

ENDOMETRIOSIS UK

England & Wales · Charity number 1035810

Details

Other names	NATIONAL ENDOMETRIOSIS SOCIETY, THE NATIONAL ENDOMETRIOSIS SOCIETY
Status	Registered
Legal form	Charitable company
Company number	02912853
Registered	1994-03-29
Register	View on the Charity Commission register

Contact

Address	Endometriosis UK 10 - 18 Union Street London SE1 1SZ
Phone	02072222781
Email	admin@endometriosis-uk.org
Website	www.endometriosis-uk.org

Activities

Objects: 1A.TO PROMOTE STUDY AND RESEARCH WORK INTO ENDOMETRIOSIS AND RELATED CONDITIONS AND PUBLISH THE RESULTS OF ALL SUCH STUDY AND RESEARCH.1B.TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC AND ESPECIALLY THOSE IN THE MEDICAL OR SIMILAR PROFESSIONS CONCERNING THE CAUSES EFFECTS AND TREATMENT OF ENDOMETRIOSIS AND OTHER RELATED CONDITIONS. 1C.TO PROVIDE SERVICES FOR THE RELIEF OF WOMEN WITH ENDOMETRIOSIS AND THEIR FAMILIES WHO ARE IN NEED.

Activities: The principal objectives and activities of the Society are:--+? to provide services to women for the relief of endometriosis,--+? to advance the education of the general public and health professionals regarding endometriosis --+? to promote research into the disease

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,506,848	£1,439,524	£1,419,879	23
2024-03-31	£1,219,727	£1,166,034	£1,352,464	17
2023-03-31	£894,570	£787,521	£1,298,771	14
2022-03-31	£868,870	£580,440	£1,191,722	12
2021-03-31	£872,367	£356,121	£903,292	11

Trustees

Name	Role	Appointed
Frances Elizabeth Campbell	Chair	2020-04-27
Anne Connolly		2023-11-11
Cassia Elizabeth Rowland		2020-06-13
Catherine Nestor		2023-11-11
Emma Prach		2023-11-11
Fevzi Shakir		2025-04-28
Jennifer Ann Turner		2025-09-15
Jenny Bullis		2023-11-11
Nick Burke		2023-11-11
Professor Andrew Wemyss Horne		2019-02-16
Sanchia Anita Alasia		2020-06-13
Tracey-Ann Hammonds		2020-06-13

Accounts



Endometriosis UK

**Annual report and financial statements
for the year ended 31 March 2025**

Company no. 02912853

Charity no. 1035810

OSCR no. SC051651

Contents

For the year ended 31 March 2025

This Trustee and Directors’ report provides an overview of performance in relation to our key objectives and of future plans. It includes key performance data and the stories of some of those Endometriosis UK has helped, in addition to financial summaries and analysis.

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Reference and administrative information

For the year ended 31 March 2025

Endometriosis UK is a company limited by guarantee and a registered charity.

Company number	02912853		
Country of incorporation	United Kingdom		
Country of registration	England & Wales	Charity Number	1035810
Country of registration	Scotland	Charity Number	SC051651

Registered office and operational address 10 – 18 Union Street, London SE1 1SZ

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Liz Campbell	Chair
Tracey Hammonds	Treasurer
Catherine Nestor	Vice Chair
Sanchia Alasia	
Jenny Bullis	
Nick Burke	
Anne Connolly	
Anna Cooper	(Until April 2025)
Andrew Horne	
Emma Prach	
Cassia Rowland	
Arvind Vashisht	(Until February 2025)
Fevzi Shakir	(From April 2025)

Endometriosis UK has a skills-based Board of Trustees, and Trustees are recruited in order to ensure that the Board has the right mix of skills and knowledge to provide effective governance. The Board of Trustees has a range of skills and experience including voluntary sector management, fundraising, financial management, primary and secondary health care and of living with endometriosis. Trustees are appointed for a term of three years which is renewable once. Trustees may serve a maximum of six years on the Board.

Company Secretary Emma Cox, CEO Endometriosis UK

Key management personnel Emma Cox, Chief Executive

Bankers CAF Bank Limited
PO Box 289
Kings Hill
West Malling
Kent ME19 4TA

Solicitors

McDermott Will & Emery
22 Bishopsgate
London EC2N 4BQ

Auditor

Godfrey Wilson Limited
Chartered Accountants and Statutory Auditors
5th Floor Mariner House
62 Prince St
Bristol BS1 4QD

Medical Advisory Panel

Kirana Arambage, Consultant Gynaecologist, John Radcliffe Hospital, Oxford

Professor Christian Becker, Senior Clinical Research Fellow, John Radcliffe Hospital, Oxford

Liz Bruen, Endometriosis Specialist Nurse, Cardiff and Vale University Health Board (Until December 2024)

Dr Sharon Dixon, GP and NIHR Doctoral Research Fellow and General Practitioner, Oxford University

Emma Evans, Clinical Psychologist, University of Oxford

Professor Andrew Horne, Professor of Gynaecology and Reproductive Sciences, Edinburgh University

Shaheen Khazali, Consultant Gynaecologist and Endopelvic surgeon

Dr Uma Marthi, General Practitioner with special interest in women's health, Rochdale

Dr Veena Rao, General Practitioner with special interest in women's health, Cumbria (Until April 2025)

Fevzi Shakir, Consultant Gynaecologist, Royal Free London

Claudia Tye, Endometriosis Specialist Nurse, Guys and St Thomas

Arvind Vashisht, Consultant Gynaecologist, University College London Hospital

Dr Katy Vincent, Associate Professor, Senior Fellow in Pain in Women, John Radcliffe Hospital, Oxford

Our Medical Advisory Panel provides expert advice and guidance on all our work relating to medical information.
A very big thank you for their hard work and dedication in supporting the endometriosis community.

The Trustees present their report and the audited financial statements for the year ended 31 March 2025.

Reference and administrative information set out on pages 2 and 3 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association, the requirements of a directors' report as required under company law, and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Trustees' Annual Report

About endometriosis

Endometriosis occurs when cells similar to the ones in the lining of the womb (uterus) are found elsewhere in the body. These cells can grow and change in response to hormones in the menstrual cycle, this can cause inflammation, pain and scar tissue. Endometriosis is most commonly found on the lining of the pelvis (peritoneum) and may occur in the ovaries and involve other pelvic organs, like the bowel or bladder. Less commonly, endometriosis can also be found outside the pelvis, such as in the chest. An estimated 1.5 million women and those assigned female at birth in the UK have endometriosis - that's 1 in 10 from puberty to menopause who suffer from this disease, although the impact may be felt for life. Whilst for some symptoms are mild, for others it can be debilitating. We currently do not know what causes the disease and there is currently no cure. Common symptoms of endometriosis include pelvic pain, painful periods that interfere with everyday life, heavy menstrual bleeding, pain during or after sex, painful bowel movements, pain when urinating, and difficulty getting pregnant. Symptoms vary from person to person, some may have severe and debilitating symptoms, others may have no symptoms at all. Symptoms are not always related to the location, amount or the type of endometriosis.

Although in the past endometriosis was considered a disease of the over 30s, increasing numbers are reporting that they are experiencing symptoms as early as puberty. Our 2024 diagnosis survey found that 31% were under 16 when they first considered whether symptoms they were experiencing could be due to a medical condition rather than just being "normal", and when asked to look back with the understanding of endometriosis they have now, this figure increased to 56%. There is no evidence to suggest that this is due to an increase in occurrence of endometriosis, but rather is due to the realisation at an earlier age that severe period pain is not normal. Hence help is being sought at an earlier age.

Whilst there is no cure for endometriosis, treatment and management options aim to reduce the severity of symptoms and improve the quality of life for someone living with the condition. These options are limited, and whilst hormonal treatments can help manage some people's symptoms, they do not work for everyone, and often the treatment is surgery.

Traditionally, laparoscopic surgery with biopsy has been considered the definitive way of diagnosing endometriosis. However, advances in medical imaging (ultrasound and MRI) are now used by some skilled and trained healthcare practitioners to identify potential endometriosis and plan surgery. It's important to remember that a negative scan does not rule out endometriosis. Unfortunately, it's a postcode lottery as to whether you are seen by someone trained in endometriosis and gynaecological imaging, something we're campaigning to end.

Whilst for some, we know that diagnosis is achieved in a year or less, for many it can take far too long, often with multiple visits to healthcare practitioners before symptoms are recognised. Our latest data shows that it takes on average a shocking 8 years and 10 months to receive a diagnosis, an increase of 10 months since 2020. The data also shows that a worrying 78% of respondents who had received a diagnosis of endometriosis had experienced one or more doctor telling them they were making a 'fuss about nothing' or similar comments, and many had the severity of their symptoms questioned by healthcare practitioners. The number of people reporting this experience has increased from 69% in our 2020 survey.

Without a diagnosis and access to treatment, not only can the disease progress, but it may impact every aspect of someone's life, including physical and mental health, careers, education, and relationships. It's also important not to forget the impact endometriosis can have on partners, family members and other personal relationships.

All those affected by endometriosis deserve support, and Endometriosis UK exists to provide support for all those affected by the disease and advocate for change so that everyone receives the right support at the right time.

Foreword



Liz Campbell - Chair



Emma Cox - CEO

Welcome to our 2024-2025 Annual Report, an opportunity to reflect on the incredible year we've had and share our exciting future plans.

We'd like to start by sharing our heartfelt thanks to everyone who has contributed to the work of Endometriosis UK this year – our volunteers, Trustees, supporters, fundraisers, and staff. It's only thanks to your efforts that we can continue to provide vital support and drive much needed change to improve the lives of those affected by endometriosis. From running our support services, to courageously sharing your story with the media and cheering on our fundraisers at events - however you support our work, you make a huge difference for all those affected by endometriosis.

Our work would also not be possible without our incredible fundraisers who this year have once again pulled out all the stops to raise money. From the 650 amazing fundraisers who took part in Walk for Endo, to skydives and cake sales – however you were able to raise money for us this year, thank you. Thank you also to everyone who has financially contributed to our work including grants, companies, and trusts.

A huge part of our work this year was to develop our new 2025-2030 strategy, which saw us undertake a thorough process to gather ideas and views from our volunteers, key stakeholders and the endometriosis community.

Before we share with you what's in our new strategy, let's take a look back at what you've helped us achieve.

Our last five-year strategy saw us achieve a lot – more than doubling our income to £1.5 million which has enabled us to significantly expand our support services and campaigning. Our active volunteer network has grown to almost 200 volunteers, providing invaluable in-person and online support groups, a helpline, webchat, and an online forum. We've also campaigned tirelessly for improvements to care across the UK and made as much noise as we could to raise awareness.

At the beginning of 2025 we were able to fulfil a long-held ambition, launching a nurse-led helpline, a step change in the way we provide information and support to the community. In the first quarter, the support line supported over 300 people from the endometriosis community.

Campaigning for change has never been more important for Endometriosis UK, and we remain more determined than ever to see much needed policy changes across various areas including health, education, and employment. We remain deeply concerned that the average diagnosis time in the UK hasn't reduced in over a decade, and it currently takes on average nearly 9 years to get a diagnosis. Even once a patient receives a diagnosis, there are challenges in accessing treatment and support, and NHS waiting lists remain unacceptably high. We've started to make good progress, and this year we have strengthened our relationships with decision makers and health systems in all four nations, helping drive up care standards. Our Chief Executive and our Leicester Support Group Leader, Sunaina Nechel-Maher, sat on the NICE Committee for the NICE Guideline on Endometriosis, and in November, NICE published its updated Guideline – introducing key changes that we hope will improve the baseline of endometriosis care. There have also been several debates on endometriosis in parliaments, and together you wrote over 2,000 emails to parliamentarians to call for much needed change.

This year we have also worked with employers to drive real changes for those with endometriosis in the workplace – breaking down taboos, improving working practices, and working with parliamentarians to call for legislative changes to improve people's lives at work. Our Menstrual Wellbeing in the Workplace project, funded by the Department for Health and Social Care, also came to a close this year. This project saw us run information

days, webinars, and provide bespoke training and resources for small and medium employers. Although this funding has now come to an end, we continue to work with employers to break down barriers and inspire change in the workplace as part of our Endometriosis Friendly Employer Scheme.

There are now over 100 employers that are part of the Scheme, and we continue to campaign for Governments to introduce key changes to improve HR legislation, as well as working to ensure those who are unable to work don't face unfair discriminative practices due to their endometriosis.

Supporting research projects also remains a core part of our work, and through the new 2025-2030 strategy, we will do more to ensure patients remain at the heart of endometriosis research. Research provides much needed hope for the future for those with the disease – and we continue to campaign for vital investment in research to find the cause of the disease, better treatment and management options, and one day a cure.

Despite positive progress, we know there is still so much to do to improve the lives of those affected by endometriosis. Over the next year, through our new ambitious strategy, we will continue to provide vital support and campaign for much needed changes to ensure that the 1 in 10 with endometriosis get access to the right care at the right time.

Our new, ambitious strategy reflects the determination of everyone at Endometriosis UK – our volunteers, Trustees, staff, beneficiaries and stakeholders. Those with endometriosis remain at the heart of everything we deliver, and we want to provide the best support and campaign for the best outcomes for those with the disease, at every stage of their lives.

We'd like to end our introduction by thanking our incredible supporters for what you've helped us achieve this year. With new research on the horizon and a strategy in place that aims to deliver real change, we hope you'll stand with us during the year ahead.

Elizabeth Campbell

Liz Campbell
Chair

Emma Cox

Emma Cox
Chief Executive

Purposes and aims

The aim of the annual report is to review the charity's aims, objectives, and activities each year, and share with our supporters what you have helped us achieve. We're incredibly proud of everything we have achieved but know there is much more to do.

The Trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the Trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives that have been set.

The charity's key activities and who it tries to help are described below. All its charitable activities are undertaken to further Endometriosis UK's charitable purposes for the public benefit, and focus on:

- Support for everyone living with endometriosis
- Information and supporting research
- Raising awareness and campaigning
- Resourcing the organisation so that we can deliver more

The 2020 – 2025 strategy focused on achieving the following outcomes for people living with endometriosis:

- Reducing diagnosis time
- Improving access to high quality treatment
- Ensuring everyone with endometriosis has the support they need

Achievements and performance

Key achievements

Support for those living with endometriosis

Delivering support

Our support services remain the lifeblood of Endometriosis UK, and we're grateful to our volunteers who work tirelessly to provide support services for those who need them.

Our volunteer-led support services - which includes online and in person support groups, a helpline, webchat, and online forum Health Unlocked - delivered support to 14,345 people this year. We have also trained 73 new volunteers, with our total number of active volunteers at the end of March at 191, and we launched 10 new support groups this year across the UK.

“ It's only thanks to our incredible supporters that we can continue to support those with endometriosis and advocate for change. However you've helped us this year, thank you. ”

- Emma Cox, CEO at Endometriosis UK



This year we are also thrilled to have launched our new Nurse-led Support Line, staffed by endometriosis clinical nurse specialists, offering much-needed support and information to those with endometriosis across the UK. With less than 30% of those with endometriosis in the UK having access to a specialist nurse, we understand the vital need and high demand for this service.

The service brings expert compassionate support including advice on managing endometriosis, understanding symptoms and exploring treatment options. In the first quarter, the support line supported over 300 people from the endometriosis community.

During the year, we built on our Equality, Diversity and Inclusion (EDI) work, and one key strand was Endometriosis UK celebrating Pride. We held information stands at seven Pride events across the UK in 2024, spreading awareness, offering advice, and making new connections with LGBTQ+ organisations across the country. We believe that everyone affected by endometriosis should have access to support, and Endometriosis UK is dedicated to being there for everyone. Together we are working with others to ensure that we are a safe space for all those affected by endometriosis.

All volunteers, as well as staff, are required to adhere to Endometriosis UK's safeguarding policy, which aims to protect vulnerable people across all aspects of our work.

“I’m always happy with the support I receive from the team who are approachable and friendly. ”
- volunteer

Highlights of the last year include significant increases in the number of support group meetings held, calls to our volunteer-led helpline and digital support services:

Support groups

- 268 individual support group meetings held
- Over 3,000 support group attendees
- new support groups set up, with a total of 61 groups across the UK



Our new Nurse-led Support Line launched in January 2025, and we've already started to see the benefit in how it is supporting the community. Already since the service launched in January 2025 until March 2025, the service has supported:

- 266 Support Line calls
- 76 Support Line emails

Volunteer-led helpline:

- 3,295 calls to our volunteer- led helpline
- 562 webchat conversations
- 75,000 members of the Health Unlocked forum
- 72,000 views on the 'Get Support' and 'Support Group' pages of our website
- 13 webinars delivered, receiving over 4,500 views

Supporting our volunteers

Throughout the year we supported our amazing and dedicated team of volunteers, who do so much to help the endometriosis community and provide peer support.

This year we worked on developing a new e-learning module for volunteers providing core information and training in an accessible format.

We recruited and delivered induction training to all our new volunteers. We also provided volunteers access to media training, safeguarding training, and support skills training.

We also held our first Trustee, volunteer and staff conference day, which brought together volunteers, Trustees, and staff in Birmingham. This was an incredible opportunity to come together and reflect on our shared values and ambitions for the future. We couldn't achieve what we do without our incredible volunteers and having the opportunity to come together to meet and say thank you was a real highlight of the year.

**“ It was a great reminder to check my boundaries.
The training also gave me new skills to help others.”**
- volunteer attending training

Future plans:

- To test new opening times for our nurse-led support line to see how best to meet with the community's needs
- Deliver more diverse training and support opportunities to our volunteers
- Develop a safe space support group for transgender and non-gender conforming people assigned female at birth

Providing high quality and up to date information

This year, we developed and launched an online *Symptom Checker*, to help those with suspected endometriosis have better discussion with their GPs, access appropriate referrals and support, and speed up diagnosis. Our *Symptom Checker* is simple to use, take you through some questions and generates a letter for your GP along with information about relevant guidance such as the NICE Guideline on Endometriosis. The symptom checker has had 199,224 views since launching and remains our most viewed page on the website. In the first month, it had 21,000 views.

We continued to work on improving the accessibility of our information, conducting a comprehensive health literacy review of all our print and online health materials. We look towards completing our Patient Information Forum TICK accreditation and have embedded those principles into our new Information Production Process.

We also developed and reviewed new information resources this year including:

- A review of our information for young people in consultation with young people themselves
- New information developed and published on adenomyosis
- Delivering key information to support transgender and gender non-conforming people assigned female at birth on navigated gynaecological healthcare

We'd like to say a special thank you to Cysters for working with us to ensure everyone's voices are heard.

Future plans:

- Increase health information video content to improve accessibility to our resources
- Move to translate all our core resources into community languages
- Increase our information reach through engagement with health care practitioners across the UK

Supporting people with endometriosis in the workplace

Our Endometriosis Friendly Employer Scheme (EFE) offers a way for employers to confirm their commitment to developing a work environment and culture that enables employees with endometriosis to thrive at work.

The scheme continues to grow, and we have over 140 organisations joining the pledge, including major employers and household names such as British Airways, Hargreaves Lansdown, Nationwide Building Society, NHS Ayrshire and Arran, The Welsh Parliament, Scotrail, The University of Manchester, and many more.

We developed the EFE scheme in response to all the feedback we get on the impact of endometriosis at work. To further provide support in this important area, maximising the potential of the scheme and developing our work with employers, we invested in a dedicated Endometriosis Friendly Employer Scheme Manager at the end of last financial year. We look forward to continuing to grow the scheme and expand the resources and guidance we offer to our members and employers, ensuring more employees with endometriosis can thrive at work.

Building on the success of our Endometriosis Friendly Employer (EFE) Scheme, the last two years has seen us deliver a Workplace Menstrual Wellbeing Project, focused on supporting and guiding small and medium-sized businesses (SMEs) to create a working environment that is supportive of those with menstrual health conditions. The two year project, which ended in March 2025, aimed to raise awareness about menstrual health and support SMEs with training and resources. It focused on helping workplaces understand menstrual health, support

employees, and build an inclusive culture. The goal was to educate people about conditions like endometriosis, PCOS, adenomyosis, fibroids, heavy periods, and PMDD (premenstrual dysphoric disorder). The project included webinars, events, and educational materials to help employers and employees feel more confident talking about menstrual health and creating supportive policies at work. The webinars were a big success, with over 6,000 views. Employers who attended the in-person information days gave positive feedback, saying they felt supported and left with useful information they could use to make changes in their own organisations to better support staff with menstrual health conditions.

Research

We were delighted to be partners in a successful consortium bid for a major EU Horizon Fund grant. The EUmetriosis project is a multi-country project that aims to address unmet needs related to endometriosis and advance patient care. It combines social research, clinical research, and patient and public involvement (PPI), and will run for 5 years. Endometriosis UK is leading on PPI along with our sister associations in the Netherlands and Croatia, plus on public communications. More details can be found on our website, and the new EUmetriosis website.

We are pleased to be involved in a range of research projects. Research into endometriosis is vital to find out more about the disease. Only through research will we find out more about the cause of endometriosis, how to better treat and manage it, the support people might need, and, one day, a cure. We have partnered with university researchers and clinical trials teams to aid recruitment and participation in a number of research projects aimed at improving the lives of those living with endometriosis.

During the year, we provided support for a range of research applications. For some we are co-investigators on the projects, ensuring the voice of those with endometriosis is at the heart of the research being developed. We have provided advice, undertaken surveys, reviewed materials and written letters of support for a number of applications, some of which take several months to hear an outcome. It has been a challenging time for clinical trials and medical research into endometriosis, with the long delays and waiting times for appointments and surgery impacting on activities that can take place. We continue to work closely with other research teams to support their activities and recruitment.

Future plans:

- Continue to provide PPI (Patient and Public Involvement) support for research
- Campaign for more investment in much needed research
- Identify gaps in knowledge and opportunities to undertake our own research, for example on experiences of diagnosis, treatment and care.

Awareness and campaigning

Raising your voices with Governments



To drive real change for those with endometriosis, we continue to step up our campaigning and awareness raising initiatives. The voices of those with endometriosis are at the heart of all our work, and our policy, campaigns and awareness raising work is no exception. This includes working with our supporters to respond to policy consultations, build relationships with politicians across the UK, creating opportunities for supporters to write to their elected representatives to call for change, and by sharing people's personal stories with the media.

The UK General Election held in July 2024 provided us with an exciting opportunity to engage a new set of MPs in our work, and ensure every MP knows what endometriosis is and what changes are needed to ensure everyone gets access to the right care at the right time. Ahead of the election, over 500 supporters lobbied their election candidates to ask them to commit to raising the voices of those affected by endometriosis if elected, and soon after the election we called on MPs to get straight to work to ensure endometriosis remains on the policy agenda. Supporters once again lobbied their newly elected MPs, and we created a campaign pack for any supporter who met with their MP to call for change. As a result of our supporter campaigning, since the election, endometriosis has been mentioned by parliamentarians across both the House of Commons and the House of Lords 96 times.

We have contributed to numerous parliamentary debates and policy reports that have been published this year. We provided evidence to the Women and Equalities Committee Inquiry into Reproductive Health Conditions, which resulted in a series of recommendations by the Government. This included a commitment to stop using the term 'benign gynaecology', a term often used by healthcare practitioners, which undermines the severity of the disease, a change which Endometriosis UK campaigned for alongside the Royal College of Obstetricians and Gynaecologists, and improved education for healthcare practitioners on menstrual health.

This year saw new research published by the Office for National Statistics (ONS) highlighting the negative impact endometriosis can have on earnings for those with the disease, and an NHS Confederation Report, highlighting a whopping £11bn a year being the estimated economic cost just for absenteeism due to severe period pain and heavy periods, alongside endometriosis, fibroids and ovarian cysts – helping us create a robust economic case to Governments that simply cannot afford to be ignored. Endometriosis UK was involved with and contributed to both projects.

Responding to policy consultations also remains a key part of our influencing work. We have responded to numerous consultations including the Spending Review, Plan to Make Work Pay, RSHE guidelines, Fit Note reform, NHS 10 Year Health Plan, and the Curriculum and Assessment Review. We continue to engage our supporters to ensure policy consultations reflect the needs of the community, for example in April 2024 we received over 1,000 responses to a survey about the previous governments plan to change fit notes, giving us valuable information about the community's challenges in the workplace.

We've pushed to drive up care standards and quality of care offered to people affected by endometriosis across all four nations. This year we played an instrumental role in the partial update of the NICE Guideline on Endometriosis, firstly campaigning to get the Guideline reviewed, and with our CEO being selected to sit on the review Committee, as well as Endometriosis UK's Leicester Support Group Leader, Sunaina Nechel-Maher. The section on diagnosis was updated and published in November 2024. Key changes included a recommendation that a transvaginal ultrasound scan should be offered to all those with suspected and confirmed endometriosis, improvements to diagnosis, access to treatment, and more holistic approaches to supporting the management of endometriosis. Whilst we were pleased to be involved in the partial review, we continue to call for both the implementation of the Guideline and a full review of the Guideline which we believe has significant gaps in the care pathway.



We continue to work closely with the Scottish Government on the implementation of the Women's Health Plan, and in Wales we are delighted to have seen the launch this year of the Women's Health Plan for Wales which recognises the seriousness of and prioritised endometriosis and adenomyosis. We will continue to work in Wales and Scotland to ensure the actions promised in these Plans become a reality.

In Northern Ireland, we have prioritised strengthening relationships with MLAs and have contributed to a number of stakeholder events and sessions on the ongoing work to introduce a Women's Health Plan. We joined the All-Party-Group on Women's Health and have delivered two presentations on endometriosis to the Group, including representatives of the Department for Health and Social Care.

Across all four nations, we hosted in-person events during Action Month, reaching a record number of parliamentarians. During the month, over 100 parliamentarians attended events, we directly engaged with 452 political representatives, and 22 questions and devolved equivalents were raised across all four nations during the month on endometriosis.

Following the UK General Election, we were delighted to play a key role in relaunching the APPG on Endometriosis in Westminster, and continue to provide Secretariat to the All-Party-Parliamentary-Group (APPG) on Endometriosis in Westminster, and the Cross-Party Group (CPG) on Women's Health in Scotland, working to brief politicians and Peers on key issues affecting those with endometriosis – including on health, education and employment.

Our campaigning work has been recognised this year by supporters and parliamentarians: MPs in Parliament have also celebrated our work. Gill Furniss MP said in Parliament on 15th January 2025:

“ I praise Endometriosis UK for its invaluable work in supporting women with this condition and campaigning for change. It acts as the secretariat for the all-party parliamentary group on endometriosis, of which I am an officer. ”

The Minister for Secondary Care, Karin Smyth also said in Parliament on 15th January 2025

“ I echo the praise for the campaigning work of Endometriosis UK and the support that you, Madam Deputy Speaker, and others in the Chamber have given to the APPG. ”

The Minister for Women’s Health in Scotland, Jenni Minto, at our annual Action Month reception also said:

“ I commend the work of Endometriosis UK and its volunteers in supporting the endometriosis community and raising awareness. ”

Raising awareness with the media and across digital channels

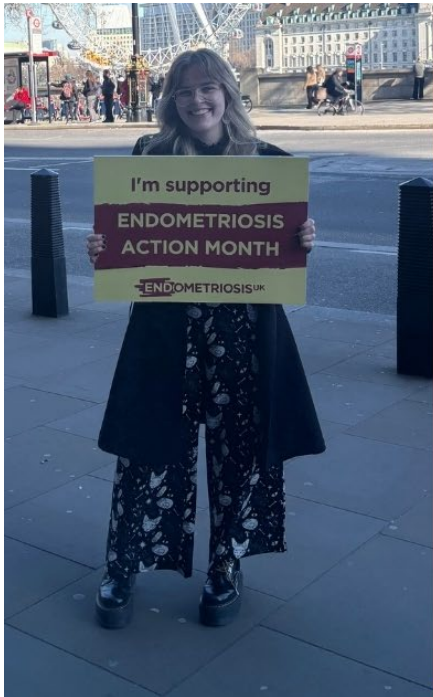
We are incredibly grateful to those with endometriosis who have bravely shared their story with the media, and in total this year there have been over 200 pieces of news coverage referencing Endometriosis UK across print outlets including The Guardian, BBC News, The i newspaper, Vogue, Cosmopolitan, and Grazia magazine. We also continue to work with specialist media such as the Pharmacist, HR outlets and Pulse Magazine to ensure our reach continues to grow.

We’ve also been proud to be part of numerous broadcast pieces, including on the BBC Breakfast sofa discussing gynaecology waiting times, Women’s Hour to discuss endometriosis treatments, and over 50 radio pieces featuring either an Endometriosis UK Spokesperson or one of our incredible volunteers sharing their lived experience.

Over 300 stories have been submitted on our share your story form, and we continue to put people’s stories at the heart of our media work to raise awareness, break down barriers, and drive change.

Our website received a total number of 1.9 million individual user views, up by 146% on last year. Our most visited pages include our newly launched symptom checker which has been visited 200,000 times, and our information and support pages. Our social media continues to be a place to educate, break taboos, and inform people about endometriosis, the symptoms, and its impact. Our channels continue to grow, and this year our platforms reached over 6 million users across all platforms, with our Tik Tok videos viewed more than 200% on the previous year. Thank you to everyone who shares their story on our platforms as well as our social media posts.

Action Month in March remains a key month in the endometriosis calendar, and every year we are blown away by the commitment and support from our community. This year was no exception, and our theme “Endometriosis Explained” aimed to explain what endometriosis is, its impact, and how we can all work together to empower change. Highlights for Action Month this year included: reaching over 1 million people across our social media platforms; delivering over 40 talks to employers; 1,225 emails sent by supporters to their elected representatives; supported 46 volunteer led events; and 137 articles referenced endometriosis.



Jasmine Watson
Support Group Leader, Lancashire

10-year journey to diagnosis, countless medical appointments, and the physical and emotional toll of being disbelieved.

I'm standing alongside a community that refuses to be silenced. ”

- Launched the new Lancashire Support Group on 20 November 2024.
- Wanted to build a community that connects mental health support with endometriosis care.

Future plans:

- Campaign ahead of the Welsh and Scottish Elections and build relationships with newly elected parliamentarians
- Continue to work with decision makers to improve the lives of those affected by endometriosis
- Transform our social media channels to educate, empower and inform more people about endometriosis
- Raise awareness of endometriosis in the media, pushing our key policy messages around health, education and employment
- Continue to ensure those affected by endometriosis are at the heart of our campaigning work

One supporter said about our campaigning work:

“ Thanks for the work you are doing - we need this platform, you're our voice. Thank you for fighting for us and giving us hope for the future ”

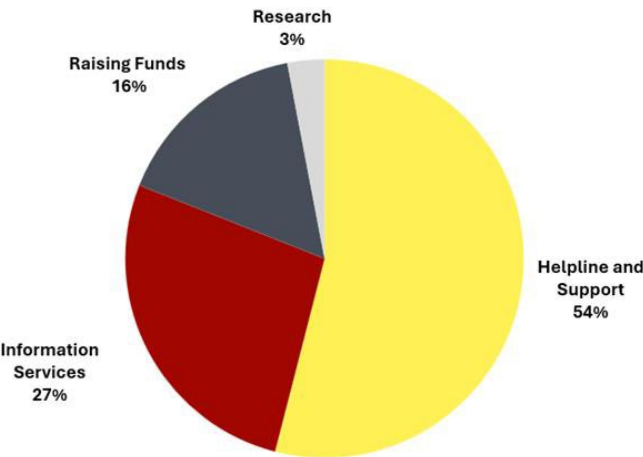
Resourcing

We’ve continued to work to deliver our five-year strategic plan, strengthening our ambitions and resolve to ensure everyone living with endometriosis has a prompt diagnosis, high quality care and the support they need.

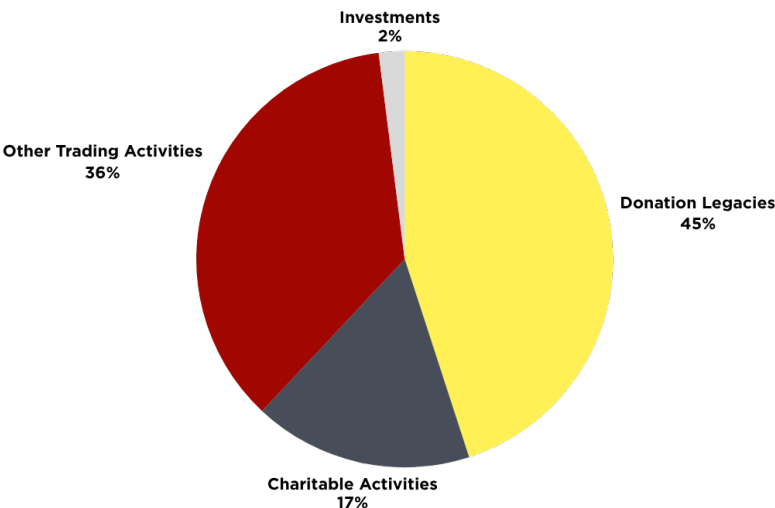
Our staff team grew further this year, with new permanent roles allowing us to increase the amount of work we can do. As new staff settle in, we look forward to being able to deliver more for the endometriosis community in the year ahead.

We have continued to diversify our income and have had another great year for Community Fundraising, corporate donations, and gifts in wills. We were delighted to receive support from a number of funders and partners including The National Lottery, Bloomberg, the Department of Health and Social Care, Lil-lets, Simply Health, and Time of the Month (TOTM). This support has contributed to the running of our much-needed support services, including volunteer training and resources, our information provision as well our new Specialist Nurse Helpline and our awareness raising activities.

Expenditure



Income



Future plans

- Start implementing our new five-year strategy, running from 2025-2030
- Continued investment in volunteer training, support and development
- Continued investment and expansion of our new Specialist Nurse Helpline
- Invest in the development of our work within menstrual health education to ensure more young people understand the signs and symptoms of menstrual conditions
- Undertake a digital transformation project to ensure we have the right tools to support more people affected by endometriosis
- Strengthen and grow our public fundraising which includes individual donations, community fundraising and fundraising challenges
- Continue to develop and grow our partnerships with funding bodies, charitable trusts, and companies

Supporters



We fundraise in diverse ways alongside raising as much awareness as possible, our main fundraising activities include:

- Sponsored Challenge Events
- Our flagship Fundraising Challenges including Walk for Endo and Go Yellow!
- Supporting fundraisers with their own fundraising events e.g. bake sales
- Applications to Trusts, Foundations and Grant Giving organisations
- Email marketing to supporters who have opted in to receive fundraising news and appeals
- Social media campaigns
- Working with carefully selected companies through Commercial Participator Agreements when necessary

We are incredibly grateful to our community of supporters who make our work possible. Over 650 people participated in our flagship challenges Walk for Endo, Winter Walk for Endo, Go Yellow! Endo the Night and Tea for Endo, and the 1in10 Challenge, raising over £116,000. Action Month saw a real boost in workplace fundraising with 64 workplaces putting on fundraising events which helped to raise awareness, break taboos and tackle stigma. We were delighted to see staff from household names such as British Airways, Marks and Spencer Head Office, HMRC, and Deloitte LLP hosting events such as Tea for Endo and Go Yellow!

In addition to these events, many others fundraised for us by participating in their own events or found new and creative ways to fundraise. Highlights include a supporter from Wales who raised over £18,000 by hosting an afternoon tea, charity walk and a gala dinner, and another amazing supporter raised over £12,000 by participating in a 220 mile walk from Broadstairs to Glastonbury in memory of his friend. A group of dedicated endometriosis consultants and trainees cycled from Manchester to Belfast in aid of Endometriosis UK, raising over £15,000 and lots of awareness along the way. We were delighted to be selected as charity of the year for the annual Women of Scotland Lunch. Our amazing team of Scotland based volunteers were there on the day

to help make it a success and we were honoured to have HRH Sophie Duchess of Edinburgh in attendance. The lunch raised £30,000 to go towards our support activities in Scotland.

It was a fantastic year for Challenge Event fundraising; we doubled our income compared to last year, raising over £250,000 with almost 300 participants taking part in a range of events. We had places in the Great North Run, Asics 10k, Royal Parks Half Marathon, Cardiff Half Marathon, London Landmarks Half Marathon, Brighton Marathon, Edinburgh Marathon, and many more. Despite having no charity spaces in the London Marathon, we were fortunate enough to have 20 people with open ballot spaces running in aid of Endometriosis UK.

In October, we participated in The Big Give Women and Girls Match Funding Campaign and were delighted to have exceeded our target of £20,000. The campaign focused on launching our new Specialist Nurse Helpline, and we were grateful to all who donated.

As a supporter-focused charity, we understand that all our achievements to support those impacted by endometriosis would not be possible without the generosity of our amazing supporters. We are committed to fundraising in an honest and transparent way. We are registered with the Fundraising Regulator and pay an annual levy to support its work. We adhere to the Code of Fundraising Practice and our supporter promise remains at the heart of all our fundraising.

When fundraising for Endometriosis UK you can be sure that:

- **We are clear, honest and open**- we tell the truth and do not exaggerate
- **We are respectful**- we treat our supporters respectfully and respect your rights and privacy. Your data is safe with us, we will never sell or share your data to a third-party organisation. We will never bombard supporters or put anyone under pressure to donate
- **We are fair and reasonable**- we take care not to use any images or words that intentionally cause distress or anxiety
- **We are accountable and responsible**- we will never knowingly solicit donations from vulnerable people. We do all we can to ensure that our supporters comply with fundraising regulations and this promise

At Endometriosis UK we have not engaged any professional fundraisers to raise funds on behalf. The charity established Commercial Participator Agreements with all sole traders and businesses known to be fundraising for Endometriosis UK and monitored the activities of those fundraising by reviewing proposed messaging and products, and social media monitoring. There were no known failures to comply with the code of the Fundraising Regulator, and no complaints were received regarding staff, volunteers or individuals fundraising for Endometriosis UK. Our fundraising activities are closely monitored by the Finance Committee, which reports to our Board of Trustees.

Future plans

- Continue to offer excellent stewardship to all our supporters
- Increase participation in events and opportunities to engage with and support us
- Deliver a varied and exciting year-round calendar of fundraising events
- Support more workplaces to fundraise and raise awareness
- Grow our Regular Giving programme and look for new ways for individuals to support our work ensuring a diverse and sustainable fundraising portfolio
- Build relationships with Trusts, Philanthropists and Grant Making organisations so we can deliver more projects to support everyone affected by endometriosis

Beneficiaries of our services

Our beneficiaries include all those with or impacted by endometriosis.

Endometriosis UK is committed to supporting and advocating for everyone affected by endometriosis regardless of race, gender, sex, gender identity, class, sexual orientation or disability and ensuring diversity. Everyone affected by endometriosis needs to be acknowledged, and we know that we must do more to identify the needs of all those affected by endometriosis, develop, maintain, and evaluate our work to meet those needs and advocate for necessary change and ensure all voices are heard. We know that there are additional complexities in accessing healthcare and support for those from Black, Asian and minority ethnic communities, and for the LGBTQ+ community.

We are taking steps to actively ensure we drive change for those from under-represented groups. The Board's Diversity & Inclusion Group continues to take this work forward. We have recruited a Community and Involvement Officer to build relationships and seek out partnerships with grassroots, community and faith-based groups across London. We have also continued to grow our EDI Forum, recruiting from a diverse group of volunteers to act as critical friends to the organisation. We'd like to say a huge thank you to Cysters, who have supported our work in helping us understand the challenges faced by marginalised groups and amplify the voices of everyone in the endometriosis community. Their work is invaluable in supporting Endometriosis UK's work.

Finances and Governance

Financial review

The Board of Trustees oversees the charity's finances. To support the Board, the Finance Committee meets regularly, chaired by our Treasurer.

For the financial year 2024/25 we planned a significant increase in our expenditure so that we could improve support to the endometriosis community and have a louder voice for the community. We were able to do this due to increasing income over prior years and building our reserves, enabling sustainable expansion.

Income increased significantly this year from £1,219,730 in 2023/2024 to £1,506,848 for this reporting year.

Expenditure increased to £1,439,524 in 2024/25, up from £1,167,069 in 2023/24. Planned spending was undertaken focusing on where we identified most long-term impact for our beneficiaries, notably around our helplines and support services, and information services.

Expenditure is regularly reviewed and carefully monitored. New expenditure and projects included launching the new Specialist Nurse Helpline and investing in our Endometriosis Friendly Employer Scheme. With increasing staff, we expanded our office space within the Royal College of Obstetricians and Gynaecologists building. At the Royal College we are part of a hub for women's health charities enabling us to work collaboratively more easily with the Royal College and other charities with similar interests. Further expansion of our work is planned over the next year, including development of our information provision, expanding our support network, and increasing our campaigning and awareness work. Despite the increase in expenditure, we generated a surplus of £67,324 due to the amazing fundraising from our supporters and the increased skill of our fundraising staff team.

The main increases were in the following areas:

- Gifts in wills including a £114,000 donation.
- Support from companies and workplaces
- Donations from Trusts and Foundations
- Very strong performance in Community Fundraising
- Donations from individuals

The Trustees aim to secure diverse income streams to ensure our income is sustainable and more resilient to changes in the external environment. In this way we can achieve our objectives – we have ambitious plans. Through both managing costs and developing our fundraising, the Trustees carefully monitored finances over the year to ensure the year ended with unrestricted reserves that comfortably met our reviewed reserves policy. As part of our planned growth strategy, we have grown our reserves which enabled us to grow the organisation over the last five years in a sustainable way. Having reserves enabled us to survive the initial impact of Covid-19 and undertake managed growth through the pandemic and the more recent cost of living crisis. We want to continue to grow so we can do more to support all those with endometriosis. The Trustees, working closely with the CEO, will continue to look for opportunities to develop further fundraising opportunities along with how best to spend our income to deliver the most for those with endometriosis.

Principal risks and uncertainties

The charity reviews risks on a regular basis and uses a risk-based management approach to decision making. This continued in 2024-25, covering the key aspects of our work including finance, governance and management, operational, and external factors. Material risks were identified, reviewed and mitigated by the Trustees and this will continue in the year ahead. Time was spent examining strategic risks in the external environment and reviewing the strategic plan against these.

Our risk statement was reviewed, and our risk register updated. The risk register is reviewed on a regular basis by staff and Trustees. A range of five-year scenarios and financial modelling was undertaken to enable the Trustees to plan how to manage the charity, monitor progress and mitigate risks. Expenditure continues to be carefully monitored given uncertainty about fundraising income in the challenging economic climate.

Our key risks, and our mitigations for these, are:

- **Not adapting to the changing environment and not meeting the needs of the endometriosis community.** We must be a reliable source of valuable information and ensure it is available across different media. We proactively campaign for changes needed to improve the care and treatment, including those currently undiagnosed. Throughout the year we focused on providing needed support, through researching what was of importance to the endometriosis community and identifying gaps in our provision, planned and launched campaigns to improve access to treatment and care, and worked with healthcare practitioners and partners to provide current information.
- **Not having sufficient funds to deliver services and achieve objectives.** Without growing our income, it will be more difficult to deliver our ambitious strategy. We are focusing on both improving our stewardship to support individuals that fundraise for us and continuing to diversify our income sources for example through grants and corporate partnerships.
- **Information technology – risk our systems failing to meet our operational need.** IT systems are crucial to our work, and as a small charity our IT support is via external providers. We reviewed all our providers, identified and implemented new software to support our work, and upgraded our website. We have also started exploring how AI may be able to assist us in our work.
- **Risk that the charity is unable to adequately safeguard vulnerable service users which may lead to harm.** We have a safeguarding policy in place, out of hours support for volunteers and staff, and staff training on call handling.

Reserves policy and going concern

Our reserves policy is to hold unrestricted reserves equivalent to at least six months' operating costs. We hold financial reserves for practical reasons, including:

- Ensuring we can go on funding our vital work should our income fall below target. Having reserves should give us time to adjust expenditure without causing undue disruption to our projects and those we support.
- Providing working capital to meet upfront expenditure during the year before income is received.

- To provide resource for investment, e.g. developing services and ensuring we maximise our reach.

As detailed above, our reserves have increased this year which will support the expansion of our work and ensure our sustainable growth. Free reserves as of 31st March 2025 were £1,008,499. This equates to seven months of operating costs for the financial year taking account of designated funds which have been set aside for committed future projects. £42,262 of restricted funds were carried forward. We started the year in a good financial position, having worked hard over prior years to build reserves in order to expand our activities. We have cautiously expanded to ensure sustainability, with expenditure minimised whilst we ascertained the impact of inflation and cost of living challenges. The reserves level achieved is based on meeting our reserves policy over the next year as the charity grows.

We would like to thank all of our fundraisers, donors and partners who were so generous over the year.

The Trustees have reviewed the level of reserves and available liquid resources in the context of plans over the next 12 months, the five-year financial scenario plans, and the organisational risk assessment. The Trustees believe that Endometriosis UK has sufficient financial resources to continue in operational existence for the foreseeable future and that we are well placed to manage its operating risks successfully. They have therefore continued to adopt the going concern basis of accounting in preparing the annual financial statements.

Structure, governance and management

Endometriosis UK is a charitable company limited by guarantee, incorporated on 25th March 1994 and registered with the Charity Commission as a charity on 29th March 1994. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In March 2021, we registered with OSCR - the Scottish Charity Regulator.

The Board of Trustees has three sub committees, Finance, Diversity and Inclusion, and Nominations. These operate to agreed Terms of Reference and with limited delegated powers from the Board.

The recruitment of Trustees is framed by an audit of the skills held by the members of the Board. Trustees are appointed by an open recruitment process using both search and advertisement as appropriate, against an agreed person profile and job specification. Shortlisted candidates are interviewed by a Nominations Committee of the Board who make a recommendation to the Board. The AGM of the Charity confirms all appointments.

All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts.

During the year we tendered for and appointed new auditors.

Trustee induction and training

The Board hold an annual away day to consider strategy and review the performance of the Board. Following this, an in-depth strategy development process was undertaken, and a new strategy for 2025 – 2030 developed.

During the year, the Board undertook an audit to ensure there remains the necessary skills and experience to lead the charity effectively. Opportunities for training and knowledge development are raised with the Board, for example the training offered by auditors.

Risk Management

The Trustees have a Risk Policy and a Risk Register. Each Board meeting assesses whether new risks have emerged or whether any of the identified risks have changed in severity. The whole risk register was reviewed at the September and November Board meetings. Trustees consider that the formulated plans to deal with such risks are appropriate at present.

Remuneration policy for key management personnel

The salary of the CEO is agreed by the Board of Trustees, taking into account benchmarking across the sector, performance against objectives, and market conditions. Our work is dependent on voluntary donations and we act in an open and transparent way that respects the money, time and energy given by donors and volunteers. In our commitment to openness, we disclose information about the CEO's salary within our annual report, as recommended by the National Council for Voluntary Organisations (NCVO).

Statement of responsibilities of the Trustees

The Trustees (who are also directors of Endometriosis UK for the purposes of company law) are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware.
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Auditor

Godfrey Wilson was appointed as the charitable company's auditor at the AGM in November 2024.

The Directors annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The Trustees' annual report has been approved by the Trustees on 15th September 2025 and signed on their behalf by

Elizabeth Campbell

Liz Campbell
Chair



Tracey Hammonds
Treasurer

Acknowledgements

We could not do the work we do without the time and knowledge kindly offered to us by our volunteers, fundraisers, speakers, health experts and medical advisors. Without them, we would not be able to reach and support the people we do. We would like to thank them all for their on-going support and generosity.

All those volunteers who have given up their time to support people affected by endometriosis - through the Helpline, Support Groups, Webchat, and Health Unlocked - receive a special vote of thanks. A huge thanks as well to everyone who took on a challenge event or hosted their very own fundraising project to raise money to support the charity.

And a very heartfelt thank you to those who told their stories to the media to raise awareness, which can be such a hard and emotional thing to do yet is vital in raising awareness and helping others.

We are very aware of the significant inequalities faced by those from marginalised communities in accessing care. We are determined to turn this around, and thank you to the charity Cysters and founder Neelam Heera-Shergill, for partnering with us and supporting us on this journey.

As always, all of our work will be a team effort. Our staff, volunteers, members, Trustees, those with endometriosis in our wider community, their friends and family, healthcare professionals, researchers – all of those who work so tirelessly as part of Team Endometriosis are making a huge difference where it is so desperately needed. We are grateful to those organisations who have provided expertise and support to help us raise awareness.

We are extremely grateful for the continued and new support of the funders below. We would also like to thank every individual and group who has made a donation and encouraged others to support and fundraise for us this year. We would also like to thank our small and dedicated staff team.

With a thank you to our funders 2024-2025:

1. AMW Charitable Trust
2. Bernard Gold Foundation
3. Batchworth Trust
4. Barratt Foundation
5. The Give Women and Girls Match Fund
6. Bloomberg
7. Cecil Pilkington Charitable Trust
8. Costa Coffee Community Grants
9. Curtis Charitable Trust
10. Department of Health and Social Care
11. Eddleston Settlement
12. Edgar E Lawley Foundation
13. Edrington
14. Ethel and Gwynne Morgan Trust
15. Fusion 21
16. Garfield Weston
17. Grace Trust
18. Hospital Saturday Fund
19. Lil-lets
20. Masonic Charitable Foundation
21. Maximus Foundation UK
22. National Lottery Community Fund
23. Peter John Foord Charitable Trust

24. Pilkington Charities Fund
25. RS Brownless Trust
26. Robertsons Trust
27. ShareGift
28. Simply Health
29. Squire Patton Boggs Charitable Trust
30. TK Maxx and Homesense Foundation
31. TOTM
32. Vandervell Foundation
33. Villagers
34. Vitol Foundation
35. Westfield Health
36. Whitaker Charitable Trust

We would also like to thank McDermott, Will and Emery who provide pro bono legal advice and services to Endometriosis UK. Their help has been invaluable in helping us progress our work as a charity.

Get involved

The more people working together the stronger we are and the louder our voice. We have a range of ways you can get involved, for more information please check out our website: www.endometriosis-uk.org/get-involved.

If you would like to hear what we are up to throughout the year, sign up for our [regular e-update](#).

Contact

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10 -18 Union Street, London SE1 1SZ
Tel: 020 7222 2781 Helpline: 0808 808 2227
www.endometriosis-uk.org/contact-us

Instagram [endometriosis.uk](https://www.instagram.com/endometriosis.uk)

Facebook www.facebook.com/endometriosis.uk.org

X [@EndometriosisUK](https://twitter.com/EndometriosisUK)

Independent auditors' report

To the members and the trustees of

Endometriosis UK

Opinion

We have audited the financial statements of Endometriosis UK (the 'parent charity') and its subsidiary (the 'group') for the year ended 31 March 2025 which comprise the consolidated statement of financial activities, consolidated and parent charity balance sheets, consolidated statement of cash flows and the related notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and the Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the group and parent charity's affairs as at 31 March 2025 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 9 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group and parent charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Independent auditors' report

To the members and the trustees of

Endometriosis UK

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the group and parent charity and their environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept by the parent charity, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charity financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out in the trustees' report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group and the parent charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charity or to cease operations, or have no realistic alternative but to do so.

Independent auditors' report

To the members and the trustees of

Endometriosis UK

Our responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with the Acts and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The procedures we carried out and the extent to which they are capable of detecting irregularities, including fraud, are detailed below:

(1) We obtained an understanding of the legal and regulatory framework that the group and parent charity operates in, and assessed the risk of non-compliance with applicable laws and regulations. Throughout the audit, we remained alert to possible indications of non-compliance.

(2) We reviewed the group and parent charity's policies and procedures in relation to:

- Identifying, evaluating and complying with laws and regulations, and whether they were aware of any instances of non-compliance;
- Detecting and responding to the risk of fraud, and whether they were aware of any actual, suspected or alleged fraud; and
- Designing and implementing internal controls to mitigate the risk of non-compliance with laws and regulations, including fraud.

(3) We inspected the minutes of trustee meetings.

(4) We enquired about any non-routine communication with regulators and reviewed any reports made to them.

(5) We reviewed the financial statement disclosures and assessed their compliance with applicable laws and regulations.

(6) We performed analytical procedures to identify any unusual or unexpected transactions or balances that may indicate a risk of material fraud or error.

(7) We assessed the risk of fraud through management override of controls and carried out procedures to address this risk. Our procedures included:

- Testing the appropriateness of journal entries;
- Assessing judgements and accounting estimates for potential bias;
- Reviewing related party transactions; and
- Testing transactions that are unusual or outside the normal course of business.

Independent auditors' report

To the members and the trustees of

Endometriosis UK

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. Irregularities that arise due to fraud can be even harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of part 16 of the Companies Act 2006, and to the charity's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charity's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

William Guy Blake

Date: 22 September 2025

William Guy Blake ACA
(Senior Statutory Auditor)

For and on behalf of:

GODFREY WILSON LIMITED

Chartered accountants and statutory auditors

5th Floor Mariner House

62 Prince Street

Bristol

BS1 4QD

Endometriosis UK

Consolidated statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2025

	Note	Restricted £	Unrestricted £	2025 Total £	Restated 2024 Total £
Income from:					
Donations and legacies	4	-	662,417	662,417	464,641
Charitable activities	5	257,984	-	257,984	282,624
Other trading activities	6	-	561,968	561,968	453,449
Investments		-	24,479	24,479	19,016
Total income		<u>257,984</u>	<u>1,248,864</u>	<u>1,506,848</u>	<u>1,219,730</u>
Expenditure on:					
Raising funds		-	224,582	224,582	192,569
Charitable activities					
Helpline and support services		304,692	475,154	779,846	630,652
Information services		-	395,097	395,097	313,174
Research		-	39,999	39,999	30,674
Total expenditure	8	<u>304,692</u>	<u>1,134,832</u>	<u>1,439,524</u>	<u>1,167,069</u>
Net income / (expenditure) and net movement in funds		(46,708)	114,032	67,324	52,661
Reconciliation of funds:					
Total funds brought forward		<u>97,404</u>	<u>1,256,903</u>	<u>1,354,307</u>	<u>1,301,646</u>
Total funds carried forward		<u><u>50,696</u></u>	<u><u>1,370,935</u></u>	<u><u>1,421,631</u></u>	<u><u>1,354,307</u></u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 19 to the accounts.

Income has been restated in the prior year to reclassify income between donations and other trading activities, as explained in note 2. This has no impact on net income.

Endometriosis UK

Consolidated balance sheets

As at 31 March 2025

	Note	The group 2025 £	The group 2024 £	The charity 2025 £	The charity 2024 £
Fixed assets					
Tangible assets	12	53,537	34,417	53,537	34,417
Current assets					
Debtors	15	32,776	39,899	32,847	39,705
Cash at bank and in hand		<u>1,510,504</u>	<u>1,374,262</u>	<u>1,508,681</u>	<u>1,372,826</u>
		1,543,280	1,414,161	1,541,528	1,412,531
Liabilities					
Creditors: amounts falling due within 1 year	16	<u>(175,186)</u>	<u>(94,271)</u>	<u>(175,186)</u>	<u>(94,484)</u>
Net current assets		<u>1,368,094</u>	<u>1,319,890</u>	<u>1,366,342</u>	<u>1,318,047</u>
Net assets	18	<u>1,421,631</u>	<u>1,354,307</u>	<u>1,419,879</u>	<u>1,352,464</u>
Funds	19				
Restricted funds		42,262	97,404	42,262	97,404
Unrestricted funds					
Designated funds		317,333	238,000	317,333	238,000
General funds		<u>1,062,036</u>	<u>1,018,903</u>	<u>1,060,284</u>	<u>1,017,060</u>
Total charity funds		<u>1,421,631</u>	<u>1,354,307</u>	<u>1,419,879</u>	<u>1,352,464</u>

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 15 September 2025 and signed on their behalf by

Elizabeth Campbell

Liz Campbell - Chair

Endometriosis UK

Consolidated statement of cash flows

For the year ended 31 March 2025

	2025 £	2024 £
Cash used in operating activities:		
Net movement in funds	67,324	52,661
Adjustments for:		
Depreciation charges	10,773	12,543
Dividends and interest from investments	(24,479)	(19,016)
Decrease in debtors	7,123	36,192
Increase in creditors	80,915	44,189
Net cash provided by operating activities	141,656	126,569
Cash flows from investing activities:		
Dividends and interest from investments	24,479	19,016
Purchase of tangible fixed assets	(29,893)	(8,947)
Net cash provided by / (used in) investing activities	(5,414)	10,069
Increase in cash and cash equivalents in the year	136,242	136,638
Cash and cash equivalents at the beginning of the year	1,374,262	1,237,624
Cash and cash equivalents at the end of the year	1,510,504	1,374,262

The charity has not provided an analysis of changes in net debt as it does not have any long term financing arrangements.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

1. Accounting policies

a) General information and basis of preparation

Endometriosis UK is a charitable company limited by guarantee registered in England and Wales. The registered office address is 10-18 Union Street, London, England, SE1 1SZ.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Endometriosis UK meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Group accounts

These financial statements consolidate the results of the charitable company and its wholly-owned (controlled) subsidiary on a line by line basis. Transactions and balances between the charitable company and its subsidiary have been eliminated from the consolidated financial statements. Balances between the two companies are disclosed in the notes of the charitable company's balance sheet. A separate statement of financial activities, or income and expenditure account, for the charitable company itself is not presented because the charitable company has taken advantage of the exemptions afforded by section 408 of the Companies Act 2006.

c) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charity's ability to continue as a going concern.

d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have been met, then the legacy is treated as a contingent asset and disclosed if material.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

1. Accounting policies (continued)

e) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

g) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particularly areas of the charity's work or for specific projects being undertaken by the charity.

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities based on the proportion of staff time occupied by each activity as follows:

	2025	2024
Raising funds	11%	14%
Charitable activities		
Helpline & support services	60%	57%
Information services	25%	25%
Research	4%	4%

Notes to the financial statements

For the year ended 31 March 2025

1. Accounting policies (continued)

j) Tangible fixed assets

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

Office equipment	4 years straight line
Furniture and fittings	10 years straight line

Items of equipment are capitalised where the purchase price exceeds £1,000.

k) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

l) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

m) Creditors

Creditors and provisions are recognised where there is a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

n) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

o) Pension costs

The company operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.

p) Operating leases

Rentals paid under operating leases are charged to the statement of financial activities as they fall due.

q) Foreign currency transactions

Transactions in foreign currencies are translated at rates prevailing at the date of the transaction. Balances denominated in foreign currencies are translated at the rate of exchange prevailing at the year end.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

1. Accounting policies (continued)

r) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements are depreciation as described in note j above.

2. Prior period restatement

In the prior year, £30,349 of income from licence fees and £8,971 of income from other fundraising activities has been reclassified from donations to other trading activities.

3. Prior period comparatives: statement of financial activities (restated)

	Restricted £	Unrestricted £	2024 Total £
Income from:			
Donations and legacies	-	464,641	464,641
Charitable activities	282,624	-	282,624
Other trading activities	-	453,449	453,449
Investments	-	19,016	19,016
Total income	282,624	937,106	1,219,730
Expenditure on:			
Raising funds	-	192,569	192,569
Charitable activities			
Helpline and support services	282,386	348,266	630,652
Information services	-	313,174	313,174
Research	-	30,674	30,674
Total expenditure	282,386	884,683	1,167,069
Net income and net movement in funds	238	52,423	52,661

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

4. Income from donations and legacies

	2025 £	Restated 2024 £
Donations	499,071	417,808
Legacies	146,448	30,249
Gift in kind	16,898	16,584
Total income from donations and legacies	662,417	464,641

All income from donations and legacies in the current and prior period was unrestricted.

5. Income from charitable activities

	2025 £	2024 £
<i>Grants:</i>		
DHSC	94,720	86,331
Lottery Community Funding - Wales	58,953	56,486
Bloomberg LP	54,925	53,000
Simply Health	25,000	-
EUMetriososis	5,952	-
Westfield Health	5,000	-
Pilkington Trust	3,000	-
Hospital Saturday Fund	2,000	-
Lottery Community Funding - Scotland	-	42,103
Section 10 Scottish Government	-	24,367
Sense Foundation	-	20,337
<i>Research:</i>		
University of Aberdeen	8,434	-
Total income from charitable activities	257,984	282,624

All income from charitable activities in the current and prior period was restricted.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

6. Income from other trading activities

	2025 £	Restated 2024 £
Challenge events	368,859	267,110
Membership fees	17,788	17,034
Licence fees	36,996	30,349
Other fundraising activities	<u>138,325</u>	<u>138,956</u>
Total income from other trading activities	<u>561,968</u>	<u>453,449</u>

All income from other trading activities in the current and prior period was unrestricted.

7. Government grants

The charitable company receives government grants, defined as funding from the Department of Health and Social Care, the Scottish Government and the National Lottery Community Funding (Scotland and Wales), to fund charitable activities. The total value of such grants in the period ending 31 March 2025 was £153,673 (2024: £209,287). There are no unfulfilled conditions or contingencies attaching to these grants in 2024/25.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

8. Total expenditure

		Charitable activities					
	Raising funds	Helpline and support services	Information services	Research	Governance costs	Support costs	2025 Total
	£	£	£	£	£	£	£
Staff costs (note 10)	98,722	523,117	213,183	31,193	7,040	7,066	880,321
Information	-	-	61,061	-	-	-	61,061
Membership EFE	-	2,436	-	-	-	-	2,436
Fundraising and challenge events	59,138	-	-	-	-	-	59,138
Office costs	8,160	57,209	67,534	1,486	545	50,826	185,760
Premises costs	-	-	-	-	-	54,009	54,009
Professional fees	-	-	-	-	24,619	53,106	77,725
Helpline & volunteer costs	-	72,301	-	-	-	-	72,301
Other costs	-	2,027	3,293	-	5,454	603	11,377
Bad debt	35,396	-	-	-	-	-	35,396
Sub-total	201,416	657,090	345,071	32,679	37,658	165,610	1,439,524
Allocation of support costs	18,874	100,014	40,758	5,964	-	(165,610)	-
Allocation of governance costs	4,292	22,742	9,268	1,356	(37,658)	-	-
Total expenditure	224,582	779,846	395,097	39,999	-	-	1,439,524

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

8. Total expenditure

Prior period comparative

	Raising funds £	Charitable activities				Support costs £	2024 Total £
		Helpline and support services £	Information services £	Research £	Governance costs £		
Staff costs (note 10)	96,706	380,867	166,785	23,639	9,806	14,044	691,847
Information	-	-	39,399	-	-	-	39,399
Membership EFE	-	174	-	-	-	-	174
Fundraising and challenge events	65,425	-	-	-	-	-	65,425
Office costs	2,780	50,890	56,063	62	1,320	57,286	168,401
Premises costs	-	-	-	-	-	44,134	44,134
Professional fees	-	-	-	-	2,614	54,823	57,437
Helpline & volunteer costs	-	86,578	-	-	-	-	86,578
Other costs	-	4,015	3,778	-	702	5,179	13,674
Sub-total	164,911	522,524	266,025	23,701	14,442	175,466	1,167,069
Allocation of support costs	25,522	99,962	43,601	6,381	-	(175,466)	-
Allocation of governance costs	2,136	8,166	3,548	592	(14,442)	-	-
Total expenditure	192,569	630,652	313,174	30,674	-	-	1,167,069

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

9. Net movement in funds

This is stated after charging:

	2025 £	2024 £
Depreciation	10,773	12,543
Operating lease payments	34,684	48,772
Trustees' remuneration	Nil	Nil
Trustees' reimbursed expenses	308	564
Auditors' remuneration (excluding VAT):		
▪ Statutory audit	8,800	8,400
▪ Other services	1,520	1,360

Trustee expenses represents the payment of reimbursement of travel and subsistence costs totalling £308 (2024: £564) incurred by two trustees (2024: one) relating to attendance at meetings.

In common with other charities of our size and nature we use our auditors to assist with the preparation of the financial statements and to prepare and submit returns to the tax authorities.

10. Staff costs and numbers

Staff costs were as follows:

	2025 £	2024 £
Salaries and wages	775,676	613,579
Social security costs	73,389	56,426
Pension costs	31,256	21,842
	880,321	691,847

	2025 No.	2024 No.
Employees earning more than £60,000 during the year:		
Between £60,000 and £70,000	1	-

The key management personnel of the charitable company comprise the Trustees and Chief Executive Officer. The total employee benefits of the key management personnel were £72,953 (2024: £60,507).

	2025 No.	2024 No.
Average head count	23	20

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

10. Staff costs and numbers (continued)

Staff are split across activities of the charity as follows (full time equivalent basis):

	2025 No.	2024 No.
Raising funds	2	2
Helpline and support services	12	9
Information services	5	4
Research	1	1
Governance	-	1
	<u>20</u>	<u>17</u>

11. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

12. Tangible fixed assets Group and Charity

	Furniture & fittings £	Office equipment £	Total £
Cost			
At 1 April 2024	23,079	42,326	65,405
Additions in year	<u>29,893</u>	<u>-</u>	<u>29,893</u>
At 31 March 2025	<u>52,972</u>	<u>42,326</u>	<u>95,298</u>
Depreciation			
At 1 April 2024	3,345	27,643	30,988
Charge for the year	<u>2,947</u>	<u>7,826</u>	<u>10,773</u>
At 31 March 2025	<u>6,292</u>	<u>35,469</u>	<u>41,761</u>
Net book value			
At 31 March 2025	<u>46,680</u>	<u>6,857</u>	<u>53,537</u>
At 31 March 2024	<u>19,734</u>	<u>14,683</u>	<u>34,417</u>

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

13. Subsidiary undertakings

Endometriosis UK Trading Limited

Endometriosis UK Trading Limited was incorporated in the UK as a wholly owned subsidiary of Endometriosis UK on 2 June 2006 (company no. 05836007), with an issued share capital of £1.

	2025 £	2024 £
Turnover	35,396	-
Cost of sales	-	-
Gross profit	35,396	-
Administrative expenses	(35,430)	(1,035)
Operating profit	(34)	(1,035)
Interest receivable	3	3
Interest payable	(60)	-
Loss on ordinary activities	(91)	(1,032)
Corporation tax	-	-
Gift aid to parent undertaking	-	-
Loss for financial year	(91)	(1,032)
The aggregate of the assets, liabilities and funds was:		
	2025 £	2024 £
Assets	1,823	1,843
Liabilities	(71)	-
Funds	1,752	1,843

14. Parent charity

The parent charity's gross income and the results for the year are disclosed as follows:

	2025 £	2024 £
Gross income	1,471,448	1,219,727
Results for the year	67,415	53,693

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

15. Debtors

	The group		The charity	
	2025	2024	2025	2024
	£	£	£	£
Trade debtors	20,397	23,970	20,397	23,970
Prepayments	1,282	2,396	1,282	2,396
Accrued income	9,948	13,533	9,948	13,339
VAT	1,149	-	1,149	-
Amounts owed by group undertakings	-	-	71	-
	<u>32,776</u>	<u>39,899</u>	<u>32,847</u>	<u>39,705</u>

16. Creditors: amounts falling due within 1 year

	The group		The charity	
	2025	2024	2025	2024
	£	£	£	£
Trade creditors	17,792	61,125	17,792	61,125
Taxation and social security	22,154	18,068	22,154	18,068
Deferred income (note 17)	119,393	-	119,393	-
Accruals	10,980	11,965	10,980	11,965
Amounts owed to group undertakings	-	-	-	213
Other creditors	4,867	3,113	4,867	3,113
	<u>175,186</u>	<u>94,271</u>	<u>175,186</u>	<u>94,484</u>

17. Deferred income

	The group		The charity	
	2025	2024	2025	2024
	£	£	£	£
Deferred during the year	<u>119,393</u>	<u>-</u>	<u>119,393</u>	<u>-</u>

Deferred income relates to a pre-financing float held for the EUmetriosis project.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

18. Analysis of group net assets between funds

	Restricted funds £	Designated funds £	General funds £	Total funds £
Tangible fixed assets	-	-	53,537	53,537
Current assets	161,655	317,333	1,064,292	1,543,280
Current liabilities	<u>(119,393)</u>	<u>-</u>	<u>(55,793)</u>	<u>(175,186)</u>
Net assets at 31 March 2025	<u>42,262</u>	<u>317,333</u>	<u>1,062,036</u>	<u>1,421,631</u>
Prior year comparative				
	Restricted funds £	Designated funds £	General funds £	Total funds £
Tangible fixed assets	-	-	34,417	34,417
Current assets	97,404	238,000	1,078,757	1,414,161
Current liabilities	<u>-</u>	<u>-</u>	<u>(94,271)</u>	<u>(94,271)</u>
Net assets at 31 March 2024	<u>97,404</u>	<u>238,000</u>	<u>1,018,903</u>	<u>1,354,307</u>

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

19. Movements in group funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2025 £
Restricted funds					
Lottery Community Funding - Scotland	19,514	-	(19,514)	-	-
Lottery Community Funding - Wales	36,231	58,953	(64,971)	-	30,213
Sense Foundation Grant	13,804	-	(13,804)	-	-
DHSC Grant	-	94,720	(94,720)	-	-
Bloomberg LP	27,855	54,925	(70,731)	-	12,049
Simply Health	-	25,000	(25,000)	-	-
EUMetrisosis	-	5,952	(5,952)	-	-
Westfield Health	-	5,000	(5,000)	-	-
Pilkington Trust	-	3,000	(3,000)	-	-
Hospital Saturday Fund	-	2,000	(2,000)	-	-
Total restricted funds	97,404	249,550	(304,692)	-	42,262
Unrestricted funds					
<i>Designated funds:</i>					
Webchat and Helpline Expansion	94,000	-	(94,000)	-	-
Additional Scottish Project	40,000	-	(40,000)	-	-
Diversity & Inclusion Activities	104,000	-	(52,000)	-	52,000
Nurse-led Support Line	-	-	-	265,333	265,333
Total designated funds	238,000	-	(186,000)	265,333	317,333
General funds	1,018,903	1,257,298	(948,832)	(265,333)	1,062,036
Total unrestricted funds	1,256,903	1,257,298	(1,134,832)	-	1,379,369
Total funds	1,354,307	1,506,848	(1,439,524)	-	1,421,631

Purposes of restricted funds

Lottery Community
Funding - Scotland

Funding for expanding and strengthening support groups in Scotland, increasing the awareness and availability of our Helpline, Webchat and information resources, and appointing a Scotland-based staff member to deliver the above.

Lottery Community
Funding - Wales

Funding for expanding and strengthening support groups in Wales, increasing the awareness and availability of our helpline, web chat and information resources, and appointing a Wales-based staff member to deliver the above.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

19. Movements in group funds (continued)

Purposes of restricted funds (continued)

Sense Foundation Grant	Funding for the Support and Information project, recruiting and training helpline and webchat volunteers, reviewing and developing information and increasing helpline and web chat provision.
DHSC Grant	Funding to develop a workplace menstrual wellbeing programme, developing and providing information and guidance on a range of menstrual conditions to SME's and providing SME's with targeted information events, webinars, resources and downloadable information.
Bloomberg LP	Funding to deliver awareness and understanding of Endometriosis to various EDI communities over three years.
Simply Health	A one-off grant to go towards the opening of the new Specialist Nurse helpline.
EUMetriosis	A 5-year EU Horizon consortium project, to support EU research into endometriosis by supporting with Patient Participation Involvement (PPI) as well as disseminating information about the research projects to our community through social media and a new EUMetriosis website.
Westfield Health	A one-off grant to launch an endometriosis symptom checker on our website.
Pilkington Trust	A grant to go towards our support work in the Merseyside area.
Hospital Saturday Fund	A one-off grant to go towards setting up a new support group at University College London Hospital (UCLH).

Purpose of designated funds

Webchat and Helpline Expansion	This funded the ongoing support, development and expansion of the web chat and helpline services and was fully spent in the year.
Additional Scottish Project	This funded additional services in Scotland and was fully spent in the year.
Diversity & Inclusion Activities	We had identified that we had less reach within certain communities, notably those from black, Asian and minority ethnic and LGBTQ+ communities. Additional funding was allocated to increase capacity in this area, undertake research and deliver improved reach. This will be fully spent next year.
Nurse-led Support Line	Funds were set aside at the start of the year for a nurse-led support line, to complement our volunteer peer-led helpline, to be spent over three years.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

19. Movements in group funds (continued)

Transfers between funds

The transfers between designated funds and general funds are explained in the narratives above.

Prior year comparative

	At 1 April 2023 £	Income £	Expenditure £	Transfers between funds £	At 31 March 2024 £
Restricted funds					
Alliance - Scottish Grant	9,971	-	(9,971)	-	-
Lottery Community					
Funding - Scotland	23,111	42,103	(45,700)	-	19,514
Lottery Community					
Funding - Wales	29,994	56,486	(50,249)	-	36,231
Intuitive Grant	6,800	-	(6,800)	-	-
Access Group					
Foundation Grant	5,637	-	(5,637)	-	-
Sense Foundation Grant	17,250	20,337	(23,783)	-	13,804
DHSC Grant	-	86,331	(86,331)	-	-
Blackbaud Grant	4,403	-	(4,403)	-	-
Section 10 Scottish					
Government	-	24,367	(24,367)	-	-
Bloomberg LP	-	53,000	(25,145)	-	27,855
Total restricted funds	97,166	282,624	(282,386)	-	97,404
Unrestricted funds					
<i>Designated funds:</i>					
Webchat and Helpline					
Expansion	140,000	-	(46,000)	-	94,000
Additional Scottish					
Project	40,000	-	-	-	40,000
Diversity & Inclusion					
Activities	156,000	-	(52,000)	-	104,000
Total designated funds	336,000	-	(98,000)	-	238,000
General funds	868,480	937,106	(786,683)	-	1,018,903
Total unrestricted funds	1,204,480	937,106	(884,683)	-	1,256,903
Total funds	1,301,646	1,219,730	(1,167,069)	-	1,354,307

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2025

20. Operating lease commitments

The group and charity had operating leases at the year end with total future minimum lease payments as follows:

	The group		The charity	
	2025	2024	2025	2024
	£	£	£	£
Amount falling due:				
Within 1 year	49,390	7,508	49,390	7,508
Within 1 - 5 years	115,243	-	115,243	-
	164,633	7,508	164,633	7,508

21. Related party transactions

Endometriosis UK has a wholly owned subsidiary Endometriosis UK Trading Limited, a company limited by shares (company no. 05836007). At 31 March 2025, Endometriosis UK Trading Limited owed Endometriosis UK £71 (2024: Endometriosis UK owed Endometriosis UK Trading Limited £213).

The charity received unrestricted donations totalling £100 (2024: £860) from one trustee (2024: four) during the year. There are no unfulfilled conditions attached to these donations.

Accounts



Endometriosis UK

**Annual report and financial statements
for the year ended 31 March 2024**

Company no. 02912853

Charity no. 1035810

OSCR no. SC051651

Contents

For the year ended 31 March 2024

This Trustee and Directors’ report provides an overview of performance in relation to our key objectives and of future plans. It includes key performance data and the stories of some of those Endometriosis UK has helped, in addition to financial summaries and analysis.

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Reference and administrative information

For the year ended 31 March 2024

Endometriosis UK is a company limited by guarantee and a registered charity.

Company number	02912853		
Country of incorporation	United Kingdom		
Country of registration	England & Wales	Charity Number	1035810
Country of registration	Scotland	Charity Number	SC051651

Registered office and operational address 10 – 18 Union Street, London SE1 1SZ

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Liz Campbell	Chair
Tracey Hammonds	Treasurer
Sarah Atkinson	(until November 2023)
Sanchia Alasia	
Jenny Bullis	(from November 2023)
Nick Burke	(from November 2023)
Anne Connolly	(from November 2023)
Anna Cooper	
Andy Glyde	(until November 2023)
Andrew Horne	
Sera Miller	(until November 2023)
Catherine Nestor	(from November 2023)
Emma Prach	(from November 2023)
Dr Veena Rao	(until November 2023)
Cassia Rowland	
Arvind Vashisht	

Endometriosis UK has a skills-based Board of Trustees, and Trustees are recruited in order to ensure that the Board has the right mix of skills and knowledge to provide effective governance. The Board of Trustees has a range of skills and experience including voluntary sector management, fundraising, financial management, primary and secondary health care and of living with endometriosis. Trustees are appointed for a term of three years which is renewable once. Trustees may serve a maximum of six years on the Board.

Company Secretary Emma Cox, CEO Endometriosis UK

Key management personnel Emma Cox, Chief Executive

Bankers CAF Bank Limited
PO Box 289
Kings Hill
West Malling
Kent ME19 4TA

Solicitors

BDB Pitmans LLP
One Bartholomew Close
London EC1A 7BL

Auditor

Sayer Vincent LLP
Chartered Accountants and Statutory Auditor
110 Golden Lane
London EC1Y 0TG

Medical Advisory Panel

Kirana Arambage, Consultant Gynaecologist, John Radcliffe Hospital, Oxford

Professor Christian Becker, Senior Clinical Research Fellow, John Radcliffe Hospital, Oxford

Liz Bruen, Endometriosis Specialist Nurse, Cardiff and Vale University Health Board

Dr Sharon Dixon, GP and NIHR Doctoral Research Fellow and General Practitioner, Oxford University

Emma Evans, Clinical Psychologist, University of Oxford

Professor Andrew Horne, Professor of Gynaecology and Reproductive Sciences, Edinburgh University

Shaheen Khazali, Consultant Gynaecologist and Endopelvic surgeon, HCA The Lister Hospital, Chelsea

Dr Uma Marthi, General Practitioner with special interest in women's health, Rochdale

Dr Veena Rao, General Practitioner with special interest in women's health, Cumbria

Fevzi Shakir, Consultant Gynaecologist, Royal Free Hospital

Claudia Tye, Endometriosis Specialist Nurse, Guys and St Thomas

Arvind Vashisht, Consultant Gynaecologist, University College London Hospital

Dr Katy Vincent, Associate Professor, Senior Fellow in Pain in Women, John Radcliffe Hospital, Oxford

Our Medical Advisory Panel provides expert advice and guidance on all our work relating to medical information. A very big thank you for their hard work and dedication in supporting the endometriosis community.

The Trustees present their report and the audited financial statements for the year ended 31 March 2024.

Reference and administrative information set out on pages 3 and 4 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association, the requirements of a directors' report as required under company law, and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

About endometriosis

Endometriosis is a disease where cells similar to those lining the womb (the endometrium) grow elsewhere in the body, most commonly within the pelvic cavity. These cells respond to the hormonal menstrual cycle, and can cause inflammation, pain and scar tissue (adhesions). Whilst often referred to as a gynaecological condition and relating to the hormonal menstrual cycle, endometriosis can be found outside the pelvic cavity. Limited research means little is known about extra-pelvic endometriosis; it's thought to affect less than 12% of those with endometriosis, and is most commonly found on the diaphragm or in the thoracic cavity (the chest and lungs).

An estimated 1.5 million women and those assigned female at birth in the UK have endometriosis - that's 1 in 10 from puberty to menopause who suffer from this disease - although the impact may be felt for life. Whilst for some symptoms are mild, for others it can be severely disabling. We currently do not know what causes the disease and there is no cure.

Endometriosis can result in inflammation, scar tissue, severe pelvic pain, painful sexual intercourse, bowel problems, bladder problems, difficulty getting pregnant, fatigue, and a range of other issues. Symptoms vary depending on where the endometriosis is growing, and are not exclusive to endometriosis. Diagnosis can take a long time often with multiple visits to healthcare practitioners before symptoms are recognised. All too frequently the severe pain and symptoms are normalised, and those with endometriosis are left in the dark about their condition and without access to treatments. Endometriosis UK's own patient surveys have found that on average it takes 8 years 10 months from first presenting with symptoms to being diagnosed (March 2024). This figure has increased from an average of 8 years in early 2020, before the pandemic, and is unacceptably long. Between March and August 2023, we gathered data from 5,500 people, and discovered that a worrying 78% of respondents who had received a diagnosis of endometriosis had experienced one or more doctor telling them they were making a 'fuss about nothing' or similar comments, and many had the severity of their symptoms questioned by healthcare practitioners. The number of people reporting this experience has increased from 69% in our 2020 survey.

Currently surgery with biopsy is considered the definitive way of diagnosing endometriosis, although there are advances in medical imaging (ultrasound and MRI) that enable skilled and trained healthcare practitioners to identify potential endometriosis – however a negative scan does not rule out endometriosis.

There is no wholly satisfactory drug therapy and often the treatment is surgery, although for many this has to be repeated. The repercussions of endometriosis may be enormous: it can affect every aspect of life, from work and relationships to ability to conceive and overall quality of life. Since the condition is hard to see and can take a long time to diagnose, it can feel very isolating - coping with persistent pain, infertility, and other unpleasant symptoms, which are often not believed by others, and may lead to depression.

Endometriosis can also impact partners, family members and personal relationships, and all those affected may need support. This is evident from the number of partners and family members who contact the charity. Although in the past it was considered a disease of the over 30s, increasing numbers are reporting that they are experiencing troublesome symptoms as early as puberty. There is no evidence to suggest that this is due to an increase in occurrence of endometriosis, but rather is due to the realisation at an earlier age that severe period pain is not normal. Hence help is being sought at an earlier age - something for which the charity's campaigns over many years should take credit. However, without improved diagnosis and treatment the negative outcomes of persistent pain, debilitating symptoms and potential infertility still remain.

Foreword

For over 40 years, Endometriosis UK has been at the forefront of demanding and achieving change for the 1.5 million women and those assigned female at birth with endometriosis in the UK, as well as providing vital support and information when people need us most. The last year was no exception, and we're proud to share with you what has been achieved thanks to the incredible support of our volunteers, medical advisors, fundraisers, partners, staff, and supporters.

We unfortunately continue to see the long-term repercussions of Covid-19, combined with the lack of priority afforded to menstrual health in the NHS. Gynaecology waiting lists increased by a higher percentage than any other speciality during the pandemic, and this worrying trend is continuing. Our report, *"Dismissed, ignored and belittled"- the long road to endometriosis diagnosis in the UK*, highlighted that getting a diagnosis of endometriosis in 2024 takes an average of 8 years 10 months, up from 8 years in 2020. There are also stark inequalities faced by those from marginalised communities in accessing care, which everyone at Endometriosis UK is determined to turn around. Over the last year, we've worked with those from marginalised communities to understand the additional barriers faced in accessing care, and how we can tackle these.

Clearly, we still have a lot of work to do and are determined to be bold in our campaigning for much needed change. New opportunities are arising that will enable us to drive our message home, both from our own research and work, and increasingly from NHS and related bodies. NICE (National Institute for Health and Care Excellence), are near to completing a partial review of their Guideline on Endometriosis, and NCEPOD (National Confidential Enquiry into Patient Outcome and Death) have undertaken a review of the quality of care for those with endometriosis, recently launching their report *Endometriosis: A Long and Painful Road*. We're proud that Emma Cox, our CEO, was invited to take part in both reviews.

Our research shows that over 30% of those with endometriosis first went to see a doctor about symptoms when they were 16 or under, and with hindsight 50% think they had symptoms at 16 or under. As well as firmly knocking on the head the myth that 'you can't get endometriosis when you're young', it highlights the need to support adolescents and teens to get a diagnosis and help them access care. We partnered with Menstrual Cycle Support to develop an online course for teens on menstrual health, to support understanding of the menstrual cycle and help teenagers understand what's 'normal' and how and when to seek help. We believe this will be a key tool in helping diagnosis in a constructive and supportive way, including via schools and general practice.

Over the next year, we will continue to campaign for change so everyone with endometriosis has a prompt diagnosis and high-quality care, and funding for more research to improve care options. This includes campaigning for NHS organisations across the UK to implement the NICE guidelines, including the soon to be updated section on diagnosis, ending the postcode lottery of treatment and care, providing a baseline across the UK. Not only will this help reduce suffering for those with endometriosis, but we also believe streamlining diagnosis will save the NHS time and money. The new Labour Government stated in their manifesto "Never again will women's health be neglected. Labour will prioritise women's health as we reform the NHS". We will be holding them to account on this.

We have continued to recruit and train incredible volunteers, who generously give their time despite their own experiences of living with endometriosis, with 90 new volunteers trained across the year, increasing our total number of active volunteers to 252. We've run a series of successful webinars on a variety of topics including endometriosis and sex, getting the most out of a GP appointment, and managing pain, with a total of over 11,400 views. Following research into needs, we've produced resources on endometriosis surgery including a video, and continue to survey for information needs to identify gaps we can fill.

Thank you to our incredible fundraisers who have taken part in an amazing array of challenges over the last 12 months – from sky dives, rowing across the Atlantic and Walking for Endo, to tea parties and wearing yellow in the workplace. All money raised goes towards helping us continue to be there for and raise the voices of everyone affected by endometriosis, and our work would not be possible without your generosity.

It is vital that employers provide support for employees with endometriosis in the workplace and are aware of the impact it can have on an individuals' work life. Our Endometriosis Friendly Employer Scheme has continued to grow, with over 100 employers signed up to the scheme. Through the scheme, these workplaces are taking action to ensure employees with endometriosis and menstrual health conditions are supported and enabled to thrive at work. We were delighted employers as diverse as British Airways, East Ayrshire Council, Hargreaves Lansdown, and Westport Veterinary Clinic signed up to the scheme in the last year. Following feedback from especially small employers without dedicated HR functions, this year we also launched a Menstrual Wellbeing in the Workplace project, covering a range of menstrual health conditions as well as endometriosis. As we evaluate this project, we are reviewing to see what more we can do to support employers to support their employees.

Historically, there has been limited research into endometriosis. We're starting to see more, although still not enough. Endometriosis UK continues to support research and researchers, and is pleased to have representatives on all main endometriosis research projects. As well as campaigning for more money to be invested in research, we are actively involved in trying to shape the research agenda through leading effective Patient and Public Involvement (PPI).

We'd like to end our introduction by thanking our incredible supporters for what you've helped us achieve this year. With new research on the horizon and a strategy in place that aims to deliver real change, we hope you'll stand with us during the year ahead.

Liz Campbell (Chair)

Emma Cox (CEO)

Objectives and activities

Purposes and aims

The aim of the annual report is to review the charity's aims, objectives, and activities each year, and share with our supporters what you have helped us achieve. We're incredibly proud of everything we have achieved but know there is much more to do.

The Trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the Trustees ensure the charity's aims, objectives and activities remain focused on its stated purposes.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives that have been set.

The charity's key activities and who it tries to help are described below. All its charitable activities are undertaken to further Endometriosis UK's charitable purposes for the public benefit, and focus on:

- Support for everyone living with endometriosis
- Information and supporting research
- Raising awareness and campaigning
- Resourcing the organisation so that we can deliver more

The current strategy is focussed on achieving the following outcomes for people living with endometriosis:

- Reducing diagnosis time
- Improving access to high quality treatment
- Ensuring everyone with endometriosis has the support they need

Achievements and performance

The charity's main activities and who it tries to help are described below. All its charitable activities focus on supporting people living with endometriosis and are undertaken to further Endometriosis UK's charitable purposes for the public benefit.

Key achievements

Support for those living with endometriosis

Delivering support

Our volunteer-led support services continue to be a core part of how we support the endometriosis community. The team enabled Endometriosis UK volunteers to deliver face-to-face, online, and phone support to 9,594 people in this year. Our support team have trained 90 new volunteers bringing our total number of active volunteers to 252. We have welcomed our first Welsh Development Coordinator this year who continues to develop supportive services across Wales, including recruiting new volunteers and setting up new groups.

During the year, we built on our Equality, Diversity and Inclusion (EDI) work, recruiting a Community Engagement and Involvement Officer to build relationships with grassroots, community and faith-based groups. We have launched an EDI Forum consisting of a diverse range of volunteers to help bring inclusive practices into the organisation.

All volunteers, as well as staff, are required to adhere to Endometriosis UK's safeguarding policy, which aims to protect vulnerable people across all aspects of our work.

Highlights of the last year include:

- 262 individual support group meetings held
- 866 support group attendees
- 10 new support groups set up bringing our total to 61 in March 2024
- 1,853 calls to our Helpline
- 372 webchat conversations
- 37,644 active members of the Health Unlocked forum
- 20,021 views on the 'Get Support' and 'support Group' pages of our website
- Our Living with Endometriosis events in London and Glasgow both had over 100 attendees
- 11 webinars delivered with 1613 live views and 9,822 on YouTube

"Thank you for the webinar, I have learned more and am looking forward to the next one!"

Supporting our volunteers

This year, we supported all our 252 active volunteers.

One volunteer said:

"The support we get is fantastic, I know I can approach the volunteer support team with anything"

We recruited and delivered induction training to new volunteers. We also designed and delivered bespoke Equality, Diversity, and Inclusion training to all our volunteers.

One trainee quoted:

"It was great hearing about the experience of others in accessing care and information. Seems to differ across the UK. Learning about the importance of boundaries and how to manage time without burning out."

In May we ran our annual volunteer experience survey. 85% rated their experience as good or excellent compared to 73% in 2021/22.



Future Plans:

- Delivery of a specialist nurse-led helpline to provide support and advice to the endometriosis community
- Improving our volunteer training package by developing e-learning packages
- Developing our support offer to all volunteers

Information

Our Endometriosis Friendly Employer Scheme (EFE) offers a way for employers to confirm their commitment to developing a work environment and culture that enables employees with endometriosis to thrive at work.

We now have over a hundred EFE members, including some major employers and household names such as British Airways, Hargreaves Lansdown, Nationwide Building Society, NHS Ayrshire and Arran, Powys County Council, Southern Water, The University of Manchester, and many more.

We developed the EFE scheme in response to all the feedback we get on the impact of endometriosis at work. To further provide support in this important area, maximising the potential of the scheme and developing our work with employers, towards the end of the financial year, we appointed an Endometriosis Friendly Employer Scheme Manager. We look forward to further developing the scheme, reaching more employers and supporting more employees with endometriosis.

In addition to our EFE work, we were delighted to receive funding from the Department of Health and Social Care for a two year project on Workplace Menstrual Wellbeing. This work is targeted at small and medium sized employers (SMEs), who may not have HR teams and may not be aware of menstrual health conditions. Over the year we have made significant strides, conducting a series of webinars and an in-person event aimed at educating SMEs about various menstrual health conditions including endometriosis, and providing insights

into how employers can create more supportive work environments for individuals affected by these conditions. We have actively participated in numerous external discussions and events focused on improving workplace conditions.

Looking ahead, we are planning for the long-term sustainability of the project and its future trajectory. It is evident that there is a crucial need to prioritise menstrual health in the workplace, and we are committed to maintaining and nurturing this discourse. Our goal is to provide ongoing support to both employers and employees.

Supporting those in education with endometriosis is also vital. Having previously successfully campaigned to get Menstrual Health included in the school curriculum in England, we wanted to progress our work in this area by providing a support for teenagers to help them understand their menstrual cycle. We identified a need for a resource for teens to help them understand their menstrual cycle and if what they were experiencing was 'normal', and to support discussion with nurses or doctors. We were delighted to partner with Menstrual Cycle Support to develop a free online course for teenagers, based on their adult course which is available on social prescribing through all healthcare practitioners. The Teen course was launched in Parliament in March 2024. In the future we will be working with Menstrual Cycle Support to encourage take up of this free resource, including awareness by healthcare practitioners and teachers to support their pupils.

Future plans:

- Development of our Endometriosis Friendly Employer scheme and Workplace Menstrual Wellbeing activities to reach more employers and support more employees with endometriosis.
- Planning for the long-term sustainability of our Workplace Menstrual Wellbeing work following the initial two years of funding.
- Increasing awareness and take up of the Menstrual Cycle Support course for teens.

Providing high quality and up to date information

This year we have updated existing information and released new versions of Understanding Endometriosis, Endometriosis of the Bladder, Endometriosis of the Bowel, and Diagnosing Endometriosis. We have reviewed and updated our Endometriosis and couples' information to address heteronormative aspects and created a new inclusive version. We have developed tailored resources to support our volunteers understanding of endometriosis.

We continue to work towards the Patient Information Forum TICK accreditation and have embedded those principles into our new Information Production Process.

We identified that there was a need for up-to date, accurate and high-quality patient information on surgery for endometriosis. Our consultation reported 62% of those with endometriosis did not get enough information on surgery from the health professionals involved in their care. Our project produced 2 leaflets on surgery for endometriosis, a video explaining the surgery journey and a Q and A webinar. The video received 3,500 views on YouTube in its first three months. One viewer commented:

"I wish I'd had this before surgery – please watch if you have a lap coming up!"



Future plans

- Launch online tools to assist those with suspected endometriosis and enable discussion with GPs. These tools will also aid GP awareness of endometriosis, and the diagnostic pathway.
- Develop more information materials for those with endometriosis from underrepresented groups.
- Undertake an accessibility review on all our health information to ensure that everyone can access the support and information they need.
- Develop new information targeting adolescents and teens to allow them to know the signs and symptoms of endometriosis in a non-threatening and age-appropriate way.

Research

We are pleased to be involved in a range of research projects. Research into endometriosis is vital to find out more about the disease. Only through research will we find out more about the cause of endometriosis, how to better treat and manage it, the support people might need, and, one day, a cure. We have partnered with university researchers and clinical trials teams to aid recruitment and participation in a number of research projects aimed at improving the lives of those living with endometriosis.

During the year, we provided support for a range of research applications. For some we are co-investigators on the projects, ensuring the voice of those with endometriosis is at the heart of the research being developed. We have provided advice, undertaken surveys, reviewed materials and written letters of support for a number of applications, some of which take several months to hear an outcome. It has been a challenging time for clinical trials and medical research into endometriosis, with the long delays and waiting times for appointments and surgery impacting on activities that can take place. Sadly, the DIAMOND trial - aiming to

compare surgery with hormone treatment for those with deep endometriosis - was a casualty of this, and was closed down due to difficulties in recruitment. We continue to work closely with other research teams to support their activities and recruitment.

Undertaking our own research has enabled us to identify issues facing the endometriosis community, and plan activities and campaigns to achieve change. Our survey of experiences of diagnosis, building on similar survey we'd undertaken in Jan/Feb 2020 and allowing direct comparison from before and after the pandemic, received 4,000 responses. This survey and analysis of results formed the basis of our *"Dismissed, ignored and belittled"* report for Endometriosis Action Month in March.

Future plans:

- Continue to provide PPI (Patient and Public Involvement) support for research
- Campaign for more investment in much needed research.
- Develop the research section on our website to provide more information about research, including how to get involved.
- Identify gaps in knowledge and opportunities to undertake our own research, for example on experiences of diagnosis, treatment and care.

Awareness and campaigning

Awareness and campaigning are key activities to underpin our support services, information provision and research. We have continued work to improve the lives of those affected by endometriosis through our campaigning and awareness raising activities. This has included responding to policy consultations, building relationships with politicians across the UK, improving our social media presence to reach new audiences, working with national media, and by creating e-action campaigns that has resulted in over 500 supporters writing to their elected representatives to call for change.

Gathering evidence is key to driving change. This year we were proud to launch a highly impactful report, *"Dismissed, ignored and belittled: a long road to endometriosis diagnosis in the UK"*, that showed getting a diagnosis for endometriosis now takes almost a year longer than before the pandemic; averaging 8 years and 10 months in the UK in 2024 compared to 8 years in 2020. The report was used as a catalyst to call for change, as we called on decision makers across the UK to take action to reduce diagnosis times and improve access to treatment, and secured high profile media coverage across local and national media outlets.

Our policy work has also seen us work effectively with MSPs in Scotland on the implementation of the Women's Health Plan, and in Westminster there has been ongoing work with Government Officials in the Department of Health and Social Care who are working to deliver the UK's Women's Health Strategy. In Wales, we continue to be part of the Women's Health Coalition inputting into the Welsh Government Women's Health Plan, including by submitting a joint response to the Welsh Government's Chronic Conditions consultation.

We also continue to provide Secretariat to the All-Party-Parliamentary-Group (APPG) on Endometriosis in Westminster, and the Cross-Party Group (CPG) on Women's Health in Scotland, and worked to brief politicians and Peers on key issues affecting those with endometriosis – including on health, education and employment.

Responding to policy consultations also remains a key part of our influencing work. We have responded to numerous consultations including the Prioritisation of Women & Reproductive Health Guidelines, guidelines on the diagnosis and management of endometriosis, and consultations on the commissioning of new medications.

Having long lobbied Governments on the need for more awareness about endometriosis, we were pleased to see improved information on endometriosis on NHS websites across the UK. NHS Inform (Scotland) continues to develop its section on periods and menstrual health, including endometriosis. We were delighted to work with NHS England digital team to provide information and case studies to support their development of public awareness resources including videos on endometriosis. A new website, Endometriosis Cymru, was commissioned by NHS Wales to help reduce diagnosis times and help access to treatment.

Our campaigning work has also seen the launch of 'Drop the Benign', a social media campaign in partnership with the Royal College of Obstetricians and Gynaecologists (RCOG). The campaign called on health practitioners to stop using the word 'benign' - when referring to endometriosis, and other gynaecological conditions. As a result, the campaign successfully reached a range of health practitioners working in the field of women's health.

Our social media channels continue to grow, with increased engagement and following across all our platforms. Our following has increased across all our platforms, and we have a combined following across all our channels of 156,330, compared to 142,976 the previous year. A particular social media highlight was re-launching our Tik Tok Channel, which has allowed us to reach a new and younger audience. This is key to raising awareness of endometriosis and its symptoms amongst young people – empowering those experiencing symptoms to seek help.

We are incredibly grateful to those with endometriosis who have bravely shared their story with the media, and in total this year there has been 377 pieces of news coverage on endometriosis in the UK across broadcast and print outlets.

Endometriosis Action Month remains a key date in the calendar for Endometriosis UK and the endometriosis community, as the community comes together to raise awareness of endometriosis and demand change. This year was no exception, with the theme: "Could it be endometriosis?" raising vital awareness of the symptoms of endometriosis amongst the general public and decision makers. We were proud to host virtual and in person events in all 4 nations of the UK.



Future plans

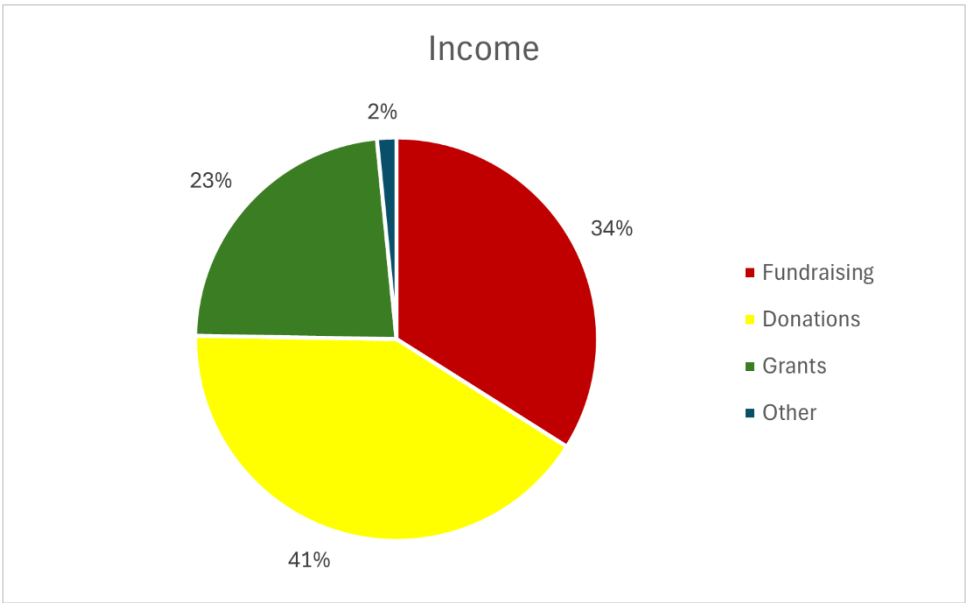
- Establish links with relevant Ministers, key government officials and MPs to influence change after the UK General Election.
- Raise awareness of the main symptoms and impact of endometriosis through our work with the media.
- Work with decision makers and stakeholders across the UK to influence change.
- Continue to ensure those affected by endometriosis are at the heart of our campaigning work; offering new and exciting opportunities for our community to engage with their elected representatives to influence change.
- Deliver a successful Action Month in 2025; engaging the endometriosis community and decision makers to raise awareness and demand change.

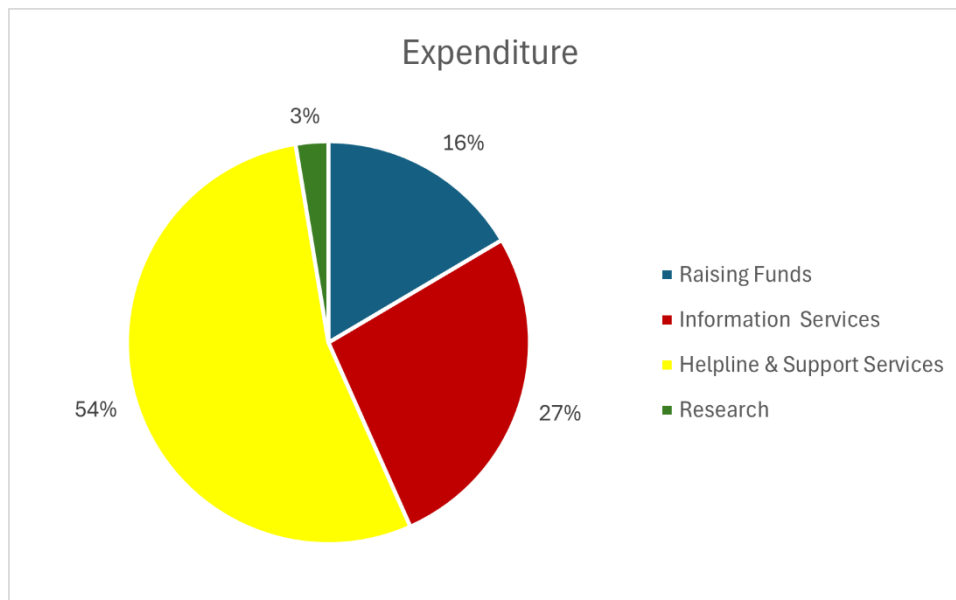
Resourcing

We’ve continued to work to deliver our 5-year strategic plan, strengthening our ambitions and resolve to ensure everyone living with endometriosis has a prompt diagnosis, high quality care and the support they need.

Our staff team grew further this year, with new permanent roles allowing us to increase the amount of work we can do. As new staff settle in, we look forward to being able to deliver more for the endometriosis community in the year ahead.

We have continued to diversify our income and have had another great year for Community Fundraising, Trusts and Grant donations and Individual Giving. We were delighted to receive support from a number of funders and partners including Garfield Weston, SENSE Foundation Brussels, The Scottish Government, The National Lottery, Bloomberg, and Time of the Month (TOTM). This support has contributed to the running of our much-needed support services, including volunteer training and resources, our information provision and awareness raising activities.





Future Plans

- Develop our new 5-year organisational strategy, to start in 2025.
- Continued investment in volunteer training, support and development.
- Investing in a new Specialist nurse-led helpline to provide support and advice to the endometriosis community.
- Grow and develop the Endometriosis Friendly Employer Scheme ensuring those with endometriosis can thrive in the workplace.
- Continue to develop and grow our partnerships with funding bodies, charitable trusts & companies.
- Strengthen and grow our public fundraising which includes individual donations, community fundraising and fundraising challenges.

Supporters

We fundraise in diverse ways alongside raising as much awareness as possible, our main fundraising activities include:

- Sponsored Challenge Events.
- Our flagship Fundraising Challenges including Walk for Endo and Go Yellow!
- Supporting fundraisers with their own fundraising events e.g. bake sales.
- Applications to Trusts, Foundations and Grant Giving organisations.
- Email marketing to supporters who have opted in to receive fundraising news and appeals.
- Social media campaigns.
- Working with carefully selected companies through Commercial Participator Agreements when necessary.

We are incredibly grateful to our community of supporters who make our work possible. Almost 1,000 people participated in our flagship challenges Walk for Endo, Winter Walk for Endo, Go Yellow!, Tea for Endo, and the 1in10 Challenge, raising over £140,000. Action Month saw a real boost in workplace fundraising which is great for awareness raising, breaking taboos and tackling stigma. In addition to these events, many others fundraised for us by participating in their own events or found new and creative ways to fundraise. Highlights include a group of men doing a million KG Challenge, the *There She Rows* group who rowed across the Atlantic, and a group of dedicated endometriosis consultants and trainees who cycled from London to Edinburgh in aid of Endometriosis UK.

It was also a fantastic year for Challenge Event Fundraising with over £120,000 raised by over 300 participants in a huge programme of events. We had places in the Great North Run, Asics 10k, Royal Parks Half Marathon,

Cardiff Half Marathon, London Landmarks Half Marathon, Brighton Marathon, Edinburgh Marathon, and many more. Despite only having one charity space for the London Marathon, we had 19 people with open ballot spaces choosing to run for us including James Phelps of Harry Potter fame, which was great for extra awareness raising.

In October we participated in The Big Give Women and Girls Match Funding Campaign and were delighted to have exceeded our target of £20,000. The campaign was focused on supporting and training our amazing volunteers to run our vital support services, and we were grateful to all who donated.

As a supporter-focused charity, we understand that all our achievements to support those impacted by endometriosis would not be possible without the generosity of our amazing supporters. We are committed to fundraising in an honest and transparent way. We are registered with the Fundraising Regulator and pay an annual levy to support its work. We adhere to the Code of Fundraising Practice and our supporter promise remains at the heart of all our fundraising. When fundraising for Endometriosis UK you can be sure that we:

- **Are clear, honest and open-** we tell the truth and do not exaggerate.
- **We are respectful-** we treat our supporters respectfully and respect your rights and privacy. Your data is safe with us, we will never sell or share your data to a third-party organisation. We will never bombard supporters or put anyone under pressure to donate.
- **We are fair and reasonable-** we take care not to use any images or words that intentionally cause distress or anxiety.
- **We are accountable and responsible-** we will never knowingly solicit donations from vulnerable people. We do all we can to ensure that our supporters comply with fundraising regulations and this promise.

At Endometriosis UK we have not engaged any professional fundraisers to raise funds on behalf. The charity established commercial participator agreements with all sole traders and businesses known to be fundraising for Endometriosis UK and monitored the activities of those fundraising by reviewing proposed messaging and products, and social media monitoring. There were no known failures to comply with the code of the Fundraising Regulator, and no complaints were received regarding staff, volunteers or individuals fundraising for Endometriosis UK. Our fundraising activities are closely monitored by the Finance Committee, which reports to our Board of Trustees.



Future plans

- Increase participation in events and opportunities to engage with and support us.
- Deliver a varied and exciting year-round calendar of fundraising events.
- Offer more non-physical fundraising challenges.
- Continue to offer to excellent stewardship to all our supporters.
- Support more workplaces to fundraise and raise awareness.

Beneficiaries of our services

Our beneficiaries include all those with or impacted by endometriosis.

Endometriosis UK is committed to supporting and advocating for everyone affected by endometriosis regardless of race, gender, sex, gender identity, class, sexual orientation or disability and ensuring diversity. Everyone affected by endometriosis needs to be acknowledged, and we know that we must do more to identify the needs of all those affected by endometriosis, develop, maintain, and evaluate our work to meet those needs and advocate for necessary change and ensure all voices are heard. We know that there are additional complexities in accessing healthcare and support for those from Black, Asian and minority ethnic communities, and for the LGBTQ+ community.

We are taking steps to actively ensure we drive change for those from under-represented groups. The Board's Diversity & Inclusion Group continues to take this work forward. We have recruited a Community and Involvement Officer to build relationships and seek out partnerships with grassroots, community and faith-based groups. We have also developed an EDI Forum, recruiting from a diverse group of volunteers to act as critical friends to the organisation.

Finances and Governance

Financial review

The Trustee Board oversees the charity's finances. To support the Board, a Finance Committee meets regularly, chaired by our Treasurer.

For the financial year 2023/24 we planned a significant increase in our expenditure so that we could improve support to the endometriosis community and have a louder voice for the community. We were able to do this due to increasing income over prior years and building our reserves, enabling sustainable expansion. Expenditure increased to £1,166,034 in 2023/24, up from £787,521 in 2022/2023. Planned investment was undertaken focusing on where we identified most long-term impact for our beneficiaries, notably around helpline and support services, and information services. A planned increase in staff had been staggered over 2021/22 year, with full year staff costs for the first time in 2023/24.

Expenditure is regularly reviewed and carefully monitored. Investments included developing a Workplace Menstrual Wellbeing project and raising funds to increase support and activity in Wales allowing us to recruit our first staff member in Wales in summer 2023. With increasing staff, we slightly expanded our office space within the Royal College of Obstetricians and Gynaecologists building. At the Royal College we are part of a hub for women's health charities enabling us to work collaboratively more easily with the Royal College and other charities with similar interests. Further expansion of our work is planned over the next year, including development of our information provision, expanding our support network, and increasing our campaigning and awareness work. Despite the increase in expenditure we generated a surplus of £53,693 (2023: £107,049) due to the amazing fundraising from our supporters and the increased skill of our fundraising staff team.

Income increased significantly this year from £894,570 in 2022/2023 to £1,219,727 in 2023/2024.

The main increases were in the following areas:

- Trusts and Grants, owing to new grants from Garfield Weston Foundation, The Sense Foundation Brussels, Bloomberg and The Scottish Government
- Support from companies and workplaces
- Donations from individuals
- Very strong performance in Community Fundraising

The Trustees aim to secure diverse income streams to ensure our income is sustainable and more resilient to change in the external environment. In this way we can achieve our objectives – we have ambitious plans. Through both managing costs and developing our fundraising, the Trustees carefully monitored finances over the year to ensure the year ended with unrestricted reserves that comfortably met our reviewed reserves policy. As part of our planned growth strategy, we have grown our reserves which enabled us to grow the organisation over the last 4 years in a sustainable way. Having reserves enabled us to survive the initial impact of Covid-19 and undertake managed growth through the pandemic and the more recent cost of living crisis. We want to continue to grow so we can do more to support all those with endometriosis. The Trustees working closely with the CEO will continue to look for opportunities to develop further fundraising opportunities along with how best to spend our income to deliver the most for those with endometriosis.

Principal risks and uncertainties

The charity reviews risk on a regular basis and uses a risk-based management approach to decision making. This continued in 2023-24, covering the key aspects of our work including finance, governance and management, operational and external factors. Material risks were identified, reviewed and mitigated by the Trustees and this will continue in the year ahead. Time was spent examining strategic risks in the external environment and reviewing the strategic plan against these.

Our risk statement was reviewed, and our risk register updated. The risk register is reviewed on a regular basis by staff and Trustees. A range of 5-year scenarios and financial modelling was undertaken to enable the Trustees to plan how to manage the charity, monitor progress and mitigate risks. Expenditure continues to be carefully monitored given uncertainty about fundraising income in the challenging economic climate.

Our key risks, and our mitigations for these are:

- Not adapting to the changing environment and not meeting the needs of the endometriosis community. We must be a reliable source of valuable information and ensure it is available across different media. We proactively campaign for changes needed to improve the care and treatment, including those currently undiagnosed. Throughout the year we focused on providing needed support, through researching what was of importance to the endometriosis community and identifying gaps in our provision, planned and launched campaigns to improve access to treatment and care, and worked with healthcare practitioners and partners to provide current information.
- Not having sufficient funds to deliver services and achieve objectives. Without growing our income, it will be more difficult to deliver our ambitious strategy. We are focusing on both improving our stewardship to support individuals that fundraise for us and continuing to diversify our income sources for example through grants and corporate partnerships.
- Information technology – risk our systems failing to meet our operational need. IT systems are crucial to our work, and as a small charity our IT support is via external providers. We reviewed all our providers, identified and implemented new software to support our work, and upgraded our website. We have also started exploring how AI may be able to assist us in our work.

Reserves policy and going concern

Our reserves policy is to hold unrestricted reserves equivalent to at least 6 months' operating costs. We hold financial reserves for practical reasons, including:

- Ensuring we can go on funding our vital work should our income fall below target. Having reserves should give us time to adjust expenditure without causing undue disruption to our projects and those we support.
- Providing working capital to meet upfront expenditure during the year before income is received.
- To provide resource for investment, e.g. developing services and ensuring we maximise our reach.

As detailed above our reserves have increased this year which will support the expansion of our work and ensure our sustainable growth. Free reserves as of 31st March 2024 were £1,071,060. This equates to 8 months of operating costs for the financial year taking account of designated funds which have been set aside for committed future projects. £97,404 of restricted funds was carried forward. We started the year in a good financial position, having worked hard over prior years to build reserves in order to expand our activities. We have cautiously expanded to ensure sustainability, with expenditure minimised whilst we ascertained the impact of inflation and cost of living challenges. The reserves level achieved is based on meeting our reserves policy over the next year as the charity grows.

We would like to thank all of our fundraisers, donors and partners who were so generous over the year.

The Trustees have reviewed the level of reserves and available liquid resources in the context of plans over the next 12 months, the five-year financial scenario plans and the organisational risk assessment. The Trustees believe that Endometriosis UK has sufficient financial resources to continue in operational existence for the foreseeable future and that we are well placed to manage its operating risks successfully. They have therefore continued to adopt the going concern basis of accounting in preparing the annual financial statements.

Structure, governance and management

Endometriosis UK is a charitable company limited by guarantee, incorporated on 25th March 1994 and registered with the Charity Commission as a charity on 29th March 1994. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In March 2021, we registered with OSCR - the Scottish Charity Regulator.

The Board of Trustees has 3 sub committees, Finance, Diversity and Inclusion, and Nominations. These operate to agreed Terms of Reference and with limited delegated powers from the Board.

The recruitment of Trustees is framed by an audit of the skills held by the members of the Board. Trustees are appointed by an open recruitment process using both search and advertisement as appropriate, against an agreed person profile and job specification. Shortlisted candidates are interviewed by a Nominations Committee of the Board who make a recommendation to the Board. The AGM of the Charity confirms all appointments.

All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 7 to the accounts.

Trustee induction and training

In 2023, 4 Trustees reached their six-year term of office. Following extensive advertising via social media, trustee recruitment websites and our networks, we were delighted to receive over 50 applications. Thank you to everyone who applied, we had a strong field to recruit from. Having followed the recruitment process, 5 new Trustees were appointed at the AGM in November 2023.

New Trustees undergo a formal induction process covering, governance, risk management, financial systems and agreed procedures.

The Board hold an annual away day to consider strategy and review the performance of the Board. Diversity and Inclusion training was undertaken by Board members, and opportunities for training and knowledge development are raised with the Board, for example the training offered by our auditors.

Risk Management

The Trustees have a Risk Policy and a Risk Register. Each Board Meeting assesses whether new risks have emerged or whether any of the identified risks have changed in severity. The whole risk register was reviewed at the September and November Board meetings. Trustees consider that the formulated plans to deal with such risks are appropriate at present.

Remuneration policy for key management personnel

The salary of the CEO is agreed by the Board of Trustees, taking into account benchmarking across the sector, performance against objectives, and market conditions. Our work is dependent on voluntary donations and we act in an open and transparent way that respects the money, time and energy given by donors and volunteers. In our commitment to openness, we disclose information about the CEO's salaries within our annual report, as recommended by the National Council for Voluntary Organisations (NCVO).

Statement of responsibilities of the Trustees

The Trustees (who are also directors of Endometriosis UK for the purposes of company law) are responsible for preparing the Trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware.
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. At the November AGM, the members voted to agree proposed changes to the governing document of the charity, the Articles of Association, to change the legal members of the charity to be the Trustees. The Trustees have no beneficial interest in the charity.

Auditor

Sayer Vincent LLP was re-appointed as the charitable company's auditor during the year and has expressed its willingness to continue in that capacity.

The Directors annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The Trustees' annual report has been approved by the Trustees on 9th September 2024 and signed on their behalf by

Liz Campbell (Chair)

Tracey Hammonds (Treasurer)

Acknowledgements

We could not do the work we do without the time and knowledge kindly offered to us by our volunteers, fundraisers, speakers, health experts and medical advisors. Without them, we would not be able to reach and support the people we do. We would like to thank them all for their on-going support and generosity.

All those volunteers who have given up their time to support people affected by endometriosis - through the Helpline, Support Groups, Webchat, and Health Unlocked - receive a special vote of thanks. A huge thanks as well to everyone who took on a challenge event or hosted their very own fundraising project to raise money to support the charity.

And a very heartfelt thank you to those who told their stories to the media to raise awareness, which can be such a hard and emotional thing to do yet is vital in raising awareness and helping others.

We are very aware of the significant inequalities faced by those from marginalised communities in accessing care. We are determined to turn this around, and thank you to the charity Cysters and founder Neelam Heera-Shergill, for partnering with us and supporting us on this journey.

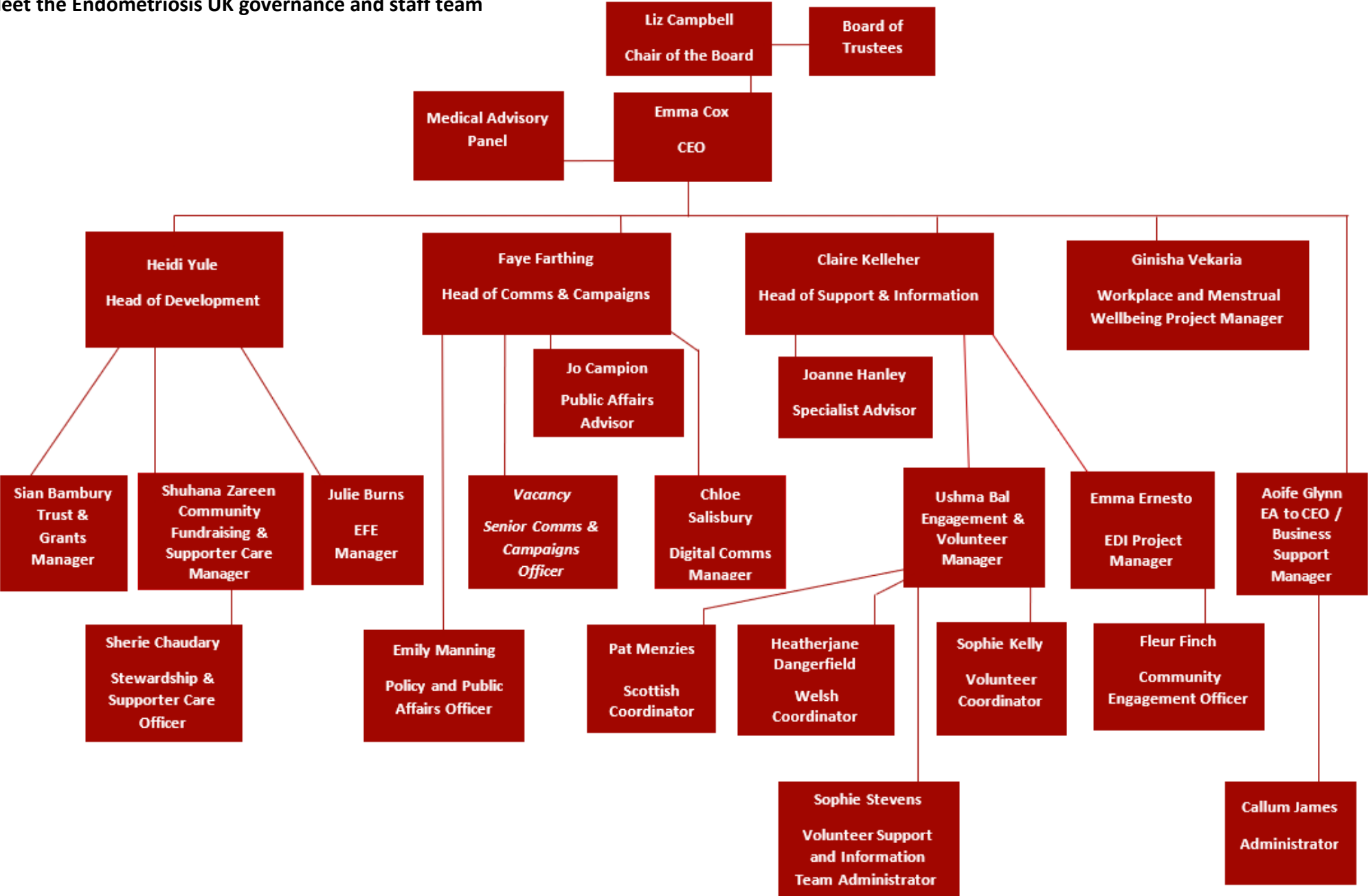
As always, all of our work will be a team effort. Our staff, volunteers, members, Trustees, those with endometriosis in our wider community, their friends and family, healthcare professionals, researchers – all of those who work so tirelessly as part of Team Endometriosis are making a huge difference where it is so desperately needed. We are grateful to those organisations who have provided expertise and support to help us raise awareness.

During the year, four of our Trustees came to the end of their maximum term of office. Thank you to Andy, Sarah, Sera, and Veena for all our hard work and support over the last 6 years.

We are extremely grateful for the continued and new support of the funders below. We would also like to thank every individual and group who has made a donation and encouraged others to support and fundraise for us this year. We would also like to thank our small and dedicated staff team.

- Department of Health and Social Care
- Scottish Government
- Bloomberg
- Garfield Weston Foundation
- SENSE Foundation Brussels
- National Lottery Community Fund
- Time of the Month (TOTM)
- Gedeon Richter
- The Department of Health and Social Care
- The Whitaker Charitable Trust
- The Edith Murphy Foundation
- The Eddleston Settlement
- Powell Charitable Trust

Meet the Endometriosis UK governance and staff team



Get involved

The more people working together the stronger we are and the louder our voice. We have a range of ways you can get involved, for more information please check out our website: www.endometriosis-uk.org/get-involved.

If you would like to hear what we are up to throughout the year, sign up for our [regular e-update](#).

Contact

Endometriosis UK
10 -18 Union Street, London SE1 1SZ
Tel: 020 7222 2781 Helpline: 0808 808 2227
www.endometriosis-uk.org/contact-us

Twitter [@EndometriosisUK](https://twitter.com/EndometriosisUK)

Instagram [endometriosis.uk](https://www.instagram.com/endometriosis.uk)

Facebook www.facebook.com/endometriosis.uk.org

Independent auditor's report to the members of Endometriosis UK

Opinion

We have audited the financial statements of Endometriosis UK (the 'charitable company') for the year ended 31 March 2024 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- Have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended)

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on Endometriosis UK's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such

material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' annual report, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The trustees' annual report, has been prepared in accordance with applicable legal requirements

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) require us to report to you if, in our opinion:

- Adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise

from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, and the audit and risk committee, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
 - Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
 - The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Fleur Holden (Senior statutory auditor)

29 November 2024

for and on behalf of Sayer Vincent LLP, Statutory Auditor

110 Golden Lane, LONDON, EC1Y 0TG

Sayer Vincent LLP is eligible to act as auditor in terms of section 1212 of the Companies Act 2006

Endometriosis UK

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2024

	Note	Unrestricted £	Restricted £	2024 Total £	Unrestricted £	Restricted £	2023 Total £
Income from:							
Grants and donations	2	503,961	–	503,961	299,811	–	299,811
Income from charitable activities	3	–	282,624	282,624	–	189,511	189,511
Other trading activities	4	414,129	–	414,129	392,558	–	392,558
Interest		19,013	–	19,013	6,253	–	6,253
Other		–	–	–	6,437	–	6,437
Total income		937,103	282,624	1,219,727	705,059	189,511	894,570
Expenditure on:							
Raising funds	5	192,383	–	192,383	171,020	–	171,020
Charitable activities							
Helpline and support services	5	347,738	282,386	630,124	278,736	144,108	422,844
Information services	5	312,957	–	312,957	168,602	–	168,602
Research	5	30,569	–	30,569	25,056	–	25,056
Total expenditure		883,648	282,386	1,166,034	643,413	144,108	787,521
Net income for the year	6	53,455	238	53,693	61,646	45,403	107,049
Net movement in funds		53,455	238	53,693	61,646	45,403	107,049
Reconciliation of funds:							
Total funds brought forward		1,201,605	97,166	1,298,771	1,139,959	51,763	1,191,722
Total funds carried forward		1,255,060	97,404	1,352,464	1,201,605	97,166	1,298,771

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15a to the financial statements.

Endometriosis UK

Balance sheet

Company no. 02912853

As at 31 March 2024

	Note	2024 £	£	2023 £	£
Fixed assets:					
Tangible assets	12		34,417		38,013
			<u>34,417</u>		<u>38,013</u>
Current assets:					
Debtors	13	39,705		76,092	
Cash at bank and in hand		1,372,826		1,236,131	
		<u>1,412,531</u>		<u>1,312,223</u>	
Liabilities:					
Creditors: amounts falling due within one year	14	(94,484)		(51,465)	
Net current assets			<u>1,318,047</u>		<u>1,260,758</u>
Total assets less current liabilities			<u>1,352,464</u>		<u>1,298,771</u>
Total net assets			<u><u>1,352,464</u></u>		<u><u>1,298,771</u></u>
The funds of the charity:	16a				
Restricted funds			97,404		97,166
Unrestricted funds:					
Designated funds		238,000		336,000	
General reserve		1,017,060		865,605	
		<u></u>		<u></u>	
Total unrestricted funds			<u>1,255,060</u>		<u>1,201,605</u>
Total charity funds			<u><u>1,352,464</u></u>		<u><u>1,298,771</u></u>

Approved by the trustees on 9 September 2024 and signed on their behalf by

Liz Campbell
Director

Tracey Hammonds
Director

Endometriosis UK

Statement of cash flows

For the year ended 31 March 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net income for the reporting period (as per the statement of financial activities)	53,693	107,049
Depreciation charges	12,543	7,656
Decrease in debtors	36,387	38,484
Increase in creditors	43,019	17,500
Net cash provided by operating activities	145,642	170,689
Cash flows from investing activities:		
Purchase of property, plant and equipment	(8,947)	(27,887)
Net cash used in investing activities	(8,947)	(27,887)
Change in cash and cash equivalents in the year	136,695	142,802
Cash and cash equivalents at the beginning of the year	1,236,131	1,093,329
Cash and cash equivalents at the end of the year	1,372,826	1,236,131

1 Accounting policies

a) Statutory information

Endometriosis UK is a charitable company limited by guarantee and is incorporated in the UK.

The registered office address is 10–18 Union Street, London, SE1 1SZ.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

In accordance with the Charities SORP, the accounts of Endometriosis UK Trading Limited have not been incorporated into these accounts on the grounds that the results are not material. The profit covenanted by Endometriosis UK Trading Limited is included in other trading activities. This report therefore provides information about the standalone charity only. For information, the subsidiary company results and the investment the charity holds are shown separately in Note 10 to the financial statements

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

c) Public benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

d) Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. The trustees reviewed income and expenditure and undertook a risk analysis, resulting in recasting the budget to reduce expenditure, and looking to identify and maximise income opportunities. Expenditure was managed carefully through the year, and a focus on developing new income sources has resulted in a strong income level for the year.

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

f) Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Notes to the financial statements

For the year ended 31 March 2024

1 Accounting policies (continued)

g) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

h) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

i) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services undertaken to further the purposes of the charity and their associated support costs, to include:
 - Helpline and support services – providing services for the relief of endometriosis
 - Information services – relating to advancing the education of those with the disease, the general public and health professionals regarding endometriosis
 - Research – activities to support research into endometriosis to improve understanding, treatment and management of the disease.
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

j) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

Where such information about the aims, objectives and projects of the charity is also provided to potential donors, activity costs are apportioned between fundraising and charitable activities on the basis of area of literature occupied by each activity.

	2024	2023
• Raising funds	18%	17%
• Helpline & Support Services	51%	55%
• Information Services	21%	20%
• Research	10%	8%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

k) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

l) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £1,000. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Office equipment 4 years

m) Debtors

Trade and other debtors are recognised at the settlement amount due

Notes to the financial statements

For the year ended 31 March 2024

1 Accounting policies (continued)

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p) Pensions

The charity contributes to workplace pension schemes for its employees. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2 Income from grants and donations

	Unrestricted £	Restricted £	2024 Total £	Unrestricted £	Restricted £	2023 Total £
Endometriosis UK Trading Ltd	-	-	-	(8,650)	-	(8,650)
Other donations	457,128	-	457,128	306,961	-	306,961
Legacy donations	30,249	-	30,249	-	-	-
Gift In Kind	16,584	-	16,584	1,500	-	1,500
	<u>503,961</u>	<u>-</u>	<u>503,961</u>	<u>299,811</u>	<u>-</u>	<u>299,811</u>

*Repayment of excess/(distribution to) the parent charity under Gift Aid in 2023

3 Income from charitable activities

	Unrestricted £	Restricted £	2024 Total £	Unrestricted £	Restricted £	2023 Total £
Alliance – Scottish Grant	-	-	-	-	29,999	29,999
Lottery Community Funding – Scotland	-	42,103	42,103	-	34,081	34,081
Lottery Community Funding – Wales	-	56,486	56,486	-	30,418	30,418
Section 10 Scottish Government	-	24,367	24,367	-	-	-
Intuitive Grant	-	-	-	-	30,000	30,000
Access Group Foundation Grant	-	-	-	-	9,900	9,900
Sense Foundation Grant	-	20,337	20,337	-	17,250	17,250
DHSC Grant	-	86,331	86,331	-	32,863	32,863
Blackbaud Grant	-	-	-	-	5,000	5,000
Bloomberg LP	-	53,000	53,000	-	-	-
	<u>-</u>	<u>282,624</u>	<u>282,624</u>	<u>-</u>	<u>189,511</u>	<u>189,511</u>

4 Income from other trading activities

	Unrestricted £	Restricted £	2024 Total £	Unrestricted £	Restricted £	2023 Total £
Challenge events	267,110	-	267,110	218,963	-	218,963
Membership fees	17,034	-	17,034	22,213	-	22,213
Other fundraising activities	129,985	-	129,985	151,382	-	151,382
	<u>414,129</u>	<u>-</u>	<u>414,129</u>	<u>392,558</u>	<u>-</u>	<u>392,558</u>

Other fundraising activities represent members and supporters raising funds on behalf of the charity.

5a Analysis of expenditure (current year)

	Charitable activities							
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Supports Costs £	2024 Total £	2023 Total £
Staff costs (Note 7)	96,706	380,867	166,785	23,639	9,806	14,044	691,847	473,470
Information	–	–	39,399	–	–	–	39,399	27,883
Membership EFE	–	174	–	–	–	–	174	385
Fundraising & Challenge Events	65,425	–	–	–	–	–	65,425	48,545
Office costs	2,780	50,890	56,063	62	1,320	57,286	168,401	120,477
Premises costs	–	–	–	–	–	44,134	44,134	40,522
Professional Fees	–	–	–	–	1,579	54,823	56,402	48,427
Helpline & Volunteer Expenses	–	86,578	–	–	–	–	86,578	17,556
Other costs	–	4,015	3,778	–	702	5,179	13,674	10,256
	164,911	522,524	266,025	23,701	13,407	175,466	1,166,034	787,521
Support costs	25,522	99,962	43,601	6,381	–	(175,466)	–	–
Governance costs	1,950	7,638	3,331	488	(13,407)	–	–	–
Total expenditure 2024	192,383	630,124	312,957	30,569	–	–	1,166,034	
Total expenditure 2023	171,020	422,844	168,602	25,056	–	–		787,521

5b Analysis of expenditure (previous year)

	Charitable activities						
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Supports Costs £	2023 Total £
Staff costs (Note 7)	78,338	251,399	89,657	8,933	14,271	30,872	473,470
Information	–	–	27,883	–	–	–	27,883
Membership EFE	–	385	–	–	–	–	385
Fundraising & Challenge Events	48,545	–	–	–	–	–	48,545
Office costs	13,585	62,578	18,687	3,873	3,176	18,578	120,477
Premises costs	–	–	–	–	–	40,522	40,522
Professional Fees	–	–	–	–	7,850	40,577	48,427
Helpline & Volunteer Expenses	–	17,556	–	–	–	–	17,556
Other costs	2,552	2,552	–	–	2,328	2,824	10,256
	143,020	334,470	136,227	12,806	27,625	133,373	787,521
Support costs	23,195	73,210	26,820	10,148	–	(133,373)	–
Governance costs	4,804	15,164	5,555	2,102	(27,625)	–	–
Total expenditure 2023	171,020	422,844	168,602	25,056	–	–	787,521

Notes to the financial statements

For the year ended 31 March 2024

6 Net income for the year

This is stated after charging / (crediting):

	2024 £	2023 £
Depreciation	12,543	7,656
Operating lease rentals payable:		
Property	48,772	30,174
Other	–	886
Auditor's remuneration (excluding VAT):		
Audit	8,400	7,850
Other services	1,360	990
	<u> </u>	<u> </u>

7 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2024 £	2023 £
Salaries and wages	613,579	425,256
Social security costs	56,426	37,541
Employer's contribution to defined contribution pension schemes	21,842	10,673
	<u>691,847</u>	<u>473,470</u>

No employee earned more than £60,000 during the year (2023: nil).

The total employee benefits (including pension contributions and employer's national insurance) of the key management personnel were £60,507 (2023: £50,384).

The charity trustees were neither paid nor received any other benefits from employment with the charity in the year (2023: £nil). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

Trustee expenses represents the payment or reimbursement of travel and subsistence costs totalling £564 (2023: £88) incurred by one (2023: 1) member relating to attendance at meetings of the trustees.

8 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was 17 (2023: 14.5).

11 employees worked full time, with 9 employees working part time. The CEO is part time, 3 or 4 days per week.

Staff are split across the activities of the charity as follows (full time equivalent basis):

	2024 No.	2023 No.
Raising funds	2.4	3.2
Helpline and support services	9.4	10.1
Information services	4.1	3.7
Research	0.6	1.4
Governance	0.5	0.6
	<u>17.0</u>	<u>19.0</u>

9 Related party transactions

Endometriosis UK received donations totalling £860 (2023: £320) from 4 trustees (2023: 11). The trustees receive no benefit from the donations made to the charity.

During the financial year there were no related party transactions.

10 Subsidiary undertaking

Endometriosis UK Trading Limited was incorporated in the UK as a wholly owned subsidiary of Endometriosis UK on 2 June 2006 (Company No: 05836007), with an issued share capital of £1. The trading company is not consolidated within these financial statements as the level of the activity is not material to the group.

A summary of the results of the subsidiary is shown below:

	2024 £	2023 £
Turnover	3	7
Gross profit/(loss)	3	7
Administrative expenses	(1,035)	(8,142)
Profit/(loss) on ordinary activities before interest and taxation	(1,032)	(8,135)
Taxation on profit on ordinary activities	–	–
Total comprehensive income	(1,032)	(8,135)
Retained earnings		
Total retained earnings brought forward	2,875	(4,754)
Total comprehensive income	(1,032)	(8,135)
Distribution under Gift Aid to parent charity	–	15,764
Total retained earnings carried forward	1,843	2,875
The aggregate of the assets, liabilities and reserves was:		
Assets	1,843	2,875
Liabilities	–	–
Reserves	1,843	2,875

11 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

12 Tangible fixed assets

	Office equipment £	Total £
Cost		
At the start of the year	56,458	56,458
Additions in year	8,947	8,947
At the end of the year	65,405	65,405
Depreciation		
At the start of the year	18,445	18,445
Charge for the year	12,543	12,543
At the end of the year	30,988	30,988
Net book value		
At the end of the year	34,417	34,417
At the start of the year	38,013	38,013

All of the above assets are used for charitable purposes.

Notes to the financial statements

For the year ended 31 March 2024

13 Debtors

	2024 £	2023 £
Prepayments	2,396	9,975
Accrued income	13,339	53,502
Other debtors	23,970	12,615
	39,705	76,092

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Taxation and social security	21,181	17,775
Other creditors	61,125	17,186
Accruals	11,965	15,121
Amounts due to subsidiary	213	1,383
	94,484	51,465

15a Analysis of net assets between funds (current year)

	General unrestricted £	Restricted £	Designated Funds	Total funds £
Tangible fixed assets	34,417	–	–	34,417
Net current assets	982,644	97,404	238,000	1,318,047
Net assets at 31 March 2024	1,017,060	97,404	238,000	1,352,464

15b Analysis of net assets between funds (prior year)

	General unrestricted £	Restricted £	Designated Funds	Total funds £
Tangible fixed assets	38,013	–	–	38,013
Net current assets	827,592	97,166	336,000	1,260,758
Net assets at 31 March 2023	865,605	97,166	336,000	1,298,771

Notes to the financial statements

For the year ended 31 March 2024

16a Movements in funds (current year)

	At 1 April 2023 £	Income and gains £	Expenditure and losses £	Transfers £	At 31 March 2024 £
Restricted funds:					
Alliance – Scottish Grant	9,971	–	(9,971)	–	–
Lottery Community Funding – Scotland	23,111	42,103	(45,700)	–	19,514
Lottery Community Funding – Wales	29,994	56,486	(50,249)	–	36,231
Intuitive Grant	6,800	–	(6,800)	–	–
Access Group Foundation Grant	5,637	–	(5,637)	–	–
Sense Foundation Grant	17,250	20,337	(23,783)	–	13,804
DHSC Grant	–	86,331	(86,331)	–	–
Blackbaud Grant	4,403	–	(4,403)	–	–
Section 10 Scottish Government	–	24,367	(24,367)	–	–
Bloomberg LP	–	53,000	(25,145)	–	27,855
Total restricted funds	97,166	282,624	(282,386)	–	97,404
Unrestricted funds:					
Designated funds:					
Webchat and Helpline expansion	140,000	–	(46,000)	–	94,000
Additional Scottish Project	40,000	–	–	–	40,000
Diversity & Inclusion activities	156,000	–	(52,000)	–	104,000
Total designated funds	336,000	–	(98,000)	–	238,000
General funds	865,605	937,103	(785,648)	–	1,017,060
Total unrestricted funds	1,201,605	937,103	(883,648)	–	1,255,060
Total funds	1,298,771	1,219,727	(1,166,034)	–	1,352,464

The narrative to explain the purpose of each fund is given at the foot of the note below.

16b Movements in funds (prior year)

	At 31 March 2022 £	Income and gains £	Expenditure and losses £	Transfers £	At 1 April 2023 £
Restricted funds:					
Takeda	10,050	–	(10,050)	–	–
Alliance – Scottish Grant	14,607	29,999	(34,635)	–	9,971
Lottery Community Funding – Scotland	27,106	34,081	(38,076)	–	23,111
Lottery Community Funding – Wales	–	30,418	(424)	–	29,994
Intuitive Grant	–	30,000	(23,200)	–	6,800
Access Group Foundation Grant	–	9,900	(4,263)	–	5,637
Sense Foundation Grant	–	17,250	–	–	17,250
DHSC Grant	–	32,863	(32,863)	–	–
Blackbaud Grant	–	5,000	(597)	–	4,403
Total restricted funds	51,763	189,511	(144,108)	–	97,166
Unrestricted funds:					
Designated funds:					
Webchat and Helpline expansion	140,000	–	–	–	140,000
Additional Scottish Project	40,000	–	–	–	40,000
Diversity & Inclusion activities	36,000	–	–	120,000	156,000
Total designated funds	216,000	–	–	120,000	336,000
General funds	923,959	705,059	(643,413)	(120,000)	865,605
Total unrestricted funds	1,139,959	705,059	(643,413)	–	1,201,605
Total funds	1,191,722	894,570	(787,521)	–	1,298,771

16 Movements in funds (continued)

Purpose of restricted funds

Restricted funds represent donations and grants restricted for use on particular areas of the charity's work.

Lottery Community Funding – Scotland

The National Lottery Community Fund provided a grant to support

- Expanding and strengthening Support Groups in Scotland
- Increasing the awareness and availability of our Helpline, WebChat and information resources
- Appointing a Scotland-based staff member to deliver the above

Lottery Community Funding – Wales

The National Lottery Community Fund provided a grant to support

- Expanding and strengthening Support Groups in Wales
- Increasing the awareness and availability of our Helpline, WebChat and information resources
- Appointing a Wales based staff member to deliver the above

Intuitive Grant

Intuitive Grant developing information resources on endometriosis surgery

- Developing video content with specialist surgeons and patients
- Producing online and printable leaflets to include RAS and laparoscopy.

The Access Foundation Grant

Funding for web Chat, Helpline and Information

- Funding towards the development of information
- Funding towards the costs of the helpline and web chat

SENSE Foundation Brussels Grant

Support and Information project

- Recruiting and training helpline and web chat volunteers
- Reviewing and developing information
- Increasing helpline and webchat provision

DHSC Grant

DHSC Grant to develop a workplace menstrual wellbeing programme

- Developing and providing information and guidance on a range of menstrual conditions to SME's
- Providing SME's with targeted information events, webinars, resources and downloadable information

Blackbaud Grant

Funds towards the Endometriosis UK Helpline and webchat

- Funds towards the Endometriosis UK Helpline and webchat

Section 10 Scottish Government

Support & Information Project

- Improve access and to deliver information around pain for women with endometriosis

Bloomberg LP

EDI Projects in London

- To deliver over 3 years awareness & understanding of Endometriosis to various EDI communities

Purpose of designated funds

Webchat and Helpline expansion

To fund the ongoing support, development and expansion for a webchat and helpline services over the three years.

Additional Scottish Project

This is in addition to the grant funding received allowing us to undertake additional activities in Scotland and will be spent over the next three years.

Additional Diversity and Inclusion activities

We had identified that we had less reach within certain communities, notably those from black, Asian and minority ethnic and LGBTQ+ community. Additional funding has been allocated, to increase capacity in this area, undertake research and deliver improved reach over the next three years.

Notes to the financial statements

For the year ended 31 March 2024

17 Operating lease commitments payable as a lessee

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods

	Property		Other	
	2024	2023	2024	2023
	£	£	£	£
Less than one year – Mutual 3 month break clause	7,508	7,508	-	-
	7,508	7,508	-	-

18 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

Accounts



Endometriosis UK

**Annual report and financial statements
for the year ended 31 March 2023**

Company no. 2912853

Charity no. 1035810

OSCR no. SC051651

Contents

For the year ended 31 March 2023

This Trustee and Directors' report provides an overview of performance in relation to our key objectives and of future plans. It includes key performance data and the stories of some of those Endometriosis UK has helped, in addition to financial summaries and analysis.

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Reference and administrative information

For the year ended 31 March 2023

Endometriosis UK is a company limited by guarantee and a registered charity.

Company number	2912853		
Country of incorporation	United Kingdom		
Country of registration	England & Wales	Charity Number	1035810
Country of registration	Scotland	Charity Number	SC051651

Registered office and operational address 10 – 18 Union Street, London SE1 1SZ

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Liz Campbell	Chair
Tracey Hammonds	Treasurer
Sanchia Alasia	
Sarah Atkinson	
Anna Cooper	
Andy Glyde	
Andrew Horne	
Sera Miller	
Dr Veena Rao	
Cassia Rowland	
Arvind Vashisht	

Endometriosis UK has a skills-based Board of Trustees and Trustees are recruited in order to ensure that the board has the right mix of skills and knowledge to provide effective governance. The Board of Trustees has a range of skills and experience including voluntary sector management, fundraising, financial management, primary and secondary health care and of living with endometriosis. Trustees are appointed for a term of three years which is renewable once. Trustees may serve a maximum of six years on the Board.

Company Secretary Emma Cox, CEO Endometriosis UK

Key management personnel Emma Cox

Bankers CAF Bank Limited
PO Box 289
Kings Hill
West Malling
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Professor Andrew Horne, Professor of Gynaecology and Reproductive Sciences, Edinburgh University

Shaheen Khazali, Consultant Gynaecologist and Endopelvic surgeon, HCA The Lister Hospital, Chelsea

Dr Uma Marthi, General Practitioner with special interest in women's health, Rochdale

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Claudia Tye, Endometriosis Specialist Nurse, Guys and St Thomas

Arvind Vashisht, Consultant Gynaecologist, University College London Hospital

Dr Katy Vincent, Associate Professor, Senior Fellow in Pain in Women, John Radcliffe Hospital, Oxford

Our Medical Advisory Panel provides expert advice and guidance on all our work relating to medical information. A very big thank you for their hard work and dedication in supporting the endometriosis community.

The Trustees present their report and the audited financial statements for the year ended 31 March 2023.

Reference and administrative information set out on pages 3 and 4 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association, the requirements of a directors' report as required under company law, and the Statement of Recommended Practice – Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS102.

About endometriosis

Endometriosis is a disease where cells similar to those lining the womb (the endometrium) grow in other areas of the body, most commonly within the pelvic cavity. These cells respond to the hormonal menstrual cycle in a similar way as the lining of the womb, but unlike the lining of the womb there is no way for it to exit the body. It can cause inflammation, pain and scar tissue (adhesions). Whilst often referred to as a gynaecological condition and relating to the hormonal menstrual cycle, endometriosis can be found outside the pelvic cavity. Limited research means little is known about extra-pelvic endometriosis, it's thought to affect less than 12% of those with endometriosis, and is most commonly found on the diaphragm or in the thoracic cavity (the chest and lungs).

An estimated 1.5 million women and those assigned female at birth in the UK have endometriosis - that's 1 in 10 from puberty to menopause who suffer from this disease, although the impact may be felt for life. Whilst for some symptoms are mild, for other it can be severely disabling. We currently do not know what causes the disease and there is no cure.

Endometriosis can result in inflammation, scar tissue, severe pain, painful sexual intercourse, bowel digestive, bladder problems, difficulty getting pregnant, fatigue and a range of other issues. Symptoms vary depending on where the endometriosis is growing and are not exclusive to endometriosis. Diagnosis can take a long time often with multiple visits to healthcare practitioners before symptoms are recognised. All too frequently the severe pain and symptoms are normalised, and those with endometriosis left in the dark about their condition and without access to treatments. Endometriosis UK's own patient surveys have found that on average it takes 8 years from first symptoms to being diagnosed (March 2020). This figure has not changed in a decade and is still unacceptably long. There is a general lack of awareness about endometriosis: a survey we undertook in 2023 highlighted that just 49% of the public are aware that endometriosis is a gynaecological health condition – a figure which drops to just 31% of men.

Currently surgery with biopsy is the only way of diagnosing it definitively, although there are advances in medical imaging (ultrasound and MRI) that enable skilled and trained healthcare practitioners to identify potential endometriosis – however a negative scan does not rule out endometriosis.

There is no wholly satisfactory drug therapy and often the treatment is surgery, although for many this has to be repeated. The repercussions of endometriosis may be enormous: it can affect every aspect of life, from work and relationships to ability to conceive and overall quality of life. Since the condition is hard to see and can take a long time to diagnose, it can feel very isolating - coping with persistent pain, infertility, and other unpleasant symptoms, which are often not believed by others, can also lead to depression.

Endometriosis can also impact partners, family members and personal relationships, and all those affected may need support. This is evident from the number of partners and family members who contact the charity. Although in the past it was considered a disease of the over 30's, increasing numbers are reporting that they are experiencing troublesome symptoms as early as puberty. There is no evidence to suggest that this is due to an increase in occurrence of endometriosis, but rather is due to the realisation at an earlier age that severe period pain is not normal. Hence help is being sought at an earlier age - something for which the charity's campaigns over many years should take credit. However, without improved diagnosis and treatment the negative outcomes of persistent pain, debilitating symptoms and potential infertility still remain.

Foreword

Over the last 41 years, Endometriosis UK has been at the forefront of demanding and achieving change for the 1.5 million women and those assigned female at birth with endometriosis in the UK, as well as providing vital support and information when people need us most. This year has been no exception, and we're proud to share with you what has been achieved this year thanks to the incredible support of our volunteers, medical advisors, fundraisers, partners, staff and supporters.

We'd also like to take this opportunity to remember and pay tribute to two endometriosis pioneers who sadly died last year. Author Dame Hilary Mantel passed away in September 2022. Dame Hilary Mantel paved the way for breaking down taboos in talking about endometriosis and its impact, and no doubt inspired the next generation to share their experience and seek support. We also pay tribute to the late Ailsa Irving, the founder of the National Endometriosis Society, now Endometriosis UK, who sadly died in November 2022. Ailsa's passion and determination to bring together those who suffered with endometriosis and break the silence for those living with the disease were the foundations for our charity, and helped others to be more open and seek the support they deserve.

It is thanks to Ailsa's and Hilary's determination that Endometriosis UK and awareness is what it is today.

This year, we've continued to witness the long-term repercussions of covid-19, which remain entrenched within endometriosis services. An Endometriosis UK survey in 2022 found that 22% of those with endometriosis who had gynaecology appointments cancelled or postponed during the pandemic were still waiting as of August 2022. This follows gynaecology waiting lists seeing the biggest percentage increase of all NHS specialities during the pandemic and waiting times soaring by 60% across the UK. Far too many with endometriosis are stuck on long waiting lists for appointments, surgery and treatment, often left in debilitating pain. There are also stark inequalities faced by those from marginalised communities in accessing care, which everyone at Endometriosis UK is determined to turn around. Over the last year, we've worked with those from marginalised communities to understand the additional barriers faced in accessing care, and how we can tackle these.

Our range of support services enable us to reach marginalised communities and provide a wide range of ways for the community to engage with our work. The pandemic exposed the challenges faced by those with endometriosis and the importance of our work to provide a beacon of support and hope to anyone affected by the disease. We have continued to recruit and train incredible volunteers, who generously give their time despite their own experiences of living with endometriosis, with 60 new volunteers trained across the year, increasing our total number of active volunteers to 201. We've run a series of successful webinars on a variety of topics including endometriosis and sex, getting the most out of a GP appointment and managing pain.

In 2022/23 we expanded and added resource into our information delivery. With the appointment of a Specialist Advisor in April 2022 and a Head of Information and Support in September 2022 we have developed a robust and sustainable way of producing new and relevant information on endometriosis. Last year we ran a systematic review of all our information materials to ensure they were up to date and in line with current clinical practice. In addition, we have updated our key information resources including diagnosis, medical treatments, surgery for endometriosis, and bladder endometriosis. We will continue to expand our information provision in 2023/24.

We've continued to raise the voices and experiences of the endometriosis community with decision makers across all four nations of the UK. A breakthrough moment was after a campaign led by Endometriosis UK, NICE (the National Institute of Health and Care Excellence) agreed to review parts of the NICE Guideline on Endometriosis Diagnosis and Management, and appointed Emma Cox, our CEO, to the NICE Committee that will undertake the review.

Whilst the guideline sets the baseline for endometriosis care in the NHS, there are gaps which mean a lack of support and access to care.

Over the next year, we will continue to campaign for change so everyone with endometriosis has a prompt diagnosis and high-quality care, and funding for more research to improve care options. This includes campaigning for NHS's across the UK to implement the NICE guideline, ending the postcode lottery of treatment and care, providing a baseline across the UK.

Thank you to our incredible fundraisers who have taken part in an amazing array of challenges over the last 12 months – from sky dives and ultra-ultra marathons to tea parties and wearing yellow in the workplace. All money raised goes towards helping us continue to be there for and raise the voices of everyone affected by endometriosis, and our work would not be possible without your generosity.

It is vital that employers provide support for employees with Endometriosis in the workplace and are aware of the impact it can have on an individuals' work life. Our Endometriosis Friendly Employer Scheme has continued to grow, with a total of 104 employers signed up to the Scheme. Through the scheme, these workplaces are taking action to ensure employees with endometriosis and menstrual health conditions are supported and enabled to thrive at work. We were delighted the Welsh Government, Bank of Ireland, Royal College of Obstetricians and Gynaecologists, and several NHS trusts signed up to the scheme in 2022.

We'd like to end our introduction by thanking our incredible supporters for what you've helped us achieve this year. With new research on the horizon and a strategy in place that aims to deliver real change, we hope you'll stand with us during the year ahead.

Liz Campbell (Chair)

Emma Cox (CEO)

Objectives and activities

Purposes and aims

The aim of the annual report is to review the charity's aims, objectives and activities each year, and share with our supporters what you have helped us achieve. We're incredibly proud of everything we have achieved but know there is much more to do.

The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's key activities and who it tries to help are described below. All its charitable activities are undertaken to further Endometriosis UK's charitable purposes for the public benefit, and focus on:

- Support for everyone living with endometriosis
- Information and supporting research
- Raising awareness and campaigning
- Resourcing the organisation so that we can deliver more

The following outcomes for the next 5 years have been agreed:

- Reducing diagnosis time
- Improving access to high quality treatment
- Ensuring everyone with endometriosis has the support they need

Key achievements

The continued impact of the covid pandemic on NHS services, along with inflation and the cost of living challenges, have impacted significantly on many in the endometriosis community and the charity. Despite this, we achieved several long-term objectives, focused on supporting those with endometriosis, reducing diagnosis times, and campaigning to improve access to treatments. We have highlighted a few of these below, with more details of our activities on following pages.

Support for people living with endometriosis

Offering support for those living with endometriosis is at the heart of everything we do. We continue to be there for people with endometriosis, with the support of our fantastic team of trained volunteers providing direct support through our growing community of Support Groups, Helpline and Webchat services, and online Health Unlocked forum. Post-covid we have supported community groups transitioning back to face to face meetings and improve our volunteer training offer to ensure our services meet the needs of the endometriosis community.

Information

Access to accurate information is essential for those with endometriosis. The appointment of our Specialist Advisor gave us additional clinical expertise that allowed us to diversify and improve our information provision in 2022. We strengthened our partnerships with endometriosis specialist centres across the UK and increased our digital information provision offer delivering more webinars than ever before.

Research

We know that research is at the core of improving the lives of those with endometriosis. We are involved in a wide range of research activities, aiming to ensure the views of those with endometriosis are always considered in research. We worked with Verity, the PCOS charity, to support a debate in the UK Parliament on increasing research funding for endometriosis and PCOS, as well as being a partner in clinical trials, helping with PPI (public and patient involvement) to ensure input from patients, reviewing patient materials and helping to recruit study participants.

Awareness and Campaigning

Our policy and campaigns work in 2022 continued to raise vital awareness of endometriosis across all 4 nations. Endometriosis UK's campaigning was instrumental to NICE agreeing to review and update their guidance on endometriosis diagnosis and management, and Emma Cox, our CEO, has also since been appointed to the NICE Guideline Committee reviewing the guidance. It is thanks to our incredible supporters that we are able to make these strides in improving care for all.

We have continued to influence the policy agenda in all 4 nations, including in the development of the Women's Health Strategy in England, and Women's Health Action Plans in Scotland and Wales. We've been elected as the Secretariat to the Cross Party Group on Women's Health in Scotland, and continue to provide Secretariat to the APPG on Endometriosis in Westminster.

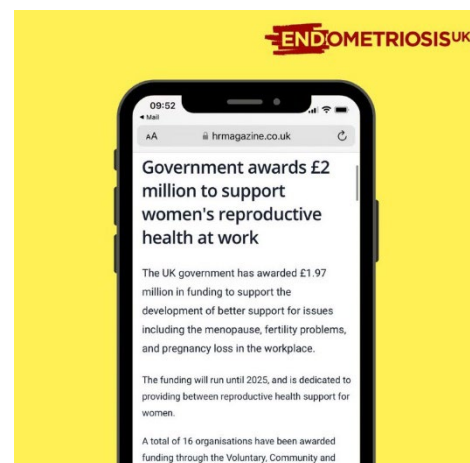
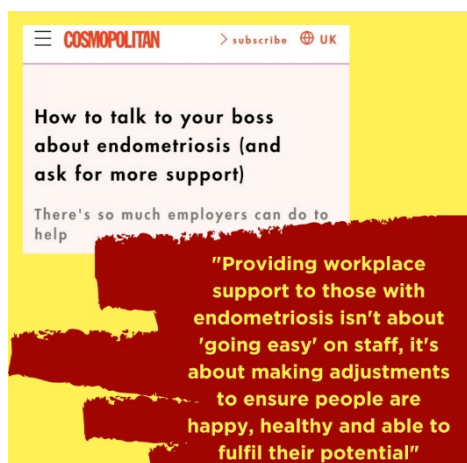
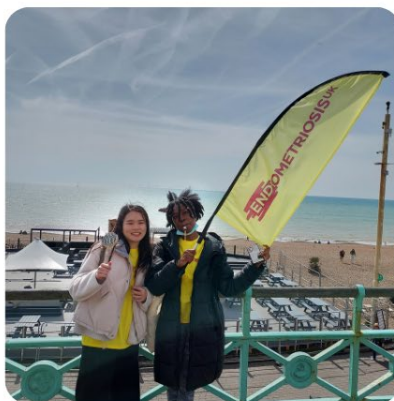
We're incredibly grateful to our amazing volunteers and supporters who share their experiences with the media. Despite their own pain and struggles, they use their experience to campaign for change and raise vital awareness with the media. This has seen coverage across all major news outlets including the BBC, ITV, and Channel 5 news.

Resourcing

Our team of 201 trained volunteers deliver our direct support services. We have continued to facilitate virtual training for volunteers, and have continued volunteer recruitment throughout the year.

Our staff team has grown over the last year, with new roles to increase and diversify the work we do, improving capacity and expertise within different project areas. New appointments included our first post in Scotland, a Scottish Development Coordinator, enabling us to better support volunteers and lead on projects throughout Scotland; plus a Specialist Advisor (part-time), an Endometriosis Specialist Nurse to help develop our information provision and provide clinical expertise to our support volunteers. We continued to develop our diversity and inclusion work, undertaking research and developing our Equality, Diversity and Inclusion (EDI) Strategy. In the year ahead we have appointed an EDI Manager to take this work forward.

We were delighted to receive grants from a number of funders and continue to deliver projects in Scotland, Wales, and England, including the Health and Social Care Alliance and National Lottery Community Fund, and Department of Health and Social Care. This has helped us provide resources for Support Groups, volunteer training, and deliver vital information and awareness-raising activities. A grant through the Department of Health and Social Care VCSE Health and Wellbeing Fund will enable us to expand employer and employee resources to cover six of the most common menstrual health conditions.



Support for those living with endometriosis

“The lady who I spoke to when I called the helpline will always be a hero to me”

- *support services user*

Our volunteer-led support services continue to be a core part of how we support the endometriosis community. The cost-of-living crisis have highlighted new challenges in relation to diagnosis times, treatment options, and care which we are working hard to voice and address.

We have been able to substantially increase in our capacity to support those in the endometriosis community through our support services and have trained 60 new volunteers bringing our total number of active volunteers to 201. A warm welcome, and a big thank you to all our volunteers who do so much to support the endometriosis community.

We have continued to diversify support services for those living with endometriosis and provide a more inclusive service. Our hybrid services enable us to improve our reach to marginalised communities and provide service users with a wide range of engagement options to better suit their individual support needs.

Our new Scottish Development Coordinator post has continued developing strong links with the Scottish government and health boards, and to raise awareness of our Endometriosis Friendly Employer (EFE) scheme. We're looking forward to welcoming our first Welsh Development Coordinator in the year ahead.

During the year, we built on our Equality, Diversity and Inclusion (EDI) work, commissioning research into the lived experience of marginalised communities living with endometriosis. This formed the basis of our new EDI Strategy, aiming to ensure we continue to diversify and improve our organisational practices, support and services to deliver for the whole endometriosis community.

Highlights

- 55 active support groups across the UK, including 6 new support groups set up.
- 318 support group meetings held over the year.
- 11 training sessions for volunteers.
- 4798 new members signed up to our online moderated Health Unlocked forum, taking the total number of members to 64,601.
- 439 calls were answered by our Helpline volunteers.
- 1064 webchat threads.
- 13 webinars led by medical experts, viewed by 3,780.

Future Plans

- Ensuring our support services are sustainable through the recruitment and training of new volunteers.
- Ongoing support of all our volunteers.
- Identify areas for new support groups.
- Increase our helpline opening hours by recruiting more volunteers.
- Continue to build and strengthen our webchat support service.
- Continue to develop a programme of webinars and *Living with Endometriosis* information events in partnership with BSGE Centres across the UK.
- Continue to work towards Equality, Diversity and Inclusion being central into our work.



What motivates our volunteers

"Being able to support others, having experienced so much myself and knowing a lot about endo, I feel like I can make a difference".

"Having relied on the groups so much in my early diagnosis I wanted to give back to the community, and I love the people with endo in our area who attend as they are all truly remarkable, resilient and kind"

"Helping just one person to research their options and not have to wait 28 years for a diagnosis"

"I have endometriosis and understand how lonely and confused newly diagnosed people can feel. Health unlocked is a great way for people to reach out for support and information, and I want to help"

A big THANK YOU to all our amazing volunteers, we could not run our support services without you, thank you for your time, hard work and dedication!

Feedback about our support services

"I found it to be a fantastic way to engage with an individual who really understands what it's like to manage life with Endo" (Webchat)

"Thank you the online chat service is so helpful when you have questions and someone who understands and can provide support that may be needed at certain times. Great support from great people. Thank you" (Webchat)

"What a wonderful opportunity to speak with other women, who understand. Thank you for all you do". (Support Group)

"The webinar gave some really useful information, both presenters were warm, friendly and informative." (Webinar)

Information & research

Highlights

Our *Endometriosis Friendly Employer* Scheme continued to grow, with 104 active members at the end of March. These workplaces have committed to ensure employees with endometriosis and menstrual health conditions are supported and enabled to thrive at work. We were pleased to see organisations such as the Welsh Government, the Bank of Ireland, the Royal College of Obstetricians and Gynaecologists, and several NHS trusts signing up for the scheme in 2022.

During Endometriosis Action Month in March in particular, we delivered a number of talks for employers, providing information about endometriosis, impact it can have on work life, and how employers can provide support. We hosted an *Endometriosis and the Workplace* webinar as part of our Workplace Menstrual Wellbeing project, well attended by over 40 organisations. Through the *Endometriosis Friendly Employer* scheme, organisations have begun to make great progress for employees with endometriosis; by holding events to raise awareness of the disease and the impact it can have, developing guidance and policies to better support those with endometriosis at work, working with Endometriosis UK to deliver training for staff and nominating workplace Endometriosis Champions to increase awareness and signpost.

Behind the scenes, our information was reviewed as part of the regular review process. We worked with a team of MSc students to assess the usability of our website and improvements that could be made and started developing a new site to deliver these.

We are pleased to be involved in a range of research projects. Research into endometriosis is vital to find out more about the disease. Only through research will we find out more about the cause of endometriosis, how to better treat and manage it, the support people might need, and, one day, a cure. We have partnered with university researchers and clinical trials teams to aid recruitment and participation in a number of research projects aimed at improving the lives of those living with endometriosis, including the following clinical trials:

DIAMOND: Deep infiltrating endometriosis: management by medical treatment versus early surgery

ESPrIT2: The effectiveness of laparoscopic treatment of isolated superficial peritoneal endometriosis for managing chronic pelvic pain in women: a randomised controlled feasibility trial.

REGAL: Recurrence of Endometriosis: A randomised controlled trial of clinical and cost-effectiveness of Gonadotrophin Releasing Hormone Analogues with add-back hormone replacement therapy versus repeat Laparoscopic surgery

ADVANTAGE – Advanced Discovery of Visceral Analgesics via Neuroimmune Targets and the Genetics of Extreme Human Phenotype - aims to improve how we treat people with visceral pain from a variety of diseases, such as endometriosis; focusing on their pain rather than just their underlying disease.

In November, MPs attended a debate in Westminster Hall on research into endometriosis and polycystic ovary syndrome (PCOS). Working with Verity, the charity for PCOS, our campaigning meant almost 6000 people wrote to their local MPs to ask them to attend, with each of the UK's 650 MPs being contacted about the issue.

Future plans

- Work with the research community on projects to learn more about endometriosis, its treatment, and management, focussing on the needs of those with the disease.
- Continue to push for increased funding into research.
- Gain accreditation with the Patient Information Forum the quality mark for health information in the UK.
- Continue to develop new and relevant information for the endometriosis community.
- Expand the *Endometriosis Friendly Employer* scheme.

Awareness and campaigning

Endometriosis UK continues to raise the voices of those affected by endometriosis directly with decision makers across all 4 nations, to raise awareness and drive real change. We work to ensure patient voices are at the heart of our campaigning work, including supporting people to lobby their local politician directly to share their experience and campaign for change. A total of 2147 emails were sent to politicians in 2022-2023.

A success was, due to a campaign led by Endometriosis UK, NICE (the National Institute of Health and Care Excellence) agreed to review parts of the NICE Guideline on Endometriosis Diagnosis and Management, and appointed Emma Cox, our CEO, to be on the NICE Committee that will undertake the review.

Whilst the NICE guideline sets the baseline for endometriosis care in the NHS, there are gaps which mean a lack of support and access to care. We didn't get all we wanted, which was a full review of the Guideline, and will continue to campaign for this whilst working constructively with NICE on the part review they are undertaking. Over the next year, we will continue to campaign for change so everyone with endometriosis has a prompt diagnosis and high-quality care, and funding for more research to improve care options. This includes campaigning for NHS's across the UK to implement the NICE guideline, ending the postcode lottery of treatment and care and providing a baseline across the UK.

In Westminster, the long-awaited Women's Health Strategy was published and we were pleased to see it included commitments Endometriosis UK had requested, including action to improve endometriosis diagnosis and care, as well as increased support for menstrual health research. We continue to lobby the UK Government to ensure the commitments within the Women's Health Strategy are met and have taken part in numerous roundtable events with Women's Health Ambassador Professor Lesley Regan and attended a meeting at 10 Downing Street to campaign for change. We also continue to provide Secretariat to the All-Party-Parliamentary Group (APPG) on Endometriosis and work with MPs from across all political parties to raise the voices of the endometriosis community.

In Scotland, we continue to work with the Scottish Government on the implementation of their Women's Health Plan. We have also taken on the Secretariat to the Cross-Party-Group (CPG) on Women's Health in Scotland and have expanded our relationships with MSPs and developed links between Government and our Scottish Support Groups to ensure the needs of those in Scotland are understood by Government.

In Wales, we are an active member of a coalition of charities working to implement a Women's Health Plan for Wales, which we look forward to being launched in the next year. Working in Northern Ireland remains challenging due to the lack of elected government, however we have worked with Northern Ireland MPs in Westminster to raise awareness.

The impact that COVID-19 has had on the NHS continues to have a huge and detrimental impact on endometriosis care, and we continue to work with partners and politicians across all four nations to ensure that those with endometriosis are given due priority and are not left behind.

We were proud to run another successful Endometriosis Action Month in March 2023, with a series of exciting parliamentary and community events in all four nations, as well as raising awareness with the media. Thanks to the generosity and courage of those with endometriosis being willing to share their experience, the media spoke about endometriosis throughout the month including within the Guardian, News Beat, ITV News and BBC News. Our events also saw us engage with politicians across all nations, as well as a weekly Instagram Live and webinar programme.

Highlights:

- A total of 2147 emails were sent to politicians from the endometriosis community using our e-lobbying tool.
- NICE agree to update three parts of the NICE Guideline on Endometriosis Diagnosis and Management, and appointed CEO Emma Cox to the Review Committee.

- We played an instrumental part in developing policy across all 4 nations, including in the development of Women's Health Strategies and by responding to numerous government consultations.
- Providing Secretariat to the APPG on Endometriosis in Westminster and the CPG on Women's Health in Scotland.
- Endometriosis in the media: The media continues to raise vital awareness of the media, and the last year has seen coverage across all major broadcast and print outlets including the BBC, ITV News, Channel 5 and the Guardian.
- During Endometriosis Action Month alone, our social media reach increased by 122%, meaning even more people are aware of endometriosis, its impact, and how to seek support.
- We were delighted to launch our TikTok Channel to raise vital awareness of endometriosis and the associated symptoms to reach new and younger audiences.

Future plans:

- **Diagnosis:** re-running our diagnosis survey to see if diagnosis time has changed since our last survey in 2020 which highlighted it takes a shocking 8 years on average to diagnose endometriosis. Following this, we'll be campaigning to improve diagnosis times across all 4 nations.
- **Waiting times:** We will continue to highlight the impact of NHS waiting lists on waiting, and campaign for those with the endometriosis to be given due priority in accessing care.
- **Relationships with Government:** We will continue to build relationships with Governments to campaign for change, develop policy and raise the profile of endometriosis across all 4 nations.

Endometriosis sufferers losing jobs and relationships need routine mental health support, doctors warn

Patients have described contemplating suicide due to 'constant pain and feeling like there is 'no way out' of the incurable condition



sky news Home > UK

Endometriosis: Women in severe pain put off GP visits because of 'medical gaslighting' and thinking pain is normal

Three in four women wouldn't go to the doctor with endometriosis symptoms that were affecting their daily life, a new survey reveals, with many saying they would be worried their symptoms would be dismissed.



Resourcing

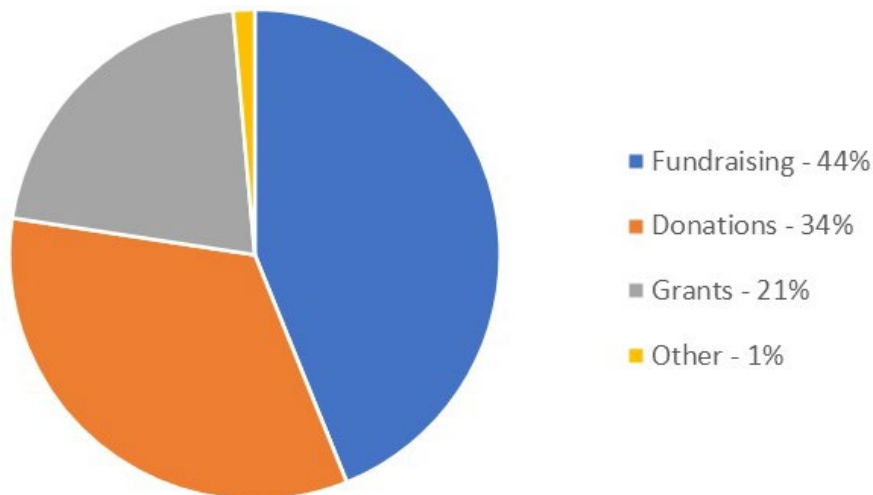
Highlights

We've continued to work to deliver our new 5-year strategic plan, strengthening our ambitions and resolve to ensure everyone living with endometriosis has a prompt diagnosis, high quality care and the support they need.

During the year, we continued to follow government guidance on covid and living with covid, moving from home to hybrid working for those based in London. Our staff team grew further this year, with five new permanent roles, and allowed us to increase the amount of work we can do. As new staff settle in, we look forward to being able to deliver more for the endometriosis community in the year ahead.

Despite the pressures and uncertainty in the external environment post pandemic, inflation, and the cost of living crisis, we had another positive year with fundraising. This is thanks to our incredible community of supporters, funders and partners and continued strategy to diversify our sources of income.

Income



Expenditure



Future plans

- Continue to implement our 5 year strategic plan
- Continued investment in volunteer training, support and development
- Enhance our regular giving and membership offers and grow these
- Develop and grow our partnerships with funding bodies, charitable trusts & companies
- Increase online donations

Supporters

We're incredibly grateful to our amazing supporters who have taken part in a variety of fundraising challenges, including Walk for Endo and the 1 in 10 challenge. We are also delighted to have offered three new events to our programme of fundraising activities, including Winter Walk for Endo and two non-physical activities – Tea for Endo and Go Yellow! Almost 1000 people signed up to these challenges, including many work-places. Separate to these events over 100 people took on their own challenges and found creative ways to fundraise for our work.

During the year we expanded the range of challenge events on offer to include treks and skydives as well as more running events across the UK, ensuring there's more opportunities to get involved wherever our supporters live. We were fortunate to secure spaces in two large scale popular events, the *London Landmarks Half Marathon* and the *Great North Run*, both of which were a great success and will remain a permanent fixture on our portfolio. We were pleased to be able to cheer on our supporters at challenge events once again, including the Asics 10k, London Landmarks Half Marathon, The Great North Run, Brighton, and London Marathons, and look forward to seeing more of our supporters take on challenges at events in the future. It was great to have such enthusiastic and dedicated cheer squad volunteers at each of these events too.

Future plans

- Increase-participation in events and opportunities to engage with and support us
- Deliver a varied and exciting year-round calendar of fundraising events
- Provide the best support to our donors and fundraisers and increase support from individuals
- Work with new-ambassadors to raise awareness and support
- Secure new corporate partners and relationships with funders



Beneficiaries of our services

Our beneficiaries include all those with or impacted by endometriosis.

Endometriosis UK is committed to supporting and advocating for everyone affected by endometriosis regardless of race, gender, sex, gender identity, class, sexual orientation or disability and ensuring diversity. Everyone affected by endometriosis needs to be acknowledged, and we know that we must do more to identify the needs of all those affected by endometriosis, develop, maintain, and evaluate our work to meet those needs and advocate for necessary change and ensure all voices are heard. We know that there are additional complexities in accessing healthcare and support for those from Black, Asian and minority ethnic communities, and for the LGBTQ+ community.

We are taking steps to actively ensure we drive change for those from under-represented groups. The Board's Diversity & Inclusion Group continues to take this work forward. Having undertaken training for all our volunteers, Trustees and staff, we commissioned research to ensure we understand the needs of all those with endometriosis including those from under-represented groups. This informed the development of our Equality Diversity and Inclusion strategy, to set out our priorities. This strategy is available to read on our website.

Financial review

The Trustee Board oversees the charity's finances. To support the Board, a Finance Committee meets regularly, chaired by our Treasurer.

For the financial year 2022/23 we planned a significant increase in our expenditure so that we could improve support to the endometriosis community and have a louder voice for the community. Expenditure increased from £580,440 in 2021/2022 to £787,521 in 2022/2023. Planned investment was undertaken as the financial situation over the year became more certain, with expenditure regularly reviewed and carefully monitored. Investments included developing a Workplace Menstrual Wellbeing project and raising funds to increase support and activity in Wales allowing us to recruit our first staff member in Wales in summer 2023. With increasing staff, we slightly expanded our office space within the Royal College of Obstetricians and Gynaecologists building. At the Royal College we are part of a hub for women's health charities enabling us to work collaboratively more easily with the Royal College and other charities with similar interests. Further expansion of our work is planned over the next year, including development of our information provision, expanding our support network, and increasing our campaigning and awareness work.

Despite the increase in expenditure we generated a surplus of £107,049 due to the amazing fundraising from our supporters and the increased skill of our fundraising staff team.

Income increased again this year from £868,870 in 2021/2022 to £894,970 in 2022/2023. The Trustees aim to secure diverse income streams to ensure our income is sustainable and more resilient to change in the external environment. In this way we can achieve our objectives – we have ambitious plans for a small charity. Through both managing costs and developing our fundraising, the Trustees carefully monitored finances over the year to ensure the year ended with unrestricted reserves that comfortably met our reviewed reserves policy. As part of our planned growth strategy, we have grown our reserves which enabled us to grow the organisation over the last 3 years in a sustainable way. Having reserves enabled us to survive the initial impact of Covid and undertake managed growth through the pandemic and the more recent cost of living crisis. We want to continue to grow so we can do more to support all those with endometriosis.

The Trustees working closely with the CEO will continue to look for opportunities to develop further fundraising opportunities along with how best to spend our income to deliver the most for those with endometriosis.

Principal risks and uncertainties

The charity reviews risk on a regular basis and used a risk based management approach to decision making. This continued in 2022-23, covering the key aspects of our work including finance, governance and management, operational and external factors. Material risks were identified, reviewed and mitigated by the Trustees and this will continue in the year ahead. Time was spent examining strategic risks in the external environment and reviewing the strategic plan against these.

Our risk statement was reviewed, and our risk register updated. The risk register is reviewed on a regular basis by staff and Trustees. Given the uncertainty of the economic situation, a range of 5-year scenarios and financial modelling was undertaken to enable the Trustees to plan how to manage the charity, monitor progress and mitigate risks. Expenditure continues to be carefully monitored given uncertainty about fundraising income in the challenging economic climate.

Our key risks, and our mitigations for these are:

- Not adapting to the changing environment and not meeting the needs of the endometriosis community. We must be a reliable source of valuable information, and proactively campaigning for changes needed to improve the care and treatment, including those currently undiagnosed. Throughout the year we focused on new ways of providing support as the UK moved to 'living with covid', planned and launched campaigns to improve access to treatment and care, and worked with healthcare practitioners and partners to provide current information.
- Not having sufficient funds to deliver services and achieve objectives. Without growing our income, it will be more difficult to deliver our ambitious strategy. We are focusing on both improving our stewardship to support individuals that fundraise for us and continuing to diversify our income sources for example through grants and corporate partnerships.
- Information technology – risk our systems fail to meet our operational need. IT systems are crucial to our work, and as a small charity our IT support is via external providers. We reviewed all our providers, identified and implemented new software to support our work, and upgraded our website.

Reserves policy and going concern

Our reserves policy is to hold unrestricted reserves equivalent to at least 6 months' operating costs. We hold financial reserves for practical reasons, including:

- Ensuring we can go on funding our vital work should our income fall below target. Having reserves should give us time to adjust expenditure without causing undue disruption to our projects and those we support.
- Providing working capital to meet upfront expenditure during the year before income is received.
- To provide resource for investment, eg developing services and ensuring we maximise our reach.

As detailed above our reserves have increased this year which will support the expansion of our work and ensure our sustainable growth. Free reserves as of 31st March 2023 were £1,201,605. This equates to 11 months of operating costs for the financial year taking account of designated funds which have been set aside for committed future projects. £97,166 of restricted funds was carried forward. We started the year in a good financial position, having worked hard over prior years to build reserves in order to expand our activities. We have cautiously expanded to ensure sustainability, with expenditure minimised whilst we ascertained the impact of inflation and cost of living challenges. The reserves level achieved is based on meeting our reserves policy over the next two years as the charity grows.

We are delighted with the response to our newer fundraising events over the year including Winter Walk for Endo, Go Yellow and Tea for Endo and would like to thank all of our fundraisers, donors and partners who were so generous over the year.

This has helped us invest in new areas of work to support the endometriosis community, and to plan for further activities and support in the year ahead.

Staff and Trustees reviewed the reserves policy in March 2023 and continue to carefully monitor the cash flow position and reserves using scenario analysis to assess future reserves. Having sufficient reserves allows us to plan for and deliver future projects, with a focus on decreasing diagnosis times, raising awareness and supporting those with endometriosis. It also enables us to leverage further income, for example some funders are happier to part fund activities where the organisation has already raised some money. Having sufficient reserves allows us to make the most of opportunities.

The Trustees have reviewed the level of reserves and available liquid resources in the context of plans over the next 12 months, the five-year financial scenario plans and the organisational risk assessment. The Trustees believe that Endometriosis UK has sufficient financial resources to continue in operational existence for the foreseeable future and that we are well placed to manage its operating risks successfully. They have therefore continued to adopt the going concern basis of accounting in preparing the annual financial statements.

Structure, governance and management

Endometriosis UK is a charitable company limited by guarantee, incorporated on 25th March 1994 and registered with the Charity Commission as a charity on 29th March 1994. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In March 2021, we registered with OSCR- the Scottish Charity Regulator.

The Board of Trustees has 3 sub committees, Finance, Diversity and Inclusion and Nominations. These operate to agreed Terms of Reference and with limited delegated powers from the Board.

During 2022 our governing document, the Articles of Association, were reviewed and updated, with approval at the November 2022 AGM. Two changes were made, firstly that trustees be elected for a term of three years, with a maximum of six years as a trustee; and secondly that those considered Company Members of the charity was changed to be the Trustees.

All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the accounts.

Trustee induction and training

The recruitment of Trustees is framed by an audit of the skills held by the members of the Board. Trustees are appointed by an open recruitment process using both search and advertisement as appropriate, against an agreed person profile and job specification. Shortlisted candidates are interviewed by a Nominations Committee of the Board who make a recommendation to the Board. The AGM of the Charity confirms all appointments.

New Trustees undergo a formal induction process covering, governance, risk management, financial systems and agreed procedures.

The Board hold an annual away day to consider strategy and review the performance of the Board. Diversity and Inclusion training was undertaken by Board members, and opportunities for training and knowledge development are raised with the Board, for example the training offered by our auditors.

With four trustees reaching their six-year term of office in 2023, we will be recruiting new trustees in 2023.

Risk Management

The Trustees have a Risk Policy and a Risk Register. Each Board Meeting assesses whether new risks have emerged or whether any of the identified risks have changed in severity. The whole risk register was reviewed at the September and November Board meetings. Trustees consider that the formulated plans to deal with such risks are appropriate at present.

Statement of responsibilities of the trustees

The trustees (who are also directors of Endometriosis UK for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. At the November AGM, the members voted to agree proposed changes to the governing document of the charity, the Articles of Association, to change the legal members of the charity to be the Trustees. The trustees have no beneficial interest in the charity.

Auditor

Sayer Vincent LLP was re-appointed as the charitable company's auditor during the year and has expressed its willingness to continue in that capacity.

The Directors annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The trustees' annual report has been approved by the trustees on 11th September 2023 and signed on their behalf by

Liz Campbell (Chair)

Tracey Hammonds (Treasurer)

Acknowledgements

We could not do the work we do without the time and knowledge kindly offered to us by our volunteers, fundraisers, speakers, health experts and medical advisors. Without them, we would not be able to reach and support the people we do. We would like to thank them all for their on-going support and generosity.

All those volunteers who have given up their time to support people affected by endometriosis - through the Helpline, Support Groups, Webchat, Health Unlocked - receive a special vote of thanks. A huge thanks as well to everyone who took on a challenge event or hosted their very own fundraising project to raise money to support the charity.

And a very heartfelt thank you to those who told their stories to the media to raise awareness, which can be such a hard and emotional thing to do yet is vital in raising awareness and helping others.

As always, all of our work will be a team effort. Our staff, volunteers, members, trustees, those with endometriosis in our wider community, their friends and family, healthcare professionals, researchers – all of those who work so tirelessly as part of Team Endo are making a huge difference where it is so desperately needed. We are grateful to those organisations who have provided expertise and support to help us raise awareness very generously free of charge, with special thanks to the team at Come the Glorious Day, and to Clear Channel for supplying our first digital billboards.

We are extremely grateful for the continued and new support of the funders below. We would also like to thank every individual and group who has made a donation and encouraged others to support and fundraise for us this year. We would also like to thank our small and dedicated staff team.

The National Lottery Community Fund
Department of Health and Social Care
The Health and Social Care Alliance, Scotland
Time Of The Month (TOTM)
Brown Rudnick LLP
Intuitive Surgical Limited
Access Foundation

SENSE Foundation
Blackbaud
Cecil Pilkington Charitable Trust
Pilkington Charities' Fund
Edith Murphy Foundation
N. Smith Charitable Settlement
Fritton Trust

We also received the following payment:

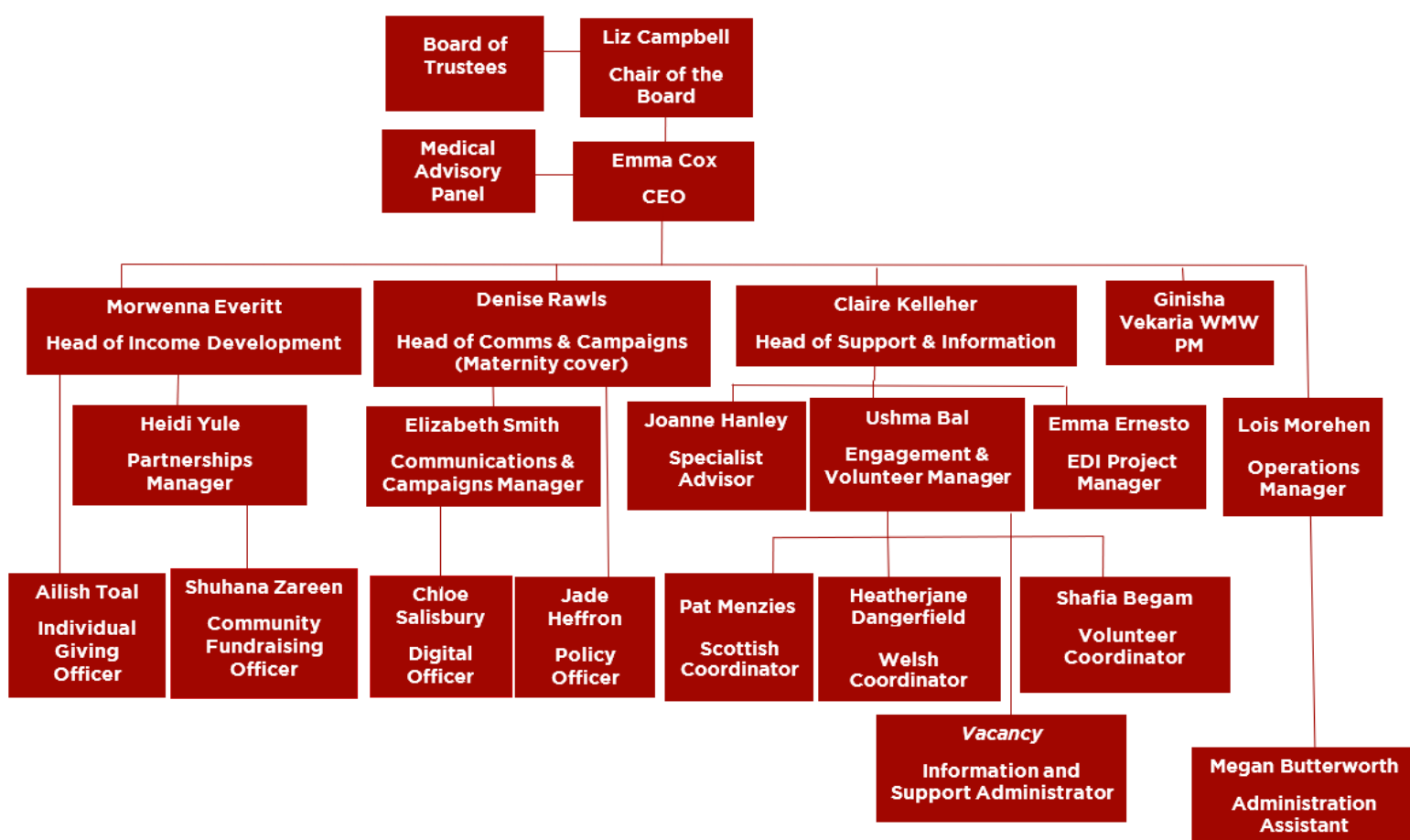
Chugai Pharma Europe Limited: £1,800 - To coordinate the recruitment of patients either directly or via social media to attend group virtual meetings with Chugai to gather information and trial acceptability regarding a Phase II study in endometriosis.

Endometriosis UK is committed to fundraising in an honest and transparent way. All staff, volunteers, contractors and partner organisations fundraising for Endometriosis UK are required to adhere to our high standards of ethical fundraising and comply with the code of the Fundraising Regulator. Our community of hundreds of supporters have generously given and continue to give their time to raise money for the charity. Endometriosis UK also has a commercial participator agreement in place with TOTM, who fundraised through per-product donations during the year.

The charity established commercial participator agreements with all sole traders and businesses known to be fundraising for Endometriosis UK and monitored the activities of those fundraising by reviewing proposed messaging and products, and social media monitoring. There were no known failures to comply with the code of the Fundraising Regulator, and no complaints were received regarding staff, volunteers or individuals fundraising for Endometriosis UK. All staff and volunteers are required to adhere to Endometriosis UK's safeguarding policy, which aims to protect vulnerable people across all aspects of our work, including fundraising.

About Us

Meet the Endometriosis UK governance and staff team



How to get involved

The more people working together the stronger we are and the louder our voice. We have a range of ways you can get involved, for more information please check out our website: www.endometriosis-uk.org/get-involved.

If you would like to hear what we are up to throughout the year, sign up for our [regular e-update](#).

Contact

Endometriosis UK
10 -18 Union Street, London SE1 1SZ
Tel: 020 7222 2781 Helpline: 0808 808 2227
www.endometriosis-uk.org/contact-us
Twitter [@EndometriosisUK](https://twitter.com/EndometriosisUK)
Instagram [endometriosis.uk](https://www.instagram.com/endometriosis.uk)
Facebook www.facebook.com/endometriosis.uk.org

Independent auditor's report to the members of Endometriosis UK

Opinion

We have audited the financial statements of Endometriosis UK (the 'charitable company') for the year ended 31 March 2023 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- Have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended)

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on Endometriosis UK's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' annual report, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The trustees' annual report, has been prepared in accordance with applicable legal requirements

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) require us to report to you if, in our opinion:

- Adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the charitable company for the purposes of company law) are

responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, and the audit and risk committee, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
 - Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
 - The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.

- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Fleur Holden (Senior statutory auditor)

Date: 11 October 2023

for and on behalf of Sayer Vincent LLP, Statutory Auditor

Invicta House, 108-114 Golden Lane, LONDON, EC1Y 0TL

Sayer Vincent LLP is eligible to act as auditor in terms of section 1212 of the Companies Act 2006

Endometriosis UK

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2023

	Note	Unrestricted £	Restricted £	2023 Total £	Unrestricted £	Restricted £	2022 Total £
Income from:							
Grants and donations	2	299,811	–	299,811	396,101	–	396,101
Income from charitable activities	3	–	189,511	189,511	–	79,576	79,576
Other trading activities	4	392,558	–	392,558	383,372	–	383,372
Interest		6,253	–	6,253	127	–	127
Other		6,437	–	6,437	9,694	–	9,694
Total income		705,059	189,511	894,570	789,294	79,576	868,870
Expenditure on:							
Raising funds	5	171,020	–	171,020	125,707	–	125,707
Charitable activities							
Helpline and support services	5	278,736	144,108	422,844	267,714	39,613	307,327
Information services	5	168,602	–	168,602	132,398	–	132,398
Research	5	25,056	–	25,056	15,008	–	15,008
Total expenditure		643,413	144,108	787,521	540,827	39,613	580,440
Net income for the year	6	61,646	45,403	107,049	248,467	39,963	288,430
Net movement in funds		61,646	45,403	107,049	248,467	39,963	288,430
Reconciliation of funds:							
Total funds brought forward		1,139,959	51,763	1,191,722	891,492	11,800	903,292
Total funds carried forward		1,201,605	97,166	1,298,771	1,139,959	51,763	1,191,722

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15a to the financial statements.

Endometriosis UK

Balance sheet

Company no. 02912853

As at 31 March 2023

	Note	2023 £	£	2022 £	£
Fixed assets:					
Tangible assets	12		38,013		17,782
			<u>38,013</u>		<u>17,782</u>
Current assets:					
Debtors	13	76,092		114,576	
Cash at bank and in hand		1,236,131		1,093,329	
		<u>1,312,223</u>		<u>1,207,905</u>	
Liabilities:					
Creditors: amounts falling due within one year	14	(51,465)		(33,965)	
Net current assets			<u>1,260,758</u>		<u>1,173,940</u>
Total assets less current liabilities			<u>1,298,771</u>		<u>1,191,722</u>
Total net assets			<u><u>1,298,771</u></u>		<u><u>1,191,722</u></u>
The funds of the charity:	16a				
Restricted funds			97,166		51,763
Unrestricted funds:					
Designated funds		336,000		216,000	
General reserve		865,605		923,959	
		<u></u>	<u>1,201,605</u>	<u></u>	<u>1,139,959</u>
Total unrestricted funds			<u>1,201,605</u>		<u>1,139,959</u>
Total charity funds			<u><u>1,298,771</u></u>		<u><u>1,191,722</u></u>

Approved by the trustees on 11th September 2023 and signed on their behalf by

Liz Campbell
Director

Tracey Hammonds
Director

Statement of cash flows

For the year ended 31 March 2023

	2023 £	£	2022 £	£
Cash flows from operating activities				
Net income for the reporting period (as per the statement of financial activities)	107,049		288,430	
Depreciation charges	7,656		3,914	
Decrease/(Increase) in debtors	38,484		(18,632)	
Increase/(Decrease) in creditors	17,500		13,726	
Net cash provided by operating activities	170,689		287,438	
Cash flows from investing activities:				
Purchase of property, plant and equipment	(27,887)		(12,513)	
Net cash used in investing activities	(27,887)		(12,513)	
Change in cash and cash equivalents in the year	142,802		274,925	
Cash and cash equivalents at the beginning of the year	1,093,329		818,404	
Cash and cash equivalents at the end of the year	1,236,131		1,093,329	

1 Accounting policies

a) Statutory information

Endometriosis UK is a charitable company limited by guarantee and is incorporated in the UK.

The registered office address is 10–18 Union Street, London, SE1 1SZ.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

In accordance with the Charities SORP, the parent charity does not prepare consolidated financial statements on the basis that the annual gross income of the group does not exceed £1 million.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

c) Public benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

d) Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. Following the Covid19 pandemic and with concerns about the cost of living crisis, the trustees reviewed income and expenditure and undertook a risk analysis, resulting in recasting the budget to reduce expenditure, and looking to identify and maximise income opportunities. Expenditure was managed carefully through the year, and a focus on developing new income sources has resulted in a strong income level for the year.

Notes to the financial statements

For the year ended 31 March 2023

1 Accounting policies (continued)

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

f) Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

g) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

h) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Notes to the financial statements

For the year ended 31 March 2023

1 Accounting policies (continued)

i) **Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services undertaken to further the purposes of the charity and their associated support costs, to include:
 - Helpline and support services – providing services for the relief of endometriosis
 - Information services – relating to advancing the education of those with the disease, the general public and health professionals regarding endometriosis
 - Research – activities to support research into endometriosis to improve understanding, treatment and management of the disease.
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

j) **Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

Where such information about the aims, objectives and projects of the charity is also provided to potential donors, activity costs are apportioned between fundraising and charitable activities on the basis of area of literature occupied by each activity.

	2023	2022
● Raising funds	17%	19%
● Helpline & Support Services	55%	60%
● Information Services	20%	14%
● Research	8%	7%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

k) **Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

Notes to the financial statements

For the year ended 31 March 2023

1 Accounting policies (continued)

l) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £200. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Office equipment 4 years

m) Debtors

Trade and other debtors are recognised at the settlement amount due

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p) Pensions

The charity contributes to workplace pension schemes for its employees. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2023

2 Income from grants and donations

	Unrestricted £	Restricted £	2023 Total £	Unrestricted £	Restricted £	2022 Total £
Endometriosis UK Trading Ltd	(8,650)	–	(8,650)	26,717	–	26,717
Other donations	306,961	–	306,961	340,428	–	340,428
Legacy donations	–	–	–	28,956	–	28,956
Gift In Kind	1,500	–	1,500	–	–	–
	299,811	–	299,811	396,101	–	396,101

Repayment of excess/(distribution to) the parent charity under Gift Aid

3 Income from charitable activities

	Unrestricted £	Restricted £	2023 Total £	Unrestricted £	Restricted £	2022 Total £
Alliance – Scottish Grant	–	29,999	29,999	–	30,000	30,000
Lottery Community Funding – Scotland	–	34,081	34,081	–	34,576	34,576
Lottery Community Funding – Wales	–	30,418	30,418	–	–	–
Scottish Government	–	–	–	–	15,000	15,000
Intuitive Grant	–	30,000	30,000	–	–	–
Access Group Foundation Grant	–	9,900	9,900	–	–	–
Sense Foundation Grant	–	17,250	17,250	–	–	–
DHSC Grant	–	32,863	32,863	–	–	–
Blackbaud Grant	–	5,000	5,000	–	–	–
	–	189,511	189,511	–	79,576	79,576

Income received from Endometriosis UK Trading Ltd is the distribution of profits under gift aid.

4 Income from other trading activities

	Unrestricted £	Restricted £	2023 Total £	Unrestricted £	Restricted £	2022 Total £
Challenge events	218,963	–	218,963	193,195	–	193,195
Membership fees	22,213	–	22,213	27,624	–	27,624
Other fundraising activities	151,382	–	151,382	162,553	–	162,553
	392,558	–	392,558	383,372	–	383,372

Other fundraising activities represent members and supporters raising funds on behalf of the charity.

5a Analysis of expenditure (current year)

	Charitable activities						2023 Total £	2022 Total £
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Supports Costs £		
Staff costs (Note 7)	78,338	251,399	89,657	8,933	14,271	30,872	473,470	321,004
Information	–	–	27,883	–	–	–	27,883	42,584
Membership EFE	–	385	–	–	–	–	385	231
Fundraising & Challenge Events	48,545	–	–	–	–	–	48,545	29,833
Office costs	13,585	62,578	18,687	3,873	3,176	18,578	120,477	108,439
Premises costs	–	–	–	–	–	40,522	40,522	29,201
Professional Fees	–	–	–	–	7,850	40,577	48,427	35,413
Helpline & Volunteer Expenses	–	17,556	–	–	–	–	17,556	8,614
Other costs	2,552	2,552	–	–	2,328	2,824	10,256	5,121
	143,020	334,470	136,227	12,806	27,625	133,373	787,521	580,440
Support costs	23,195	73,210	26,820	10,148	–	(133,373)	–	–
Governance costs	4,804	15,164	5,555	2,102	(27,625)	–	–	–
Total expenditure 2023	171,020	422,844	168,602	25,056	–	–	787,521	
Total expenditure 2022	125,707	307,327	132,398	15,008	–	–		580,440

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2023

5b Analysis of expenditure (prior year)

	Charitable activities						
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Supports Costs £	2022 Total £
Staff costs (Note 7)	58,469	160,863	44,484	4,781	9,902	42,505	321,004
Information	-	-	42,584	-	-	-	42,584
Membership EFE	-	231	-	-	-	-	231
Fundraising & Challenge Events	29,833	-	-	-	-	-	29,833
Office costs	9,038	52,091	25,117	120	396	21,677	108,439
Premises costs	-	-	-	-	-	29,201	29,201
Professional Fees	-	-	-	-	-	35,413	35,413
Helpline & Volunteer Expenses	-	8,614	-	-	-	-	8,614
Other costs	1,416	1,305	-	-	855	1,545	5,121
	98,756	223,104	112,185	4,901	11,153	130,341	580,440
Support costs	24,827	77,584	18,620	9,310	-	(130,341)	-
Governance costs	2,124	6,639	1,593	797	(11,153)	-	-
Total expenditure 2022	125,707	307,327	132,398	15,008	-	-	580,440

Notes to the financial statements

For the year ended 31 March 2023

6 Net income for the year

This is stated after charging / (crediting):

	2023 £	2022 £
Depreciation	7,656	3,914
Operating lease rentals payable:		
Property	30,174	22,984
Other	886	1,328
Auditor's remuneration (excluding VAT):		
Audit	7,850	6,825
Other services	990	2,095
	<u>7,656</u>	<u>3,914</u>

7 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2023 £	2022 £
Salaries and wages	425,256	292,155
Social security costs	37,541	22,965
Employer's contribution to defined contribution pension schemes	10,673	5,884
	<u>473,470</u>	<u>321,004</u>

No employee earned more than £60,000 during the year (2022: nil).

The total employee benefits (including pension contributions and employer's national insurance) of the key management personnel were £50,384 (2022: £45,768).

The charity trustees were neither paid nor received any other benefits from employment with the charity in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

Trustee expenses represents the payment or reimbursement of travel and subsistence costs totalling £88 (2022: £62) incurred by one (2023: 1) member relating to attendance at meetings of the trustees.

Notes to the financial statements

For the year ended 31 March 2023

8 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was 14.5 (2022: 13).

13 employees worked full time, with 9 employees working part time. The CEO is part time, 3 or 4 days per week.

Staff are split across the activities of the charity as follows (full time equivalent basis):

	2023 No.	2022 No.
Raising funds	3.2	2.4
Helpline and support services	10.1	7.5
Information services	3.7	1.8
Research	1.4	0.9
Governance	0.6	0.4
	19.0	13.0

9 Related party transactions

Endometriosis UK received donations totalling £320 (2022: £9,511) from 11 trustees (2022: 11). The trustees receive no benefit from the donations made to the charity.

During the financial year part of consultancy services totalling £0 (2022: £1200.00) were provided by the sister of one of the Endometriosis UK trustees, Andrew Glyde.

10 Subsidiary undertaking

Endometriosis UK Trading Limited was incorporated in the UK as a wholly owned subsidiary of Endometriosis UK on 2 June 2006 (Company No: 05836007), with an issued share capital of £1. The company started trading in the previous financial year.

A summary of the results of the subsidiary is shown below:

	2023 £	2022 £
Turnover	7	11,849
Gross profit/(loss)	7	11,849
Administrative expenses	(8,142)	(896)
Profit/(loss) on ordinary activities before interest and taxation	(8,135)	10,953
Taxation on profit on ordinary activities	–	–
Total comprehensive income	(8,135)	10,953
Retained earnings		
Total retained earnings brought forward	(4,754)	11,010
Total comprehensive income	(8,135)	10,953
Distribution under Gift Aid to parent charity	15,764	(26,717)
Total retained earnings carried forward	2,875	(4,754)
The aggregate of the assets, liabilities and reserves was:		
Assets	2,875	3,167
Liabilities	–	(7,921)
Reserves	2,875	(4,754)

11 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Notes to the financial statements

For the year ended 31 March 2023

12 Tangible fixed assets

	Office equipment £	Total £
Cost		
At the start of the year	28,571	28,571
Additions in year	27,887	27,887
At the end of the year	56,458	56,458
Depreciation		
At the start of the year	10,789	10,789
Charge for the year	7,656	7,656
At the end of the year	18,445	18,445
Net book value		
At the end of the year	38,013	38,013
At the start of the year	17,782	17,782

All of the above assets are used for charitable purposes.

13 Debtors

	2023 £	2022 £
Prepayments	9,975	16,550
Accrued income	53,502	90,009
Other debtors	12,615	2,436
Amounts due from subsidiary	–	5,581
	76,092	114,576

14 Creditors: amounts falling due within one year

	2023 £	2022 £
Taxation and social security	17,775	9,340
Other creditors	17,186	17,955
Accruals	15,121	6,670
Amounts due to subsidiary	1,383	–
	51,465	33,965

15a Analysis of net assets between funds (current year)

	General unrestricted £	Restricted £	Total funds £
Tangible fixed assets	38,013	–	38,013
Net current assets	1,163,592	97,166	1,260,758
Net assets at 31 March 2023	1,201,605	97,166	1,298,771

15b Analysis of net assets between funds (prior year)

	General unrestricted £	Restricted £	Total funds £
Tangible fixed assets	17,782	–	17,782
Net current assets	1,122,177	51,763	1,173,940
Net assets at 31 March 2022	1,139,959	51,763	1,191,722

16a Movements in funds (current year)

	At 1 April 2022 £	Income and gains £	Expenditure and losses £	Transfers £	At 31 March 2023 £
Restricted funds:					
Takeda	10,050	–	(10,050)	–	–
Lottery Community Funding – Scotland	27,106	34,081	(38,076)	–	23,111
Lottery Community Funding – Wales	–	30,418	(424)	–	29,994
Alliance – Scottish Grant	14,607	29,999	(34,635)	–	9,971
Intuitive Grant	–	30,000	(23,200)	–	6,800
Access Group Foundation Grant	–	9,900	(4,263)	–	5,637
Sense Foundation Grant	–	17,250	–	–	17,250
DHSC Grant	–	32,863	(32,863)	–	–
Blackbaud Grant	–	5,000	(597)	–	4,403
Total restricted funds	51,763	189,511	(144,108)	–	97,166
Unrestricted funds:					
Designated funds:					
Webchat and Helpline expansion	140,000	–	–	–	140,000
Additional Scottish Project	40,000	–	–	–	40,000
Diversity & Inclusion activities	36,000	–	–	120,000	156,000
Total designated funds	216,000	–	–	120,000	336,000
General funds	923,959	705,059	(643,413)	(120,000)	865,605
Total unrestricted funds	1,139,959	705,059	(643,413)	–	1,201,605
Total funds	1,191,722	894,570	(787,521)	–	1,298,771

The narrative to explain the purpose of each fund is given at the foot of the note below.

16b Movements in funds (prior year)

	At 31 March 2021 £	Income and gains £	Expenditure and losses £	Transfers £	At 31 March 2022 £
Restricted funds:					
Takeda	11,800	–	(1,750)	–	10,050
Lottery Community Fund	–	34,576	(7,470)	–	27,106
Alliance – Scottish Grant	–	30,000	(15,393)	–	14,607
Scottish Government	–	15,000	(15,000)	–	–
Total restricted funds	11,800	79,576	(39,613)	–	51,763
Unrestricted funds:					
Designated funds:	–	–	–	–	–
Webchat and Helpline expansion	–	–	–	140,000	140,000
Additional Scottish Project	–	–	–	40,000	40,000
Diversity & Inclusion activities	–	–	–	36,000	36,000
Total designated funds	–	–	–	216,000	216,000
General funds	891,492	789,294	(540,827)	(216,000)	923,959
Total unrestricted funds	891,492	789,294	(540,827)	–	1,139,959
Total funds	903,292	868,870	(580,440)	–	1,191,722

Purpose of restricted funds

Restricted funds represent donations and grants restricted for use on particular areas of the charity's work.

Takeda

Our funding from Takeda has been used to improve online information for diagnosis and treatments

Alliance Project

The Health and Social Care Alliance in Scotland provided a grant to support

- Launching new Support Groups in Scotland
- Developing information materials
- Supporting the resumption of face-to-face Support Group meetings
- Delivering volunteer training

Lottery Community Funding – Scotland

The National Lottery Community Fund provided a grant to support

- Expanding and strengthening Support Groups in Scotland
- Increasing the awareness and availability of our Helpline, WebChat and information resources
- Appointing a Scotland-based staff member to deliver the above

Intuitive Grant

Intuitive Grant developing information resources on endometriosis surgery

- Developing video content with specialist surgeons and patients
- Producing online and printable leaflets to include RAS and laparoscopy.

Lottery Community Funding – Wales

The National Lottery Community Fund provided a grant to support

- Expanding and strengthening Support Groups in Wales
- Increasing the awareness and availability of our Helpline, WebChat and information resources
- Appointing a Wales based staff member to deliver the above

DHSC Grant

DHSC Grant to develop a workplace menstrual wellbeing programme

- Developing and providing information and guidance on a range of menstrual conditions to SME's
- Providing SME's with targeted information events, webinars, resources and downloadable information

The Access Foundation Grant

Funding for web Chat, Helpline and Information

- Funding towards the development of information
- Funding towards the costs of the helpline and web chat

SENSE Foundation Brussels Grant

Support and Information project

- Recruiting and training helpline and web chat volunteers
- Reviewing and developing information
- Increasing helpline and webchat provision

Blackbaud Grant

Funds towards the Endometriosis UK Helpline and webchat

- Funds towards the Endometriosis UK Helpline and webchat

Notes to the financial statements

For the year ended 31 March 2023

16 Movements in funds (continued)**Purpose of designated funds*****Webchat and Helpline expansion***

To fund the ongoing support, development and expansion for a webchat and helpline services over the three years.

Additional Scottish Project

This is in addition to the grant funding received allowing us to undertake additional activities in Scotland and will be spent over the next three years.

Additional Diversity and Inclusion activities

We had identified that we had less reach within certain communities, notably those from black, Asian and minority ethnic and LGBTQ+ community. Additional funding has been allocated, to increase capacity in this area, undertake research and deliver improved reach over the next three years.

17 Operating lease commitments payable as a lessee

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods

	Property 2023 £	2022 £	Other 2023 £	2022 £
Less than one year – Mutual 3 month break clause	7,508	6,175	–	–
	7,508	6,175	–	–

18 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

Accounts



Endometriosis UK

Annual report and financial statements for the year ended 31 March 2022

Company no. 2912853

Charity no. 1035810

OSCR no. SC051651

Contents

For the year ended 31 March 2022

This Trustee and Directors' report provides an overview of performance in relation to our key objectives and of future plans. It includes key performance data and the stories of some of those Endometriosis UK has helped, in addition to financial summaries and analysis.

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Reference and administrative information

For the year ended 31 March 2022

Endometriosis UK is a company limited by guarantee and a registered charity.

Company number	2912853		
Country of incorporation	United Kingdom		
Country of registration	England & Wales	Charity Number	1035810
Country of registration	Scotland	Charity Number	SC051651

Registered office and operational address 10 – 18 Union Street, London SE1 1SZ

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Liz Campbell	Chair
Tracey Hammonds	Treasurer
Sanchia Alasia	
Sarah Atkinson	
Anna Cooper	
Andy Glyde	
Andrew Horne	
Sera Miller	
Dr Veena Rao	
Cassia Rowland	
Arvind Vashisht	

Endometriosis UK has a skills-based Board of Trustees and trustees are recruited in order to ensure that the board has the right mix of skills and knowledge to provide effective governance. The Board of Trustees has a range of skills and experience including voluntary sector management, fundraising, financial management, primary and secondary health care and of living with endometriosis. Trustees are elected each year at the Annual General Meeting. The higher of three or one third of trustees are asked to retire each year and may offer themselves for re-election.

Company Secretary Emma Cox, CEO Endometriosis UK

Key management personnel Emma Cox

Bankers CAF Bank Limited
PO Box 289
Kings Hill
West Malling
Kent ME19 4TA

Solicitors Bates Wells and Braithwaite
10 Queen Street Place
London EC4R 1BE

Auditor

Sayer Vincent LLP
Chartered Accountants and Statutory Auditor
Invicta House
108-114 Golden Lane
London
EC1Y 0TL

Medical Advisory Panel

Arvind Vashisht, Consultant Gynaecologist, University College London Hospital

Kirana Arambage, Consultant Gynaecologist, John Radcliffe Hospital, Oxford

Professor Christian Becker, Senior Clinical Research Fellow, John Radcliffe Hospital, Oxford

Professor Andrew Horne, Professor of Gynaecology and Reproductive Sciences, Edinburgh University

Shaheen Khazali, Consultant Gynaecologist, Ashford & St Peter's NHS Foundation Trust

Dr Uma Marthi, General Practitioner with special interest in women's health, Rochdale

Dr Veena Rao, General Practitioner with special interest in women's health, Cumbria

Fevzi Shakir, Consultant Gynaecologist, Royal Free Hospital

Dr Katy Vincent, Associate Professor, Senior Fellow in Pain in Women, John Radcliffe Hospital, Oxford

The Trustees present their report and the audited financial statements for the year ended 31 March 2022.

Reference and administrative information set out on pages 3 and 4 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association, the requirements of a directors' report as required under company law, and the Statement of Recommended Practice – Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS102.

About endometriosis

Endometriosis is a gynaecological condition where tissue similar to the lining of the womb (the endometrium) grows in other areas of the body, most commonly within the pelvic cavity. This tissue responds to the hormonal cycle in the same way as the lining of the womb, but unlike the lining of the womb there is no way for it to exit the body. It remains within the body where the bleeding forms lesions, cysts and scar tissue (adhesions). An estimated 1.5 million women and those assigned female at birth in the UK have endometriosis - that's 1 in 10 from puberty to menopause who suffer from this disease, although the impact may be felt for life. We do not know the percentage severely disabled by it. We currently do not know what causes the disease and there is no cure.

Endometriosis can result in inflammation, scar tissue, severe pain, painful sexual intercourse, infertility, bowel and digestive problems, bladder problems and a wide range of other symptoms. None of the symptoms are exclusive to endometriosis and diagnosis can take a long time often with multiple visits to healthcare practitioners. Currently surgery with biopsy is the only way of diagnosing it definitively. Endometriosis UK's own patient surveys have found that on average it takes 8 years from first symptoms to being diagnosed (March 2020). This figure has not changed in a decade, and is still unacceptably long. Additionally, there is a general lack of awareness about endometriosis: fewer than 50% of people asked in a survey (March 2020) were aware of the condition and even fewer knew what it was.

There is no wholly satisfactory drug therapy and often the treatment is surgery, although for many this has to be repeated. The repercussions of endometriosis can be enormous: it can affect every aspect of life, from work, ability to conceive, to relationships and overall quality of life. Since the condition is hard to see and problematic to diagnose, it can feel very isolating - coping with persistent pain, infertility and other unpleasant symptoms can also lead to depression.

Endometriosis can also have a huge effect on partners, family members and personal relationships, and all those affected may need support. This is evident from the number of partners and family members who contact the charity. Although in the past it was considered a disease of the over 30's, increasing numbers are reporting that they are experiencing troublesome symptoms as early as their first period and sometimes even before this. There is no evidence to suggest that this is due to an increase in occurrence of endometriosis, but rather is due to the realisation at an earlier age that severe period pain is not normal. Hence help is being sought at an earlier age - something for which the charity's campaigns over many years should take credit. However, without improved diagnosis and treatment the negative outcomes of persistent pain, debilitating symptoms and potential infertility still remain.

Foreword

We're proud to share with you our annual report to highlight what you have helped us achieve this year, and to set out our plans for the future. It is thanks to our incredible volunteers, medical advisors, fundraisers, partners and supporters that we are able to be here for people when they need us, and drive real change for all those affected by endometriosis in the UK.

Covid 19 continued to have a significant impact on the endometriosis community. Many found themselves still waiting for appointments or surgery cancelled, with little support from the NHS due to pandemic pressures. With no appointments, others were not able to get a diagnosis nor access the treatment they need. Waiting lists continued to rise, with gynaecology waiting lists increasing by the highest percent of all medical areas. We have taken all opportunities to raise our concerns with governments, NHS, healthcare practitioner organisations and decision makers. We have continued to ensure we are at the heart of conversations around how endometriosis care can be improved and delivered across the UK, lobbying parliamentarians in England, Northern Ireland, Scotland and Wales to ensure that governments, the NHS and society recognise the significant impact endometriosis may have on all aspects of life.

We worked hard to fill in the gaps where we could, working with our Medical Advisory Panel and healthcare practitioners to provide information and guidance, and deliver virtual support services. Our Support Group leaders supported virtual meetings, and started to return to face to face meetings when appropriate. We delivered a webinar programme in partnerships with specialist endometriosis centres across the UK, expanded our helpline and launched a new web chat service.

We have been very proud of the amazing work done by volunteers in our support network, working hard to increase our helpline support, and Support Groups moving to balancing virtual and face to face meetings. Our volunteer network has grown significantly, and thanks to our team of over 180 trained volunteers, Endometriosis UK continues to be there for those with endometriosis when they need it most. March saw the launch of a new webchat service, developed following research that identified the need. Our dedicated Medical Advisory Panel, despite being on the frontline of dealing with Covid 19 and the backlog from the pandemic, found the time to help us update guidance and provide the information that was most needed, especially for those whose surgery, appointment or treatments were delayed or cancelled, along with the newly diagnosed. We hosted webinars, made videos, and organised online panels and discussions to provide our community with information on managing their symptoms, and insights into how endometriosis care may resume.

In August 2021, the Scottish Government launched its first Women's Health Plan. We were very pleased to see that many of our messages had been taken on board, including commitments to drive down diagnosis times, improve endometriosis care, fund research, improve healthcare practitioner knowledge and develop menstrual health education in schools. We look forward to continuing to work with the Scottish Government to make the plan a reality. In March 2022, the Welsh Government funded the appointment of Endometriosis Specialist Nurses in each of the 7 health boards, aiming to improve diagnosis, access to treatment and awareness. We await the publication of the Women's Health Plan for England, and have continued to lobby for improved care, targets to reduce diagnoses time and investment in research throughout the delay in publishing, as well as supporting debates in Parliament to raise the profile of endometriosis.

In October 2021, we were deeply shocked and saddened by the death of Sir David Amess. Sir David was founder and chair of the All Party Parliamentary Group (APPG) on Endometriosis, and a great supporter of the endometriosis community and Endometriosis UK. He will be sorely missed. We are grateful to those MPs who ensured the continuation of the APPG at a difficult time, especially Emma Hardy MP and Hannah Bardell MP for becoming joint chairs.

We were once again overwhelmed by the support for our *Walk for Endo* and *1 in 10 Challenge*. Fundraising events and their success have enabled us to increase our work to raise awareness of endometriosis and increase our campaigning.

We have welcomed new staff who have immediately had a positive impact on our support network including launching our new webchat service and our first dedicated staff member in Scotland, our fundraising and our policy campaigning. In the year ahead, further investment will result in increase and improvement of our information provision and awareness raising.

We dropped Awareness Month in March this year – instead we had Action Month! Awareness is important, but we want to see actions too, and we promoted a range of actions including campaigning for MPs to update and improve the guidelines on endometriosis; for healthcare practitioners to learn more about endometriosis; and lobbying for more money to be invested in endometriosis research. Our survey work showed that there has been an increase in awareness about endometriosis but it is still low especially for men, with only 31% of men (75% of women) able to identify endometriosis as a gynaecological condition from a list of options, demonstrating how much more we need to do.

During the year we launched a new logo and brand for the charity, responding to all the feedback from volunteers and supporters. We heard loud and clear that the endometriosis community wanted the charity to look strong, determined to achieve change, and to be there to support and advocate for everyone with endometriosis. We believe our new look delivers this.

There remains much work for us as a charity to do, and we have bold and ambitious plans for the future with a new 5-year strategic plan launched during the year, strengthening our ambitions and resolve to ensure everyone living with endometriosis has a prompt diagnosis, the best care and the support they need. The Board sub committee on Diversity and Inclusion is overseeing our programme of work to improve our awareness of diversity and inclusion and ensure all of our work meets the highest standards in this regard. There is still much to do but we are committed to ensuring we are an open, fair and equal organisation in all that we do and importantly that all voices are heard and reflected in our policy and our campaigns.

With the impact of the pandemic still being felt in the NHS and the cost of living crisis, we know there are challenging times ahead, and our commitment to support those with endometriosis remains strong. The need for our charity and the work we do is greater now more than ever before, and we are determined to be here to deliver more for the endometriosis community.

We would like to thank everyone who has helped us in the past year, our Board, our Advisors, our funders and our wonderful staff and volunteer team.

Tribute to Sir David Amess MP, Chair of the APPG on Endometriosis

Everyone at Endometriosis UK, and so many people in the endometriosis community, were devastated by the tragic death of Sir David Amess, MP for Southend West, on October 15, 2021.



Sir David had been Chair of the All-Party Parliamentary Group (APPG) on Endometriosis ever since he launched it in 2018, working tirelessly to raise awareness and improve services for those with the condition.

He had first become interested in endometriosis after a constituent approached him in 2016 describing her experiences struggling to get a diagnosis and appropriate treatment to deal with the condition.

Sir David, who had served on the Health Select Committee from 1998 to 2008, decided he had to do something about it. In Sir David's time as chair, the APPG on Endometriosis undertook a far-reaching inquiry on the state of endometriosis in the UK leading to the publication in October 2020 of a ground-breaking report with many recommendations on how to improve care and support.

The APPG also held a number of public events, often led by Sir David himself, to raise awareness of the condition, the most recent taking place virtually, in a Covid 19 compliant manner, during Endometriosis Awareness Month in March 2021. Most recently, he had successfully expanded the group's members to include a number of fellow MPs from different parties.

Emma Cox, CEO of Endometriosis UK, said: "Sir David Amess worked tirelessly to raise awareness of endometriosis, and to improve services for those living with the condition. His support was key to ensuring increased public awareness and understanding of the condition."

"Long before his senseless, tragic death, many individuals and families affected by endometriosis had expressed their gratitude to Sir David for making them feel that they were being listened to and believed – many of them have otherwise been ignored or misunderstood. We will never forget his achievements and support."

Sir David Amess was born in Plaistow, East London in 1958. He was first elected as MP for Basildon in 1983. He was subsequently the MP for Southend West from 1997, most recently re-elected in 2019. He received a knighthood for political and public service in 2015.

Objectives and activities

Purposes and aims

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's key activities and who it tries to help are described below. All its charitable activities are undertaken to further Endometriosis UK's charitable purposes for the public benefit, and focus on:

- Support for everyone living with endometriosis
- Information and supporting research
- Raising awareness and campaigning
- Resourcing the organisation so we can deliver more

The following outcomes for the next 5 years have been agreed:

- Reducing diagnosis time
- Improving access to high quality treatment
- Ensuring everyone with endometriosis has the support they need

Key achievements

Despite the continuation of the challenges posed by Covid 19 in 2021/2022, we achieved several long-term objectives, focused on supporting those with endometriosis, reducing diagnosis times, and improving access to treatments. We have highlighted a few of these below, with more details of our activities on following pages.

Support for people living with endometriosis

Offering support for those living with endometriosis is at the heart of everything we do. We continue to be there for people with endometriosis, with our fantastic team of over 181 trained volunteers providing direct support through our Support Groups, telephone Helpline, Health Unlocked online forum. In addition, we launched our new webchat support service and trained a cohort of new volunteers to facilitate this service. We have built on the success of our previous years' webinar programme, working in partnership with BSGE centres across the UK.

We were pleased to be invited by the Scottish Government to take part in the development of the first Women's Health Plan for Scotland, and delighted to see that the published plan included many of our requirements, including commitments to drive down diagnosis times, improve endometriosis care, fund research, improve healthcare practitioner knowledge and develop menstrual health education in schools. Our report, commissioned by the Scottish Government, *Analysis of Endometriosis Service Provision in Scotland*, identified the provision of, gaps in, and barriers to, care for endometriosis in Scotland which also fed into the Women's Health Plan. The Scottish Government also provided funding for Endometriosis UK to deliver information and awareness events for the newly diagnosed, recognising the difficulties of accessing care due to the pandemic. We look forward to continuing to work with the Scottish Government on the implementation of the Plan.

Information & research

Access to accurate information is essential for those with endometriosis. The Covid 19 pandemic has continued to impact on those with endometriosis, with appointments delayed or cancelled and long waiting times. Worryingly, gynaecology waiting times have increased by a greater percent than any other area, and has meant our information provision is more important than ever. Through expanding our partnerships with endometriosis specialists and centres, we increased our webinar, support and information provision to ensure that those impacted by backlogs in treatment received up to date information

We know that research is at the core of improving the lives of those with endometriosis. We are involved in a wide range of research activities, aiming to ensure the views of those with endometriosis are always considered in research. We worked with Verity, the PCOS charity, to support a debate in the UK Parliament on increasing research funding for endometriosis and PCOS, as well as being a partner in clinical trials, helping with PPI (public and patient involvement) to ensure input from patients, reviewing patient materials and helping to recruit study participants.

Awareness and Campaigning

Our policy and campaigns work in 2021 included campaigning for endometriosis services to be restarted and reduce waiting times, responding to public consultations on health, involvement in the Women's Health Plan in Scotland, engaging with parliamentarians and governments across the UK including continuing to support the All Party Parliamentary Group on Endometriosis, and a public campaign to update and improve the NICE guidelines on endometriosis.

We were pleased to launch our logo and brand, following a number of consultations, workshops and surveys. The response to these changes was overwhelmingly positive and we're excited that our brand now reflects who we are as an organisation.

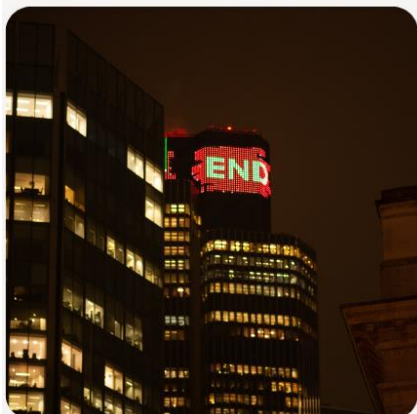
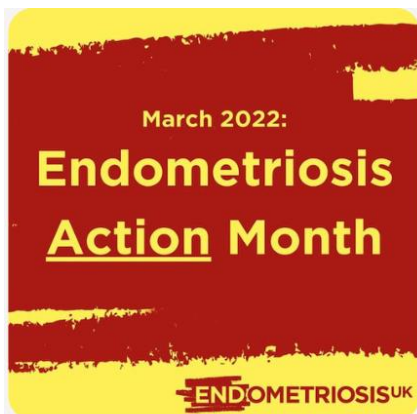
We renamed this year's Awareness Month as Action Month. This change reflected our commitment to being proactive in calling for improvements in the experience of those living with endometriosis, and was really well received by the community. Action Month posed the opportunity to *do something*, rather than be passive, and we were certainly busy throughout the month with a number of campaign actions, media opportunities, presentations and awareness activities taking place. Action Month exhibited the creativity and enthusiasm of the endometriosis community, with a raft of events and activities, including the 9th World Wide Endo March being held.

Resourcing

Our team of 181 trained volunteers deliver our direct support services. We have continued to facilitate virtual training for volunteers, and have continued volunteer recruitment through the year.

Our staff team grew over the last year, with new roles to increase and diversify the work we do, improving capacity and expertise within different project areas. New appointments were a Scottish Development Coordinator enabling us to better support volunteers and lead on projects throughout Scotland; a Head of Resources to lead our Governance, HR and Facilities work and lead on new projects; an Executive Assistant to the CEO & Office Manager to support the CEO, manage the office, and coordinate activities across the team; and an Administration Assistant to support finance and fundraising administration. We appointed a Specialist Advisor (part time) who started in May 2022, an Endometriosis Specialist Nurse, to develop our information provision and provide clinical expertise to support our volunteers. During the year, we also appointed two Kickstart positions, 6-month posts, a scheme funded by the Government to create jobs for 16 to 24 year olds on Universal Credit.

We were delighted to receive grants from several funders for our work in Scotland, the Health and Social Care Alliance, the National Lottery Community Fund, and the Scottish Government, which helped us provide resources for Support Groups, training for volunteers, and deliver information and awareness raising activities for those recently diagnosed with endometriosis in Scotland.



Support for those living with endometriosis

Our volunteer-led support services continue to be a core part of how we support the endometriosis community. Despite the ongoing challenges of living with the Covid 19 pandemic in accessing support and treatment, we have continued to diversify the support for those living with endometriosis. A key achievement this year has been the launch of our new webchat service, facilitated by a team of newly trained volunteers.

Our new Scottish Development Coordinator role enables us to better support volunteers throughout Scotland and lead on projects specific to that nation. We look forward to seeing the impact of the role in improving the lives of those with endometriosis in Scotland.

We have continued to recruit and train volunteers virtually, with 56 new volunteers trained over the year, increasing our total number of active volunteers to 181. This has meant a substantial increase in our capacity to support those in the endometriosis community through our services.

Highlights

- 276 group meetings took place, most held online. We have supported groups to begin resuming face to face meetings, social events and wellbeing walks and activities
- 700 calls were answered by our Helpline
- 585,848 website sessions, with a total of over 1.8 million views
- 6821 registered for our webinars led by medical experts, and were viewed by over 15,000 via YouTube and Facebook
- Held two virtual *Living with Endometriosis* events with Homerton Hospital in London, and Edinburgh and Aberdeen hospitals in Scotland
- Increased the support offered via Health Unlocked, our online moderated forum, with 6,078 new members signed up, making the total number of members 59,992
- Celebrated our Black volunteers during Black History Month

Future Plans

- Identify areas for new support groups
- Continue to develop a programme of webinars and *Living with Endometriosis* information events, virtual and face to face, in partnership with BSGE Centres across the UK
- Ensure our support groups are sustainable through the recruitment and training of new volunteers to lead together with existing group leaders
- Continue to build and strengthen our new webchat service to develop the support we offer
- Delivering our Diversity and Inclusion Research Project, and offer new support and information provision for everyone with endometriosis. We recognise every journey is different and will continue to work in all areas where endometriosis is impacting on lives.

"The webinars are brilliant."

"The presentation was very well delivered. I found the information both interesting and useful."

"I just wanted to say a big thank you for offering the bowel endometriosis webinar. It was so interesting and I appreciated the time the doctors took out of their busy schedules to share their knowledge. They both expressed passion and care for the topic, and came across so comprehensively. Thank you to Endometriosis UK for taking the time, and allowing us to have free access to such valuable information. Endometriosis UK make such a difference to us endometriosis sufferers, so I am extremely grateful for everything you do."

A big THANK YOU to all of our amazing volunteers!

Testimonials from those with endometriosis we have supported

Comments on our Helpline

"I spoke to the most lovely person on Monday on the helpline. She was really kind and knowledgeable. Thank you for all you're doing as the charity at this moment"

"I called this morning and spoke to a really lovely lady. It's really what I needed, been having the worse couple of days. Made me feel so much better that I could talk to someone who understood! Thank you"

"Thank you so much for listening. That's all I needed, a safe space to offload and know I am not crazy. I feel so much better and able to carry on advocating for myself for a while longer."

Feedback for online support groups and webinars

"Went to the support meeting tonight and I've never ever experienced that level of help. I'm beyond grateful! Thank you!"

"The last one was so super helpful! I have made so many changes and I am so grateful to you."

"One of the attendees unmuted herself specially to tell everyone how much our support services have helped her, particularly the Helpline, which she described as "a miracle" and told everyone how our Helpline volunteers have supported her numerous times, helping her feel understood and navigate the challenges of the disease".

Examples of feedback from people we have supported

"I just wanted to say a huge thank you for the support you provide, particularly through your website. I was finally diagnosed with endometriosis yesterday after years of talking to dismissive GPs and not being believed about how bad my symptoms were. From the start of this process I used your resources such as the symptoms grid and then right up to the laparoscopy with what to expect. Without your info, I would have felt clueless going into it so THANK YOU!"

"I am lucky to have only had a few bad years in my late 40s with endometriosis, but my 21 year old daughter has had it since she was 16. So I wanted to support your ongoing support for her, and all the other women suffering. Your charity does such a good job and I wish you all the best in these strange and difficult times."

"Endometriosis UK helped me at when I was at my lowest. I was able to get diagnosed through the GP, to find access to a specialist centre and the treatment I needed. I am so grateful"

"My whole life has been a fight with endometriosis and sharing my story gives me that little bit of hope. Thank you Endometriosis UK"

Information & research

Highlights

Our Endometriosis Friendly Employer Scheme continued to grow, with 90 members at the end of March. These workplaces have taken action through the *Endometriosis Friendly Employer* scheme, to ensure employees with endometriosis and menstrual health conditions are supported and enabled to thrive at work. During 2021 HSBC, Southeastern Railway and NHS Digital were amongst those that pledged to be *Endometriosis Friendly Employers*, and we were pleased to hear about the important progress made by organisations who joined in prior years, including Severn Trent Water and many UK police forces.

During our Action Month in March in particular, we presented at a number of Lunch and Learn and Wellbeing sessions for employers, providing information about endometriosis, the impact it can have on an individual's work life and how employers can provide support in the workplace. Through the *Endometriosis Friendly Employer* scheme, organisations have begun to make great progress for employees with endometriosis; by holding events to raise awareness of the disease and the impact it can have, developing guidance and policies to better support those with endometriosis at work, working with Endometriosis UK to deliver training for staff and nominating workplace Endometriosis Champions to increase awareness and signpost.

Behind the scenes, our information was reviewed as part of the regular review process. We worked with a team of MSc students to assess the usability of our website and improvements that could be made, and started developing a new site to deliver these.

We are pleased to be involved in a range of research projects. Research into endometriosis is vital to find out more about the disease. Only through research will we find out more about the cause of endometriosis, how to better treat and manage it, the support people might need and, one day, a cure. We have partnered with university researchers and clinical trials teams to aid recruitment and participation in a number of research projects aimed at improving the lives of those living with endometriosis, including the following clinical trials:

DIAMOND: Deep infiltrating endometriosis: management by medical treatment versus early surgery

ESPrT2: The effectiveness of laparoscopic treatment of isolated superficial peritoneal endometriosis for managing chronic pelvic pain in women: a randomised controlled feasibility trial

REGAL: Recurrence of Endometriosis: A randomised controlled trial of clinical and cost-effectiveness of Gonadotrophin Releasing Hormone Analogues with add-back hormone replacement therapy versus repeat Laparoscopic surgery

ADVANTAGE – Advanced Discovery of Visceral Analgesics via Neuroimmune Targets and the Genetics of Extreme Human Phenotype - The ADVANTAGE consortium aims to improve how we treat people with visceral pain from a variety of diseases, such as endometriosis; focusing on their pain rather than just their underlying disease. We are a member of the Patient and Charities Advisory Board of the consortium.

In November, MPs attended a debate in Westminster Hall to discuss research into endometriosis and polycystic ovary disease (PCOS). Working with Verity, the charity for PCOS, our campaigning meant almost 6000 people wrote to their local MPs to ask them to attend, with each of the UK's 650 MPs being contacted about the issue.

Future plans

- Work with the research community on projects to learn more about endometriosis, its treatment and management, focussing on the needs of those with the disease.
- Continue to push for increased funding into research.
- Develop our online resources to provide the information the endometriosis community needs.
- Expand the *Endometriosis Friendly Employer* scheme.

Awareness & Campaigning

Highlights

A key area for our awareness, campaigning and policy work over the year has been to raise the issue of long waiting times those with endometriosis are facing. The pandemic put significant pressure on the NHS resulting in growing waiting lists, and worryingly gynaecology waiting lists have increased by the highest percentage of all areas of care. We have been campaigning so that those with endometriosis are given due priority and receive the care and treatment they need. Our activities have included lobbying governments and NHS trusts across the UK, raising with journalists and working with organisations such as the Royal College of Obstetrics and Gynaecology.

We were involved in the development of the Women's Health Plan in Scotland which included commitments to drive down diagnosis time and improve care. Following several years of campaigning, along with other charities, the Welsh Government agreed menstrual wellbeing education would be included in the new Welsh RSE code and we successfully persuaded the Welsh Senedd Health and Social Care Committee to make Women's Health one of their priorities. Our Scottish Parliament and Welsh Senedd election outreach campaign encouraged MSPs and MSs to be Endometriosis Champions. In England, endometriosis was identified as a priority area for action in the Vision for the Women's Health Strategy.

To ensure the voice of the endometriosis community was heard in shaping policy, we responded to a number of key government consultations, and have been involved in a number of initiatives with other organisations to further campaign for those with endometriosis, for example the Menstrual Health Coalition and the Association of Fertility Patient Organisations, as well as a coalition of over 40 charities in Wales which developed a Quality Statement for women and girl's health. We continue to be the Secretariat to the UK Parliament All Party Parliamentary Group (APPG) on Endometriosis.

Key campaigning highlights included:

- The 2021 Scottish National Party Manifesto included a commitment to reduce waiting times for diagnosing endometriosis from over 8 years to less than 12 months by the end of the parliament
- Scottish Government's Women's Health Plan has a priority to "improve access for women to appropriate support, speedy diagnosis and best treatment for endometriosis"
- Producing a report for the Scottish Government - *Analysis of Endometriosis Service Provision in Scotland* – to feed into the Women's Health Plan
- Over 6,000 people participated in our "write to your MP" campaign on research funding for endometriosis and PCOS, run jointly with the charity Verity
- Virtual parliamentary events in all four UK parliaments for Endometriosis Action Month 2022
- Our Scottish Parliament election outreach campaign reached over 600 candidates
- Our Welsh Senedd elections outreach campaign reached over 200 candidates

Media work

During the year, Endometriosis UK has raised public awareness and understanding of the disease through a wide range of media coverage, including:

- Several BBC online news stories, as well as appearances by staff and volunteers on a range of BBC national and local broadcast outlets.
- An ITV Regional News package broadcast and online during Action Month, featuring our Chief Executive, several volunteers and the Paralympic medallist Charlotte Henshaw
- A range of national newspaper coverage including a feature in the Daily Mail's Good Health, Mail on Sunday, the Scottish Sun, Metro, along with local, regional and specialist newspapers including the Liverpool Echo, News Letter (Belfast), MyLondon, Glasgow Times and Hertfordshire Mercury

- Articles on the Endometriosis Friendly Employer scheme appeared online in Cosmopolitan, Tyler, HR Magazine, Employee Benefits and Civil Society News
- 130,000 followers on social media, an increase of 18% in the last year. In Action Month in March, our social media for the month reached over 723,000 people.

Awareness Activities

This year saw the 9th Worldwide EndoMarch taking place, with five of our support groups taking part in the global virtual event as well as some marches able to resume as in person events - Aberdeen, London, Merseyside Mid Wales, Oxford and North Highlands. A big thank you to the volunteer teams for all your work to raise awareness.

Following a wealth of input from volunteers and supporters, through focus groups and surveys, we developed a new logo and brand identify for the charity. We're really grateful to everyone who took part in the process – all feedback received helped improve our understanding of what Endometriosis UK means to our audiences. We heard loud and clear that the endometriosis community want the charity to look strong, determined to achieve change, and to be there to support and advocate for everyone with endometriosis. Central to the new brand is highlighting the 'End' in endometriosis, to reflect our desire to end so much about the current challenges those with endometriosis face and the detrimental impact on lives endometriosis can have: to end the taboos, end the ignorance, end the isolation and end the pain it can cause. We're pleased that the new logo has received overwhelmingly positive feedback since its launch in November.

During Endometriosis Action Month, we tried new ways to help raise awareness, including digital billboards and having our logo lit up on buildings, provided to Endometriosis UK free of charge.

Future plans

- Increase public awareness through a programme of annual campaigns.
- Continue to campaign to get good quality menstrual wellbeing education implemented in schools.
- Proactively working with journalists to raise awareness.
- Continue to work with the APPG on Endometriosis
- Ensure those with endometriosis have a louder voice and are heard.
-

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How to talk to your boss about endometriosis (and ask for more support)

There's so much more employers can do to help

by JENNIFER SAVIN 1 APR 2022



Lena Dunham on the reality of Endometriosis by Cosmopolitan UK

Despite the fact that endometriosis is thought to impact around 10% of all women and those assigned female at birth, the condition – which sees cells, similar to the ones in the lining of the womb, found elsewhere in the body, causing a myriad of symptoms – is still widely misunderstood.

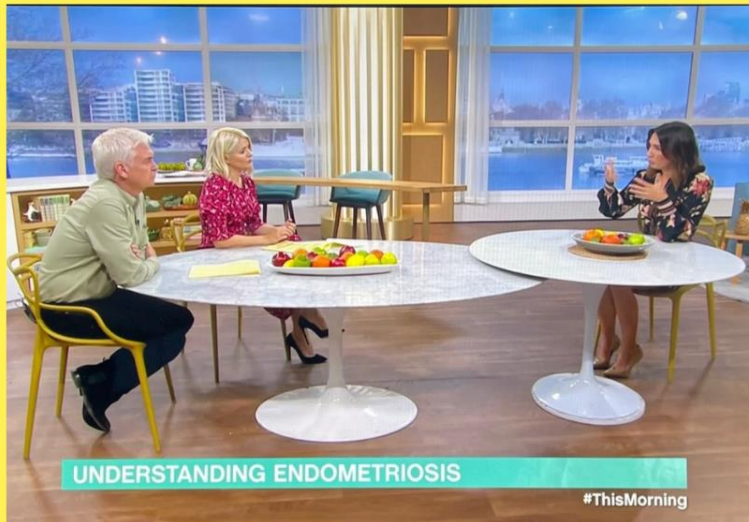
employee benefits NEWS JOBS TAX & LEGAL BENEFITS EVENTS

HSBC UK, First Direct, M&S Bank become endometriosis-friendly employers

By Zoe Wickens 23rd March 2022 10:52 am



Banks HSBC UK, First Direct and M&S Bank have pledged to support their employees by joining the Endometriosis Friendly Employer scheme this month (March).



The Telegraph

Resourcing

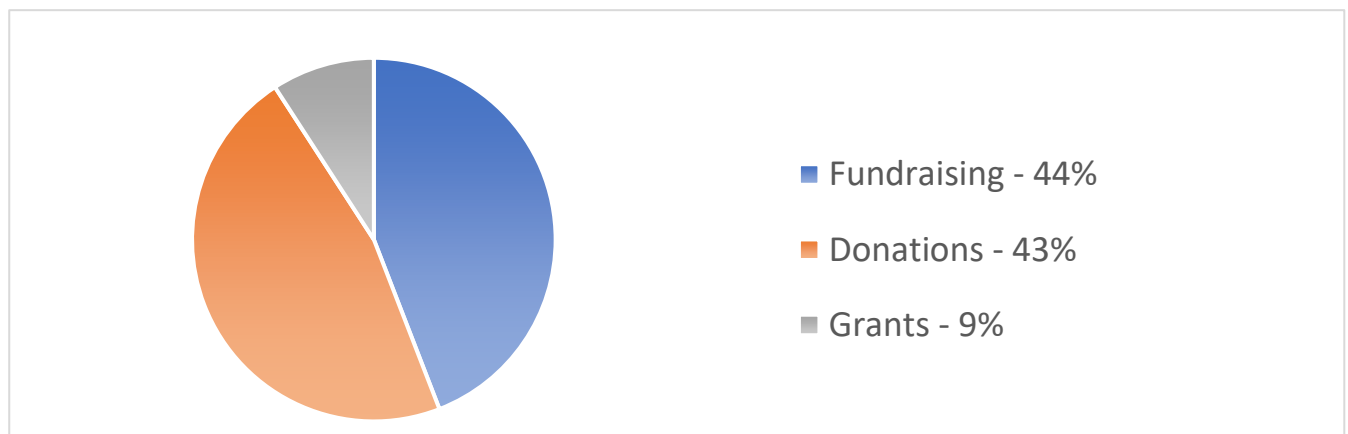
Highlights

We launched our new 5-year strategic plan, strengthening our ambitions and resolve to ensure everyone living with endometriosis has a prompt diagnosis, the best care and the support they need. Our Chair and CEO held virtual drop-in sessions for volunteers to discuss the charity's strategy and ambitions.

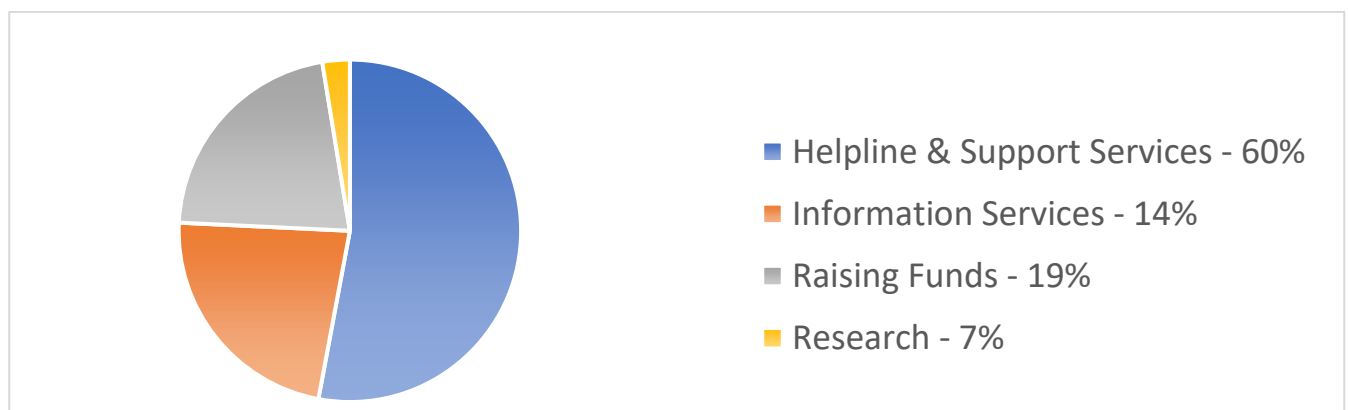
We continued to work remotely in line with government guidance at different points throughout the year. Having closed our previous office, in September we moved into new office accommodation within the Royal College of Obstetricians and Gynaecology (RCOG) allowing for hybrid working. Our staff team grew further this year, with four new permanent roles, and during the year we also hosted two six-month Kickstarter placements, entry-level roles funded by the Government. We recruited a Specialist Advisor role at the end of the financial year, who started in May. As new staff settle in, we look forward to being able to deliver more for the endometriosis community in the year ahead.

We continued to see success through our fundraising, despite the ongoing concerns around Covid 19 and resultant large waiting lists, and cost of living challenges; ensuring in person events were safely managed in line with guidance.

Income



Expenditure



Future plans

- Continue to implement our new 5 year strategic plan
- Continued investment in volunteer training, support and development
- Review our membership offer and grow our membership
- Develop relationships with Charitable Trusts & Companies to secure new funding
- Increase online donations via the website and social media

Supporters

Supporters across the UK were integral to our work in 2022 with 1,217 supporters signing up for our Walk for Endo and 1in10 fundraising challenges, and we were delighted to see many new participants as well as those coming back to support us. Over 350 individuals, workplaces and groups separately took on challenges, organised events and found creative ways to fundraise for our work.

As Covid 19 restrictions eased, we were pleased to be able to cheer on our supporters at challenge events once again, including the Asics 10k and Brighton and London Marathons, and look forward to seeing more of our supporters take on challenges at events in the future.

Future plans

- Expand participation in events and ways to engage with and support us
- Develop exciting new events, including virtual events
- Attract more members and supporters
- Secure high profile ambassadors
- Identify more corporate partners



Beneficiaries of our services

Our beneficiaries include all those with or impacted by endometriosis.

Endometriosis UK is committed to supporting and advocating for everyone affected by endometriosis regardless of race, gender, sex, gender identity, class, sexual orientation or disability and ensuring diversity. Everyone affected by endometriosis needs to be acknowledged, and we know that we must do more to identify the needs of all those affected by endometriosis, develop, maintain, and evaluate our work to meet those needs and advocate for necessary change and ensure all voices are heard. We know that there are additional complexities in accessing healthcare and support for those from Black, Asian and minority ethnic communities, and for the LGBTQ+ community. From survey work undertaken in 2019 and 2020, we identified that we were not reaching these communities as we would like, and are taking steps to actively ensure we drive change for those from under-represented groups.

The Board have established a Diversity & Inclusion Group to take this work forward, and having undertaken training for all our volunteers, trustees and staff, we are working to ensure we understand the needs of all those with endometriosis including those from under-represented groups, which will inform our priorities. We have engaged a research agency to partner with us to address this area of development and are excited to progress this work further in coming months.

Financial review

The Trustee Board oversees the charity's finances. To support the Board, a Finance Committee meets regularly, chaired by our Treasurer.

For the financial year 2021/22 we significantly increased our expenditure so we could deliver more, and generated a surplus of £288,430. We were able to both raise expenditure and achieve a surplus as a result of careful management of costs, plus an amazing level of fundraising from our supporters. Planned investment was undertaken as the financial situation over the year became more certain, with expenditure regularly reviewed and carefully monitored. Investments included developing a new Web Chat service and improving our Helpline; increased support and activity in Scotland including the appointment of our first staff member in Scotland; undertaking a rebrand; growing our Diversity & Inclusion activities; increasing our administrative and finance processing staff capacity and moving to a new office. Our new home is within the Royal College of Obstetricians and Gynaecologists building, as part of a hub for small, women's health charities. Further expansion of our work is planned over the next year, including development of our information provision, expanding our support network, and increasing our campaigning and awareness work.

The Trustees are keen to secure diverse income streams to ensure that we can achieve our objectives – we have ambitious plans for a small charity. Through both managing costs and developing our fundraising, the trustees carefully monitored finances over the year to ensure the year ended with unrestricted reserves that comfortably met our reviewed reserves policy. The Trustees, and Finance Committee working closely with the CEO, will continue to look for opportunities to develop further fundraising opportunities along with how best to spend our income to deliver the most for those with endometriosis.

The charity has delivered a surplus for this and the prior three years as we grew reserves to enable a period of growth going forward. This placed us in a good position to survive the impact of Covid 19, and has allowed our growth, even during the pandemic. The Board undertook a review of resources prior to launching the new strategic plan, alongside an operational plan to deliver our ambitious strategy.

Principal risks and uncertainties

The charity reviewed risk during 2021-22, covering the key aspects of our work including finance, governance and management, operational and external factors. Material risks were identified, reviewed and mitigated by the trustees and this will continue in the year ahead.

A detailed Covid 19 risk assessment had been produced at the onset of the pandemic, and this was reviewed by the Board regularly. As we moved to 'living with Covid 19' this was integrated into the risk register, and the risk statement reviewed and updated, and the risk register reviewed on a regular basis by staff and trustees. Given the uncertainty of the situation, a range of 5-year scenarios and financial modelling was undertaken to enable the Trustees to plan how to manage the charity, monitor progress and mitigate against the impact of Covid 19 and other risks. Expenditure continues to be carefully monitored given uncertainty about fundraising income in the challenging economic climate.

Our key risks, and our mitigations for these are:

- Not meeting the needs of the endometriosis community. We must be a reliable source of valuable information, and proactively campaigning for changes needed to improve the care and treatment, including those currently undiagnosed. Throughout the year we focused on new ways of providing supporting through the pandemic, planned and launched campaigns to improve access to treatment and care, and worked with healthcare practitioners and partners to provide current information.
- Impact of pandemic and downturn in the economy; not meeting income targets and having insufficient funds to deliver services and achieve objectives. Without growing our income, it will be more difficult to deliver our ambitious strategy. Key to our income is the engagement and mobilisation of the endometriosis community and developing new ways to generate income. We are focusing on activities that will accelerate our progress at this critical time, and looking to diversify our income sources for example through grants.
- Information technology – risk our systems fail to meet our operation need. IT systems are crucial to our work, and as a small charity our IT support is via external providers. We reviewed all our providers, identified and implemented new software to support our work, and started the upgrade of our website.

Reserves policy and going concern

Our reserves policy is to hold unrestricted reserves equivalent to at least 6 months' operating costs. We hold financial reserves for practical reasons, including:

- Ensuring we can go on funding our vital work should our income fall below target. Having reserves should give us time to adjust expenditure without causing undue disruption to our projects and those we support.
- Providing working capital to meet upfront expenditure during the year before income is received.
- To provide resource for investment, eg developing services and ensuring we maximise our reach.

Free reserves level at March 2022 were £906,177, 19 months total operating costs for the financial year 21/22, however with expansion of our work, commitments to further expenditure including designated funds, and development work for the financial year 2022/23, this equates to 11 months of operating costs for the current financial year. £51,763 of restricted funds was carried forward. We started the year in a good financial position, having worked hard over the prior 4 years to build reserves in order to expand our activities. Initially, planned expansion of activities and appointment of new staff 2021/22 were delayed and expenditure minimised whilst we ascertained the impact of the pandemic, and we cautiously expanded to ensure sustainability. The reserves level achieved is based on meeting our reserves policy over the next two years as the charity grows.

We received a great response to our new fundraising plans and the move for a lot of the year to virtual events and activities, and would like to thank all the fundraisers and donors who were so generous over the year.

This has helped us invest in new areas of work to support the endometriosis community, and to plan for further activities and support in the year ahead.

At the year end, the charity has unrestricted reserves totalling £1,139,959. Staff and Trustees reviewed the reserves policy in March 2022 and continue to carefully monitor the cash flow position and reserves. Having sufficient reserves allows us to plan for and deliver future projects, with a focus on decreasing diagnosis times, raising awareness and supporting those with endometriosis. It also enables us to leverage further income, for example some funders are happier to part fund activities where the organisation has already raised some money. Having sufficient reserves allows us to make the most of opportunities.

Structure, governance and management

Endometriosis UK is a charitable company limited by guarantee, incorporated on 25th March 1994 and registered as a charity on 29th March 1994. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In March 2021, we registered with OSCR- the Scottish Charity Regulator.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the accounts.

Trustee induction and training

The recruitment of Trustees is led by an audit of the skills held by the members of the Board, who are appointed by an open recruitment process using both search and advertisement as appropriate, against an agreed person profile and job specification. Shortlisted candidates are interviewed by a Nominations Committee of the Board who make a recommendation to the Board. The AGM of the Charity confirms all appointments.

New Trustees undergo a formal induction process covering, governance, risk management, financial systems and agreed procedures.

The Board hold an annual away day to consider strategy and review the performance of the Board. Diversity and Inclusion training was undertaken by Board members, and opportunities for training and knowledge development are raised with the Board, for example the training offered by our auditors.

With two trustees reaching their six-year term of office in 2023, we will be recruiting for new trustees in 2023, and encourage all those interested to consider applying – please look out on social media and our website for further information in due course.

Risk Management

The Trustees have a Risk Policy and a Risk Register. Each Board Meeting assesses whether new risks have emerged or whether any of the identified risks have changed in severity. The whole register is reviewed at the September Board meeting. Trustees consider that the formulated plans to deal with such risks are appropriate at present.

Statement of responsibilities of the trustees

The trustees (who are also directors of Endometriosis UK for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2022 was 998 (2021: 1,071). The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Auditor

Sayer Vincent LLP was re-appointed as the charitable company's auditor during the year and has expressed its willingness to continue in that capacity.

The Directors annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The trustees' annual report has been approved by the trustees on 12 September 2022 and signed on their behalf by

Acknowledgements

We could not do the work we do without the time and knowledge kindly offered to us by our volunteers, fundraisers, speakers, health experts and medical advisors. Without them we would not be able to reach and support the people we do. We would like to thank them all for their on-going support and generosity.

All those volunteers who have given up their time to support people affected by endometriosis - through the Helpline, Support Groups, Webchat, Health Unlocked - receive a special vote of thanks. Huge thanks as well to everyone involved in running an event and everyone who baked cakes or ran or walked or gave up chocolate (or sponsored others for doing so) or were involved in other fundraising projects to raise money to support the charity.

And a very heartfelt thank you to those who told their stories to the media to raise awareness, which can be such a hard and emotional thing to do yet is vital in raising awareness and helping others.

As always, all of our work will be a team effort. Our staff, volunteers, members, trustees, those with endometriosis in our wider community, their friends and family, healthcare professionals, researchers – all of those who work so tirelessly as part of Team Endo are making a huge difference where it is so desperately needed. We are grateful to those organisations who have provided expertise and support to help us raise awareness very generously free of charge, with special thanks to the team at Come the Glorious Day, and to Clear Channel for supplying our first digital billboards.

As well as our funders below, we would like to thank each and every person who has made a donation this year or encouraged other people to donate. We would also like to thank our small and dedicated staff team.

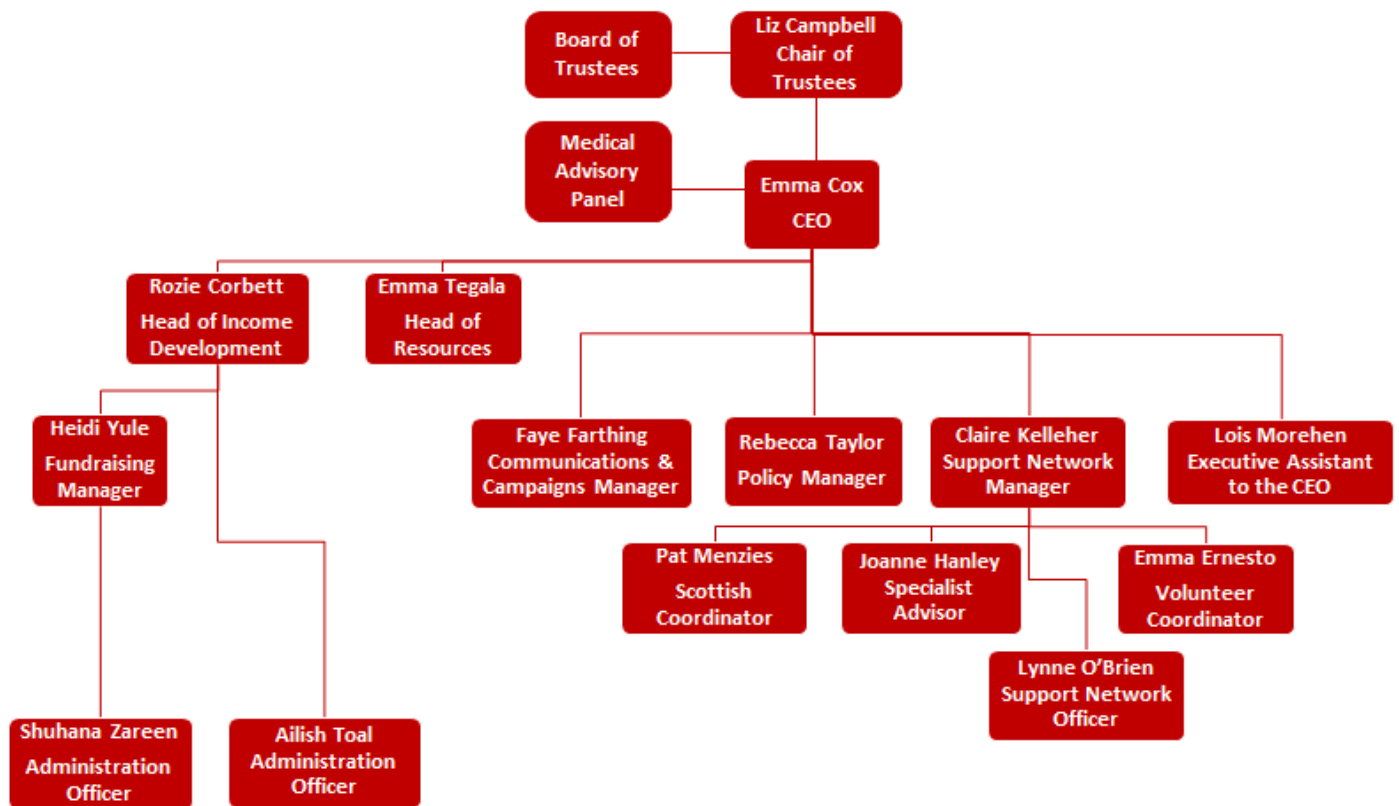
The National Lottery Community Fund
The Health and Social Care Alliance, Scotland
The Scottish Government
Time Of The Month
Cecil Pilkington Charitable Trust

Endometriosis UK is committed to fundraising in an honest and transparent way. All staff, volunteers, contractors and partner organisations fundraising for Endometriosis UK are required to adhere to our high standards of ethical fundraising and comply with the code of the Fundraising Regulator. As well as hundreds of community fundraising supporters generously giving their time to raise money for the charity, Endometriosis UK has commercial participator agreements in place with TOTM and WUKA, who fundraised through per-product donations during the year.

The charity established commercial participator agreements with all sole traders and businesses known to be fundraising for Endometriosis UK, and monitored the activities of those fundraising by reviewing proposed messaging and products, and social media monitoring. There were no known failures to comply with the code of the Fundraising Regulator, and no complaints were received regarding staff, volunteers or individuals fundraising for Endometriosis UK. All staff and volunteers are required to adhere to Endometriosis UK's safeguarding policy, which aims to protect vulnerable people across all aspects of our work, including fundraising.

About Us

Meet the Endometriosis UK governance and staff team



How to get involved

The more people working together the stronger we are and the louder our voice. We have a range of ways you can get involved, for more information please check out our website: www.endometriosis-uk.org/get-involved

If you would like to hear what we are up to throughout the year, sign up for our [regular e-update](#).

Contact

Endometriosis UK
10 -18 Union Street, London SE1 1SZ
Tel: 020 7222 2781 Helpline: 0808 808 2227

www.endometriosis-uk.org/contact-us

Twitter [@EndometriosisUK](https://twitter.com/EndometriosisUK)

Instagram [endometriosis.uk](https://www.instagram.com/endometriosis.uk)

Facebook www.facebook.com/endometriosis.uk.org

Independent auditor's report to the members of Endometriosis UK

Opinion

We have audited the financial statements of Endometriosis UK (the 'charitable company') for the year ended 31 March 2022 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- Have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended)

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on Endometriosis UK's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the trustees' annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' annual report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The trustees' annual report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) require us to report to you if, in our opinion:

- Adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
 - Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
 - The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Fleur Holden (Senior statutory auditor)

25 October 2022

for and on behalf of Sayer Vincent LLP, Statutory Auditor

Invicta House, 108-114 Golden Lane, LONDON, EC1Y 0TL

Sayer Vincent LLP is eligible to act as auditor in terms of section 1212 of the Companies Act 2006

Endometriosis UK**Statement of financial activities** (incorporating an income and expenditure account)**For the year ended 31 March 2022**

	Note	Unrestricted £	Restricted £	2022 Total £	Unrestricted £	Restricted £	2021 Total £
Income from:							
Grants and donations	2	396,101	79,576	475,677	406,545	78,279	484,824
Other trading activities	3	383,372	–	383,372	366,889	–	366,889
Interest		127	–	127	143	–	143
Other		9,694	–	9,694	20,511	–	20,511
Total income		789,294	79,576	868,870	794,088	78,279	872,367
Expenditure on:							
Raising funds	4	125,707	–	125,707	84,429	–	84,429
Charitable activities							
Helpline and support services	4	267,714	39,613	307,327	83,736	78,279	162,015
Information services	4	132,398	–	132,398	97,707	–	97,707
Research	4	15,008	–	15,008	11,971	–	11,971
Total expenditure		540,827	39,613	580,440	277,843	78,279	356,122
Net income for the year	5	248,467	39,963	288,430	516,246	–	516,246
Transfers between funds		–	–	–	–	–	–
Net movement in funds		248,467	39,963	288,430	516,246	–	516,246
Reconciliation of funds:							
Total funds brought forward		891,492	11,800	903,292	375,246	11,800	387,046
Total funds carried forward		1,139,959	51,763	1,191,722	891,492	11,800	903,292

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 1 5a to the financial statements.

Endometriosis UK**Balance sheet**

Company no. 02912853

As at 31 March 2022

	Note	£	2022 £	£	2021 £
Fixed assets:					
Property, plant and equipment	11		17,782		9,183
Current assets:					
Debtors	12	114,576		95,944	
Cash at bank and in hand		1,093,329		818,404	
			<u>1,207,905</u>	<u>914,348</u>	
Liabilities:					
Creditors: amounts falling due within one year	13	(33,965)		(20,239)	
Net current assets			<u>1,173,940</u>		<u>894,109</u>
Total assets less current liabilities			<u>1,191,722</u>		<u>903,292</u>
Total net assets			<u>1,191,722</u>		<u>903,292</u>
The funds of the charity:	15a				
Restricted funds			51,763		11,800
Unrestricted funds:					
Designated funds		216,000		-	
General reserve		923,959		891,492	
Total unrestricted funds			<u>1,139,959</u>		<u>891,492</u>
Total charity funds			<u>1,191,722</u>		<u>903,292</u>

Approved by the trustees on 12 September 2022 and signed on their behalf by

Endometriosis UK**Statement of cash flows****For the year ended 31 March 2022**

	2022 £	£	2021 £	£
Cash flows from operating activities				
Net income for the reporting period (as per the statement of financial activities)	288,430		516,246	
Depreciation charges	3,914		2,181	
Increase in debtors	(18,632)		(73,113)	
Increase in creditors	13,726		1,831	
Net cash provided by operating activities	287,438		447,145	
Cash flows from investing activities:				
Purchase of property, plant and equipment	(12,513)		(3,454)	
Net cash used in investing activities	(12,513)		(3,454)	
Change in cash and cash equivalents in the year	274,925		443,691	
Cash and cash equivalents at the beginning of the year	818,404		374,713	
Cash and cash equivalents at the end of the year	1,093,329		818,404	

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2022

1 Accounting policies

a) Statutory Information

Endometriosis UK is a charitable company limited by guarantee and is incorporated in the UK.

The registered office address is 10-18 Union Street, London, SE1 1SZ.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

In accordance with the Charities SORP, the parent charity does not prepare consolidated financial statements on the basis that the annual gross income of the group does not exceed £1million.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

c) Public benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

d) Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. At the start of the Covid-19 pandemic, the trustees reviewed income and expenditure and undertook a risk analysis, resulting in recasting the budget to reduce expenditure, and looking to identify and maximise income opportunities. Expenditure was kept down through the year, and a focus on developing new income sources has resulted in a strong income level for the year.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2022

1 Accounting policies (continued)

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

f) Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

g) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

h) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2022

1 Accounting policies (continued)

i) Expenditure and Irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services undertaken to further the purposes of the charity and their associated support costs, to include:
 - Helpline and support services – providing services for the relief of endometriosis
 - Information services – relating to advancing the education of those with the disease, the general public and health professionals regarding endometriosis
 - Research – activities to support research into endometriosis to improve understanding, treatment and management of the disease.
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

j) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

Where such information about the aims, objectives and projects of the charity is also provided to potential donors, activity costs are apportioned between fundraising and charitable activities on the basis of area of literature occupied by each activity.

	2022	2021
• Raising funds	19%	25%
• Helpline & Support Services	60%	49%
• Information Services	14%	20%
• Research	7%	6%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

k) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2022

1 Accounting policies (continued)

l) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £200. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Office equipment 4 years

m) Debtors

Trade and other debtors are recognised at the settlement amount due

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p) Pensions

The charity contributes to workplace pension schemes for its employees. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

Endometriosis UK**Notes to the financial statements****For the year ended 31 March 2022****2 Income from grants and donations**

	Unrestricted £	Restricted £	2022 Total £	Unrestricted £	Restricted £	2021 Total £
Alliance – Scottish Grant	–	30,000	30,000	–	–	–
Lottery Community Funding	–	34,576	34,576	–	53,279	53,279
Scottish Government	–	15,000	15,000	–	25,000	25,000
Endometriosis UK Trading Ltd	26,717	–	26,717	100,000	–	100,000
Other donations	340,428	–	340,428	251,545	–	251,545
Legacy donations	28,956	–	28,956	55,000	–	55,000
	396,101	79,576	475,677	406,545	78,279	484,824

Income received from Endometriosis UK Trading Ltd is the distribution of profits under gift aid.

3 Income from other trading activities

	Unrestricted £	Restricted £	2022 Total £	Unrestricted £	Restricted £	2021 Total £
Challenge events	193,195	–	193,195	261,067	–	261,067
Membership fees	27,624	–	27,624	24,931	–	24,931
Other fundraising activities	162,553	–	162,553	80,891	–	80,891
	383,372	–	383,372	366,889	–	366,889

Other fundraising activities represent members and supporters raising funds on behalf of the charity.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2022

4a Analysis of expenditure (current year)

	Charitable activities						2022 Total £	2021 Total £
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Supports Costs £		
Staff costs (Note 6)	58,469	160,863	44,484	4,781	9,902	42,505	321,004	204,390
Information	-	-	42,584	-	-	-	42,584	15,403
Membership EFE	-	231	-	-	-	-	231	151
Fundraising & Challenge Events	29,833	-	-	-	-	-	29,833	15,091
Office costs	9,038	52,091	25,117	120	396	21,677	108,439	61,972
Premises costs	-	-	-	-	-	29,201	29,201	28,625
Professional Fees	-	-	-	-	-	35,413	35,413	25,524
Helpline & Volunteer Expenses	-	8,614	-	-	-	-	8,614	2,562
Other costs	1,416	1,305	-	-	855	1,545	5,121	2,403
	98,756	223,104	112,185	4,901	11,153	130,341	580,440	356,121
Support costs	24,827	77,584	18,620	9,310	-	(130,341)	-	-
Governance costs	2,124	6,639	1,593	797	(11,153)	-	-	-
Total expenditure 2022	125,707	307,327	132,398	15,008	-	-	580,440	
Total expenditure 2021	84,430	162,014	97,707	11,970				356,121

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2022

4b Analysis of expenditure (prior year)

	Charitable activities						2021 Total £
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Supports Costs £	
Staff costs (Note 6)	40,316	82,606	53,755	5,005	6,547	16,161	204,390
Information	-	-	15,403	-	-	-	15,403
Membership EFE	-	151	-	-	-	-	151
Fundraising & Challenge Events	15,091	-	-	-	-	-	15,091
Office costs	-	19,813	5,332	-	-	36,827	61,972
Premises costs	-	-	-	-	-	28,625	28,625
Professional Fees	-	-	-	-	-	25,524	25,524
Helpline & Volunteer Expenses	-	2,562	-	-	-	-	2,562
Other costs	-	-	-	-	70	2,333	2,403
	55,407	105,132	74,490	5,005	6,617	109,470	356,121
Support costs	27,369	53,640	21,893	6,568	-	(109,470)	-
Governance costs	1,654	3,242	1,324	397	(6,617)	-	-
Total expenditure 2021	84,430	162,014	97,707	11,970	-	-	356,121

Endometriosis UK**Notes to the financial statements****For the year ended 31 March 2022****5 Net Income for the year**

This is stated after charging / (crediting):

	2022	2021
	£	£
Depreciation	3,914	2,181
Operating lease rentals payable:		
Property	22,984	25,735
Other	1,328	1,006
Auditor's remuneration (excluding VAT):		
Audit	6,825	6,500
	32,047	35,422

6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2022	2021
	£	£
Salaries and wages	292,155	187,790
Social security costs	22,965	12,977
Employer's contribution to defined contribution pension schemes	5,884	3,623
	321,004	204,390

No employee earned more than £60,000 during the year (2021: nil).

The total employee benefits (including pension contributions and employer's national insurance) of the key management personnel were £45,768 (2021: £45,054).

The charity trustees were neither paid nor received any other benefits from employment with the charity in the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

Trustee expenses represents the payment or reimbursement of travel and subsistence costs totalling £62 (2021: £nil) incurred by one (2021: £nil) member relating to attendance at meetings of the trustees.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2022

7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was 13 (2021: 11).

8 employees worked full time, with 9 employees working part time. The CEO is part time, 3 or 4 days per week.

Staff are split across the activities of the charity as follows (full time equivalent basis):

	2022 No.	2021 No.
Raising funds	2.4	1.9
Helpline and support services	7.5	3.7
Information services	1.8	1.5
Research	0.9	0.5
Governance	0.4	0.4
	13.0	8.0

8 Related party transactions

Endometriosis UK received donations totalling £9,511 (2021: £663) from 11 trustees (2021: 9). The trustees receive no benefit from the donations made to the charity.

During the financial year part of consultancy services totalling £1200.00 (2021: £3,332.50) were provided by the sister of one of the Endometriosis UK trustees, Andrew Glyde.

Endometriosis UK**Notes to the financial statements****For the year ended 31 March 2022****9 Subsidiary undertaking**

Endometriosis UK Trading Limited was incorporated in the UK as a wholly owned subsidiary of Endometriosis UK on 2 June 2006 (Company No: 05836007), with an issued share capital of £1. The company started trading in the previous financial year.

A summary of the results of the subsidiary is shown below:

	2022	2021
	£	£
Turnover	11,849	12,818
Gross profit/(loss)	11,849	12,818
Administrative expenses	(896)	(2,530)
Profit/(loss) on ordinary activities before interest and taxation	10,953	10,288
Taxation on profit on ordinary activities	–	–
Total comprehensive income	10,953	10,288
Retained earnings		
Total retained earnings brought forward	11,010	100,721
Total comprehensive income	10,953	10,288
Distribution under Gift Aid to parent charity	(26,717)	(100,000)
Total retained earnings carried forward	(4,754)	11,009
The aggregate of the assets, liabilities and reserves was:		
Assets	3,167	18,320
Liabilities	(7,921)	(7,310)
Reserves	(4,754)	11,010

10 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Endometriosis UK**Notes to the financial statements****For the year ended 31 March 2022****11 Tangible fixed assets**

Cost	Office equipment £	Total £
At the start of the year	16,058	16,058
Additions in year	12,513	12,513
At the end of the year	28,571	28,571
Depreciation		
At the start of the year	6,875	6,875
Charge for the year	3,914	3,914
At the end of the year	10,789	10,789
Net book value At the end of the year	17,782	17,782
At the start of the year	9,183	9,183

All of the above assets are used for charitable purposes.

12 Debtors

	2022 £	2021 £
Prepayments	16,550	21,151
Accrued income	90,009	69,287
Other debtors	2,436	3,216
Subsidiary	5,581	2,290
	114,576	95,944

13 Creditors: amounts falling due within one year

	2022 £	2021 £
Taxation and social security	9,340	6,330
Other creditors	17,955	6,165
Accruals	6,670	7,744
	33,965	20,239

Endometriosis UK**Notes to the financial statements****For the year ended 31 March 2022****14a Analysis of net assets between funds (current year)**

	General unrestricted £	Restricted £	Total funds £
Tangible fixed assets	17,782	–	17,782
Net current assets	1,122,177	51,763	1,173,940
Net assets at 31 March 2022	1,139,959	51,763	1,191,722

14b Analysis of net assets between funds (prior year)

	General unrestricted £	Restricted £	Total funds £
Tangible fixed assets	9,183	–	9,183
Net current assets	882,309	11,800	894,109
Net assets at 31 March 2021	891,492	11,800	903,292

15a Movements in funds (current year)

	At 1 April 2021 £	Income and gains £	Expenditure and losses £	Transfers £	At 31 March 2022 £
Restricted funds:					
Takeda	11,800	–	(1,750)	–	10,050
Lottery Community Fund	–	34,576	(7,470)	–	27,106
Alliance – Scottish Grant	–	30,000	(15,393)	–	14,607
Scottish Government	–	15,000	(15,000)	–	–
Total restricted funds	11,800	79,576	(39,613)	–	51,763
Unrestricted funds:					
Designated funds:					
Webchat and Helpline expansion	–	–	–	140,000	140,000
Additional Scottish Project	–	–	–	40,000	40,000
Diversity & Inclusion activities	–	–	–	36,000	36,000
Total designated funds	–	–	–	216,000	216,000
General funds	891,492	789,294	(540,827)	(216,000)	923,959
Total unrestricted funds	891,492	789,294	(540,827)	–	1,139,959
Total funds	903,292	868,870	(580,440)	–	1,191,722

The narrative to explain the purpose of each fund is given at the foot of the note below.

Endometriosis UK**Notes to the financial statements****For the year ended 31 March 2022****15b Movements in funds (prior year)**

	At 31 March 2020 £	Income and gains £	Expenditure and losses £	Transfers £	At 31 March 2021 £
Restricted funds:					
Takeda	11,800	-	-	-	11,800
Lottery Community Fund	-	53,279	(53,279)	-	-
Scottish Government	-	25,000	(25,000)	-	-
Total restricted funds	11,800	78,279	(78,279)	-	11,800
Unrestricted funds:					
General funds	375,246	794,088	(277,842)	-	891,492
Total unrestricted funds	375,246	794,088	(277,842)	-	891,492
Total funds	387,046	872,367	(356,121)	-	903,292

Purpose of restricted funds

Restricted funds represent donations and grants restricted for use on particular areas of the charity's work.

Takeda

Our funding from Takeda is to update the Living with Endometriosis booklet, which is being updated and will be published in 2022.

Scottish Government

Scottish Government provided a grant for the following programmes:

- Improving the mental wellbeing of those with endometriosis
- Improving the support for people with care needs
- Improving the quality of healthcare experience

Alliance Project

The Health and Social Care Alliance in Scotland provided a grant to support

- Launching new Support Groups in Scotland
- Developing information materials
- Supporting the resumption of face-to-face Support Group meetings
- Delivering volunteer training

Lottery Community Funding

The National Lottery Community Fund provided a grant to support

- Expanding and strengthening Support Groups in Scotland
- Increasing the awareness and availability of our Helpline, WebChat and information resources
- Appointing a Scotland-based staff member to deliver the above

Endometriosis UK**Notes to the financial statements****For the year ended 31 March 2022****15 Movements in funds (continued)****Purpose of designated funds*****Webchat and Helpline expansion***

To fund the set up, development and support for a new Webchat service, plus expansion of our Helpline.

Additional Scottish Project

This is in addition to the Alliance Project and Scottish Government grants, allowing us to recruit a full time staff member and undertake additional activities in Scotland.

Additional Diversity and Inclusion activities

We had identified that we had less reach within certain communities, notably those from black, Asian and minority ethnic and LGBTQ+ community. Additional funding was allocated, over and above what was already in the budget, to undertake research and deliver improved reach.

16 Operating lease commitments payable as a lessee

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods

	Property		Other	
	2022	2021	2022	2021
	£	£	£	£
Less than one year	6,175	4,320	–	172
One to five years	–	–	–	–
Over five years	–	–	–	–
	6,175	4,320	–	172

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

Accounts



Endometriosis UK

**Annual report and financial statements
for the year ended 31 March 2021**

Company no. 2912853

Charity no. 1035810

CONTENTS

For the year ended 31 March 2021

This Trustee and Directors' report provides an overview of performance in relation to our key objectives and of future plans. It includes key performance data and the stories of some of those Endometriosis UK has helped, in addition to financial summaries and analysis.

	Page
Reference and administrative information	3
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Statement of financial activities (incorporating an income and expenditure account)	28
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Statement of cash flows	30
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REFERENCE AND ADMINISTRATIVE INFORMATION

For the year ended 31 March 2021

Endometriosis UK is a company limited by guarantee and a registered charity.

Company number	2912853
Country of incorporation	United Kingdom
Charity Number	1035810
Country of registration	England & Wales

Registered office and operational address 10 – 18 Union Street, London SE1 1SZ

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Liz Campbell	Chair (appointed April 2020)
Angela Style	Chair (stepped down April 2020)
Melissa Longley	Vice Chair (stepped down June 2020)
Amanda Collier BA ACA	Treasurer (stepped down June 2020)
Tracey Hammonds	Treasurer (appointed June 2020)
Sanchia Alasia	(appointed June 2020)
Sarah Atkinson	
Anna Cooper	(appointed June 2020)
Andy Glyde	
Andrew Horne	
Sera Miller	
Dr Veena Rao	
Cassia Rowland	(appointed June 2020)
Arvind Vashisht	

Endometriosis UK has a skills-based Board of Trustees and trustees are recruited in order to ensure that the board has the right mix of skills and knowledge to provide effective governance. The Board of Trustees has a range of skills and experience including voluntary sector management, fundraising, financial management, primary and secondary health care and of living with endometriosis. Trustees are elected each year at the Annual General Meeting. The higher of three or one third of trustees are asked to retire each year and may offer themselves for re-election.

Company Secretary Emma Cox, CEO Endometriosis UK

Key management personnel Emma Cox

Bankers CAF Bank Limited
PO Box 289
Kings Hill
West Malling
Kent ME19 4TA

Solicitors Bates Wells and Braithwaite
10 Queen Street Place
London
EC4R 1BE

Auditor Sayer Vincent LLP
Chartered Accountants and Statutory Auditor
Invicta House
108-114 Golden Lane
London
EC1Y 0TL

Medical Advisory Panel

Arvind Vashisht, Consultant Gynaecologist, University College London Hospital

Kirana Arambage, Consultant Gynaecologist, John Radcliffe Hospital, Oxford

Professor Christian Becker, Consultant Gynaecologist, John Radcliffe Hospital, Oxford

Professor Andrew Horne, Professor of Gynaecology and Reproductive Sciences, Edinburgh University

Shaheen Khazali, Consultant Gynaecologist, Ashford & St Peter's NHS Foundation Trust

Dr Uma Marthi, General Practitioner with special interest in women's health, Rochdale

Dr Veena Rao, General Practitioner with special interest in women's health, Cumbria

Fevzi Shakir, Consultant Gynaecologist, Royal Free Hospital

Dr Katy Vincent, Associate Professor, Senior Fellow in Pain in Women, John Radcliffe Hospital, Oxford

The trustees present their report and the audited financial statements for the year ended 31 March 2021.

Reference and administrative information set out on pages 3 and 4 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association, the requirements of a directors' report as required under company law, and the Statement of Recommended Practice – Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS102.

ABOUT ENDOMETRIOSIS

Endometriosis is a gynaecological condition where tissue similar to the lining of the womb (the endometrium) grows in other areas of the body, most commonly within the pelvic cavity. This tissue responds to the hormonal cycle in the same way as the lining of the womb, but unlike the lining of the womb there is no way for it to exit the body. It remains within the body where the bleeding forms lesions, cysts and scar tissue (adhesions). An estimated 1.5 million women and those assigned female at birth in the UK have endometriosis - that's 1 in 10 from puberty to menopause who suffer from this disease, although the impact may be felt for life. We do not know the percentage severely disabled by it. We currently do not know what causes the disease and there is no cure.

Endometriosis can result in inflammation, scar tissue, severe pain, painful sexual intercourse, infertility, bowel and digestive problems, bladder problems and a wide range of other symptoms. None of the symptoms are exclusive to endometriosis and, despite being the second most common gynaecological disease, diagnosis can take a long time often with multiple visits to healthcare practitioners. Currently surgery is the only way of diagnosing it definitively. Endometriosis UK's own patient surveys have found that on average it takes 8 years from first symptoms to being diagnosed (March 2020). This figure has not changed in a decade, and is still unacceptably long. Additionally, there is a general lack of awareness about endometriosis: fewer than 50% of people asked in a survey (March 2020) were aware of the condition and even fewer knew what it was.

There is no wholly satisfactory drug therapy and often the treatment is surgery, although for many this has to be repeated. The repercussions can be enormous: it can affect every aspect of life, from work, ability to conceive, to relationships and overall quality of life. Since the condition is hard to see and problematic to diagnose, it can feel very isolating - coping with persistent pain, infertility and other unpleasant symptoms can also lead to depression.

Endometriosis can also have a huge effect on partners, family members and personal relationships, and all those affected may need support. This is evident from the number of partners and family members who contact the charity. Although in the past it was considered a disease of the over 30's, increasing numbers are reporting that they are experiencing troublesome symptoms as early as their first period and sometimes even before this. There is no evidence to suggest that this is due to an increase in occurrence of endometriosis, but rather is due to the realisation at an earlier age that severe period pain is not normal. Help is therefore being sought at an earlier age - something for which the charity's campaigns over many years should take credit. However, without improved diagnosis and treatment the negative outcomes for women of persistent pain, debilitating symptoms and potential infertility still remain.

FOREWORD

We're proud to share with you our annual report to highlight what you have helped us achieve this year, and to set out our plans for the future. It is thanks to our incredible volunteers, medical advisors, fundraisers, partners and supporters that we are able to be here for people when they need us, and drive real change for all those affected by endometriosis in the UK.

Covid-19 meant that the last year has been tough for everyone. For many with endometriosis it was even tougher. The pandemic has led to cancelled surgeries and appointments, and a rise in waiting lists. We worked hard to fill in the gaps where we could, working with our Medical Advisory Panel and healthcare practitioners to provide information and guidance, and deliver virtual support services. Our Support Group leaders supported virtual meetings, and we delivered a webinar programme in partnerships with specialist endometriosis centres across the UK.

We have been very proud of the amazing work done by volunteers in our support network in the face of Covid-19, working hard to increase our helpline support, and Support Groups moving to meetings online. Thanks to our team of over 100 volunteers, Endometriosis UK continues to be there for those with endometriosis when they need it most. Our dedicated Medical Advisory Panel, despite being on the frontline of dealing with Covid-19, found the time to help us update guidance and provide the information that was most needed, especially for those whose surgery, appointment or treatments were suddenly cancelled. We hosted webinars, made videos, and organised online panels and discussions to provide our community with information on managing their symptoms, and insights into how endometriosis care may resume.

We were overwhelmed by the support for our *Walk for Endo* and *1 in 10 Challenge* fundraising events and their success has enabled us to increase our work to raise awareness of endometriosis and increase our campaigning. We have welcomed new staff who have immediately had a positive impact on our support network, our fundraising and our policy campaigning.

Despite the challenges and implications presented to us by Covid-19, we have continued to ensure we are at the heart of conversations around how endometriosis care can be improved and delivered. We have continued our work with the APPG on Endometriosis, in October supporting the launch of the report *Endometriosis in the UK: Time for change*. We have lobbied parliamentarians in England, Northern Ireland, Scotland and Wales to ensure that governments, the NHS and society recognise the significant impact endometriosis may have on all aspects of life.

With the advocacy of our volunteers and supporters we have been able to raise the profile of our *Endometriosis Friendly Employer Scheme* ensuring that even more organisations are aware of the challenges of endometriosis for their staff and provide better support.

For Awareness Month in March this year, we published findings that revealed over half of people in the UK (54%) do not know what endometriosis is. This is despite the fact that this disease affects 1 in 10 women and those assigned female at birth. The survey found 56% of people cannot name any symptoms of endometriosis, and even for those that have heard of endometriosis, 35% cannot name any symptoms. The results revealed a widespread lack of awareness for the condition and for its symptoms. We believe this must change.

There remains much work for us as a charity to do, and we have bold and ambitious plans for the future. We have welcomed new trustees and integrated them into a committed team. The Board has launched a programme to improve our awareness of diversity and inclusion and ensure all of our work meets the highest standards in this regard. New relationships have been formed, training organised across the organisation, and a Board sub committee are overseeing a programme of work. There is still much to do but we are committed to ensuring we are an open, fair and equal organisation in all that we do and importantly that all voices are heard and reflected in our policy and our campaigns. Later this year we will be launching a new strategy for the next 5 years, strengthening our ambitions and resolve to ensure everyone living with endometriosis has a prompt diagnosis, the best care and the support they need.

There are challenging times ahead, and our commitment to support those with endometriosis remains strong. We know the need for our charity and the work we do is greater now more than ever before, and are determined to be here to deliver for the endometriosis community.

We would like to thank everyone who has helped us in the past year, our Board and our wonderful staff and volunteer team.

Liz Campbell (Chair)

Emma Cox (CEO)

OBJECTIVES AND ACTIVITIES

Purposes and aims

The trustees' review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Achievements and performance

The charity's key activities and who it tries to help are described below. All its charitable activities are undertaken to further Endometriosis UK's charitable purposes for the public benefit, and focus on:

- Support for everyone living with endometriosis
- Information and supporting research
- Raising awareness and campaigning
- Resourcing the organisation so we can deliver more

The following outcomes for the next 5 years have been agreed:

- Reducing diagnosis time
- Improving access to high quality treatment
- Ensuring everyone with endometriosis has the support they need

KEY ACHIEVEMENTS

Despite 2020/2021 being a difficult year, we achieved several long-term objectives, focusing on supporting those with endometriosis, reducing diagnosis times, and improving access to treatments. We have highlighted a few of these below, with more details of our activities on following pages.

✓ SUPPORT FOR PEOPLE LIVING WITH ENDOMETRIOSIS

Offering support for those living with endometriosis is at the heart of everything we do. We continue to be there for people with endometriosis, with our fantastic team of over 100 trained volunteers providing direct support through our Support Groups (held virtually throughout the year), telephone Helpline and Health Unlocked online forum. Responding to need, we ran a programme of webinars, working in partnership with BSGE centres across the UK.

We were pleased to be invited to take part in the development of the Women's Health Plan for Scotland, and to be commissioned by the Scottish Government to undertake a review of the implementation of the NICE Guideline on Endometriosis in Scotland.

✓ INFORMATION AND RESEARCH

Access to accurate information is essential for those with endometriosis, never more so than this year when the pandemic posed a significant worry for everyone, particularly where medical care was postponed or cancelled. We responded by working with our Medical Advisory Panel and partners including the RCOG to create a Covid Impact Hub containing information and resources on Covid-19 and endometriosis, accessing treatments and strategies for the management of symptoms with limited access to healthcare practitioners.

We know that research is at the core of improving the lives of those with endometriosis. We're delighted to have been involved in numerous research projects this year that are working towards improving treatment options.

✓ AWARENESS AND CAMPAIGNING

We have continued to work with governments across the UK to raise awareness and push for greater support for those with endometriosis. Working with the All Party Parliamentary Group (APPG) on endometriosis in Westminster, we supported their Inquiry and published a report and recommendations in October 2020, generating significant media coverage.

Our work to raise awareness with healthcare practitioners has continued through the year, including work with the Royal College of GPs (RCGP) on their spotlight project on menstrual wellbeing. We have also worked with the Royal College of Obstetricians and Gynaecologists, British Society for Gynaecological Endoscopy, and Royal College of Nursing (RCN).

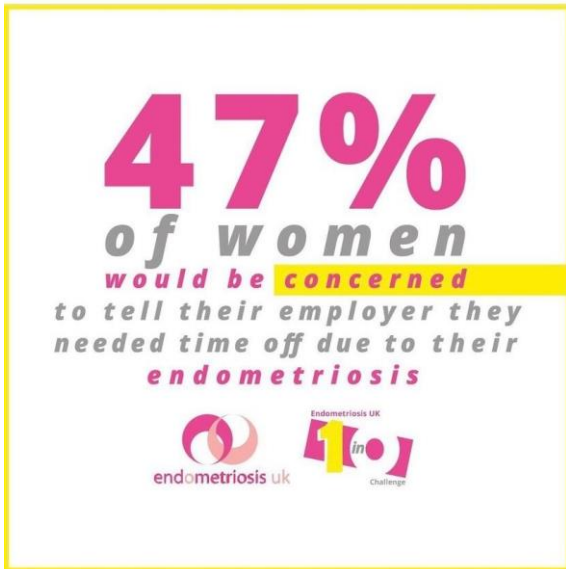
Awareness Month in March again showed the creativity and enthusiasm of the endometriosis community, with a raft of virtual events and activities, including the World Wide Endo March being held virtually for the second year. And our new covid-compliant challenges, *Walk for Endo* in summer 2020 and the *1 in 10 Challenge* in March 2021, saw over 1,500 supporters raise both awareness of endometriosis and funds for the charity.

✓ RESOURCING

Our team of over 100 volunteers deliver our direct support services. We adapted our training for volunteers to go online, and have continued volunteer recruitment and training through the year.

The second year of our two-year partnership with Standard Life saw the expansion of the *Endometriosis Friendly Employer Scheme*, designed to help drive positive change in the work place and work with employers to better understand what simple adjustments can be made to support those with endometriosis. We are very grateful to Standard Life for choosing us as their corporate partner, and their dedication to champion invisible illnesses and work with us to help achieve our long-term organisational goals.

A grant from the National Lottery Community Fund supported us to develop a webinar series and suite of downloadable materials to support people with the self-management of their endometriosis symptoms whilst NHS services were impacted due to Covid-19.



Endometriosis care needs urgent improvement, MPs say

By George Bevan
BBC News

19 October 2020



**Endometriosis
Friendly Employer**

SUPPORT FOR THOSE LIVING WITH ENDOMETRIOSIS

Highlights

- ✓ 299 support group meetings were held online.
- ✓ 814 calls were answered by our Helpline, an increase of 50% from last year.
- ✓ Programme of 8 webinars attended by over 7,000 viewers on a variety of topics.
- ✓ Over 630,000 people visited our website.
- ✓ Created a *Covid Impact Hub* containing new information and resources to support those living with endometriosis during the pandemic.
- ✓ Worked with our Medical Advisory Panel to provide extra information for people who couldn't access the healthcare they needed during the pandemic.
- ✓ Increased the support offered via Health Unlocked, our online moderated forum, with 7,106 new members signed up, making the total number of members 54,210.

Future Plans

- ✓ Develop our Helpline, introducing a new webchat service and further expand capacity on the Helpline.
- ✓ Provide support and guidance to enable our support groups to return to face-to-face meetings.
- ✓ Identify areas for new support groups.
- ✓ Continue to develop a programme of webinars and Living with Endometriosis information events in partnership with BSGE Centres across the UK.
- ✓ Ensure our support groups are sustainable through the recruitment and training of volunteers to lead the groups alongside existing group leaders.
- ✓ Investing in our commitment to diversity & inclusion to support everyone with endometriosis.
- ✓ We recognise every journey is different and will continue to work in all areas where endometriosis is impacting on lives.
- ✓ Review our virtual support network to determine what to retain online post Covid-19.

"When diagnosed with endometriosis, I got little to no information from the hospital. I realised that there may be others in the same position as me. I wanted to be part of the charity to fight for change."

Thank you to Endometriosis UK for the platform to raise awareness in my own community and for providing women with safe place to share experiences whilst living with endometriosis."

Sunaina, Support Group Leader



" I have volunteered for nearly 16 years because I feel very passionate about how endometriosis affects women. I want to help in guiding them to get the right support, so they don't feel alone."

Beverley, Helpline volunteer



I volunteer for Endometriosis UK because helping people and supporting this amazing charity is partly how I make sense of the hand I've been dealt; I want to close the gate behind me so that no one can tread the same path.

Helen, Support Group Leader



A big THANK YOU to all of our amazing volunteers!

TESTIMONIALS FROM THOSE WITH ENDOMETRIOSIS WE HAVE SUPPORTED

Comments on our Helpline

“I spoke to the most lovely person on Monday on the helpline. She was really kind and knowledgeable. Thank you for all you’re doing as the charity at this moment”

“I called this morning and spoke to a really lovely lady. It’s really what I needed, been having the worse couple of days. Made me feel so much better that I could talk to someone who understood! Thank you”

“Thank you so much for listening. That’s all I needed, a safe space to offload and know I am not crazy. I feel so much better and able to carry on advocating for myself for a while longer.”

Feedback for online support groups and webinars

“Went to the support meeting tonight and I’ve never ever experienced that level of help. I’m beyond grateful! Thank you!”

“The last one was so super helpful! I have made so many changes and I am so grateful to you.”

“One of the attendees unmuted herself specially to tell everyone how much our support services have helped her, particularly the Helpline, which she described as “a miracle” and told everyone how our Helpline volunteers have supported her numerous times, helping her feel understood and navigate the challenges of the disease”.

Examples of feedback from people we have supported

“I just wanted to say a huge thank you for the support you provide, particularly through your website. I was finally diagnosed with endometriosis yesterday after years of talking to dismissive GPs and not being believed about how bad my symptoms were. From the start of this process I used your resources such as the symptoms grid and then right up to the laparoscopy with what to expect. Without your info, I would have felt clueless going into it so THANK YOU!”

“I am lucky to have only had a few bad years in my late 40s with endometriosis, but my 21 year old daughter has had it since she was 16. So I wanted to support your ongoing support for her, and all the other women suffering. Your charity does such a good job and I wish you all the best in these strange and difficult times.”

“Endometriosis UK helped me at when I was at my lowest. I was able to get diagnosed through the GP, to find access to a specialist centre and the treatment I needed. I am so grateful”

“My whole life has been a fight with endometriosis and sharing my story gives me that little bit of hope. Thank you Endometriosis UK”

INFORMATION AND RESEARCH

Highlights

We recognised that the Covid-19 pandemic posed a significant worry, particularly where medical care was postponed or cancelled. We responded to this by working with our partners including the Royal College of Obstetricians and Gynaecologists to create a Covid Impact Hub containing the latest information and resources available on Covid-19 and endometriosis with regards to some of the current recommendations on medical treatments and some strategies for the management of associated symptoms.

As part of our *Endometriosis Friendly Employer* scheme, we published new resources on law, rights at work and best practice for both employers and employees on endometriosis at work. We've been delighted to see a growing number of UK employers joining the Endometriosis Friendly Employer Scheme, with over 70 employers having made the pledge to develop a work environment and culture that enables employees with endometriosis to thrive. Joining early adopters Standard Life, News Scotland and BBC Scotland, organisations of different sizes have chosen to participate, including Johnson & Johnson, Santander, Mitie and Adobe. In December, Merseyside Police became the first constabulary to join the scheme, with nine more UK Police Forces subsequently joining during the year.

Through the Endometriosis Friendly Employer scheme, organisations have begun to make great progress for employees with endometriosis; by holding events to raise awareness of the disease and the impact it can have, developing guidance and policies to better-support those with endometriosis at work, working with Endometriosis UK to deliver training for staff and nominating workplace Endometriosis Champions to increase awareness and sign-post.

We are pleased to be involved in a range of research projects, including the following clinical trials:

DIAMOND: Deep infiltrating endometriosis: management by medical treatment versus early surgery

ESPrIT2: The effectiveness of laparoscopic treatment of isolated superficial peritoneal endometriosis for managing chronic pelvic pain in women: a randomised controlled feasibility trial

REGAL: Recurrence of Endometriosis: A randomised controlled trial of clinical and cost-effectiveness of Gonadotrophin Releasing Hormone Analogues with add-back hormone replacement therapy versus repeat Laparoscopic surgery

Future plans

- ✓ Work with the research community on projects to learn more about endometriosis, its treatment and management, focussing on the needs of those with the disease.
- ✓ Continue to push for increased funding into research.
- ✓ Develop our online resources to provide the information the endometriosis community needs.
- ✓ Expand the *Endometriosis Friendly Employer* scheme.

AWARENESS AND CAMPAIGNING

Highlights

We supported the APPG on Endometriosis Inquiry, which published a report and recommendations in October 2020, gaining significant media coverage. We have continued to provide the Secretariat to the APPG on Endometriosis.

Our campaign to get Menstrual Wellbeing included in the school curriculum is ongoing in Wales and Scotland, and we are identifying ways to move this forward in Northern Ireland.

We contributed to a report developed by the Women and Work All Party Parliamentary Group (APPG) on Women's Wellbeing At Work. The report's outcomes focussed on ways to improve menstrual policies in the workplace, including references to our *Endometriosis Friendly Employer* scheme and the need to support those with endometriosis. We are supporting the calls of the Women and Work APPG regarding flexible working policies following Covid-19, the need for employers to learn from the pandemic and the importance of flexible working, especially for those with chronic health conditions.

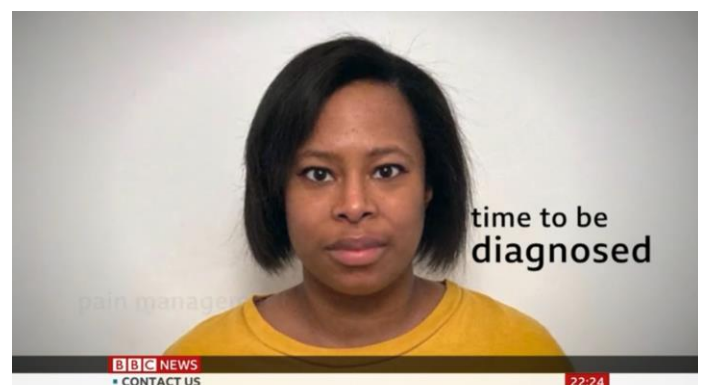
This year, the Endo March teams in London, Leeds, Scotland, Wales and Northern Ireland came together for the second virtual World Wide Endo March, raising awareness of endometriosis. Thousands of people took part, and it was amazing to see social media turn yellow.

We worked closely with the BBC's EastEnders team on a storyline about endometriosis. It's a big step forward to see EastEnders tackle endometriosis head on, a UK soap first that will help raise awareness and reduce the stigma associated with the disease.

We were pleased to host an online screening of the award winning short film *End-O: a (very funny) short film about Endometriosis* along with a panel discussion with the writer Elaine Gracie and director Alice Seabright. If you haven't seen it yet you should – over 18's only, available free online.

Future plans

- ✓ Increase public awareness through a programme of annual campaigns.
- ✓ Continue to campaign to get menstrual wellbeing included in the school curriculum in Wales and Scotland, and launch of a campaign in Northern Ireland.
- ✓ Proactively working with journalists to raise awareness.
- ✓ Continue to work with the APPG on Endometriosis and launch the outcomes of the Inquiry.
- ✓ Ensure those with endometriosis have a louder voice and are heard.



RESOURCING

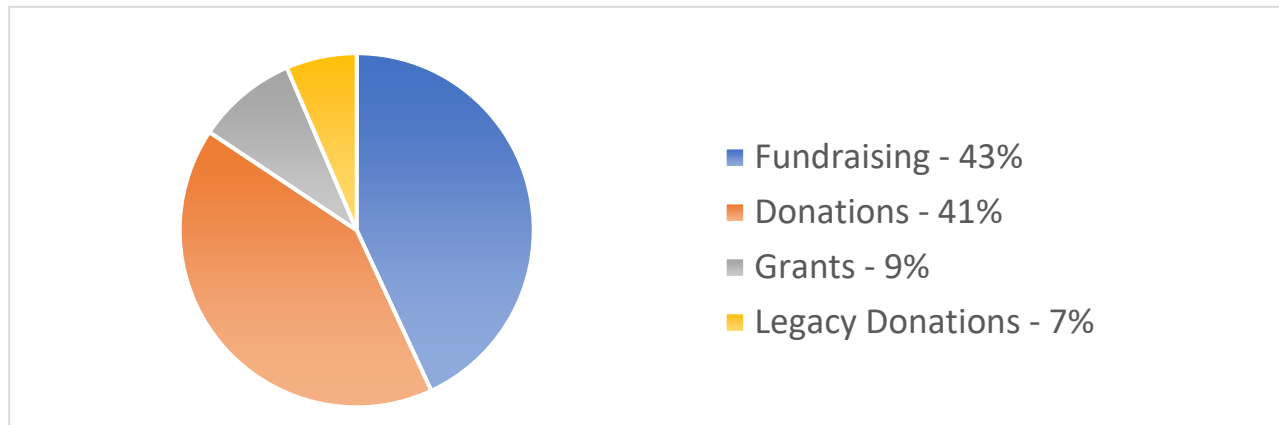
Highlights

With the onset of Covid-19, at the beginning of year we undertook detailed risk assessments, financial reforecasts and reviewed our scenario planning, to ensure we were in the best position we could be to make decisions through the year. This work has delayed the launch of our new strategy, now scheduled for later this year.

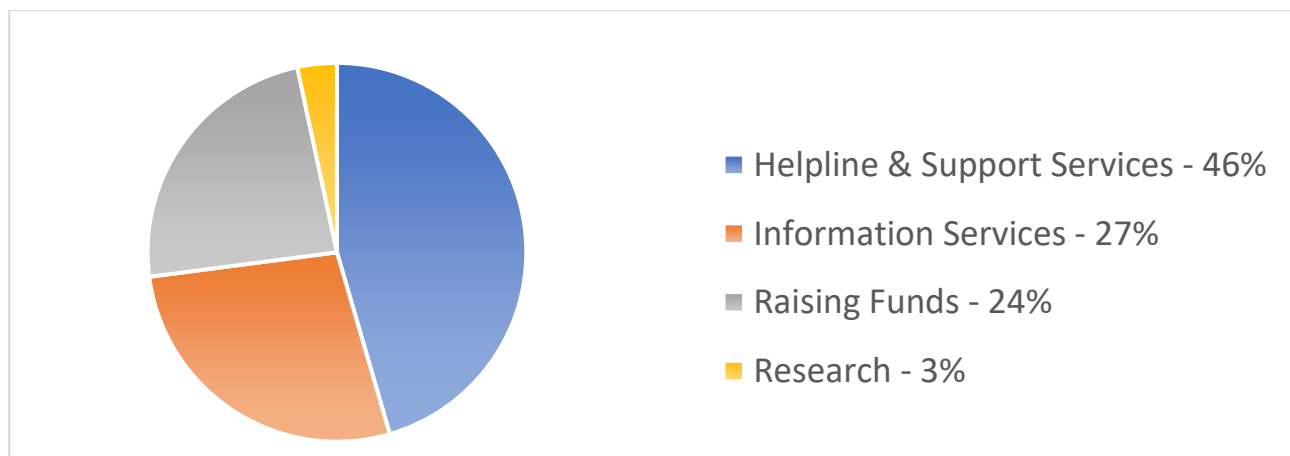
With the cancellation of all events we were expecting a significant loss of income, and have kept expenditure to a minimum. However, through developing new covid-compliant engagement activities and thanks to the magnificent response of the endometriosis community, we have achieved a higher income than last year.

We moved to working virtually and have done all year. Our cloud-based IT and phone systems meant we were able to do this relatively smoothly, with thanks to team members who squeezed an office into their homes. We have since closed the office, and have now secured new and more cost effective office accommodation from the Autumn.

Income:



Expenditure:



Future plans

- ✓ Implement our new 5 year strategy.
- ✓ Continued investment in volunteer training, support and development.
- ✓ Review our membership offer and grow our membership.
- ✓ Develop relationships with Charitable Trusts & Corporates to secure new funding.
- ✓ Moving to new office accommodation.
- ✓ Increase online donations via the website and social media.

SUPPORTERS

When Covid-19 regulations resulted in the cancellation of all the events, challenges and activities we had planned, we thought there might be no fundraising for the year. But our amazing supporters got creative and did a remarkable range of covid-compliant awareness and fundraising, from holding cake sales to doing sponsored activities.

An amazing 879 people signed up for our new *Walk for Endo* challenge in summer 2020, to show their support for those with endometriosis, raising awareness and funds. A really big thanks to you all. A special shout out to the Chelsea & Westminster Hospital Endometriosis Centre team for fitting in a *Walk for Endo* despite all you were doing working on the front line fighting Covid-19.

For Awareness Month in March we launched another new challenge, *1 in 10*. We were delighted that 1,022 supporters took part, from running or cycling 10k, to 24 hour live streams and delicious cake baking.

We have been immensely touched by all the effort our supporters have gone to in what would otherwise have been a very difficult year for the charity. Thanks to you, we ended the year a stronger organisation and able to undertake more work, at a time we feared we might have had to cut back what we were doing. Going forward we will be able to provide more support and raise awareness. We are determined to continue to grow to do all we can for those with endometriosis.

During the year, we came to the end of our two-year partnership with Standard Life, our first major corporate sponsor. We've been delighted to work with Standard Life to raise awareness of endometriosis, reduce diagnosis time and tackle stigma at work. During this second year, our partnership focused on tackling stigma at work, further developing and expanding the *Endometriosis Friendly Employer* scheme. We are very grateful to the team at Standard Life for all their support, and for really championing those with endometriosis in the workplace – a lasting legacy.

Future plans

- ✓ Expand participation in events and ways to engage with and support us.
- ✓ Develop exciting new events, including virtual events.
- ✓ Attract more members and supporters.
- ✓ Secure high-profile ambassadors.
- ✓ Identify more corporate partners.



 **Endometriosis UK** @EndometriosisUK · Mar 27
Today's the day! Today we are virtually marching as part of the @WWEndoMarch in solidarity with the 1.5 million in the UK living with #endometriosis. An incurable condition that takes on average 8 years to diagnose. So much work to do. @EndomarchLondon.



Beneficiaries of our services

Our beneficiaries include all those with or impacted by endometriosis.

We know that there are additional complexities in accessing healthcare and support for those from Black, Asian and minority ethnic communities, and for the LGBTQ+ community. From survey work undertaken November 2019 - March 2020, we identified that we were not reaching these communities as we would like. Endometriosis UK is committed to supporting and advocating for everyone affected by endometriosis regardless of race, gender, sex, gender identity, class, sexual orientation or disability and ensuring diversity. Everyone affected by endometriosis needs to be acknowledged, and we know that we must do more to identify the needs of all those affected by endometriosis, develop, maintain and evaluate our work to meet those needs and advocate for necessary change and ensure all voices are heard.

We are taking steps to actively ensure we drive change for those from under-represented groups and the Board have established a Diversity & Inclusion Group to ensure we take this work forward. Our first priority is ensuring that we understand the needs of all those with endometriosis including those from under-represented groups, which will inform our priorities. We would like to thank our friends Cysters, a grassroots charity championing diverse and marginalised communities, who are helping us with our diversity and inclusion work.

Financial review

The Trustee Board oversees the charity's finances. To support the Board, a Finance Committee meets regularly, chaired by our Treasurer.

The year 2020/21 generated a surplus of £516,246. At the onset of the pandemic, following risk assessments and income reforecasting, we reduced our expenditure as much as we could. We were able to post a surplus as a result of careful management of costs, plus an amazing level of fundraising from our supporters. Planned investment was postponed at the beginning of the year, however as the financial situation over the year became more certain this was reviewed and carefully recommenced. Further expansion is planned over the next year, including development of a new web-chat service. The trustees were keen to secure income streams to ensure that we are in a place to develop our plans – ambitious plans for a small charity. Through both managing costs and developing our fundraising, the trustees carefully monitored finances over the year to ensure the year ended with unrestricted reserves that comfortably met our reserves policy. The trustees, and Finance Committee working closely with the CEO, will continue to look for opportunities to develop further fundraising opportunities.

Following a period with low reserves and a deficit budget, the charity has delivered a planned surplus for this and the prior two years as we grew reserves to enable a period of growth in 2021/22. This has placed us in a good position to survive the impact of Covid-19. The Board will undertake a review of resources prior to launching the new strategy.

Principal risks and uncertainties

The charity reviewed risk during 2020-21, covering the key aspects of our work including finance, governance and management, operational and external factors. Material risks were identified, reviewed and mitigated by the trustees and this will continue in the year ahead.

In April 2020, a detailed Covid-19 risk assessment was produced, reviewed by the Board through the year. Given the uncertainty of the situation, a range of 5-year scenarios and financial modelling was undertaken to enable the trustees to plan how to manage the charity, monitor progress and mitigate against the impact of Covid-19. From April to October, the Finance Committee, a sub committee of the Board, increased frequency of meetings to monthly, ensuring close monitoring of risk, and clear and prompt oversight of the financial

position and cashflow. Expenditure was reduced and carefully monitored given uncertainty about fundraising income in the new environment.

Reserves policy and going concern

Our reserves policy is to hold unrestricted reserves equivalent to at least 6 months' operating costs. Free reserves level at March 2021 were around 12 months total operating costs. We started the year in a good financial position, having worked hard over the prior 3 years to build reserves in order to expand our activities. Planned expansion of activities and appointment of new staff in spring 2020 were put on hold and expenditure minimised whilst we ascertained the impact of the pandemic.

We received a great response to the new fundraising plans developed in the face of the pandemic, and would like to thank all the fundraisers and donors who were so generous over the year. This has helped us invest in new areas of work to support the endometriosis community, and to plan for further activities and support in the year ahead.

At the year end, the charity has unrestricted reserves totalling £891,492. Staff and trustees reviewed the reserves policy in March 2021 and continue to carefully monitor the cash flow position and reserves. Having sufficient reserves allows us to plan for and deliver future projects, with a focus on decreasing diagnosis times, raising awareness and supporting those with endometriosis. It also enables us to leverage further income, for example some funders are happier to part fund activities where the organisation has already raised some money. Having sufficient reserves allows us to make the most of these opportunities.

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 25th March 1994 and registered as a charity on 29th March 1994

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the accounts.

Appointment of trustees

Four trustees reached their maximum 6-year length of service during the year. A recruitment programme was planned and undertaken, focusing on improving the diversity of the Board. Extensive advertising and promotion of the vacancies resulted in over 60 applicants, with 5 new trustees being recruited, including a new Chair and Treasurer.

Trustee induction and training

All new trustees have participated in an online induction programme and the Chair and Treasurer a more extensive induction with their predecessors. The Board hold an annual away day to consider strategy and review the performance of the Board.

Statement of responsibilities of the trustees

The trustees (who are also directors of Endometriosis UK for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of

resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2021 was 1,071 (2020: 894). The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Auditor

Sayer Vincent LLP was appointed as the charitable company's auditor during the year and has expressed its willingness to continue in that capacity. The directors' annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The trustees' annual report has been approved by the trustees on the 11 September 2021 and signed on their behalf by

Liz Campbell (Chair)

Tracey Hammonds (Treasurer)

ACKNOWLEDGEMENTS

We could not do the work we do without the time and knowledge kindly offered to us by our volunteers, fundraisers, speakers, health experts and medical advisors. Without them we would not be able to reach and support the people we do. We would like to thank them all for their on-going support and generosity.

All those volunteers who have given up their time to support people affected by endometriosis - through the Helpline, Support Groups, Health Unlocked moderators - receive a special vote of thanks. Huge thanks as well to everyone involved in running an event and everyone who baked cakes or ran or walked or gave up chocolate (or sponsored others for doing so) or were involved in other fundraising projects to raise money to support the charity.

And a very heartfelt thank you to those who told their stories to the media to raise awareness, which can be such a hard and emotional thing to do yet is vital in raising awareness and helping others.

As always, all of our work will be a team effort. Our staff, volunteers, members, trustees, those with endometriosis in our wider community, their friends and family, healthcare professionals, researchers – all of those who work so tirelessly as part of Team Endo are making a huge difference where it is so desperately needed.

A special thank you to Wendy-Rae Mitchell, who stepped down from the Medical Advisory Panel this year. Wendy has done a huge amount for the charity over many years, including as a support group leader, speaker, trainer and fundraiser. Wendy's work as a Clinical Nurse Specialist in endometriosis at the Royal Surrey Hospital, championing training for endometriosis specialist nurses, and long-term involvement in the Guildford Endometriosis UK Support Group has provided a huge amount of essential support for many.

As well as our funders below, we would like to thank each and every person who has made a donation this year or encouraged other people to donate. We would also like to thank our small and dedicated staff team.

Standard Life, our first major Corporate Partner

The National Lottery Community Fund

Scottish Government, who provided a grant for the analysis of care for endometriosis in Scotland

Hologic

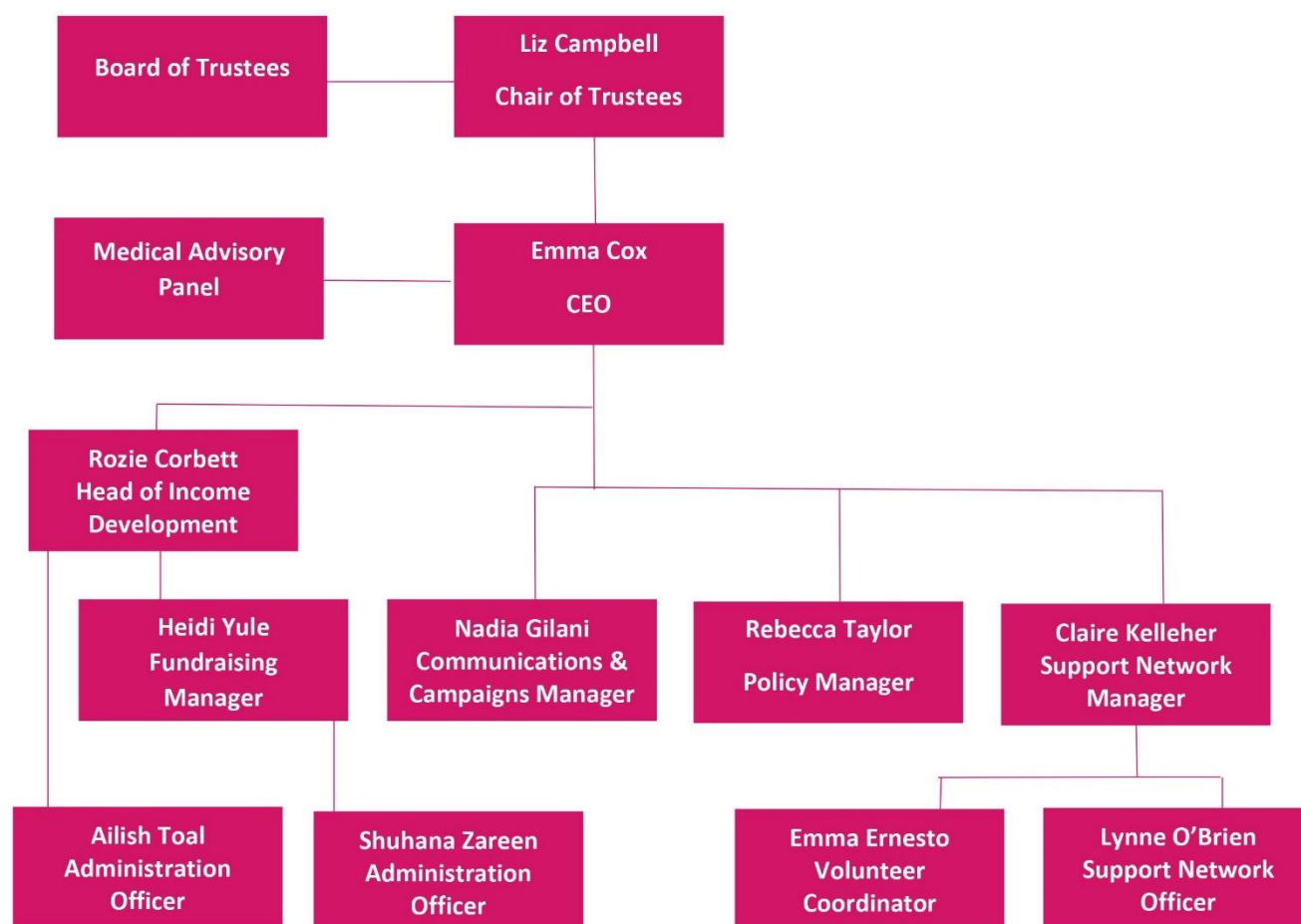
Takeda

TOTM

Westminster Council, who provided a Covid-19 small business grant

ABOUT US

Meet the Endometriosis UK governance and staff team



Emma Tegala, Support Network Manager, and Faye Farthing, Communication & Campaigns Manager, are currently on maternity leave

How to get involved

The more people working together the stronger we are and the louder our voice. We have a range of ways you can get involved, for more information please check out our website: www.endometriosis-uk.org/get-involved

If you would like to hear what we are up to throughout the year, sign up for our [regular e-update](#).

Contact

Endometriosis UK
10 -18 Union Street, London SE1 1SZ

Tel: 020 7222 2781 Helpline: 0808 808 2227

www.endometriosis-uk.org/contact-us

Twitter [@EndometriosisUK](https://twitter.com/EndometriosisUK)

Instagram [endometriosis.uk](https://www.instagram.com/endometriosis.uk)

Facebook www.facebook.com/endometriosis.uk.org

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF ENDOMETRIOSIS UK

Opinion

We have audited the financial statements of Endometriosis UK (the 'charitable company') for the year ended 31 March 2021 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure for the year then ended
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- Have been prepared in accordance with the requirements of the Companies Act 2006

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on Endometriosis UK's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' annual report, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The trustees' annual report, has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or

The directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
 - Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
 - The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance.

The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Fleur Holden (Senior statutory auditor)

Date 18 October 2021

for and on behalf of Sayer Vincent LLP, Statutory Auditor

Invicta House, 108-114 Golden Lane, LONDON, EC1Y 0TL

Endometriosis UK

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2021

	Note	Unrestricted £	Restricted £	2021 Total £	Unrestricted £	Restricted £	2020 Total £
Income from:							
Grants and donations	2	406,545	78,279	484,824	273,557	47,800	321,357
Other trading activities	3	366,889	–	366,889	180,550	–	180,550
Interest		143	–	143	367	–	367
Other		20,511	–	20,511	2,024	–	2,024
Total income		794,088	78,279	872,367	456,498	47,800	504,298
Expenditure on:							
Raising funds	4	84,429	–	84,429	90,235	–	90,235
Charitable activities							
Helpline and support services	4	83,736	78,279	162,015	111,682	53,888	165,570
Information services	4	97,707	–	97,707	92,496	–	92,496
Research	4	11,971	–	11,971	10,365	–	10,365
Total expenditure		277,842	78,279	356,121	304,778	53,888	358,666
Net income for the year	5	516,246	–	516,246	151,720	(6,088)	145,632
Transfers between funds		–	–	–	–	–	–
Net movement in funds		516,246	–	516,246	151,720	(6,088)	145,632
Reconciliation of funds:							
Total funds brought forward		375,246	11,800	387,046	223,526	17,888	241,414
Total funds carried forward		891,492	11,800	903,292	375,246	11,800	387,046

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15a to the financial statements.

Endometriosis UK**Balance sheet**

Company no. 02912853

As at 31 March 2021

	Note	£	2021 £	£	2020 £
Fixed assets:					
Property, plant and equipment	11		9,183		7,910
Current assets:					
Debtors	12	95,944		22,831	
Cash at bank and in hand		818,404		374,713	
		<u>914,348</u>		<u>397,544</u>	
Liabilities:					
Creditors: amounts falling due within one year	13	(20,239)		(18,408)	
Net current assets			<u>894,109</u>		<u>379,136</u>
Total assets less current liabilities			<u>903,292</u>		<u>387,046</u>
Total net assets			<u><u>903,292</u></u>		<u><u>387,046</u></u>
The funds of the charity:	15a				
Restricted funds			11,800		11,800
Unrestricted funds:					
General reserve		891,492		375,246	
Total unrestricted funds			<u>891,492</u>		<u>375,246</u>
Total charity funds			<u><u>903,292</u></u>		<u><u>387,046</u></u>

Approved by the trustees on 11 September 2021 and signed on their behalf by

Liz Campbell
DirectorTracey Hammonds
Director

Endometriosis UK

Statement of cash flows

For the year ended 31 March 2021

	2021 £	£	2020 £	£
Cash flows from operating activities				
Net income for the reporting period (as per the statement of financial activities)	516,246		145,632	
Depreciation charges	2,181		2,284	
Increase in debtors	(73,113)		(9,777)	
Increase in creditors	1,831		(4,617)	
Net cash provided by operating activities	447,145		133,522	
Cash flows from investing activities:				
Purchase of property, plant and equipment	(3,454)		(2,637)	
Net cash used in investing activities	(3,454)		(2,637)	
Change in cash and cash equivalents in the year	443,691		130,885	
Cash and cash equivalents at the beginning of the year	374,713		243,828	
Cash and cash equivalents at the end of the year	818,404		374,713	

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2021

1 Accounting policies

a) Statutory information

Endometriosis UK is a charitable company limited by guarantee and is incorporated in the UK.

The registered office address is 10–18 Union Street, London, SE1 1SZ.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

In accordance with the Charities SORP, the parent charity does not prepare consolidated financial statements on the basis that the annual gross income of the group does not exceed £1 million.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

c) Public benefit entity

The charity meets the definition of a public benefit entity under FRS 102.

d) Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. At the start of the Covid-19 pandemic, the trustees reviewed income and expenditure and undertook a risk analysis, resulting in recasting the budget to reduce expenditure, and looking to identify and maximise income opportunities. Expenditure was kept down through the year, and a focus on developing new income sources has resulted in a strong income level for the year.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2021

1 Accounting policies (continued)

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

f) Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

g) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

h) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2021

1 Accounting policies (continued)

i) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services undertaken to further the purposes of the charity and their associated support costs, to include:
 - Helpline and support services – providing services for the relief of endometriosis
 - Information services – relating to advancing the education of those with the disease, the general public and health professionals regarding endometriosis
 - Research – activities to support research into endometriosis to improve understanding, treatment and management of the disease.
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

j) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

Where such information about the aims, objectives and projects of the charity is also provided to potential donors, activity costs are apportioned between fundraising and charitable activities on the basis of area of literature occupied by each activity.

● Raising funds	25%
● Helpline & Support Services	49%
● Information Services	20%
● Research	6%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

k) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2021

1 Accounting policies (continued)

l) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £200. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Where fixed assets have been revalued, any excess between the revalued amount and the historic cost of the asset will be shown as a revaluation reserve in the balance sheet.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Office equipment 4 years

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p) Pensions

The charity contributes to workplace pension schemes for its employees. Contributions are charged to the Statement of Financial Activities in the period to which they relate.

2 Income from grants and donations

	Unrestricted £	Restricted £	2021 Total £	Unrestricted £	Restricted £	2020 Total £
Hologic	–	–	–	–	30,000	30,000
Wellcome Trust	–	–	–	–	2,800	2,800
Lottery Community Funding	–	53,279	53,279	–	–	–
Scottish Government	–	25,000	25,000	–	15,000	15,000
Endometriosis UK Trading Ltd	100,000	–	100,000	98,000	–	98,000
Other donations	251,545	–	251,545	175,557	–	175,557
Legacy donations	55,000	–	55,000	–	–	–
	<u>406,545</u>	<u>78,279</u>	<u>484,824</u>	<u>273,557</u>	<u>47,800</u>	<u>321,357</u>

Income received from Endometriosis UK Trading Ltd is the distribution of profits under gift aid.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2021

3 Income from other trading activities

	Unrestricted £	Restricted £	2021 Total £	Unrestricted £	Restricted £	2020 Total £
Challenge events	261,067	–	261,067	54,324	–	54,324
Membership fees	24,931	–	24,931	14,535	–	14,535
Publications and events	–	–	–	4,097	–	4,097
Other fundraising activities	80,891	–	80,891	107,594	–	107,594
	366,889	–	366,889	180,550	–	180,550

Other fundraising activities represent members and supporters raising funds on behalf of the charity.

Endometriosis UK

Notes to the financial statements

For the year ended 31 March 2021

4a Analysis of expenditure (current year)

	Charitable activities						2021 Total £	2020 Total £
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Supports Costs £		
Staff costs (Note 6)	40,316	82,606	53,755	5,005	6,547	16,161	204,390	192,727
Information	-	-	15,403	-	-	-	15,403	15,926
Membership EFE	-	151	-	-	-	-	151	-
Fundraising & Challenge Events	15,091	-	-	-	-	-	15,091	17,760
Office costs	-	19,813	5,332	-	-	36,827	61,972	32,204
Premises costs	-	-	-	-	-	28,625	28,625	30,295
Professional Fees	-	-	-	-	-	25,524	25,524	18,435
Helpline & Volunteer Expenses	-	2,562	-	-	-	-	2,562	47,172
Other costs	-	-	-	-	70	2,333	2,403	4,147
	55,407	105,132	74,490	5,005	6,617	109,470	356,121	358,666
Support costs	27,368	53,640	21,893	6,568	-	(109,470)	-	-
Governance costs	1,654	3,242	1,324	397	(6,617)	-	-	-
Total expenditure 2021	84,429	162,015	97,707	11,971	-	-	356,121	
Total expenditure 2020	90,235	165,570	92,496	10,365	-	-		358,666

Endometriosis UK

Draft: 22 September 2021 15:00

Notes to the financial statements

For the year ended 31 March 2021

4b Analysis of expenditure (prior year)

	Charitable activities						2020 Total £
	Raising funds £	Helpline and support services £	Information services £	Research £	Governance costs £	Support costs £	
Staff costs (Note 6)	47,990	70,408	56,982	4,488	4,487	8,372	192,727
Information	-	-	15,926	-	-	-	15,926
Fundraising & Challenge Events	17,760	-	-	-	-	-	17,760
Office costs	-	-	-	-	-	32,204	32,204
Premises costs	-	-	-	-	-	30,295	30,295
Professional Fees	-	-	-	-	-	18,435	18,435
Helpline & Volunteer Expenses	-	47,172	-	-	-	-	47,172
Other costs	-	-	-	-	1,793	2,354	4,147
	65,750	117,580	72,908	4,488	6,280	91,660	358,666
Support costs	22,915	44,913	18,332	5,500	-	(91,660)	-
Governance costs	1,570	3,077	1,256	377	(6,280)	-	-
Total expenditure 2020	90,235	165,570	92,496	10,365	-	-	358,666

Endometriosis UK

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Notes to the financial statements

For the year ended 31 March 2021

5 Net income for the year

This is stated after charging / (crediting):

	2021 £	2020 £
Depreciation	2,181	2,284
Operating lease rentals payable:		
Property	25,735	25,592
Other	1,006	1,006
Auditor's remuneration (excluding VAT):		
Audit	6,500	2,100
	<u>6,500</u>	<u>2,100</u>

6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2021 £	2020 £
Salaries and wages	187,790	173,591
Social security costs	12,977	15,505
Employer's contribution to defined contribution pension schemes	3,623	3,631
	<u>204,390</u>	<u>192,727</u>

No employee earned more than £60,000 during the year (2020: nil).

The total employee benefits (including pension contributions and employer's national insurance) of the key management personnel were £45,054 (2020: £40,455).

The charity trustees were neither paid nor received any other benefits from employment with the charity in the year (2020: £nil). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

Trustee expenses represents the payment or reimbursement of travel and subsistence costs totalling nil (2020: £1,793) incurred by nil (2020: 3) members relating to attendance at meetings of the trustees.

Endometriosis UK

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Notes to the financial statements**For the year ended 31 March 2021**

7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was 11 (2020: 8).

3 employees worked full time, with 8 employees working part time. The CEO is part time, 3 or 4 days per week.

Staff are split across the activities of the charity as follows (full time equivalent basis):

	2021 No.	2020 No.
Raising funds	1.9	2.3
Helpline and support services	3.7	3.5
Information services	1.5	1.5
Research	0.5	0.1
Governance	0.4	0.1
	8.0	7.5

8 Related party transactions

Endometriosis UK received donations totalling £663 (2020:£450) from nine trustees (2020: six). The trustees receive no benefit from the donations made to the charity.

During the financial year consultancy services totalling £3,332.50 (2020: £nil) were provided by the sister of one of the Endometriosis UK trustees, Andrew Glyde. Of this amount, £1,140 is due to be paid at the year end.

Endometriosis UK

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Notes to the financial statements

For the year ended 31 March 2021

9 Subsidiary undertaking

Endometriosis UK Trading Limited was incorporated in the UK as a wholly owned subsidiary of Endometriosis UK on 2 June 2006 (Company No: 05836007), with an issued share capital of £1. The company started trading in the previous financial year.

A summary of the results of the subsidiary is shown below:

	2021 £	2020 £
Turnover	12,818	100,000
Gross profit/(loss)	12,818	100,000
Administrative expenses	(2,530)	(341)
Profit/(loss) on ordinary activities before interest and taxation	10,288	99,659
Taxation on profit on ordinary activities	–	(249)
Total comprehensive income	10,288	99,410
Retained earnings		
Total retained earnings brought forward	100,721	99,311
Total comprehensive income	10,288	99,410
Distribution under Gift Aid to parent charity	(100,000)	(98,000)
Total retained earnings carried forward	11,009	100,721
The aggregate of the assets, liabilities and reserves was:		
Assets	18,320	103,007
Liabilities	(7,310)	(2,285)
Reserves	11,010	100,722

10 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Endometriosis UK

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Notes to the financial statements

For the year ended 31 March 2021

11 Tangible fixed assets

	Office equipment £	Total £
Cost		
At the start of the year	12,604	12,604
Additions in year	3,454	3,454
At the end of the year	16,058	16,058
Depreciation		
At the start of the year	4,694	4,694
Charge for the year	2,181	2,181
At the end of the year	6,875	6,875
Net book value		
At the end of the year	9,183	9,183
At the start of the year	7,910	7,910

All of the above assets are used for charitable purposes.

12 Debtors

	2021 £	2020 £
Prepayments	21,151	10,181
Accrued income	69,287	–
Other debtors	3,216	10,614
Inter-company balance	2,290	2,036
	95,944	22,831

13 Creditors: amounts falling due within one year

	2021 £	2020 £
Taxation and social security	6,330	6,818
Other creditors	6,165	9,490
Accruals	7,744	2,100
	20,239	18,408

Endometriosis UK

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Notes to the financial statements

For the year ended 31 March 2021

14a Analysis of net assets between funds (current year)

	General unrestricted £	Restricted £	Total funds £
Tangible fixed assets	9,183	–	9,183
Net current assets	493,006	11,800	504,806
Net assets at 31 March 2021	502,189	11,800	513,989

14b Analysis of net assets between funds (prior year)

	General unrestricted £	Restricted £	Total funds £
Tangible fixed assets	7,910	–	7,910
Net current assets	367,336	11,800	379,136
Net assets at 31 March 2020	375,246	11,800	387,046

15a Movements in funds (current year)

	At 1 April 2020 £	Income and gains £	Expenditure and losses £	Transfers £	At 31 March 2021 £
Restricted funds:					
Takeda	11,800	–	–	–	11,800
Lottery Community Fund	–	53,279	(53,279)	–	–
Scottish Government	–	25,000	(25,000)	–	–
Total restricted funds	11,800	78,279	(78,279)	–	11,800
Unrestricted funds:					
General funds	375,246	794,088	(277,842)	–	891,492
Total unrestricted funds	375,246	794,088	(277,842)	–	891,492
Total funds	387,046	872,367	(356,121)	–	903,292

The narrative to explain the purpose of each fund is given at the foot of the note below.

Endometriosis UK

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Notes to the financial statements

For the year ended 31 March 2021

15b Movements in funds (prior year)

	At 1 April 2019 £	Income and gains £	Expenditure and losses £	Transfers £	At 31 March 2020 £
Restricted funds:					
Takeda	11,800	–	–	–	11,800
Hologic	–	30,000	(30,000)	–	–
Wellcome Trust	6,088	2,800	(8,888)	–	–
Scottish Government	–	15,000	(15,000)	–	–
Total restricted funds	17,888	47,800	(53,888)	–	11,800
Unrestricted funds:					
General funds	223,526	456,498	(304,778)	–	375,246
Total unrestricted funds	223,526	456,498	(304,778)	–	375,246
Total funds	241,414	504,298	(358,666)	–	387,046

15 Movements in funds (continued)

Purposes of restricted funds

Restricted funds represent donations and grants restricted for use on particular areas of the charity's work.

Takeda

Our funding from Takeda is to update the Living with Endometriosis booklet, which is being updated and will be published in 2021.

Hologic

A grant was received from Hologic to support our partnership project with the Royal College of GPs (RCGP) on Menstrual Wellbeing.

The Wellcome Trust

The Wellcome Trust provided a grant towards our Research *Endometriosis Now!* conference and work to support those with the disease to understand research.

Scottish Government

Scottish Government provided a grant for the following programmes:

- Improving the mental wellbeing of those with endometriosis
- Improving the support for people with care needs
- Improving the quality of healthcare experience

Endometriosis UK

Draft: 14 October 2021 15:27

Notes to the financial statements

For the year ended 31 March 2021**16 Operating lease commitments payable as a lessee**

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods

	Property		Other	
	2021	2020	2021	2020
	£	£	£	£
Less than one year	4,320	4,320	172	826
One to five years	-	-	-	413
	4,320	4,320	172	1,239

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.