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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

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**Trustees' report and financial statements**

**For the Year Ended 31 March 2025**

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Reference and administrative details of the Charity, its Trustees and advisers**  
**For the Year Ended 31 March 2025**

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<b>Trustees</b>	Mr D H Knight, Chair Mr M Ingram, Trustee Mrs A Whitfield, Trustee Mr J Di Palma, Trustee
<b>Company registered number</b>	02634372
<b>Charity registered number</b>	1028663 (England & Wales)
<b>Registered office</b>	296a Kingston Road Wimbledon Chase London England SW20 8LX
<b>Independent auditors</b>	Axis Accountants Ltd Chartered Certified Accountants Registered Auditors 8 Deer Park Road London SW19 3GY
<b>Bankers</b>	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

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## COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES

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### Trustees' report For the Year Ended 31 March 2025

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The Trustees present their annual report together with the financial statements of the COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES for the year 1 April 2024 to 31 March 2025. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

#### 1.0 Scope of the Organisation

The Organisation is a non-profit charity that supports vulnerable adults through psychosocial interventions, skills development, and community integration. Services include resilience-building, symptom management, and day-to-day practical support.

The Organisation operates from its main premises in South West London and works closely with local authorities, NHS partners, and community groups.

#### 1.1 Organisation's Mission

The organisation aims to improve the lives, mental health, wellbeing and recovery capital of people experiencing mental health issues, substance and alcohol misuse issues and other complex challenges such as neurodiversity. We do so through providing innovative and inclusive psychosocial services.

#### 1.2 Organisation's Values

The organisation is a highly respected organisation with over 30 years of experience in delivering psychosocial services to people experiencing mental health issues, substance and alcohol misuse issues and other complex challenges, as well as their families. At the heart of our organisation, our values are:

- Client-centred
- Inclusivity
- Respectful
- Non-judgemental
- Confidential

#### 1.3 Organisation's Objectives

- To provide a range of psychosocial services to support the recovery of people with a substance or alcohol misuse, people experiencing mental health issues, neurodiverse groups and ex-military veterans, aimed at helping their wellbeing and their reintegration within the community;



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- To limit the harm which comes with mental health issues, substance and alcohol misuse and other psychosocial problems for our service users, their families and carers, and the wider community.
- To raise awareness and reduce the stigma associated with mental health, substance and alcohol misuse and neurodiversity, within the local community and at work.

### 1.4 Services Provided

- Providing a holistic approach aimed at improving the mental, physical, social, and emotional health and well-being of our clients.
- Focusing on the recovery and reintegration of our clients.
- Offering support and provision of information to family members of our clients.
- Increasing our clients' own recovery capital.
- Offering personalised, peer-led support to our clients.

### 1.5 For Whom Services are Intended

Residents of the Boroughs within South West London, aged 18 and over.

## **2.0 Quality Policy**

The Organisation is committed to delivering high-quality psychosocial support services that promote wellbeing, independence, and community inclusion for vulnerable adults. We achieve this through competent staff, effective safeguarding, regulatory compliance, and continuous quality improvement.

We commit to:

- Delivering safe, person-centred support
- Meeting regulatory and contractual requirements
- Continually improving the QMS
- Ensuring staff competence and safeguarding awareness

The organisation operates under a fully approved Quality Policy, part of the ISO 9001 quality manual.

All our services follow our Values and Ethos

- Client-centred
- Inclusive
- Respectful
- Non-judgmental
- Confidential

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### 3.0 Context of the Organisation

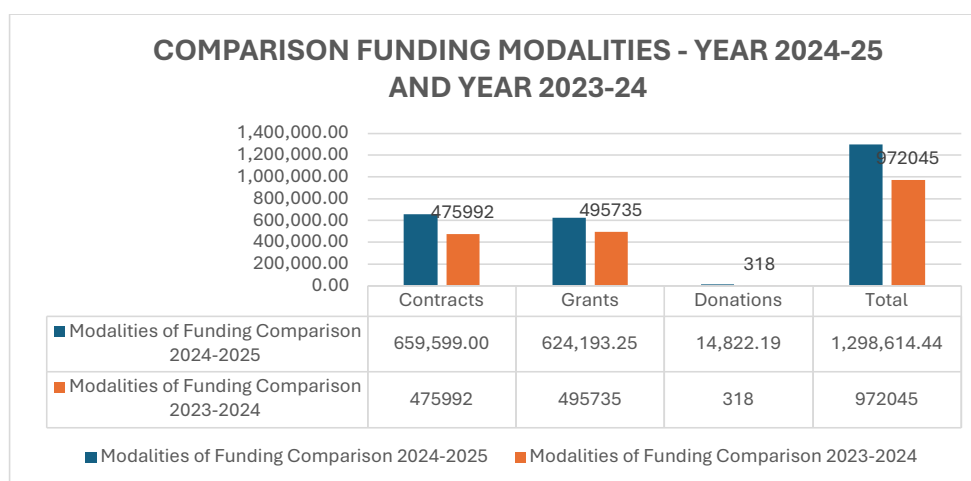
The Organisation provides psychosocial support services to vulnerable adults aged 18+ residing in the boroughs of South West London. External and internal issues affecting the QMS include regulatory requirements, funding conditions, demographic trends, organisational capacity, safeguarding needs, workforce competencies, and operational processes.

The Organisation has determined its ability to achieve the intended results by following the ISO 9001 Quality Management System, and has systems/processes/software/resources in place to ensure compliance.

#### 3.1 Benchmarking

The organisation is a medium-sized local charity with an annual income of approximately 1 million. One of the areas that the organisation seeks to improve is diversifying its income streams. Historically, income was generated from contracts with local and public authorities. Over the last few years, the organisation has focused on increasing non-statutory grants rather than contracts, while it is exploring new ways to diversify funding, such as donations and trade.

Chart 1 below shows the income received for the years 2024-25 and 2023-24, for comparison across the specific modalities.



This shows that the comparison of the two primary funding modalities over the two years is relatively stable. The total funding from contracts in 2024-2025 was 49.9%, compared with 48.9% in 2023-2024. The total financing of grants in 2024-2025 has been 49.3%, while in 2023-2024 it was 50.9%. Reporting a non-significant difference. The difference has been in the total amount of funding received between the two years, which shows a significant increase, as

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reported for year 2024-2025 of £1,298,614.44, compared to the income of year 2023-2024 of £972,045.00

### 3.2 History of the Organisation

The table below provides the organisation's history. This is important for determining the organisation's culture and ethos, which are solidly grounded in its local history.

**Table 1 – CDARS's History**

<i>Community Drug and Alcohol Recovery Services (CDARS) was founded in 1985 by a local mother (DB), as a direct response to her family's traumatic experiences of the devastation caused by drug and alcohol addiction.</i>
<i>When DB's eldest son David's addiction turned into a crisis, she struggled to find the help and advice she and her family needed. At that time, little or no support existed for the user, their family, or their carers. DB knew from personal experience that drugs do not just harm the users, and her initiative was her response to fill that vacuum, turning the trauma of her family's own battles with addiction to aid those who also felt alone, isolated and abandoned in their search for support.</i>
<i>DB set up what was, at that time, one of the UK's first family groups to help others facing the damage of drug addiction: Family Support Group for the Relatives of Drug Users. This group - started in DB's home - flourished, developed, and expanded into what is today CDARS.</i>
<i>DB trained as a counsellor, began a 24/7 telephone helpline from her family home, and a support group for families of addicts to come together, share experiences and offer emotional support, and for the addicts themselves. The group rapidly outgrew DB's home, and having secured funding and further training, DB obtained premises in Wallington, South London.</i>
<i>DB's son, D., successfully underwent a drug rehabilitation programme and, in 1991, joined his mother to run the group. With their own experiences to draw upon, DB and D. became a formidable force in the battle against addiction, expanding their training, building links with St. George's Hospital Department of Addictive Behaviour, Social Services, South London Borough Councils, and becoming a member of SCODA (Standing Conference on Drug Addiction) as the support group evolved and</i>

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<i>expanded to offer a wide range of support services, including one of the first needle exchange in South London.</i>
<i>CDARS was formally established as a charity in 1991 as a service providing emotional, practical and social support to substance misusers, people with mental health issues and other complex needs, their families and carers.</i>
<i>In 1995, David tragically passed away. 'The DB Trust Fund' was set up in his memory, providing emergency financial support to families battling the crisis of addiction. DB continued to lead the charity until her retirement in 2000. In 2005, she published a memoir of her experiences and her son's battle with addiction - 'A Life Remembered'. DB passed away in 2019.</i>
<i>From humble beginnings, DB and D. built CDARS into the largest agency in South London, establishing an exceptional reputation in the addiction field and providing a lifeline for thousands of people suffering the devastation of addiction. They pioneered a model of support service that continues to flourish and deliver critical aid today.</i>
<i>The quality of the work delivered by CDARS has been recognised by various bodies over the years, including the Whitbread Community Care Award in 1988, the Certificate of Merit for contributions towards community service from the Co-operative Union Ltd in 1991, Community Award from the Mayor of Merton in 1998, and the Trust for London award for committed services to the community in acknowledgment of outstanding achievement also in 1998.</i>
<i>CDARS has received visits from the Ministry of Crime Reduction, the Mayor of London's Office, and the local MP in Merton in recognition of its achievements in reducing drug use and related crime locally.</i>
<i>CDARS is a unique organisation that stands out from many others. It has always been a step ahead and a pioneer in many of the services provided over the years: services that have become part of the national agenda for the treatment of substance misuse. With 37 years of experience in working with vulnerable people with complex needs, it supports over 1000 service users each year.</i>

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#### 4.0 Governance, Structure and Accountabilities

The organisation operates a robust Information Governance (IG) framework that ensures compliance with the UK GDPR, the Data Protection Act 2018, the Caldicott Principles, and the NHS Data Security and Protection Toolkit.

Information governance responsibilities are clearly defined and embedded across all levels:

- Caldicott Guardian (Operations Manager). Responsible for ensuring that the Caldicott Principles are upheld when handling personal and special category data. Provides advice on confidentiality and information sharing decisions.
- Privacy Officer. The Operations Manager is the Privacy Officer. Provides independent advice, monitors compliance with data protection legislation, conducts DPIAs, and acts as primary liaison with the ICO.
- Senior Information Risk Owner. The Chair is responsible for information risk management. Oversees the risk framework, ensures appropriate controls, and receives regular risk assurance reports.
- Information Governance Lead / Asset Owner. Each Department Manager leads day-to-day IG operations, including policy development, training, incident management, and data sharing agreements. Supports DSPT submissions and audits and manages data.
- All Staff. Required to complete annual IG and Data Protection training and to adhere to organisational policies and confidentiality agreements.

These roles are formally documented in our Information Governance Policy and reviewed annually.

#### 4.1 Certifications and Standards

- NHS Data Security and Protection Toolkit (DSPT): Annual submission completed and published (Standard Met). CDARS DSPT code is 8JM06
- Cyber Essentials Plus: Independently assessed and maintained to verify technical controls against external threats.
- ISO/IEC 27001:2013 Certification will be gained before April 2026
- NHS Digital and ICB Information Sharing Agreement (ISA): In place and regularly reviewed.

#### 4.2 Policies and Procedures

The organisation maintains a comprehensive suite of IG and data protection policies, which are reviewed annually or following legislative or organisational change. They are attached to this tender submission and include:

- Information Governance Policy. Defines the IG framework and accountabilities.
- Data Protection Policy. Outlines compliance with the UK GDPR and DPA 2018, including lawful processing, data subject rights, and retention.
- Records Management Policy. Aligns with NHS Records Management Code of Practice 2021; includes retention schedules and disposal protocols.
- Confidentiality and Data Sharing Policy. Governs lawful and ethical sharing of service user and patient information.
- Information Security Policy. Details technical and organisational security controls and risk management practices.
- Secure Transfer of Information Procedure. Defines approved channels for secure email, file sharing, and data exchange with partners.
- IG Incident Reporting and Breach Management Procedure. Defines steps for identifying, escalating, containing, and reporting data breaches to the ICO, where applicable.
- Access Control and User Management Policy. Details processes for user onboarding, privilege management, and access reviews.

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- Data Protection Impact Assessment (DPIA) Procedure. Ensures privacy risks are identified, assessed, and mitigated before any new processing activity.

### 4.3 Safeguarding Laws

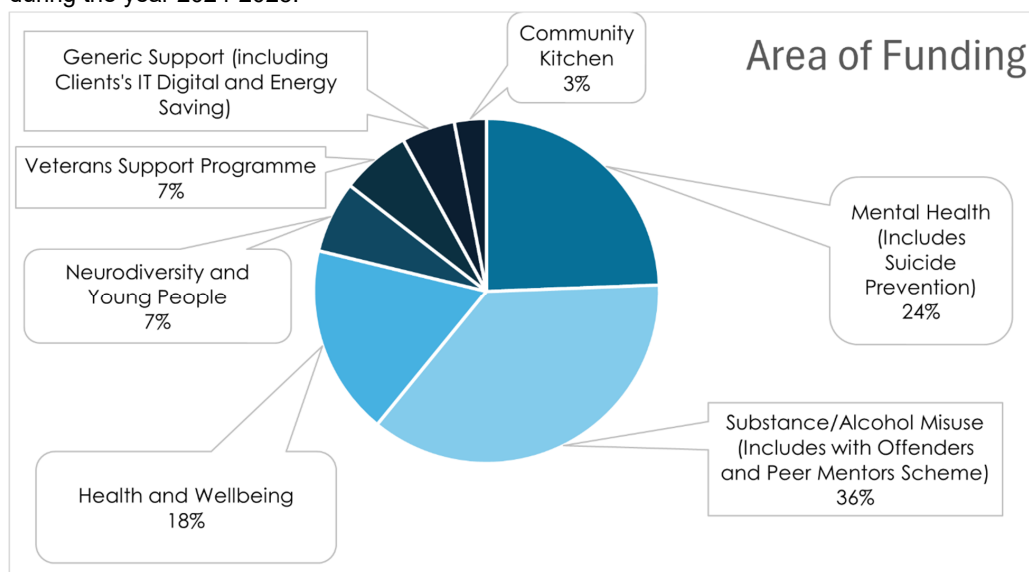
The organisation already operates the highest possible safeguarding policies and procedures, including training, and those applying to vulnerable people. The organisation fully follow NHS and statutory regulations concerning safeguarding including all of those required by the service specification such as Children Act 2004, Care Act (2014), Counterterrorism and Security Act, Prevent and Channel Duty (2015), FGM Act 2003, Serious Crimes Act 2015 (section 70(1)), Mental Capacity Act (2005, 2019), Deprivation of Liberty Safeguards (2009), and Modern Slavery Act 2015.

The organisation is a member of SAFEcic (<https://www.safecic.co.uk/>) which provides a holistic Safeguarding support service including training, information, DBS checks, and updating policies and standards. We have attached our policy to this tender, and it fully meets the requirements outlined in Section 32 of the NHS standard contract and NHS Safeguarding Accountability and Assurance Framework, as shown below.

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### 5.0 Services Provided

The pie chart below shows the areas of work and their proportions provided by the organisation during the year 2024-2025.



#### 51. Substance and Alcohol Misuse

##### 5.1.1 Wandsworth and Richmond Substances & Alcohol Abuse Recovery Programme

Our organisation provides support for substance and alcohol misuse in the Boroughs of Wandsworth and Richmond. This is part of a partnership with South London and Maudsley NHS Trust. The Substances & Alcohol Abuse Recovery Programme is designed to support people aged 18+ years old struggling to come off alcohol and/or drugs, as well as to help individuals who are abstinent from substances and/or alcohol and want to access additional recovery support and relapse prevention services.

The programme aims to assist clients recovering from addiction and substance abuse by discovering their own unique qualities and strengths, developing self-esteem and hopes for a brighter future. We achieve this by using the five ways to wellbeing:

Connection with others; building a support network and long-lasting friendships.  
Learning new skills to build confidence and self-worth.

Giving back to others because, by serving others, we help and heal ourselves.  
Physical and recreational activities; to support physical, emotional, and mental well-being.  
Paying attention to the present moment (mindfulness) to escape the shame and regret of the past, and the fear of the future.

The Substances & Alcohol Misuse Recovery Day Programme offers an extensive range of services which include:

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- Therapeutic Groups.
- Counselling Sessions for addiction, drug & alcohol abuse.
- One-to-one keywork sessions.
- Online and face-to-face addiction support access.
- Recreational and leisure activities such as football, cycling, gardening, and crafts.
- Specialist support for clients with suicidal ideation.
- Specialist support for neurodiverse needs.
- A community kitchen attached
- A lively programme of Peer Mentors.
- Veterans support.
- Health and nutrition education and guidance.
- Well-being and mindful practices focused on addiction recovery.
- Substance abuse relapse prevention.

#### 5.1.1. Data and Performance

The table below summarises data and performance for the year 2024-2025.

Category	Indicator	Number
Access	Number of referrals	432
Engagement	Session attendance rate	75%
	Dropout rate	25%
	Average number of sessions per client	10
Clinical Outcomes	Successful Outcomes (Completely Clean or Significant Reduction in substance use)	240
	Improvement in psychosocial functioning	75%
	Treatment completion rate	75%
Quality & Safety	Client satisfaction score	4
	Incident reports	8
	Staff-to-client ratio	25
Service Capacity & Resources	Staff training compliance	100%
	Caseload size	20
<b>Gender Ratio:</b>		
	Male	65%
	Female	35%
<b>Distribution by Age:</b>		
	Young People 18-25 Ratio	8%



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### 5.2 Mental Health

#### Sunshine Recovery Café

CDARS mental health support services provide additional support alongside the clinical services offered by the local NHS Trust. The Service is open every day of the year for persons in mental health crisis, or those who perceive themselves as going into crisis.

#### What we aim to achieve

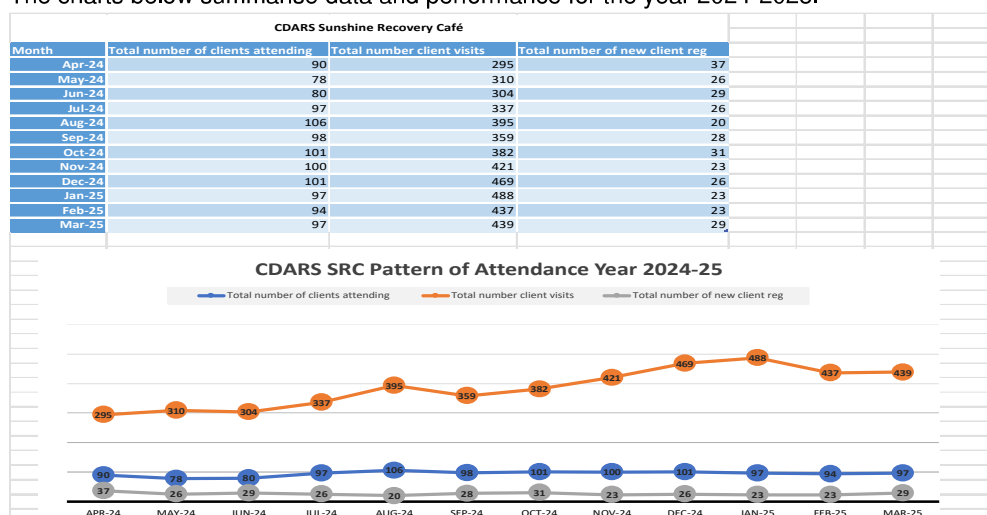
We want to help those in a mental crisis get the support, guidance, and tools they need to live a happier, healthier life. By offering a wide range of services, groups, and activities, we aim to help our clients heal both mentally and emotionally - by doing so we assist them in finding the strength and resilience they need, and the coping skills necessary, to overcome mental crisis.

#### What we offer

- A safe space and welcoming environment.
- Crisis intervention.
- Recovery café drop-in.
- Face-to-face mental health counselling.
- Assessment and referrals.
- Telephone support for mental health.
- Mental health support groups.
- Health and well-being programmes.
- Suicide prevention and harm reduction programs.

#### 5.2.1. Data and Performance

The charts below summarise data and performance for the year 2024-2025.



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#### 5.3 Suicide Prevention

Saving Lives is a programme for suicide prevention and management. The programme offers a three-stage process – SURVIVE, PREVENT, SUSTAIN – which is delivered by suicide prevention specialist counsellors and volunteers.

#### What we aim to achieve

By providing a three-stage process of immediate crisis help, relapse prevention and long-term support, the Saving Lives programme aims to help those at risk of suicide or suicide ideation to overcome their despair and to begin feeling optimistic about a better future.

#### What We Offer

- A suicide prevention programme and support services throughout South-West London.
- Suicide support groups.
- Counselling services for suicide prevention.
- Suicide phone call check-ins.
- Guidance for Suicide Prevention.
- Health and Wellbeing Services.
- Mental Health Services.

#### What We Offer

The Suicide Prevention Programme offers a three-stage process - SURVIVE, PREVENT, SUSTAIN - which is delivered by suicide prevention specialist counsellors and volunteers.

#### Survive

Clients are initially assessed to identify their risk of suicide. Once an assessment is complete, the team creates a bespoke treatment package for each individual.

#### Treatment packages can include:

- Guidance on therapeutic tools and techniques needed to manage suicide ideation.
- One-to-one counselling.
- Access to weekly support groups & peer support.
- Workshops dealing with mental health issues and emotional well-being.
- Talks by healthcare professionals.
- Phone call check-ins from a team member.
- Links to other local crisis services.

#### Prevent

Clients who have coped with an immediate crisis then move on to longer-term support, designed to prevent a relapse back into suicide ideation.

#### Activities can include:

- Continued one-to-one counselling (regularity subject to an individual's progress).
- Weekly relapse prevention group.
- Ongoing peer support.
- Optional phone call check-ins and online support.

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- Links with other services depending on a client's needs. This may include access to employment training, housing services, faith and social groups, volunteering opportunities, and improved welfare benefits.
- Crisis intervention services available as and when needed.

#### Sustain

At this stage, clients are no longer in crisis or having suicidal thoughts; however, ongoing support is still available to ensure a sustained lower risk of suicide. Ongoing support includes:

- One-to-one counselling (if necessary).
- Support from volunteers and counsellors in a broader range of issues, such as finding employment and gaining training.
- Continued access to support groups
- Crisis intervention services available as and when needed.

#### 5.3.1. Data and Performance

The table below summarises data and performance for the year 2024-2025.

Indicators	Number	%
Number of service users who accessed the service	133	100%
Clients who have reported a significant increase in confidence in self-managing their mental health symptoms.	121	91%
Clients who have reported a significant reduction in their triggers to suicide ideation.	119	90%
Clients who have reported significant improvement in learning new skills, social networks and support, leading to an improved mental well-being and quality of life.	125	94%
<b>Gender</b>		
Male	81	61%
Female	52	39%
<b>Neurodivergent (Reported as having ASD or ADHD)</b>	45	34%
<b>Ethnicity</b>		
White British	74	56%
White Europeans	17	13%
Afro/Caribbeans	15	11%
Black British	11	8%
Asians	9	7%
Mixed Race	7	5%
<b>Age Group</b>		
18 to 27	28	21%
28 to 39	38	29%
40 to 51	36	27%
Over 51	31	23%
<b>Borough of Residence</b>		
Wandsworth	38	29%
Merton	61	46%
Richmond	16	12%
Kingston	11	8%
Sutton	7	5%

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#### 5.4 Health and Well-Being

The R.I.S.E. (Reconnect, Include, Share, Engage) is the Health and Wellbeing programme run by CDARS and delivered in partnership with Deen City Farm (animal welfare and gardening sessions) and The Fighting Chance (Boxing training sessions). The National Lottery Community Fund generously funds it.

Aimed at people experiencing mental health and substance misuse issues, the programme delivers holistic and psychoeducational activities that encourage our service users to feel empowered, protected, uplifted and independent.

#### What we aim to achieve

The Health and Well-being programme aims to improve the overall health and well-being of people experiencing a mental health crisis. We want to help our clients discover their self-worth and believe in a better life. We aim to build confidence, life skills, meaningful friendships, healthier lifestyles, potential employment opportunities, and so much more. The services we offer in this programme will also help to prevent relapse, escalation of mental health issues, and support independence.

#### What we offer

The programme offers a comprehensive range of activities and learning experiences, all focused on maintaining physical, mental, and emotional well-being.

- Healthy living – Weekly workshops on topics such as healthy coping strategies, eating well and sleep hygiene, to promote a balanced lifestyle for mental, emotional and physical health.
- Physical activities – Helping to boost self-esteem, mood, energy levels and sleep quality, as well as alleviate stress and feelings of depression.
- Employment training – Work coaches assist with CV writing, interview skills, job searches, and more to build confidence and find employment.
- Mindful practices - Yoga, meditation, and other holistic practices to relieve anxiety, depression and overwhelm.
- Individual counselling – One-on-one therapy to manage and change negative behaviours, learn coping strategies, build self-worth, and process past trauma.
- Social activities – Cultural events, arts and crafts and social outings to promote human connection and build friendships.

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#### 5.4.1. Data and Performance

The table below summarises the outcome for the year 2024-2025.

Outcome	Indicators	Number	%
The health and well-being of the programme participants will be improved	Making positive lifestyle changes	116	91%
	Report better life satisfaction	116	91%
	Improved health and fitness	116	91%
The participants will enhance their mental recovery	A better understanding of their mental health	113	88%
	An improved self-esteem	113	88%
	Feeling more positive about their mental health	118	92%
The participants will be more integrated socially	Feeling less isolated	119	93%
	Having engaged with other local organisations	113	88%
	Having made new friends	119	93%
Hard-to-reach people engage in the programme	Number of men enrolling in the Programme	62	48%
	Number of neurodiverse people enrolling in the programme	49	38%

#### 5.5 Neurodiversity Support Programme

CDARS Neurodiversity Support Programme in South West London supports individuals with neurodiverse conditions such as ADHD, Autism, Dyslexia and Dyspraxia. The programme offers mental health support, support with financial and housing benefits, employment and interview practice, and social engagement and relationship building.

##### What we aim to achieve

The Neurodiversity Support Programme aims to support residents with neurodiverse conditions, including help with recovery from alcohol and substance misuse, mental health support, support with financial and housing benefits, employment and interviewing practice, social engagement and building relationships.

##### What we offer

Holistic person-centred support and guidance within our Neurodiversity Support Programme. Weekly one-to-one support check-ins, either online or in person.

Neurodiversity Support Programme & advocacy groups to help with social anxiety.  
Various activities to build lifelong coping mechanisms and healthy, sustainable relationships.

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Access to other CDARS services such as our Health and Wellbeing programme, counselling services and community outings.

The Neurodiversity Support Programme is provided by a qualified neurodiversity support specialist, registered with ADMP UK as a dance and movement psychotherapist.

### The programme includes:

CDARS's Neurodiversity Support	Benefits of the Programme
<ul style="list-style-type: none"> <li>• Mental Health Support</li> <li>• Understanding Neurodiversity and how to manage symptoms best</li> <li>• Support through the diagnosis process</li> <li>• Support through the interlink between neurodiversity and substance &amp; alcohol misuse</li> </ul>	<ul style="list-style-type: none"> <li>• Support with flexible options, tailored to individuals' needs</li> <li>• Learn to be part of and develop a sense of community</li> <li>• Clients engage at their own pace</li> <li>• We offer a safe, welcoming and supportive environment. We often are praised for this by clients</li> </ul>
<ul style="list-style-type: none"> <li>• Social Skills training</li> <li>• Life and social skills support</li> <li>• Access to CDARS's other services, like our Suicide Prevention Programme and our Young People Programme</li> <li>• Referral and support for external service</li> </ul>	<ul style="list-style-type: none"> <li>• Feeling part of a group of like-minded people</li> <li>• Feelings validated and having space to feel heard</li> <li>• Having a safe Space to be when needed</li> </ul>

An example of the groups that CDARS runs is the life and social skills group. This group covers topics on understanding and managing neurodiversity. It is provided partly as an open group and partly as educational workshops.

Week 1	Embracing Diversity & Understanding Neurodivergent Strengths
Week 2	Navigating Mental Health & Well-being
Week 3	Emotional Regulation & Self-awareness
Week 4	Exploring Relationship Dynamics & Boundaries
Week 5	Effective Communication & Language Use
Week 6	Building Social Connections & Interpersonal Skills
Week 7	Advocacy & Empowerment
Week 8	Integrating External Support & Internal

Support Programme for Parents and Carers of Neurodivergent groups, including ASD, Asperger's, ADHD, and Dyslexia.

At CDARS, we recognise a significant gap in support for Neurodivergent groups and their family members. Therefore, our service aims to fill that gap as much as possible. The support group

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that we run aims to support family members and carers of Neurodivergent groups, including those with ASD, Asperger's, ADHD, and Dyslexia.

The support group aims to offer

- Emotional Support: Offer a safe and understanding space for members to express their feelings, share their experiences, and receive empathy from others in similar situations.
- Education and Awareness: Help families better understand neurodivergence (e.g., autism, ADHD, dyslexia), including its strengths and challenges.
- Skill Building: Offer strategies for effective communication, behaviour support, advocacy, and self-care for caregivers.
- Resource Sharing: Connect members with helpful resources such as therapists. Educational supports. Legal rights. And financial assistance.
- Advocacy: Empower family members to advocate for their loved ones in schools. Healthcare systems. And the community.
- Community Building: Reduce isolation by fostering a sense of belonging and mutual support among members.
- Problem-Solving: Provide a collaborative environment for discussing challenges and brainstorming solutions based on collective experience.

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5.5.1. Data and Performance

The table below summarises data and performance for the year 2024-2025.

	Number	%
<b>Clients who accessed during the year</b>	177	100%
<b>Borough of Residence</b>		
Merton	87	49%
Wandsworth	32	18%
Kingston	23	13%
Richmond	9	5%
Sutton	26	15%
Family member	41	23%
<b>Gender</b>		
Female	80	45%
Male	76	43%
Other	21	12%
<b>Ethnicity</b>		
White British	68	38%
Black British	25	14%
Asian	10	6%
Afro-Caribbean	13	7%
Eastern European	7	4%
Other white	16	9%
Mixed White Black	20	11%
Mixed White Asian	13	7%
<b>Age group</b>		
18-25	47	27%
26-35	34	19%
36-45	30	17%
46-55	23	13%
Over 55	43	24%
<b>Status</b>		
Completed successfully	102	58%
Dropped out prematurely	11	6%
Active still in treatment	64	36%



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## COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES

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#### 5.6 Young People

##### The Sunlight Youth Café

The Young People Service helps young adults cope with challenging life experiences and teaches them to live healthy, independent lives. We offer activities and events that enable young adults to feel connected, protected, uplifted and part of a community.

##### What we aim to achieve

We want to provide young adults (ages 18 to 25) with an opportunity to connect and work together to improve their mental and emotional well-being. We aim to help young people find their own unique voice and feel empowered to live independent, confident, and fulfilling lives.

Through the programme, we strive to teach new life skills, reduce disconnection and loneliness, build confidence and resilience, improve employment potential, and most importantly, help young people look forward to the rest of their lives.

##### What we offer

The Sunlight Youth Café delivers a range of weekly activities and quarterly events to educate, include, and inspire young people.

- Individual counselling.
- Support groups dealing with topics such as mental health, neurodiversity, self-esteem, and goal setting.
- Mindfulness techniques, including yoga, meditation, and conscious use of social media, to preserve mental and emotional well-being.
- Therapeutic art activities.
- Sports and physical activities.
- Healthy Living and Nutrition.
- Education, Training and Employment.
- Support and advocacy with welfare benefits and debt issues.

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**5.6.1. Data and Performance**

The table below summarises data and performance for the year 2024-2025.

	Number	%
<b>Clients who accessed during the year</b>	97	100%
<b>Gender</b>		
Female	51	53%
Male	43	44%
Non-Binary	2	2%
Trans-Man	1	1%
<b>Ethnicity</b>		
White British	55	57%
Black British	9	9%
Other White	8	8%
Black African	5	5%
African	5	5%
Indian	4	4%
Asian British	4	4%
Mixed White Black	4	4%
Mixed White Asian	3	3%
<b>Age group</b>		
17-19	11	11%
20-26	86	89%
<b>Disability</b>		
ASD	12	12%
ADHD	11	11%
Auditory Processing Disorder	9	9%
Physical Disability	7	7%
Dyslexia	6	6%
Visual Impairment	4	4%
Hearing Impairment	3	3%
<b>Outcomes</b>		
Clients have shown overall improvements in well-being and mental health. This can be seen in their reports of better personal relationships, improved emotional regulation, greater understanding of their neurodiversity, better management, the ability to build a routine, and improved life skills. Some have advanced in their careers by taking on jobs and pursuing education.		
<b>Feedback</b>		
<ul style="list-style-type: none"> <li>“I am happy that I met Rachel (staff) today. Her sensitivity and gentleness helped me to feel safe and seen. I appreciate her sense of humour. Thank you, Rachel. Your support today gave me the strength to see a way forward.”</li> <li>“Thank you for helping me in crisis when I needed it and even providing me with support over the phone when it was difficult for me to come in. It helped me feel heard and understood.”</li> <li>“Before coming here, I didn’t think I would get much out of it. But it has helped me. I’ve learned tools to better manage my stress and relationships. I really valued the check-ins in the group and felt supported even when I had a bad week.”</li> </ul>		

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### 5.7 Ex-Military Veterans Support

Ex-Military veterans are twice as likely to be unemployed as non-veterans, and are much more likely to experience homelessness, prison, or social exclusion. All these issues mean a much higher rate of depression and mental disorders. We offer this programme to support the well-being and reintegration of veterans living in our local community.

#### What we aim to achieve

Funded by various funders, the programme aims to improve the health and mental well-being, skills, resilience, and prospects of disadvantaged veterans living in Merton, Sutton, Wandsworth, Richmond and Kingston. The programme is also designed to support the families and carers of veterans.

The programme brings together a holistic set of services to meet the needs of veterans, whilst referring them to other local services when appropriate.

#### What we offer

Our Ex-Military Veterans Support Programme offers a four-stage programme:

Phase 1 - Access and Engagement.

Phase 2 - Skills Building.

Phase 3 – Re-Integration.

Phase 4 – Aftercare and Relapse Prevention.

Services offered include:

- Counselling
- Support groups
- Advice, guidance, and information
- Peer mentorship
- Family support
- Health and well-being for Ex-Military Veterans
- Benefits support for Ex-Military Veterans
- Employment and voluntary work support
- Relationship building
- Money management
- Personal development
- Aftercare support
- Relapse prevention
- As part of the programme, we also offer a choir designed to use music and singing as therapeutic tools to help veterans re-integrate into the local community.

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5.7.1. Data and Performance

The table below summarises the data and performance for the year 2024-2025.

<b>The number of veterans who accessed services during this period included those with PTSD, other forms of acute mental health challenges, and extreme loneliness and isolation.</b>	<b>Achieved</b>
Number of Veterans	86
Indirect beneficiaries, Family members and close friends of veterans	42
<b>Services provided and attendance</b>	
Counselling face to face one to one	61
Peer support groups, where our service users meet in a safe, confidential space to share stories and offer support and guidance to one another.	48
Advocacy support to help service users improve their life circumstances, such as access to housing and claiming benefits.	41
Referrals to other agencies for additional support if needed.	19
Access to CDARS' other services, such as our mental health recovery cafe or health and wellbeing sessions.	55
<b>Activities that have been provided and attendance</b>	
Outdoor activity - Veterans Walk	32
Veteran Boxing	5
The Veterans Breakfasts, in Wimbledon Chase, Morden and Wix Lane, Clapham Common	39
The Veterans Allotment attendance	22
<b>Outcomes Achieved</b>	
Veterans reported a reduction in feelings of loneliness and isolation.	82
Veterans reported having a better understanding of their mental health issues and triggers.	81
Veterans reported feeling that their mental health had significantly improved.	83
Veterans reported that their life circumstances and quality of life have significantly improved a	83
<b>Successes achieved</b>	
<ul style="list-style-type: none"> <li>Counselling and support groups are ongoing at our Wimbledon Chase venue, where we offer face-to-face counselling sessions. Additionally, the Veterans Hub operates every Friday from 10 am to 1 pm, providing a dedicated space for veterans to connect and access support.</li> <li>The veterans' group has also engaged in outdoor activities like archery and air rifle shooting at the Runways End Outdoor Centre in Aldershot, located near the British Army Garrison.</li> <li>Veterans have enjoyed free entry to historic landmarks, including Hampton Court Palace and the Tower of London, enriching their experiences and providing enjoyable outings.</li> <li>The Veterans' Breakfast Club is held every Friday in Wimbledon Chase, Morden, and continues to be well-attended by military veterans from South London and surrounding areas.</li> <li>Meanwhile, the veterans' group is actively developing their allotment in Morden. Significant progress has been made, with veterans planting carrots, potatoes, and peppers, while also clearing additional ground to expand the planting area.</li> </ul>	
<b>Feedback</b>	
<ul style="list-style-type: none"> <li><i>I always find the Vets Hub in Wimbledon Chase beneficial. It's the perfect setup for a veteran like me who is living alone, has time on my hands and needs that veteran's connection.</i></li> </ul>	

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## COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES

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- *Meeting veterans is totally different from meeting civvies. It takes us back to our own service days and it becomes an important part of our lives. We are privileged to have many activities there for us, and it's also great to have a veteran's allotment. Thank you all.*
- *Leaving the forces was a daunting experience, but discovering the CDARS Veterans Project has been a lifesaver, not just for me, but for many other veterans as well. It's been incredible to meet fellow veterans, build connections, and support one another through shared experiences.*
- *The services provided at CDARS are outstanding. We are always warmly welcomed and appreciated for our service to the country, which means a lot. I particularly look forward to the breakfast club and spending time at the allotments, and these activities have become essential parts of my routine. It's also reassuring to know that mental health support is available if I ever need it.*
- *I'm genuinely grateful for everything CDARS offers. It's made a massive difference in my transition to civilian life.*

### 5.8. Community Kitchen Service

CDARS Community Kitchen Service has become an integral service for our local community, providing meals for those struggling with food poverty, cooking and shopping classes, and volunteer opportunities for clients facing employment barriers and lacking work experience.

#### What we aim to achieve

The Community Kitchen was born as a rapid-response initiative to support our most vulnerable clients who were isolated at home, with little or no support, during the COVID-19 lockdown, providing grocery boxes and healthy meals to help them through the crisis.

The Community Kitchen has had such a positive impact on our clients in the local community that it was decided to make it into a permanent service, and now we serve over 300 clients a year.

The Community Kitchen is currently based at St Mungo's Wellbeing Centre in Wandsworth (to whom CDARS is immensely grateful). The kitchen team collaborates with St Mungo's "Putting Down Roots" project, which teaches vulnerable people how to plant and grow vegetables, and links with CDARS's allotment service.

#### What we offer

- Provides meal services for clients in the local community struggling to feed themselves due to poverty.
- Runs cooking and food shopping classes for marginalised individuals experiencing food insecurity and social isolation.
- Offers volunteer opportunities to our clients who face employment barriers, providing them with vital skills and work experience.

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### 5.9 The David Bickerton Memorial Fund

The David Bickerton Memorial Fund was established by CDARS' founder, Dorothea Bickerton, in memory of her son David. The Fund provides emergency support to some of our most underserved families, offering essential items such as basic kitchen equipment and other vital household goods.

Dorothea has also authored a book based on her experiences as a mother. *\*You Are Not Alone\** recounts her journey to support her son through addiction and how this led to the creation of a pioneering substance misuse support service. The book is available on Amazon, with all proceeds supporting the David Bickerton Memorial Fund. To date, more than 2,000 copies have been sold.

During the year, the Fund continued to make a significant impact by supporting service users with urgent needs they would not otherwise have been able to meet. Examples of items purchased include beds, cookers, fridges, medicines, and essential vitamins—resources that have a tangible and immediate effect on wellbeing and stability.

The Memorial Fund has now become an integral part of CDARS' ongoing activities. As part of our 40th anniversary celebrations, we held a special event at the Everyday Church in Wimbledon, attended by more than 100 people. Service users played a central role in the day, presenting a play about addiction, exhibiting artwork, and performing in a choir conducted by our Choir Master, Sally Martin-Brown.

The event was particularly moving due to the attendance of Dorothea's son Ian, alongside his wife and children. Ian delivered a heartfelt reflection on the early days of CDARS, recalling how the organisation began in Dorothea's living room. The event also featured a presentation of *\*You Are Not Alone\**, written by Dorothea.

In 2024–2025, the David Bickerton Memorial Fund provided essential assistance to approximately 60 service users, reinforcing its vital role in supporting some of the most vulnerable individuals in our community.

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#### **6.0 Plans and Developments for the Future**

During the reporting period, the organisation recorded a substantial increase in referrals to its neurodiversity services. Over the past 12 months, a significantly higher number of neurodivergent individuals, as well as their family members, have been referred to and engaged with our provision. This trend, which exceeded expectations, has been primarily driven by referrals from NHS services and local GPs. As the only service of this kind operating within the Boroughs we serve, demand has intensified faster than our existing capacity.

The current delivery of the neurodivergent programme is supported by a limited number of grants from non-statutory funders, including the Wimbledon Foundation, the Mackie Foundation, the Vinehill Trust, and the Sackler Trust. Despite these contributions, available resources remain disproportionately low in relation to the scale of need.

In quantitative terms, the team supported 177 neurodivergent service users during the year, with a staff complement of only three. The significant and sustained rise in demand has resulted in approximately 140 individuals remaining on our waiting list, highlighting a critical capacity challenge.

In response, the organisation has prioritised developing strategies to increase funding and diversify income streams dedicated to the neurodiversity programme. Strengthening workforce capacity in this specialist area is a central component of our forward plan, aimed at ensuring we are better positioned to meet demand, enhance efficiency, and reduce waiting times.

As part of this strategic direction, the organisation has also developed and launched a professional training package focused on supporting neurodivergent individuals who present with substance and/or alcohol-related needs within drug and alcohol services. The inaugural session was delivered during the year and received highly positive feedback from participants. This programme will provide an additional income source, with all revenue reinvested into the neurodiversity support service. We have also compiled a proposal plan to send to potential funders, such as the NHS, ICBs, Public Health, and GPs themselves.

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## COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES

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### 7.0 Financial Review

CDARS has a reserves policy that requires a reserve equivalent to at least one-quarter of total annual expenditure to be held in the event of an unexpected decline in funding or financial changes.

For the year ended 31 March 2025, total expenditure amounted to £1,112,801. Therefore, at least £278,200 should be set aside as a reserve. Total unrestricted reserves held on 31 March 2024 amounted to £ 508,701 (2024).

CDARS has a Management Committee that meets every three months and is responsible for the charity's strategic direction and policies. CDARS adopts a policy on risk assessment and risk review for financial and funding matters. Every three years, a business plan highlighting potential financial risks is produced. The management committee meets regularly with the CEO. At these meetings, Trustees are updated on the main aspects, development, achievements, and problems. Potential risks are also reviewed and discussed, and decisions are made on the best ways to address and move forward with the adopted strategies.

At the end of March 2024, the Committee this year had four members from various backgrounds relevant to the charity's work. The CEO is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met; he is also responsible for the day-to-day operational management of the organisation, individual supervision of the staff team, and ensuring that the team continue to develop their skills and working practices in line with good practice.

The trustees, who are also the directors for company law and under the company's Articles, are known as members of the Management Committee, who served during the year were:

Mr DH Knight  
Mrs A Whitfield  
Mr M Ingram  
Mr J Di Palma (Resigned on 15/03/2025)

The Management Committee regularly reviews the significant risks to which the charity is exposed. Systems or procedures are established where appropriate to mitigate the charity's risks. Internal control risks are minimised by implementing procedures for authorising all transactions and projects.

Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of the NICE Guidelines. (National Institute for Clinical Excellence) ensures a consistent quality of delivery for all operational aspects of the charity. The charity is compliant with various quality management systems, as listed further below, and is audited regularly by its funders, generally annually. These procedures are periodically reviewed to ensure that they continue to meet the charity's needs.



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## **COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**

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#### 7.1 Structure, Governance, and Management

Governing Document Community Drug and Alcohol Recovery Services (CDARS) is a registered charity (No. 1028663). It is a company limited by guarantee (No. 02634372) that does not have share capital. Every charity member undertakes to contribute an amount not exceeding £1 to the charity's assets in the event of winding up. The total number of such members on 31 March 2024 was 4 (2023 = 4). The company was established in August 1991 under a Memorandum of Association, which sets out its objects and powers. Its Articles of Association govern it. The Memorandum and Articles of Association were last reviewed in February 2023. Under those Articles, the members of the Executive Committee are elected at an Annual General Meeting to serve for a term of up to 5 years.

All members of the Management Committee gave their time voluntarily and received no remuneration from the charity. Any expenses reclaimed from the charity are set out in the accounts. The Management Committee seeks to ensure that the client group's needs are appropriately reflected through the diversity of the trustee body.

To enhance the pool of potential trustees, we include former service users willing to become members and use their experience to assist the charity. The organisation aims to fully represent and maintain a broad mix of skills at the Management Committee level. It has a system to balance the required skills if they are lost.

Trustees are already familiar with the charity's practical work. New Trustees must attend an induction and a series of short training sessions to familiarise themselves with the charity and its context.

These are jointly led by the Chair of the Management Committee and the CEO of the charity and cover:

- The obligations of Management Committee members.
- The primary documents that set out the charity's operational framework include the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Plans and objectives

An information pack and guidance book prepared from the Charity Commission publication "The Essential Trustee" are distributed to all new Trustees, along with the Memorandum and Articles and the latest financial statements.

Where appropriate, relevant local and national policies guide the charity insofar as they complement its objects.

Quality systems that we employ include:

- National Institute for Clinical Excellence Guidelines
- Standards for Better Health
- International Organisation for Standardisation - ISO 27001
- Federation for Drug and Alcohol Professionals Guidelines
- Chartered Institute of Management Code of Conduct

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- Regular client surveys
- Safeguarding Vulnerable Adults Board and Child Protection Board, Health and Safety, and 85 other policies
- A Complaints Procedure System in place

CDARS is also registered with and accredited by:

- Centre for Social Justice
- Investors in People
- Mindful Employer
- Living Wage Foundation
- Veterans Mental Health Awareness Standards
- COBSEO
- Veterans Mental Health Awareness Standard
- The Equality Register
- Disability Confident
- Neurodiversity Inclusivity Confidence Award

The CDARS Board of Trustees, Management, Staff, Volunteers, and Service Users would like to thank the funders and donors who, once again, believed in and trusted the organisation for 2024-2025.

- South London and Maudsley Trust
- South West London St George's NHS Trust
- Big Lottery Community Fund
- London Borough of Wandsworth
- London Borough of Richmond
- London Borough of Merton
- Wandsworth Grant Funds
- Mrs Smith and Mount Trust
- Veterans Foundation
- Henry Smith Charity
- Armed Forces Covenant Fund
- Army Benevolent Fund
- Wimbledon Foundation
- The City Bridge Trust
- Schroder Charity Trust
- SGN Centre for Sustainability
- The Sackler Trust
- Breathe HR Centurion Management
- The Cherry Family Foundation
- Wimbledon Foundation
- Mackie Foundation
- James Tudor Foundation

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## **COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**

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#### **Statement of Trustee's responsibilities**

The Trustee are responsible for preparing the Trustee's report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales and Scotland requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustee are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Disclosure of information to auditors**

Each of the persons who are Trustee at the time when this Trustee's report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

#### **Auditors**

The auditors, Axis Accountants Ltd, have indicated their willingness to continue in office. The designated Trustee will propose a motion reappointing the auditors at a meeting of the Trustees.

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Trustees' report (continued)**  
**For the Year Ended 31 March 2025**

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Approved by order of the members of the board of Trustees on 9 January 2026 and signed on their behalf by:

*Mark Ingram*

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**Mr M Ingram**  
(Trustee)

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Independent auditors' report to the Members of Community Drug and Alcohol Recovery Services**

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**Opinion**

We have audited the financial statements of Community Drug and Alcohol Recovery Services (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of financial activities, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Independent auditors' report to the Members of Community Drug and Alcohol Recovery Services**  
**(continued)**

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**Other information**

The other information comprises the information included in the Annual report other than the financial statements and our Auditors' report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Independent auditors' report to the Members of Community Drug and Alcohol Recovery Services**  
**(continued)**

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**Auditors' responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Identifying and responding to risks of material misstatement due to fraud:

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

1. Enquiring of management and trustees about charity's policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
2. Using analytical procedures to identify any unusual or unexpected relationships.
3. We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

We performed procedures to address the risk of management override of controls and the risk of fraudulent revenue recognition, and the risk that management may be in a position to make inappropriate accounting entries.

We did not identify any additional fraud risks. We also performed procedures including:

1. Identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation. These included unexpected revenue account combinations and journals posted to seldom used accosts during the financial year.
2. Evaluated the business purpose of significant unusual transactions.

Identifying and responding to risks of material misstatement due to non-compliance with laws and regulations:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience and through discussion with the management (as required by auditing standards) and discussed with the trustees and other management the policies and procedures regarding compliance with laws and regulations

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

Context of the ability of the audit to detect fraud or breaches of law or regulation:

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Independent auditors' report to the Members of Community Drug and Alcohol Recovery Services**  
**(continued)**

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In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Auditors' report.

**Use of our report**

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

*Axis Accountants Ltd*

**Axis Accountants Ltd**

Chartered Certified Accountants  
Registered Auditors

8 Deer Park Road

London

SW19 3GY

9 January 2026

Axis Accountants Ltd are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.



**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Statement of financial activities (incorporating income and expenditure account)**  
**For the Year Ended 31 March 2025**

	<b>Note</b>	<b>Unrestricted funds 2025 £</b>	<b>Restricted funds 2025 £</b>	<b>Total funds 2025 £</b>	<b>Total funds 2024 £</b>
<b>Income from:</b>					
Donations and legacies	3	14,822	-	14,822	12,404
Charitable activities	4	711,253	572,540	1,283,793	972,045
Investments	5	10,181	-	10,181	10,470
<b>Total income</b>		<b>736,256</b>	<b>572,540</b>	<b>1,308,796</b>	<b>994,919</b>
<b>Expenditure on:</b>					
Charitable activities	6	568,288	544,514	1,112,803	997,496
<b>Total expenditure</b>		<b>568,288</b>	<b>544,514</b>	<b>1,112,802</b>	<b>997,496</b>
<b>Net movement in funds</b>		<b>167,968</b>	<b>28,026</b>	<b>195,994</b>	<b>(2,577)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		508,701	-	508,701	511,278
Net movement in funds		167,968	28,026	195,994	(2,577)
<b>Total funds carried forward</b>		<b>676,669</b>	<b>28,026</b>	<b>704,695</b>	<b>508,701</b>

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 39 to 58 form part of these financial statements.

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
**(A company limited by guarantee)**  
**Registered number: 02634372**

**Balance sheet**  
**As at 31 March 2025**

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	11	53,409	46,846
		<u>53,409</u>	<u>46,846</u>
<b>Current assets</b>			
Debtors	12	78,377	44,037
Cash at bank and in hand		728,747	529,139
		<u>807,124</u>	<u>573,176</u>
<b>Current liabilities</b>			
Creditors: amounts falling due within one year	13	(155,838)	(111,321)
<b>Net current assets</b>		<u>651,286</u>	<u>461,855</u>
<b>Total assets less current liabilities</b>		<u>704,695</u>	<u>508,701</u>
<b>Net assets excluding pension asset</b>		<u>704,695</u>	<u>508,701</u>
<b>Total net assets</b>		<u><u>704,695</u></u>	<u><u>508,701</u></u>
<b>Charity funds</b>			
Restricted funds	15	28,026	-
Unrestricted funds	15	676,669	508,701
<b>Total funds</b>		<u><u>704,695</u></u>	<u><u>508,701</u></u>

The entity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the entity to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

However, an audit is required in accordance with section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)  
Registered number: 02634372

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**Balance sheet (continued)**  
**As at 31 March 2025**

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*Mark Ingram*

.....  
**Mr M Ingram**  
Chair of Trustees

*Anna Whitfield*

.....  
**Mrs A Witfield**  
Trustee

Date: 9 January 2026

The notes on pages 39 to 58 form part of these financial statements.

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Statement of cash flows**  
**For the Year Ended 31 March 2025**

	2025 £	2024 £
<b>Cash flows from operating activities</b>		
Net cash used in operating activities	205,358	(59,850)
<b>Cash flows from investing activities</b>		
Dividends, interests and rents from investments	10,181	10,470
Purchase of tangible fixed assets	(15,932)	(33,768)
<b>Net cash used in investing activities</b>	(5,751)	(23,298)
<b>Cash flows from financing activities</b>		
<b>Net cash provided by financing activities</b>	-	-
<b>Change in cash and cash equivalents in the year</b>	199,607	(83,148)
Cash and cash equivalents at the beginning of the year	529,139	612,287
<b>Cash and cash equivalents at the end of the year</b>	728,746	529,139

The notes on pages 39 to 58 form part of these financial statements

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
**(A company limited by guarantee)**

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

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**1. General information**

Community Drug and Alcohol Recovery Services is a private company limited by guarantee incorporated in England and Wales. The registered office is 296a Kingston Road, Wimbledon Chase, London, SW20 8LX, United Kingdom.

**2. Accounting policies**

**2.1 Basis of preparation of financial statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Community Drug and Alcohol Recovery Services meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

**2.2 Income**

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

**2.3 Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

**2.4 Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

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**2. Accounting policies (continued)**

**2.5 Tangible fixed assets and depreciation**

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following basis:

Short-term leasehold property	-	20%	Straight line
Plant and machinery	-	20%	Reducing balance
Fixtures and fittings	-	20%	Reducing balance
Office equipment	-	20%	Reducing balance

**2.6 Debtors**

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**2.7 Cash at bank and in hand**

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**2.8 Liabilities and provisions**

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

**2.9 Financial instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

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**2. Accounting policies (continued)**

**2.10 Pensions**

**2.11 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

**3. Income from donations and legacies**

	<b>Unrestricted funds 2025 £</b>	<b>Restricted funds 2025 £</b>	<b>Total funds 2025 £</b>
Donations	14,822	-	14,822
	<hr/>	<hr/>	<hr/>
	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Donations	6,633	5,771	12,404
	<hr/>	<hr/>	<hr/>

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**4. Income**

	<b>Unrestricted funds 2025 £</b>	<b>Restricted funds 2025 £</b>	<b>Total funds 2025 £</b>
Small Project Support	51,653	98,322	<b>149,975</b>
Suicide Prevention Programme	-	65,400	<b>65,400</b>
Wandsworth & Richmond SMS	237,890	-	<b>237,890</b>
Health & Wellbeing Programme	-	296,821	<b>296,821</b>
Community Kitchen	-	19,444	<b>19,444</b>
Veteran Support Programme	-	92,553	<b>92,553</b>
Recovery Cafe	230,723	-	<b>230,723</b>
Criminal Justice Group Engagement	75,337	-	<b>75,337</b>
Lived Experience Project	115,650	-	<b>115,650</b>
	<u>711,253</u>	<u>572,540</u>	<u><b>1,283,793</b></u>
	<u><u>711,253</u></u>	<u><u>572,540</u></u>	<u><u><b>1,283,793</b></u></u>
	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Small Project Support	25,867	120,788	146,655
Suicide Prevention Programme	-	54,700	54,700
Wandsworth & Richmond SMS	178,264	-	178,264
Health & Wellbeing Programme	-	180,596	180,596
Community Kitchen	-	48,794	48,794
Veteran Support Programme	-	64,990	64,990
Recovery Cafe	218,046	-	218,046
Criminal Justice Group Engagement	80,000	-	80,000
	<u>502,177</u>	<u>469,868</u>	<u>972,045</u>
	<u><u>502,177</u></u>	<u><u>469,868</u></u>	<u><u>972,045</u></u>



**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

	Small Project Support	Suicide Prevention Programme	Wandsworth & Richmond SMS	Health & Wellbeing Programme	Community Kitchen	Veteran Support Programme	Recovery Cafe	Criminal Justice Group	Lived Experience Project	Total
	2025	2025	2025	2025	2025	2025	2025	2025	2025	2025
	£	£	£	£	£	£	£	£	£	£
Services provided under contract	-	-	237,890	-	-	-	230,723	75,337	115,650	659,600
Grants	149,975	65,400	-	296,821	19,444	92,553	-	-	-	624,193
Other income	-	-	-	-	-	-	-	-	-	-
	<u>149,975</u>	<u>65,400</u>	<u>237,890</u>	<u>296,821</u>	<u>19,444</u>	<u>92,553</u>	<u>230,723</u>	<u>75,337</u>	<u>115,650</u>	<u>1,283,793</u>
	2024	2024	2024	2024	2024	2024	2024	2024	2024	2024
	£	£	£	£	£	£	£	£	£	£
Services provided under contract	-	-	178,264	-	-	-	-	217,729	80,000	475,992
Grant	146,655	54,700	-	180,596	48,794	64,990	-	-	-	495,735
Other Income	-	-	-	-	-	-	-	318	-	318
	<u>146,655</u>	<u>54,700</u>	<u>178,264</u>	<u>180,596</u>	<u>48,794</u>	<u>64,990</u>	<u>217,729</u>	<u>80,000</u>	<u>972,045</u>	

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
**(A company limited by guarantee)**

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

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Total

2024

£

475,992

495,735

318

972,045

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**5. Investment income**

	<b>Unrestricted funds 2025 £</b>	<b>Total funds 2025 £</b>
Bank interest	10,181	<b>10,181</b>
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Bank interest	10,470	10,470

**6. Analysis of expenditure on charitable activities**

**Summary by fund type**

	<b>Unrestricted funds 2025 £</b>	<b>Restricted funds 2025 £</b>	<b>Total 2025 £</b>
Small Projects	23,440	98,321	<b>121,761</b>
Suicide Prevention Programme	2,025	65,400	<b>67,425</b>
Wandsworth & Richmond SMS	219,141	-	<b>219,141</b>
Health & Wellbeing Programme	9,189	272,332	<b>281,521</b>
Community Kitchen	-	19,444	<b>19,444</b>
Veteran Support Programme	2,866	89,017	<b>91,883</b>
Recovery Cafe	149,230	-	<b>149,230</b>
Criminal Justice Group Engagement	68,086	-	<b>68,086</b>
Lived Experience Project	94,312	-	<b>94,312</b>
Rounding	(1)	-	-
	<b>568,288</b>	<b>544,514</b>	<b>1,112,803</b>

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**6. Analysis of expenditure on charitable activities (continued)**

**Summary by fund type (continued)**

	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Total 2024 £</i>
Small Projects	9,658	121,389	131,047
Suicide Prevention Programme	-	53,756	53,756
Wandsworth & Richmond SMS	179,100	-	179,100
Health & Wellbeing Programme	-	185,180	185,180
Community Kitchen	-	46,554	46,554
Veteran Support Programme	-	84,366	84,366
Recovery Cafe	230,770	-	230,770
Criminal Justice Group Engagement	86,723	-	86,723
	<u>506,251</u>	<u>491,245</u>	<u>997,496</u>

**7. Analysis of expenditure by activities**

	<b>Activities undertaken directly 2025 £</b>	<b>Support costs 2025 £</b>	<b>Total funds 2025 £</b>
Small Projects	100,741	21,019	<b>121,760</b>
Suicide Prevention Programme	58,411	9,013	<b>67,424</b>
Wandsworth & Richmond SMS	169,879	49,262	<b>219,141</b>
Health & Wellbeing Programme	207,115	74,406	<b>281,521</b>
Community Kitchen	17,442	2,002	<b>19,444</b>
Veteran Support Programme	77,680	14,203	<b>91,883</b>
Recovery Cafe	98,327	50,904	<b>149,231</b>
Criminal Justice Group Engagement	57,704	10,382	<b>68,086</b>
Lived Experience Project	82,888	11,424	<b>94,312</b>
	<u>870,187</u>	<u>242,615</u>	<u><b>1,112,803</b></u>

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**7. Analysis of expenditure by activities (continued)**

	<i>Activities undertaken directly 2024 £</i>	<i>Support costs 2024 £</i>	<i>Total funds 2024 £</i>
Small Projects	71,128	59,920	131,048
Suicide Prevention Programme	38,398	15,357	53,755
Wandsworth & Richmond SMS	114,311	64,789	179,100
Health & Wellbeing Programme	109,464	75,716	185,180
Community Kitchen	45,349	1,205	46,554
Veteran Support Programme	64,857	19,508	84,365
Recovery Cafe	121,657	109,113	230,770
Criminal Justice Group Engagement	64,569	22,154	86,723
	629,733	367,762	997,496
	629,733	367,762	997,496

**Analysis of support costs**

	<b>Small Projects 2025 £</b>	<b>Suicide Prevention Programme 2025 £</b>	<b>Wandsworth &amp; Richmond SMS 2025 £</b>	<b>Health &amp; Wellbeing Programme 2025 £</b>	<b>Community Kitchen 2025 £</b>
Staff costs	886	505	3,546	3,696	563
Client expenses	-	-	-	800	-
Insurance	233	133	485	605	-
Office expenses	1,698	1,030	4,081	8,203	410
IT and Communication	7,153	1,002	15,315	13,034	-
Premises expenses	6,537	3,610	13,379	27,932	1,001
Legal and professional	1,239	708	5,092	10,947	28
Governance costs	3,274	2,025	7,364	9,189	-
	21,020	9,013	49,262	74,406	2,002
	21,020	9,013	49,262	74,406	2,002

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**7. Analysis of expenditure by activities (continued)**

**Analysis of support costs (continued)**

	<b>Veteran Support Programme 2025 £</b>	<b>Recovery Cafe 2025 £</b>	<b>Criminal Justice Group Engagemen t 2025 £</b>	<b>Lived Experience Project 2025 £</b>	<b>Total funds 2025 £</b>
Staff costs	1,015	3,578	584	653	<b>15,026</b>
Client expenses	-	-	-	-	<b>800</b>
Insurance	189	470	153	146	<b>2,414</b>
Office expenses	1,732	6,242	1,186	1,279	<b>25,861</b>
IT and Communication	1,417	11,328	1,154	1,095	<b>51,498</b>
Premises expenses	5,358	18,767	4,158	3,948	<b>84,690</b>
Legal and professional	1,626	3,376	815	2,089	<b>25,920</b>
Governance costs	2,866	7,143	2,332	2,214	<b>36,407</b>
	<b>14,203</b>	<b>50,904</b>	<b>10,382</b>	<b>11,424</b>	<b>242,616</b>

	<b>Small Projects 2024 £</b>	<b>Suicide Prevention Programme 2024 £</b>	<b>Wandsworth &amp; Richmond SMS 2024 £</b>	<b>Health &amp; Wellbeing Programme 2024 £</b>	<b>Community Kitchen 2024 £</b>
Staff costs	29,684	9,954	32,070	17,895	-
Insurance	1,871	132	431	420	132
Office expenses	7,390	148	481	2,583	254
IT and Communication	5,604	595	17,156	10,543	593
Premises expenses	5,849	34	-	30,006	226
Governance costs	9,521	4,494	14,651	14,269	-
	<b>59,919</b>	<b>15,357</b>	<b>64,789</b>	<b>75,716</b>	<b>1,205</b>

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**7. Analysis of expenditure by activities (continued)**

**Analysis of support costs (continued)**

	<i>Veteran Support Programme 2024 £</i>	<i>Recovery Cafe 2024 £</i>	<i>Criminal Justice Group Engagement 2024 £</i>	<i>Lived Experience Project 2024 £</i>	<i>Total funds 2024 £</i>
Staff costs	12,845	39,226	14,391	-	156,065
Insurance	157	528	194	-	3,865
Office expenses	409	2,079	216	-	13,560
IT and Communication	707	8,846	870	-	44,914
Premises expenses	49	40,516	-	-	76,680
Governance costs	5,341	17,918	6,483	-	72,677
	<u>19,508</u>	<u>109,113</u>	<u>22,154</u>	<u>-</u>	<u>367,761</u>

**8. Auditors' remuneration**

	<b>2025 £</b>	<b>2024 £</b>
Fees payable to the Charity's auditor for the audit of the Charity's annual accounts	<b>9,876</b>	-
Fees payable to the Charity's auditor in respect of:		
Independent examination	-	5,760
All non-audit services not included above	<b>7,474</b>	6,932

**9. Staff costs**

	<b>2025 £</b>	<b>2024 £</b>
Wages and salaries	<b>701,103</b>	-
Social security costs	<b>62,248</b>	-
Contribution to defined contribution pension schemes	<b>24,341</b>	-
Wages and salaries	-	629,022
	<u><b>787,692</b></u>	<u>629,022</u>

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
(A company limited by guarantee)

**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**9. Staff costs (continued)**

The average number of persons employed by the Charity during the year was as follows:

	<b>2025</b>	<b>2024</b>
	<b>No.</b>	<b>No.</b>
Office and management	<b>3</b>	<b>3</b>
Clinical staff	<b>22</b>	<b>20</b>
	<b>25</b>	<b>23</b>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	<b>2025</b>	<b>2024</b>
	<b>No.</b>	<b>No.</b>
In the band £70,001 - £80,000	<b>-</b>	<b>1</b>
In the band £80,001 - £90,000	<b>1</b>	<b>-</b>

**10. Trustees' remuneration and expenses**

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, no Trustee expenses have been incurred (2024 - £NIL).

**11. Tangible fixed assets**

	<b>Short-term leasehold property £</b>	<b>Plant and machinery £</b>	<b>Fixtures and fittings £</b>	<b>Office equipment £</b>	<b>Total £</b>
<b>Cost or valuation</b>					
At 1 April 2024	<b>45,993</b>	<b>89,315</b>	<b>11,694</b>	<b>44,843</b>	<b>191,845</b>
Additions	<b>-</b>	<b>-</b>	<b>180</b>	<b>15,752</b>	<b>15,932</b>
At 31 March 2025	<b>45,993</b>	<b>89,315</b>	<b>11,874</b>	<b>60,595</b>	<b>207,777</b>
<b>Depreciation</b>					
At 1 April 2024	<b>45,993</b>	<b>79,008</b>	<b>9,231</b>	<b>10,767</b>	<b>144,999</b>
Charge for the year	<b>-</b>	<b>2,061</b>	<b>493</b>	<b>6,815</b>	<b>9,369</b>
At 31 March 2025	<b>45,993</b>	<b>81,069</b>	<b>9,724</b>	<b>17,582</b>	<b>154,368</b>



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**Notes to the financial statements**  
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**11. Tangible fixed assets (continued)**

	Short-term leasehold property £	Plant and machinery £	Fixtures and fittings £	Office equipment £	Total £
<b>Net book value</b>					
At 31 March 2025	-	8,246	2,150	43,013	53,409
At 31 March 2024	-	10,307	2,463	34,076	46,846

**12. Debtors**

	2025 £	2024 £
<b>Due within one year</b>		
Trade debtors	74,092	39,750
Prepayments and accrued income	4,286	4,287
Rounding	(1)	-
	<u>78,377</u>	<u>44,037</u>

**13. Creditors: Amounts falling due within one year**

	2025 £	2024 £
Trade creditors	-	2,012
Other taxation and social security	9,717	12,530
Other creditors	10,156	10,477
Accruals and deferred income	135,965	86,302
	<u>155,838</u>	<u>111,321</u>

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

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**14. Financial instruments**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Financial assets</b>		
Financial assets measured at fair value through income and expenditure	<b><u>728,747</u></b>	<b><u>529,139</u></b>

Financial assets measured at fair value through income and expenditure comprise cash at bank and in hand.

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**15. Statement of funds**

**Statement of funds - current year**

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
<b>Unrestricted funds</b>				
General Funds - all funds	508,701	736,256	(568,288)	676,669
	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
<b>Restricted funds</b>				
The Henry Smith Charity	-	56,050	(56,050)	-
The Big Lottery Community Fund	-	248,955	(224,466)	24,489
The City Bridge Trust	-	51,166	(51,166)	-
Wandsworth IT Digital Programme	-	24,872	(24,872)	-
Wandsworth Grants Funds	-	9,600	(9,600)	-
Merton Adults Social Services	-	14,644	(14,644)	-
Armed Forces Covenant Trust Fund	-	30,445	(30,445)	-
Army Benevolent Fund	-	5,000	(5,000)	-
Reaching and Supporting Armed Forces Communities	-	26,408	(26,408)	-
Veterans Foundation	-	30,000	(26,463)	3,537
Smith and Mount Trust	-	15,000	(15,000)	-
The Jane Hodge Foundation	-	13,000	(13,000)	-
SGN Safe and Warm Communities Support	-	37,950	(37,950)	-
The Sackler Trust	-	5,000	(5,000)	-
Prince of Wales	-	1,250	(1,250)	-
Mackle Foundation	-	2,500	(2,500)	-
The Poppy Factory	-	700	(700)	-
	-	572,540	(544,514)	28,026
<b>Total of funds</b>	<b>508,701</b>	<b>1,308,796</b>	<b>(1,112,802)</b>	<b>704,695</b>

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**15. Statement of funds (continued)**

**Statement of funds - prior year**

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2024 £</i>
<b>Unrestricted funds</b>					
<b>Designated funds</b>					
Fixed Assets	24,790	-	-	22,056	46,846
<b>General funds</b>					
General Funds - all funds	486,488	519,280	(506,251)	(37,662)	461,855
<b>Total Unrestricted funds</b>	511,278	519,280	(506,251)	(15,606)	508,701

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2024 £</i>
<b>Restricted funds</b>					
The Henry Smith Charity	-	54,700	(54,700)	-	-
The Wimbledon Foundation	-	24,000	(24,000)	-	-
The Big Lottery Community Fund	-	79,500	(79,500)	-	-
The City Bridge Trust	-	30,401	(30,401)	-	-
Wandsworth IT Digital Programme	-	13,500	(13,500)	-	-
Wandsworth Grants Funds	-	12,970	(12,970)	-	-
Merton Adults Social Services	-	24,872	(24,872)	-	-
Armed Forces Covenant Trust Fund	-	8,450	(8,450)	-	-
Veterans Foundation	-	15,000	(15,000)	-	-
Smith and Mount Trust	-	4,926	(4,926)	-	-
The Jane Hodge Foundation	-	5,600	(5,600)	-	-
SGN Safe and Warm Communities Support	-	24,872	(24,872)	-	-
The Sackler Trust	-	43,720	(43,720)	-	-
Prince of Wales	-	40,564	(40,564)	-	-
Mackle Foundation	-	49,214	(49,214)	-	-

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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**15. Statement of funds (continued)**

**Statement of funds - prior year (continued)**

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2024 £</i>
Small Restricted funds	-	43,350	(58,956)	15,606	-
	<u>-</u>	<u>475,639</u>	<u>(491,245)</u>	<u>15,606</u>	<u>-</u>
<b>Total of funds</b>	<u>511,278</u>	<u>994,919</u>	<u>(997,496)</u>	<u>-</u>	<u>508,701</u>

**16. Summary of funds**

**Summary of funds - current year**

	<b>Balance at 1 April 2024 £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Balance at 31 March 2025 £</b>
General funds	508,701	736,256	(568,288)	676,669
Restricted funds	-	572,540	(544,514)	28,026
	<u>508,701</u>	<u>1,308,796</u>	<u>(1,112,802)</u>	<u>704,695</u>

**Summary of funds - prior year**

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2024 £</i>
Designated funds	24,790	-	-	22,056	46,846
General funds	486,488	519,280	(506,251)	(37,662)	461,855
Restricted funds	-	475,639	(491,245)	15,606	-
	<u>511,278</u>	<u>994,919</u>	<u>(997,496)</u>	<u>-</u>	<u>508,701</u>

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**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

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**17. Restricted Funds**

The Henry Smith charity awarded £56,050 to deliver suicide prevention programme for people at risk of suicide. All funds were utilised in the period.

The Big Lottery Community Fund awarded £248,955 to deliver a comprehensive programme of health and well-being activities. The funds utilised during the period were £224,466 and carried forward balance to the following year is £24,489.

The City Bridge Trust awarded £51,166 to deliver a comprehensive programme of health and well-being activities. All funds were utilised in the period.

The Wandsworth awarded £24,872 to deliver IT digital programme for service user. All funds were utilised in the period.

The Wandsworth awarded £9,600 to deliver a community kitchen for vulnerable people. All funds were utilised in the period.

The Merton Adults Social Services awarded £14,644 to deliver a community kitchen for vulnerable people and health and well-being activities. All funds were utilised in the period.

The Armed Forces Covenant Fund awarded £30,445 to deliver a comprehensive programme of health and well-being activities for veterans and their family members. All funds were utilised in the period.

Army Benevolent Fund awarded £5,000 to deliver a comprehensive programme of health and well-being activities for veterans and their family members. All funds were utilised in the period.

Reaching and supporting armed forces communities awarded £26,408 to deliver a comprehensive programme of health and well-being activities for veterans and their family members. All funds were utilised in the period.

The Veterans Foundation awarded £30,000 to deliver a comprehensive programme of psychosocial activities for veterans and their family members. The funds utilised during the period were £26,463 and carried forward balance to the following year is £3,537.

Smith and Mount Trust awarded £15,000 to deliver a neurodiversity support programme. All funds were utilised in the period.

The Jane Hodge Foundation awarded £13,000 to deliver neurodiversity support programme. All funds were utilised in the period.

SGN safe and warm communities support awarded £37,950 to deliver energy saving support programme. All funds were utilised in the period.

The Sackler Trust £5,000 to deliver neurodiversity support programme. All funds were utilised in the period.

The Prince of Wales awarded £1,250 to deliver health and well being activities. All funds were utilised in the period.

Mackle foundation awarded £2,500 to deliver neurodiversity support programme for health and wellbeing activities. All funds were utilised in the period.

The Poppy Factory awarded £700 to deliver a comprehensive programme of psychosocial activities for veterans and their family members. All funds were utilised in the period.

**COMMUNITY DRUG AND ALCOHOL RECOVERY SERVICES**  
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**Notes to the financial statements**  
**For the Year Ended 31 March 2025**

**18. Analysis of net assets between funds**

**Analysis of net assets between funds - current year**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Tangible fixed assets	53,409	-	53,409
Current assets	779,098	28,026	807,124
Creditors due within one year	(155,838)	-	(155,838)
<b>Total</b>	<b>676,669</b>	<b>28,026</b>	<b>704,695</b>

**Analysis of net assets between funds - prior year**

	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Tangible fixed assets	46,846	46,846
Current assets	573,176	573,176
Creditors due within one year	(111,321)	(111,321)
<b>Total</b>	<b>508,701</b>	<b>508,701</b>

**19. Reconciliation of net movement in funds to net cash flow from operating activities**

	2025 £	2024 £
Net income/expenditure for the year (as per Statement of Financial Activities)	<b>195,994</b>	(2,577)
<b>Adjustments for:</b>		
Depreciation charges	<b>9,369</b>	11,712
Dividends, interests and rents from investments	<b>(10,181)</b>	(11,470)
Increase in debtors	<b>(34,341)</b>	(22,111)
Increase/(decrease) in creditors	<b>44,517</b>	(35,404)
<b>Net cash provided by/(used in) operating activities</b>	<b>205,358</b>	(59,850)

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**Notes to the financial statements**  
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**20. Analysis of cash and cash equivalents**

	<b>2025</b> £	<b>2024</b> £
Cash in hand	-	529,139
<b>Total cash and cash equivalents</b>	<b>-</b>	<b>529,139</b>

**21. Analysis of changes in net debt**

	<b>At 1 April</b> <b>2024</b> £	<b>Cash flows</b> £	<b>At 31 March</b> <b>2025</b> £
Cash at bank and in hand	529,139	199,608	728,747
	<b>529,139</b>	<b>199,608</b>	<b>728,747</b>

**22. Pension commitments**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund.