

WEST MIDLANDS INSTITUTE OF PSYCHOTHERAPY

England & Wales · Charity number 1031011

Details

Other names	WMIP
Status	Registered
Legal form	Charitable company
Company number	02883306
Registered	1994-01-04
Register	View on the Charity Commission register

Contact

Address Wmip
Office 2 Greswolde House
197B Station Road
Knowle
Solihull
B93 0PU

Phone 07903740512

Email admin@wmip.org

Website www.wmip.org

Activities

Objects: THE PROMOTION AND ADVANCEMENT OF THE STUDY OF AND RESEARCH INTO ALL MATTERS RELATING TO PSYCHOTHERAPY AND THE DISSEMINATION OF THE USEFUL RESULTS OF ANY SUCH STUDY AND RESEARCH FOR THE BENEFIT OF THE PUBLIC

Activities: We exist to improve understanding and provision of psychotherapy in our region. We offer two routes to qualification as a psychotherapist, as well as CPD events for professionals and outreach events for the public. WMIP also operates a referral service and an online directory of therapists. We also support our members to develop and maintain themselves in safe, effective and ethical practice.

Classification

- **How:** Provides Human Resources, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£77,286	£80,440	-	-
2024-07-31	£82,461	£85,475	-	-
2023-07-31	£69,503	£72,611	-	-
2022-07-31	£61,496	£70,916	-	-
2021-09-30	£80,306	£82,610	-	-
2020-09-30	£64,630	£71,587	-	-

Trustees

Name	Role	Appointed
Bryan Charles Arnott		2022-03-05
Diana Houlston		2017-06-02
Laura Jane Chaisty		2025-03-03
Shane Sneyd		2025-03-03

WEST MIDLANDS INSTITUTE OF PSYCHOTHERAPY

England & Wales - Charity number 1031011

Accounts

REGISTERED COMPANY NUMBER: 02883306 (England and Wales)
REGISTERED CHARITY NUMBER: 1031011

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2025
for
West Midlands Institute of Psychotherapy

West - Chartered Accountants
Suite K, Priest House
1624 High Street
Knowle
Solihull
West Midlands
B93 0JU

Contents of the Financial Statements
for the Year Ended 31st July 2025

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West Midlands Institute of Psychotherapy

Report of the Trustees **for the Year Ended 31st July 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity exists to improve understanding and provision of psychotherapy in the West Midlands. The Charity offers two routes to qualification as a psychotherapist, as well as CPD events for professionals and outreach events for the public. WMIP also operates a referral service and an online directory of therapists and also support members to develop and maintain themselves in safe, effective and ethical practice.

Significant activities

The West Midlands Institute of Psychotherapy (WMIP) is a group of professionally trained psychotherapists offering psychotherapy to the community of the West Midlands and beyond.

We can help with a broad range of mental health and emotional difficulties, we offer:

- Referral service
- Individual psychotherapy
- Clinical Supervision

We support continuing professional development through a variety of events and networking groups:

- CPD events
- Members groups include - analytic film group, reading groups, seminar group

The Institute offers:

- a training for Analytical Psychotherapists
- a collaboration with the Birmingham Trust of Psychoanalytic Psychotherapy (BTPP) to offer a modified training for Child and Adolescent Psychotherapists to train as Adult Psychotherapists
- Infant Observation

WMIP used to train Psychoanalytic Psychotherapists and many of our members are graduates of that training.

Public benefit

In preparing this report, the Board of Trustees has had due regard to the Charity Commission's guidance on public benefit. This sets out the acceptable charitable purposes which allow an organisation to claim charitable status. The Trustees consider that the aims and activities of WMIP meet these requirements under the following headings:

- a) The advancement of education: by promoting, sustaining and increasing individual and collective knowledge and understanding of theory, skills and expertise through specialist psychotherapy training.
- b) The advancement of health or the saving of lives: by improving access to psychotherapy, including some low-fee referrals and by upholding proper standards of practice through training, accreditation, CPD and the work of our ethics committee.

The individual work of many of our members in delivering services to vulnerable and disadvantaged groups such as refugees, victims of domestic and sexual abuse, infants and their primary carers, those struggling with addictions etc. is a further way in which WMIP adds value to society by supporting front-line workers.

ACHIEVEMENT AND PERFORMANCE

WMIP has continued to improve systems and to improve communication.

West Midlands Institute of Psychotherapy

Report of the Trustees for the Year Ended 31st July 2025

FINANCIAL REVIEW

Financial position

The accounts have been prepared for two separate cost centres:

- Analytical Psychotherapy Training (APT)
- WMIP Central

These two sets of accounts are then combined before the consolidated accounts are submitted to Companies House and also to the Charity Commission.

The two trainings, the WMIP administrator and our accountants, West-Chartered Accountants, have all helped us in this process.

Because of our size as a charity these accounts are not subject to "audit" but West-Chartered Accountants do act as "independent examiners".

The accounts show the following:

Account	Income	Expenditure	Profit/(-Loss)	Net Assets at end of period
APT	£44,862	£47,208	£-2,346	£15,474
Central	£32,424	£33,232	£-808	£17,165
Consolidated 2024-25	£77,286	£80,440	£-3,154	£32,639
Consolidated 2023-24	£82,461	£85,475	£-3,014	£35,793

The net result in 2024-25 was that WMIP as a whole made a loss of £3,154.

The loss has increased by £140 year on year.

Membership numbers are currently 101 with revenues at £27,027 for the year.

Committee costs of £45,944 are £1,272 less than those incurred last year.

Net assets at the year end are £32,639 decreased by the loss of £ 3,154 incurred.

This level of net assets is sufficient to fund the activities of the institute at present. However, it is necessary to work to break even during each financial period.

Members subscriptions

Grade	Current rate
Professional	£490
Clinical Associate	£250
Student	£183
Affiliate	£95
Retired Honorary	£nil

Bryan Arnott
WMIP Treasurer

Reserves policy

The trustees consider that the level of reserves at present is sufficient to fund the activities of the Charity and work hard towards achieving break even during each financial period.

West Midlands Institute of Psychotherapy

Report of the Trustees
for the Year Ended 31st July 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The trustees have the power at any time to appoint any person to be a trustee, either to fill a casual vacancy or as an addition to the existing trustees. Any trustee so appointed shall hold office only until the following AGM and shall then be eligible for re-election.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02883306 (England and Wales)

Registered Charity number

1031011

Registered office

Suite K, Priest House
1624 High Street
Knowle
Solihull
West Midlands
B93 0JU

Trustees

Diana Jill Houlston
Bryan Charles Arnott
Pauline Higham (resigned 9/6/2025)
Phillip Edward Saleh (resigned 15/7/2025)
Shane Sneyd (appointed 3/3/2025)
Ms Laura Jane Chaisty (appointed 3/3/2025)

Independent Examiner

Susan West FCA
West - Chartered Accountants
Suite K, Priest House
1624 High Street
Knowle
Solihull
West Midlands
B93 0JU

Administration

Jools Rogers (appointed August 2020)
66 Smirrells Road
Hall Green
Birmingham B28 0LB

Approved by order of the board of trustees on and signed on its behalf by:

.....
Bryan Charles Arnott - Trustee

**Independent Examiner's Report to the Trustees of
West Midlands Institute of Psychotherapy**

Independent examiner's report to the trustees of West Midlands Institute of Psychotherapy ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Susan West FCA

West - Chartered Accountants
Suite K, Priest House
1624 High Street
Knowle
Solihull
West Midlands
B93 0JU

Date:

West Midlands Institute of Psychotherapy

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31st July 2025

	Notes	2025 Unrestricted funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	2	<u>77,286</u>	<u>82,461</u>
EXPENDITURE ON			
Raising funds		32,340	36,247
Other		<u>48,100</u>	<u>49,228</u>
Total		<u>80,440</u>	<u>85,475</u>
NET INCOME/(EXPENDITURE)		(3,154)	(3,014)
RECONCILIATION OF FUNDS			
Total funds brought forward		35,793	38,807
TOTAL FUNDS CARRIED FORWARD		<u><u>32,639</u></u>	<u><u>35,793</u></u>

West Midlands Institute of Psychotherapy

Balance Sheet

31st July 2025

	Notes	2025 Unrestricted funds £	2024 Total funds £
CURRENT ASSETS			
Debtors	6	3,624	3,181
Cash at bank		40,796	41,234
		<u>44,420</u>	<u>44,415</u>
CREDITORS			
Amounts falling due within one year	7	(11,781)	(8,622)
		<u>32,639</u>	<u>35,793</u>
NET CURRENT ASSETS			
		<u>32,639</u>	<u>35,793</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>32,639</u>	<u>35,793</u>
NET ASSETS		<u>32,639</u>	<u>35,793</u>
FUNDS	8		
Unrestricted funds		32,639	35,793
TOTAL FUNDS		<u>32,639</u>	<u>35,793</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
Bryan Charles Arnott - Trustee

Notes to the Financial Statements
for the Year Ended 31st July 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors and creditors

Debtors receivable within one year and creditors payable within one year are recorded at transaction value.

2. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Members subscriptions	27,027	25,804
Training & course fees	50,259	56,657
	<u>77,286</u>	<u>82,461</u>

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2025**

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2025 nor for the year ended 31st July 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2025 nor for the year ended 31st July 2024.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Other trading activities	82,461
EXPENDITURE ON	
Raising funds	36,247
Other	49,228
Total	<u>85,475</u>
NET INCOME/(EXPENDITURE)	(3,014)
RECONCILIATION OF FUNDS	
Total funds brought forward	38,807
TOTAL FUNDS CARRIED FORWARD	<u><u>35,793</u></u>

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1st August 2024 and 31st July 2025	<u>1,003</u>
DEPRECIATION	
At 1st August 2024 and 31st July 2025	<u>1,003</u>
NET BOOK VALUE	
At 31st July 2025	<u><u>-</u></u>
At 31st July 2024	<u><u>-</u></u>

West Midlands Institute of Psychotherapy

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2025**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Prepayments	3,624	3,181

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Social security and other taxes	2,000	-
Other creditors	5,433	4,958
Accruals and deferred income	4,348	3,664
	11,781	8,622

8. MOVEMENT IN FUNDS

	At 1.8.24	Net movement in funds	At 31.7.25
	£	£	£
Unrestricted funds			
General fund	35,793	(3,154)	32,639
TOTAL FUNDS	35,793	(3,154)	32,639

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	77,286	(80,440)	(3,154)
TOTAL FUNDS	77,286	(80,440)	(3,154)

Comparatives for movement in funds

	At 1.8.23	Net movement in funds	At 31.7.24
	£	£	£
Unrestricted funds			
General fund	38,807	(3,014)	35,793
TOTAL FUNDS	38,807	(3,014)	35,793

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2025**

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	82,461	(85,475)	(3,014)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>82,461</u>	<u>(85,475)</u>	<u>(3,014)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.23 £	Net movement in funds £	At 31.7.25 £
Unrestricted funds			
General fund	38,807	(6,168)	32,639
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>38,807</u>	<u>(6,168)</u>	<u>32,639</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	159,747	(165,915)	(6,168)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>159,747</u>	<u>(165,915)</u>	<u>(6,168)</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2025.

West Midlands Institute of Psychotherapy

Detailed Statement of Financial Activities
for the Year Ended 31st July 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Other trading activities		
Members subscriptions	27,027	25,804
Training & course fees	<u>50,259</u>	<u>56,657</u>
	<u>77,286</u>	<u>82,461</u>
Total incoming resources	77,286	82,461
EXPENDITURE		
Other trading activities		
Venue costs	10,335	7,020
BJP/IJP	83	271
Training, course fees & expenses	18,945	26,569
UKCP expenses	1,000	653
BPCC member fees	<u>1,977</u>	<u>1,734</u>
	<u>32,340</u>	<u>36,247</u>
Support costs		
Management		
Insurance	1,126	981
Committee & administration	<u>45,944</u>	<u>47,216</u>
	<u>47,070</u>	<u>48,197</u>
Governance costs		
Independent examination	<u>1,030</u>	<u>1,031</u>
Total resources expended	80,440	85,475
Net expenditure	<u>(3,154)</u>	<u>(3,014)</u>

This page does not form part of the statutory financial statements

WEST MIDLANDS INSTITUTE OF PSYCHOTHERAPY

England & Wales - Charity number 1031011

Accounts

REGISTERED COMPANY NUMBER: 02883306 (England and Wales)
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West Midlands Institute of Psychotherapy

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We can help with a broad range of mental health and emotional difficulties, we offer:

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ACHIEVEMENT AND PERFORMANCE

WMIP has continued to improve systems and to improve communication.

West Midlands Institute of Psychotherapy

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FINANCIAL REVIEW

Financial position

The accounts have been prepared for two separate cost centres:

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Because of our size as a charity these accounts are not subject to "audit" but West-Chartered Accountants do act as "independent examiners".

The accounts show the following:

Account	Income	Expenditure	Profit/(-Loss)	Net Assets at end of period
APT	£49,566	£49,278	£288	£17,820
Central	£32,895	£36,197	£-3,302	£17,973
Consolidated 2023-24	£82,461	£85,475	£-3,014	£35,793
Consolidated 2022-23	£69,503	£72,611	£-3,108	£38,807

The net result in 2023-24 was that WMIP as a whole made a loss of £3,014.

The loss has reduced by £94 year on year.

Membership numbers are currently 101 with revenues at £25,804 for the year.

Committee costs of £47,216 are above those incurred over the previous 2 years.

Net assets at the year end are £35,793 decreased by the loss of £ 3,014 incurred.

This level of net assets is sufficient to fund the activities of the institute at present. However, it is necessary to work to break even during each financial period.

Members subscriptions

Grade	Current rate
Professional	£473
Clinical Associate	£242
Student	£177
Affiliate	£102
Retired Honorary	£nil

Bryan Arnott
WMIP Treasurer

Reserves policy

The trustees consider that the level of reserves at present is sufficient to fund the activities of the Charity and work hard towards achieving break even during each financial period.

West Midlands Institute of Psychotherapy

Report of the Trustees
for the Year Ended 31st July 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

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Registered Charity number

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Trustees

Diana Jill Houlston
Bryan Charles Arnott
Pauline Higham
Phillip Edward Saleh

Independent Examiner

Susan West FCA
West - Chartered Accountants
Suite K, Priest House
1624 High Street
Knowle
Solihull
West Midlands
B93 0JU

Administration

Jools Rogers (appointed August 2020)
66 Smirrells Road
Hall Green
Birmingham B28 0LB

Approved by order of the board of trustees on20.2.2025..... and signed on its behalf by:

Bryan Charles Arnott

.....
Bryan Charles Arnott - Trustee

**Independent Examiner's Report to the Trustees of
West Midlands Institute of Psychotherapy**

Independent examiner's report to the trustees of West Midlands Institute of Psychotherapy ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2024.

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Independent examiner's statement

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1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
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4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Susan West FCA

West - Chartered Accountants
Suite K, Priest House
1624 High Street
Knowle
Solihull
West Midlands
B93 0JU

Date:

West Midlands Institute of Psychotherapy

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31st July 2024

	Notes	2024 Unrestricted funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	2	82,461	69,503
EXPENDITURE ON			
Raising funds		36,247	28,403
Other		49,228	44,208
Total		85,475	72,611
NET INCOME/(EXPENDITURE)		(3,014)	(3,108)
RECONCILIATION OF FUNDS			
Total funds brought forward		38,807	41,915
TOTAL FUNDS CARRIED FORWARD		35,793	38,807

West Midlands Institute of Psychotherapy

Balance Sheet

31st July 2024

	Notes	2024 Unrestricted funds £	2023 Total funds £
CURRENT ASSETS			
Debtors	6	3,181	2,969
Cash at bank		41,234	45,710
		<u>44,415</u>	<u>48,679</u>
CREDITORS			
Amounts falling due within one year	7	(8,622)	(9,872)
		<u>35,793</u>	<u>38,807</u>
NET CURRENT ASSETS			
		<u>35,793</u>	<u>38,807</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>35,793</u>	<u>38,807</u>
NET ASSETS		<u>35,793</u>	<u>38,807</u>
FUNDS	8		
Unrestricted funds		<u>35,793</u>	<u>38,807</u>
TOTAL FUNDS		<u>35,793</u>	<u>38,807</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on20:2:2025..... and were signed on its behalf by:

.....*Bryan Charles Arnott*.....
Bryan Charles Arnott - Trustee

**Notes to the Financial Statements
for the Year Ended 31st July 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors and creditors

Debtors receivable within one year and creditors payable within one year are recorded at transaction value.

2. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Members subscriptions	25,804	27,807
Training & course fees	56,657	41,696
	82,461	69,503

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2024**

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2024 nor for the year ended 31st July 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2024 nor for the year ended 31st July 2023.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Other trading activities	69,503
EXPENDITURE ON	
Raising funds	28,403
Other	44,208
Total	<u>72,611</u>
NET INCOME/(EXPENDITURE)	(3,108)
RECONCILIATION OF FUNDS	
Total funds brought forward	41,915
TOTAL FUNDS CARRIED FORWARD	<u><u>38,807</u></u>

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1st August 2023 and 31st July 2024	<u>1,003</u>
DEPRECIATION	
At 1st August 2023 and 31st July 2024	<u>1,003</u>
NET BOOK VALUE	
At 31st July 2024	<u><u>-</u></u>
At 31st July 2023	<u><u>-</u></u>

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2024**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Prepayments	3,181	2,969

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Other creditors	4,958	4,820
Accruals and deferred income	3,664	5,052
	8,622	9,872

8. MOVEMENT IN FUNDS

	At 1.8.23	Net movement in funds	At 31.7.24
	£	£	£
Unrestricted funds			
General fund	38,807	(3,014)	35,793
TOTAL FUNDS	38,807	(3,014)	35,793

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	82,461	(85,475)	(3,014)
TOTAL FUNDS	82,461	(85,475)	(3,014)

Comparatives for movement in funds

	At 1.8.22	Net movement in funds	At 31.7.23
	£	£	£
Unrestricted funds			
General fund	41,915	(3,108)	38,807
TOTAL FUNDS	41,915	(3,108)	38,807

**Notes to the Financial Statements - continued
for the Year Ended 31st July 2024**

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	69,503	(72,611)	(3,108)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>69,503</u>	<u>(72,611)</u>	<u>(3,108)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.8.22 £	Net movement in funds £	At 31.7.24 £
Unrestricted funds			
General fund	41,915	(6,122)	35,793
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>41,915</u>	<u>(6,122)</u>	<u>35,793</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	151,964	(158,086)	(6,122)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>151,964</u>	<u>(158,086)</u>	<u>(6,122)</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2024.

West Midlands Institute of Psychotherapy

Detailed Statement of Financial Activities
for the Year Ended 31st July 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Other trading activities		
Members subscriptions	25,804	27,807
Training & course fees	56,657	41,696
	82,461	69,503
Total incoming resources	82,461	69,503
EXPENDITURE		
Other trading activities		
Venue costs	7,020	5,116
BJP/IJP	271	572
Members' subscriptions	-	750
Training, course fees & expenses	26,569	20,493
UKCP expenses	653	566
BPCC member fees	1,734	906
	36,247	28,403
Support costs		
Management		
Insurance	981	641
Office costs	-	500
Committee & administration	47,216	42,072
	48,197	43,213
Governance costs		
Independent examination	1,031	995
Total resources expended	85,475	72,611
Net expenditure	(3,014)	(3,108)

This page does not form part of the statutory financial statements

WEST MIDLANDS INSTITUTE OF PSYCHOTHERAPY

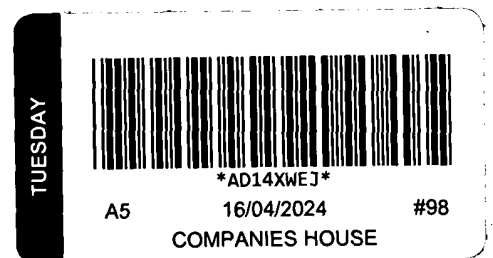
England & Wales - Charity number 1031011

Accounts

REGISTERED COMPANY NUMBER: 02883306 (England and Wales)
REGISTERED CHARITY NUMBER: 1031011

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st July 2023
for
West Midlands Institute of Psychotherapy

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU



West Midlands Institute of Psychotherapy

**Contents of the Financial Statements
for the Year Ended 31st July 2023**

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West Midlands Institute of Psychotherapy

Report of the Trustees for the Year Ended 31st July 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st July 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity exists to improve understanding and provision of psychotherapy in the West Midlands. The Charity offers two routes to qualification as a psychotherapist, as well as CPD events for professionals and outreach events for the public. WMIP also operates a referral service and an online directory of therapists and also support members to develop and maintain themselves in safe, effective and ethical practice.

Significant activities

The West Midlands Institute of Psychotherapy (WMIP) is a group of professionally trained psychotherapists offering psychotherapy to the community of the West Midlands and beyond.

We can help with a broad range of mental health and emotional difficulties, we offer:

- Referral service
- Individual psychotherapy
- Clinical Supervision

We support continuing professional development through a variety of events and networking groups:

- CPD events
- Members groups include - analytic film group, reading groups, seminar group

The Institute offers:

- a training for Analytical Psychotherapists
- a collaboration with the Birmingham Trust of Psychoanalytic Psychotherapy (BTPP) to offer a modified training for Child and Adolescent Psychotherapists to train as Adult Psychotherapists
- Infant Observation

WMIP used to train Psychoanalytic Psychotherapists and many of our members are graduates of that training.

Public benefit

In preparing this report, the Board of Trustees has had due regard to the Charity Commission's guidance on public benefit. This sets out the acceptable charitable purposes which allow an organisation to claim charitable status. The Trustees consider that the aims and activities of WMIP meet these requirements under the following headings:

- a) The advancement of education: by promoting, sustaining and increasing individual and collective knowledge and understanding of theory, skills and expertise through specialist psychotherapy training.
- b) The advancement of health or the saving of lives: by improving access to psychotherapy, including some low-fee referrals and by upholding proper standards of practice through training, accreditation, CPD and the work of our ethics committee.

The individual work of many of our members in delivering services to vulnerable and disadvantaged groups such as refugees, victims of domestic and sexual abuse, infants and their primary carers, those struggling with addictions etc. is a further way in which WMIP adds value to society by supporting front-line workers.

ACHIEVEMENT AND PERFORMANCE

WMIP has continued to improve systems and to improve communication.

West Midlands Institute of Psychotherapy

Report of the Trustees for the Year Ended 31st July 2023

FINANCIAL REVIEW

Financial position

The accounts have been prepared for two separate cost centres:

- Analytical Psychotherapy Training (APT)
- WMIP Central

These two sets of accounts are then combined before the consolidated accounts are submitted to Companies House and also to the Charity Commission.

The two trainings, the WMIP administrator and our accountants, West-Chartered Accountants, have all helped us in this process.

Because of our size as a charity these accounts are not subject to "audit" but West-Chartered Accountants do act as "independent examiners".

The accounts show the following:

Account	Income	Expenditure	Profit/(-Loss)	Net Assets at end of period
APT	£35,518	£37,113	£-1,595	£17,532
Central	£33,985	£35,498	£-1,513	£21,275
Consolidated 2022-23	£69,503	£72,611	£-3,108	£38,807
Consolidated 2021-22	£64,371	£73,791	£-9,420	£41,915

The net result in 2022-23 was that WMIP as a whole made a loss of £3108.

The loss has reduced by £6,312 year on year.

Membership numbers are currently 96 with revenues at £27,807 for the year.

Committee costs of £42,702 are slightly above those incurred over the previous 2 years.

Net assets at the year end are £38,807 decreased by the loss of £ 3,108 incurred.

This level of net assets is sufficient to fund the activities of the institute at present. However, it is necessary to work to break even during each financial period.

Members subscriptions

Grade	Current rate	From October 2024
Professional	£440	£473
Clinical Associate	£225	£242
Student	£165	£177
Affiliate	£95	£102
Retired Honorary	£nil	£nil

Bryan Arnott
WMIP Treasurer

Reserves policy

The trustees consider that the level of reserves at present is sufficient to fund the activities of the Charity and work hard towards achieving break even during each financial period.

West Midlands Institute of Psychotherapy

Report of the Trustees
for the Year Ended 31st July 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The trustees have the power at any time to appoint any person to be a trustee, either to fill a casual vacancy or as an addition to the existing trustees. Any trustee so appointed shall hold office only until the following AGM and shall then be eligible for re-election.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02883306 (England and Wales)

Registered Charity number

1031011

Registered office

Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Trustees

Diana Jill Houlston
Niall Aidan John Martin (resigned 18/3/2023)
Reverend Mary Kent (resigned 18/3/2023)
Bryan Charles Arnott
Pauline Higham
Phillip Edward Saleh (appointed 1/6/2023)

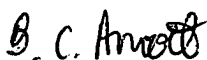
Independent Examiner

Susan West FCA
West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Administration

Jools Rogers (appointed August 2020)
66 Smirrells Road
Hall Green
Birmingham B28 0LB

Approved by order of the board of trustees on 20th March 2024 and signed on its behalf by:



Bryan Charles Arnott - Trustee

**Independent Examiner's Report to the Trustees of
West Midlands Institute of Psychotherapy**

Independent examiner's report to the trustees of West Midlands Institute of Psychotherapy ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st July 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Susan West FCA

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

20th March 2024

West Midlands Institute of Psychotherapy

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31st July 2023

	Notes	Year Ended 31.7.23 Unrestricted funds £	Period 1.10.21 to 31.7.22 Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	2	<u>69,503</u>	<u>61,496</u>
EXPENDITURE ON			
Raising funds		28,403	28,046
Other		<u>44,208</u>	<u>42,870</u>
Total		<u>72,611</u>	<u>70,916</u>
NET INCOME/(EXPENDITURE)		(3,108)	(9,420)
RECONCILIATION OF FUNDS			
Total funds brought forward		41,915	51,335
TOTAL FUNDS CARRIED FORWARD		<u><u>38,807</u></u>	<u><u>41,915</u></u>

The notes form part of these financial statements

West Midlands Institute of Psychotherapy

Balance Sheet
31st July 2023

	Notes	2023 Unrestricted funds £	2022 Total funds £
CURRENT ASSETS			
Debtors	6	2,969	-
Cash at bank		45,710	47,906
		<u>48,679</u>	<u>47,906</u>
CREDITORS			
Amounts falling due within one year	7	(9,872)	(5,560)
		<u>38,807</u>	<u>42,346</u>
NET CURRENT ASSETS			
		<u>38,807</u>	<u>42,346</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>38,807</u>	<u>42,346</u>
CREDITORS			
Amounts falling due after more than one year	8	-	(431)
		<u>38,807</u>	<u>41,915</u>
NET ASSETS		<u>38,807</u>	<u>41,915</u>
FUNDS	9		
Unrestricted funds		38,807	41,915
TOTAL FUNDS		<u>38,807</u>	<u>41,915</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st July 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st July 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20th March 2024 and were signed on its behalf by:

B. C. Arnott

Bryan Charles Arnott - Trustee

The notes form part of these financial statements

West Midlands Institute of Psychotherapy

Notes to the Financial Statements
for the Year Ended 31st July 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors and creditors

Debtors receivable within one year and creditors payable within one year are recorded at transaction value.

2. OTHER TRADING ACTIVITIES

	Year Ended	Period
	31.7.23	1.10.21
	£	to
		31.7.22
		£
Members subscriptions	27,807	22,880
Training & course fees	41,696	38,616
	<u>69,503</u>	<u>61,496</u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Year Ended 31st July 2023

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st July 2023 nor for the period ended 31st July 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st July 2023 nor for the period ended 31st July 2022.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Other trading activities	61,496
EXPENDITURE ON	
Raising funds	28,046
Other	42,870
Total	<u>70,916</u>
NET INCOME/(EXPENDITURE)	(9,420)
RECONCILIATION OF FUNDS	
Total funds brought forward	51,335
TOTAL FUNDS CARRIED FORWARD	<u><u>41,915</u></u>

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1st August 2022 and 31st July 2023	<u>1,003</u>
DEPRECIATION	
At 1st August 2022 and 31st July 2023	<u>1,003</u>
NET BOOK VALUE	
At 31st July 2023	<u><u>-</u></u>
At 31st July 2022	<u><u>-</u></u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Year Ended 31st July 2023

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2023	2022
		£	£
Prepayments		<u>2,969</u>	<u>-</u>
7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2023	2022
		£	£
Other creditors		4,820	5,560
Accruals and deferred income		<u>5,052</u>	<u>-</u>
		<u>9,872</u>	<u>5,560</u>
8. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR		2023	2022
		£	£
Accruals and deferred income		<u>-</u>	<u>431</u>
9. MOVEMENT IN FUNDS			
		Net	At
	At 1.8.22	movement	31.7.23
	£	in funds	£
Unrestricted funds		£	
General fund	41,915	(3,108)	38,807
	<u>41,915</u>	<u>(3,108)</u>	<u>38,807</u>
TOTAL FUNDS	<u>41,915</u>	<u>(3,108)</u>	<u>38,807</u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	69,503	(72,611)	(3,108)
	<u>69,503</u>	<u>(72,611)</u>	<u>(3,108)</u>
TOTAL FUNDS	<u>69,503</u>	<u>(72,611)</u>	<u>(3,108)</u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Year Ended 31st July 2023

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.10.21 £	Net movement in funds £	At 31.7.22 £
Unrestricted funds			
General fund	51,175	(9,260)	41,915
Bursary Fund	160	(160)	-
	<u>51,335</u>	<u>(9,420)</u>	<u>41,915</u>
TOTAL FUNDS	<u><u>51,335</u></u>	<u><u>(9,420)</u></u>	<u><u>41,915</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,496	(70,756)	(9,260)
Bursary Fund	-	(160)	(160)
	<u>61,496</u>	<u>(70,916)</u>	<u>(9,420)</u>
TOTAL FUNDS	<u><u>61,496</u></u>	<u><u>(70,916)</u></u>	<u><u>(9,420)</u></u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st July 2023.

West Midlands Institute of Psychotherapy

Detailed Statement of Financial Activities
for the Year Ended 31st July 2023

	Year Ended 31.7.23 £	Period 1.10.21 to 31.7.22 £
INCOME AND ENDOWMENTS		
Other trading activities		
Members subscriptions	27,807	22,880
Training & course fees	41,696	38,616
	<u>69,503</u>	<u>61,496</u>
Total incoming resources	69,503	61,496
EXPENDITURE		
Other trading activities		
Venue costs	5,116	6,768
BJP/IJP	572	1,182
Members' subscriptions	750	210
Training, course fees & expenses	20,493	17,808
UKCP expenses	566	975
BPCC member fees	906	1,103
	<u>28,403</u>	<u>28,046</u>
Support costs		
Management		
Insurance	641	1,181
Office costs	500	500
Committee & administration	42,072	40,229
	<u>43,213</u>	<u>41,910</u>
Governance costs		
Independent examination	995	960
	<u>72,611</u>	<u>70,916</u>
Total resources expended	72,611	70,916
Net expenditure	<u>(3,108)</u>	<u>(9,420)</u>

This page does not form part of the statutory financial statements

WEST MIDLANDS INSTITUTE OF PSYCHOTHERAPY

England & Wales - Charity number 1031011

Accounts

REGISTERED COMPANY NUMBER: 02883306 (England and Wales)
REGISTERED CHARITY NUMBER: 1031011

Report of the Trustees and
Unaudited Financial Statements
for the Period 1st October 2021 to 31st July 2022
for
West Midlands Institute of Psychotherapy

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

**Contents of the Financial Statements
for the Period 1st October 2021 to 31st July 2022**

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West Midlands Institute of Psychotherapy

Report of the Trustees
for the Period 1st October 2021 to 31st July 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 1st October 2021 to 31st July 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02883306 (England and Wales)

Registered Charity number

1031011

Registered office

Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Trustees

Alan David Beadle (resigned 6/3/2022)
Diana Jill Houlston
Niall Aidan John Martin
Jinny Sumner (resigned 4/5/2022)
Reverend Mary Kent
Bryan Charles Arnott (appointed 5/3/2022)
Pauline Higham

Independent Examiner

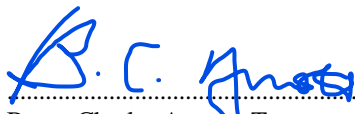
West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Administration

Jools Rogers (appointed August 2020)
66 Smirrells Road
Hall Green
Birmingham B28 0LB

March 2nd 2023

Approved by order of the board of trustees on and signed on its behalf by:


.....
Bryan Charles Arnott, Trustee

**Independent Examiner's Report to the Trustees of
West Midlands Institute of Psychotherapy**

Independent examiner's report to the trustees of West Midlands Institute of Psychotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period 1st October 2021 to 31st July 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Date:

West Midlands Institute of Psychotherapy

Statement of Financial Activities
for the Period 1st October 2021 to 31st July 2022

	Notes	Period 1.10.21 to 31.7.22 Unrestricted funds £	Year Ended 30.9.21 Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	2	61,496	78,093
Investment income	3	-	2,213
Total		<u>61,496</u>	<u>80,306</u>
EXPENDITURE ON			
Raising funds		28,206	31,508
Other		42,710	51,102
Total		<u>70,916</u>	<u>82,610</u>
NET INCOME/(EXPENDITURE)		(9,420)	(2,304)
RECONCILIATION OF FUNDS			
Total funds brought forward		51,335	53,639
TOTAL FUNDS CARRIED FORWARD		<u><u>41,915</u></u>	<u><u>51,335</u></u>

The notes form part of these financial statements

West Midlands Institute of Psychotherapy

Balance Sheet

31st July 2022

	Notes	2022 Unrestricted funds £	2021 Total funds £
CURRENT ASSETS			
Debtors	7	-	524
Cash at bank		47,906	60,681
		47,906	61,205
CREDITORS			
Amounts falling due within one year	8	(5,560)	(9,530)
NET CURRENT ASSETS		42,346	51,675
TOTAL ASSETS LESS CURRENT LIABILITIES		42,346	51,675
CREDITORS			
Amounts falling due after more than one year	9	(431)	(340)
NET ASSETS		41,915	51,335
FUNDS	10		
Unrestricted funds		41,915	51,335
TOTAL FUNDS		41,915	51,335

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31st July 2022.

The members have not required the company to obtain an audit of its financial statements for the period ended 31st July 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 2nd March 2023 and were signed on its behalf by:



.....
Bryan Charles Arnott - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Period 1st October 2021 to 31st July 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	Period 1.10.21 to 31.7.22 £	Year Ended 30.9.21 £
Members subscriptions	22,880	22,836
Training & course fees	38,616	55,257
	<u>61,496</u>	<u>78,093</u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Period 1st October 2021 to 31st July 2022

3. INVESTMENT INCOME

	Period 1.10.21 to 31.7.22 £	Year Ended 30.9.21 £
Income from cash investments	-	2,213

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31st July 2022 nor for the year ended 30th September 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31st July 2022 nor for the year ended 30th September 2021.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Other trading activities	78,093
Investment income	2,213
Total	<u>80,306</u>
EXPENDITURE ON	
Raising funds	31,508
Other	51,102
Total	<u>82,610</u>
NET INCOME/(EXPENDITURE)	(2,304)
RECONCILIATION OF FUNDS	
Total funds brought forward	53,639
TOTAL FUNDS CARRIED FORWARD	<u><u>51,335</u></u>

**Notes to the Financial Statements - continued
for the Period 1st October 2021 to 31st July 2022**

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1st October 2021 and 31st July 2022	1,003
DEPRECIATION	
At 1st October 2021 and 31st July 2022	1,003
NET BOOK VALUE	
At 31st July 2022	-
At 30th September 2021	-

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Prepayments and accrued income	-	524
	<u> </u>	<u> </u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other creditors	5,560	151
Accrued expenses	-	9,379
	<u> </u>	<u> </u>
	5,560	9,530
	<u> </u>	<u> </u>

9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022	2021
	£	£
Accruals and deferred income	431	340
	<u> </u>	<u> </u>

10. MOVEMENT IN FUNDS

	At 1.10.21 £	Net movement in funds £	At 31.7.22 £
Unrestricted funds			
General fund	51,175	(9,260)	41,915
Bursary Fund	160	(160)	-
	<u> </u>	<u> </u>	<u> </u>
	51,335	(9,420)	41,915
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	51,335	(9,420)	41,915
	<u> </u>	<u> </u>	<u> </u>

**Notes to the Financial Statements - continued
for the Period 1st October 2021 to 31st July 2022**

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,496	(70,756)	(9,260)
Bursary Fund	-	(160)	(160)
	<u>61,496</u>	<u>(70,916)</u>	<u>(9,420)</u>
TOTAL FUNDS	<u>61,496</u>	<u>(70,916)</u>	<u>(9,420)</u>

Comparatives for movement in funds

	At 1.10.20 £	Net movement in funds £	At 30.9.21 £
Unrestricted funds			
General fund	53,479	(2,304)	51,175
Bursary Fund	160	-	160
	<u>53,639</u>	<u>(2,304)</u>	<u>51,335</u>
TOTAL FUNDS	<u>53,639</u>	<u>(2,304)</u>	<u>51,335</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	80,306	(82,610)	(2,304)
	<u>80,306</u>	<u>(82,610)</u>	<u>(2,304)</u>
TOTAL FUNDS	<u>80,306</u>	<u>(82,610)</u>	<u>(2,304)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31st July 2022.

West Midlands Institute of Psychotherapy

Detailed Statement of Financial Activities
for the Period 1st October 2021 to 31st July 2022

	Period 1.10.21 to 31.7.22 £	Year En ded 30.9.21 £
INCOME AND ENDOWMENTS		
Other trading activities		
Members subscriptions	22,880	22,836
Training & course fees	38,616	55,257
	61,496	78,093
Investment income		
Income from cash investments	-	2,213
Total incoming resources	61,496	80,306
EXPENDITURE		
Other trading activities		
Venue costs	6,768	2,747
BJP/IJP	1,182	1,755
Members' subscriptions	210	2,750
Training, course fees & expenses	17,808	19,418
Publicity	-	1,737
UKCP expenses	975	950
BPCC member fees	1,103	2,151
No description	160	-
	28,206	31,508
Support costs		
Management		
Insurance	1,181	970
Office costs	500	535
Committee & administration	40,069	47,691
	41,750	49,196
Governance costs		
Independent examination	960	1,906
Total resources expended	70,916	82,610
Net expenditure	(9,420)	(2,304)

This page does not form part of the statutory financial statements

WEST MIDLANDS INSTITUTE OF PSYCHOTHERAPY

England & Wales - Charity number 1031011

Accounts

REGISTERED COMPANY NUMBER: 02883306 (England and Wales)
REGISTERED CHARITY NUMBER: 1031011

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30th September 2021
for
West Midlands Institute of Psychotherapy

TUESDAY



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COMPANIES HOUSE

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for the Year Ended 30th September 2021

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Reference and Administrative Information

Company Limited by Guarantee No: 2883306

Registered Charity No: 1031011

Registered Office

2 Greswolde House
197b Station Road
Knowle
B93 0PU

Directors and Trustees

Alan Beadle (Lay trustee, Hon. treasurer)
Diana Houlston (Lay trustee Honorary Secretary)
Dr Niall Martin (Lay trustee)
Reverend Mary Kent
Pauline Higham (Chair)

Administration

Jools Rogers (appointed August 2020).

66 Smirrells Road
Hall Green
Birmingham, B28

Accountants

West Chartered Accountants (appointed 2018)
Office 2 Greswolde House
197b Station Road,
Knowle,
Solihull
West Midlands B93 0PU

The Trustees present their report for the charity for the year ended 30 September 2021. The Trustees have adopted the relevant provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

The Trustees

The Trustees of the charity are also company directors for the purposes of company law. Trustees serving during the year and to the date of this report are as follows:

Niall Martin (Lay trustee)

Jinny Sumner (Resigned September 2021)

Diana Houlston (Lay trustee)

Alan Beadle (Lay trustee)

Pauline Higham (Chair) (appointed by the Board September 2020)

Mary Kent (appointed by the Board May 2021)

Objectives and Activities

WMIP is an incorporated charity (i.e.: both a limited company and a charity). The original statement of purpose set out in our Articles of Association, states that the Institute *“is established for the promotion and advancement of the study of and research into all matters relating to psychotherapy and the dissemination of the useful results of any such study and research for the benefit of the public.”*

WMIP activities are principally in three areas:

Training: WMIP currently operates one qualifying training leading to BPC Registration. The APT: Analytical Psychotherapy Training leads to registration as a Jungian Analytical Psychotherapist. The training aims to improve the strength and depth of psychotherapy provision in the region and to offer access to the latest developments in research and thinking in our field. The APT training committee organises a number of public / wider community events each year, in addition to the training programme.

The Training in Contemporary Psychoanalytic Psychotherapy (TCPP) sadly came to an end during this year. This decision, to close the TCPP, was made after many months of deliberation and reflection. The Board is very grateful for the years of training the committee offered and this training will be sadly missed. The Board sought assurances for the TCPP graduates and forbears from the BPC, and these were given as follows:

“We do not have direct registration and so entry to the register is by membership of a Member Institution (MI). This means that following the closure of the Training in Contemporary Psychoanalytic Psychotherapy- TCPP, the graduates from the training remain our registrants as long as they are a member of the WMIP and WMIP is an MI.”

The Birmingham Trust for Psychoanalytic Psychotherapy (BTPP) have approached WMIP with a proposal to house an adult psychotherapy training within the Institute as a Member Organisation of the BPC. The proposal is for a Modified Psychoanalytic Training for qualified child and adolescent psychotherapists.

In accordance with the Standing Orders, the Board of Trustees has convened a new committee (BTPP Proposal Committee) to assess the proposal and its suitability as a WMIP qualifying training. It is early days, and the committee is now in the process of discussing the proposed training with the BTPP and BPC, the accrediting body.

The members of the new committee are: Jinny Sumner, Bev Pretty, Mary Kent, Rachel Hirschfeld and Jill Rowbottom.

All of our colleagues, whatever training background, contribute hugely to the life, vitality and diversity of the Institute, and are much appreciated.

Thinking: We facilitate the sharing of ideas, best practice and continuing professional development through events, workshops, conferences and short courses and by disseminating information about relevant CPD opportunities elsewhere. We support our members to develop and provide learning opportunities for the benefit of professionals and the wider community and to form special interest groups focussed on socially and professionally important issues.

Therapy: We maintain a register of accredited professional psychotherapists working in the Midlands and beyond. We offer a public online Directory and a referral service with some members and trainees offering reduced fees. Through these activities we are raising awareness of and improving access to psychoanalytic psychotherapy. We aim to provide clear information to the public about psychotherapy and about our members, including clarity about their level of qualification and accreditation.

WMIP Membership

The Institute’s activities are mainly carried out by members as unpaid volunteers and all members are strongly encouraged to contribute to the life of the Institute in a wide variety of ways. We aim to work together to support each other and to move the Institute forward, in the belief that what we offer is socially, professionally and personally valuable.

The current membership structure (adopted in 2016) allows for the following categories of membership: Professional, Clinical Associate, Student, Affiliate and Retired. We also have Honorary members, who are awarded this category of membership in recognition of their special services to psychotherapy and/or to the Institute. Full details of the membership categories are available on the website.

WMIP Membership Committee processes applications, deals with accreditation issues and oversees the WMIP referral service. In 2019 the committee developed a UKCP Accreditation Process (amended slightly during the 2020 UKCP Organisational Member Review report) to enable WMIP to accredit suitably qualified professionals to UKCP. The committee is also seeking ways of attracting a more diverse membership. The Board thanks the Membership Committee and Rachel Dunkley Jones, who operates the Referral Service for their hard work, time, and dedication to the life of the Institute in these areas.

WMIP Ethics Committee plays a key role in maintaining standards. The challenge of working within both UKCP and BPC regulatory frameworks has been (and continues to be) addressed to ensure that our members practice ethically and within an ever-changing regulatory framework. The Board thanks this hard-working committee for its essential contributions to the Institute.

WMIP CPD, Events and Strategy Group continues to work hard to face the challenge of raising the Institute's profile through the provision of events; and satisfy the professional needs of its members. The Board is especially grateful for the groups dedication to rising to the challenges of continuing to provide events via Zoom during this second year of pandemic and changing restrictions on social life.

WMIP's Spring Conference 'The Use and Abuse of Power in Therapy' was held online via Zoom on Saturday 20th March 2021. This brought in an audience of c.120 people, including some international delegates, to listen to keynote speakers Valerie Sinason and Fanny Brewster talk about their experiences of power in therapeutic relationships. This was marketed as an outreach event to grow awareness of WMIP and increase membership. A number of new members signed up following the event and a healthy profit made for the organisation.

Work has continued in developing membership, with the creation of the Affiliate members' reading group, which happens once every 6-8 weeks and is attended by 5-10 Affiliate members each session. The group choose an analytical paper to read in advance and then discuss together.

The Power in Therapy conference also began to work to address the issue of cultural diversity within the Institute. The theme of racism created energy, passion, and interest within delegates and those working to put together the event. This has led to a follow up series of race events planned for 2022 'Space to Think – Race and the Therapist' – a special thank you to Alf McFarland for his drive and commitment to all these events.

Thank you to Rachel Dunkley-Jones and Pauline Higham for reading in their Final Qualifying Papers to the membership in July and November respectively. Rachel's read in was a hybrid event – the first for the Institute – held both in person at Cotteridge Quaker meeting house and online via Zoom. The group continue to work on delivering a range of CPD opportunities for members, both considering desires to meet face to face again, and those members of the organisation based outside of the Midlands.

The group also arranged our first WMIP Members' Forum event online via Zoom, in November, to give members the opportunity to offer forward their thoughts and ideas for CPD and events. This was attended by well over 20 members and gave the opportunity to welcome some new members, albeit online. The session showed real energy and commitment to the organisation and has sowed the seed for a number of new and interesting events and CPD ideas for 2022. We are hopeful for an exciting year of activity ahead.

Public Benefit

In preparing this report, the Board of Trustees has had due regard to the Charity Commission's guidance on public benefit. This sets out the acceptable charitable purposes which allow an organisation to claim charitable status. The Trustees consider that the aims and activities of WMIP meet these requirements under the following headings:

- a) The advancement of education: by promoting, sustaining, and increasing individual and collective knowledge and understanding of theory, skills, and expertise through specialist psychotherapy training.
- b) The advancement of health or the saving of lives: by improving access to psychotherapy, including some low-fee referrals as available and by upholding proper standards of practice through training, accreditation, CPD and the work of our ethics committee.

The individual work of many of our members in delivering services to vulnerable and disadvantaged groups such as refugees, victims of domestic and sexual abuse, infants, and their primary carers, those struggling with addictions etc. is a further way in which WMIP adds value to society by supporting such work. In addition, many of our members have risen to the challenge of providing psychotherapy online supporting the mental health of clients during the pandemic.

Strategic Report

Achievements and Performance

As noted, the Institute has adapted to ways of working providing online access to CPD, events and meetings. The Analytical Psychotherapy Training continued by moving its teachings and public lecture programme online as needed and gradually reintroducing in person teaching and events as restrictions allowed. The Board acknowledges all the hard work that went into making this adaptation possible. There are other smaller specialist groups within the Institute that have continued to meet online. The life of the institute has continued albeit in a different form.

Safeguarding Steering Group

The Safeguarding Steering Group was set up in December 2020, following the UKCP recommendations made at the last quinquennial review. The group has met a number of times, with the aim of embedding more of a safeguarding culture across the organisation. Requests went out to the membership at the AGM and subsequently for anyone with experience in the field to step forward to become WMIP's Designated Safeguarding Lead, but unfortunately no one was found.

The group made contact with other Training organizations and Psychotherapy Membership Organizations (The Guild, SAP) to ascertain their approaches to safeguarding within syllabuses/policies/member communications.

A number of communications to members via bulletin have been written to highlight the issues and give members more information - for example vignettes giving examples of safeguarding scenarios for members to consider and links to safeguarding advice on working with vulnerable children/adults on Birmingham City Council website, plus links to UKCP/BPC safeguarding policies. Members were also told about the possibility of safeguarding training in the future.

The group met with Dr Sally Beeken, BPC Registrar, in October to discuss WMIP's position with regards to safeguarding. Sally praised the organisation for what has been done to raise the issue and embed a safeguarding culture and committed to BPC supporting WMIP with this. The group talked to Sally about the training options researched to date. Sally highly recommended Sonia Appleby's training, who offers bespoke safeguarding training for psychotherapists. The group are researching the options for dates in 2022.

Growing Membership

During the year to September 2021, membership numbers have had a slight increase to 103, which has since increased to 105 between 1 October 2021 and 30 November 2021. New affiliate members have joined as a result of the Spring Conference 2021. This was promising and while there is a long way to go, the Board saw this as a hopeful sign

The Trustees continue to seek ideas for growing the membership. This is a matter of urgency as membership fees are the primary source of income for the Institute. It remains the case that if membership revenues and/or other income from events, short courses etc. do not increase in the next 12-24 months, as costs inevitably do increase, the Institute will need to review its aims and activities.

Growing membership is crucial not only for financial reasons. Our members ARE the Institute: all of the main roles in the Institute are voluntary and we rely entirely on the energy, enthusiasm and active participation of members to continue. Those members who join committees and working parties, organising events, managing the library and liaising with BPC and UKCP find it enjoyable and rewarding, especially when there are many hands to share the work. Committee work counts as non-clinical CPD hours since it contributes directly to our confidence and development as professionals.

The Board understands what a difficult year it has been with the ongoing pandemic causing uncertainty, anxiety and distress in many forms. Adapting to changing pandemic restrictions, as they have evolved, has been challenging to us all and the Board is mindful of this.

Improving Systems and Communication

Jools Rogers, WMIP's administrator, has worked throughout the year to improve systems and processes. Along with Kate Leeson, our events and marketing coordinator, both are vital to improving systems and communication. Kate and Jools worked together to facilitate the launch of a new, contemporary WMIP website and transfer all information from the previous website.

The Board is aware the new website still needs work in the need to go through all of the information contained and we welcome any members who may want to work on this project.

Jools and Kate, with their joint expertise and experience provide a streamlining of communication. Together they support members in different ways such as through organising events, assisting committees, and maintaining records. They provide invaluable support to the Board through feedback from their respective roles and also suggesting innovative ideas to improve how the Institute runs.

Another internal communication vehicle is our regular e-Bulletin which is edited by Shane Sneyd. The e- Bulletin contains events listings, news and reviews, information about members and committee work and other key reminders about professional practice. The Trustees would like to thank Shane for his continued work on the e-Bulletin which is very much appreciated and is a crucial ingredient within the Institute.

To enhance improving systems and communication, professional member Pauline Higham stepped forward, and was elected as the Chair of the Board of Trustees to provide a point of contact for the work of the Board.

Board of Trustees

The Board was delighted to welcome Rev Mary Kent, a professional member to the Board. We appreciate her long experience and contribution to the Institute. Jinny Sumner, stepped down from the Board after 6 years' service to WMIP. Her contribution, wisdom, and commitment to WMIP during these years cannot be quantified. We are grateful she has now stepped forward to bring her years of experience to the Membership Committee and Ethics Committee.

The Board is currently constituted of two professional members and three lay trustees. To maintain a balance between lay and professional trustees at least one or more professional member is needed. The Board would greatly appreciate other members coming forward to serve on the Board to offer their enlightened professional counsel to the Board.

Alan Beadle, Honorary Treasurer, will be stepping down from the Board at the AGM 2022. His service to WMIP and attention to detail is truly appreciated and he will be greatly missed.

The Board looked for and found a Treasurer to replace Alan. The hope was we would find someone who would work alongside Alan for a period of time prior to Alan's stepping down. Bryan Arnott stepped forward in July 21 and has been quietly working with Alan. We are extremely grateful for his willingness to bring his financial knowledge and experience to WMIP.

Bryan is a retired management accountant with 40 years' experience in manufacturing and charitable work. It is hoped he will bring a professional overview to managing WMIP's finances going forward.

We are also mindful that the Board does not reflect the diversity of the community WMIP serves, rather it reflects the non-diversity of the Institute. This is a matter of concern raised also by UKCP at their recent Review and which the Board is taking seriously.

Finally, we would like to thank all those members who have been supportive, collaborative and actively involved in WMIP during what has been a particularly difficult year. Members are the collective beating heart of the Institute which is our community, and we are fortunate that so many are prepared to give their time.

WMIP Board of Trustees

Pauline Higham (Chair), Mary Kent, Diana Houlston, Niall Martin and Alan Beadle

Treasurer's Report for the Financial Year:

1st October 2020 to 30 September 2021

As in previous years the accounts have been prepared for three separate cost centres:

- Training in Contemporary Psychoanalytic Psychotherapy (TCPP)
- Analytical Psychotherapy Training (APT)
- WMIP Central

These three sets of accounts are then combined before the consolidated accounts are submitted to Companies House and also to the Charity Commission. The two trainings, the WMIP administrator and our accountants, West Chartered Accountants, have all helped us in this process.

Because of our size as a charity these accounts are not subject to "audit" but West Accountants do act as "independent examiners".

The accounts show the following:

Account	Income	Expenditure	Profit/(-Loss)	Net Assets at end of Period
TCPP	£0	£864	(-£864)	£3,944
APT	£49,495	£37,631	£11,803	£27,135
Central	£31,771	£45,014	(-13,243)	£20,257
Consolidated 2020-21	£80,305	£82,610	(£-2,304)	£51,335
Consolidated 2019-20	£64,630	£71,587	(£-6,957)	£53,639

Overall, 2020-21 was a difficult year for the finances of WMIP, not helped by Covid and the restrictions which affected our ability to organise meetings, events and conferences, and there-by, to meet the essential purpose of WMIP to fulfil our charitable objectives.

The net result in 2020-21 was that WMIP as a whole made a loss of just over £3,000. Looking on the positive side, this is an improvement on the previous year when our loss was close to £7,000.

In 2020-21 the TCPP was finalising their plans to close and this is reflected in their accounts, which show no income during the year and only a small expenditure on administration.

The APTC has, on the other hand, was financially successful making a very respectable profit.

The central accounts showed an increased income since last year but also a significantly increased expenditure mostly on administration and marketing, and refunds to members who had overpaid in previous years (see below).

On a very positive note, the Spring Conference, held in March 2021, helped to boost overall income during the year and was deemed by all to be a success.

In November 2020, during the preparation of the 2019-20 accounts, it was discovered that a number of WMIP members had over paid their membership fees for several years. Repayments totalling several thousand pounds to the members affected were made in 2020-21 and appear in the accounts being reported here. Most of the overpayments were due to members who set up standing orders as well as paying through the more recently introduced "Go Cardless" system. We are urging all members to cancel their standing orders and use the more efficient "Go Cardless" payment system – this way they should be charged the correct amount each year.

The overall loss in 2020-21 was budgeted for in part by the Trustees; that said, the loss in the central accounts was disappointing. We had allocated funds to cover the invaluable work undertaken by Kate Leeson on marketing and helping the events group. This work has brought in a number of new members but at the same time there has been a shift in the membership profile meaning that the total membership income has remained static.

In an attempt to bring our finances into balance in future years, the Trustees have agreed that the membership fees in October 2021 will need to rise as shown in the table below. If we can control our expenditure such that it remains steady, this increase will go some way towards eliminating the deficit.

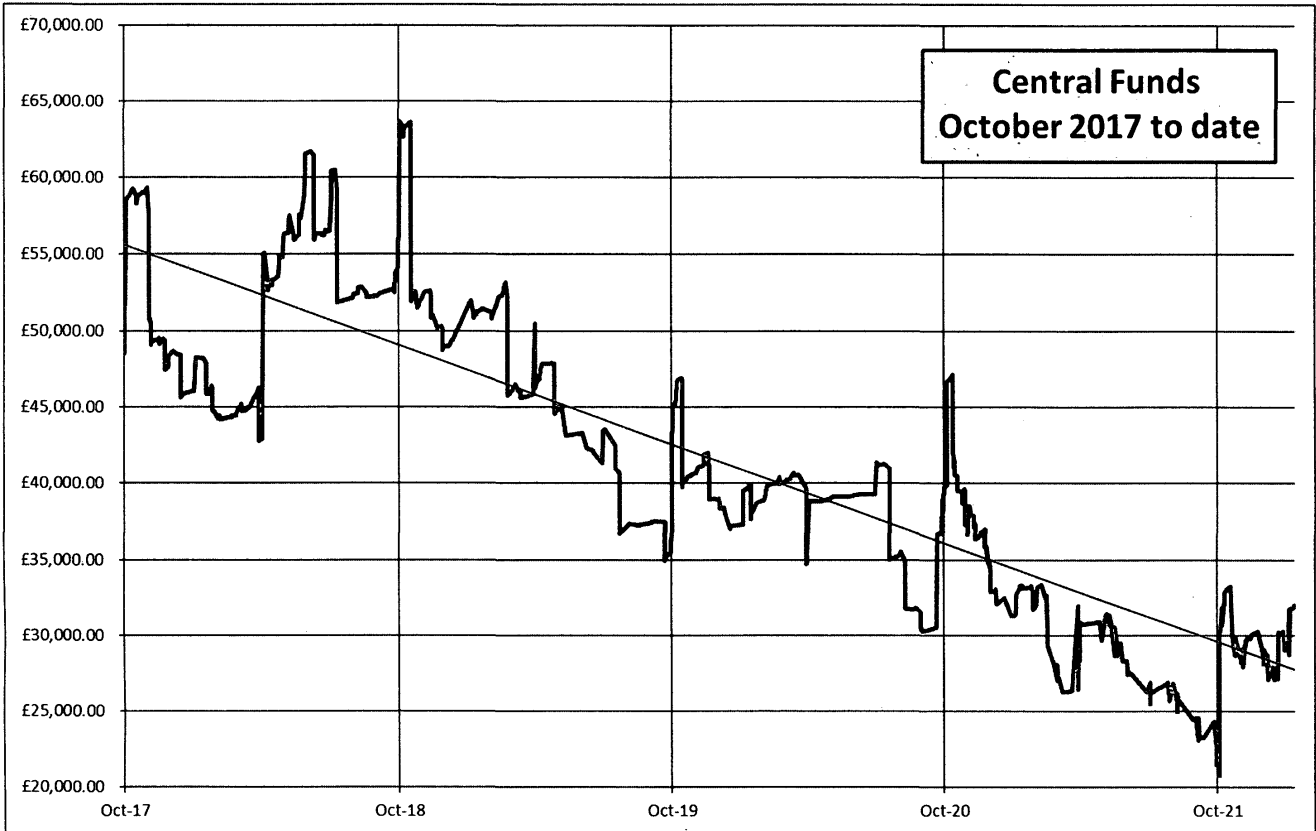
Grade	Current Rate	Rate from Oct 22
Professional	£400	£440
Clinical Associate	£205	£225
Student	£150	£165
Affiliate	£75	£85

Retired	£85	£95
Honorary	Free	Free

The graph at the end of this report illustrates the decline in WMIP's Central finances over the last 3-4 years; during the period illustrated we have lost on average £7000 per annum.



Alan Beadle
WMIP Treasurer
February 2022



**Independent Examiner's Report to the Trustees of
West Midlands Institute of Psychotherapy**

Independent examiner's report to the trustees of West Midlands Institute of Psychotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th September 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

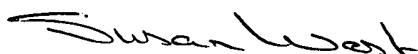
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



West - Chartered Accountants
ICAEW
West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Date: February 2022

West Midlands Institute of Psychotherapy

Statement of Financial Activities
for the Year Ended 30th September 2021

	Notes	2021 Unrestricted funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	2	78,093	64,354
Investment income	3	<u>2,213</u>	<u>276</u>
Total		80,306	64,630
EXPENDITURE ON			
Raising funds		31,508	70,017
Other		<u>51,102</u>	<u>1,570</u>
Total		82,610	71,587
NET INCOME/(EXPENDITURE)		(2,304)	(6,957)
RECONCILIATION OF FUNDS			
Total funds brought forward		53,639	60,596
TOTAL FUNDS CARRIED FORWARD		<u>51,335</u>	<u>53,639</u>

West Midlands Institute of Psychotherapy

Balance Sheet

30th September 2021

	Notes	2021 Unrestricted funds £	2020 Total funds £
CURRENT ASSETS			
Debtors	7	1,960	524
Cash at bank		<u>60,681</u>	<u>72,727</u>
		62,641	73,251
CREDITORS			
Amounts falling due within one year	8	<u>(10,966)</u>	<u>(18,022)</u>
NET CURRENT ASSETS		<u>51,675</u>	<u>55,229</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		51,675	55,229
CREDITORS			
Amounts falling due after more than one year	9	<u>(340)</u>	<u>(1,590)</u>
NET ASSETS		<u><u>51,335</u></u>	<u><u>53,639</u></u>
FUNDS	10		
Unrestricted funds		<u>51,335</u>	<u>53,639</u>
TOTAL FUNDS		<u><u>51,335</u></u>	<u><u>53,639</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2021.

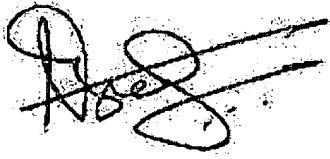
The members have not required the company to obtain an audit of its financial statements for the year ended 30th September 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on February 2022 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Alan Beadle', with a large, stylized flourish at the end.

Alan David Beadle - Trustee

Notes to the Financial Statements
for the Year Ended 30th September 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Members subscriptions	22,836	22,270
Training & course fees	55,257	40,956
Books & journal income	-	1,128
	<u>78,093</u>	<u>64,354</u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Year Ended 30th September 2021

3. INVESTMENT INCOME

	2021	2020
	£	£
Income from cash investments	<u>2,213</u>	<u>276</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th September 2021 nor for the year ended 30th September 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30th September 2021 nor for the year ended 30th September 2020.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Other trading activities	64,354
Investment income	<u>276</u>
Total	64,630
EXPENDITURE ON	
Raising funds	70,017
Other	<u>1,570</u>
Total	71,587
NET INCOME/(EXPENDITURE)	(6,957)
RECONCILIATION OF FUNDS	
Total funds brought forward	60,596
TOTAL FUNDS CARRIED FORWARD	<u>53,639</u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Year Ended 30th September 2021

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1st October 2020 and 30th September 2021	<u>1,003</u>
DEPRECIATION	
At 1st October 2020 and 30th September 2021	<u>1,003</u>
NET BOOK VALUE	
At 30th September 2021	<u> -</u>
At 30th September 2020	<u> -</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	1,436	-
Prepayments and accrued income	<u>524</u>	<u>524</u>
	<u>1,960</u>	<u>524</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	-	3,035
Other creditors	1,587	-
Accrued expenses	<u>9,379</u>	<u>14,987</u>
	<u>10,966</u>	<u>18,022</u>

9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2021	2020
	£	£
Accruals and deferred income	<u>340</u>	<u>1,590</u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Year Ended 30th September 2021

10. MOVEMENT IN FUNDS

	At 1.10.20 £	Net movement in funds £	At 30.9.21 £
Unrestricted funds			
General fund	53,479	(2,304)	51,175
Bursary Fund	<u>160</u>	<u>-</u>	<u>160</u>
	53,639	(2,304)	51,335
TOTAL FUNDS	<u>53,639</u>	<u>(2,304)</u>	<u>51,335</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	80,306	(82,610)	(2,304)
	<u>80,306</u>	<u>(82,610)</u>	<u>(2,304)</u>
TOTAL FUNDS	<u>80,306</u>	<u>(82,610)</u>	<u>(2,304)</u>

Comparatives for movement in funds

	At 1.10.19 £	Net movement in funds £	At 30.9.20 £
Unrestricted funds			
General fund	60,436	(6,957)	53,479
Bursary Fund	<u>160</u>	<u>-</u>	<u>160</u>
	60,596	(6,957)	53,639
TOTAL FUNDS	<u>60,596</u>	<u>(6,957)</u>	<u>53,639</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	64,630	(71,587)	(6,957)
	<u>64,630</u>	<u>(71,587)</u>	<u>(6,957)</u>
TOTAL FUNDS	<u>64,630</u>	<u>(71,587)</u>	<u>(6,957)</u>

West Midlands Institute of Psychotherapy

Notes to the Financial Statements - continued
for the Year Ended 30th September 2021

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.19 £	Net movement in funds £	At 30.9.21 £
Unrestricted funds			
General fund	60,436	(9,261)	51,175
Bursary Fund	<u>160</u>	<u>-</u>	<u>160</u>
	<u>60,596</u>	<u>(9,261)</u>	<u>51,335</u>
TOTAL FUNDS	<u>60,596</u>	<u>(9,261)</u>	<u>51,335</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	144,936	(154,197)	(9,261)
	<u>144,936</u>	<u>(154,197)</u>	<u>(9,261)</u>
TOTAL FUNDS	<u>144,936</u>	<u>(154,197)</u>	<u>(9,261)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th September 2021.

WEST MIDLANDS INSTITUTE OF PSYCHOTHERAPY

England & Wales - Charity number 1031011

Accounts

REGISTERED COMPANY NUMBER: 02883306 (England and Wales)
REGISTERED CHARITY NUMBER: 1031011

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30th September 2020
for
West Midlands Institute of Psychotherapy

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

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for the Year Ended 30th September 2020

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Detailed Statement of Financial Activities	17

West Midlands Institute of Psychotherapy

Report of the Trustees
for the Year Ended 30th September 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Reference and Administrative Information

Company Limited by Guarantee No: 2883306

Registered Charity No: 1031011

Registered Office Office 2 Greswolde House
197b Station Road
Knowle
B93 0PU

Administration **Jools Rogers (appointed August 2020).**
66 Smirrells Road
Hall Green
Birmingham, B28

Accountants West - Chartered Accountants (appointed 2018)
Office 2 Greswolde House
197b Station Road,
Knowle,
Solihull
West Midlands B93 0PU

The Trustees

Trustees serving during the year and to the date of this report are as follows:

Niall Martin (Lay trustee)
Carrie Worrall (resigned March 2020)
Jinny Sumner (appointed May 2015)
Diana Houlston (Lay trustee)
Alan Beadle (Lay trustee)
Pauline Higham (appointed by the Board September 2020)
Clare Julien (appointed by the Board September 2020)

Objectives and Activities

WMIP is an incorporated charity (ie: both a limited company and a charity). The original statement of purpose set out in our Articles of Association, states that the Institute *‘is established for the promotion and advancement of the study of and research into all matters relating to psychotherapy and the dissemination of the useful results of any such study and research for the benefit of the public.’*

WMIP activities are principally in three areas:

Training: WMIP operates two qualifying trainings leading to BPC Registration. The TCPP: Training in Contemporary Psychoanalytic Psychotherapy leads to registration as a Psychoanalytic Psychotherapist. The APT: Analytical Psychotherapy Training leads to registration as a Jungian Analytical Psychotherapist. Both trainings aim to improve the strength and depth of psychotherapy provision in the region and to offer access to the latest developments in research and thinking in our field. Both of the training committees organise a number of public / wider community events each year, in addition to the training programme. The TCPP is currently suspended due to a lack of suitable applicants. It is hoped that this situation will change in the foreseeable future.

Thinking: We facilitate the sharing of ideas, best practice and continuing professional development through events, workshops, conferences and short courses and by disseminating information about relevant CPD opportunities elsewhere. We support our members to develop and provide learning opportunities for the benefit of professionals and the wider community and to form special interest groups focussed on socially and professionally important issues.

Therapy: We maintain a register of accredited professional psychotherapists working in the Midlands and beyond. We offer a public online Directory and a referral service with some members and trainees offering reduced fees. Through these activities we are raising awareness of and improving access to psychoanalytic psychotherapy. We aim to provide clear information to the public about psychotherapy and about our members, including clarity about their level of qualification and accreditation.

WMIP Membership

The institute’s activities are mainly carried out by members as unpaid volunteers and all members are strongly encouraged to contribute to the life of the institute in a wide variety of ways. We aim to work together to support each other and to move the Institute forward, in the belief that what we offer is socially, professionally and personally valuable.

The current membership structure (adopted in 2016) allows for the following categories of membership: Professional, Clinical Associate, Student, Affiliate and Retired. We also have Honorary members, who are awarded this category of membership in recognition of their special services to psychotherapy and/or to the Institute. Full details of the membership categories are available on the website.

WMIP Membership Committee processes applications, deals with accreditation issues and oversees the WMIP referral service. In 2019 the committee developed a UKCP Accreditation Process (amended slightly during the 2020 UKCP Organisational Member Review report) to enable WMIP to accredit suitably qualified professionals to UKCP. The committee is also seeking ways of attracting a more diverse membership. Pauline Higham is standing down from the Membership Committee in the next few months so that she can devote her time to the role of trustee. Christine Pitt is also leaving the MC. The Board thanks them both for their hard work and the contributions they have made running the committee. Pauline has also handed over the reins of Referrals Co-Ordinator to Rachel Dunkley-Jones. Again, the Board thanks Pauline for her time as Co-Ordinator and welcomes Rachel into the role.

WMIP Ethics Committee plays a key role in maintaining standards. The challenge of working within both UKCP and BPC regulatory frameworks has been (and continues to be) addressed to ensure that our members

practice ethically and within an ever-changing regulatory framework. The Board thanks this hard working committee for its essential contributions to the institute.

WMIP CPD, Events and Strategy Group has faced many challenges trying to raise the institute's profile through the provision of events; satisfy the professional needs of its members and then, more particularly, with the onset of the current pandemic, deal with the cancellation of the 2020 Spring Conference and organise the upcoming conference on 20th March 2021. The trustees are grateful to all those involved for handling the complex and at times distressing difficulties with which they have been faced. It was understandable that as members were trying to come to terms with new ways of working online that the collective and personal anxieties around Covid-19 had left little energy for organising and running events during 2020.

Public Benefit

In preparing this report, the Board of Trustees has had due regard to the Charity Commission's guidance on public benefit. This sets out the acceptable charitable purposes which allow an organisation to claim charitable status. The Trustees consider that the aims and activities of WMIP meet these requirements under the following headings:

- a) The advancement of education: by promoting, sustaining and increasing individual and collective knowledge and understanding of theory, skills and expertise through specialist psychotherapy training.
- b) The advancement of health or the saving of lives: by improving access to psychotherapy, including low-fee referrals and by upholding proper standards of practice through training, accreditation, CPD and the work of our ethics committee.

The individual work of many of our members in delivering services to vulnerable and disadvantaged groups such as refugees, victims of domestic and sexual abuse, infants and their primary carers, those struggling with addictions etc. is a further way in which WMIP adds value to society by supporting such work. Additionally, as a result of a recent request from Birmingham and Solihull NHS Trust, a number of WMIP members have put their names forward to be part of a network of specialist therapists offering support to NHS staff who are dealing with the Covid-19 pandemic.

Strategic Report

Achievements and Performance

2019-20 was intended to be the fourth year in which the focus would have been on growing membership. The pandemic prevented planned events from taking place such as last year's Spring Conference and other smaller events and so this objective was severely hampered. The pandemic did not, however, stop everything. The Analytical Psychotherapy Training continued by moving its teachings and public lecture programme online; the Introductory Course also went online for its final few seminars. The Board acknowledges all the hard work that went into making this possible plus setting up the second Introductory Course which began last September 2020 which is also online. There are other smaller specialist groups within the institute that have continued to meet online. The life of the institute has continued albeit in a different form.

UKCP Organisational Member Review (OMR)

On 15th February 2020 UKCP assessors visited WMIP and held conversations and meetings with different representatives of the institute. As both trainings now lead to BPC and not UKCP accreditation the purpose of the OMR was to maintain ties with UKCP through providing a pathway for WMIP graduates to the UKCP register. In addition, to enable those who have trained elsewhere to also register with UKCP.

Members of the Membership Committee and the UKCP representative had worked very hard preparing appropriate accreditation documentation for the assessors to review and consider. Overall, the assessors were satisfied but stipulated in their report a number of requirements and recommendations to be

implemented within 18 months. Most of these have now been carried out or are in the process of being carried out. One of the requirements of the assessors was for WMIP to update and improve our 'Conflicts of Interest Policy' which has now been completed. This policy applies to the Board of Trustees and all committees within the institute. The changes to the policy bring us in line with the Charities Commission requirements. Essentially, the policy sets up a register where interests can be noted and will ensure that all decisions are made free of any personal advantage to committee and board members.

Their report contained the following comments,

"Overall, the assessors gained a sense of an organisation which is making efforts to continue to flourish in difficult times...The sense of enthusiasm from delegates that the assessing team met was particularly inspiring. The capacity of the organisation to remain outward looking and to seek to meet the needs of the local population, particularly with regard to people from a BAME background, was demonstrated in the dialogue and in the documents which they provided."

"The team would like to express thanks to those who have put so much work into continuing the ties with UKCP and to commend everyone for their hard work on pulling everything together for submission in this new phase of organisational membership with UKCP. We recognise that this is a new way of thinking and we hope that this process will allow for growth in the organisation."

The Board would like to thank Alf McFarland who has been the UKCP representative for WMIP for six years. He is stepping down at the AGM because his tenure has now finished. The Board appreciates all the time and energy that he has put into the role on behalf of the institute and for a job very well done! It is hoped that another member of WMIP who is registered with UKCP will now step forward to take up this valuable role.

Growing Membership

During the year to September 2020, membership numbers have remained fairly stable at 100. New affiliate members had joined as a result of specific outreach events held, pre Covid 19, to promote psychoanalytic ideas and encourage people to find out more. This was promising and while there is a long way to go, the Board saw this as a hopeful sign. It is hoped that the WMIP Conference, The Use and Abuse of Power in Therapy, on 20th March 2021 will generate more interest in the institute.

The Trustees continue to seek ideas for growing the membership. This is a matter of urgency as membership fees are the primary source of income for the institute. It remains the case that if membership revenues and/or other income from events, short courses etc. do not increase in the next 12-24 months, as costs inevitably do increase, the institute will need to review its aims and activities.

Growing membership is crucial not only for financial reasons. Our members ARE the institute: all of the main roles in the institute are voluntary and we rely entirely on the energy, enthusiasm and active participation of members to continue. Those members who join committees and working parties, organising events, managing the library and liaising with BPC and UKCP find it enjoyable and rewarding, especially when there are many hands to share the work. Committee work counts as non-clinical CPD hours since it contributes directly to our confidence and development as professionals.

The Board understands what a difficult year it has been with the onset of the pandemic causing uncertainty, anxiety and distress in many forms. Members have had to quickly adapt to online working which is such a different way of practising for most. Some members report that they find it more tiring and others that it is an effective way of providing psychotherapy. Adapting to this 'new world' of lockdown, social distancing and virtual communication has been difficult for everyone in their own particular and personal way and the Board has been mindful of this.

Improving Systems and Communication

The administration of the institute changed during the course of 2020 from Admin Angels which was a virtual administration service to an independent administrator, Jools Rogers. Jools, an experienced administrator also brings expertise in IT. As our dedicated administrator she will also provide consistency which was

something that was lacking, at times, with Admin Angels. Jools will be looking to improve our systems and communication. Kate Leeson, events and marketing coordinator, is also now part of the WMIP organisational team. Her skills are crucial in promoting the institute, its trainings and events. Kate is continuing to develop links with other similar organisations and universities to raise the profile of the institute and widen its reach. Jools and Kate work alongside each other. Their joint expertise and experience provides a streamlining of communication. Together they support members in different ways such as through organising events, assisting committees and maintaining records. They provide invaluable support to the Board through feedback from their respective roles and also suggesting innovative ideas to improve how the institute runs.

Another internal communication vehicle is our regular e-Bulletin which is edited by Shane Sneyd. The e-Bulletin contains events listings, news and reviews, information about members and committee work and other key reminders about professional practice. The Trustees would like to thank Shane for his continued work on the e-Bulletin which is very much appreciated and is a crucial ingredient within the institute.

Board of Trustees

The Board is delighted to welcome two new trustees, Pauline Higham and Clare Julien, who were appointed in September 2020 and have been making many positive contributions. The Board is now constituted of three professional members and three lay trustees but this will reduce to two professional members later in the year when Jinny Sumner steps down to join the Membership Committee. To maintain a balance between lay and professional trustees at least one more professional member is needed. Many hands do make light work and if more trustees can share the responsibilities then it is not an onerous task.

Alan Beadle, Honorary Treasurer, will be stepping down from the Board in early 2022. He has worked exceptionally hard in his role managing the finances, overseeing the transition of accounts from Admin Angels to Jools Rogers and trying to help the institute find a firmer financial footing. His attention to detail is truly impressive. Please, everyone, help to find a replacement for Alan whose skills will be much missed. Perhaps you may know of a retired accountant or book keeper or you yourself may have a particular interest and competency in accounts.


We greatly appreciate the commitment, energy and objective, professional insight that Lay Trustees bring to the institute but nevertheless the Board of Trustees is concerned that a proper balance between professional members of WMIP and lay persons should be maintained. More professional trustees are needed and would be very welcome.

We are also mindful that the Board does not reflect the diversity of the community WMIP serves, rather it reflects the non-diversity of the institute. This is a matter of concern raised also by UKCP at their recent Review and which the Board is taking seriously.

Finally, we would like to thank all those members who have been supportive, collaborative and actively involved in WMIP during what has been a particularly difficult year. Members are the collective beating heart of the institute which is our community and we are fortunate that so many are prepared to give their time.

WMIP Board of Trustees

Alan Beadle, Pauline Higham, Diana Houlston, Clare Julien, Niall Martin and Jinny Sumner.

Approved: 

On: 17 February 2021

**West Midlands Institute of Psychotherapy Treasurer's Report for the Financial Year:
1st October 2019 to 30 September 2020**

As in previous years the accounts have been prepared for three separate cost centres:

- Training in Contemporary Psychoanalytic Psychotherapy (TCPP).
- Analytical Psychotherapy Training (APT)
- WMIP Central

These three sets of accounts are then combined before the consolidated accounts are submitted to Companies House and also to the Charity Commission. The two trainings, the WMIP administrator and our accountants, West Chartered Accountants, have helped us in this process.

Because of our size as a charity these accounts are not subject to "audit" but we do have accountants who act as "independent examiners".

The accounts show the following:

Account	Income	Expenditure	Profit/(-Loss)	Net Assets at end of Period
TCPP	£2,396	£2,592	(-£196)	£4,808
APT	£35,273	£40,631	(£-5,358)	£15,332
Central	£26,961	£28,364	(-1,403)	£33,499
Consolidated 2019-20	£64,630	£71,587	(£-6,957)	£53,639
Consolidated 2018-19	£71,390	£86,545	(£-15,155)	£60,596

All three groups made losses, but overall there has been an improvement over last year.

The loss in the last two years was budgeted for in part by the Trustees; we had allocated funds to cover the work undertaken by Kate Leeson on marketing and helping the events group. The work on improving the marketing of WMIP events has brought in some new members but at the same time there has been a shift in the membership profile meaning that the total income has remained static. As a consequence, the Trustees have agreed that the membership fees will need to rise in October 2021 as shown in the table below.

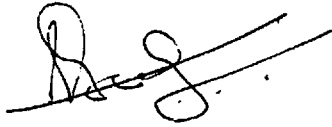
Grade	Rate
Professional	£400
Clinical Associate	£205
Student	£150
Affiliate	£75
Retired	£85
Honorary	Free

If our expenditure remains the same this increase will not eliminate the deficit but it will reduce it. The Spring Conference, which was due to be held in April 2020, had to be postponed and then cancelled. Refunds have now been issued to all participants in 20-21 and these appear under the heading of "Creditors" in the 19-20 accounts. On a positive note the on-line conference scheduled for March 2021 is showing very promising numbers which should recover much of this lost income.

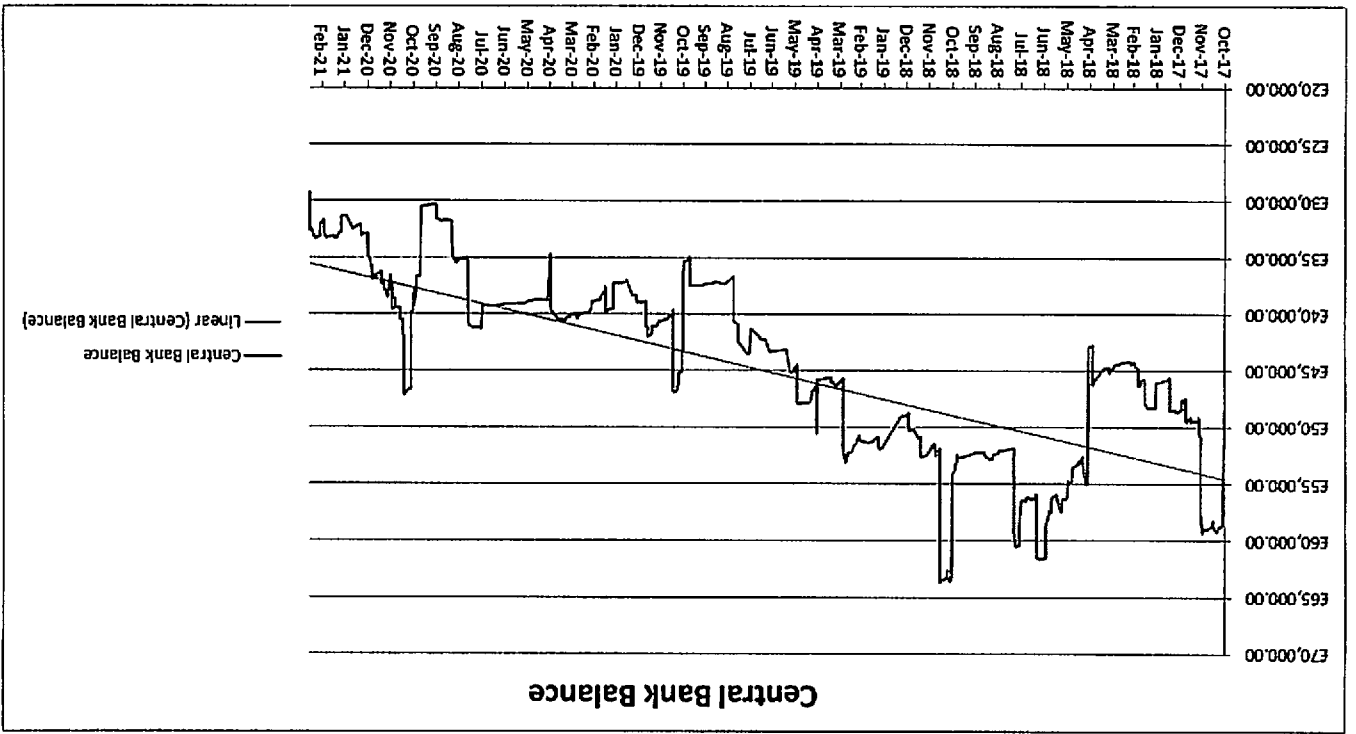
In November 2020, during the preparation of the 2019-20 accounts, it was discovered that a number of WMIP members had over or under paid their membership fees for several years. Repayments totalling several thousand pounds to the members affected have been arranged in 2020-21. These refunds do not appear in the 19-20 accounts being reported here.

During the year we were obliged by the bank to close the central reserve account. The only affect this has had on our finances is that we no longer have an account which generates interest.

Overall, it has been a difficult year for the finances of WMIP. The graph on the next page illustrates the decline in WMIP's Central finances over the last 3-4 years; over the period illustrated we have lost on average £6000 per annum. Going forward, the trustees are aware of the situation and are keeping a close eye on the accounts.

A handwritten signature in black ink, appearing to read 'Alan Beadle', written over a horizontal line.

Alan Beadle
WMIP Treasurer
19 February 2021



**Independent Examiner's Report to the Trustees of
West Midlands Institute of Psychotherapy**

Independent examiner's report to the trustees of West Midlands Institute of Psychotherapy ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th September 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Swan Wat

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Date: *19.2.2021*

West Midlands Institute of Psychotherapy

Statement of Financial Activities
for the Year Ended 30th September 2020

		2020	2019
		Unrestricted	Total
		funds	funds
		£	£
INCOME AND ENDOWMENTS FROM	Notes		
Other trading activities	2	64,354	70,993
Investment income	3	<u>276</u>	<u>397</u>
Total		64,630	71,390
EXPENDITURE ON			
Raising funds		70,017	85,805
Other		<u>1,570</u>	<u>740</u>
Total		71,587	86,545
NET INCOME/(EXPENDITURE)		(6,957)	(15,155)
RECONCILIATION OF FUNDS			
Total funds brought forward		60,596	75,751
TOTAL FUNDS CARRIED FORWARD		<u>53,639</u>	<u>60,596</u>

The notes form part of these financial statements

West Midlands Institute of Psychotherapy

Balance Sheet
30th September 2020

	Notes	2020 Unrestricted funds £	2019 Total funds £
CURRENT ASSETS			
Debtors	7	524	2,142
Cash at bank		<u>72,727</u>	<u>73,083</u>
		73,251	75,225
CREDITORS			
Amounts falling due within one year	8	(18,022)	(11,529)
		<u>55,229</u>	<u>63,696</u>
NET CURRENT ASSETS			
		<u>55,229</u>	<u>63,696</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		55,229	63,696
CREDITORS			
Amounts falling due after more than one year	9	(1,590)	(3,100)
		<u>53,639</u>	<u>60,596</u>
NET ASSETS			
		<u>53,639</u>	<u>60,596</u>
FUNDS	10		
Unrestricted funds		<u>53,639</u>	<u>60,596</u>
TOTAL FUNDS		<u>53,639</u>	<u>60,596</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2020.


The members have not required the company to obtain an audit of its financial statements for the year ended 30th September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17/02/2021 and were signed on its behalf by:


.....
Alan David Beadle - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 30th September 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Members subscriptions	22,270	23,570
Training & course fees	40,956	47,423
Books & journal income	<u>1,128</u>	-
	<u>64,354</u>	<u>70,993</u>

Notes to the Financial Statements - continued
for the Year Ended 30th September 2020

3. INVESTMENT INCOME

	2020	2019
	£	£
Income from cash investments	<u>276</u>	<u>397</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th September 2020 nor for the year ended 30th September 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30th September 2020 nor for the year ended 30th September 2019.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds
	£
INCOME AND ENDOWMENTS FROM	
Other trading activities	70,993
Investment income	<u>397</u>
Total	71,390
EXPENDITURE ON	
Raising funds	85,805
Other	<u>740</u>
Total	86,545
NET INCOME/(EXPENDITURE)	(15,155)
RECONCILIATION OF FUNDS	
Total funds brought forward	75,751
TOTAL FUNDS CARRIED FORWARD	<u>60,596</u>

Notes to the Financial Statements - continued
for the Year Ended 30th September 2020

6. TANGIBLE FIXED ASSETS		Fixtures and fittings £	
COST			
At 1st October 2019 and 30th September 2020		<u>1,003</u>	
DEPRECIATION			
At 1st October 2019 and 30th September 2020		<u>1,003</u>	
NET BOOK VALUE			
At 30th September 2020		<u><u>-</u></u>	
At 30th September 2019		<u><u>-</u></u>	
 7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	2020	2019	
	£	£	
Trade debtors	-	2,142	
Prepayments and accrued income	<u>524</u>	<u>-</u>	
	<u><u>524</u></u>	<u><u>2,142</u></u>	
 8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	2020	2019	
	£	£	
Trade creditors	3,035	1,241	
Accrued expenses	<u>14,987</u>	<u>10,288</u>	
	<u><u>18,022</u></u>	<u><u>11,529</u></u>	
 9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR			
	2020	2019	
	£	£	
Accruals and deferred income	<u>1,590</u>	<u>3,100</u>	
 10. MOVEMENT IN FUNDS			
	At	Net	At
	1.10.19	movement	30.9.20
	£	in funds	£
	£	£	£
Unrestricted funds			
General fund	60,436	(6,957)	53,479
Bursary Fund	<u>160</u>	<u>-</u>	<u>160</u>
	<u><u>60,596</u></u>	<u><u>(6,957)</u></u>	<u><u>53,639</u></u>
TOTAL FUNDS	<u><u>60,596</u></u>	<u><u>(6,957)</u></u>	<u><u>53,639</u></u>

Notes to the Financial Statements - continued
for the Year Ended 30th September 2020

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	64,630	(71,587)	(6,957)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>64,630</u>	<u>(71,587)</u>	<u>(6,957)</u>

Comparatives for movement in funds

	At 1.10.18 £	Net movement in funds £	At 30.9.19 £
Unrestricted funds			
General fund	75,591	(15,155)	60,436
Bursary Fund	160	-	160
	<u>75,751</u>	<u>(15,155)</u>	<u>60,596</u>
TOTAL FUNDS	<u>75,751</u>	<u>(15,155)</u>	<u>60,596</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	71,390	(86,545)	(15,155)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>71,390</u>	<u>(86,545)</u>	<u>(15,155)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.18 £	Net movement in funds £	At 30.9.20 £
Unrestricted funds			
General fund	75,591	(22,112)	53,479
Bursary Fund	160	-	160
	<u>75,751</u>	<u>(22,112)</u>	<u>53,639</u>
TOTAL FUNDS	<u>75,751</u>	<u>(22,112)</u>	<u>53,639</u>

Notes to the Financial Statements - continued
for the Year Ended 30th September 2020

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	136,020	(158,132)	(22,112)
	_____	_____	_____
TOTAL FUNDS	<u>136,020</u>	<u>(158,132)</u>	<u>(22,112)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th September 2020.

West Midlands Institute of Psychotherapy

Detailed Statement of Financial Activities
for the Year Ended 30th September 2020

	2020 £	2019 £
INCOME AND ENDOWMENTS		
Other trading activities		
Members subscriptions	22,270	23,570
Training & course fees	40,956	47,423
Books & journal income	<u>1,128</u>	<u>-</u>
	64,354	70,993
Investment income		
Income from cash investments	<u>276</u>	<u>397</u>
Total incoming resources	64,630	71,390
EXPENDITURE		
Other trading activities		
Venue costs	4,871	5,974
BJP/IJP	1,045	3,460
Members' subscriptions	3,361	4,671
Training, course fees & expenses	21,070	20,288
Publicity	1,034	8,481
UKCP expenses	950	2,325
BPCC member fees	<u>-</u>	<u>7,716</u>
	32,331	52,915
Support costs		
Management		
Insurance	972	813
Office costs	3,142	1,999
Committee & administration	<u>33,572</u>	<u>30,078</u>
	37,686	32,890
Governance costs		
Independent examination	<u>1,570</u>	<u>740</u>
Total resources expended	<u>71,587</u>	<u>86,545</u>
Net expenditure	<u>(6,957)</u>	<u>(15,155)</u>

This page does not form part of the statutory financial statements