

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023
FOR
STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

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For The Year Ended 31 December 2023**

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STROKE CARE FOR NEWBURY AND WEST BERKSHIRE

REPORT OF THE TRUSTEES For The Year Ended 31 December 2023

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Suffering a stroke, or seeing the changes it brings to someone, can dramatically transform lives. The trauma can leave people feeling isolated, confused and even angry with a sense of uncertainty about the future. The effects of a stroke may be temporary or last for several years. The road to recovery may be different for everyone but will require determination and support.

Stroke Care for Newbury and West Berkshire was formed to provide this support to stroke survivors, their families and carers.

Significant activities

Our Stroke Support is focused on maximising recovery of stroke survivors.

We offer a one day per week safe environment in which we provide:

- * An initial review of need in which goals for recovery are set.
- * A physiotherapy programme according to those needs and goals.
- * Cognitive exercises.
- * Friendship and support.
- * Confidence building
- * Social interaction.
- * Recreation.
- * Refreshment

Stroke Support meet at Woolhampton Village Hall where the venue operates on a once weekly basis with a few exceptions in the year, a two week break is taken at Christmas.

Periodically, we have special events and outdoor visits such as garden centre lunches.

Public benefit

The Trustees are aware of the Charity Commission's guidance on public benefit and have taken it into account when making decisions to which the guidance is relevant.

Volunteers

The support provided by our charity comes primarily from our volunteers. At present we have 3 permanent, part-time employees and a total of 7 volunteers who assist with the day to day operations of the charity, organising and running support groups.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our charity operates to assist the rehabilitation of stroke survivors within Newbury and West Berkshire. The services provided to the public are funded through grants, membership fees and donations received from the local community and local government. The need for our charity is reflected by the numbers of new members being referred.

Fundraising activities

We have continued with our costume jewellery sales however we have been focussing our efforts on recruiting new volunteers and increasing our provision of physiotherapy, which has doubled in 2023, plus recruiting new volunteers.

Our reserves are sufficient at present. However, this is continually reviewed and any opportunities arising will be taken.

STROKE CARE FOR NEWBURY AND WEST BERKSHIRE

REPORT OF THE TRUSTEES For The Year Ended 31 December 2023

FINANCIAL REVIEW

Financial position

Since the charity was registered in 1993 it has continued to increase its available reserves until 2021 however, since then, primarily due to the withdrawing of funding from the NHS, we operate on an annual loss. This loss is well within our current savings level, but we are acutely aware it is not a desirable position. During the year ended 31 December 2023, the charity reported net deficit of £13,587 (2022: £5,780).

The excess of expenditure over income in 2023 is due to the increased support given by the charity. the 2022 position includes the benefit of the release of the income received during the Covid-19 lockdown and previously carried forward from 2021. We also made some one-off purchases of equipment to improve the service provided to the members.

In order to address the shortfall, we actively seek out appropriate new members for Woolhampton and continually search for other, smaller grants and fund-raising opportunities to boost our income. We have also kept our members' fees static as they all continued to pay throughout the Covid-19 lockdown era. This is an area we continue to review.

Principal funding sources

The principal source of our funding comes from grants from our service agreement with the local council. In December 2023 we successfully tendered for the Grant from West Berkshire Council to provide a 'Stroke Care Reablement and Prevention Service' and a further 3-year agreement is now in place. This income is supplemented by members' fees, donations and fundraising which were all gratefully received.

Reserves policy

All reserves retained by the charity are considered to be unrestricted. However, the board of Trustees hold two designated funds.

The first is a transportation fund created following the receipt of a substantial donation in 2015. This fund is used to fund all transport costs.

The second is a contingency fund created to ensure the charity can continue regardless of the level of income received.

Going concern

The Trustees aim to ensure sufficient reserves are retained to cover 12 months of the Charity's expenditure. To ensure this is achieved the amount is in a separate fund and is reviewed on an ongoing basis.

FUTURE PLANS

The Trustees are determined that the charity will continue to assist the rehabilitation of stroke survivors, their families and carers for many years to come. The high levels of continued support from our volunteers, members and the local community will assist us to achieve our objectives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

The charity is always seeking to appoint new trustees as may be appropriate to ensure good governance.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1027003

Principal address

Cherry Tree Farm
Oakley Lane
Newbury
Berkshire
RG20 9AQ

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**REPORT OF THE TRUSTEES
For The Year Ended 31 December 2023**

Trustees

Mrs M Neale
Ms A Rawlings
Mrs V K Davis
Mrs R M Short
Mrs J M C Teece

Independent Examiner

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

Approved by order of the board of trustees on 23.3.2024 and signed on its behalf
by:


.....
Mrs R M Short - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

Independent examiner's report to the trustees of Stroke Care for Newbury and West Berkshire
I report to the charity trustees on my examination of the accounts of Stroke Care for Newbury and West Berkshire (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

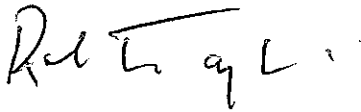
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Mark Lodge Taylor FCCA
The Association of Chartered Certified Accountants

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

Date: 25 MARCH 2024

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 December 2023**

		2023 Unrestricted funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		44,569	45,928
Other fundraising activities	2	2,249	2,611
Investment income	3	3,684	1,109
Total		<u>50,502</u>	<u>49,648</u>
EXPENDITURE ON Charitable activities			
Club		42,187	35,311
Family support		19,309	17,933
Other		2,593	2,184
Total		<u>64,089</u>	<u>55,428</u>
NET INCOME/(EXPENDITURE)		(13,587)	(5,780)
RECONCILIATION OF FUNDS			
Total funds brought forward		185,620	191,400
TOTAL FUNDS CARRIED FORWARD		<u>172,033</u>	<u>185,620</u>

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**BALANCE SHEET
31 December 2023**

	Notes	2023 Unrestricted funds £	2022 Total funds £
CURRENT ASSETS			
Prepayments and accrued income		8,801	12,338
Cash at bank and in hand		164,305	179,031
		<u>173,106</u>	<u>191,369</u>
CREDITORS			
Amounts falling due within one year	9	(1,073)	(5,749)
NET CURRENT ASSETS		<u>172,033</u>	<u>185,620</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		172,033	185,620
NET ASSETS		<u>172,033</u>	<u>185,620</u>
FUNDS	10		
Unrestricted funds		172,033	185,620
TOTAL FUNDS		<u>172,033</u>	<u>185,620</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23 March 2024 and were signed on its behalf by:

R M Short - Trustee

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 December 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Overall risk to operations

Following the year end, there have been no substantial developments that would affect the charity's ability to operate effectively. The Charity has therefore determined that there are no post balance sheet events and accordingly, the financial position as at, and results of the operations for, the year ended 31 December 2023 have not been adjusted to reflect their impact.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds can be set aside by trustees for an essential spend or future purpose. The charity currently operates two designated funds, one for the transport of its beneficiaries and another as a contingency to cover the charity's key costs.

2. OTHER FUNDRAISING ACTIVITIES

	2023	2022
	£	£
Club activities and other fundraising events	10	100
Donations	2,239	2,511
	<u>2,249</u>	<u>2,611</u>

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2023**

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	<u>3,684</u>	<u>1,109</u>

4. SUPPORT COSTS

	Management
	£
Other resources expended	2,593
Club	(216)
	<u>2,377</u>

Support costs, included in the above, are as follows:

Management

	Other resources expended	Club	2023	2022
	£	£	Total activities £	Total activities £
Insurance	1,218	(148)	1,070	586
Postage and stationery	-	-	-	64
Sundries	436	-	436	404
Management costs	939	(68)	871	1,130
	<u>2,593</u>	<u>(216)</u>	<u>2,377</u>	<u>2,184</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Permanent part-time employees	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2023**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	45,928
Other fundraising activities	2,611
Investment income	1,109
Total	<u>49,648</u>
EXPENDITURE ON Charitable activities	
Club	35,311
Family support	17,933
Other	2,184
Total	<u>55,428</u>
NET INCOME/(EXPENDITURE)	(5,780)
RECONCILIATION OF FUNDS	
Total funds brought forward	191,400
TOTAL FUNDS CARRIED FORWARD	<u>185,620</u>

8. INDEPENDENT EXAMINERS' REMUNERATION

	2023 £	2022 £
Independent examiners' remuneration	212	202
Independent examiners' remuneration - Non Independent examination	212	202
	<u>424</u>	<u>404</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other creditors	641	1,222
Accruals and deferred income	432	4,527
	<u>1,073</u>	<u>5,749</u>

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2023**

10. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
General fund	70,770	(9,494)	6,864	68,140
Designated transport	73,350	(4,093)	(6,864)	62,393
Contingency reserve	41,500	-	-	41,500
	<u>185,620</u>	<u>(13,587)</u>	<u>-</u>	<u>172,033</u>
TOTAL FUNDS	<u>185,620</u>	<u>(13,587)</u>	<u>-</u>	<u>172,033</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	50,502	(59,996)	(9,494)
Designated transport	-	(4,093)	(4,093)
	<u>50,502</u>	<u>(64,089)</u>	<u>(13,587)</u>
TOTAL FUNDS	<u>50,502</u>	<u>(64,089)</u>	<u>(13,587)</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	73,259	(2,489)	70,770
Designated transport	76,641	(3,291)	73,350
Contingency reserve	41,500	-	41,500
	<u>191,400</u>	<u>(5,780)</u>	<u>185,620</u>
TOTAL FUNDS	<u>191,400</u>	<u>(5,780)</u>	<u>185,620</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	49,648	(52,137)	(2,489)
Designated transport	-	(3,291)	(3,291)
	<u>49,648</u>	<u>(55,428)</u>	<u>(5,780)</u>
TOTAL FUNDS	<u>49,648</u>	<u>(55,428)</u>	<u>(5,780)</u>

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 December 2023**

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
General fund	73,259	(11,983)	6,864	68,140
Designated transport	76,641	(7,384)	(6,864)	62,393
Contingency reserve	41,500	-	-	41,500
	<u>191,400</u>	<u>(19,367)</u>	<u>-</u>	<u>172,033</u>
TOTAL FUNDS	<u>191,400</u>	<u>(19,367)</u>	<u>-</u>	<u>172,033</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	100,150	(112,133)	(11,983)
Designated transport	-	(7,384)	(7,384)
	<u>100,150</u>	<u>(119,517)</u>	<u>(19,367)</u>
TOTAL FUNDS	<u>100,150</u>	<u>(119,517)</u>	<u>(19,367)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

**STROKE CARE FOR NEWBURY AND
WEST BERKSHIRE**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 December 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Service agreements / DOH grants	33,668	33,000
Club collections / Outings	10,901	12,928
	<u>44,569</u>	<u>45,928</u>
Other fundraising activities		
Club activities and other fundraising events	10	100
Donations	2,239	2,511
	<u>2,249</u>	<u>2,611</u>
Investment income		
Deposit account interest	3,684	1,109
Total incoming resources	<u>50,502</u>	<u>49,648</u>
EXPENDITURE		
Charitable activities		
Food	2,277	1,693
Hall expenses	5,640	4,563
Transport	4,093	3,291
Organisers salaries & NI	14,742	13,742
Organisers expenses	-	283
Recreational materials / outings	555	126
Equipment	1,021	709
Physiotherapy	10,651	8,528
Fitness/nutrition	1,760	1,480
Family support workers salary / NI	18,252	17,350
Family support workers expenses	1,057	583
Outings	1,664	896
	<u>61,712</u>	<u>53,244</u>
Support costs		
Management		
Insurance	1,070	586
Postage and stationery	-	64
Sundries	436	404
Management costs	871	1,130
	<u>2,377</u>	<u>2,184</u>
Total resources expended	<u>64,089</u>	<u>55,428</u>
Net expenditure	<u>(13,587)</u>	<u>(5,780)</u>