

# **TRUSTEES ANNUAL REPORT**

**YEAR ENDING 31 AUGUST 2024**

**CHARITY NAME: RHOOSE LIFEGUARDS**

**REGISTERED: CHARITY NUMBER: 1039093**

## **NAME OF PRESIDENT AND VICE PRESIDENT:**

President: Mrs Denise Cooper

Vice President: Mr Lee Perry

## **NAMES OF THE CHARITY TRUSTEES WHO MANAGE THE CHARITY:**

<b>Office (if any)</b>	<b>Trustee Name</b>	<b>Date held (if not whole year)</b>
Chair	Karen O'Donoghue Harris	March 2024
Vice Chair	Simon Mason	March 2024
Club Captain	Simon Perry	
Vice Captain	Liz Wong	

## **COMMITTEE MEMEBRS:**

<b>Office (if any)</b>	<b>Trustee Name</b>	<b>Date held (if not whole year)</b>
Secretary	Lucy Thomas	
Treasurer	Catherine Evans	
Membership Secretary	Tina Woods	
Seniors/Masters Coordinator	Karen O'Donoghue Harris	
Junior Coordinator	Liz Wong	
Nipper Coordinator	Sarah Braddon	
IRB Captain	Ron Braddon	
Press Officer	Kiera Harris	
Safeguarding Officer	Jamilla Abbott	
Safeguarding Officer	David Brewer	
Grants	Matt Lloyd	March 2024

## **NAME OF ADVISOR**

Independent Examiner: Kelvin Grice

Bank: Lloyds Bank Online Treasurers Account

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Type of Governing Document: Constitution, amended November 2023

How the charity is constituted: An unincorporated association consisting of the executive committee and the members.

Trustee selection method: The trustees are the serving officers and committee members appointed or reappointed annually at the AGM.

## **OBJECTIVES AND ACTIVITIES**

### **Summary of the objects of the charity:**

The object of the charity is to save life, whether by prevention or by rescue from the beach in particular but not exclusively by:

- Promoting the water safety aspect of all beach activity.
- Developing beach lifesaving methods in all their aspects.
- Taking all necessary steps to comply with the basic patrol requirements and regulations of the board of Surf Lifesaving Association of Wales and Surf Lifesaving Association of GB.
- Working in association with bodies and organisations whose aims are conducive to the object of the club.
- Promoting the fitness and lifesaving skills of members by offering them coaching and competitive opportunities and enabling them to participate in lifesaving and affiliated sport.

### **Summary of the main activities undertaken for the public benefit in relation to these objects:**

The focus of our activities is training and developing lifeguards for the public benefit. We provide a programme of activities and training in the sport and skills of swimming, surf rescue, first aid, lifesaving, beach and water safety and encourage attainment of NVBLQ Lifeguard qualifications.

We encourage children from the age of 7, young people and adults, regardless of personal background, faith, gender or personal circumstances, to come together, join in, develop lifesaving skills and volunteer a little of their time to help Rhose Lifeguards deliver a sustainable supply of qualified lifeguards who patrol our beaches for the benefit and safety of all beach users.

We have also embarked on opening activities to those children under 7. Called Sand hopper's, we slowly introduce them to beach activities and the sea (only runs in the Summer months), this will make them aware of the activities the Nippers and Junior do because they all train on the same beach, and encourage them to go through the ranks.

Our volunteer coaches deliver a comprehensive programme of youth orientated events and activities which benefits young people by developing their self-confidence and social skills alongside increasing their physical activity, learning invaluable lifesaving skills and encouraging volunteering within the community.

## ACHIEVEMENTS AND PERFORMANCE

The club have had some remarkable achievements over the last year showing Rhoose Lifeguards are a force to be reckoned with.

The competition season kicked off with the Welsh Stillwater Championships. Our fantastic team of Nippers took 2<sup>nd</sup>, narrowly missing out on first place at the Welsh Stillwaters. They came 4<sup>th</sup> in the GB Stillwater Championships but were the highest placed Welsh club. A remarkable achievement.

Our Youth team placed 5<sup>th</sup> in the Welsh Still waters with our small team of Masters and Seniors placing 9<sup>th</sup> and 11<sup>th</sup> respectively.

The Juniors placed 4<sup>th</sup> overall at the British Still Waters and were the highest placed Welsh team.

After the Stillwater Champs the next competition was the Rhoose Ski Race.

This was 42<sup>nd</sup> Annual Rhoose Ski Race and saw competitors from all over the UK coming to Rhoose to battle it out in the tricky conditions of the Bristol Channel . With over 40 plus competitors racing this has become a massive fundraiser for the club so a big thank you to all who provided support.

Moving to the beach, at the Welsh Championships the Nippers came 3<sup>rd</sup>, Juniors 2<sup>nd</sup>, Seniors 3<sup>rd</sup> and Masters 3<sup>rd</sup>, with Rhoose taking 2<sup>nd</sup> overall in the aggregate points scoring. Excellent results from all Rhoose teams.

Moving on to the British Championships that were held in Dorset, the Nippers placed 7<sup>th</sup>, being the only Welsh club to make the top 10. Our small team of Juniors who travelled to the competition took 8<sup>th</sup> place and our Masters came 15<sup>th</sup>.

The Seniors came a fantastic 5<sup>th</sup> place in the British Open Championships that were held at Fistril Beach Newquay. This was the first time in years that Rhoose had taken a proper team to compete at the Open champs. A small team of 9 coming 5<sup>th</sup> overall out of 25 clubs racing is an outstanding achievement.

We had 4 members selected for the Welsh Team and 1 member, Evie Wong, selected for the GB team to compete at the World Lifesaving Championships in Australia, where she placed 2<sup>nd</sup> in the World! An absolute fantastic achievement! Two members were selected as Team GB reserves.

However, it's not all about competitions, the lifesaving aspect plays a very important part of the clubs' activities, we had another busy year of members gaining their Lifesaving awards.

There were many lifesaving awards gained, from level 1s up to NVBLQs and the club managed to put out a voluntary patrol every weekend throughout the 6-week summer holidays.

Members of the club were involved in two major rescues.

One was where one of our Youth Members was out training himself when he noticed someone in difficulty at sea. He brought the person to shore and assisted until members of the RNLI turned up and took over. This was a remarkable rescue by one of our 13-year-olds, putting his lifesaving knowledge and skills into practice that he had learnt from recently taking his level 1 award.

The other rescue saw some of our Master members save the life of a person who was attempting to take his own life and was in a pretty bad way.

It was during a club training session when it was identified that this person was in difficulty and the masters concerned managed to get the person to shore, where others assisted to restrain him, until emergency services arrived.

Lives literally saved thanks to Rhose club members.

To round a successful year off, the club were also presented with Nipper Club of the Year in the Annual Welsh Presentation Evening – an excellent achievement, showing how highly thought of our Nipper section is as this was voted by other clubs so a testament to all the hard work our coaches had put in over the year.

## FINANCIAL REVIEW

The Trustees remain committed to keeping membership subscriptions as low as possible and good value. In response, with activities being back to pre-pandemic level, and several costs having seen an increase, the decision was taken to increase membership fees for 2023 by £5. Taking a full member from £95 to £100, this was still felt to be great value for money as this includes all training costs including swimming pool fees, use of club equipment and entries for all team events at competitions. The membership fees will again be reviewed before the next renewal period.

Total income was £39,943.00 including £7,574.61 from successful grant funding. Total expenditure was £42,603.90, which included grant spend for new surf-craft of £12,317.05 – some of which was previous years overdue grant invoices coming through. £3,586.90 was attributed to swimming pool fees, including extra sessions for competition practice at larger pools.

Membership income rose again to £17,070.75. Competitions fees income rose also £14,937.05 a reflection of the success at championships through the year. As a club we pay pairs and team events so not all costs are covered by the individual fees, this is something the club is happy to continue to cover from the membership fees.

The £2,212.84 fundraising was obtained from being able to run our annual Ski Race again, assisting the local Round Table Santa Sleigh at Christmas and several donations. Gift Aid from HMRC continues to be obtained from members in the club providing £2,324.19 this accounting year.

Our 100 club fundraising continues with a high of 60 members – a Small Society Licence Lottery, run monthly and aims to be drawn at the first monthly Friday training session – 50% of the monthly lottery money is given as prizes with the remainder being reserved for contributing to the purchase of club equipment for all to use. Funds raised for this period are £1,128.00 and a total of £2,179.00.

The club's treasurer current account holds £18,113.57 in cash.

The club's reserve account holds £13,395.85 cash at bank, of which £10,510.08 is now in a higher interest rate account. With a 32 day access period. The reserve account holds enough to cover fixed costs for one year should no income be available.

### **DECLARATION**

The trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's trustees:

Signature: C Evans

Full Name(s): Catherine Jane Evans

Position within the charity: Treasurer

Date: ..7<sup>th</sup> April 2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Rhose lifeguards

No (if any)  
1039093

## Receipts and payments accounts

CC16a

For the period from	01/09/2023	To	31/08/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Membership	17,070.75		-	17,070.75	13,682.25
Clothing Hoodies / Merchandise	856.00		-	856.00	698.76
Fund Raising	2,212.84		-	2,212.84	2,052.39
Fund Raising - 100 club	1,128.00			1,128.00	1,274.00
Award Book Payments	90.00		-	90.00	300.00
Equipment Refund	0.98		-	0.98	-
SLSA Membership Refund	45.00		-	45.00	309.00
Interest	23.70	169.98		193.68	74.30
Competition Fees	14,937.05			14,937.05	8,650.50
Grants	-	7,574.61		7,574.61	9,072.00
Swimming Pool Fees	1,159.49			1,159.49	641.00
100 club prize money transfer from a/c	-			-	-
100 club transfer for equipment				-	
Gift Aid	2,324.19			2,324.19	43.05
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total(Gross income for AR)</b>	<b>39,848.00</b>	<b>7,744.59</b>	<b>-</b>	<b>47,592.59</b>	<b>36,797.25</b>
<b>A2 Asset and investment sales, (see table).</b>					
Equipment Sale	15.00		-	15.00	-
Flipper Deposit	80.00	-	-	80.00	10.00
<b>Sub total</b>	<b>95.00</b>	<b>-</b>	<b>-</b>	<b>95.00</b>	<b>10.00</b>
<b>Total receipts</b>	<b>39,943.00</b>	<b>7,744.59</b>	<b>-</b>	<b>47,687.59</b>	<b>36,807.25</b>
<b>A3 Payments</b>					
BT Phone Bill	-	-	-	-	-
Club Craft insurance	-	-	-	-	-
Marine Property Insurance	1,339.28	-	-	1,339.28	1,287.88
Quad Bike Insurance	266.69	-	-	266.69	308.44
Mole Water Front Insurance	552.00	-	-	552.00	528.00
Membership Fee GB Affiliation	-	-	-	-	181.35
SLSA Wales Club Affiliation	140.00	-	-	140.00	140.00
Membership Awards Expenses	597.00			597.00	771.50
Membership Book Expenses	140.00			140.00	300.00
SLSA Membership	2,938.00			2,938.00	2,088.75
Club House Maintenance	89.00			89.00	8.50
Swimming Pool Hire Fees	3,586.90			3,586.90	2,071.50
Health & Safety	-			-	356.02
Clothing Embroidery	-			-	-
Misc Maintenance	527.03			527.03	396.63
Misc	1,788.76			1,788.76	1,981.77
Bank Charges for Equipment	-			-	-
Clothing Hoodies / merchandise	1,321.76			1,321.76	212.81
Membership Refund	467.00			467.00	117.00
Competition fees	14,730.50			14,730.50	9,256.50
RLSS Membership	77.00			77.00	73.00
Small Society Lottery Licence	20.00	-	-	20.00	20.00
Transfer into 100 club account				-	
100 Club prize Money transfer from	614.00			614.00	646.00

				-	-
	-	-	-	-	-
<b>Sub total</b>	<b>29,194.92</b>	<b>-</b>	<b>-</b>	<b>29,194.92</b>	<b>20,745.65</b>

<b>A4 Asset and investment purchases, (see table)</b>					
Equipment - Surf / Pool	402.76	-	-	402.76	489.00
Equipment - IRB	689.17			689.17	26.13
Grant Spend	-	12,317.05	-	12,317.05	4,696.01
<b>Sub total</b>	<b>1,091.93</b>	<b>12,317.05</b>	<b>-</b>	<b>13,408.98</b>	<b>5,211.14</b>

<b>Total payments</b>	<b>30,286.85</b>	<b>12,317.05</b>	<b>-</b>	<b>42,603.90</b>	<b>25,956.79</b>
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<b>Net of receipts/(payments)</b>	<b>9,656.15</b>	<b>- 4,572.46</b>	<b>-</b>	<b>5,083.69</b>	<b>10,850.46</b>
<b>A5 Transfers between funds</b>	<b>- 4,742.44</b>	<b>4742.44</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>15,378.86</b>	<b>13,225.84</b>	<b>-</b>	<b>28,604.70</b>	<b>17,754.25</b>
<b>Cash funds this year end</b>	<b>20,292.57</b>	<b>13,395.82</b>	<b>-</b>	<b>33,688.39</b>	<b>28,604.71</b>

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Current	18,113.57		-
	Lloyds Saver Reserve		13,395.82	-
	100 Club	2,179.00		-
	<b>Total cash funds</b>	<b>20,292.57</b>	<b>13,395.82</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
B4 Assets retained for the charity's own use				
B5 Liabilities				
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Cath Evans	16 Jan 2024	





**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Rhooose Lifeguards

**On accounts for the year  
ended**

**August 2024**

**Charity no  
(if any)**

**1039093**

**Set out on pages**

**1,2**

**Respective responsibilities of trustees and examiner** The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement** My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement** In connection with my examination, no material matters have come to my attention (other than that disclosed below \*) which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

**Date:**

**10<sup>th</sup> May 2025**

**Name:**

**Kelvin Grice**

**Relevant professional  
qualification(s) or body  
(if any):**

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**Address:**

**42 Porthkerry Road**

**RHOOSE**

**CF62 3HD**

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here details of any items that the examiner wishes to disclose.**