SAHELI

England & Wales · Charity number 1033067

Details

Status	Registered
Legal form	Charitable company
Company number	02846843
Registered	1994-02-10
Register	View on the Charity Commission register

Contact

Address	Oakland House 1st Floor Talbot Road Old Trafford Manchester
Phone	01619454187
Email	saheliltd@btconnect.com
Website	www.saheli.org.uk

Activities

Objects: THE RELIEF OF POVERTY AND THE RELIEF OF MENTAL AND PHYSICAL DISTRESS AMONGST WOMEN,IN PARTICULAR ASIAN WOMEN WHO HAVE BEEN MALTREATED BY THEIR HUSBANDS OR BY THE MEN WITH WHOM THEY ARE OR HAVE BEEN LIVING AND AMONGST THE CHILDREN OF SUCH WOMEN, IN PARTICULAR BY THE PROVISION OF TEMPORARY HOSTEL ACCOMMODATION

Activities: Saheli is an asian women's refuge that provides safe temporary accomodation to asian women and children fleeing domestic violence.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Accommodation/housing
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups

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Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£575,104	£564,776	£251,986	14
2024-03-31	£536,505	£565,481	£241,658	14
2023-03-31	£564,358	£641,281	£270,634	14
2022-03-31	£608,272	£516,793	£347,557	10
2021-03-31	£824,735	£684,350	£256,078	7

Trustees

Name	Role	Appointed
ALDERMAN NILOFAR SIDDIQI JP		2017-11-01
SHAZIA BODHANIA		
Sharmila Frances Kaur		2023-03-01
Zara Afreen Rahman		2021-11-01

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SAHELI

England & Wales - Charity number 1033067

Accounts

SAHELI

(COMPANY LIMITED BY GUARANTEE (ENGLAND & WALES) NO: 2846843

REGISTERED CHARITY NO: 1033067

REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

31st MARCH 2025

SAHELI
For the year ended 31st March 2025

Reference and administrative information
The charity is a company limited by guarantee and is registered with the charity commission

Company Registration Number 2846843 — Incorporated 23rd August 1993
Charity Registration Number 1033067 — Registered 10th February 1994

Registered office
Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ

Directors
The directors/trustees who held office during the year ended 31st March 2024 were as follows:

Shazia Bodhania (Chair)
Nilofar Siddiqi
Zara Rahman
Sharmila Kar Appointed 1st March 2023

Senior Management Team
Priya Chopra - Chief Executive Officer
Sugra Akbar – Manager

Bankers
Royal Bank of Scotland, 464 Wilbraham Road, Chorlton cum-hardy, Manchester, M21 1AR

Independent Examiner
Ferguson & Co, 651 Mauldeth Road West, Manchester, M21 7SA

Governing document
The company was established under a Memorandum and Article of Association which established the objects and aims of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The trustees present their report and financial statements for the year ended 31st March 2025. Included within the trustees report is the directors' report as required by company law. Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2025

OBJECTIVES AND ACTIVITIES

Purposes and Aims

Saheli supports Black, Asian and Minoritised women and children who experience domestic abuse, honour-based abuse and forced marriages. Saheli provides refuge accommodation and outreach support to women living in the community. We run group work in the community empowering women to make informed choices to live life free from Domestic Abuse.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

BENEFICIARIES OF OUR SERVICE

We have continued to support Black, Asian and Minoritised women and their children fleeing domestic abuse, Honour based and forced marriages.

Our activities benefit the public by:

- Providing temporary refuge accommodation to Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriage.
- Providing telephone advice and support to Black, Asian and Minoritised women within the community
- Delivering training to raise awareness of issues of domestic abuse and forced marriages within schools/colleges/universities and organisations (voluntary and statutory).
- Providing outreach support to women and their children who need support on a practical and emotional level.

NO RECOURSE TO PUBLIC FUNDS

We have had an increase in the number of referrals from women with no recourse to public funds who find themselves destitute due to domestic abuse. Having no recourse to public funds makes them extremely vulnerable as there is no financial support available for them.

Generous donations from the community mean we can further support women with no recourse to public funds by providing emergency accommodation, food, clothing and travel expenses.

ACHIEVEMENTS AND PERFORMANCE

Saheli has continued its high-quality services to women and children fleeing domestic abuse and forced marriages.

Saheli has continued to support women and children from the Black, Asian and Minoritised communities to be safe where they are at risk of violence and abuse. We do this by providing safe and secure accommodation advice, information, guidance, and advocacy; and opportunities to attend group work, counselling sessions, empowerment workshops, volunteering and learning new skills.

REFUGE

It has been a busy year with 3 of our refuges, being fully occupied and having increased capacity, this has meant we have supported up to 15 women and families at any one time, ensuring women and their children are safeguarded and provided with emergency accommodation and safeguarding referrals where needed.

Women have presented with various situations including, forced marriages, honour-based violence and domestic abuse. The issues they have been faced with has been homelessness, destitution, isolation, mental health, low self-esteem and confidence and overall requiring a place of safety.

Refuge success

Saheli had an extension to our funding from Manchester City Council for the project posts of our complex need's worker, children's worker and helpline worker which has meant more in-depth work on a one-to-one basis and reaching out to more women and children requiring the support.

We successfully secured funding for groupwork which has allowed inhouse groupwork sessions within the refuge accommodation as well as outreach.

The service users benefitted from a residential week which allowed women to have a break from the refuge environment and attend activities and sessions which has allowed them to develop their skills, benefit from mehndi sessions, head massages, cooking foods from various cultures and learning about different cultures as well as developing social skills and building networks.

HELPLINE

Helpline – it has been an extremely busy period requiring us to extend our helpline for a prolonged period to ensure those not able to access during the day can have access to support via the helpline during the evening.

We have collected data to support the need for the service which has focused on various information allowing us to identify further needs of those accessing the helpline.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2025
MULTIPLE AND COMPLEX NEEDS WORK

Complex needs worker – has been working with women within the community facing multiple issues. Work has taken place to support women with high mental health needs, NRPF, legal issues, debt etc. Many of the women have been experiencing anxiety, depression and trauma of having experienced domestic abuse and honour-based abuse for prolonged period of time. Complex Needs worker has ensured they are able to access counselling support as well as trauma informed support. Having access to Bengali, Urdu, Punjabi and Arabic speaking counsellor has been great help and has ensured they are able to provide addition support as and when need by the service users.

CHILDRENS WORK

Our Children's worker has been working with the children providing one to one support, group activities, support with enrolling in the schools as well as other practical support.

There have been various activities taking place with a focus on sessions to meet the needs of different age groups with different needs being one to one and group work.

The Children`s worker has adapted various learnings and connected with organisations to build the support networks to be able to provide a holistic support service to the children and young people.

All the children we supported had experienced or witnessed domestic abuse and exhibited some behavioural challenges, utmost care was taken to ensure that all activities were trauma-sensitive and culturally appropriate. The focus of most activities was to provide a pleasant and informative experience to promote happiness, enhance social skills, and improve physical and mental fitness.

OUTREACH SERVICE

Saheli has continued to strengthen its outreach service, successfully receiving funding for further projects from the lottery, comic relief and successful partnership with Withington assist.

OMVCS Project: This is a project funding by Manchester City Council VCS team to support Saheli service users who have moved on from domestic abuse situation to set up independent life. As part of this project Saheli supported women presenting with various needs and group work sessions were set in various locations to ensure a higher attendance and reach over locations where there is a need for the groupwork.

Women survivors of Domestic Abuse and Honour Based abuse attended regular group work sessions and received one to one support. We took out several protection orders to protect the mother and children leaving abusive relationships.

Saheli offered a range of volunteer training to service users, including career guidance, assistance with CV building, completing online application forms, job interview preparation, and ESOL classes. Additionally, the training covered how to set up online businesses and create digital enterprises to empower participants in achieving their personal and professional goals.

Some of the sessions delivered included:

- Mental health sessions
- Breathing exercises
- Yoga sessions
- Healthy walks and meditation
- Practising Breathing Exercises
- Developing healthy eating habits
- Joining well-being walks
- Delivering Peer mentor training to all volunteers. They were also encouraged to attend ESOL classes. CV preparation, interview skills, job search, education and employment education and job fair

SO SAFE PROJECT

Saheli has continued working in partnership with Bury Active Women's Project and Rochdale Women's Welfare Association in So Safe Outreach Project, who are supporting women from Black, Asian and minority communities who have experienced forced marriage, domestic abuse, honour-based abuse. Many of the service users who are accessing the service are migrant women who have no recourse to public funds.

Throughout 2024–2025, Saheli Women's Project delivered impactful sessions addressing domestic abuse, mental health, cultural awareness, and employability. Our efforts reached diverse audiences across Greater Manchester and beyond, creating safer, more informed communities. We continue to grow partnerships, build trust, and deliver culturally responsive services for women from minoritised communities.

We also delivered specialist programs:

- Domestic violence awareness for employers like Back to Work, Ingeus Restart, and Drax Corporation (UK & US audiences).
- Creative and wellbeing courses in partnership with Trafford Council, boosting social confidence and employability.
- Advocacy and cultural awareness training for community leaders, Imams, and women's organisations.
- Mental health and resilience workshops in Bury, Rochdale, and Manchester, improving confidence, reducing isolation, and fostering healthy relationships.
- Research collaborations with the University of Manchester and contributions to national policy discussions at the IGPP Conference.

Through community events—International Women's Day, heritage celebrations, health awareness days—and ongoing partnerships with schools, councils, NHS, and grassroots organisations, Saheli strengthened the social fabric around survivors, making communities more informed and compassionate.

The year also brought deeply personal transformations. One such story, *From Fear to Freedom*, told of "S," a British-born woman with disabilities who, after years of coercive control, rebuilt her confidence, learned new skills, and now lives independently with her daughters.

Our Peer Support Workers have been working with the outreach team to support many complex cases, many of whom have intersectional needs. We have seen a high rise in food poverty of those seeking help from us, both for the outreach and refuge provision. This has meant that we have been contacting food banks for vouchers and our supporters for donations of food, clothing as well as additional funds.

The Lotus Hub Partnership

Saheli worked in partnership with four other Black and minority women's organisation in Home Office funded and GMCA supported partnership project called Lotus Hub. Partnership was made up of Safety4Sisters, Olive Pathway, Rochdale Women's Welfare Association and Nestac. Lotus Hub supported ethnically minoritised women (18+) across Greater Manchester who have experienced violence and abuse from partners, husbands and family. The project worked with all visa types of women including refugees and asylum seekers, including those with no recourse to public funds. Specialist support was provided to women who had experienced domestic abuse, forced marriage, honour-based abuse, FGM and Domestic Servitude.

Training for Service Users and Volunteers:

As a part of our ongoing work, we partnered with Gloucestershire College to deliver a 12 -week Functional Skills course, equipping 15 attendees x2 with valuable skills and Pearson Edexcel qualifications. Additionally, we ran employability sessions.

Training for Volunteers:

We delivered a four-week refresher course for our volunteers in Manchester. This training reinforced key aspects of volunteer roles and responsibilities, while also focusing on peer support skills. The sessions aimed to strengthen volunteer confidence and capability in supporting domestic abuse survivors through Saheli services. 12 volunteers and peer mentors attended the training and were presented with certificates.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2025

University of Manchester Research Collaboration:

Saheli collaborated with Manchester university on a global health research project. We recruited and supported eight service users to participate in a focus group on health inequalities. Interpreters were provided, and the session amplified the voices of minority women in academic research.

As a collective Partnership we shared resources so we could deliver the best we possibly could across the board on all the outcomes.

Our use of Counsellors to support women in Urdu, Punjabi , Arabic and Bengali has been very successful and we recognise that we should also have Somali and other languages on offer.

We are planning to continue to partnership with other organisations and will continue to develop this way of working within So Safe Partnership providing training and group work sessions through virtual and face to face session. It is a new way of working and we are learning to ensure we reach those women who would have not otherwise been able to be part of training or group work.

DATA COLLECTION

Our lamplight system has provided detailed information on the journey a woman has taken from the start of her support journey with us. Measuring risk and support needs, the system has allowed us to see a woman's journey at a glance. This system is now used by the refuge and the outreach project.

FUNDING

We would like to say a very big thank you to our funders, who have supported our activities by funding our projects and increasing our capacity.

- Manchester City Council
- The Community Fund,
- Individual donors
- Home Office and GMCA
- Smallwood foundation

We successfully secured funding from the Smallwood foundation to run groupwork activities within the communities at various locations for a period of 2 years.

Evaluation

Some of the feedback we received included the following:

Has your involvement improved your skills for the future?

#	HOW HAS SO SAFE IMPROVED YOUR SKILLS FOR LIFE AND/OR EMPLOYMENT?
1	Yes I am becoming more confident about my skills
2	Improve my English skills
3	We are doing English lessons for improve language
4	Be confident and storg person
5	I don't know
6	I am attending activities and discovered that I am good in driving.
7	I have got a volunteering job

We did interview techniques at group work so it has helped my confidence to apply for jobs

Through getting support, do you feel more able to decide your future?

#	IF SO, HOW HAS IT DONE SO?
1	N/A
2	N/A
3	N/A
4	N/A
5	N/A
6	So bad before depressing my life
7	I feel very painful & hurt
8	Saheli provided information and advice on how to access relevant agencies for help.

It has helped me to understand there are other forms of abuse and not just physical abuse as I thought.

Has support made you more positive about your life changes?

#	IF SO, HOW HAS IT DONE SO?
1	Be confident
2	Make
3	Yes it helped me
4	Yes it empowered me to secure my accommodation.

A little yes. I still am scared to make my own decisions as I was told constantly by my husband that women did not have a choice in Islam and it was up to the husband to decide what I was allowed to do.

PLANS FOR THE FUTURE

Saheli's plans updated :

- We plan to secure additional accommodation for women with NRPF – we successfully achieve this by securing the partnership with the Hub Partnership
- To continue to run group activities for elderly women in other areas of Manchester – this has been achieved and have successfully developed publicity materials to promote inclusion for the groups and reach out to women from different communities
- Hold a fundraising event annually to raise funds for our no recourse project – we held some small stalls where we sold cakes, and raised small funds to help with activities for women within the refuge
- To further develop our resettlement services for our service users who leave the refuge accommodation – we are applying for funding for a designated worker to work with women once they have been rehoused from the refuges.

RELATED PARTY AND RELATIONSHIP WITH OTHER ORGANISATIONS

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. Saheli has affiliation to the Women's Aid Federation of England.

FINANCIAL REVIEW

Our total reserves for Saheli as at 31st March 2025 are £251,986 (2024: £241,658) out of which the Restricted balance is £40,410 (2024: £34,442). Unrestricted reserves balance is £211,576 (2024: £207,216) out of which £50,000 is ringfenced for redundancies. This leaves free reserves of £161,576 (2024: £157,216).

Reserves policy

Saheli has a reserves policy which is used to inform our reserves position. We have unrestricted reserves of 6 months running costs for the refuge provision.

Investment policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

Principal funding sources

The principal funding sources for the charity are currently by way of grant income from Manchester City Council, Lottery, Smallwood foundation and Housing Benefit.

Company status

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Trustees

The trustees are directors of the charity and, under the company's Articles, are known as Board members with voting rights. They have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. The trustees undertake a skills audit to identify gaps in Board experiences and new trustees are appointed on a 3-year term to fill these gaps. There is an induction and training plan in place for all trustees to strengthen their role in strategic planning. Trustees are also able to access the organisational training plan and attend any that they feel would be beneficial to their role and/or understanding.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, members of the Management Committee shall hold office until the end of Annual General Meeting next following their election appointment or co-option and shall be eligible for re-election or re-co-option.

Recruitment and Appointment of Trustees

The committee are elected annually at the Annual General Meeting.

Trustee Induction and Training

Saheli management committee hear about Saheli through our annual report, word of mouth and the networking Saheli does. Saheli's management committee is recruited following all recruitment process and a successful induction.

All the management committee members are given an induction when they start which gives them up to date information on our services, finances, funding streams, organisational policies and procedures, code of conduct and training on our quality assurance standards. Training is provided for the management committee on roles and responsibilities of a trustee, domestic abuse/forced marriages and other relevant training identified to assist and support the work of the trustees.

Risk Management

We have developed policies and procedures to manage the risk within the organisation at all levels. The risk management policy has been developed to address the various risks facing the organisation and these are reviewed on a regular basis. Actions are identified based on risk factors with a follow up to ensure relevant steps have been taken to identify/reduce and manage risk.

Organisational Structure

The organisation is managed by the management committee who have the responsibility for the overall management of the project.

Organisational structure is as follows.

- Chief Executive Officer
- Managers
- Project workers
- Outreach workers
- Trainers
- Project support workers
- Group workers
- Volunteers

Remuneration policy for key management personnel

The remuneration package for all personnel comprises of a basic salary and contribution to a pension scheme. The charity is subject to auto-enrolment and contributions are currently made as agreed by the trustees.

Risk management

The trustees consider all major risks to which the charity is exposed and are satisfied that the procedures in place to manage them are adequate and effective. The senior management take delegated responsibility on behalf of the Board of Trustees for ensuring that there is an effective framework for accountability; for examining and reviewing all systems and methods of control, both financial and otherwise, including risk analysis and risk management; and for ensuring the charitable company is complying with all aspects of the law, relevant regulations and good practice. The charity regularly reviews its risk register in light of internal and external environmental changes and makes changes where necessary.

Funds held as custodian trustee on behalf of others

The charity has not acted as custodian trustee for any other charity during the period.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Directors / Trustees Responsibilities

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company end of its profit or loss of the company for that period.

In preparing the accounts, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any time, the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the company and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors report is prepared in accordance with the small companies' regime under part 15 of the Companies Act 2006.

Registered office
Oakland House, 1st[th] Floor, Old Trafford, Manchester, M16 0PQ
Signed on Behalf of the Board:

Chair
Shazia Bodhania

Date: 29.12.2025

SAHELI
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAHELI
FOR THE YEAR ENDED 31st MARCH 2025

I report on the accounts of the company for the year ended 31st March 2025 which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner
The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:
   - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
   - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

   have not been met; or
2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Muhammad Tayyab, Ferguson & Co
651 Mauldeth Road West, Manchester,M21 7SA

Dated: 22/12/2025

SAHELI

STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Year Ended 31.03.25 Total Funds £	Year Ended 31.03.24 Total Funds £
INCOMING RESOURCES					
Incoming Resources from generated funds:					
Activities for generating funds:					
Donations & Other Income	3	4,766	13,500	18,266	11,352
charitable activities:	5				
Refuge		407,126	-	407,126	379,873
Outreach		-	149,712	149,712	145,280
Other trading activities	4	-	-	-	-
Total incoming resources		411,892	163,212	575,104	536,505
RESOURCES EXPENDED					
Raising funds	8	-	-	-	-
Charitable Activities:	6				
Refuge		407,532	-	407,532	411,693
Outreach		-	157,244	157,244	153,788
TOTAL RESOURCES EXPENDED		407,532	157,244	564,776	565,481
Net movement in funds		4,360	5,968	10,328	(28,976)
Transfers between funds		-	-	-	-
RECONCILIATION OF FUNDS					
Total Funds Brought Forward	16	207,216	34,442	241,658	270,634
TOTAL FUNDS CARRIED FORWARD		**211,576**	**40,410**	**251,986**	**241,658**

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 24 form part of these accounts.

SAHELI

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
FIXED ASSETS					
Tangible Fixed Assets	12		-		-
CURRENT ASSETS					
Debtors & Prepayments	14	97,355		110,429	
Cash at Bank and in Hand	15	197,595		156,085	
		294,950		266,514	
LIABILITIES:					
Amounts falling due within one year	13	(42,964)		(24,856)	
NET CURRENT ASSETS			251,986		241,658
NET ASSETS			**251,986**		**241,658**
ACCUMULATED FUNDS					
Restricted Funds	16		40,410		34,442
Unrestricted Funds	16				
General funds			161,576		157,216
Designated funds			50,000		50,000
Total unrestricted funds			211,576		207,216
Total charity funds			**251,986**		**241,658**

For the year in question the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required The company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small companies, and the Financial Reporting Standards for Smaller Entities.

Approved on Behalf of the Board

Date: 29.12.2025 . **Director** **Shazia Bodhania**

Date: 29.12.2025 **Director** **Sharmila Kar**

The notes on pages 15 to 24 form part of these accounts.

SAHELI

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025	2024
		£	£
Cash provided by / (used) in operating activities	18	41,510	(82,648)
Cash flows from investment activities:		-	-
Net cash provided by investment activities		-	-
Increase/(decrease) in cash and cash equivalents during the year		41,510	(82,648)
Cash and cash equivalents at the beginning of the year		156,085	238,733
Cash and cash equivalents at the end of the year		**197,595**	**156,085**

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting policies
The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of accounting

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.The charity constitutes a public benefit entity as defined by FRS 102.
The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

SORP FRS 102
Saheli meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Preparation of the accounts on a going concern basis
The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income
Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donated services and facilities
Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Current asset investments
The charity holds no investments.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs
Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities.

Operating leases
Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets
Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Fixtures & Equipment	25% on cost
Computers & Equipment	25% on cost
Play Equipment	25% on cost

Stock
Stock is included at the lower of cost or net realisable value. In general, cost is determined on a first in, first out basis. Net realisable value is the price at which stocks can be sold in the normal course of business after allowing for the costs of realisation. Provision is made where necessary for obsolete, slow moving, and defective stocks. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and at hand
The charity's cash at bank and in hand includes the availability of funds as at 31st March 2025.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions
Employees of the charity have been auto enrolled onto a pension scheme to which the charity contributes 6%.

2. Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2025

3. Income from donations and legacies

	Unrestricted	Restricted	Total 2025 £	Total 2024 £
Donations	4,766	13,500	18,266	11,352
Total	4,766	13,500	18,266	11,352
Total by fund at 31 Mar 2024	11,352	-	11,352	

4. Income from other trading activities

Catering sales	-	-
	-	-

Alll income from other trading activity is unrestricted

5. Incoming resources from Activities to further the Charity's Objects

	Unrestricted £	Restricted Refuge £	Restricted Outreach £	Total Funds 2025 £	Total Funds 2024 £
Big Lottery	-	-	65,623	65,623	63,904
Manchester City Council	183,628	-	37,376	221,004	226,504
GMCA	-	-	46,713	46,713	44,000
Withington assist	-	-	-	-	-
The Caring family foundation	-	-	-	-	-
	183,628	-	149,712	333,340	334,408
Fees and other income					
Rents	210,683	-	-	210,683	159,707
Others	12,815	-	-	12,815	31,038
	223,498	-	-	223,498	190,745
Total	407,126	-	149,712	556,838	525,153
Total 2024	379,873	-	145,280	525,153	

	2025 £	2024 £
Restricted income	149,712	145,280
Unrestricted income	407,126	379,873
	556,838	525,153

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2025

6 Analysis of expenditure on charitable activities

	Unrestricted Refuge 2025 £	Restricted Refuge 2025 £	Restricted Outreach 2025 £	Total 2025 £	Total 2024 £
Staff wages & pension, training	262,488	-	124,476	386,964	355,713
Premises	52,856	-		52,856	126,648
Project costs	45,295	-	13,788	59,083	15,904
NRPF	1,952		2,195	4,147	248
HR	-	-	4,700	-	-
Depreciation	-	-	-	-	2,861
Governance costs (note 7)	1,440		1,440	2,880	2,880
Support costs (note 7)	34,766	-	10,645	45,411	61,723
Total	**407,532**	**-**	**157,244**	**564,776**	**565,481**
Total 2024	**411,693**	**-**	**153,788**	**565,481**	
Restricted expenditure				157,244	153,788
Unrestricted expenditure				407,532	411,693
				564,776	**565,481**

7 Analysis of support & governance costs

	Basis of apportment	Governan	Support	Total 2025 £	2024 £
IT	Type of expense	-	175	-	-
Management charges	Type of expense	-	4,000	4,000	27,621
Office	Floor space	-	40,666	40,666	33,585
Bank charges	Type of expense	-	570	570	517
Independent examination	Type of expense	2,880	-	2,880	2,880
		2,880	45,411	48,291	64,603

8. Cost of raising funds	Total 2025 £	Total 2024 £
Cost of goods sold	-	-
	-	-

9. Net income/expenditure for the year

	2025 £	2024 £
This is stated after charging:		
Depreciation	-	2861
Independent examination fees	2,880	2,880

10. Staff cost were as follows	2025 £	2024 £
Wages & salaries	386,964	342,308
Pension costs	14,331	13,405
	401,295	355,713

No employee earned £60,000 per annum or more.

	2025	2024
CEO	1	1
Manager	2	2
Project Workers	10.5	10.5
Peer support worker	0.3	0.3
Domestic assistant	0.3	0.3
	14.1	14.1

11. Trustee remuneration and expenses, and related party transactions

The management committee received £306 of travel and subsistence expenses during the year (2024: £265).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2025

	Play Equipment £	Computers & Equipment £	Furniture & Equipment £	Total £
Cost				
At 01.04.2024	10,070	10,559	11,441	32,070
At 31.03.2025	10,070	10,559	11,441	32,070
Accumulated Depreciation				
At 01.04.2024	10,070	10,559	11,441	32,070
Charge				-
At 31.03.2025	10,070	10,559	11,441	32,070
Net Book Value				
At 01.04.2024	-	-	-	-
At 31.03.2025	-	-	-	-

13. Creditors: Amounts due within one year

	2025 £	2024 £
Accruals	8,016	12,911
Deffered income	10,000	
Payroll liabilities	24,948	11,945
	42,964	24,856

14. Debtors

	2025 £	2024 £
Accounts receivables less bad debts	51,948	110,429
Accrued income	45,407	-
	97,355	110,429

15. Cash at bank and in hand

	2025 £	2024 £
	197,595	156,085

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2025

16. Analysis of charitable Funds

Analysis of movements in restricted Funds

	Balance 1 April 2024	Incoming	Outgoing	Transfers	Balance 31 March 2025
	£	£	£	£	£
Lottery	34,442	65,623	59,655	-	40,410
GMCA	-	46,713	46,713	-	-
MCC-VCS	-	37,376	37,376	-	-
Restricted donation	-	13,500	13,500	-	-
				-	-
Total Restricted Funds	34,442	163,212	157,244	-	40,410
Unrestricted Funds					
General Funds	207,216	411,892	407,532	-	211,576
Total Unrestricted Funds	207,216	411,892	407,532	-	211,576
Total Funds	**241,658**	**575,104**	564,776	-	**251,986**

Name of Restricted Funds	**Description, nature and purposes of fund**
Immigration	Donations to supports women with no recourse to public funds
Lottery Funds	Partnership working with other BAMER organisations
Manchester City Council	For support of refuge accomodation
Manchester City Council VCS	Fo For outreach support
Donations	For support of refuge and NRPF women

Name of Unrestricted Funds	**Description, nature and purposes of fund**
General Fund	The "Free Reserves"
Designated funds	Redundancy cost*

*Note: Trustees have decided to ringfence £30,000 for potential redundancy cost from unrestricted reserves as a contingency.

17. Analysis of Net Assets Between Funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2025
	£	£	£	£
Tangible Fixed Assets	-	-	-	0
Cash at bank	107,185	50,000	40,410	197,595
Net Current Assets less bank less liabilities	54,391	-	-	54,391
Net Assets at 31 March 2025	**161,576**	**50,000**	**40,410**	**251,986**

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2025

18. Reconciliation of net movements in funds to net cash flow from operating activites

	31/03/2025 £	31/03/2024 £
Net income/(expenditure) for the year	**10,328**	**(28,976)**
Adjustments for:		
Depreciation charge	-	2,861
Loss/(profit) on sale of fixed assets		
Decrease/(increase) in debtors	13,074	(69,389)
Increase/(decrease) in creditors	18,108	12,856
	41,510	**(82,648)**

SAHELI

England & Wales - Charity number 1033067

Accounts

SAHELI

(COMPANY LIMITED BY GUARANTEE (ENGLAND & WALES) NO: 2846843

REGISTERED CHARITY NO: 1033067

REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

31st MARCH 2024

SAHELI
For the year ended 31st March 2024

Reference and administrative information
The charity is a company limited by guarantee and is registered with the charity commission

Company Registration Number 2846843	Incorporated 23rd August 1993
Charity Registration Number 1033067	Registered 10th February 1994

Registered office
Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ

Directors
The directors/trustees who held office during the year ended 31st March 2024 were as follows:

Shazia Bodhania	(Chair)
Nabanita Gosh	(Treasurer)
Nilofar Siddiqi	
Zara Rahman	
Sharmila Kar	Appointed 1st March 2023

Senior Management Team
Priya Chopra - Chief Executive Officer
Sugra Akbar – Manager

Bankers
Royal Bank of Scotland, 464 Wilbraham Road, Chorlton cum-hardy, Manchester, M21 1AR

Independent Examiner
Ferguson & Co, 651 Mauldeth Road West, Manchester, M21 7SA

Governing document
The company was established under a Memorandum and Article of Association which established the objects and aims of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The trustees present their report and financial statements for the year ended 31st March 2024. Included within the trustees report is the directors' report as required by company law. Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2024

OBJECTIVES AND ACTIVITIES

Purposes and Aims

Saheli supports Black, Asian and Minoritised women and children who experience domestic abuse and forced marriages. Saheli provides refuge accommodation and outreach support to women living in the community.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

BENEFICIARIES OF OUR SERVICE

We have continued to support Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriages.

Our activities benefit the public by:

- Providing temporary refuge accommodation to Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriage.
- Providing telephone advice and support to Black, Asian and Minoritised women within the community
- Delivering training to raise awareness of issues of domestic abuse and forced marriages within schools/colleges/universities and organisations (voluntary and statutory).
- Providing outreach support to women and their children who need support on a practical and emotional level.

NO RECOURSE TO PUBLIC FUNDS

We have had an increase in the number of referrals from women with no recourse to public funds who find themselves destitute due to domestic abuse. Having no recourse to public funds makes them extremely vulnerable as there is no financial support available for them.

Generous donations from the community mean we can further support women with no recourse to public funds by providing emergency accommodation, food, clothing and travel expenses.

ACHIEVEMENTS AND PERFORMANCE

Saheli has continued its high-quality services to women and children fleeing domestic abuse and forced marriages.

Saheli has continued to support women and children from the Black, Asian and Minoritised communities to be safe where they are at risk of violence and abuse. We do this by providing safe and secure accommodation advice, information, guidance, and advocacy; and opportunities to attend group work, counselling sessions, empowerment workshops, volunteering and learn new skills.

REFUGE

It has been a busy year with our refuge accommodation provision being increased from 2 refuges to 3. Our success of supporting 10 women to 15 at any given time with emergency accommodation and support has allowed us to reach out and safeguard a higher number of women and their children.

Women have presented with various situations including, forced marriages, honor-based violence and domestic abuse. The issues they have been faced with has been homelessness, destitution, isolation, mental health, low self-esteem and confidence and overall requiring a place of safety.

Refuge success

Saheli has continued its much-needed service, reaching out to vulnerable women and their children during their crisis points.

Our move on has increased and we have strengthened our resettlement support by providing additional telephone support to women during their move from refuge to independence. This has ensured women are feeling secure and continue to rebuild their lives independently.

Saheli has also provided group work to women within the refuges allowing women to access support within the refuge as well as externally via out outreach team.

The women at the refuges benefitted from a week's residential which allowed them to have time away from the refuge, access activities for themselves and their children and explore the local area. The residential was a time for us to reflect and evaluate our support and receive feedback from the users of the service on how we continue to support them and develop our services further.

Saheli has also encouraged women to take public transport and use bicycles where they can, to contribute to the social responsibility commitment Saheli has.

The women have accessed various courses and taken part in various awareness learning sessions, so they are able to identify risk, mitigate risk, develop social skills, develop their English, learn IT and other practical skills such as sewing, knitting and card making.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2024

OUTREACH

We have continued to help women survivors of domestic abuse to be safe and thrive through effective outreach, support, advice, and training provision, through our Reaching Communities SO SAFE Project.

Recruitment of 17 volunteers and 6 peer mentors during the year, they received training on safeguarding, confidentiality, and professional boundaries. We worked with volunteers to develop their personal growth, community engagement, skill development, networking, and creating a significant social impact. They have since attended many more training courses including Domestic Abuse, Honour Based Violence, Forced Marriage, and an eight-week course on Peer Mentoring and Mental Health.

Group Work sessions were delivered in Withington, Wythenshawe and Longsight, Trafford, Bury and Rochdale. We have been doing work in partnership with Rochdale Women's Welfare Association and other Black and Minoritised women's organisations including Nestac, Olive Pathway, Safety4Sisters, Caritas and Gloucestershire College.

6 volunteers along with our Outreach Worker and Peer Support Workers ran various empowerment sessions for our services across the four boroughs. Sessions delivered included IELTS (The International English Language Testing System) which is designed to help service users realise their ambition of working, studying or moving to a country where English is spoken), Art and Craft, Chai – Chat (social interaction & empowerment) sewing classes, mental health & well-being, domestic abuse awareness, yoga, cycling, Functional Skills in Maths and English everyday Life skills, and Safeguarding. We have included Domestic Abuse Awareness, Healthy Relationships, Mental Health and Wellbeing was a standalone session.

Special group work was set up for migrant women and refugee women from Afghanistan. 53 women across two sites including Manchester Airport and Withington Library, learnt sewing skills and ways to deal with economic abuse. They have since acted as role models for other women in their community. They have come together at both settings with sessions helping to improve the use of the English Language. This work was focused on improving their resilience and coping mechanisms.

Further work was done in Longsight, Rochdale and Trafford with over 150 women attending across four sites. Certificates were presented to those who completed the basic and advanced courses. Some of the learners have started to do clothes alterations at home to earn an income.

· Our Peer mentor, who is retired GP, has continued to deliver Health and Wellbeing sessions alongside other NHS professionals. She is now volunteering and leading on the peer mentor work with the SO SAFE Project and has the existing skills to run well-being sessions. Sessions have been delivered in dealing with depression, anxiety, and healthy relationships, personal health. 35 service users have benefited from these sessions on regular basis over last nine months. She has also supported our outreach

Partnership work was undertaken with several different organisations to support the women and children fleeing domestic abuse. We worked with Bury Active Women's Centre, Rochdale Women's Welfare Association, Withington Library, Migrant Women's Caritas Project, South Asian Heritage Project, Lady barn Community Centre, British Muslim Heritage centre, NAPAC, DRAX, CAHN, B2W and Withington Assist.

We celebrated International Women's Day (IWD) in partnership with Lady barn Community Centre. A fashion show was organised, and our service users dressed in costumes of different countries. IWD gives focus to issues such as gender equality, reproductive rights, and violence and abuse against women. Our Social enterprise Zesty Cuisine provided the catering for this event. The services users enjoyed cooking together, connecting.

Women across Bury, Manchester, Rochdale, and Trafford received in-depth, one-to-one culturally specific, intensive support to leave abusive situations. Our outreach team worked with women considering leaving abusive situations by providing intensive support, along with personal action planning. Where appropriate, advocacy support was given to improve resilience, confidence, and practical solutions for their situations. This has given women improved capacity to live independently and manage their own finances.

HELPLINE

Our helpline worker- this has been extremely beneficial to our refuge as the helpline has the capacity to support women over the telephone providing emotional and practical support. This has allowed us to have a designated worker managing the helpline and ensuring collection of data being specific. She is also making sure our data is regularly collected and system updated.

Our extended telephone helpline had allowed many women to access our services who struggle during core office hours. The extended hours have been to meet this additional need which has seen an increase in the number of women seeking our support. These successful projects have shown our success in meeting our plans for the future, goals set by the organisation.

MULTIPLE AND COMPLEX NEEDS WORK

Complex needs worker has been working with women in facing multiple issues. Work has taken place to support women with high mental health needs, NRPF, legal issues, debt etc. Many of the women have been experiencing anxiety, depression and trauma of having experienced domestic abuse and honour-based abuse for prolonged period. Complex Needs worker has ensured they are able to access counselling support as well as trauma informed support. Having access to Bengali, Urdu, Punjabi and Arabic speaking counsellor has been great help and has ensured they are able to provide addition support as and when need by the service users.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2024

CHILDRENS WORK

Our Children's worker has been working with the children providing one to one support, group activities, support with enrolling in the schools as well as other practical support.

The children's worker have attended various training sessions covering a huge depth of children needs, they have utilised learning to incorporate this into he development of activities and sessions for the children of various age ranges.

All the children we supported had experienced or witnessed domestic abuse and exhibited some behavioural challenges, utmost care was taken to ensure that all activities were trauma-sensitive and culturally appropriate. The focus of most activities was to provide a pleasant and informative experience to promote happiness, enhance social skills, and improve physical and mental fitness.

OMVCS

The sessions provided by the funding from the Manchester City Council OMCVS team has allowed us to provide valuable support to service users in managing their mental health. The women have boosted confidence, reduced feelings of isolation, and have been taught effective breathing techniques to manage anxiety during stressful moments. Additionally, the healthy walks have shown service users how nature and fresh air can positively impact mental well-being. Yoga sessions have further helped by reducing the effects of past domestic violence, offering strategies to manage and transform negative thoughts.

These sessions have provided valuable support to service users with their mental health, helping them feel empowered and uplifted. Our approach emphasizes building positive habits around nutrition and overall well-being to promote contentment. For those experiencing clinical depression, we offered guidance on mental health resources and encouraged them to reach out to their GP or Saheli, with some referred to Saheli counselling. This support aims to help them address past traumas, reduce feelings of isolation, and gradually rebuild trust, especially given their challenges with trust and coping. Additionally, these sessions offered foundational knowledge on mental health, tailored for women from diverse ethnic backgrounds and countries where understanding of mental health may be limited.

The volunteering sessions provided service users with valuable confidence-boosting support and guidance on the job market and employment opportunities. Participants received practical advice on answering interview questions and presenting their CVs for job applications. They were also encouraged and assisted in setting up online businesses, recognizing the advantages of digital business models for cost-effectiveness and accessibility. Additionally, they were guided in using LinkedIn to connect with employers and discover job opportunities. Assistance was also provided with online application forms, addressing challenges many face when their educational background is outside the United Kingdom.

When service users benefit, they become more assertive and develop a stronger voice by accessing support from peer mentors, learning new skills, and experiencing positive changes in their community and environment.

The sessions equipped the women with essential skills to pursue work experience, gain employment, or even start their own businesses, such as food or cleaning services. They also learned how to create business profiles on platforms like Facebook and Instagram, enabling them to launch and grow small businesses.

Saheli consistently explores work opportunities for women aiming to empower themselves and achieve financial independence. Through baking and cooking sessions, Saheli has supported women who have experienced domestic abuse, helping them develop new skills and encouraging them to start their own online businesses. The Saheli Outreach Team has also guided participants through the process of registering online and creating personal business pages to establish their own companies. Recently, 33 women attended these sessions, giving enthusiastic feedback and expressing how supported and empowered they felt by the experience.

33 women participated in well-being sessions. group walks and breathing exercises which helped them feel less isolated. Through walking together and engaging in other group activities, they shared their personal experiences, made new friends, and boosted their self-confidence. These sessions provided valuable social interaction, ultimately helping to reduce isolation.

The Saheli VCS worker supported125 women from black and minoritized girls in Manchester reported Improved mental health, attend group work and one to one session learned coping techniques & breathing exercises, yoga sessions, healthy walks and meditations to manage anxiety and help with processing Trauma and understand that they are blamed for Domestic abuse.

DATA COLLECTION

Our lamplight system has provided detail information on the journey a woman has taken from the start of her support journey with us. Measuring risk and support needs, the system has allowed us to see a woman`s journey at a glance. This system is now used by the refuge and the outreach project.

FUNDING

We would like to say a very big thank you to our funders, who have supported our activities by funding our projects and increasing our capacity.

- Manchester City Council
- The Big Lottery Fund,
- GMCA
- Individual donors

PLANS FOR THE FUTURE

Saheli`s plans include:

- We plan to secure additional accommodation for women with NRPF.
- To continue to run group activities for elderly women in other areas of Manchester
- Hold a fundraising event annually to raise funds for our no recourse project
- To further develop our resettlement services for our service users who leave the refuge accommodation.

RELATED PARTY AND RELATIONSHIP WITH OTHER ORGANISATIONS

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. Saheli has affiliation to the Women's Aid Federation of England.

FINANCIAL REVIEW

Our total reserves for Saheli as at 31st March 2024 are £241,658 (2023: £270,634) out of which the Restricted balance is £34,442 (2023: £42,950). Unrestricted reserves balance is £207,216 (2023: £227,684) out of which £50,000 is ringfenced for redundancies. This leaves free reserves of £157,216 (2023: £197,684).

Reserves policy

Saheli has a reserves policy which is used to inform our reserves position. We have unrestricted reserves of 6 months running costs for the refuge provision.

Investment policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

Principal funding sources

The principal funding sources for the charity are currently by way of grant income from Manchester City Council, Comic relief, Lottery and Housing Benefit.

Company status

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Trustees

The trustees are directors of the charity and, under the company's Articles, are known as Board members with voting rights. They have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. The trustees undertake a skills audit to identify gaps in Board experiences and new trustees are appointed on a 3-year term to fill these gaps. There is an induction and training plan in place for all trustees to strengthen their role in strategic planning. Trustees are also able to access the organisational training plan and attend any that they feel would be beneficial to their role and/or understanding.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, members of the Management Committee shall hold office until the end of Annual General Meeting next following their election appointment or co-option and shall be eligible for re-election or re-co-option.

Recruitment and Appointment of Trustees·

The committee are elected annually at the Annual General Meeting.

Trustee Induction and Training

Saheli management committee hear about Saheli through our annual report, word of mouth and the networking Saheli does. Saheli's management committee is recruited following all recruitment process and a successful induction.

All the management committee members are given an induction when they start which gives them up to date information on our services, finances, funding streams, organisational policies and procedures, code of conduct and training on our quality assurance standards. Training is provided for the management committee on roles and responsibilities of a trustee, domestic abuse/forced marriages and other relevant training identified to assist and support the work of the trustees.

Risk Management

We have developed policies and procedures to manage the risk within the organisation at all levels. The risk management policy has been developed to address the various risks facing the organisation and these are reviewed on a regular basis. Actions are identified based on risk factors with a follow up to ensure relevant steps have been taken to identify/reduce and manage risk.

Organisational Structure

The organisation is managed by the management committee who have the responsibility for the overall management of the project.

Organisational structure is as follows;

- Chief Executive Officer
- Managers
- Project workers
- Outreach workers
- Trainers
- Project support workers
- Group workers
- Volunteers

Remuneration policy for key management personnel

The remuneration package for all personnel comprises of a basic salary and contribution to a pension scheme. The charity is subject to auto-enrolment and contributions are currently made as agreed by the trustees.

Risk management

The trustees consider all major risks to which the charity is exposed and are satisfied that the procedures in place to manage them are adequate and effective. The senior management take delegated responsibility on behalf of the Board of Trustees for ensuring that there is an effective framework for accountability; for examining and reviewing all systems and methods of control, both financial and otherwise, including risk analysis and risk management; and for ensuring the charitable company is complying with all aspects of the law, relevant regulations and good practice. The charity regularly reviews its risk register in light of internal and external environmental changes and makes changes where necessary.

Funds held as custodian trustee on behalf of others

The charity has not acted as custodian trustee for any other charity during the period.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Directors / Trustees Responsibilities

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company end of its profit or loss of the company for that period.

In preparing the accounts, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any time, the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the company and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors report is prepared in accordance with the small companies' regime under part 15 of the Companies Act 2006.

Registered office
Oakland House, 1st[th] Floor, Old Trafford, Manchester, M16 0PQ
Signed on Behalf of the Board:

Chair
Shazia Bodhania

Date: 18.12.2024.

SAHELI
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAHELI
FOR THE YEAR ENDED 31st MARCH 2024

I report on the accounts of the company for the year ended 31st March 2024 which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner
The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M. Mya

Muhammad Tayyab, Ferguson & Co
651 Mauldeth Road West, Manchester,M21 7SA

Dated: 23/12/24

SAHELI

STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Year Ended 31.03.24 Total Funds £	Year Ended 31.03.23 Total Funds £
INCOMING RESOURCES					
Incoming Resources from generated funds:					
Activities for generating funds:					
Donations & Other Income	3	11,352	-	11,352	2,649
charitable activities:	5				
Refuge		379,873	-	379,873	414,369
Outreach		-	145,280	145,280	147,340
Other trading activities	4	-	-	-	-
Total incoming resources		391,225	145,280	536,505	564,358
RESOURCES EXPENDED					
Raising funds	8	-	-	-	-
Charitable Activities:	6				
Refuge		411,693	-	411,693	398,597
Outreach		-	153,788	153,788	242,684
TOTAL RESOURCES EXPENDED		411,693	153,788	565,481	641,281
Net movement in funds		(20,468)	(8,508)	(28,976)	(76,923)
Transfers between funds		-	-	-	-
RECONCILIATION OF FUNDS					
Total Funds Brought Forward	16	227,684	42,950	270,634	347,557
Prior year adjustment					
TOTAL FUNDS CARRIED FORWARD		**207,216**	**34,442**	**241,658**	**270,634**

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 22 form part of these accounts.

SAHELI

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
FIXED ASSETS					
Tangible Fixed Assets	12		-		2,861
CURRENT ASSETS					
Debtors & Prepayments	14	110,429		41,040	
Cash at Bank and in Hand	15	156,085		238,733	
		266,514		279,773	
LIABILITIES:					
Amounts falling due within one year	13	(24,856)		(12,000)	
NET CURRENT ASSETS			241,658		267,773
NET ASSETS			**241,658**		**270,634**
ACCUMULATED FUNDS					
Restricted Funds	16		34,442		42,950
Unrestricted Funds	16				
General funds			157,216		197,684
Designated funds			50,000		30,000
Total unrestricted funds			207,216		227,684
Total charity funds			**241,658**		**270,634**

For the year in question the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required The company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small companies, and the Financial Reporting Standards for Smaller Entities.

Approved on Behalf of the Board

Date: 18.12.2024 **Director** **Shazia Bodhania**

Date: 15.12.2024 **Director** **Nabanita Ghosh**

The notes on pages 15 to 22 form part of these accounts.

SAHELI

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024	2023
		£	£
	18		
Cash provided by / (used) in operating activities		(82,648)	(66,478)
Cash flows from investment activities:		-	-
Net cash provided by investment activities		-	-
Increase/(decrease) in cash and cash equivalents during the year		(82,648)	(66,478)
Cash and cash equivalents at the beginning of the year		238,733	305,211
Cash and cash equivalents at the end of the year		**156,085**	**238,733**

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

1. Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of accounting

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.The charity constitutes a public benefit entity as defined by FRS 102.
The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

SORP FRS 102

Saheli meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Current asset investments
The charity holds no investments.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs
Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities.

Operating leases
Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.
Tangible fixed assets
Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Fixtures & Equipment	25% on cost
Computers & Equipment	25% on cost
Play Equipment	25% on cost

Stock
Stock is included at the lower of cost or net realisable value. In general, cost is determined on a first in, first out basis. Net realisable value is the price at which stocks can be sold in the normal course of business after allowing for the costs of realisation. Provision is made where necessary for obsolete, slow moving, and defective stocks. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and at hand
The charity's cash at bank and in hand includes the availability of funds as at 31st March 2024.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions
Employees of the charity have been auto enrolled onto a pension scheme to which the charity contributes 6%.

2. Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2024

3. Income from donations and legacies

	Unrestricted	Restricted	Total 2024	Total 2023
			£	£
Donations	11,352	-	11,352	2,649
Total	**11,352**	**-**	**11,352**	**2,649**
Total by fund at 31 Mar 2023	**2,649**	**-**	**2,649**	

4. Income from other trading activities

Catering sales	-	-
	-	-

Alll income from other trading activity is unrestricted

5. Incoming resources from Activities to further the Charity's Objects

	Unrestricted	Restricted Refuge	Restricted Outreach	Total Funds 2024	Total Funds 2023
	£	£	£	£	£
Big Lottery	-	-	63,904	63,904	67,145
Manchester City Council	189,128	-	37,376	226,504	265,468
GMCA			44,000	44,000	
Comic relief	-	-			32,246
Withington assist	-	-	-	-	2,745
The Caring family foundation	-	-	-	-	9,344
	189,128	-	145,280	334,408	376,948
Fees and other income					
Rents	159,707	-	-	159,707	147,823
Others	31,038	-	-	31,038	39,587
	190,745	-	-	190,745	187,410
Total	**379,873**	**-**	**145,280**	**525,153**	**564,358**
Total 2023	**417,018**	**-**	**147,340**	**564,358**	

	2024	2023
	£	£
Restricted income	145,280	147,340
Unrestricted income	379,873	417,018
	525,153	**564,358**

6 Analysis of expenditure on charitable activities

	Unrestricted Refuge 2024 £	Restricted Refuge 2024 £	here Restricted Outreach 2024 £	Total 2024 £	Total 2023 £
Staff wages & pension, training	259,162	-	96,551	355,713	373,993
Premises	103,274	-	23,374	126,648	63,451
Project costs	9,707	-	6,197	15,904	56,891
Partnership grants	-	-		-	74,939
NRPF	1,252	-	(1,500)	(248)	1,750
HR	-	-		-	12,643
Depreciation	2,861	-		2,861	2,860
Governance costs (note 7)	1,335		1,545	2,880	2,880
Support costs (note 7)	34,102	-	27,621	61,723	51,874
Total	**411,693**	**-**	**153,788**	**565,481**	**641,281**
Total 2023	**398,597**	**-**	**242,684**	**641,281**	
Restricted expenditure				153,788	242,684
Unrestricted expenditure				411,693	398,597
				565,481	**641,281**

7 Analysis of support & governance costs

	Basis of apportment	Governan	Support	Total 2024 £	2023 £
IT	Type of expense	-	-	-	1,186
Management charges	Type of expense	-	27,621	27,621	44,031
Office	Floor space	-	33,585	33,585	6,034
Bank charges	Type of expense	-	517	517	623
Independent examination	Type of expense	2,880	-	2,880	2,880
		2,880	61,723	64,603	54,754

8. Cost of raising funds	Total 2024 £	Total 2023 £
Cost of goods sold	-	-
	-	-

9. Net income/expenditure for the year

	2024 £	2023 £
This is stated after charging:		
Depreciation	2,861	2860
Independent examination fees	2,880	2,880

10. Staff cost were as follows	2024 £	2023 £
Wages & salaries	342,308	361,258
Pension costs	13,405	12,735
	355,713	373,993

No employee earned £60,000 per annum or more.

	2024	2023
CEO	1	1
Manager	2	2
Project Workers	10.5	10.5
Peer support worker	0.3	0.3
Domestic assistant	0.3	0.3
	14.1	14.1

11. Trustee remuneration and expenses, and related party transactions

The management committee received £265 of travel, subsistence and other expenses during the year (2023: £511).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

	Play Equipment £	Computers & Equipment £	Furniture & Equipment £	Total £
Cost				
At 01.04.2023	10,070	10,559	11,441	32,070
At 31.03.2024	10,070	10,559	11,441	32,070
Accumulated Depreciation				
At 01.04.2023	10,070	10,559	8,580	29,209
Charge			2,861	2,861
At 31.03.2024	10,070	10,559	11,441	32,070
Net Book Value				
At 01.04.2023	-	-	2,861	2,861
At 31.03.2024	-	-	0	0

13. Creditors: Amounts due within one year

	2024 £	2023 £
Accruals	12,911	10,017
Payroll liabilities	11,945	1,983
	24,856	12,000

14. Debtors

	2024 £	2023 £
Accounts receivables less bad debts	110,429	41,040
	110,429	41,040

15. Cash at bank and in hand

	2024 £	2023 £
	156,085	238,733

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2024

16. Analysis of charitable Funds

Analysis of movements in restricted Funds

	Balance 1 April 2023	Incoming	Outgoing	Transfers	Balance 31 March 2024
	£	£	£	£	£
Lottery	37,760	63,904	67,222	-	34,442
GMCA	0	44,000	44,000	-	-
MCC-VCS	0	37,376	37,376	-	-
Withington assist	846		846	-	-
The Caring family foundation	4,344		4,344	-	-
Total Restricted Funds	42,950	145,280	153,788	-	34,442
Unrestricted Funds					
General Funds	227,684	391,225	411,693	-	207,216
Total Unrestricted Funds	227,684	391,225	411,693	-	207,216
Total Funds	**270,634**	**536,505**	565,481	-	**241,658**

Name of Restricted Funds	**Description, nature and purposes of fund**
GMCA	Donations to supports women with no recourse to public funds
Comic Relief	Partnership working with other BAMER organisations
Lottery Funds	Partnership working with other BAMER organisations
Manchester City Council	For support of refuge accomodation
Withington Assist	Joint working partnership for Groupwork
Manchester City Council VCS	For the For outreach support
The Caring Foundation	For the support of evening and out of hours support
Donations	For support of refuge and NRPF women

Name of Unrestricted Funds	**Description, nature and purposes of fund**
General Fund	The "Free Reserves"
Designated funds	Redundancy cost*

*Note: Trustees have decided to ringfence £50,000 for potential redundancy cost from unrestricted reserves as a contingency.

17. Analysis of Net Assets Between Funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2024
	£	£	£	£
Tangible Fixed Assets	-	-	-	0
Cash at bank	121,643	-	34,442	156,085
Net Current Assets less bank less liabilities	85,573	-	-	85,573
Net Assets at 31 March 2024	**207,216**	**-**	**34,442**	**241,658**

18. Reconciliation of net movements in funds to net cash flow from operating activites

	31/03/2024 £	31/03/2023 £
Net income/(expenditure) for the year	**(28,976)**	**(76,923)**
Adjustments for:		
Depreciation charge	2,861	2,860
Loss/(profit) on sale of fixed assets		
Decrease/(increase) in debtors	(69,389)	16,059
Increase/(decrease) in creditors	12,856	(8,474)
	(82,648)	**(66,478)**

SAHELI

England & Wales - Charity number 1033067

Accounts

Saheli
Making a difference

SAHELI

(COMPANY LIMITED BY GUARANTEE (ENGLAND & WALES) NO: 2846843

REGISTERED CHARITY NO: 1033067

REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

31st MARCH 2023

SAHELI
For the year ended 31st March 2023

Reference and administrative information
The charity is a company limited by guarantee and is registered with the charity commission

Company Registration Number 2846843	Incorporated 23rd August 1993
Charity Registration Number 1033067	Registered 10th February 1994

Registered office
Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ

Directors
The directors/trustees who held office during the year ended 31st March 2022 were as follows:

Shazia Bodhania	(Chair)
Nabanita Gosh	(Treasurer)
Nilofar Siddiqi	
Zara Rahman	
Sharmila Kar	Appointed 1st March 2023

Senior Management Team
Priya Chopra - Chief Executive Officer
Sugra Akbar – Manager

Bankers
Royal Bank of Scotland, 464 Wilbraham Road, Chorlton cum-hardy, Manchester, M21 1AR

Independent Examiner
Ferguson & Co, 651 Mauldeth Road West, Manchester, M21 7SA

Governing document
The company was established under a Memorandum and Article of Association which established the objects and aims of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The trustees present their report and financial statements for the year ended 31st March 2023. Included within the trustees report is the directors' report as required by company law. Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2023

OBJECTIVES AND ACTIVITIES

Purposes and Aims

Saheli supports Black, Asian and Minoritised women and children who experience domestic abuse and forced marriages. Saheli provides refuge accommodation and outreach support to women living in the community.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

BENEFICIARIES OF OUR SERVICE

We have continued to support Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriages.

Our activities benefit the public by:

- Providing temporary refuge accommodation to Black, Asian and Minortised women and their children fleeing domestic abuse and forced marriage.
- Providing telephone advice and support to Black, Asian and Minortised women within the community
- Delivering training to raise awareness of issues of domestic abuse and forced marriages within schools/colleges/universities and organisations (voluntary and statutory).
- Providing outreach support to women and their children who need support on a practical and emotional level.

NO RECOURSE TO PUBLIC FUNDS

We have had an increase in the number of referrals from women with no recourse to public funds who find themselves destitute due to domestic abuse. Having no recourse to public funds makes them extremely vulnerable as there is no financial support available for them.

Generous donations from the community mean we can further support women with no recourse to public funds by providing emergency accommodation, food, clothing and travel expenses.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2023

ACHIEVEMENTS AND PERFORMANCE

Saheli has continued its high-quality services to women and children fleeing domestic abuse and forced marriages.

Saheli has continued to support women and children from the Black, Asian and Minortised communities to be safe where they are at risk of violence and abuse. We do this by providing safe and secure accommodation advice, information, guidance, and advocacy; and opportunities to attend group work, counselling sessions, empowerment workshops, volunteering and learn new skills.

REFUGE

It has been a busy year with both of our refuges. Being fully occupied and having increased capacity has meant we have supported 66% more within our refuge accommodation. Our success of supporting 6 women to 10 at any given time with emergency accommodation and support has allowed us to reach out and safeguard a higher number of women and their children.

Women have presented with various situations including, forced marriages, honor-based violence and domestic abuse. The issues they have been faced with has been homelessness, destitution, isolation, mental health, low self-esteem and confidence and overall requiring a place of safety.

Refuge success

Saheli managed to secure additional funding from Manchester City Council to employ additional staff for the refuge. This has meant the support by our complex need's worker, children's worker and helpline worker has meant more in-depth work on a one-to-one basis.

Additional funding has also allowed us to recruit a resettlement worker to work with the women from both refuges during the move on process, supporting them in applying for benefits, purchasing items of furniture required, ensuring their gas/electricity is up and running prior to move on, ensuring they are familiar with their new area of residence.

Saheli has also been able to provide funds for women moving out to assist and support them financially with purchases which were essential which they would have normally struggled to purchase. The vouchers have been purchased with equal amounts to ensure the level of support provided is equal, for any woman in the process of being rehoused the vouchers have been secured for her to use upon moving out within the time the grant covered.

The service users who have benefitted have expressed their extreme gratitude and have said how the support has released many pressures and worries and assisted them in settling into their homes as they had the required essential to make it homely. In total 10 women benefitted with this funding to furnish their houses or buy IT equipment.

HELPLINE

Helpline worker- this has been extremely beneficial to our refuge as the helpline has the capacity to support women over the telephone providing emotional and practical support. This has allowed us to have a designated worker managing the helpline and ensuring collection of data being specific. She is also making sure our data is regularly collected and system updated.

Our extended telephone helpline had allowed many women to access our services who struggle during core office hours. The extended hours have been to meet this additional need which has seen an increase in the number of women seeking our support. These successful projects have shown our success in meeting our plans for the future, goals set by the organisation.

MULTIPLE AND COMPLEX NEEDS WORK

Complex needs worker – has been working with women in the refuge facing multiple issues. Work has taken place to support women with high mental health needs, NRPF, legal issues, debt etc. Many of the women have been experiencing anxiety, depression and trauma of having experienced domestic abuse and honour-based abuse for prolonged period of time. Complex Needs worker has ensured they are able to access counselling support as well as trauma informed support. Having access to Bengali, Urdu, Punjabi and Arabic speaking counsellor has been great help and has ensured they are able to provide addition support as and when need by the service users.

CHILDRENS WORK

Our Children's worker has been working with the children providing one to one support, group activities, support with enrolling in the schools as well as other practical support.

Additional funding from the council has helped us to arrange outings for the children which they have really enjoyed and benefited from. Some of these activities have been a first for the children, such as a day out to Chester Zoo, Heaton Park, Kids Zone etc. The children have also really enjoyed being involved celebrating and learning about different festivals and cultures.

The Children`s worker has adapted some of the learning from You, Me and Mum course into the sessions that have been delivered to provide the opportunities for the children to express their feelings and learn different ways to manage stress.

All the children we supported had experienced or witnessed domestic abuse and exhibited some behavioural challenges, utmost care was taken to ensure that all activities were trauma-sensitive and culturally appropriate. The focus of most activities was to provide a pleasant and informative experience to promote happiness, enhance social skills, and improve physical and mental fitness.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2023

OUTREACH SERVICE

Saheli has continued to strengthen its outreach service, successfully receiving funding for further projects from the lottery, comic relief and successful partnership with Withington assist.

OMVCS Project: This is a project funding by Manchester City Council VCS team to support Saheli service users who have moved on from domestic abuse situation to set up independent life. As a part of this project Saheli supported over 75 women to improve their mental health. 10 service users attended mental health training and meditation session over a period of 12 weeks.

Yoga sessions were delivered on regular basis, and we also provided culturally sensitive counselling support. Counselling sessions were provided to over 24 women in Arabic, Urdu, Bengali, Hindi and English.

15 service users attended volunteering sessions and five of them secured jobs and few others opened their own business to become self-employed.

Women survivors of Domestic Abuse and Honour Based abuse attended regular group work sessions and received one to one support. We took out several protection orders to protect the mother and children leaving abusive relationships.

SO SAFE PROJECT

Saheli has continued working in partnership with Bury Active Women's Project and Rochdale Women's Welfare Association in So Safe Outreach Project, where are supporting women from Black, Asian and minority communities who have experienced forced marriage, domestic abuse, honour based abuse. Many of the service users who are accessing the service are migrant women who have no recourse to public funds.

- 325 women across Bury, Manchester, Rochdale and Trafford received in depth, one to one culturally specific, intensive support to leave abusive situations. Our outreach team worked with women considering leaving abusive situations by providing intensive support, along with personal action planning. Where appropriate, advocacy support was given to improve resilience, confidence and practical solutions for their situations.

- Staff have led focus groups to get feedback from service users, not only in our organisations but also with other partner organisations. We have also held focus groups in partnership with Manchester City Council in Withington Library. The feedback we have received has helped us to tailor our services according to the needs we have identified. This included more volunteer and mentor training, something that was strongly identified by women involved.
- We have developed marketing materials for the project with participants and these have been distributed across Manchester, Bury and Rochdale. Leaflets have also been distributed in GP surgeries, schools, community groups, the Welcome Centre, Cheetham Hill Advice Centre, pharmacies, Housing Associations, Withington Assist, Withington library, Self-help group (counselling organisation in Trafford), and other charities.

- We ran a 5 day evaluation residential at Mellor Country House, where we held focus groups with 20 service users, of which 6 were volunteers, along with 10 staff who attended at different times. During the week they discussed the project in depth; did team building workshops; took part in improvisation drama sessions; reviewed and developed our action plan for the next year; as well as completing evaluation questionnaires and giving feedback.
- After receiving feedback from the Afghani Migrant women's group on wanting awareness on improving their mental wellbeing and coming out of economic abuse, sessions were developed and delivered on sewing and pattern making to encourage them to learn these new skills.
- We introduced befriending sessions with a member of Withington Assist who support women who are 50 plus. We raised awareness on food and fuel poverty and how to access services, to women who were experiencing domestic abuse.
- Our Outreach Worker with specific training responsibility has led on recruiting 20 women for Peer Mentoring & Mental Health training. They completed 8 weeks training and are now being further upskilled with training in Safeguarding, Confidentiality, HBV, FM, Mental Health, First Aid and also enrolling on the Freedom programme.
- Our Peer Support Workers have been working with the outreach team to support many complex cases, many of whom have intersectional needs. We have seen a high rise in food poverty of those seeking help from us, both for the outreach and refuge provision. This has meant that we have been contacting food banks for vouchers and our supporters for donations of food, clothing as well as additional funds.

The differences we are making.

- 97.6% reporting satisfaction (6, 8 or 10 on the decimal scale) with an average rating of 9.12.
- 97.1% positively rating the approach of the volunteers/staff with an average rating of 9.12.
- 97.6% reporting improved understanding that they are not to be blamed for the domestic abuse experienced with an average rating of 8.66.
- 96.1% saying that support made them more positive about their life chances with an average rating of 8.53.
- 96.1% that involvement helped improve their resilience and coping mechanisms with an average rating of 8.44.
- 97.1% that involvement enabled them to better access further education, volunteering and job opportunities with an average rating of 8.50.
- Average rating of confidence about life chances rising from 2.67 to 8.83.
- 94.6% that involvement helped reduce their social isolation with an average rating of 8.64.
- 99.0% that involvement strengthened their feeling of being part of a community with an average rating of 8.85.

The full evaluation shows the graphs of these, and other, outcomes along with many comments that underline how these changes came about.

As a collective Partnership we shared resources so we could deliver the best we possibly could across the board on all the outcomes.

Our use of Counsellors to support women in Urdu, Punjabi , Arabic and Bengali has been very successful and we recognise that we should also have Somali and other languages on offer.

We are planning to more partnership with other organisations and will continue to develop this way of working within So Safe Partnership providing training and group work sessions through virtual and face to face session. It is new way of working and we are learning to ensure we reach those women who would have not otherwise been able to part of training or group work.

Our Domestic Abuse awareness sessions for service users in our Manchester and Trafford groups ensured in addressed the sensitive nature of domestic abuse and was culturally appropriate. However, in Bury and Afghanistan women's group we struggled as we found women were hesitant and we had low taken up to the training sessions on these culturally sensitive topics. It was recognised that we should start with activities that build confidence and relationships before addressing more sensitive issues. This will better enable women to address healthy relationships and feel empowered to both

DATA COLLECTION

Our lamplight system has provided detail information on the journey a woman has taken from the start of her support journey with us. Measuring risk and support needs, the system has allowed us to see a woman`s journey at a glance. This system is now used by the refuge and the outreach project.

FUNDING

We would like to say a very big thank you to our funders, who have supported our activities by funding our projects and increasing our capacity.

- Manchester City Council
- The Big Lottery Fund,
- Comic relief
- Individual donors
- Lottery

PLANS FOR THE FUTURE

Saheli`s plans include:

- We plan to secure additional accommodation for women with NRPF.
- To continue to run group activities for elderly women in other areas of Manchester
- Hold a fundraising event annually to raise funds for our no recourse project
- To further develop our resettlement services for our service users who leave the refuge accommodation.

RELATED PARTY AND RELATIONSHIP WITH OTHER ORGANISATIONS

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. Saheli has affiliation to the Women's Aid Federation of England.

FINANCIAL REVIEW

Our total reserves for Saheli as at 31st March 2023 are £270,634 (2022: £347,557) out of which the Restricted balance is £42,950 (2022: £138,294). Unrestricted reserves balance is £227,684 (2022: £209,263) out of which £30,000 is ringfenced for redundancies. This leaves free reserves of £197,684 (2022: £179,263).

Reserves policy

Saheli has a reserves policy which is used to inform our reserves position. We have unrestricted reserves of 6 months running costs for the refuge provision.

Investment policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

Principal funding sources

The principal funding sources for the charity are currently by way of grant income from Manchester City Council, Comic relief, Lottery and Housing Benefit.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2023

Company status

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Trustees

The trustees are directors of the charity and, under the company's Articles, are known as Board members with voting rights. They have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. The trustees undertake a skills audit to identify gaps in Board experiences and new trustees are appointed on a 3-year term to fill these gaps. There is an induction and training plan in place for all trustees to strengthen their role in strategic planning. Trustees are also able to access the organisational training plan and attend any that they feel would be beneficial to their role and/or understanding.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, members of the Management Committee shall hold office until the end of Annual General Meeting next following their election appointment or co-option and shall be eligible for re-election or re-co-option.

Recruitment and Appointment of Trustees·

The committee are elected annually at the Annual General Meeting.

Trustee Induction and Training

Saheli management committee hear about Saheli through our annual report, word of mouth and the networking Saheli does. Saheli's management committee is recruited following all recruitment process and a successful induction.

All the management committee members are given an induction when they start which gives them up to date information on our services, finances, funding streams, organisational policies and procedures, code of conduct and training on our quality assurance standards. Training is provided for the management committee on roles and responsibilities of a trustee, domestic abuse/forced marriages and other relevant training identified to assist and support the work of the trustees.

Risk Management

We have developed policies and procedures to manage the risk within the organisation at all levels. The risk management policy has been developed to address the various risks facing the organisation and these are reviewed on a regular basis. Actions are identified based on risk factors with a follow up to ensure relevant steps have been taken to identify/reduce and manage risk.

Organisational Structure

The organisation is managed by the management committee who have the responsibility for the overall management of the project.

Organisational structure is as follows;

- Chief Executive Officer
- Managers
- Project workers
- Outreach workers
- Trainers
- Project support workers
- Group workers
- Volunteers

Remuneration policy for key management personnel

The remuneration package for all personnel comprises of a basic salary and contribution to a pension scheme. The charity is subject to auto-enrolment and contributions are currently made as agreed by the trustees.

Risk management

The trustees consider all major risks to which the charity is exposed and are satisfied that the procedures in place to manage them are adequate and effective. The senior management take delegated responsibility on behalf of the Board of Trustees for ensuring that there is an effective framework for accountability; for examining and reviewing all systems and methods of control, both financial and otherwise, including risk analysis and risk management; and for ensuring the charitable company is complying with all aspects of the law, relevant regulations and good practice. The charity regularly reviews its risk register in light of internal and external environmental changes and makes changes where necessary.

Funds held as custodian trustee on behalf of others

The charity has not acted as custodian trustee for any other charity during the period.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Directors / Trustees Responsibilities

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company end of its profit or loss of the company for that period.

In preparing the accounts, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any time, the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the company and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors report is prepared in accordance with the small companies' regime under part 15 of the Companies Act 2006.

Registered office
Oakland House, 1st[th] Floor, Old Trafford, Manchester, M16 0PQ
Signed on Behalf of the Board:

Chair
Shazia Bodhania

Date: 19/12/2023

SAHELI
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAHELI
FOR THE YEAR ENDED 31st MARCH 2022

I report on the accounts of the company for the year ended 31st March 2023 which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner
The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Muhammad Tayyab, Ferguson & Co
651 Mauldeth Road West, Manchester,M21 7SA

Dated: 19/12/2023

SAHELI

STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Year Ended 31.03.23 Total Funds £	Year Ended 31.03.22 Total Funds £
INCOMING RESOURCES					
Incoming Resources from generated funds:					
Activities for generating funds:					
Donations & Other Income	3	2,649	-	2,649	11,632
charitable activities:	5				
Refuge		414,369	-	414,369	287,528
Outreach		-	147,340	147,340	309,112
Other trading activities	4	-	-	-	-
Total incoming resources		417,018	147,340	564,358	608,272
RESOURCES EXPENDED					
Raising funds	8	-	-	-	-
Charitable Activities:	6				
Refuge		398,597	0	398,597	265,318
Outreach		-	242,684	242,684	251,475
TOTAL RESOURCES EXPENDED		398,597	242,684	641,281	516,793
Net movement in funds		18,421	(95,344)	(76,923)	91,479
Transfers between funds		-	-	-	-
RECONCILIATION OF FUNDS					
Total Funds Brought Forward	16	209,263	138,294	347,557	256,078
Prior year adjustment					
TOTAL FUNDS CARRIED FORWARD		**227,684**	**42,950**	**270,634**	**347,557**

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 22 form part of these accounts.

SAHELI

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2023 £	2022 £	2022 £
FIXED ASSETS					
Tangible Fixed Assets	12		2,861		5,721
CURRENT ASSETS					
Debtors & Prepayments	14	41,040		57,099	
Cash at Bank and in Hand	15	238,733		305,211	
		279,773		362,310	
LIABILITIES:					
Amounts falling due within one year	13	(12,000)		(20,474)	
NET CURRENT ASSETS			267,773		341,836
NET ASSETS			**270,634**		**347,557**
ACCUMULATED FUNDS					
Restricted Funds	16		42,950		138,294
Unrestricted Funds	16				
General funds			197,684		179,263
Designated funds			30,000		30,000
Total unrestricted funds			227,684		209,263
Total charity funds			**270,634**		**347,557**

For the year in question the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required The company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small companies, and the Financial Reporting Standards for Smaller Entities.

Approved on Behalf of the Board

Date: 19/12/2023 **Director** **Shazia Bodhania**

Date: 19/12/23 **Director** **Nabanita Ghosh**

The notes on pages 15 to 22 form part of these accounts.

SAHELI

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Note	2023	2022
		£	£
Cash provided by / (used) in operating activities	18	- 66,478	103,158
Cash flows from investment activities:		-	-
Net cash provided by investment activities		-	-
Increase/(decrease) in cash and cash equivalents during the year		(66,478)	103,158
Cash and cash equivalents at the beginning of the year		305,211	202,053
Cash and cash equivalents at the end of the year		**238,733**	**305,211**

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of accounting

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.The charity constitutes a public benefit entity as defined by FRS 102.
The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

SORP FRS 102

Saheli meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2023

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Current asset investments
The charity holds no investments.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs
Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities.

Operating leases
Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets
Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Fixtures & Equipment	25% on cost
Computers & Equipment	25% on cost
Play Equipment	25% on cost

Stock
Stock is included at the lower of cost or net realisable value. In general, cost is determined on a first in, first out basis. Net realisable value is the price at which stocks can be sold in the normal course of business after allowing for the costs of realisation. Provision is made where necessary for obsolete, slow moving, and defective stocks. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and at hand
The charity's cash at bank and in hand includes the availability of funds as at 31st March 2023.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions
Employees of the charity have been auto enrolled onto a pension scheme to which the charity contributes 6%.

2. Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2023

3. Income from donations and legacies

	Unrestricted	Restricted	Total 2023	Total 2022
			£	£
Donations	2,649	-	2,649	11,632
Total	**2,649**	**-**	**2,649**	**11,632**
Total by fund at 31 Mar 2022	**8,111**	**3,521**	**11,632**	

4. Income from other trading activities

Catering sales	-	-
	-	-

Alll income from other trading activity is unrestricted

5. Incoming resources from Activities to further the Charity's Objects

	Unrestricted	Restricted Refuge	Restricted Outreach	Total Funds 2023	Total Funds 2022
	£	£	£	£	£
Big Lottery	-	-	67,145	67,145	62,187
Manchester City Council	229,608	-	35,860	265,468	124,728
MCC - Equalities	-	-		0	35,860
Comic relief	-	-	32,246	32,246	208,065
Withington assist	-	-	2,745	2,745	3,000
The Caring family foundation	-	-	9,344	9,344	-
	229,608	-	147,340	376,948	433,840
Fees and other income					
Rents	147,823	-	-	147,823	125,423
Others	39,587	-	-	39,587	37,377
	187,410	-	-	187,410	162,800
Total	**417,018**	**-**	**147,340**	**564,358**	**596,640**
Total 2022	**287,528**	**309,112**	**-**	**596,640**	

	2023	2022
	£	£
Restricted income	147,340	309,112
Unrestricted income	417,018	287,528
	564,358	**596,640**

6 Analysis of expenditure on charitable activities

	Unrestricted Refuge 2023 £	Restricted Refuge 2023 £	Restricted Outreach 2023 £	Total 2023 £	Total 2022 £
Staff wages & pension, training	263,453	-	110,540	373,993	316,947
Premises	54,972	-	8,479	63,451	57,888
Project costs	44,431	-	12,460	56,891	35,784
Partnership grants	-	-	74,939	74,939	50,250
NRPF	1,750	-	-	1,750	3,521
Bad debts	-	-	-	-	4,268
HR	7,998	-	4,645	12,643	11,757
Depreciation	2,860	-	-	2,860	2,860
Governance costs (note 7)	2,880	-	-	2,880	2,880
Support costs (note 7)	20,253	-	31,621	51,874	30,638
Total	**398,597**	**-**	**242,684**	**641,281**	**516,793**
Total 2022	**265,318**	**-**	**251,475**	**516,793**	
Restricted expenditure				242,684	251,475
Unrestricted expenditure				398,597	265,318
				641,281	**516,793**

7 Analysis of support & governance costs

	Basis of apportment	Governan	Support	Total 2023 £	2022 £
IT	Type of expense	1,186	-	1,186	1,271
Management charges	Type of expense	0	44,031	44,031	21,259
Office	Floor space	-	6,034	6,034	7,441
Bank charges	Type of expense	-	-	623	667
Independent examination	Type of expense	2,880	-	2,880	2,880
		4,066	50,688	54,754	33,518

8. Cost of raising funds	Total 2023 £	Total 2022 £
Cost of goods sold	-	-
	-	-

9. Net income/expenditure for the year

	2023 £	2022 £
This is stated after charging:		
Depreciation	2,860	2860
Independent examination fees	2,880	2,880

10. Staff cost were as follows	2023 £	2022 £
Wages & salaries	361,258	307,860
Pension costs	12,735	9,087
	373,993	316,947

1 employee earned £60,000 per annum or more.

	2023	2022
CEO	1	1
Manager	2	2
Project Workers	10.5	10.5
Peer support worker	0.3	0.3
Domestic assistant	0.3	0.3
	14.1	14.1

11. Trustee remuneration and expenses, and related party transactions

The management committee received £511 of travel and subsistence expenses during the year (2022: £574).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

	Play Equipment £	Computers & Equipment £	Furniture & Equipment £	Total £
Cost				
At 01.04.2022	10,070	10,559	11,441	32,070
At 31.03.2023	10,070	10,559	11,441	32,070
Accumulated Depreciation				
At 01.04.2022	10,070	10,559	5,720	26,349
Charge			2,860	2,860
At 31.03.2023	10,070	10,559	8,580	29,209
Net Book Value				
At 01.04.2022	-	-	5,721	5,721
At 31.03.2023	-	-	2,861	2,861

13. Creditors: Amounts due within one year

	2023 £	2022 £
Accruals	10,017	14,225
Payroll liabilities	1,983	6,249
	12,000	20,474

14. Debtors

	2023 £	2022 £
Accounts receivables less bad debts	41,040	57,099
	41,040	57,099

15. Cash at bank and in hand

2023 £	2022 £
238,733	305,211

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2023

16. Analysis of charitable Funds

Analysis of movements in restricted Funds

	Balance 1 April 2022	Incoming	Outgoing	Transfers	Balance 31 March 2023
	£	£	£	£	£
Lottery	32,421	67,145	61,806	-	37,760
Comic relief	105,873	32,246	138,119	-	-
MCC-VCS	-	35,860	35,860	-	-
Withington assist	-	2,745	1,899	-	846
The Caring family foundation	-	9,344	5,000	-	4,344
Total Restricted Funds	138,294	147,340	242,684	-	42,950
Unrestricted Funds					
General Funds	209,263	417,018	398,597	-	227,684
Total Unrestricted Funds	209,263	417,018	398,597	-	227,684
Total Funds	**347,557**	**564,358**	641,281	-	**270,634**

Name of Restricted Funds	**Description, nature and purposes of fund**
Immigration	Donations to supports women with no recourse to public funds
Comic Relief	Partnership working with other BAMER organisations
Lottery Funds	Partnership working with other BAMER organisations
Manchester City Council	For support of refuge accomodation
Withington Assist	Joint working partnership for Groupwork
Manchester City Council VCS	For the For outreach support
The Caring Foundation	For the support of evening and out of hours support
Donations	For support of refuge and NRPF women

Name of Unrestricted Funds	**Description, nature and purposes of fund**
General Fund	The "Free Reserves"
Designated funds	Redundancy cost*

*Note: Trustees have decided to ringfence £30,000 for potential redundancy cost from unrestricted reserves as a contingency.

17. Analysis of Net Assets Between Funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2023
	£	£	£	£
Tangible Fixed Assets	2,861	-	-	2,861
Cash at bank	195,783	-	42,950	238,733
Net Current Assets less bank less liabilities	29,040	-	-	29,040
Net Assets at 31 March 2023	**227,684**	**-**	**42,950**	**270,634**

18. Reconciliation of net movements in funds to net cash flow from operating activites

	31/03/2023 £	31/03/2022 £
Net income/(expenditure) for the year	**(76,923)**	**91,479**
Adjustments for:		
Depreciation charge	2,860	2,860
Loss/(profit) on sale of fixed assets		
Decrease/(increase) in debtors	16,059	18,847
Increase/(decrease) in creditors	(8,474)	(10,028)
	(66,478)	**103,158**

SAHELI

England & Wales - Charity number 1033067

Accounts

Saheli
Making a difference

SAHELI

(COMPANY LIMITED BY GUARANTEE (ENGLAND & WALES) NO: 2846843

REGISTERED CHARITY NO: 1033067

REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

31st MARCH 2022

SAHELI
For the year ended 31st March 2022

Reference and administrative information
The charity is a company limited by guarantee and is registered with the charity commission

Company Registration Number 2846843 — Incorporated 23rd August 1993
Charity Registration Number 1033067 — Registered 10th February 1994

Registered office
Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ

Directors
The directors/trustees who held office during the year ended 31st March 2022 were as follows:

Shazia Bodhania (Chair)
Nabanita Gosh (Treasurer)
Nilofar Siddiqi
Zara Rahman

Senior Management Team
Priya Chopra - Chief Executive Officer
Sugra Akbar – Manager
Khalda Ali – Project manager

Bankers
Royal Bank of Scotland, 464 Wilbraham Road, Chorlton cum-hardy, Manchester, M21 1AR

Independent Examiner
Ferguson & Co, 651 Mauldeth Road West, Manchester, M21 7SA

Governing document
The company was established under a Memorandum and Article of Association which established the objects and aims of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The trustees present their report and financial statements for the year ended 31st March 2022. Included within the trustees' report is the directors' report as required by company law. Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2022

OBJECTIVES AND ACTIVITIES

Purposes and Aims

Saheli supports Black, Asian and Minoritised women and children who experience domestic abuse and forced marriages. Saheli provides refuge accommodation and outreach support to women living in the community.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

BENEFICIARIES OF OUR SERVICE

We have continued to support Black, Asian and Minoritised women and their children fleeing domestic abuse and forced marriages.

Our activities benefit the public by:

- Providing temporary refuge accommodation to Black, Asian and Minortised women and their children fleeing domestic abuse and forced marriage.
- Providing telephone advice and support to Black, Asian and Minortised women within the community
- Delivering training to raise awareness of issues of domestic abuse and forced marriages within schools/colleges/universities and organisations (voluntary and statutory).

FAMILY SUPPORT WORK

Our family support worker has been funded by the OPeNS and Withington Assist for group work for older service users. Running group work sessions to empower women and develop their skills, the group has shown a higher demand with an interest from elderly women who have been subject to abuse from partners, in laws and in some cases their children. Our one-to-one work has allowed us to offer advice and information and advocate on behalf of women to access legal support, health related support and housing to support women in independence away from abuse.

NO RECOURSE TO PUBLIC FUNDS

We have had an increase in the number of referrals from women with no recourse to public funds who find themselves destitute due to domestic abuse. Having no recourse to public funds makes them extremely vulnerable as there is no financial support available for them. Last year we received donation from a well-wish whom we cannot Thank enough. The generosity and support given to us meant we were able to provide accommodation, provide food, clothing, travel expenses to many women who were fleeing domestic abuse but were unable to access benefits. We have been able to offer specialist counselling support as well as to provide accommodation.

Saheli's research report "Unequal Regard Unequal Protection" highlighted some of the issues being faced by the women who have no recourse to public funds. We have been working with the policy makers to take the recommendation from the report forward to bring about much needed change.

ACHIEVEMENTS AND PERFORMANCE

Saheli has continued its high-quality services to women and children fleeing domestic abuse and forced marriages.

Saheli has continued to support women and children from the Black, Asian and Minortised communities to be safe where they are at risk of violence and abuse. We do this by providing safe and secure accommodation advice, information, guidance, and advocacy; and opportunities to attend group work, counselling sessions, empowerment workshops, volunteering and learn new skills.

REFUGE

It has been a busy year for the refuge, which has been fully occupied for most of the year. Women have presented with various situations including, forced marriages, honour-based violence and domestic abuse. The issues they have been faced with has been homelessness, destitution, isolation, mental health, low self-esteem and confidence and overall requiring a place of safety. Covid has disrupted the move on for some women however our support through this period has kept women strong and ready for independent living.

Saheli managed to secure additional funding from Manchester City Council to employ additional staff for the refuge. We successfully recruited a children's worker, helpline worker and a complex needs worker. This has been a huge development for us, reaching out further on a one-to-one basis for women and children in need.

Our extended telephone helpline had allowed many women to access our services who struggle during core office hours. The extended hours have been to meet this additional need which has seen an increase in the number of women seeking our support. These successful projects have shown our success in meeting our plans for the future, goals set by the organisation.

OUTREACH SERVICE

Saheli has continued to strengthen its outreach service, successfully receiving funding for further projects from the lottery, comic relief and successful partnership with Withington assist.

SO SAFE PROJECT

Saheli has been working in partnership with Bury Active Women's Project and Rochdale Women's Welfare Association in So Safe Outreach Project are supporting women from Black, Asian and minority communities who have experienced forced marriage, domestic abuse, and honour based abuse. Many of the service users who are accessing the service are migrant women who have no recourse to public funds.

As part of So Safe Project Saheli has been providing One to One specialist outreach support and group work for Black, Asian and Minoritised women fleeing DV, FM and HBV, this is being offered through 3 different locations: Trafford, Bury and Rochdale. We have set up a separate group for 30 service users from Afghanistan.

Our Helpline Support and Advice Line for women fleeing domestic abuse has been very busy and we have received over 5,000 calls for support, information, and advice in the year. Many of the service users accessing the helpline have multiple and complex needs. These include issues relating to domestic abuse as well as immigration, high level of mental health needs, housing, substance use, safeguarding and child protection issues.

Our Peer Support Workers have been working with the outreach team to support many complex cases, many of whom have intersectional needs. We have seen a high rise in food poverty of those seeking help from us, both for the outreach and refuge provision. This has meant that we have been contacting food banks for vouchers and our supporters for donations of food, clothing as well as additional funds.

We also saw many women who were trying to escape the domestic abuse situation not having money to buy bus and rail tickets. We were able to access 'Rail to Refuge', a Women's Aid project supporting women who are struggling to leave abusive situations.

Our Outreach Worker with specific training responsibility has led on recruiting 20 women for Peer Mentoring & Mental Health training. They completed 8 weeks training and are now being further upskilled with training in Safeguarding, Confidentiality, HBV, FM, Mental Health, First Aid and also enrolling on the Freedom programme.

OPeNs MCC Funded Group Work:

We have worked in partnership with many other organisations to involve women from Black, Asian and Minoritised communities. These have included working with older women through Withington Assist, Withington Library, Ladybarn Community Centre, Welcome Centre, Inspire Leverhulme, Burnage Women's Group, Bury Active Women's Centre, and Rochdale Women's Welfare Association.

Awareness raising sessions were delivered to a local doctors' group in South Manchester so they could cascade the information about our work and support available through the SO SAFE Project. We have been asked to do similar sessions in Central and North Manchester. We are currently exploring opportunities to use similar awareness raising sessions in Bury, Trafford and Rochdale.

We held fortnightly Coffee Mornings in different locations to raise awareness on domestic abuse and involve women in the community to get involved. Many women in the community along with many of our service users have enrolled in the training for peer mentors as a result of these sessions.

The differences we are making

195 women attended group work sessions and connected with other women who were going through domestic abuse situation. Women connected with each other through group support sessions to share solutions and improve their support networks. The sessions included the following activities and number shows how many service users attended the sessions:

- 20 Peer Mentors attending eight-week training sessions on becoming peer mentors.
- 8 Cycling Session were attended by eight women over the period of 12 weeks.
- 16 Yoga Sessions were delivered in Manchester, Bury and Trafford group work.
- 4 Online yoga were delivered to four women who could not access face to face
- 6 Art Session Withington Library were delivered.
- 8 CHAC-Advice training 1 day week
- 18 Relaxation Classes from BUZZ – funded by NHS (12-week course)
- 8 Walking sessions were delivered in partnership with Withington Assist
- 11 Volunteers training – Safeguarding, confidentiality, leadership.
- 30 Sewing -Afghan women's group- Caritas Project has been running for ten weeks.
- 8 Sewing- Withington Library group and empowerment sessions on enterprising.
- 16 Sewing -Bury Active Women's Group
- 16 Afghan and Withington group Face Painting was organised for children.
- 20 Afghan women's and SO SAFE Women's Group on employment and volunteering.
- 15 Domestic Abuse Awareness Training x 4 sessions across Manchester, Bury, Rochdale
- 12 Healthy Relationship sessions

We have had several cases where team members have had to work with Local Authority safeguarding teams, make a referral to the multi-agency risk assessment team (MARAC), work with the Police and Homeless Families Unit's Women's Direct Access Centre to ensure women are safely accommodated when refuge space in not available. We were able to ensure that women had access to Social Worker and Saheli Outreach Worker support during this very difficult transition period.

28 women with complex needs received in-depth support and have a safety plan and receive therapy support through the SO SAFE Project. Some presented with high mental health needs including self-harm. We saw and increased number of sexual abuse cases and women who had no recourse to public funds who had experienced domestic abuse. The Outreach team worked with primary care and safeguarding teams as well as Mental Health Gateway to undertake assessments and we provided support in different languages including Urdu, Punjabi, Bengali and Arabic from our in-house counsellors. The SO SAFE team worked tirelessly to ensure women were safe, had access to our helpline, food, travel money to leave the abusive situation and were able to secure refuge space. They worked with the women to ensure they were supported to give statements to the Police and have access to legal advice.

Our project evaluation (attached) demonstrates that women reported improved resilience, coping mechanisms, capacity to live independently and be more positive about their life chances. Highlights include:

- 97.7% reporting satisfaction (6, 8 or 10 on the decimal scale) with an average rating of 9.01.
- 96.9% positively rating the approach of the volunteers/staff with an average rating of 9.01.
- 97.7% reporting improved understanding that they are not to be blamed for the domestic abuse experienced with an average rating of 8.35.
- 96.2% saying that support made them more positive about their life chances with an average rating of 8.47.
- 95.4% that involvement helped improve their resilience and coping mechanisms with an average rating of 8.15.
- 95.4% that involvement enabled them to better access further education, volunteering and job opportunities with an average rating of 8.21.
- Average rating of confidence about life chances rising from 2.90 to 8.73.
- 94.7% that involvement helped reduce their social isolation with an average rating of 8.41.
- 98.5% that involvement strengthened their feeling of being part of a community with an average rating of 8.49.

19 of 20 participants in the Peer Mentoring Training completed the evaluation and the results showed good impact. Strength of mentoring skills rose from an average of 3.47 before to 8.00 after the course with confidence in mentoring rising from 3.89 to 8.11. The full evaluation, with comments, is attached

Looking at the data, progress has been good, and it shows the positive effectiveness of our approach. We did this by offering various courses and delivered them to the groups we created in the community. Involving the women in decision making in the groups on what they would like to learn, also encouraged them to make choices and feel confident and empowered. We made them feel like they belonged to part of a safe community, so they felt safe to return every week to the group.

We gave the women the opportunity to choose what they wanted to do in the groups, as it was important for them to feel they were part of the group and feel empowered and it gave them the confidence to be more vocal and share ideas and skills.

As a collective Partnership we shared resources so we could deliver the best we possibly could across the board on all the outcomes.

Our use of Counsellors to support women in Urdu, Punjabi, Arabic and Bengali has been very successful and we recognise that we should also have Somali and other languages on offer.

We are planning to more partnership with other organisations and will continue to develop this way of working within So Safe Partnership providing training and group work sessions through virtual and face to face session. It is new way of working and we are learning to ensure we reach those women who would have not otherwise been able to part of training or group work.

Our Domestic Abuse awareness sessions for service users in our Manchester and Trafford groups ensured in addressed the sensitive nature of domestic abuse and was culturally appropriate. However, in Bury and Afghanistan women's group we struggled as we found women were hesitant and we had low taken up to the training sessions on these culturally sensitive topics. It was recognised that we should start with activities that build confidence and relationships before addressing more sensitive issues. This will better enable women to address healthy relationships and feel empowered to both

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2022

Champa Champion :

Champa Champion is a partnership between Saheli, Apna Haq, Humraaz and Rochdale Women's Welfare Association. We are proud to have reached so many women in the community across the 4 boroughs of Blackburn, Manchester, Rotherham and Rochdale. We have supported them to move onto Independence and enabled them to live a life free from abuse.

•Through Champa Champion project Women are managing to reduce isolation through the group sessions which in turn is having a positive impact on their mental health and wellbeing. Through evaluation, women have told us they feel less stressed after attending the groups. The sessions have reduced their isolation and improved their social interactions. The women have improved mental health and wellbeing both physically and mentally.

- The sessions we run have put them in good stead to not only become Champa Champions but not also pursue employment in the many sectors of the economy and at the same time gaining confidence in their own abilities.

- We have also recruited volunteers who have successfully have gone onto facilitating groups they once attended as service users. Essentially becoming Champa Champions.

- We have created 4 training packages which we are looking at rolling out to external agencies, such as doctors surgeries, hospitals, schools, mosques across the 4 boroughs.

- Setting up new community groups and being able to reach a wider target group has been very rewarding.

- Working collectively and sharing knowledge and experience has been rewarding and fulfilling.

- As a consortium, being able to challenge policy makers on a national level on issues affecting Black & Minoritised women has been rewarding.

- 16 Days of Activism – Saheli initiated 16 days of activism campaign against gender based violence. This is an international annual campaign focusing on the elimination of violence against women. This campaign brought all our Partner organisations together to convey the message that women should not be subjected to any form of violence.

- We have celebrated multi faith days ensuring inclusion of all the various minority groups we work with. This enables everyone to understand other customs and cultures and religions.

DATA COLLECTION

Our lamplight system has provided detail information on the journey a woman has taken from the start of her support journey with us. Measuring risk and support needs, the system has allowed us to see a woman`s journey at a glance. This system is now used by the refuge and the outreach project.

FUNDING

We would like to say a very big thank you to our funders, who have supported our activities by funding our projects and increasing our capacity.

- Manchester City Council
- The Big Lottery Fund,
- Comic relief
- Individual donors
- TNL Community Fund

PLANS FOR THE FUTURE

Saheli`s plans include:

- ***We plan to secure additional accommodation for women with NRPF***
- To continue to run group activities for elderly women in other areas of Manchester
- Hold a fundraising event annually to raise funds for our no recourse project
- To develop our aftercare services for our service users who leave the refuge accommodation.

Strategy

Our business plan had a focus on developing a social enterprise which would benefit our service users, allowing them to access opportunities to develop their existing skills and learn new skills which would allow them to access further education or employment or to work towards setting up a self-employed business. This is now developed, and the income raised is being put back into the project to develop it further.

RELATED PARTY AND RELATIONSHIP WITH OTHER ORGANISATIONS

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. Saheli has affiliation to the Women's Aid Federation of England.

FINANCIAL REVIEW

Saheli is currently funded through Manchester City Council for the core costs of the refuge 1. Our total reserves for Saheli as at 31st March 2022 are £347,557 (£Restricted: £138,294) (2021: £256,078) out of which the Restricted balance is £77,136 (2020: £16,681).

Reserves policy

Saheli has a reserves policy which is used to inform our reserves position. We have unrestricted reserves of 6 months running costs for the refuge provision.

Investment policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

Principal funding sources

The principal funding sources for the charity are currently by way of grant income from Manchester City Council, Big Lottery Fund, Comic relief, TNL Community Fund and Housing Benefit.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2022

Company status

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Trustees

The trustees are directors of the charity and, under the company's Articles, are known as Board members with voting rights. They have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. The trustees undertake a skills audit to identify gaps in Board experiences and new trustees are appointed on a 3-year term to fill these gaps. There is an induction and training plan in place for all trustees to strengthen their role in strategic planning. Trustees are also able to access the organisational training plan and attend any that they feel would be beneficial to their role and/or understanding.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, members of the Management Committee shall hold office until the end of Annual General Meeting next following their election appointment or co-option and shall be eligible for re-election or re-co-option.

Recruitment and Appointment of Trustees·

The committee are elected annually at the Annual General Meeting.

Trustee Induction and Training

Saheli management committee hear about Saheli through our annual report, word of mouth and the networking Saheli does. Saheli's management committee is recruited following all recruitment process and a successful induction.

All the management committee members are given an induction when they start which gives them up to date information on our services, finances, funding streams, organisational policies and procedures, code of conduct and training on our quality assurance standards. Training is provided for the management committee on roles and responsibilities of a trustee, domestic abuse/forced marriages and other relevant training identified to assist and support the work of the trustees.

Risk Management

We have developed policies and procedures to manage the risk within the organisation at all levels. The risk management policy has been developed to address the various risks facing the organisation and these are reviewed on a regular basis. Actions are identified based on risk factors with a follow up to ensure relevant steps have been taken to identify/reduce and manage risk.

Organisational Structure

The organisation is managed by the management committee who have the responsibility for the overall management of the project.

Organisational structure is as follows;

- Chief Executive Officer
- Managers
- Project workers
- Outreach workers
- Social enterprise worker
- Volunteers

Remuneration policy for key management personnel

The remuneration package for all personnel comprises of a basic salary and contribution to a pension scheme. The charity is subject to auto-enrolment and contributions are currently made as agreed by the trustees.

Risk management

The trustees consider all major risks to which the charity is exposed and are satisfied that the procedures in place to manage them are adequate and effective. The senior management take delegated responsibility on behalf of the Board of Trustees for ensuring that there is an effective framework for accountability; for examining and reviewing all systems and methods of control, both financial and otherwise, including risk analysis and risk management; and for ensuring the charitable company is complying with all aspects of the law, relevant regulations and good practice. The charity regularly reviews its risk register in light of internal and external environmental changes and makes changes where necessary.

Funds held as custodian trustee on behalf of others

The charity has not acted as custodian trustee for any other charity during the period.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Directors / Trustees Responsibilities

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company end of its profit or loss of the company for that period.

In preparing the accounts, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any time, the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the company and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors report is prepared in accordance with the small companies' regime under part 15 of the Companies Act 2006.

Registered office
Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ
Signed on Behalf of the Board:

Chair
Shazia Bodhania

Date: 20.12.2022

SAHELI
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAHELI
FOR THE YEAR ENDED 31st MARCH 2022

I report on the accounts of the company for the year ended 31st March 2022 which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner
The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:
   - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
   - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

   have not been met; or
2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Muhammad Tayyab, Ferguson & Co
651 Mauldeth Road West, Manchester,M21 7SA

Dated: 21/12/2022

SAHELI

STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Year Ended 31.03.22 Total Funds £	Year Ended 31.03.21 Total Funds £
INCOMING RESOURCES					
Incoming Resources from generated funds:					
Activities for generating funds:					
Donations & Other Income	3	8,111	3,521	11,632	17,853
charitable activities:	5				
Refuge		287,528	-	287,528	407,690
Outreach		-	309,112	309,112	399,192
Other trading activities	4	-	-	-	-
Total Incoming resources		295,639	312,633	608,272	824,735
RESOURCES EXPENDED					
Raising funds	8	-	-	-	-
Charitable Activities:	6				
Refuge		265,318	-	265,318	332,049
Outreach		-	251,475	251,475	352,301
TOTAL RESOURCES EXPENDED		265,318	251,475	516,793	684,350
Net movement in funds		30,321	61,158	91,479	140,385
Transfers between funds		-	-	-	-
RECONCILIATION OF FUNDS					
Total Funds Brought Forward	16	178,942	77,136	256,078	115,693
Prior year adjustment					
TOTAL FUNDS CARRIED FORWARD		**209,263**	**138,294**	**347,557**	**256,078**

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 15 to 22 form part of these accounts.

SAHELI

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	2022 £	2021 £	2021 £
FIXED ASSETS					
Tangible Fixed Assets	12		5,721		8,581
CURRENT ASSETS					
Debtors & Prepayments	14	57,099		75,946	
Cash at Bank and in Hand	15	305,211		202,053	
		362,310		277,999	
LIABILITIES:					
Amounts falling due within one year	13	(20,474)		(30,502)	
NET CURRENT ASSETS			341,836		247,497
NET ASSETS			**347,557**		**256,078**
ACCUMULATED FUNDS					
Restricted Funds	16		138,294		77,136
Unrestricted Funds	16				
General funds			179,263		148,942
Designated funds			30,000		30,000
Total unrestricted funds			209,263		178,942
Total charity funds			**347,557**		**256,078**

For the year in question the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required The company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small companies, and the Financial Reporting Standards for Smaller Entities.

Approved on Behalf of the Board

Date: 20/12/2022 **Director** **Shazia Bodhania** SBodhania

Date: 17/12/22 **Director** **Nabanita Ghosh** Nabanita Ghosh

The notes on pages 15 to 22 form part of these accounts.

SAHELI

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

	Note	2022	2021
		£	£
Cash provided by / (used) in operating activities	18	103,158	109,785
Cash flows from investment activities:			
Interest		-	-
Purchase of tangible fixed assets			11,441
Net cash provided by investment activities		-	11,441
Increase/(decrease) in cash and cash equivalents during the year		103,158	98,344
Cash and cash equivalents at the beginning of the year		202,053	103,709
Cash and cash equivalents at the end of the year		**305,211**	**202,053**

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting policies
The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of accounting

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.The charity constitutes a public benefit entity as defined by FRS 102.
The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

SORP FRS 102
Saheli meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Preparation of the accounts on a going concern basis
The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income
Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donated services and facilities
Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Current asset investments
The charity holds no investments

Taxation
The charity is exempt from corporation tax on its charitable activities

Fund accounting
Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs
Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities.

Operating leases
Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets
Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Fixtures & Equipment	25% on cost
Computers & Equipment	25% on cost
Play Equipment	25% on cost

Stock
Stock is included at the lower of cost or net realisable value. In general, cost is determined on a first in, first out basis. Net realisable value is the price at which stocks can be sold in the normal course of business after allowing for the costs of realisation. Provision is made where necessary for obsolete, slow moving, and defective stocks. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and at hand
The charity's cash at bank and in hand includes the availability of funds as at 31st March 2022.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions
Employees of the charity have been auto enrolled onto a pension scheme to which the charity contributes 6%.

2. Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2022

3. Income from donations and legacies

	Unrestricted	Restricted	Total 2022	Total 2021
			£	£
Donations	7,993	3,403	11,396	17,853
Total	**7,993**	**3,403**	**11,396**	**17,853**
Total by fund at 31 Mar 2021	**17,853**	-	**17,853**	

4. Income from other trading activities

Catering sales	-	-
	-	-

Alll income from other trading activity is unrestricted

5. Incoming resources from Activities to further the Charity's Objects

	Unrestricted Refuge	Restricted Refuge	Restricted Outreach	Total Funds 2022	Total Funds 2021
	£	£	£	£	£
Big Lottery	-	62,187	-	62,187	242,407
Llyods TSB	-	-	-	-	28,670
Manchester City Council	124,728	-	-	124,728	75,117
Donation	-	-	-	-	17,853
MCC - Equalities	-	35,860	-	35,860	35,860
Imkaan	-	-	-	-	32,500
MCHLG	-	-	-	-	68,826
Rosa fund	-	-	-	-	34,890
Northern project	-	-	-	-	7,751
Comic relief	-	208,065	-	208,065	45,784
Smallwood	-	-	-	-	35,273
Womens Aid	-	-	-	-	20,618
Withington assist	-	3,000	-	3,000	-
Social change	-	-	-	-	7,191
	124,728	309,112	-	433,840	652,740
Fees and other Income					
Rents	125,423	-	-	125,423	109,555
Others	37,377	-	-	37,377	62,440
	162,800	-	-	162,800	171,995
Total	**287,528**	**309,112**	-	**596,640**	**824,735**
Total 2021	**264,965**	**160,578**	**399,192**	**824,735**	

	2022	2021
	£	£
Restricted Income	287,528	559,770
Unrestricted income	309,112	264,965
	596,640	**824,735**

6 Analysis of expenditure on charitable activities

	Unrestricted Refuge 2022 £	Restricted Refuge 2022 £	Restricted Outreach 2022 £	Total 2022 £	Total 2021 £
Staff wages & pension, training	160,503	-	156,444	316,947	344,151
Premises	52,851	-	5,037	57,888	39,276
Project costs	19,920	-	15,864	35,784	90,025
Partnership grants	-	-	50,250	50,250	131,656
NRPF	-	-	3,521	3,521	1,186
Bad debts	4,268	-	-	4,268	-
HR	8,157	-	3,600	11,757	2,903
Depreciation	2,860	-	-	2,860	2,860
Governance costs (note 7)	1,440	-	1,440	2,880	2,880
Support costs (note 7)	15,319	-	15,319	30,638	69,413
Total	**265,318**	**-**	**251,475**	**516,793**	**684,350**
Total 2021	**185,035**	**147,014**	**352,301**	**684,350**	
Restricted expenditure				251,475	499,315
Unrestricted expenditure				265,318	185,035
				516,793	**684,350**

7 Analysis of support & governance costs

	Basis of apportment	Governan	Support	Total 2022 £	Total 2021 £
IT	Type of expense	-	1271	1,271	400
Management charges	Type of expense	11,277	9,982	21,259	55,850
Office	Floor space	-	7,441	7,441	-
Bank charges	Type of expense	667	-	667	-
Independent examination	Type of expense	1,440	1440	2,880	16,043
		13,384	20,134	33,518	72,293

8. Cost of raising funds	Total 2022 £	Total 2021 £
Cost of goods sold	-	-
	-	-

9. Net income/expenditure for the year

	2022 £	2021 £
This is stated after charging:		
Depreciation	2,860	2860
Independent examination fees	2,880	2,880

10. Staff cost were as follows

	2022 £	2021 £
Wages & salaries	307,860	332,319
Pension costs	9,087	11,762
	316,947	344,081

No employee earned £60,000 per annum or more.

	2022	2021
CEO	1	1
Manager	2	2
Project Workers	10.5	3.5
Peer support worker	0.3	0.3
Domestic assistant	0.3	0.3
	14.1	7.1

11. Trustee remuneration and expenses, and related party transactions

The management committee received £574 of travel and subsistence expenses during the year (2021: £574).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2022

12. Tangible Fixed Assets

	Play Equipment £	Computers & Equipment £	Furniture & Equipment £	Total £
Cost				
At 01.04.2021	10,070	10,559	11,441	32,070
Additions				0
Disposals				-
At 31.03.2022	10,070	10,559	11,441	32,070
Accumulated Depreciation				
At 01.04.2021	10,070	10,559	2,860	23,489
Charge			2,860	2,860
Eliminated on Disposals				-
At 31.03.2022	10,070	10,559	5,720	26,349
Net Book Value				
At 01.04.2021	-	-	8,581	8,581
At 31.03.2022	-	-	5,721	5,721

13. Creditors: Amounts due within one year

	2022 £	2021 £
Accruals	14,225	25,584
Payroll liabilities	6,249	4,918
	20,474	30,502

14. Debtors

	2022 £	2021 £
Accounts receivables less bad debts	57,099	75,946
	57,099	75,946

15. Cash at bank and in hand

	2022 £	2021 £
	305,211	202,053

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2022

16. Analysis of charitable Funds

Analysis of movements in restricted Funds

	Balance 1 April 2021	Incoming	Outgoing	Transfers	Balance 31 March 2022
	£	£	£	£	£
Donations	-	3,521	3,521	-	-
Withington assist	-	3,000	3,000	-	-
Lloyds TSB	8,000	-	8,000	-	-
MCHLG	-	-		-	-
Imkaan	23,644	-	23,644	-	-
Rosa fund	17,495	-	17,495	-	-
Smallwood	-	-	-	-	-
Womens Aid	-	-	-	-	-
Lottery	-	62,187	29,766	-	32,421
Comic relief	20,660	208,065	122,852	-	105,873
MCC-VCS	2,543	35,860	38,403	-	-
Social change	4,794		4,794	-	-
Total Restricted Funds	77,136	312,633	251,475	-	138,294
Unrestricted Funds					
General Funds	178,942	295,639	265,318	-	209,263
Total Unrestricted Funds	178,942	295,639	265,318	-	209,263
Total Funds	**256,078**	**608,272**	516,793	-	**347,557**

Name of Restricted Funds	**Description, nature and purposes of fund**
Immigration	Donations to supports women with no recourse to public funds
Lottery Funds	Partnership working with other BAMER organisations
Lloyds TSB	For family support work
Manchester City Council	For the social enterprise project
Donation	For support of refuge and NRPF women

Name of Unrestricted Funds	**Description, nature and purposes of fund**
General Fund	The "Free Reserves"
Designated funds	Redundancy cost*

*Note: Trustees have decided to ringfence £30,000 for potential redundancy cost from unrestricted reserves as a contingency.

17. Analysis of Net Assets Between Funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2022
	£	£	£	£
Tangible Fixed Assets	5,721	-	-	5,721
Cash at bank	166,917	-	138,294	305,211
Net Current Assets less bank less liabilities	36,625	-	-	36,625
Net Assets at 31 March 2022	**209,263**	**0**	**138,294**	**347,557**

18. Reconciliation of net movement in funds to net cash flow from operating activites

	31/03/2022 £	31/03/2021 £
Net income/(expenditure) for the year	**91,479**	**140,385**
Adjustments for:		
Depreciation charge	2,860	2,860
Loss/(profit) on sale of fixed assets		
Decrease/(increase) in debtors	18,847	(44,821)
Increase/(decrease) in creditors	(10,028)	11,361
	103,158	**109,785**

SAHELI

England & Wales - Charity number 1033067

Accounts

SAHELI

(COMPANY LIMITED BY GUARANTEE (ENGLAND & WALES) NO: 2846843

REGISTERED CHARITY NO: 1033067

REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

31st MARCH 2021

SAHELI
For the year ended 31st March 2021

Reference and administrative information
The charity is a company limited by guarantee and is registered with the charity commission.

Company Registration Number 2846843 — Incorporated 23rd August 1993
Charity Registration Number 1033067 — Registered 10th February 1994

Registered office
Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ

Directors
The directors/trustees who held office during the year ended 31st March 2021 were as follows:

Azra Ali	(Chair – Resigned 10/01/2020)
Iram Ahmed	(Secretary – Resigned 02/01/2020)
Shazia Bodhania	(Chair – Appointed 10/01/2020)
Rukhsana Arifeen	(Treasurer – Resigned 06/03/2020)
Nabanita Ghosh	
Nilofar Siddiqi	

Secretary:
Iram Ahmed – Resigned 02/01/2020

Senior Management Team
Priya Chopra - Chief Executive Officer
Sugra Akbar – Manager
Khalda Ali – Project manager

Bankers
Royal Bank of Scotland, 464 Wilbraham Road, Chorlton cum-hardy, Manchester, M21 1AR

Independent Examiner
Ferguson & Co, 651 Mauldeth Road West, Manchester, M21 7SA

Governing document
The company was established under a Memorandum and Article of Association which established the objects and aims of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

The trustees present their report and financial statements for the year ended 31st March 2021. Included within the trustees report is the directors' report as required by company law. Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2021

OBJECTIVES AND ACTIVITIES

Purposes and Aims

Saheli supports BAMER women and children who experience domestic violence. Saheli provides refuge accommodation and outreach support to women living in the community.

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning how our activities will contribute to the aims and objectives that have been set. They are informed in this task by robust performance management and monitoring systems that capture the outcomes - and outputs - of our work, and by comprehensive consultation processes that incorporate service user, staff, volunteer and stakeholder experience of service gathered through a variety of formal and informal processes.

BENEFICIARIES OF OUR SERVICE

We have continued to support BAMER women and their children fleeing domestic abuse and forced marriages. Saheli is the lead organisation for the Manchester Maya project, which is a partnership of 8 organisations including Annana, Wai yin chines community, CDM UK, women's voices, wonderfully made women, Himmat and the Bauer academy.

Our activities benefit public benefit by:

- Providing temporary refuge accommodation to BAMER women and their children fleeing domestic abuse.
- Providing telephone advice and support to BAMER women within the community
- Delivering training to raise awareness of issues of domestic abuse and forced marriages within schools/colleges/universities and organisations (voluntary and statutory).

Saheli has been supporting women and children from Black Asian Minority and Ethnic communities and was set up 44 years ago in Manchester. We have continued to work in Manchester and currently expanding our services to Greater Manchester.

Saheli Board, Staff Team, Volunteers have worked hard to meet our vision of keeping women and children safe this year. We revisited our strategy and business plan to ensure we continue to diversify our income streams.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2021

Saheli has been awarded the Imkaan National Standards this year and we proud of this achievement demonstrating quality and evidence-based service approach to meeting the needs of women and children from Black Asian Minority and Ethnic communities.

Ex-service users have become mentors for other women using the services of Saheli. They have taken on a new responsibility, which empowers and supports other BAME women and helps them value themselves more. The work of recruiting and training the mentors was led by our Social Enterprise worker and funded by Lloyds foundation.

Saheli has been working in partnership with 5 partners in project funded by Comic Relief called The Positive Change Partnership. The partnership is a unique initiative of 5 Northern regions of the UK (Newcastle/Northumberland, Rotherham, Rochdale, Manchester and Blackburn) across wide geographical reaches to embed the project's program of engagement, response and recovery whilst assessing and evaluating a specialist model of support that addresses the specific needs of black and minoritized women and young women from an informed black feminist perspective. Partnership is made of Angelou Centre, Apna Haq, Saheli, Rochdale Women's Welfare Association, Humraaz.

Empowerment and building the confidence of the women survivors of domestic abuse, forced marriage and Honour based violence is equally important for us as is the safety for the women and children. Saheli worked in partnership with YSL Training to provide accredited Training on Leadership, Team Management, Customer Service and Food Safety to 30 women survivors of domestic abuse from BAME communities.

Our group worker for women who are 50+ continued to run sessions every week. Sessions were delivered on healthy eating, exercise, improving mental wellbeing and reducing isolation. Arts Therapy and talking Therapy was available for the women. Zesty Cuisine our social enterprise in catering team ensured that women could all sit together and eat a healthy meal and could connect with each other.

Our helpline has been very busy, and our dedicated team of helpline and outreach workers have continued to work with women in the community. Helping women to stay safe, supporting the women and children to access refuge space and ensure they get emotional and practical support when they contact us. We have worked with the Police, Social Services, Doctors surgeries, Schools, Universities, Religious institutions to ensure families from BAME communities fleeing domestic abuse are safe and get the response they need to make a informed decision about their safety.

We would like say our special Thank You to all our supporters, funders and well-wishers and above all our service users who continue to inspire and motivate us. Our special Thank You to our board members, Staff team and volunteers for their hard work and dedication in ensuring that Saheli continues to reach out to vulnerable women and children from Black, Asian Minority and Ethnic communities

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2021

SOCIAL ENTERPRISE

Our social enterprise project funded by Manchester City Council's VCS grants focuses on supporting women and providing opportunities for them to develop skills which allows them to further progress onto education, employment and training opportunities. They have contributed to the projects sessions and learnt structures processes of invoicing, pricing, logging information and managing catering orders.

FAMILY SUPPORT WORK

Our family support worker has been funded by the Lloyds foundations. Running group work sessions to empower women and develop their skills the group has shown a higher demand with an interest from elderly women who have been subject to abuse from partners, in laws and in some cases their children. Our one-to-one work has allowed us to offer advice and information and advocate on behalf of women to

access legal support, health related support and housing to support women in independence away from abuse.

NO RECOURSE TO PUBLIC FUNDS

We have had an increase in the number of referrals from women with no recourse to public funds who find themselves destitute due to domestic abuse. Having no recourse tom public funds makes them extremely vulnerable as there is no financial support available for them. This year we received a kind donation from

B&M stores which has allowed us to provide temporary accommodation, food and other necessities in an emergency until further support has been secured.

Saheli has continued to support women and children from the BAMER communities to be safe where they are at risk of violence and abuse. We do this by providing safe and secure accommodation advice, information, guidance and advocacy; and opportunities to attend group work, counselling sessions, empowerment workshops, volunteering and learn new skills.

REFUGE

It has been a busy year for the refuge, which has been occupied for most of the year. Women have presented with various situations including, forced marriages, honour-based violence and domestic abuse. The issues they have been faced with has been homelessness, destitution, isolation, mental health, low self-esteem, and confidence and overall requiring a place of safety.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2021

ACHIEVEMENTS AND PERFORMANCE

Saheli has continued its high-quality services to women and children fleeing domestic and forced marriages.

MAYA PARTNERSHIP

Saheli has continued to lead on Maya Partnership which is Big Lottery funding Women's and Girls initiative. Maya Partnership has been running 32 sessions to women from (BAMER) Black, Asian, Minority, Ethnic and Refugee women a week across the city of Manchester. These sessions are to empower, support and assist BAMER women in developing their skills and working towards empowerment.

DATA COLLECTION

Our lamplight system has provided detail information on the journey a woman has taken from the start of her support journey with us. Measuring risk and support needs, the system has allowed us to see a woman`s journey at a glance. This system is now used by the refuge and the outreach project.

GROUP WORK

Saheli runs 2 group work sessions a week in locations within south Manchester. The activities are service user led and highlight and address the needs of the women living within the community.

Volunteers

Saheli has a volunteer's projects which recruits and trains volunteers. We match the skills of the volunteers with the various projects to ensure volunteers have the opportunity to fully utilise their existing skills as well as developing new skills.

PLANS FOR THE FUTURE

Saheli`s plans includes:

- To run group activities for elderly women in other areas of Manchester
- Hold a fundraising event annually to raise funds for our no recourse project
- To have each staff member trained to deliver training to external organisations

We are continuously assessing our progress in line with our development plan. Our current aim is to secure some funding for children's work which will secure funds to continue the gap in services to BAME women in the community, children and young people fleeing domestic abuse and forced marriages.

Strategy

Our business plan had a focus on developing a social enterprise which would benefit our service users, allowing them to access opportunities to develop their existing skills and learn new skills which would allow them to access further education or employment or to work towards setting up a self-employed business. This is now developed, and the income raised is put back into the project to develop it further.

RELATED PARTY AND RELATIONSHIP WITH OTHER ORGANISATIONS

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. Saheli has affiliation to the Women's Aid Federation of England.

FINANCIAL REVIEW

Saheli is currently funded through Manchester City Council for the core costs of the refuge. We have successfully increased our housing benefit charges this year. Total reserves for Saheli as at 31st March 2021 are £256,078 out of which the Restricted balance is £77,136 - (2020: £115,693 out of which restricted was £16,681).

Reserves policy

Saheli has a reserves policy which is used to inform our reserves position. We have unrestricted reserves of 6 months running costs for the refuge provision.

Investment policy

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for any longer-term investment.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2021

Principal funding sources

The principal funding sources for the charity are currently by way of grant income from Manchester City Council, Big Lottery Fund, Lloyds Foundation and Housing Benefit. We have successfully secured the tender for the refuge provision for 2 years.

Company status

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up.

Trustees

The trustees are directors of the charity and, under the company's Articles, are known as Board members with voting rights. They have no beneficial interest in the charity. All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts. The trustees undertake a skills audit to identify gaps in Board experiences and new trustees are appointed on a 3-year term to fill these gaps. There is an induction and training plan in place for all trustees to strengthen their role in strategic planning. Trustees are also able to access the organisational training plan and attend any that they feel would be beneficial to their role and/or understanding.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, members of the Management Committee shall hold office until the end of Annual General Meeting next following their election appointment or co-option and shall be eligible for re-election or re-co-option.

Recruitment and Appointment of Trustees·

The committee are elected annually at the Annual General Meeting.

Trustee Induction and Training

Saheli management committee hear about Saheli through our annual report, word of mouth and the networking Saheli does. Saheli's management committee is recruited following all recruitment process and a successful induction.

All the management committee members are given an induction when they start which gives them up to date information on our services, finances, funding streams, organisational policies and procedures, code of conduct and training on our quality assurance standards. Training is provided for the management committee on roles and responsibilities of a trustee, domestic abuse/forced marriages and other relevant training identified to assist and support the work of the trustees.

Risk Management

We have developed policies and procedures to manage the risk within the organisation at all levels. The risk management policy has been developed to address the various risks facing the organisation and these are reviewed on a regular basis. Actions are identified based on risk factors with a follow up to ensure relevant steps have been taken to identify/reduce and manage risk.

Organisational Structure

The organisation is managed by the management committee who have the responsibility for the overall management of the project.

Organisational structure is as follows;

- Chief Executive Officer
- Managers
- Project workers
- Outreach workers
- Family support worker
- Social enterprise worker
- Volunteers

Remuneration policy for key management personnel

The remuneration package for all personnel comprises of a basic salary and contribution to a pension scheme. The charity is subject to auto-enrolment and contributions are currently made as agreed by the trustees.

Risk management

The trustees consider all major risks to which the charity is exposed and are satisfied that the procedures in place to manage them are adequate and effective. The senior management take delegated responsibility on behalf of the Board of Trustees for ensuring that there is an effective framework for accountability; for examining and reviewing all systems and methods of control, both financial and otherwise, including risk analysis and risk management; and for ensuring the charitable company is complying with all aspects of the law, relevant regulations and good practice. The charity regularly reviews its risk register in light of internal and external environmental changes and makes changes where necessary.

Funds held as custodian trustee on behalf of others

The charity has not acted as custodian trustee for any other charity during the period.

SAHELI
TRUSTEES REPORT
FOR THE YEAR ENDED 31st MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Directors / Trustees Responsibilities

The directors are responsible for preparing the annual report and the accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The accounts are required by law to give a true and fair view of the state of affairs of the company end of its profit or loss of the company for that period.

In preparing the accounts, the directors are required to;

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy, at any time, the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the company and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors report is prepared in accordance with the small companies' regime under part 15 of the Companies Act 2006.

Registered office
Oakland House, 1st Floor, Old Trafford, Manchester, M16 0PQ
Signed on Behalf of the Board:

Chair
Shazia Bodhania

Date: 24/12/2021

Independent Examiner's Report to the Trustees of Saheli

I report on the accounts of the company for the year ended 31st March 2021 which are set out on pages 11 to 22.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity is required by company law to prepare accrued accounts and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:
   - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
   - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

   have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Muhammad Tayyab
Ferguson & Co
651 Mauldeth Road West
Manchester
M21 7SA

Dated: 24/12/2021

STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted Funds £	Restricted Funds £	Year Ended 31.03.21 Total Funds £	Year Ended 31.03.20 Total Funds £
INCOMING RESOURCES					
Incoming Resources from generated funds:					
Activities for generating funds:					
Donations & Other Income	3	17,853	-	17,853	476
charitable activities:	5				
Refuge		247,112	160,578	407,690	231,032
Outreach		-	399,192	399,192	283,838
Other trading activities	4	-		-	183
Total incoming resources		264,965	559,770	824,735	515,529
RESOURCES EXPENDED					
Raising funds	8	-	-	-	-
Charitable Activities:	6				
Refuge		185,035	147,014	332,049	210,052
Outreach		-	352,301	352,301	352,072
TOTAL RESOURCES EXPENDED		185,035	499,315	684,350	562,124
Net movement in funds		79,930	60,455	140,385	(46,595)
Transfers between funds		-	-	-	-
RECONCILIATION OF FUNDS					
Total Funds Brought Forward	16	99,012	16,681	115,693	162,288
Prior year adjustment					
TOTAL FUNDS CARRIED FORWARD		**178,942**	**77,136**	**256,078**	**115,693**

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 13 to 22 form part of these accounts.

SAHELI

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	2021 £	2020 £	2020 £
FIXED ASSETS					
Tangible Fixed Assets	12		8,581		-
CURRENT ASSETS					
Debtors & Prepayments	14	75,946		31,125	
Cash at Bank and in Hand	15	202,053		103,709	
		277,999		134,834	
LIABILITIES:					
Amounts falling due within one year	13	(30,502)		(19,141)	
NET CURRENT ASSETS			247,497		115,693
NET ASSETS			**256,078**		**115,693**
ACCUMULATED FUNDS					
Restricted Funds	16		77,136		16,681
Unrestricted Funds	16				
General funds			148,942		69,012
Designated funds			30,000		30,000
Total unrestricted funds			178,942		99,012
Total charity funds			**256,078**		**115,693**

For the year in question the company was entitled to the exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required The company to obtain an audit of its accounts for the year in question in accordance with section 476.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small companies, and the Financial Reporting Standards for Smaller Entities.

Approved on Behalf of the Board

Date: 24/12/21 **Director** **Shazia Bodhania** SBodhania

Date: 22/12/21 **Director** **Nabanita Ghosh** Nabanita Ghosh

The notes on pages 13 to 22 form part of these accounts.

SAHELI

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021	2020
		£	£
Cash provided by / (used) in operating activities	18	109,785	(58,411)
Cash flows from investment activities:			
Interest		-	-
Purchase of tangible fixed assets		11,441	-
Net cash provided by investment activities		11,441	-
Increase/(decrease) in cash and cash equivalents during the year		98,344	(58,411)
Cash and cash equivalents at the beginning of the year		103,709	162,120
Cash and cash equivalents at the end of the year		**202,053**	**103,709**

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

1. Accounting policies
The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of accounting

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 1st January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.The charity constitutes a public benefit entity as defined by FRS 102.
The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

SORP FRS 102
Saheli meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Preparation of the accounts on a going concern basis
The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

Income
Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donated services and facilities
Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable
Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Current asset investments
The charity holds no investments

Taxation
The charity is exempt from corporation tax on its charitable activities

Fund accounting
Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs
Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities.

Operating leases
Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.
Tangible fixed assets
Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Fixtures & Equipment	25% on cost
Computers & Equipment	25% on cost
Play Equipment	25% on cost

Stock
Stock is included at the lower of cost or net realisable value. In general, cost is determined on a first in, first out basis. Net realisable value is the price at which stocks can be sold in the normal course of business after allowing for the costs of realisation. Provision is made where necessary for obsolete, slow moving, and defective stocks. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and at hand
The charity's cash at bank and in hand includes the availability of funds as at 31st March 2021.

Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions
Employees of the charity have been auto enrolled onto a pension scheme to which the charity contributes 6%.

2. Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2021

3. Income from donations and legacies

	Unrestricted	Restricted	Total 2021	Total 2020
			£	£
Donations	124	-	124	476
Total	**124**	**-**	**124**	**476**
Total by fund at 31 Mar 2020	**376**	**100**	**476**	

4. Income from other trading activities

Catering sales	-	183
	-	**183**

Alll income from other trading activity is unrestricted

5. Incoming resources from Activities to further the Charity's Objects

	Unrestricted Refuge	Restricted Refuge	Restricted Outreach	Total Funds 2021	Total Funds 2020
	£	£	£	£	£
Big Lottery			242,407	242,407	247,978
Llyods TSB		28,670		28,670	20,070
Manchester City Council	75,117			75,117	75,117
Donation	17,853			17,853	10,000
MCC - Equalities			35,860	35,860	35,860
Imkaan			32,500	32,500	
MCHLG		68,826		68,826	
Rosa fund			34,890	34,890	
Northern project			7,751	7,751	
Comic relief			45,784	45,784	
Smallwood		35,273		35,273	
Womens Aid		20,618		20,618	
Social change		7,191		7,191	
	92,970	160,578	399,192	652,740	389,025
Fees and other income					
Rents	109,555			109,555	93,602
Others	62,440			62,440	32,243
	171,995	-	-	171,995	125,845
Total	**264,965**	**160,578**	**399,192**	**824,735**	**514,870**
Total 2020	**210,962**	**20,070**	**283,838**	**514,870**	

	2021	2020
	£	£
Restricted income	559,770	303,908
Unrestricted income	264,965	210,962
	824,735	**514,870**

6 Analysis of expenditure on charitable activities

	Unrestricted Refuge 2021 £	Restricted Refuge 2021 £	Restricted Outreach 2021 £	Total 2021 £	Total 2020 £
Staff wages & pension, training	153,022	45,595	145,534	344,151	250,698
Premises		37,436	1,840	39,276	34,066
Project costs	26,484	5,052	58,489	90,025	10,791
Partnership grants			131,656	131,656	182,702
NRPF	1,186			1,186	2,058
Bad debts				-	9,727
HR	2,903			2,903	9,432
Depreciation			2,860	2,860	
Governance costs (note 7)	1,440		1,440	2,880	2,400
Support costs (note 7)		58,931	10,482	69,413	60,250
Total	**185,035**	**147,014**	**352,301**	**684,350**	**562,124**
Total 2020	**191,064**	**18,988**	**352,072**	**562,124**	
Restricted expenditure				499,315	371,060
Unrestricted expenditure				185,035	191,064
				684,350	**562,124**

7 Analysis of support & governance costs

	Basis of apportment	Governan	Support	Total 2021 £	Total 2020 £
IT	Type of expense		400	400	297
Management charges	Type of expense		55,850	55,850	32,243
Office	Floor space				27,710
Independent examination	Type of expense	2,880	13163	16,043	2,400
		2,880	69,413	72,293	62,650

8. Cost of raising funds	Total 2021 £	Total 2020 £
Cost of goods sold	-	-
	-	-

9. Net income/expenditure for the year

	2021 £	2020 £
This is stated after charging:		
Depreciation	2,860	
Independent examination fees	2,880	2,400

10. Staff cost were as follows	2021 £	2020 £
Wages & salaries	332,319	243,357
Pension costs	11,762	7,341
	344,081	250,698

No employee earned £60,000 per annum or more.

	2021	2020
CEO	1	1
Manager	2	2
Project Workers	3.5	3.5
Peer support worker	0.3	0.3
Domestic assistant	0.3	0.3
	7.1	7.1

11. Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration during the year (2020: Nil).

The management committee received £574 of travel and subsistence expenses during the year (2020: £574).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2021

12. Tangible Fixed Assets

	Play Equipment £	Computers & Equipment £	Furniture & Equipment £	Total £
Cost				
At 01.04.20	10,070	10,559	-	20,629
Additions			11,441	11,441
Disposals				-
At 31.03.21	10,070	10,559	11,441	32,070
Accumulated Depreciation				
At 01.04.20	10,070	10,559	-	20,629
Charge			2,860	2,860
Eliminated on Disposals				-
At 31.03.21	10,070	10,559	2,860	23,489
Net Book Value				
At 01.04.20	-	-	-	-
At 31.03.21	-	-	8,581	8,581

13. Creditors: Amounts due within one year

	2021 £	2020 £
Accruals	25,584	15,238
Payroll liabilities	4,918	3,903
	30,502	19,141

14. Debtors

	2021 £	2020 £
Accounts receivables less bad debts	75,946	31,125
	75,946	31,125

15. Cash at bank and in hand

	2021 £	2020 £
	202,053	103,709

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2021

16. Analysis of charitable Funds

Analysis of movements in restricted Funds

	Balance 1 April 2020	Incoming	Outgoing	Transfers	Balance 31 March 2021
	£	£	£	£	£
Lottery Funds	13,300	242,407	(255,707)		-
Lloyds TSB	3,344	28,670	(24,014)		8,000
MCHLG	-	68,826	(68,826)		-
Imkaan	-	32,500	(8,856)		23,644
Rosa fund	-	34,890	(17,395)		17,495
Smallwood	-	35,273	(35,273)		-
Womens Aid	-	20,618	(20,618)		-
Northern project	-	7,751	(7,751)		-
Comic relief	-	45,784	(25,124)		20,660
MCC-VCS	37	35,860	(33,354)		2,543
Social change	-	7,191	(2,397)		4,794
Total Restricted Funds	16,681	559,770	499,315	-	77,136
Unrestricted Funds					
General Funds	99,012	264,965	(185,035)		178,942
Total Unrestricted Funds	99,012	264,965	(185,035)	-	178,942
Total Funds	**115,693**	**824,735**	(684,350)	-	**256,078**

Name of Restricted Funds	**Description, nature and purposes of fund**
Immigration	Donations to supports women with no recourse to public funds
Lottery Funds	Partnership working with other BAMER organisations
Lloyds TSB	For family support work
Manchester City Council	For the social enterprise project
Donation	For children's activity materials

Name of Unrestricted Funds	**Description, nature and purposes of fund**
General Fund	The "Free Reserves"
Designated funds	Redundancy cost*

*Note: Trustees have decided to ringfence £30,000 for potential redundancy cost from unrestricted reserves as a contin

17. Analysis of Net Assets Between Funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2021
	£	£	£	£
Tangible Fixed Assets	8,581	-	-	8,581
Cash at bank	94,917	30,000	77,136	202,053
Net Current Assets less bank less liabilities	45,444	-	-	45,444
Net Assets at 31 March 2021	**148,942**	**30,000**	**77,136**	**256,078**

SAHELI
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31st MARCH 2021

18. Reconciliation of net movement in funds to net cash flow from operating activites

	31/03/2021 £	31/03/2020 £
Net income/(expenditure) for the year	**140,385**	**(46,595)**
Adjustments for:		
Depreciation charge	2,860	
Loss/(profit) on sale of fixed assets		
Decrease/(increase) in debtors	(44,821)	(5,623)
Increase/(decrease) in creditors	11,361	(6,193)
	109,785	**(58,411)**