

**New Dawn New Day Ltd**  
**(A company limited by guarantee)**

**Unaudited Financial Statements**

**Year ended 31st March 2022**

Charity number: 1034869

Company number: 02898859

New Dawn New Day Ltd  
(a company limited by guarantee)  
Year ended – 31<sup>st</sup> March 2022

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New Dawn New Day Ltd  
( A company limited by guarantee)  
Report of the trustees for the year ended 31<sup>st</sup> March 2022

The trustees are pleased to present their report together with the unaudited financial statements of the charity for the year ending 31st March 2022

**Reference and administrative details**

Charity Name: New Dawn New Day Ltd

Charity number: 1034869

Company number: 02898859

Registered Office: 3 Museum Square, Leicester, LE1 6UF

Independent Examiners: Celerica Limited, Certified Accountants, First Floor, The Old Chapel  
9 Kempson Road, Leicester, LE2 BAN

Bankers: Lloyds TSB Ltd, 7 High Street, Leicester, LE1 4FP

**Directors and trustees**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The trustees serving during the year and since the year end were as follows:

- |   |  |
|---|--|
| • Wendy Kerr                                | • Priti Lodhiya (retired 27 April 2022)                              |
| • Thomas Gill                               | • Tammy Ayres (retired 27 April 2022)                                |
| • Alison Weatherley                         | • Lucy Baldwin (retired 8 February 2022)                             |
| • Peter Jones (appointed 27 April 2022)     | • Luise Vassie (retired 8 February 2022)                             |
| • Roshni Lad (appointed 27 April 2022)      | • Kathy Oliveira (retired 27 May 2021)                               |
| • Kelly McCormack (appointed 27 April 2022) | • Beverley Vizard (appointed 27 April 2022, retired 4 November 2022) |

Chief Executive: Sara Swire

Company Secretary: Sara Swire

## **Structure, Governance and Management**

### **Governing Document**

The organisation is a charitable company limited by guarantee, incorporated on 16 February 1994, and registered as a charity on 11 March 1994. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

### **Recruitment and Appointment of the Board of Directors**

The directors of the company are also charity Trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Directors. Each representative shall hold office for a period of one year and such appointments terminate at the end of the Annual General Meeting (AGM). The Chair, Vice Chair and Treasurer shall be appointed at the first meeting of the Trustees following the AGM.

### **Trustee Induction and Training**

Trustees are recruited locally and appointed at the AGM, advertising in the local press and utilising networks. Each potential trustee is given a brief which includes a role description and information about the organisation and the services, and legal responsibilities of trustees / company directors.

Prospective Trustees are required to complete an application form and are then interviewed by the Board. Each new trustee receives a Welcome Pack, which includes more detailed information about the role, the services provided and, trustee responsibilities and information about meetings, sub-groups, and relevant policy documents. In-house induction and training are provided. Regular skills audits / training needs analysis are carried out and appropriate training courses identified for trustees to participate in.

### **Related Parties**

For the period covered by this report New Dawn New Day Ltd held contracts with the following parties:

- |  |   |
|--|---|
| • Reducing Reoffending Partnership                               | • Panahghar                                   |
| • The National Lottery Fund                                      | • Leicester City Council                      |
| • Ministry of Justice  | • The Nationwide Foundation                   |
| • Office of the Police and Crime Commissioner for Leicestershire | • The Cyrenians (operating as Changing Lives) |

There are no related parties associated with any of the trustees with whom the Centre transacts.

### **Organisation**

The Board of Directors meets every 6 weeks to discuss the business of the charity, agree and review strategic and operational plans, manage HR issues and to review income, expenditure, and financial plans. Planning and review sessions are held at least annually.

A Chief Executive is appointed by the Board of Directors to manage the day-to-day operations of the charity. The charity has volunteers who are supported and supervised by the relevant service manager. An annual review of their work is also carried out.



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### **Risk Management**

The Board of Directors conducted a review of the major risks to which the charity is exposed. A risk register has been established and is reviewed regularly by the Trustees and updated as necessary. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

The charity ensures that all appropriate policies and procedures are in place for the effective running of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity and its service users.

### **Objectives and Activities**

The charity's objects ('Objects') are specifically restricted to the following:

To promote the benefit and improve the life experiences of women and their families resident in particular but not exclusively in the city of Leicester ("the area of benefit") without distinction of ethnic origins or religious, political or other opinions, by associating authorities in a common effort to advance education and to provide facilities in the interest of social welfare for recreation and other leisure time occupation with the object of improving the conditions of life of the said women and their families in particular those who have need of such facilities by reason of their social and economic circumstances.

New Dawn New Day has worked to promote women's wellbeing for over 35 years and delivers a range of services designed to meet the needs of women and girls, particularly those who have been impacted by trauma.

#### **We are committed to:**

- Improving women's health and wellbeing, particularly those who face severe and multiple disadvantage or who are victims and survivors of abuse and trauma.
- Improving disadvantaged women's social and economic circumstances.
- Enabling greater social inclusion for women with complex needs.

#### **We will do this by:**

- Ensuring that women with complex needs have opportunities to enhance their health, wellbeing, and personal development as well as their economic and social circumstances.
- Developing quality early intervention services that work with women who are at risk of violence, abuse, exploitation, and involvement in the criminal justice system.
- Offering holistic, wraparound, gender-responsive support to meet the multiple needs of women.
- Ensuring our services are trauma-informed.
- Influencing local and national policy and practice to create improvements in services for vulnerable women.
- Being a collaborative, enterprising, sufficiently resourced, and sustainable organisation.

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### **How we work**

We provide holistic, trauma-informed support to women and specialise in working with those who present with complex needs, including women in contact with the Criminal Justice System and women whose circumstances place them at risk of offending.

Women who access our services are referred through the Criminal Justice services (Probation, the Police, prison services), social care and safeguarding and other specialist services such as housing and homelessness, mental health, drug and alcohol and domestic and sexual abuse services.

### **Interventions include**

- One-to-one social and emotional support, advice, and advocacy
- Supported and coordinated referral for specialist services such as domestic abuse, substance misuse, mental health, money advice services etc
- Trauma-informed group and psycho-educational programmes (including emotional management, parenting, creative arts, and trauma recovery)
- Education and support into volunteering and employment
- Peer support

### **The following principles underpin our work**

- We believe that all women and girls have the right to reach their potential and to live their lives free from trauma and abuse.
- Women affected by poverty, trauma and abuse have the potential to transform their lives through the provision of a safe environment and high quality, gender responsive, trauma-informed and trauma-responsive support.
- Women have the right to expect accessible, appropriate, and timely support to address their individual needs.
- Women have many needs and no one service can meet the needs of any one woman. We must therefore actively collaborate and work in partnership with other agencies to enable a co-ordinated package of support to be provided.
- Women using our services have the right to have their say in how these services are run and become involved in the development and delivery of these services.

### **Public Benefit Statement**

The Trustees have considered the general guidance on public benefit issued by the Charity Commission and has taken due regard of that guidance. The Trustees consider that they are satisfied that the charity's activities do provide a wide public social benefit.

## **Financial Review**

We have continued to attract investment in our services through contracts for services and charitable grants and generated independent income through trading activities such as the delivery of training.

We have continued to be contracted to provide specialist women's community services for clients of Probation services and women who are referred to us under the Women's Out of Court Disposal project.

We have also been contracted to provide a psycho-educational programme for women involved with Leicester's only temporary accommodation for women with complex needs. This opportunity, funded by Leicester City Council, is delivered in partnership with specialist Black, Asian and Minority Ethnic focused domestic abuse service Panahghar.

We have also continued to receive support from the National Lottery Community Fund to deliver the "Our Place" project. This funding supports us to develop a wider range of women's centre services and support greater involvement of women in the development and delivery of our services.

Securing funding from the Ministry of Justice enabled us to employ an in-house specialist IDVA, who provides intensive support for women at medium to high risk of domestic violence and abuse, including accompanying women to court hearings and carrying out DASH risk assessments.

## **Achievements**

Continuing with last year's theme of change, the past year has proven no different, with the current environment requiring that we as an organisation retain our power to adapt in order to best meet the needs of the women we support, in an increasingly tight funding landscape.

The UK's current economical situation is looking dire, with projections that the coming recession could be the longest since records began over a century ago. We are already starting to see increased levels of need in the women we support, including an increase of women needing support with crisis situations as a result of financial hardship. In an environment such as this, the need for services like ours is more crucial than ever.

This report focuses on how well we achieved our aims between 1st April 2021 – 31st March 2022. Our services and activities reached a total of 263 individual women, with 227 women referred through the Probation Service and the Police. 36 women were supported through our Respite Rooms project. 306 women took part in a range of activities and peer support through the Our Place Project since the project began in 2020, with 99 having took part in the past year.

We recruited and trained 5 new volunteers, 2 of which were women who had benefitted from our services.

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**Just Women Project – Diverting Women from Offending**

Our Just Women Project is tailored to women who are involved with the criminal justice system and are at risk of reoffending. A woman's journey with New Dawn New Day may begin following her arrest and referral by the Police, or as part of her probation if she is serving a community sentence or has been released from prison on license.

**Just Women Community Rehabilitation Services**

Our ongoing partnership with the national organisation Changing Lives continues to be beneficial to both parties, due to the alignment in both of our organisation's aims and values, our positive working relationship with Changing Lives staff and New Dawn New Day's ability to provide positive outcomes for women referred into our service.

We continue to maintain an excellent relationship with Probation services thanks to our long standing partnership. Both Probation staff and our own staff report multiple benefits to our co-location working approach, with Probation Practitioners and Seniors being based at our building each week, and our own staff able to base themselves at Probation offices throughout the county. We have found that this collaborative approach results in better outcomes for the women referred under Probation pathways, as well as a harmonious and supportive working partnership. Co-located staff also frequently mention the benefits of learning about Trauma-Informed and Trauma-Responsive Practise from our own staff, and how this has made a positive difference in their own approach to client work.

A woman referred into our Just Women Project will begin her involvement with a full assessment of her immediate needs. A plan will be drawn up between her and her Practitioner detailing the aims of their work together and how they will achieve this. Her Practitioner will also offer support with many of the immediate needs women referred into our service present with, such as accommodation, mental health and substance misuse need. This may involve advocating on her behalf and assisting with navigating services (Housing or Social Services for example) or signposting to local specialised services (such as drug and alcohol services). The Practitioner may work with the woman in one-to-one appointments, or as part of group work, depending on what they agree will be most beneficial to her progress.

To the year ending 31 March 2022, we worked with a total of 114 women referred via Probation. 98% of women referred through this route received a personalised support plan within 5 days of initial appointment.

**Just Women Out of Court Disposal**

Our Out of Court Disposal Project was developed in partnership with Leicestershire Police and Office for the Police and Crime Commissioner. The Project offers an opportunity for women to be diverted from the court system following arrest, and instead receive early intervention and support, reducing the likelihood of further offending.

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New Dawn New Day covers the entirety of Leicestershire for all women served with a Conditional Caution. For many of the women referred into our service this way, it may be their first arrest and they often arrive feeling mistrustful, fearful, or angry. Their journey with us consists of an initial assessment of needs with a Practitioner, including addressing immediate needs as with women referred through Probation. The Practitioner will then work with the woman for up to six sessions to complete the Police Conditional Caution, thereby avoiding being sent to court and receiving a criminal conviction. Once the PCC is complete, the woman can choose to continue receiving support through our other projects on a voluntary basis.

In October 2020, we developed a Community Resolution route for women referred by Police following arrest, who were regarded as perpetrators of domestic abuse. In the overwhelming majority of these cases, the women themselves were actually victims of Domestic Abuse. We support women referred on a Community Resolution initially for one compulsory session, with a view to continue voluntarily, and are able to offer the same tailored support and chance to continue working with us as women referred on a PCC. All women working with us have the opportunity to be referred to our specialist in house Independent Domestic Violence Advisor, who can support them with assessing their options, fleeing an abusive relationship and accessing refuge when needed.

To the year ending 31 March 2022, we worked with a total of 46 women referred on a Conditional Caution, and 67 women referred on a Community Resolution.

### Our Place

Our Place Project was developed in response to our increasing commitment to develop holistic, trauma-informed services for women. Any woman referred into our service has the option to voluntarily take part in the project, which focuses on nurturing our New Dawn New Day community and providing opportunities for our clients.

Through this project, women can access ongoing support from a Peer Mentor or Volunteer, in the form of weekly check ins. They can also train to be a Peer Mentor themselves, receiving a package of comprehensive training and ongoing support to be able to work with other women referred into our service. We know that Peer support is incredibly effective, particularly when women are mistrustful of professionals and have had negative experiences with services in the past.

Our Place also provides a range of workshops and sessions, facilitated by volunteers, covering a diverse range of interests and activities. We have hosted yoga, mindfulness, tai chi and exercise classes. We previously ran a weekly Women's Group, which provides an opportunity for women using our service to socialise and offer support to one another. From this group we also developed a book club and film club. Our weekly Coffee and Craft group provides a low pressure, relaxed environment for women to socialise and share support.

Between April 2021 and March 2022, Our Place has worked with 99 women offering one-to-one and group support along with opportunities to participate through volunteering. Since the start of 2022, 40 women accessed workshops themed around coping with anxiety or low mood. In the same time period, 42 women attended workshops and drop ins run by our community partners, including Moneywise financial advice clinics and Leicester Sexual Health clinics. During

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the year 2 women trained to become peer mentors and a further 3 volunteers from the wider community were recruited as volunteers to support our projects and activities. We currently have 4 active Peer Mentors who provide one on one peer support to women referred to Our Place project.

### Respite Rooms

In October 2021, we partnered with Panahghar, a Coventry based organisation specialising in working with Black, Asian and Minority Ethnic individuals who have been subjected to domestic abuse or honour based violence. Respite Rooms is a pilot project, commissioned and funded by Leicester City Council and delivered in partnership with Panahghar. Respite Rooms provides safe supported accommodation for women and their children at risk of homelessness due to domestic violence and abuse. New Dawn New Day provides two Practitioners who provide wraparound support and a specialist, trauma-informed approach to women staying in Respite Rooms. Respite Rooms also provides 11 fully furnished flats in a safe and secure location. Women staying at Respite Rooms are supported in their next steps to secure stable, longer term accommodation. Between Nov 2021 & June 2022, 36 women have been supported by Respite Rooms safe accommodation

New Dawn New Day also delivers the Women's Emotional Management Programme to Respite Rooms residents, a Trauma-Responsive psychoeducational programme which focusses on supporting women to explore the links between trauma, emotional management, and mental health.

Between 1<sup>st</sup> January 2022 and 31<sup>st</sup> March 2022, 4 women who were working with our IDVA completed the Women's Emotional Management programme.

All 4 women showed improved understanding of the impact trauma has had on their lives, wellbeing, and relationships.

### Independent Domestic Violence Advisor

Through **Ministry of Justice funding**, we appointed a specialist IDVA to work with women who are at high risk of domestic violence and abuse, as we know that this specialist service is essential to the women we support. The majority of women who are supported by our service have experienced domestic violence or abuse from a partner, ex partner or family member at some point in their lives. The resulting trauma can deeply affect women's emotional wellbeing and sense of safety. Our IDVA supports women both practically and emotionally. They support with court hearings, obtaining non molestation orders and invoking Clare's Law, as well as supporting homeless declarations and securing safe accommodation. Our IDVA worked with 38 women in total between the project starting in September 21 to March 22.



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**Peer Support**

Our Peer Support has continued in the form of Peer Clinics, a weekly space for clients to access informal support via a Peer Mentor. Peer mentors are supervised by our Participation Manager, who also provides full Peer Mentor training.

Over the course of the year, a total of 103 women accessed peer support through group activities and one-to-one from our peer support worker.

**How we have adapted to the Covid19 Pandemic**

Covid19 continues to be an important consideration in the way our services are delivered. Our staff team are now based at our Centre on a regular basis and are providing the majority of their appointments face to face. Our Covid19 policy and sensible approach to staff sickness has ensured that we have not yet experienced a covid outbreak that can be traced back to our Centre.

We have continued to offer appointments via phone, online, outside 'walk and talks' on the beautiful green in front of our building, as well as inside our building in one of our cosy meeting rooms. This approach gives the women we support more agency in choosing which type of appointment is the most comfortable for them, as well as providing options for women who have previously struggled to engage, due to high anxiety, childcare commitments, or travel/transport related barriers.

Prior to the Pandemic, our centre was a bustling hub of activity, with clients, staff, volunteers, probation practitioners, workers from other agencies in and out of the building each day. We have committed to making our building as covid secure as possible, due to the high risk of transmission when working with our population, the majority of whom are exempt from mask wearing and may have chosen not to be vaccinated. We have invested in professional health and safety advice which has enabled us to develop a robust Covid19 risk assessment and mitigation plan and helped us to adapt to the changing landscape over the last 18 months. These measures are to reduce the risk of transmission to our clients and staff team, and to ensure the continuation of our service should any staff members fall ill.

Through a number of Covid Emergency grants we have been able to invest in new IT systems, including video-conferencing facilities and we have installed new hygiene equipment, including sanitising stations, hands free locking and alarm systems and wipe clean furniture. We encourage the wearing of masks inside our building, and spray down surfaces after each appointment with an anti-viral spray. We ensure that our building is well ventilated when possible, and have invested in hospital grade air purification technology, which improves the quality of the air in meeting spaces. Balancing a trauma-informed approach with increased health and safety requirements was challenging, but we are confident that our measures provide improved feelings of safety for our staff team, clients and any visitors to the building, as well as future proofing our organisation in the case of any further covid restrictions.

We have reviewed our strategic development plans in the light of the new operating environment. We had to abandon some of our trading activities such as room hire and holding in-person events which had an impact on our trading income. However, being able to access

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some of the Covid Emergency funding available to the voluntary sector did result in us increasing our turnover and service levels over the course of the pandemic.

### **Case Study – Anna**

Anna was referred to New Dawn New Day by her Probation Practitioner for support relating to her needs around emotional wellbeing, family, relationships and accommodation. Aged 58, Anna had previously made multiple attempts to end her life, and had a diagnosis of depression and emotionally unstable personality disorder. Anna had also been suffering with health needs surrounding the menopause which she believes contributed to her offending behaviour.

Anna met with her Women's Services Practitioner for an in-person initial assessment to discuss the support New Dawn New Day could offer her and what she felt would benefit her the most. After initially being sceptical of entering a service with a support worker that were both new to her, once Anna realised that her needs were being heard, she was able to relax and open up to her Practitioner.

To begin with, Anna and her Practitioner began the Healthy Relationships Programme on a one-to-one basis to explore the differences between healthy and unhealthy relationships, including domestic violence and abuse. Anna spoke about much she enjoys attending New Dawn New Day for her sessions, and will often arrive early to sit in reception with a coffee as she finds the atmosphere calming. She has mentioned to her Probation Practitioner how much she feels she is benefitting from our support and how she wishes she had been able to access this type of support sooner.

Anna is engaging really well with our service, and feels safe to share more about her life and experiences each week. After she completes the Healthy Relationships Programme, Anna intends to start our Women's Emotional Management programme, and plans to attend a menopause workshop delivered by our partners Leicester Sexual Health, to receive support about how she can effectively manage her symptoms.

### **Reserves Policy**

The Board of Trustees has given careful consideration to the requirement for New Dawn New Day to maintain an appropriate level of free reserves, being those funds not invested in fixed assets, designated for specific purposes or otherwise committed.

Our policy on reserves has been designed to protect the charity from uncertainties in funding from statutory and grant making bodies, and other financial risks. Its aim is to ensure that there are sufficient funds to meet all of our contractual obligations, to continue in operation until there has been time to safely and ethically wind down our support to our clients and to allow for time needed to re-organise our operations to meet the contingency.

Due to the nature of the work carried out by New Dawn New Day it is essential that we are able to continue operations for at least 4 months to enable us to meet the ethical requirements of



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therapeutic and support contracts with clients and to wind down our administrative structures.

The Trustees have taken into account the level of free reserves required to cover the following risks:

- loss of income as a result of reductions in contracts or services
- failure to achieve agreed and necessary fundraising targets
- the consequences of an event having a major negative reputational impact on the work of the charity

### **Designated funds**

The £158,818 proceeds from the sale of the freehold of our former premises have been specifically designated and ring fenced as a contribution towards the future development of a property which will serve as the long-term premises for the charity. As part of our revised strategy, we intend to review our accommodation needs and plans for the future over the next 12 months.

### **Free Reserves**

Based on this assessment, the Board of Trustees consider it reasonable to hold a minimum financial reserve of £235,168 calculated as follows:

- 3 months operating costs of £125,000
- Redundancy liability for current staff team of £44,000
- Lease liability £51,668
- Dilapidation costs on 3 Museum Square £12,000
- Supplier contract obligations £2,500

Free reserves as of 31 March 2022 are £198,976. We will aim to increase our free reserves to the required level within the next 3 years.

### **Plans for Future Periods**

The focus for the first half year of 2021/22 was on re-opening safely our Women's Centre in the light of the ongoing risk from covid and its variants. This was done successfully and the various technologies we have invested in for our building have been instrumental in reducing the risk of the spread of covid to our staff and visitors.

In December 2021 we appointed a new Chair of Trustees and initiated a recruitment drive for additional Trustees who possessed skills and knowledge from business and other sectors. The organisation has already seen the benefits of the new Trustees who have supported the staff with our continued strategy development.

Although the UK like many countries has a long road to economic recovery after the peak of the pandemic, our Board is very optimistic about the opportunities for continued growth of

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NDND's income and market reputation. We have agreed clear strategic objectives and set out a pathway for the next 3 years which includes: -

- Promoting and continuously growing the services we provide out of our Women's Centre in Museum Square. A key element of this will be to strengthen our partnership working and re-introduce co-located working with the Probation Service and other key collaborators. Our aim is to re-launch the Centre formally in December 2022 and we will be working hard to achieve that aim as well as devising a plan for its continued development.
- Undertaking a number of feasibility studies for the development of future products and services, including an accommodation trading arm providing suitable accommodation for the women referred to us who are also homeless. In addition to this development, we are currently delivering training and support to partner organisations wishing to develop a Trauma Informed approach to their services. An internal team is exploring the further development of some aspects of this training to ascertain if we could productise and sell elements to other organisations.
- Developing our fundraising activities to ensure our income streams become more robust and proactive rather than re-active.
- Strengthening our Human Resources support through appointing an external provider to give us expertise and advice and developing an all-encompassing Workforce Strategy as we are very conscious that our staff are our greatest asset and that the current employment marketplace is very different to pre-covid times.

We are planning to do a Strategy refresh in the Autumn of 2022 which will help us to ensure the momentum we are gathering is maintained in order we can continue to deliver our services to the women and girls who come into contact with the Criminal Justice System.

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## **Trustees' Responsibilities in Relation to the Unaudited Financial Statements**

The trustees are responsible for preparing the Trustees' Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources of the charitable company for the year.

In preparing those unaudited financial statements, the trustees are required to:

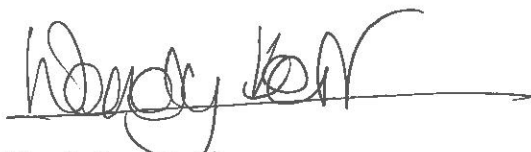
- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP 2019 (FRS102);
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statement;
- Prepare the unaudited financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time, the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities 2019 (FRS102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Board of Trustees on, and signed on its behalf by:



Wendy Kerr (Chair)

Dated: 29/11/2022

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**INDEPENDENT EXAMINERS' REPORT  
TO THE TRUSTEES OF NEW DAWN NEW DAY LTD  
FOR THE YEAR ENDED 31 MARCH 2022**

We report to the charity trustees on our examination of the accounts of the company for the year ended 31st March 2022 which are set out on pages 17 to 26.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied ourselves that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out our examination we have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

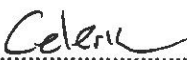
**Independent Examiner's Statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. We confirm that we are qualified to undertake the examination because we and the examiner are member of the Association of Chartered Certified Accountants which is one of the listed bodies.

We have completed our examination. We can confirm that no matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS 102)

We have no concerns and have come across no other matters in connection with examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

  
.....  
CELERICA LTD  
CHARTERED CERTIFIED ACCOUNTANTS  
FIRST FLOOR  
THE OLD CHAPEL  
9 KEMPSON ROAD  
LEICESTER  
LE2 8AN

Dated : 29th November 2022

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**STATEMENT OF FINANCIAL ACTIVITIES  
(including Income & Expenditure Account)  
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
<b>Income and endowments from:</b>					
Donations and legacies	2	1,502	-	1,502	650
Charitable activities	3	-	499,009	499,009	478,563
Investments	4	940	-	940	1,187
Other income:		-	-	-	-
<b>Total income and endowments</b>		<b>2,442</b>	<b>499,009</b>	<b>501,451</b>	<b>480,400</b>
<b>Expenditure on:</b>					
Raising funds		-	-	-	-
Charitable activities	5	(36)	441,390	441,354	402,361
Other		-	-	-	-
<b>Total expenditure</b>		<b>(36)</b>	<b>441,390</b>	<b>441,354</b>	<b>402,361</b>
<b>Net income</b>		<b>2,478</b>	<b>57,619</b>	<b>60,097</b>	<b>78,039</b>
Transfers between funds		-	-	-	-
<b>Net movement in funds</b>		<b>2,478</b>	<b>57,619</b>	<b>60,097</b>	<b>78,039</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	15	355,316	108,764	464,080	386,041
<b>Total funds carried forward</b>	<b>15</b>	<b>357,794</b>	<b>166,383</b>	<b>524,177</b>	<b>464,080</b>

All income and expenditure derive from continuing activities.

The statement of financial activities include all gains and losses recognised during the year.

**NEW DAWN NEW DAY LTD**  
**(LIMITED BY GUARANTEE)**  
Registered company number 02898859 (England & Wales)

**BALANCE SHEET AS AT 31 MARCH 2022**

		<b>2022</b>		<b>2021</b>	
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>FIXED ASSETS</b>	<b>12</b>				
<b>CURRENT ASSETS</b>					
Debtors & prepayments	13	82,160		76,533	
Cash at bank		468,729		416,114	
Cash in hand		200			
		<u>551,089</u>		<u>492,647</u>	
<b>CREDITORS: amounts falling due within one year</b>					
Other creditors	14	26,912		28,567	
		<u>26,912</u>		<u>28,567</u>	
<b>NET CURRENT ASSETS</b>			<b>524,177</b>		<b>464,080</b>
<b>NET ASSETS</b>			<b><u>524,177</u></b>		<b><u>464,080</u></b>
<b>FUNDS</b>					
Unrestricted	15		198,976		196,498
Designated	15		158,818		158,818
Restricted	15		166,383		108,764
	16		<u>524,177</u>		<u>464,080</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act for the year ended 31 March 2022.

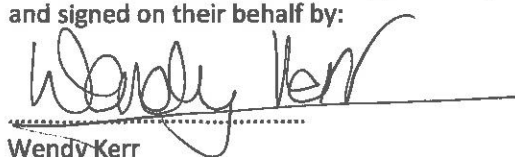
The members have not required the charitable company to obtain an audit of the financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2016.

The trustees acknowledge their responsibilities for:

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- b) preparing financial statements which give a true and fair view of the state of the charitable company as at the end of the financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to charitable company.

These financial statements have been approved in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 29th November 2022 and signed on their behalf by:

  
Wendy Kerr

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022**

**1 Accounting Policies**

**1. Summary of significant accounting policies**

**a General information and basis of preparation**

New Dawn New Day Ltd is a registered charity in England and Wales and also a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity. The address of the charity's head office is given on page 3 of these financial statements. The nature of the charity's operations and principal activities detailed on page 5 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016, the Financial issued on Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The charity has applied Updated Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A

The financial statements have been prepared to give a "true and fair" view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a "true and fair" view. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value where considered necessary. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest pound.

**b Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022 (Continued)**

**1 Accounting Policies (Continued)**

**1. Summary of significant accounting policies (Continued)**

**c Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance of conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. A corresponding amount is recognised in expenditure.

No amount of time is included in the financial statements for volunteer time in line with SORP. Further detail is given in the Trustees Annual Report.

Where practicable, gifts in kind donated for distribution to the beneficiaries of the charity are included in stock and donations in the financial statements upon receipt. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh any benefits then the fair value is recognised as a component of donations when it is distributed and an equivalent amount recognised as charitable expenditure.

Gifts in kind donated for resale are included at fair value, being the expected proceeds from sale less the expected cost of the sale. Where estimating the fair value is practicable upon receipt it is recognised in stock and "Income from other trading activities". Upon sale, the value of stock is charged against "Income from trading activities" and the proceeds are recognised as "Income from other trading activities". Where it is impracticable to fair value the items due to the volume of low value items they are not recognised in the financial statements until sold. This income is recognised within "Income from other trading activities".

The charity receives various grants in respect of providing its aims and objectives. Income from grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Investment income is earned through holding assets for investment purposes such as interest. Interest income is recognised using the effective interest method. Any dividend and rent income is recognised as the charity's right to receive payment is established.



**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022 (Continued)**

**1 Accounting Policies (Continued)**

**1. Summary of significant accounting policies (Continued)**

**d Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Cost of raising funds
- Expenditure on charitable activities
- Other expenditure represents those items not falling into the above categories.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

**e Support costs allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative costs. They are incurred directly in support of expenditure on the objects of the charity.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 6.

**f Tangible fixed assets**

No depreciation is provided on tangible fixed assets. Assets are written off at the time of purchase. This is contrary to the requirements of Financial Reporting Standard Number 15. The trustees consider that these assets will have a small residual value at the end of each financial year.

**g Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**h Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, It is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

**i Leases**

Rentals payable or receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

**j Taxation**

No provision has been made for taxation as the charity's charitable status renders it exempt from UK direct taxation.

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022 (Continued)**

<b>2 Income from donations and legacies</b>		<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
Donations		1,502	650
		<u>1,502</u>	<u>650</u>
<b>3 Income from charitable activities</b>		<b>Total</b>	<b>2021</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>2022</b>
			<b>£</b>
<b>Procurement arrangements:</b>			
Procurement arrangements	-	-	-
<b>Other charitable activities:</b>			
<b>Restricted Funds:</b>			
Cyrenians Ltd (operating as Changing lives)	-	130,580	130,580
Reducing reoffending partnership	-	24,827	24,827
Clinks - Covid response	-	-	-
National Lottery Fund - Our Place	-	104,825	104,825
Office of the Police, Crime and Commissioner for Leicestershire - Out of Court Disposal	-	36,697	36,697
Panahghar DHULC - Respite Rooms	-	14,126	14,126
Leics County Council (DHULC) - Hope Project	-	-	-
Office of the Police, Crime & Commissioner - Specialist Criminal Justice IDVA	-	49,897	49,897
LCC - Trauma Informed Safe Accommodation Project	-	45,000	45,000
Ministry of Justice - Women's services core costs funding	-	48,007	48,007
Futures (ESF) - Help yourself, helping others	-	-	-
Wesleyan Foundation	-	-	-
Office of the Police & Crime Commissioner & Ministry of Justice - Covid Response	-	-	-
Office of the Police & Crime Commissioner - Therapy	-	-	-
MIND - Covid Emergency	-	-	-
Postcode community trust - New Directions	-	-	-
National Lottery Fund - Covid Funding	-	-	-
Nationwide Foundation	-	45,050	45,050
<b>Unrestricted Funds:</b>			
General funds including management	-	-	-
	<u>-</u>	<u>499,009</u>	<u>499,009</u>
			<u>478,563</u>

Income from charitable activities was £499,009 (£478,563 in 2021). £499,009 (2021:£468,442) was attributable to restricted funds and £nil (2021: £10,121) was attributed to unrestricted funds.

<b>4 Investment Income</b>	<b>Total</b>	<b>2021</b>
	<b>2022</b>	<b>£</b>
	<b>£</b>	<b>£</b>
Bank interest received	940	1,187
Income from investments for both years are attributed to unrestricted funds.		

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022 (Continued)**

**5 Analysis of expenditure on charitable activities**

	<u>Activities undertaken directly</u>	<u>Grant funding of activities</u>	<u>Support costs</u>	<u>Total</u>
<b>0</b>				
General funds including management	(2,868)	-	2,832	(36)
<b>Restricted Funds:</b>				
Cyrenlans Ltd (operating as Changing lives)	96,710	-	27,411	124,121
Reducing reoffending partnership	38,678	-	3,064	41,742
National Lottery Fund - Our Place	91,356	-	21,270	112,626
Clinks - Covid response	-	-	-	-
Office of the Police, Crime and Commissioner for Leicestershire - Out of Court Disposal	32,468	-	11,647	44,115
Office of the Police, Crime & Commissioner - Specialist Criminal Justice IDVA	25,996	-	12,048	38,044
Panahghar DHULC - Respite Rooms	12,736	-	379	13,115
Leics County Council (DHULC) - Hope Project	-	-	-	-
LCC - Trauma Informed Safe Accommodation Project	1,954	-	1,530	3,484
Ministry of Justice - Women's services core costs funding	29,323	-	13,708	43,031
Futures (ESF) - Help yourself, helping others	-	-	-	-
Wesleyan Foundation	-	-	-	-
Office of the Police & Crime Commissioner & Ministry of Justice - Covid Response	-	-	-	-
Office of the Police & Crime Commissioner - Therapy	-	-	-	-
MIND - Covid Emergency	9,290	-	4,310	13,600
Postcode community trust - New Directions	5,413	-	2,099	7,512
National Lottery Fund - Covid Funding	-	-	-	-
	<b>341,056</b>	<b>-</b>	<b>100,298</b>	<b>441,354</b>

£(36) (2021: £(297)) of the above costs were related to unrestricted funds.

£441,390 (2021: £402,658) of these costs were related to restricted funds.

**6 Allocation of support costs**

	<u>Governance</u>	<u>Information Technology</u>	<u>Office Costs</u>	<u>Pension Contributions</u>	<u>Other</u>	<u>Total</u>
<b>Unrestricted Funds:</b>						
General funds including management	1,080	-	-	-	1,752	2,832
<b>Restricted Funds:</b>						
Cyrenlans Ltd (operating as Changing lives)	360	4,091	12,121	5,255	5,584	27,411
Reducing reoffending partnership	-	135	17	1,674	1,238	3,064
National Lottery Fund - Our Place	360	3,061	8,851	4,492	4,506	21,270
Clinks - Covid response	-	-	-	-	-	-
Office of the Police, Crime and Commissioner for Leicestershire - Out of Court Disposal	180	1,800	4,832	1,756	3,079	11,647
Office of the Police, Crime & Commissioner - Specialist Criminal Justice IDVA	180	1,549	4,518	1,399	4,402	12,048
Panahghar DHULC - Respite Rooms	-	-	-	379	-	379
Leics County Council (DHULC) - Hope Project	-	-	-	-	-	-
LCC - Trauma Informed Safe Accommodation Project	-	-	-	105	1,425	1,530
Ministry of Justice - Women's services core costs funding	-	12,362	-	1,346	-	13,708
Futures (ESF) - Help yourself, helping others	-	-	-	-	-	-
Wesleyan Foundation	-	-	-	-	-	-
Office of the Police & Crime Commissioner & Ministry of Justice - Covid Response	-	-	-	-	-	-
Office of the Police & Crime Commissioner - Therapy	-	-	-	-	-	-
MIND - Covid Emergency	-	414	2,937	586	373	4,310
Postcode community trust - New Directions	-	268	1,307	240	284	2,099
National Lottery Fund - Covid Funding	-	-	-	-	-	-
	<b>2,160</b>	<b>23,680</b>	<b>34,583</b>	<b>17,232</b>	<b>22,643</b>	<b>100,298</b>

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022 (Continued)**

<b>7 Governance costs</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Independent examination fees	1,080	1,110
Other	1,080	-
	<u>2,160</u>	<u>1,110</u>

<b>8 Net Income / (expenditure) for the year</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
This is stated after charging:		
Independent Examiners Fees	<u>1,080</u>	<u>1,110</u>

**9 Independent Examiners remuneration**

The independent examiner's fees amounts to £1,080 (2021: £1,110).

**10 Trustees and key management personnel remuneration and expenses**

The trustees received no remuneration, or expenses reimbursed during the year. (2021: Nil)

**11 Staff costs and employee benefits**

	<b>2022</b>	<b>2022</b>	<b>2021</b>	<b>2021</b>
	<b>Number</b>	<b>Full Time Equivalent</b>	<b>Number</b>	<b>Full Time Equivalent</b>
Charitable activities	11	9	11	9
Management and administration	1	1	1	1
	<u>12</u>	<u>10</u>	<u>12</u>	<u>10</u>

The total staff costs and employee benefits were as follows:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Wages and salaries	299,198	261,505
Pension contributions - defined contribution scheme	22,830	18,709
Social security costs	17,232	15,260
	<u>339,260</u>	<u>295,474</u>

**12 Fixed assets**

	<b>Freehold land &amp; buildings</b>	<b>Computer equipment</b>	<b>Fixtures &amp; fittings</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>COST:</b>				
As at 31st March 2021 and 2022	<u>-</u>	<u>10,954</u>	<u>24,608</u>	<u>35,562</u>
<b>DEPRECIATION:</b>				
As at 31st March 2021 and 2022	<u>-</u>	<u>(10,954)</u>	<u>(24,608)</u>	<u>(35,562)</u>
<b>NET BOOK VALUE:</b>				
As at 31st March 2021 and 2022	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022 (Continued)**

**13 Debtors**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade debtors	75,701	69,933
Prepayments	6,459	6,600
	<b><u>82,160</u></b>	<b><u>76,533</u></b>

**14 Creditors: Amounts falling due within one year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade creditors	9,039	9,086
Accruals and deferred income	7,139	5,400
Other tax and social security	5,473	9,364
Other creditors	5,261	4,717
	<b><u>26,912</u></b>	<b><u>28,567</u></b>

**15 Fund reconciliation**

	<u>Balance</u> <u>01.04.21</u>	<u>Income</u>	<u>Transfers</u>	<u>Expenditure</u>	<u>Balance at</u> <u>31.03.22</u>
General funds including management	196,498	2,442	-	36	198,976
<b>Designated Funds:</b>					
Property sale surplus	158,818	-	-	-	158,818
<b>Restricted Funds:</b>					
Cyrenians Ltd (operating as Changing lives)	-	130,580	-	(124,121)	6,459
Reducing reoffending partnership	16,915	24,827	-	(41,742)	-
Clinks - Covid response	-	-	-	-	-
National Lottery Fund - Our Place	47,991	104,825	-	(112,626)	40,190
Office of the Police, Crime and Commissioner for Leicestershire - Out of Court Disposal	12,020	36,697	-	(44,115)	4,602
Office of the Police, Crime and Commissioner - Specialist Criminal Justice IDVA	-	49,897	-	(38,044)	11,853
DHULC - Respite Rooms	-	14,126	-	(13,115)	1,011
Leics County Council (DHULC) - Hope Project	-	-	-	-	-
LCC - Trauma Project - Safe Accommodation	-	45,000	-	(3,484)	41,516
Ministry of Justice - Women's services core costs	4,476	48,007	-	(43,031)	9,452
Futures (ESF) - Help yourself, helping others	-	-	-	-	-
Wesleyan Foundation	-	-	-	-	-
Office of the Police & Crime Commissioner & Ministry of Justice - Covid Response	-	-	-	-	-
Office of the Police & Crime Commissioner - Therapy	6,250	-	-	-	6,250
MIND - Covid Emergency	13,600	-	-	(13,600)	-
Postcode community trust - New Directions	7,512	-	-	(7,512)	-
Nationwide Foundation	-	45,050	-	-	45,050
	<b><u>464,080</u></b>	<b><u>501,451</u></b>	<b><u>-</u></b>	<b><u>(441,354)</u></b>	<b><u>524,177</u></b>

**NEW DAWN NEW DAY LTD  
(LIMITED BY GUARANTEE)**

**Notes to the financial statements for the year ended 31 March 2022 (Continued)**

**16 Analysis of net assets between funds**

	Unrestricted funds £	Designated funds £	Restricted funds £	Total £
Fixed assets	-	-	-	-
Cash and current investments	198,976	158,818	166,383	524,177
Creditors more than one year	-	-	-	-
	<b>198,976</b>	<b>158,818</b>	<b>166,383</b>	<b>524,177</b>

**17 Leases**

**Operating leases - lessee**

Finance leases primarily relate to the rental of treatment rooms and office space.

Total future minimum finance lease payments are as follows:

	2022 £	2021 £
Not later than one year	25,836	25,836
Later than one and not later than five years	53,825	27,989
Later than five years	-	-
	<b>79,661</b>	<b>53,825</b>

**18 Pension and other post-retirement benefits**

The charity operates a defined contribution pension plan for its employees. The amount recognised as an expense in the year was £17,232 (2021: £18,709).

**19 Financial commitments**

Total financial commitments, guarantees and contingencies which are not included in the balance sheet amount to £79,661 (2021: £53,825).

**20 Related party transactions**

There are no related party transactions during the year (2021: None).