

ROCKINGHORSE CHILDREN'S CHARITY

England & Wales · Charity number 1018759

Details

Other names	THE ROYAL ALEXANDRA HOSPITAL FOR SICK CHILDREN CENTENARY FUND, ROCKINGHORSE APPEAL
Status	Registered
Legal form	Charitable company
Company number	02791054
Registered	1993-03-15
Register	View on the Charity Commission register

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Activities

Objects: (1)THE RELIEF OF SICKNESS AMONGST CHILDREN; AND (2)IN PARTICULAR, BUT WITHOUT PREJUDICE TO THE GENERALITY OF THE FOREGOING TO PROVIDE OR ASSIST IN THE PROVISION OF MEDICAL TREATMENT AND CARE FOR SICK CHILDREN TOGETHER WITH RESEARCH FOR THE PUBLIC BENEFIT INTO ALL DISEASES AFFECTING CHILDREN AND THE DISSEMINATION OF THE RESULTS OF SUCH RESEARCH

Activities: At Rockinghorse, we aim to make life better for sick and disabled babies, children and teenagers across Sussex. We do this by providing cutting edge equipment that the NHS cannot cover and by making medical and respite facilities for children and young people as comfortable, friendly and accessible as possible.

Classification

- **How:** Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, People With Disabilities

Geography

- **Area of benefit:** EAST AND WEST SUSSEX
- East Sussex
- West Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,298,918	£975,991	£1,131,982	10
2024-03-31	£1,025,248	£977,508	£809,055	9
2023-03-31	£918,767	£923,272	£761,315	9
2022-03-31	£782,868	£688,228	£765,820	10
2021-03-31	£636,119	£722,480	£671,180	10

Trustees

Name	Role	Appointed
Mohammed RAHMAN	Chair	2014-06-16
Barry Carden		2018-09-17
Dr RYAN WATKINS		2012-11-13
Elizabeth Louise Beck		2025-07-29
Gavin Willis		2023-09-27
Lynne Mould		2023-09-27
Penina Shepherd		2024-07-31
Scott Bradley Marshall		2020-11-23

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Accounts



Annual report and financial statements 2024–25

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Our vision



**Is a world
where
children
are healthy
and happy.**



Our mission

We do this by funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS.

We work in partnership with the UHSussex NHS Trust and other local charities to fund projects, programmes and people as well as helping young patients and their families.

We fund cutting edge equipment and facilities, support medical staff, innovative research and pioneering treatments, that make a difference to patients and their loved ones.

We support developments that go above and beyond what the NHS can provide at present.





Where we work

Whilst Rockinghorse is the official fundraising arm of the Royal Alexandra Children's Hospital in Brighton, we also support a range of paediatric healthcare and project settings throughout Sussex.

Along with supporting the Trevor Mann Baby Unit (TMBU) in Brighton and the Special Care Baby Unit (SCBU) in the Princess Royal Hospital in Haywards Heath, we also support paediatric wards, specialist neonatal units, respite centres and children's services across the whole county of Sussex.

- 1** Royal Alexandra Children's Hospital
- 2** Trevor Mann Baby Unit
- 3** Princess Royal Hospital, Haywards Heath
- 4** Special Care Baby Unit, Haywards Heath
- 5** Chalkhill Child and Adolescent Mental Health Unit, Haywards Heath
- 6** Crawley Hospital
- 7** Worthing Hospital, Bluefin Ward
- 8** St Richard's Hospital, Chichester
- 9** Eastbourne Hospital
- 10** Drove Road & Tudor House Children's Respite Centres
- 11** Chailey Clinical Services
- 12** Southlands CDC (Community Diagnostic Centre)
- 13** Seaside View Child Development Centre
- 14** Nightingale Child Development Centre, Haywards Heath

This year's highlights



Supporting Wellbeing

This year we launched our brand-new Wellbeing Service at the Royal Alexandra Children's Hospital. This amazing new service, supported by The Cullum Family Trust, is aimed at helping support the health and wellbeing of young patients,

their families and NHS staff by utilising a range of activities and events throughout the hospital. Supporting a patient's wellbeing is an incredibly important part of healthcare and actively impacts on the health outcomes of children and young people.



Cancer support

During this year we have continued to provide a vital service for children and families going through a cancer diagnosis and subsequent treatment. This family support service provides specialist psychological support to help manage the huge impact that

a diagnosis like this can have. The service supports hundreds of families to manage what can be the hardest experience of their lives and it's thanks to a generous donation from the Openwork Foundation that we have been able to continue this life-changing support.



ROCKSI!





Rockinghorse Relay

This year we launched our very first 12-hour overnight swim event, the Rockinghorse Relay. Taking place at the beautiful Sea Lanes pool on Brighton seafront, the event saw more than 70 swimmers raise more than

£10,000 by swimming for an hour or more throughout the night. With local schools, businesses and even a channel swimmer taking part, it was a great new event that brings the whole community together.

Charity football match

One of our fantastic supporters, Brett Mendoza, organised a celebrity vs ex-professionals football match in March at the Worthing Football Stadium. With famous faces including comedians Joe Wilkinson and

Jon Richardson, actors Matt Baynton and Kiell Smith-Bynoe and former professional rugby league player Joe Marler, it was a super-competitive, but great fun match that raised more than £17,000.



Message from our CEO

This year marked the final year of our first ever three-year strategy – a journey that has given us focus, ambition, and results we can all be proud of. Together, in the past three years we have delivered hundreds of projects, funded pioneering research, launched groundbreaking new hospital services and transformed children's hospitals and wards across Sussex. The impact has been profound: lives saved, care improved, and thousands of children and families supported in their most difficult moments.

As we look ahead, we know the work is far from over. The challenges facing children and young people are changing, and so too must we. Our new strategy 'For Every Child' builds on everything we have achieved so far, with even greater determination to support more children, respond faster to urgent needs, and continue shaping a future where every child in Sussex receives the very best care when they are unwell.

And it's because of you, our incredible community of supporters that we can provide

this for children and their families. You help us to provide state-of-the-art medical equipment that saves lives, toys and play resources that bring comfort, spaces that feel safe and homely inside the walls of a hospital, and pioneering research that pushes forward the boundaries of paediatric medicine. In 2025 alone we delivered 65 projects and directly supported 191,616 children and families.

But behind those numbers are real stories: children fighting cancer, babies who cannot breathe on their own, teenagers facing mental health crises. Our work is for them. We work alongside doctors, nurses and healthcare teams in Sussex, creating projects and services that respond to the most urgent needs. Together, we bring light into the darkest of moments.

I am endlessly proud of the incredible team of staff and volunteers whose passion and energy make all of this possible. To the healthcare professionals we work alongside. Thank you. Your skill and dedication inspire us daily and we are deeply grateful for your expertise,



Donna Holland
Chief Executive,
Rockinghorse
Children's Charity

proud to work alongside you, and will always support you in every way we can.

And to our community of supporters, you are the beating heart of this charity. The runners and jumpers, the walkers and trekkers, the bakers and makers, the businesses who sponsor and partner with us, the Trusts and Foundations who believe in our

mission, the community groups who stand beside us, and every single person who turns up at our events. Thank you. Your generosity transforms lives.

Because of you, we can continue to change lives, improve lives, and save lives.

We simply couldn't do it without you. Thank you.

The current climate

At Rockinghorse we work alongside doctors, nurses and other healthcare professionals working in children's wards and baby units across Sussex to develop and deliver projects and services that address the issues children in Sussex are facing. We are on the ground, at the coal face and there with children and their families as they face a difficult diagnosis, life-changing news and all of the tough stuff.



Rockinghorse





1 in 5 children are currently experiencing some level of mental ill-health.

Only 8% of NHS expenditure mental health spending is allocated to provision for children and young people, despite them making up 30% of the demand. *

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Half of mental health conditions arise by the age of 14, and many start to develop in the first years of life.

5% of two to four-year-olds struggle with anxiety, behavioural disorders and neurodevelopmental conditions including ADHD.

Referrals to mental health services for anxiety have more than doubled since before the Covid-19 pandemic. *

In Brighton rates of self-harm in those aged 10 to 24 are almost 50 per cent higher than in the rest of England and are increasing.



There are 40,000 children waiting for mental health support for more than two years. *

Children represent 24% of the population, but account for only 11% of the Government's NHS expenditure. *

Our impact

During the past year we have continued to grow the support that we offer, expanding the number of doctors, nurses and other HCPs who help us identify the projects that will make the

most impact, supporting more children and families, and delivering even more projects and services in local paediatric healthcare settings across Sussex.



191,616

Children supported

75,085

Children seen in A&E

724

Premature babies

210

Cancer pathways

65

Projects

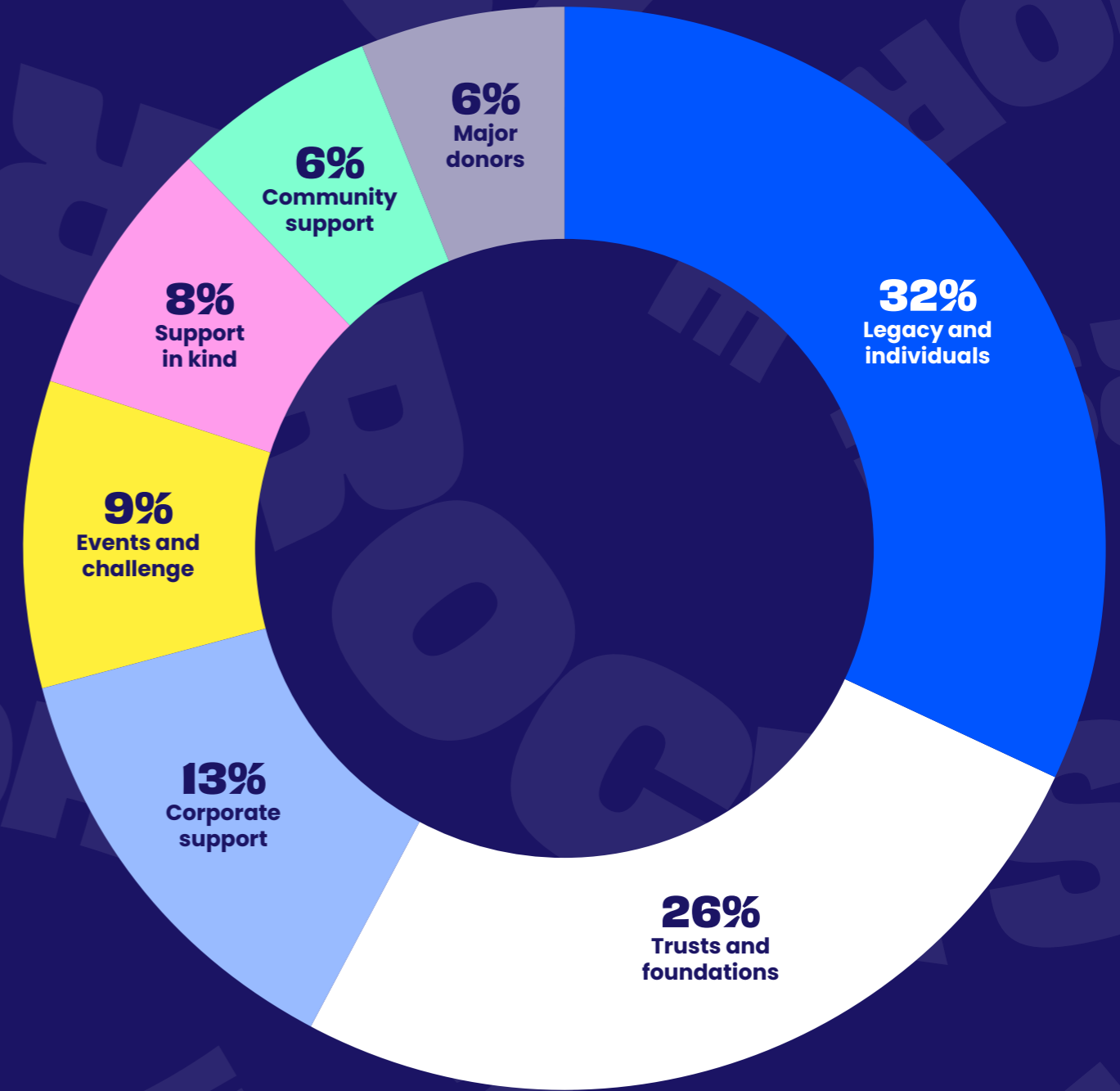
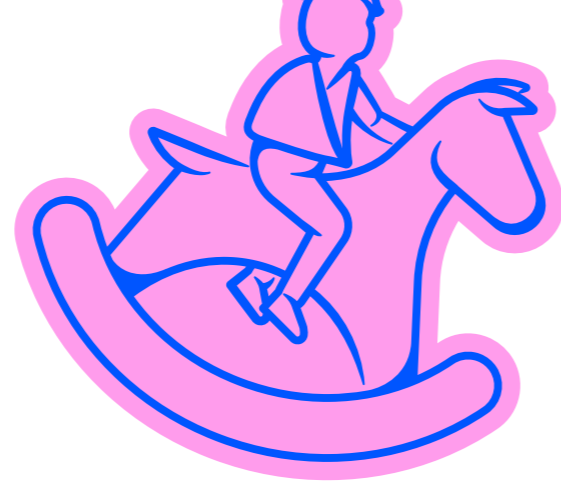
50

NHS Champions

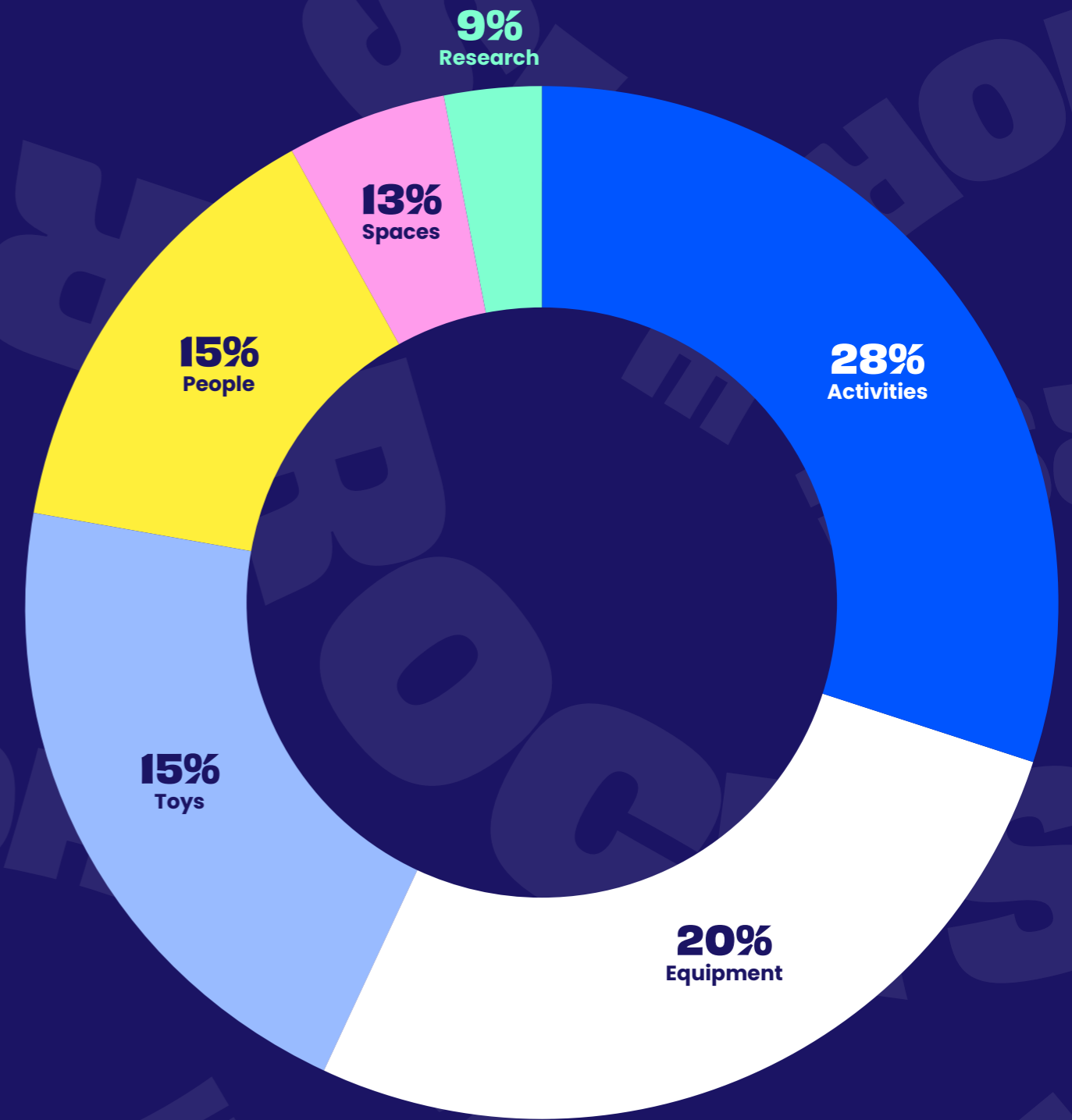
13

Services supported

How we raised our funds



The types of projects we deliver



We provide a huge range of services and projects to children and their families all over Sussex, ensuring kids get the best possible care when they are unwell.

Who we support

ROCKETS!



Children



Young people learning to manage a life-changing health diagnosis can sometimes feel isolated; not knowing anyone else with the condition to talk to about their experiences.

So having a chance to meet up with other young people in the same situation for a weekend of activities and fun can really help to build confidence, make new friends and learn that they aren't alone in their situation.

This year we funded a weekend residential trip for 30 young people managing a new diabetes diagnosis. Working with the Diabetes Team at Worthing and Chichester Hospitals, the event really helps these young people learn how to manage their condition both now, and for the future.

Paul Peacock, the Youth Worker at Worthing Hospital who helped organise the weekend explained

why it was such an important event. He said, "The weekend offered young people the chance to grow in their diabetes management abilities, under the guidance of a multidisciplinary team."

"It also helps the participants to manage their condition with greater confidence and autonomy and helps build trust with healthcare professionals, making future interactions less intimidating.

"And of course, the whole weekend was absolutely brilliant fun!

"Without funding from Rockinghorse, we just couldn't have provided this event for the young people we work with. It made such a huge difference to their ability to manage a difficult health diagnosis, which will support them for years to come."

Paul Peacock
Youth Worker, Worthing and St. Richard's Hospitals



"It's absolutely amazing and fun, I love the sea, and I will be there next year too!"

Young Diabetes Weekend participant

Families

Otis, Yohan, Austin, Kenzo



Having a sibling receiving medical care can be a worry for the children left at home, but sometimes it's a great motivator to do something to help support the care they receive.

Kenzo, aged 2, has cystic fibrosis and regularly receives treatment for the condition at Royal Alexandra Children's Hospital.

His brothers – Otis, 9, Yohan, 7 and Austin, 5 – sometimes go with him to appointments and have seen the support that Rockinghorse provide for children at the hospital. Which is they decided to take part in the Brighton Half Marathon Youth Races to help raise money for Rockinghorse so we can help even more children like Kenzo.

"Rockinghorse makes Kenzo's stays in hospital more fun for him and us by providing toys for children to play with. They also provide equipment to help manage children's conditions whilst they are in hospital. They have even given toys to Kenzo to make his treatments more fun.

"And they also provide items for bigger kids that visit, like when we stayed at Christmas, they gave us toys to play with whilst we were around. We ran in the Brighton Youth Race to raise money and help make sure that stays in hospital are fun! Thanks to everyone who sponsored us."

Otis and Yohan Fairhurst



"The boys chose to support Rockinghorse because their littlest brother has spent a lot of time in hospital, one year over Christmas, and your charity did a lot to make each stay more enjoyable for everyone."

Rachel Fairhurst
Otis, Yohan, Austin and Kenzo's mum

NHS staff



"It's providing a bit of sunshine thanks to Rockinghorse!"

Harry Simmons
Playworker at the Royal Alexandra Children's Hospital.

"Having the extra support from Rockinghorse really does make all the difference to the work we can do with children when they visit the hospital.

"A great example of this is the treat boxes that Rockinghorse fund for every level of Royal Alexandra Children's Hospital. Every child that comes in for an appointment or procedure can choose a treat before they leave, which just makes their experience a little bit better.

"And this helps in so many ways, from reducing their fear, to helping them feel braver or more confident to come back, it means so much more than just a little toy.

"It's a chance for us to say well done for being brave. It's a great incentive and it really goes a long way to help manage their trauma. The likelihood is that whatever they've experienced wasn't very nice and was probably uncomfortable or painful, but this helps them to look back on it a bit less negatively.

"Plus, it also helps them feel better if they have to come back to the hospital for further treatment."

Harry Simmons
Playworker at the Royal Alexandra Children's Hospital.

Our champions

The Physiotherapy Team at the Royal Alex do amazing work with a wide variety of young patients. From those who need physio every day to manage lung conditions like cystic fibrosis or chest infections, to those recovering from a broken bone or surgery, the team have a huge remit.

So having the right equipment is vital to providing the best possible service.

This year, thanks to the Cullum Family Trust, we funded a range of new equipment, including a new static exercise bike and an assault course for the team to support this vital work.

“Older children often like to do something a bit more gym based as part of their treatment, but our old exercise bike was broken. With the new one, you can set up different programs and change the intensity so it’s much more tailored to what they would normally be doing in the gym.

“And we use the assault course for younger children to help vary the exercises we can do with them and where we can work as it’s so portable. It makes it so much more fun and makes them so much more willing to do their physio.



“We’re just really, really grateful to have these new pieces of equipment. Whether it’s something that needed replacing, or something that’s brand new, it’s just made it a lot easier to motivate our patients to do their exercise.”

Rebecca Steel
Paediatric Physiotherapy
Inpatient Team Lead



“We’re just really, really grateful to have these new pieces of equipment. Whether it’s something that needed replacing, or something that’s brand new, it’s just made it a lot easier to motivate our patients to do their exercise.”

Rebecca Steel
Paediatric Physiotherapy Inpatient Team Lead

Our supporters

Our supporters are the backbone of our work. Without their tireless efforts we simply would not be able to provide the level of support we do.

Every single year we are blown away by all the things they do for us.

Community groups, businesses, schools, families and individuals; our support really does come from throughout the whole community. And their motivation comes from many different experiences.



“When our twins Theo and Tillie were born, they received amazing care for the first two months of their lives in the Trevor Mann Baby Unit and following that with special care they continue to need at the Royal Alexandra Children’s Hospital.

“This experience has made us feel strongly that we want to give someone back for all this support, and to help other families that find themselves in a similar situation. Whether it’s running half marathons, organising fundraising events at our pub, the Caxton Arms, or planning a big charity football match, it’s all aimed at making sure that the excellent care we received is there for other families.

“Having raised more than £17,000 this year for Rockinghorse makes us incredibly proud. We can’t thank them enough for everything they have done for us so to be able to give back, even just a little, bit is incredible.”



Brett and Helen Mendoza
Rockinghorse supporters

HOW ROCK!



“We proudly supported Rockinghorse Children’s Charity as our Charity of the Year for the incredible impact they have on children and families in our local hospitals.

“As part of our support, we contributed by installing vibrant graphics in the waiting area of the outpatient’s department at The Royal Alexandra Children’s Hospital, helping to transform the environment into a brighter, more welcoming space for young patients and their families. The joy and comfort these changes bring are immeasurable.

“Beyond this, we are inspired by the way Rockinghorse funds so many vital projects, supporting children and families across a wide range of needs. Partnering with such a dedicated charity aligns perfectly with our values of community, care, and making a positive difference.”



Maisie Miller
General Manager, Sussex Signs

“Following my hip replacement in 2022, I set a personal challenge: to complete the London to Brighton bike ride on my new hip. It was more than a physical milestone; it was a chance to give back.

“I fundraised for Rockinghorse Children’s Charity, and with their agreement, all donations were directed to the Paediatric Physiotherapy team at the Royal Alexandra Children’s Hospital.

“This team supported our daughter from six weeks old, helping her overcome Unilateral Talipes (Club Foot) through the Ponseti method and tendon transfer surgery.

“Thanks to their care, she now cycles, swims, skis, and runs with confidence. Riding as a self-funded participant, I was proud to support the team that made her recovery possible.”



Matt Hodson
London to Brighton cyclist and Rockinghorse supporter



“The Ashfield Trust is pleased to support a charity that gives so much to not only poorly children in their hour of need but also support to young adolescents struggling with mental health issues. Support to families is also a crucial element of their work that we value so much.

“For us the work done by Rockinghorse is exemplary, but so is the feedback and communication we have from the charity. We have complete clarity in seeing where our support goes and the difference it makes to young lives.”

Jenni Brown
Trustee, Ashfield Trust



For lives back and Fortnight's





Our projects

is SkyCroor



A visit to hospital for a child can be really difficult. It can feel scary, and sometimes boring, not to mention painful.

But being able to soften the blow with a toy, book or a little treat to say well done can really help and makes the hospital environment a much less stressful place.

Toys also work for everyone; all children can communicate through play, even if they're unable to speak. They help to normalize the environment, reduce anxiety, and help

children and families to cope with treatment, procedures and admissions.

This year, like every year, we funded and delivered a huge range of toys, books, games and craft materials to lots of different children's settings in Sussex.



“There’s not always a lot else to do while you’re in hospital, other than sit and think about your illness. So, toys are massive distraction. They’re also a really useful way for families to bond, build attachment and keep their development going, which can fall behind during a long stay.”

“Without the help from Rockinghorse, and all the amazing work that they do, we wouldn’t be able to offer as many resources to our patients. The support they provide is invaluable, enhances the service we provide and massively improves the patient experience.”

Katy Rowe
Learning Disability Play Nurse Specialist at the Royal Alexandra Children’s Hospital.

Developing Through Play

For children with complex needs, the benefit of play in a safe, stimulating environment, with the right kind of equipment, can be life changing.

This year we provided a range of specialist toys and sensory equipment for specialist play sessions at the Turner Centre in Brighton. These sessions, run by specialist early years practitioner Tracy Brown, help children up to 3½ years of age, born prematurely or with delays in their development, to enjoy and learn new skills through play.

enabled us to replace large pieces of sensory equipment that we wouldn’t have been able to, and what we can do for the children now is just incredible.

“It has also created a safe space for some older children who are struggling with their mental health. I would say that so far more than 50 families have benefited from the use of the room since the resources have been purchased.”

Tracy Brown
Specialist Early Years Practitioner.

“The toys and equipment are just incredible; there are just no words. It’s been phenomenal. The funding that we’ve received has



“Seb has Arthrogryposis and when he was younger was in a cast from his armpits down to his toes and couldn’t move, but he could come and enjoy the sensory lights and the bits and the toys and particularly the fish bubble tube which is still his firm favourite – he will furiously sign fish to get himself over there. It’s a highlight of our week coming here.”

Nicky
Seb’s mum



Being able to help our colleagues within the NHS to get the best equipment for them to do their jobs is a big part of our work.

Often within paediatric care the type of equipment needed is different from their adult equivalent. Working with smaller bodies means that equipment that's suitable for an adult is often too large for a child. So being able to fund and deliver kit that's specially created for younger patients is really important.

Not only is it better suited to a child's anatomy, but it can also help speed up treatment and reduce pain by being more

"Having the support from Rockinghorse to get these additional bits of equipment help us provide even better support for our patients. It means we have kit that is specifically designed for smaller anatomy, making treatment and recovery that much better. It also means we are at the forefront of paediatric care, benefitting so many children and families within our community."

Lynne Mould
Matron, Royal Alexandra
Children's Hospital

precise, meaning that doctors and nurses can get their work done quicker and easier.

Whether it's a big piece of complicated machinery, or smaller, hand-held equipment to help quickly diagnose and treat patients, every piece makes a difference.

Meet Chester

Being treated for cancer is scary and confusing. It can involve all sorts of different treatments from injections to central lines, ports to cannulas – a lot of which most people simply wouldn't understand at the best of times, let alone while having to deal with the worry and fear about the illness.

So, for staff to have ways to simply show what's going to happen means that they can help their patients understand the procedures, which helps ease the worry and makes treatment easier.

This year we funded an amazing bit of kit; Chester Chest. This life-like manikin is designed for staff in

the oncology department to demonstrate where and how they would put in a cannula or central line to administer medication.

It provides a really accurate representation of what they can expect, even down to it bleeding, so there are no surprises when it comes to the real thing.

"Chester has been amazing. Children are very visual learners, and this helps us to show them exactly what they can expect from the treatment and what we will do in a step-by-step process. We can get patients and parents involved too, learning how to look after the different central lines."

"This means that when we come to the treatment for real, they know exactly what to expect, which helps reduce anxiety and makes it an overall more positive experience."

Rob O'Sullivan
Oncology Charge Nurse





“Our need for these sensory rooms is massive. We would love all our rooms to be like this, obviously, because any person with any level of communication or any needs come in and feel instantly calm and reassured.”

Sophie Patching
Deputy Sister in the Children's
Emergency Department.

Working closely with healthcare professionals, we make sure we fully understand what's needed for each specific space for treatment, relaxation or play. This can make an enormous difference to a child, or young person's experience of visiting or staying in hospital, helping them feel calmer and less anxious, positively impacting on treatment and outcomes.

Thanks to generous support from The Property Race Day, we have been able to deliver two amazing

'Tech Treatment rooms' within the Emergency Department at the Royal Alex, using innovative technology to provide immersive distractions and a calming environment.

The rooms include a range of interactive, sensory equipment to provide visual stimulation and a calming environment for every child who uses them.

Safe to Share

For children and families receiving care at Royal Alexandra Children's Hospital, the impact on their mental health from the treatment they receive can be significant. But the paediatric psychology team are there to help.

The team provide psychological support to patients to help them through difficult diagnosis, treatment, and the long-term impact of dealing with a serious physical health condition at a young age.

But two of the clinic spaces within the hospital were in a really poor state of repair and

not somewhere that people felt safe to share their thoughts or feelings. However, we provided funding to renovate these rooms, making them somewhere that people feel much more comfortable using.



“It's made a huge difference to families and children's sense of safety and comfort in these sessions, which really helps their outcomes in therapy, because people need to feel safe.”

“When people have had quite traumatic medical experiences, sometimes even just coming into the building itself can be quite triggering. So having a space that signals that this is a safe space, is really important; and we've had parents and children comment on how much better it feels.”

Meg Montgomery
Oncology Psychologist at the Royal Alexandra Children's Hospital



Last year, thanks to a fantastic donation from the Cullum Family Trust, we were able to expand on a specialist pilot clinic we had funded that uses a personalised approach to the treatment of paediatric asthma based on the genotype of the individual child.

Being able to determine the genetic make-up of a child can reveal what medications won't work for them, and crucially,

the ones that will, meaning that each child has a better chance of receiving the most effective treatments for their condition.

This year, the project has been spreading the word about this new way to treat an incredibly common issue, raising public awareness and encouraging patient engagement so that more children and families can benefit from this transformative research.

One Size Fits One

This year Professor Somnath Mukhopadhyay, Chair of Paediatrics at Brighton and Sussex Medical School, Dr Tom Ruffles, Paediatric Respiratory Consultant, and Olivia Cottington Honorary Clinical Public Engagement Coordinator, have been continuing to share information about their ground-breaking work.

From presenting this research at conferences in London, Glasgow and India, to organising local events that help children and families learn about asthma and its impact.

They have also collaborated with patients and families to create digital stories showing how personalised medicine

has improved asthma care. Shared across digital channels, these stories build a supportive community and widen access to information on managing asthma.

“The past year has been a great step forward in building a supportive community for patients and families managing childhood allergic conditions. The feedback we have received has been hugely encouraging.”

“I am especially proud of how we have been able to communicate the value of personalised medicine, and I look forward to expanding these initiatives so that more families can benefit from care that is truly tailored to their child's individual needs.”

Olivia Cottington
Honorary Clinical Public Engagement Coordinator



Being able to get involved in fun activities is important for most children; it's a great way to meet other people, have some fun and learn new skills. But if you're stuck in hospital or have a long-term health condition, this can be much easier said than done.

Often those with challenging health conditions can feel left out of the normal things that their peers enjoy due to their health limitations, or don't have the confidence to mix with other

young people who have no idea of the things they are dealing with.

Every year we help different teams within the NHS organise and deliver activities specifically for a range of different conditions such as diabetes, cystic fibrosis and chronic fatigue syndrome.

"As a parent of a young person who has spent the majority of the last three years in bed due to disabling fatigue, it's wonderful to see my daughter motivated to go out and produce something beautiful."

"The social contact with other young people that the sessions afforded has also been great as she had been really socially isolated. Thank you for providing this opportunity."

Parent of a young person who attended the pottery painting session.



Painting Pots

This year, the team from the paediatric ME and Cystic Fibrosis team at Seaside View Child Development Centre, asked us to help them put on some pottery painting sessions for the children they support.

This group often miss a lot of school, impacting their social connections and relationships. So, the team wanted to give them a chance to enjoy a creative activity, away from hospital, with other people of the same age and diagnosis. Their aim was to promote new friendships and connections along with supporting their wellbeing.



"This funding really helps provide that extra level of support; the opportunity for our young people to join up with others with the same diagnosis can help reduce the stigma they might feel, giving them a chance to talk to others who understand what they're going through, and have a chance to relax and have fun without having to worry about their health."

"The young people and families gave some great feedback, and we saw some amazing painting skills!"

Julia Krikman
Senior Specialist Occupational Therapist.

This year we launched our new Wellbeing Service.

This service, the first of its kind in the southeast, aims to support patients' wellbeing as part of their overall health journey.

Going through a painful medical procedure, spending a long time in hospital, or learning how to manage the impact of a long-term health diagnosis can be really difficult for a child or young person, not just on their physical health but also their mental health and wellbeing.

Based at the Royal Alexandra Children's Hospital, the service provides a wide range of support throughout the hospital and beyond to really address the issues that young people face during treatment.

This includes:

- **Activities and workshops in the hospital** – things like art and creative workshops, book readings, wellbeing worksheet activities, movie nights and pampering sessions.
- **Activities in the community** – such as woodland wellbeing sessions, sea swimming courses, fun social activities and yoga courses.
- **Parent and carer support** – offering support sessions, free food and care packs.
- **Staff support** – regular staff wellbeing days with massage sessions and free lunch.

“Wellbeing projects play a crucial role in fostering a sense of normality for our hospitalised children. By engaging in fun and interactive activities, they are able to regain a sense of control over their lives, despite the impact of their underlying illness.”

Dr Oli Rahman
Consultant Paediatrician and Rockinghorse Chair of Trustees

Wellbeing Rocks!



Our wellbeing manager Jess Linton, a registered art therapist with more than 20 years' experience working with children and young people, has a wealth of knowledge and the skills to understand how best to deliver a specialist service like this.

Jess works alongside staff at Royal Alexandra Children's Hospital to ensure the activities being offered fit alongside the medical support being provided. She also meets with community services to plan additional support and engages with young people to make sure we're listening to what's right for them.

“Being able to offer this holistic service to children, families and staff at the hospital makes a huge difference to their lives. It helps them navigate their experiences of being in hospital, but also to recognise the impact that looking after mental health and wellbeing can have on many aspects of their lives, including managing challenging health conditions. It's been fantastic to work with children, families and staff on developing the wellbeing service.”

Jess Linton
Wellbeing Service Manager, Rockinghorse

Our strategy



In 2022, we launched our three-year strategy 'Better Together' aimed at improving our support for children, increasing the impact of our work and expanding the number of children and families we support.

Our strategy is our commitment to go above and beyond for babies, children and teenagers.



In our final year of this strategy, we have:

1. **Reach, Impact, Evidence & Access** – launched our new Wellbeing Service at the Royal Alexandra Children's Hospital, delivered and funded more projects supporting children and their families, continue to expand and improve our evaluation mechanisms, continued to expand our Children's Hospitals Charities Network and utilise data sources to inform project delivery.
2. **Engagement** – continued to expand our ambassador and events programme, expanded our digital engagement programme and expanded our consultation work with children and young people.
3. **Partnership** – forged closer relationships with our stakeholders in the community and within the NHS, expanded our advocacy and policy work to support more children and young people, and expanded our corporate volunteering programme to bring in more skills to the charity.
4. **Profile & Influence** – expanded our digital marketing and communication activities to raise money and awareness for the issues children and young people are facing, utilised our insights, consultation and data for project development and ensured we speak out on issues that are affecting children in Sussex.
5. **Finance** – developed new fundraising activities to ensure our community has fun and engaging ways to support our children's hospital, expanded our fundraising programme so that we can continue to deliver brilliant projects that support children and their families we they need it most.
6. **Resources** – reviewed our benefits and staff support programme, reviewed our office requirements and expanded our volunteering offer to bring in additional skills, experience, knowledge and capacity.



"I want to thank everyone who has been part of the past three years – my brilliant staff team, our committed Trustees, our incredible colleagues in the NHS, our dedicated volunteers and all of our wonderful supporters and donors."

Donna Holland, Chief Executive, Rockinghorse Children's Charity



The future

In March 2025 we launched our new five-year strategy 'For Every Child'.

In the next five years (2025–2030), Rockinghorse Children's Charity will pursue a bold strategy grounded in four pillars:



This new strategy will ramp up our ability to respond swiftly to needs across Sussex by strengthening our champion network, enhancing project design, leveraging digital tools, and using data more effectively. We will deepen connections with communities, families, supporters and health-care partners to build trust, visibility

and collaboration. Through this, we aim to save lives, support well-being, and transform the children's hospital, TMBU and children's wards and special care baby units all over Sussex. Our hospitals and our charity need to be resilient and fit for the future, so we can continue delivering vital support where it matters most.



"Together with our supporters, funders, partners, community, children and their families we will continue to put children and their families at the heart of our work and putting the charity at the heart of paediatric healthcare in Sussex."

Donna Holland, Chief Executive, Rockinghorse Children's Charity



THANK YOU!

Thank you

The team at Rockinghorse Children's Charity work incredibly hard all year to make sure we are doing all we can to support babies and children in our community. But we simply couldn't do what we do without the help of every single one of our wonderful supporters. Whether it's £1 dropped in a bucket, £10 on a raffle ticket or £10,000 from a local business, every single donation makes a difference.

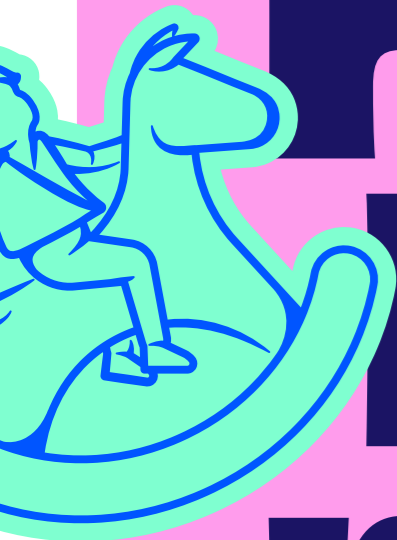
So, thank you for making our work possible.

THANK YOU!

THANK YOU!



**We
rock!
You
rock!
Lets
rock!**





Chair's message

As a Paediatric Consultant at the Royal Alexandra Children's Hospital for more than ten years, I've witnessed first-hand the growing challenges facing children's healthcare in Sussex. The number of children and young people needing hospital care continues to rise, and with it, the pressure on children's services. Yet, through all of this, I've also seen the extraordinary difference that Rockinghorse Children's Charity continues to make transforming experiences, improving care, and delivering hope to families when they need it most.

What makes Rockinghorse so special is its ability to act quickly and effectively, creating real and lasting change for children and young people across our region. As Chair of the charity, I'm immensely proud that our work supports everyone involved in a child's care journey: from babies, children and teenagers, to their families, friends, and the dedicated NHS staff who care for them every day.

In the past year, Rockinghorse has continued to go above and beyond. We've created welcoming, child-friendly hospital spaces that feel less clinical and more comforting. We've funded vital, life-saving equipment to ensure children receive faster, safer, and more effective treatment. We've supported additional specialist staff - from those supporting children with cancer to a youth worker in A&E helping young people experiencing mental health crises. We've backed pioneering research, including the world's first personalised asthma clinic, and launched a brand-new Wellbeing Service in the children's hospital that helps children and their families manage anxiety, understand their conditions, and recover more quickly.

None of this would be possible without the generosity and enthusiasm of our incredible supporters. To the incredible companies such as Trident, Sussex Signs, Higgidy Pies, the Grand Hotel, Brighton & Hove Buses, Churchill Square, JG and

JR Langridge, DMH Stallard, Galloways, Morgan Sindall, Search Seven, Acumen Law, Creative Pod, All Recycle, Paxton Access, Britton & Time and Platinum Media. To the amazing individuals, challenge event participants and community groups who do brilliant, brave and often unbelievable things to raise money for the children and families we support, such as Alex Harding, Gareth Woolven, Brett Mendoza, Hannah Standing, the Sussex Law Society and the Rotary Club of Cuckfield, Lindfield and Haywards Heath. Thanks to the many Trusts and Foundations who support our big projects like the Openwork Foundation, Ashfield Trust, Property Race Day and the Cullum Family Trust. And to all those we can't name - you all are part of the work we do. Thank you.

I also want to thank the Rockinghorse staff team, whose hard work and passion enable hospitals like mine to do so much more for children and families.

And finally, my thanks also go to my colleagues in the NHS for their tireless dedication, and to my fellow Trustees, who generously give their time, expertise, and support to help guide this wonderful charity.

To everyone who has contributed to our work this year - thank you. You are the reason Rockinghorse continues to make such a lasting difference to children's lives across Sussex.

Rockinghorse Children's Charity

Trustees' Report

Dr Oli Rahman

Consultant Paediatrician and Lead for the Paediatric Critical Care Unit at The Royal Alexandra Children's Hospital, Brighton. Chair of Rockinghorse Children's Charity.

Trustees' annual report

Objectives

At Rockinghorse Children's Charity our vision is for a world where children are healthy and happy. While we work towards this world, we will continue to fund projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond.

We do this by funding and delivering projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS.

We fund cutting edge equipment and facilities, support medical staff, innovative research and pioneering treatments, that make a difference to patients and their loved ones. We support

developments that go above and beyond what the NHS can provide at present. We can confirm that we have complied with the duty in section 17 (5) of the Charities Act 2011 to have due regard to the guidance published by the Charities Commission on public benefit when reviewing the Charity's main aims and objectives, and in planning future activities and setting grant making policy for the year.

Structure, Governance and Management

Constitution

The Charity was originally founded in 1967. The company was incorporated on 17 February 1993 and is governed by its Memorandum and Articles of Association dated 29 January 1993.

Grant Making Policy

Working in partnership with our local hospitals, respite centres and specialist services, we fund projects which focus on improving children's physical and emotional wellbeing, while providing additional support services for parents and carers.

The projects we deliver all fit into one of six categories:

- Toys – Toys help to pass the time, distract from a painful procedure or help with diagnosis.
- Equipment – From large bits of life saving medical kit to smaller equipment to help with everyday care.
- Spaces – Revamping or creating new environments and spaces in hospitals.
- Research – Cutting edge research to help move children's healthcare into the future.
- Activities – Services and activities to help children and young people manage and understand their condition.
- People – Additional staff to help support patients and families get the best possible care.

Code of Ethics

Rockinghorse upholds the highest standards of integrity, transparency, and accountability. We conduct our work with honesty and openness, treating all individuals with respect and fostering an inclusive environment. We are transparent in our decision-making, accountable to our stakeholders, and committed to continuous improvement and innovation. We respect confidentiality and privacy, complying with all relevant laws. We avoid conflicts of interest and ensure personal interests do not interfere with our mission.

We uphold ethical standards in fundraising and manage our resources responsibly to further our mission. We are committed to social responsibility and environmental stewardship. We encourage

the reporting of unethical behaviour, providing a safe mechanism for whistleblowers. Our commitment to these principles ensures we achieve our goals with integrity and maintain the trust of our stakeholders.

Organisational Structure

The Board of Directors consists of nine Trustees and chaired by Oli Rahman, who was elected in November 2022.

Every member of the Board, including the Chair, is elected for three years and stands for re-election at the next Annual General Meeting.

New Trustees are nominated by existing Trustees and selected by majority vote.

All new Trustees are inducted which includes a meeting with the Chair, a meeting with the Chief Executive, a tour of the Royal Alexandra Hospital as well as completion of Companies House and Charity Commission documentation.

During the year we welcomed Penina Shepherd and Liz Beck as new Rockinghorse Trustees.

The Trustees have delegated the day-to-day management to the senior management team who report on the performance against budget, which are approved each year by the Trustees.

All Trustees give their time freely and no remuneration was paid in the year.

The Board meets at least six times a year and this is supplemented by two additional meetings for three new sub-committees:

HR & Operations Subcommittee

The overall remit of the Subcommittee is to oversee all aspects of policy and procedure for the charity and to advise, guide and support the charity in any aspect of operations relating to operations and governance.

Finance, Audit & Risk Subcommittee

The overall remit of the Subcommittee is to ensure the integrity of Rockinghorse Children's Charity's Annual Report & Financial Statements, to oversee risk within the organisation and oversee the relationship with external auditors.

Fundraising & Engagement Subcommittee

The overall remit of the Subcommittee is to support and expand the work of fundraising, income generation, events, engagement, marketing and communications undertaken by the charity.



Royal Patron

We are delighted to continue to receive invaluable support from our Royal Patron, HRH Princess Alexandra.

Remuneration for charities key personnel

The HR & Operations Subcommittee review, approve and make a recommendation to the Board of any annual inflationary pay or changes to the financial and non-finance remuneration for all staff.

How we measure success

The Charity sets an annual budget, balancing ambition and reality for all our income and expenditure. Trustees and senior management then monitor this through the year and in comparison to previous years. Monthly management accounts and updates on fundraising activities and our projects are presented at each Board meeting.

The Charity ensures that fundraising and other income generating activities are well planned to provide a good return on investment and growth for the future to enable us to fund and deliver more projects for children and their families.

We take care to ensure that we use our resources in a way that has the maximum impact, focusing on priority areas led by doctors, nurses, children and their families. We actively seek feedback on the projects we fund and deliver to understand the impact our support has had on our young patients and staff, to ensure that we are delivering on our mission.

Financial Review

We would like to express our heartfelt thanks to every trust, company, community group, event participant, individual, and volunteer who supported us during the year.

Rockinghorse receives no statutory funding, and we see minimal income from legacies. Consequently, our fundraising relies heavily on individual donors, corporates, and events, resulting in a higher associated cost/income ratio than other types of fundraising.

During the financial year, Rockinghorse raised a total of £1,298,917 (2024: £1,025,249), marking a 26.7% increase over the previous year.

Costs, excluding grants, increased by 2.7% to £662,198 (2024: £644,382). This rise is attributed to increased staff and support costs.

For 2024/2025, the total spend on projects was £772,663 (2024: £733,835), with £458,870 (2024: £400,710) on Service Delivery and £313,793 (2024: £333,125) of Grant Spend.

Trusts and Foundations

We successfully received funds from 41 trust applications, generating £315,906 of income (2024: £177,663), a 78% increase.

Challenge Events

Challenge event income remained consistent at £95,288 (2024: £96,641).

Corporate Support

Local businesses remain a vital component of our fundraising efforts, representing our largest source of income. Through donations, beneficiary events, and employee-led fundraising activities, our corporate partners collectively contributed £160,593 during the year (2024: £106,458), an increase of 50.9%.

Individual Support

We are grateful for our loyal and new regular givers and those who supported us through special occasion giving, such as birthdays and weddings. We also appreciate all the in-memory donations received during the year. In total individual fundraisers generated £40,837 (2024: £54,328, a 24.8% decrease).

Community Support

We are thankful to the community groups, schools, religious groups, and supermarkets that collectively raised £67,253 (2024: £92,054, a 26.9% decrease).

Events

Event income for the year totalled £5,959 (2024: £169,812), representing a significant decrease, primarily due to the reduced number of fundraising events held compared with the prior year.

Legacies

Legacy income is not ordinarily a material source of revenue for the charity; however, £354,188 was received during the year (2024: £115,376), representing an increase of 207%.

Gifts in Kind

We received £28,382 worth of gifts in kind (2024: £92,290, a 69.3% decrease).

Services in Kind

During the year, the organisation received services in kind valued at £74,157 (2024: £75,820), representing a decrease of 2.2%.

Key Risks and Uncertainties

The Charity maintains a robust risk management process with a regularly updated risk register. The CEO assesses risks for severity and likelihood, with mitigating actions identified to minimise their impact. These risks and progress on mitigating actions are reviewed regularly by the Trustees.

The principal risk to the Charity is the rising cost of living and general economic uncertainty. Meeting our income targets is crucial for continuing our charitable activities. Economic challenges may impact our ability to meet these targets.

Our strategy to mitigate this risk focuses on diversifying income streams, investing in fundraising capacity and digital platforms, and minimising costs while maximising efficiencies.

Reserves Policy

Restricted Funds are those subject to specific trusts specified by the donor and can only be used for the purposes for which they were given. At the year-end, restricted reserves total £334,018.

Designated Funds are unrestricted funds that are available for the general purposes of the charity but have been earmarked by the trustees for projects or commitments. At the year-end, total commitments are £694,884, with £179,421 held in restricted reserves and the remaining £515,463 in designated reserves.

Unrestricted Funds stand at £282,501. These funds are not subject to any specific donor-imposed restrictions and can be utilised at the discretion of the trustees for any of the charity's general purposes.

The trustees have established a reserves policy to honour our commitments and deliver our strategy while protecting the continuity of our work in the event of a shortfall in income.

The charity aims to hold un-designated reserves sufficient to cover six months of operational costs, with an aspiration to hold more when it does not impact immediate funding requirements.

Based on this policy, the estimated requirement for six months of operational expenditure, including wages and core running costs, is £267,690.

At the year-end, unrestricted reserves have met this target, which we aim to maintain in the coming year.

The charity's reserves policy is reviewed annually to ensure it is fit for purpose, up-to-date, and reflects legislative requirements.

Going Concern

The Trustees believe that the Charity's reserve levels, strong cash holdings, and disciplined budgeting ensure the immediate future of the Charity over the next 12 to 18 months is secure, affirming that the Charity is a going concern.

Investment Policy

In line with a limited risk appetite, reserves are currently held in cash due to a volatile and unpredictable investment market. The board will continue to review this position as appropriate, based on expert advice.

Plans for future

At Rockinghorse our vision is for a world where children are healthy and happy. In the final year of our strategy, we continued to work towards this world – committed to delivering and funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond.

In March 2025 we launched our new strategy 2025–2030 (For Every Child) which aims to ensure the children's hospital and TMBU in Brighton and children's wards all over Sussex can support every child and family that visits. Together with our supporters, funders, partners, community, children and their families we will continue to put children and their families at the heart of our work and putting the charity at the heart of paediatric healthcare in Sussex.

Statement of Trustees' responsibilities

The trustees (who are also the directors of Rockinghorse Children's Charity for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditors

The auditors, Chariot House Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the Board of Trustees, as the company directors, on 26 November 2025 and signed on the board's behalf by:



Dr Oli Rahman
Chair of Trustees

Reference And Administrative Details

Name of Charity:	Rockinghorse Children's Charity
Charity Registration No:	1018759
Company No:	2791054
Registered Office/Address:	13 Prince Albert Street Brighton East Sussex BN1 1HE
Royal Patron:	HRH Princess Alexandra
Trustees/Directors:	Andrew Mosley (Resigned 4 November 2025) Barry Carden Dr Oli Rahman (Chair) Dr Ryan Watkins Gavin Willis Liz Beck (Appointed 29 July 2025) Lynne Mould Penina Sheppard (Appointed 31 July 2024) Rose Read (resigned 31 July 2024) Sam Thomas (Resigned 24 September 2024) Scott Marshall
Chief Executive and Company Secretary:	Donna Holland
Bankers:	Metro Bank 82 North Street Brighton BN1 1ZA
Independent Auditors:	Chariot House Limited 44 Grand Parade Brighton East Sussex BN2 9QA
Legal Advisors:	Acumen Business Law Regent House Hove Street Hove BN3 2DW



Independent auditor's report to the members of Rockinghorse Children's Charity.

Opinion

We have audited the financial statements of Rockinghorse Children's Charity (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Rockinghorse Children's Charity

Auditor's Report

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Report of the Trustees and from the requirement to prepare a Strategic Report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We gained an understanding of the legal and regulatory framework applicable to the charitable company and the sector in which it operates, and considered the risk of acts by the charitable company that were contrary to applicable laws and regulations, including fraud.
- We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.
- We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Companies Act 2006, Charities Act 2011 and UK tax legislation.

- Our tests included agreeing the financial statement disclosures to underlying supporting documentation, enquiries with management and enquiries of legal counsel when considered necessary.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it.

We did not identify any key audit matters relating to irregularities, including fraud. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of management bias by the trustees that represented a risk of material misstatement due to fraud.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

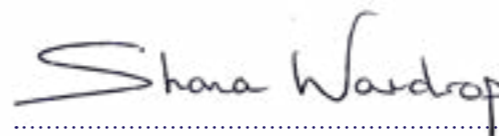
Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Shona Wardrop CA
for and on behalf of Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 26 November 2025





Rockinghorse Children's Charity

Financial Statements

Statement Of Financial Activities

for the year ended 31 March 2025

	Note	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2025	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2024
		£	£		£	£	£		£
INCOME FROM:									
Donations and legacies		855,257	31,383	-	886,640	704,213	45,743	-	749,956
Investment income	2	3,118	-	-	3,118	2,985	-	-	2,985
Other income	4	93,254	-	-	93,254	94,644	-	-	94,644
Charitable activities	3	34,190	281,716	-	315,906	30,764	146,899	-	177,663
TOTAL		985,819	313,099		1,298,917	832,606	192,642	-	1,025,248
EXPENDITURE ON:									
Raising funds	5	240,400	-	-	240,400	288,607	-	-	288,607
Charitable activities	6	559,675	175,916	-	735,591	466,935	174,514	47,452	688,901
TOTAL		800,075	175,916	-	975,991	755,542	174,514	47,452	977,508
NET INCOME BEFORE TRANSFERS	15	185,743	137,183	-	322,926	77,064	18,128	(47,452)	47,740
TRANSFERS		(142,291)	(1,685)	143,975	-	(161,100)	(1,487)	162,587	-
NET INCOME		43,453	135,498	143,975	322,926	(84,036)	16,641	115,135	47,740
Fund balances brought forward at 31 March 2024	15	239,048	198,520	371,487	809,055	323,084	181,879	256,352	761,315
Fund balances carried forward at 31 March 2025	15	282,501	334,018	515,463	1,131,982	239,048	198,520	371,487	809,055

The statement of financial activities incorporates the income and expenditure account, the results for the year derive from continuing activities and there are no gains or losses other than those shown above.

The notes of pages 84 to 93 form part of these Accounts.

Balance Sheet

for the year ended 31 March 2025

	Note	2025		2024	
		£	£	£	£
Fixed Assets					
Tangible fixed assets	11		4,625		1,749
			4,625		1,749
Current Assets					
Debtors	12	388,134		136,047	
Cash at bank and in hand		824,881		752,314	
		1,213,015		888,361	
Creditors: Amounts falling due within on year					
	13	(85,658)		(81,055)	
		(85,658)		(81,055)	
Net Current Assets					
			1,127,358		807,306
Net Assets					
			1,131,982		809,055
Funds					
Unrestricted funds	15		282,501		239,048
Restricted funds	15		334,018		198,520
Designated funds	16		515,463		371,487
			1,131,982		809,055

These financial statements were approved by the Trustees on 26 November 2025 and signed on their behalf by:



Dr Oli Rahman
Chair of Trustees

The notes of pages 84 to 93 form part of these Accounts.

Statement Of Cash Flow

for the year ended 31 March 2025

	2025		2024	
	£	£	£	£
Reconciliation of net movement in funds to net cash flows from operating activities				
Net movement in funds	322,927		47,740	
Depreciation	3,241		1,738	
(Increase)/decrease in debtors	(252,087)		(55,694)	
Increase/(decrease) in creditors	4,603		5,966	
Net cash outflow from operating activities				
		78,684		(250)
Capital expenditure				
Purchase of tangible fixed asset		(6,117)		(1,641)
Net cash outflow from capital expenditure				
		(6,117)		(1,641)
Increase/(decrease) in cash in the year				
		72,567		(1,891)
Reconciliation of net cash flow to movement in net cash funds				
Net funds at beginning of the year		752,314		754,205
Change in net funds during the year		72,567		(1,891)
Net funds at the end of the year				
		824,881		752,314

The notes of pages 84 to 93 form part of these Accounts.

1. ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements.

(a) Basis of Preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS102), the Companies Act 2006, the Charities Act 2011 and applicable UK accounting standards, including Financial Reporting Standard 102 (FRS 102).

The Charity meets the definition of a public benefit entity under FRS102.

(b) Going concern

The accounts are prepared on a going concern basis after consideration by the trustees that there are no material uncertainties about the Charity's ability to continue as a going concern. Such consideration includes a review of committed income and expenditures, cash flows and reserves. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustments to the carrying amount of assets and liabilities within the next reporting period.

(c) Funds Accounting

The Charity has various types of funds for which it is responsible and which require separate disclosure:

Restricted Funds

These are funds, which are subject to special trusts specified by the donor. They can only be used for the purposes for which they are given.

Unrestricted Funds

These are funds available for the purposes of the charity to be spent as the trustees sees fit within the stated objectives of the charity.

Designated Funds

These are unrestricted funds available for the general purposes of the organisation, but which the trustees have chosen to earmark for a particular purpose i.e where the charity has a project commitment.

(d) Incoming Resources

Donations - on the receipt of cash or under the terms of contract as appropriate, together with any income tax recoverable. Donations in the form of donated time have not been quantified as this is not possible and therefore are neither recorded as donated income nor as an expense in the financial statements. Donations in the form of goods are valued by the Trustees at the date of receipt and are included as income.

Legacies – recognised on a receivable basis when capable of financial measurement.

Grants receivable – on a receivable basis on notification.

Investment income – on a receivable basis, together with any income tax recoverable.

Gifts and services in kind – on a receivable basis. Their gross value is estimated to be the price it is estimated we would have to pay in the open market.

(e) Resources Expended

Resources expended are accounted for on an accruals basis.

(i) Allocation of overhead and support costs
Overhead and support costs have been allocated between costs of generating funds, charitable activities and governance. Costs which are not wholly attributable to an expenditure category have been apportioned. Where costs are shared by two or more charitable activities, for example support costs, these costs have been apportioned between categories on the basis of time spent by staff as a proportion and this is analysed in note 7.

(ii) Raising funds

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees (see note 5).

(iii) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure therefore include support costs and an apportionment of overheads, as shown in note 6.

(iv) Grants payable

Grants payable are payments made to third parties in the furtherance of the charitable objectives of Rockinghorse. Single or multi-year grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Charity.

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about the timing of the grant.

Hospital equipment purchased for the Royal Alexandra Children's Hospital and other NHS Trusts is donated outright to the hospital and is therefore accounted for as grants.

Rockinghorse receive proof of purchase and regular reports on the equipment.

(f) Capitalisation and depreciation of fixed assets
Tangible fixed assets are recorded at cost. Depreciation is calculated on a straight line basis at rates appropriate to write off the costs of the assets over their expected useful economic lives as follows:

Leasehold Improvements – 3 years

Other equipment – 3 years

Furniture / Fixtures – 3 years

It is the Charity's policy that items below £500 are not capitalised and are instead expensed in the year of purchase.

The charity regularly carries out impairment reviews of fixed assets.

(g) Commitments

Commitments which are legally binding are included as liabilities.

(h) Research expenditure

Research expenditure is written off in the year it is incurred.

(i) Operating leases

Rentals payable under operating leases are charged on a straight-line basis over the term of the lease.

(j) Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

(k) Defined contribution plan

The charity operates a defined contribution pension scheme. Contributions payable to the charities pension scheme are charged to the

Statement of Financial Activities in the period to which they relate. The contributions are apportioned to relevant activities based upon the proportion of time spent on that activity by the employee to which they relate.

(l) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognized at transaction value and subsequently measured at amortised cost.

(m) Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the charity is required to make judgments, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors considered to be relevant. Actual results may differ from these estimates.

There are no estimates and assumptions that are considered to have a significant risk of causing a material adjustments to the financial statements in a future period.

2. INVESTMENT INCOME	2025	2024
	£	£
Interest income	3,118	2,985
Total	3,118	2,985

3. GRANTS RECEIVED (RESTRICTED)	2025	2024
	£	£
Chichester District Council	-	3,400
Coral Samuel Charitable trust	2,000	-
David Solomons Charitable Trust	-	750
Hedley Foundation	2,500	-
Little Lives UK	-	23,080
M&G plc Community Fund	4,700	-
Mid Sussex District Council	2,000	-
Property Race Day	37,595	450
Spirent Communications Plc	-	2,000
The Advanta Foundation	2,000	-
The Alchemy Foundation	-	1,000
The Boshier-Hinton Foundation	2,000	-
The Buckland Charitable Trust	1,000	-
The Chalk Cliff Trust	5,000	5,000
The Childwick Trust	-	2,500
The Cullum Family Trust	102,917	11,166
The David Hunt Foundation	-	5,000
The Dixie Rose Findlay Charitable Trust	-	2,625
The D O'yly Carte Charitable Trust	3,500	-
The EF & MG Hall Charitable Trust	1,000	1,000
The Ernest Kleinwort Charitable Trust	-	8,000
The Gatwick Airport Community Trust	1,800	2,000
The Geoff & Fiona Squire Foundation	5,000	-

	2025	2024
	£	£
The Homity Trust	1,000	-
The Hospital Saturday Fund	-	2,000
The Ian Askew Charitable Trust	500	500
The Margaret Gladys Grimes Charitable Trust	-	3,000
The Michael & Shirley Hunt Charitable Trust	1,000	1,000
The Morrisons Foundation	-	4,830
The National Foundation for Youth Music	32,516	44,411
The Openwork Foundation	15,000	-
The PE Lennard Charitable Trust	20,000	-
The RIX-Thompson-Rothernberg Foundation	2,000	-
The Sandra Charitable Trust	3,000	-
The Shanly Foundation	-	2,200
The Sir Bernard and Lady Schreier Foundation	-	1,000
The Sussex Community Foundation	15,000	5,000
The Sussex Masonic Charitable Foundation	5,864	4,463
The Tallulah Lewis Foundation	-	2,500
The Three Oaks Trust	5,000	5,000
The TK Maxx and Homesense Foundation	-	500
The Toy Trust	-	2,524
The Truemark Trust	4,000	-
The Webb Family Charitable Trust	2,000	-
Weddell Charitable Trust	1,823	-
Total	281,716	146,899

GRANTS RECEIVED (UNRESTRICTED)	2025	2024
	£	£
The Ada Oliver Charitable Trust	-	300
Alchemy Foundation	1,000	-
Arnold Clarke Community Fund	1,000	-
CS Rowbotham Charitable Trust	1,000	-
Movement for Good Causes	5,000	-
Mrs A. Lacy-Tate Trust	1,250	500
The Ashfield Trust	20,000	20,000
The Buckland Charitable Trust	200	1,000
The Charlotte Marshall Trust	490	452
The Christopher Rowbotham Trust	-	1,000
The EF & MG Hall Charitable Trust	1,000	1,000
The EHP White Charitable Trust	-	670
The Ernest Kleinwort Charitable Trust	-	4,883
The Fitton Trust	-	300
The Hogarth Charitable Trust	-	209
The JC Robinson Trust No. 3	500	-
The Miss Pannett Charitable Trust	250	250
The Orr Mackintosh Foundation	2,500	-
The RS Brownless Charitable Trust	-	200
Total	34,190	30,764

TOTAL GRANTS RECEIVED

	315,906	177,663
--	----------------	----------------

4. OTHER INCOME

	2025	2024
	£	£
Rental income	19,000	19,000
Other Income	197	-
Services in Kind	74,057	75,644
Total	93,254	94,644

5. EXPENDITURE ON RAISING FUNDS	Unrestricted Funds	Restricted Funds	Designated Funds	2025	2024
	£	£	£	£	£
Staff salaries	95,152	-	-	95,152	86,893
Support cost allocation (see note 7)	21,671	-	-	21,671	16,033
Direct costs	123,577	-	-	123,577	185,681
Total	240,400	-	-	240,400	288,607

6. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Designated Funds	2025	2024
	£	£	£	£	£
Staff salaries	337,933	-	-	337,933	294,784
Support cost allocation (see note 7)	76,964	-	-	76,964	54,393
Audit fees	6,900	-	-	6,900	6,600
Grants paid (see below)	137,877	175,916	-	313,793	333,124
Total	559,675	175,916	-	735,591	688,901

GRANTS PAYABLE TO INSTITUTIONS

	2025	2024
	£	£
Royal Alexandra Children's Hospital	260,258	152,805
TMBU & SCBU	13,942	17,759
Chalkhill - activities programme	-	32,317
Other	39,593	130,243
Total	313,793	333,124

7. ALLOCATION OF SUPPORT COSTS

	Raising Funds	Charitable Activities	2025	2024
	£	£	£	£
Rent	3,736	13,268	17,004	17,000
Heat, light, water, maintenance	2,214	7,863	10,077	8,047
Administration	7,543	26,789	34,332	13,910
Travel	1,119	3,976	5,095	4,094
Communication	1,411	5,011	6,421	5,803
Legal & other fees	5,648	20,059	25,707	21,572
Total	21,671	76,964	98,635	70,426

8. AUDITOR'S REMUNERATION

	2025	2024
	£	£
Fees payable to the charity's auditors for the audit of the charity's financial statements	6,900	6,600

9. REMUNERATION OF TRUSTEES AND TRUSTEES' EXPENSES REIMBURSED

No trustees, or connected persons, received any remuneration during the year. No payments were made to any pension schemes in respect

10. STAFF NUMBERS AND COSTS

The average number of persons employed by the company during the year was 10 (2024: 9). The aggregate payroll costs were:

	2025	2024
	£	£
Wages and salaries	383,783	338,503
Social security costs	35,421	29,811
Pension	13,882	13,363
Total	433,086	381,677

The number of employees whose employee benefits (excluding pension costs) exceeded £60,000 was:

	2025	2024
	£	£
£70,000 - £80,000	1	1

Total remuneration of key management personnel in the year was £147,983 (2024: £141,783).

The Charity remains grateful for the work of its volunteers. The role and scope of work undertaken varies and the time donated by volunteers is not recognised in the financial statements as this cannot be reliably or consistently valued.

11. FIXED ASSETS

	Office Equipment
	£
Costs	
At 01.04.2024 brought forward	13,397
Additions	6,117
At 31.03.2025	19,513
Depreciation	
At 01.04.2024 brought forward	11,648
Charge for year	3,241
At 31.03.2025	14,889
Written Down Values	
At 31.03.2025	4,625
At 31.03.2024	1,749

12. DEBTORS: AMOUNT FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Prepayments	17,041	17,009
Other debtors	371,093	119,038
Total	388,134	136,047

13. CREDITORS: AMOUNT FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade Creditors	3,699	3,824
Social Security and other taxes	8,945	9,889
Accruals and Deferred Income	73,014	67,342
Total	85,658	81,055

14. OPERATING LEASE COMMITMENTS

	Premises 2025	Other 2025	Premises 2024	Other 2024
	£	£	£	£
The Charity holds the following leases over their premises:				
Within one year	17,000	779	17,000	850
Between two and five years	2,125	-	19,125	425
Total	19,125	779	36,125	1,275

15. MOVEMENT OF FUNDS

	Unrestricted Funds	Restricted Funds	Designated Funds	Total
	£	£	£	£
At 1 April 2024	239,048	198,520	371,487	809,055
Movement in funds in the year	43,453	135,498	143,975	322,927
At 31 March 2025	282,501	334,018	515,463	1,131,982

UNRESTRICTED FUNDS

	Balance bf 1 April 2024	Income	Expenditure	Transfer from / (to) unrestricted	Transfer from / (to) designated	Balance cf 31 March 2025
	£	£	£	£	£	£
Total	239,048	985,819	(800,075)	1,685	(143,975)	282,501

Unrestricted reserves are not subject to specific donor-imposed restrictions.

RESTRICTED FUNDS	Balance bf 1 April 2024	Income	Expenditure	Transfer from / (to) unrestricted	Balance cf 31 March 2025
	£	£	£	£	£
Royal Alexandra Children's Hospital	147,141	257,433	(119,611)	(254)	284,709
TMBU & SCBU	47,754	3,175	(13,409)	(1,900)	35,620
Chalkhill - activities programme	2	2,555	-	-	2,557
Other	3,624	49,935	(42,896)	469	11,133
Total	198,520	313,099	(175,916)	(1,685)	334,018

Restricted funds are funds which are earmarked by the donor for a specific centre, department or project and have been summarised by centre supported. A transfer of £1,685 has been made from restricted reserves, reflecting the completion of projects that resulted in a minor surplus of restricted funds.

DESIGNATED FUNDS	Balance bf 1 April 2024	(Payments) made during the period £	Transfer from / (to) unrestricted	Balance cf 31 March 2025
	£	£	£	£
Royal Alexandra Children's Hospital	354,266	-	109,905	464,171
TMBU & SCBU	-	-	98	98
Chalkhill - activities programme	-	-	-	-
Other	17,221	-	33,972	51,193
Total	371,487	0	143,975	515,463

Designated funds are unrestricted funds available for the general purposes of the organisation, but which the trustees have chosen to earmark for a particular purpose i.e where the charity has a project commitment. At year end there are total commitments of £694,884. Of this £179,421 is held in restricted reserves, with the balance of £515,463 being held as designated reserves.

ANALYSIS OF NET ASSETS BETWEEN FUNDS	Unrestricted funds	Restricted funds	Designated funds	Total
	£	£	£	£
Fund balances at 31st March 2025 are represented by:				
- Tangible fixed assets	4,625	-	-	4,625
- Current assets	363,534	334,018	515,463	1,213,015
- Creditors: falling due within one year	(85,658)	-	-	(85,658)
At 31st March 2025	282,501	334,018	515,463	1,131,982

16. SHARE CAPITAL

The company has no share capital. The liability guaranteed by each member is £10. The authorised membership of the company is 15. At 31 March 2025 the membership was 8 (2024: 9)

Andrew Mosley		
Barry Carden		
Dr Oli Rahman (Chair)		
Dr Ryan Watkins		
Gavin Willis		
Lynne Mould		
Penina Shepard	Appointed	31/07/2024
Rose Read	Resigned	31/07/2024
Sam Thomas	Resigned	24/09/2024
Scott Marshall		

17. RELATED PARTY TRANSACTIONS

Three Trustees are employed by The University Hospitals Sussex NHS Trust. In compliance with the conflicts of interest policy, although these Trustees have influence over grants awarded to their department, Trustee decisions for all grants are made by majority votes.

During the year a total of £13,673 was received in donations and donated services from two businesses connected to two trustees. £1,900 was paid to a business owned by a trustee for legal services.



The Rockinghorse Team

Alex Marshall

Head of Marketing and Communications

Amanda Hetherington

Head of Partnerships

Donna Holland

Chief Executive

Emma Henderson

Supporter Engagement Manager

Fran Masey-O'Neill

Projects Manager

Jess Linton

Wellbeing Service Manager

Laura Curtis

Fundraising Manager

Nicki King

Head of Finance and Operations

Rachel Roseblade

Philanthropy Manager

Sharon Gearing

Head of Philanthropy and Development

Steph Hague-Evans

Volunteer Coordinator





 **01273 330044**

 **hello@rockinghorse.org.uk**

 **www.rockinghorse.org.uk**



ROCKINGHORSE CHILDREN'S CHARITY

England & Wales - Charity number 1018759

Accounts



**Rockinghorse
Children's Charity**

Annual Review 2024



Annual Report and Financial Statements 2023–24



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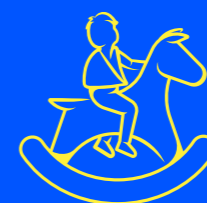
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Our Vision



**Is a world
where
children
are healthy
and happy.**



Our Mission



We aim to fulfil our vision by funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS.

We work in partnership with the UHSussex NHS Trust and other local charities to fund projects, programmes and people as well as helping young patients and their families.

We fund cutting-edge equipment and facilities, support medical staff, and back innovative research and pioneering treatments that make a difference to patients and their loved ones.

We support developments that go above and beyond what the NHS can provide at present.



ROCKINGHORSE





Where we work

Whilst Rockinghorse is the official fundraising arm of the Royal Alexandra Children's Hospital in Brighton, we also support a range of paediatric healthcare and project settings throughout Sussex.

Along with supporting the Trevor Mann Baby Unit (TMBU) in Brighton and the Special Care Baby Unit (SCBU) in the Princess Royal Hospital in Haywards Heath, we also support paediatric wards, specialist neonatal units, respite centres and children's services across the whole county of Sussex.

- 1** Royal Alexandra Children's Hospital, Brighton
- 2** Trevor Mann Baby Unit, Brighton
- 3** Princess Royal Hospital, Haywards Heath
- 4** Special Care Baby Unit, Haywards Heath
- 5** Chalkhill, Haywards Heath
- 6** Crawley Hospital
- 7** Worthing Hospital, Bluefin Ward
- 8** St Richard's Hospital, Chichester
- 9** Eastbourne Hospital
- 10** Drove Road & Tudor House Children's Respite Centres

This year's highlights



Rockinghorse Comedy Night

In February, we hosted the first ever Rockinghorse Comedy Night at the Theatre Royal in Brighton. We were absolutely thrilled that the wonderful Brighton-based comedian Joe Wilkinson gave us his time for free and blown

away by the cast of other stella comedians he managed to arrange, all of whom gave up their time to support us. The packed-out theatre audience were really treated to a wonderful night of top-class comedy.



National Award Winner

Our Youth Worker service, based within the Emergency Department at the Royal Alex, was fortunate to win the Safeguarding category in the national Children and Young People Now Awards in November. Working in partnership with the Trust for Developing

Communities, this service has had an enormous impact within our local community and as the gold standard for anyone working with children and young people and it was such an honour to receive this award.



ROCKS



ROCKSi

Rave On

Another first for Rockinghorse this year was our Rockinghorse Rave. Taking place during the Brighton Fringe Festival in May at the magical Cravanserai big top, ravers enjoyed DJ sets from some great names including

Mango Django, Brandon Block and the legendary Judge Jules. The evening was great fun with the crowd being royally entertained and really enjoying every single set.

Community Wills

Many charities rely on gifts left in people's wills to help them fundraise into the future, but for small charities it can be difficult to know how best to do this.

But this year we were thrilled to become part of a new will writing

partnership, Community Wills Sussex, set up by Britton and Time Solicitors. The organisation offers a free will writing service twice a year in exchange for leaving a legacy in their will to one of five local Sussex charities, including Rockinghorse.



COMMUNITY
WILLS
SUSSEX

Message from our CEO

The past year has been tough for so many. We've seen the impact of the cost-of-living crisis on patients, their families and the incredible staff team at the hospital. We've seen more and more children and families coming to the hospital and needing the care and support of our services. We've seen the impact of inflation on the cost of what we do – life-saving equipment getting more expensive and project costs increasing across the board whilst the cost of fundraising increases, as people and companies find it harder to spare their cash to support great causes. We aren't alone in this struggle. It's tough out there at the moment.

But thanks to the incredible kindness and generosity of our community and those who want to make sure our children get the best possible care when they are unwell, and the sheer determination, hard work and passion of our team we've raised more than a million pounds for children and young people across Sussex. With that, we continue to deliver ground-breaking and life-saving services

and give grants for projects in children's hospitals, wards and baby units all over Sussex.

We provide lifesaving medical equipment, toys and play resources, environments and spaces that help children feel more at home when they are in hospital, ground-breaking research in paediatric medicine and additional staff to ensure kids get the best possible care. This year we have delivered and funded an incredible 76 projects and supported more than 185,000 children.

The work we do saves lives – we are here for the children with cancer, the babies who can't breathe and for the teenagers facing suicide.

We work alongside doctors, nurses and other healthcare professionals working in children's wards and baby units across Sussex to develop and deliver projects and services that address the issues children in Sussex are facing.

I want to thank my team of staff and volunteers who worked so hard this year to deliver brilliant projects, programmes and



services for children and their families. I also want to thank all of the doctors, nurses and other healthcare professionals working all over Sussex. We are eternally grateful for the work you do, always honoured to work alongside you and will always support you in everything you do.

I also want to thank everyone who has supported us: the runners and jumpers, the walkers

and the trekkers, the bakers and makers, the companies and organisations who create events, donate and sponsor us, the Trusts and Foundations who fund us, the community groups who support us and everyone who comes to our events.

Thank you for enabling us to continue to change lives, improve lives and save lives. We couldn't do it without you.

Donna Holland
Chief Executive,
Rockinghorse
Children's Charity

What are children and young people experiencing

At Rockinghorse we work alongside doctors, nurses and other healthcare professionals working in children's wards and baby units across Sussex to develop and deliver projects and services that address the issues children in Sussex are facing. We are on the ground, at the coal face and there with children and their families as they face a difficult diagnosis, life-changing news and all of the tough stuff.



ROCKINGHORSE





1 in 5 children are currently experiencing some level of mental ill-health.



In Brighton rates of self-harm in those aged 10 to 24 are almost 50% higher than in the rest of England and are increasing.

Half of mental health conditions arise by the age of 14, and many start to develop in the first years of life.

Health and wellbeing is the biggest concern among young people in the UK.

5% of two to four-year olds struggle with anxiety, behavioural disorders and neurodevelopmental conditions, including ADHD.

Amongst 6 to 11 year-olds the most common hospital admission is for dental extraction due to poor diet.

The Royal Alexandra Children's Hospital Emergency Department (A&E) sees up to 130 children every day.

FORRS

Our impact

During the past year we have continued to grow the support that we offer, expanding the number of NHS Champions who help us identify the projects

that will make the most impact, supporting more children and families, and delivering even more services in local paediatric healthcare settings across Sussex.



"Rockinghorse aren't just a charity, they support people throughout the community. They support so many people in so many different places."

Siobhan, parent from Drove Road

71,393

Children treated in A&E across Sussex

185,000

Children directly supported

725

Premature babies cared for

290

Children with cancer cared for

16

Services supported

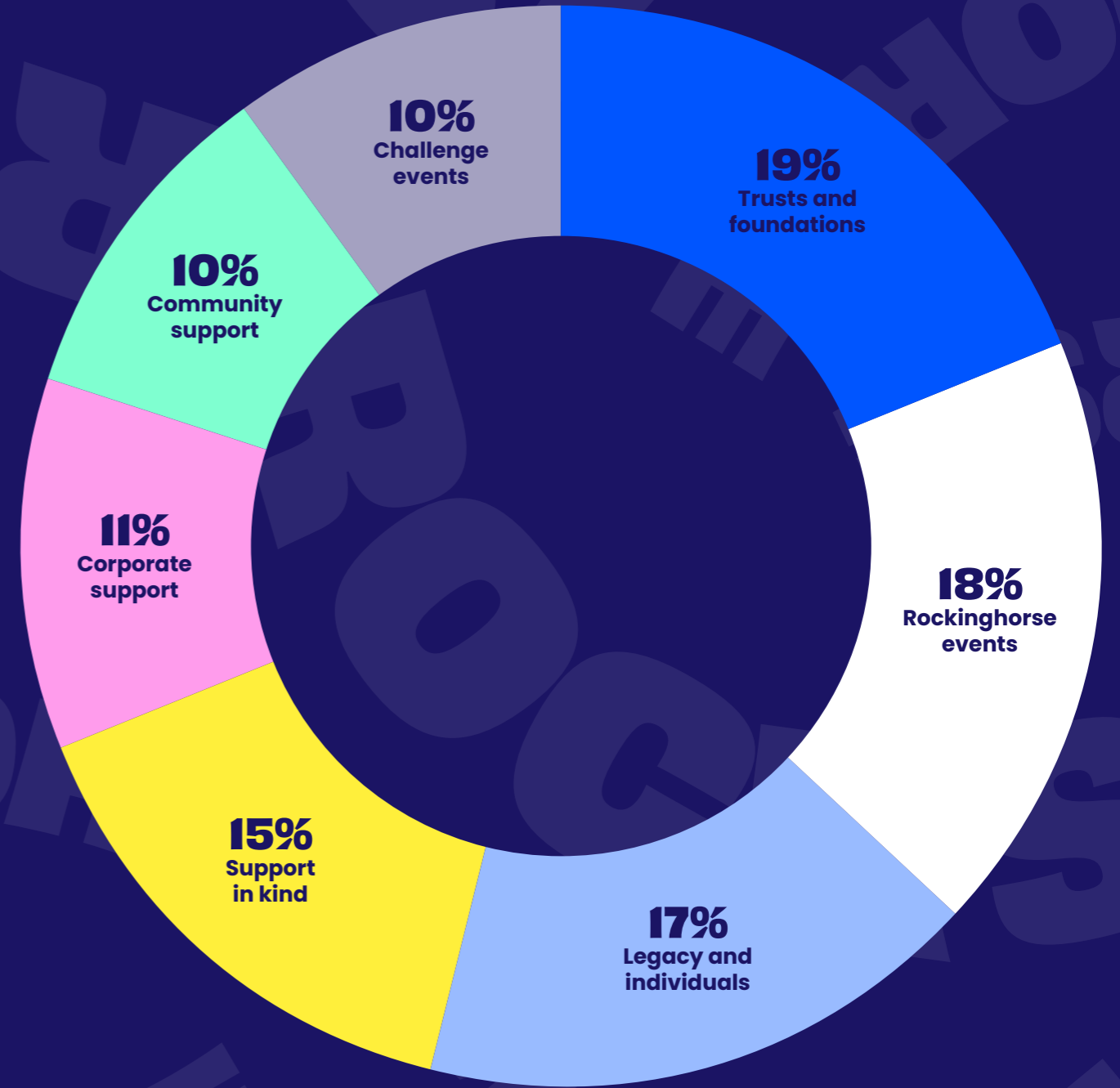
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NHS Champions

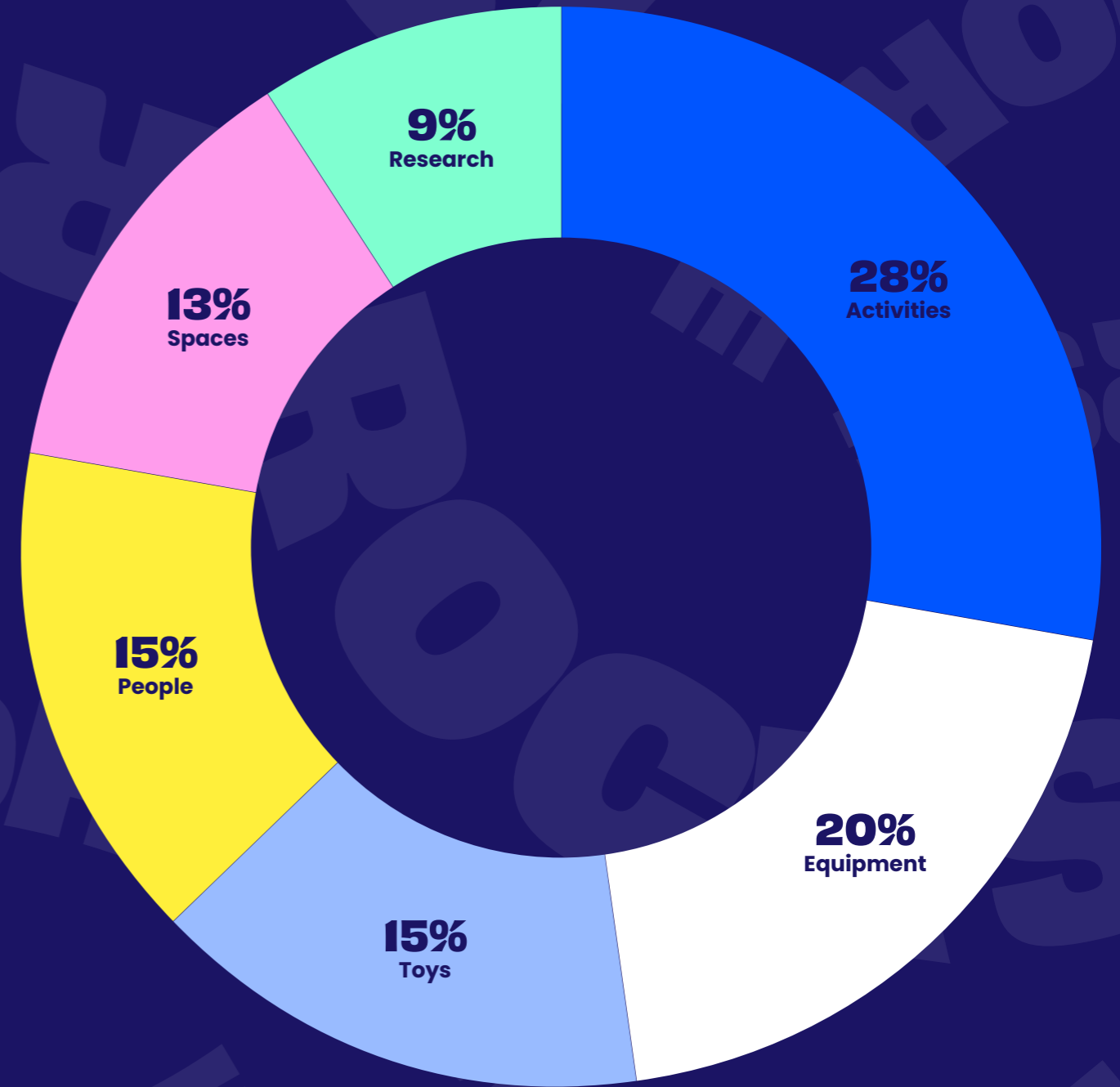
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Projects

How we raised our funds



Where we spent them



We provide a huge range of services and projects for children all over Sussex ensuring kids get the best possible care when they are unwell.

Who we support

BOOKS!



Children

"When I grow up, I want be a policeman or a doctor because they help people."

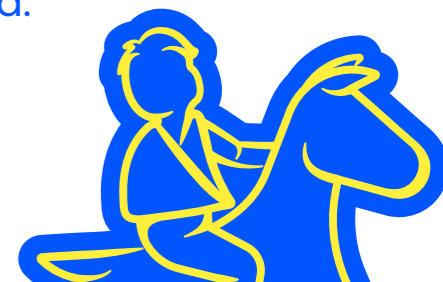
Bodhi
Aged 5



Since being diagnosed with Leukaemia two years ago, Bodhi and his mum Hannah have spent lots of time at the Royal Alexandra Children's Hospital.

Spending so much time on the wards, it can be difficult to see the light at the end of the tunnel. And it's boring. But having toys to play with, activities to enjoy, or things to take their mind off their situation makes all the difference.

Hannah has seen the difference these extra bits of support have made to Bodhi's experience, and in turn, to her: "These things can help to put a smile on a child's face even when they face the unknown, which in turn helps them and the parent feel held and supported."



Families

"I wanted to do something nice for the Rockinghorse so they could get some more toys for other children."

Odie
Aged 6



When 20-month-old Dolly was diagnosed with hip dysplasia, she had to undergo major hip surgery at The Alex. She then had to spend three months in a special cast while she healed.

Following her experience, her older brother Odie decided to raise money for the hospital

that took such good care of his little sister by organising a five-mile sponsored walk in aid of Rockinghorse.

Despite her experience, Dolly and Odie's mum Carly found their hospital stay was made better by wonderful staff and support from Rockinghorse.

"Everyone in the hospital was amazing and all the equipment, books and toys helped Dolly focus on the good things whilst going through a tough time."

Carly
Dolly and Odie's mum

NHS Staff

"Rockinghorse provides us with so much. They make it easier to assess our patients, and easier for them during their stay in the hospital. Day-to-day these things help make a child's experience of hospital so much better and makes them less apprehensive about coming back."

Paul Thacker
Children's Emergency Nurse Practitioner, The Alex



ROCKINGHORSE

"We often have to take blood from children who are scared and unwell, but these Veinsites make the procedure easier to successfully achieve on the first attempt. This means we can do our job quicker and more effectively whilst making it less scary for our young patients."

Michelle McKay
Senior Sister, Children's Emergency Department, The Alex

One of the tricky procedures for doctors and nurses to carry out is inserting a canula into a child's vein quickly and accurately. It can be painful for the child, causing distress and difficulty in completing the treatment.

But by funding Veinsites, we are helping to reduce this stress

for young patients and making treatment much easier for NHS staff.

These are specialist pieces of equipment that can accurately pinpoint the best areas on the body for vein access using infrared light.

Our Champions

"I love it!"

Harry Simmons
Drove Road resident



Away from hospitals there are wonderful things happening to support children and young people.

Drove Road is a specialist respite and residential centre for children and young people with autism, learning disabilities and challenging behaviour. It offers a

safe, fun place for children and young people, and their families, to help them reach their potential.

This year we have funded a great new garden spinner, to add to the trampoline we previously funded, helping to make their garden a great place for the children to enjoy.



"Being able to provide such a varied and stimulating outside environment for our young people makes such a difference to their stays and day to day lives. Rockinghorse providing us with the spinner has helped our children to seek sensory feedback experiences, which helps them regulate their emotions and can act as a great calming tactic. Thank you Rockinghorse for all you continue to do for us!"

Nicole Oliver
Healthcare Support Worker, Drove Road

Our supporters

We are so often astounded by what our supporters within the local community do to raise money for us year in, year out.

From businesses to schools, community groups, individuals and families, our supporters always go above and beyond to help. And their reasons for choosing us as their charity show how our wonderful NHS, and in turn Rockinghorse, have affected them.



"I was keen to support Rockinghorse thanks to the experience we benefitted from when our twin boys were born. Luca was in the Special Care Baby Unit in The Princess Royal Hospital in Haywards Heath and is now a thriving, energetic boy enjoying life. Our other twin, Matteo, had to have a small operation at The Royal Alex and again the staff were incredible but the highlight for him was driving around in the toy cars.

This support is the reason why I wanted to pull a rocking horse to the South Pole; to highlight the amazing work the charity does and so that any child could experience 'a taste of Antarctica' in the ward."

Josh Braid
Rockinghorse supporter and Antarctic Adventurer

THANK YOU!



"My name is Erin and I have been doing bake sales for Rockinghorse Children's Charity for three years now. I chose Rockinghorse because I love the work that this charity does, caring for sick children in Sussex.

My cousin was sick when he was born and Rockinghorse charity saved his life. Without Rockinghorse Children's Charity he would no longer be with us. Rockinghorse supplied the equipment that he needed to make sure he got better. This is only one of the many amazing things the charity has done.

It is really important to raise money for Rockinghorse Children's Charity."

Erin Murrell
Rockinghorse community supporter
Aged 10



ROCKINGHORSE!



“We are so pleased to have supported Rockinghorse for the past few years and most notably been the headline sponsor for their annual Glitter Ball in the last two years. We are so proud to work alongside them to create better experiences for children and teenagers spending time in hospital or managing difficult health conditions.

As a fertility clinic based in the heart of Sussex, we know only too well the enormous difference that Rockinghorse have made

to thousands of families and are delighted with the impact our team have been able to make to the charity’s various fundraising events.

To us, every child is special, and so are their parents, which is why we are so proud to support Rockinghorse to give children the help they need. My entire team at the Agora Clinic have nothing but praise and admiration for Rockinghorse Children’s Charity.”

Dr Carole Gilling-Smith
CEO and Medical Director of The Agora Clinic



“We are hugely impressed with the marvellous work that is a feature of Rockinghorse. They have made such an invaluable difference to the children and their families who have benefited from their unwavering support over so many years. We feel privileged to be able to play a small part in such a tremendously important charity.”

Claire Cullum-Jay
Cullum Family Trust

Our Projects

ROCKS!





“The toys that we have been given by Rockinghorse have meant we can model development through play and be able to support parents of children with complex needs or Autism. This helps parents learn how to use toys in ways that help promote their child’s development and engage with them in non-medical, fun ways.”

Tracy Brown
Specialist Early Years Practitioner,
Seaside View Child Development Centre

A visit to hospital for a child can be really difficult. It can feel stressful, scary, and sometimes boring.

So, providing toys, games and fun things to do is vital to all the children’s healthcare settings around Sussex that we support.

Play is an important developmental tool for children of all ages, helping them to understand the world around them, feel normal and explore their feelings and emotions.

Once again, this year we have funded projects to supply thousands of toys, books and craft materials.

These offer a distraction from scary procedures, a relief from the boredom of being in hospital a long time, or a way to just feel like their normal selves again.

And NHS staff also find these toys invaluable to help with diagnosis, testing and as a tool to help them carry out painful procedures.

Supporting diagnosis



The Audiology team at the Royal Alex see around 2,000 children every year, carrying out hearing assessments and supporting children and young people with all aspects of hearing issues.

This year we funded a whole range of toys and activities for their new clinic space after their old ones became broken and unusable.

Team Leader, Laura Sanderson told us, “Having these amazing toys is really going to make such a difference to our clinics. Having these brightly coloured, exciting new things will really improve the experience for children attending the service and allow us to diagnose, treat and care for all our patients in the best way possible!”

“Toys are fundamental to our clinical practice. We use them with each and every child that we test and also some young people with learning difficulties or developmental delay.”

Dr Rob Low
Consultant Paediatric Audiologist

ROCKINGHORSE
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“These extra pieces of kit enhance the opportunity for us to go that extra mile for our patients. Lots of the equipment helps us improve safety, helps us improve parental involvement, and allows us to really give the gold standard of care that unfortunately the NHS doesn’t always have the funds to provide.”

Jonathan Radcliffe
Neonatal Senior Charge Nurse,
Trevor Mann Baby Unit

From large bits of complicated medical kit to smaller, hand-held equipment to help with everyday care, funding specialist medical apparatus is a really important part of our work.

Often our colleagues within the NHS can really benefit from medical equipment that is specially created for younger patients. This might be because

it’s smaller and better suited to a child’s anatomy, or it could help speed up treatment and reduce pain by being more precise, meaning that doctors and nurses can get their work done quicker and easier.

Whatever the reason, the equipment we fund is all aimed at making life easier for children, families and healthcare workers.

Easing the journey



“Being able to point families in the direction of the My Little Journey App means they can have all the information to hand at any time, helping them feel more relaxed and confident about what to expect.”

Bluefin Children’s Ward Team
Worthing Hospital

If you’ve ever had to go into hospital for treatment or an operation, it can be worrying not really knowing what’s going to happen during your visit.

And as a parent, this can be even harder; trying to explain to a child what’s going to happen without scaring them can be really difficult.

But this year, we funded an amazing new bit of technology, the My Little Journey App, in Brighton, Worthing and Chichester Hospitals.

This is an interactive and age-appropriate app that helps children and families understand what they can expect from their hospital visit. By being prepared beforehand, they can worry less about what’s going to happen and feel more in control of their treatment.



“Thanks to Rockinghorse we’ve been able to make this a space more homely and feel like it’s not in a hospital which is vital when new parents could be experiencing one of the worst days of their lives.”

Maggie Beard
Neonatal Senior Sister, Trevor Mann Baby Unit.
Project kindly funded by Focus Foundation

A space to breathe



“Having a space like this, with games and activities, is a good way to help form relationships, get to know each other, and build trust. This ultimately helps young people feel more comfortable to talk, helping them to open up to staff a bit more.”

Paul Peacock
Youth Worker at St Richard’s and Rockinghorse Champion.
Project kindly funded by Chichester District Council

Having great spaces for treatment, relaxation or play can make an enormous difference to a child, or young person’s experience of visiting or staying in hospital.

Creating holistic surroundings helps them feel calmer, less anxious and ultimately makes treatment an altogether less stressful experience.

These spaces can have lots of different uses. It might be a room for new parents to have some quiet time away from the ward

to feed their baby, a room for teenagers spending weeks in hospital where they can escape from their beds and feel less bored, or a sensory room to help children with learning disabilities manage their emotions and feel less stressed.

This is why we spend time talking with doctors, nurses and other healthcare workers to really understand how we can help create or refurbish spaces in healthcare settings across Sussex.

For many teenage patients, spending time in hospital for physical or mental health reasons can be boring, scary and stressful, leaving them with their own thoughts and without any distractions. This can make their time much harder and feel longer, neither of which help their recovery.

This year we funded the refurbishment of the teenage room at St Richard’s Hospital in Chichester, with new furniture, storage, a beautiful mural and lots of creative resources.

Not only does the space look better, but it also helps young people’s treatment.

Having activities and fun things to do can really help young patients relax, have fun and have a chance to share their experiences with their peers. It can also help them meet other young people in similar positions, manage their conditions and improve their mental wellbeing.



During the year we have funded a range of different activities such as sea swimming sessions, woodland wellbeing days, art therapy, and counselling services, all of which help to reduce stress levels, contribute to an improved mental state and positively influence the body's ability to heal and respond to medical treatments.



Joyful noise



This year, thanks to a £100k grant from Youth Music, we worked with Wishing Well Music for Health to deliver joyful music making across Sussex.

This project aims to enrich the time spent in hospitals across the county for children and young people, their families and the staff who look after them, by bringing music into the heart of healthcare.

The small team of talented musicians visit hospitals, spend time with individual patients and create musical interactions to help their self-expression and bring joy to what can often be a scary environment.

“Being a paediatric patient, especially if you have a long-term illness like cystic fibrosis, diabetes or asthma is really daunting and can leave long lasting emotional scars. But by engaging in fun and interactive activities, they are able to regain a sense of control over their lives, despite the impact of their underlying illness.”

Dr Oli Rahman
Consultant Paediatrician and Rockinghorse Chair of Trustees

“We are absolutely delighted to work in partnership with Rockinghorse to create music with children and young people at this challenging time in their and their families’ lives. Bringing live music to the very heart of healthcare means that it can have the greatest impact where it’s needed the most.”

Jo White
CEO at Wishing Well Music for Health



Funding physical things like toys, equipment and activities is incredibly important, but sometimes the help that's really needed comes in the form of someone with special skills who can bring their expertise right to where it's needed most.

Having people who can provide specific, additional skills to a hospital team or department, can help fill a gap for children and families that the NHS simply aren't able to provide.

"We have seen increasing numbers of teenagers presenting to the Children's ED, with mental health issues. Prior to the introduction of our Youth Workers into the department we were limited in what support we could offer beyond the immediate medical care on the day. The Youth Worker Team offer a stream of support that continues even after their ED attendance and that has the potential to be life-changing for some of these vulnerable teenagers."

Dan Yusef
Consultant Paediatrician

Our NHS healthcare champions are right at the heart of paediatric services and are able to tell us exactly what support would make the most difference. And this can mean someone to support their team, and the treatment and support they are able to offer their patients.

Managing a cancer journey



When a child is diagnosed with cancer, it affects the whole family. Life becomes a constant stream of appointments and treatments and parents quite often slip into autopilot just so they can hold it together and get through it one day at a time.

But they still have to think about work, bills, mortgages, their partners, other children, childcare and schooling. It's a lot.

And when treatment ends, they aren't completely out of the woods, the cancer could still return, they just don't have to be in

"The counselling sessions were a wonderful release and helped us make sense of the hellish whirlwind we had been living. They gave me some grounding whilst still juggling Carey's care and family life. They kept me sane and gave me hope."

Naomi
Carey's mum

the hospital quite as much. And it's at this point that what they have been through can really hit them.

Which is why, this year, we funded a specialist Oncology Psychologist who can work with children and families during this difficult period.



Last year we funded some initial research by Professor Somnath Mukhopadhyay and his team at Brighton and Sussex Medical School, which developed the personalised approach to the treatment of paediatric asthma based on the genotype of the individual child.

This led to the development of a specialist pilot clinic at the Royal Alexandra Children's Hospital, using this approach to find the best way to treat children with asthma.

This work has resulted in interest at national level with the NHS currently discussing how we can study cost effectiveness, with aims of making these treatments accessible for children more widely across the UK.

This year, thanks to a donation from the Cullum Family Trust, we are spreading the word about these new treatments, aiming to raise public awareness and encourage patient engagement, so that more children and families can benefit from this transformative research.

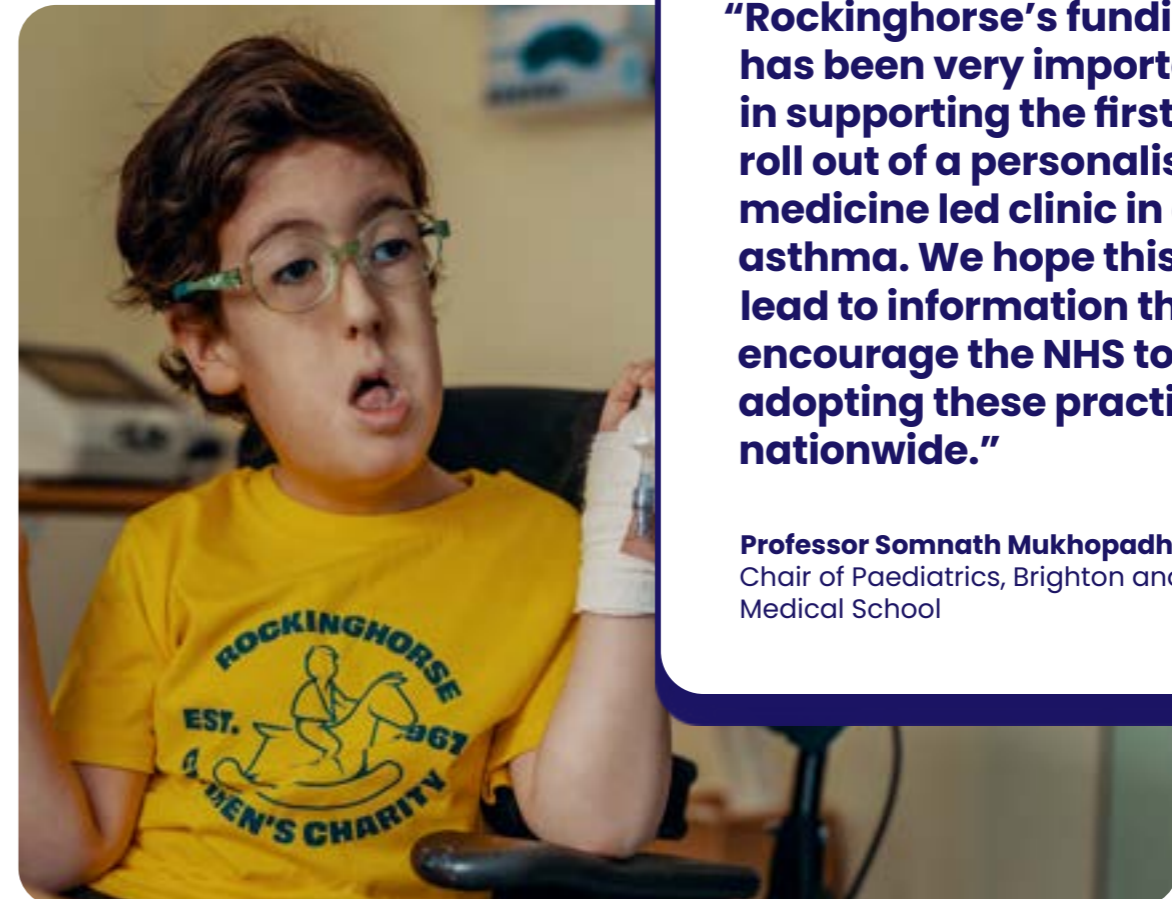
One size doesn't fit all

Testing a child to determine their genetic make-up can reveal what medications won't work for them, and crucially, the ones that will. This means that each child has a better chance of receiving more appropriate treatments for their condition.

Anyone who has experienced asthma, whether as an adult or a child, will understand the impact it can have on so many aspects of their life. It can stop

them from playing sports, having a pet or even simple things like walking to school or climbing the stairs.

These new treatments for severely affected children have proved life-changing; One child who previously struggled with controlling his asthma, reported his breathing capacity to have transformed virtually overnight after receiving genotype directed personalised treatment.



“Rockinghorse’s funding has been very important in supporting the first ever roll out of a personalised medicine led clinic in children’s asthma. We hope this will lead to information that can encourage the NHS to consider adopting these practices nationwide.”

Professor Somnath Mukhopadhyay
Chair of Paediatrics, Brighton and Sussex
Medical School

Our Strategy



In 2022, we launched our three-year strategy aimed at improving our support for children, increasing the impact of our work and expanding the number of children and families we support.

Our strategy is our commitment to go above and beyond for babies, children and teenagers.



In our second year we have:

1. **Reach, Impact, Evidence & Access** – expanded our champions programme of health care professionals who support our project development and delivery, created our first ever organisational Theory of Change and piloted consultation methods with HCPs, children and their families to improve our projects.
2. **Engagement** – worked with our amazing ambassadors to bring some brilliant new events to our community, launched new fundraising initiatives and activities to broaden our supporter base and piloted new digital programmes so that we can share the work we do more widely with our supporters.
3. **Partnership** – expanded our work with other NHS charities and hospital charities through the Children's Hospital Charities Network, engaged with our local MPs to ensure the issues children and young people are facing are top of their agenda, and expanded our volunteering programme.
4. **Profile & Influence** – launched our new website making it easier for people to learn about our projects in hospitals all over Sussex, refreshed our brand to reflect our passion and who we are now. We also won a national award for our work in A&E, and delivered Christmas presents to 30,000 children in hospitals over Christmas.
5. **Finance** – expanded our work with Sussex Community Wills, increased our work to secure large long-term funding commitments so we can invest in services in the children's hospital, and reviewed our cost base to ensure we continue to deliver sustainable and cost-effective support across Sussex.
6. **Resources** – worked with supporters to bring new skills and knowledge to the team, continued our governance review and reviewed our policies and procedures to ensure we are the best organisation we can possibly be.



"I want to thank everyone who has been part of this year – my brilliant staff team, our committed Trustees, our incredible colleagues in the NHS, our dedicated volunteers and all of our wonderful supporters and donors."

Donna Holland, Chief Executive, Rockinghorse Children's Charity



The Future

At Rockinghorse our vision is for a world where children are healthy and happy. In the final year of our strategy we will continue to work towards this world – committed to delivering and funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond.

In the coming year we will:

1. **Reach, Impact, Evidence & Access** – launch our new Wellbeing Service at the Royal Alexandra Children's Hospital, deliver and fund more projects supporting children and their families, continue to expand and improve our evaluation mechanisms, continue to expand our Children's Hospitals Charities Network and utilise data sources to inform project delivery.
2. **Engagement** – continue to expand our ambassador and events programme, expand our digital engagement programme and expand our consultation work with children and young people.
3. **Partnership** – forge closer relationships with our stakeholders in the community and within the NHS, expand our advocacy and policy work to support more children and young people, and expand our corporate volunteering programme to bring in more skills to the charity.
4. **Profile & Influence** – expand our digital marketing and communication activities to raise money and awareness for the issues children and young people are facing, utilise our insights, consultation and data for project development and ensure we speak out on issues that are affecting children in Sussex.
5. **Finance** – develop new fundraising activities to ensure our community has fun and engaging ways to support our children's hospital, expand our fundraising programme so that we can continue to deliver brilliant projects that support children and their families where they need it most.
6. **Resources** – review our benefits and staff support programme, review our office requirements and expand our volunteering offer to bring in additional skills, experience, knowledge and capacity.

"Together, with our supporters, funders, partners, community, children and their families, we will continue to put children and their families at the heart of our work and put the charity at the heart of paediatric healthcare in Sussex."

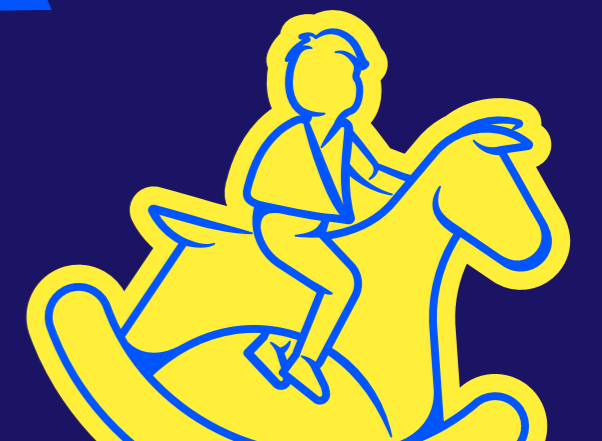
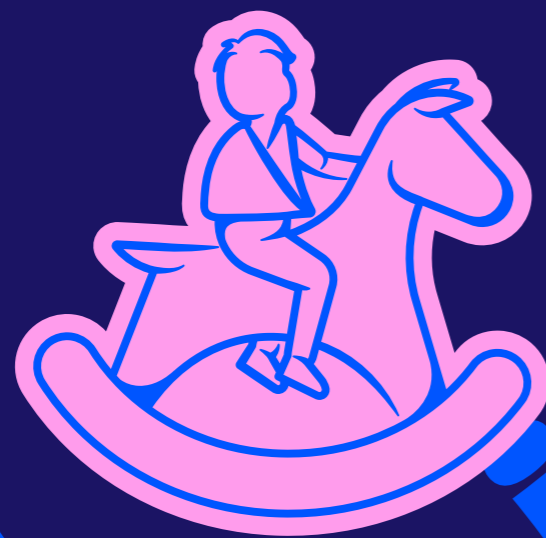
Donna Holland, Chief Executive, Rockinghorse Children's Charity

Thank you

The team at Rockinghorse Children's Charity work incredibly hard all year to make sure we are doing all we can to support babies and children in our community. But we simply couldn't do what we do without the help of every single one of our wonderful supporters.

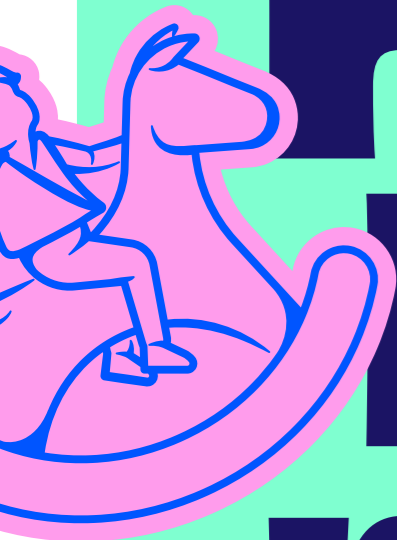
Whether it's £1 dropped in a bucket or £1,000 from a local business, every single donation makes a difference.

So, thank you for making our work possible.



THANK YOU! THANK YOU! THANK YOU!

**We
rock!
You
rock!
Lets
rock!**





Rockinghorse Children's Charity

Trustees report

Trustees roundup

I've been a Paediatric Consultant at the Royal Alexandra Children's Hospital for more than a decade and in that time I've seen the huge increases in the number of children and young people presenting at hospital and the increasing pressures faced by children's services all over Sussex.

During this time, I've also seen the huge difference Rockinghorse makes to the lives of children and their families. I've seen the impact the charity has on the care that doctors and nurses can provide. Rockinghorse is uniquely able to make instant and lasting change for children.

As the Chair of Rockinghorse Children's Charity I'm proud that our work supports everyone in hospitals – the children and young people, their friends and families, and the doctors, nurses and other healthcare professionals that care for them. In the past year we have continued to go above and beyond to support babies, children and young people, along with their families.

This year we have created spaces in hospitals that mean children feel more at home, we've provided life-saving medical equipment that mean children are treated faster and more effectively, we've paid for additional staff to support children with cancer and a youth worker in A&E to support children with serious mental health issues. We funded research projects that push the boundaries of treatment and support for children and funded the world's first clinic for personalised asthma treatment. We've provided activity programmes that relieve anxiety, help children understand and manage their conditions and help children to get better, faster.

I'd like to thank everyone who supports our work. Thank you to the companies that sponsor our

events and enable us to raise more money for projects and services. Thanks to individuals like Josh Braid who dragged a rocking horse to the South Pole in aid of us, Evie Morris who got her Brownie charity badge for supporting us, Gareth Woolven who organised the Bears 'RC' Bash and every one of the amazing children who took part in the Rockinghorse Youth Race and the Santa Dash this year. You all Rock!

Thank you to incredible organisations like The Grand, Little Jasmine, Rivervale, Morgan Sindall and Repair & Assure who chose Rockinghorse as their charity this year. Thank you to people like Michael Burnage, Emma Cleary, Sam Thomas, Noel Preston, Camille Pearson and Hannah Peckham who put on events and fundraise for Rockinghorse. Thank you to the Cullum Family Trust, Little Lives UK, The Ashfield Trust, The Ernest Kleinwort Trust and Youth Music for making our dreams for children possible. Thank you, also, to companies like Trident, Creative Pod, Britton & Time, Dignity Funeral, Platinum Media and Search Seven who support Rockinghorse year on year.

I want to thank the staff team at Rockinghorse for enabling us at the hospital, to do so much more for children and their families. I'd also want to thank all my colleagues in the NHS, for everything they do, every day. And finally, I want to thank my fellow Trustees, who volunteer their time, skills and experience in supporting the work of the charity.

"Thank you to everyone who makes all our work possible - from me, my colleagues and everyone at Rockinghorse."

Dr Oli Rahman

Consultant Paediatrician and Lead for the Paediatric Critical Care Unit at The Royal Alexandra Children's Hospital, Brighton. Chair of Rockinghorse Children's Charity.

Trustees Annual Report

Objectives

At Rockinghorse Children's Charity our vision is for a world where children are healthy and happy. While we work towards this world, we will continue to fund projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond.

We do this by funding and delivering projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS.

We fund cutting edge equipment and facilities, support medical staff, innovative research and pioneering treatments, that make a difference to patients and their loved ones. We support developments that go above and beyond what the NHS can provide at present.

We can confirm that we have complied with the duty in section 17 (5) of the Charities Act 2011 to have due regard to the guidance published by the Charities Commission on public benefit when reviewing the Charity's main aims and objectives, and in planning future activities and setting grant making policy for the year.

Structure, Governance and Management

Constitution

The Charity was originally founded in 1967. The company was incorporated on 17 February 1993, and is governed by its Memorandum and Articles of Association dated 29 January 1993.

Grant Making Policy

Working in partnership with our local hospitals, respite centres and specialist services, we fund projects which focus on improving children's physical and emotional wellbeing, while providing additional support services for parents and carers.

The projects we fund all fit into one of six categories:

- Toys – Toys help to pass the time, distract from a painful procedure or help with diagnosis.
- Equipment – From large bits of life saving medical kit to smaller equipment to help with everyday care.
- Spaces – Revamping or creating new, therapeutic spaces in hospitals and the local community.
- Research – Cutting edge research to help move children's healthcare into the future.
- Activities – Special events and activities to help children and young people manage and understand their condition.
- People – Specially trained additional staff to help support patients and families get the best possible care.

Code of Ethics

Rockinghorse upholds the highest standards of integrity, transparency, and accountability. We conduct our work with honesty and openness, treating all individuals with respect and fostering an inclusive environment. We are transparent in our decision-making, accountable to our stakeholders, and committed to continuous improvement and innovation. We respect confidentiality and privacy, complying with all relevant laws. We avoid conflicts of interest and ensure personal interests do not interfere with our mission.

We uphold ethical standards in fundraising and manage our resources responsibly to further our mission. We are committed to social responsibility and environmental stewardship. We encourage the reporting of unethical behavior, providing a safe mechanism for whistleblowers. Our commitment to these principles ensures we achieve our goals with integrity and maintain the trust of our stakeholders.

Organisational Structure

The Board of Directors consists of ten Trustees and chaired by Dr Oli Rahman, who was elected in November 2022.

Every member of the Board, including the Chairman, is elected for three years and stands for re-election at the next Annual General Meeting.

New Trustees are nominated by existing Trustees and selected by majority vote.

All new Trustees are inducted which includes a meeting with the Chair, a meeting with the Chief Executive, a tour of the Royal Alexandra Hospital as well as completion of Companies House and Charity Commission documentation.

During the year Nadia Cowdrey resigned and the Board thank her for her service. There were two new appointments during the year. We welcome Gavin Willis and Penina Shepherd.

The Trustees have delegated the day-to-day management to the senior management team who report on the performance against budget, which are approved each year by the Trustees.

All Trustees give their time freely and no remuneration was paid in the year.

The Board meets at least six times a year and this is supplemented by two additional meetings for three sub-committees.

HR & Operations Subcommittee

The overall remit of the Subcommittee is to oversee all aspects of policy and procedure for the charity and to advise, guide and support the charity in any aspect of operations relating to operations and governance.



Finance, Audit & Risk Subcommittee

The overall remit of the Subcommittee is to ensure the integrity of Rockinghorse Children's Charity's Annual Report & Financial Statements, to oversee risk within the organisation and oversee the relationship with external auditors.

Fundraising & Engagement Subcommittee

The overall remit of the Subcommittee is to support and expand the work of fundraising, income generation, events, engagement, marketing and communications undertaken by the charity.

Royal Patron

We are delighted to continue to receive invaluable support from our Royal Patron, HRH Princess Alexandra.

Remuneration for charities key personnel

The HR & Operations Subcommittee review, approve and make a recommendation to the Board of any annual inflationary pay or changes to the financial and non-finance remuneration for all staff.

How we measure success

The Charity sets an annual budget, balancing ambition and reality for all our income and expenditure. Trustees and senior management then monitor this through the year and in comparison to previous years. Monthly management accounts and updates on fundraising activities and our projects are presented at each Board meeting.

The Charity ensures that fundraising and other income generating activities are well planned to provide a good return on investment and growth for the future to enable us to fund and deliver more projects for children and their families.

We take care to ensure that we use our resources in a way that has the maximum impact, focusing on priority areas led by doctors, nurses, children and their families. We actively seek feedback on the projects we fund and deliver to understand the impact our support has had on our young patients and staff, to ensure that we are delivering on our mission.

Financial Review

We would like to express our heartfelt thanks to every trust, company, community group, event participant, individual, and volunteer who supported us during the year.

Rockinghorse receives no statutory funding, and we see minimal income from legacies. Consequently, our fundraising relies heavily on individual donors, corporates, and events, resulting in a higher associated cost/income ratio than other types of fundraising.

During the financial year, Rockinghorse raised a total of £1,025,249 (2023: £918,767), marking a 12% increase over the previous year.

Costs, excluding grants, increased by 9% to £644,382 (2023: £591,572). This rise is attributed to increased staff costs (due to a higher headcount) and increased event costs (from additional events).

Rockinghorse proudly supported 76 projects throughout the year, totalling £333,125 (2023: £331,700).

Trusts and Foundations

We successfully received funds from 47 trust applications, generating £177,663 of income (2023: £164,631, an 8% increase).

In May, we received a £20k unrestricted donation from The Ashfield Trust. We are so grateful to the Trustees for their dedicated support over many years.

In October, we received a £23k donation from Little Lives towards our wellbeing projects, helping children and young people with chronic conditions understand and manage their conditions.

In November, the Cullum Family Trust made the largest donation we have ever received, to help us fund our new wellbeing service and the world's first precision medicine clinic for children with asthma. Thank you to the Trustees for their support and belief in the work we do.

Challenge Events

Challenge event income remained consistent at £96,641 (2023: £96,338).

In April, 40 runners participated in three events - Brighton Marathon, Brighton 10k, and London Landmarks Half Marathon - raising £5,500 for the charity. One of the runners, Joe Clayson, ran in memory of his sister Lucie, who was born prematurely and was cared for at the Trevor Mann Baby Unit.

Five Rockinghorse runners took part in the London Marathon, raising more than £8,000. Rose Flytzani, one of the runners, supported us due to the excellent care her prematurely born son received at the Trevor Mann unit.

Our Superhero Drop 360 at Brighton i360 saw 30 brave superheroes raise £6,000 for the charity.

In December, Josh Braid from Hurstpierpoint undertook a South Pole challenge raising £52,800 while spending Christmas in Antarctica. In December, 600 people participated in the annual Santa Dash, braving the elements to raise more than £4,784 for Rockinghorse.

In February, hundreds of runners participated in the Brighton Half Marathon Youth Races and the main Brighton Half race, raising more than £23,000.

Ten-year-old Dylan from Uckfield ran to support Rockinghorse after receiving care at the Royal Alexandra Children's Hospital as a newborn.

Corporate Support

Local businesses are vital to our fundraising efforts, representing our largest source of income. Through generous donations, beneficiary events, and numerous employee fundraising activities, our corporate partners collectively raised £106,125 (2023: £212,459, a 50% decrease).

Corporate income has decreased due to the reclassification of third-party corporate events under the events fundraising category.

In June, the Big Brighton Beach Clean saw 50 people join us to clean the beach and raise money for our sea swimming programme supporting children with chronic conditions.

Individual Support

We are grateful for our loyal and new regular givers and those who supported us through special occasion giving, such as birthdays and

weddings. We also appreciate all the in-memory donations received during the year. Individual fundraisers generated £54,328 (2023: £67,029, a 19% decrease).

Community Support

We are thankful to the community groups, schools, religious groups, and supermarkets that collectively raised £92,054 (2023: £96,392, a 5% decrease).

In September, six-year-old Frankie Eason, who had been growing his hair since birth, decided to cut it and raised £887 for us after his own hospital experience.

In December, young football players from Burgess Hill recorded a festive music video to raise money for Rockinghorse. The Under 7s team sang "All I Want for Christmas is Football" and raised £330.

Events

Event income throughout the year generated £169,812 (2023: £110,504, a 54% increase).

In May, the Rockinghorse Golf Day at Mid Sussex Golf Club raised £5,200 for the One Day at a Time campaign.

The first Rockinghorse Rave took place as part of the Brighton Festival, with hundreds enjoying DJ sets from Krafty Kuts, Brandon Block, and Judge Jules.

In November, our annual Bonfire Quiz saw 177 participants and raised £2,767. The winners were 'The Smart Alex' from The Children's Hospital.

The Sussex Business Awards at The Grand Hotel in Brighton raised more than £11,500 for Rockinghorse. In February, Rockinghorse held its first Comedy Night at the Theatre Royal, sponsored by SRC Corporate Finance. With performances from Joe Wilkinson, Katherine Ryan, Maisie Adam, Tom Davis, and Suzi Ruffell, the event raised £30,000. In February, the first Wellbeing in the Workplace event took place at the Brighton i360, in partnership with Flexibility Matters, raising £13,000. Sally Gunnell OBE gave a keynote speech on achieving goals, dealing with setbacks, and building resilience.

In March, the third Glitter Ball raised £50,000 for our new wellbeing service. The Agora Clinic was the headline sponsor for the second year.

Legacies

While legacy income is typically not a large source of revenue for us, we were fortunate to receive £115,376 in legacy income during the year (2023: £39,546, a 192% increase).

Gifts in Kind

We received £92,290 worth of gifts in kind (2023: £26,712, a 245% increase).

We are grateful to the corporates, individuals, and community groups that donated Easter eggs and Christmas presents, particularly Churchill Square, whose giving tree benefited us and helped make Christmas special for children in the hospital.

Services in Kind

We received £75,820 worth of services in kind (2023: £56,659, a 34% increase).

The Trident Group provides all our IT equipment and support, having been loyal supporters for over 10 years.

United Us developed a new website and refreshed our branding to help us stay relevant and engaging to current and future supporters.

Creative Pod provides social media and digital support, enhancing our online presence.

We also benefit from a Google Ad Grant offering up to \$10,000 of in-kind advertising per month. To help administer this grant, we have long-term support from digital marketing agency Search Seven.

Key Risks and Uncertainties

The Charity maintains a robust risk management process with a regularly updated risk register. The CEO assesses risks for severity and likelihood, with mitigating actions identified to minimise their impact.

These risks and progress on mitigating actions are reviewed regularly by the Trustees. The principal risk to the Charity is the rising cost of living and general economic uncertainty.

Meeting our income targets is crucial for continuing our charitable activities. Economic challenges may impact our ability to meet these targets.

Our strategy to mitigate this risk focuses on diversifying income streams, investing in fundraising capacity and digital platforms, and minimising costs while maximising efficiencies.

Reserves Policy

Restricted Funds are those subject to specific trusts specified by the donor and can only be used for the purposes for which they were given. At the year-end, restricted reserves total £198,520.

Designated Funds are unrestricted funds that are available for the general purposes of the charity but have been earmarked by the trustees for projects or commitments. At the year-end, total commitments are £528,523, with £157,036 held in restricted reserves and the remaining £371,487 in designated reserves.

Unrestricted Funds stand at £239,049. These funds are not subject to any specific donor-imposed restrictions and can be utilised at the discretion of the trustees for any of the charity's general purposes.

The trustees have established a reserves policy to honour our commitments and deliver our strategy while protecting the continuity of our work in the event of a shortfall in income.

The charity aims to hold un-designated reserves sufficient to cover six months of operational costs, with an aspiration to hold more when it does not impact immediate funding requirements.

Based on this policy, the estimated requirement for six months of operational expenditure, including wages and core running costs, is £275,700.

At the year-end, unrestricted reserves are slightly below this target, which we aim to address in the coming year.

The charity's reserves policy is reviewed annually to ensure it is fit for purpose, up-to-date, and reflects legislative requirements.

Going Concern

The Trustees believe that the Charity's reserve levels, strong cash holdings, and disciplined budgeting ensure the immediate future of the Charity over the next 12 to 18 months is secure, affirming that the Charity is a going concern.

Investment Policy

In line with a limited risk appetite, reserves are currently held in cash due to a volatile and unpredictable investment market. The board will continue to review this position as appropriate, based on expert advice.

Plans for future

At Rockinghorse our vision is for a world where children are healthy and happy. In the final year of our strategy we will continue to work towards this world – committed to delivering and funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond.

In the coming year we will:

- **Reach, Impact, Evidence & Access** – launch our new Wellbeing Service at the Royal Alexandra Children's Hospital, deliver and fund more projects supporting children and their families, continue to expand and improve our evaluation mechanisms, continue to expand our Children's Hospitals Charities Network and utilise data sources to inform project delivery.
- **Engagement** – continue to expand our ambassador and events programme, expand our digital engagement programme and expand our consultation work with children and young people.
- **Partnership** – forge closer relationships with our stakeholders in the community and within the NHS, expand our advocacy and policy work to support more children and young people, and expand our corporate volunteering programme to bring in more skills to the charity.

- **Profile & Influence** – expand our digital marketing and communication activities to raise money and awareness for the issues children and young people are facing, utilise our insights, consultation and data for project development and ensure we speak out on issues that are affecting children in Sussex.
- **Finance** – develop new fundraising activities to ensure our community has fun and engaging ways to support our children's hospital, expand our fundraising programme so that we can continue to deliver brilliant projects that support children and their families where they need it most.
- **Resources** – review our benefits and staff support programme, review our office requirements and expand volunteering offer to bring in additional skills, experience, knowledge and capacity.

Together with our supporters, funders, partners, community, children and their families we will continue to put children and their families at the heart of our work and putting the charity at the

heart of paediatric healthcare in Sussex.

Statement of Trustee's Responsibilities

The trustees (who are also the directors of Rockinghorse Childrens Charity for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditors

The auditors, Chariot House Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 27 November 2024 and signed on the board's behalf by:



Dr Oli Rahman
Chair of Trustees

Reference and Administrative Details

Name of Charity:	Rockinghorse Children's Charity
Charity Registration No:	1018759
Company No:	2791054
Registered Office/Address:	13 Prince Albert Street Brighton East Sussex BN1 1HE
Royal Patron:	HRH Princess Alexandra
Trustees/Directors:	Andrew Mosley Barry Carden (Treasurer) Dr Oli Rahman (Chair) Dr Ryan Watkins Gavin Willis (appointed 27/09/2023) Lynne Mould (appointed 27/09/2023) Nadia Cowdrey (resigned 27/03/2024) Penina Shepard (appointed 31/07/2024) Rose Read (resigned 31/7/2024) Sam Thomas Scott Marshall
Chief Executive and Company Secretary:	Donna Holland
Bankers:	Metro Bank 82 North Street Brighton BN1 1ZA
Independent Auditors:	Chariot House Limited 44 Grand Parade Brighton East Sussex BN2 9QA
Legal Advisors:	Acumen Law Regent House Hove Street Hove BN3 2DW



Rockinghorse Children's Charity

Auditors report

Independent auditor's report to the members of Rockinghorse Children's Charity.

Opinion

We have audited the financial statements of Rockinghorse Children's Charity (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

- We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Report of the Trustees and from the requirement to prepare a Strategic Report

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

Based on our understanding of the charity and its activities, and through discussion with the trustees and management, we identified the principal risks of material misstatement both at the financial statement level and at the assertion level.

We considered these risks in the light of various factors including the level of complexity, subjectivity, uncertainty, potential management bias, fraud, materiality and any other relevant factors. We considered the extent to which these would have a material impact on the financial statements and designed our audit work accordingly.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud, and reviewed significant or unusual transactions to identify their underlying supporting rationale
- We inspected the minutes of meetings of those charged with governance, and made direct enquiries of management and the board of trustees concerning the charity's policies and procedures relating to:
 - Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
 - The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.

In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates were indicative of a potential bias and tested significant transactions that were unusual or those outside the normal course of business.

We also

- discussed and reviewed the charity's business model and forward planning to assess going concern
- communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- Carried out substantive testing on income and expenditure
- Re-performed reconciliations of control accounts, and recalculated items such as depreciation

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation.

This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation

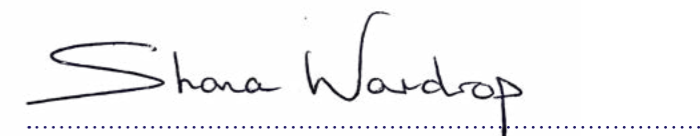
Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Shona Wardrop CA
for and on behalf of Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA**

Date: 27 November 2024





Statement of financial activities

for the year ended 31 March 2024

	Note	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2024	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2023
		£	£		£	£	£		£
INCOME FROM:									
Donations and legacies		704,213	45,743	-	749,956	625,990	53,177	-	679,167
Investment income	2	2,985	-	-	2,985	1,310	-	-	1,310
Other income	4	94,644	-	-	94,644	73,659	-	-	73,659
Charitable activities	3	30,764	146,899	-	177,663	9,288	155,343	-	164,631
TOTAL		832,606	192,642	-	1,025,248	710,247	208,520	-	918,767
EXPENDITURE ON:									
Raising funds	5	288,607	-	-	288,607	246,042	-	-	246,042
Charitable activities	6	466,935	174,514	47,452	688,901	430,767	214,928	31,535	677,230
TOTAL		755,542	174,514	47,452	977,508	676,809	214,928	31,535	923,272
NET INCOME BEFORE TRANSFERS	15	77,064	18,128	(47,452)	47,740	33,438	(6,408)	(31,535)	(4,505)
TRANSFERS		(161,100)	(1,487)	162,587	-	5,738	(10,043)	4,305	-
NET INCOME		(84,036)	16,641	115,135	47,740	39,176	(16,451)	(27,230)	(4,505)
Fund balances brought forward at 31 March 2023	15	323,084	181,879	256,352	761,315	283,908	198,330	283,582	765,820
Fund balances carried forward at 31 March 2024	15	239,048	198,520	371,487	809,055	323,084	181,879	256,352	761,315

The statement of financial activities incorporates the income and expenditure account, the results for the year derive from continuing activities and there are no gains or losses other than those shown above.

The notes of pages 84 to 93 form part of these Accounts.

**Rockinghorse
Children's Charity**

Financial statements

Balance sheet

for the year ended 31 March 2024

	Note	2024		2023	
		£	£	£	£
Fixed Assets					
Tangible fixed assets	11		1,749		1,846
			1,749		1,846
Current Assets					
Debtors	12	136,047		80,353	
Cash at bank and in hand		752,314		754,205	
		888,361		834,558	
Creditors: Amounts falling due within on year	13	(81,055)		(75,089)	
		(81,055)		(75,089)	
Net Current Assets			807,306		759,469
Net Assets			809,055		761,315
Funds					
Unrestricted funds	15		239,048		323,084
Restricted funds	15		198,520		181,879
Designated funds	16		371,487		256,352
			809,055		761,315

These financial statements were approved by the Trustees on 27 November 2024 and signed on their behalf by:


Dr Oli Rahman
 Chair

The notes of pages 84 to 93 form part of these Accounts.

Statement of cash flow

for the year ended 31 March 2024

	2024		2023	
	£	£	£	£
Reconciliation of net movement in funds to net cash lows from operating activities				
Net movement in funds	47,740		(4,505)	
Depreciation	1,738		3,248	
(Increase)/decrease in debtors	(55,694)		(35,468)	
Increase/(decrease) in creditors	5,966		17,992	
Net cash outflow from operating activities		(250)		(18,733)
Capital expenditure				
Purchase of tangible fixed asset		1,641		(1,965)
Net cash outflow from capital expenditure		1,392		(1,965)
Increase/(decrease) in cash in the year		(1,891)		(20,698)
Reconciliation of net cash flow to movement in net cash funds				
Net funds at beginning of the year		754,205		774,904
Change in net funds during the year		(1,891)		(20,699)
Net funds at the end of the year		752,314		754,205

The notes of pages 84 to 93 form part of these Accounts.

1. ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements.

(a) Basis of Preparation

The financial statements have been prepared in accordance with the Charities SORP (FRS102), the Companies Act 2006, the Charities Act 2011 and applicable UK accounting standards, including Financial Reporting Standard 102 (FRS 102)

The Charity meets the definition of a public benefit entity under FRS102.

(b) Going concern.

The accounts are prepared on a going concern basis after consideration by the trustees that there are no material uncertainties about the Charity's ability to continue as a going concern. Such consideration includes a review of committed income and expenditures, cash flows and reserves. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustments to the carrying amount of assets and liabilities within the next reporting period.

(c) Funds Accounting

The Charity has various types of funds for which it is responsible and which require separate disclosure:

Restricted Funds

These are funds, which are subject to special trusts specified by the donor. They can only be used for the purposes for which they are given.

Unrestricted Funds

These are funds available for the purposes of the charity to be spent as the trustees sees fit within the stated objectives of the charity.

Designated Funds

These are unrestricted funds available for the general purposes of the organisation, but which the trustees have chosen to earmark for a particular purpose i.e where the charity has a project commitment.

(d) Incoming Resources

Donations - on the receipt of cash or under the

terms of contract as appropriate, together with any income tax recoverable. Donations in the form of donated time have not been quantified as this is not possible and therefore are neither recorded as donated income nor as an expense in the financial statements. Donations in the form of goods are valued by the Trustees at the date of receipt and are included as income.

Legacies - recognised on a receivable basis when capable of financial measurement.

Grants receivable - on a receivable basis on notification.

Investment income - on a receivable basis, together with any income tax recoverable.

Gifts and services in kind - on a receivable basis. Their gross value is estimated to be the price it is estimated we would have to pay in the open market.

(e) Resources Expended

Resources expended are accounted for on an accruals basis.

(i) Allocation of overhead and support costs
Overhead and support costs have been allocated between costs of generating funds, charitable activities and governance. Costs which are not wholly attributable to an expenditure category have been apportioned. Where costs are shared by two or more charitable activities, for example support costs, these costs have been apportioned between categories on the basis of time spent by staff as a proportion and this is analysed in note 7.

(ii) Raising funds

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees (see note 5).

(iii) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of

charitable expenditure therefore include support costs and an apportionment of overheads, as shown in note 6.

(iv) Grants payable

Grants payable are payments made to third parties in the furtherance of the charitable objectives of Rockinghorse. Single or multi-year grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Charity.

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about the timing of the grant.

Hospital equipment purchased for the Royal Alexandra Children's Hospital and other NHS Trusts is donated outright to the hospital and is therefore accounted for as grants.

Rockinghorse receive proof of purchase and regular reports on the equipment.

(f) Capitalisation and depreciation of fixed assets

Tangible fixed assets are recorded at cost. Depreciation is calculated on a straight line basis at rates appropriate to write off the costs of the assets over their expected useful economic lives as follows:

Leasehold Improvements - 3 years

Other equipment - 3 years

Furniture / Fixtures - 3 years

It is the Charity's policy that items below £500 are not capitalised and are instead expensed in the year of purchase.

The charity regularly carries out impairment reviews of fixed assets.

(g) Commitments

Commitments which are legally binding are included as liabilities.

(h) Research expenditure

Research expenditure is written off in the year it is incurred.

(i) Operating leases

Rentals payable under operating leases are charged on a straight-line basis over the term of the lease.

(j) Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

(k) Defined contribution plan

The charity operates a defined contribution pension scheme. Contributions payable to the charities pension scheme are charged to the Statement of Financial Activities in the period to which they relate. The contributions are apportioned to relevant activities based upon the proportion of time spent on that activity by the employee to which they relate.

(l) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognized at transaction value and subsequently measured at amortised cost.

(m) Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the charity is required to make judgments, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors considered to be relevant. Actual results may differ from these estimates.

There are no estimates and assumptions that are considered to have a significant risk of causing a material adjustments to the financial statements in a future period.

2. INCOME FROM FIXED ASSET INVESTMENTS	2024	2023
	£	£
Interest income	2,985	1,310
Total	2,985	1,310

3. GRANTS RECEIVED (RESTRICTED)	2024	2023
	£	£
Chichester District Council	3,400	-
Little Lives UK	23,080	-
Property Race Day – Charity Race Sponsorship	450	-
Spirent Communications Plc	2,000	-
The Advanta Foundation	-	2,000
The Alchemy Foundation	1,000	-
The Ardwick Trust	-	100
The Arnold Clarke Community Fund	-	1,000
The Boshier-Hinton Foundation	-	2,018
The Camelia Botnar Foundation	-	25,170
The Chalk Cliff Trust	5,000	5,000
The Charlotte Marshall Charitable Trust	-	453
The Childwick Trust	2,500	-
The Coral Samuel Charitable Trust	-	2,160
The Cullum Family Trust	11,166	18,885
The David Brooke Charity	-	3,000
The David Hunt Foundation	5,000	-
The Dixie Rose Findlay Charitable Trust	2,625	1,500
The D O'ly Carte Charitable Trust	-	3,000
The EF & MG Hall Charitable Trust	1,000	1,000
The Ernest Kleinwort Charitable Trust	8,000	-
The Fitton Trust	-	300
The Focus Foundation	-	9,139

The Gatwick Airport Community Trust	2,000	-
The Hospital Saturday Fund	2,000	-
The Ian Askew Charitable Trust	500	1,000
The JC Robinson Trust No3	-	500
The Lake House Charitable Foundation	-	5,000
The Margaret Gladys Grimes Charitable Trust	3,000	-
The Michael & Shirley Hunt Charitable Trust	1,000	-
The Miss Pannett Charitable Trust	-	250
The Morrisons Foundation	4,830	-
The National Foundation for Youth Music	44,411	20,470
The N Smith Charitable Settlement	-	500
The Openwork Foundation	-	15,000
The PE Lennard Charitable Trust	-	20,000
The Sandra Charitable Trust	-	4,000
The Schreier Foundation	1,000	1,000
The Shanly Foundation	2,200	-
The Sussex Community Foundation	5,000	-
The Sussex Masonic Charitable Foundation	4,463	1,000
The Tallulah Lewis Foundation	2,500	2,500
The Three Oaks Trust	5,000	5,000
The TK Maxx and Homesense Foundation	500	-
The Toy Trust	2,524	-
The Trees of the David Solomons Charitable Trust	750	-
The Wallace & Gromit's Children's Charity	-	4,398
Total	146,899	155,343

GRANTS RECEIVED (UNRESTRICTED)	2024	2023
	£	£
The Ada Oliver Charitable Trust	300	-
The Alan Greenaway Foundation	-	-
The Ashfield Trust	20,000	-
The Benefact group	-	1,000
The Buckland Charitable Trust	1,000	-
The Charlotte Marshall Trust	452	-
The Christopher Rowbotham Trust	1,000	-
The EF & MG Hall Charitable Trust	1,000	-
The EHP White Charitable Trust	670	-
The Ernest Kleinwort Charitable Trust	4,883	5,012
The Fitton Trust	300	-
The Griffin Law Charitable Foundation	-	500
The Hogarth Charitable Trust	209	-
The Lunar Foundation	-	100
The Miss Jo Torrington Childrens Fund Charitable Trust	-	1,650
The Miss Pannett Charitable Trust	250	-
The Mrs A Lacy Tate Trust	500	-
The RS Brownless Charitable Trust	200	-
The Violent Delaney's Charitable Trust	-	1,026
Total	30,764	9,288

TOTAL GRANTS RECEIVED	177,663	164,631
------------------------------	----------------	----------------

4. OTHER INCOME	2024	2023
	£	£
Rental income	19,000	17,000
Services in Kind	75,644	56,659
Total	94,644	73,659

5. EXPENDITURE ON RAISING FUNDS	Unrestricted Funds	Restricted Funds	2024	2023
	£	£	£	£
Staff salaries	86,893	-	86,893	83,408
Support costs allocation (see note 7)	16,033	-	16,033	17,753
Direct costs	185,681	-	185,681	144,881
Total	288,607	-	288,607	246,042

6. EXPENDITURE ON CHARITABLE ACTIVITIES	Unrestricted Funds	Restricted Funds	Designated Funds	2024	2023
	£	£	£	£	£
Staff salaries	294,784	-	-	294,784	280,259
Support cost allocation (see note 7)	54,393	-	-	54,393	59,651
Audit fees	6,600	-	-	6,600	5,620
Grants paid (see below)	158,611	174,514	47,452	333,124	331,700
Total	514,387	174,514		688,901	677,230

GRANTS PAYABLE TO INSTITUTIONS	2024	2023
	£	£
Royal Alexandra Children's Hospital	152,805	259,460
TMBU & SCBU	17,759	13,335
Chalkhill - activities programme	32,317	26,981
Other	130,243	31,924
Total	333,125	331,700

7. ALLOCATION OF SUPPORT COSTS	Raising Funds	Charitable Activities	2024	2023
	£	£	£	£
Rent	3,870	13,130	17,000	17,000
Heat, light, water, maintenance	1,832	6,215	8,047	8,793
Administration	3,167	10,743	13,910	17,249
Travel	932	3,162	4,094	3,041
Communication	1,321	4,482	5,803	9,659
Legal & other fees	4,911	16,661	21,572	21,662
Total	16,033	54,393	70,426	77,404

8. AUDITOR'S REMUNERATION	2024	2023
	£	£
Fees payable to the charity's auditors for the audit of the charity's financial statements	6,600	5,400

9. REMUNERATION OF TRUSTEES AND TRUSTEES' EXPENSES REIMBURSED

No trustees, or connected persons, received any remuneration during the year. No payments were made to any pension schemes in respect.

10. STAFF NUMBERS AND COSTS

The average number of persons employed by the company during the year was 9 (2023: 9). The aggregate payroll costs were:

	2024	2023
	£	£
Wages and salaries	338,503	321,876
Social security costs	29,811	29,318
Pension	13,363	12,473
Total	381,677	363,667

The number of employees whose employee benefits (excluding pension costs) exceeded £60,000 was:

	2024	2023
	£	£
£70,000 – £80,000	1	0
£60,000 – £70,000	0	1

Total remuneration of key management personnel in the year was £141,783 (2023: £135,397).

The Charity remains grateful for the work of its volunteers. The role and scope of work undertaken varies and the time donated by volunteers is not recognised in the financial statements as this cannot be reliably or consistently valued.

11. FIXED ASSETS

	Office Equipment
	£
Costs	
At 1.4.2023 brought forward	11,756
Additions	1,641
At 31.03.2024	13,397
Depreciation	
At 1.4.2023 brought forward	9,910
Charge for year	1,738
At 31.03.2024	11,648
Written Down Values	
At 31.03.2024	1,749
At 31.03.2023	1,846

12. DEBTORS: AMOUNT FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Prepayments	17,009	29,365
Other debtors	119,038	50,988
Total	136,047	80,353

13. CREDITORS: AMOUNT FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade Creditors	3,824	42,905
Social Security and other taxes	9,889	8,587
Accruals and Deferred Income	67,342	23,597
Total	81,055	75,089

14. OPERATING LEASE COMMITMENTS

	Premises 2024	Other 2024	Premises 2023	Other 2023
	£	£	£	£
The Charity holds the following leases over their premises:				
Within one year	17,000	850	17,000	850
Between two and five years	19,125	425	36,125	1,275
Total	36,125	1,275	53,125	2,125

15. MOVEMENT OF FUNDS

	Unrestricted Funds	Restricted Funds	Designated Funds	Total
	£	£	£	£
At 1 April 2023	323,084	181,879	256,352	761,315
Movement in funds in the year	(84,036)	16,641	115,135	47,740
At 31 March 2024	239,048	198,520	371,487	809,055

UNRESTRICTED FUNDS

	Balance bf 1 April 2023	Income	Expenditure	Transfer from / (to) unrestricted	Transfer from / (to) designated	Balance cf 31 March 2024
	£	£	£	£	£	£
Total	323,084	832,606	(755,542)	1,487	(162,587)	239,048

Unrestricted reserves are not subject to specific donor-imposed restrictions.

RESTRICTED FUNDS	Balance bf 1 April 2023	Income	Expenditure	Transfer from / (to) unrestricted	Balance cf 31 March 2024
	£	£	£	£	£
Royal Alexandra Children's Hospital	95,303	123,027	(70,935)	(254)	147,141
TMBU & SCBU	53,976	8,844	(15,066)	-	47,754
Chalkhill - activities programme	25,859	2,500	(28,357)	-	2
Other	6,741	58,271	(60,156)	(1,233)	3,624
Total	181,879	192,642	(174,514)	(1,487)	198,520

Restricted funds are funds which are earmarked by the donor for a specific centre, department or project and have been summarised by centre supported. The transfer to unrestricted reserves represents a contribution towards core costs.

DESIGNATED FUNDS	Balance bf 1 April 2023	(Payments) made during the period £	Transfer from / (to) unrestricted	Balance cf 31 March 2024
	£	£	£	£
Royal Alexandra Children's Hospital	191,679	-	162,587	354,266
TMBU & SCBU	385	(385)	-	-
Chalkhill - activities programme	41,680	(41,680)	-	-
Other	22,608	(5,387)	-	17,221
Total	256,352	(47,452)	162,587	371,487

Designated funds are unrestricted funds available for the general purposes of the organisation, but which the trustees have chosen to earmark for a particular purpose i.e where the charity has a project commitment. At year end there are total commitments of £528,523. Of this £157,036 is held in restricted reserves, with the balance of £371,487 being held as designated reserves.

ANALYSIS OF NET ASSETS BETWEEN FUNDS	Unrestricted funds	Restricted funds	Designated funds	Total
	£	£	£	£
Fund balances at 31st March 2024 are represented by:				
- Tangible fixed assets	1,749	-	-	1,749
- Current assets	318,354	198,520	371,487	888,361
- Creditors: falling due within one year	(81,055)	-	-	(81,055)
At 31st March 2024	239,048	198,520	371,487	809,055

16. SHARE CAPITAL

The company has no share capital. The liability guaranteed by each member is £10. The authorised membership of the company is 15. At 31 March 2024 the membership was 9 (2023: 8).

Andrew Mosley		
Barry Carden		
Dr Oli Rahman (Chair)		
Dr Ryan Watkins		
Gavin Willis	appointed	27/09/2023
Lynne Mould	appointed	27/09/2023
Nadia Cowdrey	resigned	27/03/2024
Penina Shepard	appointed	31/07/2024
Rose Read	resigned	31/7/2024
Sam Thomas		
Scott Marshall		

17. RELATED PARTY TRANSACTIONS

Three Trustees are employed by The University Hospitals Sussex NHS Trust. In compliance with the conflicts of interest policy, although these Trustees have influence over grants awarded to their department, Trustee decisions for all grants are made by majority votes.

One Trustee holds the position of Managing Director at the Grand hotel where the Rockinghorse Ball took place in 2024. The Charity receives a discounted price in return for co-sponsorship of the event.

One Trustee is a Partner of Galloways who are co-sponsors of the Rockinghorse Ball.

During the year the charity received £10,203 in donations and sponsorship from Trustees and their connected organisations. These payments were made at arms length and the donors received no additional benefits.



The Rockinghorse Team

Alex Marshall

Head of Marketing and Communications

Amanda Hetherington

Head of Partnerships

Donna Holland

Chief Executive

Emma Cunliffe

Supporter Engagement Manager

Fran Masey-O'Neill

Projects Manager

India Turner-Yeomans

Head of Events and Supporters

Lucy Black

Fundraising Manager

Rhian Walsh

Finance and Operations Director

Sharon Gearing

Head of Trust Fundraising





 **01273 330044**

 **enquiries@rockinghorse.org.uk**

 **www.rockinghorse.org.uk**



ROCKINGHORSE CHILDREN'S CHARITY

England & Wales - Charity number 1018759

Accounts

ROCKS



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ROCKS



Annual Report and Financial Statements 2022–23

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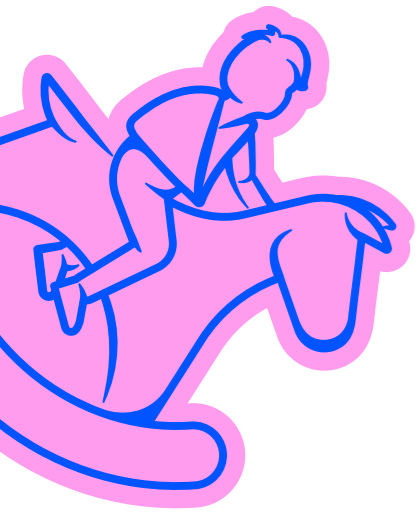


Our Vision

ROCKINGHORSE

Is a world where children are healthy and happy.

Our Mission



We do this by funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS.

We work in partnership with the UHSussex NHS Trust and other local charities to fund projects, programmes and people as well as helping young patients and their families.

We fund cutting edge equipment and facilities, support medical staff, innovative research and pioneering treatments, that make a difference to patients and their loved ones.

We support developments that go above and beyond what the NHS can provide at present.





Where we work

Whilst Rockinghorse is the official fundraising arm of the Royal Alexandra Children's Hospital in Brighton, we also support a range of paediatric healthcare and project settings throughout Sussex.

Along with supporting the Trevor Mann Baby Unit (TMBU) in Brighton and the Special Care Baby Unit (SCBU) in the Princess Royal Hospital in Haywards Heath, we also support paediatric wards, specialist neonatal units, respite centres and children's services across the whole county of Sussex.

- ① Royal Alexandra Children's Hospital, Brighton
- ② Trevor Mann Baby Unit, Brighton
- ③ Princess Royal Hospital, Haywards Heath
- ④ Special Care Baby Unit, Haywards Heath
- ⑤ Chalkhill, Haywards Heath
- ⑥ Crawley Hospital
- ⑦ Worthing Hospital, Bluefin Ward
- ⑧ St Richard's Hospital, Chichester
- ⑨ Downs View School
- ⑩ Eastbourne Hospital

This year's highlights



Rockinghorse Strategy launch

In May we launched our new strategy, setting out our visions, aims and purpose. We listened carefully to the people we support, our community, our colleagues and Trustees and together we developed six

priorities that we want to focus on over the next three years. It sets out our plans, how we will manage in an ever-changing landscape for charities, and how we will work to achieve our aims.



National Award Finalist

In November we were proud to be shortlisted for a Children and Young People Now Award.

The awards are the gold standard for anyone working with children, young people, and their families and showcase organisations that work to improve the lives

of children and young people in their communities.

Our entry was in the Mental Health and Wellbeing Award category for our specialist oncology psychologist support service.



ROCKINGHORSE



ROCKINGHORSE!

Lighting up the Royal Alex

The Royal Alexandra Children's Hospital was the setting for a magical Christmas light display. Local businesses, supporters and the community came together to 'Be a Rockinghorse Star' and raise money for children spending

time in hospital over Christmas. The campaign helped to deliver advent calendars, gifts and festive activities to local hospitals culminating with a spectacular light display on the side of the hospital.

The Rockinghorse Glitter Ball

Our 2023 Glitter Ball was a great success, raising more than £58,000 towards the launch of a brand new cancer support service. Three hundred guests enjoyed a glittering evening in

stunning surroundings at The Brighton Grand. The money raised will help children and their families deal with the trauma a cancer diagnosis and treatment can cause.



Message from our CEO

In 2023 we raised an incredible £918,000 for children and young people across Sussex. With that, we continue to deliver services and give grants for projects in children's hospitals, wards and baby units all over Sussex.

We provide lifesaving medical equipment, toys and play resources, environments and spaces that help children feel more at home when they are in hospital, ground-breaking research in paediatric medicine and additional staff to ensure kids get the best possible care. This year we have delivered and funded 68 projects and supported 380,000 children.

The work we do saves lives – we are here for the children with cancer, the babies who can't breathe and for the teenagers facing suicide. Our role is to work alongside doctors, nurses and other healthcare professionals working in children's wards and baby units across Sussex to develop and deliver projects and services that address the issues children in Sussex are facing.

I want to thank my team of staff and volunteers who worked so hard this year to deliver incredible projects, programmes and services for children and their families. I also want to thank all of the doctors, nurses and other healthcare professionals working all over Sussex. We are ever grateful for the work you do, always honoured to work alongside you and will always support you in everything you do.

I also want to thank everyone who has supported us: the runners and jumpers, the walkers and the trekkers, the bakers and makers, the companies and organisations who create events, donate and sponsor us, the Trusts and Foundations who fund us, the community groups who support us and everyone who comes to our events.

Thank you for enabling us to continue to change lives, improve lives and save lives. We couldn't do it without you.

Donna Holland:
Chief Executive, Rockinghorse Children's Charity



"Thank you for enabling us to continue to change lives, improve lives and save lives. We couldn't do it without you."

Donna Holland:
Chief Executive, Rockinghorse Children's Charity

Our impact

**380,
000**

Children Supported

**30,
000**

Children seen in A&E

68

Projects

19

Services

725

Premature Babies

42

NHS Champions

During the last year we have continued to grow the support that we offer, expanding the number of NHS Champions who help us identify the projects

that will make the most impact, supporting more children and families, and funding even more services in local paediatric healthcare settings.

How we raised our funds



24%

Corporate

10%

Support in kind

19%

Trusts and Foudations

12%

Legacy and Individuals

11%

Challenge

13%

Events

11%

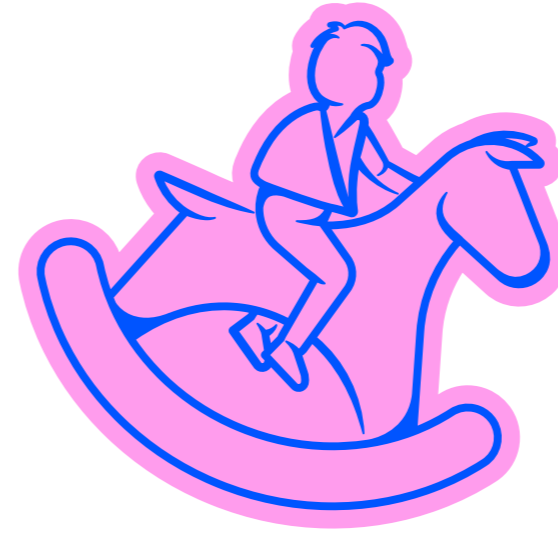
Community



Where we spent them

15%

Spaces



26%

People

26%

Activities



23%

Equipment

10%

Toys

We provide a huge range of services and projects to children all over Sussex ensuring kids get the best possible care when they are unwell.



You. We.

Let's.

ROCK

Who we support:

ROCKETS

Children

“Coming swimming every week has really helped with my mental health and the sea isn’t even that cold!”

Freddy
13 Sea swimmer



This year we funded some special sea swimming classes for young people managing long-term health conditions. The courses were aimed at benefiting their physical and mental health.

Freddy came along with his mum Beth, who noticed some benefits from the sessions, “Sometimes

when we’re in the hospital, it can be difficult for Freddy to talk about his experiences with other young people.

“But these sessions have really given him a chance to mix with other people in similar positions and open up about his situation.”

Families

"When Carey was diagnosed, our entire world shattered. I would have never got through this terrible experience if it wasn't for the psychological support I received."

Naomia
Carey's mum



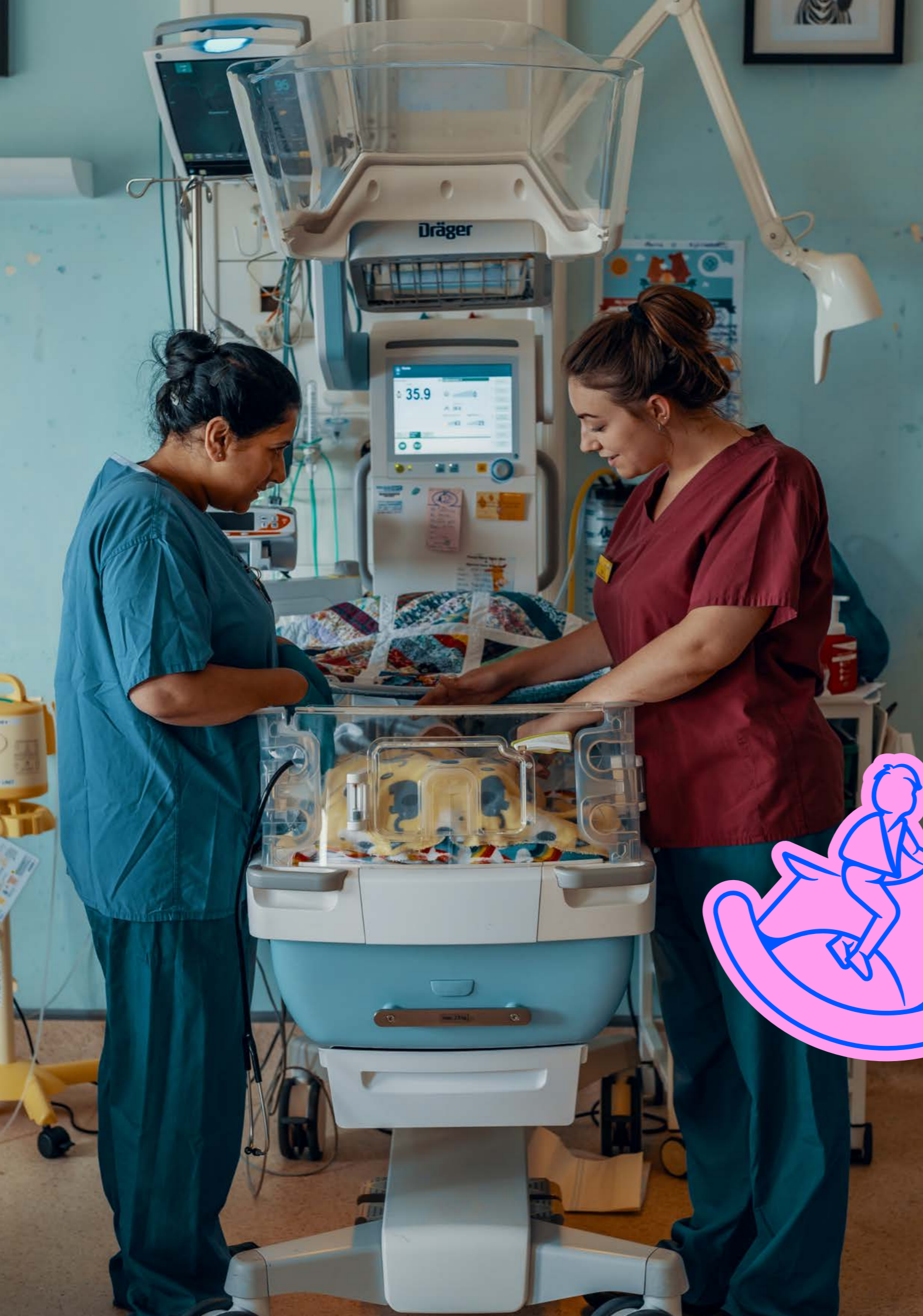
But Naomi was able to access some Rockinghorse funded psychological support, specifically for families who have gone through cancer treatment, to help her deal with her feelings and move forward.

When Carey was just 9 months old he was diagnosed with a

rare form of Leukemia. After three rounds of chemotherapy he received a bone marrow transplant from his big sister Aubrey.

This experience left Carey's mum Naomi reeling, struggling to deal with the trauma she and her family had experienced.





NHS Staff

"Rockinghorse is a big presence here at the Alex and it's hugely comforting to know they are there."

Lynne Mould
Paediatric Matron

Lynne Mould has worked at the Alex since January 2017 and in that time she's cared for thousands of children.

During that time, Rockinghorse has funded multiple projects for Lynne and her NHS colleagues, including sensory equipment, a youth worker service, music therapy and drive on cars for children going to an operation.

Lynne said, "I see so many different children and families throughout their journey through the hospital.

"Our NHS budgets just don't allow for many of these things. But it's these extras that can make a patient's journey so much more enhanced."

Our Champions

We help children feel safe, reduce their worries and have fun. But we couldn't do so much without Rockinghorse."

Harry Simmons
Play worker



At the Royal Alex there is a small team of experts. They aren't medical staff, but their role is absolutely vital.

The Play Team work across all the wards and support children regardless of how long they spend in the hospital.

Play is an incredibly powerful tool and forms a big part of every

child's treatment; helping to distract, calm or bring a smile, the work the team does expertly compliments the medical treatment patients receive.

And we're lucky enough to have them as Rockinghorse Champions, helping us know exactly how our funding can help them make the most impact.



Our supporters

Every year we are blown away by the support that we get from every area of our local community. From businesses to school classes, marathon runners to families, our supporters always go above and beyond to help us. And their reasons for choosing us as their charity show how their experiences have shaped their passion.



“Having been treated at The Royal Alex throughout my childhood, I really wanted to help support other children going through similar things.

“I’ve done various bits of fundraising but this year I thought I would really challenge myself and take on the Rockinghorse Drop 360; abseiling from the top of the i360 on Brighton seafront.

“It was really scary, but I was so proud of myself and the money I raised. It feels great to know that I can help other children to get the same wonderful care that I received.”

Emma Wilby
Rockinghorse supporter

“Rockinghorse has been a charity close to my heart for many years, and having spent time on the ward working with the teams and speaking with the children and families that receive their support has only cemented how important a role they play in my mind. I am so privileged to be in a position where we’ve been able to give back to the charity and speak for everyone at UnitedUs when I say that our hope is for this refresh to help more people connect with, and support Rockinghorse.”

Luke Taylor
Co-Founder, Creative Partner, UnitedUs

“Supporting charity in general should be within every businesses goals. At Rivervale we decided to select one charity partner for 2023 to focus all of our efforts.

“It was an easy decision for me to go for Rockinghorse; In 2017 when my first son was born, he was back in hospital after just a few days for emergency critical surgery.

“The whole team at the children’s ward were amazing and we are forever grateful. Without the support from the charity our experience and fortunes may not have been as amazing.”

Bud Johnston
Group Marketing Director, Rivervale



“It is important to us that our pupils understand the importance of giving something back to their community and you are so local - we can see the hospital from our site! And so many students, staff and parents have had personal experiences at the hospital.

It’s always inspirational to see how much the students get into the challenges we organise each year, from designing a cake for the staff at the Alex to abseiling down Peacehaven cliffs - they just get stuck in. It’s been fantastic supporting Rockinghorse this year and we’re looking forward to next year.”

Greg Wilson
Lead for Partnerships, Roedean School

THANK YOU!

THANK YOU!

Toys and fun



“The toys that Rockinghorse provide are absolutely vital in the work we do. Having the right toy, book or activity, for the right child, really does make a difference to their treatment.”

Amy Farmer
Senior Play Specialist Team Manager

Toys, games and fun things to do are a vital resource within all the children’s healthcare settings we support.

Play is a really important developmental tool for children of all ages, helping them to understand the world around them, feel normal and explore their feelings and emotions.

Every year, funding projects to supply thousands of toys, books

and craft materials forms a large part of our work.

These toys offer children a distraction from scary procedures, a relief from the boredom of being in hospital a long time, or a way to just feel like their normal selves again.

And NHS staff also find these toys invaluable to help with diagnosis, testing and as a tool to help them carry out painful procedures.

A whole new world



“The experience leaves patients with positive memories instead of hospital being a scary place to come to.”

Darren Baldwin
Paediatric Nurse Practitioner

A visit to the A&E can be scary and potentially painful for a child, especially if they’ve broken a limb or need to have injections.

So funding technology to help distract patients is vital; they reduce fear and helps NHS staff get on with their treatment.

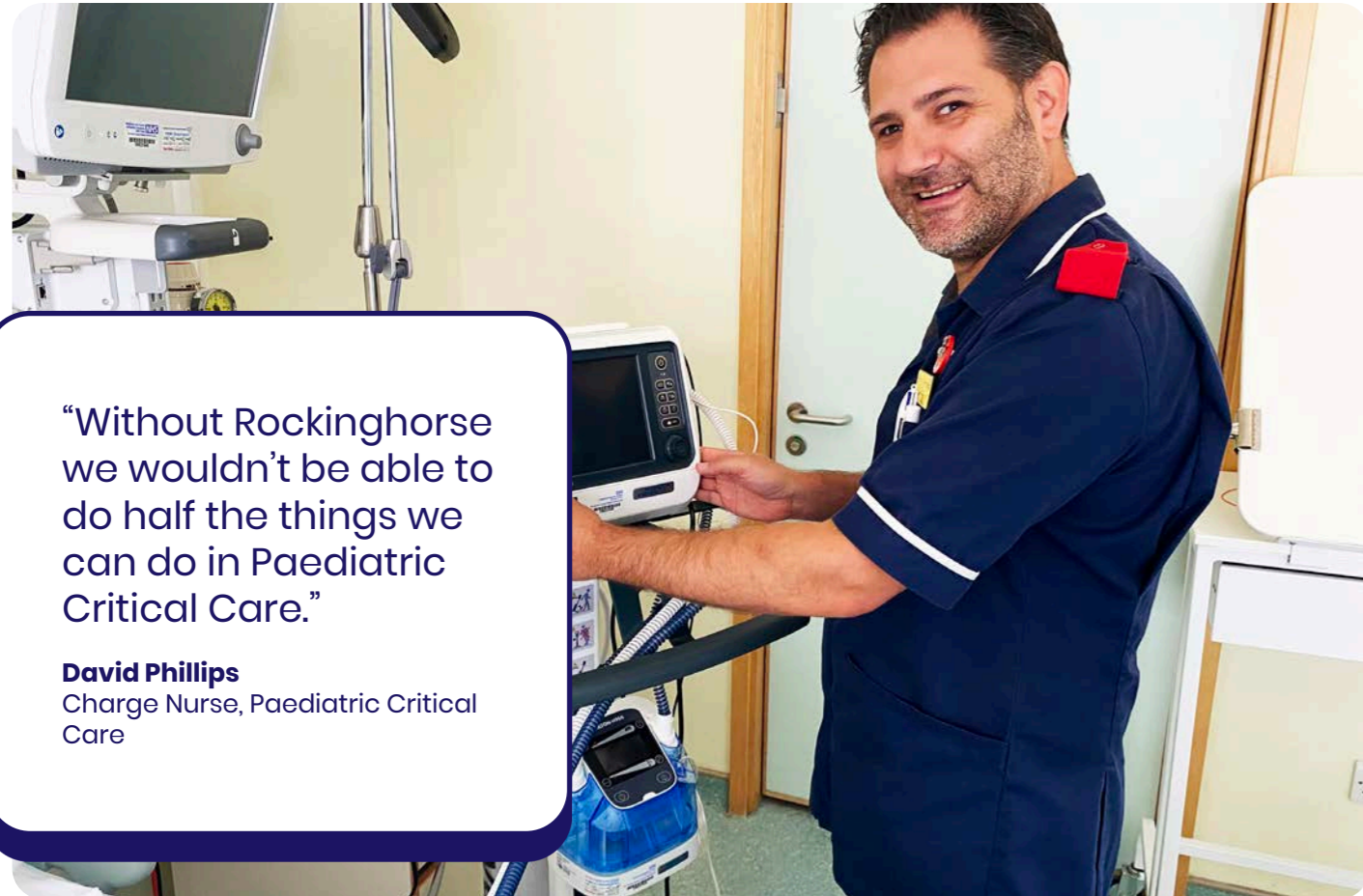
3D goggles, like those we funded this year, transport children to a whole new world, all while they’re being treated.

Darren Baldwin, Paediatric Nurse Practitioner at the Alex said,

“Some procedures can seem scary and painful to children but the goggles have been a game changer and for the many kids who’ve tried them, they barely know the procedure has been carried out.



Life saving equipment



“Without Rockinghorse we wouldn’t be able to do half the things we can do in Paediatric Critical Care.”

David Phillips
Charge Nurse, Paediatric Critical Care

This year we funded a specialist neonatal ventilator for the Paediatric Critical Care ward in the Royal Alexandra Children’s Hospital.

Since taking delivery of this new machine in February 2023, David Phillips and his team have treated children with non-invasive ventilation who were struggling with respiratory illnesses such as bronchitis and severe chest infections.

What makes this machine special is its ability to adapt to treat children of all ages and weights, even those under 5kg. And this is important because without it, the staff would struggle to nurse these smaller children and would often need to transfer patients to London for more specialist care.

Being able to provide the right kit at the right time in the right place makes life so much easier; giving piece of mind for staff and making hospital stays shorter and less stressful for families.

Breathing easier



“This kit is absolutely amazing. Not only does it help us but it also saves families the stress of having to transfer to London for the care they need.”

David Phillips

Hospitals rely on specialist medical equipment to quickly and effectively treat their patients, whether that’s in an emergency situation or for longer term care.

And whilst the NHS does its best to make sure every ward and department has exactly what they need, sometimes it’s just not possible. But that’s where we can help.

We fund those extra bits of kit that make staff and families’ lives easier. Whether it’s a specialist neonatal ventilator that avoids children having to be transferred to London, or Dinamap monitors that let staff easily and accurately assess patients’ blood pressure, heart rate, oxygen levels and temperature.

All of this makes the treatment of children in medical environments easier, less stressful and closer to home.



Special spaces



“These decorations are great for distracting children from scary or painful treatments.”

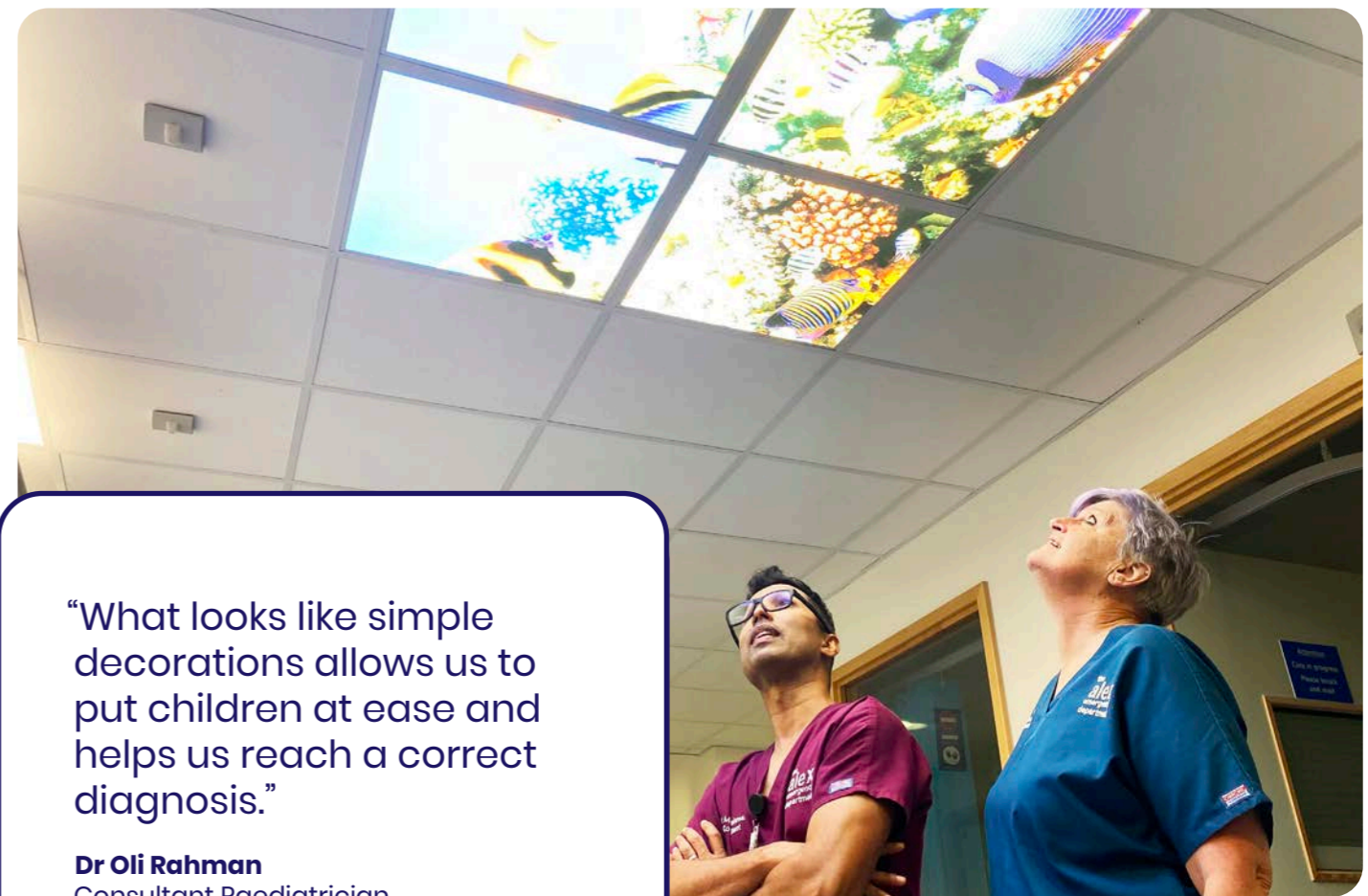
Dr Oli Rahman
Consultant Paediatrician

The environments within which children receive care can have a massive impact on their experiences. Having more holistic surroundings can help them feel calmer, less worried and ultimately makes treatment an altogether less stressful experience.

This is why we fund the refurbishment of spaces in healthcare settings across Sussex. Spaces like a clinical

room on the oncology ward, a teenage room for young people and wall and ceiling decorations within the Royal Alexandra Children’s Hospital.

These spaces help children feel happier, calmer and less anxious during their treatment. But they also help clinicians determine the right diagnosis, helping to speed up the time that families need to spend being assessed before getting the treatment they need.



“What looks like simple decorations allows us to put children at ease and helps us reach a correct diagnosis.”

Dr Oli Rahman
Consultant Paediatrician

Dr Oli Rahman, Consultant Paediatrician at The Alex, said, “These wonderful decorations are not only great for distracting children from scary or painful treatments, they can really help the diagnostic process; if a baby is lying down in their mother’s lap, distracted by the colourful ceiling, it makes examining them that much easier.

“Or if you are worried that a child may be in a disorientated state, asking them to describe what they see on the decorated walls or on the colourful ceiling is often a good way of deciding upon the level of confusion.

More than decoration

Activities



“It’s fun and relaxing being in the Art Therapy group. I personally enjoy drawing. The people are most supportive.”

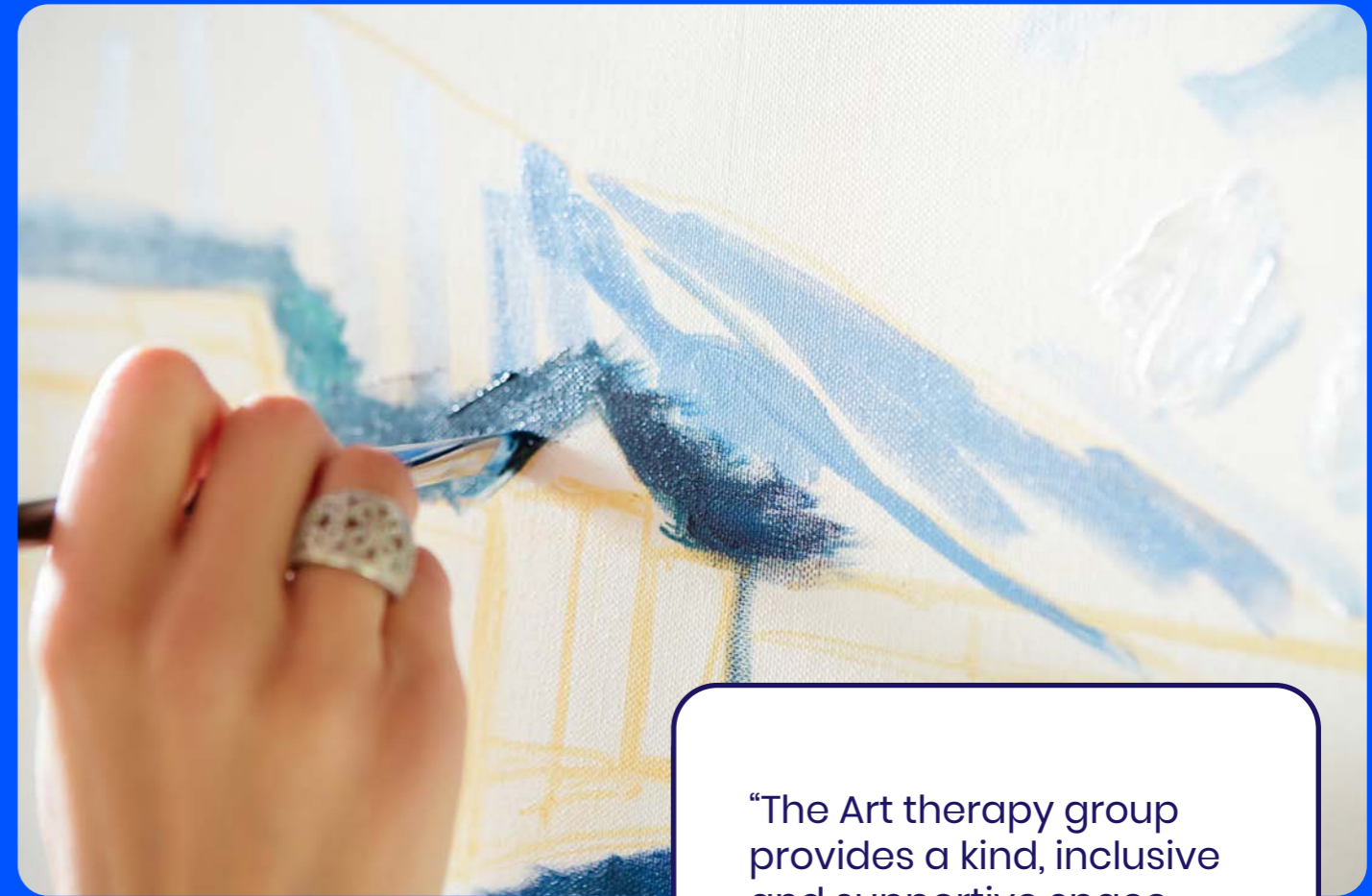
Art therapy participant

The art therapy sessions offers a unique opportunity; a calm, friendly, inclusive space where young people can make art and explore together all the different subjects that are important to them.

This includes sharing their emotions and both personal and collective experiences in relation to living with a health condition.

Young people are able to develop trusting relationships and have the space in the group to make art together and to speak freely about their experiences.

Art making in the group can be relaxing, fun and holds the possibility of creativity and self-expression without expectation or judgement.



“The Art therapy group provides a kind, inclusive and supportive space to explore feelings and experiences.”

Saskia Neary
Art Therapist

Creative therapy

Funding a range of activities throughout the year means that children and young people who are managing challenging, often long term, physical and mental health conditions can receive extra support.

Being able to take time away from a hospital setting or treatment, and spend time with other people with similar experiences doing yoga, sea swimming, or at one of our Woodland Wellbeing days, can really help them manage their feelings and explore their emotions.

People

The support we provide is often in the form of physical things such as toys, equipment, or particular medical kit, but sometimes the help that's most needed comes in the form of a person with specialist skills.

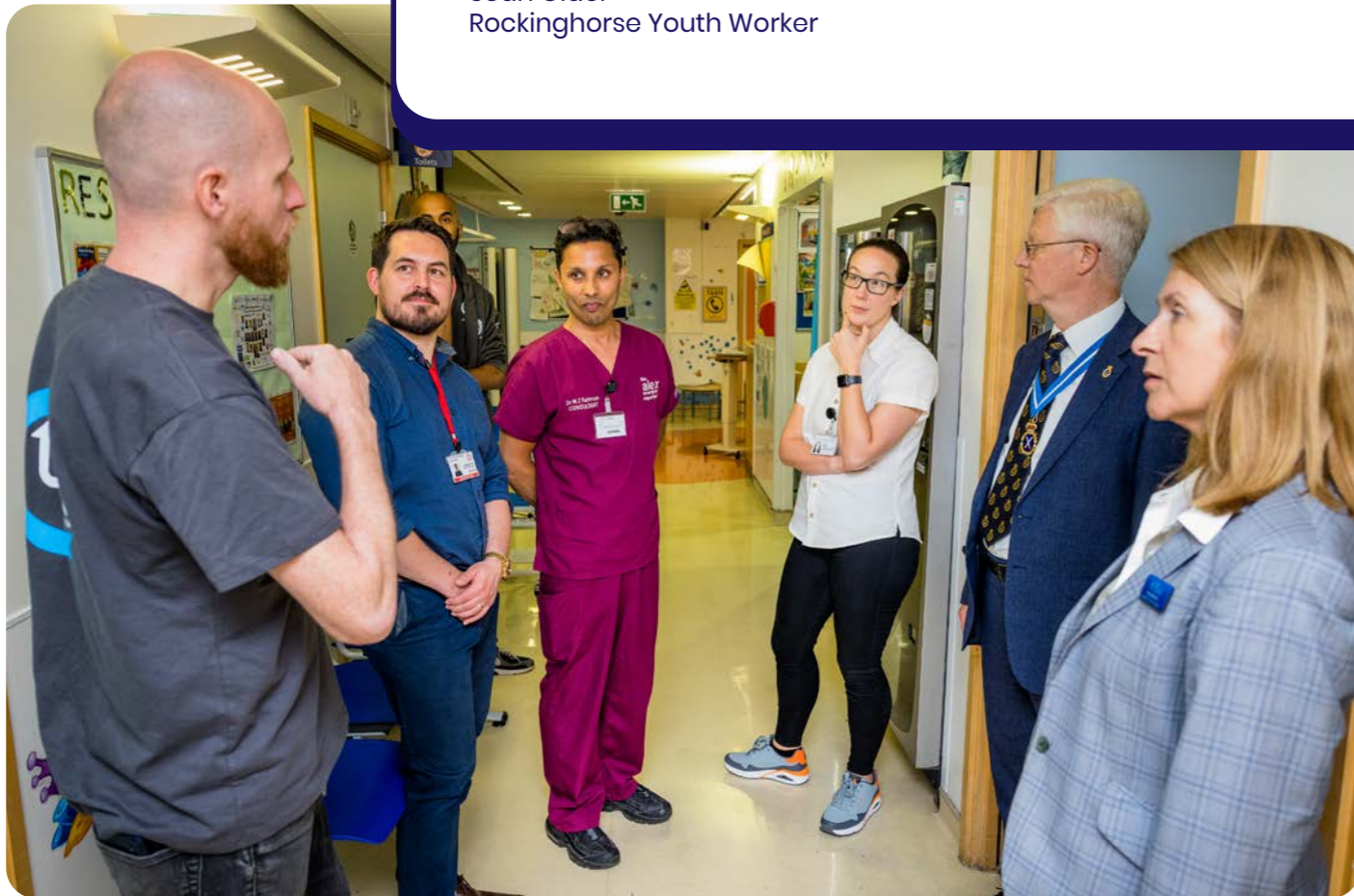
Having people who can provide specific, additional skills to a hospital team or department, can help fill a gap for children

and families that the NHS simply aren't able to provide.

Working with our NHS colleagues, we help to identify exactly where these specialists can have the most impact and then fundraise to help get them in place to start making a difference to children and young people coming into hospital.

"It's always remarkable what some of our young people go through. It's a real privilege to be able to support them when they present at the Children's Emergency Department"

Sean Older
Rockinghorse Youth Worker



Giving a helping hand

"He seems like he can make a difference and he actually listens and he tries to change things for the best."

Youth worker client



Staff across the NHS have seen an alarming rise in the numbers of young people coming into hospital in mental health crisis. They are seeing patients who have attempted to take their own lives, those battling to manage severe eating disorders and those who are struggling with alcohol and substance misuse.

Despite their best efforts, NHS staff simply don't have the time to explore the underlying issues resulting in their visits to A&E or to follow up cases in a way that might prevent them from needing to be re-admitted.

We always try to listen to what our colleagues within the NHS tell us about the support they feel is most needed and in this case they explained that having a resource based right in the A&E department would mean that vulnerable people can be supported where it's most likely to be successful.

So, in partnership with the Trust for Developing Communities, we have funded a Youth Worker service, based in the hospital, to work with these vulnerable young people and help them find a way through the struggles they are experiencing.

Research



Professor Somnath Mukhopadhyay, Chair in Paediatrics, and Dr Tom Ruffles, Honorary Consultant in Paediatric Respiratory Medicine at the Royal Alex, have undertaken this research to assess the possibility of integrating personalised medicine into clinical practice with the pioneering new clinic.

Thanks to a donation from the Cullum Family Trust, via the Sussex Community Foundation, Rockinghorse have also supported an innovative monitoring system to help children and families remember to take the inhalers

that children need regularly to ensure their asthma is well controlled.

The asthma special monitoring system is a quick and efficient way to help the team identify children with severe asthma whose treatment needs optimising as well as identifying those who struggle to remember to take their medication.

This work will make sure that families get the right support they need to improve asthma symptoms and reduce hospital admissions.

Gene based treatments



“Rockinghorse has been instrumental in helping us translate personalised medicine into clinical practise”

Dr Tom Ruffles
Honorary Consultant in Paediatrics

A vital part of any healthcare is research into how the NHS can improve the care and medical outcomes for their patients.

Undertaking research takes time, and of course money, but it's vital in ensuring that important advances are made in how best to treat all sorts of conditions.

And this is no different in children's healthcare. Asthma is the most common long-term

medical condition effecting children in the UK, with over 1.1 million receiving treatment for the condition.

As a way of improving the care for children with asthma, we helped to fund some ground-breaking research into how genetics play a part in how children respond to treatment and how more personalised medication can better help control their symptoms.

Our Strategy

At the beginning of this year, we launched our three-year strategy aimed at improving our support for children, increasing the impact of our work and expanding the number of children and families we support. Our strategy is our commitment to go above and beyond for babies, children, teenagers and their families.

In our first year we have:

- 1. Reach, Impact, Evidence & Access** – expanded our champions programme, developed new project application and evaluation processes, developed impact framework for the charity.
- 2. Engagement** – expanded our ambassador programme, developed a work experience programme, launched new events to raise money and awareness and expanded our work with partner charities.
- 3. Partnership** – expanded our work with other NHS charities and hospital charities, developed closer links with our colleagues across paediatrics, formalised our corporate engagement and supplier relationships and begun our work engaging with local advocacy and policy.
- 4. Profile & Influence** – piloted new marketing and communications for campaigning to raise money and awareness, updated our branding to be digital first and we were shortlisted for Children & Young People Now Awards 2022 for Paediatric Oncology project.
- 5. Finance** – piloted new income generation activities, increased our income, expanded our pro-bono support programme and closely managed our cost base.
- 6. Resources** – launched our digital HR platform, worked with supporters to bring new skills and knowledge to the team, begun our governance review and reviewed our policies and procedures.

Rockinghorse Children's Charity Strategy 2022-2025

Our Vision

A world where children are healthy and happy

Our Mission

To fund projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS

Our Ambitions

Reach & Impact
Engagement
Partnerships
Profile & Influence
Finance

Our Values

Caring
Passionate
Honest
Supportive
Collaborative

I want to thank everyone who has been part of this year – my brilliant staff team, our committed Trustees, our incredible colleagues in the NHS, our dedicated volunteers and all of our wonderful supporters and donors. **Donna Holland** / Chief Executive, Rockinghorse Children's Charity

The Future

At Rockinghorse our vision is for a world where children are healthy and happy. In the coming year we will continue to work towards this world – committed to delivering and funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond.

In the coming year we will:

- 1. Reach, Impact, Evidence & Access** – deliver and fund more projects supporting children and their families, continue to expand our champions programme, continue to expand our children's hospitals charity network, utilise data sources to inform project delivery and expand our youth engagement work.
- 2. Engagement** – continue to expand our ambassador and events programme, launch our new website, expand our digital engagement programme and expand our consultation work.
- 3. Partnership** – expand our network with other children's hospital charities, forge closer relationships with our stakeholders in the community, and expand our advocacy and policy work.
- 4. Profile & Influence** – launch our new website, expand our marketing and communication activities to raise money and awareness, and utilise our insights, consultation and data for project development.
- 5. Finance** – refresh our existing fundraising activities, develop new fundraising activities, expand our service delivery funding programme and expand our pro bono support programme.
- 6. Resources** – launch our updated staff handbook, complete our governance review, and review our benefits and staff support programme.



Together with our supporters, funders, partners, community, children and their families we will continue to put children and their families at the heart of our work and putting the charity at the heart of paediatric healthcare in SUSSEX. **Donna Holland** / Chief Executive, Rockinghorse Children's Charity

Thank you

The team at Rockinghorse Children's Charity work incredibly hard all year to make sure we are doing all we can to support babies and children in our community.

But we simply couldn't do what we do without the help of every single one of our wonderful supporters.

Whether it's £1 dropped in a bucket or £1,000 from a local business, every single donation makes a difference.

So **thank you.**



THANK YOU!

**We
rock!
You
rock!
Lets
rock!**





Rockinghorse Children's Charity

Trustees report

Trustees roundup

I'm proud to be the Chair of a charity that supports the work of everyone in hospitals – the children and young people, their friends and families, and the doctors, nurses and other healthcare professional that care for them.

As a Paediatric Consultant at the Royal Alexandra Children's Hospital, I've seen the huge increases in the number of children and young people presenting at hospital and the increasing pressures faced by children's services all over Sussex.

However, during this time, I've also seen the huge difference Rockinghorse makes to the lives of children and their families. I've seen the impact the charity has on the care that doctors and nurses can provide. Rockinghorse is uniquely able to make instant and lasting change for children.

This year we expanded our champions' programme; healthcare professionals in paediatric services who work with us to create, shape and deliver projects. I want to thank them and all my colleagues in the NHS, for everything they do. I also want to thank my fellow Trustees, who volunteer their time, skills and experience in supporting the work of the charity.

I'd like to thank everyone who supports our work. Thank you to the companies that sponsor our events and enable us to raise more money for projects and services. Thanks to individuals like Elena and Melissa who ran a half marathon for us, to the brilliant team of nurses who jumped out of a plane for us, and every one of the amazing children who took part in the Youth Race this year.

Thank you to incredible organisations like ILG, One Garden, Property Professionals Lunch, The Grand and Rivervale who chose Rockinghorse as their charity of the year. Thank you to people like Toby Graves, Michael Burnage, Ryan Heal, Sam Thomas, Gavin Willis and Stephanie Prior who put on events to raise money for Rockinghorse. And thank you to companies like Trident, Bohemia, Creative Pod and Search Seven who support Rockinghorse year on year.

"Thank you to everyone who makes all our work possible - from me, my colleagues and everyone at Rockinghorse."

Dr Oli Rahman

Consultant Paediatrician and Lead for the High Dependency Unit at The Royal Alexandra Children's Hospital, Brighton, Chair of Rockinghorse Children's Charity

Trustees Annual Report

Objectives

At Rockinghorse Children's Charity our vision is for a world where children are healthy and happy. While we work towards this world, we will continue to fund projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond.

We do this by funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS.

We fund cutting edge equipment and facilities, support medical staff, innovative research and pioneering treatments, that make a difference to patients and their loved ones. We support developments that go above and beyond what the NHS can provide at present.

We can confirm that we have complied with the duty in section 17 (5) of the Charities Act 2011 to have due regard to the guidance published by the Charities Commission on public benefit when reviewing the Charity's main aims and objectives, and in planning future activities and setting grant making policy for the year.

Structure, Governance and Management

Constitution

The Charity was originally founded in 1967. The company was incorporated on 17 February 1993, and is governed by its Memorandum and Articles of Association dated 29 January 1993.

Grant Making Policy

Working in partnership with local hospitals, respite centres and specialist services, we fund projects which focus on improving children's physical and emotional wellbeing, while providing additional support services for parents and carers.

The projects we fund all fit into one of six categories:

- Toys – Toys can really help to pass the time, distract from a painful procedure or help with diagnosis.
- Equipment – From large bit of medical kit to smaller equipment to help with everyday care.
- Spaces – Revamping or creating new, therapeutic spaces in hospitals and the local community.
- Research – Cutting edge research to help move children's healthcare into the future.
- Activities – Special events and activities to help children and young people manage wellbeing.
- People – Specially trained additional staff to help support patients, families and NHS departments.

Code of Ethics

At Rockinghorse we pride ourselves on our non-aggressive, consultative approach to fundraising. No cold calls, no call centres, no pressure.

Our cause is built on long lasting relationships which have been cultivated over many years through trust, honesty, transparency and a commitment to show every one of our supporters where your funds go.

Our team are here to help and guide anyone wishing to support us in any way they can, whether that's direct fundraising or volunteering. Either way, Rockinghorse make the donor journey a hassle free and enjoyable process from the moment you first make contact, which for many of our supporters can be at a very sensitive time in their lives. We are an independent charity that is part of the fabric of the very community we serve.

Organisational Structure

The Board of Directors consists of eight Trustees and chaired by Oli Rahman, who was elected in November 2022.

Every member of the Board, including the Chairman, is elected for one year and stands for re-election at the next Annual General Meeting.

New Trustees are nominated by existing Trustees and selected by majority vote.

All new Trustees are inducted which includes a meeting with the Chairman, a meeting with the Chief Executive, a tour of the Royal Alexandra Hospital as well as completion of Companies House and Charity Commission documentation.

During the year Phil Frier and Gary Gibson resigned and the Board thank them for their service. There was one new appointments during the year. We welcome Nadia Cowdrey.

The Board meets at least six times a year and this is supplemented by two additional meetings for three new sub-committees:

- HR & Operations Committee

The overall remit of the Committee is to oversee all aspects of policy and procedure for the charity and to advise, guide and support the charity in any aspect of operations relating to staffing.

- Finance, Audit & Risk Committee

The overall remit of the Committee is to ensure the integrity of Rockinghorse Children's Charity's Annual Report & Financial Statements, to oversee risk within the organisation and oversee the relationship with external auditors.

- Fundraising & Engagement Committee

The overall remit of the Committee is to support and expand the work of fundraising, income generation, events, engagement, marketing and communications undertaken by the charity.

The Trustees have delegated the day-to-day management to the senior management team who report on the performance against budget, which are approved each year by the Trustees.

All Trustees give their time freely and no remuneration was paid in the year.

Royal Patron

We are delighted to continue to receive invaluable support from our Royal Patron, HRH Princess Alexandra. As guests of Princess Alexandra, we had the honour of attending His Majesty King Charles' first garden party at Buckingham Palace since he became monarch.

Remuneration for charities key personnel

The HR Sub Committee review, approve and make a recommendation to the Board of any annual inflationary pay or changes to the financial and non-finance remuneration for staff.

How we measure success

The Charity sets an annual budget, balancing ambition and reality for all our income and expenditure. Trustees and senior management then monitor this through the year and in comparison to previous years. Monthly management accounts and updates on fundraising activities are presented at each Board meeting.

The Charity ensures that fundraising and other income generating activities are well planned to provide a good return on investment and growth for the future.

We take care to ensure that we spend our funds in a way that has the maximum impact, focusing on priority areas. We actively seek feedback from the areas we have funded on the impact our support has had on the patients and staff, to ensure that funds are achieving the appropriate results.

Financial Review

We would like to express our heartfelt thanks to every trust, company, community group, event participant, individual and volunteer who supported us during the year.

Rockinghorse receive no statutory funding and very little income comes from legacies as such the fundraising structure is such that we rely more on individual donors, corporates and events with a higher associated cost/income ratio than other types of fundraising.

During the financial year Rockinghorse raised a total of £918,767 (2022: £782,868) an increase of 17% on the previous year.

Costs, excluding grants increased by 35% to £591,572 (2022: £438,730), the increase is a result of increased staff costs (increased headcount), increased event costs (additional events) and increased marketing spend (£39k of which was a donated service in kind).

Rockinghorse was proud to support 68 projects throughout the year totalling £331,700 (2022: £249,498).

Trusts and Foundations

We were successful in receiving funds from 37 trust applications generating £164,631 of income (2022: £132,815 inc 24%). As part of our three year strategy Trust fundraising is an area we are focusing our growth and from April 23 will be recruiting an additional fundraiser.

Challenge

Challenge event income fell to £96,338 (2022: £114,470 dec 16%).

The Rockinghorse Superhero Drop saw 26 brave participants, including our very own CEO Donna Holland and our Chair Dr Oli Rahman take part in the abseil from the i360, raising over £11,000.

Ten runners undertook the ultimate challenge by taking part in the London Marathon, raising over £24,000.

After three years away, the ever-popular Brighton Half Marathon Youth races made a welcome return with Rockinghorse as the official charity partner. The event gave youngsters the unique opportunity to experience the buzz of race day, just like their older counterparts who were taking part in the adult race later in the morning.

More than 650 Santas were seen running along the seafront in December, all taking part in the Santa Dash in aid of Rockinghorse.

Corporate

Local businesses are a vital part of fundraising and are our largest source of income. Through generous donations, beneficiary events and numerous employee fundraising activities during the year, collectively our corporates raised £212,459 (2022: £145,123 inc 46%)

World Cup winning rugby legend Mike Tindall MBE was the guest speaker at the Best of British charity sporting lunch. With more than 500 guests in attendance, this event in aid of Rockinghorse raised a wonderful £18,000.

Individual

We were thankful for our loyal and new regular givers and those that choose to support us through special occasion giving, whether that be a birthday or wedding. We are also grateful for all the in-memory donations that we received during the year. Our individual fundraisers generated £67,029 (2022: £58,144 inc 15%).

Sam Thomas, our parent Trustee took on the Trustee 10k Challenge, raising over £10,000. He did this by jumping out of a plane, completing a triathlon, doing a 24-hour podcast and playing 55 holes of golf in one day.

Community

We are grateful to the community groups, schools, religious groups, and supermarkets that all help make a difference this year to collectively raise £96,392 (2022: £104,305 dec 8%).

The Bears Big Bash, an annual banger race event took place in August, raising nearly £23,000! The event marked The Bears' ninth charity meeting raising funds for the Charity. To date they have raised nearly £200,000.

Events

Event income throughout the year generated £110,504 (2022: £99,781, inc 11%).

Our Glitter Ball raised £58,000 – and it's all thanks to our incredibly generous supporters and our wonderful sponsors, including our headline sponsors and charity partners The Agora Clinic. The legacy of this event will be a brand-new cancer support service – helping children and their families after cancer treatment.

A range of Sussex based businesses came together to celebrate and host Brighton's leading International Women's Day event in March.

Golf lovers from around Sussex helped to raise £5,600 at the Rockinghorse Annual Golf Day.

Legacy

Whilst we do not tend to receive large sums of income from legacies, we were beneficiary to £39,546 of legacy income during the year (2022: £50,000 dec 21%).

Gift in Kind

We were grateful to all the corporates, individuals, community groups that donated Christmas presents, in particular to Churchill Square where we were the beneficiary of their giving tree. You helped make Christmas happen to the children spending Christmas in hospital.

Services in Kind

We are lucky to have received £56,658 worth of services in kind.

Trident Group provide all our IT equipment and support through the year in kind and have been loyal supporters of the charity for 10 years.

United Us developed a brand new website and refreshed our branding to help keep us relevant and engaging to current and future supporters.

As a charity we are also entitled to a Google Ad Grant which offers up to \$10,000 of in-kind advertising per month, allowing us to create adverts for our events and campaigns to people who are interested in the work we do. And to help us administer this grant, we have the expert and long-term support of digital marketing agency Search Seven.

Key Risks and uncertainties

The Charity maintains a robust risk management process. A risk register is maintained which sets out the principal risks affecting the Charity. Risks are assessed regularly by the CEO for severity and likelihood with mitigating actions identified to minimise their likelihood and impact. These risks and progress on these actions are reviewed regularly by the Trustees at each Board meeting.

The principal risk to the Charity is concern over the rise in the cost of living and general economic uncertainty.

As a Charity, we are dependent on meeting our income targets to continue our charitable activities. In an uncertain external economic environment, there is a risk that we fail to meet our targets and this impacts our ability to operate.

Our strategy outlines our approach to mitigating this risk by focusing on diversifying our income streams, investing in our fundraising capacity and capability, investing in digital fundraising platforms that will help us generate new income opportunities online and continuing to minimise our costs and maximise our efficiencies wherever possible.

Reserves Policy

Reserves describe that part of our charity's funds which are freely available and exclude restricted funds and designated funds.

Restricted funds are funds, which are subject to special trusts specified by the donor. They can only be used for the purposes for which they are given. At year end there are restricted reserves of £181,879.

Designated funds are unrestricted funds available for the general purposes of the organisation, but which the trustees have chosen to earmark for a particular purpose i.e. where the charity has a project commitment. At year end there are total commitments of £388,276. Of this £131,923 is held in restricted reserves, with the balance of £256,352 being held as designated reserves.

Trustees have established a reserves policy to honor our commitments and deliver our strategy whilst also protecting the continuity of our work in the event of a shortfall in income.

The charity aims to hold un-designated reserves sufficient to cover six months' operational costs with an aspiration to hold more where there is no impact on immediate funding requirements.

On this basis, the estimated requirement for six months' operational expenditure, including wages and core running costs, equates to £230,782.

Reserves at the end of the reporting period are calculated as follows:

	2022/23	2021/22
Total: Unrestricted Funds of	579,436	567,490
Less: Designated funds of:	(256,352)	(283,582)
Total Reserves	323,084	283,908

At year end, Trustees have maintained somewhat higher general unrestricted, undesignated reserves which will seek to be used over the next two financial years.

The Charities reserve policy is reviewed annually, to ensure it is fit for purpose, up to date and reflects the legislative requirements.

Going Concern

The Trustees believe that the Charity's reserves level, strong cash holdings and disciplined approach to budgeting mean that the immediate future of the Charity over the next 12 to 18 months is secure and that on this basis the Charity is a going concern.

Investment Policy

Consistent with a limited risk appetite, reserves are currently held in cash in recognition of a volatile and unpredictable investment market and in keeping with advice taken by the board who will continue to keep this position under review as appropriate.

Plans for future

We have developed six strategic ambitions that we will be focusing on over the next three years.

These ambitions will help us:

Ensure that staff at The Alex, TMBU and children's services across Sussex have the resources, equipment, and environments they need to care for sick children and their families.

Focus on identifying, developing, funding and evaluating projects that make a real impact on sick babies, children and their families.

Build our internal capacity and capabilities to ensure we can be there for all sick children and their families for the next 55 years.

In the coming year we will:

Reach, Impact, Evidence & Access – deliver and fund more projects supporting children and their families, continue to expand our champions programme, continue to expand our children's hospitals charity network, utilise data sources to inform project delivery and expand our youth engagement work.

Engagement – continue to expand our ambassador and events programme, launch our new website, expand our digital engagement programme and expand our consultation work.

Partnership – expand our network with other children's hospital charities, forge closer relationships with our stakeholders in the community, and expand our advocacy and policy work.

Profile & Influence – launch our new website, expand our marketing and communication activities to raise money and awareness, and utilise our insights, consultation and data for project development.

Finance – refresh our existing fundraising activities, develop new fundraising activities, expand our service delivery funding programme and expand our pro bono support programme.

Resources – launch our updated staff handbook, complete our governance review, and review our benefits and staff support programme.

Together with our supporters, funders, partners, community, children and their families we will continue to put children and their families at the heart of our work and putting the charity at the heart of paediatric healthcare in Sussex.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Rockinghorse Childrens Charity for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Chariot House Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 28 November 2023 and signed on the board's behalf by:



Oli Rahman

REFERENCE AND ADMINISTRATIVE DETAILS

Name of Charity:	Rockinghorse Children's Charity
Charity Registration No:	1018759
Company No:	2791054
Registered Office/Address:	13 Prince Albert Street Brighton East Sussex BN1 1HE
Royal Patron:	HRH Princess Alexandra
Trustees/Directors:	Andrew Mosley Barry Carden Gary Gibson (resigned 29/03/23) Nadia Cowdrey (appointed 21/09/22) Oli Rahman (Chair) Phil Frier (resigned 15/11/22) Rosie Read Ryan Watkins Sam Thomas Scott Marshall
Chief Executive:	Donna Holland
Bankers:	Metro Bank 82 North Street Brighton BN1 1ZA
Independent Auditors:	Chariot House Limited 44 Grand Parade Brighton East Sussex BN2 9QA
Legal Advisors:	Dean Wilson LLP Ridgeland House 165 Dyke Road Brighton BN3 1TL





Independent auditor's report to the members of Rockinghorse Children's Charity.

Opinion

We have audited the financial statements of Rockinghorse Children's Charity (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Report of the Trustees and from the requirement to prepare a Strategic Report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charitable company and the sector in which it operates, and considered the risk of acts by the charitable company that were contrary to applicable laws and regulations, including fraud.

We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Companies Act 2006, Charities Act 2011 and UK tax legislation. Our tests included agreeing the financial statement disclosures to underlying supporting documentation, enquiries with management and enquiries of legal counsel when considered necessary.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it.

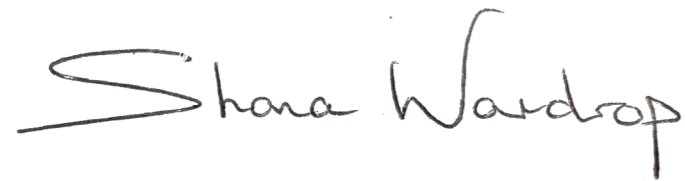
We did not identify any key audit matters relating to irregularities, including fraud. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of management bias by the trustees that represented a risk of material misstatement due to fraud.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose.

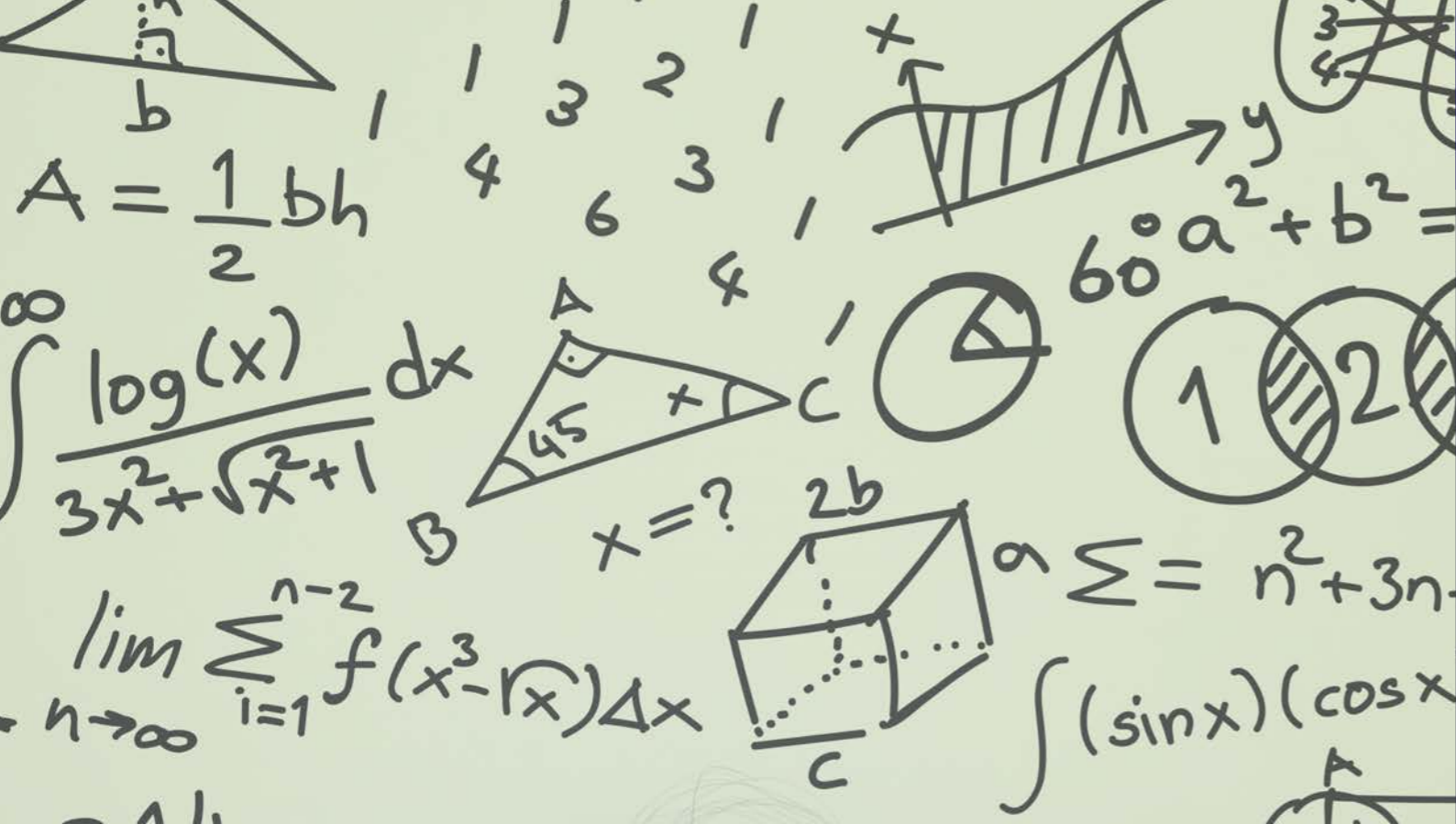
To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Shona Wardrop CA
for and on behalf of Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 28 November 2023





Rockinghorse Children's Charity

Financial Statements

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2023	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2022
		£	£		£	£	£		£
INCOME FROM:									
Donations and legacies		625,990	53,177	-	679,167	553,627	71,097	-	624,724
Investment income	2	1,310	-	-	1,310	698	-	-	698
Other income	4	73,659	-	-	73,659	24,631	-	-	24,631
Charitable activities	3	9,288	155,343	-	164,631	3,150	129,665	-	132,815
TOTAL		710,247	208,520	-	918,767	582,106	200,762	-	782,868
EXPENDITURE ON:									
Raising funds	5	246,042	-	-	246,042	160,277	-	-	160,277
Charitable activities	6	430,767	214,928	31,535	677,230	356,089	171,862	-	527,951
TOTAL		676,809	214,928	31,535	923,272	516,366	171,862	-	688,228
NET INCOME BEFORE TRANSFERS		33,438	(6,408)	(31,535)	(4,505)	65,740	28,900	-	94,640
TRANSFERS		5,738	(10,043)	4,305	-	(282,580)	(1,002)	283,582	-
NET INCOME		39,176	(16,451)	(27,230)	(4,505)	(216,840)	27,898	283,582	94,640
Fund balances brought forward at 31 March 2022	15	283,908	198,330	283,582	765,820	500,748	170,432	-	671,180
Fund balances carried forward at 31 March 2023	15	323,084	181,879	256,352	761,315	283,908	198,330	283,582	765,820

The statement of financial activities incorporates the income and expenditure account, the results for the year derive from continuing activities and there are no gains or losses other than those shown above.

The notes of pages 80 to 88 form part of these Accounts.

BALANCE SHEET

Balance Sheet	Note	2023		2022	
		£	£	£	£
<i>For the year ended 31 March 2023</i>					
Fixed Assets					
Tangible fixed assets	11		1,846		3,128
			1,846		3,128
Current Assets					
Debtors	12	80,353		44,885	
Cash at bank and in hand		754,205		774,904	
		834,558		819,789	
Creditors: Amounts falling due within on year	13	(75,089)		(57,097)	
		(75,089)		(57,097)	
Net Current Assets			759,469		762,692
Net Assets			761,315		765,820
Funds					
Unrestricted funds	15		323,084		283,908
Restricted funds	15		181,879		198,330
Designated funds	15		256,352		283,582
			761,315		765,820

These financial statements were approved by the Trustees on 28 November 2023 and signed on their behalf by:



Oli Rahman
Chair

The notes of pages 80 to 88 form part of these Accounts.

STATEMENT OF CASH FLOW

Cash Flow Statement	2023		2022	
	£	£	£	£
<i>For the year ended 31 March 2023</i>				
Reconciliation of net movement in funds to net cash flows from operating activities				
Net movement in funds	(4,505)		94,640	
Depreciation	3,248		3,264	
(Increase)/decrease in debtors	(35,468)		(10,905)	
Increase/(decrease) in creditors	17,992		(82,943)	
Net cash outflow from operating activities		(18,733)		4,056
Capital expenditure				
Purchase of tangible fixed asset		(1,965)		(1,608)
Net cash outflow from capital expenditure		(1,965)		(1,608)
Increase/(decrease) in cash in the year		(20,699)		2,448
Reconciliation of net cash flow to movement in net cash funds				
Net funds at beginning of the year		774,904		772,456
Change in net funds during the year		(20,699)		2,448
Net funds at the end of the year		754,205		774,904

The notes of pages 80 to 88 form part of these Accounts.

1. ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements.

(a) Basis of Preparation

The financial statements have been prepared in accordance with applicable accounting standards. In addition they have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (FRS102), applicable UK Accounting Standards and the Companies Act 2011.

The Charity meets the definition of a public benefit entity under FRS102.

(b) Going concern

The accounts are prepared on a going concern basis after consideration by the trustees that there are no material uncertainties about the Charity's ability to continue as a going concern. Such consideration includes a review of committed income and expenditures, cash flows and reserves. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustments to the carrying amount of assets and liabilities within the next reporting period.

(c) Funds Accounting

The Charity has various types of funds for which it is responsible and which require separate disclosure:

Restricted Funds

These are funds, which are subject to special trusts specified by the donor. They can only be used for the purposes for which they are given.

Unrestricted Funds

These are funds available for the purposes of the charity to be spent as the trustees sees fit within the stated objectives of the charity.

Designated Funds

These are unrestricted funds available for the general purposes of the organisation, but which the trustees have chosen to earmark for a particular purpose i.e where the charity has a project commitment.

(d) Incoming Resources

Donations - on the receipt of cash or under the terms of contract as appropriate, together with any income tax recoverable. Donations in the form of donated time have not been quantified as this is not possible and therefore are neither recorded as donated income nor as an expense in the financial statements. Donations in the form of goods are valued by the Trustees at the date of receipt and are included as income.

Legacies - recognised on a receivable basis when capable of financial measurement.

Grants receivable - on a receivable basis on notification.

Investment income - on a receivable basis, together with any income tax recoverable.

Gifts and services in kind - on a receivable basis. Their gross value is estimated to be the price it is estimated we would have to pay in the open market.

(e) Resources Expended

Resources expended are accounted for on an accruals basis.

(i) Allocation of overhead and support costs

Overhead and support costs have been allocated between costs of generating funds, charitable activities and governance. Costs which are not wholly attributable to an expenditure category have been apportioned. Where costs are shared by two or more charitable activities, for example support costs, these costs have been apportioned between categories on the basis of time spent by staff as a proportion and this is analysed in note 7.

(ii) Raising funds

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees (see note 5).

(iii) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure therefore include support costs and an apportionment of overheads, as shown in note 6.

(iv) Grants payable

Grants payable are payments made to third parties in the furtherance of the charitable objectives of Rockinghorse. Single or multi-year grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Charity.

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about the timing of the grant.

Hospital equipment purchased for the Royal Alexandra Children's Hospital and other NHS Trusts is donated outright to the hospital and is therefore accounted for as grants. Rockinghorse receive proof of purchase and regular reports on the equipment.

(f) Capitalisation and depreciation of fixed assets

Tangible fixed assets are recorded at cost. Depreciation is calculated on a straight line basis at rates appropriate to write off the costs of the assets over their expected useful economic lives as follows:

Leasehold Improvements	- 3 years
Other equipment	- 3 years
Furniture / Fixtures	- 3 years

It is the Charity's policy that items below £2,500 are not capitalised and are instead expensed in the year of purchase.

The charity regularly carries out impairment reviews of fixed assets.

(g) Commitments

Commitments which are legally binding are included as liabilities.

(h) Research expenditure

Research expenditure is written off in the year it is incurred.

(i) Operating leases

Rentals payable under operating leases are charged on a straight-line basis over the term of the lease.

(j) Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

(k) Defined contribution plan

The charity operates a defined contribution pension scheme. Contributions payable to the charities pension scheme are charged to the Statement of Financial Activities in the period to which they relate. The contributions are apportioned to relevant activities based upon the proportion of time spent on that activity by the employee to which they relate.

(l) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognized at transaction value and subsequently measured at amortised cost.

2. INCOME FROM FIXED ASSET INVESTMENTS	2023	2022
	£	£
Interest income	1,310	698
Total	1,310	698
3. GRANTS RECEIVED (RESTRICTED)	2023	2022
	£	£
The Advanta Foundation	2,000	-
The Alchemy Foundation	-	500
The Ardwick Trust	100	-
The Arnold Clarke Community Fund	1,000	-
The Ashfield Trust	-	22,000
The Boshier-Hinton Foundation	2,018	-
The Camelia Botnar Foundation	25,170	25,000
The Carpenter Box Charitable Foundation	-	500
The Chalk Cliff Trust	5,000	3,250
The Charlotte Marshall Charitable Trust	453	976
The Coral Samuel Charitable Trust	2,160	-
The Cullum Family Trust	18,885	5,000
The David Brooke Charity	3,000	2,500
The Dixie Rose Findlay Charitable Trust	1,500	-

The D O'yly Carte Charitable Trust	3,000	-
The EF & MG Hall Charitable Trust	1,000	-
The Fitton Trust	300	250
The Focus Foundation	9,139	-
The Gannett Foundation	-	1,902
The Geoff & Fiona Squire Foundation	-	5,000
The Hall Charitable Trust	-	1,000
The Hedley Foundation	-	1,500
The Hospital Saturday Fund	-	1,447
The Ian Askew Charitable Trust	1,000	1,000
The JC Robinson Trust No3	500	-
The Lake House Charitable Foundation	5,000	-
The Michael & Shirley Hunt Charitable Trust	-	1,000
The Miss Pannett Charitable Trust	250	250
The Mrs A Lacy Tate Trust	-	500
The National Foundation for Youth Music	20,470	29,910
The N Smith Charitable Settlement	500	-
The Openwork Foundation	15,000	-
The PE Lennard Charitable Trust	20,000	-
The Peter Harrison Foundation	-	3,000
The Reed Foundation	-	2,000
The Rowan Bentall Charitable Trust	-	250
The RS Brownless Charitable Trust	-	200
The Samphire Trust	-	4,500
The Sandra Charitable Trust	4,000	3,000
The Schreier Foundation	1,000	1,000
The Sussex Community Foundation	-	10,230
The Sussex Masonic Charitable Foundation	1,000	-
The Tallulah Lewis Foundation	2,500	-
The Three Oaks Trust	5,000	-
The Wallace & Gromit's Children's Charity	4,398	-
The Webb Family Charitable Trust	-	2,000
TOTAL	155,343	129,665

GRANTS RECEIVED (UNRESTRICTED)		
	2023	2022
	£	£
The Alan Greenaway Foundation	-	500
The Benefact group	1,000	-
The Ernest Kleinwort Charitable Trust	5,012	-
The Griffin Law Charitable Foundation	500	-
The Hogarth Charitable Trust	-	150
The Lunar Foundation	100	-
The Miss Jo Torrington Childrens Fund Charitable Trust	1,650	-
The Tallulah Lewis Foundation Limited	-	2,500
The Violent Delaney's Charitable Trust	1,026	-
Total	9,288	3,150
Total Grants received	164,631	132,815

4. OTHER INCOME	2023	2022
	£	£
Rental income	17,000	9,500
Services in Kind	56,659	11,131
Incentivised Switching Dowry		4,000
Total	73,659	24,631

5. EXPENDITURE ON RAISING FUNDS	Unrestricted Funds	Restricted Funds	Designated Funds	2023	2022
	£	£	£	£	£
Staff salaries	83,408	-	-	83,408	59,724
Support costs allocation (see note 7)	17,753	-	-	17,753	18,278
Direct costs	144,881	-	-	144,881	82,275
	246,042	-	-	246,042	160,277
6. EXPENDITURE IN CHARITABLE ACTIVITIES	Unrestricted Fund	Restricted Funds	Designated Funds	2023	2022
	£	£	£	£	£
Staff salaries	280,259	-	-	280,259	210,204
Support cost allocation (see note 7)	59,651	-	-	59,651	64,329
Audit fees	5,620	-	-	5,620	3,920
Grants (see below)	85,237	214,928	31,535	331,700	249,498
Total	430,767	214,928	31,535	677,230	527,951

	2023	2022
	£	£
Grants payable to institutions		
Royal Alexandra Children's Hospital	259,460	157,365
TMBU & SCBU	13,335	13,519
Chalkhill activities programme	26,981	15,459
Other	31,924	63,155
Total	331,700	249,499

7. ALLOCATION OF SUPPORT COSTS	Raising funds	Charitable activities	2023	2022
	£	£	£	£
Rent	3,899	13,101	17,000	17,001
Heat, light, water, maintenance	2,017	6,776	8,793	19,858
Administration	3,956	13,293	17,249	11,900
Travel	698	2,343	3,041	1,673
Communication	2,215	7,444	9,659	8,990
Legal and other fees	4,968	16,694	21,662	23,185
Total	17,753	59,651	77,404	82,607

8. AUDITORS' REMUNERATION

	2023	2022
Fees payable to the charity's auditors for the audit of the charity's financial statements	£5,400	£3,960

9. REMUNERATION OF TRUSTEES AND TRUSTEES' EXPENSES REIMBURSED

No Trustees, or connected persons, received any remuneration during the year. No payments were made to any pension schemes in respect of Trustees and no expenses were reimbursed either this year or last year.

10. STAFF NUMBERS AND COSTS

The average number of persons employed by the company during the year was 9 (2022: 10). The aggregate payroll costs were:

	2023	2022
	£	£
Wages and salary	321,876	240,584
Social security costs	29,318	19,751
Pension	12,473	9,593
Total	363,667	269,928

The number of employees whose employee benefits (excluding pension costs) exceeded £60,000 was:

	2023	2022
£60,000 - £70,000	1	-

Total remuneration of key management personnel in the year was £135,397 (2021/22: £80,331). The Charity remains grateful for the work of its volunteers. The role and scope of work undertaken varies and the time donated by volunteers is not recognized in the financial statements as this cannot be reliably or consistently valued.

11. FIXED ASSETS	Office Equipment
	£
Costs	
At 1 April 2022 brought forward	9,791
Additions	1,965
At 31 March 2023	11,756
Depreciation	
At 1 April 2022 brought forward	6,663
Charge for the year	3,248
At 31 March 2023	9,911

Written Down Values	
At 31 March 2023	1,846
At 31 March 2022	3,128

12. DEBITORS: amounts due within one year	2023	2022
	£	£
Prepayments	29,365	19,952
Other debtors	50,988	24,933
TOTAL	80,353	44,885

13. CREDITORS: amounts falling due within one year	2023	2022
	£	£
Trade creditors	42,905	18,945
Social security and other taxes	8,587	7,832
Accruals and Deferred Income	23,597	30,320
TOTAL	75,089	57,097

14. OPERATING LEASE COMMITMENTS	Premises	Other	Premises	Other
	2023	2023	2022	2022
The Charity holds the following leases over their premises:	£	£	£	£
Within one year	17,000	850	17,000	4,852
Between two and five years	36,125	1,275	53,125	2,125
	53,125	2,125	70,125	6,977

15: MOVEMENT OF FUNDS	Unrestricted Funds	Restricted Funds	Designated Funds	Total
	£	£	£	£
At 1 April 2022	283,908	198,330	283,582	765,820
Movement in funds in the year	39,176	(16,451)	(27,230)	(4,505)
At 31 March 2023	323,084	181,879	256,352	761,315

Restricted Funds	Balance b/fwd	Income	Expenditure	Transfer to un-restricted	Balance c/fwd
	1 April 2022				31 March 2023
	£	£	£	£	£
Royal Alexandra Children's Hospital	75,493	158,936	(129,073)	(10,043)	95,303
TMBU and SCBU	55,443	11,868	(13,335)	-	53,976
Chalkhill Activities Programme	49,840	3,000	(26,981)	-	25,859
Other	17,564	34,716	(45,539)		6,741
Total	198,330	208,520	(214,928)	(10,043)	181,879

Restricted funds are funds which are earmarked by the donor for a specific centre, department or project and have been summarised by centre supported.

Designated Funds	Balance b/fwd	In- come	Expenditure	Transfer from un-restricted	Balance c/fwd
	1 April 2022				31 March 2023
	£	£	£	£	£
Royal Alexandra Children's Hospital	213,941	-	(22,262)	-	191,679
TMBU and SCBU	4,386	-	(4,001)	-	385
Chalkhill Activities Programme	46,952	-	(5,272)	-	41,680
Other	18,303	-	-	4,305	22,608
Total	283,582	-	(31,535)	4,305	256,352

Designated funds are unrestricted funds available for the general purposes of the organisation, but which the trustees have chosen to earmark for a particular purpose i.e where the charity has a project commitment. At year end there are total commitments of £388,276. Of this £131,923 is held in restricted reserves, with the balance of £256,352 being held as designated reserves.

ANALYSIS OF NET ASSETS BETWEEN FUNDS	Unrestricted Funds	Restricted Funds	Designated Funds	Total
Fund balances at 31 March 2023 are represented by:	£	£	£	£
Tangible fixed assets	1,846	-	-	1,846
Current assets	396,327	181,879	256,352	834,558
Creditors falling due within one year	(75,089)	-	-	(75,089)
At 31 March 2023	323,084	181,879	256,352	761,315

16: SHARE CAPITAL

The company has no share capital. The liability guaranteed by each member is £10. The authorised membership of the company is 15. At 31 March 2023 the membership was 8 (2022: 9).

Andrew Mosley		
Barry Carden		
Gary Gibson (aka Sid Sloane)	Resigned	29/03/2023
Nadia Cowdrey	Appointed	21/09/2022
Dr Oli Rahman (Chair)		
Phil Frier	Resigned	15/11/2022
Rose Read		
Dr Ryan Watkins		
Sam Thomas		
Scott Marshall		

17. RELATED PARTY TRANSACTIONS

One of the trustees is employed as Divisional Chief at University Hospitals Sussex and another trustee holds the position as Lead for the Paediatric HDU at The Royal Alexandra Children's Hospital. In compliance with the conflicts of interest policy, although these trustees have influence over grants awarded to their department, Trustee decisions for all grants are made by majority votes.

One Trustee holds the position of Managing Director at the Grand hotel where the Rockinghorse Ball took place in 2022. The Charity receives a discounted price in return for co-sponsorship of the event.

One Trustee is a Partner of Galloways who are co-sponsors of the Rockinghorse Ball.





Alex Marshall

Head of Marketing and Communications

Amanda Hetherington

Senior Corporate Engagement Manager

Donna Holland

Chief Executive

Emma Cunliffe

Supporter Engagement Manager

India Turner-Yeomans

Head of Events and Supporters

Lucy Black

Trust Fundraising Officer

Rhian Walsh

Finance and Operations Director

Sarah Phillips

Projects and Operations Manager

Sharon Gearing

Head of Trust Fundraising

The Rockinghorse Team



 **01273 330044**

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 **www.rockinghorse.org.uk**



ROCKINGHORSE CHILDREN'S CHARITY

England & Wales - Charity number 1018759

Accounts

Rockinghorse Children's Charity

Annual Report and Financial Statements

2021/22





Rockinghorse Children's Charity

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Our vision is a world where children are healthy and happy



Our mission

We do this by funding projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS.

We work in partnership with the UHSussex NHS Trust and other local charities to fund projects, programmes and people as well as helping young patients and their families.

We fund cutting edge equipment and facilities, support medical staff, innovative research and pioneering treatments, that make a difference to patients and their loved ones.

We support developments that go above and beyond what the NHS can provide at present.

Where we work

Whilst Rockinghorse is the official fundraising arm of the Royal Alexandra Children's Hospital in Brighton, we also support a range of healthcare and project settings throughout Sussex.

Along with supporting the Trevor Mann Baby Unit (TMBU) in Brighton and the Special Care Baby Unit (SCBU) in the Princess Royal Hospital in Haywards Heath, we also support paediatric wards, specialist neonatal units, respite centres and children's services across the whole county of Sussex.

- 1 Royal Alexandra Children's Hospital, Brighton
- 2 Trevor Mann Baby Unit, Brighton
- 3 Princess Royal Hospital, Haywards Heath
- 4 Special Care Baby Unit, Haywards Heath
- 5 Chalkhill, Haywards Heath
- 6 Crawley Hospital
- 7 Worthing Hospital - Bluefin Ward
- 8 St Richard's Hospital, Chichester
- 9 Downs View School
- 10 Eastbourne Hospital



This year's highlights



The Rockinghorse Emerald Ball

Our Rockinghorse Emerald Ball in March 2022 was our most successful event of the whole year, raising £60,000 - the most we have ever raised at our annual ball.

These funds helped support a range of mental health and wellbeing projects including our innovative Youth Worker programme in the A&E at the Royal Alexandra Children's Hospital, who was in post just three weeks after the event.



Our Rockinghorse Champions

We developed our Rockinghorse Champions programme in January 2021.

This year we have recruited 35 healthcare professionals from across the county, including doctors, nurses, healthcare assistants, support workers and play specialists, to help identify projects that they feel would be most impactful within their area of work.



The return of events

After several years of uncertainty, this year has seen the welcome return of our in-house fundraising events.

From the iDrop to the quiz, the golf day to the Emerald Ball, it's been wonderful to welcome fundraisers back in-person to have some fun, enjoy a special day and of course raise funds for Rockinghorse.



The Big Give campaign

In October 2021 we took part in our first Big Give Campaign.

The Big Give is the UK's biggest match funding campaign that offers charities the chance to have their donations doubled during one week of fundraising.

During this week we raised more than £12,000 to help re-vamp the sensory garden at the Alex.

Message from our CEO

Rockinghorse Children's Charity entered 2021, like many, concerned about the future. We saw an increased demand for our services, whilst facing uncertainty about if, and how, we would fundraise during a global pandemic. However, as 2022 saw a return to normality, so too did the charity. In 2022 our income topped £780,000 – putting us right back to where we were pre-pandemic, and in March we finalised our new strategy – putting children and young people at the heart of our work and putting the charity at the heart of paediatric healthcare in Sussex.

Everything that we do, now comes directly from the doctors, nurses and other healthcare professionals working in children's wards and baby units across Sussex. We provide lifesaving medical equipment, toys and play resources, environments and spaces that help children feel more at home when they are in hospital, ground-breaking research in paediatric medicine and additional staff to ensure kids get the best possible care. Our projects are led by the needs of children and their families. We address the issues children in Sussex are facing. We are here for the bumps and breaks, and cuts and scrapes; but we are also here for the children with cancer, the babies who can't breathe and for the teenagers facing suicide.

I want to thank my team of staff, volunteers and Trustees who have been incredible as we develop new ways of working, new projects and new activities to expand the work we do. I also want to thank everyone who has supported us – the runners and jumpers, the walkers and the trekkers, the bakers and makers, the companies and organisations who donate and sponsor us, the Trusts and Foundations who fund us, the community groups who support us and everyone who comes to our events. Thank you so much for everything you do.



“I want to thank my team of staff, volunteers and Trustees who have been incredible as we develop new ways of working, new projects and new activities to expand the work we do.”

Donna Holland

Chief Executive, Rockinghorse Children's Charity

Our impact

Despite the upheaval we have experienced during the last few years, our focus has continued to be around having the biggest impact on the children of Sussex, their families and the healthcare staff that care for them.

Projects

This year we have supported 60 projects including toys, life-saving equipment, child-friendly spaces, ground-breaking research, activities and additional staff.

Children Seen in A&E

Our support within the A&E in the Royal Alexandra Children's Hospital enables 30,000 children and young people to be better cared for in a crisis

Champions

This year we have recruited 35 champions across the NHS to tell us exactly how we can support their work.

Children we have supported

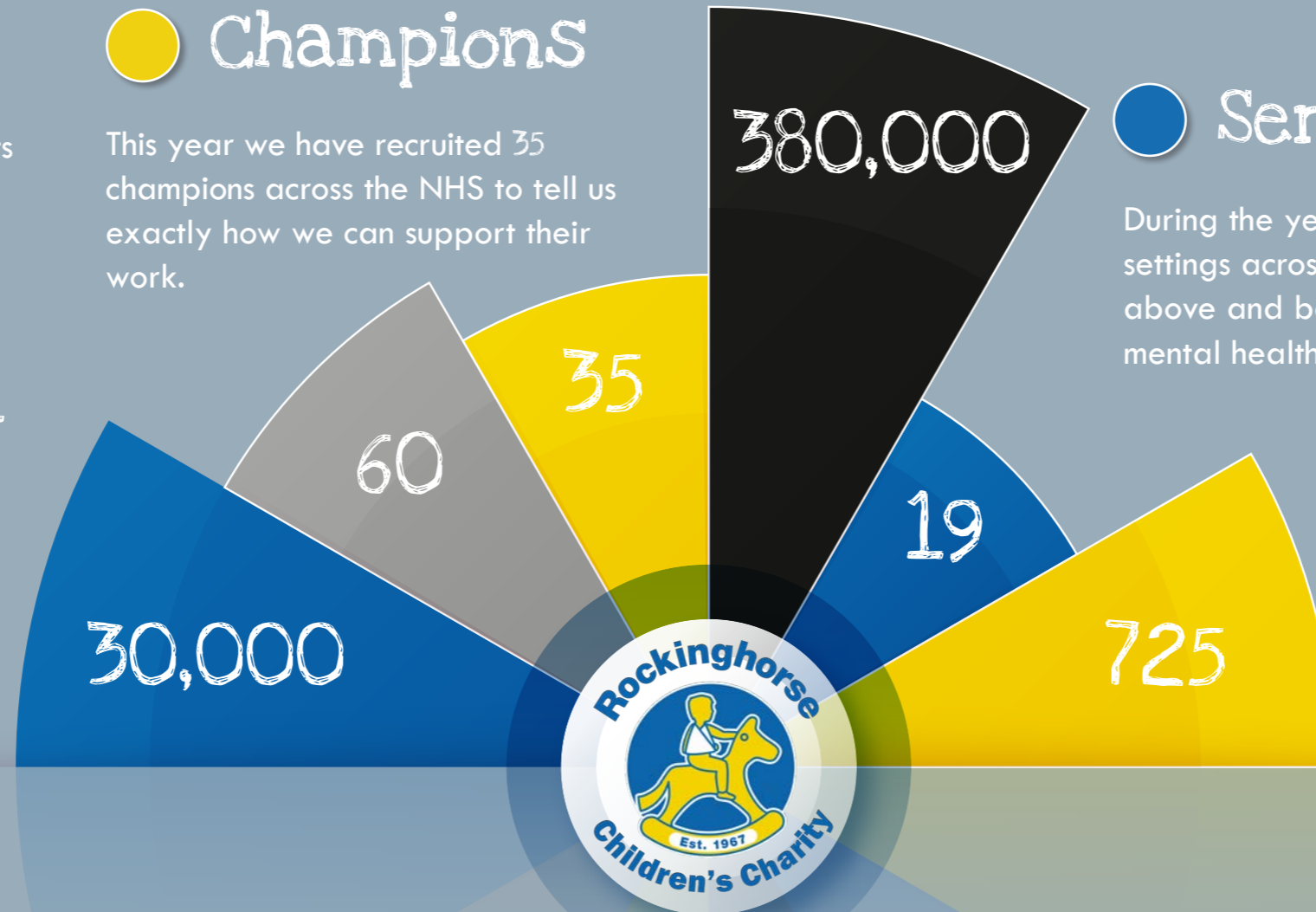
Across all our work, we have supported more than 380,000 children. This ranges from toys and books to help distract a child during an appointment, to cutting edge medical equipment provide the best medical care, our impact has been felt far and wide.

Services

During the year, we have supported 19 different healthcare settings across Sussex. These services, and our support, go above and beyond to support children's physical and mental health and wellbeing.

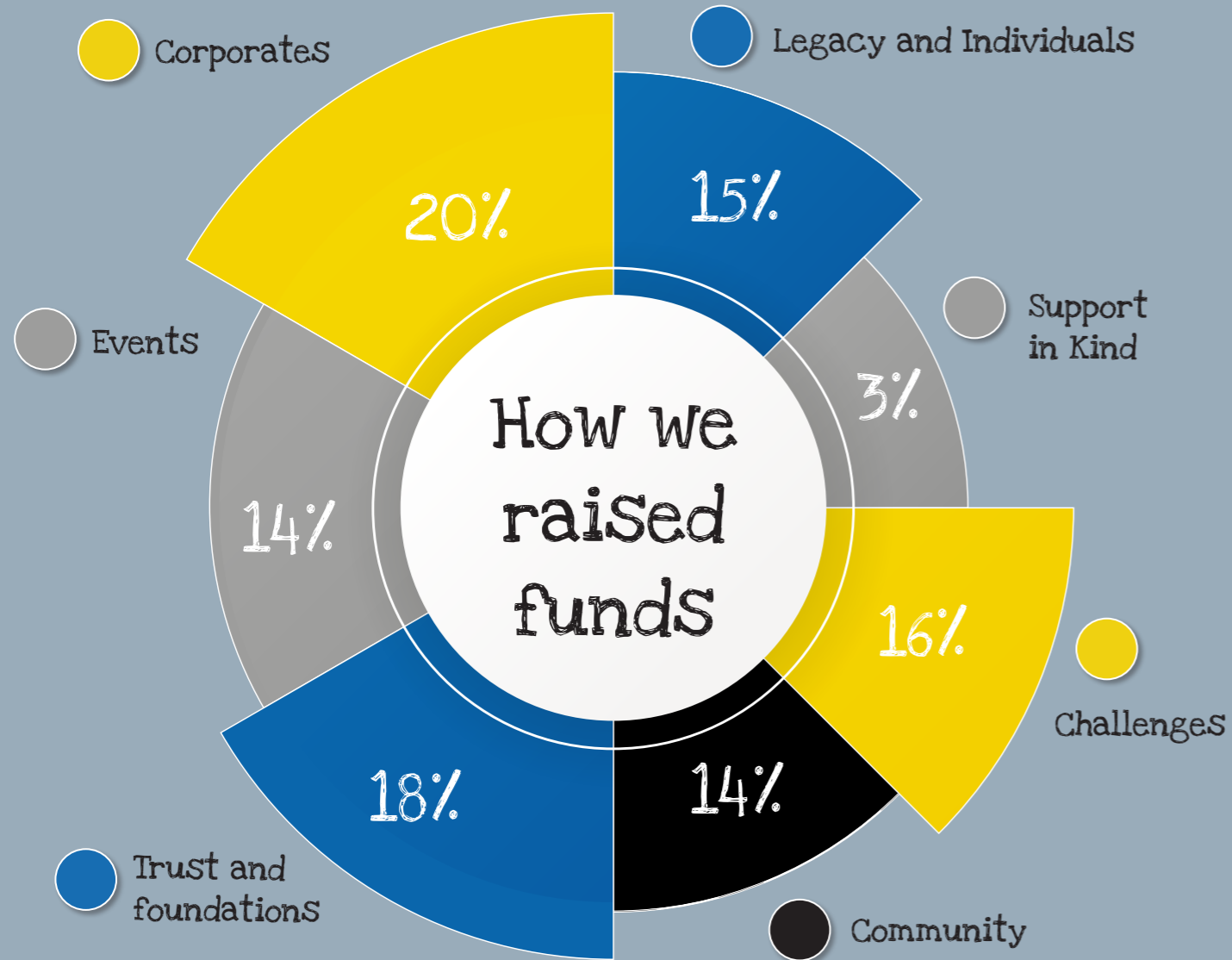
Premature babies

We have helped 725 premature babies, and their parents, during the year, providing important support at a crucial and difficult time.



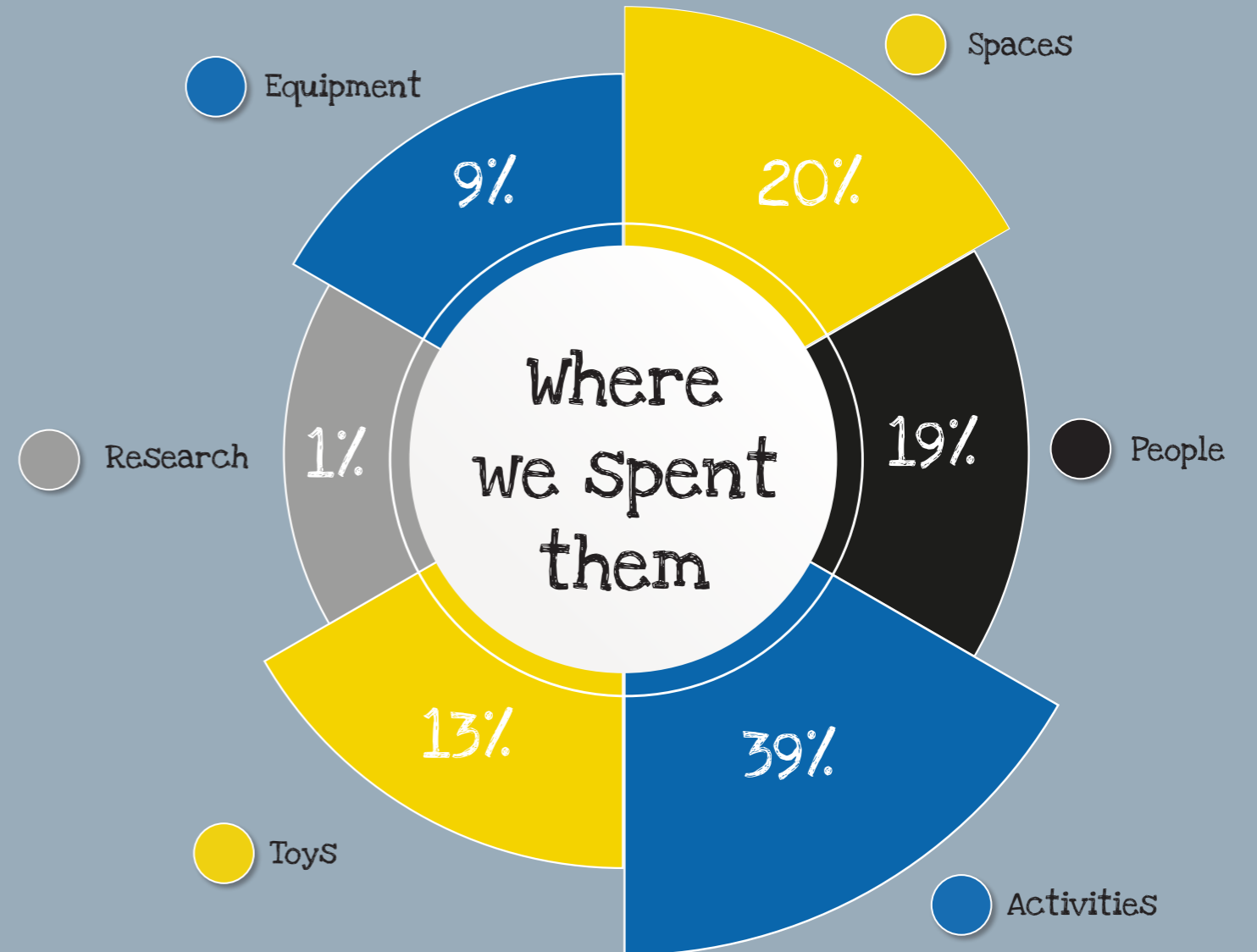
How we raised our funds

We returned to our pre-pandemic financial position and balance our income across a wider range of supporters. Thank you to everyone who supported us.



Where we spent it

We provide a huge range of services and projects to children all over Sussex ensuring kids get the best possible care when they are unwell.





Who we support

Children

In 2021, nine-year-old Venus was diagnosed with a a tumour between her eyes and the front of her brain, taking away the sight in one eye and requiring 85 weeks of chemotherapy.

This has an enormous impact on Venus’s life; her experiences at school, her relationships with her friends and how she manages her feelings around her illness.

So the Rockinghorse Woodland Wellbeing sessions this year have given Venus, and other young people managing life-changing conditions, a place to talk about their feelings, meet people with similar experiences and have some fun.

“These days are really nice because you get to make new friends.”

Venus, 9



Families

Axel first went to Drove Road Children’s Care Home in Brighton when he was seven years old. The scheme offers support to children like Axel who has autism, severe learning disabilities and ADHD.

Axel’s mum Catherine came to realise that the scheme is an amazing facility, but needed extra funding to really make the difference.

She said; *“I am so grateful to Rockinghorse for their funding of significant extra things like play equipment and summer parties.*

“Without their help this simply wouldn’t happen and they make such a difference to the children and helps make families feel included in their children’s care.”

“Knowing that Axel was able to get this extra support made his time at Drove Road even better.”

Catherine, Axel’s mum





NHS Staff

Jonathan Radcliffe is a Neonatal Senior Staff Nurse in the Trevor Mann Baby Unit.

He works with some of the most vulnerable, poorly and premature babies in Sussex and Rockinghorse has provided a range of funding for the department this year.

This has included the Sparkle Fund which enables staff to help parents celebrate milestones with parents, such as a baby reaching 100 days, or their original due date.

Our funding helps Jonathan and his colleagues put the child and parents at the centre of their care, during the worst time in a family's life.

"We simply couldn't do our job without the funding from Rockinghorse; it helps us to go that extra mile."

Jonathan Radcliffe
Neonatal Senior Staff Nurse, TMBU



Our Champions

Charlotte Savins is a specialist paediatric psychotherapist at the Royal Alex and one of 35 Rockinghorse Champions.

These Champions identify projects that will make the most difference to children and families they support across the county.

Charlotte has received funding for several projects, including sea swimming courses for children with long-term health conditions, mindfulness courses for parents and pain distraction equipment for children with diabetes.

"Without the funding from Rockinghorse, we simply wouldn't be able to provide these additional services that make such a difference to so many children."

Charlotte Savins
Children's psychologist





Our Supporters



“I was delighted to be able to donate to Rockinghorse as for me, it’s extremely important to support charities close to home”

Chris Eubank Jnr



Over the past year we have again been overwhelmed by the support we have received from so many people in the local community.

From runners to skydivers, businesses to community events, adults to children, their generosity has amazed us.

We’ve had some amazing individuals supporting us during the past twelve months, including 12-year-old Harrison who took the brave step of shaving his head to raise over £1,500 for us and longtime supporter Andy Fountain who ran in six marathon events over two months, adding to his total of £10,000 that he has raised for us over the last 25 years.

The Bears Big Bash banger racing event, organised by Michael Burnage, reached the fundraising milestone of over £170,000 for us since 2012.

We’ve also had some of our wonderful colleagues within the NHS take time out of their busy schedules to support us, such as the seven paediatric nurses from the Alex who took on a skydive, raising over £3,500 for their efforts.

Local businesses have also continued to support us this year. Search Seven, the digital marketing agency run by Gavin Willis, raised £55,000 for us by their 10th anniversary in November 2021. And Chris Eubank Jnr generously donated £10,000 to us in May 2021.

We simply wouldn’t be here without the kind support from all these people, and many more, within our community so thank you to each and every person who has fundraised for us this year.

Activities

Throughout this year, we have funded many activity projects that support children and young people's mental health.

Living with a long-term health condition or managing a new diagnosis can be a challenge for anyone, but especially hard for children, so the projects we have funded aim to help them from diagnosis, through treatment and beyond.



Using art and nature

Many young people struggling with their physical health can feel that their life is defined by hospital stays and outpatient's appointments.

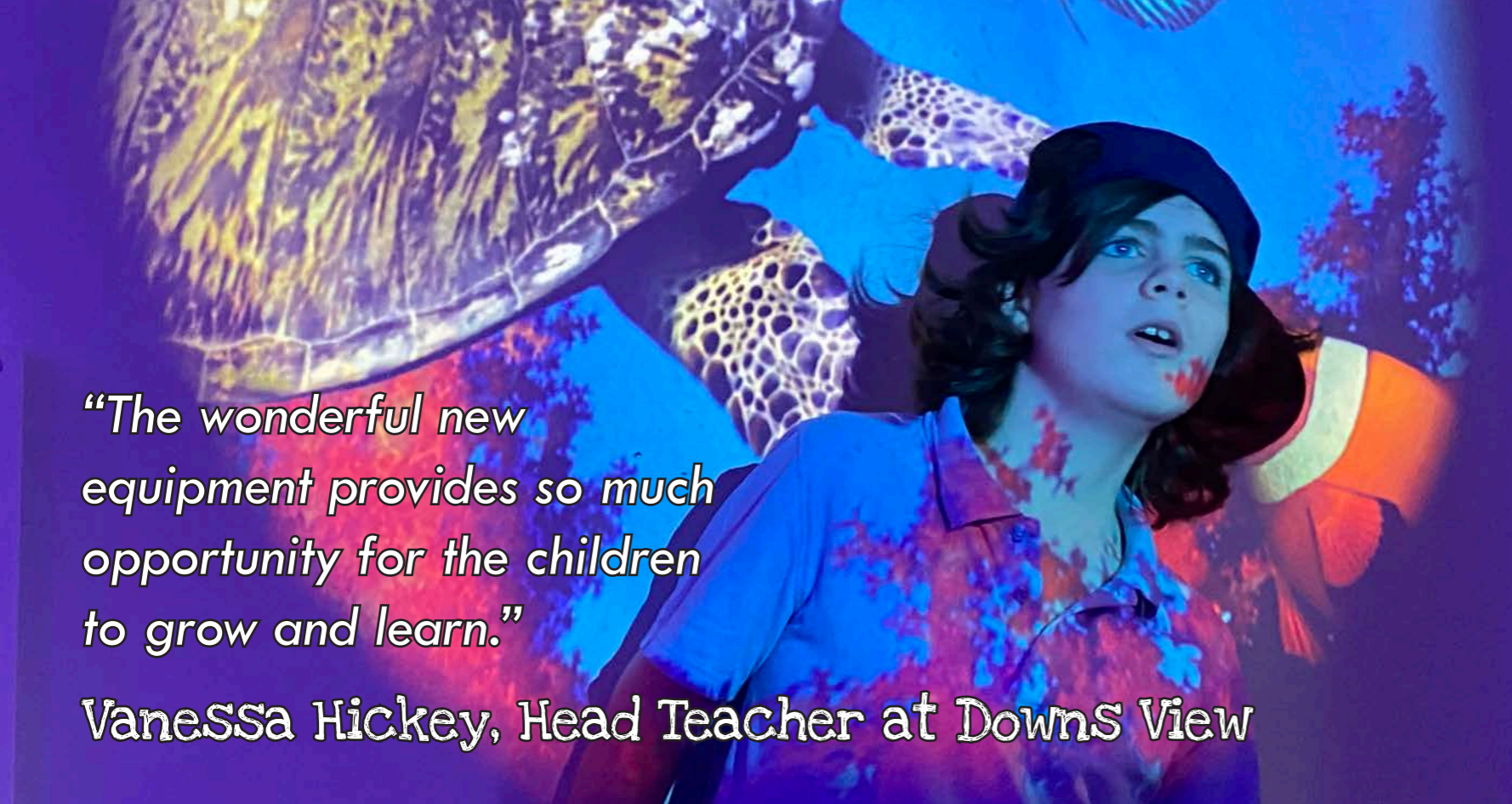
Being able to explore their feelings outside these environments, with other young people in similar situations, can help them feel more normal and less defined by their illness.

That's why our Art Therapy and Woodland Wellbeing sessions have made such a difference to so many young people.



"Look at the smile on her face! That makes everything worthwhile."

Lara, parent



“The wonderful new equipment provides so much opportunity for the children to grow and learn.”

VaneSSa Hickey, Head Teacher at Downs View

Equipment

Rockinghorse buys life saving medical equipment and specially adapted equipment that helps make treatment of children in medical environments easier and less stressful.

Thanks to a donation from the Cullum Family Trust, via the Sussex Community Foundation, we have been able to fund specialist equipment in Crawley Hospital, to help children with hearing and speech difficulties.

The speech test equipment helps to test children’s hearing capacity in different environments, including noisy classrooms. This means audiologists are better able to assess their needs and arrange appropriate interventions.

Lights and magic

We also funded a new specialist sensory room at Downs View school in Woodingdean, Brighton.

This space enables the pupils at the school, who all have a range of learning disabilities, to have a space that they can receive support away from the more structured classroom environment, offering a quiet place to reduce their anxiety and of course somewhere interactive and fun.



“Thanks to this new equipment, we have significantly improved the care we can provide.”

The Audiology Team, Crawley Hospital

People

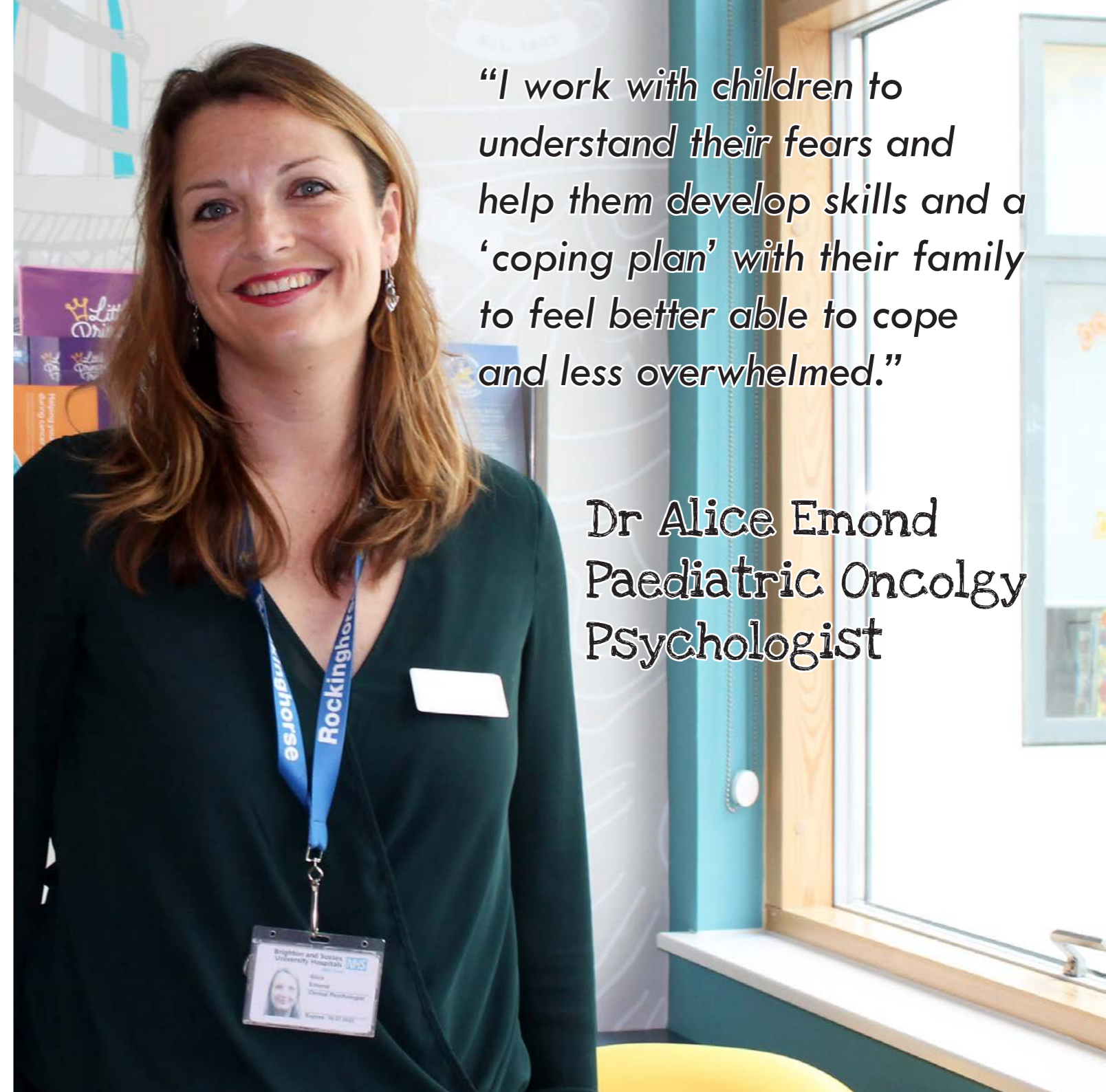
Funding services that actively provide support for children is an important part of our work. These services can help fill the gap for many children and their families, offering support that the NHS simply isn't able to provide.

Working in partnership with our colleagues within the NHS and with specialist local providers, we are able to help children's physical and emotional wellbeing, helping them to manage difficult feelings they may be experiencing, and making their time in hospital more comfortable.

Talking and listening

Being able to discuss our feelings is so important, and for children who have received a cancer diagnosis this can be especially important. Which is why we wanted to continue to fund our wonderful Paediatric Oncology Support Service this year.

Dr Alice Emond works with children and their families to explore their feelings and the physical challenges that inevitably come with their treatment.



“I work with children to understand their fears and help them develop skills and a ‘coping plan’ with their family to feel better able to cope and less overwhelmed.”

**Dr Alice Emond
Paediatric Oncology
Psychologist**

Spaces and research

The environments within which children receive healthcare can have a massive impact on their experiences. Having more holistic surroundings can help them feel calmer, less worried and ultimately makes treatment an altogether less stressful experience.

This is why we fund the refurbishment of spaces in healthcare settings across Sussex. Spaces like a clinical room on the oncology ward at the Royal Alexandra Children's Hospital, so that children feel happier, calmer and less anxious during their cancer treatment.

We also fund vital research, such as a recent study related to skull fractures in children under the age of two, which ultimately helps our colleagues in the NHS be at the forefront of healthcare for children.



"Since the refurbishment more than 30 children and their families have used the clinic room and it's certainly much more friendly and inviting."

Clinical nurse specialist



"It's much more child-friendly"

"It's been a very successful project as we wanted the clinic room to be a more inviting space for patients and families."

"The feedback we have received from families about the room has been extremely positive. It looks cleaner and much more child friendly."

Sophie McGoldrick, Clinical Nurse Specialist



“We can see the impact that these cars have on children feeling worried or scared. Being able to take their minds off what’s happening and relax makes a difference to their experience of being in hospital and can make it easier for the medical staff to treat them.”

Katy Rowe
Learning Disability Play Nurse Specialist

Toys and fun

We all know the important part that toys play for children. Along with being great fun, they can also aid development and help support children’s emotional wellbeing.

Throughout the year we fundraise for thousands of toys, books and craft materials so that children have something to distract them from being scared or worried while they spend time in hospital.

This includes Christmas presents, sensory toys, audio storybook readers and ride on cars for children to ‘drive’ themselves to theatre. All these things help children feel safe, happy and more in control.

Drive on cars

These fabulous little cars reduce anxiety and help create a more positive experience of hospital for young children. Being able to ‘drive’ themselves to theatre takes their mind off their operations and gives them more control over their experience.



The Future

This year we developed and launched the charity's new three strategy - aimed at improving our support for children, increasing the impact of our work, expanding the number of children and families we support and ensuring we can continue to support children for the next 50 years.

At Rockinghorse Children's Charity our vision is for a world where children are healthy and happy. As we work towards this world, we will continue to fund projects, programmes and people that enhance the care and support given by our incredible colleagues in the NHS and beyond. Our purpose as a charity is to help them do more.

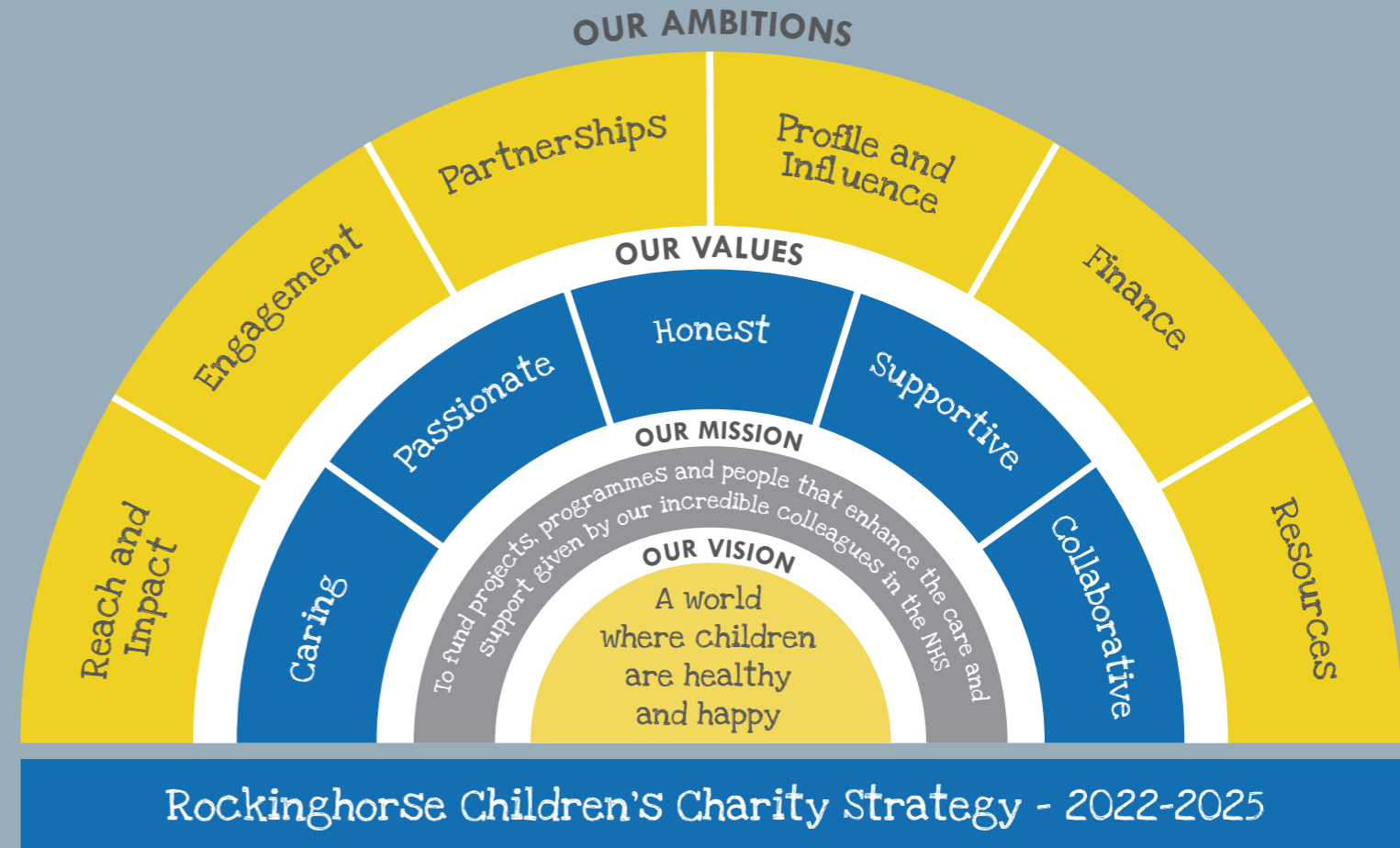
"I'm incredibly proud of our strategy and of our ambition. It's our commitment to go above and beyond for babies, children, teenagers, and their families."

Donna Holland

Chief Executive, Rockinghorse Children's Charity

Our strategy

To develop our strategy, we listened to the people we support and our community. Together we developed six priorities, putting children and their families at the heart of our work and putting the charity at the heart of paediatric healthcare in Sussex.



Thank you



The team at Rockinghorse Children's Charity work incredibly hard all year to make sure we are doing all we can to support babies and children in our community.

But we simply couldn't do what we do without the help of every single one of our wonderful supporters.

Whether it's £1 dropped in a bucket or £1,000 from a local business, every single donation makes a difference.

So thank you.

Rockinghorse Children's Charity

Trustees report

“My heartfelt thank you to everyone who makes our work possible.”

Dr Oli Rahman

Consultant Paediatrician and Lead for the High Dependency Unit
at The Royal Alexandra Children's Hospital, Brighton,
Chair of Rockinghorse Children's Charity

Trustees roundup

I've worked as a Paediatric Consultant at the Royal Alexandra Children's Hospital for 14 years. During that time, I've seen the difference Rockinghorse makes to the lives of children and their families, every day. I've seen the impact they have on the care that doctors and nurses can provide. This year we launched our new champions' programme: healthcare professionals in paediatric services who work with us to create, shape and deliver projects. I want to thank them and all my colleagues, for everything they do, especially now as our NHS struggles to cope with the demands placed upon it.

I also want to thank my fellow Trustees, who volunteer their time, especially to Phil Frier, who chaired the Board of Trustees for four years. His dedication to the cause and leadership throughout the pandemic was vital in ensuring the charity survived and has been able to thrive ever since. Thank you to all the incredible people doing wonderful things to support our work: such as our brilliant Ambassador Michael Burnage MBE continues to raise huge amounts through his annual Big Bears Bash, our partners at Search Seven celebrating raising £55,000 for charities and Asher (eight) who took part in the Superhero run. You are all heroes.

We ended the year with our 55th birthday Ball, raising money for youth mental health support. At the hospital we see first-hand the impact mental ill-health is having on teenagers when they struggle to cope and arrive distraught at the A&E. Our Emerald Ball raised a record breaking £60,000 and just three weeks later a new Youth Worker, funded by Rockinghorse, started at the Alex – supporting children and young people facing the most difficult of situations. The power of Rockinghorse's ability to make instant and lasting change was captured that night.

Trustees Annual Report

Objectives

As set out in the Rockinghorse Children's Charity strategy, our vision is to **create a world where children are healthy and happy**.

We can confirm that we have complied with the duty in section 17 (5) of the Charities Act 2011 to have due regard to the guidance published by the Charities Commission on public benefit when reviewing the Charity's main aims and objectives, and in planning future activities and setting grant making policy for the year.

Structure, Governance and Management

Constitution

The Charity was originally founded in 1967. The company was incorporated on 17 February 1993, and is governed by its Memorandum and Articles of Association dated 29 January 1993.

Grant Making Policy

The Charity established its grant making policy to achieve its objects for the public benefit, to improve the experience of children and their families while they are at The Royal Alexandra Children's Hospital or any local hospital or unit under the control of the Health Authority where the care of children is undertaken.

The beneficiaries of our grant making programme are children, their families and medical practitioners and carers who receive funding for projects which ameliorate the experience for all in hospital.

Code of Ethics

At Rockinghorse we pride ourselves on our non-aggressive, consultative approach to fundraising. No cold calls, no call centres, no pressure.

Our cause is built on long lasting relationships which have been cultivated over many years through trust, honesty, transparency and a commitment to show every one of our supporters where your funds go.

Our team are here to help and guide anyone wishing to support us in any way they can, whether that's direct fundraising or volunteering.

Either way, Rockinghorse make the donor journey a hassle free and enjoyable process free from the moment you first make contact, which for many of our supporters can be at a very sensitive time in their lives. We are an independent charity that is part of the fabric of the very community we serve.

Organisational Structure

The Board of Directors consists of ten Trustees and chaired by Dr Oli Rahman following the retirement of the previous Chair and Trustee, Phil Frier, who stepped down in January 2022.

During the year Rebecca Turnbull-Simspon resigned and the Board thank her for her service. There have been three new appointments. Returning member, Andrew Mosley, Parent Trustee Sam Thomas and new secretary Nadia Cowdry.

Every member of the Board, including the Chairman, is elected for one year and stands for re-election at the next Annual General Meeting.

New Trustees are nominated by existing Trustees and selected by majority vote.

All new Trustees are inducted which includes a meeting with the Chairman, a meeting with the Chief Executive, a tour of the Royal Alexandra Hospital as well as completion of Companies House and Charity Commission documentation.

The Board meets at least six times a year and this is supplemented by virtual and telephone meetings as circumstances require.

The Trustees have delegated the day-to-day management to the senior management team who report on the performance against budget, which are approved each year by the Trustees.

All Trustees give their time freely and no remuneration was paid in the year.

Financial Review

We would like to express our heartfelt thanks to every trust, company, community group, event participant, individual and volunteer who supported us during the year.

Rockinghorse receive no statutory funding and very little income comes from legacies therefore we rely entirely on these voluntary donations to fund our services. During the financial year Rockinghorse raised a total of £782,868 (2021: £636,119 ▲ 23%).

Costs, excluding grants increased to £438,730 (2021: £428,850 ▲ 2%), the increase in direct event costs was counterbalanced by reduced staff costs.

Rockinghorse was proud to support more than 60 projects (2021: 45 ▲ 33%) throughout the year totalling £249,498 (2021: £293,630 ▼ 15%).

Trusts and Foundations

We were successful in receiving funds from 31 different trusts generating £132,815 of income (2021: £220,694 ▼ 40%). Although the amount raised from trusts appears to have decreased from prior year, in 2021 we received a large grant from the Camelia Botnar Foundation for £70,000 as well as a number of other emergency covid grants which makes direct comparison difficult.

Challenge

Challenge event income rose to £114,470 (2021: £85,827, ▲ 33%). While some events were still not able to happen due to Covid, we were pleased to be able to start to see the return of the Brighton half and full marathon as well as the Rockinghorse Superhero Absail and Santa Dash.

Corporate

Local businesses are a vital part of fundraising through the year and are our largest source of income. Through generous donations, beneficiary events and numerous employee fundraising activities during the year, collectively our corporates raised £145,123 (2021: £83,840 ▲ 73%)

Individual

We were thankful for our loyal and new regular givers and those that choose to support us through special occasion giving, whether that be a birthday or wedding. We are also grateful for all the in-memory donations that we received during the year. Our individual fundraisers generated £58,144 (2021: £59,609 ▼ 2%)

Community

We are grateful to the community groups, schools, religious groups, and supermarkets that all help make a difference this year to collectively raise £104,305 (2021: £44,960 ▲ 131%).

Events

We were delighted to be able to return to our usual suite of events including our Golf day, Bonfire Quiz and annual Ball where we celebrated our 55th Anniversary where funds raised went to help support Sussex children with their mental health. Event income throughout the year generated £99,781 (2021: £36,697, ▲ 172%).

Legacy

Whilst we do not tend to receive large sums of income from legacies, we were beneficiary of a £50,000 legacy during the year (2021: £10,000 ▲ 400%).

Gift in Kind

We were grateful to be the beneficiary of the Christmas giving trees for both Churchill Square and Bluewater shopping centres and were grateful to all the businesses and individuals that bought presents at Christmas so we could give to the children of the services we support.

Charity Reserves

The Board of Trustees continue to take a prudent approach to the financial stability of the Charity.

The Trustees have approved an update to the Charity's reserve policy, and this has been implemented within the financial year. The new policy has been carefully designed following guidance from Charities Commission guidance, "Charity reserves, building resilience" (CC19).

The Trustees have approved a designated fund to ring fence the committed projects of the Charity. At year end there are total commitments of £423,567. Of this £139,985 is held in restricted reserves, with the balance of £283,582 being moved from unrestricted reserves to designated reserves.

The reserves policy looks to ensure that unrestricted reserves are enough to cover six months of staff costs and overheads for the following financial years budget, which is approximately £225,000. The Trustees seek to spend the excess of unrestricted reserves over and above this in the next financial year.

The Charities reserve policy is reviewed annually, to ensure fit for purpose, up to date and reflects the legislative requirements.

Going Concern

The Trustees believe that the Charity's reserves level, strong cash holdings and disciplined approach to budgeting mean that the immediate future of the Charity over the next 12 to 18 months is secure and that on this basis the Charity is a going concern.

Investment Policy

Consistent with a limited risk appetite, reserves are currently held in cash in recognition of a volatile and unpredictable investment market and in keeping with advice taken by the board who will continue to keep this position under review as appropriate.

A person in a blue shirt is working at a desk. They are using a laptop and a calculator. The background shows a window with greenery outside.

Rockinghorse Children's Charity

Auditors Report

Independent auditor's report to the members of Rockinghorse Children's Charity.

Opinion

We have audited the financial statements of Rockinghorse Children's Charity (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and

- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Report of the Trustees and from the requirement to prepare a Strategic Report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or

error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charitable company and the sector in which it operates, and considered the risk of acts by the charitable company that were contrary to applicable laws and regulations, including fraud.

We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Companies Act 2006, Charities Act 2011 and UK tax legislation. Our tests included agreeing the financial statement disclosures to underlying supporting documentation, enquiries with management and enquiries of legal counsel when considered necessary.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it.

We did not identify any key audit matters relating to irregularities, including fraud. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was evidence of management bias by the trustees that represented a risk of material misstatement due to fraud.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



**John Thacker FCA DChA (Senior Statutory Auditor)
for and on behalf of Chariot House Limited
Chartered Accountants and Statutory Auditor
44 Grand Parade
Brighton
East Sussex
BN2 9QA**

Date: 15 November 2022

Rockinghorse Children's Charity

Financial Statements

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2022	Unrestricted Funds	Restricted Funds	Total 2021
		£	£		£	£		£
Income from:								
Donations and legacies		553,627	71,097		624,724	362,974	21,075	384,049
Investment income	2	698	-		698	1,341	-	1,341
Other income	4	24,631	-		24,631	30,035	-	30,035
Charitable activities	3	3,150	129,665		132,815	21,270	199,424	330,694
Total		582,106	200,762		782,868	415,620	220,499	636,119
Expenditure on:								
Raising funds	5	160,277	-		160,277	188,622	-	188,622
Charitable activities	6	356,089	171,862		527,951	320,398	213,460	533,858
Total		516,366	171,862		688,228	509,020	213,460	722,480
Net income before transfers		65,740	28,900		94,640	(93,400)	7,039	(83,361)
Transfers		(282,580)	(1,002)	283,582	-	12,569	(12,569)	-
Net income		(216,840)	27,898	283,582	94,640	(80,831)	(5,530)	(86,361)
Fund balances brought forward at 31 March 2021	14	500,748	170,432	-	671,180	581,579	175,962	757,541
Fund balances carried forward at 31 March 2022	14	283,908	198,330	283,582	765,820	500,748	170,432	671,180

BALANCE SHEET

	Notes	2022		2021	
		£	£	£	£
Fixed Assets					
Tangible fixed assets	10		3,128		4,784
			3,128		4,784
Current Assets					
Debtors	11	44,885		33,980	
Cash at bank and in hand		774,904		772,456	
		819,789		806,436	
Creditors: Amounts falling due within on year	12	(57,097)		(140,040)	
		(57,097)			
Net Current Assets			762,692		666,396
Net Assets			765,820		671,180
Funds					
Unrestricted funds	14		283,908		500,748
Restricted funds	14		198,330		170,432
Designated funds	14		283,582		-
			765,820		671,180

These financial statements were approved by the Trustees on 15 November 2022 and signed on their behalf by:



Dr Oli Rahman
Chair

The notes of pages 52 to 62 form part of these Accounts.

STATEMENT OF CASH FLOW

	2022		2021	
	£	£	£	£
Reconciliation of net movement in funds to net cash lows from operating activities				
Net movement in funds	94,640		(86,361)	
Depreciation	3,264		2,728	
(Increase)/decrease in debtors	(10,905)		14,699	
Increase/(decrease) in creditors	(82,943)		37,240	
Net cash outflow from operating activities		4,056		(31,694)
Capital expenditure				
Purchase of tangible fixed asset		(1,608)		(6,170)
Net cash outflow from capital expenditure		(1,608)		(6,170)
Increase/(decrease) in cash in the year		2,448		(37,864)
Reconciliation of net cash flow to movement in net cash funds				
Net funds at beginning of the year		772,456		810,320
Change in net funds during the year		2,448		(37,864)
Net funds at the end of the year		774,904		772,456

The notes of pages 52 to 62 form part of these Accounts.

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements.

(a) Basis of Preparation

The financial statements have been prepared in accordance with applicable accounting standards. In addition they have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (FRS102), applicable UK Accounting Standards and the Companies Act 2011.

The Charity meets the definition of a public benefit entity under FRS102.

(b) Going concern

The accounts are prepared on a going concern basis after consideration by the trustees that there are no material uncertainties about the Charity's ability to continue as a going concern. Such consideration includes a review of committed income and expenditures, cash flows and reserves. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustments to the carrying amount of assets and liabilities within the next reporting period.

(c) Funds Accounting

The Charity has various types of funds for which it is responsible and which require separate disclosure:

Unrestricted funds

Funds which are expendable at the discretion of the Trustees in furtherance of the objects of the Charity.

Restricted funds

These funds are subject to specific trusts, which may be declared by the donor or with their authority are expendable at the discretion of the Trustees in furtherance of some particular aspect of the objects of the Charity.

Designated funds

These funds are those unrestricted funds which have been set aside by Trustees for future grant commitments.

(d) Incoming Resources

Donations - on the receipt of cash or under the terms of contract as appropriate, together with any income tax recoverable. Donations in the form of donated time have not been quantified as this is not possible and

therefore are neither recorded as donated income nor as an expense in the financial statements. Donations in the form of goods are valued by the Trustees at the date of receipt and are included as income.

Legacies – recognised on a receivable basis when capable of financial measurement.

Grants receivable – on a receivable basis on notification.

Investment income – on a receivable basis, together with any income tax recoverable.

Gifts and services in kind – on a receivable basis. Their gross value is estimated to be the price it is estimated we would have to pay in the open market.

(e) Resources Expended

Resources expended are accounted for on an accruals basis.

(i) Allocation of overhead and support costs

Overhead and support costs have been allocated between costs of generating funds, charitable activities and governance. Costs which are not wholly attributable to an expenditure category have been apportioned. Where costs are shared by two or more charitable activities, for example support costs, these costs have been apportioned between categories on the basis of time spent by staff as a proportion and this is analysed in note 7.

(ii) Raising funds

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees (see note 5).

(iii) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure therefore include support costs and an apportionment of overheads, as shown in note 6.

(iv) Grants payable

Grants payable are payments made to third parties in the furtherance of the charitable objectives of Rockinghorse. Single or multi-year grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or

the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Charity.

(a) Capitalisation and depreciation of fixed assets

Tangible fixed assets are recorded at cost. Depreciation is calculated on a straight line basis at rates appropriate to write off the costs of the assets over their expected useful economic lives as follows:

Leasehold Improvements	- 3 years
Other equipment	- 3 years
Furniture / Fixtures	- 3 years

It is the Charity's policy that items below £2,500 are not capitalised and are instead expensed in the year of purchase.

The charity regularly carries out impairment reviews of fixed assets.

(a) Commitments

Commitments which are legally binding are included as liabilities.

(b) Research expenditure

Research expenditure is written off in the year it is incurred.

(c) Operating leases

Rentals payable under operating leases are charged on a straight-line basis over the term of the lease.

(d) Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

(e) Pension

The pension cost charge represents the contribution payable by the charity to the employers' defined contribution pension scheme.

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognized at transaction value and subsequently measured at amortised cost.

2. INCOME FROM FIXED ASSET INVESTMENTS	2022	2021
	£	£
Interest income	698	1,341
Total	698	1,341

3. RESTRICTED GRANTS RECEIVED	2022	2021
	£	£
Albion as One Fund	-	10,000
Carpenter Box Charitable Foundation	500	-
Cullum Family Trust	5,000	-
David Solomons Charitable Trust	-	1,000
Fitton Trust	250	-
Mazars Charitable Trust	-	1,000
Mrs A Lacy Tate Trust	500	-
Peter Harrison Foundation	3,000	-
Rowan Bentall Charitable Trust	250	-
Samphire Trust	4,500	-
Sandra Charitable Trust	3,000	-
The Ada Oliver Will Trust	-	200
The Alchemy Foundation	500	-
The Anton Jurgens Charitable Trust	-	5,000
The Ashfield Trust	22,000	15,000
The Camelia Botnar Foundation	25,000	69,830
The Chalk Cliff Trust	3,250	2,100
The Charlotte Marshall Charitable Trust	976	-
The Childwick Trust	-	4,000
The David Brooke Charity	2,500	3,000
The Dixie Rose Findlay Charitable Trust	-	1,000
The D'Oyly Carte Charitable Trust	-	2,939
The EF and MG Hall Charitable Trust	-	2,000
The Ernest Kleinwort Charitable Trust	-	4,470

The Gannett Foundation	1,902	-
The Geoff and Fiona Squire Foundation	5,000	-
The Hall Charitable Trust	1,000	-
The Hedley Charitable Trust	1,500	-
The Hospital Saturday Fund	1,447	-
The Ian Askew Charitable Trust	1,000	1,000
The Masonic Charitable Foundation	-	14,600
The Michael and Shirley Hunt Charitable Trust	1,000	1,300
The Miss Pannett Charitable Trust	250	-
The Openwork Foundation	-	10,000
The Pebble Trust	-	1,000
The P E Lennard Will Trust	-	5,000
The Reed Foundation	2,000	-
The R S Brownless Charitable Trust	200	-
The Schreier Foundation	1,000	-
The Shanly Foundation	-	1,000
The Sir Cliff Richard Charitable Trust	-	1,000
The Sussex Community Foundation	10,230	5,000
The Trumark Trust	-	4,000
Webb Family Charitable Trust	2,000	3,000
Youth Music	29,910	30,985
Total	129,665	199,424

GRANTS RECEIVED (UNRESTRICTED)		
	2022	2021
	£	£
Brighton and Hove City Council	-	10,000
Hogarth Charitable Trust	150	-
The Alan Greenaway Foundation	500	-
The Ashfield Trust	-	5,000
The Gatwick Airport Community Trust	-	1,020
The Openwork Foundation	-	250
The Orr Mackintosh Foundation	-	5,000
The Tallulah Lewis Foundation Limited	2,500	-
Total	3,150	21,270
Total Grants received	132,815	220,694

4. OTHER INCOME	2022	2021
	£	£
Rental income	9,500	16,500
Gift in Kind - IT support and equipment	11,131	13,535
Incentivised Switching Dowry	4,000	-
Total	24,631	30,035

5. EXPENDITURE ON RAISING FUNDS	Unrestricted Funds	Restricted Funds	2022	2021
	£	£	£	£
Staff salaries	59,724	-	59,724	130,023
Support costs allocation (see note 7)	18,278	-	18,278	22,216
Direct costs	82,275	-	82,275	36,383
	160,277	-	160,277	188,622
6. EXPENDITURE IN CHARITABLE ACTIVITIES	Unrestricted Fund	Restricted Funds	2022	2021
	£	£	£	£
Staff salaries	210,204	-	210,204	201,971
Support cost allocation (see note 7)	64,329	-	64,329	34,507
Audit fees	3,920	-	3,920	3,750
Grants paid (see below)	77,636	171,862	249,498	293,630
Total	356,089	171,862	527,951	533,858

	2022	2021
	£	£
Grants payable to institutions		
Royal Alexandra Children's Hospital	157,365	197,689
TMBU & SCBU	13,519	22,008
Chalkhill activities programme	15,459	25,252
Other	63,155	48,681
Total	249,498	293,630

7. ALLOCATION OF SUPPORT COSTS	Raising funds	Charitable activities	2022	2021
	£	£	£	£
Rent	3,762	13,239	17,001	16,765
Heat, light, water, maintenance	4,394	15,464	19,858	7,706
Administration	2,633	9,267	11,900	5,723
Travel	370	1,303	1,673	2,385
Communication	1,989	7,001	8,990	8,831
Legal and other fees	5,130	18,055	23,185	15,313
Total	18,278	64,329	82,607	56,723

8. REMUNERATION OF TRUSTEES AND TRUSTEES' EXPENSES REIMBURSED

No Trustees, or connected persons, received any remuneration during the year. No payments were made to any pension schemes in respect of Trustees and no expenses were reimbursed either this year or last year.

9. STAFF NUMBERS AND COSTS

The average number of persons employed by the company during the year was 10 (2021:10).

The aggregate payroll costs were:

	2022	2021
	£	£
Wages and salary	240,584	296,923
Social security costs	19,751	23,548
Pension	9,593	11,523
Total	269,928	331,994

10. FIXED ASSETS	Office Equipment
	£
Costs	
At 1 April 2021 brought forward	8,183
Additions	1,608
At 31 March 2022	9,791
Depreciation	
At 1 April 2021 brought forward	3,399
Charge for the year	3,264
At 31 March 2022	6,663
Written Down Values	
At 31 March 2022	3,128
At 31 March 2021	4,784

11. DEBITORS: amounts due within one year	2022	2021
	£	£
Prepayments	19,952	17,632
Prepaid grants	-	11,889
Other debtors	24,933	4,459
TOTAL	44,885	33,980

12. CREDITORS: amounts falling due within one year	2022	2021
	£	£
Trade creditors	18,945	64,848
Social security and other taxes	7,832	6,816
Accruals and Deferred Income	30,320	68,376
TOTAL	57,097	140,040

13. OPERATING LEASE COMMITMENTS	2022	2021
The Charity holds the following leases over their premises	£	£
Land and buildings expiring between 2 - 5 years	17,000	-
Land and buildings expiring over 5 years	-	17,000
Other leases expiring between less than 1 year	4,852	-
Other leases expiring between 1-2 years	-	4,852

14: MOVEMENT OF FUNDS	Unrestricted Funds	Restricted Funds	Designated Funds	Total
	£	£	£	£
At 1 April 2021	500,748	170,432	-	671,180
Movement in funds in the year	(216,840)	27,898	283,582	94,639
At 31 March 2022	283,908	198,330	283,582	765,819

Restricted Funds	Balance b/fwd	Income	Expenditure	Transfers	Balance c/fwd
	1 April 2021				31 March 2022
	£	£	£	£	£
Royal Alexandra Children's Hospital	22,193	120,536	66,579	(667)	75,483
Trevor Mann Baby Unit	55,042	4,491	13,114	-	46,419
The Princess Royal Hospital - Special Care Baby Unit	8,944	80	-	-	9,024
Chalkhill Activities Programme	65,299	-	15,459	-	49,840
Chailey Heritage - Therapeutic riding provision	-	10,000	10,000	-	-
Other Children's Services	18,954	65,655	66,710	(335)	17,564
Total	170,432	200,762	171,862	(1,002)	198,330

Designated Funds	Balance b/fwd	Income	Expenditure	Transfers	Balance c/fwd
	1 April 2021				31 March 2022
	£	£	£	£	£
Royal Alexandra Children's Hospital	-	-	-	213,941	213,941
The Princess Royal Hospital - Special Care Baby Unit	-	-	-	4,387	4,387
Chalkhill Activities Programme	-	-	-	46,952	46,952
Other Children's Services	-	-	-	18,303	18,303
Total	-	-	-	283,582	283,582

15: SHARE CAPITAL

The company has no share capital. The liability guaranteed by each member is £10. The authorised membership of the company is 15. At 31 March 2021 the membership was 9 (2021: 8)

Andrew Moseley	appointed 19/07/2021
Barry Carden	
Gary Gibson (aka Sid Sloane)	
Dr Oli Rahman (Chair)	stepped up as chair 18/01/2022
Phil Frier	stepped down as chair 18/01/2022
Rebeccan Turnbull-Simpson	resigned 16/03/2022
Rose Read	
Dr Ryan Watkins	
Sam Thomas	appointed 27/09/2021
Scott Marshall	

16. RELATED PARTY TRANSACTIONS

One of the trustees is employed as Divisional Chief at University Hospitals Sussex and another trustee holds the position as Lead for the Paediatric HDU at The Royal Alexandra Children's Hospital. In compliance with the conflicts of interest policy, although these trustees have influence over grants awarded to their department, Trustee decisions for all grants are made by majority votes.

One trustee holds the position of Managing Director at the hotel where the 2021 Rockinghorse Ball took place. All transactions are on an arm's length basis.

REFERENCE AND ADMINISTRATIVE DETAILS

Name of Charity:	Rockinghorse Children's Charity
Charity Registration No:	1018759
Company No:	2791054
Registered Office/Address:	13 Prince Albert Street Brighton East Sussex BN1 1HE
Royal Patron:	HRH Princess Alexandra
Trustees/Directors:	Andrew Mosley (appointed 19/07/21) Barry Carden Gary Gibson (aka Sid Sloane) Oli Rahman (Chair) Phil Frier Rebecca Turnbull-Simpson (resigned 16/03/22) Rosie Read Ryan Watkins Sam Thomas (appointed 27/09/21) Scott Marshall

Chief Executive: Donna Holland (appointed 01/11/21)

Bankers: Metro Bank
82 North Street
Brighton
BN1 1ZA

Independent Auditors: Chariot House Limited
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Legal Advisors: Dean Wilson LLP
Ridgeland House
165 Dyke Road
Brighton
BN3 1TL



The Rockinghorse Team

Alex Marshall

Head of Marketing and Communications

Amanda Hetherington

Corporate Engagement Manager

Donna Holland

Chief Executive

Emma Cunliffe

Supporter Engagement Manager

Hollie TreSize

Community Fundraising Manager

Natalie Cronin

Head of Partnerships and Engagement

Rhian Walsh

Finance and Operations Director

Sarah Phillips

Projects and Operations Manager

Sharon Gearing

Head of Trust Fundraising



01273 330044



enquiries@rockinghorse.org.uk



www.rockinghorse.org.uk



ROCKINGHORSE CHILDREN'S CHARITY

England & Wales - Charity number 1018759

Accounts

Rockinghorse Children's Charity

Annual Report and Financial Statement
2020/21





Rockinghorse Children's Charity

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Our mission

Rockinghorse is the official fundraising arm of the Royal Alexandra Children's Hospital in Brighton and our aim is to improve the lives of sick and disabled children across Sussex.

Where we work

Whilst Rockinghorse is the official fundraising arm of the Royal Alexandra Children's Hospital in Brighton, we also support a range of healthcare and project settings throughout Sussex.

Along with supporting the Trevor Mann Baby Unit (TMBU) in Brighton and the Special Care Baby Unit (SCBU) in the Princess Royal Hospital in Haywards Heath, we also support paediatric wards, specialist neonatal units, respite centres and children's services across the whole county of Sussex.

- 1 Royal Alexandra Children's Hospital and TMBU
- 2 Princess Royal Hospital, SCBU and Chalkhill
- 3 Chailey Heritage Foundation
- 4 Worthing Hospital - Bluefin Ward
- 5 Hazel Court, Eastbourne
- 6 St Richard's Hospital, Chichester



The year's highlights

Rockinghorse Heroes



We launched our **Rockinghorse Heroes** campaign in April 2020 as a response to the Coronavirus pandemic.

Our aim was to encourage supporters to continue to fundraise for us during the first lock-down.

It proved a great success, raising over **£95,000** over three months.

New ways of working

Throughout this unprecedented year, the Rockinghorse team have continued to work incredibly hard despite the obvious challenges facing the charity.

Whilst working remotely for most of the year, the team got creative and came up with new, innovative ways to keep the funds coming in.



The Camelia Botnar Foundation

After hearing about our **#RememberRockinghorse** campaign on BBC Radio Sussex, we were contacted by The Camelia Botnar Foundation.

And after our Trust Fundraising Manager spoke to The Foundation, we applied and were overwhelmed to receive a donation of **£120,000**.



Young Supporters

Throughout the year we have been amazed by the support from young people in the community.

From active pursuits like netball or running, to more creative exploits such as making and selling cards or pictures, children have helped us so much this year.

And there's something so inspiring about seeing children helping other children.



Message from our CEO

This year will no doubt be remembered as one of the most difficult in the charity's history. But it has also been a truly exceptional one when it comes to both the personal and collective performance of Rockinghorse.

To achieve over £600,000 of fundraising income whilst dealing with the incredible playing conditions makes this a standout achievement for my team in what is my last with the charity.

By keeping true to our code of ethics, which underpins how we operate, we were able to be there for our beneficiaries, our donors and our staff.

With the full backing of the board, I was absolutely convinced that Rockinghorse had to be there. Being so closely affiliated to the NHS, I would have seen it as a dereliction of duty had we closed our doors at the time the whole nation was supporting the NHS like never before.

Being able to support over 40 projects this year shows the huge impact we've been able to maintain in supporting those children and young people in our community that need our help the most.

As I reflect on this extraordinary year, I can't help but feel a sense of pride never exceeded during my time as CEO. This year has been a real battle, digging deep week in, week out and having to work as hard as ever just to stand still. Which makes our achievement all the more special.

I am incredibly proud of the team for their commitment to the cause. So many times, I asked them to go again, asked for yet another push. And every single time this call was answered. Meaning that the charity has protected its financial stability and legacy for the years ahead.

It has been an honour to lead this wonderful charity for all these years and I couldn't wish for a better high to go out on than with this year's courageous, driven and passionate performance.

Ryan Heal

Rockinghorse Children's Charity CEO, 2012 - 2021



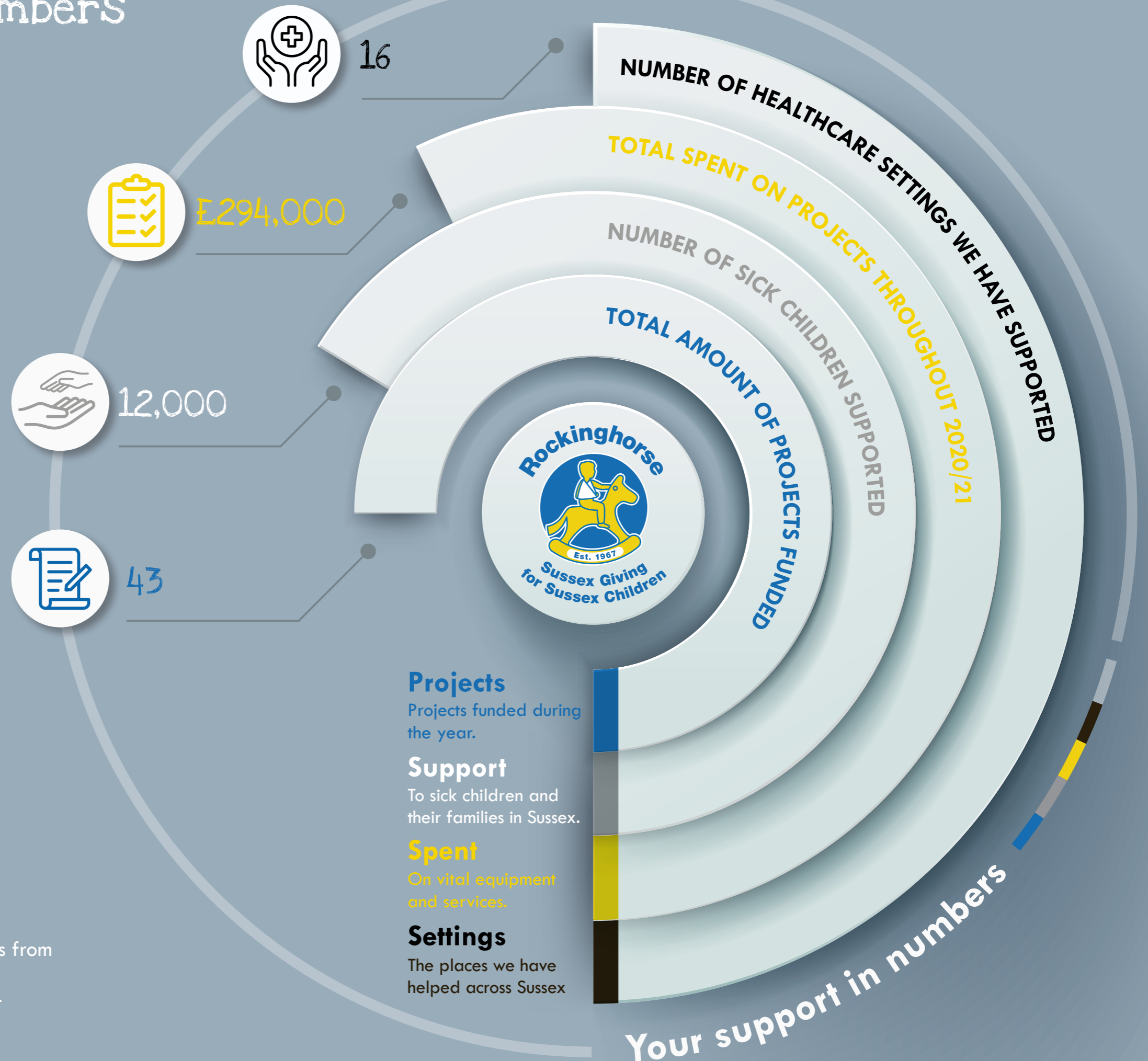
Your support in numbers

We thought it would be helpful to demonstrate in numbers what Rockinghorse has accomplished during the last year.

These show our overall achievements in the clearest way with the total amount raised, amount spent on projects, number of children we have supported and the range of healthcare settings who have benefitted from our funding.

But none of this would be possible without the amazing help of our supporters who have continued to fundraise for us through this unprecedented year.

This infographic represents the headline figures from the last financial year. For a more in-depth representation of our financials, please look at our full accounts starting on page 50.



what we raised

**TOTAL
RAISED
£636,000**

£130,000

£271,000

£37,000

£21,500

£84,000



Community and Challenge fundraising

Our wonderful supporters throughout the county undertook some amazing fundraising throughout the year. From netball challenges to marathons, campaigns to toy donations, raising £130,000.



Trust donations

We applied to 111 trusts this year and received £271,000 in donations.



Campaigns and events

We raised £37,000 through a range of virtual and in-person events like golf days and iDrops from the i360 in Brighton.



In memory

In Memory and Legacy donations made up a total of £21,500 of our income.



Corporate supporters

A range of corporate sponsors have generously supported us this year, donating a total of £84,000.

We have received some amazing support this year from the local Sussex community. From young people to grandparents, nurses to gamers and many local businesses. Their commitment to helping sick children and their families is an inspiration to all of us at Rockinghorse.

How we raised it

Throughout the year we were supported by a huge range of people in the local community, despite the fact that most of us were confined to home and all our usual activities were cancelled.

We were faced with having to re-think what business as usual meant, but our team worked hard to adapt to working in a virtual world and provided as much help as we could to anyone who wanted to do their own fundraising.

We developed new ways to run virtual events, new ways for people to donate money and new ways to keep in touch with our supporters.

And we were overwhelmed. From businesses across Sussex to local sports clubs, individuals to large groups, the support we received was overwhelming.

“We chose Rockinghorse as our flagship charity after my godson Ted was born. He needed a lot of care in the TMBU after he was born, but has made a miraculous recovery and is now fighting fit!

“I was also in the TMBU as a baby, so it was clear to me who I wanted to support to show my appreciation for all they do.”

Gavin Willis

Managing Director of Search 7



Search 7
raised
£8,000 this
year.

How we used these funds

£294,000
Spent on
projects



Equipment

During the year we have funded a wide range of medical and practical equipment to help doctors, nurses, children and their families. This includes portable lung function machines, oxygen saturation monitors, specialist children's stethoscopes and parent camp beds to help mums and dads stay overnight with their children.



Services

Along with equipment, we also provide services throughout the county that offer real help to hundreds of children and their families. These include the activity programme at Chalkhill, music therapy sessions, staff counselling and the specialist Oncology Psychologist, Dr Alice Emond, to support children with cancer.



Gifts in Kind

Being in hospital during Christmas or Easter can be really hard, especially for children and young people. So, we always send presents and Easter eggs into local hospitals so they don't miss out on the celebrations. We have also donated laptops, tablets and toiletries to make their stay even more comfortable.

Equipment Funded

Throughout the last year we have funded a wide range of equipment for the Royal Alexandra Children's Hospital and other healthcare and community settings.

This could be complicated medical apparatus used in the treatment of children in hospital, items used to help train staff to provide even better care, or sensory equipment for children with special needs.

The aim with all these items is to ensure that young people are treated in an environment better suited to their needs.



"The parent beds have ensured that children are fully supported throughout their hospital stay."

*Ward Manager
on the medical
ward at the Alex*



Parent camp beds

This year we funded the purchase of 12 camp beds for the Royal Alexandra Children's Hospital so parents are able to stay with their children during their hospital stay.

During the COVID 19 situation, the hospital was using more space than normal meaning there was little or no room for parent's to be able to stay with their sick child.

And they have made a real difference as one parent told us: *"After a couple of sleepless nights at home it was such a relief to have a comfortable bed, have the support of the nursing staff and still be right next to my child, able to hold his hand letting him know I was right there."*

Services Funded

Along with vital medical equipment we have also funded a range of services across Sussex throughout the last year.

Working in partnership with local hospitals and specialist providers, we fund services which support children's physical and emotional well-being, helping them manage difficult feelings and emotions and making the time that they spend in hospital as comfortable as possible.

Along with our specialist Oncology Psychologist, Dr Alice Emond, who provides support to children managing a cancer diagnosis, we also fund music therapy sessions, play sessions for children with additional needs and an activity programme at Chalkhill Hospital.

Every Easter and Christmas we also provide extra support to help make things a bit easier; donations of Easter eggs and Aidan's Christmas Dinner Project providing hampers and Christmas dinners to hospitals across the county.

Being poorly or struggling to achieve some sense of normality can be really difficult but projects like these continue to make such a difference to hundreds of children and their families and carers.



“Alice supported us, picking up the after effects and emotional impact of cancer separate from the physical treatment. Her input made such a difference to all of us.”

Parent supported by
Dr Alice Emond,
Oncology Psychologist



Wishing Well Music

We partnered with Wishing Well Music, a Brighton based non-profit, in 2020 to provide their Youth Music programme for three years.

This programme aims to enrich the time spent in hospitals across the county for children and young people, their families and the staff who look after them, by bringing music into the heart of healthcare.

The small team of talented musicians visit hospitals, spend time with individual patients and create musical interactions to help their self-expression and bring joy to what can often be a scary place.

The team also share their skills with hospital volunteers, students at Brighton and Sussex Medical School and healthcare staff across Sussex, ensuring that music is embedded in healthcare.



“All cares and worries disappear whilst enjoying the music and singing.”

Patient's relative



“Music can build a bridge”

“We want to create a shared activity that has nothing to do with ‘what’s wrong’, creating a joyful connection between patients, families and staff.

“Music can build a bridge to connect us with people, regardless of their age, how they communicate, or the state of their physical or mental health.

“It doesn’t matter whether we see someone once or many times during their time in hospital; the musical interaction and sense of connection it brings can improve someone’s perception of their time spent in hospital.”

Jo White, Director, Wishing Well Music for Health



“The programme has made such a difference to the support we are able to give and really compliments the clinical work and education programme that we provide.”

Nik Mansfield, Matron at Chalkhill

Chalkhill Hospital

Along with providing support for physical health issues, we also recognise the importance of supporting children and young people who are struggling with their mental health.

As part of this support, we have continued to work with Chalkhill Child and Adolescent Mental Health Unit to provide activities and home comforts to young people during their stay in the specialist hospital.

Chalkhill is a specialist mental health hospital for children and young people up to the age of 18. They offer treatment for a variety of acute mental health difficulties such as depressions, eating disorders and psychosis.

Our Activities Programme’s place in the recovery journey of young people suffering with mental health conditions has been widely recognised and received praise from staff, parents and those receiving treatment.

Support through activity

Our programme compliments medical care, offering activities like yoga, art, drama and gardening, many of which are facilitated by visiting experts.

However, during the covid pandemic the hospital wasn’t able to provide the normal programme, which has had a devastating effect on the health and wellbeing of the young people.

Instead, we funded art materials, books, DVDs and radios which were used to combat isolation. Having ways to fill their leisure time is vital for young people already struggling with their mental health.



Chailey Heritage Foundation

During the last year we continued to partner with Chailey Heritage Foundation to provide the therapeutic horse riding service for children with complex needs.

The Foundation is located in East Sussex and is a pioneering charity, dedicated to enriching the lives of young people with complex physical disabilities and health needs.

As pupils spend most of their time in wheelchairs and have very limited mobility, the riding sessions provide a unique opportunity to use the movement of the horse as physiotherapy, helping to strengthen core muscles and improve head control.

Not only does it help their physical wellbeing, but it also offers a great opportunity for children to learn, have fun and progress their motor skills. And for pupils with dual sensory impairments, the touch, feel and smell of the horse is also a wonderful sensory experience.



“For the minutes he is on that horse, Elliott feels like a normal 6-year-old boy”.
Elliott’s father.



Forty
children
benefitted from
riding sessions
this year

A unique therapy

“Hippotherapy is a fun and educational activity, integrating physical movement and sensory therapy into a young person’s day in such a unique way.

“We rely on voluntary donations to support the riding service and we are incredibly grateful to partner with Rockinghorse in this way. It means that we will be able to continue to offer horse riding to more children.”

Sally-Anne Murray, Development Director at Chailey



“The work Rockinghorse does has such an impact on families like mine. Being in hospital can be so scary but the love and care we were shown made all the difference.”

Matt Cullimore

A game supporter

“I decided to support Rockinghorse after my second son Logan was born prematurely and was taken care of in the Trevor Mann Baby Unit. It was a really difficult time, but the care, equipment, staff and support given to Logan was incredible.

“Before Logan arrived, I wasn’t aware of Rockinghorse but while I was in the hospital, I found out more about the amazing support they provide.

“It made me want to give something back for all the wonderful care they gave our family and the support they give to young people with mental health issues at Chalkhill.

“I now use my YouTube channel and live-stream gaming events to raise money to help other families experiencing the same things we did.”

Matt Cullimore, Rockinghorse Supporter

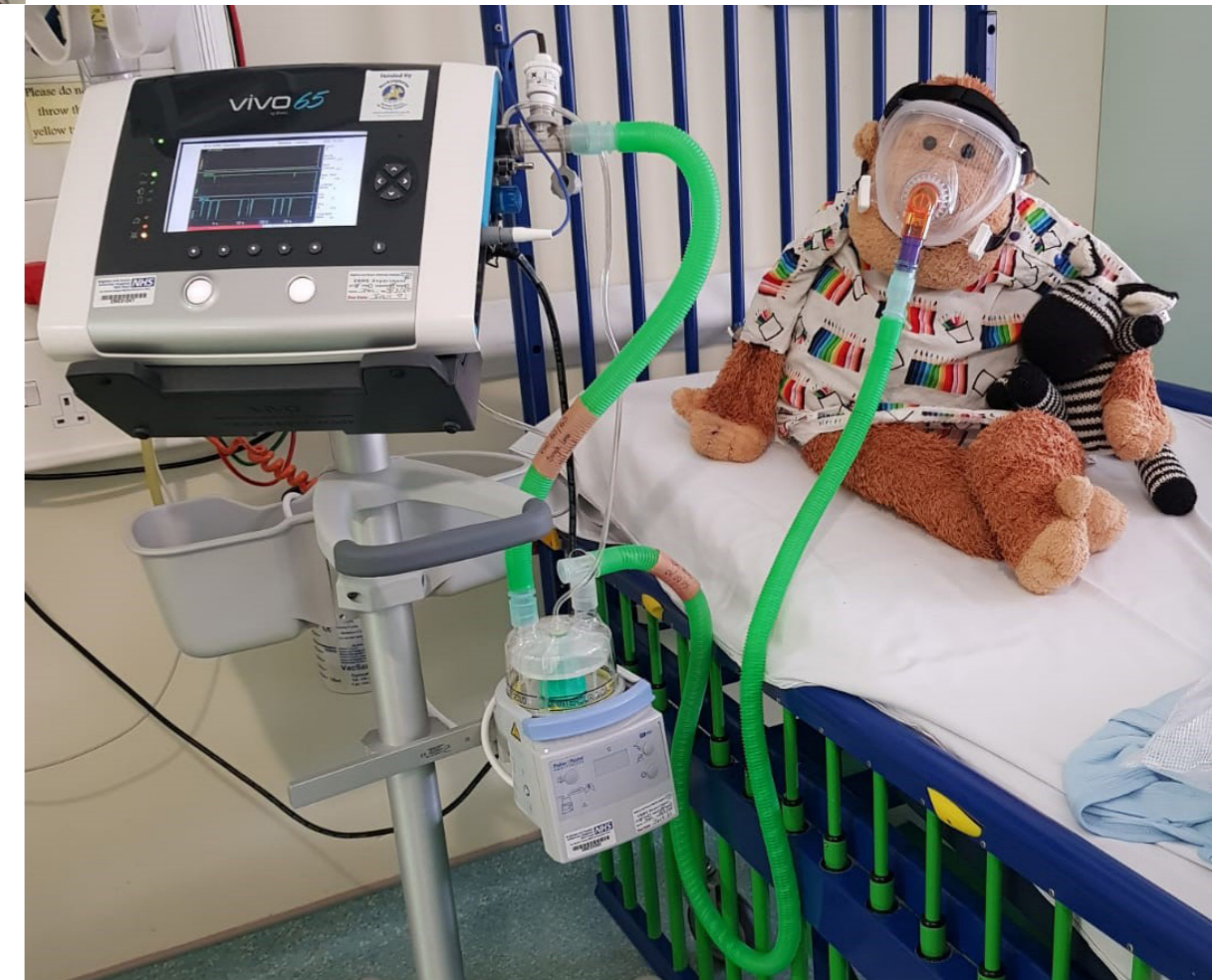
Breathing easier

“The Vivo ventilator is a very sensitive piece of equipment that can be adjusted to synchronise with the child, adapting to the changes in their breathing pattern.

“This makes it comfortable to use and reduces the amount of energy the child needs to breathe. This has meant a steady reduction in the amount of babies and children that we have to anaesthetise and send by ambulance to intensive care in London.

“I have been nursing here for many years and would like you to know that your donation really is making a difference to the sickest babies and children in the Alex.”

**Janet Lee, Children’s Critical Care Practitioner,
Royal Alexandra Children’s Hospital**



The Future

Our main aim for the next year is to return to more normal fundraising activities and fund as many projects as we are able.

While we have undoubtedly ridden the recent storm and had some incredibly positive outcomes, the resumption of face-to-face events can only help us to really re-engage with our fundraisers and achieve our forecasted income.

Following the departure of our CEO Ryan Heal in March 2021, Rockinghorse has been led by our senior management team: Rhian Walsh, Finance and Operations Director and Janella Merritt, Head of Fundraising.

This has given our Trustees the time to recruit a new CEO and we look forward to welcoming Donna Holland to the team at the beginning of November 2021. Donna joins us after working in the charity sector for the last 20 years and brings a wealth of knowledge and experience to the position.

In 2021/22 we are planning the return of some of our most popular events including our quiz night, golf day and of course our largest annual fundraiser, the Rockinghorse Ball. Along with our corporate, challenge, community and trust income, we hope to realise an income of £640,000 next financial year.

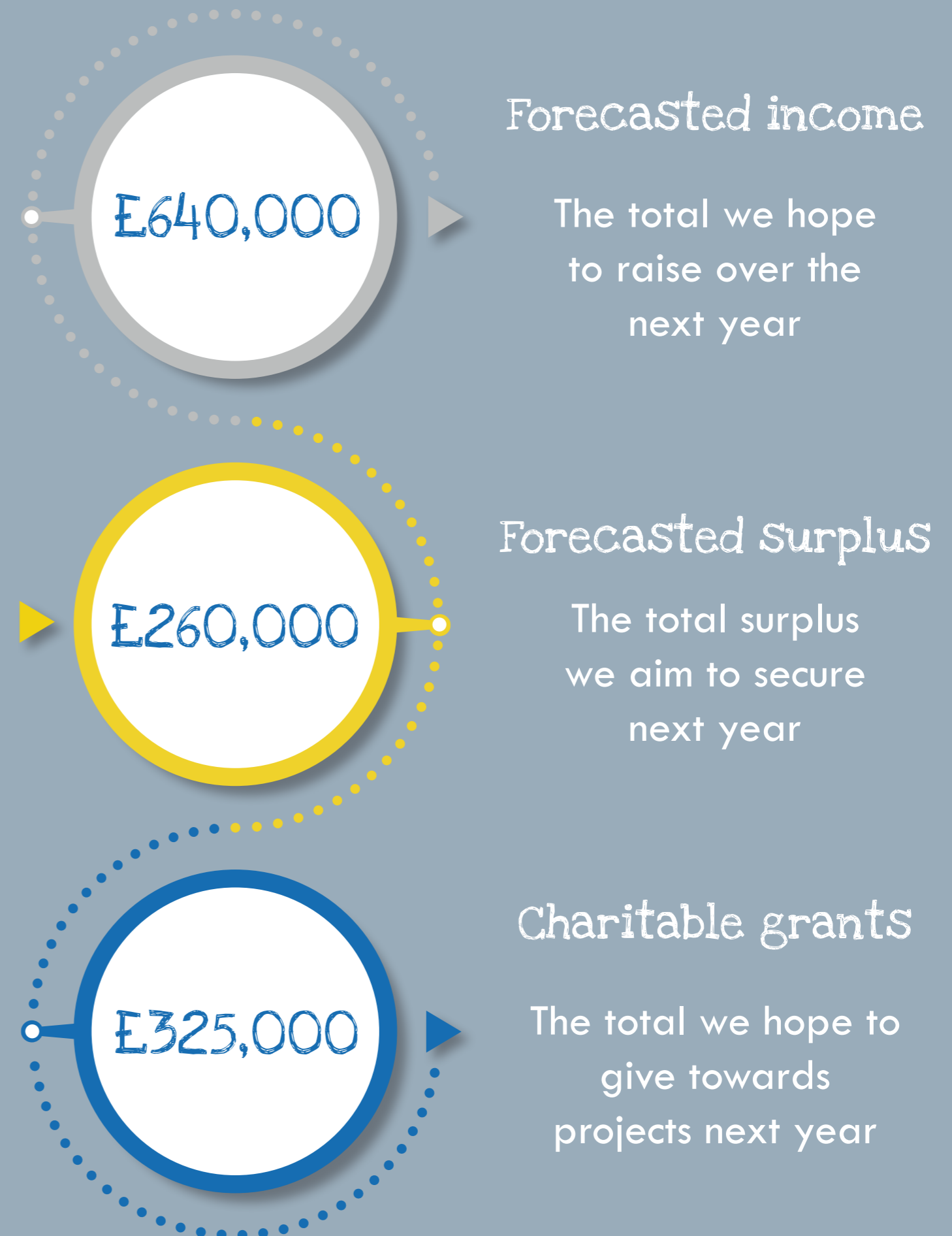
And in terms of surplus, we are aiming for a total of £260,000 for 2021/22, which is more in-line with the £278,000 surplus we delivered pre-pandemic (2019/2020).

“We can’t wait to get back to normal this year, seeing our supporters face to face and getting back into the local community.”

Rhian Walsh

Finance and Operations Director at Rockinghorse

Next year in figures



Thank you

The team at Rockinghorse work incredibly hard all year to make sure we are doing all we can to support babies and children in our community.

But we simply couldn't do what we do without the help of every single one of our wonderful supporters.

Whether it's £1 dropped in a bucket or £1,000 from a local business, every single donation makes a difference.

So thank you.

The Rockinghorse Team



Rockinghorse Children's Charity

Trustees report



Trustees roundup

As Rockinghorse Trustees we aim to plan strategically as far as we can and seek to anticipate any risks and opportunities that may come along. However, I don't think any of us could have foreseen the impact of the pandemic over the last year.

Nonetheless, one of the main attributes of a small organisation like Rockinghorse is that our staff and volunteers quickly adapt and respond to new situations.

They are passionate about what they do, and this has translated into focusing on finding new ways of raising money.

We haven't been able to fundraise in the usual way this year, but our staff and volunteers have developed a whole range of ideas from Rockinghorse Heroes to dropping off the top of the i360! The fact that Ryan and the team raised over £600k in spite of the pandemic at a time when it has been most needed has been remarkable. We are once more indebted to our staff, volunteers, and sponsors for their brilliant support. Thanks for keeping going everyone and raising so much without the aid of Government furlough funds.

As many of you will already know, our Chief Executive, Ryan Heal, has been the inspiration behind our fundraising achievements over the last eight years. He is now moving on to develop his family business but he leaves us in a great position to be able sustain our work with the Royal Alex for many years to come. We have appointed a new CEO, Donna Holland, and already have an experienced senior management team in place to continue our work across Sussex this year.

Our Board of Trustees, past and present, are rooted in keeping Rockinghorse at the leading edge of fundraising in Brighton and supplying the hospital with the essential equipment and staff needed.

We continue to be humbled by the response from our local community to new challenges as pressures grow on the NHS, as we look forward to the next phase of life with Rockinghorse.

Phil Frier

Chair, on behalf of the Rockinghorse Trustees

Trustees Annual Report

Objectives

The principal objective of the Charity is to “relieve sickness amongst children, providing medical equipment to facilitate improved treatment and care of sick children together with research for the public benefit into all diseases affecting children and the dissemination of the results of such research.”

The Charity is a Public Benefit Entity focused on the children of Sussex, whether within a hospital or as an outpatient by assisting those organisations engaged in activities which are relevant to the furtherance of the objects.

We can confirm that we have complied with the duty in section 17 (5) of the Charities Act 2011 to have due regard to the guidance published by the Charities Commission on public benefit when reviewing the Charity’s main aims and objectives, and in planning future activities and setting grant making policy for the year.

Rockinghorse receive no statutory funding and very little income comes from legacies as such the fundraising structure is such that we rely more on individual donors, corporates and events with a high associated cost/income ratio than other types of fundraising.

Structure, Governance and Management

Constitution

The Charity was originally founded in 1967. The company was incorporated on 17 February 1993, and is governed by its Memorandum and Articles of Association dated 29 January 1993.

Grant Making Policy

The Charity established its grant making policy to achieve its objects for the public benefit, to improve the experience of children and their families while they are at The Royal Alexandra Children’s Hospital or any local hospital or unit under the control of the Health Authority where the care of children is undertaken.

The beneficiaries of our grant making programme are children, their families and medical practitioners and carers who receive funding for projects which ameliorate the experience for all in hospital.

This could take the form of improved facilities and services, toys, artwork, research or less invasive forms of medical equipment.

Code of Ethics

At Rockinghorse we pride ourselves on our non-aggressive, consultative approach to fundraising. No cold calls, no call centres, no pressure.

Our cause is built on long lasting relationships which have been cultivated over many years through trust, honesty, transparency and a commitment to show every one of our supporters where your funds go.

Our team are here to help and guide anyone wishing to support us in any way they can, whether that’s direct fundraising or volunteering.

Either way, Rockinghorse make the donor journey a hassle free and enjoyable process free from the moment you first make contact, which for many of our supporters can be at a very sensitive time in their lives. We are an independent charity that is part of the fabric of the very community we serve.

Organisational Structure

The Board of Directors consists of ten Trustees and chaired by Phil Frier, who was first elected in March 2018.

Every member of the Board, including the Chairman, is elected for one year and stands for re-election at the next Annual General Meeting.

New Trustees are nominated by existing Trustees and selected by majority vote.

All new Trustees are inducted which includes a meeting with the Chairman, a meeting with the Chief Executive, a tour of the Royal Alexandra Hospital as well as completion of Companies House and Charity Commission documentation.

During the year Alicia Friel resigned and the Board thank her for her service. There have been 3 new appointments. Scott Marshall, returning member, Andrew Mosley and a Parent Trustee Sam Thomas.

The Board meets at least nine times a year and this is supplemented by virtual and telephone meetings as circumstances require.

The Trustees have delegated the day-to-day management to the senior management team who report on the performance against budget, which are approved each year by the Trustees.

All Trustees give their time freely and no remuneration was paid in the year.

Financial Review

We would like to express our heartfelt thanks to every trust, company, community group, event participant, individual and volunteer who supported us during the year.

Rockinghorse receive no statutory funding and very little income comes from legacies therefore we rely entirely on these voluntary donations to fund our services. The financial year started with tremendous uncertainty about future financial performance, which led us to adopt an agile approach to forecasting and business planning.

The pandemic had an immediate and significant impact on our income generating activities. Historically, our fundraising efforts had been focused on events in and by the community. These were immediately halted when the UK went into lockdown.

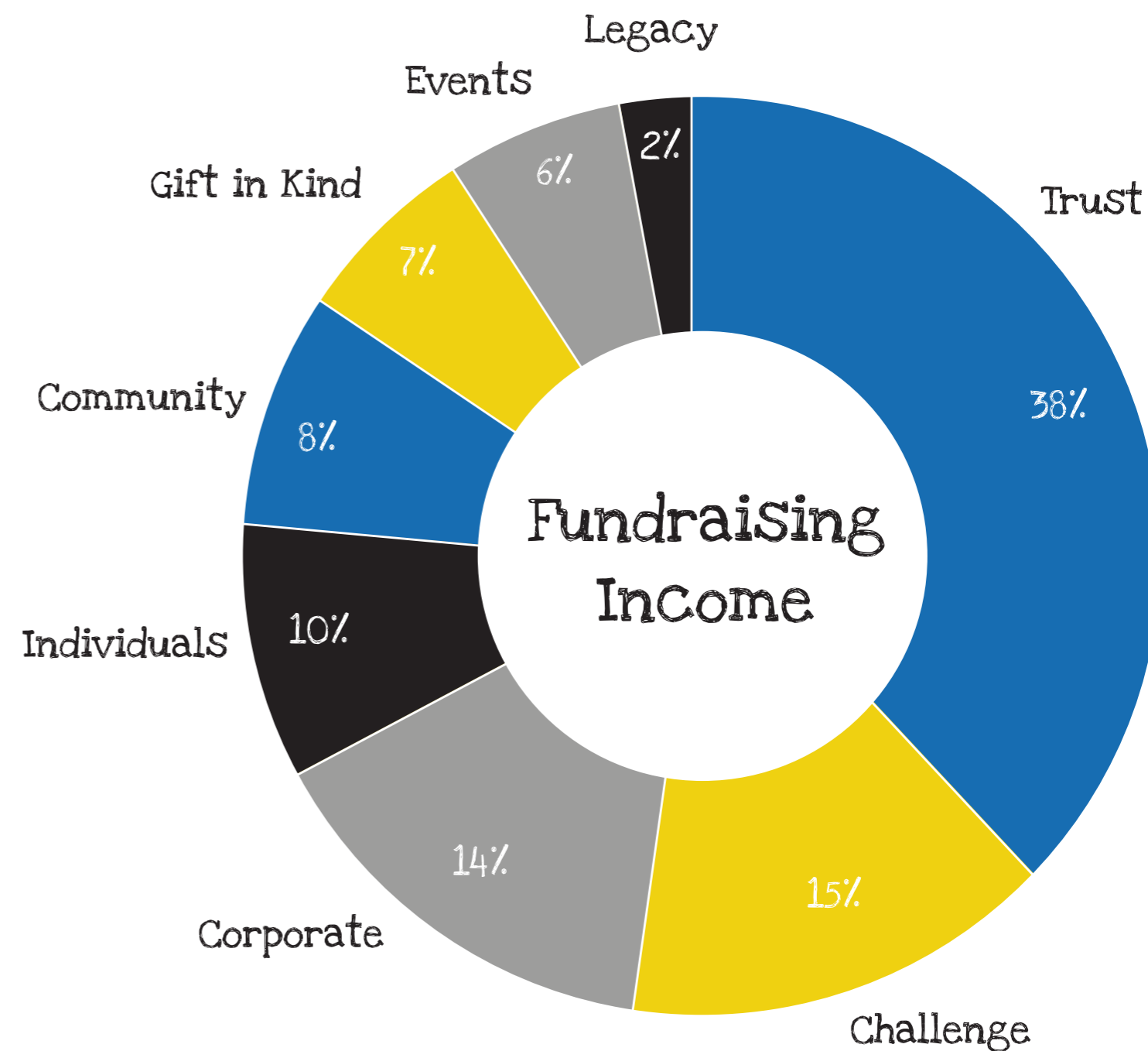
The Fundraising Team successfully launched the 'Rockinghorse Hero' campaign which generated a very positive response and significant income from both individual and community supporters. Encouraged by this successful campaign, the team continued to develop digital campaigns and communications, this included the 'Remember Rockinghorse' campaign.

Rockinghorse raised a total of £636,119 (2020: £754,177) a decrease of 15% on the previous year which considering the obstacles we faced and all the events that were cancelled is something that we are extremely proud of.

Costs, excluding grants decreased by 5% to £428,850 (2020: £449,410) this was due to lower direct event costs.

Rockinghorse was pleased to support 45 projects throughout the year totaling £293,630, (2020: £433,805). It was important to us that we were able to keep fundraising and support the services that needed us more than ever.

Fundraising Income



Trusts and Foundations

Trusts and foundations were the largest source of fundraising income and significantly changed our fundraising mix from previous years where we received the majority of our income from corporate and events.

The reason for this significant increase is partly due to investing in a trust fundraiser, we also received a large donation from the Cameilia Botnar Foundation, £70,000 of which was recognised during the year, and being successful with several covid emergency grants.

We were successful in receiving funds from 29 different trusts increasing our income from this source by 307% to £220,694 (2020: £54,345).

Challenge

Challenge Events was the second largest contributor to income, although the usual calendar of races had to be cancelled, lots of new virtual events took its place including the 2.6 challenge, virtual santa dash, Ride for Rockinghorse and Get Active. Overall, our sporting events raised £85,827.

Corporate

Local businesses were also a vital part of fundraising through the year, despite facing their own challenges of a national pandemic. Through generous donations, beneficiary events and numerous employee fundraising activities during the year, collectively our corporate partners raised £83,840.

Individual

We were thankful for our loyal and new regular givers and those that choose to support us through special occasion giving, whether that be a birthday or wedding. We are also grateful for all the in-memory donations that we received during the year.

Community

We are grateful to the community groups, schools, religious groups and supermarkets that all help make a difference this year to collectively raise £44,960.

Events

The events team had to quickly pivot and adapt to different areas of fundraising and although we were unable to put on our annual ball or quizzes, we did run virtual quizzes, on-line auctions, golf days and abseils when restrictions allowed raising a total of £36,697.

Gift in Kind

We were grateful to be the beneficiary of the Christmas giving trees for both Churchill Square and Bluewater shopping centres and were grateful to all the businesses and individuals that bought presents at Christmas so we could give to the children of the services we support.

Charity Reserves

The Board of Trustees continue to take a prudent approach to the financial stability of the Charity.

The Trustees have approved an update to the Charity’s reserves policy, and this has been implemented within the financial year. The new policy has been carefully designed following the guidance from Charities Commission guidance, “Charity reserves, building resilience” (CC19).

The result of the new policy is that reserve requirements are calculated utilising two core components.

The first element looks at committed projects over the following 12 months. Rockinghorse Childrens Charity has a total commitment at 31 March 2021 of £210,000. Of this commitment £67,500 is held within restricted reserves with the balance of £142,500 to be paid from unrestricted reserves.

The second element ensures there are enough reserves to cover 12 months of staff costs and overheads, which is approximately £330,000.

	YE March 21	Element 1 Project Commitments 21/22	Element 2 Staff Costs & OH 21/22	Total
Unrestricted	500,748	(142,500)	(330,199)	28,049
Restricted	170,432	(67,500)	-	102,932
Total	671,180	(210,000)	(330,199)	130,981

Any unrestricted reserves left over after Element 1 and 2, the Trustees commit to spending in the following financial year.

The Charities Reserve Policy is reviewed annually, to ensure is fit for purpose, up to date and reflects the legislative requirements.

Going Concern

The Trustees believe that the Charity’s reserves level, strong cash holdings and disciplined approach to budgeting mean that the immediate future of the Charity over the next 12 to 18 months is secure and that on this basis the Charity is a going concern.

Investment Policy

Consistent with a limited risk appetite, reserves are currently held in cash in recognition of a volatile and unpredictable investment market and in keeping with advice taken by the board who will continue to keep this position under review as appropriate.

Independent auditor's report to the members of Rockinghorse Children's Charity.

Opinion

We have audited the financial statements of Rockinghorse Children's Charity (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and

- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Report of the Trustees and from the requirement to prepare a Strategic Report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charitable company and the sector in which it operates, and considered the risk of acts by the charitable company that were contrary to applicable laws and regulations, including fraud.

We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focussed on laws and regulations which could give rise to a material misstatement in the financial statements, including, but not limited to, the Companies Act 2006, Charities Act 2011 and UK tax legislation. Our tests included agreeing the financial statement disclosures to underlying supporting documentation, enquiries with management and enquiries of legal counsel when considered necessary.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it.

We did not identify any key audit matters relating to irregularities, including fraud. As in all our audits, we also addressed the risk of management override of internal controls, including testing journals and evaluating whether there was

evidence of management bias by the trustees that represented a risk of material misstatement due to fraud.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



John Thacker FCA DChA (Senior Statutory Auditor)
for and on behalf of Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 22 November 2021

Rockinghorse Children's Charity

Financial Statement

Rockinghorse Children's Charity

Company number: 2791054

Charity number: 1018759

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted Funds	Restricted Funds	Total 2021	Unrestricted Funds	Restricted Funds	Total 2020
		£	£	£	£		£
INCOME FROM:							
Donations and legacies		362,974	21,075	384,049	579,688	97,074	676,762
Investment income	2	1,341	-	1,341	1,913	-	1,913
Other income	4	30,035	-	30,035	21,157	-	21,157
Charitable activities	3	21,270	199,424	220,694	14,350	39,995	54,345
TOTAL		415,620	220,499	636,119	617,108	137,069	754,177
EXPENDITURE ON:							
Raising funds	5	188,622	-	188,622	216,031	-	216,031
Charitable activities	6	320,398	213,460	533,858	422,579	244,605	667,184
TOTAL		509,020	213,460	722,480	638,610	244,605	883,215
NET INCOME BEFORE TRANSFERS		(93,400)	7,039	(86,361)	(21,502)	(107,536)	(129,038)
TRANSFERS		12,569	(12,569)	-	(4,823)	4,823	-
NET INCOME		(80,831)	(5,530)	(86,361)	(26,325)	(102,713)	(129,038)
Fund balances brought forward at 31 March 2020	15	581,579	175,962	757,541	607,904	278,675	886,579
Fund balances carried forward at 31 March 2021	15	500,748	170,432	671,180	581,579	175,962	757,541

The statement of financial activities incorporates the income and expenditure account, the results for the year derive from continuing activities and there are no gains or losses other than those shown above.

The notes of pages 54 to 61 form part of these Accounts.

BALANCE SHEET

Balance Sheet	Note	2021		2020	
		£	£	£	£
<i>For the year ended 31 March 2021</i>					
Fixed Assets					
Tangible fixed assets	10		4,784		1,341
			4,784		1,341
Current Assets					
Debtors	11	33,980		48,679	
Cash at bank and in hand		772,456		810,321	
		806,436		859,000	
Creditors: Amounts falling due within on year	12	(140,040)		(102,800)	
Net Current Assets			666,396		756,200
Net Assets			671,180		757,541
Funds					
Unrestricted funds	14		500,748		581,579
Restricted funds	14		170,432		175,962
			671,180		757,541

These financial statements were approved by the Trustees on 22 November 2021 and signed on their behalf by:

P. L. Frier

Phil Frier
Chair

The notes of pages 54 to 61 form part of these Accounts.

STATEMENT OF CASH FLOW

Cash Flow Statement	2021		2020	
	£	£	£	£
<i>For the year ended 31 March 2021</i>				
Reconciliation of net movement in funds to net cash lows from operating activities				
Net movement in funds	(86,361)		(129,038)	
Depreciation	2,728		671	
(Increase)/decrease in debtors	14,699		64,905	
Increase/(decrease) in creditors	37,240		33,537	
Net cash outflow from operating activities		(31,694)		(29,925)
Capital expenditure				
Purchase of tangible fixed asset		(6,170)		(2,013)
Net cash outflow from capital expenditure		(6,170)		(2,013)
Increase/(decrease) in cash in the year		(37,864)		(31,938)
Reconciliation of net cash flow to movement in net cash funds				
Net funds at beginning of the year		810,320		842,258
Change in net funds during the year		(37,864)		(31,938)
Net funds at the end of the year		772,456		810,320

The notes of pages 54 to 61 form part of these Accounts.



1. ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the financial statements.

(a) Basis of Preparation

The financial statements have been prepared in accordance with applicable accounting standards. In addition they have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (FRS102), applicable UK Accounting Standards and the Companies Act 2011.

The Charity meets the definition of a public benefit entity under FRS102.

(b) Going concern

The accounts are prepared on a going concern basis after consideration by the trustees that there are no material uncertainties about the Charity's ability to continue as a going concern. Such consideration includes a review of committed income and expenditures, cash flows and reserves. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustments to the carrying amount of assets and liabilities within the next reporting period.

(c) Funds Accounting

The Charity has various types of funds for which it is responsible and which require separate disclosure:

Unrestricted funds

Funds which are expendable at the discretion of the Trustees in furtherance of the objects of the Charity.

Restricted funds

These funds are subject to specific trusts, which may be declared by the donor or with their authority are expendable at the discretion of the Trustees in furtherance of some particular aspect of the objects of the Charity.

(d) Incoming Resources

Donations - on the receipt of cash or under the terms of contract as appropriate, together with any income tax recoverable. Donations in the form of donated time have not been quantified as this is not possible and therefore are neither recorded as donated income nor as an expense in the financial statements. Donations in the form of goods are valued by the Trustees at the date of receipt and are included as income.

Legacies – recognised on a receivable basis when capable of financial measurement.

Grants receivable – on a receivable basis on notification.

Investment income – on a receivable basis, together with any income tax recoverable.

Gifts and services in kind – on a receivable basis. Their gross value is estimated to be the price it is estimated we would have to pay in the open market.

(e) Resources Expended

Resources expended are accounted for on an accruals basis.

(i) Allocation of overhead and support costs

Overhead and support costs have been allocated between costs of generating funds, charitable activities and governance. Costs which are not wholly attributable to an expenditure category have been apportioned. Where costs are shared by two or more charitable activities, for example support costs, these costs have been apportioned between categories on the basis of time spent by staff as a proportion and this is analysed in note 7.

(ii) Raising funds

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of generating funds represent fundraising costs together with investment management fees (see note 5).

(iii) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure therefore include support costs and an apportionment of overheads, as shown in note 6.

(iv) Grants payable

Grants payable are payments made to third parties in the furtherance of the charitable objectives of Rockinghorse. Single or multi-year grants are accounted for when either the recipient has a reasonable expectation that they will receive a grant and the Trustees have agreed to pay the grant without condition, or the recipient has a reasonable expectation that they will receive a grant and any condition attaching to the grant is outside of the control of the Charity.

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about the timing of the grant.

Hospital equipment purchased for the Royal Alexandra Children's Hospital and other NHS Trusts is donated outright to the hospital and is therefore accounted for as grants. Rockinghorse receive proof of purchase and regular reports on the equipment.

(a) Capitalisation and depreciation of fixed assets

Tangible fixed assets are recorded at cost. Depreciation is calculated on a straight line basis at rates appropriate to write off the costs of the assets over their expected useful economic lives as follows:

Leasehold Improvements	- 3 years
Other equipment	- 3 years
Furniture / Fixtures	- 3 years

It is the Charity's policy that items below £2,500 are not capitalised and are instead expensed in the year of purchase.

The charity regularly carries out impairment reviews of fixed assets.

(a) Commitments

Commitments which are legally binding are included as liabilities.

(b) Research expenditure

Research expenditure is written off in the year it is incurred.

(c) Operating leases

Rentals payable under operating leases are charged on a straight-line basis over the term of the lease.

(d) Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

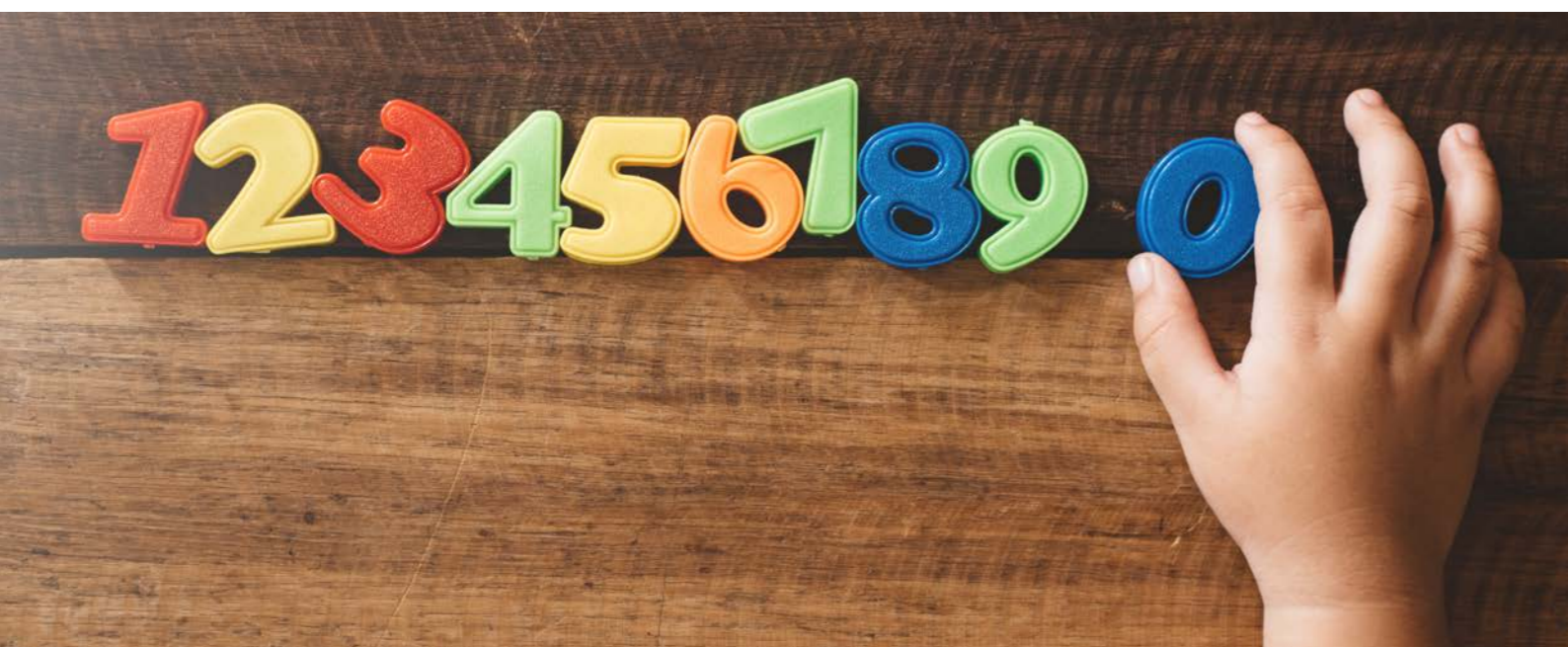
(e) Pension

The pension cost charge represents the contribution payable by the charity to the employers' defined contribution pension scheme.

(f) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognized at transaction value and subsequently measured at amortised cost.

2. INCOME FROM FIXED ASSET INVESTMENTS	2021	2020
	£	£
Interest income	1,341	1,913
Total	1,341	1,913
3. RESTRICTED GRANTS RECEIVED	2021	2020
	£	£
Albion as One Fund	10,000	-
David Solomons Charitable Trust	1,000	-
Mazars Charitable Trust	1,000	-
The Ada Oliver Will Trust	200	-
The Anton Jurgens Charitable Trust	5,000	-
The Ashfield Trust	15,000	5,000
The Bloom Foundation	-	15,000
The Camelia Botnar Foundation	69,830	-
The Chalk Cliff Trust	2,100	-
The Charlotte Marshall Charitable Trust	-	495
The Childwick Trust	4,000	-
The David Brooke Charity	3,000	-
The Dixie Rose Findlay Charitable Trust	1,000	-
The D'Oyly Carte Charitable Trust	2,939	-
The EF and MG Hall Charitable Trust	2,000	-
The Ernest Kleinwort Charitable Trust	4,470	-
The Gatwick Airport Community Trust	-	3,000
The Hedley Foundation	-	1,500
The Ian Askew Charitable Trust	1,000	-
The Masonic Charitable Foundation	14,600	-
The Michael and Shirley Hunt Charitable Trust	1,300	1,500
The Openwork Foundation	10,000	-
The Pebble Trust	1,000	-
The PE Lennard Will Trust	5,000	-
The Shanley Foundation	1,000	-
The Sir Cliff Richard Charitable Foundation	1,000	-
The Sussex Community Foundation	5,000	10,000
The Thomas Cook Children's Charity Trust	-	3,500
The Truemark Trust	4,000	-
Webb Family Charitable Trust	3,000	-
Youth Music	30,985	-
Total	199,424	39,995



GRANTS RECEIVED (UNRESTRICTED)		
	2021	2020
	£	£
Brighton and Hove City Council	10,000	-
Merlins Magic Wand	-	6,350
The Ashfield Trust	5,000	-
The Gatwick Airport Community Trust	1,020	-
The Hilliard Charitable Trust	-	1,000
The Openwork Foundation	250	-
The Orr Mackintosh Foundation	5,000	-
The PE Lennard Will Trust	-	7,000
Total	21,270	14,350
Total Grants received	220,694	54,345

4. OTHER INCOME	2021	2020
	£	£
Rental income	16,500	16,977
Gift in Kind - IT support and equipment	13,535	4,180
Total	30,035	21,157

5. EXPENDITURE ON RAISING FUNDS	Unrestricted Funds	Restricted Funds	2021	2020
	£	£	£	£
Staff salaries	130,023	-	130,023	128,114
Support costs allocation (see note 7)	22,216	-	22,216	17,478
Direct costs	36,383	-	36,383	70,439
	188,622	-	188,622	216,031

6. EXPENDITURE IN CHARITABLE ACTIVITIES	Unrestricted Fund	Restricted Funds	2021	2020
	£	£	£	£
Staff salaries	201,971	-	201,971	202,169
Support cost allocation (see note 7)	34,507	-	34,507	27,580
Audit fees	3,750	-	3,750	3,630
Grants (see below)	80,170	213,460	293,630	433,805
Total	320,398	213,460	533,858	667,184

	2021	2020
	£	£
Grants payable to institutions		
Royal Alexandra Children's Hospital	197,689	220,751
TMBU & SCBU	22,008	132,802
Chalkhill activities programme	25,252	35,949
Other	48,681	44,303
Total	293,630	433,805

At year end there were a grant commitment of £209,803 (2020: £194,094)

7. ALLOCATION OF SUPPORT COSTS	Raising funds	Charitable activities	Total 2021	Total 2020
	£	£	£	£
Rent	6,566	10,199	16,765	16,308
Heat, light, water, maintenance	3,018	4,688	7,706	(10,240)
Administration	2,242	3,481	5,723	10,507
Travel	934	1,451	2,385	4,577
Communication	3,459	5,372	8,831	8,642
Legal and other fees	5,997	9,316	15,313	15,264
Total	22,216	34,507	56,723	45,058

Support costs are allocated on the basis of staff time and include all premises expenses (rent, heat, light, water, insurance, repairs and maintenance), communication expenses (telephone, computer support and sundries, postage, printing and stationery) and bank, legal and recruitment fees.

8. REMUNERATION OF TRUSTEES AND TRUSTEES' EXPENSES REIMBURSED

No Trustees, or connected persons, received any remuneration during the year. No payments were made to any pension schemes in respect of Trustees and no expenses were reimbursed either this year or last year.

9. STAFF NUMBERS AND COSTS

The average number of persons employed by the company during the year was 10 (2020: 9). The aggregate payroll costs were:

	2021	2020
	£	£
Wages and salary	296,923	293,756
Social security costs	23,548	25,767
Pension	11,523	10,760
Total	331,994	330,283

One employee received benefits (excluding employer pension costs) in the band £80,000 - £90,000. (2020: one employee in band £80,000 to £90,000). Key management personell remuneration for the year totaled £118,350 (2020: £120,852)

10. FIXED ASSETS	Office Equipment
	£
Costs	
At 1 April 2020 brought forward	17,490
Additions	6,170
Disposals	(15,477)
At 31 March 2021	8,183
Depreciation	
At 1 April 2020 brought forward	16,148
Charge for the year	2,728
Eliminated on disposals	(15,477)
At 31 March 2021	3,399

Written Down Values	
At 31 March 2021	4,784
At 31 March 2020	1,342

11. DEBITORS: amounts due within one year	2021	2020
	£	£
Prepayments	17,632	21,045
Prepaid grants	11,889	10,051
Other debtors	4,459	17,583
TOTAL	33,980	48,679

12. CREDITORS: amounts falling due within one year	2021	2020
	£	£
Trade creditors	64,848	82,530
Social security and other taxes	6,816	8,429
Accruals and Deferred Income	68,376	11,841
TOTAL	140,040	102,800

13. OPERATING LEASE COMMITMENTS	2021	2020
	£	£
The Charity holds the following leases over their premises		
Land and buildings expiring over 5 years	17,000	17,000
Other leases expiring between 1 - 2 years	4,852	-
Other leases expiring between 2-5 years	-	4,852

14: MOVEMENT OF FUNDS	Unrestricted Funds	Restricted Funds	Total
	£	£	£
At 1 April 2020	581,579	175,962	757,541
Movement in funds in the year	(80,831)	(5,530)	(86,361)
At 31 March 2021	500,748	170,432	671,180

Restricted Funds	Balance b/fwd	Income	Expenditure	Transfers	Balance c/fwd
	1 April 2020				31 March 2021
	£	£	£	£	£
Royal Alexandra Children's Hospital	45,162	91,620	(102,025)	(12,564)	22,193
Trevor Mann Baby Unit	67,172	6,500	(18,630)	-	55,042
The Princess Royal Hospital - Special Care Baby Unit	9,078	210	(344)	-	8,944
Chalkhill Activities Programme	50,550	37,084	(22,335)	-	65,299
Chailey Heritage - Therapeutic riding provision	-	20,000	(20,000)	-	-
Other Children's Services	4,000	65,085	(50,126)	(5)	18,954
Total	175,962	220,499	(213,460)	(12,569)	170,432

15: SHARE CAPITAL

The company has no share capital. The liability guaranteed by each member is £10. The authorised membership of the company is 15. At 31 March 2021 the membership was 8 (2020: 8).

16. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year (2020: none).



Name of Charity: Rockinghorse Children's Charity

Charity Registration No: 1018759

Company No: 2791054

Registered Office/Address: 13 Prince Albert Street
Brighton
East Sussex
BN1 1HE

Royal Patron: HRH Princess Alexandra

Trustees/Directors: Alicia Friel (resigned 22/02/21)
Andrew Mosley (appointed 19/07/21)
Barry Carden
Gary Gibson (aka Sid Sloane)
Oli Rahman
Phil Frier
Rebecca Turnbull-Simpson
Rosie Read
Ryan Watkins
Sam Thomas (appointed 27/09/21)
Scott Marshall (appointed 23/11/20)

Chief Executive: Ryan Heal (resigned 31/03/21)
Donna Holland (appointed 01/11/21)

Bankers: Metro Bank
82 North Street
Brighton
BN1 1ZA

Independent Auditors: Chariot House Limited
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Legal Advisors: Dean Wilson LLP
Ridgeland House
165 Dyke Road
Brighton
BN3 1TL

Meet the Rockinghorse team



Clockwise from top right:

Sharon Gearing

Trust Fundraising Manager

Amanda Hetherington

Fundraising Manager

Janella Merritt

Head of Fundraising

Rhian Walsh

Finance and Operations Director

Alex Marshall

PR and Communications Manager

Lucy Pond

Challenge Fundraising Manager

Sarah Phillips

Office Manager and Funding Liaison



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