



RIVERSIDE COMMUNITY HEALTH PROJECT

(A company limited by guarantee)



REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2024

Charity number 1028632

Company number 2869470

TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

1.0 Introduction

Riverside Community Health Project Trustees are pleased to present their Annual Directors' Report together with financial statements of the charity for the year ended 31 March 2024 which are prepared to meet the requirements for a directors' report and accounts for Companies Act purposes. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

2.0 Chairperson's Welcome

April 23 - March 24 has been a really busy year for Riverside Community Health Project. Throughout the year we continued to offer a great programme of activities for the local community and have been really encouraged by the way people engage. As trustees we express our thanks to the staff and volunteers of Riverside for their hard work and dedication.

Family groups and sessions have been well attended throughout term time. Holiday activities have included local festivals, family trips and a savings club to help families save up for special days out together. Our busy programme of training activities and employability support has continued with positive feedback from participants. The women's group has gone from strength to strength. Women from different backgrounds have formed supportive sisterly relationships with each other. We were able to increase our welfare advice and information until the end of the financial year. This support is positive in helping people access the benefits to which they are entitled. People in our community face an increasing range of challenges, particularly when it comes to accessing secure housing. A long-term approach is needed.

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The project undertaken by our strategy sub-group came to fruition during this year. Our 2023-2028 strategy is the result of hard work, engagement with community members, staff and trustees, and research into the needs of the community. We hope this positive and well thought through plan will help Riverside to develop and sustain meaningful activities during what continues to be a worrying time financially for our sector.

In April 2023 we started the financial year with a potentially large deficit. As a board we decided to give the management team time to raise additional funds and arranged for an external consultant to support this effort. We are thankful that this approach paid off and we have ended the year in a stronger financial position.

Carnegie Building remains a busy, vibrant hub for Riverside work and a host of partner organisations. This year, with the support of Carnegie Building Directors, we have explored options to improve the long-term sustainability and strength of the building. Through an energy assessment we better understand what is required to decarbonise. Relationship building with the range of key people at Newcastle City Council continues.

Having been on the Board of Trustees for 9 years and vice-chair for several of those, I took on the responsibility of the Chair role this year, following the departure of Carly Walker-Dawson. As well as thanking Carly for her leadership during her tenure I would like to pay tribute to fellow trustees for support during the transition. I would also like to extend a warm welcome to two new Trustees, Chris Smith and Vicki Turnbull. We value the skills and experience you bring and are delighted to have you on board.

With best wishes

Susan Wroe

Chair of the Board of Trustees

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3.0 Riverside's Mission, Values and Strategic Objectives

The objects of the charity are set out in the Charity's trust deed and are summarised as: to preserve and protect the health of persons in Newcastle particularly by advancing the education of the public in the promotion of health awareness, health related issues, and health problems.

3.1 Mission Statement

Riverside's vision is for West Newcastle to be "a healthy and thriving community". We will work towards our vision through our mission which is: "to improve the health and wellbeing of disadvantaged communities in West Newcastle by working to community development principles and collaborating with others to respond to need."

3.2 Values

- **Empowerment:** We commit to working in ways that increase the power people in local communities have over their own lives and in their wider environment.
- **Equality:** We commit to work that contributes to eradicating inequalities, through valuing the diversity of our community and practicing equity. Equity recognises that people experiencing inequalities need to be treated according to circumstances to be able to achieve equality.
- **Participation:** We commit to working with people in communities in ways that encourage their maximum participation in the decisions and actions that affect them.
- **Partnership:** We commit to collaborating in the spirit of partnership with groups and individuals whose values align with ours, for the benefit of local communities.
- **Social Justice:** We understand social justice as being the fair and equitable status of all individuals and groups in society. Our commitment to empowerment, equality, participation and partnership are how we strive to contribute to social justice.





















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3.3 Strategic Objectives 2023 to 2028

1. To support families to enable their children to have the best possible start in life
2. To assist adults to counter disadvantages they and their families experience
3. To facilitate women coming together to explore and influence factors affecting their lives
4. To maintain Carnegie Building's role as an accessible community hub for local residents and organisations
5. To work with local residents to achieve positive change through community action
6. To support community members to combat isolation, as well as improving wellbeing and community cohesion

4.0 Activities and Services



 <p>1,361 people attended our summer festivals and events. These were delivered in partnership with Best Summer Ever partners and funded by HAF.</p>	<p>Under 5s</p>  <p>637 individuals attended our under 5 stay and play sessions at Riverside</p>	 <p>606 food vouchers were issued to families, couples and individuals in partnership with Newcastle West End Foodbank</p>	 <p>312 people attended our Best Summer Ever funded day trips</p>
<p>Well Baby & Family Drop in</p>  <p>298 people attended the drop in, where their baby got weighed and accessed a range of services such as Health Visitors, Welfare Advice and many more</p>	 <p>267 people attended our one off events, such as International Women's Day, Winter Wonderland and Christmas Movie Night.</p>	 <p>246 People went on coach trips organised by Riverside. Volunteers ran a savings club throughout the year to enable families to pay in for their day trips to Scarborough and Flamingo Land.</p>	<p>2 Year Progress Checks</p>  <p>234 people accessed appointments for 2 year development checks and reviews with a Health Visitor hosted in the Carnegie Building</p>
 <p>180 people attended the Festive Pantomime performance of Pinocchio at the Theatre Royal through the Community Coach Trips scheme</p>	<p>LEARN</p>  <p>166 people took part in our training programme co-ordinated by Riverside staff and delivered by training organisations</p>	 <p>147 people received welfare advice and support e.g. benefits, debt, housing and school applications</p>	 <p>128 people received Winter Wellbeing support to help with the cost of living crisis</p>
<p>CHRISTMAS MARKET</p>  <p>112 people attended Carnegie Building's first Christmas Market. The market had 16 stalls run by local creative people</p>	 <p>90 Parents/carers and babies under one years attended our baby massage courses</p>	 <p>52 women attended our Women's group. Activities included yoga, cooking, crafts and the history of Benwell and Scotswood</p>	 <p>51 families received food and toy hampers in partnership with Cash for Kids, Feeding Families and Very Speedy Relocation Services</p>
<p>First Words Together</p>  <p>34 people attended our First Words Together programme.</p>	 <p>20 families were supported with early help by a Riverside staff member</p>	<p>VOLUNTEER</p>  <p>7 volunteers were registered and got involved in Riverside activities</p>	<p>GIVEAWAY</p>  <p>2 give away days were organised, one in partnership with People to People.</p>

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For the year ended 31 March 2024

This infographic gives a snapshot of activities organised by Riverside throughout the 23/24 year and peoples' engagement with them. In the remaining sub-sections, we provide a more detailed account from each of the programme areas at Riverside.

4.1 Children and Family Support

Riverside facilitates a number of parent/carers and child sessions, from birth until the child starts nursery, which we strongly believe help lay the foundations for children to get the best possible start in life. Children and family support throughout the year includes:

- Baby Massage

Baby massage is a lovely way to enjoy time with baby and Riverside runs a programme for parents/carers with babies up to 12 months. Baby massage promotes positive communication and nurturing touch to build strong, trusting relationships.

“I have really enjoyed coming to this baby massage class. It has helped my grandson loads with his constipation symptoms, and it's such a relief knowing I can help him now”

- My Baby and Me

My Baby and Me is for parents and babies up to 12 months. Parents are supported to explore new ways to play with their child, nurture interaction and build attachment with their child. It is a great space for mutual support between parents as they go through the first year of their little one's lives.

“My daughter loves coming to this group. It has given me some socialisation back after becoming a parent for the first time, and it is great that I can get her weighed here too”

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- **First Words Together**

First Words Together is a five-week programme for families with children up to 2 years old. The programme has a range of activities that promote positive interaction between adult and child. These activities stimulate early language development skills. Each week explores a different top tip as well as providing families with a book to take home, supplied by the National Literacy Trust.

“I have really enjoyed this group. I was very worried that speaking to my child in my first language was going to delay them in learning English. This group has put my mind at ease and given me a lot of tips on how to communicate with them, and I know I’m doing the right thing by speaking to my child in my home language”

- **Boogie Bairns**

Boogie Bairns is a sensory play session for families with children under 2 years old. Fun activities such as song time and playing with musical instruments and puppets support early communication and language skills.

“This is the first baby group I have been to with my child. We love the fact that it is the same songs each week as it gives me a chance to learn them and sing them at home”

- **Breakfast Stay and Play**

Breakfast Stay and Play is for families with children from 6 months to 4 years. The session provides space for parents/carers and children to eat a nutritious breakfast. Children are encouraged to eat at the breakfast table together in preparation for starting nursery. Play can be indoors or outdoors.

“We really enjoy coming to breakfast club each week. There is always a lovely selection of food and it gives me ideas on what I can cook for him at home”

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- Toddle Time

This session is for children aged 1 and 2 years. Each week, we provide activities that promote children's development and spatial awareness. Children have the opportunity to explore their own interests safely, both indoors and outdoors.

“This group has been excellent for my child. I was so concerned that my child didn’t like to share or get involved with other children and it made me anxious to bring them around other children. He has really enjoyed this group and I can see him starting to play alongside other children now without becoming distressed”

- Well Baby and Family Drop in

Riverside Community Health Project supports the Well-Baby and Family Drop-In that runs weekly at Carnegie Building. This drop-in was set up in partnership with Health Visitors following feedback from new parents at the baby clinic. Parents felt it would be easier if they could access different services under one roof. The drop-in now has at least twelve different services attending from Parent Support, Family Health, Breastfeeding Support, Mental Health, Welfare Rights, Housing Support, Early Help Support, School Admissions and Education and so on. The idea is to ensure that whatever support parents need after having a new baby can

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be accessed through the drop-in. This drop-in runs alongside Riverside's My Baby and Me group.

- **School Holiday Programme**

We regularly organise school holiday activities so families can enjoy fun experiences together. We work with lots of other community organisations under the goal of providing the Best Holiday Ever. The Family Festivals we organised at Hodgkin Park during the summer holidays were a great success. We provided over 800 packed lunches during our Family Festivals and Family Trips to contribute to combating holiday hunger.

- **Early Help**

Through being part of Children and Families Newcastle, we are part of a network that supports families. When family members talk to us about needing support, we have conversations with them to help work out how to get support as early as possible and who else needs to be involved. We also receive enquiries about supporting families through Children and Families Newcastle.

4.2 Training and Employability Support

- **Training**

Riverside organises a comprehensive training programme that is delivered by a range of training organisations. We engage with the community to find out what courses they want, find trainers to deliver them and host this training in our centre, Carnegie Building. We also recruit and help register people on to the courses. Our training programme is not only focused on employability, but also on wellbeing, by giving people space to come together to do something they enjoy. That said, there is huge interest in courses that enhance peoples' job prospects in assisting teaching and learning, health and social interpreting, and working in the night-time economy. We respond to this interest in the courses we put together. We organised a new training course in partnership with Digital Voice – Recipe 4 Success. This course focused on

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digital skills and life skills. It was so popular that we have more sessions planned in the next financial year.

- **Employability Support**

With funding secured towards the end of the year, we were delighted to be able to return to providing one-to-one support with people towards their goals. The Moving Forward Project provides tailored support so people can look ahead to a future that might involve education, training or (self) employment.

4.3 Welfare Advice, Information and Support

We have provided welfare advice to 147 people during the year. Monitoring information shows the positive impact this support has when it comes to accessing benefits. When benefit applications have been unsuccessful first-time round, we support re-applications. These often lead to a successful outcome, which demonstrates the preventable delays that people often experience. We are increasingly concerned by the challenges people are facing when it comes to accessing secure housing and how housing problems and benefit delays can exacerbate each other. In addition to welfare advice, we support people to deal with other aspects of life administration, such as registering with a GP, applying for school places, council tax reductions etc. Evaluation of the service shows that people are satisfied with the support they received.

In addition to providing welfare advice, we provided some households we support with essentials such as soap powder and softener, toiletries, baby supplies and shopping vouchers. As mentioned in last year's report, we don't see this type of support as a sustainable part what we do. However, we intermittently respond to the financial hardship caused by the ongoing effects of austerity, poverty and the so-called cost-of-living crisis.

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4.4 Activities for Women

We strive to support women to come together to identify the issues they are facing and support each other. This year we facilitated a weekly women's group, an International Women's Day event and we organised free yoga sessions.

- Women's Group

The purpose of the women's group is to provide a safe and welcoming space for women to come together. Women tried different activities and learnt about different cultures and the history of Benwell and Scotswood. Not only did women take part in activities such as cooking, candle making, embroidery, canvas painting and making scented soaps, but women shared their skills with each other. We had some very creative and talented members. We worked with partner organisations who provided information on cancer awareness, energy saving, personal safety and wellbeing.



“I have enjoyed the company of other women. Learning about their cultures and family has been so interesting. It has also helped with my confidence and social isolation”

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“I enjoy the togetherness I felt, like we are just one family”

- **Women's Yoga**

Yoga can improve flexibility, strength and balance, relaxation, sleep, and overall wellbeing. In partnership with Dovile from The Yoga Wellness, we offered free Yoga sessions every week between January and April 2024. Fifteen women took part, learning new yoga poses.



- **International Women's Day**

On Friday 8th March we invited 50 women from the local community to celebrate International Women's Day. We organised activities on the themes of Investing in Women and Inspiring Inclusion. These included puzzles, cooking demonstrations and self-care. We also provided all women with a free self-care pamper pack and a tasty brunch. We reflected on the history of International Women's Day, the importance of women voting and discussed women's ongoing struggles against inequality. Several guests attended to share vital health information around wellbeing and breast cancer awareness.



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4.5 Community Action Projects

In the last year Riverside has continued to work side by side with people in the community that want to help themselves and others. Events such as the Christmas Market at Carnegie Building, which showcased local crafters, are the result of such community action.

The Community Coach Trips Savings club is growing. In the Summer 2023 two 72-seater coaches were filled with families on a day trip to Scarborough in July and another two coaches went to Flamingo Land in August. Community trips are not only happening during the long summer holiday but also seasonal pantomime trips. 180 people went to see Pinocchio at the Theatre Royal and even more have signed up for a seasonal pantomime next year. Next year the Savings Club is planning half-term trips as well as trips during summer. Everyone wins as groups of families and friends get to make wonderful memories without having to pay for it all at once. Having the coach leave from Benwell makes trips less expensive for everyone.



Give Away Days have been organised at Carnegie Building by local activist group People 2 People and Riverside. Lots of pre-loved clothing, baby items, toys and household goods were brought in by people in the community to be distributed to people in the community. These

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events have had a huge take up and we are receiving enquiries about when they would run again. We want to continue working side-by-side with people so if you are interested, please get in touch.



4.6 Managing Carnegie Building

Much of our work this year was focused on improving the sustainability of Carnegie Building. We had an energy assessment undertaken which informed us of the likely cost to install more energy efficient measures. This will prove useful when the opportunity presents to apply for funding for these measures. We have also continued linking in with the building owner, Newcastle City Council about how to ensure the building is as safe as possible.

Several voluntary and community sector organisations and teams are based in Carnegie Building alongside Riverside:

- JET - jobs, education, and training for people from diverse BAME communities
- Involve North East – health focused involvement and participation organisation
- Search Newcastle – support for older people
- Side-step - a young peoples' project by Action for Children children's charity
- Success 4 All - homework clubs for children, supported by volunteers

Carnegie Building is a space where practitioners from community organisations and teams that support children and families come to support people. These partners range from Men's Pie Club to NHS colleagues supporting expectant families with a Baby Box. We also make sure

Carnegie Building is available for hire by the local community for children's parties and family events. This network of practitioners and co-located organisations alongside continued community use of the building are fundamental to Carnegie Building continuing as an important community asset. Although managing Carnegie Building takes considerable time and effort, the results for the community are worth both.

Riverside Community Health Project charity has a subsidiary company, Carnegie Building, which manages the license agreements with all the organisations based in the building, including Riverside. The subsidiary ensures that any surplus generated from the license arrangements and room hire costs are ploughed back into Riverside's charitable work.

4.7 Public Benefit Statement

The charity carries out a wide range of activities in pursuance of its charitable aims. The trustees consider the activities summarised above as providing benefit both to those who directly receive services, and the wider community in the west end of Newcastle upon Tyne. The trustees further confirm they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

5.0 Financial Review

Financial particulars of Riverside Community Health Project include:

5.1 Reserves Policy

The Trustees have a policy of holding three to six months running costs in reserves. At 31 March 2024 six months running costs equalling £171,786 (2023: £109,362) was designated to the reserves fund. This leaves an amount of £158,808 in general unrestricted funds (2023: £109,362) to cover short term gaps and shortfalls in funding and provide day to day working capital.

5.2 Principal Funding Sources

Core funding for the work of the organisation came from Newcastle City Council through Action for Children, as well as North East and North Cumbria Integrated Care Board. Additional funding for particular work was secured from a number of sources including, Community Organisations Cost of Living Fund, UK Shared Prosperity Fund, Sir James Knott Trust, Virgin Money Foundation, and various charitable trusts.

5.3 Pay Policy for Senior Staff

Trustees set the pay of the CE and other senior staff by comparing against equivalent roles within the voluntary sector. Inflationary pay awards are periodically approved.

5.4 Risk Management

The Trustees have conducted a review of the major risks to which the charity is exposed, and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

5.5 Reference and Administrative Details

Charity Name	Riverside Community Health Project
Registered Charity Number	1028632
Company Registration Number	02869470
Operational address	Carnegie Building Atkinson Road Benwell Newcastle upon Tyne NE4 8XS

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Trustees	Susan Wroe Carly Walker Dawson (Resigned 10/07/2023) Suzanne Devlin Michelle Gibson (Resigned 15/05/2023) AJ White Kuveri Katjangua Chris Smith (Appointed 28/03/2024) Vicki Turnbull (Appointed 28/03/2024) Catherine Mackereth (Resigned 15/05/2023)
Principal Staff	Kate Mukungu
Independent	Jim Dodds FCIE
Examiner	33 The Glebe Stannington Northumberland NE61 6HW
Bankers	Unity Trust Bank PLC Four Brindley Place Birmingham B1 2JB

6.0 Structure, Governance and Management

The following arrangements are in place at Riverside Community Health Project.

6.1 Governing Documents

The organisation is a charitable company limited by guarantee, first registered on 5th November 1993, number 2869470 Registered as a charity on 17th November 1993, number 1028632. The company was established under a Memorandum and Articles of Association.

6.2 Appointment of Trustees

Trustees are elected at the AGM and can serve more than one term. Interested possible new trustees are encouraged to attend trustee meetings and then are elected at the AGM. The organisation has a 'Governance Pack' that gives comprehensive information to Trustees about their roles and responsibilities. All Trustees are subject to a face to face meeting and checks at the recruitment stage, followed by induction training.

6.3 Organisation

The Trustees meet at least quarterly and deal with the administration of the charity encompassing the strategic vision, financial accountability, and risk management. The operational management of the organisation is undertaken by the paid staff team.

6.4 Trustees' Responsibilities in Relation to the Financial Statement

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

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- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

By order of the board of trustees

Date: 22 July 2024

and signed on their behalf by:

Susan Wroe:
Chair of Trustees



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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2024

I report on the financial statements of Riverside Community Health Project for the year ended 31 March 2024, which are set out on pages 20 to 34.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Association of Charity Independent Examiners.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jim Dodds FCIE
33 The Glebe
Morpeth
NE61 6HW
Date: 22 July 2024



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STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2024

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £	Restated Total 2023 £
Income from:						
Donations and legacies	6	15,727	-	-	15,727	2,328
Charitable activities						
Grants and contracts	7	311,827	-	120,902	432,729	513,635
Other trading activities	8	1,687	-	-	1,687	-
Investments	9	3,417	-	-	3,417	237
Total income		332,658	-	120,902	453,560	516,200
Expenditure on:						
Raising funds	10	2,865	-	-	2,865	-
Charitable activities						
Operation of the charity	11	307,569	50,298	125,432	483,299	525,424
Total expenditure		310,434	50,298	125,432	486,164	525,424
Net income/(expenditure)		22,224	(50,298)	(4,530)	(32,604)	(9,224)
Transfers between funds		(9,267)	9,267	-	-	-
Net movement of funds		12,957	(41,031)	(4,530)	(32,604)	(9,224)
Reconciliation of funds						
Total funds brought forward		145,851	898,030	21,067	1,064,948	1,074,172
Total funds carried forward		158,808	856,999	16,537	1,032,344	1,064,948

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 23 to 34 form an integral part of these accounts.

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Charity Number 1028632

Company Number 02869470

BALANCE SHEET

As at 31 March 2024

	Notes	£	Total 2024 £	£	Total 2023 £
<u>Fixed assets</u>					
Tangible assets	19		670,213		720,511
Total fixed assets			670,213		720,511
<u>Current assets</u>					
Debtors	20	33,048		41,963	
Cash at bank and in hand	21	375,207		324,994	
Total current assets		408,255		366,957	
Creditors: amounts falling due within one year	22	(46,124)		(22,520)	
Net current assets			362,131		344,437
Total assets less current liabilities			1,032,344		1,064,948
Total net assets or liabilities			1,032,344		1,064,948
<u>Funds of the charity</u>					
Unrestricted income funds			158,808		145,851
Designated income funds			856,999		898,030
Restricted income funds			16,537		21,067
Total funds			1,032,344		1,064,948

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 23 to 34 form an integral part of these accounts.

These financial statements were approved by the Board: 22 July 2024

and are signed on its behalf by: Susan Wroe
Chair



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Company number 02869470

STATEMENT OF CASH FLOWS

For the year ended 31 March 2024

	Notes	2024	2023
		£	£
<u>Cash flows from operating activities</u>			
Net movement in funds		(32,604)	(9,224)
Depreciation		50,298	50,928
Investment income		3,417	(237)
Decrease in trade receivables		8,915	37,013
Increase in trade payables		23,604	(14,982)
<i>Cash generated from operations</i>		53,630	63,498
<u>Cash flow from investing activities</u>			
Purchase of property, plant and equipment		-	(13,585)
Interest received		(3,417)	237
<i>Net cash used in investing activities</i>		(3,417)	(13,348)
 Increase in cash and cash equivalents		 50,213	 50,150
Cash and cash equivalents at start of year		324,994	274,844
Cash and cash equivalents at end of year		375,207	324,994

The notes on pages 23 to 34 form an integral part of these accounts.

RIVERSIDE COMMUNITY HEALTH PROJECT

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Riverside Community Health Project meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The charity reported total unrestricted funds at the year-end of £158,808 and has already secured a significant amount of funding for the current year.

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability.

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

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For the year ended 31 March 2024

3.4 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.6 Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in donations and legacies.

Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

3.7 Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

3.8 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of family support and other activities undertaken to further the purposes of the charity and their associated support costs.

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

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For the year ended 31 March 2024

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

5 Assets

5.1 Tangible fixed assets for use by the charity

Individual fixed assets costing £1,000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Leasehold property improvements	Straight line over life of lease (25 years)
Office and computer equipment	Straight line over four years

The charity does not currently own any tangible fixed assets.

RIVERSIDE COMMUNITY HEALTH PROJECT

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

Analysis of income

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £	Restated Total 2023 £
6 Donations and legacies					
Donations and gifts	964	-	-	964	729
Gift Aid from trading subsidiary	14,763	-	-	14,763	1,599
	<u>15,727</u>	<u>-</u>	<u>-</u>	<u>15,727</u>	<u>2,328</u>
7 Charitable activities					
<u>Income from grants</u>					
Action for Children	163,340	-	-	163,340	159,969
Asda Foundation	300	-	-	300	-
Community Foundation Waiting Well - Preparing Well	-	-	5,500	5,500	5,000
Connected Voice	-	-	-	-	3,350
ESF Women's Fund	-	-	-	-	6,391
ESIF Community Led Local Development (CLLD) Funding	-	-	-	-	110,780
Garfield Western Foundation	6,250	-	-	6,250	-
Home Office EU Settlement Status Grant	-	-	5,249	5,249	43,529
Newcastle Fund	-	-	-	-	37,500
Newcastle City Council	3,123	-	21,000	24,123	22,228
NHS North East and North Cumbria ICB	43,382	-	-	43,382	42,318
Power to Change - Community Business Fund	-	-	-	-	10,000
Sir James Knott Trust	-	-	13,700	13,700	-
Street Games	-	-	16,049	16,049	32,799
Virgin Money Foundation	-	-	10,000	10,000	-
Community Organisation Cost of Living Fund	-	-	43,354	43,354	-
North of Tyne Combined Authority	-	-	6,050	6,050	-
Childrens and Families Newcastle Partnership Working	43,750	-	-	43,750	-
<u>Income from contracts</u>					
Crèche Income	-	-	-	-	124
Use of Riverside resources	1,280	-	-	1,280	671
Riverside staff charge to Subsidiary	43,926	-	-	43,926	33,798
Other income	6,476	-	-	6,476	5,178
	<u>311,827</u>	<u>-</u>	<u>120,902</u>	<u>432,729</u>	<u>513,635</u>

RIVERSIDE COMMUNITY HEALTH PROJECT

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

Analysis of income continued

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £	Restated Total 2023 £
8 Other trading activities					
Fundraising	1,687	-	-	1,687	-
	<u>1,687</u>	<u>-</u>	<u>-</u>	<u>1,687</u>	<u>-</u>
9 Income from investments					
Bank interest	3,417	-	-	3,417	237
	<u>3,417</u>	<u>-</u>	<u>-</u>	<u>3,417</u>	<u>237</u>

Income was £453,560 (2023: £562,302) of which £332,658 was unrestricted or designated (2023: £312,694) and £120,902 was restricted (2023: £249,608).

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £	Restated Total 2023 £
10 Raising funds					
Fundraising	2,865	-	-	2,865	-
	<u>2,865</u>	<u>-</u>	<u>-</u>	<u>2,865</u>	<u>-</u>
11 Charitable activities					
<u>Support</u>					
Staff salaries	284,218	-	78,548	362,766	375,901
Project costs	6,975	-	38,634	45,609	59,320
Support costs	2,376	-	7,898	10,274	18,734
Project contribution to rent	11,388	-	352	11,740	17,462
Depreciation	-	50,298	-	50,298	50,928
<u>Governance costs</u>					
Management committee costs	147	-	-	147	30
Independent examiner's fees for reporting on the accounts	2,465	-	-	2,465	3,049
	<u>307,569</u>	<u>50,298</u>	<u>125,432</u>	<u>483,299</u>	<u>525,424</u>

Expenditure on charitable activities was £486,164 (2023: £571,526) of which £360,732 was unrestricted or designated (2023: £313,240) and £125,432 was restricted (2023: £258,286).

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

12 Fees for examination of the accounts

	2024 £	2023 £
Independent examiner's fees for reporting on the accounts	2,465	2,465
Other accountancy services paid to the examiner	560	560
	<u>3,025</u>	<u>3,025</u>

13 Analysis of staff costs and the cost of key management personnel

	2024 £	2023 £
Salaries and wages	318,834	335,368
Social security costs	23,876	24,607
Pension costs (defined contribution pension plan)	15,150	15,926
	<u>357,860</u>	<u>375,901</u>

One employee received remuneration between £60,000 and £70,000 (2023: One).

The key management personnel of the charity, comprise the Trustees and the Chief Executive. The total employee benefits of the key management personnel of the charity were £66,953 (2023: £61,431).

14 Staff numbers

The average monthly head count was 19 staff (2023: 16 staff) and the average monthly number of full-time equivalent employees during the year were as follows:

	2024 Number	2023 Number
The parts of the charity in which the employee's work.		
Support staff	9.0	10.0
Management / admin staff	2.0	2.0
Recharged to subsidiary	2.0	2.0
	<u>13.0</u>	<u>14.0</u>

15 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

Trustees' expenses

The following detail the expenses incurred by one trustee.

	2024 £	2023 £
Travel	66	-
	<u>66</u>	<u>-</u>

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

Transaction(s) with related parties

There have been no related party transactions in the reporting period.

16 Subsidiaries

Details of the charity's subsidiaries at 31 March 2024 are as follows:

Name of undertaking	Registered Office	Nature of business	% Held
Carnegie Building Newcastle	England and Wales	Letting space and community venue	100

17 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £15,150 (2023: £15,926). There was £6,272 outstanding as at 31 March 2024 (2023: £0).

18 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

19 Tangible fixed assets	Fixture, fittings and equipment £	Leasehold property improvements £	Total £
Cost			
Balance brought forward	65,560	901,493	967,053
Additions	-	-	-
Disposals	-	-	-
Balance carried forward	65,560	901,493	967,053
Depreciation			
Basis	SL	SL	
Rate	25%	4%	
Balance brought forward	62,313	184,229	246,542
Depreciation charge for year	1,448	48,850	50,298
Disposals	-	-	-
Balance carried forward	63,761	233,079	296,840
Net book value			
Brought forward	3,247	717,264	720,511
Carried forward	1,799	668,414	670,213

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

20 Debtors and prepayments (receivable within 1 year)

	2024 £	2023 £
Trade debtors	18,285	33,905
Amounts due from subsidiary undertaking:	14,763	1,598
Prepayments and accrued income	-	6,460
	33,048	41,963

21 Cash at bank and in hand

	2024 £	2023 £
Bank deposit account	158,443	155,026
Bank current account	216,760	169,964
Cash in hand	4	4
	375,207	324,994

22 Creditors and accruals (payable within 1 year)

	2024 £	2023 £
Trade creditors	2,940	5,346
Taxation and social security	6,897	-
Accruals		
Independent examination of accounts	2,465	3,025
Other creditors	10,392	3,494
Deferred income	23,430	10,655
	46,124	22,520

23 Deferred income

Deferred income comprises of advance payments from grants that relate to future periods.

	2024 £
Balance brought forward	10,655
Amount released to income earned from charitable activities	(10,655)
Amount deferred in year	23,430
Balance carried forward	23,430

24 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

RIVERSIDE COMMUNITY HEALTH PROJECT

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

25 Analysis of charitable funds

Analysis of movements in unrestricted funds

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	145,851	332,658	(310,434)	(9,267)	158,808
Totals	145,851	332,658	(360,732)	(9,267)	158,808

Purpose of unrestricted funds

General unrestricted fund The 'free reserves' after allowing for designated funds.

Analysis of movements in designated funds

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Designated funds					
Designated reserves fund	109,362	-	-	62,424	171,786
Designated fixed asset fund	720,511	-	(50,298)	-	670,213
Designated Carnegie development budget	3,157	-	-	11,843	15,000
Designated contribution to key projects	65,000	-	-	(65,000)	-
Totals	898,030	-	(50,298)	9,267	856,999

Purpose of designated funds

Designated reserves fund To cover 6 months running costs.

Designated fixed asset fund Represents the net book value of fixed assets which the charity does not consider to be general funds.

Designated Carnegie
development budget Represents monies set aside to contribute towards the development costs of the building.

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For the year ended 31 March 2024

25 Analysis of charitable funds (continued)

Transfers between funds

	Reason for transfer	Amount £
Between general unrestricted funds and designated reserves funds	This represents an increase in allocated reserves to cover six months running costs.	(62,424)
Between general unrestricted funds and designated Carnegie development budget.	The Trustees have designated a proportion of the Gift Aid for planned maintenance to the Carnegie Building.	(11,843)
Between general unrestricted funds and designated contribution to key projects	The Trustees have removed the designated funds for the planned use of unrestricted reserves in the prior year as this no longer required.	65,000
		<u>(9,267)</u>

Analysis of movement in restricted funds

Restricted funds	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Community Foundation Waiting Well - Preparing Well	-	5,500	-	-	5,500
Home Office EU Settlement Status Grant	-	5,249	(5,249)	-	-
NCC Supporting CFN meetings	-	13,000	(13,000)	-	-
NCC Make Your Mark	-	5,000	(5,000)	-	-
NCC Winter Wellbeing	-	3,000	(3,000)	-	-
Power to Change -Community Business Fund	10,000	-	(10,000)	-	-
Sir James Knott Trust	-	13,700	(11,011)	-	2,689
Street Games	11,067	16,049	(19,584)	-	7,532
Virgin Money Foundation	-	10,000	(9,166)	-	834
Community Organisation Cost of Living Fund	-	43,354	(43,354)	-	-
North of Tyne Combined Authority	-	6,050	(6,068)	-	(18)
Totals	<u>21,067</u>	<u>120,902</u>	<u>(125,432)</u>	<u>-</u>	<u>16,537</u>

Purpose of restricted funds

Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

Community Foundation Waiting Well - Preparing Well To reduce isolation and improve health and wellbeing.

Home Office EU Settlement Status Grant Support Eastern European families to apply for Settled Status.

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

25 Analysis of charitable funds (continued)

NCC Supporting CFN meetings	Contribution towards room hire for partner organisations.
NCC Make Your Mark	Contribution towards Women's work.
NCC Winter Wellbeing	Support families around food and fuel poverty.
Power to Change -Community Business Fund	To improve the sustainability of the Carnegie Building.
Sir James Knott Trust	Contribution to training project.
Street Games	Providing summer activities for families.
Virgin Money Foundation	Contribution towards the running of the community building.
Community Organisation Cost of Living Fund	Welfare support.
North of Tyne Combined Authority	Support economically inactive people to move closer to the job market.

26 Capital commitments

As at 31 March 2024, the charity had no capital commitments (2023 -£nil).

27 Analysis of net assets between funds

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £
Tangible fixed assets	-	670,213	-	670,213
Cash at bank and in hand	171,884	186,786	16,537	375,207
Other net current assets/(liabilities)	(13,076)	-	-	(13,076)
	<u>158,808</u>	<u>856,999</u>	<u>16,537</u>	<u>1,032,344</u>

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2023 £
Tangible fixed assets	-	720,511	-	720,511
Cash at bank and in hand	126,408	177,519	21,067	324,994
Other net current assets/(liabilities)	19,443	-	-	19,443
	<u>145,851</u>	<u>898,030</u>	<u>21,067</u>	<u>1,064,948</u>

RIVERSIDE COMMUNITY HEALTH PROJECT

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

28 Reason for restatement

Prior year adjustment for changes made to income and expenditure.

	General Unrestricted Funds £	Designated Unrestricted Funds £	Restricted Funds £	Total 2023 £
Income				
As previously stated	312,694	-	249,608	562,302
Less trading subsidiary income	(81,499)	-	-	(81,499)
Add staff recharge from subsidiary	33,798			33,798
Add Gift Aid from subsidiary	1,599	-	-	1,599
Restated total income for the year ended 31 March 2023	<u>266,592</u>	<u>-</u>	<u>249,608</u>	<u>516,200</u>
Expenditure				
As previously stated	262,312	50,928	258,286	571,526
Less trading subsidiary expenditure	(79,900)	-	-	(79,900)
Add cost of subsidiary staff	33,798			33,798
Restated total expenditure for the year ended 31 March 2023	<u>216,210</u>	<u>50,928</u>	<u>258,286</u>	<u>525,424</u>

A prior year adjustment has been made to the financial statements for the year ended 31 March 2023.

The adjustment arises as the in the prior year the fully owned trading subsidiary was consolidated into the charity accounts.

The Trustees have decided that for the year ended 31 March 2024 the consolidation is not required and the accounts have been presented for the charity alone.