



A company limited by guarantee and a charity

Report and Accounts

For the Year Ended

31 March 2022

Registered Office:
The Brady Centre
192-196 Hanbury Street London
E1 5HU

Charity Registration No. 1033764
Company Registration No. 2897750

Women's Health & Family Services (WHFS)

Trustees' Report For the year ended 31st March 2022

The Directors, who are also Trustees, present their report and audited accounts for the financial year ended 31st March 2022.

Directors/Trustees:

Annie Karlin (Chair)
Dong Chen (Treasurer)
Joanna Fowler
Katherine Brintworth
Camilla Hampton
Wendy Olayiwola (June 2021)
Charlene Chandrasekaran

Chief Executive: Karen Wint

Registered Office: The Brady Centre
192-196 Hanbury Street London
E1 5HU

Charity Registration No. 1033764

Company Registration No. 2897750

Independent Examiner: Goldwins
Chartered Accountants
75 Maygrove Road London
NW6 2EG

Bankers: CAF Bank
25 Kings Hill West Malling Kent
ME19 4JQ

Women's Health & Family Services (WHFS)

Trustees' Report For the year ended 31st March 2022

The Board of Trustees, who are also Directors for the purposes of company law, are pleased to be presenting their annual report and financial statements for the year ending March 31st 2022.

Structure, Governance and Management

Governing Document

WHFS is a registered charity and company limited by guarantee, incorporated on the 14th February 1999 with a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding one pound.

Recruitment and responsibilities of Trustees

The company is governed by a Board of Directors who are also known as Trustees for the purposes of charity law and under the company's Articles of Association are known members of Management Committee. General meetings need at least three full Trustees' for a quorum.

Recruitment is by advertisement through national websites, and by networking and targeting specific groups to attract a diverse Trustees' membership with expertise and experiences relevant to the advancement of the charity's mission. The Trustees have the power to co-opt members to fill specialist roles.

The Trustees are responsible for setting the strategic direction of the organisation, policy development, senior staff recruitment and financial management. There are currently eight Trustees from a variety of professional backgrounds to support the delivery and success of the charity.

Risk Management

A risk register is reviewed at each Board meeting which includes strategies to manage risk, this includes financial reporting. The Board receives written reports as well as presentations made by the Chief Executive and staff to ensure transparency and good governance.

Statement on Public Benefit

The Trustees confirm that they have complied with the Charity Commission's general guidance on public benefit and that the purpose and aims of WHFS are for the greater good. All our charitable activities focus on empowering women of multiple disadvantages with knowledge and confidence to develop social connections, access the health services they need to improve the health and wellbeing for themselves and their family and prevent future harmful practices.

Our Objectives

Women's Health and Family Services is a multi-cultural community health charity with a long history of working closely with the disadvantaged ethnic minority women and their families in East London, to improve their health and wellbeing in a meaningful and sustainable way, by giving them the support and confidence they need to do it for themselves.

One of the key ways we do this, is to train local volunteers to support women through pregnancy or when they have experienced female genital mutilation. We believe, a

Women's Health & Family Services (WHFS) Trustees' Report For the year ended 31st March 2022

relationship between one woman and another who finds herself living with multiple complexities, can be transforming for both women. It can lead to each empowering themselves to create change and in turn, building local community capacity.

The charity's objectives are:

- a) To advance education, knowledge and empowerment amongst women residents in Tower Hamlets and other East London boroughs, across all communities, before, during and after pregnancy and survivors of Female Genital Cutting (FGC).
- b) To preserve and protect the health of the inhabitants of the London Borough of Tower Hamlets and elsewhere.
- c) To promote equality and diversity by challenging discrimination and encouraging services to meet the diverse needs of the local communities; the sharing of experiences in order to bring about equality in health and wellbeing, and good relationships across local communities.
which often includes employment and further education in healthcare.

Our Programmes

Maternity Mates: supports pregnant women who find themselves living with multiple complexities, including gender violence and trauma.

A Maternity Mate is a local volunteer, often a mum herself, who develops a trusting one-to-one relationship with a vulnerable and isolated pregnant woman living in the same community. Throughout pregnancy, during labour and for a few months afterwards, the Mate provides regular emotional and practical support to the mum-to-be helping her to regain her confidence, plan for her life with her baby and create and sustain new social connections. Supporting mums-to-be at this early stage reduces risks to the health and wellbeing of both mother and baby, increases the mum's confidence, and helps connect her to other local mums for on-going support.

Little Cues, Big Difference: a three-year pilot programme testing the benefits of extending maternity mates support for up to twelve months, at the request of a beneficiary, with a focus on mother and baby attachment. There is a focus on beneficiaries contributing to learning sessions with professionals with the aim of creating system change to better meet the needs of women.

This is in partnership with Ratio, our learning partner and funded by Comic Relief and their Changemakers Grant Programme.

Women's Health: supporting women who have experienced gender violence of Female Genital Cutting with 121 advocacy and a women's conversation café, providing a safe space for health-related talks and support. We deliver this in partnership with the clinical team at Sylvia Pankhurst Clinic, Mile End Hospital. Funded by VAWG Tower Hamlets Public Health.

Healing Conversations: for women who have experienced Female Genital Cutting with counsellors who speak 4 languages between them. This ensures as many women as possible, in need of counselling can access this support.

We are also working with in partnership with North East London Foundation to pilot group peer support for women who have experienced birth trauma and pregnancy loss.

Women's Health & Family Services (WHFS)

Trustees' Report For the year ended 31st March 2022

Capturing Women's Voices

We continue to value the importance of enabling the voices and views of our beneficiaries to shape our programmes and organisation. Our Radicals, made up of maternity mates, inform our training and volunteer development programme, to ensure we meet their needs and those of the women we support. They also, design and test new ways of support and monitoring and evaluation tools for learning.

We are extremely proud to have embarked on establishing an Ethics Committee made up of past beneficiaries and current volunteers, coached and chaired by Professor of Ethics, Oxford University and our learning partner, Ratio. Our ambition is for a member of the committee to take over as Chair in 2023.

Employees' Wellbeing

The Board of Directors take the wellbeing of the charity's employees seriously and has continued to invest in the provision of a dedicated monthly space with a specialist for employees. The wellbeing programme is shaped by the employees. We continue to trial new initiatives and adapt to feedback from employees.

Overall Financial Review

Funding for overheads continues and the strategies implemented in the previous year saw positive results. At the beginning of March, at the start of the COVID-19 pandemic, we took swift steps to estimating the additional costs to working from home, redesigning our services and the wellbeing of our beneficiaries and volunteers; and switched our fundraising approach to generating income to support these costs.

Our actual income during the year was £521,969 (2021: £567,981) and the actual expenditure was £493,242 (2021: £471,059).

The total funds available to the charity is £358,783 of which £278,901 are restricted, £40,000 are designated and £39,882 are unrestricted reserves. The reserves are needed to meet the working revenue requirements of the charity. The current level of reserves is £79,000.

Reserves policy

The Trustees have examined the charity's requirements for reserves considering the main risks to the organisation resulting from shortfall in funding and time expired project, that are not refunded. They have established a policy whereby any surplus and unrestricted funds held should be between 3 and 6 months operating costs. Sufficient reserve is needed to ensure that projects are not hampered by delays in receiving grant income and to fund any revenue shortfall. There is also the need to bear the cost of cover for the likes of maternity leave and redundancies which, in a not-for-profit charity, is never funded.

We would like to be in a position to increase our reserves, to weather the unexpected eventualities; and investment in strengthening the organisation's capacity and capabilities, for expansion to reach more women with our support programmes.

Income, fundraising and COVID 19 Pandemic Recovery

This year, our focus during the year was to continue to respond to the needs of our beneficiaries during the pandemic, working with maternity and clinical teams within the local NHS systems to make appropriate arrangements. This included raising funds for additional

Women's Health & Family Services (WHFS)

Trustees' Report For the year ended 31st March 2022

support needed during this time.

We also focused on opportunities to enhance our support programmes for our beneficiaries, build our organisation's capacity to meet our future ambitions. We are ever grateful to: Lloyds Bank Foundation, Comic Relief's Changemakers, North East London Clinical Commissioning Group, Tower Hamlets Public Health VAWG and MOPAC.

We would like to take this opportunity to thank our volunteers and staff, who went beyond the call of duty, to ensure we could continue to support vulnerable women in our communities during an extremely frightening and isolating period. Our team worked collaboratively with the midwifery, women's health teams and other heroic community organisations, to provide women with continued emotional and practical support.

We are preparing for the new financial year which will focus on our recovering from the COVID-19 pandemic and prepare the charity to meet our future ambitions, which were put on hold for two years.

Statement of Trustees and Directors Responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for the year. In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The charity has a safeguarding policy and conduct safeguarding training. The trustees review the policy on an annual basis

Approved by the board of trustees on **01/12/2022**
and signed on their behalf by:



Annie Karlin
Chair



Dong Chen
Treasurer/Trustee

Women's Health & Family Services (WHFS)

Trustees' Report For the year ended 31st March 2022

I report on the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000, I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anthony Epton

15 December 2022

Anthony Epton BA FCA CTA FCIE
Goldwins
Chartered accountants
75 Maygrove Road
West Hampstead
London NW6 2EG

Women's Health and Family Services

Statement of financial activities

(incorporating an income and expenditure account)

For the year ended 31 March 2022

	Note	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Income from:					
Donations	3	4,460	-	4,460	2,039
Charitable activities:					
Grants received	4	91,500	425,986	517,486	565,856
Investment income	5	23	-	23	86
Total income		95,983	425,986	521,969	567,981
Expenditure on:					
Raising funds	6	1,961	-	1,961	5,294
Charitable activities:	6	103,402	387,879	491,281	465,765
Total expenditure		105,363	387,879	493,242	471,059
Net income / (expenditure) for the year		(9,380)	38,107	28,727	96,922
Net movement in funds		(9,380)	38,107	28,727	96,922
Reconciliation of funds:					
Total funds brought forward		89,262	240,794	330,056	233,134
Total funds carried forward		79,882	278,901	358,783	330,056

There were no other recognised gains or losses other than those stated above.
The attached notes form part of these financial statements.

Women's Health and Family Services

Balance sheet

As at 31 March 2022

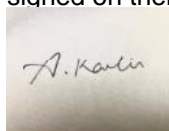
	Note	2022 £	2022 £	2021 £	2021 £
Fixed assets:					
Tangible assets	10		2,746		3,661
Current assets:					
Debtors	11	53,500		73,476	
Cash at bank and in hand		311,265		309,736	
		<u>364,765</u>		<u>383,212</u>	
Liabilities:					
Creditors: amounts falling due within one year	12	<u>(8,728)</u>		<u>(56,817)</u>	
Net current assets / (liabilities)			<u>356,037</u>		<u>326,395</u>
Total net assets / (liabilities)			<u>358,783</u>		<u>330,056</u>
Funds	14				
Restricted funds			278,901		240,794
Unrestricted funds:					
Designated funds		40,000		40,000	
General funds		<u>39,882</u>		<u>49,262</u>	
Total unrestricted funds			<u>79,882</u>		<u>89,262</u>
Total funds			<u>358,783</u>		<u>330,056</u>

The Trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 and members have not required the charitable company to obtain an audit for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2022 and of its net incoming/(outgoing) resources for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Approved by the board of trustees on 01/12/2022
and signed on their behalf by:



Annie Karlin
Chair



Dong Chen
Trustee

Company registration no. 02897750

The attached notes form part of the financial statements.

Women's Health and Family Services
Statement of cash flows
For the year ended 31 March 2022

	Note	2022 £	2022 £	2021 £	2021 £
Cash flows from operating activities:					
Net cash provided by / (used in) operating activities	a		1,529		192,634
Cash flows from investing activities:					
(Purchase) of fixed assets		-		(1,691)	
Cash provided by / (used in) investing activities			-		(1,691)
Change in cash and cash equivalents in the year			1,529		190,943
Cash and cash equivalents at the beginning of the year			309,736		118,793
Cash and cash equivalents at the end of the year	b		311,265		309,736

a) Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2022 £	2021 £
Net (expenditure) for the reporting period (as per the statement of financial activities)	28,727	96,922
Depreciation	915	1,220
(Increase)/ decrease in debtors	19,976	54,495
Increase in creditors	(48,089)	39,997
Net cash provided by/ (used in) operating activities	1,529	192,634

b) Analysis of cash and cash equivalents

	At 1 April 2021 £	Cash flows £	Other changes £	At 31 March 2022 £
Cash at bank and in hand	309,736	1,529	-	311,265
Total cash and cash equivalents	<u>309,736</u>	<u>1,529</u>	<u>-</u>	<u>311,265</u>

Women's Health and Family Services

Notes to the financial statements

For the year ended 31 March 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention with assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note(s) to these accounts. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charitable company meets the definition of a public benefit entity under FRS 102.

Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services, exhibitions and other educational activities undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Women's Health and Family Services
Notes to the financial statements
For the year ended 31 March 2022

1 Accounting policies (continued)

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include office costs, finance, personnel, payroll and governance costs which support the charity's artistic programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £500. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rate in use is as follows:

~ Office equipment	25% reducing balance
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Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Women's Health and Family Services
Notes to the financial statements
For the year ended 31 March 2022

2 Detailed comparatives for the statement of financial activities

	2021 Unrestricted £	2021 Restricted £	2021 Total £
Income from:			
Donations	2,039	-	2,039
Charitable activities:			
Grants received	60,000	505,856	565,856
Other trading activities			-
Investments	86	-	86
	<u>62,125</u>	<u>505,856</u>	<u>567,981</u>
Total income			
Expenditure on:			
Raising funds	5,294	-	5,294
Charitable activities:	39,816	425,949	465,765
	<u>45,110</u>	<u>425,949</u>	<u>471,059</u>
Total expenditure			
Net income / expenditure before gains / (losses) on investments	17,015	79,907	96,922
Transfers between funds	-	-	-
Net movement in funds	17,015	79,907	96,922
Total funds brought forward	<u>72,247</u>	<u>160,887</u>	<u>233,134</u>
Total funds carried forward	<u>89,262</u>	<u>240,794</u>	<u>330,056</u>

3 Income from donations:

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Donations	4,460	-	4,460	2,039
	<u>4,460</u>	<u>-</u>	<u>4,460</u>	<u>2,039</u>

Women's Health and Family Services
Notes to the financial statements
For the year ended 31 March 2022

4 Income from charitable activities

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Grants received:				
CCG Tower Hamlets (Maternity Mates)	7,500	69,748	77,248	64,216
Tower Hamlets Public Health/VAWG	-	73,456	73,456	91,101
Henry Smith Charity	-	17,500	17,500	35,000
Bart's NHS Trust (Maternity Mates)	-	31,290	31,290	50,548
CCG Newham (Maternity Mates)	-	85,858	85,858	85,716
London Catalyst - Health Research	-	4,088	4,088	-
HSF - Health Research	-	4,088	4,088	-
Lloyds Foundation	30,000	-	30,000	46,909
Tampox Tax	-	-	-	3,500
Garfield Weston Foundation	-	-	-	20,000
David Ruth Lewis Family Trust	-	-	-	20,000
LCF & TNL Community Fund	-	-	-	100,646
City of London - Wave 5	50,000	-	50,000	-
City of London - Wave 3	-	-	-	24,220
Comic Relief	-	115,858	115,858	-
Schroder Charity Trust	4,000	-	4,000	-
MM Hub	-	24,100	24,100	24,000
Total income from charitable activities	91,500	425,986	517,486	565,856

5 Income from investments

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Bank interest	23	-	23	86
	23	-	23	86

Women's Health and Family Services
Notes to the financial statements
For the year ended 31 March 2022

6 Analysis of expenditure

Current year	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	2022 Total £	2021 Total £
Staff costs	Staff time	-	259,397	50,267	309,664	231,165
Other Direct costs	Direct	-	102,132	540	102,672	119,080
Premises costs		-	-	9,255	9,255	11,224
Other office costs		-	-	12,133	12,133	19,532
Legal & professional costs		-	16,623	23,742	40,365	71,864
IT costs		-	-	12,903	12,903	10,156
Marketing costs		-	-	2,735	2,735	3,197
Depreciation		-	-	915	915	1,220
Independent examiner's fee		-	-	2,600	2,600	2,200
Insurance		-	-	-	-	1,421
		-	378,152	115,090	493,242	471,059
Support costs allocation		1,961	113,129	(115,090)	-	-
Total expenditure 2022		1,961	491,281	-	493,242	471,059

Of the total expenditure, £105,363 was unrestricted (2021: £45,110) and £387,879 was restricted (2021: £425,949).

Analysis of expenditure

Prior year	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	2021 Total £
Staff costs	Staff time	-	231,165	-	231,165
Other Direct costs	Direct	-	112,492	6,588	119,080
Premises costs		-	-	11,224	11,224
Other office costs		-	-	19,532	19,532
Legal & professional costs		-	30,200	41,664	71,864
IT costs		-	-	10,156	10,156
Marketing costs		-	-	3,197	3,197
Depreciation		-	-	1,220	1,220
Independent examiner's fee		-	-	2,200	2,200
Insurance		-	-	1,421	1,421
		-	373,857	97,202	471,059
Support costs		5,294	91,908	(97,202)	-
Total expenditure 2021		5,294	465,765	-	471,059

Women's Health and Family Services
Notes to the financial statements
For the year ended 31 March 2022

7 Net income / (expenditure) for the year

This is stated after charging / (crediting):	2022	2021
	£	£
Depreciation	915	1,220
Independent examiner's fee	2,600	2,200
	<u>2,600</u>	<u>2,200</u>

8 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:	2022	2021
	£	£
Salaries and wages	282,231	215,337
Social security costs	18,122	12,754
Pension	4,643	3,074
Other staff costs	4,668	-
	<u>309,664</u>	<u>231,165</u>

There were no employees who received annual emoluments of £60,000 or more (2021: none).

The total employee benefits including pension contributions of the key management personnel were £90,283 (2021: £42,984).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil) neither were they reimbursed expenses during the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

Staff numbers

The average number of employees (head count based on number of staff employed) during the year was

	2022	2021
	No.	No.
Direct charitable activities	15	11
Support	2	2
	<u>17</u>	<u>13</u>

9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Women's Health and Family Services
Notes to the financial statements
For the year ended 31 March 2022

10 Tangible fixed assets

	Office equipment £	Total £
Cost		
At the start of the year	37,165	37,165
Additions in year	-	-
At the end of the year	<u>37,165</u>	<u>37,165</u>
Depreciation		
At the start of the year	33,504	33,504
Charge for the year	915	915
At the end of the year	<u>34,419</u>	<u>34,419</u>
Net book value		
At the end of the year	<u>2,746</u>	<u>2,746</u>
At the start of the year	<u>3,661</u>	<u>3,661</u>

All of the above assets are used for charitable purposes.

11 Debtors

	2022 £	2021 £
Grants and other income receivable	41,166	70,308
Prepayments	3,612	3,168
Accrued income	8,722	-
	<u>53,500</u>	<u>73,476</u>

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	-	17,164
Taxation and social security	5,240	1,367
Accrued expenses	2,200	15,000
Deferred income - Grants received in advance	-	19,362
Other creditors	1,288	3,924
	<u>8,728</u>	<u>56,817</u>

Deferred income

	2022 £	2021 £
Balance at the beginning of the year	19,362	-
Amount released to income in the year	(19,362)	-
Amount deferred in the year	-	19,362
Balance at the end of the year	<u>-</u>	<u>19,362</u>

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13 Analysis of net assets between funds

Current year

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	2,746	-	-	2,746
Net current assets	<u>37,136</u>	<u>40,000</u>	<u>278,901</u>	<u>356,037</u>
Net assets at the end of the year	<u>39,882</u>	<u>40,000</u>	<u>278,901</u>	<u>358,783</u>

Analysis of net assets between funds

Prior year

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	3,661	-	-	3,661
Net current assets	<u>50,177</u>	<u>40,000</u>	<u>219,574</u>	<u>309,751</u>
Net assets at the end of the year	<u>53,838</u>	<u>40,000</u>	<u>219,574</u>	<u>313,412</u>

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14 Movements in funds

Current year	At the start of the year	Income	Expenditure	Transfers	At the end of the year
	£	£	£	£	£
Unrestricted funds:					
General funds	49,262	95,983	105,363	-	39,882
Designated funds	40,000	-	-	-	40,000
Total unrestricted funds	89,262	95,983	105,363	-	79,882
Restricted funds:					
CCG Tower Hamlets (Maternity Mates)	31,497	69,748	80,832	-	20,413
Tower Hamlets Public Health/VAWG (MC	39,861	73,456	86,015	-	27,302
Henry Smith Charity	20,142	17,500	30,506	-	7,136
Bart's NHS Trust (Maternity Mates)	41,942	31,290	36,180	-	37,052
CCG Newham (Maternity Mates)	45,292	85,858	80,855	-	50,295
London Catalyst - Health Research	-	4,088	-	-	4,088
HSF - Health Research	-	4,088	-	-	4,088
Lloyds Foundation	8,526	-	-	-	8,526
Tampox Tax	10,000	-	4,480	-	5,520
City of London - Wave 3	19,534	-	14,476	-	5,058
Comic Relief	-	115,858	40,123	-	75,735
MM Hub	24,000	24,100	14,412	-	33,688
Total restricted funds	240,794	425,986	387,879	-	278,901
Total funds	330,056	521,969	493,242	-	358,783

Purposes of restricted funds

The income of the charity includes grants received for specific restricted projects. The trustees' report includes a brief description of the activities of each project.

The financial movements on the restricted funds are summarised above. On completion of a project, any small funding surplus or deficit is cleared by a transfer to or from unrestricted funds.

Purposes of designated funds

During the previous years, the trustees agreed that it would be prudent to set up a designated fund to finance any future liabilities that would be incurred on the closure of the organisation. In this financial year, the initial £40,000 transferred is considered sufficient for this purpose.

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14. Movements in funds (continued)

Prior year	At the start of the year £	Income £	Expenditure £	Transfers £	At the end of the year £
Unrestricted funds:					
General funds	32,247	62,125	45,110	-	49,262
Designated funds	40,000	-	-	-	40,000
Total unrestricted funds	<u>72,247</u>	<u>62,125</u>	<u>45,110</u>	<u>-</u>	<u>89,262</u>

Movements in funds (continued)

Prior year	At the start of the year £	Income £	Expenditure £	Transfers £	At the end of the year £
Restricted funds:					
CCG Tower Hamlets (Maternity Mates)	25,966	64,216	58,685	-	31,497
Tower Hamlets Public Health/VAWG (MC	33,407	91,101	79,589	-	44,919
Henry Smith Charity	20,705	35,000	35,563	-	20,142
Bart's NHS Trust (Maternity Mates)	36,686	50,548	45,292	-	41,942
CCG Newham (Maternity Mates)	22,623	85,716	63,047	-	45,292
Lloyds Foundation	15,000	26,909	33,383	-	8,526
Tampox Tax	6,500	3,500	-	-	10,000
LCF & TNL Community Fund	-	100,646	100,646	-	-
City of London - Wave 3	-	24,220	9,744	-	14,476
MM Hub	-	24,000	-	-	24,000
Total restricted funds	<u>160,887</u>	<u>505,856</u>	<u>425,949</u>	<u>-</u>	<u>240,794</u>
Total funds	<u>233,134</u>	<u>567,981</u>	<u>471,059</u>	<u>-</u>	<u>330,056</u>

15 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. Each member is liable to contribute a sum not exceeding £1 in the event of the charity being wound up.

16 Related party transactions

There are no related party transactions to disclose for 2022 (2021: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.