



SAHELI

(COMPANY LIMITED BY GUARANTEE (ENGLAND & WALES) NO: 2846843)

REGISTERED CHARITY NO: 1033067

REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

31st MARCH 2022

SAHELI
For the year ended 31st March 2022

Reference and administrative information

The charity is a company limited by guarantee and is registered with the charity commission

Company Registration Number 2846843
Charity Registration Number 1033067

Incorporated 23rd August 1993
Registered 10th February 1994

Registered office

Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ

Directors

The directors/trustees who held office during the year ended 31st March 2022 were as follows:

Shazia Bodhania (Chair)
Nabanita Gosh (Treasurer)
Nilofar Siddiqi
Zara Rahman

Senior Management Team

Priya Chopra - Chief Executive Officer
Sugra Akbar – Manager
Khalda Ali – Project manager

Bankers

Royal Bank of Scotland, 464 Wilbraham Road, Chorlton cum-hardy, Manchester, M21 1AR

Independent Examiner

Ferguson & Co, 651 Mauldeth Road West, Manchester, M21 7SA

Governing document

The company was established under a Memorandum and Article of Association which established the objects and aims of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The trustees present their report and financial statements for the year ended 31st March 2022. Included within the trustees' report is the directors' report as required by company law. Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

OBJECTIVES AND ACTIVITIES

Purposes and Aims

Saheli supports Black, Asian and Minoritised women and children who experience domestic abuse and forced marriages. Saheli provides refuge accommodation and outreach support to women living in the community.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

BENEFICIARIES OF OUR SERVICE

We have continued to support Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriages.

Our activities benefit the public by:

- Providing temporary refuge accommodation to Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriage.
- Providing telephone advice and support to Black, Asian and Minoritised women within the community
- Delivering training to raise awareness of issues of domestic abuse and forced marriages within schools/colleges/universities and organisations (voluntary and statutory).

FAMILY SUPPORT WORK

Our family support worker has been funded by the OPeNS and Withington Assist for group work for older service users. Running group work sessions to empower women and develop their skills, the group has shown a higher demand with an interest from elderly women who have been subject to abuse from partners, in laws and in some cases their children. Our one-to-one work has allowed us to offer advice and information and advocate on behalf of women to access legal support, health related support and housing to support women in independence away from abuse.

**SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2022**

NO RECOURSE TO PUBLIC FUNDS

We have had an increase in the number of referrals from women with no recourse to public funds who find themselves destitute due to domestic abuse. Having no recourse to public funds makes them extremely vulnerable as there is no financial support available for them. Last year we received donation from a well-wish whom we cannot Thank enough. The generosity and support given to us meant we were able to provide accommodation, provide food, clothing, travel expenses to many women who were fleeing domestic abuse but were unable to access benefits. We have been able to offer specialist counselling support as well as to provide accommodation.

Saheli's research report "Unequal Regard Unequal Protection" highlighted some of the issues being faced by the women who have no recourse to public funds. We have been working with the policy makers to take the recommendation from the report forward to bring about much needed change.

ACHIEVEMENTS AND PERFORMANCE

Saheli has continued its high-quality services to women and children fleeing domestic abuse and forced marriages.

Saheli has continued to support women and children from the Black, Asian and Minortised communities to be safe where they are at risk of violence and abuse. We do this by providing safe and secure accommodation advice, information, guidance, and advocacy; and opportunities to attend group work, counselling sessions, empowerment workshops, volunteering and learn new skills.

REFUGE

It has been a busy year for the refuge, which has been fully occupied for most of the year. Women have presented with various situations including, forced marriages, honour-based violence and domestic abuse. The issues they have been faced with has been homelessness, destitution, isolation, mental health, low self-esteem and confidence and overall requiring a place of safety. Covid has disrupted the move on for some women however our support through this period has kept women strong and ready for independent living.

Saheli managed to secure additional funding from Manchester City Council to employ additional staff for the refuge. We successfully recruited a children's worker, helpline worker and a complex needs worker. This has been a huge development for us, reaching out further on a one-to-one basis for women and children in need.

Our extended telephone helpline had allowed many women to access our services who struggle during core office hours. The extended hours have been to meet this additional need which has seen an increase in the number of women seeking our support. These successful projects have shown our success in meeting our plans for the future, goals set by the organisation.

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FOR THE YEAR ENDED 31st MARCH 2022**

OUTREACH SERVICE

Saheli has continued to strengthen its outreach service, successfully receiving funding for further projects from the lottery, comic relief and successful partnership with Withington assist.

SO SAFE PROJECT

Saheli has been working in partnership with Bury Active Women's Project and Rochdale Women's Welfare Association in So Safe Outreach Project are supporting women from Black, Asian and minority communities who have experienced forced marriage, domestic abuse, and honour based abuse. Many of the service users who are accessing the service are migrant women who have no recourse to public funds.

As part of So Safe Project Saheli has been providing One to One specialist outreach support and group work for Black, Asian and Minoritised women fleeing DV, FM and HBV, this is being offered through 3 different locations: Trafford, Bury and Rochdale. We have set up a separate group for 30 service users from Afghanistan.

Our Helpline Support and Advice Line for women fleeing domestic abuse has been very busy and we have received over 5,000 calls for support, information, and advice in the year. Many of the service users accessing the helpline have multiple and complex needs. These include issues relating to domestic abuse as well as immigration, high level of mental health needs, housing, substance use, safeguarding and child protection issues.

Our Peer Support Workers have been working with the outreach team to support many complex cases, many of whom have intersectional needs. We have seen a high rise in food poverty of those seeking help from us, both for the outreach and refuge provision. This has meant that we have been contacting food banks for vouchers and our supporters for donations of food, clothing as well as additional funds.

We also saw many women who were trying to escape the domestic abuse situation not having money to buy bus and rail tickets. We were able to access 'Rail to Refuge', a Women's Aid project supporting women who are struggling to leave abusive situations.

Our Outreach Worker with specific training responsibility has led on recruiting 20 women for Peer Mentoring & Mental Health training. They completed 8 weeks training and are now being further upskilled with training in Safeguarding, Confidentiality, HBV, FM, Mental Health, First Aid and also enrolling on the Freedom programme.

OPeNs MCC Funded Group Work:

We have worked in partnership with many other organisations to involve women from Black, Asian and Minoritised communities. These have included working with older women through Withington Assist, Withington Library, Ladybarn Community Centre, Welcome Centre, Inspire Leverhulme, Burnage Women's Group, Bury Active Women's Centre, and Rochdale Women's Welfare Association.

Awareness raising sessions were delivered to a local doctors' group in South Manchester so they could cascade the information about our work and support available through the SO SAFE Project. We have been asked to do similar sessions in Central and North Manchester. We are currently exploring opportunities to use similar awareness raising sessions in Bury, Trafford and Rochdale.

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We held fortnightly Coffee Mornings in different locations to raise awareness on domestic abuse and involve women in the community to get involved. Many women in the community along with many of our service users have enrolled in the training for peer mentors as a result of these sessions.

The differences we are making

195 women attended group work sessions and connected with other women who were going through domestic abuse situation. Women connected with each other through group support sessions to share solutions and improve their support networks. The sessions included the following activities and number shows how many service users attended the sessions:

- 20 Peer Mentors attending eight-week training sessions on becoming peer mentors.
- 8 Cycling Session were attended by eight women over the period of 12 weeks.
- 16 Yoga Sessions were delivered in Manchester, Bury and Trafford group work.
- 4 Online yoga were delivered to four women who could not access face to face
- 6 Art Session Withington Library were delivered.
- 8 CHAC-Advice training 1 day week
- 18 Relaxation Classes from BUZZ – funded by NHS (12-week course)
- 8 Walking sessions were delivered in partnership with Withington Assist
- 11 Volunteers training – Safeguarding, confidentiality, leadership.
- 30 Sewing -Afghan women's group- Caritas Project has been running for ten weeks.
- 8 Sewing- Withington Library group and empowerment sessions on enterprising.
- 16 Sewing -Bury Active Women's Group
- 16 Afghan and Withington group Face Painting was organised for children.
- 20 Afghan women's and SO SAFE Women's Group on employment and volunteering.
- 15 Domestic Abuse Awareness Training x 4 sessions across Manchester, Bury, Rochdale
- 12 Healthy Relationship sessions

We have had several cases where team members have had to work with Local Authority safeguarding teams, make a referral to the multi-agency risk assessment team (MARAC), work with the Police and Homeless Families Unit's Women's Direct Access Centre to ensure women are safely accommodated when refuge space is not available. We were able to ensure that women had access to Social Worker and Saheli Outreach Worker support during this very difficult transition period.

28 women with complex needs received in-depth support and have a safety plan and receive therapy support through the SO SAFE Project. Some presented with high mental health needs including self-harm. We saw and increased number of sexual abuse cases and women who had no recourse to public funds who had experienced domestic abuse. The Outreach team worked with primary care and safeguarding teams as well as Mental Health Gateway to undertake assessments and we provided support in different languages including Urdu, Punjabi, Bengali and Arabic from our in-house counsellors. The SO SAFE team worked tirelessly to ensure women were safe, had access to our helpline, food, travel money to leave the abusive situation and were able to secure refuge space. They worked with the women to ensure they were supported to give statements to the Police and have access to legal advice.

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Our project evaluation (attached) demonstrates that women reported improved resilience, coping mechanisms, capacity to live independently and be more positive about their life chances. Highlights include:

- 97.7% reporting satisfaction (6, 8 or 10 on the decimal scale) with an average rating of 9.01.
- 96.9% positively rating the approach of the volunteers/staff with an average rating of 9.01.
- 97.7% reporting improved understanding that they are not to be blamed for the domestic abuse experienced with an average rating of 8.35.
- 96.2% saying that support made them more positive about their life chances with an average rating of 8.47.
- 95.4% that involvement helped improve their resilience and coping mechanisms with an average rating of 8.15.
- 95.4% that involvement enabled them to better access further education, volunteering and job opportunities with an average rating of 8.21.
- Average rating of confidence about life chances rising from 2.90 to 8.73.
- 94.7% that involvement helped reduce their social isolation with an average rating of 8.41.
- 98.5% that involvement strengthened their feeling of being part of a community with an average rating of 8.49.

19 of 20 participants in the Peer Mentoring Training completed the evaluation and the results showed good impact. Strength of mentoring skills rose from an average of 3.47 before to 8.00 after the course with confidence in mentoring rising from 3.89 to 8.11. The full evaluation, with comments, is attached

Looking at the data, progress has been good, and it shows the positive effectiveness of our approach. We did this by offering various courses and delivered them to the groups we created in the community. Involving the women in decision making in the groups on what they would like to learn, also encouraged them to make choices and feel confident and empowered. We made them feel like they belonged to part of a safe community, so they felt safe to return every week to the group.

We gave the women the opportunity to choose what they wanted to do in the groups, as it was important for them to feel they were part of the group and feel empowered and it gave them the confidence to be more vocal and share ideas and skills.

As a collective Partnership we shared resources so we could deliver the best we possibly could across the board on all the outcomes.

Our use of Counsellors to support women in Urdu, Punjabi, Arabic and Bengali has been very successful and we recognise that we should also have Somali and other languages on offer.

We are planning to more partnership with other organisations and will continue to develop this way of working within So Safe Partnership providing training and group work sessions through virtual and face to face session. It is new way of working and we are learning to ensure we reach those women who would have not otherwise been able to part of training or group work.

Our Domestic Abuse awareness sessions for service users in our Manchester and Trafford groups ensured in addressed the sensitive nature of domestic abuse and was culturally appropriate. However, in Bury and Afghanistan women's group we struggled as we found women were hesitant and we had low taken up to the training sessions on these culturally sensitive topics. It was recognised that we should start with activities that build confidence and relationships before addressing more sensitive issues. This will better enable women to address healthy relationships and feel empowered to both

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Champa Champion :

Champa Champion is a partnership between Saheli, Apna Haq, Humraaz and Rochdale Women's Welfare Association. We are proud to have reached so many women in the community across the 4 boroughs of Blackburn, Manchester, Rotherham and Rochdale. We have supported them to move onto Independence and enabled them to live a life free from abuse.

- Through Champa Champion project Women are managing to reduce isolation through the group sessions which in turn is having a positive impact on their mental health and wellbeing. Through evaluation, women have told us they feel less stressed after attending the groups. The sessions have reduced their isolation and improved their social interactions. The women have improved mental health and wellbeing both physically and mentally.
- The sessions we run have put them in good stead to not only become Champa Champions but not also pursue employment in the many sectors of the economy and at the same time gaining confidence in their own abilities.
- We have also recruited volunteers who have successfully have gone onto facilitating groups they once attended as service users. Essentially becoming Champa Champions.
- We have created 4 training packages which we are looking at rolling out to external agencies, such as doctors surgeries, hospitals, schools, mosques across the 4 boroughs.
- Setting up new community groups and being able to reach a wider target group has been very rewarding.
- Working collectively and sharing knowledge and experience has been rewarding and fulfilling.
- As a consortium, being able to challenge policy makers on a national level on issues affecting Black & Minoritised women has been rewarding.
- 16 Days of Activism – Saheli initiated 16 days of activism campaign against gender based violence. This is an international annual campaign focusing on the elimination of violence against women. This campaign brought all our Partner organisations together to convey the message that women should not be subjected to any form of violence.
- We have celebrated multi faith days ensuring inclusion of all the various minority groups we work with. This enables everyone to understand other customs and cultures and religions.

DATA COLLECTION

Our lamplight system has provided detail information on the journey a woman has taken from the start of her support journey with us. Measuring risk and support needs, the system has allowed us to see a woman's journey at a glance. This system is now used by the refuge and the outreach project.

FUNDING

We would like to say a very big thank you to our funders, who have supported our activities by funding our projects and increasing our capacity.

- Manchester City Council
- The Big Lottery Fund,
- Comic relief
- Individual donors
- TNL Community Fund

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PLANS FOR THE FUTURE

Saheli's plans include:

- ***We plan to secure additional accommodation for women with NRPF***
- To continue to run group activities for elderly women in other areas of Manchester
- Hold a fundraising event annually to raise funds for our no recourse project
- To develop our aftercare services for our service users who leave the refuge accommodation.

Strategy

Our business plan had a focus on developing a social enterprise which would benefit our service users, allowing them to access opportunities to develop their existing skills and learn new skills which would allow them to access further education or employment or to work towards setting up a self-employed business. This is now developed, and the income raised is being put back into the project to develop it further.

RELATED PARTY AND RELATIONSHIP WITH OTHER ORGANISATIONS

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. Saheli has affiliation to the Women's Aid Federation of England.

FINANCIAL REVIEW

Saheli is currently funded through Manchester City Council for the core costs of the refuge 1. Our total reserves for Saheli as at 31st March 2022 are £347,557 (£Restricted: £138,294) (2021: £256,078) out of which the Restricted balance is £77,136 (2020: £16,681).

Reserves policy

Saheli has a reserves policy which is used to inform our reserves position. We have unrestricted reserves of 6 months running costs for the refuge provision.

Investment policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

Principal funding sources

The principal funding sources for the charity are currently by way of grant income from Manchester City Council, Big Lottery Fund, Comic relief, TNL Community Fund and Housing Benefit.

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TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2022**

Company status

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Trustees

The trustees are directors of the charity and, under the company's Articles, are known as Board members with voting rights. They have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. The trustees undertake a skills audit to identify gaps in Board experiences and new trustees are appointed on a 3-year term to fill these gaps. There is an induction and training plan in place for all trustees to strengthen their role in strategic planning. Trustees are also able to access the organisational training plan and attend any that they feel would be beneficial to their role and/or understanding.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, members of the Management Committee shall hold office until the end of Annual General Meeting next following their election appointment or co-option and shall be eligible for re-election or re-co-option.

Recruitment and Appointment of Trustees

The committee are elected annually at the Annual General Meeting.

Trustee Induction and Training

Saheli management committee hear about Saheli through our annual report, word of mouth and the networking Saheli does. Saheli's management committee is recruited following all recruitment process and a successful Induction.

All the management committee members are given an induction when they start which gives them up to date information on our services, finances, funding streams, organisational policies and procedures, code of conduct and training on our quality assurance standards. Training is provided for the management committee on roles and responsibilities of a trustee, domestic abuse/forced marriages and other relevant training identified to assist and support the work of the trustees.

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Risk Management

We have developed policies and procedures to manage the risk within the organisation at all levels. The risk management policy has been developed to address the various risks facing the organisation and these are reviewed on a regular basis. Actions are identified based on risk factors with a follow up to ensure relevant steps have been taken to identify/reduce and manage risk.

Organisational Structure

The organisation is managed by the management committee who have the responsibility for the overall management of the project.

Organisational structure is as follows;

- Chief Executive Officer
- Managers
- Project workers
- Outreach workers
- Social enterprise worker
- Volunteers

Remuneration policy for key management personnel

The remuneration package for all personnel comprises of a basic salary and contribution to a pension scheme. The charity is subject to auto-enrolment and contributions are currently made as agreed by the trustees.

Risk management

The trustees consider all major risks to which the charity is exposed and are satisfied that the procedures in place to manage them are adequate and effective. The senior management take delegated responsibility on behalf of the Board of Trustees for ensuring that there is an effective framework for accountability; for examining and reviewing all systems and methods of control, both financial and otherwise, including risk analysis and risk management; and for ensuring the charitable company is complying with all aspects of the law, relevant regulations and good practice. The charity regularly reviews its risk register in light of internal and external environmental changes and makes changes where necessary.

Funds held as custodian trustee on behalf of others

The charity has not acted as custodian trustee for any other charity during the period.

**SAHELI
TRUSTEES REPORT
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STRUCTURE, GOVERNANCE AND MANAGEMENT

Directors / Trustees Responsibilities

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company end of its profit or loss of the company for that period.

In preparing the accounts, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any time, the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the company and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors report is prepared in accordance with the small companies' regime under part 15 of the Companies Act 2006.

Registered office

Oakland House, 1stth Floor, Old Trafford, Manchester, M16 0PQ
Signed on Behalf of the Board:



**Chair
Shazia Bodhanla**

Date: 20.12.2022

SAHELI**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAHELI
FOR THE YEAR ENDED 31st MARCH 2022**

I report on the accounts of the company for the year ended 31st March 2022 which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

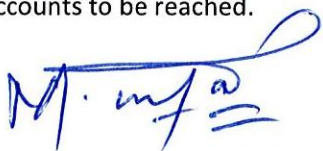
Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Muhammad Tayyab, Ferguson & Co
651 Mauldeth Road West, Manchester, M21 7SA

Dated: 21/12/2022

SAHELI

STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Year Ended 31.03.22 Total Funds £	Year Ended 31.03.21 Total Funds £
INCOMING RESOURCES					
Incoming Resources from generated funds:					
Activities for generating funds:					
Donations & Other Income	3	8,111	3,521	11,632	17,853
charitable activities:					
	5				
Refuge		287,528	-	287,528	407,690
Outreach		-	309,112	309,112	399,192
Other trading activities	4	-	-	-	-
Total Incoming resources		295,639	312,633	608,272	824,735
RESOURCES EXPENDED					
Raising funds	8	-	-	-	-
Charitable Activities:	6				
Refuge		265,318	-	265,318	332,049
Outreach		-	251,475	251,475	352,301
TOTAL RESOURCES EXPENDED		265,318	251,475	516,793	684,350
Net movement in funds		30,321	61,158	91,479	140,385
Transfers between funds		-	-	-	-
RECONCILIATION OF FUNDS					
Total Funds Brought Forward	16	178,942	77,136	256,078	115,693
Prior year adjustment					
TOTAL FUNDS CARRIED FORWARD		209,263	138,294	347,557	256,078

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 22 form part of these accounts.

SAHELI

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022		2021	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	12		5,721		8,581
CURRENT ASSETS					
Debtors & Prepayments	14	57,099		75,946	
Cash at Bank and in Hand	15	305,211		202,053	
		<u>362,310</u>		<u>277,999</u>	
LIABILITIES:					
Amounts falling due within one year	13	<u>(20,474)</u>		<u>(30,502)</u>	
NET CURRENT ASSETS			341,836		247,497
NET ASSETS			<u><u>347,557</u></u>		<u><u>256,078</u></u>
ACCUMULATED FUNDS					
Restricted Funds	16		138,294		77,136
<u>Unrestricted Funds</u>	16				
General funds			179,263		148,942
Designated funds			30,000		30,000
Total unrestricted funds			<u>209,263</u>		<u>178,942</u>
Total charity funds			<u><u>347,557</u></u>		<u><u>256,078</u></u>

For the year in question the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required The company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small companies, and the Financial Reporting Standards for Smaller Entities.

Approved on Behalf of the Board

Date: 20/12/2022

Director

Shazia Bodhania

Date: 17/12/22

Director

Nabanita Ghosh

The notes on pages 15 to 22 form part of these accounts.

SAHELI**STATEMENT OF CASH FLOWS****FOR THE YEAR ENDED 31 MARCH 2022**

	Note	2022 £	2021 £
Cash provided by / (used) in operating activities	18	103,158	109,785
Cash flows from Investment activities:			
Interest		-	-
Purchase of tangible fixed assets			11,441
Net cash provided by Investment activities		<u>-</u>	<u>11,441</u>
Increase/(decrease) in cash and cash equivalents during the year		103,158	98,344
Cash and cash equivalents at the beginning of the year		202,053	103,709
Cash and cash equivalents at the end of the year		<u>305,211</u>	<u>202,053</u>

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of accounting

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

SORP FRS 102

Saheli meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

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Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Current asset investments

The charity holds no investments

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities.

Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Fixtures & Equipment	25% on cost
Computers & Equipment	25% on cost
Play Equipment	25% on cost

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Stock

Stock is included at the lower of cost or net realisable value. In general, cost is determined on a first in, first out basis. Net realisable value is the price at which stocks can be sold in the normal course of business after allowing for the costs of realisation. Provision is made where necessary for obsolete, slow moving, and defective stocks. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and at hand

The charity's cash at bank and in hand includes the availability of funds as at 31st March 2022.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions

Employees of the charity have been auto enrolled onto a pension scheme to which the charity contributes 6%.

2. Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

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NOTES TO THE ACCOUNTS
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3. Income from donations and legacies

	Unrestricted	Restricted	Total 2022 £	Total 2021 £
Donations	7,993	3,403	11,396	17,853
Total	7,993	3,403	11,396	17,853
Total by fund at 31 Mar 2021	17,853	-	17,853	

4. Income from other trading activities

Catering sales	-	-
	-	-

All income from other trading activity is unrestricted

5. Incoming resources from Activities to further the Charity's Objects

	Unrestricted Refuge £	Restricted Refuge £	Restricted Outreach £	Total Funds 2022 £	Total Funds 2021 £
Big Lottery	-	62,187	-	62,187	242,407
Lloyds TSB	-	-	-	-	28,670
Manchester City Council	124,728	-	-	124,728	75,117
Donation	-	-	-	-	17,853
MCC - Equalities	-	35,860	-	35,860	35,860
Imkaan	-	-	-	-	32,500
MCHLG	-	-	-	-	68,826
Rosa fund	-	-	-	-	34,890
Northern project	-	-	-	-	7,751
Comic relief	-	208,065	-	208,065	45,784
Smallwood	-	-	-	-	35,273
Womens Aid	-	-	-	-	20,618
Withington assist	-	3,000	-	3,000	-
Social change	-	-	-	-	7,191
	124,728	309,112	-	433,840	652,740
Fees and other Income					
Rents	125,423	-	-	125,423	109,555
Others	37,377	-	-	37,377	62,440
	162,800	-	-	162,800	171,995
Total	287,528	309,112	-	596,640	824,735
Total 2021	264,965	160,578	399,192	824,735	

	2022 £	2021 £
Restricted income	287,528	559,770
Unrestricted income	309,112	264,965
	596,640	824,735

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NOTES TO THE ACCOUNTS
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6 Analysis of expenditure on charitable activities

	Unrestricted Refuge 2022 £	Restricted Refuge 2022 £	Restricted Outreach 2022 £	Total 2022 £	Total 2021 £
Staff wages & pension, training	160,503	-	156,444	316,947	344,151
Premises	52,851	-	5,037	57,888	39,276
Project costs	19,920	-	15,864	35,784	90,025
Partnership grants	-	-	50,250	50,250	131,656
NRPF	-	-	3,521	3,521	1,186
Bad debts	4,268	-	-	4,268	-
HR	8,157	-	3,600	11,757	2,903
Depreciation	2,860	-	-	2,860	2,860
Governance costs (note 7)	1,440	-	1,440	2,880	2,880
Support costs (note 7)	15,319	-	15,319	30,638	69,413
Total	265,318	-	251,475	516,793	684,350
Total 2021	185,035	147,014	352,301	684,350	
Restricted expenditure				251,475	499,315
Unrestricted expenditure				265,318	185,035
				516,793	684,350

7 Analysis of support & governance costs

	Basis of apportionment	Governance	Support	Total 2022 £	Total 2021 £
IT	Type of expense	-	1271	1,271	400
Management charges	Type of expense	11,277	9,982	21,259	55,850
Office	Floor space	-	7,441	7,441	-
Bank charges	Type of expense	667	-	667	-
Independent examination	Type of expense	1,440	1440	2,880	16,043
		13,384	20,134	33,518	72,293

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	Total 2022	Total 2021
	£	£
8. Cost of raising funds		
Cost of goods sold	-	-
	<u>-</u>	<u>-</u>

9. Net income/expenditure for the year

	2022	2021
	£	£
This is stated after charging:		
Depreciation	2,860	2860
Independent examination fees	2,880	2,880
	<u>2,880</u>	<u>2,880</u>

10. Staff cost were as follows

	2022	2021
	£	£
Wages & salaries	307,860	332,319
Pension costs	9,087	11,762
	<u>316,947</u>	<u>344,081</u>

No employee earned £60,000 per annum or more.

	2022	2021
CEO	1	1
Manager	2	2
Project Workers	10.5	3.5
Peer support worker	0.3	0.3
Domestic assistant	0.3	0.3
	<u>14.1</u>	<u>7.1</u>

11. Trustee remuneration and expenses, and related party transactions

The management committee received £574 of travel and subsistence expenses during the year (2021: £574).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

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12. Tangible Fixed Assets

	Play Equipment £	Computers & Equipment £	Furniture & Equipment £	Total £
Cost				
At 01.04.2021	10,070	10,559	11,441	32,070
Additions				0
Disposals				-
At 31.03.2022	10,070	10,559	11,441	32,070
Accumulated Depreciation				
At 01.04.2021	10,070	10,559	2,860	23,489
Charge			2,860	2,860
Eliminated on Disposals				-
At 31.03.2022	10,070	10,559	5,720	26,349
Net Book Value				
At 01.04.2021	-	-	8,581	8,581
At 31.03.2022	-	-	5,721	5,721

13. Creditors: Amounts due within one year

	2022 £	2021 £
Accruals	14,225	25,584
Payroll liabilities	6,249	4,918
	<u>20,474</u>	<u>30,502</u>

14. Debtors

	2022 £	2021 £
Accounts receivables less bad debts	57,099	75,946
	<u>57,099</u>	<u>75,946</u>

15. Cash at bank and in hand

2022 £	2021 £
<u>305,211</u>	<u>202,053</u>

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16. Analysis of charitable Funds

Analysis of movements in restricted Funds

	Balance 1 April 2021	Incoming	Outgoing	Transfers	Balance 31 March 2022
	£	£	£	£	£
Donations	-	3,521	3,521	-	-
Withington asslst	-	3,000	3,000	-	-
Lloyds TSB	8,000	-	8,000	-	-
MCHLG	-	-	-	-	-
Imkaan	23,644	-	23,644	-	-
Rosa fund	17,495	-	17,495	-	-
Smallwood	-	-	-	-	-
Womens Aid	-	-	-	-	-
Lottery	-	62,187	29,766	-	32,421
Comic relief	20,660	208,065	122,852	-	105,873
MCC-VCS	2,543	35,860	38,403	-	-
Social change	4,794	-	4,794	-	-
Total Restricted Funds	77,136	312,633	251,475	-	138,294
Unrestricted Funds					
General Funds	178,942	295,639	265,318	-	209,263
Total Unrestricted Funds	178,942	295,639	265,318	-	209,263
Total Funds	256,078	608,272	516,793	-	347,557

Name of Restricted Funds	Description, nature and purposes of fund
Immigration	Donations to supports women with no recourse to public funds
Lottery Funds	Partnership working with other BAMER organisations
Lloyds TSB	For family support work
Manchester City Council	For the social enterprise project
Donation	For support of refuge and NRPF women
Name of Unrestricted Funds	Description, nature and purposes of fund
General Fund	The "Free Reserves"
Designated funds	Redundancy cost*

*Note: Trustees have decided to ringfence £30,000 for potential redundancy cost from unrestricted reserves as a contingency.

17. Analysis of Net Assets Between Funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2022
	£	£	£	£
Tangible Fixed Assets	5,721	-	-	5,721
Cash at bank	166,917	-	138,294	305,211
Net Current Assets less bank less liabilities	36,625	-	-	36,625
Net Assets at 31 March 2022	209,263	0	138,294	347,557

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18. Reconciliation of net movement in funds to net cash flow from operating activities

	31/03/2022 £	31/03/2021 £
Net income/(expenditure) for the year	91,479	140,385
Adjustments for:		
Depreciation charge	2,860	2,860
Loss/(profit) on sale of fixed assets		
Decrease/(increase) in debtors	18,847	(44,821)
Increase/(decrease) in creditors	(10,028)	11,361
	103,158	109,785