

OSTEOPOROSIS DORSET
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

harrisons

chartered accountants

4 Brackley Close
Bournemouth International Airport
Christchurch
Dorset
BH23 6SE

OSTEOPOROSIS DORSET

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mrs C Jones
Dr C Davies
Dr A Wheldon
Dr F Rahmeh

Charity number

1023507

Principal address

11 Shelley Road
Bournemouth
Dorset
BH1 4JQ

Independent examiner

Harrisons Chartered Accountants
4 Brackley Close
Bournemouth International Airport
Christchurch
Dorset
BH23 6SE

OSTEOPOROSIS DORSET

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OSTEOPOROSIS DORSET

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

Objectives and aims

Osteoporosis, falls and fractures are inextricably linked. They result in serious consequences for older people, carers and services. The objects of the charity are to reduce the incidence of osteoporotic fracture in Dorset by applying evidence based interventions to specific high risk groups. This will enable the NHS to release resources for re-investment by reducing the number of emergency admissions due to a fall.

The Trustees have given due regard to public benefit when planning the charity's activities, in accordance with Section G3 of the Charity Commission's General Guidance on Public Benefit (January 2008).

Grant making policy

The charity does not make grants.

Achievements and performance

Charitable activities

'Prevention through education' has been our rubric since our inception. Our events are free to attend. We organise quarterly webinar meetings for patients with osteoporosis. Local experts provide evidence based information on treatment, exercise and nutrition. In 2024/25, over 600 patients took advantage of this service. Feedback was very positive.

On the 9th and 10th December 2024, the Charity held its annual 2 day conference at the Royal Bournemouth Hospital. Internationally renowned speakers and NHS staff from across the UK attended. It provided them with an unrivalled opportunity to increase their knowledge, ask questions from key experts and network with the large multidisciplinary audience. As these annual meetings are so popular, invariably we have a waiting list of delegates wanting to attend.

Financial review

The Charity made a surplus for the year of £195,955 (2024 - deficit of £22,046).

Reserves policy

It is the policy of the charity to maintain unrestricted funds which provide sufficient funds to cover management, administration and support costs.

The unrestricted reserves at the end of the year total £567,742 (2024 - £371,787).

Principal funding sources

The charity receives some funding from the NHS. There are no restrictions on the charity's power to invest.

OSTEOPOROSIS DORSET

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

Governing document

The charity is controlled by its governing document; a deed of trust dated 7 June 1993, and constitutes an unincorporated charity.

The trustees

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs C Jones

Dr C Davies

Dr A Wheldon

Dr F Rahmeh

Recruitment and appointment of new Trustees

New Trustees are recruited and appointed at the discretion of the existing Trustees.

Organisation

The Trustees meet quarterly to review research and general matters. The Trustees meet more regularly if required. The charity's strategy was formulated by its Honorary Scientific Committee which consists of local consultant physicians, GPs, dieticians, nurses etc. with a clinical academic interest in osteoporosis.

Induction and training of new Trustees

Upon appointment new Trustees are provided with an induction pack which contains the Memorandum and Articles of Association, copies of the past three year's financial statements and a copy of the Charity commission's guide on Trustees responsibilities.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees' report was approved by the Board of Trustees.

Mrs C Jones

Trustee

Dated: 30 January 2026

OSTEOPOROSIS DORSET

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF OSTEOPOROSIS DORSET

I report to the trustees on my examination of the financial statements of Osteoporosis Dorset (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Harrisons Chartered Accountants

4 Brackley Close
Bournemouth International Airport
Christchurch
Dorset
BH23 6SE

Dated: 30 January 2026

OSTEOPOROSIS DORSET

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income from:			
Donations and legacies	3	290,527	69,968
Investments	4	18,673	13,961
Total income		309,200	83,929
Expenditure on:			
Charitable activities	5	113,245	105,975
Total expenditure		113,245	105,975
Net income/(expenditure) and movement in funds		195,955	(22,046)
Reconciliation of funds:			
Fund balances at 1 April 2024		371,787	393,833
Fund balances at 31 March 2025		567,742	371,787

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

OSTEOPOROSIS DORSET

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	11		569		267
Current assets					
Debtors	12	10,791		20,036	
Cash at bank and in hand		594,651		385,623	
		605,442		405,659	
Creditors: amounts falling due within one year	13	(38,269)		(34,139)	
Net current assets			567,173		371,520
Total assets less current liabilities			567,742		371,787
The funds of the charity					
Unrestricted funds	14		567,742		371,787
			567,742		371,787

The financial statements were approved by the trustees on 30 January 2026

Mrs C Jones
Trustee

OSTEOPOROSIS DORSET

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Osteoporosis Dorset is a charity controlled by its governing document; a deed of trust dated 7 June 1993, and constitutes an unincorporated charity.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

OSTEOPOROSIS DORSET

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers and equipment	3 years straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

OSTEOPOROSIS DORSET

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	6,000	5,250
Legacies received	239,879	20,070
Donated goods and services	44,648	44,648
	<u>290,527</u>	<u>69,968</u>

4 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	<u>18,673</u>	<u>13,961</u>

5 Expenditure on charitable activities

	Charitable Expenditure 2025 £	Charitable Expenditure 2024 £
Direct costs		
Share of support and governance costs (see note 6)		
Support	112,261	105,063
Governance	984	912
	<u>113,245</u>	<u>105,975</u>
Analysis by fund		
Unrestricted funds	<u>113,245</u>	<u>105,975</u>

OSTEOPOROSIS DORSET

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6 Support costs

	Support costs £	Governance costs £	2025 £	Support costs £	Governance costs £	2024 £
General charitable activity costs	112,261	-	112,261	105,063	-	105,063
Legal and professional	-	984	984	-	912	912
	<u>112,261</u>	<u>984</u>	<u>113,245</u>	<u>105,063</u>	<u>912</u>	<u>105,975</u>
Analysed between Charitable activities	<u>112,261</u>	<u>984</u>	<u>113,245</u>	<u>105,063</u>	<u>912</u>	<u>105,975</u>

7 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	984	912
Depreciation of owned tangible fixed assets	<u>552</u>	<u>384</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	<u>1</u>	<u>1</u>
Employment costs	2025 £	2024 £
Wages and salaries	<u>90,798</u>	<u>85,435</u>

1 employee received employee benefits of more than £60,000 during the year (2024: 1).

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

OSTEOPOROSIS DORSET

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

11 Tangible fixed assets

	Computers and equipment £
Cost	
At 1 April 2024	14,344
Additions	854
	<hr/>
At 31 March 2025	15,198
	<hr/>
Depreciation and impairment	
At 1 April 2024	14,077
Depreciation charged in the year	552
	<hr/>
At 31 March 2025	14,629
	<hr/>
Carrying amount	
At 31 March 2025	569
	<hr/>
At 31 March 2024	267
	<hr/>

12 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Other debtors	10,791	20,036
	<hr/>	<hr/>

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	38,269	34,139
	<hr/>	<hr/>

OSTEOPOROSIS DORSET

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	371,787	309,200	(113,245)	567,742
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	393,833	83,929	(105,975)	371,787

15 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).