

RHOOSE LIFEGUARDS

England & Wales · Charity number 1039093

Details

Other names	RHOOSE LIFEGUARD CLUB
Status	Registered
Legal form	Other
Registered	1994-06-29
Register	View on the Charity Commission register

Contact

Address	22B Fontygary Road Rhoose Barry South Glamorgan CF62 3DS
Phone	07805972902
Email	Secretary@rhooselifeguards.co.uk
Website	www.rhooselifeguards.co.uk

Activities

Objects: TO SAVE LIFE WHETHER BY PREVENTION OR BY RESCUE FROM THE BEACH

Activities: surf lifesaving club at rhoose ,Vale of Glamorgan

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Amateur Sport
- **Who:** Children/young People, The General Public/mankind

Geography

- **Area of benefit:** FONTYGARY BAY RHOOSE BARRY SOUTH GLAMORGAN
- Vale Of Glamorgan

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£47,593	£42,604	-	-
2023-08-31	£36,797	£25,957	-	-
2022-08-31	£39,960	£36,398	-	-
2021-08-31	£13,305	£20,839	-	-
2020-08-31	£19,604	£15,751	-	-

Trustees

Name	Role	Appointed
KAREN O'DONOGHUE-HARRIS		
LIZ WONG		
Simon Perry		2014-02-13

RHOOSE LIFEGUARDS

England & Wales - Charity number 1039093

Accounts

TRUSTEES ANNUAL REPORT

YEAR ENDING 31 AUGUST 2024

CHARITY NAME: RHOOSE LIFEGUARDS

REGISTERED: CHARITY NUMBER: 1039093

NAME OF PRESIDENT AND VICE PRESIDENT:

President: Mrs Denise Cooper

Vice President: Mr Lee Perry

NAMES OF THE CHARITY TRUSTEES WHO MANAGE THE CHARITY:

Office (if any)	Trustee Name	Date held (if not whole year)
Chair	Karen O'Donoghue Harris	March 2024
Vice Chair	Simon Mason	March 2024
Club Captain	Simon Perry	
Vice Captain	Liz Wong	

COMMITTEE MEMEBRS:

Office (if any)	Trustee Name	Date held (if not whole year)
Secretary	Lucy Thomas	
Treasurer	Catherine Evans	
Membership Secretary	Tina Woods	
Seniors/Masters Coordinator	Karen O'Donoghue Harris	
Junior Coordinator	Liz Wong	
Nipper Coordinator	Sarah Braddon	
IRB Captain	Ron Braddon	
Press Officer	Kiera Harris	
Safeguarding Officer	Jamilla Abbott	
Safeguarding Officer	David Brewer	
Grants	Matt Lloyd	March 2024

NAME OF ADVISOR

Independent Examiner: Kelvin Grice

Bank: Lloyds Bank Online Treasurers Account

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of Governing Document: Constitution, amended November 2023

How the charity is constituted: An unincorporated association consisting of the executive committee and the members.

Trustee selection method: The trustees are the serving officers and committee members appointed or reappointed annually at the AGM.

OBJECTIVES AND ACTIVITIES

Summary of the objects of the charity:

The object of the charity is to save life, whether by prevention or by rescue from the beach in particular but not exclusively by:

- Promoting the water safety aspect of all beach activity.
- Developing beach lifesaving methods in all their aspects.
- Taking all necessary steps to comply with the basic patrol requirements and regulations of the board of Surf Lifesaving Association of Wales and Surf Lifesaving Association of GB.
- Working in association with bodies and organisations whose aims are conducive to the object of the club.
- Promoting the fitness and lifesaving skills of members by offering them coaching and competitive opportunities and enabling them to participate in lifesaving and affiliated sport.

Summary of the main activities undertaken for the public benefit in relation to these objects:

The focus of our activities is training and developing lifeguards for the public benefit. We provide a programme of activities and training in the sport and skills of swimming, surf rescue, first aid, lifesaving, beach and water safety and encourage attainment of NVBLQ Lifeguard qualifications.

We encourage children from the age of 7, young people and adults, regardless of personal background, faith, gender or personal circumstances, to come together, join in, develop lifesaving skills and volunteer a little of their time to help Rhose Lifeguards deliver a sustainable supply of qualified lifeguards who patrol our beaches for the benefit and safety of all beach users.

We have also embarked on opening activities to those children under 7. Called Sand hopper's, we slowly introduce them to beach activities and the sea (only runs in the Summer months), this will make them aware of the activities the Nippers and Junior do because they all train on the same beach, and encourage them to go through the ranks.

Our volunteer coaches deliver a comprehensive programme of youth orientated events and activities which benefits young people by developing their self-confidence and social skills alongside increasing their physical activity, learning invaluable lifesaving skills and encouraging volunteering within the community.

ACHIEVEMENTS AND PERFORMANCE

The club have had some remarkable achievements over the last year showing Rhoose Lifeguards are a force to be reckoned with.

The competition season kicked off with the Welsh Stillwater Championships. Our fantastic team of Nippers took 2nd, narrowly missing out on first place at the Welsh Stillwaters. They came 4th in the GB Stillwater Championships but were the highest placed Welsh club. A remarkable achievement.

Our Youth team placed 5th in the Welsh Still waters with our small team of Masters and Seniors placing 9th and 11th respectively.

The Juniors placed 4th overall at the British Still Waters and were the highest placed Welsh team.

After the Stillwater Champs the next competition was the Rhoose Ski Race.

This was 42nd Annual Rhoose Ski Race and saw competitors from all over the UK coming to Rhoose to battle it out in the tricky conditions of the Bristol Channel . With over 40 plus competitors racing this has become a massive fundraiser for the club so a big thank you to all who provided support.

Moving to the beach, at the Welsh Championships the Nippers came 3rd, Juniors 2nd, Seniors 3rd and Masters 3rd, with Rhoose taking 2nd overall in the aggregate points scoring. Excellent results from all Rhoose teams.

Moving on to the British Championships that were held in Dorset, the Nippers placed 7th, being the only Welsh club to make the top 10. Our small team of Juniors who travelled to the competition took 8th place and our Masters came 15th.

The Seniors came a fantastic 5th place in the British Open Championships that were held at Fistril Beach Newquay. This was the first time in years that Rhoose had taken a proper team to compete at the Open champs. A small team of 9 coming 5th overall out of 25 clubs racing is an outstanding achievement.

We had 4 members selected for the Welsh Team and 1 member, Evie Wong, selected for the GB team to compete at the World Lifesaving Championships in Australia, where she placed 2nd in the World! An absolute fantastic achievement! Two members were selected as Team GB reserves.

However, it's not all about competitions, the lifesaving aspect plays a very important part of the clubs' activities, we had another busy year of members gaining their Lifesaving awards.

There were many lifesaving awards gained, from level 1s up to NVBLQs and the club managed to put out a voluntary patrol every weekend throughout the 6-week summer holidays.

Members of the club were involved in two major rescues.

One was where one of our Youth Members was out training himself when he noticed someone in difficulty at sea. He brought the person to shore and assisted until members of the RNLI turned up and took over. This was a remarkable rescue by one of our 13-year-olds, putting his lifesaving knowledge and skills into practice that he had learnt from recently taking his level 1 award.

The other rescue saw some of our Master members save the life of a person who was attempting to take his own life and was in a pretty bad way.

It was during a club training session when it was identified that this person was in difficulty and the masters concerned managed to get the person to shore, where others assisted to restrain him, until emergency services arrived.

Lives literally saved thanks to Rhose club members.

To round a successful year off, the club were also presented with Nipper Club of the Year in the Annual Welsh Presentation Evening – an excellent achievement, showing how highly thought of our Nipper section is as this was voted by other clubs so a testament to all the hard work our coaches had put in over the year.

FINANCIAL REVIEW

The Trustees remain committed to keeping membership subscriptions as low as possible and good value. In response, with activities being back to pre-pandemic level, and several costs having seen an increase, the decision was taken to increase membership fees for 2023 by £5. Taking a full member from £95 to £100, this was still felt to be great value for money as this includes all training costs including swimming pool fees, use of club equipment and entries for all team events at competitions. The membership fees will again be reviewed before the next renewal period.

Total income was £39,943.00 including £7,574.61 from successful grant funding. Total expenditure was £42,603.90, which included grant spend for new surf-craft of £12,317.05 – some of which was previous years overdue grant invoices coming through. £3,586.90 was attributed to swimming pool fees, including extra sessions for competition practice at larger pools.

Membership income rose again to £17,070.75. Competitions fees income rose also £14,937.05 a reflection of the success at championships through the year. As a club we pay pairs and team events so not all costs are covered by the individual fees, this is something the club is happy to continue to cover from the membership fees.

The £2,212.84 fundraising was obtained from being able to run our annual Ski Race again, assisting the local Round Table Santa Sleigh at Christmas and several donations. Gift Aid from HMRC continues to be obtained from members in the club providing £2,324.19 this accounting year.

Our 100 club fundraising continues with a high of 60 members – a Small Society Licence Lottery, run monthly and aims to be drawn at the first monthly Friday training session – 50% of the monthly lottery money is given as prizes with the remainder being reserved for contributing to the purchase of club equipment for all to use. Funds raised for this period are £1,128.00 and a total of £2,179.00.

The club's treasurer current account holds £18,113.57 in cash.

The club's reserve account holds £13,395.85 cash at bank, of which £10,510.08 is now in a higher interest rate account. With a 32 day access period. The reserve account holds enough to cover fixed costs for one year should no income be available.

DECLARATION

The trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's trustees:

Signature: C Evans

Full Name(s): Catherine Jane Evans

Position within the charity: Treasurer

Date: ..7th April 2025



Receipts and payments accounts

For the period from	01/09/2023	To	31/08/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership	17,070.75		-	17,070.75	13,682.25
Clothing Hoodies / Merchandise	856.00		-	856.00	698.76
Fund Raising	2,212.84		-	2,212.84	2,052.39
Fund Raising - 100 club	1,128.00		-	1,128.00	1,274.00
Award Book Payments	90.00		-	90.00	300.00
Equipment Refund	0.98		-	0.98	-
SLSA Membership Refund	45.00		-	45.00	309.00
Interest	23.70	169.98		193.68	74.30
Competition Fees	14,937.05			14,937.05	8,650.50
Grants	-	7,574.61		7,574.61	9,072.00
Swimming Pool Fees	1,159.49			1,159.49	641.00
100 club prize money transfer from a/c	-			-	-
100 club transfer for equipment	-			-	-
Gift Aid	2,324.19			2,324.19	43.05
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	39,848.00	7,744.59	-	47,592.59	36,797.25
A2 Asset and investment sales, (see table).					
Equipment Sale	15.00		-	15.00	-
Flipper Deposit	80.00	-	-	80.00	10.00
Sub total	95.00	-	-	95.00	10.00
Total receipts	39,943.00	7,744.59	-	47,687.59	36,807.25
A3 Payments					
BT Phone Bill	-	-	-	-	-
Club Craft insurance	-	-	-	-	-
Marine Property Insurance	1,339.28	-	-	1,339.28	1,287.88
Quad Bike Insurance	266.69	-	-	266.69	308.44
Mole Water Front Insurance	552.00	-	-	552.00	528.00
Membership Fee GB Affiliation	-	-	-	-	181.35
SLSA Wales Club Affiliation	140.00	-	-	140.00	140.00
Membership Awards Expenses	597.00			597.00	771.50
Membership Book Expenses	140.00			140.00	300.00
SLSA Membership	2,938.00			2,938.00	2,088.75
Club House Maintenance	89.00			89.00	8.50
Swimming Pool Hire Fees	3,586.90			3,586.90	2,071.50
Health & Safety	-			-	356.02
Clothing Embroidery	-			-	-
Misc Maintenance	527.03			527.03	396.63
Misc	1,788.76			1,788.76	1,981.77
Bank Charges for Equipment	-			-	-
Clothing Hoodies / merchandise	1,321.76			1,321.76	212.81
Membership Refund	467.00			467.00	117.00
Competition fees	14,730.50			14,730.50	9,256.50
RLSS Membership	77.00			77.00	73.00
Small Society Lottery Licence	20.00	-	-	20.00	20.00
Transfer into 100 club account	-			-	-
100 Club prize Money transfer from	614.00			614.00	646.00

				-	-
	-	-	-	-	-
Sub total	29,194.92	-	-	29,194.92	20,745.65
A4 Asset and investment purchases, (see table)					
Equipment - Surf / Pool	402.76	-	-	402.76	489.00
Equipment - IRB	689.17			689.17	26.13
Grant Spend	-	12,317.05	-	12,317.05	4,696.01
Sub total	1,091.93	12,317.05	-	13,408.98	5,211.14
Total payments	30,286.85	12,317.05	-	42,603.90	25,956.79
Net of receipts/(payments)	9,656.15	- 4,572.46	-	5,083.69	10,850.46
A5 Transfers between funds	- 4,742.44	4742.44	-	-	-
A6 Cash funds last year end	15,378.86	13,225.84	-	28,604.70	17,754.25
Cash funds this year end	20,292.57	13,395.82	-	33,688.39	28,604.71

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Current	18,113.57		-
	Lloyds Saver Reserve		13,395.82	-
	100 Club	2,179.00		-
	Total cash funds	20,292.57	13,395.82	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Ski Equipment		-	-
	Training Equipment		-	-
	Gym Equipment		-	-
	IRB		-	-
	Quad		-	-
	Trailer		-	-
	Clubhouse Fixtures and Fittings		-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Cath Evans	16 Jan 2024



Section A Independent Examiner's Report

**Report to the trustees/
members of**

Rhose Lifeguards

**On accounts for the year
ended**

August 2024

**Charity no
(if any)**

1039093

Set out on pages

1,2

Respective responsibilities of trustees and examiner The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement In connection with my examination, no material matters have come to my attention (other than that disclosed below *) which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

10th May 2025

Name:

Kelvin Grice

Relevant professional qualification(s) or body (if any):

--

Address:

42 Porthkerry Road

RHOOSE

CF62 3HD

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for the user to provide details of any items that the examiner wishes to disclose.

RHOOSE LIFEGUARDS

England & Wales - Charity number 1039093

Accounts

TRUSTEES ANNUAL REPORT

YEAR ENDING 31 AUGUST 2023

CHARITY NAME: RHOOSE LIFEGUARDS

REGISTERED: CHARITY NUMBER: 1039093

NAME OF PRESIDENT AND VICE PRESIDENT:

President: Mrs Denise Cooper

Vice President: Mr Lee Perry

NAMES OF THE CHARITY TRUSTEES WHO MANAGE THE CHARITY:

Office (if any)	Trustee Name	Date held (if not whole year)
Chair	Andy Wall	
Vice Chair	Karen O'Donoghue	
	Harris	
Club Captain	Simon Perry	
Vice Captain	Liz Wong	

COMMITTEE MEMEBRS:

Office (if any)	Trustee Name	Date held (if not whole year)
Secretary	Lucy Thomas	
Treasurer	Catherine Evans	
Membership Secretary	Tina Woods	
Seniors/Masters	Karen O Donoghue	
Coordinator	Harris	
Junior Coordinator	Liz Wong	
Nipper Coordinator	Sarah Braddon	
IRB Captain	Ron Braddon	
Press Officer	Kiera Harris	
Safeguarding Officer	Jamilla Abbott	
Safeguarding Officer	David Brewer	

NAME OF ADVISOR

Independent Examiner: Kelvin Grice

Bank: Lloyds Bank Online Treasurers Account

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of Governing Document: Constitution, amended November 2019

How the charity is constituted: An unincorporated association consisting of the executive committee and the members.

Trustee selection method: The trustees are the serving officers and committee members appointed or reappointed annually at the AGM held in November.

OBJECTIVES AND ACTIVITIES

Summary of the objects of the charity:

The object of the charity is to save life, whether by prevention or by rescue from the beach in particular but not exclusively by:

- Promoting the water safety aspect of all beach activity.
- Developing beach lifesaving methods in all their aspects.
- Taking all necessary steps to comply with the basic patrol requirements and regulations of the board of Surf Lifesaving Association of Wales and Surf Lifesaving Association of GB.
- Working in association with bodies and organisations whose aims are conducive to the object of the club.
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Summary of the main activities undertaken for the public benefit in relation to these objects:

The focus of our activities is training and developing lifeguards for the public benefit. We provide a programme of activities and training in the sport and skills of swimming, surf rescue, first aid, lifesaving, beach and water safety and encourage attainment of NVBLQ Lifeguard qualifications.

We encourage children from the age of 7, young people and adults, regardless of personal background, faith, gender or personal circumstances, to come together, join in, develop lifesaving skills and volunteer a little of their time to help Rhoose Lifeguards deliver a sustainable supply of qualified lifeguards who patrol our beaches for the benefit and safety of all beach users.

We have also embarked on opening activities to those children under 7. Called Sand hopper's, we slowly introduce them to beach activities and the sea (only runs in the Summer months), this will make them aware off the activities the Nippers and Junior do because they all train on the same beach, and encourage them to go through the ranks.

Our volunteer coaches deliver a comprehensive programme of youth orientated events and activities which benefits young people by developing their self-confidence and social skills alongside increasing their physical activity, learning invaluable lifesaving skills and encouraging volunteering within the community.

ACHIEVEMENTS AND PERFORMANCE

Another great year all round. The club has had an ever-increasing membership from nippers to masters and in between. As a result we have increased the number of nipper coaches and helpers to ensure we operate in a safe environment. We are still looking for volunteers to step forward and assist with the other age group, so get in touch if you are keen to help out.

The club is going from strength to strength with the nipper section expanding and building on the previous years competition successes. We had a large team attend the Welsh championships and a smaller but just an enthusiastic team attend the GB's. The Juniors have worked hard to recruit friends and others to boost their numbers. This resulted in a very successful year with a number of members being called up to the Welsh & Great Britain teams. Our Masters section also growing rapidly though their swimming, ski paddling and social events.

Patrols and Lifesaving.

The summer season saw a very productive patrol schedule. This gave all our members the experience of implementing the training into to real world but also helped us give back to our local community, and the ever-increasing visitor numbers to Fontygary Caravan & Camping Park.

Patrolling is important for us as a Club, when looking for financial support and Grants to extend our facilities, as we need to be able to demonstrate our provision of voluntary lifeguard cover and training and development of Lifeguards for the RNLI.

Our members supported the RNLI Lifeguard service with 7 members working for the RNLI. We look forward to continuing to work with the RNLI to provide lifeguard cover in the local area.

Awards -

This year we say goodbye to our award coaches, Andy & Michele they have supported the club and its budding lifeguards by putting them through their paces and ensuring they are fit to provide top notch first aid. We thank them massively for their work the last number of years especially for training up the next award team lead by Andrew Waggett.

As summary of the awards for this year included:

- 17 - Level 1
- 10 - Level 2
- 8- NVBLQ
- 4 - Ski Comp
- 2 - Masters competition awards

The club currently has 24 fully qualified lifeguards amongst our members. Ensuring club members have their awards is crucial for the safety and running of our sessions. In order to run a nipper session, we need at least 2 level 2's present and for a junior session 2 NVBLQ holders.

Sport and Competitions

A very impressive all-round performance this year.

Stillwaters

We started with the mini leagues which are a whole club effort. I would highly recommend all members in the junior, master & seniors to take part.

Welsh Stillwaters - Youth 6th , Seniors 9th, Masters 8th, Nippers 2nd!!!!

GB - Nipper 9th, Youth 10th, Seniors 15th

Moving into the Sea

In the sea we held the 42nd running of the Rhoose Ski Race. It was a great day, with some lovely weather and featured large support from other likeminded ocean ski paddlers. It was great to see the clubhouse a buzz, and the event back to large numbers. This is a massive fundraiser for the club so a big thank you to all who provided support via catering or just cleaning up after the event.

Welsh Ocean

The Welsh championships were held in Porthcawl, incredibly challenging conditions saw all dig deep in the wind and rain to obtain points for the club. In the end many had to come back over a month later to finish the event in "part 2". The biggest part to note was some great competing by all but more importantly a great team spirit & comradery on the beach.

Nippers -

Juniors - 6th

Seniors - 5th

Masters - 5th

Our strong nipper team headed to a new beach, Poppit Sands where we experienced excellent hospitality from the local club and saw some tough competition from all ages 7 - 13. Each nipper must be commended on their effort, attitude and team ethos in supporting every person (even some of the other clubs) across the line. This resulting in a fantastic 3rd place finish. Hopefully with a few more numbers next year we can get higher up the podium!

GB Ocean

The GB competitions were held in Branksome Chine once again, a pleasure for parents as the tide didn't move, so no long trips with the craft, and I'm sure the onsite bar also made the cold days more appealing.

Nippers - 13th (up from 23rd in 2022)

Youth - 13th

Masters - 16th

Open - 15th

Results were lower due to smaller teams at the event but we hope we can have more next year. The dates are all out and the events are a great social occasion after the racing finishes.

Team Representation:

WELSH TEAM: Jason Grice, Evie Wong, Ava Wong, Connie Miller, Robert Grice

GBR TEAM: Evie Wong

We are also lucky to have these and our experience coaching teams to share their vast wealth of knowledge and experience we have within our club, resulting in the success we see.

FINANCIAL REVIEW

The Trustees remain committed to keeping membership subscriptions low. In response, it was again agreed that membership fees for 2023 remained the same even with the resuming of all championship events and training taking place. The membership fees will continue to be reviewed before each renewal period.

Total income was £39,807.25 and Total expenditure was £25,956.79. Income saw an increase in membership and competition fees but less grant funding was obtained. Our expenditure showed a corresponding competition fee increase, but lower pool hire fees as all payments were up to date. With some insurance fees having a slight increase. Grant spend in this period provided boards, paddles and fins.

We had membership income £13,682.25. Competitions fees income £8,650.50 and spend of £9,256.50 - with the club paying all team events, something the club is happy to cover from the membership fees.

The £2,095.44 fundraising was again obtained from being able to run our annual Ski Race and assisting the local Round Table Santa Sleigh at Christmas. Gift Aid from HMRC continues to be obtained from members in the club.

The 2nd year of the fundraising 100 Club saw the majority of members renew - a Small Society Licence Lottery, run monthly and drawn at the Friday training session - 50% of the monthly lottery money is given as prizes with the remainder being reserved for contributing to the purchase of a Surf Ski for the club - Total funds raised up to this period are £1.018 with £109.98 having been used for 2 pairs of ski wheels to assist transportation.

The club's reserve account holds £13,225.85 cash at bank. This is held for emergencies and when we are unable to secure grant funding for projects.

DECLARATION

The trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's trustees:

Signature:

Full Name(s):

Position within the charity:

Date:



Receipts and payments accounts

For the period from	01/09/2022	To	31/08/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership	13,682.25		-	13,682.25	11,839.50
Clothing Hoodies / Merchandise	698.76		-	698.76	1,098.00
Fund Raising	2,052.39		-	2,052.39	2,054.44
Fund Raising - 100 club	1,274.00		-	1,274.00	1,388.00
Award Book Payments	300.00		-	300.00	165.00
Equipment Refund	-		-	-	105.00
SLSA Membership Refund	309.00		-	309.00	-
Interest	7.21	67.09		74.30	1.06
Competition Fees	8,650.50			8,650.50	3,428.50
Grants	9,072.00			9,072.00	15,719.00
Swimming Pool Fees	641.00			641.00	918.50
100 club prize money transfer from a/c	-			-	-
100 club transfer for equipment	-			-	-
Gift Aid	43.05			43.05	3,058.48
	-			-	-
	-			-	-
Sub total(Gross income for AR)	36,730.16	67.09	-	36,797.25	39,775.48
A2 Asset and investment sales, (see table).					
Equipment Sale	-		-	-	20.00
Flipper Deposit	10.00		-	10.00	165.00
Sub total	10.00	-	-	10.00	185.00
Total receipts	36,740.16	67.09	-	36,807.25	39,960.48
A3 Payments					
BT Phone Bill	-	-	-	-	-
Club Craft insurance	-	-	-	-	1,209.40
Marine Property Insurance	1,287.88	-	-	1,287.88	-
Quad Bike Insurance	308.44	-	-	308.44	424.99
Mole Water Front Insurance	528.00	-	-	528.00	396.00
Membership Fee GB Affiliation	181.35	-	-	181.35	150.00
SLSA Wales Club Affiliation	140.00	-	-	140.00	140.00
Membership Awards Expenses	771.50			771.50	588.50
Membership Book Expenses	300.00			300.00	-
SLSA Membership	2,088.75			2,088.75	2,315.75
Club House Maintenance	8.50			8.50	-
Swimming Pool Hire Fees	2,071.50			2,071.50	5,018.40
Health & Safety	356.02			356.02	-
Clothing Embroidery	-			-	-
Misc Maintenance	396.63			396.63	140.00
Misc	1,981.77			1,981.77	1,021.08
Bank Charges for Equipment	-			-	-
Clothing Hoodies / merchandise	212.81			212.81	856.31
Membership Refund	117.00			117.00	50.75
Competition fees	9,256.50			9,256.50	4,636.75
RLSS Membership	73.00			73.00	68.00
Small Society Lottery Licence	20.00	-	-	20.00	40.00
Transfer into 100 club account	-			-	-
100 Club prize Money transfer from	646.00			646.00	342.00

				-	-
	-	-	-	-	-
Sub total	20,745.65	-	-	20,745.65	17,397.93
A4 Asset and investment purchases, (see table)					
Equipment - Surf / Pool	489.00	-	-	489.00	1,373.47
Equipment - IRB	26.13			26.13	177.57
Grant Spend	4,696.01	-	-	4,696.01	17,449.06
Sub total	5,211.14	-	-	5,211.14	19,000.10
Total payments	25,956.79	-	-	25,956.79	36,398.03
Net of receipts/(payments)	10,783.37	67.09	-	10,850.46	3,562.45
A5 Transfers between funds	-	0	-	-	-
A6 Cash funds last year end	4,595.49	13,158.76	-	17,754.25	21,725.63
Cash funds this year end	15,378.86	13,225.85	-	28,604.71	25,288.08

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Current	13,849.56		-
	Lloyds Saver Reserve		13,225.85	-
	100 Club	1,529.30		-
	Total cash funds	15,378.86	13,225.85	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Ski Equipment		-	-
	Training Equipment		-	-
	Gym Equipment		-	-
	IRB		-	-
	Quad		-	-
	Trailer		-	-
	Clubhouse Fixtures and Fittings		-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Cath Evans	16 Jan 2024

42 Porthkerry Road

RHOOSE

CF62 3HD

20th March 2023

Dear Cath,

RE: Independent Examination

I have completed my examination. The report is attached.

I have examined all the information provided and not found any issues that are materially significant.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'K Grice', with a long horizontal flourish extending to the right.

Kelvin Grice

RHOOSE LIFEGUARDS

England & Wales - Charity number 1039093

Accounts

TRUSTEES ANNUAL REPORT

YEAR ENDING 31 AUGUST 2022

CHARITY NAME: RHOOSE LIFEGUARDS

REGISTERED: CHARITY NUMBER: 1039093

NAME OF PRESIDENT AND VICE PRESIDENT:

President: Mr Andy Wall
Vice President: Mr Lee Perry

NAMES OF THE CHARITY TRUSTEES WHO MANAGE THE CHARITY:

Office (if any)	Trustee Name	Date held (if not whole year)
Chair	Andy Wall	
Vice Chair	Karen O'Donoghue Harris	
Club Captain	Simon Perry	
Vice Captain	Liz Wong	

COMMITTEE MEMEBRS:

Office (if any)	Trustee Name	Date held (if not whole year)
Secretary	Lucy Thomas	April 2022
Treasurer	Catherine Evans	
Membership Secretary	Tina Woods	
Seniors/Masters Coordinator	Karen O Donoghue Harris	
Junior Coordinator	Liz Wong	
Nipper Coordinator	Sarah Braddon	
IRB Captain	Ron Braddon	
Press Officer	Kiera Harris	
Safeguarding Officer	Jamilla Abbott	March 2023
Safeguarding Officer	David Brewer	March 2023

NAME OF ADVISOR

Independent Examiner: Kelvin Grice

Bank: Lloyds Bank Online Treasurers Account

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of Governing Document: Constitution, amended November 2019

How the charity is constituted: An unincorporated association consisting of the executive committee and the members.

Trustee selection method: The trustees are the serving officers and committee members appointed or reappointed annually at the AGM held in November.

OBJECTIVES AND ACTIVITIES

Summary of the objects of the charity:

The object of the charity is to save life, whether by prevention or by rescue from the beach in particular but not exclusively by:

- Promoting the water safety aspect of all beach activity.
- Developing beach lifesaving methods in all their aspects.
- Taking all necessary steps to comply with the basic patrol requirements and regulations of the board of Surf Lifesaving Association of Wales and Surf Lifesaving Association of GB.
- Working in association with bodies and organisations whose aims are conducive to the object of the club.
- Promoting the fitness and lifesaving skills of members by offering them coaching and competitive opportunities and enabling them to participate in lifesaving and affiliated sport.

Summary of the main activities undertaken for the public benefit in relation to these objects:

The focus of our activities is training and developing lifeguards for the public benefit. We provide a programme of activities and training in the sport and skills of swimming, surf rescue, first aid, lifesaving, beach and water safety and encourage attainment of NVBLQ Lifeguard qualifications.

We encourage children from the age of 7, young people and adults, regardless of personal background, faith, gender or personal circumstances, to come together, join in, develop lifesaving skills and volunteer a little of their time to help Rhose Lifeguards deliver a sustainable supply of qualified lifeguards who patrol our beaches for the benefit and safety of all beach users.

We have also embarked on opening activities to those children under 7. Called Sand hopper's, we slowly introduce them to beach activities and the sea (only runs in the Summer months), this will make them aware of the activities the Nippers and Junior do because they all train on the same beach, and encourage them to go through the ranks.

Our volunteer coaches deliver a comprehensive programme of youth orientated events and activities which benefits young people by developing their self-confidence and social skills alongside increasing their physical activity, learning invaluable lifesaving skills and encouraging volunteering within the community.

ACHIEVEMENTS AND PERFORMANCE

As a club the focus was to continue growing our post-pandemic membership to the levels before covid stopped all the fun. We have managed to meet that aim. The club is going from strength to strength with the nipper section expanding its coaching team and competition successes. The Juniors, although lacking number in competitions they have had a very successful year with several members being called up to the Wales and Great Britain teams. Two other sections of the club that have grown this year are the Masters & IRB

Patrols

As a Club we ran an ad-hoc patrol schedule this summer season. Something we are working on to improve in 2023 given the popularity of the camping & leisure complex since covid. We still managed to run 10 patrols over the Summer and looked after approximately 500 holiday makers and locals in that time. Patrolling is important for us as a Club when looking for financial support and Grants to extend our facilities. We need to be able to demonstrate our provision of voluntary lifeguard cover and training and development of Lifeguards for the RNLI. Our members supported the RNLI Lifeguard service with twelve members working for the RNLI. We look forward to continuing to work with the RNLI to provide lifeguard cover in the local area.

Competition

A very impressive all-round performance this year.

Stillwaters: We started with the mini league series which is a whole club effort. We would highly recommend all members in the junior, master & seniors to take part. Welsh - Youth 7th, Seniors 8th, Masters 7th. (No nippers in 2022). GB - Nippers 13th, Youth 12th, Seniors 11th

Rhose Ski Race: In the sea we held the 41st running of the Rhose Ski Race. It was a tricky race with the cans in the middle of the channel, but those who raced competed well. This is a massive fundraiser for the club so a big thank you to all who provided support.

Welsh Ocean: In the Welsh championships there was some great competing by all, but more importantly a great team spirit and comradery on the beach. Nippers - 9th Juniors - 3rd Seniors - 2nd Masters - 2nd We also managed to win back the Ski aggregate trophy, an award we last held in 2016 and the 8 years before that. Overall - 2nd

GB Ocean: The GB competitions were held in Branksome Chime, a pleasure for most parent as the tide didn't move there was no long trips with the craft. Nippers 23rd, Youth 6th, Masters 15th, Open 13th. Results were lower due to smaller teams at the event, but we hope we can have more next year

FINANCIAL REVIEW

The Trustees remain committed to keeping membership subscriptions low. In response, membership fees for 2022 remained the same as we saw what

activities were to take place as we came out of the pandemic. The membership fees will be reviewed again before the next renewal period.

Total income was £39,960.48 and Total expenditure was £36,398.03. There were a number of larger expenses contributing to this, namely a new IRB and Surf Ski as well as repairs to existing equipment - which were paid for from a grant we were successful in gaining, with additional spend input from the club. And also £5,018.40 swimming pool fees - some from the previous year, paid for from the membership fees.

We had membership income £11,839.50. Competitions fees income £3,428.50 and spend of £4,636.75, but as a club we pay the team events so not all costs are covered by the individual fees, this is something the club is happy to cover from the membership fees.

The £2,054.44 fundraising was obtained from being able to run our annual Ski Race again, assisting the local Round Table Santa Sleigh at Christmas and being part of the Amazon Smile project. Gift Aid from HMRC continues to be obtained from members in the club.

New in 2022 to assist club fundraising was the introduction of the 100 Club - a Small Society Licence Lottery, run monthly and drawn at the Friday training session - 50% of the monthly lottery money is given as prizes with the remainder being reserved for contributing to the purchase of a Surf Ski for the club - Funds raised for this period are £970.

Brief statement of the charity's policy on reserves

The club's reserve account holds £13,158.75 cash at bank.

DECLARATION

The trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's trustees:

Signature:

Full Name(s):

Position within the charity:

Date:



Receipts and payments accounts

For the period from	01/09/20201	To	31/08/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Membership	11,839.50		-	11,839.50
Clothing Hoodies / Merchandise	1,098.00		-	1,098.00
Fund Raising	2,054.44		-	2,054.44
Fund Raising - 100 club	1,388.00		-	1,388.00
Award Book Payments	165.00		-	165.00
Equipment Refund	105.00		-	105.00
SLSA Membership Refund	-		-	-
Interest	0.07	0.99		1.06
Competition Fees	3,428.50			3,428.50
Grants	15,719.00			15,719.00
Swimming Pool Fees	918.50			918.50
100 club prize money transfer from a/c	-			-
100 club transfer for equipment				-
unknown		3,058.48		3,058.48
	-	-	-	-
	-	-	-	-
Sub total(Gross income for AR)	36,716.01	3,059.47	-	39,775.48
A2 Asset and investment sales, (see table).				
Equipment Sale	20.00		-	20.00
Flipper Deposit	165.00		-	165.00
Sub total	185.00	-	-	185.00
Total receipts	36,901.01	3,059.47	-	39,960.48
A3 Payments				
BT Phone Bill	-	-	-	-
Club Craft insurance	1,209.40	-	-	1,209.40
Marine Property Insurance	-	-	-	-
Quad Bike Insurance	424.99	-	-	424.99
Mole Water Front Insurance	396.00	-	-	396.00
Membership Fee GB Affiliation	150.00	-	-	150.00
SLSA Wales Club Affiliation	140.00	-	-	140.00
Membership Awards Expenses	588.50			588.50
Membership Book Expenses	-			-
SLSA Membership	2,315.75			2,315.75
Club House Maintenance	-			-
Swimming Pool Hire Fees	5,018.40			5,018.40
Health & Safety				-
Clothing Embroidery	-			-
Misc Maintenance	140.00			140.00
Misc	1,021.08			1,021.08
Bank Charges for Equipment	-			-
Clothing Hoodies / merchandise	856.31			856.31
Membership Refund	50.75			50.75
Competition fees	4,636.75			4,636.75
RLSS Membership	68.00			68.00
Small Society Lottery Licence	40.00	-	-	40.00
Transfer into 100 club account				-
100 Club prize Money transfer from	342.00			342.00
	-	-	-	-
	-	-	-	-
Sub total	17,397.93	-	-	17,397.93

A4 Asset and investment purchases, (see table)				
Equipment - Surf / Pool	1,373.47	-	-	1,373.47
Equipment - IRB	177.57			177.57
Grant Spend	17,449.06	-	-	17,449.06
Sub total	19,000.10	-	-	19,000.10
Total payments	36,398.03	-	-	36,398.03
Net of receipts/(payments)	502.98	3,059.47	-	3,562.45
A5 Transfers between funds	- 5,004.86	5,004.86	-	-
A6 Cash funds last year end	9,097.37	5,094.43	-	14,191.80
Cash funds this year end	4,595.49	13,158.76	-	17,754.25

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Lloyds Current	3,625.40	
	Lloyds Saver Reserve		13,158.75
	100 Club	970.09	
	Total cash funds	4,595.49	13,158.75
	(agree balances with receipts and payments account(s))	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Categories	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

Categories	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use	Ski Equipment		-
	Training Equipment		-
	Gym Equipment		-
	IRB		-
	Quad		-
	Trailer		-
	Clubhouse Fixtures and Fittings		-
			-

Categories	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-

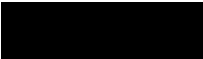
Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
	Cath Evans

3,953.98
393.32
4,347.30

20,838.85

- 7,533.83
-
21,725.63
14,191.80



Endowment funds

to nearest £

	-
	-
	-
	-

OK

Endowment funds

to nearest £

	-
	-
	-
	-
	-
	-

Current value (optional)

	-
	-
	-
	-
	-

Current value (optional)

	-
	-
	-
	-
	-
	-
	-
	-
	-

When due (optional)

Date of approval



Section A

Independent Examiner's Report

Report to the trustees/
members of

Rhoose Lifeguards

On accounts for the year
ended

August 2022

Charity no
(if any)

1039093

Set out on pages

1,2

Respective responsibilities of trustees and examiner The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement In connection with my examination, no material matters have come to my attention (other than that disclosed below *) which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

11th July 2023

Name:

Kelvin Grice

Relevant professional qualification(s) or body (if any):

--

Address: 42 Porthkerry Road

RHOOSE

CF62 3HD

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for the user to provide details of any items that the examiner wishes to disclose.