

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

England & Wales · Charity number 1032339

Details

Other names ACPS

Status Registered

Legal form Charitable company

Company number [22856713](#)

Registered 1994-02-09

Register [View on the Charity Commission register](#)

Contact

Address 11 Orchard Street
Bristol
BS1 5EH

Phone 01179304447

Email info@acps-bristol.org.uk

Website <https://www.acps-bristol.org.uk/>

Activities

Objects: FOR THE RELIEF IN THE COUNTY OF AVON OF PERSONS SUFFERING FROM MENTAL ILLNESS AND EMOTIONAL DISABILITIES.

Activities: Referral agency for counselling and psychotherapy services to include subsidised treatment

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** IN PRACTICE BATH AND BRISTOL
- Bath And North East Somerset
- Bristol City
- North Somerset
- South Gloucestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£18,742	£20,796	-	-
2024-08-31	£10,395	£17,039	-	-
2023-08-31	£26,469	£24,807	-	-
2022-08-31	£13,624	£20,902	-	-
2021-08-31	£25,181	£25,048	-	-
2020-08-31	£11,379	£15,666	-	-

Trustees

Name	Role	Appointed
Adam Henry		2024-09-07
Jessica Orlik		2023-12-08
Judith Moore		2023-12-08
Sarah Dewsbery		2023-12-08
Thomas Eastland		2023-12-08

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

England & Wales - Charity number 1032339

Accounts

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE
FINANCIAL STATEMENTS

31 AUGUST 2023

Company Registration Number 02856713
Charity Number 1032339

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2023

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AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY AND ITS ADVISORS

YEAR ENDED 31 AUGUST 2023

Charity Name	Avon Counselling and Psychotherapy Service		
Company number	02856713		
Charity number	1032339		
Registered office and operational address	11 Orchard Street, Bristol, Avon, BS1 5EH 0117 930 4447		
Email address	info@acps-bristol.org.uk		
Web address	www.acps-bristol.org.uk		
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:		
	Jessica Orlik	Chair	Appointed 8 th Dec 2023
	Sarah Dewsbery	Treasurer	Appointed 8 th Dec 2023
	Judith Moore		Appointed 8 th Dec 2023
	Thomas Eastland		Appointed 8 th Dec 2023
	Thomas Camps	Chair	Resigned 8 th Dec 2023
	Emma Lawrence		Resigned 8 th Dec 2023
	Ruby Lloyd-Shogbesan		Resigned 8 th Dec 2023
Bankers	HSBC Bank PLC 149 Whiteladies Road Bristol BS8 1PD		
Independent Examiners	Geoff Archer Bristol Community Accountants CIC The Park, Daventry Road, Bristol, BS4 1DQ		

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2023

The Trustees present the Report and Accounts for the year ended 31 August 2023 which also comprises the Directors' Report required by the Companies Act 2006.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Legal Structure, Governance and Management

The charity is constituted as a company limited by guarantee, registered under the Companies Acts and its governing document is a memorandum and Articles of Association under company legislation.

Its certificate of incorporation is dated 24 September 1993 and the last amendment to the governing document is dated 26 June 1997.

By operation of law, all trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation. The trustees are all individuals.

Charitable aims and objectives

The Avon Counselling and Psychotherapy Service (ACPS) provides support for people in the greater Bristol area who are facing psychological difficulties and distress. Its unique social purpose is to where possible provide subsidised therapy, especially longer-term, for people on low incomes. ACPS is an established, and highly esteemed, charity. It is also a valuable contact point to ensure that people in need receive the best support possible irrespective of income. During the pandemic our services have been of particular value to the community, especially the low fee work combined with the possibility of longer-term treatment.

Achievements and performance

During a year marked by the still continuing cost of living crisis, ACPS have been able to offer high-quality assessments and therapies to the community.

The public uptake of our services has remained consistent throughout the year, and we have continued to deploy our client liaison officer, who is highly valued by our users as an encouraging first point of contact. She is especially valued by very vulnerable people to whom the first interaction is particularly important. These are generally also people on a low income needing subsidised treatment.

During this financial year we took the decision to develop the role of the client liaison officer (CLO) to take on more of the administration of the organisation. This has eased the burden on volunteers and improved the efficiency of administrative processes, as well as enabling an increased focus on data collection to support our fundraising efforts.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2023

Activities and achievements for public benefit

In the financial year from start of September 2022 to end of August 2023, we have continued to offer 16 subsidised sessions with a possibility of extending to 32 where this is considered clinically appropriate and beneficial. This longer-term model is clinically effective and in line with our USP. Shorter interventions are available from other agencies.

ACPS therapist members often take into their practice clients on reduced fees at no cost to ACPS. When we are not able, through limitations of funding, to provide a low fee service ourselves, our CLO helps clients find appropriate help through sister agencies.

We have recruited 5 new associate members and two new members, significantly increasing our clinical capacity. Our rapid process from first contact to therapy without a waiting list is very much valued as people under psychological pressure find an extended wait, which is all too often the case, very difficult.

During the financial year our methods of data collection have developed, and we began work to create a database. This will streamline our administrative processes and enable us to capture data more efficiently, contributing to fundraising efforts and helping us to shape our service to meet the needs of the communities we serve.

Executive Summary

Emma Lawrence, Ruby Lloyd-Shogbesan, and Tom Camps served on the board this financial year. During 2022-2023 various attempts were made to recruit one or two more trustees, but we were unable to find anyone. Since the end of the financial year there have been changes to the board with Tom, Ruby and Emma all resigning due to ill health. We worked on improving communication between trustees and members, which has helped the organisation run more efficiently, and we now have four new trustees in place.

Our members continue to be involved in the operational management of ACPS on a voluntary basis, however, our CLO has taken on some administrative tasks, enabling the members to focus on clinical activity. During 2022-2023 we had a non-member volunteer who acted as a financial administrator and lifted that role out from the membership. Her work has now been taken over by the CLO.

Our financial position in 2022-2023 was healthier as a result of employing a fundraiser / professional consultant in 2021-2022. However, during part of the financial year 2022-23 we were unable to carry out fundraising activity as our fundraiser was experiencing significant health problems. The impact of this is being felt in the financial year 2023-2024. To address this we have recently employed another fundraiser.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2023

Plans for the future

Our intentions are to continue to:

- Develop the role of the fundraiser in order to improve fundraising prospects
- Develop community relations, within our sector and more widely
- Develop the role of the CLO further
- Continue work on developing a database
- Widen our demographic (client, therapists, members, friends, and governance)
- Assess our operational model and make changes where necessary to improve efficiency
- improve data collection in order to provide evidence of need and efficacy

Financial Review

Income for the year totalled £26,469 (2022: £13,624). Our total expenditure for the year totalled £24,807 (2022: £20,902). £22,944 was spent on, or in connection with, directly subsidised patient treatment (note 5), which is an increase compared to the prior year (£18,415). We spent £17,250 on subsidising treatment from our restricted funds (note 15), an increase on the prior year (£9,509).

Reserves policy

A separate reserve account is established. Currently this is account number 3. This account is actively managed within a band sufficient to permit an orderly winding up of the charity and yet not act as a disincentive when fund raising. On-going subsidised treatment is separately protected by not over committing account 2. The policy on Treatment Fund reserves is to spend all grants and other income as directly as possible on treatment, while ensuring continuity of service. General Funds are to be retained at a level that covers six months' general operating costs (approximately £12,000) to allow for contingencies and fluctuations. The charity's free unrestricted reserves at year end totalled £13,003.

Funds received as agent or funds held as custodian trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of responsibilities of the Management Committee

The trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net income or expenditure, of the charitable company for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

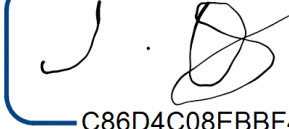
YEAR ENDED 31 AUGUST 2023

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities.

The trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the examiners.

Independent examiners

Geoff Archer of Bristol Community Accountants CIC was appointed as the charitable company's independent examiner during the year.

DocuSigned by:

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Approved by the trustees on 14/3/2024 and signed on its behalf by.....

Jess Orlik – Chair of ACPS Directors

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 AUGUST 2023

I report on the accounts of the company for the year ended 31st August 2023 which are set out on pages 7 to 15.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Geoff Archer

DocuSigned by:

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15/3/2024
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Bristol Community Accountants CIC
The Park
Daventry Road
Knowle Bristol BS4 1DQ

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE**STATEMENT OF FINANCIAL ACTIVITIES (Including Income
and Expenditure Account)****YEAR ENDED 31 AUGUST 2023**

		Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	Note	£	£	£	£
Incoming and Endowments from:					
Donations and legacies	3	649	21,000	21,649	6,948
Charitable activities	4	4,820	-	4,820	6,676
Total Income		<u>5,469</u>	<u>21,000</u>	<u>26,469</u>	<u>13,624</u>
Expenditure On:					
Raising funds		1,863	-	1,863	2,487
Charitable activities	5	5,694	17,250	22,944	18,415
Total Expenditure		<u>7,557</u>	<u>17,250</u>	<u>24,807</u>	<u>20,902</u>
Net income		(2,088)	3,750	1,662	(7,278)
Net movement in funds		<u>(2,088)</u>	<u>3,750</u>	<u>1,662</u>	<u>(7,278)</u>
Total funds brought forward		15,091	7,365	22,456	29,601
Total funds carried forward	15	<u>13,003</u>	<u>11,115</u>	<u>24,118</u>	<u>22,323</u>

All of the activities of the charity are classed as continuing

The notes on pages 9 to 15 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

Details of the allocation of 2022 total funds between unrestricted and restricted are shown in note 17

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE**BALANCE SHEET****YEAR ENDED 31 AUGUST 2023**

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	14	20	29
Current assets			
Debtors	11	-	170
Cash at bank and in hand		24,923	23,047
<i>Total current assets</i>		24,923	23,217
Creditors : Amounts falling due within one year			
	12	(825)	(790)
<i>Net current assets or liabilities</i>		24,098	22,427
Total net assets or liabilities		24,118	22,456
The Funds of the Charity			
Restricted funds	15	11,115	7,365
Unrestricted funds		13,003	15,091
		24,118	22,456

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

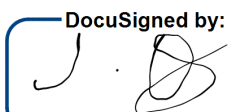
Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

These financial statements were approved by the trustees and are signed on their behalf by:

DocuSigned by:

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 Jess Orlik - Director

Date: 14/3/2024

The notes on pages 9 to 15 form part of these financial statements

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2023

1 Basis of Preparation

- a) These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

- b) The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.
- c) The charity meets the definition of a public benefit entity as defined by FRS 102.

2 Accounting Policies

- a) Income from donations is included in income when these are receivable, except as follows:

i) When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods.

ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

- b) Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

- c) Expenditure is allocated where the costs relate directly to that activity. Support costs have been allocated on the basis of the resources used on the particular activity.

- d) Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Equipment - 25% reducing balance basis

- e) Unrestricted funds are available to spend on activities that further any of the purposes of the charitable company. Designated funds are unrestricted funds of the charitable company which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charitable company's work or for specific projects being undertaken by the charitable company.

- f) The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2023

Income and Endowments From:

3 Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Friends of ACPS and other donations	649	-	649	548
Grants	-	21,000	21,000	6,400
	<u>649</u>	<u>21,000</u>	<u>21,649</u>	<u>6,948</u>
<i>Donations and legacies - prior year</i>	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>Total Funds 2022</i>	
	<i>£</i>	<i>£</i>	<i>£</i>	
<i>Friends of ACPS and other donations</i>	<i>548</i>	<i>-</i>	<i>548</i>	
<i>Grants</i>	<i>2,000</i>	<i>4,400</i>	<i>6,400</i>	
	<u><i>2,548</i></u>	<u><i>4,400</i></u>	<u><i>6,948</i></u>	
4 Charitable Activities	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Members subscriptions	1,830	-	1,830	2,245
Rent of consulting rooms - members	1,975	-	1,975	4,010
Referral fees	655	-	655	189
Miscellaneous	360	-	360	232
	<u>4,820</u>	<u>-</u>	<u>4,820</u>	<u>6,676</u>
<i>Charitable Activities - prior year</i>	<u><i>6,676</i></u>	<u><i>-</i></u>	<u><i>6,676</i></u>	

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2023

Expenditure on:

5 Charitable Activities - direct costs

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Patient treatment:				
Therapist's assessments	3,154	8,552	11,706	9,274
Professional insurance	324	-	324	327
Advertising and website	-	-	-	101
Support costs (note 6)	2,216	8,698	10,914	8,713
Total support costs	5,694	17,250	22,944	18,415
Patient treatment - Prior year:				
Therapist's assessments	2,311	6,963	9,274	
Professional insurance	327	-	327	
Advertising and website	101	-	101	
Support costs (note 6)	6,167	2,546	8,713	
Direct costs - prior year	8,906	9,509	18,415	

Patient treatment represents fees paid to therapists to subsidise their sessions with patients who are unable to pay in full their treatment together with costs directly associated with treatment and related support costs.

6 Charitable Activities - support costs

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Office and professional support fees	-	7,876	7,876	6,740
Sub-total	-	7,876	7,876	6,740
Office costs:				
Office supplies	395	70	465	372
Telephone and internet	416	-	416	442
Sundry	282	752	1,034	60
Sub-total	1,093	822	1,915	874
Other expenses:				
Accountancy	770	-	770	678
Legal and professional fees	168	-	168	280
Bank Fees	176	-	176	127
Depreciation	9	-	9	14
	1,123	-	1,123	1,099
Total expenditure	2,216	8,698	10,914	8,713

Continued...

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 AUGUST 2023***Support costs - prior year*

	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2022 £</i>
<i>Office and professional support fees</i>	4,255	2,485	6,740
<i>Sub-total</i>	4,255	2,485	6,740
<i>Office costs:</i>			
<i>Office supplies</i>	372	-	372
<i>Telephone and internet</i>	442	-	442
<i>Sundry</i>	40	20	60
<i>Sub-total</i>	854	20	874
<i>Other expenses:</i>			
<i>Accountancy</i>	678	-	678
<i>Legal and professional fees</i>	280	-	280
<i>Bank Fees</i>	86	41	127
<i>Depreciation</i>	14	-	14
	1,058	41	1,099
	6,167	2,546	8,713

7 Net incoming resources for the year**This is stated after charging:**

	2023 £	2022 £
Depreciation of fixed assets	9	14
Independent Examiner's Fees	770	678

8 Related party transactions

Two trustees, Jessica Orlik (£50) and Sarah Dewsberry (£285), were paid £335 in the year for providing professional services to the charity (2022: Ruby Lloyd-Shogbesan £1,000). These payments were made between April to August 2023, prior to them becoming trustees in December 2023. There were no reimbursed trustee expenses during the year (2022: £nil).

There were no other related party transactions during the year.

9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 AUGUST 2023****11 Debtors**

	2023	2022
	£	£
Debtors	-	170
	<u>-</u>	<u>170</u>

12 Creditors

	2023	2022
	£	£
Trade creditors	-	112
Accruals	770	678
Deferred income (see note 13)	55	-
	<u>825</u>	<u>790</u>

13 Deferred Income

	2023	2022
	£	£
At 1 Sept 2022	-	150
Deferred during the year	55	-
Released during the year	-	(150)
	<u>55</u>	<u>-</u>

14 Tangible fixed assets

	Equipment	Total
	£	£
Cost		
At 1 September 2022	4,635	4,635
At 31 August 2023	<u>4,635</u>	<u>4,635</u>
Depreciation		
At 1 September 2022	4,606	4,606
Charge for the year	9	9
At 31 August 2023	<u>4,615</u>	<u>4,615</u>
Net book value		
At 31 August 2023	<u>20</u>	<u>20</u>
At 31 August 2022	<u>29</u>	<u>29</u>

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 AUGUST 2023**

15 Movement in funds	At 01-Sep 2022 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Aug 2023 £
Restricted funds					
Treatment Fund	3,708	-	(3,708)	-	-
Lark Trust	3,657	6,000	(3,202)	-	6,455
Quartet Community	-	5,000	(2,157)	-	2,843
National Lottery Community Fund	-	10,000	(8,183)	-	1,817
	<u>7,365</u>	<u>21,000</u>	<u>(17,250)</u>	<u>-</u>	<u>11,115</u>
General funds	<u>15,091</u>	<u>5,469</u>	<u>(7,557)</u>	<u>-</u>	<u>13,003</u>
Total funds	<u>22,456</u>	<u>26,469</u>	<u>(24,807)</u>	<u>-</u>	<u>24,118</u>

Purpose of restricted funds

Treatment fund	The restricted funds are exclusively to subsidise the provision of therapy in accordance with our charitable aims to make therapy available to those in psychological or emotional distress who otherwise could not afford it because of low income in the Bristol and surrounding region.
Lark Trust	For treatment subsidies.
Quartet Community	This grant will be spent on providing low-cost counselling sessions to those most in need.
National Lottery Community Fund	Funding to provide low cost counselling sessions including support for salaries and database costs.

16 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	20	-	20
Current assets	13,808	11,115	24,923
Current liabilities	(825)	-	(825)
	<u>13,003</u>	<u>11,115</u>	<u>24,118</u>

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 AUGUST 2023****17 Analysis of charitable funds - previous year, as required by paragraph 4.2. of the SORP**

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Incoming and Endowments from:			
Donations and legacies	2,548	4,400	6,948
Charitable activities	6,676	-	6,676
Investments	-	-	-
Total income	<u>9,224</u>	<u>4,400</u>	<u>13,624</u>
Expenditure On:			
Raising funds	2,487	-	2,487
Charitable activities	8,906	9,509	18,415
Total expenditure	<u>11,393</u>	<u>9,509</u>	<u>20,902</u>
Net movement in funds	(2,169)	(5,109)	(7,278)
Transfer between funds	(510)	510	-
Total funds brought forward	17,770	11,964	29,734
Total funds carried forward	<u>15,091</u>	<u>7,365</u>	<u>22,456</u>

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

England & Wales - Charity number 1032339

Accounts

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE
FINANCIAL STATEMENTS

31 AUGUST 2021

Company Registration Number 02856713
Charity Number 1032339

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

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AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY AND ITS ADVISORS

YEAR ENDED 31 AUGUST 2021

Charity Name	Avon Counselling and Psychotherapy Service	
Company number	02856713	
Charity number	1032339	
Registered office and operational address	11 Orchard Street, Bristol, Avon, BS1 5EH 0117 930 4447	
Email address	info@acps-bristol.org.uk	
Web address	www.acps-bristol.org.uk	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Thomas Camps	Chair
	Zuner Bortolotto	
	Hannah Roddis	
	Nadia Chowdhury	Appointed 22 July 2021
	Emma Lawrence	Appointed 22 July 2021
	Richard Loney	Resigned 7 April 2021
	Rita Smith	Resigned 12 Nov 2020
	Christina Davis	Resigned 6 May 2021
Bankers	HSBC Bank PLC 149 Whiteladies Road Bristol BS8 1PD	
Independent Examiners	Geoff Archer Bristol Community Accountants CIC The Park, Daventry Road, Bristol, BS4 1DQ	

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2021

The Trustees present the Report and Accounts for the year ended 31 August 2021 which also comprises the Directors' Report required by the Companies Act 2006.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Legal Structure, Governance and Management

The charity is constituted as a company limited by guarantee, registered under the Companies Acts and its governing document is a memorandum and Articles of Association under company legislation.

Its certificate of incorporation is dated 24 September 1993 and the last amendment to the governing document is dated 26 June 1997.

By operation of law, all trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation. The trustees are all individuals.

Objectives and Activities

The Avon Counselling and Psychotherapy Service (ACPS) provides support for people in the greater Bristol area who are facing psychological difficulties and distress. Its unique social purpose is to provide subsidised therapy, especially longer-term, for people on low incomes. ACPS is an established, and highly esteemed, charity. It is a valuable contact point to ensure that people in need receive the best support possible. During this pandemic our services have been of particular value to the community, especially the low fee work and the possibility of longer-term treatment.

Achievements and performance

During a year marked by the continuing pandemic, ACPS have been able to offer consistently high-quality assessments and therapies to the community. Moving online, and temporarily away from face-to-face meetings, required our therapists to adapt rapidly to a new mode of working. Some funding for covid specific therapy became available through a grant from the National Lottery in autumn of 2020, which supported us in this complex situation.

We have continued to deploy our telephone outreach officer, who is highly valued by our users as an encouraging first point of contact. She is especially valued by very vulnerable people to whom the first interaction is especially important, these are generally also people on low income needing subsidised treatment. She has now qualified as a counsellor, and we highly value her telephone services. The public uptake of our services has remained consistent throughout this period. Going forward, we expect a similar or increased demand as covid restrictions are eased and people adjust to new circumstances in a post-covid world.

The internal restructuring and evaluation which began last year has continued. This process aims to bring the administration of the charity up to date and make us more responsive to future public demands. We are focussing on the requirements of governance, and the need for a resilient

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2021

foundation to support our fundraising efforts. We are adopting a creative and open-minded approach to ensure survival and sustainability, in an increasingly competitive financial climate.

Activities and achievements for public benefit

In the financial year from start of September 2020 to end of August 2021, ACPS has continued to offer 8-session places for people on benefits, at a cost to client of £15 per session. Where clients have been able to afford £25 it has been possible to offer 30-session places with assessment at a cost to client of £25 per session. In addition, we have delivered on covid funded treatment for approximately 31 clients during this financial year. Much of this a zero cost to the client.

The Graduate Associate programme makes open-ended work at £25- per session possible, at less than half the usual professional fee for long term work. All this is in addition to the sessional work offered at the individual discretion of members, paid for by personally reducing fees to well below normal professional rates.

Executive Summary

Hannah Roddis, Zuner Bortolotto, and Tom Camps, continue to serve on the board. Richard Loney and Rita Smith resigned during the autumn of 2021 having served on the board for many years. We are extremely grateful for their long service. Richard has remained in contact in an advisory capacity. At the year end, Christina Davies had to resign for personal and family reasons. Her energetic presence is missed. Two new members have joined the board in 2021 - Emma Lawrence and Nadia Chowdhury. The board has consolidated around five members and have a broad range of experience and specialism within the group.

The financial position of ACPS is of concern, as the current model is not sustainable in the medium to long term. To address this, the board made the decision to access the services of a professional consultant to help us move toward financial sustainability as soon as possible, in these challenging circumstances. She is now in place and has restarted the bidding process with several potential donors, as well as starting the renewal of 'Friends', another income stream with great potential value. She is liaising with both trustees and members to conduct a holistic evaluation of our service. She is inputting into the development of a responsive business strategy, supported by appropriate policies and reflective measurement tools.

Plans for the future

With a new and enhanced Board in place at the end of this period, our intentions are:

- to develop community relations, within our sector and the wider region
- enhance fundraising prospects and attract new donors
- explore databases and CRM's to suit our expanding needs
- widen our demographic (client, therapists, members, friends and governance)
- continue internal structural changes to ensure a stable financial future for ACPS
- demonstrate an enhanced service to the public, especially those on low income

We do not expect the pandemic to negatively impact on the long-term future of the Charity as our work has, where necessary, moved successfully online. Providing the immediate funding short fall can be satisfactorily resolved, we expect the charity to survive and develop. In this context, it is very encouraging that we have received National Lottery funding of £10,000 shortly after this financial period.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2021

Financial Review

£25,048 was spent on, or in connection with, directly subsidised patient treatment, which is an increase compared to the prior year (£15,666). We spent £15,930 on subsidising treatment from our restricted funds (note 16), an increase on the prior year (£5,548).

Reserves policy

A separate reserve account is established. Currently this is account number 3. This account is actively managed within a band sufficient to permit an orderly winding up of the charity and yet not act as a disincentive when fund raising. On-going subsidised treatment is separately protected by not over committing account 2. The policy on Treatment Fund reserves is to spend all grants and other income as directly as possible on treatment, while ensuring continuity of service. General Funds are to be retained at a level that covers six months' general operating costs to allow for contingencies and fluctuations.

Funds received as agent or funds held as custodian trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of responsibilities of the Management Committee

The trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net income or expenditure, of the charitable company for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities.

The trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the examiners.

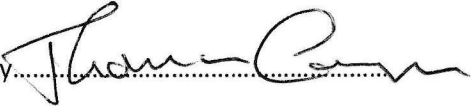
AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2021

Independent examiners

Geoff Archer of Bristol Community Accountants CIC was appointed as the charitable company's independent examiner during the year.

Approved by the trustees on 05/05/22 and signed on its behalf by 

Thomas Camps – Chair of ACPS Directors

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 AUGUST 2021

I report on the accounts of the company for the year ended 31st August 2021 which are set out on pages 7 to 15.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Geoff Archer



Bristol Community Accountants CIC
The Park
Daventry Road
Knowle Bristol BS4 1DQ

09/05/22

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 AUGUST 2021

		Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	Note	£	£	£	£
Incoming and Endowments from:					
Donations and legacies	3	615	18,940	19,555	4,744
Charitable activities	4	5,625	-	5,625	6,615
Investments	5	1	-	1	20
Total Income		<u>6,241</u>	<u>18,940</u>	<u>25,181</u>	<u>11,379</u>
Expenditure On:					
Charitable activities	6	9,118	15,930	25,048	15,666
Total Expenditure		<u>9,118</u>	<u>15,930</u>	<u>25,048</u>	<u>15,666</u>
Net income		(2,877)	3,010	133	(4,287)
Gross transfers between funds	16	-	-	-	-
Net movement in funds		<u>(2,877)</u>	<u>3,010</u>	<u>133</u>	<u>(4,287)</u>
Total funds brought forward		20,647	8,954	29,601	33,888
Total funds carried forward	16	<u>17,770</u>	<u>11,964</u>	<u>29,734</u>	<u>29,601</u>

All of the activities of the charity are classed as continuing

The notes on pages 9 to 15 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

Details of the allocation of 2020 total funds between unrestricted and restricted are shown in note 18

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

BALANCE SHEET

YEAR ENDED 31 AUGUST 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible fixed assets	15	43	62
Current assets			
Debtors	12	-	100
Cash at bank and in hand		30,434	35,109
<i>Total current assets</i>		<u>30,434</u>	<u>35,209</u>
Creditors : Amounts falling due within one year	13	(743)	(5,670)
<i>Net current assets or liabilities</i>		<u>29,691</u>	<u>29,539</u>
Total net assets or liabilities		<u><u>29,734</u></u>	<u><u>29,601</u></u>
The Funds of the Charity	16		
Restricted funds		11,964	8,954
Unrestricted funds		17,770	20,647
		<u>29,734</u>	<u>29,601</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.


Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

These financial statements were approved by the trustees and are signed on their behalf by:



Dr Thomas Camps - Director

Date: 01.05.22

The notes on pages 9 to 15 form part of these financial statements

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

1 Basis of Preparation

- a) These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued on 16 July 2014), as amended by Update Bulletin 2 published in October 2018, effective for accounting periods beginning on or after 1 January 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

- b) The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.
- c) The charity meets the definition of a public benefit entity as defined by FRS 102.

2 Accounting Policies

- a) Income from donations is included in income when these are receivable, except as follows:

i) When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods.

ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

- b) Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

- c) Expenditure is allocated where the costs relate directly to that activity. Support costs have been allocated on the basis of the resources used on the particular activity.

- d) Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:
Equipment - 25% reducing balance basis

- e) Unrestricted funds are available to spend on activities that further any of the purposes of the charitable company. Designated funds are unrestricted funds of the charitable company which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charitable company's work or for specific projects being undertaken by the charitable company.

- f) The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

Income and Endowments From:

3 Donations and Legacies

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Friends of ACPS and other donations	615	-	615	744
Grants	-	18,940	18,940	4,000
	<u>615</u>	<u>18,940</u>	<u>19,555</u>	<u>4,744</u>

Donations and legacies - prior year

	Unrestricted Funds	Restricted Funds	Total Funds 2020
	£	£	£
Friends of ACPS and other donations	744	-	744
Grants	-	4,000	4,000
	<u>744</u>	<u>4,000</u>	<u>4,744</u>

4 Charitable Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Members subscriptions	2,309	-	2,309	2,820
Rent of consulting rooms - members	2,260	-	2,260	3,218
Rent of consulting rooms - non members	301	-	301	293
Referral fees	755	-	755	209
Miscellaneous	-	-	-	75
	<u>5,625</u>	<u>-</u>	<u>5,625</u>	<u>6,615</u>

Charitable Activities - prior year

	<u>6,615</u>	<u>-</u>	<u>6,142</u>
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5 Investment Income

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Interest received	1	-	1	20
	<u>1</u>	<u>-</u>	<u>1</u>	<u>20</u>

Investment Income - prior year

	<u>20</u>	<u>-</u>	<u>20</u>
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AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

Expenditure on:

6 Charitable Activities - direct costs

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Patient treatment:				
Sessions	-	2,700	2,700	3,093
Therapist's assessments	-	7,860	7,860	1,536
Professional insurance	286	-	286	-
Advertising and website	187	203	390	174
Support costs (note 7)	8,645	5,167	13,812	10,863
Total support costs	9,118	15,930	25,048	15,666
Patient treatment:				
Sessions	-	3,093	3,093	
Therapist's assessments	-	1,536	1,536	
Advertising and website	174	-	174	
Support costs (note 7)	9,944	919	10,863	
Direct costs - prior year	10,118	5,548	15,666	

Patient treatment represents fees paid to therapists to subsidise their sessions with patients who are unable to pay in full their treatment together with costs directly associated with treatment and related support costs.

7 Charitable Activities - support costs

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Office and professional support fees	3,108	3,612	6,720	8,260
Sub-total	3,108	3,612	6,720	8,260
Premises expenses				
Maintenance and repairs	1,386	-	1,386	-
Insurance	-	-	-	335
Sub-total	1,386	-	1,386	335
Office costs:				
Office supplies	261	-	261	175
Telephone and internet	494	-	494	498
Sundry	49	1,555	1,604	919
Sub-total	804	1,555	2,359	1,592
Other expenses:				
Accountancy	593	-	593	650
Legal and professional fees	2,735	-	2,735	-
Depreciation	19	-	19	26
	3,347	-	3,347	676
Total expenditure	8,645	5,167	13,812	10,863

Continued...

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

Support costs - prior year

	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2020 £</i>
<i>Office and professional support fees</i>	8,260	-	8,260
Sub-total	<u>8,260</u>	<u>-</u>	<u>8,260</u>
Premises expenses			
<i>Insurance</i>	335	-	335
Sub-total	<u>335</u>	<u>-</u>	<u>335</u>
Office costs:			
<i>Office supplies</i>	175	-	175
<i>Telephone and internet</i>	498	-	498
<i>Sundry</i>	-	919	919
Sub-total	<u>673</u>	<u>919</u>	<u>1,592</u>
Other expenses:			
<i>Accountancy</i>	650	-	650
<i>Depreciation</i>	26	-	26
	<u>676</u>	<u>-</u>	<u>676</u>
	<u>9,944</u>	<u>919</u>	<u>10,863</u>

8 Net incoming resources for the year

This is stated after charging:

	2021	2020
	£	£
Depreciation of fixed assets	19	26
Independent Examiner's Fees	593	515
	<u>612</u>	<u>541</u>

9 Related party transactions

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil) neither were they reimbursed expenses during the year (2020: £nil). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

There were no other related party transactions during the year.

10 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

11 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

12 Debtors

	2021	2020
	£	£
Other debtors	-	100
	<u>-</u>	<u>100</u>

13 Creditors

	2021	2020
	£	£
Trade creditors	-	115
Accruals	593	615
Deferred income (see note 14)	150	4,940
	<u>743</u>	<u>5,670</u>

14 Deferred Income

	2021	2020
	£	£
At 1 Sept 2020	4,940	-
Deferred during the year	150	4,940
Released during the year	<u>(4,940)</u>	<u>-</u>
At 31 August 2021	<u>150</u>	<u>4,940</u>

The 2021 deferred income relates to 2022 membership fees.

The 2020 deferred income was a grant for 2021 sessions and assessments.

15 Tangible fixed assets

	Equipment	Total
	£	£
Cost		
At 1 September 2020	4,635	4,635
At 31 August 2021	<u>4,635</u>	<u>4,635</u>
Depreciation		
At 1 September 2020	4,573	4,573
Charge for the year	19	19
At 31 August 2021	<u>4,592</u>	<u>4,592</u>
Net book value		
At 31 August 2021	<u>43</u>	<u>43</u>
At 31 August 2020	<u>62</u>	<u>62</u>

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

16 Movement in funds	At 01-Sep 2020 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Aug 2021 £
Restricted funds					
Treatment Fund	8,954	-	(2,700)	-	6,254
Lark Trust	-	4,000	-	-	4,000
Big Lottery	-	10,000	(10,000)	-	-
Quartet Community	-	4,940	(3,230)	-	1,710
	<u>8,954</u>	<u>18,940</u>	<u>(15,930)</u>	<u>-</u>	<u>11,964</u>
General funds	<u>20,647</u>	<u>6,241</u>	<u>(9,118)</u>	<u>-</u>	<u>17,770</u>
Total funds	<u>29,601</u>	<u>25,181</u>	<u>(25,048)</u>	<u>-</u>	<u>29,734</u>

Purpose of restricted funds

Treatment fund

The restricted funds are exclusively to subsidise the provision of therapy in accordance with our charitable aims to make therapy available to those in psychological or emotional distress who otherwise could not afford it because of low income in the Bristol and surrounding region

Lark Trust

For treatment subsidies

Big Lottery

Covid-19 Mental Health Support for Vulnerable People

Quartet Community

Grant from Quartet pays for 8 Free sessions plus assessment for up to 13 clients. This will fund a new initiative for time-limited professional counselling and psychotherapy at no cost to people seriously affected by the Covid-19 crisis who could not otherwise access a professional service."

17 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Tangible fixed assets	43	-	43
Current assets	18,470	11,964	30,434
Current liabilities	(743)	-	(743)
	<u>17,770</u>	<u>11,964</u>	<u>29,734</u>

AVON COUNSELLING AND PSYCHOTHERAPY SERVICE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 AUGUST 2021

18 Analysis of charitable funds - previous year, as required by paragraph 4.2. of the SORP

	Unrestricted Funds	Restricted Funds	Total Funds 2020
	£	£	£
Incoming and Endowments from:			
Donations and legacies	744	4,000	4,744
Charitable activities	6,615	-	6,615
Investments	20	-	20
Total income	<u>7,379</u>	<u>4,000</u>	<u>11,379</u>
Expenditure On:			
Charitable activities	10,118	5,548	15,666
Total expenditure	<u>10,118</u>	<u>5,548</u>	<u>15,666</u>
Net movement in funds	(2,739)	(1,548)	(4,287)
Transfer between funds	-	-	-
Total funds brought forward	23,386	10,502	33,888
Total funds carried forward	<u>20,647</u>	<u>8,954</u>	<u>29,601</u>