

## **Family Friends**

A company limited by guarantee and not having a share capital

## **Annual Report and Accounts**

**31 March 2023**

**Company registration number 02863464**

**Charity registration number 1028214**

## **Family Friends**

(A company limited by guarantee and not having a share capital)

### **Report and accounts**

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## **Family Friends**

(A company limited by guarantee and not having a share capital)

## **Report and accounts**

### **REFERENCE AND ADMINISTRATIVE INFORMATION**

Directors / Trustees	Mr T Bernstein Mr C Madel Mr G Smith Mrs A Blasch Ms R Bowles Ms C Sandler
Chief Executive	Ms Melanie Christodoulou
Registered Office	Unit 1, 10 Acklam Road London W10 5QZ
Charity Registration number	1028214
Company Registration number	2863464
Bankers	CAF Bank Ltd 25 Kings Hill West Malling Kent ME19 4JQ  Scottish Widows Bank Plc PO Box 12757 67 Morrison Street Edinburgh EH3 8YJ
Auditors	Bullimores LLP Chartered Accountants Old Printers Yard 156 South Street Dorking Surrey RH4 2HF

## **FAMILY FRIENDS**

**A Company limited by guarantee and not having a Share Capital**

### **REPORT OF THE TRUSTEES AND DIRECTORS**

**FOR YEAR ENDED 31<sup>ST</sup> MARCH 2023**

#### **Structure, Governance and Management**

The trustees and directors present their Report and Accounts for the year ending 31st March 2023. Legal and administrative information set out on page 1 forms part of this report.

#### **Governing Document**

The organisation is a charitable company limited by guarantee, incorporated on 19<sup>th</sup> October 1993 and registered as a charity on 9<sup>th</sup> November 1993. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £10.

#### **Trustee Selection and Organisation**

The directors of the company are also charity trustees for the purposes of charity law and throughout this report are collectively referred to as trustees. The trustees are appointed by the board of trustees as and when required. The board of trustees is usually made up of approximately 5-8 members and meets 5/6 times each year.

Trustees who served during the year and up to the date of this report were as follows: Tony Bernstein (Chair), Chris Madel (Deputy Chair), George Smith, Allison Blasch, Catherine Sandler and Rosalyn Bowles. To better inform our work, the trustee board includes current or former volunteers.

The trustees also have a finance sub-committee which is chaired by Allison Blasch and meets four times a year.

#### **Risk Management**

The trustees have examined the major strategic and operational risks that the charity faces and confirm that systems have been put in place to enable regular reports to be produced so that steps can be taken to lessen these risks.

#### **Elective Resolution**

The accounts will be presented at the Annual General Meeting. Members are entitled to call for a meeting to be held by giving notice to the company not later than 21 working days before the date of the meeting at which the resolution is to be moved.

#### **Objectives and Activities**

The charity's objectives as set out in its Memorandum of Association are relief of children or parents in despair and distress and the prevention of emotional and physical abuse of such children. The aims of the charity are to give long-term befriending and mentoring support to parents and children in need through trained volunteers. The charity helps families to find their strengths to make positive changes in their lives. The charity's mission is 'to help families to help themselves'.

In furtherance of these objectives, Family Friends recruits, trains, and oversees a support network of individual volunteers to befriend and give practical and emotional help to families with children who, in the opinion of the charity, are in need of assistance. In accordance with this, 104 families were directly supported between April 2022 and March 2023, impacting a total of 365 people. Having considered the Charity Commission's guidance on public benefit, the trustees believe that the activities fall within this definition.

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**FOR YEAR ENDED 31<sup>ST</sup> MARCH 2023**

Family Friends has developed a three year strategy, which sets out our priorities and plans in the furtherance of our charitable objectives.

#### **Level of Support Services**

Family Friends operates in the Royal Borough of Kensington & Chelsea (RBKC), the London Borough of Hammersmith & Fulham (LBHF) and the London Borough of Brent (LBB). Also, the charity continues to work with families who have moved out of the core areas of benefit during the engagement. The charity offers befriending and mentoring services to families in need through an average 12 month volunteer home-visiting scheme.

Family Friends has worked with families in Kensington & Chelsea since 1993, in Hammersmith & Fulham since 2007 and Brent since 2016. The charity operates two core services: Parent Befriending, where support is given to a parent with a child under 18 years, and Child/Adolescent Mentoring, also known as 'Big Buddies' where support is given to a child, adolescent or group of siblings aged 5-16 years.

Family Friends also runs monthly groupwork sessions for volunteers, parents, young people and specialist SEN sessions. Family Friends has also achieved a strong peer network for its families and has built in training and support groups.

#### **Volunteers**

Our dedicated volunteers are the heart of our organisation, representing the diverse tapestry of our communities. Committed to making a difference, they undergo thorough training and referencing processes, ensuring they are well-prepared for their roles. We believe in providing continuous support and supervision, which is paramount to their success while actively working with families. As our volunteers gain experience and knowledge, many transition into more specialised roles, contributing to group activities, assessments, and undertaking ad-hoc assignments, further enriching our mission and extending their positive impact.

#### **Operations**

This year has witnessed several pivotal adaptations to our operations to align with the increasingly complex environment and the nature of referrals we receive.

##### **A. Family Connectors**

Previously known as family support workers, the role has been aptly renamed to 'Family Connectors', reflecting the essence of the work more accurately. Our Family Connectors are instrumental in bridging families with essential community resources and opportunities. They play a crucial role in not just providing support but also in fostering connections, empowering families to navigate and access a broad range of services and programs that enhance their well-being and resilience.

##### **B. Youth Connectors**

In response to the growing needs of our young clients, we have expanded our workforce to include Youth Connectors. These dedicated professionals engage with young people either one-on-one or in small groups, providing short-term, focused support. This expansion serves as an integral part of our holistic approach, addressing the broader family needs by specifically catering to the unique challenges and aspirations of the younger members.

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FOR YEAR ENDED 31<sup>ST</sup> MARCH 2023

#### C. Family Manager

Acknowledging the complexity of our services and the successful roll-out of our connector model, we've added a new management layer, titled 'Family Manager'. This role is designed to provide dedicated oversight and strategic direction to our family-oriented provisions. The Family Manager ensures cohesive operation, aligning our various services and initiatives to deliver comprehensive, integrated support to families navigating complex challenges.

#### Partnership work

Our commitment to collaborative efforts has been pivotal in enhancing our service delivery. During this period, we have engaged in significant partnerships:

**1. Healthier Futures North Kensington:** In this initiative, we focus on families within the North Kensington area, particularly concerning health services. We've been actively taking referrals from social prescribing and GP-related services, ensuring families have streamlined access to essential health resources

**2. DRIFT Project:** A collaborative effort with Young Hammersmith & Fulham Foundation (YHFF), Violence Intervention Project (VIP), West London Action for Children (WLAC), and West London Free School (WLFS). This project concentrates on addressing issues around home, school, community, and transitional phases for young people in Year 7, fostering a holistic approach to their well-being and development.

**3. Rethink Mental Health:** In partnership with The Habitus Collective, we've embarked on peer support training specifically around supporting individuals with mental health needs, with a focus on suicide prevention. This training empowers our team to provide more specialized and empathetic support to those in need.

Partnership work is not just an adjunct but a core component of our service delivery. The current socio-economic landscape, marked by the escalating cost of living, soaring energy prices, fuel scarcity, and the looming threat of food poverty, has disproportionately impacted the families we serve. Many are precariously balanced on the brink of crisis. In response, we are not only reinforcing our commitment to these communities through these partnerships but also exploring and implementing digital solutions. These digital avenues are crucial in ensuring uninterrupted access to support, particularly in times where physical services might be hindered. Our unwavering dedication to mitigating these challenges underscores our role as a catalyst for positive change, demonstrating the power of collaborative efforts in navigating and overcoming adversity.

#### Referrals

Family Friends is well integrated into local networks. The percentage of referrals from social workers (including children with disabilities and early help teams) was 82%. The percentage of referrals from schools was 7%. The remaining 11% came from a wide range of sources including voluntary sector organisations, Health Visitors and CAMHS Mental Health services.

#### Impact

Across all of our areas of benefit, our core Befriending and Mentoring work has supported 104 families this year, inclusive of the impact on wider family members our direct work impacted 365 people. Further to this we support over 30 families who are a part of our eco-system having been supported by our services historically and have ad-hoc help or attend the occasional groupwork session.

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**FOR YEAR ENDED 31<sup>ST</sup> MARCH 2023**

For parents, the dire cost-of-living crisis has taken centre stage. Our dedicated volunteers have provided extensive support, guiding families through various budgeting challenges and addressing pressing concerns related to food and fuel poverty. Our localised approach allows us to directly impact these specific communities, ensuring they receive the tailored support necessary to navigate these trying times.

This year, our impact has been profound. We've conducted over 36 groupwork sessions that serve as valuable support sessions for parents and young people. We continuously adapt our programmes to cater to the ever-evolving needs of the communities we serve. Notably, we've recognised a significant number of young males presenting as autistic or potentially having undiagnosed autism/ADHD. In response, we've developed specialised activities like Board Games Night to better address their unique requirements. For our parents we have developed a monthly walk and talk and meet-up for lunch.

#### **Volunteers**

This has been a harder year for recruitment of volunteers. Across three recruitment rounds, we welcomed a total of 42 new volunteers into our Family Friends community. This year marked the second year of our Big Buddy program, the extension to this has been the inclusion and recruitment of our youth connectors to support this programme.

Our commitment to volunteer development was underscored by comprehensive training in vital areas, including: mental health first aid, and legal and benefits advice. Collaborating with external agencies, we co-produced these training sessions, ensuring they met the highest standards and were well-received by our volunteers.

Currently, our volunteer team boasts 25 dedicated individuals who have been actively supporting our cause for more than two years. Many of them continue to provide invaluable assistance to families, while others contribute their expertise to smaller, more specialised tasks and groupwork initiatives. These experienced volunteers are the backbone of our organisation, and we deeply appreciate their enduring commitment.

#### **Financial Review**

##### **Funding and Fundraising**

The Statement of Financial Activities on page 11 discloses total income to March 2023 of £290,956 (2022: £236,135) and total expenditure of £261,722 (2022: £238,428). Total income increased by 23% and this contributed to the surplus for the year of £29,234 (2022 deficit: £2,293).

The restricted fund surplus is £23,000 (2022 deficit: £13,151). These funds have been awarded to be expended on work specified by the donor to further the Befriending and Mentoring services provided by the Charity. Family Friends is grateful to all the funders – the support of families would not be possible without your generosity.

The unrestricted fund surplus is £6,234 (2022 surplus: £10,858) which increased our general reserves to £154,360 (2022: £148,126).

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**FOR YEAR ENDED 31<sup>ST</sup> MARCH 2023**

#### **Reserves Policy**

Family Friends has a policy on unrestricted reserves as follows: 'in order to help guarantee the completion of service programmes to existing clients, Family Friends has a reserves policy of maintaining an unrestricted reserves of the equivalent of 5 months of its annual gross expenditure budget'.

Unrestricted reserves as at 31st March 2023 total £154,360 which represents over five months of current budgeted expenditure and therefore comply with this policy. The Trustees will continue to review this and are committed to maintaining sufficient unrestricted reserves.

#### **Going Concern**

Beyond monitoring the financial performance and management for the immediate year through the quarterly reporting cycle, the Trustees assess the financial wellbeing of the Charity by contributing to and reviewing the Budget & Business Plan for the subsequent year as well as the longer-term Strategic Planning.

The going concern status of the charity is a key focus of reporting for the Finance Sub-Committee which monitors actual and forecast financial reports and the robustness of the charity's income sources at each quarterly meeting; this is then reported on and discussed at each Trustees Meeting. The charity does recognise that future funding opportunities may become more difficult in light of the current economic situation, and we endeavour to explore different types of income generation to mitigate the uncertainty.

#### **Trustees' Responsibilities for the Financial Statements**

The trustees (who are also the directors of Family Friends for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charity SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



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**REPORT OF THE TRUSTEES AND DIRECTORS**

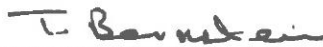
**FOR YEAR ENDED 31<sup>ST</sup> MARCH 2023**

**Statement as to Disclosure of Information to Auditors**

So far as the trustees are aware, there is no relevant audit information (as defined by Section 418 of the Companies Act 2006) of which the charity's auditors are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 22/11/2023 and signed on its behalf by:



Tony Bernstein (Chair)



George Smith (Trustee)

## **FAMILY FRIENDS**

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### **INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FAMILY FRIENDS**

#### **Opinion**

We have audited the financial statements of Family Friends (the "Charity") for the year ended 31<sup>st</sup> March 2023 which comprise Statement of Financial Activities, the Summary Income and Expenditure, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31<sup>st</sup> March 2023 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

#### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **FAMILY FRIENDS**

### **A Company limited by guarantee and not having a Share Capital**

#### **INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FAMILY FRIENDS**

##### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- we have not obtained all the information and explanations necessary for the purposes of our audit;
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a strategic report.

##### **Responsibilities of the trustees**

As explained more fully in the trustees' responsibilities statement set out on page 6, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

##### **Our responsibilities for the audit of the financial statements**

The trustees have elected for the financial statements to be audited in accordance with the Charities Act 2011 rather than the Companies Act 2006. Accordingly, we have been appointed as auditor under section 145 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks that are applicable to the Charity and determined that the most significant which are directly relevant to specific assertions in the financial statements are those related to the reporting frameworks (FRS102, the Charities SORP and the Charities Act 2011).

We understood how the Charity is complying with those legal and regulatory frameworks by making enquiries of the trustees and management.

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### INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FAMILY FRIENDS

We did not identify any matters relating to non-compliance with laws and regulations or relating to fraud.

We assessed the susceptibility of the Charity's financial statements to material misstatement, including how fraud might occur by discussions with the trustees and management to understand areas where they considered there was susceptibility to fraud. We also considered pressures on the trustees and management to meet any external pressures in reporting the financial results of the Charity.

Audit procedures performed by the engagement team on the areas where fraud might occur included:

- evaluation of management's internal processes designed to prevent and detect irregularities
- testing, with a focus on entries determined to be large or relating to unusual transactions
- review of data to detect unusual transactions

Assessment of the appropriateness of the collective competence and capabilities of the engagement team included consideration of the engagement team's:

- understanding of, and practical experience with audit engagements of a similar nature and complexity through the appropriate training and participation
- knowledge of the sector in which the Charity operates
- understanding of the legal and regulatory requirements specific to the Charity.

#### Use of our report

This report is made solely to the Charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011 and the regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the Charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Signed Bullimore

Date 18/12/2023

Bullimores LLP  
Statutory Auditor and Chartered Accountants  
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006  
Old Printers Yard  
156 South Street  
Dorking  
Surrey RH4 2HF

## Family Friends

### Statement of financial activities

(Incorporating an income and expenditure account)

For the year ended 31 March 2023

	Note	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b>Income from:</b>					
Donations and legacies	3	51,791	194,149	245,940	181,255
Charitable activities: Befriending & Mentoring Services	4	-	44,500	44,500	41,000
Other trading activities	5	-	-	-	13,820
Investment income	6	516	-	516	60
<b>Total income</b>		<b>52,307</b>	<b>238,649</b>	<b>290,956</b>	<b>236,135</b>
<b>Expenditure on:</b>					
Raising funds	7	4,850	17,619	22,469	24,020
Charitable activities: Befriending & Mentoring Services	7	41,223	198,030	239,253	214,408
<b>Total expenditure</b>		<b>46,073</b>	<b>215,649</b>	<b>261,722</b>	<b>238,428</b>
<b>Net income/(expenditure) for the year</b>	8	<b>6,234</b>	<b>23,000</b>	<b>29,234</b>	<b>(2,293)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		148,126	14,821	162,947	165,240
<b>Total funds carried forward</b>		<b>154,360</b>	<b>37,821</b>	<b>192,181</b>	<b>162,947</b>

All of the above results are derived from continuing activities.

There were no other recognised gains or losses other than those stated above.

The attached notes form part of these financial statements.

**Family Friends**  
**Balance Sheet**  
**As at 31 March 2023**

	Note	2023 £	2023 £	2022 £	2022 £
<b>Fixed assets:</b>					
Tangible assets	11		4,062		1,756
<b>Current assets:</b>					
Debtors	12	10,902		15,792	
Cash at bank and in hand		<u>310,261</u>		<u>218,828</u>	
		321,163		234,620	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	<u>(133,044)</u>		<u>(73,429)</u>	
<b>Net current assets</b>			<u>188,119</u>		<u>161,191</u>
<b>Total assets less current liabilities</b>			<u>192,181</u>		<u>162,947</u>
<b>Funds</b>	15				
Restricted funds			37,821		14,821
Unrestricted funds:					
General funds		144,360		148,126	
Designated funds		<u>10,000</u>			
Total unrestricted funds			<u>154,360</u>		<u>148,126</u>
<b>Total funds</b>			<u>192,181</u>		<u>162,947</u>

For the year ended 31 March 2023 the charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Approved by the trustees on 22 NOVEMBER 2023  
and signed on their behalf by:



Tony Bernstein  
Chair



George Smith  
Trustee

Company registration no. 02863464

The attached notes form part of the financial statements.

## **Family Friends**

### **Notes to the financial statements**

#### **For the year ended 31 March 2023**

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#### **1 Accounting policies**

##### **Basis of preparation**

The financial statements of the charitable company have been prepared in accordance with the Charities SORP (FRS102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The charitable company is exempt from preparing a cash flow statement due to the adoption of the exemption available to the charities with income less than £500,000.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments. The trustees do not consider that there are any sources of estimation at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

##### **Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity. Designated funds are unrestricted funds which the trustees have decided, at their discretion, to set aside for a specific purpose. The aim of each designated fund is set out in the attached notes.

##### **Income**

All incoming resources are included in the Statement of Financial Activities when:

- (1) the charity is legally entitled to the funds
- (2) any performance conditions attached to the income have been met or are fully in control of the charity
- (3) it is probable that the income will be received
- (4) the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

##### **Charitable activities**

Trading activities - other professional income is included in income in the period in which the relevant activity takes place.

Project specific funding - when donors specify that donations and grants are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this will be included in income of restricted funds when receivable.

##### **Donated services and facilities**

Donated services or facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

**Family Friends**  
**Notes to the financial statements**  
**For the year ended 31 March 2023**

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**1 Accounting policies (continued)**

**Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes direct and operational costs of delivering services and other educational activities undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**Allocation of support costs**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include office costs, finance, personnel, payroll and governance costs which support the Trusts programme and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

**Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £1,000. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

Office equipment	33% straight line basis
Fixtures and fittings	25% reducing balance

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Pensions**

Employees of the charity are entitled to join the Pensions Trust Pension Scheme which is funded by contributions from employees and the charity as employer. The pension charge recorded in these accounts is the amount of contributions payable in the accounting year.



**Family Friends**  
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**2 Detailed comparatives for the statement of financial activities**

	2022 Unrestricted £	2022 Restricted £	2022 Total £
<b>Income from:</b>			
Donations and legacies	60,528	120,727	181,255
Charitable activities:			
Befriending & Mentoring Services	-	41,000	41,000
Other trading activities	876	12,944	13,820
Investments	60	-	60
<b>Total income</b>	<b>61,464</b>	<b>174,671</b>	<b>236,135</b>
<b>Expenditure on:</b>			
Raising funds	5,327	18,693	24,020
Charitable activities:			
Befriending & Mentoring Services	45,279	169,129	214,408
<b>Total expenditure</b>	<b>50,606</b>	<b>187,822</b>	<b>238,428</b>
Net income / (expenditure)	10,858	(13,151)	(2,293)
Total funds brought forward	137,268	27,972	165,240
Total funds carried forward	148,126	14,821	162,947

**3 Income from donations and legacies - current year**

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b>Donations</b>				
DMGT plc in Partnership with The Kensington & Chelsea Foundation	-	12,500	12,500	10,000
Girdlers' Company Charitable Trust	-	5,000	5,000	5,416
Goldman Sachs Gives Annual Giving Fund	-	-	-	7,500
The Grove Trust	-	-	-	20,438
United in Hammersmith & Fulham	-	-	-	3,950
United in Hammersmith & Fulham - Period Poverty	-	-	-	1,000
Independence @ Home	-	-	-	389
Individual Donations	11,791	-	11,791	9,278
John Armitage Charitable Trust in partnership with New Philanthropy Capital	40,000	-	40,000	40,000
The CHK Foundation (via The Grove Trust)	-	-	-	11,250
London Community Foundation - Grenfell Young People's Fund	-	-	-	15,000
John Lyon's Charity	-	46,250	46,250	21,000
John Lyon's Summer Activities	-	-	-	2,600
The Earls Court Development Fund	-	3,837	3,837	8,763
Kensington & Chelsea Foundation - Children and Young People Fund	-	7,500	7,500	10,000
National Lottery Fund - Evolve project	-	49,607	49,607	14,671
K&C Social Council Healthier Futures	-	25,507	25,507	-
K&C Social Council Vaccine Awareness	-	7,990	7,990	-
Edward Gostling CT	-	5,833	5,833	-
John Lyons Drift programme	-	23,250	23,250	-
Julia & Hans Rausing	-	3,750	3,750	-
NW London Suicide Prevention	-	3,125	3,125	-
	<b>51,791</b>	<b>194,149</b>	<b>245,940</b>	<b>181,255</b>

**Family Friends**  
**Notes to the financial statements**  
**For the year ended 31 March 2023**

**3 Income from donations and legacies - prior year**

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
<b>Donations</b>				
BBC Children In Need	-	-	-	13,000
DMGT plc in Partnership with The Kensington & Chelsea Foundation	-	10,000	10,000	10,000
The Drapers' Charitable Trust	-	-	-	7,000
Girdlers' Company Charitable Trust	-	5,416	5,416	5,000
Goldman Sachs Gives Annual Giving Fund	-	7,500	7,500	2,500
The Grove Trust	-	20,438	20,438	19,713
United in Hammersmith & Fulham	-	3,950	3,950	980
United in Hammersmith & Fulham - Period Poverty	-	1,000	1,000	-
Independence @ Home	-	389	389	-
Individual Donations	9,278	-	9,278	8,221
John Armitage Charitable Trust in partnership with New Philanthropy Capital	40,000	-	40,000	30,000
The CHK Foundation (via The Grove Trust)	11,250	-	11,250	3,750
London Community Foundation - Grenfell Young People's Fund	-	15,000	15,000	15,000
The National Lottery Community Foundation Fund and City Bridge Trust - COVID-19 Response Fund	-	-	-	22,000
John Lyon's Charity	-	21,000	21,000	21,000
John Lyon's Summer Activities	-	2,600	2,600	-
The Earls Court Development Fund	-	8,763	8,763	-
Kensington & Chelsea Foundation - Children and Young People Fund	-	10,000	10,000	9,500
National Lottery Fund - Evolve project	-	14,671	14,671	-
	<b>60,528</b>	<b>120,727</b>	<b>181,255</b>	<b>167,664</b>

**4 Income from charitable activities**

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
<b>Befriending &amp; Mentoring Services</b>				
Royal Borough of Kensington & Chelsea F & C Services	-	37,500	37,500	35,000
London Borough of Brent	-	7,000	7,000	6,000
<b>Total for Befriending &amp; Mentoring Services</b>	-	44,500	44,500	41,000
<b>Total income from charitable activities</b>	-	44,500	44,500	41,000

**5 Income from other trading activities**

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Support Services for Afghan Refugees	-	-	-	12,944
DBS Check fees	-	-	-	876
	-	-	-	13,820

**6 Income from investments**

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Bank interest	516	-	516	60
	516	-	516	60

**Family Friends**  
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**7 Analysis of expenditure - current year**

			Charitable Activities				
	Basis of allocation	Cost of raising funds £	Befriending & Mentoring Services £	Support costs £	Governance costs £	2023 Total £	2022 Total £
Staff costs	Staff time	17,340	143,924	-	12,138	173,402	162,320
Direct costs	Direct	279	16,816			17,095	15,596
Premises costs	Staff time		20,329	4,769		25,098	15,890
Staff recruitment/training	Staff time			1,789		1,789	950
Office costs/comms	Staff time		16,961	3,979		20,940	21,449
Depreciation	Staff time			2,577		2,577	1,053
Audit & Accountancy fees	Staff time				20,610	20,610	21,090
Other Governance costs	Staff time				211	211	80
		<b>17,619</b>	<b>198,030</b>	<b>13,114</b>	<b>32,959</b>	<b>261,722</b>	<b>238,428</b>
Support costs		1,381	11,733	(13,114)	-	-	-
Governance costs		3,469	29,490	-	(32,959)	-	-
<b>Total expenditure 2023</b>		<b>22,469</b>	<b>239,253</b>	<b>-</b>	<b>-</b>	<b>261,722</b>	<b>238,428</b>
Total expenditure 2022		24,020	214,408	-	-	238,428	

Of the total expenditure, £46,073 was unrestricted (2022: £50,606) and £215,649 was restricted (2022: £187,822).

This year the percentage of costs, allocated towards our core service on staff time basis, has increased due to the additional staff employed to directly deliver the charitable services and their increased use of the office and facilities.

This year the split has been:

- 81:19 to "Befriending & Mentoring: Support Costs" (2022 - 70:30) and
- 10:83:7 to "Fundraising: Befriending & Mentoring: Support Costs" (2022 - 10:80:10)

This change has impacted on restricted funds as additional costs have been allocated to specific projects.

**Family Friends**  
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**7 Analysis of expenditure - prior year**

	Basis of allocation	Cost of raising funds £	Charitable Activities Befriending & Mentoring Services £	Support costs £	Governance costs £	2022 Total £	2021 Total £
Staff costs	Staff time	16,232	129,856	-	16,232	162,320	146,515
Direct costs	Direct	2,461	13,135	-	-	15,596	11,536
Premises costs	Staff time	-	11,123	4,767	-	15,890	14,102
Staff recruitment/training	Staff time	-	-	950	-	950	4,099
Office costs/comms	Staff time	-	15,015	6,434	-	21,449	18,249
Depreciation	Staff time	-	-	1,053	-	1,053	694
Audit & Accountancy fees	Staff time	-	-	-	21,090	21,090	13,249
Other Governance costs	Staff time	-	-	-	80	80	13
		<b>18,693</b>	<b>169,129</b>	<b>13,204</b>	<b>37,402</b>	<b>238,428</b>	<b>208,457</b>
Support costs		1,390	11,814	(13,204)	-	-	-
Governance costs		3,937	33,465		(37,402)	-	-
<b>Total expenditure 2022</b>		<b>24,020</b>	<b>214,408</b>	<b>-</b>	<b>-</b>	<b>238,428</b>	<b>208,457</b>
<b>Total expenditure 2021</b>		<b>18,459</b>	<b>189,998</b>	<b>-</b>	<b>-</b>	<b>208,457</b>	

Of the total expenditure, £50,606 was unrestricted (2021: £28,615) and £187,822 was restricted (2021: £179,842).

**8 Net expenditure for the year**

This is stated after charging	<b>2023 £</b>	<b>2022 £</b>
Operating lease rentals:		
Property	14,368	12,250
Depreciation	2,577	1,053
Auditor's remuneration:		
Audit fees	4,500	4,300
(Over)/under provision	(170)	40
Total remuneration charged in the year	<u>4,330</u>	<u>4,340</u>

**Family Friends**  
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**9 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	2023	2022
	£	£
Salaries and wages	156,462	145,740
Social security costs	10,431	9,619
Employer's contribution to defined contribution pension schemes	6,509	6,961
	<u>173,402</u>	<u>162,320</u>

The number of employees whose total employee benefits, excluding employer pension contributions, earning over £60,000, classified within bands of £10,000 is as follows:

	2023	2022
£60,000 to £69,999	1	-

The total employee benefits including pension contributions of the key management personnel were £173,402 (2022: £162,320).

The charity trustees were not paid or received any benefits from employment with the Trust in the year (2022: £nil) neither were they reimbursed expenses during the year (2022: £nil). No Charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

**Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2023	2022
	No.	No.
Charitable activities	4	5
	<u>4</u>	<u>5</u>

**10 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**11 Tangible fixed assets**

	Office equipment £	Fixtures & Fittings £	Total £
<b>Cost</b>			
At the start of the year	23,557	-	<b>23,557</b>
Disposals in year	- 20,398	-	<b>20,398</b>
Additions in year	3,645	1,238	<b>4,883</b>
At the end of the year	<u>6,804</u>	<u>1,238</u>	<u><b>8,042</b></u>
<b>Depreciation</b>			
At the start of the year	21,801	-	<b>21,801</b>
Disposals in year	- 20,398	-	<b>20,398</b>
Charge for the year	2,267	310	<b>2,577</b>
At the end of the year	<u>3,670</u>	<u>310</u>	<u><b>3,980</b></u>
<b>Net book value</b>			
At the end of the year	<u>3,134</u>	<u>928</u>	<u><b>4,062</b></u>
At the start of the year	<u>1,756</u>	<u>-</u>	<u><b>1,756</b></u>

All of the above assets are used for charitable purposes.

**Family Friends**  
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**12 Debtors**

	2023	2022
	£	£
Trade debtors	5,434	10,295
Other debtors	3,694	-
Prepayments	1,774	5,497
	<u>10,902</u>	<u>15,792</u>

**13 Creditors: amounts falling due within one year**

	2023	2022
	£	£
Trade creditors	6,483	3,299
Other creditors	8,536	-
Accruals	4,678	4,694
Deferred income	113,347	65,436
	<u>133,044</u>	<u>73,429</u>

**Deferred income**

	2023	2022
	£	£
Balance at the beginning of the year	65,436	83,771
Amount released to income in the year	(65,436)	(83,771)
Amount deferred in the year	113,347	65,436
Balance at the end of the year	<u>113,347</u>	<u>65,436</u>

Deferred income comprises of grants received in the current year which relate to future periods.

**14a Analysis of net assets between funds - current year**

	General unrestricted	General designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	4,062	-	-	4,062
Net current assets	140,298	10,000	37,821	188,119
Net assets at the end of the year	<u>144,360</u>	<u>10,000</u>	<u>37,821</u>	<u>192,181</u>

**14b Analysis of net assets between funds - prior year**

	General unrestricted	General designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	1,756	-	-	1,756
Net current assets	146,370	-	14,821	161,191
Net assets at the end of the year	<u>148,126</u>	<u>-</u>	<u>14,821</u>	<u>162,947</u>

**15a Movements in funds - current year**

	At the start of the year	Incoming resources & gains	Outgoing resources & losses	Transfers	At the end of the year
	£	£	£	£	£
<b>Restricted funds:</b>					
Befriending & Mentoring Services	14,821	238,649	215,649	-	37,821
<b>Total restricted funds</b>	<u>14,821</u>	<u>238,649</u>	<u>215,649</u>	<u>-</u>	<u>37,821</u>
<b>Unrestricted funds:</b>					
General funds	148,126	52,307	46,073	10,000	144,360
Designated funds	-	-	-	10,000	10,000
<b>Total unrestricted funds</b>	<u>148,126</u>	<u>52,307</u>	<u>46,073</u>	<u>-</u>	<u>154,360</u>
<b>Total funds</b>	<u>162,947</u>	<u>290,956</u>	<u>261,722</u>	<u>-</u>	<u>192,181</u>

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**15b Movements in funds - prior year**

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
Befriending & Mentoring Services	27,972	174,671	187,822	-	14,821
<b>Total restricted funds</b>	<u>27,972</u>	<u>174,671</u>	<u>187,822</u>	<u>-</u>	<u>14,821</u>
<b>Unrestricted funds:</b>					
General funds	137,268	61,464	50,606	-	148,126
Designated funds	-	-	-	-	-
<b>Total unrestricted funds</b>	<u>137,268</u>	<u>61,464</u>	<u>50,606</u>	<u>-</u>	<u>148,126</u>
<b>Total funds</b>	<u>165,240</u>	<u>236,135</u>	<u>238,428</u>	<u>-</u>	<u>162,947</u>

**Purposes of restricted funds: Befriending & Mentoring Services**

The income of the charity includes grants received for specific restricted projects.

**Purpose of Designated funds**

During the year ended 31 March 2023 the trustees created a designated fund for the purpose of allocating funds to the 30th Anniversary and have transferred £10,000 to it from general funds. It is expected to be spent by October 2023.

**16 Operating lease commitments**

Total future minimum lease payments under non-cancellable operating leases are as follows:

	<b>Property</b>	
	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Due within one year	13,569	9,188
Due within two to five years	-	-
	<u>13,569</u>	<u>9,188</u>

There is a three year lease for the offices at Unit 1, 10 Aklam Road commencing 19th December 2022.

A break clause can be served by either party on or after 19 December 2023 whereby the lease shall terminate on the break date.

**17 Legal status of the charity**

The charity is a company limited by guarantee incorporated in England and has no share capital. Each member is liable to contribute a sum not exceeding £10 in the event of the charity being wound up.

**18 Related party transactions**

There are no related party transactions to disclose for 2023 (2022: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.