

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024
FOR
STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

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For The Year Ended 31 December 2024**

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STROKE CARE FOR NEWBURY AND WEST BERKSHIRE

REPORT OF THE TRUSTEES For The Year Ended 31 December 2024

The trustees present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Suffering a stroke, or seeing the changes it brings to someone, can dramatically transform lives. The trauma can leave people feeling isolated, confused and even angry with a sense of uncertainty about the future. The effects of a stroke may be temporary or last for several years. The road to recovery may be different for everyone but will require determination and support.

Stroke Care for Newbury and West Berkshire was formed to provide this support to stroke survivors, their families and carers.

Significant activities

Our Stroke Support is focused on maximising recovery of stroke survivors.

We offer a one day per week safe environment in which we provide:

- * An initial review of need in which goals for recovery are set.
- * A physiotherapy programme according to those needs and goals.
- * Cognitive exercises.
- * Friendship and support.
- * Confidence building
- * Social interaction.
- * Recreation.
- * Refreshment

Stroke Support meet at Woolhampton Village Hall where the venue operates on a once weekly basis with a few exceptions in the year, a two week break is taken at Christmas.

Periodically, we have special events and outdoor visits such as garden centre lunches.

Public benefit

The Trustees are aware of the Charity Commission's guidance on public benefit and have taken it into account when making decisions to which the guidance is relevant.

Volunteers

The support provided by our charity comes primarily from our volunteers. At present we have 3 permanent, part-time employees and a total of 10 volunteers who assist with the day to day operations of the charity, organising and running support groups.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

Our charity operates to assist the rehabilitation of stroke survivors within Newbury and West Berkshire. The services provided to the public are funded through grants, membership fees and donations received from the local community and local government. The need for our charity is reflected by the numbers of new members being referred.

STROKE CARE FOR NEWBURY AND WEST BERKSHIRE

REPORT OF THE TRUSTEES

For The Year Ended 31 December 2024

ACHIEVEMENTS AND PERFORMANCE

Fundraising activities

This year we have had two very successful fundraising / donation activities. The first being the Welford Snowdrops, the second being a Charity Golf Day of which we were the beneficiaries, both of which made a significant difference to our income. We have also successfully continued recruiting new volunteers. Our reserves are sufficient at present however this is continually reviewed and any opportunities arising will continue to be taken.

FINANCIAL REVIEW

Financial position

Since the Charity was registered in 1993 it has continued to increase its available reserves until 2021 however, since then, primarily due to the withdrawing of funding from the NHS, we operate on an annual loss. This loss is well within our current savings level, but we are acutely aware it is not a desirable position. During the year ended 31 December 2024, the charity reported net income of £(7,656.16), (2023: £14,158.01). The annual net loss was less in 2024 primarily due to the two fundraising activities. The annual expenses of the charity again increased in 2024 with the general cost of living rises seen everywhere plus we made a one-off purchase of equipment to improve the service provided to the members.

In order to address the ongoing shortfall, we actively seek out appropriate new members for Woolhampton and continually search for other, smaller grants and fund-raising opportunities to boost our income. We also made the decision to increase the members fees for the first time since 2019 reflecting the increases in costs generally.

Principal funding sources

The principal source of our funding comes from grants from our service agreement with the local council. In December 2023 we successfully tendered for the Grant from West Berkshire Council to provide a 'Stroke Care Reablement and Prevention Service' and a further 3-year agreement is now in place. This income is supplemented by members' fees, donations and fundraising which were all gratefully received.

Reserves policy

All reserves retained by the charity are considered to be unrestricted. However, the board of Trustees hold two designated funds.

The first is a transportation fund created following the receipt of a substantial donation in 2015. This fund is used to fund all transport costs.

The second is a contingency fund created to ensure the charity can continue regardless of the level of income received.

Going concern

The Trustees aim to ensure sufficient reserves are retained to cover 12 months of the Charity's expenditure. To ensure this is achieved the amount is in a separate fund and is reviewed on an ongoing basis.

FUTURE PLANS

The Trustees are determined that the charity will continue to assist the rehabilitation of stroke survivors, their families and carers for many years to come. The high levels of continued support from our volunteers, members and the local community will assist us to achieve our objectives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

The charity is always seeking to appoint new trustees as may be appropriate to ensure good governance.

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**REPORT OF THE TRUSTEES
For The Year Ended 31 December 2024**

Trustees

Mrs M Neale (resigned 23.4.24)
Ms A Rawlings
Mrs V K Davis
Mrs R M Short
Mrs J M C Teece
N Cave (appointed 20.11.24)

Independent Examiner

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

Approved by order of the board of trustees on 29 April 2025 and signed on its behalf
by:



Mrs R M Short - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

Independent examiner's report to the trustees of Stroke Care for Newbury and West Berkshire

I report to the charity trustees on my examination of the accounts of Stroke Care for Newbury and West Berkshire (the Trust) for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Mark Lodge Taylor FCCA
The Association of Chartered Certified Accountants

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

Date: 29th April 2025

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 December 2024**

| | | 2024 Unrestricted funds £ | 2023 Total funds £ |
|---|-------|------------------------------------|-----------------------------|
| INCOME AND ENDOWMENTS FROM | Notes | | |
| Donations and legacies | | 45,043 | 44,569 |
| Other fundraising activities | 2 | 13,549 | 2,249 |
| Investment income | 3 | 6,924 | 3,684 |
| Total | | <u>65,516</u> | <u>50,502</u> |
| EXPENDITURE ON Charitable activities | | | |
| Club | | 50,313 | 42,187 |
| Family support | | 20,876 | 19,309 |
| Other | | 1,596 | 2,593 |
| Total | | <u>72,785</u> | <u>64,089</u> |
| NET INCOME/(EXPENDITURE) | | (7,269) | (13,587) |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | | 172,033 | 185,620 |
| TOTAL FUNDS CARRIED FORWARD | | <u>164,764</u> | <u>172,033</u> |

The notes form part of these financial statements

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**BALANCE SHEET
31 December 2024**

| | Notes | 2024 Unrestricted funds £ | 2023 Total funds £ |
|--|-------|------------------------------------|-----------------------------|
| CURRENT ASSETS | | | |
| Prepayments and accrued income | | 8,294 | 8,801 |
| Cash at bank and in hand | | 157,398 | 164,305 |
| | | <u>165,692</u> | <u>173,106</u> |
| CREDITORS | | | |
| Amounts falling due within one year | 9 | (928) | (1,073) |
| | | <u>164,764</u> | <u>172,033</u> |
| NET CURRENT ASSETS | | | |
| | | <u>164,764</u> | <u>172,033</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | |
| | | <u>164,764</u> | <u>172,033</u> |
| NET ASSETS | | | |
| | | <u>164,764</u> | <u>172,033</u> |
| FUNDS | 10 | | |
| Unrestricted funds | | <u>164,764</u> | <u>172,033</u> |
| TOTAL FUNDS | | <u>164,764</u> | <u>172,033</u> |

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



.....
R M Short - Trustee

27.4.2025

**NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 December 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Overall risk to operations

Following the year end, there have been no substantial developments that would affect the charity's ability to operate effectively. The Charity has therefore determined that there are no post balance sheet events and accordingly, the financial position as at, and results of the operations for, the year ended 31 December 2024 have not been adjusted to reflect their impact.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds can be set aside by trustees for an essential spend or future purpose. The charity currently operates two designated funds, one for the transport of its beneficiaries and another as a contingency to cover the charity's key costs.

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2024**

2. OTHER FUNDRAISING ACTIVITIES

| | 2024 | 2023 |
|--|---------------|--------------|
| | £ | £ |
| Club activities and other fundraising events | 198 | 10 |
| Donations | 13,351 | 2,239 |
| | <u>13,549</u> | <u>2,249</u> |

3. INVESTMENT INCOME

| | 2024 | 2023 |
|--------------------------|--------------|--------------|
| | £ | £ |
| Deposit account interest | 6,924 | 3,684 |
| | <u>6,924</u> | <u>3,684</u> |

4. SUPPORT COSTS

| | Management |
|--------------------------|--------------|
| | £ |
| Other resources expended | 1,596 |
| | <u>1,596</u> |

Support costs, included in the above, are as follows:

Management

| | 2024 Other resources expended £ | 2023 Total activities £ |
|------------------|---|----------------------------------|
| Insurance | 285 | 1,070 |
| Sundries | 432 | 436 |
| Management costs | 879 | 871 |
| | <u>1,596</u> | <u>2,377</u> |

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2024**

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

| | 2024 | 2023 |
|-------------------------------|------|------|
| Permanent part-time employees | 3 | 3 |

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted funds £ |
|---|----------------------------|
| INCOME AND ENDOWMENTS FROM | |
| Donations and legacies | 44,569 |
| Other fundraising activities | 2,249 |
| Investment income | 3,684 |
| Total | <u>50,502</u> |
| EXPENDITURE ON Charitable activities | |
| Club | 42,187 |
| Family support | 19,309 |
| Other | 2,593 |
| Total | <u>64,089</u> |
| NET INCOME/(EXPENDITURE) | (13,587) |
| RECONCILIATION OF FUNDS | |
| Total funds brought forward | 185,620 |
| TOTAL FUNDS CARRIED FORWARD | <u><u>172,033</u></u> |

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2024**

8. INDEPENDENT EXAMINERS' REMUNERATION

| | 2024 | 2023 |
|---|------------|------------|
| | £ | £ |
| Independent examiners' remuneration | 225 | 212 |
| Independent examiners' remuneration - Non Independent examination | 225 | 212 |
| | <u>450</u> | <u>424</u> |

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2024 | 2023 |
|------------------------------|------------|--------------|
| | £ | £ |
| Other creditors | 478 | 641 |
| Accruals and deferred income | 450 | 432 |
| | <u>928</u> | <u>1,073</u> |

10. MOVEMENT IN FUNDS

| | At 1.1.24 £ | Net movement in funds £ | Transfers between funds £ | At 31.12.24 £ |
|---------------------------|----------------|----------------------------------|------------------------------------|---------------------|
| Unrestricted funds | | | | |
| General fund | 68,140 | (2,407) | (9,775) | 55,958 |
| Designated transport | 62,393 | (4,862) | 9,775 | 67,306 |
| Contingency reserve | 41,500 | - | - | 41,500 |
| | <u>172,033</u> | <u>(7,269)</u> | <u>-</u> | <u>164,764</u> |
| TOTAL FUNDS | <u>172,033</u> | <u>(7,269)</u> | <u>-</u> | <u>164,764</u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 65,516 | (67,923) | (2,407) |
| Designated transport | - | (4,862) | (4,862) |
| | <u>65,516</u> | <u>(72,785)</u> | <u>(7,269)</u> |
| TOTAL FUNDS | <u>65,516</u> | <u>(72,785)</u> | <u>(7,269)</u> |

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2024**

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

| | At 1.1.23 £ | Net movement in funds £ | Transfers between funds £ | At 31.12.23 £ |
|---------------------------|----------------|----------------------------------|------------------------------------|---------------------|
| Unrestricted funds | | | | |
| General fund | 70,770 | (9,494) | 6,864 | 68,140 |
| Designated transport | 73,350 | (4,093) | (6,864) | 62,393 |
| Contingency reserve | 41,500 | - | - | 41,500 |
| | <u>185,620</u> | <u>(13,587)</u> | <u>-</u> | <u>172,033</u> |
| TOTAL FUNDS | <u>185,620</u> | <u>(13,587)</u> | <u>-</u> | <u>172,033</u> |

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 50,502 | (59,996) | (9,494) |
| Designated transport | - | (4,093) | (4,093) |
| | <u>50,502</u> | <u>(64,089)</u> | <u>(13,587)</u> |
| TOTAL FUNDS | <u>50,502</u> | <u>(64,089)</u> | <u>(13,587)</u> |

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1.1.23 £ | Net movement in funds £ | Transfers between funds £ | At 31.12.24 £ |
|---------------------------|----------------|----------------------------------|------------------------------------|---------------------|
| Unrestricted funds | | | | |
| General fund | 70,770 | (11,901) | (2,911) | 55,958 |
| Designated transport | 73,350 | (8,955) | 2,911 | 67,306 |
| Contingency reserve | 41,500 | - | - | 41,500 |
| | <u>185,620</u> | <u>(20,856)</u> | <u>-</u> | <u>164,764</u> |
| TOTAL FUNDS | <u>185,620</u> | <u>(20,856)</u> | <u>-</u> | <u>164,764</u> |

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2024**

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 116,018 | (127,919) | (11,901) |
| Designated transport | - | (8,955) | (8,955) |
| | <u>116,018</u> | <u>(136,874)</u> | <u>(20,856)</u> |
| TOTAL FUNDS | <u>116,018</u> | <u>(136,874)</u> | <u>(20,856)</u> |

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2024.