

CANCER HELP (PRESTON) LIMITED

England & Wales · Charity number 1032828

Details

Other names	VINE HOUSE - DAY CARE CENTRE
Status	Registered
Legal form	Charitable company
Company number	02890943
Registered	1994-02-08
Register	View on the Charity Commission register

Contact

Address	Vine House 20 Cromwell Road Ribbleton Preston PR2 6YB
Phone	01772 793344
Email	info@cancerhelppreston.co.uk
Website	www.cancerhelppreston.co.uk

Activities

Objects: TO PROMOTE THE RELIEF OF PERSONS SUFFERING FROM CANCER

Activities: Comprehensive support service for cancer patients and their families, working with professional colleagues within the NHS; the period of care extending from diagnosis, through treatment to survivorship or terminal phase. The support objective is to ensure that all patients attain and maintain the maximum level of physical, mental and social functioning compatible with their disease condition.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED, IN PRACTICE PRESTON AND IMMEDIATE SURROUNDING A
- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£539,055	£529,747	£1,109,977	6
2023-09-30	£393,154	£394,499	-	-
2022-09-30	£309,631	£334,279	-	-
2021-09-30	£404,339	£361,250	-	-
2020-09-30	£407,227	£334,779	-	-

Trustees

Name	Role	Appointed
Jonathan Desmond Gorick	Chair	
ANGELA ROSEMARY SHORROCK		2018-03-14
JUDITH MARY ROBINSON		
Michael John Swift		2017-03-29
RACHEL ELAINE MALLETT		2011-04-01
RETA LOUISE Rose		2018-03-14
REVD DAVID LEE ANDERSON		2015-03-25

CANCER HELP (PRESTON) LIMITED

England & Wales - Charity number 1032828

Accounts

REGISTERED COMPANY NUMBER: 02890943 (England and Wales)
REGISTERED CHARITY NUMBER: 1032828

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024
FOR
CANCER HELP (PRESTON) LIMITED
(A COMPANY LIMITED BY GUARANTEE)

Foster & Co. Limited
Unit 16 Eastway Business Village
Olivers Place
Fulwood
Preston
PR2 9WT

CANCER HELP (PRESTON) LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

	Page
Chairmans Report	1 to 2
Report of the Trustees	3 to 10
Independent Examiner's Report	11
Statement of Financial Activities	12
Balance Sheet	13 to 14
Notes to the Financial Statements	15 to 22
Detailed Statement of Financial Activities	23 to 25

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2024

Once again, another year seems to have flown by and much as happened within the charity during the year, most notably the refurbishment of Vine House.

In my report last year, covering the year ended 30th September 2023, I expressed my concern regarding the levels of non-attendance being experienced by the charity. Over the course of that year the charity recorded non-attendance rates of 20%. Whilst this is by no means unusual within the healthcare sector it is incredibly disappointing. Not least because the charity delivers its services free of charge and has a long waiting list of people wishing to access those services. During this year, the charity implemented policies designed to manage non-attendance including, in the more extreme cases, removal from support programs. I am pleased to report that non-attendance decreased during the year to 15% and in the last quarter of the year to just over 10%.

Over the course of the year the charity delivered 1,138 (1,370) adult sessions, 286 (412) Children and Young People sessions and 1,098 (1,215) Complementary Therapy sessions. The figure in brackets is the number of sessions delivered last year. The total number of people seen was Adult Services 163 (196), Children and Young People Services 41 (60) and Complementary Services 156 (174). It is important to note that these numbers do not include the considerable number of people helped through drop ins, telephone calls, support groups, and cancer specific groups.

The decrease in the numbers of people seen can be attributed to long term staff absences, a reduction in the number of group sessions delivered and, significantly, the closure of Vine House over several weeks, during its refurbishment. This has not been helped by the continued increase in the number of complex cases being supported by the service delivery teams. Many such cases are the result of late diagnosis and delays to treatment associated with the covid pandemic. The service delivery teams are working hard to meet the needs of clients in increasingly challenging circumstances.

Over the course of the year there has been an underlying growth in the number of people waiting to be seen, across all three services. Whilst there is no doubt that the issues discussed above have not helped, the growth in the waiting lists is being driven by an increase in referrals which is beginning to outstrip capacity. As a result, the charity will need to change the way in which it delivers services and manages the process of service delivery, in the coming year.

In any organisation managing change is always a challenge. Historically the charity has, at the beginning of each year, identified key objectives for the coming year. In my review of the year, most targets we set ourselves have not been met. There are of course reasons why this is the case not least the pressure of simply managing the charity on a day-to-day basis. So, this year we introduced a process designed to deliver change through a team made up of trustees, senior managers, and members of staff. The Future Forum Strategy process is proving to be most effective and has delivered improvements in several key areas such as finance, service delivery and performance data.

Of course, finance remains a major challenge for the charity. At the beginning of the year the Trustee Board approved a budget that was based on a projected deficit of £30,000 for the year. By the end of the year the charity's management accounts indicated that it would record a trading deficit of £22,000.

However, as you will see in the Annual Accounts for the year ended 30th September 2024, the charity is reporting a surplus of £9,000.

Whilst on the face of it that result is incredibly positive, it is one that is driven by accounting policies rather than trading performance. To try and explain - over the course of the year the charity received substantial donations to fund the refurbishment of Vine House. Those donations formed part of the charity's income and were spent in entirety on the refurbishment project. However, the refurbishment included items such as furniture, IT hardware, telecoms, alarm systems and computers. The cost, or value, of such items is recorded on the charity's balance sheet and not on its profit and loss, or trading, account. Therefore, the net result is to increase income but not expenditure by the equivalent amount, which thereby increases profitability.

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT – continued

FOR THE YEAR ENDED 30 SEPTEMBER 2024

Over the course of the year the charity's reserves fell by £32,000, indicating that at a trading level the charity's expenditure was £32,000 higher than its income and closer to its management account result.

This continues a general financial trend at a trading level; one of carefully managed expenditure and decreasing income. This year has been no different and it is something that everyone within the charity is trying to reverse. However, within those numbers I would like to draw attention to the fundraising efforts of the Friends Group and the performance of the shops, both significant contributors to the charity's income. The shops generated sales of £130,000 and a surplus of just under £100,000 which is wonderful.

Despite my earlier comments, the charity has maintained substantial reserves in both cash and assets thus ensuring it is in no imminent financial danger. However, its continuing failure to cover its costs must be addressed.

The charity's financial performance is provided in full detail in its Annual Accounts 2023/24 and, considering my comments above, I would ask you to study the financial report contained in that document.

As the year neared its close the project to refurbish the whole of Vine House was concluded. The results are superb, and the charity now has a facility that is second to none in which to deliver its services. The feedback from clients, staff and visitors is incredibly positive and can only reinforce the charity's reputation. Of course, this would not have been achieved without the support of several sponsors. Primarily, the Topping family who, through Barton Grange, have financed and project managed the refurbishment. They have done so in memory of their father Eddie Topping, the charity's founding Chair. We are incredibly grateful for their support. I should add, the charity has itself contributed to the development both financially and in design. The overall appearance and feel of Vine House are a credit to the in-house project team.

That just leaves me to say thank you to everyone associated with the charity for their hard work, commitment, and support. The charity is, in so many ways, a reflection of its staff, volunteers and supporters without whom CancerHelp would not exist.

Thank you so much,

Jonathan Gorick
Chair of Trustees

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02890943

Registered Charity number

1032828

Registered office

Vine House
22 Cromwell Road
Ribbleson
Preston
Lancashire
PR2 6YB

Trustees

Mr J D Gorick
Miss J M Robinson
Mr P D Hine
Miss R Mallett
Rev D L Anderson
Mr M J Swift
Mrs R L Rose
Mrs A R Shorrocks

Company Secretary

Mrs H C Patterson

General Manager

Miss J Smalley

Honorary Treasurer

Miss R Mallett

Independent examiner

Ms JK Foster ACA
Institute of Chartered Accountants in England & Wales
Foster & Co Ltd
Unit 16
Eastway Business Village
Olivers Place
Fulwood
Preston PR2 9WT

Bankers

Barclays Bank PLC
38 Market Street
Lancaster
LA1 1HS

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

INTRODUCTION

The Board of trustees

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective 1 January 2019.

OBJECTIVES AND ACTIVITIES

Management

The operation of the charity is overseen by the Trustee Board which meets quarterly and at the Annual General Meeting. The Trustee Board provides the strategic direction for the charity but passes control of the day-to-day operation of the charity to the Senior Management Team. The Senior Management Team consists of the General Manager and the Heads of Service – Adult Talking Therapies, Children and Young Peoples’ Therapies and Complementary Therapies. The day-to-day management of the charity is governed by the following parameters - the Aims of the Charity, the income and expenditure targets contained in the Annual Budget, the key objectives agreed through operational meetings and the guidance provided by the Trustees during the year. Outside of these parameters the Senior Management Team defers matters to the Trustees Board for guidance.

During the Covid pandemic the Trustee Board established an Operating Group of Trustees to work closely with the charity’s senior managers. The OGT consists of the Chairman, Jonathan Gorick, Treasurer, Rachel Mallett and Trustee, Mike Swift. It continues to meet each month with the General Manager, the Trustee Assurance Meetings (TAM), trustees continue to oversee the operation of the charity. The significant decisions and outcomes of the TAMs are recorded and are referred to the Trustee Board for approval by the OGT.

The Trustee Board is pleased to report that CancerHelp has survived another difficult year, and the accounts show a modest profit for the year, following the capitalisation of some its costs. The results have been achieved through the hard work and commitment of its staff and volunteers. The charity has continued to deliver its support to all those who have sought its help. In doing so the charity has had to draw on its reserves. Nonetheless the charity’s reserves, both current and fixed, remain healthy and continue to meet the Reserves Policy laid out in this document.

Aims

CancerHelp strives to be the leading charitable provider of support for all those affected by cancer and close family bereavement, in Central Lancashire. CancerHelp will offer the highest standards of help, advice, and therapy to all those who seek assistance; allowing them to find comfort, gain self-confidence and, above all, live fulfilled lives.

- To improve the quality of life of cancer patients, their families, and their carers by providing a comprehensive range of high-quality services, which are free at the point of use.
- To provide support for cancer patients from the point of diagnosis, through treatment, into recovery and, for some clients, in the terminal phase of the disease.
- To provide therapy services and support to children, young people and associated family members affected by close family bereavement.
- To provide appropriate psychological and social support that is matched to each client’s individual needs and circumstances through assessment and consultation.
- To provide support and advice services for educational, community and health care professionals with the intention of promoting and supporting best practice.
- To provide services in a welcoming, professional, and non-clinical environment through its dedicated cancer support centres, Vine House and Croston House.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

Aims - continued

- To provide advice, information, and signposting to enable clients to find the best support for them.
- To develop mutually beneficial working relationships with other professional organisations which identify and achieve common objectives for the benefit of clients.
- To work with agencies involved in the welfare of young people to improve the life chances of children and young people affected by close family bereavement.
- To continually develop suitable services in consultation with both clients and health care professionals.
- To provide a positive, open, and safe working environment in which staff and volunteers can develop their skills, enhance services, and enable the Charity to meet its aims.

Significant activities

The main activities undertaken in relation to the objectives of the charity include a mix of one-to-one counselling/therapy and groupwork. The main areas of one-to-one support are:

- Counselling including Psychotherapy
- Complementary Therapies
- Children and Young People's Bereavement Service
- Bereavement Support and Counselling

The main areas of group support are:

- Art Groups
- "Being with Cancer" Workshops
- Craft and Activity Groups
- Family Support
- "Hope" Self-Management Programme
- Informal Advocacy and Liaison - Cancer Information
- Telephone Support
- Mindfulness programme
- Support Groups
- Meditative Support

The charity's services are reviewed on a regular basis to ensure they continue to satisfy the objectives of the charity and continue to meet the needs of service users. Client feedback is sought and published within senior management reports. Almost exclusively that feedback is very positive reflecting the value of the services provided and their ability to help service users to deal with traumatic circumstances.

The charity offers a dedicated service for children and young people. The service provides support to those who are affected by cancer themselves or in their immediate family. That support extends to children and young people who are experiencing, or have experienced, close family bereavement associated with cancer. It is well known that, without appropriate support, many such children and young people go on to develop psychological disorders that can adversely affect the remainder of their lives. Sadly, the statutory Children and Adolescent Mental Health Services have raised their thresholds so that bereavement no longer meets their referral criteria. CancerHelp's Children's and Young People's service is unique in Central Lancashire.

The benefit provided to the people of Central Lancashire by CancerHelp cannot be measured in terms of money or statistics. It must be measured in terms of the well-being of that large part of society touched by cancer. To the recipients of CancerHelp's support the benefit is invaluable.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

Public benefit

The trustees have given due consideration to Charity Commission published guidance on the operation of the public benefit requirement.

The charity exists to help all those affected by cancer in Central Lancashire. It aims to help cancer patients, their families, and their carers to live with the disease and its consequences. This includes support through diagnosis, treatment and sadly sometimes death. CancerHelp fills a significant gap in service provision in Central Lancashire. That gap lies between the diagnostic, medical intervention and associated support services offered by Lancashire Teaching Hospitals, including the NHS charitable organisation Rosemere, and the palliative care provided by St Catherine's Hospice.

Macmillan Cancer Support estimates that there are over three million people currently living with Cancer in the UK, a figure that has increased by almost 500,000 in the last five years. It is anticipated that, by 2030, the number of people living with cancer will be four million. Talking therapies and complementary therapies have been proved to be effective in protecting the wellbeing of people coping with the disease and its consequences. The services offered by charities such as CancerHelp have never been more important than they are now.

That is why, every year, several hundred people from Central Lancashire access the charity's cancer support centres in Preston (Vine House) and Garstang (Croston House). Following assessment, they are directed to one, or more, of the charity's services, depending on their individual need. Usually this will result in six to eight one to one meetings with one of the charity's qualified and experienced counsellors or access to one of the specific support groups. Support can be provided in person at Vine House or Croston House, at home, by video link or over the phone. CancerHelp provides several thousand service user sessions every year. All the services offered by the charity are free of charge.

Over the course of its thirty plus years, Cancer Help has supported tens of thousands of local people who have been impacted by the diagnosis, treatment, and sadly sometimes terminal nature of cancer. Were it not for the charity, most of these people would have faced their fears, stress and anxiety alone.

Cancer does not discriminate by age, gender, race, or background and neither does CancerHelp; everyone is welcome to access its services.

Volunteers

This report offers Trustees the opportunity to recognise that the charity could not function without its team of dedicated volunteers. Without their much-appreciated efforts the community would be deprived of an invaluable service. They are the lifeblood of the charity and are often its unsung heroes.

Once again, this has never been truer than in the year just ended. Volunteers ensure the charity's shops open, fundraising events are organised and the charity's day care centres can operate. Without volunteers the charity would not exist and its vital services would not be delivered.

CancerHelp, like many other charities, has a constant need for new volunteers. Generally, its' ranks of volunteers tend to be elderly and sadly, for several reasons, some are no longer with us. The charity has an active program to recruit volunteers at all points of contact with the public. Not surprisingly many volunteers come from the large number of people who have benefitted either directly or indirectly from the work of the charity. Others have been young people volunteering in the charity shops, particularly students. That is vital as new energy, and enthusiasm provides encouragement to existing volunteers. CancerHelp strives to ensure volunteering is a positive experience that has the potential to provide a sense of giving back, confidence, self-worth, companionship, and valuable work experience.

Finally, it is worth remembering that the Trustees, who are ultimately responsible for the well-being of the charity, are also volunteers. They provide their time, experience, and skills free of charge

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The after effect of the Covid pandemic continues to be felt. Many cancer patients continue to experience delays to diagnosis and to treatment. At its extreme this has resulted in treatable cancers becoming terminal. More commonly cancer patients have experienced significant levels of stress which have resulted in mental health issues. It therefore comes as no surprise that CancerHelp's counsellors and therapists have noted a significant increase in the complexity of the cases presented to them. The charity's service delivery teams are also seeing more people with a terminal cancer diagnosis. This has meant the charity's service delivery teams have had to spend more time with individual clients depending on their specific needs. Nonetheless, over the course of the year, CancerHelp supported several hundred new service users and has continued to offer its core services.

- Adult Talking Therapies - one to one counselling, bereavement support and cognitive therapy.
- Children and Young People's Service – one to one counselling and support associated with bereavement.
- Complementary Therapies – a holistic range of treatments that treat the mind and body as an interrelated whole.
- Group and One to One Therapies – counsellor led programs and cancer related self-help support groups.

The provision of a comprehensive assessment process at the first point of contact allows CancerHelp to direct service users to the most appropriate service or services. The charity provides and facilitates counselling and support for each person as an individual at their own pace depending on the individual stage of the illness or psychological need.

For over thirty years CancerHelp has been providing support services for cancer patients, their families, their carers and young people affected by bereavement. This year has been another of the most difficult and challenging the charity has experienced.

Fundraising activities

The charity's single most important source of income has been its shops which sell donated goods to the public. Following the Covid pandemic the charity was forced to close two of its four shops. Obviously, this created concerns regarding income. However, the two remaining shops have performed remarkably well delivering a comparable surplus to the four shops.

Income derived from "in person" fundraising was maintained as was income derived from donations. Within those income streams, the Friends Group maintained their invaluable support for the charity.

Income generated through grants fell significantly from the previous year though the charity received large one-off funding in that year. Nonetheless, renewed focus needs to be placed on securing grant income.

Over 10% of the charity's income is derived from contracts to supply services to the local NHS. The Trustees are aware that the process of funding through the NHS is going through change as funding decisions are made through Integrated Care Systems (ICS's). The charity needs to maintain its profile and highlight its case for continued funding during this change.

During the course of the year the charity received significant funding from the Topping family, through Barton Grange, to complete a full refurbishment of Vine House.

As previously reported the charity's financial survival can be put down to several factors. Primarily the hard work of its own staff and volunteers though it is important to note the charity once again drew on its reserves.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

FINANCIAL REVIEW

Principal funding sources

For many years the charity's principal funding sources have remained the same. Under normal circumstances the single largest source of income would be from the two shops, delivering one third of the charity's income. Thereafter the charity relies on voluntary giving which would normally make up another third of the charity's income. However, this year, due to the donations made to fund the refurbishment of Vine House, voluntary giving equates to more than half of the charity's total income. Obviously, that is one off income and will not be repeated next year. The final element of principal funding comes from the NHS through contracts with the local Integrated Care Systems.

Investment policy and objectives

It is the policy of the Trustees to be risk averse in the stewardship of its resources and therefore cash deposits are not to be applied in any venture considered by them to be risky. Although interest rates on cash deposits remain at an all-time low the Trustees believe the security of the capital sums on deposit are a priority.

Reserves policy

The Trustee Board's current policy is to hold a minimum of six months operating costs in reserve. These are free reserves to be used for charitable purposes with no restrictions placed upon them. Despite the events of this year the Trustees believe that it is highly unlikely that all CancerHelp's income streams would fail simultaneously and therefore the charity's reserves would be added to during that six-month period. Any reserves relating to restricted funds do not have a spending timescale imposed on them.

Vine House Project and its Impact on the Annual Accounts

According to its Annual Accounts, CancerHelp generated a surplus of £9,000 in the year. However, the Trustees wish to point out that this surplus resulted from accounting policies, and particularly the treatment of donations received for the refurbishment of Vine House. Monies were spent on capital items, such as furniture and computers, that were recorded on the balance sheet rather than the profit and loss account. This had the effect of reducing expenditure on the profit and loss account whilst maintaining the full value of the income. At the end of the year the CancerHelp's management accounts indicated the charity would record a deficit of £22,000. The charity's reserves have fallen by £32,000 which given the surplus of £9,000, shown in the Annual Accounts, would support the trading result indicated by the management accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its memorandum and articles of association dated 25th January 1994, and constitutes a limited company, limited by guarantee. Its memorandum and articles of association were amended on 22nd April 1998 and again on 20th April 2016 when the company's articles of association were modernised and brought up to date following various changes in statutory legislation. The liability of the members is limited to £1 per member.

Recruitment and appointment of new trustees

The recruitment and appointment of new Trustees rests with the board of directors who are the trustees. In identifying potential new Trustees, the board consider any potential gaps in the makeup of the existing board and looks specifically to recruit someone with the necessary skills and experience to actively bring benefit to the charity from their expertise.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

Organisational structure

The Trustees meet every three months to discuss the charity's affairs, the application of the charity's funds and plan for future events. Beneath this sits the Trustee Advisory Meeting (TAM) which is held every month. The TAM provides the link between the Trustee Board and the senior management of the charity. The meeting consists of the Operating Group of Trustees and the General Manager. The TAM feeds into the Senior Management Team Meeting which is held monthly and attended by the Heads of Service and the General Manager. The meetings are scheduled to promote a two-way flow of information to and from the Trustee Board.

Twice a year the charity holds a Team Briefing, which is open to all members of staff. The briefing provides staff members with an overview of the performance of the charity and an opportunity to ask questions about the operation of the charity.

Induction and training of new trustees

New trustees are given all the necessary and relevant information relating to the running of the charity over recent years to bring them up to speed with the charity and its work and how it operates thus promoting a seamless introduction.

Wider network

Referrals are often given by health professionals working for the National Health Service whose own organisation cannot provide the kind of service being offered by the charity. Patients and/or their families and carers can also refer themselves directly and the charity's services are open to anyone regardless of age, race or ability to pay with support offered by specialist professionals each accredited in their relevant area of expertise.

Related parties

The Trustees consider that they themselves and the General Manager and Company Secretary have the power to exert significant influence over the charity. Generally, there are no transactions either directly or indirectly between parties connected to the above and the charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have a risk register which identifies those major risks to which the charity is exposed. Where appropriate systems or procedures have been established to mitigate those risks. This register is updated periodically.

Conclusion

As was the case last year, the focus of the Board of Trustees has been the risk of depletion of financial resources. The Trustees are very much aware that once again the charity has drawn on its reserves to secure its survival for another year. Policies to increase, and diversify, income to avoid dependency upon such sources of income continue to be developed. The charity will need to build on the success it has seen in some areas such as shop income. CancerHelp continues to seek corporate support from local businesses.

The balance between the need to manage finances and fulfil CancerHelp's objectives has been a significant challenge for the Trustees. The results contained in these Annual Accounts highlight a degree of success in achieving this. However, the fact remains that for several years there has been downward pressure on income streams and upward pressure on expenditure.

As a result, the charity is facing yet another challenging year in which new forms of income will be required and one in which its costs will need to be closely managed. Despite the challenges, the Trustees remain committed to ensuring the long-term future of the charity and the continued delivery of support to those that seek its help.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2024

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 19 March 2025 and signed on its behalf by:

.....
Mr J D Gorick - Trustee

CANCER HELP (PRESTON) LIMITED

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CANCER HELP (PRESTON) LIMITED**

Independent examiner's report to the trustees of Cancer Help (Preston) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

The Company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England & Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ms J K Foster A.C.A.
Institute of Chartered Accountants in England & Wales
Foster & Co Limited
Unit 16 Eastway Business Village
Olivers Place
Fulwood
Preston
Lancashire
PR2 9WT

Date: 19 March 2025

CANCER HELP (PRESTON) LIMITED
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

	Notes	Unrestricted Fund £	Restricted Fund £	2024 Total Funds £	2023 Total Funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		160,927	194,661	355,588	203,129
Other trading activities	2	172,859	-	172,859	181,735
Investment income	3	10,608	-	10,608	8,290
Total		344,394	194,661	539,055	393,154
EXPENDITURE ON					
Raising funds	4	41,589	-	41,589	47,217
Charitable activities					
Therapies & support costs		158,794	82,648	241,442	255,715
Governance costs		98,418	-	98,418	91,567
Property Refurbishment		-	148,298	148,298	-
Total		298,801	230,946	529,747	394,499
NET INCOME/(EXPENDITURE)		45,593	(36,285)	9,308	(1,345)
Transfers between funds	13	(36,285)	36,285	-	-
Net movement in funds		9,308	-	9,308	(1,345)
RECONCILIATION OF FUNDS					
Total funds brought forward		1,100,669	-	1,100,669	1,102,014
TOTAL FUNDS CARRIED FORWARD		1,109,977	-	1,109,977	1,100,669

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET
30 SEPTEMBER 2024

	Notes	Unrestricted Fund £	Restricted Fund £	2024 Total Funds £	2023 Total Funds £
FIXED ASSETS					
Tangible Assets	9	833,691	-	833,691	811,127
CURRENT STOCK					
Stocks	10	900	-	900	250
Debtors	11	66,847	-	66,847	50,391
Cash at bank and in hand		255,282	73,624	328,906	360,995
		323,029	73,624	396,653	411,636
CREDITORS					
Amounts falling due within one year	12	(46,743)	(73,624)	(120,367)	(122,094)
NET CURRENT ASSETS		276,286	-	276,286	289,542
TOTAL ASSETS LESS CURRENT LIABILITIES		1,109,977	-	1,109,977	1,100,669
NET ASSETS		1,109,977	-	1,109,977	1,100,669
FUNDS	13				
Unrestricted funds				1,109,977	1,100,669
TOTAL FUNDS				1,109,977	1,100,669

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibility for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET - continued

30 SEPTEMBER 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees and authorised for issue on

19 March 2025 and were signed on its behalf by:

.....
Miss R Mallett - Trustee

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 30 SEPTEMBER 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

Cancer Help (Preston) Limited is a private company, limited by guarantee, registered in England and Wales. The company's registered office address can be found on page 3 of the Trustees Report.

The presentation currency of the financial statements is the Pound Sterling (£). The financial statements are rounded to the nearest £1.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Furnishings and Office Equipment	- 20% on cost
Motor vehicles	- 20% on cost

The trustees arrange for the property to be revalued on a regular basis by Garside Waddingham, Chartered Surveyors. The most recent valuation was undertaken on 7 July 2022 and showed that the value had increased to £885,000. Historically, the trustees have adopted the market value within the accounts but have not currently shown details of the increased value as one property has undergone significant refurbishment, and the trustees will shortly arrange for a further revaluation to be undertaken. As the professional valuation shows an increased value on the latest valuation figure, no depreciation has been charged.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued **FOR THE YEAR ENDED 30 SEPTEMBER 2024**

1. ACCOUNTING POLICIES – continued

Capitalisation of fixed assets

Each class of assets is included at cost except for land and buildings, which is capitalised at valuation. Historically only assets with a value of £400 or more have been added to capital expenditure, small amounts being considered trivial in nature. However, during the refurbishment some trivial items were capitalised.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities and also from Value Added Tax on its trading activities relating to its four charity shops.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

Financial instruments

The following assets and liabilities are classified as financial instruments – cash at bank and on hand, trade and other debtors, trade creditors and bank loans.

They are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

Donated goods

Members of the public and supporters of the Charity donate goods to each of the Charity's four shops. The income derived from the sale of those goods is recognised only when a sale has been made, or where the goods are not saleable when a receipt is made for the sale of scrap or waste products.

Where goods of a capital nature are donated for the Charity's use the value ascribed to those goods are what a reasonable person would pay for the equipment bearing in mind its age, and condition when acquired. Such a value is then treated as a cost for the equipment and also as an income donation of an equal amount.

Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2024

2. OTHER TRADING ACTIVITIES

	<u>2024</u> £	<u>2023</u> £
Fundraising events	38,264	47,774
Shop takings	133,627	133,525
Christmas card sales	968	436
	172,859	181,735

3. INVESTMENT INCOME

	<u>2024</u> £	<u>2023</u> £
Rents received	5,940	5,700
Bank account interest	4,668	2,590
	10,608	8,290

4. RAISING FUNDS

	<u>2024</u> £	<u>2023</u> £
Raising donations and legacies		
Consultancy fees re grants	-	7,200
Other trading activities	<u>2024</u> £	<u>2023</u> £
Shop Overheads	40,843	37,614
Christmas cards	746	575
Fundraising event costs	-	1,828
	41,589	40,017
Aggregate amounts	41,589	47,217

CANCER HELP (PRESTON) LIMITED
NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2024

5.	NET (EXPENDITURE)/INCOME	<u>2024</u>	<u>2023</u>
		£	£
	Net (expenditure)/income is stated after charging/(crediting):		
	Depreciation – owned assets	8,423	2,782
	Independent examination fee	3,400	3,200

6. **TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 September 2024 nor for the year ended 30 September 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2024 nor for the year ended 30 September 2023.

7. **COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted Fund £	Restricted Fund £	Total Fund £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	148,156	54,973	203,129
Other trading activities	181,735	-	181,735
Investment income	8,290	-	8,290
Total	338,181	54,973	393,154
EXPENDITURE ON			
Raising funds	47,217	-	47,217
Charitable activities			
Therapy Work	171,502	84,213	255,715
Support costs	91,567	-	91,567
Total	310,286	84,213	394,499
NET INCOME/(EXPENDITURE)	27,895	(29,240)	(1,345)
Transfers between funds	(29,240)	29,240	-
RECONCILIATION OF FUNDS			
Total funds brought forward	1,102,014	-	1,102,014
TOTAL FUNDS CARRIED FORWARD	1,100,669	-	1,100,669

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2024

8. EMPLOYEE EMOLUMENTS

No employees' benefits exceeded £60,000 during the year (including taxable benefits in kind but not including pension contributions).

Two employees classified as key management personnel received between them £56,478 (2023: £53,281).

9. TANGIBLE FIXED ASSETS

	Land and Buildings £	Furnishings Office Equipment £	Motor vehicles £	Totals £
COST/VALUATION				
At 1 October 2023	800,000	55,700	10,000	865,700
Additions	-	30,987	-	30,987
As at 30 September 2024	800,000	86,687	10,000	896,687
DEPRECIATION				
At 1 October 2023	-	44,573	10,000	54,573
Charge for year	-	8,423	-	8,423
At 30 September 2024	-	52,996	10,000	62,996
NET BOOK VALUE				
At 30 September 2024	800,000	33,691	-	833,691
At 30 September 2023	800,000	11,127	-	811,127

Included in cost of land and buildings is freehold land of £245,000 (2023 - £245,000).

The opening valuation of freehold properties is based on an open market valuation undertaken by Garside Waddingham, Chartered Surveyors on 22 April 2016. The trustees obtained a further valuation in July 2022 which showed a revalued amount of £885,000. As detailed in the accounting policies note the trustees have not adopted this value.

If freehold property and improvements had not been revalued it would have been included at the following historical cost:

	£
Cost at 1 October 2023	807,450
Refurbishment Costs 2023/24	148,298
	955,748

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2024

10.	STOCKS	<u>2024</u> £	<u>2023</u> £
	Stocks	900	250
		—	—
11.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	<u>2024</u> £	<u>2023</u> £
	Other debtors	56697	37,079
	Prepayments	10150	13,312
		—	—
		66847	50,391
		—	—
12.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	<u>2024</u> £	<u>2023</u> £
	Trade creditors	17872	30,479
	Social security and other taxes	881	1,066
	Other creditors	400	400
	Accruals and deferred income	101214	90,149
		—	—
		120367	122,094
		—	—

Deferred income consists of funding received during the year, the performance relating to that funding to be carried out in the following year.

13.	MOVEMENT IN FUNDS				
		At 01.10.23 £	Net Movement in funds £	Transfer between Funds £	At 30.09.24 £
	Unrestricted funds				
	Unrestricted fund	1,100,669	45,593	(36,285)	1,109,977
	Restricted funds				
	Restricted fund	—	(36,285)	36,285	—
		—	—	—	—
	TOTAL FUNDS	1,100,669	9,308	—	1,109,977
		—	—	—	—

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2024

13. **MOVEMENT IN FUNDS – continued**

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	344,394	(298,801)	45,593
Restricted funds			
Restricted fund	194,661	(230,946)	(36,285)
TOTAL FUNDS	539,055	(529,747)	9,308

Comparatives for movement in funds

	At 1.10.22 £	Net Movement in funds £	Transfer between Funds £	At 30.09.23 £
Unrestricted funds				
Unrestricted fund	1,102,014	27,895	(29,240)	1,100,669
Restricted funds				
Restricted fund	-	(29,240)	29,240	-
TOTAL FUNDS	1,102,014	(1,345)	-	1,100,669

Comparative net movement in funds, included in the above are as follows:-

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	338,181	(310,286)	27,895
Restricted funds			
Restricted fund	54,973	(84,213)	(29,240)
TOTAL FUNDS	393,154	(394,499)	(1,345)

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2024

14. CONTINGENT LIABILITIES

The Charity has historically received funds from the client accounts of a firm of solicitors connected to the Charity by virtue of common directorships. Despite the best efforts of the law firm to trace their missing clients they were unable to do so, and The Solicitors Regulation Authority have confirmed the funds may be donated to charity on the undertaking that a repayment will be made should the missing clients (or any of them) be traced.

Although the funds have been received the Trustees have had to sign indemnities in favour of the law firm to repay some or all of the amounts totalling £27,848 should those missing clients be traced.

Any liabilities are contingent on the missing clients being found and them proving to have a valid claim on the funds which have now been donated.

15. RELATED PARTY DISCLOSURES

During the year ended 30 September 2024 aggregate donations were received from Directors/Trustees or organisations connected to former Directors/Trustees amounting to £156,708 (2023 £43,190) of which £135,108 have been specifically provided to facilitate significant refurbishment at Vine House. The remaining donations were received without attached conditions which would, or might, require the charity to alter significantly the nature of its existing activities.

16. ULTIMATE CONTROLLING PARTY

The Directors consider that there is no controlling party as the company is limited by guarantee, and there is no one person exercising dominant influence over the Charity.

17. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year:-

Land and buildings	<u>2024</u>	<u>2023</u>
	£	£
Expiring:		
Within one year	-	-
Between one and five years	20,000	20,000
	20,000	20,000

CANCER HELP (PRESTON) LIMITED

England & Wales - Charity number 1032828

Accounts

REGISTERED COMPANY NUMBER: 02890943 (England and Wales)
REGISTERED CHARITY NUMBER: 1032828

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2023
FOR
CANCER HELP (PRESTON) LIMITED
(A COMPANY LIMITED BY GUARANTEE)

Foster & Co. Limited
Unit 16 Eastway Business Village
Olivers Place
Fulwood
Preston
PR2 9WT

CANCER HELP (PRESTON) LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2023

	Page
Chairmans Report	1 to 2
Report of the Trustees	3 to 9
Independent Examiner's Report	10
Statement of Financial Activities	11
Balance Sheet	12 to 13
Notes to the Financial Statements	14 to 21
Detailed Statement of Financial Activities	22 to 24

CANCER HELP (PRESTON) LIMITED
CHAIRMAN'S REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2023

Another fiscal year has passed, the charity's thirty third. At the risk of repetition, as I seem to start every such report in this way, the year ended 30 September 2023 was another challenging year. That is the case for most organisations operating in the third sector, as they face similar challenges. Primarily, generating income - as a new year begins the CancerHelp income meters return to zero and the charity needs to raise another third of a million pounds. Secondly, recruiting and retaining volunteers - the charity relies heavily on its team of volunteers who ensure its shops trade, fund-raising events are organised, the day care centres open, and the charity is effectively managed. Finally, ensuring that the charity spends the money given to it as efficiently as possible on those causes for which the money was given.

Whilst CancerHelp's financial performance is significantly better than expected, primarily due to financial reconciliations, that must be set against a budgeted loss of over £70,000. The improved performance simply mitigates a general trend over recent years. The charity's financial performance is detailed in the charity's Annual Accounts 2022/23.

Those Annual Accounts show that, once again, the charity's expenditure was effectively managed, ensuring it spent what it said it would. Through this report, I would like to recognise the fundraising efforts of the Friends Group and the performance of the shops, both significantly above budget. The shops generated sales of £133,000 and a surplus of just under £100,000 – fantastic! Once again, the charity has maintained substantial reserves in both cash and assets thus ensuring it is in no imminent financial danger. However, it cannot continue to lose money indefinitely and, as our thoughts turn to the coming year, we must deal with this fact.

Over the course of the year the charity delivered 1,369 (1,080) adult sessions, 412 (390) Children and Young People sessions and 1,215 (940) Complementary Therapy sessions. These figures are estimates (see the following paragraph). The figure in brackets is the number of sessions delivered last year. The total number of people seen, on a one-to-one basis, was Adult Services 196, Children and Young People Services 60 and Complementary Services 174. It is important to note that these numbers do not include the considerable number of people helped through drop ins, telephone calls, support groups, and cancer specific groups.

To deliver accurate and up to date performance data the Trustee Board introduced the Senior Management Performance Report, at the beginning of last year. The aim of the report is to provide Trustees and Senior Managers with the information they need to operate the charity efficiently and effectively. Whilst significant steps forward have been made the report requires further work to ensure the data is consistent, dependable, and timely.

In considering the finances and performance data of the charity it is often too easy to forget what the charity is here to do. That is often best expressed by the words of those who have accessed the charity's services over the last year.

"I was going to make my appointment today even if I had to be carried here. I feel so weak and so poorly, but this is the one feel good thing in my life right now. You make me feel so much better afterwards, both physically and emotionally".

"When I drive in it feels like I am coming to a sanctuary, I wouldn't have thought it possible to have a place like this, nowhere else comes close."

"I feel safer, and I do not feel alone anymore. I have also felt less anxious and have found the therapy very helpful."

Earlier in the year I heard a presentation by Karol Sikora, a physician specialising in oncology who is recognised as one of the world's leading authorities on cancer. He suggested that the full impact of the Covid pandemic on cancer diagnosis, treatment and mortality would not be truly seen until two or three years after the pandemic. It is fair to say that, based on the experience of the service delivery teams at CancerHelp, he is correct. The charity is seeing a significant increase in the complexity of the cases being presented. Sadly, this is being driven by the growing number of people seeking help who have mental health issues associated with late diagnosis and delayed treatment. Furthermore, the service delivery teams are reporting an increase in the number of people seeking support who have been diagnosed with terminal cancer.

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT – continued

FOR THE YEAR ENDED 30 SEPTEMBER 2023

Despite the obvious need for, and appreciation of, the services offered by the charity non-attendance has been a worrying development during the year. Over the course of the year 515 sessions were either missed or cancelled. Whilst the service delivery teams worked hard to compensate, the cost to the charity was significant. This was estimated to be in the region of £30,000 or 20% of the charity's total expenditure on service delivery. Obviously, this has been an area of intense activity during the year, and it is hoped that the frequency of missed appointments will begin to decrease in the new year.

It was intended that work to refurbish Vine House would commence this year. Indeed, work started on the first counselling room which was to be used as a trial and a sample room. The resulting expenditure is recorded in the accounts within Repairs and Renewals. It is fair to say that lessons were learnt during the creation of the trial room and as a result the project was rescheduled. The project was split into four phases the first of which (service delivery rooms) will commence in November 2023.

I started this report by referring to the fact that this is the charity's thirty third Annual Report. Over those thirty-three years CancerHelp has created two-day care centres, supported tens of thousands of people and raised millions of pounds to do so. It is a remarkable achievement; one that would not have been possible without the hard work, commitment, and professionalism of all those associated with the charity.

To all those who currently work or volunteer for CancerHelp, thank you so much.

Jonathan Gorick
Chair of Trustees

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2023

INTRODUCTION

The Board of trustees

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), effective 1 January 2019.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02890943

Registered Charity number

1032828

Registered office

Vine House Day Care Centre
22 Cromwell Road
Ribbleson
Preston
Lancashire
PR2 6YB

Trustees

Mr J D Gorick
Miss J M Robinson
Mr P D Hine
Miss R Mallett
Rev D L Anderson
Mr M J Swift
Mrs R L Rose
Mrs A R Shorrock

Company Secretary

Mrs H C Patterson

General Manager

Miss J Smalley

Honorary Treasurer

Miss R Mallett

Independent examiner

Ms JK Foster ACA
Institute of Chartered Accountants in England & Wales
Foster & Co Ltd
Unit 16
Eastway Business Village
Olivers Place
Fulwood
Preston
PR2 9WT

Bankers

The Charity's bankers are Barclays Bank PLC, 38 Market Street, Lancaster, LA1 1HS.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2023

OBJECTIVES AND ACTIVITIES

Management

The operation of the charity is overseen by the Trustee Board which meets quarterly and at the Annual General Meeting. The Trustee Board provides the strategic direction for the charity but passes control of the day-to-day operation of the charity to the Senior Management Team. The Senior Management Team consists of the General Manager and the Heads of Service – Adult Talking Therapies, Children and Young Peoples’ Therapies and Complementary Therapies. The day-to-day management of the charity is governed by the following parameters - the Aims of the Charity, the income and expenditure targets contained in the Annual Budget, the key objectives laid out in the Operating Plan and the guidance provided by the Trustees during the year. Outside of these parameters the Senior Management Team defers matters to the Trustees Board for guidance.

During the Covid pandemic the Trustee Board established an Operating Group of Trustees to work closely with the charity’s senior managers. The OGT consists of the Chairman, Jonathan Gorick, Treasurer, Rachel Mallett and Trustee, Mike Swift. Through its monthly meetings with the General Manager, the Trustee Assurance Meetings (TAM), trustees continue to oversee the operation of the charity. The significant decisions and outcomes of the TAM’s are referred to the Trustee Board for approval by the OGT.

The Trustee Board is pleased to report that CancerHelp has survived another difficult year. Whilst the charity has made a loss it was significantly less than expected. This has been achieved through the hard work and commitment of its staff and volunteers. The charity has continued to deliver its support to all those who have sought its help. In doing so the charity has had to draw on its reserves. Nonetheless the charity’s reserves, both current and fixed, remain healthy and continue to meet the Reserves Policy laid out in this document.

Aims

CancerHelp strives to be the leading charitable provider of support for all those affected by cancer and close family bereavement, in Central Lancashire. CancerHelp will offer the highest standards of help, advice, and therapy to all those who seek assistance; allowing them to find comfort, gain self-confidence and, above all, live fulfilled lives.

- To improve the quality of life of cancer patients, their families, and their carers by providing a comprehensive range of high-quality services, which are free at the point of use.
- To provide support for cancer patients from the point of diagnosis, through treatment, into recovery and, for some clients, in the terminal phase of the disease.
- To provide therapy services and support to children, young people and associated family members affected by close family bereavement.
- To provide appropriate psychological and social support that is matched to each client’s individual needs and circumstances through assessment and consultation.
- To provide information and advice services for educational, community and health care professionals with the intention of promoting and supporting best practice.
- To provide services in a welcoming, professional, and non-clinical environment through its dedicated cancer support centres, Vine House and Croston House.
- To provide advice, information, and signposting to enable clients to find the best support for them.
- To develop mutually beneficial working relationships with other professional organizations which identify and achieve common objectives for the benefit of clients.
- To work with agencies involved in the welfare of young people to improve the life chances of children and young people affected by close family bereavement.
- To continually develop suitable services in consultation with both clients and health care professionals.
- To provide a positive, open, and safe working environment in which staff and volunteers can develop their skills, enhance services, and enable the Charity to meet its aims.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2023

Significant activities

The main activities undertaken in relation to the objectives of the charity include a mix of one-to-one counselling/therapy and groupwork. The main areas of one-to-one support are:

- Counselling including Psychotherapy
- Complementary Therapies
- Children and Young People's Bereavement Service
- Bereavement Support and Counselling

The main areas of group support are:

- Art Groups
- “Being with Cancer” Workshops
- Craft and Activity Groups
- Family Support
- “Hope” Self-Management Programme
- Informal Advocacy and Liaison - Cancer Information
- Telephone Support
- Mindfulness programme
- Support Groups
- Meditative Support

The charity’s services are reviewed on a regular basis to ensure they continue to satisfy the objectives of the charity and continue to meet the needs of service users. Client feedback is sought and published within senior management reports. Almost exclusively that feedback is very positive reflecting the value of the services provided and their ability to help service users to deal with traumatic circumstances.

The charity offers a dedicated service for children and young people. The service provides support to those who are affected by cancer themselves or in their immediate family. That support extends to children and young people who are experiencing, or have experienced, close family bereavement associated with cancer. It is well known that, without appropriate support, many such children and young people go on to develop psychological disorders that can adversely affect the remainder of their lives. Sadly, the statutory Children and Adolescent Mental Health Services have raised their thresholds so that bereavement no longer meets their referral criteria. CancerHelp’s Stride service is unique in Central Lancashire.

The benefit provided to the people of Central Lancashire by CancerHelp cannot be measured in terms of money or statistics. It must be measured in terms of the well-being of that large part of society touched by cancer. To the recipients of CancerHelp’s support the benefit is invaluable.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 SEPTEMBER 2023

Public benefit

The trustees have given due consideration to Charity Commission published guidance on the operation of the public benefit requirement.

The charity exists to help all those affected by cancer in Central Lancashire. It aims to help cancer patients, their families, and their carers to live with the disease and its consequences. This includes support through diagnosis, treatment and sadly sometimes death. CancerHelp fills a significant gap in service provision in Central Lancashire. That gap lies between the diagnostic, medical intervention and associated support services offered by Lancashire Teaching Hospitals, including the NHS charitable organisation Rosemere, and the palliative care provided by St Catherine's Hospice.

Macmillan Cancer Support estimates that there are over three million people currently living with Cancer in the UK, a figure that has increased by almost 500,000 in the last five years. It is anticipated that, by 2030, the number of people living with cancer will be four million. Talking therapies and complimentary therapies have been proved to be effective in protecting the wellbeing of people coping with the disease and its consequences. The services offered by charities such as CancerHelp have never been more important than they are now.

That is why, every year, several hundred people from Central Lancashire access the charity's cancer support centres in Preston (Vine House) and Garstang (Croston House). Following assessment, they are directed to one, or more, of the charity's services, depending on their individual need. Usually this will result in six to eight one to one meetings with one of the charity's qualified and experienced counsellors or access to one of the specific support groups. Support can be provided in person at Vine House or Croston House (as and when it has been possible to open), at home, by video link or over the phone. CancerHelp provides several thousand service user sessions every year. All the services offered by the charity are free of charge.

Over the course of its thirty plus years, Cancer Help has supported tens of thousands of local people who have been impacted by the diagnosis, treatment, and sadly sometimes terminal nature of cancer. Were it not for the charity, most of these people would have faced their fears, stress and anxiety alone.

Cancer does not discriminate by age, gender, race, or background and neither does CancerHelp; everyone is welcome to access its services.

Volunteers

This report offers Trustees the opportunity to recognise that the charity could not function without its team of dedicated volunteers. Without their much-appreciated efforts the community would be deprived of an invaluable service. They are the lifeblood of the charity and are often its unsung heroes.

Once again, this has never been truer than in the year just ended. Volunteers ensure the charity's shops open, fundraising events are organised and the charity's day care centres can operate. Without volunteers the charity would not exist and its vital services would not be delivered.

CancerHelp, like many other charities, has a constant need for new volunteers. Generally, its ranks of volunteers tend to be elderly and sadly, for several reasons, some are no longer with us. The charity has an active program to recruit volunteers at all points of contact with the public. Not surprisingly many volunteers come from the large number of people who have benefitted either directly or indirectly from the work of the charity. Others have been young people volunteering in the charity shops, particularly students. That is vital as new energy and enthusiasm provides encouragement to existing volunteers. CancerHelp strives to ensure volunteering is a positive experience that has the potential to provide a sense of giving back, confidence, self-worth, companionship, and valuable work experience.

Finally, it is worth remembering that the Trustees, who are ultimately responsible for the well-being of the charity, are also volunteers. They provide their time, experience, and skills free of charge.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The after effect of the Covid pandemic continues to be felt. Many cancer patients continue to experience delays to diagnosis and to treatment. At its extreme this has resulted in treatable cancers becoming terminal. More commonly cancer patients have experienced significant levels of stress which has resulted in mental health issues. It therefore comes as no surprise that CancerHelp's counsellors and therapists have noted a significant increase in the complexity of the cases presented to them. The charity's service delivery teams are also seeing more people with a terminal cancer diagnosis. This has meant the charity's service delivery teams have had to spend more time with individual clients depending on their specific needs. Nonetheless, over the course of the year, CancerHelp supported several hundred new service users and has continued to offer its core services.

- Talking Therapies - one to one counselling, bereavement support and cognitive therapy.
- Children and Young People's Service (Stride) – one to one counselling and support associated with bereavement.
- Complementary Therapies – a holistic range of treatments that treat the mind and body as an interrelated whole.
- Group and One to One Therapies – counsellor led programs and cancer related self-help support groups.

The provision of a comprehensive assessment process at the first point of contact allows CancerHelp to direct service users to the most appropriate service or services. The charity provides and facilitates counselling and support for each person as an individual at their own pace depending on the individual stage of the illness or psychological need.

For thirty-three years CancerHelp has been providing support services for cancer patients, their families, their carers and young people affected by bereavement. This year has been another of the most difficult and challenging the charity has experienced.

Fundraising activities

The charity's single most important source of income has been its shops which sell donated goods to the public. Post Covid, the charity was forced to sell two of its four shops, Plungington Road and New Hall Lane Preston. Obviously, this created concerns regarding income. However, the two remaining shops have performed remarkably well delivering a comparable surplus to the four shops. In particular, the Garstang shop set new records for both turnover and surplus.

Income derived from "in person" fundraising was maintained as was income derived from donations. Within those income streams, the Friends Group maintained their invaluable support for the charity and raised significantly more than budgeted. Thanks in part to one off funding, income from grants was better than expected though concerns regarding resource for next year need to be addressed.

Income derived from contracts to supply services to the local NHS Clinical Commissioning Group was maintained. However, the charity must maintain a watching brief as the CCG goes through yet another restructure to become Integrated Care Systems (ICS's).

As previously reported the charity's financial survival can be put down to several factors. Primarily the hard work of its own staff and volunteers though it is important to note the charity once again drew on its reserves.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2023

FINANCIAL REVIEW

Principal funding sources

For many years the charity's principal funding sources have remained the same. The single largest source of income are the shops which deliver one third of the charity's income. Thereafter voluntary giving, made up of donations and fund raising, provides a further third of the charity's income. Finally, there is the income received from the NHS through contracts with the local Clinical Commissioning Group to deliver specific services. The Trustees are aware that this funding stream is changing as the CCG's are replaced with Integrated Care Systems. Time is being taken by the charity's senior managers to ensure the charity is represented in this change process.

Investment policy and objectives

It is the policy of the Trustees to be risk averse in the stewardship of its resources and therefore cash deposits are not to be applied in any venture considered by them to be risky. Although interest rates on cash deposits remain at an all-time low the Trustees believe the security of the capital sums on deposit are a priority.

Reserves policy

The Trustee Board's current policy is to hold a minimum of six months operating costs in reserve. These are free reserves to be used for charitable purposes with no restrictions placed upon them. Despite the events of this year the Trustees believe that it is highly unlikely that all CancerHelp's income streams would fail simultaneously and therefore the charity's reserves would be added to during that six-month period. Any reserves relating to restricted funds do not have a spending timescale imposed on them.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its memorandum and articles of association dated 25th January 1994, and constitutes a limited company, limited by guarantee. Its memorandum and articles of association were amended on 22nd April 1998 and again on 20th April 2016 when the company's articles of association were modernised and brought up to date following various changes in statutory legislation. The liability of the members is limited to £1 per member.

Recruitment and appointment of new trustees

The recruitment and appointment of new Trustees rests with the board of directors who are the trustees. In identifying potential new Trustees, the board consider any potential gaps in the makeup of the existing board and look specifically to recruit someone with the necessary skills and experience to actively bring benefit to the charity from their expertise.

Organisational structure

The trustees meet every three months to discuss the charity's affairs, the application of the charity's funds and plan for future events. Beneath this sits the Trustee Advisory Meeting (TAM) which is held every month. The TAM provides the link between the Trustee Board and the senior management of the charity. The meeting consists of the Operating Group of Trustees and the General Manager. The TAM feeds into the Senior Management Team Meeting which is held monthly and attended by the Heads of Service and the General Manager. The meetings are scheduled to promote a two way flow of information to and from the Trustee Board.

Twice a year the charity holds a Team Briefing, which is open to all members of staff. The briefing provides staff members with an overview of the performance of the charity and an opportunity to ask questions about the operations of the charity.

Induction and training of new trustees

New trustees are given all the necessary and relevant information relating to the running of the charity over recent years to bring them up to speed with the charity and its work and how it operates thus promoting a seamless introduction.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Wider network

Referrals are often given by health professionals working for the National Health Service whose own organisation cannot provide the kind of service being offered by the charity. Patients and/or their families and carers can also refer themselves directly and the charity's services are open to anyone regardless of age, race or ability to pay with support offered by specialist professionals each accredited in their relevant area of expertise.

Related parties

The Trustees consider that they themselves and the General Manager and Company Secretary have the power to exert significant influence over the charity. Generally, there are no transactions either directly or indirectly between parties connected to the above and the charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have a risk register which identifies those major risks to which the charity is exposed. Where appropriate systems or procedures have been established to mitigate those risks. This register is updated periodically.

Conclusion

As was the case last year, the focus of the Board of Trustees has been the risk of depletion of financial resources. The Trustees are very much aware that once again the charity has drawn on its reserves to secure its survival for another year. Policies to increase, and diversify, income to avoid dependency upon such sources of income will be considered. The charity will need to build on the success it has seen in some areas such as shop income. CancerHelp continues to seek corporate support from local businesses.

The balance between the need to manage finances and fulfil CancerHelp's objectives has been a significant challenge for the Trustees. The results contained in these Annual Accounts highlight a degree of success in achieving this. However, the fact remains that for several years there has been downward pressure on income streams and upward pressure on expenditure.

As a result, the charity is facing yet another challenging year in which new forms of income will be required and one in which its costs will need to be closely managed. Despite the challenges, the Trustees remain committed to ensuring the long-term future of the charity and the continued delivery of support to those that seek its help.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20 March 2024 and signed on its behalf by:

.....
Mr J D Gorick - Trustee

CANCER HELP (PRESTON) LIMITED
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CANCER HELP (PRESTON) LIMITED

Independent examiner's report to the trustees of Cancer Help (Preston) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

The Company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England & Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ms J K Foster A.C.A.
Institute of Chartered Accountants in England & Wales
Foster & Co Limited
Unit 16 Eastway Business Village
Olivers Place
Fulwood
Preston
Lancashire
PR2 9WT

Date: 20 March 2024

CANCER HELP (PRESTON) LIMITED
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2023

	Notes	Unrestricted Fund £	Restricted Fund £	2023 Total Funds £	2022 Total Funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		148,156	54,973	203,129	143,703
Other trading activities	2	181,735	-	181,735	160,538
Investment income	3	8,290	-	8,290	5,390
Total		338,181	54,973	393,154	309,631
EXPENDITURE ON					
Raising funds	4	47,217	-	47,217	47,086
Charitable activities					
Therapies & support costs		171,502	84,213	255,715	204,460
Governance costs		91,567	-	91,567	82,733
Total		310,286	84,213	394,499	334,279
NET INCOME/(EXPENDITURE)		27,895	(29,240)	(1,345)	(24,648)
Transfers between funds	13	(29,240)	29,240	-	-
Net movement in funds		(1,345)	-	(1,345)	(24,648)
RECONCILIATION OF FUNDS					
Total funds brought forward		1,102,014	-	1,102,014	1,126,662
TOTAL FUNDS CARRIED FORWARD		1,100,669	-	1,100,669	1,102,014

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET
30 SEPTEMBER 2023

	Notes	Unrestricted Fund £	Restricted Fund £	2023 Total Funds £	2022 Total Funds £
FIXED ASSETS					
Tangible Assets	9	811,127	-	811,127	809,160
CURRENT STOCK					
Stocks	10	250	-	250	679
Debtors	11	50,391	-	50,391	32,068
Cash at bank and in hand		283,938	77,057	360,995	385,507
		334,579	77,057	411,636	418,254
CREDITORS					
Amounts falling due within one year	12	(45,037)	(77,057)	(122,094)	(125,400)
NET CURRENT ASSETS		289,542	-	289,542	292,854
TOTAL ASSETS LESS CURRENT LIABILITIES		1,100,669	-	1,100,669	1,102,014
NET ASSETS		1,100,669	-	1,100,669	1,102,014
FUNDS	13				
Unrestricted funds				1,100,669	1,102,014
TOTAL FUNDS				1,100,669	1,102,014

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibility for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET - continued

30 SEPTEMBER 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees and authorised for issue on

20 March 2024 and were signed on its behalf by:

.....
Miss R Mallett - Trustee

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 30 SEPTEMBER 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

Cancer Help (Preston) Limited is a private company, limited by guarantee, registered in England and Wales. The company's registered office address can be found on page 3 of the Trustees Report.

The presentation currency of the financial statements is the Pound Sterling (£). The financial statements are rounded to the nearest £1.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office Equipment	- 20% on cost
Motor vehicles	- 20% on cost

The trustees arrange for the property to be revalued on a regular basis by Garside Waddingham, Chartered Surveyors. The most recent valuation was undertaken on 7 July 2022 and showed that the value had increased to £885,000. Historically, the trustees have adopted the market value within the accounts, but this year have not shown details of the increased value as one property is undergoing significant refurbishment, and the trustees will arrange for a further revaluation to be undertaken when work has been completed. As the professional valuation shows an increased value, no depreciation has been charged.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2023

1. ACCOUNTING POLICIES – continued

Capitalisation of fixed assets

Each class of assets is included at cost except for land and buildings which is capitalised at valuation. Only assets with a value of £400 or more will be added to capital expenditure, small amounts being considered trivial in nature.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities and also from Value Added Tax on its trading activities relating to its four charity shops.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

Financial instruments

The following assets and liabilities are classified as financial instruments – cash at bank and on hand, trade and other debtors, trade creditors and bank loans.

They are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

Donated goods

Members of the public and supporters of the Charity donate goods to each of the Charity's four shops. The income derived from the sale of those goods is recognised only when a sale has been made, or where the goods are not saleable when a receipt is made for the sale of scrap or waste products.

Where goods of a capital nature are donated for the Charity's use the value ascribed to those goods are what a reasonable person would pay for the equipment bearing in mind its age, and condition when acquired. Such a value is then treated as a cost for the equipment and also as an income donation of an equal amount.

Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2023

2. OTHER TRADING ACTIVITIES

	<u>2023</u>	<u>2022</u>
	£	£
Fundraising events	47,774	33,176
Shop takings	133,525	127,132
Christmas card sales	436	230
	181,735	160,538

3. INVESTMENT INCOME

	<u>2023</u>	<u>2022</u>
	£	£
Rents received	5,700	5,390
Bank account interest	2,590	-
	8,290	5,390

4. RAISING FUNDS

	<u>2023</u>	<u>2022</u>
	£	£
Raising donations and legacies		
Consultancy fees re grants	7,200	4,000
Other trading activities	<u>2023</u>	<u>2022</u>
	£	£
Shop Overheads	37,614	42,888
Christmas cards	575	137
Fundraising event costs	1,828	61
	40,017	43,086
Aggregate amounts	47,217	47,086

CANCER HELP (PRESTON) LIMITED
NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2023

5.	NET (EXPENDITURE)/INCOME	<u>2023</u>	<u>2022</u>
		£	£
	Net (expenditure)/income is stated after charging/(crediting):		
	Depreciation – owned assets	2,782	4,632
	Independent examination fee	3,200	3,000

6. **TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 September 2023 nor for the year ended 30 September 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2023 nor for the year ended 30 September 2022.

7. **COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted Fund £	Restricted Fund £	Total Fund £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	107,227	36,476	143,703
Other trading activities	160,538	-	160,538
Investment income	5,390	-	5,390
Total	273,155	36,476	309,631
EXPENDITURE ON			
Raising funds	47,086	-	47,086
Charitable activities			
Therapy Work	132,145	72,315	204,460
Support costs	82,733	-	82,733
Total	261,964	72,315	334,279
NET INCOME/(EXPENDITURE)	11,191	(35,839)	(24,648)
Transfers between funds	(35,839)	35,839	-
RECONCILIATION OF FUNDS			
Total funds brought forward	1,126,662	-	1,126,662
TOTAL FUNDS CARRIED FORWARD	1,102,014	-	1,102,014

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2023

8. EMPLOYEE EMOLUMENTS

No employees' benefits exceeded £60,000 during the year (including taxable benefits in kind but not including pension contributions).

Two employees classified as key management personnel received between them £53,281 (2022: £49,360).

9. TANGIBLE FIXED ASSETS

	Land and Buildings £	Office Equipment £	Motor vehicles £	Totals £
COST/VALUATION				
At 1 October 2022 & 30 September 2023	800,000	147,774	10,000	957,774
Disposals	-	(96,823)	-	(96,823)
Additions	-	4,749	-	4,749
As at 30 September 2023	800,000	55,700	10,000	865,700
DEPRECIATION				
At 1 October 2022	-	138,614	10,000	148,614
Released on Disposals	-	(96,823)	-	(96,823)
Charge for year	-	2,782	-	2,782
At 30 September 2023	-	44,573	10,000	54,573
NET BOOK VALUE				
At 30 September 2023	800,000	11,127	-	811,127
At 30 September 2022	800,000	9,160	-	809,160

Included in cost of land and buildings is freehold land of £245,000 (2022 - £245,000).

The valuation of freehold properties is based on an open market valuation undertaken by Garside Waddingham, Chartered Surveyors on 22 April 2016. The trustees obtained a further valuation in July 2022 which showed a revalued amount of £885,000. As detailed in the accounting policies note the trustees have not adopted this value.

If freehold property had not been revalued it would have been included at the following historical cost:

	£
Cost	807,450

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2023

10.	STOCKS	<u>2023</u> £	<u>2022</u> £
	Stocks	250	679
		—	—
11.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	<u>2023</u> £	<u>2022</u> £
	Other debtors	37,079	24,539
	Prepayments	13,312	7,529
		—	—
		50,391	32,068
		—	—
12.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	<u>2023</u> £	<u>2022</u> £
	Trade creditors	30,479	18,549
	Social security and other taxes	1,066	920
	Other creditors	400	400
	Accruals and deferred income	90,149	105,531
		—	—
		122,094	125,400
		—	—

Deferred income consists of funding received during the year, the performance relating to that funding to be carried out in the following year.

13.	MOVEMENT IN FUNDS				
		At 01.10.22	Net	Transfer	At 30.09.23
		£	Movement	between	£
			in funds	funds	
			£	£	
	Unrestricted funds				
	Unrestricted fund	1,102,014	27,895	(29,240)	1,100,669
	Restricted funds				
	Restricted fund	—	(29,240)	29,240	—
		—	—	—	—
	TOTAL FUNDS	1,102,014	(1,345)	—	1,100,669
		—	—	—	—

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2023

13. MOVEMENT IN FUNDS – continued

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	338,181	(310,286)	27,895
Restricted funds			
Restricted fund	54,973	(84,213)	(29,240)
TOTAL FUNDS	393,154	394,499	(1,345)

Comparatives for movement in funds

	At 1.10.21 £	Net Movement in funds £	Transfer between funds £	At 30.09.22 £
Unrestricted funds				
Unrestricted fund	1,126,662	11,191	(35,839)	1,102,014
Restricted funds				
Unrestricted fund	-	(35,839)	35,839	-
TOTAL FUNDS	1,126,662	(24,648)	-	1,102,014

Comparative net movement in funds, included in the above are as follows:-

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	273,155	(261,964)	11,191
Restricted funds			
Restricted fund	36,476	(72,315)	(35,839)
TOTAL FUNDS	309,631	334,279	24,648

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2023

14. CONTINGENT LIABILITIES

The Charity has historically received funds (2022 : £8,892) from the client accounts of a firm of solicitors connected to the Charity by virtue of common directorships. Despite the best efforts of the law firm to trace their missing clients they were unable to do so, and The Solicitors Regulation Authority have confirmed the funds may be donated to charity on the undertaking that a repayment will be made should the missing clients (or any of them) be traced.

Although the funds have been received the Trustees have had to sign indemnities in favour of the law firm to repay some or all of the amounts totalling £27,848 should those missing clients be traced.

Any liabilities are contingent on the missing clients being found and them proving to have a valid claim on the funds which have now been donated.

15. RELATED PARTY DISCLOSURES

During the year ended 30 September 2023 aggregate donations were received from Directors/Trustees or organisations connected to former Directors/Trustees amounting to £43,190 (2022 £21,876) of which £20,835 have been specifically provided to facilitate significant refurbishment at Vine House. The remaining donations were received without attached conditions which would, or might, require the charity to alter significantly the nature of its existing activities.

16. ULTIMATE CONTROLLING PARTY

The Directors consider that there is no controlling party as the company is limited by guarantee, and there is no one person exercising dominant influence over the Charity.

17. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year:-

Land and buildings	<u>2023</u>	<u>2022</u>
	£	£
Expiring:		
Within one year	-	-
Between one and five years	20,000	20,000
	20,000	20,000

CANCER HELP (PRESTON) LIMITED

England & Wales - Charity number 1032828

Accounts

REGISTERED COMPANY NUMBER: 02890943 (England and Wales)
REGISTERED CHARITY NUMBER: 1032828

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2022
FOR
CANCER HELP (PRESTON) LIMITED
(A COMPANY LIMITED BY GUARANTEE)

Foster & Co. Limited
Unit 16 Eastway Business Village
Olivers Place
Fulwood
Preston
PR2 9WT

CANCER HELP (PRESTON) LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2022

	Page
Chairmans Report	1 to 2
Report of the Trustees	3 to 9
Independent Examiner's Report	10
Statement of Financial Activities	11
Balance Sheet	12 to 13
Notes to the Financial Statements	14 to 21
Detailed Statement of Financial Activities	22 to 24

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT

FOR THE YEAR ENDED 30 SEPTEMBER 2022

Once again, I must report that CancerHelp has experienced another challenging year. As I write this report in late 2022 it seems that to a large extent the country has returned to a degree of normality, following the worst effects of the Covid-19 pandemic. However, I had to remind myself that as the charity started the new financial year, in October 2021, the country was still in the grip of the pandemic. The Omicron variant was spreading quickly, and the Government introduced Plan B to protect the NHS which included the use of face masks, a vaccine booster program, and a mandatory requirement for Covid Passes, in certain settings.

Thanks in large part to the vaccination program, over the course of the previous year, and the booster program in late 2021, the primary impacts of Covid-19 on daily lives began to lessen. However, for the charity that was not necessarily the case. There were two main effects that the charity had to deal with. Firstly, financially, the charity's gross income fell by 25%. Secondly, the virus restricted, and compromised, the charity's ability to deliver its services. Both issues are explained in more detail later in this report.

The Annual Report includes the charity's Annual Accounts which provide a detailed study of the charity's finances. As a rule, I try to avoid detracting from that part of the Report by not including numbers here. That said, the headline figure to be drawn from the accounts is that the charity lost nearly £25,000 in the year ending 30th September 2022.

However, I think it is important to note that the Government support, that the charity benefited from in the previous two years, ended. In that I would include the furlough scheme and business continuation grants. The estimated value of that support over the two years was around £200,000. Unfortunately, the charity's other income streams, such as fundraising and donations did not recover sufficiently to replace this loss. In addition, two of the charity's four shops, Plungington Road and New Hall Lane, did not reopen though I must note that the shops in Garstang and Longridge performed exceptionally well.

Through this statement, the thanks of the Trustees are offered to the volunteers who kept those shops open and to every single volunteer whose support makes the heart of the charity beat.

In concluding this financial note, I should say that over the three years, October 2019 to September 2022, affected by Covid the Trustees hoped, and set budgets, to break even. In the event, over that three-year period the charity made a surplus of circa £90,000.

Looking forward, as the prospect of an economic crisis looms, I believe the charity will find that people, and companies, will have less to give, costs such as energy will increase and concurrently demand for the charity's services will grow. Therefore, a realistic and accurate budget will be an essential part of the 2022/23 Operating Plan.

As the year unfolded, we began to understand the true impact of Covid-19 on the National Health Service. Many areas of our health service were at breaking point because of the strain of dealing with the pandemic and the difficulties in delivering routine services during the last three years. The number of people awaiting investigative tests for cancer, cancer diagnosis and cancer treatments all grew significantly. Sadly, there were many cancer patients who, under normal circumstances, had treatable cancers but who were eventually diagnosed with, and/or treated for, terminal conditions.

Not surprisingly the charity's service delivery teams have noted a significant increase in the complexity of cases presenting to them. The impact of delayed diagnosis and treatment has had a huge impact on the mental health and wellbeing of many clients. As a result, the average time required for each adult therapy session increased significantly towards the end of the year. The pressures on the charity's adult service team were increased with the departure of the Head of Adult Services. At the time of writing that position has not been filled. The continued delivery of services would not have been sustainable were it not for the flexibility, dedication, professionalism, and support of the charity's counsellors.

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT - continued **FOR THE YEAR ENDED 30 SEPTEMBER 2022**

Despite the extended use of volunteer and student counsellors to fill the gap a solution will be required in the new year.

Over the course of the year the charity delivered 1080 (1390) adult sessions, 390 (276) Children and Young People sessions and 940 (1128) Complementary Therapy sessions. These figures are estimates (see note below) and the figure in brackets is a nominal capacity agreed through the planning process. The total number of people seen, on a one-to-one basis, was Adult Services 154, Children and Young People Services 56 and Complementary Services 134. It is important to note that these numbers do not include the large number of people helped through drop ins, telephone calls, support groups, and cancer specific groups. The greatest compliment to the service delivery teams lies in the words of people who have accessed the charity's services.

"Every person I have met has shown me kindness and compassion, with a genuine sense of understanding. My therapist has given me the strength to carry on in the hardest time of my life. She has great empathy, allowing me to be honest with my thoughts and feelings, without judgement."

"The warm welcome and smiling faces just cheer me up every time. If I could bottle it and sell it, I'd be a millionaire! This has been such a wonderful place to come; one where I could express my true feelings, release my tears, and be comforted without feeling I am being a burden."

To try and deliver accurate and up to date performance data the board introduced the Senior Management Performance Report. The aim of the report was to provide Trustees with the data they require to discharge their legal duties and to provide senior managers with the information they need to operate the charity efficiently and effectively. I believe it is fair to say, as the year ends, the report requires significant work to ensure the data is consistent, reliable, and timely.

In the charity's 2021/22 Operating Plan, senior managers set sixteen objectives of which nine were fully or partially met. That broke down into four Organisational Objectives of which two were met, four Employment Objectives of which none were met, three Service Delivery Objectives of which two were met and five Financial Objectives of which five were met. The mixed levels of success led Trustees to commission an Operational Review to feed into this year's planning process. It will consider the structure, roles, and responsibilities within the charity, human resource provisions, internal reporting processes and the ability of the charity to implement change. Given the importance and nature of the findings of the Operational Review, the recommendations will form the basis of the Operating Plan for the coming year.

In concluding, I think it is fair to say that the year was a mixed one in many respects – some positives and some negatives. I have no doubt that the coming year will be equally challenging. However, as I write these reports, and I think this is my twelfth, I reflect on the ever-present strength of CancerHelp - its people. Despite the challenges, the trials, and the tribulations the charity has faced over many years it is still here, delivering life changing services to hundreds of people, each year. This success has been built on the quality, dedication, kindness, and skill of the people who work and volunteer within the charity.

If you are one of them, thank you so much for all you have done and, if you are not, why not come and join us?

Jonathan Gorick

Chair of Trustees

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2022

INTRODUCTION

The Board of trustees

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02890943

Registered Charity number

1032828

Registered office

Vine House Day Care Centre
22 Cromwell Road
Ribbleton
Preston
Lancashire
PR2 6YB

Trustees

Mr J D Gorick
Miss J M Robinson
Mr P D Hine
Miss R Mallett
Rev D L Anderson
Mr M J Swift
Mrs R L Rose
Mrs A R Shorrocks

Company Secretary

Mrs H C Patterson

General Manager

Miss J Smalley

Independent examiner

Jill Foster ACA
Institute of Chartered Accountants in England & Wales
Foster & Co Ltd
Unit 16
Eastway Business Village
Olivers Place
Fulwood
Preston
PR2 9WT

Solicitors

The Charity's solicitors are Marsden Rawsthorn Solicitors Limited, 3-4 Faraday Court, Fulwood, Preston, PR2 9NB.

Bankers

The Charity's bankers are Barclays Bank PLC, 38 Market Street, Lancaster, LA1 1HS.

General Manager

Miss J Smalley

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2022

OBJECTIVES AND ACTIVITIES

Management

For the third consecutive report, the Trustees must recognise the impact that the Covid-19 pandemic has had on the charity. Once again, the country was subject to varying degrees of restrictions including the Government's Plan B, primarily designed to avert a service delivery disaster within the NHS. However, thanks to the program of vaccines and boosters, the country began a journey towards a degree of normality, as the year progressed. Nonetheless, the legacy of the pandemic continued to be felt and, in many respects, it will take a long time for the economy, businesses, and people to truly recover.

The Trustees ability to manage the charity improved as in person meetings, such as the Trustees' Meetings, were held once more though attendees continued to be offered online access. The Covid-19 working group, consisting of the Chairman, Jonathan Gorick, Treasurer, Rachel Mallett and Trustee, Mike Swift, became the operating group of trustees. Through its monthly meetings, Trustee Assurance Meetings (TAM), trustees continued to oversee the operation of the charity through General Manager, Jeanette Smalley. The decisions and outcomes of the TAM's were referred to the Trustee Board for approval.

At a financial level the Trustees are indeed pleased to report that CancerHelp has survived another difficult year. It has done so thanks to the hard work and commitment of its staff and volunteers. The charity has continued to deliver its support to all those who have sought its help. In doing so the charity has had to draw on its reserves to compensate for the loss of Government support on which its financial survival was dependent in the previous two years.

Aims

CancerHelp strives to be the leading charitable provider of support for all those affected by cancer and close family bereavement, in Central Lancashire. CancerHelp will offer the highest standards of help, advice, and therapy to all those who seek assistance; allowing them to find comfort, gain self-confidence and, above all, live fulfilled lives.

- To improve the quality of life of cancer patients, their families, and their carers by providing a comprehensive range of high-quality services, which are free at the point of use.
- To provide support for cancer patients from the point of diagnosis, through treatment, into recovery and, for some clients, in the terminal phase of the disease.
- To provide therapy services and support to children, young people and associated family members affected by close family bereavement.
- To provide appropriate emotional, physical, and social support that is matched to each client's individual needs and circumstances through assessment and consultation.
- To provide information and advice services for educational, community and health care professionals with the intention of promoting and supporting best practice.
- To provide services in a welcoming, professional, and non-clinical environment through its dedicated cancer support centres, Vine House and Croston House.
- To provide advice, information, and advocacy to enable clients to find the best support for them.
- To develop mutually beneficial working relationships with other professional organisations which identify and achieve common objectives for the benefit of clients.
- To work with agencies involved in the welfare of young people to improve the life chances of children and young people affected by close family bereavement.
- To continually develop suitable services in consultation with both clients and health care professionals.
- To provide a positive, open, and safe working environment in which staff and volunteers can develop their skills, enhance services, and enable the Charity to meet its aims.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2022

Significant activities

The main activities undertaken in relation to the objectives of the charity include a mix of one-to-one counselling/therapy and groupwork. The main areas of one-to-one support are

- Counselling including Psychotherapy
- Complementary Therapies
- Children and Young People's Bereavement Service
- Bereavement Support and Counselling
- Breathlessness Clinic

The main areas of group support are

- Art Groups
- Craft and Activity Groups
- Family Support
- Hope Self-Management Programme
- Relaxation and Meditation through therapies such as Gong Therapy
- Informal Advocacy and Liaison - cancer related information via signposting, telephone and drop-in
- Support Groups
- Yoga

Given the impact of Covid-19 earlier in the year it should be noted that some of the services (mainly the group sessions) listed above were not available during the earlier parts of the year. The charity's ability to deliver some of these services has been dictated by its response to Government Restrictions and Guidelines. CancerHelp has provided the services listed above as and when permitted and safe to do so.

The charity's services are reviewed on a regular basis to ensure they continue to satisfy the objectives of the charity and continue to meet the needs of service users. Client feedback is sought and published within senior management reports. Almost exclusively that feedback is very positive reflecting the value of the services provided and their ability to help service users to deal with traumatic circumstances.

The charity offers a dedicated service for children and young people. The service provides support to those who are affected by cancer themselves or in their immediate family. That support extends to children and young people who are experiencing, or have experienced, close family bereavement associated with cancer. It is well known that, without appropriate support, many such children and young people go on to develop psychological disorders that can adversely affect the remainder of their lives. Sadly, the statutory Children and Adolescent Mental Health Services have raised their thresholds so that bereavement no longer meets their referral criteria. CancerHelp's Stride service is unique in Central Lancashire.

The benefit provided to the people of Central Lancashire by CancerHelp cannot be measured in terms of money or statistics. It must be measured in terms of the well-being of that large part of society touched by cancer. To the recipients of CancerHelp's support the benefit is invaluable.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2022

Public benefit

The trustees have given due consideration to Charity Commission published guidance on the operation of the public benefit requirement.

The charity exists to help all those affected by cancer in Central Lancashire. It aims to help cancer patients, their families, and their carers to live with the disease and its consequences. This includes support through diagnosis, treatment and sadly sometimes death. CancerHelp fills a significant gap in service provision in Central Lancashire. That gap lies between the diagnostic, medical intervention and associated support services offered by Lancashire Teaching Hospitals, including the NHS charitable organisation Rosemere, and the palliative care provided by St Catherine's Hospice.

Macmillan Cancer Support estimates that there are over three million people currently living with Cancer in the UK, a figure that has increased by almost 500,000 in the last five years. It is anticipated that, by 2030, the number of people living with cancer will be four million. Talking therapies and complementary therapies have been proved to be effective in protecting the wellbeing of people coping with the disease and its consequences. The services offered by charities such as CancerHelp have never been more important than they are now.

That is why, every year, several hundred people from Central Lancashire access the charity's cancer support centres in Preston (Vine House) and Garstang (Croston House). Following assessment, they are directed to one, or more, of the charity's services, depending on their individual need. Usually this will result in six to eight one to one meetings with one of the charity's qualified and experienced counsellors or access to one of the specific support groups. Support can be provided in person at Vine House or Croston House (as and when it has been possible to open), at home, by video link or over the phone. CancerHelp provides several thousand service user sessions every year. All the services offered by the charity are free of charge.

Cancer does not discriminate by age, gender, race, or background and neither does CancerHelp; everyone is welcome to access its services.

Volunteers

This report offers Trustees the opportunity to recognise that the charity could not function without its team of dedicated volunteers. Without their much-appreciated efforts the community would be deprived of an invaluable service. They are the lifeblood of the charity and are often its unsung heroes.

Once again, this has never been truer than in the year just ended. As the impact of the Covid-19 pandemic lessened, and the charity's shops and day care centres reopened, the charity's volunteers returned. Between them they ensure the charity generates income, the shops are open, the day care centres can welcome clients and vital services are delivered.

CancerHelp, like many other charities, has a constant need for new volunteers. Generally, its ranks of volunteers tend to be elderly and sadly, for several reasons, some are no longer with us. The charity has an active program to recruit volunteers at all points of contact with the public. Not surprisingly many volunteers come from the large number of people who have benefited either directly or indirectly from the work of the charity. Others have been young people volunteering in the charity shops, particularly students. That is vital as new energy and enthusiasm provides encouragement to existing volunteers. CancerHelp strives to ensure volunteering is a positive experience that has the potential to provide a sense of giving back, confidence, self-worth, companionship, and valuable work experience.

Finally, it is worth remembering that the Trustees, who are ultimately responsible for the well-being of the charity, are also volunteers. They provide their time, experience, and skills free of charge.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

There is no doubt that the Covid-19 pandemic has continued to have a significant impact on the National Health Service's ability to deliver its routine services. Its resources have for over two years been consumed by its response to the pandemic. As a result, many cancer patients have experienced delays to diagnosis and to treatment. At its extreme this has resulted in treatable cancers becoming terminal. More commonly cancer patients have experienced significant levels of stress which has resulted in mental health issues. It therefore comes as no surprise that CancerHelp's counsellors and therapists have noted a significant increase in the complexity of the cases presented to them. This has meant the charity's service delivery teams have had to spend more time with individual clients depending on their specific needs. None the less, over the course of the year, CancerHelp supported several hundred new service users and has continued to offer its core services.

- Talking Therapies - one to one counselling, bereavement support and cognitive therapy
- Children and Young People's Service (Stride) – one to one counselling and support associated with bereavement
- Breathlessness Clinic - clinical support for specific cancers such as lung cancer
- Group Therapy – counsellor led programs and cancer related self-help support groups

The provision of a comprehensive assessment process at the first point of contact allows CancerHelp to direct service users to the most appropriate service or services. The charity provides and facilitates counselling and support for each person as an individual at their own pace depending on the individual stage of the illness or psychological need.

For thirty-three years CancerHelp has been providing support services for cancer patients, their families, their carers and young people affected by bereavement. This year has been another of the most difficult and challenging the charity has experienced.

Fundraising activities

The charity has struggled to recover from the complete shutdown in fundraising activities. Over the previous two years the charity was able to rely on Government support through the furlough scheme and business support grants, valued at £200,000. That has not been repeated this year. The charity's single most important source of income has been its shops which sell donated goods to the public. Sadly two of the charity's four shops, Plungington Road and New Hall Lane Preston, have not reopened though the two best performing shops, Garstang and Longridge, have. Fortunately, both performed much better than expected, more than compensating for the two closed shops.

Income derived from "in person" fundraising fell below that hoped for as did the level of donations. However, the Friends Group maintained their invaluable support for the charity and raised significantly more than budgeted. Despite the best efforts of the charity income generated from grants was one third of that expected.

On a more positive note, the local NHS Clinical Commissioning Group continued to provide its funding for contracted services.

As previously reported the charity's financial survival can be put down to several factors. Primarily the hard work of its own staff and volunteers over the previous two years ensuring the charity accessed all available funding and, in part related, its reserves.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2022

FINANCIAL REVIEW

Principal funding sources

For many years the charity's principal funding sources have remained the same. The single largest source of income are the shops which deliver one third of the charity's income. Thereafter voluntary giving, made up of donations and fund raising, provides a further third of the charity's income. Finally, there is the income received from the NHS through contracts with the local Clinical Commissioning Group to deliver specific services. The Trustees are aware that this funding stream is changing as the CCG's are replaced with Integrated Care Systems. Time is being taken by the charity's senior managers to ensure the charity is represented in this change process.

Investment policy and objectives

It is the policy of the Trustees to be risk averse in the stewardship of its resources and therefore cash deposits are not to be applied in any venture considered by them to be risky. Although interest rates on cash deposits remain at an all-time low the Trustees believe the security of the capital sums on deposit are a priority.

Reserves policy

The Trustee Board's current policy is to hold a minimum of six months operating costs in reserve. These are free reserves to be used for charitable purposes with no restrictions placed upon them. Despite the events of this year the Trustees believe that it is highly unlikely that all CancerHelp's income streams would fail simultaneously and therefore the charity's reserves would be added to during that six-month period. Any reserves relating to restricted funds do not have a spending timescale imposed on them.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its memorandum and articles of association dated 25th January 1994, and constitutes a limited company, limited by guarantee. Its memorandum and articles of association were amended on 22nd April 1998 and again on 20th April 2016 when the company's articles of association were modernised and brought up to date following various changes in statutory legislation. The liability of the members is limited to £1 per member.

Recruitment and appointment of new trustees

The recruitment and appointment of new Trustees rests with the board of directors who are the trustees. In identifying potential new Trustees, the board consider any potential gaps in the makeup of the existing board and look specifically to recruit someone with the necessary skills and experience to actively bring benefit to the charity from their expertise.

Organisational structure

Under normal circumstances, the Trustees meet every two months to discuss the charity's affairs and plan for future events. This has not been possible for much of the year. Senior members of the board did meet as part of the Covid-19 management team monthly to resolve day to day issues with input being sought from staff and volunteers. Urgent issues were dealt with over the telephone or via electronic communication with the Trustee Board. The day-to-day activities of the charity are overseen by the General Manager who liaises with the staff and volunteers, the Trustee working group, and as required the Trustee Board.

Induction and training of new trustees

New trustees are given all the necessary and relevant information relating to the running of the charity over recent years to bring them up to speed with the charity and its work and how it operates thus promoting a seamless introduction.

Wider network

Referrals are often given by health professionals working for the National Health Service whose own organisation cannot provide the kind of service being offered by the charity. Patients and/or their families and carers can also refer themselves directly and the charity's services are open to anyone regardless of age, race or ability to pay with support offered by specialist professionals each accredited in their relevant area of expertise.

Related parties

The Trustees consider that they themselves and the General Manager and Company Secretary have the power to exert significant influence over the charity. Generally, there are no transactions either directly or indirectly between parties connected to the above and the charity.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have a risk register which identifies those major risks to which the charity is exposed. Where appropriate systems or procedures have been established to mitigate those risks. This register is updated periodically.

Procedures are in place to ensure the health and safety of staff, volunteers, and service users at Vine House, Croston House, and the charity's shops. Additional rules have been implemented to cover the delivery of services during the Covid-19 pandemic to protect both the service user and the service provider.

As was the case last year, the focus of the Board of Trustees has been the risk of depletion of financial resources. The Trustees are very much aware that income that has secured the survival of the charity in this year will not be available next year. Policies to increase, and diversify, income to avoid dependency upon such sources of income will have to be considered. The charity will need to build on the success it has seen in some areas such as grants. CancerHelp continues to seek corporate support from local businesses.

The balance between the need to manage finances and fulfil CancerHelp's objectives has been a significant challenge for the Trustees. The results contained in these Annual Accounts highlight a degree of success in achieving this. Thanks to growth in Grants, the maintenance of Donations and the receipt of Government support the charity has balanced its books over the course of the year. That position was somewhat improved by the generous legacy, referred to earlier, that has left the charity with a surplus in the year.

The Trustees recognise that the relative success of the year is built on income streams that may not be repeated in the future. The Covid-19 virus is still prevalent and is likely to exist for years to come. The charity is facing yet another challenging year in which new forms of income will be required and one in which its costs will need to be closely managed.

Despite the challenges, the Trustees remain committed to ensuring the long-term future of the charity and the continued delivery of support to those that seek its help.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 22 March 2023 and signed on its behalf by:

.....
Mr J D Gorick - Trustee

CANCER HELP (PRESTON) LIMITED

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CANCER HELP (PRESTON) LIMITED

Independent examiner's report to the trustees of Cancer Help (Preston) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

The Company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England & Wales.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Miss J K Foster A.C.A.
Institute of Chartered Accountants in England & Wales
Foster & Co Limited
Unit 16 Eastway Business Village
Olivers Place
Fulwood
Preston
Lancashire
PR2 9WT

Date: 22 March 2023

CANCER HELP (PRESTON) LIMITED
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2022

	Notes	Unrestricted Fund £	Restricted Fund £	2022 Total Funds £	2021 Total Funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		107,227	36,476	143,703	298,106
Other trading activities	2	160,538	-	160,538	102,326
Investment income	3	5,390	-	5,390	3,907
Total		273,155	36,476	309,631	404,339
EXPENDITURE ON					
Raising funds	4	47,086	-	47,086	71,433
Charitable activities					
Therapies & support costs		132,145	72,315	204,460	203,040
Governance costs		82,733	-	82,733	86,777
Total		261,964	72,315	334,279	361,250
NET (EXPENDITURE)/INCOME		11,191	(35,839)	(24,648)	43,089
Transfers between funds	14	(35,839)	35,839	-	-
Net movement in funds		(24,648)	-	(24,648)	43,089
RECONCILIATION OF FUNDS					
Total funds brought forward		1,126,662	-	1,126,662	1,083,573
TOTAL FUNDS CARRIED FORWARD		1,102,014	-	1,102,014	1,126,662

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET
30 SEPTEMBER 2022

	Notes	Unrestricted Fund £	Restricted Fund £	2022 Total Funds £	2021 Total Funds £
FIXED ASSETS					
Tangible Assets	9	809,160	-	809,160	813,792
CURRENT STOCK					
Stocks	10	679	-	679	250
Debtors	11	32,068	-	32,068	60,107
Cash at bank and in hand		329,476	56,031	385,507	332,975
		362,223	56,031	418,254	393,332
CREDITORS					
Amounts falling due within one year	12	(69,369)	(56,031)	(125,400)	(80,462)
NET CURRENT ASSETS		292,854	-	292,854	312,870
TOTAL ASSETS LESS CURRENT LIABILITIES		1,102,014	-	1,102,014	1,126,662
NET ASSETS		1,102,014	-	1,102,014	1,126,662
FUNDS	14				
Unrestricted funds				1,102,014	1,126,662
TOTAL FUNDS				1,102,014	1,126,662

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibility for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET - continued

30 SEPTEMBER 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees and authorised for issue on

22 March 2023 and were signed on its behalf by:

.....
Miss R Mallett - Trustee

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 30 SEPTEMBER 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

Cancer Help (Preston) Limited is a private company, limited by guarantee, registered in England and Wales. The company's registered office address can be found on page 3 of the Trustees Report.

The presentation currency of the financial statements is the Pound Sterling (£). The financial statements are rounded to the nearest £1.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office Equipment	- 20% on cost
Motor vehicles	- 20% on cost

The trustees arrange for the property to be revalued on a regular basis by Garside Waddingham, Chartered Surveyors. The most recent valuation was undertaken on 7 July 2022 and showed that the value had increased to £885,000. Historically, the trustees have adopted the market value within the accounts, but this year have not shown details of the increased value as one property is undergoing significant refurbishment, and the trustees will arrange for a further revaluation to be undertaken when work has been completed. As the professional valuation shows an increased value, no depreciation has been charged.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2022

1. ACCOUNTING POLICIES – continued
Capitalisation of fixed assets

Each class of assets is included at cost except for land and buildings which is capitalised at valuation. Only assets with a value of £400 or more will be added to capital expenditure, small amounts being considered trivial in nature.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities and also from Value Added Tax on its trading activities relating to its four charity shops.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

Financial instruments

The following assets and liabilities are classified as financial instruments – cash at bank and on hand, trade and other debtors, trade creditors and bank loans.

They are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

Donated goods

Members of the public and supporters of the Charity donate goods to each of the Charity's four shops. The income derived from the sale of those goods is recognised only when a sale has been made, or where the goods are not saleable when a receipt is made for the sale of scrap or waste products.

Where goods of a capital nature are donated for the Charity's use the value ascribed to those goods are what a reasonable person would pay for the equipment bearing in mind its age, and condition when acquired. Such a value is then treated as a cost for the equipment and also as an income donation of an equal amount.

Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2022

2. OTHER TRADING ACTIVITIES

	<u>2022</u>	<u>2021</u>
	£	£
Fundraising events	33,176	30,478
Shop takings	127,132	71,848
Christmas card sales	230	-
	160,538	102,326

3. INVESTMENT INCOME

	<u>2022</u>	<u>2021</u>
	£	£
Rents received	5,390	3,884
Bank account interest	-	23
	5,390	3,907

4. RAISING FUNDS

	<u>2022</u>	<u>2021</u>
	£	£
Raising donations and legacies		
Staff costs	-	2,267
Consultancy fees re grants	4,000	6,750
	4,000	9017

Other trading activities

	<u>2022</u>	<u>2021</u>
	£	£
Purchases	42,888	61,581
Christmas cards	137	778
Fundraising event costs	61	57
	43,086	62,416
Aggregate amounts	47,086	71,433

CANCER HELP (PRESTON) LIMITED
NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2022

5.	NET (EXPENDITURE)/INCOME	<u>2022</u>	<u>2021</u>
		£	£
	Net (expenditure)/income is stated after charging/(crediting):		
	Depreciation – owned assets	4,632	4,628
	Independent examination fee	3,000	4,150

6. **TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 September 2022 nor for the year ended 30 September 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2022 nor for the year ended 30 September 2021.

7. **COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted Fund £	Restricted Fund £	Total Fund £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	189,706	108,400	298,106
Other trading activities	102,326	-	102,326
Investment income	3,907	-	3,907
Total	295,939	108,400	404,339
EXPENDITURE ON			
Raising funds	71,433	-	71,433
Charitable activities			
Therapy Work	80,720	122,320	203,040
Support costs	86,777	-	86,777
Total	238,930	122,320	361,250
NET INCOME/(EXPENDITURE)	57,009	(13,920)	43,089
Transfers between funds	(13,920)	13,920	-
RECONCILIATION OF FUNDS			
Total funds brought forward	1,083,573	-	1,083,573
TOTAL FUNDS CARRIED FORWARD	1,126,662	-	1,126,662

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2022

8. EMPLOYEE EMOLUMENTS

No employees' benefits exceeded £60,000 during the year (including taxable benefits in kind but not including pension contributions).

Two employees classified as key management personnel received between them £49,360 (2021: £49,225).

The average number of trustees during the year was 8 (2021: 8).

The average number of employees during the year was 6 (2021: 7).

9. TANGIBLE FIXED ASSETS

	Land and Buildings £	Office Equipment £	Motor vehicles £	Totals £
COST/VALUATION				
At 1 October 2021 & 30 September 2022	800,000	147,774	10,000	957,774
DEPRECIATION				
At 1 October 2021	-	133,982	10,000	143,982
Charge for year	-	4,632	-	4,632
At 30 September 2022	-	138,614	10,000	148,614
NET BOOK VALUE				
At 30 September 2022	800,000	9,160	-	809,160
At 30 September 2021	800,000	13,792	-	813,792

Included in cost of land and buildings is freehold land of £245,000 (2021 - £245,000).

The valuation of freehold properties is based on an open market valuation undertaken by Garside Waddingham, Chartered Surveyors on 22 April 2016. The trustees obtained a further valuation in July 2022 which showed a revalued amount of £885,000. As detailed in the accounting policies note the trustees have not adopted this value.

If freehold property had not been revalued it would have been included at the following historical cost:

	£
Cost	807,450

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2022

10. STOCKS	<u>2022</u> £	<u>2021</u> £
Stocks	679	250
	—	—
11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	<u>2022</u> £	<u>2021</u> £
Other debtors	24,539	49,660
Prepayments	7,529	10,447
	—	—
	32,068	60,107
	—	—
12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	<u>2022</u> £	<u>2021</u> £
Trade creditors	18,549	11,206
Social security and other taxes	920	-
Other creditors	400	872
Accruals and deferred income	105,531	68,384
	—	—
	125,400	80,462
	—	—

Deferred income consists of funding received during the year, the performance relating to that funding to be carried out in the following year.

13. **SECURED DEBTS**

The bank borrowings are secured by a first legal charge on the land and buildings of the charity.

14. **MOVEMENT IN FUNDS**

	At 01.10.21 £	Net Movement in funds £	Transfer between funds £	At 30.09.22 £
Unrestricted funds				
Unrestricted fund	1,126,662	11,191	(35,839)	1,102,014
Restricted funds				
Restricted fund	-	(35,839)	35,839	-
	—	—	—	—
TOTAL FUNDS	1,126,662	(24,648)	-	1,102,014
	—	—	—	—

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2022

14. **MOVEMENT IN FUNDS – continued**

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	273,155	(261,964)	11,191
Restricted funds			
Restricted fund	36,476	(72,315)	(35,839)
TOTAL FUNDS	309,631	(334,279)	(24,648)

Comparatives for movement in funds

	At 1.10.20 £	Net Movement in funds £	Transfer between funds £	At 30.09.21 £
Unrestricted funds				
Unrestricted fund	1,083,573	57,009	(13,920)	1,126,662
Restricted funds				
Unrestricted fund	-	(13,920)	13,920	-
TOTAL FUNDS	1,083,573	43,089	-	1,126,662

Comparative net movement in funds, included in the above are as follows:-

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	295,939	(238,930)	57,009
Restricted funds			
Unrestricted fund	108,400	(122,320)	(13,920)
TOTAL FUNDS	404,339	(361,250)	43,089

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS – continued
FOR THE YEAR ENDED 30 SEPTEMBER 2022

15. CONTINGENT LIABILITIES

During the year the Charity accounted for a total of £8,892 (2021: £850) from the client accounts of a firm of solicitors connected to the Charity by virtue of common directorships. Despite the best efforts of the law firm to trace their missing clients they were unable to do so, and The Solicitors Regulation Authority have confirmed the funds may be donated to charity on the undertaking that a repayment will be made should the missing clients (or any of them) be traced.

Although the funds have been received the Trustees have had to sign indemnities in favour of the law firm to repay some or all of the amounts totalling £27,848 (2021: £18,956) should those missing clients be traced.

Any liabilities are contingent on the missing clients being found and them proving to have a valid claim on the funds which have now been donated.

16. RELATED PARTY DISCLOSURES

During the year ended 30 September 2022 aggregate donations were received without conditions from Directors/Trustees or organisations connected to Directors/Trustees amounting to £21,876 (2021 £22,550). These donations were received without attached conditions which would, or might, require the charity to alter significantly the nature of its existing activities, except to the extent of £8,892 total £27,848 (2021 £18,956) referred to in the Contingent Liabilities note contained in these financial statements.

17. ULTIMATE CONTROLLING PARTY

The Directors consider that there is no controlling party as the company is limited by guarantee, and there is no one person exercising dominant influence over the Charity.

18. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year:-

	<u>2022</u>	<u>2021</u>
	£	£
Land and buildings		
Expiring:		
Within one year	-	-
Between one and five years	20,000	26,300
	20,000	26,300

CANCER HELP (PRESTON) LIMITED

England & Wales - Charity number 1032828

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021

FOR

CANCER HELP (PRESTON) LIMITED
(A COMPANY LIMITED BY GUARANTEE)

James Todd & Co
Greenbank House
141 Adelphi Street
Preston
Lancashire
PR1 7BH

CANCER HELP (PRESTON) LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021

	Page
Reference and Administrative Details	1
Chairman's Report	2 to 3
Report of the Trustees	4 to 11
Independent Examiner's Report	12
Statement of Financial Activities	13
Balance Sheet	14
Notes to the Financial Statements	15 to 23

CANCER HELP (PRESTON) LIMITED

REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 30 SEPTEMBER 2021

Registered Company number

02890943 (England and Wales)

Registered Charity number

1032828

Registered office

Vine House Day Care Centre
22 Cromwell Road
Ribbleson
Preston
Lancashire
PR2 6YB

Trustees

Mr J D Gorick
Miss J M Robinson
Mr P D Hine
Miss R Mallett
Rev D L Anderson
Mr M J Swift
Mrs R L Rose
Mrs A R Shorrocks

Company Secretary

Mrs H C Patterson

Independent Examiner

James Todd & Co
Chartered Accountants
Greenbank House
141 Adelphi Street
Preston
Lancashire
PR1 7BH

Solicitors

The Charity's solicitors are Marsden Rawsthorn Solicitors Limited, 3-4 Faraday Court, Fulwood, Preston PR2 9NB.

Bankers

The Charity's bankers are Barclays Bank PLC, 38 Market Street, Lancaster LA1 1HS

General Manager

Miss J Smalley

CANCER HELP (PRESTON) LIMITED
CHAIRMAN'S REPORT
FOR THE YEAR ENDED 30 SEPTEMBER 2021

As is my custom when writing this report, I like to take time to review the report of the previous year. A year ago, I wrote

" In concluding my report, we must acknowledge that the charity, and for that matter the country, has a long way to go before it returns to some form of normality. The coming year represents a huge challenge, possibly greater than the year just passed. However, I am sure that the experience we have gained over the last twelve months will be hugely beneficial ".

I did not imagine that twelve months later the same words would be as relevant as they were then.

Indeed, at the time of writing my report the country is gripped by yet another variant of Covid 19, the Omicron variant. Fortunately, the impact of this strain of the virus is milder in most people but its impact on our day to day lives remains significant.

As we entered the new financial year in October 2020 the country was experiencing a wave of infections hospitalisations and deaths associated with Covid 19. The Government introduced a tiered range of restrictions and by the end of the month a second lockdown in England was announced. And so, the year progressed with varying degrees of restrictions and a third lockdown.

Despite the disruption the charity had learnt lessons from the previous year that allowed it to continue to deliver its services. Thanks to the hard work and flexibility of the service delivery teams, clients were seen in person, within the prevailing guidelines, and via video link. There is no doubt that as the vaccine program was rolled out people felt increasingly comfortable to attend appointments in person. None the less, the charity continues to utilise video technology to access clients that it may not otherwise be able to see. After a significant period of closure Croston House was re-opened, albeit with reduced hours, for both talking and complementary therapies.

Towards the end of the year, it was becoming obvious that the periods of lock down restrictions and growing waiting lists for NHS treatment were having a significant impact on the mental wellbeing of many of the people accessing services through CanceHelp. Our counsellors and therapists began to note that many of their cases were becoming more complex. For many, the trauma of a cancer diagnosis, cancer treatment and in some cases bereavement has been amplified by the impact of the pandemic on the NHS and family life. There is no doubt in my mind that this has made what was a challenging role for all our counsellors and therapists considerably more difficult and sensitive.

The emergency financial plan that was so vital to the wellbeing of the charity in the previous year was rolled into the new financial year. Significant efforts were made to ensure the charity accessed all available central and local government support. Emergency and Covid 19 specific grants were accessed, donations sought and two of the charity's four shops kept open, when so permitted. As the months passed it became apparent that this strategy had paid off and the significant deficit that the charity had projected became a small surplus (see addendum). At the same time expenditure was minimised wherever possible. Staff members were incredibly flexible, taking furlough as required, volunteering without pay and utilising holidays to help.

As ever, behind the scenes, the charity's volunteers continued to do whatever has been asked of them to support the charity. Volunteers supported the work of the therapists and counsellors; volunteers ensured the shops were open and volunteers continued to raise money however they could. Without them I have no doubt CancerHelp would have had an almost impossible year.

Sadly I must report that, towards the end of the year, two of the charity's most influential figures passed away. Firstly Margaret O'Donoghue died in August 2021, after a short illness. Margaret founded the charity in 1989 and for 30 years oversaw its growth into what we see today. Margaret recognised that cancer patients were not receiving the support, if any, they needed post diagnosis. She was determined to change that situation and through her strength of will and purpose did so, subsequently ensuring that thousands of local people, could access vital support services through CancerHelp. I doubt she would have been so successful without her right hand man, Eddie Topping. Sadly Eddie passed away just a matter of weeks after Margaret, in September 2021. Eddie joined Margaret not long after the charity opened in Plungington Road. He oversaw the acquisition of Vine House and Croston House and their subsequent conversions. Eddie was the charity's founding Chairman supporting Margaret's desire to help those affected by cancer. They were immense characters without whom the charity would not exist today.

In concluding I would like to recognise that this year has been another incredibly difficult one for all those who have striven to keep the charity afloat. I have been moved by the dedication of so many people associated with the charity and their desire to ensure CancerHelp succeeds. Once again, I would like to offer my personal thanks to Jeanette Smalley who has ensured the doors of Vine House and Croston House have remained open and to Rachel Mallett whose careful stewardship of the charity's finances has ensured those doors could be open.

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT
FOR THE YEAR ENDED 30 SEPTEMBER 2021

The year ended as it began with the country still in the grip of a pandemic. The Covid 19 Alpha strain mutated into Delta and then into Omicron. The country has indeed been fortunate to have been a world leader in its vaccination program. However, the year ahead promises to be another difficult one and one that will challenge all of us who wish to see CancerHelp continue to deliver its vital support.

To all those who have supported CancerHelp over the last twelve months I offer my gratitude.

Jonathan Gorick
Chair of Trustees

Addendum to the Report of the Chairman for the Year Ended 30th September 2021

Whilst completing the final drafts of CancerHelp's accounts and reports the charity became aware of a legacy. The family of a local man, who died in the previous year, contacted the charity to say that, whilst their relative had left no will, they were keen to support the "wonderful and valuable work done by CancerHelp". The estate is now subject to a deed of variation and, whilst the size of the legacy has yet to be confirmed, a provisional sum of £35,000 will be incorporated into the Statement of Financial Activities. Thanks to the generosity of the family concerned, a small surplus has been transformed into a significant one, further securing the charity's future. The family has been made aware of the charity's gratitude.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

INTRODUCTION

The Board of trustees

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

OBJECTIVES AND ACTIVITIES

Objectives and aims

Covid 19

Once again, the Trustees cannot issue this report without first referring to the impact of the Covid 19 pandemic. For a second year, the country was subject to varying degrees of restrictions including lockdown. The Government's aim was to prevent a "medical and moral disaster" for the NHS. Following the end of the second lockdown in December 2020 the country began a journey towards a degree of normality. However, the impact of Covid 19 has been, and remains, significant. The virus has, through its various strains, continued to wreak havoc on the country's economy, businesses, and people.

The Trustees are therefore relieved to report that CancerHelp has survived another difficult year. It has done so thanks to the hard work and commitment of its staff and volunteers. The charity has continued to deliver its support to all those who have sought its help. For a second year its financial survival has very much been dependent on central and local Government support, emergency grants and generous donations. Indeed, the significant surplus recorded in this year's accounts is due to the generosity of one local family, following the death of a relative.

The ongoing management of the charity continued to present its challenges. In person Trustees meetings remained suspended and the Covid 19 working group, consisting of the Chairman, Jonathan Gorick, Treasurer, Rachel Mallett and Trustee, Mike Swift continued to oversee the operation of the charity through General manager Jeanette Smalley. They did so with regular referral to, and the approval of, the Trustee Board, via video conference where necessary.

CancerHelp strives to be the leading charitable provider of support for all those affected by cancer and close family bereavement, in Central Lancashire. CancerHelp will offer the highest standards of help, advice, and therapy to all those who seek assistance; allowing them to find comfort, gain self-confidence and, above all, live fulfilled lives.

- To improve the quality of life of cancer patients, their families and their carers by providing a comprehensive range of high-quality services, which are free at the point of use.
- To provide support for cancer patients from the point of diagnosis, through treatment, into recovery and, for some clients, in the terminal phase of the disease.
- To provide therapy services and support to children, young people and associated family members affected by close family bereavement.
- To provide appropriate emotional, physical, and social support that is matched to each client's individual needs and circumstances through assessment and consultation.
- To provide information and advice services for educational, community and health care professionals with the intention of promoting and supporting best practice.
- To provide services in a welcoming, professional, and non-clinical environment through its dedicated cancer support centres, Vine House and Croston House.
- To provide advice, information, and advocacy to enable clients to find the best support for them.
- To develop mutually beneficial working relationships with other professional organisations which identify and achieve common objectives for the benefit of clients.
- To work with agencies involved in the welfare of young people to improve the life chances of children and young people affected by close family bereavement.
- To continually develop suitable services in consultation with both clients and health care professionals.
- To provide a positive, open, and safe working environment in which staff and volunteers can develop their skills, enhance services, and enable the Charity to meet its aims.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

OBJECTIVES AND ACTIVITIES

Significant activities

The main activities undertaken in relation to the objectives of the charity include a mix of one-to-one counselling/ therapy and groupwork. The main areas of one-to-one support are

Counselling including Psychotherapy
Complementary Therapies
Children and Young People's Bereavement Service
Bereavement Support and Counselling
Breathlessness Clinic

The main areas of group support are

Art Groups
Being with Cancer Workshops
Craft and Activity Groups
Family Support
Hope Self-Management Programme
Informal Advocacy and Liaison - Cancer Information
Listening & Loss Telephone Support
Mindfulness Programme
Support Groups
Yoga

The Listening & Loss Telephone support service was introduced in September 2020. It ran for a contracted period and ceased at the end of that period in mid-2021. Given the impact of Covid 19 some of the services (mainly the group sessions) listed above were not available for parts of the year. The charity's ability to deliver some of these services has been dictated by its response to Government Restrictions and Guidelines. CancerHelp has provided the services listed above as and when permitted and safe to do so.

The charity's services are reviewed on a regular basis to ensure they continue to satisfy the objectives of the charity and continue to meet the needs of service users. Client feedback is sought and published within senior management reports. Almost exclusively that feedback is very positive reflecting the value of the services provided and their ability to help service users to deal with traumatic circumstances.

The charity offers a dedicated service for children and young people called Stride. The service provides support to those who are affected by cancer themselves or in their immediate family. That support extends to children and young people who are experiencing, or have experienced, close family bereavement associated with cancer. It is well known that, without appropriate support, many such children and young people go on to develop psychological disorders that can adversely affect the remainder of their lives. Sadly, the statutory Children and Adolescent Mental Health Services have raised their thresholds so that bereavement no longer meets their referral criteria. CancerHelp's Stride service is unique in Central Lancashire.

The benefit provided to the people of Central Lancashire by CancerHelp- cannot be measured in terms of money or statistics. It must be measured in terms of the well-being of that large part of society touched by cancer. To the recipients of CancerHelp's support the benefit is invaluable.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees have given due consideration to Charity Commission published guidance on the operation of the public benefit requirement.

The charity exists to help all those affected by cancer in Central Lancashire. It aims to help cancer patients, their families and their carers to live with the disease and its consequences. This includes support through diagnosis, treatment and sadly sometimes death. CancerHelp fills a significant gap in service provision in Central Lancashire. That gap lies between the diagnostic, medical intervention and associated support services offered by Lancashire Teaching Hospitals, including the NHS charitable organisation Rosemere, and the palliative care provided by St Catherine's Hospice.

Macmillan Cancer Support estimates that there are over 2.5 million people currently living with Cancer in the UK, a figure that has increased by almost 500,000 in the last five years. It is anticipated that, by 2030, the number of people living with cancer will be 4 million. Talking therapies and complementary therapies have been proved to be effective in protecting the wellbeing of people coping with the disease and its consequences. The services offered by charities such as CancerHelp have never been more important than they are now.

That is why, every year, several hundred people from Central Lancashire access the charity's cancer support centres in Preston (Vine House) and Garstang (Croston House). Following assessment, they are directed to one, or more, of the charity's services, depending on their individual need. Usually this will result in six to eight one to one meetings with one of the charity's qualified and experienced counsellors or access to one of the specific support groups. Support can be provided in person at Vine House or Croston House, at home, by video link or over the phone. CancerHelp provides several thousand service user sessions every year. All the services offered by the charity are free of charge.

Cancer does not discriminate by age, gender or background, and neither does CancerHelp; everyone is welcome to access its services.

Volunteers

This report offers the Trustees the opportunity to recognise that the charity could not function without its team of dedicated volunteers. Without their much-appreciated efforts the community would be deprived of an invaluable service. They are the lifeblood of the charity and are often our unsung heroes.

Once again, this has never been truer than in the year just ended. The huge impact of the Covid 19 virus has meant that many volunteers could not work, as the charity's shops and day care centres were closed. However when asked those same volunteers stepped forward to do what they can to help the charity. As the shops reopened, volunteers returned and ensured both they and customers followed the Covid safe policies of CancerHelp. Vine House could not have continued to operate without its volunteers who fulfil roles as diverse as receptionists, administrators and gardeners.

Despite the impact of the Covid 19 virus, CancerHelp, like many other charities, has a constant need for new volunteers. Generally, its ranks of volunteers tend to be elderly and sadly, for several reasons, some are no longer with us. The charity has an active programme to recruit volunteers at all points of contact with the public. Not surprisingly many volunteers come from the large number of people who have benefitted either directly or indirectly from the work of the charity. Others have been young people volunteering in the charity shops, particularly students. That is vital as new energy and enthusiasm provides encouragement to existing volunteers. CancerHelp strives to ensure volunteering is a positive experience that has the potential to provide a sense of giving back, confidence, self-worth, companionship and valuable work experience.

Finally, it is worth remembering that the Trustees, who are ultimately responsible for the well-being of the charity, are also volunteers. They provide their time, experience and skills free of charge.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

OBJECTIVES AND ACTIVITIES

Management

The Trustees note in this report that this year has been another difficult one for all those associated with the charity. They recognise that this has been particularly so for CancerHelp's senior managers who have had to deal with the impact of the virus on the day-to-day running of the charity. In addition, those same managers have had to deal with the impact on those that they are responsible for - the charity's staff and service users.

Where the charity's management team have managed to keep Vine House open for most of the year, Croston House has been for a large part closed. Access to both day care centres has been carefully managed to ensure staff and clients have remained safe. Government regulations have changed, often at short notice and with very little guidance for the health care sector. As a result, the charity's senior managers have found themselves working additional hours and undertaking duties outside their normal responsibilities. As mentioned above, for most of the year, Croston House has remained closed and service users have been redirected to Vine House though senior managers ensured Croston House has been maintained and secure.

Throughout the year, the service delivery teams continued to deliver services. Senior managers have ensured that they did so in a way that was safe for both counsellor/therapist and those they were supporting. Lessons learnt in the previous year have ensured the charity has been able to use video links to deliver services. Such has been the benefit that clients can now be offered a choice of service delivery methods, something that will be continued after the pandemic is over.

The Trustees' Covid 19 working group has continued to meet with the charity's General Manager, Jeanette Smalley, monthly. The primary objectives of those meetings were to manage the charity's finances and ensure the charity could continue to offer its services, within the Government's parameters of restrictions and advice. Significant decisions were referred to the Trustees and the agreed action was conveyed to CancerHelp's management team by the General Manager.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Many of the people who would normally access CancerHelp's services come from groups recognised to be at most risk from the Covid 19 virus. Many of the treatments associated with cancer have a detrimental impact on the body's immune system and as such many of those undergoing these treatments have been reticent to leave their homes. Demand for services has followed the ebb and flow of the virus and the associated Government guidance/restrictions. The service delivery teams have all reported that the complexity of many of the cases presented have increased. In the main they put this down to a deterioration in mental health associated with the impact of the virus on NHS treatment and waiting times. The charity has also noted an increase in the number of service users who have cancelled or missed appointments. As a result, for the second year, the total of sessions delivered to service users is below that seen in pre Covid 19 years. None the less, over the course of the year, CancerHelp supported several hundred new service users and has continued to offer its core services.

- Talking Therapies - one to one counselling, bereavement support and cognitive therapy
- Children and Young People's Service (Stride) - one to one counselling and support associated with bereavement
- Breathlessness Clinic - clinical support for specific cancers such as lung cancer
- Group Therapy - counsellor led programs and cancer related self-help support groups

The delivery of certain services has been challenging not, at times, impossible under Government Restrictions and Guidance. The first has been Complimentary Therapies (for example massage, aromatherapy, and reflexology) and the second exception has been Group Support (counsellor led groups such as the HOPE Program, cancer specific support groups and art groups). Due to the nature of these forms of support the charity took a decision to suspend the services for all or part of the year.

Where services have been offered, they have been delivered within the charity's Covid Safe rules which seek to ensure the safety of the service provider and the service user.

The provision of a comprehensive assessment process at the first point of contact allows CancerHelp to direct service users to the most appropriate service or services. The charity provides and facilitates counselling and support for each person as an individual at their own pace depending on the individual stage of the illness or psychological need.

For thirty-two years CancerHelp has been providing support services for cancer patients, their families, their carers and young people affected by bereavement. This year has been another of the most difficult and challenging the charity has experienced.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

The Covid 19 pandemic has, once again, had a significant impact on CancerHelp's fundraising activities. Historically, the charity's single most important source of income has been its four shops which sell donated goods to the public. During the Government's second lockdown in December 2020 all four shops were closed. The two best performing shops, Garstang and Longridge, have been open, as regulations permitted, though with reduced opening hours. One of the two remaining shops was condemned by its landlord, Preston City Council and the other has not reopened due to concerns regarding the safety of shop staff. As a result, shop income is significantly below normal levels.

During the year very few "in person" fundraising events were possible, due to the ongoing prevalence of the virus. The charity's income from Fundraising was on a par with the previous year.

On a more positive note, the local NHS Clinical Commissioning Group continued to provide its funding for contracted services. The charity recognises the significant support provided by central and local government without which the charity would have faced significant difficulties. Valuable financial support was received from the local community, individuals, and businesses who recognised the difficulties the charity faced. As previously noted, the charity benefitted from the generosity of a local family following the loss of a relative. The management team redoubled its efforts to access funding from charitable groups such as private charitable trusts, The national lottery and Children In need. By the end of the year CancerHelp had secured grants worth over £100,000.

The charity's financial survival can be put down to several factors. Primarily the hard work of its own staff and volunteers but also the generosity of those who understand its work and value to the local community.

FINANCIAL REVIEW

Principal funding sources

Given the continued impact of Covid 19 it is not surprising to report the charity's principal funding sources remained much as recorded in last year's report. CancerHelp's largest source of funding has been grants from private charitable trusts and larger bodies such as the National Lottery and Children in Need. This was closely followed by donations from individuals, companies and the charity's own campaigns. In addition, the charity received funding from the NHS through contracts with the local Clinical Commissioning Group to deliver specific services. It should be noted that CancerHelp has accessed Covid 19 related support offered by the Government (Central and Local). This has taken the form of furlough payments to cover staff costs and retail support to cover the closure of the charity's shops.

Investment policy and objectives

It is the policy of the directors to be risk averse in the stewardship of its resources and therefore cash deposits are not to be applied in any venture considered by them to be risky. Although interest rates on cash deposits remain at an all-time low the directors believe the security of the capital sums on deposit are a priority.

Reserves policy

The Trustee Board's current policy is to hold a minimum of six months operating costs in reserve. These are free reserves to be used for charitable purposes with no restrictions placed upon them. Despite the events of this year the Trustees believe that it is highly unlikely that all of CancerHelp's income streams would fail simultaneously and therefore the charity's reserves would be added to during that six-month period. Any reserves relating to restricted funds do not have a spending timescale imposed on them.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document, its memorandum and articles of association dated 25th January 1994, and constitutes a limited company, limited by guarantee. Its memorandum and articles of association were amended on 22nd April 1998 and again on 20th April 2016 when the Company's articles of association were modernised and brought up to date following various changes in statutory legislation. The liability of the members is limited to £1 per member.

Recruitment and appointment of new trustees

The recruitment and appointment of new trustees rests with the Board of Directors who are the Trustees. In identifying potential new trustees the board take into account any potential gaps in the make up of the existing board and look specifically to recruit someone with the necessary skills and experience to actively bring benefit to the Charity from their expertise.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Under normal circumstances, the directors meet every two months to discuss the charity's affairs and plan for future events. This has not been possible for much of the year. Senior members of the board did meet as part of the Covid 19 management team monthly to resolve day to day issues with input being sought from staff and volunteers. Urgent issues were dealt with over the telephone or via electronic communication with the Trustee Board. The day-to-day activities of the charity are overseen by the General Manager who liaises with the staff and volunteers, the Trustee working group and as required the Trustee Board.

Induction and training of new trustees

New Trustees are given all the necessary and relevant information relating to the running of the charity over recent years to bring them up to speed with the charity and its work and how it operates thus promoting a seamless introduction.

Wider network

Referrals are often given by health professionals working for the National Health Service whose own organisation cannot provide the kind of service being offered by the charity. Patients and/or their families and carers can also refer themselves directly and the charity's services are open to anyone regardless of age, race or ability to pay with support offered by specialist professionals each accredited in their relevant area of expertise.

Related parties

The Trustees consider that they themselves and the General Manager and Company Secretary have the power to exert significant influence over the charity. Generally, there are no transactions either directly or indirectly between parties connected to the above and the charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees have a risk register which identifies those major risks to which the charity is exposed. Where appropriate systems or procedures have been established to mitigate those risks. This register is updated periodically.

Procedures are in place to ensure the health and safety of staff, volunteers and service users at Vine House, Croston House, and the charity's shops. Additional rules have been implemented to cover the delivery of services during the Covid 19 pandemic to protect both the service user and the service provider.

As was the case last year, the focus of the Board of Trustees has been the risk of depletion of financial resources. The Trustees are very much aware that income that has secured the survival of the charity in this year will not be available next year. Policies to increase, and diversify, income to avoid dependency upon such sources of income will have to be considered. The charity will have to build on the success it has seen in some areas such as grants. CancerHelp continues to seek corporate support from local businesses.

The balance between the need to manage finances and fulfil CancerHelp's objectives has been a significant challenge for the Trustees. The results contained in these Annual Accounts highlight a degree of success in achieving this. Thanks to growth in Grants, the maintenance of donations and the receipt of Government support the charity has balanced its books over the course of the year. That position was somewhat improved by the generous legacy, referred to earlier, that has left the charity with a surplus in the year.

The Trustees recognise that the relative success of the year is built upon income streams that may not be repeated in the future. The Covid 19 virus is still prevalent and is likely to exist for years to come. The charity is facing yet another challenging year in which new forms of income will be required and one in which its costs will need to be closely managed.

Despite the challenges, the Trustees remain committed to ensuring the long-term future of the charity and the continued delivery of support to those that seek its help.

CANCER HELP (PRESTON) LIMITED
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

A FINAL NOTE

In memory

The Trustees of CanceHelp would like to join all those associated with the charity in remembering the lives of Margaret O'Donoghue and Eddie Topping who both sadly passed away during the year. A plaque with the following words will be placed in the entrance to Vine House.

FOUNDERS OF CANCERHELP

THIS PLAQUE COMMEMORATES THE LIVES OF MARGARET O'DONOGHUE AND EDDIE TOPPING

MARGARET O'DONOGHUE FOUNDED CANCER HELP IN 1989. HER AIM WAS TO PROVIDE SUPPORT FOR CANCER PATIENTS AND THEIR FAMILIES THROUGH A RANGE OF FREE SERVICES THAT WERE NOT OTHERWISE AVAILABLE. SHE WAS SUPPORTED BY EDDIE TOPPING WHO BECAME THE CHARITY'S FOUNDING CHAIRMAN. TOGETHER THEY CREATED THIS FACILITY, VINE HOUSE.

WITHOUT THEM THE CHARITY WOULD NOT EXIST

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 23 March 2022 and signed on its behalf by:

Mr J D Gorick - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CANCER HELP (PRESTON) LIMITED**

Independent examiner's report to the trustees of Cancer Help (Preston) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England & Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr A Mills FCA MAAT
Institute of Chartered Accountants in England & Wales
James Todd & Co
Greenbank House
141 Adelphi Street
Preston
Lancashire
PR1 7BH

23 March 2022

CANCER HELP (PRESTON) LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2021**

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		189,706	108,400	298,106	289,523
Other trading activities	2	102,326	-	102,326	117,015
Investment income	3	3,907	-	3,907	689
Total		295,939	108,400	404,339	407,227
EXPENDITURE ON					
Raising funds	4	71,433	-	71,433	65,295
Charitable activities					
Relief of sickness - UK					
		80,720	122,320	203,040	176,547
Support costs		86,777	-	86,777	92,937
Total		238,930	122,320	361,250	334,779
NET INCOME/(EXPENDITURE)		57,009	(13,920)	43,089	72,448
Transfers between funds	14	(13,920)	13,920	-	-
Net movement in funds		43,089	-	43,089	72,448
RECONCILIATION OF FUNDS					
Total funds brought forward		1,083,573	-	1,083,573	1,011,125
TOTAL FUNDS CARRIED FORWARD		1,126,662	-	1,126,662	1,083,573

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET
30 SEPTEMBER 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	9	811,341	2,451	813,792	807,339
CURRENT ASSETS					
Stocks	10	250	-	250	250
Debtors	11	60,107	-	60,107	86,637
Cash at bank and in hand		298,203	34,772	332,975	304,555
		<u>358,560</u>	<u>34,772</u>	<u>393,332</u>	<u>391,442</u>
CREDITORS					
Amounts falling due within one year	12	(43,239)	(37,223)	(80,462)	(115,208)
NET CURRENT ASSETS		<u>315,321</u>	<u>(2,451)</u>	<u>312,870</u>	<u>276,234</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,126,662</u>	<u>-</u>	<u>1,126,662</u>	<u>1,083,573</u>
NET ASSETS		<u>1,126,662</u>	<u>-</u>	<u>1,126,662</u>	<u>1,083,573</u>
FUNDS	14				
Unrestricted funds				<u>1,126,662</u>	<u>1,083,573</u>
TOTAL FUNDS				<u>1,126,662</u>	<u>1,083,573</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 March 2022 and were signed on its behalf by:

Miss R Mallett - Trustee

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 30 SEPTEMBER 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

Cancer Help (Preston) Limited is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on page 7 in the Trustees Report.

The presentation currency of the financial statements is the Pound Sterling (£). The financial statements are rounded to the nearest £1.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office Equipment	- 20% on cost
Motor vehicles	- 20% on cost

With regard to land and buildings, the properties being formally professionally revalued as at 22nd April 2016 by Garside Waddingham, Chartered Surveyors. The Trustees have adopted the values supplied to them, following this professional valuation undertaken at the above date. They consider that the property values have remained flat since that date and remain so as at the year end 30 September 2021. Cost or valuation in relation to land and buildings refers to the revalued amounts. It is the Trustees intention to regularly revalue land and buildings themselves, but also to have a formal professional valuation carried out as and when the need arises, but at least every five years, although COVID restrictions have delayed this in the current year. On this basis there is no appreciation or impairment and therefore no depreciation is charged.

Capitalisation of fixed assets

Each class of asset is included at cost except for land and buildings which is capitalised at valuation. Only assets with a value of £400 or more will be added to capital expenditure, smaller amounts being considered trivial in nature.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities and also from Value Added Tax on its trading activities relating to its four charity shops.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021

1. ACCOUNTING POLICIES - continued

Fund accounting

Financial instruments

The following assets and liabilities are classified as financial instruments - cash at bank and on hand, trade and other debtors, trade creditors and bank loans.

They are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

Donated goods

Members of the public and supporters of the Charity donate goods to each of the Charity's four shops. The income derived from the sale of those goods is recognised only when a sale has been made, or where the goods are not saleable when a receipt is made for the sale of scrap or waste products.

Where goods of a capital nature are donated for the Charity's use the value ascribed to those goods are what a reasonable person would pay for the equipment bearing in mind its age, state and condition when acquired. Such a value is then treated as a cost for the equipment and also as an income donation of an equal amount.

Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	30,478	28,849
Shop takings	71,848	86,923
Christmas card sales	-	1,143
Contributions towards training	-	100
	102,326	117,015

3. INVESTMENT INCOME

	2021	2020
	£	£
Rents received	3,884	238
Bank account interest	23	451
	3,907	689

CANCER HELP (PRESTON) LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021**

4. RAISING FUNDS

Raising donations and legacies

	2021	2020
	£	£
Staff costs	2,267	7,816
Grant costs	6,750	6,250
	<u>9,017</u>	<u>14,066</u>

Other trading activities

	2021	2020
	£	£
Purchases	61,581	49,975
Christmas cards	778	1,000
Fundraising events costs	57	254
	<u>62,416</u>	<u>51,229</u>

Aggregate amounts	<u>71,433</u>	<u>65,295</u>
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5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	<u>4,628</u>	<u>2,840</u>
Independent examination fee	<u>4,150</u>	<u>4,000</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2021 nor for the year ended 30 September 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2020.

CANCER HELP (PRESTON) LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	259,872	29,651	289,523
Other trading activities	117,015	-	117,015
Investment income	689	-	689
Total	377,576	29,651	407,227
EXPENDITURE ON			
Raising funds	65,295	-	65,295
Charitable activities			
Relief of sickness - UK	143,356	33,191	176,547
Support costs	92,937	-	92,937
Total	301,588	33,191	334,779
NET INCOME/(EXPENDITURE)	75,988	(3,540)	72,448
RECONCILIATION OF FUNDS			
Total funds brought forward	1,007,585	3,540	1,011,125
TOTAL FUNDS CARRIED FORWARD	1,083,573	-	1,083,573

8. EMPLOYEE EMOLUMENTS

No employees benefits exceeded £60,000 during the year (including taxable benefits in kind but not including pension contributions).

Two employees classified as key management personnel received between them £49,225 (2020: £49,861).

The average number of trustees during the year was 8 (2020: 8).

The average number of employees during the year was 7 (2020: 8).

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021

9. TANGIBLE FIXED ASSETS

	Land and Buildings £	Office Equipment £	Motor vehicles £	Totals £
COST				
At 1 October 2020	800,000	136,693	10,000	946,693
Additions	-	11,081	-	11,081
At 30 September 2021	800,000	147,774	10,000	957,774
DEPRECIATION				
At 1 October 2020	-	129,354	10,000	139,354
Charge for year	-	4,628	-	4,628
At 30 September 2021	-	133,982	10,000	143,982
NET BOOK VALUE				
At 30 September 2021	800,000	13,792	-	813,792
At 30 September 2020	800,000	7,339	-	807,339

Included in cost or valuation of land and buildings is freehold land of £245,000 (2020 - £245,000) which is not depreciated.

Cost or valuation at 30 September 2021 is represented by :-

	Land and Buildings	
	2021 £	2020 £
Cost	807,450	807,450
Valuation in 2010	(47,450)	(47,450)
Valuation in 2013	(10,000)	(10,000)
Valuation in 2015	50,000	50,000
Revalued amount	800,000 =====	800,000 =====
If freehold property had not been revalued it would have been included at the following historical cost :-		
Cost	807,450 =====	807,450 =====

The freehold properties were formally valued on an open market basis on 22nd April 2016 by Garside Waddingham, Chartered Surveyors, and these valuations have been adopted by the trustees at the years ended 30 September 2021 and 30 September 2020.

CANCER HELP (PRESTON) LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021**

10. STOCKS

	2021	2020
	£	£
Stocks	250	250
	<u> </u>	<u> </u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	49,660	71,574
Prepayments	10,447	15,063
	<u> </u>	<u> </u>
	60,107	86,637
	<u> </u>	<u> </u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	11,206	20,637
Social security and other taxes	-	1,201
Other creditors	872	400
Accruals	68,384	92,970
	<u> </u>	<u> </u>
	80,462	115,208
	<u> </u>	<u> </u>

Deferred income consists of funding received during the year, the performance relating to that funding to be carried out in the following year.

13. SECURED DEBTS

Any bank borrowings (Currently £Nil; 2020 £Nil) are secured by a first legal charge on the land and buildings of the charity.

14. MOVEMENT IN FUNDS

	At 1.10.20 £	Net movement in funds £	Transfers between funds £	At 30.9.21 £
Unrestricted funds				
Unrestricted fund	1,083,573	57,009	(13,920)	1,126,662
Restricted funds				
Restricted fund	-	(13,920)	13,920	-
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	1,083,573	43,089	-	1,126,662
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	295,939	(238,930)	57,009
Restricted funds			
Restricted fund	108,400	(122,320)	(13,920)
TOTAL FUNDS	<u>404,339</u>	<u>(361,250)</u>	<u>43,089</u>

Comparatives for movement in funds

	At 1.10.19 £	Net movement in funds £	At 30.9.20 £
Unrestricted funds			
Unrestricted fund	1,007,585	75,988	1,083,573
Restricted funds			
Restricted fund	3,540	(3,540)	-
TOTAL FUNDS	<u>1,011,125</u>	<u>72,448</u>	<u>1,083,573</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	377,576	(301,588)	75,988
Restricted funds			
Restricted fund	29,651	(33,191)	(3,540)
TOTAL FUNDS	<u>407,227</u>	<u>(334,779)</u>	<u>72,448</u>

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.19 £	Net movement in funds £	Transfers between funds £	At 30.9.21 £
Unrestricted funds				
Unrestricted fund	1,007,585	132,997	(13,920)	1,126,662
Restricted funds				
Restricted fund	3,540	(17,460)	13,920	-
TOTAL FUNDS	<u>1,011,125</u>	<u>115,537</u>	<u>-</u>	<u>1,126,662</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	673,515	(540,518)	132,997
Restricted funds			
Restricted fund	138,051	(155,511)	(17,460)
TOTAL FUNDS	<u>811,566</u>	<u>(696,029)</u>	<u>115,537</u>

15. CONTINGENT LIABILITIES

During the year the Charity accounted for a total of £850 (2020: £4,387) from the clients accounts of a firm of solicitors connected to the Charity by virtue of common directorships. Despite the best efforts of the law firm to trace their missing clients they were unable to do so and The Solicitors Regulation Authority have confirmed that the funds may be donated to charity on the undertaking that a repayment will be made should the missing clients (or any of them) be traced.

Although the funds have been received the Trustees have had to sign indemnities in favour of the law firm to repay some or all of the amounts totalling £18,956 (2020: £18,106), should those missing clients be traced.

Any liabilities are contingent on the missing clients being found and them proving to have a valid claim on the funds which have now been donated.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2021

16. RELATED PARTY DISCLOSURES

During the year ended 30 September 2021 aggregate donations were received without conditions from Directors / Trustees or organisations connected to Directors / Trustees of £22,550 (2020: £25,987). These donations were received without attached conditions which would, or might, require the charity to alter significantly the nature of its existing activities, except to the extent of £850 total £18,956 (2020: £18,106) referred to in the Contingent Liabilities note contained in these financial statements.

During the year ended 30 September 2021 aggregate payroll payments were made to close relatives of Directors / Trustees being £nil (2020: £177) paid to Emily Sharples, and £nil (2020 : £801) paid to Charlotte Goodier.

17. ULTIMATE CONTROLLING PARTY

The Directors consider that there is no controlling party as the company is limited by guarantee and there is no one person exercising dominant influence over the Charity.

18. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year :-

Land and buildings	2021 £	2020 £
Expiring :		
Within one year	-	-
Between one and five years	26,300	31,700
	-----	-----
	26,300	31,700
	-----	-----

CANCER HELP (PRESTON) LIMITED

England & Wales - Charity number 1032828

Accounts

REGISTERED COMPANY NUMBER: 02890943 (England and Wales)
REGISTERED CHARITY NUMBER: 1032828

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2020
FOR
CANCER HELP (PRESTON) LIMITED
(A COMPANY LIMITED BY GUARANTEE)

James Todd & Co
Greenbank House
141 Adelphi Street
Preston
Lancashire
PR2 9TH

CANCER HELP (PRESTON) LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2020

	Page
Chairman's Report	1 to 2
Report of the Trustees	3 to 11
Independent Examiner's Report	12
Statement of Financial Activities	13
Balance Sheet	14 to 15
Notes to the Financial Statements	16 to 24

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT FOR THE YEAR ENDED 30 SEPTEMBER 2020

In compiling this report, I took a little time to review my statement for the year ended 30th September 2019, a year that proved to be incredibly challenging for the charity. Income fell significantly and whilst the charity managed to control its costs it recorded a significant loss.

At that time, we all were looking forward to a better year.

Therefore, I was relieved when the first quarter of the new financial year started reasonably well. The charity's income streams, the cause of much concern in the previous year, were encouraging. Of note were the efforts of the Friends Group which delivered above budget income and the Garstang shop which beat the previous year's sales record. The management team were kept busy controlling expenditure whilst continuing to deliver the charity's highly valued services. By the end of December 2019, the charity's financial performance was close to budget.

Sadly, the resulting optimism was fleeting, cut short by events halfway around the world. By the end of January, we were learning of a coronavirus in a Chinese city that few of us had heard of before. Within weeks, the world was gripped by a seemingly unstoppable pandemic that was decimating the lives, livelihoods, and economies of all it touched.

Governments across the world locked down their populations to curb transmission and on 23rd March the UK Government announced its own lock down. Overnight many of CancerHelp's income streams ceased - numerous fundraising events were cancelled, and all four shops were closed. Two of them remain closed today. Vine House and Croston House were forced to close for face-to-face support sessions, complimentary therapies and group programs.

Yet, at the same time, the charity's outgoings continued threatening to plunge the charity into a financial crisis. At that moment in time the future of CancerHelp was in doubt.

Very quickly an emergency plan was developed and put into place. Of primary importance was the financial wellbeing of the charity. Fortunately, both central and local Government acted quickly to put in place financial support packages which the charity accessed. Successful bids were made to charitable organisations such as the National Lottery that were offering grants and emergency funding. A Covid 19 JustGiving campaign was started which generated significant income. Local people who recognised the value of the work done by the charity, and the impact of the virus, made individual donations.

Expenditure was reduced wherever possible and staff members agreed to be furloughed or work reduced hours when asked, easing salary costs.

As we reached the charity's year end in September 2020 it was apparent that its financial wellbeing had been secured. Indeed, CancerHelp's year-end management accounts for September indicated the charity had broken even. Furthermore, as the Chairman's Report was originally being written, the charity's draft Annual Accounts showed a small surplus for the year.

To focus solely on the financial performance of CancerHelp, in such a difficult year, would do a great disservice to its management and service delivery teams. Their desire to ensure that all those who sought the support of the charity were able to do so was commendable. Initially, a system of telephone and video conferencing was implemented to deliver the charity's services. Terms such as "Zoom Meeting" and "Teams" became commonplace. As the restrictions were eased the service delivery team provided a mixture of remote and face to face counselling, depending on the needs, or concerns, of their clients. The virus reminded us of just how vulnerable many of those people who seek the charity's help are. As may be expected, demand for services ebbed and flowed as the prevalence of the virus grew and diminished, through summer and into autumn. None the less, over the course of an unprecedented year, the charity continued to help hundreds of people often through the most challenging and traumatic periods of their lives.

"I sleep better now at one time I felt I couldn't go on. Not now, I feel good."

"Life is worth living again."

I am so pleased to report that, when needed most, the charity's volunteers stepped forward to ensure CancerHelp continued to be able to provide this support. Many had been stood down, in part because the roles had been suspended and in part for their own safety, but when called on they ensured the shops could re-open, money was raised wherever possible and Vine House could open its doors to service users once again. Thank you to all concerned.

CANCER HELP (PRESTON) LIMITED

CHAIRMAN'S REPORT
FOR THE YEAR ENDED 30 SEPTEMBER 2020

I cannot complete this report without offering my personal thanks to three specific members of the CancerHelp team. All three have played a significant part in the charity's challenging year. Firstly, Jeanette Smalley who has kept Vine House open, often working hours beyond what should normally be expected. Furthermore, Jeanette has worked with key funders to ensure the charity received much needed aid. Secondly, my fellow Trustee Mike Swift who, along with Rachel Mallett, has given up his time to help manage the charity whilst the Trustee Board has been effectively suspended. Finally, and possibly most importantly, the charity's Treasurer, Rachel Mallett, who created, delivered and oversaw CancerHelp's Covid 19 financial survival plan in 2020. Without Rachel's efforts in this regard, I honestly believe the charity would not have survived the year.

In concluding my report, we must acknowledge that the charity, and for that matter the country, has a long way to go before it returns to some form of normality. The coming year represents a huge challenge, possibly greater than the year just passed. However, I am sure that the experience we have gained over the last twelve months will be hugely beneficial. That and the continued support of the charity's staff and volunteers will, I am hopeful, ensure the charity continues its work long after the virus has been beaten.

As ever, possibly more so this year, I wish to end this year's report by offering my gratitude to all those people who have supported Cancer Help over the last twelve months and helped ensure its doors have stayed open.

Thank you

Jonathan Gorick
Chair of Trustees

Addendum to the Report of the Chairman for the Year Ended 30th September 2020

Whilst compiling the final drafts of CancerHelp's accounts and reports the charity became aware that a supporter, who sadly passed away in August 2020, had left a part of her residual estate to support the work of CancerHelp. At that time the size of the legacy was difficult to assess by the Trustees as the estate was to a large part based on the sale of property. The solicitors dealing with the estate have now confirmed that they estimate that this will amount to around £70,000. This figure will be incorporated into the Statement of Financial Activities as there is a reasonable expectation that this sum will be received once the estate is distributed. It transforms a small surplus into a significant surplus thanks to the generosity of this donor in considering the charity after her demise. The family has been made aware of the charity's gratitude.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Covid 19

The Trustees cannot issue this report without first referring to the impact of the Covid 19 pandemic on CancerHelp. Whilst the year started as normal the world very soon became aware of Covid 19. The impact of the virus affected every aspect of the operation of the charity from income generation to service delivery. It has adversely affected the charity's employees, contractors, volunteers, and most importantly its service users. The Chairman's Report provides more detail on operational impacts.

In March 2020, within the context of a national lockdown and following Government advice, the Trustees took a decision to suspend Trustee Board meetings. A Covid 19 working group consisting of the Chairman, Jonathan Gorick, Treasurer, Rachel Mallett and Trustee, Mike Swift was formed. This group liaised with the senior managers of the charity, in particular Jeanette Smalley, to ensure the continued operation of the charity. This took the form of a formal monthly meeting and individual meetings as required. Trustees were kept informed of the activities and decisions of the working group by quarterly update and by e-mail through which feedback was sought.

Objectives and Aims

CancerHelp strives to be the leading charitable provider of support for all those affected by cancer and close family bereavement, in Central Lancashire. CancerHelp will offer the highest standards of help, advice, and therapy to all those who seek assistance; allowing them to find comfort, gain self-confidence and, above all, live fulfilled lives.

" To improve the quality of life of cancer patients, their families and their carers by providing a comprehensive range of high-quality services, which are free at the point of use.

" To provide support for cancer patients from the point of diagnosis, through treatment, into recovery and, for some clients, in the terminal phase of the disease.

To provide therapy services and support to children, young people and associated family members affected by close family bereavement.

To provide appropriate emotional, physical, and social support that is matched to each client's individual needs and circumstances through assessment and consultation.

" To provide information and advice services for educational, community and health care professionals with the intention of promoting and supporting best practice.

" To provide services in a welcoming, professional, and non-clinical environment through its dedicated cancer support centres, Vine House and Croston House.

To provide advice, information, and advocacy to enable clients to find the best support for them.

To develop mutually beneficial working relationships with other professional organizations which identify and achieve common objectives for the benefit of clients.

To work with agencies involved in the welfare of young people to improve the life chances of children and young people affected by close family bereavement.

To continually develop suitable services in consultation with both clients and health care professionals.

To provide a positive, open, and safe working environment in which staff and volunteers can develop their skills, enhance services, and enable the Charity to meet its aims.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2020

OBJECTIVES AND ACTIVITIES

Significant activities

The main activities undertaken in relation to the objectives of the charity include,

Advocacy and Liaison Hope Self-Management Programme *
Bereavement Support and Counselling Children and Young People's Bereavement Service
Breathlessness Clinic * Mindfulness Programmes *
Cancer Information Lymphoedema Management Outreach Clinic *
Complementary Therapies * Support Groups *
Counselling including Psychotherapy Yoga
Craft and Activity Groups * Art Groups *
Family Support Being with Cancer Workshops *
Listening & Loss Telephone Support +

Note: * the service was interrupted and/or suspended between April and September 2020 in response to the impact of the Covid 19 virus, the associated Government restrictions/guidelines and CancerHelp risk assessments.

+ the Listening & Loss Telephone support service was introduced in September 2020.

CancerHelp's services are reviewed on a regular basis to ensure they continue to satisfy the objectives of the charity and continue to meet the needs of service users. Patient feedback is sought and published within senior management reports. Almost exclusively that feedback is very positive reflecting the value of the services provided and their value in helping service users to deal with traumatic circumstances.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2020

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees have given due consideration to Charity Commission published guidance on the operation of the public benefit requirement.

Firstly, the charity exists to help all those affected by cancer in Central Lancashire. It aims to help cancer patients, their families and their carers to live with the disease and its consequences. This includes support through diagnosis, treatment and sadly sometimes death. CancerHelp fills a significant gap in service provision in Central Lancashire. That gap lies between the diagnostic, medical intervention and associated support services offered by Lancashire Teaching Hospitals (NHS Foundation Trust) and the palliative care provided by St Catherine's Hospice.

Macmillan Cancer Support estimates that there are over 2.5 million people currently living with Cancer in the UK, a figure that has increased by almost 500,000 in the last five years. It is anticipated that, by 2030, the number of people living with cancer will be 4 million. Talking therapies and complimentary therapies have been proved to be effective in protecting the wellbeing of people coping with the disease and its consequences. The services offered by charities such as CancerHelp have never been more important than they are now.

That is why, every year, several hundred people from Central Lancashire access the charity's cancer support centres in Preston (Vine House) and Garstang (Croston House). Following assessment, they are directed to one, or more, of the charity's services, depending on their individual need. Usually this will result in six to eight one to one meetings with one of the charity's qualified and experienced counsellors or access to one of the specific support groups. Support can be provided in person at Vine House or Croston House, at home or over the phone. CancerHelp provides several thousand service user sessions every year that are provided free of charge.

Cancer does not discriminate by age, gender or background, and neither does CancerHelp; everyone is welcome to access its services.

Secondly, the charity offers a dedicated service for children and young people called Stride. The service provides support to those who are affected by cancer themselves or in their immediate family. That support extends to children and young people who are experiencing, or have experienced, close family bereavement associated with cancer. It is well known that, without appropriate support, many such children and young people go on to develop psychological disorders that can adversely affect the remainder of their lives. Sadly, the statutory Children and Adolescent Mental Health Services have raised their thresholds so that bereavement no longer meets their referral criteria. CancerHelp's Stride service is unique in Central Lancashire.

The benefit provided to the people of Central Lancashire by CancerHelp cannot be measured in terms of money or statistics. It must be measured in terms of the well-being of that large part of society touched by cancer. To the recipients of CancerHelp's support the benefit is invaluable.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 30 SEPTEMBER 2020**

OBJECTIVES AND ACTIVITIES

Volunteers

The Trustees are always keen to recognise that the charity could not function without its small army of dedicated volunteers. Without their much-appreciated efforts the community would be deprived of an invaluable service. They are the lifeblood of the charity and are often our unsung heroes.

This has never been truer than in the year just ended. The huge impact of the Covid 19 virus has meant that many volunteers have been stood down as the charity's shops and day care centres were closed. However, when asked those same volunteers have stepped forward to do what they can to help the charity. As the shops reopened, volunteers returned and ensured both they and customers followed the Covid Safe policies of CancerHelp. When Vine House reopened volunteers helped clear the backlog of donated goods, establish safe systems of work and maintain its grounds. Wherever possible and in whatever way they could volunteers recommenced fundraising efforts, a vital form of support for the charity's wellbeing.

Despite the impact of the Covid 19 virus, CancerHelp, like many other charities, has a constant need for new volunteers. Generally, its ranks of volunteers tend to be elderly and sadly, for several reasons, some are no longer with us. The charity has an active program to recruit volunteers at all points of contact with the public. Not surprisingly many volunteers come from the large number of people who have benefitted either directly or indirectly from the work of the charity. Others have been young people volunteering in the charity shops, particularly students, new graduates, and those volunteering as part of the Duke of Edinburgh Award Scheme. That is vital as new energy and enthusiasm provides encouragement to existing volunteers. CancerHelp strives to ensure volunteering provides younger volunteers with self-confidence as well as the experience of work and the knowledge of their older colleagues.

It is worth remembering that the Trustees, through the Board of Trustees, are ultimately responsible for the well-being of the charity, in all it does. They are also volunteers who provide their time, experience and skills free of charge. In the second half of this particular year, it is true to say the charity has relied on a small group of its Trustees more so than ever before in dealing with the impact of the Covid 19 virus. Without their experience, enthusiasm and drive it is entirely possible the charity may not have survived the year.

Management

The Trustees note in this report that 2020 has been a difficult year for all those associated with the charity. They recognise that this has been particularly so for CancerHelp's senior managers who have had to deal with the impact of the virus on the day-to-day operation of the charity and on those that they are responsible for, both employees and service users.

For part of the year, both day care centres, Vine House and Croston House, were closed. Vine House reopened but not before Covid Safe protocols were developed and implemented. Senior managers have ensured the house has been kept open often working additional hours and undertaking duties outside their normal responsibilities. Sadly, Croston House has not been re-opened due to the resources required to do so safely. Service users have been redirected to Vine House though senior managers ensured Croston House has been maintained and secure.

Throughout the year, the service delivery teams continued to deliver services. Senior managers have ensured that they did so in a way that was safe for both counsellor/therapist and those they were supporting. New ways of working have been devised and implemented and new technology used.

The Trustees' Covid 19 working group has continued to meet with the charity's General Manager, Jeanette Smalley, monthly. The primary objectives of those meetings were to manage the charity's finances and ensure the charity could continue to offer its services, within the Government's parameters of restrictions and advice. Significant decisions were referred to the Trustees and the agreed action was conveyed to CancerHelp's management team by the General Manager.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 30 SEPTEMBER 2020**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Many of the people who would normally access CancerHelp's services come from groups recognised to be at most risk from the Covid 19 virus. Many of the treatments associated with cancer have a detrimental impact on the body's immune system and as such many of those undergoing these treatments have had to shield. Furthermore, as the charity has followed Government guidance the day care centres have been closed so services have been delivered remotely or suspended. Demand for services has followed the ebb and flow of the virus and the associated Government guidance/restrictions. The charity has also noted an increase in the number of service users who have cancelled or missed appointments. As a result, the total of sessions delivered to service users has fallen. None the less, over the course of the year, CancerHelp supported several hundred new service users and has continued to offer its core services.

" Talking Therapies - one to one counselling, bereavement support and cognitive therapy

" Children and Young People's Service (Stride) - one to one counselling and support associated with bereavement

" Breathlessness Clinic - clinical support for specific cancers such as lung cancer

There have been two exceptions. The first has been Complimentary Therapies (for example massage, aromatherapy, and reflexology) and the second exception has been Group Support (counsellor led groups such as the HOPE Program, cancer specific support groups and art groups). Due to the nature of these forms of support the charity took a decision to suspend the services until further notice.

Where services have been offered, they have been delivered within the charity's Covid Safe rules which seek to ensure the safety of the service provider and the service user.

The provision of a comprehensive assessment process at the first point of contact allows CancerHelp to direct service users to the most appropriate service or services. The charity provides and facilitates counselling and support for each person as an individual at their own pace depending on the individual stage of the illness or psychological need.

For thirty-one years CancerHelp has been providing support services for cancer patients, their families, their carers and young people affected by bereavement. This year has possibly been the most difficult and challenging year the charity has experienced.

Fundraising activities

The Covid 19 pandemic has had a significant impact on CancerHelp's fundraising activities. Historically, the charity's single most important source of income has been its four shops which sell donated goods to the general public. Following the Government's initial lockdown in March 2020 all four shops were closed. The two best performing shops, Garstang and Longridge, were reopened though with reduced opening hours. The remaining two shops in Preston have not reopened. As a result, the surplus generated by the shops fell by 60% from £91,000 to £37,000.

From March most fundraising events were cancelled and due to the ongoing prevalence of the virus, could not be rearranged. The charity's income from Fundraising fell by 55% from £64,000 to £29,000.

On a more positive note, the local NHS Clinical Commissioning Group continued to provide its funding for contracted services. The local community, individuals and businesses, recognised the difficulties the charity faced, and donations rose by 45%. The charity stepped up efforts to access funding from charitable groups such as private charitable trusts, the National Lottery and Children in Need. By the end of the year CancerHelp had secured grants worth £95,000, significantly up on the £3,000 received in the previous year.

The charity's financial survival can be put down to several factors. Primarily the hard work of its own staff and volunteers but also the generosity of those who understand its work and value to the local community.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 30 SEPTEMBER 2020**

FINANCIAL REVIEW

Principal funding sources

The charity's principal funding sources changed as the year progressed. Unlike previous years, this year CancerHelp's largest source of funding has been grants from private charitable trusts and larger bodies such as the National Lottery and Children in Need. This was closely followed by donations from individuals, companies and the charity's own Covid 19 Just Giving campaign. In addition, the charity received funding from the NHS through contracts with the local Clinical Commissioning Group to deliver specific services.

It should be noted that CancerHelp has accessed Covid 19 related support offered by the Government (Central and Local). This has taken the form of furlough payments to cover staff costs and retail support to cover the closure of the charity's shops.

Investment policy and objectives

It is the policy of the directors to be risk averse in the stewardship of its resources and therefore cash deposits are not to be applied in any venture considered by them to be risky. Although interest rates on cash deposits remain at an all-time low the directors believe the security of the capital sums on deposit are a priority.

Reserves policy

The board of directors' current policy is to hold a minimum of six months operating costs in reserve. These are free reserves to be used for charitable purposes with no restrictions placed upon them. Despite the events of this year the Trustees believe that it is highly unlikely that all of CancerHelp's income streams would fail simultaneously and therefore the charity's reserves would be added to during that six-month period. Any reserves relating to restricted funds do not have a spending timescale imposed on them.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document, its memorandum and articles of association dated 25th January 1994, and constitutes a limited company, limited by guarantee. Its memorandum and articles of association were amended on 22nd April 1998 and again on 20th April 2016 when the Company's articles of association were modernised and brought up to date following various changes in statutory legislation. The liability of the members is limited to £1 per member.

Recruitment and appointment of new trustees

The recruitment and appointment of new trustees rests with the Board of Directors who are the Trustees. In identifying potential new trustees the board take into account any potential gaps in the make up of the existing board and look specifically to recruit someone with the necessary skills and experience to actively bring benefit to the Charity from their expertise.

Organisational structure

Under normal circumstances, the directors meet quarterly to discuss the charity's affairs and plan for future events. This has not been possible for much of the year. Senior members of the board did meet as part of the Covid 19 management team monthly to resolve day to day issues with input being sought from staff and volunteers. Urgent issues were dealt with over the telephone or via electronic communication with senior members of the board.

The day-to-day activities of the charity are overseen by the General Manager who liaises with the board and acts as a link between the board of directors and the paid staff and volunteers.

Induction and training of new trustees

New Trustees are given all the necessary and relevant information relating to the running of the Charity over the last year or so in order to bring them up to speed with the Charity and its work and how it operates thus promoting a seamless introduction.

Wider network

Referrals are often given by health professionals working for the National Health Service whose own organisation cannot provide the kind of service being offered by the Charity. Patients and/or their families and carers can also refer themselves directly and the Charity's services are open to anyone regardless of age, race or ability to pay with support offered by specialist professionals each accredited in their relevant area of expertise.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

The Trustees consider that they themselves and the General Manager and Company Secretary have the power to exert significant influence over the charity. Generally, there are no transactions either directly or indirectly between parties connected to the above and the charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The board of directors, who are the trustees have a risk register which identifies those major risks to which the charity is exposed. Where appropriate systems or procedures have been established to mitigate those risks. This register is updated periodically.

Procedures are in place to ensure the health and safety of staff, volunteers and service users at the two nursing and therapy centres and the four charity shops. Additional rules have been implemented to cover the delivery of services during the Covid 19 pandemic to protect both the service user and the service provider.

In this year, possibly more than any other, the risk of depletion of financial resources is one that the board of directors has tried to address. Policies to increase, and diversify, income to avoid dependency upon one or more limited sources of income which may evaporate in the future have been considered. Success has been seen in some areas such as grants. CancerHelp continues to seek corporate support from local businesses and has benefitted from the support of local businesses. The charity is also building links with local solicitors and funeral directors as part of its Legacy policy

The balance between the need to manage finances and fulfil CancerHelp's objectives has been a significant challenge for the Trustees. The results contained in these Annual Accounts highlight a degree of success in achieving this. Thanks to growth in Grants, Donations and the receipt of Government support the charity has balanced its books over the course of the year. Furthermore, when the Chairman's report was originally being written, the charity's draft Annual Accounts showed a small surplus for the year.

The Trustees believe that the relative success of the year will be difficult to replicate next year if the impact of the Covid 19 virus continues to grow. For example, it is possible that the significant financial support the charity accessed from Government agencies and private charitable trusts may not be repeated. If that is the case, pressure on income streams will grow whilst expenditure cannot be reduced without affecting the services the charity provides. Alternative income streams would need to be sought.

The coming year will be undoubtedly challenging. None the less the Trustees remain committed to ensuring the long-term future of the charity and the delivery of support to those that seek its help.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02890943 (England and Wales)

Registered Charity number

1032828

Registered office

Vine House Day Care Centre
22 Cromwell Road
Ribbleson
Preston
Lancashire
PR2 6YB

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2020

Trustees

Mr J D Gorick
Miss J M Robinson
Mr P D Hine
Miss R Mallett
Rev D L Anderson
Mr M J Swift
Miss R L Madgin
Mrs A R Shorrock

Company Secretary

Mrs H C Patterson

Independent Examiner

Mr J E Standing F.C.A. D.Ch.A.
Institute of Chartered Accountants in England & Wales
James Todd & Co
Greenbank House
141 Adelphi Street
Preston
Lancashire
PR2 9TH

Solicitors

The Charity's solicitors are Marsden Rawsthorn Solicitors Limited, 3-4 Faraday Court, Fulwood, Preston PR2 9NB.

Bankers

The Charity's bankers are Barclays Bank PLC, 38 Market Street, Lancaster LA1 1HS

General Manager

Miss J Smalley

TRUSTEES' RESPONSIBILITY STATEMENT

The trustees (who are also the directors of Cancer Help (Preston) Limited for the purposes of company law) are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CANCER HELP (PRESTON) LIMITED

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2020

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 24 March 2021 and signed on its behalf by:

Mr J D Gorick - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CANCER HELP (PRESTON) LIMITED

Independent examiner's report to the trustees of Cancer Help (Preston) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England & Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr J E Standing F.C.A. D.Ch.A.
Institute of Chartered Accountants in England & Wales
James Todd & Co
Greenbank House
141 Adelphi Street
Preston
Lancashire
PR2 9TH

24 March 2021

CANCER HELP (PRESTON) LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2020

	Notes	Unrestricted fund £	Restricted fund £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		259,872	29,651	289,523	100,927
Other trading activities	2	117,015	-	117,015	210,393
Investment income	3	<u>689</u>	<u>-</u>	<u>689</u>	<u>3,626</u>
Total		377,576	29,651	407,227	314,946
EXPENDITURE ON					
Raising funds	4	65,295	-	65,295	104,005
Charitable activities					
Relief of sickness - UK		143,356	33,191	176,547	197,605
Support costs		<u>92,937</u>	<u>-</u>	<u>92,937</u>	<u>98,852</u>
Total		301,588	33,191	334,779	400,462
NET INCOME/(EXPENDITURE)		75,988	(3,540)	72,448	(85,516)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>1,007,585</u>	<u>3,540</u>	<u>1,011,125</u>	<u>1,096,641</u>
TOTAL FUNDS CARRIED FORWARD		<u>1,083,573</u>	<u>-</u>	<u>1,083,573</u>	<u>1,011,125</u>

The notes form part of these financial statements

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET
30 SEPTEMBER 2020

	Notes	Unrestricted fund £	Restricted fund £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Tangible assets	9	806,151	1,188	807,339	808,689
CURRENT ASSETS					
Stocks	10	250	-	250	2,028
Debtors	11	86,637	-	86,637	33,850
Cash at bank and in hand		<u>249,235</u>	<u>55,320</u>	<u>304,555</u>	<u>192,156</u>
		336,122	55,320	391,442	228,034
CREDITORS					
Amounts falling due within one year	12	(58,700)	(56,508)	(115,208)	(25,598)
NET CURRENT ASSETS		<u>277,422</u>	<u>(1,188)</u>	<u>276,234</u>	<u>202,436</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,083,573</u>	-	<u>1,083,573</u>	<u>1,011,125</u>
NET ASSETS		<u>1,083,573</u>	-	<u>1,083,573</u>	<u>1,011,125</u>
FUNDS	14				
Unrestricted funds				1,083,573	1,007,585
Restricted funds				-	<u>3,540</u>
TOTAL FUNDS				<u>1,083,573</u>	<u>1,011,125</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

CANCER HELP (PRESTON) LIMITED

BALANCE SHEET - continued
30 SEPTEMBER 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 March 2021 and were signed on its behalf by:

Miss R Mallett - Trustee

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

Cancer Help (Preston) Limited is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on page 7 in the Trustees Report.

The presentation currency of the financial statements is the Pound Sterling (£). The financial statements are rounded to the nearest £1.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office Equipment	- 20% on cost
Motor vehicles	- 20% on cost

With regard to land and buildings, the properties being formally professionally revalued as at 22nd April 2016 by Garside Waddingham, Chartered Surveyors. The Trustees have adopted the values supplied to them, following this professional valuation undertaken at the above date., They consider that the property values have remained flat since that date and remain so as at the year end 30 September 2020. Cost or valuation in relation to land and buildings refers to the revalued amounts. It is the Trustees intention to regularly revalue land and buildings themselves, but also to have a formal professional valuation carried out as and when the need arises, but at least every five years. On this basis there is no appreciation or impairment and therefore no depreciation is charged.

Capitalisation of fixed assets

Each class of asset is included at cost except for land and buildings which is capitalised at valuation. Only assets with a value of £400 or more will be added to capital expenditure, smaller amounts being considered trivial in nature.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities and also from Value Added Tax on its trading activities relating to its four charity shops.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor/provider of funding or when funds are raised for particular restricted purposes.

Financial instruments

The following assets and liabilities are classified as financial instruments - cash at bank and on hand, trade and other debtors, trade creditors and bank loans.

They are measured at the undiscounted amount of the cash or other consideration expected to be paid or received.

Donated goods

Members of the public and supporters of the Charity donate goods to each of the Charity's four shops. The income derived from the sale of those goods is recognised only when a sale has been made, or where the goods are not saleable when a receipt is made for the sale of scrap or waste products.

Where goods of a capital nature are donated for the Charity's use the value ascribed to those goods are what a reasonable person would pay for the equipment bearing in mind its age, state and condition when acquired. Such a value is then treated as a cost for the equipment and also as an income donation of an equal amount.

Retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Fundraising events	28,849	64,416
Shop takings	86,923	144,931
Christmas card sales	1,143	1,046
Contributions towards training	<u>100</u>	<u>-</u>
	<u>117,015</u>	<u>210,393</u>

3. INVESTMENT INCOME

	2020	2019
	£	£
Rents received	238	3,000
Bank account interest	<u>451</u>	<u>626</u>
	<u>689</u>	<u>3,626</u>

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

4. RAISING FUNDS

Raising donations and legacies

	2020	2019
	£	£
Staff costs	7,816	42,593
Grant costs	<u>6,250</u>	<u>1,675</u>
	<u><u>14,066</u></u>	<u><u>44,268</u></u>

Other trading activities

	2020	2019
	£	£
Purchases	49,975	53,681
Christmas cards	1,000	1,072
Fundraising events costs	<u>254</u>	<u>4,984</u>
	<u><u>51,229</u></u>	<u><u>59,737</u></u>

Aggregate amounts	<u><u>65,295</u></u>	<u><u>104,005</u></u>
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5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Depreciation - owned assets	<u><u>2,840</u></u>	<u><u>5,864</u></u>
Independent examination fee	<u><u>4,000</u></u>	<u><u>4,680</u></u>

An under provision from a previous year of £680 is reflected in the previous years provision.

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2020 nor for the year ended 30 September 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2020 nor for the year ended 30 September 2019.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	55,245	45,682	100,927
Other trading activities	210,393	-	210,393
Investment income	<u>3,626</u>	<u>-</u>	<u>3,626</u>
Total	269,264	45,682	314,946
 EXPENDITURE ON			
Raising funds	104,005	-	104,005
 Charitable activities			
Relief of sickness - UK			
	133,141	64,464	197,605
Support costs	<u>98,852</u>	<u>-</u>	<u>98,852</u>
Total	335,998	64,464	400,462
 NET INCOME/(EXPENDITURE)	(66,734)	(18,782)	(85,516)
Transfers between funds	<u>(17,291)</u>	<u>17,291</u>	<u>-</u>
Net movement in funds	(84,025)	(1,491)	(85,516)
 RECONCILIATION OF FUNDS			
Total funds brought forward	1,091,610	5,031	1,096,641
 TOTAL FUNDS CARRIED FORWARD	<u><u>1,007,585</u></u>	<u><u>3,540</u></u>	<u><u>1,011,125</u></u>

8. EMPLOYEE EMOLUMENTS

No employees benefits exceeded £60,000 during the year (including taxable benefits in kind but not including pension contributions).

Two employees classified as key management personnel received between them £49,861 (2019: £51,278).

The average number of trustees during the year was 8 (2019: 8).

The average number of employees during the year was 8 (2019: 10).

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

9. TANGIBLE FIXED ASSETS

	Land and Buildings £	Office Equipment £	Motor vehicles £	Totals £
COST				
At 1 October 2019	800,000	135,203	10,000	945,203
Additions	-	1,490	-	1,490
At 30 September 2020	800,000	136,693	10,000	946,693
DEPRECIATION				
At 1 October 2019	-	126,514	10,000	136,514
Charge for year	-	2,840	-	2,840
At 30 September 2020	-	129,354	10,000	139,354
NET BOOK VALUE				
At 30 September 2020	800,000	7,339	-	807,339
At 30 September 2019	800,000	8,689	-	808,689

Included in cost or valuation of land and buildings is freehold land of £245,000 (2019 - £245,000) which is not depreciated.

	Land and Buildings	
	2020	2019
	£	£
Cost	807,450	807,450
Valuation in 2010	(47,450)	(47,450)
Valuation in 2013	(10,000)	(10,000)
Valuation in 2015	50,000	50,000
Revalued amount	800,000	800,000

If freehold property had not been revalued it would have been included at the following historical cost :-

Cost	807,450	807,450
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The freehold properties were formally valued on an open market basis on 22nd April 2016 by Garside Waddingham, Chartered Surveyors, and these valuations have been adopted by the trustees at the years ended 30 September 2020 and 30 September 2019.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

10. STOCKS

	2020	2019
	£	£
Stocks	<u>250</u>	<u>2,028</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Other debtors	71,574	24,136
Prepayments	<u>15,063</u>	<u>9,714</u>
	<u>86,637</u>	<u>33,850</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
Trade creditors	20,637	8,907
Social security and other taxes	1,201	1,591
Other creditors	400	580
Accruals	<u>92,970</u>	<u>14,520</u>
	<u>115,208</u>	<u>25,598</u>

Deferred income consists of funding received during the year, the performance relating to that funding to be carried out in the following year.

13. SECURED DEBTS

The bank borrowings are secured by a first legal charge on the land and buildings of the charity.

14. MOVEMENT IN FUNDS

	At 1.10.19	Net movement in funds	At 30.9.20
	£	£	£
Unrestricted funds			
Unrestricted fund	1,007,585	75,988	1,083,573
Restricted funds			
Restricted fund	3,540	(3,540)	-
TOTAL FUNDS	<u>1,011,125</u>	<u>72,448</u>	<u>1,083,573</u>

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	377,576	(301,588)	75,988
Restricted funds			
Restricted fund	29,651	(33,191)	(3,540)
TOTAL FUNDS	<u>407,227</u>	<u>(334,779)</u>	<u>72,448</u>

Comparatives for movement in funds

	At 1.10.18 £	Net movement in funds £	Transfers between funds £	At 30.9.19 £
Unrestricted funds				
Unrestricted fund	1,091,610	(66,734)	(17,291)	1,007,585
Restricted funds				
Restricted fund	5,031	(18,782)	17,291	3,540
TOTAL FUNDS	<u>1,096,641</u>	<u>(85,516)</u>	<u>-</u>	<u>1,011,125</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	269,264	(335,998)	(66,734)
Restricted funds			
Restricted fund	45,682	(64,464)	(18,782)
TOTAL FUNDS	<u>314,946</u>	<u>(400,462)</u>	<u>(85,516)</u>

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.18 £	Net movement in funds £	Transfers between funds £	At 30.9.20 £
Unrestricted funds				
Unrestricted fund	1,091,610	9,254	(17,291)	1,083,573
Restricted funds				
Restricted fund	5,031	(22,322)	17,291	-
TOTAL FUNDS	<u>1,096,641</u>	<u>(13,068)</u>	<u>-</u>	<u>1,083,573</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted fund	646,840	(637,586)	9,254
Restricted funds			
Restricted fund	75,333	(97,655)	(22,322)
TOTAL FUNDS	<u>722,173</u>	<u>(735,241)</u>	<u>(13,068)</u>

15. CONTINGENT LIABILITIES

During the year the Charity accounted for a total of £4,387 (2019: £887) from the clients accounts of a firm of solicitors connected to the Charity by virtue of common directorships. Despite the best efforts of the law firm to trace their missing clients they were unable to do so and The Solicitors Regulation Authority have confirmed that the funds may be donated to charity on the undertaking that a repayment will be made should the missing clients (or any of them) be traced.

Although the funds have been received the Trustees have had to sign indemnities in favour of the law firm to repay some or all of the above amount £18,106 (2019: £13,719), should those missing clients be traced.

Any liabilities are contingent on the missing clients being found and them proving to have a valid claim on the funds which have now been donated.

CANCER HELP (PRESTON) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 SEPTEMBER 2020

16. RELATED PARTY DISCLOSURES

During the year ended 30 September 2020 aggregate donations were received without conditions from Directors / Trustees or organisations connected to Directors / Trustees of £25,987 (2019: £17,987). These donations were received without attached conditions which would, or might, require the charity to alter significantly the nature of its existing activities, except to the extent of £4,387 total £18,106 (2019: £13,719) referred to in the Contingent Liabilities note contained in these financial statements.

During the year ended 30 September 2020 aggregate payroll payments were made to close relatives of Directors / Trustees being £177 (2019: £1,561) paid to Emily Sharples, £801 (2019 : £625.50) paid to Charlotte Goodier and £nil (2019: £441) paid to Sam Gorick.

Additionally payments of £nil (2019: £225) were made to Marsden Rawsthorn Solicitors Limited for legal advice. A Director / Trustee is also a director of the law firm over which he is able to exercise significant influence.

17. ULTIMATE CONTROLLING PARTY

The Directors consider that there is no controlling party as the company is limited by guarantee and there is no one person exercising dominant influence over the Charity.

18. RESTRICTED FUND

In the main funds provided to the Charity are unrestricted and are free to be used for charitable purposes by the Trustees in accordance with the accounting policy.

Certain income is restricted, when specified by the donor and is to be used only for that specific restricted purpose, subject to the donor agreeing for it to be used for unrestricted purposes. At the end of the financial year the charity had not spent all the income it received for a specific restricted purpose and therefore it carries forward the unspent amount of £nil (2019: £3,540) to the next financial year, there being no known timescale by which it should be spent.

19. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year :-

Land and buildings	2020 £	2019 £
Expiring :		
Within one year	-	-
Between one and five years	31,700	32,300
	<u>31,700</u>	<u>32,300</u>