



## **SAHELI**

**(COMPANY LIMITED BY GUARANTEE (ENGLAND & WALES) NO: 2846843**

**REGISTERED CHARITY NO: 1033067**

**REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED**

**31<sup>st</sup> MARCH 2023**

**SAHELI**  
**For the year ended 31<sup>st</sup> March 2023**

**Reference and administrative information**

The charity is a company limited by guarantee and is registered with the charity commission

Company Registration Number 2846843

Incorporated 23<sup>rd</sup> August 1993

Charity Registration Number 1033067

Registered 10<sup>th</sup> February 1994

**Registered office**

Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ

**Directors**

The directors/trustees who held office during the year ended 31<sup>st</sup> March 2022 were as follows:

Shazia Bodhanian (Chair)

Nabanita Gosh (Treasurer)

Nilofar Siddiqi

Zara Rahman

Sharmila Kar Appointed 1<sup>st</sup> March 2023

**Senior Management Team**

Priya Chopra - Chief Executive Officer

Sugra Akbar – Manager

**Bankers**

Royal Bank of Scotland, 464 Wilbraham Road, Chorlton cum-hardy, Manchester, M21 1AR

**Independent Examiner**

Ferguson & Co, 651 Mauldeth Road West, Manchester, M21 7SA

**Governing document**

The company was established under a Memorandum and Article of Association which established the objects and aims of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The trustees present their report and financial statements for the year ended 31st March 2023. Included within the trustees report is the directors' report as required by company law. Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

**SAHELI  
TRUSTEES REPORT  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2023**

**OBJECTIVES AND ACTIVITIES**

**Purposes and Aims**

Saheli supports Black, Asian and Minoritised women and children who experience domestic abuse and forced marriages. Saheli provides refuge accommodation and outreach support to women living in the community.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

**BENEFICIARIES OF OUR SERVICE**

We have continued to support Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriages.

Our activities benefit the public by:

- Providing temporary refuge accommodation to Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriage.
- Providing telephone advice and support to Black, Asian and Minoritised women within the community
- Delivering training to raise awareness of issues of domestic abuse and forced marriages within schools/colleges/universities and organisations (voluntary and statutory).
- Providing outreach support to women and their children who need support on a practical and emotional level.

**NO RECOURSE TO PUBLIC FUNDS**

We have had an increase in the number of referrals from women with no recourse to public funds who find themselves destitute due to domestic abuse. Having no recourse to public funds makes them extremely vulnerable as there is no financial support available for them.

Generous donations from the community mean we can further support women with no recourse to public funds by providing emergency accommodation, food, clothing and travel expenses.

## **ACHIEVEMENTS AND PERFORMANCE**

Saheli has continued its high-quality services to women and children fleeing domestic abuse and forced marriages.

Saheli has continued to support women and children from the Black, Asian and Minortised communities to be safe where they are at risk of violence and abuse. We do this by providing safe and secure accommodation advice, information, guidance, and advocacy; and opportunities to attend group work, counselling sessions, empowerment workshops, volunteering and learn new skills.

### **REFUGE**

It has been a busy year with both of our refuges. Being fully occupied and having increased capacity has meant we have supported 66% more within our refuge accommodation. Our success of supporting 6 women to 10 at any given time with emergency accommodation and support has allowed us to reach out and safeguard a higher number of women and their children.

Women have presented with various situations including, forced marriages, honor-based violence and domestic abuse. The issues they have been faced with has been homelessness, destitution, isolation, mental health, low self-esteem and confidence and overall requiring a place of safety.

### **Refuge success**

Saheli managed to secure additional funding from Manchester City Council to employ additional staff for the refuge. This has meant the support by our complex need's worker, children's worker and helpline worker has meant more in-depth work on a one-to-one basis.

Additional funding has also allowed us to recruit a resettlement worker to work with the women from both refuges during the move on process, supporting them in applying for benefits, purchasing items of furniture required, ensuring their gas/electricity is up and running prior to move on, ensuring they are familiar with their new area of residence.

Saheli has also been able to provide funds for women moving out to assist and support them financially with purchases which were essential which they would have normally struggled to purchase. The vouchers have been purchased with equal amounts to ensure the level of support provided is equal, for any woman in the process of being rehoused the vouchers have been secured for her to use upon moving out within the time the grant covered.

The service users who have benefitted have expressed their extreme gratitude and have said how the support has released many pressures and worries and assisted them in settling into their homes as they had the required essential to make it homely. In total 10 women benefitted with this funding to furnish their houses or buy IT equipment.

## **HELPLINE**

Helpline worker- this has been extremely beneficial to our refuge as the helpline has the capacity to support women over the telephone providing emotional and practical support. This has allowed us to have a designated worker managing the helpline and ensuring collection of data being specific. She is also making sure our data is regularly collected and system updated.

Our extended telephone helpline had allowed many women to access our services who struggle during core office hours. The extended hours have been to meet this additional need which has seen an increase in the number of women seeking our support. These successful projects have shown our success in meeting our plans for the future, goals set by the organisation.

## **MULTIPLE AND COMPLEX NEEDS WORK**

Complex needs worker – has been working with women in the refuge facing multiple issues. Work has taken place to support women with high mental health needs, NRPF, legal issues, debt etc. Many of the women have been experiencing anxiety, depression and trauma of having experienced domestic abuse and honour-based abuse for prolonged period of time. Complex Needs worker has ensured they are able to access counselling support as well as trauma informed support. Having access to Bengali, Urdu, Punjabi and Arabic speaking counsellor has been great help and has ensured they are able to provide additional support as and when need by the service users.

## **CHILDRENS WORK**

Our Children's worker has been working with the children providing one to one support, group activities, support with enrolling in the schools as well as other practical support.

Additional funding from the council has helped us to arrange outings for the children which they have really enjoyed and benefited from. Some of these activities have been a first for the children, such as a day out to Chester Zoo, Heaton Park, Kids Zone etc. The children have also really enjoyed being involved celebrating and learning about different festivals and cultures.

The Children's worker has adapted some of the learning from You, Me and Mum course into the sessions that have been delivered to provide the opportunities for the children to express their feelings and learn different ways to manage stress.

All the children we supported had experienced or witnessed domestic abuse and exhibited some behavioural challenges, utmost care was taken to ensure that all activities were trauma-sensitive and culturally appropriate. The focus of most activities was to provide a pleasant and informative experience to promote happiness, enhance social skills, and improve physical and mental fitness.

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FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2023**

**OUTREACH SERVICE**

**Saheli has continued to strengthen its outreach service, successfully receiving funding for further projects from the lottery, comic relief and successful partnership with Withington assist.**

**OMVCS Project:** This is a project funding by Manchester City Council VCS team to support Saheli service users who have moved on from domestic abuse situation to set up independent life. As a part of this project Saheli supported over 75 women to improve their mental health. 10 service users attended mental health training and meditation session over a period of 12 weeks.

Yoga sessions were delivered on regular basis, and we also provided culturally sensitive counselling support. Counselling sessions were provided to over 24 women in Arabic, Urdu, Bengali, Hindi and English.

15 service users attended volunteering sessions and five of them secured jobs and few others opened their own business to become self-employed.

Women survivors of Domestic Abuse and Honour Based abuse attended regular group work sessions and received one to one support. We took out several protection orders to protect the mother and children leaving abusive relationships.

**SO SAFE PROJECT**

Saheli has continued working in partnership with Bury Active Women's Project and Rochdale Women's Welfare Association in So Safe Outreach Project, where are supporting women from Black, Asian and minority communities who have experienced forced marriage, domestic abuse, honour based abuse. Many of the service users who are accessing the service are migrant women who have no recourse to public funds.

- 325 women across Bury, Manchester, Rochdale and Trafford received in depth, one to one culturally specific, intensive support to leave abusive situations. Our outreach team worked with women considering leaving abusive situations by providing intensive support, along with personal action planning. Where appropriate, advocacy support was given to improve resilience, confidence and practical solutions for their situations.
- Staff have led focus groups to get feedback from service users, not only in our organisations but also with other partner organisations. We have also held focus groups in partnership with Manchester City Council in Withington Library. The feedback we have received has helped us to tailor our services according to the needs we have identified. This included more volunteer and mentor training, something that was strongly identified by women involved.
- We have developed marketing materials for the project with participants and these have been distributed across Manchester, Bury and Rochdale. Leaflets have also been distributed in GP surgeries, schools, community groups, the Welcome Centre, Cheetham Hill Advice Centre, pharmacies, Housing Associations, Withington Assist, Withington library, Self-help group (counselling organisation in Trafford), and other charities.

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- We ran a 5 day evaluation residential at Mellor Country House, where we held focus groups with 20 service users, of which 6 were volunteers, along with 10 staff who attended at different times. During the week they discussed the project in depth; did team building workshops; took part in improvisation drama sessions; reviewed and developed our action plan for the next year; as well as completing evaluation questionnaires and giving feedback.
- After receiving feedback from the Afghani Migrant women's group on wanting awareness on improving their mental wellbeing and coming out of economic abuse, sessions were developed and delivered on sewing and pattern making to encourage them to learn these new skills.
- We introduced befriending sessions with a member of Withington Assist who support women who are 50 plus. We raised awareness on food and fuel poverty and how to access services, to women who were experiencing domestic abuse.
- Our Outreach Worker with specific training responsibility has led on recruiting 20 women for Peer Mentoring & Mental Health training. They completed 8 weeks training and are now being further upskilled with training in Safeguarding, Confidentiality, HBV, FM, Mental Health, First Aid and also enrolling on the Freedom programme.
- Our Peer Support Workers have been working with the outreach team to support many complex cases, many of whom have intersectional needs. We have seen a high rise in food poverty of those seeking help from us, both for the outreach and refuge provision. This has meant that we have been contacting food banks for vouchers and our supporters for donations of food, clothing as well as additional funds.

**The differences we are making.**

- 97.6% reporting satisfaction (6, 8 or 10 on the decimal scale) with an average rating of 9.12.
- 97.1% positively rating the approach of the volunteers/staff with an average rating of 9.12.
- 97.6% reporting improved understanding that they are not to be blamed for the domestic abuse experienced with an average rating of 8.66.
- 96.1% saying that support made them more positive about their life chances with an average rating of 8.53.
- 96.1% that involvement helped improve their resilience and coping mechanisms with an average rating of 8.44.
- 97.1% that involvement enabled them to better access further education, volunteering and job opportunities with an average rating of 8.50.
- Average rating of confidence about life chances rising from 2.67 to 8.83.
- 94.6% that involvement helped reduce their social isolation with an average rating of 8.64.
- 99.0% that involvement strengthened their feeling of being part of a community with an average rating of 8.85.

The full evaluation shows the graphs of these, and other, outcomes along with many comments that underline how these changes came about.

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As a collective Partnership we shared resources so we could deliver the best we possibly could across the board on all the outcomes.

Our use of Counsellors to support women in Urdu, Punjabi , Arabic and Bengali has been very successful and we recognise that we should also have Somali and other languages on offer.

We are planning to more partnership with other organisations and will continue to develop this way of working within So Safe Partnership providing training and group work sessions through virtual and face to face session. It is new way of working and we are learning to ensure we reach those women who would have not otherwise been able to part of training or group work.

Our Domestic Abuse awareness sessions for service users in our Manchester and Trafford groups ensured in addressed the sensitive nature of domestic abuse and was culturally appropriate. However, in Bury and Afghanistan women's group we struggled as we found women were hesitant and we had low taken up to the training sessions on these culturally sensitive topics. It was recognised that we should start with activities that build confidence and relationships before addressing more sensitive issues. This will better enable women to address healthy relationships and feel empowered to both



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**DATA COLLECTION**

Our lamplight system has provided detail information on the journey a woman has taken from the start of her support journey with us. Measuring risk and support needs, the system has allowed us to see a woman`s journey at a glance. This system is now used by the refuge and the outreach project.

**FUNDING**

We would like to say a very big thank you to our funders, who have supported our activities by funding our projects and increasing our capacity.

- Manchester City Council
- The Big Lottery Fund,
- Comic relief
- Individual donors
- Lottery

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FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2023**

**PLANS FOR THE FUTURE**

***Saheli's plans include:***

- We plan to secure additional accommodation for women with NRPF.
- To continue to run group activities for elderly women in other areas of Manchester
- Hold a fundraising event annually to raise funds for our no recourse project
- To further develop our resettlement services for our service users who leave the refuge accommodation.

**RELATED PARTY AND RELATIONSHIP WITH OTHER ORGANISATIONS**

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. Saheli has affiliation to the Women's Aid Federation of England.

**FINANCIAL REVIEW**

Our total reserves for Saheli as at 31<sup>st</sup> March 2023 are £270,634 (2022: £347,557) out of which the Restricted balance is £42,950 (2022: £138,294). Unrestricted reserves balance is £227,684 (2022: £209,263) out of which £30,000 is ringfenced for redundancies. This leaves free reserves of £197,684 (2022: £179,263).

**Reserves policy**

Saheli has a reserves policy which is used to inform our reserves position. We have unrestricted reserves of 6 months running costs for the refuge provision.

**Investment policy**

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

**Principal funding sources**

The principal funding sources for the charity are currently by way of grant income from Manchester City Council, Comic relief, Lottery and Housing Benefit.

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FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2023**

**Company status**

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

**Trustees**

The trustees are directors of the charity and, under the company's Articles, are known as Board members with voting rights. They have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. The trustees undertake a skills audit to identify gaps in Board experiences and new trustees are appointed on a 3-year term to fill these gaps. There is an induction and training plan in place for all trustees to strengthen their role in strategic planning. Trustees are also able to access the organisational training plan and attend any that they feel would be beneficial to their role and/or understanding.

**Recruitment and Appointment of Management Committee**

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, members of the Management Committee shall hold office until the end of Annual General Meeting next following their election appointment or co-option and shall be eligible for re-election or re-co-option.

**Recruitment and Appointment of Trustees**

The committee are elected annually at the Annual General Meeting.

**Trustee Induction and Training**

Saheli management committee hear about Saheli through our annual report, word of mouth and the networking Saheli does. Saheli's management committee is recruited following all recruitment process and a successful induction.

All the management committee members are given an induction when they start which gives them up to date information on our services, finances, funding streams, organisational policies and procedures, code of conduct and training on our quality assurance standards. Training is provided for the management committee on roles and responsibilities of a trustee, domestic abuse/forced marriages and other relevant training identified to assist and support the work of the trustees.

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**Risk Management**

We have developed policies and procedures to manage the risk within the organisation at all levels. The risk management policy has been developed to address the various risks facing the organisation and these are reviewed on a regular basis. Actions are identified based on risk factors with a follow up to ensure relevant steps have been taken to identify/reduce and manage risk.

**Organisational Structure**

The organisation is managed by the management committee who have the responsibility for the overall management of the project.

Organisational structure is as follows;

- Chief Executive Officer
- Managers
- Project workers
- Outreach workers
- Trainers
- Project support workers
- Group workers
- Volunteers

**Remuneration policy for key management personnel**

The remuneration package for all personnel comprises of a basic salary and contribution to a pension scheme. The charity is subject to auto-enrolment and contributions are currently made as agreed by the trustees.

**Risk management**

The trustees consider all major risks to which the charity is exposed and are satisfied that the procedures in place to manage them are adequate and effective. The senior management take delegated responsibility on behalf of the Board of Trustees for ensuring that there is an effective framework for accountability; for examining and reviewing all systems and methods of control, both financial and otherwise, including risk analysis and risk management; and for ensuring the charitable company is complying with all aspects of the law, relevant regulations and good practice. The charity regularly reviews its risk register in light of internal and external environmental changes and makes changes where necessary.

**Funds held as custodian trustee on behalf of others**

The charity has not acted as custodian trustee for any other charity during the period.

**SAHELI**  
**TRUSTEES REPORT**  
**FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2023**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Directors / Trustees Responsibilities**

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company end of its profit or loss of the company for that period.

In preparing the accounts, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any time, the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the company and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors report is prepared in accordance with the small companies' regime under part 15 of the Companies Act 2006.

**Registered office**

Oakland House, 1st<sup>th</sup> Floor, Old Trafford, Manchester, M16 0PQ  
Signed on Behalf of the Board:



**Chair**  
**Shazia Bodhanian**

Date: 19/12/2023

**SAHELI****INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAHELI  
FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2022**

I report on the accounts of the company for the year ended 31<sup>st</sup> March 2023 which are set out on pages 13 to 24.

**Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

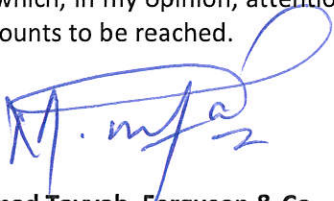
**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



**Muhammad Tayyab, Ferguson & Co**  
651 Mauldeth Road West, Manchester, M21 7SA

Dated: 19/12/2023

**SAHELI**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(Including Income and Expenditure Account)**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted Funds £	Restricted Funds £	Year Ended 31.03.23 Total Funds £	Year Ended 31.03.22 Total Funds £
<b>INCOMING RESOURCES</b>					
<b>Incoming Resources from generated funds:</b>					
Activities for generating funds:					
Donations & Other Income	3	2,649	-	2,649	11,632
<b>charitable activities:</b>					
	5				
Refuge		414,369	-	414,369	287,528
Outreach		-	147,340	147,340	309,112
Other trading activities	4	-	-	-	-
<b>Total incoming resources</b>		<b>417,018</b>	<b>147,340</b>	<b>564,358</b>	<b>608,272</b>
<b>RESOURCES EXPENDED</b>					
Raising funds	8	-	-	-	-
Charitable Activities:					
	6				
Refuge		398,597	0	398,597	265,318
Outreach		-	242,684	242,684	251,475
<b>TOTAL RESOURCES EXPENDED</b>		<b>398,597</b>	<b>242,684</b>	<b>641,281</b>	<b>516,793</b>
<b>Net movement in funds</b>		<b>18,421</b>	<b>(95,344)</b>	<b>(76,923)</b>	<b>91,479</b>
Transfers between funds		-	-	-	-
<b>RECONCILIATION OF FUNDS</b>					
Total Funds Brought Forward	16	209,263	138,294	347,557	256,078
Prior year adjustment					
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>227,684</b>	<b>42,950</b>	<b>270,634</b>	<b>347,557</b>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 22 form part of these accounts.



**SAHELI**

**BALANCE SHEET**

**FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible Fixed Assets	12	2,861	5,721
<b>CURRENT ASSETS</b>			
Debtors & Prepayments	14	41,040	57,099
Cash at Bank and in Hand	15	238,733	305,211
		<u>279,773</u>	<u>362,310</u>
<b>LIABILITIES:</b>			
Amounts falling due within one year	13	<u>(12,000)</u>	<u>(20,474)</u>
<b>NET CURRENT ASSETS</b>		267,773	341,836
<b>NET ASSETS</b>		<u><u>270,634</u></u>	<u><u>347,557</u></u>
<b>ACCUMULATED FUNDS</b>			
Restricted Funds	16	42,950	138,294
Unrestricted Funds	16		
General funds		197,684	179,263
Designated funds		30,000	30,000
Total unrestricted funds		<u>227,684</u>	<u>209,263</u>
Total charity funds		<u><u>270,634</u></u>	<u><u>347,557</u></u>

For the year in question the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required The company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small companies, and the Financial Reporting Standards for Smaller Entities.

Approved on Behalf of the Board

Date: 19/12/2023 Director

Shazia Bodhania

Date: 19/12/23 Director

Nabanita Ghosh

The notes on pages 15 to 22 form part of these accounts.



**SAHELI****STATEMENT OF CASH FLOWS****FOR THE YEAR ENDED 31 MARCH 2023**

	Note	2023 £	2022 £
	18		
<b>Cash provided by / (used) in operating activities</b>	-	66,478	103,158
Cash flows from investment activities:		-	-
<b>Net cash provided by investment activities</b>		-	-
Increase/(decrease) in cash and cash equivalents during the year		(66,478)	103,158
<b>Cash and cash equivalents at the beginning of the year</b>		305,211	202,053
<b>Cash and cash equivalents at the end of the year</b>		<b>238,733</b>	<b>305,211</b>

**SAHELI**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1. Accounting policies**

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**Basis of accounting**

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**SORP FRS 102**

Saheli meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

**Preparation of the accounts on a going concern basis**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

**Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

**Donated services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

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**NOTES TO THE ACCOUNTS**  
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**Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

**Current asset investments**

The charity holds no investments.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

**Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**Allocation of support costs**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities.

**Operating leases**

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

**Tangible fixed assets**

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Fixtures & Equipment	25% on cost
Computers & Equipment	25% on cost
Play Equipment	25% on cost

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**Stock**

Stock is included at the lower of cost or net realisable value. In general, cost is determined on a first in, first out basis. Net realisable value is the price at which stocks can be sold in the normal course of business after allowing for the costs of realisation. Provision is made where necessary for obsolete, slow moving, and defective stocks. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and at hand**

The charity's cash at bank and in hand includes the availability of funds as at 31<sup>st</sup> March 2023.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**Pensions**

Employees of the charity have been auto enrolled onto a pension scheme to which the charity contributes 6%.

**2. Legal status of the charity**

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

**SAHELI**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31st MARCH 2023**

**3. Income from donations and legacies**

	Unrestricted	Restricted	Total 2023 £	Total 2022 £
Donations	2,649	-	2,649	11,632
<b>Total</b>	<b>2,649</b>	<b>-</b>	<b>2,649</b>	<b>11,632</b>

**Total by fund at 31 Mar 2022**

<b>8,111</b>	<b>3,521</b>	<b>11,632</b>
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**4. Income from other trading activities**

Catering sales

-	-
-	-

All income from other trading activity is unrestricted

**5. Incoming resources from Activities to further the Charity's Objects**

	Unrestricted £	Restricted Refuge £	Restricted Outreach £	Total Funds 2023 £	Total Funds 2022 £
Big Lottery	-	-	67,145	67,145	62,187
Manchester City Council	229,608	-	35,860	265,468	124,728
MCC - Equalities	-	-	-	0	35,860
Comic relief	-	-	32,246	32,246	208,065
Withington assist	-	-	2,745	2,745	3,000
The Caring family foundation	-	-	9,344	9,344	-
	<u>229,608</u>	<u>-</u>	<u>147,340</u>	<u>376,948</u>	<u>433,840</u>
Fees and other income					
Rents	147,823	-	-	147,823	125,423
Others	39,587	-	-	39,587	37,377
	<u>187,410</u>	<u>-</u>	<u>-</u>	<u>187,410</u>	<u>162,800</u>
<b>Total</b>	<b>417,018</b>	<b>-</b>	<b>147,340</b>	<b>564,358</b>	<b>596,640</b>
<b>Total 2022</b>	<b>287,528</b>	<b>309,112</b>	<b>-</b>	<b>596,640</b>	

	2023 £	2022 £
Restricted income	147,340	309,112
Unrestricted income	417,018	287,528
	<u>564,358</u>	<u>596,640</u>

**SAHELI**  
**NOTES TO THE ACCOUNTS**  
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**6 Analysis of expenditure on charitable activities**

	Unrestricted Refuge 2023 £	Restricted Refuge 2023 £	Restricted Outreach 2023 £	Total 2023 £	Total 2022 £
Staff wages & pension, training	263,453	-	110,540	373,993	316,947
Premises	54,972	-	8,479	63,451	57,888
Project costs	44,431	-	12,460	56,891	35,784
Partnership grants	-	-	74,939	74,939	50,250
NRPF	1,750	-	-	1,750	3,521
Bad debts	-	-	-	-	4,268
HR	7,998	-	4,645	12,643	11,757
Depreciation	2,860	-	-	2,860	2,860
Governance costs (note 7)	2,880	-	-	2,880	2,880
Support costs (note 7)	20,253	-	31,621	51,874	30,638
<b>Total</b>	<b>398,597</b>	<b>-</b>	<b>242,684</b>	<b>641,281</b>	<b>516,793</b>
<b>Total 2022</b>	<b>265,318</b>	<b>-</b>	<b>251,475</b>	<b>516,793</b>	
Restricted expenditure				242,684	251,475
Unrestricted expenditure				398,597	265,318
				<b>641,281</b>	<b>516,793</b>

**7 Analysis of support & governance costs**

	Basis of apportionment	Governan	Support	Total 2023 £	2022 £
IT	Type of expense	1,186	-	1,186	1,271
Management charges	Type of expense	0	44,031	44,031	21,259
Office	Floor space	-	6,034	6,034	7,441
Bank charges	Type of expense	-	-	623	667
Independent examination	Type of expense	2,880	-	2,880	2,880
		4,066	50,688	54,754	33,518

**SAHELI**  
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**8. Cost of raising funds**

Cost of goods sold

Total 2023	Total 2022
£	£
-	-
-	-

**9. Net income/expenditure for the year**

This is stated after charging:

Depreciation

Independent examination fees

2023	2022
£	£
2,860	2860
2,880	2,880

**10. Staff cost were as follows**

Wages & salaries

Pension costs

2023	2022
£	£
361,258	307,860
12,735	9,087
373,993	316,947

1 employee earned £60,000 per annum or more.

CEO

Manager

Project Workers

Peer support worker

Domestic assistant

2023	2022
1	1
2	2
10.5	10.5
0.3	0.3
0.3	0.3
14.1	14.1

**11. Trustee remuneration and expenses, and related party transactions**

The management committee received £511 of travel and subsistence expenses during the year (2022: £574).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**SAHELI**  
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	Play Equipment £	Computers & Equipment £	Furniture & Equipment £	Total £
<b>Cost</b>				
At 01.04.2022	10,070	10,559	11,441	32,070
At 31.03.2023	10,070	10,559	11,441	32,070
<b>Accumulated Depreciation</b>				
At 01.04.2022	10,070	10,559	5,720	26,349
Charge			2,860	2,860
At 31.03.2023	10,070	10,559	8,580	29,209
<b>Net Book Value</b>				
At 01.04.2022	-	-	5,721	5,721
At 31.03.2023	-	-	2,861	2,861

**13. Creditors: Amounts due within one year**

	2023 £	2022 £
Accruals	10,017	14,225
Payroll liabilities	1,983	6,249
	<u>12,000</u>	<u>20,474</u>

**14. Debtors**

	2023 £	2022 £
Accounts receivables less bad debts	41,040	57,099
	<u>41,040</u>	<u>57,099</u>

**15. Cash at bank and in hand**

2023 £	2022 £
<u>238,733</u>	<u>305,211</u>



**SAHELI**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31st MARCH 2023**

**16. Analysis of charitable Funds**

**Analysis of movements in restricted Funds**

	Balance 1 April 2022	Incoming	Outgoing	Transfers	Balance 31 March 2023
	£	£	£	£	£
Lottery	32,421	67,145	61,806	-	37,760
Comic relief	105,873	32,246	138,119	-	-
MCC-VCS	-	35,860	35,860	-	-
Withington assist	-	2,745	1,899	-	846
The Caring family foundation	-	9,344	5,000	-	4,344
Total Restricted Funds	138,294	147,340	242,684	-	42,950
<b>Unrestricted Funds</b>					
General Funds	209,263	417,018	398,597	-	227,684
Total Unrestricted Funds	209,263	417,018	398,597	-	227,684
<b>Total Funds</b>	<b>347,557</b>	<b>564,358</b>	<b>641,281</b>	<b>-</b>	<b>270,634</b>

**Name of Restricted Funds**

Immigration  
 Comic Relief  
 Lottery Funds  
 Manchester City Council  
 Withington Assist  
 Manchester City Council VCS  
 The Caring Foundation  
 Donations

**Description, nature and purposes of fund**

Donations to supports women with no recourse to public funds  
 Partnership working with other BAMER organisations  
 Partnership working with other BAMER organisations  
 For support of refuge accomodation  
 Joint working partnership for Groupwork  
 For the For outreach support  
 For the support of evening and out of hours support  
 For support of refuge and NRPF women

**Name of Unrestricted Funds**

General Fund  
 Designated funds

**Description, nature and purposes of fund**

The "Free Reserves"  
 Redundancy cost\*

\*Note: Trustees have decided to ringfence £30,000 for potential redundancy cost from unrestricted reserves as a contingency.

**17. Analysis of Net Assets Between Funds**

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2023
	£	£	£	£
Tangible Fixed Assets	2,861	-	-	2,861
Cash at bank	195,783	-	42,950	238,733
Net Current Assets less bank less liabilities	29,040	-	-	29,040
<b>Net Assets at 31 March 2023</b>	<b>227,684</b>	<b>-</b>	<b>42,950</b>	<b>270,634</b>

**SAHELI**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31st MARCH 2023**

**18. Reconciliation of net movements in funds to net cash flow  
from operating activities**

	31/03/2023	31/03/2022
	£	£
<b>Net income/(expenditure) for the year</b>	<b>(76,923)</b>	<b>91,479</b>
Adjustments for:		
Depreciation charge	2,860	2,860
Loss/(profit) on sale of fixed assets		
Decrease/(increase) in debtors	16,059	18,847
Increase/(decrease) in creditors	(8,474)	(10,028)
	<u><b>(66,478)</b></u>	<u><b>103,158</b></u>