

FAMILY MATTERS

England & Wales · Charity number 1019861

Details

Other names FAMILY MATTERS (BREAKING THE CYCLE OF ABUSE)

Status Registered

Legal form Other

Registered 1993-04-13

Register [View on the Charity Commission register](#)

Contact

Address 13 Wrotham Road
Gravesend
Kent
DA11 0PA

Phone 01474536661

Email admin@familymattersuk.org

Website www.familymattersuk.org

Activities

Objects: TO RELIEVE THE MENTAL & PHYSICAL DISTRESS OF PERSONS WHO HAVE BEEN SURVIVORS OF SEXUAL ABUSE & OTHER RELATED ABUSE & THEIR FAMILIES & PARTNERS & TO PROMOTE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF SEXUAL ABUSE & ITS EFFECT ON VICTIMS, WHETHER MEDICAL, SOCIAL OR PSYCHOLOGICAL.

Activities: To provide therapeutic counselling & support to survivors of sexual abuse and rape in Kent and SE London.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** IN PRACTICE KENT
- Bexley
- Kent
- Medway

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£1,436,975	£1,049,474	£1,073,378	28
2024-04-30	£1,177,650	£995,468	£685,877	27
2023-04-30	£48,967	£907,941	£503,695	25
2022-04-30	£39,784	£791,652	£371,844	22
2021-04-30	£32,935	£707,658	£189,423	20

Trustees

Name	Role	Appointed
Bernice Giggins	Chair	2016-03-01
Irina Polukeeva		2026-02-20
Jill Hogan		2026-02-20
Lynne Middleton		2026-02-20
Neil Taylor		2026-02-20
Paul Clarke		2024-09-06
Paul Giggins		2020-01-01
Rebecca Banks		2026-02-20
Sarah Blinchar		2026-02-20

FAMILY MATTERS

England & Wales - Charity number 1019861

Accounts

Charity registration number 1019861 (England and Wales)

FAMILY MATTERS
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2025

FAMILY MATTERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs Giggins Mr Clarke (Appointed 6 September 2024) Mr Giggins
Charity number	1019861
Auditor	Perrys Audit Limited 4th Floor 399-401 Strand London United Kingdom WC2R 0LT
Solicitors	Hatten Wyatt 51-54 Windmill Street Gravesend Kent DA12 1BD

FAMILY MATTERS

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FAMILY MATTERS

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 APRIL 2025

Welcome to the Annual Report of the charity Family Matters. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" Issued in 2005 in preparing the annual report and financial statement of the charity.

Family Matters operates an equal opportunity policy where everyone no matter what race, creed, gender, culture, sexuality, learning ability, physical impairment, mental health issues, age or unrelated criminal convictions has the opportunity to access our service. This service is provided under the supervision of the Chief Executive Officer, subject to assessment, in partnership with Social Services, Health & Education authorities, in accordance with the Children's Act 1989, Child Protection Procedures and Memorandum of Good Practice.

The charity's services are set up to relieve the distress caused by sexual violence & rape. Service users are encouraged to take an interest in Family Matters and where appropriate assist with its activities.

For various reasons, funding being one, and due to the high demand of requests for the service it is not always possible to see all applicants immediately, therefore Family Matters operates a waiting list.

Family Matters 2024/2025 report shows our accomplishments over the financial period and the difference that made to our service users. The charity achieved its goals and mission statement through the projects it ran during the financial year, in terms of client numbers, demography and geographical spread.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

Objectives and activities

Purpose (taken from the charity's constitution)

2.1 Family Matters is established to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public in the subject of sexual abuse and its effect on victims, whether medical, social or psychological.

2.2 Family Matters is established:

(a) to provide the services of a telephone helpline, support/therapy and counselling to teenage and adult survivors of sexual abuse, the non-abusing members of the family where sexual abuse has occurred and to the partners of survivors of sexual abuse who are non-abusing. The service is available to both male and female clients from four years of age to no upper age limit. (See Appendix I — Standard policy and Procedures)

(b) to provide support over the telephone in confidence to both male and female survivors of sexual abuse

(c) to provide support over the telephone in confidence to the non-abusing members of the family, and partners of sexual abuse survivors.

(d) to provide support/therapy in groups (both for the non-abusing members of the family, survivors of sexual abuse and partners of survivors)

(e) to provide counselling in confidence

(f) to take referrals from other voluntary organisations and statutory agencies and individuals

Charitable purpose

Family Matters trustees were charged alongside FM's senior managers in evaluating new services or developments in the provision of existing services against the charity's constitution to ensure that all activities were in line with our purposes and aims.

The projects fulfilled the charitable purposes of Family Matters in that each one was designed and delivered through the charity's published outcomes.

For the purpose of 2.1 'to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public on its impact'.

To help us reach the overarching strategy for growth and development and to increase Family Matters' policy of on-going 'education of the public' the charity carried out a promotion and awareness campaign to highlight the issues faced by survivors of sexual violence and rape. This was actioned using many mediums; radio interviews, press releases, promotion of Family Matters', presentations by the charity staff to domestic violence forums, the police, the CPS, politicians, radio and television interviews. Members of the charity spoke extensively to other professionals and members of the public and continued its distribution of publicity material and education via the media.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

Benefit to the Public

In order to receive charitable status FM was set up with the purpose to deliver exclusively charitable support for the public benefit. This included carrying out our designated purposes and reporting for the public.

The 'benefit' aspect

The purpose of Family Matters' charitable work is beneficial to the public; this is proved by the on-going evaluation service by the charity's clients.

The 'public' aspect

Family Matters benefits the public in general by the services provided free of charge to anyone, young or old, female or male, not excluding people with a diagnosed mental health issue who have suffered childhood sexual abuse, sexual violence and rape. By the general promotion of awareness as listed under Charitable Purposes – see page 2.

Family Matters Board of Trustees and Charity Managers ensured that the charity understood how it benefited the clients and carried out projects to enable this purpose. Family Matters identified risks of harm and ensured these risks were minimised by safer policies and guidance to the clients and the public.

With that in mind, the Board of Trustees and Charity Managers ensured that the charity's activities during this period were united with the Charity Commission's Guidelines and Principles of Public Benefit. Family Matters services for this financial year supported five of the Charity Commission's specific description of charitable purposes e.g.

- The advancement of education
- The advancement of health and saving lives
- The advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity
- The advancement of environmental protection or improvement
- The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantages

Achievements and performance

During the course of this financial year Client outcomes were as below:

- Enhanced Chances of Employment - 91%
- Improved Ability To Engage In School Or Training - 93%
- Reduced Reliance On Drugs Or Alcohol - 72%
- Self Harm Reduced - 70%
- Reduced Need To See GP - 78%

These outcomes demonstrate the positive impact of our services and the ongoing need for specialist support for survivors of sexual violence.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

Financial review

In 2024/25, our financial focus remained on strengthening and sustaining our existing partnerships to ensure long-term stability and continued support for survivors. Through effective contract management and strategic funding applications, we maintained key revenue streams while seeking opportunities for long-term sustainability.

Our core funding from the Ministry of Justice (MOJ) remained essential in supporting administrative and management roles, ensuring the smooth operation of our services. Additionally, the MOJ introduced new funding for Rape and Sexual Abuse Support, enabling us to expand specialist provision.

Key contract funding continued, including:

- Kent PCC – Funding the Independent Sexual Violence Advisor (ISVA) service, including the specialist Gangs ISVA role.
- NHS – Continued support for the Sexual Assault Referral Centre (SARC) project, providing immediate therapeutic intervention for clients accessing Kent's SARC.
- Bexley CCG – Funding therapeutic services for survivors based in Bexley.
- G4S – Supporting West Mercia clients by funding therapy access through the SARC network.

Alongside these contracts, we continued to receive positive financial contributions from a range of donors and fundraising initiatives, helping to supplement core services and enhance support for survivors.

We continued our NHS-funded triage pathway via Kent SARC and specialist support in Southeast London funded by Bexley NHS CCG. Our relaunch of the helpline in the previous year remained vital, especially for those on waiting lists or in need of immediate emotional support. The ISVA team supported clients through an increasingly challenging criminal justice landscape, marked by delays and complexity. We continued to advocate for system-wide improvements and robust safeguarding approaches.

Financial Outlook & Future Strategy

Looking forward with new leadership in place, we aim to strengthen the charity's future through renewed focus on fundraising, marketing, and strategic growth. As we look ahead, we remain focused on building sustainable services to meet growing need. Our strategy will prioritise service accessibility, staff wellbeing, cross-sector partnerships, and investment in our infrastructure. We are grateful to our funders, supporters, staff, and volunteers for their continued belief in our mission. With their support, Family Matters will remain a vital and trusted service for survivors across Kent and beyond.

Structure, governance and management

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs Giggins

Mr Clarke

Mr Giggins

Mrs Kennedy-Cullen

Appointed 6 September 2024

Resigned 30 September 2024

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

Appointment and training of new trustees

The trustee are appointed and trained in accordance with the charities governing document.

CEO's Report

Family Matters is a not-for-profit charity that provides specialist support and therapy to survivors of rape and sexual abuse. We offer free, accessible services to children and adults, supporting over 3,000 individuals each year. Sexual abuse and rape can have profound and lasting effects, impacting both physical and mental health. Our counselling service provides skilled therapeutic support to help survivors navigate these challenges, working with qualified professionals trained across a wide range of disciplines. Through our dedicated approach, we help survivors address their fears and establish a clear pathway towards recovery and empowerment. In addition to therapy, we provide Independent Sexual Violence Advisors (ISVAs) for both children and adults. Our ISVAs offer practical and emotional support, whether or not a survivor has reported to the police. They ensure that victims receive appropriate care, guidance, and assistance in navigating the criminal justice process, from reporting through to court proceedings.

Our Work in 2024/2025

The demand for support services for survivors of sexual violence continues to rise, and Family Matters remains steadfast in its commitment to providing high-quality, trauma-informed care. Throughout 2024/2025, we maintained and strengthened our core services, ensuring continuity of care for those in need.

Despite challenges across the sector, including increasing demand and pressures on funding, we successfully sustained our contracts and funding streams. Our primary funders, including the Police and Crime Commissioner (PCC), the National Lottery Community Fund (NLCF), and the NHS, remained key partners in supporting our work. Their continued backing enabled us to provide essential services across Kent, Southeast London, and West Mercia.

In April 2024, Mary Trevillion retired after over 20 years of dedicated service. Her leadership and commitment were instrumental in shaping Family Matters into the organisation it is today. The trustees and staff extend their deepest thanks to Mary for her tireless efforts and vision. In April 2024, Mary Trevillion resigned as CEO, and Kurt Trevillion was appointed as the new Chief Executive Officer. In his first year in post, Kurt led the organisation through a period of consolidation and strategic renewal. He secured contract extensions from the Police and Crime Commissioner (PCC), NHS, Bexley CCG, and the Ministry of Justice (MOJ), helping to safeguard and sustain Family Matters' essential services.

We continued to deliver support through our therapy, ISVA, and helpline services, meeting the needs of a growing number of survivors seeking support. Despite wider sector challenges, our team remained committed to high-quality, trauma-informed care and continuity of service.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

We continued our NHS-funded triage programme through Kent SARC, ensuring rapid access to forensic examination, health checks, and seamless referrals to our ISVA and therapeutic services. This streamlined pathway remains vital in providing immediate and ongoing support for survivors.

Additionally, we maintained our crisis support service at The Glade in Bransford and remotely in Telford, funded by G4S. Our partnership with Bexley NHS CCG continued, allowing us to provide specialist services for survivors in this area of London.

Our ISVA team remained a cornerstone of our work, offering guidance and advocacy from the point of reporting to police through to court proceedings. The criminal justice system continues to face delays, adding to survivors' distress, and we persist in highlighting the urgent need for improvements in court processes to better support survivor.

As part of our commitment to ensuring survivors receive consistent and accessible support, we relaunched our helpline to provide additional assistance to survivors on our waiting list. This initiative ensures that those awaiting therapy or ISVA support have access to professional guidance, reassurance, and coping strategies, helping to bridge the gap while they wait for full service engagement. The helpline offers survivors a crucial point of contact, reinforcing our commitment to their well-being at every stage of their recovery journey.

Looking Forward

As the demand for our services continues to rise, we remain committed to ensuring survivors receive the best possible support. The sector as a whole faces increasing pressure, but with the continued backing of our funders and partners, we are determined to maintain and strengthen our services.

We will continue to advocate for greater recognition of the importance of trauma-informed support, ensuring survivors have access to professional, compassionate care. By working alongside our partners in healthcare, law enforcement, and social services, we aim to further enhance the pathways available to those in need.

Our work is made possible by the dedication of our staff, volunteers, and supporters. Their commitment ensures that Family Matters remains a vital lifeline for survivors, empowering them to move forward with confidence and resilience.

In accordance with the charity's articles, a resolution proposing that Perrys Audit Limited be reappointed as auditor of the company will be put at a General Meeting.

The trustees' report was approved by the Board of Trustees.


.....
Mrs B Giggins (Chair)

Dated: 27.02.2026
.....

FAMILY MATTERS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 30 APRIL 2025

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

FAMILY MATTERS

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FAMILY MATTERS

Opinion

We have audited the financial statements of Family Matters (the 'charity') for the year ended 30 April 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 April 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

FAMILY MATTERS

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF FAMILY MATTERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Other matters

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

This has been done in order for the financial statements to provide a true and fair view in accordance with current Generally Accepted Accounting Practice.

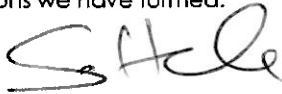
FAMILY MATTERS

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF FAMILY MATTERS

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Stephen Hale (Senior Statutory Auditor)

For and on behalf of Perrys Audit Limited, Statutory Auditor

Chartered Accountants

4th Floor

399-401 Strand

London

WC2R 0LT

United Kingdom

Date: 27/2/26

Perrys Audit Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

FAMILY MATTERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 APRIL 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income and endowments from:							
Donations and legacies	2	-	1,362,720	1,362,720	-	1,109,956	1,109,956
Charitable activities	3	9,042	-	9,042	49,019	-	49,019
Investments	4	1,289	-	1,289	1,170	-	1,170
Other income		50,000	13,924	63,924	-	17,505	17,505
Total income		<u>60,331</u>	<u>1,376,644</u>	<u>1,436,975</u>	<u>50,189</u>	<u>1,127,461</u>	<u>1,177,650</u>
Expenditure on:							
Charitable activities	5	30,513	1,016,151	1,046,664	7,594	983,231	990,825
Other material expenditure		1,490	1,320	2,810	-	4,643	4,643
Total expenditure		<u>32,003</u>	<u>1,017,471</u>	<u>1,049,474</u>	<u>7,594</u>	<u>987,874</u>	<u>995,468</u>
Net income and movement in funds		<u>28,328</u>	<u>359,173</u>	<u>387,501</u>	<u>42,595</u>	<u>139,587</u>	<u>182,182</u>
Reconciliation of funds:							
Fund balances at 1 May 2024		227,871	458,006	685,877	185,276	318,419	503,695
Fund balances at 30 April 2025		<u>256,199</u>	<u>817,179</u>	<u>1,073,378</u>	<u>227,871</u>	<u>458,006</u>	<u>685,877</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

FAMILY MATTERS

BALANCE SHEET

AS AT 30 APRIL 2025

	Notes	2025		2024	
		£	£	£	£
Fixed assets					
Tangible assets	10		800		740
Current assets					
Debtors	11	50,913		193,916	
Cash at bank and in hand		1,095,462		513,285	
		<u>1,146,375</u>		<u>707,201</u>	
Creditors: amounts falling due within one year	12	<u>(73,797)</u>		<u>(22,064)</u>	
Net current assets			<u>1,072,578</u>		<u>685,137</u>
Total assets less current liabilities			<u>1,073,378</u>		<u>685,877</u>
Income funds					
Restricted funds	13		817,179		458,006
Unrestricted funds			256,199		227,871
			<u>1,073,378</u>		<u>685,877</u>

The financial statements were approved by the Trustees on 27.02.2026



Mr K Trevillion (CEO)
CEO

FAMILY MATTERS

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 30 APRIL 2025

	Notes	2025		2024	
		£	£	£	£
Cash flows from operating activities					
Cash generated from operations	17		581,289		141,452
Investing activities					
Purchase of tangible fixed assets		(401)		-	
Investment income received		1,289		1,170	
Net cash generated from investing activities					
			888		1,170
Net cash used in financing activities					
			-		-
Net increase in cash and cash equivalents					
			582,177		142,622
Cash and cash equivalents at beginning of year			513,285		370,663
Cash and cash equivalents at end of year					
			1,095,462		513,285

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 APRIL 2025

1 Accounting policies

Charity information

Family Matters is a Not for profit charity registered in England and Wales. The registered office is 13 Wrotham Road, Gravesend, Kent, DA11 0PA.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Income from donations and legacies

	Restricted funds 2025 £	Restricted funds 2024 £
Grants	1,362,720	1,109,956

3 Income from charitable activities

	Donations receivable 2025 £	Donations receivable 2024 £
Donations receivable	9,042	49,019
Analysis by fund		
Unrestricted funds	9,042	49,019

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

4 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	1,289	1,170

5 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Depreciation and impairment	342	365
Staff and volunteer costs	866,372	862,804
Staff welfare	1,158	1,173
Computer costs	46,231	35,378
Legal and professional	24,105	9,091
Office costs	22,910	18,012
Training	16,910	15,322
Room hire	42,055	34,916
Subscriptions and sundries	7,447	3,656
Establishment costs	13,055	10,015
Other charitable expenditure	6,079	93
	<u>1,046,664</u>	<u>990,825</u>
Analysis by fund		
Unrestricted funds	30,513	7,594
Restricted funds	<u>1,016,151</u>	<u>983,231</u>
	<u>1,046,664</u>	<u>990,825</u>

6 Auditor's remuneration

Fees payable to the charity's auditor and associates:	2025	2024
	£	£
For audit services		
Audit of the financial statements of the charity	<u>6,000</u>	<u>5,000</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

No Trustees expenses were reimbursed during the year (2024: nil)

8 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
28	27

Included within staff and volunteer costs are social security costs of £60,392 (2024 - £58,678).

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

Key management personnel are those persons having authority for planning, directing and controlling the activities of Family Matters. These comprise of the Chief Executive Officer, Finance Officer and Chair. The total remuneration of the Family Matters key management personnel was £90,593 (2024: £71,565) for the year of which £1,321 (2024: £1,038) was employer's pension contributions.

9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

10 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 May 2024	59,367
Additions	401
At 30 April 2025	<u>59,768</u>
Depreciation and impairment	
At 1 May 2024	58,626
Depreciation charged in the year	342
At 30 April 2025	<u>58,968</u>
Carrying amount	
At 30 April 2025	<u>800</u>
At 30 April 2024	<u>740</u>

11 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	47,413	190,343
Prepayments and accrued income	3,500	3,573
	<u>50,913</u>	<u>193,916</u>

12 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	5,598	13,486
Accruals and deferred income	68,199	8,578
	<u>73,797</u>	<u>22,064</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

13 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 May 2024	Incoming resources	Resources expended	At 30 April 2025
	£	£	£	£
	458,006	1,376,644	(1,017,471)	817,179
	<u>458,006</u>	<u>1,376,644</u>	<u>(1,017,471)</u>	<u>817,179</u>
Previous year:				
	At 1 May 2023	Incoming resources	Resources expended	At 30 April 2024
	£	£	£	£
	318,419	1,127,461	(987,874)	458,006
	<u>318,419</u>	<u>1,127,461</u>	<u>(987,874)</u>	<u>458,006</u>

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 May 2024	Incoming resources	Resources expended	At 30 April 2025
	£	£	£	£
General funds	227,871	60,331	(32,003)	256,199
	<u>227,871</u>	<u>60,331</u>	<u>(32,003)</u>	<u>256,199</u>
Previous year:				
	At 1 May 2023	Incoming resources	Resources expended	At 30 April 2024
	£	£	£	£
General funds	185,276	50,189	(7,594)	227,871
	<u>185,276</u>	<u>50,189</u>	<u>(7,594)</u>	<u>227,871</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2025

15 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 30 April 2025 are represented by:						
Tangible assets	381	419	800	568	172	740
Current assets/ (liabilities)	255,817	816,761	1,072,578	227,303	457,834	685,137
	<u>256,198</u>	<u>817,180</u>	<u>1,073,378</u>	<u>227,871</u>	<u>458,006</u>	<u>685,877</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

17 Cash generated from operations

	2025 £	2024 £
Surplus for the year	387,501	182,182
Adjustments for:		
Investment income recognised in statement of financial activities	(1,289)	(1,170)
Depreciation and impairment of tangible fixed assets	341	365
Movements in working capital:		
Decrease/(increase) in debtors	143,003	(40,490)
Increase in creditors	51,733	565
Cash generated from operations	<u>581,289</u>	<u>141,452</u>

FAMILY MATTERS

England & Wales - Charity number 1019861

Accounts

www.familymattersuk.org



Annual Report

Charity No:
1019861

☎ 01474 536661 ✉ admin@familymattersuk.org 🌐 www.familymattersuk.org
📘 [familymattersuk](https://www.facebook.com/familymattersuk) 📺 [family__matters](https://www.youtube.com/channel/UC...)

Explanation for Late Submission of Annual Accounts

We wish to acknowledge that the submission of our annual accounts for the financial year ending 2024 was made after the usual deadline.

This delay was due to our organisation exceeding the £1 million income threshold for the first time—a milestone we are proud to have achieved. However, crossing this threshold triggered a statutory audit requirement, which we had not previously encountered and were therefore not initially prepared for. The additional audit process took more time than our usual year-end preparations.

As a result, the accounts were submitted later than intended. We would like to reassure all stakeholders that the delay was purely procedural and related to compliance with new audit requirements, not due to any financial irregularities.

We remain committed to transparency, accountability, and timely reporting. We appreciate your understanding.



Kurt Trevillion
Chief Executive Officer
Family Matters

Charity registration number 1019861

FAMILY MATTERS
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2024

FAMILY MATTERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs Giggins Mrs Kennedy-Cullen Mr Giggins
Charity number	1019861
Auditor	Perrys Audit Limited 4th Floor 399-401 Strand London United Kingdom WC2R 0LT
Solicitors	Hatten Wyatt 51-54 Windmill Street Gravesend Kent DA12 1BD

FAMILY MATTERS

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FAMILY MATTERS

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 APRIL 2024

Welcome to the Annual Report of the charity Family Matters. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" Issued in 2005 in preparing the annual report and financial statement of the charity.

Family Matters operates an equal opportunity policy where everyone no matter what race, creed, gender, culture, sexuality, learning ability, physical impairment, mental health issues, age or unrelated criminal convictions has the opportunity to access our service. This service is provided under the supervision of the Chief Executive Officer, subject to assessment, in partnership with Social Services, Health & Education authorities, in accordance with the Children's Act 1989, Child Protection Procedures and Memorandum of Good Practice.

The charity's services are set up to relieve the distress caused by sexual violence & rape. Service users are encouraged to take an interest in Family Matters and where appropriate assist with its activities.

For various reasons, funding being one, and due to the high demand of requests for the service it is not always possible to see all applicants immediately, therefore Family Matters operates a waiting list.

Family Matters 2023/2024 report shows our accomplishments over the financial period and the difference that made to our service users. The charity achieved its goals and mission statement through the projects it ran during the financial year, in terms of client numbers, demography and geographical spread.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

Objectives and activities

Purpose (taken from the charity's constitution)

- 2.1 Family Matters is established to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public in the subject of sexual abuse and its effect on victims, whether medical, social or psychological.
- 2.2 Family Matters is established:
- (a) to provide the services of a telephone helpline, support/therapy and counselling to teenage and adult survivors of sexual abuse, the non-abusing members of the family where sexual abuse has occurred and to the partners of survivors of sexual abuse who are non-abusing. The service is available to both male and female clients from four years of age to no upper age limit. (See Appendix I — Standard policy and Procedures)
 - (b) to provide support over the telephone in confidence to both male and female survivors of sexual abuse
 - (c) to provide support over the telephone in confidence to the non-abusing members of the family, and partners of sexual abuse survivors.
 - (d) to provide support/therapy in groups (both for the non-abusing members of the family, survivors of sexual abuse and partners of survivors)
 - (e) to provide counselling in confidence
 - (f) to take referrals from other voluntary organisations and statutory agencies and individuals

Charitable purpose

Family Matters trustees were charged alongside FM's senior managers in evaluating new services or developments in the provision of existing services against the charity's constitution to ensure that all activities were in line with our purposes and aims.

The projects fulfilled the charitable purposes of Family Matters in that each one was designed and delivered through the charity's published outcomes.

For the purpose of 2.1 'to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public on its impact'.

To help us reach the overarching strategy for growth and development and to increase Family Matters' policy of on-going 'education of the public' the charity carried out a promotion and awareness campaign to highlight the issues faced by survivors of sexual violence and rape. This was actioned using many mediums; radio interviews, press releases, promotion of Family Matters', presentations by the charity staff to domestic violence forums, the police, the CPS, politicians, radio and television interviews. Members of the charity spoke extensively to other professionals and members of the public and continued its distribution of publicity material and education via the media.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

Benefit to the Public

In order to receive charitable status FM was set up with the purpose to deliver exclusively charitable support for the public benefit. This included carrying out our designated purposes and reporting for the public.

The 'benefit' aspect

The purpose of Family Matters' charitable work is beneficial to the public; this is proved by the on-going evaluation service by the charity's clients.

The 'public' aspect

Family Matters benefits the public in general by the services provided free of charge to anyone, young or old, female or male, not excluding people with a diagnosed mental health issue who have suffered childhood sexual abuse, sexual violence and rape. By the general promotion of awareness as listed under Charitable Purposes – see page 6.

Family Matters Board of Trustees and Charity Managers ensured that the charity understood how it benefited the clients and carried out projects to enable this purpose. Family Matters identified risks of harm and ensured these risks were minimised by safer policies and guidance to the clients and the public.

With that in mind, the Board of Trustees and Charity Managers ensured that the charity's activities during this period were united with the Charity Commission's Guidelines and Principles of Public Benefit. Family Matters services for this financial year supported five of the Charity Commission's specific description of charitable purposes e.g.

- The advancement of education
- The advancement of health and saving lives
- The advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity
- The advancement of environmental protection or improvement
- The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantages

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

Achievements and performance

During the course of this financial year Client outcomes were as below:

- 87% indicated a reduction in depression
- 89% reduction in suicidal ideation
- 82% reduced or ceased self-harming
- 87% felt the therapy had enhanced their chances of gaining employment
- 90% reported that the counselling their ability to engage in school or training
- 89% therapy helped improve relationships with others especially family members
- 79% reduced their dependency on drugs and/or alcohol
- 31% reported a reduction in prescribed medication
- 68% believed therapy reduced their need for GP visits
- 97% felt strong enough to say no to further abuse
- 96% felt empowered to protect other family members from abuse

These figures reinforce the value of our services, demonstrating how our support leads to meaningful, lasting changes in survivors' lives.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

Financial review

In 2023/24, our financial focus remained on strengthening and sustaining our existing partnerships to ensure long-term stability and continued support for survivors. Through effective contract management and strategic funding applications, we maintained key revenue streams while seeking opportunities for long-term sustainability.

Our core funding from the Ministry of Justice (MOJ) remained essential in supporting administrative and management roles, ensuring the smooth operation of our services. Additionally, the MOJ introduced new funding for Rape and Sexual Abuse Support, enabling us to expand specialist provision.

Key contract funding continued, including:

- Kent PCC – Funding the Independent Sexual Violence Advisor (ISVA) service, including the specialist Gangs ISVA role.
- NHS – Continued support for the Sexual Assault Referral Centre (SARC) project, providing immediate therapeutic intervention for clients accessing Kent's SARC.
- Bexley CCG – Funding therapeutic services for survivors based in Bexley.
- G4S – Supporting West Mercia clients by funding therapy access through the SARC network.

Alongside these contracts, we continued to receive positive financial contributions from a range of donors and fundraising initiatives, helping to supplement core services and enhance support for survivors.

Financial Outlook & Future Strategy

While we successfully maintained existing funding streams, the ongoing demand for services means securing longer-term contracts remains a priority. Our strategic focus for the coming year includes:

- Expanding multi-year funding agreements to reduce financial uncertainty and retain specialist staff.
- Strengthening our relationships with funders to demonstrate the long-term impact of our work.
- Exploring new revenue sources, including grants, partnerships, and individual giving, to diversify our funding base.

With the support of our funders, donors, and partners, we remain committed to ensuring financial sustainability while continuing to provide high-quality, trauma-informed services for survivors.

Structure, governance and management

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs Giggins

Mrs Kennedy-Cullen

Mr Giggins

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

Appointment and training of new trustees

The trustee are appointed and trained in accordance with the charities governing document.

CEO's Report

Family Matters is a not-for-profit charity that provides specialist support and therapy to survivors of rape and sexual abuse. We offer free, accessible services to children and adults, supporting over 3,000 individuals each year.

Sexual abuse and rape can have profound and lasting effects, impacting both physical and mental health. Our counselling service provides skilled therapeutic support to help survivors navigate these challenges, working with qualified professionals trained across a wide range of disciplines. Through our dedicated approach, we help survivors address their fears and establish a clear pathway towards recovery and empowerment.

In addition to therapy, we provide Independent Sexual Violence Advisors (ISVAs) for both children and adults. Our ISVAs offer practical and emotional support, whether or not a survivor has reported to the police. They ensure that survivor receive appropriate care, guidance, and assistance in navigating the criminal justice process, from reporting through to court proceedings.

Our Work in 2023/2024

The demand for support services for survivors of sexual violence continues to rise, and Family Matters remains steadfast in its commitment to providing high-quality, trauma-informed care. Throughout 2023/2024, we maintained and strengthened our core services, ensuring continuity of care for those in need.

Despite challenges across the sector, including increasing demand and pressures on funding, we successfully sustained our contracts and funding streams. Our primary funders, including the Police and Crime Commissioner (PCC), the National Lottery Community Fund (NLCF), and the NHS, remained key partners in supporting our work. Their continued backing enabled us to provide essential services across Kent, Southeast London, and West Mercia.

Our client numbers continued to grow, reflecting the increasing awareness of available support and the ongoing need for specialist services. We worked closely with police forces, social services, healthcare providers, schools, and mental health teams to ensure survivors received professional and timely interventions.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2024

We continued our NHS-funded triage programme through Kent SARC, ensuring rapid access to forensic examination, health checks, and seamless referrals to our ISVA and therapeutic services. This streamlined pathway remains vital in providing immediate and ongoing support for survivors.

Additionally, we maintained our crisis support service at The Glade in Bransford and remotely in Telford, funded by G4S. Our partnership with Bexley NHS CCG continued, allowing us to provide specialist services for survivors in this area of London.

Our ISVA team remained a cornerstone of our work, offering guidance and advocacy from the point of reporting to police through to court proceedings. The criminal justice system continues to face delays, adding to survivors' distress, and we persist in highlighting the urgent need for improvements in court processes to better support survivor.

As part of our commitment to ensuring survivors receive consistent and accessible support, we relaunched our helpline to provide additional assistance to survivors on our waiting list. This initiative ensures that those awaiting therapy or ISVA support have access to professional guidance, reassurance, and coping strategies, helping to bridge the gap while they wait for full service engagement. The helpline offers survivors a crucial point of contact, reinforcing our commitment to their well-being at every stage of their recovery journey.

Looking Forward

As the demand for our services continues to rise, we remain committed to ensuring survivors receive the best possible support. The sector as a whole faces increasing pressure, but with the continued backing of our funders and partners, we are determined to maintain and strengthen our services.

We will continue to advocate for greater recognition of the importance of trauma-informed support, ensuring survivors have access to professional, compassionate care. By working alongside our partners in healthcare, law enforcement, and social services, we aim to further enhance the pathways available to those in need.

Our work is made possible by the dedication of our staff, volunteers, and supporters. Their commitment ensures that Family Matters remains a vital lifeline for survivors, empowering them to move forward with confidence and resilience.

In accordance with the charity's articles, a resolution proposing that Perrys Audit Limited be reappointed as auditor of the company will be put at a General Meeting.

The trustees' report was approved by the Board of Trustees.

Mrs B Giggins (Chair)

Dated: 6 May 2025

FAMILY MATTERS

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 30 APRIL 2024

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

FAMILY MATTERS

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF FAMILY MATTERS

Opinion

We have audited the financial statements of Family Matters (the 'charity') for the year ended 30 April 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 30 April 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

FAMILY MATTERS

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF FAMILY MATTERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Other matters

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

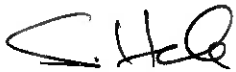
This has been done in order for the financial statements to provide a true and fair view in accordance with current Generally Accepted Accounting Practice.

FAMILY MATTERS

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF FAMILY MATTERS

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN HALE FCA, ACCA

Perrys Audit Limited

6 May 2025

Chartered Accountants
Statutory Auditor

4th Floor
399-401 Strand
London
United Kingdom
WC2R 0LT

Perrys Audit Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

FAMILY MATTERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 APRIL 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income and endowments from:							
Donations and legacies	3	-	1,109,956	1,109,956	-	990,825	990,825
Charitable activities	4	49,019	-	49,019	31,751	-	31,751
Investments	5	1,170	-	1,170	266	-	266
Other income		-	17,505	17,505	-	21,950	21,950
Total income		<u>50,189</u>	<u>1,127,461</u>	<u>1,177,650</u>	<u>32,017</u>	<u>1,012,775</u>	<u>1,044,792</u>
Charitable activities	6	7,594	983,231	990,825	8,135	900,322	908,457
Other material expenditure		-	4,643	4,643	2,187	2,297	4,484
Total expenditure		<u>7,594</u>	<u>987,874</u>	<u>995,468</u>	<u>10,322</u>	<u>902,619</u>	<u>912,941</u>
Net income and movement in funds		<u>42,595</u>	<u>139,587</u>	<u>182,182</u>	<u>21,695</u>	<u>110,156</u>	<u>131,851</u>
Reconciliation of funds:							
Fund balances at 1 May 2023		<u>185,276</u>	<u>318,419</u>	<u>503,695</u>	<u>163,581</u>	<u>208,263</u>	<u>371,844</u>
Fund balances at 30 April 2024		<u><u>227,871</u></u>	<u><u>458,006</u></u>	<u><u>685,877</u></u>	<u><u>185,276</u></u>	<u><u>318,419</u></u>	<u><u>503,695</u></u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

FAMILY MATTERS

BALANCE SHEET

AS AT 30 APRIL 2024

	Notes	2024		2023	
		£	£	£	£
Fixed assets					
Tangible assets	11		740		1,105
Current assets					
Debtors	12	193,916		153,426	
Cash at bank and in hand		513,285		370,663	
		<u>707,201</u>		<u>524,089</u>	
Creditors: amounts falling due within one year	13	<u>(22,064)</u>		<u>(21,499)</u>	
Net current assets			685,137		502,590
Total assets less current liabilities			<u>685,877</u>		<u>503,695</u>
Income funds					
Restricted funds	14	458,006		318,419	
Unrestricted funds		227,871		185,276	
		<u>685,877</u>		<u>503,695</u>	

The financial statements were approved by the Trustees on 6 May 2025


Mr K Trevillion (CEO)
CEO

FAMILY MATTERS

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 30 APRIL 2024

	Notes	2024 £	£	2023 £	£
Cash flows from operating activities					
Cash generated from operations	18		141,452		94,801
Investing activities					
Investment income received		1,170		266	
Net cash generated from investing activities			1,170		266
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			142,622		95,067
Cash and cash equivalents at beginning of year			370,663		275,596
Cash and cash equivalents at end of year			<u>513,285</u>		<u>370,663</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 APRIL 2024

1 Accounting policies

Charity information

Family Matters is a Not for profit charity registered in England and Wales. The registered office is 13 Wrotham Road, Gravesend, Kent, DA11 0PA.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Restricted funds 2024 £	Restricted funds 2023 £
Grants receivable	1,109,956	990,825

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

4 Income from charitable activities

	Donations receivable 2024 £	Donations receivable 2023 £
Donations receivable	49,019	31,751
	<u>49,019</u>	<u>31,751</u>
Analysis by fund		
Unrestricted funds	49,019	31,751
	<u>49,019</u>	<u>31,751</u>

5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	1,170	266
	<u>1,170</u>	<u>266</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

6 Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
Direct costs		
Depreciation and impairment	280	417
Staff and volunteer costs	862,804	768,166
Staff welfare	1,173	1,693
Computer costs	35,378	46,238
Legal and professional	9,091	7,870
Telephone, stationery and other office expenses	18,012	16,524
Training costs	15,322	10,810
Room hire	34,916	26,539
Subscriptions and sundries	3,656	7,854
Establishment costs	10,015	17,132
Bank interest	-	16
Other charitable expenditure	178	5,198
	<u>990,825</u>	<u>908,457</u>
Analysis by fund		
Unrestricted funds	7,594	8,135
Restricted funds	983,231	900,322
	<u>990,825</u>	<u>908,457</u>

7 Auditor's remuneration

Fees payable to the charity's auditor and associates:	2024	2023
	£	£
For audit services		
Audit of the financial statements of the charity	5,000	5,000
	<u>5,000</u>	<u>5,000</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

No Trustees expenses were reimbursed during the year (2022: nil)

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

9 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
27	26

Included within staff and volunteer costs are social security costs of £58,678 (2023 - £58,831).

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

Key management personnel are those persons having authority for planning, directing and controlling the activities of Family Matters. These comprise of the Chief Executive Officer, Finance Officer and Chair. The total remuneration of the Family Matters key management personnel was £71,565 (2023: £67,095) for the year of which £1,038 (2023: £1,545) was employer's pension contributions.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 May 2023	59,367
At 30 April 2024	59,367
Depreciation and impairment	
At 1 May 2023	58,262
Depreciation charged in the year	365
At 30 April 2024	58,627
Carrying amount	
At 30 April 2024	740
At 30 April 2023	1,105

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

12 Debtors	2024	2023
Amounts falling due within one year:	£	£
Prepayments and accrued income	193,916	153,426
	<u>193,916</u>	<u>153,426</u>

13 Creditors: amounts falling due within one year	2024	2023
	£	£
Other taxation and social security	13,486	14,677
Accruals and deferred income	8,578	6,822
	<u>22,064</u>	<u>21,499</u>

14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 May 2023	Incoming resources	Resources expended	At 30 April 2024
	£	£	£	£
	318,419	1,127,461	(987,874)	458,006
	<u>318,419</u>	<u>1,127,461</u>	<u>(987,874)</u>	<u>458,006</u>
Previous year:	At 1 May 2022	Incoming resources	Resources expended	At 30 April 2023
	£	£	£	£
	208,263	1,012,775	(902,619)	318,419
	<u>208,263</u>	<u>1,012,775</u>	<u>(902,619)</u>	<u>318,419</u>

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 May 2023	Incoming resources	Resources expended	At 30 April 2024
	£	£	£	£
General funds	185,276	50,189	(7,594)	227,871
	<u>185,276</u>	<u>50,189</u>	<u>(7,594)</u>	<u>227,871</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2024

15 Unrestricted funds (Continued)

Previous year:	At 1 May 2022	Incoming resources	Resources expended	At 30 April 2023
	£	£	£	£
General funds	163,581	32,017	(10,322)	185,276

16 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 30 April 2024 are represented by:						
Tangible assets	568	172	740	847	258	1,105
Current assets/(liabilities)	227,303	457,834	685,137	184,429	318,161	502,590
	<u>227,871</u>	<u>458,006</u>	<u>685,877</u>	<u>185,276</u>	<u>318,419</u>	<u>503,695</u>

17 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

18 Cash generated from operations

	2024 £	2023 £
Surplus for the year	182,182	131,851
Adjustments for:		
Investment income recognised in statement of financial activities	(1,170)	(266)
Depreciation and impairment of tangible fixed assets	365	545
Movements in working capital:		
(Increase) in debtors	(40,490)	(35,852)
Increase/(decrease) in creditors	565	(1,477)
Cash generated from operations	<u>141,452</u>	<u>94,801</u>

FAMILY MATTERS

England & Wales - Charity number 1019861

Accounts

Charity registration number 1019861

FAMILY MATTERS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2023

FAMILY MATTERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mrs Giggins
Mrs Kennedy-Cullen
Mr Giggins

Charity number

1019861

Independent examiner

Perys Accountants Limited
2nd Floor (Right)
Downe House
303 High Street
Orpington
Kent
BR6 0NN

Solicitors

Hatten Wyatt
51-54 Windmill Street
Gravesend
Kent
DA12 1BD

FAMILY MATTERS

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Balance sheet	10
Notes to the financial statements	11 - 17

FAMILY MATTERS

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 APRIL 2023

Welcome to the Annual Report of the charity Family Matters. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" Issued in 2005 in preparing the annual report and financial statement of the charity.

Family Matters operates an equal opportunity policy where everyone no matter what race, creed, gender, culture, sexuality, learning ability, physical impairment, mental health issues, age or unrelated criminal convictions has the opportunity to access our service. This service is provided under the supervision of the Chief Executive Officer, subject to assessment, in partnership with Social Services, Health & Education authorities, in accordance with the Children's Act 1989, Child Protection Procedures and Memorandum of Good Practice.

The charity's services are set up to relieve the distress caused by sexual violence & rape. Service users are encouraged to take an interest in Family Matters and where appropriate assist with its activities.

For various reasons, funding being one, and due to the high demand of requests for the service it is not always possible to see all applicants immediately, therefore Family Matters operates a waiting list.

Family Matters 2022/2023 report shows our accomplishments over the financial period and the difference that made to our service users. The charity achieved its goals and mission statement through the projects it ran during the financial year, in terms of client numbers, demography and geographical spread.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

Objectives and activities

PURPOSE (taken from the charity's constitution)

- 2.1 Family Matters is established to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public in the subject of sexual abuse and its effect on victims, whether medical, social or psychological.
- 2.2 Family Matters is established:
- (a) to provide the services of a telephone helpline, support/therapy and counselling to teenage and adult survivors of sexual abuse, the non-abusing members of the family where sexual abuse has occurred and to the partners of survivors of sexual abuse who are non-abusing. The service is available to both male and female clients from four years of age to no upper age limit. (See Appendix I — Standard policy and Procedures)
 - (b) to provide support over the telephone in confidence to both male and female survivors of sexual abuse
 - (c) to provide support over the telephone in confidence to the non-abusing members of the family, and partners of sexual abuse survivors.
 - (d) to provide support/therapy in groups (both for the non-abusing members of the family, survivors of sexual abuse and partners of survivors)
 - (e) to provide counselling in confidence
 - (f) to take referrals from other voluntary organisations and statutory agencies and individuals

Charitable purpose

Family Matters trustees were charged alongside FM's senior managers in evaluating new services or developments in the provision of existing services against the charity's constitution to ensure that all activities were in line with our purposes and aims.

The projects fulfilled the charitable purposes of Family Matters in that each one was designed and delivered through the charity's published outcomes.

For the purpose of 2.1 'to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public on its impact'.

To help us reach the overarching strategy for growth and development and to increase Family Matters' policy of on-going 'education of the public' the charity carried out a promotion and awareness campaign to highlight the issues faced by survivors of sexual violence and rape. This was actioned using many mediums; radio interviews, press releases, promotion of Family Matters', presentations by the charity staff to domestic violence forums, the police, the CPS, politicians, radio and television interviews. Members of the charity spoke extensively to other professionals and members of the public and continued its distribution of publicity material and education via the media.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

Benefit to the Public

In order to receive charitable status FM was set up with the purpose to deliver exclusively charitable support for the public benefit. This included carrying out our designated purposes and reporting for the public.

The 'benefit' aspect

The purpose of Family Matters' charitable work is beneficial to the public; this is proved by the on-going evaluation service by the charity's clients.

The 'public' aspect

Family Matters benefits the public in general by the services provided free of charge to anyone, young or old, female or male, not excluding people with a diagnosed mental health issue who have suffered childhood sexual abuse, sexual violence and rape. By the general promotion of awareness as listed under Charitable Purposes – see page 6.

Family Matters Board of Trustees and Charity Managers ensured that the charity understood how it benefited the clients and carried out projects to enable this purpose. Family Matters identified risks of harm and ensured these risks were minimised by safer policies and guidance to the clients and the public.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

With that in mind, the Board of Trustees and Charity Managers ensured that the charity's activities during this period were united with the Charity Commission's Guidelines and Principles of Public Benefit. Family Matters services for this financial year supported five of the Charity Commission's specific description of charitable purposes e.g.

- The advancement of education
- The advancement of health and saving lives
- The advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity
- The advancement of environmental protection or improvement
- The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantages

Finance report

In 22/23 our focus remained on developing existing funded partnerships, in order to provide additional specialist support to our users. We continued the KPCC project to provide ISVA service to our Kent clients.

This service enabled us to provide strong partnership links with the police, CJS and other support service in Kent.

The MOJ continued to support our charity by providing us with core funding which allows us to fund Admin and Management roles within the Charity.

We continued to provide our Bexley CCG contract by providing therapy to Bexley based clients.

G4S continued to support West Mercia which allows clients to access the SARC to receive Therapy.

The NHS continued funding the SARC project where clients who access the Kent's SARC are provided with immediate therapy.

The Kent PCC and MOJ funded a new GANGS ISVA role in Kent. This service will help victims of exploitation, associated with Gangs.

During this financial year we were able to secure additional funding from NHS, MOJ, Bexley and Kent PCC.

Alongside our contract fundings, we continue to see positive donations from a host of sources.

Our future aims are focussed on securing longer contracts to secure both the service for victims in Kent and enable us to keep our specialist staff.

Achievements and performance

Financial review

Structure, governance and management

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs Giggins

Mrs Kennedy-Cullen

Mr Giggins

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

Appointment and training of new trustees

The trustee are appointed and trained in accordance with the charities governing document.

CEO's Report

Family Matters is a not-for-profit charity that provides support and therapy to survivors of rape and sexual abuse. We are an open to all service, free of charge that supports over 3,000 children and adults a year.

Sexual abuse and rape can leave people with physical and mental scars that take time and understanding to work through. Family Matters counselling service has been created to provide skilled help for children and adults who are experiencing these difficulties. Our counselling practice is supported by qualified professionals who are trained across a wide range of issues and disciplines to help those affected address their fears and identify a clear pathway towards resolution and healing.

We also provide Independent Sexual Violence Advisors (ISVA's) for both children and adults to support rape and sexual assault victims to come to terms with the aftermath of their assault. ISVA's are specially trained to look after victim's needs and to ensure that they receive care and guidance. Information, help and support can be provided even if you have not reported to the police. Assistance is offered to help you through the criminal justice system, from reporting to police through to trial at court.

As a society we must do everything we can to prevent further child and adult sexual violence and rape occurring. Here at Family Matters we continued to provide a much-needed safe-haven for victims of Sexual violence and rape. We provide therapy, ISVA's and a helpline which enabled us to support over 3,000 survivors in 2022/2023.

FM does all that it can to raise awareness by giving talks to other professionals, sitting on public boards, television and frequent radio interviews to highlight the need to be vigilant. We worked closely with schools, colleges, universities, GP, psychiatrists and mental health teams to name but a few, to ensure that victims have a professional service that they can rely on.

During the course of this financial year Client outcomes were as below:

- 86% indicated a reduction in depression
- 89% reduction in suicidal ideation
- 79% reduced or ceased self-harming
- 88% felt the therapy had enhanced their chances of gaining employment
- 91% reported that the counselling their ability to engage in school or training
- 88% therapy helped improve relationships with others especially family members
- 78% reduced their dependency on drugs and/or alcohol
- 29% identified a reduction in their prescribed medication
- 68% believe their therapy had reduced their need to visit the GP
- 97% said they felt strong enough to say no to further abuse
- 96% felt strong enough to protect other family members from abuse

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

These outcomes highlight the good work the charity does, our commitment and dedication to the service that we provide for clients. The figures demonstrate a significant reduction in each area and this all helps a client with hope and future focus, with less re-victimisation. Whilst suicide and mental health still remain a high factor, they are significantly reduced with the help of support from FM.

We continued through this period with our NHS programme of triage via the Kent SARC, which has proved invaluable to our clients with a quick and easy pathway through, forensic examination and other related health checks, as well as an easy pathway through to FM ISVA and therapeutic services. We provided a service to clients with a recognised mental health diagnosis, these clients can be particularly vulnerable, and we endeavour to work closely with their mental health teams and psychiatrists to ensure we are the correct provider of services for them.

Bexley NHS CCG provided us with funding to see a proportion of clients from this area of London and has continued to do so during this financial year

We continue to be funded by G4S to provide crisis support in the Glade in Bransford and remotely in Telford.

In Kent we provide Independent Sexual Violence Advisors (ISVA's) who offered a service encompassing the point of entry into the legal system right up beyond trial proceedings. During this financial period court cases were still taking far too long, if at all to come to trial and this caused further trauma. FM works to highlight the need for the court system to improve. This service is funded by the Kent Police Crime Commissioners Office who have been strong supporters of our work for many years and we continue discussions with them on the future of support for clients in Kent.


We made great inroads into our client's progress back to health and well-being. We received referrals from many services and the SARC at this time, along with the police, who continued to be our main provider. Given that fear and anxiety are the primary responses to trauma, it is heartening to see more funding to support talking therapies, instead of just medicating people. This in turn will lessen any additional trauma that the clients receive via medical examinations, legal proceedings, restricted social activities, health problems, all a constant reminder of the assault.

FM receives extensive feedback from clients, where they tell us the important work we do for them and the achievements they are able to make with our help.

FAMILY MATTERS

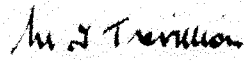
TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2023

The trustees' report was approved by the Board of Trustees.



.....
Mrs B Giggins (Chair)

Dated: 27.2.24.....



.....
Mrs M Trevillion (CEO)

Dated: 27.2.24.....

FAMILY MATTERS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FAMILY MATTERS

I report to the trustees on my examination of the financial statements of Family Matters (the charity) for the year ended 30 April 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountants, which is one of the listed bodies.


Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.


S. H. P. FCA, ACCA

Perrys Accountants Limited
2nd Floor (Right)
Downe House
303 High Street
Orpington
Kent
BR6 0NN

Dated: 29/2/24

FAMILY MATTERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 APRIL 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income and endowments from:							
Grants from public bodies	3	-	990,825	990,825	131	934,158	934,289
Donations and legacies	4	26,751	-	26,751	15,127	-	15,127
Investment income	5	266	-	266	-	-	-
Sundry income		-	21,950	21,950	-	24,657	24,657
Total income		27,017	1,012,775	1,039,792	15,258	958,815	974,073
Expenditure on:							
Charitable activities	6	3,135	900,322	903,457	2,410	786,086	788,496
Advertising, PR and literature		2,187	2,297	4,484	770	2,386	3,156
Total expenditure		5,322	902,619	907,941	3,180	788,472	791,652
Net income for the year/ Net movement in funds		21,695	110,156	131,851	12,078	170,343	182,421
Fund balances at 1 May 2022		163,581	208,263	371,844	151,503	37,920	189,423
Fund balances at 30 April 2023		185,276	318,419	503,695	163,581	208,263	371,844

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

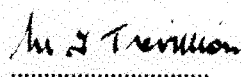
FAMILY MATTERS

BALANCE SHEET

AS AT 30 APRIL 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	9		1,105		1,650
Current assets					
Debtors	10	153,426		117,574	
Cash at bank and in hand		370,663		275,596	
		<u>524,089</u>		<u>393,170</u>	
Creditors: amounts falling due within one year	11	<u>(21,499)</u>		<u>(22,976)</u>	
Net current assets			502,590		370,194
Total assets less current liabilities			<u>503,695</u>		<u>371,844</u>
Income funds					
Restricted funds			318,419		208,263
Unrestricted funds			185,276		163,581
			<u>503,695</u>		<u>371,844</u>

The financial statements were approved by the Trustees on 27.2.24.....



Mrs M Trevillion (CEO)
CEO

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 APRIL 2023

1 Accounting policies

Charity Information

Family Matters is a Not for profit charity registered in England and Wales. The registered office is 13 Wrotham Road, Gravesend, Kent, DA11 0PA

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Grants from public bodies

	Restricted funds	Unrestricted funds	Restricted funds	Total
	2023 £	2022 £	2022 £	2022 £
Grants receivable	990,825	131	934,158	934,289

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2023

4 Donations and legacies

	2023 £	2022 £
Donations receivable	26,751	15,127

5 Investment income

	Unrestricted funds	Total
	2023 £	2022 £
Interest receivable	266	-

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2023

6 Charitable activities

	2023	2022
	£	£
Depreciation and impairment	417	623
Staff and volunteer costs	768,166	649,090
Staff welfare	1,693	959
Computer costs	46,238	73,467
Legal and professional	7,870	4,616
Telephone, stationery and other office expenses	16,524	17,515
Training costs	10,810	7,489
Room hire	26,539	13,123
Subscriptions and sundries	7,854	224
Establishment costs	17,132	21,194
Bank interest	16	7
Other charitable expenditure	198	189
	<u>903,457</u>	<u>788,496</u>
	<u>903,457</u>	<u>788,496</u>
Analysis by fund		
Unrestricted funds	3,135	2,410
Restricted funds	900,322	786,086
	<u>903,457</u>	<u>788,496</u>

7 Employees

No employee received emoluments (excluding employer pension costs) of more than £60,000.

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
	26	20
	<u>26</u>	<u>20</u>

Included within staff and volunteer costs are social security costs of £58,831 (2022 - £43,772).

There were no employees whose annual remuneration was more than £60,000.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2023

8 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

9 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 May 2022	59,367
At 30 April 2023	59,367
Depreciation and impairment	
At 1 May 2022	57,718
Depreciation charged in the year	544
At 30 April 2023	58,262
Carrying amount	
At 30 April 2023	1,105
At 30 April 2022	1,650

10 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Prepayments and accrued income	153,426	117,574

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	14,677	12,322
Other creditors	-	1,639
Accruals and deferred income	6,822	9,015
	21,499	22,976

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2023

12 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 30 April 2023 are represented by:						
Tangible assets	847	258	1,105	1,265	385	1,650
Current assets/ (liabilities)	184,429	318,161	502,590	162,316	207,878	370,194
	<u>185,276</u>	<u>318,419</u>	<u>503,695</u>	<u>163,581</u>	<u>208,263</u>	<u>371,844</u>

13 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

FAMILY MATTERS

England & Wales - Charity number 1019861

Accounts

WWW.FAMILYMATTERSUK.ORG

FAMILY MATTERS, 13 WROTHAM RD, GRAVESEND DA11 0PA



FAMILY MATTERS

ACCOUNTS 2022

CHARITY NO: 1019861



FAMILY MATTERS

Charity Information

Chair of Trustees: *Bernice Giggins*

Trustees: *Skye Kennedy-Cullen*
Paul Giggins

CEO: *Mary Trevillion*

Charity Number: *1019861*

Registered Office: *13 Wrotham Road*
Gravesend
Kent DA11 0PA

Independent Examiners: *Perrys Accountants*
10 Upper Grosvenor Rd,
Tunbridge Wells TN1 2EP

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Balance Sheet	8
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FAMILY MATTERS

Trustee & CEO's Report Year Ended 30th March 2022

About us

Family Matters is a not-for-profit charity that provides support and therapy to survivors of rape and sexual abuse. We are open to all service, free of charge that supports over 3,000 children and adults a year.

Sexual abuse and rape can leave people with physical and mental scars that take time and understanding to work through. Family Matters counselling service has been created to provide skilled help for children and adults who are experiencing these difficulties. Our counselling practice is supported by qualified professionals who are trained across a wide range of issues and disciplines to help those affected address their fears and identify a clear pathway towards resolution and healing.

We also provide Independent Sexual Violence Advisors (ISVA's) for both children and adults to support rape and sexual assault victims to come to terms with the aftermath of their assault. ISVA's are specially trained to look after victim's needs and to ensure that they receive care and guidance. Information, help and support can be provided even if you have not reported to the police. Assistance is offered to help you through the criminal justice system, from reporting to police through to trial at court.



Pictured above:
FM Chair – Bernice Giggins

Our work in 2021/2022

As a society we must do everything we can to prevent further child and adult sexual violence and rape occurring. Here at Family Matters we continued to provide a much-needed safe-haven for victims of Sexual violence and rape. We provide therapy, ISVA's and a helpline which enabled us to support over 3,000 survivors in 2021/2022.

FM does all that it can to raise awareness by giving talks to other professionals, sitting on public boards, television and frequent radio interviews to highlight the need to be vigilant. We worked closely with schools, colleges, universities, GP, psychiatrists and mental health teams to name but a few, to ensure that victims have a professional service that they can rely on.

During the course of this financial year Client outcomes were as below:

- 85% indicated a reduction in depression
- 88% reduction in suicidal ideation
- 78% reduced or ceased self-harming
- 85% felt the therapy had enhanced their chances of gaining employment
- 90% reported that the counselling their ability to engage in school or training
- 86% therapy helped improve relationships with others especially family members
- 75% reduced their dependency on drugs and/or alcohol
- 27% identified a reduction in their prescribed medication
- 67% believe their therapy had reduced their need to visit the GP
- 97% said they felt strong enough to say no to further abuse
- 96% felt strong enough to protect other family members from abuse

FAMILY MATTERS

These outcomes highlight the good work the charity does, our commitment and dedication to the service that we provide for clients. The figures demonstrate a significant reduction in each area and this all helps a client with hope and future focus, with less re-victimisation. Whilst suicide and mental health still remain a high factor, they are significantly reduced with the help of support from FM.



*Pictured above:
FM CEO – Mary Trevillion*

We continued through this period with our NHS programme of triage via the Kent SARC, which has proved invaluable to our clients with a quick and easy pathway through, forensic examination and other related health checks, as well as an easy pathway through to FM ISVA and therapeutic services.

We provided a service to clients with a recognised mental health diagnosis, these clients can be particularly vulnerable, and we endeavour to work closely with their mental health teams and psychiatrists to ensure we are the correct provider of services for them.

Bexley NHS CCG provided us with funding to see a proportion of clients from this area of London and has continued to do so during this financial year.

We continue to be funded by G4S to provide crisis support in the Glade in Bransford and remotely in Telford.

In Kent we provide Independent Sexual Violence Advisors (ISVA's) who offered a service encompassing the point of entry into the legal system right up beyond trial proceedings. During this financial period court cases were still taking far too long, if at all to come to trial and this caused further trauma. FM works to highlight the need for the court system to improve. This service is funded by the Kent Police Crime Commissioners Office who have been strong supporters of our work for many years and we continue discussions with them on the future of support for clients in Kent.

We made great inroads into our client's progress back to health and well-being. We received referrals from many services and the SARC at this time, along with the police, who continued to be our main provider. Given that fear and anxiety are the primary responses to trauma, it is heartening to see more funding to support talking therapies, instead of just medicating people. This in turn will lessen any additional trauma that the clients receive via medical examinations, legal proceedings, restricted social activities, health problems, all a constant reminder of the assault.

FM receives extensive feedback from clients, where they tell us the important work we do for them and the achievements they are able to make with our help.

This report was approved by the board on 18/04/2022 and signed on their behalf by:

A handwritten signature in blue ink, appearing to be 'Bernice Giggins'.

Chair – Bernice Giggins

A handwritten signature in blue ink, appearing to be 'Mary Trevillion'.

CEO – Mary Trevillion

**FAMILY MATTERS
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF FAMILY MATTERS**

I report to the trustees on my examination of the financial statements of Family Matters (the charity) for the year ended 30 April 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountants, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or

- 1 the financial statements do not accord with those records; or
- 2 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephen Hale FCA FCCA Perrys
Accountants Limited 3 Roberts
Mews
Orpington
Kent
BR6 0JP

Dated:



FAMILY MATTERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 APRIL 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
<u>Income and endowments from:</u>							
Grants from public bodies	3	131	934,158	934,289	71,970	600,707	672,677
Donations and legacies	4	15,127	-	15,127	10,679	1,105	11,784
Investment income	5	-	-	-	19	-	19
Sundry income		-	24,657	24,657	-	21,132	21,132
Total income		15,258	958,815	974,073	82,668	622,944	705,612
<u>Expenditure on:</u>							
Charitable activities	6	2,410	786,086	788,496	6,273	698,357	704,630
Advertising, PR and literature		770	2,386	3,156	85	2,943	3,028
Total expenditure		3,180	788,472	791,652	6,358	701,300	707,658
Net income/(expenditure) for the year/ Net movement in funds		12,078	170,343	182,421	76,310	(78,356)	(2,046)
Fund balances at 1 May 2021		151,503	37,920	189,423	75,193	116,276	191,469
Fund balances at 30 April 2022		163,581	208,263	371,844	151,503	37,920	189,423

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

FAMILY MATTERS

BALANCE SHEET

AS AT 30 APRIL 2022

	Notes	2022		2021	
		£	£	£	£
Fixed assets					
Tangible assets	8		1,650		2,462
Current assets					
Debtors	9	117,574		48,817	
Cash at bank and in hand		275,596		159,056	
		<u>393,170</u>		<u>207,873</u>	
Creditors: amounts falling due within one year	10	<u>(22,976)</u>		<u>(20,912)</u>	
Net current assets			370,194		186,961
Total assets less current liabilities			<u>371,844</u>		<u>189,423</u>
Income funds					
Restricted funds			208,263		37,920
Unrestricted funds			163,581		151,503
			<u>371,844</u>		<u>189,423</u>

The financial statements were approved by the Trustees on 5 May 2023



Mrs M Trevillion
CEO

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2022

1 Accounting policies

Charity information

Family Matters is a INSERT CONSTITUTIONAL DETAIL.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Grants from public bodies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Grants receivable	131	934,158	934,289	71,970	600,707	672,677

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2022

4 Donations and legacies

	2022 £	2021 £
Donations receivable	15,127	11,784
Analysis by fund		
Unrestricted funds	15,127	10,679
Restricted funds	-	1,105

5 Investment income

	Total	Unrestricted funds
	2022 £	2021 £
Investment income	-	19

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

6 Charitable activities

	2022	2021
	£	£
Depreciation and impairment	623	930
Staff and volunteer costs	649,090	605,200
Staff welfare	959	2,446
Computer costs	73,467	43,588
Legal and professional	4,616	10,686
Telephone, stationery and other office expenses	17,515	11,359
Training costs	7,489	11,330
Room hire	13,123	2,747
Subscriptions and sundries	224	28
Establishment costs	21,194	15,959
Bank interest	7	74
Other charitable expenditure	189	283
	<u>788,496</u>	<u>704,630</u>
	<u>788,496</u>	<u>704,630</u>
	<u>788,496</u>	<u>704,630</u>
Analysis by fund		
Unrestricted funds	2,410	6,273
Restricted funds	786,086	698,357
	<u>788,496</u>	<u>704,630</u>
	<u>788,496</u>	<u>704,630</u>

7 Employees

No employee received emoluments (excluding employer pension costs) of more than £60,000.

The average monthly number of employees during the year was:

	2022	2021
	Number	Number
	<u>20</u>	<u>22</u>

Included within staff and volunteer costs are social security costs of £43,772 (2021 - £38,595). There were no employees whose annual remuneration was more than £60,000.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

8 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 May 2021	59,367
At 30 April 2022	59,367
Depreciation and impairment	
At 1 May 2021	56,905
Depreciation charged in the year	812
At 30 April 2022	57,717
Carrying amount	
At 30 April 2022	1,650
At 30 April 2021	2,462

9 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Prepayments and accrued income	117,574	48,817

10 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	12,322	5,931
Other creditors	1,639	1,517
Accruals and deferred income	9,015	13,464
	22,976	20,912

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2022

11 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 30 April 2022 are represented by:						
Tangible assets	1,650	-	1,650	2,462	-	2,462
Current assets/(liabilities)	370,194	-	370,194	186,961	-	186,961
	<u>371,844</u>	<u>-</u>	<u>371,844</u>	<u>189,423</u>	<u>-</u>	<u>189,423</u>

12 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

FAMILY MATTERS

England & Wales - Charity number 1019861

Accounts

Charity registration number 1019861

FAMILY MATTERS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2021

FAMILY MATTERS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs Giggins Mrs Kennedy-Cullen Mr Giggins
Charity number	1019861
Independent examiner	Perrys Accountants Limited 3 Roberts Mews Orpington Kent BR6 0JP
Solicitors	Hatten Wyatt 51-54 Windmill Street Gravesend Kent DA12 1BD

FAMILY MATTERS

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FAMILY MATTERS

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 APRIL 2021

Welcome to the Annual Report of the charity Family Matters. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" Issued in 2005 in preparing the annual report and financial statement of the charity.

Family Matters operates an equal opportunity policy where everyone no matter what race, creed, gender, culture, sexuality, learning ability, physical impairment, mental health issues, age or unrelated criminal convictions has the opportunity to access our service. This service is provided under the supervision of the Chief Executive Officer, subject to assessment, in partnership with Social Services, Health & Education authorities, in accordance with the Children's Act 1989, Child Protection Procedures and Memorandum of Good Practice.

The charity's services are set up to relieve the distress caused by sexual violence & rape. Service users are encouraged to take an interest in Family Matters and where appropriate assist with its activities.

For various reasons, funding being one, and due to the high demand of requests for the service it is not always possible to see all applicants immediately, therefore Family Matters operates a waiting list.

Family Matters 2020/2021 report shows our accomplishments over the financial period and the difference that made to our service users. The charity achieved its goals and mission statement through the projects it ran during the financial year, in terms of client numbers, demography and geographical spread.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

Objectives and activities

PURPOSE (taken from the charity's constitution)

- 2.1 Family Matters is established to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public in the subject of sexual abuse and its effect on victims, whether medical, social or psychological.
- 2.2 Family Matters is established:
- (a) to provide the services of a telephone helpline, support/therapy and counselling to teenage and adult survivors of sexual abuse, the non-abusing members of the family where sexual abuse has occurred and to the partners of survivors of sexual abuse who are non-abusing. The service is available to both male and female clients from four years of age to no upper age limit. (See Appendix I — Standard policy and Procedures)
 - (b) to provide support over the telephone in confidence to both male and female survivors of sexual abuse
 - (c) to provide support over the telephone in confidence to the non-abusing members of the family, and partners of sexual abuse survivors.
 - (d) to provide support/therapy in groups (both for the non-abusing members of the family, survivors of sexual abuse and partners of survivors)
 - (e) to provide counselling in confidence
 - (f) to take referrals from other voluntary organisations and statutory agencies and individuals

Charitable purpose

Family Matters trustees were charged alongside FM's senior managers in evaluating new services or developments in the provision of existing services against the charity's constitution to ensure that all activities were in line with our purposes and aims.

The projects fulfilled the charitable purposes of Family Matters in that each one was designed and delivered through the charity's published outcomes.

For the purpose of 2.1 'to relieve the mental and physical distress of persons who have been survivors of sexual abuse and other related abuse and their families and partners and to promote the education of the public on its impact'.

To help us reach the overarching strategy for growth and development and to increase Family Matters' policy of on-going 'education of the public' the charity carried out a promotion and awareness campaign to highlight the issues faced by survivors of sexual violence and rape. This was actioned using many mediums; radio interviews, press releases, promotion of Family Matters', presentations by the charity staff to domestic violence forums, the police, the CPS, politicians, radio and television interviews. Members of the charity spoke extensively to other professionals and members of the public and continued its distribution of publicity material and education via the media.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

Benefit to the Public

In order to receive charitable status FM was set up with the purpose to deliver exclusively charitable support for the public benefit. This included carrying out our designated purposes and reporting for the public.

The 'benefit' aspect

The purpose of Family Matters' charitable work is beneficial to the public; this is proved by the on-going evaluation service by the charity's clients.

The 'public' aspect

Family Matters benefits the public in general by the services provided free of charge to anyone, young or old, female or male, not excluding people with a diagnosed mental health issue who have suffered childhood sexual abuse, sexual violence and rape. By the general promotion of awareness as listed under Charitable Purposes – see page 6.

Family Matters Board of Trustees and Charity Managers ensured that the charity understood how it benefited the clients and carried out projects to enable this purpose. Family Matters identified risks of harm and ensured these risks were minimised by safer policies and guidance to the clients and the public.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

With that in mind, the Board of Trustees and Charity Managers ensured that the charity's activities during this period were united with the Charity Commission's Guidelines and Principles of Public Benefit. Family Matters services for this financial year supported five of the Charity Commission's specific description of charitable purposes e.g.

- The advancement of education
- The advancement of health and saving lives
- The advancement of human rights, conflict resolution or reconciliation or the promotion of religious or racial harmony or equality and diversity
- The advancement of environmental protection or improvement
- The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantages

Finance report

In 20/21 our focus remained on developing existing funded partnerships, in order to provide additional specialist support to our users. We continued the KPCC project to provide ISVA service to our Kent clients.

This service enabled us to provide strong partnership links with the police, CJS and other support service in Kent.

The MOJ continued to support our charity by providing us with core funding which allows us to fund Admin and Management roles within the Charity.

We continued to provide our Bexley CCG contract by providing therapy to Bexley based clients.

G4S continued to support West Mercia which allows clients to access the SARC to receive Therapy.

The NHS continued funding the SARC project where clients who access the Kent's SARC are provided with immediate therapy.

The Kent PCC and MOJ funded a new GANGS ISVA role in Kent. This service will help victims of exploitation, associated with Gangs.

During this financial year and the covid pandemic, we were able to secure additional funding from NHS, MOJ, Bexley and Kent PCC. This additional funding was used to provide remote support due to the Covid 19 restrictions.

Alongside our contract fundings, we continue to see positive donations from a host of sources.

Our future aims are focussed on securing longer contracts to secure both the service for victims in Kent and enable us to keep our specialist staff.

Risks and uncertainties

At the year end the Government had implemented a Country wide lockdown due to the COVID-19 pandemic. The charity has taken necessary steps to protect our team and continue to provide our valuable services during this time.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

Achievements and performance

Financial review

Structure, governance and management

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs Giggins

Mrs Kennedy-Cullen

Mr Giggins

Appointment and training of new trustees

The trustee are appointed and trained in accordance with the charities governing document.

CEO's Report

As a society we must do everything we can to prevent further child and adult sexual violence and rape occurring. Here at Family Matters we continued to provide a much-needed self-haven for victims of Sexual violence and rape. This incorporated a telephone helpline, Independent Sexual Violence Advisors who support someone through the criminal justice system and our team of professional Therapists who help a client along the road to recovery. Our administrative team continue to be the backbone of the Charity and provide not only a first point of contact to clients, but a helping hand to all our staff and management. Our Trustees continued to provide guidance and support during this time.

We must remember that sexual assault is still a crime and yet it increases year on year, and it is a constant battle for all the service providers to offer all the support a victim needs. Many contracts lean predominantly towards the criminal justice system. We realise that is not what many of our clients want or need. There are many different roads to recovery, and it is the client's individual choice that is paramount in our treatment plan for them.

Our abused children move into adulthood with trauma memories that play a huge part in their adult years. These bring on going issues that are all part and parcel of the ever presenting past. Depression, PTSD, drug & alcohol related issues, for some its part of their daily lives. We know if you were abused as a child then you are more likely to suffer abuse as an adult, this heinous crime still persists, and FM does all that it can to raise awareness by giving talks to other professionals, sitting on public boards, television and frequent radio interviews to highlight the need to be vigilant.

We worked closely with Schools, Colleges, Universities, GP, Psychiatrists and Mental Health teams to name but a few to ensure that victims have a professional and proven service that they can rely on.

Traumatic events are common in our society, the human responses to psychological trauma are one of the most important public health problems in the world.

Trauma alters a person's ability to cope with everyday normal events. It changes their neurobiological pathways. They may try and hide or suppress it, however, that wonderful instrument that is our brain does not honour our conscious wishes, it reminds us a thousand times a day, subconsciously, and filters into our consciousness the very things we seek to forget. It reminds us using our senses, Sight, Sound, Smell, Taste and Touch. The sight of someone in the street, who reminds us of the perpetrator, the smell of someone triggers the memory and these are important they feed our thoughts and feelings.

Our therapeutic work is conducted from a relational concept that captures and enhances understanding and future focus.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

During the course of this financial year Client outcomes were as below:

- **85% indicated a reduction in depression**
- **88% reduction in suicidal ideation**
- **78% reduced or ceased self-harming**
- **85% felt the therapy had enhanced their chances of gaining employment**
- **90% reported that the counselling their ability to engage in school or training**
- **86% therapy helped improve relationships with others especially family members**
- **75% reduced their dependency on drugs and/or alcohol**
- **27% identified a reduction in their prescribed medication**
- **67% believe their therapy had reduced their need to visit the GP**
- **97% said they felt strong enough to say no to further abuse**
- **96% felt strong enough to protect other family members from abuse**

These outcomes highlight the good work the Charity's does, our commitment and dedication to the service that we provide for clients. The figures demonstrate a significant reduction in each area and this all helps a client with hope and future focus, with less re-victimisation. Whilst suicide and mental health still remain a high factor, they are significantly reduced with the help of support from FM.

We continued through this period with our NHS programme of triage via the SARC In Maidstone, which has proved invaluable to our clients with a quick and easy pathway through, forensic examination and other related health checks, as well as an easy pathway through to FM ISVA and Therapeutic services.

Wed provided a service to clients with a recognised mental health diagnosis, these clients can be particularly vulnerable, and we endeavour to work closely with their mental health teams and psychiatrists, to ensure we are the correct provider of services for them.

Bexley has always provided us with funding to see a proportion of clients from this area of London and has continued to do so during this financial year.

Presently we are still working in the Glade in Bransford and remotely in Telford to provide their adult victims a therapeutic service.

In Kent we provided Independent Sexual Violence Advisors (ISVA's) who offered a service encompassing the point of entry into the legal system right up beyond trial proceedings. During this financial period court cases were still taking far too long, if at all to come to trial, and this caused further trauma. FM works to highlight the need for the court system to improve.

We took on a few placements' therapists and helpliners during this time, who continued to provide immediate telephone support to anyone who needed help.

Thanks to our funders, the PCC, the Ministry of Justice, the Home Office, the Lottery, Bexley CCG's The NHS we have been able to significantly reduce our waiting times for clients.

FAMILY MATTERS

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

We made great inroads into our client's progress back to health and well-being. We received referrals from many services and the SARC at this time, along with the police, who continued to be our main provider. Given that fear and anxiety are the primary responses to trauma, it is heartening to see more funding to support talking therapies, instead of just medicating people. This in turn will lessen any additional trauma that the clients receive via medical examinations, legal proceedings, restricted social activities, health problems, all a constant reminder of the assault.

FM receives extensive feedback from clients, where they tell us the important work we do for them and the achievements they are able to make with our help.

Thanks to our funders, the PCC, the Ministry of Justice, the Home Office, the Lottery, Bexley CCG's The NHS we have been able to significantly reduce our waiting times for clients.

The trustees' report was approved by the Board of Trustees.

Mrs M Trevillion

Mrs M Trevillion (CEO)

Dated: 22 September 2022

FAMILY MATTERS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FAMILY MATTERS

I report to the trustees on my examination of the financial statements of Family Matters (the charity) for the year ended 30 April 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountants, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 1 the financial statements do not accord with those records; or
- 2 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephen Hale FCA FCCA
Perrys Accountants Limited
3 Roberts Mews
Orpington
Kent
BR6 0JP

Dated: 28/11/22

FAMILY MATTERS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 APRIL 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
<u>Income and endowments from:</u>							
Grants from public bodies	3	71,970	600,707	672,677	-	712,592	712,592
Donations and legacies	4	10,679	1,105	11,784	16,236	-	16,236
Investment income	5	19	-	19	43	-	43
Sundry income		-	21,132	21,132	3,267	14,406	17,673
Total income		82,668	622,944	705,612	19,546	726,998	746,544
<u>Expenditure on:</u>							
Charitable activities	6	6,273	698,357	704,630	(24,346)	699,391	675,045
Advertising, PR and literature		85	2,943	3,028	-	3,289	3,289
Total expenditure		6,358	701,300	707,658	(24,346)	702,680	678,334
Net income/(expenditure) for the year/ Net movement in funds		76,310	(78,356)	(2,046)	43,892	24,318	68,210
Fund balances at 1 May 2020		75,193	116,276	191,469	31,301	91,958	123,259
Fund balances at 30 April 2021		151,503	37,920	189,423	75,193	116,276	191,469

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

FAMILY MATTERS

BALANCE SHEET

AS AT 30 APRIL 2021

	Notes	2021		2020	
		£	£	£	£
Fixed assets					
Tangible assets	8		2,462		3,674
Current assets					
Debtors	9	48,817		1,831	
Cash at bank and in hand		159,056		204,697	
		<u>207,873</u>		<u>206,528</u>	
Creditors: amounts falling due within one year	10	<u>(20,912)</u>		<u>(18,733)</u>	
Net current assets			186,961		187,795
Total assets less current liabilities			<u>189,423</u>		<u>191,469</u>
Income funds					
Restricted funds			37,920		116,276
Unrestricted funds			151,503		75,193
			<u>189,423</u>		<u>191,469</u>

The financial statements were approved by the Trustees on 10 November 2022

Mrs M Trevillion

Mrs M Trevillion (CEO)
CEO

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2021

1 Accounting policies

Charity information

Family Matters is a INSERT CONSTITUTIONAL DETAIL.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Grants from public bodies

	Unrestricted funds	Restricted funds	Total	Restricted funds
	2021	2021	2021	2020
	£	£	£	£
Grants receivable	<u>71,970</u>	<u>600,707</u>	<u>672,677</u>	<u>712,592</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2021

4 Donations and legacies

	2021 £	2020 £
Donations receivable	11,784	16,236
Analysis by fund		
Unrestricted funds	10,679	16,236
Restricted funds	1,105	-
	<u>11,784</u>	<u>16,236</u>

5 Investment income

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Investment income	19	43
	<u>19</u>	<u>43</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2021

6 Charitable activities

	2021	2020
	£	£
Depreciation and impairment	930	1,387
Staff and volunteer costs	605,200	545,077
Staff welfare	2,446	9,977
Computer costs	43,588	42,664
Legal and professional	10,686	2,421
Telephone, stationery and other office expenses	11,359	15,496
Training costs	11,330	16,785
Room hire	2,747	20,195
Subscriptions and sundries	28	211
Establishment costs	15,959	20,705
Bank interest	74	75
Other charitable expenditure	283	52
	<u>704,630</u>	<u>675,045</u>
	<u>704,630</u>	<u>675,045</u>
Analysis by fund		
Unrestricted funds	6,273	(24,346)
Restricted funds	<u>698,357</u>	<u>699,391</u>
	<u>704,630</u>	<u>675,045</u>

7 Employees

No employee received emoluments (excluding employer pension costs) of more than £60,000.

The average monthly number of employees during the year was:

2021	2020
Number	Number
<u>22</u>	<u>19</u>

Included within staff and volunteer costs are social security costs of £38,595 (2020 - £34,153).

There were no employees whose annual remuneration was more than £60,000.

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2021

8 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 May 2020	59,367
At 30 April 2021	<u>59,367</u>
Depreciation and impairment	
At 1 May 2020	55,693
Depreciation charged in the year	1,212
At 30 April 2021	<u>56,905</u>
Carrying amount	
At 30 April 2021	<u><u>2,462</u></u>
At 30 April 2020	<u><u>3,674</u></u>

9 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Other debtors	-	90
Prepayments and accrued income	48,817	1,741
	<u>48,817</u>	<u>1,831</u>

10 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	5,931	2,563
Other creditors	1,517	1,324
Accruals and deferred income	13,464	14,846
	<u>20,912</u>	<u>18,733</u>

FAMILY MATTERS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2021

11 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 30 April 2021 are represented by:						
Tangible assets	2,462	-	2,462	3,674	-	3,674
Current assets/(liabilities)	186,961	-	186,961	187,795	-	187,795
	<u>189,423</u>	<u>-</u>	<u>189,423</u>	<u>191,469</u>	<u>-</u>	<u>191,469</u>

12 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).