

**OSTEOPOROSIS DORSET  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2021**



4 Brackley Close  
Bournemouth International Airport  
Christchurch  
Dorset  
BH23 6SE

# OSTEOPOROSIS DORSET

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mrs C Jones Dr C Davies Mrs T Rowett Mr A Wheldon
<b>Charity number</b>	1023507
<b>Principal address</b>	11 Shelley Road Bournemouth Dorset BH1 4JQ
<b>Independent examiner</b>	Harrisons Chartered Accountants 4 Brackley Close Bournemouth International Airport Christchurch Dorset BH23 6SE

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# OSTEOPOROSIS DORSET

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# OSTEOPOROSIS DORSET

## TRUSTEES' REPORT

### *FOR THE YEAR ENDED 31 MARCH 2021*

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The trustees present their annual report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

##### **Objectives and aims**

Osteoporosis, falls and fractures are inextricably linked. They result in serious consequences for older people, carers and services. The objects of the charity are to reduce the incidence of osteoporotic fracture in Dorset by applying evidence based interventions to specific high risk groups. This will enable the NHS to release resources for re-investment by reducing the number of emergency admissions due to a fall.

The Trustees have given due regard to public benefit when planning the charity's activities, in accordance with Section G3 of the Charity Commission's General Guidance on Public Benefit (January 2008).

##### **Grant making policy**

The charity does not make grants.

#### **Achievements and performance**

##### **Charitable activities**

We successfully made connections between different organisations and services. Working in partnerships to make helpful changes to people's lives with bone health issues.

Osteoporosis Dorset's rubric is prevention through education. Between April 2020 and March 2021 we provided patient support through online meetings as our trustees were providing clinical support to local NHS services; and our nurse led helpline.

Our peer support programmes across Dorset provided evidence based information and supported individuals with bone health issues to 'self care' and remain independent.

We provided specialist input to pan-Dorset NHS multi-agency operational and strategic falls and bone health groups, and Dorset Alliance to prevent falls and promote independence (Dorset APP).

The charities annual medical conference was cancelled due to the COVID-19 pandemic.

All out initiatives are free to attend.

Since March 2021 we have moved our events 'online' due to the COVID-19 pandemic; we continue to provide nurse led helpline services to patients.

##### **Financial review**

The Charity made a deficit for the year of £34,945 (2020 - £45,182).

##### **Reserves policy**

It is the policy of the charity to maintain unrestricted funds which provide sufficient funds to cover management, administration and support costs.

The unrestricted reserves at the end of the year total £447,606 (2020 - £482,551).

##### **Principal funding sources**

The charity receives some funding from the NHS. There are no restrictions on the charity's power to invest.

# OSTEOPOROSIS DORSET

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2021**

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### Structure, governance and management

#### Governing document

The charity is controlled by its governing document; a deed of trust dated 7 June 1993, and constitutes an unincorporated charity.

#### The trustees

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs C Jones

Dr C Davies

Mrs T Rowett

Mrs L Perkins

Mr A Wheldon

(Resigned 31 March 2021)

#### Recruitment and appointment of new Trustees

New Trustees are recruited and appointed at the discretion of the existing Trustees.

#### Organisation

The Trustees meet quarterly to review research and general matters. The Trustees meet more regularly if required. The charity's strategy was formulated by its Honorary Scientific Committee which consists of local consultant physicians, GPs, dieticians, nurses etc. with a clinical academic interest in osteoporosis.

#### Induction and training of new Trustees

Upon appointment new Trustees are provided with an induction pack which contains the Memorandum and Articles of Association, copies of the past three year's financial statement and a copy of the Charity commission's guide on Trustees responsibilities.

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees' report was approved by the Board of Trustees.

#### Mrs C Jones

Trustee

Dated: 28 January 2022

# OSTEOPOROSIS DORSET

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF OSTEOPOROSIS DORSET

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I report to the trustees on my examination of the financial statements of Osteoporosis Dorset (the charity) for the year ended 31 March 2021.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Harrisons Chartered Accountants

4 Brackley Close  
Bournemouth International Airport  
Christchurch  
Dorset  
BH23 6SE

Dated: 28 January 2022

# OSTEOPOROSIS DORSET

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds 2021 £	Unrestricted funds 2020 £
	Notes		
<b><u>Income from:</u></b>			
Donations and legacies	3	46,648	50,788
Investments	4	6,076	7,143
<b>Total income</b>		<u>52,724</u>	<u>57,931</u>
<b><u>Expenditure on:</u></b>			
Charitable activities	5	<u>87,669</u>	<u>103,113</u>
<b>Net expenditure for the year/ Net movement in funds</b>		(34,945)	(45,182)
Fund balances at 1 April 2020		<u>482,551</u>	<u>527,733</u>
<b>Fund balances at 31 March 2021</b>		<u><u>447,606</u></u>	<u><u>482,551</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# OSTEOPOROSIS DORSET

## BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
<b>Fixed assets</b>					
Tangible assets	9		608		1,398
<b>Current assets</b>					
Debtors	10	2,581		15,004	
Cash at bank and in hand		486,075		498,252	
		<u>488,656</u>		<u>513,256</u>	
<b>Creditors: amounts falling due within one year</b>	11	<u>(41,658)</u>		<u>(32,103)</u>	
Net current assets			446,998		481,153
<b>Total assets less current liabilities</b>			<u>447,606</u>		<u>482,551</u>
<b>Income funds</b>					
Unrestricted funds			447,606		482,551
			<u>447,606</u>		<u>482,551</u>

The financial statements were approved by the Trustees on 28 January 2022

Mrs C Jones  
**Trustee**



# OSTEOPOROSIS DORSET

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2021

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#### 1 Accounting policies

##### Charity information

Osteoporosis Dorset is a charity is controlled by its governing document; a deed of trust dated 7 June 1993, and constitutes an unincorporated charity.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

##### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# OSTEOPOROSIS DORSET

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers and equipment	3 years straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

# OSTEOPOROSIS DORSET

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Donations and gifts	2,000	6,000
Legacies receivable	-	140
Donated goods and services	44,648	44,648
	<u>46,648</u>	<u>50,788</u>

### 4 Investments

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Interest receivable	<u>6,076</u>	<u>7,143</u>

### 5 Charitable activities

	Charitable Expenditure	Charitable Expenditure
	2021	2020
	£	£
Share of support costs (see note 6)	86,685	102,117
Share of governance costs (see note 6)	984	996
	<u>87,669</u>	<u>103,113</u>

# OSTEOPOROSIS DORSET

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 6 Support costs

	Support costs £	Governance costs £	2021 £	Support costs £	Governance costs £	2020 £
General charitable activity costs	86,685	-	86,685	102,117	-	102,117
Governance costs	-	984	984	-	996	996
	<u>86,685</u>	<u>984</u>	<u>87,669</u>	<u>102,117</u>	<u>996</u>	<u>103,113</u>
Analysed between Charitable activities	<u>86,685</u>	<u>984</u>	<u>87,669</u>	<u>102,117</u>	<u>996</u>	<u>103,113</u>

Governance costs includes payments of £984 (2020- £996) for independent examination fees.

### 7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 8 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	<u>1</u>	<u>1</u>
<b>Employment costs</b>	<b>2021 £</b>	<b>2020 £</b>
Wages and salaries	<u>72,909</u>	<u>75,829</u>

1 employee received employee benefits of more than £60,000 during the year (2020: 1).

# OSTEOPOROSIS DORSET

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 9 Tangible fixed assets

	Computers and equipment £
<b>Cost</b>	
At 1 April 2020	13,192
At 31 March 2021	13,192
<b>Depreciation and impairment</b>	
At 1 April 2020	11,794
Depreciation charged in the year	790
At 31 March 2021	12,584
<b>Carrying amount</b>	
At 31 March 2021	608
At 31 March 2020	1,398

### 10 Debtors

	2021 £	2020 £
<b>Amounts falling due within one year:</b>		
Other debtors	2,581	15,004

### 11 Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals and deferred income	41,658	32,103

### 12 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).