

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022  
FOR  
STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

Banks & Co Limited  
Chartered Certified Accountants  
1 Carnegie Road  
Newbury  
Berkshire  
RG14 5DJ

**STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

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For The Year Ended 31 December 2022**

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# **STROKE CARE FOR NEWBURY AND WEST BERKSHIRE**

## **REPORT OF THE TRUSTEES For The Year Ended 31 December 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

Suffering a stroke, or seeing the changes it brings to someone, can dramatically transform lives. The trauma can leave people feeling isolated, confused and even angry with a sense of uncertainty about the future. The effects of a stroke may be temporary or last for several years. The road to recovery may be different for everyone but will require determination and support.

Stroke Care for Newbury and West Berkshire was formed to provide this support to stroke survivors, their families and carers.

#### **Significant activities**

Our Stroke Support is focused on maximising recovery of stroke survivors.

We offer a one day per week safe environment in which we provide:

- \* An initial review of need in which goals for recovery are set.
- \* A physiotherapy programme according to those needs and goals.
- \* Cognitive exercises.
- \* Friendship and support.
- \* Confidence building
- \* Social interaction.
- \* Recreation.
- \* Refreshment

Stroke Support meet at Woolhampton Village Hall where the venue operates on a once weekly basis with a few exceptions in the year, a two week break is taken at Christmas.

Periodically, we have special events and outdoor visits such as garden centre lunches.

Whilst we are now fully back in Woolhampton, during the very early part of 2022 we were keeping in touch with everyone via weekly Zoom meetings for chat and games.

#### **Public benefit**

The Trustees are aware of the Charity Commission's guidance on public benefit and have taken it into account when making decisions to which the guidance is relevant.

#### **Volunteers**

The support provided by our charity comes primarily from our volunteers. At present we have 3 permanent, part-time employees and a total of 7 volunteers who assist with the day to day operations of the charity, organising and running support groups.

### **ACHIEVEMENT AND PERFORMANCE**

#### **Charitable activities**

Our charity operates to assist the rehabilitation of stroke survivors within Newbury and West Berkshire. The services provided to the public are funded through grants, membership fees and donations received from the local community and local government.

#### **Fundraising activities**

We have continued with our costume jewellery sales however we have been focussing our efforts on returning to Woolhampton and providing new physiotherapy services plus recruiting new volunteers. Our reserves are sufficient at present however this is continually reviewed and any opportunities arising will be taken.

# **STROKE CARE FOR NEWBURY AND WEST BERKSHIRE**

## **REPORT OF THE TRUSTEES For The Year Ended 31 December 2022**

### **FINANCIAL REVIEW**

#### **Financial position**

Since our charity was registered in 1993 it has continued to increase its available reserves to ensure the continuation of its services. During the year ended 31 December 2022, the charity reported net deficit of £5,780 (2021: net income of £9,387). This annual net loss will continue as we no longer receive the NHS funding we originally did although the loss hasn't been evident previously due to Covid and accordingly our much reduced expenditure during that time. The annual expenses of the charity have increased since 2021 primarily as we have returned to Woolhampton, thus returning to hall hire and transport costs. Due to the nature of the funding received, the level of income we receive is not guaranteed.

#### **Principal funding sources**

The principle source of our funding comes from grants from our service agreement with the local council. This income is supplemented by members fees, donations and fundraising which were all gratefully received.

#### **Reserves policy**

All reserves retained by the charity are considered to be unrestricted. However, the board of Trustees hold two designated funds.

The first is a transportation fund created following the receipt of a substantial donation in 2015. This fund is used to fund all transport costs.

The second is a contingency fund created to ensure the charity can continue regardless of the level of income received.

#### **Going concern**

The Trustees aim to ensure sufficient reserves are retained to cover twelve months of the charities expenditure. To ensure this is achieved the amount is in a separate fund and reviewed on an ongoing basis.

### **FUTURE PLANS**

The Trustees are determined that the charity will continue to assist the rehabilitation of stroke survivors, their families and carers for many years to come. The high levels of continued support from our volunteers, members and the local community will assist us to achieve our objectives.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

#### **Recruitment and appointment of new trustees**

The charity is always seeking to appoint new Trustees as may be appropriate to ensure good governance.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Charity number**

1027003

#### **Principal address**

Cherry Tree Farm  
Oakley Lane  
Newbury  
Berkshire  
RG20 9AQ

#### **Trustees**

Mrs M Neale  
Ms A Rawlings  
Mrs V K Davis  
Mrs R M Short  
Mrs J M C Teece

STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE

REPORT OF THE TRUSTEES  
For The Year Ended 31 December 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Banks & Co Limited

Chartered Certified Accountants

1 Carnegie Road

Newbury

Berkshire

RG14 5DJ

Approved by order of the board of trustees on 27 April 2023 and signed on its behalf  
by:



Mrs R M Short - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

**Independent examiner's report to the trustees of Stroke Care for Newbury and West Berkshire**

I report to the charity trustees on my examination of the accounts of Stroke Care for Newbury and West Berkshire (the Trust) for the year ended 31 December 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

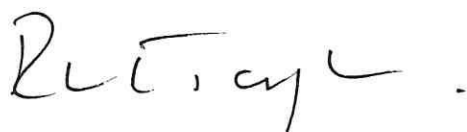
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Mark Lodge Taylor FCCA

Banks & Co Limited  
Chartered Certified Accountants  
1 Carnegie Road  
Newbury  
Berkshire  
RG14 5DJ

Date: ..... 27 April 2023 .....

**STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

**STATEMENT OF FINANCIAL ACTIVITIES  
For The Year Ended 31 December 2022**

|   | Notes | 2022<br>Unrestricted<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|---|-------|------------------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>               |       |                                    |                             |
| Donations and legacies                          |       | 45,928                             | 35,935                      |
| Other fundraising activities                    | 2     | 2,611                              | 593                         |
| Investment income                               | 3     | 1,109                              | 963                         |
| Other income                                    | 4     | -                                  | 8,005                       |
| <b>Total</b>                                    |       | <u>49,648</u>                      | <u>45,496</u>               |
| <b>EXPENDITURE ON<br/>Charitable activities</b> |       |                                    |                             |
| Club  |       | 35,311                             | 17,876                      |
| Family support                                  |       | 17,933                             | 16,928                      |
| Other   |       | 2,184                              | 1,305                       |
| <b>Total</b>                                    |       | <u>55,428</u>                      | <u>36,109</u>               |
| <b>NET INCOME/(EXPENDITURE)</b>                 |       | (5,780)                            | 9,387                       |
| <b>RECONCILIATION OF FUNDS</b>                  |       |                                    |                             |
| Total funds brought forward                     |       | 191,400                            | 182,013                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b>              |       | <u><u>185,620</u></u>              | <u><u>191,400</u></u>       |

STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE

BALANCE SHEET  
31 December 2022

|  | Notes | 2022<br>Unrestricted<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|--|-------|------------------------------------|-----------------------------|
| <b>CURRENT ASSETS</b>                            |       |                                    |                             |
| Prepayments and accrued income                   |       | 12,338                             | 8,794                       |
| Cash at bank and in hand                         |       | <u>179,031</u>                     | <u>187,152</u>              |
|  |       | 191,369                            | 195,946                     |
| <b>CREDITORS</b>                                 |       |                                    |                             |
| Amounts falling due within one year              | 10    | (5,749)                            | (4,546)                     |
| <b>NET CURRENT ASSETS</b>                        |       | <u>185,620</u>                     | <u>191,400</u>              |
| <b>TOTAL ASSETS LESS CURRENT<br/>LIABILITIES</b> |       | 185,620                            | 191,400                     |
| <b>NET ASSETS</b>                                |       | <u>185,620</u>                     | <u>191,400</u>              |
| <b>FUNDS</b>                                     | 11    |                                    |                             |
| Unrestricted funds                               |       | <u>185,620</u>                     | <u>191,400</u>              |
| <b>TOTAL FUNDS</b>                               |       | <u>185,620</u>                     | <u>191,400</u>              |

The financial statements were approved by the Board of Trustees and authorised for issue on 27x April 2023 and were signed on its behalf by:

  
R M Short - Trustee



# **STROKE CARE FOR NEWBURY AND WEST BERKSHIRE**

## **NOTES TO THE FINANCIAL STATEMENTS For The Year Ended 31 December 2022**

### **1. ACCOUNTING POLICIES**

#### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

#### **Overall risk to operations**

Following the year end, there have been no substantial developments that would affect the charity's ability to operate effectively. The Charity has therefore determined that there are no post balance sheet events and accordingly, the financial position as at, and results of the operations for, the year ended 31 December 2022 have not been adjusted to reflect their impact.

#### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### **Taxation**

The charity is exempt from tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds can be set aside by trustees for an essential spend or future purpose. The charity currently operates two designated funds, one for the transport of its beneficiaries and another as a contingency to cover the charity's key costs.

#### **Government grants**

Where the Charity is entitled to receive government funds under the Coronavirus Job Retention Scheme (CJRS) the amounts receivable are recognised at the point at which the Charity is entitled to claim. The revenue receipt is accounted for on the accrual basis and matched in the financial statements with the related costs for which the grant is intended to compensate.

**STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
For The Year Ended 31 December 2022**

**2. OTHER FUNDRAISING ACTIVITIES**

|  | 2022         | 2021       |
|--|--------------|------------|
|  | £            | £          |
| Club activities and other fundraising events | 100          | 13         |
| Donations                                    | 2,511        | 580        |
|  | <u>2,611</u> | <u>593</u> |

**3. INVESTMENT INCOME**

|                          | 2022         | 2021       |
|--------------------------|--------------|------------|
|                          | £            | £          |
| Deposit account interest | 1,109        | 963        |
|                          | <u>1,109</u> | <u>963</u> |

**4. OTHER INCOME**

|   | 2022     | 2021         |
|---|----------|--------------|
|   | £        | £            |
| <b>Government grant income:</b>                 |          |              |
| Corona Virus Job Retention Scheme Grants (CJRS) | -        | 8,005        |
|   | <u>-</u> | <u>8,005</u> |

**5. SUPPORT COSTS**

|                          | Management   |
|--------------------------|--------------|
|                          | £            |
| Other resources expended | 2,184        |
|                          | <u>2,184</u> |

Support costs, included in the above, are as follows:

**Management**

|                        | 2022                     | 2021             |
|------------------------|--------------------------|------------------|
|                        | Other resources expended | Total activities |
|                        | £                        | £                |
| Insurance              | 586                      | 553              |
| Postage and stationery | 64                       | -                |
| Sundries               | 404                      | 450              |
| Management costs       | 1,130                    | 302              |
|                        | <u>2,184</u>             | <u>1,305</u>     |

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

**STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
For The Year Ended 31 December 2022**

**7. STAFF COSTS**

The average monthly number of employees during the year was as follows:

|                               | 2022     | 2021     |
|-------------------------------|----------|----------|
| Permanent part-time employees | <u>3</u> | <u>3</u> |

No employees received emoluments in excess of £60,000.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|   | Unrestricted<br>funds<br>£ |
|---|----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>               |                            |
| Donations and legacies                          | 35,935                     |
| Other fundraising activities                    | 593                        |
| Investment income                               | 963                        |
| Other income                                    | 8,005                      |
| <b>Total</b>                                    | <u>45,496</u>              |
| <b>EXPENDITURE ON<br/>Charitable activities</b> |                            |
| Club  | 17,876                     |
| Family support                                  | 16,928                     |
| Other   | 1,305                      |
| <b>Total</b>                                    | <u>36,109</u>              |
| <b>NET INCOME</b>                               | 9,387                      |
| <b>RECONCILIATION OF FUNDS</b>                  |                            |
| Total funds brought forward                     | 182,013                    |
| <b>TOTAL FUNDS CARRIED FORWARD</b>              | <u>191,400</u>             |

**9. INDEPENDENT EXAMINERS' REMUNERATION**

|   | 2022<br>£  | 2021<br>£  |
|---|------------|------------|
| Independent examiners' remuneration                               | 202        | 192        |
| Independent examiners' remuneration - Non Independent examination | 202        | 192        |
|   | <u>404</u> | <u>384</u> |

**STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
For The Year Ended 31 December 2022**

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                              | 2022         | 2021         |
|------------------------------|--------------|--------------|
|                              | £            | £            |
| Other creditors              | 1,222        | 422          |
| Accruals and deferred income | 4,527        | 4,124        |
|                              | <u>5,749</u> | <u>4,546</u> |

A provision for deferred income of £3,740 (2020: £4,123) has been included within accruals and deferred income to ensure that the income received for Club Fees has been recorded in the correct year.

**11. MOVEMENT IN FUNDS**

|                           | At 1.1.22<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.22<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 73,259         | (2,489)                          | 70,770              |
| Designated transport      | 76,641         | (3,291)                          | 73,350              |
| Contingency reserve       | 41,500         | -                                | 41,500              |
|                           | <u>191,400</u> | <u>(5,780)</u>                   | <u>185,620</u>      |
| <b>TOTAL FUNDS</b>        | <u>191,400</u> | <u>(5,780)</u>                   | <u>185,620</u>      |

Net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 49,648                     | (52,137)                   | (2,489)                   |
| Designated transport      | -                          | (3,291)                    | (3,291)                   |
|                           | <u>49,648</u>              | <u>(55,428)</u>            | <u>(5,780)</u>            |
| <b>TOTAL FUNDS</b>        | <u>49,648</u>              | <u>(55,428)</u>            | <u>(5,780)</u>            |

**Comparatives for movement in funds**

|                           | At 1.1.21<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.21<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 63,454         | 9,805                            | 73,259              |
| Designated transport      | 77,059         | (418)                            | 76,641              |
| Contingency reserve       | 41,500         | -                                | 41,500              |
|                           | <u>182,013</u> | <u>9,387</u>                     | <u>191,400</u>      |
| <b>TOTAL FUNDS</b>        | <u>182,013</u> | <u>9,387</u>                     | <u>191,400</u>      |



**STROKE CARE FOR NEWBURY AND  
WEST BERKSHIRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
For The Year Ended 31 December 2022**

**11. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 45,496                     | (35,691)                   | 9,805                     |
| Designated transport      | -                          | (418)                      | (418)                     |
|                           | <u>45,496</u>              | <u>(36,109)</u>            | <u>9,387</u>              |
| <b>TOTAL FUNDS</b>        | <u>45,496</u>              | <u>(36,109)</u>            | <u>9,387</u>              |

A current year 12 months and prior year 12 months combined position is as follows:

|                           | At 1.1.21<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.22<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 63,454         | 7,316                            | 70,770              |
| Designated transport      | 77,059         | (3,709)                          | 73,350              |
| Contingency reserve       | 41,500         | -                                | 41,500              |
|                           | <u>182,013</u> | <u>3,607</u>                     | <u>185,620</u>      |
| <b>TOTAL FUNDS</b>        | <u>182,013</u> | <u>3,607</u>                     | <u>185,620</u>      |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 95,144                     | (87,828)                   | 7,316                     |
| Designated transport      | -                          | (3,709)                    | (3,709)                   |
|                           | <u>95,144</u>              | <u>(91,537)</u>            | <u>3,607</u>              |
| <b>TOTAL FUNDS</b>        | <u>95,144</u>              | <u>(91,537)</u>            | <u>3,607</u>              |

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 December 2022.