of the IMPACT trial PrEP and effective lobbying PrEP is now routinely available on the NHS. However, not everyone who needs it are accessing PrEP. Therefore, we are committed to taking action that lowers institutional and knowledge barriers to access PrEP and we will redouble our efforts to ensure that women and Black African people in particular have equal access to PrEP.

We are delighted to host workers from the Leeds Gender Identity clinic; we know we can and must do more. Including better training for our people on Trans+ issues. We will continue to work with Trans+ groups across our footprint to increase access and capacity and appropriateness of local services. We look forward to publishing our joint research with The Open University on access to adult gender identity clinical services in England

By maintaining the principles set out in the Information Standard, we are demonstrating our continued commitment to trustworthy health and social care information and we are providing an assurance that our internal processes are 'fit for purpose.'

We have over 30 years' experience working with Most at Risk and marginalised populations. This means we have developed an enormous amount of skill and knowledge working with these communities. We have committed to converting this knowledge and these skills into a programme of training, consultancy and organisational development that will increase the appropriateness, accessibility and acceptability of Sexual Health, Mental Health and Drug and Alcohol services. This work is supported by a dedicated member of staff initially funded through reserves, with the longer-term aspiration of it becoming self-financing and income generating.

Yorkshire MESMAC
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As well as expanding our geographical footprint we will increase the scope and depth of the offer across our present patch. Including improving our mental health offer for Lesbian, Gay Bisexual and Trans+ communities. Underpinning our growth is a commitment to using technology to communicate with and educate our target communities as well as making our services as barrier free as possible for users and potential service users. We will continue to invest in technology and share our learning with other organisations across the sector; including what we have learned from Covid-19 in terms of blended delivery and staff work life balance.

As trustees we are confident that the Charity is an ongoing concern and we look forward to another year, marked by dedication, creativity and high quality delivery.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

Yorkshire MESMAC is a company limited by guarantee, first registered on 12th August 1994, number 2958336 and was registered as a charity on 24th August 1994, number 1040407. The company was established under a Memorandum of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1

Recruitment, Appointment and Induction of Trustees

The Directors of the Company are also Charity Trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Trustees (BOT). Potential trustees are recruited via our website, through word of mouth and recommendations, the local voluntary sector volunteer units and recruitment via interested individuals and users of our service plus local relevant press. Health, finance, legal, administrative, personnel, training, strategic planning, safeguarding, local health commissioning and social care skills are represented on the Board of Trustees. The trustees wish to ensure that the makeup of the BOT fully represents the breadth of the communities we serve and is actively recruiting to address this issue. The BOT have also reviewed the skills mix on the board and continue to develop a supportive and effective induction process for new trustees.

Under the requirements of the Memorandum and Articles of Association trustees are formally appointed at the Annual General Meeting, also at every Annual General Meeting one-third of the trustees retire by rotation. The trustees who retire by rotation are those who have been longest in office since their last appointment or reappointment. Other trustees can be appointed throughout the year and have their appointment formalised at the Annual General Meeting.

Our process of trustee appointment and induction is.

Potential new trustees are asked to complete an Expression of Interest form along with our skills mix profile, which are sent to the chair.

The chair then has a discussion with the interested person to explain what the role involves in terms of time and commitment and the skills they can bring to the organisation, and can benefit from in return. This meeting is also to give a potential trustee the tools they need to contribute to the BOT (e.g. explanation of jargon, acronyms), and to discuss any needs they may have to allow them to participate fully in BOT (e.g. childcare, sign language interpreter).

Yorkshire MESMAC
Trustees' annual report
for the year ended 31 March 2021

Potential BOT members receive an information pack and are invited to attend three meetings as observers, this gives them a chance to ask questions and gain an overview of the organisation and their potential role within it.

If a trustee is a returning with less than a gap of three years, they observe at one meeting.

All trustees introduce themselves at the beginning of meetings when there are new people in attendance.

Following attendance at three meetings the BOT make a decision whether to invite the potential trustee to join the BOT, in the case of a returning trustee (see above) the decision can be made after one meeting.

The chair contacts the potential trustee to get their feedback, address any concerns expressed by them or the BOT, clarify the role of the BOT within the organisation and establish if they are still happy to join the BOT.

When new trustees want to visit any projects they make arrangements themselves via contact information given by Senior Management.

Enhanced DBS checks are carried out all trustees, before they are registered as a director at Companies House.

Within one month of joining as a trustee there is a requirement to complete an online Level 1 Safeguarding course, for both Adults and Children.

- This year, a "Buddy" arrangement for new Trustees has been developed, which pairs them with an existing Trustee, who provides practical support, and answers any questions they have for example; about the organisation or specific agenda items. The "Buddy" relationship has no specified end date, and lasts as long as the new Trustee feels it is helpful.

The trustees are kept up to date with the practical work of the charity through their individual involvement in the work of the charity and their committee work. Yorkshire MESMAC has seven regional offices in Bradford, Hull, Rotherham, Leeds, Wakefield, York and Northallerton.

Organisational Structure

Yorkshire MESMAC currently has a Board of Trustees (BOT) of 15 members from a variety of professional and personal backgrounds relevant to the work of the charity. They meet four times a year as a full board and attend a further 4 committee meetings. They are responsible for the strategic direction, policy monitoring and development, employment procedures and proper fiscal oversight of the charity. They review strategic plans for the organisation in line with negotiated contracts in order to ensure that the highest quality services are provided for our target groups. Further aims of the BOT are to maintain an overview of the organisation, to safeguard the values and principles of the organisation.

The Board appoints a Chair, Vice Chair and Treasurer and there is a Lead Safeguarding trustee. The Finance/Administration Manager sits on the BOT as Company Secretary but has no voting rights.

The trustees can appoint one or more committees of three or more trustees to perform any function or duty, which the trustees agree would be better carried out by a committee. At present the three core committees are Finance and Business Development (FBD) Governance (G) and Human Resources (HR). All Committees have a minimum membership of three trustees and one senior staff member.

Yorkshire MESMAC
Trustees' annual report
for the year ended 31 March 2021

Each trustee is member of one committee and the committees report back, via their chair, to the main BOT meetings which are 4 times a year, including the AGM. This allows trustees to have a greater chance to contribute to the governance of the charity.

The Governance Committee leads on the policy review of the organisation, with input from the HR and FBD committees (where appropriate); reviews the organisational Risk Register and is responsible for maintaining the skills audit of the Trustees. The HR Committee has continued to streamline the procedures for recruitment of staff, volunteers and trustees and the Finance and Business Development Committee has continued its work overseeing the financial procedures and funding developments within the organisation.

Annually the BOT has an Away Day to discuss the progress of the Business Development and Strategic plan for the organisation. The Senior Management team are invited join them for the latter part of the meeting.

A scheme of delegation is in place within the organisation and day to day responsibility for the provision of the service rests essentially with the Chief Executive, who has regular 121s with the Chair of the BOT.

The Chief Executive takes responsibility for negotiating contracts, ensuring that contract obligations are met and works closely with the Operations Manager-Human Resources (OM –HR) and the Operations Manager - Technical (OM-T) with relation to staff workload and implementation of agreed work plans and with the Finance/Administration Manager (FAM) on financial management. This group of staff constitutes the Senior Management Team and meets regularly to plan and implement the work of the organisation as a whole.

The two Operations Managers have responsibility for the day to day operational management of Yorkshire MESMAC and the overall management of staff supervision. The OM-HR ensures that the team continues to develop their skills and working practices in line with good practice and the OM-T takes the lead on systems including property and IT infrastructure. The FAM has responsibility for the day to day financial management of organisation and manages the Admin/Finance team.

Given the ongoing development of Yorkshire MESMAC group of services, the trustees in partnership with staff continue to review our aims ensuring that they reflect the needs of our expanding service user groups.

Risk Management

The major risks, to which the charity is exposed, as identified by the Trustees and staff, are managed through the remit of the Committee system which regularly updates the Organisational Risk Register in partnership with the Senior Management Team.

Areas of risk assessed and mitigations put in place include:

- ❖ **Governance**
- ❖ **Operations**
- ❖ **Financial**
- ❖ **External Factors**

Procedures are in place to ensure compliance with Health and Safety of staff, volunteers, service users and visitors to the Yorkshire MESMAC buildings.

Yorkshire MESMAC
Trustees' annual report
for the year ended 31 March 2021

The Serious Incident Policy ensures that any risks are managed effectively, in a timely manner and with the involvement of all senior management, trustees and governing bodies.

The Governance Committee is the main driver of the review of all policies and procedures and ensure that they continue to meet the needs of the charity.

All BOT members and senior staff annually update their declaration of interest forms and all BOT meetings have this as a standing item on the agenda to ensure all potential clashes of interest are highlighted and acted upon.

Fundraising

Yorkshire MESMAC receives donations from members of the public and organisations, as well as legacies and sponsorship. It does not however, employ the services of a professional fundraiser or solicit donations from particular individuals or groups of people at large. Individuals can choose to donate to Yorkshire MESMAC using a donations button on the organisation's websites.

Because of this, the charity has not seen it necessary to undertake to be bound by any voluntary scheme for regulating fundraising or voluntary standard for fundraising in respect of activities on behalf of the charity. Therefore, there have been no failures to comply with such a standard.

Fundraising activities are carried out by persons and organisations on behalf of, but not commissioned by, Yorkshire MESMAC. Generally, these take the form of sponsored activities, charity of the year collections, small scale events etc. Yorkshire MESMAC does not currently monitor these, prior to the funds being handed over.

No complaints have been received by the charity concerning fundraising activities or as far as Yorkshire MESMAC is aware, by any person or organisation contributing funds.

Yorkshire MESMAC
Trustees' annual report
for the year ended 31 March 2021

Statement of responsibilities of the trustees

The trustees (who are also directors of Yorkshire MESMAC for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditors are unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Yorkshire MESMAC
Trustees' annual report
for the year ended 31 March 2021

Auditors

Slade & Cooper Ltd were re-appointed as the charitable company's auditors during the year and have expressed their willingness to continue in that capacity.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 1st December 2021 and signed on their behalf by

Steve Bridge

Chair

Independent auditors' report
to the Members and Trustees of
Yorkshire MESMAC

Opinion

We have audited the financial statements of Yorkshire MESMAC (the 'parent charitable company') and its subsidiary for the year ended 31 March 2021, which comprise the Consolidated Statement of Financial Activities (including the income and expenditure account), the Balance Sheets of the group and the parent charitable company, the Consolidated Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and charitable company's affairs as at 31 March 2021, and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or parent charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Independent Auditor's Report (continued)

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we

conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the group and parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Act 2011 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 31, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or parent charitable company or to cease operations or have no realistic alternative but to do so.

Independent Auditor's Report (continued)

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee

that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect

of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- enquiry of management and those charged with governance around actual and potential litigation and claims.
- enquiry of the charity's staff, management and those charged with governance to identify any instances of non-compliance with laws and regulations.
- reviewing minutes of meetings of those charged with governance.
- reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's members and its trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Independent Auditor's Report
(continued)**

Catherine Hall FCCA DChA

Senior Statutory Auditor

for and on behalf of

Slade & Cooper Limited
Statutory Auditors
Beehive Mill
Jersey Street
Manchester
M4 6JG

Date: **17th December 2021**

Slade & Cooper Limited is eligible to act as an auditor in terms of section 1212 of the Companies Act
2006

Yorkshire MESMAC
Consolidated Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	12,294	1,980	14,274	9,940
Charitable activities:	4	1,451,818	354,419	1,806,237	1,870,593
Other trading activities	5	20,740	-	20,740	43,503
Investments	6	958	-	958	1,251
Total income		1,485,810	356,399	1,842,209	1,925,287
Expenditure on:					
Raising funds	7	9,913	-	9,913	16,892
Charitable activities:	8	1,298,988	236,056	1,535,044	1,752,271
Total expenditure		1,308,901	236,056	1,544,957	1,769,163
Net income/ (expenditure) before net gains/(losses) on investments		176,909	120,343	297,252	156,124
Unrealised gains/(losses) on investments		188,234	-	188,234	(72,763)
Net income/(expenditure) for the year	10	365,143	120,343	485,486	83,361
Transfer between funds		-	-	-	-
Net movement in funds for the year		365,143	120,343	485,486	83,361
Reconciliation of funds					
Total funds brought forward		1,553,177	99,057	1,652,234	1,568,873
Total funds carried forward		1,918,320	219,400	2,137,720	1,652,234

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Yorkshire MESMAC
Company number 02958336

Balance Sheets
as at 31 March 2021

	Note	The Group		The Charity	
		2021 £	2020 £	2021 £	2020 £
Fixed assets					
Tangible assets	15	201,899	213,588	201,899	213,588
Investments	16	1,034,923	696,689	1,034,923	696,689
Total fixed assets		1,236,822	910,277	1,236,822	910,277
Current assets					
Debtors	19	114,322	125,078	114,322	132,048
Cash at bank and in hand		852,464	677,715	847,338	666,901
Total current assets		966,786	802,793	961,660	798,949
Liabilities					
Creditors: amounts falling due in less than one year	20	(65,888)	(60,836)	(64,988)	(61,828)
Net current assets		900,898	741,957	896,672	737,121
Total assets less current liabilities		2,137,720	1,652,234	2,133,494	1,647,398
Net assets		2,137,720	1,652,234	2,133,494	1,647,398
The funds of the charity:					
Restricted income funds	22	219,400	99,057	219,400	99,057
Unrestricted income funds	23	1,918,320	1,553,177	1,918,320	1,548,341
Total charity funds		2,137,720	1,652,234	2,133,494	1,647,398

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 40 to 58 form part of these accounts.

Approved by the trustees on **1st December 2021** and signed on their behalf by:

.....
Sue Pascoe (Treasurer)

Yorkshire MESMAC
Consolidated Statement of Cash Flows
for the year ending 31 March 2021

	Note	2021 £	2020 £
Cash provided by/(used in) operating activities	27	323,791	226,476
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		958	1,251
Purchase of tangible fixed assets		-	(1,029)
Purchase of investments		(150,000)	(50,000)
Cash provided by/(used in) investing activities		(149,042)	(49,778)
Increase/(decrease) in cash and cash equivalents in the year		174,749	176,698
Cash and cash equivalents at the beginning of the year		677,715	501,017
Total cash equivalents at the end of the year		852,464	677,715

Notes to the accounts for the year ended 31 March 2021

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Yorkshire MESMAC meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Group financial statements

These financial statements consolidate the results of the charitable company and its wholly-owned subsidiary Yorkshire MESMAC Trading Ltd. on a line by line basis. A separate Statement of Financial Activities and Income and Expenditure account are not presented for the charity itself following exemptions afforded by section 408 of the Companies Act 2006.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

There are no key judgments which the trustees have made which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Notes to the accounts for the year ended 31 March 2021 (continued)

d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service it is deferred until the criteria for income recognition are met.

e Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general time of volunteers is not recognised and refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

g Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Notes to the accounts for the year ended 31 March 2021 (continued)

h Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of commercial trading and its associated support costs.
- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 9.

j Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

k Tangible fixed assets

Individual fixed assets costing £1,000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Freehold building	2%
Fixtures and Fittings	25%
Computer Equipment	33%
Leasehold improvements	over the lease period

At the date of first time transition to FRS102 (1st April 2014) the trustees have chosen to use an estimate of fair value as the deemed cost of the freehold building. There is no obligation to periodically revalue.

l Fixed asset investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The Charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

m Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Notes to the accounts for the year ended 31 March 2021 (continued)

n Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

q Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 11. There were no outstanding contributions at the year end. The costs of the defined contribution scheme are included within support and governance costs and allocated to the funds of the charity using the methodology set out in note 9.

The money purchase plan is managed by Legal and General and the plan invests the contributions made by the employee and employer in an investment fund to build up over the term of the plan a pension fund which is then converted into a pension upon the employee's normal retirement year age when eligible for a state pension. The total expense ratio of the plan is 0.50% and this is deducted from the investment fund annually. The charity has no liability beyond making its contributions and paying across the deductions for the employee's contributions. There were no contributions outstanding at the year-end.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2021 £
Donations	12,194	1,980	14,174
Legacies	100	-	100
Total	12,294	1,980	14,274
Previous reporting period			
	Unrestricted £	Restricted £	Total 2020 £
Donations	3,260	6,680	9,940
Total	3,260	6,680	9,940

Notes to the accounts for the year ended 31 March 2021 (continued)

4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2021 £
Grants and Service Level Agreements			
HIV & Sexual Health			
Bradford MDC	219,996	-	219,996
Hull City Council	450,000	-	450,000
Leeds City Council	161,600	-	161,600
York Teaching Hospital NHS Foundation Trust	250,956	-	250,956
Rotherham NHS Foundation Trust	150,000	-	150,000
Wakefield MDC	156,810	-	156,810
Public Health England	-	33,423	33,423
Other Sundry Grants (below £10k)	100	6,000	6,100
Mental Health & Wellbeing			
Bradford District CCG	-	25,644	25,644
Bradford MDC	-	14,000	14,000
Bradford District NHS Foundation Tst	24,284	-	24,284
Comic Relief	-	42,595	42,595
Other Sundry Grants (below £10k)	6,635	-	6,635
Community Development			
Leeds Older People's Forum	-	27,691	27,691
Big Lottery	-	60,000	60,000
Bradford MDC	-	29,895	29,895
Comic Relief	-	25,637	25,637
Heritage Lottery Fund	-	55,947	55,947
Open University	-	29,439	29,439
Other Sundry Grants (below £10k)	12,000	4,148	16,148
Subtotal for Grants and SLAs	1,432,381	354,419	1,786,800
Fees and Other Income			
Training, consultancy & other	19,437	-	19,437
Total	1,451,818	354,419	1,806,237

Yorkshire MESMAC

Notes to the accounts for the year ended 31 March 2021 (continued)

Previous reporting period

	Unrestricted £	Restricted £	Total 2020 £
Grants and Service Level Agreements			
HIV & Sexual Health			
Comic Relief	-	6,877	6,877
Bradford MDC	219,996	-	219,996
City of York Council	-	2,500	2,500
Hull City Council	500,000	-	500,000
Leeds City Council	161,600	-	161,600
York Teaching Hospital NHS Foundation Trust	254,704	-	254,704
Rotherham NHS Foundation Trust	125,000	-	125,000
Preventx	15,000	-	15,000
Wakefield MDC	156,810	-	156,810
Other Sundry Grants (below £10k)	8,503	8,310	16,813
Mental Health & Wellbeing			
Bradford District CCG	-	25,644	25,644
Bradford MDC	-	19,896	19,896
Bradford District NHS Foundation Tst	24,284	-	24,284
Comic Relief	-	46,637	46,637
Community Development			
Leeds Older People's Forum	-	24,537	24,537
British Council	-	40,706	40,706
Garfield Weston	-	12,000	12,000
Heritage Lottery Fund	-	135,693	135,693
Open University	-	23,300	23,300
The Love Tank CIC	-	12,500	12,500
Other Sundry Grants (below £10k)	16,633	4,690	21,323
Subtotal for Grants and SLAs	1,482,530	363,290	1,845,820
Fees and Other Income			
Training, consultancy & other	24,773	-	24,773
Total	1,507,303	363,290	1,870,593

Yorkshire MESMAC

Notes to the accounts for the year ended 31 March 2021 (continued)

5 Income from other trading activities

	2021 £	2020 £
Rental Income	740	3,045
Commercial Trading Operations		
Yorkshire MESMAC Trading Ltd.	20,000	40,458
	<hr/>	<hr/>
	20,740	43,503
	<hr/> <hr/>	<hr/> <hr/>

All income from other trading activities is unrestricted.

6 Investment income

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

7 Cost of raising funds

	2021 £	2020 £
Commercial Trading Operations		
Trading Subsidiary Direct Costs	9,913	16,892
	<hr/>	<hr/>
	9,913	16,892
	<hr/> <hr/>	<hr/> <hr/>

All expenditure on cost of raising funds is unrestricted.

Yorkshire MESMAC

Notes to the accounts for the year ended 31 March 2021 (continued)

8 Analysis of expenditure on charitable activities

	Community Development	HIV & Sexual Health	Mental Health	PASH	Total 2021
	£	£	£	£	£
Staff costs	90,750	806,651	55,371	5,872	958,644
Overheads	27,785	154,644	10,019	-	192,448
Bad Debts	-	-	-	-	-
Project costs	34,962	95,962	16,749	-	147,673
Depreciation	11,689	-	-	-	11,689
Volunteers	6,704	61	-	-	6,765
Governance costs (see note 9)	6,024	42,217	3,749	-	51,990
Support costs (see note 9)	22,931	131,735	11,169	-	165,835
Total	200,845	1,231,270	97,057	5,872	1,535,044

	2021 £	2020 £
Restricted expenditure	236,056	330,619
Unrestricted expenditure	1,298,988	1,421,652
	1,535,044	1,752,271

Previous reporting period

	Community Development	HIV & Sexual Health	Mental Health	PASH	Total 2020
	£	£	£	£	£
Staff costs	151,453	850,791	66,621	11,928	1,080,793
Overheads	39,883	160,491	10,560	3,274	214,208
Bad Debts	-	-	-	-	-
Project costs	13,484	168,313	10,932	28	192,757
Depreciation	11,689	-	-	-	11,689
Volunteers	12,187	979	-	-	13,166
Governance costs (see note 9)	20,938	40,578	2,604	749	64,869
Support costs (see note 9)	24,192	137,437	10,420	2,740	174,789
Total	273,826	1,358,589	101,137	18,719	1,752,271

Yorkshire MESMAC

Notes to the accounts for the year ended 31 March 2021 (continued)

9 Analysis of governance and support costs

	Basis of apportionment	Support £	Governance £	Total 2021 £
Staff costs	Time spent or by floor area	139,030	43,350	182,380
Office costs	Floor area	26,805	-	26,805
Audit fees	Governance	-	4,920	4,920
Accountancy services	Governance	-	3,720	3,720
		<hr/>	<hr/>	<hr/>
		165,835	51,990	217,825
		<hr/>	<hr/>	<hr/>

Previous reporting period

	Basis of apportionment	Support £	Governance £	Total 2020 £
Staff costs	Time spent	165,377	38,898	204,275
Office costs	Floor area	9,412	-	9,412
Audit fees	Governance	-	4,920	4,920
Accountancy services	Governance	-	3,720	3,720
		<hr/>	<hr/>	<hr/>
		174,789	47,538	222,327
		<hr/>	<hr/>	<hr/>

10 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2021 £	2020 £
Depreciation	11,689	11,689
Operating lease rentals:		
Property	14,901	31,500
Other	5,760	5,976
Auditor's remuneration - audit fees	4,100	4,100
Auditor's remuneration - accountancy fees	3,100	3,100
	<hr/>	<hr/>

Notes to the accounts for the year ended 31 March 2021 (continued)

11 Staff costs

Staff costs during the year were as follows:

	2021 £	2020 £
Wages and salaries	996,989	1,073,489
Social security costs	75,671	81,447
Pension costs	46,992	47,657
Staff related costs	12,503	61,794
Holiday Pay	8,869	20,681
	<hr/>	<hr/>
	1,141,024	1,285,068
	<hr/>	<hr/>
Allocated as follows:		
Charitable activities	958,644	1,080,793
Support costs	139,030	165,377
Governance costs	43,350	38,898
	<hr/>	<hr/>
	1,141,024	1,285,068
	<hr/>	<hr/>

No employees have employee benefits in excess of £60,000 (2020: Nil).

The average number of staff employed by the group during the period was 52 (2020: 59).

The average full time equivalent number of staff employed by the group during the period was 36 (2020: 38).

The average number of staff employed by the charity during the period was 52 (2020: 59).

The average full time equivalent number of staff employed by the charity during the period was 36 (2020: 38).

The key management personnel of the charity comprise the trustees, the Chief Executive Officer, both Technical & HR Operations Managers and the Finance Manager. The total employee benefits of the key management personnel of the charity were £169,586 (2020: £188,617).

12 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or during the year (2020: Nil).

(2020: 4) Members of the management committee received travel and subsistence expenses during the year of £Nil (2020: £1,940).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2020: nil).

Notes to the accounts for the year ended 31 March 2021 (continued)

13 Government grants

The government grants recognised in the accounts were as follows:

	2021 £	2020 £
NHS Bradford Districts CCG	25,644	25,644
Bradford District NHS Foundation Tst	24,284	24,284
Bradford Metropolitan District Council	263,891	239,892
City of York Council	-	2,500
York Teaching Hospital NHS Foundation	250,956	254,704
Hull City Council	450,000	500,000
Leeds City Council	161,600	161,600
Wakefield Metropolitan District Council	156,810	156,810
Rotherham NHS Foundation Trust	150,000	125,000
Public Health England	33,423	-
	<hr/>	<hr/>
	1,516,608	1,490,434
	<hr/>	<hr/>

There were no unfulfilled conditions and contingencies attaching to the grants.

14 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

The charity's trading subsidiary Yorkshire MESMAC Trading Ltd. gift aids available profits to the parent charity. Its charge to corporation tax in the year was:

	2021 £	2020 £
UK corporation tax at 19% (2020: 19%)	-	-
	<hr/>	<hr/>

Notes to the accounts for the year ended 31 March 2021 (continued)

15 Fixed assets: tangible assets**The charity**

	Freehold Property	Leasehold improvements £	Fixtures & Fittings £	Computer equipment £	Total £
Cost					
At 1 April 2020	230,341	128,847	41,203	5,468	405,859
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
At 31 March 2021	230,341	128,847	41,203	5,468	405,859
Depreciation					
At 1 April 2020	46,845	100,823	39,135	5,468	192,271
Charge for the year	5,087	5,696	906	-	11,689
Disposals	-	-	-	-	-
At 31 March 2021	51,932	106,519	40,041	5,468	203,960
Net book value					
At 31 March 2021	178,409	22,328	1,162	-	201,899
<i>At 31 March 2020</i>	<i>183,496</i>	<i>28,024</i>	<i>2,068</i>	<i>-</i>	<i>213,588</i>

There are no fixed assets held by the subsidiary company

16 Investments

	The group		The charity	
	2021 £	2020 £	2021 £	2020 £
Market value at the start of the year	696,689	719,452	696,689	719,452
Additions to investments at cost	150,000	50,000	150,000	50,000
Disposals at carrying value	-	-	-	-
Add net gain/(loss) on revaluation	188,234	(72,763)	188,234	(72,763)
	1,034,923	696,689	1,034,923	696,689
Cash held by investment broker pending reinvestment	-	-	-	-
Market value at the end of the year	1,034,923	696,689	1,034,923	696,689
Investments comprised:				
Listed investments	1,034,923	696,689	1,034,923	696,689
Cash held in the investment portfolio	-	-	-	-
	1,034,923	696,689	1,034,923	696,689

Investments are all carried at fair value and are all traded in quoted public markets. They are accumulation units in funds where investment income within the fund is reinvested in the fund. The increase in value is not shown separately as investment income but becomes part of the net unrealised gains or losses in overall market values of the funds at year end.

Yorkshire MESMAC

Notes to the accounts for the year ended 31 March 2021 (continued)

17 Subsidiary undertaking

The Charitable company owns UK subsidiary company Yorkshire MESMAC Trading Ltd., a company registered in England, Co. No. 08432642. The company has no share capital and is limited by guarantee. It has one single member which is the charity Yorkshire MESMAC. The subsidiary is used for non-primary purpose trading activities.

Available profits are gift aided to the charitable company. A summary of the results of the subsidiary is shown below:

Profit and loss account	2021 £	2020 £
Turnover	20,000	40,458
Cost of sales	(14,861)	(34,136)
Administration costs	(913)	(1,486)
Taxation	-	-
Donation to parent charity	(4,836)	(2,917)
Net profit	£ (610)	£ 1,919
Balance sheet	2021 £	2020 £
Fixed assets	-	-
Current assets	5,126	10,826
Creditors due in less than one year	(900)	(5,990)
	<hr/> £4,226	<hr/> £4,836
	<hr/>	<hr/>
Called up share capital	-	-
Profit and loss account	4,226	4,836
	<hr/> £4,226	<hr/> £4,836
	<hr/>	<hr/>

18 Parent charity

The parent charity's gross income and the results for the year are disclosed as follow:

	2021 £	2020 £
Gross income	1,832,907	1,906,476
Result for the year	486,097	81,442
	<hr/>	<hr/>

Notes to the accounts for the year ended 31 March 2021 (continued)

19 Debtors

	The group		The charity	
	2021 £	2020 £	2021 £	2020 £
Grants receivable	-	-	-	-
Trade debtors	57,844	56,674	57,844	56,674
Other debtors	12,500	36,704	12,500	36,704
Prepayments and accrued income	43,978	31,688	43,978	31,688
VAT	-	12	-	-
Amts due from group undertakings	-	-	-	6,982
	<u>114,322</u>	<u>125,078</u>	<u>114,322</u>	<u>132,048</u>

20 Creditors: amounts falling due within one year

	The group		The charity	
	2021 £	2020 £	2021 £	2020 £
Short term compensated absences (holiday pay)	29,550	20,682	29,550	20,682
Other creditors and accruals	36,338	33,054	35,438	32,154
Deferred income	-	7,100	-	8,992
	<u>65,888</u>	<u>60,836</u>	<u>64,988</u>	<u>61,828</u>

21 Deferred income

	The group		The charity	
	2021 £	2020 £	2021 £	2020 £
Deferred income brought forward	7,100	50,000	8,992	50,000
Released to income	(7,100)	(50,000)	(8,992)	(50,000)
Deferred in the current year	-	7,100	-	8,992
	<u>-</u>	<u>7,100</u>	<u>-</u>	<u>8,992</u>

Income has been deferred due to money being received for consultancy in advance of delivery.

Notes to the accounts for the year ended 31 March 2021 (continued)

22 Analysis of movements in restricted funds

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
Charitable Activities					
HIV & Sexual Health					
P Easy	-	6,000	-	-	6,000
Gypsy Traveller Work	-	33,423	(3,155)	-	30,268
York LGBTQ Youth	1,677	-	(1,677)	-	-
Mental Health & Wellbeing					
Living Well	14,302	25,644	(23,465)	-	16,481
Counselling Donations	10,588	600	-	-	11,188
CR - Men's Total Health	25,465	42,595	(37,302)	-	30,758
Bradford Suicide Prevention	-	14,000	(14,000)	-	-
Community Development					
All Covid	-	10,000	(10,000)	-	-
Bradford Covid Prevention	-	10,000	(2,689)	-	7,311
Bradford OPDG	8,104	19,895	(19,723)	-	8,276
Erasmus 19-20	30,324	-	6,420	-	36,744
Comic Relief Recovery Fund	-	25,637	(19,817)	-	5,820
Healthy Communities	-	50,000	(220)	-	49,780
Leeds Older People's					
Forum - Time to Shine	15,006	27,691	(31,322)	-	11,375
Time to Shine donations	-	1,305	-	-	1,305
Love Tank	10,227	-	(10,227)	-	-
Nova - Wakefield	-	1,198	(1,198)	-	-
Open University	-	29,439	(29,295)	-	144
Heritage Lottery Fund	(24,985)	55,947	(30,962)	-	-
Queer Stories Donations	8,349	75	(7,024)	-	1,400
Sundry small grants	-	2,950	(400)	-	2,550
Total	99,057	356,399	(236,056)	-	219,400

Notes to the accounts for the year ended 31 March 2021 (continued)

22 Analysis of movements in restricted funds cont.

Previous reporting period

	<i>Balance at 1 April 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at 31 March 2020 £</i>
Charitable Activities					
HIV & Sexual Health					
HIV in the UK Digital	2,788	6,877	(9,665)	-	-
Wakefield MDC					-
- Trans engagement	760	-	(760)	-	-
PrEPster	-	8,310	(8,310)	-	-
York LGBTQ Youth	-	2,500	(823)	-	1,677
Mental Health & Wellbeing					
Living Well	14,006	25,644	(25,348)	-	14,302
Counselling Donations	9,276	6,111	(4,799)	-	10,588
CR - Men's Total Health	19,967	46,637	(41,139)	-	25,465
Bradford OPDG	-	19,896	(11,792)		8,104
Community Development					
Erasmus 18-19	9,398	1,855	(11,253)	-	-
Erasmus 19-20	-	38,851	(8,527)		30,324
GEO Advonet	-	4,690	(4,690)	-	-
Leeds Older People's				-	-
Forum	16,023	24,537	(25,554)	-	15,006
Love Tank	-	12,500	(2,273)		10,227
Open University	-	23,300	(23,300)	-	-
Heritage Lottery Fund	(8,292)	135,693	(152,386)	-	(24,985)
Queer Stories Donations	(4,220)	12,569	-	-	8,349
Total	59,706	369,970	(330,619)	-	99,057

Notes to the accounts for the year ended 31 March 2021 (continued)

22 Analysis of movements in restricted funds cont.

Name of restricted fund	Description, nature and purposes of the fund
HIV & Sexual Health	
P Easy	To address high rates of gonorrhoea in Black Caribbean men across London and Hull.
Gypsy Traveller Work	To improve sexual health outcomes for Gypsy and Traveller women within the City and Vale of York.
York LGBTQ Youth	To support LGBTQ* youth in York through the provision of peer support groups and 121 sessions
Mental Health & Wellbeing	
Living Well Project	Bradford CCG grant funding for promoting social wellbeing for LGBT+ people living in the Bradford District.
Counselling donations	Individual donations made to the counselling service.
CR - Men's Total Health	3 year project for GBT+ young men to boost self esteem and confidence through workshops encouraging physical activity.
Bradford Suicide Prevention	NHSE Preventing Suicide: LGBTQI+ communities living in the Bradford District.
Community Development	
All Covid	For the alleviation of financial hardships faced by PLWH in Bradford and Wakefield due to COVID.
Bradford Covid Prevention	COVID test and trace in vulnerable populations of Bradford.
Bradford OPDG	Day opportunities for older people in Bradford.
Erasmus	Grant provided through the Erasmus higher education exchange programme for staff and organisational development.
Comic Relief Recovery Fund	To address increased isolation as a result of COVID through digital engagement and counselling.
Healthy Communities	To reduce early deaths among marginalised communities by addressing causal structural inequalities.
Leeds Older People's Forum	Grant from the Ageing Well programme and administered by Leeds Older People's Forum to develop opportunities for older LGB&T* people in Leeds who are experiencing social isolation.
Love Tank	PHE Reproductive Health, Sexual Health and HIV Innovation Fund 2019-20 title Long Time No Syphilis Phase 11
Nova - Wakefield	Live Well Wakefield - Coronavirus Resilience Grant
Open University	The Integrating Care for Trans Adults (ICTA) project aims to improve NHS health care for trans (including non-binary) adults.
HLF Heritage Lottery Fund – Queer Stories	will celebrate LGBTQ+ cultures and communities in West Yorkshire by collecting Oral History Testimonies and material heritage, creating interactive elements like artworks, resources, tours and workshops inspired by these materials.
Deficits on funds are to be met by future income from the funder. Transfers out have been made to fund work that is covered by the original agreement or where the funder has agreed that it can be utilised elsewhere.	

Yorkshire MESMAC

Notes to the accounts for the year ended 31 March 2021 (continued)

23 Analysis of movement in unrestricted funds

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	As at 31 March 2021 £
General fund	1,320,611	1,674,044	(1,308,901)	(72,218)	1,613,536
Designated property	211,520	-	-	(10,783)	200,737
Training & comms coordinator	21,046	-	-	(6,999)	14,047
Mental Health &	-	-	-	90,000	90,000
	<u>1,553,177</u>	<u>1,674,044</u>	<u>(1,308,901)</u>	<u>-</u>	<u>1,918,320</u>

Previous reporting period

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	As at 31 March 2020 £
General fund	1,242,107	1,482,554	(1,414,833)	10,783	1,320,611
Designated property	222,303	-	-	(10,783)	211,520
Systems Manager	2,938	-	(2,938)	-	-
Training & comms coordinator	29,319	-	(8,273)	-	21,046
Safeguarding audit	12,500	-	(12,500)	-	-
	<u>1,509,167</u>	<u>1,482,554</u>	<u>(1,438,544)</u>	<u>-</u>	<u>1,553,177</u>

Name of	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds
Designated property	The current book value of property and leasehold improvements.
Systems Manager	To support the employment of a part time senior manager responsible for systems for a period of 2 years.
Training & comms coordinator	To ensure that all Yorkshire MESMAC's contracted training obligations are met, widen the training offer, increase the reputation of Yorkshire MESMAC in the sector and in the longer term generate income.
Safeguarding audit	To commission an external review of safeguarding practices and policies through the organisation to ensure all are robust and fit for purpose.
Mental Health & Wellbeing	To fund a Mental Health & Wellbeing post to develop our Mental Health and Wellbeing services starting April 2021 onwards.

Yorkshire MESMAC

Notes to the accounts for the year ended 31 March 2021 (continued)

24 Analysis of group net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	1,162	200,737	-	201,899
Fixed asset investments	1,034,923	-	-	1,034,923
Net current assets/(liabilities)	577,451	104,047	219,400	900,898
	<hr/>	<hr/>	<hr/>	<hr/>
Total	1,613,536	304,784	219,400	2,137,720
	<hr/>	<hr/>	<hr/>	<hr/>
Previous reporting period				
Tangible fixed assets	2,068	211,520	-	213,588
Fixed asset investments	696,689	-	-	696,689
Net current assets/(liabilities)	621,854	21,046	99,057	741,957
	<hr/>	<hr/>	<hr/>	<hr/>
Total	1,320,611	232,566	99,057	1,652,234
	<hr/>	<hr/>	<hr/>	<hr/>

25 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for

	Property		Equipment	
	2021 £	2020 £	2021 £	2020 £
Less than one year	36,651	14,901	5,760	5,760
One to five years	42,901	23,302	3,600	9,360
	<hr/>	<hr/>	<hr/>	<hr/>
	79,552	38,203	9,360	15,120
	<hr/>	<hr/>	<hr/>	<hr/>

There are no leases held by the subsidiary company.

26 Contingent assets

As at the year end the charity has been notified of a legacy the value of which is uncertain but is unlikely to exceed £25,000. The legacy has not been recognised in the accounts.

27 Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net income/(expenditure) for the year	297,252	156,124
Adjustments for:		
Depreciation charge	11,689	11,689
Loss/(profit) on sale of fixed assets	-	-
Dividends, interest and rents from investments	(958)	(1,251)
Decrease/(increase) in debtors	10,756	104,654
Increase/(decrease) in creditors	5,052	(44,740)
	<hr/>	<hr/>
Net cash provided by/(used in) operating activities	323,791	226,476
	<hr/>	<hr/>